



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Knoxville, TN

Tula Rasi: 12.09 Tithi 16 – 17

268345478 **Gulika** 3:51PM – 5:30PM
Yama 12:34PM – 2:13PM
Rahu 5:30PM – 7:09PM

Svati Until 6:55PM
Vajra* Until 1:09PM
Taitila Until 10:16PM
Prathama* Until 11:33AM

Ganesha: Clear *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 7:09PM
Nataraja: White
Moon – Green
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Creative Work Siddha Yoga
Until 6:55PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Knoxville, TN

Tula Rasi: 26.35 Tithi 17 – 18

278345478 **Gulika** 2:13PM – 3:52PM
Yama 10:55AM – 12:34PM
Rahu 7:37AM – 9:16AM

Vishakha Until 5:07PM
Siddhi Until 9:51AM
Vanija Until 7:32PM
Dvitiya Until 8:54AM

Ganesha: Purple *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 7:10PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Sun 1 Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 5:07PM
Then Creative Work - Siddha Yoga

Bhuloka Day

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatlipala* Varyana Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

Knoxville, TN

Vrischika Rasi: 11.08 Tithi 18 – 19

278345478 **Gulika** 12:34PM – 2:13PM
Yama 9:15AM – 10:54AM
Rahu 3:52PM – 5:31PM

Anuradha Until 3:06PM
Vyatlipala* Until 6:29AM
Balava Until 3:21AM Wed
Tritiya Until 6:07AM

Ganesha: Purple *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 7:10PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Sun 2 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 - 2nd Phase

Creative Work Siddha Yoga
Until 3:06PM
Then Routine Work - Marana Yoga

Bhuloka Day

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Knoxville, TN

Vrischika Rasi: 25.41 Tithi 20

278345478 **Gulika** 10:54AM – 12:33PM
Yama 7:35AM – 9:14AM
Rahu 12:33PM – 2:13PM

Jyeshtha* Until 1:00PM
Parigha* Until 11:47PM
Kaulava Until 2:01PM
Panchami Until 12:40AM Thu

Ganesha: Purple *Sunrise:* 5:56AM
Muruqa: White *Sunset:* 7:11PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Sun 3 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 - 3rd Phase

Creative Work Siddha Yoga
Until 1:00PM
Then Routine Work - Marana Yoga

Bhuloka Day

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Knoxville, TN

Dhanus Rasi: 10.08 Tithi 21

288345478 **Gulika** 9:14AM – 10:53AM
Yama 5:54AM – 7:34AM
Rahu 2:13PM – 3:53PM

Mula* Until 11:19AM
Shiva Until 8:39PM
Gara Until 11:25AM
Shashthi* Until 10:11PM

Ganesha: Clear *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sun 4 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 - 4th Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Knoxville, TN

Dhanus Rasi: 24.28 Tithi 22

289345478 **Gulika** 7:33AM – 9:13AM
Yama 3:53PM – 5:33PM
Rahu 10:53AM – 12:33PM

Purvashadha* Until 9:43AM
Siddha Until 5:42PM
Visti Until 9:03AM
Saptami Until 7:57PM

Ganesha: Purple *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 7:13PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sun 5 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 - 5th Phase

Routine Work Prabalarishta Yoga
Until 9:43AM
Then Routine Work - Marana Yoga

Devaloka Day

6

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN

Makara Rasi: 8.35 Tithi 23

289345478 **Gulika** 5:52AM – 7:32AM
Yama 2:13PM – 3:53PM
Rahu 9:12AM – 10:53AM

Uttarashadha Until 8:15AM
Sadhya Until 3:00PM
Balava Until 6:58AM
Ashtami* Until 6:02PM

Ganesha: Purple *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sun 6 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 - 6th Phase
Ashtami

Routine Work Marana Yoga
Until 8:15AM
Then Creative Work - Siddha Yoga

Devaloka Day

Chidambaram Abhishekam

Sunday, April 24, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Knoxville, TN

Makara Rasi: 22.31 Tithi 24 – 25

299345479 **Gulika** 3:54PM – 5:34PM
Yama 12:33PM – 2:13PM
Rahu 5:34PM – 7:15PM

Shravana Until 7:24AM
Subha Until 12:35PM
Vanija Until 3:47AM Mon
Navami* Until 4:26PM

Ganesha: Clear *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 7:15PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Sun 7 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 - 7th Phase
Navami

Creative Work Amrita Yoga
Until 7:24AM
Then Routine Work - Marana Yoga

Devaloka Day

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau				Knoxville, TN
			Sun 8			Sutra 8	
	Kumbha Rasi: 6.14	Tithi 25 – 26	299345479	Gulika 2:13PM – 3:54PM Yama 10:52AM – 12:32PM Rahu 7:30AM – 9:11AM	Dhanishtha Until 6:45AM Sukla Until 10:26AM Bava Until 2:45AM Tue Dashami Until 3:12PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Purple Chaitra+Chaitra	Sunrise: 5:49AM Sunset: 7:15PM Moon 4 - Phase 2 - 8 2nd Phase
	Family Home Evening Creative Work Siddha Yoga		Devaloka Day				

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN
			Sun 9			Sutra 9	
	Kumbha Rasi: 19.43	Tithi 26 – 27	299345479	Gulika 12:32PM – 2:13PM Yama 9:10AM – 10:51AM Rahu 3:54PM – 5:35PM	Shatabhishak Until 6:19AM Brahma Until 8:36AM Kaulava Until 2:07AM Wed Ekadashi* Until 2:21PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Purple Chaitra+Chaitra	Sunrise: 5:48AM Sunset: 7:16PM Moon 4 - Phase 2 - 9 2nd Phase
	Routine Work Marana Yoga		Devaloka Day				

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Knoxville, TN
			Sun 10			Sutra 10	
	Meena Rasi: 2.59	Tithi 27 – 28	219345479	Gulika 10:51AM – 12:32PM Yama 7:28AM – 9:10AM Rahu 12:32PM – 2:13PM	Purvaproshtapada* Until 6:36AM Indra Until 7:07AM Gara Until 1:54AM Thu Dvadashi* Until 1:56PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Chaitra+Chaitra	Sunrise: 5:47AM Sunset: 7:17PM Moon 4 - Phase 2 - 10 2nd Phase
	Creative Work Amrita Yoga Until 6:36AM Then Creative Work - Siddha Yoga		Devaloka Day				

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN
			Sun 11			Sutra 11	
	Meena Rasi: 16.02	Tithi 28 – 29	219445479	Gulika 9:09AM – 10:50AM Yama 5:46AM – 7:27AM Rahu 2:13PM – 3:55PM	Uttaraproshtapada Until 7:10AM Vishkambha* Until 5:11AM Fri Vistii Until 2:10AM Fri Trayodashi* Until 1:57PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Clear Chaitra+Chaitra	Sunrise: 5:46AM Sunset: 7:18PM Moon 4 - Phase 2 - 11 2nd Phase
	Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 6:PM to 9:PM				

	Friday, April 29, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Knoxville, TN
	Retreat Star				Sun 12		
	Meena Rasi: 28.5	Tithi 29 – 30	211445479	Gulika 7:27AM – 9:08AM Yama 3:55PM – 5:37PM Rahu 10:50AM – 12:32PM	Revati Until 8:02AM Priti Until 4:48AM Sat Catuspada Until 2:55AM Sat Chaturdashi* Until 2:27PM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Clear Chaitra+Chaitra	Sunrise: 5:45AM Sunset: 7:19PM Moon 4 - Phase 2 - 12 Amavasya
	Creative Work Siddha Yoga Until 8:02AM Then Creative Work - Amrita Yoga		Bhuloka Day Devaloka Time: 6:PM to 9:PM				

Retreat Star	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Knoxville, TN
			Sun 13			Sutra 13	
	Mesha Rasi: 11.25	Tithi 30 – 1	221445479	Gulika 5:44AM – 7:26AM Yama 2:14PM – 3:56PM Rahu 9:08AM – 10:50AM	Ashvini Until 9:41AM Ayushman Until 4:46AM Sun Kintughna Until 4:10AM Sun Amavasya* Until 3:27PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka+Chaitra	Sunrise: 5:44AM Sunset: 7:20PM Moon 4 - Phase 2 - 13 Prathama
	Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 6:PM to 9:PM				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 14 Sutra 14 Subhakrit 5124
Mesha Rasi: 23.46	Tithi 1 – 2	Gulika 3:56PM – 5:38PM	Bharani Until 11:40AM	Ganesha: Green	<i>Sunrise:</i> 5:43AM	
		Yama 12:32PM – 2:14PM	Saubhagya Until 5:07AM Mon	Muruqa: White	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 3 - 14
		221445479 Rahu 5:38PM – 7:20PM	Balava Until 5:52AM Mon	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 4:56PM	Moon – White		Bhuloka Day
Until 11:40AM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau				Knoxville, TN Sun 15 Sutra 15 Subhakrit 5124
Vrishabha Rasi: 5.56	Tithi 2	Gulika 2:14PM – 3:56PM	Krittika Until 1:55PM	Ganesha: Green	<i>Sunrise:</i> 5:42AM	
Family Home Evening		Yama 10:49AM – 12:31PM	Sobhana Until 5:47AM Tue	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 3 - 15
Routine Work	Marana Yoga	221445479 Rahu 7:24AM – 9:06AM	Kaulava Until 6:51PM	Nataraja: Clear		3rd Phase
Until 1:55PM			Dvitiya Until 6:51PM	Moon – White		Bhuloka Day
Then Creative Work - Amrita Yoga				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM

3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailita/Gara Karana Tritiyayam Titau				Knoxville, TN Sun 16 Sutra 16 Subhakrit 5124
Vrishabha Rasi: 17.56	Tithi 3	Gulika 12:31PM – 2:14PM	Rohini Until 4:50PM	Ganesha: White	<i>Sunrise:</i> 5:40AM	
		Yama 9:06AM – 10:49AM	Athiganda* Until 6:38AM Wed	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 3 - 16
		231445479 Rahu 3:57PM – 5:39PM	Taitila Until 7:58AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 9:06PM	Moon – Yellow		Bhuloka Day
Until 4:50PM		Akshaya Tritiya		Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturtham Titau				Knoxville, TN Sun 17 Sutra 17 Subhakrit 5124
Vrishabha Rasi: 29.5	Tithi 4	Gulika 10:48AM – 12:31PM	Mrigashira Until 7:48PM	Ganesha: White	<i>Sunrise:</i> 5:39AM	
		Yama 7:22AM – 9:05AM	Athiganda* Until 6:38AM	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 3 - 17
		231445479 Rahu 12:31PM – 2:14PM	Vanija Until 10:21AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 11:34PM	Moon – Yellow		Bhuloka Day
				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM

5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Knoxville, TN Sun 18 Sutra 18 Subhakrit 5124
Mithuna Rasi: 11.41	Tithi 5	Gulika 9:05AM – 10:48AM	Ardra Until 10:40PM	Ganesha: White	<i>Sunrise:</i> 5:38AM	
		Yama 5:38AM – 7:22AM	Sukarma Until 7:37AM	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 3 - 18
		231445479 Rahu 2:14PM – 3:57PM	Bava Until 12:51PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 2:04AM Fri	Moon – Yellow		Bhuloka Day
Until 10:40PM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Knoxville, TN Sun 19 Sutra 19 Subhakrit 5124
Mithuna Rasi: 23.31	Tithi 6	Gulika 7:21AM – 9:04AM	Punarvasu Until 1:46AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	
		Yama 3:58PM – 5:41PM	Dhriti Until 8:36AM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 3 - 19
		241445479 Rahu 10:48AM – 12:31PM	Kaulava Until 3:18PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 4:26AM Sat	Moon – Blue		Devaloka Day
				Vaisaka*Chaitra		

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Knoxville, TN Sun 20 Sutra 20 Subhakrit 5124
Retreat Star		Gulika 5:36AM – 7:20AM	Pushya Until 4:25AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	
Kataka Rasi: 5.26	Tithi 7	Yama 2:15PM – 3:58PM	Shula* Until 9:26AM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 3 - 20
		241445479 Rahu 9:04AM – 10:47AM	Gara Until 5:31PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:28AM Sun	Moon – Blue		Devaloka Day
				Vaisaka*Chaitra		

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Knoxville, TN Sun 21 Sutra 21 Subhakrit 5124
Retreat Star		Gulika 3:59PM – 5:42PM	Ashlesha* Until 6:25AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	
Kataka Rasi: 17.28	Tithi 7 – 8	Yama 12:31PM – 2:15PM	Ganda* Until 10:00AM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 3 - 21
		241445479 Rahu 5:42PM – 7:26PM	Visti Until 7:20PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 6:28AM	Moon – Blue		Devaloka Day
Until 6:25AM Mon		Mother's Day		Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Knoxville, TN Sun 22 Sutra 22 Subhakrit 5124
Retreat Star		Gulika 2:15PM – 3:59PM	Ashlesha* Until 6:25AM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	
Kataka Rasi: 29.41	Tithi 8 – 9	Yama 10:47AM – 12:31PM	Vridhhi Until 10:11AM	Muruqa: White	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 3 - 22
Family Home Evening		241445479 Rahu 7:19AM – 9:03AM	Balava Until 8:33PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 8:00AM	Moon – Blue		Devaloka Day
Until 6:25AM				Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Knoxville, TN Sun 23
	Simha Rasi: 12.12	Tithi 9 – 10	Gulika 12:31PM – 2:15PM	Magha* Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 5:34AM	Subhakrit 5124
			Yama 9:02AM – 10:47AM	Dhruva Until 9:49AM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 4 - 23
	Creative Work	Siddha Yoga	252445479 Rahu 3:59PM – 5:44PM	Taitila Until 9:04PM	Nataraja: Clear		4th Phase
			Navami* Until 8:53AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 24
	Simha Rasi: 25.03	Tithi 10 – 11	Gulika 10:46AM – 12:31PM	Purvaphalguni Until 8:57AM	Ganesha: Clear	<i>Sunrise:</i> 5:33AM	Subhakrit 5124
			Yama 7:17AM – 9:02AM	Vyaghata* Until 8:53AM	Muruqa: White	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 4 - 24
	Creative Work	Amrita Yoga	252445479 Rahu 12:31PM – 2:15PM	Vanija Until 8:49PM	Nataraja: Clear		4th Phase
			Dashami Until 9:01AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 25
	Kanya Rasi: 8.18	Tithi 11 – 12	Gulika 9:01AM – 10:46AM	Uttaraphalguni Until 8:51AM	Ganesha: Clear	<i>Sunrise:</i> 5:32AM	Subhakrit 5124
			Yama 5:32AM – 7:17AM	Harshana Until 7:21AM	Muruqa: White	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 4 - 25
		Amrita Yoga	252445479 Rahu 2:15PM – 4:00PM	Bava Until 7:47PM	Nataraja: Clear		4th Phase
Until 8:51AM	Then Routine Work - Marana Yoga		Ekadashi Until 8:23AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 26
	Kanya Rasi: 21.59	Tithi 12 – 13	Gulika 7:16AM – 9:01AM	Hasta Until 8:19AM	Ganesha: White	<i>Sunrise:</i> 5:31AM	Subhakrit 5124
			Yama 4:01PM – 5:45PM	Siddhi Until 2:28AM Sat	Muruqa: White	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 4 - 26
	Creative Work	Amrita Yoga	262445479 Rahu 10:46AM – 12:31PM	Kaulava Until 6:02PM	Nataraja: Clear		4th Phase
Until 8:19AM	Then Creative Work - Siddha Yoga		Dvadashi Until 6:58AM	Moon – Green		Sivaloka Day	
				Vaisaka-Chaitra			
				<i>Pradosha Vrata</i>			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Knoxville, TN Sun 27
	Tula Rasi: 6.05	Tithi 14	Gulika 5:30AM – 7:15AM	Chitra Until 6:58AM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
			Yama 2:16PM – 4:01PM	Vyatipata* Until 11:19PM	Muruqa: White	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 4 - 27
	Routine Work	Marana Yoga	262445479 Rahu 9:01AM – 10:46AM	Gara Until 3:40PM	Nataraja: Clear		4th Phase
Until 6:58AM	Then Creative Work - Siddha Yoga		Chaturdashi* Until 2:16AM Sun	Moon – Green		Sivaloka Day	
				Vaisaka-Vaikasi			

○	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Knoxville, TN Sun 28
	Copper Retreat Star		Gulika 4:01PM – 5:47PM	Vishakha Until 2:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Subhakrit 5124
	Tula Rasi: 20.33	Tithi 15	Yama 12:31PM – 2:16PM	Variyan Until 7:46PM	Muruqa: White	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 4 - Purnima
	Routine Work	Marana Yoga	272445479 Rahu 5:47PM – 7:32PM	Visti Until 12:49PM	Nataraja: Clear		
Until 2:47AM Mon	Then Creative Work - Siddha Yoga		Purnima* Until 11:14PM	Moon – Orange		Devaloka Day	
				Vaisaka-Vaikasi			

○	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Knoxville, TN Sun 29
	Silver Retreat Star		Gulika 2:16PM – 4:02PM	Anuradha Until 12:15AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Subhakrit 5124
	Vrischika Rasi: 5.19	Tithi 16	Yama 10:45AM – 12:31PM	Parigha* Until 4:00PM	Muruqa: White	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 4 - Prathama
	Family Home Evening		272445479 Rahu 7:14AM – 9:00AM	Balava Until 9:37AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 7:56PM	Moon – Orange		Devaloka Day	
Until 12:15AM Tue	Then Routine Work - Marana Yoga			Vaisaka-Vaikasi			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

all times are standard time. Calculated for Knoxville, TN on 4/26/2

www.gurudeva.org/panchang



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Knoxville, TN
Sun 1
Sutra 30
Subhakrit 5124
Moon 5 - Phase 5 - 1
1st Phase

Vrischika Rasi: 20.14 Tithi 17 - 18

272445479

Gulika 12:31PM - 2:16PM
Yama 8:59AM - 10:45AM
Rahu 4:02PM - 5:48PM

Jyeshtha* Until 9:31PM
Shiva Until 12:07PM
Taitila Until 6:14AM
Dvitiya Until 4:31PM

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: White *Sunset:* 7:34PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 9:31PM
Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Knoxville, TN
Sun 2
Sutra 31
Subhakrit 5124
Moon 5 - Phase 5 - 2
1st Phase

Dhanus Rasi: 5.11 Tithi 18 - 19

282445479

Gulika 10:45AM - 12:31PM
Yama 7:13AM - 8:59AM
Rahu 12:31PM - 2:17PM

Mula* Until 7:07PM
Siddha Until 8:13AM
Bava Until 11:30PM
Tritiya Until 1:08PM

Ganesha: Blue *Sunrise:* 5:27AM
Muruqa: White *Sunset:* 7:34PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga
Until 7:07PM
Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN
Sun 3
Sutra 32
Subhakrit 5124
Moon 5 - Phase 5 - 3
1st Phase

Dhanus Rasi: 20.02 Tithi 19 - 20

282445479

Gulika 8:59AM - 10:45AM
Yama 5:27AM - 7:13AM
Rahu 2:17PM - 4:03PM

Purvashadha* Until 4:47PM
Subha Until 12:55AM Fri
Kaulava Until 8:26PM
Chaturthi* Until 9:55AM

Ganesha: Blue *Sunrise:* 5:27AM
Muruqa: White *Sunset:* 7:35PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga
Until 4:47PM
Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Knoxville, TN
Sun 4
Sutra 33
Subhakrit 5124
Moon 5 - Phase 5 - 4
1st Phase

Makara Rasi: 4.41 Tithi 20 - 21

282445479

Gulika 7:12AM - 8:58AM
Yama 4:03PM - 5:50PM
Rahu 10:45AM - 12:31PM

Uttarashadha Until 2:40PM
Sukla Until 9:41PM
Vanija Until 4:31AM Sat
Panchami Until 7:01AM

Ganesha: Blue *Sunrise:* 5:26AM
Muruqa: White *Sunset:* 7:36PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saphtamyam Titau

Knoxville, TN
Sun 5
Sutra 34
Subhakrit 5124
Moon 5 - Phase 5 - 5
1st Phase

Makara Rasi: 19.02 Tithi 22

292445479

Gulika 5:25AM - 7:12AM
Yama 2:17PM - 4:04PM
Rahu 8:58AM - 10:45AM

Shravana Until 1:17PM
Brahma Until 6:51PM
Visti Until 3:28PM
Saphtami Until 2:31AM Sun

Ganesha: Red *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 7:37PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN
Sun 6
Sutra 35
Subhakrit 5124
Moon 5 - Phase 5 - 6
Ashtami

Kumbha Rasi: 3.02 Tithi 23

292445479

Gulika 4:04PM - 5:51PM
Yama 12:31PM - 2:18PM
Rahu 5:51PM - 7:37PM

Dhanishtha Until 12:17PM
Indra Until 4:29PM
Balava Until 1:45PM
Ashtami* Until 1:06AM Mon

Ganesha: Red *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 7:37PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 12:17PM
Then Creative Work - Siddha Yoga

Monday, May 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Knoxville, TN
Sun 7
Sutra 36
Subhakrit 5124
Moon 5 - Phase 5 - 7
Navami

Kumbha Rasi: 16.42 Tithi 24

293545479

Gulika 2:18PM - 4:05PM
Yama 10:44AM - 12:31PM
Rahu 7:11AM - 8:58AM

Shatabhishak Until 11:43AM
Vaidhriti* Until 2:34PM
Taitila Until 12:38PM
Navami* Until 12:16AM Tue

Ganesha: Red *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 7:38PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 11:43AM
Then Routine Work - Marana Yoga

1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Knoxville, TN Sun 8 Sutra 37 Subhakrit 5124
Meena Rasi: 0.01	Tithi 25	Gulika Yama	12:31PM – 2:18PM 8:57AM – 10:44AM	Purvaproshtapada* Until 12:03PM Vishkambha* Until 1:09PM Vanija Until 12:06PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:23AM Sunset: 7:39PM	Moon 5 - Phase 6 - 8 2nd Phase	
Routine Work	Marana Yoga	213545479 Rahu	4:05PM – 5:52PM	Dashami Until 12:02AM Wed	Vaisaka-Vaikasi	Devaloka Day		
Until 12:03PM								
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Knoxville, TN Sun 9 Sutra 38 Subhakrit 5124
Meena Rasi: 13.01	Tithi 26	Gulika Yama	10:44AM – 12:31PM 7:10AM – 8:57AM	Uttaraproshtapada Until 12:48PM Priti Until 12:13PM Bava Until 12:10PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:23AM Sunset: 7:40PM	Moon 5 - Phase 6 - 9 2nd Phase	
Creative Work	Siddha Yoga	313545479 Rahu	12:31PM – 2:18PM	Ekadashi* Until 12:23AM Thu	Vaisaka-Vaikasi	Sivaloka Day		
Until 12:48PM								
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		Knoxville, TN Sun 10 Sutra 39 Subhakrit 5124
Meena Rasi: 25.45	Tithi 27	Gulika Yama	8:57AM – 10:44AM 5:22AM – 7:10AM	Revati Until 1:57PM Ayushman Until 11:42AM Kaulava Until 12:47PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:22AM Sunset: 7:40PM	Moon 5 - Phase 6 - 10 2nd Phase	
Creative Work	Siddha Yoga	313545479 Rahu	2:19PM – 4:06PM	Dvadashi* Until 1:17AM Fri	Vaisaka-Vaikasi	Sivaloka Day		
Until 1:57PM								
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Knoxville, TN Sun 11 Sutra 40 Subhakrit 5124
Mesha Rasi: 8.14	Tithi 28	Gulika Yama	7:09AM – 8:57AM 4:06PM – 5:54PM	Ashvini Until 3:54PM Saubhagya Until 11:35AM Gara Until 1:55PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:22AM Sunset: 7:41PM	Moon 5 - Phase 6 - 11 2nd Phase	
Creative Work	Amrita Yoga	323545479 Rahu	10:44AM – 12:31PM	Trayodashi* Until 2:39AM Sat	Vaisaka-Vaikasi	Devaloka Day		
Until 3:54PM								
Then Creative Work - Siddha Yoga								
		<i>Pradosha Vrata (Fasting)</i>						

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Knoxville, TN Sun 12 Sutra 41 Subhakrit 5124
Mesha Rasi: 20.31	Tithi 29	Gulika Yama	5:21AM – 7:09AM 2:19PM – 4:07PM	Bharani Until 6:08PM Sobhana Until 11:51AM Visti Until 3:30PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:21AM Sunset: 7:42PM	Moon 5 - Phase 6 - 12 2nd Phase	
Creative Work	Siddha Yoga	323545479 Rahu	8:57AM – 10:44AM	Chaturdashi* Until 4:25AM Sun	Vaisaka-Vaikasi	Devaloka Day		
Until 6:08PM								
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Knoxville, TN Sun 13 Sutra 42 Subhakrit 5124
Vrishabha Rasi: 2.38	Tithi 30	Gulika Yama	4:07PM – 5:55PM 12:32PM – 2:19PM	Krittika Until 8:32PM Athiganda* Until 12:22PM Catuspada Until 5:28PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:21AM Sunset: 7:42PM	Moon 5 - Phase 6 - 13 Amavasya	
Creative Work	Siddha Yoga	323545479 Rahu	5:55PM – 7:42PM	Amavasya* Until 6:32AM Mon	Vaisaka-Vaikasi	Devaloka Day		

Retreat Star		Monday, May 30, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Knoxville, TN Sun 14 Sutra 43 Subhakrit 5124
Vrishabha Rasi: 14.37	Tithi 30 – 1	Gulika Yama	2:20PM – 4:07PM 10:44AM – 12:32PM	Rohini Until 11:33PM Sukarma Until 1:09PM Kintughna Until 7:42PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow	Sunrise: 5:21AM Sunset: 7:43PM	Moon 5 - Phase 6 - 14 Prathama	
Family Home Evening		333545479 Rahu	7:08AM – 8:56AM	Amavasya* Until 6:32AM	Jyeshtha-Vaikasi	Devaloka Day		
Creative Work	Amrita Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 15 Sutra 44
	Vrishabha Rasi: 26.31	Tithi 1 – 2	333545479	Gulika Yama Rahu	12:32PM – 2:20PM 8:56AM – 10:44AM 4:08PM – 5:56PM	Mrigashira Until 2:33AM Wed Dhriti Until 2:06PM Balava Until 10:07PM Prathama* Until 8:52AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Sunrise: 5:20AM Sunset: 7:44PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga						
	Until 5:25AM Thu Then Creative Work - Amrita Yoga						

2	Wednesday, June 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Knoxville, TN Sun 16 Sutra 45
	Mithuna Rasi: 8.22	Tithi 2 – 3	333545479	Gulika Yama Rahu	10:44AM – 12:32PM 7:08AM – 8:56AM 12:32PM – 2:20PM	Ardra Until 5:25AM Thu Shula* Until 3:05PM Taitila Until 12:36AM Thu Dvitiya Until 11:20AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Sunrise: 5:20AM Sunset: 7:44PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga						
	Until 5:25AM Thu Then Creative Work - Amrita Yoga						

3	Thursday, June 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Knoxville, TN Sun 17 Sutra 46
	Mithuna Rasi: 20.11	Tithi 3 – 4	343555479	Gulika Yama Rahu	8:56AM – 10:44AM 5:20AM – 7:08AM 2:20PM – 4:09PM	Punarvasu Until 8:35AM Fri Ganda* Until 4:06PM Vanija Until 3:03AM Fri Tritiya Until 1:49PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Sunrise: 5:20AM Sunset: 7:45PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Amrita Yoga						
	Until 8:35AM Fri Then Routine Work - Marana Yoga						

4	Friday, June 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Knoxville, TN Sun 18 Sutra 47
	Kataka Rasi: 2.02	Tithi 4 – 5	343555479	Gulika Yama Rahu	7:08AM – 8:56AM 4:09PM – 5:57PM 10:44AM – 12:32PM	Punarvasu Until 8:35AM Vridhi Until 5:03PM Bava Until 5:20AM Sat Chaturthi* Until 4:12PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Sunrise: 5:19AM Sunset: 7:45PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga						
	Until 8:35AM Then Routine Work - Marana Yoga						

5	Saturday, June 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau				Knoxville, TN Sun 19 Sutra 48
	Kataka Rasi: 13.58	Tithi 5	343555479	Gulika Yama Rahu	5:19AM – 7:07AM 2:21PM – 4:09PM 8:56AM – 10:44AM	Pushya Until 11:23AM Dhruva Until 5:47PM Balava Until 6:21PM Panchami Until 6:21PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Sunrise: 5:19AM Sunset: 7:46PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga						
	Until 11:23AM Then Routine Work - Marana Yoga						

6	Sunday, June 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Knoxville, TN Sun 20 Sutra 49
	Kataka Rasi: 26.01	Tithi 6	343555471	Gulika Yama Rahu	4:10PM – 5:58PM 12:33PM – 2:21PM 5:58PM – 7:47PM	Ashlesha* Until 1:42PM Vyaghata* Until 6:15PM Kaulava Until 7:19AM Shashthi* Until 8:08PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Blue Sunrise: 5:19AM Sunset: 7:47PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga						
	Until 1:42PM Then Routine Work - Marana Yoga						

Retreat Star	Monday, June 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Knoxville, TN Sun 21 Sutra 50
	Simha Rasi: 8.13	Tithi 7	354555471	Gulika Yama Rahu	2:21PM – 4:10PM 10:44AM – 12:33PM 7:07AM – 8:56AM	Magha* Until 3:53PM Harshana Until 6:21PM Gara Until 8:51AM Saptami Until 9:23PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Sunrise: 5:19AM Sunset: 7:47PM Devaloka Day Jyeshtha-Vaikasi
	Family Home Evening						
	Routine Work Marana Yoga Until 3:53PM Then Creative Work - Siddha Yoga						

Retreat Star	Tuesday, June 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Knoxville, TN Sun 22 Sutra 51
	Simha Rasi: 20.41	Tithi 8	354555471	Gulika Yama Rahu	12:33PM – 2:22PM 8:56AM – 10:44AM 4:10PM – 5:59PM	Purvaphalguni Until 5:18PM Vajra* Until 5:55PM Visti Until 9:48AM Ashtami* Until 10:00PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Sunrise: 5:18AM Sunset: 7:48PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga						
	Until 5:18PM Then Creative Work - Amrita Yoga						

Retreat Star	Wednesday, June 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau				Knoxville, TN Sun 23 Sutra 52
	Kanya Rasi: 3.28	Tithi 9	354555471	Gulika Yama Rahu	10:45AM – 12:33PM 7:07AM – 8:56AM 12:33PM – 2:22PM	Uttaraphalguni Until 5:51PM Siddhi Until 4:55PM Balava Until 10:03AM Navami* Until 9:51PM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Sunrise: 5:18AM Sunset: 7:48PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Amrita Yoga						
	Until 5:51PM Then Routine Work - Marana Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Knoxville, TN Sun 24
	Kanya Rasi: 16.37	Tithi 10	Gulika 8:56AM – 10:45AM	Hasta Until 5:55PM	Ganesha: White <i>Sunrise: 5:18AM</i>		Subhakrit 5124
		364555471	Yama 5:18AM – 7:07AM	Vyatipata* Until 3:19PM	Muruqa: Green <i>Sunset: 7:49PM</i>		Moon 5 - Phase 8 - 24
			Rahu 2:22PM – 4:11PM	Taitila Until 9:31AM	Nataraja: Yellow		4th Phase
	Routine Work	Marana Yoga		Dashami Until 8:56PM	Moon – Green	Bhuloka Day	
	Until 5:55PM				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	
	Then Creative Work - Siddha Yoga						

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Knoxville, TN Sun 25
	Tula Rasi: 0.13	Tithi 11	Gulika 7:07AM – 8:56AM	Chitra Until 5:05PM	Ganesha: White <i>Sunrise: 5:18AM</i>		Subhakrit 5124
		364555471	Yama 4:11PM – 6:00PM	Variyan Until 1:03PM	Muruqa: Green <i>Sunset: 7:49PM</i>		Moon 5 - Phase 8 - 25
			Rahu 10:45AM – 12:34PM	Vanija Until 8:12AM	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Ekadashi Until 7:14PM	Moon – Green	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 26
	Tula Rasi: 14.17	Tithi 12 – 13	Gulika 5:18AM – 7:07AM	Svati Until 3:24PM	Ganesha: White <i>Sunrise: 5:18AM</i>		Subhakrit 5124
		364555471	Yama 2:23PM – 4:12PM	Parigha* Until 10:13AM	Muruqa: Green <i>Sunset: 7:50PM</i>		Moon 5 - Phase 8 - 26
			Rahu 8:56AM – 10:45AM	Bava Until 6:08AM	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Dvadashi Until 4:51PM	Moon – Green	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

Pradosha Vrata

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 27
	Tula Rasi: 28.46	Tithi 13 – 14	Gulika 4:12PM – 6:01PM	Vishakha Until 1:24PM	Ganesha: Yellow <i>Sunrise: 5:18AM</i>		Subhakrit 5124
		374555471	Yama 12:34PM – 2:23PM	Shiva Until 6:53AM	Muruqa: Green <i>Sunset: 7:50PM</i>		Moon 5 - Phase 8 - 27
			Rahu 6:01PM – 7:50PM	Gara Until 12:15AM Mon	Nataraja: Yellow		4th Phase
	Routine Work	Marana Yoga		Trayodashi Until 1:53PM	Moon – Orange	Devaloka Day	
			Vaikasi Visakam		Jyeshtha-Vaikasi		

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Knoxville, TN Sun 28
	Copper Retreat Star		Gulika 2:23PM – 4:12PM	Anuradha Until 10:50AM	Ganesha: Yellow <i>Sunrise: 5:18AM</i>		Subhakrit 5124
Vrischika Rasi: 13.37	Tithi 14 – 15	374555471	Yama 10:45AM – 12:34PM	Sadhya Until 11:06PM	Muruqa: Green <i>Sunset: 7:51PM</i>		Moon 5 - Phase 8 -
Family Home Evening			Rahu 7:07AM – 8:56AM	Visti Until 8:42PM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 10:30AM	Moon – Orange	Devaloka Day	
					Jyeshtha-Vaikasi		

5	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Knoxville, TN Sun 29
	Silver Retreat Star		Gulika 12:34PM – 2:24PM	Jyeshtha* Until 7:52AM	Ganesha: Yellow <i>Sunrise: 5:18AM</i>		Subhakrit 5124
Vrischika Rasi: 28.44	Tithi 15 – 16	374555471	Yama 8:56AM – 10:45AM	Subha Until 6:57PM	Muruqa: Green <i>Sunset: 7:51PM</i>		Moon 5 - Phase 8 -
			Rahu 4:13PM – 6:02PM	Kaulava Until 3:02AM Wed	Nataraja: Yellow		Prathama
	Routine Work	Marana Yoga		Purnima* Until 6:49AM	Moon – Orange	Devaloka Day	
	Until 7:52AM				Jyeshtha-Vaikasi		
	Then Creative Work - Amrita Yoga						



Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Knoxville, TN

Sutra 59

Subhakrit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 13.56 Tithi 17

384555471

Gulika 10:46AM – 12:35PM
Yama 7:07AM – 8:56AM
Rahu 12:35PM – 2:24PM

Purvashadha* Until 2:08AM Thu
Sukla Until 2:44PM
Taitila Until 1:09PM
Dvitiya Until 11:17PM

Ganesha: Blue *Sunrise: 5:18AM*
Muruqa: Green *Sunset: 7:51PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trityayam Titau

Knoxville, TN

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.05 Tithi 18

384555471

Gulika 8:57AM – 10:46AM
Yama 5:18AM – 7:07AM
Rahu 2:24PM – 4:13PM

Uttarashadha Until 11:21PM
Brahma Until 10:40AM
Vanija Until 9:30AM
Tritiya Until 7:45PM

Ganesha: Blue *Sunrise: 5:18AM*
Muruqa: Green *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.01 Tithi 19 – 20

394555471

Gulika 7:07AM – 8:57AM
Yama 4:14PM – 6:03PM
Rahu 10:46AM – 12:35PM

Shravana Until 9:13PM
Indra Until 6:51AM
Bava Until 6:07AM
Chaturthi* Until 4:34PM

Ganesha: Red *Sunrise: 5:18AM*
Muruqa: Green *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Knoxville, TN

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 28.37 Tithi 20 – 21

394655471

Gulika 5:18AM – 7:08AM
Yama 2:25PM – 4:14PM
Rahu 8:57AM – 10:46AM

Dhanishtha Until 7:29PM
Vishkambha* Until 12:24AM Sun
Gara Until 12:49AM Sun
Panchami Until 1:54PM

Ganesha: Blue *Sunrise: 5:18AM*
Muruqa: Green *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Knoxville, TN

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

Gulika 4:14PM – 6:03PM
Yama 12:36PM – 2:25PM
Rahu 6:03PM – 7:53PM

Shatabhishak Until 6:16PM
Priti Until 10:00PM
Visti Until 11:08PM
Shashthi* Until 11:52AM

Ganesha: Red *Sunrise: 5:18AM*
Muruqa: Green *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Knoxville, TN

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

Gulika 2:25PM – 4:14PM
Yama 10:46AM – 12:36PM
Rahu 7:08AM – 8:57AM

Purvaproshtapada* Until 6:05PM
Ayushman Until 8:10PM
Balava Until 10:12PM
Saptami Until 10:33AM

Ganesha: Clear *Sunrise: 5:19AM*
Muruqa: Green *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Knoxville, TN

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 9.52 Tithi 23 – 24

315655471

Gulika 12:36PM – 2:25PM
Yama 8:57AM – 10:47AM
Rahu 4:14PM – 6:04PM

Uttaraproshtapada Until 6:32PM
Saubhagya Until 6:59PM
Taitila Until 10:03PM
Ashtami* Until 10:01AM

Ganesha: Clear *Sunrise: 5:19AM*
Muruqa: Green *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Knoxville, TN on 4/26/2

www.gurudeva.org/panchang

1		Wednesday, June 22, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Knoxville, TN Sun 7 Sutra 66	
Meena Rasi: 22.47	Tithi 24 – 25	Gulika 10:47AM – 12:36PM	Revati Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	Subhakit 5124	
		Yama 7:08AM – 8:58AM	Sobhana Until 6:24PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 7	
		315655471 Rahu 12:36PM – 2:25PM	Vanija Until 10:38PM	Nataraja: Yellow		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 10:14AM	Moon – Clear		Devaloka Day	
				Jyeshtha-Ani			

2		Thursday, June 23, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Knoxville, TN Sun 8 Sutra 67	
Mesha Rasi: 5.2	Tithi 25 – 26	Gulika 8:58AM – 10:47AM	Ashvini Until 9:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM	Subhakit 5124	
		Yama 5:19AM – 7:09AM	Athiganda* Until 6:19PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 8	
		325655471 Rahu 2:26PM – 4:15PM	Bava Until 11:53PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 11:10AM	Moon – White		Bhuloka Day	
Until 9:31PM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

3		Friday, June 24, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Knoxville, TN Sun 9 Sutra 68	
Mesha Rasi: 17.38	Tithi 26 – 27	Gulika 7:09AM – 8:58AM	Bharani Until 11:52PM	Ganesha: Purple	<i>Sunrise:</i> 5:20AM	Subhakit 5124	
		Yama 4:15PM – 6:04PM	Sukarma Until 6:41PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 10 - 9	
		325655471 Rahu 10:47AM – 12:37PM	Kaulava Until 1:39AM Sat	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 12:41PM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

4		Saturday, June 25, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau		Knoxville, TN Sun 10 Sutra 69	
Mesha Rasi: 29.44	Tithi 27 – 28	Gulika 5:20AM – 7:09AM	Krittika Until 2:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:20AM	Subhakit 5124	
		Yama 2:26PM – 4:15PM	Dhriti Until 7:23PM	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 10 - 10	
		325655471 Rahu 8:58AM – 10:48AM	Gara Until 3:48AM Sun	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvodashi* Until 2:40PM	Moon – White		Bhuloka Day	
Until 2:25AM Sun				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)			

5		Sunday, June 26, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Knoxville, TN Sun 11 Sutra 70	
Vrishabha Rasi: 11.41	Tithi 28 – 29	Gulika 4:15PM – 6:05PM	Rohini Until 5:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 5:20AM	Subhakit 5124	
		Yama 12:37PM – 2:26PM	Shula* Until 8:17PM	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 10 - 11	
		335655471 Rahu 6:05PM – 7:54PM	Visti Until 6:11AM Mon	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 4:57PM	Moon – Yellow		Bhuloka Day	
Until 5:33AM Mon				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6		Monday, June 27, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Knoxville, TN Sun 12 Sutra 71	
Vrishabha Rasi: 23.32	Tithi 29	Gulika 2:26PM – 4:15PM	Mrigashira Until 8:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 5:21AM	Subhakit 5124	
Family Home Evening		Yama 10:48AM – 12:37PM	Ganda* Until 9:18PM	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 10 - 12	
		335655471 Rahu 7:10AM – 8:59AM	Visti Until 6:11AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 7:25PM	Moon – Yellow		Bhuloka Day	
Until 8:37AM Tue				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, June 28, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Knoxville, TN Sun 13 Sutra 72	
Mithuna Rasi: 5.22	Tithi 30	Gulika 12:37PM – 2:26PM	Mrigashira Until 8:37AM	Ganesha: Purple	<i>Sunrise:</i> 5:21AM	Subhakit 5124	
		Yama 8:59AM – 10:48AM	Vriddhi Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 10 - 13	
		336655471 Rahu 4:16PM – 6:05PM	Catuspada Until 8:41AM	Nataraja: Yellow		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 9:55PM	Moon – Yellow		Bhuloka Day	
Until 8:37AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Knoxville, TN Sun 14 Sutra 73	
Mithuna Rasi: 17.11	Tithi 1	Gulika 10:48AM – 12:38PM	Ardra Until 11:30AM	Ganesha: Purple	<i>Sunrise:</i> 5:21AM	Subhakit 5124	
		Yama 7:10AM – 8:59AM	Dhruva Until 11:22PM	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 10 - 14	
		336655471 Rahu 12:38PM – 2:27PM	Kintughna Until 11:10AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:22AM Thu	Moon – Yellow		Bhuloka Day	
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Knoxville, TN Sun 15 Sutra 74 Subhakrit 5124
Mithuna Rasi: 29.03	Tithi 2	Gulika 9:00AM – 10:49AM	Punarvasu Until 2:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:22AM			
		Yama 5:22AM – 7:11AM	Vyaghata* Until 12:16AM Fri	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 11 - 15		3rd Phase
Creative Work	Amrita Yoga	346655471 Rahu 2:27PM – 4:16PM	Balava Until 1:34PM	Nataraja: Yellow				
			Dvitiya Until 2:41AM Fri	Moon – Blue			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
				Ashada*Ani				

2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Knoxville, TN Sun 16 Sutra 75 Subhakrit 5124
Kataka Rasi: 10.58	Tithi 3	Gulika 7:11AM – 9:00AM	Pushya Until 5:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:22AM			
		Yama 4:16PM – 6:05PM	Harshana Until 1:02AM Sat	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 11 - 16		3rd Phase
Routine Work	Marana Yoga	346655471 Rahu 10:49AM – 12:38PM	Taitila Until 3:47PM	Nataraja: Yellow				
			Tritiya Until 4:47AM Sat	Moon – Blue			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
				Ashada*Ani				

3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visli* Karana Chaturthyam Titau				Knoxville, TN Sun 17 Sutra 76 Subhakrit 5124
Kataka Rasi: 22.57	Tithi 4	Gulika 5:23AM – 7:11AM	Ashlesha* Until 7:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:23AM			
		Yama 2:27PM – 4:16PM	Vajra* Until 1:34AM Sun	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 11 - 17		3rd Phase
Routine Work	Marana Yoga	346655471 Rahu 9:00AM – 10:49AM	Vanija Until 3:45PM	Nataraja: Yellow				
Until 7:49PM			Chaturthi* Until 6:36AM Sun	Moon – Blue			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga				Ashada*Ani				

4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Knoxville, TN Sun 18 Sutra 77 Subhakrit 5124
Simha Rasi: 5.04	Tithi 4 – 5	Gulika 4:16PM – 6:05PM	Magha* Until 10:12PM	Ganesha: Orange	<i>Sunrise:</i> 5:23AM			
		Yama 12:38PM – 2:27PM	Siddhi Until 1:50AM Mon	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 11 - 18		3rd Phase
Routine Work	Marana Yoga	356655471 Rahu 6:05PM – 7:54PM	Bava Until 7:23PM	Nataraja: Yellow				
Until 10:12PM			Chaturthi* Until 6:36AM	Moon – Red			Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani				

5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Knoxville, TN Sun 19 Sutra 78 Subhakrit 5124
Simha Rasi: 17.2	Tithi 5 – 6	Gulika 2:27PM – 4:16PM	Purvaphalguni Until 11:59PM	Ganesha: Orange	<i>Sunrise:</i> 5:24AM			
Family Home Evening		Yama 10:50AM – 12:38PM	Vyatipata* Until 1:45AM Tue	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 11 - 19		3rd Phase
Creative Work	Siddha Yoga	356655471 Rahu 7:12AM – 9:01AM	Kaulava Until 8:35PM	Nataraja: Yellow				
			Panchami Until 8:02AM	Moon – Red			Devaloka Day	
				Ashada*Ani				

6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Knoxville, TN Sun 20 Sutra 79 Subhakrit 5124
Simha Rasi: 29.48	Tithi 6 – 7	Gulika 12:39PM – 2:27PM	Uttaraphalguni Until 1:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:24AM			
		Yama 9:01AM – 10:50AM	Variyan Until 1:12AM Wed	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 11 - 20		3rd Phase
Creative Work	Amrita Yoga	356655471 Rahu 4:16PM – 6:05PM	Gara Until 9:15PM	Nataraja: Yellow				
Until 1:04AM Wed			Shashthi* Until 8:58AM	Moon – Red			Devaloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada*Ani				

Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau				Knoxville, TN Sun 21 Sutra 80 Subhakrit 5124
Kanya Rasi: 12.32	Tithi 7 – 8	Gulika 10:50AM – 12:39PM	Hasta Until 1:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:25AM			
		Yama 7:13AM – 9:02AM	Parigha* Until 12:08AM Thu	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 11 - 21		Ashtami
Routine Work	Marana Yoga	467655471 Rahu 12:39PM – 2:27PM	Visli Until 9:16PM	Nataraja: Yellow				
Until 1:50AM Thu			Saptami Until 9:19AM	Moon – Green			Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani				

Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Knoxville, TN Sun 22 Sutra 81 Subhakrit 5124
Kanya Rasi: 25.37	Tithi 8 – 9	Gulika 9:02AM – 10:51AM	Chitra Until 1:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:25AM			
		Yama 5:25AM – 7:14AM	Shiva Until 10:31PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 11 - 22		Navami
Creative Work	Siddha Yoga	467655471 Rahu 2:27PM – 4:16PM	Balava Until 8:33PM	Nataraja: Yellow				
			Ashtami* Until 8:59AM	Moon – Green			Devaloka Day	
				Ashada*Ani				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Friday, July 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Knoxville, TN Sun 23 Sutra 82 Subhakrit 5124
	Tula Rasi: 9.05	Tithi 9 – 10	Gulika 7:14AM – 9:02AM	Svati Until 12:43AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:26AM	
			Yama 4:16PM – 6:04PM	Siddha Until 8:16PM	Muruqa: Green <i>Sunset:</i> 7:53PM	Moon 6 - Phase 12 - 23
	Creative Work	Siddha Yoga	467655471 Rahu 10:51AM – 12:39PM	Taitila Until 7:07PM	Nataraja: Yellow Moon – Green	4th Phase Devaloka Day
			Navami* Until 7:55AM	Ashada*Ani		

2	Saturday, July 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 23	Tithi 10 – 11	Gulika 5:26AM – 7:14AM	Vishakha Until 11:20PM	Ganesha: White <i>Sunrise:</i> 5:26AM	
			Yama 2:28PM – 4:16PM	Sadhya Until 5:27PM	Muruqa: Green <i>Sunset:</i> 7:52PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	477655471 Rahu 9:03AM – 10:51AM	Visti Until 3:39AM Sun	Nataraja: Yellow Moon – Orange	4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
			Dashami Until 6:07AM	Ashada*Ani		

3	Sunday, July 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Knoxville, TN Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 7.21	Tithi 12	Gulika 4:16PM – 6:04PM	Anuradha Until 9:13PM	Ganesha: White <i>Sunrise:</i> 5:27AM	
			Yama 12:39PM – 2:28PM	Subha Until 2:09PM	Muruqa: Green <i>Sunset:</i> 7:52PM	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 Rahu 6:04PM – 7:52PM	Bava Until 2:13PM	Nataraja: Yellow Moon – Orange	4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
			Dvadashi Until 12:37AM Mon	Ashada*Ani		

4	Monday, July 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 22.05	Tithi 13	Gulika 2:28PM – 4:16PM	Jyeshtha* Until 6:31PM	Ganesha: White <i>Sunrise:</i> 5:27AM	
	Family Home Evening		Yama 10:51AM – 12:40PM	Sukla Until 10:24AM	Muruqa: Green <i>Sunset:</i> 7:52PM	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 Rahu 7:15AM – 9:03AM	Kaulava Until 10:57AM	Nataraja: Yellow Moon – Orange	4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
			Trayodashi Until 9:10PM	Ashada*Ani		
			<i>Pradosha Vrata</i>			

5	Tuesday, July 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Knoxville, TN Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 7.08	Tithi 14 – 15	Gulika 12:40PM – 2:28PM	Mula* Until 3:46PM	Ganesha: White <i>Sunrise:</i> 5:28AM	
			Yama 9:04AM – 10:52AM	Brahma Until 6:22AM	Muruqa: Green <i>Sunset:</i> 7:51PM	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 Rahu 4:16PM – 6:03PM	Gara Until 7:20AM	Nataraja: Yellow Moon – Light Blue	4th Phase Sivaloka Day
			Chaturdashi* Until 5:26PM	Ashada*Ani		

○	Wednesday, July 13, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Knoxville, TN Sun 28 Sutra 87 Subhakrit 5124
	Copper Retreat Star	Dhanus Rasi: 22.22	Tithi 15 – 16	Gulika 10:52AM – 12:40PM	Purvashadha* Until 12:46PM	Ganesha: Yellow <i>Sunrise:</i> 5:29AM
				Yama 7:16AM – 9:04AM	Vaidhriti* Until 9:55PM	Muruqa: Green <i>Sunset:</i> 7:51PM
	Creative Work	Amrita Yoga	488755471 Rahu 12:40PM – 2:28PM	Balava Until 11:41PM	Nataraja: Yellow Moon – Light Blue	Moon 6 - Phase 12 - Purnima Devaloka Day
			Satguru Purnima	Purnima* Until 1:35PM	Ashada*Ani	

○	Thursday, July 14, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 29 Sutra 88 Subhakrit 5124
	Silver Retreat Star	Makara Rasi: 7.35	Tithi 16 – 17	Gulika 9:05AM – 10:52AM	Uttarashadha Until 9:40AM	Ganesha: Yellow <i>Sunrise:</i> 5:29AM
				Yama 5:29AM – 7:17AM	Vishkambha* Until 5:47PM	Muruqa: Green <i>Sunset:</i> 7:51PM
	Routine Work	Marana Yoga	488755471 Rahu 2:28PM – 4:15PM	Taitila Until 7:59PM	Nataraja: Yellow Moon – Light Blue	Moon 6 - Phase 12 - Prathama Devaloka Day
			Prathama* Until 9:47AM	Ashada*Ani		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Knoxville, TN
Sun 1
Sutra 89

Makara Rasi: 22.4 Tilthi 17 - 18

498755471

Gulika 7:17AM - 9:05AM
Yama 4:15PM - 6:03PM
Rahu 10:52AM - 12:40PM

Shravana Until 7:04AM
Priti Until 1:54PM
Visti Until 3:02AM Sat
Dvitiya Until 6:13AM

Ganesha: Blue *Sunrise: 5:30AM*
Muruqa: Green *Sunset: 7:50PM*
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Knoxville, TN
Sun 2
Sutra 90

Kumbha Rasi: 7.25 Tilthi 19

498755471

Gulika 5:31AM - 7:18AM
Yama 2:27PM - 4:15PM
Rahu 9:05AM - 10:53AM

Shatabhishak Until 2:50AM Sun
Ayushman Until 10:22AM
Bava Until 1:40PM
Chaturthi* Until 12:25AM Sun

Ganesha: Blue *Sunrise: 5:31AM*
Muruqa: Green *Sunset: 7:50PM*
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 2:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Knoxville, TN
Sun 3
Sutra 91

Kumbha Rasi: 21.46 Tilthi 20

418755472

Gulika 4:15PM - 6:02PM
Yama 12:40PM - 2:27PM
Rahu 6:02PM - 7:49PM

Purvaproshtapada* Until 1:56AM Mon
Saubhagya Until 7:22AM
Kaulava Until 11:22AM
Panchami Until 10:29PM

Ganesha: White *Sunrise: 5:31AM*
Muruqa: Green *Sunset: 7:49PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Knoxville, TN
Sun 4
Sutra 92

Meena Rasi: 5.38 Tilthi 21

418755472

Gulika 2:27PM - 4:14PM
Yama 10:53AM - 12:40PM
Rahu 7:19AM - 9:06AM

Uttaraproshtapada Until 1:42AM Tue
Athiganda* Until 3:13AM Tue
Gara Until 9:50AM
Shashthi* Until 9:22PM

Ganesha: White *Sunrise: 5:32AM*
Muruqa: Green *Sunset: 7:49PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Knoxville, TN
Sun 5
Sutra 93

Meena Rasi: 19.01 Tilthi 22

419755472

Gulika 12:40PM - 2:27PM
Yama 9:06AM - 10:53AM
Rahu 4:14PM - 6:01PM

Revati Until 2:10AM Wed
Sukarma Until 2:11AM Wed
Visti Until 9:09AM
Saptami Until 9:06PM

Ganesha: Clear *Sunrise: 5:33AM*
Muruqa: Green *Sunset: 7:48PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 2:10AM Wed
Then Routine Work - Marana Yoga

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN
Sun 6
Sutra 94

Mesha Rasi: 1.56 Tilthi 23

429755472

Gulika 10:54AM - 12:40PM
Yama 7:20AM - 9:07AM
Rahu 12:40PM - 2:27PM

Ashvini Until 3:46AM Thu
Dhriti Until 1:49AM Thu
Balava Until 9:19AM
Ashtami* Until 9:42PM

Ganesha: Purple *Sunrise: 5:33AM*
Muruqa: Green *Sunset: 7:47PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 3:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Knoxville, TN
Sun 7
Sutra 95

Mesha Rasi: 14.28 Tilthi 24

429755472

Gulika 9:07AM - 10:54AM
Yama 5:34AM - 7:21AM
Rahu 2:27PM - 4:14PM

Bharani Until 5:54AM Fri
Shula* Until 1:59AM Fri
Taitila Until 10:19AM
Navami* Until 11:03PM

Ganesha: Purple *Sunrise: 5:34AM*
Muruqa: Green *Sunset: 7:47PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga


1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Knoxville, TN Sun 8 Sutra 96
Mesha Rasi: 26.42	Tithi 25	Gulika 7:21AM – 9:08AM	Krittika Until 8:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:35AM	Subhakrit 5124
		Yama 4:13PM – 6:00PM	Ganda* Until 2:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:46PM	Moon 7 - Phase 14 - 8
		429755472 Rahu 10:54AM – 12:40PM	Vanija Until 11:59AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:59AM Sat	Moon – White		Devaloka Day
Until 8:24AM Sat				Ashada*Adi		
Then Creative Work - Amrita Yoga						

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Knoxville, TN Sun 9 Sutra 97
Wrishabha Rasi: 8.43	Tithi 26	Gulika 5:35AM – 7:22AM	Krittika Until 8:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:35AM	Subhakrit 5124
		Yama 2:27PM – 4:13PM	Vriddhi Until 3:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:46PM	Moon 7 - Phase 14 - 9
		429755472 Rahu 9:08AM – 10:54AM	Bava Until 2:08PM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 3:18AM Sun	Moon – White		Devaloka Day
				Ashada*Adi		

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Knoxville, TN Sun 10 Sutra 98
Wrishabha Rasi: 20.35	Tithi 27	Gulika 4:13PM – 5:59PM	Rohini Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	Subhakrit 5124
		Yama 12:40PM – 2:27PM	Dhruva Until 4:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 14 - 10
		439755472 Rahu 5:59PM – 7:45PM	Kaulava Until 4:34PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 5:49AM Mon	Moon – Yellow		Bhuloka Day
				Ashada*Adi		Devaloka Time: 9:AM to12:PM

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Knoxville, TN Sun 11 Sutra 99
Mithuna Rasi: 2.25	Tithi 28	Gulika 2:26PM – 4:12PM	Mrigashira Until 2:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	Subhakrit 5124
Family Home Evening		Yama 10:55AM – 12:41PM	Vyaghata* Until 5:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:44PM	Moon 7 - Phase 14 - 11
Creative Work	Amrita Yoga	439755472 Rahu 7:23AM – 9:09AM	Gara Until 7:06PM	Nataraja: White		2nd Phase
Until 2:37PM			Trayodashi* Until 8:20AM Tue	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi		Devaloka Time: 9:AM to12:PM

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Knoxville, TN Sun 12 Sutra 100
Mithuna Rasi: 14.14	Tithi 28 – 29	Gulika 12:41PM – 2:26PM	Ardra Until 5:30PM	Ganesha: Red	<i>Sunrise:</i> 5:38AM	Subhakrit 5124
		Yama 9:09AM – 10:55AM	Harshana Until 6:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:43PM	Moon 7 - Phase 14 - 12
		431755472 Rahu 4:12PM – 5:58PM	Visti Until 9:34PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 8:20AM	Moon – Yellow		Bhuloka Day
Until 5:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Knoxville, TN Sun 13 Sutra 101
Retreat Star		Gulika 10:55AM – 12:40PM	Punarvasu Until 8:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM	Subhakrit 5124
Mithuna Rasi: 26.05	Tithi 29 – 30	Yama 7:24AM – 9:09AM	Harshana Until 6:37AM	Muruqa: Green	<i>Sunset:</i> 7:43PM	Moon 7 - Phase 14 - 13
		441755472 Rahu 12:40PM – 2:26PM	Catuspada Until 11:52PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 10:44AM	Moon – Blue		Bhuloka Day
				Ashada*Adi		Devaloka Time: 9:AM to12:PM

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Knoxville, TN Sun 14 Sutra 102
Kataka Rasi: 8.01	Tithi 30 – 1	Gulika 9:10AM – 10:55AM	Pushya Until 11:16PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM	Subhakrit 5124
		Yama 5:39AM – 7:24AM	Vajra* Until 7:26AM	Muruqa: Green	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 14 - 14
		441755472 Rahu 2:26PM – 4:11PM	Kintughna Until 1:57AM Fri	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 12:55PM	Moon – Blue		Bhuloka Day
Until 11:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1 Friday, July 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 15 Sutra 103 Subhakit 5124
Kataka Rasi: 20.02	Tithi 1 – 2	Gulika 7:25AM – 9:10AM Yama 4:11PM – 5:56PM 441755472 Rahu 10:55AM – 12:40PM	Ashlesha* Until 1:31AM Sat Siddhi Until 8:04AM Balava Until 3:44AM Sat Prathama* Until 2:51PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue	Sunrise: 5:40AM Sunset: 7:41PM	Moon 7 - Phase 15 - 15 3rd Phase
Routine Work Marana Yoga Until 1:31AM Sat Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM		

2 Saturday, July 30, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Knoxville, TN Sun 16 Sutra 104 Subhakit 5124
Simha Rasi: 2.11	Tithi 2 – 3	Gulika 5:41AM – 7:26AM Yama 2:25PM – 4:10PM 451755472 Rahu 9:11AM – 10:55AM	Magha* Until 3:48AM Sun Vyatipata* Until 8:30AM Taitila Until 5:12AM Sun Dvitiya Until 4:29PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:41AM Sunset: 7:40PM	Moon 7 - Phase 15 - 16 3rd Phase
Creative Work Amrita Yoga Until 3:48AM Sun Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM		

3 Sunday, July 31, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Knoxville, TN Sun 17 Sutra 105 Subhakit 5124
Simha Rasi: 14.27	Tithi 3 – 4	Gulika 4:10PM – 5:55PM Yama 12:40PM – 2:25PM 451755472 Rahu 5:55PM – 7:39PM	Purvaphalguni Until 5:35AM Mon Variyan Until 8:39AM Vanija Until 6:19AM Mon Tritiya Until 5:47PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:41AM Sunset: 7:39PM	Moon 7 - Phase 15 - 17 3rd Phase
Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM		

4 Monday, August 1, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Knoxville, TN Sun 18 Sutra 106 Subhakit 5124
Simha Rasi: 26.52	Tithi 4	Gulika 2:25PM – 4:09PM Yama 10:56AM – 12:40PM 451755472 Rahu 7:27AM – 9:11AM	Uttaraphalguni Until 6:48AM Tue Parigha* Until 8:32AM Vanija Until 6:19AM Chaturthi* Until 6:43PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:42AM Sunset: 7:38PM	Moon 7 - Phase 15 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM		

5 Tuesday, August 2, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Knoxville, TN Sun 19 Sutra 107 Subhakit 5124
Kanya Rasi: 9.29	Tithi 5	Gulika 12:40PM – 2:25PM Yama 9:12AM – 10:56AM 451755472 Rahu 4:09PM – 5:53PM	Uttaraphalguni Until 6:48AM Shiva Until 8:06AM Bava Until 7:02AM Panchami Until 7:12PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:43AM Sunset: 7:37PM	Moon 7 - Phase 15 - 19 3rd Phase
Creative Work Amrita Yoga Until 6:48AM Then Creative Work - Siddha Yoga		Nag Panchami		Bhuloka Day Devaloka Time: 9:AM to12:PM		

6 Wednesday, August 3, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Knoxville, TN Sun 20 Sutra 108 Subhakit 5124
Kanya Rasi: 22.18	Tithi 6	Gulika 10:56AM – 12:40PM Yama 7:28AM – 9:12AM 461755472 Rahu 12:40PM – 2:24PM	Hasta Until 7:53AM Siddha Until 7:17AM Kaulava Until 7:17AM Shashthi* Until 7:11PM	Ganesha: Blue Muruqa: Green Nataraja: White Moon – Green	Sunrise: 5:44AM Sunset: 7:37PM	Moon 7 - Phase 15 - 20 3rd Phase
Routine Work Marana Yoga Until 7:53AM Then Creative Work - Siddha Yoga				Devaloka Day		

Thursday, August 4, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Knoxville, TN Sun 21 Sutra 109 Subhakit 5124
Retreat Star		Gulika 9:12AM – 10:56AM Yama 5:45AM – 7:28AM 461765472 Rahu 2:24PM – 4:08PM	Chitra Until 8:17AM Sadhya Until 6:03AM Gara Until 7:00AM Saptami Until 6:37PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Green	Sunrise: 5:45AM Sunset: 7:36PM	Moon 7 - Phase 15 - 21 3rd Phase
Tula Rasi: 5.23 Tithi 7 Creative Work Siddha Yoga Until 8:17AM Then Creative Work - Amrita Yoga				Devaloka Day		

Friday, August 5, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Knoxville, TN Sun 22 Sutra 110 Subhakit 5124
Retreat Star		Gulika 7:29AM – 9:13AM Yama 4:07PM – 5:51PM 461765472 Rahu 10:56AM – 12:40PM	Svati Until 7:58AM Sukla Until 2:09AM Sat Visti Until 6:07AM Ashtami* Until 5:26PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Green	Sunrise: 5:45AM Sunset: 7:35PM	Moon 7 - Phase 15 - 22 Ashtami
Tula Rasi: 18.47 Tithi 8 – 9 Creative Work Siddha Yoga		Varalakshmi Vratam		Devaloka Day		

Saturday, August 6, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Knoxville, TN Sun 23 Sutra 111 Subhakit 5124
Retreat Star		Gulika 5:46AM – 7:30AM Yama 2:23PM – 4:07PM 472765472 Rahu 9:13AM – 10:56AM	Vishakha Until 7:19AM Brahma Until 11:28PM Taitila Until 2:32AM Sun Navami* Until 3:38PM	Ganesha: White Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:46AM Sunset: 7:34PM	Moon 7 - Phase 15 - 23 Navami
Vrischika Rasi: 2.34 Tithi 9 – 10 Creative Work Siddha Yoga				Bhuloka Day		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

all times are standard time. Calculated for Knoxville, TN on 4/26/2

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Knoxville, TN Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 16.42	Tithi 10 - 11	Gulika 4:06PM - 5:49PM	Jyeshtha* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM	
		Yama 12:40PM - 2:23PM	Indra Until 8:20PM	Muruqa: White	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 16 - 24
		472865472 Rahu 5:49PM - 7:33PM	Vanija Until 11:55PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 1:16PM	Moon - Orange		Bhuloka Day
Until 3:53AM Mon				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	Gulika 2:23PM - 4:06PM	Mula* Until 1:41AM Tue	Ganesha: White	<i>Sunrise:</i> 5:48AM	
Family Home Evening		Yama 10:57AM - 12:40PM	Vaidhriti* Until 4:48PM	Muruqa: White	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 16 - 25
		482865472 Rahu 7:31AM - 9:14AM	Bava Until 8:51PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:25AM	Moon - Light Blue		Devaloka Day
				Sravana*Adi		

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	Gulika 12:39PM - 2:22PM	Purvashadha* Until 11:04PM	Ganesha: White	<i>Sunrise:</i> 5:48AM	
		Yama 9:14AM - 10:57AM	Vishkambha* Until 12:59PM	Muruqa: White	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 16 - 26
		482865472 Rahu 4:05PM - 5:48PM	Taitila Until 3:41AM Wed	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:10AM	Moon - Light Blue		Devaloka Day
Until 11:04PM				Sravana*Adi		Tour Day
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Knoxville, TN Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	Gulika 10:57AM - 12:39PM	Uttarashadha Until 8:11PM	Ganesha: White	<i>Sunrise:</i> 5:49AM	
		Yama 7:32AM - 9:14AM	Priti Until 9:01AM	Muruqa: White	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 16 - 27
		482865472 Rahu 12:39PM - 2:22PM	Gara Until 1:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 12:06AM Thu	Moon - Light Blue		Devaloka Day
Until 8:11PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Knoxville, TN Sun 28 Sutra 116 Subhakrit 5124
Makara Rasi: 16.04	Tithi 15	Gulika 9:15AM - 10:57AM	Shravana Until 5:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	
		Yama 5:50AM - 7:32AM	Saubhagya Until 1:02AM Fri	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 16 -
		492865472 Rahu 2:21PM - 4:04PM	Visti Until 10:20AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:35PM	Moon - Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 29 Sutra 117 Subhakrit 5124
Kumbha Rasi: 1.02	Tithi 16 - 17	Gulika 7:33AM - 9:15AM	Dhanishtha Until 3:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
		Yama 4:03PM - 5:45PM	Sobhana Until 9:20PM	Muruqa: White	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 16 -
		492865472 Rahu 10:57AM - 12:39PM	Balava Until 6:55AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:18PM	Moon - Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

Knoxville, TN

Sun 1 Sutra 118

Kumbha Rasi: 15.46 Tithi 17 - 18

Gulika 5:52AM - 7:33AM
Yama 2:21PM - 4:02PM
492865472 **Rahu** 9:15AM - 10:57AM

Shatabhishak Until 12:51PM
Athiganda* Until 5:59PM
Vanija Until 1:13AM Sun
Dvitiya Until 2:26PM

Ganesha: Clear *Sunrise: 5:52AM*
Muruqa: White *Sunset: 7:26PM*
Nataraja: White
Moon - Purple
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 12:51PM
Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Knoxville, TN

Sun 2 Sutra 119

Meena Rasi: 0.07 Tithi 18 - 19

Gulika 4:02PM - 5:43PM
Yama 12:39PM - 2:20PM
412865472 **Rahu** 5:43PM - 7:25PM

Purvaprosarthapada* Until 11:27AM
Sukarma Until 3:08PM
Bava Until 11:16PM
Tritiya Until 12:08PM

Ganesha: Yellow *Sunrise: 5:52AM*
Muruqa: White *Sunset: 7:25PM*
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 11:27AM
Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN

Sun 3 Sutra 120

Meena Rasi: 14.02 Tithi 19 - 20

Family Home Evening

Gulika 2:20PM - 4:01PM
Yama 10:57AM - 12:38PM
412865472 **Rahu** 7:34AM - 9:16AM

Uttaraprosarthapada Until 10:37AM
Dhriti Until 12:53PM
Kaulava Until 10:05PM
Chaturthi* Until 10:33AM

Ganesha: Yellow *Sunrise: 5:53AM*
Muruqa: White *Sunset: 7:24PM*
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Knoxville, TN

Sun 4 Sutra 121

Meena Rasi: 27.28 Tithi 20 - 21

Gulika 12:38PM - 2:19PM
Yama 9:16AM - 10:57AM
412865472 **Rahu** 4:00PM - 5:41PM

Revati Until 10:27AM
Shula* Until 11:18AM
Gara Until 9:46PM
Panchami Until 9:48AM

Ganesha: Yellow *Sunrise: 5:54AM*
Muruqa: White *Sunset: 7:23PM*
Nataraja: White
Moon - Clear
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Knoxville, TN

Sun 5 Sutra 122

Mesha Rasi: 10.26 Tithi 21 - 22

Gulika 10:57AM - 12:38PM
Yama 7:35AM - 9:16AM
522865472 **Rahu** 12:38PM - 2:19PM

Ashvini Until 11:27AM
Ganda* Until 10:25AM
Visti Until 10:19PM
Shashthi* Until 9:55AM

Ganesha: Yellow *Sunrise: 5:55AM*
Muruqa: White *Sunset: 7:21PM*
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga
Until 11:27AM
Then Creative Work - Siddha Yoga

5

Thursday, August 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Knoxville, TN

Sun 6 Sutra 123

Mesha Rasi: 23 Tithi 22 - 23

Gulika 9:17AM - 10:57AM
Yama 5:55AM - 7:36AM
522865472 **Rahu** 2:18PM - 3:59PM

Krishna Janmashtami

Bharani Until 1:06PM
Vridhhi Until 10:12AM
Balava Until 11:40PM
Saptami Until 10:53AM

Ganesha: Yellow *Sunrise: 5:55AM*
Muruqa: White *Sunset: 7:20PM*
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 1:06PM
Then Routine Work - Marana Yoga

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Knoxville, TN

Sun 7 Sutra 124

Vrishabha Rasi: 5.15 Tithi 23 - 24

Gulika 7:37AM - 9:17AM
Yama 3:58PM - 5:39PM
523865472 **Rahu** 10:57AM - 12:38PM

Krittika Until 3:16PM
Dhruva Until 10:30AM
Taila Until 1:37AM Sat
Ashtami* Until 12:33PM

Ganesha: White *Sunrise: 5:56AM*
Muruqa: White *Sunset: 7:19PM*
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day

Creative Work Siddha Yoga
Until 3:16PM
Then Routine Work - Marana Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

all times are standard time. Calculated for Knoxville, TN on 4/26/2

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1		Saturday, August 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashyam Titau		Knoxville, TN Sun 8 Sutra 125 Subhakit 5124	
Wrishabha Rasi: 17.16	Tithi 24 – 25	Gulika 5:57AM – 7:37AM	Rohini Until 6:13PM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM		
		Yama 2:17PM – 3:57PM	Vyaghata* Until 11:13AM	Muruqa: White	<i>Sunset:</i> 7:18PM	Moon 8 - Phase 18 - 8	
	533865472	Rahu 9:17AM – 10:57AM	Vanija Until 3:57AM Sun	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Navami* Until 2:44PM	Moon – Yellow		Bhuloka Day	
Until 6:13PM				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Sunday, August 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Knoxville, TN Sun 9 Sutra 126 Subhakit 5124	
Wrishabha Rasi: 29.09	Tithi 25 – 26	Gulika 3:57PM – 5:37PM	Mrigashira Until 9:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:58AM		
		Yama 12:37PM – 2:17PM	Harshana Until 12:11PM	Muruqa: White	<i>Sunset:</i> 7:16PM	Moon 8 - Phase 18 - 9	
	533865472	Rahu 5:37PM – 7:16PM	Bava Until 6:27AM Mon	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 5:10PM	Moon – Yellow		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

3		Monday, August 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Knoxville, TN Sun 10 Sutra 127 Subhakit 5124	
Mithuna Rasi: 10.59	Tithi 26	Gulika 2:16PM – 3:56PM	Ardra Until 12:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:59AM		
Family Home Evening		Yama 10:57AM – 12:37PM	Vajra* Until 1:11PM	Muruqa: White	<i>Sunset:</i> 7:15PM	Moon 8 - Phase 18 - 10	
	533865472	Rahu 7:38AM – 9:18AM	Bava Until 6:27AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 7:40PM	Moon – Yellow		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

4		Tuesday, August 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Knoxville, TN Sun 11 Sutra 128 Subhakit 5124	
Mithuna Rasi: 22.5	Tithi 27	Gulika 12:37PM – 2:16PM	Punarvasu Until 3:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:59AM		
		Yama 9:18AM – 10:57AM	Siddhi Until 2:07PM	Muruqa: White	<i>Sunset:</i> 7:14PM	Moon 8 - Phase 18 - 11	
	543865472	Rahu 3:55PM – 5:35PM	Kaulava Until 8:54AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 10:02PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

5		Wednesday, August 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Knoxville, TN Sun 12 Sutra 129 Subhakit 5124	
Kataka Rasi: 4.45	Tithi 28	Gulika 10:57AM – 12:36PM	Pushya Until 5:45AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:00AM		
		Yama 7:39AM – 9:18AM	Vyatipata* Until 2:54PM	Muruqa: White	<i>Sunset:</i> 7:13PM	Moon 8 - Phase 18 - 12	
	543865472	Rahu 12:36PM – 2:15PM	Gara Until 11:08AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:08AM Thu	Moon – Blue		Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani			

6		Thursday, August 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Knoxville, TN Sun 13 Sutra 130 Subhakit 5124	
Kataka Rasi: 16.47	Tithi 29	Gulika 9:18AM – 10:57AM	Ashlesha* Until 7:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:01AM		
		Yama 6:01AM – 7:40AM	Variyan Until 3:24PM	Muruqa: White	<i>Sunset:</i> 7:11PM	Moon 8 - Phase 18 - 13	
	543865472	Rahu 2:15PM – 3:54PM	Visti Until 1:04PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:53AM Fri	Moon – Blue		Bhuloka Day	
Until 7:51AM Fri				Sravana-Avani			
Then Routine Work - Marana Yoga							

Retreat Star		Friday, August 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Knoxville, TN Sun 14 Sutra 131 Subhakit 5124	
Kataka Rasi: 28.58	Tithi 30	Gulika 7:40AM – 9:19AM	Ashlesha* Until 7:51AM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM		
		Yama 3:53PM – 5:31PM	Parigha* Until 3:38PM	Muruqa: White	<i>Sunset:</i> 7:10PM	Moon 8 - Phase 18 - 14	
	543865472	Rahu 10:57AM – 12:36PM	Catuspada Until 2:38PM	Nataraja: White		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 3:15AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

Retreat Star		Saturday, August 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Knoxville, TN Sun 15 Sutra 132 Subhakit 5124	
Simha Rasi: 11.18	Tithi 1	Gulika 6:02AM – 7:41AM	Magha* Until 9:54AM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM		
		Yama 2:14PM – 3:52PM	Shiva Until 3:35PM	Muruqa: White	<i>Sunset:</i> 7:09PM	Moon 8 - Phase 18 - 15	
	553865473	Rahu 9:19AM – 10:57AM	Kintughna Until 3:49PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 4:14AM Sun	Moon – Red		Bhuloka Day	
Until 9:54AM				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

|| times are standard time. Calculated for Knoxville, TN on 4/26/2

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1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Knoxville, TN Sun 16 Sutra 133 Subhakrit 5124
Simha Rasi: 23.49	Tithi 2	Gulika 3:51PM – 5:29PM	Purvaphalguni Until 11:24AM	Ganesha: Blue	<i>Sunrise:</i> 6:03AM	
		Yama 12:35PM – 2:13PM	Siddha Until 3:11PM	Muruga: White	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 19 - 16
		553865473 Rahu 5:29PM – 7:07PM	Balava Until 4:36PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:49AM Mon	Moon – Red		Bhuloka Day
Until 11:24AM				Bhadrapada •Avani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau				Knoxville, TN Sun 17 Sutra 134 Subhakrit 5124
Kanya Rasi: 6.3	Tithi 3	Gulika 2:13PM – 3:50PM	Uttaraphalguni Until 12:22PM	Ganesha: Blue	<i>Sunrise:</i> 6:04AM	
Family Home Evening		Yama 10:57AM – 12:35PM	Sadhya Until 2:30PM	Muruga: White	<i>Sunset:</i> 7:06PM	Moon 8 - Phase 19 - 17
		553865473 Rahu 7:42AM – 9:19AM	Taitila Until 4:59PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:01AM Tue	Moon – Red		Bhuloka Day
				Bhadrapada •Avani		Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Knoxville, TN Sun 18 Sutra 135 Subhakrit 5124
Kanya Rasi: 19.23	Tithi 4	Gulika 12:35PM – 2:12PM	Hasta Until 1:17PM	Ganesha: Blue	<i>Sunrise:</i> 6:05AM	
		Yama 9:20AM – 10:57AM	Subha Until 1:32PM	Muruga: White	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 19 - 18
		563865473 Rahu 3:50PM – 5:27PM	Vanija Until 5:00PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 4:51AM Wed	Moon – Green		Bhuloka Day
		Ganesha Chaturthi		Bhadrapada •Avani		Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Knoxville, TN Sun 19 Sutra 136 Subhakrit 5124
Tula Rasi: 2.26	Tithi 5	Gulika 10:57AM – 12:34PM	Chitra Until 1:39PM	Ganesha: Red	<i>Sunrise:</i> 6:05AM	
		Yama 7:43AM – 9:20AM	Sukla Until 12:14PM	Muruga: White	<i>Sunset:</i> 7:03PM	Moon 8 - Phase 19 - 19
		563965473 Rahu 12:34PM – 2:11PM	Bava Until 4:38PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 4:17AM Thu	Moon – Green		Devaloka Day
				Bhadrapada •Avani		

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Knoxville, TN Sun 20 Sutra 137 Subhakrit 5124
Tula Rasi: 15.43	Tithi 6	Gulika 9:20AM – 10:57AM	Svati Until 1:30PM	Ganesha: Red	<i>Sunrise:</i> 6:06AM	
		Yama 6:06AM – 7:43AM	Brahma Until 10:38AM	Muruga: White	<i>Sunset:</i> 7:02PM	Moon 8 - Phase 19 - 20
		563965473 Rahu 2:11PM – 3:48PM	Kaulava Until 3:52PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:18AM Fri	Moon – Green		Devaloka Day
Until 1:30PM				Bhadrapada •Avani		
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Knoxville, TN Sun 21 Sutra 138 Subhakrit 5124
Tula Rasi: 29.13	Tithi 7	Gulika 7:44AM – 9:20AM	Vishakha Until 1:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM	
		Yama 3:47PM – 5:24PM	Indra Until 8:43AM	Muruga: White	<i>Sunset:</i> 7:00PM	Moon 8 - Phase 19 - 21
		574965473 Rahu 10:57AM – 12:34PM	Gara Until 2:41PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:55AM Sat	Moon – Orange		Devaloka Day
				Bhadrapada •Avani		

Retreat Star Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakha* Yoga Visti*/Bava Karana Ashtamyam Titau				Knoxville, TN Sun 22 Sutra 139 Subhakrit 5124
Vrischika Rasi: 12.57	Tithi 8	Gulika 6:08AM – 7:44AM	Anuradha Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	
		Yama 2:10PM – 3:46PM	Vaidhriti* Until 6:26AM	Muruga: White	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 19 - 22
		574965473 Rahu 9:20AM – 10:57AM	Visti Until 1:05PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:07AM Sun	Moon – Orange		Devaloka Day
				Bhadrapada •Avani		

Retreat Star Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Knoxville, TN Sun 23 Sutra 140 Subhakrit 5124
Vrischika Rasi: 26.57	Tithi 9	Gulika 3:45PM – 5:21PM	Jyeshtha* Until 11:01AM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	
		Yama 12:33PM – 2:09PM	Priti Until 12:55AM Mon	Muruga: White	<i>Sunset:</i> 6:58PM	Moon 8 - Phase 19 - 23
		574965473 Rahu 5:21PM – 6:58PM	Balava Until 11:05AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 9:55PM	Moon – Orange		Devaloka Day
Until 11:01AM				Bhadrapada •Avani		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda


1	Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Knoxville, TN Sun 24
	Dhanus Rasi: 11.12	Tithi 10	Gulika 2:08PM – 3:44PM	Mula* Until 9:32AM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Subhakit 5124
Family Home Evening	584965473	Rahu 7:45AM – 9:21AM	Ayushman Until 9:42PM	Muruqa: White	<i>Sunset:</i> 6:56PM	Moon 8 - Phase 20 - 24	
Creative Work Siddha Yoga			Taitila Until 8:42AM	Nataraja: Clear		4th Phase	
Until 9:32AM			Dashami Until 7:22PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Marana Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

2	Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 25
	Dhanus Rasi: 25.41	Tithi 11 – 12	Gulika 12:32PM – 2:08PM	Purvashadha* Until 7:36AM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Subhakit 5124
	584965473	Rahu 3:43PM – 5:19PM	Saubhagya Until 6:16PM	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 20 - 25	
Creative Work Siddha Yoga			Vanija Until 6:00AM	Nataraja: Clear		4th Phase	
Until 7:36AM			Ekadashi Until 4:33PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Prabarashita Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3	Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 26
	Makara Rasi: 10.19	Tithi 12 – 13	Gulika 10:57AM – 12:32PM	Shravana Until 3:15AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	Subhakit 5124
	594965473	Rahu 12:32PM – 2:07PM	Sobhana Until 2:44PM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 20 - 26	
Creative Work Siddha Yoga			Kaulava Until 12:04AM Thu	Nataraja: Clear		4th Phase	
			Dvadashi Until 1:34PM	Moon – Purple		Devaloka Day	
				Bhadrapada*Avani			

Pradosha Vrata

4	Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 27
	Makara Rasi: 25.01	Tithi 13 – 14	Gulika 9:21AM – 10:57AM	Dhanishtha Until 1:04AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	Subhakit 5124
	594965473	Rahu 2:07PM – 3:42PM	Athiganda* Until 11:09AM	Muruqa: White	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 20 - 27	
Creative Work Siddha Yoga			Gara Until 9:05PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 10:33AM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam		Bhadrapada*Avani			

	Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Knoxville, TN Sun 28
	Copper Retreat Star		Gulika 7:47AM – 9:22AM	Shatabhishak Until 10:58PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Subhakit 5124
Kumbha Rasi: 9.39	Tithi 14 – 15	Rahu 10:56AM – 12:31PM	Sukarma Until 7:40AM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 20 - Purnima	
Creative Work Siddha Yoga			Visti Until 6:17PM	Nataraja: Clear			
			Chaturdashi* Until 7:38AM	Moon – Purple		Devaloka Day	
				Bhadrapada*Avani			

5	Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthpada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Knoxville, TN Sun 29
	Silver Retreat Star		Gulika 6:13AM – 7:47AM	Purvaprosarthpada* Until 9:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Subhakit 5124
Kumbha Rasi: 24.07	Tithi 16	Rahu 9:22AM – 10:56AM	Shula* Until 1:28AM Sun	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 20 - Prathama	
Routine Work Marana Yoga			Balava Until 3:49PM	Nataraja: Clear			
Until 9:31PM			Prathama* Until 2:45AM Sun	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada*Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Knoxville, TN
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

Gulika 3:39PM – 5:13PM
Yama 12:31PM – 2:05PM
Rahu 5:13PM – 6:47PM

Uttaraproshtapada Until 8:27PM
Ganda* Until 10:59PM
Taitila Until 1:51PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:47PM

Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 1:05AM Mon

Moon – Clear
Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Knoxville, TN
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

Gulika 2:04PM – 3:38PM
Yama 10:56AM – 12:30PM
Rahu 7:48AM – 9:22AM

Revati Until 7:55PM
Vriddhi Until 9:04PM
Vanija Until 12:31PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:46PM

Moon 9 - Phase 21 - 1
1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:06AM Tue

Moon – Clear
Bhadrapada-Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Knoxville, TN
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

Gulika 12:30PM – 2:04PM
Yama 9:22AM – 10:56AM
Rahu 3:37PM – 5:11PM

Ashvini Until 8:25PM
Dhruva Until 7:44PM
Balava Until 11:56AM

Ganesha: White *Sunrise:* 6:15AM
Muruqa: White *Sunset:* 6:45PM

Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 11:55PM

Moon – White
Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Knoxville, TN
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

Gulika 10:56AM – 12:29PM
Yama 7:49AM – 9:23AM
Rahu 12:29PM – 2:03PM

Bharani Until 9:34PM
Vyaghata* Until 7:03PM
Kaulava Until 12:09PM

Ganesha: White *Sunrise:* 6:16AM
Muruqa: White *Sunset:* 6:43PM

Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Panchami Until 12:32AM Thu

Moon – White
Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 9:34PM

Then Creative Work - Amrita Yoga

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Knoxville, TN
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

Gulika 9:23AM – 10:56AM
Yama 6:17AM – 7:50AM
Rahu 2:02PM – 3:35PM

Krittika Until 11:17PM
Harshana Until 6:59PM
Gara Until 1:08PM

Ganesha: Clear *Sunrise:* 6:17AM
Muruqa: White *Sunset:* 6:42PM

Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Shashthi* Until 1:53AM Fri

Moon – White
Bhadrapada-Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Knoxville, TN
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

Gulika 7:50AM – 9:23AM
Yama 3:34PM – 5:07PM
Rahu 10:56AM – 12:29PM

Rohini Until 1:55AM Sat
Vajra* Until 7:22PM
Visti Until 2:49PM

Ganesha: White *Sunrise:* 6:17AM
Muruqa: White *Sunset:* 6:40PM

Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Saptami Until 3:50AM Sat

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Until 1:55AM Sat

Then Creative Work - Siddha Yoga

D

Saturday, September 17, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

Gulika 6:18AM – 7:51AM
Yama 2:01PM – 3:34PM
Rahu 9:23AM – 10:56AM

Mrigashira Until 4:44AM Sun
Siddhi Until 8:06PM
Balava Until 4:58PM

Ganesha: White *Sunrise:* 6:18AM
Muruqa: White *Sunset:* 6:39PM

Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM Sun

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Knoxville, TN
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

Gulika 3:33PM – 5:05PM
Yama 12:28PM – 2:00PM
Rahu 5:05PM – 6:37PM

Ardra Until 7:33AM Mon
Vyatipata* Until 9:01PM
Taitila Until 7:23PM

Ganesha: White *Sunrise:* 6:19AM
Muruqa: White *Sunset:* 6:37PM

Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Until 7:33AM Mon

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

all times are standard time. Calculated for Knoxville, TN on 4/26/2

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1	Monday, September 19, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau				Knoxville, TN Sun 8
	Mithuna Rasi: 19.08	Tithi 24 – 25	Gulika 2:00PM – 3:32PM	Ardra Until 7:33AM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Subhakarit 5124
	Family Home Evening	535965473	Yama 10:56AM – 12:28PM	Variyan Until 9:54PM	Muruqa: White	<i>Sunset:</i> 6:36PM	Moon 9 - Phase 22 - 8
	Creative Work Siddha Yoga		Rahu 7:52AM – 9:24AM	Vanjia Until 9:49PM	Nataraja: Clear		2nd Phase
		Navami* Until 8:36AM		Bhadrapada-Puratasi		Sivaloka Day	
Until 7:33AM							
Then Creative Work - Amrita Yoga							

2	Tuesday, September 20, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 9
	Kataka Rasi: 1.02	Tithi 25 – 26	Gulika 12:27PM – 1:59PM	Punarvasu Until 10:36AM	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM	Subhakarit 5124
		545965473	Yama 9:24AM – 10:56AM	Parigha* Until 10:40PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Moon 9 - Phase 22 - 9
	Creative Work Siddha Yoga		Rahu 3:31PM – 5:03PM	Bava Until 12:05AM Wed	Nataraja: Clear		2nd Phase
		Dashami Until 10:58AM		Bhadrapada-Puratasi		Devaloka Day	
Until 7:33AM							
Then Creative Work - Amrita Yoga							

3	Wednesday, September 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 10
	Kataka Rasi: 13.01	Tithi 26 – 27	Gulika 10:56AM – 12:27PM	Pushya Until 1:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	Subhakarit 5124
		545965473	Yama 7:53AM – 9:24AM	Shiva Until 11:12PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 9 - Phase 22 - 10
	Creative Work Siddha Yoga		Rahu 12:27PM – 1:58PM	Kaulava Until 1:59AM Thu	Nataraja: Clear		2nd Phase
		Ekadashi* Until 1:04PM		Bhadrapada-Puratasi		Devaloka Day	
Until 7:33AM							
Then Creative Work - Amrita Yoga							

4	Thursday, September 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 11
	Kataka Rasi: 25.08	Tithi 27 – 28	Gulika 9:24AM – 10:55AM	Ashlesha* Until 3:20PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Subhakarit 5124
		545965473	Yama 6:22AM – 7:53AM	Siddha Until 11:21PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 9 - Phase 22 - 11
	Creative Work Siddha Yoga		Rahu 1:58PM – 3:29PM	Gara Until 3:27AM Fri	Nataraja: Clear		2nd Phase
		Dvadashi* Until 2:46PM		Bhadrapada-Puratasi		Devaloka Day	
Until 3:20PM							
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, September 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanjia/Visti* Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 12
	Simha Rasi: 7.27	Tithi 28 – 29	Gulika 7:54AM – 9:24AM	Magha* Until 5:18PM	Ganesha: Red	<i>Sunrise:</i> 6:23AM	Subhakarit 5124
		555965473	Yama 3:28PM – 4:59PM	Sadhya Until 11:09PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 9 - Phase 22 - 12
	Routine Work Marana Yoga		Rahu 10:55AM – 12:26PM	Visti Until 4:26AM Sat	Nataraja: Clear		2nd Phase
		Trayodashi* Until 3:59PM		Bhadrapada-Puratasi		Devaloka Day	
Until 5:18PM							
Then Creative Work - Siddha Yoga							

6	Saturday, September 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Knoxville, TN Sun 13
	Simha Rasi: 19.59	Tithi 29 – 30	Gulika 6:23AM – 7:54AM	Purvaphalguni Until 6:36PM	Ganesha: Green	<i>Sunrise:</i> 6:23AM	Subhakarit 5124
		556965473	Yama 1:57PM – 3:27PM	Subha Until 10:34PM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 9 - Phase 22 - 13
	Creative Work Siddha Yoga		Rahu 9:25AM – 10:55AM	Catuspada Until 4:53AM Sun	Nataraja: Clear		2nd Phase
		Chaturdashi* Until 4:42PM		Bhadrapada-Puratasi		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Until 6:36PM							
Then Routine Work - Marana Yoga							

	Sunday, September 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Knoxville, TN Sun 14
	Retreat Star		Gulika 3:26PM – 4:57PM	Uttaraphalguni Until 7:15PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	Subhakarit 5124
	Kanya Rasi: 2.45	Tithi 30 – 1	Yama 12:26PM – 1:56PM	Sukla Until 9:33PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 22 - 14
		556165473	Rahu 4:57PM – 6:27PM	Kintughna Until 4:50AM Mon	Nataraja: Clear		Amavasya
		Mahalaya Amavasya (Tamil Nadu)		Amavasya* Until 4:54PM		Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM	
Until 7:45PM							
Then Creative Work - Amrita Yoga							

Retreat Star	Monday, September 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Knoxville, TN Sun 15
	Kanya Rasi: 15.46	Tithi 1 – 2	Gulika 1:55PM – 3:25PM	Hasta Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	Subhakarit 5124
	Family Home Evening	566165473	Yama 10:55AM – 12:25PM	Brahma Until 8:11PM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 22 - 15
	Creative Work Siddha Yoga		Rahu 7:55AM – 9:25AM	Balava Until 4:21AM Tue	Nataraja: Clear		Prathama
		Navaratri Begins		Prathama* Until 4:38PM		Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM	
Until 7:45PM							
Then Routine Work - Prabalarishta Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

all times are standard time. Calculated for Knoxville, TN on 4/26/2

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Knoxville, TN Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 29	Tithi 2 – 3	Gulika	12:25PM – 1:55PM	Chitra Until 7:41PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM
			Yama	9:25AM – 10:55AM	Indra Until 6:31PM	Muruqa: White	<i>Sunset:</i> 6:24PM
	666165473	Rahu	3:24PM – 4:54PM	Taitila Until 3:29AM Wed	Nataraja: Clear		Moon 9 - Phase 23 - 16 3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 3:57PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Knoxville, TN Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 12.28	Tithi 3 – 4	Gulika	10:55AM – 12:25PM	Svati Until 7:09PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM
			Yama	7:56AM – 9:26AM	Vaidhriti* Until 4:32PM	Muruqa: White	<i>Sunset:</i> 6:23PM
	666165473	Rahu	12:25PM – 1:54PM	Vanija Until 2:17AM Thu	Nataraja: Clear		Moon 9 - Phase 23 - 17 3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 2:54PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Knoxville, TN Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 26.05	Tithi 4 – 5	Gulika	9:26AM – 10:55AM	Vishakha Until 6:37PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM
			Yama	6:27AM – 7:57AM	Vishkambha* Until 2:19PM	Muruqa: White	<i>Sunset:</i> 6:21PM
	676165473	Rahu	1:53PM – 3:23PM	Bava Until 12:49AM Fri	Nataraja: Clear		Moon 9 - Phase 23 - 18 3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 1:34PM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Knoxville, TN Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 9.53	Tithi 5 – 6	Gulika	7:57AM – 9:26AM	Anuradha Until 5:41PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM
			Yama	3:22PM – 4:51PM	Priti Until 11:56AM	Muruqa: White	<i>Sunset:</i> 6:20PM
	676165473	Rahu	10:55AM – 12:24PM	Kaulava Until 11:07PM	Nataraja: Clear		Moon 9 - Phase 23 - 19 3rd Phase
Creative Work	Siddha Yoga			Panchami Until 11:58AM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Knoxville, TN Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 23.49	Tithi 6 – 7	Gulika	6:29AM – 7:58AM	Jyeshtha* Until 4:26PM	Ganesha: Blue	<i>Sunrise:</i> 6:29AM
			Yama	1:52PM – 3:21PM	Ayushman Until 9:21AM	Muruqa: White	<i>Sunset:</i> 6:18PM
	676165473	Rahu	9:26AM – 10:55AM	Gara Until 9:13PM	Nataraja: Clear		Moon 9 - Phase 23 - 20 3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 10:10AM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Knoxville, TN Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika	3:20PM – 4:48PM	Mula* Until 3:17PM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM
	Dhanu Rasi: 7.52	Tithi 7 – 8	Yama	12:23PM – 1:52PM	Saubhagya Until 6:38AM	Muruqa: Green	<i>Sunset:</i> 6:17PM
	687166473	Rahu	4:48PM – 6:17PM	Visti Until 7:10PM	Nataraja: Clear		Moon 9 - Phase 23 - 21 Ashtami
Creative Work	Amrita Yoga			Saptami Until 8:12AM	Moon – Light Blue	Sivaloka Day	

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Knoxville, TN Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika	1:51PM – 3:19PM	Purvashadha* Until 1:52PM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM
	Dhanu Rasi: 22	Tithi 8 – 9	Yama	10:55AM – 12:23PM	Athiganda* Until 12:51AM Tue	Muruqa: Green	<i>Sunset:</i> 6:15PM
	687166473	Rahu	7:59AM – 9:27AM	Kaulava Until 3:50AM Tue	Nataraja: Clear		Moon 9 - Phase 23 - 22 Navami
Family Home Evening	Marana Yoga			Ashtami* Until 6:05AM	Moon – Light Blue	Sivaloka Day	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

all times are standard time. Calculated for Knoxville, TN on 4/26/2

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Taitila/Gara Karana Dashamyam Titau				Knoxville, TN Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 6.13	Tithi 10	Gulika	12:23PM – 1:51PM	Uttarashadha Until 12:12PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM		
		Yama	9:27AM – 10:55AM	Sukarna Until 9:50PM	Muruqa: Green	<i>Sunset:</i> 6:14PM	Moon 9 - Phase 24 - 23	
		687166473 Rahu	3:18PM – 4:46PM	Taitila Until 2:43PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 1:32AM Wed	Moon – Light Blue		Sivaloka Day	
Until 12:12PM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Vistil* Karana Ekadashyam Titau				Knoxville, TN Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 20.29	Tithi 11	Gulika	10:55AM – 12:22PM	Shravana Until 10:46AM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM		
		Yama	8:00AM – 9:27AM	Dhriti Until 6:50PM	Muruqa: Green	<i>Sunset:</i> 6:13PM	Moon 9 - Phase 24 - 24	
		697166473 Rahu	12:22PM – 1:50PM	Vanija Until 12:24PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 11:14PM	Moon – Purple		Devaloka Day	
Until 10:46AM		Vijaya Dasami			Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Knoxville, TN Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 4.44	Tithi 12	Gulika	9:27AM – 10:55AM	Dhanishtha Until 9:14AM	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM		
		Yama	6:33AM – 8:00AM	Shula* Until 3:51PM	Muruqa: Green	<i>Sunset:</i> 6:11PM	Moon 9 - Phase 24 - 25	
		697166473 Rahu	1:49PM – 3:17PM	Bava Until 10:07AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 9:00PM	Moon – Purple		Devaloka Day	
		Kadaitswami Mahasamadhi			Ashvina+Puratasi			

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 18.55	Tithi 13	Gulika	8:01AM – 9:28AM	Shatabhishak Until 7:41AM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM		
		Yama	3:16PM – 4:43PM	Ganda* Until 1:01PM	Muruqa: Green	<i>Sunset:</i> 6:10PM	Moon 9 - Phase 24 - 26	
		697166473 Rahu	10:55AM – 12:22PM	Kaulava Until 7:58AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 6:58PM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam			Ashvina+Puratasi			
					<i>Pradosha Vrata</i>			

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Gara/Vistil* Karana Chaturdashil/Purnimayam Titau				Knoxville, TN Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 2.56	Tithi 14 – 15	Gulika	6:35AM – 8:01AM	Purvaproshtapada* Until 6:39AM	Ganesha: White	<i>Sunrise:</i> 6:35AM		
		Yama	1:48PM – 3:15PM	Vridhni Until 10:25AM	Muruqa: Green	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 24 - 27	
		618166474 Rahu	9:28AM – 10:55AM	Gara Until 6:04AM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga			Chaturdashi* Until 5:13PM	Moon – Clear		Bhuloka Day	
Until 6:39AM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

○		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Knoxville, TN Sun 28 Sutra 175 Subhakrit 5124
Meena Rasi: 16.45	Tithi 15 – 16	Gulika	3:14PM – 4:41PM	Revati Until 5:21AM Mon	Ganesha: White	<i>Sunrise:</i> 6:35AM		
		Yama	12:21PM – 1:48PM	Dhruva Until 8:05AM	Muruqa: Green	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 24 - Purnima	
		618166474 Rahu	4:41PM – 6:07PM	Balava Until 3:28AM Mon	Nataraja: Purple			
Creative Work	Amrita Yoga			Purnima* Until 3:54PM	Moon – Clear		Bhuloka Day	
Until 5:21AM Mon					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

○		Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 29 Sutra 176 Subhakrit 5124
Mesha Rasi: 0.16	Tithi 16 – 17	Gulika	1:47PM – 3:13PM	Ashvini Until 5:45AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM		
		Yama	10:55AM – 12:21PM	Vyaghata* Until 6:10AM	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 24 - Prathama	
		628176474 Rahu	8:02AM – 9:29AM	Taitila Until 2:59AM Tue	Nataraja: Purple			
Family Home Evening				Prathama* Until 3:07PM	Moon – White		Bhuloka Day	
Creative Work	Siddha Yoga				Ashvina+Puratasi		Devaloka Time: 6:AM to 9:AM	



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Knoxville, TN

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

Gulika 12:21PM - 1:47PM
Yama 9:29AM - 10:55AM
Rahu 3:13PM - 4:38PM

Bharani Until 6:38AM Wed

Vajra* Until 3:47AM Wed

Vanija Until 3:10AM Wed

Dvitiya Until 2:58PM

Ganesha: Yellow *Sunrise:* 6:37AM

Muruqa: White *Sunset:* 6:04PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Knoxville, TN

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

Gulika 10:55AM - 12:20PM
Yama 8:04AM - 9:29AM
Rahu 12:20PM - 1:46PM

Bharani Until 6:38AM

Siddhi Until 3:23AM Thu

Bava Until 4:02AM Thu

Tritiya Until 3:30PM

Ganesha: Yellow *Sunrise:* 6:38AM

Muruqa: White *Sunset:* 6:03PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

Gulika 9:29AM - 10:55AM
Yama 6:39AM - 8:04AM
Rahu 1:46PM - 3:11PM

Krittika Until 8:01AM

Vyatipata* Until 3:28AM Fri

Kaulava Until 5:32AM Fri

Chaturthi* Until 4:41PM

Ganesha: Yellow *Sunrise:* 6:39AM

Muruqa: White *Sunset:* 6:02PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Knoxville, TN

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

638176474

Gulika 8:05AM - 9:30AM
Yama 3:10PM - 4:35PM
Rahu 10:55AM - 12:20PM

Rohini Until 10:19AM

Varyan Until 3:56AM Sat

Taitila Until 6:27PM

Panchami Until 6:27PM

Ganesha: Blue *Sunrise:* 6:40AM

Muruqa: White *Sunset:* 6:00PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Knoxville, TN

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

639176474

Gulika 6:40AM - 8:05AM
Yama 1:45PM - 3:09PM
Rahu 9:30AM - 10:55AM

Mrigashira Until 12:55PM

Parigha* Until 4:40AM Sun

Gara Until 7:32AM

Shashthi* Until 8:39PM

Ganesha: Red *Sunrise:* 6:40AM

Muruqa: White *Sunset:* 5:59PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Knoxville, TN

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

639176474

Gulika 3:09PM - 4:33PM
Yama 12:20PM - 1:44PM
Rahu 4:33PM - 5:58PM

Ardra Until 3:37PM

Shiva Until 5:32AM Mon

Visti* Until 9:52AM

Saptami Until 11:04PM

Ganesha: Red *Sunrise:* 6:41AM

Muruqa: White *Sunset:* 5:58PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

Gulika 1:44PM - 3:08PM
Yama 10:55AM - 12:19PM
Rahu 8:06AM - 9:31AM

Punarvasu Until 6:42PM

Siddha Until 6:20AM Tue

Balava Until 12:18PM

Ashtami* Until 1:29AM Tue

Ganesha: Green *Sunrise:* 6:42AM

Muruqa: White *Sunset:* 5:56PM

Nataraja: Purple

Moon - Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Knoxville, TN

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

Gulika 12:19PM - 1:43PM
Yama 9:31AM - 10:55AM
Rahu 3:07PM - 4:31PM

Pushya Until 9:29PM

Siddha Until 6:20AM

Taitila Until 2:39PM

Navami* Until 3:42AM Wed

Ganesha: Green *Sunrise:* 6:43AM

Muruqa: White *Sunset:* 5:55PM

Nataraja: Purple

Moon - Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Knoxville, TN on 4/26/2

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1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Knoxville, TN Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 20.55	Tithi 25	Gulika 10:55AM – 12:19PM	Ashlesha* Until 11:47PM	Ganesha: Green	<i>Sunrise:</i> 6:44AM	
			Yama 8:08AM – 9:31AM	Sadhya Until 6:58AM	Muruqa: White	<i>Sunset:</i> 5:54PM	Moon 10 - Phase 26 - 9
	649176474	Rahu 12:19PM – 1:43PM		Vanija Until 4:42PM	Nataraja: Purple		2nd Phase
Creative Work Siddha Yoga			Dashami Until 5:32AM Thu	Moon – Blue		Devaloka Day	
				Ashvina•Aipasi			

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Knoxville, TN Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.04	Tithi 26	Gulika 9:32AM – 10:55AM	Magha* Until 1:55AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:45AM	
			Yama 6:45AM – 8:08AM	Subha Until 7:19AM	Muruqa: White	<i>Sunset:</i> 5:53PM	Moon 10 - Phase 26 - 10
	659276474	Rahu 1:42PM – 3:06PM		Bava Until 6:17PM	Nataraja: Purple		2nd Phase
Creative Work Amrita Yoga			Ekadashi* Until 6:51AM Fri	Moon – Red		Bhuloka Day	
Until 1:55AM Fri				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.26	Tithi 26 – 27	Gulika 8:09AM – 9:32AM	Purvaphalguni Until 3:18AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:46AM	
			Yama 3:05PM – 4:28PM	Sukla Until 7:13AM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 10 - Phase 26 - 11
	659276474	Rahu 10:55AM – 12:19PM		Kaulava Until 7:18PM	Nataraja: Purple		2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 6:51AM	Moon – Red		Bhuloka Day	
Until 3:18AM Sat				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.05	Tithi 27 – 28	Gulika 6:47AM – 8:10AM	Uttaraphalguni Until 3:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:47AM	
			Yama 1:41PM – 3:04PM	Brahma Until 6:39AM	Muruqa: White	<i>Sunset:</i> 5:50PM	Moon 10 - Phase 26 - 12
	651276474	Rahu 9:33AM – 10:55AM		Gara Until 7:40PM	Nataraja: Purple		2nd Phase
Routine Work Marana Yoga			Dvadashi* Until 7:33AM	Moon – Red		Bhuloka Day	
Until 3:55AM Sun				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.02	Tithi 28 – 29	Gulika 3:04PM – 4:26PM	Hasta Until 4:13AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:47AM	
			Yama 12:18PM – 1:41PM	Vaidhriti* Until 4:02AM Mon	Muruqa: White	<i>Sunset:</i> 5:49PM	Moon 10 - Phase 26 - 13
	661276474	Rahu 4:26PM – 5:49PM		Visti Until 7:23PM	Nataraja: Purple		2nd Phase
Creative Work Amrita Yoga			Trayodashi* Until 7:35AM	Moon – Green		Bhuloka Day	
Until 4:13AM Mon				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga		Deepavali Hindu Solidarity Day					

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Knoxville, TN Sun 14 Sutra 190 Subhakrit 5124
	Retreat Star		Gulika 1:41PM – 3:03PM	Chitra Until 3:47AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 6:48AM	
	Kanya Rasi: 24.19	Tithi 29 – 30	Yama 10:56AM – 12:18PM	Vishkambha* Until 2:01AM Tue	Muruqa: White	<i>Sunset:</i> 5:48PM	Moon 10 - Phase 26 - 14
	661276474	Rahu 8:11AM – 9:33AM		Catuspada Until 6:30PM	Nataraja: Purple		Amavasya
Routine Work Prabalarishta Yoga			Chaturdashi* Until 7:00AM	Moon – Green		Bhuloka Day	
Until 3:47AM Tue				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi					

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Knoxville, TN Sun 15 Sutra 191 Subhakrit 5124
	Retreat Star		Gulika 12:18PM – 1:40PM	Svati Until 2:45AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 6:49AM	
	Tula Rasi: 7.55	Tithi 1	Yama 9:34AM – 10:56AM	Priti Until 11:37PM	Muruqa: White	<i>Sunset:</i> 5:47PM	Moon 10 - Phase 26 - 15
	661276474	Rahu 3:02PM – 4:25PM		Kintughna Until 5:06PM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 4:13AM Wed	Moon – Green		Bhuloka Day	
		Skanda Shasthi Begins		Kartika•Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Knoxville, TN Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 21.48	Tithi 2	Gulika 10:56AM – 12:18PM	Vishakha Until 1:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:50AM	
			Yama 8:12AM – 9:34AM	Ayushman Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 Rahu 12:18PM – 1:40PM	Balava Until 3:16PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:13AM Thu	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Knoxville, TN Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 5.54	Tithi 3	Gulika 9:35AM – 10:56AM	Anuradha Until 12:07AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:51AM	
			Yama 6:51AM – 8:13AM	Saubhagya Until 5:57PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 Rahu 1:40PM – 3:01PM	Taitila Until 1:09PM	Nataraja: Clear		3rd Phase
			Tritiya Until 12:00AM Fri	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Knoxville, TN Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 20.09	Tithi 4	Gulika 8:14AM – 9:35AM	Jyeshtha* Until 10:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:52AM	
			Yama 3:01PM – 4:22PM	Sobhana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 5:43PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 Rahu 10:56AM – 12:18PM	Vanija Until 10:50AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 9:38PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Knoxville, TN Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 4.29	Tithi 5	Gulika 6:53AM – 8:14AM	Mula* Until 8:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM	
			Yama 1:39PM – 3:00PM	Athiganda* Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	681276574 Rahu 9:35AM – 10:57AM	Bava Until 8:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 7:14PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Knoxville, TN Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 18.48	Tithi 6 – 7	Gulika 2:59PM – 4:20PM	Purvashadha* Until 7:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	
			Yama 12:18PM – 1:39PM	Sukarma Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	681276574 Rahu 4:20PM – 5:41PM	Kaulava Until 6:03AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 4:52PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

Monday, October 31, 2022	Retreat Star		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Knoxville, TN Sun 21 Sutra 197 Subhakit 5124
	Makara Rasi: 3.04	Tithi 7 – 8	Gulika 1:38PM – 2:59PM	Uttarashadha Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:55AM	
	Family Home Evening		Yama 10:57AM – 12:18PM	Shula* Until 2:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 27 - 21
	Routine Work	Marana Yoga	681276574 Rahu 8:16AM – 9:36AM	Visti Until 1:35AM Tue	Nataraja: Clear		Ashtami
			Saptami Until 2:38PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

Tuesday, November 1, 2022	Retreat Star		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Knoxville, TN Sun 22 Sutra 198 Subhakit 5124
	Makara Rasi: 17.14	Tithi 8 – 9	Gulika 12:18PM – 1:38PM	Shravana Until 4:21PM	Ganesha: White	<i>Sunrise:</i> 6:56AM	
			Yama 9:37AM – 10:57AM	Ganda* Until 11:55PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	691276574 Rahu 2:58PM – 4:19PM	Balava Until 11:37PM	Nataraja: Clear		Navami
			Ashtami* Until 12:33PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

|| times are standard time. Calculated for Knoxville, TN on 4/26/2

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1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Knoxville, TN Sun 23 Sutra 199
	Kumbha Rasi: 1.17	Tithi 9 – 10	Gulika 10:57AM – 12:18PM	Dhanishtha Until 3:14PM	Ganesha: Green	<i>Sunrise:</i> 6:57AM	Subhakrit 5124
			Yama 8:17AM – 9:37AM	Vriddhi Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 10 - Phase 28 - 23
		692276574	Rahu 12:18PM – 1:38PM	Taitila Until 9:51PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga Until 3:14PM Then Creative Work - Siddha Yoga		Navami* Until 10:41AM		Moon – Purple Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 24 Sutra 200
	Kumbha Rasi: 15.11	Tithi 10 – 11	Gulika 9:38AM – 10:58AM	Shatabhishak Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:58AM	Subhakrit 5124
			Yama 6:58AM – 8:18AM	Dhruva Until 6:56PM	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Moon 10 - Phase 28 - 24
		692276574	Rahu 1:37PM – 2:57PM	Vanija Until 8:22PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga		Dashami Until 9:03AM		Moon – Purple Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 25 Sutra 201
	Kumbha Rasi: 28.56	Tithi 11 – 12	Gulika 8:18AM – 9:38AM	Purvaproshtapada* Until 1:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:59AM	Subhakrit 5124
			Yama 2:57PM – 4:17PM	Vyaghata* Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 28 - 25
		612276574	Rahu 10:58AM – 12:18PM	Bava Until 7:10PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga		Ekadashi Until 7:42AM		Moon – Clear Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 202
	Meena Rasi: 12.29	Tithi 12 – 13	Gulika 7:00AM – 8:19AM	Uttaraproshtapada Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:00AM	Subhakrit 5124
			Yama 1:37PM – 2:57PM	Harshana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 28 - 26
		612276574	Rahu 9:39AM – 10:58AM	Kaulava Until 6:19PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 1:28PM Then Routine Work - Prabalarishta Yoga		Dvadashi Until 6:40AM		Moon – Clear Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		<i>Pradosha Vrata</i>

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 27 Sutra 203
	Meena Rasi: 25.49	Tithi 13 – 14	Gulika 2:56PM – 4:15PM	Revati Until 1:25PM	Ganesha: Blue	<i>Sunrise:</i> 7:01AM	Subhakrit 5124
			Yama 12:18PM – 1:37PM	Vajra* Until 1:18PM	Muruqa: Clear	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 28 - 27
		612276574	Rahu 4:15PM – 5:35PM	Vanija Until 5:47AM Mon	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga Until 1:25PM Then Creative Work - Siddha Yoga		Trayodashi Until 6:01AM		Moon – Clear Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

○	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistil*/Bava Karana Purnimayam Titau				Knoxville, TN Sun 28 Sutra 204
	Copper Retreat Star		Gulika 1:37PM – 2:56PM	Ashvini Until 2:07PM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM	Subhakrit 5124
	Mesha Rasi: 8.56	Tithi 15	Yama 10:59AM – 12:18PM	Siddhi Until 12:05PM	Muruqa: Clear	<i>Sunset:</i> 5:34PM	Moon 10 - Phase 28 - Purnima
	Family Home Evening	722276574	Rahu 8:21AM – 9:40AM	Vistil Until 5:52PM	Nataraja: Clear		
Creative Work Siddha Yoga		Purnima* Until 6:02AM Tue		Moon – White Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

○	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Knoxville, TN Sun 29 Sutra 205
	Silver Retreat Star		Gulika 12:18PM – 1:37PM	Bharani Until 3:08PM	Ganesha: Blue	<i>Sunrise:</i> 7:03AM	Subhakrit 5124
	Mesha Rasi: 21.49	Tithi 15 – 16	Yama 9:40AM – 10:59AM	Vyatipata* Until 11:14AM	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 - Prathama
		722276574	Rahu 2:55PM – 4:14PM	Balava Until 6:23PM	Nataraja: Clear		
Creative Work Siddha Yoga		Purnima* Until 6:02AM		Moon – White Karttika-Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Variesan/Parigha* Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau

Knoxville, TN

Sutra 206

Subhakrit 5124

Vrishabha Rasi: 4.27 Tithi 16 - 17

722276574

Gulika 10:59AM - 12:18PM
Yama 8:22AM - 9:41AM
Rahu 12:18PM - 1:36PM

Krittika Until 4:29PM

Variyan Until 10:46AM

Taitila Until 7:25PM

Prathama* Until 6:49AM

Ganesha: Blue

Muruqa: Clear

Nataraja: Clear

Moon - White

Kartika-Aipasi

Sunrise: 7:04AM

Sunset: 5:32PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 4:29PM

Then Creative Work - Siddha Yoga

1 Thursday, November 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Knoxville, TN

Sun 1 Sutra 207

Subhakrit 5124

Vrishabha Rasi: 16.52 Tithi 17 - 18

732276574

Gulika 9:41AM - 11:00AM
Yama 7:05AM - 8:23AM
Rahu 1:36PM - 2:55PM

Rohini Until 6:39PM

Parigha* Until 10:42AM

Vanija Until 8:56PM

Dvitiya Until 8:06AM

Ganesha: Red

Muruqa: Clear

Nataraja: Clear

Moon - Yellow

Kartika-Aipasi

Sunrise: 7:05AM

Sunset: 5:31PM

Moon 11 - Phase 29 - 1

1st Phase

Devaloka Day

Routine Work Marana Yoga

2 Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Knoxville, TN

Sun 2 Sutra 208

Subhakrit 5124

Vrishabha Rasi: 29.04 Tithi 18 - 19

732276574

Gulika 8:24AM - 9:42AM
Yama 2:54PM - 4:12PM
Rahu 11:00AM - 12:18PM

Mrigashira Until 9:05PM

Shiva Until 11:00AM

Bava Until 10:55PM

Tritiya Until 9:51AM

Ganesha: Red

Muruqa: Clear

Nataraja: Clear

Moon - Yellow

Kartika-Aipasi

Sunrise: 7:06AM

Sunset: 5:30PM

Moon 11 - Phase 29 - 2

1st Phase

Devaloka Day

Creative Work Siddha Yoga

3 Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN

Sun 3 Sutra 209

Subhakrit 5124

Mithuna Rasi: 11.07 Tithi 19 - 20

732276574

Gulika 7:07AM - 8:25AM
Yama 1:36PM - 2:54PM
Rahu 9:42AM - 11:00AM

Ardra Until 11:39PM

Siddha Until 11:34AM

Kaulava Until 1:12AM Sun

Chaturthi* Until 12:00PM

Ganesha: Red

Muruqa: Clear

Nataraja: Clear

Moon - Yellow

Kartika-Aipasi

Sunrise: 7:07AM

Sunset: 5:30PM

Moon 11 - Phase 29 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

4 Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Tailita/Gara Karana Panchami/Shashthyam Titau

Knoxville, TN

Sun 4 Sutra 210

Subhakrit 5124

Mithuna Rasi: 23.03 Tithi 20 - 21

742276574

Gulika 2:54PM - 4:11PM
Yama 12:18PM - 1:36PM
Rahu 4:11PM - 5:29PM

Punarvasu Until 2:45AM Mon

Sadhya Until 12:19PM

Gara Until 3:41AM Mon

Panchami Until 2:24PM

Ganesha: Green

Muruqa: Clear

Nataraja: Clear

Moon - Blue

Kartika-Aipasi

Sunrise: 7:08AM

Sunset: 5:29PM

Moon 11 - Phase 29 - 4

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5 Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Knoxville, TN

Sun 5 Sutra 211

Subhakrit 5124

Kataka Rasi: 4.56 Tithi 21 - 22

742376574

Gulika 1:36PM - 2:53PM
Yama 11:01AM - 12:18PM
Rahu 8:26AM - 9:44AM

Pushya Until 5:40AM Tue

Subha Until 1:11PM

Visti Until 6:09AM Tue

Shashthi* Until 4:54PM

Ganesha: White

Muruqa: Clear

Nataraja: Clear

Moon - Blue

Kartika-Aipasi

Sunrise: 7:09AM

Sunset: 5:28PM

Moon 11 - Phase 29 - 5

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

6 Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Knoxville, TN

Sun 6 Sutra 212

Subhakrit 5124

Kataka Rasi: 16.49 Tithi 22

743376574

Gulika 12:19PM - 1:36PM
Yama 9:44AM - 11:01AM
Rahu 2:53PM - 4:10PM

Ashlesha* Until 8:15AM Wed

Sukla Until 1:57PM

Visti Until 6:09AM

Saptami Until 7:18PM

Ganesha: Green

Muruqa: Clear

Nataraja: Clear

Moon - Blue

Kartika-Aipasi

Sunrise: 7:10AM

Sunset: 5:28PM

Moon 11 - Phase 29 - 6

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN

Sun 7 Sutra 213

Subhakrit 5124

Kataka Rasi: 28.47 Tithi 23

743376574

Gulika 11:02AM - 12:19PM
Yama 8:28AM - 9:45AM
Rahu 12:19PM - 1:36PM

Ashlesha* Until 8:15AM

Brahma Until 2:33PM

Balava Until 8:26AM

Ashtami* Until 9:24PM

Ganesha: Green

Muruqa: Clear

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sunrise: 7:11AM

Sunset: 5:27PM

Moon 11 - Phase 29 - 7

Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Valdhriti* Yoga Tailita/Gara Karana Navamyam Titau

Knoxville, TN

Sun 8 Sutra 214

Subhakrit 5124

Simha Rasi: 10.53 Tithi 24

753376575

Gulika 9:45AM - 11:02AM
Yama 7:12AM - 8:28AM
Rahu 1:36PM - 2:53PM

Magha* Until 10:47AM

Indra Until 2:49PM

Taitila Until 10:19AM

Navami* Until 11:01PM

Ganesha: Orange

Muruqa: Clear

Nataraja: Purple

Moon - Red

Kartika-Kartikai

Sunrise: 7:12AM

Sunset: 5:26PM

Moon 11 - Phase 29 - 8

Navami

Sivaloka Day

Creative Work Amrita Yoga

Until 10:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Knoxville, TN
Simha Rasi: 23.13	Tithi 25	Gulika	8:29AM – 9:46AM	Purvaphalguni Until 12:35PM	Ganesha: Orange	<i>Sunrise:</i> 7:13AM	Sun 9	Sutra 215
		Yama	2:52PM – 4:09PM	Vaidhriti* Until 2:37PM	Muruqa: Clear	<i>Sunset:</i> 5:26PM		Subhakrit 5124
		753376575 Rahu	11:03AM – 12:19PM	Vanija Until 11:37AM	Nataraja: Purple		Moon 11 - Phase 30 - 9	2nd Phase
Creative Work	Siddha Yoga			Dashami Until 12:00AM Sat	Moon – Red		Sivaloka Day	
					Karttika-Karttikai			

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Knoxville, TN
Kanya Rasi: 5.51	Tithi 26	Gulika	7:14AM – 8:30AM	Uttaraphalguni Until 1:34PM	Ganesha: Orange	<i>Sunrise:</i> 7:14AM	Sun 10	Sutra 216
		Yama	1:36PM – 2:52PM	Vishkambha* Until 1:53PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM		Subhakrit 5124
		753376575 Rahu	9:47AM – 11:03AM	Bava Until 12:13PM	Nataraja: Purple		Moon 11 - Phase 30 - 10	2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 12:13AM Sun	Moon – Red		Sivaloka Day	
					Karttika-Karttikai			

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Knoxville, TN
Kanya Rasi: 18.5	Tithi 27	Gulika	2:52PM – 4:08PM	Hasta Until 2:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:15AM	Sun 11	Sutra 217
		Yama	12:20PM – 1:36PM	Priti Until 12:33PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM		Subhakrit 5124
		753376575 Rahu	4:08PM – 5:25PM	Kaulava Until 12:03PM	Nataraja: Purple		Moon 11 - Phase 30 - 11	2nd Phase
Creative Work	Amrita Yoga			Dvadashti* Until 11:40PM	Moon – Green		Devaloka Day	
Until 2:07PM					Karttika-Karttikai			
Then Creative Work - Siddha Yoga								

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Knoxville, TN
Tula Rasi: 2.14	Tithi 28	Gulika	1:36PM – 2:52PM	Chitra Until 1:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:16AM	Sun 12	Sutra 218
Family Home Evening		Yama	11:04AM – 12:20PM	Ayushman Until 10:36AM	Muruqa: Clear	<i>Sunset:</i> 5:24PM		Subhakrit 5124
Routine Work	Prabalarishta Yoga	753376575 Rahu	8:32AM – 9:48AM	Gara Until 11:07AM	Nataraja: Purple		Moon 11 - Phase 30 - 12	2nd Phase
Until 1:45PM				Trayodashi* Until 10:22PM	Moon – Green		Devaloka Day	
Then Creative Work - Amrita Yoga					Karttika-Karttikai			
					<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Knoxville, TN
Tula Rasi: 16.03	Tithi 29	Gulika	12:20PM – 1:36PM	Svati Until 12:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:17AM	Sun 13	Sutra 219
		Yama	9:48AM – 11:04AM	Saubhagya Until 8:07AM	Muruqa: Clear	<i>Sunset:</i> 5:24PM		Subhakrit 5124
		753376575 Rahu	2:52PM – 4:08PM	Visti Until 9:30AM	Nataraja: Purple		Moon 11 - Phase 30 - 13	2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 8:26PM	Moon – Green		Devaloka Day	Tour Day
Until 12:34PM					Karttika-Karttikai			
Then Routine Work - Marana Yoga								

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Knoxville, TN
Retreat Star		Gulika	11:05AM – 12:20PM	Vishakha Until 11:07AM	Ganesha: Purple	<i>Sunrise:</i> 7:18AM	Sun 14	Sutra 220
Vrishchika Rasi: 0.15	Tithi 30 – 1	Yama	8:33AM – 9:49AM	Athiganda* Until 1:48AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:23PM		Subhakrit 5124
		773376575 Rahu	12:20PM – 1:36PM	Catuspada Until 7:16AM	Nataraja: Purple		Moon 11 - Phase 30 - 14	Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 5:58PM	Moon – Orange		Devaloka Day	
					Karttika-Karttikai			

Thursdays		Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Knoxville, TN
Retreat Star		Gulika	9:50AM – 11:05AM	Anuradha Until 9:06AM	Ganesha: Purple	<i>Sunrise:</i> 7:18AM	Sun 15	Sutra 221
Vrishchika Rasi: 14.46	Tithi 1 – 2	Yama	7:18AM – 8:34AM	Sukarma Until 10:11PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM		Subhakrit 5124
		773376575 Rahu	1:36PM – 2:52PM	Balava Until 1:39AM Fri	Nataraja: Purple		Moon 11 - Phase 30 - 15	Prathama
Creative Work	Siddha Yoga			Prathama* Until 3:08PM	Moon – Orange		Devaloka Day	
Until 9:06AM					Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Knoxville, TN Sun 16 Sutra 222 Subhakrit 5124
	Vrischika Rasi: 29.29	Tithi 2 – 3	Gulika 8:35AM – 9:50AM	Jyeshtha* Until 6:41AM	Ganesha: Purple	<i>Sunrise:</i> 7:19AM	
			Yama 2:52PM – 4:07PM	Dhriti Until 6:27PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 11 - Phase 31 - 16
		773376575	Rahu 11:06AM – 12:21PM	Taitila Until 10:32PM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 12:05PM	Moon – Orange		Devaloka Day	
Until 6:41AM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

2	Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Knoxville, TN Sun 17 Sutra 223 Subhakrit 5124
	Dhanus Rasi: 14.17	Tithi 3 – 4	Gulika 7:20AM – 8:36AM	Purvashadha* Until 2:06AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 7:20AM	
			Yama 1:37PM – 2:52PM	Shula* Until 2:41PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 31 - 17
		783376575	Rahu 9:51AM – 11:06AM	Vanija Until 7:26PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 8:57AM	Moon – Light Blue		Devaloka Day	
Until 2:06AM Sun				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

3	Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau				Knoxville, TN Sun 18 Sutra 224 Subhakrit 5124
	Dhanus Rasi: 29.02	Tithi 5	Gulika 2:52PM – 4:07PM	Uttarashadha Until 11:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:21AM	
			Yama 12:22PM – 1:37PM	Ganda* Until 11:00AM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 31 - 18
		783376575	Rahu 4:07PM – 5:22PM	Bava Until 4:29PM	Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga			Panchami Until 3:04AM Mon	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

4	Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Knoxville, TN Sun 19 Sutra 225 Subhakrit 5124
	Makara Rasi: 13.39	Tithi 6	Gulika 1:37PM – 2:52PM	Shravana Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 7:22AM	
	Family Home Evening		Yama 11:07AM – 12:22PM	Vridhi Until 7:32AM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 31 - 19
		793376575	Rahu 8:37AM – 9:52AM	Kaulava Until 1:47PM	Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 12:34AM Tue	Moon – Purple		Sivaloka Day	
Until 10:06PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

5	Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau				Knoxville, TN Sun 20 Sutra 226 Subhakrit 5124
	Makara Rasi: 28.01	Tithi 7	Gulika 12:22PM – 1:37PM	Dhanishtha Until 8:39PM	Ganesha: Clear	<i>Sunrise:</i> 7:23AM	
			Yama 9:53AM – 11:08AM	Vyaghata* Until 1:29AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 31 - 20
		794376575	Rahu 2:52PM – 4:07PM	Gara Until 11:28AM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Saptami Until 10:28PM	Moon – Purple		Sivaloka Day	
Until 8:39PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

☾	Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Knoxville, TN Sun 21 Sutra 227 Subhakrit 5124
	Retreat Star		Gulika 11:08AM – 12:23PM	Shatabhishak Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 7:24AM	
	Kumbha Rasi: 12.06	Tithi 8	Yama 8:39AM – 9:53AM	Harshana Until 11:02PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 31 - 21
		794376575	Rahu 12:23PM – 1:37PM	Visti Until 9:37AM	Nataraja: Purple		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 8:51PM	Moon – Purple		Sivaloka Day	
Until 7:32PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

☽	Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Knoxville, TN Sun 22 Sutra 228 Subhakrit 5124
	Retreat Star		Gulika 9:54AM – 11:09AM	Purvaproshtapada* Until 7:12PM	Ganesha: Red	<i>Sunrise:</i> 7:25AM	
	Kumbha Rasi: 25.52	Tithi 9	Yama 7:25AM – 8:40AM	Vajra* Until 8:57PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 31 - 22
		714376575	Rahu 1:38PM – 2:52PM	Balava Until 8:15AM	Nataraja: Purple		Navami
Creative Work Siddha Yoga			Navami* Until 7:45PM	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			


1		Friday, December 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Knoxville, TN Sun 23 Sutra 229 Subhakit 5124
Meena Rasi: 9.2	Tithi 10	Gulika 8:40AM – 9:55AM	Uttaraproshtapada Until 7:14PM	Ganesha: Red	<i>Sunrise:</i> 7:26AM			
		Yama 2:52PM – 4:07PM	Siddhi Until 7:18PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 23		
		714376575 Rahu 11:09AM – 12:24PM	Taitila Until 7:25AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 7:10PM	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 3, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Knoxville, TN Sun 24 Sutra 230 Subhakit 5124
Meena Rasi: 22.32	Tithi 11	Gulika 7:27AM – 8:41AM	Revati Until 7:37PM	Ganesha: Red	<i>Sunrise:</i> 7:27AM			
		Yama 1:38PM – 2:52PM	Vyatipata* Until 6:04PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 24		
		714376575 Rahu 9:55AM – 11:10AM	Vanija Until 7:05AM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 7:06PM	Moon – Clear			Sivaloka Day	
Until 7:37PM		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Knoxville, TN Sun 25 Sutra 231 Subhakit 5124
Mesha Rasi: 5.29	Tithi 12	Gulika 2:53PM – 4:07PM	Ashvini Until 8:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:28AM			
		Yama 12:24PM – 1:38PM	Varyan Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 25		
		724376575 Rahu 4:07PM – 5:21PM	Bava Until 7:15AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 7:30PM	Moon – White			Devaloka Day	
Until 8:45PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 5, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 232 Subhakit 5124
Mesha Rasi: 18.12	Tithi 13	Gulika 1:39PM – 2:53PM	Bharani Until 10:09PM	Ganesha: Blue	<i>Sunrise:</i> 7:29AM			
Family Home Evening		Yama 11:11AM – 12:25PM	Parigha* Until 4:37PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 26		
Creative Work	Siddha Yoga	724376575 Rahu 8:43AM – 9:57AM	Kaulava Until 7:53AM	Nataraja: Purple		4th Phase		
Until 10:09PM			Trayodashi Until 8:20PM	Moon – White			Devaloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	Margasira-Karttikai				

5		Tuesday, December 6, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Knoxville, TN Sun 27 Sutra 233 Subhakit 5124
Vrishabha Rasi: 0.44	Tithi 14	Gulika 12:25PM – 1:39PM	Krittika Until 11:47PM	Ganesha: Blue	<i>Sunrise:</i> 7:29AM			
		Yama 9:57AM – 11:11AM	Shiva Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 27		
		724376575 Rahu 2:53PM – 4:07PM	Gara Until 8:56AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 9:35PM	Moon – White			Devaloka Day	Tour Day
Until 11:47PM		Krittika Deepam		Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

		Wednesday, December 7, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Knoxville, TN Sun 28 Sutra 234 Subhakit 5124
Vrishabha Rasi: 13.05	Tithi 15	Gulika 11:12AM – 12:26PM	Rohini Until 2:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:30AM			
		Yama 8:44AM – 9:58AM	Siddha Until 4:25PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - Purnima		
		734376575 Rahu 12:26PM – 1:39PM	Visti Until 10:22AM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 11:12PM	Moon – Yellow			Sivaloka Day	
Until 2:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 8, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Knoxville, TN Sun 29 Sutra 235 Subhakit 5124		
Silver Retreat Star		Gulika 9:59AM – 11:12AM	Mrigashira Until 4:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:31AM			
Vrishabha Rasi: 25.18	Tithi 16	Yama 7:31AM – 8:45AM	Sadhya Until 4:43PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - Prathama		
		734376575 Rahu 1:40PM – 2:54PM	Balava Until 12:10PM	Nataraja: Purple				
Routine Work	Marana Yoga		Prathama* Until 1:09AM Fri	Moon – Yellow			Sivaloka Day	
Until 4:32AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Taaitila/Gara Karana Dvitiyayam Titau

Knoxville, TN
Sutra 236
Subhakrit 5124
Moon 12 - Phase 33 -
1st Phase

Mithuna Rasi: 7.23 Tithi 17
734476575
Creative Work Siddha Yoga

Gulika 8:46AM – 9:59AM
Yama 2:54PM – 4:07PM
Rahu 11:13AM – 12:26PM

Ardra Until 7:03AM Sat
Subha Until 5:14PM
Taaitila Until 2:15PM
Dvitiya Until 3:22AM Sat

Ganesha: Red *Sunrise:* 7:32AM
Muruqa: Clear *Sunset:* 5:21PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Margasira-Karttikai

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Knoxville, TN
Sun 1 Sutra 237
Subhakrit 5124
Moon 12 - Phase 33 - 1
1st Phase

Mithuna Rasi: 19.23 Tithi 18
734476575
Creative Work Siddha Yoga

Gulika 7:33AM – 8:46AM
Yama 1:41PM – 2:54PM
Rahu 10:00AM – 11:13AM

Ardra Until 7:03AM
Sukla Until 5:54PM
Vanija Until 4:35PM
Tritiya Until 5:47AM Sun

Ganesha: Red *Sunrise:* 7:33AM
Muruqa: Clear *Sunset:* 5:21PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Margasira-Karttikai

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Knoxville, TN
Sun 2 Sutra 238
Subhakrit 5124
Moon 12 - Phase 33 - 2
1st Phase

Kataka Rasi: 1.17 Tithi 19
744476575
Creative Work Siddha Yoga

Gulika 2:54PM – 4:08PM
Yama 12:27PM – 1:41PM
Rahu 4:08PM – 5:21PM

Punarvasu Until 10:06AM
Brahma Until 6:42PM
Bava Until 7:04PM
Chaturthi* Until 8:19AM Mon

Ganesha: Green *Sunrise:* 7:33AM
Muruqa: Clear *Sunset:* 5:21PM
Nataraja: Purple
Moon – Blue
Devaloka Day
Margasira-Karttikai

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN
Sun 3 Sutra 239
Subhakrit 5124
Moon 12 - Phase 33 - 3
1st Phase

Kataka Rasi: 13.1 Tithi 19 – 20
745476575
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:41PM – 2:55PM
Yama 11:14AM – 12:28PM
Rahu 8:48AM – 10:01AM

Pushya Until 1:03PM
Indra Until 7:33PM
Kaulava Until 9:36PM
Chaturthi* Until 8:19AM

Ganesha: White *Sunrise:* 7:34AM
Muruqa: Clear *Sunset:* 5:22PM
Nataraja: Purple
Moon – Blue
Devaloka Day
Margasira-Karttikai

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili* Yoga Taaitila/Gara Karana Panchami/Shashthyam Titau

Knoxville, TN
Sun 4 Sutra 240
Subhakrit 5124
Moon 12 - Phase 33 - 4
1st Phase

Kataka Rasi: 25.02 Tithi 20 – 21
745476575
Creative Work Siddha Yoga

Gulika 12:28PM – 1:42PM
Yama 10:02AM – 11:15AM
Rahu 2:55PM – 4:08PM

Ashlesha* Until 3:48PM
Vaidhrili* Until 8:19PM
Gara Until 12:03AM Wed
Panchami Until 10:49AM

Ganesha: White *Sunrise:* 7:35AM
Muruqa: Clear *Sunset:* 5:22PM
Nataraja: Purple
Moon – Blue
Devaloka Day
Margasira-Karttikai

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Knoxville, TN
Sun 5 Sutra 241
Subhakrit 5124
Moon 12 - Phase 33 - 5
1st Phase

Simha Rasi: 6.58 Tithi 21 – 22
755476575
Creative Work Siddha Yoga
Until 6:42PM
Then Creative Work - Amrita Yoga

Gulika 11:16AM – 12:29PM
Yama 8:49AM – 10:02AM
Rahu 12:29PM – 1:42PM

Magha* Until 6:42PM
Vishkambha* Until 8:55PM
Visli Until 2:14AM Thu
Shashthi* Until 1:10PM

Ganesha: Clear *Sunrise:* 7:36AM
Muruqa: Clear *Sunset:* 5:22PM
Nataraja: Purple
Moon – Red
Sivaloka Day
Margasira-Karttikai

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Knoxville, TN
Sun 6 Sutra 242
Subhakrit 5124
Moon 12 - Phase 33 - 6
1st Phase

Simha Rasi: 19.01 Tithi 22 – 23
755476575
Creative Work Siddha Yoga

Gulika 10:03AM – 11:16AM
Yama 7:36AM – 8:49AM
Rahu 1:43PM – 2:56PM

Markali Pillaiyar

Purvaphalguni Until 9:02PM
Priti Until 9:13PM
Balava Until 3:57AM Fri
Saptami Until 3:08PM

Ganesha: Clear *Sunrise:* 7:36AM
Muruqa: Clear *Sunset:* 5:22PM
Nataraja: Purple
Moon – Red
Sivaloka Day
Margasira-Markali

7

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Knoxville, TN
Sun 7 Sutra 243
Subhakrit 5124
Moon 12 - Phase 33 - 7
Ashtami

Kanya Rasi: 1.16 Tithi 23 – 24
855476575
Creative Work Siddha Yoga
Until 10:38PM
Then Creative Work - Amrita Yoga

Gulika 8:50AM – 10:03AM
Yama 2:56PM – 4:09PM
Rahu 11:17AM – 12:30PM

Uttaraphalguni Until 10:38PM
Ayushman Until 9:02PM
Taitila Until 5:01AM Sat
Ashtami* Until 4:33PM

Ganesha: White *Sunrise:* 7:37AM
Muruqa: Clear *Sunset:* 5:23PM
Nataraja: Purple
Moon – Red
Devaloka Day
Margasira-Markali

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Knoxville, TN
Sun 8 Sutra 244
Subhakrit 5124
Moon 12 - Phase 33 - 8
Navami

Kanya Rasi: 13.47 Tithi 24 – 25
865476575
Routine Work Marana Yoga

Gulika 7:37AM – 8:51AM
Yama 1:43PM – 2:57PM
Rahu 10:04AM – 11:17AM

Hasta Until 11:49PM
Saubhagya Until 8:17PM
Vanija Until 5:17AM Sun
Navami* Until 5:14PM

Ganesha: Clear *Sunrise:* 7:37AM
Muruqa: Clear *Sunset:* 5:23PM
Nataraja: Purple
Moon – Green
Sivaloka Day
Margasira-Markali

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1 Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 26.41	Tithi 25 – 26	Gulika 2:57PM – 4:10PM	Chitra Until 12:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:38AM	
		Yama 12:31PM – 1:44PM	Sobhana Until 6:54PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 12 - Phase 34 - 9
	865476575	Rahu 4:10PM – 5:23PM	Bava Until 4:42AM Mon	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:05PM	Moon – Green		Sivaloka Day
Until 12:01AM Mon				Margasira*Markali		
Then Creative Work - Amrita Yoga						

2 Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 10.01	Tithi 26 – 27	Gulika 1:44PM – 2:58PM	Svati Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:39AM	
Family Home Evening		Yama 11:18AM – 12:31PM	Athiganda* Until 4:49PM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 12 - Phase 34 - 10
Creative Work	Amrita Yoga	865476575	Rahu 8:52AM – 10:05AM	Nataraja: Purple		2nd Phase
Until 11:15PM			Kaulava Until 3:17AM Tue	Moon – Green		Sivaloka Day
Then Routine Work - Marana Yoga			Ekadashi* Until 4:04PM	Margasira*Markali		

3 Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 23.5	Tithi 27 – 28	Gulika 12:32PM – 1:45PM	Vishakha Until 10:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:39AM	
		Yama 10:06AM – 11:19AM	Sukarma Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 12 - Phase 34 - 11
	875476575	Rahu 2:58PM – 4:11PM	Gara Until 1:06AM Wed	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 2:15PM	Moon – Orange		Devaloka Day
Until 10:01PM				Margasira*Markali		
Then Creative Work - Siddha Yoga						
						<i>Pradosha Vrata (Fasting)</i>

4 Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 8.07	Tithi 28 – 29	Gulika 11:19AM – 12:32PM	Anuradha Until 8:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:40AM	
		Yama 8:53AM – 10:06AM	Dhriti Until 10:52AM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 12 - Phase 34 - 12
	876476575	Rahu 12:32PM – 1:45PM	Visti Until 10:18PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:45AM	Moon – Orange		Sivaloka Day
				Margasira*Markali		

Thursday, December 22, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Knoxville, TN Sun 13 Sutra 249 Subhakrit 5124
Retreat Star		Gulika 10:07AM – 11:20AM	Jyeshtha* Until 5:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:40AM	
Vrischika Rasi: 22.5	Tithi 29 – 30	Yama 7:40AM – 8:53AM	Shula* Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 12 - Phase 34 - 13
		876476575	Catuspada Until 7:02PM	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 8:42AM	Moon – Orange		Sivaloka Day
Until 5:22PM				Margasira*Markali		
Then Creative Work - Siddha Yoga						

Friday, December 23, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Knoxville, TN Sun 14 Sutra 250 Subhakrit 5124
Retreat Star		Gulika 8:54AM – 10:07AM	Mula* Until 2:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:41AM	
Dhanus Rasi: 7.5	Tithi 1	Yama 3:00PM – 4:13PM	Vriddhi Until 10:56PM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Moon 12 - Phase 34 - 14
		886476575	Kintughna Until 3:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:38AM Sat	Moon – Light Blue		Sivaloka Day
Until 2:42PM				Pausha*Markali		
Then Routine Work - Prabalarishta Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Knoxville, TN Sun 15 Sutra 251 Subhakrit 5124		
Dhanus Rasi: 23	Tithi 2	Gulika 7:41AM – 8:54AM	Purvashadha* Until 11:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:41AM	Muruḡa: Purple	<i>Sunset:</i> 5:26PM	Moon 12 - Phase 35 - 15 3rd Phase
		886486575 Rahu 10:08AM – 11:21AM	Dhruva Until 6:40PM Balava Until 11:49AM	Nataraja: Purple		Moon – Light Blue		
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Dvitiya Until 9:58PM		Subha Sivaloka Day		
Until 11:46AM				Pausha*Markali				
Then Routine Work - Marana Yoga								

2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Knoxville, TN Sun 16 Sutra 252 Subhakrit 5124		
Makara Rasi: 8.1	Tithi 3	Gulika 3:01PM – 4:14PM	Uttarashadha Until 8:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:42AM	Muruḡa: Purple	<i>Sunset:</i> 5:27PM	Moon 12 - Phase 35 - 16 3rd Phase
		886486575 Rahu 4:14PM – 5:27PM	Vyaghata* Until 2:30PM Taitila Until 8:11AM	Nataraja: Purple		Moon – Light Blue		
Creative Work	Amrita Yoga	Day 5 of Pancha Ganapati		Tritiya Until 6:26PM		Subha Sivaloka Day		
				Pausha*Markali				

3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Knoxville, TN Sun 17 Sutra 253 Subhakrit 5124		
Makara Rasi: 23.1	Tithi 4 – 5	Gulika 1:48PM – 3:01PM	Shravana Until 6:15AM	Ganesha: Clear	<i>Sunrise:</i> 7:42AM	Muruḡa: Purple	<i>Sunset:</i> 5:28PM	Moon 12 - Phase 35 - 17 3rd Phase
Family Home Evening		896486576 Rahu 8:55AM – 10:08AM	Harshana Until 10:35AM Bava Until 1:47AM Tue	Nataraja: Clear		Moon – Purple		
Creative Work	Amrita Yoga	Chaturthi* Until 3:13PM		Sivaloka Day				
Until 6:15AM				Pausha*Markali				
Then Creative Work - Siddha Yoga								

4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Knoxville, TN Sun 18 Sutra 254 Subhakrit 5124		
Kumbha Rasi: 7.52	Tithi 5 – 6	Gulika 12:35PM – 1:49PM	Shatabhishak Until 2:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:42AM	Muruḡa: Purple	<i>Sunset:</i> 5:28PM	Moon 12 - Phase 35 - 18 3rd Phase
		896486576 Rahu 3:02PM – 4:15PM	Vajra* Until 6:58AM Kaulava Until 11:18PM	Nataraja: Clear		Moon – Purple		
Routine Work	Marana Yoga	Panchami Until 12:27PM		Sivaloka Day				
Until 2:08AM Wed				Pausha*Markali				
Then Creative Work - Amrita Yoga								

5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Knoxville, TN Sun 19 Sutra 255 Subhakrit 5124		
Kumbha Rasi: 22.11	Tithi 6 – 7	Gulika 11:23AM – 12:36PM	Purvaproshtapada* Until 1:12AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:43AM	Muruḡa: Purple	<i>Sunset:</i> 5:29PM	Moon 12 - Phase 35 - 19 3rd Phase
		817486576 Rahu 12:36PM – 1:49PM	Vyatipata* Until 1:14AM Thu Gara Until 9:27PM	Nataraja: Clear		Moon – Clear		
Creative Work	Amrita Yoga	Shashthi* Until 10:16AM		Devaloka Day				
Until 1:12AM Thu				Pausha*Markali				
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						

Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau		Knoxville, TN Sun 20 Sutra 256 Subhakrit 5124		
Meena Rasi: 6.04	Tithi 7 – 8	Gulika 10:10AM – 11:23AM	Uttaraproshtapada Until 12:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:43AM	Muruḡa: Purple	<i>Sunset:</i> 5:30PM	Moon 12 - Phase 35 - 20 Ashtami
		817486576 Rahu 1:50PM – 3:03PM	Variyan Until 11:11PM Visiti Until 8:20PM	Nataraja: Clear		Moon – Clear		
Creative Work	Siddha Yoga	Saptami Until 8:47AM		Devaloka Day				
				Pausha*Markali				

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Knoxville, TN Sun 21 Sutra 257 Subhakrit 5124		
Meena Rasi: 19.31	Tithi 8 – 9	Gulika 8:57AM – 10:10AM	Revati Until 1:04AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:43AM	Muruḡa: Purple	<i>Sunset:</i> 5:30PM	Moon 12 - Phase 35 - 21 Navami
		817486576 Rahu 11:23AM – 12:37PM	Parigha* Until 9:44PM Balava Until 7:57PM	Nataraja: Clear		Moon – Clear		
Creative Work	Siddha Yoga	Ashtami* Until 8:02AM		Devaloka Day				
				Pausha*Markali				

1	Saturday, December 31, 2022		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manla Vasara Yuktayam				Knoxville, TN
			Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 258
Mesha Rasi: 2.34	Tithi 9 – 10		Gulika 7:44AM – 8:57AM	Ashvini Until 2:16AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:44AM	Subhakit 5124
		827486576	Yama 1:51PM – 3:04PM	Shiva Until 8:51PM	Muruga: Purple	<i>Sunset:</i> 5:31PM	Moon 12 - Phase 36 - 22
			Rahu 10:10AM – 11:24AM	Taitila Until 8:17PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Navami* Until 8:01AM	Moon – White		Sivaloka Day
Until 2:16AM Sun					Pausha-Markali		
Then Routine Work - Prabalarishta Yoga							

2	Sunday, January 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Knoxville, TN
			Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 259
Mesha Rasi: 15.17	Tithi 10 – 11		Gulika 3:05PM – 4:18PM	Bharani Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 7:44AM	Subhakit 5124
		827486576	Yama 12:38PM – 1:51PM	Siddha Until 8:24PM	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 12 - Phase 36 - 23
			Rahu 4:18PM – 5:32PM	Vanija Until 9:16PM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga			Dashami Until 8:41AM	Moon – White		Sivaloka Day
Until 3:53AM Mon			Vaikuntha Ekadasi		Pausha-Markali		
Then Routine Work - Marana Yoga							


3	Monday, January 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Knoxville, TN
			Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 260
Mesha Rasi: 27.45	Tithi 11 – 12		Gulika 1:52PM – 3:05PM	Krittika Until 5:47AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 7:44AM	Subhakit 5124
Family Home Evening		827486576	Yama 11:25AM – 12:38PM	Sadhya Until 8:22PM	Muruga: Purple	<i>Sunset:</i> 5:33PM	Moon 12 - Phase 36 - 24
			Rahu 8:57AM – 10:11AM	Bava Until 10:44PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Ekadashi Until 9:55AM	Moon – White		Sivaloka Day
Until 5:47AM Tue					Pausha-Markali		
Then Creative Work - Amrita Yoga							

4	Tuesday, January 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Knoxville, TN
			Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 261
Vrishabha Rasi: 10.01	Tithi 12 – 13		Gulika 12:39PM – 1:52PM	Rohini Until 8:21AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 7:44AM	Subhakit 5124
		837586576	Yama 10:11AM – 11:25AM	Subha Until 8:38PM	Muruga: Purple	<i>Sunset:</i> 5:33PM	Moon 12 - Phase 36 - 25
			Rahu 3:06PM – 4:20PM	Kaulava Until 12:35AM Wed	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Dvadashi Until 11:36AM	Moon – Yellow		Sivaloka Day
Until 8:21AM Wed					Pausha-Markali		
Then Creative Work - Siddha Yoga							

Pradosha Vrata

5	Wednesday, January 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Knoxville, TN
			Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 262
Vrishabha Rasi: 22.08	Tithi 13 – 14		Gulika 11:25AM – 12:39PM	Rohini Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 7:44AM	Subhakit 5124
		838586576	Yama 8:58AM – 10:12AM	Sukla Until 9:05PM	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 12 - Phase 36 - 26
			Rahu 12:39PM – 1:53PM	Gara Until 2:43AM Thu	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 1:36PM	Moon – Yellow		Devaloka Day
					Pausha-Markali		

6	Thursday, January 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Knoxville, TN
			Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 263
Mithuna Rasi: 4.1	Tithi 14 – 15		Gulika 10:12AM – 11:26AM	Mrigashira Until 10:59AM	Ganesha: White	<i>Sunrise:</i> 7:44AM	Subhakit 5124
		838586576	Yama 7:44AM – 8:58AM	Brahma Until 9:42PM	Muruga: Purple	<i>Sunset:</i> 5:35PM	Moon 12 - Phase 36 - 27
			Rahu 1:53PM – 3:07PM	Visti Until 5:01AM Fri	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Chaturdashi* Until 3:50PM	Moon – Yellow		Devaloka Day
			Subramuniyaswami Jayanti		Pausha-Markali		

	Friday, January 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Knoxville, TN
	Copper Retreat Star		Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau				Sutra 264
Mithuna Rasi: 16.08	Tithi 15		Gulika 8:58AM – 10:12AM	Ardra Until 1:36PM	Ganesha: White	<i>Sunrise:</i> 7:44AM	Subhakit 5124
		838586576	Yama 3:08PM – 4:22PM	Indra Until 10:25PM	Muruga: Purple	<i>Sunset:</i> 5:36PM	Moon 12 - Phase 36 -
			Rahu 11:26AM – 12:40PM	Bava Until 6:12PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Purnima* Until 6:12PM	Moon – Yellow		Devaloka Day
					Pausha-Markali		

Ardra Darshanam

7	Saturday, January 7, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manla Vasara Yuktayam				Knoxville, TN
	Silver Retreat Star		Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 265
Mithuna Rasi: 28.03	Tithi 16		Gulika 7:44AM – 8:58AM	Punarvasu Until 4:38PM	Ganesha: Clear	<i>Sunrise:</i> 7:44AM	Subhakit 5124
		848586576	Yama 1:55PM – 3:09PM	Vaidhriti* Until 11:10PM	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 12 - Phase 36 -
			Rahu 10:12AM – 11:26AM	Balava Until 7:26AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 8:39PM	Moon – Blue		Sivaloka Day
					Pausha-Markali		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 9.56 Tithi 17
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 3:09PM – 4:23PM
Yama 12:41PM – 1:55PM
Rahu 4:23PM – 5:38PM

Pushya Until 7:33PM
Vishkambha* Until 11:57PM
Taitila Until 9:55AM
Dvitiya Until 11:09PM

Ganesha: Clear *Sunrise:* 7:44AM
Muruqa: Purple *Sunset:* 5:38PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sivaloka Day

Knoxville, TN
Sun 1 Sutra 266
Subhakit 5124
Moon 1 - Phase 37 - 1
1st Phase

1

Monday, January 9, 2023

Kataka Rasi: 21.5 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:56PM – 3:10PM
Yama 11:27AM – 12:41PM
Rahu 8:59AM – 10:13AM

Ashlesha* Until 10:17PM
Priti Until 12:45AM Tue
Vanija Until 12:25PM
Tritiya Until 1:37AM Tue

Ganesha: Clear *Sunrise:* 7:44AM
Muruqa: Purple *Sunset:* 5:39PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sivaloka Day

Knoxville, TN
Sun 2 Sutra 267
Subhakit 5124
Moon 1 - Phase 37 - 2
1st Phase

2

Tuesday, January 10, 2023

Simha Rasi: 3.44 Tithi 19
Creative Work Siddha Yoga
Until 1:16AM Wed
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:42PM – 1:56PM
Yama 10:13AM – 11:27AM
Rahu 3:11PM – 4:25PM

Magha* Until 1:16AM Wed
Ayushman Until 1:26AM Wed
Bava Until 2:51PM
Chaturthi* Until 3:59AM Wed

Ganesha: Clear *Sunrise:* 7:44AM
Muruqa: Purple *Sunset:* 5:39PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Knoxville, TN
Sun 3 Sutra 268
Subhakit 5124
Moon 1 - Phase 37 - 3
1st Phase

3

Wednesday, January 11, 2023

Simha Rasi: 15.41 Tithi 20
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:28AM – 12:42PM
Yama 8:59AM – 10:13AM
Rahu 12:42PM – 1:57PM

Purvaphalguni Until 3:51AM Thu
Saubhagya Until 1:58AM Thu
Kaulava Until 5:07PM
Panchami Until 6:07AM Thu

Ganesha: Clear *Sunrise:* 7:44AM
Muruqa: Purple *Sunset:* 5:40PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Knoxville, TN
Sun 4 Sutra 269
Subhakit 5124
Moon 1 - Phase 37 - 4
1st Phase

4

Thursday, January 12, 2023

Simha Rasi: 27.44 Tithi 20 – 21
Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:13AM – 11:28AM
Yama 7:44AM – 8:59AM
Rahu 1:57PM – 3:12PM

Uttaraphalguni Until 5:55AM Fri
Sobhana Until 2:13AM Fri
Gara Until 7:03PM
Panchami Until 6:07AM

Ganesha: Clear *Sunrise:* 7:44AM
Muruqa: Purple *Sunset:* 5:41PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Knoxville, TN
Sun 5 Sutra 270
Subhakit 5124
Moon 1 - Phase 37 - 5
1st Phase

5

Friday, January 13, 2023

Kanya Rasi: 9.56 Tithi 21 – 22
Creative Work Amrita Yoga
Until 7:46AM Sat
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:59AM – 10:13AM
Yama 3:13PM – 4:27PM
Rahu 11:28AM – 12:43PM

Hasta Until 7:46AM Sat
Athiganda* Until 2:03AM Sat
Visti Until 8:30PM
Shashthi* Until 7:50AM

Ganesha: Clear *Sunrise:* 7:44AM
Muruqa: Purple *Sunset:* 5:42PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Knoxville, TN
Sun 6 Sutra 271
Subhakit 5124
Moon 1 - Phase 37 - 6
1st Phase

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 22.23 Tithi 22 – 23
Routine Work Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:44AM – 8:58AM
Yama 1:58PM – 3:13PM
Rahu 10:13AM – 11:28AM

Hasta Until 7:46AM
Sukarma Until 1:21AM Sun
Balava Until 9:17PM
Saptami Until 8:58AM

Ganesha: White *Sunrise:* 7:44AM
Muruqa: Purple *Sunset:* 5:43PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Subha Sivaloka Day

Thai Pongal

Knoxville, TN
Sun 7 Sutra 272
Subhakit 5124
Moon 1 - Phase 37 - 7
Ashtami

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.1 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:14PM – 4:29PM
Yama 12:44PM – 1:59PM
Rahu 4:29PM – 5:44PM

Chitra Until 8:45AM
Dhriti Until 12:03AM Mon
Taitila Until 9:15PM
Ashtami* Until 9:21AM

Ganesha: White *Sunrise:* 7:43AM
Muruqa: Purple *Sunset:* 5:44PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Subha Sivaloka Day

Knoxville, TN
Sun 8 Sutra 273
Subhakit 5124
Moon 1 - Phase 37 - 8
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Knoxville, TN
1		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 274
Tula Rasi: 18.22	Tithi 24 – 25	Gulika	1:59PM – 3:15PM	Svati Until 8:46AM	Ganesha: White	Sunrise: 7:43AM
Family Home Evening	869586576	Yama	11:29AM – 12:44PM	Shula* Until 10:03PM	Muruqa: Purple	Sunset: 5:45PM
Creative Work	Amrita Yoga	Rahu	8:58AM – 10:14AM	Vanija Until 8:23PM	Nataraja: Clear	Moon 1 - Phase 38 - 9
Until 8:46AM				Navami* Until 8:54AM	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Subha Sivaloka Day

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Knoxville, TN
2		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 275
Vrischika Rasi: 2.01	Tithi 25 – 26	Gulika	12:44PM – 2:00PM	Vishakha Until 8:15AM	Ganesha: Yellow	Sunrise: 7:43AM
	879586576	Yama	10:14AM – 11:29AM	Ganda* Until 7:24PM	Muruqa: Purple	Sunset: 5:46PM
Routine Work	Marana Yoga	Rahu	3:15PM – 4:31PM	Bava Until 6:40PM	Nataraja: Clear	Moon 1 - Phase 38 - 10
Until 8:15AM				Dashami Until 7:36AM	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Knoxville, TN
3		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 276
Vrischika Rasi: 16.1	Tithi 27	Gulika	11:29AM – 12:45PM	Anuradha Until 6:48AM	Ganesha: Yellow	Sunrise: 7:42AM
	871586576	Yama	8:58AM – 10:14AM	Vriddhi Until 4:11PM	Muruqa: Purple	Sunset: 5:47PM
Creative Work	Siddha Yoga	Rahu	12:45PM – 2:00PM	Kaulava Until 4:13PM	Nataraja: Clear	Moon 1 - Phase 38 - 11
				Dvadashi* Until 2:44AM Thu	Moon – Orange	2nd Phase
					Pausha*Thai	Sivaloka Day

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Knoxville, TN
4		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 277
Dhanus Rasi: 0.47	Tithi 28	Gulika	10:14AM – 11:29AM	Mula* Until 2:04AM Fri	Ganesha: Red	Sunrise: 7:42AM
	881586576	Yama	7:42AM – 8:58AM	Dhruva Until 12:26PM	Muruqa: Purple	Sunset: 5:48PM
Creative Work	Siddha Yoga	Rahu	2:01PM – 3:17PM	Gara Until 1:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 12
Until 2:04AM Fri				Trayodashi* Until 11:25PM	Moon – Light Blue	2nd Phase
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	Sivaloka Day
						<i>Pradosha Vrata (Fasting)</i>

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Knoxville, TN
5		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 278
Dhanus Rasi: 15.48	Tithi 29	Gulika	8:58AM – 10:13AM	Purvashadha* Until 11:06PM	Ganesha: Red	Sunrise: 7:42AM
	881586576	Yama	3:17PM – 4:33PM	Vyaghata* Until 8:20AM	Muruqa: Purple	Sunset: 5:49PM
Routine Work	Prabalarishta Yoga	Rahu	11:29AM – 12:45PM	Visti Until 9:38AM	Nataraja: Clear	Moon 1 - Phase 38 - 13
Until 11:06PM				Chaturdashi* Until 7:44PM	Moon – Light Blue	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Sivaloka Day

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Knoxville, TN
	Retreat Star	Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 279
Makara Rasi: 1.04	Tithi 30 – 1	Gulika	7:41AM – 8:57AM	Uttarashadha Until 7:51PM	Ganesha: Red	Sunrise: 7:41AM
	881586576	Yama	2:02PM – 3:18PM	Vajra* Until 11:34PM	Muruqa: Purple	Sunset: 5:50PM
Routine Work	Marana Yoga	Rahu	10:13AM – 11:30AM	Kintughna Until 1:57AM Sun	Nataraja: Clear	Moon 1 - Phase 38 - 14
Until 7:51PM				Amavasya* Until 3:53PM	Moon – Light Blue	Amavasya
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Knoxville, TN
Retreat Star		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 280
Makara Rasi: 16.23	Tithi 1 – 2	Gulika	3:19PM – 4:35PM	Shravana Until 4:53PM	Ganesha: Yellow	Sunrise: 7:41AM
	891586576	Yama	12:46PM – 2:02PM	Siddhi Until 7:11PM	Muruqa: Purple	Sunset: 5:51PM
Creative Work	Amrita Yoga	Rahu	4:35PM – 5:51PM	Balava Until 10:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 15
Until 4:53PM				Prathama* Until 12:01PM	Moon – Purple	Prathama
Then Routine Work - Marana Yoga					Magha*Thai	Sivaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Knoxville, TN
	Kumbha Rasi: 1.37	Tithi 2 - 3	Gulika 2:03PM - 3:19PM	Dhanishtha Until 2:00PM	Ganesha: Yellow	<i>Sunrise:</i> 7:40AM	Sun 16 Sutra 281
	Family Home Evening	891586576	Rahu 8:57AM - 10:13AM	Vyatipata* Until 3:01PM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Subhakrit 5124
	Creative Work Siddha Yoga			Taitila Until 6:36PM	Nataraja: Clear		Moon 1 - Phase 39 - 16 3rd Phase
			Dvitiya Until 8:19AM			Sivaloka Day	

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				Knoxville, TN
	Kumbha Rasi: 16.35	Tithi 4	Gulika 12:46PM - 2:03PM	Shatabhishak Until 11:24AM	Ganesha: Red	<i>Sunrise:</i> 7:40AM	Sun 17 Sutra 282
	Routine Work	991586576	Rahu 3:20PM - 4:37PM	Variyan Until 11:09AM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Subhakrit 5124
	Marana Yoga			Vanija Until 3:31PM	Nataraja: Clear		Moon 1 - Phase 39 - 17 3rd Phase
			Chaturthi* Until 2:09AM Wed			Sivaloka Day	

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Knoxville, TN
	Meena Rasi: 1.1	Tithi 5	Gulika 11:30AM - 12:47PM	Purvaproshtapada* Until 9:38AM	Ganesha: Blue	<i>Sunrise:</i> 7:39AM	Sun 18 Sutra 283
	Creative Work	911586576	Rahu 12:47PM - 2:04PM	Parigha* Until 7:46AM	Muruqa: Purple	<i>Sunset:</i> 5:54PM	Subhakrit 5124
	Amrita Yoga			Bava Until 1:01PM	Nataraja: Clear		Moon 1 - Phase 39 - 18 3rd Phase
			Panchami Until 12:01AM Thu			Subha Sivaloka Day	

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Knoxville, TN
	Meena Rasi: 15.15	Tithi 6	Gulika 10:13AM - 11:30AM	Uttaraproshtapada Until 8:26AM	Ganesha: Blue	<i>Sunrise:</i> 7:39AM	Sun 19 Sutra 284
	Creative Work	911586576	Rahu 2:04PM - 3:21PM	Siddha Until 2:48AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Subhakrit 5124
	Siddha Yoga			Kaulava Until 11:15AM	Nataraja: Clear		Moon 1 - Phase 39 - 19 3rd Phase
			Shashthi* Until 10:40PM			Subha Sivaloka Day	

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Knoxville, TN
	Meena Rasi: 28.5	Tithi 7	Gulika 8:55AM - 10:13AM	Revati Until 7:55AM	Ganesha: Blue	<i>Sunrise:</i> 7:38AM	Sun 20 Sutra 285
	Creative Work	911586576	Rahu 11:30AM - 12:47PM	Sadhya Until 1:20AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:56PM	Subhakrit 5124
	Siddha Yoga			Gara Until 10:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 20 3rd Phase
			Saptami Until 10:11PM			Subha Sivaloka Day	

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Knoxville, TN
	Retreat Star		Gulika 7:37AM - 8:55AM	Ashvini Until 8:32AM	Ganesha: White	<i>Sunrise:</i> 7:37AM	Sun 21 Sutra 286
	Mesha Rasi: 11.58	Tithi 8	Rahu 10:12AM - 11:30AM	Subha Until 12:31AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Subhakrit 5124
	Creative Work	921686576		Visti Until 10:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 21 Ashtami
			Ashtami* Until 10:34PM			Devaloka Day	

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Knoxville, TN
	Retreat Star		Gulika 3:23PM - 4:41PM	Bharani Until 9:48AM	Ganesha: Yellow	<i>Sunrise:</i> 7:37AM	Sun 22 Sutra 287
	Mesha Rasi: 24.4	Tithi 9	Rahu 4:41PM - 5:58PM	Sukla Until 12:16AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Subhakrit 5124
	Routine Work	922686576		Balava Until 11:04AM	Nataraja: Clear		Moon 1 - Phase 39 - 22 Navami
			Navami* Until 11:42PM			Sivaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Knoxville, TN Sun 23 Sutra 288 Subhakrit 5124	
1		Gulika 2:06PM – 3:24PM	Krittika Until 11:35AM	Ganesha: Yellow	<i>Sunrise:</i> 7:36AM
Vrishabha Rasi: 7.04	Tithi 10	Yama 11:30AM – 12:48PM	Brahma Until 12:28AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:59PM
Family Home Evening	922686576	Rahu 8:54AM – 10:12AM	Taitila Until 12:32PM	Nataraja: Clear	Moon 1 - Phase 40 - 23
Routine Work Marana Yoga			Dashami Until 1:27AM Tue	Moon – White	4th Phase
Until 11:35AM				Magha-Thai	Sivaloka Day
Then Creative Work - Amrita Yoga					

Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Knoxville, TN Sun 24 Sutra 289 Subhakrit 5124	
2		Gulika 12:48PM – 2:06PM	Rohini Until 2:11PM	Ganesha: White	<i>Sunrise:</i> 7:35AM
Vrishabha Rasi: 19.13	Tithi 11	Yama 10:12AM – 11:30AM	Indra Until 1:01AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:00PM
	932686576	Rahu 3:24PM – 4:42PM	Vanija Until 2:31PM	Nataraja: Clear	Moon 1 - Phase 40 - 24
Creative Work Amrita Yoga			Ekadashi Until 3:37AM Wed	Moon – Yellow	4th Phase
Until 2:11PM				Magha-Thai	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Knoxville, TN Sun 25 Sutra 290 Subhakrit 5124	
3		Gulika 11:30AM – 12:48PM	Mrigashira Until 4:56PM	Ganesha: White	<i>Sunrise:</i> 7:35AM
Mithuna Rasi: 1.13	Tithi 12	Yama 8:53AM – 10:12AM	Vaidhriti* Until 1:43AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:00PM
	932686576	Rahu 12:48PM – 2:06PM	Bava Until 4:50PM	Nataraja: Clear	Moon 1 - Phase 40 - 25
Creative Work Siddha Yoga			Dvadashi Until 6:02AM Thu	Moon – Yellow	4th Phase
				Magha-Thai	Subha Sivaloka Day

Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Knoxville, TN Sun 26 Sutra 291 Subhakrit 5124	
4		Gulika 10:11AM – 11:30AM	Ardra Until 7:40PM	Ganesha: White	<i>Sunrise:</i> 7:34AM
Mithuna Rasi: 13.08	Tithi 12 – 13	Yama 7:34AM – 8:53AM	Vishkambha* Until 2:32AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:02PM
	932686576	Rahu 2:06PM – 3:25PM	Kaulava Until 7:18PM	Nataraja: Clear	Moon 1 - Phase 40 - 26
Routine Work Marana Yoga			Dvadashi Until 6:02AM	Moon – Yellow	4th Phase
Until 7:40PM				Magha-Thai	Subha Sivaloka Day
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>

Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Knoxville, TN Sun 27 Sutra 292 Subhakrit 5124	
5		Gulika 8:52AM – 10:11AM	Punarvasu Until 10:47PM	Ganesha: Clear	<i>Sunrise:</i> 7:34AM
Mithuna Rasi: 25.01	Tithi 13 – 14	Yama 3:25PM – 4:44PM	Priti Until 3:22AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:03PM
	942686577	Rahu 11:30AM – 12:48PM	Gara Until 9:49PM	Nataraja: Orange	Moon 1 - Phase 40 - 27
Creative Work Siddha Yoga			Trayodashi Until 8:32AM	Moon – Blue	4th Phase
Until 10:47PM				Magha-Thai	Sivaloka Day
Then Routine Work - Marana Yoga					

Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Knoxville, TN Sun 28 Sutra 293 Subhakrit 5124	
○		Gulika 7:33AM – 8:52AM	Pushya Until 1:41AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:33AM
Copper Retreat Star		Yama 2:07PM – 3:26PM	Ayushman Until 4:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:04PM
Kataka Rasi: 6.54	Tithi 14 – 15	Rahu 10:11AM – 11:29AM	Visti Until 12:17AM Sun	Nataraja: Orange	Moon 1 - Phase 40 - Purnima
	942686577		Chaturdashi* Until 11:02AM	Moon – Blue	
Creative Work Siddha Yoga		Thai Pusam		Magha-Thai	Sivaloka Day

Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Knoxville, TN Sun 29 Sutra 294 Subhakrit 5124	
○		Gulika 3:26PM – 4:46PM	Ashlesha* Until 4:19AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:32AM
Silver Retreat Star		Yama 12:48PM – 2:07PM	Saubhagya Until 4:50AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:05PM
Kataka Rasi: 18.48	Tithi 15 – 16	Rahu 4:46PM – 6:05PM	Balava Until 2:39AM Mon	Nataraja: Orange	Moon 1 - Phase 40 - Prathama
	942686577		Purnima* Until 1:27PM	Moon – Blue	
Creative Work Siddha Yoga				Magha-Thai	Sivaloka Day
Until 4:19AM Mon					
Then Routine Work - Marana Yoga					



Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 0.44 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 7:10AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 2:08PM - 3:27PM

Yama 11:29AM - 12:48PM

Rahu 8:51AM - 10:10AM

Magha* Until 7:10AM Tue

Sobhana Until 5:27AM Tue

Taitila Until 4:54AM Tue

Prathama* Until 3:46PM

Ganesha: Purple Sunrise: 7:31AM

Muruqa: Purple Sunset: 6:06PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Knoxville, TN

Sutra 295

Subhakrit 5124

Moon 2 - Phase 41 -

1st Phase

Tuesday, February 7, 2023

1

Simha Rasi: 12.44 Tithi 17 - 18

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:49PM - 2:08PM

Yama 10:09AM - 11:29AM

Rahu 3:28PM - 4:47PM

Magha* Until 7:10AM

Athiganda* Until 5:54AM Wed

Vanija Until 6:57AM Wed

Dvitiya Until 5:55PM

Ganesha: Purple Sunrise: 7:30AM

Muruqa: Purple Sunset: 6:07PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Knoxville, TN

Sun 1 Sutra 296

Subhakrit 5124

Moon 2 - Phase 41 - 1

1st Phase

Wednesday, February 8, 2023

2

Simha Rasi: 24.48 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:29AM - 12:49PM

Yama 8:49AM - 10:09AM

Rahu 12:49PM - 2:08PM

Purvaphalguni Until 9:40AM

Sukarma Until 6:11AM Thu

Vanija Until 6:57AM

Tritiya Until 7:52PM

Ganesha: Purple Sunrise: 7:29AM

Muruqa: Purple Sunset: 6:08PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Knoxville, TN

Sun 2 Sutra 297

Subhakrit 5124

Moon 2 - Phase 41 - 2

1st Phase

Thursday, February 9, 2023

3

Kanya Rasi: 6.58 Tithi 19

952686577

Amrita Yoga

Until 11:45AM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 10:09AM - 11:29AM

Yama 7:29AM - 8:49AM

Rahu 2:09PM - 3:29PM

Uttaraphalguni Until 11:45AM

Sukarma Until 6:11AM

Bava Until 8:44AM

Chaturthi* Until 9:29PM

Ganesha: Purple Sunrise: 7:29AM

Muruqa: Purple Sunset: 6:09PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Knoxville, TN

Sun 3 Sutra 298

Subhakrit 5124

Moon 2 - Phase 41 - 3

1st Phase

Friday, February 10, 2023

4

Kanya Rasi: 19.17 Tithi 20

962686577

Creative Work Amrita Yoga

Until 1:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:48AM - 10:08AM

Yama 3:29PM - 4:49PM

Rahu 11:28AM - 12:49PM

Hasta Until 1:48PM

Dhriti Until 6:13AM

Kaulava Until 10:11AM

Panchami Until 10:42PM

Ganesha: Clear Sunrise: 7:28AM

Muruqa: Purple Sunset: 6:10PM

Nataraja: Orange

Moon - Green

Magha*Thai

Sivaloka Day

Knoxville, TN

Sun 4 Sutra 299

Subhakrit 5124

Moon 2 - Phase 41 - 4

1st Phase

Saturday, February 11, 2023

5

Tula Rasi: 1.47 Tithi 21

963686577

Routine Work Marana Yoga

Until 3:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthayam Titau

Gulika 7:27AM - 8:47AM

Yama 2:09PM - 3:30PM

Rahu 10:08AM - 11:28AM

Chitra Until 3:13PM

Ganda* Until 5:06AM Sun

Gara Until 11:08AM

Shashthi* Until 11:22PM

Ganesha: Purple Sunrise: 7:27AM

Muruqa: Purple Sunset: 6:11PM

Nataraja: Orange

Moon - Green

Magha*Thai

Devaloka Day

Knoxville, TN

Sun 5 Sutra 300

Subhakrit 5124

Moon 2 - Phase 41 - 5

1st Phase

Sunday, February 12, 2023

6

Tula Rasi: 14.34 Tithi 22

963686577

Creative Work Siddha Yoga

Until 3:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhni Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:30PM - 4:51PM

Yama 12:49PM - 2:09PM

Rahu 4:51PM - 6:12PM

Svati Until 3:52PM

Vridhni Until 3:49AM Mon

Visti Until 11:29AM

Saptami Until 11:22PM

Ganesha: Purple Sunrise: 7:26AM

Muruqa: Purple Sunset: 6:12PM

Nataraja: Orange

Moon - Green

Magha-Masi

Devaloka Day

Knoxville, TN

Sun 6 Sutra 301

Subhakrit 5124

Moon 2 - Phase 41 - 6

1st Phase

Monday, February 13, 2023

Retreat Star

Tula Rasi: 27.4 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 4:08PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 2:10PM - 3:31PM

Yama 11:28AM - 12:49PM

Rahu 8:46AM - 10:07AM

Vishakha Until 4:08PM

Dhruva Until 1:56AM Tue

Balava Until 11:07AM

Ashtami* Until 10:39PM

Ganesha: Clear Sunrise: 7:25AM

Muruqa: Purple Sunset: 6:13PM

Nataraja: Orange

Moon - Orange

Magha-Masi

Sivaloka Day

Knoxville, TN

Sun 7 Sutra 302

Subhakrit 5124

Moon 2 - Phase 41 - 7

Ashtami

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.1 Tithi 24

973686577

Creative Work Siddha Yoga

Until 3:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:49PM - 2:10PM

Yama 10:06AM - 11:27AM

Rahu 3:31PM - 4:53PM

Anuradha Until 3:32PM

Vyaghata* Until 11:29PM

Taitila Until 10:02AM

Navami* Until 9:11PM

Ganesha: Clear Sunrise: 7:24AM

Muruqa: Purple Sunset: 6:14PM

Nataraja: Orange

Moon - Orange

Magha-Masi

Sivaloka Day

Knoxville, TN

Sun 8 Sutra 303

Subhakrit 5124

Moon 2 - Phase 41 - 8

Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Knoxville, TN on 4/26/2


www.gurudeva.org/panchang

1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Knoxville, TN
	Vrischika Rasi: 25.07	Tithi 25	Gulika 11:27AM – 12:49PM	Jyeshtha* Until 2:05PM	Ganesha: Clear	<i>Sunrise:</i> 7:23AM	Sun 9
			Yama 8:44AM – 10:06AM	Harshana Until 8:29PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Subhakrit 5124
		973686577	Rahu 12:49PM – 2:10PM	Vanija Until 8:13AM	Nataraja: Orange		Moon 2 - Phase 42 - 9
Creative Work Siddha Yoga				Moon – Orange		2nd Phase	
Until 2:05PM				Dashami Until 7:02PM	Magha-Masi	Sivaloka Day	
Then Routine Work - Marana Yoga							

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN
	Dhanus Rasi: 9.29	Tithi 26 – 27	Gulika 10:05AM – 11:27AM	Mula* Until 12:18PM	Ganesha: White	<i>Sunrise:</i> 7:21AM	Sun 10
			Yama 7:21AM – 8:43AM	Vajra* Until 4:59PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Subhakrit 5124
		983686577	Rahu 2:10PM – 3:32PM	Kaulava Until 2:43AM Fri	Nataraja: Orange		Moon 2 - Phase 42 - 10
Creative Work Siddha Yoga				Moon – Light Blue		2nd Phase	
Until 2:05PM				Ekadashi* Until 4:16PM	Magha-Masi	Devaloka Day	
Then Routine Work - Marana Yoga							

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Knoxville, TN
	Dhanus Rasi: 24.14	Tithi 27 – 28	Gulika 8:42AM – 10:04AM	Purvashadha* Until 9:53AM	Ganesha: White	<i>Sunrise:</i> 7:20AM	Sun 11
			Yama 3:33PM – 4:55PM	Siddhi Until 1:08PM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Subhakrit 5124
		983686577	Rahu 11:27AM – 12:49PM	Gara Until 11:19PM	Nataraja: Orange		Moon 2 - Phase 42 - 11
Routine Work Prabalarishta Yoga				Moon – Light Blue		2nd Phase	
Until 9:53AM				Dvadashi* Until 1:02PM	Magha-Masi	Devaloka Day	
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam Uttarashadha/Shravana Nakshatra Vyatlipata*/Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN
	Makara Rasi: 9.17	Tithi 28 – 29	Gulika 7:19AM – 8:42AM	Uttarashadha Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 7:19AM	Sun 12
			Yama 2:11PM – 3:33PM	Vyatlipata* Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Subhakrit 5124
		983686577	Rahu 10:04AM – 11:26AM	Visti Until 7:40PM	Nataraja: Orange		Moon 2 - Phase 42 - 12
Routine Work Marana Yoga				Moon – Light Blue		2nd Phase	
Until 6:59AM				Trayodashi* Until 9:29AM	Magha-Masi	Devaloka Day	
Then Creative Work - Siddha Yoga							

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Knoxville, TN
	Retreat Star		Gulika 3:34PM – 4:56PM	Dhanishtha Until 1:16AM Mon	Ganesha: Green	<i>Sunrise:</i> 7:18AM	Sun 13
	Makara Rasi: 24.28	Tithi 30	Yama 12:48PM – 2:11PM	Parigha* Until 12:31AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Subhakrit 5124
		993686577	Rahu 4:56PM – 6:19PM	Catuspada Until 3:57PM	Nataraja: Orange		Moon 2 - Phase 42 - 13
Routine Work Marana Yoga				Moon – Purple		Amavasya	
Until 1:16AM Mon				Amavasya* Until 2:07AM Mon	Magha-Masi	Devaloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Knoxville, TN
	Retreat Star		Gulika 2:11PM – 3:34PM	Shatabhishak Until 10:23PM	Ganesha: Green	<i>Sunrise:</i> 7:17AM	Sun 14
	Kumbha Rasi: 9.38	Tithi 1	Yama 11:26AM – 12:48PM	Shiva Until 8:27PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Subhakrit 5124
		993686577	Rahu 8:40AM – 10:03AM	Kintughna Until 12:21PM	Nataraja: Orange		Moon 2 - Phase 42 - 14
Creative Work Siddha Yoga				Moon – Purple		Prathama	
Until 10:23PM				Prathama* Until 10:38PM	Phalgun-Masi	Devaloka Day	
Then Routine Work - Marana Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

all times are standard time. Calculated for Knoxville, TN on 4/26/2

www.gurudeva.org/panchang

1		Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Knoxville, TN Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 24.37	Tithi 2	Gulika	12:48PM – 2:11PM	Purvaproshtapada* Until 8:10PM	Ganesha: Red <i>Sunrise: 7:16AM</i>	Muruga: Purple <i>Sunset: 6:21PM</i>	Moon 2 - Phase 43 - 15 3rd Phase
Routine Work	Marana Yoga	Yama	10:02AM – 11:25AM	Siddha Until 4:38PM	Nataraja: Orange	Moon – Clear	Sivaloka Day
Until 8:10PM		913686577 Rahu	3:34PM – 4:58PM	Balava Until 9:02AM			
Then Creative Work - Amrita Yoga				Dvitiya Until 7:31PM	Phalguna-Masi		

2		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau			Knoxville, TN Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 9.17	Tithi 3 – 4	Gulika	11:25AM – 12:48PM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue <i>Sunrise: 7:15AM</i>	Muruga: Purple <i>Sunset: 6:22PM</i>	Moon 2 - Phase 43 - 16 3rd Phase
Creative Work	Siddha Yoga	Yama	8:38AM – 10:01AM	Sadhya Until 1:16PM	Nataraja: Orange	Moon – Clear	Subha Sivaloka Day
Until 6:21PM		913786577 Rahu	12:48PM – 2:12PM	Taitila Until 6:11AM			
Then Routine Work - Marana Yoga				Tritiya Until 4:57PM	Phalguna-Masi		

3		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Knoxville, TN Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 23.3	Tithi 4 – 5	Gulika	10:01AM – 11:24AM	Revati Until 5:05PM	Ganesha: Blue <i>Sunrise: 7:13AM</i>	Muruga: Purple <i>Sunset: 6:23PM</i>	Moon 2 - Phase 43 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama	7:13AM – 8:37AM	Subha Until 10:27AM	Nataraja: Orange	Moon – Clear	Subha Sivaloka Day
Until 5:05PM		913786577 Rahu	2:12PM – 3:35PM	Bava Until 2:28AM Fri			
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day		Chaturthi* Until 3:05PM	Phalguna-Masi		

4		Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Knoxville, TN Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 7.14	Tithi 5 – 6	Gulika	8:36AM – 10:00AM	Ashvini Until 4:55PM	Ganesha: Yellow <i>Sunrise: 7:12AM</i>	Muruga: Purple <i>Sunset: 6:23PM</i>	Moon 2 - Phase 43 - 18 3rd Phase
Creative Work	Amrita Yoga	Yama	3:36PM – 5:00PM	Sukla Until 8:15AM	Nataraja: Orange	Moon – White	Sivaloka Day
Until 4:55PM		923786577 Rahu	11:24AM – 12:48PM	Kaulava Until 1:51AM Sat			
Then Creative Work - Siddha Yoga				Panchami Until 2:02PM	Phalguna-Masi		

5		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Knoxville, TN Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 20.29	Tithi 6 – 7	Gulika	7:11AM – 8:35AM	Bharani Until 5:27PM	Ganesha: Blue <i>Sunrise: 7:11AM</i>	Muruga: Purple <i>Sunset: 6:24PM</i>	Moon 2 - Phase 43 - 19 3rd Phase
Creative Work	Siddha Yoga	Yama	2:12PM – 3:36PM	Brahma Until 6:44AM	Nataraja: Orange	Moon – White	Devaloka Day
Until 5:27PM		924786577 Rahu	9:59AM – 11:24AM	Gara Until 2:05AM Sun			
Then Creative Work - Amrita Yoga				Shashthi* Until 1:50PM	Phalguna-Masi		

Retreat Star		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Knoxville, TN Sun 20 Sutra 315 Subhakrit 5124
Vrishabha Rasi: 3.18	Tithi 7 – 8	Gulika	3:36PM – 5:01PM	Krittika Until 6:39PM	Ganesha: Blue <i>Sunrise: 7:10AM</i>	Muruga: Purple <i>Sunset: 6:25PM</i>	Moon 2 - Phase 43 - 20 Ashtami
Creative Work	Siddha Yoga	Yama	12:48PM – 2:12PM	Vaidhriti* Until 5:41AM Mon	Nataraja: Orange	Moon – White	Devaloka Day
		924786577 Rahu	5:01PM – 6:25PM	Visti Until 3:09AM Mon			
				Saptami Until 2:30PM	Phalguna-Masi		

Retreat Star		Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Knoxville, TN Sun 21 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 15.46	Tithi 8 – 9	Gulika	2:12PM – 3:37PM	Rohini Until 8:51PM	Ganesha: Yellow <i>Sunrise: 7:09AM</i>	Muruga: Purple <i>Sunset: 6:26PM</i>	Moon 2 - Phase 43 - 21 Navami
Family Home Evening		Yama	11:23AM – 12:47PM	Vishkambha* Until 5:57AM Tue	Nataraja: Orange	Moon – Yellow	Sivaloka Day
Creative Work	Amrita Yoga	934786577 Rahu	8:33AM – 9:58AM	Balava Until 4:52AM Tue			
				Ashtami* Until 3:55PM	Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				Knoxville, TN
	Mithuna Rasi: 27.56 Tithi 9 – 10		Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 317
	934786577	Gulika	12:47PM – 2:12PM	Mrigashira Until 11:24PM	Ganesha: Yellow	<i>Sunrise:</i> 7:07AM	Subhakrit 5124
		Yama	9:57AM – 11:22AM	Priti Until 6:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 44 - 22
Creative Work Siddha Yoga		Rahu	3:37PM – 5:02PM	Taitila Until 7:04AM Wed	Nataraja: Orange	4th Phase	
Until 11:24PM		Navami* Until 5:54PM				Phalguna-Masi	Sivaloka Day
Then Routine Work - Marana Yoga							


2	Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Knoxville, TN
	Mithuna Rasi: 9.56 Tithi 10		Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 318
	934786577	Gulika	11:21AM – 12:47PM	Ardra Until 2:06AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:05AM	Subhakrit 5124
		Yama	8:30AM – 9:56AM	Priti Until 6:34AM	Muruqa: Purple	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 44 - 23
Creative Work Siddha Yoga		Rahu	12:47PM – 2:12PM	Taitila Until 7:04AM	Nataraja: Orange	4th Phase	
Until 2:06AM Thu		Dashami Until 8:15PM				Phalguna-Masi	Sivaloka Day
Then Creative Work - Amrita Yoga							


3	Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Knoxville, TN
	Mithuna Rasi: 21.5 Tithi 11		Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 319
	944786577	Gulika	9:55AM – 11:21AM	Punarvasu Until 5:14AM Fri	Ganesha: White	<i>Sunrise:</i> 7:03AM	Subhakrit 5124
		Yama	7:03AM – 8:29AM	Ayushman Until 7:22AM	Muruqa: Purple	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 44 - 24
Creative Work Amrita Yoga		Rahu	2:13PM – 3:38PM	Vanija Until 9:31AM	Nataraja: Orange	4th Phase	
Until 5:14AM Fri		Ekadashi Until 10:45PM				Phalguna-Masi	Devaloka Day
Then Routine Work - Marana Yoga							

4	Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				Knoxville, TN
	Kataka Rasi: 3.42 Tithi 12		Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 320
	944786577	Gulika	8:28AM – 9:54AM	Pushya Until 8:10AM Sat	Ganesha: White	<i>Sunrise:</i> 7:02AM	Subhakrit 5124
		Yama	3:39PM – 5:05PM	Saubhagya Until 8:14AM	Muruqa: Purple	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 44 - 25
Routine Work Marana Yoga		Rahu	11:20AM – 12:46PM	Bava Until 12:02PM	Nataraja: Orange	4th Phase	
		Dvadashi Until 1:15AM Sat				Phalguna-Masi	Devaloka Day

5	Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam				Knoxville, TN
	Kataka Rasi: 15.35 Tithi 13		Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 321
	944786577	Gulika	7:01AM – 8:27AM	Pushya Until 8:10AM	Ganesha: White	<i>Sunrise:</i> 7:01AM	Subhakrit 5124
		Yama	2:13PM – 3:39PM	Sobhana Until 9:05AM	Muruqa: Purple	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 44 - 26
Creative Work Siddha Yoga		Rahu	9:54AM – 11:20AM	Kaulava Until 2:28PM	Nataraja: Orange	4th Phase	
Until 8:10AM		Trayodashi Until 3:37AM Sun				Phalguna-Masi	Devaloka Day
Then Routine Work - Marana Yoga		<i>Pradosha Vrata</i>					

6	Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Knoxville, TN
	Kataka Rasi: 27.31 Tithi 14		Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 322
	144786577	Gulika	3:39PM – 5:06PM	Ashlesha* Until 10:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:59AM	Subhakrit 5124
		Yama	12:46PM – 2:13PM	Athiganda* Until 9:47AM	Muruqa: Purple	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 44 - 27
Creative Work Siddha Yoga		Rahu	5:06PM – 6:33PM	Gara Until 4:44PM	Nataraja: Orange	4th Phase	
Until 10:47AM		Chaturdashi* Until 5:45AM Mon				Phalguna-Masi	Devaloka Day
Then Routine Work - Marana Yoga		Chidambaram Abhishekam					

	Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Knoxville, TN
	Copper Retreat Star		Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau				Sutra 323
	Simha Rasi: 9.32 Tithi 15						Subhakrit 5124
	154786577	Gulika	2:13PM – 3:40PM	Magha* Until 1:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:58AM	Subhakrit 5124
Yama		11:19AM – 12:46PM	Sukarma Until 10:19AM	Muruqa: Purple	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 44 -	
Family Home Evening		Rahu	8:25AM – 9:52AM	Visti Until 6:45PM	Nataraja: Orange	Purnima	
Routine Work Marana Yoga		Holi				Phalguna-Masi	Sivaloka Day
Until 1:31PM							
Then Creative Work - Siddha Yoga							

	Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Knoxville, TN
	Silver Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 324
	Simha Rasi: 21.4 Tithi 15 – 16						Subhakrit 5124
	154786577	Gulika	12:46PM – 2:13PM	Purvaphalguni Until 3:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:57AM	Subhakrit 5124
Yama		9:51AM – 11:18AM	Dhriti Until 10:40AM	Muruqa: Purple	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 44 -	
Creative Work Siddha Yoga		Rahu	3:40PM – 5:07PM	Balava Until 8:28PM	Nataraja: Orange	Prathama	
Until 3:48PM		Purnima* Until 7:38AM				Phalguna-Masi	Sivaloka Day
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Knoxville, TN

Sutra 325

Subhakrit 5124

Kanya Rasi: 3.55 Tithi 16 - 17

154786577

Gulika 11:18AM - 12:45PM
Yama 8:23AM - 9:50AM
Rahu 12:45PM - 2:13PM

Uttaraphalguni Until 5:37PM

Shula* Until 10:44AM

Taitila Until 9:52PM

Prathama* Until 9:11AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Red
Phalgun-Masi

Sunrise: 6:55AM

Sunset: 6:35PM

Moon 3 - Phase 45 -

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 5:37PM

Then Routine Work - Marana Yoga

1 Thursday, March 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Knoxville, TN

Sutra 326

Subhakrit 5124

Kanya Rasi: 16.19 Tithi 17 - 18

164786577

Gulika 9:50AM - 11:17AM
Yama 6:54AM - 8:22AM
Rahu 2:13PM - 3:41PM

Hasta Until 7:25PM

Ganda* Until 10:34AM

Vanija Until 10:53PM

Dvitiya Until 10:24AM

Ganesha: White

Muruqa: Purple

Nataraja: Orange

Moon - Green
Phalgun-Masi

Sunrise: 6:54AM

Sunset: 6:36PM

Moon 3 - Phase 45 - 1

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

2 Friday, March 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Knoxville, TN

Sutra 327

Subhakrit 5124

Kanya Rasi: 28.53 Tithi 18 - 19

165786577

Gulika 8:21AM - 9:49AM
Yama 3:41PM - 5:09PM
Rahu 11:17AM - 12:45PM

Chitra Until 8:40PM

Vridhhi Until 10:07AM

Bava Until 11:30PM

Tritiya Until 11:13AM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Orange

Moon - Green
Phalgun-Masi

Sunrise: 6:53AM

Sunset: 6:37PM

Moon 3 - Phase 45 - 2

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

3 Saturday, March 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN

Sutra 328

Subhakrit 5124

Tula Rasi: 11.38 Tithi 19 - 20

165786577

Gulika 6:51AM - 8:20AM
Yama 2:13PM - 3:41PM
Rahu 9:48AM - 11:16AM

Svati Until 9:21PM

Dhruva Until 9:19AM

Kaulava Until 11:41PM

Chaturthi* Until 11:38AM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Orange

Moon - Green
Phalgun-Masi

Sunrise: 6:51AM

Sunset: 6:38PM

Moon 3 - Phase 45 - 3

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

4 Sunday, March 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

Knoxville, TN

Sutra 329

Subhakrit 5124

Tula Rasi: 24.37 Tithi 20 - 21

175786577

Gulika 3:42PM - 5:10PM
Yama 12:44PM - 2:13PM
Rahu 5:10PM - 6:39PM

Vishakha Until 9:52PM

Vyaghata* Until 8:11AM

Gara Until 11:23PM

Panchami Until 11:34AM

Ganesha: Blue

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Phalgun-Masi

Sunrise: 6:50AM

Sunset: 6:39PM

Moon 3 - Phase 45 - 4

1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

5 Monday, March 13, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Knoxville, TN

Sutra 330

Subhakrit 5124

Vrischika Rasi: 7.5 Tithi 21 - 22

175786577

Gulika 2:13PM - 3:42PM
Yama 11:15AM - 12:44PM
Rahu 8:17AM - 9:46AM

Anuradha Until 9:44PM

Harshana Until 6:40AM

Visti Until 10:33PM

Shashthi* Until 11:01AM

Ganesha: Blue

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Phalgun-Masi

Sunrise: 6:48AM

Sunset: 6:40PM

Moon 3 - Phase 45 - 5

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Retreat Star Tuesday, March 14, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Knoxville, TN

Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.2 Tithi 22 - 23

175786577

Gulika 12:44PM - 2:13PM
Yama 9:45AM - 11:15AM
Rahu 3:42PM - 5:11PM

Jyeshtha* Until 8:56PM

Siddhi Until 2:22AM Wed

Balava Until 9:12PM

Saptami Until 9:56AM

Ganesha: Blue

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Phalgun-Panguni

Sunrise: 6:47AM

Sunset: 6:40PM

Moon 3 - Phase 45 - 6

Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga

Until 8:56PM

Then Creative Work - Amrita Yoga

Retreat Star Wednesday, March 15, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Knoxville, TN

Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.1 Tithi 23 - 24

185786578

Gulika 11:14AM - 12:43PM
Yama 8:15AM - 9:45AM
Rahu 12:43PM - 2:13PM

Mula* Until 7:55PM

Vyatipata* Until 11:37PM

Taitila Until 7:20PM

Ashtami* Until 8:19AM

Ganesha: Red

Muruqa: Purple

Nataraja: Clear

Moon - Light Blue
Phalgun-Panguni

Sunrise: 6:46AM

Sunset: 6:41PM

Moon 3 - Phase 45 - 7

Navami

Sivaloka Day

Routine Work Marana Yoga

Until 7:55PM

Then Creative Work - Amrita Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Knoxville, TN on 4/26/2

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1	Thursday, March 16, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyyan Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Knoxville, TN Sun 8 Sutra 333 Subhakrit 5124
	Dhanus Rasi: 19.18	Tithi 24 – 25	Gulika 9:44AM – 11:13AM	Purvashadha* Until 6:17PM	Ganesha: Red <i>Sunrise: 6:44AM</i>	
			Yama 6:44AM – 8:14AM	Variyan Until 8:28PM	Muruqa: Purple <i>Sunset: 6:42PM</i>	Moon 3 - Phase 46 - 8
		185786578	Rahu 2:13PM – 3:43PM	Visti Until 3:39AM Fri	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga				Moon – Light Blue	Sivaloka Day	
Until 6:17PM				Phalguna-Panguni		
Then Routine Work - Marana Yoga						

2	Friday, March 17, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Knoxville, TN Sun 9 Sutra 334 Subhakrit 5124
	Makara Rasi: 3.44	Tithi 26	Gulika 8:13AM – 9:43AM	Uttarashadha Until 4:08PM	Ganesha: Red <i>Sunrise: 6:43AM</i>	
			Yama 3:43PM – 5:13PM	Parigha* Until 5:02PM	Muruqa: Purple <i>Sunset: 6:43PM</i>	Moon 3 - Phase 46 - 9
		185786578	Rahu 11:13AM – 12:43PM	Bava Until 2:16PM	Nataraja: Clear	2nd Phase
Routine Work Marana Yoga				Moon – Light Blue	Sivaloka Day	
				Phalguna-Panguni		

3	Saturday, March 18, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Knoxville, TN Sun 10 Sutra 335 Subhakrit 5124
	Makara Rasi: 18.24	Tithi 27	Gulika 6:41AM – 8:12AM	Shravana Until 1:59PM	Ganesha: Green <i>Sunrise: 6:41AM</i>	
			Yama 2:13PM – 3:43PM	Shiva Until 1:23PM	Muruqa: Purple <i>Sunset: 6:44PM</i>	Moon 3 - Phase 46 - 10
		195786578	Rahu 9:42AM – 11:12AM	Kaulava Until 11:15AM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga				Moon – Purple	Subha Sivaloka Day	
				Phalguna-Panguni		

4	Sunday, March 19, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Knoxville, TN Sun 11 Sutra 336 Subhakrit 5124
	Kumbha Rasi: 3.13	Tithi 28	Gulika 3:44PM – 5:14PM	Dhanishtha Until 11:34AM	Ganesha: Green <i>Sunrise: 6:40AM</i>	
			Yama 12:42PM – 2:13PM	Siddha Until 9:35AM	Muruqa: Clear <i>Sunset: 6:45PM</i>	Moon 3 - Phase 46 - 11
		196896578	Rahu 5:14PM – 6:45PM	Gara Until 8:04AM	Nataraja: Clear	2nd Phase
Routine Work Marana Yoga				Moon – Purple	Sivaloka Day	
Until 11:34AM				Phalguna-Panguni		
Then Creative Work - Siddha Yoga						

5	Monday, March 20, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Knoxville, TN Sun 12 Sutra 337 Subhakrit 5124
	Kumbha Rasi: 18.02	Tithi 29 – 30	Gulika 2:13PM – 3:44PM	Shatabhishak Until 9:01AM	Ganesha: Green <i>Sunrise: 6:39AM</i>	
	Family Home Evening		Yama 11:11AM – 12:42PM	Subha Until 2:11AM Tue	Muruqa: Clear <i>Sunset: 6:46PM</i>	Moon 3 - Phase 46 - 12
		196896578	Rahu 8:09AM – 9:40AM	Catuspada Until 1:50AM Tue	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga				Moon – Purple	Sivaloka Day	
Until 9:01AM				Phalguna-Panguni	Tour Day	
Then Routine Work - Marana Yoga						

●	Tuesday, March 21, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Knoxville, TN Sun 13 Sutra 338 Subhakrit 5124
	Retreat Star		Gulika 12:42PM – 2:13PM	Purvaproshtapada* Until 6:55AM	Ganesha: Orange <i>Sunrise: 6:37AM</i>	
	Meena Rasi: 2.46	Tithi 30 – 1	Yama 9:39AM – 11:11AM	Sukla Until 10:45PM	Muruqa: Clear <i>Sunset: 6:46PM</i>	Moon 3 - Phase 46 - 13
		116896578	Rahu 3:44PM – 5:15PM	Kintughna Until 11:06PM	Nataraja: Clear	Amavasya
Routine Work Marana Yoga				Moon – Clear	Devaloka Day	
Until 6:55AM				Phalguna-Panguni		
Then Creative Work - Amrita Yoga						

●	Wednesday, March 22, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 14 Sutra 339 Subhakrit 5124
	Retreat Star		Gulika 11:10AM – 12:41PM	Revati Until 3:28AM Thu	Ganesha: Orange <i>Sunrise: 6:36AM</i>	
	Meena Rasi: 17.14	Tithi 1 – 2	Yama 8:07AM – 9:39AM	Brahma Until 7:43PM	Muruqa: Clear <i>Sunset: 6:47PM</i>	Moon 3 - Phase 46 - 14
		116896578	Rahu 12:41PM – 2:13PM	Balava Until 8:48PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga				Moon – Clear	Devaloka Day	
Until 3:28AM Thu				Chaitra-Panguni		
Then Creative Work - Amrita Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Knoxville, TN Sun 15 Sutra 340 Subhakrit 5124
Mesha Rasi: 1.22	Tithi 2 – 3	Gulika 9:38AM – 11:09AM	Ashvini Until 2:50AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	
		Yama 6:34AM – 8:06AM	Indra Until 5:11PM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 47 - 15
		126896578 Rahu 2:13PM – 3:45PM	Taitila Until 7:06PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 7:51AM	Moon – White		Devaloka Day
Until 2:50AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Knoxville, TN Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 15.06	Tithi 3 – 4	Gulika 8:05AM – 9:37AM	Bharani Until 2:48AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	
		Yama 3:45PM – 5:17PM	Vaidhriti* Until 3:10PM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 11:09AM – 12:41PM	Vanija Until 6:07PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 6:30AM	Moon – White		Devaloka Day
Until 2:48AM Sat				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Knoxville, TN Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 28.25	Tithi 5	Gulika 6:31AM – 8:04AM	Krittika Until 3:22AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	
		Yama 2:13PM – 3:45PM	Vishkambha* Until 1:48PM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 9:36AM – 11:08AM	Bava Until 5:55PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Panchami Until 6:05AM Sun	Moon – White		Devaloka Day
Until 3:22AM Sun				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Knoxville, TN Sun 18 Sutra 343 Subhakrit 5124
Vrishabha Rasi: 11.18	Tithi 5 – 6	Gulika 3:45PM – 5:18PM	Rohini Until 4:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	
		Yama 12:40PM – 2:13PM	Priti Until 1:03PM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47 - 18
		137896578 Rahu 5:18PM – 6:51PM	Kaulava Until 6:30PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 6:05AM	Moon – Yellow		Devaloka Day
Until 4:59AM Mon				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Knoxville, TN Sun 19 Sutra 344 Subhakrit 5124
Vrishabha Rasi: 23.5	Tithi 6 – 7	Gulika 2:13PM – 3:46PM	Mrigashira Until 7:05AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	
Family Home Evening		Yama 11:07AM – 12:40PM	Ayushman Until 12:50PM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 8:01AM – 9:34AM	Gara Until 7:47PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 7:02AM	Moon – Yellow		Devaloka Day
Until 7:05AM Tue				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau		Knoxville, TN Sun 20 Sutra 345 Subhakrit 5124
Mithuna Rasi: 6.06	Tithi 7 – 8	Gulika 12:40PM – 2:13PM	Mrigashira Until 7:05AM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	
		Yama 9:33AM – 11:07AM	Saubhagya Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 3:46PM – 5:19PM	Vishti Until 9:39PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 8:38AM	Moon – Yellow		Devaloka Day
Until 7:05AM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Knoxville, TN Sun 21 Sutra 346 Subhakrit 5124
Mithuna Rasi: 18.1	Tithi 8 – 9	Gulika 11:06AM – 12:39PM	Ardra Until 9:30AM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	
		Yama 7:59AM – 9:33AM	Sobhana Until 1:45PM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:39PM – 2:13PM	Balava Until 11:53PM	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Ashtami* Until 10:42AM	Moon – Yellow		Devaloka Day
		Sri Rama Navami		Chaitra•Panguni		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Knoxville, TN Sun 22 Sutra 347 Subhakrit 5124	
Kataka Rasi: 0.06	Tithi 9 – 10	Gulika 9:32AM – 11:05AM	Punarvasu Until 12:30PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	Moon 3 - Phase 48 - 22	
		Yama 6:24AM – 7:58AM	Athiganda* Until 2:32PM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	4th Phase	
147896578	Rahu 2:13PM – 3:46PM		Taitila Until 2:17AM Fri	Nataraja: Clear		Bhuloka Day	
Creative Work	Amrita Yoga		Navami* Until 1:03PM	Moon – Blue		Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Knoxville, TN Sun 23 Sutra 348 Subhakrit 5124	
Kataka Rasi: 11.59	Tithi 10 – 11	Gulika 7:57AM – 9:31AM	Pushya Until 3:26PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	Moon 3 - Phase 48 - 23	
		Yama 3:47PM – 5:21PM	Sukarma Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	4th Phase	
147896578	Rahu 11:05AM – 12:39PM		Vanija Until 4:41AM Sat	Nataraja: Clear		Bhuloka Day	
Routine Work	Marana Yoga		Dashami Until 3:29PM	Moon – Blue		Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Knoxville, TN Sun 24 Sutra 349 Subhakrit 5124	
Kataka Rasi: 23.53	Tithi 11 – 12	Gulika 6:23AM – 7:57AM	Ashlesha* Until 6:05PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	Moon 3 - Phase 48 - 24	
		Yama 2:13PM – 3:47PM	Dhriti Until 4:11PM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	4th Phase	
147896578	Rahu 9:31AM – 11:05AM		Bava Until 6:54AM Sun	Nataraja: Clear		Bhuloka Day	
Routine Work	Marana Yoga		Ekadashi Until 5:48PM	Moon – Blue		Devaloka Time: 3:PM to 6:PM	
Until 6:05PM		Yogaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Knoxville, TN Sun 25 Sutra 350 Subhakrit 5124	
Simha Rasi: 5.52	Tithi 12	Gulika 3:47PM – 5:21PM	Magha* Until 8:50PM	Ganesha: Red	<i>Sunrise:</i> 6:21AM	Moon 3 - Phase 48 - 25	
		Yama 12:38PM – 2:13PM	Shula* Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	4th Phase	
158896578	Rahu 5:21PM – 6:55PM		Bava Until 6:54AM	Nataraja: Clear		Devaloka Day	
Routine Work	Marana Yoga		Dvadashi Until 7:52PM	Moon – Red		Chaitra•Panguni	
Until 8:50PM							
Then Creative Work - Siddha Yoga							

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Knoxville, TN Sun 26 Sutra 351 Subhakrit 5124	
Simha Rasi: 17.58	Tithi 13	Gulika 2:13PM – 3:47PM	Purvaphalguni Until 11:04PM	Ganesha: Red	<i>Sunrise:</i> 6:20AM	Moon 3 - Phase 48 - 26	
Family Home Evening		Yama 11:04AM – 12:38PM	Ganda* Until 5:06PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	4th Phase	
158896578	Rahu 7:55AM – 9:29AM		Kaulava Until 8:48AM	Nataraja: Clear		Devaloka Day	
Creative Work	Siddha Yoga		Trayodashi Until 9:34PM	Moon – Red		Chaitra•Panguni	

Pradosha Vrata

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Knoxville, TN Sun 27 Sutra 352 Subhakrit 5124	
Kanya Rasi: 0.13	Tithi 14	Gulika 12:38PM – 2:13PM	Uttaraphalguni Until 12:42AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:19AM	Moon 3 - Phase 48 - 27	
		Yama 9:28AM – 11:03AM	Vridhhi Until 5:07PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	4th Phase	
158896578	Rahu 3:47PM – 5:22PM		Gara Until 10:17AM	Nataraja: Clear		Devaloka Day	
Creative Work	Amrita Yoga		Chaturdashi* Until 10:50PM	Moon – Red		Chaitra•Panguni	
Until 12:42AM Wed							
Then Routine Work - Marana Yoga							

○		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Knoxville, TN Sutra 353 Subhakrit 5124	
Copper Retreat Star		Gulika 11:02AM – 12:38PM	Hasta Until 2:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:17AM	Moon 3 - Phase 48 -	
Kanya Rasi: 12.4	Tithi 15	Yama 7:52AM – 9:27AM	Dhruva Until 4:44PM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Purnima	
168896578	Rahu 12:38PM – 2:13PM		Visti Until 11:17AM	Nataraja: Clear		Bhuloka Day	
Routine Work	Marana Yoga		Purnima* Until 11:36PM	Moon – Green		Devaloka Time: 3:PM to 6:PM	
Until 2:11AM Thu		Panguni Uttiram		Chaitra•Panguni			
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

○		Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Knoxville, TN Sutra 354 Subhakrit 5124	
Silver Retreat Star		Gulika 9:27AM – 11:02AM	Chitra Until 3:03AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	Moon 3 - Phase 48 -	
Kanya Rasi: 25.21	Tithi 16	Yama 6:16AM – 7:51AM	Vyaghata* Until 4:00PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Prathama	
168896578	Rahu 2:13PM – 3:48PM		Balava Until 11:49AM	Nataraja: Clear		Bhuloka Day	
Creative Work	Siddha Yoga		Prathama* Until 11:52PM	Moon – Green		Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.15 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:50AM – 9:26AM
Yama 3:48PM – 5:24PM
168896578 **Rahu** 11:01AM – 12:37PM

Svati Until 3:18AM Sat
Harshana Until 2:54PM
Taitila Until 11:51AM
Dvitiya Until 11:41PM

Ganesha: Blue *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 7:00PM
Nataraja: Clear
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Knoxville, TN
Sun 1 Sutra 355
Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

1

Saturday, April 8, 2023

Tula Rasi: 21.23 Tithi 18
Creative Work Siddha Yoga
Until 3:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:13AM – 7:49AM
Yama 2:13PM – 3:49PM
179896578 **Rahu** 9:25AM – 11:01AM

Vishakha Until 3:28AM Sun
Vajra* Until 1:26PM
Vanija Until 11:27AM
Tritiya Until 11:05PM

Ganesha: Red *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 7:00PM
Nataraja: Clear
Moon – Orange

Devaloka Day

Knoxville, TN
Sun 2 Sutra 356
Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

2

Sunday, April 9, 2023

Virschika Rasi: 4.44 Tithi 19
Routine Work Marana Yoga
Until 3:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:49PM – 5:25PM
Yama 12:36PM – 2:13PM
179896578 **Rahu** 5:25PM – 7:01PM

Anuradha Until 3:07AM Mon
Siddhi Until 11:40AM
Bava Until 10:40AM
Chaturthi* Until 10:06PM

Ganesha: Red *Sunrise:* 6:12AM
Muruqa: Clear *Sunset:* 7:01PM
Nataraja: Clear
Moon – Orange

Devaloka Day

Knoxville, TN
Sun 3 Sutra 357
Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

3

Monday, April 10, 2023

Virschika Rasi: 18.18 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 2:13PM – 3:49PM
Yama 11:00AM – 12:36PM
179896578 **Rahu** 7:47AM – 9:23AM

Jyeshtha* Until 2:17AM Tue
Vyatipata* Until 9:38AM
Kaulava Until 9:30AM
Panchami Until 8:47PM

Ganesha: Red *Sunrise:* 6:10AM
Muruqa: Clear *Sunset:* 7:02PM
Nataraja: Clear
Moon – Orange

Devaloka Day

Knoxville, TN
Sun 4 Sutra 358
Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.02 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:36PM – 2:13PM
Yama 9:22AM – 10:59AM
189896578 **Rahu** 3:49PM – 5:26PM

Mula* Until 1:28AM Wed
Variyan Until 7:19AM
Gara Until 8:02AM
Shashthi* Until 7:10PM

Ganesha: Green *Sunrise:* 6:09AM
Muruqa: Clear *Sunset:* 7:03PM
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Knoxville, TN
Sun 5 Sutra 359
Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

5

Wednesday, April 12, 2023

Dhanus Rasi: 15.58 Tithi 22 – 23
Creative Work Amrita Yoga
Until 12:14AM Thu
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:59AM – 12:36PM
Yama 7:45AM – 9:22AM
189896578 **Rahu** 12:36PM – 2:13PM

Purvashadha* Until 12:14AM Thu
Shiva Until 2:04AM Thu
Visti Until 6:16AM
Saptami Until 5:16PM

Ganesha: Green *Sunrise:* 6:08AM
Muruqa: Clear *Sunset:* 7:04PM
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Knoxville, TN
Sun 6 Sutra 360
Subhakrit 5124
Moon 4 - Phase 49 - 6
1st Phase

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.03 Tithi 23 – 24
Routine Work Marana Yoga
Until 10:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:21AM – 10:58AM
Yama 6:06AM – 7:43AM
189996578 **Rahu** 2:13PM – 3:50PM

Uttarashadha Until 10:39PM
Siddha Until 11:08PM
Taitila Until 2:01AM Fri
Ashtami* Until 3:09PM

Ganesha: White *Sunrise:* 6:06AM
Muruqa: Clear *Sunset:* 7:04PM
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Knoxville, TN
Sun 7 Sutra 361
Subhakrit 5124
Moon 4 - Phase 49 - 7
Ashtami

Friday, April 14, 2023

Retreat Star

Makara Rasi: 14.16 Tithi 24 – 25
Routine Work Marana Yoga
Until 9:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:42AM – 9:20AM
Yama 3:50PM – 5:28PM
299996578 **Rahu** 10:57AM – 12:35PM

Shravana Until 9:10PM
Sadhya Until 8:05PM
Vanija Until 11:38PM
Navami* Until 12:49PM

Ganesha: White *Sunrise:* 6:05AM
Muruqa: Clear *Sunset:* 7:05PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Knoxville, TN
Sun 8 Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 8
Navami

Tamil New Year


Chaitra*Chaitra

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Knoxville, TN
	Makara Rasi: 28.36	Tithi 25 – 26	Gulika 6:04AM – 7:41AM	Dhanishtha Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 6:04AM	Sun 9 Sutra 363
		299996578	Rahu 9:19AM – 10:57AM	Subha Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 7:06PM	Sobhana 5125
				Bava Until 9:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9
				Dashami Until 10:22AM	Moon – Purple		2nd Phase
					Chaitra+Chaitra	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Knoxville, TN
	Kumbha Rasi: 12.59	Tithi 26 – 27	Gulika 3:51PM – 5:29PM	Shatabhishak Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	Sun 10 Sutra 364
		291996578	Rahu 5:29PM – 7:07PM	Sukla Until 1:46PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Sobhana 5125
				Kaulava Until 6:37PM	Nataraja: Clear		Moon 4 - Phase 1 - 10
				Ekadashi* Until 7:51AM	Moon – Purple		2nd Phase
					Chaitra+Chaitra	Devaloka Day	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Knoxville, TN
	Kumbha Rasi: 27.21	Tithi 28	Gulika 2:13PM – 3:51PM	Purvaproshtapada* Until 4:01PM	Ganesha: Orange	<i>Sunrise:</i> 6:01AM	Sun 11 Sutra 1
Family Home Evening		211996578	Rahu 7:39AM – 9:18AM	Brahma Until 10:39AM	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Sobhana 5125
				Gara Until 4:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 11
				Trayodashi* Until 3:01AM Tue	Moon – Clear		2nd Phase
					Chaitra+Chaitra	Devaloka Day	
					<i>Pradosha Vrata (Fasting)</i>		

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Knoxville, TN
	Meena Rasi: 11.37	Tithi 29	Gulika 12:34PM – 2:13PM	Uttaraproshtapada Until 2:32PM	Ganesha: Orange	<i>Sunrise:</i> 6:00AM	Sun 12 Sutra 2
		211996578	Rahu 3:51PM – 5:30PM	Indra Until 7:40AM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Sobhana 5125
				Visti Until 1:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12
				Chaturdashi* Until 12:55AM Wed	Moon – Clear		2nd Phase
					Chaitra+Chaitra	Devaloka Day	

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Knoxville, TN
	Retreat Star		Gulika 10:55AM – 12:34PM	Revati Until 1:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:58AM	Sun 13 Sutra 3
Meena Rasi: 25.43	Tithi 30	211996578	Rahu 12:34PM – 2:13PM	Vishkambha* Until 2:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Sobhana 5125
				Catuspada Until 12:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 13
				Amavasya* Until 11:12PM	Moon – Clear		Amavasya
					Chaitra+Chaitra	Devaloka Day	

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Knoxville, TN
	Mesha Rasi: 9.32	Tithi 1	Gulika 9:15AM – 10:54AM	Ashvini Until 12:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM	Sun 14 Sutra 4
		221996578	Rahu 2:13PM – 3:52PM	Priti Until 12:27AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Sobhana 5125
				Kintughna Until 10:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14
				Prathama* Until 9:58PM	Moon – White		Prathama
					Vaisaka+Chaitra	Devaloka Day	

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Knoxville, TN Sun 15
	Mesha Rasi: 23.04	Tithi 2	Gulika 7:35AM – 9:15AM Yama 3:52PM – 5:32PM 221996578 Rahu 10:54AM – 12:33PM	Bharani Until 12:28PM Ayushman Until 10:53PM Balava Until 9:35AM Dvitiya Until 9:19PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 5:56AM Sunset: 7:11PM	Sutra 5 Sobhana 5125 Moon 4 - Phase 2 - 15 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Knoxville, TN Sun 16
	Vrishabha Rasi: 6.16	Tithi 3	Gulika 5:55AM – 7:34AM Yama 2:13PM – 3:53PM 221996578 Rahu 9:14AM – 10:54AM	Krittika Until 12:44PM Saubhagya Until 9:51PM Taitila Until 9:15AM Tritiya Until 9:19PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 5:55AM Sunset: 7:12PM	Sutra 6 Sobhana 5125 Moon 4 - Phase 2 - 16 3rd Phase Devaloka Day
	Creative Work	Amrita Yoga					

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Knoxville, TN Sun 17
	Vrishabha Rasi: 19.07	Tithi 4	Gulika 3:53PM – 5:33PM Yama 12:33PM – 2:13PM 231996578 Rahu 5:33PM – 7:13PM	Rohini Until 1:58PM Sobhana Until 9:20PM Vanija Until 9:35AM Chaturthi* Until 9:59PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:53AM Sunset: 7:13PM	Sutra 7 Sobhana 5125 Moon 4 - Phase 2 - 17 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Knoxville, TN Sun 18
	Mithuna Rasi: 1.4	Tithi 5	Gulika 2:13PM – 3:53PM Yama 10:53AM – 12:33PM 231996578 Rahu 7:32AM – 9:12AM	Mrigashira Until 3:40PM Athiganda* Until 9:17PM Bava Until 10:34AM Panchami Until 11:15PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:52AM Sunset: 7:14PM	Sutra 8 Sobhana 5125 Moon 4 - Phase 2 - 18 3rd Phase Devaloka Day
	Family Home Evening Creative Work Until 3:40PM Then Creative Work - Siddha Yoga	Amrita Yoga					

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Knoxville, TN Sun 19
	Mithuna Rasi: 13.58	Tithi 6	Gulika 12:33PM – 2:13PM Yama 9:12AM – 10:52AM 231996579 Rahu 3:53PM – 5:34PM	Ardra Until 5:44PM Sukarma Until 9:38PM Kaulava Until 12:07PM Shashthi* Until 1:02AM Wed	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:51AM Sunset: 7:14PM	Sutra 9 Sobhana 5125 Moon 4 - Phase 2 - 19 3rd Phase Sivaloka Day
	Routine Work Until 5:44PM Then Creative Work - Siddha Yoga	Marana Yoga					

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Knoxville, TN Sun 20
	Mithuna Rasi: 26.04	Tithi 7	Gulika 10:52AM – 12:32PM Yama 7:30AM – 9:11AM 241996579 Rahu 12:32PM – 2:13PM	Punarvasu Until 8:31PM Dhriti Until 10:18PM Gara Until 2:06PM Saptami Until 3:11AM Thu	Ganesha: Green Muruqa: Clear Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Sunrise: 5:50AM Sunset: 7:15PM	Sutra 10 Sobhana 5125 Moon 4 - Phase 2 - 20 3rd Phase Subha Sivaloka Day
	Creative Work	Siddha Yoga					

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Knoxville, TN Sun 21
	Retreat Star		Gulika 9:10AM – 10:51AM Yama 5:48AM – 7:29AM 242996579 Rahu 2:13PM – 3:54PM	Pushya Until 11:21PM Shula* Until 11:06PM Visiti Until 4:21PM Ashtami* Until 5:30AM Fri	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Sunrise: 5:48AM Sunset: 7:16PM	Sutra 11 Sobhana 5125 Moon 4 - Phase 2 - 21 Ashtami Sivaloka Day
	Kataka Rasi: 8.02	Tithi 8					

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Knoxville, TN Sun 22
	Retreat Star		Gulika 7:28AM – 9:10AM Yama 3:54PM – 5:36PM 242996579 Rahu 10:51AM – 12:32PM	Ashlesha* Until 2:03AM Sat Ganda* Until 11:57PM Balava Until 6:42PM Navami* Until 7:49AM Sat	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Sunrise: 5:47AM Sunset: 7:17PM	Sutra 12 Sobhana 5125 Moon 4 - Phase 2 - 22 Navami Sivaloka Day
	Kataka Rasi: 19.57	Tithi 9					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Knoxville, TN Sun 23 Sutra 13 Sobhana 5125	
Simha Rasi: 1.52	Tithi 9 – 10	Gulika 5:46AM – 7:28AM	Magha* Until 4:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	Muruqa: Clear	<i>Sunset:</i> 7:18PM
		Yama 2:13PM – 3:55PM	Vriddhi Until 12:42AM Sun	Nataraja: Purple		Moon 4 - Phase 3 - 23	4th Phase
		252996579 Rahu 9:09AM – 10:50AM	Taitila Until 8:55PM	Moon – Red		Devaloka Day	
Creative Work Amrita Yoga		Navami* Until 7:49AM		Vaisaka-Chaitra			
Until 4:56AM Sun							
Then Creative Work - Siddha Yoga							

2		Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Knoxville, TN Sun 24 Sutra 14 Sobhana 5125	
Simha Rasi: 13.52	Tithi 10 – 11	Gulika 3:55PM – 5:37PM	Purvaphalguni Until 7:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:45AM	Muruqa: Clear	<i>Sunset:</i> 7:19PM
		Yama 12:32PM – 2:13PM	Dhruva Until 1:10AM Mon	Nataraja: Purple		Moon 4 - Phase 3 - 24	4th Phase
		252996579 Rahu 5:37PM – 7:19PM	Vanija Until 10:51PM	Moon – Red		Devaloka Day	
Creative Work Siddha Yoga		Dashami Until 9:55AM		Vaisaka-Chaitra			

3		Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Knoxville, TN Sun 25 Sutra 15 Sobhana 5125	
Simha Rasi: 26	Tithi 11 – 12	Gulika 2:14PM – 3:56PM	Purvaphalguni Until 7:17AM	Ganesha: Blue	<i>Sunrise:</i> 5:43AM	Muruqa: Clear	<i>Sunset:</i> 7:20PM
Family Home Evening		Yama 10:49AM – 12:32PM	Vyaghata* Until 1:17AM Tue	Nataraja: Purple		Moon 4 - Phase 3 - 25	4th Phase
		252996579 Rahu 7:25AM – 9:07AM	Bava Until 12:19AM Tue	Moon – Red		Devaloka Day	
Creative Work Siddha Yoga		Ekadashi Until 11:38AM		Vaisaka-Chaitra			

4		Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Knoxville, TN Sun 26 Sutra 16 Sobhana 5125	
Kanya Rasi: 8.2	Tithi 12 – 13	Gulika 12:31PM – 2:14PM	Uttaraphalguni Until 9:00AM	Ganesha: Blue	<i>Sunrise:</i> 5:42AM	Muruqa: Clear	<i>Sunset:</i> 7:21PM
		Yama 9:07AM – 10:49AM	Harshana Until 12:58AM Wed	Nataraja: Purple		Moon 4 - Phase 3 - 26	4th Phase
		252996579 Rahu 3:56PM – 5:39PM	Kaulava Until 1:11AM Wed	Moon – Red		Devaloka Day	
Creative Work Amrita Yoga		Dvadashi Until 12:48PM		Vaisaka-Chaitra			
Until 9:00AM							
Then Creative Work - Siddha Yoga							

5		Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Knoxville, TN Sun 27 Sutra 17 Sobhana 5125	
Kanya Rasi: 20.57	Tithi 13 – 14	Gulika 10:49AM – 12:31PM	Hasta Until 10:27AM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM	Muruqa: Clear	<i>Sunset:</i> 7:22PM
		Yama 7:23AM – 9:06AM	Vajra* Until 12:07AM Thu	Nataraja: Purple		Moon 4 - Phase 3 - 27	4th Phase
		252996579 Rahu 12:31PM – 2:14PM	Gara Until 1:26AM Thu	Moon – Green		Sivaloka Day	
Routine Work Marana Yoga		Trayodashi Until 1:22PM		Vaisaka-Chaitra			
Until 10:27AM							
Then Creative Work - Siddha Yoga							

		Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Knoxville, TN Sun 28 Sutra 18 Sobhana 5125	
Tula Rasi: 3.52	Tithi 14 – 15	Gulika 9:05AM – 10:48AM	Chitra Until 11:07AM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM	Muruqa: Clear	<i>Sunset:</i> 7:23PM
		Yama 5:40AM – 7:23AM	Siddhi Until 10:48PM	Nataraja: Purple		Moon 4 - Phase 3 -	Purnima
		252996579 Rahu 2:14PM – 3:57PM	Vistil Until 1:03AM Fri	Moon – Green		Sivaloka Day	
Creative Work Siddha Yoga		Chaturdashi* Until 1:18PM		Vaisaka-Chaitra			
Until 11:07AM							
Then Creative Work - Amrita Yoga							

Friday, May 5, 2023		Silver Retreat Star		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Knoxville, TN Sun 29 Sutra 19 Sobhana 5125	
Tula Rasi: 17.05	Tithi 15 – 16	Gulika 7:22AM – 9:05AM	Svati Until 11:02AM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM	Muruqa: Clear	<i>Sunset:</i> 7:24PM
		Yama 3:57PM – 5:40PM	Vyatipata* Until 9:01PM	Nataraja: Purple		Moon 4 - Phase 3 -	Prathama
		252996579 Rahu 10:48AM – 12:31PM	Balava Until 12:05AM Sat	Moon – Green		Sivaloka Day	
Creative Work Siddha Yoga		Purnima* Until 12:37PM		Vaisaka-Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda