



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Des Moines, IA

Tula Rasi: 12.45 Tithi 16 – 17

Gulika 3:35PM – 5:15PM
Yama 12:13PM – 1:54PM
268345478 **Rahu** 5:15PM – 6:56PM

Svati Until 5:55PM
Vajra* Until 12:09PM
Taitila Until 9:16PM
Prathama* Until 10:33AM

Ganesha: Clear *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:56PM
Nataraja: White
Moon – Green
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Creative Work Siddha Yoga
Until 5:55PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyati/pata* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Des Moines, IA

Tula Rasi: 27.12 Tithi 17 – 18

Gulika 1:54PM – 3:35PM
Yama 10:32AM – 12:13PM
278345478 **Rahu** 7:10AM – 8:51AM

Vishakha Until 4:07PM
Siddhi Until 8:51AM
Vanija Until 6:32PM
Dvitya Until 7:54AM

Ganesha: Purple *Sunrise:* 5:30AM
Muruqa: White *Sunset:* 6:57PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Sun 1 Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 4:07PM
Then Creative Work - Siddha Yoga

Bhuloka Day

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthiyam Titau

Des Moines, IA

Virschika Rasi: 11.44 Tithi 19

Gulika 12:13PM – 1:54PM
Yama 8:50AM – 10:32AM
278345478 **Rahu** 3:35PM – 5:17PM

Anuradha Until 2:06PM
Variyan Until 2:05AM Wed
Bava Until 3:45PM
Chaturthi* Until 2:21AM Wed

Ganesha: Purple *Sunrise:* 5:28AM
Muruqa: White *Sunset:* 6:58PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Sun 2 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 - 2
1st Phase

Creative Work Siddha Yoga
Until 2:06PM
Then Routine Work - Marana Yoga

Bhuloka Day

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Virschika Rasi: 26.17 Tithi 20

Gulika 10:31AM – 12:13PM
Yama 7:08AM – 8:50AM
278345478 **Rahu** 12:13PM – 1:54PM

Jyeshtha* Until 12:00PM
Parigha* Until 10:47PM
Kaulava Until 1:01PM
Panchami Until 11:40PM

Ganesha: Purple *Sunrise:* 5:27AM
Muruqa: White *Sunset:* 6:59PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Sun 3 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 - 3
1st Phase

Creative Work Siddha Yoga
Until 12:00PM
Then Routine Work - Marana Yoga

Bhuloka Day

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Dhanus Rasi: 10.44 Tithi 21

Gulika 8:49AM – 10:31AM
Yama 5:25AM – 7:07AM
288345478 **Rahu** 1:54PM – 3:36PM

Mula* Until 10:19AM
Shiva Until 7:39PM
Gara Until 10:25AM
Shashthi* Until 9:11PM

Ganesha: Clear *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 7:00PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sun 4 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 - 4
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA

Dhanus Rasi: 25.03 Tithi 22

Gulika 7:06AM – 8:48AM
Yama 3:37PM – 5:19PM
289345478 **Rahu** 10:30AM – 12:12PM

Purvashadha* Until 8:43AM
Siddha Until 4:42PM
Visti Until 8:03AM
Saptami Until 6:57PM

Ganesha: Purple *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 7:01PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sun 5 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 - 5
1st Phase

Routine Work Prabalarishta Yoga
Until 8:43AM
Then Routine Work - Marana Yoga

Devaloka Day

6

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Makara Rasi: 9.1 Tithi 23 – 24

Gulika 5:22AM – 7:05AM
Yama 1:55PM – 3:37PM
289345478 **Rahu** 8:47AM – 10:30AM

Uttarashadha Until 7:15AM
Sadhya Until 2:00PM
Taitila Until 4:12AM Sun
Ashtami* Until 5:02PM

Ganesha: Purple *Sunrise:* 5:22AM
Muruqa: White *Sunset:* 7:02PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sun 6 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 - 6
Ashtami

Routine Work Marana Yoga
Until 7:15AM
Then Creative Work - Siddha Yoga

Devaloka Day

Chidambaram Abhishekam

Sunday, April 24, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA

Makara Rasi: 23.05 Tithi 24 – 25

Gulika 3:38PM – 5:20PM
Yama 12:12PM – 1:55PM
299345479 **Rahu** 5:20PM – 7:03PM

Shravana Until 6:24AM
Subha Until 11:35AM
Vanija Until 2:47AM Mon
Navami* Until 3:26PM

Ganesha: Clear *Sunrise:* 5:21AM
Muruqa: White *Sunset:* 7:03PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Sun 7 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 - 7
Navami

Creative Work Amrita Yoga
Until 6:24AM
Then Routine Work - Marana Yoga

Devaloka Day

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 8 Sutra 8	
	Kumbha Rasi: 6.48 Tithi 25 – 26 Family Home Evening Creative Work Siddha Yoga Until 5:19AM Tue Then Routine Work - Marana Yoga	299345479	Gulika Yama Rahu	1:55PM – 3:38PM 10:29AM – 12:12PM 7:02AM – 8:45AM	Shatabhishak Until 5:19AM Tue Sukla Until 9:26AM Bava Until 1:45AM Tue Dashami Until 2:12PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Purple Chaitra+Chaitra	Sunrise: 5:19AM Sunset: 7:04PM Moon 4 - Phase 2 - 8 2nd Phase	Devaloka Day

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 9 Sutra 9	
	Kumbha Rasi: 20.17 Tithi 26 – 27 Routine Work Marana Yoga Until 5:36AM Wed Then Creative Work - Siddha Yoga	219345479	Gulika Yama Rahu	12:12PM – 1:55PM 8:45AM – 10:28AM 3:38PM – 5:22PM	Purvaproshtapada* Until 5:36AM Wed Brahma Until 7:36AM Kaulava Until 1:07AM Wed Ekadashi* Until 1:21PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Chaitra+Chaitra	Sunrise: 5:18AM Sunset: 7:05PM Moon 4 - Phase 2 - 9 2nd Phase	Devaloka Day

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 10 Sutra 10	
	Meena Rasi: 3.32 Tithi 27 – 28 Creative Work Siddha Yoga	219345479	Gulika Yama Rahu	10:28AM – 12:11PM 7:00AM – 8:44AM 12:11PM – 1:55PM	Uttaraproshtapada Until 6:10AM Thu Indra Until 6:07AM Gara Until 12:54AM Thu Dvadashi* Until 12:56PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Chaitra+Chaitra	Sunrise: 5:16AM Sunset: 7:06PM Moon 4 - Phase 2 - 10 2nd Phase	Devaloka Day
	<i>Pradosha Vrata (Fasting)</i>							

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 11 Sutra 11	
	Meena Rasi: 16.34 Tithi 28 – 29 Creative Work Siddha Yoga	219445479	Gulika Yama Rahu	8:43AM – 10:27AM 5:15AM – 6:59AM 1:55PM – 3:39PM	Uttaraproshtapada Until 6:10AM Vishkambha* Until 4:11AM Fri Visti Until 1:10AM Fri Trayodashi* Until 12:57PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Clear Chaitra+Chaitra	Sunrise: 5:15AM Sunset: 7:07PM Moon 4 - Phase 2 - 11 2nd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM

	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA Sun 12 Sutra 12	
	Retreat Star							
	Meena Rasi: 29.22 Tithi 29 – 30 Creative Work Siddha Yoga Until 7:02AM Then Creative Work - Amrita Yoga	211445479	Gulika Yama Rahu	6:58AM – 8:42AM 3:40PM – 5:24PM 10:27AM – 12:11PM	Revati Until 7:02AM Priti Until 3:48AM Sat Catuspada Until 1:55AM Sat Chaturdashi* Until 1:27PM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Clear Chaitra+Chaitra	Sunrise: 5:14AM Sunset: 7:09PM Moon 4 - Phase 2 - 12 Amavasya	Bhuloka Day Devaloka Time: 6:PM to 9:PM

Retreat Star	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA Sun 13 Sutra 13	
	Mesha Rasi: 11.56 Tithi 30 – 1 Creative Work Siddha Yoga	221445479	Gulika Yama Rahu	5:12AM – 6:57AM 1:56PM – 3:40PM 8:42AM – 10:26AM	Ashvini Until 8:41AM Ayushman Until 3:46AM Sun Kintughna Until 3:10AM Sun Amavasya* Until 2:27PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka+Chaitra	Sunrise: 5:12AM Sunset: 7:10PM Moon 4 - Phase 2 - 13 Prathama	Bhuloka Day Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sun 14 Sutra 14 Subhakrit 5124
Mesha Rasi: 24.17	Tithi 1 – 2	221445479	Gulika 3:41PM – 5:26PM Yama 12:11PM – 1:56PM Rahu 5:26PM – 7:11PM	Bharani Until 10:40AM Saubhagya Until 4:07AM Mon Balava Until 4:52AM Mon Prathama* Until 3:56PM	Ganesha: Green <i>Sunrise:</i> 5:11AM Muruqa: White <i>Sunset:</i> 7:11PM Nataraja: Clear Moon – White Vaisaka*Chaitra	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work Prabalarishta Yoga Until 10:40AM Then Creative Work - Siddha Yoga						
2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA Sun 15 Sutra 15 Subhakrit 5124
Vrishabha Rasi: 6.26	Tithi 2 – 3	221445479	Gulika 1:56PM – 3:41PM Yama 10:25AM – 12:11PM Rahu 6:55AM – 8:40AM	Krittika Until 12:55PM Sobhana Until 4:47AM Tue Taitila Until 6:58AM Tue Dvitiya Until 5:51PM	Ganesha: Green <i>Sunrise:</i> 5:10AM Muruqa: White <i>Sunset:</i> 7:12PM Nataraja: Clear Moon – White Vaisaka*Chaitra	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Family Home Evening Routine Work Marana Yoga Until 12:55PM Then Creative Work - Amrita Yoga						
3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA Sun 16 Sutra 16 Subhakrit 5124
Vrishabha Rasi: 18.26	Tithi 3	231445479	Gulika 12:11PM – 1:56PM Yama 8:40AM – 10:25AM Rahu 3:42PM – 5:27PM	Rohini Until 3:50PM Athiganda* Until 5:38AM Wed Taitila Until 6:58AM Tritiya Until 8:06PM	Ganesha: White <i>Sunrise:</i> 5:08AM Muruqa: White <i>Sunset:</i> 7:13PM Nataraja: Clear Moon – Yellow Vaisaka*Chaitra	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga Until 3:50PM Then Creative Work - Siddha Yoga						
4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Vanija/Vishti* Karana Chaturthyam Titau				Des Moines, IA Sun 17 Sutra 17 Subhakrit 5124
Mithuna Rasi: 0.2	Tithi 4	231445479	Gulika 10:25AM – 12:11PM Yama 6:53AM – 8:39AM Rahu 12:11PM – 1:56PM	Mrigashira Until 6:48PM Sukarma Until 6:37AM Thu Vanija Until 9:21AM Chaturthi* Until 10:34PM	Ganesha: White <i>Sunrise:</i> 5:07AM Muruqa: White <i>Sunset:</i> 7:14PM Nataraja: Clear Moon – Yellow Vaisaka*Chaitra	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga						
5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA Sun 18 Sutra 18 Subhakrit 5124
Mithuna Rasi: 12.1	Tithi 5	231445479	Gulika 8:38AM – 10:24AM Yama 5:06AM – 6:52AM Rahu 1:57PM – 3:43PM	Ardra Until 9:40PM Sukarma Until 6:37AM Bava Until 11:51AM Panchami Until 1:04AM Fri	Ganesha: White <i>Sunrise:</i> 5:06AM Muruqa: White <i>Sunset:</i> 7:15PM Nataraja: Clear Moon – Yellow Vaisaka*Chaitra	Moon 4 - Phase 3 - 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work Marana Yoga Until 9:40PM Then Creative Work - Amrita Yoga						
6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA Sun 19 Sutra 19 Subhakrit 5124
Mithuna Rasi: 24.01	Tithi 6	241445479	Gulika 6:51AM – 8:38AM Yama 3:43PM – 5:30PM Rahu 10:24AM – 12:10PM	Punarvasu Until 12:46AM Sat Dhriti Until 7:36AM Kaulava Until 2:18PM Shashthi* Until 3:26AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:05AM Muruqa: White <i>Sunset:</i> 7:16PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day
Creative Work Siddha Yoga						
Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA Sun 20 Sutra 20 Subhakrit 5124
Retreat Star		241445479	Gulika 5:03AM – 6:50AM Yama 1:57PM – 3:44PM Rahu 8:37AM – 10:24AM	Pushya Until 3:25AM Sun Shula* Until 8:26AM Gara Until 4:31PM Saptami Until 5:28AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:03AM Muruqa: White <i>Sunset:</i> 7:17PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 20 3rd Phase Devaloka Day
Kataka Rasi: 5.55 Tithi 7 Creative Work Siddha Yoga						
Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhii Yoga Visti* Karana Ashtamyam Titau				Des Moines, IA Sun 21 Sutra 21 Subhakrit 5124
Retreat Star		241445479	Gulika 3:44PM – 5:31PM Yama 12:10PM – 1:57PM Rahu 5:31PM – 7:18PM	Ashlesha* Until 5:25AM Mon Ganda* Until 9:00AM Visti Until 6:20PM Ashtami* Until 7:00AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:02AM Muruqa: White <i>Sunset:</i> 7:18PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 21 Ashtami Devaloka Day
Kataka Rasi: 17.58 Tithi 8 Creative Work Siddha Yoga Until 5:25AM Mon Then Routine Work - Marana Yoga						
Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vridhii/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 22 Sutra 22 Subhakrit 5124
Retreat Star		251445479	Gulika 1:57PM – 3:45PM Yama 10:23AM – 12:10PM Rahu 6:48AM – 8:36AM	Magha* Until 7:08AM Tue Vridhii Until 9:11AM Balava Until 7:33PM Ashtami* Until 7:00AM	Ganesha: Purple <i>Sunrise:</i> 5:01AM Muruqa: White <i>Sunset:</i> 7:19PM Nataraja: Clear Moon – Red Vaisaka*Chaitra	Moon 4 - Phase 3 - 22 Navami Bhuloka Day Devaloka Time: 6:PM to 9:PM
Simha Rasi: 0.12 Tithi 8 – 9 Family Home Evening Routine Work Marana Yoga Until 7:08AM Tue Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
	Simha Rasi: 12.44	Tithi 9 – 10	Gulika 12:10PM – 1:58PM	Magha* Until 7:08AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	Sun 23 Subhakit 5124
	252445479	Rahu 3:45PM – 5:33PM	Yama 8:35AM – 10:23AM	Dhruva Until 8:49AM	Muruqa: White	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 4 - 23
	Creative Work Siddha Yoga			Taitila Until 8:04PM	Nataraja: Clear		4th Phase
			Navami* Until 7:53AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Simha Rasi: 25.35	Tithi 10 – 11	Gulika 10:22AM – 12:10PM	Purvaphalguni Until 7:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	Sun 24 Subhakit 5124
	252445479	Rahu 12:10PM – 1:58PM	Yama 6:47AM – 8:35AM	Vyaghata* Until 7:53AM	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 4 - 24
	Creative Work Amrita Yoga			Vanija Until 7:49PM	Nataraja: Clear		4th Phase
			Dashami Until 8:01AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Kanya Rasi: 8.52	Tithi 11 – 12	Gulika 8:34AM – 10:22AM	Uttaraphalguni Until 7:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Sun 25 Subhakit 5124
	252445479	Rahu 1:58PM – 3:46PM	Yama 4:58AM – 6:46AM	Harshana Until 6:21AM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 4 - 25
	Amrita Yoga			Bava Until 6:47PM	Nataraja: Clear		4th Phase
Until 7:51AM			Ekadashi Until 7:23AM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA
	Kanya Rasi: 22.34	Tithi 13	Gulika 6:45AM – 8:33AM	Hasta Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 4:57AM	Sun 26 Subhakit 5124
	262445479	Rahu 10:22AM – 12:10PM	Yama 3:47PM – 5:35PM	Siddhi Until 1:28AM Sat	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 4 - 26
	Creative Work Amrita Yoga			Kaulava Until 5:02PM	Nataraja: Clear		4th Phase
Until 7:19AM			Trayodashi Until 3:54AM Sat	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Vaisaka-Chaitra			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA
	Tula Rasi: 6.41	Tithi 14	Gulika 4:56AM – 6:44AM	Svati Until 3:56AM Sun	Ganesha: White	<i>Sunrise:</i> 4:56AM	Sun 27 Subhakit 5124
	262445479	Rahu 8:33AM – 10:21AM	Yama 1:59PM – 3:47PM	Vyatipata* Until 10:19PM	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 4 - 27
	Creative Work Siddha Yoga			Gara Until 2:40PM	Nataraja: Clear		4th Phase
Until 3:56AM Sun			Chaturdashi* Until 1:16AM Sun	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Vaikasi			

	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA
	Copper Retreat Star		Gulika 3:48PM – 5:36PM	Vishakha Until 1:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Sun 28 Subhakit 5124
	Tula Rasi: 21.1	Tithi 15	Yama 12:10PM – 1:59PM	Variyan Until 6:46PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 4 - Purnima
	272445479	Rahu 5:36PM – 7:25PM		Visti Until 11:49AM	Nataraja: Clear		
Routine Work Marana Yoga			Purnima* Until 10:14PM	Moon – Orange		Devaloka Day	
Until 1:47AM Mon				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

Monday, May 16, 2022	Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA
	Vrischika Rasi: 5.56	Tithi 16	Gulika 1:59PM – 3:48PM	Anuradha Until 11:15PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Sun 29 Subhakit 5124
	Family Home Evening		Yama 10:21AM – 12:10PM	Parigha* Until 3:00PM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 4 - Prathama
	272445479	Rahu 6:43AM – 8:32AM		Balava Until 8:37AM	Nataraja: Clear		
Creative Work Siddha Yoga			Prathama* Until 6:56PM	Moon – Orange		Devaloka Day	
				Vaisaka-Vaikasi			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

ll times are standard time. Calculated for Des Moines, IA on 4/26/22

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA
Sun 1 Sutra 30

Vrischika Rasi: 20.52 Tithi 17 – 18

272445479

Gulika 12:10PM – 1:59PM
Yama 8:31AM – 10:21AM
Rahu 3:49PM – 5:38PM

Jyeshtha* Until 8:31PM
Shiva Until 11:07AM
Vanija Until 1:49AM Wed
Dvitiya Until 3:31PM

Ganesha: Yellow *Sunrise:* 4:53AM
Muruqa: White *Sunset:* 7:27PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 8:31PM
Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visli*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA
Sun 2 Sutra 31

Dhanus Rasi: 5.49 Tithi 18 – 19

282445479

Gulika 10:21AM – 12:10PM
Yama 6:42AM – 8:31AM
Rahu 12:10PM – 2:00PM

Mula* Until 6:07PM
Siddha Until 7:13AM
Bava Until 10:30PM
Tritiya Until 12:08PM

Ganesha: Blue *Sunrise:* 4:52AM
Muruqa: White *Sunset:* 7:28PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 2
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 6:07PM
Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA
Sun 3 Sutra 32

Dhanus Rasi: 20.39 Tithi 19 – 20

282445479

Gulika 8:31AM – 10:20AM
Yama 4:51AM – 6:41AM
Rahu 2:00PM – 3:50PM

Purvashadha* Until 3:47PM
Subha Until 11:55PM
Kaulava Until 7:26PM
Chaturthi* Until 8:55AM

Ganesha: Blue *Sunrise:* 4:51AM
Muruqa: White *Sunset:* 7:29PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 3
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 3:47PM
Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Des Moines, IA
Sun 4 Sutra 33

Makara Rasi: 5.17 Tithi 20 – 21

282445479

Gulika 6:40AM – 8:30AM
Yama 3:50PM – 5:40PM
Rahu 10:20AM – 12:10PM

Uttarashadha Until 1:40PM
Sukla Until 8:41PM
Vanija Until 3:31AM Sat
Panchami Until 6:01AM

Ganesha: Blue *Sunrise:* 4:50AM
Muruqa: White *Sunset:* 7:30PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 4
1st Phase

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visli*/Bava Karana Saptamyam Titau

Des Moines, IA
Sun 5 Sutra 34

Makara Rasi: 19.37 Tithi 22

292445479

Gulika 4:49AM – 6:40AM
Yama 2:00PM – 3:51PM
Rahu 8:30AM – 10:20AM

Shravana Until 12:17PM
Brahma Until 5:51PM
Visti Until 2:28PM
Saptami Until 1:31AM Sun

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: White *Sunset:* 7:31PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 5
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA
Sun 6 Sutra 35

Kumbha Rasi: 3.37 Tithi 23

292445479

Gulika 3:51PM – 5:42PM
Yama 12:10PM – 2:01PM
Rahu 5:42PM – 7:32PM

Dhanishtha Until 11:17AM
Indra Until 3:29PM
Balava Until 12:45PM
Ashtami* Until 12:06AM Mon

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: White *Sunset:* 7:32PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 6
Ashtami

Devaloka Day

Routine Work Marana Yoga
Until 11:17AM
Then Creative Work - Siddha Yoga

Monday, May 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA
Sun 7 Sutra 36

Kumbha Rasi: 17.16 Tithi 24

293545479

Gulika 2:01PM – 3:52PM
Yama 10:20AM – 12:10PM
Rahu 6:39AM – 8:29AM

Shatabhishak Until 10:43AM
Vaidhriti* Until 1:34PM
Taitila Until 11:38AM
Navami* Until 11:16PM

Ganesha: Red *Sunrise:* 4:48AM
Muruqa: White *Sunset:* 7:33PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 7
Navami

Devaloka Day

Creative Work Siddha Yoga
Until 10:43AM
Then Routine Work - Marana Yoga

1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Des Moines, IA Sun 8 Sutra 37	
Meena Rasi: 0.34	Tithi 25	Gulika	12:10PM – 2:01PM	Purvaproshtapada* Until 11:03AM	Ganesha: Clear	<i>Sunrise:</i> 4:47AM		Subhakrit 5124	
		Yama	8:29AM – 10:20AM	Vishkambha* Until 12:09PM	Muruqa: White	<i>Sunset:</i> 7:34PM		Moon 5 - Phase 6 - 8	
		213545479 Rahu	3:52PM – 5:43PM	Vanija Until 11:06AM	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga			Dashami Until 11:02PM	Moon – Clear		Devaloka Day		
Until 11:03AM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 38	
Meena Rasi: 13.34	Tithi 26	Gulika	10:20AM – 12:11PM	Uttaraproshtapada Until 11:48AM	Ganesha: Purple	<i>Sunrise:</i> 4:46AM		Subhakrit 5124	
		Yama	6:37AM – 8:29AM	Priti Until 11:13AM	Muruqa: White	<i>Sunset:</i> 7:35PM		Moon 5 - Phase 6 - 9	
		313545479 Rahu	12:11PM – 2:02PM	Bava Until 11:10AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 11:23PM	Moon – Clear		Sivaloka Day		
Until 11:48AM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Fatila Karana Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 39	
Meena Rasi: 26.16	Tithi 27	Gulika	8:28AM – 10:19AM	Revati Until 12:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:46AM		Subhakrit 5124	
		Yama	4:46AM – 6:37AM	Ayushman Until 10:42AM	Muruqa: White	<i>Sunset:</i> 7:35PM		Moon 5 - Phase 6 - 10	
		313545479 Rahu	2:02PM – 3:53PM	Kaulava Until 11:47AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 12:17AM Fri	Moon – Clear		Sivaloka Day		
Until 12:57PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 40	
Mesha Rasi: 8.45	Tithi 28	Gulika	6:37AM – 8:28AM	Ashvini Until 2:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM		Subhakrit 5124	
		Yama	3:54PM – 5:45PM	Saubhagya Until 10:35AM	Muruqa: White	<i>Sunset:</i> 7:36PM		Moon 5 - Phase 6 - 11	
		323545479 Rahu	10:19AM – 12:11PM	Gara Until 12:55PM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 1:39AM Sat	Moon – White		Devaloka Day		
Until 2:54PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 41	
Mesha Rasi: 21.01	Tithi 29	Gulika	4:45AM – 6:36AM	Bharani Until 5:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM		Subhakrit 5124	
		Yama	2:02PM – 3:54PM	Sobhana Until 10:51AM	Muruqa: White	<i>Sunset:</i> 7:37PM		Moon 5 - Phase 6 - 12	
		323545479 Rahu	8:28AM – 10:19AM	Visti Until 2:30PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 3:25AM Sun	Moon – White		Devaloka Day		
Until 5:08PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

●		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 42	
Retreat Star		Gulika	3:54PM – 5:46PM	Krittika Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM		Subhakrit 5124	
Vrishabha Rasi: 3.08	Tithi 30	Yama	12:11PM – 2:03PM	Athiganda* Until 11:22AM	Muruqa: White	<i>Sunset:</i> 7:38PM		Moon 5 - Phase 6 - 13	
		323545479 Rahu	5:46PM – 7:38PM	Catuspada Until 4:28PM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 5:32AM Mon	Moon – White		Devaloka Day		
					Vaisaka-Vaikasi				

Monday, May 30, 2022		Retreat Star				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna* Karana Prathamayam Titau		Des Moines, IA Sun 14 Sutra 43	
Vrishabha Rasi: 15.07	Tithi 1	Gulika	2:03PM – 3:55PM	Rohini Until 10:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:43AM		Subhakrit 5124	
Family Home Evening		Yama	10:19AM – 12:11PM	Sukarma Until 12:09PM	Muruqa: White	<i>Sunset:</i> 7:39PM		Moon 5 - Phase 6 - 14	
		333545479 Rahu	6:35AM – 8:27AM	Kintughna Until 6:42PM	Nataraja: Clear			Prathama	
Creative Work	Amrita Yoga			Prathama* Until 7:52AM Tue	Moon – Yellow		Devaloka Day		
					Jyeshtha-Vaikasi				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<h1 style="font-size: 2em;">1</h1> <p>Tuesday, May 31, 2022</p> <p>Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau</p> <p>Des Moines, IA Sun 15 Sutra 44 Subhakarit 5124</p>	<p>Gulika 12:11PM – 2:03PM</p> <p>Yama 8:27AM – 10:19AM</p> <p>333545479 Rahu 3:55PM – 5:47PM</p>	<p>Mrigashira Until 1:33AM Wed</p> <p>Dhriti Until 1:06PM</p> <p>Balava Until 9:07PM</p> <p>Prathama* Until 7:52AM</p>	<p>Ganesha: Orange <i>Sunrise: 4:43AM</i></p> <p>Muruqa: White <i>Sunset: 7:40PM</i></p> <p>Nataraja: Clear</p> <p>Moon – Yellow</p> <p>Devaloka Day</p> <p>Jyeshtha-Vaikasi</p>	
	<p>Wrisabha Rasi: 27.01 Tithi 1 – 2</p> <p>Creative Work Siddha Yoga</p>	<p>333545479 Rahu 3:55PM – 5:47PM</p>	<p>Moon 5 - Phase 7 - 15 3rd Phase</p>	

<h1 style="font-size: 2em;">2</h1> <p>Wednesday, June 1, 2022</p> <p>Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau</p> <p>Des Moines, IA Sun 16 Sutra 45 Subhakarit 5124</p>	<p>Gulika 10:19AM – 12:11PM</p> <p>Yama 6:35AM – 8:27AM</p> <p>333545479 Rahu 12:11PM – 2:04PM</p>	<p>Ardra Until 4:25AM Thu</p> <p>Shula* Until 2:05PM</p> <p>Taitila Until 11:36PM</p> <p>Dvitiya Until 10:20AM</p>	<p>Ganesha: Orange <i>Sunrise: 4:42AM</i></p> <p>Muruqa: White <i>Sunset: 7:40PM</i></p> <p>Nataraja: Clear</p> <p>Moon – Yellow</p> <p>Devaloka Day</p> <p>Jyeshtha-Vaikasi</p>	
	<p>Mithuna Rasi: 8.51 Tithi 2 – 3</p> <p>Creative Work Siddha Yoga</p> <p>Until 4:25AM Thu</p> <p>Then Creative Work - Amrita Yoga</p>	<p>333545479 Rahu 12:11PM – 2:04PM</p>	<p>Moon 5 - Phase 7 - 16 3rd Phase</p>	

<h1 style="font-size: 2em;">3</h1> <p>Thursday, June 2, 2022</p> <p>Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau</p> <p>Des Moines, IA Sun 17 Sutra 46 Subhakarit 5124</p>	<p>Gulika 8:27AM – 10:19AM</p> <p>Yama 4:42AM – 6:34AM</p> <p>343555479 Rahu 2:04PM – 3:56PM</p>	<p>Punarvasu Until 7:35AM Fri</p> <p>Ganda* Until 3:06PM</p> <p>Vanija Until 2:03AM Fri</p> <p>Tritiya Until 12:49PM</p>	<p>Ganesha: Clear <i>Sunrise: 4:42AM</i></p> <p>Muruqa: Green <i>Sunset: 7:41PM</i></p> <p>Nataraja: Clear</p> <p>Moon – Blue</p> <p>Devaloka Day</p> <p>Jyeshtha-Vaikasi</p>	
	<p>Mithuna Rasi: 20.41 Tithi 3 – 4</p> <p>Creative Work Amrita Yoga</p> <p>Until 7:35AM Fri</p> <p>Then Routine Work - Marana Yoga</p>	<p>343555479 Rahu 2:04PM – 3:56PM</p>	<p>Moon 5 - Phase 7 - 17 3rd Phase</p>	

<h1 style="font-size: 2em;">4</h1> <p>Friday, June 3, 2022</p> <p>Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau</p> <p>Des Moines, IA Sun 18 Sutra 47 Subhakarit 5124</p>	<p>Gulika 6:34AM – 8:27AM</p> <p>Yama 3:57PM – 5:49PM</p> <p>343555479 Rahu 10:19AM – 12:12PM</p>	<p>Punarvasu Until 7:35AM</p> <p>Vridhi Until 4:03PM</p> <p>Bava Until 4:20AM Sat</p> <p>Chaturthi* Until 3:12PM</p>	<p>Ganesha: Clear <i>Sunrise: 4:42AM</i></p> <p>Muruqa: Green <i>Sunset: 7:42PM</i></p> <p>Nataraja: Clear</p> <p>Moon – Blue</p> <p>Devaloka Day</p> <p>Jyeshtha-Vaikasi</p>	
	<p>Kataka Rasi: 2.32 Tithi 4 – 5</p> <p>Creative Work Siddha Yoga</p> <p>Until 7:35AM</p> <p>Then Routine Work - Marana Yoga</p>	<p>343555479 Rahu 10:19AM – 12:12PM</p>	<p>Moon 5 - Phase 7 - 18 3rd Phase</p>	

<h1 style="font-size: 2em;">5</h1> <p>Saturday, June 4, 2022</p> <p>Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau</p> <p>Des Moines, IA Sun 19 Sutra 48 Subhakarit 5124</p>	<p>Gulika 4:41AM – 6:34AM</p> <p>Yama 2:04PM – 3:57PM</p> <p>343555479 Rahu 8:27AM – 10:19AM</p>	<p>Pushya Until 10:23AM</p> <p>Dhruva Until 4:47PM</p> <p>Kaulava Until 6:19AM Sun</p> <p>Panchami Until 5:21PM</p>	<p>Ganesha: Clear <i>Sunrise: 4:41AM</i></p> <p>Muruqa: Green <i>Sunset: 7:42PM</i></p> <p>Nataraja: Clear</p> <p>Moon – Blue</p> <p>Devaloka Day</p> <p>Jyeshtha-Vaikasi</p>	
	<p>Kataka Rasi: 14.28 Tithi 5 – 6</p> <p>Creative Work Siddha Yoga</p> <p>Until 10:23AM</p> <p>Then Routine Work - Marana Yoga</p>	<p>343555479 Rahu 8:27AM – 10:19AM</p>	<p>Moon 5 - Phase 7 - 19 3rd Phase</p>	

<h1 style="font-size: 2em;">6</h1> <p>Sunday, June 5, 2022</p> <p>Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau</p> <p>Des Moines, IA Sun 20 Sutra 49 Subhakarit 5124</p>	<p>Gulika 3:58PM – 5:50PM</p> <p>Yama 12:12PM – 2:05PM</p> <p>343555471 Rahu 5:50PM – 7:43PM</p>	<p>Ashlesha* Until 12:42PM</p> <p>Vyaghata* Until 5:15PM</p> <p>Kaulava Until 6:19AM</p> <p>Shashthi* Until 7:08PM</p>	<p>Ganesha: Clear <i>Sunrise: 4:41AM</i></p> <p>Muruqa: Green <i>Sunset: 7:43PM</i></p> <p>Nataraja: Yellow</p> <p>Moon – Blue</p> <p>Devaloka Day</p> <p>Jyeshtha-Vaikasi</p>	
	<p>Kataka Rasi: 26.31 Tithi 6</p> <p>Creative Work Siddha Yoga</p> <p>Until 12:42PM</p> <p>Then Routine Work - Marana Yoga</p>	<p>343555471 Rahu 5:50PM – 7:43PM</p>	<p>Moon 5 - Phase 7 - 20 3rd Phase</p>	

<h1 style="font-size: 2em;">Retreat Star</h1> <p>Monday, June 6, 2022</p> <p>Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau</p> <p>Des Moines, IA Sun 21 Sutra 50 Subhakarit 5124</p>	<p>Gulika 2:05PM – 3:58PM</p> <p>Yama 10:19AM – 12:12PM</p> <p>354555471 Rahu 6:34AM – 8:26AM</p>	<p>Magha* Until 2:53PM</p> <p>Harshana Until 5:21PM</p> <p>Gara Until 7:51AM</p> <p>Saptami Until 8:23PM</p>	<p>Ganesha: Clear <i>Sunrise: 4:41AM</i></p> <p>Muruqa: Green <i>Sunset: 7:44PM</i></p> <p>Nataraja: Yellow</p> <p>Moon – Red</p> <p>Devaloka Day</p> <p>Jyeshtha-Vaikasi</p>	
	<p>Simha Rasi: 8.44 Tithi 7</p> <p>Family Home Evening</p> <p>Routine Work Marana Yoga</p> <p>Until 2:53PM</p> <p>Then Creative Work - Siddha Yoga</p>	<p>354555471 Rahu 6:34AM – 8:26AM</p>	<p>Moon 5 - Phase 7 - 21 3rd Phase</p>	

<h1 style="font-size: 2em;">Retreat Star</h1> <p>Tuesday, June 7, 2022</p> <p>Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau</p> <p>Des Moines, IA Sun 22 Sutra 51 Subhakarit 5124</p>	<p>Gulika 12:12PM – 2:05PM</p> <p>Yama 8:26AM – 10:19AM</p> <p>354555471 Rahu 3:58PM – 5:51PM</p>	<p>Purvaphalguni Until 4:18PM</p> <p>Vajra* Until 4:55PM</p> <p>Visti Until 8:48AM</p> <p>Ashtami* Until 9:00PM</p>	<p>Ganesha: Clear <i>Sunrise: 4:40AM</i></p> <p>Muruqa: Green <i>Sunset: 7:44PM</i></p> <p>Nataraja: Yellow</p> <p>Moon – Red</p> <p>Devaloka Day</p> <p>Jyeshtha-Vaikasi</p>	
	<p>Simha Rasi: 21.13 Tithi 8</p> <p>Creative Work Siddha Yoga</p> <p>Until 4:18PM</p> <p>Then Creative Work - Amrita Yoga</p>	<p>354555471 Rahu 3:58PM – 5:51PM</p>	<p>Moon 5 - Phase 7 - 22 Ashtami</p>	

<h1 style="font-size: 2em;">Retreat Star</h1> <p>Wednesday, June 8, 2022</p> <p>Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau</p> <p>Des Moines, IA Sun 23 Sutra 52 Subhakarit 5124</p>	<p>Gulika 10:19AM – 12:13PM</p> <p>Yama 6:33AM – 8:26AM</p> <p>354555471 Rahu 12:13PM – 2:06PM</p>	<p>Uttaraphalguni Until 4:51PM</p> <p>Siddhi Until 3:55PM</p> <p>Balava Until 9:03AM</p> <p>Navami* Until 8:51PM</p>	<p>Ganesha: Clear <i>Sunrise: 4:40AM</i></p> <p>Muruqa: Green <i>Sunset: 7:45PM</i></p> <p>Nataraja: Yellow</p> <p>Moon – Red</p> <p>Devaloka Day</p> <p>Jyeshtha-Vaikasi</p>	
	<p>Kanya Rasi: 4 Tithi 9</p> <p>Creative Work Amrita Yoga</p> <p>Until 4:51PM</p> <p>Then Routine Work - Marana Yoga</p>	<p>354555471 Rahu 12:13PM – 2:06PM</p>	<p>Moon 5 - Phase 7 - 23 Navami</p>	


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 24 Sutra 53
	Kanya Rasi: 17.11	Tithi 10	Gulika 8:26AM – 10:20AM	Hasta Until 4:55PM	Ganesha: White	<i>Sunrise:</i> 4:40AM	Subhakrit 5124
			Yama 4:40AM – 6:33AM	Vyatipata* Until 2:19PM	Muruqa: Green	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 8 - 24
	Routine Work	Marana Yoga	364555471 Rahu 2:06PM – 3:59PM	Taitila Until 8:31AM	Nataraja: Yellow		4th Phase
			Dashami Until 7:56PM	Moon – Green			
				Jyeshtha-Vaikasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA Sun 25 Sutra 54
	Tula Rasi: 0.48	Tithi 11	Gulika 6:33AM – 8:26AM	Chitra Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 4:40AM	Subhakrit 5124
			Yama 4:00PM – 5:53PM	Variyan Until 12:03PM	Muruqa: Green	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 8 - 25
			364555471 Rahu 10:20AM – 12:13PM	Vanija Until 7:12AM	Nataraja: Yellow		4th Phase
			Ekadashi Until 6:14PM	Moon – Green			
				Jyeshtha-Vaikasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 55
	Tula Rasi: 14.52	Tithi 12 – 13	Gulika 4:40AM – 6:33AM	Svati Until 2:24PM	Ganesha: White	<i>Sunrise:</i> 4:40AM	Subhakrit 5124
			Yama 2:06PM – 4:00PM	Parigha* Until 9:13AM	Muruqa: Green	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8 - 26
			364555471 Rahu 8:26AM – 10:20AM	Kaulava Until 2:27AM Sun	Nataraja: Yellow		4th Phase
			Dvadashi Until 3:51PM	Moon – Green			
				Jyeshtha-Vaikasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata</i>			

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 56
	Tula Rasi: 29.23	Tithi 13 – 14	Gulika 4:00PM – 5:54PM	Vishakha Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM	Subhakrit 5124
			Yama 12:13PM – 2:07PM	Siddha Until 2:08AM Mon	Muruqa: Green	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8 - 27
			364555471 Rahu 5:54PM – 7:47PM	Gara Until 11:15PM	Nataraja: Yellow		4th Phase
			Trayodashi Until 12:53PM	Moon – Orange			
				Jyeshtha-Vaikasi		Devaloka Day	

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA Sun 28 Sutra 57
	Copper Retreat Star		Gulika 2:07PM – 4:01PM	Anuradha Until 9:50AM	Ganesha: Yellow	<i>Sunrise:</i> 4:39AM	Subhakrit 5124
	Vrischika Rasi: 14.15	Tithi 14 – 15	Yama 10:20AM – 12:14PM	Sadhya Until 10:06PM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 8 -
	Family Home Evening		364555471 Rahu 6:33AM – 8:26AM	Visti Until 7:42PM	Nataraja: Yellow		Purnima
			Chaturdashi* Until 9:30AM	Moon – Orange			
				Jyeshtha-Vaikasi		Devaloka Day	

	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sun 29 Sutra 58
	Silver Retreat Star		Gulika 12:14PM – 2:07PM	Jyeshtha* Until 6:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:39AM	Subhakrit 5124
	Vrischika Rasi: 29.22	Tithi 16	Yama 8:27AM – 10:20AM	Subha Until 5:57PM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 8 -
			364555471 Rahu 4:01PM – 5:54PM	Balava Until 3:57PM	Nataraja: Yellow		Prathama
			Prathama* Until 2:02AM Wed	Moon – Orange			
				Jyeshtha-Ani		Devaloka Day	



Wednesday, June 15, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Sutra 59

Subhakarit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 14.34 Tithi 17

384555471

Gulika 10:20AM – 12:14PM
Yama 6:33AM – 8:27AM
Rahu 12:14PM – 2:08PM

Purvashadha* Until 1:08AM Thu
Sukla Until 1:44PM
Taitila Until 12:09PM
Dvitiya Until 10:17PM

Ganesha: Blue *Sunrise: 4:39AM*
Muruqa: Green *Sunset: 7:48PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 1:08AM Thu

Then Routine Work - Marana Yoga

1

Thursday, June 16, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vistil* Karana Trityayam Titau

Des Moines, IA

Sun 1 Sutra 60

Subhakarit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.43 Tithi 18

384555471

Gulika 8:27AM – 10:20AM
Yama 4:39AM – 6:33AM
Rahu 2:08PM – 4:01PM

Uttarashadha Until 10:21PM
Brahma Until 9:40AM
Vanija Until 8:30AM
Tritiya Until 6:45PM

Ganesha: Blue *Sunrise: 4:39AM*
Muruqa: Green *Sunset: 7:49PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 10:21PM

Then Creative Work - Siddha Yoga

2

Friday, June 17, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Vaidhritil* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 2 Sutra 61

Subhakarit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.38 Tithi 19 – 20

394555471

Gulika 6:33AM – 8:27AM
Yama 4:02PM – 5:55PM
Rahu 10:21AM – 12:14PM

Shravana Until 8:13PM
Vaidhritil* Until 2:23AM Sat
Kaulava Until 2:11AM Sat
Chaturthi* Until 3:34PM

Ganesha: Red *Sunrise: 4:40AM*
Muruqa: Green *Sunset: 7:49PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 8:13PM

Then Creative Work - Siddha Yoga

3

Saturday, June 18, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Des Moines, IA

Sun 3 Sutra 62

Subhakarit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 29.13 Tithi 20 – 21

394555471

Gulika 4:40AM – 6:33AM
Yama 2:08PM – 4:02PM
Rahu 8:27AM – 10:21AM

Dhanishtha Until 6:29PM
Vishkambha* Until 11:24PM
Gara Until 11:49PM
Panchami Until 12:54PM

Ganesha: Blue *Sunrise: 4:40AM*
Muruqa: Green *Sunset: 7:49PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 6:29PM

Then Creative Work - Amrita Yoga

4

Sunday, June 19, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti Yoga Vanija/Vistil* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 4 Sutra 63

Subhakarit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 13.24 Tithi 21 – 22

395655471

Gulika 4:02PM – 5:56PM
Yama 12:15PM – 2:09PM
Rahu 5:56PM – 7:50PM

Shatabhishak Until 5:16PM
Priti Until 9:00PM
Vistil Until 10:08PM
Shashthi* Until 10:52AM

Ganesha: Red *Sunrise: 4:40AM*
Muruqa: Green *Sunset: 7:50PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Father's Day

Creative Work Siddha Yoga

D

Monday, June 20, 2022

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 5 Sutra 64

Subhakarit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 27.08 Tithi 22 – 23

315655471

Gulika 2:09PM – 4:02PM
Yama 10:21AM – 12:15PM
Rahu 6:34AM – 8:27AM

Purvaproshtapada* Until 5:05PM
Ayushman Until 7:10PM
Balava Until 9:12PM
Saptami Until 9:33AM

Ganesha: Clear *Sunrise: 4:40AM*
Muruqa: Green *Sunset: 7:50PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revatil Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 6 Sutra 65

Subhakarit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 10.25 Tithi 23 – 24

315655471

Gulika 12:15PM – 2:09PM
Yama 8:28AM – 10:21AM
Rahu 4:03PM – 5:56PM

Uttaraproshtapada Until 5:32PM
Saubhagya Until 5:59PM
Taitila Until 9:03PM
Ashtami* Until 9:01AM

Ganesha: Clear *Sunrise: 4:40AM*
Muruqa: Green *Sunset: 7:50PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 5:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

ll times are standard time. Calculated for Des Moines, IA on 4/26/22

www.gurudeva.org/panchang

1		Wednesday, June 22, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Des Moines, IA Sun 7 Sutra 66	
Meena Rasi: 23.19	Tithi 24 – 25	Gulika 10:22AM – 12:15PM	Revati Until 6:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Subhakit 5124	
		Yama 6:34AM – 8:28AM	Sobhana Until 5:24PM	Muruqa: Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 10 - 7	
	315655471	Rahu 12:15PM – 2:09PM	Vanija Until 9:38PM	Nataraja: Yellow		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 9:14AM	Moon – Clear		Devaloka Day	
				Jyeshtha-Ani			

2		Thursday, June 23, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 8 Sutra 67	
Mesha Rasi: 5.52	Tithi 25 – 26	Gulika 8:28AM – 10:22AM	Ashvini Until 8:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:41AM	Subhakit 5124	
		Yama 4:41AM – 6:34AM	Athiganda* Until 5:19PM	Muruqa: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 10 - 8	
	325655471	Rahu 2:09PM – 4:03PM	Bava Until 10:53PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 10:10AM	Moon – White		Bhuloka Day	
Until 8:31PM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

3		Friday, June 24, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 9 Sutra 68	
Mesha Rasi: 18.08	Tithi 26 – 27	Gulika 6:35AM – 8:28AM	Bharani Until 10:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:41AM	Subhakit 5124	
		Yama 4:03PM – 5:57PM	Sukarma Until 5:41PM	Muruqa: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 10 - 9	
	325655471	Rahu 10:22AM – 12:16PM	Kaulava Until 12:39AM Sat	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 11:41AM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

4		Saturday, June 25, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 10 Sutra 69	
Vrishabha Rasi: 0.14	Tithi 27 – 28	Gulika 4:41AM – 6:35AM	Krittika Until 1:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:41AM	Subhakit 5124	
		Yama 2:10PM – 4:03PM	Dhriti Until 6:23PM	Muruqa: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 10 - 10	
	325655471	Rahu 8:29AM – 10:22AM	Gara Until 2:48AM Sun	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:40PM	Moon – White		Bhuloka Day	
Until 1:25AM Sun				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, June 26, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 11 Sutra 70	
Vrishabha Rasi: 12.1	Tithi 28 – 29	Gulika 4:04PM – 5:57PM	Rohini Until 4:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:42AM	Subhakit 5124	
		Yama 12:16PM – 2:10PM	Shula* Until 7:17PM	Muruqa: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 10 - 11	
	335655471	Rahu 5:57PM – 7:51PM	Visti Until 5:11AM Mon	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 3:57PM	Moon – Yellow		Bhuloka Day	
Until 4:33AM Mon				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6		Monday, June 27, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 71	
Vrishabha Rasi: 24.02	Tithi 29	Gulika 2:10PM – 4:04PM	Mrigashira Until 7:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 4:42AM	Subhakit 5124	
Family Home Evening		Yama 10:23AM – 12:16PM	Ganda* Until 8:18PM	Muruqa: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 10 - 12	
	335655471	Rahu 6:36AM – 8:29AM	Sakuni Until 6:25PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 6:25PM	Moon – Yellow		Bhuloka Day	
Until 7:37AM Tue				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, June 28, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 72	
Mithuna Rasi: 5.52	Tithi 30	Gulika 12:17PM – 2:10PM	Mrigashira Until 7:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:42AM	Subhakit 5124	
		Yama 8:29AM – 10:23AM	Vriddhi Until 9:22PM	Muruqa: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 10 - 13	
	336655471	Rahu 4:04PM – 5:57PM	Catuspada Until 7:41AM	Nataraja: Yellow		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 8:55PM	Moon – Yellow		Bhuloka Day	
Until 7:37AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Des Moines, IA Sun 14 Sutra 73	
Mithuna Rasi: 17.41	Tithi 1	Gulika 10:23AM – 12:17PM	Ardra Until 10:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:43AM	Subhakit 5124	
		Yama 6:36AM – 8:30AM	Dhruva Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 10 - 14	
	336655471	Rahu 12:17PM – 2:10PM	Kintughna Until 10:10AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:22PM	Moon – Yellow		Bhuloka Day	
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Des Moines, IA Sun 15 Sutra 74	
Mithuna Rasi: 29.32	Tithi 2	Gulika 8:30AM – 10:24AM	Punarvasu Until 1:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:43AM	Subhakrit 5124	
		Yama 4:43AM – 6:37AM	Vyaghata* Until 11:16PM	Muruga: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 11 - 15	
Creative Work	Amrita Yoga	346655471 Rahu 2:10PM – 4:04PM	Balava Until 12:34PM	Nataraja: Yellow		3rd Phase	
			Dvitiya Until 1:41AM Fri	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau		Des Moines, IA Sun 16 Sutra 75	
Kataka Rasi: 11.27	Tithi 3	Gulika 6:37AM – 8:30AM	Pushya Until 4:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:44AM	Subhakrit 5124	
		Yama 4:04PM – 5:57PM	Harshana Until 12:02AM Sat	Muruga: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 11 - 16	
Routine Work	Marana Yoga	346655471 Rahu 10:24AM – 12:17PM	Taitila Until 2:47PM	Nataraja: Yellow		3rd Phase	
			Tritiya Until 3:47AM Sat	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Vistii* Karana Chaturthyam Titau		Des Moines, IA Sun 17 Sutra 76	
Kataka Rasi: 23.27	Tithi 4	Gulika 4:44AM – 6:37AM	Ashlesha* Until 6:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:44AM	Subhakrit 5124	
		Yama 2:11PM – 4:04PM	Vajra* Until 12:34AM Sun	Muruga: Green	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 11 - 17	
Routine Work	Marana Yoga	346655471 Rahu 8:31AM – 10:24AM	Vanija Until 4:45PM	Nataraja: Yellow		3rd Phase	
Until 6:49PM			Chaturthi* Until 5:36AM Sun	Moon – Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Bava Karana Panchamyam Titau		Des Moines, IA Sun 18 Sutra 77	
Simha Rasi: 5.34	Tithi 5	Gulika 4:04PM – 5:57PM	Magha* Until 9:12PM	Ganesha: Orange	<i>Sunrise:</i> 4:45AM	Subhakrit 5124	
		Yama 12:18PM – 2:11PM	Siddhi Until 12:50AM Mon	Muruga: Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 11 - 18	
Routine Work	Marana Yoga	356655471 Rahu 5:57PM – 7:50PM	Bava Until 6:23PM	Nataraja: Yellow		3rd Phase	
Until 9:12PM			Panchami Until 7:02AM Mon	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Des Moines, IA Sun 19 Sutra 78	
Simha Rasi: 17.5	Tithi 5 – 6	Gulika 2:11PM – 4:04PM	Purvaphalguni Until 10:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:45AM	Subhakrit 5124	
Family Home Evening		Yama 10:25AM – 12:18PM	Vyatipata* Until 12:45AM Tue	Muruga: Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 11 - 19	
Creative Work	Siddha Yoga	356655471 Rahu 6:38AM – 8:32AM	Kaulava Until 7:35PM	Nataraja: Yellow		3rd Phase	
			Panchami Until 7:02AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau		Des Moines, IA Sun 20 Sutra 79	
Kanya Rasi: 0.2	Tithi 6 – 7	Gulika 12:18PM – 2:11PM	Uttaraphalguni Until 12:04AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Subhakrit 5124	
		Yama 8:32AM – 10:25AM	Varyan Until 12:12AM Wed	Muruga: Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 11 - 20	
Creative Work	Amrita Yoga	357655471 Rahu 4:04PM – 5:57PM	Gara Until 8:15PM	Nataraja: Yellow		3rd Phase	
Until 12:04AM Wed			Shashthi* Until 7:58AM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Vistii* Karana Saplam/Ashtamyam Titau		Des Moines, IA Sun 21 Sutra 80	
Kanya Rasi: 13.05	Tithi 7 – 8	Gulika 10:25AM – 12:18PM	Hasta Until 12:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Subhakrit 5124	
		Yama 6:39AM – 8:32AM	Parigha* Until 11:08PM	Muruga: Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 11 - 21	
Routine Work	Marana Yoga	467655471 Rahu 12:18PM – 2:11PM	Visti Until 8:16PM	Nataraja: Yellow		Ashtami	
Until 12:50AM Thu			Saptami Until 8:19AM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Des Moines, IA Sun 22 Sutra 81	
Kanya Rasi: 26.1	Tithi 8 – 9	Gulika 8:33AM – 10:25AM	Chitra Until 12:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	Subhakrit 5124	
		Yama 4:47AM – 6:40AM	Shiva Until 9:31PM	Muruga: Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11 - 22	
Creative Work	Siddha Yoga	467655471 Rahu 2:11PM – 4:04PM	Balava Until 7:33PM	Nataraja: Yellow		Navami	
			Ashtami* Until 7:59AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA Sun 23 Sutra 82 Subhakrit 5124
	Tula Rasi: 9.4	Tithi 9 – 10	Gulika 6:40AM – 8:33AM	Svati Until 11:43PM	Ganesha: Clear	<i>Sunrise:</i> 4:48AM	
			Yama 4:04PM – 5:56PM	Siddha Until 7:16PM	Muruqa: Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12 - 23
		467655471 Rahu 10:26AM – 12:18PM	Taitila Until 6:07PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 6:55AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

2	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 23.35	Tithi 11	Gulika 4:48AM – 6:41AM	Vishakha Until 10:20PM	Ganesha: White	<i>Sunrise:</i> 4:48AM	
			Yama 2:11PM – 4:03PM	Sadhya Until 4:27PM	Muruqa: Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 12 - 24
		477655471 Rahu 8:33AM – 10:26AM	Vanija Until 3:58PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 2:39AM Sun	Moon – Orange		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

3	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 7.57	Tithi 12	Gulika 4:03PM – 5:56PM	Anuradha Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 4:49AM	
			Yama 12:19PM – 2:11PM	Subha Until 1:09PM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 12 - 25
		477655471 Rahu 5:56PM – 7:48PM	Bava Until 1:13PM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 11:37PM	Moon – Orange		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

4	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 22.43	Tithi 13	Gulika 2:11PM – 4:03PM	Jyeshtha* Until 5:31PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
	Family Home Evening		Yama 10:27AM – 12:19PM	Sukla Until 9:24AM	Muruqa: Green	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 12 - 26
		477655471 Rahu 6:42AM – 8:34AM	Kaulava Until 9:57AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 8:10PM	Moon – Orange		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

Pradosha Vrata

5	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 7.46	Tithi 14 – 15	Gulika 12:19PM – 2:11PM	Mula* Until 2:46PM	Ganesha: White	<i>Sunrise:</i> 4:51AM	
			Yama 8:35AM – 10:27AM	Indra Until 1:11AM Wed	Muruqa: Green	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12 - 27
		488655471 Rahu 4:03PM – 5:55PM	Gara Until 6:20AM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 4:26PM	Moon – Light Blue		Sivaloka Day	
Until 2:46PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

○	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA Sun 28 Sutra 87 Subhakrit 5124
	Copper Retreat Star		Gulika 10:27AM – 12:19PM	Purvashadha* Until 11:46AM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	
	Dhanus Rasi: 22.59	Tithi 15 – 16	Yama 6:43AM – 8:35AM	Vaidhriti* Until 8:55PM	Muruqa: Green	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12 - Purnima
		488755471 Rahu 12:19PM – 2:11PM	Balava Until 10:41PM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Purnima* Until 12:35PM	Moon – Light Blue		Devaloka Day	
				Ashada*Ani			

○	Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sun 29 Sutra 88 Subhakrit 5124
	Silver Retreat Star		Gulika 8:36AM – 10:27AM	Uttarashadha Until 8:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	
	Makara Rasi: 8.13	Tithi 16 – 17	Yama 4:52AM – 6:44AM	Vishkambha* Until 4:47PM	Muruqa: Green	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 12 - Prathama
		488755471 Rahu 2:11PM – 4:03PM	Taitila Until 6:59PM	Nataraja: Yellow			
Routine Work	Marana Yoga		Prathama* Until 8:47AM	Moon – Light Blue		Devaloka Day	
Until 8:40AM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time. Calculated for Des Moines, IA on 4/26/22

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Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Trilyayam Titau

Des Moines, IA
Sun 1
Sutra 89
Subhakrit 5124
Moon 7 - Phase 13 - 1
1st Phase

Makara Rasi: 23.17 Tithi 18

Gulika 6:44AM – 8:36AM
Yama 4:02PM – 5:54PM
Rahu 10:28AM – 12:19PM

Shravana Until 6:04AM
Priti Until 12:54PM
Vanija Until 3:35PM
Tritiya Until 2:02AM Sat

Ganesha: Blue *Sunrise:* 4:53AM
Muruqa: Green *Sunset:* 7:45PM
Nataraja: Yellow
Moon – Purple

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 6:04AM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA
Sun 2
Sutra 90
Subhakrit 5124
Moon 7 - Phase 13 - 2
1st Phase

Kumbha Rasi: 8.02 Tithi 19

Gulika 4:54AM – 6:45AM
Yama 2:11PM – 4:02PM
Rahu 8:37AM – 10:28AM

Shatabhishak Until 1:50AM Sun
Ayushman Until 9:22AM
Bava Until 12:40PM
Chaturthi* Until 11:25PM

Ganesha: Blue *Sunrise:* 4:54AM
Muruqa: Green *Sunset:* 7:45PM
Nataraja: Yellow
Moon – Purple

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 1:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA
Sun 3
Sutra 91
Subhakrit 5124
Moon 7 - Phase 13 - 3
1st Phase

Kumbha Rasi: 22.22 Tithi 20

Gulika 4:02PM – 5:53PM
Yama 12:19PM – 2:11PM
Rahu 5:53PM – 7:44PM

Purvaproshtapada* Until 12:56AM Mo
Saubhagya Until 6:22AM
Kaulava Until 10:22AM
Panchami Until 9:29PM

Ganesha: White *Sunrise:* 4:55AM
Muruqa: Green *Sunset:* 7:44PM
Nataraja: White
Moon – Clear

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA
Sun 4
Sutra 92
Subhakrit 5124
Moon 7 - Phase 13 - 4
1st Phase

Meena Rasi: 6.12 Tithi 21

Gulika 2:10PM – 4:01PM
Yama 10:28AM – 12:19PM
Rahu 6:46AM – 8:37AM

Uttaraproshtapada Until 12:42AM Tue
Athiganda* Until 2:13AM Tue
Gara Until 8:50AM
Shashthi* Until 8:22PM

Ganesha: White *Sunrise:* 4:55AM
Muruqa: Green *Sunset:* 7:43PM
Nataraja: White
Moon – Clear

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Des Moines, IA
Sun 5
Sutra 93
Subhakrit 5124
Moon 7 - Phase 13 - 5
1st Phase

Meena Rasi: 19.34 Tithi 22

Gulika 12:20PM – 2:10PM
Yama 8:38AM – 10:29AM
Rahu 4:01PM – 5:52PM

Revati Until 1:10AM Wed
Sukarma Until 1:11AM Wed
Visti Until 8:09AM
Saptami Until 8:06PM

Ganesha: Clear *Sunrise:* 4:56AM
Muruqa: Green *Sunset:* 7:43PM
Nataraja: White
Moon – Clear

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 1:10AM Wed
Then Routine Work - Marana Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA
Sun 6
Sutra 94
Subhakrit 5124
Moon 7 - Phase 13 - 6
Ashtami

Mesha Rasi: 2.28 Tithi 23

Gulika 10:29AM – 12:20PM
Yama 6:48AM – 8:38AM
Rahu 12:20PM – 2:10PM

Ashvini Until 2:46AM Thu
Dhriti Until 12:49AM Thu
Balava Until 8:19AM
Ashtami* Until 8:42PM

Ganesha: Purple *Sunrise:* 4:57AM
Muruqa: Green *Sunset:* 7:42PM
Nataraja: White
Moon – White

Devaloka Day

Routine Work Marana Yoga
Until 2:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA
Sun 7
Sutra 95
Subhakrit 5124
Moon 7 - Phase 13 - 7
Navami

Mesha Rasi: 14.59 Tithi 24

Gulika 8:39AM – 10:29AM
Yama 4:58AM – 6:48AM
Rahu 2:10PM – 4:00PM

Bharani Until 4:54AM Fri
Shula* Until 12:59AM Fri
Taitila Until 9:19AM
Navami* Until 10:03PM

Ganesha: Purple *Sunrise:* 4:58AM
Muruqa: Green *Sunset:* 7:41PM
Nataraja: White
Moon – White

Devaloka Day

Creative Work Siddha Yoga

1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Vishti* Karana Dashamyam Titau		Des Moines, IA Sun 8 Sutra 96	
Mesha Rasi: 27.12	Tithi 25	Gulika 6:49AM – 8:39AM	Krittika Until 7:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:59AM	Subhakrit 5124	
		Yama 4:00PM – 5:50PM	Ganda* Until 1:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 14 - 8	
		429755472 Rahu 10:29AM – 12:20PM	Vanija Until 10:59AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 11:59PM	Moon – White		Devaloka Day	
Until 7:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 97	
Virshabha Rasi: 9.13	Tithi 26	Gulika 5:00AM – 6:50AM	Krittika Until 7:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:00AM	Subhakrit 5124	
		Yama 2:10PM – 4:00PM	Vriddhi Until 2:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 14 - 9	
		429755472 Rahu 8:40AM – 10:30AM	Bava Until 1:08PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 2:18AM Sun	Moon – White		Devaloka Day	
				Ashada*Adi			

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 98	
Virshabha Rasi: 21.05	Tithi 27	Gulika 3:59PM – 5:49PM	Rohini Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Subhakrit 5124	
		Yama 12:20PM – 2:09PM	Dhruva Until 3:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 14 - 10	
		439755472 Rahu 5:49PM – 7:39PM	Kaulava Until 3:34PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 4:49AM Mon	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 99	
Mithuna Rasi: 2.54	Tithi 28	Gulika 2:09PM – 3:59PM	Mrigashira Until 1:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Subhakrit 5124	
Family Home Evening		Yama 10:30AM – 12:20PM	Vyaghata* Until 4:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:38PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 Rahu 6:51AM – 8:41AM	Gara Until 6:06PM	Nataraja: White		2nd Phase	
Until 1:37PM			Trayodashi* Until 7:20AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	
				Pradosha Vrata (Fasting)			

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 100	
Mithuna Rasi: 14.43	Tithi 28 – 29	Gulika 12:20PM – 2:09PM	Ardra Until 4:30PM	Ganesha: Red	<i>Sunrise:</i> 5:03AM	Subhakrit 5124	
		Yama 8:41AM – 10:30AM	Harshana Until 5:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 14 - 12	
		431755472 Rahu 3:58PM – 5:48PM	Vishti Until 8:34PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 7:20AM	Moon – Yellow		Bhuloka Day	
Until 4:30PM				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 101	
Mithuna Rasi: 26.35	Tithi 29 – 30	Gulika 10:31AM – 12:20PM	Punarvasu Until 7:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:03AM	Subhakrit 5124	
		Yama 6:53AM – 8:42AM	Vajra* Until 6:26AM Thu	Muruqa: Green	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 14 - 13	
		441755472 Rahu 12:20PM – 2:09PM	Catuspada Until 10:52PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:44AM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Des Moines, IA Sun 14 Sutra 102	
Kataka Rasi: 8.31	Tithi 30 – 1	Gulika 8:42AM – 10:31AM	Pushya Until 10:16PM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Subhakrit 5124	
		Yama 5:04AM – 6:53AM	Vajra* Until 6:26AM	Muruqa: Green	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 14 - 14	
		441755472 Rahu 2:08PM – 3:57PM	Kintughna Until 12:57AM Fri	Nataraja: White		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 11:55AM	Moon – Blue		Bhuloka Day	
Until 10:16PM				Sravana*Adi		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Friday, July 29, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sun 15 Sutra 103 Subhakarit 5124
	Kataka Rasi: 20.32	Tithi 1 – 2	Gulika 6:54AM – 8:42AM Yama 3:57PM – 5:45PM 441755472 Rahu 10:31AM – 12:20PM	Ashlesha* Until 12:31AM Sat Siddhi Until 7:04AM Balava Until 2:44AM Sat Prathama* Until 1:51PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue	<i>Sunrise:</i> 5:05AM <i>Sunset:</i> 7:34PM	Moon 7 - Phase 15 - 15 3rd Phase
	Routine Work Marana Yoga Until 12:31AM Sat Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM		

2	Saturday, July 30, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA Sun 16 Sutra 104 Subhakarit 5124
	Simha Rasi: 2.41	Tithi 2 – 3	Gulika 5:06AM – 6:55AM Yama 2:08PM – 3:56PM 451755472 Rahu 8:43AM – 10:31AM	Magha* Until 2:48AM Sun Vyatipata* Until 7:30AM Taitila Until 4:12AM Sun Dvitiya Until 3:29PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	<i>Sunrise:</i> 5:06AM <i>Sunset:</i> 7:33PM	Moon 7 - Phase 15 - 16 3rd Phase
	Creative Work Amrita Yoga Until 2:48AM Sun Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM		

3	Sunday, July 31, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Des Moines, IA Sun 17 Sutra 105 Subhakarit 5124
	Simha Rasi: 14.58	Tithi 3 – 4	Gulika 3:56PM – 5:44PM Yama 12:20PM – 2:08PM 451755472 Rahu 5:44PM – 7:32PM	Purvaphalguni Until 4:35AM Mon Variyan Until 7:39AM Vanija Until 5:19AM Mon Tritiya Until 4:47PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	<i>Sunrise:</i> 5:07AM <i>Sunset:</i> 7:32PM	Moon 7 - Phase 15 - 17 3rd Phase
	Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM		

4	Monday, August 1, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA Sun 18 Sutra 106 Subhakarit 5124
	Simha Rasi: 27.24	Tithi 4 – 5	Gulika 2:07PM – 3:55PM Yama 10:32AM – 12:19PM 451755472 Rahu 6:56AM – 8:44AM	Uttaraphalguni Until 5:48AM Tue Parigha* Until 7:32AM Bava Until 6:02AM Tue Chaturthi* Until 5:43PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	<i>Sunrise:</i> 5:08AM <i>Sunset:</i> 7:31PM	Moon 7 - Phase 15 - 18 3rd Phase
	Family Home Evening Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM		

5	Tuesday, August 2, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA Sun 19 Sutra 107 Subhakarit 5124
	Kanya Rasi: 10.01	Tithi 5	Gulika 12:19PM – 2:07PM Yama 8:44AM – 10:32AM 461755472 Rahu 3:54PM – 5:42PM	Hasta Until 6:53AM Wed Shiva Until 7:06AM Bava Until 6:02AM Panchami Until 6:12PM	Ganesha: Blue Muruqa: Green Nataraja: White Moon – Green	<i>Sunrise:</i> 5:09AM <i>Sunset:</i> 7:30PM	Moon 7 - Phase 15 - 19 3rd Phase
	Creative Work Siddha Yoga		Nag Panchami		Sravana*Adi		Devaloka Day

6	Wednesday, August 3, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA Sun 20 Sutra 108 Subhakarit 5124
	Kanya Rasi: 22.5	Tithi 6	Gulika 10:32AM – 12:19PM Yama 6:57AM – 8:45AM 461755472 Rahu 12:19PM – 2:07PM	Hasta Until 6:53AM Siddha Until 6:17AM Kaulava Until 6:17AM Shashthi* Until 6:11PM	Ganesha: Blue Muruqa: Green Nataraja: White Moon – Green	<i>Sunrise:</i> 5:10AM <i>Sunset:</i> 7:28PM	Moon 7 - Phase 15 - 20 3rd Phase
	Routine Work Marana Yoga Until 6:53AM Then Creative Work - Siddha Yoga				Sravana*Adi		Devaloka Day

7	Thursday, August 4, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA Sun 21 Sutra 109 Subhakarit 5124
	Tula Rasi: 5.56	Tithi 7 – 8	Gulika 8:45AM – 10:32AM Yama 5:11AM – 6:58AM 461765472 Rahu 2:06PM – 3:53PM	Chitra Until 7:17AM Subha Until 3:22AM Fri Visti Until 6:00AM Saptami Until 5:37PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Green	<i>Sunrise:</i> 5:11AM <i>Sunset:</i> 7:27PM	Moon 7 - Phase 15 - 21 3rd Phase
	Creative Work Siddha Yoga Until 7:17AM Then Creative Work - Amrita Yoga				Sravana*Adi		Devaloka Day

8	Friday, August 5, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 22 Sutra 110 Subhakarit 5124
	Tula Rasi: 19.22	Tithi 8 – 9	Gulika 6:59AM – 8:46AM Yama 3:53PM – 5:39PM 461765472 Rahu 10:32AM – 12:19PM	Svati Until 6:58AM Sukla Until 1:09AM Sat Balava Until 3:38AM Sat Ashtami* Until 4:26PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Green	<i>Sunrise:</i> 5:12AM <i>Sunset:</i> 7:26PM	Moon 7 - Phase 15 - 22 Ashtami
	Creative Work Siddha Yoga		Varalakshmi Vratam		Sravana*Adi		Devaloka Day

9	Saturday, August 6, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA Sun 23 Sutra 111 Subhakarit 5124
	Vrischika Rasi: 3.08	Tithi 9 – 10	Gulika 5:13AM – 7:00AM Yama 2:05PM – 3:52PM 472765472 Rahu 8:46AM – 10:33AM	Vishakha Until 6:19AM Brahma Until 10:28PM Taitila Until 1:32AM Sun Navami* Until 2:38PM	Ganesha: White Muruqa: White Nataraja: White Moon – Orange	<i>Sunrise:</i> 5:13AM <i>Sunset:</i> 7:25PM	Moon 7 - Phase 15 - 23 Navami
	Creative Work Siddha Yoga				Sravana*Adi		Bhuloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Des Moines, IA on 4/26/22

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 112 Subhakrit 5124
Wrischika Rasi: 17.17	Tithi 10 – 11	Gulika 3:51PM – 5:37PM	Jyeshtha* Until 2:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM	
		Yama 12:19PM – 2:05PM	Indra Until 7:20PM	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16 - 24
	472865472	Rahu 5:37PM – 7:24PM	Vanija Until 10:55PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 12:16PM	Moon – Orange		Bhuloka Day
Until 2:53AM Mon				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.49	Tithi 11 – 12	Gulika 2:05PM – 3:51PM	Mula* Until 12:41AM Tue	Ganesha: White	<i>Sunrise:</i> 5:15AM	
Family Home Evening		Yama 10:33AM – 12:19PM	Vaidhriti* Until 3:48PM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 - 25
	482865472	Rahu 7:01AM – 8:47AM	Bava Until 7:51PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:25AM	Moon – Light Blue		Devaloka Day
				Sravana*Adi		

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16.37	Tithi 12 – 13	Gulika 12:19PM – 2:04PM	Purvashadha* Until 10:04PM	Ganesha: White	<i>Sunrise:</i> 5:16AM	
		Yama 8:47AM – 10:33AM	Vishkambha* Until 11:59AM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 - 26
	482865472	Rahu 3:50PM – 5:35PM	Taitila Until 2:41AM Wed	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:10AM	Moon – Light Blue		Devaloka Day
Until 10:04PM				Sravana*Adi		Tour Day
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1.38	Tithi 14	Gulika 10:33AM – 12:18PM	Uttarashadha Until 7:11PM	Ganesha: White	<i>Sunrise:</i> 5:17AM	
		Yama 7:03AM – 8:48AM	Priti Until 8:01AM	Muruqa: White	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 16 - 27
	482865472	Rahu 12:18PM – 2:04PM	Gara Until 12:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 11:06PM	Moon – Light Blue		Devaloka Day
Until 7:11PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA Sutra 116 Subhakrit 5124
Makara Rasi: 16.41	Tithi 15	Gulika 8:48AM – 10:33AM	Shravana Until 4:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	
		Yama 5:18AM – 7:03AM	Saubhagya Until 12:02AM Fri	Muruqa: White	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 16 -
	492865472	Rahu 2:03PM – 3:48PM	Visti Until 9:20AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:35PM	Moon – Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sutra 117 Subhakrit 5124
Kumbha Rasi: 1.39	Tithi 16 – 17	Gulika 7:04AM – 8:49AM	Dhanishtha Until 2:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	
		Yama 3:48PM – 5:32PM	Sobhana Until 8:20PM	Muruqa: White	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 16 -
	492865472	Rahu 10:33AM – 12:18PM	Taitila Until 2:50AM Sat	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:18PM	Moon – Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

Des Moines, IA

Sun 1 Sutra 118

Subhakrit 5124

Kumbha Rasi: 16.22 Tithi 17 - 18

Gulika 5:20AM - 7:05AM

Shatabhishak Until 11:51AM

Ganesha: Clear Sunrise: 5:20AM

Moon 8 - Phase 17 - 1

Yama 2:02PM - 3:47PM

Athiganda* Until 4:59PM

Muruqa: White Sunset: 7:16PM

1st Phase

492865472 Rahu 8:49AM - 10:34AM

Vanija Until 12:13AM Sun

Nataraja: White

Moon - Purple

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 11:51AM

Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 119

Subhakrit 5124

Meena Rasi: 0.43 Tithi 18 - 19

Gulika 3:46PM - 5:30PM

Purvaproshtapada* Until 10:27AM

Ganesha: Yellow Sunrise: 5:21AM

Moon 8 - Phase 17 - 2

Yama 12:18PM - 2:02PM

Sukarma Until 2:08PM

Muruqa: White Sunset: 7:14PM

1st Phase

412865472 Rahu 5:30PM - 7:14PM

Bava Until 10:16PM

Nataraja: White

Moon - Clear

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 10:27AM

Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 120

Subhakrit 5124

Meena Rasi: 15 Tithi 19 - 20

Gulika 2:01PM - 3:45PM

Uttaraproshtapada Until 9:37AM

Ganesha: Yellow Sunrise: 5:22AM

Moon 8 - Phase 17 - 3

Yama 10:34AM - 12:18PM

Dhriti Until 11:53AM

Muruqa: White Sunset: 7:13PM

1st Phase

Family Home Evening 412865472 Rahu 7:06AM - 8:50AM

Kaulava Until 9:05PM

Nataraja: White

Moon - Clear

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Chaturthi* Until 9:33AM

Sravana*Avani

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 121

Subhakrit 5124

Meena Rasi: 28.01 Tithi 20 - 21

Gulika 12:17PM - 2:01PM

Revati Until 9:27AM

Ganesha: Yellow Sunrise: 5:23AM

Moon 8 - Phase 17 - 4

Yama 8:50AM - 10:34AM

Shula* Until 10:18AM

Muruqa: White Sunset: 7:11PM

1st Phase

412865472 Rahu 3:44PM - 5:28PM

Gara Until 8:46PM

Nataraja: White

Moon - Clear

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Panchami Until 8:48AM

Sravana*Avani

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 122

Subhakrit 5124

Mesha Rasi: 10.58 Tithi 21 - 22

Gulika 10:34AM - 12:17PM

Ashvini Until 10:27AM

Ganesha: Yellow Sunrise: 5:24AM

Moon 8 - Phase 17 - 5

Yama 7:08AM - 8:51AM

Ganda* Until 9:25AM

Muruqa: White Sunset: 7:10PM

1st Phase

522865472 Rahu 12:17PM - 2:00PM

Visti Until 9:19PM

Nataraja: White

Moon - White

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Shashthi* Until 8:55AM

Sravana*Avani

Until 10:27AM

Then Creative Work - Siddha Yoga

5

Thursday, August 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 123

Subhakrit 5124

Mesha Rasi: 23.31 Tithi 22 - 23

Gulika 8:51AM - 10:34AM

Bharani Until 12:06PM

Ganesha: Yellow Sunrise: 5:25AM

Moon 8 - Phase 17 - 6

Yama 5:25AM - 7:08AM

Vridhhi Until 9:12AM

Muruqa: White Sunset: 7:09PM

Ashtami

522865472 Rahu 2:00PM - 3:43PM

Balava Until 10:40PM

Nataraja: White

Moon - White

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Krishna Janmashtami

Saptami Until 9:53AM

Sravana*Avani

Until 12:06PM

Then Routine Work - Marana Yoga

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 7 Sutra 124

Subhakrit 5124

Vrishabha Rasi: 5.45 Tithi 23 - 24

Gulika 7:09AM - 8:52AM

Krittika Until 2:16PM

Ganesha: White Sunrise: 5:26AM

Moon 8 - Phase 17 - 7

Yama 3:42PM - 5:25PM

Dhruva Until 9:30AM

Muruqa: White Sunset: 7:07PM

Navami

523865472 Rahu 10:34AM - 12:17PM

Taitila Until 12:37AM Sat

Nataraja: White

Moon - White

Bhuloka Day

Ashtami* Until 11:33AM

Sravana*Avani

Creative Work Siddha Yoga

Until 2:16PM

Then Routine Work - Marana Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Il times are standard time. Calculated for Des Moines, IA on 4/26/22

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1	Saturday, August 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Des Moines, IA
	Wishabha Rasi: 17.46	Tithi 24 – 25	Gulika 5:27AM – 7:10AM	Rohini Until 5:13PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Sun 8 Sutra 125
		533865472 Rahu 8:52AM – 10:34AM	Vyaghata* Until 10:13AM	Muruqa: White	<i>Sunset:</i> 7:06PM	Subhakrit 5124	
	Creative Work Amrita Yoga		Vanija Until 2:57AM Sun	Nataraja: White		Moon 8 - Phase 18 - 8	
	Until 5:13PM		Navami* Until 1:44PM	Moon – Yellow		2nd Phase	
	Then Creative Work - Siddha Yoga			Sravana-Avani		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	

2	Sunday, August 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Wishabha Rasi: 29.38	Tithi 25 – 26	Gulika 3:40PM – 5:22PM	Mrigashira Until 8:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:28AM	Sun 9 Sutra 126
		533865472 Rahu 5:22PM – 7:04PM	Harshana Until 11:11AM	Muruqa: White	<i>Sunset:</i> 7:04PM	Subhakrit 5124	
	Creative Work Siddha Yoga		Bava Until 5:27AM Mon	Nataraja: White		Moon 8 - Phase 18 - 9	
			Dashami Until 4:10PM	Moon – Yellow		2nd Phase	
				Sravana-Avani		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	


3	Monday, August 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Balava Karana Ekadashyam Titau				Des Moines, IA
	Mithuna Rasi: 11.28	Tithi 26	Gulika 1:58PM – 3:39PM	Ardra Until 11:05PM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Sun 10 Sutra 127
	Family Home Evening	533865472 Rahu 7:11AM – 8:53AM	Vajra* Until 12:11PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Subhakrit 5124	
	Creative Work Siddha Yoga		Balava Until 6:40PM	Nataraja: White		Moon 8 - Phase 18 - 10	
	Until 11:05PM		Ekadashi* Until 6:40PM	Moon – Yellow		2nd Phase	
	Then Creative Work - Amrita Yoga			Sravana-Avani		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	

4	Tuesday, August 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Des Moines, IA
	Mithuna Rasi: 23.19	Tithi 27	Gulika 12:16PM – 1:57PM	Punarvasu Until 2:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	Sun 11 Sutra 128
		543865472 Rahu 3:38PM – 5:20PM	Siddhi Until 1:07PM	Muruqa: White	<i>Sunset:</i> 7:01PM	Subhakrit 5124	
	Creative Work Siddha Yoga		Kaulava Until 7:54AM	Nataraja: White		Moon 8 - Phase 18 - 11	
			Dvadashi* Until 9:02PM	Moon – Blue		2nd Phase	
				Sravana-Avani		Bhuloka Day	

5	Wednesday, August 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA
	Kataka Rasi: 5.15	Tithi 28	Gulika 10:34AM – 12:15PM	Pushya Until 4:45AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	Sun 12 Sutra 129
		543865472 Rahu 12:15PM – 1:56PM	Vyatipata* Until 1:54PM	Muruqa: White	<i>Sunset:</i> 7:00PM	Subhakrit 5124	
	Creative Work Siddha Yoga		Gara Until 10:08AM	Nataraja: White		Moon 8 - Phase 18 - 12	
			Trayodashi* Until 11:08PM	Moon – Blue		2nd Phase	
				Sravana-Avani		Bhuloka Day	

Pradosha Vrata (Fasting)

6	Thursday, August 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Des Moines, IA
	Kataka Rasi: 17.17	Tithi 29	Gulika 8:54AM – 10:34AM	Ashlesha* Until 6:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:32AM	Sun 13 Sutra 130
		543865472 Rahu 1:56PM – 3:37PM	Variyan Until 2:24PM	Muruqa: White	<i>Sunset:</i> 6:58PM	Subhakrit 5124	
	Creative Work Siddha Yoga		Visti Until 12:04PM	Nataraja: White		Moon 8 - Phase 18 - 13	
	Until 6:51AM Fri		Chaturdashi* Until 12:53AM Fri	Moon – Blue		2nd Phase	
	Then Routine Work - Marana Yoga			Sravana-Avani		Bhuloka Day	

	Friday, August 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA
	Retreat Star		Gulika 7:14AM – 8:54AM	Ashlesha* Until 6:51AM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM	Sun 14 Sutra 131
	Kataka Rasi: 29.28	Tithi 30	Yama 3:36PM – 5:16PM	Parigha* Until 2:38PM	Muruqa: White	<i>Sunset:</i> 6:56PM	Subhakrit 5124
		543865472 Rahu 10:35AM – 12:15PM	Catuspada Until 1:38PM	Nataraja: White		Moon 8 - Phase 18 - 14	
	Routine Work Marana Yoga		Amavasya* Until 2:15AM Sat	Moon – Blue		Amavasya	
				Sravana-Avani		Bhuloka Day	

Retreat Star	Saturday, August 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA
	Retreat Star		Gulika 5:34AM – 7:14AM	Magha* Until 8:54AM	Ganesha: Blue	<i>Sunrise:</i> 5:34AM	Sun 15 Sutra 132
	Simha Rasi: 11.49	Tithi 1	Yama 1:55PM – 3:35PM	Shiva Until 2:35PM	Muruqa: White	<i>Sunset:</i> 6:55PM	Subhakrit 5124
		553865473 Rahu 8:55AM – 10:35AM	Kintughna Until 2:49PM	Nataraja: Clear		Moon 8 - Phase 18 - 15	
	Creative Work Amrita Yoga		Prathama* Until 3:14AM Sun	Moon – Red		Prathama	
	Until 8:54AM			Bhadrapada-Avani		Bhuloka Day	
	Then Creative Work - Siddha Yoga					Devaloka Time: 6:PM to 9:PM	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

11 times are standard time. Calculated for Des Moines, IA on 4/26/22

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1		Sunday, August 28, 2022				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Des Moines, IA Sun 16 Sutra 133 Subhakra 5124	
Simha Rasi: 24.2	Tithi 2	Gulika 3:34PM – 5:13PM	Purvaphalguni Until 10:24AM	Ganesha: Blue	<i>Sunrise:</i> 5:35AM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 19 - 16 3rd Phase	
Creative Work	Siddha Yoga	Yama 12:14PM – 1:54PM	Siddha Until 2:11PM	Nataraja: Clear		Bhuloka Day			
Until 10:24AM		Rahu 5:13PM – 6:53PM	Balava Until 3:36PM	Moon – Red		Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga			Dvitiya Until 3:49AM Mon						

2		Monday, August 29, 2022				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trityayam Titau		Des Moines, IA Sun 17 Sutra 134 Subhakra 5124	
Kanya Rasi: 7.02	Tithi 3	Gulika 1:53PM – 3:33PM	Uttaraphalguni Until 11:22AM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	Muruqa: White	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 19 - 17 3rd Phase	
Family Home Evening		Yama 10:35AM – 12:14PM	Sadhya Until 1:30PM	Nataraja: Clear		Bhuloka Day			
Creative Work	Siddha Yoga	Rahu 7:16AM – 8:55AM	Tailila Until 3:59PM	Moon – Red		Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
			Tritiya Until 4:01AM Tue						

3		Tuesday, August 30, 2022				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau		Des Moines, IA Sun 18 Sutra 135 Subhakra 5124	
Kanya Rasi: 19.55	Tithi 4	Gulika 12:14PM – 1:53PM	Hasta Until 12:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:37AM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 19 - 18 3rd Phase	
Creative Work	Siddha Yoga	Yama 8:56AM – 10:35AM	Subha Until 12:32PM	Nataraja: Clear		Bhuloka Day			
		Rahu 3:32PM – 5:11PM	Vanija Until 4:00PM	Moon – Green		Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
		Ganesha Chaturthi	Chaturthi* Until 3:51AM Wed						

4		Wednesday, August 31, 2022				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau		Des Moines, IA Sun 19 Sutra 136 Subhakra 5124	
Tula Rasi: 2.59	Tithi 5	Gulika 10:35AM – 12:13PM	Chitra Until 12:39PM	Ganesha: Red	<i>Sunrise:</i> 5:38AM	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 19 - 19 3rd Phase	
Creative Work	Siddha Yoga	Yama 7:17AM – 8:56AM	Sukla Until 11:14AM	Nataraja: Clear		Devaloka Day			
		Rahu 12:13PM – 1:52PM	Bava Until 3:38PM	Moon – Green		Bhadrapada-Avani			
			Panchami Until 3:17AM Thu						

5		Thursday, September 1, 2022				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthiyam Titau		Des Moines, IA Sun 20 Sutra 137 Subhakra 5124	
Tula Rasi: 16.16	Tithi 6	Gulika 8:56AM – 10:35AM	Svati Until 12:30PM	Ganesha: Red	<i>Sunrise:</i> 5:39AM	Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 19 - 20 3rd Phase	
Creative Work	Amrita Yoga	Yama 5:39AM – 7:18AM	Brahma Until 9:38AM	Nataraja: Clear		Devaloka Day			
Until 12:30PM		Rahu 1:52PM – 3:30PM	Kaulava Until 2:52PM	Moon – Green		Bhadrapada-Avani			
Then Creative Work - Siddha Yoga			Shashthi* Until 2:18AM Fri						

6		Friday, September 2, 2022				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau		Des Moines, IA Sun 21 Sutra 138 Subhakra 5124	
Tula Rasi: 29.47	Tithi 7	Gulika 7:19AM – 8:57AM	Vishakha Until 12:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 19 - 21 3rd Phase	
Creative Work	Siddha Yoga	Yama 3:29PM – 5:07PM	Indra Until 7:43AM	Nataraja: Clear		Devaloka Day			
		Rahu 10:35AM – 12:13PM	Gara Until 1:41PM	Moon – Orange		Bhadrapada-Avani			
			Saptami Until 12:55AM Sat						

Retreat Star		Saturday, September 3, 2022				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau		Des Moines, IA Sun 22 Sutra 139 Subhakra 5124	
Vrischika Rasi: 13.32	Tithi 8	Gulika 5:41AM – 7:19AM	Anuradha Until 11:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 19 - 22 Ashtami	
Creative Work	Siddha Yoga	Yama 1:50PM – 3:28PM	Vishkambha* Until 2:49AM Sun	Nataraja: Clear		Devaloka Day			
		Rahu 8:57AM – 10:35AM	Visti Until 12:05PM	Moon – Orange		Bhadrapada-Avani			
			Ashtami* Until 11:07PM						

Retreat Star		Sunday, September 4, 2022				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau		Des Moines, IA Sun 23 Sutra 140 Subhakra 5124	
Vrischika Rasi: 27.32	Tithi 9	Gulika 3:27PM – 5:04PM	Jyeshtha* Until 10:01AM	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 19 - 23 Navami	
Routine Work	Marana Yoga	Yama 12:12PM – 1:50PM	Priti Until 11:55PM	Nataraja: Clear		Devaloka Day			
Until 10:01AM		Rahu 5:04PM – 6:42PM	Balava Until 10:05AM	Moon – Orange		Bhadrapada-Avani			
Then Creative Work - Amrita Yoga			Navami* Until 8:55PM						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 24 Sutra 141 Subhakrit 5124
	Dhanus Rasi: 11.48	Tithi 10	Gulika 1:49PM – 3:26PM	Mula* Until 8:32AM	Ganesha: White	<i>Sunrise:</i> 5:43AM	
Family Home Evening	584965473	Rahu 7:21AM – 8:58AM	Ayushman Until 8:42PM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 20 - 24	
Creative Work Siddha Yoga			Taitila Until 7:42AM	Nataraja: Clear		4th Phase	
Until 8:32AM			Dashami Until 6:22PM	Moon – Light Blue	Bhuloka Day		
Then Routine Work - Marana Yoga				Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM		

2	Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 142 Subhakrit 5124
	Dhanus Rasi: 26.17	Tithi 11 – 12	Gulika 12:11PM – 1:48PM	Purvashadha* Until 6:36AM	Ganesha: White	<i>Sunrise:</i> 5:44AM	
	584965473	Rahu 3:25PM – 5:02PM	Saubhagya Until 5:16PM	Muruqa: White	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 20 - 25	
Creative Work Siddha Yoga			Bava Until 2:05AM Wed	Nataraja: Clear		4th Phase	
Until 6:36AM			Ekadashi Until 3:33PM	Moon – Light Blue	Bhuloka Day		
Then Routine Work - Prabararishta Yoga				Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM		

3	Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 143 Subhakrit 5124
	Makara Rasi: 10.55	Tithi 12 – 13	Gulika 10:35AM – 12:11PM	Shravana Until 2:15AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	
	594965473	Rahu 12:11PM – 1:48PM	Sobhana Until 1:44PM	Muruqa: White	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 20 - 26	
Creative Work Siddha Yoga			Kaulava Until 11:04PM	Nataraja: Clear		4th Phase	
			Dvadashti Until 12:34PM	Moon – Purple	Devaloka Day		
				Bhadrapada*Avani			

Pradosha Vrata

4	Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 144 Subhakrit 5124
	Makara Rasi: 25.37	Tithi 13 – 14	Gulika 8:59AM – 10:35AM	Dhanishtha Until 12:04AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	
	594965473	Rahu 1:47PM – 3:23PM	Athiganda* Until 10:09AM	Muruqa: White	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20 - 27	
Creative Work Siddha Yoga			Gara Until 8:05PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 9:33AM	Moon – Purple	Devaloka Day		
		Chidambaram Abhishekam		Bhadrapada*Avani			

○	Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Des Moines, IA Sutra 145 Subhakrit 5124
	Copper Retreat Star		Gulika 7:23AM – 8:59AM	Shatabhishak Until 9:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM	
Kumbha Rasi: 10.16	Tithi 14 – 15	Rahu 10:35AM – 12:10PM	Sukarma Until 6:40AM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20 - Purnima	
Creative Work Siddha Yoga			Bava Until 3:59AM Sat	Nataraja: Clear			
			Chaturdashi* Until 6:38AM	Moon – Purple	Devaloka Day		
				Bhadrapada*Avani			

○	Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sutra 146 Subhakrit 5124
	Silver Retreat Star		Gulika 5:49AM – 7:24AM	Purvaproshtapada* Until 8:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	
Kumbha Rasi: 24.43	Tithi 16	Rahu 8:59AM – 10:35AM	Shula* Until 12:28AM Sun	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20 - Prathama	
Routine Work Marana Yoga			Balava Until 2:49PM	Nataraja: Clear			
Until 8:31PM			Prathama* Until 1:45AM Sun	Moon – Clear	Devaloka Day		
Then Creative Work - Siddha Yoga				Bhadrapada*Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

It times are standard time. Calculated for Des Moines, IA on 4/26/22

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Sunday, September 11, 2022
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Des Moines, IA
Sutra 147

Meena Rasi: 8.52 Tithi 17

514965473

Gulika 3:20PM – 4:55PM
Yama 12:10PM – 1:45PM
Rahu 4:55PM – 6:30PM

Uttaraproshtapada Until 7:27PM
Ganda* Until 9:59PM
Taitila Until 12:51PM

Ganesha: Clear *Sunrise:* 5:50AM
Muruqa: White *Sunset:* 6:30PM
Nataraja: Clear
Moon – Clear

Subhakit 5124
Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 12:05AM Mon

Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Des Moines, IA
Sun 1 Sutra 148

Meena Rasi: 22.4 Tithi 18

514965473

Gulika 1:44PM – 3:19PM
Yama 10:35AM – 12:09PM
Rahu 7:25AM – 9:00AM

Revati Until 6:55PM
Vriddhi Until 8:04PM
Vanija Until 11:31AM
Tritiya Until 11:06PM

Ganesha: Clear *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: Clear
Moon – Clear

Subhakit 5124
Moon 9 - Phase 21 - 1
1st Phase

Creative Work Siddha Yoga

Tritiya Until 11:06PM

Bhadrapada-Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Des Moines, IA
Sun 2 Sutra 149

Mesha Rasi: 6.02 Tithi 19

524965473

Gulika 12:09PM – 1:43PM
Yama 9:00AM – 10:35AM
Rahu 3:18PM – 4:52PM

Ashvini Until 7:25PM
Dhruva Until 6:44PM
Bava Until 10:56AM
Chaturthi* Until 10:55PM

Ganesha: White *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: Clear
Moon – White

Subhakit 5124
Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 10:55PM

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA
Sun 3 Sutra 150

Mesha Rasi: 18.59 Tithi 20

524965473

Gulika 10:35AM – 12:09PM
Yama 7:27AM – 9:01AM
Rahu 12:09PM – 1:43PM

Bharani Until 8:34PM
Vyaghata* Until 6:03PM
Kaulava Until 11:09AM
Panchami Until 11:32PM

Ganesha: White *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:25PM
Nataraja: Clear
Moon – White

Subhakit 5124
Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Panchami Until 11:32PM

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 8:34PM

Then Creative Work - Amrita Yoga

4

Thursday, September 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA
Sun 4 Sutra 151

Vrishabha Rasi: 1.33 Tithi 21

525965473

Gulika 9:01AM – 10:35AM
Yama 5:54AM – 7:27AM
Rahu 1:42PM – 3:16PM

Krittika Until 10:17PM
Harshana Until 5:59PM
Gara Until 12:08PM
Shashthi* Until 12:53AM Fri

Ganesha: Clear *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: Clear
Moon – White

Subhakit 5124
Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Shashthi* Until 12:53AM Fri

Bhadrapada-Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA
Sun 5 Sutra 152

Vrishabha Rasi: 13.49 Tithi 22

535965473

Gulika 7:28AM – 9:01AM
Yama 3:15PM – 4:48PM
Rahu 10:35AM – 12:08PM

Rohini Until 12:55AM Sat
Vajra* Until 6:22PM
Visti Until 1:49PM
Saptami Until 2:50AM Sat

Ganesha: White *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: Clear
Moon – Yellow

Subhakit 5124
Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Saptami Until 2:50AM Sat

Bhadrapada-Puratasi

Sivaloka Day

Until 12:55AM Sat

Then Creative Work - Siddha Yoga

D

Saturday, September 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA
Sun 6 Sutra 153

Vrishabha Rasi: 25.52 Tithi 23

535965473

Gulika 5:56AM – 7:29AM
Yama 1:41PM – 3:14PM
Rahu 9:02AM – 10:35AM

Mrigashira Until 3:44AM Sun
Siddhi Until 7:06PM
Balava Until 3:58PM
Ashtami* Until 5:09AM Sun

Ganesha: White *Sunrise:* 5:56AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Yellow

Subhakit 5124
Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 5:09AM Sun

Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Taitila Karana Navamyam Titau

Des Moines, IA
Sun 7 Sutra 154

Mithuna Rasi: 7.46 Tithi 24

535965473

Gulika 3:13PM – 4:45PM
Yama 12:07PM – 1:40PM
Rahu 4:45PM – 6:18PM

Ardra Until 6:33AM Mon
Vyatipata* Until 8:01PM
Taitila Until 6:23PM
Navami* Until 7:36AM Mon

Ganesha: White *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Yellow

Subhakit 5124
Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Navami* Until 7:36AM Mon

Bhadrapada-Puratasi

Sivaloka Day

Until 6:33AM Mon

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

ll times are standard time. Calculated for Des Moines, IA on 4/26/22

www.gurudeva.org/panchang

1	Monday, September 19, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Des Moines, IA Sun 8 Sutra 155 Subhakrit 5124
	Mithuna Rasi: 19.38 Tithi 24 – 25 Family Home Evening Creative Work Siddha Yoga Until 6:33AM Then Creative Work - Amrita Yoga	535965473	Gulika 1:39PM – 3:12PM Yama 10:35AM – 12:07PM Rahu 7:30AM – 9:02AM	Ardra Until 6:33AM Varyan Until 8:54PM Vanija Until 8:49PM Navami* Until 7:36AM

2	Tuesday, September 20, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 156 Subhakrit 5124
	Kataka Rasi: 1.32 Tithi 25 – 26 Creative Work Siddha Yoga	545965473	Gulika 12:07PM – 1:39PM Yama 9:03AM – 10:35AM Rahu 3:10PM – 4:42PM	Punarvasu Until 9:36AM Parigha* Until 9:40PM Bava Until 11:05PM Dashami Until 9:58AM


3	Wednesday, September 21, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 157 Subhakrit 5124
	Kataka Rasi: 13.31 Tithi 26 – 27 Creative Work Siddha Yoga	545965473	Gulika 10:35AM – 12:06PM Yama 7:31AM – 9:03AM Rahu 12:06PM – 1:38PM	Pushya Until 12:15PM Shiva Until 10:12PM Kaulava Until 12:59AM Thu Ekadashi* Until 12:04PM

4	Thursday, September 22, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 158 Subhakrit 5124
	Kataka Rasi: 25.38 Tithi 27 – 28 Creative Work Siddha Yoga Until 2:20PM Then Creative Work - Amrita Yoga	545965473	Gulika 9:03AM – 10:35AM Yama 6:01AM – 7:32AM Rahu 1:37PM – 3:08PM	Ashlesha* Until 2:20PM Siddha Until 10:21PM Gara Until 2:27AM Fri Dvadashi* Until 1:46PM

Pradosha Vrata (Fasting)

5	Friday, September 23, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 159 Subhakrit 5124
	Simha Rasi: 7.58 Tithi 28 – 29 Routine Work Marana Yoga Until 4:18PM Then Creative Work - Siddha Yoga	555965473	Gulika 7:33AM – 9:04AM Yama 3:07PM – 4:38PM Rahu 10:35AM – 12:05PM	Magha* Until 4:18PM Sadhya Until 10:09PM Visti Until 3:26AM Sat Trayodashi* Until 2:59PM

6	Saturday, September 24, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 160 Subhakrit 5124
	Simha Rasi: 20.31 Tithi 29 – 30 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	556965473	Gulika 6:03AM – 7:33AM Yama 1:36PM – 3:06PM Rahu 9:04AM – 10:35AM	Purvaphalguni Until 5:36PM Subha Until 9:34PM Catuspada Until 3:53AM Sun Chaturdashi* Until 3:42PM

	Sunday, September 25, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Des Moines, IA Sun 14 Sutra 161 Subhakrit 5124
	Retreat Star Kanya Rasi: 3.17 Tithi 30 – 1 Creative Work Amrita Yoga	556165473	Gulika 3:05PM – 4:36PM Yama 12:05PM – 1:35PM Rahu 4:36PM – 6:06PM	Uttaraphalguni Until 6:15PM Sukla Until 8:33PM Kintughna Until 3:50AM Mon Amavasya* Until 3:54PM

Mahalaya Amavasai (Tamil Nadu)

Retreat Star	Monday, September 26, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Des Moines, IA Sun 15 Sutra 162 Subhakrit 5124
	Kanya Rasi: 16.19 Tithi 1 – 2 Family Home Evening Creative Work Siddha Yoga Until 6:45PM Then Routine Work - Prabalarishta Yoga	566165473	Gulika 1:34PM – 3:04PM Yama 10:35AM – 12:04PM Rahu 7:35AM – 9:05AM	Hasta Until 6:45PM Brahma Until 7:11PM Balava Until 3:21AM Tue Prathama* Until 3:38PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

ll times are standard time. Calculated for Des Moines, IA on 4/26/22

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
	Kanya Rasi: 29.34	Tithi 2 – 3	666165473	Gulika 12:04PM – 1:34PM	Chitra Until 6:41PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Green	Sun 16 Sutra 163 Subhakrit 5124 Moon 9 - Phase 23 - 16 3rd Phase
	Creative Work	Siddha Yoga		Yama 9:05AM – 10:35AM	Indra Until 5:31PM	Sunrise: 6:06AM Sunset: 6:02PM	
				Rahu 3:03PM – 4:33PM	Taitila Until 2:29AM Wed Dvitiya Until 2:57PM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Des Moines, IA
	Tula Rasi: 13.01	Tithi 3 – 4	666165473	Gulika 10:35AM – 12:04PM	Svati Until 6:09PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Green	Sun 17 Sutra 164 Subhakrit 5124 Moon 9 - Phase 23 - 17 3rd Phase
	Creative Work	Siddha Yoga		Yama 7:36AM – 9:05AM	Vaidhriti* Until 3:32PM	Sunrise: 6:07AM Sunset: 6:01PM	
				Rahu 12:04PM – 1:33PM	Vanija Until 1:17AM Thu Tritiya Until 1:54PM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Tula Rasi: 26.4	Tithi 4 – 5	676165473	Gulika 9:06AM – 10:35AM	Vishakha Until 5:37PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Orange	Sun 18 Sutra 165 Subhakrit 5124 Moon 9 - Phase 23 - 18 3rd Phase
	Creative Work	Siddha Yoga		Yama 6:08AM – 7:37AM	Vishkambha* Until 1:19PM	Sunrise: 6:08AM Sunset: 5:59PM	
				Rahu 1:32PM – 3:01PM	Bava Until 11:49PM Chaturthi* Until 12:34PM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
	Vrischika Rasi: 10.28	Tithi 5 – 6	676165473	Gulika 7:37AM – 9:06AM	Anuradha Until 4:41PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Orange	Sun 19 Sutra 166 Subhakrit 5124 Moon 9 - Phase 23 - 19 3rd Phase
	Creative Work	Siddha Yoga		Yama 3:00PM – 4:29PM	Priti Until 10:56AM	Sunrise: 6:09AM Sunset: 5:57PM	
	Until 4:41PM Then Routine Work - Marana Yoga			Rahu 10:35AM – 12:03PM	Kaulava Until 10:07PM Panchami Until 10:58AM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Vrischika Rasi: 24.24	Tithi 6 – 7	677166473	Gulika 6:10AM – 7:38AM	Jyeshtha* Until 3:26PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Orange	Sun 20 Sutra 167 Subhakrit 5124 Moon 9 - Phase 23 - 20 3rd Phase
	Creative Work	Siddha Yoga		Yama 1:31PM – 2:59PM	Ayushman Until 8:21AM	Sunrise: 6:10AM Sunset: 5:56PM	
				Rahu 9:06AM – 10:35AM	Gara Until 8:13PM Shashthi* Until 9:10AM	Ashvina+Puratasi	Devaloka Day

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Des Moines, IA
	Retreat Star			Gulika 2:58PM – 4:26PM	Mula* Until 2:17PM	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon – Light Blue	Sun 21 Sutra 168 Subhakrit 5124 Moon 9 - Phase 23 - 21 Ashtami
	Dhanu Rasi: 8.27	Tithi 7 – 8	687166473	Yama 12:02PM – 1:30PM	Sobhana Until 2:48AM Mon	Sunrise: 6:11AM Sunset: 5:54PM	
	Creative Work	Amrita Yoga		Rahu 4:26PM – 5:54PM	Vistil Until 6:10PM Saptami Until 7:12AM	Ashvina+Puratasi	Sivaloka Day

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	Retreat Star			Gulika 1:30PM – 2:57PM	Purvashadha* Until 12:52PM	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 169 Subhakrit 5124 Moon 9 - Phase 23 - 22 Navami
	Dhanu Rasi: 22.35	Tithi 9	687166473	Yama 10:35AM – 12:02PM	Athiganda* Until 11:51PM	Sunrise: 6:12AM Sunset: 5:52PM	
	Family Home Evening			Rahu 7:40AM – 9:07AM	Balava Until 3:59PM Navami* Until 2:50AM Tue	Ashvina+Puratasi	Sivaloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

ll times are standard time. Calculated for Des Moines, IA on 4/26/22

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA
Makara Rasi: 6.49	Tithi 10	687166473	Gulika Yama Rahu	12:02PM – 1:29PM 9:07AM – 10:35AM 2:56PM – 4:23PM	Uttarashadha Until 11:12AM Sukarma Until 8:50PM Taitila Until 1:43PM	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon – Light Blue	Sunrise: 6:13AM Sunset: 5:51PM	Sun 23 Sutra 170 Subhakrit 5124 Moon 9 - Phase 24 - 23 4th Phase
Routine Work	Prabalarishta Yoga				Dashami Until 12:32AM Wed	Ashvina+Puratasi	Sivaloka Day	
Until 11:12AM								
Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA
Makara Rasi: 21.05	Tithi 11	697166473	Gulika Yama Rahu	10:35AM – 12:02PM 7:41AM – 9:08AM 12:02PM – 1:28PM	Shravana Until 9:46AM Dhriti Until 5:50PM Vanija Until 11:24AM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 6:14AM Sunset: 5:49PM	Sun 24 Sutra 171 Subhakrit 5124 Moon 9 - Phase 24 - 24 4th Phase
Creative Work	Siddha Yoga				Ekadashi Until 10:14PM	Ashvina+Puratasi	Devaloka Day	
Until 9:46AM			Vijaya Dasami					
Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Des Moines, IA
Kumbha Rasi: 5.2	Tithi 12	697166473	Gulika Yama Rahu	9:08AM – 10:35AM 6:15AM – 7:42AM 1:28PM – 2:54PM	Dhanishtha Until 8:14AM Shula* Until 2:51PM Bava Until 9:07AM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 6:15AM Sunset: 5:47PM	Sun 25 Sutra 172 Subhakrit 5124 Moon 9 - Phase 24 - 25 4th Phase
Creative Work	Siddha Yoga				Dvadashi Until 8:00PM	Ashvina+Puratasi	Devaloka Day	
			Kadaitswami Mahasamadhi					

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
Kumbha Rasi: 19.3	Tithi 13 – 14	697166474	Gulika Yama Rahu	7:42AM – 9:09AM 2:53PM – 4:19PM 10:35AM – 12:01PM	Shatabhishak Until 6:41AM Ganda* Until 12:01PM Kaulava Until 6:58AM	Ganesha: Yellow Muruqa: Green Nataraja: Purple Moon – Purple	Sunrise: 6:16AM Sunset: 5:46PM	Sun 26 Sutra 173 Subhakrit 5124 Moon 9 - Phase 24 - 26 4th Phase
Creative Work	Siddha Yoga				Trayodashi Until 5:58PM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 9:AM to 12:PM	
			Chidambaram Abhishekam					
					Pradosha Vrata			

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA
Meena Rasi: 3.31	Tithi 14 – 15	618166474	Gulika Yama Rahu	6:17AM – 7:43AM 1:26PM – 2:52PM 9:09AM – 10:35AM	Uttaraproshtapada Until 4:50AM Sun Vridhni Until 9:25AM Visti Until 3:31AM Sun	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 6:17AM Sunset: 5:44PM	Sun 27 Sutra 174 Subhakrit 5124 Moon 9 - Phase 24 - 27 4th Phase
Creative Work	Siddha Yoga				Chaturdashi* Until 4:13PM	Ashvina+Puratasi	Bhuloka Day	
Until 4:50AM Sun								
Then Creative Work - Amrita Yoga								

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA
Meena Rasi: 17.19	Tithi 15 – 16	618166474	Gulika Yama Rahu	2:51PM – 4:17PM 12:00PM – 1:26PM 4:17PM – 5:42PM	Revati Until 4:21AM Mon Dhruva Until 7:05AM Balava Until 2:28AM Mon	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 6:18AM Sunset: 5:42PM	Sun 28 Sutra 175 Subhakrit 5124 Moon 9 - Phase 24 - Purnima
Creative Work	Amrita Yoga				Purnima* Until 2:54PM	Ashvina+Puratasi	Bhuloka Day	
Until 4:21AM Mon								
Then Creative Work - Siddha Yoga								

Monday, October 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Des Moines, IA
Mesha Rasi: 0.49	Tithi 16 – 17	628176474	Gulika Yama Rahu	1:25PM – 2:50PM 10:35AM – 12:00PM 7:45AM – 9:10AM	Ashvini Until 4:45AM Tue Harshana Until 3:44AM Tue Taitila Until 1:59AM Tue	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – White	Sunrise: 6:20AM Sunset: 5:41PM	Sun 29 Sutra 176 Subhakrit 5124 Moon 9 - Phase 24 - Prathama
Family Home Evening					Prathama* Until 2:07PM	Ashvina+Puratasi	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Creative Work	Siddha Yoga							



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 14 Tithi 17 - 18

628176474

Gulika 12:00PM - 1:25PM
Yama 9:10AM - 10:35AM
Rahu 2:49PM - 4:14PM

Bharani Until 5:38AM Wed
Vajra* Until 2:47AM Wed
Vanija Until 2:10AM Wed
Dvitiya Until 1:58PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruqa: White *Sunset:* 5:39PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 1
1st Phase

Creative Work Siddha Yoga

Until 5:38AM Wed

Then Creative Work - Amrita Yoga

Bhuloka Day
Ashvina+Puratasi
Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.51 Tithi 18 - 19

628176474

Gulika 10:35AM - 12:00PM
Yama 7:46AM - 9:11AM
Rahu 12:00PM - 1:24PM

Krittika Until 7:01AM Thu
Siddhi Until 2:23AM Thu
Bava Until 3:02AM Thu
Tritiya Until 2:30PM

Ganesha: Yellow *Sunrise:* 6:22AM
Muruqa: White *Sunset:* 5:38PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 2
1st Phase

Creative Work Amrita Yoga

Until 7:01AM Thu

Then Routine Work - Marana Yoga

Bhuloka Day
Ashvina+Puratasi
Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 9.23 Tithi 19 - 20

628176474

Gulika 9:11AM - 10:35AM
Yama 6:23AM - 7:47AM
Rahu 1:24PM - 2:48PM

Krittika Until 7:01AM
Vyatipata* Until 2:28AM Fri
Kaulava Until 4:32AM Fri
Chaturthi* Until 3:41PM

Ganesha: Yellow *Sunrise:* 6:23AM
Muruqa: White *Sunset:* 5:36PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 3
1st Phase

Routine Work Marana Yoga

Bhuloka Day
Ashvina+Puratasi
Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taaila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.38 Tithi 20 - 21

639176474

Gulika 7:48AM - 9:12AM
Yama 2:47PM - 4:11PM
Rahu 10:35AM - 11:59AM

Rohini Until 9:19AM
Variyan Until 2:56AM Sat
Gara Until 6:32AM Sat
Panchami Until 5:27PM

Ganesha: Red *Sunrise:* 6:24AM
Muruqa: White *Sunset:* 5:34PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 4
1st Phase

Routine Work Marana Yoga

Until 9:19AM

Then Creative Work - Siddha Yoga

Bhuloka Day
Ashvina+Puratasi
Devaloka Time: 9:AM to 12:PM

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.42 Tithi 21

639176474

Gulika 6:25AM - 7:48AM
Yama 1:22PM - 2:46PM
Rahu 9:12AM - 10:35AM

Mrigashira Until 11:55AM
Parigha* Until 3:40AM Sun
Gara Until 6:32AM
Shashthi* Until 7:39PM

Ganesha: Red *Sunrise:* 6:25AM
Muruqa: White *Sunset:* 5:33PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 5
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Ashvina+Puratasi
Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Des Moines, IA

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.38 Tithi 22

639176474

Gulika 2:45PM - 4:08PM
Yama 11:59AM - 1:22PM
Rahu 4:08PM - 5:31PM

Ardra Until 2:37PM
Shiva Until 4:32AM Mon
Visti Until 8:52AM
Saptami Until 10:04PM

Ganesha: Red *Sunrise:* 6:26AM
Muruqa: White *Sunset:* 5:31PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 6
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Ashvina+Puratasi
Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.31 Tithi 23

649176474

Gulika 1:21PM - 2:44PM
Yama 10:36AM - 11:58AM
Rahu 7:50AM - 9:13AM

Punarvasu Until 5:42PM
Siddha Until 5:20AM Tue
Balava Until 11:18AM
Ashtami* Until 12:29AM Tue

Ganesha: Green *Sunrise:* 6:27AM
Muruqa: White *Sunset:* 5:30PM
Nataraja: Purple
Moon - Blue

Moon 10 - Phase 25 - 7
Ashtami

Creative Work Amrita Yoga

Until 5:42PM

Then Creative Work - Siddha Yoga

Devaloka Day
Ashvina+Purasi

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Taaila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 9.26 Tithi 24

649176474

Gulika 11:58AM - 1:21PM
Yama 9:13AM - 10:36AM
Rahu 2:43PM - 4:06PM

Pushya Until 8:29PM
Sadhya Until 5:58AM Wed
Taaila Until 1:39PM
Navami* Until 2:42AM Wed

Ganesha: Green *Sunrise:* 6:28AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Purple
Moon - Blue

Moon 10 - Phase 25 - 8
Navami

Creative Work Siddha Yoga

Devaloka Day
Ashvina+Purasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

all times are standard time. Calculated for Des Moines, IA on 4/26/22

www.gurudeva.org/panchang

1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Des Moines, IA Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 21.25	Tithi 25	Gulika 10:36AM – 11:58AM	Ashlesha* Until 10:47PM	Ganesha: Green	<i>Sunrise:</i> 6:30AM	
			Yama 7:52AM – 9:14AM	Subha Until 6:19AM Thu	Muruqa: White	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 26 - 9
	649176474	Rahu 11:58AM – 1:20PM		Vanija Until 3:42PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:32AM Thu	Moon – Blue		Devaloka Day	
				Ashvina•Aipasi			

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.35	Tithi 26	Gulika 9:14AM – 10:36AM	Magha* Until 12:55AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:31AM	
			Yama 6:31AM – 7:52AM	Subha Until 6:19AM	Muruqa: White	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 26 - 10
	659276474	Rahu 1:20PM – 2:42PM		Bava Until 5:17PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 5:51AM Fri	Moon – Red		Bhuloka Day	
Until 12:55AM Fri				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava Karana Dvadashyam Titau				Des Moines, IA Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.58	Tithi 27	Gulika 7:53AM – 9:15AM	Purvaphalguni Until 2:18AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:32AM	
			Yama 2:41PM – 4:02PM	Sukla Until 6:13AM	Muruqa: White	<i>Sunset:</i> 5:24PM	Moon 10 - Phase 26 - 11
	659276474	Rahu 10:36AM – 11:58AM		Kaulava Until 6:18PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:33AM Sat	Moon – Red		Bhuloka Day	
Until 2:18AM Sat				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.37	Tithi 27 – 28	Gulika 6:33AM – 7:54AM	Uttaraphalguni Until 2:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	
			Yama 1:19PM – 2:40PM	Indra Until 4:37AM Sun	Muruqa: White	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 26 - 12
	651276474	Rahu 9:15AM – 10:36AM		Gara Until 6:40PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 6:33AM	Moon – Red		Bhuloka Day	
Until 2:55AM Sun				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.35	Tithi 28 – 29	Gulika 2:39PM – 4:00PM	Hasta Until 3:13AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:34AM	
			Yama 11:57AM – 1:18PM	Vaidhriti* Until 3:02AM Mon	Muruqa: White	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 26 - 13
	661276474	Rahu 4:00PM – 5:21PM		Visti Until 6:23PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 6:35AM	Moon – Green		Bhuloka Day	
Until 3:13AM Mon				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga		Deepavali Hindu Solidarity Day					

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA Sun 14 Sutra 190 Subhakrit 5124
	Retreat Star		Gulika 1:18PM – 2:38PM	Chitra Until 2:47AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 6:35AM	
	Kanya Rasi: 24.53	Tithi 29 – 30	Yama 10:37AM – 11:57AM	Vishkambha* Until 1:01AM Tue	Muruqa: White	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 26 - 14
	Family Home Evening	661276474	Rahu 7:56AM – 9:16AM	Naga Until 4:50AM Tue	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 6:00AM	Moon – Green		Bhuloka Day	
Until 2:47AM Tue				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi					

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA Sun 15 Sutra 191 Subhakrit 5124
	Retreat Star		Gulika 11:57AM – 1:17PM	Svati Until 1:45AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 6:36AM	
	Tula Rasi: 8.29	Tithi 1	Yama 9:17AM – 10:37AM	Priti Until 10:37PM	Muruqa: White	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 26 - 15
	661276474	Rahu 2:38PM – 3:58PM		Kintughna Until 4:06PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:13AM Wed	Moon – Green		Bhuloka Day	
		Skanda Shasthi Begins		Kartika•Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<h1>1</h1>	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA
			Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 192
	Tula Rasi: 22.23	Tithi 2	Gulika 10:37AM – 11:57AM	Vishakha Until 12:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:38AM	Subhakit 5124
		Yama 7:57AM – 9:17AM	Ayushman Until 7:54PM	Muruqa: Clear	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 27 - 16	
671276574	Rahu 11:57AM – 1:17PM		Balava Until 2:16PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 1:13AM Thu	Moon – Orange		Bhuloka Day	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

<h1>2</h1>	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Des Moines, IA
			Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 193
	Vrischika Rasi: 6.29	Tithi 3	Gulika 9:18AM – 10:37AM	Anuradha Until 11:07PM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	Subhakit 5124
		Yama 6:39AM – 7:58AM	Saubhagya Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Moon 10 - Phase 27 - 17	
671276574	Rahu 1:17PM – 2:36PM		Taitila Until 12:09PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 11:00PM	Moon – Orange		Bhuloka Day	
Until 11:07PM				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Prabararishta Yoga							

<h1>3</h1>	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Des Moines, IA
			Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Sun 18 Sutra 194
	Vrischika Rasi: 20.45	Tithi 4	Gulika 7:59AM – 9:18AM	Jyeshtha* Until 9:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:40AM	Subhakit 5124
		Yama 2:35PM – 3:55PM	Sobhana Until 1:54PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27 - 18	
671276574	Rahu 10:38AM – 11:57AM		Vanija Until 9:50AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 8:38PM	Moon – Orange		Bhuloka Day	
Until 9:21PM				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<h1>4</h1>	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Des Moines, IA
			Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 195
	Dhanus Rasi: 5.04	Tithi 5	Gulika 6:41AM – 8:00AM	Mula* Until 7:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Subhakit 5124
		Yama 1:16PM – 2:35PM	Athiganda* Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27 - 19	
671276574	Rahu 9:19AM – 10:38AM		Bava Until 7:27AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 6:14PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

<h1>5</h1>	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
			Purvashadha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Sun 20 Sutra 196
	Dhanus Rasi: 19.24	Tithi 6 – 7	Gulika 2:34PM – 3:53PM	Purvashadha* Until 6:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	Subhakit 5124
		Yama 11:57AM – 1:15PM	Sukarma Until 7:39AM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 27 - 20	
671276574	Rahu 3:53PM – 5:11PM		Gara Until 2:45AM Mon	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:52PM	Moon – Light Blue		Devaloka Day	
Until 6:11PM		Skanda Shasthi		Karttika-Aipasi			
Then Creative Work - Amrita Yoga							

<h1>6</h1>	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Des Moines, IA
	Retreat Star		Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 197
	Makara Rasi: 3.4	Tithi 7 – 8	Gulika 1:15PM – 2:33PM	Uttarashadha Until 4:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	Subhakit 5124
Family Home Evening		Yama 10:38AM – 11:57AM	Shula* Until 1:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27 - 21	
671276574	Rahu 8:02AM – 9:20AM		Visti Until 12:35AM Tue	Nataraja: Clear		Ashtami	
Routine Work	Marana Yoga		Saptami Until 1:38PM	Moon – Light Blue		Devaloka Day	
Until 4:33PM				Karttika-Aipasi			
Then Creative Work - Amrita Yoga							

<h1>7</h1>	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Des Moines, IA
	Retreat Star		Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 198
	Makara Rasi: 17.5	Tithi 8 – 9	Gulika 11:57AM – 1:15PM	Shravana Until 3:21PM	Ganesha: White	<i>Sunrise:</i> 6:45AM	Subhakit 5124
		Yama 9:21AM – 10:39AM	Ganda* Until 10:55PM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27 - 22	
671276574	Rahu 2:33PM – 3:51PM		Balava Until 10:37PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 11:33AM	Moon – Purple		Bhuloka Day	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1 **Wednesday, November 2, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Des Moines, IA
 Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 199
 Kumbha Rasi: 1.52 Tithi 9 – 10 **Gulika** 10:39AM – 11:57AM **Dhanishtha** **Until 2:14PM** **Ganesha:** Green *Sunrise:* 6:46AM Subhakrit 5124
 692276574 **Yama** 8:04AM – 9:21AM **Vriddhi** **Until 8:20PM** **Muruqa:** Clear *Sunset:* 5:08PM Moon 10 - Phase 28 - 23
Rahu 11:57AM – 1:14PM **Taitila** **Until 8:51PM** **Nataraja:** Clear 4th Phase
 Routine Work Prabalarishta Yoga **Navami*** **Until 9:41AM** **Moon – Purple** **Bhuloka Day**
 Until 2:14PM **Karttika•Aipasi** **Devaloka Time: 3:PM to 6:PM**
 Then Creative Work - Siddha Yoga

2 **Thursday, November 3, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Des Moines, IA
 Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 200
 Kumbha Rasi: 15.46 Tithi 10 – 11 **Gulika** 9:22AM – 10:39AM **Shatabhishak** **Until 1:12PM** **Ganesha:** Green *Sunrise:* 6:47AM Subhakrit 5124
 692276574 **Yama** 6:47AM – 8:04AM **Dhruva** **Until 5:56PM** **Muruqa:** Clear *Sunset:* 5:06PM Moon 10 - Phase 28 - 24
Rahu 1:14PM – 2:32PM **Vanija** **Until 7:22PM** **Nataraja:** Clear 4th Phase
 Creative Work Siddha Yoga **Dashami** **Until 8:03AM** **Moon – Purple** **Bhuloka Day**
Karttika•Aipasi **Devaloka Time: 3:PM to 6:PM**

3 **Friday, November 4, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Des Moines, IA
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 201
 Kumbha Rasi: 29.3 Tithi 11 – 12 **Gulika** 8:05AM – 9:23AM **Purvaproshtapada*** **Until 12:44PM** **Ganesha:** Blue *Sunrise:* 6:48AM Subhakrit 5124
 612276574 **Yama** 2:31PM – 3:48PM **Vyaghata*** **Until 3:46PM** **Muruqa:** Clear *Sunset:* 5:05PM Moon 10 - Phase 28 - 25
Rahu 10:40AM – 11:57AM **Bava** **Until 6:10PM** **Nataraja:** Clear 4th Phase
 Creative Work Siddha Yoga **Ekadashi** **Until 6:42AM** **Moon – Clear** **Bhuloka Day**
Karttika•Aipasi **Devaloka Time: 3:PM to 6:PM**

4 **Saturday, November 5, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Des Moines, IA
 Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 202
 Meena Rasi: 13.02 Tithi 13 **Gulika** 6:49AM – 8:06AM **Uttaraproshtapada** **Until 12:28PM** **Ganesha:** Blue *Sunrise:* 6:49AM Subhakrit 5124
 612276574 **Yama** 1:14PM – 2:30PM **Harshana** **Until 1:54PM** **Muruqa:** Clear *Sunset:* 5:04PM Moon 10 - Phase 28 - 26
Rahu 9:23AM – 10:40AM **Kaulava** **Until 5:19PM** **Nataraja:** Clear 4th Phase
 Creative Work Siddha Yoga **Trayodashi** **Until 5:01AM Sun** **Moon – Clear** **Bhuloka Day**
 Until 12:28PM **Karttika•Aipasi** **Devaloka Time: 3:PM to 6:PM**
 Then Routine Work - Prabalarishta Yoga *Pradosha Vrata*

5 **Sunday, November 6, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Des Moines, IA
 Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 203
 Meena Rasi: 26.22 Tithi 14 **Gulika** 2:30PM – 3:46PM **Revati** **Until 12:25PM** **Ganesha:** Blue *Sunrise:* 6:51AM Subhakrit 5124
 612276574 **Yama** 11:57AM – 1:13PM **Vajra*** **Until 12:18PM** **Muruqa:** Clear *Sunset:* 5:03PM Moon 10 - Phase 28 - 27
Rahu 3:46PM – 5:03PM **Gara** **Until 4:52PM** **Nataraja:** Clear 4th Phase
 Creative Work Amrita Yoga **Chaturdashi*** **Until 4:47AM Mon** **Moon – Clear** **Bhuloka Day**
 Until 12:25PM **Karttika•Aipasi** **Devaloka Time: 3:PM to 6:PM**
 Then Creative Work - Siddha Yoga

○ **Monday, November 7, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Des Moines, IA
 Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistii*/Bava Karana Purnimayam Titau Sun 28 Sutra 204
Copper Retreat Star **Gulika** 1:13PM – 2:29PM **Ashvini** **Until 1:07PM** **Ganesha:** Blue *Sunrise:* 6:52AM Subhakrit 5124
 Mesha Rasi: 9.29 Tithi 15 **Yama** 10:41AM – 11:57AM **Siddhi** **Until 11:05AM** **Muruqa:** Clear *Sunset:* 5:02PM Moon 10 - Phase 28 -
Family Home Evening 722276574 **Rahu** 8:08AM – 9:24AM **Vistii** **Until 4:52PM** **Nataraja:** Clear Purnima
 Creative Work Siddha Yoga **Purnima*** **Until 5:02AM Tue** **Moon – White** **Bhuloka Day**
Karttika•Aipasi **Devaloka Time: 3:PM to 6:PM**

Tuesday, November 8, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Des Moines, IA
 Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 205
Silver Retreat Star **Gulika** 11:57AM – 1:13PM **Bharani** **Until 2:08PM** **Ganesha:** Blue *Sunrise:* 6:53AM Subhakrit 5124
 Mesha Rasi: 22.21 Tithi 16 **Yama** 9:25AM – 10:41AM **Vyatipata*** **Until 10:14AM** **Muruqa:** Clear *Sunset:* 5:01PM Moon 10 - Phase 28 -
 722276574 **Rahu** 2:29PM – 3:45PM **Balava** **Until 5:23PM** **Nataraja:** Clear Prathama
 Creative Work Siddha Yoga **Prathama*** **Until 5:49AM Wed** **Moon – White** **Bhuloka Day**
Karttika•Aipasi **Devaloka Time: 3:PM to 6:PM**

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Varyan/Parigha* Yoga Tailila Karana Dvitiyayam Titau

Des Moines, IA

Sutra 206

Subhakrit 5124

Vrishabha Rasi: 4.58 Titithi 17

722276574

Gulika 10:41AM – 11:57AM
Yama 8:10AM – 9:26AM
Rahu 11:57AM – 1:13PM

Krittika Until 3:29PM
Variyan Until 9:46AM
Tailila Until 6:25PM

Ganesha: Blue *Sunrise:* 6:54AM
Muruqa: Clear *Sunset:* 5:00PM

Nataraja: Clear Moon 11 - Phase 29 - 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 3:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 207

Subhakrit 5124

Vrishabha Rasi: 17.22 Titithi 17 – 18

732276574

Gulika 9:26AM – 10:42AM
Yama 6:56AM – 8:11AM
Rahu 1:13PM – 2:28PM

Rohini Until 5:39PM
Parigha* Until 9:42AM
Vanija Until 7:56PM

Ganesha: Red *Sunrise:* 6:56AM
Muruqa: Clear *Sunset:* 4:59PM

Nataraja: Clear Moon 11 - Phase 29 - 1st Phase

Devaloka Day
Kartika•Aipasi

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Des Moines, IA

Sun 2 Sutra 208

Subhakrit 5124

Vrishabha Rasi: 29.34 Titithi 18 – 19

732276574

Gulika 8:12AM – 9:27AM
Yama 2:27PM – 3:43PM
Rahu 10:42AM – 11:57AM

Mrigashira Until 8:05PM
Shiva Until 10:00AM
Bava Until 9:55PM

Ganesha: Red *Sunrise:* 6:57AM
Muruqa: Clear *Sunset:* 4:58PM

Nataraja: Clear Moon 11 - Phase 29 - 2nd Phase

Devaloka Day
Kartika•Aipasi

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 209

Subhakrit 5124

Mithuna Rasi: 11.37 Titithi 19 – 20

732276574

Gulika 6:58AM – 8:13AM
Yama 1:12PM – 2:27PM
Rahu 9:28AM – 10:42AM

Ardra Until 10:39PM
Siddha Until 10:34AM
Kaulava Until 12:12AM Sun

Ganesha: Red *Sunrise:* 6:58AM
Muruqa: Clear *Sunset:* 4:57PM

Nataraja: Clear Moon 11 - Phase 29 - 3rd Phase

Devaloka Day
Kartika•Aipasi

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 210

Subhakrit 5124

Mithuna Rasi: 23.33 Titithi 20 – 21

742276574

Gulika 2:27PM – 3:41PM
Yama 11:57AM – 1:12PM
Rahu 3:41PM – 4:56PM

Punarvasu Until 1:45AM Mon
Sadhya Until 11:19AM
Gara Until 2:41AM Mon

Ganesha: Green *Sunrise:* 6:59AM
Muruqa: Clear *Sunset:* 4:56PM

Nataraja: Clear Moon 11 - Phase 29 - 4th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 211

Subhakrit 5124

Kataka Rasi: 5.26 Titithi 21 – 22

742376574

Gulika 1:12PM – 2:26PM
Yama 10:43AM – 11:58AM
Rahu 8:15AM – 9:29AM

Pushya Until 4:40AM Tue
Subha Until 12:11PM
Visti Until 5:09AM Tue

Ganesha: White *Sunrise:* 7:00AM
Muruqa: Clear *Sunset:* 4:55PM

Nataraja: Clear Moon 11 - Phase 29 - 5th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Family Home Evening

6

Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Bava Karana Saptamyam Titau

Des Moines, IA

Sun 6 Sutra 212

Subhakrit 5124

Kataka Rasi: 17.19 Titithi 22

743376574

Gulika 11:58AM – 1:12PM
Yama 9:30AM – 10:44AM
Rahu 2:26PM – 3:40PM

Ashlesha* Until 7:15AM Wed
Sukla Until 12:57PM
Bava Until 6:18PM

Ganesha: Green *Sunrise:* 7:02AM
Muruqa: Clear *Sunset:* 4:54PM

Nataraja: Clear Moon 11 - Phase 29 - 6th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 7 Sutra 213

Subhakrit 5124

Kataka Rasi: 29.17 Titithi 23

743376574

Gulika 10:44AM – 11:58AM
Yama 8:17AM – 9:30AM
Rahu 11:58AM – 1:12PM

Ashlesha* Until 7:15AM
Brahma Until 1:33PM
Balava Until 7:26AM

Ganesha: Green *Sunrise:* 7:03AM
Muruqa: Clear *Sunset:* 4:53PM

Nataraja: Clear Moon 11 - Phase 29 - 7th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Ashtami* Until 8:24PM

Kartika•Karttikai

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 8 Sutra 214

Subhakrit 5124

Simha Rasi: 11.24 Titithi 24

753376575

Gulika 9:31AM – 10:45AM
Yama 7:04AM – 8:18AM
Rahu 1:12PM – 2:25PM

Magha* Until 9:47AM
Indra Until 1:49PM
Tailila Until 9:19AM

Ganesha: Orange *Sunrise:* 7:04AM
Muruqa: Clear *Sunset:* 4:52PM

Nataraja: Purple Moon 11 - Phase 29 - 8th Phase

Sivaloka Day
Kartika•Karttikai

Creative Work Amrita Yoga

Until 9:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Des Moines, IA
	Simha Rasi: 23.44	Tithi 25	753376575	Gulika 8:18AM – 9:32AM	Purvaphalguni Until 11:35AM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sun 9 Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase
	Creative Work	Siddha Yoga		Rahu 10:45AM – 11:58AM	Vaidhriti* Until 1:37PM Vanija Until 10:37AM Dashami Until 11:00PM	Sunrise: 7:05AM Sunset: 4:52PM	Sivaloka Day Karttika-Karttikai

2	Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA
	Kanya Rasi: 6.23	Tithi 26	753376575	Gulika 7:06AM – 8:19AM	Uttaraphalguni Until 12:34PM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sun 10 Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase
	Routine Work	Marana Yoga		Rahu 9:32AM – 10:46AM	Vishkambha* Until 12:53PM Bava Until 11:13AM Ekadashi* Until 11:13PM	Sunrise: 7:06AM Sunset: 4:51PM	Sivaloka Day Karttika-Karttikai

3	Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Des Moines, IA
	Kanya Rasi: 19.23	Tithi 27	763376575	Gulika 2:25PM – 3:37PM	Hasta Until 1:07PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sun 11 Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase
	Creative Work	Amrita Yoga		Rahu 3:37PM – 4:50PM	Priti Until 11:33AM Kaulava Until 11:03AM Dvadashti* Until 10:40PM	Sunrise: 7:07AM Sunset: 4:50PM	Devaloka Day Karttika-Karttikai
	Until 1:07PM	Then Creative Work - Siddha Yoga					

4	Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA
	Tula Rasi: 2.48	Tithi 28	763376575	Gulika 1:12PM – 2:24PM	Chitra Until 12:45PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sun 12 Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase
	Family Home Evening	Prabalarishta Yoga		Rahu 8:21AM – 9:34AM	Ayushman Until 9:36AM Gara Until 10:07AM Trayodashi* Until 9:22PM	Sunrise: 7:09AM Sunset: 4:50PM	Devaloka Day Karttika-Karttikai
	Until 12:45PM	Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5	Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Des Moines, IA
	Tula Rasi: 16.38	Tithi 29	763376575	Gulika 11:59AM – 1:12PM	Svati Until 11:34AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sun 13 Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase
	Creative Work	Siddha Yoga		Rahu 2:24PM – 3:37PM	Saubhagya Until 7:07AM Visti Until 8:30AM Chaturdashi* Until 7:26PM	Sunrise: 7:10AM Sunset: 4:49PM	Devaloka Day Karttika-Karttikai
	Until 11:34AM	Then Routine Work - Marana Yoga					Tour Day

●	Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA
	Retreat Star			Gulika 10:47AM – 12:00PM	Vishakha Until 10:07AM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sun 14 Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya
	Vrischika Rasi: 0.51	Tithi 30 – 1	773376575	Rahu 12:00PM – 1:12PM	Athiganda* Until 12:48AM Thu Catuspada Until 6:16AM Amavasya* Until 4:58PM	Sunrise: 7:11AM Sunset: 4:48PM	Devaloka Day Karttika-Karttikai
	Creative Work	Siddha Yoga					

●	Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
	Retreat Star			Gulika 9:36AM – 10:48AM	Anuradha Until 8:06AM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sun 15 Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama
	Vrischika Rasi: 15.22	Tithi 1 – 2	773376575	Rahu 1:12PM – 2:24PM	Sukarma Until 9:11PM Balava Until 12:39AM Fri Prathama* Until 2:08PM	Sunrise: 7:12AM Sunset: 4:48PM	Devaloka Day Margasira-Karttikai
	Creative Work	Siddha Yoga					
Until 8:06AM	Then Routine Work - Prabalarishta Yoga						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Des Moines, IA Sun 16 Sutra 222 Subhakrit 5124	
Dhanus Rasi: 0.05	Tithi 2 – 3	783376575	Gulika 8:25AM – 9:37AM Yama 2:24PM – 3:35PM Rahu 10:49AM – 12:00PM	Mula* Until 3:26AM Sat Dhriti Until 5:27PM Taitila Until 9:32PM Dvitiya Until 11:05AM	Ganesha: Light Blue <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 4:47PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 16 3rd Phase	
Creative Work Amrita Yoga Until 3:26AM Sat Then Creative Work - Siddha Yoga							
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Des Moines, IA Sun 17 Sutra 223 Subhakrit 5124	
Dhanus Rasi: 14.54	Tithi 3 – 4	783376575	Gulika 7:14AM – 8:26AM Yama 1:12PM – 2:24PM Rahu 9:37AM – 10:49AM	Purvashadha* Until 1:06AM Sun Shula* Until 1:41PM Vanija Until 6:26PM Tritiya Until 7:57AM	Ganesha: Light Blue <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 4:47PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 17 3rd Phase	
Creative Work Siddha Yoga Until 1:06AM Sun Then Creative Work - Amrita Yoga							
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau		Des Moines, IA Sun 18 Sutra 224 Subhakrit 5124	
Dhanus Rasi: 29.4	Tithi 5	783376575	Gulika 2:24PM – 3:35PM Yama 12:01PM – 1:12PM Rahu 3:35PM – 4:46PM	Uttarashadha Until 10:49PM Ganda* Until 10:00AM Bava Until 3:29PM Panchami Until 2:04AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 4:46PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 18 3rd Phase	
Creative Work Amrita Yoga							
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Des Moines, IA Sun 19 Sutra 225 Subhakrit 5124	
Makara Rasi: 14.16	Tithi 6	793376575	Gulika 1:12PM – 2:24PM Yama 10:50AM – 12:01PM Rahu 8:28AM – 9:39AM	Shravana Until 9:06PM Vridhhi Until 6:32AM Kaulava Until 12:47PM Shashthi* Until 11:34PM	Ganesha: Orange <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:46PM Nataraja: Purple Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 19 3rd Phase	
Family Home Evening Creative Work Amrita Yoga Until 9:06PM Then Creative Work - Siddha Yoga							
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Des Moines, IA Sun 20 Sutra 226 Subhakrit 5124	
Makara Rasi: 28.37	Tithi 7	794376575	Gulika 12:02PM – 1:13PM Yama 9:40AM – 10:51AM Rahu 2:24PM – 3:35PM	Dhanishtha Until 7:39PM Vyaghata* Until 12:29AM Wed Gara Until 10:28AM Saptami Until 9:28PM	Ganesha: Clear <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:46PM Nataraja: Purple Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 20 3rd Phase	
Creative Work Siddha Yoga Until 7:39PM Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Des Moines, IA Sun 21 Sutra 227 Subhakrit 5124	
Kumbha Rasi: 12.41	Tithi 8	794376575	Gulika 10:51AM – 12:02PM Yama 8:30AM – 9:40AM Rahu 12:02PM – 1:13PM	Shatabhishak Until 6:32PM Harshana Until 10:02PM Visti Until 8:37AM Ashtami* Until 7:51PM	Ganesha: Clear <i>Sunrise:</i> 7:19AM Muruqa: Clear <i>Sunset:</i> 4:45PM Nataraja: Purple Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 21 Ashtami	
Creative Work Siddha Yoga Until 6:32PM Then Creative Work - Amrita Yoga							
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Des Moines, IA Sun 22 Sutra 228 Subhakrit 5124	
Kumbha Rasi: 26.26	Tithi 9	714376575	Gulika 9:41AM – 10:52AM Yama 7:20AM – 8:30AM Rahu 1:13PM – 2:24PM	Purvaproshtapada* Until 6:12PM Vajra* Until 7:57PM Balava Until 7:15AM Navami* Until 6:45PM	Ganesha: Red <i>Sunrise:</i> 7:20AM Muruqa: Clear <i>Sunset:</i> 4:45PM Nataraja: Purple Moon – Clear Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 22 Navami	
Creative Work Siddha Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

ll times are standard time. Calculated for Des Moines, IA on 4/26/2

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1	Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 23 Sutra 229
	Meena Rasi: 9.54	Tithi 10	Gulika 8:31AM – 9:42AM	Uttaraproshtapada Until 6:14PM	Ganesha: Red	<i>Sunrise:</i> 7:21AM	Subhakrit 5124
			Yama 2:24PM – 3:34PM	Siddhi Until 6:18PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Moon 11 - Phase 32 - 23
	Creative Work	Siddha Yoga	714376575 Rahu 10:52AM – 12:03PM	Taitila Until 6:25AM	Nataraja: Purple		4th Phase
			Dashami Until 6:10PM	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2	Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 230
	Meena Rasi: 23.05	Tithi 11	Gulika 7:22AM – 8:32AM	Revati Until 6:37PM	Ganesha: Red	<i>Sunrise:</i> 7:22AM	Subhakrit 5124
			Yama 1:13PM – 2:24PM	Vyatipata* Until 5:04PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32 - 24
	Routine Work	Prabalarishta Yoga	714376575 Rahu 9:42AM – 10:53AM	Vanija Until 6:05AM	Nataraja: Purple		4th Phase
Until 6:37PM			Ekadashi Until 6:06PM	Moon – Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga		Gita Jayanthi		Margasira-Karttikai			

3	Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Des Moines, IA Sun 25 Sutra 231
	Mesha Rasi: 6.01	Tithi 12	Gulika 2:24PM – 3:34PM	Ashvini Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Subhakrit 5124
			Yama 12:04PM – 1:14PM	Variyan Until 4:10PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32 - 25
	Creative Work	Siddha Yoga	724376575 Rahu 3:34PM – 4:44PM	Bava Until 6:15AM	Nataraja: Purple		4th Phase
Until 7:45PM			Dvodashi Until 6:30PM	Moon – White		Devaloka Day	
Then Routine Work - Prabalarishta Yoga				Margasira-Karttikai			

4	Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 232
	Mesha Rasi: 18.44	Tithi 13	Gulika 1:14PM – 2:24PM	Bharani Until 9:09PM	Ganesha: Blue	<i>Sunrise:</i> 7:24AM	Subhakrit 5124
	Family Home Evening		Yama 10:54AM – 12:04PM	Parigha* Until 3:37PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32 - 26
	Creative Work	Siddha Yoga	724376575 Rahu 8:34AM – 9:44AM	Kaulava Until 6:53AM	Nataraja: Purple		4th Phase
Until 9:09PM			Trayodashi Until 7:20PM	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga				Margasira-Karttikai			
			<i>Pradosha Vrata</i>				

5	Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 233
	Wrishabha Rasi: 1.15	Tithi 14	Gulika 12:04PM – 1:14PM	Krittika Until 10:47PM	Ganesha: Blue	<i>Sunrise:</i> 7:25AM	Subhakrit 5124
			Yama 9:45AM – 10:54AM	Shiva Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32 - 27
	Creative Work	Siddha Yoga	724376575 Rahu 2:24PM – 3:34PM	Gara Until 7:56AM	Nataraja: Purple		4th Phase
Until 10:47PM			Chaturdashi* Until 8:35PM	Moon – White		Devaloka Day	
Then Creative Work - Amrita Yoga		Krittika Deepam		Margasira-Karttikai		Tour Day	

○	Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA Sutra 234
	Copper Retreat Star		Gulika 10:55AM – 12:05PM	Rohini Until 1:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:26AM	Subhakrit 5124
	Wrishabha Rasi: 14	Tithi 15	Yama 8:35AM – 9:45AM	Siddha Until 3:25PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32 - Purnima
	Creative Work	Siddha Yoga	734376575 Rahu 12:05PM – 1:15PM	Visti Until 9:22AM	Nataraja: Purple		
Until 1:05AM Thu			Purnima* Until 10:12PM	Moon – Yellow		Sivaloka Day	
Then Routine Work - Marana Yoga				Margasira-Karttikai			

○	Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sutra 235
	Silver Retreat Star		Gulika 9:46AM – 10:56AM	Mrigashira Until 3:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:27AM	Subhakrit 5124
	Wrishabha Rasi: 25.49	Tithi 16	Yama 7:27AM – 8:36AM	Sadhya Until 3:43PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 11 - Phase 32 - Prathama
	Creative Work	Marana Yoga	734376575 Rahu 1:15PM – 2:25PM	Balava Until 11:10AM	Nataraja: Purple		
Until 3:32AM Fri			Prathama* Until 12:09AM Fri	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins		Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022
Gold Retreat Star

Mithuna Rasi: 7.53 Tithi 17
734476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Tautila/Gara Karana Dvitiyayam Titau

Gulika 8:37AM – 9:47AM
Yama 2:25PM – 3:34PM
Rahu 10:56AM – 12:06PM

Ardra Until 6:03AM Sat
Subha Until 4:14PM
Taitila Until 1:15PM
Dvitiya Until 2:22AM Sat

Des Moines, IA
Sun 1 Sutra 236
Subhakrit 5124
Moon 12 - Phase 33 - 1
1st Phase

Ganesha: Red *Sunrise:* 7:27AM
Muruqa: Clear *Sunset:* 4:44PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Sivaloka Day

1

Saturday, December 10, 2022

Mithuna Rasi: 19.53 Tithi 18
734476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Gulika 7:28AM – 8:38AM
Yama 1:16PM – 2:25PM
Rahu 9:47AM – 10:57AM

Ardra Until 6:03AM
Sukla Until 4:54PM
Vanija Until 3:35PM
Tritiya Until 4:47AM Sun

Des Moines, IA
Sun 2 Sutra 237
Subhakrit 5124
Moon 12 - Phase 33 - 2
1st Phase

Ganesha: Red *Sunrise:* 7:28AM
Muruqa: Clear *Sunset:* 4:44PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Sivaloka Day

2

Sunday, December 11, 2022

Kataka Rasi: 1.47 Tithi 19
744476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Bava Karana Chaturthyam Titau

Gulika 2:25PM – 3:35PM
Yama 12:07PM – 1:16PM
Rahu 3:35PM – 4:44PM

Punarvasu Until 9:06AM
Brahma Until 5:42PM
Bava Until 6:04PM
Chaturthi* Until 7:19AM Mon

Des Moines, IA
Sun 3 Sutra 238
Subhakrit 5124
Moon 12 - Phase 33 - 3
1st Phase

Ganesha: Green *Sunrise:* 7:29AM
Muruqa: Clear *Sunset:* 4:44PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Devaloka Day

3

Monday, December 12, 2022

Kataka Rasi: 13.4 Tithi 19 – 20
745476575
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:16PM – 2:26PM
Yama 10:58AM – 12:07PM
Rahu 8:39AM – 9:49AM

Pushya Until 12:03PM
Indra Until 6:33PM
Kaulava Until 8:36PM
Chaturthi* Until 7:19AM

Des Moines, IA
Sun 4 Sutra 239
Subhakrit 5124
Moon 12 - Phase 33 - 4
1st Phase

Ganesha: White *Sunrise:* 7:30AM
Muruqa: Clear *Sunset:* 4:44PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Devaloka Day

4

Tuesday, December 13, 2022

Kataka Rasi: 25.32 Tithi 20 – 21
745476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili* Yoga Tautila/Gara Karana Panchami/Shashthyam Titau

Gulika 12:08PM – 1:17PM
Yama 9:49AM – 10:58AM
Rahu 2:26PM – 3:35PM

Ashlesha* Until 2:48PM
Vaidhrili* Until 7:19PM
Gara Until 11:03PM
Panchami Until 9:49AM

Des Moines, IA
Sun 5 Sutra 240
Subhakrit 5124
Moon 12 - Phase 33 - 5
1st Phase

Ganesha: White *Sunrise:* 7:31AM
Muruqa: Clear *Sunset:* 4:44PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Devaloka Day Tour Day

5

Wednesday, December 14, 2022

Simha Rasi: 7.28 Tithi 21 – 22
755476575
Creative Work Siddha Yoga
Until 5:42PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Gulika 10:59AM – 12:08PM
Yama 8:41AM – 9:50AM
Rahu 12:08PM – 1:17PM

Magha* Until 5:42PM
Vishkambha* Until 7:55PM
Visli Until 1:14AM Thu
Shashthi* Until 12:10PM

Des Moines, IA
Sun 6 Sutra 241
Subhakrit 5124
Moon 12 - Phase 33 - 6
1st Phase

Ganesha: Clear *Sunrise:* 7:32AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Purple
Moon – Red
Margasira-Karttikai

Sivaloka Day

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Thursday, December 15, 2022
Retreat Star

Simha Rasi: 19.31 Tithi 22 – 23
755476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:50AM – 10:59AM
Yama 7:32AM – 8:41AM
Rahu 1:18PM – 2:27PM

Purvaphalguni Until 8:02PM
Priti Until 8:13PM
Balava Until 2:57AM Fri
Saptami Until 2:08PM

Des Moines, IA
Sun 7 Sutra 242
Subhakrit 5124
Moon 12 - Phase 33 - 7
Ashtami

Ganesha: Clear *Sunrise:* 7:32AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Sivaloka Day

Friday, December 16, 2022
Retreat Star

Kanya Rasi: 1.46 Tithi 23 – 24
855476575
Creative Work Siddha Yoga
Until 9:38PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:42AM – 9:51AM
Yama 2:27PM – 3:36PM
Rahu 11:00AM – 12:09PM

Uttaraphalguni Until 9:38PM
Ayushman Until 8:02PM
Taitila Until 4:01AM Sat
Ashtami* Until 3:33PM

Des Moines, IA
Sun 8 Sutra 243
Subhakrit 5124
Moon 12 - Phase 33 - 8
Navami

Ganesha: White *Sunrise:* 7:33AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Devaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Saturday, December 17, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Hashta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Des Moines, IA Sun 9 Sutra 244 Subhakrit 5124
	Kanya Rasi: 14.19	Tithi 24 – 25	Gulika 7:34AM – 8:43AM	Hasta Until 10:49PM	Ganesha: Clear	<i>Sunrise:</i> 7:34AM	
			Yama 1:19PM – 2:27PM	Saubhagya Until 7:17PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 34 - 9
	Routine Work	Marana Yoga	865476575 Rahu 9:52AM – 11:01AM	Vanija Until 4:17AM Sun	Nataraja: Purple		2nd Phase
			Navami* Until 4:14PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

2	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 10 Sutra 245 Subhakrit 5124
	Kanya Rasi: 27.14	Tithi 25 – 26	Gulika 2:28PM – 3:37PM	Chitra Until 11:01PM	Ganesha: Clear	<i>Sunrise:</i> 7:34AM	
			Yama 12:10PM – 1:19PM	Sobhana Until 5:54PM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 34 - 10
	Creative Work	Siddha Yoga	865476575 Rahu 3:37PM – 4:46PM	Bava Until 3:42AM Mon	Nataraja: Purple		2nd Phase
			Dashami Until 4:05PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

3	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 11 Sutra 246 Subhakrit 5124
	Tula Rasi: 10.35	Tithi 26 – 27	Gulika 1:19PM – 2:28PM	Svati Until 10:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:35AM	
	Family Home Evening		Yama 11:02AM – 12:11PM	Athiganda* Until 3:49PM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 34 - 11
	Creative Work	Amrita Yoga	865476575 Rahu 8:44AM – 9:53AM	Kaulava Until 2:17AM Tue	Nataraja: Purple		2nd Phase
			Ekadashi* Until 3:04PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

4	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 12 Sutra 247 Subhakrit 5124
	Tula Rasi: 24.25	Tithi 27 – 28	Gulika 12:11PM – 1:20PM	Vishakha Until 9:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:35AM	
			Yama 9:53AM – 11:02AM	Sukarma Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 34 - 12
	Routine Work	Marana Yoga	875476575 Rahu 2:29PM – 3:38PM	Gara Until 12:06AM Wed	Nataraja: Purple		2nd Phase
			Dvadashi* Until 1:15PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 13 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 8.44	Tithi 28 – 29	Gulika 11:03AM – 12:12PM	Anuradha Until 7:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:36AM	
			Yama 8:45AM – 9:54AM	Dhriti Until 9:52AM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 34 - 13
	Creative Work	Siddha Yoga	876476575 Rahu 12:12PM – 1:20PM	Visti Until 9:18PM	Nataraja: Purple		2nd Phase
			Day 1 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
				Margasira*Markali			

●	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA Sun 14 Sutra 249 Subhakrit 5124
	Retreat Star		Gulika 9:54AM – 11:03AM	Jyeshtha* Until 4:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:36AM	
	Vrischika Rasi: 23.27	Tithi 29 – 30	Yama 7:36AM – 8:45AM	Shula* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 34 - 14
			876476575 Rahu 1:21PM – 2:30PM	Catuspada Until 6:02PM	Nataraja: Purple		Amavasya
			Day 2 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
				Margasira*Markali			

●	Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA Sun 15 Sutra 250 Subhakrit 5124
	Retreat Star		Gulika 8:46AM – 9:55AM	Mula* Until 1:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:37AM	
	Dhanus Rasi: 8.28	Tithi 1	Yama 2:30PM – 3:39PM	Vriddhi Until 9:56PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 34 - 15
			886476575 Rahu 11:04AM – 12:13PM	Kintughna Until 2:29PM	Nataraja: Purple		Prathama
			Day 3 of Pancha Ganapati	Moon – Light Blue		Sivaloka Day	
				Pausha*Markali			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

ll times are standard time. Calculated for Des Moines, IA on 4/26/22

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1	Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	Dhanus Rasi: 23.38	Tithi 2	886486575	Gulika 7:37AM – 8:46AM Yama 1:22PM – 2:31PM Rahu 9:55AM – 11:04AM	Purvashadha* Until 10:46AM Dhruva Until 5:40PM Balava Until 10:49AM Dvitiya Until 8:58PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha*Markali	Sun 16 Sutra 251 Subhakrit 5124 Moon 12 - Phase 35 - 16 3rd Phase
	Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati			Subha Sivaloka Day
	Until 10:46AM						
Then Routine Work - Marana Yoga							

2	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Triliya/Chaturthayam Titau				Des Moines, IA
	Makara Rasi: 8.48	Tithi 3 – 4	886486575	Gulika 2:31PM – 3:40PM Yama 12:14PM – 1:23PM Rahu 3:40PM – 4:49PM	Uttarashadha Until 7:46AM Vyaghata* Until 1:30PM Taitila Until 7:11AM Tritiya Until 5:26PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha*Markali	Sun 17 Sutra 252 Subhakrit 5124 Moon 12 - Phase 35 - 17 3rd Phase
	Creative Work	Amrita Yoga		Day 5 of Pancha Ganapati			Subha Sivaloka Day
	Until 10:46AM						
Then Routine Work - Marana Yoga							

3	Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Makara Rasi: 23.47	Tithi 4 – 5	896486576	Gulika 1:23PM – 2:32PM Yama 11:05AM – 12:14PM Rahu 8:47AM – 9:56AM	Dhanishtha Until 3:00AM Tue Harshana Until 9:35AM Bava Until 12:47AM Tue Chaturthi* Until 2:13PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha*Markali	Sun 18 Sutra 253 Subhakrit 5124 Moon 12 - Phase 35 - 18 3rd Phase
	Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati			Sivaloka Day
	Until 3:00AM Tue						
Then Routine Work - Marana Yoga							

4	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
	Kumbha Rasi: 8.28	Tithi 5 – 6	896486576	Gulika 12:15PM – 1:24PM Yama 9:57AM – 11:06AM Rahu 2:33PM – 3:42PM	Shatabhishak Until 1:08AM Wed Siddhi Until 2:50AM Wed Kaulava Until 10:18PM Panchami Until 11:27AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha*Markali	Sun 19 Sutra 254 Subhakrit 5124 Moon 12 - Phase 35 - 19 3rd Phase
	Routine Work	Marana Yoga		Day 5 of Pancha Ganapati			Sivaloka Day
	Until 1:08AM Wed						
Then Creative Work - Amrita Yoga							

5	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Kumbha Rasi: 22.46	Tithi 6 – 7	817486576	Gulika 11:06AM – 12:15PM Yama 8:48AM – 9:57AM Rahu 12:15PM – 1:24PM	Purvaproshtapada* Until 12:12AM Thu Vyatipata* Until 12:14AM Thu Gara Until 8:27PM Shashthi* Until 9:16AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	Sun 20 Sutra 255 Subhakrit 5124 Moon 12 - Phase 35 - 20 3rd Phase
	Creative Work	Amrita Yoga		Vinayaga Viratam Ends			Devaloka Day
	Until 12:12AM Thu						
Then Creative Work - Siddha Yoga							

☾	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau				Des Moines, IA
	Meena Rasi: 6.38	Tithi 7 – 8	817486576	Gulika 9:57AM – 11:06AM Yama 7:39AM – 8:48AM Rahu 1:25PM – 2:34PM	Uttaraproshtapada Until 11:51PM Variyan Until 10:11PM Visti Until 7:20PM Saptami Until 7:47AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	Sun 21 Sutra 256 Subhakrit 5124 Moon 12 - Phase 35 - 21 Ashtami
	Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati			Devaloka Day
	Until 12:12AM Thu						
Then Creative Work - Siddha Yoga							

☽	Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
	Meena Rasi: 20.04	Tithi 8 – 9	817486576	Gulika 8:48AM – 9:58AM Yama 2:34PM – 3:44PM Rahu 11:07AM – 12:16PM	Revati Until 12:04AM Sat Parigha* Until 8:44PM Balava Until 6:57PM Ashtami* Until 7:02AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha*Markali	Sun 22 Sutra 257 Subhakrit 5124 Moon 12 - Phase 35 - 22 Navami
	Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati			Devaloka Day
	Until 12:12AM Thu						
Then Creative Work - Siddha Yoga							

1	Saturday, December 31, 2022	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Des Moines, IA Sun 23 Sutra 258 Subhakrit 5124
	Mesha Rasi: 3.06 Tithi 9 – 10 827486576	Gulika 7:39AM – 8:49AM Yama 1:26PM – 2:35PM Rahu 9:58AM – 11:07AM	Ashvini Until 1:16AM Sun Shiva Until 7:51PM Taitila Until 7:17PM Navami* Until 7:01AM

Creative Work Siddha Yoga
Until 1:16AM Sun
Then Routine Work - Prabalarishta Yoga

Ganesha: Yellow <i>Sunrise:</i> 7:39AM	Muruqa: Purple <i>Sunset:</i> 4:54PM	Moon 12 - Phase 36 - 23 4th Phase
Nataraja: Clear Moon – White	Sivaloka Day	

2	Sunday, January 1, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Des Moines, IA Sun 24 Sutra 259 Subhakrit 5124
	Mesha Rasi: 15.49 Tithi 10 – 11 827486576	Gulika 2:36PM – 3:45PM Yama 12:17PM – 1:26PM Rahu 3:45PM – 4:55PM	Bharani Until 2:53AM Mon Siddha Until 7:24PM Vanija Until 8:16PM Dashami Until 7:41AM

Routine Work Prabalarishta Yoga
Until 2:53AM Mon
Then Routine Work - Marana Yoga

Ganesha: Yellow <i>Sunrise:</i> 7:40AM	Muruqa: Purple <i>Sunset:</i> 4:55PM	Moon 12 - Phase 36 - 24 4th Phase
Nataraja: Clear Moon – White	Sivaloka Day	

3	Monday, January 2, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Des Moines, IA Sun 25 Sutra 260 Subhakrit 5124
	Mesha Rasi: 28.16 Tithi 11 – 12 827486576	Gulika 1:27PM – 2:36PM Yama 11:08AM – 12:18PM Rahu 8:49AM – 9:59AM	Krittika Until 4:47AM Tue Sadhya Until 7:22PM Bava Until 9:44PM Ekadashi Until 8:55AM

Routine Work Marana Yoga
Until 4:47AM Tue
Then Creative Work - Amrita Yoga

Ganesha: Yellow <i>Sunrise:</i> 7:40AM	Muruqa: Purple <i>Sunset:</i> 4:55PM	Moon 12 - Phase 36 - 25 4th Phase
Nataraja: Clear Moon – White	Sivaloka Day	

4	Tuesday, January 3, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Des Moines, IA Sun 26 Sutra 261 Subhakrit 5124
	Vrishabha Rasi: 10.31 Tithi 12 – 13 837586576	Gulika 12:18PM – 1:28PM Yama 9:59AM – 11:08AM Rahu 2:37PM – 3:47PM	Rohini Until 7:21AM Wed Subha Until 7:38PM Kaulava Until 11:35PM Dvadashi Until 10:36AM

Creative Work Amrita Yoga
Until 7:21AM Wed
Then Creative Work - Siddha Yoga


Ganesha: Yellow <i>Sunrise:</i> 7:40AM	Muruqa: Purple <i>Sunset:</i> 4:56PM	Moon 12 - Phase 36 - 26 4th Phase
Nataraja: Clear Moon – Yellow	Sivaloka Day	

Pradosha Vrata

5	Wednesday, January 4, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Des Moines, IA Sun 27 Sutra 262 Subhakrit 5124
	Vrishabha Rasi: 22.38 Tithi 13 – 14 838586576	Gulika 11:09AM – 12:18PM Yama 8:49AM – 9:59AM Rahu 12:18PM – 1:28PM	Rohini Until 7:21AM Sukla Until 8:05PM Gara Until 1:43AM Thu Trayodashi Until 12:36PM

Creative Work Siddha Yoga

Ganesha: White <i>Sunrise:</i> 7:40AM	Muruqa: Purple <i>Sunset:</i> 4:57PM	Moon 12 - Phase 36 - 27 4th Phase
Nataraja: Clear Moon – Yellow	Devaloka Day	

	Thursday, January 5, 2023 Copper Retreat Star	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Des Moines, IA Sun 28 Sutra 263 Subhakrit 5124
	Mithuna Rasi: 4.4 Tithi 14 – 15 838586576	Gulika 9:59AM – 11:09AM Yama 7:40AM – 8:50AM Rahu 1:29PM – 2:39PM	Mrigashira Until 9:59AM Brahma Until 8:42PM Visti Until 4:01AM Fri Chaturdashi* Until 2:50PM

Routine Work Marana Yoga

Ganesha: White <i>Sunrise:</i> 7:40AM	Muruqa: Purple <i>Sunset:</i> 4:58PM	Moon 12 - Phase 36 - Purnima
Nataraja: Clear Moon – Yellow	Devaloka Day	

Subramuniyaswami Jayanti

	Friday, January 6, 2023 Silver Retreat Star	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Des Moines, IA Sun 29 Sutra 264 Subhakrit 5124
	Mithuna Rasi: 16.37 Tithi 15 – 16 838586576	Gulika 8:50AM – 10:00AM Yama 2:39PM – 3:49PM Rahu 11:09AM – 12:19PM	Ardra Until 12:36PM Indra Until 9:25PM Balava Until 6:26AM Sat Purnima* Until 5:12PM

Creative Work Siddha Yoga

Ganesha: White <i>Sunrise:</i> 7:40AM	Muruqa: Purple <i>Sunset:</i> 4:59PM	Moon 12 - Phase 36 - Prathama
Nataraja: Clear Moon – Yellow	Devaloka Day	

Ardra Darshanam

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Saturday, January 7, 2023

Gold Retreat Star

Mithuna Rasi: 28.32 Tithi 16

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau

Gulika 7:40AM – 8:50AM **Punarvasu** **Until 3:38PM**
Yama 1:30PM – 2:40PM Vaidhriti* **Until 10:10PM**
848586576 **Rahu** 10:00AM – 11:10AM Balava **Until 6:26AM**
Prathama* **Until 7:39PM**

Ganesha: Clear *Sunrise: 7:40AM*
Muruqa: Purple *Sunset: 5:00PM*
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Des Moines, IA
Sun 1 Sutra 265
Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase

1

Sunday, January 8, 2023

Kataka Rasi: 10.26 Tithi 17

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:41PM – 3:51PM **Pushya** **Until 6:33PM**
Yama 12:20PM – 1:30PM Vishkambha* **Until 10:57PM**
848586576 **Rahu** 3:51PM – 5:01PM Taitila **Until 8:55AM**
Dvitiya **Until 10:09PM**

Ganesha: Clear *Sunrise: 7:39AM*
Muruqa: Purple *Sunset: 5:01PM*
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Des Moines, IA
Sun 2 Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase

2

Monday, January 9, 2023

Kataka Rasi: 22.2 Tithi 18

Family Home Evening

Creative Work Siddha Yoga

Until 9:17PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:31PM – 2:41PM **Ashlesha*** **Until 9:17PM**
Yama 11:10AM – 12:21PM Priti **Until 11:45PM**
848586576 **Rahu** 8:50AM – 10:00AM Vanija **Until 11:25AM**
Tritiya **Until 12:37AM Tue**

Ganesha: Clear *Sunrise: 7:39AM*
Muruqa: Purple *Sunset: 5:02PM*
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Des Moines, IA
Sun 3 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase

3

Tuesday, January 10, 2023

Simha Rasi: 4.14 Tithi 19

Creative Work Siddha Yoga

Until 12:16AM Wed

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:21PM – 1:32PM **Magha*** **Until 12:16AM Wed**
Yama 10:00AM – 11:11AM Ayushman **Until 12:26AM Wed**
859586576 **Rahu** 2:42PM – 3:53PM Bava **Until 1:51PM**
Chaturthi* **Until 2:59AM Wed**

Ganesha: Clear *Sunrise: 7:39AM*
Muruqa: Purple *Sunset: 5:03PM*
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Des Moines, IA
Sun 4 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase

4

Wednesday, January 11, 2023

Simha Rasi: 16.11 Tithi 20

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:11AM – 12:21PM **Purvaphalguni** **Until 2:51AM Thu**
Yama 8:49AM – 10:00AM Saubhagya **Until 12:58AM Thu**
859586576 **Rahu** 12:21PM – 1:32PM Kaulava **Until 4:07PM**
Panchami **Until 5:07AM Thu**

Ganesha: Clear *Sunrise: 7:39AM*
Muruqa: Purple *Sunset: 5:04PM*
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Des Moines, IA
Sun 5 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase

5

Thursday, January 12, 2023

Simha Rasi: 28.14 Tithi 21

Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Gara Karana Shashthyam Titau

Gulika 10:00AM – 11:11AM **Uttaraphalguni** **Until 4:55AM Fri**
Yama 7:39AM – 8:49AM Sobhana **Until 1:13AM Fri**
859586576 **Rahu** 1:33PM – 2:44PM Gara **Until 6:03PM**
Shashthi* **Until 6:50AM Fri**

Ganesha: Clear *Sunrise: 7:39AM*
Muruqa: Purple *Sunset: 5:05PM*
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

Des Moines, IA
Sun 6 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase

6

Friday, January 13, 2023

Kanya Rasi: 10.28 Tithi 21 – 22

Creative Work Amrita Yoga

Until 6:46AM Sat

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:49AM – 10:00AM **Hasta** **Until 6:46AM Sat**
Yama 2:44PM – 3:55PM Athiganda* **Until 1:03AM Sat**
869586576 **Rahu** 11:11AM – 12:22PM Visti **Until 7:30PM**
Shashthi* **Until 6:50AM**

Ganesha: White *Sunrise: 7:38AM*
Muruqa: Purple *Sunset: 5:06PM*
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Markali

Des Moines, IA
Sun 7 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 7
1st Phase

D

Saturday, January 14, 2023

Retreat Star

Kanya Rasi: 22.55 Tithi 22 – 23

Routine Work Marana Yoga

Thai Pongal

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:38AM – 8:49AM **Hasta** **Until 6:46AM**
Yama 1:34PM – 2:45PM Sukarma **Until 12:21AM Sun**
869586576 **Rahu** 10:00AM – 11:11AM Balava **Until 8:17PM**
Saptami **Until 7:58AM**

Ganesha: White *Sunrise: 7:38AM*
Muruqa: Purple *Sunset: 5:07PM*
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Des Moines, IA
Sun 8 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 8
Ashtami

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.43 Tithi 23 – 24

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:46PM – 3:57PM **Chitra** **Until 7:45AM**
Yama 12:23PM – 1:34PM Dhriti **Until 11:03PM**
869586576 **Rahu** 3:57PM – 5:09PM Taitila **Until 8:15PM**
Ashtami* **Until 8:21AM**

Ganesha: White *Sunrise: 7:37AM*
Muruqa: Purple *Sunset: 5:09PM*
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Des Moines, IA
Sun 9 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 9
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

ll times are standard time. Calculated for Des Moines, IA on 4/26/23

www.gurudeva.org/panchang


1		Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Des Moines, IA Sun 10 Sutra 274 Subhakrit 5124	
Tula Rasi: 18.55	Tithi 24 – 25	Gulika	1:35PM – 2:47PM	Svati Until 7:46AM	Ganesha: White	<i>Sunrise:</i> 7:37AM	
Family Home Evening	869586576	Yama	11:12AM – 12:23PM	Shula* Until 9:03PM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 1 - Phase 38 - 10
Creative Work	Amrita Yoga	Rahu	8:49AM – 10:00AM	Vanija Until 7:23PM	Nataraja: Clear		2nd Phase
Until 7:46AM				Navami* Until 7:54AM	Moon – Green		Subha Sivaloka Day
Then Routine Work - Marana Yoga					Pausha*Thai		

2		Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Balava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 11 Sutra 275 Subhakrit 5124	
Vrischika Rasi: 3	Tithi 25 – 26	Gulika	12:24PM – 1:36PM	Vishakha Until 7:15AM	Ganesha: Yellow	<i>Sunrise:</i> 7:37AM	
	879586576	Yama	10:00AM – 11:12AM	Ganda* Until 6:24PM	Muruqa: Purple	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 38 - 11
Routine Work	Marana Yoga	Rahu	2:47PM – 3:59PM	Balava Until 4:30AM Wed	Nataraja: Clear		2nd Phase
Until 7:15AM				Dashami Until 6:36AM	Moon – Orange		Sivaloka Day
Then Creative Work - Siddha Yoga					Pausha*Thai		

3		Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Des Moines, IA Sun 12 Sutra 276 Subhakrit 5124	
Vrischika Rasi: 16.46	Tithi 27	Gulika	11:12AM – 12:24PM	Jyeshtha* Until 3:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:36AM	
	871586576	Yama	8:48AM – 10:00AM	Vriddhi Until 3:11PM	Muruqa: Purple	<i>Sunset:</i> 5:12PM	Moon 1 - Phase 38 - 12
Creative Work	Siddha Yoga	Rahu	12:24PM – 1:36PM	Kaulava Until 3:13PM	Nataraja: Clear		2nd Phase
				Dvadashi* Until 1:44AM Thu	Moon – Orange		Sivaloka Day
					Pausha*Thai		

4		Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 13 Sutra 277 Subhakrit 5124	
Dhanus Rasi: 1.25	Tithi 28	Gulika	10:00AM – 11:12AM	Mula* Until 1:04AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:35AM	
	881586576	Yama	7:35AM – 8:48AM	Dhruva Until 11:26AM	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 38 - 13
Creative Work	Siddha Yoga	Rahu	1:37PM – 2:49PM	Gara Until 12:09PM	Nataraja: Clear		2nd Phase
Until 1:04AM Fri				Trayodashi* Until 10:25PM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Prabalarishta Yoga					Pausha*Thai		
					<i>Pradosha Vrata (Fasting)</i>		

5		Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 14 Sutra 278 Subhakrit 5124	
Dhanus Rasi: 16.26	Tithi 29	Gulika	8:47AM – 10:00AM	Purvashadha* Until 10:06PM	Ganesha: Red	<i>Sunrise:</i> 7:35AM	
	881586576	Yama	2:50PM – 4:02PM	Vyaghata* Until 7:20AM	Muruqa: Purple	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 38 - 14
Routine Work	Prabalarishta Yoga	Rahu	11:12AM – 12:25PM	Visti Until 8:38AM	Nataraja: Clear		2nd Phase
Until 10:06PM				Chaturdashi* Until 6:44PM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Pausha*Thai		

		Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Des Moines, IA Sun 15 Sutra 279 Subhakrit 5124	
Retreat Star		Gulika	7:34AM – 8:47AM	Uttarashadha Until 6:51PM	Ganesha: Red	<i>Sunrise:</i> 7:34AM	
Makara Rasi: 1.42	Tithi 30 – 1	Yama	1:38PM – 2:50PM	Vajra* Until 10:34PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 38 - 15
	881586576	Rahu	10:00AM – 11:12AM	Kintughna Until 12:57AM Sun	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 2:53PM	Moon – Light Blue		Sivaloka Day
Until 6:51PM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

Sunday, January 22, 2023		Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Des Moines, IA Sun 16 Sutra 280 Subhakrit 5124	
Makara Rasi: 17.02	Tithi 1 – 2	Gulika	2:51PM – 4:04PM	Shravana Until 3:53PM	Ganesha: Yellow	<i>Sunrise:</i> 7:34AM	
	891586576	Yama	12:25PM – 1:38PM	Siddhi Until 6:11PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 38 - 16
Creative Work	Amrita Yoga	Rahu	4:04PM – 5:17PM	Balava Until 9:09PM	Nataraja: Clear		Prathama
Until 3:53PM				Prathama* Until 11:01AM	Moon – Purple		Sivaloka Day
Then Routine Work - Marana Yoga					Magha*Thai		

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Gara Karana Dvitiya/Trilyayam Titau				Des Moines, IA
	Kumbha Rasi: 2.15	Tithi 2 - 3	Gulika	1:39PM - 2:52PM	Dhanishtha Until 1:00PM	Ganesha: Yellow	Sun 17
	Family Home Evening	891586576	Yama	11:12AM - 12:26PM	Vyatipata* Until 2:01PM	Muruqa: Purple	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu	8:46AM - 9:59AM	Gara Until 3:59AM Tue	Nataraja: Clear	Moon 1 - Phase 39 - 17
				Dvitiya Until 7:19AM	Moon - Purple	Sivaloka Day	
					Magha-Thai		

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturtham Titau				Des Moines, IA
	Kumbha Rasi: 17.13	Tithi 4	Gulika	12:26PM - 1:39PM	Shatabhishak Until 10:24AM	Ganesha: Red	Sun 18
		991586576	Yama	9:59AM - 11:12AM	Varyayan Until 10:09AM	Muruqa: Purple	Subhakrit 5124
	Routine Work Marana Yoga		Rahu	2:53PM - 4:06PM	Vanija Until 2:31PM	Nataraja: Clear	Moon 1 - Phase 39 - 18
				Chaturthi* Until 1:09AM Wed	Moon - Purple	Sivaloka Day	
					Magha-Thai		

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
	Meena Rasi: 1.45	Tithi 5	Gulika	11:12AM - 12:26PM	Purvaproshtapada* Until 8:38AM	Ganesha: Blue	Sun 19
		911586576	Yama	8:45AM - 9:59AM	Parigha* Until 6:46AM	Muruqa: Purple	Subhakrit 5124
	Creative Work Amrita Yoga		Rahu	12:26PM - 1:40PM	Bava Until 12:01PM	Nataraja: Clear	Moon 1 - Phase 39 - 19
Until 8:38AM				Panchami Until 11:01PM	Moon - Clear	Subha Sivaloka Day	
Then Creative Work - Siddha Yoga					Magha-Thai		

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA
	Meena Rasi: 15.49	Tithi 6	Gulika	9:58AM - 11:12AM	Uttaraproshtapada Until 7:26AM	Ganesha: Blue	Sun 20
		911586576	Yama	7:31AM - 8:45AM	Siddha Until 1:48AM Fri	Muruqa: Purple	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu	1:40PM - 2:54PM	Kaulava Until 10:15AM	Nataraja: Clear	Moon 1 - Phase 39 - 20
				Shashthi* Until 9:40PM	Moon - Clear	Subha Sivaloka Day	
					Magha-Thai		

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA
	Meena Rasi: 29.24	Tithi 7	Gulika	8:44AM - 9:58AM	Revati Until 6:55AM	Ganesha: Blue	Sun 21
		911586576	Yama	2:55PM - 4:09PM	Sadhya Until 12:20AM Sat	Muruqa: Purple	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu	11:12AM - 12:26PM	Gara Until 9:20AM	Nataraja: Clear	Moon 1 - Phase 39 - 21
Until 6:55AM				Saptami Until 9:11PM	Moon - Clear	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga					Magha-Thai		

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Des Moines, IA
	Mesha Rasi: 12.3	Tithi 8	Gulika	7:29AM - 8:43AM	Ashvini Until 7:32AM	Ganesha: White	Sun 22
		921686576	Yama	1:41PM - 2:55PM	Subha Until 11:31PM	Muruqa: Purple	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu	9:58AM - 11:12AM	Visti Until 9:18AM	Nataraja: Clear	Moon 1 - Phase 39 - 22
				Ashtami* Until 9:34PM	Moon - White	Devaloka Day	
					Magha-Thai		

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	Mesha Rasi: 25.11	Tithi 9	Gulika	2:56PM - 4:11PM	Bharani Until 8:48AM	Ganesha: Yellow	Sun 23
		922686576	Yama	12:27PM - 1:41PM	Sukla Until 11:16PM	Muruqa: Purple	Subhakrit 5124
	Routine Work Prabalarishta Yoga		Rahu	4:11PM - 5:25PM	Balava Until 10:04AM	Nataraja: Clear	Moon 1 - Phase 39 - 23
Until 8:48AM				Navami* Until 10:42PM	Moon - White	Sivaloka Day	
Then Creative Work - Siddha Yoga					Magha-Thai		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda


1	Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Des Moines, IA Sun 24 Sutra 288 Subhakrit 5124	
	Vrishabha Rasi: 7.34 Family Home Evening Routine Work Marana Yoga Until 10:35AM Then Creative Work - Amrita Yoga	Tithi 10 922686576	Gulika 1:42PM – 2:57PM Yama 11:12AM – 12:27PM Rahu 8:42AM – 9:57AM	Krittika Until 10:35AM Brahma Until 11:28PM Taitila Until 11:32AM Dashami Until 12:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha·Thai	Sunrise: 7:27AM Sunset: 5:27PM


2	Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Des Moines, IA Sun 25 Sutra 289 Subhakrit 5124	
	Vrishabha Rasi: 19.43 Creative Work Amrita Yoga Until 1:11PM Then Creative Work - Siddha Yoga	Tithi 11 932686576	Gulika 12:27PM – 1:42PM Yama 9:57AM – 11:12AM Rahu 2:58PM – 4:13PM	Rohini Until 1:11PM Indra Until 12:01AM Wed Vanija Until 1:31PM Ekadashi Until 2:37AM Wed	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha·Thai	Sunrise: 7:26AM Sunset: 5:28PM

3	Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Des Moines, IA Sun 26 Sutra 290 Subhakrit 5124	
	Mithuna Rasi: 1.43 Creative Work Siddha Yoga	Tithi 12 932686576	Gulika 11:12AM – 12:27PM Yama 8:42AM – 9:57AM Rahu 12:27PM – 1:42PM	Mrigashira Until 3:56PM Vaidhriti* Until 12:43AM Thu Bava Until 3:50PM Dvadashi Until 5:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha·Thai	Sunrise: 7:26AM Sunset: 5:28PM

4	Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Kaulava Karana Trayodashyam Titau		Des Moines, IA Sun 27 Sutra 291 Subhakrit 5124	
	Mithuna Rasi: 13.38 Routine Work Marana Yoga Until 6:40PM Then Creative Work - Amrita Yoga	Tithi 13 932686576	Gulika 9:56AM – 11:12AM Yama 7:25AM – 8:41AM Rahu 1:43PM – 2:58PM	Ardra Until 6:40PM Vishkambha* Until 1:32AM Fri Kaulava Until 6:18PM Trayodashi Until 7:32AM Fri <i>Pradosha Vrata</i>	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha·Thai	Sunrise: 7:25AM Sunset: 5:29PM

5	Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 29 Sutra 292 Subhakrit 5124	
	Mithuna Rasi: 25.31 Creative Work Siddha Yoga Until 9:47PM Then Routine Work - Marana Yoga	Tithi 13 – 14 942686577	Gulika 8:40AM – 9:56AM Yama 2:59PM – 4:15PM Rahu 11:12AM – 12:27PM	Punarvasu Until 9:47PM Priti Until 2:22AM Sat Gara Until 8:49PM Trayodashi Until 7:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha·Thai	Sunrise: 7:24AM Sunset: 5:31PM

	Saturday, February 4, 2023 Copper Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Des Moines, IA Sun 29 Sutra 293 Subhakrit 5124	
	Kataka Rasi: 7.23 Creative Work Siddha Yoga	Tithi 14 – 15 942686577	Gulika 7:23AM – 8:39AM Yama 1:44PM – 3:00PM Rahu 9:55AM – 11:12AM Thai Pusam	Pushya Until 12:41AM Sun Ayushman Until 3:08AM Sun Visti Until 11:17PM Chaturdashi* Until 10:02AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha·Thai	Sunrise: 7:23AM Sunset: 5:32PM

	Sunday, February 5, 2023 Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Des Moines, IA Sun 29 Sutra 294 Subhakrit 5124	
	Kataka Rasi: 19.18 Creative Work Siddha Yoga Until 3:19AM Mon Then Routine Work - Marana Yoga	Tithi 15 – 16 942686577	Gulika 3:00PM – 4:17PM Yama 12:28PM – 1:44PM Rahu 4:17PM – 5:33PM	Ashlesha* Until 3:19AM Mon Saubhagya Until 3:50AM Mon Balava Until 1:39AM Mon Purnima* Until 12:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha·Thai	Sunrise: 7:22AM Sunset: 5:33PM



Monday, February 6, 2023
Gold Retreat Star

Simha Rasi: 1.14 Tithi 16 - 17
Family Home Evening 952686577
Routine Work Marana Yoga
Until 6:10AM Tue
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Gulika 1:44PM - 3:01PM
Yama 11:11AM - 12:28PM
Rahu 8:38AM - 9:54AM

Magha* Until 6:10AM Tue
Sobhana Until 4:27AM Tue
Tailila Until 3:54AM Tue
Prathama* Until 2:46PM

Ganesha: Purple Sunrise: 7:21AM
Muruga: Purple Sunset: 5:34PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Des Moines, IA
Sutra 295
Subhakit 5124
Moon 2 - Phase 41 -
1st Phase

1

Tuesday, February 7, 2023

Simha Rasi: 13.14 Tithi 17 - 18
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:28PM - 1:45PM
Yama 9:54AM - 11:11AM
Rahu 3:02PM - 4:19PM

Magha* Until 6:10AM
Athiganda* Until 4:54AM Wed
Vanija Until 5:57AM Wed
Dvitiya Until 4:55PM

Ganesha: Purple Sunrise: 7:20AM
Muruga: Purple Sunset: 5:36PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Des Moines, IA
Sun 1 Sutra 296
Subhakit 5124
Moon 2 - Phase 41 -
1st Phase

2

Wednesday, February 8, 2023

Simha Rasi: 25.19 Tithi 18
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vistit* Karana Tritiyayam Titau

Gulika 11:11AM - 12:28PM
Yama 8:36AM - 9:53AM
Rahu 12:28PM - 1:45PM

Purvaphalguni Until 8:40AM
Sukarma Until 5:11AM Thu
Vistit Until 6:52PM
Tritiya Until 6:52PM

Ganesha: Purple Sunrise: 7:19AM
Muruga: Purple Sunset: 5:37PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Des Moines, IA
Sun 2 Sutra 297
Subhakit 5124
Moon 2 - Phase 41 -
1st Phase

3

Thursday, February 9, 2023

Kanya Rasi: 7.29 Tithi 19
Amrita Yoga
Until 10:45AM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:53AM - 11:10AM
Yama 7:18AM - 8:35AM
Rahu 1:45PM - 3:03PM

Uttaraphalguni Until 10:45AM
Dhriti Until 5:13AM Fri
Bava Until 7:44AM
Chaturthi* Until 8:29PM

Ganesha: Purple Sunrise: 7:18AM
Muruga: Purple Sunset: 5:38PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Des Moines, IA
Sun 3 Sutra 298
Subhakit 5124
Moon 2 - Phase 41 -
1st Phase

4

Friday, February 10, 2023

Kanya Rasi: 19.48 Tithi 20
Creative Work Amrita Yoga
Until 12:48PM
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 8:34AM - 9:52AM
Yama 3:04PM - 4:22PM
Rahu 11:10AM - 12:28PM

Hasta Until 12:48PM
Shula* Until 4:52AM Sat
Kaulava Until 9:11AM
Panchami Until 9:42PM

Ganesha: Clear Sunrise: 7:17AM
Muruga: Purple Sunset: 5:39PM
Nataraja: Orange
Moon - Green
Magha*Thai

Sivaloka Day

Des Moines, IA
Sun 4 Sutra 299
Subhakit 5124
Moon 2 - Phase 41 -
1st Phase

5

Saturday, February 11, 2023

Tula Rasi: 2.19 Tithi 21
Routine Work Marana Yoga
Until 2:13PM
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 7:15AM - 8:34AM
Yama 1:46PM - 3:04PM
Rahu 9:52AM - 11:10AM

Chitra Until 2:13PM
Ganda* Until 4:06AM Sun
Gara Until 10:08AM
Shashthi* Until 10:22PM

Ganesha: Purple Sunrise: 7:15AM
Muruga: Purple Sunset: 5:41PM
Nataraja: Orange
Moon - Green
Magha*Thai

Devaloka Day

Des Moines, IA
Sun 5 Sutra 300
Subhakit 5124
Moon 2 - Phase 41 -
1st Phase

6

Sunday, February 12, 2023

Tula Rasi: 15.06 Tithi 22
Creative Work Siddha Yoga
Until 2:52PM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Vistit*/Bava Karana Saptamyam Titau

Gulika 3:05PM - 4:23PM
Yama 12:28PM - 1:46PM
Rahu 4:23PM - 5:42PM

Svati Until 2:52PM
Vridhhi Until 2:49AM Mon
Vistit Until 10:29AM
Saptami Until 10:22PM

Ganesha: Purple Sunrise: 7:14AM
Muruga: Purple Sunset: 5:42PM
Nataraja: Orange
Moon - Green
Magha-Masi

Devaloka Day

Des Moines, IA
Sun 6 Sutra 301
Subhakit 5124
Moon 2 - Phase 41 -
1st Phase

Monday, February 13, 2023

Retreat Star

Tula Rasi: 28.13 Tithi 23
Family Home Evening 973686577
Routine Work Marana Yoga
Until 3:08PM
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:47PM - 3:06PM
Yama 11:09AM - 12:28PM
Rahu 8:32AM - 9:50AM

Vishakha Until 3:08PM
Dhruva Until 12:56AM Tue
Balava Until 10:07AM
Ashtami* Until 9:39PM

Ganesha: Clear Sunrise: 7:13AM
Muruga: Purple Sunset: 5:43PM
Nataraja: Orange
Moon - Orange
Magha-Masi

Sivaloka Day

Des Moines, IA
Sun 7 Sutra 302
Subhakit 5124
Moon 2 - Phase 41 -
Ashtami

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.44 Tithi 24
Creative Work Siddha Yoga
Until 2:32PM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 12:28PM - 1:47PM
Yama 9:50AM - 11:09AM
Rahu 3:06PM - 4:25PM

Anuradha Until 2:32PM
Vyaghata* Until 10:29PM
Tailila Until 9:02AM
Navami* Until 8:11PM

Ganesha: Clear Sunrise: 7:12AM
Muruga: Purple Sunset: 5:44PM
Nataraja: Orange
Moon - Orange
Magha-Masi

Sivaloka Day

Des Moines, IA
Sun 8 Sutra 303
Subhakit 5124
Moon 2 - Phase 41 -
Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

Il times are standard time. Calculated for Des Moines, IA on 4/26/:


www.gurudeva.org/panchang

1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Des Moines, IA
	Wrischika Rasi: 25.42	Tithi 25	Gulika 11:09AM – 12:28PM	Jyeshtha* Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 7:10AM	Sun 9 Sutra 304
	973686577	Rahu 12:28PM – 1:47PM	Yama 8:30AM – 9:49AM	Harshana Until 7:29PM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Subhakrit 5124
Creative Work Siddha Yoga				Vanija Until 7:13AM	Nataraja: Orange		Moon 2 - Phase 42 - 9
Until 1:05PM				Dashami Until 6:02PM	Moon – Orange		2nd Phase
Then Routine Work - Marana Yoga					Magha-Masi		Sivaloka Day

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Dhanus Rasi: 10.05	Tithi 26 – 27	Gulika 9:48AM – 11:08AM	Mula* Until 11:18AM	Ganesha: White	<i>Sunrise:</i> 7:09AM	Sun 10 Sutra 305
	983686577	Rahu 1:48PM – 3:07PM	Yama 7:09AM – 8:29AM	Vajra* Until 3:59PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Subhakrit 5124
Creative Work Siddha Yoga				Kaulava Until 1:43AM Fri	Nataraja: Orange		Moon 2 - Phase 42 - 10
				Ekadashi* Until 3:16PM	Moon – Light Blue		2nd Phase
					Magha-Masi		Devaloka Day

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Dhanus Rasi: 24.52	Tithi 27 – 28	Gulika 8:28AM – 9:48AM	Purvashadha* Until 8:53AM	Ganesha: White	<i>Sunrise:</i> 7:08AM	Sun 11 Sutra 306
	983686577	Rahu 11:08AM – 12:28PM	Yama 3:08PM – 4:28PM	Siddhi Until 12:08PM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Subhakrit 5124
Routine Work Prabalarishta Yoga				Gara Until 10:19PM	Nataraja: Orange		Moon 2 - Phase 42 - 11
Until 8:53AM				Dvadashi* Until 12:02PM	Moon – Light Blue		2nd Phase
Then Routine Work - Marana Yoga					Magha-Masi		Devaloka Day
							<i>Pradosha Vrata (Fasting)</i>

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam Shravana Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Makara Rasi: 9.55	Tithi 28 – 29	Gulika 7:06AM – 8:27AM	Shravana Until 3:11AM Sun	Ganesha: White	<i>Sunrise:</i> 7:06AM	Sun 12 Sutra 307
	983686577	Rahu 9:47AM – 11:07AM	Yama 1:48PM – 3:09PM	Vyatipata* Until 8:01AM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Subhakrit 5124
Creative Work Siddha Yoga				Visti Until 6:40PM	Nataraja: Orange		Moon 2 - Phase 42 - 12
Until 3:11AM Sun				Trayodashi* Until 8:29AM	Moon – Light Blue		2nd Phase
Then Routine Work - Marana Yoga					Magha-Masi		Devaloka Day

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA
	Retreat Star		Gulika 3:09PM – 4:30PM	Dhanishtha Until 12:16AM Mon	Ganesha: Green	<i>Sunrise:</i> 7:05AM	Sun 13 Sutra 308
	Makara Rasi: 25.06	Tithi 30	Yama 12:28PM – 1:48PM	Parigha* Until 11:31PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Subhakrit 5124
Routine Work Marana Yoga				Catuspada Until 2:57PM	Nataraja: Orange		Moon 2 - Phase 42 - 13
Until 12:16AM Mon				Amavasya* Until 1:07AM Mon	Moon – Purple		Amavasya
Then Creative Work - Siddha Yoga					Magha-Masi		Devaloka Day

Monday, February 20, 2023	Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA
	Kumbha Rasi: 10.16	Tithi 1	Gulika 1:49PM – 3:10PM	Shatabhishak Until 9:23PM	Ganesha: Green	<i>Sunrise:</i> 7:04AM	Sun 14 Sutra 309
	983686577	Rahu 8:25AM – 9:46AM	Yama 11:07AM – 12:28PM	Shiva Until 7:27PM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Subhakrit 5124
Family Home Evening				Kintughna Until 11:21AM	Nataraja: Orange		Moon 2 - Phase 42 - 14
Creative Work Siddha Yoga				Prathama* Until 9:38PM	Moon – Purple		Prathama
Until 9:23PM					Phalgun-Masi		Devaloka Day
Then Routine Work - Marana Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

ll times are standard time. Calculated for Des Moines, IA on 4/26/2

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1		Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Des Moines, IA Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 25.14	Tithi 2	Gulika 12:28PM – 1:49PM	Purvaproshtapada* Until 7:10PM	Ganesha: Red	<i>Sunrise:</i> 7:02AM		
		Yama 9:45AM – 11:06AM	Siddha Until 3:38PM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 43 - 15	
		913686577 Rahu 3:10PM – 4:32PM	Balava Until 8:02AM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 6:31PM	Moon – Clear		Sivaloka Day	
Until 7:10PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

2		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Des Moines, IA Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 9.53	Tithi 3 – 4	Gulika 11:06AM – 12:27PM	Uttaraproshtapada Until 5:21PM	Ganesha: Blue	<i>Sunrise:</i> 7:01AM		
		Yama 8:22AM – 9:44AM	Sadhya Until 12:16PM	Muruqa: Purple	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 43 - 16	
		913786577 Rahu 12:27PM – 1:49PM	Vanija Until 2:57AM Thu	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 3:57PM	Moon – Clear		Subha Sivaloka Day	
Until 5:21PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							

3		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Des Moines, IA Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 24.05	Tithi 4 – 5	Gulika 9:43AM – 11:05AM	Revati Until 4:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:59AM		
		Yama 6:59AM – 8:21AM	Subha Until 9:27AM	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 43 - 17	
		913786577 Rahu 1:49PM – 3:11PM	Bava Until 1:28AM Fri	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 2:05PM	Moon – Clear		Subha Sivaloka Day	
Until 4:05PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4		Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Des Moines, IA Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 7.48	Tithi 5 – 6	Gulika 8:20AM – 9:42AM	Ashvini Until 3:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:58AM		
		Yama 3:12PM – 4:34PM	Sukla Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 43 - 18	
		923786577 Rahu 11:05AM – 12:27PM	Kaulava Until 12:51AM Sat	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 1:02PM	Moon – White		Sivaloka Day	
Until 3:55PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

5		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Des Moines, IA Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 21.02	Tithi 6 – 7	Gulika 6:56AM – 8:19AM	Bharani Until 4:27PM	Ganesha: Blue	<i>Sunrise:</i> 6:56AM		
		Yama 1:50PM – 3:12PM	Indra Until 4:55AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 43 - 19	
		924786577 Rahu 9:42AM – 11:04AM	Gara Until 1:05AM Sun	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 12:50PM	Moon – White		Devaloka Day	
Until 4:27PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Des Moines, IA Sun 20 Sutra 315 Subhakrit 5124
Vrishabha Rasi: 3.5	Tithi 7 – 8	Gulika 3:13PM – 4:36PM	Krittika Until 5:39PM	Ganesha: Blue	<i>Sunrise:</i> 6:55AM		
		Yama 12:27PM – 1:50PM	Vaidhriti* Until 4:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 43 - 20	
		924786577 Rahu 4:36PM – 5:59PM	Visti Until 2:09AM Mon	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 1:30PM	Moon – White		Devaloka Day	
				Phalguna-Masi			

Retreat Star		Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Des Moines, IA Sun 21 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 16.16	Tithi 8 – 9	Gulika 1:50PM – 3:13PM	Rohini Until 7:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM		
Family Home Evening		Yama 11:03AM – 12:27PM	Vishkambha* Until 4:57AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 43 - 21	
		934786577 Rahu 8:17AM – 9:40AM	Balava Until 3:52AM Tue	Nataraja: Orange		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 2:55PM	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA Sun 22 Sutra 317 Subhakit 5124
	Wrishabha Rasi: 28.26	Tithi 9 – 10	Gulika 12:27PM – 1:50PM	Mrigashira Until 10:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:52AM	
		934786577	Yama 9:39AM – 11:03AM	Priti Until 5:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44 - 22
		Rahu 3:14PM – 4:38PM	Taitila Until 6:04AM Wed	Nataraja: Orange		4th Phase	
			Navami* Until 4:54PM	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

2	Wednesday, March 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 23 Sutra 318 Subhakit 5124
	Mithuna Rasi: 10.26	Tithi 10	Gulika 11:02AM – 12:26PM	Ardra Until 1:06AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM	
		934786577	Yama 8:13AM – 9:37AM	Ayushman Until 6:22AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 44 - 23
		Rahu 12:26PM – 1:51PM	Taitila Until 6:04AM	Nataraja: Orange		4th Phase	
			Dashami Until 7:15PM	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

3	Thursday, March 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 319 Subhakit 5124
	Mithuna Rasi: 22.2	Tithi 11	Gulika 9:37AM – 11:01AM	Punarvasu Until 4:14AM Fri	Ganesha: White	<i>Sunrise:</i> 6:47AM	
		944786577	Yama 6:47AM – 8:12AM	Ayushman Until 6:22AM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 44 - 24
		Rahu 1:51PM – 3:15PM	Vanija Until 8:31AM	Nataraja: Orange		4th Phase	
			Ekadashi Until 9:45PM	Moon – Blue		Devaloka Day	
				Phalguna-Masi			

4	Friday, March 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvodashyam Titau				Des Moines, IA Sun 25 Sutra 320 Subhakit 5124
	Kataka Rasi: 4.11	Tithi 12	Gulika 8:11AM – 9:36AM	Pushya Until 7:10AM Sat	Ganesha: White	<i>Sunrise:</i> 6:46AM	
		944786577	Yama 3:16PM – 4:41PM	Saubhagya Until 7:14AM	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 44 - 25
		Rahu 11:01AM – 12:26PM	Bava Until 11:02AM	Nataraja: Orange		4th Phase	
			Dvodashi Until 12:15AM Sat	Moon – Blue		Devaloka Day	
				Phalguna-Masi			

5	Saturday, March 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 321 Subhakit 5124
	Kataka Rasi: 16.04	Tithi 13	Gulika 6:44AM – 8:09AM	Pushya Until 7:10AM	Ganesha: White	<i>Sunrise:</i> 6:44AM	
		944786577	Yama 1:51PM – 3:16PM	Sobhana Until 8:05AM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 44 - 26
		Rahu 9:35AM – 11:00AM	Kaulava Until 1:28PM	Nataraja: Orange		4th Phase	
			Trayodashi Until 2:37AM Sun	Moon – Blue		Devaloka Day	
				Phalguna-Masi			
				<i>Pradosha Vrata</i>			

6	Sunday, March 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 322 Subhakit 5124
	Kataka Rasi: 28.01	Tithi 14	Gulika 3:17PM – 4:43PM	Ashlesha* Until 9:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:42AM	
		144786577	Yama 12:25PM – 1:51PM	Athiganda* Until 8:47AM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 44 - 27
		Rahu 4:43PM – 6:08PM	Gara Until 3:44PM	Nataraja: Orange		4th Phase	
			Chaturdashi* Until 4:45AM Mon	Moon – Blue		Devaloka Day	
				Phalguna-Masi			
				Chidambaram Abhishekam			

○	Monday, March 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA Sun 28 Sutra 323 Subhakit 5124
	Copper Retreat Star		Gulika 1:51PM – 3:17PM	Magha* Until 12:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	
	Simha Rasi: 10.02	Tithi 15	Yama 10:59AM – 12:25PM	Sukarma Until 9:19AM	Muruqa: Purple	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 44 -
Family Home Evening		Rahu 8:07AM – 9:33AM	Visti Until 5:45PM	Nataraja: Orange		Purnima	
			Purnima* Until 6:38AM Tue	Moon – Red		Sivaloka Day	
				Phalguna-Masi			
				Holi			

○	Tuesday, March 7, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA Sun 29 Sutra 324 Subhakit 5124
	Silver Retreat Star		Gulika 12:25PM – 1:51PM	Purvaphalguni Until 2:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	
	Simha Rasi: 22.1	Tithi 15 – 16	Yama 9:32AM – 10:58AM	Dhriti Until 9:40AM	Muruqa: Purple	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44 -
		Rahu 3:18PM – 4:44PM	Balava Until 7:28PM	Nataraja: Orange		Prathama	
			Purnima* Until 6:38AM	Moon – Red		Sivaloka Day	
				Phalguna-Masi			
				Chidambaram Abhishekam			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA

Sutra 325

Subhakra 5124

Kanya Rasi: 4.26 Tithi 16 – 17

154786577

Gulika 10:58AM – 12:25PM
Yama 8:04AM – 9:31AM
Rahu 12:25PM – 1:51PM

Uttaraphalguni Until 4:37PM

Shula* Until 9:44AM

Taitila Until 8:52PM

Prathama* Until 8:11AM

Ganesha: Clear *Sunrise:* 6:38AM

Muruqa: Purple *Sunset:* 6:12PM

Nataraja: Orange

Moon – Red

Phalguna-Masi

Sivaloka Day

Creative Work Amrita Yoga

Until 4:37PM

Then Routine Work - Marana Yoga

1 Thursday, March 9, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 326

Subhakra 5124

Kanya Rasi: 16.5 Tithi 17 – 18

164786577

Gulika 9:30AM – 10:57AM
Yama 6:36AM – 8:03AM
Rahu 1:52PM – 3:19PM

Hasta Until 6:25PM

Ganda* Until 9:34AM

Vanija Until 9:53PM

Dvitiya Until 9:24AM

Ganesha: White *Sunrise:* 6:36AM

Muruqa: Purple *Sunset:* 6:13PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 6:25PM

Then Creative Work - Siddha Yoga

2 Friday, March 10, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 327

Subhakra 5124

Kanya Rasi: 29.25 Tithi 18 – 19

165786577

Gulika 8:02AM – 9:29AM
Yama 3:19PM – 4:47PM
Rahu 10:57AM – 12:24PM

Chitra Until 7:40PM

Vridhhi Until 9:07AM

Bava Until 10:30PM

Tritiya Until 10:13AM

Ganesha: Yellow *Sunrise:* 6:34AM

Muruqa: Purple *Sunset:* 6:14PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3 Saturday, March 11, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 328

Subhakra 5124

Tula Rasi: 12.1 Tithi 19 – 20

165786577

Gulika 6:33AM – 8:00AM
Yama 1:52PM – 3:20PM
Rahu 9:28AM – 10:56AM

Svati Until 8:21PM

Dhruva Until 8:19AM

Kaulava Until 10:41PM

Chaturthi* Until 10:38AM

Ganesha: Yellow *Sunrise:* 6:33AM

Muruqa: Purple *Sunset:* 6:15PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

4 Sunday, March 12, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 329

Subhakra 5124

Tula Rasi: 25.09 Tithi 20 – 21

175786577

Gulika 3:20PM – 4:48PM
Yama 12:24PM – 1:52PM
Rahu 4:48PM – 6:16PM

Vishakha Until 8:52PM

Vyaghata* Until 7:11AM

Gara Until 10:23PM

Panchami Until 10:34AM

Ganesha: Blue *Sunrise:* 6:31AM

Muruqa: Purple *Sunset:* 6:16PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Routine Work Marana Yoga

5 Monday, March 13, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 330

Subhakra 5124

Vrischika Rasi: 8.23 Tithi 21 – 22

175786577

Gulika 1:52PM – 3:20PM
Yama 10:55AM – 12:23PM
Rahu 7:58AM – 9:26AM

Anuradha Until 8:44PM

Vajra* Until 3:43AM Tue

Visti Until 9:33PM

Shashthi* Until 10:01AM

Ganesha: Blue *Sunrise:* 6:29AM

Muruqa: Purple *Sunset:* 6:17PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Creative Work Siddha Yoga

Retreat Star Tuesday, March 14, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 331

Subhakra 5124

Vrischika Rasi: 21.55 Tithi 22 – 23

175786577

Gulika 12:23PM – 1:52PM
Yama 9:25AM – 10:54AM
Rahu 3:21PM – 4:50PM

Jyeshtha* Until 7:56PM

Siddhi Until 1:22AM Wed

Balava Until 8:12PM

Saptami Until 8:56AM

Ganesha: Blue *Sunrise:* 6:28AM

Muruqa: Purple *Sunset:* 6:18PM

Nataraja: Orange

Moon – Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

Until 7:56PM

Then Creative Work - Amrita Yoga

Retreat Star Wednesday, March 15, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 7 Sutra 332

Subhakra 5124

Dhanus Rasi: 5.44 Tithi 23 – 24

185786578

Gulika 10:54AM – 12:23PM
Yama 7:55AM – 9:24AM
Rahu 12:23PM – 1:52PM

Mula* Until 6:55PM

Vyatipata* Until 10:37PM

Taitila Until 6:20PM

Ashtami* Until 7:19AM

Ganesha: Red *Sunrise:* 6:26AM

Muruqa: Purple *Sunset:* 6:20PM

Nataraja: Clear

Moon – Light Blue

Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 6:55PM

Then Creative Work - Amrita Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

ll times are standard time. Calculated for Des Moines, IA on 4/26/23

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1		Thursday, March 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan Yoga Vanija/Visli* Karana Dashamyam Titau				Des Moines, IA
Dhanus Rasi: 19.53	Tithi 25	Gulika	9:23AM – 10:53AM	Purvashadha* Until 5:17PM	Ganesha: Red	<i>Sunrise:</i> 6:24AM	Sun 8	Sutra 333
		Yama	6:24AM – 7:54AM	Variyan Until 7:28PM	Muruqa: Purple	<i>Sunset:</i> 6:21PM		Subhakrit 5124
		185786578 Rahu	1:52PM – 3:22PM	Vanija Until 4:00PM	Nataraja: Clear		Moon 3 - Phase 46 - 8	2nd Phase
Creative Work	Siddha Yoga			Dashami Until 2:39AM Fri	Moon – Light Blue		Sivaloka Day	
Until 5:17PM					Phalguna•Panguni			
Then Routine Work - Marana Yoga								

2		Friday, March 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA
Makara Rasi: 4.2	Tithi 26	Gulika	7:53AM – 9:22AM	Uttarashadha Until 3:08PM	Ganesha: Red	<i>Sunrise:</i> 6:23AM	Sun 9	Sutra 334
		Yama	3:22PM – 4:52PM	Parigha* Until 4:02PM	Muruqa: Purple	<i>Sunset:</i> 6:22PM		Subhakrit 5124
		185786578 Rahu	10:52AM – 12:22PM	Bava Until 1:16PM	Nataraja: Clear		Moon 3 - Phase 46 - 9	2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 11:46PM	Moon – Light Blue		Sivaloka Day	
					Phalguna•Panguni			

3		Saturday, March 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Des Moines, IA
Makara Rasi: 19.01	Tithi 27	Gulika	6:21AM – 7:51AM	Shravana Until 12:59PM	Ganesha: Green	<i>Sunrise:</i> 6:21AM	Sun 10	Sutra 335
		Yama	1:52PM – 3:22PM	Shiva Until 12:23PM	Muruqa: Purple	<i>Sunset:</i> 6:23PM		Subhakrit 5124
		195786578 Rahu	9:21AM – 10:52AM	Kaulava Until 10:15AM	Nataraja: Clear		Moon 3 - Phase 46 - 10	2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 8:39PM	Moon – Purple		Subha Sivaloka Day	
					Phalguna•Panguni			

4		Sunday, March 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
Kumbha Rasi: 3.5	Tithi 28 – 29	Gulika	3:23PM – 4:53PM	Dhanishtha Until 10:34AM	Ganesha: Green	<i>Sunrise:</i> 6:19AM	Sun 11	Sutra 336
		Yama	12:22PM – 1:52PM	Siddha Until 8:35AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM		Subhakrit 5124
		196896578 Rahu	4:53PM – 6:24PM	Gara Until 7:04AM	Nataraja: Clear		Moon 3 - Phase 46 - 11	2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 5:27PM	Moon – Purple		Sivaloka Day	
Until 10:34AM					Phalguna•Panguni			
Then Creative Work - Siddha Yoga								

Monday, March 20, 2023		Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA
Kumbha Rasi: 18.4	Tithi 29 – 30	Gulika	1:52PM – 3:23PM	Shatabhishak Until 8:01AM	Ganesha: Green	<i>Sunrise:</i> 6:18AM	Sun 12	Sutra 337
Family Home Evening		Yama	10:50AM – 12:21PM	Subha Until 1:11AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:25PM		Subhakrit 5124
		196896578 Rahu	7:49AM – 9:19AM	Catuspada Until 12:50AM Tue	Nataraja: Clear		Moon 3 - Phase 46 - 12	Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 2:19PM	Moon – Purple		Sivaloka Day	
Until 8:01AM					Phalguna•Panguni			
Then Routine Work - Marana Yoga								

Tuesday, March 21, 2023		Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA
Meena Rasi: 3.22	Tithi 30 – 1	Gulika	12:21PM – 1:52PM	Uttaraproshtapada Until 4:01AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Sun 13	Sutra 338
		Yama	9:18AM – 10:50AM	Sukla Until 9:45PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM		Subhakrit 5124
		116896578 Rahu	3:24PM – 4:55PM	Kintughna Until 10:06PM	Nataraja: Clear		Moon 3 - Phase 46 - 13	Prathama
Creative Work	Amrita Yoga			Amavasya* Until 11:24AM	Moon – Clear		Devaloka Day	
Until 4:01AM Wed		Yugadhi			Chaitra•Panguni			
Then Routine Work - Marana Yoga								

1		Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sun 14 Sutra 339 Subhakrit 5124
Meena Rasi: 17.5	Tithi 1 – 2	Gulika 10:49AM – 12:21PM	Revati Until 2:28AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:14AM			
		Yama 7:46AM – 9:17AM	Brahma Until 6:43PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM		Moon 3 - Phase 47 - 14	
		116896578 Rahu 12:21PM – 1:52PM	Balava Until 7:48PM	Nataraja: Clear			3rd Phase	
Routine Work	Marana Yoga		Prathama* Until 8:52AM	Moon – Clear		Devaloka Day		
Until 2:28AM Thu				Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

2		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Des Moines, IA Sun 15 Sutra 340 Subhakrit 5124
Mesha Rasi: 1.57	Tithi 2 – 3	Gulika 9:16AM – 10:48AM	Ashvini Until 1:50AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:13AM			
		Yama 6:13AM – 7:45AM	Indra Until 4:11PM	Muruqa: Clear	<i>Sunset:</i> 6:28PM		Moon 3 - Phase 47 - 15	
		126896578 Rahu 1:52PM – 3:24PM	Taitila Until 6:06PM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 6:51AM	Moon – White		Devaloka Day		
Until 1:50AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni				
Then Creative Work - Siddha Yoga								

3		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Chatrthyam Titau				Des Moines, IA Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 15.4	Tithi 4	Gulika 7:43AM – 9:15AM	Bharani Until 1:48AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:11AM			
		Yama 3:25PM – 4:57PM	Vaidhriti* Until 2:10PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM		Moon 3 - Phase 47 - 16	
		126896578 Rahu 10:48AM – 12:20PM	Vanija Until 5:07PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Chatrurthi* Until 4:54AM Sat	Moon – White		Devaloka Day		
Until 1:48AM Sat				Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

4		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 28.57	Tithi 5	Gulika 6:09AM – 7:42AM	Krittika Until 2:22AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:09AM			
		Yama 1:53PM – 3:25PM	Vishkambha* Until 12:48PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM		Moon 3 - Phase 47 - 17	
		126896578 Rahu 9:14AM – 10:47AM	Bava Until 4:55PM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 5:05AM Sun	Moon – White		Devaloka Day		
Until 2:22AM Sun				Chaitra•Panguni				
Then Creative Work - Siddha Yoga								

5		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA Sun 18 Sutra 343 Subhakrit 5124
Wrishabha Rasi: 11.5	Tithi 6	Gulika 3:26PM – 4:59PM	Rohini Until 3:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:07AM			
		Yama 12:20PM – 1:53PM	Priti Until 12:03PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM		Moon 3 - Phase 47 - 18	
		137896578 Rahu 4:59PM – 6:32PM	Kaulava Until 5:30PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 6:02AM Mon	Moon – Yellow		Devaloka Day		
Until 3:59AM Mon				Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

6		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA Sun 19 Sutra 344 Subhakrit 5124
Wrishabha Rasi: 24.22	Tithi 6 – 7	Gulika 1:53PM – 3:26PM	Mrigashira Until 6:05AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:06AM			
Family Home Evening		Yama 10:46AM – 12:19PM	Ayushman Until 11:50AM	Muruqa: Clear	<i>Sunset:</i> 6:33PM		Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:39AM – 9:12AM	Gara Until 6:47PM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 6:02AM	Moon – Yellow		Devaloka Day		
Until 6:05AM Tue				Chaitra•Panguni				
Then Routine Work - Marana Yoga								

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Des Moines, IA Sun 20 Sutra 345 Subhakrit 5124
Mithuna Rasi: 6.37	Tithi 7 – 8	Gulika 12:19PM – 1:53PM	Mrigashira Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM			
		Yama 9:12AM – 10:45AM	Saubhagya Until 12:07PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM		Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:26PM – 5:00PM	Visiti Until 8:39PM	Nataraja: Clear			Ashtami	
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – Yellow		Devaloka Day		
Until 6:05AM				Chaitra•Panguni				
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 21 Sutra 346 Subhakrit 5124
Mithuna Rasi: 18.4	Tithi 8 – 9	Gulika 10:45AM – 12:19PM	Ardra Until 8:30AM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM			
		Yama 7:36AM – 9:11AM	Sobhana Until 12:45PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 3 - Phase 47 - 21	
		137896578 Rahu 12:19PM – 1:53PM	Balava Until 10:53PM	Nataraja: Clear			Navami	
Creative Work	Siddha Yoga		Ashtami* Until 9:42AM	Moon – Yellow		Devaloka Day		
		Sri Rama Navami		Chaitra•Panguni				

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

ll times are standard time. Calculated for Des Moines, IA on 4/26/2023

www.gurudeva.org/panchang

1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Des Moines, IA Sun 22 Sutra 347 Subhakrit 5124		
Kataka Rasi: 0.35	Tithi 9 – 10	Gulika 9:10AM – 10:44AM	Punarvasu Until 11:30AM	Ganesha: White	<i>Sunrise:</i> 6:01AM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 48 - 22 4th Phase
Creative Work	Amrita Yoga	Yama 6:01AM – 7:35AM	Athiganda* Until 1:32PM	Nataraja: Clear				
		147896578 Rahu 1:53PM – 3:27PM	Taitila Until 1:17AM Fri	Moon – Blue				
			Navami* Until 12:03PM	Chaitra* Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM

2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 23 Sutra 348 Subhakrit 5124		
Kataka Rasi: 12.29	Tithi 10 – 11	Gulika 7:34AM – 9:09AM	Pushya Until 2:26PM	Ganesha: White	<i>Sunrise:</i> 5:59AM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 48 - 23 4th Phase
Routine Work	Marana Yoga	Yama 3:28PM – 5:02PM	Sukarma Until 2:23PM	Nataraja: Clear				
		147896578 Rahu 10:43AM – 12:18PM	Vanija Until 3:41AM Sat	Moon – Blue				
		Yogaswami Mahasamadhi	Dashami Until 2:29PM	Chaitra* Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM

3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 24 Sutra 349 Subhakrit 5124		
Kataka Rasi: 24.23	Tithi 11 – 12	Gulika 5:59AM – 7:34AM	Ashlesha* Until 5:05PM	Ganesha: White	<i>Sunrise:</i> 5:59AM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 48 - 24 4th Phase
Routine Work	Marana Yoga	Yama 1:53PM – 3:28PM	Dhriti Until 3:11PM	Nataraja: Clear				
Until 5:05PM		147896578 Rahu 9:09AM – 10:43AM	Bava Until 5:54AM Sun	Moon – Blue				
Then Creative Work - Amrita Yoga			Ekadashi Until 4:48PM	Chaitra* Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Balava Karana Dvadashyam Titau		Des Moines, IA Sun 25 Sutra 350 Subhakrit 5124		
Simha Rasi: 6.22	Tithi 12	Gulika 3:28PM – 5:03PM	Magha* Until 7:50PM	Ganesha: Red	<i>Sunrise:</i> 5:57AM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 48 - 25 4th Phase
Routine Work	Marana Yoga	Yama 12:18PM – 1:53PM	Shula* Until 3:46PM	Nataraja: Clear				
Until 7:50PM		158896578 Rahu 5:03PM – 6:38PM	Balava Until 6:52PM	Moon – Red				
Then Creative Work - Siddha Yoga			Dvadashi Until 6:52PM	Chaitra* Panguni				Devaloka Day

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Des Moines, IA Sun 26 Sutra 351 Subhakrit 5124		
Simha Rasi: 18.28	Tithi 13	Gulika 1:53PM – 3:28PM	Purvaphalguni Until 10:04PM	Ganesha: Red	<i>Sunrise:</i> 5:56AM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 48 - 26 4th Phase
Family Home Evening		Yama 10:42AM – 12:17PM	Ganda* Until 4:06PM	Nataraja: Clear				
Creative Work	Siddha Yoga	158896578 Rahu 7:31AM – 9:07AM	Kaulava Until 7:48AM	Moon – Red				
			Trayodashi Until 8:34PM	Chaitra* Panguni				Devaloka Day
			<i>Pradosha Vrata</i>					

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Des Moines, IA Sun 27 Sutra 352 Subhakrit 5124		
Kanya Rasi: 0.44	Tithi 14	Gulika 12:17PM – 1:53PM	Uttaraphalguni Until 11:42PM	Ganesha: Red	<i>Sunrise:</i> 5:54AM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 48 - 27 4th Phase
Creative Work	Amrita Yoga	Yama 9:06AM – 10:41AM	Vridhhi Until 4:07PM	Nataraja: Clear				
Until 11:42PM		158896578 Rahu 3:29PM – 5:04PM	Gara Until 9:17AM	Moon – Red				
Then Creative Work - Siddha Yoga			Chaturdashi* Until 9:50PM	Chaitra* Panguni				Devaloka Day

○		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Des Moines, IA Sutra 353 Subhakrit 5124		
Copper Retreat Star		Gulika 10:41AM – 12:17PM	Hasta Until 1:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:52AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48 - Purnima
Kanya Rasi: 13.12	Tithi 15	Yama 7:28AM – 9:05AM	Dhruva Until 3:44PM	Nataraja: Clear				
Routine Work	Marana Yoga	168896578 Rahu 12:17PM – 1:53PM	Visti Until 10:17AM	Moon – Green				
Until 1:11AM Thu			Purnima* Until 10:36PM	Chaitra* Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Panguni Uttiram Hanuman Jayanti						

○		Thursday, April 6, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Des Moines, IA Sutra 354 Subhakrit 5124		
Silver Retreat Star		Gulika 9:04AM – 10:40AM	Chitra Until 2:03AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 48 - Prathama
Kanya Rasi: 25.53	Tithi 16	Yama 5:51AM – 7:27AM	Vyaghata* Until 3:00PM	Nataraja: Clear				
Creative Work	Siddha Yoga	168896578 Rahu 1:53PM – 3:29PM	Balava Until 10:49AM	Moon – Green				
			Prathama* Until 10:52PM	Chaitra* Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.48 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:26AM – 9:03AM
Yama 3:30PM – 5:07PM
168896578 **Rahu** 10:39AM – 12:16PM

Svati Until 2:18AM Sat
Harshana Until 1:54PM
Taitila Until 10:51AM
Dvitiya Until 10:41PM

Des Moines, IA
Sun 1 Sutra 355
Subhakrit 5124

Ganesha: Blue *Sunrise:* 5:49AM
Muruqa: Clear *Sunset:* 6:43PM

Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 21.56 Tithi 18
Creative Work Siddha Yoga
Until 2:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Tritiyayam Titau

Gulika 5:47AM – 7:25AM
Yama 1:53PM – 3:30PM
179896578 **Rahu** 9:02AM – 10:39AM

Vishakha Until 2:28AM Sun
Vajra* Until 12:26PM
Vanija Until 10:27AM
Tritiya Until 10:05PM

Des Moines, IA
Sun 2 Sutra 356
Subhakrit 5124

Ganesha: Red *Sunrise:* 5:47AM
Muruqa: Clear *Sunset:* 6:45PM

Nataraja: Clear
Moon – Orange

Devaloka Day
Chaitra•Panguni

2

Sunday, April 9, 2023

Virschika Rasi: 5.18 Tithi 19
Routine Work Marana Yoga
Until 2:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:31PM – 5:08PM
Yama 12:16PM – 1:53PM
179896578 **Rahu** 5:08PM – 6:46PM

Anuradha Until 2:07AM Mon
Siddhi Until 10:40AM
Bava Until 9:40AM
Chaturthi* Until 9:06PM

Des Moines, IA
Sun 3 Sutra 357
Subhakrit 5124

Ganesha: Red *Sunrise:* 5:46AM
Muruqa: Clear *Sunset:* 6:46PM

Nataraja: Clear
Moon – Orange

Devaloka Day
Chaitra•Panguni

3

Monday, April 10, 2023

Virschika Rasi: 18.52 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 1:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:53PM – 3:31PM
Yama 10:38AM – 12:15PM
179896578 **Rahu** 7:22AM – 9:00AM

Jyeshtha* Until 1:17AM Tue
Vyatipata* Until 8:38AM
Kaulava Until 8:30AM
Panchami Until 7:47PM

Des Moines, IA
Sun 4 Sutra 358
Subhakrit 5124

Ganesha: Red *Sunrise:* 5:44AM
Muruqa: Clear *Sunset:* 6:47PM

Nataraja: Clear
Moon – Orange

Devaloka Day
Chaitra•Panguni

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.37 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:15PM – 1:53PM
Yama 8:59AM – 10:37AM
189896578 **Rahu** 3:31PM – 5:10PM

Mula* Until 12:28AM Wed
Variyan Until 6:19AM
Gara Until 7:02AM
Shashthi* Until 6:10PM

Des Moines, IA
Sun 5 Sutra 359
Subhakrit 5124

Ganesha: Green *Sunrise:* 5:42AM
Muruqa: Clear *Sunset:* 6:48PM

Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Wednesday, April 12, 2023

Dhanus Rasi: 16.33 Tithi 22 – 23
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:36AM – 12:15PM
Yama 7:19AM – 8:58AM
189896578 **Rahu** 12:15PM – 1:53PM

Purvashadha* Until 11:14PM
Shiva Until 1:04AM Thu
Balava Until 3:15AM Thu
Saptami Until 4:16PM

Des Moines, IA
Sun 6 Sutra 360
Subhakrit 5124

Ganesha: Green *Sunrise:* 5:41AM
Muruqa: Clear *Sunset:* 6:49PM

Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.38 Tithi 23 – 24
Routine Work Marana Yoga
Until 9:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:57AM – 10:36AM
Yama 5:39AM – 7:18AM
189996578 **Rahu** 1:53PM – 3:32PM

Uttarashadha Until 9:39PM
Siddha Until 10:08PM
Taitila Until 1:01AM Fri
Ashtami* Until 2:09PM

Des Moines, IA
Sun 7 Sutra 361
Subhakrit 5124

Ganesha: White *Sunrise:* 5:39AM
Muruqa: Clear *Sunset:* 6:50PM

Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023
Retreat Star

Makara Rasi: 14.52 Tithi 24 – 25
Routine Work Marana Yoga
Until 8:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:17AM – 8:56AM
Yama 3:33PM – 5:12PM
299996578 **Rahu** 10:35AM – 12:14PM

Shravana Until 8:10PM
Sadhya Until 7:05PM
Vanija Until 10:38PM
Navami* Until 11:49AM

Des Moines, IA
Sun 8 Sutra 362
Sobhana 5125

Ganesha: White *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:51PM

Nataraja: Clear
Moon – Purple


Bhuloka Day
Chaitra•Chaitra
Devaloka Time: 3:PM to 6:PM

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Makara Rasi: 29.12	Tithi 25 - 26	Gulika 5:36AM - 7:16AM	Dhanishtha Until 6:26PM	Ganesha: White	<i>Sunrise:</i> 5:36AM	Sun 9 Sutra 363
		299996578 Rahu 8:55AM - 10:35AM	Subha Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Sobhana 5125	
	Creative Work Siddha Yoga		Bava Until 8:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9	
	Until 6:26PM		Dashami Until 9:22AM	Moon - Purple		2nd Phase	
	Then Creative Work - Amrita Yoga			Chaitra+Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Kumbha Rasi: 13.35	Tithi 26 - 27	Gulika 3:34PM - 5:13PM	Shatabhishak Until 4:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Sun 10 Sutra 364
		291996578 Rahu 5:13PM - 6:53PM	Sukla Until 12:46PM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Sobhana 5125	
	Creative Work Siddha Yoga		Taitila Until 4:22AM Mon	Nataraja: Clear		Moon 4 - Phase 1 - 10	
			Ekadashi* Until 6:51AM	Moon - Purple		2nd Phase	
				Chaitra+Chaitra	Devaloka Day		

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA
	Kumbha Rasi: 27.57	Tithi 28	Gulika 1:54PM - 3:34PM	Purvaproshtapada* Until 3:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM	Sun 11 Sutra 1
Family Home Evening		211996578 Rahu 7:13AM - 8:53AM	Brahma Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Sobhana 5125	
	Routine Work Marana Yoga		Gara Until 3:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 11	
	Until 3:01PM		Trayodashi* Until 2:01AM Tue	Moon - Clear		2nd Phase	
	Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>	Chaitra+Chaitra	Devaloka Day		

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Des Moines, IA
	Meena Rasi: 12.13	Tithi 29	Gulika 12:13PM - 1:54PM	Uttaraproshtapada Until 1:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:31AM	Sun 12 Sutra 2
		211996578 Rahu 3:34PM - 5:15PM	Indra Until 6:40AM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Sobhana 5125	
	Creative Work Amrita Yoga		Visti Until 12:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12	
	Until 1:32PM		Chaturdashi* Until 11:55PM	Moon - Clear		2nd Phase	
	Then Creative Work - Siddha Yoga			Chaitra+Chaitra	Devaloka Day		

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA
	Retreat Star		Gulika 10:32AM - 12:13PM	Revati Until 12:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:30AM	Sun 13 Sutra 3
	Meena Rasi: 26.17	Tithi 30	Yama 7:11AM - 8:52AM	Vishkambha* Until 1:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Sobhana 5125
		211996578 Rahu 12:13PM - 1:54PM	Catuspada Until 11:02AM	Nataraja: Clear		Moon 4 - Phase 1 - 13	
	Routine Work Marana Yoga		Amavasya* Until 10:12PM	Moon - Clear		Amavasya	
				Chaitra+Chaitra	Devaloka Day		

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA
	Mesha Rasi: 10.07	Tithi 1	Gulika 8:51AM - 10:32AM	Ashvini Until 11:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Sun 14 Sutra 4
		221996578 Rahu 1:54PM - 3:35PM	Priti Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Sobhana 5125	
	Creative Work Amrita Yoga		Kintughna Until 9:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14	
	Until 11:39AM		Prathama* Until 8:58PM	Moon - White		Prathama	
	Then Creative Work - Siddha Yoga			Vaisaka+Chaitra	Devaloka Day		

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA Sun 15 Sutra 5 Sobhana 5125
	Mesha Rasi: 23.38	Tithi 2	Gulika 7:08AM – 8:50AM	Bharani Until 11:28AM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	
			Yama 3:36PM – 5:17PM	Ayushman Until 9:53PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2 - 15
	Creative Work	Siddha Yoga	221996578 Rahu 10:31AM – 12:13PM	Balava Until 8:35AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 8:19PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA Sun 16 Sutra 6 Sobhana 5125
	Visshabha Rasi: 6.48	Tithi 3	Gulika 5:25AM – 7:07AM	Krittika Until 11:44AM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	
			Yama 1:54PM – 3:36PM	Saubhagya Until 8:51PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2 - 16
	Creative Work	Amrita Yoga	221996578 Rahu 8:49AM – 10:31AM	Taitila Until 8:15AM	Nataraja: Clear		3rd Phase
			Tritiya Until 8:19PM	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Des Moines, IA Sun 17 Sutra 7 Sobhana 5125
	Visshabha Rasi: 19.39	Tithi 4	Gulika 3:36PM – 5:19PM	Rohini Until 12:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:24AM	
			Yama 12:12PM – 1:54PM	Sobhana Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 2 - 17
	Creative Work	Siddha Yoga	231996578 Rahu 5:19PM – 7:01PM	Vanija Until 8:35AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 8:59PM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA Sun 18 Sutra 8 Sobhana 5125
	Mithuna Rasi: 2.11	Tithi 5	Gulika 1:55PM – 3:37PM	Mrigashira Until 2:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:22AM	
	Family Home Evening		Yama 10:30AM – 12:12PM	Athiganda* Until 8:17PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2 - 18
	Creative Work	Amrita Yoga	231996578 Rahu 7:05AM – 8:47AM	Bava Until 9:34AM	Nataraja: Clear		3rd Phase
			Panchami Until 10:15PM	Moon – Yellow		Devaloka Day	
			Adi Sankara Jayanthi	Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA Sun 19 Sutra 9 Sobhana 5125
	Mithuna Rasi: 14.29	Tithi 6	Gulika 12:12PM – 1:55PM	Ardra Until 4:44PM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	
			Yama 8:46AM – 10:29AM	Sukarma Until 8:38PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 2 - 19
	Routine Work	Marana Yoga	231996579 Rahu 3:37PM – 5:20PM	Kaulava Until 11:07AM	Nataraja: Purple		3rd Phase
			Shashthi* Until 12:02AM Wed	Moon – Yellow		Sivaloka Day	
				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA Sun 20 Sutra 10 Sobhana 5125
	Mithuna Rasi: 26.34	Tithi 7	Gulika 10:29AM – 12:12PM	Punarvasu Until 7:31PM	Ganesha: Green	<i>Sunrise:</i> 5:20AM	
			Yama 7:03AM – 8:46AM	Dhriti Until 9:18PM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2 - 20
	Creative Work	Siddha Yoga	241996579 Rahu 12:12PM – 1:55PM	Gara Until 1:06PM	Nataraja: Purple		3rd Phase
			Saptami Until 2:11AM Thu	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Des Moines, IA Sun 21 Sutra 11 Sobhana 5125
	Retreat Star		Gulika 8:45AM – 10:28AM	Pushya Until 10:21PM	Ganesha: Red	<i>Sunrise:</i> 5:18AM	
	Kataka Rasi: 8.32	Tithi 8	Yama 5:18AM – 7:01AM	Shula* Until 10:06PM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 2 - 21
	Creative Work	Amrita Yoga	242996579 Rahu 1:55PM – 3:38PM	Visiti Until 3:21PM	Nataraja: Purple		Ashtami
			Ashtami* Until 4:30AM Fri	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA Sun 22 Sutra 12 Sobhana 5125
	Retreat Star		Gulika 7:00AM – 8:44AM	Ashlesha* Until 1:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:17AM	
	Kataka Rasi: 20.27	Tithi 9	Yama 3:39PM – 5:22PM	Ganda* Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 2 - 22
	Routine Work	Marana Yoga	242996579 Rahu 10:28AM – 12:11PM	Balava Until 5:42PM	Nataraja: Purple		Navami
			Navami* Until 6:49AM Sat	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, April 29, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Des Moines, IA Sun 23 Sutra 13	
Simha Rasi: 2.22	Tithi 9 – 10	Gulika	5:15AM – 6:59AM	Magha* Until 3:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:15AM	Sobhana 5125		
		Yama	1:55PM – 3:39PM	Vriddhi Until 11:42PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3 - 23		
		252996579 Rahu	8:43AM – 10:27AM	Taitila Until 7:55PM	Nataraja: Purple		4th Phase		
Creative Work	Amrita Yoga			Navami* Until 6:49AM	Moon – Red		Devaloka Day		
Until 3:56AM Sun					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga									

2		Sunday, April 30, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 24 Sutra 14	
Simha Rasi: 14.22	Tithi 10 – 11	Gulika	3:40PM – 5:24PM	Purvaphalguni Until 6:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:14AM	Sobhana 5125		
		Yama	12:11PM – 1:55PM	Dhruva Until 12:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3 - 24		
		252996579 Rahu	5:24PM – 7:08PM	Vanija Until 9:51PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga			Dashami Until 8:55AM	Moon – Red		Devaloka Day		
					Vaisaka-Chaitra				

3		Monday, May 1, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA Sun 25 Sutra 15	
Simha Rasi: 26.31	Tithi 11 – 12	Gulika	1:56PM – 3:41PM	Purvaphalguni Until 6:17AM	Ganesha: Blue	<i>Sunrise:</i> 5:11AM	Sobhana 5125		
Family Home Evening		Yama	10:26AM – 12:11PM	Vyaghata* Until 12:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3 - 25		
		252996579 Rahu	6:56AM – 8:41AM	Bava Until 11:19PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga			Ekadashi Until 10:38AM	Moon – Red		Devaloka Day		
					Vaisaka-Chaitra				

4		Tuesday, May 2, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Des Moines, IA Sun 26 Sutra 16	
Kanya Rasi: 8.52	Tithi 12 – 13	Gulika	12:11PM – 1:56PM	Uttaraphalguni Until 8:00AM	Ganesha: Blue	<i>Sunrise:</i> 5:10AM	Sobhana 5125		
		Yama	8:40AM – 10:26AM	Harshana Until 11:58PM	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 3 - 26		
		252996579 Rahu	3:41PM – 5:26PM	Kaulava Until 12:11AM Wed	Nataraja: Purple		4th Phase		
Creative Work	Amrita Yoga			Dvadashi Until 11:48AM	Moon – Red		Devaloka Day		
Until 8:00AM					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata</i>		

5		Wednesday, May 3, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 27 Sutra 17	
Kanya Rasi: 21.29	Tithi 13 – 14	Gulika	10:25AM – 12:11PM	Hasta Until 9:27AM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Sobhana 5125		
		Yama	6:54AM – 8:40AM	Vajra* Until 11:07PM	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3 - 27		
		252996579 Rahu	12:11PM – 1:56PM	Gara Until 12:26AM Thu	Nataraja: Purple		4th Phase		
Routine Work	Marana Yoga			Trayodashi Until 12:22PM	Moon – Green		Sivaloka Day		
Until 9:27AM					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga									

		Thursday, May 4, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Des Moines, IA Sun 28 Sutra 18	
Tula Rasi: 4.24	Tithi 14 – 15	Gulika	8:39AM – 10:25AM	Chitra Until 10:07AM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM	Sobhana 5125		
		Yama	5:07AM – 6:53AM	Siddhi Until 9:48PM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 3 - Purnima		
		252996579 Rahu	1:56PM – 3:42PM	Vistil Until 12:03AM Fri	Nataraja: Purple				
Creative Work	Siddha Yoga			Chaturdashi* Until 12:18PM	Moon – Green		Sivaloka Day		
Until 10:07AM					Vaisaka-Chaitra				
Then Creative Work - Amrita Yoga									

0		Friday, May 5, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Des Moines, IA Sun 29 Sutra 19	
Tula Rasi: 17.39	Tithi 15 – 16	Gulika	6:52AM – 8:38AM	Svati Until 10:02AM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM	Sobhana 5125		
		Yama	3:42PM – 5:29PM	Vyatipata* Until 8:01PM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 3 - Prathama		
		252996579 Rahu	10:24AM – 12:10PM	Balava Until 11:05PM	Nataraja: Purple				
Creative Work	Siddha Yoga			Purnima* Until 11:37AM	Moon – Green		Sivaloka Day		
					Vaisaka-Chaitra				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda