



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Norman, OK

Tula Rasi: 12.45 Tithi 16 – 17

Gulika 3:15PM – 4:55PM
Yama 11:54AM – 1:34PM
268345478 **Rahu** 4:55PM – 6:35PM

Svati Until 5:55PM
Vajra* Until 12:09PM
Taitila Until 9:16PM
Prathama* Until 10:33AM

Ganesha: Clear *Sunrise:* 5:13AM
Muruqa: White *Sunset:* 6:35PM
Nataraja: White
Moon – Green
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Creative Work Siddha Yoga
Until 5:55PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Norman, OK

Tula Rasi: 27.12 Tithi 17 – 18

Gulika 1:35PM – 3:15PM
Yama 10:14AM – 11:54AM
278345478 **Rahu** 6:53AM – 8:33AM

Vishakha Until 4:07PM
Siddhi Until 8:51AM
Vanija Until 6:32PM
Dvitya Until 7:54AM

Ganesha: Purple *Sunrise:* 5:12AM
Muruqa: White *Sunset:* 6:36PM
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Sun 1 Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 4:07PM
Then Creative Work - Siddha Yoga

Bhuloka Day

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Norman, OK

Virschika Rasi: 11.44 Tithi 19

Gulika 11:54AM – 1:35PM
Yama 8:32AM – 10:13AM
278345478 **Rahu** 3:15PM – 4:56PM

Anuradha Until 2:06PM
Variyan Until 2:05AM Wed
Bava Until 3:45PM
Chaturthi* Until 2:21AM Wed

Ganesha: Purple *Sunrise:* 5:11AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Sun 2 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 - 2
1st Phase

Creative Work Siddha Yoga
Until 2:06PM
Then Routine Work - Marana Yoga

Bhuloka Day

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK

Virschika Rasi: 26.17 Tithi 20

Gulika 10:12AM – 11:54AM
Yama 6:50AM – 8:31AM
278345478 **Rahu** 11:54AM – 1:35PM

Jyeshtha* Until 12:00PM
Parigha* Until 10:47PM
Kaulava Until 1:01PM
Panchami Until 11:40PM

Ganesha: Purple *Sunrise:* 5:09AM
Muruqa: White *Sunset:* 6:38PM
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Sun 3 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 - 3
1st Phase

Creative Work Siddha Yoga
Until 12:00PM
Then Routine Work - Marana Yoga

Bhuloka Day

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK

Dhanus Rasi: 10.44 Tithi 21

Gulika 8:31AM – 10:12AM
Yama 5:08AM – 6:49AM
288345478 **Rahu** 1:35PM – 3:16PM

Mula* Until 10:19AM
Shiva Until 7:39PM
Gara Until 10:25AM
Shashthi* Until 9:11PM

Ganesha: Clear *Sunrise:* 5:08AM
Muruqa: White *Sunset:* 6:39PM
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Sun 4 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 - 4
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Norman, OK

Dhanus Rasi: 25.03 Tithi 22

Gulika 6:48AM – 8:30AM
Yama 3:17PM – 4:58PM
289345478 **Rahu** 10:11AM – 11:53AM

Purvashadha* Until 8:43AM
Siddha Until 4:42PM
Visti Until 8:03AM
Saptami Until 6:57PM

Ganesha: Purple *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 6:40PM
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Sun 5 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 - 5
1st Phase

Routine Work Prabalarishta Yoga
Until 8:43AM
Then Routine Work - Marana Yoga

Devaloka Day

6

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK

Makara Rasi: 9.1 Tithi 23 – 24

Gulika 5:05AM – 6:47AM
Yama 1:35PM – 3:17PM
289345478 **Rahu** 8:29AM – 10:11AM

Uttarashadha Until 7:15AM
Sadhya Until 2:00PM
Taitila Until 4:12AM Sun
Ashtami* Until 5:02PM

Ganesha: Purple *Sunrise:* 5:05AM
Muruqa: White *Sunset:* 6:41PM
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Sun 6 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 - 6
Ashtami

Routine Work Marana Yoga
Until 7:15AM
Then Creative Work - Siddha Yoga

Devaloka Day

Chidambaram Abhishekam

Sunday, April 24, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Norman, OK

Makara Rasi: 23.05 Tithi 24 – 25

Gulika 3:18PM – 5:00PM
Yama 11:53AM – 1:35PM
299345479 **Rahu** 5:00PM – 6:42PM

Shravana Until 6:24AM
Subha Until 11:35AM
Vanija Until 2:47AM Mon
Navami* Until 3:26PM

Ganesha: Clear *Sunrise:* 5:03AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Sun 7 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 - 7
Navami

Creative Work Amrita Yoga
Until 6:24AM
Then Routine Work - Marana Yoga

Devaloka Day

Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Norman, OK Sun 8 Sutra 8
1	Kumbha Rasi: 6.48 Tithi 25 – 26	Gulika 1:35PM – 3:18PM	Shatabhishak Until 5:19AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Subhakrit 5124
Family Home Evening	299345479	Yama 10:10AM – 11:53AM	Sukla Until 9:26AM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 2 - 8
Creative Work Siddha Yoga		Rahu 6:45AM – 8:27AM	Bava Until 1:45AM Tue	Nataraja: Clear		2nd Phase
Until 5:19AM Tue			Dashami Until 2:12PM	Moon – Purple		Devaloka Day
Then Routine Work - Marana Yoga				Chaitra+Chaitra		

Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 9 Sutra 9
2	Kumbha Rasi: 20.17 Tithi 26 – 27	Gulika 11:52AM – 1:35PM	Purvaproshtapada* Until 5:36AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:01AM	Subhakrit 5124
	219345479	Yama 8:27AM – 10:10AM	Brahma Until 7:36AM	Muruqa: White	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 2 - 9
Routine Work Marana Yoga		Rahu 3:18PM – 5:01PM	Kaulava Until 1:07AM Wed	Nataraja: Clear		2nd Phase
Until 5:36AM Wed			Ekadashi* Until 1:21PM	Moon – Clear		Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra+Chaitra		

Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 10 Sutra 10
3	Meena Rasi: 3.32 Tithi 27 – 28	Gulika 10:09AM – 11:52AM	Uttaraproshtapada Until 6:10AM Thu	Ganesha: Red	<i>Sunrise:</i> 4:59AM	Subhakrit 5124
	219345479	Yama 6:43AM – 8:26AM	Indra Until 6:07AM	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2 - 10
Creative Work Siddha Yoga		Rahu 11:52AM – 1:36PM	Gara Until 12:54AM Thu	Nataraja: Clear		2nd Phase
			Dvadashi* Until 12:56PM	Moon – Clear		Devaloka Day
				Chaitra+Chaitra		
				<i>Pradosha Vrata (Fasting)</i>		

Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 11 Sutra 11
4	Meena Rasi: 16.34 Tithi 28 – 29	Gulika 8:25AM – 10:09AM	Uttaraproshtapada Until 6:10AM	Ganesha: Blue	<i>Sunrise:</i> 4:58AM	Subhakrit 5124
	219445479	Yama 4:58AM – 6:41AM	Vishkambha* Until 4:11AM Fri	Muruqa: White	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 2 - 11
Creative Work Siddha Yoga		Rahu 1:36PM – 3:19PM	Visti Until 1:10AM Fri	Nataraja: Clear		2nd Phase
			Trayodashi* Until 12:57PM	Moon – Clear		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 6:PM to 9:PM

Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Norman, OK Sun 12 Sutra 12
Retreat Star	Meena Rasi: 29.22 Tithi 29 – 30	Gulika 6:40AM – 8:24AM	Revati Until 7:02AM	Ganesha: White	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
	211445479	Yama 3:20PM – 5:04PM	Priti Until 3:48AM Sat	Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2 - 12
Creative Work Siddha Yoga		Rahu 10:08AM – 11:52AM	Catuspada Until 1:55AM Sat	Nataraja: Clear		Amavasya
Until 7:02AM			Chaturdashi* Until 1:27PM	Moon – Clear		Bhuloka Day
Then Creative Work - Amrita Yoga				Chaitra+Chaitra		Devaloka Time: 6:PM to 9:PM

Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Norman, OK Sun 13 Sutra 13
Retreat Star	Mesha Rasi: 11.56 Tithi 30 – 1	Gulika 4:55AM – 6:39AM	Ashvini Until 8:41AM	Ganesha: Green	<i>Sunrise:</i> 4:55AM	Subhakrit 5124
	221445479	Yama 1:36PM – 3:20PM	Ayushman Until 3:46AM Sun	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2 - 13
Creative Work Siddha Yoga		Rahu 8:24AM – 10:08AM	Kintughna Until 3:10AM Sun	Nataraja: Clear		Prathama
			Amavasya* Until 2:27PM	Moon – White		Bhuloka Day
				Vaisaka+Chaitra		Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Norman, OK
		Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 14
Mesha Rasi: 24.17	Tithi 1 – 2	Gulika 3:21PM – 5:05PM	Bharani Until 10:40AM	Ganesha: Green <i>Sunrise:</i> 4:54AM		Subhakrit 5124
		Yama 11:52AM – 1:36PM	Saubhagya Until 4:07AM Mon	Muruqa: White <i>Sunset:</i> 6:49PM		Moon 4 - Phase 3 - 14
		221445479 Rahu 5:05PM – 6:49PM	Balava Until 4:52AM Mon	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 3:56PM	Moon – White	Bhuloka Day	
Until 10:40AM				Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga						

2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Norman, OK
		Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15 Sutra 15
Vrishabha Rasi: 6.26	Tithi 2 – 3	Gulika 1:36PM – 3:21PM	Krittika Until 12:55PM	Ganesha: Green <i>Sunrise:</i> 4:53AM		Subhakrit 5124
Family Home Evening		Yama 10:07AM – 11:52AM	Sobhana Until 4:47AM Tue	Muruqa: White <i>Sunset:</i> 6:50PM		Moon 4 - Phase 3 - 15
		221445479 Rahu 6:37AM – 8:22AM	Taitila Until 6:58AM Tue	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 5:51PM	Moon – White	Bhuloka Day	
Until 12:55PM				Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga						

3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Norman, OK
		Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 16
Vrishabha Rasi: 18.26	Tithi 3	Gulika 11:52AM – 1:37PM	Rohini Until 3:50PM	Ganesha: White <i>Sunrise:</i> 4:52AM		Subhakrit 5124
		Yama 8:22AM – 10:07AM	Athiganda* Until 5:38AM Wed	Muruqa: White <i>Sunset:</i> 6:52PM		Moon 4 - Phase 3 - 16
		231445479 Rahu 3:22PM – 5:07PM	Taitila Until 6:58AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:06PM	Moon – Yellow	Bhuloka Day	
Until 3:50PM		Akshaya Tritiya		Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga						

4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Norman, OK
		Mrigashira Nakshatra Sukarma Yoga Vanija/Visiti* Karana Chaturthyam Titau				Sun 17 Sutra 17
Mithuna Rasi: 0.2	Tithi 4	Gulika 10:06AM – 11:51AM	Mrigashira Until 6:48PM	Ganesha: White <i>Sunrise:</i> 4:50AM		Subhakrit 5124
		Yama 6:36AM – 8:21AM	Sukarma Until 6:37AM Thu	Muruqa: White <i>Sunset:</i> 6:53PM		Moon 4 - Phase 3 - 17
		231445479 Rahu 11:51AM – 1:37PM	Vanija Until 9:21AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:34PM	Moon – Yellow	Bhuloka Day	
				Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	

5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Norman, OK
		Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 18
Mithuna Rasi: 12.1	Tithi 5	Gulika 8:20AM – 10:06AM	Ardra Until 9:40PM	Ganesha: White <i>Sunrise:</i> 4:49AM		Subhakrit 5124
		Yama 4:49AM – 6:35AM	Sukarma Until 6:37AM	Muruqa: White <i>Sunset:</i> 6:54PM		Moon 4 - Phase 3 - 18
		231445479 Rahu 1:37PM – 3:22PM	Bava Until 11:51AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 1:04AM Fri	Moon – Yellow	Bhuloka Day	
Until 9:40PM				Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga						

6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Norman, OK
		Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19 Sutra 19
Mithuna Rasi: 24.01	Tithi 6	Gulika 6:34AM – 8:20AM	Punarvasu Until 12:46AM Sat	Ganesha: Clear <i>Sunrise:</i> 4:48AM		Subhakrit 5124
		Yama 3:23PM – 5:09PM	Dhriti Until 7:36AM	Muruqa: White <i>Sunset:</i> 6:55PM		Moon 4 - Phase 3 - 19
		241445479 Rahu 10:05AM – 11:51AM	Kaulava Until 2:18PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:26AM Sat	Moon – Blue	Devaloka Day	
				Vaisaka*Chaitra		

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Norman, OK
Retreat Star		Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 20
Kataka Rasi: 5.55	Tithi 7	Gulika 4:47AM – 6:33AM	Pushya Until 3:25AM Sun	Ganesha: Clear <i>Sunrise:</i> 4:47AM		Subhakrit 5124
		Yama 1:37PM – 3:23PM	Shula* Until 8:26AM	Muruqa: White <i>Sunset:</i> 6:56PM		Moon 4 - Phase 3 - 20
		241445479 Rahu 8:19AM – 10:05AM	Gara Until 4:31PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:28AM Sun	Moon – Blue	Devaloka Day	
				Vaisaka*Chaitra		

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Norman, OK
Retreat Star		Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Ashtamyam Titau				Sun 21 Sutra 21
Kataka Rasi: 17.58	Tithi 8	Gulika 3:24PM – 5:10PM	Ashlesha* Until 5:25AM Mon	Ganesha: Clear <i>Sunrise:</i> 4:46AM		Subhakrit 5124
		Yama 11:51AM – 1:37PM	Ganda* Until 9:00AM	Muruqa: White <i>Sunset:</i> 6:57PM		Moon 4 - Phase 3 - 21
		241445479 Rahu 5:10PM – 6:57PM	Visti Until 6:20PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:00AM Mon	Moon – Blue	Devaloka Day	
Until 5:25AM Mon		Mother's Day		Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Norman, OK
Retreat Star		Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 22
Simha Rasi: 0.12	Tithi 8 – 9	Gulika 1:38PM – 3:24PM	Magha* Until 7:08AM Tue	Ganesha: Purple <i>Sunrise:</i> 4:45AM		Subhakrit 5124
Family Home Evening		Yama 10:04AM – 11:51AM	Vridhhi Until 9:11AM	Muruqa: White <i>Sunset:</i> 6:58PM		Moon 4 - Phase 3 - 22
		251445479 Rahu 6:31AM – 8:18AM	Balava Until 7:33PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami* Until 7:00AM	Moon – Red	Bhuloka Day	
Until 7:08AM Tue				Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK
	Simha Rasi: 12.44	Tithi 9 – 10	Gulika 11:51AM – 1:38PM	Magha* Until 7:08AM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	Sun 23
			Yama 8:17AM – 10:04AM	Dhruva Until 8:49AM	Muruqa: White	<i>Sunset:</i> 6:59PM	Subhakrit 5124
	252445479	Rahu 3:25PM – 5:12PM	Taitila Until 8:04PM	Navami* Until 7:53AM	Nataraja: Clear		Moon 4 - Phase 4 - 23
Creative Work	Siddha Yoga			Moon – Red		4th Phase	
				Vaisaka-Chaitra		Devaloka Day	

2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK
	Simha Rasi: 25.35	Tithi 10 – 11	Gulika 10:04AM – 11:51AM	Purvaphalguni Until 7:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Sun 24
			Yama 6:30AM – 8:17AM	Vyaghata* Until 7:53AM	Muruqa: White	<i>Sunset:</i> 7:00PM	Subhakrit 5124
	252445479	Rahu 11:51AM – 1:38PM	Vanija Until 7:49PM	Dashami Until 8:01AM	Nataraja: Clear		Moon 4 - Phase 4 - 24
Creative Work	Amrita Yoga			Moon – Red		4th Phase	
				Vaisaka-Chaitra		Devaloka Day	

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK
	Kanya Rasi: 8.52	Tithi 11 – 12	Gulika 8:16AM – 10:04AM	Uttaraphalguni Until 7:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Sun 25
			Yama 4:41AM – 6:29AM	Harshana Until 6:21AM	Muruqa: White	<i>Sunset:</i> 7:00PM	Subhakrit 5124
	252445479	Rahu 1:38PM – 3:26PM	Bava Until 6:47PM	Ekadashi Until 7:23AM	Nataraja: Clear		Moon 4 - Phase 4 - 25
	Amrita Yoga			Moon – Red		4th Phase	
Until 7:51AM				Vaisaka-Chaitra		Devaloka Day	
Then Routine Work - Marana Yoga							

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Norman, OK
	Kanya Rasi: 22.34	Tithi 13	Gulika 6:28AM – 8:16AM	Hasta Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 4:40AM	Sun 26
			Yama 3:26PM – 5:14PM	Siddhi Until 1:28AM Sat	Muruqa: White	<i>Sunset:</i> 7:01PM	Subhakrit 5124
	262445479	Rahu 10:03AM – 11:51AM	Kaulava Until 5:02PM	Trayodashi Until 3:54AM Sat	Nataraja: Clear		Moon 4 - Phase 4 - 26
Creative Work	Amrita Yoga			Moon – Green		4th Phase	
Until 7:19AM				Vaisaka-Chaitra		Sivaloka Day	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Norman, OK
	Tula Rasi: 6.41	Tithi 14	Gulika 4:39AM – 6:27AM	Svati Until 3:56AM Sun	Ganesha: White	<i>Sunrise:</i> 4:39AM	Sun 27
			Yama 1:39PM – 3:27PM	Vyatipata* Until 10:19PM	Muruqa: White	<i>Sunset:</i> 7:02PM	Subhakrit 5124
	262445479	Rahu 8:15AM – 10:03AM	Gara Until 2:40PM	Chaturdashi* Until 1:16AM Sun	Nataraja: Clear		Moon 4 - Phase 4 - 27
Creative Work	Siddha Yoga			Moon – Green		4th Phase	
Until 3:56AM Sun				Vaisaka-Vaikasi		Sivaloka Day	
Then Routine Work - Marana Yoga							

	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Norman, OK
	Copper Retreat Star		Gulika 3:27PM – 5:15PM	Vishakha Until 1:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:38AM	Sun 28
	Tula Rasi: 21.1	Tithi 15	Yama 11:51AM – 1:39PM	Variyan Until 6:46PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Subhakrit 5124
	272445479	Rahu 5:15PM – 7:03PM	Visti Until 11:49AM	Purnima* Until 10:14PM	Nataraja: Clear		Moon 4 - Phase 4 - Purnima
Routine Work	Marana Yoga			Moon – Orange			
Until 1:47AM Mon				Vaisaka-Vaikasi		Devaloka Day	
Then Creative Work - Siddha Yoga							

○	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK
	Silver Retreat Star		Gulika 1:39PM – 3:28PM	Anuradha Until 11:15PM	Ganesha: Yellow	<i>Sunrise:</i> 4:38AM	Sun 29
	Vrischika Rasi: 5.56	Tithi 16	Yama 10:03AM – 11:51AM	Parigha* Until 3:00PM	Muruqa: White	<i>Sunset:</i> 7:04PM	Subhakrit 5124
	272445479	Rahu 6:26AM – 8:14AM	Balava Until 8:37AM	Prathama* Until 6:56PM	Nataraja: Clear		Moon 4 - Phase 4 - Prathama
Family Home Evening	Siddha Yoga			Moon – Orange			
Creative Work				Vaisaka-Vaikasi		Devaloka Day	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK
Sun 1
Sutra 30
Subhakrit 5124

Vrischika Rasi: 20.52 Tithi 17 - 18

272445479

Gulika 11:51AM - 1:40PM
Yama 8:14AM - 10:02AM
Rahu 3:28PM - 5:17PM

Jyeshtha* Until 8:31PM
Shiva Until 11:07AM
Vanija Until 1:49AM Wed
Dvitiya Until 3:31PM

Ganesha: Yellow *Sunrise:* 4:37AM
Muruqa: White *Sunset:* 7:05PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 8:31PM
Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visi*/Bava Karana Tritiya/Chaturthyam Titau

Norman, OK
Sun 2
Sutra 31
Subhakrit 5124

Dhanus Rasi: 5.49 Tithi 18 - 19

282445479

Gulika 10:02AM - 11:51AM
Yama 6:25AM - 8:13AM
Rahu 11:51AM - 1:40PM

Mula* Until 6:07PM
Siddha Until 7:13AM
Bava Until 10:30PM
Tritiya Until 12:08PM

Ganesha: Blue *Sunrise:* 4:36AM
Muruqa: White *Sunset:* 7:06PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga
Until 6:07PM
Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK
Sun 3
Sutra 32
Subhakrit 5124

Dhanus Rasi: 20.39 Tithi 19 - 20

282445479

Gulika 8:13AM - 10:02AM
Yama 4:35AM - 6:24AM
Rahu 1:40PM - 3:29PM

Purvashadha* Until 3:47PM
Subha Until 11:55PM
Kaulava Until 7:26PM
Chaturthi* Until 8:55AM

Ganesha: Blue *Sunrise:* 4:35AM
Muruqa: White *Sunset:* 7:07PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga
Until 3:47PM
Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Norman, OK
Sun 4
Sutra 33
Subhakrit 5124

Makara Rasi: 5.17 Tithi 20 - 21

282445479

Gulika 6:23AM - 8:13AM
Yama 3:30PM - 5:19PM
Rahu 10:02AM - 11:51AM

Uttarashadha Until 1:40PM
Sukla Until 8:41PM
Vanija Until 3:31AM Sat
Panchami Until 6:01AM

Ganesha: Blue *Sunrise:* 4:34AM
Muruqa: White *Sunset:* 7:08PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visi*/Bava Karana Saptamyam Titau

Norman, OK
Sun 5
Sutra 34
Subhakrit 5124

Makara Rasi: 19.37 Tithi 22

292445479

Gulika 4:33AM - 6:23AM
Yama 1:41PM - 3:30PM
Rahu 8:12AM - 10:02AM

Shravana Until 12:17PM
Brahma Until 5:51PM
Visi Until 2:28PM
Saptami Until 1:31AM Sun

Ganesha: Red *Sunrise:* 4:33AM
Muruqa: White *Sunset:* 7:09PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK
Sun 6
Sutra 35
Subhakrit 5124

Kumbha Rasi: 3.37 Tithi 23

292445479

Gulika 3:31PM - 5:20PM
Yama 11:51AM - 1:41PM
Rahu 5:20PM - 7:10PM

Dhanishtha Until 11:17AM
Indra Until 3:29PM
Balava Until 12:45PM
Ashtami* Until 12:06AM Mon

Ganesha: Red *Sunrise:* 4:33AM
Muruqa: White *Sunset:* 7:10PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 11:17AM
Then Creative Work - Siddha Yoga

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK
Sun 7
Sutra 36
Subhakrit 5124

Kumbha Rasi: 17.16 Tithi 24

293545479

Gulika 1:41PM - 3:31PM
Yama 10:01AM - 11:51AM
Rahu 6:22AM - 8:12AM

Shatabhishak Until 10:43AM
Vaidhriti* Until 1:34PM
Taitila Until 11:38AM
Navami* Until 11:16PM

Ganesha: Red *Sunrise:* 4:32AM
Muruqa: White *Sunset:* 7:11PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 10:43AM
Then Routine Work - Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshthapada/Uttaraproshthapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Norman, OK
Meena Rasi: 0.34	Tithi 25	Gulika	11:51AM – 1:41PM	Purvaproshthapada* Until 11:03AM	Ganesha: Clear	<i>Sunrise:</i> 4:31AM	Sun 8	Sutra 37
		Yama	8:11AM – 10:01AM	Vishkambha* Until 12:09PM	Muruqa: White	<i>Sunset:</i> 7:12PM		Subhakrit 5124
		213545479 Rahu	3:31PM – 5:22PM	Vanija Until 11:06AM	Nataraja: Clear			Moon 5 - Phase 6 - 8
Routine Work	Marana Yoga			Dashami Until 11:02PM	Moon – Clear			2nd Phase
Until 11:03AM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshthapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Norman, OK
Meena Rasi: 13.34	Tithi 26	Gulika	10:01AM – 11:51AM	Uttaraproshthapada Until 11:48AM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Sun 9	Sutra 38
		Yama	6:21AM – 8:11AM	Priti Until 11:13AM	Muruqa: White	<i>Sunset:</i> 7:12PM		Subhakrit 5124
		313545479 Rahu	11:51AM – 1:42PM	Bava Until 11:10AM	Nataraja: Clear			Moon 5 - Phase 6 - 9
Creative Work	Siddha Yoga			Ekadashi* Until 11:23PM	Moon – Clear			2nd Phase
Until 11:48AM					Vaisaka-Vaikasi			Sivaloka Day
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Fatila Karana Dvadashyam Titau		Norman, OK
Meena Rasi: 26.16	Tithi 27	Gulika	8:11AM – 10:01AM	Revati Until 12:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Sun 10	Sutra 39
		Yama	4:30AM – 6:20AM	Ayushman Until 10:42AM	Muruqa: White	<i>Sunset:</i> 7:13PM		Subhakrit 5124
		313545479 Rahu	1:42PM – 3:32PM	Kaulava Until 11:47AM	Nataraja: Clear			Moon 5 - Phase 6 - 10
Creative Work	Siddha Yoga			Dvadashi* Until 12:17AM Fri	Moon – Clear			2nd Phase
Until 12:57PM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Norman, OK
Mesha Rasi: 8.45	Tithi 28	Gulika	6:20AM – 8:10AM	Ashvini Until 2:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:29AM	Sun 11	Sutra 40
		Yama	3:33PM – 5:23PM	Saubhagya Until 10:35AM	Muruqa: White	<i>Sunset:</i> 7:14PM		Subhakrit 5124
		323545479 Rahu	10:01AM – 11:52AM	Gara Until 12:55PM	Nataraja: Clear			Moon 5 - Phase 6 - 11
Creative Work	Amrita Yoga			Trayodashi* Until 1:39AM Sat	Moon – White			2nd Phase
Until 2:54PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Norman, OK
Mesha Rasi: 21.01	Tithi 29	Gulika	4:29AM – 6:19AM	Bharani Until 5:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:29AM	Sun 12	Sutra 41
		Yama	1:43PM – 3:33PM	Sobhana Until 10:51AM	Muruqa: White	<i>Sunset:</i> 7:15PM		Subhakrit 5124
		323545479 Rahu	8:10AM – 10:01AM	Visti Until 2:30PM	Nataraja: Clear			Moon 5 - Phase 6 - 12
Creative Work	Siddha Yoga			Chaturdashi* Until 3:25AM Sun	Moon – White			2nd Phase
Until 5:08PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Norman, OK
Vrishabha Rasi: 3.08	Tithi 30	Gulika	3:34PM – 5:25PM	Krittika Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM	Sun 13	Sutra 42
		Yama	11:52AM – 1:43PM	Athiganda* Until 11:22AM	Muruqa: White	<i>Sunset:</i> 7:16PM		Subhakrit 5124
		323545479 Rahu	5:25PM – 7:16PM	Catuspada Until 4:28PM	Nataraja: Clear			Moon 5 - Phase 6 - 13
Creative Work	Siddha Yoga			Amavasya* Until 5:32AM Mon	Moon – White			Amavasya
					Vaisaka-Vaikasi			Devaloka Day

Retreat Star		Monday, May 30, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna* Karana Prathamayam Titau		Norman, OK
Vrishabha Rasi: 15.07	Tithi 1	Gulika	1:43PM – 3:34PM	Rohini Until 10:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:28AM	Sun 14	Sutra 43
Family Home Evening		Yama	10:01AM – 11:52AM	Sukarma Until 12:09PM	Muruqa: White	<i>Sunset:</i> 7:16PM		Subhakrit 5124
		333545479 Rahu	6:19AM – 8:10AM	Kintughna Until 6:42PM	Nataraja: Clear			Moon 5 - Phase 6 - 14
Creative Work	Amrita Yoga			Prathama* Until 7:52AM Tue	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi			Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 15 Sutra 44
	Wrisabha Rasi: 27.01	Tithi 1 – 2	Gulika 11:52AM – 1:43PM	Mrigashira Until 1:33AM Wed	Ganesha: Orange <i>Sunrise:</i> 4:27AM		Subhakarit 5124
			Yama 8:10AM – 10:01AM	Dhriti Until 1:06PM	Muruqa: White <i>Sunset:</i> 7:17PM		Moon 5 - Phase 7 - 15
	333545479	Rahu 3:35PM – 5:26PM	Balava Until 9:07PM	Prathama* Until 7:52AM	Nataraja: Clear Moon – Yellow	Devaloka Day	3rd Phase
Creative Work Siddha Yoga							

2	Wednesday, June 1, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Norman, OK Sun 16 Sutra 45
	Mithuna Rasi: 8.51	Tithi 2 – 3	Gulika 10:01AM – 11:52AM	Ardra Until 4:25AM Thu	Ganesha: Orange <i>Sunrise:</i> 4:27AM		Subhakarit 5124
			Yama 6:18AM – 8:09AM	Shula* Until 2:05PM	Muruqa: White <i>Sunset:</i> 7:17PM		Moon 5 - Phase 7 - 16
	333545479	Rahu 11:52AM – 1:44PM	Taitila Until 11:36PM	Dvitiya Until 10:20AM	Nataraja: Clear Moon – Yellow	Devaloka Day	3rd Phase
Creative Work Siddha Yoga Until 4:25AM Thu Then Creative Work - Amrita Yoga							

3	Thursday, June 2, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Norman, OK Sun 17 Sutra 46
	Mithuna Rasi: 20.41	Tithi 3 – 4	Gulika 8:09AM – 10:01AM	Punarvasu Until 7:35AM Fri	Ganesha: Clear <i>Sunrise:</i> 4:26AM		Subhakarit 5124
			Yama 4:26AM – 6:18AM	Ganda* Until 3:06PM	Muruqa: Green <i>Sunset:</i> 7:19PM		Moon 5 - Phase 7 - 17
	343555479	Rahu 1:44PM – 3:36PM	Vanija Until 2:03AM Fri	Tritiya Until 12:49PM	Nataraja: Clear Moon – Blue	Devaloka Day	3rd Phase
Creative Work Amrita Yoga Until 7:35AM Fri Then Routine Work - Marana Yoga							

4	Friday, June 3, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Norman, OK Sun 18 Sutra 47
	Kataka Rasi: 2.32	Tithi 4 – 5	Gulika 6:18AM – 8:09AM	Punarvasu Until 7:35AM	Ganesha: Clear <i>Sunrise:</i> 4:26AM		Subhakarit 5124
			Yama 3:36PM – 5:28PM	Vridhi Until 4:03PM	Muruqa: Green <i>Sunset:</i> 7:19PM		Moon 5 - Phase 7 - 18
	343555479	Rahu 10:01AM – 11:53AM	Bava Until 4:20AM Sat	Chaturthi* Until 3:12PM	Nataraja: Clear Moon – Blue	Devaloka Day	3rd Phase
Creative Work Siddha Yoga Until 7:35AM Then Routine Work - Marana Yoga							

5	Saturday, June 4, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Norman, OK Sun 19 Sutra 48
	Kataka Rasi: 14.28	Tithi 5 – 6	Gulika 4:26AM – 6:17AM	Pushya Until 10:23AM	Ganesha: Clear <i>Sunrise:</i> 4:26AM		Subhakarit 5124
			Yama 1:45PM – 3:36PM	Dhruva Until 4:47PM	Muruqa: Green <i>Sunset:</i> 7:20PM		Moon 5 - Phase 7 - 19
	343555479	Rahu 8:09AM – 10:01AM	Kaulava Until 6:19AM Sun	Panchami Until 5:21PM	Nataraja: Clear Moon – Blue	Devaloka Day	3rd Phase
Creative Work Siddha Yoga Until 10:23AM Then Routine Work - Marana Yoga							

6	Sunday, June 5, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Norman, OK Sun 20 Sutra 49
	Kataka Rasi: 26.31	Tithi 6	Gulika 3:37PM – 5:29PM	Ashlesha* Until 12:42PM	Ganesha: Clear <i>Sunrise:</i> 4:25AM		Subhakarit 5124
			Yama 11:53AM – 1:45PM	Vyaghata* Until 5:15PM	Muruqa: Green <i>Sunset:</i> 7:21PM		Moon 5 - Phase 7 - 20
	343555471	Rahu 5:29PM – 7:21PM	Kaulava Until 6:19AM	Shashthi* Until 7:08PM	Nataraja: Yellow Moon – Blue	Devaloka Day	3rd Phase
Creative Work Siddha Yoga Until 12:42PM Then Routine Work - Marana Yoga							

Retreat Star	Monday, June 6, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Norman, OK Sun 21 Sutra 50
	Simha Rasi: 8.44	Tithi 7	Gulika 1:45PM – 3:37PM	Magha* Until 2:53PM	Ganesha: Clear <i>Sunrise:</i> 4:25AM		Subhakarit 5124
	Family Home Evening		Yama 10:01AM – 11:53AM	Harshana Until 5:21PM	Muruqa: Green <i>Sunset:</i> 7:21PM		Moon 5 - Phase 7 - 21
	354555471	Rahu 6:17AM – 8:09AM	Gara Until 7:51AM	Saptami Until 8:23PM	Nataraja: Yellow Moon – Red	Devaloka Day	3rd Phase
Routine Work Marana Yoga Until 2:53PM Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, June 7, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Norman, OK Sun 22 Sutra 51
	Simha Rasi: 21.13	Tithi 8	Gulika 11:53AM – 1:45PM	Purvaphalguni Until 4:18PM	Ganesha: Clear <i>Sunrise:</i> 4:25AM		Subhakarit 5124
			Yama 8:09AM – 10:01AM	Vajra* Until 4:55PM	Muruqa: Green <i>Sunset:</i> 7:22PM		Moon 5 - Phase 7 - 22
	354555471	Rahu 3:38PM – 5:30PM	Visti Until 8:48AM	Ashtami* Until 9:00PM	Nataraja: Yellow Moon – Red	Devaloka Day	Ashtami
Creative Work Siddha Yoga Until 4:18PM Then Creative Work - Amrita Yoga							

Retreat Star	Wednesday, June 8, 2022		Subhakar Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau				Norman, OK Sun 23 Sutra 52
	Kanya Rasi: 4	Tithi 9	Gulika 10:01AM – 11:53AM	Uttaraphalguni Until 4:51PM	Ganesha: Clear <i>Sunrise:</i> 4:24AM		Subhakarit 5124
			Yama 6:17AM – 8:09AM	Siddhi Until 3:55PM	Muruqa: Green <i>Sunset:</i> 7:22PM		Moon 5 - Phase 7 - 23
	354555471	Rahu 11:53AM – 1:46PM	Balava Until 9:03AM	Navami* Until 8:51PM	Nataraja: Yellow Moon – Red	Devaloka Day	Navami
Creative Work Amrita Yoga Until 4:51PM Then Routine Work - Marana Yoga							


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Norman, OK Sun 24 Sutra 53 Subhakrit 5124
	Kanya Rasi: 17.11	Tithi 10	Gulika 8:09AM – 10:01AM	Hasta Until 4:55PM	Ganesha: White	<i>Sunrise:</i> 4:24AM	
			Yama 4:24AM – 6:17AM	Vyatipata* Until 2:19PM	Muruqa: Green	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 8 - 24
			364555471 Rahu 1:46PM – 3:38PM	Taitila Until 8:31AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Dashami Until 7:56PM	Moon – Green	Bhuloka Day		
Until 4:55PM				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga							

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Norman, OK Sun 25 Sutra 54 Subhakrit 5124
	Tula Rasi: 0.48	Tithi 11	Gulika 6:17AM – 8:09AM	Chitra Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 4:24AM	
			Yama 3:39PM – 5:31PM	Variyan Until 12:03PM	Muruqa: Green	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 8 - 25
			364555471 Rahu 10:01AM – 11:54AM	Vanija Until 7:12AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:14PM	Moon – Green	Bhuloka Day		
				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 26 Sutra 55 Subhakrit 5124
	Tula Rasi: 14.52	Tithi 12 – 13	Gulika 4:24AM – 6:17AM	Svati Until 2:24PM	Ganesha: White	<i>Sunrise:</i> 4:24AM	
			Yama 1:47PM – 3:39PM	Parigha* Until 9:13AM	Muruqa: Green	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 8 - 26
			364555471 Rahu 8:09AM – 10:02AM	Kaulava Until 2:27AM Sun	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 3:51PM	Moon – Green	Bhuloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
					<i>Pradosha Vrata</i>		

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 27 Sutra 56 Subhakrit 5124
	Tula Rasi: 29.23	Tithi 13 – 14	Gulika 3:39PM – 5:32PM	Vishakha Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:24AM	
			Yama 11:54AM – 1:47PM	Siddha Until 2:08AM Mon	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8 - 27
			364555471 Rahu 5:32PM – 7:25PM	Gara Until 11:15PM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Trayodashi Until 12:53PM	Moon – Orange	Devaloka Day		
				Jyeshtha-Vaikasi			

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 28 Sutra 57 Subhakrit 5124
	Copper Retreat Star		Gulika 1:47PM – 3:40PM	Anuradha Until 9:50AM	Ganesha: Yellow	<i>Sunrise:</i> 4:24AM	
	Vrischika Rasi: 14.15	Tithi 14 – 15	Yama 10:02AM – 11:54AM	Sadhya Until 10:06PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8 -
	Family Home Evening		364555471 Rahu 6:17AM – 8:09AM	Visti Until 7:42PM	Nataraja: Yellow		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 9:30AM	Moon – Orange	Devaloka Day		
				Jyeshtha-Vaikasi			

5	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sun 29 Sutra 58 Subhakrit 5124
	Silver Retreat Star		Gulika 11:55AM – 1:47PM	Jyeshtha* Until 6:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:24AM	
	Vrischika Rasi: 29.22	Tithi 16	Yama 8:09AM – 10:02AM	Subha Until 5:57PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8 -
			364555471 Rahu 3:40PM – 5:33PM	Balava Until 3:57PM	Nataraja: Yellow		Prathama
Routine Work Marana Yoga			Prathama* Until 2:02AM Wed	Moon – Orange	Devaloka Day		
Until 6:52AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							



Wednesday, June 15, 2022

Gold Retreat Star

Subhakar Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Norman, OK

Sutra 59

Subhakarit 5124

Dhanus Rasi: 14.34 Tithi 17

384555471

Gulika

10:02AM – 11:55AM

Yama

6:17AM – 8:09AM

Rahu

11:55AM – 1:48PM

Purvashadha* Until 1:08AM Thu

Sukla Until 1:44PM

Taitila Until 12:09PM

Dvitiya Until 10:17PM

Ganesha: Blue

Sunrise: 4:24AM

Muruqa: Green

Sunset: 7:26PM

Nataraja: Yellow

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Moon 6 - Phase 9 -

1st Phase

Creative Work Amrita Yoga

Until 1:08AM Thu

Then Routine Work - Marana Yoga

1

Thursday, June 16, 2022

Subhakar Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trityayam Titau

Norman, OK

Sun 1

Sutra 60

Subhakarit 5124

Dhanus Rasi: 29.43 Tithi 18

384555471

Gulika

8:09AM – 10:02AM

Yama

4:24AM – 6:17AM

Rahu

1:48PM – 3:41PM

Uttarashadha Until 10:21PM

Brahma Until 9:40AM

Vanija Until 8:30AM

Tritya Until 6:45PM

Ganesha: Blue

Sunrise: 4:24AM

Muruqa: Green

Sunset: 7:26PM

Nataraja: Yellow

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Moon 6 - Phase 9 - 1

1st Phase

Routine Work Marana Yoga

Until 10:21PM

Then Creative Work - Siddha Yoga

2

Friday, June 17, 2022

Subhakar Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK

Sun 2

Sutra 61

Subhakarit 5124

Makara Rasi: 14.38 Tithi 19 – 20

394555471

Gulika

6:17AM – 8:10AM

Yama

3:41PM – 5:34PM

Rahu

10:02AM – 11:55AM

Shravana Until 8:13PM

Vaidhriti* Until 2:23AM Sat

Kaulava Until 2:11AM Sat

Chaturthi* Until 3:34PM

Ganesha: Red

Sunrise: 4:24AM

Muruqa: Green

Sunset: 7:27PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Moon 6 - Phase 9 - 2

1st Phase

Routine Work Marana Yoga

Until 8:13PM

Then Creative Work - Siddha Yoga

3

Saturday, June 18, 2022

Subhakar Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Norman, OK

Sun 3

Sutra 62

Subhakarit 5124

Makara Rasi: 29.13 Tithi 20 – 21

394555471

Gulika

4:24AM – 6:17AM

Yama

1:48PM – 3:41PM

Rahu

8:10AM – 10:03AM

Dhanishtha Until 6:29PM

Vishkambha* Until 11:24PM

Gara Until 11:49PM

Panchami Until 12:54PM

Ganesha: Blue

Sunrise: 4:24AM

Muruqa: Green

Sunset: 7:27PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Moon 6 - Phase 9 - 3

1st Phase

Creative Work Siddha Yoga

Until 6:29PM

Then Creative Work - Amrita Yoga

4

Sunday, June 19, 2022

Subhakar Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Norman, OK

Sun 4

Sutra 63

Subhakarit 5124

Kumbha Rasi: 13.24 Tithi 21 – 22

395655471

Gulika

3:41PM – 5:34PM

Yama

11:56AM – 1:49PM

Rahu

5:34PM – 7:27PM

Shatabhishak Until 5:16PM

Priti Until 9:00PM

Visti Until 10:08PM

Shashthi* Until 10:52AM

Ganesha: Red

Sunrise: 4:24AM

Muruqa: Green

Sunset: 7:27PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Moon 6 - Phase 9 - 4

1st Phase

Creative Work Siddha Yoga

Father's Day

D

Monday, June 20, 2022

Retreat Star

Subhakar Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Norman, OK

Sun 5

Sutra 64

Subhakarit 5124

Kumbha Rasi: 27.08 Tithi 22 – 23

315655471

Gulika

1:49PM – 3:42PM

Yama

10:03AM – 11:56AM

Rahu

6:17AM – 8:10AM

Purvaproshtapada* Until 5:05PM

Ayushman Until 7:10PM

Balava Until 9:12PM

Saptami Until 9:33AM

Ganesha: Clear

Sunrise: 4:24AM

Muruqa: Green

Sunset: 7:27PM

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Moon 6 - Phase 9 - 5

Ashtami

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakar Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK

Sun 6

Sutra 65

Subhakarit 5124

Meena Rasi: 10.25 Tithi 23 – 24

315655471

Gulika

11:56AM – 1:49PM

Yama

8:10AM – 10:03AM

Rahu

3:42PM – 5:35PM

Uttaraproshtapada Until 5:32PM

Saubhagya Until 5:59PM

Taitila Until 9:03PM

Ashtami* Until 9:01AM

Ganesha: Clear

Sunrise: 4:25AM

Muruqa: Green

Sunset: 7:28PM

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Moon 6 - Phase 9 - 6

Navami

Creative Work Amrita Yoga

Until 5:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Norman, OK on 4/26/21

www.gurudeva.org/panchang

1		Wednesday, June 22, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Norman, OK Sun 7 Sutra 66 Subhakit 5124	
Meena Rasi: 23.19	Tithi 24 – 25	Gulika 10:03AM – 11:56AM	Revati Until 6:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM	Moon 6 - Phase 10 - 7	
		Yama 6:18AM – 8:11AM	Sobhana Until 5:24PM	Muruqa: Green	<i>Sunset:</i> 7:28PM	2nd Phase	
	315655471	Rahu 11:56AM – 1:49PM	Vanija Until 9:38PM	Nataraja: Yellow		Devaloka Day	
Routine Work	Marana Yoga		Navami* Until 9:14AM	Moon – Clear		Jyeshtha-Ani	

2		Thursday, June 23, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Norman, OK Sun 8 Sutra 67 Subhakit 5124	
Mesha Rasi: 5.52	Tithi 25 – 26	Gulika 8:11AM – 10:04AM	Ashvini Until 8:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:25AM	Moon 6 - Phase 10 - 8	
		Yama 4:25AM – 6:18AM	Athiganda* Until 5:19PM	Muruqa: Green	<i>Sunset:</i> 7:28PM	2nd Phase	
	325655471	Rahu 1:49PM – 3:42PM	Bava Until 10:53PM	Nataraja: Yellow		Devaloka Day	
Creative Work	Amrita Yoga		Dashami Until 10:10AM	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 8:31PM						Jyeshtha-Ani	
Then Creative Work - Siddha Yoga							

3		Friday, June 24, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Norman, OK Sun 9 Sutra 68 Subhakit 5124	
Mesha Rasi: 18.08	Tithi 26 – 27	Gulika 6:18AM – 8:11AM	Bharani Until 10:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:25AM	Moon 6 - Phase 10 - 9	
		Yama 3:42PM – 5:35PM	Sukarma Until 5:41PM	Muruqa: Green	<i>Sunset:</i> 7:28PM	2nd Phase	
	325655471	Rahu 10:04AM – 11:57AM	Kaulava Until 12:39AM Sat	Nataraja: Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Ekadashi* Until 11:41AM	Moon – White		Devaloka Time: 6:PM to 9:PM	
						Jyeshtha-Ani	

4		Saturday, June 25, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Norman, OK Sun 10 Sutra 69 Subhakit 5124	
Vrishabha Rasi: 0.14	Tithi 27 – 28	Gulika 4:26AM – 6:18AM	Krittika Until 1:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:26AM	Moon 6 - Phase 10 - 10	
		Yama 1:50PM – 3:43PM	Dhriti Until 6:23PM	Muruqa: Green	<i>Sunset:</i> 7:28PM	2nd Phase	
	325655471	Rahu 8:11AM – 10:04AM	Gara Until 2:48AM Sun	Nataraja: Yellow		Devaloka Day	
Creative Work	Amrita Yoga		Dvadashi* Until 1:40PM	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 1:25AM Sun						Jyeshtha-Ani	
Then Creative Work - Siddha Yoga						Pradosha Vrata (Fasting)	

5		Sunday, June 26, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Norman, OK Sun 11 Sutra 70 Subhakit 5124	
Vrishabha Rasi: 12.1	Tithi 28 – 29	Gulika 3:43PM – 5:35PM	Rohini Until 4:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:26AM	Moon 6 - Phase 10 - 11	
		Yama 11:57AM – 1:50PM	Shula* Until 7:17PM	Muruqa: Green	<i>Sunset:</i> 7:28PM	2nd Phase	
	335655471	Rahu 5:35PM – 7:28PM	Visti Until 5:11AM Mon	Nataraja: Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Trayodashi* Until 3:57PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 4:33AM Mon						Jyeshtha-Ani	
Then Creative Work - Amrita Yoga							

6		Monday, June 27, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni* Karana Chaturdashyam Titau		Norman, OK Sun 12 Sutra 71 Subhakit 5124	
Vrishabha Rasi: 24.02	Tithi 29	Gulika 1:50PM – 3:43PM	Mrigashira Until 7:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 4:26AM	Moon 6 - Phase 10 - 12	
Family Home Evening		Yama 10:05AM – 11:57AM	Ganda* Until 8:18PM	Muruqa: Green	<i>Sunset:</i> 7:28PM	2nd Phase	
	335655471	Rahu 6:19AM – 8:12AM	Sakuni Until 6:25PM	Nataraja: Yellow		Devaloka Day	
Creative Work	Amrita Yoga		Chaturdashi* Until 6:25PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 7:37AM Tue						Jyeshtha-Ani	
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, June 28, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Norman, OK Sun 13 Sutra 72 Subhakit 5124	
Mithuna Rasi: 5.52	Tithi 30	Gulika 11:58AM – 1:50PM	Mrigashira Until 7:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:27AM	Moon 6 - Phase 10 - 13	
		Yama 8:12AM – 10:05AM	Vriddhi Until 9:22PM	Muruqa: Green	<i>Sunset:</i> 7:28PM	Amavasya	
	336655471	Rahu 3:43PM – 5:36PM	Catuspada Until 7:41AM	Nataraja: Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Amavasya* Until 8:55PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 7:37AM						Jyeshtha-Ani	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Norman, OK Sun 14 Sutra 73 Subhakit 5124	
Mithuna Rasi: 17.41	Tithi 1	Gulika 10:05AM – 11:58AM	Ardra Until 10:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:27AM	Moon 6 - Phase 10 - 14	
		Yama 6:20AM – 8:12AM	Dhruva Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:28PM	Prathama	
	336655471	Rahu 11:58AM – 1:50PM	Kintughna Until 10:10AM	Nataraja: Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Prathama* Until 11:22PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
						Ashada-Ani	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Norman, OK Sun 15 Sutra 74	
Mithuna Rasi: 29.32	Tithi 2	Gulika 8:13AM – 10:05AM	Punarvasu Until 1:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:28AM	Subhakrit 5124	
		Yama 4:28AM – 6:20AM	Vyaghata* Until 11:16PM	Muruqa: Green	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 11 - 15	
Creative Work	Amrita Yoga	346655471 Rahu 1:50PM – 3:43PM	Balava Until 12:34PM	Nataraja: Yellow		3rd Phase	
			Dvitiya Until 1:41AM Fri	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau		Norman, OK Sun 16 Sutra 75	
Kataka Rasi: 11.27	Tithi 3	Gulika 6:21AM – 8:13AM	Pushya Until 4:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:28AM	Subhakrit 5124	
		Yama 3:43PM – 5:36PM	Harshana Until 12:02AM Sat	Muruqa: Green	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 11 - 16	
Routine Work	Marana Yoga	346655471 Rahu 10:06AM – 11:58AM	Taitila Until 2:47PM	Nataraja: Yellow		3rd Phase	
			Tritiya Until 3:47AM Sat	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Vistii* Karana Chaturthyam Titau		Norman, OK Sun 17 Sutra 76	
Kataka Rasi: 23.27	Tithi 4	Gulika 4:29AM – 6:21AM	Ashlesha* Until 6:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:29AM	Subhakrit 5124	
		Yama 1:51PM – 3:43PM	Vajra* Until 12:34AM Sun	Muruqa: Green	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 11 - 17	
Routine Work	Marana Yoga	346655471 Rahu 8:13AM – 10:06AM	Vanija Until 4:45PM	Nataraja: Yellow		3rd Phase	
Until 6:49PM			Chaturthi* Until 5:36AM Sun	Moon – Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Bava Karana Panchamyam Titau		Norman, OK Sun 18 Sutra 77	
Simha Rasi: 5.34	Tithi 5	Gulika 3:43PM – 5:35PM	Magha* Until 9:12PM	Ganesha: Orange	<i>Sunrise:</i> 4:29AM	Subhakrit 5124	
		Yama 11:58AM – 1:51PM	Siddhi Until 12:50AM Mon	Muruqa: Green	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 11 - 18	
Routine Work	Marana Yoga	356655471 Rahu 5:35PM – 7:28PM	Bava Until 6:23PM	Nataraja: Yellow		3rd Phase	
Until 9:12PM			Panchami Until 7:02AM Mon	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Norman, OK Sun 19 Sutra 78	
Simha Rasi: 17.5	Tithi 5 – 6	Gulika 1:51PM – 3:43PM	Purvaphalguni Until 10:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:30AM	Subhakrit 5124	
Family Home Evening		Yama 10:06AM – 11:59AM	Vyatipata* Until 12:45AM Tue	Muruqa: Green	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 11 - 19	
Creative Work	Siddha Yoga	356655471 Rahu 6:22AM – 8:14AM	Kaulava Until 7:35PM	Nataraja: Yellow		3rd Phase	
			Panchami Until 7:02AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Norman, OK Sun 20 Sutra 79	
Kanya Rasi: 0.2	Tithi 6 – 7	Gulika 11:59AM – 1:51PM	Uttaraphalguni Until 12:04AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:30AM	Subhakrit 5124	
		Yama 8:15AM – 10:07AM	Variyan Until 12:12AM Wed	Muruqa: Green	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 11 - 20	
Creative Work	Amrita Yoga	357655471 Rahu 3:43PM – 5:35PM	Gara Until 8:15PM	Nataraja: Yellow		3rd Phase	
Until 12:04AM Wed			Shashthi* Until 7:58AM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Vistii* Karana Saptami/Ashtamyam Titau		Norman, OK Sun 21 Sutra 80	
Kanya Rasi: 13.05	Tithi 7 – 8	Gulika 10:07AM – 11:59AM	Hasta Until 12:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:31AM	Subhakrit 5124	
		Yama 6:23AM – 8:15AM	Parigha* Until 11:08PM	Muruqa: Green	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 11 - 21	
Routine Work	Marana Yoga	467655471 Rahu 11:59AM – 1:51PM	Visti Until 8:16PM	Nataraja: Yellow		Ashtami	
Until 12:50AM Thu			Saptami Until 8:19AM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Norman, OK Sun 22 Sutra 81	
Kanya Rasi: 26.1	Tithi 8 – 9	Gulika 8:15AM – 10:07AM	Chitra Until 12:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:31AM	Subhakrit 5124	
		Yama 4:31AM – 6:23AM	Shiva Until 9:31PM	Muruqa: Green	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 11 - 22	
Creative Work	Siddha Yoga	467655471 Rahu 1:51PM – 3:43PM	Balava Until 7:33PM	Nataraja: Yellow		Navami	
			Ashtami* Until 7:59AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK Sun 23 Sutra 82
	Tula Rasi: 9.4	Tithi 9 – 10	Gulika 6:24AM – 8:16AM	Svati Until 11:43PM	Ganesha: Clear	<i>Sunrise:</i> 4:32AM	Subhakrit 5124
			Yama 3:43PM – 5:35PM	Siddha Until 7:16PM	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12 - 23
	Creative Work	Siddha Yoga	467655471 Rahu 10:07AM – 11:59AM	Taitila Until 6:07PM	Nataraja: Yellow		4th Phase
			Navami* Until 6:55AM	Moon – Green	Devaloka Day		
				Ashada*Ani			

2	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Norman, OK Sun 24 Sutra 83
	Tula Rasi: 23.35	Tithi 11	Gulika 4:33AM – 6:24AM	Vishakha Until 10:20PM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Subhakrit 5124
			Yama 1:51PM – 3:43PM	Sadhya Until 4:27PM	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	477655471 Rahu 8:16AM – 10:08AM	Vanija Until 3:58PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 2:39AM Sun	Moon – Orange	Bhuloka Day		
				Ashada*Ani	Devaloka Time: 6:PM to 9:PM		

3	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Norman, OK Sun 25 Sutra 84
	Vrischika Rasi: 7.57	Tithi 12	Gulika 3:43PM – 5:34PM	Anuradha Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Subhakrit 5124
			Yama 12:00PM – 1:51PM	Subha Until 1:09PM	Muruqa: Green	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 Rahu 5:34PM – 7:26PM	Bava Until 1:13PM	Nataraja: Yellow		4th Phase
			Dvadashi Until 11:37PM	Moon – Orange	Bhuloka Day		
				Ashada*Ani	Devaloka Time: 6:PM to 9:PM		

4	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Norman, OK Sun 26 Sutra 85
	Vrischika Rasi: 22.43	Tithi 13	Gulika 1:51PM – 3:42PM	Jyeshtha* Until 5:31PM	Ganesha: White	<i>Sunrise:</i> 4:34AM	Subhakrit 5124
	Family Home Evening		Yama 10:08AM – 12:00PM	Sukla Until 9:24AM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 Rahu 6:25AM – 8:17AM	Kaulava Until 9:57AM	Nataraja: Yellow		4th Phase
			Trayodashi Until 8:10PM	Moon – Orange	Bhuloka Day		
				Ashada*Ani	Devaloka Time: 6:PM to 9:PM		
			<i>Pradosha Vrata</i>				

5	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 27 Sutra 86
	Dhanus Rasi: 7.46	Tithi 14 – 15	Gulika 12:00PM – 1:51PM	Mula* Until 2:46PM	Ganesha: White	<i>Sunrise:</i> 4:35AM	Subhakrit 5124
			Yama 8:17AM – 10:09AM	Indra Until 1:11AM Wed	Muruqa: Green	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 Rahu 3:42PM – 5:34PM	Gara Until 6:20AM	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 4:26PM	Moon – Light Blue	Sivaloka Day		
				Ashada*Ani			

○	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK Sun 28 Sutra 87
	Copper Retreat Star		Gulika 10:09AM – 12:00PM	Purvashadha* Until 11:46AM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	Subhakrit 5124
	Dhanus Rasi: 22.59	Tithi 15 – 16	Yama 6:27AM – 8:18AM	Vaidhriti* Until 8:55PM	Muruqa: Green	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488755471 Rahu 12:00PM – 1:51PM	Balava Until 10:41PM	Nataraja: Yellow		
			Purnima* Until 12:35PM	Moon – Light Blue	Devaloka Day		
				Ashada*Ani			
			Satguru Purnima				

○	Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 29 Sutra 88
	Silver Retreat Star		Gulika 8:18AM – 10:09AM	Uttarashadha Until 8:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	Subhakrit 5124
	Makara Rasi: 8.13	Tithi 16 – 17	Yama 4:36AM – 6:27AM	Vishkambha* Until 4:47PM	Muruqa: Green	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 12 - Prathama
	Creative Work	Marana Yoga	488755471 Rahu 1:51PM – 3:42PM	Taitila Until 6:59PM	Nataraja: Yellow		
			Prathama* Until 8:47AM	Moon – Light Blue	Devaloka Day		
				Ashada*Ani			
			Then Creative Work - Siddha Yoga				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Trilyayam Titau

Norman, OK
Sun 1
Sutra 89

Makara Rasi: 23.17 Tithi 18

Gulika 6:28AM – 8:19AM
Yama 3:42PM – 5:32PM
498755471 **Rahu** 10:09AM – 12:00PM

Shravana Until 6:04AM
Priti Until 12:54PM
Vanija Until 3:35PM
Tritiya Until 2:02AM Sat

Ganesha: Blue *Sunrise:* 4:37AM
Muruqa: Green *Sunset:* 7:23PM
Nataraja: Yellow
Moon – Purple
Ashada*Ani

Moon 7 - Phase 13 - 1
1st Phase

Routine Work Marana Yoga
Until 6:04AM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Norman, OK
Sun 2
Sutra 90

Kumbha Rasi: 8.02 Tithi 19

Gulika 4:38AM – 6:28AM
Yama 1:51PM – 3:41PM
498755471 **Rahu** 8:19AM – 10:10AM

Shatabhishak Until 1:50AM Sun
Ayushman Until 9:22AM
Bava Until 12:40PM
Chaturthi* Until 11:25PM

Ganesha: Blue *Sunrise:* 4:38AM
Muruqa: Green *Sunset:* 7:23PM
Nataraja: Yellow
Moon – Purple
Ashada*Adi

Moon 7 - Phase 13 - 2
1st Phase

Creative Work Amrita Yoga
Until 1:50AM Sun
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK
Sun 3
Sutra 91

Kumbha Rasi: 22.22 Tithi 20

Gulika 3:41PM – 5:32PM
Yama 12:00PM – 1:51PM
418755472 **Rahu** 5:32PM – 7:22PM

Purvaproshtapada* Until 12:56AM Mo
Saubhagya Until 6:22AM
Kaulava Until 10:22AM
Panchami Until 9:29PM

Ganesha: White *Sunrise:* 4:39AM
Muruqa: Green *Sunset:* 7:23PM
Nataraja: White
Moon – Clear
Ashada*Adi

Moon 7 - Phase 13 - 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK
Sun 4
Sutra 92

Meena Rasi: 6.12 Tithi 21

Gulika 1:51PM – 3:41PM
Yama 10:10AM – 12:00PM
418755472 **Rahu** 6:30AM – 8:20AM

Uttaraproshtapada Until 12:42AM Tue
Athiganda* Until 2:13AM Tue
Gara Until 8:50AM
Shashthi* Until 8:22PM

Ganesha: White *Sunrise:* 4:39AM
Muruqa: Green *Sunset:* 7:21PM
Nataraja: White
Moon – Clear
Ashada*Adi

Moon 7 - Phase 13 - 4
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Bhuloka Day

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Norman, OK
Sun 5
Sutra 93

Meena Rasi: 19.34 Tithi 22

Gulika 12:00PM – 1:50PM
Yama 8:20AM – 10:10AM
419755472 **Rahu** 3:41PM – 5:31PM

Revati Until 1:10AM Wed
Sukarma Until 1:11AM Wed
Visti Until 8:09AM
Saptami Until 8:06PM

Ganesha: Clear *Sunrise:* 4:40AM
Muruqa: Green *Sunset:* 7:21PM
Nataraja: White
Moon – Clear
Ashada*Adi

Moon 7 - Phase 13 - 5
1st Phase

Creative Work Siddha Yoga
Until 1:10AM Wed
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK
Sun 6
Sutra 94

Mesha Rasi: 2.28 Tithi 23

Gulika 10:11AM – 12:00PM
Yama 6:31AM – 8:21AM
429755472 **Rahu** 12:00PM – 1:50PM

Ashvini Until 2:46AM Thu
Dhriti Until 12:49AM Thu
Balava Until 8:19AM
Ashtami* Until 8:42PM

Ganesha: Purple *Sunrise:* 4:41AM
Muruqa: Green *Sunset:* 7:20PM
Nataraja: White
Moon – White
Ashada*Adi

Moon 7 - Phase 13 - 6
Ashtami

Routine Work Marana Yoga
Until 2:46AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK
Sun 7
Sutra 95

Mesha Rasi: 14.59 Tithi 24

Gulika 8:21AM – 10:11AM
Yama 4:42AM – 6:32AM
429755472 **Rahu** 1:50PM – 3:40PM

Bharani Until 4:54AM Fri
Shula* Until 12:59AM Fri
Taitila Until 9:19AM
Navami* Until 10:03PM

Ganesha: Purple *Sunrise:* 4:42AM
Muruqa: Green *Sunset:* 7:19PM
Nataraja: White
Moon – White
Ashada*Adi

Moon 7 - Phase 13 - 7
Navami

Creative Work Siddha Yoga

Devaloka Day

1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Norman, OK Sun 8 Sutra 96	
Mesha Rasi: 27.12	Tithi 25	Gulika 6:32AM – 8:22AM	Krittika Until 7:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:43AM	Subhakrit 5124	
		Yama 3:39PM – 5:29PM	Ganda* Until 1:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 14 - 8	
		429755472 Rahu 10:11AM – 12:01PM	Vanija Until 10:59AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 11:59PM	Moon – White		Devaloka Day	
Until 7:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Norman, OK Sun 9 Sutra 97	
Virshabha Rasi: 9.13	Tithi 26	Gulika 4:44AM – 6:33AM	Krittika Until 7:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:44AM	Subhakrit 5124	
		Yama 1:50PM – 3:39PM	Vriddhi Until 2:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 14 - 9	
		429755472 Rahu 8:22AM – 10:11AM	Bava Until 1:08PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 2:18AM Sun	Moon – White		Devaloka Day	
				Ashada*Adi			

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Norman, OK Sun 10 Sutra 98	
Virshabha Rasi: 21.05	Tithi 27	Gulika 3:39PM – 5:28PM	Rohini Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	Subhakrit 5124	
		Yama 12:01PM – 1:50PM	Dhruva Until 3:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 14 - 10	
		439755472 Rahu 5:28PM – 7:17PM	Kaulava Until 3:34PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 4:49AM Mon	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Norman, OK Sun 11 Sutra 99	
Mithuna Rasi: 2.54	Tithi 28	Gulika 1:49PM – 3:38PM	Mrigashira Until 1:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	Subhakrit 5124	
Family Home Evening		Yama 10:12AM – 12:01PM	Vyaghata* Until 4:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 Rahu 6:34AM – 8:23AM	Gara Until 6:06PM	Nataraja: White		2nd Phase	
Until 1:37PM			Trayodashi* Until 7:20AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				Pradosha Vrata (Fasting)			

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Norman, OK Sun 12 Sutra 100	
Mithuna Rasi: 14.43	Tithi 28 – 29	Gulika 12:01PM – 1:49PM	Ardra Until 4:30PM	Ganesha: Red	<i>Sunrise:</i> 4:46AM	Subhakrit 5124	
		Yama 8:23AM – 10:12AM	Harshana Until 5:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 14 - 12	
		431755472 Rahu 3:38PM – 5:26PM	Visti Until 8:34PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 7:20AM	Moon – Yellow		Bhuloka Day	
Until 4:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Norman, OK Sun 13 Sutra 101	
Mithuna Rasi: 26.35	Tithi 29 – 30	Gulika 10:12AM – 12:01PM	Punarvasu Until 7:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Subhakrit 5124	
		Yama 6:36AM – 8:24AM	Vajra* Until 6:26AM Thu	Muruqa: Green	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 14 - 13	
		441755472 Rahu 12:01PM – 1:49PM	Catuspada Until 10:52PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:44AM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Norman, OK Sun 14 Sutra 102	
Kataka Rasi: 8.31	Tithi 30 – 1	Gulika 8:24AM – 10:12AM	Pushya Until 10:16PM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Subhakrit 5124	
		Yama 4:48AM – 6:36AM	Vajra* Until 6:26AM	Muruqa: Green	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 14 - 14	
		441755472 Rahu 1:49PM – 3:37PM	Kintughna Until 12:57AM Fri	Nataraja: White		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 11:55AM	Moon – Blue		Bhuloka Day	
Until 10:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1 Friday, July 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 15 Sutra 103 Subhakit 5124
Kataka Rasi: 20.32	Tithi 1 – 2	Gulika 6:37AM – 8:25AM	Ashlesha* Until 12:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM	
		Yama 3:36PM – 5:24PM	Siddhi Until 7:04AM	Muruqa: Green	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 15 - 15
		441755472 Rahu 10:13AM – 12:01PM	Balava Until 2:44AM Sat	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 1:51PM	Moon – Blue		Bhuloka Day
Until 12:31AM Sat				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

2 Saturday, July 30, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Norman, OK Sun 16 Sutra 104 Subhakit 5124
Simha Rasi: 2.41	Tithi 2 – 3	Gulika 4:50AM – 6:38AM	Magha* Until 2:48AM Sun	Ganesha: Red	<i>Sunrise:</i> 4:50AM	
		Yama 1:48PM – 3:36PM	Vyatipata* Until 7:30AM	Muruqa: Green	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 15 - 16
		451755472 Rahu 8:25AM – 10:13AM	Taitila Until 4:12AM Sun	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 3:29PM	Moon – Red		Bhuloka Day
Until 2:48AM Sun				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

3 Sunday, July 31, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Norman, OK Sun 17 Sutra 105 Subhakit 5124
Simha Rasi: 14.58	Tithi 3 – 4	Gulika 3:35PM – 5:23PM	Purvaphalguni Until 4:35AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:51AM	
		Yama 12:00PM – 1:48PM	Variyan Until 7:39AM	Muruqa: Green	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 15 - 17
		451755472 Rahu 5:23PM – 7:10PM	Vanija Until 5:19AM Mon	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 4:47PM	Moon – Red		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

4 Monday, August 1, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Norman, OK Sun 18 Sutra 106 Subhakit 5124
Simha Rasi: 27.24	Tithi 4 – 5	Gulika 1:48PM – 3:35PM	Uttaraphalguni Until 5:48AM Tue	Ganesha: Red	<i>Sunrise:</i> 4:52AM	
Family Home Evening		Yama 10:13AM – 12:00PM	Parigha* Until 7:32AM	Muruqa: Green	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 15 - 18
		451755472 Rahu 6:39AM – 8:26AM	Bava Until 6:02AM Tue	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 5:43PM	Moon – Red		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

5 Tuesday, August 2, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 19 Sutra 107 Subhakit 5124
Kanya Rasi: 10.01	Tithi 5	Gulika 12:00PM – 1:47PM	Hasta Until 6:53AM Wed	Ganesha: Blue	<i>Sunrise:</i> 4:53AM	
		Yama 8:27AM – 10:13AM	Shiva Until 7:06AM	Muruqa: Green	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 15 - 19
		461755472 Rahu 3:34PM – 5:21PM	Bava Until 6:02AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:12PM	Moon – Green		Devaloka Day
		Nag Panchami		Sravana*Adi		

6 Wednesday, August 3, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Norman, OK Sun 20 Sutra 108 Subhakit 5124
Kanya Rasi: 22.5	Tithi 6	Gulika 10:14AM – 12:00PM	Hasta Until 6:53AM	Ganesha: Blue	<i>Sunrise:</i> 4:54AM	
		Yama 6:40AM – 8:27AM	Siddha Until 6:17AM	Muruqa: Green	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 15 - 20
		461755472 Rahu 12:00PM – 1:47PM	Kaulava Until 6:17AM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 6:11PM	Moon – Green		Devaloka Day
Until 6:53AM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 4, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Norman, OK Sun 21 Sutra 109 Subhakit 5124
Retreat Star		Gulika 8:27AM – 10:14AM	Chitra Until 7:17AM	Ganesha: Blue	<i>Sunrise:</i> 4:55AM	
Tula Rasi: 5.56	Tithi 7 – 8	Yama 4:55AM – 6:41AM	Subha Until 3:22AM Fri	Muruqa: White	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 15 - 21
		461765472 Rahu 1:47PM – 3:33PM	Visti Until 6:00AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:37PM	Moon – Green		Devaloka Day
Until 7:17AM				Sravana*Adi		
Then Creative Work - Amrita Yoga						

Friday, August 5, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK Sun 22 Sutra 110 Subhakit 5124
Retreat Star		Gulika 6:42AM – 8:28AM	Svati Until 6:58AM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	
Tula Rasi: 19.22	Tithi 8 – 9	Yama 3:32PM – 5:18PM	Sukla Until 1:09AM Sat	Muruqa: White	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 15 - 22
		461765472 Rahu 10:14AM – 12:00PM	Balava Until 3:38AM Sat	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 4:26PM	Moon – Green		Devaloka Day
		Varalakshmi Vratam		Sravana*Adi		

Saturday, August 6, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK Sun 23 Sutra 111 Subhakit 5124
Retreat Star		Gulika 4:56AM – 6:42AM	Vishakha Until 6:19AM	Ganesha: White	<i>Sunrise:</i> 4:56AM	
Vrischika Rasi: 3.08	Tithi 9 – 10	Yama 1:46PM – 3:32PM	Brahma Until 10:28PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 15 - 23
		472765472 Rahu 8:28AM – 10:14AM	Taitila Until 1:32AM Sun	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 2:38PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Norman, OK on 4/26/21

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 17.17 Tithi 10 - 11 472865472	Gulika	3:31PM - 5:17PM	Jyeshtha* Until 2:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	Moon 7 - Phase 16 - 24 4th Phase
	Yama	12:00PM - 1:45PM	Indra Until 7:20PM	Muruqa: White	<i>Sunset:</i> 7:02PM	
Routine Work Marana Yoga Until 2:53AM Mon Then Creative Work - Siddha Yoga	Rahu	5:17PM - 7:02PM	Vanija Until 10:55PM Dashami Until 12:16PM	Nataraja: White Moon - Orange	Bhuloka Day Devaloka Time: 9:AM to12:PM	

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.49 Tithi 11 - 12 Family Home Evening 482865472	Gulika	1:45PM - 3:30PM	Mula* Until 12:41AM Tue	Ganesha: White	<i>Sunrise:</i> 4:58AM	Moon 7 - Phase 16 - 25 4th Phase
	Yama	10:14AM - 12:00PM	Vaidhriti* Until 3:48PM	Muruqa: White	<i>Sunset:</i> 7:01PM	
Creative Work Siddha Yoga	Rahu	6:44AM - 8:29AM	Bava Until 7:51PM Ekadashi Until 9:25AM	Nataraja: White Moon - Light Blue	Devaloka Day	

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16.37 Tithi 12 - 13 482865472	Gulika	12:00PM - 1:45PM	Purvashadha* Until 10:04PM	Ganesha: White	<i>Sunrise:</i> 4:59AM	Moon 7 - Phase 16 - 26 4th Phase
	Yama	8:29AM - 10:15AM	Vishkambha* Until 11:59AM	Muruqa: White	<i>Sunset:</i> 7:00PM	
Creative Work Siddha Yoga Until 10:04PM Then Routine Work - Prabararishta Yoga	Rahu	3:30PM - 5:15PM	Taitila Until 2:41AM Wed Dvadashi Until 6:10AM <i>Pradosha Vrata</i>	Nataraja: White Moon - Light Blue	Devaloka Day	

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Norman, OK Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1.38 Tithi 14 482865472	Gulika	10:15AM - 11:59AM	Uttarashadha Until 7:11PM	Ganesha: White	<i>Sunrise:</i> 5:00AM	Moon 7 - Phase 16 - 27 4th Phase
	Yama	6:45AM - 8:30AM	Priti Until 8:01AM	Muruqa: White	<i>Sunset:</i> 6:59PM	
Creative Work Amrita Yoga Until 7:11PM Then Creative Work - Siddha Yoga	Rahu	11:59AM - 1:44PM	Gara Until 12:55PM Chaturdashi* Until 11:06PM	Nataraja: White Moon - Light Blue	Devaloka Day	

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Norman, OK Sutra 116 Subhakrit 5124
Makara Rasi: 16.41 Tithi 15 492865472	Gulika	8:30AM - 10:15AM	Shravana Until 4:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Moon 7 - Phase 16 - Purnima
	Yama	5:01AM - 6:46AM	Saubhagya Until 12:02AM Fri	Muruqa: White	<i>Sunset:</i> 6:57PM	
Creative Work Siddha Yoga	Rahu	1:44PM - 3:28PM	Visti Until 9:20AM Purnima* Until 7:35PM	Nataraja: White Moon - Purple	Bhuloka Day Devaloka Time: 9:AM to12:PM	

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Norman, OK Sutra 117 Subhakrit 5124
Kumbha Rasi: 1.39 Tithi 16 - 17 492865472	Gulika	6:46AM - 8:31AM	Dhanishtha Until 2:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Moon 7 - Phase 16 - Prathama
	Yama	3:28PM - 5:12PM	Sobhana Until 8:20PM	Muruqa: White	<i>Sunset:</i> 6:56PM	
Creative Work Siddha Yoga	Rahu	10:15AM - 11:59AM	Taitila Until 2:50AM Sat Prathama* Until 4:18PM	Nataraja: White Moon - Purple	Bhuloka Day Devaloka Time: 9:AM to12:PM	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Kumbha Rasi: 16.22 Tithi 17 – 18
492865472
Creative Work Amrita Yoga
Until 11:51AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilayam Titau
Gulika 5:03AM – 6:47AM
Yama 1:43PM – 3:27PM
Rahu 8:31AM – 10:15AM
Shatabhishak Until 11:51AM
Athiganda* Until 4:59PM
Vanija Until 12:13AM Sun
Dvitiya Until 1:26PM

Norman, OK
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

1

Sunday, August 14, 2022

Meena Rasi: 0.43 Tithi 18 – 19
412865472
Creative Work Siddha Yoga
Until 10:27AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilaya/Chaturthiyam Titau
Gulika 3:26PM – 5:10PM
Yama 11:59AM – 1:42PM
Rahu 5:10PM – 6:53PM
Purvaprosarthapada* Until 10:27AM
Sukarma Until 2:08PM
Bava Until 10:16PM
Tritiya Until 11:08AM

Norman, OK
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

2

Monday, August 15, 2022

Meena Rasi: 15 Tithi 19 – 20
412865472
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 1:42PM – 3:25PM
Yama 10:15AM – 11:59AM
Rahu 6:48AM – 8:32AM
Uttaraprosarthapada Until 9:37AM
Dhriti Until 11:53AM
Kaulava Until 9:05PM
Chaturthi* Until 9:33AM

Norman, OK
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Tuesday, August 16, 2022

Meena Rasi: 28.01 Tithi 20 – 21
412865472
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthiyam Titau
Gulika 11:58AM – 1:41PM
Yama 8:32AM – 10:15AM
Rahu 3:24PM – 5:07PM
Revati Until 9:27AM
Shula* Until 10:18AM
Gara Until 8:46PM
Panchami Until 8:48AM

Norman, OK
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

4

Wednesday, August 17, 2022

Mesha Rasi: 10.58 Tithi 21 – 22
522865472
Routine Work Marana Yoga
Until 10:27AM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 10:15AM – 11:58AM
Yama 6:50AM – 8:33AM
Rahu 11:58AM – 1:41PM
Ashvini Until 10:27AM
Ganda* Until 9:25AM
Visti Until 9:19PM
Shashthi* Until 8:55AM

Norman, OK
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

5

Thursday, August 18, 2022
Retreat Star

Mesha Rasi: 23.31 Tithi 22 – 23
522865472
Creative Work Siddha Yoga
Until 12:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 8:33AM – 10:15AM
Yama 5:08AM – 6:51AM
Rahu 1:40PM – 3:23PM
Bharani Until 12:06PM
Vridhhi Until 9:12AM
Balava Until 10:40PM
Saptami Until 9:53AM

Norman, OK
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami
Bhuloka Day
Devaloka Time: 9:AM to12:PM

Friday, August 19, 2022
Retreat Star

Vrishabha Rasi: 5.45 Tithi 23 – 24
523865472
Creative Work Siddha Yoga
Until 2:16PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau
Gulika 6:51AM – 8:33AM
Yama 3:22PM – 5:04PM
Rahu 10:15AM – 11:58AM
Krittika Until 2:16PM
Dhruva Until 9:30AM
Taila Until 12:37AM Sat
Ashtami* Until 11:33AM

Norman, OK
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami
Bhuloka Day

1	Saturday, August 20, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Norman, OK
	Wishabha Rasi: 17.46	Tithi 24 – 25	533865472	Gulika 5:10AM – 6:52AM Yama 1:39PM – 3:21PM Rahu 8:34AM – 10:16AM	Rohini Until 5:13PM Vyaghata* Until 10:13AM Vanija Until 2:57AM Sun Navami* Until 1:44PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 8 Sutra 125 Subhakra 5124 Moon 8 - Phase 18 - 8 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Amrita Yoga							
Until 5:13PM							
Then Creative Work - Siddha Yoga							


2	Sunday, August 21, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Norman, OK
	Wishabha Rasi: 29.38	Tithi 25 – 26	533865472	Gulika 3:20PM – 5:02PM Yama 11:57AM – 1:39PM Rahu 5:02PM – 6:43PM	Mrigashira Until 8:14PM Harshana Until 11:11AM Bava Until 5:27AM Mon Dashami Until 4:10PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 9 Sutra 126 Subhakra 5124 Moon 8 - Phase 18 - 9 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga							


3	Monday, August 22, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Balava Karana Ekadashyam Titau				Norman, OK
	Mithuna Rasi: 11.28	Tithi 26	533865472	Gulika 1:38PM – 3:19PM Yama 10:16AM – 11:57AM Rahu 6:53AM – 8:34AM	Ardra Until 11:05PM Vajra* Until 12:11PM Balava Until 6:40PM Ekadashi* Until 6:40PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 10 Sutra 127 Subhakra 5124 Moon 8 - Phase 18 - 10 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Family Home Evening							
Creative Work Siddha Yoga							
Until 11:05PM							
Then Creative Work - Amrita Yoga							

4	Tuesday, August 23, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Norman, OK
	Mithuna Rasi: 23.19	Tithi 27	543865472	Gulika 11:57AM – 1:38PM Yama 8:35AM – 10:16AM Rahu 3:19PM – 5:00PM	Punarvasu Until 2:08AM Wed Siddhi Until 1:07PM Kaulava Until 7:54AM Dvadashi* Until 9:02PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 11 Sutra 128 Subhakra 5124 Moon 8 - Phase 18 - 11 2nd Phase Bhuloka Day
Creative Work Siddha Yoga							

5	Wednesday, August 24, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Norman, OK
	Kataka Rasi: 5.15	Tithi 28	543865472	Gulika 10:16AM – 11:56AM Yama 6:54AM – 8:35AM Rahu 11:56AM – 1:37PM	Pushya Until 4:45AM Thu Vyatipata* Until 1:54PM Gara Until 10:08AM Trayodashi* Until 11:08PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 12 Sutra 129 Subhakra 5124 Moon 8 - Phase 18 - 12 2nd Phase Bhuloka Day
Creative Work Siddha Yoga							

6	Thursday, August 25, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Norman, OK
	Kataka Rasi: 17.17	Tithi 29	543865472	Gulika 8:35AM – 10:16AM Yama 5:15AM – 6:55AM Rahu 1:36PM – 3:17PM	Ashlesha* Until 6:51AM Fri Variyan Until 2:24PM Visti Until 12:04PM Chaturdashi* Until 12:53AM Fri	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 13 Sutra 130 Subhakra 5124 Moon 8 - Phase 18 - 13 2nd Phase Bhuloka Day
Creative Work Siddha Yoga							
Until 6:51AM Fri							
Then Routine Work - Marana Yoga							

	Friday, August 26, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Norman, OK	
	Retreat Star		Kataka Rasi: 29.28	Tithi 30	543865472	Gulika 6:56AM – 8:36AM Yama 3:16PM – 4:56PM Rahu 10:16AM – 11:56AM	Ashlesha* Until 6:51AM Parigha* Until 2:38PM Catuspada Until 1:38PM Amavasya* Until 2:15AM Sat	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani
Routine Work Marana Yoga								

	Saturday, August 27, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK	
	Retreat Star		Simha Rasi: 11.49	Tithi 1	553865473	Gulika 5:17AM – 6:56AM Yama 1:35PM – 3:15PM Rahu 8:36AM – 10:16AM	Magha* Until 8:54AM Shiva Until 2:35PM Kintughna Until 2:49PM Prathama* Until 3:14AM Sun	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red Bhadrapada-Avani
Creative Work Amrita Yoga								
Until 8:54AM								
Then Creative Work - Siddha Yoga								

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Norman, OK on 4/26/21

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1		Sunday, August 28, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Norman, OK Sun 16 Sutra 133 Subhakrit 5124	
Simha Rasi: 24.2	Tithi 2	Gulika	3:14PM – 4:53PM	Purvaphalguni Until 10:24AM	Ganesha: Blue	<i>Sunrise:</i> 5:18AM			
		Yama	11:55AM – 1:35PM	Siddha Until 2:11PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 19 - 16		
		553865473 Rahu	4:53PM – 6:33PM	Balava Until 3:36PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 3:49AM Mon	Moon – Red		Bhuloka Day		
Until 10:24AM					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga									

2		Monday, August 29, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau		Norman, OK Sun 17 Sutra 134 Subhakrit 5124	
Kanya Rasi: 7.02	Tithi 3	Gulika	1:34PM – 3:13PM	Uttaraphalguni Until 11:22AM	Ganesha: Blue	<i>Sunrise:</i> 5:19AM			
Family Home Evening		Yama	10:16AM – 11:55AM	Sadhya Until 1:30PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19 - 17		
		553865473 Rahu	6:58AM – 8:37AM	Taitila Until 3:59PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 4:01AM Tue	Moon – Red		Bhuloka Day		
					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM		

3		Tuesday, August 30, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau		Norman, OK Sun 18 Sutra 135 Subhakrit 5124	
Kanya Rasi: 19.55	Tithi 4	Gulika	11:55AM – 1:33PM	Hasta Until 12:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:20AM			
		Yama	8:37AM – 10:16AM	Subha Until 12:32PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 19 - 18		
		563865473 Rahu	3:12PM – 4:51PM	Vanija Until 4:00PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Chaturthi* Until 3:51AM Wed	Moon – Green		Bhuloka Day		
		Ganesha Chaturthi			Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM		

4		Wednesday, August 31, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau		Norman, OK Sun 19 Sutra 136 Subhakrit 5124	
Tula Rasi: 2.59	Tithi 5	Gulika	10:16AM – 11:54AM	Chitra Until 12:39PM	Ganesha: Red	<i>Sunrise:</i> 5:21AM			
		Yama	6:59AM – 8:37AM	Sukla Until 11:14AM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 19 - 19		
		563965473 Rahu	11:54AM – 1:33PM	Bava Until 3:38PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Panchami Until 3:17AM Thu	Moon – Green		Devaloka Day		
					Bhadrapada*Avani				

5		Thursday, September 1, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau		Norman, OK Sun 20 Sutra 137 Subhakrit 5124	
Tula Rasi: 16.16	Tithi 6	Gulika	8:38AM – 10:16AM	Svati Until 12:30PM	Ganesha: Red	<i>Sunrise:</i> 5:22AM			
		Yama	5:22AM – 7:00AM	Brahma Until 9:38AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 19 - 20		
		563965473 Rahu	1:32PM – 3:10PM	Kaulava Until 2:52PM	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga			Shashthi* Until 2:18AM Fri	Moon – Green		Devaloka Day		
Until 12:30PM					Bhadrapada*Avani				
Then Creative Work - Siddha Yoga									

6		Friday, September 2, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau		Norman, OK Sun 21 Sutra 138 Subhakrit 5124	
Tula Rasi: 29.47	Tithi 7	Gulika	7:00AM – 8:38AM	Vishakha Until 12:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM			
		Yama	3:09PM – 4:47PM	Indra Until 7:43AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 19 - 21		
		574965473 Rahu	10:16AM – 11:54AM	Gara Until 1:41PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Saptami Until 12:55AM Sat	Moon – Orange		Devaloka Day		
					Bhadrapada*Avani				

Retreat Star		Saturday, September 3, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau		Norman, OK Sun 22 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 13.32	Tithi 8	Gulika	5:23AM – 7:01AM	Anuradha Until 11:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM			
		Yama	1:31PM – 3:08PM	Vishkambha* Until 2:49AM Sun	Muruqa: White	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 19 - 22		
		574965473 Rahu	8:38AM – 10:16AM	Visti Until 12:05PM	Nataraja: Clear		Ashtami		
Creative Work	Siddha Yoga			Ashtami* Until 11:07PM	Moon – Orange		Devaloka Day		
					Bhadrapada*Avani				

Retreat Star		Sunday, September 4, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau		Norman, OK Sun 23 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 27.32	Tithi 9	Gulika	3:07PM – 4:45PM	Jyeshtha* Until 10:01AM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM			
		Yama	11:53AM – 1:30PM	Priti Until 11:55PM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19 - 23		
		574965473 Rahu	4:45PM – 6:22PM	Balava Until 10:05AM	Nataraja: Clear		Navami		
Routine Work	Marana Yoga			Navami* Until 8:55PM	Moon – Orange		Devaloka Day		
Until 10:01AM					Bhadrapada*Avani				
Then Creative Work - Amrita Yoga									

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Norman, OK Sun 24
	Dhanus Rasi: 11.48	Tithi 10	Gulika 1:30PM – 3:06PM	Mula* Until 8:32AM	Ganesha: White	<i>Sunrise:</i> 5:25AM	Subhakit 5124
Family Home Evening	584965473	Rahu 7:02AM – 8:39AM	Ayushman Until 8:42PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20 - 24	
Creative Work Siddha Yoga			Taitila Until 7:42AM	Nataraja: Clear		4th Phase	
Until 8:32AM			Dashami Until 6:22PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Marana Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

2	Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 25
	Dhanus Rasi: 26.17	Tithi 11 – 12	Gulika 11:52AM – 1:29PM	Purvashadha* Until 6:36AM	Ganesha: White	<i>Sunrise:</i> 5:26AM	Subhakit 5124
584965473		Rahu 3:05PM – 4:42PM	Saubhagya Until 5:16PM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20 - 25	
Creative Work Siddha Yoga			Bava Until 2:05AM Wed	Nataraja: Clear		4th Phase	
Until 6:36AM			Ekadashi Until 3:33PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Prabarashita Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3	Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau				Norman, OK Sun 26
	Makara Rasi: 10.55	Tithi 12 – 13	Gulika 10:16AM – 11:52AM	Shravana Until 2:15AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Subhakit 5124
594965473		Rahu 11:52AM – 1:28PM	Sobhana Until 1:44PM	Muruqa: White	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 20 - 26	
Creative Work Siddha Yoga			Kaulava Until 11:04PM	Nataraja: Clear		4th Phase	
			Dvadashti Until 12:34PM	Moon – Purple		Devaloka Day	
				Bhadrapada*Avani			

Pradosha Vrata

4	Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 27
	Makara Rasi: 25.37	Tithi 13 – 14	Gulika 8:40AM – 10:16AM	Dhanishtha Until 12:04AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Subhakit 5124
594965473		Rahu 1:28PM – 3:03PM	Athiganda* Until 10:09AM	Muruqa: White	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20 - 27	
Creative Work Siddha Yoga			Gara Until 8:05PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 9:33AM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam		Bhadrapada*Avani			

○	Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 28
	Copper Retreat Star		Gulika 7:05AM – 8:40AM	Shatabhishak Until 9:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Subhakit 5124
Kumbha Rasi: 10.16	Tithi 14 – 15	Rahu 10:16AM – 11:51AM	Sukarma Until 6:40AM	Muruqa: White	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20 -	
594965473			Bava Until 3:59AM Sat	Nataraja: Clear		Purnima	
Creative Work Siddha Yoga			Chaturdashi* Until 6:38AM	Moon – Purple		Devaloka Day	
				Bhadrapada*Avani			

○	Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sun 29
	Silver Retreat Star		Gulika 5:30AM – 7:05AM	Purvaproshtapada* Until 8:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Subhakit 5124
Kumbha Rasi: 24.43	Tithi 16	Rahu 8:41AM – 10:16AM	Shula* Until 12:28AM Sun	Muruqa: White	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 20 -	
514965473			Balava Until 2:49PM	Nataraja: Clear		Prathama	
Routine Work Marana Yoga			Prathama* Until 1:45AM Sun	Moon – Clear		Devaloka Day	
Until 8:31PM				Bhadrapada*Avani			
Then Creative Work - Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Norman, OK
Sutra 147

Meena Rasi: 8.52 Tithi 17

514965473

Gulika 3:00PM – 4:35PM
Yama 11:51AM – 1:26PM
Rahu 4:35PM – 6:10PM

Uttaraproshtapada Until 7:27PM
Ganda* Until 9:59PM
Taitila Until 12:51PM

Ganesha: Clear *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:10PM

Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 12:05AM Mon

Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Norman, OK
Sun 1 Sutra 148

Meena Rasi: 22.4 Tithi 18

514965473

Gulika 1:25PM – 2:59PM
Yama 10:16AM – 11:50AM
Rahu 7:07AM – 8:41AM

Revati Until 6:55PM
Vriddhi Until 8:04PM
Vanija Until 11:31AM
Tritiya Until 11:06PM

Ganesha: Clear *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:09PM

Moon 9 - Phase 21 - 1
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

2

Tuesday, September 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Norman, OK
Sun 2 Sutra 149

Mesha Rasi: 6.02 Tithi 19

524965473

Gulika 11:50AM – 1:24PM
Yama 8:41AM – 10:16AM
Rahu 2:58PM – 4:33PM

Ashvini Until 7:25PM
Dhruva Until 6:44PM
Bava Until 10:56AM
Chaturthi* Until 10:55PM

Ganesha: White *Sunrise:* 5:33AM
Muruqa: White *Sunset:* 6:07PM

Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK
Sun 3 Sutra 150

Mesha Rasi: 18.59 Tithi 20

524965473

Gulika 10:16AM – 11:50AM
Yama 7:08AM – 8:42AM
Rahu 11:50AM – 1:24PM

Bharani Until 8:34PM
Vyaghata* Until 6:03PM
Kaulava Until 11:09AM
Panchami Until 11:32PM

Ganesha: White *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 6:05PM

Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga
Until 8:34PM

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

Then Creative Work - Amrita Yoga

4

Thursday, September 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK
Sun 4 Sutra 151

Vrishabha Rasi: 1.33 Tithi 21

525965473

Gulika 8:42AM – 10:16AM
Yama 5:35AM – 7:08AM
Rahu 1:23PM – 2:56PM

Krittika Until 10:17PM
Harshana Until 5:59PM
Gara Until 12:08PM
Shashthi* Until 12:53AM Fri

Ganesha: Clear *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 6:04PM

Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Devaloka Day

Bhadrapada-Avani

5

Friday, September 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Norman, OK
Sun 5 Sutra 152

Vrishabha Rasi: 13.49 Tithi 22

535965473

Gulika 7:09AM – 8:42AM
Yama 2:55PM – 4:29PM
Rahu 10:16AM – 11:49AM

Rohini Until 12:55AM Sat
Vajra* Until 6:22PM
Visti Until 1:49PM
Saptami Until 2:50AM Sat

Ganesha: White *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:02PM

Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga
Until 12:55AM Sat

Sivaloka Day

Bhadrapada-Puratasi

Then Creative Work - Siddha Yoga

D

Saturday, September 17, 2022
Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK
Sun 6 Sutra 153

Vrishabha Rasi: 25.52 Tithi 23

535965473

Gulika 5:37AM – 7:10AM
Yama 1:21PM – 2:54PM
Rahu 8:43AM – 10:16AM

Mrigashira Until 3:44AM Sun
Siddhi Until 7:06PM
Balava Until 3:58PM
Ashtami* Until 5:09AM Sun

Ganesha: White *Sunrise:* 5:37AM
Muruqa: White *Sunset:* 6:00PM

Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Puratasi

Sunday, September 18, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Taitila Karana Navamyam Titau

Norman, OK
Sun 7 Sutra 154

Mithuna Rasi: 7.46 Tithi 24

535965473

Gulika 2:53PM – 4:26PM
Yama 11:48AM – 1:21PM
Rahu 4:26PM – 5:59PM

Ardra Until 6:33AM Mon
Vyatipata* Until 8:01PM
Taitila Until 6:23PM
Navami* Until 7:36AM Mon

Ganesha: White *Sunrise:* 5:38AM
Muruqa: White *Sunset:* 5:59PM

Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga
Until 6:33AM Mon

Sivaloka Day

Bhadrapada-Puratasi

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Norman, OK on 4/26/21

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1	Monday, September 19, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Norman, OK
	Mithuna Rasi: 19.38	Tithi 24 – 25	Gulika 1:20PM – 2:52PM	Ardra Until 6:33AM	Ganesha: White	Sunrise: 5:39AM	Sun 8 Sutra 155
Family Home Evening		535965473	Yama 10:16AM – 11:48AM	Variyan Until 8:54PM	Muruqa: White	Sunset: 5:57PM	Subhakarit 5124
Creative Work	Siddha Yoga	Rahu 7:11AM – 8:43AM	Variyan Until 8:49PM	Nataraja: Clear			Moon 9 - Phase 22 - 8
Until 6:33AM			Navami* Until 7:36AM	Moon – Yellow	Sivaloka Day		2nd Phase
Then Creative Work - Amrita Yoga							


2	Tuesday, September 20, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Norman, OK
	Kataka Rasi: 1.32	Tithi 25 – 26	Gulika 11:47AM – 1:19PM	Punarvasu Until 9:36AM	Ganesha: Yellow	Sunrise: 5:40AM	Sun 9 Sutra 156
		545965473	Yama 8:44AM – 10:16AM	Parigha* Until 9:40PM	Muruqa: White	Sunset: 5:55PM	Subhakarit 5124
Creative Work	Siddha Yoga	Rahu 2:51PM – 4:23PM	Bava Until 11:05PM	Nataraja: Clear			Moon 9 - Phase 22 - 9
			Dashami Until 9:58AM	Moon – Blue	Devaloka Day		2nd Phase
Then Creative Work - Amrita Yoga							

3	Wednesday, September 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK
	Kataka Rasi: 13.31	Tithi 26 – 27	Gulika 10:16AM – 11:47AM	Pushya Until 12:15PM	Ganesha: Yellow	Sunrise: 5:41AM	Sun 10 Sutra 157
		545965473	Yama 7:12AM – 8:44AM	Shiva Until 10:12PM	Muruqa: White	Sunset: 5:54PM	Subhakarit 5124
Creative Work	Siddha Yoga	Rahu 11:47AM – 1:19PM	Kaulava Until 12:59AM Thu	Nataraja: Clear			Moon 9 - Phase 22 - 10
			Ekadashi* Until 12:04PM	Moon – Blue	Devaloka Day		2nd Phase
Then Creative Work - Amrita Yoga							

4	Thursday, September 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK
	Kataka Rasi: 25.38	Tithi 27 – 28	Gulika 8:44AM – 10:15AM	Ashlesha* Until 2:20PM	Ganesha: Yellow	Sunrise: 5:42AM	Sun 11 Sutra 158
		545965473	Yama 5:42AM – 7:13AM	Siddha Until 10:21PM	Muruqa: White	Sunset: 5:52PM	Subhakarit 5124
Creative Work	Siddha Yoga	Rahu 1:18PM – 2:49PM	Gara Until 2:27AM Fri	Nataraja: Clear			Moon 9 - Phase 22 - 11
Until 2:20PM			Dvadashi* Until 1:46PM	Moon – Blue	Devaloka Day		2nd Phase
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata (Fasting)</i>							

5	Friday, September 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK
	Simha Rasi: 7.58	Tithi 28 – 29	Gulika 7:14AM – 8:45AM	Magha* Until 4:18PM	Ganesha: Red	Sunrise: 5:43AM	Sun 12 Sutra 159
		555965473	Yama 2:48PM – 4:19PM	Sadhya Until 10:09PM	Muruqa: White	Sunset: 5:50PM	Subhakarit 5124
Routine Work	Marana Yoga	Rahu 10:15AM – 11:46AM	Visti Until 3:26AM Sat	Nataraja: Clear			Moon 9 - Phase 22 - 12
Until 4:18PM			Trayodashi* Until 2:59PM	Moon – Red	Devaloka Day		2nd Phase
Then Creative Work - Siddha Yoga							

6	Saturday, September 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Norman, OK
	Simha Rasi: 20.31	Tithi 29 – 30	Gulika 5:44AM – 7:14AM	Purvaphalguni Until 5:36PM	Ganesha: Green	Sunrise: 5:44AM	Sun 13 Sutra 160
		556965473	Yama 1:17PM – 2:47PM	Subha Until 9:34PM	Muruqa: White	Sunset: 5:49PM	Subhakarit 5124
Creative Work	Siddha Yoga	Rahu 8:45AM – 10:15AM	Catuspada Until 3:53AM Sun	Nataraja: Clear			Moon 9 - Phase 22 - 13
Until 5:36PM			Chaturdashi* Until 3:42PM	Moon – Red	Bhuloka Day		2nd Phase
Then Routine Work - Marana Yoga							
Devaloka Time: 6:PM to 9:PM							

	Sunday, September 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Norman, OK
	Retreat Star		Gulika 2:46PM – 4:17PM	Uttaraphalguni Until 6:15PM	Ganesha: Blue	Sunrise: 5:45AM	Sun 14 Sutra 161
Kanya Rasi: 3.17	Tithi 30 – 1	556165473	Yama 11:46AM – 1:16PM	Sukla Until 8:33PM	Muruqa: White	Sunset: 5:47PM	Subhakarit 5124
Creative Work	Amrita Yoga	Rahu 4:17PM – 5:47PM	Kintughna Until 3:50AM Mon	Nataraja: Clear			Moon 9 - Phase 22 - 14
			Amavasya* Until 3:54PM	Moon – Red	Bhuloka Day		Amavasya
Devaloka Time: 6:PM to 9:PM							
Mahalaya Amavasya (Tamil Nadu)							

Retreat Star	Monday, September 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK
	Kanya Rasi: 16.19	Tithi 1 – 2	Gulika 1:15PM – 2:45PM	Hasta Until 6:45PM	Ganesha: Blue	Sunrise: 5:46AM	Sun 15 Sutra 162
Family Home Evening		566165473	Yama 10:15AM – 11:45AM	Brahma Until 7:11PM	Muruqa: White	Sunset: 5:45PM	Subhakarit 5124
Creative Work	Siddha Yoga	Rahu 7:16AM – 8:45AM	Balava Until 3:21AM Tue	Nataraja: Clear			Moon 9 - Phase 22 - 15
Until 6:45PM			Prathama* Until 3:38PM	Moon – Green	Bhuloka Day		Prathama
Then Routine Work - Prabalarishta Yoga							
Devaloka Time: 6:PM to 9:PM							
Navaratri Begins							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1 Tuesday, September 27, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Norman, OK
 Chitra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 163
 Kanya Rasi: 29.34 Tithi 2 – 3 **Gulika** 11:45AM – 1:15PM **Chitra Until 6:41PM** **Ganesha:** Blue *Sunrise:* 5:47AM Subhakrit 5124
 Yama 8:46AM – 10:15AM **Indra Until 5:31PM** **Muruqa:** White *Sunset:* 5:44PM Moon 9 - Phase 23 - 16
 666165473 **Rahu** 2:44PM – 4:14PM **Taitila Until 2:29AM Wed** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Dvitiya Until 2:57PM** **Moon – Green** **Bhuloka Day**
Ashvina+Puratasi **Devaloka Time: 6:PM to 9:PM**

2 Wednesday, September 28, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Norman, OK
 Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 164
 Tula Rasi: 13.01 Tithi 3 – 4 **Gulika** 10:15AM – 11:45AM **Svati Until 6:09PM** **Ganesha:** Blue *Sunrise:* 5:48AM Subhakrit 5124
 Yama 7:17AM – 8:46AM **Vaidhriti* Until 3:32PM** **Muruqa:** White *Sunset:* 5:42PM Moon 9 - Phase 23 - 17
 666165473 **Rahu** 11:45AM – 1:14PM **Vanija Until 1:17AM Thu** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Tritiya Until 1:54PM** **Moon – Green** **Bhuloka Day**
Ashvina+Puratasi **Devaloka Time: 6:PM to 9:PM**

3 Thursday, September 29, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Norman, OK
 Vishakha/Anuradha Nakshatra Vishkambha*/Prili Yoga Visil*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 165
 Tula Rasi: 26.4 Tithi 4 – 5 **Gulika** 8:46AM – 10:15AM **Vishakha Until 5:37PM** **Ganesha:** Blue *Sunrise:* 5:49AM Subhakrit 5124
 Yama 5:49AM – 7:17AM **Vishkambha* Until 1:19PM** **Muruqa:** White *Sunset:* 5:40PM Moon 9 - Phase 23 - 18
 676165473 **Rahu** 1:13PM – 2:42PM **Bava Until 11:49PM** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Chaturthi* Until 12:34PM** **Moon – Orange** **Bhuloka Day**
Ashvina+Puratasi **Devaloka Time: 6:PM to 9:PM**

4 Friday, September 30, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Norman, OK
 Anuradha/Jyeshtha* Nakshatra Prili/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 166
 Vrischika Rasi: 10.28 Tithi 5 – 6 **Gulika** 7:18AM – 8:47AM **Anuradha Until 4:41PM** **Ganesha:** Blue *Sunrise:* 5:49AM Subhakrit 5124
 Yama 2:41PM – 4:10PM **Priti Until 10:56AM** **Muruqa:** White *Sunset:* 5:39PM Moon 9 - Phase 23 - 19
 676165473 **Rahu** 10:15AM – 11:44AM **Kaulava Until 10:07PM** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Panchami Until 10:58AM** **Moon – Orange** **Bhuloka Day**
 Until 4:41PM **Ashvina+Puratasi** **Devaloka Time: 6:PM to 9:PM**
 Then Routine Work - Marana Yoga

5 Saturday, October 1, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Norman, OK
 Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 20 Sutra 167
 Vrischika Rasi: 24.24 Tithi 6 – 7 **Gulika** 5:50AM – 7:19AM **Jyeshtha* Until 3:26PM** **Ganesha:** Red *Sunrise:* 5:50AM Subhakrit 5124
 Yama 1:12PM – 2:40PM **Ayushman Until 8:21AM** **Muruqa:** White *Sunset:* 5:37PM Moon 9 - Phase 23 - 20
 677165473 **Rahu** 8:47AM – 10:15AM **Gara Until 8:13PM** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Shashthi* Until 9:10AM** **Moon – Orange** **Devaloka Day**
Ashvina+Puratasi

Retreat Star Sunday, October 2, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Norman, OK
 Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 168
 Dhanus Rasi: 8.27 Tithi 7 – 8 **Gulika** 2:39PM – 4:07PM **Mula* Until 2:17PM** **Ganesha:** Blue *Sunrise:* 5:51AM Subhakrit 5124
 Yama 11:43AM – 1:11PM **Sobhana Until 2:48AM Mon** **Muruqa:** Green *Sunset:* 5:35PM Moon 9 - Phase 23 - 21
 687166473 **Rahu** 4:07PM – 5:35PM **Visiti Until 6:10PM** **Nataraja:** Clear Ashtami
 Creative Work Amrita Yoga **Durga Ashtami** **Saptami Until 7:12AM** **Moon – Light Blue** **Sivaloka Day**
 Until 2:17PM **Ashvina+Puratasi**

Retreat Star Monday, October 3, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Norman, OK
 Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 169
 Dhanus Rasi: 22.35 Tithi 9 **Gulika** 1:11PM – 2:38PM **Purvashadha* Until 12:52PM** **Ganesha:** Blue *Sunrise:* 5:52AM Subhakrit 5124
 Yama 10:15AM – 11:43AM **Athiganda* Until 11:51PM** **Muruqa:** Green *Sunset:* 5:34PM Moon 9 - Phase 23 - 22
 687166473 **Rahu** 7:20AM – 8:48AM **Balava Until 3:59PM** **Nataraja:** Clear Navami
 Family Home Evening **Navami* Until 2:50AM Tue** **Moon – Light Blue** **Sivaloka Day**
 Routine Work Marana Yoga **Saraswathi Puja (Tamil Nadu)** **Ashvina+Puratasi**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Norman, OK Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 6.49	Tithi 10	Gulika	11:43AM – 1:10PM	Uttarashadha Until 11:12AM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM		
		Yama	8:48AM – 10:15AM	Sukarma Until 8:50PM	Muruqa: Green	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24 - 23	
		687166473 Rahu	2:37PM – 4:05PM	Taitila Until 1:43PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 12:32AM Wed	Moon – Light Blue		Sivaloka Day	
Until 11:12AM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Norman, OK Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 21.05	Tithi 11	Gulika	10:15AM – 11:42AM	Shravana Until 9:46AM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM		
		Yama	7:21AM – 8:48AM	Dhriti Until 5:50PM	Muruqa: Green	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 24 - 24	
		697166473 Rahu	11:42AM – 1:09PM	Vanija Until 11:24AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 10:14PM	Moon – Purple		Devaloka Day	
Until 9:46AM		Vijaya Dasami			Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Norman, OK Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 5.2	Tithi 12	Gulika	8:49AM – 10:16AM	Dhanishtha Until 8:14AM	Ganesha: Yellow	<i>Sunrise:</i> 5:56AM		
		Yama	5:56AM – 7:22AM	Shula* Until 2:51PM	Muruqa: Green	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24 - 25	
		697166473 Rahu	1:09PM – 2:35PM	Bava Until 9:07AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 8:00PM	Moon – Purple		Devaloka Day	
		Kadaitswami Mahasamadhi			Ashvina+Puratasi			

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 19.3	Tithi 13 – 14	Gulika	7:23AM – 8:49AM	Shatabhishak Until 6:41AM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM		
		Yama	2:35PM – 4:01PM	Ganda* Until 12:01PM	Muruqa: Green	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 24 - 26	
		697166474 Rahu	10:16AM – 11:42AM	Kaulava Until 6:58AM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 5:58PM	Moon – Purple		Bhuloka Day	
		Chidambaram Abhishekam			Ashvina+Puratasi		Devaloka Time: 9:AM to 12:PM	
								<i>Pradosha Vrata</i>

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 3.31	Tithi 14 – 15	Gulika	5:58AM – 7:24AM	Uttaraproshtapada Until 4:50AM Sun	Ganesha: White	<i>Sunrise:</i> 5:58AM		
		Yama	1:08PM – 2:34PM	Vridhi Until 9:25AM	Muruqa: Green	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 24 - 27	
		618166474 Rahu	8:50AM – 10:16AM	Visti Until 3:31AM Sun	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 4:13PM	Moon – Clear		Bhuloka Day	
Until 4:50AM Sun					Ashvina+Puratasi			
Then Creative Work - Amrita Yoga								

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK Sun 27 Sutra 175 Subhakrit 5124
Copper Retreat Star		Gulika	2:33PM – 3:58PM	Revati Until 4:21AM Mon	Ganesha: White	<i>Sunrise:</i> 5:59AM		
Meena Rasi: 17.19	Tithi 15 – 16	Yama	11:41AM – 1:07PM	Dhruva Until 7:05AM	Muruqa: Green	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 24 - Purnima	
		618166474 Rahu	3:58PM – 5:24PM	Balava Until 2:28AM Mon	Nataraja: Purple			
Creative Work	Amrita Yoga			Purnima* Until 2:54PM	Moon – Clear		Bhuloka Day	
Until 4:21AM Mon					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Norman, OK Sun 27 Sutra 176 Subhakrit 5124		
Silver Retreat Star		Gulika	1:06PM – 2:32PM	Ashvini Until 4:45AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:00AM		
Mesha Rasi: 0.49	Tithi 16 – 17	Yama	10:16AM – 11:41AM	Harshana Until 3:44AM Tue	Muruqa: White	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 24 - Prathama	
Family Home Evening		628176474 Rahu	7:25AM – 8:50AM	Taitila Until 1:59AM Tue	Nataraja: Purple			
Creative Work	Siddha Yoga			Prathama* Until 2:07PM	Moon – White		Bhuloka Day	
					Ashvina+Puratasi		Devaloka Time: 6:AM to 9:AM	



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK
Sun 1
Sutra 177
Subhakrit 5124

Mesha Rasi: 14 Tithi 17 - 18

628176474

Gulika 11:41AM - 1:06PM
Yama 8:51AM - 10:16AM
Rahu 2:31PM - 3:56PM

Bharani Until 5:38AM Wed
Vajra* Until 2:47AM Wed
Vanija Until 2:10AM Wed
Dvitiya Until 1:58PM

Ganesha: Yellow *Sunrise:* 6:01AM

Muruqa: White *Sunset:* 5:21PM

Nataraja: Purple

Moon - White

Moon 10 - Phase 25 - 1
1st Phase

Creative Work Siddha Yoga

Until 5:38AM Wed

Then Creative Work - Amrita Yoga

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Norman, OK
Sun 2
Sutra 178
Subhakrit 5124

Mesha Rasi: 26.51 Tithi 18 - 19

628176474

Gulika 10:16AM - 11:41AM
Yama 7:26AM - 8:51AM
Rahu 11:41AM - 1:05PM

Krittika Until 7:01AM Thu
Siddhi Until 2:23AM Thu
Bava Until 3:02AM Thu
Tritiya Until 2:30PM

Ganesha: Yellow *Sunrise:* 6:02AM

Muruqa: White *Sunset:* 5:19PM

Nataraja: Purple

Moon - White

Moon 10 - Phase 25 - 2
1st Phase

Creative Work Amrita Yoga

Until 7:01AM Thu

Then Routine Work - Marana Yoga

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK
Sun 3
Sutra 179
Subhakrit 5124

Vrishabha Rasi: 9.23 Tithi 19 - 20

628176474

Gulika 8:52AM - 10:16AM
Yama 6:03AM - 7:27AM
Rahu 1:05PM - 2:29PM

Krittika Until 7:01AM
Vyatipata* Until 2:28AM Fri
Kaulava Until 4:32AM Fri
Chaturthi* Until 3:41PM

Ganesha: Yellow *Sunrise:* 6:03AM

Muruqa: White *Sunset:* 5:18PM

Nataraja: Purple

Moon - White

Moon 10 - Phase 25 - 3
1st Phase

Routine Work Marana Yoga

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taaila/Gara Karana Panchami/Shashthyam Titau

Norman, OK
Sun 4
Sutra 180
Subhakrit 5124

Vrishabha Rasi: 21.38 Tithi 20 - 21

639176474

Gulika 7:28AM - 8:52AM
Yama 2:28PM - 3:52PM
Rahu 10:16AM - 11:40AM

Rohini Until 9:19AM
Variyan Until 2:56AM Sat
Gara Until 6:32AM Sat
Panchami Until 5:27PM

Ganesha: Red *Sunrise:* 6:04AM

Muruqa: White *Sunset:* 5:16PM

Nataraja: Purple

Moon - Yellow

Moon 10 - Phase 25 - 4
1st Phase

Routine Work Marana Yoga

Until 9:19AM

Then Creative Work - Siddha Yoga

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 9:AM to 12:PM

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK
Sun 5
Sutra 181
Subhakrit 5124

Mithuna Rasi: 3.42 Tithi 21

639176474

Gulika 6:05AM - 7:29AM
Yama 1:04PM - 2:27PM
Rahu 8:52AM - 10:16AM

Mrigashira Until 11:55AM
Parigha* Until 3:40AM Sun
Gara Until 6:32AM
Shashthi* Until 7:39PM

Ganesha: Red *Sunrise:* 6:05AM

Muruqa: White *Sunset:* 5:15PM

Nataraja: Purple

Moon - Yellow

Moon 10 - Phase 25 - 5
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Norman, OK
Sun 6
Sutra 182
Subhakrit 5124

Mithuna Rasi: 15.38 Tithi 22

639176474

Gulika 2:26PM - 3:50PM
Yama 11:40AM - 1:03PM
Rahu 3:50PM - 5:13PM

Ardra Until 2:37PM
Shiva Until 4:32AM Mon
Visti Until 8:52AM
Saptami Until 10:04PM

Ganesha: Red *Sunrise:* 6:06AM

Muruqa: White *Sunset:* 5:13PM

Nataraja: Purple

Moon - Yellow

Moon 10 - Phase 25 - 6
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Ashvina+Puratasi Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK
Sun 7
Sutra 183
Subhakrit 5124

Mithuna Rasi: 27.31 Tithi 23

649176474

Gulika 1:03PM - 2:26PM
Yama 10:16AM - 11:39AM
Rahu 7:30AM - 8:53AM

Punarvasu Until 5:42PM
Siddha Until 5:20AM Tue
Balava Until 11:18AM
Ashtami* Until 12:29AM Tue

Ganesha: Green *Sunrise:* 6:07AM

Muruqa: White *Sunset:* 5:12PM

Nataraja: Purple

Moon - Blue

Moon 10 - Phase 25 - 7
Ashtami

Creative Work Amrita Yoga

Until 5:42PM

Then Creative Work - Siddha Yoga

Devaloka Day

Ashvina+Puratasi

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Taaila/Gara Karana Navamyam Titau

Norman, OK
Sun 8
Sutra 184
Subhakrit 5124

Kataka Rasi: 9.26 Tithi 24

649176474

Gulika 11:39AM - 1:02PM
Yama 8:54AM - 10:16AM
Rahu 2:25PM - 3:48PM

Pushya Until 8:29PM
Sadhya Until 5:58AM Wed
Taaila Until 1:39PM
Navami* Until 2:42AM Wed

Ganesha: Green *Sunrise:* 6:08AM

Muruqa: White *Sunset:* 5:10PM

Nataraja: Purple

Moon - Blue

Moon 10 - Phase 25 - 8
Navami

Creative Work Siddha Yoga

Devaloka Day

Ashvina+Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 4/26/21

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1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Norman, OK Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 21.25	Tithi 25	Gulika 10:17AM – 11:39AM	Ashlesha* Until 10:47PM	Ganesha: Green	<i>Sunrise:</i> 6:09AM	
			Yama 7:32AM – 8:54AM	Subha Until 6:19AM Thu	Muruqa: White	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 26 - 9
	649176474	Rahu 11:39AM – 1:01PM		Vanija Until 3:42PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:32AM Thu	Moon – Blue		Devaloka Day	
				Ashvina•Aipasi			

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Norman, OK Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.35	Tithi 26	Gulika 8:55AM – 10:17AM	Magha* Until 12:55AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:10AM	
			Yama 6:10AM – 7:32AM	Subha Until 6:19AM	Muruqa: White	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 26 - 10
	659276474	Rahu 1:01PM – 2:23PM		Bava Until 5:17PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 5:51AM Fri	Moon – Red		Bhuloka Day	
Until 12:55AM Fri				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava Karana Dvadashyam Titau				Norman, OK Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.58	Tithi 27	Gulika 7:33AM – 8:55AM	Purvaphalguni Until 2:18AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:11AM	
			Yama 2:22PM – 3:44PM	Sukla Until 6:13AM	Muruqa: White	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 26 - 11
	659276474	Rahu 10:17AM – 11:39AM		Kaulava Until 6:18PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:33AM Sat	Moon – Red		Bhuloka Day	
Until 2:18AM Sat				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.37	Tithi 27 – 28	Gulika 6:12AM – 7:34AM	Uttaraphalguni Until 2:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	
			Yama 1:00PM – 2:22PM	Indra Until 4:37AM Sun	Muruqa: White	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 26 - 12
	651276474	Rahu 8:56AM – 10:17AM		Gara Until 6:40PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 6:33AM	Moon – Red		Bhuloka Day	
Until 2:55AM Sun				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.35	Tithi 28 – 29	Gulika 2:21PM – 3:42PM	Hasta Until 3:13AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:14AM	
			Yama 11:38AM – 1:00PM	Vaidhriti* Until 3:02AM Mon	Muruqa: White	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 26 - 13
	661276474	Rahu 3:42PM – 5:03PM		Visti Until 6:23PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 6:35AM	Moon – Green		Bhuloka Day	
Until 3:13AM Mon				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga		Deepavali Hindu Solidarity Day					

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Norman, OK Sun 14 Sutra 190 Subhakrit 5124
	Retreat Star		Gulika 12:59PM – 2:20PM	Chitra Until 2:47AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 6:15AM	
	Kanya Rasi: 24.53	Tithi 29 – 30	Yama 10:17AM – 11:38AM	Vishkambha* Until 1:01AM Tue	Muruqa: White	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 26 - 14
	661276474	Rahu 7:36AM – 8:56AM		Naga Until 4:50AM Tue	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 6:00AM	Moon – Green		Bhuloka Day	
Until 2:47AM Tue				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi					

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK Sun 15 Sutra 191 Subhakrit 5124
	Retreat Star		Gulika 11:38AM – 12:59PM	Svati Until 1:45AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 6:16AM	
	Tula Rasi: 8.29	Tithi 1	Yama 8:57AM – 10:18AM	Priti Until 10:37PM	Muruqa: White	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 26 - 15
	661276474	Rahu 2:19PM – 3:40PM		Kintughna Until 4:06PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:13AM Wed	Moon – Green		Bhuloka Day	
				Kartika•Aipasi			
		Skanda Shasthi Begins					

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK Sun 16
	Tula Rasi: 22.23	Tithi 2	Gulika 10:18AM – 11:38AM	Vishakha Until 12:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	Subhakit 5124
			Yama 7:37AM – 8:57AM	Ayushman Until 7:54PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 Rahu 11:38AM – 12:58PM	Balava Until 2:16PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 1:13AM Thu	Moon – Orange		Bhuloka Day	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Norman, OK Sun 17
	Vrischika Rasi: 6.29	Tithi 3	Gulika 8:58AM – 10:18AM	Anuradha Until 11:07PM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	Subhakit 5124
			Yama 6:18AM – 7:38AM	Saubhagya Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 Rahu 12:58PM – 2:18PM	Taitila Until 12:09PM	Nataraja: Clear		3rd Phase
			Tritiya Until 11:00PM	Moon – Orange		Bhuloka Day	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Norman, OK Sun 18
	Vrischika Rasi: 20.45	Tithi 4	Gulika 7:39AM – 8:59AM	Jyeshtha* Until 9:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	Subhakit 5124
			Yama 2:17PM – 3:37PM	Sobhana Until 1:54PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 Rahu 10:18AM – 11:38AM	Vanija Until 9:50AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 8:38PM	Moon – Orange		Bhuloka Day	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 19
	Dhanus Rasi: 5.04	Tithi 5	Gulika 6:20AM – 7:40AM	Mula* Until 7:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Subhakit 5124
			Yama 12:57PM – 2:17PM	Athiganda* Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	671276574 Rahu 8:59AM – 10:18AM	Bava Until 7:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 6:14PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Norman, OK Sun 20
	Dhanus Rasi: 19.24	Tithi 6 – 7	Gulika 2:16PM – 3:35PM	Purvashadha* Until 6:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Subhakit 5124
			Yama 11:38AM – 12:57PM	Sukarma Until 7:39AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	671276574 Rahu 3:35PM – 4:54PM	Gara Until 2:45AM Mon	Nataraja: Clear		3rd Phase
			Shashthi* Until 3:52PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

D	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Norman, OK Sun 21
	Makara Rasi: 3.4	Tithi 7 – 8	Gulika 12:56PM – 2:15PM	Uttarashadha Until 4:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Subhakit 5124
	Family Home Evening		Yama 10:19AM – 11:38AM	Shula* Until 1:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 27 - 21
	Routine Work	Marana Yoga	671276574 Rahu 7:41AM – 9:00AM	Visti Until 12:35AM Tue	Nataraja: Clear		Ashtami
			Saptami Until 1:38PM	Moon – Light Blue		Devaloka Day	
				Karttika-Aipasi			

D	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK Sun 22
	Makara Rasi: 17.5	Tithi 8 – 9	Gulika 11:38AM – 12:56PM	Shravana Until 3:21PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	Subhakit 5124
			Yama 9:01AM – 10:19AM	Ganda* Until 10:55PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	671276574 Rahu 2:15PM – 3:33PM	Balava Until 10:37PM	Nataraja: Clear		Navami
			Ashtami* Until 11:33AM	Moon – Purple		Bhuloka Day	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 4/26/21

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1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK Sun 23
	Kumbha Rasi: 1.52	Tithi 9 – 10	Gulika 10:19AM – 11:38AM	Dhanishtha Until 2:14PM	Ganesha: Green	<i>Sunrise:</i> 6:25AM	Subhakrit 5124
			Yama 7:43AM – 9:01AM	Vriddhi Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 28 - 23
		692276574	Rahu 11:38AM – 12:56PM	Taitila Until 8:51PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga Until 2:14PM Then Creative Work - Siddha Yoga			Navami* Until 9:41AM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK Sun 24
	Kumbha Rasi: 15.46	Tithi 10 – 11	Gulika 9:02AM – 10:20AM	Shatabhishak Until 1:12PM	Ganesha: Green	<i>Sunrise:</i> 6:26AM	Subhakrit 5124
			Yama 6:26AM – 7:44AM	Dhruva Until 5:56PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 28 - 24
		692276574	Rahu 12:56PM – 2:13PM	Vanija Until 7:22PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Dashami Until 8:03AM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 25
	Kumbha Rasi: 29.3	Tithi 11 – 12	Gulika 7:45AM – 9:02AM	Purvaproshtapada* Until 12:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	Subhakrit 5124
			Yama 2:13PM – 3:31PM	Vyaghata* Until 3:46PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 28 - 25
		612276574	Rahu 10:20AM – 11:38AM	Bava Until 6:10PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:42AM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Norman, OK Sun 26
	Meena Rasi: 13.02	Tithi 13	Gulika 6:28AM – 7:46AM	Uttaraproshtapada Until 12:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Subhakrit 5124
			Yama 12:55PM – 2:12PM	Harshana Until 1:54PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 28 - 26
		612276574	Rahu 9:03AM – 10:20AM	Kaulava Until 5:19PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 12:28PM Then Routine Work - Prabalarishta Yoga			Trayodashi Until 5:01AM Sun	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
			<i>Pradosha Vrata</i>	Kartika•Aipasi			

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Norman, OK Sun 27
	Meena Rasi: 26.22	Tithi 14	Gulika 2:12PM – 3:29PM	Revati Until 12:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM	Subhakrit 5124
			Yama 11:38AM – 12:55PM	Vajra* Until 12:18PM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 28 - 27
		612276574	Rahu 3:29PM – 4:46PM	Gara Until 4:52PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga Until 12:25PM Then Creative Work - Siddha Yoga			Chaturdashi* Until 4:47AM Mon	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

○	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistii*/Bava Karana Purnimayam Titau				Norman, OK Sun 28
	Copper Retreat Star		Gulika 12:55PM – 2:11PM	Ashvini Until 1:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Subhakrit 5124
	Mesha Rasi: 9.29	Tithi 15	Yama 10:21AM – 11:38AM	Siddhi Until 11:05AM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 28 - Purnima
	Family Home Evening	722276574	Rahu 7:47AM – 9:04AM	Vistii Until 4:52PM	Nataraja: Clear		
Creative Work Siddha Yoga			Purnima* Until 5:02AM Tue	Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

○	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sun 29
	Silver Retreat Star		Gulika 11:38AM – 12:54PM	Bharani Until 2:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Subhakrit 5124
	Mesha Rasi: 22.21	Tithi 16	Yama 9:05AM – 10:21AM	Vyatipata* Until 10:14AM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 28 - Prathama
		722276574	Rahu 2:11PM – 3:27PM	Balava Until 5:23PM	Nataraja: Clear		
Creative Work Siddha Yoga			Prathama* Until 5:49AM Wed	Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Varyani/Parigha* Yoga Tailila Karana Dvitiyayam Titau

Norman, OK

Sutra 206

Subhakrit 5124

Vrishabha Rasi: 4.58 Titithi 17

722276574

Gulika 10:22AM – 11:38AM
Yama 7:49AM – 9:05AM
Rahu 11:38AM – 12:54PM

Krittika Until 3:29PM

Variyan Until 9:46AM

Taitila Until 6:25PM

Dvitiya Until 7:06AM Thu

Ganesha: Blue *Sunrise:* 6:33AM

Muruqa: Clear *Sunset:* 4:43PM

Nataraja: Clear

Moon – White
Karttika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 3:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK

Sun 1 Sutra 207

Subhakrit 5124

Vrishabha Rasi: 17.22 Titithi 17 – 18

732276574

Gulika 9:06AM – 10:22AM
Yama 6:34AM – 7:50AM
Rahu 12:54PM – 2:10PM

Rohini Until 5:39PM

Parigha* Until 9:42AM

Vanija Until 7:56PM

Dvitiya Until 7:06AM

Ganesha: Red *Sunrise:* 6:34AM

Muruqa: Clear *Sunset:* 4:42PM

Nataraja: Clear

Moon – Yellow
Karttika-Aipasi

Devaloka Day

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Norman, OK

Sun 2 Sutra 208

Subhakrit 5124

Vrishabha Rasi: 29.34 Titithi 18 – 19

732276574

Gulika 7:51AM – 9:07AM
Yama 2:10PM – 3:25PM
Rahu 10:22AM – 11:38AM

Mrigashira Until 8:05PM

Shiva Until 10:00AM

Bava Until 9:55PM

Tritiya Until 8:51AM

Ganesha: Red *Sunrise:* 6:35AM

Muruqa: Clear *Sunset:* 4:41PM

Nataraja: Clear

Moon – Yellow
Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK

Sun 3 Sutra 209

Subhakrit 5124

Mithuna Rasi: 11.37 Titithi 19 – 20

732276574

Gulika 6:37AM – 7:52AM
Yama 12:54PM – 2:09PM
Rahu 9:07AM – 10:23AM

Ardra Until 10:39PM

Siddha Until 10:34AM

Kaulava Until 12:12AM Sun

Chaturthi* Until 11:00AM

Ganesha: Red *Sunrise:* 6:37AM

Muruqa: Clear *Sunset:* 4:40PM

Nataraja: Clear

Moon – Yellow
Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Norman, OK

Sun 4 Sutra 210

Subhakrit 5124

Mithuna Rasi: 23.33 Titithi 20 – 21

742276574

Gulika 2:09PM – 3:24PM
Yama 11:38AM – 12:54PM
Rahu 3:24PM – 4:39PM

Punarvasu Until 1:45AM Mon

Sadhya Until 11:19AM

Gara Until 2:41AM Mon

Panchami Until 1:24PM

Ganesha: Green *Sunrise:* 6:38AM

Muruqa: Clear *Sunset:* 4:39PM

Nataraja: Clear

Moon – Blue
Karttika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Norman, OK

Sun 5 Sutra 211

Subhakrit 5124

Kataka Rasi: 5.26 Titithi 21 – 22

742376574

Gulika 12:53PM – 2:08PM
Yama 10:24AM – 11:39AM
Rahu 7:54AM – 9:09AM

Pushya Until 4:40AM Tue

Subha Until 12:11PM

Visti Until 5:09AM Tue

Shashthi* Until 3:54PM

Ganesha: White *Sunrise:* 6:39AM

Muruqa: Clear *Sunset:* 4:38PM

Nataraja: Clear

Moon – Blue
Karttika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Family Home Evening

6

Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Bava Karana Saptamyam Titau

Norman, OK

Sun 6 Sutra 212

Subhakrit 5124

Kataka Rasi: 17.19 Titithi 22

743376574

Gulika 11:39AM – 12:53PM
Yama 9:09AM – 10:24AM
Rahu 2:08PM – 3:23PM

Ashlesha* Until 7:15AM Wed

Sukla Until 12:57PM

Bava Until 6:18PM

Saptami Until 6:18PM

Ganesha: Green *Sunrise:* 6:40AM

Muruqa: Clear *Sunset:* 4:37PM

Nataraja: Clear

Moon – Blue
Karttika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK

Sun 7 Sutra 213

Subhakrit 5124

Kataka Rasi: 29.17 Titithi 23

743376574

Gulika 10:24AM – 11:39AM
Yama 7:56AM – 9:10AM
Rahu 11:39AM – 12:53PM

Ashlesha* Until 7:15AM

Brahma Until 1:33PM

Balava Until 7:26AM

Ashtami* Until 8:24PM

Ganesha: Green *Sunrise:* 6:41AM

Muruqa: Clear *Sunset:* 4:37PM

Nataraja: Clear

Moon – Blue
Karttika-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Valdhriti* Yoga Tailila/Gara Karana Navamyam Titau

Norman, OK

Sun 8 Sutra 214

Subhakrit 5124

Simha Rasi: 11.24 Titithi 24

753376575

Gulika 9:11AM – 10:25AM
Yama 6:42AM – 7:57AM
Rahu 12:53PM – 2:08PM

Magha* Until 9:47AM

Indra Until 1:49PM

Taitila Until 9:19AM

Navami* Until 10:01PM

Ganesha: Orange *Sunrise:* 6:42AM

Muruqa: Clear *Sunset:* 4:36PM

Nataraja: Purple

Moon – Red
Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 9:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Norman, OK on 4/26/20

www.gurudeva.org/panchang

1	Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Norman, OK
	Simha Rasi: 23.44	Tithi 25	Sun 9			Sutra 215	
		753376575	Moon 11 - Phase 30 - 9			Subhakrit 5124	
	Creative Work	Siddha Yoga			Sivaloka Day		

2	Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Norman, OK
	Kanya Rasi: 6.23	Tithi 26	Sun 10			Sutra 216	
		753376575	Moon 11 - Phase 30 - 10			Subhakrit 5124	
	Routine Work	Marana Yoga			Sivaloka Day		

3	Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Norman, OK
	Kanya Rasi: 19.23	Tithi 27	Sun 11			Sutra 217	
		763376575	Moon 11 - Phase 30 - 11			Subhakrit 5124	
	Creative Work	Amrita Yoga			Devaloka Day		

4	Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Norman, OK
	Tula Rasi: 2.48	Tithi 28	Sun 12			Sutra 218	
	Family Home Evening	763376575	Moon 11 - Phase 30 - 12			Subhakrit 5124	
	Routine Work	Prabalarishta Yoga			Devaloka Day		

5	Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Norman, OK
	Tula Rasi: 16.38	Tithi 29	Sun 13			Sutra 219	
		763376575	Moon 11 - Phase 30 - 13			Subhakrit 5124	
	Creative Work	Siddha Yoga			Devaloka Day		

●	Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Norman, OK
	Retreat Star		Sun 14			Sutra 220	
	Vrischika Rasi: 0.51	Tithi 30 - 1	Moon 11 - Phase 30 - 14			Subhakrit 5124	
	Creative Work	Siddha Yoga			Devaloka Day		

●	Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK
	Retreat Star		Sun 15			Sutra 221	
	Vrischika Rasi: 15.22	Tithi 1 - 2	Moon 11 - Phase 30 - 15			Subhakrit 5124	
	Creative Work	Siddha Yoga			Devaloka Day		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Norman, OK Sun 16 Sutra 222 Subhakrit 5124	
Dhanus Rasi: 0.05	Tithi 2 - 3	783376575	Gulika 8:04AM - 9:16AM Yama 2:06PM - 3:19PM Rahu 10:29AM - 11:41AM	Mula* Until 3:26AM Sat Dhriti Until 5:27PM Taitila Until 9:32PM Dvitiya Until 11:05AM	Ganesha: Light Blue <i>Sunrise:</i> 6:51AM Muruqa: Clear <i>Sunset:</i> 4:31PM Nataraja: Purple Moon - Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 16 3rd Phase	
Creative Work Amrita Yoga Until 3:26AM Sat Then Creative Work - Siddha Yoga							
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Norman, OK Sun 17 Sutra 223 Subhakrit 5124	
Dhanus Rasi: 14.54	Tithi 3 - 4	783376575	Gulika 6:52AM - 8:05AM Yama 12:54PM - 2:06PM Rahu 9:17AM - 10:29AM	Purvashadha* Until 1:06AM Sun Shula* Until 1:41PM Vanija Until 6:26PM Tritiya Until 7:57AM	Ganesha: Light Blue <i>Sunrise:</i> 6:52AM Muruqa: Clear <i>Sunset:</i> 4:31PM Nataraja: Purple Moon - Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 17 3rd Phase	
Creative Work Siddha Yoga Until 1:06AM Sun Then Creative Work - Amrita Yoga							
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau		Norman, OK Sun 18 Sutra 224 Subhakrit 5124	
Dhanus Rasi: 29.4	Tithi 5	783376575	Gulika 2:06PM - 3:18PM Yama 11:42AM - 12:54PM Rahu 3:18PM - 4:30PM	Uttarashadha Until 10:49PM Ganda* Until 10:00AM Bava Until 3:29PM Panchami Until 2:04AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:53AM Muruqa: Clear <i>Sunset:</i> 4:30PM Nataraja: Purple Moon - Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 18 3rd Phase	
Creative Work Amrita Yoga							
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Norman, OK Sun 19 Sutra 225 Subhakrit 5124	
Makara Rasi: 14.16	Tithi 6	793376575	Gulika 12:54PM - 2:06PM Yama 10:30AM - 11:42AM Rahu 8:06AM - 9:18AM	Shravana Until 9:06PM Vridhhi Until 6:32AM Kaulava Until 12:47PM Shashthi* Until 11:34PM	Ganesha: Orange <i>Sunrise:</i> 6:55AM Muruqa: Clear <i>Sunset:</i> 4:30PM Nataraja: Purple Moon - Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 19 3rd Phase	
Family Home Evening Creative Work Amrita Yoga Until 9:06PM Then Creative Work - Siddha Yoga							
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Norman, OK Sun 20 Sutra 226 Subhakrit 5124	
Makara Rasi: 28.37	Tithi 7	794376575	Gulika 11:43AM - 12:54PM Yama 9:19AM - 10:31AM Rahu 2:06PM - 3:18PM	Dhanishtha Until 7:39PM Vyaghata* Until 12:29AM Wed Gara Until 10:28AM Saptami Until 9:28PM	Ganesha: Clear <i>Sunrise:</i> 6:56AM Muruqa: Clear <i>Sunset:</i> 4:29PM Nataraja: Purple Moon - Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 20 3rd Phase	
Creative Work Siddha Yoga Until 7:39PM Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Norman, OK Sun 21 Sutra 227 Subhakrit 5124	
Kumbha Rasi: 12.41	Tithi 8	794376575	Gulika 10:31AM - 11:43AM Yama 8:08AM - 9:20AM Rahu 11:43AM - 12:54PM	Shatabhishak Until 6:32PM Harshana Until 10:02PM Visti Until 8:37AM Ashtami* Until 7:51PM	Ganesha: Clear <i>Sunrise:</i> 6:57AM Muruqa: Clear <i>Sunset:</i> 4:29PM Nataraja: Purple Moon - Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 21 Ashtami	
Creative Work Siddha Yoga Until 6:32PM Then Creative Work - Amrita Yoga							
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Norman, OK Sun 22 Sutra 228 Subhakrit 5124	
Kumbha Rasi: 26.26	Tithi 9	714376575	Gulika 9:20AM - 10:32AM Yama 6:58AM - 8:09AM Rahu 12:55PM - 2:06PM	Purvaproshtapada* Until 6:12PM Vajra* Until 7:57PM Balava Until 7:15AM Navami* Until 6:45PM	Ganesha: Red <i>Sunrise:</i> 6:58AM Muruqa: Clear <i>Sunset:</i> 4:29PM Nataraja: Purple Moon - Clear Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 22 Navami	
Creative Work Siddha Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331


1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Norman, OK
				Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23
Meena Rasi: 9.54	Tithi 10	Gulika 8:10AM – 9:21AM	Uttaraproshtapada Until 6:14PM	Ganesha: Red	<i>Sunrise:</i> 6:59AM		Subhakrit 5124	
		Yama 2:06PM – 3:17PM	Siddhi Until 6:18PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 32 - 23		
714376575	Rahu 10:32AM – 11:44AM		Taitila Until 6:25AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 6:10PM	Moon – Clear		Sivaloka Day		
				Margasira-Karttikai				

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Norman, OK
				Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24
Meena Rasi: 23.05	Tithi 11	Gulika 7:00AM – 8:11AM	Revati Until 6:37PM	Ganesha: Red	<i>Sunrise:</i> 7:00AM		Subhakrit 5124	
		Yama 12:55PM – 2:06PM	Vyatipata* Until 5:04PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 32 - 24		
714376575	Rahu 9:22AM – 10:33AM		Vanija Until 6:05AM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 6:06PM	Moon – Clear		Sivaloka Day		
Until 6:37PM		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Norman, OK
				Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25
Mesha Rasi: 6.01	Tithi 12	Gulika 2:06PM – 3:17PM	Ashvini Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:01AM		Subhakrit 5124	
		Yama 11:44AM – 12:55PM	Variyan Until 4:10PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 32 - 25		
724376575	Rahu 3:17PM – 4:28PM		Bava Until 6:15AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 6:30PM	Moon – White		Devaloka Day		
Until 7:45PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Norman, OK
				Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26
Mesha Rasi: 18.44	Tithi 13	Gulika 12:56PM – 2:07PM	Bharani Until 9:09PM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM		Subhakrit 5124	
Family Home Evening		Yama 10:34AM – 11:45AM	Parigha* Until 3:37PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 32 - 26		
724376575	Rahu 8:12AM – 9:23AM		Kaulava Until 6:53AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 7:20PM	Moon – White		Devaloka Day		
Until 9:09PM				Margasira-Karttikai				
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>					

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Norman, OK
				Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27
Vrishabha Rasi: 1.15	Tithi 14	Gulika 11:45AM – 12:56PM	Krittika Until 10:47PM	Ganesha: Blue	<i>Sunrise:</i> 7:03AM		Subhakrit 5124	
		Yama 9:24AM – 10:35AM	Shiva Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 32 - 27		
724376575	Rahu 2:07PM – 3:17PM		Gara Until 7:56AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 8:35PM	Moon – White		Devaloka Day		
Until 10:47PM		Krittika Deepam		Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Norman, OK
				Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 234
Vrishabha Rasi: 14	Tithi 15	Gulika 10:35AM – 11:46AM	Rohini Until 1:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:03AM		Subhakrit 5124	
		Yama 8:14AM – 9:25AM	Siddha Until 3:25PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 32 - Purnima		
734376575	Rahu 11:46AM – 12:56PM		Visti Until 9:22AM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 10:12PM	Moon – Yellow		Sivaloka Day		
Until 1:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Norman, OK
		Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 235
Vrishabha Rasi: 25.49	Tithi 16	Gulika 9:25AM – 10:36AM	Mrigashira Until 3:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:04AM	Subhakrit 5124
		Yama 7:04AM – 8:15AM	Sadhya Until 3:43PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 32 - Prathama
734376575	Rahu 12:57PM – 2:07PM		Balava Until 11:10AM	Nataraja: Purple		
Routine Work	Marana Yoga		Prathama* Until 12:09AM Fri	Moon – Yellow		Sivaloka Day
Until 3:32AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Norman, OK
Sun 1
Sutra 236
Subhakit 5124
Moon 12 - Phase 33 - 1
1st Phase

Mithuna Rasi: 7.53 Tithi 17
734476575
Creative Work Siddha Yoga

Gulika 8:16AM – 9:26AM
Yama 2:07PM – 3:18PM
Rahu 10:36AM – 11:47AM

Ardra Until 6:03AM Sat
Subha Until 4:14PM
Taitila Until 1:15PM
Dvitiya Until 2:22AM Sat

Ganesha: Red *Sunrise:* 7:05AM
Muruqa: Clear *Sunset:* 4:28PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Margasira-Karttikai

1

Saturday, December 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Norman, OK
Sun 2
Sutra 237
Subhakit 5124
Moon 12 - Phase 33 - 2
1st Phase

Mithuna Rasi: 19.53 Tithi 18
734476575
Creative Work Siddha Yoga

Gulika 7:06AM – 8:16AM
Yama 12:57PM – 2:08PM
Rahu 9:27AM – 10:37AM

Ardra Until 6:03AM
Sukla Until 4:54PM
Vanija Until 3:35PM
Tritiya Until 4:47AM Sun

Ganesha: Red *Sunrise:* 7:06AM
Muruqa: Clear *Sunset:* 4:28PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Margasira-Karttikai

2

Sunday, December 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Bava Karana Chaturthyam Titau

Norman, OK
Sun 3
Sutra 238
Subhakit 5124
Moon 12 - Phase 33 - 3
1st Phase

Kataka Rasi: 1.47 Tithi 19
744476575
Creative Work Siddha Yoga

Gulika 2:08PM – 3:18PM
Yama 11:48AM – 12:58PM
Rahu 3:18PM – 4:28PM

Punarvasu Until 9:06AM
Brahma Until 5:42PM
Bava Until 6:04PM
Chaturthi* Until 7:19AM Mon

Ganesha: Green *Sunrise:* 7:07AM
Muruqa: Clear *Sunset:* 4:28PM
Nataraja: Purple
Moon – Blue
Devaloka Day
Margasira-Karttikai

3

Monday, December 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK
Sun 4
Sutra 239
Subhakit 5124
Moon 12 - Phase 33 - 4
1st Phase

Kataka Rasi: 13.4 Tithi 19 – 20
745476575
Family Home Evening
Creative Work Siddha Yoga

Gulika 12:58PM – 2:08PM
Yama 10:38AM – 11:48AM
Rahu 8:18AM – 9:28AM

Pushya Until 12:03PM
Indra Until 6:33PM
Kaulava Until 8:36PM
Chaturthi* Until 7:19AM

Ganesha: White *Sunrise:* 7:08AM
Muruqa: Clear *Sunset:* 4:28PM
Nataraja: Purple
Moon – Blue
Devaloka Day
Margasira-Karttikai

4

Tuesday, December 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Norman, OK
Sun 5
Sutra 240
Subhakit 5124
Moon 12 - Phase 33 - 5
1st Phase

Kataka Rasi: 25.32 Tithi 20 – 21
745476575
Creative Work Siddha Yoga

Gulika 11:48AM – 12:59PM
Yama 9:28AM – 10:38AM
Rahu 2:09PM – 3:19PM

Ashlesha* Until 2:48PM
Vaidhriti* Until 7:19PM
Gara Until 11:03PM
Panchami Until 9:49AM

Ganesha: White *Sunrise:* 7:08AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Purple
Moon – Blue
Devaloka Day
Margasira-Karttikai

5

Wednesday, December 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Norman, OK
Sun 6
Sutra 241
Subhakit 5124
Moon 12 - Phase 33 - 6
1st Phase

Simha Rasi: 7.28 Tithi 21 – 22
755476575
Creative Work Siddha Yoga
Until 5:42PM
Then Creative Work - Amrita Yoga

Gulika 10:39AM – 11:49AM
Yama 8:19AM – 9:29AM
Rahu 11:49AM – 12:59PM

Magha* Until 5:42PM
Vishkambha* Until 7:55PM
Visli Until 1:14AM Thu
Shashthi* Until 12:10PM

Ganesha: Clear *Sunrise:* 7:09AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Purple
Moon – Red
Sivaloka Day
Margasira-Karttikai

D

Thursday, December 15, 2022
Retreat Star

Subhakit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Norman, OK
Sun 7
Sutra 242
Subhakit 5124
Moon 12 - Phase 33 - 7
Ashtami

Simha Rasi: 19.31 Tithi 22 – 23
755476575
Creative Work Siddha Yoga

Gulika 9:30AM – 10:40AM
Yama 7:10AM – 8:20AM
Rahu 12:59PM – 2:09PM

Markali Pillaiyar

Purvaphalguni Until 8:02PM
Priti Until 8:13PM
Balava Until 2:57AM Fri
Saptami Until 2:08PM

Ganesha: Clear *Sunrise:* 7:10AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Purple
Moon – Red
Sivaloka Day
Margasira-Markali

Friday, December 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK
Sun 8
Sutra 243
Subhakit 5124
Moon 12 - Phase 33 - 8
Navami

Kanya Rasi: 1.46 Tithi 23 – 24
855476575
Creative Work Siddha Yoga
Until 9:38PM
Then Creative Work - Amrita Yoga

Gulika 8:20AM – 9:30AM
Yama 2:10PM – 3:19PM
Rahu 10:40AM – 11:50AM

Uttaraphalguni Until 9:38PM
Ayushman Until 8:02PM
Taitila Until 4:01AM Sat
Ashtami* Until 3:33PM

Ganesha: White *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 4:29PM
Nataraja: Purple
Moon – Red
Devaloka Day
Margasira-Markali

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Norman, OK on 4/26/21

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1	Saturday, December 17, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Hasla Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Norman, OK Sun 9 Sutra 244 Subhakrit 5124
	Kanya Rasi: 14.19	Tithi 24 – 25	Gulika 7:11AM – 8:21AM	Hasta Until 10:49PM	Ganesha: Clear	<i>Sunrise:</i> 7:11AM	
			Yama 1:00PM – 2:10PM	Saubhagya Until 7:17PM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 12 - Phase 34 - 9
	Routine Work	Marana Yoga	865476575 Rahu 9:31AM – 10:41AM	Vanija Until 4:17AM Sun	Nataraja: Purple		2nd Phase
			Navami* Until 4:14PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

2	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Norman, OK Sun 10 Sutra 245 Subhakrit 5124
	Kanya Rasi: 27.14	Tithi 25 – 26	Gulika 2:10PM – 3:20PM	Chitra Until 11:01PM	Ganesha: Clear	<i>Sunrise:</i> 7:12AM	
			Yama 11:51AM – 1:01PM	Sobhana Until 5:54PM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 12 - Phase 34 - 10
	Creative Work	Siddha Yoga	865476575 Rahu 3:20PM – 4:30PM	Bava Until 3:42AM Mon	Nataraja: Purple		2nd Phase
			Dashami Until 4:05PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

3	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 11 Sutra 246 Subhakrit 5124
	Tula Rasi: 10.35	Tithi 26 – 27	Gulika 1:01PM – 2:11PM	Svati Until 10:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:12AM	
	Family Home Evening		Yama 10:42AM – 11:51AM	Athiganda* Until 3:49PM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 12 - Phase 34 - 11
	Creative Work	Amrita Yoga	865476575 Rahu 8:22AM – 9:32AM	Kaulava Until 2:17AM Tue	Nataraja: Purple		2nd Phase
			Ekadashi* Until 3:04PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

4	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 12 Sutra 247 Subhakrit 5124
	Tula Rasi: 24.25	Tithi 27 – 28	Gulika 11:52AM – 1:02PM	Vishakha Until 9:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:13AM	
			Yama 9:32AM – 10:42AM	Sukarma Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 34 - 12
	Routine Work	Marana Yoga	875476575 Rahu 2:11PM – 3:21PM	Gara Until 12:06AM Wed	Nataraja: Purple		2nd Phase
			Dvadashi* Until 1:15PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 13 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 8.44	Tithi 28 – 29	Gulika 10:43AM – 11:52AM	Anuradha Until 7:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:14AM	
			Yama 8:23AM – 9:33AM	Dhriti Until 9:52AM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 34 - 13
	Creative Work	Siddha Yoga	876476575 Rahu 11:52AM – 1:02PM	Visti Until 9:18PM	Nataraja: Purple		2nd Phase
			Day 1 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
				Margasira*Markali			

●	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Norman, OK Sun 14 Sutra 249 Subhakrit 5124
	Retreat Star		Gulika 9:34AM – 10:43AM	Jyeshtha* Until 4:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:14AM	
	Vrischika Rasi: 23.27	Tithi 29 – 30	Yama 7:14AM – 8:24AM	Shula* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 34 - 14
	Routine Work	Prabalarishta Yoga	876476575 Rahu 1:03PM – 2:12PM	Catuspada Until 6:02PM	Nataraja: Purple		Amavasya
			Day 2 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
				Margasira*Markali			

●	Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK Sun 15 Sutra 250 Subhakrit 5124
	Retreat Star		Gulika 8:24AM – 9:34AM	Mula* Until 1:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:15AM	
	Dhanus Rasi: 8.28	Tithi 1	Yama 2:13PM – 3:23PM	Vriddhi Until 9:56PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 34 - 15
	Creative Work	Amrita Yoga	886476575 Rahu 10:44AM – 11:53AM	Kintughna Until 2:29PM	Nataraja: Purple		Prathama
			Day 3 of Pancha Ganapati	Moon – Light Blue		Sivaloka Day	
				Pausha*Markali			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Norman, OK on 4/26/20

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1	Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK
	Dhanus Rasi: 23.38	Tithi 2	886486575	Gulika 7:15AM – 8:25AM Yama 1:04PM – 2:13PM Rahu 9:34AM – 10:44AM	Purvashadha* Until 10:46AM Dhruva Until 5:40PM Balava Until 10:49AM Dvitiya Until 8:58PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha-Markali	Sun 16 Sutra 251 Subhakrit 5124 Moon 12 - Phase 35 - 16 3rd Phase
Creative Work Siddha Yoga Until 10:46AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati		Subha Sivaloka Day			

2	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Triliya/Chaturthayam Titau				Norman, OK
	Makara Rasi: 8.48	Tithi 3 – 4	886486575	Gulika 2:14PM – 3:24PM Yama 11:54AM – 1:04PM Rahu 3:24PM – 4:34PM	Uttarashadha Until 7:46AM Vyaghata* Until 1:30PM Taitila Until 7:11AM Tritiya Until 5:26PM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha-Markali	Sun 17 Sutra 252 Subhakrit 5124 Moon 12 - Phase 35 - 17 3rd Phase
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Subha Sivaloka Day			

3	Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Norman, OK
	Makara Rasi: 23.47	Tithi 4 – 5	896486576	Gulika 1:05PM – 2:15PM Yama 10:45AM – 11:55AM Rahu 8:26AM – 9:35AM	Dhanishtha Until 3:00AM Tue Harshana Until 9:35AM Bava Until 12:47AM Tue Chaturthi* Until 2:13PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha-Markali	Sun 18 Sutra 253 Subhakrit 5124 Moon 12 - Phase 35 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 3:00AM Tue Then Routine Work - Marana Yoga				Sivaloka Day			

4	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Norman, OK
	Kumbha Rasi: 8.28	Tithi 5 – 6	896486576	Gulika 11:55AM – 1:05PM Yama 9:36AM – 10:46AM Rahu 2:15PM – 3:25PM	Shatabhishak Until 1:08AM Wed Siddhi Until 2:50AM Wed Kaulava Until 10:18PM Panchami Until 11:27AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha-Markali	Sun 19 Sutra 254 Subhakrit 5124 Moon 12 - Phase 35 - 19 3rd Phase
Routine Work Marana Yoga Until 1:08AM Wed Then Creative Work - Amrita Yoga				Sivaloka Day			

5	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Norman, OK
	Kumbha Rasi: 22.46	Tithi 6 – 7	817486576	Gulika 10:46AM – 11:56AM Yama 8:26AM – 9:36AM Rahu 11:56AM – 1:06PM	Purvaproshtapada* Until 12:12AM Thu Vyatipata* Until 12:14AM Thu Gara Until 8:27PM Shashthi* Until 9:16AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sun 20 Sutra 255 Subhakrit 5124 Moon 12 - Phase 35 - 20 3rd Phase
Creative Work Amrita Yoga Until 12:12AM Thu Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends		Devaloka Day			

☾	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau				Norman, OK
	Meena Rasi: 6.38	Tithi 7 – 8	817486576	Gulika 9:37AM – 10:47AM Yama 7:17AM – 8:27AM Rahu 1:06PM – 2:16PM	Uttaraproshtapada Until 11:51PM Variyan Until 10:11PM Visti Until 7:20PM Saptami Until 7:47AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sun 21 Sutra 256 Subhakrit 5124 Moon 12 - Phase 35 - 21 Ashtami
Creative Work Siddha Yoga				Devaloka Day			

☽	Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK
	Meena Rasi: 20.04	Tithi 8 – 9	817486576	Gulika 8:27AM – 9:37AM Yama 2:17PM – 3:27PM Rahu 10:47AM – 11:57AM	Revati Until 12:04AM Sat Parigha* Until 8:44PM Balava Until 6:57PM Ashtami* Until 7:02AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sun 22 Sutra 257 Subhakrit 5124 Moon 12 - Phase 35 - 22 Navami
Creative Work Siddha Yoga				Devaloka Day			

1		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Norman, OK Sun 23 Sutra 258 Subhakrit 5124	
Mesha Rasi: 3.06	Tithi 9 – 10	827486576	Gulika 7:17AM – 8:27AM Yama 1:08PM – 2:18PM Rahu 9:37AM – 10:47AM	Ashvini Until 1:16AM Sun Shiva Until 7:51PM Taitila Until 7:17PM Navami* Until 7:01AM	Ganesha: Yellow <i>Sunrise:</i> 7:17AM Muruqa: Purple <i>Sunset:</i> 4:38PM Nataraja: Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 23 4th Phase Sivaloka Day	
Creative Work Siddha Yoga Until 1:16AM Sun Then Routine Work - Prabalarishta Yoga							
2		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Norman, OK Sun 24 Sutra 259 Subhakrit 5124	
Mesha Rasi: 15.49	Tithi 10 – 11	827486576	Gulika 2:18PM – 3:28PM Yama 11:58AM – 1:08PM Rahu 3:28PM – 4:39PM	Bharani Until 2:53AM Mon Siddha Until 7:24PM Vanija Until 8:16PM Dashami Until 7:41AM	Ganesha: Yellow <i>Sunrise:</i> 7:17AM Muruqa: Purple <i>Sunset:</i> 4:39PM Nataraja: Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 24 4th Phase Sivaloka Day	
Routine Work Prabalarishta Yoga Until 2:53AM Mon Then Routine Work - Marana Yoga							
3		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Norman, OK Sun 25 Sutra 260 Subhakrit 5124	
Mesha Rasi: 28.16	Tithi 11 – 12	827486576	Gulika 1:09PM – 2:19PM Yama 10:48AM – 11:58AM Rahu 8:28AM – 9:38AM	Krittika Until 4:47AM Tue Sadhya Until 7:22PM Bava Until 9:44PM Ekadashi Until 8:55AM	Ganesha: Yellow <i>Sunrise:</i> 7:17AM Muruqa: Purple <i>Sunset:</i> 4:40PM Nataraja: Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 25 4th Phase Sivaloka Day	
Family Home Evening Routine Work Marana Yoga Until 4:47AM Tue Then Creative Work - Amrita Yoga							
4		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Norman, OK Sun 26 Sutra 261 Subhakrit 5124	
Vrishabha Rasi: 10.31	Tithi 12 – 13	837586576	Gulika 11:59AM – 1:09PM Yama 9:38AM – 10:49AM Rahu 2:20PM – 3:30PM	Rohini Until 7:21AM Wed Subha Until 7:38PM Kaulava Until 11:35PM Dvadashi Until 10:36AM	Ganesha: Yellow <i>Sunrise:</i> 7:17AM Muruqa: Purple <i>Sunset:</i> 4:40PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 26 4th Phase Sivaloka Day	
Creative Work Amrita Yoga Until 7:21AM Wed Then Creative Work - Siddha Yoga							
5		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Norman, OK Sun 27 Sutra 262 Subhakrit 5124	
Vrishabha Rasi: 22.38	Tithi 13 – 14	838586576	Gulika 10:49AM – 11:59AM Yama 8:28AM – 9:38AM Rahu 11:59AM – 1:10PM	Rohini Until 7:21AM Sukla Until 8:05PM Gara Until 1:43AM Thu Trayodashi Until 12:36PM	Ganesha: White <i>Sunrise:</i> 7:17AM Muruqa: Purple <i>Sunset:</i> 4:41PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 27 4th Phase Devaloka Day	
Creative Work Siddha Yoga							
○		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Norman, OK Sutra 263 Subhakrit 5124	
Mithuna Rasi: 4.4	Tithi 14 – 15	838586576	Gulika 9:39AM – 10:49AM Yama 7:17AM – 8:28AM Rahu 1:10PM – 2:21PM	Mrigashira Until 9:59AM Brahma Until 8:42PM Visti Until 4:01AM Fri Chaturdashi* Until 2:50PM	Ganesha: White <i>Sunrise:</i> 7:17AM Muruqa: Purple <i>Sunset:</i> 4:42PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - Purnima Devaloka Day	
Routine Work Marana Yoga Subramuniyaswami Jayanti							
Friday, January 6, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Norman, OK Sutra 264 Subhakrit 5124	
Mithuna Rasi: 16.37	Tithi 15 – 16	838586576	Gulika 8:28AM – 9:39AM Yama 2:22PM – 3:32PM Rahu 10:50AM – 12:00PM	Ardra Until 12:36PM Indra Until 9:25PM Balava Until 6:26AM Sat Purnima* Until 5:12PM	Ganesha: White <i>Sunrise:</i> 7:17AM Muruqa: Purple <i>Sunset:</i> 4:43PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - Prathama Devaloka Day	
Creative Work Siddha Yoga Ardra Darshanam							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Saturday, January 7, 2023

Gold Retreat Star

Mithuna Rasi: 28.32 Tithi 16

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau

Sun 1

Norman, OK

Sutra 265

Subhakrit 5124

Gulika 7:17AM – 8:28AM

Yama 1:12PM – 2:22PM

Rahu 9:39AM – 10:50AM

Punarvasu Until 3:38PM

Vaidhriti* Until 10:10PM

Balava Until 6:26AM

Prathama* Until 7:39PM

Ganesha: Clear *Sunrise:* 7:17AM

Muruqa: Purple *Sunset:* 4:44PM

Nataraja: Clear

Moon – Blue

Pausha-Markali

Sivaloka Day

Moon 1 - Phase 37 - 1

1st Phase

1

Sunday, January 8, 2023

Kataka Rasi: 10.26 Tithi 17

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Sun 2

Norman, OK

Sutra 266

Subhakrit 5124

Gulika 2:23PM – 3:34PM

Yama 12:01PM – 1:12PM

Rahu 3:34PM – 4:45PM

Pushya Until 6:33PM

Vishkambha* Until 10:57PM

Taitila Until 8:55AM

Dvitiya Until 10:09PM

Ganesha: Clear *Sunrise:* 7:17AM

Muruqa: Purple *Sunset:* 4:45PM

Nataraja: Clear

Moon – Blue

Pausha-Markali

Sivaloka Day

Moon 1 - Phase 37 - 2

1st Phase

2

Monday, January 9, 2023

Kataka Rasi: 22.2 Tithi 18

Family Home Evening

848586576

Creative Work Siddha Yoga

Until 9:17PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Sun 3

Norman, OK

Sutra 267

Subhakrit 5124

Gulika 1:13PM – 2:24PM

Yama 10:50AM – 12:02PM

Rahu 8:28AM – 9:39AM

Ashlesha* Until 9:17PM

Priti Until 11:45PM

Vanija Until 11:25AM

Tritiya Until 12:37AM Tue

Ganesha: Clear *Sunrise:* 7:17AM

Muruqa: Purple *Sunset:* 4:46PM

Nataraja: Clear

Moon – Blue

Pausha-Markali

Sivaloka Day

Moon 1 - Phase 37 - 3

1st Phase

3

Tuesday, January 10, 2023

Simha Rasi: 4.14 Tithi 19

859586576

Creative Work Siddha Yoga

Until 12:16AM Wed

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Sun 4

Norman, OK

Sutra 268

Subhakrit 5124

Gulika 12:02PM – 1:13PM

Yama 9:39AM – 10:51AM

Rahu 2:25PM – 3:36PM

Magha* Until 12:16AM Wed

Ayushman Until 12:26AM Wed

Bava Until 1:51PM

Chaturthi* Until 2:59AM Wed

Ganesha: Clear *Sunrise:* 7:17AM

Muruqa: Purple *Sunset:* 4:47PM

Nataraja: Clear

Moon – Red

Pausha-Markali

Sivaloka Day

Moon 1 - Phase 37 - 4

1st Phase

4

Wednesday, January 11, 2023

Simha Rasi: 16.11 Tithi 20

859586576

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 5

Norman, OK

Sutra 269

Subhakrit 5124

Gulika 10:51AM – 12:02PM

Yama 8:28AM – 9:40AM

Rahu 12:02PM – 1:14PM

Purvaphalguni Until 2:51AM Thu

Saubhagya Until 12:58AM Thu

Kaulava Until 4:07PM

Panchami Until 5:07AM Thu

Ganesha: Clear *Sunrise:* 7:17AM

Muruqa: Purple *Sunset:* 4:48PM

Nataraja: Clear

Moon – Red

Pausha-Markali

Sivaloka Day

Moon 1 - Phase 37 - 5

1st Phase

5

Thursday, January 12, 2023

Simha Rasi: 28.14 Tithi 21

859586576

Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Gara Karana Shashthyam Titau

Sun 6

Norman, OK

Sutra 270

Subhakrit 5124

Gulika 9:40AM – 10:51AM

Yama 7:16AM – 8:28AM

Rahu 1:14PM – 2:26PM

Uttaraphalguni Until 4:55AM Fri

Sobhana Until 1:13AM Fri

Gara Until 6:03PM

Shashthi* Until 6:50AM Fri

Ganesha: Clear *Sunrise:* 7:16AM

Muruqa: Purple *Sunset:* 4:49PM

Nataraja: Clear

Moon – Red

Pausha-Markali

Sivaloka Day

Moon 1 - Phase 37 - 6

1st Phase

6

Friday, January 13, 2023

Kanya Rasi: 10.28 Tithi 21 – 22

869586576

Creative Work Amrita Yoga

Until 6:46AM Sat

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 7

Norman, OK

Sutra 271

Subhakrit 5124

Gulika 8:28AM – 9:40AM

Yama 2:27PM – 3:38PM

Rahu 10:51AM – 12:03PM

Hasta Until 6:46AM Sat

Athiganda* Until 1:03AM Sat

Visti Until 7:30PM

Shashthi* Until 6:50AM

Ganesha: White *Sunrise:* 7:16AM

Muruqa: Purple *Sunset:* 4:50PM

Nataraja: Clear

Moon – Green

Pausha-Markali

Subha Sivaloka Day

Moon 1 - Phase 37 - 7

1st Phase

●

Saturday, January 14, 2023

Retreat Star

Kanya Rasi: 22.55 Tithi 22 – 23

869586576

Routine Work Marana Yoga

Thai Pongal

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 8

Norman, OK

Sutra 272

Subhakrit 5124

Gulika 7:16AM – 8:28AM

Yama 1:15PM – 2:27PM

Rahu 9:40AM – 10:52AM

Hasta Until 6:46AM

Sukarma Until 12:21AM Sun

Balava Until 8:17PM

Saptami Until 7:58AM

Ganesha: White *Sunrise:* 7:16AM

Muruqa: Purple *Sunset:* 4:51PM

Nataraja: Clear

Moon – Green

Pausha-Thai

Subha Sivaloka Day

Moon 1 - Phase 37 - 8

Ashtami

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.43 Tithi 23 – 24

869586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 9

Norman, OK

Sutra 273

Subhakrit 5124

Gulika 2:28PM – 3:40PM

Yama 12:04PM – 1:16PM

Rahu 3:40PM – 4:52PM

Chitra Until 7:45AM

Dhriti Until 11:03PM

Taitila Until 8:15PM

Ashtami* Until 8:21AM

Ganesha: White *Sunrise:* 7:15AM

Muruqa: Purple *Sunset:* 4:52PM

Nataraja: Clear

Moon – Green

Pausha-Thai

Subha Sivaloka Day

Moon 1 - Phase 37 - 9

Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Norman, OK on 4/26/21

www.gurudeva.org/panchang

Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Norman, OK
		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 10
1		Gulika	1:17PM – 2:29PM	Svati Until 7:46AM	Ganesha: White	<i>Sunrise:</i> 7:15AM
Tula Rasi: 18.55	Tithi 24 – 25	Yama	10:52AM – 12:04PM	Shula* Until 9:03PM	Muruqa: Purple	<i>Sunset:</i> 4:54PM
Family Home Evening	869586576	Rahu	8:27AM – 9:40AM	Vanija Until 7:23PM	Nataraja: Clear	Moon 1 - Phase 38 - 10
Creative Work	Amrita Yoga			Navami* Until 7:54AM	Moon – Green	2nd Phase
Until 7:46AM					Subha Sivaloka Day	
Then Routine Work - Marana Yoga					Pausha*Thai	

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Norman, OK
		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Balava Karana Dashami/Ekadashyam Titau				Sun 11
2		Gulika	12:05PM – 1:17PM	Vishakha Until 7:15AM	Ganesha: Yellow	<i>Sunrise:</i> 7:15AM
Vrischika Rasi: 3	Tithi 25 – 26	Yama	9:40AM – 10:52AM	Ganda* Until 6:24PM	Muruqa: Purple	<i>Sunset:</i> 4:55PM
879586576		Rahu	2:30PM – 3:42PM	Balava Until 4:30AM Wed	Nataraja: Clear	Moon 1 - Phase 38 - 11
Routine Work	Marana Yoga			Dashami Until 6:36AM	Moon – Orange	2nd Phase
Until 7:15AM					Sivaloka Day	
Then Creative Work - Siddha Yoga					Pausha*Thai	

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Norman, OK
		Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 12
3		Gulika	10:52AM – 12:05PM	Jyeshtha* Until 3:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM
Vrischika Rasi: 16.46	Tithi 27	Yama	8:27AM – 9:40AM	Vriddhi Until 3:11PM	Muruqa: Purple	<i>Sunset:</i> 4:56PM
871586576		Rahu	12:05PM – 1:18PM	Kaulava Until 3:13PM	Nataraja: Clear	Moon 1 - Phase 38 - 12
Creative Work	Siddha Yoga			Dvadashi* Until 1:44AM Thu	Moon – Orange	2nd Phase
					Sivaloka Day	
					Pausha*Thai	

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Norman, OK
		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 13
4		Gulika	9:39AM – 10:52AM	Mula* Until 1:04AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:14AM
Dhanus Rasi: 1.25	Tithi 28	Yama	7:14AM – 8:27AM	Dhruva Until 11:26AM	Muruqa: Purple	<i>Sunset:</i> 4:57PM
881586576		Rahu	1:18PM – 2:31PM	Gara Until 12:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 13
Creative Work	Siddha Yoga			Trayodashi* Until 10:25PM	Moon – Light Blue	2nd Phase
Until 1:04AM Fri					Sivaloka Day	
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	
					<i>Pradosha Vrata (Fasting)</i>	

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Norman, OK
		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 14
5		Gulika	8:26AM – 9:39AM	Purvashadha* Until 10:06PM	Ganesha: Red	<i>Sunrise:</i> 7:13AM
Dhanus Rasi: 16.26	Tithi 29	Yama	2:32PM – 3:45PM	Vyaghata* Until 7:20AM	Muruqa: Purple	<i>Sunset:</i> 4:58PM
881586576		Rahu	10:52AM – 12:06PM	Visti Until 8:38AM	Nataraja: Clear	Moon 1 - Phase 38 - 14
Routine Work	Prabalarishta Yoga			Chaturdashi* Until 6:44PM	Moon – Light Blue	2nd Phase
Until 10:06PM					Sivaloka Day	
Then Routine Work - Marana Yoga					Pausha*Thai	

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Norman, OK
		Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15
Retreat Star		Gulika	7:13AM – 8:26AM	Uttarashadha Until 6:51PM	Ganesha: Red	<i>Sunrise:</i> 7:13AM
Makara Rasi: 1.42	Tithi 30 – 1	Yama	1:19PM – 2:33PM	Vajra* Until 10:34PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM
881586576		Rahu	9:39AM – 10:53AM	Kintughna Until 12:57AM Sun	Nataraja: Clear	Moon 1 - Phase 38 - 15
Routine Work	Marana Yoga			Amavasya* Until 2:53PM	Moon – Light Blue	Amavasya
Until 6:51PM					Sivaloka Day	
Then Creative Work - Siddha Yoga					Pausha*Thai	

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Norman, OK
		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 16
Retreat Star		Gulika	2:33PM – 3:47PM	Shravana Until 3:53PM	Ganesha: Yellow	<i>Sunrise:</i> 7:12AM
Makara Rasi: 17.02	Tithi 1 – 2	Yama	12:06PM – 1:20PM	Siddhi Until 6:11PM	Muruqa: Purple	<i>Sunset:</i> 5:00PM
891586576		Rahu	3:47PM – 5:00PM	Balava Until 9:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 16
Creative Work	Amrita Yoga			Prathama* Until 11:01AM	Moon – Purple	Prathama
Until 3:53PM					Sivaloka Day	
Then Routine Work - Marana Yoga					Magha*Thai	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Gara Karana Dvitiya/Trilyayam Titau				Norman, OK
	Kumbha Rasi: 2.15	Tithi 2 - 3	Gulika 1:20PM - 2:34PM	Dhanishtha Until 1:00PM	Ganesha: Yellow	Sunrise: 7:11AM	Sun 17 Sutra 281
	Family Home Evening	891586576	Yama 10:53AM - 12:06PM	Vyatipata* Until 2:01PM	Muruqa: Purple	Sunset: 5:02PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 8:25AM - 9:39AM	Gara Until 3:59AM Tue	Nataraja: Clear		Moon 1 - Phase 39 - 17 3rd Phase
			Dvitiya Until 7:19AM	Magha*Thai	Sivaloka Day		

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturtham Titau				Norman, OK
	Kumbha Rasi: 17.13	Tithi 4	Gulika 12:07PM - 1:21PM	Shatabhishak Until 10:24AM	Ganesha: Red	Sunrise: 7:11AM	Sun 18 Sutra 282
	Routine Work Marana Yoga	991586576	Yama 9:39AM - 10:53AM	Varyayan Until 10:09AM	Muruqa: Purple	Sunset: 5:03PM	Subhakrit 5124
			Rahu 2:35PM - 3:49PM	Vanija Until 2:31PM	Nataraja: Clear		Moon 1 - Phase 39 - 18 3rd Phase
			Chaturthi* Until 1:09AM Wed	Magha*Thai	Sivaloka Day		

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK
	Meena Rasi: 1.45	Tithi 5	Gulika 10:53AM - 12:07PM	Purvaproshtapada* Until 8:38AM	Ganesha: Blue	Sunrise: 7:10AM	Sun 19 Sutra 283
	Creative Work Amrita Yoga	911586576	Yama 8:24AM - 9:38AM	Parigha* Until 6:46AM	Muruqa: Purple	Sunset: 5:04PM	Subhakrit 5124
	Until 8:38AM		Rahu 12:07PM - 1:21PM	Bava Until 12:01PM	Nataraja: Clear		Moon 1 - Phase 39 - 19 3rd Phase
			Panchami Until 11:01PM	Magha*Thai	Subha Sivaloka Day		

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Norman, OK
	Meena Rasi: 15.49	Tithi 6	Gulika 9:38AM - 10:53AM	Uttaraproshtapada Until 7:26AM	Ganesha: Blue	Sunrise: 7:09AM	Sun 20 Sutra 284
	Creative Work Siddha Yoga	911586576	Yama 7:09AM - 8:24AM	Siddha Until 1:48AM Fri	Muruqa: Purple	Sunset: 5:05PM	Subhakrit 5124
			Rahu 1:22PM - 2:36PM	Kaulava Until 10:15AM	Nataraja: Clear		Moon 1 - Phase 39 - 20 3rd Phase
			Shashthi* Until 9:40PM	Magha*Thai	Subha Sivaloka Day		

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Norman, OK
	Meena Rasi: 29.24	Tithi 7	Gulika 8:23AM - 9:38AM	Revati Until 6:55AM	Ganesha: Blue	Sunrise: 7:08AM	Sun 21 Sutra 285
	Creative Work Siddha Yoga	911586576	Yama 2:37PM - 3:52PM	Sadhya Until 12:20AM Sat	Muruqa: Purple	Sunset: 5:06PM	Subhakrit 5124
	Until 6:55AM		Rahu 10:53AM - 12:07PM	Gara Until 9:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 21 3rd Phase
			Saptami Until 9:11PM	Magha*Thai	Subha Sivaloka Day		

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Norman, OK	
	Retreat Star		Mesha Rasi: 12.3	Tithi 8	Gulika 7:08AM - 8:23AM	Ashvini Until 7:32AM	Ganesha: White	Sunrise: 7:08AM
	Creative Work Siddha Yoga	921686576	Yama 1:23PM - 2:38PM	Subha Until 11:31PM	Muruqa: Purple	Sunset: 5:08PM	Subhakrit 5124	
			Rahu 9:38AM - 10:53AM	Visti Until 9:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 22 Ashtami	
			Ashtami* Until 9:34PM	Magha*Thai	Devaloka Day			

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Norman, OK	
	Retreat Star		Mesha Rasi: 25.11	Tithi 9	Gulika 2:38PM - 3:54PM	Bharani Until 8:48AM	Ganesha: Yellow	Sunrise: 7:07AM
	Routine Work Prabalarishta Yoga	922686576	Yama 12:08PM - 1:23PM	Sukla Until 11:16PM	Muruqa: Purple	Sunset: 5:09PM	Subhakrit 5124	
	Until 8:48AM		Rahu 3:54PM - 5:09PM	Balava Until 10:04AM	Nataraja: Clear		Moon 1 - Phase 39 - 23 Navami	
			Navami* Until 10:42PM	Magha*Thai	Sivaloka Day			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Norman, OK Sun 24
	Vrishabha Rasi: 7.34 Family Home Evening Routine Work Marana Yoga Until 10:35AM Then Creative Work - Amrita Yoga	922686576	Gulika 1:23PM – 2:39PM Yama 10:52AM – 12:08PM Rahu 8:21AM – 9:37AM	Krittika Until 10:35AM Brahma Until 11:28PM Taitila Until 11:32AM Dashami Until 12:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 7:06AM Sunset: 5:10PM	Moon 1 - Phase 40 - 24 4th Phase Sivaloka Day

2	Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Norman, OK Sun 25
	Vrishabha Rasi: 19.43 Creative Work Amrita Yoga Until 1:11PM Then Creative Work - Siddha Yoga	932686576	Gulika 12:08PM – 1:24PM Yama 9:37AM – 10:52AM Rahu 2:40PM – 3:55PM	Rohini Until 1:11PM Indra Until 12:01AM Wed Vanija Until 1:31PM Ekadashi Until 2:37AM Wed	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:05AM Sunset: 5:11PM	Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day

3	Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Norman, OK Sun 26
	Mithuna Rasi: 1.43 Creative Work Siddha Yoga	932686576	Gulika 10:52AM – 12:08PM Yama 8:21AM – 9:37AM Rahu 12:08PM – 1:24PM	Mrigashira Until 3:56PM Vaidhriti* Until 12:43AM Thu Bava Until 3:50PM Dvadashi Until 5:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:05AM Sunset: 5:11PM	Moon 1 - Phase 40 - 26 4th Phase Subha Sivaloka Day

4	Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Kaulava Karana Trayodashyam Titau				Norman, OK Sun 27
	Mithuna Rasi: 13.38 Routine Work Marana Yoga Until 6:40PM Then Creative Work - Amrita Yoga	932686576	Gulika 9:36AM – 10:52AM Yama 7:04AM – 8:20AM Rahu 1:24PM – 2:40PM	Ardra Until 6:40PM Vishkambha* Until 1:32AM Fri Kaulava Until 6:18PM Trayodashi Until 7:32AM Fri	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:04AM Sunset: 5:12PM	Moon 1 - Phase 40 - 27 4th Phase Subha Sivaloka Day
	<i>Pradosha Vrata</i>						

5	Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 29
	Mithuna Rasi: 25.31 Creative Work Siddha Yoga Until 9:47PM Then Routine Work - Marana Yoga	942686577	Gulika 8:19AM – 9:36AM Yama 2:41PM – 3:57PM Rahu 10:52AM – 12:08PM	Punarvasu Until 9:47PM Priti Until 2:22AM Sat Gara Until 8:49PM Trayodashi Until 7:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:03AM Sunset: 5:14PM	Moon 1 - Phase 40 - 4th Phase Sivaloka Day

○	Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 29		
	Copper Retreat Star		Kataka Rasi: 7.23 Creative Work Siddha Yoga	942686577	Gulika 7:02AM – 8:19AM Yama 1:25PM – 2:42PM Rahu 9:35AM – 10:52AM	Pushya Until 12:41AM Sun Ayushman Until 3:08AM Sun Visti Until 11:17PM Chaturdashi* Until 10:02AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:02AM Sunset: 5:15PM	Moon 1 - Phase 40 - Purnima Sivaloka Day
	Thai Pusam								

○	Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK Sun 29		
	Silver Retreat Star		Kataka Rasi: 19.18 Creative Work Siddha Yoga Until 3:19AM Mon Then Routine Work - Marana Yoga	942686577	Gulika 2:42PM – 3:59PM Yama 12:09PM – 1:25PM Rahu 3:59PM – 5:16PM	Ashlesha* Until 3:19AM Mon Saubhagya Until 3:50AM Mon Balava Until 1:39AM Mon Purnima* Until 12:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:01AM Sunset: 5:16PM	Moon 1 - Phase 40 - Prathama Sivaloka Day



Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 1.14 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 6:10AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Norman, OK

Sutra 295

Subhakrit 5124

Moon 2 - Phase 41 -

1st Phase

Gulika 1:26PM - 2:43PM

Yama 10:52AM - 12:09PM

Rahu 8:17AM - 9:34AM

Magha* Until 6:10AM Tue

Sobhana Until 4:27AM Tue

Taitila Until 3:54AM Tue

Prathama* Until 2:46PM

Ganesha: Purple

Sunrise: 7:00AM

Muruqa: Purple

Sunset: 5:17PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Tuesday, February 7, 2023

1

Simha Rasi: 13.14 Tithi 17 - 18

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK

Sun 1 Sutra 296

Subhakrit 5124

Moon 2 - Phase 41 - 1

1st Phase

Gulika 12:09PM - 1:26PM

Yama 9:34AM - 10:51AM

Rahu 2:44PM - 4:01PM

Magha* Until 6:10AM

Athiganda* Until 4:54AM Wed

Vanija Until 5:57AM Wed

Dvitiya Until 4:55PM

Ganesha: Purple

Sunrise: 6:59AM

Muruqa: Purple

Sunset: 5:18PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Wednesday, February 8, 2023

2

Simha Rasi: 25.19 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Visti* Karana Tritiyayam Titau

Norman, OK

Sun 2 Sutra 297

Subhakrit 5124

Moon 2 - Phase 41 - 2

1st Phase

Gulika 10:51AM - 12:09PM

Yama 8:16AM - 9:33AM

Rahu 12:09PM - 1:27PM

Purvaphalguni Until 8:40AM

Sukarma Until 5:11AM Thu

Visti Until 6:52PM

Tritiya Until 6:52PM

Ganesha: Purple

Sunrise: 6:58AM

Muruqa: Purple

Sunset: 5:20PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Thursday, February 9, 2023

3

Kanya Rasi: 7.29 Tithi 19

952686577

Amrita Yoga

Until 10:45AM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Norman, OK

Sun 3 Sutra 298

Subhakrit 5124

Moon 2 - Phase 41 - 3

1st Phase

Gulika 9:33AM - 10:51AM

Yama 6:57AM - 8:15AM

Rahu 1:27PM - 2:45PM

Uttaraphalguni Until 10:45AM

Dhriti Until 5:13AM Fri

Bava Until 7:44AM

Chaturthi* Until 8:29PM

Ganesha: Purple

Sunrise: 6:57AM

Muruqa: Purple

Sunset: 5:21PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Friday, February 10, 2023

4

Kanya Rasi: 19.48 Tithi 20

962686577

Creative Work Amrita Yoga

Until 12:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK

Sun 4 Sutra 299

Subhakrit 5124

Moon 2 - Phase 41 - 4

1st Phase

Gulika 8:14AM - 9:32AM

Yama 2:46PM - 4:04PM

Rahu 10:51AM - 12:09PM

Hasta Until 12:48PM

Shula* Until 4:52AM Sat

Kaulava Until 9:11AM

Panchami Until 9:42PM

Ganesha: Clear

Sunrise: 6:56AM

Muruqa: Purple

Sunset: 5:22PM

Nataraja: Orange

Moon - Green

Magha*Thai

Sivaloka Day

Saturday, February 11, 2023

5

Tula Rasi: 2.19 Tithi 21

963686577

Routine Work Marana Yoga

Until 2:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthayam Titau

Norman, OK

Sun 5 Sutra 300

Subhakrit 5124

Moon 2 - Phase 41 - 5

1st Phase

Gulika 6:54AM - 8:13AM

Yama 1:28PM - 2:46PM

Rahu 9:32AM - 10:50AM

Chitra Until 2:13PM

Ganda* Until 4:06AM Sun

Gara Until 10:08AM

Shashthi* Until 10:22PM

Ganesha: Purple

Sunrise: 6:54AM

Muruqa: Purple

Sunset: 5:23PM

Nataraja: Orange

Moon - Green

Magha*Thai

Devaloka Day

Sunday, February 12, 2023

6

Tula Rasi: 15.06 Tithi 22

963686577

Creative Work Siddha Yoga

Until 2:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Norman, OK

Sun 6 Sutra 301

Subhakrit 5124

Moon 2 - Phase 41 - 6

1st Phase

Gulika 2:47PM - 4:06PM

Yama 12:09PM - 1:28PM

Rahu 4:06PM - 5:25PM

Svati Until 2:52PM

Vridhhi Until 2:49AM Mon

Visti Until 10:29AM

Saptami Until 10:22PM

Ganesha: Purple

Sunrise: 6:53AM

Muruqa: Purple

Sunset: 5:25PM

Nataraja: Orange

Moon - Green

Magha-Masi

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 28.13 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 3:08PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK

Sun 7 Sutra 302

Subhakrit 5124

Moon 2 - Phase 41 - 7

Ashtami

Gulika 1:28PM - 2:47PM

Yama 10:50AM - 12:09PM

Rahu 8:11AM - 9:31AM

Vishakha Until 3:08PM

Dhruva Until 12:56AM Tue

Balava Until 10:07AM

Ashtami* Until 9:39PM

Ganesha: Clear

Sunrise: 6:52AM

Muruqa: Purple

Sunset: 5:26PM

Nataraja: Orange

Moon - Orange

Magha-Masi

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.44 Tithi 24

973686577

Creative Work Siddha Yoga

Until 2:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK

Sun 8 Sutra 303

Subhakrit 5124

Moon 2 - Phase 41 - 8

Navami

Gulika 12:09PM - 1:28PM

Yama 9:30AM - 10:49AM

Rahu 2:48PM - 4:07PM

Anuradha Until 2:32PM

Vyaghata* Until 10:29PM

Taitila Until 9:02AM

Navami* Until 8:11PM

Ganesha: Clear

Sunrise: 6:51AM

Muruqa: Purple

Sunset: 5:27PM

Nataraja: Orange

Moon - Orange

Magha-Masi

Sivaloka Day

1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Norman, OK Sun 9 Sutra 304 Subhakrit 5124
	Vrischika Rasi: 25.42	Tithi 25	973686577	Gulika Yama Rahu	10:49AM – 12:09PM 8:09AM – 9:29AM 12:09PM – 1:29PM	Jyeshtha* Until 1:05PM Harshana Until 7:29PM Vanija Until 7:13AM Dashami Until 6:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi
	Creative Work Siddha Yoga						Sunrise: 6:50AM Sunset: 5:28PM
	Until 1:05PM						Moon 2 - Phase 42 - 9 2nd Phase
Then Routine Work - Marana Yoga						Sivaloka Day	

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 10 Sutra 305 Subhakrit 5124
	Dhanus Rasi: 10.05	Tithi 26 – 27	983686577	Gulika Yama Rahu	9:29AM – 10:49AM 6:48AM – 8:08AM 1:29PM – 2:49PM	Mula* Until 11:18AM Vajra* Until 3:59PM Kaulava Until 1:43AM Fri Ekadashi* Until 3:16PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi
	Creative Work Siddha Yoga						Sunrise: 6:48AM Sunset: 5:29PM
	Until 1:05PM						Moon 2 - Phase 42 - 10 2nd Phase
Then Routine Work - Marana Yoga						Devaloka Day	

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 11 Sutra 306 Subhakrit 5124
	Dhanus Rasi: 24.52	Tithi 27 – 28	983686577	Gulika Yama Rahu	8:07AM – 9:28AM 2:50PM – 4:10PM 10:48AM – 12:09PM	Purvashadha* Until 8:53AM Siddhi Until 12:08PM Gara Until 10:19PM Dvadashi* Until 12:02PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi
	Routine Work Prabalarishta Yoga						Sunrise: 6:47AM Sunset: 5:31PM
	Until 8:53AM						Moon 2 - Phase 42 - 11 2nd Phase
Then Routine Work - Marana Yoga						Devaloka Day <i>Pradosha Vrata (Fasting)</i>	

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam Shravana Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 12 Sutra 307 Subhakrit 5124
	Makara Rasi: 9.55	Tithi 28 – 29	983686577	Gulika Yama Rahu	6:46AM – 8:06AM 1:29PM – 2:50PM 9:27AM – 10:48AM	Shravana Until 3:11AM Sun Vyatipata* Until 8:01AM Visti Until 6:40PM Trayodashi* Until 8:29AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi
	Creative Work Siddha Yoga						Sunrise: 6:46AM Sunset: 5:32PM
	Until 3:11AM Sun						Moon 2 - Phase 42 - 12 2nd Phase
Then Routine Work - Marana Yoga						Devaloka Day	

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Norman, OK Sun 13 Sutra 308 Subhakrit 5124
	Retreat Star						Moon 2 - Phase 42 - 13 Amavasya
	Makara Rasi: 25.06	Tithi 30	993686577	Gulika Yama Rahu	2:51PM – 4:12PM 12:09PM – 1:30PM 4:12PM – 5:33PM	Dhanishtha Until 12:16AM Mon Parigha* Until 11:31PM Catuspada Until 2:57PM Amavasya* Until 1:07AM Mon	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi
	Routine Work Marana Yoga						Sunrise: 6:44AM Sunset: 5:33PM
Until 12:16AM Mon						Devaloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK Sun 14 Sutra 309 Subhakrit 5124
	Kumbha Rasi: 10.16	Tithi 1	993686577	Gulika Yama Rahu	1:30PM – 2:51PM 10:47AM – 12:09PM 8:04AM – 9:26AM	Shatabhishak Until 9:23PM Shiva Until 7:27PM Kintughna Until 11:21AM Prathama* Until 9:38PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi
	Creative Work Siddha Yoga						Sunrise: 6:43AM Sunset: 5:34PM
	Until 9:23PM						Moon 2 - Phase 42 - 14 Prathama
Then Routine Work - Marana Yoga						Devaloka Day	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Norman, OK on 4/26/20

www.gurudeva.org/panchang

1		Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Norman, OK Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 25.14	Tithi 2	Gulika	12:08PM – 1:30PM	Purvaproshtapada* Until 7:10PM	Ganesha: Red	<i>Sunrise:</i> 6:42AM	
		Yama	9:25AM – 10:47AM	Siddha Until 3:38PM	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Moon 2 - Phase 43 - 15
		913686577 Rahu	2:52PM – 4:14PM	Balava Until 8:02AM	Nataraja: Orange		3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 6:31PM	Moon – Clear		Sivaloka Day
Until 7:10PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

2		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Norman, OK Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 9.53	Tithi 3 – 4	Gulika	10:46AM – 12:08PM	Uttaraproshtapada Until 5:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	
		Yama	8:02AM – 9:24AM	Sadhya Until 12:16PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 2 - Phase 43 - 16
		913786577 Rahu	12:08PM – 1:30PM	Vanija Until 2:57AM Thu	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 3:57PM	Moon – Clear		Subha Sivaloka Day
Until 5:21PM					Phalguna-Masi		
Then Routine Work - Marana Yoga							

3		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Norman, OK Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 24.05	Tithi 4 – 5	Gulika	9:24AM – 10:46AM	Revati Until 4:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:39AM	
		Yama	6:39AM – 8:01AM	Subha Until 9:27AM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 43 - 17
		913786577 Rahu	1:31PM – 2:53PM	Bava Until 1:28AM Fri	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 2:05PM	Moon – Clear		Subha Sivaloka Day
Until 4:05PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4		Friday, February 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Norman, OK Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 7.48	Tithi 5 – 6	Gulika	8:00AM – 9:23AM	Ashvini Until 3:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	
		Yama	2:53PM – 4:16PM	Sukla Until 7:15AM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 43 - 18
		923786577 Rahu	10:45AM – 12:08PM	Kaulava Until 12:51AM Sat	Nataraja: Orange		3rd Phase
Creative Work	Amrita Yoga			Panchami Until 1:02PM	Moon – White		Sivaloka Day
Until 3:55PM					Phalguna-Masi		
Then Creative Work - Siddha Yoga							

5		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Norman, OK Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 21.02	Tithi 6 – 7	Gulika	6:36AM – 7:59AM	Bharani Until 4:27PM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	
		Yama	1:31PM – 2:54PM	Indra Until 4:55AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 43 - 19
		924786577 Rahu	9:22AM – 10:45AM	Gara Until 1:05AM Sun	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 12:50PM	Moon – White		Devaloka Day
Until 4:27PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Norman, OK Sun 20 Sutra 315 Subhakrit 5124
Vrishabha Rasi: 3.5	Tithi 7 – 8	Gulika	2:54PM – 4:18PM	Krittika Until 5:39PM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	
		Yama	12:08PM – 1:31PM	Vaidhriti* Until 4:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 43 - 20
		924786577 Rahu	4:18PM – 5:41PM	Visti Until 2:09AM Mon	Nataraja: Orange		Ashtami
Creative Work	Siddha Yoga			Saptami Until 1:30PM	Moon – White		Devaloka Day
					Phalguna-Masi		

Retreat Star		Monday, February 27, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Norman, OK Sun 21 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 16.16	Tithi 8 – 9	Gulika	1:31PM – 2:55PM	Rohini Until 7:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	
Family Home Evening		Yama	10:44AM – 12:08PM	Vishkambha* Until 4:57AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 43 - 21
		934786577 Rahu	7:57AM – 9:20AM	Balava Until 3:52AM Tue	Nataraja: Orange		Navami
Creative Work	Amrita Yoga			Ashtami* Until 2:55PM	Moon – Yellow		Sivaloka Day
					Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				Norman, OK
	Mithuna Rasi: 28.26 Tilthi 9 – 10		Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 317
	Creative Work Siddha Yoga Until 10:24PM Then Routine Work - Marana Yoga	934786577	Gulika 12:07PM – 1:31PM	Mrigashira Until 10:24PM	Ganesha: Yellow <i>Sunrise:</i> 6:32AM		Subhakrit 5124
			Yama 9:20AM – 10:44AM	Priti Until 5:34AM Wed	Muruqa: Purple <i>Sunset:</i> 5:43PM		Moon 2 - Phase 44 - 22
		Rahu 2:55PM – 4:19PM	Taitila Until 6:04AM Wed	Nataraja: Orange		4th Phase	
			Navami* Until 4:54PM	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			


2	Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Norman, OK
	Mithuna Rasi: 10.26 Tilthi 10		Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 318
	Creative Work Siddha Yoga Until 1:06AM Thu Then Creative Work - Amrita Yoga	934786577	Gulika 10:43AM – 12:07PM	Ardra Until 1:06AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:29AM		Subhakrit 5124
			Yama 7:53AM – 9:18AM	Ayushman Until 6:22AM Thu	Muruqa: Purple <i>Sunset:</i> 5:45PM		Moon 2 - Phase 44 - 23
		Rahu 12:07PM – 1:32PM	Taitila Until 6:04AM	Nataraja: Orange		4th Phase	
			Dashami Until 7:15PM	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			


3	Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Norman, OK
	Mithuna Rasi: 22.2 Tilthi 11		Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 319
	Creative Work Amrita Yoga Until 4:14AM Fri Then Routine Work - Marana Yoga	944786577	Gulika 9:17AM – 10:42AM	Punarvasu Until 4:14AM Fri	Ganesha: White <i>Sunrise:</i> 6:27AM		Subhakrit 5124
			Yama 6:27AM – 7:52AM	Ayushman Until 6:22AM	Muruqa: Purple <i>Sunset:</i> 5:47PM		Moon 2 - Phase 44 - 24
		Rahu 1:32PM – 2:57PM	Vanija Until 8:31AM	Nataraja: Orange		4th Phase	
			Ekadashi Until 9:45PM	Moon – Blue		Devaloka Day	
				Phalguna-Masi			

4	Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				Norman, OK
	Kataka Rasi: 4.11 Tilthi 12		Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 320
	Routine Work Marana Yoga	944786577	Gulika 7:51AM – 9:16AM	Pushya Until 7:10AM Sat	Ganesha: White <i>Sunrise:</i> 6:26AM		Subhakrit 5124
			Yama 2:57PM – 4:22PM	Saubhagya Until 7:14AM	Muruqa: Purple <i>Sunset:</i> 5:48PM		Moon 2 - Phase 44 - 25
		Rahu 10:41AM – 12:07PM	Bava Until 11:02AM	Nataraja: Orange		4th Phase	
			Dvadashi Until 12:15AM Sat	Moon – Blue		Devaloka Day	
				Phalguna-Masi			

5	Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam				Norman, OK
	Kataka Rasi: 16.04 Tilthi 13		Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 321
	Creative Work Siddha Yoga Until 7:10AM Then Routine Work - Marana Yoga	944786577	Gulika 6:24AM – 7:50AM	Pushya Until 7:10AM	Ganesha: White <i>Sunrise:</i> 6:24AM		Subhakrit 5124
			Yama 1:32PM – 2:58PM	Sobhana Until 8:05AM	Muruqa: Purple <i>Sunset:</i> 5:49PM		Moon 2 - Phase 44 - 26
		Rahu 9:15AM – 10:41AM	Kaulava Until 1:28PM	Nataraja: Orange		4th Phase	
			Trayodashi Until 2:37AM Sun	Moon – Blue		Devaloka Day	
				Phalguna-Masi			
				<i>Pradosha Vrata</i>			

6	Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Norman, OK
	Kataka Rasi: 28.01 Tilthi 14		Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 322
	Creative Work Siddha Yoga Until 9:47AM Then Routine Work - Marana Yoga	144786577	Gulika 2:58PM – 4:24PM	Ashlesha* Until 9:47AM	Ganesha: Purple <i>Sunrise:</i> 6:23AM		Subhakrit 5124
			Yama 12:06PM – 1:32PM	Athiganda* Until 8:47AM	Muruqa: Purple <i>Sunset:</i> 5:50PM		Moon 2 - Phase 44 - 27
		Rahu 4:24PM – 5:50PM	Gara Until 3:44PM	Nataraja: Orange		4th Phase	
			Chaturdashi* Until 4:45AM Mon	Moon – Blue		Devaloka Day	
				Phalguna-Masi			
				Chidambaram Abhishekam			

	Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Norman, OK
	Copper Retreat Star		Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 323
	Simha Rasi: 10.02 Tilthi 15						Subhakrit 5124
	Family Home Evening						Moon 2 - Phase 44 - Purnima
Routine Work Marana Yoga	154786577	Gulika 1:32PM – 2:59PM	Magha* Until 12:31PM	Ganesha: Clear <i>Sunrise:</i> 6:21AM			
Until 12:31PM		Yama 10:40AM – 12:06PM	Sukarma Until 9:19AM	Muruqa: Purple <i>Sunset:</i> 5:51PM			
Then Creative Work - Siddha Yoga		Rahu 7:47AM – 9:14AM	Visti Until 5:45PM	Nataraja: Orange			
			Purnima* Until 6:38AM Tue	Moon – Red		Sivaloka Day	
				Phalguna-Masi			
				Holi			

	Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Norman, OK
	Silver Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 324
	Simha Rasi: 22.1 Tilthi 15 – 16						Subhakrit 5124
							Moon 2 - Phase 44 - Prathama
Creative Work Siddha Yoga	154786577	Gulika 12:06PM – 1:32PM	Purvaphalguni Until 2:48PM	Ganesha: Clear <i>Sunrise:</i> 6:19AM			
Until 2:48PM		Yama 9:13AM – 10:39AM	Dhriti Until 9:40AM	Muruqa: Purple <i>Sunset:</i> 5:52PM			
Then Creative Work - Amrita Yoga		Rahu 2:59PM – 4:26PM	Balava Until 7:28PM	Nataraja: Orange			
			Purnima* Until 6:38AM	Moon – Red		Sivaloka Day	
				Phalguna-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Norman, OK

Sutra 325

Subhakarit 5124

Kanya Rasi: 4.26 Tithi 16 - 17

154786577

Gulika 10:39AM - 12:06PM
Yama 7:45AM - 9:12AM
Rahu 12:06PM - 1:32PM

Uttaraphalguni Until 4:37PM

Shula* Until 9:44AM

Taitila Until 8:52PM

Prathama* Until 8:11AM

Ganesha: Clear *Sunrise: 6:18AM*

Muruqa: Purple *Sunset: 5:53PM*

Nataraja: Orange

Moon - Red

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 -
1st Phase

Creative Work Amrita Yoga

Until 4:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK

Sun 1 Sutra 326

Subhakarit 5124

Kanya Rasi: 16.5 Tithi 17 - 18

164786577

Gulika 9:11AM - 10:38AM
Yama 6:16AM - 7:44AM
Rahu 1:33PM - 3:00PM

Hasta Until 6:25PM

Ganda* Until 9:34AM

Vanija Until 9:53PM

Dvitiya Until 9:24AM

Ganesha: White *Sunrise: 6:16AM*

Muruqa: Purple *Sunset: 5:54PM*

Nataraja: Orange

Moon - Green

Phalguna-Masi

Devaloka Day

Moon 3 - Phase 45 - 1
1st Phase

Routine Work Marana Yoga

Until 6:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Norman, OK

Sun 2 Sutra 327

Subhakarit 5124

Kanya Rasi: 29.25 Tithi 18 - 19

165786577

Gulika 7:42AM - 9:10AM
Yama 3:00PM - 4:28PM
Rahu 10:37AM - 12:05PM

Chitra Until 7:40PM

Vridhhi Until 9:07AM

Bava Until 10:30PM

Tritiya Until 10:13AM

Ganesha: Yellow *Sunrise: 6:15AM*

Muruqa: Purple *Sunset: 5:55PM*

Nataraja: Orange

Moon - Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 2
1st Phase

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK

Sun 3 Sutra 328

Subhakarit 5124

Tula Rasi: 12.1 Tithi 19 - 20

165786577

Gulika 6:13AM - 7:41AM
Yama 1:33PM - 3:01PM
Rahu 9:09AM - 10:37AM

Svati Until 8:21PM

Dhruva Until 8:19AM

Kaulava Until 10:41PM

Chaturthi* Until 10:38AM

Ganesha: Yellow *Sunrise: 6:13AM*

Muruqa: Purple *Sunset: 5:56PM*

Nataraja: Orange

Moon - Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 3
1st Phase

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Norman, OK

Sun 4 Sutra 329

Subhakarit 5124

Tula Rasi: 25.09 Tithi 20 - 21

175786577

Gulika 3:01PM - 4:29PM
Yama 12:05PM - 1:33PM
Rahu 4:29PM - 5:58PM

Vishakha Until 8:52PM

Vyaghata* Until 7:11AM

Gara Until 10:23PM

Panchami Until 10:34AM

Ganesha: Blue *Sunrise: 6:12AM*

Muruqa: Purple *Sunset: 5:58PM*

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 4
1st Phase

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Norman, OK

Sun 5 Sutra 330

Subhakarit 5124

Vrischika Rasi: 8.23 Tithi 21 - 22

175786577

Gulika 1:33PM - 3:01PM
Yama 10:36AM - 12:04PM
Rahu 7:39AM - 9:07AM

Anuradha Until 8:44PM

Vajra* Until 3:43AM Tue

Visti Until 9:33PM

Shashthi* Until 10:01AM

Ganesha: Blue *Sunrise: 6:10AM*

Muruqa: Purple *Sunset: 5:59PM*

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 5
1st Phase

Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Norman, OK

Sun 6 Sutra 331

Subhakarit 5124

Vrischika Rasi: 21.55 Tithi 22 - 23

175786577

Gulika 12:04PM - 1:33PM
Yama 9:06AM - 10:35AM
Rahu 3:02PM - 4:31PM

Jyeshtha* Until 7:56PM

Siddhi Until 1:22AM Wed

Balava Until 8:12PM

Saptami Until 8:56AM

Ganesha: Blue *Sunrise: 6:08AM*

Muruqa: Purple *Sunset: 6:00PM*

Nataraja: Orange

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Moon 3 - Phase 45 - 6
Ashtami

Routine Work Marana Yoga

Until 7:56PM

Then Creative Work - Amrita Yoga

Karadaiyan Nombu (Tamil Nadu)

Wednesday, March 15, 2023

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK

Sun 7 Sutra 332

Subhakarit 5124

Dhanus Rasi: 5.44 Tithi 23 - 24

185786578

Gulika 10:34AM - 12:04PM
Yama 7:36AM - 9:05AM
Rahu 12:04PM - 1:33PM

Mula* Until 6:55PM

Vyatipata* Until 10:37PM

Taitila Until 6:20PM

Ashtami* Until 7:19AM

Ganesha: Red *Sunrise: 6:07AM*

Muruqa: Purple *Sunset: 6:01PM*

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Sivaloka Day

Moon 3 - Phase 45 - 7
Navami

Routine Work Marana Yoga

Until 6:55PM


Then Creative Work - Amrita Yoga

1	Thursday, March 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Norman, OK
			Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Vanija/Visli* Karana Dashamyam Titau				Sun 8 Sutra 333
Dhanus Rasi: 19.53	Tithi 25	Gulika 9:04AM – 10:34AM	Purvashadha* Until 5:17PM	Ganesha: Red	<i>Sunrise:</i> 6:05AM	Subhakrit 5124	
		Yama 6:05AM – 7:35AM	Variyan Until 7:28PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 46 - 8	
		185786578 Rahu 1:33PM – 3:03PM	Vanija Until 4:00PM	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga			Dashami Until 2:39AM Fri	Moon – Light Blue		Sivaloka Day	
Until 5:17PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

2	Friday, March 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Norman, OK
			Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 334
Makara Rasi: 4.2	Tithi 26	Gulika 7:33AM – 9:03AM	Uttarashadha Until 3:08PM	Ganesha: Red	<i>Sunrise:</i> 6:03AM	Subhakrit 5124	
		Yama 3:03PM – 4:33PM	Parigha* Until 4:02PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 3 - Phase 46 - 9	
		185786578 Rahu 10:33AM – 12:03PM	Bava Until 1:16PM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga			Ekadashi* Until 11:46PM	Moon – Light Blue		Sivaloka Day	
				Phalguna•Panguni			

3	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam				Norman, OK
			Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 335
Makara Rasi: 19.01	Tithi 27	Gulika 6:02AM – 7:32AM	Shravana Until 12:59PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	Subhakrit 5124	
		Yama 1:33PM – 3:03PM	Shiva Until 12:23PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 46 - 10	
		195786578 Rahu 9:02AM – 10:33AM	Kaulava Until 10:15AM	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga			Dvadashi* Until 8:39PM	Moon – Purple		Subha Sivaloka Day	
				Phalguna•Panguni			

4	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam				Norman, OK
			Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 336
Kumbha Rasi: 3.5	Tithi 28 – 29	Gulika 3:04PM – 4:34PM	Dhanishtha Until 10:34AM	Ganesha: Green	<i>Sunrise:</i> 6:00AM	Subhakrit 5124	
		Yama 12:03PM – 1:33PM	Siddha Until 8:35AM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 46 - 11	
		196896578 Rahu 4:34PM – 6:05PM	Gara Until 7:04AM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga			Trayodashi* Until 5:27PM	Moon – Purple		Sivaloka Day	
Until 10:34AM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

	Monday, March 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam				Norman, OK
			Shatabhishak/Purvaproshtpada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau				Sun 12 Sutra 337
Kumbha Rasi: 18.4	Tithi 29 – 30	Gulika 1:33PM – 3:04PM	Shatabhishak Until 8:01AM	Ganesha: Green	<i>Sunrise:</i> 5:59AM	Subhakrit 5124	
Family Home Evening		Yama 10:31AM – 12:02PM	Subha Until 1:11AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 46 - 12	
		196896578 Rahu 7:29AM – 9:00AM	Catuspada Until 12:50AM Tue	Nataraja: Clear		Amavasya	
Creative Work Siddha Yoga			Chaturdashy* Until 2:19PM	Moon – Purple		Sivaloka Day	
Until 8:01AM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Norman, OK
			Uttaraproshtpada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 338
Meena Rasi: 3.22	Tithi 30 – 1	Gulika 12:02PM – 1:33PM	Uttaraproshtpada Until 4:01AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:57AM	Subhakrit 5124	
		Yama 8:59AM – 10:31AM	Sukla Until 9:45PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 46 - 13	
		116896578 Rahu 3:04PM – 4:36PM	Kintughna Until 10:06PM	Nataraja: Clear		Prathama	
Creative Work Amrita Yoga			Amavasya* Until 11:24AM	Moon – Clear		Devaloka Day	
Until 4:01AM Wed		Yugadhi		Chaitra•Panguni			
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Norman, OK on 4/26/21

www.gurudeva.org/panchang

1		Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Norman, OK Sun 14 Sutra 339 Subhakrit 5124
Meena Rasi: 17.5	Tithi 1 – 2	Gulika 10:30AM – 12:02PM	Revati Until 2:28AM Thu	Ganesha: Orange	Sunrise: 5:55AM		
		Yama 7:27AM – 8:58AM	Brahma Until 6:43PM	Muruqa: Clear	Sunset: 6:08PM	Moon 3 - Phase 47 - 14	
		116896578 Rahu 12:02PM – 1:33PM	Balava Until 7:48PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Prathama* Until 8:52AM	Moon – Clear		Devaloka Day	
Until 2:28AM Thu				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau			Norman, OK Sun 15 Sutra 340 Subhakrit 5124
Mesha Rasi: 1.57	Tithi 2 – 3	Gulika 8:58AM – 10:29AM	Ashvini Until 1:50AM Fri	Ganesha: Clear	Sunrise: 5:54AM		
		Yama 5:54AM – 7:26AM	Indra Until 4:11PM	Muruqa: Clear	Sunset: 6:09PM	Moon 3 - Phase 47 - 15	
		126896578 Rahu 1:33PM – 3:05PM	Taitila Until 6:06PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 6:51AM	Moon – White		Devaloka Day	
Until 1:50AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Chatrthyam Titau			Norman, OK Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 15.4	Tithi 4	Gulika 7:24AM – 8:57AM	Bharani Until 1:48AM Sat	Ganesha: Clear	Sunrise: 5:52AM		
		Yama 3:06PM – 4:38PM	Vaidhriti* Until 2:10PM	Muruqa: Clear	Sunset: 6:10PM	Moon 3 - Phase 47 - 16	
		126896578 Rahu 10:29AM – 12:01PM	Vanija Until 5:07PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chatrurthi* Until 4:54AM Sat	Moon – White		Devaloka Day	
Until 1:48AM Sat				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau			Norman, OK Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 28.57	Tithi 5	Gulika 5:50AM – 7:23AM	Krittika Until 2:22AM Sun	Ganesha: Clear	Sunrise: 5:50AM		
		Yama 1:33PM – 3:06PM	Vishkambha* Until 12:48PM	Muruqa: Clear	Sunset: 6:11PM	Moon 3 - Phase 47 - 17	
		126896578 Rahu 8:56AM – 10:28AM	Bava Until 4:55PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 5:05AM Sun	Moon – White		Devaloka Day	
Until 2:22AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau			Norman, OK Sun 18 Sutra 343 Subhakrit 5124
Vrishabha Rasi: 11.5	Tithi 6	Gulika 3:06PM – 4:39PM	Rohini Until 3:59AM Mon	Ganesha: Clear	Sunrise: 5:49AM		
		Yama 12:00PM – 1:33PM	Priti Until 12:03PM	Muruqa: Clear	Sunset: 6:12PM	Moon 3 - Phase 47 - 18	
		137896578 Rahu 4:39PM – 6:12PM	Kaulava Until 5:30PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 6:02AM Mon	Moon – Yellow		Devaloka Day	
Until 3:59AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

6		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Norman, OK Sun 19 Sutra 344 Subhakrit 5124
Vrishabha Rasi: 24.22	Tithi 6 – 7	Gulika 1:33PM – 3:07PM	Mrigashira Until 6:05AM Tue	Ganesha: Clear	Sunrise: 5:47AM		
Family Home Evening		Yama 10:27AM – 12:00PM	Ayushman Until 11:50AM	Muruqa: Clear	Sunset: 6:13PM	Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:20AM – 8:54AM	Gara Until 6:47PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 6:02AM	Moon – Yellow		Devaloka Day	
Until 6:05AM Tue				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

☾		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau			Norman, OK Sun 20 Sutra 345 Subhakrit 5124
Retreat Star		Gulika 12:00PM – 1:33PM	Mrigashira Until 6:05AM	Ganesha: Clear	Sunrise: 5:45AM		
Mithuna Rasi: 6.37	Tithi 7 – 8	Yama 8:53AM – 10:26AM	Saubhagya Until 12:07PM	Muruqa: Clear	Sunset: 6:14PM	Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:07PM – 4:41PM	Visiti Until 8:39PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – Yellow		Devaloka Day	
Until 6:05AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

☽		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Norman, OK Sun 21 Sutra 346 Subhakrit 5124
Retreat Star		Gulika 10:26AM – 12:00PM	Ardra Until 8:30AM	Ganesha: Clear	Sunrise: 5:44AM		
Mithuna Rasi: 18.4	Tithi 8 – 9	Yama 7:18AM – 8:52AM	Sobhana Until 12:45PM	Muruqa: Clear	Sunset: 6:15PM	Moon 3 - Phase 47 - 21	
		137896578 Rahu 12:00PM – 1:33PM	Balava Until 10:53PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 9:42AM	Moon – Yellow		Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Norman, OK on 4/26/21

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1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Aihiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Norman, OK Sun 22 Sutra 347 Subhakrit 5124		
Kataka Rasi: 0.35	Tithi 9 – 10	Gulika 8:51AM – 10:25AM	Punarvasu Until 11:30AM	Ganesha: White	<i>Sunrise:</i> 5:42AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 22 4th Phase
Creative Work	Amrita Yoga	Yama 5:42AM – 7:16AM	Athiganda* Until 1:32PM	Nataraja: Clear				
		147896578 Rahu 1:34PM – 3:08PM	Taitila Until 1:17AM Fri	Moon – Blue				
			Navami* Until 12:03PM	Chaitra•Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM

2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Norman, OK Sun 23 Sutra 348 Subhakrit 5124		
Kataka Rasi: 12.29	Tithi 10 – 11	Gulika 7:15AM – 8:50AM	Pushya Until 2:26PM	Ganesha: White	<i>Sunrise:</i> 5:41AM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 48 - 23 4th Phase
Routine Work	Marana Yoga	Yama 3:08PM – 4:43PM	Sukarma Until 2:23PM	Nataraja: Clear				
		147896578 Rahu 10:24AM – 11:59AM	Vanija Until 3:41AM Sat	Moon – Blue				
		Yogaswami Mahasamadhi	Dashami Until 2:29PM	Chaitra•Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM


3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Norman, OK Sun 24 Sutra 349 Subhakrit 5124		
Kataka Rasi: 24.23	Tithi 11 – 12	Gulika 5:41AM – 7:15AM	Ashlesha* Until 5:05PM	Ganesha: White	<i>Sunrise:</i> 5:41AM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 48 - 24 4th Phase
Routine Work	Marana Yoga	Yama 1:34PM – 3:08PM	Dhriti Until 3:11PM	Nataraja: Clear				
Until 5:05PM		147896578 Rahu 8:50AM – 10:24AM	Bava Until 5:54AM Sun	Moon – Blue				
Then Creative Work - Amrita Yoga			Ekadashi Until 4:48PM	Chaitra•Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Balava Karana Dvadashyam Titau		Norman, OK Sun 25 Sutra 350 Subhakrit 5124		
Simha Rasi: 6.22	Tithi 12	Gulika 3:08PM – 4:43PM	Magha* Until 7:50PM	Ganesha: Red	<i>Sunrise:</i> 5:39AM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 48 - 25 4th Phase
Routine Work	Marana Yoga	Yama 11:59AM – 1:34PM	Shula* Until 3:46PM	Nataraja: Clear				
Until 7:50PM		158896578 Rahu 4:43PM – 6:18PM	Balava Until 6:52PM	Moon – Red				
Then Creative Work - Siddha Yoga			Dvadashi Until 6:52PM	Chaitra•Panguni				Devaloka Day

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Norman, OK Sun 26 Sutra 351 Subhakrit 5124		
Simha Rasi: 18.28	Tithi 13	Gulika 1:34PM – 3:09PM	Purvaphalguni Until 10:04PM	Ganesha: Red	<i>Sunrise:</i> 5:37AM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - 26 4th Phase
Family Home Evening		Yama 10:23AM – 11:58AM	Ganda* Until 4:06PM	Nataraja: Clear				
Creative Work	Siddha Yoga	158896578 Rahu 7:13AM – 8:48AM	Kaulava Until 7:48AM	Moon – Red				
			Trayodashi Until 8:34PM	Chaitra•Panguni				Devaloka Day

Pradosha Vrata

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Norman, OK Sun 27 Sutra 352 Subhakrit 5124		
Kanya Rasi: 0.44	Tithi 14	Gulika 11:58AM – 1:34PM	Uttaraphalguni Until 11:42PM	Ganesha: Red	<i>Sunrise:</i> 5:36AM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 48 - 27 4th Phase
Creative Work	Amrita Yoga	Yama 8:47AM – 10:22AM	Vridhhi Until 4:07PM	Nataraja: Clear				
Until 11:42PM		158896578 Rahu 3:09PM – 4:45PM	Gara Until 9:17AM	Moon – Red				
Then Creative Work - Siddha Yoga			Chaturdashi* Until 9:50PM	Chaitra•Panguni				Devaloka Day

		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Norman, OK Sun 28 Sutra 353 Subhakrit 5124		
Kanya Rasi: 13.12	Tithi 15	Gulika 10:22AM – 11:58AM	Hasta Until 1:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:34AM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 - Purnima
Routine Work	Marana Yoga	Yama 7:10AM – 8:46AM	Dhruva Until 3:44PM	Nataraja: Clear				
Until 1:11AM Thu		168896578 Rahu 11:58AM – 1:34PM	Visti Until 10:17AM	Moon – Green				
Then Creative Work - Siddha Yoga		Panguni Uttiram Hanuman Jayanti	Purnima* Until 10:36PM	Chaitra•Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, April 6, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Norman, OK Sun 29 Sutra 354 Subhakrit 5124		
Kanya Rasi: 25.53	Tithi 16	Gulika 8:45AM – 10:21AM	Chitra Until 2:03AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:32AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 48 - Prathama
Creative Work	Siddha Yoga	Yama 5:32AM – 7:09AM	Vyaghata* Until 3:00PM	Nataraja: Clear				
		168896578 Rahu 1:34PM – 3:10PM	Balava Until 10:49AM	Moon – Green				
			Prathama* Until 10:52PM	Chaitra•Panguni				Bhuloka Day Devaloka Time: 3:PM to 6:PM



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.48 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:07AM – 8:44AM
Yama 3:10PM – 4:47PM
168896578 **Rahu** 10:21AM – 11:57AM

Svati Until 2:18AM Sat
Harshana Until 1:54PM
Taitila Until 10:51AM
Dvitiya Until 10:41PM

Ganesha: Blue *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 6:23PM
Nataraja: Clear
Moon – Green

Norman, OK
Sun 1 Sutra 355
Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 21.56 Tithi 18
Creative Work Siddha Yoga
Until 2:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Tritiyayam Titau

Gulika 5:29AM – 7:06AM
Yama 1:34PM – 3:11PM
179896578 **Rahu** 8:43AM – 10:20AM

Vishakha Until 2:28AM Sun
Vajra* Until 12:26PM
Vanija Until 10:27AM
Tritiya Until 10:05PM

Ganesha: Red *Sunrise:* 5:29AM
Muruqa: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – Orange

Norman, OK
Sun 2 Sutra 356
Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

2

Sunday, April 9, 2023

Virschika Rasi: 5.18 Tithi 19
Routine Work Marana Yoga
Until 2:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:11PM – 4:48PM
Yama 11:57AM – 1:34PM
179896578 **Rahu** 4:48PM – 6:26PM

Anuradha Until 2:07AM Mon
Siddhi Until 10:40AM
Bava Until 9:40AM
Chaturthi* Until 9:06PM

Ganesha: Red *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – Orange

Norman, OK
Sun 3 Sutra 357
Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

3

Monday, April 10, 2023

Virschika Rasi: 18.52 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 1:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:34PM – 3:11PM
Yama 10:19AM – 11:56AM
179896578 **Rahu** 7:04AM – 8:41AM

Jyeshtha* Until 1:17AM Tue
Vyatipata* Until 8:38AM
Kaulava Until 8:30AM
Panchami Until 7:47PM

Ganesha: Red *Sunrise:* 5:26AM
Muruqa: Clear *Sunset:* 6:27PM
Nataraja: Clear
Moon – Orange

Norman, OK
Sun 4 Sutra 358
Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.37 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:56AM – 1:34PM
Yama 8:40AM – 10:18AM
189896578 **Rahu** 3:12PM – 4:50PM

Mula* Until 12:28AM Wed
Variyan Until 6:19AM
Gara Until 7:02AM
Shashthi* Until 6:10PM

Ganesha: Green *Sunrise:* 5:25AM
Muruqa: Clear *Sunset:* 6:28PM
Nataraja: Clear
Moon – Light Blue

Norman, OK
Sun 5 Sutra 359
Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Wednesday, April 12, 2023

Dhanus Rasi: 16.33 Tithi 22 – 23
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:18AM – 11:56AM
Yama 7:01AM – 8:39AM
189896578 **Rahu** 11:56AM – 1:34PM

Purvashadha* Until 11:14PM
Shiva Until 1:04AM Thu
Balava Until 3:15AM Thu
Saptami Until 4:16PM

Ganesha: Green *Sunrise:* 5:23AM
Muruqa: Clear *Sunset:* 6:29PM
Nataraja: Clear
Moon – Light Blue

Norman, OK
Sun 6 Sutra 360
Subhakrit 5124
Moon 4 - Phase 49 - 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.38 Tithi 23 – 24
Routine Work Marana Yoga
Until 9:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:38AM – 10:17AM
Yama 5:21AM – 7:00AM
189996578 **Rahu** 1:34PM – 3:13PM

Uttarashadha Until 9:39PM
Siddha Until 10:08PM
Taitila Until 1:01AM Fri
Ashtami* Until 2:09PM

Ganesha: White *Sunrise:* 5:21AM
Muruqa: Clear *Sunset:* 6:30PM
Nataraja: Clear
Moon – Light Blue

Norman, OK
Sun 7 Sutra 361
Subhakrit 5124
Moon 4 - Phase 49 - 7
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Makara Rasi: 14.52 Tithi 24 – 25
Routine Work Marana Yoga
Until 8:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 6:59AM – 8:38AM
Yama 3:13PM – 4:52PM
299996578 **Rahu** 10:16AM – 11:55AM

Tamil New Year

Shravana Until 8:10PM
Sadhya Until 7:05PM
Vanija Until 10:38PM
Navami* Until 11:49AM

Ganesha: White *Sunrise:* 5:20AM
Muruqa: Clear *Sunset:* 6:31PM
Nataraja: Clear
Moon – Purple

Norman, OK
Sun 8 Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 8
Navami


Bhuloka Day
Devaloka Time: 3:PM to 6:PM


1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Norman, OK
	Makara Rasi: 29.12	Tithi 25 – 26	Gulika 5:18AM – 6:57AM	Dhanishtha Until 6:26PM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Sun 9 Sutra 363
			Yama 1:34PM – 3:13PM	Subha Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Sobhana 5125
		299996578	Rahu 8:37AM – 10:16AM	Bava Until 8:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9 2nd Phase
			Dashami Until 9:22AM	Moon – Purple		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Norman, OK
	Kumbha Rasi: 13.35	Tithi 26 – 27	Gulika 3:14PM – 4:53PM	Shatabhishak Until 4:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Sun 10 Sutra 364
			Yama 11:55AM – 1:34PM	Sukla Until 12:46PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Sobhana 5125
		291996578	Rahu 4:53PM – 6:33PM	Taitila Until 4:22AM Mon	Nataraja: Clear		Moon 4 - Phase 1 - 10 2nd Phase
			Ekadashi* Until 6:51AM	Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Norman, OK
	Kumbha Rasi: 27.57	Tithi 28	Gulika 1:34PM – 3:14PM	Purvaproshtapada* Until 3:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:15AM	Sun 11 Sutra 1
	Family Home Evening		Yama 10:15AM – 11:55AM	Brahma Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Sobhana 5125
		211996578	Rahu 6:55AM – 8:35AM	Gara Until 3:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 11 2nd Phase
			Trayodashi* Until 2:01AM Tue	Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Norman, OK
	Meena Rasi: 12.13	Tithi 29	Gulika 11:54AM – 1:34PM	Uttaraproshtapada Until 1:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:14AM	Sun 12 Sutra 2
			Yama 8:34AM – 10:14AM	Indra Until 6:40AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Sobhana 5125
		211996578	Rahu 3:15PM – 4:55PM	Visti Until 12:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12 2nd Phase
			Chaturdashi* Until 11:55PM	Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Norman, OK
		Retreat Star	Gulika 10:14AM – 11:54AM	Revati Until 12:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:12AM	Sun 13 Sutra 3
	Meena Rasi: 26.17	Tithi 30	Yama 6:53AM – 8:33AM	Vishkambha* Until 1:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Sobhana 5125
		211996578	Rahu 11:54AM – 1:34PM	Catuspada Until 11:02AM	Nataraja: Clear		Moon 4 - Phase 1 - 13 Amavasya
			Amavasya* Until 10:12PM	Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK
		Retreat Star	Gulika 8:32AM – 10:13AM	Ashvini Until 11:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:11AM	Sun 14 Sutra 4
	Mesha Rasi: 10.07	Tithi 1	Yama 5:11AM – 6:52AM	Priti Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Sobhana 5125
		221996578	Rahu 1:35PM – 3:15PM	Kintughna Until 9:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14 Prathama
			Prathama* Until 8:58PM	Moon – White		Devaloka Day	
				Vaisaka+Chaitra			

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK Sun 15 Sutra 5
	Mesha Rasi: 23.38	Tithi 2	Gulika 6:50AM – 8:31AM	Bharani Until 11:28AM	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	Sobhana 5125
			Yama 3:16PM – 4:57PM	Ayushman Until 9:53PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 2 - 15
	Creative Work	Siddha Yoga	221996578 Rahu 10:13AM – 11:54AM	Balava Until 8:35AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 8:19PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Norman, OK Sun 16 Sutra 6
	Vrishabha Rasi: 6.48	Tithi 3	Gulika 5:08AM – 6:49AM	Krittika Until 11:44AM	Ganesha: Clear	<i>Sunrise:</i> 5:08AM	Sobhana 5125
			Yama 1:35PM – 3:16PM	Saubhagya Until 8:51PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 2 - 16
	Creative Work	Amrita Yoga	221996578 Rahu 8:31AM – 10:12AM	Taitila Until 8:15AM	Nataraja: Clear		3rd Phase
			Tritiya Until 8:19PM	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Norman, OK Sun 17 Sutra 7
	Vrishabha Rasi: 19.39	Tithi 4	Gulika 3:17PM – 4:58PM	Rohini Until 12:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:06AM	Sobhana 5125
			Yama 11:53AM – 1:35PM	Sobhana Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 2 - 17
	Creative Work	Siddha Yoga	231996578 Rahu 4:58PM – 6:40PM	Vanija Until 8:35AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 8:59PM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 18 Sutra 8
	Mithuna Rasi: 2.11	Tithi 5	Gulika 1:35PM – 3:17PM	Mrigashira Until 2:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:05AM	Sobhana 5125
	Family Home Evening		Yama 10:11AM – 11:53AM	Athiganda* Until 8:17PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 2 - 18
	Creative Work	Amrita Yoga	231996578 Rahu 6:47AM – 8:29AM	Bava Until 9:34AM	Nataraja: Clear		3rd Phase
			Panchami Until 10:15PM	Moon – Yellow		Devaloka Day	
			Adi Sankara Jayanthi	Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Norman, OK Sun 19 Sutra 9
	Mithuna Rasi: 14.29	Tithi 6	Gulika 11:53AM – 1:35PM	Ardra Until 4:44PM	Ganesha: Orange	<i>Sunrise:</i> 5:04AM	Sobhana 5125
			Yama 8:28AM – 10:11AM	Sukarma Until 8:38PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 2 - 19
	Routine Work	Marana Yoga	231996579 Rahu 3:17PM – 5:00PM	Kaulava Until 11:07AM	Nataraja: Purple		3rd Phase
			Shashthi* Until 12:02AM Wed	Moon – Yellow		Sivaloka Day	
				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Norman, OK Sun 20 Sutra 10
	Mithuna Rasi: 26.34	Tithi 7	Gulika 10:10AM – 11:53AM	Punarvasu Until 7:31PM	Ganesha: Green	<i>Sunrise:</i> 5:02AM	Sobhana 5125
			Yama 6:45AM – 8:27AM	Dhriti Until 9:18PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 2 - 20
	Creative Work	Siddha Yoga	241996579 Rahu 11:53AM – 1:35PM	Gara Until 1:06PM	Nataraja: Purple		3rd Phase
			Saptami Until 2:11AM Thu	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Norman, OK Sun 21 Sutra 11
	Retreat Star		Gulika 8:27AM – 10:10AM	Pushya Until 10:21PM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	Sobhana 5125
	Kataka Rasi: 8.32	Tithi 8	Yama 5:01AM – 6:44AM	Shula* Until 10:06PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 2 - 21
	Creative Work	Amrita Yoga	242996579 Rahu 1:35PM – 3:18PM	Visiti Until 3:21PM	Nataraja: Purple		Ashtami
			Ashtami* Until 4:30AM Fri	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Norman, OK Sun 22 Sutra 12
	Retreat Star		Gulika 6:43AM – 8:26AM	Ashlesha* Until 1:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:00AM	Sobhana 5125
	Kataka Rasi: 20.27	Tithi 9	Yama 3:19PM – 5:02PM	Ganda* Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2 - 22
	Routine Work	Marana Yoga	242996579 Rahu 10:09AM – 11:52AM	Balava Until 5:42PM	Nataraja: Purple		Navami
			Navami* Until 6:49AM Sat	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK Sun 23 Sutra 13 Sobhana 5125
	Simha Rasi: 2.22	Tithi 9 – 10	Gulika 4:58AM – 6:42AM	Magha* Until 3:56AM Sun	Ganesha: Blue <i>Sunrise:</i> 4:58AM	Muruqa: Clear <i>Sunset:</i> 6:46PM	Moon 4 - Phase 3 - 23 4th Phase
			Yama 1:36PM – 3:19PM	Vriddhi Until 11:42PM	Nataraja: Purple		
			252996579 Rahu 8:25AM – 10:09AM	Taitila Until 7:55PM	Moon – Red		Devaloka Day
			Navami* Until 6:49AM	Vaisaka-Chaitra			
		Creative Work Amrita Yoga					
		Until 3:56AM Sun					
		Then Creative Work - Siddha Yoga					


2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK Sun 24 Sutra 14 Sobhana 5125
	Simha Rasi: 14.22	Tithi 10 – 11	Gulika 3:20PM – 5:03PM	Purvaphalguni Until 6:17AM Mon	Ganesha: Blue <i>Sunrise:</i> 4:57AM	Muruqa: Clear <i>Sunset:</i> 6:47PM	Moon 4 - Phase 3 - 24 4th Phase
			Yama 11:52AM – 1:36PM	Dhruva Until 12:10AM Mon	Nataraja: Purple		
			252996579 Rahu 5:03PM – 6:47PM	Vanija Until 9:51PM	Moon – Red		Devaloka Day
			Dashami Until 8:55AM	Vaisaka-Chaitra			
		Creative Work Siddha Yoga					

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 25 Sutra 15 Sobhana 5125
	Simha Rasi: 26.31	Tithi 11 – 12	Gulika 1:36PM – 3:20PM	Purvaphalguni Until 6:17AM	Ganesha: Blue <i>Sunrise:</i> 4:54AM	Muruqa: Clear <i>Sunset:</i> 6:49PM	Moon 4 - Phase 3 - 25 4th Phase
	Family Home Evening		Yama 10:07AM – 11:52AM	Vyaghata* Until 12:17AM Tue	Nataraja: Purple		
			252996579 Rahu 6:39AM – 8:23AM	Bava Until 11:19PM	Moon – Red		Devaloka Day
			Ekadashi Until 10:38AM	Vaisaka-Chaitra			
		Creative Work Siddha Yoga					

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 26 Sutra 16 Sobhana 5125
	Kanya Rasi: 8.52	Tithi 12 – 13	Gulika 11:52AM – 1:36PM	Uttaraphalguni Until 8:00AM	Ganesha: Blue <i>Sunrise:</i> 4:53AM	Muruqa: Clear <i>Sunset:</i> 6:50PM	Moon 4 - Phase 3 - 26 4th Phase
			Yama 8:22AM – 10:07AM	Harshana Until 11:58PM	Nataraja: Purple		
			252996579 Rahu 3:21PM – 5:06PM	Kaulava Until 12:11AM Wed	Moon – Red		Devaloka Day
			Dvadashi Until 11:48AM	Vaisaka-Chaitra			
		Creative Work Amrita Yoga					
		Until 8:00AM					
		Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>			

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 27 Sutra 17 Sobhana 5125
	Kanya Rasi: 21.29	Tithi 13 – 14	Gulika 10:07AM – 11:51AM	Hasta Until 9:27AM	Ganesha: Yellow <i>Sunrise:</i> 4:52AM	Muruqa: Clear <i>Sunset:</i> 6:51PM	Moon 4 - Phase 3 - 27 4th Phase
			Yama 6:37AM – 8:22AM	Vajra* Until 11:07PM	Nataraja: Purple		
			262996579 Rahu 11:51AM – 1:36PM	Gara Until 12:26AM Thu	Moon – Green		Sivaloka Day
			Trayodashi Until 12:22PM	Vaisaka-Chaitra			
		Routine Work Marana Yoga					
		Until 9:27AM					
		Then Creative Work - Siddha Yoga					

	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 28 Sutra 18 Sobhana 5125
	Tula Rasi: 4.24	Tithi 14 – 15	Gulika 8:21AM – 10:06AM	Chitra Until 10:07AM	Ganesha: Yellow <i>Sunrise:</i> 4:51AM	Muruqa: Clear <i>Sunset:</i> 6:52PM	Moon 4 - Phase 3 - Purnima
			Yama 4:51AM – 6:36AM	Siddhi Until 9:48PM	Nataraja: Purple		
			262996579 Rahu 1:37PM – 3:22PM	Vistil Until 12:03AM Fri	Moon – Green		Sivaloka Day
			Chaturdashi* Until 12:18PM	Vaisaka-Chaitra			
		Creative Work Siddha Yoga					
		Until 10:07AM					
		Then Creative Work - Amrita Yoga					

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK Sun 29 Sutra 19 Sobhana 5125
	Tula Rasi: 17.39	Tithi 15 – 16	Gulika 6:35AM – 8:20AM	Svati Until 10:02AM	Ganesha: Yellow <i>Sunrise:</i> 4:49AM	Muruqa: Clear <i>Sunset:</i> 6:53PM	Moon 4 - Phase 3 - Prathama
			Yama 3:22PM – 5:08PM	Vyatipata* Until 8:01PM	Nataraja: Purple		
			262996579 Rahu 10:06AM – 11:51AM	Balava Until 11:05PM	Moon – Green		Sivaloka Day
			Purnima* Until 11:37AM	Vaisaka-Chaitra			
		Creative Work Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda