



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 29.04      Tithi 17

278784469

Creative Work    Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**    **10:18AM – 12:04PM**  
Yama      6:46AM – 8:32AM  
**Rahu**      **12:04PM – 1:50PM**  
**Vishakha** **Until 12:44PM**  
Vyatipata\* Until 11:22AM  
Taitila Until 10:57AM  
**Dvitiya** **Until 9:08PM**

**Ganesha:** Blue    *Sunrise: 5:00AM*  
**Muruqa:** White   *Sunset: 7:08PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Chaitra**

Trieste, Italy  
Sutra 17  
Plava 5123  
Moon 4 - Phase 2 -  
1st Phase

**Devaloka Day**

1

Thursday, April 29, 2021

Vrischika Rasi: 14.09      Tithi 18 – 19

278784469

Creative Work    Siddha Yoga

Until 10:01AM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Vanija/Bava Karana Triliya/Chaturthyam Titau

**Gulika**    **8:31AM – 10:18AM**  
Yama      4:58AM – 6:45AM  
**Rahu**      **1:50PM – 3:37PM**  
**Anuradha** **Until 10:01AM**  
Variyan Until 7:19AM  
Vanija Until 7:24AM  
**Tritiya** **Until 5:43PM**

**Ganesha:** Blue    *Sunrise: 4:58AM*  
**Muruqa:** White   *Sunset: 7:10PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Chaitra**

Trieste, Italy  
Sun 1  
Sutra 18  
Plava 5123  
Moon 4 - Phase 2 -  
1st Phase

**Devaloka Day**

2

Friday, April 30, 2021

Vrischika Rasi: 28.59      Tithi 19 – 20

278784469

Routine Work    Marana Yoga

Until 7:31AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    **6:44AM – 8:30AM**  
Yama      3:37PM – 5:24PM  
**Rahu**      **10:17AM – 12:04PM**  
**Jyeshtha\*** **Until 7:31AM**  
Shiva Until 12:11AM Sat  
Kaulava Until 1:24AM Sat  
**Chaturthi\*** **Until 2:42PM**

**Ganesha:** Blue    *Sunrise: 4:57AM*  
**Muruqa:** White   *Sunset: 7:11PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Chaitra**

Trieste, Italy  
Sun 2  
Sutra 19  
Plava 5123  
Moon 4 - Phase 2 -  
1st Phase

**Devaloka Day**

3

Saturday, May 1, 2021

Dhanus Rasi: 13.28      Tithi 20 – 21

288794469

Creative Work    Siddha Yoga

Until 4:28AM Sun

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**    **4:55AM – 6:42AM**  
Yama      1:51PM – 3:38PM  
**Rahu**      **8:29AM – 10:17AM**  
**Purvashadha\*** **Until 4:28AM Sun**  
Siddha Until 9:15PM  
Gara Until 11:12PM  
**Panchami** **Until 12:12PM**

**Ganesha:** Red      *Sunrise: 4:55AM*  
**Muruqa:** Yellow   *Sunset: 7:12PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Trieste, Italy  
Sun 3  
Sutra 20  
Plava 5123  
Moon 4 - Phase 2 -  
1st Phase

**Devaloka Day**

4

Sunday, May 2, 2021

Dhanus Rasi: 27.32      Tithi 21 – 22

288794469

Creative Work    Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**    **3:38PM – 5:26PM**  
Yama      12:04PM – 1:51PM  
**Rahu**      **5:26PM – 7:13PM**  
**Uttarashadha** **Until 3:41AM Mon**  
Sadhya Until 6:53PM  
Visti Until 9:40PM  
**Shashthi\*** **Until 10:20AM**

**Ganesha:** Red      *Sunrise: 4:54AM*  
**Muruqa:** Yellow   *Sunset: 7:13PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Chaitra**

Trieste, Italy  
Sun 4  
Sutra 21  
Plava 5123  
Moon 4 - Phase 2 -  
1st Phase

**Devaloka Day**

D

Monday, May 3, 2021  
Retreat Star

Makara Rasi: 11.12      Tithi 22 – 23

Family Home Evening

298794469

Creative Work    Amrita Yoga

Until 3:54AM Tue

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**    **1:51PM – 3:39PM**  
Yama      10:16AM – 12:03PM  
**Rahu**      **6:40AM – 8:28AM**  
**Shravana** **Until 3:54AM Tue**  
Subha Until 5:04PM  
Balava Until 8:50PM  
**Saptami** **Until 9:09AM**

**Ganesha:** Green    *Sunrise: 4:52AM*  
**Muruqa:** Yellow   *Sunset: 7:15PM*  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra•Chaitra**

Trieste, Italy  
Sun 5  
Sutra 22  
Plava 5123  
Moon 4 - Phase 2 -  
5 Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 24.28      Tithi 23 – 24

298794469

Creative Work    Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**    **12:03PM – 1:51PM**  
Yama      8:27AM – 10:15AM  
**Rahu**      **3:40PM – 5:28PM**  
**Dhanishtha** **Until 4:39AM Wed**  
Sukla Until 3:48PM  
Taitila Until 8:42PM  
**Ashtami\*** **Until 8:40AM**

**Ganesha:** Green    *Sunrise: 4:51AM*  
**Muruqa:** Yellow   *Sunset: 7:16PM*  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra•Chaitra**

Trieste, Italy  
Sun 6  
Sutra 23  
Plava 5123  
Moon 4 - Phase 2 -  
6 Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>	<b>Wednesday, May 5, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Trieste, Italy
	Kumbha Rasi: 7.22	Tithi 24 – 25	<b>Gulika</b> 10:15AM – 12:03PM	<b>Shatabhishak</b> Until 5:51AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:49AM	Sun 7 Sutra 24
			Yama 6:38AM – 8:26AM	Brahma Until 3:04PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:17PM	Plava 5123
	299794469	<b>Rahu</b> 12:03PM – 1:52PM		Vanija Until 9:13PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 7 2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 8:52AM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	


<b>2</b>	<b>Thursday, May 6, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekashyam Titau				Trieste, Italy
	Kumbha Rasi: 19.59	Tithi 25 – 26	<b>Gulika</b> 8:26AM – 10:14AM	<b>Purvaproshtapada*</b> Until 7:54AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:48AM	Sun 8 Sutra 25
			Yama 4:48AM – 6:37AM	Indra Until 2:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:18PM	Plava 5123
	299794469	<b>Rahu</b> 1:52PM – 3:41PM		Bava Until 10:19PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 8 2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:41AM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Friday, May 7, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvashyam Titau				Trieste, Italy
	Meena Rasi: 2.21	Tithi 26 – 27	<b>Gulika</b> 6:36AM – 8:25AM	<b>Purvaproshtapada*</b> Until 7:54AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:47AM	Sun 9 Sutra 26
			Yama 3:41PM – 5:30PM	Vaidhriti* Until 2:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:20PM	Plava 5123
	219794469	<b>Rahu</b> 10:14AM – 12:03PM		Kaulava Until 11:54PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 9 2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:02AM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Saturday, May 8, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Trieste, Italy
	Meena Rasi: 14.31	Tithi 27 – 28	<b>Gulika</b> 4:45AM – 6:35AM	<b>Uttaraproshtapada</b> Until 10:14AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM	Sun 10 Sutra 27
			Yama 1:52PM – 3:42PM	Vishkambha* Until 3:25PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:21PM	Plava 5123
	219794469	<b>Rahu</b> 8:24AM – 10:14AM		Gara Until 1:53AM Sun	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 10 2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 12:50PM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	
Until 10:14AM	Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Sunday, May 9, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy
	Meena Rasi: 26.32	Tithi 28 – 29	<b>Gulika</b> 3:42PM – 5:32PM	<b>Revati</b> Until 12:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	Sun 11 Sutra 28
			Yama 12:03PM – 1:53PM	Priti Until 4:10PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:22PM	Plava 5123
	219794469	<b>Rahu</b> 5:32PM – 7:22PM		Visti Until 4:11AM Mon	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 11 2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi* Until 2:59PM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	
Until 12:45PM	Then Creative Work - Siddha Yoga		<b>Mother's Day</b>				

<b>6</b>	<b>Monday, May 10, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy
	Mesha Rasi: 8.27	Tithi 29 – 30	<b>Gulika</b> 1:53PM – 3:43PM	<b>Ashvini</b> Until 3:52PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:43AM	Sun 12 Sutra 29
	<b>Family Home Evening</b>		Yama 10:13AM – 12:03PM	Ayushman Until 5:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:23PM	Plava 5123
	229794469	<b>Rahu</b> 6:33AM – 8:23AM		Catuspada Until 6:41AM Tue	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 12 2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:24PM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	
				Moon – White			

	<b>Tuesday, May 11, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Trieste, Italy
	Mesha Rasi: 20.17	Tithi 30	<b>Gulika</b> 12:03PM – 1:53PM	<b>Bharani</b> Until 6:59PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:41AM	Sun 13 Sutra 30
	<b>Retreat Star</b>		Yama 8:22AM – 10:12AM	Saubhagya Until 6:08PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:24PM	Plava 5123
	229794469	<b>Rahu</b> 3:44PM – 5:34PM		Catuspada Until 6:41AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 13 Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 7:58PM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	
				Moon – White			

<b>Retreat Star</b>	<b>Wednesday, May 12, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Trieste, Italy
	Vrishabha Rasi: 2.04	Tithi 1	<b>Gulika</b> 10:12AM – 12:03PM	<b>Krittika</b> Until 9:58PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:40AM	Sun 14 Sutra 31
			Yama 6:31AM – 8:21AM	Sobhana Until 7:16PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:26PM	Plava 5123
	229794469	<b>Rahu</b> 12:03PM – 1:54PM		Kintughna Until 9:19AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 14 Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 10:36PM</b>	<b>Vaisaka*Chaitra</b>		<b>Devaloka Day</b>	
Until 9:58PM	Then Creative Work - Siddha Yoga			Moon – White			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>	<b>Thursday, May 13, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy
	Vrishabha Rasi: 13.51	Tithi 2	<b>Gulika</b> 8:21AM – 10:12AM	<b>Rohini Until 1:15AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:39AM	Sun 15
			Yama 4:39AM – 6:30AM	Athiganda* Until 8:19PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:27PM	Plava 5123
	231794469	<b>Rahu</b> 1:54PM – 3:45PM	Balava Until 11:56AM	<b>Nataraja:</b> Clear			Moon 4 - Phase 4 - 15 3rd Phase
Routine Work Marana Yoga			<b>Dvitiya Until 1:10AM Fri</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>		
Until 1:15AM Fri							
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Friday, May 14, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau				Trieste, Italy
	Vrishabha Rasi: 25.4	Tithi 3	<b>Gulika</b> 6:29AM – 8:20AM	<b>Mrigashira Until 4:10AM Sat</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:38AM	Sun 16
			Yama 3:45PM – 5:37PM	Sukarma Until 9:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:28PM	Plava 5123
	231894469	<b>Rahu</b> 10:11AM – 12:03PM	Taitila Until 2:24PM	<b>Nataraja:</b> Clear			Moon 4 - Phase 4 - 16 3rd Phase
Creative Work Siddha Yoga		<b>Akshaya Tritiya</b>	<b>Tritiya Until 3:32AM Sat</b>	<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b>		
					<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>3</b>	<b>Saturday, May 15, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthiyam Titau				Trieste, Italy
	Mithuna Rasi: 7.34	Tithi 4	<b>Gulika</b> 4:36AM – 6:28AM	<b>Ardra Until 6:35AM Sun</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:36AM	Sun 17
			Yama 1:54PM – 3:46PM	Dhriti Until 9:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:29PM	Plava 5123
	231894469	<b>Rahu</b> 8:20AM – 10:11AM	Vanija Until 4:37PM	<b>Nataraja:</b> Clear			Moon 4 - Phase 4 - 17 3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 5:34AM Sun</b>	<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b>		
					<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>4</b>	<b>Sunday, May 16, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Bava Karana Panchamyam Titau				Trieste, Italy
	Mithuna Rasi: 19.37	Tithi 5	<b>Gulika</b> 3:47PM – 5:38PM	<b>Ardra Until 6:35AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:35AM	Sun 18
			Yama 12:03PM – 1:55PM	Shula* Until 10:21PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:30PM	Plava 5123
	231894469	<b>Rahu</b> 5:38PM – 7:30PM	Bava Until 6:26PM	<b>Nataraja:</b> Clear			Moon 4 - Phase 4 - 18 3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 7:08AM Mon</b>	<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b>		
					<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>5</b>	<b>Monday, May 17, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Trieste, Italy
	Kataka Rasi: 1.5	Tithi 5 – 6	<b>Gulika</b> 1:55PM – 3:47PM	<b>Punarvasu Until 8:53AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:34AM	Sun 19
			Yama 10:11AM – 12:03PM	Ganda* Until 10:19PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:31PM	Plava 5123
	241894469	<b>Rahu</b> 6:26AM – 8:18AM	Kaulava Until 7:43PM	<b>Nataraja:</b> Clear			Moon 4 - Phase 4 - 19 3rd Phase
Creative Work Amrita Yoga		<b>Adi Sankara Jayanthi</b>	<b>Panchami Until 7:08AM</b>	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>		
Until 8:53AM							
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Tuesday, May 18, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy
	Kataka Rasi: 14.19	Tithi 6 – 7	<b>Gulika</b> 12:03PM – 1:55PM	<b>Pushya Until 10:26AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:33AM	Sun 20
			Yama 8:18AM – 10:10AM	Vriddhi Until 9:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:33PM	Plava 5123
	241894469	<b>Rahu</b> 3:48PM – 5:40PM	Gara Until 8:21PM	<b>Nataraja:</b> Clear			Moon 4 - Phase 4 - 20 3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 8:06AM</b>	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>		

<b>D</b>	<b>Wednesday, May 19, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 10:10AM – 12:03PM	<b>Ashlesha* Until 11:10AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:32AM	Sun 21
	Kataka Rasi: 27.06	Tithi 7 – 8	Yama 6:25AM – 8:17AM	Dhruva Until 8:39PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:34PM	Plava 5123
	241894469	<b>Rahu</b> 12:03PM – 1:56PM	Visti Until 8:15PM	<b>Nataraja:</b> Clear			Moon 4 - Phase 4 - 21 Ashtami
Creative Work Siddha Yoga			<b>Saptami Until 8:23AM</b>	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>		

<b>D</b>	<b>Thursday, May 20, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 8:17AM – 10:10AM	<b>Magha* Until 11:27AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:31AM	Sun 22
	Simha Rasi: 10.16	Tithi 8 – 9	Yama 4:31AM – 6:24AM	Vyaghata* Until 6:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:35PM	Plava 5123
	251894469	<b>Rahu</b> 1:56PM – 3:49PM	Balava Until 7:25PM	<b>Nataraja:</b> Clear			Moon 4 - Phase 4 - 22 Navami
Creative Work Amrita Yoga			<b>Ashtami* Until 7:54AM</b>	<b>Vaisaka-Vaikasi</b>	<b>Bhuloka Day</b>		
Until 11:27AM					<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga							


<b>1</b>	<b>Friday, May 21, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Trieste, Italy
	Simha Rasi: 23.51	Tithi 9 – 10	<b>Gulika</b> 6:23AM – 8:16AM	<b>Purvaphalguni Until 10:51AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:30AM	Sun 23 Sutra 40
			Yama 3:49PM – 5:43PM	Harshana Until 4:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:36PM	Plava 5123
	251894469	<b>Rahu</b> 10:10AM – 12:03PM	Gara Until 4:45AM Sat	<b>Navami* Until 6:41AM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 5 - 23 4th Phase
Creative Work	Siddha Yoga			Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	


<b>2</b>	<b>Saturday, May 22, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Ekadashyam Titau				Trieste, Italy
	Kanya Rasi: 7.52	Tithi 11	<b>Gulika</b> 4:29AM – 6:23AM	<b>Uttaraphalguni Until 9:25AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:29AM	Sun 24 Sutra 41
			Yama 1:57PM – 3:50PM	Vajra* Until 1:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:37PM	Plava 5123
	251894469	<b>Rahu</b> 8:16AM – 10:10AM	Vanija Until 3:33PM	<b>Ekadashi Until 2:11AM Sun</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 5 - 24 4th Phase
Routine Work	Marana Yoga			Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Sunday, May 23, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Trieste, Italy
	Kanya Rasi: 22.19	Tithi 12	<b>Gulika</b> 3:51PM – 5:44PM	<b>Hasta Until 7:39AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:28AM	Sun 25 Sutra 42
			Yama 12:03PM – 1:57PM	Siddhi Until 10:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:38PM	Plava 5123
	262894469	<b>Rahu</b> 5:44PM – 7:38PM	Bava Until 12:43PM	<b>Dvadashi Until 11:07PM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 5 - 25 4th Phase
Creative Work	Amrita Yoga			Moon – Green		<b>Sivaloka Day</b>	
Until 7:39AM							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, May 24, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy
	Tula Rasi: 7.07	Tithi 13	<b>Gulika</b> 1:57PM – 3:51PM	<b>Svati Until 2:25AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:27AM	Sun 26 Sutra 43
	<b>Family Home Evening</b>		Yama 10:09AM – 12:03PM	Vyatipata* Until 6:40AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:39PM	Plava 5123
	262894469	<b>Rahu</b> 6:21AM – 8:15AM	Kaulava Until 9:26AM	<b>Trayodashi Until 7:39PM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 5 - 26 4th Phase
Creative Work	Amrita Yoga			Moon – Green		<b>Sivaloka Day</b>	
Until 2:25AM Tue							
Then Routine Work - Marana Yoga							
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Tuesday, May 25, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Trieste, Italy
	Tula Rasi: 22.1	Tithi 14 – 15	<b>Gulika</b> 12:03PM – 1:57PM	<b>Vishakha Until 11:39PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Sun 27 Sutra 44
			Yama 8:15AM – 10:09AM	Parigha* Until 10:29PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:40PM	Plava 5123
	372894469	<b>Rahu</b> 3:52PM – 5:46PM	Visti Until 2:07AM Wed	<b>Chaturdashi* Until 3:59PM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 5 - 27 4th Phase
Routine Work	Marana Yoga			Moon – Orange		<b>Sivaloka Day</b>	
Until 11:39PM							
Then Creative Work - Siddha Yoga							

	<b>Wednesday, May 26, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Trieste, Italy
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:09AM – 12:03PM	<b>Anuradha Until 8:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Sun 28 Sutra 45
	Vrischika Rasi: 7.2	Tithi 15 – 16	Yama 6:20AM – 8:14AM	Shiva Until 6:20PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:41PM	Plava 5123
	372894469	<b>Rahu</b> 12:03PM – 1:58PM	Balava Until 10:23PM	<b>Purnima* Until 12:13PM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 5 - Purnima
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	

	<b>Thursday, May 27, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Trieste, Italy
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:14AM – 10:09AM	<b>Jyeshtha* Until 5:51PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Sun 29 Sutra 46
	Vrischika Rasi: 22.29	Tithi 16 – 17	Yama 4:25AM – 6:19AM	Siddha Until 2:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:42PM	Plava 5123
	372894469	<b>Rahu</b> 1:58PM – 3:53PM	Taitila Until 6:49PM	<b>Prathama* Until 8:33AM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 5 - Prathama
Routine Work	Prabalarishta Yoga			Moon – Orange		<b>Sivaloka Day</b>	
Until 5:51PM							
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Trieste, Italy on 5/23/19

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**Friday, May 28, 2021**  
**Gold Retreat Star**

Dhanus Rasi: 7.27      Tithi 18

382894469

**Gulika** 6:19AM – 8:14AM  
**Yama** 3:53PM – 5:48PM  
**Rahu** 10:09AM – 12:04PM

**Mula\* Until 3:32PM**  
Sadhya Until 10:26AM  
Vanija Until 3:34PM  
Tritiya Until 2:06AM Sat

**Ganesha:** Clear      *Sunrise:* 4:24AM  
**Muruqa:** Yellow      *Sunset:* 7:43PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Trieste, Italy  
Sun 1      Sutra 47  
Plava 5123  
Moon 5 - Phase 6 - 1  
1st Phase

Creative Work      Amrita Yoga  
Until 3:32PM  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**1**

**Saturday, May 29, 2021**

Dhanus Rasi: 22.07      Tithi 19

382894469

**Gulika** 4:23AM – 6:18AM  
**Yama** 1:59PM – 3:54PM  
**Rahu** 8:14AM – 10:09AM

**Purvashadha\* Until 1:34PM**  
Subha Until 6:59AM  
Bava Until 12:47PM  
**Chaturthi\* Until 11:35PM**

**Ganesha:** Clear      *Sunrise:* 4:23AM  
**Muruqa:** Yellow      *Sunset:* 7:44PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Trieste, Italy  
Sun 2      Sutra 48  
Plava 5123  
Moon 5 - Phase 6 - 2  
1st Phase

Creative Work      Siddha Yoga  
Until 1:34PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Sunday, May 30, 2021**

Makara Rasi: 6.23      Tithi 20

382894469

**Gulika** 3:54PM – 5:50PM  
**Yama** 12:04PM – 1:59PM  
**Rahu** 5:50PM – 7:45PM

**Uttarashadha Until 12:03PM**  
Brahma Until 1:32AM Mon  
Kaulava Until 10:36AM  
**Panchami Until 9:44PM**

**Ganesha:** Clear      *Sunrise:* 4:23AM  
**Muruqa:** Yellow      *Sunset:* 7:45PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Trieste, Italy  
Sun 3      Sutra 49  
Plava 5123  
Moon 5 - Phase 6 - 3  
1st Phase

Creative Work      Amrita Yoga  
Until 11:32AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Monday, May 31, 2021**

Makara Rasi: 20.12      Tithi 21

392894469

**Gulika** 1:59PM – 3:55PM  
**Yama** 10:08AM – 12:04PM  
**Rahu** 6:18AM – 8:13AM

**Shravana Until 11:32AM**  
Indra Until 11:43PM  
Gara Until 9:06AM  
**Shashthi\* Until 8:38PM**

**Ganesha:** Purple      *Sunrise:* 4:22AM  
**Muruqa:** Yellow      *Sunset:* 7:46PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Trieste, Italy  
Sun 4      Sutra 50  
Plava 5123  
Moon 5 - Phase 6 - 4  
1st Phase

**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 11:32AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Tuesday, June 1, 2021**

Kumbha Rasi: 3.35      Tithi 22

392894469

**Gulika** 12:04PM – 2:00PM  
**Yama** 8:13AM – 10:08AM  
**Rahu** 3:55PM – 5:51PM

**Dhanishtha Until 11:38AM**  
Vaidhriti\* Until 10:30PM  
Visti Until 8:23AM  
**Saptami Until 8:18PM**

**Ganesha:** Purple      *Sunrise:* 4:21AM  
**Muruqa:** Yellow      *Sunset:* 7:47PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Trieste, Italy  
Sun 5      Sutra 51  
Plava 5123  
Moon 5 - Phase 6 - 5  
1st Phase

Creative Work      Siddha Yoga  
Until 11:38AM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**●**

**Wednesday, June 2, 2021**

**Retreat Star**

Kumbha Rasi: 16.33      Tithi 23

392894469

**Gulika** 10:08AM – 12:04PM  
**Yama** 6:17AM – 8:13AM  
**Rahu** 12:04PM – 2:00PM

**Shatabhishak Until 12:20PM**  
Vishkambha\* Until 9:54PM  
Balava Until 8:27AM  
**Ashtami\* Until 8:45PM**

**Ganesha:** Purple      *Sunrise:* 4:21AM  
**Muruqa:** Yellow      *Sunset:* 7:48PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Trieste, Italy  
Sun 6      Sutra 52  
Plava 5123  
Moon 5 - Phase 6 - 6  
Ashtami

Creative Work      Siddha Yoga  
Until 12:20PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**Thursday, June 3, 2021**

**Retreat Star**

Kumbha Rasi: 29.09      Tithi 24

312894469

**Gulika** 8:12AM – 10:08AM  
**Yama** 4:20AM – 6:16AM  
**Rahu** 2:00PM – 3:56PM

**Purvaproshtapada\* Until 2:04PM**  
Priti Until 9:52PM  
Taitila Until 9:15AM  
**Navami\* Until 9:53PM**

**Ganesha:** Blue      *Sunrise:* 4:20AM  
**Muruqa:** Yellow      *Sunset:* 7:48PM  
**Nataraja:** Clear  
Moon – Clear  
**Vaisaka-Vaikasi**

Trieste, Italy  
Sun 7      Sutra 53  
Plava 5123  
Moon 5 - Phase 6 - 7  
Navami

Creative Work      Siddha Yoga

**Sivaloka Day**

<b>1</b>		<b>Friday, June 4, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Trieste, Italy	
Meena Rasi: 11.28		Tithi 25		Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8	
Creative Work		Siddha Yoga		312894469		Gulika 6:16AM – 8:12AM		Uttaraproshtapada Until 4:15PM	
				Yama 3:57PM – 5:53PM		Ganesha: Blue		Sunrise: 4:20AM	
				Rahu 10:08AM – 12:05PM		Muruga: Yellow		Sunset: 7:49PM	
						Nataraja: Clear		Moon 5 - Phase 7 - 8	
						Moon – Clear		2nd Phase	
						Dashami Until 11:37PM		Sivaloka Day	
						Vaisaka-Vaikasi			

<b>2</b>		<b>Saturday, June 5, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Trieste, Italy	
Meena Rasi: 23.33		Tithi 26		Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9	
Routine Work		Prabalarishta Yoga		313894461		Gulika 4:19AM – 6:16AM		Revati Until 6:45PM	
Until 6:45PM				Yama 2:01PM – 3:57PM		Ganesha: Yellow		Sunrise: 4:19AM	
Then Creative Work - Siddha Yoga				Rahu 8:12AM – 10:08AM		Muruga: Yellow		Sunset: 7:50PM	
						Nataraja: Yellow		Moon 5 - Phase 7 - 9	
						Moon – Clear		2nd Phase	
						Ekadashi* Until 1:48AM Sun		Devaloka Day	
						Vaisaka-Vaikasi			

<b>3</b>		<b>Sunday, June 6, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Trieste, Italy	
Mesha Rasi: 5.29		Tithi 27		Ashvini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Sun 10	
Creative Work		Siddha Yoga		323894461		Gulika 3:58PM – 5:54PM		Ashvini Until 9:54PM	
Until 9:54PM				Yama 12:05PM – 2:01PM		Ganesha: Blue		Sunrise: 4:19AM	
Then Routine Work - Prabalarishta Yoga				Rahu 5:54PM – 7:51PM		Muruga: Yellow		Sunset: 7:51PM	
						Nataraja: Yellow		Moon 5 - Phase 7 - 10	
						Moon – White		2nd Phase	
						Dvadashi* Until 4:16AM Mon		Bhuloka Day	
						Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

<b>4</b>		<b>Monday, June 7, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Trieste, Italy	
Mesha Rasi: 17.19		Tithi 28		Bharani Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11	
Family Home Evening				323894461		Gulika 2:02PM – 3:58PM		Bharani Until 1:02AM Tue	
Creative Work		Siddha Yoga		Yama 10:08AM – 12:05PM		Ganesha: Blue		Sunrise: 4:19AM	
				Rahu 6:15AM – 8:12AM		Muruga: Yellow		Sunset: 7:51PM	
						Nataraja: Yellow		Moon 5 - Phase 7 - 11	
						Moon – White		2nd Phase	
						Trayodashi* Until 6:53AM Tue		Bhuloka Day	
						Pradosha Vrata (Fasting)		Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Tuesday, June 8, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Trieste, Italy	
Mesha Rasi: 29.05		Tithi 28 – 29		Krittika Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12	
Creative Work		Siddha Yoga		323994461		Gulika 12:05PM – 2:02PM		Krittika Until 4:02AM Wed	
				Yama 8:12AM – 10:09AM		Ganesha: Red		Sunrise: 4:18AM	
				Rahu 3:59PM – 5:55PM		Muruga: Yellow		Sunset: 7:52PM	
						Nataraja: Yellow		Moon 5 - Phase 7 - 12	
						Moon – White		2nd Phase	
						Trayodashi* Until 6:53AM		Devaloka Day	
						Vaisaka-Vaikasi			

<b>Retreat Star</b>		<b>Wednesday, June 9, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Trieste, Italy	
Vrshabha Rasi: 10.52		Tithi 29 – 30		Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13	
Creative Work		Siddha Yoga		333994461		Gulika 10:09AM – 12:05PM		Rohini Until 7:14AM Thu	
Until 7:14AM Thu				Yama 6:15AM – 8:12AM		Ganesha: Yellow		Sunrise: 4:18AM	
Then Routine Work - Marana Yoga				Rahu 12:05PM – 2:02PM		Muruga: Yellow		Sunset: 7:53PM	
						Nataraja: Yellow		Moon 5 - Phase 7 - 13	
						Moon – Yellow		Amavasya	
						Chaturdashi* Until 9:28AM		Devaloka Day	
						Vaisaka-Vaikasi			

<b>Retreat Star</b>		<b>Thursday, June 10, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy	
Vrshabha Rasi: 22.43		Tithi 30 – 1		Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14	
Routine Work		Marana Yoga		333994461		Gulika 8:12AM – 10:09AM		Rohini Until 7:14AM	
				Yama 4:18AM – 6:15AM		Ganesha: Yellow		Sunrise: 4:18AM	
				Rahu 2:03PM – 4:00PM		Muruga: Yellow		Sunset: 7:53PM	
						Nataraja: Yellow		Moon 5 - Phase 7 - 14	
						Moon – Yellow		Prathama	
						Amavasya* Until 11:54AM		Devaloka Day	
						Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1</b>		<b>Friday, June 11, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Trieste, Italy Sun 15 Sutra 61 Plava 5123		
Mithuna Rasi: 4.38	Tithi 1 – 2	<b>Gulika</b> 6:15AM – 8:12AM	<b>Mrigashira</b> Until 10:02AM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:18AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:54PM	Moon 5 - Phase 8 - 15 3rd Phase
Creative Work	Siddha Yoga	Yama 4:00PM – 5:57PM	Ganda* Until 4:43AM Sat	<b>Nataraja:</b> Yellow				<b>Devaloka Day</b>
		333994461 <b>Rahu</b> 10:09AM – 12:06PM	Balava Until 3:02AM Sat	Moon – Yellow				
			Prathama* Until 2:04PM	<b>Jyeshtha-Vaikasi</b>				
<b>2</b>		<b>Saturday, June 12, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Trieste, Italy Sun 16 Sutra 62 Plava 5123		
Mithuna Rasi: 16.42	Tithi 2 – 3	<b>Gulika</b> 4:17AM – 6:15AM	<b>Ardra</b> Until 12:19PM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:17AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:55PM	Moon 5 - Phase 8 - 16 3rd Phase
Creative Work	Siddha Yoga	Yama 2:03PM – 4:00PM	Vriddhi Until 5:02AM Sun	<b>Nataraja:</b> Yellow				<b>Devaloka Day</b>
		333994461 <b>Rahu</b> 8:12AM – 10:09AM	Taitila Until 4:37AM Sun	Moon – Yellow				
			Dvitiya Until 3:52PM	<b>Jyeshtha-Vaikasi</b>				
<b>3</b>		<b>Sunday, June 13, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 17 Sutra 63 Plava 5123		
Mithuna Rasi: 28.56	Tithi 3 – 4	<b>Gulika</b> 4:01PM – 5:58PM	<b>Punarvasu</b> Until 2:32PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 4:17AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:55PM	Moon 5 - Phase 8 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 12:06PM – 2:03PM	Dhruva Until 4:57AM Mon	<b>Nataraja:</b> Yellow				<b>Devaloka Day</b>
		343994461 <b>Rahu</b> 5:58PM – 7:55PM	Vanija Until 5:45AM Mon	Moon – Blue				
			Tritiya Until 5:14PM	<b>Jyeshtha-Vaikasi</b>				
<b>4</b>		<b>Monday, June 14, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Visti* Karana Chaturthyam Titau		Trieste, Italy Sun 18 Sutra 64 Plava 5123		
Kataka Rasi: 11.21	Tithi 4	<b>Gulika</b> 2:04PM – 4:01PM	<b>Pushya</b> Until 4:07PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 4:17AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:56PM	Moon 5 - Phase 8 - 18 3rd Phase
Family Home Evening		Yama 10:09AM – 12:06PM	Vyaghata* Until 4:30AM Tue	<b>Nataraja:</b> Yellow				<b>Devaloka Day</b>
Creative Work	Siddha Yoga	343994461 <b>Rahu</b> 6:14AM – 8:12AM	Visti Until 6:07PM	Moon – Blue				
			Chaturthi* Until 6:07PM	<b>Jyeshtha-Vaikasi</b>				
<b>5</b>		<b>Tuesday, June 15, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau		Trieste, Italy Sun 19 Sutra 65 Plava 5123		
Kataka Rasi: 24	Tithi 5	<b>Gulika</b> 12:07PM – 2:04PM	<b>Ashlesha*</b> Until 5:03PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 4:17AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:56PM	Moon 5 - Phase 8 - 19 3rd Phase
Creative Work	Siddha Yoga	Yama 8:12AM – 10:09AM	Harshana Until 3:38AM Wed	<b>Nataraja:</b> Yellow				<b>Devaloka Day</b>
		343994461 <b>Rahu</b> 4:01PM – 5:59PM	Bava Until 6:23AM	Moon – Blue				
			Panchami Until 6:29PM	<b>Jyeshtha-Ani</b>				
<b>6</b>		<b>Wednesday, June 16, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Trieste, Italy Sun 20 Sutra 66 Plava 5123		
Simha Rasi: 6.54	Tithi 6	<b>Gulika</b> 10:09AM – 12:07PM	<b>Magha*</b> Until 5:45PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:17AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:56PM	Moon 5 - Phase 8 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 6:15AM – 8:12AM	Vajra* Until 2:18AM Thu	<b>Nataraja:</b> Yellow				<b>Sivaloka Day</b>
Until 5:45PM		353994461 <b>Rahu</b> 12:07PM – 2:04PM	Kaulava Until 6:28AM	Moon – Red				
Then Creative Work - Amrita Yoga			Shashthi* Until 6:17PM	<b>Jyeshtha-Ani</b>				
<b>Retreat Star</b>		<b>Thursday, June 17, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Trieste, Italy Sun 21 Sutra 67 Plava 5123		
Simha Rasi: 20.05	Tithi 7 – 8	<b>Gulika</b> 8:12AM – 10:10AM	<b>Purvaphalguni</b> Until 5:43PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:17AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:57PM	Moon 5 - Phase 8 - 21 3rd Phase
Creative Work	Siddha Yoga	Yama 4:17AM – 6:15AM	Siddhi Until 12:31AM Fri	<b>Nataraja:</b> Yellow				<b>Sivaloka Day</b>
		353994461 <b>Rahu</b> 2:04PM – 4:02PM	Visti Until 6:00AM	Moon – Red				
			Saptami Until 5:32PM	<b>Jyeshtha-Ani</b>				
<b>Retreat Star</b>		<b>Friday, June 18, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyalipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Trieste, Italy Sun 22 Sutra 68 Plava 5123		
Kanya Rasi: 3.37	Tithi 8 – 9	<b>Gulika</b> 6:15AM – 8:12AM	<b>Uttaraphalguni</b> Until 4:59PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:17AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:57PM	Moon 5 - Phase 8 - 22 Ashtami
Creative Work	Siddha Yoga	Yama 4:02PM – 6:00PM	Vyalipata* Until 10:16PM	<b>Nataraja:</b> Yellow				<b>Sivaloka Day</b>
Until 4:59PM		353994461 <b>Rahu</b> 10:10AM – 12:07PM	Balava Until 3:19AM Sat	Moon – Red				
Then Creative Work - Amrita Yoga			Ashtami* Until 4:11PM	<b>Jyeshtha-Ani</b>				
<b>Retreat Star</b>		<b>Saturday, June 19, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Trieste, Italy Sun 23 Sutra 69 Plava 5123		
Kanya Rasi: 17.28	Tithi 9 – 10	<b>Gulika</b> 4:17AM – 6:15AM	<b>Hasta</b> Until 3:58PM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:17AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:58PM	Moon 5 - Phase 8 - 23 Navami
Routine Work	Marana Yoga	Yama 2:05PM – 4:02PM	Variyan Until 7:33PM	<b>Nataraja:</b> Yellow				<b>Devaloka Day</b>
		363994461 <b>Rahu</b> 8:12AM – 10:10AM	Taitila Until 1:09AM Sun	Moon – Green				
			Navami* Until 2:16PM	<b>Jyeshtha-Ani</b>				

<b>1 Sunday, June 20, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy
		Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24
Tula Rasi: 1.4      Tithi 10 - 11		<b>Gulika</b> 4:03PM - 6:00PM	<b>Chitra Until 2:18PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:17AM	Plava 5123	
364994461		Yama 12:08PM - 2:05PM	Parigha* Until 4:27PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:58PM	Moon 5 - Phase 9 - 24	
Creative Work    Siddha Yoga		<b>Rahu</b> 6:00PM - 7:58PM	Vanija Until 10:30PM	<b>Nataraja:</b> Yellow	4th Phase	
		<b>Father's Day</b>		Moon - Green	<b>Bhuloka Day</b>	
		<b>Dashami Until 11:51AM</b>		<b>Jyeshtha-Ani</b>	Devaloka Time: 3:PM to 6:PM	

<b>2 Monday, June 21, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy
		Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25
Tula Rasi: 16.11      Tithi 11 - 12		<b>Gulika</b> 2:05PM - 4:03PM	<b>Svati Until 12:05PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:18AM	Plava 5123	
364994461		Yama 10:10AM - 12:08PM	Shiva Until 1:00PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:58PM	Moon 5 - Phase 9 - 25	
Creative Work    Amrita Yoga		<b>Rahu</b> 6:15AM - 8:13AM	Bava Until 7:28PM	<b>Nataraja:</b> Yellow	4th Phase	
Until 12:05PM		<b>Ekadashi Until 9:01AM</b>		Moon - Green	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>	Devaloka Time: 3:PM to 6:PM	

<b>3 Tuesday, June 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy
		Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26
Vrischika Rasi: 0.57      Tithi 13		<b>Gulika</b> 12:08PM - 2:06PM	<b>Vishakha Until 9:49AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:18AM	Plava 5123	
374994461		Yama 8:13AM - 10:10AM	Siddha Until 9:17AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:58PM	Moon 5 - Phase 9 - 26	
Routine Work    Marana Yoga		<b>Rahu</b> 4:03PM - 6:01PM	Kaulava Until 4:11PM	<b>Nataraja:</b> Yellow	4th Phase	
Until 9:49AM		<b>Trayodashi Until 2:27AM Wed</b>		Moon - Orange	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>		
				<i>Pradosha Vrata</i>		

<b>4 Wednesday, June 23, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy
		Anuradha/Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27
Vrischika Rasi: 15.53      Tithi 14		<b>Gulika</b> 10:11AM - 12:08PM	<b>Anuradha Until 7:14AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:18AM	Plava 5123	
374994461		Yama 6:16AM - 8:13AM	Subha Until 1:32AM Thu	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:58PM	Moon 5 - Phase 9 - 27	
Creative Work    Siddha Yoga		<b>Rahu</b> 12:08PM - 2:06PM	Gara Until 12:44PM	<b>Nataraja:</b> Yellow	4th Phase	
		<b>Chaturdashi* Until 11:00PM</b>		Moon - Orange	<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>		

<b>Thursday, June 24, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy
<b>Copper Retreat Star</b>		Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Sun 27
Dhanus Rasi: 0.51      Tithi 15		<b>Gulika</b> 8:13AM - 10:11AM	<b>Mula* Until 2:07AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:18AM	Plava 5123	
384994461		Yama 4:18AM - 6:16AM	Sukla Until 9:41PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:58PM	Moon 5 - Phase 9 -	
Creative Work    Siddha Yoga		<b>Rahu</b> 2:06PM - 4:03PM	Visti Until 9:18AM	<b>Nataraja:</b> Yellow	Purnima	
Until 2:07AM Fri		<b>Purnima* Until 7:37PM</b>		Moon - Light Blue	<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Jyeshtha-Ani</b>	Devaloka Time: 3:PM to 6:PM	

<b>Friday, June 25, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam				Trieste, Italy
<b>Silver Retreat Star</b>		Purvashadha* Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Sun 27
Dhanus Rasi: 15.43      Tithi 16 - 17		<b>Gulika</b> 6:16AM - 8:14AM	<b>Purvashadha* Until 11:53PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:19AM	Plava 5123	
384994461		Yama 4:04PM - 6:01PM	Brahma Until 6:04PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:59PM	Moon 5 - Phase 9 -	
Routine Work    Prabalarishta Yoga		<b>Rahu</b> 10:11AM - 12:09PM	Balava Until 6:01AM	<b>Nataraja:</b> Yellow	Prathama	
Until 11:53PM		<b>Prathama* Until 4:28PM</b>		Moon - Light Blue	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>	Devaloka Time: 3:PM to 6:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Trieste, Italy on 5/23/19

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**Saturday, June 26, 2021**  
**Gold Retreat Star**

Makara Rasi: 0.22 Tithi 17 – 18

384994461

Routine Work Marana Yoga  
Until 9:56PM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

<b>Gulika</b> 4:19AM – 6:17AM	<b>Uttarashadha Until 9:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:19AM
Yama 2:06PM – 4:04PM	Indra Until 2:46PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:59PM
<b>Rahu</b> 8:14AM – 10:11AM	Vanija Until 12:30AM Sun	<b>Nataraja:</b> Yellow	
	<b>Dvitiya Until 1:41PM</b>	Moon – Light Blue	
		<b>Jyeshtha-Ani</b>	

Trieste, Italy  
Sun 1  
Sutra 76  
Plava 5123  
Moon 6 - Phase 10 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Sunday, June 27, 2021**

Makara Rasi: 14.4 Tithi 18 – 19

394994461

Creative Work Amrita Yoga  
Until 8:51PM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

<b>Gulika</b> 4:04PM – 6:01PM	<b>Shravana Until 8:51PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:19AM
Yama 12:09PM – 2:06PM	Vaidhriti* Until 11:53AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:59PM
<b>Rahu</b> 6:01PM – 7:59PM	Bava Until 10:32PM	<b>Nataraja:</b> Yellow	
	<b>Tritiya Until 11:25AM</b>	Moon – Purple	
		<b>Jyeshtha-Ani</b>	

Trieste, Italy  
Sun 2  
Sutra 77  
Plava 5123  
Moon 6 - Phase 10 - 2  
1st Phase

**Devaloka Day**

**2**

**Monday, June 28, 2021**

Makara Rasi: 28.34 Tithi 19 – 20

394994461

**Family Home Evening**  
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\*/Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

<b>Gulika</b> 2:07PM – 4:04PM	<b>Dhanishtha Until 8:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:20AM
Yama 10:12AM – 12:09PM	Vishkambha* Until 9:33AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:59PM
<b>Rahu</b> 6:17AM – 8:15AM	Kaulava Until 9:17PM	<b>Nataraja:</b> Yellow	
	<b>Chaturthi* Until 9:48AM</b>	Moon – Purple	
		<b>Jyeshtha-Ani</b>	

Trieste, Italy  
Sun 3  
Sutra 78  
Plava 5123  
Moon 6 - Phase 10 - 3  
1st Phase

**Devaloka Day**

**3**

**Tuesday, June 29, 2021**

Kumbha Rasi: 12.02 Tithi 20 – 21

394994461

Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

<b>Gulika</b> 12:09PM – 2:07PM	<b>Shatabhishak Until 8:24PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:20AM
Yama 8:15AM – 10:12AM	Priti Until 7:50AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:59PM
<b>Rahu</b> 4:04PM – 6:01PM	Gara Until 8:49PM	<b>Nataraja:</b> Yellow	
	<b>Panchami Until 8:56AM</b>	Moon – Purple	
		<b>Jyeshtha-Ani</b>	

Trieste, Italy  
Sun 4  
Sutra 79  
Plava 5123  
Moon 6 - Phase 10 - 4  
1st Phase

**Devaloka Day**

**4**

**Wednesday, June 30, 2021**

Kumbha Rasi: 25.04 Tithi 21 – 22

314994461

Creative Work Amrita Yoga  
Until 9:34PM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

<b>Gulika</b> 10:12AM – 12:10PM	<b>Purvaproshtapada* Until 9:34PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:21AM
Yama 6:18AM – 8:15AM	Ayushman Until 6:44AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:58PM
<b>Rahu</b> 12:10PM – 2:07PM	Visti Until 9:09PM	<b>Nataraja:</b> Yellow	
	<b>Shashthi* Until 8:52AM</b>	Moon – Clear	
		<b>Jyeshtha-Ani</b>	

Trieste, Italy  
Sun 5  
Sutra 80  
Plava 5123  
Moon 6 - Phase 10 - 5  
1st Phase

**Devaloka Day**

**Retreat Star**

**Thursday, July 1, 2021**

Meena Rasi: 7.43 Tithi 22 – 23

314994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

<b>Gulika</b> 8:16AM – 10:13AM	<b>Uttaraproshtapada Until 11:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:21AM
Yama 4:21AM – 6:19AM	Saubhagya Until 6:16AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:58PM
<b>Rahu</b> 2:07PM – 4:04PM	Balava Until 10:14PM	<b>Nataraja:</b> Yellow	
	<b>Saptami Until 9:35AM</b>	Moon – Clear	
		<b>Jyeshtha-Ani</b>	

Trieste, Italy  
Sun 6  
Sutra 81  
Plava 5123  
Moon 6 - Phase 10 - 6  
Ashtami

**Devaloka Day**

**Friday, July 2, 2021**  
**Retreat Star**

Meena Rasi: 20.03 Tithi 23 – 24

315994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sobhana/Atthiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

<b>Gulika</b> 6:19AM – 8:16AM	<b>Revati Until 1:33AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:22AM
Yama 4:04PM – 6:01PM	Sobhana Until 6:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:58PM
<b>Rahu</b> 10:13AM – 12:10PM	Taitila Until 11:59PM	<b>Nataraja:</b> Yellow	
	<b>Ashtami* Until 11:01AM</b>	Moon – Clear	
		<b>Jyeshtha-Ani</b>	

Trieste, Italy  
Sun 7  
Sutra 82  
Plava 5123  
Moon 6 - Phase 10 - 7  
Navami

**Sivaloka Day**

**1** **Saturday, July 3, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Mesha Rasi: 2.08 Tithi 24 - 25

325194461

Gulika 4:23AM - 6:19AM  
Yama 2:07PM - 4:04PM  
Rahu 8:16AM - 10:13AM

Ashvini Until 4:34AM Sun  
Athiganda\* Until 6:56AM  
Vanija Until 2:13AM Sun  
Navami\* Until 1:02PM

Ganesha: Yellow Sunrise: 4:23AM  
Muruga: Yellow Sunset: 7:58PM  
Nataraja: Yellow  
Moon - White

Devaloka Day

Trieste, Italy Sun 8 Sutra 83  
Plava 5123  
Moon 6 - Phase 11 - 8 2nd Phase

Creative Work Siddha Yoga  
Until 4:34AM Sun  
Then Routine Work - Prabalarishta Yoga

**2** **Sunday, July 4, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Dashami/Ekadashyam Titau

Mesha Rasi: 14.02 Tithi 25 - 26

325194461

Gulika 4:04PM - 6:01PM  
Yama 12:10PM - 2:07PM  
Rahu 6:01PM - 7:58PM

Bharani Until 7:39AM Mon  
Sukarma Until 7:50AM  
Bava Until 4:43AM Mon  
Dashami Until 3:25PM

Ganesha: Yellow Sunrise: 4:23AM  
Muruga: Yellow Sunset: 7:58PM  
Nataraja: Yellow  
Moon - White

Devaloka Day

Trieste, Italy Sun 9 Sutra 84  
Plava 5123  
Moon 6 - Phase 11 - 9 2nd Phase

Routine Work Prabalarishta Yoga  
Until 7:39AM Mon  
Then Routine Work - Marana Yoga

**3** **Monday, July 5, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhriti/Shula\* Yoga Balava Karana Ekadashyam Titau

Mesha Rasi: 25.5 Tithi 26

325194461

Gulika 2:07PM - 4:04PM  
Yama 10:14AM - 12:11PM  
Rahu 6:21AM - 8:17AM

Bharani Until 7:39AM  
Dhriti Until 8:56AM  
Balava Until 6:00PM  
Ekadashi\* Until 6:00PM

Ganesha: Yellow Sunrise: 4:24AM  
Muruga: Yellow Sunset: 7:57PM  
Nataraja: Yellow  
Moon - White

Devaloka Day

Trieste, Italy Sun 10 Sutra 85  
Plava 5123  
Moon 6 - Phase 11 - 10 2nd Phase

Creative Work Siddha Yoga  
Until 7:39AM  
Then Routine Work - Marana Yoga

**4** **Tuesday, July 6, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Dvadashyam Titau

Vrishabha Rasi: 7.38 Tithi 27

425194461

Gulika 12:11PM - 2:07PM  
Yama 8:18AM - 10:14AM  
Rahu 4:04PM - 6:00PM

Krittika Until 10:38AM  
Shula\* Until 10:02AM  
Kaulava Until 7:18AM  
Dvadashi\* Until 8:32PM

Ganesha: White Sunrise: 4:25AM  
Muruga: Yellow Sunset: 7:57PM  
Nataraja: Yellow  
Moon - White

Sivaloka Day

Trieste, Italy Sun 11 Sutra 86  
Plava 5123  
Moon 6 - Phase 11 - 11 2nd Phase

Creative Work Siddha Yoga  
Until 10:38AM  
Then Creative Work - Amrita Yoga

**5** **Wednesday, July 7, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini/Grigashira Nakshatra Ganda\*/Vridhdi Yoga Gara/Vanija Karana Trayodashyam Titau

Vrishabha Rasi: 19.28 Tithi 28

435194461

Gulika 10:14AM - 12:11PM  
Yama 6:22AM - 8:18AM  
Rahu 12:11PM - 2:07PM

Rohini Until 1:48PM  
Ganda\* Until 11:02AM  
Gara Until 9:46AM  
Trayodashi\* Until 10:52PM

Ganesha: Yellow Sunrise: 4:25AM  
Muruga: Yellow Sunset: 7:56PM  
Nataraja: Yellow  
Moon - Yellow

Devaloka Day

Trieste, Italy Sun 12 Sutra 87  
Plava 5123  
Moon 6 - Phase 11 - 12 2nd Phase

Creative Work Siddha Yoga

*Pradosha Vrata (Fasting)*

**6** **Thursday, July 8, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vridhdi/Dhruva Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau

Mithuna Rasi: 1.23 Tithi 29

435194461

Gulika 8:18AM - 10:15AM  
Yama 4:26AM - 6:22AM  
Rahu 2:07PM - 4:04PM

Mrigashira Until 4:29PM  
Vridhdi Until 11:49AM  
Visti Until 11:55AM  
Chaturdashi\* Until 12:50AM Fri

Ganesha: Yellow Sunrise: 4:26AM  
Muruga: Yellow Sunset: 7:56PM  
Nataraja: Yellow  
Moon - Yellow

Devaloka Day

Trieste, Italy Sun 13 Sutra 88  
Plava 5123  
Moon 6 - Phase 11 - 13 2nd Phase

Routine Work Marana Yoga

**Retreat Star** **Friday, July 9, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Dhruva/Vyaghata\* Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau

Mithuna Rasi: 13.29 Tithi 30

435194461

Gulika 6:23AM - 8:19AM  
Yama 4:03PM - 5:59PM  
Rahu 10:15AM - 12:11PM

Ardra Until 6:36PM  
Dhruva Until 12:15PM  
Catuspada Until 1:40PM  
Amavasya\* Until 2:20AM Sat

Ganesha: Yellow Sunrise: 4:27AM  
Muruga: Yellow Sunset: 7:56PM  
Nataraja: Yellow  
Moon - Yellow

Devaloka Day

Trieste, Italy Sun 14 Sutra 89  
Plava 5123  
Moon 6 - Phase 11 - 14 Amavasya

Creative Work Siddha Yoga

**Retreat Star** **Saturday, July 10, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Vyaghata\*/Harshana Yoga Kintughna\*/Bava Karana Prathamayam Titau

Mithuna Rasi: 25.46 Tithi 1

445194461

Gulika 4:28AM - 6:23AM  
Yama 2:07PM - 4:03PM  
Rahu 8:19AM - 10:15AM

Punarvasu Until 8:34PM  
Vyaghata\* Until 12:20PM  
Kintughna Until 2:55PM  
Prathama\* Until 3:21AM Sun

Ganesha: Red Sunrise: 4:28AM  
Muruga: Yellow Sunset: 7:55PM  
Nataraja: Yellow  
Moon - Blue

Ashada\*Ani

Devaloka Day

Trieste, Italy Sun 15 Sutra 90  
Plava 5123  
Moon 6 - Phase 11 - 15 Prathama

Creative Work Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy Sun 16 Sutra 91
Kataka Rasi: 8.16	Tithi 2	<b>Gulika</b> 4:03PM – 5:59PM	<b>Pushya</b> Until 9:53PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:28AM	Plava 5123
		Yama 12:11PM – 2:07PM	Harshana Until 12:02PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 12 - 16
445194461	<b>Rahu</b> 5:59PM – 7:54PM		Balava Until 3:41PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 3:52AM Mon	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada*Ani</b>		

<b>2 Monday, July 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Trieste, Italy Sun 17 Sutra 92
Kataka Rasi: 20.59	Tithi 3	<b>Gulika</b> 2:07PM – 4:03PM	<b>Ashlesha*</b> Until 10:35PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:29AM	Plava 5123
<b>Family Home Evening</b>		Yama 10:16AM – 12:12PM	Vajra* Until 11:20AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 12 - 17
446194461	<b>Rahu</b> 6:25AM – 8:20AM		Taitila Until 3:58PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 3:55AM Tue	Moon – Blue		<b>Bhuloka Day</b>
Until 10:35PM				<b>Ashada*Ani</b>		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

<b>3 Tuesday, July 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Trieste, Italy Sun 18 Sutra 93
Simha Rasi: 3.56	Tithi 4	<b>Gulika</b> 12:12PM – 2:07PM	<b>Magha*</b> Until 11:10PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:30AM	Plava 5123
		Yama 8:21AM – 10:16AM	Siddhi Until 10:17AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12 - 18
456194461	<b>Rahu</b> 4:02PM – 5:58PM		Vanija Until 3:48PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 3:33AM Wed	Moon – Red		<b>Bhuloka Day</b>
				<b>Ashada*Ani</b>		Devaloka Time: 3:PM to 6:PM

<b>4 Wednesday, July 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 19 Sutra 94
Simha Rasi: 17.06	Tithi 5	<b>Gulika</b> 10:17AM – 12:12PM	<b>Purvaphalguni</b> Until 11:11PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:31AM	Plava 5123
		Yama 6:26AM – 8:21AM	Vyatipata* Until 8:54AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12 - 19
456194461	<b>Rahu</b> 12:12PM – 2:07PM		Bava Until 3:13PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 2:46AM Thu	Moon – Red		<b>Bhuloka Day</b>
				<b>Ashada*Ani</b>		Devaloka Time: 3:PM to 6:PM

<b>5 Thursday, July 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy Sun 20 Sutra 95
Kanya Rasi: 0.29	Tithi 6	<b>Gulika</b> 8:22AM – 10:17AM	<b>Uttaraphalguni</b> Until 10:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:32AM	Plava 5123
		Yama 4:32AM – 6:27AM	Variyan Until 7:11AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 12 - 20
456194461	<b>Rahu</b> 2:07PM – 4:02PM		Kaulava Until 2:15PM	<b>Nataraja:</b> Yellow		3rd Phase
Amrita Yoga			<b>Shashthi*</b> Until 1:37AM Fri	Moon – Red		<b>Bhuloka Day</b>
Until 10:41PM		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

<b>6 Friday, July 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy Sun 21 Sutra 96
Kanya Rasi: 14.04	Tithi 7	<b>Gulika</b> 6:28AM – 8:22AM	<b>Hasta</b> Until 10:07PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:33AM	Plava 5123
		Yama 4:02PM – 5:56PM	Shiva Until 2:53AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 12 - 21
466194461	<b>Rahu</b> 10:17AM – 12:12PM		Gara Until 12:55PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 12:05AM Sat	Moon – Green		<b>Devaloka Day</b>
Until 10:07PM				<b>Ashada*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 22 Sutra 97
Kanya Rasi: 27.53	Tithi 8	<b>Gulika</b> 4:34AM – 6:28AM	<b>Chitra</b> Until 9:02PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM	Plava 5123
		Yama 2:07PM – 4:01PM	Siddha Until 12:17AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 12 - 22
466195462	<b>Rahu</b> 8:23AM – 10:17AM		Visti Until 11:13AM	<b>Nataraja:</b> White		Ashtami
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 10:13PM	Moon – Green		<b>Subha Sivaloka Day</b>
Until 9:02PM				<b>Ashada*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 23 Sutra 98
Tula Rasi: 11.55	Tithi 9	<b>Gulika</b> 4:01PM – 5:55PM	<b>Svati</b> Until 7:30PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM	Plava 5123
		Yama 12:12PM – 2:06PM	Sadhya Until 9:25PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 12 - 23
466195462	<b>Rahu</b> 5:55PM – 7:50PM		Balava Until 9:10AM	<b>Nataraja:</b> White		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 8:00PM	Moon – Green		<b>Subha Sivaloka Day</b>
Until 7:30PM				<b>Ashada*Adi</b>		
Then Routine Work - Marana Yoga						


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Monday, July 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Taitila/Vanija Karana Dashami/Ekodashyam Titau		Trieste, Italy Sun 24 Sutra 99 Plava 5123	
Tula Rasi: 26.1	Tithi 10 – 11	<b>Gulika</b>	2:06PM – 4:00PM	<b>Vishakha</b> Until 5:56PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:36AM	
<b>Family Home Evening</b>	477195462	Yama	10:18AM – 12:12PM	Subha Until 6:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 13 - 24
Routine Work		<b>Rahu</b>	6:30AM – 8:24AM	Taitila Until 6:49AM	<b>Nataraja:</b> White		4th Phase
Until 5:56PM				<b>Dashami</b> Until 5:31PM	Moon – Orange		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada*Adi</b>		

<b>2</b>		<b>Tuesday, July 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Trieste, Italy Sun 25 Sutra 100 Plava 5123	
Vrischika Rasi: 10.35	Tithi 11 – 12	<b>Gulika</b>	12:12PM – 2:06PM	<b>Anuradha</b> Until 4:01PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:37AM	
477195462		Yama	8:24AM – 10:18AM	Sukla Until 3:02PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 13 - 25
Creative Work		<b>Rahu</b>	4:00PM – 5:54PM	Bava Until 1:23AM Wed	<b>Nataraja:</b> White		4th Phase
Until 4:01PM				<b>Ekadashi</b> Until 2:47PM	Moon – Orange		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashada*Adi</b>		

<b>3</b>		<b>Wednesday, July 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 101 Plava 5123	
Vrischika Rasi: 25.09	Tithi 12 – 13	<b>Gulika</b>	10:19AM – 12:12PM	<b>Jyeshtha*</b> Until 1:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:38AM	
477195462		Yama	6:31AM – 8:25AM	Brahma Until 11:37AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 13 - 26
Creative Work		<b>Rahu</b>	12:12PM – 2:06PM	Kaulava Until 10:28PM	<b>Nataraja:</b> White		4th Phase
Until 1:49PM				<b>Dvodashi</b> Until 11:55AM	Moon – Orange		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashada*Adi</b>		
					<i>Pradosha Vrata</i>		

<b>4</b>		<b>Thursday, July 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 102 Plava 5123	
Dhanus Rasi: 9.46	Tithi 13 – 14	<b>Gulika</b>	8:26AM – 10:19AM	<b>Mula*</b> Until 11:51AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:39AM	
487195462		Yama	4:39AM – 6:32AM	Indra Until 8:12AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13 - 27
Creative Work		<b>Rahu</b>	2:06PM – 3:59PM	Gara Until 7:35PM	<b>Nataraja:</b> White		4th Phase
Until 7:35PM				<b>Trayodashi</b> Until 9:00AM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
					<b>Ashada*Adi</b>		

		<b>Friday, July 23, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Trieste, Italy Sun 28 Sutra 103 Plava 5123	
<b>Copper Retreat Star</b>		<b>Gulika</b>	6:33AM – 8:26AM	<b>Purvashadha*</b> Until 9:51AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:40AM	
Dhanus Rasi: 24.2	Tithi 14 – 15	Yama	3:59PM – 5:52PM	Vishkambha* Until 1:36AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13 -
487195462		<b>Rahu</b>	10:19AM – 12:12PM	Bava Until 3:33AM Sat	<b>Nataraja:</b> White		Purnima
Routine Work				<b>Chaturdashi*</b> Until 6:10AM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 9:51AM					<b>Ashada*Adi</b>		
Then Routine Work - Marana Yoga							

<b>Silver Retreat Star</b>		<b>Saturday, July 24, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Trieste, Italy Sun 29 Sutra 104 Plava 5123	
<b>Silver Retreat Star</b>		<b>Gulika</b>	4:41AM – 6:34AM	<b>Uttarashadha</b> Until 7:58AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	
Makara Rasi: 8.44	Tithi 16	Yama	2:05PM – 3:58PM	Priti Until 10:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:44PM	Moon 6 - Phase 13 -
487195462		<b>Rahu</b>	8:27AM – 10:19AM	Balava Until 2:24PM	<b>Nataraja:</b> White		Prathama
Routine Work				<b>Prathama*</b> Until 1:18AM Sun	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 7:58AM					<b>Ashada*Adi</b>		
Then Creative Work - Siddha Yoga							



**Sunday, July 25, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy  
Sun 1  
Sutra 105  
Plava 5123  
Moon 7 - Phase 14 - 1  
1st Phase

Makara Rasi: 22.53    Tithi 17  
498195462  
Creative Work    Amrita Yoga  
Until 6:44AM  
Then Routine Work - Marana Yoga

**Gulika**    3:58PM – 5:50PM  
Yama        12:12PM – 2:05PM  
**Rahu**        5:50PM – 7:43PM

**Shravana Until 6:44AM**  
Ayushman Until 8:09PM  
Taitila Until 12:22PM  
**Dvitiya Until 11:32PM**

**Ganesha:** White    *Sunrise:* 4:42AM  
**Muruqa:** White    *Sunset:* 7:43PM  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

**Sivaloka Day**

**1**

**Monday, July 26, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Trieste, Italy  
Sun 2  
Sutra 106  
Plava 5123  
Moon 7 - Phase 14 - 2  
1st Phase

Kumbha Rasi: 6.43    Tithi 18  
498195462  
Family Home Evening  
Creative Work    Siddha Yoga  
Until 5:33AM Tue  
Then Routine Work - Marana Yoga

**Gulika**    2:05PM – 3:57PM  
Yama        10:20AM – 12:12PM  
**Rahu**        6:35AM – 8:28AM

**Shatabhishak Until 5:33AM Tue**  
Saubhagya Until 6:06PM  
Vanija Until 10:54AM  
**Tritiya Until 10:24PM**

**Ganesha:** White    *Sunrise:* 4:43AM  
**Muruqa:** White    *Sunset:* 7:42PM  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

**Sivaloka Day**

**2**

**Tuesday, July 27, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy  
Sun 3  
Sutra 107  
Plava 5123  
Moon 7 - Phase 14 - 3  
1st Phase

Kumbha Rasi: 20.09    Tithi 19  
418295462  
Routine Work    Marana Yoga  
Until 6:15AM Wed  
Then Creative Work - Siddha Yoga

**Gulika**    12:12PM – 2:04PM  
Yama        8:28AM – 10:20AM  
**Rahu**        3:57PM – 5:49PM

**Purvaprossthapada\* Until 6:15AM Wed**  
Sobhana Until 4:39PM  
Bava Until 10:07AM  
**Chaturthi\* Until 9:59PM**

**Ganesha:** Yellow    *Sunrise:* 4:44AM  
**Muruqa:** White    *Sunset:* 7:41PM  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

**Subha Sivaloka Day**

**3**

**Wednesday, July 28, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy  
Sun 4  
Sutra 108  
Plava 5123  
Moon 7 - Phase 14 - 4  
1st Phase

Meena Rasi: 3.11    Tithi 20  
418295462  
Creative Work    Amrita Yoga  
Until 6:15AM  
Then Creative Work - Siddha Yoga

**Gulika**    10:21AM – 12:12PM  
Yama        6:37AM – 8:29AM  
**Rahu**        12:12PM – 2:04PM

**Purvaprossthapada\* Until 6:15AM**  
Athiganda\* Until 3:46PM  
Kaulava Until 10:05AM  
**Panchami Until 10:21PM**

**Ganesha:** Yellow    *Sunrise:* 4:45AM  
**Muruqa:** White    *Sunset:* 7:39PM  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

**Subha Sivaloka Day**

**4**

**Thursday, July 29, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprossthapada/Revati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy  
Sun 5  
Sutra 109  
Plava 5123  
Moon 7 - Phase 14 - 5  
1st Phase

Meena Rasi: 15.51    Tithi 21  
418295462  
Creative Work    Siddha Yoga

**Gulika**    8:29AM – 10:21AM  
Yama        4:46AM – 6:38AM  
**Rahu**        2:04PM – 3:55PM

**Uttaraprossthapada Until 7:33AM**  
Sukarma Until 3:31PM  
Gara Until 10:50AM  
**Shashthi\* Until 11:27PM**

**Ganesha:** Yellow    *Sunrise:* 4:46AM  
**Muruqa:** White    *Sunset:* 7:38PM  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

**Subha Sivaloka Day**

**5**

**Friday, July 30, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau

Trieste, Italy  
Sun 6  
Sutra 110  
Plava 5123  
Moon 7 - Phase 14 - 6  
1st Phase

Meena Rasi: 28.11    Tithi 22  
418295462  
Creative Work    Siddha Yoga  
Until 9:23AM  
Then Creative Work - Amrita Yoga

**Gulika**    6:39AM – 8:30AM  
Yama        3:55PM – 5:46PM  
**Rahu**        10:21AM – 12:12PM

**Revati Until 9:23AM**  
Dhriti Until 3:48PM  
Visti Until 12:17PM  
**Saptami Until 1:13AM Sat**

**Ganesha:** Yellow    *Sunrise:* 4:47AM  
**Muruqa:** White    *Sunset:* 7:37PM  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

**Subha Sivaloka Day**

**6**

**Saturday, July 31, 2021**  
**Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy  
Sun 7  
Sutra 111  
Plava 5123  
Moon 7 - Phase 14 - 7  
Ashtami

Mesha Rasi: 10.16    Tithi 23  
428215462  
Creative Work    Siddha Yoga

**Gulika**    4:49AM – 6:39AM  
Yama        2:03PM – 3:54PM  
**Rahu**        8:30AM – 10:21AM

**Ashvini Until 12:07PM**  
Shula\* Until 4:30PM  
Balava Until 2:19PM  
**Ashtami\* Until 3:28AM Sun**

**Ganesha:** Blue    *Sunrise:* 4:49AM  
**Muruqa:** White    *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

**Subha Sivaloka Day**

**Sunday, August 1, 2021**  
**Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy  
Sun 8  
Sutra 112  
Plava 5123  
Moon 7 - Phase 14 - 8  
Navami

Mesha Rasi: 22.11    Tithi 24  
429215462  
Routine Work    Prabalarishta Yoga  
Until 3:05PM  
Then Creative Work - Siddha Yoga

**Gulika**    3:53PM – 5:44PM  
Yama        12:12PM – 2:03PM  
**Rahu**        5:44PM – 7:35PM

**Bharani Until 3:05PM**  
Ganda\* Until 5:28PM  
Taitila Until 4:43PM  
**Navami\* Until 5:58AM Mon**

**Ganesha:** Red    *Sunrise:* 4:50AM  
**Muruqa:** White    *Sunset:* 7:35PM  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

**Subha Sivaloka Day**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Monday, August 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vridhhi Yoga Vanija Karana Dashamyam Titau		Sun 9		Trieste, Italy Sutra 113 Plava 5123
Vrishabha Rasi: 3.59	Tithi 25	<b>Gulika</b>	2:02PM – 3:53PM	<b>Krittika</b> Until 6:01PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:51AM		
<b>Family Home Evening</b>	429215462	Yama	10:22AM – 12:12PM	Vridhhi Until 6:34PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15 - 9	
Routine Work		<b>Rahu</b>	6:41AM – 8:31AM	Vanija Until 7:16PM	<b>Nataraja:</b> White		2nd Phase	
Until 6:01PM				<b>Dashami</b> Until 8:30AM Tue	Moon – White			<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashada-Adi</b>			

<b>2</b>		<b>Tuesday, August 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Trieste, Italy Sutra 114 Plava 5123
Vrishabha Rasi: 15.49	Tithi 25 – 26	<b>Gulika</b>	12:12PM – 2:02PM	<b>Rohini</b> Until 9:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:52AM		
	439215462	Yama	8:32AM – 10:22AM	Dhruva Until 7:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15 - 10	
Creative Work		<b>Rahu</b>	3:52PM – 5:42PM	Bava Until 9:43PM	<b>Nataraja:</b> White		2nd Phase	
Until 9:12PM				<b>Dashami</b> Until 8:30AM	Moon – Yellow			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada-Adi</b>			

<b>3</b>		<b>Wednesday, August 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11		Trieste, Italy Sutra 115 Plava 5123
Vrishabha Rasi: 27.42	Tithi 26 – 27	<b>Gulika</b>	10:22AM – 12:12PM	<b>Mrigashira</b> Until 11:54PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:53AM		
	439215462	Yama	6:43AM – 8:33AM	Vyaghata* Until 8:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15 - 11	
Creative Work		<b>Rahu</b>	12:12PM – 2:02PM	Kaulava Until 11:49PM	<b>Nataraja:</b> White		2nd Phase	
Until 9:12PM				<b>Ekadashi*</b> Until 10:48AM	Moon – Yellow			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada-Adi</b>			

<b>4</b>		<b>Thursday, August 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12		Trieste, Italy Sutra 116 Plava 5123
Mithuna Rasi: 9.44	Tithi 27 – 28	<b>Gulika</b>	8:33AM – 10:22AM	<b>Ardra</b> Until 1:57AM Fri	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:54AM		
	439215462	Yama	4:54AM – 6:44AM	Harshana Until 8:42PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 15 - 12	
Routine Work		<b>Rahu</b>	2:01PM – 3:51PM	Gara Until 1:26AM Fri	<b>Nataraja:</b> White		2nd Phase	
Until 1:57AM Fri				<b>Dvadashi*</b> Until 12:40PM	Moon – Yellow			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada-Adi</b>			

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Friday, August 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Trieste, Italy Sutra 117 Plava 5123
Mithuna Rasi: 21.59	Tithi 28 – 29	<b>Gulika</b>	6:45AM – 8:34AM	<b>Punarvasu</b> Until 3:46AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:56AM		
	449215462	Yama	3:50PM – 5:39PM	Vajra* Until 8:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 15 - 13	
Creative Work		<b>Rahu</b>	10:23AM – 12:12PM	Visti Until 2:28AM Sat	<b>Nataraja:</b> White		2nd Phase	
Until 9:12PM				<b>Trayodashi*</b> Until 2:00PM	Moon – Blue			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada-Adi</b>			

<b>Retreat Star</b>		<b>Saturday, August 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14		Trieste, Italy Sutra 118 Plava 5123
Kataka Rasi: 4.3	Tithi 29 – 30	<b>Gulika</b>	4:57AM – 6:45AM	<b>Pushya</b> Until 4:50AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:57AM		
	449215462	Yama	2:00PM – 3:49PM	Siddhi Until 8:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 15 - 14	
Creative Work		<b>Rahu</b>	8:34AM – 10:23AM	Catuspada Until 2:54AM Sun	<b>Nataraja:</b> White		Amavasya	
Until 9:12PM				<b>Chaturdashi*</b> Until 2:44PM	Moon – Blue			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada-Adi</b>			

<b>Retreat Star</b>		<b>Sunday, August 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 15		Trieste, Italy Sutra 119 Plava 5123
Kataka Rasi: 17.17	Tithi 30 – 1	<b>Gulika</b>	3:48PM – 5:37PM	<b>Ashlesha*</b> Until 5:11AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM		
	449215462	Yama	12:11PM – 2:00PM	Vyatipata* Until 7:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 15 - 15	
Creative Work		<b>Rahu</b>	5:37PM – 7:25PM	Kintughna Until 2:45AM Mon	<b>Nataraja:</b> White		Prathama	
Until 5:11AM Mon				<b>Amavasya*</b> Until 2:52PM	Moon – Blue			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Sravana-Adi</b>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Trieste, Italy on 5/23/19

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<b>Monday, August 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy
<b>1</b>						Sun 16 Sutra 120
Simha Rasi: 0.21	Tithi 1 – 2	<b>Gulika</b> 1:59PM – 3:47PM	<b>Magha* Until 5:22AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:59AM	Plava 5123
<b>Family Home Evening</b>	451215462	Yama 10:23AM – 12:11PM	Variyan Until 5:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16 - 16
Routine Work Marana Yoga		<b>Rahu</b> 6:47AM – 8:35AM	Balava Until 2:06AM Tue	<b>Nataraja:</b> White		3rd Phase
Until 5:22AM Tue			<b>Prathama* Until 2:28PM</b>	Moon – Red		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>		

<b>Tuesday, August 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy
<b>2</b>						Sun 17 Sutra 121
Simha Rasi: 13.41	Tithi 2 – 3	<b>Gulika</b> 12:11PM – 1:59PM	<b>Purvaphalguni Until 5:00AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM	Plava 5123
	451215462	Yama 8:36AM – 10:23AM	Parigha* Until 3:57PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 - 17
Creative Work Siddha Yoga		<b>Rahu</b> 3:47PM – 5:34PM	Taitila Until 1:03AM Wed	<b>Nataraja:</b> White		3rd Phase
Until 5:00AM Wed			<b>Dvitiya Until 1:36PM</b>	Moon – Red		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Adi</b>		

<b>Wednesday, August 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Trieste, Italy
<b>3</b>						Sun 18 Sutra 122
Simha Rasi: 27.13	Tithi 3 – 4	<b>Gulika</b> 10:24AM – 12:11PM	<b>Uttaraphalguni Until 4:11AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Plava 5123
	451215462	Yama 6:49AM – 8:36AM	Shiva Until 1:55PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 16 - 18
Creative Work Amrita Yoga		<b>Rahu</b> 12:11PM – 1:58PM	Vanija Until 11:41PM	<b>Nataraja:</b> White		3rd Phase
Until 4:11AM Thu			<b>Tritiya Until 12:23PM</b>	Moon – Red		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Sravana-Adi</b>		

<b>Thursday, August 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy
<b>4</b>						Sun 19 Sutra 123
Kanya Rasi: 10.57	Tithi 4 – 5	<b>Gulika</b> 8:37AM – 10:24AM	<b>Hasta Until 3:26AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM	Plava 5123
	461215462	Yama 5:03AM – 6:50AM	Siddha Until 11:38AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 16 - 19
Routine Work Marana Yoga		<b>Rahu</b> 1:58PM – 3:45PM	Bava Until 10:04PM	<b>Nataraja:</b> White		3rd Phase
Until 3:26AM Fri			<b>Chaturthi* Until 10:53AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		

<b>Friday, August 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy
<b>5</b>						Sun 20 Sutra 124
Kanya Rasi: 24.48	Tithi 5 – 6	<b>Gulika</b> 6:51AM – 8:37AM	<b>Chitra Until 2:23AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	Plava 5123
	461215462	Yama 3:44PM – 5:31PM	Sadhya Until 9:12AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 16 - 20
Creative Work Siddha Yoga		<b>Rahu</b> 10:24AM – 12:11PM	Kaulava Until 8:17PM	<b>Nataraja:</b> White		3rd Phase
			<b>Panchami Until 9:11AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>Saturday, August 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy
<b>6</b>						Sun 21 Sutra 125
Tula Rasi: 8.46	Tithi 6 – 7	<b>Gulika</b> 5:05AM – 6:51AM	<b>Svati Until 1:03AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	Plava 5123
	461215462	Yama 1:57PM – 3:43PM	Subha Until 6:39AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 16 - 21
Creative Work Siddha Yoga		<b>Rahu</b> 8:38AM – 10:24AM	Gara Until 6:22PM	<b>Nataraja:</b> White		3rd Phase
Until 1:03AM Sun			<b>Shashthi* Until 7:19AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Sravana-Adi</b>		

<b>Sunday, August 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy
<b>Retreat Star</b>						Sun 22 Sutra 126
Tula Rasi: 22.48	Tithi 8	<b>Gulika</b> 3:42PM – 5:28PM	<b>Vishakha Until 11:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM	Plava 5123
	471215462	Yama 12:10PM – 1:56PM	Brahma Until 1:13AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 16 - 22
Routine Work Marana Yoga		<b>Rahu</b> 5:28PM – 7:14PM	Visti Until 4:20PM	<b>Nataraja:</b> White		Ashtami
			<b>Ashtami* Until 3:15AM Mon</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>Monday, August 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy
<b>Retreat Star</b>						Sun 23 Sutra 127
Vrischika Rasi: 6.55	Tithi 9	<b>Gulika</b> 1:56PM – 3:41PM	<b>Anuradha Until 10:31PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:08AM	Plava 5123
<b>Family Home Evening</b>	471215462	Yama 10:24AM – 12:10PM	Indra Until 10:25PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 16 - 23
Creative Work Siddha Yoga		<b>Rahu</b> 6:53AM – 8:39AM	Balava Until 2:12PM	<b>Nataraja:</b> White		Navami
			<b>Navami* Until 1:05AM Tue</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		


Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita


<b>1</b>		<b>Tuesday, August 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau		Trieste, Italy Sun 24 Sutra 128 Plava 5123	
Vrischika Rasi: 21.04	Tithi 10	<b>Gulika</b> 12:10PM – 1:55PM	<b>Jyeshtha* Until 8:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:09AM		
		Yama 8:39AM – 10:25AM	Vaidhriti* Until 7:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17 - 24	
	571215462	<b>Rahu</b> 3:40PM – 5:26PM	Taitila Until 12:00PM	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 10:51PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 8:56PM				<b>Sravana•Avani</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, August 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Trieste, Italy Sun 25 Sutra 129 Plava 5123	
Dhanus Rasi: 5.16	Tithi 11	<b>Gulika</b> 10:25AM – 12:10PM	<b>Mula* Until 7:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM		
		Yama 6:55AM – 8:40AM	Vishkambha* Until 4:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17 - 25	
	581215462	<b>Rahu</b> 12:10PM – 1:55PM	Vanija Until 9:45AM	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi Until 8:36PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 7:36PM				<b>Sravana•Avani</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Thursday, August 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Trieste, Italy Sun 26 Sutra 130 Plava 5123	
Dhanus Rasi: 19.28	Tithi 12	<b>Gulika</b> 8:40AM – 10:25AM	<b>Purvashadha* Until 6:10PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:11AM		
		Yama 5:11AM – 6:56AM	Priti Until 1:46PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17 - 26	
	582215462	<b>Rahu</b> 1:54PM – 3:39PM	Bava Until 7:30AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 6:24PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:10PM				<b>Sravana•Avani</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Friday, August 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 131 Plava 5123	
Makara Rasi: 3.37	Tithi 13 – 14	<b>Gulika</b> 6:57AM – 8:41AM	<b>Uttarashadha Until 4:44PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:12AM		
		Yama 3:38PM – 5:22PM	Ayushman Until 10:58AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 17 - 27	
	582215462	<b>Rahu</b> 10:25AM – 12:09PM	Gara Until 3:23AM Sat	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 4:19PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
		<b>Chidambaram Abhishekam</b>		<b>Sravana•Avani</b>			
				<i>Pradosha Vrata</i>			

		<b>Saturday, August 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Trieste, Italy Sun 28 Sutra 132 Plava 5123	
Makara Rasi: 17.38	Tithi 14 – 15	<b>Gulika</b> 5:14AM – 6:57AM	<b>Shravana Until 3:48PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM		
		Yama 1:53PM – 3:37PM	Saubhagya Until 8:21AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 17 -	
	592315462	<b>Rahu</b> 8:41AM – 10:25AM	Visti Until 1:42AM Sun	<b>Nataraja:</b> White		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:29PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
		<b>Raksha Bandhan</b>		<b>Sravana•Avani</b>			

		<b>Sunday, August 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Trieste, Italy Sun 29 Sutra 133 Plava 5123	
Kumbha Rasi: 1.29	Tithi 15 – 16	<b>Gulika</b> 3:36PM – 5:19PM	<b>Dhanishtha Until 3:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:15AM		
		Yama 12:09PM – 1:52PM	Siddhi Until 6:00AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 17 -	
	592315462	<b>Rahu</b> 5:19PM – 7:03PM	Balava Until 12:26AM Mon	<b>Nataraja:</b> White		Prathama	
Routine Work	Marana Yoga		<b>Purnima* Until 12:59PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
Until 3:06PM		<b>Avani Avittam</b>		<b>Sravana•Avani</b>			
Then Creative Work - Siddha Yoga							





**Monday, August 23, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Pratham/Dvityayam Titau

Trieste, Italy  
Sutra 134  
Plava 5123  
Moon 8 - Phase 18 -  
1st Phase

Kumbha Rasi: 15.03    Tithi 16 – 17  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 2:43PM  
Then Routine Work - Marana Yoga

**Gulika** 1:52PM – 3:35PM  
Yama 10:25AM – 12:08PM  
**Rahu** 6:59AM – 8:42AM

**Shatabhishak** Until 2:43PM  
Sukarma Until 2:25AM Tue  
Taitila Until 11:42PM  
**Prathama\*** Until 11:58AM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon – Purple  
**Sravana-Avani**

*Sunrise:* 5:16AM  
*Sunset:* 7:01PM

**Subha Sivaloka Day**

**1**

**Tuesday, August 24, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitya/Trityayam Titau

Trieste, Italy  
Sun 1  
Sutra 135  
Plava 5123  
Moon 8 - Phase 18 - 1  
1st Phase

Kumbha Rasi: 28.19    Tithi 17 – 18  
Routine Work    Marana Yoga  
Until 3:14PM  
Then Creative Work - Amrita Yoga

**Gulika** 12:08PM – 1:51PM  
Yama 8:43AM – 10:25AM  
**Rahu** 3:34PM – 5:16PM

**Purvaproshtapada\*** Until 3:14PM  
Dhriti Until 1:22AM Wed  
Vanija Until 11:36PM  
**Dvitya** Until 11:33AM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

*Sunrise:* 5:17AM  
*Sunset:* 6:59PM

**Subha Sivaloka Day**

**2**

**Wednesday, August 25, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Shula\* Yoga Visti\*/Bava Karana Tritya/Chaturthyam Titau

Trieste, Italy  
Sun 2  
Sutra 136  
Plava 5123  
Moon 8 - Phase 18 - 2  
1st Phase

Meena Rasi: 11.14    Tithi 18 – 19  
Creative Work    Siddha Yoga  
Until 4:15PM  
Then Routine Work - Marana Yoga

**Gulika** 10:26AM – 12:08PM  
Yama 7:01AM – 8:43AM  
**Rahu** 12:08PM – 1:50PM

**Uttaraproshtapada** Until 4:15PM  
Shula\* Until 12:51AM Thu  
Bava Until 12:12AM Thu  
**Tritya** Until 11:47AM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

*Sunrise:* 5:18AM  
*Sunset:* 6:57PM

**Subha Sivaloka Day**

**3**

**Thursday, August 26, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy  
Sun 3  
Sutra 137  
Plava 5123  
Moon 8 - Phase 18 - 3  
1st Phase

Meena Rasi: 23.5    Tithi 19 – 20  
Creative Work    Siddha Yoga  
Until 5:47PM  
Then Creative Work - Amrita Yoga

**Gulika** 8:44AM – 10:26AM  
Yama 5:20AM – 7:02AM  
**Rahu** 1:50PM – 3:32PM

**Revati** Until 5:47PM  
Ganda\* Until 12:52AM Fri  
Kaulava Until 1:28AM Fri  
**Chaturthi\*** Until 12:44PM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

*Sunrise:* 5:20AM  
*Sunset:* 6:56PM

**Subha Sivaloka Day**

**4**

**Friday, August 27, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy  
Sun 4  
Sutra 138  
Plava 5123  
Moon 8 - Phase 18 - 4  
1st Phase

Mesha Rasi: 6.08    Tithi 20 – 21  
Creative Work    Amrita Yoga  
Until 8:16PM  
Then Creative Work - Siddha Yoga

**Gulika** 7:03AM – 8:44AM  
Yama 3:31PM – 5:12PM  
**Rahu** 10:26AM – 12:07PM

**Ashvini** Until 8:16PM  
Vriddhi Until 1:22AM Sat  
Gara Until 3:22AM Sat  
**Panchami** Until 2:20PM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

*Sunrise:* 5:21AM  
*Sunset:* 6:54PM

**Devaloka Day**

**5**

**Saturday, August 28, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Trieste, Italy  
Sun 5  
Sutra 139  
Plava 5123  
Moon 8 - Phase 18 - 5  
1st Phase

Mesha Rasi: 18.11    Tithi 21 – 22  
Creative Work    Siddha Yoga  
Until 11:04PM  
Then Creative Work - Amrita Yoga

**Gulika** 5:22AM – 7:03AM  
Yama 1:48PM – 3:30PM  
**Rahu** 8:45AM – 10:26AM

**Bharani** Until 11:04PM  
Dhruva Until 2:12AM Sun  
Visti Until 5:42AM Sun  
**Shashthi\*** Until 4:28PM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

*Sunrise:* 5:22AM  
*Sunset:* 6:52PM

**Devaloka Day**

**6**

**Sunday, August 29, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vyaghata\* Yoga Bava Karana Saptamyam Titau

Trieste, Italy  
Sun 6  
Sutra 140  
Plava 5123  
Moon 8 - Phase 18 - 6  
1st Phase

Vrishabha Rasi: 0.05    Tithi 22  
Creative Work    Siddha Yoga  
Until 1:57AM Mon  
Then Creative Work - Amrita Yoga

**Gulika** 3:29PM – 5:09PM  
Yama 12:07PM – 1:48PM  
**Rahu** 5:09PM – 6:50PM

**Krittika** Until 1:57AM Mon  
Vyaghata\* Until 3:13AM Mon  
Bava Until 6:56PM  
**Saptami** Until 6:56PM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Clear  
Moon – White  
**Sravana-Avani**

*Sunrise:* 5:23AM  
*Sunset:* 6:50PM

**Devaloka Day**

**Monday, August 30, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy  
Sun 7  
Sutra 141  
Plava 5123  
Moon 8 - Phase 18 - 7  
Ashtami

Vrishabha Rasi: 11.53    Tithi 23  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 5:12AM Tue  
Then Creative Work - Siddha Yoga

**Gulika** 1:47PM – 3:27PM  
Yama 10:26AM – 12:06PM  
**Rahu** 7:05AM – 8:46AM

**Krishna Janmashtami**

**Rohini** Until 5:12AM Tue  
Harshana Until 4:16AM Tue  
Balava Until 8:15AM  
**Ashtami\*** Until 9:30PM

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Clear  
Moon – Yellow  
**Sravana-Avani**

*Sunrise:* 5:25AM  
*Sunset:* 6:48PM

**Sivaloka Day**

**Tuesday, August 31, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy  
Sun 8  
Sutra 142  
Plava 5123  
Moon 8 - Phase 18 - 8  
Navami

Vrishabha Rasi: 23.43    Tithi 24  
Creative Work    Siddha Yoga

**Gulika** 12:06PM – 1:46PM  
Yama 8:46AM – 10:26AM  
**Rahu** 3:26PM – 5:06PM

**Mrigashira** Until 8:02AM Wed  
Vajra\* Until 5:06AM Wed  
Taitila Until 10:45AM  
**Navami\*** Until 11:53PM

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Clear  
Moon – Yellow  
**Sravana-Avani**

*Sunrise:* 5:26AM  
*Sunset:* 6:47PM

**Sivaloka Day**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Trieste, Italy on 5/23/19

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, September 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Trieste, Italy Sun 9 Sutra 143 Plava 5123
	Mithuna Rasi: 5.38	Tithi 25	<b>Gulika</b> 10:26AM – 12:06PM	<b>Mrigashira</b> Until 8:02AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:27AM		
			Yama 7:07AM – 8:46AM	Siddhi Until 5:36AM Thu	<b>Muruqa:</b> White <i>Sunset:</i> 6:45PM		Moon 8 - Phase 19 - 9
	533315463	<b>Rahu</b> 12:06PM – 1:46PM		Vanija Until 12:58PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:52AM Thu	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Thursday, September 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Trieste, Italy Sun 10 Sutra 144 Plava 5123
	Mithuna Rasi: 17.44	Tithi 26	<b>Gulika</b> 8:47AM – 10:26AM	<b>Ardra</b> Until 10:15AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:28AM		
			Yama 5:28AM – 7:08AM	Vyatipata* Until 5:38AM Fri	<b>Muruqa:</b> White <i>Sunset:</i> 6:43PM		Moon 8 - Phase 19 - 10
	533315463	<b>Rahu</b> 1:45PM – 3:24PM		Bava Until 2:39PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 3:14AM Fri	Moon – Yellow		<b>Sivaloka Day</b>	
Until 10:15AM				<b>Sravana-Avani</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Friday, September 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Trieste, Italy Sun 11 Sutra 145 Plava 5123
	Kataka Rasi: 0.05	Tithi 27	<b>Gulika</b> 7:08AM – 8:47AM	<b>Punarvasu</b> Until 12:10PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:29AM		
			Yama 3:23PM – 5:02PM	Variyan Until 5:05AM Sat	<b>Muruqa:</b> White <i>Sunset:</i> 6:41PM		Moon 8 - Phase 19 - 11
	533315463	<b>Rahu</b> 10:26AM – 12:05PM		Kaulava Until 3:41PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 3:55AM Sat	Moon – Blue		<b>Devaloka Day</b>	
Until 12:10PM				<b>Sravana-Avani</b>			
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Saturday, September 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Trieste, Italy Sun 12 Sutra 146 Plava 5123
	Kataka Rasi: 12.46	Tithi 28	<b>Gulika</b> 5:31AM – 7:09AM	<b>Pushya</b> Until 1:14PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:31AM		
			Yama 1:43PM – 3:22PM	Parigha* Until 4:00AM Sun	<b>Muruqa:</b> White <i>Sunset:</i> 6:39PM		Moon 8 - Phase 19 - 12
	533315463	<b>Rahu</b> 8:48AM – 10:26AM		Gara Until 4:00PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 3:53AM Sun	Moon – Blue		<b>Devaloka Day</b>	
Until 1:14PM				<b>Sravana-Avani</b>			
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, September 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Trieste, Italy Sun 13 Sutra 147 Plava 5123
	Kataka Rasi: 25.47	Tithi 29	<b>Gulika</b> 3:21PM – 4:59PM	<b>Ashlesha*</b> Until 1:28PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:32AM		
			Yama 12:05PM – 1:43PM	Shiva Until 2:24AM Mon	<b>Muruqa:</b> White <i>Sunset:</i> 6:37PM		Moon 8 - Phase 19 - 13
	533315463	<b>Rahu</b> 4:59PM – 6:37PM		Visti Until 3:37PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:10AM Mon	Moon – Blue		<b>Devaloka Day</b>	
Until 1:28PM				<b>Sravana-Avani</b>			
Then Routine Work - Marana Yoga							

<b>●</b>	<b>Monday, September 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Trieste, Italy Sun 14 Sutra 148 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 1:42PM – 3:20PM	<b>Magha*</b> Until 1:22PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:33AM		
	Simha Rasi: 9.09	Tithi 30	Yama 10:26AM – 12:04PM	Siddha Until 12:18AM Tue	<b>Muruqa:</b> White <i>Sunset:</i> 6:35PM		Moon 8 - Phase 19 - 14
	533315463	<b>Rahu</b> 7:11AM – 8:49AM		Catuspada Until 2:37PM	<b>Nataraja:</b> Clear		Amavasya
Family Home Evening	Marana Yoga		<b>Amavasya*</b> Until 1:53AM Tue	Moon – Red		<b>Devaloka Day</b>	
Routine Work				<b>Sravana-Avani</b>			
Until 1:22PM							
Then Creative Work - Siddha Yoga							

<b>●</b>	<b>Tuesday, September 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Trieste, Italy Sun 15 Sutra 149 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:41PM	<b>Purvaphalguni</b> Until 12:35PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:34AM		
	Simha Rasi: 22.51	Tithi 1	Yama 8:49AM – 10:26AM	Sadhya Until 9:50PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:34PM		Moon 8 - Phase 19 - 15
	533315463	<b>Rahu</b> 3:19PM – 4:56PM		Kintughna Until 1:05PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 12:09AM Wed	Moon – Red		<b>Devaloka Day</b>	
Until 12:35PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

1	<b>Wednesday, September 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy Sun 16 Sutra 150 Plava 5123
	Kanya Rasi: 6.48	Tithi 2	<b>Gulika</b> Yama	<b>10:27AM – 12:04PM</b> 7:12AM – 8:50AM	<b>Uttaraphalguni Until 11:17AM</b> Subha Until 7:06PM	<b>Ganesha: Purple</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Red	Sunrise: 5:35AM Sunset: 6:32PM Moon 8 - Phase 20 - 16 3rd Phase
	Creative Work	Amrita Yoga	563315463	<b>Rahu</b> 12:04PM – 1:41PM	Balava Until 11:10AM Dvitiya Until 10:04PM	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
	Until 11:17AM Then Routine Work - Marana Yoga						

2	<b>Thursday, September 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Trieste, Italy Sun 17 Sutra 151 Plava 5123
	Kanya Rasi: 20.58	Tithi 3	<b>Gulika</b> Yama	<b>8:50AM – 10:27AM</b> 5:37AM – 7:13AM	<b>Hasta Until 9:59AM</b> Sukla Until 4:09PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Green	Sunrise: 5:37AM Sunset: 6:30PM Moon 8 - Phase 20 - 17 3rd Phase
	Routine Work	Marana Yoga	563315463	<b>Rahu</b> 1:40PM – 3:16PM	Taitila Until 8:58AM Tritiya Until 7:48PM	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
	Until 9:59AM Then Creative Work - Siddha Yoga						

3	<b>Friday, September 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 18 Sutra 152 Plava 5123
	Tula Rasi: 5.13	Tithi 4 – 5	<b>Gulika</b> Yama	<b>7:14AM – 8:50AM</b> 3:15PM – 4:52PM	<b>Chitra Until 8:25AM</b> Brahma Until 1:08PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Green	Sunrise: 5:38AM Sunset: 6:28PM Moon 8 - Phase 20 - 18 3rd Phase
	Creative Work	Siddha Yoga	563315463	<b>Rahu</b> 10:27AM – 12:03PM	Vanija Until 6:38AM Chaturthi* Until 5:26PM	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
			<b>Ganesha Chaturthi</b>				

4	<b>Saturday, September 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 19 Sutra 153 Plava 5123
	Tula Rasi: 19.3	Tithi 5 – 6	<b>Gulika</b> Yama	<b>5:39AM – 7:15AM</b> 1:38PM – 3:14PM	<b>Svati Until 6:40AM</b> Indra Until 10:07AM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Green	Sunrise: 5:39AM Sunset: 6:26PM Moon 8 - Phase 20 - 19 3rd Phase
	Creative Work	Siddha Yoga	563315463	<b>Rahu</b> 8:51AM – 10:27AM	Kaulava Until 1:56AM Sun Panchami Until 3:04PM	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>

5	<b>Sunday, September 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 20 Sutra 154 Plava 5123
	Vrischika Rasi: 3.46	Tithi 6 – 7	<b>Gulika</b> Yama	<b>3:13PM – 4:49PM</b> 12:02PM – 1:38PM	<b>Anuradha Until 3:49AM Mon</b> Vaidhriti* Until 7:08AM	<b>Ganesha: Orange</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Orange	Sunrise: 5:40AM Sunset: 6:24PM Moon 8 - Phase 20 - 20 3rd Phase
	Routine Work	Marana Yoga	573315463	<b>Rahu</b> 4:49PM – 6:24PM	Gara Until 11:42PM Shashthi* Until 12:47PM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>
	Until 3:49AM Mon Then Creative Work - Siddha Yoga		<b>Grandparent's Day</b>				

D	<b>Monday, September 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visi* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 21 Sutra 155 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>1:37PM – 3:12PM</b> 10:27AM – 12:02PM	<b>Jyeshtha* Until 2:22AM Tue</b> Priti Until 1:29AM Tue	<b>Ganesha: Orange</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Orange	Sunrise: 5:42AM Sunset: 6:22PM Moon 8 - Phase 20 - 21 Ashtami
	Vrischika Rasi: 17.56	Tithi 7 – 8	573315463	<b>Rahu</b> 7:17AM – 8:52AM	Visiti Until 9:37PM Saptami Until 10:37AM	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>
	Family Home Evening Creative Work Siddha Yoga Until 2:22AM Tue Then Creative Work - Amrita Yoga						

D	<b>Tuesday, September 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 22 Sutra 156 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>12:01PM – 1:36PM</b> 8:52AM – 10:27AM	<b>Mula* Until 1:22AM Wed</b> Ayushman Until 10:50PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Light Blue	Sunrise: 5:43AM Sunset: 6:20PM Moon 8 - Phase 20 - 22 Navami
	Dhanus Rasi: 2.02	Tithi 8 – 9	583315463	<b>Rahu</b> 3:11PM – 4:45PM	Balava Until 7:41PM Ashtami* Until 8:36AM	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
	Creative Work Amrita Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b>	<b>Wednesday, September 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Gara Karana Navami/Dashmyam Titau			Trieste, Italy Sun 23 Sutra 157 Plava 5123	
	Dhanus Rasi: 16.01	Tithi 9 - 10	<b>Gulika</b> 10:27AM - 12:01PM	<b>Purvashadha* Until 12:24AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:44AM</i>		
			Yama 7:18AM - 8:53AM	Saubhagya Until 8:20PM	<b>Muruqa:</b> White <i>Sunset: 6:18PM</i>	Moon 8 - Phase 21 - 23	
		583315463	<b>Rahu</b> 12:01PM - 1:35PM	Gara Until 5:06AM Thu	<b>Nataraja:</b> Clear	4th Phase	
Creative Work Amrita Yoga						<b>Devaloka Day</b>	
Until 12:24AM Thu			<b>Navami* Until 6:46AM</b>			<b>Bhadrapada*Avani</b>	
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Thursday, September 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau			Trieste, Italy Sun 24 Sutra 158 Plava 5123	
	Dhanus Rasi: 29.53	Tithi 11	<b>Gulika</b> 8:53AM - 10:27AM	<b>Uttarashadha Until 11:29PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:45AM</i>		
			Yama 5:45AM - 7:19AM	Sobhana Until 6:00PM	<b>Muruqa:</b> White <i>Sunset: 6:16PM</i>	Moon 8 - Phase 21 - 24	
		584415463	<b>Rahu</b> 1:35PM - 3:08PM	Vanija Until 4:22PM	<b>Nataraja:</b> Clear	4th Phase	
Routine Work Marana Yoga						<b>Devaloka Day</b>	
Until 11:29PM			<b>Ekadashi Until 3:39AM Fri</b>			<b>Bhadrapada*Puratasi</b>	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Friday, September 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau			Trieste, Italy Sun 25 Sutra 159 Plava 5123	
	Makara Rasi: 13.37	Tithi 12	<b>Gulika</b> 7:20AM - 8:53AM	<b>Shravana Until 11:05PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:46AM</i>		
			Yama 3:07PM - 4:41PM	Athiganda* Until 3:49PM	<b>Muruqa:</b> White <i>Sunset: 6:14PM</i>	Moon 8 - Phase 21 - 25	
		594415463	<b>Rahu</b> 10:27AM - 12:00PM	Bava Until 3:01PM	<b>Nataraja:</b> Clear	4th Phase	
Routine Work Marana Yoga						<b>Sivaloka Day</b>	
Until 11:05PM			<b>Dvadashi Until 2:25AM Sat</b>			<b>Bhadrapada*Puratasi</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Saturday, September 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau			Trieste, Italy Sun 26 Sutra 160 Plava 5123	
	Makara Rasi: 27.13	Tithi 13	<b>Gulika</b> 5:48AM - 7:21AM	<b>Dhanishtha Until 10:50PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:48AM</i>		
			Yama 1:33PM - 3:06PM	Sukarma Until 1:52PM	<b>Muruqa:</b> White <i>Sunset: 6:12PM</i>	Moon 8 - Phase 21 - 26	
		594415463	<b>Rahu</b> 8:54AM - 10:27AM	Kaulava Until 1:56PM	<b>Nataraja:</b> Clear	4th Phase	
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
Until 10:50PM			<b>Trayodashi Until 1:30AM Sun</b>			<b>Bhadrapada*Puratasi</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Sunday, September 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau			Trieste, Italy Sun 27 Sutra 161 Plava 5123	
	Kumbha Rasi: 10.38	Tithi 14	<b>Gulika</b> 3:05PM - 4:38PM	<b>Shatabhishak Until 10:47PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:49AM</i>		
			Yama 12:00PM - 1:32PM	Dhriti Until 12:12PM	<b>Muruqa:</b> White <i>Sunset: 6:10PM</i>	Moon 8 - Phase 21 - 27	
		594415463	<b>Rahu</b> 4:38PM - 6:10PM	Gara Until 1:12PM	<b>Nataraja:</b> Clear	4th Phase	
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
			<b>Chidambaram Abhishekam</b>	<b>Chaturdashi* Until 12:58AM Mon</b>	<b>Bhadrapada*Puratasi</b>		

	<b>Monday, September 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau			Trieste, Italy Sun 28 Sutra 162 Plava 5123	
	Kumbha Rasi: 23.51	Tithi 15	<b>Gulika</b> 1:32PM - 3:04PM	<b>Purvaproshtpada* Until 11:29PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:50AM</i>		
	<b>Family Home Evening</b>		Yama 10:27AM - 11:59AM	Shula* Until 10:50AM	<b>Muruqa:</b> White <i>Sunset: 6:09PM</i>	Moon 8 - Phase 21 - Purnima	
		514415463	<b>Rahu</b> 7:22AM - 8:55AM	Visti Until 12:53PM	<b>Nataraja:</b> Clear	4th Phase	
Routine Work Marana Yoga						<b>Sivaloka Day</b>	
Until 11:29PM			<b>Purnima* Until 12:53AM Tue</b>			<b>Bhadrapada*Puratasi</b>	
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Tuesday, September 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Prathamayam Titau			Trieste, Italy Sun 29 Sutra 163 Plava 5123	
	Meena Rasi: 6.49	Tithi 16	<b>Gulika</b> 11:59AM - 1:31PM	<b>Uttaraproshtpada Until 12:33AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:51AM</i>		
			Yama 8:55AM - 10:27AM	Ganda* Until 9:52AM	<b>Muruqa:</b> White <i>Sunset: 6:07PM</i>	Moon 8 - Phase 21 - Prathama	
		514415463	<b>Rahu</b> 3:03PM - 4:35PM	Balava Until 1:03PM	<b>Nataraja:</b> Clear	4th Phase	
Creative Work Amrita Yoga						<b>Sivaloka Day</b>	
Until 12:33AM Wed			<b>Prathama* Until 1:20AM Wed</b>			<b>Bhadrapada*Puratasi</b>	
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy  
Sun 1  
Sutra 164  
Plava 5123  
Moon 9 - Phase 22 - 1  
1st Phase

Meena Rasi: 19.31 Tithi 17  
514415463  
Rahu  
Routine Work Marana Yoga  
Until 2:01AM Thu  
Then Creative Work - Amrita Yoga

Gulika 10:27AM – 11:59AM  
Yama 7:24AM – 8:56AM  
Rahu 11:59AM – 1:30PM

Revati Until 2:01AM Thu  
Vriddhi Until 9:20AM  
Taitila Until 1:48PM  
Dvitiya Until 2:22AM Thu

Ganesha: Red Sunrise: 5:53AM  
Muruga: White Sunset: 6:05PM  
Nataraja: Clear  
Moon – Clear  
Sivaloka Day  
Bhadrapada-Puratasi

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Trieste, Italy  
Sun 2  
Sutra 165  
Plava 5123  
Moon 9 - Phase 22 - 2  
1st Phase

Mesha Rasi: 1.57 Tithi 18  
524415463  
Rahu  
Creative Work Amrita Yoga  
Until 4:22AM Fri  
Then Creative Work - Siddha Yoga

Gulika 8:56AM – 10:27AM  
Yama 5:54AM – 7:25AM  
Rahu 1:29PM – 3:00PM

Ashvini Until 4:22AM Fri  
Dhruva Until 9:14AM  
Vanija Until 3:08PM  
Tritiya Until 3:59AM Fri

Ganesha: Green Sunrise: 5:54AM  
Muruga: White Sunset: 6:03PM  
Nataraja: Clear  
Moon – White  
Devaloka Day  
Bhadrapada-Puratasi

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Trieste, Italy  
Sun 3  
Sutra 166  
Plava 5123  
Moon 9 - Phase 22 - 3  
1st Phase

Mesha Rasi: 14.09 Tithi 19  
524415463  
Rahu  
Creative Work Siddha Yoga  
Until 7:02AM Sat  
Then Creative Work - Amrita Yoga

Gulika 7:26AM – 8:56AM  
Yama 2:59PM – 4:30PM  
Rahu 10:27AM – 11:58AM

Bharani Until 7:02AM Sat  
Vyaghata\* Until 9:35AM  
Bava Until 5:01PM  
Chaturthi\* Until 6:07AM Sat

Ganesha: Green Sunrise: 5:55AM  
Muruga: White Sunset: 6:01PM  
Nataraja: Clear  
Moon – White  
Devaloka Day  
Bhadrapada-Puratasi

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy  
Sun 4  
Sutra 167  
Plava 5123  
Moon 9 - Phase 22 - 4  
1st Phase

Mesha Rasi: 26.08 Tithi 19 – 20  
524415463  
Rahu  
Creative Work Siddha Yoga  
Until 7:02AM  
Then Creative Work - Amrita Yoga

Gulika 5:56AM – 7:27AM  
Yama 1:28PM – 2:58PM  
Rahu 8:57AM – 10:27AM

Bharani Until 7:02AM  
Harshana Until 10:19AM  
Kaulava Until 7:21PM  
Chaturthi\* Until 6:07AM

Ganesha: Green Sunrise: 5:56AM  
Muruga: White Sunset: 5:59PM  
Nataraja: Clear  
Moon – White  
Devaloka Day  
Bhadrapada-Puratasi

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy  
Sun 5  
Sutra 168  
Plava 5123  
Moon 9 - Phase 22 - 5  
1st Phase

Vrishabha Rasi: 8 Tithi 20 – 21  
524415463  
Rahu  
Creative Work Siddha Yoga

Gulika 2:57PM – 4:27PM  
Yama 11:57AM – 1:27PM  
Rahu 4:27PM – 5:57PM

Krittika Until 9:52AM  
Vajra\* Until 11:16AM  
Gara Until 9:57PM  
Panchami Until 8:36AM

Ganesha: Green Sunrise: 5:57AM  
Muruga: White Sunset: 5:57PM  
Nataraja: Clear  
Moon – White  
Devaloka Day  
Bhadrapada-Puratasi

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Trieste, Italy  
Sun 6  
Sutra 169  
Plava 5123  
Moon 9 - Phase 22 - 6  
1st Phase

Vrishabha Rasi: 19.47 Tithi 21 – 22  
634415463  
Rahu  
Family Home Evening  
Creative Work Amrita Yoga

Gulika 1:26PM – 2:56PM  
Yama 10:27AM – 11:57AM  
Rahu 7:28AM – 8:58AM

Rohini Until 1:11PM  
Siddhi Until 12:19PM  
Visti Until 12:34AM Tue  
Shashthi\* Until 11:15AM

Ganesha: Green Sunrise: 5:59AM  
Muruga: White Sunset: 5:55PM  
Nataraja: Clear  
Moon – Yellow  
Devaloka Day  
Bhadrapada-Puratasi

D

Tuesday, September 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saplamy/Ashlamyam Titau

Trieste, Italy  
Sun 7  
Sutra 170  
Plava 5123  
Moon 9 - Phase 22 - 7  
Ashtami

Mithuna Rasi: 2 Tithi 22 – 23  
635415463  
Rahu  
Creative Work Siddha Yoga  
Until 4:13PM  
Then Routine Work - Marana Yoga

Gulika 11:57AM – 1:26PM  
Yama 8:58AM – 10:27AM  
Rahu 2:55PM – 4:24PM

Mrigashira Until 4:13PM  
Vyatipata\* Until 1:19PM  
Balava Until 2:59AM Wed  
Saptami Until 1:48PM

Ganesha: White Sunrise: 6:00AM  
Muruga: White Sunset: 5:53PM  
Nataraja: Clear  
Moon – Yellow  
Devaloka Day  
Bhadrapada-Puratasi

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy  
Sun 8  
Sutra 171  
Plava 5123  
Moon 9 - Phase 22 - 8  
Navami

Mithuna Rasi: 13.31 Tithi 23 – 24  
635415463  
Rahu  
Creative Work Siddha Yoga

Gulika 10:27AM – 11:56AM  
Yama 7:30AM – 8:59AM  
Rahu 11:56AM – 1:25PM

Ardra Until 6:44PM  
Variyan Until 2:01PM  
Taitila Until 4:55AM Thu  
Ashtami\* Until 4:00PM

Ganesha: White Sunrise: 6:01AM  
Muruga: White Sunset: 5:51PM  
Nataraja: Clear  
Moon – Yellow  
Devaloka Day  
Bhadrapada-Puratasi

1	<b>Thursday, September 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Trieste, Italy Sun 9 Sutra 172 Plava 5123
	Mithuna Rasi: 25.37	Tithi 24 – 25	<b>Gulika</b> 8:59AM – 10:27AM	<b>Punarvasu</b> Until 9:01PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:02AM	
			Yama 6:02AM – 7:31AM	Parigha* Until 2:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 23 - 9
	Creative Work	Amrita Yoga	645415463 <b>Rahu</b> 1:24PM – 2:53PM	Vanija Until 6:13AM Fri	<b>Nataraja:</b> Clear		2nd Phase
			<b>Navami*</b> Until 5:38PM	Moon – Blue		<b>Sivaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

2	<b>Friday, October 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Trieste, Italy Sun 10 Sutra 173 Plava 5123
	Kataka Rasi: 7.59	Tithi 25	<b>Gulika</b> 7:32AM – 9:00AM	<b>Pushya</b> Until 10:26PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM	
			Yama 2:51PM – 4:19PM	Shiva Until 2:06PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 23 - 10
	Routine Work	Marana Yoga	645415463 <b>Rahu</b> 10:28AM – 11:56AM	Vanija Until 6:13AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 6:33PM	Moon – Blue		<b>Sivaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

3	<b>Saturday, October 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Trieste, Italy Sun 11 Sutra 174 Plava 5123
	Kataka Rasi: 20.43	Tithi 26	<b>Gulika</b> 6:05AM – 7:32AM	<b>Ashlesha*</b> Until 10:54PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:05AM	
			Yama 1:23PM – 2:50PM	Siddha Until 1:14PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 23 - 11
	Routine Work	Marana Yoga	645415463 <b>Rahu</b> 9:00AM – 10:28AM	Bava Until 6:44AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 6:41PM	Moon – Blue		<b>Sivaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

4	<b>Sunday, October 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Trieste, Italy Sun 12 Sutra 175 Plava 5123
	Simha Rasi: 3.49	Tithi 27	<b>Gulika</b> 2:49PM – 4:16PM	<b>Magha*</b> Until 10:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:06AM	
			Yama 11:55AM – 1:22PM	Sadhya Until 11:45AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 23 - 12
	Routine Work	Marana Yoga	655415463 <b>Rahu</b> 4:16PM – 5:44PM	Kaulava Until 6:28AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 6:01PM	Moon – Red		<b>Devaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

5	<b>Monday, October 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 13 Sutra 176 Plava 5123
	Simha Rasi: 17.21	Tithi 28 – 29	<b>Gulika</b> 1:21PM – 2:48PM	<b>Purvaphalguni</b> Until 10:06PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:07AM	
	<b>Family Home Evening</b>		Yama 10:28AM – 11:55AM	Subha Until 9:41AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 23 - 13
	Creative Work	Siddha Yoga	655415463 <b>Rahu</b> 7:34AM – 9:01AM	Visti Until 3:43AM Tue	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 4:38PM	Moon – Red		<b>Devaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

*Pradosha Vrata (Fasting)*

●	<b>Tuesday, October 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy Sun 14 Sutra 177 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 11:54AM – 1:21PM	<b>Uttaraphalguni</b> Until 8:34PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:09AM	
	Kanya Rasi: 1.17	Tithi 29 – 30	Yama 9:01AM – 10:28AM	Sukla Until 7:05AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 23 - 14
	Creative Work	Amrita Yoga	655415463 <b>Rahu</b> 2:47PM – 4:13PM	Catuspada Until 1:27AM Wed	<b>Nataraja:</b> Clear		Amavasya
			<b>Chaturdashi*</b> Until 2:37PM	Moon – Red		<b>Devaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

**Mahalaya Amavasyai (Tamil Nadu)**

●	<b>Wednesday, October 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Trieste, Italy Sun 15 Sutra 178 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 10:28AM – 11:54AM	<b>Hasta</b> Until 6:52PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:10AM	
	Kanya Rasi: 15.33	Tithi 30 – 1	Yama 7:36AM – 9:02AM	Indra Until 12:43AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 23 - 15
	Routine Work	Marana Yoga	665415463 <b>Rahu</b> 11:54AM – 1:20PM	Kintughna Until 10:48PM	<b>Nataraja:</b> Clear		Prathama
			<b>Amavasya*</b> Until 12:09PM	Moon – Green		<b>Devaloka Day</b>	
						<b>Ashvina-Puratasi</b>	

**Navaratri Begins**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Trieste, Italy on 5/23/19

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<b>1</b>	<b>Thursday, October 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy
	Tula Rasi: 0.05	Tithi 1 – 2	<b>Gulika</b> 9:02AM – 10:28AM	<b>Chitra</b> <b>Until 4:45PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:11AM</i>	Sun 16	Sutra 179
			Yama 6:11AM – 7:37AM	Vaidhriti* <b>Until 9:10PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:36PM</i>		Plava 5123
	665415464	<b>Rahu</b> 1:19PM – 2:45PM	Balava <b>Until 7:53PM</b>	<b>Nataraja:</b> Purple	Moon – Green	Moon 9 - Phase 24 - 16	3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 9:20AM</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>		
Until 4:45PM							
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Friday, October 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba*/Priti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Trieste, Italy
	Tula Rasi: 14.46	Tithi 2 – 3	<b>Gulika</b> 7:38AM – 9:03AM	<b>Svati</b> <b>Until 2:22PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:13AM</i>	Sun 17	Sutra 180
			Yama 2:44PM – 4:09PM	Vishkamba* <b>Until 5:33PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:34PM</i>		Plava 5123
	666415464	<b>Rahu</b> 10:28AM – 11:53AM	Gara <b>Until 3:20AM Sat</b>	<b>Nataraja:</b> Purple	Moon – Green	Moon 9 - Phase 24 - 17	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 6:21AM</b>	<b>Ashvina+Puratasi</b>	<b>Subha Sivaloka Day</b>		

<b>3</b>	<b>Saturday, October 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau				Trieste, Italy
	Tula Rasi: 29.29	Tithi 4	<b>Gulika</b> 6:14AM – 7:39AM	<b>Vishakha</b> <b>Until 12:16PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:14AM</i>	Sun 18	Sutra 181
			Yama 1:18PM – 2:43PM	Priti <b>Until 1:58PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:32PM</i>		Plava 5123
	676415464	<b>Rahu</b> 9:03AM – 10:28AM	Vanija <b>Until 1:52PM</b>	<b>Nataraja:</b> Purple	Moon – Orange	Moon 9 - Phase 24 - 18	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 12:24AM Sun</b>	<b>Ashvina+Puratasi</b>	<b>Subha Sivaloka Day</b>		

<b>4</b>	<b>Sunday, October 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy
	Vrischika Rasi: 14.07	Tithi 5	<b>Gulika</b> 2:42PM – 4:06PM	<b>Anuradha</b> <b>Until 10:11AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:15AM</i>	Sun 19	Sutra 182
			Yama 11:53AM – 1:17PM	Ayushman <b>Until 10:29AM</b>	<b>Muruqa:</b> White <i>Sunset: 5:31PM</i>		Plava 5123
	676415464	<b>Rahu</b> 4:06PM – 5:31PM	Bava <b>Until 11:02AM</b>	<b>Nataraja:</b> Purple	Moon – Orange	Moon 9 - Phase 24 - 19	3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 9:41PM</b>	<b>Ashvina+Puratasi</b>	<b>Subha Sivaloka Day</b>		

<b>5</b>	<b>Monday, October 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy
	Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b> 1:17PM – 2:41PM	<b>Jyeshtha*</b> <b>Until 8:12AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:16AM</i>	Sun 20	Sutra 183
	<b>Family Home Evening</b>		Yama 10:29AM – 11:53AM	Saubhagya <b>Until 7:13AM</b>	<b>Muruqa:</b> White <i>Sunset: 5:29PM</i>		Plava 5123
	676515464	<b>Rahu</b> 7:40AM – 9:05AM	Kaulava <b>Until 8:27AM</b>	<b>Nataraja:</b> Purple	Moon – Orange	Moon 9 - Phase 24 - 20	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 7:16PM</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>		

<b>6</b>	<b>Tuesday, October 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy
	Dhanus Rasi: 12.5	Tithi 7 – 8	<b>Gulika</b> 11:52AM – 1:16PM	<b>Mula*</b> <b>Until 6:50AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:18AM</i>	Sun 21	Sutra 184
			Yama 9:05AM – 10:29AM	Athiganda* <b>Until 1:33AM Wed</b>	<b>Muruqa:</b> White <i>Sunset: 5:27PM</i>		Plava 5123
	686515464	<b>Rahu</b> 2:40PM – 4:03PM	Gara <b>Until 6:12AM</b>	<b>Nataraja:</b> Purple	Moon – Light Blue	Moon 9 - Phase 24 - 21	3rd Phase
Creative Work	Amrita Yoga		<b>Saptami Until 5:12PM</b>	<b>Ashvina+Puratasi</b>	<b>Subha Sivaloka Day</b>		
Until 6:50AM							
Then Creative Work - Siddha Yoga							

<b>☾</b>	<b>Wednesday, October 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 10:29AM – 11:52AM	<b>Uttarashadha</b> <b>Until 4:52AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:19AM</i>	Sun 22	Sutra 185
	Dhanus Rasi: 26.49	Tithi 8 – 9	Yama 7:42AM – 9:06AM	Sukarma <b>Until 11:12PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:25PM</i>		Plava 5123
	686515464	<b>Rahu</b> 11:52AM – 1:15PM	Balava <b>Until 2:54AM Thu</b>	<b>Nataraja:</b> Purple	Moon – Light Blue	Moon 9 - Phase 24 - 22	Ashtami
Creative Work	Amrita Yoga	<b>Durga Ashtami</b>	<b>Ashtami* Until 3:33PM</b>	<b>Ashvina+Puratasi</b>	<b>Subha Sivaloka Day</b>		
Until 4:52AM Thu							
Then Creative Work - Siddha Yoga							


<b>☽</b>	<b>Thursday, October 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 9:06AM – 10:29AM	<b>Shravana</b> <b>Until 4:43AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise: 6:20AM</i>	Sun 23	Sutra 186
	Makara Rasi: 10.33	Tithi 9 – 10	Yama 6:20AM – 7:43AM	Dhriti <b>Until 9:12PM</b>	<b>Muruqa:</b> White <i>Sunset: 5:23PM</i>		Plava 5123
	696515464	<b>Rahu</b> 1:15PM – 2:38PM	Taitila <b>Until 1:53AM Fri</b>	<b>Nataraja:</b> Purple	Moon – Purple	Moon 9 - Phase 24 - 23	Navami
Creative Work	Siddha Yoga	<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Navami* Until 2:20PM</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>		

<b>1</b>	<b>Friday, October 15, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Trieste, Italy Sun 24 Sutra 187 Plava 5123
	Makara Rasi: 24.02    Tithi 10 – 11 697515464	<b>Gulika</b> 7:44AM – 9:07AM Yama 2:37PM – 3:59PM <b>Rahu</b> 10:29AM – 11:52AM	<b>Dhanishtha Until 4:50AM Sat</b> Shula* Until 7:30PM Vanija Until 1:18AM Sat <b>Dashami Until 1:31PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:22AM <b>Muruqa:</b> White <i>Sunset:</i> 5:22PM <b>Nataraja:</b> Purple Moon – Purple	Moon 9 - Phase 25 - 24 4th Phase <b>Subha Sivaloka Day</b> Ashvina•Puratasi
Creative Work    Siddha Yoga Until 4:50AM Sat Then Creative Work - Amrita Yoga		<b>Vijaya Dasami</b>			

<b>2</b>	<b>Saturday, October 16, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Trieste, Italy Sun 25 Sutra 188 Plava 5123
	Kumbha Rasi: 7.17    Tithi 11 – 12 697515464	<b>Gulika</b> 6:23AM – 7:45AM Yama 1:14PM – 2:36PM <b>Rahu</b> 9:07AM – 10:29AM	<b>Shatabhishak Until 5:13AM Sun</b> Ganda* Until 6:09PM Bava Until 1:07AM Sun <b>Ekadashi Until 1:08PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM <b>Muruqa:</b> White <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Purple Moon – Purple	Moon 9 - Phase 25 - 25 4th Phase <b>Subha Sivaloka Day</b> Ashvina•Puratasi
Creative Work    Amrita Yoga Until 5:13AM Sun Then Creative Work - Siddha Yoga		<b>Kadaitswami Mahasamadhi</b>			

<b>3</b>	<b>Sunday, October 17, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Trieste, Italy Sun 26 Sutra 189 Plava 5123
	Kumbha Rasi: 20.2    Tithi 12 – 13 617515464	<b>Gulika</b> 2:35PM – 3:56PM Yama 11:51AM – 1:13PM <b>Rahu</b> 3:56PM – 5:18PM	<b>Purvaprossthapada* Until 6:18AM Mon</b> Vriddhi Until 5:08PM Kaulava Until 1:22AM Mon <b>Dvadashi Until 1:10PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> White <i>Sunset:</i> 5:18PM <b>Nataraja:</b> Purple Moon – Clear	Moon 9 - Phase 25 - 26 4th Phase <b>Subha Sivaloka Day</b> Ashvina•Aipasi
Creative Work    Siddha Yoga		<b>Pradosha Vrata</b>			

<b>4</b>	<b>Monday, October 18, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Dhruva/Vyaghata* Yoga Tailla/Gara Karana Trayodashi/Chaturdashyam Titau			Trieste, Italy Sun 27 Sutra 190 Plava 5123
	Meena Rasi: 3.1    Tithi 13 – 14 617515464	<b>Gulika</b> 1:12PM – 2:34PM Yama 10:30AM – 11:51AM <b>Rahu</b> 7:47AM – 9:08AM	<b>Purvaprossthapada* Until 6:18AM</b> Dhruva Until 4:26PM Gara Until 2:03AM Tue <b>Trayodashi Until 1:38PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> White <i>Sunset:</i> 5:16PM <b>Nataraja:</b> Purple Moon – Clear	Moon 9 - Phase 25 - 27 4th Phase <b>Subha Sivaloka Day</b> Ashvina•Aipasi
Family Home Evening Routine Work    Marana Yoga Until 6:18AM Then Creative Work - Siddha Yoga					

	<b>Tuesday, October 19, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Trieste, Italy Sun 27 Sutra 191 Plava 5123
	Meena Rasi: 15.47    Tithi 14 – 15 617515464	<b>Gulika</b> 11:51AM – 1:12PM Yama 9:09AM – 10:30AM <b>Rahu</b> 2:33PM – 3:54PM	<b>Uttaraprossthapada Until 7:41AM</b> Vyaghata* Until 4:05PM Visti Until 3:12AM Wed <b>Chaturdashi* Until 2:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> White <i>Sunset:</i> 5:15PM <b>Nataraja:</b> Purple Moon – Clear	Moon 9 - Phase 25 - Purnima <b>Subha Sivaloka Day</b> Ashvina•Aipasi
Creative Work    Amrita Yoga Until 7:41AM Then Creative Work - Siddha Yoga					

<b>Silver Retreat Star</b>	<b>Wednesday, October 20, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Trieste, Italy Sun 27 Sutra 192 Plava 5123
	Meena Rasi: 28.12    Tithi 15 – 16 617515464	<b>Gulika</b> 10:30AM – 11:51AM Yama 7:49AM – 9:09AM <b>Rahu</b> 11:51AM – 1:11PM	<b>Revati Until 9:20AM</b> Harshana Until 4:07PM Balava Until 4:49AM Thu <b>Purnima* Until 3:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> White <i>Sunset:</i> 5:13PM <b>Nataraja:</b> Purple Moon – Clear	Moon 9 - Phase 25 - Prathama <b>Subha Sivaloka Day</b> Ashvina•Aipasi
Routine Work    Marana Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





**Thursday, October 21, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy  
Sutra 193  
Plava 5123  
Moon 10 - Phase 26 -  
1st Phase

Mesha Rasi: 10.25    Tithi 16 - 17

628515464

**Gulika** 9:10AM - 10:30AM  
**Yama** 6:30AM - 7:50AM  
**Rahu** 1:11PM - 2:31PM

**Ashvini Until 11:45AM**  
Vajra\* Until 4:27PM  
Taitila Until 6:52AM Fri  
**Prathama\* Until 5:46PM**

**Ganesha:** Clear    *Sunrise:* 6:30AM  
**Muruqa:** White    *Sunset:* 5:11PM

**Nataraja:** Purple  
Moon - White

**Subha Sivaloka Day**

**Ashvina•Aipasi**

Creative Work    Amrita Yoga

Until 11:45AM

Then Creative Work - Siddha Yoga

**1**

**Friday, October 22, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy  
Sun 1  
Sutra 194  
Plava 5123  
Moon 10 - Phase 26 - 1  
1st Phase

Mesha Rasi: 22.28    Tithi 17

628515464

**Gulika** 7:51AM - 9:11AM  
**Yama** 2:30PM - 3:50PM  
**Rahu** 10:30AM - 11:50AM

**Bharani Until 2:25PM**  
Siddhi Until 5:07PM  
Taitila Until 6:52AM  
**Dvitiya Until 8:01PM**

**Ganesha:** Clear    *Sunrise:* 6:31AM  
**Muruqa:** White    *Sunset:* 5:10PM

**Nataraja:** Purple  
Moon - White

**Subha Sivaloka Day**

**Ashvina•Aipasi**

Creative Work    Siddha Yoga

**2**

**Saturday, October 23, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Trieste, Italy  
Sun 2  
Sutra 195  
Plava 5123  
Moon 10 - Phase 26 - 2  
1st Phase

Virshabha Rasi: 4.23    Tithi 18

628515464

**Gulika** 6:32AM - 7:52AM  
**Yama** 1:10PM - 2:29PM  
**Rahu** 9:11AM - 10:31AM

**Krittika Until 5:13PM**  
Vyatipata\* Until 6:02PM  
Vanija Until 9:17AM  
**Tritiya Until 10:34PM**

**Ganesha:** Clear    *Sunrise:* 6:32AM  
**Muruqa:** White    *Sunset:* 5:08PM

**Nataraja:** Purple  
Moon - White

**Subha Sivaloka Day**

**Ashvina•Aipasi**

Creative Work    Amrita Yoga

**3**

**Sunday, October 24, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy  
Sun 3  
Sutra 196  
Plava 5123  
Moon 10 - Phase 26 - 3  
1st Phase

Virshabha Rasi: 16.11    Tithi 19

638515464

**Gulika** 2:28PM - 3:47PM  
**Yama** 11:50AM - 1:09PM  
**Rahu** 3:47PM - 5:06PM

**Rohini Until 8:32PM**  
Variyan Until 7:03PM  
Bava Until 11:56AM  
**Chaturthi\* Until 1:16AM Mon**

**Ganesha:** Purple    *Sunrise:* 6:34AM  
**Muruqa:** White    *Sunset:* 5:06PM

**Nataraja:** Purple  
Moon - Yellow

**Sivaloka Day**

**Ashvina•Aipasi**

Creative Work    Siddha Yoga

**4**

**Monday, October 25, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy  
Sun 4  
Sutra 197  
Plava 5123  
Moon 10 - Phase 26 - 4  
1st Phase

Virshabha Rasi: 27.58    Tithi 20

638515464

**Gulika** 1:09PM - 2:27PM  
**Yama** 10:31AM - 11:50AM  
**Rahu** 7:54AM - 9:13AM

**Mrigashira Until 11:41PM**  
Parigha\* Until 8:05PM  
Kaulava Until 2:39PM  
**Panchami Until 3:57AM Tue**

**Ganesha:** Purple    *Sunrise:* 6:35AM  
**Muruqa:** White    *Sunset:* 5:05PM

**Nataraja:** Purple  
Moon - Yellow

**Sivaloka Day**

**Ashvina•Aipasi**

Creative Work    Amrita Yoga

Until 11:41PM

Then Creative Work - Siddha Yoga

**5**

**Tuesday, October 26, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy  
Sun 5  
Sutra 198  
Plava 5123  
Moon 10 - Phase 26 - 5  
1st Phase

Mithuna Rasi: 9.46    Tithi 21

638515464

**Gulika** 11:50AM - 1:08PM  
**Yama** 9:13AM - 10:31AM  
**Rahu** 2:26PM - 3:45PM

**Ardra Until 2:28AM Wed**  
Shiva Until 9:01PM  
Gara Until 5:13PM  
**Shashthi\* Until 6:22AM Wed**

**Ganesha:** Purple    *Sunrise:* 6:36AM  
**Muruqa:** White    *Sunset:* 5:03PM

**Nataraja:** Purple  
Moon - Yellow

**Sivaloka Day**

**Ashvina•Aipasi**

Routine Work    Marana Yoga

Until 2:28AM Wed

Then Creative Work - Siddha Yoga

**6**

**Wednesday, October 27, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Trieste, Italy  
Sun 6  
Sutra 199  
Plava 5123  
Moon 10 - Phase 26 - 6  
1st Phase

Mithuna Rasi: 21.4    Tithi 21 - 22

648515464

**Gulika** 10:32AM - 11:50AM  
**Yama** 7:56AM - 9:14AM  
**Rahu** 11:50AM - 1:08PM

**Punarvasu Until 5:11AM Thu**  
Siddha Until 9:37PM  
Visti Until 7:27PM  
**Shashthi\* Until 6:22AM**

**Ganesha:** Clear    *Sunrise:* 6:38AM  
**Muruqa:** White    *Sunset:* 5:02PM

**Nataraja:** Purple  
Moon - Blue

**Subha Sivaloka Day**

**Ashvina•Aipasi**

Creative Work    Siddha Yoga

Until 5:11AM Thu

Then Creative Work - Amrita Yoga



**Thursday, October 28, 2021**  
**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy  
Sun 7  
Sutra 200  
Plava 5123  
Moon 10 - Phase 26 - 7  
Ashtami

Kataka Rasi: 3.44    Tithi 22 - 23

649525464

**Gulika** 9:14AM - 10:32AM  
**Yama** 6:39AM - 7:57AM  
**Rahu** 1:07PM - 2:25PM

**Pushya Until 7:08AM Fri**  
Sadhya Until 9:48PM  
Balava Until 9:07PM  
**Saptami Until 8:21AM**

**Ganesha:** White    *Sunrise:* 6:39AM  
**Muruqa:** Clear    *Sunset:* 5:00PM

**Nataraja:** Purple  
Moon - Blue

**Subha Sivaloka Day**

**Ashvina•Aipasi**

Creative Work    Amrita Yoga

Until 7:08AM Fri

Then Routine Work - Marana Yoga

**Friday, October 29, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy  
Sun 8  
Sutra 201  
Plava 5123  
Moon 10 - Phase 26 - 8  
Navami

Kataka Rasi: 16.04    Tithi 23 - 24

649525464

**Gulika** 7:58AM - 9:15AM  
**Yama** 2:24PM - 3:41PM  
**Rahu** 10:32AM - 11:50AM

**Pushya Until 7:08AM**  
Subha Until 9:27PM  
Taitila Until 10:05PM  
**Ashtami\* Until 9:41AM**

**Ganesha:** White    *Sunrise:* 6:41AM  
**Muruqa:** Clear    *Sunset:* 4:59PM

**Nataraja:** Purple  
Moon - Blue

**Subha Sivaloka Day**

**Ashvina•Aipasi**

Routine Work    Marana Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


<b>1</b>	<b>Saturday, October 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Trieste, Italy
	Kataka Rasi: 28.44	Tithi 24 – 25	Gulika 6:42AM – 7:59AM	<b>Ashlesha* Until 8:12AM</b>	Ganesha: White	Sunrise: 6:42AM	Sun 9 Sutra 202
		649525464	Yama 1:06PM – 2:23PM	Sukla Until 8:28PM	Muruqa: Clear	Sunset: 4:57PM	Plava 5123
			<b>Rahu 9:16AM – 10:33AM</b>	Vanija Until 10:14PM	Nataraja: Purple		Moon 10 - Phase 27 - 9
	Routine Work	Marana Yoga		Navami* Until 10:15AM	Moon – Blue		2nd Phase
	Until 8:12AM				<b>Subha Sivaloka Day</b>		
	Then Creative Work - Amrita Yoga				Ashvina•Aipasi		

<b>2</b>	<b>Sunday, October 31, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vistii*/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy
	Simha Rasi: 11.47	Tithi 25 – 26	Gulika 2:23PM – 3:39PM	<b>Magha* Until 8:46AM</b>	Ganesha: Yellow	Sunrise: 6:43AM	Sun 10 Sutra 203
		649525464	Yama 11:49AM – 1:06PM	Brahma Until 6:49PM	Muruqa: Clear	Sunset: 4:56PM	Plava 5123
			<b>Rahu 3:39PM – 4:56PM</b>	Bava Until 9:33PM	Nataraja: Purple		Moon 10 - Phase 27 - 10
	Routine Work	Marana Yoga		Dashami Until 9:59AM	Moon – Red		2nd Phase
	Until 8:46AM				<b>Sivaloka Day</b>		
	Then Creative Work - Siddha Yoga				Ashvina•Aipasi		

<b>3</b>	<b>Monday, November 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy
	Simha Rasi: 25.17	Tithi 26 – 27	Gulika 1:06PM – 2:22PM	<b>Purvaphalguni Until 8:23AM</b>	Ganesha: Yellow	Sunrise: 6:45AM	Sun 11 Sutra 204
<b>Family Home Evening</b>		649525464	Yama 10:33AM – 11:49AM	Indra Until 4:34PM	Muruqa: Clear	Sunset: 4:54PM	Plava 5123
			<b>Rahu 8:01AM – 9:17AM</b>	Kaulava Until 8:05PM	Nataraja: Purple		Moon 10 - Phase 27 - 11
	Creative Work	Siddha Yoga		Ekadashi* Until 8:54AM	Moon – Red		2nd Phase
	Then Creative Work - Siddha Yoga				<b>Sivaloka Day</b>		
					Ashvina•Aipasi		

<b>4</b>	<b>Tuesday, November 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talita/Vanija Karana Dvadashi/Trayodashyam Titau				Trieste, Italy
	Kanya Rasi: 9.15	Tithi 27 – 28	Gulika 11:49AM – 1:05PM	<b>Uttaraphalguni Until 7:07AM</b>	Ganesha: Yellow	Sunrise: 6:46AM	Sun 12 Sutra 205
		649525464	Yama 9:18AM – 10:34AM	Vaidhriti* Until 1:43PM	Muruqa: Clear	Sunset: 4:53PM	Plava 5123
			<b>Rahu 2:21PM – 3:37PM</b>	Vanija Until 4:35AM Wed	Nataraja: Purple		Moon 10 - Phase 27 - 12
	Creative Work	Amrita Yoga		Dvadashi* Until 7:03AM	Moon – Red		2nd Phase
	Until 7:07AM				<b>Sivaloka Day</b>		
	Then Creative Work - Siddha Yoga				Ashvina•Aipasi		
					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Wednesday, November 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau				Trieste, Italy
	Kanya Rasi: 23.38	Tithi 29	Gulika 10:34AM – 11:49AM	<b>Chitra Until 3:15AM Thu</b>	Ganesha: Red	Sunrise: 6:48AM	Sun 13 Sutra 206
		649525464	Yama 8:03AM – 9:18AM	Vishkambha* Until 10:23AM	Muruqa: Clear	Sunset: 4:51PM	Plava 5123
			<b>Rahu 11:49AM – 1:05PM</b>	Vistii Until 3:11PM	Nataraja: Purple		Moon 10 - Phase 27 - 13
	Creative Work	Siddha Yoga		Chaturdashi* Until 1:37AM Thu	Moon – Green		2nd Phase
	Until 3:15AM Thu				<b>Sivaloka Day</b>		
	Then Creative Work - Amrita Yoga		Subramuniaswami Mahasamadhi		Ashvina•Aipasi		
			Deepavali Hindu Solidarity Day				

	<b>Thursday, November 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Trieste, Italy
	<b>Retreat Star</b>		Gulika 9:19AM – 10:34AM	<b>Svati Until 12:32AM Fri</b>	Ganesha: Red	Sunrise: 6:49AM	Sun 14 Sutra 207
	Tula Rasi: 8.22	Tithi 30	Yama 6:49AM – 8:04AM	Priti Until 6:42AM	Muruqa: Clear	Sunset: 4:50PM	Plava 5123
		649525464	<b>Rahu 1:05PM – 2:20PM</b>	Catuspada Until 12:01PM	Nataraja: Purple		Moon 10 - Phase 27 - 14
	Creative Work	Amrita Yoga		Amavasya* Until 10:19PM	Moon – Green		Amavasya
	Until 12:32AM Fri				<b>Sivaloka Day</b>		
	Then Creative Work - Siddha Yoga				Ashvina•Aipasi		

<b>Retreat Star</b>	<b>Friday, November 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Trieste, Italy
	Tula Rasi: 23.19	Tithi 1	Gulika 8:05AM – 9:20AM	<b>Vishakha Until 9:56PM</b>	Ganesha: Blue	Sunrise: 6:50AM	Sun 15 Sutra 208
		671625464	Yama 2:19PM – 3:34PM	Saubhagya Until 10:39PM	Muruqa: Clear	Sunset: 4:49PM	Plava 5123
			<b>Rahu 10:35AM – 11:49AM</b>	Kintughna Until 8:36AM	Nataraja: Purple		Moon 10 - Phase 27 - 15
	Creative Work	Siddha Yoga		Prathama* Until 6:49PM	Moon – Orange		Prathama
	Then Creative Work - Siddha Yoga		Skanda Shasthi Begins		<b>Devaloka Day</b>		
					Karttika•Aipasi		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>	<b>Saturday, November 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy
	Anuradha Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 16
	<b>Gulika</b>	<b>6:52AM – 8:06AM</b>	<b>Anuradha Until 7:11PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:52AM		Sutra 209
	Wrischika Rasi: 8.23	Tithi 2 – 3	Yama 1:04PM – 2:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 28 - 16	Plava 5123
781625464	<b>Rahu</b>	<b>9:21AM – 10:35AM</b>	Sobhana Until 6:36PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		Taitila Until 1:36AM Sun	Moon – Orange			
			<b>Dvitiya Until 3:18PM</b>	<b>Kartika•Aipasi</b>			
					<b>Devaloka Day</b>		

<b>2</b>	<b>Sunday, November 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Trieste, Italy
	Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau						Sun 17
	<b>Gulika</b>	<b>2:18PM – 3:32PM</b>	<b>Jyeshtha* Until 4:27PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:53AM		Sutra 210
	Wrischika Rasi: 23.25	Tithi 3 – 4	Yama 11:50AM – 1:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 28 - 17	Plava 5123
771625464	<b>Rahu</b>	<b>3:32PM – 4:46PM</b>	Athiganda* Until 2:38PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		Vanija Until 10:19PM	Moon – Orange			
Until 4:27PM			<b>Tritiya Until 11:55AM</b>	<b>Kartika•Aipasi</b>			
Then Creative Work - Amrita Yoga					<b>Devaloka Day</b>		

<b>3</b>	<b>Monday, November 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy
	Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau						Sun 18
	<b>Gulika</b>	<b>1:03PM – 2:17PM</b>	<b>Mula* Until 2:18PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:55AM		Sutra 211
	Dhanus Rasi: 8.15	Tithi 4 – 5	Yama 10:36AM – 11:50AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 28 - 18	Plava 5123
781625464	<b>Rahu</b>	<b>8:08AM – 9:22AM</b>	Sukarma Until 10:55AM	<b>Nataraja:</b> Purple		3rd Phase	
Family Home Evening			Bava Until 7:23PM	Moon – Light Blue			
Creative Work	Siddha Yoga		<b>Chaturthi* Until 8:47AM</b>	<b>Kartika•Aipasi</b>			
Until 2:18PM					<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Tuesday, November 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy
	Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau						Sun 19
	<b>Gulika</b>	<b>11:50AM – 1:03PM</b>	<b>Purvashadha* Until 12:26PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:56AM		Sutra 212
	Dhanus Rasi: 22.49	Tithi 5 – 6	Yama 9:23AM – 10:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 28 - 19	Plava 5123
781625464	<b>Rahu</b>	<b>2:17PM – 3:30PM</b>	Dhriti Until 7:33AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		Taitila Until 3:52AM Wed	Moon – Light Blue			
Until 12:26PM			<b>Panchami Until 6:04AM</b>	<b>Kartika•Aipasi</b>			
Then Routine Work - Prabalarishta Yoga		<b>Skanda Shasthi</b>			<b>Devaloka Day</b>		

<b>5</b>	<b>Wednesday, November 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy
	Uttarashadha/Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Saplamyam Titau						Sun 20
	<b>Gulika</b>	<b>10:37AM – 11:50AM</b>	<b>Uttarashadha Until 10:58AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:57AM		Sutra 213
	Makara Rasi: 7.01	Tithi 7	Yama 8:10AM – 9:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 28 - 20	Plava 5123
781625464	<b>Rahu</b>	<b>11:50AM – 1:03PM</b>	Ganda* Until 2:06AM Thu	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		Gara Until 3:00PM	Moon – Light Blue			
Until 10:58AM			<b>Saptami Until 2:15AM Thu</b>	<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga					<b>Devaloka Day</b>		

<b>☾</b>	<b>Thursday, November 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy
	<b>Retreat Star</b>		Shravana/Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21
	<b>Gulika</b>	<b>9:24AM – 10:37AM</b>	<b>Shravana Until 10:23AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:59AM		Sutra 214
	Makara Rasi: 20.5	Tithi 8	Yama 6:59AM – 8:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 28 - 21	Plava 5123
791625464	<b>Rahu</b>	<b>1:03PM – 2:15PM</b>	Vriddhi Until 12:09AM Fri	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		Visti Until 1:42PM	Moon – Purple			
			<b>Ashtami* Until 1:17AM Fri</b>	<b>Kartika•Aipasi</b>			
					<b>Sivaloka Day</b>		

<b>☽</b>	<b>Friday, November 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy
	<b>Retreat Star</b>		Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22
	<b>Gulika</b>	<b>8:13AM – 9:25AM</b>	<b>Dhanishtha Until 10:18AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:00AM		Sutra 215
	Kumbha Rasi: 4.17	Tithi 9	Yama 2:15PM – 3:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 10 - Phase 28 - 22	Plava 5123
791625464	<b>Rahu</b>	<b>10:38AM – 11:50AM</b>	Dhruva Until 10:40PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		Balava Until 1:04PM	Moon – Purple			
			<b>Navami* Until 12:58AM Sat</b>	<b>Kartika•Aipasi</b>			
					<b>Sivaloka Day</b>		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Saturday, November 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Trieste, Italy Sun 23 Sutra 216 Plava 5123
	Kumbha Rasi: 17.23	Tithi 10	<b>Gulika</b> 7:01AM – 8:14AM	<b>Shatabhishak</b> <b>Until 10:41AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:01AM	
			Yama 1:02PM – 2:14PM	Vyaghata* <b>Until 9:42PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 29 - 23 4th Phase
	791625464	<b>Rahu</b> 9:26AM – 10:38AM		Taitila <b>Until 1:04PM</b>	<b>Nataraja:</b> Purple		
Creative Work Amrita Yoga			<b>Dashami</b> <b>Until 1:16AM Sun</b>	<b>Moon – Purple</b>		<b>Sivaloka Day</b>	
Until 10:41AM				<b>Kartika•Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Sunday, November 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau				Trieste, Italy Sun 24 Sutra 217 Plava 5123
	Meena Rasi: 0.11	Tithi 11	<b>Gulika</b> 2:14PM – 3:26PM	<b>Purvaproshtapada*</b> <b>Until 11:58AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:03AM	
			Yama 11:50AM – 1:02PM	Harshana <b>Until 9:11PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:38PM	Moon 10 - Phase 29 - 24 4th Phase
	711625464	<b>Rahu</b> 3:26PM – 4:38PM		Vanija <b>Until 1:40PM</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Ekadashi</b> <b>Until 2:09AM Mon</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 11:58AM				<b>Kartika•Aipasi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, November 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Trieste, Italy Sun 25 Sutra 218 Plava 5123
	Meena Rasi: 12.43	Tithi 12	<b>Gulika</b> 1:02PM – 2:14PM	<b>Uttaraproshtapada</b> <b>Until 1:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:04AM	
	<b>Family Home Evening</b>		Yama 10:39AM – 11:50AM	Vajra* <b>Until 9:02PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 29 - 25 4th Phase
	712625464	<b>Rahu</b> 8:16AM – 9:27AM		Bava <b>Until 2:48PM</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Dvadashi</b> <b>Until 3:32AM Tue</b>	<b>Moon – Clear</b>		<b>Subha Sivaloka Day</b>	
				<b>Kartika•Aipasi</b>			

<b>4</b>	<b>Tuesday, November 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy Sun 26 Sutra 219 Plava 5123
	Meena Rasi: 25.03	Tithi 13	<b>Gulika</b> 11:51AM – 1:02PM	<b>Revati</b> <b>Until 3:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:06AM	
			Yama 9:28AM – 10:39AM	Siddhi <b>Until 9:14PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM	Moon 10 - Phase 29 - 26 4th Phase
	712625464	<b>Rahu</b> 2:13PM – 3:24PM		Kaulava <b>Until 4:24PM</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Trayodashi</b> <b>Until 5:21AM Wed</b>	<b>Moon – Clear</b>		<b>Subha Sivaloka Day</b>	
				<b>Kartika•Kartikai</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, November 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Gara Karana Chaturdashyam Titau				Trieste, Italy Sun 27 Sutra 220 Plava 5123
	Mesha Rasi: 7.12	Tithi 14	<b>Gulika</b> 10:40AM – 11:51AM	<b>Ashvini</b> <b>Until 6:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:07AM	
			Yama 8:18AM – 9:29AM	Vyatipata* <b>Until 9:44PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:35PM	Moon 10 - Phase 29 - 27 4th Phase
	722625465	<b>Rahu</b> 11:51AM – 1:02PM		Gara <b>Until 6:25PM</b>	<b>Nataraja:</b> Clear		
Routine Work Marana Yoga			<b>Chaturdashi*</b> <b>Until 7:31AM Thu</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Until 6:12PM				<b>Kartika•Kartikai</b>			
Then Creative Work - Siddha Yoga							

	<b>Thursday, November 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Trieste, Italy Sun 28 Sutra 221 Plava 5123
	Mesha Rasi: 19.13	Tithi 14 – 15	<b>Gulika</b> 9:30AM – 10:40AM	<b>Bharani</b> <b>Until 8:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:08AM	
			Yama 7:08AM – 8:19AM	Variyan <b>Until 10:27PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 29 - Purnima
	722625465	<b>Rahu</b> 1:02PM – 2:12PM		Visti <b>Until 8:45PM</b>	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga			<b>Chaturdashi*</b> <b>Until 7:31AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Until 8:59PM				<b>Kartika•Kartikai</b>			
Then Routine Work - Marana Yoga							

<b>6</b>	<b>Friday, November 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Trieste, Italy Sun 29 Sutra 222 Plava 5123
	Vrishabha Rasi: 1.07	Tithi 15 – 16	<b>Gulika</b> 8:20AM – 9:30AM	<b>Krittika</b> <b>Until 11:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:10AM	
			Yama 2:12PM – 3:22PM	Parigha* <b>Until 11:20PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:33PM	Moon 10 - Phase 29 - Prathama
	722625465	<b>Rahu</b> 10:41AM – 11:51AM		Balava <b>Until 11:18PM</b>	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga			<b>Purnima*</b> <b>Until 9:59AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Until 11:49PM				<b>Kartika•Kartikai</b>			
Then Routine Work - Marana Yoga			<b>Krittika Deepam</b>				
			<b>Vinayaga Viratam Begins</b>				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Sutra 223

Plava 5123

Vrishabha Rasi: 12.57 Tithi 16 - 17

732625465

**Gulika** 7:11AM - 8:21AM  
**Yama** 1:02PM - 2:12PM  
**Rahu** 9:31AM - 10:41AM

**Rohini Until 3:07AM Sun**  
Shiva Until 12:20AM Sun  
Taitila Until 2:00AM Sun  
**Prathama\* Until 12:37PM**

**Ganesha:** Purple *Sunrise:* 7:11AM  
**Muruqa:** Clear *Sunset:* 4:32PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

**Karttika-Karttikai**

Creative Work Amrita Yoga

Until 3:07AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy

Sun 1 Sutra 224

Plava 5123

Vrishabha Rasi: 24.44 Tithi 17 - 18

732625465

**Gulika** 2:11PM - 3:21PM  
**Yama** 11:52AM - 1:02PM  
**Rahu** 3:21PM - 4:31PM

**Mrigashira Until 6:14AM Mon**  
Siddha Until 1:19AM Mon  
Vanija Until 4:42AM Mon  
**Dvitiya Until 3:20PM**

**Ganesha:** Purple *Sunrise:* 7:12AM  
**Muruqa:** Clear *Sunset:* 4:31PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Visti\* Karana Tritiyayam Titau

Trieste, Italy

Sun 2 Sutra 225

Plava 5123

Mithuna Rasi: 6.32 Tithi 18

732625465

**Gulika** 1:02PM - 2:11PM  
**Yama** 10:42AM - 11:52AM  
**Rahu** 8:23AM - 9:33AM

**Mrigashira Until 6:14AM**  
Sadhya Until 2:14AM Tue  
Visti Until 6:00PM  
**Tritiya Until 6:00PM**

**Ganesha:** Purple *Sunrise:* 7:14AM  
**Muruqa:** Clear *Sunset:* 4:30PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

**Karttika-Karttikai**

Creative Work Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy

Sun 3 Sutra 226

Plava 5123

Mithuna Rasi: 18.23 Tithi 19

732625465

**Gulika** 11:52AM - 1:02PM  
**Yama** 9:34AM - 10:43AM  
**Rahu** 2:11PM - 3:20PM

**Ardra Until 9:04AM**  
Subha Until 2:59AM Wed  
Bava Until 7:17AM  
**Chaturthi\* Until 8:28PM**

**Ganesha:** Purple *Sunrise:* 7:15AM  
**Muruqa:** Clear *Sunset:* 4:30PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

**Karttika-Karttikai**

Routine Work Marana Yoga

Until 9:04AM

Then Creative Work - Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sun 4 Sutra 227

Plava 5123

Kataka Rasi: 0.19 Tithi 20

742625465

**Gulika** 10:43AM - 11:53AM  
**Yama** 8:25AM - 9:34AM  
**Rahu** 11:53AM - 1:02PM

**Punarvasu Until 11:59AM**  
Sukla Until 3:26AM Thu  
Kaulava Until 9:36AM  
**Panchami Until 10:36PM**

**Ganesha:** Clear *Sunrise:* 7:16AM  
**Muruqa:** Clear *Sunset:* 4:29PM  
**Nataraja:** Clear  
Moon - Blue

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sun 5 Sutra 228

Plava 5123

Kataka Rasi: 12.25 Tithi 21

742625465

**Gulika** 9:35AM - 10:44AM  
**Yama** 7:18AM - 8:26AM  
**Rahu** 1:02PM - 2:10PM

**Pushya Until 2:19PM**  
Brahma Until 3:30AM Fri  
Gara Until 11:31AM  
**Shashthi\* Until 12:15AM Fri**

**Ganesha:** Clear *Sunrise:* 7:18AM  
**Muruqa:** Clear *Sunset:* 4:28PM  
**Nataraja:** Clear  
Moon - Blue

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Amrita Yoga

Until 2:19PM

Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

Trieste, Italy

Sun 6 Sutra 229

Plava 5123

Kataka Rasi: 24.43 Tithi 22

742625465

**Gulika** 8:27AM - 9:36AM  
**Yama** 2:10PM - 3:19PM  
**Rahu** 10:45AM - 11:53AM

**Ashlesha\* Until 3:57PM**  
Indra Until 3:07AM Sat  
Visti Until 12:52PM  
**Saptami Until 1:16AM Sat**

**Ganesha:** Clear *Sunrise:* 7:19AM  
**Muruqa:** Clear *Sunset:* 4:27PM  
**Nataraja:** Clear  
Moon - Blue

**Devaloka Day**

**Karttika-Karttikai**

Routine Work Marana Yoga

Retreat Star

Saturday, November 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sun 7 Sutra 230

Plava 5123

Simha Rasi: 7.19 Tithi 23

752625465

**Gulika** 7:20AM - 8:28AM  
**Yama** 1:02PM - 2:10PM  
**Rahu** 9:37AM - 10:45AM

**Magha\* Until 5:14PM**  
Vaidhriti\* Until 2:07AM Sun  
Balava Until 1:32PM  
**Ashtami\* Until 1:34AM Sun**

**Ganesha:** White *Sunrise:* 7:20AM  
**Muruqa:** Clear *Sunset:* 4:27PM  
**Nataraja:** Clear  
Moon - Red

**Sivaloka Day**

**Karttika-Karttikai**

Creative Work Amrita Yoga

Until 5:14PM

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sun 8 Sutra 231

Plava 5123

Simha Rasi: 20.15 Tithi 24

753625465

**Gulika** 2:10PM - 3:18PM  
**Yama** 11:54AM - 1:02PM  
**Rahu** 3:18PM - 4:26PM

**Purvaphalguni Until 5:37PM**  
Vishkambha\* Until 12:32AM Mon  
Taitila Until 1:26PM  
**Navami\* Until 1:04AM Mon**

**Ganesha:** Clear *Sunrise:* 7:21AM  
**Muruqa:** Clear *Sunset:* 4:26PM  
**Nataraja:** Clear  
Moon - Red

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

Until 5:37PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Trieste, Italy on 5/23/19


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<b>1</b>	<b>Monday, November 29, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam				Trieste, Italy
			Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 232
	Kanya Rasi: 4	Tithi 25	<b>Gulika</b> 1:02PM – 2:10PM	<b>Uttaraphalguni</b> Until 5:04PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:23AM	Plava 5123
	Family Home Evening	753625465	<b>Yama</b> 10:46AM – 11:54AM	Priti Until 10:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 31 - 9
Creative Work	Siddha Yoga	<b>Rahu</b> 8:30AM – 9:38AM	Vanija Until 12:32PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dashami</b> Until 11:47PM	<b>Devaloka Day</b>			
				<b>Karttika-Karttikai</b>			

<b>2</b>	<b>Tuesday, November 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam				Trieste, Italy
			Hasta/Chitra Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 233
	Kanya Rasi: 17.23	Tithi 26	<b>Gulika</b> 11:55AM – 1:02PM	<b>Hasta</b> Until 4:04PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:24AM	Plava 5123
		763725465	<b>Yama</b> 9:39AM – 10:47AM	Ayushman Until 7:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 31 - 10
Creative Work	Siddha Yoga	<b>Rahu</b> 2:10PM – 3:18PM	Bava Until 10:53AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Ekadashi*</b> Until 9:46PM	<b>Devaloka Day</b>			
				<b>Karttika-Karttikai</b>			

<b>3</b>	<b>Wednesday, December 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam				Trieste, Italy
			Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 234
	Tula Rasi: 1.38	Tithi 27	<b>Gulika</b> 10:47AM – 11:55AM	<b>Chitra</b> Until 2:17PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:25AM	Plava 5123
		763725465	<b>Yama</b> 8:32AM – 9:40AM	Saubhagya Until 4:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 31 - 11
Creative Work	Siddha Yoga	<b>Rahu</b> 11:55AM – 1:02PM	Kaulava Until 8:32AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dvadashi*</b> Until 7:07PM	<b>Devaloka Day</b>			
				<b>Karttika-Karttikai</b>			

<b>4</b>	<b>Thursday, December 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Trieste, Italy
			Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 235
	Tula Rasi: 16.18	Tithi 28 – 29	<b>Gulika</b> 9:41AM – 10:48AM	<b>Svati</b> Until 11:49AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	Plava 5123
		763725465	<b>Yama</b> 7:26AM – 8:33AM	Sobhana Until 12:28PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 31 - 12
Creative Work	Amrita Yoga	<b>Rahu</b> 1:03PM – 2:10PM	Visti Until 2:15AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Until 11:49AM			<b>Trayodashi*</b> Until 3:58PM	<b>Devaloka Day</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	<b>Karttika-Karttikai</b>			

	<b>Friday, December 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam				Trieste, Italy
	<b>Retreat Star</b>		Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 236
	Vrischika Rasi: 1.17	Tithi 29 – 30	<b>Gulika</b> 8:34AM – 9:41AM	<b>Vishakha</b> Until 9:14AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:27AM	Plava 5123
		773725465	<b>Yama</b> 2:10PM – 3:17PM	Athiganda* Until 8:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 31 - 13
Creative Work	Siddha Yoga	<b>Rahu</b> 10:49AM – 11:56AM	Catuspada Until 10:38PM	<b>Nataraja:</b> Clear		Amavasya	
			<b>Chaturdashi*</b> Until 12:27PM	<b>Devaloka Day</b>			
				<b>Karttika-Karttikai</b>			

<b>Retreat Star</b>	<b>Saturday, December 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy
			Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 237
	Vrischika Rasi: 16.28	Tithi 30 – 1	<b>Gulika</b> 7:28AM – 8:35AM	<b>Anuradha</b> Until 6:17AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:28AM	Plava 5123
		773725465	<b>Yama</b> 1:03PM – 2:10PM	Dhriti Until 11:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 31 - 14
Creative Work	Siddha Yoga	<b>Rahu</b> 9:42AM – 10:49AM	Kintughna Until 6:53PM	<b>Nataraja:</b> Clear		Prathama	
			<b>Amavasya*</b> Until 8:44AM	<b>Devaloka Day</b>			
				<b>Margasira-Karttikai</b>			

<b>1</b>		<b>Sunday, December 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 1.42		Tithi 2		Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15 Sutra 238	
Creative Work		Amrita Yoga		Gulika 2:10PM – 3:17PM		Mula* Until 12:25AM Mon	
Until 12:25AM Mon		783725465		Yama 11:57AM – 1:03PM		Ganesha: Yellow Sunrise: 7:29AM	
Then Routine Work - Marana Yoga		Rahu 3:17PM – 4:24PM		Shula* Until 7:37PM		Muruqa: Clear Sunset: 4:24PM	
				Balava Until 3:11PM		Moon 11 - Phase 32 - 15	
				Dvitiya Until 1:24AM Mon		Nataraja: Clear	
						Moon - Light Blue	
						Margasira-Karttikai	
						Devaloka Day	

<b>2</b>		<b>Monday, December 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 16.49		Tithi 3		Purvashadha* Nakshatra Ganda* Vriddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 16 Sutra 239	
Family Home Evening		783725465		Gulika 1:04PM – 2:10PM		Purvashadha* Until 9:50PM	
Routine Work		Marana Yoga		Yama 10:50AM – 11:57AM		Ganesha: Yellow Sunrise: 7:30AM	
		Rahu 8:37AM – 9:44AM		Ganda* Until 3:35PM		Muruqa: Clear Sunset: 4:23PM	
				Taitila Until 11:42AM		Moon 11 - Phase 32 - 16	
				Tritiya Until 10:05PM		Nataraja: Clear	
						Moon - Light Blue	
						Margasira-Karttikai	
						Devaloka Day	

<b>3</b>		<b>Tuesday, December 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 1.4		Tithi 4		Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 17 Sutra 240	
Routine Work		Prabalarishta Yoga		Gulika 11:57AM – 1:04PM		Uttarashadha Until 7:33PM	
Until 7:33PM		793725465		Yama 9:44AM – 10:51AM		Ganesha: Yellow Sunrise: 7:31AM	
Then Creative Work - Siddha Yoga		Rahu 2:10PM – 3:17PM		Vriddhi Until 11:54AM		Muruqa: Clear Sunset: 4:23PM	
				Vanija Until 8:36AM		Moon 11 - Phase 32 - 17	
				Chaturthi* Until 7:13PM		Nataraja: Clear	
						Moon - Light Blue	
						Margasira-Karttikai	
						Devaloka Day	

<b>4</b>		<b>Wednesday, December 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 16.1		Tithi 5 – 6		Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18 Sutra 241	
Creative Work		Siddha Yoga		Gulika 10:51AM – 11:58AM		Shravana Until 6:09PM	
Until 6:09PM		793725465		Yama 8:39AM – 9:45AM		Ganesha: White Sunrise: 7:33AM	
Then Routine Work - Prabalarishta Yoga		Rahu 11:58AM – 1:04PM		Dhruva Until 8:37AM		Muruqa: Clear Sunset: 4:23PM	
				Bava Until 6:01AM		Moon 11 - Phase 32 - 18	
				Panchami Until 4:56PM		Nataraja: Clear	
						Moon - Purple	
						Margasira-Karttikai	
						Sivaloka Day	

<b>5</b>		<b>Thursday, December 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 0.12		Tithi 6 – 7		Dhanishtha Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19 Sutra 242	
Creative Work		Siddha Yoga		Gulika 9:46AM – 10:52AM		Dhanishtha Until 5:18PM	
Until 6:09PM		793725465		Yama 7:33AM – 8:40AM		Ganesha: White Sunrise: 7:33AM	
		Rahu 1:04PM – 2:11PM		Harshana Until 3:48AM Fri		Muruqa: Clear Sunset: 4:23PM	
				Gara Until 2:55AM Fri		Moon 11 - Phase 32 - 19	
				Shashthi* Until 3:23PM		Nataraja: Clear	
						Moon - Purple	
						Margasira-Karttikai	
						Sivaloka Day	

Vinayaga Viratam Ends

<b>Friday, December 10, 2021</b>		<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 13.47		Tithi 7 – 8		Shatabhishak/Purvaprosarthapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Sun 20 Sutra 243	
Creative Work		Siddha Yoga		Gulika 8:40AM – 9:47AM		Shatabhishak Until 5:05PM	
Until 5:57PM		793725465		Yama 2:11PM – 3:17PM		Ganesha: White Sunrise: 7:34AM	
Then Creative Work - Siddha Yoga		Rahu 10:53AM – 11:59AM		Vajra* Until 2:19AM Sat		Muruqa: Clear Sunset: 4:23PM	
				Visti Until 2:33AM Sat		Moon 11 - Phase 32 - 20	
				Saptami Until 2:37PM		Nataraja: Clear	
						Moon - Purple	
						Margasira-Karttikai	
						Sivaloka Day	

<b>Saturday, December 11, 2021</b>		<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 26.55		Tithi 8 – 9		Purvaprosarthapada* Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21 Sutra 244	
Routine Work		Marana Yoga		Gulika 7:35AM – 8:41AM		Purvaprosarthapada* Until 5:57PM	
Until 5:57PM		713725465		Yama 1:05PM – 2:11PM		Ganesha: White Sunrise: 7:35AM	
Then Creative Work - Siddha Yoga		Rahu 9:47AM – 10:53AM		Siddhi Until 1:28AM Sun		Muruqa: Clear Sunset: 4:23PM	
				Balava Until 3:01AM Sun		Moon 11 - Phase 32 - 21	
				Ashtami* Until 2:40PM		Nataraja: Clear	
						Moon - Clear	
						Margasira-Karttikai	
						Sivaloka Day	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Sunday, December 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyalipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Trieste, Italy Sun 22 Sutra 245 Plava 5123	
Meena Rasi: 9.4	Tithi 9 – 10	<b>Gulika</b> 2:11PM – 3:17PM	<b>Uttaraproshtapada</b> Until 7:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM
		Yama 12:00PM – 1:06PM	Vyatipata* Until 1:11AM Mon			Moon 11 - Phase 33 - 22	4th Phase
		713725465 <b>Rahu</b> 3:17PM – 4:23PM	Taitila Until 4:12AM Mon			<b>Sivaloka Day</b>	
Creative Work	Amrita Yoga	<b>Navami* Until 3:30PM</b>		<b>Margasira-Karttikai</b>			

<b>2</b>		<b>Monday, December 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekashyam Titau		Trieste, Italy Sun 23 Sutra 246 Plava 5123	
Meena Rasi: 22.05	Tithi 10 – 11	<b>Gulika</b> 1:06PM – 2:12PM	<b>Revati</b> Until 9:22PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM
<b>Family Home Evening</b>		Yama 10:54AM – 12:00PM	Variyan Until 1:22AM Tue			Moon 11 - Phase 33 - 23	4th Phase
		714725465 <b>Rahu</b> 8:43AM – 9:49AM	Vanija Until 6:01AM Tue			<b>Devaloka Day</b>	
Creative Work	Siddha Yoga	<b>Dashami</b> Until 5:01PM		<b>Margasira-Karttikai</b>			

<b>3</b>		<b>Tuesday, December 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekashyam Titau		Trieste, Italy Sun 24 Sutra 247 Plava 5123	
Mesha Rasi: 4.15	Tithi 11	<b>Gulika</b> 12:01PM – 1:06PM	<b>Ashvini</b> Until 12:08AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:38AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM
		Yama 9:49AM – 10:55AM	Parigha* Until 1:56AM Wed			Moon 11 - Phase 33 - 24	4th Phase
		724725465 <b>Rahu</b> 2:12PM – 3:18PM	Vanija Until 6:01AM			<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	<b>Gita Jayanthi</b>	<b>Ekadashi</b> Until 7:05PM	<b>Margasira-Karttikai</b>		Devaloka Time: 3:PM to 6:PM	

<b>4</b>		<b>Wednesday, December 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvashyam Titau		Trieste, Italy Sun 25 Sutra 248 Plava 5123	
Mesha Rasi: 16.14	Tithi 12	<b>Gulika</b> 10:56AM – 12:01PM	<b>Bharani</b> Until 3:04AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM
		Yama 8:44AM – 9:50AM	Shiva Until 2:46AM Thu			Moon 11 - Phase 33 - 25	4th Phase
		724725465 <b>Rahu</b> 12:01PM – 1:07PM	Bava Until 8:18AM			<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	<b>Markali Pillaiyar</b>	<b>Dvadashi</b> Until 9:33PM	<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	
Until 3:04AM Thu							
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Thursday, December 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 249 Plava 5123	
Mesha Rasi: 28.06	Tithi 13	<b>Gulika</b> 9:51AM – 10:56AM	<b>Krittika</b> Until 6:00AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM
		Yama 7:39AM – 8:45AM	Siddha Until 3:42AM Fri			Moon 11 - Phase 33 - 26	4th Phase
		824725465 <b>Rahu</b> 1:07PM – 2:13PM	Kaulava Until 10:53AM			<b>Devaloka Day</b>	
Routine Work	Marana Yoga	<b>Trayodashi</b> Until 12:13AM Fri		<b>Margasira-Markali</b>			
		<i>Pradosha Vrata</i>					

<b>6</b>		<b>Friday, December 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 250 Plava 5123	
Vrishabha Rasi: 9.54	Tithi 14	<b>Gulika</b> 8:46AM – 9:51AM	<b>Krittika</b> Until 6:00AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM
		Yama 2:13PM – 3:19PM	Sadhya Until 4:41AM Sat			Moon 11 - Phase 33 - 27	4th Phase
		824725465 <b>Rahu</b> 10:57AM – 12:02PM	Gara Until 1:36PM			<b>Devaloka Day</b>	
Creative Work	Siddha Yoga	<b>Chaturdashi* Until 2:57AM Sat</b>		<b>Margasira-Markali</b>			
Until 6:00AM							
Then Routine Work - Marana Yoga							

<b>○</b>		<b>Saturday, December 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau		Trieste, Italy Sun 28 Sutra 251 Plava 5123	
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:41AM – 8:46AM	<b>Rohini</b> Until 9:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:41AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM
Vrishabha Rasi: 21.41	Tithi 15	Yama 1:08PM – 2:14PM	Subha Until 5:39AM Sun			Moon 11 - Phase 33 -	Purnima
		834725465 <b>Rahu</b> 9:52AM – 10:57AM	Visti Until 4:20PM			<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga	<b>Purnima* Until 5:38AM Sun</b>		<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	
Until 9:19AM							
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Sunday, December 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Balava Karana Prathamayam Titau		Trieste, Italy Sun 29 Sutra 252 Plava 5123	
<b>Silver Retreat Star</b>		<b>Gulika</b> 2:14PM – 3:19PM	<b>Mrigashira</b> Until 12:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:41AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM
Mithuna Rasi: 3.3	Tithi 16	Yama 12:03PM – 1:09PM	Sukla Until 6:27AM Mon			Moon 11 - Phase 33 -	Prathama
		834725465 <b>Rahu</b> 3:19PM – 4:25PM	Balava Until 6:56PM			<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	<b>Prathama* Until 8:09AM Mon</b>		<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Trieste, Italy

Sutra 253

Plava 5123

Mithuna Rasi: 15.23 Tithi 16 – 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 3:06PM

Then Creative Work - Amrita Yoga

Gulika 1:09PM – 2:14PM  
Yama 10:58AM – 12:04PM  
Rahu 8:47AM – 9:53AM

Ardra Darshanam

Ardra Until 3:06PM  
Sukla Until 6:27AM  
Taitila Until 9:21PM  
Prathama\* Until 8:09AM

Ganesha: White Sunrise: 7:42AM  
Muruqa: Clear Sunset: 4:25PM  
Nataraja: Clear  
Moon – Yellow

Margasira\*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1

Tuesday, December 21, 2021

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Trieste, Italy

Sutra 254

Plava 5123

Mithuna Rasi: 27.21 Tithi 17 – 18

Creative Work Siddha Yoga

Gulika 12:04PM – 1:10PM  
Yama 9:53AM – 10:59AM  
Rahu 2:15PM – 3:20PM

Day 1 of Pancha Ganapati

Punarvasu Until 5:54PM  
Brahma Until 7:05AM  
Vanija Until 11:28PM  
Dvitiya Until 10:25AM

Ganesha: Clear Sunrise: 7:43AM  
Muruqa: Clear Sunset: 4:26PM  
Nataraja: Clear  
Moon – Blue

Margasira\*Markali

Devaloka Day

2

Wednesday, December 22, 2021

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2

Trieste, Italy

Sutra 255

Plava 5123

Kataka Rasi: 9.26 Tithi 18 – 19

Creative Work Siddha Yoga

Gulika 10:59AM – 12:05PM  
Yama 8:48AM – 9:54AM  
Rahu 12:05PM – 1:10PM

Day 2 of Pancha Ganapati

Pushya Until 8:13PM  
Indra Until 7:31AM  
Bava Until 1:15AM Thu  
Tritiya Until 12:23PM

Ganesha: Clear Sunrise: 7:43AM  
Muruqa: Clear Sunset: 4:26PM  
Nataraja: Clear  
Moon – Blue

Margasira\*Markali

Devaloka Day

3

Thursday, December 23, 2021

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Trieste, Italy

Sutra 256

Plava 5123

Kataka Rasi: 21.39 Tithi 19 – 20

Creative Work Siddha Yoga

Until 10:01PM

Then Creative Work - Amrita Yoga

Gulika 9:54AM – 11:00AM  
Yama 7:44AM – 8:49AM  
Rahu 1:11PM – 2:16PM

Day 3 of Pancha Ganapati

Ashlesha\* Until 10:01PM  
Vaidhriti\* Until 7:39AM  
Kaulava Until 2:37AM Fri  
Chaturthi\* Until 1:58PM

Ganesha: Clear Sunrise: 7:44AM  
Muruqa: Clear Sunset: 4:27PM  
Nataraja: Clear  
Moon – Blue

Margasira\*Markali

Devaloka Day

4

Friday, December 24, 2021

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4

Trieste, Italy

Sutra 257

Plava 5123

Simha Rasi: 4.04 Tithi 20 – 21

Routine Work Marana Yoga

Until 11:40PM

Then Creative Work - Siddha Yoga

Gulika 8:49AM – 9:55AM  
Yama 2:16PM – 3:22PM  
Rahu 11:00AM – 12:06PM

Day 4 of Pancha Ganapati

Magha\* Until 11:40PM  
Vishkambha\* Until 7:28AM  
Gara Until 3:30AM Sat  
Panchami Until 3:06PM

Ganesha: Purple Sunrise: 7:44AM  
Muruqa: Clear Sunset: 4:27PM  
Nataraja: Clear  
Moon – Red

Margasira\*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Saturday, December 25, 2021

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5

Trieste, Italy

Sutra 258

Plava 5123

Simha Rasi: 16.41 Tithi 21 – 22

Creative Work Siddha Yoga

Until 12:37AM Sun

Then Creative Work - Amrita Yoga

Gulika 7:44AM – 8:50AM  
Yama 1:12PM – 2:17PM  
Rahu 9:55AM – 11:01AM

Day 5 of Pancha Ganapati

Purvaphalguni Until 12:37AM Sun  
Priti Until 6:55AM  
Visti Until 3:49AM Sun  
Shashthi\* Until 3:43PM

Ganesha: Purple Sunrise: 7:44AM  
Muruqa: Clear Sunset: 4:28PM  
Nataraja: Clear  
Moon – Red

Margasira\*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

6

Sunday, December 26, 2021

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6

Trieste, Italy

Sutra 259

Plava 5123

Simha Rasi: 29.34 Tithi 22 – 23

Creative Work Amrita Yoga

Until 12:50AM Mon

Then Creative Work - Siddha Yoga

Gulika 2:18PM – 3:23PM  
Yama 12:07PM – 1:12PM  
Rahu 3:23PM – 4:29PM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 12:50AM Mon  
Saubhagya Until 4:24AM Mon  
Balava Until 3:30AM Mon  
Saptami Until 3:43PM

Ganesha: Purple Sunrise: 7:45AM  
Muruqa: Clear Sunset: 4:29PM  
Nataraja: Orange  
Moon – Red

Margasira\*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7

Trieste, Italy

Sutra 260

Plava 5123

Kanya Rasi: 12.47 Tithi 23 – 24

Family Home Evening 865825466

Creative Work Siddha Yoga

Gulika 1:13PM – 2:18PM  
Yama 11:02AM – 12:07PM  
Rahu 8:51AM – 9:56AM

Hasta Until 12:40AM Tue  
Sobhana Until 2:23AM Tue  
Taitila Until 2:30AM Tue  
Ashtami\* Until 3:04PM

Ganesha: Clear Sunrise: 7:45AM  
Muruqa: Clear Sunset: 4:29PM  
Nataraja: Orange  
Moon – Green

Margasira\*Markali

Devaloka Day

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Athiganda\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Sun 8

Trieste, Italy

Sutra 261

Plava 5123

Kanya Rasi: 26.22 Tithi 24 – 25

Creative Work Siddha Yoga

Gulika 12:08PM – 1:13PM  
Yama 9:57AM – 11:02AM  
Rahu 2:19PM – 3:24PM

Chitra Until 11:43PM  
Athiganda\* Until 11:49PM  
Vanija Until 12:50AM Wed  
Navami\* Until 1:44PM

Ganesha: Clear Sunrise: 7:45AM  
Muruqa: Clear Sunset: 4:30PM  
Nataraja: Orange  
Moon – Green

Margasira\*Markali

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Trieste, Italy on 5/23/19


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<b>1</b>	<b>Wednesday, December 29, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Trieste, Italy
			Svati Nakshatra Sukarma Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 262
	Tula Rasi: 10.22	Tithi 25 – 26	<b>Gulika</b> 11:03AM – 12:08PM	<b>Svati</b> Until 10:00PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:46AM	Plava 5123
	865825466	<b>Rahu</b> 12:08PM – 1:14PM	Yama 8:51AM – 9:57AM	Sukarma Until 8:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 35 - 9
Creative Work	Siddha Yoga		Bava Until 10:33PM	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Dashami</b> Until 11:45AM	Moon – Green		<b>Devaloka Day</b>	
				<b>Margasira</b> *Markali			

<b>2</b>	<b>Thursday, December 30, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Trieste, Italy
			Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 263
	Tula Rasi: 24.44	Tithi 26 – 27	<b>Gulika</b> 9:57AM – 11:03AM	<b>Vishakha</b> Until 8:02PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:46AM	Plava 5123
	875825466	<b>Rahu</b> 1:14PM – 2:20PM	Yama 7:46AM – 8:51AM	Dhriti Until 5:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 35 - 10
Creative Work	Siddha Yoga		Kaulava Until 7:44PM	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Ekadashi*</b> Until 9:11AM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Margasira</b> *Markali		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, December 31, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Trieste, Italy
			Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 264
	Vrischika Rasi: 9.29	Tithi 27 – 28	<b>Gulika</b> 8:52AM – 9:58AM	<b>Anuradha</b> Until 5:30PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:46AM	Plava 5123
	875825466	<b>Rahu</b> 11:03AM – 12:09PM	Yama 2:21PM – 3:27PM	Shula* Until 1:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 35 - 11
Creative Work	Siddha Yoga		Vanija Until 2:45AM Sat	<b>Nataraja:</b> Orange		2nd Phase	
Until 5:30PM			<b>Dvadashi*</b> Until 6:08AM	Moon – Orange		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Margasira</b> *Markali		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, January 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Trieste, Italy
			Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 265
	Vrischika Rasi: 24.29	Tithi 29	<b>Gulika</b> 7:46AM – 8:52AM	<b>Jyeshtha*</b> Until 2:35PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:46AM	Plava 5123
	875825466	<b>Rahu</b> 9:58AM – 11:04AM	Yama 1:16PM – 2:21PM	Ganda* Until 9:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 35 - 12
Creative Work	Siddha Yoga		Visti Until 12:59PM	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Chaturdashi*</b> Until 11:09PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Margasira</b> *Markali		Devaloka Time: 3:PM to 6:PM	

	<b>Sunday, January 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Trieste, Italy
	<b>Retreat Star</b>		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 266
	Dhanus Rasi: 9.38	Tithi 30	<b>Gulika</b> 2:22PM – 3:28PM	<b>Mula*</b> Until 11:50AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:46AM	Plava 5123
	885825466	<b>Rahu</b> 3:28PM – 4:34PM	Yama 12:10PM – 1:16PM	Dhruva Until 12:55AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:34PM	Moon 12 - Phase 35 - 13
Creative Work	Amrita Yoga		Catuspada Until 9:21AM	<b>Nataraja:</b> Orange		Amavasya	
Until 11:50AM			<b>Amavasya*</b> Until 7:32PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira</b> *Markali		Devaloka Time: 3:PM to 6:PM	

<b>Monday, January 3, 2022</b>	<b>Retreat Star</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy
			Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 267
	Dhanus Rasi: 24.46	Tithi 1 – 2	<b>Gulika</b> 1:17PM – 2:23PM	<b>Purvashadha*</b> Until 9:01AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:46AM	Plava 5123
	886825466	<b>Rahu</b> 8:52AM – 9:58AM	Yama 11:04AM – 12:11PM	Vyaghata* Until 8:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 35 - 14
<b>Family Home Evening</b>			Balava Until 2:25AM Tue	<b>Nataraja:</b> Orange		Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 4:02PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Pausha</b> *Markali			

<b>1</b>		<b>Tuesday, January 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Trieste, Italy Sun 15 Sutra 268 Plava 5123	
Makara Rasi: 9.43	Tithi 2 - 3	<b>Gulika</b>	12:11PM - 1:17PM	<b>Uttarashadha</b> Until 6:18AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:46AM	
		Yama	9:59AM - 11:05AM	Harshana Until 5:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 36 - 15
		886825466 <b>Rahu</b>	2:24PM - 3:30PM	Taitila Until 11:26PM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Prabalarishta Yoga			<b>Dvitiya</b> Until 12:51PM	Moon - Light Blue		<b>Devaloka Day</b>
Until 6:18AM					<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, January 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 16 Sutra 269 Plava 5123	
Makara Rasi: 24.22	Tithi 3 - 4	<b>Gulika</b>	11:05AM - 12:12PM	<b>Dhanishtha</b> Until 2:41AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:46AM	
		Yama	8:52AM - 9:59AM	Vajra* Until 1:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 36 - 16
		896825466 <b>Rahu</b>	12:12PM - 1:18PM	Vanija Until 9:00PM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Prabalarishta Yoga			<b>Tritiya</b> Until 10:07AM	Moon - Purple		<b>Devaloka Day</b>
Until 2:41AM Thu		<b>Subramuniyaswami Jayanti</b>			<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Thursday, January 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Trieste, Italy Sun 17 Sutra 270 Plava 5123	
Kumbha Rasi: 8.35	Tithi 4 - 5	<b>Gulika</b>	9:59AM - 11:05AM	<b>Shatabhishak</b> Until 1:41AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:46AM	
		Yama	7:46AM - 8:52AM	Siddhi Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 36 - 17
		896825466 <b>Rahu</b>	1:19PM - 2:25PM	Bava Until 7:16PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Chaturthi*</b> Until 8:01AM	Moon - Purple		<b>Devaloka Day</b>
					<b>Pausha-Markali</b>		

<b>4</b>		<b>Friday, January 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Trieste, Italy Sun 18 Sutra 271 Plava 5123	
Kumbha Rasi: 22.2	Tithi 5 - 6	<b>Gulika</b>	8:52AM - 9:59AM	<b>Purvaproshtapada*</b> Until 1:48AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:46AM	
		Yama	2:26PM - 3:32PM	Vyatipata* Until 8:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM	Moon 12 - Phase 36 - 18
		816825466 <b>Rahu</b>	11:06AM - 12:12PM	Kaulava Until 6:21PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Panchami</b> Until 6:41AM	Moon - Clear		<b>Devaloka Day</b>
					<b>Pausha-Markali</b>		

<b>5</b>		<b>Saturday, January 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Trieste, Italy Sun 19 Sutra 272 Plava 5123	
Meena Rasi: 5.37	Tithi 6 - 7	<b>Gulika</b>	7:45AM - 8:52AM	<b>Uttaraproshtapada</b> Until 2:37AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:45AM	
		Yama	1:20PM - 2:27PM	Variyan Until 7:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 36 - 19
		816825466 <b>Rahu</b>	9:59AM - 11:06AM	Gara Until 6:20PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi*</b> Until 6:13AM	Moon - Clear		<b>Devaloka Day</b>
Until 2:37AM Sun					<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, January 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Trieste, Italy Sun 20 Sutra 273 Plava 5123	
Meena Rasi: 18.26	Tithi 7 - 8	<b>Gulika</b>	2:27PM - 3:34PM	<b>Revati</b> Until 4:07AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:45AM	
		Yama	12:13PM - 1:20PM	Parigha* Until 6:15AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 36 - 20
		816825466 <b>Rahu</b>	3:34PM - 4:41PM	Visti Until 7:11PM	<b>Nataraja:</b> Orange		Ashtami
Creative Work	Amrita Yoga			<b>Saptami</b> Until 6:38AM	Moon - Clear		<b>Devaloka Day</b>
Until 4:07AM Mon					<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Monday, January 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Trieste, Italy Sun 21 Sutra 274 Plava 5123	
Mesha Rasi: 0.52	Tithi 8 - 9	<b>Gulika</b>	1:21PM - 2:28PM	<b>Ashvini</b> Until 6:38AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:45AM	
		Yama	11:06AM - 12:14PM	Shiva Until 6:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 36 - 21
<b>Family Home Evening</b>		826825466 <b>Rahu</b>	8:52AM - 9:59AM	Balava Until 8:49PM	<b>Nataraja:</b> Orange		Navami
Creative Work	Siddha Yoga			<b>Ashtami*</b> Until 7:54AM	Moon - White		<b>Sivaloka Day</b>
					<b>Pausha-Markali</b>		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Tuesday, January 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Trieste, Italy Sun 22 Sutra 275 Plava 5123		
Mesha Rasi: 13.01	Tithi 9 – 10	<b>Gulika</b> 12:14PM – 1:22PM	<b>Ashvini</b> Until 6:38AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 37 - 22 4th Phase
Creative Work	Siddha Yoga	Yama 9:59AM – 11:07AM	Siddha Until 6:22AM	<b>Nataraja:</b> Orange		Moon – White		<b>Devaloka Day</b>
		827825466 <b>Rahu</b> 2:29PM – 3:36PM	Taitila Until 11:05PM	<b>Navami*</b> Until 9:52AM		<b>Pausha-Markali</b>		

<b>2</b>		<b>Wednesday, January 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 23 Sutra 276 Plava 5123		
Mesha Rasi: 24.56	Tithi 10 – 11	<b>Gulika</b> 11:07AM – 12:15PM	<b>Bharani</b> Until 9:29AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 37 - 23 4th Phase
Creative Work	Siddha Yoga	Yama 8:52AM – 9:59AM	Sadhya Until 7:05AM	<b>Nataraja:</b> Orange		Moon – White		<b>Devaloka Day</b>
Until 9:29AM		827825466 <b>Rahu</b> 12:15PM – 1:22PM	Vanija Until 1:43AM Thu	<b>Dashami</b> Until 12:21PM		<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga		<b>Vaikuntha Ekadasi</b>						

<b>3</b>		<b>Thursday, January 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 24 Sutra 277 Plava 5123		
Vrishabha Rasi: 6.44	Tithi 11 – 12	<b>Gulika</b> 9:59AM – 11:07AM	<b>Krittika</b> Until 12:27PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 37 - 24 4th Phase
Routine Work	Marana Yoga	Yama 7:44AM – 8:51AM	Subha Until 8:04AM	<b>Nataraja:</b> Orange		Moon – White		<b>Devaloka Day</b>
		827825466 <b>Rahu</b> 1:23PM – 2:31PM	Bava Until 4:31AM Fri	<b>Ekadashi</b> Until 3:05PM		<b>Pausha-Markali</b>		

<b>4</b>		<b>Friday, January 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 25 Sutra 278 Plava 5123		
Vrishabha Rasi: 18.31	Tithi 12 – 13	<b>Gulika</b> 8:51AM – 9:59AM	<b>Rohini</b> Until 3:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 37 - 25 4th Phase
Routine Work	Marana Yoga	Yama 2:31PM – 3:39PM	Sukla Until 9:05AM	<b>Nataraja:</b> Orange		Moon – Yellow		<b>Bhuloka Day</b>
Until 3:48PM		827825466 <b>Rahu</b> 11:07AM – 12:15PM	Kaulava Until 7:14AM Sat	<b>Dvadashi</b> Until 5:52PM		<b>Pausha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga		<b>Thai Pongal</b>		<i>Pradosha Vrata</i>				

<b>5</b>		<b>Saturday, January 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 279 Plava 5123		
Mithuna Rasi: 0.18	Tithi 13	<b>Gulika</b> 7:43AM – 8:51AM	<b>Mrigashira</b> Until 6:52PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 37 - 26 4th Phase
Creative Work	Siddha Yoga	Yama 1:24PM – 2:32PM	Brahma Until 10:02AM	<b>Nataraja:</b> Orange		Moon – Yellow		<b>Bhuloka Day</b>
		827825466 <b>Rahu</b> 9:59AM – 11:07AM	Kaulava Until 7:14AM	<b>Trayodashi</b> Until 8:30PM		<b>Pausha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>6</b>		<b>Sunday, January 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 280 Plava 5123		
Mithuna Rasi: 12.11	Tithi 14	<b>Gulika</b> 2:33PM – 3:41PM	<b>Ardra</b> Until 9:30PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 37 - 27 4th Phase
Creative Work	Siddha Yoga	Yama 12:16PM – 1:25PM	Indra Until 10:50AM	<b>Nataraja:</b> Orange		Moon – Yellow		<b>Bhuloka Day</b>
		827825466 <b>Rahu</b> 3:41PM – 4:50PM	Gara Until 9:44AM	<b>Chaturdashi*</b> Until 10:51PM		<b>Pausha-Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>○</b>		<b>Monday, January 17, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		Trieste, Italy Sun 28 Sutra 281 Plava 5123		
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:25PM – 2:34PM	<b>Punarvasu</b> Until 12:06AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 37 - Purnima
Mithuna Rasi: 24.1	Tithi 15	Yama 11:08AM – 12:16PM	Vaidhriti* Until 11:21AM	<b>Nataraja:</b> Orange		Moon – Blue		<b>Sivaloka Day</b>
<b>Family Home Evening</b>		848835466 <b>Rahu</b> 8:50AM – 9:59AM	Visti Until 11:54AM	<b>Purnima*</b> Until 12:49AM Tue		<b>Pausha-Thai</b>		
Creative Work	Amrita Yoga							
Until 12:06AM Tue								
Then Creative Work - Siddha Yoga								

<b>○</b>		<b>Tuesday, January 18, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Prathamayam Titau		Trieste, Italy Sun 28 Sutra 282 Plava 5123		
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:17PM – 1:26PM	<b>Pushya</b> Until 2:10AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 37 - Prathama
Kataka Rasi: 6.19	Tithi 16	Yama 9:59AM – 11:08AM	Vishkambha* Until 11:35AM	<b>Nataraja:</b> Orange		Moon – Blue		<b>Sivaloka Day</b>
Creative Work	Siddha Yoga	848835466 <b>Rahu</b> 2:35PM – 3:44PM	Balava Until 1:41PM	<b>Prathama*</b> Until 2:24AM Wed		<b>Pausha-Thai</b>		
		<b>Thai Pusam</b>						

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 283

Plava 5123

Moon 1 - Phase 38 -

1st Phase

Kataka Rasi: 18.38      Tithi 17

**Gulika** 11:08AM – 12:17PM  
Yama 8:49AM – 9:59AM  
848935466 **Rahu** 12:17PM – 1:26PM

**Ashlesha\* Until 3:42AM Thu**  
Priti Until 11:33AM  
Taitila Until 3:03PM  
**Dvitiya Until 3:34AM Thu**

**Ganesha:** Yellow      *Sunrise:* 7:40AM  
**Muruqa:** Purple      *Sunset:* 4:54PM  
**Nataraja:** Orange  
Moon – Blue

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 3:42AM Thu  
Then Creative Work - Amrita Yoga

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Trieste, Italy

Sutra 284

Plava 5123

Moon 1 - Phase 38 - 1

1st Phase

Simha Rasi: 1.07      Tithi 18

**Gulika** 9:58AM – 11:08AM  
Yama 7:39AM – 8:49AM  
858935466 **Rahu** 1:27PM – 2:36PM

**Magha\* Until 5:10AM Fri**  
Ayushman Until 11:10AM  
Vanija Until 4:02PM  
**Tritiya Until 4:21AM Fri**

**Ganesha:** White      *Sunrise:* 7:39AM  
**Muruqa:** Purple      *Sunset:* 4:55PM  
**Nataraja:** Orange  
Moon – Red

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 5:10AM Fri  
Then Creative Work - Siddha Yoga

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy

Sutra 285

Plava 5123

Moon 1 - Phase 38 - 2

1st Phase

Simha Rasi: 13.46      Tithi 19

**Gulika** 8:48AM – 9:58AM  
Yama 2:37PM – 3:47PM  
858935466 **Rahu** 11:08AM – 12:18PM

**Purvaphalguni Until 6:06AM Sat**  
Saubhagya Until 10:31AM  
Bava Until 4:37PM  
**Chaturthi\* Until 4:45AM Sat**

**Ganesha:** White      *Sunrise:* 7:39AM  
**Muruqa:** Purple      *Sunset:* 4:57PM  
**Nataraja:** Orange  
Moon – Red

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 6:06AM Sat  
Then Routine Work - Marana Yoga

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sutra 286

Plava 5123

Moon 1 - Phase 38 - 3

1st Phase

Simha Rasi: 26.36      Tithi 20

**Gulika** 7:38AM – 8:48AM  
Yama 1:28PM – 2:38PM  
858935466 **Rahu** 9:58AM – 11:08AM

**Purvaphalguni Until 6:06AM**  
Sobhana Until 9:35AM  
Kaulava Until 4:49PM  
**Panchami Until 4:44AM Sun**

**Ganesha:** White      *Sunrise:* 7:38AM  
**Muruqa:** Purple      *Sunset:* 4:58PM  
**Nataraja:** Orange  
Moon – Red

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 6:06AM  
Then Routine Work - Marana Yoga

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarna Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sutra 287

Plava 5123

Moon 1 - Phase 38 - 4

1st Phase

Kanya Rasi: 9.38      Tithi 21

**Gulika** 2:39PM – 3:49PM  
Yama 12:18PM – 1:28PM  
858935466 **Rahu** 3:49PM – 4:59PM

**Uttaraphalguni Until 6:30AM**  
Athiganda\* Until 8:18AM  
Gara Until 4:36PM  
**Shashthi\* Until 4:18AM Mon**

**Ganesha:** White      *Sunrise:* 7:37AM  
**Muruqa:** Purple      *Sunset:* 4:59PM  
**Nataraja:** Orange  
Moon – Red

**Devaloka Day**

Creative Work    Amrita Yoga

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Saplamyam Titau

Trieste, Italy

Sutra 288

Plava 5123

Moon 1 - Phase 38 - 5

1st Phase

Kanya Rasi: 22.53      Tithi 22

**Gulika** 1:29PM – 2:40PM  
Yama 11:08AM – 12:18PM  
969935466 **Rahu** 8:47AM – 9:57AM

**Hasta Until 6:47AM**  
Sukarna Until 6:42AM  
Visti Until 3:56PM  
**Saptami Until 3:24AM Tue**

**Ganesha:** Green      *Sunrise:* 7:36AM  
**Muruqa:** Purple      *Sunset:* 5:01PM  
**Nataraja:** Orange  
Moon – Green

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 6:47AM  
Then Routine Work - Prabalarishta Yoga

D

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sutra 289

Plava 5123

Moon 1 - Phase 38 - 6

Ashtami

Tula Rasi: 6.23      Tithi 23

**Gulika** 12:19PM – 1:30PM  
Yama 9:57AM – 11:08AM  
969935466 **Rahu** 2:40PM – 3:51PM

**Chitra Until 6:28AM**  
Shula\* Until 2:23AM Wed  
Balava Until 2:47PM  
**Ashtami\* Until 2:01AM Wed**

**Ganesha:** Green      *Sunrise:* 7:35AM  
**Muruqa:** Purple      *Sunset:* 5:02PM  
**Nataraja:** Orange  
Moon – Green

**Devaloka Day**

Creative Work    Siddha Yoga

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sutra 290

Plava 5123

Moon 1 - Phase 38 - 7

Navami

Tula Rasi: 20.11      Tithi 24

**Gulika** 11:08AM – 12:19PM  
Yama 8:45AM – 9:57AM  
979935466 **Rahu** 12:19PM – 1:30PM

**Vishakha Until 4:23AM Thu**  
Ganda\* Until 11:39PM  
Taitila Until 1:09PM  
**Navami\* Until 12:08AM Thu**

**Ganesha:** Orange      *Sunrise:* 7:34AM  
**Muruqa:** Purple      *Sunset:* 5:04PM  
**Nataraja:** Orange  
Moon – Orange

**Sivaloka Day**


Creative Work    Siddha Yoga

<b>1</b>		<b>Thursday, January 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Trieste, Italy Sutra 291 Plava 5123	
Vrischika Rasi: 4.17		Tithi 25		979935466		Gulika 9:56AM – 11:08AM Yama 7:33AM – 8:45AM Rahu 1:31PM – 2:42PM		Anuradha Until 2:40AM Fri Vriddhi Until 8:34PM Vanija Until 11:03AM Dashami Until 9:49PM	
Creative Work		Siddha Yoga				Ganesha: Orange Muruqa: Purple Nataraja: Orange Moon – Orange		Sunrise: 7:33AM Sunset: 5:05PM Moon 1 - Phase 39 - 8 2nd Phase	
Until 2:40AM Fri		Then Routine Work - Marana Yoga				Pausha*Thai		Sivaloka Day	

<b>2</b>		<b>Friday, January 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Trieste, Italy Sutra 292 Plava 5123	
Vrischika Rasi: 18.4		Tithi 26		979935466		Gulika 8:44AM – 9:56AM Yama 2:43PM – 3:55PM Rahu 11:08AM – 12:19PM		Jyeshtha* Until 12:27AM Sat Dhruva Until 5:08PM Bava Until 8:31AM Ekadashi* Until 7:06PM	
Routine Work		Marana Yoga				Ganesha: Orange Muruqa: Purple Nataraja: Orange Moon – Orange		Sunrise: 7:32AM Sunset: 5:06PM Moon 1 - Phase 39 - 9 2nd Phase	
Until 12:27AM Sat		Then Creative Work - Siddha Yoga				Pausha*Thai		Sivaloka Day	

<b>3</b>		<b>Saturday, January 29, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Trieste, Italy Sutra 293 Plava 5123	
Dhanus Rasi: 3.18		Tithi 27 – 28		989935466		Gulika 7:31AM – 8:43AM Yama 1:32PM – 2:44PM Rahu 9:55AM – 11:07AM		Mula* Until 10:16PM Vyaghata* Until 1:29PM Gara Until 2:33AM Sun Dvadashi* Until 4:06PM	
Creative Work		Siddha Yoga				Ganesha: Light Blue Muruqa: Purple Nataraja: Orange Moon – Light Blue		Sunrise: 7:31AM Sunset: 5:08PM Moon 1 - Phase 39 - 10 2nd Phase	
Until 7:49PM		Then Creative Work - Amrita Yoga				Pausha*Thai		Devaloka Day	
<i>Pradosha Vrata (Fasting)</i>									

<b>4</b>		<b>Sunday, January 30, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Trieste, Italy Sutra 294 Plava 5123	
Dhanus Rasi: 18.06		Tithi 28 – 29		989935466		Gulika 2:44PM – 3:57PM Yama 12:20PM – 1:32PM Rahu 3:57PM – 5:09PM		Purvashadha* Until 7:49PM Harshana Until 9:42AM Visti Until 11:22PM Trayodashi* Until 12:57PM	
Creative Work		Siddha Yoga				Ganesha: Light Blue Muruqa: Purple Nataraja: Orange Moon – Light Blue		Sunrise: 7:30AM Sunset: 5:09PM Moon 1 - Phase 39 - 11 2nd Phase	
Until 7:49PM		Then Creative Work - Amrita Yoga				Pausha*Thai		Devaloka Day	

		<b>Monday, January 31, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Trieste, Italy Sutra 295 Plava 5123	
Makara Rasi: 2.57		Tithi 29 – 30		989935466		Gulika 1:33PM – 2:45PM Yama 11:07AM – 12:20PM Rahu 8:42AM – 9:54AM		Uttarashadha Until 5:16PM Siddhi Until 2:07AM Tue Catuspada Until 8:15PM Chaturdashi* Until 9:46AM	
Family Home Evening		Routine Work		Marana Yoga		Ganesha: Light Blue Muruqa: Purple Nataraja: Orange Moon – Light Blue		Sunrise: 7:29AM Sunset: 5:11PM Moon 1 - Phase 39 - 12 Amavasya	
Until 5:16PM		Then Creative Work - Amrita Yoga				Pausha*Thai		Devaloka Day	

<b>Retreat Star</b>		<b>Tuesday, February 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 13		Trieste, Italy Sutra 296 Plava 5123	
Makara Rasi: 17.43		Tithi 30 – 1		991935466		Gulika 12:20PM – 1:33PM Yama 9:54AM – 11:07AM Rahu 2:45PM – 3:58PM		Shravana Until 3:12PM Vyatipata* Until 10:37PM Bava Until 4:01AM Wed Amavasya* Until 6:45AM	
Creative Work		Siddha Yoga				Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Purple		Sunrise: 7:29AM Sunset: 5:11PM Moon 1 - Phase 39 - 13 Prathama	
						Magha*Thai		Sivaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>	<b>Wednesday, February 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy Sun 14
	Kumbha Rasi: 2.16	Tithi 2	<b>Gulika</b> 11:07AM – 12:20PM Yama 8:41AM – 9:54AM 991935467 <b>Rahu</b> 12:20PM – 1:33PM	<b>Dhanishtha</b> Until 1:22PM Variyan Until 7:26PM Balava Until 2:51PM Dvitiya Until 1:46AM Thu	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Purple <b>Magha-Thai</b>	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 5:12PM	Sutra 297 Plava 5123 Moon 1 - Phase 40 - 14 3rd Phase <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 1:22PM Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Thursday, February 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Trieste, Italy Sun 15
	Kumbha Rasi: 16.28	Tithi 3	<b>Gulika</b> 9:53AM – 11:07AM Yama 7:27AM – 8:40AM 991935467 <b>Rahu</b> 1:34PM – 2:47PM	<b>Shatabhishak</b> Until 11:55AM Parigha* Until 4:44PM Taitila Until 12:54PM Tritiya Until 12:09AM Fri	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple <b>Magha-Thai</b>	<b>Sunrise:</b> 7:27AM <b>Sunset:</b> 5:14PM	Sutra 298 Plava 5123 Moon 1 - Phase 40 - 15 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>3</b>	<b>Friday, February 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Trieste, Italy Sun 16
	Meena Rasi: 0.15	Tithi 4	<b>Gulika</b> 8:39AM – 9:53AM Yama 2:48PM – 4:01PM 911935467 <b>Rahu</b> 11:07AM – 12:20PM	<b>Purvaproshtapada*</b> Until 11:27AM Shiva Until 2:38PM Vanija Until 11:38AM Chaturthi* Until 11:18PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:26AM <b>Sunset:</b> 5:15PM	Sutra 299 Plava 5123 Moon 1 - Phase 40 - 16 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>4</b>	<b>Saturday, February 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 17
	Meena Rasi: 13.35	Tithi 5	<b>Gulika</b> 7:24AM – 8:38AM Yama 1:34PM – 2:48PM 911935467 <b>Rahu</b> 9:52AM – 11:06AM	<b>Uttaraproshtapada</b> Until 11:37AM Siddha Until 1:09PM Bava Until 11:12AM Panchami Until 11:17PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:24AM <b>Sunset:</b> 5:16PM	Sutra 300 Plava 5123 Moon 1 - Phase 40 - 17 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 11:37AM Then Routine Work - Prabalarishta Yoga							

<b>5</b>	<b>Sunday, February 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy Sun 18
	Meena Rasi: 26.29	Tithi 6	<b>Gulika</b> 2:49PM – 4:04PM Yama 12:20PM – 1:35PM 911935467 <b>Rahu</b> 4:04PM – 5:18PM	<b>Revati</b> Until 12:29PM Sadhya Until 12:21PM Kaulava Until 11:38AM Shashthi* Until 12:09AM Mon	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Magha-Thai</b>	<b>Sunrise:</b> 7:23AM <b>Sunset:</b> 5:18PM	Sutra 301 Plava 5123 Moon 1 - Phase 40 - 18 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga Until 12:29PM Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Monday, February 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy Sun 19
	Mesha Rasi: 8.59	Tithi 7	<b>Gulika</b> 1:35PM – 2:50PM Yama 11:06AM – 12:21PM 921935467 <b>Rahu</b> 8:36AM – 9:51AM	<b>Ashvini</b> Until 2:28PM Subha Until 12:12PM Gara Until 12:54PM Saptami Until 1:48AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White <b>Magha-Thai</b>	<b>Sunrise:</b> 7:22AM <b>Sunset:</b> 5:19PM	Sutra 302 Plava 5123 Moon 1 - Phase 40 - 19 3rd Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga							

<b>D</b>	<b>Tuesday, February 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 20
	Mesha Rasi: 21.1	Tithi 8	<b>Gulika</b> 12:21PM – 1:36PM Yama 9:51AM – 11:06AM 921935467 <b>Rahu</b> 2:51PM – 4:06PM	<b>Bharani</b> Until 4:57PM Sukla Until 12:34PM Visti Until 2:53PM Ashtami* Until 4:03AM Wed	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White <b>Magha-Thai</b>	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 5:21PM	Sutra 303 Plava 5123 Moon 1 - Phase 40 - 20 Ashtami <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>D</b>	<b>Wednesday, February 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 21
	Vrishabha Rasi: 3.08	Tithi 9	<b>Gulika</b> 11:05AM – 12:21PM Yama 8:34AM – 9:50AM 921935467 <b>Rahu</b> 12:21PM – 1:36PM	<b>Krittika</b> Until 7:44PM Brahma Until 1:20PM Balava Until 5:22PM Navami* Until 6:41AM Thu	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White <b>Magha-Thai</b>	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 5:22PM	Sutra 304 Plava 5123 Moon 1 - Phase 40 - 21 Navami <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 7:44PM Then Creative Work - Siddha Yoga							

<b>1</b>	<b>Thursday, February 10, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Trieste, Italy
	931935467	<b>Gulika</b> 9:49AM – 11:05AM <b>Yama</b> 7:18AM – 8:33AM <b>Rahu</b> 1:36PM – 2:52PM	<b>Rohini Until 11:03PM</b> Indra Until 2:20PM Taitila Until 8:05PM <b>Navami* Until 6:41AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 5:24PM	Sun 22 Sutra 305 Plava 5123 Moon 1 - Phase 41 - 22 4th Phase	<b>Subha Sivaloka Day</b>
	Vishabha Rasi: 14.57 Tithi 9 – 10		Routine Work Marana Yoga				


<b>2</b>	<b>Friday, February 11, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Trieste, Italy
	932935467	<b>Gulika</b> 8:32AM – 9:49AM <b>Yama</b> 2:53PM – 4:09PM <b>Rahu</b> 11:05AM – 12:21PM	<b>Mrigashira Until 2:09AM Sat</b> Vaidhriti* Until 3:19PM Vanija Until 10:46PM <b>Dashami Until 9:26AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<b>Sunrise:</b> 7:16AM <b>Sunset:</b> 5:25PM	Sun 23 Sutra 306 Plava 5123 Moon 1 - Phase 41 - 23 4th Phase	<b>Sivaloka Day</b>
	Vishabha Rasi: 26.44 Tithi 10 – 11		Creative Work Siddha Yoga				


<b>3</b>	<b>Saturday, February 12, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy
	932135467	<b>Gulika</b> 7:15AM – 8:31AM <b>Yama</b> 1:37PM – 2:54PM <b>Rahu</b> 9:48AM – 11:04AM	<b>Ardra Until 4:48AM Sun</b> Vishkambha* Until 4:10PM Bava Until 1:12AM Sun <b>Ekadashi Until 12:01PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Masi</b>	<b>Sunrise:</b> 7:15AM <b>Sunset:</b> 5:27PM	Sun 24 Sutra 307 Plava 5123 Moon 1 - Phase 41 - 24 4th Phase	<b>Sivaloka Day</b>
	Mithuna Rasi: 8.34 Tithi 11 – 12		Creative Work Siddha Yoga				

<b>4</b>	<b>Sunday, February 13, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Trieste, Italy
	942135467	<b>Gulika</b> 2:54PM – 4:11PM <b>Yama</b> 12:21PM – 1:38PM <b>Rahu</b> 4:11PM – 5:28PM	<b>Punarvasu Until 7:23AM Mon</b> Priti Until 4:45PM Kaulava Until 3:13AM Mon <b>Dvadashi Until 2:15PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:13AM <b>Sunset:</b> 5:28PM	Sun 25 Sutra 308 Plava 5123 Moon 1 - Phase 41 - 25 4th Phase	<b>Devaloka Day</b>
	Mithuna Rasi: 20.3 Tithi 12 – 13		Creative Work Siddha Yoga				
	<i>Pradosha Vrata</i>						

<b>5</b>	<b>Monday, February 14, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy
	942135467	<b>Gulika</b> 1:38PM – 2:55PM <b>Yama</b> 11:04AM – 12:21PM <b>Rahu</b> 8:29AM – 9:46AM	<b>Punarvasu Until 7:23AM</b> Ayushman Until 4:57PM Gara Until 4:42AM Tue <b>Trayodashi Until 4:00PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:12AM <b>Sunset:</b> 5:30PM	Sun 26 Sutra 309 Plava 5123 Moon 1 - Phase 41 - 26 4th Phase	<b>Devaloka Day</b>
	Kataka Rasi: 2.37 Tithi 13 – 14 <b>Family Home Evening</b>		Creative Work Amrita Yoga Until 7:23AM Then Creative Work - Siddha Yoga				

<b>6</b>	<b>Tuesday, February 15, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Trieste, Italy
	942135467	<b>Gulika</b> 12:21PM – 1:38PM <b>Yama</b> 9:46AM – 11:03AM <b>Rahu</b> 2:56PM – 4:13PM	<b>Pushya Until 9:18AM</b> Saubhagya Until 4:46PM Visti Until 5:40AM Wed <b>Chaturdashi* Until 5:14PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 5:31PM	Sun 27 Sutra 310 Plava 5123 Moon 1 - Phase 41 - 27 4th Phase	<b>Devaloka Day</b>
	Kataka Rasi: 14.56 Tithi 14 – 15		Creative Work Siddha Yoga Chidambaram Abhishekam				

	<b>Wednesday, February 16, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Trieste, Italy
	942135467	<b>Gulika</b> 11:03AM – 12:21PM <b>Yama</b> 8:27AM – 9:45AM <b>Rahu</b> 12:21PM – 1:39PM	<b>Ashlesha* Until 10:33AM</b> Sobhana Until 4:12PM Balava Until 6:08AM Thu <b>Purnima* Until 5:57PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 5:32PM	Sun 28 Sutra 311 Plava 5123 Moon 1 - Phase 41 - Purnima	<b>Devaloka Day</b>
	Kataka Rasi: 27.3 Tithi 15 – 16		Creative Work Siddha Yoga				

	<b>Thursday, February 17, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Trieste, Italy
	952135467	<b>Gulika</b> 9:44AM – 11:02AM <b>Yama</b> 7:07AM – 8:26AM <b>Rahu</b> 1:39PM – 2:57PM	<b>Magha* Until 11:39AM</b> Athiganda* Until 3:13PM Balava Until 6:08AM <b>Prathama* Until 6:10PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Red <b>Magha-Masi</b>	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 5:34PM	Sun 29 Sutra 312 Plava 5123 Moon 1 - Phase 41 - Prathama	<b>Sivaloka Day</b>
	Simha Rasi: 10.17 Tithi 16		Creative Work Amrita Yoga Until 11:39AM Then Creative Work - Siddha Yoga				

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time. Calculated for Trieste, Italy on 5/23/19

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Friday, February 18, 2022

Gold Retreat Star

Simha Rasi: 23.17 Tithi 17 - 18

952135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukama/Dhriti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam TitauGulika 8:25AM - 9:43AM  
Yama 2:58PM - 4:17PM  
Rahu 11:02AM - 12:21PMPurvaphalguni Until 12:09PM  
Sukarma Until 1:56PM  
Taitila Until 6:08AM  
Dvitiya Until 5:59PMGanesha: Yellow  
Muruqa: Purple  
Nataraja: Clear  
Moon - Red  
Magha-MasiSunrise: 7:06AM  
Sunset: 5:35PMSun 1 Trieste, Italy  
Sutra 313  
Plava 5123  
Moon 2 - Phase 42 - 1  
1st Phase

Sivaloka Day

1

Saturday, February 19, 2022

Kanya Rasi: 6.29 Tithi 18 - 19

952135467

Routine Work Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Visti/Bava Karana Tritiya/Chaturthyam TitauGulika 7:04AM - 8:23AM  
Yama 1:40PM - 2:59PM  
Rahu 9:42AM - 11:01AMUttaraphalguni Until 12:10PM  
Dhriti Until 12:23PM  
Bava Until 5:04AM Sun  
Tritiya Until 5:26PMGanesha: Yellow  
Muruqa: Purple  
Nataraja: Clear  
Moon - Red  
Magha-MasiSunrise: 7:04AM  
Sunset: 5:37PMSun 2 Trieste, Italy  
Sutra 314  
Plava 5123  
Moon 2 - Phase 42 - 2  
1st Phase

Sivaloka Day

2

Sunday, February 20, 2022

Kanya Rasi: 19.52 Tithi 19 - 20

962135467

Creative Work Amrita Yoga  
Until 12:10PM  
Then Creative Work - Siddha YogaPlava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam TitauGulika 2:59PM - 4:19PM  
Yama 12:20PM - 1:40PM  
Rahu 4:19PM - 5:38PMHasta Until 12:10PM  
Shula\* Until 10:34AM  
Kaulava Until 4:05AM Mon  
Chaturthi\* Until 4:35PMGanesha: White  
Muruqa: Purple  
Nataraja: Clear  
Moon - Green  
Magha-MasiSunrise: 7:03AM  
Sunset: 5:38PMSun 3 Trieste, Italy  
Sutra 315  
Plava 5123  
Moon 2 - Phase 42 - 3  
1st Phase

Devaloka Day

3

Monday, February 21, 2022

Tula Rasi: 3.23 Tithi 20 - 21

962135467

Family Home Evening  
Routine Work Prabalarishta Yoga  
Until 11:45AM  
Then Creative Work - Amrita YogaPlava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\*/Vridhi Yoga Taitila/Gara Karana Panchami/Shashtyam TitauGulika 1:40PM - 3:00PM  
Yama 11:01AM - 12:20PM  
Rahu 8:21AM - 9:41AMChitra Until 11:45AM  
Ganda\* Until 8:33AM  
Gara Until 2:50AM Tue  
Panchami Until 3:28PMGanesha: White  
Muruqa: Purple  
Nataraja: Clear  
Moon - Green  
Magha-MasiSunrise: 7:01AM  
Sunset: 5:40PMSun 4 Trieste, Italy  
Sutra 316  
Plava 5123  
Moon 2 - Phase 42 - 4  
1st Phase

Devaloka Day

4

Tuesday, February 22, 2022

Tula Rasi: 17.04 Tithi 21 - 22

962135467

Creative Work Siddha Yoga  
Until 10:57AM  
Then Routine Work - Marana YogaPlava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti\* Karana Shashti/Saptamyam TitauGulika 12:20PM - 1:40PM  
Yama 9:40AM - 11:00AM  
Rahu 3:01PM - 4:21PMSvati Until 10:57AM  
Vridhi Until 6:20AM  
Visti Until 1:21AM Wed  
Shashti\* Until 2:06PMGanesha: White  
Muruqa: Purple  
Nataraja: Clear  
Moon - Green  
Magha-MasiSunrise: 6:59AM  
Sunset: 5:41PMSun 5 Trieste, Italy  
Sutra 317  
Plava 5123  
Moon 2 - Phase 42 - 5  
1st Phase

Devaloka Day

D

Wednesday, February 23, 2022

Retreat Star

Vrischika Rasi: 0.53 Tithi 22 - 23

972135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam TitauGulika 11:00AM - 12:20PM  
Yama 8:18AM - 9:39AM  
Rahu 12:20PM - 1:41PMVishakha Until 10:11AM  
Vyaghata\* Until 1:17AM Thu  
Balava Until 11:36PM  
Saptami Until 12:29PMGanesha: Clear  
Muruqa: Purple  
Nataraja: Clear  
Moon - Orange  
Magha-MasiSunrise: 6:58AM  
Sunset: 5:42PMSun 6 Trieste, Italy  
Sutra 318  
Plava 5123  
Moon 2 - Phase 42 - 6  
Ashtami

Sivaloka Day

Thursday, February 24, 2022

Retreat Star

Vrischika Rasi: 14.52 Tithi 23 - 24

973135467

Creative Work Siddha Yoga  
Until 9:02AM  
Then Routine Work - Prabalarishta YogaPlava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam TitauGulika 9:38AM - 10:59AM  
Yama 6:56AM - 8:17AM  
Rahu 1:41PM - 3:02PMAnuradha Until 9:02AM  
Harshana Until 10:30PM  
Taitila Until 9:37PM  
Ashtami\* Until 10:38AMGanesha: Purple  
Muruqa: Purple  
Nataraja: Clear  
Moon - Orange  
Magha-MasiSunrise: 6:56AM  
Sunset: 5:44PMSun 7 Trieste, Italy  
Sutra 319  
Plava 5123  
Moon 2 - Phase 42 - 7  
Navami

Subha Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>		<b>Friday, February 25, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Trieste, Italy Sutra 320 Plava 5123
Vrischika Rasi: 29.01	Tithi 24 – 25	<b>Gulika</b>	<b>8:16AM – 9:37AM</b>	<b>Jyeshtha* Until 7:31AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:54AM		
		Yama	3:03PM – 4:24PM	Vajra* Until 7:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 43 - 8	
		973135467 <b>Rahu</b>	<b>10:59AM – 12:20PM</b>	Vanija Until 7:25PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga			<b>Navami* Until 8:31AM</b>	Moon – Orange			<b>Subha Sivaloka Day</b>
Until 7:31AM					<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Saturday, February 26, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyaltipata* Yoga Visi*/Balava Karana Dashami/Ekadashyam Titau		Sun 9		Trieste, Italy Sutra 321 Plava 5123
Dhanus Rasi: 13.17	Tithi 25 – 26	<b>Gulika</b>	<b>6:53AM – 8:14AM</b>	<b>Mula* Until 6:04AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:53AM		
		Yama	1:41PM – 3:03PM	Siddhi Until 4:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 43 - 9	
		983135467 <b>Rahu</b>	<b>9:36AM – 10:58AM</b>	Balava Until 3:46AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 6:13AM</b>	Moon – Light Blue			<b>Sivaloka Day</b>
					<b>Magha-Masi</b>			

<b>3</b>		<b>Sunday, February 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Sun 10		Trieste, Italy Sutra 322 Plava 5123
Dhanus Rasi: 27.4	Tithi 27	<b>Gulika</b>	<b>3:04PM – 4:26PM</b>	<b>Uttarashadha Until 2:24AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM		
		Yama	12:20PM – 1:42PM	Vyatipata* Until 1:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 43 - 10	
		983135467 <b>Rahu</b>	<b>4:26PM – 5:48PM</b>	Kaulava Until 2:32PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashti* Until 1:15AM Mon</b>	Moon – Light Blue			<b>Sivaloka Day</b>
					<b>Magha-Masi</b>			

<b>4</b>		<b>Monday, February 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Trieste, Italy Sutra 323 Plava 5123
Makara Rasi: 12.04	Tithi 28	<b>Gulika</b>	<b>1:42PM – 3:04PM</b>	<b>Shravana Until 12:49AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:49AM		
<b>Family Home Evening</b>		Yama	10:57AM – 12:19PM	Variyan Until 9:54AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 43 - 11	
Creative Work	Amrita Yoga	993135467 <b>Rahu</b>	<b>8:12AM – 9:34AM</b>	Gara Until 12:02PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 12:49AM Tue				<b>Trayodashi* Until 10:48PM</b>	Moon – Purple			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	<b>Magha-Masi</b>			

<b>5</b>		<b>Tuesday, March 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Trieste, Italy Sutra 324 Plava 5123
Makara Rasi: 26.25	Tithi 29	<b>Gulika</b>	<b>12:19PM – 1:42PM</b>	<b>Dhanishtha Until 11:17PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:46AM		
		Yama	9:32AM – 10:56AM	Parigha* Until 6:46AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 43 - 12	
		993135467 <b>Rahu</b>	<b>3:06PM – 4:29PM</b>	Visti Until 9:39AM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:32PM</b>	Moon – Purple			<b>Sivaloka Day</b>
Until 11:17PM					<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga								

		<b>Wednesday, March 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Trieste, Italy Sutra 325 Plava 5123
<b>Retreat Star</b>		<b>Gulika</b>	<b>10:55AM – 12:19PM</b>	<b>Shatabhishak Until 9:57PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:44AM		
Kumbha Rasi: 11	Tithi 30	Yama	8:08AM – 9:31AM	Siddha Until 1:10AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 43 - 13	
		993135467 <b>Rahu</b>	<b>12:19PM – 1:43PM</b>	Catuspada Until 7:31AM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:35PM</b>	Moon – Purple			<b>Sivaloka Day</b>
Until 9:57PM					<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga								

<b>Thursdays, March 3, 2022</b>		<b>Retreat Star</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Trieste, Italy Sutra 326 Plava 5123
Kumbha Rasi: 24.32	Tithi 1 – 2	<b>Gulika</b>	<b>9:30AM – 10:55AM</b>	<b>Purvaproshtapada* Until 9:24PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:42AM		
		Yama	6:42AM – 8:06AM	Sadhya Until 10:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 43 - 14	
		913135467 <b>Rahu</b>	<b>1:43PM – 3:07PM</b>	Balava Until 4:37AM Fri	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga			<b>Prathama* Until 5:07PM</b>	Moon – Clear			<b>Subha Sivaloka Day</b>
					<b>Phalgun-Masi</b>			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Friday, March 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy
Meena Rasi: 8.09	Tithi 2 – 3	<b>Gulika</b>	<b>8:05AM – 9:29AM</b>	<b>Uttaraproshtapada Until 9:20PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:40AM	Sun 15	Sutra 327
		Yama	3:07PM – 4:32PM	Subha Until 9:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM		Plava 5123
Creative Work	Siddha Yoga	913135467 <b>Rahu</b>	<b>10:54AM – 12:18PM</b>	Taitila Until 4:06AM Sat	<b>Nataraja:</b> Clear		Moon 2 - Phase 44 - 15	3rd Phase
				<b>Dvitiya Until 4:15PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
					<b>Phalguna-Masi</b>			

<b>2</b>		<b>Saturday, March 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau				Trieste, Italy
Meena Rasi: 21.23	Tithi 3 – 4	<b>Gulika</b>	<b>6:39AM – 8:04AM</b>	<b>Revati Until 9:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:39AM	Sun 16	Sutra 328
		Yama	1:43PM – 3:08PM	Sukla Until 8:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM		Plava 5123
Routine Work	Prabalarishta Yoga	113135467 <b>Rahu</b>	<b>9:28AM – 10:53AM</b>	Vanija Until 4:20AM Sun	<b>Nataraja:</b> Clear		Moon 2 - Phase 44 - 16	3rd Phase
Until 9:48PM				<b>Tritiya Until 4:06PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>			

<b>3</b>		<b>Sunday, March 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy
Mesha Rasi: 4.15	Tithi 4 – 5	<b>Gulika</b>	<b>3:09PM – 4:34PM</b>	<b>Ashvini Until 11:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Sun 17	Sutra 329
		Yama	12:18PM – 1:43PM	Brahma Until 7:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM		Plava 5123
Creative Work	Siddha Yoga	123135467 <b>Rahu</b>	<b>4:34PM – 5:59PM</b>	Bava Until 5:20AM Mon	<b>Nataraja:</b> Clear		Moon 2 - Phase 44 - 17	3rd Phase
Until 11:20PM				<b>Chaturthi* Until 4:43PM</b>	Moon – White		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga					<b>Phalguna-Masi</b>			

<b>4</b>		<b>Monday, March 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava Karana Panchamyam Titau				Trieste, Italy
Mesha Rasi: 16.46	Tithi 5	<b>Gulika</b>	<b>1:43PM – 3:09PM</b>	<b>Bharani Until 1:25AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	Sun 18	Sutra 330
Family Home Evening		Yama	10:52AM – 12:18PM	Indra Until 7:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM		Plava 5123
Creative Work	Siddha Yoga	123135467 <b>Rahu</b>	<b>8:01AM – 9:26AM</b>	Balava Until 6:05PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44 - 18	3rd Phase
				<b>Panchami Until 6:05PM</b>	Moon – White		<b>Sivaloka Day</b>	
					<b>Phalguna-Masi</b>			

<b>5</b>		<b>Tuesday, March 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy
Mesha Rasi: 28.58	Tithi 6	<b>Gulika</b>	<b>12:17PM – 1:44PM</b>	<b>Krittika Until 3:53AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM	Sun 19	Sutra 331
		Yama	9:25AM – 10:51AM	Vaidhriti* Until 7:58PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM		Plava 5123
Creative Work	Siddha Yoga	123135467 <b>Rahu</b>	<b>3:10PM – 4:36PM</b>	Kaulava Until 7:02AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44 - 19	3rd Phase
Until 7:02AM Thu				<b>Shashthi* Until 8:04PM</b>	Moon – White		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Phalguna-Masi</b>			

<b>6</b>		<b>Wednesday, March 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy
Vrishabha Rasi: 10.58	Tithi 7	<b>Gulika</b>	<b>10:51AM – 12:17PM</b>	<b>Rohini Until 7:02AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	Sun 20	Sutra 332
		Yama	7:58AM – 9:24AM	Vishkambha* Until 8:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM		Plava 5123
Creative Work	Siddha Yoga	133235477 <b>Rahu</b>	<b>12:17PM – 1:44PM</b>	Gara Until 9:16AM	<b>Nataraja:</b> Green		Moon 2 - Phase 44 - 20	3rd Phase
Until 7:02AM Thu				<b>Saptami Until 10:30PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Phalguna-Masi</b>			

<b>Retreat Star</b>		<b>Thursday, March 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy
Vrishabha Rasi: 22.49	Tithi 8	<b>Gulika</b>	<b>9:23AM – 10:50AM</b>	<b>Rohini Until 7:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM	Sun 21	Sutra 333
		Yama	6:30AM – 7:56AM	Priti Until 9:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:04PM		Plava 5123
Routine Work	Marana Yoga	133235477 <b>Rahu</b>	<b>1:44PM – 3:11PM</b>	Visti Until 11:50AM	<b>Nataraja:</b> Green		Moon 2 - Phase 44 - 21	Ashtami
				<b>Ashtami* Until 1:07AM Fri</b>	Moon – Yellow		<b>Devaloka Day</b>	
					<b>Phalguna-Masi</b>			

<b>Retreat Star</b>		<b>Friday, March 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy
Mithuna Rasi: 4.38	Tithi 9	<b>Gulika</b>	<b>7:55AM – 9:22AM</b>	<b>Mrigashira Until 10:06AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	Sun 22	Sutra 334
		Yama	3:11PM – 4:39PM	Ayushman Until 10:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:06PM		Plava 5123
Creative Work	Siddha Yoga	134235477 <b>Rahu</b>	<b>10:49AM – 12:17PM</b>	Balava Until 2:27PM	<b>Nataraja:</b> Green		Moon 2 - Phase 44 - 22	Navami
				<b>Navami* Until 3:40AM Sat</b>	Moon – Yellow		<b>Sivaloka Day</b>	
					<b>Phalguna-Masi</b>			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Saturday, March 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashanyam Titau		Trieste, Italy Sun 23 Sutra 335 Plava 5123	
Mithuna Rasi: 16.29	Tithi 10	<b>Gulika</b> 6:26AM – 7:53AM	<b>Ardra</b> Until 12:52PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM		
		Yama 1:44PM – 3:12PM	Saubhagya Until 11:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45 - 23	
134235477	<b>Rahu</b> 9:21AM – 10:49AM		Taitila Until 4:51PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:53AM Sun	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>2</b>		<b>Sunday, March 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Vanija Karana Ekadashyam Titau		Trieste, Italy Sun 24 Sutra 336 Plava 5123	
Mithuna Rasi: 28.29	Tithi 11	<b>Gulika</b> 3:12PM – 4:40PM	<b>Punarvasu</b> Until 3:35PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM		
		Yama 12:16PM – 1:44PM	Sobhana Until 11:47PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45 - 24	
144235477	<b>Rahu</b> 4:40PM – 6:08PM		Vanija Until 6:51PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:37AM Mon	Moon – Blue		<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>3</b>		<b>Monday, March 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 25 Sutra 337 Plava 5123	
Kataka Rasi: 10.4	Tithi 11 – 12	<b>Gulika</b> 1:44PM – 3:13PM	<b>Pushya</b> Until 5:37PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM		
		Yama 10:47AM – 12:16PM	Athiganda* Until 11:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 45 - 25	
144235477	<b>Rahu</b> 7:51AM – 9:19AM		Bava Until 8:16PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:37AM	Moon – Blue		<b>Devaloka Day</b>	
		<b>Karadaiyan Nombu (Tamil Nadu)</b>		<b>Phalguna-Panguni</b>			

<b>4</b>		<b>Tuesday, March 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 338 Plava 5123	
Kataka Rasi: 23.06	Tithi 12 – 13	<b>Gulika</b> 12:16PM – 1:45PM	<b>Ashlesha*</b> Until 6:53PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM		
		Yama 9:18AM – 10:47AM	Sukarma Until 11:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 45 - 26	
144235478	<b>Rahu</b> 3:13PM – 4:42PM		Kaulava Until 9:04PM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 8:44AM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Phalguna-Panguni</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, March 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 339 Plava 5123	
Simha Rasi: 5.5	Tithi 13 – 14	<b>Gulika</b> 10:46AM – 12:15PM	<b>Magha*</b> Until 7:51PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:18AM		
		Yama 7:48AM – 9:17AM	Dhriti Until 10:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45 - 27	
154235478	<b>Rahu</b> 12:15PM – 1:45PM		Gara Until 9:12PM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 9:11AM	Moon – Red		<b>Sivaloka Day</b>	
Until 7:51PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>○</b>		<b>Thursday, March 17, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Trieste, Italy Sun 28 Sutra 340 Plava 5123	
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:16AM – 10:45AM	<b>Purvaphalguni</b> Until 8:04PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM		
Simha Rasi: 18.52	Tithi 14 – 15	Yama 6:16AM – 7:46AM	Shula* Until 8:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45 - Purnima	
154235478	<b>Rahu</b> 1:45PM – 3:14PM		Visti Until 8:45PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:02AM	Moon – Red		<b>Sivaloka Day</b>	
		<b>Panguni Uttiram</b>		<b>Phalguna-Panguni</b>			
		<b>Holi</b>					

<b>Friday, March 18, 2022</b>		<b>Silver Retreat Star</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Trieste, Italy Sun 29 Sutra 341 Plava 5123	
Kanya Rasi: 2.12	Tithi 15 – 16	<b>Gulika</b> 7:45AM – 9:15AM	<b>Uttaraphalguni</b> Until 7:39PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM		
		Yama 3:15PM – 4:45PM	Ganda* Until 6:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 - Prathama	
154235478	<b>Rahu</b> 10:45AM – 12:15PM		Balava Until 7:48PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 8:19AM	Moon – Red		<b>Sivaloka Day</b>	
Until 7:39PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga							



**Saturday, March 19, 2022**  
**Gold Retreat Star**

Kanya Rasi: 15.48      Tithi 16 – 17  
164235478  
Routine Work      Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau  
**Gulika** 6:13AM – 7:43AM  
**Yama** 1:45PM – 3:15PM  
**Rahu** 9:14AM – 10:44AM  
**Hasta** **Until 7:07PM**  
Vriddhi **Until 4:30PM**  
Taitila **Until 6:26PM**  
**Prathama\*** **Until 7:08AM**

Trieste, Italy  
Sutra 342  
Plava 5123  
Moon 3 - Phase 46 -  
1st Phase  
**Ganesha:** Yellow      *Sunrise:* 6:13AM  
**Muruqa:** Clear      *Sunset:* 6:16PM  
**Nataraja:** White  
Moon – Green  
**Devaloka Day**  
**Phalgun-Panguni**

**1** **Sunday, March 20, 2022**

Kanya Rasi: 29.37      Tithi 18  
164235478  
Creative Work      Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 3:16PM – 4:47PM  
**Yama** 12:14PM – 1:45PM  
**Rahu** 4:47PM – 6:18PM  
**Chitra** **Until 6:08PM**  
Dhruva **Until 2:00PM**  
Vanija **Until 4:45PM**  
**Tritiya** **Until 3:49AM Mon**

Trieste, Italy  
Sun 1  
Sutra 343  
Plava 5123  
Moon 3 - Phase 46 - 1  
1st Phase  
**Ganesha:** Yellow      *Sunrise:* 6:11AM  
**Muruqa:** Clear      *Sunset:* 6:19PM  
**Nataraja:** White  
Moon – Green  
**Devaloka Day**  
**Phalgun-Panguni**

**2** **Monday, March 21, 2022**

Tula Rasi: 13.34      Tithi 19  
164235478  
**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 4:49PM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Chaturthiyam Titau  
**Gulika** 1:45PM – 3:16PM  
**Yama** 10:43AM – 12:14PM  
**Rahu** 7:40AM – 9:11AM  
**Svati** **Until 4:49PM**  
Vyaghata\* **Until 11:21AM**  
Bava **Until 2:53PM**  
**Chaturthi\*** **Until 1:52AM Tue**

Trieste, Italy  
Sun 2  
Sutra 344  
Plava 5123  
Moon 3 - Phase 46 - 2  
1st Phase  
**Ganesha:** Yellow      *Sunrise:* 6:09AM  
**Muruqa:** Clear      *Sunset:* 6:19PM  
**Nataraja:** White  
Moon – Green  
**Devaloka Day**  
**Phalgun-Panguni**

**3** **Tuesday, March 22, 2022**

Tula Rasi: 27.38      Tithi 20  
174235478  
Routine Work      Marana Yoga  
Until 3:40PM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 12:14PM – 1:45PM  
**Yama** 9:10AM – 10:42AM  
**Rahu** 3:17PM – 4:49PM  
**Vishakha** **Until 3:40PM**  
Harshana **Until 8:36AM**  
Kaulava **Until 12:53PM**  
**Panchami** **Until 11:50PM**

Trieste, Italy  
Sun 3  
Sutra 345  
Plava 5123  
Moon 3 - Phase 46 - 3  
1st Phase  
**Ganesha:** Blue      *Sunrise:* 6:07AM  
**Muruqa:** Clear      *Sunset:* 6:20PM  
**Nataraja:** White  
Moon – Orange  
**Sivaloka Day**  
**Phalgun-Panguni**

**4** **Wednesday, March 23, 2022**

Virchika Rasi: 11.45      Tithi 21  
175235478  
Creative Work      Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthiyam Titau  
**Gulika** 10:41AM – 12:13PM  
**Yama** 7:37AM – 9:09AM  
**Rahu** 12:13PM – 1:45PM  
**Anuradha** **Until 2:19PM**  
Siddhi **Until 2:55AM Thu**  
Gara **Until 10:49AM**  
**Shashthi\*** **Until 9:45PM**

Trieste, Italy  
Sun 4  
Sutra 346  
Plava 5123  
Moon 3 - Phase 46 - 4  
1st Phase  
**Ganesha:** Yellow      *Sunrise:* 6:05AM  
**Muruqa:** Clear      *Sunset:* 6:22PM  
**Nataraja:** White  
Moon – Orange  
**Devaloka Day**  
**Phalgun-Panguni**

**5** **Thursday, March 24, 2022**

Virchika Rasi: 25.53      Tithi 22  
175235478  
Routine Work      Prabalarishta Yoga  
Until 12:49PM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\* Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika** 9:08AM – 10:41AM  
**Yama** 6:03AM – 7:36AM  
**Rahu** 1:45PM – 3:18PM  
**Jyeshtha\*** **Until 12:49PM**  
Vyatipata\* **Until 12:06AM Fri**  
Visti **Until 8:44AM**  
**Saptami** **Until 7:40PM**

Trieste, Italy  
Sun 5  
Sutra 347  
Plava 5123  
Moon 3 - Phase 46 - 5  
1st Phase  
**Ganesha:** Yellow      *Sunrise:* 6:03AM  
**Muruqa:** Clear      *Sunset:* 6:23PM  
**Nataraja:** White  
Moon – Orange  
**Devaloka Day**  
**Phalgun-Panguni**

**Retreat Star**  
**Friday, March 25, 2022**

Dhanus Rasi: 10.01      Tithi 23 – 24  
185235478  
Creative Work      Amrita Yoga  
Until 11:37AM  
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan Yoga Balava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 7:34AM – 9:07AM  
**Yama** 3:18PM – 4:51PM  
**Rahu** 10:40AM – 12:13PM  
**Mula\*** **Until 11:37AM**  
Variyan **Until 9:16PM**  
Balava **Until 6:39AM**  
**Ashtami\*** **Until 5:37PM**

Trieste, Italy  
Sun 6  
Sutra 348  
Plava 5123  
Moon 3 - Phase 46 - 6  
Ashtami  
**Ganesha:** Blue      *Sunrise:* 6:01AM  
**Muruqa:** Clear      *Sunset:* 6:24PM  
**Nataraja:** White  
Moon – Light Blue  
**Bhuloka Day**  
**Phalgun-Panguni**  
Devaloka Time: 12:PM to 3:PM

**Retreat Star**  
**Saturday, March 26, 2022**

Dhanus Rasi: 24.07      Tithi 24 – 25  
185235478  
Creative Work      Siddha Yoga  
Until 10:19AM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika** 5:59AM – 7:33AM  
**Yama** 1:46PM – 3:19PM  
**Rahu** 9:06AM – 10:39AM  
**Purvashadha\*** **Until 10:19AM**  
Parigha\* **Until 6:30PM**  
Vanija **Until 2:38AM Sun**  
**Navami\*** **Until 3:36PM**

Trieste, Italy  
Sun 7  
Sutra 349  
Plava 5123  
Moon 3 - Phase 46 - 7  
Navami  
**Ganesha:** Blue      *Sunrise:* 5:59AM  
**Muruqa:** Clear      *Sunset:* 6:25PM  
**Nataraja:** White  
Moon – Light Blue  
**Bhuloka Day**  
**Phalgun-Panguni**  
Devaloka Time: 12:PM to 3:PM

<b>1</b>		<b>Sunday, March 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 8 Sutra 350 Plava 5123	
Makara Rasi: 8.11	Tithi 25 – 26	<b>Gulika</b>	3:19PM – 4:53PM	<b>Uttarashadha Until 8:57AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:57AM	
		Yama	12:12PM – 1:46PM	Shiva Until 3:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 47 - 8
Creative Work	Amrita Yoga	185235478 <b>Rahu</b>	4:53PM – 6:27PM	Bava Until 12:45AM Mon	<b>Nataraja:</b> White		2nd Phase
				<b>Dashami Until 1:39PM</b>	Moon – Light Blue		
					<b>Phalguna•Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM

<b>2</b>		<b>Monday, March 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 9 Sutra 351 Plava 5123	
Makara Rasi: 22.11	Tithi 26 – 27	<b>Gulika</b>	1:46PM – 3:20PM	<b>Shravana Until 7:58AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:56AM	
<b>Family Home Evening</b>		Yama	10:38AM – 12:12PM	Siddha Until 1:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 47 - 9
Creative Work	Amrita Yoga	195235478 <b>Rahu</b>	7:30AM – 9:04AM	Kaulava Until 11:01PM	<b>Nataraja:</b> White		2nd Phase
Until 7:58AM				<b>Ekadashi* Until 11:51AM</b>	Moon – Purple		
Then Creative Work - Siddha Yoga					<b>Phalguna•Panguni</b>	<b>Devaloka Day</b>	

<b>3</b>		<b>Tuesday, March 29, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 10 Sutra 352 Plava 5123	
Kumbha Rasi: 6.04	Tithi 27 – 28	<b>Gulika</b>	12:11PM – 1:46PM	<b>Dhanishtha Until 7:01AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:54AM	
		Yama	9:03AM – 10:37AM	Sadhya Until 10:45AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 47 - 10
Creative Work	Siddha Yoga	195245478 <b>Rahu</b>	3:20PM – 4:55PM	Gara Until 9:32PM	<b>Nataraja:</b> White		2nd Phase
Until 7:01AM				<b>Dvadashi* Until 10:13AM</b>	Moon – Purple		
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>	<b>Phalguna•Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>4</b>		<b>Wednesday, March 30, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 11 Sutra 353 Plava 5123	
Kumbha Rasi: 19.48	Tithi 28 – 29	<b>Gulika</b>	10:36AM – 12:11PM	<b>Shatabhishak Until 6:11AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:52AM	
		Yama	7:27AM – 9:01AM	Subha Until 8:33AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 47 - 11
Creative Work	Siddha Yoga	195245478 <b>Rahu</b>	12:11PM – 1:46PM	Visti Until 8:21PM	<b>Nataraja:</b> White		2nd Phase
Until 6:11AM				<b>Trayodashi* Until 8:52AM</b>	Moon – Purple		
Then Creative Work - Amrita Yoga					<b>Phalguna•Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>Retreat Star</b>		<b>Thursday, March 31, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		Trieste, Italy Sun 12 Sutra 354 Plava 5123	
Meena Rasi: 3.19	Tithi 29 – 30	<b>Gulika</b>	9:00AM – 10:36AM	<b>Purvaproshtapada* Until 6:01AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:50AM	
		Yama	5:50AM – 7:25AM	Sukla Until 6:37AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 47 - 12
Creative Work	Siddha Yoga	115245478 <b>Rahu</b>	1:46PM – 3:21PM	Catuspada Until 7:36PM	<b>Nataraja:</b> White		Amavasya
				<b>Chaturdash* Until 7:54AM</b>	Moon – Clear		
					<b>Phalguna•Panguni</b>	<b>Bhuloka Day</b>	

<b>Retreat Star</b>		<b>Friday, April 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Trieste, Italy Sun 13 Sutra 355 Plava 5123	
Meena Rasi: 16.35	Tithi 30 – 1	<b>Gulika</b>	7:25AM – 9:00AM	<b>Uttaraproshtapada Until 6:09AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:50AM	
		Yama	3:21PM – 4:57PM	Indra Until 3:59AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 47 - 13
Creative Work	Siddha Yoga	116245478 <b>Rahu</b>	10:36AM – 12:11PM	Kintughna Until 7:23PM	<b>Nataraja:</b> White		Prathama
				<b>Amavasya* Until 7:24AM</b>	Moon – Clear		
		<b>Yugadhi</b>			<b>Chaitra•Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Trieste, Italy on 5/23/19

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<b>1</b>		<b>Saturday, April 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 14 Sutra 356	
Meena Rasi: 29.33	Tithi 1 – 2	<b>Gulika</b>	<b>5:48AM – 7:24AM</b>	<b>Revati Until 6:40AM</b>	<b>Ganesha: Red</b>	<b>Sunrise: 5:48AM</b>			
		Yama	1:46PM – 3:22PM	Vaidhrili* Until 3:20AM Sun	<b>Muruqa: White</b>	<b>Sunset: 6:33PM</b>	Moon 3 - Phase 48 - 14		
		116245478 <b>Rahu</b>	<b>8:59AM – 10:35AM</b>	Balava Until 7:45PM	<b>Nataraja: White</b>		3rd Phase		
Routine Work	Prabalarishta Yoga				Moon – Clear			<b>Bhuloka Day</b>	
Until 6:40AM		<b>Chellappaswami Mahasamadhi</b>		<b>Prathama* Until 7:28AM</b>	<b>Chaitra-Panguni</b>			<b>Devaloka Time: 9:AM to12:PM</b>	
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Sunday, April 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 15 Sutra 357	
Mesha Rasi: 12.14	Tithi 2 – 3	<b>Gulika</b>	<b>3:22PM – 4:58PM</b>	<b>Ashvini Until 8:06AM</b>	<b>Ganesha: White</b>	<b>Sunrise: 5:46AM</b>			
		Yama	12:10PM – 1:46PM	Vishkambha* Until 3:11AM Mon	<b>Muruqa: White</b>	<b>Sunset: 6:33PM</b>	Moon 3 - Phase 48 - 15		
		126345478 <b>Rahu</b>	<b>4:58PM – 6:35PM</b>	Taitila Until 8:45PM	<b>Nataraja: White</b>		3rd Phase		
Creative Work	Siddha Yoga				Moon – White			<b>Bhuloka Day</b>	
Until 8:06AM				<b>Dvitiya Until 8:09AM</b>	<b>Chaitra-Panguni</b>				
Then Routine Work - Prabalarishta Yoga									

<b>3</b>		<b>Monday, April 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Trieste, Italy Sun 16 Sutra 358	
Mesha Rasi: 24.37	Tithi 3 – 4	<b>Gulika</b>	<b>1:46PM – 3:23PM</b>	<b>Bharani Until 9:59AM</b>	<b>Ganesha: White</b>	<b>Sunrise: 5:44AM</b>			
<b>Family Home Evening</b>		Yama	10:34AM – 12:10PM	Priti Until 3:30AM Tue	<b>Muruqa: White</b>	<b>Sunset: 6:36PM</b>	Moon 3 - Phase 48 - 16		
		126345478 <b>Rahu</b>	<b>7:21AM – 8:57AM</b>	Vanija Until 10:20PM	<b>Nataraja: White</b>		3rd Phase		
Creative Work	Siddha Yoga				Moon – White			<b>Bhuloka Day</b>	
Until 9:59AM				<b>Tritiya Until 9:27AM</b>	<b>Chaitra-Panguni</b>				
Then Routine Work - Marana Yoga									

<b>4</b>		<b>Tuesday, April 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 17 Sutra 359	
Vrishabha Rasi: 6.47	Tithi 4 – 5	<b>Gulika</b>	<b>12:10PM – 1:47PM</b>	<b>Krittika Until 12:13PM</b>	<b>Ganesha: White</b>	<b>Sunrise: 5:42AM</b>			
		Yama	8:56AM – 10:33AM	Ayushman Until 4:09AM Wed	<b>Muruqa: White</b>	<b>Sunset: 6:37PM</b>	Moon 3 - Phase 48 - 17		
		126345478 <b>Rahu</b>	<b>3:23PM – 5:00PM</b>	Bava Until 12:25AM Wed	<b>Nataraja: White</b>		3rd Phase		
Creative Work	Siddha Yoga				Moon – White			<b>Bhuloka Day</b>	
Until 12:13PM				<b>Chaturthi* Until 11:18AM</b>	<b>Chaitra-Panguni</b>				
Then Creative Work - Amrita Yoga									

<b>5</b>		<b>Wednesday, April 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy Sun 18 Sutra 360	
Vrishabha Rasi: 18.46	Tithi 5 – 6	<b>Gulika</b>	<b>10:32AM – 12:09PM</b>	<b>Rohini Until 3:12PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:40AM</b>			
		Yama	7:18AM – 8:55AM	Saubhagya Until 5:02AM Thu	<b>Muruqa: White</b>	<b>Sunset: 6:38PM</b>	Moon 3 - Phase 48 - 18		
		136345478 <b>Rahu</b>	<b>12:09PM – 1:47PM</b>	Kaulava Until 2:51AM Thu	<b>Nataraja: White</b>		3rd Phase		
Creative Work	Siddha Yoga				Moon – Yellow			<b>Bhuloka Day</b>	
				<b>Panchami Until 1:35PM</b>	<b>Chaitra-Panguni</b>			<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>6</b>		<b>Thursday, April 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 19 Sutra 361	
Mithuna Rasi: 0.38	Tithi 6 – 7	<b>Gulika</b>	<b>8:54AM – 10:31AM</b>	<b>Mrigashira Until 6:13PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:39AM</b>			
		Yama	5:39AM – 7:16AM	Sobhana Until 6:01AM Fri	<b>Muruqa: White</b>	<b>Sunset: 6:40PM</b>	Moon 3 - Phase 48 - 19		
		136345478 <b>Rahu</b>	<b>1:47PM – 3:24PM</b>	Gara Until 5:23AM Fri	<b>Nataraja: White</b>		3rd Phase		
Routine Work	Marana Yoga				Moon – Yellow			<b>Bhuloka Day</b>	
				<b>Shashthi* Until 4:06PM</b>	<b>Chaitra-Panguni</b>			<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>Retreat Star</b>		<b>Friday, April 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija Karana Saptamyam Titau				Trieste, Italy Sun 20 Sutra 362	
Mithuna Rasi: 12.28	Tithi 7	<b>Gulika</b>	<b>7:15AM – 8:53AM</b>	<b>Ardra Until 9:03PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:37AM</b>			
		Yama	3:25PM – 5:03PM	Sobhana Until 6:01AM	<b>Muruqa: White</b>	<b>Sunset: 6:41PM</b>	Moon 3 - Phase 48 - 20		
		136345478 <b>Rahu</b>	<b>10:31AM – 12:09PM</b>	Vanija Until 6:36PM	<b>Nataraja: White</b>		3rd Phase		
Creative Work	Siddha Yoga				Moon – Yellow			<b>Bhuloka Day</b>	
				<b>Saptami Until 6:36PM</b>	<b>Chaitra-Panguni</b>			<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>Retreat Star</b>		<b>Saturday, April 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 21 Sutra 363	
Mithuna Rasi: 24.2	Tithi 8	<b>Gulika</b>	<b>5:35AM – 7:13AM</b>	<b>Punarvasu Until 11:59PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:35AM</b>			
		Yama	1:47PM – 3:25PM	Athiganda* Until 6:53AM	<b>Muruqa: White</b>	<b>Sunset: 6:42PM</b>	Moon 3 - Phase 48 - 21		
		147345478 <b>Rahu</b>	<b>8:52AM – 10:30AM</b>	Visti Until 7:49AM	<b>Nataraja: White</b>		Ashtami		
Creative Work	Siddha Yoga				Moon – Blue			<b>Bhuloka Day</b>	
				<b>Ashtami* Until 8:54PM</b>	<b>Chaitra-Panguni</b>			<b>Devaloka Time: 9:AM to12:PM</b>	

<b>Retreat Star</b>		<b>Sunday, April 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy Sun 22 Sutra 364	
Kataka Rasi: 6.2	Tithi 9	<b>Gulika</b>	<b>3:26PM – 5:05PM</b>	<b>Pushya Until 2:19AM Mon</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:33AM</b>			
		Yama	12:08PM – 1:47PM	Sukarma Until 7:31AM	<b>Muruqa: White</b>	<b>Sunset: 6:44PM</b>	Moon 3 - Phase 48 - 22		
		147345478 <b>Rahu</b>	<b>5:05PM – 6:44PM</b>	Balava Until 9:54AM	<b>Nataraja: White</b>		Navami		
Creative Work	Siddha Yoga				Moon – Blue			<b>Bhuloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Navami* Until 10:45PM</b>	<b>Chaitra-Panguni</b>			<b>Devaloka Time: 9:AM to12:PM</b>	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


<b>1</b>	<b>Monday, April 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam				Trieste, Italy
			Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23
	Kataka Rasi: 18.32	Tithi 10	<b>Gulika</b> 1:47PM – 3:26PM	<b>Ashlesha* Until 3:54AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM	Plava 5123
	Family Home Evening	147345478	Yama 10:29AM – 12:08PM	Dhriti Until 7:46AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 49 - 23
Creative Work	Siddha Yoga	<b>Rahu</b> 7:10AM – 8:50AM	Taitila Until 11:28AM	<b>Nataraja:</b> White		4th Phase	
		Yogaswami Mahasamadhi	<b>Dashami Until 12:00AM Tue</b>	Moon – Blue	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM	
				Chaitra•Panguni			

<b>2</b>	<b>Tuesday, April 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Trieste, Italy
			Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24
	Simha Rasi: 1.01	Tithi 11	<b>Gulika</b> 12:08PM – 1:47PM	<b>Magha* Until 5:06AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:29AM	Plava 5123
		157345478	Yama 8:49AM – 10:28AM	Shula* Until 7:31AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 49 - 24
Creative Work	Siddha Yoga	<b>Rahu</b> 3:27PM – 5:06PM	Vanija Until 12:23PM	<b>Nataraja:</b> White		4th Phase	
Until 5:06AM Wed			<b>Ekadashi Until 12:33AM Wed</b>	Moon – Red	<b>Devaloka Day</b>		
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

<b>3</b>	<b>Wednesday, April 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam				Trieste, Italy
			Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25
	Simha Rasi: 13.48	Tithi 12	<b>Gulika</b> 10:27AM – 12:07PM	<b>Purvaphalguni Until 5:27AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:28AM	Plava 5123
		157345478	Yama 7:08AM – 8:47AM	Ganda* Until 6:43AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 49 - 25
Creative Work	Amrita Yoga	<b>Rahu</b> 12:07PM – 1:47PM	Bava Until 12:34PM	<b>Nataraja:</b> White		4th Phase	
			<b>Dvodashi Until 12:22AM Thu</b>	Moon – Red	<b>Devaloka Day</b>		
				Chaitra•Panguni			

<b>4</b>	<b>Thursday, April 14, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Trieste, Italy
			Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26
	Simha Rasi: 26.58	Tithi 13	<b>Gulika</b> 8:46AM – 10:27AM	<b>Uttaraphalguni Until 4:58AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	Subhakit 5124
		257345478	Yama 5:26AM – 7:06AM	Dhruva Until 3:26AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 49 - 26
Amrita Yoga		<b>Rahu</b> 1:48PM – 3:28PM	Kaulava Until 12:01PM	<b>Nataraja:</b> White		4th Phase	
		Tamil New Year	<b>Trayodashi Until 11:29PM</b>	Moon – Red	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM	
				Chaitra•Chaitra			
				Pradosha Vrata			

<b>5</b>	<b>Friday, April 15, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Trieste, Italy
			Hasta Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27
	Kanya Rasi: 10.3	Tithi 14	<b>Gulika</b> 7:05AM – 8:45AM	<b>Hasta Until 4:11AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:24AM	Subhakit 5124
		268345478	Yama 3:28PM – 5:09PM	Vyaghata* Until 1:02AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 49 - 27
Creative Work	Amrita Yoga	<b>Rahu</b> 10:26AM – 12:07PM	Gara Until 10:49AM	<b>Nataraja:</b> White		4th Phase	
Until 4:11AM Sat			<b>Chaturdashi* Until 9:58PM</b>	Moon – Green	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga				Chaitra•Chaitra			

	<b>Saturday, April 16, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Trieste, Italy
			Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Sun 28
	Kanya Rasi: 24.23	Tithi 15	<b>Gulika</b> 5:22AM – 7:03AM	<b>Chitra Until 2:47AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	Subhakit 5124
		268345478	Yama 1:48PM – 3:29PM	Harshana Until 10:15PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 49 - Purnima
Routine Work	Marana Yoga	<b>Rahu</b> 8:44AM – 10:26AM	Visti Until 9:02AM	<b>Nataraja:</b> White			
Until 2:47AM Sun			<b>Purnima* Until 7:57PM</b>	Moon – Green	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga				Chaitra•Chaitra			
				Hanuman Jayanti			

<b>○</b>	<b>Sunday, April 17, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Trieste, Italy
			Svati Nakshatra Vajra* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Sun 29
	Tula Rasi: 8.34	Tithi 16 – 17	<b>Gulika</b> 3:29PM – 5:11PM	<b>Svati Until 12:55AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM	Subhakit 5124
		268345478	Yama 12:06PM – 1:48PM	Vajra* Until 7:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 49 - Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 5:11PM – 6:53PM	Balava Until 6:48AM	<b>Nataraja:</b> White			
Until 12:55AM Mon			<b>Prathama* Until 5:33PM</b>	Moon – Green	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga				Chaitra•Chaitra			