



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Downers Grove, IL

Tula Rasi: 12.45 Tithi 16 – 17

Gulika 3:13PM – 4:54PM
Yama 11:52AM – 1:33PM
268345478 **Rahu** 4:54PM – 6:34PM

Svati Until 5:55PM
Vajra* Until 12:09PM
Taitila Until 9:16PM
Prathama* Until 10:33AM

Ganesha: Clear *Sunrise:* 5:10AM
Muruqa: White *Sunset:* 6:34PM
Nataraja: White
Moon – Green
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Creative Work Siddha Yoga
Until 5:55PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Downers Grove, IL

Tula Rasi: 27.12 Tithi 17 – 18

Gulika 1:33PM – 3:14PM
Yama 10:11AM – 11:52AM
278345478 **Rahu** 6:49AM – 8:30AM

Vishakha Until 4:07PM
Siddhi Until 8:51AM
Vanija Until 6:32PM
Dvitya Until 7:54AM

Ganesha: Purple *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 6:36PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 4:07PM
Then Creative Work - Siddha Yoga

Bhuloka Day

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Downers Grove, IL

Virschika Rasi: 11.44 Tithi 19

Gulika 11:52AM – 1:33PM
Yama 8:29AM – 10:10AM
278345478 **Rahu** 3:14PM – 4:55PM

Anuradha Until 2:06PM
Variyan Until 2:05AM Wed
Bava Until 3:45PM
Chaturthi* Until 2:21AM Wed

Ganesha: Purple *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
2nd Phase

Creative Work Siddha Yoga
Until 2:06PM
Then Routine Work - Marana Yoga

Bhuloka Day

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Downers Grove, IL

Virschika Rasi: 26.17 Tithi 20

Gulika 10:10AM – 11:51AM
Yama 6:47AM – 8:28AM
278345478 **Rahu** 11:51AM – 1:33PM

Jyeshtha* Until 12:00PM
Parigha* Until 10:47PM
Kaulava Until 1:01PM
Panchami Until 11:40PM

Ganesha: Purple *Sunrise:* 5:05AM
Muruqa: White *Sunset:* 6:38PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
3rd Phase

Creative Work Siddha Yoga
Until 12:00PM
Then Routine Work - Marana Yoga

Bhuloka Day

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Downers Grove, IL

Dhanus Rasi: 10.44 Tithi 21

Gulika 8:27AM – 10:09AM
Yama 5:03AM – 6:45AM
288345478 **Rahu** 1:33PM – 3:15PM

Mula* Until 10:19AM
Shiva Until 7:39PM
Gara Until 10:25AM
Shashthi* Until 9:11PM

Ganesha: Clear *Sunrise:* 5:03AM
Muruqa: White *Sunset:* 6:39PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
4th Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Downers Grove, IL

Dhanus Rasi: 25.03 Tithi 22

Gulika 6:44AM – 8:26AM
Yama 3:15PM – 4:58PM
289345478 **Rahu** 10:09AM – 11:51AM

Purvashadha* Until 8:43AM
Siddha Until 4:42PM
Visti Until 8:03AM
Saptami Until 6:57PM

Ganesha: Purple *Sunrise:* 5:02AM
Muruqa: White *Sunset:* 6:40PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
5th Phase

Routine Work Prabalarishta Yoga
Until 8:43AM
Then Routine Work - Marana Yoga

Devaloka Day

6

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Downers Grove, IL

Makara Rasi: 9.1 Tithi 23 – 24

Gulika 5:00AM – 6:43AM
Yama 1:33PM – 3:16PM
289345478 **Rahu** 8:26AM – 10:08AM

Uttarashadha Until 7:15AM
Sadhya Until 2:00PM
Taitila Until 4:12AM Sun
Ashtami* Until 5:02PM

Ganesha: Purple *Sunrise:* 5:00AM
Muruqa: White *Sunset:* 6:41PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
6th Phase
Ashtami

Routine Work Marana Yoga
Until 7:15AM
Then Creative Work - Siddha Yoga

Devaloka Day

Sunday, April 24, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Downers Grove, IL

Makara Rasi: 23.05 Tithi 24 – 25

Gulika 3:16PM – 4:59PM
Yama 11:51AM – 1:33PM
299345479 **Rahu** 4:59PM – 6:42PM

Shravana Until 6:24AM
Subha Until 11:35AM
Vanija Until 2:47AM Mon
Navami* Until 3:26PM

Ganesha: Clear *Sunrise:* 4:59AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
7th Phase
Navami

Creative Work Amrita Yoga
Until 6:24AM
Then Routine Work - Marana Yoga

Devaloka Day

<h1 style="font-size: 48px; margin: 0;">1</h1> <p>Monday, April 25, 2022</p> <p>Kumbha Rasi: 6.48 Tithi 25 – 26</p> <p>Family Home Evening</p> <p>Creative Work Siddha Yoga</p> <p>Until 5:19AM Tue</p> <p>Then Routine Work - Marana Yoga</p>	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau			Downers Grove, IL Sun 8 Sutra 8 Subhakrit 5124
	Gulika 1:34PM – 3:17PM Yama 10:07AM – 11:50AM Rahu 6:41AM – 8:24AM	Shatabhishak Until 5:19AM Tue Sukla Until 9:26AM Bava Until 1:45AM Tue Dashami Until 2:12PM	Ganesha: Clear <i>Sunrise:</i> 4:58AM Muruqa: White <i>Sunset:</i> 6:43PM Nataraja: Clear Moon – Purple Chaitra+Chaitra	Moon 4 - Phase 2 - 8 2nd Phase Devaloka Day

<h1 style="font-size: 48px; margin: 0;">2</h1> <p>Tuesday, April 26, 2022</p> <p>Kumbha Rasi: 20.17 Tithi 26 – 27</p> <p>Routine Work Marana Yoga</p> <p>Until 5:36AM Wed</p> <p>Then Creative Work - Siddha Yoga</p>	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Downers Grove, IL Sun 9 Sutra 9 Subhakrit 5124
	Gulika 11:50AM – 1:34PM Yama 8:23AM – 10:07AM Rahu 3:17PM – 5:01PM	Purvaproshtapada* Until 5:36AM Wed Brahma Until 7:36AM Kaulava Until 1:07AM Wed Ekadashi* Until 1:21PM	Ganesha: Red <i>Sunrise:</i> 4:56AM Muruqa: White <i>Sunset:</i> 6:44PM Nataraja: Clear Moon – Clear Chaitra+Chaitra	Moon 4 - Phase 2 - 9 2nd Phase Devaloka Day

<h1 style="font-size: 48px; margin: 0;">3</h1> <p>Wednesday, April 27, 2022</p> <p>Meena Rasi: 3.32 Tithi 27 – 28</p> <p>Creative Work Siddha Yoga</p>	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaproshtapada Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Downers Grove, IL Sun 10 Sutra 10 Subhakrit 5124
	Gulika 10:06AM – 11:50AM Yama 6:39AM – 8:22AM Rahu 11:50AM – 1:34PM	Uttaproshtapada Until 6:10AM Thu Indra Until 6:07AM Gara Until 12:54AM Thu Dvadashi* Until 12:56PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red <i>Sunrise:</i> 4:55AM Muruqa: White <i>Sunset:</i> 6:45PM Nataraja: Clear Moon – Clear Chaitra+Chaitra	Moon 4 - Phase 2 - 10 2nd Phase Devaloka Day

<h1 style="font-size: 48px; margin: 0;">4</h1> <p>Thursday, April 28, 2022</p> <p>Meena Rasi: 16.34 Tithi 28 – 29</p> <p>Creative Work Siddha Yoga</p>	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaproshtapada/Revati Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau			Downers Grove, IL Sun 11 Sutra 11 Subhakrit 5124
	Gulika 8:22AM – 10:06AM Yama 4:53AM – 6:38AM Rahu 1:34PM – 3:18PM	Uttaproshtapada Until 6:10AM Vishkambha* Until 4:11AM Fri Visti Until 1:10AM Fri Trayodashi* Until 12:57PM	Ganesha: Blue <i>Sunrise:</i> 4:53AM Muruqa: White <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – Clear Chaitra+Chaitra	Moon 4 - Phase 2 - 11 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

<h1 style="font-size: 48px; margin: 0;">Friday, April 29, 2022</h1> <p style="text-align: center;">Retreat Star</p> <p>Meena Rasi: 29.22 Tithi 29 – 30</p> <p>Creative Work Siddha Yoga</p> <p>Until 7:02AM</p> <p>Then Creative Work - Amrita Yoga</p>	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Downers Grove, IL Sun 12 Sutra 12 Subhakrit 5124
	Gulika 6:36AM – 8:21AM Yama 3:19PM – 5:03PM Rahu 10:05AM – 11:50AM	Revati Until 7:02AM Priti Until 3:48AM Sat Catuspada Until 1:55AM Sat Chaturdashi* Until 1:27PM	Ganesha: White <i>Sunrise:</i> 4:52AM Muruqa: White <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Clear Chaitra+Chaitra	Moon 4 - Phase 2 - 12 Amavasya Bhuloka Day Devaloka Time: 6:PM to 9:PM

<h1 style="font-size: 48px; margin: 0;">Saturday, April 30, 2022</h1> <p style="text-align: center;">Retreat Star</p> <p>Mesha Rasi: 11.56 Tithi 30 – 1</p> <p>Creative Work Siddha Yoga</p>	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Downers Grove, IL Sun 13 Sutra 13 Subhakrit 5124
	Gulika 4:51AM – 6:35AM Yama 1:34PM – 3:19PM Rahu 8:20AM – 10:05AM	Ashvini Until 8:41AM Ayushman Until 3:46AM Sun Kintughna Until 3:10AM Sun Amavasya* Until 2:27PM	Ganesha: Green <i>Sunrise:</i> 4:51AM Muruqa: White <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – White Vaisaka+Chaitra	Moon 4 - Phase 2 - 13 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Downers Grove, IL Sun 14 Sutra 14	
Mesha Rasi: 24.17	Tithi 1 – 2	Gulika 3:20PM – 5:05PM	Bharani Until 10:40AM	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Subhakrit 5124
		Yama 11:49AM – 1:34PM	Saubhagya Until 4:07AM Mon	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 3 - 14
		221445479 Rahu 5:05PM – 6:50PM	Balava Until 4:52AM Mon	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 3:56PM	Moon – White		
Until 10:40AM				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						
2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Downers Grove, IL Sun 15 Sutra 15	
Vrishabha Rasi: 6.26	Tithi 2 – 3	Gulika 1:35PM – 3:20PM	Krittika Until 12:55PM	Ganesha: Green	<i>Sunrise:</i> 4:48AM	Subhakrit 5124
Family Home Evening		Yama 10:04AM – 11:49AM	Sobhana Until 4:47AM Tue	Muruqa: White	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 3 - 15
Routine Work	Marana Yoga	221445479 Rahu 6:33AM – 8:19AM	Taitila Until 6:58AM Tue	Nataraja: Clear		3rd Phase
Until 12:55PM			Dvitiya Until 5:51PM	Moon – White		
Then Creative Work - Amrita Yoga				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau			Downers Grove, IL Sun 16 Sutra 16	
Vrishabha Rasi: 18.26	Tithi 3	Gulika 11:49AM – 1:35PM	Rohini Until 3:50PM	Ganesha: White	<i>Sunrise:</i> 4:47AM	Subhakrit 5124
		Yama 8:18AM – 10:04AM	Athiganda* Until 5:38AM Wed	Muruqa: White	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3 - 16
		221445479 Rahu 3:20PM – 5:06PM	Taitila Until 6:58AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:06PM	Moon – Yellow		
Until 3:50PM		Akshaya Tritiya		Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						
4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Vanija/Vishti* Karana Chaturthyam Titau			Downers Grove, IL Sun 17 Sutra 17	
Mithuna Rasi: 0.2	Tithi 4	Gulika 10:03AM – 11:49AM	Mrigashira Until 6:48PM	Ganesha: White	<i>Sunrise:</i> 4:45AM	Subhakrit 5124
		Yama 6:31AM – 8:17AM	Sukarma Until 6:37AM Thu	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3 - 17
		221445479 Rahu 11:49AM – 1:35PM	Vanija Until 9:21AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:34PM	Moon – Yellow		
				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau			Downers Grove, IL Sun 18 Sutra 18	
Mithuna Rasi: 12.1	Tithi 5	Gulika 8:17AM – 10:03AM	Ardra Until 9:40PM	Ganesha: White	<i>Sunrise:</i> 4:44AM	Subhakrit 5124
		Yama 4:44AM – 6:30AM	Sukarma Until 6:37AM	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3 - 18
		221445479 Rahu 1:35PM – 3:21PM	Bava Until 11:51AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 1:04AM Fri	Moon – Yellow		
Until 9:40PM				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						
6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau			Downers Grove, IL Sun 19 Sutra 19	
Mithuna Rasi: 24.01	Tithi 6	Gulika 6:29AM – 8:16AM	Punarvasu Until 12:46AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:43AM	Subhakrit 5124
		Yama 3:22PM – 5:08PM	Dhriti Until 7:36AM	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3 - 19
		241445479 Rahu 10:02AM – 11:49AM	Kaulava Until 2:18PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:26AM Sat	Moon – Blue		
				Vaisaka*Chaitra	Devaloka Day	
Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau			Downers Grove, IL Sun 20 Sutra 20	
Retreat Star		Gulika 4:42AM – 6:29AM	Pushya Until 3:25AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
Kataka Rasi: 5.55	Tithi 7	Yama 1:36PM – 3:22PM	Shula* Until 8:26AM	Muruqa: White	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3 - 20
		241445479 Rahu 8:15AM – 10:02AM	Gara Until 4:31PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:28AM Sun	Moon – Blue		
				Vaisaka*Chaitra	Devaloka Day	
Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Visti* Karana Ashtamyam Titau			Downers Grove, IL Sun 21 Sutra 21	
Retreat Star		Gulika 3:23PM – 5:10PM	Ashlesha* Until 5:25AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Subhakrit 5124
Kataka Rasi: 17.58	Tithi 8	Yama 11:49AM – 1:36PM	Ganda* Until 9:00AM	Muruqa: White	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3 - 21
		241445479 Rahu 5:10PM – 6:57PM	Visti Until 6:20PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:00AM Mon	Moon – Blue		
Until 5:25AM Mon		Mother's Day		Vaisaka*Chaitra	Devaloka Day	
Then Routine Work - Marana Yoga						
Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Downers Grove, IL Sun 22 Sutra 22	
Retreat Star		Gulika 1:36PM – 3:23PM	Magha* Until 7:08AM Tue	Ganesha: Purple	<i>Sunrise:</i> 4:39AM	Subhakrit 5124
Simha Rasi: 0.12	Tithi 8 – 9	Yama 10:01AM – 11:49AM	Vridhdi Until 9:11AM	Muruqa: White	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3 - 22
Family Home Evening		251445479 Rahu 6:27AM – 8:14AM	Balava Until 7:33PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami* Until 7:00AM	Moon – Red		
Until 7:08AM Tue				Vaisaka*Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Downers Grove, IL Sun 23 Sutra 23
	Simha Rasi: 12.44	Tithi 9 – 10	Gulika 11:49AM – 1:36PM	Magha* Until 7:08AM	Ganesha: Clear	<i>Sunrise:</i> 4:38AM	Subhakrit 5124
			Yama 8:14AM – 10:01AM	Dhruva Until 8:49AM	Muruqa: White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4 - 23
	Creative Work	Siddha Yoga	252445479 Rahu 3:24PM – 5:11PM	Taitila Until 8:04PM	Nataraja: Clear		4th Phase
			Navami* Until 7:53AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Downers Grove, IL Sun 24 Sutra 24
	Simha Rasi: 25.35	Tithi 10 – 11	Gulika 10:01AM – 11:49AM	Purvaphalguni Until 7:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:37AM	Subhakrit 5124
			Yama 6:25AM – 8:13AM	Vyaghata* Until 7:53AM	Muruqa: White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 4 - 24
	Creative Work	Amrita Yoga	252445479 Rahu 11:49AM – 1:37PM	Vanija Until 7:49PM	Nataraja: Clear		4th Phase
			Dashami Until 8:01AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Downers Grove, IL Sun 25 Sutra 25
	Kanya Rasi: 8.52	Tithi 11 – 12	Gulika 8:12AM – 10:01AM	Uttaraphalguni Until 7:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:36AM	Subhakrit 5124
			Yama 4:36AM – 6:24AM	Harshana Until 6:21AM	Muruqa: White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 4 - 25
		Amrita Yoga	252445479 Rahu 1:37PM – 3:25PM	Bava Until 6:47PM	Nataraja: Clear		4th Phase
Until 7:51AM			Ekadashi Until 7:23AM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Downers Grove, IL Sun 26 Sutra 26
	Kanya Rasi: 22.34	Tithi 13	Gulika 6:23AM – 8:12AM	Hasta Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 4:35AM	Subhakrit 5124
			Yama 3:25PM – 5:14PM	Siddhi Until 1:28AM Sat	Muruqa: White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 4 - 26
	Creative Work	Amrita Yoga	262445479 Rahu 10:00AM – 11:49AM	Kaulava Until 5:02PM	Nataraja: Clear		4th Phase
Until 7:19AM			Trayodashi Until 3:54AM Sat	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Vaisaka-Chaitra			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Downers Grove, IL Sun 27 Sutra 27
	Tula Rasi: 6.41	Tithi 14	Gulika 4:34AM – 6:23AM	Svati Until 3:56AM Sun	Ganesha: White	<i>Sunrise:</i> 4:34AM	Subhakrit 5124
			Yama 1:37PM – 3:26PM	Vyatipata* Until 10:19PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 4 - 27
	Creative Work	Siddha Yoga	262445479 Rahu 8:11AM – 10:00AM	Gara Until 2:40PM	Nataraja: Clear		4th Phase
Until 3:56AM Sun			Chaturdashi* Until 1:16AM Sun	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Vaikasi			

○	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Downers Grove, IL Sutra 28
	Copper Retreat Star		Gulika 3:26PM – 5:15PM	Vishakha Until 1:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Subhakrit 5124
	Tula Rasi: 21.1	Tithi 15	Yama 11:49AM – 1:38PM	Variyan Until 6:46PM	Muruqa: White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 4 - Purnima
	Routine Work	Marana Yoga	272445479 Rahu 5:15PM – 7:04PM	Visti Until 11:49AM	Nataraja: Clear		
Until 1:47AM Mon			Purnima* Until 10:14PM	Moon – Orange		Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			

○	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Downers Grove, IL Sutra 29
	Silver Retreat Star		Gulika 1:38PM – 3:27PM	Anuradha Until 11:15PM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM	Subhakrit 5124
	Vrischika Rasi: 5.56	Tithi 16	Yama 10:00AM – 11:49AM	Parigha* Until 3:00PM	Muruqa: White	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 4 - Prathama
	Family Home Evening		272445479 Rahu 6:21AM – 8:10AM	Balava Until 8:37AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 6:56PM	Moon – Orange		Devaloka Day	
				Vaisaka-Vaikasi			



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Downers Grove, IL
Sun 1 Sutra 30

Vrischika Rasi: 20.52 Tithi 17 - 18

272445479

Gulika 11:49AM - 1:38PM
Yama 8:10AM - 9:59AM
Rahu 3:27PM - 5:17PM

Jyeshtha* Until 8:31PM
Shiva Until 11:07AM
Vanija Until 1:49AM Wed
Dvitiya Until 3:31PM

Ganesha: Yellow *Sunrise: 4:31AM*
Muruqa: White *Sunset: 7:06PM*
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 1
1st Phase

Routine Work Marana Yoga
Until 8:31PM
Then Creative Work - Amrita Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visli*/Bava Karana Tritiya/Chaturthyam Titau

Downers Grove, IL
Sun 2 Sutra 31

Dhanus Rasi: 5.49 Tithi 18 - 19

282445479

Gulika 9:59AM - 11:49AM
Yama 6:20AM - 8:09AM
Rahu 11:49AM - 1:38PM

Mula* Until 6:07PM
Siddha Until 7:13AM
Bava Until 10:30PM
Tritiya Until 12:08PM

Ganesha: Blue *Sunrise: 4:30AM*
Muruqa: White *Sunset: 7:07PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 2
1st Phase

Routine Work Marana Yoga
Until 6:07PM
Then Creative Work - Amrita Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Downers Grove, IL
Sun 3 Sutra 32

Dhanus Rasi: 20.39 Tithi 19 - 20

282445479

Gulika 8:09AM - 9:59AM
Yama 4:29AM - 6:19AM
Rahu 1:39PM - 3:28PM

Purvashadha* Until 3:47PM
Subha Until 11:55PM
Kaulava Until 7:26PM
Chaturthi* Until 8:55AM

Ganesha: Blue *Sunrise: 4:29AM*
Muruqa: White *Sunset: 7:08PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 3
1st Phase

Creative Work Siddha Yoga
Until 3:47PM
Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Downers Grove, IL
Sun 4 Sutra 33

Makara Rasi: 5.17 Tithi 20 - 21

282445479

Gulika 6:19AM - 8:09AM
Yama 3:29PM - 5:19PM
Rahu 9:59AM - 11:49AM

Uttarashadha Until 1:40PM
Sukla Until 8:41PM
Vanija Until 3:31AM Sat
Panchami Until 6:01AM

Ganesha: Blue *Sunrise: 4:29AM*
Muruqa: White *Sunset: 7:09PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 4
1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visli*/Bava Karana Saptamyam Titau

Downers Grove, IL
Sun 5 Sutra 34

Makara Rasi: 19.37 Tithi 22

292445479

Gulika 4:28AM - 6:18AM
Yama 1:39PM - 3:29PM
Rahu 8:08AM - 9:59AM

Shravana Until 12:17PM
Brahma Until 5:51PM
Visti Until 2:28PM
Saptami Until 1:31AM Sun

Ganesha: Red *Sunrise: 4:28AM*
Muruqa: White *Sunset: 7:10PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 5
1st Phase

Creative Work Siddha Yoga

Devaloka Day

D

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Downers Grove, IL
Sun 6 Sutra 35

Kumbha Rasi: 3.37 Tithi 23

292445479

Gulika 3:30PM - 5:20PM
Yama 11:49AM - 1:39PM
Rahu 5:20PM - 7:11PM

Dhanishtha Until 11:17AM
Indra Until 3:29PM
Balava Until 12:45PM
Ashtami* Until 12:06AM Mon

Ganesha: Red *Sunrise: 4:27AM*
Muruqa: White *Sunset: 7:11PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 6
Ashtami

Routine Work Marana Yoga
Until 11:17AM
Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Downers Grove, IL
Sun 7 Sutra 36

Kumbha Rasi: 17.16 Tithi 24

293545479

Gulika 1:40PM - 3:30PM
Yama 9:58AM - 11:49AM
Rahu 6:17AM - 8:08AM

Shatabhishak Until 10:43AM
Vaidhriti* Until 1:34PM
Taitila Until 11:38AM
Navami* Until 11:16PM

Ganesha: Red *Sunrise: 4:26AM*
Muruqa: White *Sunset: 7:12PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 7
Navami

Creative Work Siddha Yoga
Until 10:43AM
Then Routine Work - Marana Yoga

Devaloka Day

1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Downers Grove, IL Sun 8 Sutra 37	
Meena Rasi: 0.34	Tithi 25	Gulika	11:49AM – 1:40PM	Purvaproshtapada* Until 11:03AM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM		Subhakrit 5124	
		Yama	8:07AM – 9:58AM	Vishkambha* Until 12:09PM	Muruqa: White	<i>Sunset:</i> 7:13PM		Moon 5 - Phase 6 - 8	
		213545479 Rahu	3:31PM – 5:22PM	Vanija Until 11:06AM	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga			Dashami Until 11:02PM	Moon – Clear		Devaloka Day		
Until 11:03AM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Downers Grove, IL Sun 9 Sutra 38	
Meena Rasi: 13.34	Tithi 26	Gulika	9:58AM – 11:49AM	Uttaraproshtapada Until 11:48AM	Ganesha: Purple	<i>Sunrise:</i> 4:25AM		Subhakrit 5124	
		Yama	6:16AM – 8:07AM	Priti Until 11:13AM	Muruqa: White	<i>Sunset:</i> 7:14PM		Moon 5 - Phase 6 - 9	
		313545479 Rahu	11:49AM – 1:40PM	Bava Until 11:10AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 11:23PM	Moon – Clear		Sivaloka Day		
Until 11:48AM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		Downers Grove, IL Sun 10 Sutra 39	
Meena Rasi: 26.16	Tithi 27	Gulika	8:07AM – 9:58AM	Revati Until 12:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:24AM		Subhakrit 5124	
		Yama	4:24AM – 6:15AM	Ayushman Until 10:42AM	Muruqa: White	<i>Sunset:</i> 7:14PM		Moon 5 - Phase 6 - 10	
		313545479 Rahu	1:41PM – 3:32PM	Kaulava Until 11:47AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 12:17AM Fri	Moon – Clear		Sivaloka Day		
Until 12:57PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Downers Grove, IL Sun 11 Sutra 40	
Mesha Rasi: 8.45	Tithi 28	Gulika	6:15AM – 8:06AM	Ashvini Until 2:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:23AM		Subhakrit 5124	
		Yama	3:32PM – 5:24PM	Saubhagya Until 10:35AM	Muruqa: White	<i>Sunset:</i> 7:15PM		Moon 5 - Phase 6 - 11	
		323545479 Rahu	9:58AM – 11:49AM	Gara Until 12:55PM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 1:39AM Sat	Moon – White		Devaloka Day		
Until 2:54PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Downers Grove, IL Sun 12 Sutra 41	
Mesha Rasi: 21.01	Tithi 29	Gulika	4:23AM – 6:14AM	Bharani Until 5:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:23AM		Subhakrit 5124	
		Yama	1:41PM – 3:33PM	Sobhana Until 10:51AM	Muruqa: White	<i>Sunset:</i> 7:16PM		Moon 5 - Phase 6 - 12	
		323545479 Rahu	8:06AM – 9:58AM	Visti Until 2:30PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 3:25AM Sun	Moon – White		Devaloka Day		
Until 5:08PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

Retreat Star		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Downers Grove, IL Sun 13 Sutra 42	
Vrishabha Rasi: 3.08	Tithi 30	Gulika	3:33PM – 5:25PM	Krittika Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM		Subhakrit 5124	
		Yama	11:50AM – 1:41PM	Athiganda* Until 11:22AM	Muruqa: White	<i>Sunset:</i> 7:17PM		Moon 5 - Phase 6 - 13	
		323545479 Rahu	5:25PM – 7:17PM	Catuspada Until 4:28PM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 5:32AM Mon	Moon – White		Devaloka Day		
					Vaisaka-Vaikasi				

Retreat Star		Monday, May 30, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna* Karana Prathamayam Titau		Downers Grove, IL Sun 14 Sutra 43	
Vrishabha Rasi: 15.07	Tithi 1	Gulika	1:42PM – 3:34PM	Rohini Until 10:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:22AM		Subhakrit 5124	
Family Home Evening		Yama	9:58AM – 11:50AM	Sukarma Until 12:09PM	Muruqa: White	<i>Sunset:</i> 7:18PM		Moon 5 - Phase 6 - 14	
		333545479 Rahu	6:14AM – 8:06AM	Kintughna Until 6:42PM	Nataraja: Clear			Prathama	
Creative Work	Amrita Yoga			Prathama* Until 7:52AM Tue	Moon – Yellow		Devaloka Day		
					Jyeshtha-Vaikasi				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Downers Grove, IL Sun 15 Sutra 44	
Wrisabha Rasi: 27.01 Tithi 1 – 2		333545479		Gulika 11:50AM – 1:42PM Yama 8:05AM – 9:58AM Rahu 3:34PM – 5:26PM	Mrigashira Until 1:33AM Wed Dhriti Until 1:06PM Balava Until 9:07PM Prathama* Until 7:52AM	Ganesha: Orange <i>Sunrise:</i> 4:21AM Muruqa: White <i>Sunset:</i> 7:19PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 15 3rd Phase Devaloka Day
Creative Work Siddha Yoga							
2		Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Downers Grove, IL Sun 16 Sutra 45	
Mithuna Rasi: 8.51 Tithi 2 – 3		333545479		Gulika 9:58AM – 11:50AM Yama 6:13AM – 8:05AM Rahu 11:50AM – 1:42PM	Ardra Until 4:25AM Thu Shula* Until 2:05PM Taitila Until 11:36PM Dvitiya Until 10:20AM	Ganesha: Orange <i>Sunrise:</i> 4:21AM Muruqa: White <i>Sunset:</i> 7:19PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 16 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 4:25AM Thu Then Creative Work - Amrita Yoga							
3		Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Downers Grove, IL Sun 17 Sutra 46	
Mithuna Rasi: 20.41 Tithi 3 – 4		343555479		Gulika 8:05AM – 9:58AM Yama 4:20AM – 6:13AM Rahu 1:43PM – 3:35PM	Punarvasu Until 7:35AM Fri Ganda* Until 3:06PM Vanija Until 2:03AM Fri Tritiya Until 12:49PM	Ganesha: Clear <i>Sunrise:</i> 4:20AM Muruqa: Green <i>Sunset:</i> 7:20PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 17 3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 7:35AM Fri Then Routine Work - Marana Yoga							
4		Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Downers Grove, IL Sun 18 Sutra 47	
Kataka Rasi: 2.32 Tithi 4 – 5		343555479		Gulika 6:12AM – 8:05AM Yama 3:36PM – 5:28PM Rahu 9:58AM – 11:50AM	Punarvasu Until 7:35AM Vridhi Until 4:03PM Bava Until 4:20AM Sat Chaturthi* Until 3:12PM	Ganesha: Clear <i>Sunrise:</i> 4:20AM Muruqa: Green <i>Sunset:</i> 7:21PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 18 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 7:35AM Then Routine Work - Marana Yoga							
5		Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Downers Grove, IL Sun 19 Sutra 48	
Kataka Rasi: 14.28 Tithi 5 – 6		343555479		Gulika 4:19AM – 6:12AM Yama 1:43PM – 3:36PM Rahu 8:05AM – 9:58AM	Pushya Until 10:23AM Dhruva Until 4:47PM Kaulava Until 6:19AM Sun Panchami Until 5:21PM	Ganesha: Clear <i>Sunrise:</i> 4:19AM Muruqa: Green <i>Sunset:</i> 7:21PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 19 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 10:23AM Then Routine Work - Marana Yoga							
6		Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Downers Grove, IL Sun 20 Sutra 49	
Kataka Rasi: 26.31 Tithi 6		343555471		Gulika 3:36PM – 5:29PM Yama 11:51AM – 1:43PM Rahu 5:29PM – 7:22PM	Ashlesha* Until 12:42PM Vyaghata* Until 5:15PM Kaulava Until 6:19AM Shashthi* Until 7:08PM	Ganesha: Clear <i>Sunrise:</i> 4:19AM Muruqa: Green <i>Sunset:</i> 7:22PM Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 20 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 12:42PM Then Routine Work - Marana Yoga							
Retreat Star		Monday, June 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Downers Grove, IL Sun 21 Sutra 50	
Simha Rasi: 8.44 Tithi 7		354555471		Gulika 1:44PM – 3:37PM Yama 9:58AM – 11:51AM Rahu 6:12AM – 8:05AM	Magha* Until 2:53PM Harshana Until 5:21PM Gara Until 7:51AM Saptami Until 8:23PM	Ganesha: Clear <i>Sunrise:</i> 4:19AM Muruqa: Green <i>Sunset:</i> 7:23PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 21 3rd Phase Devaloka Day
Family Home Evening Routine Work Marana Yoga Until 2:53PM Then Creative Work - Siddha Yoga							
Retreat Star		Tuesday, June 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Downers Grove, IL Sun 22 Sutra 51	
Simha Rasi: 21.13 Tithi 8		354555471		Gulika 11:51AM – 1:44PM Yama 8:05AM – 9:58AM Rahu 3:37PM – 5:30PM	Purvaphalguni Until 4:18PM Vajra* Until 4:55PM Visti Until 8:48AM Ashtami* Until 9:00PM	Ganesha: Clear <i>Sunrise:</i> 4:19AM Muruqa: Green <i>Sunset:</i> 7:23PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 22 Ashtami Devaloka Day
Creative Work Siddha Yoga Until 4:18PM Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, June 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Navamyam Titau		Downers Grove, IL Sun 23 Sutra 52	
Kanya Rasi: 4 Tithi 9		354555471		Gulika 9:58AM – 11:51AM Yama 6:11AM – 8:05AM Rahu 11:51AM – 1:44PM	Uttaraphalguni Until 4:51PM Siddhi Until 3:55PM Balava Until 9:03AM Navami* Until 8:51PM	Ganesha: Clear <i>Sunrise:</i> 4:18AM Muruqa: Green <i>Sunset:</i> 7:24PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 23 Navami Devaloka Day
Creative Work Amrita Yoga Until 4:51PM Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Downers Grove, IL Sun 24 Sutra 53 Subhakrit 5124
	Kanya Rasi: 17.11	Tithi 10	Gulika 8:05AM – 9:58AM	Hasta Until 4:55PM	Ganesha: White	<i>Sunrise:</i> 4:18AM	
			Yama 4:18AM – 6:11AM	Vyatipata* Until 2:19PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8 - 24
			364555471 Rahu 1:45PM – 3:38PM	Taitila Until 8:31AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Dashami Until 7:56PM	Moon – Green	Bhuloka Day		
Until 4:55PM				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga							

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Downers Grove, IL Sun 25 Sutra 54 Subhakrit 5124
	Tula Rasi: 0.48	Tithi 11	Gulika 6:11AM – 8:05AM	Chitra Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 4:18AM	
			Yama 3:38PM – 5:32PM	Variyan Until 12:03PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8 - 25
			364555471 Rahu 9:58AM – 11:52AM	Vanija Until 7:12AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:14PM	Moon – Green	Bhuloka Day		
				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Downers Grove, IL Sun 26 Sutra 55 Subhakrit 5124
	Tula Rasi: 14.52	Tithi 12 – 13	Gulika 4:18AM – 6:11AM	Svati Until 2:24PM	Ganesha: White	<i>Sunrise:</i> 4:18AM	
			Yama 1:45PM – 3:39PM	Parigha* Until 9:13AM	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 8 - 26
			364555471 Rahu 8:05AM – 9:58AM	Kaulava Until 2:27AM Sun	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 3:51PM	Moon – Green	Bhuloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
					<i>Pradosha Vrata</i>		

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Downers Grove, IL Sun 27 Sutra 56 Subhakrit 5124
	Tula Rasi: 29.23	Tithi 13 – 14	Gulika 3:39PM – 5:33PM	Vishakha Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:18AM	
			Yama 11:52AM – 1:45PM	Siddha Until 2:08AM Mon	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 8 - 27
			364555471 Rahu 5:33PM – 7:26PM	Gara Until 11:15PM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Trayodashi Until 12:53PM	Moon – Orange	Devaloka Day		
				Jyeshtha-Vaikasi			

○	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Downers Grove, IL Sutra 57 Subhakrit 5124
	Copper Retreat Star		Gulika 1:46PM – 3:39PM	Anuradha Until 9:50AM	Ganesha: Yellow	<i>Sunrise:</i> 4:18AM	
	Vrischika Rasi: 14.15	Tithi 14 – 15	Yama 9:58AM – 11:52AM	Sadhya Until 10:06PM	Muruqa: Green	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 8 -
	Family Home Evening		364555471 Rahu 6:11AM – 8:05AM	Visti Until 7:42PM	Nataraja: Yellow		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 9:30AM	Moon – Orange	Devaloka Day		
				Jyeshtha-Vaikasi			

○	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Downers Grove, IL Sutra 58 Subhakrit 5124
	Silver Retreat Star		Gulika 11:52AM – 1:46PM	Jyeshtha* Until 6:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:18AM	
	Vrischika Rasi: 29.22	Tithi 16	Yama 8:05AM – 9:59AM	Subha Until 5:57PM	Muruqa: Green	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 8 -
			364555471 Rahu 3:40PM – 5:33PM	Balava Until 3:57PM	Nataraja: Yellow		Prathama
Routine Work Marana Yoga			Prathama* Until 2:02AM Wed	Moon – Orange	Devaloka Day		
Until 6:52AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							



Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Downers Grove, IL

Sutra 59

Subhakrit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 14.34 Tithi 17

384555471

Gulika

9:59AM - 11:53AM

Yama

6:11AM - 8:05AM

Rahu

11:53AM - 1:46PM

Purvashadha* Until 1:08AM Thu

Sukla Until 1:44PM

Taitila Until 12:09PM

Dvitiya Until 10:17PM

Ganesha: Blue

Sunrise: 4:18AM

Muruqa: Green

Sunset: 7:27PM

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 1:08AM Thu

Then Routine Work - Marana Yoga

1

Thursday, June 16, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trityayam Titau

Downers Grove, IL

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.43 Tithi 18

384555471

Gulika

8:05AM - 9:59AM

Yama

4:18AM - 6:11AM

Rahu

1:47PM - 3:40PM

Uttarashadha Until 10:21PM

Brahma Until 9:40AM

Vanija Until 8:30AM

Tritiya Until 6:45PM

Ganesha: Blue

Sunrise: 4:18AM

Muruqa: Green

Sunset: 7:28PM

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 10:21PM

Then Creative Work - Siddha Yoga

2

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Downers Grove, IL

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.38 Tithi 19 - 20

394555471

Gulika

6:11AM - 8:05AM

Yama

3:41PM - 5:34PM

Rahu

9:59AM - 11:53AM

Shravana Until 8:13PM

Vaidhriti* Until 2:23AM Sat

Kaulava Until 2:11AM Sat

Chaturthi* Until 3:34PM

Ganesha: Red

Sunrise: 4:18AM

Muruqa: Green

Sunset: 7:28PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 8:13PM

Then Creative Work - Siddha Yoga

3

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Downers Grove, IL

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 29.13 Tithi 20 - 21

394555471

Gulika

4:18AM - 6:12AM

Yama

1:47PM - 3:41PM

Rahu

8:05AM - 9:59AM

Dhanishtha Until 6:29PM

Vishkambha* Until 11:24PM

Gara Until 11:49PM

Panchami Until 12:54PM

Ganesha: Blue

Sunrise: 4:18AM

Muruqa: Green

Sunset: 7:29PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 6:29PM

Then Creative Work - Amrita Yoga

4

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Downers Grove, IL

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 13.24 Tithi 21 - 22

395655471

Gulika

3:41PM - 5:35PM

Yama

11:53AM - 1:47PM

Rahu

5:35PM - 7:29PM

Shatabhishak Until 5:16PM

Priti Until 9:00PM

Visti Until 10:08PM

Shashthi* Until 10:52AM

Ganesha: Red

Sunrise: 4:18AM

Muruqa: Green

Sunset: 7:29PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Downers Grove, IL

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 27.08 Tithi 22 - 23

315655471

Gulika

1:47PM - 3:41PM

Yama

10:00AM - 11:54AM

Rahu

6:12AM - 8:06AM

Purvaproshtapada* Until 5:05PM

Ayushman Until 7:10PM

Balava Until 9:12PM

Saptami Until 9:33AM

Ganesha: Clear

Sunrise: 4:18AM

Muruqa: Green

Sunset: 7:29PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Downers Grove, IL

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 10.25 Tithi 23 - 24

315655471

Gulika

11:54AM - 1:48PM

Yama

8:06AM - 10:00AM

Rahu

3:42PM - 5:35PM

Uttaraproshtapada Until 5:32PM

Saubhagya Until 5:59PM

Taitila Until 9:03PM

Ashtami* Until 9:01AM

Ganesha: Clear

Sunrise: 4:18AM

Muruqa: Green

Sunset: 7:29PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 5:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

times are standard time. Calculated for Downers Grove, IL on 4/26

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1	Wednesday, June 22, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Downers Grove, IL Sun 7 Sutra 66
	Meena Rasi: 23.19	Tithi 24 – 25	Gulika 10:00AM – 11:54AM	Revati Until 6:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:18AM	Subhakit 5124
			Yama 6:12AM – 8:06AM	Sobhana Until 5:24PM	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 7
	315655471	Rahu 11:54AM – 1:48PM		Vanija Until 9:38PM	Nataraja: Yellow		2nd Phase
Routine Work	Marana Yoga		Navami* Until 9:14AM	Moon – Clear		Devaloka Day	
				Jyeshtha-Ani			

2	Thursday, June 23, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Downers Grove, IL Sun 8 Sutra 67
	Mesha Rasi: 5.52	Tithi 25 – 26	Gulika 8:06AM – 10:00AM	Ashvini Until 8:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:19AM	Subhakit 5124
			Yama 4:19AM – 6:13AM	Athiganda* Until 5:19PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 8
	325655471	Rahu 1:48PM – 3:42PM		Bava Until 10:53PM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 10:10AM	Moon – White		Bhuloka Day	
Until 8:31PM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							


3	Friday, June 24, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Downers Grove, IL Sun 9 Sutra 68
	Mesha Rasi: 18.08	Tithi 26 – 27	Gulika 6:13AM – 8:07AM	Bharani Until 10:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:19AM	Subhakit 5124
			Yama 3:42PM – 5:36PM	Sukarma Until 5:41PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 9
	325655471	Rahu 10:01AM – 11:54AM		Kaulava Until 12:39AM Sat	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:41AM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

4	Saturday, June 25, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Downers Grove, IL Sun 10 Sutra 69
	Vrishabha Rasi: 0.14	Tithi 27 – 28	Gulika 4:19AM – 6:13AM	Krittika Until 1:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:19AM	Subhakit 5124
			Yama 1:48PM – 3:42PM	Dhriti Until 6:23PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 10
	325655471	Rahu 8:07AM – 10:01AM		Gara Until 2:48AM Sun	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:40PM	Moon – White		Bhuloka Day	
Until 1:25AM Sun				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

Pradosha Vrata (Fasting)

5	Sunday, June 26, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Downers Grove, IL Sun 11 Sutra 70
	Vrishabha Rasi: 12.1	Tithi 28 – 29	Gulika 3:42PM – 5:36PM	Rohini Until 4:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:20AM	Subhakit 5124
			Yama 11:55AM – 1:49PM	Shula* Until 7:17PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 11
	335655471	Rahu 5:36PM – 7:30PM		Visti Until 5:11AM Mon	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:57PM	Moon – Yellow		Bhuloka Day	
Until 4:33AM Mon				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6	Monday, June 27, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni* Karana Chaturdashyam Titau				Downers Grove, IL Sun 12 Sutra 71
	Vrishabha Rasi: 24.02	Tithi 29	Gulika 1:49PM – 3:42PM	Mrigashira Until 7:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 4:20AM	Subhakit 5124
	Family Home Evening		Yama 10:01AM – 11:55AM	Ganda* Until 8:18PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 12
	335655471	Rahu 6:14AM – 8:08AM		Sakuni Until 6:25PM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 6:25PM	Moon – Yellow		Bhuloka Day	
Until 7:37AM Tue				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

	Tuesday, June 28, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Downers Grove, IL Sun 13 Sutra 72
	Retreat Star		Gulika 11:55AM – 1:49PM	Mrigashira Until 7:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:20AM	Subhakit 5124
	Mithuna Rasi: 5.52	Tithi 30	Yama 8:08AM – 10:02AM	Vriddhi Until 9:22PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 13
	336655471	Rahu 3:43PM – 5:36PM		Catuspada Until 7:41AM	Nataraja: Yellow		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 8:55PM	Moon – Yellow		Bhuloka Day	
Until 7:37AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star	Wednesday, June 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Downers Grove, IL Sun 14 Sutra 73
	Mithuna Rasi: 17.41	Tithi 1	Gulika 10:02AM – 11:55AM	Ardra Until 10:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:21AM	Subhakit 5124
			Yama 6:15AM – 8:08AM	Dhruva Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 14
	336655471	Rahu 11:55AM – 1:49PM		Kintughna Until 10:10AM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:22PM	Moon – Yellow		Bhuloka Day	
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1	Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Downers Grove, IL Sun 15 Sutra 74
	Mithuna Rasi: 29.32	Tithi 2	Gulika 8:08AM – 10:02AM	Punarvasu Until 1:38PM	Ganesha: Light Blue <i>Sunrise:</i> 4:21AM	<i>Sunset:</i> 7:30PM	Subhakrit 5124
			Yama 4:21AM – 6:15AM	Vyaghata* Until 11:16PM	Muruga: Green		Moon 6 - Phase 11 - 15
	Creative Work	Amrita Yoga	346655471 Rahu 1:49PM – 3:43PM	Balava Until 12:34PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 1:41AM Fri	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Downers Grove, IL Sun 16 Sutra 75
	Kataka Rasi: 11.27	Tithi 3	Gulika 6:15AM – 8:09AM	Pushya Until 4:26PM	Ganesha: Light Blue <i>Sunrise:</i> 4:22AM	<i>Sunset:</i> 7:30PM	Subhakrit 5124
			Yama 3:43PM – 5:36PM	Harshana Until 12:02AM Sat	Muruga: Green		Moon 6 - Phase 11 - 16
	Routine Work	Marana Yoga	346655471 Rahu 10:02AM – 11:56AM	Taitila Until 2:47PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 3:47AM Sat	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

3	Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Vistil* Karana Chaturthyam Titau				Downers Grove, IL Sun 17 Sutra 76
	Kataka Rasi: 23.27	Tithi 4	Gulika 4:22AM – 6:16AM	Ashlesha* Until 6:49PM	Ganesha: Light Blue <i>Sunrise:</i> 4:22AM	<i>Sunset:</i> 7:30PM	Subhakrit 5124
			Yama 1:49PM – 3:43PM	Vajra* Until 12:34AM Sun	Muruga: Green		Moon 6 - Phase 11 - 17
	Routine Work	Marana Yoga	346655471 Rahu 8:09AM – 10:03AM	Vanija Until 4:45PM	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 5:36AM Sun	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

4	Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Bava Karana Panchamyam Titau				Downers Grove, IL Sun 18 Sutra 77
	Simha Rasi: 5.34	Tithi 5	Gulika 3:43PM – 5:36PM	Magha* Until 9:12PM	Ganesha: Orange <i>Sunrise:</i> 4:23AM	<i>Sunset:</i> 7:29PM	Subhakrit 5124
			Yama 11:56AM – 1:49PM	Siddhi Until 12:50AM Mon	Muruga: Green		Moon 6 - Phase 11 - 18
	Routine Work	Marana Yoga	356655471 Rahu 5:36PM – 7:29PM	Bava Until 6:23PM	Nataraja: Yellow		3rd Phase
			Panchami Until 7:02AM Mon	Moon – Red		Devaloka Day	
				Ashada*Ani			

5	Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Downers Grove, IL Sun 19 Sutra 78
	Simha Rasi: 17.5	Tithi 5 – 6	Gulika 1:50PM – 3:43PM	Purvaphalguni Until 10:59PM	Ganesha: Orange <i>Sunrise:</i> 4:23AM	<i>Sunset:</i> 7:29PM	Subhakrit 5124
	Family Home Evening		Yama 10:03AM – 11:56AM	Vyatipata* Until 12:45AM Tue	Muruga: Green		Moon 6 - Phase 11 - 19
	Creative Work	Siddha Yoga	356655471 Rahu 6:17AM – 8:10AM	Kaulava Until 7:35PM	Nataraja: Yellow		3rd Phase
			Panchami Until 7:02AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

6	Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Downers Grove, IL Sun 20 Sutra 79
	Kanya Rasi: 0.2	Tithi 6 – 7	Gulika 11:56AM – 1:50PM	Uttaraphalguni Until 12:04AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:24AM	<i>Sunset:</i> 7:29PM	Subhakrit 5124
			Yama 8:10AM – 10:03AM	Variyan Until 12:12AM Wed	Muruga: Green		Moon 6 - Phase 11 - 20
	Creative Work	Amrita Yoga	357655471 Rahu 3:43PM – 5:36PM	Gara Until 8:15PM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 7:58AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

D	Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Vistil* Karana Saplam/Ashtamyam Titau				Downers Grove, IL Sun 21 Sutra 80
	Retreat Star		Gulika 10:04AM – 11:57AM	Hasta Until 12:50AM Thu	Ganesha: Clear <i>Sunrise:</i> 4:25AM	<i>Sunset:</i> 7:29PM	Subhakrit 5124
	Kanya Rasi: 13.05	Tithi 7 – 8	Yama 6:18AM – 8:11AM	Parigha* Until 11:08PM	Muruga: Green		Moon 6 - Phase 11 - 21
			467655471 Rahu 11:57AM – 1:50PM	Vistil Until 8:16PM	Nataraja: Yellow		Ashtami
			Saptami Until 8:19AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

D	Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Downers Grove, IL Sun 22 Sutra 81
	Retreat Star		Gulika 8:11AM – 10:04AM	Chitra Until 12:43AM Fri	Ganesha: Clear <i>Sunrise:</i> 4:25AM	<i>Sunset:</i> 7:28PM	Subhakrit 5124
	Kanya Rasi: 26.1	Tithi 8 – 9	Yama 4:25AM – 6:18AM	Shiva Until 9:31PM	Muruga: Green		Moon 6 - Phase 11 - 22
			467655471 Rahu 1:50PM – 3:43PM	Balava Until 7:33PM	Nataraja: Yellow		Navami
			Ashtami* Until 7:59AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Friday, July 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Downers Grove, IL Sun 23 Sutra 82
	Tula Rasi: 9.4 Tithi 9 – 10	Gulika 6:19AM – 8:11AM	Svati Until 11:43PM	Ganesha: Clear <i>Sunrise:</i> 4:26AM	Subhakrit 5124	
		Yama 3:42PM – 5:35PM	Siddha Until 7:16PM	Muruqa: Green <i>Sunset:</i> 7:28PM	Moon 6 - Phase 12 - 23	
	467655471	Rahu 10:04AM – 11:57AM	Taitila Until 6:07PM	Nataraja: Yellow Moon – Green	4th Phase	
Creative Work Siddha Yoga	Navami* Until 6:55AM			Ashada*Ani	Devaloka Day	

2	Saturday, July 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Downers Grove, IL Sun 24 Sutra 83
	Tula Rasi: 23.35 Tithi 11	Gulika 4:27AM – 6:19AM	Vishakha Until 10:20PM	Ganesha: White <i>Sunrise:</i> 4:27AM	Subhakrit 5124	
		Yama 1:50PM – 3:42PM	Sadhya Until 4:27PM	Muruqa: Green <i>Sunset:</i> 7:28PM	Moon 6 - Phase 12 - 24	
	477655471	Rahu 8:12AM – 10:04AM	Vanija Until 3:58PM	Nataraja: Yellow Moon – Orange	4th Phase	
Creative Work Siddha Yoga	Ekadashi Until 2:39AM Sun			Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

3	Sunday, July 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Downers Grove, IL Sun 25 Sutra 84
	Vrischika Rasi: 7.57 Tithi 12	Gulika 3:42PM – 5:35PM	Anuradha Until 8:13PM	Ganesha: White <i>Sunrise:</i> 4:27AM	Subhakrit 5124	
		Yama 11:57AM – 1:50PM	Subha Until 1:09PM	Muruqa: Green <i>Sunset:</i> 7:27PM	Moon 6 - Phase 12 - 25	
	477655471	Rahu 5:35PM – 7:27PM	Bava Until 1:13PM	Nataraja: Yellow Moon – Orange	4th Phase	
Routine Work Marana Yoga	Dvadashi Until 11:37PM			Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

4	Monday, July 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Downers Grove, IL Sun 26 Sutra 85
	Vrischika Rasi: 22.43 Tithi 13	Gulika 1:50PM – 3:42PM	Jyeshtha* Until 5:31PM	Ganesha: White <i>Sunrise:</i> 4:28AM	Subhakrit 5124	
	Family Home Evening	Yama 10:05AM – 11:57AM	Sukla Until 9:24AM	Muruqa: Green <i>Sunset:</i> 7:27PM	Moon 6 - Phase 12 - 26	
	477655471	Rahu 6:20AM – 8:13AM	Kaulava Until 9:57AM	Nataraja: Yellow Moon – Orange	4th Phase	
Creative Work Siddha Yoga	Trayodashi Until 8:10PM			Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
<i>Pradosha Vrata</i>						

5	Tuesday, July 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Downers Grove, IL Sun 27 Sutra 86
	Dhanus Rasi: 7.46 Tithi 14 – 15	Gulika 11:57AM – 1:50PM	Mula* Until 2:46PM	Ganesha: White <i>Sunrise:</i> 4:29AM	Subhakrit 5124	
		Yama 8:13AM – 10:05AM	Indra Until 1:11AM Wed	Muruqa: Green <i>Sunset:</i> 7:26PM	Moon 6 - Phase 12 - 27	
	488655471	Rahu 3:42PM – 5:34PM	Gara Until 6:20AM	Nataraja: Yellow Moon – Light Blue	4th Phase	
Creative Work Amrita Yoga Until 2:46PM Then Creative Work - Siddha Yoga	Chaturdashi* Until 4:26PM			Ashada*Ani	Sivaloka Day	

○	Wednesday, July 13, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Downers Grove, IL Sutra 87
	Copper Retreat Star	Gulika 10:06AM – 11:58AM	Purvashadha* Until 11:46AM	Ganesha: Yellow <i>Sunrise:</i> 4:30AM	Subhakrit 5124	
	Dhanus Rasi: 22.59 Tithi 15 – 16	Yama 6:22AM – 8:14AM	Vaidhriti* Until 8:55PM	Muruqa: Green <i>Sunset:</i> 7:26PM	Moon 6 - Phase 12 - Purnima	
	488755471	Rahu 11:58AM – 1:50PM	Balava Until 10:41PM	Nataraja: Yellow Moon – Light Blue	Purnima	
Creative Work Amrita Yoga	Satguru Purnima	Purnima* Until 12:35PM		Ashada*Ani	Devaloka Day	

○	Thursday, July 14, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Downers Grove, IL Sutra 88
	Silver Retreat Star	Gulika 8:14AM – 10:06AM	Uttarashadha Until 8:40AM	Ganesha: Yellow <i>Sunrise:</i> 4:30AM	Subhakrit 5124	
	Makara Rasi: 8.13 Tithi 16 – 17	Yama 4:30AM – 6:22AM	Vishkambha* Until 4:47PM	Muruqa: Green <i>Sunset:</i> 7:25PM	Moon 6 - Phase 12 - Prathama	
	488755471	Rahu 1:50PM – 3:41PM	Taitila Until 6:59PM	Nataraja: Yellow Moon – Light Blue	Prathama	
Routine Work Marana Yoga Until 8:40AM Then Creative Work - Siddha Yoga	Prathama* Until 8:47AM			Ashada*Ani	Devaloka Day	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Trilyayam Titau

Downers Grove, IL
Sun 1 Sutra 89
Subhakrit 5124
Moon 7 - Phase 13 - 1
1st Phase

Makara Rasi: 23.17 Tithi 18

Gulika 6:23AM – 8:14AM
Yama 3:41PM – 5:33PM
498755471 **Rahu** 10:06AM – 11:58AM

Shravana Until 6:04AM
Priti Until 12:54PM
Vanija Until 3:35PM
Tritiya Until 2:02AM Sat

Ganesha: Blue *Sunrise:* 4:31AM
Muruqa: Green *Sunset:* 7:24PM
Nataraja: Yellow
Moon – Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 6:04AM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Downers Grove, IL
Sun 2 Sutra 90
Subhakrit 5124
Moon 7 - Phase 13 - 2
1st Phase

Kumbha Rasi: 8.02 Tithi 19

Gulika 4:32AM – 6:23AM
Yama 1:49PM – 3:41PM
498755471 **Rahu** 8:15AM – 10:06AM

Shatabhishak Until 1:50AM Sun
Ayushman Until 9:22AM
Bava Until 12:40PM
Chaturthi* Until 11:25PM

Ganesha: Blue *Sunrise:* 4:32AM
Muruqa: Green *Sunset:* 7:24PM
Nataraja: Yellow
Moon – Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 1:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Downers Grove, IL
Sun 3 Sutra 91
Subhakrit 5124
Moon 7 - Phase 13 - 3
1st Phase

Kumbha Rasi: 22.22 Tithi 20

Gulika 3:41PM – 5:32PM
Yama 11:58AM – 1:49PM
418755472 **Rahu** 5:32PM – 7:23PM

Purvaproshtapada* Until 12:56AM Mo
Saubhagya Until 6:22AM
Kaulava Until 10:22AM
Panchami Until 9:29PM

Ganesha: White *Sunrise:* 4:33AM
Muruqa: Green *Sunset:* 7:23PM
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Downers Grove, IL
Sun 4 Sutra 92
Subhakrit 5124
Moon 7 - Phase 13 - 4
1st Phase

Meena Rasi: 6.12 Tithi 21

Gulika 1:49PM – 3:40PM
Yama 10:07AM – 11:58AM
418755472 **Rahu** 6:25AM – 8:16AM

Uttaraproshtapada Until 12:42AM Tue
Athiganda* Until 2:13AM Tue
Gara Until 8:50AM
Shashthi* Until 8:22PM

Ganesha: White *Sunrise:* 4:34AM
Muruqa: Green *Sunset:* 7:22PM
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Downers Grove, IL
Sun 5 Sutra 93
Subhakrit 5124
Moon 7 - Phase 13 - 5
1st Phase

Meena Rasi: 19.34 Tithi 22

Gulika 11:58AM – 1:49PM
Yama 8:16AM – 10:07AM
419755472 **Rahu** 3:40PM – 5:31PM

Revati Until 1:10AM Wed
Sukarma Until 1:11AM Wed
Visti Until 8:09AM
Saptami Until 8:06PM

Ganesha: Clear *Sunrise:* 4:34AM
Muruqa: Green *Sunset:* 7:22PM
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 1:10AM Wed
Then Routine Work - Marana Yoga

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Downers Grove, IL
Sun 6 Sutra 94
Subhakrit 5124
Moon 7 - Phase 13 - 6
Ashtami

Mesha Rasi: 2.28 Tithi 23

Gulika 10:07AM – 11:58AM
Yama 6:26AM – 8:17AM
429755472 **Rahu** 11:58AM – 1:49PM

Ashvini Until 2:46AM Thu
Dhriti Until 12:49AM Thu
Balava Until 8:19AM
Ashtami* Until 8:42PM

Ganesha: Purple *Sunrise:* 4:35AM
Muruqa: Green *Sunset:* 7:21PM
Nataraja: White
Moon – White
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 2:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Downers Grove, IL
Sun 7 Sutra 95
Subhakrit 5124
Moon 7 - Phase 13 - 7
Navami

Mesha Rasi: 14.59 Tithi 24

Gulika 8:17AM – 10:08AM
Yama 4:36AM – 6:27AM
429755472 **Rahu** 1:49PM – 3:39PM

Bharani Until 4:54AM Fri
Shula* Until 12:59AM Fri
Taitila Until 9:19AM
Navami* Until 10:03PM

Ganesha: Purple *Sunrise:* 4:36AM
Muruqa: Green *Sunset:* 7:20PM
Nataraja: White
Moon – White
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Downers Grove, IL Sun 8 Sutra 96	
Mesha Rasi: 27.12	Tithi 25	Gulika 6:27AM – 8:18AM	Krittika Until 7:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:37AM	Subhakrit 5124	
		Yama 3:39PM – 5:29PM	Ganda* Until 1:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 14 - 8	
		429755472 Rahu 10:08AM – 11:58AM	Vanija Until 10:59AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 11:59PM	Moon – White		Devaloka Day	
Until 7:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Downers Grove, IL Sun 9 Sutra 97	
Virshabha Rasi: 9.13	Tithi 26	Gulika 4:38AM – 6:28AM	Krittika Until 7:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:38AM	Subhakrit 5124	
		Yama 1:48PM – 3:38PM	Vriddhi Until 2:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 14 - 9	
		429755472 Rahu 8:18AM – 10:08AM	Bava Until 1:08PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 2:18AM Sun	Moon – White		Devaloka Day	
				Ashada*Adi			

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Downers Grove, IL Sun 10 Sutra 98	
Virshabha Rasi: 21.05	Tithi 27	Gulika 3:38PM – 5:28PM	Rohini Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:39AM	Subhakrit 5124	
		Yama 11:58AM – 1:48PM	Dhruva Until 3:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 14 - 10	
		439755472 Rahu 5:28PM – 7:18PM	Kaulava Until 3:34PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 4:49AM Mon	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Downers Grove, IL Sun 11 Sutra 99	
Mithuna Rasi: 2.54	Tithi 28	Gulika 1:48PM – 3:38PM	Mrigashira Until 1:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Subhakrit 5124	
Family Home Evening		Yama 10:09AM – 11:58AM	Vyaghata* Until 4:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 Rahu 6:29AM – 8:19AM	Gara Until 6:06PM	Nataraja: White		2nd Phase	
Until 1:37PM			Trayodashi* Until 7:20AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				Pradosha Vrata (Fasting)			

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Downers Grove, IL Sun 12 Sutra 100	
Mithuna Rasi: 14.43	Tithi 28 – 29	Gulika 11:58AM – 1:48PM	Ardra Until 4:30PM	Ganesha: Red	<i>Sunrise:</i> 4:41AM	Subhakrit 5124	
		Yama 8:20AM – 10:09AM	Harshana Until 5:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 14 - 12	
		431755472 Rahu 3:37PM – 5:26PM	Visti Until 8:34PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 7:20AM	Moon – Yellow		Bhuloka Day	
Until 4:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Downers Grove, IL Sun 13 Sutra 101	
Mithuna Rasi: 26.35	Tithi 29 – 30	Gulika 10:09AM – 11:58AM	Punarvasu Until 7:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:42AM	Subhakrit 5124	
		Yama 6:31AM – 8:20AM	Vajra* Until 6:26AM Thu	Muruqa: Green	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 14 - 13	
		441755472 Rahu 11:58AM – 1:47PM	Catuspada Until 10:52PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:44AM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Downers Grove, IL Sun 14 Sutra 102	
Kataka Rasi: 8.31	Tithi 30 – 1	Gulika 8:20AM – 10:09AM	Pushya Until 10:16PM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM	Subhakrit 5124	
		Yama 4:43AM – 6:32AM	Vajra* Until 6:26AM	Muruqa: Green	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 14 - 14	
		441755472 Rahu 1:47PM – 3:36PM	Kintughna Until 12:57AM Fri	Nataraja: White		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 11:55AM	Moon – Blue		Bhuloka Day	
Until 10:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Friday, July 29, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Downers Grove, IL Sun 15 Sutra 103 Subhakarit 5124	
Kataka Rasi: 20.32	Tithi 1 – 2	Gulika 6:32AM – 8:21AM	Ashlesha* Until 12:31AM Sat	Ganesha: Yellow	Sunrise: 4:44AM	Moon 7 - Phase 15 - 15	3rd Phase
		Yama 3:36PM – 5:24PM	Siddhi Until 7:04AM	Muruqa: Green	Sunset: 7:13PM		
		441755472 Rahu 10:10AM – 11:58AM	Balava Until 2:44AM Sat	Nataraja: White			
Routine Work	Marana Yoga		Prathama* Until 1:51PM	Moon – Blue			
Until 12:31AM Sat				Sravana*Adi		Bhuloka Day	Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							
2		Saturday, July 30, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Downers Grove, IL Sun 16 Sutra 104 Subhakarit 5124	
Simha Rasi: 2.41	Tithi 2 – 3	Gulika 4:45AM – 6:33AM	Magha* Until 2:48AM Sun	Ganesha: Red	Sunrise: 4:45AM	Moon 7 - Phase 15 - 16	3rd Phase
		Yama 1:47PM – 3:35PM	Vyatipata* Until 7:30AM	Muruqa: Green	Sunset: 7:12PM		
		451755472 Rahu 8:21AM – 10:10AM	Taitila Until 4:12AM Sun	Nataraja: White			
Creative Work	Amrita Yoga		Dvitiya Until 3:29PM	Moon – Red			
Until 2:48AM Sun				Sravana*Adi		Bhuloka Day	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							
3		Sunday, July 31, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Downers Grove, IL Sun 17 Sutra 105 Subhakarit 5124	
Simha Rasi: 14.58	Tithi 3 – 4	Gulika 3:34PM – 5:23PM	Purvaphalguni Until 4:35AM Mon	Ganesha: Red	Sunrise: 4:46AM	Moon 7 - Phase 15 - 17	3rd Phase
		Yama 11:58AM – 1:46PM	Variyan Until 7:39AM	Muruqa: Green	Sunset: 7:11PM		
		451755472 Rahu 5:23PM – 7:11PM	Vanija Until 5:19AM Mon	Nataraja: White			
Creative Work	Siddha Yoga		Tritiya Until 4:47PM	Moon – Red			
				Sravana*Adi		Bhuloka Day	Devaloka Time: 9:AM to12:PM
4		Monday, August 1, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Downers Grove, IL Sun 18 Sutra 106 Subhakarit 5124	
Simha Rasi: 27.24	Tithi 4 – 5	Gulika 1:46PM – 3:34PM	Uttaraphalguni Until 5:48AM Tue	Ganesha: Red	Sunrise: 4:47AM	Moon 7 - Phase 15 - 18	3rd Phase
Family Home Evening		Yama 10:10AM – 11:58AM	Parigha* Until 7:32AM	Muruqa: Green	Sunset: 7:10PM		
		451755472 Rahu 6:34AM – 8:22AM	Bava Until 6:02AM Tue	Nataraja: White			
Creative Work	Siddha Yoga		Chaturthi* Until 5:43PM	Moon – Red			
				Sravana*Adi		Bhuloka Day	Devaloka Time: 9:AM to12:PM
5		Tuesday, August 2, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau		Downers Grove, IL Sun 19 Sutra 107 Subhakarit 5124	
Kanya Rasi: 10.01	Tithi 5	Gulika 11:58AM – 1:46PM	Hasta Until 6:53AM Wed	Ganesha: Blue	Sunrise: 4:47AM	Moon 7 - Phase 15 - 19	3rd Phase
		Yama 8:23AM – 10:10AM	Shiva Until 7:06AM	Muruqa: Green	Sunset: 7:09PM		
		461755472 Rahu 3:33PM – 5:21PM	Bava Until 6:02AM	Nataraja: White			
Creative Work	Siddha Yoga		Panchami Until 6:12PM	Moon – Green			
		Nag Panchami		Sravana*Adi		Devaloka Day	
6		Wednesday, August 3, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Downers Grove, IL Sun 20 Sutra 108 Subhakarit 5124	
Kanya Rasi: 22.5	Tithi 6	Gulika 10:11AM – 11:58AM	Hasta Until 6:53AM	Ganesha: Blue	Sunrise: 4:48AM	Moon 7 - Phase 15 - 20	3rd Phase
		Yama 6:36AM – 8:23AM	Siddha Until 6:17AM	Muruqa: Green	Sunset: 7:07PM		
		461755472 Rahu 11:58AM – 1:45PM	Kaulava Until 6:17AM	Nataraja: White			
Routine Work	Marana Yoga		Shashthi* Until 6:11PM	Moon – Green			
Until 6:53AM				Sravana*Adi		Devaloka Day	
Then Creative Work - Siddha Yoga							
Retreat Star		Thursday, August 4, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Downers Grove, IL Sun 21 Sutra 109 Subhakarit 5124	
Tula Rasi: 5.56	Tithi 7 – 8	Gulika 8:24AM – 10:11AM	Chitra Until 7:17AM	Ganesha: Blue	Sunrise: 4:49AM	Moon 7 - Phase 15 - 21	3rd Phase
		Yama 4:49AM – 6:37AM	Subha Until 3:22AM Fri	Muruqa: White	Sunset: 7:06PM		
		461765472 Rahu 1:45PM – 3:32PM	Visti Until 6:00AM	Nataraja: White			
Creative Work	Siddha Yoga		Saptami Until 5:37PM	Moon – Green			
Until 7:17AM				Sravana*Adi		Devaloka Day	
Then Creative Work - Amrita Yoga							
Retreat Star		Friday, August 5, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Downers Grove, IL Sun 22 Sutra 110 Subhakarit 5124	
Tula Rasi: 19.22	Tithi 8 – 9	Gulika 6:37AM – 8:24AM	Svati Until 6:58AM	Ganesha: Blue	Sunrise: 4:50AM	Moon 7 - Phase 15 - 22	Ashtami
		Yama 3:31PM – 5:18PM	Sukla Until 1:09AM Sat	Muruqa: White	Sunset: 7:05PM		
		461765472 Rahu 10:11AM – 11:58AM	Balava Until 3:38AM Sat	Nataraja: White			
Creative Work	Siddha Yoga		Ashtami* Until 4:26PM	Moon – Green			
		Varalakshmi Vratam		Sravana*Adi		Devaloka Day	
Retreat Star		Saturday, August 6, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Downers Grove, IL Sun 23 Sutra 111 Subhakarit 5124	
Vrischika Rasi: 3.08	Tithi 9 – 10	Gulika 4:51AM – 6:38AM	Vishakha Until 6:19AM	Ganesha: White	Sunrise: 4:51AM	Moon 7 - Phase 15 - 23	Navami
		Yama 1:44PM – 3:31PM	Brahma Until 10:28PM	Muruqa: White	Sunset: 7:04PM		
		472765472 Rahu 8:25AM – 10:11AM	Taitila Until 1:32AM Sun	Nataraja: White			
Creative Work	Siddha Yoga		Navami* Until 2:38PM	Moon – Orange			
				Sravana*Adi		Bhuloka Day	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Downers Grove, IL Sun 24 Sutra 112 Subhakrit 5124
Wrischika Rasi: 17.17	Tithi 10 – 11	Gulika 3:30PM – 5:16PM	Jyeshtha* Until 2:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	
		Yama 11:58AM – 1:44PM	Indra Until 7:20PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16 - 24
	472865472	Rahu 5:16PM – 7:03PM	Vanija Until 10:55PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 12:16PM	Moon – Orange		Bhuloka Day
Until 2:53AM Mon				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Downers Grove, IL Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.49	Tithi 11 – 12	Gulika 1:43PM – 3:29PM	Mula* Until 12:41AM Tue	Ganesha: White	<i>Sunrise:</i> 4:53AM	
		Yama 10:11AM – 11:57AM	Vaidhriti* Until 3:48PM	Muruqa: White	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 16 - 25
Family Home Evening	482865472	Rahu 6:39AM – 8:25AM	Bava Until 7:51PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:25AM	Moon – Light Blue		Devaloka Day
				Sravana*Adi		

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Downers Grove, IL Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16.37	Tithi 12 – 13	Gulika 11:57AM – 1:43PM	Purvashadha* Until 10:04PM	Ganesha: White	<i>Sunrise:</i> 4:55AM	
		Yama 8:26AM – 10:12AM	Vishkambha* Until 11:59AM	Muruqa: White	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 16 - 26
	482865472	Rahu 3:29PM – 5:14PM	Taitila Until 2:41AM Wed	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:10AM	Moon – Light Blue		Devaloka Day
Until 10:04PM				Sravana*Adi		Tour Day
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Downers Grove, IL Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1.38	Tithi 14	Gulika 10:12AM – 11:57AM	Uttarashadha Until 7:11PM	Ganesha: White	<i>Sunrise:</i> 4:56AM	
		Yama 6:41AM – 8:26AM	Priti Until 8:01AM	Muruqa: White	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 16 - 27
	482865472	Rahu 11:57AM – 1:42PM	Gara Until 12:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 11:06PM	Moon – Light Blue		Devaloka Day
Until 7:11PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Downers Grove, IL Sutra 116 Subhakrit 5124
Makara Rasi: 16.41	Tithi 15	Gulika 8:27AM – 10:12AM	Shravana Until 4:36PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	
		Yama 4:57AM – 6:42AM	Saubhagya Until 12:02AM Fri	Muruqa: White	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16 -
	492865472	Rahu 1:42PM – 3:27PM	Visti Until 9:20AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:35PM	Moon – Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Downers Grove, IL Sutra 117 Subhakrit 5124
Kumbha Rasi: 1.39	Tithi 16 – 17	Gulika 6:42AM – 8:27AM	Dhanishtha Until 2:06PM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	
		Yama 3:26PM – 5:11PM	Sobhana Until 8:20PM	Muruqa: White	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16 -
	492865472	Rahu 10:12AM – 11:57AM	Taitila Until 2:50AM Sat	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:18PM	Moon – Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Kumbha Rasi: 16.22 Tithi 17 – 18
492865472
Creative Work Amrita Yoga
Until 11:51AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

Gulika 4:59AM – 6:43AM
Yama 1:41PM – 3:26PM
Rahu 8:28AM – 10:12AM

Shatabhishak Until 11:51AM
Athiganda* Until 4:59PM
Vanija Until 12:13AM Sun
Dvitiya Until 1:26PM

Ganesha: Clear *Sunrise:* 4:59AM
Muruqa: White *Sunset:* 6:55PM
Nataraja: White
Moon – Purple
Sravana*Adi

Downers Grove, IL
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

1

Sunday, August 14, 2022

Meena Rasi: 0.43 Tithi 18 – 19
412865472
Creative Work Siddha Yoga
Until 10:27AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Gulika 3:25PM – 5:09PM
Yama 11:56AM – 1:41PM
Rahu 5:09PM – 6:53PM

Purvaprosarthapada* Until 10:27AM
Sukarma Until 2:08PM
Bava Until 10:16PM
Tritiya Until 11:08AM

Ganesha: Yellow *Sunrise:* 5:00AM
Muruqa: White *Sunset:* 6:53PM
Nataraja: White
Moon – Clear
Sravana*Adi

Downers Grove, IL
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

2

Monday, August 15, 2022

Meena Rasi: 15 Tithi 19 – 20
412865472
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:40PM – 3:24PM
Yama 10:12AM – 11:56AM
Rahu 6:45AM – 8:28AM

Uttaraprosarthapada Until 9:37AM
Dhriti Until 11:53AM
Kaulava Until 9:05PM
Chaturthi* Until 9:33AM

Ganesha: Yellow *Sunrise:* 5:01AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: White
Moon – Clear
Sravana*Adi

Downers Grove, IL
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Tuesday, August 16, 2022

Meena Rasi: 28.01 Tithi 20 – 21
412865472
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:56AM – 1:40PM
Yama 8:29AM – 10:12AM
Rahu 3:23PM – 5:07PM

Revati Until 9:27AM
Shula* Until 10:18AM
Gara Until 8:46PM
Panchami Until 8:48AM

Ganesha: Yellow *Sunrise:* 5:02AM
Muruqa: White *Sunset:* 6:50PM
Nataraja: White
Moon – Clear
Sravana*Avani

Downers Grove, IL
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

4

Wednesday, August 17, 2022

Mesha Rasi: 10.58 Tithi 21 – 22
522865472
Routine Work Marana Yoga
Until 10:27AM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:12AM – 11:56AM
Yama 6:46AM – 8:29AM
Rahu 11:56AM – 1:39PM

Ashvini Until 10:27AM
Ganda* Until 9:25AM
Visti Until 9:19PM
Shashthi* Until 8:55AM

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: White *Sunset:* 6:49PM
Nataraja: White
Moon – White
Sravana*Avani

Downers Grove, IL
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

5

Thursday, August 18, 2022
Retreat Star

Mesha Rasi: 23.31 Tithi 22 – 23
522865472
Creative Work Siddha Yoga
Until 12:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:30AM – 10:13AM
Yama 5:04AM – 6:47AM
Rahu 1:39PM – 3:22PM

Bharani Until 12:06PM
Vridhhi Until 9:12AM
Balava Until 10:40PM
Saptami Until 9:53AM

Ganesha: Yellow *Sunrise:* 5:04AM
Muruqa: White *Sunset:* 6:47PM
Nataraja: White
Moon – White
Sravana*Avani

Downers Grove, IL
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Friday, August 19, 2022
Retreat Star

Vrishabha Rasi: 5.45 Tithi 23 – 24
523865472
Creative Work Siddha Yoga
Until 2:16PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Gulika 6:47AM – 8:30AM
Yama 3:21PM – 5:03PM
Rahu 10:13AM – 11:55AM

Krittika Until 2:16PM
Dhruva Until 9:30AM
Taila Until 12:37AM Sat
Ashtami* Until 11:33AM

Ganesha: White *Sunrise:* 5:05AM
Muruqa: White *Sunset:* 6:46PM
Nataraja: White
Moon – White
Sravana*Avani

Downers Grove, IL
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Bhuloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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1		Saturday, August 20, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Downers Grove, IL Sun 8 Sutra 125 Subhakra 5124	
Wishabha Rasi: 17.46	Tithi 24 – 25	Gulika 5:06AM – 6:48AM	Rohini Until 5:13PM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM	Muruqa: White	<i>Sunset:</i> 6:44PM
	533865472	Yama 1:37PM – 3:20PM	Vyaghata* Until 10:13AM	Nataraja: White		Moon – Yellow	
Creative Work	Amrita Yoga	Rahu 8:30AM – 10:13AM	Vanija Until 2:57AM Sun	Navami* Until 1:44PM	Sravana-Avani	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Until 5:13PM							
Then Creative Work - Siddha Yoga							

2		Sunday, August 21, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Downers Grove, IL Sun 9 Sutra 126 Subhakra 5124	
Wishabha Rasi: 29.38	Tithi 25 – 26	Gulika 3:19PM – 5:01PM	Mrigashira Until 8:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM	Muruqa: White	<i>Sunset:</i> 6:43PM
	533865472	Yama 11:55AM – 1:37PM	Harshana Until 11:11AM	Nataraja: White		Moon – Yellow	
Creative Work	Siddha Yoga	Rahu 5:01PM – 6:43PM	Bava Until 5:27AM Mon	Dashami* Until 4:10PM	Sravana-Avani	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Until 5:13PM							
Then Creative Work - Siddha Yoga							

3		Monday, August 22, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Balava Karana Ekadashyam Titau		Downers Grove, IL Sun 10 Sutra 127 Subhakra 5124	
Mithuna Rasi: 11.28	Tithi 26	Gulika 1:36PM – 3:18PM	Ardra Until 11:05PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM	Muruqa: White	<i>Sunset:</i> 6:41PM
Family Home Evening	533865472	Yama 10:13AM – 11:55AM	Vajra* Until 12:11PM	Nataraja: White		Moon – Yellow	
Creative Work	Siddha Yoga	Rahu 6:49AM – 8:31AM	Balava Until 6:40PM	Ekadashi* Until 6:40PM	Sravana-Avani	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
Until 11:05PM							
Then Creative Work - Amrita Yoga							

4		Tuesday, August 23, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Downers Grove, IL Sun 11 Sutra 128 Subhakra 5124	
Mithuna Rasi: 23.19	Tithi 27	Gulika 11:54AM – 1:36PM	Punarvasu Until 2:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:09AM	Muruqa: White	<i>Sunset:</i> 6:40PM
	543865472	Yama 8:32AM – 10:13AM	Siddhi Until 1:07PM	Nataraja: White		Moon – Blue	
Creative Work	Siddha Yoga	Rahu 3:17PM – 4:59PM	Kaulava Until 7:54AM	Dvadashi* Until 9:02PM	Sravana-Avani	Bhuloka Day	
Until 11:05PM							
Then Creative Work - Siddha Yoga							

5		Wednesday, August 24, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Downers Grove, IL Sun 12 Sutra 129 Subhakra 5124	
Kataka Rasi: 5.15	Tithi 28	Gulika 10:13AM – 11:54AM	Pushya Until 4:45AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:10AM	Muruqa: White	<i>Sunset:</i> 6:38PM
	543865472	Yama 6:51AM – 8:32AM	Vyatipata* Until 1:54PM	Nataraja: White		Moon – Blue	
Creative Work	Siddha Yoga	Rahu 11:54AM – 1:35PM	Gara Until 10:08AM	Trayodashi* Until 11:08PM	Sravana-Avani	Bhuloka Day	
Until 6:51AM Fri							
Then Routine Work - Marana Yoga							

6		Thursday, August 25, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Downers Grove, IL Sun 13 Sutra 130 Subhakra 5124	
Kataka Rasi: 17.17	Tithi 29	Gulika 8:32AM – 10:13AM	Ashlesha* Until 6:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:11AM	Muruqa: White	<i>Sunset:</i> 6:37PM
	543865472	Yama 5:11AM – 6:52AM	Variyan Until 2:24PM	Nataraja: White		Moon – Blue	
Creative Work	Siddha Yoga	Rahu 1:35PM – 3:15PM	Visti Until 12:04PM	Chaturdashi* Until 12:53AM Fri	Sravana-Avani	Bhuloka Day	
Until 6:51AM Fri							
Then Routine Work - Marana Yoga							

Retreat Star		Friday, August 26, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Downers Grove, IL Sun 14 Sutra 131 Subhakra 5124	
Kataka Rasi: 29.28	Tithi 30	Gulika 6:52AM – 8:33AM	Ashlesha* Until 6:51AM	Ganesha: Blue	<i>Sunrise:</i> 5:12AM	Muruqa: White	<i>Sunset:</i> 6:35PM
	543865472	Yama 3:14PM – 4:55PM	Parigha* Until 2:38PM	Nataraja: White		Moon – Blue	
Routine Work	Marana Yoga	Rahu 10:13AM – 11:54AM	Catuspada Until 1:38PM	Amavasya* Until 2:15AM Sat	Sravana-Avani	Bhuloka Day	
Until 8:54AM							
Then Creative Work - Siddha Yoga							

Retreat Star		Saturday, August 27, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Downers Grove, IL Sun 15 Sutra 132 Subhakra 5124	
Simha Rasi: 11.49	Tithi 1	Gulika 5:13AM – 6:53AM	Magha* Until 8:54AM	Ganesha: Blue	<i>Sunrise:</i> 5:13AM	Muruqa: White	<i>Sunset:</i> 6:34PM
	553865473	Yama 1:33PM – 3:13PM	Shiva Until 2:35PM	Nataraja: Clear		Moon – Red	
Creative Work	Amrita Yoga	Rahu 8:33AM – 10:13AM	Kintughna Until 2:49PM	Prathama* Until 3:14AM Sun	Bhadrapada-Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Until 8:54AM							
Then Creative Work - Siddha Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Downers Grove, IL Sun 16 Sutra 133 Subhakrit 5124
Simha Rasi: 24.2	Tithi 2	Gulika 3:12PM – 4:52PM	Purvaphalguni Until 10:24AM	Ganesha: Blue	<i>Sunrise:</i> 5:14AM	
		Yama 11:53AM – 1:33PM	Siddha Until 2:11PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 19 - 16
		553865473 Rahu 4:52PM – 6:32PM	Balava Until 3:36PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:49AM Mon	Moon – Red		Bhuloka Day
Until 10:24AM				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trityayam Titau				Downers Grove, IL Sun 17 Sutra 134 Subhakrit 5124
Kanya Rasi: 7.02	Tithi 3	Gulika 1:32PM – 3:12PM	Uttaraphalguni Until 11:22AM	Ganesha: Blue	<i>Sunrise:</i> 5:15AM	
Family Home Evening		Yama 10:13AM – 11:53AM	Sadhya Until 1:30PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 19 - 17
		553865473 Rahu 6:54AM – 8:34AM	Tailila Until 3:59PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 4:01AM Tue	Moon – Red		Bhuloka Day
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Downers Grove, IL Sun 18 Sutra 135 Subhakrit 5124
Kanya Rasi: 19.55	Tithi 4	Gulika 11:52AM – 1:31PM	Hasta Until 12:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:16AM	
		Yama 8:34AM – 10:13AM	Subha Until 12:32PM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 19 - 18
		563865473 Rahu 3:11PM – 4:50PM	Vanija Until 4:00PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:51AM Wed	Moon – Green		Bhuloka Day
		Ganesha Chaturthi		Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Downers Grove, IL Sun 19 Sutra 136 Subhakrit 5124
Tula Rasi: 2.59	Tithi 5	Gulika 10:13AM – 11:52AM	Chitra Until 12:39PM	Ganesha: Red	<i>Sunrise:</i> 5:17AM	
		Yama 6:56AM – 8:34AM	Sukla Until 11:14AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 19 - 19
		563965473 Rahu 11:52AM – 1:31PM	Bava Until 3:38PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:17AM Thu	Moon – Green		Devaloka Day
				Bhadrapada*Avani		

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Downers Grove, IL Sun 20 Sutra 137 Subhakrit 5124
Tula Rasi: 16.16	Tithi 6	Gulika 8:35AM – 10:13AM	Svati Until 12:30PM	Ganesha: Red	<i>Sunrise:</i> 5:18AM	
		Yama 5:18AM – 6:56AM	Brahma Until 9:38AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 19 - 20
		563965473 Rahu 1:30PM – 3:09PM	Kaulava Until 2:52PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:18AM Fri	Moon – Green		Devaloka Day
Until 12:30PM				Bhadrapada*Avani		
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Downers Grove, IL Sun 21 Sutra 138 Subhakrit 5124
Tula Rasi: 29.47	Tithi 7	Gulika 6:57AM – 8:35AM	Vishakha Until 12:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM	
		Yama 3:08PM – 4:46PM	Indra Until 7:43AM	Muruqa: White	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 19 - 21
		574965473 Rahu 10:13AM – 11:51AM	Gara Until 1:41PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:55AM Sat	Moon – Orange		Devaloka Day
				Bhadrapada*Avani		

Retreat Star Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Downers Grove, IL Sun 22 Sutra 139 Subhakrit 5124
Vrischika Rasi: 13.32	Tithi 8	Gulika 5:20AM – 6:58AM	Anuradha Until 11:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM	
		Yama 1:29PM – 3:07PM	Vishkambha* Until 2:49AM Sun	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19 - 22
		574965473 Rahu 8:35AM – 10:13AM	Visti Until 12:05PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:07PM	Moon – Orange		Devaloka Day
				Bhadrapada*Avani		

Retreat Star Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Downers Grove, IL Sun 23 Sutra 140 Subhakrit 5124
Vrischika Rasi: 27.32	Tithi 9	Gulika 3:06PM – 4:43PM	Jyeshtha* Until 10:01AM	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM	
		Yama 11:51AM – 1:28PM	Priti Until 11:55PM	Muruqa: White	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 19 - 23
		574965473 Rahu 4:43PM – 6:21PM	Balava Until 10:05AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 8:55PM	Moon – Orange		Devaloka Day
Until 10:01AM				Bhadrapada*Avani		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Downers Grove, IL Sun 24 Sutra 141
	Dhanus Rasi: 11.48	Tithi 10	Gulika 1:28PM – 3:05PM	Mula* Until 8:32AM	Ganesha: White	<i>Sunrise:</i> 5:22AM	Subhakrit 5124
Family Home Evening	584965473	Rahu 6:59AM – 8:36AM	Ayushman Until 8:42PM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 20 - 24	
Creative Work Siddha Yoga			Taitila Until 7:42AM	Nataraja: Clear		4th Phase	
Until 8:32AM			Dashami Until 6:22PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Marana Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

2	Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vistil*/Bava Karana Ekadashi/Dvodashyam Titau				Downers Grove, IL Sun 25 Sutra 142
	Dhanus Rasi: 26.17	Tithi 11 – 12	Gulika 11:50AM – 1:27PM	Purvashadha* Until 6:36AM	Ganesha: White	<i>Sunrise:</i> 5:23AM	Subhakrit 5124
584965473		Rahu 3:04PM – 4:40PM	Saubhagya Until 5:16PM	Muruqa: White	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 20 - 25	
Creative Work Siddha Yoga			Bava Until 2:05AM Wed	Nataraja: Clear		4th Phase	
Until 6:36AM			Ekadashi Until 3:33PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Prabarashita Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3	Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Downers Grove, IL Sun 26 Sutra 143
	Makara Rasi: 10.55	Tithi 12 – 13	Gulika 10:13AM – 11:50AM	Shravana Until 2:15AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Subhakrit 5124
594965473		Rahu 11:50AM – 1:26PM	Sobhana Until 1:44PM	Muruqa: White	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20 - 26	
Creative Work Siddha Yoga			Kaulava Until 11:04PM	Nataraja: Clear		4th Phase	
			Dvodashi Until 12:34PM	Moon – Purple		Devaloka Day	
				Bhadrapada*Avani			

Pradosha Vrata

4	Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Downers Grove, IL Sun 27 Sutra 144
	Makara Rasi: 25.37	Tithi 13 – 14	Gulika 8:37AM – 10:13AM	Dhanishtha Until 12:04AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Subhakrit 5124
594965473		Rahu 1:25PM – 3:02PM	Athiganda* Until 10:09AM	Muruqa: White	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20 - 27	
Creative Work Siddha Yoga			Gara Until 8:05PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 9:33AM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam		Bhadrapada*Avani			

○	Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Downers Grove, IL Sutra 145
	Copper Retreat Star		Gulika 7:02AM – 8:38AM	Shatabhishak Until 9:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Subhakrit 5124
Kumbha Rasi: 10.16	Tithi 14 – 15	Rahu 10:13AM – 11:49AM	Sukarma Until 6:40AM	Muruqa: White	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 20 -	
594965473			Bava Until 3:59AM Sat	Nataraja: Clear		Purnima	
Creative Work Siddha Yoga			Chaturdashi* Until 6:38AM	Moon – Purple		Devaloka Day	
				Bhadrapada*Avani			

○	Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Downers Grove, IL Sutra 146
	Silver Retreat Star		Gulika 5:27AM – 7:02AM	Purvaproshtapada* Until 8:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Subhakrit 5124
Kumbha Rasi: 24.43	Tithi 16	Rahu 8:38AM – 10:13AM	Shula* Until 12:28AM Sun	Muruqa: White	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 20 -	
514965473			Balava Until 2:49PM	Nataraja: Clear		Prathama	
Routine Work Marana Yoga			Prathama* Until 1:45AM Sun	Moon – Clear		Devaloka Day	
Until 8:31PM				Bhadrapada*Avani			
Then Creative Work - Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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Sunday, September 11, 2022
Gold Retreat Star

Meena Rasi: 8.52 Tithi 17
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau
Gulika 2:58PM – 4:34PM **Uttaraproshtapada** Until 7:27PM
Yama 11:48AM – 1:23PM Ganda* Until 9:59PM
514965473 **Rahu** 4:34PM – 6:09PM Taitila Until 12:51PM
Grandparent's Day **Dvitiya** Until 12:05AM Mon **Bhadrapada-Avani**

Downers Grove, IL
Sutra 147
Subhakrit 5124
Moon 9 - Phase 21 -
1st Phase
Devaloka Day

Sunrise: 5:28AM
Sunset: 6:09PM

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Clear

1

Monday, September 12, 2022

Meena Rasi: 22.4 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau
Gulika 1:23PM – 2:57PM **Revati** Until 6:55PM
Yama 10:13AM – 11:48AM Vriddhi Until 8:04PM
514965473 **Rahu** 7:04AM – 8:39AM Vanija Until 11:31AM
Tritiya Until 11:06PM

Downers Grove, IL
Sun 1 Sutra 148
Subhakrit 5124
Moon 9 - Phase 21 - 1
1st Phase
Devaloka Day

Sunrise: 5:29AM
Sunset: 6:07PM

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Clear

Bhadrapada-Avani

2

Tuesday, September 13, 2022

Mesha Rasi: 6.02 Tithi 19
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau
Gulika 11:48AM – 1:22PM **Ashvini** Until 7:25PM
Yama 8:39AM – 10:13AM Dhruva Until 6:44PM
524965473 **Rahu** 2:56PM – 4:31PM Bava Until 10:56AM
Chaturthi* Until 10:55PM

Downers Grove, IL
Sun 2 Sutra 149
Subhakrit 5124
Moon 9 - Phase 21 - 2
1st Phase
Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Sunrise: 5:30AM
Sunset: 6:05PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – White

Bhadrapada-Avani

3

Wednesday, September 14, 2022

Mesha Rasi: 18.59 Tithi 20
Creative Work Siddha Yoga
Until 8:34PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 10:13AM – 11:47AM **Bharani** Until 8:34PM
Yama 7:05AM – 8:39AM Vyaghata* Until 6:03PM
524965473 **Rahu** 11:47AM – 1:21PM Kaulava Until 11:09AM
Panchami Until 11:32PM

Downers Grove, IL
Sun 3 Sutra 150
Subhakrit 5124
Moon 9 - Phase 21 - 3
1st Phase
Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Sunrise: 5:31AM
Sunset: 6:03PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – White

Bhadrapada-Avani

4

Thursday, September 15, 2022

Vrishabha Rasi: 1.33 Tithi 21
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 8:39AM – 10:13AM **Krittika** Until 10:17PM
Yama 5:32AM – 7:06AM Harshana Until 5:59PM
525965473 **Rahu** 1:21PM – 2:54PM Gara Until 12:08PM
Shashthi* Until 12:53AM Fri

Downers Grove, IL
Sun 4 Sutra 151
Subhakrit 5124
Moon 9 - Phase 21 - 4
1st Phase
Devaloka Day

Sunrise: 5:32AM
Sunset: 6:02PM

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – White

Bhadrapada-Avani

5

Friday, September 16, 2022

Vrishabha Rasi: 13.49 Tithi 22
Routine Work Marana Yoga
Until 12:55AM Sat
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 7:06AM – 8:40AM **Rohini** Until 12:55AM Sat
Yama 2:53PM – 4:27PM Vajra* Until 6:22PM
535965473 **Rahu** 10:13AM – 11:47AM Visti Until 1:49PM
Saptami Until 2:50AM Sat

Downers Grove, IL
Sun 5 Sutra 152
Subhakrit 5124
Moon 9 - Phase 21 - 5
1st Phase
Sivaloka Day

Sunrise: 5:33AM
Sunset: 6:00PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Yellow

Bhadrapada-Puratasi

D

Saturday, September 17, 2022
Retreat Star

Vrishabha Rasi: 25.52 Tithi 23
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 5:34AM – 7:07AM **Mrigashira** Until 3:44AM Sun
Yama 1:19PM – 2:52PM Siddhi Until 7:06PM
535965473 **Rahu** 8:40AM – 10:13AM Balava Until 3:58PM
Ashtami* Until 5:09AM Sun

Downers Grove, IL
Sun 6 Sutra 153
Subhakrit 5124
Moon 9 - Phase 21 - 6
Ashtami
Sivaloka Day

Sunrise: 5:34AM
Sunset: 5:58PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Yellow

Bhadrapada-Puratasi

Sunday, September 18, 2022

Retreat Star

Mithuna Rasi: 7.46 Tithi 24
Creative Work Siddha Yoga
Until 6:33AM Mon
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Taitila Karana Navamyam Titau
Gulika 2:51PM – 4:24PM **Ardra** Until 6:33AM Mon
Yama 11:46AM – 1:19PM Vyatipata* Until 8:01PM
535965473 **Rahu** 4:24PM – 5:57PM Taitila Until 6:23PM
Navami* Until 7:36AM Mon

Downers Grove, IL
Sun 7 Sutra 154
Subhakrit 5124
Moon 9 - Phase 21 - 7
Navami
Sivaloka Day

Sunrise: 5:35AM
Sunset: 5:57PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Yellow

Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Downers Grove, IL Sun 8 Sutra 155 Subhakrit 5124
	Mithuna Rasi: 19.38	Tithi 24 – 25	Gulika 1:18PM – 2:50PM	Ardra Until 6:33AM	Ganesha: White	<i>Sunrise:</i> 5:36AM	
	Family Home Evening	535965473	Yama 10:13AM – 11:45AM	Variyan Until 8:54PM	Muruqa: White	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 22 - 8
	Creative Work Siddha Yoga		Rahu 7:08AM – 8:41AM	Vanija Until 8:49PM	Nataraja: Clear		2nd Phase
			Navami* Until 7:36AM	Moon – Yellow		Sivaloka Day	
						Bhadrapada-Puratasi	
Then Creative Work - Amrita Yoga							


2	Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Downers Grove, IL Sun 9 Sutra 156 Subhakrit 5124
	Kataka Rasi: 1.32	Tithi 25 – 26	Gulika 11:45AM – 1:17PM	Punarvasu Until 9:36AM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	
		545965473	Yama 8:41AM – 10:13AM	Parigha* Until 9:40PM	Muruqa: White	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 22 - 9
	Creative Work Siddha Yoga		Rahu 2:49PM – 4:21PM	Bava Until 11:05PM	Nataraja: Clear		2nd Phase
			Dashami Until 9:58AM	Moon – Blue		Devaloka Day	
						Bhadrapada-Puratasi	

3	Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Downers Grove, IL Sun 10 Sutra 157 Subhakrit 5124
	Kataka Rasi: 13.31	Tithi 26 – 27	Gulika 10:13AM – 11:45AM	Pushya Until 12:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM	
		545965473	Yama 7:10AM – 8:41AM	Shiva Until 10:12PM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 22 - 10
	Creative Work Siddha Yoga		Rahu 11:45AM – 1:16PM	Kaulava Until 12:59AM Thu	Nataraja: Clear		2nd Phase
			Ekadashi* Until 12:04PM	Moon – Blue		Devaloka Day	
						Bhadrapada-Puratasi	

4	Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Downers Grove, IL Sun 11 Sutra 158 Subhakrit 5124
	Kataka Rasi: 25.38	Tithi 27 – 28	Gulika 8:42AM – 10:13AM	Ashlesha* Until 2:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM	
		545965473	Yama 5:39AM – 7:11AM	Siddha Until 10:21PM	Muruqa: White	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 22 - 11
	Creative Work Siddha Yoga		Rahu 1:16PM – 2:47PM	Gara Until 2:27AM Fri	Nataraja: Clear		2nd Phase
			Dvadashi* Until 1:46PM	Moon – Blue		Devaloka Day	
						Bhadrapada-Puratasi	
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata (Fasting)</i>							

5	Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Downers Grove, IL Sun 12 Sutra 159 Subhakrit 5124
	Simha Rasi: 7.58	Tithi 28 – 29	Gulika 7:11AM – 8:42AM	Magha* Until 4:18PM	Ganesha: Red	<i>Sunrise:</i> 5:40AM	
		555965473	Yama 2:46PM – 4:17PM	Sadhya Until 10:09PM	Muruqa: White	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 22 - 12
	Routine Work Marana Yoga		Rahu 10:13AM – 11:44AM	Visti Until 3:26AM Sat	Nataraja: Clear		2nd Phase
			Trayodashi* Until 2:59PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga							

6	Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Downers Grove, IL Sun 13 Sutra 160 Subhakrit 5124
	Simha Rasi: 20.31	Tithi 29 – 30	Gulika 5:41AM – 7:12AM	Purvaphalguni Until 5:36PM	Ganesha: Green	<i>Sunrise:</i> 5:41AM	
		556965473	Yama 1:14PM – 2:45PM	Subha Until 9:34PM	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 22 - 13
	Creative Work Siddha Yoga		Rahu 8:42AM – 10:13AM	Catuspada Until 3:53AM Sun	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 3:42PM	Moon – Red		Bhuloka Day	
						Bhadrapada-Puratasi	
Then Routine Work - Marana Yoga							
Devaloka Time: 6:PM to 9:PM							

	Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Downers Grove, IL Sun 14 Sutra 161 Subhakrit 5124
	Retreat Star		Gulika 2:44PM – 4:14PM	Uttaraphalguni Until 6:15PM	Ganesha: Blue	<i>Sunrise:</i> 5:42AM	
	Kanya Rasi: 3.17	Tithi 30 – 1	Yama 11:43AM – 1:14PM	Sukla Until 8:33PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 22 - 14
		556165473	Rahu 4:14PM – 5:44PM	Kintughna Until 3:50AM Mon	Nataraja: Clear		Amavasya
			Amavasya* Until 3:54PM	Moon – Red		Bhuloka Day	
						Bhadrapada-Puratasi	
Creative Work Amrita Yoga							
Devaloka Time: 6:PM to 9:PM							
Mahalaya Amavasai (Tamil Nadu)							

Retreat Star	Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Downers Grove, IL Sun 15 Sutra 162 Subhakrit 5124
	Kanya Rasi: 16.19	Tithi 1 – 2	Gulika 1:13PM – 2:43PM	Hasta Until 6:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:43AM	
		566165473	Yama 10:13AM – 11:43AM	Brahma Until 7:11PM	Muruqa: White	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 22 - 15
	Family Home Evening		Rahu 7:13AM – 8:43AM	Balava Until 3:21AM Tue	Nataraja: Clear		Prathama
			Prathama* Until 3:38PM	Moon – Green		Bhuloka Day	
						Ashvina-Puratasi	
Creative Work Siddha Yoga							
Then Routine Work - Prabalarishta Yoga							
Devaloka Time: 6:PM to 9:PM							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

times are standard time. Calculated for Downers Grove, IL on 4/26

www.gurudeva.org/panchang

1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Downers Grove, IL Sun 16 Sutra 163
	Kanya Rasi: 29.34	Tithi 2 – 3	Gulika 11:43AM – 1:12PM	Chitra Until 6:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:44AM	Subhakrit 5124
			Yama 8:44AM – 10:13AM	Indra Until 5:31PM	Muruqa: White	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	666165473 Rahu 2:42PM – 4:11PM	Taitila Until 2:29AM Wed	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:57PM	Moon – Green		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Downers Grove, IL Sun 17 Sutra 164
	Tula Rasi: 13.01	Tithi 3 – 4	Gulika 10:13AM – 11:42AM	Svati Until 6:09PM	Ganesha: Blue	<i>Sunrise:</i> 5:45AM	Subhakrit 5124
			Yama 7:15AM – 8:44AM	Vaidhriti* Until 3:32PM	Muruqa: White	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 Rahu 11:42AM – 1:12PM	Vanija Until 1:17AM Thu	Nataraja: Clear		3rd Phase
			Tritiya Until 1:54PM	Moon – Green		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Prili Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau				Downers Grove, IL Sun 18 Sutra 165
	Tula Rasi: 26.4	Tithi 4 – 5	Gulika 8:44AM – 10:13AM	Vishakha Until 5:37PM	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	Subhakrit 5124
			Yama 5:46AM – 7:15AM	Vishkambha* Until 1:19PM	Muruqa: White	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 23 - 18
	Creative Work	Siddha Yoga	676165473 Rahu 1:11PM – 2:40PM	Bava Until 11:49PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 12:34PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Prili/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Downers Grove, IL Sun 19 Sutra 166
	Vrischika Rasi: 10.28	Tithi 5 – 6	Gulika 7:16AM – 8:45AM	Anuradha Until 4:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Subhakrit 5124
			Yama 2:39PM – 4:07PM	Priti Until 10:56AM	Muruqa: White	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	676165473 Rahu 10:13AM – 11:42AM	Kaulava Until 10:07PM	Nataraja: Clear		3rd Phase
			Panchami Until 10:58AM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Downers Grove, IL Sun 20 Sutra 167
	Vrischika Rasi: 24.24	Tithi 6 – 7	Gulika 5:49AM – 7:17AM	Jyeshtha* Until 3:26PM	Ganesha: Red	<i>Sunrise:</i> 5:49AM	Subhakrit 5124
			Yama 1:10PM – 2:38PM	Ayushman Until 8:21AM	Muruqa: White	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	677165473 Rahu 8:45AM – 10:13AM	Gara Until 8:13PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 9:10AM	Moon – Orange		Devaloka Day	
				Ashvina+Puratasi			

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visi* Karana Saptami/Ashtamyam Titau				Downers Grove, IL Sun 21 Sutra 168
	Retreat Star		Gulika 2:37PM – 4:05PM	Mula* Until 2:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	Subhakrit 5124
	Dhanu Rasi: 8.27	Tithi 7 – 8	Yama 11:41AM – 1:09PM	Sobhana Until 2:48AM Mon	Muruqa: Green	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 Rahu 4:05PM – 5:33PM	Visi Until 6:10PM	Nataraja: Clear		Ashtami
			Saptami Until 7:12AM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Downers Grove, IL Sun 22 Sutra 169
	Retreat Star		Gulika 1:08PM – 2:36PM	Purvashadha* Until 12:52PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
	Dhanu Rasi: 22.35	Tithi 9	Yama 10:13AM – 11:41AM	Athiganda* Until 11:51PM	Muruqa: Green	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 23 - 22
	Family Home Evening		687166473 Rahu 7:18AM – 8:46AM	Balava Until 3:59PM	Nataraja: Clear		Navami
			Navami* Until 2:50AM Tue	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

times are standard time. Calculated for Downers Grove, IL on 4/26

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Downers Grove, IL Sun 23 Sutra 170	
Makara Rasi: 6.49	Tithi 10	Gulika	11:40AM – 1:08PM	Uttarashadha Until 11:12AM	Ganesha: Blue	<i>Sunrise:</i> 5:52AM		Subhakrit 5124	
		Yama	8:46AM – 10:13AM	Sukarma Until 8:50PM	Muruqa: Green	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24 - 23		
		687166473 Rahu	2:35PM – 4:02PM	Taitila Until 1:43PM	Nataraja: Clear		4th Phase		
Routine Work	Prabalarishta Yoga			Dashami Until 12:32AM Wed	Moon – Light Blue			Sivaloka Day	
Until 11:12AM					Ashvina+Puratasi				
Then Creative Work - Siddha Yoga									

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Downers Grove, IL Sun 24 Sutra 171	
Makara Rasi: 21.05	Tithi 11	Gulika	10:13AM – 11:40AM	Shravana Until 9:46AM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM		Subhakrit 5124	
		Yama	7:20AM – 8:46AM	Dhriti Until 5:50PM	Muruqa: Green	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 24 - 24		
		697166473 Rahu	11:40AM – 1:07PM	Vanija Until 11:24AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Ekadashi Until 10:14PM	Moon – Purple			Devaloka Day	
Until 9:46AM		Vijaya Dasami			Ashvina+Puratasi				
Then Routine Work - Prabalarishta Yoga									

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Downers Grove, IL Sun 25 Sutra 172	
Kumbha Rasi: 5.2	Tithi 12	Gulika	8:47AM – 10:13AM	Dhanishtha Until 8:14AM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM		Subhakrit 5124	
		Yama	5:54AM – 7:20AM	Shula* Until 2:51PM	Muruqa: Green	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 24 - 25		
		697166473 Rahu	1:06PM – 2:33PM	Bava Until 9:07AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Dvadashi Until 8:00PM	Moon – Purple			Devaloka Day	
		Kadaitswami Mahasamadhi			Ashvina+Puratasi				

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Downers Grove, IL Sun 26 Sutra 173	
Kumbha Rasi: 19.3	Tithi 13 – 14	Gulika	7:21AM – 8:47AM	Shatabhishak Until 6:41AM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM		Subhakrit 5124	
		Yama	2:32PM – 3:58PM	Ganda* Until 12:01PM	Muruqa: Green	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 24 - 26		
		697166474 Rahu	10:13AM – 11:40AM	Kaulava Until 6:58AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga			Trayodashi Until 5:58PM	Moon – Purple			Bhuloka Day	
		Chidambaram Abhishekam			Ashvina+Puratasi			Devaloka Time: 9:AM to 12:PM	

Pradosha Vrata

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Downers Grove, IL Sun 27 Sutra 174	
Meena Rasi: 3.31	Tithi 14 – 15	Gulika	5:56AM – 7:22AM	Uttaraproshtapada Until 4:50AM Sun	Ganesha: White	<i>Sunrise:</i> 5:56AM		Subhakrit 5124	
		Yama	1:05PM – 2:31PM	Vridhni Until 9:25AM	Muruqa: Green	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 24 - 27		
		618166474 Rahu	8:48AM – 10:13AM	Visti Until 3:31AM Sun	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 4:13PM	Moon – Clear			Bhuloka Day	
Until 4:50AM Sun					Ashvina+Puratasi				
Then Creative Work - Amrita Yoga									

○		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Downers Grove, IL Sutra 175	
Copper Retreat Star		Gulika	2:30PM – 3:55PM	Revati Until 4:21AM Mon	Ganesha: White	<i>Sunrise:</i> 5:57AM		Subhakrit 5124	
Meena Rasi: 17.19	Tithi 15 – 16	Yama	11:39AM – 1:04PM	Dhruva Until 7:05AM	Muruqa: Green	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 24 -		
		618166474 Rahu	3:55PM – 5:21PM	Balava Until 2:28AM Mon	Nataraja: Purple		Purnima		
Creative Work	Amrita Yoga			Purnima* Until 2:54PM	Moon – Clear			Bhuloka Day	
Until 4:21AM Mon					Ashvina+Puratasi				
Then Creative Work - Siddha Yoga									

Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Downers Grove, IL Sutra 176			
Silver Retreat Star		Gulika	1:04PM – 2:29PM	Ashvini Until 4:45AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:58AM		Subhakrit 5124	
Mesha Rasi: 0.49	Tithi 16 – 17	Yama	10:14AM – 11:39AM	Harshana Until 3:44AM Tue	Muruqa: White	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 24 -		
Family Home Evening		628176474 Rahu	7:23AM – 8:48AM	Taitila Until 1:59AM Tue	Nataraja: Purple		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 2:07PM	Moon – White			Bhuloka Day	
					Ashvina+Puratasi			Devaloka Time: 6:AM to 9:AM	



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Downers Grove, IL

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 14 Tithi 17 - 18

628176474

Gulika 11:38AM - 1:03PM
Yama 8:49AM - 10:14AM
Rahu 2:28PM - 3:53PM

Bharani Until 5:38AM Wed
Vajra* Until 2:47AM Wed
Vanija Until 2:10AM Wed
Dvitiya Until 1:58PM

Ganesha: Yellow *Sunrise:* 5:59AM

Muruqa: White *Sunset:* 5:18PM

Nataraja: Purple Moon - White

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 5:38AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Downers Grove, IL

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.51 Tithi 18 - 19

628176474

Gulika 10:14AM - 11:38AM
Yama 7:25AM - 8:49AM
Rahu 11:38AM - 1:03PM

Krittika Until 7:01AM Thu
Siddhi Until 2:23AM Thu
Bava Until 3:02AM Thu
Tritiya Until 2:30PM

Ganesha: Yellow *Sunrise:* 6:00AM

Muruqa: White *Sunset:* 5:16PM

Nataraja: Purple Moon - White

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 7:01AM Thu

Then Routine Work - Marana Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Downers Grove, IL

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 9.23 Tithi 19 - 20

628176474

Gulika 8:50AM - 10:14AM
Yama 6:01AM - 7:26AM
Rahu 1:02PM - 2:26PM

Krittika Until 7:01AM
Vyatipata* Until 2:28AM Fri
Kaulava Until 4:32AM Fri
Chaturthi* Until 3:41PM

Ganesha: Yellow *Sunrise:* 6:01AM

Muruqa: White *Sunset:* 5:14PM

Nataraja: Purple Moon - White

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taaila/Gara Karana Panchami/Shashthyam Titau

Downers Grove, IL

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.38 Tithi 20 - 21

639176474

Gulika 7:26AM - 8:50AM
Yama 2:25PM - 3:49PM
Rahu 10:14AM - 11:38AM

Rohini Until 9:19AM
Variyan Until 2:56AM Sat
Gara Until 6:32AM Sat
Panchami Until 5:27PM

Ganesha: Red *Sunrise:* 6:03AM

Muruqa: White *Sunset:* 5:13PM

Nataraja: Purple Moon - Yellow

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 9:19AM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Downers Grove, IL

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.42 Tithi 21

639176474

Gulika 6:04AM - 7:27AM
Yama 1:01PM - 2:24PM
Rahu 8:51AM - 10:14AM

Mrigashira Until 11:55AM
Parigha* Until 3:40AM Sun
Gara Until 6:32AM
Shashthi* Until 7:39PM

Ganesha: Red *Sunrise:* 6:04AM

Muruqa: White *Sunset:* 5:11PM

Nataraja: Purple Moon - Yellow

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Downers Grove, IL

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.38 Tithi 22

639176474

Gulika 2:24PM - 3:47PM
Yama 11:37AM - 1:00PM
Rahu 3:47PM - 5:10PM

Ardra Until 2:37PM
Shiva Until 4:32AM Mon
Visti Until 8:52AM
Saptami Until 10:04PM

Ganesha: Red *Sunrise:* 6:05AM

Muruqa: White *Sunset:* 5:10PM

Nataraja: Purple Moon - Yellow

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Downers Grove, IL

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.31 Tithi 23

649176474

Gulika 1:00PM - 2:23PM
Yama 10:14AM - 11:37AM
Rahu 7:29AM - 8:52AM

Punarvasu Until 5:42PM
Siddha Until 5:20AM Tue
Balava Until 11:18AM
Ashtami* Until 12:29AM Tue

Ganesha: Green *Sunrise:* 6:06AM

Muruqa: White *Sunset:* 5:08PM

Nataraja: Purple Moon - Blue

Devaloka Day

Ashvina+Aipasi

Creative Work Amrita Yoga

Until 5:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Taaila/Gara Karana Navamyam Titau

Downers Grove, IL

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 9.26 Tithi 24

649176474

Gulika 11:37AM - 12:59PM
Yama 8:52AM - 10:14AM
Rahu 2:22PM - 3:44PM

Pushya Until 8:29PM
Sadhya Until 5:58AM Wed
Taaila Until 1:39PM
Navami* Until 2:42AM Wed

Ganesha: Green *Sunrise:* 6:07AM

Muruqa: White *Sunset:* 5:07PM

Nataraja: Purple Moon - Blue

Devaloka Day

Ashvina+Aipasi

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

www.gurudeva.org/panchang

1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Subha Yoga Vanija/Visli* Karana Dashamyam Titau				Downers Grove, IL Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 21.25	Tithi 25	Gulika 10:15AM – 11:37AM	Ashlesha* Until 10:47PM	Ganesha: Green	<i>Sunrise:</i> 6:08AM	
			Yama 7:30AM – 8:52AM	Subha Until 6:19AM Thu	Muruqa: White	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 26 - 9
	649176474	Rahu 11:37AM – 12:59PM		Vanija Until 3:42PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:32AM Thu	Moon – Blue		Devaloka Day	
				Ashvina-Aipasi			

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Downers Grove, IL Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.35	Tithi 26	Gulika 8:53AM – 10:15AM	Magha* Until 12:55AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:09AM	
			Yama 6:09AM – 7:31AM	Subha Until 6:19AM	Muruqa: White	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 26 - 10
	659276474	Rahu 12:58PM – 2:20PM		Bava Until 5:17PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 5:51AM Fri	Moon – Red		Bhuloka Day	
Until 12:55AM Fri				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava Karana Dvadashyam Titau				Downers Grove, IL Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.58	Tithi 27	Gulika 7:32AM – 8:53AM	Purvaphalguni Until 2:18AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:11AM	
			Yama 2:19PM – 3:41PM	Sukla Until 6:13AM	Muruqa: White	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 26 - 11
	659276474	Rahu 10:15AM – 11:36AM		Kaulava Until 6:18PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:33AM Sat	Moon – Red		Bhuloka Day	
Until 2:18AM Sat				Ashvina-Aipasi			
Then Routine Work - Marana Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Downers Grove, IL Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.37	Tithi 27 – 28	Gulika 6:12AM – 7:33AM	Uttaraphalguni Until 2:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	
			Yama 12:57PM – 2:18PM	Indra Until 4:37AM Sun	Muruqa: White	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 26 - 12
	651276474	Rahu 8:54AM – 10:15AM		Gara Until 6:40PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 6:33AM	Moon – Red		Bhuloka Day	
Until 2:55AM Sun				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Downers Grove, IL Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.35	Tithi 28 – 29	Gulika 2:18PM – 3:38PM	Hasta Until 3:13AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:13AM	
			Yama 11:36AM – 12:57PM	Vaidhriti* Until 3:02AM Mon	Muruqa: White	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 26 - 13
	661276474	Rahu 3:38PM – 4:59PM		Visti Until 6:23PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 6:35AM	Moon – Green		Bhuloka Day	
Until 3:13AM Mon				Ashvina-Aipasi			
Then Routine Work - Prabalarishta Yoga							

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Downers Grove, IL Sun 14 Sutra 190 Subhakrit 5124
	Retreat Star		Gulika 12:56PM – 2:17PM	Chitra Until 2:47AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 6:14AM	
	Kanya Rasi: 24.53	Tithi 29 – 30	Yama 10:15AM – 11:36AM	Vishkambha* Until 1:01AM Tue	Muruqa: White	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 26 - 14
	Family Home Evening		Rahu 7:34AM – 8:55AM	Naga Until 4:50AM Tue	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 6:00AM	Moon – Green		Bhuloka Day	
Until 2:47AM Tue				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Downers Grove, IL Sun 15 Sutra 191 Subhakrit 5124
	Retreat Star		Gulika 11:36AM – 12:56PM	Svati Until 1:45AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 6:15AM	
	Tula Rasi: 8.29	Tithi 1	Yama 8:56AM – 10:16AM	Priti Until 10:37PM	Muruqa: White	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 26 - 15
	661276474	Rahu 2:16PM – 3:36PM		Kintughna Until 4:06PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:13AM Wed	Moon – Green		Bhuloka Day	
				Kartika-Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Downers Grove, IL Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 22.23	Tithi 2	Gulika 10:16AM – 11:36AM	Vishakha Until 12:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:16AM	
			Yama 7:36AM – 8:56AM	Ayushman Until 7:54PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 Rahu 11:36AM – 12:56PM	Balava Until 2:16PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 1:13AM Thu	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Downers Grove, IL Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 6.29	Tithi 3	Gulika 8:57AM – 10:16AM	Anuradha Until 11:07PM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	
			Yama 6:18AM – 7:37AM	Saubhagya Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 Rahu 12:55PM – 2:15PM	Taitila Until 12:09PM	Nataraja: Clear		3rd Phase
			Tritiya Until 11:00PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Downers Grove, IL Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 20.45	Tithi 4	Gulika 7:38AM – 8:57AM	Jyeshtha* Until 9:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	
			Yama 2:14PM – 3:33PM	Sobhana Until 1:54PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 Rahu 10:16AM – 11:36AM	Vanija Until 9:50AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 8:38PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Downers Grove, IL Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 5.04	Tithi 5	Gulika 6:20AM – 7:39AM	Mula* Until 7:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	
			Yama 12:54PM – 2:13PM	Athiganda* Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	681276574 Rahu 8:58AM – 10:17AM	Bava Until 7:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 6:14PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Downers Grove, IL Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 19.24	Tithi 6 – 7	Gulika 2:13PM – 3:31PM	Purvashadha* Until 6:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	
			Yama 11:35AM – 12:54PM	Sukarma Until 7:39AM	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	681276574 Rahu 3:31PM – 4:50PM	Gara Until 2:45AM Mon	Nataraja: Clear		3rd Phase
			Shashthi* Until 3:52PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

D	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Downers Grove, IL Sun 21 Sutra 197 Subhakit 5124
	Makara Rasi: 3.4	Tithi 7 – 8	Gulika 12:54PM – 2:12PM	Uttarashadha Until 4:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	
	Family Home Evening		Yama 10:17AM – 11:35AM	Shula* Until 1:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 27 - 21
	Routine Work	Marana Yoga	681276574 Rahu 7:41AM – 8:59AM	Visti Until 12:35AM Tue	Nataraja: Clear		Ashtami
			Saptami Until 1:38PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

D	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Downers Grove, IL Sun 22 Sutra 198 Subhakit 5124
	Makara Rasi: 17.5	Tithi 8 – 9	Gulika 11:35AM – 12:53PM	Shravana Until 3:21PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	
			Yama 8:59AM – 10:17AM	Ganda* Until 10:55PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	691276574 Rahu 2:11PM – 3:29PM	Balava Until 10:37PM	Nataraja: Clear		Navami
			Ashtami* Until 11:33AM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Wednesday, November 2, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Downers Grove, IL Sun 23 Sutra 199
	Kumbha Rasi: 1.52 Tithi 9 – 10	Gulika 10:18AM – 11:35AM	Dhanishtha Until 2:14PM	Ganesha: Green <i>Sunrise:</i> 6:25AM	Subhakrit 5124
	692276574	Yama 7:42AM – 9:00AM	Vriddhi Until 8:20PM	Muruqa: Clear <i>Sunset:</i> 4:46PM	Moon 10 - Phase 28 - 23
	Routine Work Prabalarishta Yoga Until 2:14PM Then Creative Work - Siddha Yoga	Rahu 11:35AM – 12:53PM	Taitila Until 8:51PM	Nataraja: Clear Moon – Purple	4th Phase
			Navami* Until 9:41AM	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Thursday, November 3, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Downers Grove, IL Sun 24 Sutra 200
	Kumbha Rasi: 15.46 Tithi 10 – 11	Gulika 9:01AM – 10:18AM	Shatabhishak Until 1:12PM	Ganesha: Green <i>Sunrise:</i> 6:26AM	Subhakrit 5124
	692276574	Yama 6:26AM – 7:43AM	Dhruva Until 5:56PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 10 - Phase 28 - 24
	Creative Work Siddha Yoga	Rahu 12:53PM – 2:10PM	Vanija Until 7:22PM	Nataraja: Clear Moon – Purple	4th Phase
			Dashami Until 8:03AM	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Friday, November 4, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau			Downers Grove, IL Sun 25 Sutra 201
	Kumbha Rasi: 29.3 Tithi 11 – 12	Gulika 7:44AM – 9:01AM	Purvaproshtapada* Until 12:44PM	Ganesha: Blue <i>Sunrise:</i> 6:27AM	Subhakrit 5124
	612276574	Yama 2:09PM – 3:27PM	Vyaghata* Until 3:46PM	Muruqa: Clear <i>Sunset:</i> 4:44PM	Moon 10 - Phase 28 - 25
	Creative Work Siddha Yoga	Rahu 10:18AM – 11:35AM	Bava Until 6:10PM	Nataraja: Clear Moon – Clear	4th Phase
			Ekadashi Until 6:42AM	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Saturday, November 5, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Downers Grove, IL Sun 26 Sutra 202
	Meena Rasi: 13.02 Tithi 13	Gulika 6:28AM – 7:45AM	Uttaraproshtapada Until 12:28PM	Ganesha: Blue <i>Sunrise:</i> 6:28AM	Subhakrit 5124
	612276574	Yama 12:52PM – 2:09PM	Harshana Until 1:54PM	Muruqa: Clear <i>Sunset:</i> 4:42PM	Moon 10 - Phase 28 - 26
	Creative Work Siddha Yoga Until 12:28PM Then Routine Work - Prabalarishta Yoga	Rahu 9:02AM – 10:19AM	Kaulava Until 5:19PM	Nataraja: Clear Moon – Clear	4th Phase
			Trayodashi Until 5:01AM Sun	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
<i>Pradosha Vrata</i>					

5	Sunday, November 6, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau			Downers Grove, IL Sun 27 Sutra 203
	Meena Rasi: 26.22 Tithi 14	Gulika 2:08PM – 3:25PM	Revati Until 12:25PM	Ganesha: Blue <i>Sunrise:</i> 6:30AM	Subhakrit 5124
	612276574	Yama 11:35AM – 12:52PM	Vajra* Until 12:18PM	Muruqa: Clear <i>Sunset:</i> 4:41PM	Moon 10 - Phase 28 - 27
	Creative Work Amrita Yoga Until 12:25PM Then Creative Work - Siddha Yoga	Rahu 3:25PM – 4:41PM	Gara Until 4:52PM	Nataraja: Clear Moon – Clear	4th Phase
			Chaturdashi* Until 4:47AM Mon	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

○	Monday, November 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistii*/Bava Karana Purnimayam Titau			Downers Grove, IL Sutra 204
	Copper Retreat Star	Gulika 12:52PM – 2:08PM	Ashvini Until 1:07PM	Ganesha: Blue <i>Sunrise:</i> 6:31AM	Subhakrit 5124
	Mesha Rasi: 9.29 Tithi 15	Yama 10:19AM – 11:35AM	Siddhi Until 11:05AM	Muruqa: Clear <i>Sunset:</i> 4:40PM	Moon 10 - Phase 28 -
	Family Home Evening 722276574	Rahu 7:47AM – 9:03AM	Vistii Until 4:52PM	Nataraja: Clear Moon – White	Purnima
			Purnima* Until 5:02AM Tue	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

○	Tuesday, November 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau			Downers Grove, IL Sutra 205
	Silver Retreat Star	Gulika 11:36AM – 12:51PM	Bharani Until 2:08PM	Ganesha: Blue <i>Sunrise:</i> 6:32AM	Subhakrit 5124
	Mesha Rasi: 22.21 Tithi 16	Yama 9:04AM – 10:20AM	Vyatipata* Until 10:14AM	Muruqa: Clear <i>Sunset:</i> 4:39PM	Moon 10 - Phase 28 -
	722276574	Rahu 2:07PM – 3:23PM	Balava Until 5:23PM	Nataraja: Clear Moon – White	Prathama
			Prathama* Until 5:49AM Wed	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022
Gold Retreat Star

Wrishabha Rasi: 4.58 Tithi 17

722276574

Creative Work Amrita Yoga
Until 3:29PM
Then Creative Work - Siddha Yoga

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Varyani/Parigha* Yoga Tailila Karana Dvitiyayam Titau

Gulika 10:20AM – 11:36AM
Yama 7:49AM – 9:04AM
Rahu 11:36AM – 12:51PM

Krittika Until 3:29PM
Variyan Until 9:46AM
Tailila Until 6:25PM
Dvitiya Until 7:06AM Thu

Downers Grove, IL
Sutra 206
Subhakarit 5124
Moon 11 - Phase 29 - 1st Phase

Ganesha: Blue *Sunrise:* 6:33AM
Muruqa: Clear *Sunset:* 4:38PM

Nataraja: Clear
Moon – White

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Thursday, November 10, 2022

Wrishabha Rasi: 17.22 Tithi 17 – 18

732276574

Routine Work Marana Yoga

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Grigashira Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 9:05AM – 10:20AM
Yama 6:34AM – 7:50AM
Rahu 12:51PM – 2:06PM

Rohini Until 5:39PM
Parigha* Until 9:42AM
Vanija Until 7:56PM
Dvitiya Until 7:06AM

Downers Grove, IL
Sun 1 Sutra 207
Subhakarit 5124
Moon 11 - Phase 29 - 1st Phase

Ganesha: Red *Sunrise:* 6:34AM
Muruqa: Clear *Sunset:* 4:37PM

Nataraja: Clear
Moon – Yellow

Devaloka Day
Kartika-Aipasi

2

Friday, November 11, 2022

Wrishabha Rasi: 29.34 Tithi 18 – 19

732276574

Creative Work Siddha Yoga

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Gulika 7:51AM – 9:06AM
Yama 2:06PM – 3:21PM
Rahu 10:21AM – 11:36AM

Mrigashira Until 8:05PM
Shiva Until 10:00AM
Bava Until 9:55PM
Tritiya Until 8:51AM

Downers Grove, IL
Sun 2 Sutra 208
Subhakarit 5124
Moon 11 - Phase 29 - 2nd Phase

Ganesha: Red *Sunrise:* 6:36AM
Muruqa: Clear *Sunset:* 4:36PM

Nataraja: Clear
Moon – Yellow

Devaloka Day
Kartika-Aipasi

3

Saturday, November 12, 2022

Mithuna Rasi: 11.37 Tithi 19 – 20

732276574

Creative Work Siddha Yoga

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:37AM – 7:52AM
Yama 12:51PM – 2:05PM
Rahu 9:06AM – 10:21AM

Ardra Until 10:39PM
Siddha Until 10:34AM
Kaulava Until 12:12AM Sun
Chaturthi* Until 11:00AM

Downers Grove, IL
Sun 3 Sutra 209
Subhakarit 5124
Moon 11 - Phase 29 - 3rd Phase

Ganesha: Red *Sunrise:* 6:37AM
Muruqa: Clear *Sunset:* 4:35PM

Nataraja: Clear
Moon – Yellow

Devaloka Day
Kartika-Aipasi

4

Sunday, November 13, 2022

Mithuna Rasi: 23.33 Tithi 20 – 21

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Creative Work Siddha Yoga

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 2:05PM – 3:20PM
Yama 11:36AM – 12:51PM
Rahu 3:20PM – 4:34PM

Punarvasu Until 1:45AM Mon
Sadhya Until 11:19AM
Gara Until 2:41AM Mon
Panchami Until 1:24PM

Downers Grove, IL
Sun 4 Sutra 210
Subhakarit 5124
Moon 11 - Phase 29 - 4th Phase

Ganesha: Green *Sunrise:* 6:38AM
Muruqa: Clear *Sunset:* 4:34PM

Nataraja: Clear
Moon – Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Kartika-Aipasi

5

Monday, November 14, 2022

Kataka Rasi: 5.26 Tithi 21 – 22

Family Home Evening

742376574

Creative Work Siddha Yoga

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 12:50PM – 2:05PM
Yama 10:22AM – 11:36AM
Rahu 7:53AM – 9:08AM

Pushya Until 4:40AM Tue
Subha Until 12:11PM
Visti Until 5:09AM Tue
Shashthi* Until 3:54PM

Downers Grove, IL
Sun 5 Sutra 211
Subhakarit 5124
Moon 11 - Phase 29 - 5th Phase

Ganesha: White *Sunrise:* 6:39AM
Muruqa: Clear *Sunset:* 4:33PM

Nataraja: Clear
Moon – Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Kartika-Aipasi

6

Tuesday, November 15, 2022

Kataka Rasi: 17.19 Tithi 22

743376574

Creative Work Siddha Yoga

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Bava Karana Saptamyam Titau

Gulika 11:36AM – 12:50PM
Yama 9:08AM – 10:22AM
Rahu 2:04PM – 3:18PM

Ashlesha* Until 7:15AM Wed
Sukla Until 12:57PM
Bava Until 6:18PM
Saptami Until 6:18PM

Downers Grove, IL
Sun 6 Sutra 212
Subhakarit 5124
Moon 11 - Phase 29 - 6th Phase

Ganesha: Green *Sunrise:* 6:40AM
Muruqa: Clear *Sunset:* 4:32PM

Nataraja: Clear
Moon – Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Kartika-Aipasi

D

Wednesday, November 16, 2022
Retreat Star

Kataka Rasi: 29.17 Tithi 23

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Creative Work Siddha Yoga

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 10:23AM – 11:37AM
Yama 7:55AM – 9:09AM
Rahu 11:37AM – 12:50PM

Ashlesha* Until 7:15AM
Brahma Until 1:33PM
Balava Until 7:26AM
Ashtami* Until 8:24PM

Downers Grove, IL
Sun 7 Sutra 213
Subhakarit 5124
Moon 11 - Phase 29 - 7th Phase

Ganesha: Green *Sunrise:* 6:42AM
Muruqa: Clear *Sunset:* 4:32PM

Nataraja: Clear
Moon – Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Kartika-Karttikai

Thursday, November 17, 2022

Retreat Star

Simha Rasi: 11.24 Tithi 24

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Creative Work Amrita Yoga
Until 9:47AM
Then Creative Work - Siddha Yoga

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Valdhriti* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 9:10AM – 10:23AM
Yama 6:43AM – 7:56AM
Rahu 12:50PM – 2:04PM

Magha* Until 9:47AM
Indra Until 1:49PM
Tailila Until 9:19AM
Navami* Until 10:01PM

Downers Grove, IL
Sun 8 Sutra 214
Subhakarit 5124
Moon 11 - Phase 29 - 8th Phase

Ganesha: Orange *Sunrise:* 6:43AM
Muruqa: Clear *Sunset:* 4:31PM

Nataraja: Purple
Moon – Red

Sivaloka Day
Kartika-Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Downers Grove, IL Sun 9 Sutra 215 Subhakrit 5124
	Simha Rasi: 23.44	Tithi 25	Gulika 7:57AM – 9:11AM	Purvaphalguni Until 11:35AM	Ganesha: Orange	<i>Sunrise:</i> 6:44AM	
			Yama 2:03PM – 3:17PM	Vaidhriti* Until 1:37PM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 30 - 9
	753376575	Rahu 10:24AM – 11:37AM		Vanija Until 10:37AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:00PM	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

2	Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Downers Grove, IL Sun 10 Sutra 216 Subhakrit 5124
	Kanya Rasi: 6.23	Tithi 26	Gulika 6:45AM – 7:58AM	Uttaraphalguni Until 12:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:45AM	
			Yama 12:50PM – 2:03PM	Vishkambha* Until 12:53PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 30 - 10
	753376575	Rahu 9:11AM – 10:24AM		Bava Until 11:13AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 11:13PM	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

3	Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Downers Grove, IL Sun 11 Sutra 217 Subhakrit 5124
	Kanya Rasi: 19.23	Tithi 27	Gulika 2:03PM – 3:16PM	Hasta Until 1:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:46AM	
			Yama 11:37AM – 12:50PM	Priti Until 11:33AM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 30 - 11
	763376575	Rahu 3:16PM – 4:28PM		Kaulava Until 11:03AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dvadashti* Until 10:40PM	Moon – Green		Devaloka Day	
Until 1:07PM				Karttika-Karttikai			
Then Creative Work - Siddha Yoga							

4	Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Downers Grove, IL Sun 12 Sutra 218 Subhakrit 5124
	Tula Rasi: 2.48	Tithi 28	Gulika 12:50PM – 2:03PM	Chitra Until 12:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:48AM	
	Family Home Evening		Yama 10:25AM – 11:38AM	Ayushman Until 9:36AM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 30 - 12
	763376575	Rahu 8:00AM – 9:13AM		Gara Until 10:07AM	Nataraja: Purple		2nd Phase
Routine Work	Prabalarishta Yoga		Trayodashi* Until 9:22PM	Moon – Green		Devaloka Day	
Until 12:45PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Downers Grove, IL Sun 13 Sutra 219 Subhakrit 5124
	Tula Rasi: 16.38	Tithi 29	Gulika 11:38AM – 12:50PM	Svati Until 11:34AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:49AM	
			Yama 9:13AM – 10:26AM	Saubhagya Until 7:07AM	Muruqa: Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 30 - 13
	763376575	Rahu 2:03PM – 3:15PM		Visti Until 8:30AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:26PM	Moon – Green		Devaloka Day	
Until 11:34AM				Karttika-Karttikai		Tour Day	
Then Routine Work - Marana Yoga							

	Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Downers Grove, IL Sun 14 Sutra 220 Subhakrit 5124
	Retreat Star		Gulika 10:26AM – 11:38AM	Vishakha Until 10:07AM	Ganesha: Purple	<i>Sunrise:</i> 6:50AM	
	Vrischika Rasi: 0.51	Tithi 30 – 1	Yama 8:02AM – 9:14AM	Athiganda* Until 12:48AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 30 - 14
	773376575	Rahu 11:38AM – 12:50PM		Catuspada Until 6:16AM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:58PM	Moon – Orange		Devaloka Day	
				Karttika-Karttikai			

	Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Downers Grove, IL Sun 15 Sutra 221 Subhakrit 5124
	Retreat Star		Gulika 9:15AM – 10:27AM	Anuradha Until 8:06AM	Ganesha: Purple	<i>Sunrise:</i> 6:51AM	
	Vrischika Rasi: 15.22	Tithi 1 – 2	Yama 6:51AM – 8:03AM	Sukarma Until 9:11PM	Muruqa: Clear	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 30 - 15
	773376575	Rahu 12:50PM – 2:02PM		Balava Until 12:39AM Fri	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:08PM	Moon – Orange		Devaloka Day	
Until 8:06AM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Downers Grove, IL Sun 16 Sutra 222 Subhakrit 5124	
Dhanus Rasi: 0.05	Tithi 2 – 3	783376575	Gulika 8:04AM – 9:16AM Yama 2:02PM – 3:14PM Rahu 10:27AM – 11:39AM	Mula* Until 3:26AM Sat Dhriti Until 5:27PM Taitila Until 9:32PM Dvitiya Until 11:05AM	Ganesha: Light Blue <i>Sunrise:</i> 6:52AM Muruqa: Clear <i>Sunset:</i> 4:25PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 16 3rd Phase	
Creative Work Amrita Yoga Until 3:26AM Sat Then Creative Work - Siddha Yoga							
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Downers Grove, IL Sun 17 Sutra 223 Subhakrit 5124	
Dhanus Rasi: 14.54	Tithi 3 – 4	783376575	Gulika 6:53AM – 8:05AM Yama 12:51PM – 2:02PM Rahu 9:16AM – 10:28AM	Purvashadha* Until 1:06AM Sun Shula* Until 1:41PM Vanija Until 6:26PM Tritiya Until 7:57AM	Ganesha: Light Blue <i>Sunrise:</i> 6:53AM Muruqa: Clear <i>Sunset:</i> 4:25PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 17 3rd Phase	
Creative Work Siddha Yoga Until 1:06AM Sun Then Creative Work - Amrita Yoga							
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau		Downers Grove, IL Sun 18 Sutra 224 Subhakrit 5124	
Dhanus Rasi: 29.4	Tithi 5	783376575	Gulika 2:02PM – 3:13PM Yama 11:39AM – 12:51PM Rahu 3:13PM – 4:25PM	Uttarashadha Until 10:49PM Ganda* Until 10:00AM Bava Until 3:29PM Panchami Until 2:04AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:54AM Muruqa: Clear <i>Sunset:</i> 4:25PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 18 3rd Phase	
Creative Work Amrita Yoga							
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Downers Grove, IL Sun 19 Sutra 225 Subhakrit 5124	
Makara Rasi: 14.16	Tithi 6	793376575	Gulika 12:51PM – 2:02PM Yama 10:29AM – 11:40AM Rahu 8:07AM – 9:18AM	Shravana Until 9:06PM Vridhhi Until 6:32AM Kaulava Until 12:47PM Shashthi* Until 11:34PM	Ganesha: Orange <i>Sunrise:</i> 6:56AM Muruqa: Clear <i>Sunset:</i> 4:24PM Nataraja: Purple Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 19 3rd Phase	
Family Home Evening Creative Work Amrita Yoga Until 9:06PM Then Creative Work - Siddha Yoga							
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Downers Grove, IL Sun 20 Sutra 226 Subhakrit 5124	
Makara Rasi: 28.37	Tithi 7	794376575	Gulika 11:40AM – 12:51PM Yama 9:18AM – 10:29AM Rahu 2:02PM – 3:13PM	Dhanishtha Until 7:39PM Vyaghata* Until 12:29AM Wed Gara Until 10:28AM Saptami Until 9:28PM	Ganesha: Clear <i>Sunrise:</i> 6:57AM Muruqa: Clear <i>Sunset:</i> 4:24PM Nataraja: Purple Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 20 3rd Phase	
Creative Work Siddha Yoga Until 7:39PM Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Downers Grove, IL Sun 21 Sutra 227 Subhakrit 5124	
Kumbha Rasi: 12.41	Tithi 8	794376575	Gulika 10:30AM – 11:41AM Yama 8:08AM – 9:19AM Rahu 11:41AM – 12:51PM	Shatabhishak Until 6:32PM Harshana Until 10:02PM Visti Until 8:37AM Ashtami* Until 7:51PM	Ganesha: Clear <i>Sunrise:</i> 6:58AM Muruqa: Clear <i>Sunset:</i> 4:23PM Nataraja: Purple Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 21 Ashtami	
Creative Work Siddha Yoga Until 6:32PM Then Creative Work - Amrita Yoga							
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Downers Grove, IL Sun 22 Sutra 228 Subhakrit 5124	
Kumbha Rasi: 26.26	Tithi 9	714376575	Gulika 9:20AM – 10:30AM Yama 6:59AM – 8:09AM Rahu 12:51PM – 2:02PM	Purvaproshtapada* Until 6:12PM Vajra* Until 7:57PM Balava Until 7:15AM Navami* Until 6:45PM	Ganesha: Red <i>Sunrise:</i> 6:59AM Muruqa: Clear <i>Sunset:</i> 4:23PM Nataraja: Purple Moon – Clear Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 22 Navami	
Creative Work Siddha Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau			Downers Grove, IL Sun 23 Sutra 229		
Meena Rasi: 9.54	Tithi 10	Gulika 8:10AM – 9:21AM	Uttaraproshtapada Until 6:14PM	Ganesha: Red	<i>Sunrise:</i> 7:00AM	Subhakrit 5124			
		Yama 2:02PM – 3:12PM	Siddhi Until 6:18PM	Muruqa: Clear	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 32 - 23			
714376575		Rahu 10:31AM – 11:41AM	Taitila Until 6:25AM	Nataraja: Purple		4th Phase			
Creative Work	Siddha Yoga		Dashami Until 6:10PM	Moon – Clear		Sivaloka Day			
				Margasira-Karttikai					
2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau			Downers Grove, IL Sun 24 Sutra 230		
Meena Rasi: 23.05	Tithi 11	Gulika 7:01AM – 8:11AM	Revati Until 6:37PM	Ganesha: Red	<i>Sunrise:</i> 7:01AM	Subhakrit 5124			
		Yama 12:52PM – 2:02PM	Vyatipata* Until 5:04PM	Muruqa: Clear	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 32 - 24			
714376575		Rahu 9:21AM – 10:31AM	Vanija Until 6:05AM	Nataraja: Purple		4th Phase			
Routine Work	Prabalarishta Yoga		Ekadashi Until 6:06PM	Moon – Clear		Sivaloka Day			
Until 6:37PM		Gita Jayanthi		Margasira-Karttikai					
Then Creative Work - Siddha Yoga									
3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau			Downers Grove, IL Sun 25 Sutra 231		
Mesha Rasi: 6.01	Tithi 12	Gulika 2:02PM – 3:12PM	Ashvini Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM	Subhakrit 5124			
		Yama 11:42AM – 12:52PM	Variyan Until 4:10PM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Moon 11 - Phase 32 - 25			
724376575		Rahu 3:12PM – 4:22PM	Bava Until 6:15AM	Nataraja: Purple		4th Phase			
Creative Work	Siddha Yoga		Dvadashi Until 6:30PM	Moon – White		Devaloka Day			
Until 7:45PM				Margasira-Karttikai					
Then Routine Work - Prabalarishta Yoga									
4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Downers Grove, IL Sun 26 Sutra 232		
Mesha Rasi: 18.44	Tithi 13	Gulika 12:52PM – 2:02PM	Bharani Until 9:09PM	Ganesha: Blue	<i>Sunrise:</i> 7:03AM	Subhakrit 5124			
Family Home Evening		Yama 10:33AM – 11:43AM	Parigha* Until 3:37PM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Moon 11 - Phase 32 - 26			
724376575		Rahu 8:13AM – 9:23AM	Kaulava Until 6:53AM	Nataraja: Purple		4th Phase			
Creative Work	Siddha Yoga		Trayodashi Until 7:20PM	Moon – White		Devaloka Day			
Until 9:09PM				Margasira-Karttikai					
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>						
5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau			Downers Grove, IL Sun 27 Sutra 233		
Vrishabha Rasi: 1.15	Tithi 14	Gulika 11:43AM – 12:53PM	Krittika Until 10:47PM	Ganesha: Blue	<i>Sunrise:</i> 7:04AM	Subhakrit 5124			
		Yama 9:23AM – 10:33AM	Shiva Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Moon 11 - Phase 32 - 27			
724376575		Rahu 2:03PM – 3:12PM	Gara Until 7:56AM	Nataraja: Purple		4th Phase			
Creative Work	Siddha Yoga		Chaturdashi* Until 8:35PM	Moon – White		Devaloka Day			
Until 10:47PM		Krittika Deepam		Margasira-Karttikai		Tour Day			
Then Creative Work - Amrita Yoga									
○		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau			Downers Grove, IL Sutra 234		
Vrishabha Rasi: 14	Tithi 15	Gulika 10:34AM – 11:43AM	Rohini Until 1:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:05AM	Subhakrit 5124			
		Yama 8:14AM – 9:24AM	Siddha Until 3:25PM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Moon 11 - Phase 32 - Purnima			
734376575		Rahu 11:43AM – 12:53PM	Visti Until 9:22AM	Nataraja: Purple					
Creative Work	Siddha Yoga		Purnima* Until 10:12PM	Moon – Yellow		Sivaloka Day			
Until 1:05AM Thu				Margasira-Karttikai					
Then Routine Work - Marana Yoga									
Thursday, December 8, 2022		Silver Retreat Star			Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau			Downers Grove, IL Sutra 235	
Vrishabha Rasi: 25.49	Tithi 16	Gulika 9:25AM – 10:34AM	Mrigashira Until 3:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:06AM	Subhakrit 5124			
		Yama 7:06AM – 8:15AM	Sadhya Until 3:43PM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Moon 11 - Phase 32 - Prathama			
734376575		Rahu 12:53PM – 2:03PM	Balava Until 11:10AM	Nataraja: Purple					
Routine Work	Marana Yoga		Prathama* Until 12:09AM Fri	Moon – Yellow		Sivaloka Day			
Until 3:32AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Downers Grove, IL

Sun 1 Sutra 236

Subhakrit 5124

Moon 12 - Phase 33 - 1

1st Phase

Mithuna Rasi: 7.53 Tithi 17

734476575

Gulika 8:16AM - 9:25AM

Yama 2:03PM - 3:13PM

Rahu 10:35AM - 11:44AM

Ardra Until 6:03AM Sat

Subha Until 4:14PM

Taitila Until 1:15PM

Dvitiya Until 2:22AM Sat

Ganesha: Red Sunrise: 7:06AM

Muruqa: Clear Sunset: 4:22PM

Nataraja: Purple

Moon - Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Downers Grove, IL

Sun 2 Sutra 237

Subhakrit 5124

Moon 12 - Phase 33 - 2

1st Phase

Mithuna Rasi: 19.53 Tithi 18

734476575

Gulika 7:07AM - 8:17AM

Yama 12:54PM - 2:03PM

Rahu 9:26AM - 10:35AM

Ardra Until 6:03AM

Sukla Until 4:54PM

Vanija Until 3:35PM

Tritiya Until 4:47AM Sun

Ganesha: Red Sunrise: 7:07AM

Muruqa: Clear Sunset: 4:22PM

Nataraja: Purple

Moon - Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Bava Karana Chaturthyam Titau

Downers Grove, IL

Sun 3 Sutra 238

Subhakrit 5124

Moon 12 - Phase 33 - 3

1st Phase

Kataka Rasi: 1.47 Tithi 19

744476575

Gulika 2:04PM - 3:13PM

Yama 11:45AM - 12:54PM

Rahu 3:13PM - 4:22PM

Punarvasu Until 9:06AM

Brahma Until 5:42PM

Bava Until 6:04PM

Chaturthi* Until 7:19AM Mon

Ganesha: Green Sunrise: 7:08AM

Muruqa: Clear Sunset: 4:22PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Downers Grove, IL

Sun 4 Sutra 239

Subhakrit 5124

Moon 12 - Phase 33 - 4

1st Phase

Kataka Rasi: 13.4 Tithi 19 - 20

745476575

Gulika 12:55PM - 2:04PM

Yama 10:37AM - 11:46AM

Rahu 8:18AM - 9:27AM

Pushya Until 12:03PM

Indra Until 6:33PM

Kaulava Until 8:36PM

Chaturthi* Until 7:19AM

Ganesha: White Sunrise: 7:09AM

Muruqa: Clear Sunset: 4:22PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Downers Grove, IL

Sun 5 Sutra 240

Subhakrit 5124

Moon 12 - Phase 33 - 5

1st Phase

Kataka Rasi: 25.32 Tithi 20 - 21

745476575

Gulika 11:46AM - 12:55PM

Yama 9:28AM - 10:37AM

Rahu 2:04PM - 3:13PM

Ashlesha* Until 2:48PM

Vaidhriti* Until 7:19PM

Gara Until 11:03PM

Panchami Until 9:49AM

Ganesha: White Sunrise: 7:10AM

Muruqa: Clear Sunset: 4:23PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Downers Grove, IL

Sun 6 Sutra 241

Subhakrit 5124

Moon 12 - Phase 33 - 6

1st Phase

Simha Rasi: 7.28 Tithi 21 - 22

755476575

Gulika 10:38AM - 11:47AM

Yama 8:20AM - 9:29AM

Rahu 11:47AM - 12:56PM

Magha* Until 5:42PM

Vishkambha* Until 7:55PM

Visli Until 1:14AM Thu

Shashthi* Until 12:10PM

Ganesha: Clear Sunrise: 7:11AM

Muruqa: Clear Sunset: 4:23PM

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Until 5:42PM

Then Creative Work - Amrita Yoga

D

Thursday, December 15, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Downers Grove, IL

Sun 7 Sutra 242

Subhakrit 5124

Moon 12 - Phase 33 - 7

Ashtami

Simha Rasi: 19.31 Tithi 22 - 23

755476575

Gulika 9:29AM - 10:38AM

Yama 7:11AM - 8:20AM

Rahu 12:56PM - 2:05PM

Purvaphalguni Until 8:02PM

Priti Until 8:13PM

Balava Until 2:57AM Fri

Saptami Until 2:08PM

Ganesha: Clear Sunrise: 7:11AM

Muruqa: Clear Sunset: 4:23PM

Nataraja: Purple

Moon - Red

Margasira-Markali

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Downers Grove, IL

Sun 8 Sutra 243

Subhakrit 5124

Moon 12 - Phase 33 - 8

Navami

Kanya Rasi: 1.46 Tithi 23 - 24

855476575

Gulika 8:21AM - 9:30AM

Yama 2:05PM - 3:14PM

Rahu 10:39AM - 11:48AM

Uttaraphalguni Until 9:38PM

Ayushman Until 8:02PM

Taitila Until 4:01AM Sat

Ashtami* Until 3:33PM

Ganesha: White Sunrise: 7:12AM

Muruqa: Clear Sunset: 4:23PM

Nataraja: Purple

Moon - Red

Margasira-Markali

Devaloka Day

Creative Work Siddha Yoga

Until 9:38PM

Then Creative Work - Amrita Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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1	Saturday, December 17, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Hasla Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Downers Grove, IL Sun 9 Sutra 244 Subhakrit 5124
	Kanya Rasi: 14.19	Tithi 24 – 25	Gulika 7:13AM – 8:22AM	Hasta Until 10:49PM	Ganesha: Clear	<i>Sunrise:</i> 7:13AM	
			Yama 12:57PM – 2:06PM	Saubhagya Until 7:17PM	Muruqa: Clear	<i>Sunset:</i> 4:24PM	Moon 12 - Phase 34 - 9
	Routine Work	Marana Yoga	865476575 Rahu 9:30AM – 10:39AM	Vanija Until 4:17AM Sun	Nataraja: Purple		2nd Phase
			Navami* Until 4:14PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

2	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Downers Grove, IL Sun 10 Sutra 245 Subhakrit 5124
	Kanya Rasi: 27.14	Tithi 25 – 26	Gulika 2:06PM – 3:15PM	Chitra Until 11:01PM	Ganesha: Clear	<i>Sunrise:</i> 7:13AM	
			Yama 11:49AM – 12:57PM	Sobhana Until 5:54PM	Muruqa: Clear	<i>Sunset:</i> 4:24PM	Moon 12 - Phase 34 - 10
	Creative Work	Siddha Yoga	865476575 Rahu 3:15PM – 4:24PM	Bava Until 3:42AM Mon	Nataraja: Purple		2nd Phase
			Dashami Until 4:05PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

3	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Downers Grove, IL Sun 11 Sutra 246 Subhakrit 5124
	Tula Rasi: 10.35	Tithi 26 – 27	Gulika 12:58PM – 2:07PM	Svati Until 10:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:14AM	
	Family Home Evening		Yama 10:40AM – 11:49AM	Athiganda* Until 3:49PM	Muruqa: Clear	<i>Sunset:</i> 4:24PM	Moon 12 - Phase 34 - 11
	Creative Work	Amrita Yoga	865476575 Rahu 8:23AM – 9:32AM	Kaulava Until 2:17AM Tue	Nataraja: Purple		2nd Phase
			Ekadashi* Until 3:04PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

4	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Downers Grove, IL Sun 12 Sutra 247 Subhakrit 5124
	Tula Rasi: 24.25	Tithi 27 – 28	Gulika 11:50AM – 12:58PM	Vishakha Until 9:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:14AM	
			Yama 9:32AM – 10:41AM	Sukarma Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 12 - Phase 34 - 12
	Routine Work	Marana Yoga	875476575 Rahu 2:07PM – 3:16PM	Gara Until 12:06AM Wed	Nataraja: Purple		2nd Phase
			Dvadashi* Until 1:15PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Downers Grove, IL Sun 13 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 8.44	Tithi 28 – 29	Gulika 10:41AM – 11:50AM	Anuradha Until 7:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:15AM	
			Yama 8:24AM – 9:33AM	Dhriti Until 9:52AM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 12 - Phase 34 - 13
	Creative Work	Siddha Yoga	876476575 Rahu 11:50AM – 12:59PM	Visti Until 9:18PM	Nataraja: Purple		2nd Phase
			Day 1 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
			Trayodashi* Until 10:45AM	Margasira*Markali			

●	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Downers Grove, IL Sun 14 Sutra 249 Subhakrit 5124
	Retreat Star		Gulika 9:33AM – 10:42AM	Jyeshtha* Until 4:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:15AM	
	Vrischika Rasi: 23.27	Tithi 29 – 30	Yama 7:15AM – 8:24AM	Shula* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 4:26PM	Moon 12 - Phase 34 - 14
	Routine Work	Prabalarishta Yoga	876476575 Rahu 12:59PM – 2:08PM	Catuspada Until 6:02PM	Nataraja: Purple		Amavasya
			Day 2 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
			Chaturdashi* Until 7:42AM	Margasira*Markali			

●	Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Downers Grove, IL Sun 15 Sutra 250 Subhakrit 5124
	Retreat Star		Gulika 8:25AM – 9:34AM	Mula* Until 1:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:16AM	
	Dhanus Rasi: 8.28	Tithi 1	Yama 2:09PM – 3:18PM	Vriddhi Until 9:56PM	Muruqa: Clear	<i>Sunset:</i> 4:26PM	Moon 12 - Phase 34 - 15
	Creative Work	Amrita Yoga	886476575 Rahu 10:42AM – 11:51AM	Kintughna Until 2:29PM	Nataraja: Purple		Prathama
			Day 3 of Pancha Ganapati	Moon – Light Blue		Sivaloka Day	
			Prathama* Until 12:38AM Sat	Pausha*Markali			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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1	Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Downers Grove, IL Sun 16 Sutra 251	
	Dhanus Rasi: 23.38	Tithi 2	Gulika 7:16AM – 8:25AM	Purvashadha* Until 10:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:16AM	Subhakrit 5124	
Creative Work Siddha Yoga		886486575	Yama 1:00PM – 2:09PM	Dhruva Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 4:27PM	Moon 12 - Phase 35 - 16	
Until 10:46AM			Rahu 9:34AM – 10:43AM	Balava Until 10:49AM	Nataraja: Purple		3rd Phase	
Then Routine Work - Marana Yoga			Day 4 of Pancha Ganapati	Dvitiya Until 8:58PM	Moon – Light Blue		Subha Sivaloka Day	
					Pausha-Markali			

2	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Triliya/Chaturthiyam Titau				Downers Grove, IL Sun 17 Sutra 252	
	Makara Rasi: 8.48	Tithi 3 – 4	Gulika 2:10PM – 3:19PM	Uttarashadha Until 7:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:17AM	Subhakrit 5124	
Creative Work Amrita Yoga		886486575	Yama 11:52AM – 1:01PM	Vyaghata* Until 1:30PM	Muruqa: Purple	<i>Sunset:</i> 4:28PM	Moon 12 - Phase 35 - 17	
Until 10:46AM			Rahu 3:19PM – 4:28PM	Taitila Until 7:11AM	Nataraja: Purple		3rd Phase	
Then Routine Work - Marana Yoga			Day 5 of Pancha Ganapati	Tritiya Until 5:26PM	Moon – Light Blue		Subha Sivaloka Day	
					Pausha-Markali			

3	Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Downers Grove, IL Sun 18 Sutra 253	
	Makara Rasi: 23.47	Tithi 4 – 5	Gulika 1:02PM – 2:10PM	Dhanishtha Until 3:00AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	Subhakrit 5124	
Family Home Evening		896486576	Yama 10:44AM – 11:53AM	Harshana Until 9:35AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM	Moon 12 - Phase 35 - 18	
Creative Work Siddha Yoga			Rahu 8:26AM – 9:35AM	Bava Until 12:47AM Tue	Nataraja: Clear		3rd Phase	
Until 3:00AM Tue				Chaturthi* Until 2:13PM	Moon – Purple		Sivaloka Day	
Then Routine Work - Marana Yoga					Pausha-Markali			

4	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Downers Grove, IL Sun 19 Sutra 254	
	Kumbha Rasi: 8.28	Tithi 5 – 6	Gulika 11:53AM – 1:02PM	Shatabhishak Until 1:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	Subhakrit 5124	
Routine Work Marana Yoga		896486576	Yama 9:35AM – 10:44AM	Siddhi Until 2:50AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:29PM	Moon 12 - Phase 35 - 19	
Until 1:08AM Wed			Rahu 2:11PM – 3:20PM	Kaulava Until 10:18PM	Nataraja: Clear		3rd Phase	
Then Creative Work - Amrita Yoga				Panchami Until 11:27AM	Moon – Purple		Sivaloka Day	
					Pausha-Markali			

5	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Downers Grove, IL Sun 20 Sutra 255	
	Kumbha Rasi: 22.46	Tithi 6 – 7	Gulika 10:45AM – 11:54AM	Purvaproshtapada* Until 12:12AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Subhakrit 5124	
Creative Work Amrita Yoga		817486576	Yama 8:27AM – 9:36AM	Vyatipata* Until 12:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:30PM	Moon 12 - Phase 35 - 20	
Until 12:12AM Thu			Rahu 11:54AM – 1:03PM	Gara Until 8:27PM	Nataraja: Clear		3rd Phase	
Then Creative Work - Siddha Yoga				Shashthi* Until 9:16AM	Moon – Clear		Devaloka Day	
					Pausha-Markali			

	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau				Downers Grove, IL Sun 21 Sutra 256	
	Retreat Star		Gulika 9:36AM – 10:45AM	Uttaraproshtapada Until 11:51PM	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Subhakrit 5124	
Meena Rasi: 6.38		Tithi 7 – 8	Yama 7:18AM – 8:27AM	Variyan Until 10:11PM	Muruqa: Purple	<i>Sunset:</i> 4:30PM	Moon 12 - Phase 35 - 21	
Creative Work Siddha Yoga		817486576	Rahu 1:03PM – 2:12PM	Visti Until 7:20PM	Nataraja: Clear		Ashtami	
				Saptami Until 7:47AM	Moon – Clear		Devaloka Day	
					Pausha-Markali			

Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Downers Grove, IL Sun 22 Sutra 257		
Retreat Star		Gulika 8:27AM – 9:36AM	Revati Until 12:04AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Subhakrit 5124		
Meena Rasi: 20.04		Tithi 8 – 9	Yama 2:13PM – 3:22PM	Parigha* Until 8:44PM	Muruqa: Purple	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 35 - 22	
Creative Work Siddha Yoga		817486576	Rahu 10:46AM – 11:55AM	Balava Until 6:57PM	Nataraja: Clear		Navami	
				Ashtami* Until 7:02AM	Moon – Clear		Devaloka Day	
					Pausha-Markali			

1		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Downers Grove, IL Sun 23 Sutra 258 Subhakrit 5124	
Mesha Rasi: 3.06	Tithi 9 – 10	827486576	Gulika 7:18AM – 8:28AM Yama 1:04PM – 2:14PM Rahu 9:37AM – 10:46AM	Ashvini Until 1:16AM Sun Shiva Until 7:51PM Taitila Until 7:17PM Navami* Until 7:01AM	Ganesha: Yellow <i>Sunrise:</i> 7:18AM Muruqa: Purple <i>Sunset:</i> 4:32PM Nataraja: Clear Moon – White Pausha-Markali	Sivaloka Day Moon 12 - Phase 36 - 23 4th Phase	
Creative Work Siddha Yoga Until 1:16AM Sun Then Routine Work - Prabalarishta Yoga							
2		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Downers Grove, IL Sun 24 Sutra 259 Subhakrit 5124	
Mesha Rasi: 15.49	Tithi 10 – 11	827486576	Gulika 2:14PM – 3:23PM Yama 11:56AM – 1:05PM Rahu 3:23PM – 4:33PM	Bharani Until 2:53AM Mon Siddha Until 7:24PM Vanija Until 8:16PM Dashami Until 7:41AM	Ganesha: Yellow <i>Sunrise:</i> 7:19AM Muruqa: Purple <i>Sunset:</i> 4:33PM Nataraja: Clear Moon – White Pausha-Markali	Sivaloka Day Moon 12 - Phase 36 - 24 4th Phase	
Routine Work Prabalarishta Yoga Until 2:53AM Mon Then Routine Work - Marana Yoga							
3		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Downers Grove, IL Sun 25 Sutra 260 Subhakrit 5124	
Mesha Rasi: 28.16	Tithi 11 – 12	827486576	Gulika 1:05PM – 2:15PM Yama 10:47AM – 11:56AM Rahu 8:28AM – 9:37AM	Krittika Until 4:47AM Tue Sadhya Until 7:22PM Bava Until 9:44PM Ekadashi Until 8:55AM	Ganesha: Yellow <i>Sunrise:</i> 7:19AM Muruqa: Purple <i>Sunset:</i> 4:34PM Nataraja: Clear Moon – White Pausha-Markali	Sivaloka Day Moon 12 - Phase 36 - 25 4th Phase	
Family Home Evening Routine Work Marana Yoga Until 4:47AM Tue Then Creative Work - Amrita Yoga							
4		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Downers Grove, IL Sun 26 Sutra 261 Subhakrit 5124	
Vrishabha Rasi: 10.31	Tithi 12 – 13	837586576	Gulika 11:57AM – 1:06PM Yama 9:38AM – 10:47AM Rahu 2:16PM – 3:25PM	Rohini Until 7:21AM Wed Subha Until 7:38PM Kaulava Until 11:35PM Dvadashi Until 10:36AM	Ganesha: Yellow <i>Sunrise:</i> 7:19AM Muruqa: Purple <i>Sunset:</i> 4:34PM Nataraja: Clear Moon – Yellow Pausha-Markali	Sivaloka Day Moon 12 - Phase 36 - 26 4th Phase	
Creative Work Amrita Yoga Until 7:21AM Wed Then Creative Work - Siddha Yoga							
5		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Downers Grove, IL Sun 27 Sutra 262 Subhakrit 5124	
Vrishabha Rasi: 22.38	Tithi 13 – 14	838586576	Gulika 10:47AM – 11:57AM Yama 8:28AM – 9:38AM Rahu 11:57AM – 1:07PM	Rohini Until 7:21AM Sukla Until 8:05PM Gara Until 1:43AM Thu Trayodashi Until 12:36PM	Ganesha: White <i>Sunrise:</i> 7:19AM Muruqa: Purple <i>Sunset:</i> 4:35PM Nataraja: Clear Moon – Yellow Pausha-Markali	Devaloka Day Moon 12 - Phase 36 - 27 4th Phase	
Creative Work Siddha Yoga							
○		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Downers Grove, IL Sun 28 Sutra 263 Subhakrit 5124	
Mithuna Rasi: 4.4	Tithi 14 – 15	838586576	Gulika 9:38AM – 10:48AM Yama 7:19AM – 8:28AM Rahu 1:07PM – 2:17PM	Mrigashira Until 9:59AM Brahma Until 8:42PM Visti Until 4:01AM Fri Chaturdashi* Until 2:50PM	Ganesha: White <i>Sunrise:</i> 7:19AM Muruqa: Purple <i>Sunset:</i> 4:36PM Nataraja: Clear Moon – Yellow Pausha-Markali	Devaloka Day Moon 12 - Phase 36 - Purnima	
Routine Work Marana Yoga Subramuniyaswami Jayanti							
Friday, January 6, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Downers Grove, IL Sun 29 Sutra 264 Subhakrit 5124	
Mithuna Rasi: 16.37	Tithi 15 – 16	838586576	Gulika 8:28AM – 9:38AM Yama 2:18PM – 3:27PM Rahu 10:48AM – 11:58AM	Ardra Until 12:36PM Indra Until 9:25PM Balava Until 6:26AM Sat Purnima* Until 5:12PM	Ganesha: White <i>Sunrise:</i> 7:19AM Muruqa: Purple <i>Sunset:</i> 4:37PM Nataraja: Clear Moon – Yellow Pausha-Markali	Devaloka Day Moon 12 - Phase 36 - Prathama	
Creative Work Siddha Yoga Ardra Darshanam							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Saturday, January 7, 2023

Gold Retreat Star

Mithuna Rasi: 28.32 Tithi 16

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau

Gulika 7:19AM – 8:29AM **Punarvasu** Until 3:38PM

Yama 1:08PM – 2:18PM

Rahu 9:38AM – 10:48AM

Ganesha: Clear *Sunrise:* 7:19AM

Muruqa: Purple *Sunset:* 4:38PM

Nataraja: Clear

Moon – Blue

Pausha-Markali

Sivaloka Day

Downers Grove, IL

Sun 1 Sutra 265

Subhakrit 5124

Moon 1 - Phase 37 - 1

1st Phase

1

Sunday, January 8, 2023

Kataka Rasi: 10.26 Tithi 17

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:19PM – 3:29PM **Pushya** Until 6:33PM

Yama 11:59AM – 1:09PM

Rahu 3:29PM – 4:39PM

Ganesha: Clear *Sunrise:* 7:18AM

Muruqa: Purple *Sunset:* 4:39PM

Nataraja: Clear

Moon – Blue

Pausha-Markali

Sivaloka Day

Downers Grove, IL

Sun 2 Sutra 266

Subhakrit 5124

Moon 1 - Phase 37 - 2

1st Phase

2

Monday, January 9, 2023

Kataka Rasi: 22.2 Tithi 18

Family Home Evening

848586576

Creative Work Siddha Yoga

Until 9:17PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:10PM – 2:20PM **Ashlesha*** Until 9:17PM

Yama 10:49AM – 11:59AM

Rahu 8:29AM – 9:39AM

Ganesha: Clear *Sunrise:* 7:18AM

Muruqa: Purple *Sunset:* 4:40PM

Nataraja: Clear

Moon – Blue

Pausha-Markali

Sivaloka Day

Downers Grove, IL

Sun 3 Sutra 267

Subhakrit 5124

Moon 1 - Phase 37 - 3

1st Phase

3

Tuesday, January 10, 2023

Simha Rasi: 4.14 Tithi 19

859586576

Creative Work Siddha Yoga

Until 12:16AM Wed

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:00PM – 1:10PM **Magha*** Until 12:16AM Wed

Yama 9:39AM – 10:49AM

Rahu 2:20PM – 3:31PM

Ganesha: Clear *Sunrise:* 7:18AM

Muruqa: Purple *Sunset:* 4:41PM

Nataraja: Clear

Moon – Red

Pausha-Markali

Sivaloka Day

Downers Grove, IL

Sun 4 Sutra 268

Subhakrit 5124

Moon 1 - Phase 37 - 4

1st Phase

4

Wednesday, January 11, 2023

Simha Rasi: 16.11 Tithi 20

859586576

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:50AM – 12:00PM **Purvaphalguni** Until 2:51AM Thu

Yama 8:28AM – 9:39AM

Rahu 12:00PM – 1:11PM

Ganesha: Clear *Sunrise:* 7:18AM

Muruqa: Purple *Sunset:* 4:42PM

Nataraja: Clear

Moon – Red

Pausha-Markali

Sivaloka Day

Downers Grove, IL

Sun 5 Sutra 269

Subhakrit 5124

Moon 1 - Phase 37 - 5

1st Phase

5

Thursday, January 12, 2023

Simha Rasi: 28.14 Tithi 21

859586576

Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Gara Karana Shashthyam Titau

Gulika 9:39AM – 10:50AM **Uttaraphalguni** Until 4:55AM Fri

Yama 7:18AM – 8:28AM

Rahu 1:11PM – 2:22PM

Ganesha: Clear *Sunrise:* 7:18AM

Muruqa: Purple *Sunset:* 4:43PM

Nataraja: Clear

Moon – Red

Pausha-Markali

Sivaloka Day

Downers Grove, IL

Sun 6 Sutra 270

Subhakrit 5124

Moon 1 - Phase 37 - 6

1st Phase

6

Friday, January 13, 2023

Kanya Rasi: 10.28 Tithi 21 – 22

869586576

Creative Work Amrita Yoga

Until 6:46AM Sat

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:28AM – 9:39AM **Hasta** Until 6:46AM Sat

Yama 2:23PM – 3:34PM

Rahu 10:50AM – 12:01PM

Ganesha: White *Sunrise:* 7:17AM

Muruqa: Purple *Sunset:* 4:45PM

Nataraja: Clear

Moon – Green

Pausha-Markali

Subha Sivaloka Day

Downers Grove, IL

Sun 7 Sutra 271

Subhakrit 5124

Moon 1 - Phase 37 - 7

1st Phase

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Saturday, January 14, 2023

Retreat Star

Kanya Rasi: 22.55 Tithi 22 – 23

869586576

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:17AM – 8:28AM **Hasta** Until 6:46AM

Yama 1:12PM – 2:23PM

Rahu 9:39AM – 10:50AM

Ganesha: White *Sunrise:* 7:17AM

Muruqa: Purple *Sunset:* 4:46PM

Nataraja: Clear

Moon – Green

Pausha-Thai

Subha Sivaloka Day

Thai Pongal

Downers Grove, IL

Sun 8 Sutra 272

Subhakrit 5124

Moon 1 - Phase 37 - 8

Ashtami

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.43 Tithi 23 – 24

869586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:24PM – 3:36PM **Chitra** Until 7:45AM

Yama 12:02PM – 1:13PM

Rahu 3:36PM – 4:47PM

Ganesha: White *Sunrise:* 7:16AM

Muruqa: Purple *Sunset:* 4:47PM

Nataraja: Clear

Moon – Green

Pausha-Thai

Subha Sivaloka Day

Downers Grove, IL

Sun 9 Sutra 273

Subhakrit 5124

Moon 1 - Phase 37 - 9

Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

times are standard time. Calculated for Downers Grove, IL on 4/26

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Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Downers Grove, IL Sun 10 Sutra 274 Subhakrit 5124	
1	Tula Rasi: 18.55 Tithi 24 – 25 Family Home Evening Creative Work Amrita Yoga Until 7:46AM Then Routine Work - Marana Yoga	Gulika 1:13PM – 2:25PM Yama 10:50AM – 12:02PM Rahu 8:27AM – 9:39AM	Svati Until 7:46AM Shula* Until 9:03PM Vanija Until 7:23PM Navami* Until 7:54AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Green Pausha*Thai	Sunrise: 7:16AM Sunset: 4:48PM	Moon 1 - Phase 38 - 10 2nd Phase Subha Sivaloka Day

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau			Downers Grove, IL Sun 11 Sutra 275 Subhakrit 5124	
2	Vrischika Rasi: 3 Tithi 25 – 26 879586576 Routine Work Marana Yoga Until 7:15AM Then Creative Work - Siddha Yoga	Gulika 12:02PM – 1:14PM Yama 9:39AM – 10:51AM Rahu 2:26PM – 3:37PM	Vishakha Until 7:15AM Ganda* Until 6:24PM Balava Until 4:30AM Wed Dashami Until 6:36AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 7:16AM Sunset: 4:49PM	Moon 1 - Phase 38 - 11 2nd Phase Sivaloka Day

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau			Downers Grove, IL Sun 12 Sutra 276 Subhakrit 5124	
3	Vrischika Rasi: 16.46 Tithi 27 871586576 Creative Work Siddha Yoga	Gulika 10:51AM – 12:03PM Yama 8:27AM – 9:39AM Rahu 12:03PM – 1:15PM	Jyeshtha* Until 3:33AM Thu Vriddhi Until 3:11PM Kaulava Until 3:13PM Dvadashi* Until 1:44AM Thu	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 7:15AM Sunset: 4:50PM	Moon 1 - Phase 38 - 12 2nd Phase Sivaloka Day

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau			Downers Grove, IL Sun 13 Sutra 277 Subhakrit 5124	
4	Dhanus Rasi: 1.25 Tithi 28 881586576 Creative Work Siddha Yoga Until 1:04AM Fri Then Routine Work - Prabalarishta Yoga	Gulika 9:39AM – 10:51AM Yama 7:14AM – 8:27AM Rahu 1:15PM – 2:27PM	Mula* Until 1:04AM Fri Dhruva Until 11:26AM Gara Until 12:09PM Trayodashi* Until 10:25PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 7:14AM Sunset: 4:51PM	Moon 1 - Phase 38 - 13 2nd Phase Sivaloka Day

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Downers Grove, IL Sun 14 Sutra 278 Subhakrit 5124	
5	Dhanus Rasi: 16.26 Tithi 29 881586576 Routine Work Prabalarishta Yoga Until 10:06PM Then Routine Work - Marana Yoga	Gulika 8:26AM – 9:39AM Yama 2:28PM – 3:40PM Rahu 10:51AM – 12:03PM	Purvashadha* Until 10:06PM Vyaghata* Until 7:20AM Visti Until 8:38AM Chaturdashi* Until 6:44PM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 7:14AM Sunset: 4:53PM	Moon 1 - Phase 38 - 14 2nd Phase Sivaloka Day

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Downers Grove, IL Sun 15 Sutra 279 Subhakrit 5124	
Retreat Star	Makara Rasi: 1.42 Tithi 30 – 1 881586576 Routine Work Marana Yoga Until 6:51PM Then Creative Work - Siddha Yoga	Gulika 7:13AM – 8:26AM Yama 1:16PM – 2:29PM Rahu 9:38AM – 10:51AM	Uttarashadha Until 6:51PM Vajra* Until 10:34PM Kintughna Until 12:57AM Sun Amavasya* Until 2:53PM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 7:13AM Sunset: 4:54PM	Moon 1 - Phase 38 - 15 Amavasya Sivaloka Day

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Downers Grove, IL Sun 16 Sutra 280 Subhakrit 5124	
Retreat Star	Makara Rasi: 17.02 Tithi 1 – 2 891586576 Creative Work Amrita Yoga Until 3:53PM Then Routine Work - Marana Yoga	Gulika 2:29PM – 3:42PM Yama 12:04PM – 1:17PM Rahu 3:42PM – 4:55PM	Shravana Until 3:53PM Siddhi Until 6:11PM Balava Until 9:09PM Prathama* Until 11:01AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Purple Magha*Thai	Sunrise: 7:13AM Sunset: 4:55PM	Moon 1 - Phase 38 - 16 Prathama Sivaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Gara Karana Dvitiya/Trilyayam Titau				Downers Grove, IL
	Kumbha Rasi: 2.15	Tithi 2 - 3	Gulika 1:17PM - 2:30PM	Dhanishtha Until 1:00PM	Ganesha: Yellow	Sunrise: 7:12AM	Sun 17 Sutra 281
	Family Home Evening	891586576	Yama 10:51AM - 12:04PM	Vyatipata* Until 2:01PM	Muruga: Purple	Sunset: 4:56PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 8:25AM - 9:38AM	Gara Until 3:59AM Tue	Nataraja: Clear		Moon 1 - Phase 39 - 17 3rd Phase
			Dvitiya Until 7:19AM	Moon - Purple		Sivaloka Day	
				Magha-Thai			

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturtham Titau				Downers Grove, IL
	Kumbha Rasi: 17.13	Tithi 4	Gulika 12:04PM - 1:18PM	Shatabhishak Until 10:24AM	Ganesha: Red	Sunrise: 7:11AM	Sun 18 Sutra 282
	911586576		Yama 9:38AM - 10:51AM	Varyayan Until 10:09AM	Muruga: Purple	Sunset: 4:58PM	Subhakrit 5124
	Routine Work Marana Yoga		Rahu 2:31PM - 3:44PM	Vanija Until 2:31PM	Nataraja: Clear		Moon 1 - Phase 39 - 18 3rd Phase
			Chaturthi* Until 1:09AM Wed	Moon - Purple		Sivaloka Day	
				Magha-Thai			

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Downers Grove, IL
	Meena Rasi: 1.45	Tithi 5	Gulika 10:51AM - 12:05PM	Purvaproshtapada* Until 8:38AM	Ganesha: Blue	Sunrise: 7:10AM	Sun 19 Sutra 283
	911586576		Yama 8:24AM - 9:38AM	Parigha* Until 6:46AM	Muruga: Purple	Sunset: 4:59PM	Subhakrit 5124
	Creative Work Amrita Yoga		Rahu 12:05PM - 1:18PM	Bava Until 12:01PM	Nataraja: Clear		Moon 1 - Phase 39 - 19 3rd Phase
Until 8:38AM			Panchami Until 11:01PM	Moon - Clear		Subha Sivaloka Day	
				Magha-Thai			

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Downers Grove, IL
	Meena Rasi: 15.49	Tithi 6	Gulika 9:37AM - 10:51AM	Uttaraproshtapada Until 7:26AM	Ganesha: Blue	Sunrise: 7:10AM	Sun 20 Sutra 284
	911586576		Yama 7:10AM - 8:23AM	Siddha Until 1:48AM Fri	Muruga: Purple	Sunset: 5:00PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 1:19PM - 2:32PM	Kaulava Until 10:15AM	Nataraja: Clear		Moon 1 - Phase 39 - 20 3rd Phase
			Shashthi* Until 9:40PM	Moon - Clear		Subha Sivaloka Day	
				Magha-Thai			

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Downers Grove, IL
	Meena Rasi: 29.24	Tithi 7	Gulika 8:23AM - 9:37AM	Revati Until 6:55AM	Ganesha: Blue	Sunrise: 7:09AM	Sun 21 Sutra 285
	911586576		Yama 2:33PM - 3:47PM	Sadhya Until 12:20AM Sat	Muruga: Purple	Sunset: 5:01PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 10:51AM - 12:05PM	Gara Until 9:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 21 3rd Phase
Until 6:55AM			Saptami Until 9:11PM	Moon - Clear		Subha Sivaloka Day	
				Magha-Thai			

☾	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Downers Grove, IL		
	Retreat Star		Mesha Rasi: 12.3	Tithi 8	Gulika 7:08AM - 8:22AM	Ashvini Until 7:32AM	Ganesha: White	Sunrise: 7:08AM	Sun 22 Sutra 286
	921686576		Yama 1:20PM - 2:34PM	Subha Until 11:31PM	Muruga: Purple	Sunset: 5:03PM	Subhakrit 5124		
	Creative Work Siddha Yoga		Rahu 9:37AM - 10:51AM	Visti Until 9:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 22 Ashtami		
			Ashtami* Until 9:34PM	Moon - White		Devaloka Day			
				Magha-Thai					

☽	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Downers Grove, IL		
	Retreat Star		Mesha Rasi: 25.11	Tithi 9	Gulika 2:35PM - 3:49PM	Bharani Until 8:48AM	Ganesha: Yellow	Sunrise: 7:07AM	Sun 23 Sutra 287
	922686576		Yama 12:05PM - 1:20PM	Sukla Until 11:16PM	Muruga: Purple	Sunset: 5:04PM	Subhakrit 5124		
	Routine Work Prabalarishta Yoga		Rahu 3:49PM - 5:04PM	Balava Until 10:04AM	Nataraja: Clear		Moon 1 - Phase 39 - 23 Navami		
Until 8:48AM			Navami* Until 10:42PM	Moon - White		Sivaloka Day			
				Magha-Thai					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Downers Grove, IL Sun 24 Sutra 288 Subhakrit 5124	
1	Vrishabha Rasi: 7.34 Family Home Evening Routine Work Marana Yoga Until 10:35AM Then Creative Work - Amrita Yoga	Gulika 1:20PM – 2:35PM Yama 10:51AM – 12:06PM Rahu 8:21AM – 9:36AM	Krittika Until 10:35AM Brahma Until 11:28PM Taitila Until 11:32AM Dashami Until 12:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 7:06AM Sunset: 5:05PM Moon 1 - Phase 40 - 24 4th Phase Sivaloka Day

Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Downers Grove, IL Sun 25 Sutra 289 Subhakrit 5124	
2	Vrishabha Rasi: 19.43 Creative Work Amrita Yoga Until 1:11PM Then Creative Work - Siddha Yoga	Gulika 12:06PM – 1:21PM Yama 9:35AM – 10:51AM Rahu 2:36PM – 3:51PM	Rohini Until 1:11PM Indra Until 12:01AM Wed Vanija Until 1:31PM Ekadashi Until 2:37AM Wed	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:05AM Sunset: 5:06PM Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Downers Grove, IL Sun 26 Sutra 290 Subhakrit 5124	
3	Mithuna Rasi: 1.43 Creative Work Siddha Yoga	Gulika 10:51AM – 12:06PM Yama 8:20AM – 9:35AM Rahu 12:06PM – 1:21PM	Mrigashira Until 3:56PM Vaidhriti* Until 12:43AM Thu Bava Until 3:50PM Dvadashi Until 5:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:05AM Sunset: 5:06PM Moon 1 - Phase 40 - 26 4th Phase Subha Sivaloka Day

Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Kaulava Karana Trayodashyam Titau		Downers Grove, IL Sun 27 Sutra 291 Subhakrit 5124	
4	Mithuna Rasi: 13.38 Routine Work Marana Yoga Until 6:40PM Then Creative Work - Amrita Yoga	Gulika 9:35AM – 10:50AM Yama 7:04AM – 8:20AM Rahu 1:21PM – 2:37PM	Ardra Until 6:40PM Vishkambha* Until 1:32AM Fri Kaulava Until 6:18PM Trayodashi Until 7:32AM Fri	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:04AM Sunset: 5:08PM Moon 1 - Phase 40 - 27 4th Phase Subha Sivaloka Day
<i>Pradosha Vrata</i>					

Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Downers Grove, IL Sun 29 Sutra 292 Subhakrit 5124	
5	Mithuna Rasi: 25.31 Creative Work Siddha Yoga Until 9:47PM Then Routine Work - Marana Yoga	Gulika 8:19AM – 9:35AM Yama 2:37PM – 3:53PM Rahu 10:50AM – 12:06PM	Punarvasu Until 9:47PM Priti Until 2:22AM Sat Gara Until 8:49PM Trayodashi Until 7:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:03AM Sunset: 5:09PM Moon 1 - Phase 40 - 4th Phase Sivaloka Day

Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Downers Grove, IL Sun 29 Sutra 293 Subhakrit 5124	
○	Copper Retreat Star Kataka Rasi: 7.23 Creative Work Siddha Yoga	Gulika 7:02AM – 8:18AM Yama 1:22PM – 2:38PM Rahu 9:34AM – 10:50AM	Pushya Until 12:41AM Sun Ayushman Until 3:08AM Sun Visti Until 11:17PM Chaturdashi* Until 10:02AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:02AM Sunset: 5:10PM Moon 1 - Phase 40 - Purnima Sivaloka Day
Thai Pusam					

Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Downers Grove, IL Sun 29 Sutra 294 Subhakrit 5124	
○	Silver Retreat Star Kataka Rasi: 19.18 Creative Work Siddha Yoga Until 3:19AM Mon Then Routine Work - Marana Yoga	Gulika 2:39PM – 3:55PM Yama 12:06PM – 1:23PM Rahu 3:55PM – 5:11PM	Ashlesha* Until 3:19AM Mon Saubhagya Until 3:50AM Mon Balava Until 1:39AM Mon Purnima* Until 12:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:01AM Sunset: 5:11PM Moon 1 - Phase 40 - Prathama Sivaloka Day



Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 1.14 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 6:10AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:23PM - 2:39PM

Yama 10:50AM - 12:06PM

Rahu 8:17AM - 9:33AM

Magha* Until 6:10AM Tue

Sobhana Until 4:27AM Tue

Taitila Until 3:54AM Tue

Prathama* Until 2:46PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red

Magha*Thai

Sunrise: 7:00AM

Sunset: 5:13PM

Subha Sivaloka Day

Downers Grove, IL

Sutra 295

Subhakrit 5124

Moon 2 - Phase 41 -

1st Phase

1 Tuesday, February 7, 2023

Simha Rasi: 13.14 Tithi 17 - 18

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:06PM - 1:23PM

Yama 9:33AM - 10:50AM

Rahu 2:40PM - 3:57PM

Magha* Until 6:10AM

Athiganda* Until 4:54AM Wed

Vanija Until 5:57AM Wed

Dvitiya Until 4:55PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red

Magha*Thai

Sunrise: 6:59AM

Sunset: 5:14PM

Subha Sivaloka Day

Downers Grove, IL

Sun 1 Sutra 296

Subhakrit 5124

Moon 2 - Phase 41 - 1

1st Phase

2 Wednesday, February 8, 2023

Simha Rasi: 25.19 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Visti* Karana Tritiyayam Titau

Gulika 10:49AM - 12:06PM

Yama 8:15AM - 9:32AM

Rahu 12:06PM - 1:24PM

Purvaphalguni Until 8:40AM

Sukarma Until 5:11AM Thu

Visti Until 6:52PM

Tritiya Until 6:52PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red

Magha*Thai

Sunrise: 6:58AM

Sunset: 5:15PM

Subha Sivaloka Day

Downers Grove, IL

Sun 2 Sutra 297

Subhakrit 5124

Moon 2 - Phase 41 - 2

1st Phase

3 Thursday, February 9, 2023

Kanya Rasi: 7.29 Tithi 19

952686577

Amrita Yoga

Until 10:45AM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:32AM - 10:49AM

Yama 6:57AM - 8:14AM

Rahu 1:24PM - 2:41PM

Uttaraphalguni Until 10:45AM

Dhriti Until 5:13AM Fri

Bava Until 7:44AM

Chaturthi* Until 8:29PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red

Magha*Thai

Sunrise: 6:57AM

Sunset: 5:16PM

Subha Sivaloka Day

Downers Grove, IL

Sun 3 Sutra 298

Subhakrit 5124

Moon 2 - Phase 41 - 3

1st Phase

4 Friday, February 10, 2023

Kanya Rasi: 19.48 Tithi 20

962686577

Creative Work Amrita Yoga

Until 12:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:13AM - 9:31AM

Yama 2:42PM - 4:00PM

Rahu 10:49AM - 12:07PM

Hasta Until 12:48PM

Shula* Until 4:52AM Sat

Kaulava Until 9:11AM

Panchami Until 9:42PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Green

Magha*Thai

Sunrise: 6:55AM

Sunset: 5:18PM

Sivaloka Day

Downers Grove, IL

Sun 4 Sutra 299

Subhakrit 5124

Moon 2 - Phase 41 - 4

1st Phase

5 Saturday, February 11, 2023

Tula Rasi: 2.19 Tithi 21

963686577

Routine Work Marana Yoga

Until 2:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:54AM - 8:12AM

Yama 1:25PM - 2:43PM

Rahu 9:30AM - 10:49AM

Chitra Until 2:13PM

Ganda* Until 4:06AM Sun

Gara Until 10:08AM

Shashthi* Until 10:22PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green

Magha*Thai

Sunrise: 6:54AM

Sunset: 5:19PM

Devaloka Day

Downers Grove, IL

Sun 5 Sutra 300

Subhakrit 5124

Moon 2 - Phase 41 - 5

1st Phase

6 Sunday, February 12, 2023

Tula Rasi: 15.06 Tithi 22

963686577

Creative Work Siddha Yoga

Until 2:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 2:43PM - 4:02PM

Yama 12:07PM - 1:25PM

Rahu 4:02PM - 5:20PM

Svati Until 2:52PM

Vridhhi Until 2:49AM Mon

Visti Until 10:29AM

Saptami Until 10:22PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green

Magha-Masi

Sunrise: 6:53AM

Sunset: 5:20PM

Devaloka Day

Downers Grove, IL

Sun 6 Sutra 301

Subhakrit 5124

Moon 2 - Phase 41 - 6

1st Phase

Monday, February 13, 2023

Retreat Star

Tula Rasi: 28.13 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 3:08PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:25PM - 2:44PM

Yama 10:48AM - 12:07PM

Rahu 8:10AM - 9:29AM

Vishakha Until 3:08PM

Dhruva Until 12:56AM Tue

Balava Until 10:07AM

Ashtami* Until 9:39PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange

Magha-Masi

Sunrise: 6:52AM

Sunset: 5:21PM

Sivaloka Day

Downers Grove, IL

Sun 7 Sutra 302

Subhakrit 5124

Moon 2 - Phase 41 - 7

Ashtami

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.44 Tithi 24

973686577

Creative Work Siddha Yoga

Until 2:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:07PM - 1:26PM

Yama 9:29AM - 10:48AM

Rahu 2:45PM - 4:04PM

Anuradha Until 2:32PM

Vyaghata* Until 10:29PM

Taitila Until 9:02AM

Navami* Until 8:11PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange

Magha-Masi

Sunrise: 6:50AM

Sunset: 5:23PM

Sivaloka Day

Downers Grove, IL

Sun 8 Sutra 303

Subhakrit 5124

Moon 2 - Phase 41 - 8

Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

times are standard time. Calculated for Downers Grove, IL on 4/26

www.gurudeva.org/panchang

1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Downers Grove, IL Sun 15 Sutra 310 Subhakrit 5124
	Kumbha Rasi: 25.14	Tithi 2	Gulika 12:06PM – 1:27PM Yama 9:24AM – 10:45AM 913686577 Rahu 2:49PM – 4:10PM	Purvaproshtapada* Until 7:10PM Siddha Until 3:38PM Balava Until 8:02AM Dvitiya Until 6:31PM	Ganesha: Red <i>Sunrise: 6:41AM</i> Muruqa: Purple <i>Sunset: 5:31PM</i> Nataraja: Orange Moon – Clear	Moon 2 - Phase 43 - 15 3rd Phase Sivaloka Day
	Routine Work Marana Yoga Until 7:10PM Then Creative Work - Amrita Yoga					

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Downers Grove, IL Sun 16 Sutra 311 Subhakrit 5124
	Meena Rasi: 9.53	Tithi 3 – 4	Gulika 10:44AM – 12:06PM Yama 8:01AM – 9:23AM 913786577 Rahu 12:06PM – 1:28PM	Uttaraproshtapada Until 5:21PM Sadhya Until 12:16PM Vanija Until 2:57AM Thu Tritiya Until 3:57PM	Ganesha: Blue <i>Sunrise: 6:40AM</i> Muruqa: Purple <i>Sunset: 5:33PM</i> Nataraja: Orange Moon – Clear	Moon 2 - Phase 43 - 16 3rd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 5:21PM Then Routine Work - Marana Yoga					

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Downers Grove, IL Sun 17 Sutra 312 Subhakrit 5124
	Meena Rasi: 24.05	Tithi 4 – 5	Gulika 9:22AM – 10:44AM Yama 6:38AM – 8:00AM 913786577 Rahu 1:28PM – 2:50PM	Revati Until 4:05PM Subha Until 9:27AM Bava Until 1:28AM Fri Chaturthi* Until 2:05PM	Ganesha: Blue <i>Sunrise: 6:38AM</i> Muruqa: Purple <i>Sunset: 5:34PM</i> Nataraja: Orange Moon – Clear	Moon 2 - Phase 43 - 17 3rd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 4:05PM Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day			

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Downers Grove, IL Sun 18 Sutra 313 Subhakrit 5124
	Mesha Rasi: 7.48	Tithi 5 – 6	Gulika 7:59AM – 9:21AM Yama 2:50PM – 4:13PM 923786577 Rahu 10:43AM – 12:06PM	Ashvini Until 3:55PM Sukla Until 7:15AM Kaulava Until 12:51AM Sat Panchami Until 1:02PM	Ganesha: Yellow <i>Sunrise: 6:37AM</i> Muruqa: Purple <i>Sunset: 5:35PM</i> Nataraja: Orange Moon – White	Moon 2 - Phase 43 - 18 3rd Phase Sivaloka Day
	Creative Work Amrita Yoga Until 3:55PM Then Creative Work - Siddha Yoga					

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Downers Grove, IL Sun 19 Sutra 314 Subhakrit 5124
	Mesha Rasi: 21.02	Tithi 6 – 7	Gulika 6:35AM – 7:58AM Yama 1:28PM – 2:51PM 924786577 Rahu 9:20AM – 10:43AM	Bharani Until 4:27PM Indra Until 4:55AM Sun Gara Until 1:05AM Sun Shashthi* Until 12:50PM	Ganesha: Blue <i>Sunrise: 6:35AM</i> Muruqa: Purple <i>Sunset: 5:36PM</i> Nataraja: Orange Moon – White	Moon 2 - Phase 43 - 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 4:27PM Then Creative Work - Amrita Yoga					

☾	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Downers Grove, IL Sun 20 Sutra 315 Subhakrit 5124
	Retreat Star		Gulika 2:51PM – 4:14PM Yama 12:05PM – 1:28PM 924786577 Rahu 4:14PM – 5:37PM	Krittika Until 5:39PM Vaidhriti* Until 4:41AM Mon Visti Until 2:09AM Mon Saptami Until 1:30PM	Ganesha: Blue <i>Sunrise: 6:34AM</i> Muruqa: Purple <i>Sunset: 5:37PM</i> Nataraja: Orange Moon – White	Moon 2 - Phase 43 - 20 Ashtami Devaloka Day
	Vrishabha Rasi: 3.5 Tithi 7 – 8 Creative Work Siddha Yoga					

☽	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Downers Grove, IL Sun 21 Sutra 316 Subhakrit 5124
	Retreat Star		Gulika 1:29PM – 2:52PM Yama 10:42AM – 12:05PM 934786577 Rahu 7:55AM – 9:19AM	Rohini Until 7:51PM Vishkambha* Until 4:57AM Tue Balava Until 3:52AM Tue Ashtami* Until 2:55PM	Ganesha: Yellow <i>Sunrise: 6:32AM</i> Muruqa: Purple <i>Sunset: 5:39PM</i> Nataraja: Orange Moon – Yellow	Moon 2 - Phase 43 - 21 Navami Sivaloka Day
	Vrishabha Rasi: 16.16 Tithi 8 – 9 Family Home Evening Creative Work Amrita Yoga					

1	Tuesday, February 28, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Downers Grove, IL Sun 22 Sutra 317 Subhakra 5124
	Wrishabha Rasi: 28.26	Tithi 9 – 10	Gulika 12:05PM – 1:29PM	Mrigashira Until 10:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM	
			Yama 9:18AM – 10:42AM	Priti Until 5:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 44 - 22
	934786577	Rahu 2:52PM – 4:16PM	Taitila Until 6:04AM Wed	Navami* Until 4:54PM	Nataraja: Orange		4th Phase
Creative Work Siddha Yoga Until 10:24PM Then Routine Work - Marana Yoga						Sivaloka Day Phalguna-Masi	


2	Wednesday, March 1, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Downers Grove, IL Sun 23 Sutra 318 Subhakra 5124
	Mithuna Rasi: 10.26	Tithi 10	Gulika 10:40AM – 12:05PM	Ardra Until 1:06AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	
			Yama 7:52AM – 9:16AM	Ayushman Until 6:22AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 44 - 23
	934786577	Rahu 12:05PM – 1:29PM	Taitila Until 6:04AM	Dashami Until 7:15PM	Nataraja: Orange		4th Phase
Creative Work Siddha Yoga Until 1:06AM Thu Then Creative Work - Amrita Yoga						Sivaloka Day Phalguna-Masi	


3	Thursday, March 2, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Downers Grove, IL Sun 24 Sutra 319 Subhakra 5124
	Mithuna Rasi: 22.2	Tithi 11	Gulika 9:15AM – 10:40AM	Punarvasu Until 4:14AM Fri	Ganesha: White	<i>Sunrise:</i> 6:26AM	
			Yama 6:26AM – 7:51AM	Ayushman Until 6:22AM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 44 - 24
	944786577	Rahu 1:29PM – 2:54PM	Vanija Until 8:31AM	Ekadashi Until 9:45PM	Nataraja: Orange		4th Phase
Creative Work Amrita Yoga Until 4:14AM Fri Then Routine Work - Marana Yoga						Devaloka Day Phalguna-Masi	

4	Friday, March 3, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Downers Grove, IL Sun 25 Sutra 320 Subhakra 5124
	Kataka Rasi: 4.11	Tithi 12	Gulika 7:49AM – 9:14AM	Pushya Until 7:10AM Sat	Ganesha: White	<i>Sunrise:</i> 6:24AM	
			Yama 2:54PM – 4:19PM	Saubhagya Until 7:14AM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 44 - 25
	944786577	Rahu 10:39AM – 12:04PM	Bava Until 11:02AM	Dvadashi Until 12:15AM Sat	Nataraja: Orange		4th Phase
Routine Work Marana Yoga						Devaloka Day Phalguna-Masi	

5	Saturday, March 4, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Downers Grove, IL Sun 26 Sutra 321 Subhakra 5124
	Kataka Rasi: 16.04	Tithi 13	Gulika 6:23AM – 7:48AM	Pushya Until 7:10AM	Ganesha: White	<i>Sunrise:</i> 6:23AM	
			Yama 1:30PM – 2:55PM	Sobhana Until 8:05AM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 44 - 26
	944786577	Rahu 9:13AM – 10:39AM	Kaulava Until 1:28PM	Trayodashi Until 2:37AM Sun	Nataraja: Orange		4th Phase
Creative Work Siddha Yoga Until 7:10AM Then Routine Work - Marana Yoga						Devaloka Day Phalguna-Masi <i>Pradosha Vrata</i>	

6	Sunday, March 5, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Downers Grove, IL Sun 27 Sutra 322 Subhakra 5124
	Kataka Rasi: 28.01	Tithi 14	Gulika 2:55PM – 4:21PM	Ashlesha* Until 9:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	
			Yama 12:04PM – 1:30PM	Athiganda* Until 8:47AM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 44 - 27
	144786577	Rahu 4:21PM – 5:47PM	Gara Until 3:44PM	Chaturdashi* Until 4:45AM Mon	Nataraja: Orange		4th Phase
Creative Work Siddha Yoga Until 9:47AM Then Routine Work - Marana Yoga		Chidambaram Abhishekam				Devaloka Day Phalguna-Masi	

	Monday, March 6, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau				Downers Grove, IL Sun 27 Sutra 323 Subhakra 5124
	Copper Retreat Star		Gulika 1:30PM – 2:56PM	Magha* Until 12:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	
	Simha Rasi: 10.02	Tithi 15	Yama 10:38AM – 12:04PM	Sukarma Until 9:19AM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 44 -
	Family Home Evening	154786577	Rahu 7:46AM – 9:12AM	Visti Until 5:45PM	Nataraja: Orange		Purnima
Routine Work Marana Yoga Until 12:31PM Then Creative Work - Siddha Yoga		Holi				Sivaloka Day Phalguna-Masi	

	Tuesday, March 7, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Downers Grove, IL Sun 27 Sutra 324 Subhakra 5124
	Silver Retreat Star		Gulika 12:03PM – 1:30PM	Purvaphalguni Until 2:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	
	Simha Rasi: 22.1	Tithi 15 – 16	Yama 9:11AM – 10:37AM	Dhriti Until 9:40AM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 44 -
	154786577	Rahu 2:56PM – 4:23PM	Balava Until 7:28PM	Purnima* Until 6:38AM	Nataraja: Orange		Prathama
Creative Work Siddha Yoga Until 2:48PM Then Creative Work - Amrita Yoga						Sivaloka Day Phalguna-Masi	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Downers Grove, IL

Sutra 325

Subhakra 5124

Kanya Rasi: 4.26 Tithi 16 - 17

154786577

Gulika 10:37AM - 12:03PM
Yama 7:43AM - 9:10AM
Rahu 12:03PM - 1:30PM

Uttaraphalguni Until 4:37PM

Shula* Until 9:44AM

Taitila Until 8:52PM

Prathama* Until 8:11AM

Ganesha: Clear

Sunrise: 6:16AM

Muruqa: Purple

Sunset: 5:50PM

Nataraja: Orange

Moon - Red

Phalguna-Masi

Moon 3 - Phase 45 -

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 4:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Downers Grove, IL

Sun 1 Sutra 326

Subhakra 5124

Kanya Rasi: 16.5 Tithi 17 - 18

164786577

Gulika 9:09AM - 10:36AM
Yama 6:15AM - 7:42AM
Rahu 1:30PM - 2:57PM

Hasta Until 6:25PM

Ganda* Until 9:34AM

Vanija Until 9:53PM

Dvitiya Until 9:24AM

Ganesha: White

Sunrise: 6:15AM

Muruqa: Purple

Sunset: 5:51PM

Nataraja: Orange

Moon - Green

Phalguna-Masi

Moon 3 - Phase 45 - 1

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 6:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Downers Grove, IL

Sun 2 Sutra 327

Subhakra 5124

Kanya Rasi: 29.25 Tithi 18 - 19

165786577

Gulika 7:40AM - 9:08AM
Yama 2:58PM - 4:25PM
Rahu 10:35AM - 12:03PM

Chitra Until 7:40PM

Vridhhi Until 9:07AM

Bava Until 10:30PM

Tritiya Until 10:13AM

Ganesha: Yellow

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 5:53PM

Nataraja: Orange

Moon - Green

Phalguna-Masi

Moon 3 - Phase 45 - 2

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Downers Grove, IL

Sun 3 Sutra 328

Subhakra 5124

Tula Rasi: 12.1 Tithi 19 - 20

165786577

Gulika 6:11AM - 7:39AM
Yama 1:30PM - 2:58PM
Rahu 9:07AM - 10:35AM

Svati Until 8:21PM

Dhruva Until 8:19AM

Kaulava Until 10:41PM

Chaturthi* Until 10:38AM

Ganesha: Yellow

Sunrise: 6:11AM

Muruqa: Purple

Sunset: 5:54PM

Nataraja: Orange

Moon - Green

Phalguna-Masi

Moon 3 - Phase 45 - 3

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Downers Grove, IL

Sun 4 Sutra 329

Subhakra 5124

Tula Rasi: 25.09 Tithi 20 - 21

175786577

Gulika 2:59PM - 4:27PM
Yama 12:02PM - 1:30PM
Rahu 4:27PM - 5:55PM

Vishakha Until 8:52PM

Vyaghata* Until 7:11AM

Gara Until 10:23PM

Panchami Until 10:34AM

Ganesha: Blue

Sunrise: 6:10AM

Muruqa: Purple

Sunset: 5:55PM

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Moon 3 - Phase 45 - 4

1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Downers Grove, IL

Sun 5 Sutra 330

Subhakra 5124

Vrischika Rasi: 8.23 Tithi 21 - 22

175786577

Gulika 1:30PM - 2:59PM
Yama 10:33AM - 12:02PM
Rahu 7:36AM - 9:05AM

Anuradha Until 8:44PM

Vajra* Until 3:43AM Tue

Visti Until 9:33PM

Shashthi* Until 10:01AM

Ganesha: Blue

Sunrise: 6:08AM

Muruqa: Purple

Sunset: 5:56PM

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Moon 3 - Phase 45 - 5

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Downers Grove, IL

Sun 6 Sutra 331

Subhakra 5124

Vrischika Rasi: 21.55 Tithi 22 - 23

175786577

Gulika 12:02PM - 1:31PM
Yama 9:04AM - 10:33AM
Rahu 2:59PM - 4:28PM

Jyeshtha* Until 7:56PM

Siddhi Until 1:22AM Wed

Balava Until 8:12PM

Saptami Until 8:56AM

Ganesha: Blue

Sunrise: 6:06AM

Muruqa: Purple

Sunset: 5:57PM

Nataraja: Orange

Moon - Orange

Phalguna-Panguni

Moon 3 - Phase 45 - 6

Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga

Until 7:56PM

Then Creative Work - Amrita Yoga

Karadaiyan Nombu (Tamil Nadu)

Wednesday, March 15, 2023

Retreat Star

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Downers Grove, IL

Sun 7 Sutra 332

Subhakra 5124

Dhanus Rasi: 5.44 Tithi 23 - 24

185786578

Gulika 10:32AM - 12:01PM
Yama 7:34AM - 9:03AM
Rahu 12:01PM - 1:31PM

Mula* Until 6:55PM

Vyatipata* Until 10:37PM

Taitila Until 6:20PM

Ashtami* Until 7:19AM

Ganesha: Red

Sunrise: 6:05AM

Muruqa: Purple

Sunset: 5:58PM

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Moon 3 - Phase 45 - 7

Navami

Sivaloka Day

Routine Work Marana Yoga

Until 6:55PM


Then Creative Work - Amrita Yoga

1	Thursday, March 16, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan Yoga Vanija/Visli* Karana Dashamyam Titau				Downers Grove, IL Sun 8 Sutra 333 Subhakar 5124
	Dhanus Rasi: 19.53	Tithi 25	Gulika 9:02AM – 10:32AM Yama 6:03AM – 7:33AM 185786578 Rahu 1:31PM – 3:00PM	Purvashadha* Until 5:17PM Variyan Until 7:28PM Vanija Until 4:00PM Dashami Until 2:39AM Fri	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Phalgun-Panguni	Sunrise: 6:03AM Sunset: 5:59PM	Moon 3 - Phase 46 - 8 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 5:17PM Then Routine Work - Marana Yoga							

2	Friday, March 17, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Downers Grove, IL Sun 9 Sutra 334 Subhakar 5124
	Makara Rasi: 4.2	Tithi 26	Gulika 7:31AM – 9:01AM Yama 3:01PM – 4:30PM 185786578 Rahu 10:31AM – 12:01PM	Uttarashadha Until 3:08PM Parigha* Until 4:02PM Bava Until 1:16PM Ekadashi* Until 11:46PM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Light Blue Phalgun-Panguni	Sunrise: 6:01AM Sunset: 6:00PM	Moon 3 - Phase 46 - 9 2nd Phase Sivaloka Day
Routine Work Marana Yoga							

3	Saturday, March 18, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Downers Grove, IL Sun 10 Sutra 335 Subhakar 5124
	Makara Rasi: 19.01	Tithi 27	Gulika 6:00AM – 7:30AM Yama 1:31PM – 3:01PM 195786578 Rahu 9:00AM – 10:30AM	Shravana Until 12:59PM Shiva Until 12:23PM Kaulava Until 10:15AM Dvadashi* Until 8:39PM	Ganesha: Green Muruqa: Purple Nataraja: Clear Moon – Purple Phalgun-Panguni	Sunrise: 6:00AM Sunset: 6:01PM	Moon 3 - Phase 46 - 10 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga							

4	Sunday, March 19, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau				Downers Grove, IL Sun 11 Sutra 336 Subhakar 5124
	Kumbha Rasi: 3.5	Tithi 28 – 29	Gulika 3:01PM – 4:32PM Yama 12:00PM – 1:31PM 196896578 Rahu 4:32PM – 6:03PM	Dhanishtha Until 10:34AM Siddha Until 8:35AM Gara Until 7:04AM Trayodashi* Until 5:27PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Panguni	Sunrise: 5:58AM Sunset: 6:03PM	Moon 3 - Phase 46 - 11 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 10:34AM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					

	Monday, March 20, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Downers Grove, IL Sun 12 Sutra 337 Subhakar 5124
	Retreat Star		Gulika 1:31PM – 3:02PM Yama 10:29AM – 12:00PM 196896578 Rahu 7:27AM – 8:58AM	Shatabhishak Until 8:01AM Subha Until 1:11AM Tue Catuspada Until 12:50AM Tue Chaturdashi* Until 2:19PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Panguni	Sunrise: 5:56AM Sunset: 6:04PM	Moon 3 - Phase 46 - 12 Amavasya Sivaloka Day
Kumbha Rasi: 18.4 Family Home Evening Creative Work Siddha Yoga Until 8:01AM Then Routine Work - Marana Yoga							

Retreat Star	Tuesday, March 21, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Downers Grove, IL Sun 13 Sutra 338 Subhakar 5124
	Meena Rasi: 3.22	Tithi 30 – 1	Gulika 12:00PM – 1:31PM Yama 8:57AM – 10:28AM 116896578 Rahu 3:02PM – 4:34PM	Uttaraproshtapada Until 4:01AM Wed Sukla Until 9:45PM Kintughna Until 10:06PM Amavasya* Until 11:24AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Chaitra-Panguni	Sunrise: 5:55AM Sunset: 6:05PM	Moon 3 - Phase 46 - 13 Prathama Devaloka Day
Creative Work Amrita Yoga Until 4:01AM Wed Then Routine Work - Marana Yoga		Yugadhi					

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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1		Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Downers Grove, IL Sun 14 Sutra 339	
Meena Rasi: 17.5	Tithi 1 – 2	Gulika 10:28AM – 11:59AM	Revati Until 2:28AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:53AM		Subhakrit 5124
		Yama 7:24AM – 8:56AM	Brahma Until 6:43PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47 - 14	
		116896578 Rahu 11:59AM – 1:31PM	Balava Until 7:48PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Prathama* Until 8:52AM	Moon – Clear		Devaloka Day	
Until 2:28AM Thu				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Downers Grove, IL Sun 15 Sutra 340	
Mesha Rasi: 1.57	Tithi 2 – 3	Gulika 8:55AM – 10:27AM	Ashvini Until 1:50AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:51AM		Subhakrit 5124
		Yama 5:51AM – 7:23AM	Indra Until 4:11PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 47 - 15	
		126896578 Rahu 1:31PM – 3:03PM	Taitila Until 6:06PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 6:51AM	Moon – White		Devaloka Day	
Until 1:50AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Chatrthyam Titau		Downers Grove, IL Sun 16 Sutra 341	
Mesha Rasi: 15.4	Tithi 4	Gulika 7:22AM – 8:54AM	Bharani Until 1:48AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:49AM		Subhakrit 5124
		Yama 3:03PM – 4:36PM	Vaidhriti* Until 2:10PM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47 - 16	
		126896578 Rahu 10:26AM – 11:59AM	Vanija Until 5:07PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chatrurthi* Until 4:54AM Sat	Moon – White		Devaloka Day	
Until 1:48AM Sat				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Downers Grove, IL Sun 17 Sutra 342	
Mesha Rasi: 28.57	Tithi 5	Gulika 5:48AM – 7:20AM	Krittika Until 2:22AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:48AM		Subhakrit 5124
		Yama 1:31PM – 3:04PM	Vishkambha* Until 12:48PM	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 47 - 17	
		126896578 Rahu 8:53AM – 10:26AM	Bava Until 4:55PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 5:05AM Sun	Moon – White		Devaloka Day	
Until 2:22AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Downers Grove, IL Sun 18 Sutra 343	
Vrishabha Rasi: 11.5	Tithi 6	Gulika 3:04PM – 4:37PM	Rohini Until 3:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:46AM		Subhakrit 5124
		Yama 11:58AM – 1:31PM	Priti Until 12:03PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47 - 18	
		137896578 Rahu 4:37PM – 6:10PM	Kaulava Until 5:30PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 6:02AM Mon	Moon – Yellow		Devaloka Day	
Until 3:59AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

6		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Downers Grove, IL Sun 19 Sutra 344	
Vrishabha Rasi: 24.22	Tithi 6 – 7	Gulika 1:31PM – 3:05PM	Mrigashira Until 6:05AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:44AM		Subhakrit 5124
Family Home Evening		Yama 10:24AM – 11:58AM	Ayushman Until 11:50AM	Muruqa: Clear	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:18AM – 8:51AM	Gara Until 6:47PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 6:02AM	Moon – Yellow		Devaloka Day	
Until 6:05AM Tue				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

☾		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau		Downers Grove, IL Sun 20 Sutra 345	
Retreat Star		Gulika 11:58AM – 1:31PM	Mrigashira Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM		Subhakrit 5124
Mithuna Rasi: 6.37	Tithi 7 – 8	Yama 8:50AM – 10:24AM	Saubhagya Until 12:07PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:05PM – 4:39PM	Visiti Until 8:39PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – Yellow		Devaloka Day	
Until 6:05AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

☽		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Downers Grove, IL Sun 21 Sutra 346	
Retreat Star		Gulika 10:23AM – 11:57AM	Ardra Until 8:30AM	Ganesha: Clear	<i>Sunrise:</i> 5:41AM		Subhakrit 5124
Mithuna Rasi: 18.4	Tithi 8 – 9	Yama 7:15AM – 8:49AM	Sobhana Until 12:45PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 47 - 21	
		137896578 Rahu 11:57AM – 1:31PM	Balava Until 10:53PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 9:42AM	Moon – Yellow		Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

times are standard time. Calculated for Downers Grove, IL on 4/26

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1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Aihiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Downers Grove, IL Sun 22 Sutra 347	
Kataka Rasi: 0.35	Tithi 9 – 10	Gulika 8:48AM – 10:23AM	Punarvasu Until 11:30AM	Ganesha: White	<i>Sunrise:</i> 5:39AM	Subhakrit 5124	
		Yama 5:39AM – 7:14AM	Athiganda* Until 1:32PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 48 - 22	
147896578	Rahu 1:31PM – 3:06PM		Taitila Until 1:17AM Fri	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 12:03PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Downers Grove, IL Sun 23 Sutra 348	
Kataka Rasi: 12.29	Tithi 10 – 11	Gulika 7:12AM – 8:47AM	Pushya Until 2:26PM	Ganesha: White	<i>Sunrise:</i> 5:38AM	Subhakrit 5124	
		Yama 3:06PM – 4:41PM	Sukarma Until 2:23PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 23	
147896578	Rahu 10:22AM – 11:57AM		Vanija Until 3:41AM Sat	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 2:29PM	Moon – Blue		Bhuloka Day	
		Yogaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Downers Grove, IL Sun 24 Sutra 349	
Kataka Rasi: 24.23	Tithi 11 – 12	Gulika 5:38AM – 7:12AM	Ashlesha* Until 5:05PM	Ganesha: White	<i>Sunrise:</i> 5:38AM	Subhakrit 5124	
		Yama 1:31PM – 3:06PM	Dhriti Until 3:11PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 24	
147896578	Rahu 8:47AM – 10:22AM		Bava Until 5:54AM Sun	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 4:48PM	Moon – Blue		Bhuloka Day	
Until 5:05PM				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Balava Karana Dvadashyam Titau		Downers Grove, IL Sun 25 Sutra 350	
Simha Rasi: 6.22	Tithi 12	Gulika 3:07PM – 4:42PM	Magha* Until 7:50PM	Ganesha: Red	<i>Sunrise:</i> 5:36AM	Subhakrit 5124	
		Yama 11:56AM – 1:31PM	Shula* Until 3:46PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 48 - 25	
158896578	Rahu 4:42PM – 6:17PM		Balava Until 6:52PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 6:52PM	Moon – Red		Devaloka Day	
Until 7:50PM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Downers Grove, IL Sun 26 Sutra 351	
Simha Rasi: 18.28	Tithi 13	Gulika 1:31PM – 3:07PM	Purvaphalguni Until 10:04PM	Ganesha: Red	<i>Sunrise:</i> 5:34AM	Subhakrit 5124	
Family Home Evening		Yama 10:21AM – 11:56AM	Ganda* Until 4:06PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 48 - 26	
158896578	Rahu 7:10AM – 8:45AM		Kaulava Until 7:48AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 8:34PM	Moon – Red		Devaloka Day	
				Chaitra•Panguni			
						<i>Pradosha Vrata</i>	

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Downers Grove, IL Sun 27 Sutra 352	
Kanya Rasi: 0.44	Tithi 14	Gulika 11:56AM – 1:32PM	Uttaraphalguni Until 11:42PM	Ganesha: Red	<i>Sunrise:</i> 5:33AM	Subhakrit 5124	
		Yama 8:44AM – 10:20AM	Vridhhi Until 4:07PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - 27	
158896578	Rahu 3:07PM – 4:43PM		Gara Until 9:17AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 9:50PM	Moon – Red		Devaloka Day	
Until 11:42PM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

○		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Downers Grove, IL Sutra 353	
Copper Retreat Star		Gulika 10:19AM – 11:55AM	Hasta Until 1:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	Subhakrit 5124	
Kanya Rasi: 13.12	Tithi 15	Yama 7:07AM – 8:43AM	Dhruva Until 3:44PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 48 -	
168896578	Rahu 11:55AM – 1:32PM		Visti Until 10:17AM	Nataraja: Clear		Purnima	
Routine Work	Marana Yoga		Purnima* Until 10:36PM	Moon – Green		Bhuloka Day	
Until 1:11AM Thu		Panguni Uttiram		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

○		Thursday, April 6, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Downers Grove, IL Sutra 354	
Silver Retreat Star		Gulika 8:42AM – 10:19AM	Chitra Until 2:03AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Subhakrit 5124	
Kanya Rasi: 25.53	Tithi 16	Yama 5:29AM – 7:06AM	Vyaghata* Until 3:00PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 -	
168896578	Rahu 1:32PM – 3:08PM		Balava Until 10:49AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 10:52PM	Moon – Green		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.48 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:04AM – 8:41AM
Yama 3:09PM – 4:45PM
168896578 **Rahu** 10:18AM – 11:55AM

Svati Until 2:18AM Sat
Harshana Until 1:54PM
Taitila Until 10:51AM
Dvitiya Until 10:41PM

Ganesha: Blue *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Downers Grove, IL
Sun 1 Sutra 355
Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

1

Saturday, April 8, 2023

Tula Rasi: 21.56 Tithi 18
Creative Work Siddha Yoga
Until 2:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Tritiyayam Titau

Gulika 5:26AM – 7:03AM
Yama 1:32PM – 3:09PM
179896578 **Rahu** 8:40AM – 10:17AM

Vishakha Until 2:28AM Sun
Vajra* Until 12:26PM
Vanija Until 10:27AM
Tritiya Until 10:05PM

Ganesha: Red *Sunrise:* 5:26AM
Muruqa: Clear *Sunset:* 6:23PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Devaloka Day

Downers Grove, IL
Sun 2 Sutra 356
Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

2

Sunday, April 9, 2023

Virschika Rasi: 5.18 Tithi 19
Routine Work Marana Yoga
Until 2:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:09PM – 4:47PM
Yama 11:54AM – 1:32PM
179896578 **Rahu** 4:47PM – 6:24PM

Anuradha Until 2:07AM Mon
Siddhi Until 10:40AM
Bava Until 9:40AM
Chaturthi* Until 9:06PM

Ganesha: Red *Sunrise:* 5:24AM
Muruqa: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Devaloka Day

Downers Grove, IL
Sun 3 Sutra 357
Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

3

Monday, April 10, 2023

Virschika Rasi: 18.52 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 1:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:32PM – 3:10PM
Yama 10:16AM – 11:54AM
179896578 **Rahu** 7:00AM – 8:38AM

Jyeshtha* Until 1:17AM Tue
Vyatipata* Until 8:38AM
Kaulava Until 8:30AM
Panchami Until 7:47PM

Ganesha: Red *Sunrise:* 5:23AM
Muruqa: Clear *Sunset:* 6:25PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Devaloka Day

Downers Grove, IL
Sun 4 Sutra 358
Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.37 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:54AM – 1:32PM
Yama 8:37AM – 10:16AM
189896578 **Rahu** 3:10PM – 4:48PM

Mula* Until 12:28AM Wed
Variyan Until 6:19AM
Gara Until 7:02AM
Shashthi* Until 6:10PM

Ganesha: Green *Sunrise:* 5:21AM
Muruqa: Clear *Sunset:* 6:27PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Downers Grove, IL
Sun 5 Sutra 359
Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

5

Wednesday, April 12, 2023

Dhanus Rasi: 16.33 Tithi 22 – 23
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:15AM – 11:53AM
Yama 6:58AM – 8:36AM
189896578 **Rahu** 11:53AM – 1:32PM

Purvashadha* Until 11:14PM
Shiva Until 1:04AM Thu
Balava Until 3:15AM Thu
Saptami Until 4:16PM

Ganesha: Green *Sunrise:* 5:19AM
Muruqa: Clear *Sunset:* 6:28PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Downers Grove, IL
Sun 6 Sutra 360
Subhakrit 5124
Moon 4 - Phase 49 - 6
1st Phase

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.38 Tithi 23 – 24
Routine Work Marana Yoga
Until 9:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:35AM – 10:14AM
Yama 5:18AM – 6:57AM
189996578 **Rahu** 1:32PM – 3:11PM

Uttarashadha Until 9:39PM
Siddha Until 10:08PM
Taitila Until 1:01AM Fri
Ashtami* Until 2:09PM

Ganesha: White *Sunrise:* 5:18AM
Muruqa: Clear *Sunset:* 6:29PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Downers Grove, IL
Sun 7 Sutra 361
Subhakrit 5124
Moon 4 - Phase 49 - 7
Ashtami

Friday, April 14, 2023

Retreat Star

Makara Rasi: 14.52 Tithi 24 – 25
Routine Work Marana Yoga
Until 8:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 6:55AM – 8:35AM
Yama 3:11PM – 4:51PM
299996578 **Rahu** 10:14AM – 11:53AM

Tamil New Year

Shravana Until 8:10PM
Sadhya Until 7:05PM
Vanija Until 10:38PM
Navami* Until 11:49AM

Ganesha: White *Sunrise:* 5:16AM
Muruqa: Clear *Sunset:* 6:30PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Bhuloka Day
Devaloka Time: 3:PM to 6:PM


Downers Grove, IL
Sun 8 Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 8
Navami


1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Downers Grove, IL Sun 9 Sutra 363	
	Makara Rasi: 29.12	Tithi 25 – 26	Gulika 5:15AM – 6:54AM Yama 1:32PM – 3:12PM Rahu 8:34AM – 10:13AM	Dhanishtha Until 6:26PM Subha Until 3:57PM Bava Until 8:08PM Dashami Until 9:22AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:15AM Sunset: 6:31PM	Sobhana 5125 Moon 4 - Phase 1 - 9 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 6:26PM Then Creative Work - Amrita Yoga								

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Downers Grove, IL Sun 10 Sutra 364	
	Kumbha Rasi: 13.35	Tithi 26 – 27	Gulika 3:12PM – 4:52PM Yama 11:52AM – 1:32PM Rahu 4:52PM – 6:32PM	Shatabhishak Until 4:33PM Sukla Until 12:46PM Taitila Until 4:22AM Mon Ekadashi* Until 6:51AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:13AM Sunset: 6:32PM	Sobhana 5125 Moon 4 - Phase 1 - 10 2nd Phase	Devaloka Day
Creative Work Siddha Yoga								

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Downers Grove, IL Sun 11 Sutra 1	
	Kumbha Rasi: 27.57	Tithi 28	Gulika 1:32PM – 3:13PM Yama 10:12AM – 11:52AM Rahu 6:52AM – 8:32AM	Purvaproshtapada* Until 3:01PM Brahma Until 9:39AM Gara Until 3:11PM Trayodashi* Until 2:01AM Tue <i>Pradosha Vrata (Fasting)</i>	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 5:11AM Sunset: 6:32PM	Sobhana 5125 Moon 4 - Phase 1 - 11 2nd Phase	Devaloka Day
Family Home Evening Routine Work Marana Yoga Until 3:01PM Then Creative Work - Siddha Yoga								

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Downers Grove, IL Sun 12 Sutra 2	
	Meena Rasi: 12.13	Tithi 29	Gulika 11:52AM – 1:32PM Yama 8:31AM – 10:11AM Rahu 3:13PM – 4:54PM	Uttaraproshtapada Until 1:32PM Indra Until 6:40AM Visti Until 12:57PM Chaturdashi* Until 11:55PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 5:10AM Sunset: 6:34PM	Sobhana 5125 Moon 4 - Phase 1 - 12 2nd Phase	Devaloka Day
Creative Work Amrita Yoga Until 1:32PM Then Creative Work - Siddha Yoga								

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Downers Grove, IL Sun 13 Sutra 3	
	Retreat Star		Gulika 10:11AM – 11:52AM Yama 6:49AM – 8:30AM Rahu 11:52AM – 1:33PM	Revati Until 12:14PM Vishkambha* Until 1:28AM Thu Catuspada Until 11:02AM Amavasya* Until 10:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 5:08AM Sunset: 6:35PM	Sobhana 5125 Moon 4 - Phase 1 - 13 Amavasya	Devaloka Day
Meena Rasi: 26.17 Tithi 30 Routine Work Marana Yoga								

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Downers Grove, IL Sun 14 Sutra 4	
	Retreat Star		Gulika 8:29AM – 10:10AM Yama 5:07AM – 6:48AM Rahu 1:33PM – 3:14PM	Ashvini Until 11:39AM Priti Until 11:27PM Kintughna Until 9:32AM Prathama* Until 8:58PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 5:07AM Sunset: 6:36PM	Sobhana 5125 Moon 4 - Phase 1 - 14 Prathama	Devaloka Day
Mesha Rasi: 10.07 Tithi 1 Creative Work Amrita Yoga Until 11:39AM Then Creative Work - Siddha Yoga								

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Downers Grove, IL Sun 15 Sutra 5 Sobhana 5125
	Mesha Rasi: 23.38	Tithi 2	Gulika 6:47AM – 8:28AM	Bharani Until 11:28AM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM	
			Yama 3:14PM – 4:56PM	Ayushman Until 9:53PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 2 - 15
	Creative Work	Siddha Yoga	221996578 Rahu 10:10AM – 11:51AM	Balava Until 8:35AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 8:19PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Downers Grove, IL Sun 16 Sutra 6 Sobhana 5125
	Vrishabha Rasi: 6.48	Tithi 3	Gulika 5:04AM – 6:46AM	Krittika Until 11:44AM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	
			Yama 1:33PM – 3:15PM	Saubhagya Until 8:51PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 2 - 16
	Creative Work	Amrita Yoga	221996578 Rahu 8:27AM – 10:09AM	Taitila Until 8:15AM	Nataraja: Clear		3rd Phase
			Tritiya Until 8:19PM	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Downers Grove, IL Sun 17 Sutra 7 Sobhana 5125
	Vrishabha Rasi: 19.39	Tithi 4	Gulika 3:15PM – 4:57PM	Rohini Until 12:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:02AM	
			Yama 11:51AM – 1:33PM	Sobhana Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 2 - 17
	Creative Work	Siddha Yoga	231996578 Rahu 4:57PM – 6:39PM	Vanija Until 8:35AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 8:59PM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Downers Grove, IL Sun 18 Sutra 8 Sobhana 5125
	Mithuna Rasi: 2.11	Tithi 5	Gulika 1:33PM – 3:16PM	Mrigashira Until 2:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:01AM	
	Family Home Evening		Yama 10:08AM – 11:51AM	Athiganda* Until 8:17PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 2 - 18
	Creative Work	Amrita Yoga	231996578 Rahu 6:43AM – 8:26AM	Bava Until 9:34AM	Nataraja: Clear		3rd Phase
			Panchami Until 10:15PM	Moon – Yellow		Devaloka Day	
			Adi Sankara Jayanthi	Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Downers Grove, IL Sun 19 Sutra 9 Sobhana 5125
	Mithuna Rasi: 14.29	Tithi 6	Gulika 11:50AM – 1:33PM	Ardra Until 4:44PM	Ganesha: Orange	<i>Sunrise:</i> 4:59AM	
			Yama 8:25AM – 10:08AM	Sukarma Until 8:38PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 2 - 19
	Routine Work	Marana Yoga	231996579 Rahu 3:16PM – 4:59PM	Kaulava Until 11:07AM	Nataraja: Purple		3rd Phase
			Shashthi* Until 12:02AM Wed	Moon – Yellow		Sivaloka Day	
				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Downers Grove, IL Sun 20 Sutra 10 Sobhana 5125
	Mithuna Rasi: 26.34	Tithi 7	Gulika 10:07AM – 11:50AM	Punarvasu Until 7:31PM	Ganesha: Green	<i>Sunrise:</i> 4:58AM	
			Yama 6:41AM – 8:24AM	Dhriti Until 9:18PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 2 - 20
	Creative Work	Siddha Yoga	241996579 Rahu 11:50AM – 1:33PM	Gara Until 1:06PM	Nataraja: Purple		3rd Phase
			Saptami Until 2:11AM Thu	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Downers Grove, IL Sun 21 Sutra 11 Sobhana 5125
	Retreat Star		Gulika 8:23AM – 10:07AM	Pushya Until 10:21PM	Ganesha: Red	<i>Sunrise:</i> 4:56AM	
	Kataka Rasi: 8.32	Tithi 8	Yama 4:56AM – 6:40AM	Shula* Until 10:06PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 2 - 21
	Creative Work	Amrita Yoga	242996579 Rahu 1:34PM – 3:17PM	Visiti Until 3:21PM	Nataraja: Purple		Ashtami
			Ashtami* Until 4:30AM Fri	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Downers Grove, IL Sun 22 Sutra 12 Sobhana 5125
	Retreat Star		Gulika 6:39AM – 8:23AM	Ashlesha* Until 1:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 4:55AM	
	Kataka Rasi: 20.27	Tithi 9	Yama 3:17PM – 5:01PM	Ganda* Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2 - 22
	Routine Work	Marana Yoga	242996579 Rahu 10:06AM – 11:50AM	Balava Until 5:42PM	Nataraja: Purple		Navami
			Navami* Until 6:49AM Sat	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, April 29, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Downers Grove, IL Sun 23 Sutra 13	
Simha Rasi: 2.22	Tithi 9 – 10	Gulika 4:54AM – 6:38AM	Magha* Until 3:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 4:54AM			Sobhana 5125	
		Yama 1:34PM – 3:18PM	Vriddhi Until 11:42PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM			Moon 4 - Phase 3 - 23	
		252996579 Rahu 8:22AM – 10:06AM	Taitila Until 7:55PM	Nataraja: Purple					4th Phase
Creative Work	Amrita Yoga	Navami* Until 6:49AM		Moon – Red			Devaloka Day		
Until 3:56AM Sun				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									


2		Sunday, April 30, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Downers Grove, IL Sun 24 Sutra 14	
Simha Rasi: 14.22	Tithi 10 – 11	Gulika 3:18PM – 5:03PM	Purvaphalguni Until 6:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 4:52AM			Sobhana 5125	
		Yama 11:50AM – 1:34PM	Dhruva Until 12:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:47PM			Moon 4 - Phase 3 - 24	
		252996579 Rahu 5:03PM – 6:47PM	Vanija Until 9:51PM	Nataraja: Purple					4th Phase
Creative Work	Siddha Yoga	Dashami Until 8:55AM		Moon – Red			Devaloka Day		
				Vaisaka-Chaitra					

3		Monday, May 1, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Downers Grove, IL Sun 25 Sutra 15	
Simha Rasi: 26.31	Tithi 11 – 12	Gulika 1:34PM – 3:19PM	Purvaphalguni Until 6:17AM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM			Sobhana 5125	
Family Home Evening		Yama 10:04AM – 11:49AM	Vyaghata* Until 12:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:49PM			Moon 4 - Phase 3 - 25	
		252996579 Rahu 6:35AM – 8:20AM	Bava Until 11:19PM	Nataraja: Purple					4th Phase
Creative Work	Siddha Yoga	Ekadashi Until 10:38AM		Moon – Red			Devaloka Day		
				Vaisaka-Chaitra					

4		Tuesday, May 2, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Downers Grove, IL Sun 26 Sutra 16	
Kanya Rasi: 8.52	Tithi 12 – 13	Gulika 11:49AM – 1:35PM	Uttaraphalguni Until 8:00AM	Ganesha: Blue	<i>Sunrise:</i> 4:48AM			Sobhana 5125	
		Yama 8:19AM – 10:04AM	Harshana Until 11:58PM	Muruqa: Clear	<i>Sunset:</i> 6:50PM			Moon 4 - Phase 3 - 26	
		252996579 Rahu 3:20PM – 5:05PM	Kaulava Until 12:11AM Wed	Nataraja: Purple					4th Phase
Creative Work	Amrita Yoga	Dvadashi Until 11:48AM		Moon – Red			Devaloka Day		
Until 8:00AM				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									
				<i>Pradosha Vrata</i>					

5		Wednesday, May 3, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Downers Grove, IL Sun 27 Sutra 17	
Kanya Rasi: 21.29	Tithi 13 – 14	Gulika 10:04AM – 11:49AM	Hasta Until 9:27AM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM			Sobhana 5125	
		Yama 6:33AM – 8:18AM	Vajra* Until 11:07PM	Muruqa: Clear	<i>Sunset:</i> 6:51PM			Moon 4 - Phase 3 - 27	
		252996579 Rahu 11:49AM – 1:35PM	Gara Until 12:26AM Thu	Nataraja: Purple					4th Phase
Routine Work	Marana Yoga	Trayodashi Until 12:22PM		Moon – Green			Sivaloka Day		
Until 9:27AM				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									

		Thursday, May 4, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Downers Grove, IL Sutra 18	
Tula Rasi: 4.24	Tithi 14 – 15	Gulika 8:17AM – 10:03AM	Chitra Until 10:07AM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM			Sobhana 5125	
		Yama 4:46AM – 6:32AM	Siddhi Until 9:48PM	Muruqa: Clear	<i>Sunset:</i> 6:52PM			Moon 4 - Phase 3 - Purnima	
		252996579 Rahu 1:35PM – 3:21PM	Vistil Until 12:03AM Fri	Nataraja: Purple					
Creative Work	Siddha Yoga	Chaturdashi* Until 12:18PM		Moon – Green			Sivaloka Day		
Until 10:07AM				Vaisaka-Chaitra					
Then Creative Work - Amrita Yoga									

		Friday, May 5, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Downers Grove, IL Sutra 19	
Tula Rasi: 17.39	Tithi 15 – 16	Gulika 6:31AM – 8:17AM	Svati Until 10:02AM	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM			Sobhana 5125	
		Yama 3:21PM – 5:07PM	Vyatipata* Until 8:01PM	Muruqa: Clear	<i>Sunset:</i> 6:53PM			Moon 4 - Phase 3 - Prathama	
		252996579 Rahu 10:03AM – 11:49AM	Balava Until 11:05PM	Nataraja: Purple					
Creative Work	Siddha Yoga	Purnima* Until 11:37AM		Moon – Green			Sivaloka Day		
				Vaisaka-Chaitra					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda