



**Sunday, April 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pittsburgh, PA

Tula Rasi: 12.09 Tithi 16 – 17

268345478 **Gulika** 3:39PM – 5:19PM  
Yama 12:18PM – 1:58PM  
**Rahu** 5:19PM – 6:59PM

**Svati** Until 6:55PM

Vajra\* Until 1:09PM

Taitila Until 10:16PM

**Prathama\*** Until 11:33AM

**Ganesha:** Clear

**Muruqa:** White

**Nataraja:** White

Moon – Green

Chaitra\*Chaitra

**Sunrise:** 5:38AM

**Sunset:** 6:59PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 -

1st Phase

Creative Work Siddha Yoga

Until 6:55PM

Then Routine Work - Marana Yoga

**1**

**Monday, April 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA

Tula Rasi: 26.35 Tithi 17 – 18

278345478 **Gulika** 1:59PM – 3:39PM  
Yama 10:38AM – 12:18PM  
**Rahu** 7:17AM – 8:57AM

**Vishakha** Until 5:07PM

Siddhi Until 9:51AM

Vanija Until 7:32PM

**Dvitiya** Until 8:54AM

**Ganesha:** Purple

**Muruqa:** White

**Nataraja:** White

Moon – Orange

Chaitra\*Chaitra

**Sunrise:** 5:36AM

**Sunset:** 7:00PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 -

1st Phase

Family Home Evening

Routine Work Marana Yoga

Until 5:07PM

Then Creative Work - Siddha Yoga

**2**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatlipala\* Varyana Yoga Visti\*/Balava Karana Tritiya/Chaturthayam Titau

Pittsburgh, PA

Vischika Rasi: 11.08 Tithi 18 – 19

278345478 **Gulika** 12:18PM – 1:59PM  
Yama 8:56AM – 10:37AM  
**Rahu** 3:39PM – 5:20PM

**Anuradha** Until 3:06PM

Vyatlipala\* Until 6:29AM

Balava Until 3:21AM Wed

**Tritiya** Until 6:07AM

**Ganesha:** Purple

**Muruqa:** White

**Nataraja:** White

Moon – Orange

Chaitra\*Chaitra

**Sunrise:** 5:35AM

**Sunset:** 7:01PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 -

2nd Phase

Creative Work Siddha Yoga

Until 3:06PM

Then Routine Work - Marana Yoga

**3**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Pittsburgh, PA

Vischika Rasi: 25.41 Tithi 20

278345478 **Gulika** 10:37AM – 12:18PM  
Yama 7:14AM – 8:55AM  
**Rahu** 12:18PM – 1:59PM

**Jyeshtha\*** Until 1:00PM

Parigha\* Until 11:47PM

Kaulava Until 2:01PM

**Panchami** Until 12:40AM Thu

**Ganesha:** Purple

**Muruqa:** White

**Nataraja:** White

Moon – Orange

Chaitra\*Chaitra

**Sunrise:** 5:33AM

**Sunset:** 7:02PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 -

3rd Phase

Creative Work Siddha Yoga

Until 1:00PM

Then Routine Work - Marana Yoga

**4**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Pittsburgh, PA

Dhanus Rasi: 10.08 Tithi 21

288345478 **Gulika** 8:55AM – 10:36AM  
Yama 5:32AM – 7:13AM  
**Rahu** 1:59PM – 3:40PM

**Mula\*** Until 11:19AM

Shiva Until 8:39PM

Gara Until 11:25AM

**Shashthi\*** Until 10:11PM

**Ganesha:** Clear

**Muruqa:** White

**Nataraja:** White

Moon – Light Blue

Chaitra\*Chaitra

**Sunrise:** 5:32AM

**Sunset:** 7:03PM

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 -

4th Phase

Creative Work Siddha Yoga

**5**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Pittsburgh, PA

Dhanus Rasi: 24.28 Tithi 22

289345478 **Gulika** 7:12AM – 8:54AM  
Yama 3:41PM – 5:22PM  
**Rahu** 10:35AM – 12:17PM

**Purvashadha\*** Until 9:43AM

Siddha Until 5:42PM

Visti Until 9:03AM

**Saptami** Until 7:57PM

**Ganesha:** Purple

**Muruqa:** White

**Nataraja:** White

Moon – Light Blue

Chaitra\*Chaitra

**Sunrise:** 5:30AM

**Sunset:** 7:04PM

**Devaloka Day**

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 -

5th Phase

Routine Work Prabalarishta Yoga

Until 9:43AM

Then Routine Work - Marana Yoga

**6**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA

Makara Rasi: 8.35 Tithi 23

289345478 **Gulika** 5:29AM – 7:11AM  
Yama 1:59PM – 3:41PM  
**Rahu** 8:53AM – 10:35AM

**Uttarashadha** Until 8:15AM

Sadhya Until 3:00PM

Balava Until 6:58AM

**Ashtami\*** Until 6:02PM

**Ganesha:** Purple

**Muruqa:** White

**Nataraja:** White

Moon – Light Blue

Chaitra\*Chaitra

**Sunrise:** 5:29AM

**Sunset:** 7:05PM

**Devaloka Day**

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 -

6th Phase

Routine Work Marana Yoga

Until 8:15AM

Then Creative Work - Siddha Yoga

**7**

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Pittsburgh, PA

Makara Rasi: 22.31 Tithi 24 – 25

299345479 **Gulika** 3:42PM – 5:24PM  
Yama 12:17PM – 1:59PM  
**Rahu** 5:24PM – 7:06PM

**Shravana** Until 7:24AM

Subha Until 12:35PM

Vanija Until 3:47AM Mon

**Navami\*** Until 4:26PM

**Ganesha:** Clear

**Muruqa:** White

**Nataraja:** Clear

Moon – Purple

Chaitra\*Chaitra

**Sunrise:** 5:27AM

**Sunset:** 7:06PM

**Devaloka Day**

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 -

7th Phase

Creative Work Amrita Yoga

Until 7:24AM


Then Routine Work - Marana Yoga

<b>1</b>		<b>Monday, April 25, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Pittsburgh, PA
Kumbha Rasi: 6.14		Tithi 25 – 26		299345479		Sunrise: 5:26AM		Sun 8
Family Home Evening		Creative Work Siddha Yoga		Gulika 1:59PM – 3:42PM		Dhanishtha Until 6:45AM		Sutra 8
				Yama 10:34AM – 12:17PM		Ganesha: Clear		Subhakrit 5124
				Rahu 7:09AM – 8:51AM		Muruqa: White		Moon 4 - Phase 2 - 8
						Nataraja: Clear		2nd Phase
						Moon – Purple		Devaloka Day
						Chaitra*Chaitra		

<b>2</b>		<b>Tuesday, April 26, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Pittsburgh, PA
Kumbha Rasi: 19.43		Tithi 26 – 27		299345479		Sunrise: 5:25AM		Sun 9
Routine Work		Marana Yoga		Gulika 12:16PM – 1:59PM		Shatabhishak Until 6:19AM		Sutra 9
				Yama 8:51AM – 10:34AM		Ganesha: Clear		Subhakrit 5124
				Rahu 3:42PM – 5:25PM		Muruqa: White		Moon 4 - Phase 2 - 9
						Nataraja: Clear		2nd Phase
						Moon – Purple		Devaloka Day
						Chaitra*Chaitra		

<b>3</b>		<b>Wednesday, April 27, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhrili Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Pittsburgh, PA
Meena Rasi: 2.59		Tithi 27 – 28		219345479		Sunrise: 5:23AM		Sun 10
Creative Work		Amrita Yoga		Gulika 10:33AM – 12:16PM		Purvaproshtapada* Until 6:36AM		Sutra 10
Until 6:36AM				Yama 7:07AM – 8:50AM		Ganesha: Red		Subhakrit 5124
Then Creative Work - Siddha Yoga				Rahu 12:16PM – 2:00PM		Muruqa: White		Moon 4 - Phase 2 - 10
						Nataraja: Clear		2nd Phase
						Moon – Clear		Devaloka Day
						Chaitra*Chaitra		
						Pradosha Vrata (Fasting)		

<b>4</b>		<b>Thursday, April 28, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha Yoga Vanija/Visti Karana Trayodashi/Chaturdashyam Titau		Pittsburgh, PA
Meena Rasi: 16.02		Tithi 28 – 29		219445479		Sunrise: 5:22AM		Sun 11
Creative Work		Siddha Yoga		Gulika 8:49AM – 10:33AM		Uttaraproshtapada Until 7:10AM		Sutra 11
				Yama 5:22AM – 7:06AM		Ganesha: Blue		Subhakrit 5124
				Rahu 2:00PM – 3:43PM		Muruqa: White		Moon 4 - Phase 2 - 11
						Nataraja: Clear		2nd Phase
						Moon – Clear		Bhuloka Day
						Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM
						Trayodashi* Until 1:57PM		

		<b>Friday, April 29, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Titau		Pittsburgh, PA
Meena Rasi: 28.5		Tithi 29 – 30		211445479		Sunrise: 5:21AM		Sun 12
Creative Work		Siddha Yoga		Gulika 7:05AM – 8:48AM		Revati Until 8:02AM		Sutra 12
Until 8:02AM				Yama 3:44PM – 5:27PM		Ganesha: White		Subhakrit 5124
Then Creative Work - Amrita Yoga				Rahu 10:32AM – 12:16PM		Muruqa: White		Moon 4 - Phase 2 - 12
						Nataraja: Clear		Amavasya
						Moon – Clear		Bhuloka Day
						Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM
						Chaturdashi* Until 2:27PM		

<b>Retreat Star</b>		<b>Saturday, April 30, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga/Kintughna Karana Amavasya/Prathamayam Titau		Pittsburgh, PA
Mesha Rasi: 11.25		Tithi 30 – 1		221445479		Sunrise: 5:19AM		Sun 13
Creative Work		Siddha Yoga		Gulika 5:19AM – 7:04AM		Ashvini Until 9:41AM		Sutra 13
				Yama 2:00PM – 3:44PM		Ayushman Until 4:46AM Sun		Subhakrit 5124
				Rahu 8:48AM – 10:32AM		Kintughna Until 4:10AM Sun		Moon 4 - Phase 2 - 13
						Amavasya* Until 3:27PM		Prathama
						Moon – White		Bhuloka Day
						Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1 Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sun 14 Sutra 14 Subhakrit 5124
Mesha Rasi: 23.46	Tithi 1 – 2	<b>Gulika</b> 3:45PM – 5:29PM	<b>Bharani Until 11:40AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:18AM	
		Yama 12:16PM – 2:00PM	Saubhagya Until 5:07AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 3 - 14
		221445479 <b>Rahu</b> 5:29PM – 7:13PM	Balava Until 5:52AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 4:56PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 11:40AM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, May 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau				Pittsburgh, PA Sun 15 Sutra 15 Subhakrit 5124
Vrishabha Rasi: 5.56	Tithi 2	<b>Gulika</b> 2:00PM – 3:45PM	<b>Krittika Until 1:55PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:17AM	
<b>Family Home Evening</b>		Yama 10:31AM – 12:16PM	Sobhana Until 5:47AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 3 - 15
		221445479 <b>Rahu</b> 7:02AM – 8:46AM	Kaulava Until 6:51PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 6:51PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 1:55PM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>3 Tuesday, May 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau				Pittsburgh, PA Sun 16 Sutra 16 Subhakrit 5124
Vrishabha Rasi: 17.56	Tithi 3	<b>Gulika</b> 12:16PM – 2:00PM	<b>Rohini Until 4:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM	
		Yama 8:46AM – 10:31AM	Athiganda* Until 6:38AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 3 - 16
		231445479 <b>Rahu</b> 3:45PM – 5:30PM	Taitila Until 7:58AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 9:06PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 4:50PM		<b>Akshaya Tritiya</b>		Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, May 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturtham Titau				Pittsburgh, PA Sun 17 Sutra 17 Subhakrit 5124
Vrishabha Rasi: 29.5	Tithi 4	<b>Gulika</b> 10:30AM – 12:15PM	<b>Mrigashira Until 7:48PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	
		Yama 7:00AM – 8:45AM	Athiganda* Until 6:38AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 3 - 17
		231445479 <b>Rahu</b> 12:15PM – 2:01PM	Vanija Until 10:21AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:34PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM

<b>5 Thursday, May 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Pittsburgh, PA Sun 18 Sutra 18 Subhakrit 5124
Mithuna Rasi: 11.41	Tithi 5	<b>Gulika</b> 8:44AM – 10:30AM	<b>Ardra Until 10:40PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM	
		Yama 5:13AM – 6:59AM	Sukarma Until 7:37AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 3 - 18
		231445479 <b>Rahu</b> 2:01PM – 3:46PM	Bava Until 12:51PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 2:04AM Fri</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 10:40PM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>6 Friday, May 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Pittsburgh, PA Sun 19 Sutra 19 Subhakrit 5124
Mithuna Rasi: 23.31	Tithi 6	<b>Gulika</b> 6:58AM – 8:44AM	<b>Punarvasu Until 1:46AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:12AM	
		Yama 3:47PM – 5:33PM	Dhriti Until 8:36AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 3 - 19
		241445479 <b>Rahu</b> 10:29AM – 12:15PM	Kaulava Until 3:18PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 4:26AM Sat</b>	Moon – Blue		<b>Devaloka Day</b>
				Vaisaka*Chaitra		

<b>Saturday, May 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Pittsburgh, PA Sun 20 Sutra 20 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 5:11AM – 6:57AM	<b>Pushya Until 4:25AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:11AM	
Kataka Rasi: 5.26	Tithi 7	Yama 2:01PM – 3:47PM	Shula* Until 9:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 3 - 20
		241445479 <b>Rahu</b> 8:43AM – 10:29AM	Gara Until 5:31PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:28AM Sun</b>	Moon – Blue		<b>Devaloka Day</b>
				Vaisaka*Chaitra		

<b>Sunday, May 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Pittsburgh, PA Sun 21 Sutra 21 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 3:48PM – 5:34PM	<b>Ashlesha* Until 6:25AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:10AM	
Kataka Rasi: 17.28	Tithi 7 – 8	Yama 12:15PM – 2:01PM	Ganda* Until 10:00AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 3 - 21
		241445479 <b>Rahu</b> 5:34PM – 7:20PM	Visti Until 7:20PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 6:28AM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 6:25AM Mon		<b>Mother's Day</b>		Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

<b>Monday, May 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pittsburgh, PA Sun 22 Sutra 22 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 2:02PM – 3:48PM	<b>Ashlesha* Until 6:25AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:09AM	
Kataka Rasi: 29.41	Tithi 8 – 9	Yama 10:28AM – 12:15PM	Vridhhi Until 10:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 3 - 22
<b>Family Home Evening</b>		241445479 <b>Rahu</b> 6:55AM – 8:42AM	Balava Until 8:33PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:00AM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 6:25AM				Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


<b>1</b>		<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 23
Simha Rasi: 12.12	Tithi 9 – 10	<b>Gulika</b>	12:15PM – 2:02PM	<b>Magha* Until 8:08AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:08AM	Subhakrit 5124	
		Yama	8:41AM – 10:28AM	Dhruva Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 4 - 23	
252445479		<b>Rahu</b>	3:49PM – 5:36PM	Taitila Until 9:04PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Navami* Until 8:53AM</b>	Moon – Red			<b>Devaloka Day</b>
					Vaisaka-Chaitra			

<b>2</b>		<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 24
Simha Rasi: 25.03	Tithi 10 – 11	<b>Gulika</b>	10:28AM – 12:15PM	<b>Purvaphalguni Until 8:57AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	Subhakrit 5124	
		Yama	6:54AM – 8:41AM	Vyaghata* Until 8:53AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 4 - 24	
252445479		<b>Rahu</b>	12:15PM – 2:02PM	Vanija Until 8:49PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga			<b>Dashami Until 9:01AM</b>	Moon – Red			<b>Devaloka Day</b>
					Vaisaka-Chaitra			

<b>3</b>		<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 25
Kanya Rasi: 8.18	Tithi 11 – 12	<b>Gulika</b>	8:40AM – 10:28AM	<b>Uttaraphalguni Until 8:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:06AM	Subhakrit 5124	
		Yama	5:06AM – 6:53AM	Harshana Until 7:21AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 4 - 25	
252445479		<b>Rahu</b>	2:02PM – 3:50PM	Bava Until 7:47PM	<b>Nataraja:</b> Clear		4th Phase	
	Amrita Yoga			<b>Ekadashi Until 8:23AM</b>	Moon – Red			<b>Devaloka Day</b>
Until 8:51AM					Vaisaka-Chaitra			
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 26
Kanya Rasi: 21.59	Tithi 12 – 13	<b>Gulika</b>	6:52AM – 8:40AM	<b>Hasta Until 8:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM	Subhakrit 5124	
		Yama	3:50PM – 5:38PM	Siddhi Until 2:28AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 4 - 26	
262445479		<b>Rahu</b>	10:27AM – 12:15PM	Kaulava Until 6:02PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga			<b>Dvadashi Until 6:58AM</b>	Moon – Green			<b>Sivaloka Day</b>
Until 8:19AM					Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga								
					<i>Pradosha Vrata</i>			

<b>5</b>		<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Pittsburgh, PA Sun 27
Tula Rasi: 6.05	Tithi 14	<b>Gulika</b>	5:04AM – 6:51AM	<b>Chitra Until 6:58AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:04AM	Subhakrit 5124	
		Yama	2:03PM – 3:51PM	Vyatipata* Until 11:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 4 - 27	
262445479		<b>Rahu</b>	8:39AM – 10:27AM	Gara Until 3:40PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga			<b>Chaturdashi* Until 2:16AM Sun</b>	Moon – Green			<b>Sivaloka Day</b>
Until 6:58AM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

		<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Pittsburgh, PA Sun 28
<b>Copper Retreat Star</b>		<b>Gulika</b>	3:51PM – 5:39PM	<b>Vishakha Until 2:47AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:03AM	Subhakrit 5124	
Tula Rasi: 20.33	Tithi 15	Yama	12:15PM – 2:03PM	Variyan Until 7:46PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 4 - Purnima	
272445479		<b>Rahu</b>	5:39PM – 7:27PM	Visti Until 12:49PM	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga			<b>Purnima* Until 11:14PM</b>	Moon – Orange			<b>Devaloka Day</b>
Until 2:47AM Mon					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

<b>Monday, May 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Pittsburgh, PA Sun 29		
<b>Silver Retreat Star</b>		<b>Gulika</b>	2:03PM – 3:52PM	<b>Anuradha Until 12:15AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM	Subhakrit 5124	
Vrischika Rasi: 5.19	Tithi 16	Yama	10:27AM – 12:15PM	Parigha* Until 4:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 4 - Prathama	
<b>Family Home Evening</b>		<b>Rahu</b>	6:50AM – 8:38AM	Balava Until 9:37AM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga			<b>Prathama* Until 7:56PM</b>	Moon – Orange			<b>Devaloka Day</b>
Until 12:15AM Tue					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA

Sun 1 Sutra 30

Subhakrit 5124

Vrischika Rasi: 20.14 Tithi 17 - 18

272445479

**Gulika** 12:15PM - 2:03PM  
Yama 8:38AM - 10:26AM  
**Rahu** 3:52PM - 5:41PM

**Jyeshtha\* Until 9:31PM**

Shiva Until 12:07PM

Taitila Until 6:14AM

**Dvitiya Until 4:31PM**

**Ganesha:** Yellow *Sunrise:* 5:01AM

**Muruqa:** White *Sunset:* 7:29PM

**Nataraja:** Clear

Moon - Orange

Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga

Until 9:31PM

Then Creative Work - Amrita Yoga

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Pittsburgh, PA

Sun 2 Sutra 31

Subhakrit 5124

Dhanus Rasi: 5.11 Tithi 18 - 19

282445479

**Gulika** 10:26AM - 12:15PM  
Yama 6:49AM - 8:37AM  
**Rahu** 12:15PM - 2:04PM

**Mula\* Until 7:07PM**

Siddha Until 8:13AM

Bava Until 11:30PM

**Tritiya Until 1:08PM**

**Ganesha:** Blue *Sunrise:* 5:00AM

**Muruqa:** White *Sunset:* 7:30PM

**Nataraja:** Clear

Moon - Light Blue

Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Amrita Yoga

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA

Sun 3 Sutra 32

Subhakrit 5124

Dhanus Rasi: 20.02 Tithi 19 - 20

282445479

**Gulika** 8:37AM - 10:26AM  
Yama 4:59AM - 6:48AM  
**Rahu** 2:04PM - 3:53PM

**Purvashadha\* Until 4:47PM**

Subha Until 12:55AM Fri

Kaulava Until 8:26PM

**Chaturthi\* Until 9:55AM**

**Ganesha:** Blue *Sunrise:* 4:59AM

**Muruqa:** White *Sunset:* 7:31PM

**Nataraja:** Clear

Moon - Light Blue

Vaisaka-Vaikasi

**Sivaloka Day**

Creative Work Siddha Yoga

Until 4:47PM

Then Routine Work - Marana Yoga

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Pittsburgh, PA

Sun 4 Sutra 33

Subhakrit 5124

Makara Rasi: 4.41 Tithi 20 - 21

282445479

**Gulika** 6:47AM - 8:37AM  
Yama 3:53PM - 5:43PM  
**Rahu** 10:26AM - 12:15PM

**Uttarashadha Until 2:40PM**

Sukla Until 9:41PM

Vanija Until 4:31AM Sat

**Panchami Until 7:01AM**

**Ganesha:** Blue *Sunrise:* 4:58AM

**Muruqa:** White *Sunset:* 7:32PM

**Nataraja:** Clear

Moon - Light Blue

Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti\*/Bava Karana Saphtamyam Titau

Pittsburgh, PA

Sun 5 Sutra 34

Subhakrit 5124

Makara Rasi: 19.02 Tithi 22

292445479

**Gulika** 4:57AM - 6:47AM  
Yama 2:05PM - 3:53PM  
**Rahu** 8:36AM - 10:26AM

**Shravana Until 1:17PM**

Brahma Until 6:51PM

Visti Until 3:28PM

**Saphtami Until 2:31AM Sun**

**Ganesha:** Red *Sunrise:* 4:57AM

**Muruqa:** White *Sunset:* 7:33PM

**Nataraja:** Clear

Moon - Purple

Vaisaka-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

**5**

**Sunday, May 22, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA

Sun 6 Sutra 35

Subhakrit 5124

Kumbha Rasi: 3.02 Tithi 23

292445479

**Gulika** 3:54PM - 5:44PM  
Yama 12:15PM - 2:05PM  
**Rahu** 5:44PM - 7:34PM

**Dhanishtha Until 12:17PM**

Indra Until 4:29PM

Balava Until 1:45PM

**Ashtami\* Until 1:06AM Mon**

**Ganesha:** Red *Sunrise:* 4:57AM

**Muruqa:** White *Sunset:* 7:34PM

**Nataraja:** Clear

Moon - Purple

Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga

Until 12:17PM

Then Creative Work - Siddha Yoga

**Monday, May 23, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosithapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Pittsburgh, PA

Sun 7 Sutra 36

Subhakrit 5124

Kumbha Rasi: 16.42 Tithi 24

293545479

**Gulika** 2:05PM - 3:55PM  
Yama 10:25AM - 12:15PM  
**Rahu** 6:46AM - 8:36AM

**Shatabhishak Until 11:43AM**

Vaidhriti\* Until 2:34PM

Taitila Until 12:38PM

**Navami\* Until 12:16AM Tue**

**Ganesha:** Red *Sunrise:* 4:56AM

**Muruqa:** White *Sunset:* 7:35PM

**Nataraja:** Clear

Moon - Purple

Vaisaka-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:43AM

Then Routine Work - Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Pittsburgh, PA on 4/26/2

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, May 24, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Pittsburgh, PA Sun 8
Meena Rasi: 0.01	Tithi 25	<b>Gulika</b>	<b>12:15PM – 2:05PM</b>	<b>Purvaproshtapada* Until 12:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:55AM	Subhakrit 5124	
		Yama	8:35AM – 10:25AM	Vishkambha* Until 1:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 6 - 8	
		213545479 <b>Rahu</b>	<b>3:55PM – 5:45PM</b>	Vanija Until 12:06PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga			<b>Dashami Until 12:02AM Wed</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 12:03PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 25, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Pittsburgh, PA Sun 9
Meena Rasi: 13.01	Tithi 26	<b>Gulika</b>	<b>10:25AM – 12:15PM</b>	<b>Uttaraproshtapada Until 12:48PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:55AM	Subhakrit 5124	
		Yama	6:45AM – 8:35AM	Priti Until 12:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 6 - 9	
		313545479 <b>Rahu</b>	<b>12:15PM – 2:06PM</b>	Bava Until 12:10PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 12:23AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 12:48PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 26, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		Pittsburgh, PA Sun 10
Meena Rasi: 25.45	Tithi 27	<b>Gulika</b>	<b>8:35AM – 10:25AM</b>	<b>Revati Until 1:57PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:54AM	Subhakrit 5124	
		Yama	4:54AM – 6:44AM	Ayushman Until 11:42AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 6 - 10	
		313545479 <b>Rahu</b>	<b>2:06PM – 3:56PM</b>	Kaulava Until 12:47PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Dvadashi* Until 1:17AM Fri</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 1:57PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, May 27, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Pittsburgh, PA Sun 11
Mesha Rasi: 8.14	Tithi 28	<b>Gulika</b>	<b>6:44AM – 8:35AM</b>	<b>Ashvini Until 3:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:53AM	Subhakrit 5124	
		Yama	3:57PM – 5:47PM	Saubhagya Until 11:35AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 6 - 11	
		323545479 <b>Rahu</b>	<b>10:25AM – 12:16PM</b>	Gara Until 1:55PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga			<b>Trayodashi* Until 2:39AM Sat</b>	Moon – White		<b>Devaloka Day</b>	
Until 3:54PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, May 28, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pittsburgh, PA Sun 12
Mesha Rasi: 20.31	Tithi 29	<b>Gulika</b>	<b>4:53AM – 6:44AM</b>	<b>Bharani Until 6:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:53AM	Subhakrit 5124	
		Yama	2:06PM – 3:57PM	Sobhana Until 11:51AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 6 - 12	
		323545479 <b>Rahu</b>	<b>8:34AM – 10:25AM</b>	Visti Until 3:30PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 4:25AM Sun</b>	Moon – White		<b>Devaloka Day</b>	
Until 6:08PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Sunday, May 29, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pittsburgh, PA Sun 13
Vrishabha Rasi: 2.38	Tithi 30	<b>Gulika</b>	<b>3:58PM – 5:49PM</b>	<b>Krittika Until 8:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM	Subhakrit 5124	
		Yama	12:16PM – 2:07PM	Athiganda* Until 12:22PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 6 - 13	
		323545479 <b>Rahu</b>	<b>5:49PM – 7:39PM</b>	Catuspada Until 5:28PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:32AM Mon</b>	Moon – White		<b>Devaloka Day</b>	
					Vaisaka-Vaikasi			

<b>Retreat Star</b>		<b>Monday, May 30, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pittsburgh, PA Sun 14
Vrishabha Rasi: 14.37	Tithi 30 – 1	<b>Gulika</b>	<b>2:07PM – 3:58PM</b>	<b>Rohini Until 11:33PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:52AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama	10:25AM – 12:16PM	Sukarma Until 1:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 6 - 14	
		333545479 <b>Rahu</b>	<b>6:43AM – 8:34AM</b>	Kintughna Until 7:42PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga			<b>Amavasya* Until 6:32AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
					Jyeshtha-Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Tuesday, May 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sun 15 Sutra 44
	Wrisabha Rasi: 26.31	Tithi 1 – 2	<b>Gulika</b> 12:16PM – 2:07PM	<b>Mrigashira</b> Until 2:33AM Wed	<b>Ganesha:</b> Orange <i>Sunrise: 4:51AM</i>	Subhakrit 5124	
	333545479	Rahu	Yama 8:34AM – 10:25AM	Dhriti Until 2:06PM	<b>Muruqa:</b> White <i>Sunset: 7:41PM</i>	Moon 5 - Phase 7 - 15 3rd Phase	
Creative Work	Siddha Yoga		Balava Until 10:07PM	<b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b>		
			<b>Prathama*</b> Until 8:52AM	<b>Jyeshtha-Vaikasi</b>			

<b>2</b>	<b>Wednesday, June 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Pittsburgh, PA Sun 16 Sutra 45
	Mithuna Rasi: 8.22	Tithi 2 – 3	<b>Gulika</b> 10:25AM – 12:16PM	<b>Ardra</b> Until 5:25AM Thu	<b>Ganesha:</b> Orange <i>Sunrise: 4:51AM</i>	Subhakrit 5124	
	333545479	Rahu	Yama 6:42AM – 8:34AM	Shula* Until 3:05PM	<b>Muruqa:</b> White <i>Sunset: 7:42PM</i>	Moon 5 - Phase 7 - 16 3rd Phase	
Creative Work	Siddha Yoga		Taitila Until 12:36AM Thu	<b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b>		
Until 5:25AM Thu			<b>Dvitiya</b> Until 11:20AM	<b>Jyeshtha-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Thursday, June 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Pittsburgh, PA Sun 17 Sutra 46
	Mithuna Rasi: 20.11	Tithi 3 – 4	<b>Gulika</b> 8:33AM – 10:25AM	<b>Punarvasu</b> Until 8:35AM Fri	<b>Ganesha:</b> Clear <i>Sunrise: 4:50AM</i>	Subhakrit 5124	
	343555479	Rahu	Yama 4:50AM – 6:42AM	Ganda* Until 4:06PM	<b>Muruqa:</b> Green <i>Sunset: 7:42PM</i>	Moon 5 - Phase 7 - 17 3rd Phase	
Creative Work	Amrita Yoga		Vanija Until 3:03AM Fri	<b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b>		
Until 8:35AM Fri			<b>Tritiya</b> Until 1:49PM	<b>Jyeshtha-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Friday, June 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Pittsburgh, PA Sun 18 Sutra 47
	Kataka Rasi: 2.02	Tithi 4 – 5	<b>Gulika</b> 6:42AM – 8:33AM	<b>Punarvasu</b> Until 8:35AM	<b>Ganesha:</b> Clear <i>Sunrise: 4:50AM</i>	Subhakrit 5124	
	343555479	Rahu	Yama 4:00PM – 5:52PM	Vridhi Until 5:03PM	<b>Muruqa:</b> Green <i>Sunset: 7:43PM</i>	Moon 5 - Phase 7 - 18 3rd Phase	
Creative Work	Siddha Yoga		Bava Until 5:20AM Sat	<b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b>		
Until 8:35AM			<b>Chaturthi*</b> Until 4:12PM	<b>Jyeshtha-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>5</b>	<b>Saturday, June 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau				Pittsburgh, PA Sun 19 Sutra 48
	Kataka Rasi: 13.58	Tithi 5	<b>Gulika</b> 4:50AM – 6:41AM	<b>Pushya</b> Until 11:23AM	<b>Ganesha:</b> Clear <i>Sunrise: 4:50AM</i>	Subhakrit 5124	
	343555479	Rahu	Yama 2:09PM – 4:00PM	Dhruva Until 5:47PM	<b>Muruqa:</b> Green <i>Sunset: 7:44PM</i>	Moon 5 - Phase 7 - 19 3rd Phase	
Creative Work	Siddha Yoga		Balava Until 6:21PM	<b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b>		
Until 11:23AM			<b>Panchami</b> Until 6:21PM	<b>Jyeshtha-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>6</b>	<b>Sunday, June 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Pittsburgh, PA Sun 20 Sutra 49
	Kataka Rasi: 26.01	Tithi 6	<b>Gulika</b> 4:01PM – 5:53PM	<b>Ashlesha*</b> Until 1:42PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:49AM</i>	Subhakrit 5124	
	343555471	Rahu	Yama 12:17PM – 2:09PM	Vyaghata* Until 6:15PM	<b>Muruqa:</b> Green <i>Sunset: 7:44PM</i>	Moon 5 - Phase 7 - 20 3rd Phase	
Creative Work	Siddha Yoga		Kaulava Until 7:19AM	<b>Nataraja:</b> Yellow Moon – Blue	<b>Devaloka Day</b>		
Until 1:42PM			<b>Shashthi*</b> Until 8:08PM	<b>Jyeshtha-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>	<b>Monday, June 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Pittsburgh, PA Sun 21 Sutra 50
	Simha Rasi: 8.13	Tithi 7	<b>Gulika</b> 2:09PM – 4:01PM	<b>Magha*</b> Until 3:53PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:49AM</i>	Subhakrit 5124	
	354555471	Rahu	Yama 10:25AM – 12:17PM	Harshana Until 6:21PM	<b>Muruqa:</b> Green <i>Sunset: 7:45PM</i>	Moon 5 - Phase 7 - 21 3rd Phase	
Family Home Evening			Gara Until 8:51AM	<b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b>		
Routine Work	Marana Yoga		<b>Saptami</b> Until 9:23PM	<b>Jyeshtha-Vaikasi</b>			
Until 3:53PM							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Tuesday, June 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Pittsburgh, PA Sun 22 Sutra 51
	Simha Rasi: 20.41	Tithi 8	<b>Gulika</b> 12:17PM – 2:09PM	<b>Purvaphalguni</b> Until 5:18PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:49AM</i>	Subhakrit 5124	
	354555471	Rahu	Yama 8:33AM – 10:25AM	Vajra* Until 5:55PM	<b>Muruqa:</b> Green <i>Sunset: 7:46PM</i>	Moon 5 - Phase 7 - 22 Ashtami	
Creative Work	Siddha Yoga		Visti Until 9:48AM	<b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b>		
Until 5:18PM			<b>Ashtami*</b> Until 10:00PM	<b>Jyeshtha-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>	<b>Wednesday, June 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau				Pittsburgh, PA Sun 23 Sutra 52
	Kanya Rasi: 3.28	Tithi 9	<b>Gulika</b> 10:25AM – 12:17PM	<b>Uttaraphalguni</b> Until 5:51PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:49AM</i>	Subhakrit 5124	
	354555471	Rahu	Yama 6:41AM – 8:33AM	Siddhi Until 4:55PM	<b>Muruqa:</b> Green <i>Sunset: 7:46PM</i>	Moon 5 - Phase 7 - 23 Navami	
Creative Work	Amrita Yoga		Balava Until 10:03AM	<b>Nataraja:</b> Yellow Moon – Red	<b>Devaloka Day</b>		
Until 5:51PM			<b>Navami*</b> Until 9:51PM	<b>Jyeshtha-Vaikasi</b>			
Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


<b>1</b>	<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Pittsburgh, PA Sun 24 Sutra 53
	Kanya Rasi: 16.37	Tithi 10	<b>Gulika</b> 8:33AM – 10:25AM	<b>Hasta</b> <b>Until 5:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Subhakrit 5124
		364555471	Yama 4:48AM – 6:41AM	Vyatipata* <b>Until 3:19PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8 - 24
			<b>Rahu</b> 2:10PM – 4:02PM	Taitila <b>Until 9:31AM</b>	<b>Nataraja:</b> Yellow		4th Phase
	Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 8:56PM</b>	Moon – Green	<b>Bhuloka Day</b>	
	Until 5:55PM				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	
	Then Creative Work - Siddha Yoga						

<b>2</b>	<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Pittsburgh, PA Sun 25 Sutra 54
	Tula Rasi: 0.13	Tithi 11	<b>Gulika</b> 6:41AM – 8:33AM	<b>Chitra</b> <b>Until 5:05PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Subhakrit 5124
		364555471	Yama 4:03PM – 5:55PM	Variyan <b>Until 1:03PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8 - 25
			<b>Rahu</b> 10:25AM – 12:18PM	Vanija <b>Until 8:12AM</b>	<b>Nataraja:</b> Yellow		4th Phase
	Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 7:14PM</b>	Moon – Green	<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 55
	Tula Rasi: 14.17	Tithi 12 – 13	<b>Gulika</b> 4:48AM – 6:41AM	<b>Svati</b> <b>Until 3:24PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Subhakrit 5124
		364555471	Yama 2:10PM – 4:03PM	Parigha* <b>Until 10:13AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8 - 26
			<b>Rahu</b> 8:33AM – 10:26AM	Bava <b>Until 6:08AM</b>	<b>Nataraja:</b> Yellow		4th Phase
	Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 4:51PM</b>	Moon – Green	<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata*

<b>4</b>	<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 27 Sutra 56
	Tula Rasi: 28.46	Tithi 13 – 14	<b>Gulika</b> 4:03PM – 5:56PM	<b>Vishakha</b> <b>Until 1:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM	Subhakrit 5124
		374555471	Yama 12:18PM – 2:11PM	Shiva <b>Until 6:53AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 8 - 27
			<b>Rahu</b> 5:56PM – 7:48PM	Gara <b>Until 12:15AM Mon</b>	<b>Nataraja:</b> Yellow		4th Phase
	Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 1:53PM</b>	Moon – Orange	<b>Devaloka Day</b>	
			<b>Vaikasi Visakam</b>		Jyeshtha-Vaikasi		

	<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pittsburgh, PA Sun 28 Sutra 57
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:11PM – 4:04PM	<b>Anuradha</b> <b>Until 10:50AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM	Subhakrit 5124
Vrischika Rasi: 13.37	Tithi 14 – 15	374555471	Yama 10:26AM – 12:18PM	Sadhya <b>Until 11:06PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 8 -
<b>Family Home Evening</b>			<b>Rahu</b> 6:41AM – 8:33AM	Visti <b>Until 8:42PM</b>	<b>Nataraja:</b> Yellow		Purnima
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> <b>Until 10:30AM</b>	Moon – Orange	<b>Devaloka Day</b>	
					Jyeshtha-Vaikasi		

<b>5</b>	<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Pittsburgh, PA Sun 29 Sutra 58
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:19PM – 2:11PM	<b>Jyeshtha*</b> <b>Until 7:52AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM	Subhakrit 5124
Vrischika Rasi: 28.44	Tithi 15 – 16	374555471	Yama 8:33AM – 10:26AM	Subha <b>Until 6:57PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 8 -
			<b>Rahu</b> 4:04PM – 5:57PM	Kaulava <b>Until 3:02AM Wed</b>	<b>Nataraja:</b> Yellow		Prathama
	Routine Work	Marana Yoga		<b>Purnima*</b> <b>Until 6:49AM</b>	Moon – Orange	<b>Devaloka Day</b>	
	Until 7:52AM				Jyeshtha-Vaikasi		
	Then Creative Work - Amrita Yoga						





Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Pittsburgh, PA

Sutra 59

Subhakrit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 13.56 Tithi 17

384555471

**Gulika** 10:26AM – 12:19PM  
Yama 6:41AM – 8:33AM  
**Rahu** 12:19PM – 2:12PM

**Purvashadha\* Until 2:08AM Thu**  
Sukla Until 2:44PM  
Taitila Until 1:09PM  
**Dvitiya Until 11:17PM**

**Ganesha:** Blue *Sunrise: 4:48AM*  
**Muruqa:** Green *Sunset: 7:50PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

1

Thursday, June 16, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Trityayam Titau

Pittsburgh, PA

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.05 Tithi 18

384555471

**Gulika** 8:34AM – 10:26AM  
Yama 4:48AM – 6:41AM  
**Rahu** 2:12PM – 4:05PM

**Uttarashadha Until 11:21PM**  
Brahma Until 10:40AM  
Vanija Until 9:30AM  
**Tritiya Until 7:45PM**

**Ganesha:** Blue *Sunrise: 4:48AM*  
**Muruqa:** Green *Sunset: 7:50PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

2

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.01 Tithi 19 – 20

394555471

**Gulika** 6:41AM – 8:34AM  
Yama 4:05PM – 5:58PM  
**Rahu** 10:26AM – 12:19PM

**Shravana Until 9:13PM**  
Indra Until 6:51AM  
Bava Until 6:07AM  
**Chaturthi\* Until 4:34PM**

**Ganesha:** Red *Sunrise: 4:48AM*  
**Muruqa:** Green *Sunset: 7:50PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

3

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pittsburgh, PA

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 28.37 Tithi 20 – 21

394655471

**Gulika** 4:48AM – 6:41AM  
Yama 2:12PM – 4:05PM  
**Rahu** 8:34AM – 10:27AM

**Dhanishtha Until 7:29PM**  
Vishkambha\* Until 12:24AM Sun  
Gara Until 12:49AM Sun  
**Panchami Until 1:54PM**

**Ganesha:** Blue *Sunrise: 4:48AM*  
**Muruqa:** Green *Sunset: 7:51PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

4

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Pittsburgh, PA

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

**Gulika** 4:05PM – 5:58PM  
Yama 12:20PM – 2:12PM  
**Rahu** 5:58PM – 7:51PM

**Shatabhishak Until 6:16PM**  
Priti Until 10:00PM  
Visti Until 11:08PM  
**Shashthi\* Until 11:52AM**

**Ganesha:** Red *Sunrise: 4:48AM*  
**Muruqa:** Green *Sunset: 7:51PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Siddha Yoga

Father's Day

D

Monday, June 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pittsburgh, PA

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

**Gulika** 2:13PM – 4:06PM  
Yama 10:27AM – 12:20PM  
**Rahu** 6:41AM – 8:34AM

**Purvaproshtapada\* Until 6:05PM**  
Ayushman Until 8:10PM  
Balava Until 10:12PM  
**Saptami Until 10:33AM**

**Ganesha:** Clear *Sunrise: 4:49AM*  
**Muruqa:** Green *Sunset: 7:51PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pittsburgh, PA

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 9.52 Tithi 23 – 24

315655471

**Gulika** 12:20PM – 2:13PM  
Yama 8:34AM – 10:27AM  
**Rahu** 4:06PM – 5:59PM

**Uttaraproshtapada Until 6:32PM**  
Saubhagya Until 6:59PM  
Taitila Until 10:03PM  
**Ashtami\* Until 10:01AM**

**Ganesha:** Clear *Sunrise: 4:49AM*  
**Muruqa:** Green *Sunset: 7:51PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

Il times are standard time. Calculated for Pittsburgh, PA on 4/26/2

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, June 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Pittsburgh, PA Sun 7 Sutra 66 Subhakrit 5124	
Meena Rasi: 22.47	Tithi 24 – 25	<b>Gulika</b> 10:27AM – 12:20PM	<b>Revati Until 7:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Moon 6 - Phase 10 - 7	
		Yama 6:42AM – 8:35AM	Sobhana Until 6:24PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:52PM	2nd Phase	
	315655471	<b>Rahu</b> 12:20PM – 2:13PM	Vanija Until 10:38PM	<b>Nataraja:</b> Yellow		Devaloka Day	
Routine Work	Marana Yoga		<b>Navami* Until 10:14AM</b>	Moon – Clear		Jyeshtha-Ani	


<b>2</b>		<b>Thursday, June 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Pittsburgh, PA Sun 8 Sutra 67 Subhakrit 5124	
Mesha Rasi: 5.2	Tithi 25 – 26	<b>Gulika</b> 8:35AM – 10:28AM	<b>Ashvini Until 9:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:49AM	Moon 6 - Phase 10 - 8	
		Yama 4:49AM – 6:42AM	Athiganda* Until 6:19PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:52PM	2nd Phase	
	325655471	<b>Rahu</b> 2:13PM – 4:06PM	Bava Until 11:53PM	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Amrita Yoga		<b>Dashami Until 11:10AM</b>	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 9:31PM						Jyeshtha-Ani	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, June 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Pittsburgh, PA Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 17.38	Tithi 26 – 27	<b>Gulika</b> 6:42AM – 8:35AM	<b>Bharani Until 11:52PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:49AM	Moon 6 - Phase 10 - 9	
		Yama 4:06PM – 5:59PM	Sukarma Until 6:41PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:52PM	2nd Phase	
	325655471	<b>Rahu</b> 10:28AM – 12:21PM	Kaulava Until 1:39AM Sat	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 12:41PM</b>	Moon – White		Devaloka Time: 6:PM to 9:PM	
						Jyeshtha-Ani	

<b>4</b>		<b>Saturday, June 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Pittsburgh, PA Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 29.44	Tithi 27 – 28	<b>Gulika</b> 4:50AM – 6:43AM	<b>Krittika Until 2:25AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:50AM	Moon 6 - Phase 10 - 10	
		Yama 2:14PM – 4:06PM	Dhriti Until 7:23PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:52PM	2nd Phase	
	325655471	<b>Rahu</b> 8:35AM – 10:28AM	Gara Until 3:48AM Sun	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 2:40PM</b>	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 2:25AM Sun						Jyeshtha-Ani	
Then Creative Work - Siddha Yoga						Pradosha Vrata (Fasting)	

<b>5</b>		<b>Sunday, June 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Pittsburgh, PA Sun 11 Sutra 70 Subhakrit 5124	
Virshabha Rasi: 11.41	Tithi 28 – 29	<b>Gulika</b> 4:07PM – 5:59PM	<b>Rohini Until 5:33AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:50AM	Moon 6 - Phase 10 - 11	
		Yama 12:21PM – 2:14PM	Shula* Until 8:17PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:52PM	2nd Phase	
	335655471	<b>Rahu</b> 5:59PM – 7:52PM	Visti Until 6:11AM Mon	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:57PM</b>	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 5:33AM Mon						Jyeshtha-Ani	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Monday, June 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pittsburgh, PA Sun 12 Sutra 71 Subhakrit 5124	
Virshabha Rasi: 23.32	Tithi 29	<b>Gulika</b> 2:14PM – 4:07PM	<b>Mrigashira Until 8:37AM Tue</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:50AM	Moon 6 - Phase 10 - 12	
<b>Family Home Evening</b>		Yama 10:29AM – 12:21PM	Ganda* Until 9:18PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:52PM	2nd Phase	
	335655471	<b>Rahu</b> 6:43AM – 8:36AM	Visti Until 6:11AM	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 7:25PM</b>	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 8:37AM Tue						Jyeshtha-Ani	
Then Routine Work - Marana Yoga							

		<b>Tuesday, June 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pittsburgh, PA Sun 13 Sutra 72 Subhakrit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 12:22PM – 2:14PM	<b>Mrigashira Until 8:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM	Moon 6 - Phase 10 - 13	
Mithuna Rasi: 5.22	Tithi 30	Yama 8:36AM – 10:29AM	Vriddhi Until 10:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:52PM	Amavasya	
	336655471	<b>Rahu</b> 4:07PM – 5:59PM	Catuspada Until 8:41AM	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:55PM</b>	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 8:37AM						Jyeshtha-Ani	
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, June 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Pittsburgh, PA Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 17.11	Tithi 1	<b>Gulika</b> 10:29AM – 12:22PM	<b>Ardra Until 11:30AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM	Moon 6 - Phase 10 - 14	
		Yama 6:44AM – 8:37AM	Dhruva Until 11:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:52PM	Prathama	
	336655471	<b>Rahu</b> 12:22PM – 2:14PM	Kintughna Until 11:10AM	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Siddha Yoga		<b>Prathama* Until 12:22AM Thu</b>	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
						Ashada-Ani	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

<b>1</b>	<b>Thursday, June 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pittsburgh, PA Sun 15 Sutra 74
	Mithuna Rasi: 29.03	Tithi 2	<b>Gulika</b> 8:37AM – 10:29AM	<b>Punarvasu</b> Until 2:38PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 4:52AM</i>	Subhakrit 5124	
			Yama 4:52AM – 6:44AM	Vyaghata* Until 12:16AM Fri	<b>Muruga:</b> Green <i>Sunset: 7:52PM</i>	Moon 6 - Phase 11 - 15	
	Creative Work	Amrita Yoga	346655471 <b>Rahu</b> 2:14PM – 4:07PM	Balava Until 1:34PM	<b>Nataraja:</b> Yellow	3rd Phase	
			<b>Dvitiya</b> Until 2:41AM Fri	Moon – Blue	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

<b>2</b>	<b>Friday, July 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Pittsburgh, PA Sun 16 Sutra 75
	Kataka Rasi: 10.58	Tithi 3	<b>Gulika</b> 6:45AM – 8:37AM	<b>Pushya</b> Until 5:26PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 4:52AM</i>	Subhakrit 5124	
			Yama 4:07PM – 5:59PM	Harshana Until 1:02AM Sat	<b>Muruga:</b> Green <i>Sunset: 7:52PM</i>	Moon 6 - Phase 11 - 16	
	Routine Work	Marana Yoga	346655471 <b>Rahu</b> 10:30AM – 12:22PM	Taitila Until 3:47PM	<b>Nataraja:</b> Yellow	3rd Phase	
			<b>Tritiya</b> Until 4:47AM Sat	Moon – Blue	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

<b>3</b>	<b>Saturday, July 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Pittsburgh, PA Sun 17 Sutra 76
	Kataka Rasi: 22.57	Tithi 4	<b>Gulika</b> 4:53AM – 6:45AM	<b>Ashlesha*</b> Until 7:49PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 4:53AM</i>	Subhakrit 5124	
			Yama 2:15PM – 4:07PM	Vajra* Until 1:34AM Sun	<b>Muruga:</b> Green <i>Sunset: 7:52PM</i>	Moon 6 - Phase 11 - 17	
	Routine Work	Marana Yoga	346655471 <b>Rahu</b> 8:38AM – 10:30AM	Vanija Until 3:45PM	<b>Nataraja:</b> Yellow	3rd Phase	
			<b>Chaturthi*</b> Until 6:36AM Sun	Moon – Blue	<b>Bhuloka Day</b>	Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

<b>4</b>	<b>Sunday, July 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Pittsburgh, PA Sun 18 Sutra 77
	Simha Rasi: 5.04	Tithi 4 – 5	<b>Gulika</b> 4:07PM – 5:59PM	<b>Magha*</b> Until 10:12PM	<b>Ganesha:</b> Orange <i>Sunrise: 4:53AM</i>	Subhakrit 5124	
			Yama 12:22PM – 2:15PM	Siddhi Until 1:50AM Mon	<b>Muruga:</b> Green <i>Sunset: 7:52PM</i>	Moon 6 - Phase 11 - 18	
	Routine Work	Marana Yoga	356655471 <b>Rahu</b> 5:59PM – 7:52PM	Bava Until 7:23PM	<b>Nataraja:</b> Yellow	3rd Phase	
			<b>Chaturthi*</b> Until 6:36AM Sun	Moon – Red	<b>Devaloka Day</b>		
				Ashada*Ani			

<b>5</b>	<b>Monday, July 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pittsburgh, PA Sun 19 Sutra 78
	Simha Rasi: 17.2	Tithi 5 – 6	<b>Gulika</b> 2:15PM – 4:07PM	<b>Purvaphalguni</b> Until 11:59PM	<b>Ganesha:</b> Orange <i>Sunrise: 4:54AM</i>	Subhakrit 5124	
	<b>Family Home Evening</b>		Yama 10:30AM – 12:23PM	Vyatipata* Until 1:45AM Tue	<b>Muruga:</b> Green <i>Sunset: 7:51PM</i>	Moon 6 - Phase 11 - 19	
	Creative Work	Siddha Yoga	356655471 <b>Rahu</b> 6:46AM – 8:38AM	Kaulava Until 8:35PM	<b>Nataraja:</b> Yellow	3rd Phase	
			<b>Panchami</b> Until 8:02AM	Moon – Red	<b>Devaloka Day</b>		
				Ashada*Ani			

<b>6</b>	<b>Tuesday, July 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau				Pittsburgh, PA Sun 20 Sutra 79
	Simha Rasi: 29.48	Tithi 6 – 7	<b>Gulika</b> 12:23PM – 2:15PM	<b>Uttaraphalguni</b> Until 1:04AM Wed	<b>Ganesha:</b> Orange <i>Sunrise: 4:54AM</i>	Subhakrit 5124	
			Yama 8:39AM – 10:31AM	Variyan Until 1:12AM Wed	<b>Muruga:</b> Green <i>Sunset: 7:51PM</i>	Moon 6 - Phase 11 - 20	
	Creative Work	Amrita Yoga	356655471 <b>Rahu</b> 4:07PM – 5:59PM	Gara Until 9:15PM	<b>Nataraja:</b> Yellow	3rd Phase	
			<b>Shashthi*</b> Until 8:58AM	Moon – Red	<b>Devaloka Day</b>		
				Ashada*Ani			

<b>☾</b>	<b>Wednesday, July 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Pittsburgh, PA Sun 21 Sutra 80
	<b>Retreat Star</b>		<b>Gulika</b> 10:31AM – 12:23PM	<b>Hasta</b> Until 1:50AM Thu	<b>Ganesha:</b> Clear <i>Sunrise: 4:55AM</i>	Subhakrit 5124	
	Kanya Rasi: 12.32	Tithi 7 – 8	Yama 6:47AM – 8:39AM	Parigha* Until 12:08AM Thu	<b>Muruga:</b> Green <i>Sunset: 7:51PM</i>	Moon 6 - Phase 11 - 21	
			467655471 <b>Rahu</b> 12:23PM – 2:15PM	Visti Until 9:16PM	<b>Nataraja:</b> Yellow	Ashtami	
			<b>Saptami</b> Until 9:19AM	Moon – Green	<b>Devaloka Day</b>		
				Ashada*Ani			

<b>☽</b>	<b>Thursday, July 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pittsburgh, PA Sun 22 Sutra 81
	<b>Retreat Star</b>		<b>Gulika</b> 8:39AM – 10:31AM	<b>Chitra</b> Until 1:43AM Fri	<b>Ganesha:</b> Clear <i>Sunrise: 4:56AM</i>	Subhakrit 5124	
	Kanya Rasi: 25.37	Tithi 8 – 9	Yama 4:56AM – 6:47AM	Shiva Until 10:31PM	<b>Muruga:</b> Green <i>Sunset: 7:51PM</i>	Moon 6 - Phase 11 - 22	
			467655471 <b>Rahu</b> 2:15PM – 4:07PM	Balava Until 8:33PM	<b>Nataraja:</b> Yellow	Navami	
			<b>Ashtami*</b> Until 8:59AM	Moon – Green	<b>Devaloka Day</b>		
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>	<b>Friday, July 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 23 Sutra 82 Subhakrit 5124
	Tula Rasi: 9.05      Tithi 9 – 10	<b>Gulika</b> <b>6:48AM – 8:40AM</b>	<b>Svati Until 12:43AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:56AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:50PM	Moon 6 - Phase 12 - 23 4th Phase
	467655471 <b>Rahu</b> <b>10:31AM – 12:23PM</b>	Yama      4:07PM – 5:59PM	Siddha Until 8:16PM	<b>Nataraja:</b> Yellow	Moon – Green	<b>Devaloka Day</b>
Creative Work      Siddha Yoga		<b>Navami* Until 7:55AM</b>	<b>Ashada*Ani</b>			


<b>2</b>	<b>Saturday, July 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 23      Tithi 10 – 11	<b>Gulika</b> <b>4:57AM – 6:48AM</b>	<b>Vishakha Until 11:20PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:57AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:50PM	Moon 6 - Phase 12 - 24 4th Phase
	477655471 <b>Rahu</b> <b>8:40AM – 10:32AM</b>	Yama      2:15PM – 4:07PM	Sadhya Until 5:27PM	<b>Nataraja:</b> Yellow	Moon – Orange	<b>Bhuloka Day</b>
Creative Work      Siddha Yoga		Visti Until 3:39AM Sun	<b>Ashada*Ani</b>		<b>Devaloka Time: 6:PM to 9:PM</b>	
		<b>Dashami Until 6:07AM</b>				

<b>3</b>	<b>Sunday, July 10, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Pittsburgh, PA Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 7.21      Tithi 12	<b>Gulika</b> <b>4:07PM – 5:58PM</b>	<b>Anuradha Until 9:13PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:58AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:50PM	Moon 6 - Phase 12 - 25 4th Phase
	477655471 <b>Rahu</b> <b>5:58PM – 7:50PM</b>	Yama      12:24PM – 2:15PM	Subha Until 2:09PM	<b>Nataraja:</b> Yellow	Moon – Orange	<b>Bhuloka Day</b>
Routine Work      Marana Yoga		Bava Until 2:13PM	<b>Ashada*Ani</b>		<b>Devaloka Time: 6:PM to 9:PM</b>	
		<b>Dvadashi Until 12:37AM Mon</b>				

<b>4</b>	<b>Monday, July 11, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 22.05      Tithi 13	<b>Gulika</b> <b>2:15PM – 4:06PM</b>	<b>Jyeshtha* Until 6:31PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:58AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:49PM	Moon 6 - Phase 12 - 26 4th Phase
	477655471 <b>Rahu</b> <b>6:50AM – 8:41AM</b>	Yama      10:32AM – 12:24PM	Sukla Until 10:24AM	<b>Nataraja:</b> Yellow	Moon – Orange	<b>Bhuloka Day</b>
Family Home Evening Creative Work      Siddha Yoga		Kaulava Until 10:57AM	<b>Ashada*Ani</b>		<b>Devaloka Time: 6:PM to 9:PM</b>	
		<b>Trayodashi Until 9:10PM</b>				

*Pradosha Vrata*

<b>5</b>	<b>Tuesday, July 12, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Pittsburgh, PA Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 7.08      Tithi 14 – 15	<b>Gulika</b> <b>12:24PM – 2:15PM</b>	<b>Mula* Until 3:46PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:59AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:49PM	Moon 6 - Phase 12 - 27 4th Phase
	488655471 <b>Rahu</b> <b>4:06PM – 5:57PM</b>	Yama      8:41AM – 10:33AM	Brahma Until 6:22AM	<b>Nataraja:</b> Yellow	Moon – Light Blue	<b>Sivaloka Day</b>
Creative Work      Amrita Yoga Until 3:46PM Then Creative Work - Siddha Yoga		Gara Until 7:20AM	<b>Ashada*Ani</b>			
		<b>Chaturdashi* Until 5:26PM</b>				

	<b>Wednesday, July 13, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA Sun 28 Sutra 87 Subhakrit 5124
	Dhanus Rasi: 22.22      Tithi 15 – 16	<b>Gulika</b> <b>10:33AM – 12:24PM</b>	<b>Purvashadha* Until 12:46PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:00AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:48PM	Moon 6 - Phase 12 - Purnima
	488755471 <b>Rahu</b> <b>12:24PM – 2:15PM</b>	Yama      6:51AM – 8:42AM	Vaidhriti* Until 9:55PM	<b>Nataraja:</b> Yellow	Moon – Light Blue	<b>Devaloka Day</b>
Creative Work      Amrita Yoga		Balava Until 11:41PM	<b>Ashada*Ani</b>			
		<b>Purnima* Until 1:35PM</b>				

**Satguru Purnima**

<b>6</b>	<b>Thursday, July 14, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sun 29 Sutra 88 Subhakrit 5124
	Makara Rasi: 7.35      Tithi 16 – 17	<b>Gulika</b> <b>8:42AM – 10:33AM</b>	<b>Uttarashadha Until 9:40AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:00AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:48PM	Moon 6 - Phase 12 - Prathama
	488755471 <b>Rahu</b> <b>2:15PM – 4:06PM</b>	Yama      5:00AM – 6:51AM	Vishkambha* Until 5:47PM	<b>Nataraja:</b> Yellow	Moon – Light Blue	<b>Devaloka Day</b>
Routine Work      Marana Yoga Until 9:40AM Then Creative Work - Siddha Yoga		Taitila Until 7:59PM	<b>Ashada*Ani</b>			
		<b>Prathama* Until 9:47AM</b>				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

Il times are standard time. Calculated for Pittsburgh, PA on 4/26/2

www.gurudeva.org/panchang



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA

Sun 1 Sutra 89

Subhakrit 5124

Makara Rasi: 22.4 Tithi 17 - 18

498755471

**Gulika** 6:52AM - 8:43AM  
**Yama** 4:06PM - 5:56PM  
**Rahu** 10:33AM - 12:24PM

**Shravana Until 7:04AM**  
Priti Until 1:54PM  
Visti Until 3:02AM Sat  
**Dvitiya Until 6:13AM**

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon - Purple

**Sunrise:** 5:01AM  
**Sunset:** 7:47PM

Moon 7 - Phase 13 - 1  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 7:04AM

Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Pittsburgh, PA

Sun 2 Sutra 90

Subhakrit 5124

Kumbha Rasi: 7.25 Tithi 19

498755471

**Gulika** 5:02AM - 6:52AM  
**Yama** 2:15PM - 4:05PM  
**Rahu** 8:43AM - 10:34AM

**Shatabhishak Until 2:50AM Sun**  
Ayushman Until 10:22AM  
Bava Until 1:40PM  
**Chaturthi\* Until 12:25AM Sun**

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Adi**

**Sunrise:** 5:02AM  
**Sunset:** 7:46PM

Moon 7 - Phase 13 - 2  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Pittsburgh, PA

Sun 3 Sutra 91

Subhakrit 5124

Kumbha Rasi: 21.46 Tithi 20

418755472

**Gulika** 4:05PM - 5:55PM  
**Yama** 12:24PM - 2:15PM  
**Rahu** 5:55PM - 7:46PM

**Purvaproshtapada\* Until 1:56AM Mon**  
Saubhagya Until 7:22AM  
Kaulava Until 11:22AM  
**Panchami Until 10:29PM**

**Ganesha:** White  
**Muruqa:** Green  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Sunrise:** 5:03AM  
**Sunset:** 7:46PM

Moon 7 - Phase 13 - 3  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Pittsburgh, PA

Sun 4 Sutra 92

Subhakrit 5124

Meena Rasi: 5.38 Tithi 21

418755472

**Gulika** 2:15PM - 4:05PM  
**Yama** 10:34AM - 12:24PM  
**Rahu** 6:54AM - 8:44AM

**Uttaraproshtapada Until 1:42AM Tue**  
Athiganda\* Until 3:13AM Tue  
Gara Until 9:50AM  
**Shashthi\* Until 9:22PM**

**Ganesha:** White  
**Muruqa:** Green  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Sunrise:** 5:04AM  
**Sunset:** 7:45PM

Moon 7 - Phase 13 - 4  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

**Family Home Evening**

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Pittsburgh, PA

Sun 5 Sutra 93

Subhakrit 5124

Meena Rasi: 19.01 Tithi 22

419755472

**Gulika** 12:24PM - 2:14PM  
**Yama** 8:44AM - 10:34AM  
**Rahu** 4:04PM - 5:55PM

**Revati Until 2:10AM Wed**  
Sukarma Until 2:11AM Wed  
Visti Until 9:09AM  
**Saptami Until 9:06PM**

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Sunrise:** 5:04AM  
**Sunset:** 7:45PM

Moon 7 - Phase 13 - 5  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 2:10AM Wed

Then Routine Work - Marana Yoga

**D**

**Wednesday, July 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA

Sun 6 Sutra 94

Subhakrit 5124

Mesha Rasi: 1.56 Tithi 23

429755472

**Gulika** 10:35AM - 12:24PM  
**Yama** 6:55AM - 8:45AM  
**Rahu** 12:24PM - 2:14PM

**Ashvini Until 3:46AM Thu**  
Dhriti Until 1:49AM Thu  
Balava Until 9:19AM  
**Ashtami\* Until 9:42PM**

**Ganesha:** Purple  
**Muruqa:** Green  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Sunrise:** 5:05AM  
**Sunset:** 7:44PM

Moon 7 - Phase 13 - 6  
Ashtami

**Devaloka Day**

Routine Work Marana Yoga

Until 3:46AM Thu

Then Creative Work - Siddha Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Pittsburgh, PA

Sun 7 Sutra 95

Subhakrit 5124

Mesha Rasi: 14.28 Tithi 24

429755472

**Gulika** 8:45AM - 10:35AM  
**Yama** 5:06AM - 6:56AM  
**Rahu** 2:14PM - 4:04PM

**Bharani Until 5:54AM Fri**  
Shula\* Until 1:59AM Fri  
Taitila Until 10:19AM  
**Navami\* Until 11:03PM**

**Ganesha:** Purple  
**Muruqa:** Green  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Sunrise:** 5:06AM  
**Sunset:** 7:43PM

Moon 7 - Phase 13 - 7  
Navami

**Devaloka Day**

Creative Work Siddha Yoga

<b>1</b>		<b>Friday, July 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Pittsburgh, PA Sun 8 Sutra 96 Subhakrit 5124
Mesha Rasi: 26.42	Tithi 25	<b>Gulika</b> 6:56AM – 8:46AM	<b>Krittika</b> <b>Until 8:24AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM	
		Yama 4:03PM – 5:53PM	Ganda* <b>Until 2:37AM Sat</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 14 - 8
		429755472 <b>Rahu</b> 10:35AM – 12:25PM	Vanija <b>Until 11:59AM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 12:59AM Sat</b>	Moon – White		<b>Devaloka Day</b>
Until 8:24AM Sat				Ashada*Adi		
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Saturday, July 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Pittsburgh, PA Sun 9 Sutra 97 Subhakrit 5124
Virshabha Rasi: 8.43	Tithi 26	<b>Gulika</b> 5:08AM – 6:57AM	<b>Krittika</b> <b>Until 8:24AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:08AM	
		Yama 2:14PM – 4:03PM	Vriddhi <b>Until 3:32AM Sun</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:41PM	Moon 7 - Phase 14 - 9
		429755472 <b>Rahu</b> 8:46AM – 10:35AM	Bava <b>Until 2:08PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> <b>Until 3:18AM Sun</b>	Moon – White		<b>Devaloka Day</b>
				Ashada*Adi		

<b>3</b>		<b>Sunday, July 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Pittsburgh, PA Sun 10 Sutra 98 Subhakrit 5124
Virshabha Rasi: 20.35	Tithi 27	<b>Gulika</b> 4:03PM – 5:52PM	<b>Rohini</b> <b>Until 11:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:09AM	
		Yama 12:25PM – 2:14PM	Dhruva <b>Until 4:34AM Mon</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:41PM	Moon 7 - Phase 14 - 10
		439755472 <b>Rahu</b> 5:52PM – 7:41PM	Kaulava <b>Until 4:34PM</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> <b>Until 5:49AM Mon</b>	Moon – Yellow		<b>Bhuloka Day</b>
				Ashada*Adi		<b>Devaloka Time: 9:AM to12:PM</b>

<b>4</b>		<b>Monday, July 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Pittsburgh, PA Sun 11 Sutra 99 Subhakrit 5124
Mithuna Rasi: 2.25	Tithi 28	<b>Gulika</b> 2:13PM – 4:02PM	<b>Mrigashira</b> <b>Until 2:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:09AM	
<b>Family Home Evening</b>		Yama 10:36AM – 12:25PM	Vyaghata* <b>Until 5:38AM Tue</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 14 - 11
Creative Work	Amrita Yoga	439755472 <b>Rahu</b> 6:58AM – 8:47AM	Gara <b>Until 7:06PM</b>	<b>Nataraja:</b> White		2nd Phase
Until 2:37PM			<b>Trayodashi*</b> <b>Until 8:20AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				Ashada*Adi		<b>Devaloka Time: 9:AM to12:PM</b>
			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Tuesday, July 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Pittsburgh, PA Sun 12 Sutra 100 Subhakrit 5124
Mithuna Rasi: 14.14	Tithi 28 – 29	<b>Gulika</b> 12:25PM – 2:13PM	<b>Ardra</b> <b>Until 5:30PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:10AM	
		Yama 8:47AM – 10:36AM	Harshana <b>Until 6:37AM Wed</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 14 - 12
		431755472 <b>Rahu</b> 4:02PM – 5:50PM	Visti <b>Until 9:34PM</b>	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> <b>Until 8:20AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 5:30PM				Ashada*Adi		<b>Devaloka Time: 9:AM to12:PM</b>
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Wednesday, July 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Pittsburgh, PA Sun 13 Sutra 101 Subhakrit 5124
Mithuna Rasi: 26.05	Tithi 29 – 30	<b>Gulika</b> 10:36AM – 12:25PM	<b>Punarvasu</b> <b>Until 8:35PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM	
		Yama 7:00AM – 8:48AM	Harshana <b>Until 6:37AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:38PM	Moon 7 - Phase 14 - 13
		441755472 <b>Rahu</b> 12:25PM – 2:13PM	Catuspada <b>Until 11:52PM</b>	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 10:44AM</b>	Moon – Blue		<b>Bhuloka Day</b>
				Ashada*Adi		<b>Devaloka Time: 9:AM to12:PM</b>

<b>Retreat Star</b>		<b>Thursday, July 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pittsburgh, PA Sun 14 Sutra 102 Subhakrit 5124
Kataka Rasi: 8.01	Tithi 30 – 1	<b>Gulika</b> 8:48AM – 10:36AM	<b>Pushya</b> <b>Until 11:16PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:12AM	
		Yama 5:12AM – 7:00AM	Vajra* <b>Until 7:26AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 14 - 14
		441755472 <b>Rahu</b> 2:13PM – 4:01PM	Kintughna <b>Until 1:57AM Fri</b>	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Amavasya*</b> <b>Until 12:55PM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 11:16PM				Sravana*Adi		<b>Devaloka Time: 9:AM to12:PM</b>
Then Creative Work - Siddha Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Friday, July 29, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pittsburgh, PA Sun 15 Sutra 103 Subhakarit 5124
Kataka Rasi: 20.02	Tithi 1 – 2	<b>Gulika</b> 7:01AM – 8:49AM	<b>Ashlesha* Until 1:31AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:13AM	
		Yama 4:00PM – 5:48PM	Siddhi Until 8:04AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 15 - 15
		441755472 <b>Rahu</b> 10:37AM – 12:25PM	Balava Until 3:44AM Sat	<b>Nataraja:</b> White		3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 2:51PM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 1:31AM Sat				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Saturday, July 30, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pittsburgh, PA Sun 16 Sutra 104 Subhakarit 5124
Simha Rasi: 2.11	Tithi 2 – 3	<b>Gulika</b> 5:14AM – 7:02AM	<b>Magha* Until 3:48AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:14AM	
		Yama 2:12PM – 4:00PM	Vyatipata* Until 8:30AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 15 - 16
		451755472 <b>Rahu</b> 8:49AM – 10:37AM	Taitila Until 5:12AM Sun	<b>Nataraja:</b> White		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 4:29PM</b>	Moon – Red		<b>Bhuloka Day</b>
Until 3:48AM Sun				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Sunday, July 31, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Pittsburgh, PA Sun 17 Sutra 105 Subhakarit 5124
Simha Rasi: 14.27	Tithi 3 – 4	<b>Gulika</b> 3:59PM – 5:47PM	<b>Purvaphalguni Until 5:35AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:15AM	
		Yama 12:24PM – 2:12PM	Variyan Until 8:39AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 15 - 17
		451755472 <b>Rahu</b> 5:47PM – 7:34PM	Vanija Until 6:19AM Mon	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 5:47PM</b>	Moon – Red		<b>Bhuloka Day</b>
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

<b>4</b>		<b>Monday, August 1, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau		Pittsburgh, PA Sun 18 Sutra 106 Subhakarit 5124
Simha Rasi: 26.52	Tithi 4	<b>Gulika</b> 2:12PM – 3:59PM	<b>Uttaraphalguni Until 6:48AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM	
<b>Family Home Evening</b>		Yama 10:37AM – 12:24PM	Parigha* Until 8:32AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15 - 18
		451755472 <b>Rahu</b> 7:03AM – 8:50AM	Vanija Until 6:19AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 6:43PM</b>	Moon – Red		<b>Bhuloka Day</b>
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

<b>5</b>		<b>Tuesday, August 2, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau		Pittsburgh, PA Sun 19 Sutra 107 Subhakarit 5124
Kanya Rasi: 9.29	Tithi 5	<b>Gulika</b> 12:24PM – 2:11PM	<b>Uttaraphalguni Until 6:48AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:17AM	
		Yama 8:51AM – 10:37AM	Shiva Until 8:06AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15 - 19
		451755472 <b>Rahu</b> 3:58PM – 5:45PM	Bava Until 7:02AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 7:12PM</b>	Moon – Red		<b>Bhuloka Day</b>
Until 6:48AM		<b>Nag Panchami</b>		Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Wednesday, August 3, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Pittsburgh, PA Sun 20 Sutra 108 Subhakarit 5124
Kanya Rasi: 22.18	Tithi 6	<b>Gulika</b> 10:38AM – 12:24PM	<b>Hasta Until 7:53AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:18AM	
		Yama 7:04AM – 8:51AM	Siddha Until 7:17AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15 - 20
		461755472 <b>Rahu</b> 12:24PM – 2:11PM	Kaulava Until 7:17AM	<b>Nataraja:</b> White		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 7:11PM</b>	Moon – Green		<b>Devaloka Day</b>
Until 7:53AM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, August 4, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau		Pittsburgh, PA Sun 21 Sutra 109 Subhakarit 5124
Tula Rasi: 5.23	Tithi 7	<b>Gulika</b> 8:51AM – 10:38AM	<b>Chitra Until 8:17AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:19AM	
		Yama 5:19AM – 7:05AM	Sadhya Until 6:03AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 15 - 21
		461765472 <b>Rahu</b> 2:11PM – 3:57PM	Gara Until 7:00AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:37PM</b>	Moon – Green		<b>Devaloka Day</b>
Until 8:17AM				Sravana*Adi		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Friday, August 5, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau		Pittsburgh, PA Sun 22 Sutra 110 Subhakarit 5124
Tula Rasi: 18.47	Tithi 8 – 9	<b>Gulika</b> 7:06AM – 8:52AM	<b>Svati Until 7:58AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:20AM	
		Yama 3:56PM – 5:42PM	Sukla Until 2:09AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 15 - 22
		461765472 <b>Rahu</b> 10:38AM – 12:24PM	Visti Until 6:07AM	<b>Nataraja:</b> White		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:26PM</b>	Moon – Green		<b>Devaloka Day</b>
		<b>Varalakshmi Vratam</b>		Sravana*Adi		

<b>Retreat Star</b>		<b>Saturday, August 6, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pittsburgh, PA Sun 23 Sutra 111 Subhakarit 5124
Vrischika Rasi: 2.34	Tithi 9 – 10	<b>Gulika</b> 5:21AM – 7:06AM	<b>Vishakha Until 7:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:21AM	
		Yama 2:10PM – 3:56PM	Brahma Until 11:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 15 - 23
		472765472 <b>Rahu</b> 8:52AM – 10:38AM	Taitila Until 2:32AM Sun	<b>Nataraja:</b> White		Navami
Creative Work	Siddha Yoga		<b>Navami* Until 3:38PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				Sravana*Adi		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Pittsburgh, PA on 4/26/2

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<b>1 Sunday, August 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Pittsburgh, PA Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 16.42	Tithi 10 - 11	<b>Gulika</b> 3:55PM - 5:41PM	<b>Jyeshtha* Until 3:53AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	
		Yama 12:24PM - 2:09PM	Indra Until 8:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 16 - 24
		472865472 <b>Rahu</b> 5:41PM - 7:26PM	Vanija Until 11:55PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 1:16PM</b>	Moon - Orange		<b>Bhuloka Day</b>
Until 3:53AM Mon				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	<b>Gulika</b> 2:09PM - 3:54PM	<b>Mula* Until 1:41AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:22AM	
		Yama 10:38AM - 12:24PM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 16 - 25
<b>Family Home Evening</b>		482865472 <b>Rahu</b> 7:08AM - 8:53AM	Bava Until 8:51PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:25AM</b>	Moon - Light Blue		<b>Devaloka Day</b>
				<b>Sravana*Adi</b>		

<b>3 Tuesday, August 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	<b>Gulika</b> 12:24PM - 2:09PM	<b>Purvashadha* Until 11:04PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:23AM	
		Yama 8:53AM - 10:39AM	Vishkambha* Until 12:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16 - 26
		482865472 <b>Rahu</b> 3:54PM - 5:39PM	Taitila Until 3:41AM Wed	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 7:10AM</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 11:04PM				<b>Sravana*Adi</b>		
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

<b>4 Wednesday, August 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Pittsburgh, PA Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	<b>Gulika</b> 10:39AM - 12:23PM	<b>Uttarashadha Until 8:11PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:24AM	
		Yama 7:09AM - 8:54AM	Priti Until 9:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 - 27
		482865472 <b>Rahu</b> 12:23PM - 2:08PM	Gara Until 1:55PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 12:06AM Thu</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 8:11PM				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, August 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Pittsburgh, PA Sutra 116 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:54AM - 10:39AM	<b>Shravana Until 5:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:25AM	
Makara Rasi: 16.04	Tithi 15	Yama 5:25AM - 7:10AM	Saubhagya Until 1:02AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 16 -
		492865472 <b>Rahu</b> 2:08PM - 3:52PM	Visti Until 10:20AM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 8:35PM</b>	Moon - Purple		<b>Bhuloka Day</b>
		<b>Raksha Bandhan</b>		<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM

<b>Friday, August 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sutra 117 Subhakrit 5124
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:11AM - 8:55AM	<b>Dhanishtha Until 3:06PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	
Kumbha Rasi: 1.02	Tithi 16 - 17	Yama 3:51PM - 5:36PM	Sobhana Until 9:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 16 -
		492865472 <b>Rahu</b> 10:39AM - 12:23PM	Balava Until 6:55AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:18PM</b>	Moon - Purple		<b>Bhuloka Day</b>
				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Kumbha Rasi: 15.46 Tithi 17 - 18

492865472

Creative Work Amrita Yoga  
Until 12:51PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Athiganda\*/Sukarna Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

**Gulika** 5:27AM - 7:11AM  
**Yama** 2:07PM - 3:51PM  
**Rahu** 8:55AM - 10:39AM

**Shatabhishak** Until 12:51PM  
**Athiganda\*** Until 5:59PM  
**Vanija** Until 1:13AM Sun  
**Dvitiya** Until 2:26PM

**Ganesha:** Clear *Sunrise: 5:27AM*  
**Muruqa:** White *Sunset: 7:19PM*  
**Nataraja:** White  
Moon - Purple  
**Sravana\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Pittsburgh, PA  
Sun 1 Sutra 118  
Subhakrit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

**1**

**Sunday, August 14, 2022**

Meena Rasi: 0.07 Tithi 18 - 19

412865472

Creative Work Siddha Yoga  
Until 11:27AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Sukarna/Dhriti Yoga Visti\*/Bava Karana Trilya/Chaturthyam Titau

**Gulika** 3:50PM - 5:34PM  
**Yama** 12:23PM - 2:06PM  
**Rahu** 5:34PM - 7:17PM

**Purvaprosarthapada\*** Until 11:27AM  
**Sukarna** Until 3:08PM  
**Bava** Until 11:16PM  
**Tritiya** Until 12:08PM

**Ganesha:** Yellow *Sunrise: 5:28AM*  
**Muruqa:** White *Sunset: 7:17PM*  
**Nataraja:** White  
Moon - Clear  
**Sravana\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Pittsburgh, PA  
Sun 2 Sutra 119  
Subhakrit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

**2**

**Monday, August 15, 2022**

Meena Rasi: 14.02 Tithi 19 - 20

412865472

**Family Home Evening**  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 2:06PM - 3:49PM  
**Yama** 10:39AM - 12:23PM  
**Rahu** 7:13AM - 8:56AM

**Uttaraprosarthapada** Until 10:37AM  
**Dhriti** Until 12:53PM  
**Kaulava** Until 10:05PM  
**Chaturthi\*** Until 10:33AM

**Ganesha:** Yellow *Sunrise: 5:29AM*  
**Muruqa:** White *Sunset: 7:16PM*  
**Nataraja:** White  
Moon - Clear  
**Sravana\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Pittsburgh, PA  
Sun 3 Sutra 120  
Subhakrit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

**3**

**Tuesday, August 16, 2022**

Meena Rasi: 27.28 Tithi 20 - 21

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 12:22PM - 2:05PM  
**Yama** 8:56AM - 10:39AM  
**Rahu** 3:48PM - 5:31PM

**Revati** Until 10:27AM  
**Shula\*** Until 11:18AM  
**Gara** Until 9:46PM  
**Panchami** Until 9:48AM

**Ganesha:** Yellow *Sunrise: 5:30AM*  
**Muruqa:** White *Sunset: 7:14PM*  
**Nataraja:** White  
Moon - Clear  
**Sravana\*Avani**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Pittsburgh, PA  
Sun 4 Sutra 121  
Subhakrit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

**4**

**Wednesday, August 17, 2022**

Mesha Rasi: 10.26 Tithi 21 - 22

522865472

Routine Work Marana Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 10:39AM - 12:22PM  
**Yama** 7:14AM - 8:57AM  
**Rahu** 12:22PM - 2:05PM

**Ashvini** Until 11:27AM  
**Ganda\*** Until 10:25AM  
**Visti** Until 10:19PM  
**Shashthi\*** Until 9:55AM

**Ganesha:** Yellow *Sunrise: 5:31AM*  
**Muruqa:** White *Sunset: 7:13PM*  
**Nataraja:** White  
Moon - White  
**Sravana\*Avani**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Pittsburgh, PA  
Sun 5 Sutra 122  
Subhakrit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

**5**

**Thursday, August 18, 2022**

**Retreat Star**

Mesha Rasi: 23 Tithi 22 - 23

522865472

Creative Work Siddha Yoga  
Until 1:06PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:57AM - 10:39AM  
**Yama** 5:32AM - 7:15AM  
**Rahu** 2:04PM - 3:47PM

**Krishna Janmashtami**

**Bharani** Until 1:06PM  
**Vridhhi** Until 10:12AM  
**Balava** Until 11:40PM  
**Saptami** Until 10:53AM

**Ganesha:** Yellow *Sunrise: 5:32AM*  
**Muruqa:** White *Sunset: 7:12PM*  
**Nataraja:** White  
Moon - White  
**Sravana\*Avani**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Pittsburgh, PA  
Sun 6 Sutra 123  
Subhakrit 5124  
Moon 8 - Phase 17 - 6  
Ashtami

**Friday, August 19, 2022**

**Retreat Star**

Vrishabha Rasi: 5.15 Tithi 23 - 24

523865472

Creative Work Siddha Yoga  
Until 3:16PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

**Gulika** 7:15AM - 8:57AM  
**Yama** 3:46PM - 5:28PM  
**Rahu** 10:40AM - 12:22PM

**Krittika** Until 3:16PM  
**Dhruva** Until 10:30AM  
**Taila** Until 1:37AM Sat  
**Ashtami\*** Until 12:33PM

**Ganesha:** White *Sunrise: 5:33AM*  
**Muruqa:** White *Sunset: 7:10PM*  
**Nataraja:** White  
Moon - White  
**Sravana\*Avani**

**Bhuloka Day**

Pittsburgh, PA  
Sun 7 Sutra 124  
Subhakrit 5124  
Moon 8 - Phase 17 - 7  
Navami

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>		<b>Saturday, August 20, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashyam Titau		Pittsburgh, PA Sun 8 Sutra 125 Subhakit 5124	
Wishabha Rasi: 17.16	Tithi 24 – 25	<b>Gulika</b> 5:34AM – 7:16AM	<b>Rohini</b> Until 6:13PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:34AM		
		Yama 2:03PM – 3:45PM	Vyaghata* Until 11:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 8 - Phase 18 - 8	
	533865472	<b>Rahu</b> 8:58AM – 10:40AM	Vanija Until 3:57AM Sun	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Navami*</b> Until 2:44PM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 6:13PM				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, August 21, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Pittsburgh, PA Sun 9 Sutra 126 Subhakit 5124	
Wishabha Rasi: 29.09	Tithi 25 – 26	<b>Gulika</b> 3:44PM – 5:26PM	<b>Mrigashira</b> Until 9:14PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:35AM		
		Yama 12:21PM – 2:03PM	Harshana Until 12:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 18 - 9	
	533865472	<b>Rahu</b> 5:26PM – 7:07PM	Bava Until 6:27AM Mon	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:10PM	Moon – Yellow		<b>Bhuloka Day</b>	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Monday, August 22, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Pittsburgh, PA Sun 10 Sutra 127 Subhakit 5124	
Mithuna Rasi: 10.59	Tithi 26	<b>Gulika</b> 2:02PM – 3:43PM	<b>Ardra</b> Until 12:05AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:36AM		
<b>Family Home Evening</b>		Yama 10:40AM – 12:21PM	Vajra* Until 1:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:06PM	Moon 8 - Phase 18 - 10	
	533865472	<b>Rahu</b> 7:17AM – 8:58AM	Bava Until 6:27AM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:40PM	Moon – Yellow		<b>Bhuloka Day</b>	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

<b>4</b>		<b>Tuesday, August 23, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Pittsburgh, PA Sun 11 Sutra 128 Subhakit 5124	
Mithuna Rasi: 22.5	Tithi 27	<b>Gulika</b> 12:21PM – 2:02PM	<b>Punarvasu</b> Until 3:08AM Wed	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:37AM		
		Yama 8:59AM – 10:40AM	Siddhi Until 2:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 18 - 11	
	543865472	<b>Rahu</b> 3:43PM – 5:23PM	Kaulava Until 8:54AM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 10:02PM	Moon – Blue		<b>Bhuloka Day</b>	
				Sravana-Avani			

<b>5</b>		<b>Wednesday, August 24, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Pittsburgh, PA Sun 12 Sutra 129 Subhakit 5124	
Kataka Rasi: 4.45	Tithi 28	<b>Gulika</b> 10:40AM – 12:20PM	<b>Pushya</b> Until 5:45AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:38AM		
		Yama 7:19AM – 8:59AM	Vyatipata* Until 2:54PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 8 - Phase 18 - 12	
	543865472	<b>Rahu</b> 12:20PM – 2:01PM	Gara Until 11:08AM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 12:08AM Thu	Moon – Blue		<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani			

<b>6</b>		<b>Thursday, August 25, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Pittsburgh, PA Sun 13 Sutra 130 Subhakit 5124	
Kataka Rasi: 16.47	Tithi 29	<b>Gulika</b> 8:59AM – 10:40AM	<b>Ashlesha*</b> Until 7:51AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:39AM		
		Yama 5:39AM – 7:19AM	Variyan Until 3:24PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 18 - 13	
	543865472	<b>Rahu</b> 2:00PM – 3:41PM	Visti Until 1:04PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:53AM Fri	Moon – Blue		<b>Bhuloka Day</b>	
Until 7:51AM Fri				Sravana-Avani			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Friday, August 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Pittsburgh, PA Sun 14 Sutra 131 Subhakit 5124	
Kataka Rasi: 28.58	Tithi 30	<b>Gulika</b> 7:20AM – 9:00AM	<b>Ashlesha*</b> Until 7:51AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:40AM		
		Yama 3:40PM – 5:20PM	Parigha* Until 3:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 8 - Phase 18 - 14	
	543865472	<b>Rahu</b> 10:40AM – 12:20PM	Catuspada Until 2:38PM	<b>Nataraja:</b> White		Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 3:15AM Sat	Moon – Blue		<b>Bhuloka Day</b>	
				Sravana-Avani			

<b>Retreat Star</b>		<b>Saturday, August 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Pittsburgh, PA Sun 15 Sutra 132 Subhakit 5124	
Simha Rasi: 11.18	Tithi 1	<b>Gulika</b> 5:41AM – 7:20AM	<b>Magha*</b> Until 9:54AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:41AM		
		Yama 1:59PM – 3:39PM	Shiva Until 3:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 8 - Phase 18 - 15	
	553865473	<b>Rahu</b> 9:00AM – 10:40AM	Kintughna Until 3:49PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 4:14AM Sun	Moon – Red		<b>Bhuloka Day</b>	
Until 9:54AM				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

11 times are standard time. Calculated for Pittsburgh, PA on 4/26/2

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<b>1</b>		<b>Sunday, August 28, 2022</b>				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Pittsburgh, PA Sun 16 Sutra 133 Subhakra 5124
Simha Rasi: 23.49	Tithi 2	<b>Gulika</b> 3:38PM – 5:17PM	<b>Purvaphalguni</b> Until 11:24AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:42AM			
		Yama 12:19PM – 1:59PM	Siddha Until 3:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:57PM		Moon 8 - Phase 19 - 16	
		553865473 <b>Rahu</b> 5:17PM – 6:57PM	Balava Until 4:36PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 4:49AM Mon	Moon – Red		<b>Bhuloka Day</b>		
Until 11:24AM				<b>Bhadrapada</b> •Avani		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Monday, August 29, 2022</b>				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trityayam Titau		Pittsburgh, PA Sun 17 Sutra 134 Subhakra 5124
Kanya Rasi: 6.3	Tithi 3	<b>Gulika</b> 1:58PM – 3:37PM	<b>Uttaraphalguni</b> Until 12:22PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:43AM			
Family Home Evening		Yama 10:40AM – 12:19PM	Sadhya Until 2:30PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:55PM		Moon 8 - Phase 19 - 17	
		553865473 <b>Rahu</b> 7:22AM – 9:01AM	Tailila Until 4:59PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 5:01AM Tue	Moon – Red		<b>Bhuloka Day</b>		
				<b>Bhadrapada</b> •Avani		Devaloka Time: 6:PM to 9:PM		

<b>3</b>		<b>Tuesday, August 30, 2022</b>				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau		Pittsburgh, PA Sun 18 Sutra 135 Subhakra 5124
Kanya Rasi: 19.23	Tithi 4	<b>Gulika</b> 12:19PM – 1:57PM	<b>Hasta</b> Until 1:17PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:44AM			
		Yama 9:01AM – 10:40AM	Subha Until 1:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:54PM		Moon 8 - Phase 19 - 18	
		563865473 <b>Rahu</b> 3:36PM – 5:15PM	Vanija Until 5:00PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 4:51AM Wed	Moon – Green		<b>Bhuloka Day</b>		
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada</b> •Avani		Devaloka Time: 6:PM to 9:PM		

<b>4</b>		<b>Wednesday, August 31, 2022</b>				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau		Pittsburgh, PA Sun 19 Sutra 136 Subhakra 5124
Tula Rasi: 2.26	Tithi 5	<b>Gulika</b> 10:40AM – 12:18PM	<b>Chitra</b> Until 1:39PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM			
		Yama 7:23AM – 9:01AM	Sukla Until 12:14PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:52PM		Moon 8 - Phase 19 - 19	
		563965473 <b>Rahu</b> 12:18PM – 1:57PM	Bava Until 4:38PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 4:17AM Thu	Moon – Green		<b>Devaloka Day</b>		
				<b>Bhadrapada</b> •Avani				

<b>5</b>		<b>Thursday, September 1, 2022</b>				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau		Pittsburgh, PA Sun 20 Sutra 137 Subhakra 5124
Tula Rasi: 15.43	Tithi 6	<b>Gulika</b> 9:02AM – 10:40AM	<b>Svati</b> Until 1:30PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:46AM			
		Yama 5:46AM – 7:24AM	Brahma Until 10:38AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:51PM		Moon 8 - Phase 19 - 20	
		563965473 <b>Rahu</b> 1:56PM – 3:34PM	Kaulava Until 3:52PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 3:18AM Fri	Moon – Green		<b>Devaloka Day</b>		
Until 1:30PM				<b>Bhadrapada</b> •Avani				
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Friday, September 2, 2022</b>				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau		Pittsburgh, PA Sun 21 Sutra 138 Subhakra 5124
Tula Rasi: 29.13	Tithi 7	<b>Gulika</b> 7:24AM – 9:02AM	<b>Vishakha</b> Until 1:14PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM			
		Yama 3:33PM – 5:11PM	Indra Until 8:43AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:49PM		Moon 8 - Phase 19 - 21	
		574965473 <b>Rahu</b> 10:40AM – 12:18PM	Gara Until 2:41PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 1:55AM Sat	Moon – Orange		<b>Devaloka Day</b>		
				<b>Bhadrapada</b> •Avani				

<b>Retreat Star</b>		<b>Saturday, September 3, 2022</b>				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakha* Yoga Visti*/Bava Karana Ashtamyam Titau		Pittsburgh, PA Sun 22 Sutra 139 Subhakra 5124
Vrischika Rasi: 12.57	Tithi 8	<b>Gulika</b> 5:47AM – 7:25AM	<b>Anuradha</b> Until 12:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM			
		Yama 1:55PM – 3:32PM	Vaidhriti* Until 6:26AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:47PM		Moon 8 - Phase 19 - 22	
		574965473 <b>Rahu</b> 9:02AM – 10:40AM	Visti Until 1:05PM	<b>Nataraja:</b> Clear			Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 12:07AM Sun	Moon – Orange		<b>Devaloka Day</b>		
				<b>Bhadrapada</b> •Avani				

<b>Retreat Star</b>		<b>Sunday, September 4, 2022</b>				Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau		Pittsburgh, PA Sun 23 Sutra 140 Subhakra 5124
Vrischika Rasi: 26.57	Tithi 9	<b>Gulika</b> 3:31PM – 5:09PM	<b>Jyeshtha*</b> Until 11:01AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:48AM			
		Yama 12:17PM – 1:54PM	Priti Until 12:55AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 6:46PM		Moon 8 - Phase 19 - 23	
		574965473 <b>Rahu</b> 5:09PM – 6:46PM	Balava Until 11:05AM	<b>Nataraja:</b> Clear			Navami	
Routine Work	Marana Yoga		<b>Navami*</b> Until 9:55PM	Moon – Orange		<b>Devaloka Day</b>		
Until 11:01AM				<b>Bhadrapada</b> •Avani				
Then Creative Work - Amrita Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda


<b>1</b>		<b>Monday, September 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Pittsburgh, PA
Dhanus Rasi: 11.12	Tithi 10	<b>Gulika</b>	1:54PM – 3:30PM	<b>Mula* Until 9:32AM</b>	<b>Ganesha:</b> White	Sunrise: 5:49AM
<b>Family Home Evening</b>	584965473	<b>Yama</b>	10:40AM – 12:17PM	<b>Ayushman Until 9:42PM</b>	<b>Muruqa:</b> White	Sunset: 6:44PM
Creative Work	Siddha Yoga	<b>Rahu</b>	7:26AM – 9:03AM	<b>Taitila Until 8:42AM</b>	<b>Nataraja:</b> Clear	Moon 8 - Phase 20 - 24
Until 9:32AM				<b>Dashami Until 7:22PM</b>	Moon – Light Blue	4th Phase
Then Routine Work - Marana Yoga					<b>Bhadrapada*Avani</b>	<b>Bhuloka Day</b>
						Devaloka Time: 6:PM to 9:PM

<b>2</b>		<b>Tuesday, September 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Pittsburgh, PA
Dhanus Rasi: 25.41	Tithi 11 – 12	<b>Gulika</b>	12:16PM – 1:53PM	<b>Purvashadha* Until 7:36AM</b>	<b>Ganesha:</b> White	Sunrise: 5:50AM
	584965473	<b>Yama</b>	9:03AM – 10:40AM	<b>Saubhagya Until 6:16PM</b>	<b>Muruqa:</b> White	Sunset: 6:42PM
Creative Work	Siddha Yoga	<b>Rahu</b>	3:29PM – 5:06PM	<b>Vanija Until 6:00AM</b>	<b>Nataraja:</b> Clear	Moon 8 - Phase 20 - 25
Until 7:36AM				<b>Ekadashi Until 4:33PM</b>	Moon – Light Blue	4th Phase
Then Routine Work - Prabarashita Yoga					<b>Bhadrapada*Avani</b>	<b>Bhuloka Day</b>
						Devaloka Time: 6:PM to 9:PM

<b>3</b>		<b>Wednesday, September 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Pittsburgh, PA
Makara Rasi: 10.19	Tithi 12 – 13	<b>Gulika</b>	10:40AM – 12:16PM	<b>Shravana Until 3:15AM Thu</b>	<b>Ganesha:</b> Clear	Sunrise: 5:51AM
	594965473	<b>Yama</b>	7:27AM – 9:04AM	<b>Sobhana Until 2:44PM</b>	<b>Muruqa:</b> White	Sunset: 6:41PM
Creative Work	Siddha Yoga	<b>Rahu</b>	12:16PM – 1:52PM	<b>Kaulava Until 12:04AM Thu</b>	<b>Nataraja:</b> Clear	Moon 8 - Phase 20 - 26
				<b>Dvadashi Until 1:34PM</b>	Moon – Purple	4th Phase
					<b>Bhadrapada*Avani</b>	<b>Devaloka Day</b>

*Pradosha Vrata*

<b>4</b>		<b>Thursday, September 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Pittsburgh, PA
Makara Rasi: 25.01	Tithi 13 – 14	<b>Gulika</b>	9:04AM – 10:40AM	<b>Dhanishtha Until 1:04AM Fri</b>	<b>Ganesha:</b> Clear	Sunrise: 5:52AM
	594965473	<b>Yama</b>	5:52AM – 7:28AM	<b>Athiganda* Until 11:09AM</b>	<b>Muruqa:</b> White	Sunset: 6:39PM
Creative Work	Siddha Yoga	<b>Rahu</b>	1:52PM – 3:27PM	<b>Gara Until 9:05PM</b>	<b>Nataraja:</b> Clear	Moon 8 - Phase 20 - 27
				<b>Trayodashi Until 10:33AM</b>	Moon – Purple	4th Phase
		<b>Chidambaram Abhishekam</b>			<b>Bhadrapada*Avani</b>	<b>Devaloka Day</b>

		<b>Friday, September 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pittsburgh, PA
<b>Copper Retreat Star</b>		<b>Gulika</b>	7:29AM – 9:04AM	<b>Shatabhishak Until 10:58PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:53AM
Kumbha Rasi: 9.39	Tithi 14 – 15	<b>Yama</b>	3:26PM – 5:02PM	<b>Sukarma Until 7:40AM</b>	<b>Muruqa:</b> White	Sunset: 6:38PM
	594965473	<b>Rahu</b>	10:40AM – 12:15PM	<b>Visti Until 6:17PM</b>	<b>Nataraja:</b> Clear	Moon 8 - Phase 20 - Purnima
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 7:38AM</b>	Moon – Purple	
					<b>Bhadrapada*Avani</b>	<b>Devaloka Day</b>

<b>Saturday, September 10, 2022</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Pittsburgh, PA
Kumbha Rasi: 24.07	Tithi 16	<b>Gulika</b>	5:54AM – 7:29AM	<b>Purvaproshtpada* Until 9:31PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:54AM
	514965473	<b>Yama</b>	1:50PM – 3:25PM	<b>Shula* Until 1:28AM Sun</b>	<b>Muruqa:</b> White	Sunset: 6:36PM
Routine Work	Marana Yoga	<b>Rahu</b>	9:05AM – 10:40AM	<b>Balava Until 3:49PM</b>	<b>Nataraja:</b> Clear	Moon 8 - Phase 20 - Prathama
Until 9:31PM				<b>Prathama* Until 2:45AM Sun</b>	Moon – Clear	
Then Creative Work - Siddha Yoga					<b>Bhadrapada*Avani</b>	<b>Devaloka Day</b>

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

Il times are standard time. Calculated for Pittsburgh, PA on 4/26/2

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**Sunday, September 11, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Taitila/Gara Karana Dviliyayam Titau

Pittsburgh, PA  
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

**Gulika** 3:24PM – 4:59PM  
Yama 12:15PM – 1:50PM  
**Rahu** 4:59PM – 6:34PM

**Uttaraproshtapada** Until 8:27PM  
Ganda\* Until 10:59PM  
Taitila Until 1:51PM

**Ganesha:** Clear *Sunrise:* 5:55AM  
**Muruqa:** White *Sunset:* 6:34PM

Moon 9 - Phase 21 -  
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

**Dvitiya** Until 1:05AM Mon

Bhadrapada-Avani

**Devaloka Day**

**1**

**Monday, September 12, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Triliyayam Titau

Pittsburgh, PA  
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

**Gulika** 1:49PM – 3:23PM  
Yama 10:40AM – 12:14PM  
**Rahu** 7:31AM – 9:05AM

**Revati** Until 7:55PM  
Vriddhi Until 9:04PM  
Vanija Until 12:31PM  
**Tritiya** Until 12:06AM Tue

**Ganesha:** Clear *Sunrise:* 5:56AM  
**Muruqa:** White *Sunset:* 6:33PM

Moon 9 - Phase 21 - 1  
1st Phase

**Family Home Evening**  
Creative Work Siddha Yoga

**Devaloka Day**

Bhadrapada-Avani

**2**

**Tuesday, September 13, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Pittsburgh, PA  
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

**Gulika** 12:14PM – 1:48PM  
Yama 9:05AM – 10:40AM  
**Rahu** 3:22PM – 4:57PM

**Ashvini** Until 8:25PM  
Dhruva Until 7:44PM  
Balava Until 11:56AM  
**Chaturthi\*** Until 11:55PM

**Ganesha:** White *Sunrise:* 5:57AM  
**Muruqa:** White *Sunset:* 6:31PM

Moon 9 - Phase 21 - 2  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

**3**

**Wednesday, September 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Pittsburgh, PA  
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

**Gulika** 10:40AM – 12:14PM  
Yama 7:32AM – 9:06AM  
**Rahu** 12:14PM – 1:48PM

**Bharani** Until 9:34PM  
Vyaghata\* Until 7:03PM  
Kaulava Until 12:09PM  
**Panchami** Until 12:32AM Thu

**Ganesha:** White *Sunrise:* 5:58AM  
**Muruqa:** White *Sunset:* 6:29PM

Moon 9 - Phase 21 - 3  
1st Phase

Creative Work Siddha Yoga  
Until 9:34PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

**4**

**Thursday, September 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Pittsburgh, PA  
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

**Gulika** 9:06AM – 10:40AM  
Yama 5:59AM – 7:32AM  
**Rahu** 1:47PM – 3:20PM

**Krittika** Until 11:17PM  
Harshana Until 6:59PM  
Gara Until 1:08PM  
**Shashthi\*** Until 1:53AM Fri

**Ganesha:** Clear *Sunrise:* 5:59AM  
**Muruqa:** White *Sunset:* 6:28PM

Moon 9 - Phase 21 - 4  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

Bhadrapada-Avani

**5**

**Friday, September 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Pittsburgh, PA  
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

**Gulika** 7:33AM – 9:06AM  
Yama 3:19PM – 4:53PM  
**Rahu** 10:40AM – 12:13PM

**Rohini** Until 1:55AM Sat  
Vajra\* Until 7:22PM  
Visti Until 2:49PM  
**Saptami** Until 3:50AM Sat

**Ganesha:** White *Sunrise:* 6:00AM  
**Muruqa:** White *Sunset:* 6:26PM

Moon 9 - Phase 21 - 5  
1st Phase

Routine Work Marana Yoga  
Until 1:55AM Sat  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

Bhadrapada-Puratasi

**D**

**Saturday, September 17, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA  
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

**Gulika** 6:01AM – 7:34AM  
Yama 1:45PM – 3:18PM  
**Rahu** 9:07AM – 10:40AM

**Mrigashira** Until 4:44AM Sun  
Siddhi Until 8:06PM  
Balava Until 4:58PM  
**Ashtami\*** Until 6:09AM Sun

**Ganesha:** White *Sunrise:* 6:01AM  
**Muruqa:** White *Sunset:* 6:24PM

Moon 9 - Phase 21 - 6  
Ashtami

Creative Work Siddha Yoga

**Sivaloka Day**

Bhadrapada-Puratasi

**Sunday, September 18, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pittsburgh, PA  
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

**Gulika** 3:17PM – 4:50PM  
Yama 12:12PM – 1:45PM  
**Rahu** 4:50PM – 6:23PM

**Ardra** Until 7:33AM Mon  
Vyatipata\* Until 9:01PM  
Taitila Until 7:23PM  
**Ashtami\*** Until 6:09AM

**Ganesha:** White *Sunrise:* 6:02AM  
**Muruqa:** White *Sunset:* 6:23PM

Moon 9 - Phase 21 - 7  
Navami

Creative Work Siddha Yoga  
Until 7:33AM Mon  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

Tit times are standard time. Calculated for Pittsburgh, PA on 4/26/2

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<b>1</b>	<b>Monday, September 19, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 8
	Mithuna Rasi: 19.08	Tithi 24 – 25	<b>Gulika</b> 1:44PM – 3:16PM	<b>Ardra Until 7:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	Subhakarit 5124
<b>Family Home Evening</b>	535965473	<b>Rahu</b> 7:35AM – 9:07AM	Variyan Until 9:54PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Moon 9 - Phase 22 - 8	
Creative Work Siddha Yoga			Vanjia Until 9:49PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 7:33AM			<b>Navami* Until 8:36AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Bhadrapada-Puratasi</b>			


<b>2</b>	<b>Tuesday, September 20, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 9
	Kataka Rasi: 1.02	Tithi 25 – 26	<b>Gulika</b> 12:11PM – 1:43PM	<b>Punarvasu Until 10:36AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:04AM	Subhakarit 5124
	545965473	<b>Rahu</b> 3:15PM – 4:47PM	Parigha* Until 10:40PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 22 - 9	
Creative Work Siddha Yoga			Bava Until 12:05AM Wed	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dashami Until 10:58AM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Bhadrapada-Puratasi</b>			

<b>3</b>	<b>Wednesday, September 21, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 10
	Kataka Rasi: 13.01	Tithi 26 – 27	<b>Gulika</b> 10:40AM – 12:11PM	<b>Pushya Until 1:15PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:05AM	Subhakarit 5124
	545965473	<b>Rahu</b> 12:11PM – 1:43PM	Shiva Until 11:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 22 - 10	
Creative Work Siddha Yoga			Kaulava Until 1:59AM Thu	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Ekadashi* Until 1:04PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Bhadrapada-Puratasi</b>			

<b>4</b>	<b>Thursday, September 22, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 11
	Kataka Rasi: 25.08	Tithi 27 – 28	<b>Gulika</b> 9:08AM – 10:39AM	<b>Ashlesha* Until 3:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:06AM	Subhakarit 5124
	545965473	<b>Rahu</b> 1:42PM – 3:13PM	Siddha Until 11:21PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:16PM	Moon 9 - Phase 22 - 11	
Creative Work Siddha Yoga			Gara Until 3:27AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Until 3:20PM			<b>Dvadashi* Until 2:46PM</b>	Moon – Blue		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Bhadrapada-Puratasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Friday, September 23, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanjia/Visti* Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 12
	Simha Rasi: 7.27	Tithi 28 – 29	<b>Gulika</b> 7:38AM – 9:09AM	<b>Magha* Until 5:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:07AM	Subhakarit 5124
	555965473	<b>Rahu</b> 10:39AM – 12:10PM	Sadhya Until 11:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:14PM	Moon 9 - Phase 22 - 12	
Routine Work Marana Yoga			Visti Until 4:26AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Until 5:18PM			<b>Trayodashi* Until 3:59PM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Puratasi</b>			

<b>6</b>	<b>Saturday, September 24, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pittsburgh, PA Sun 13
	Simha Rasi: 19.59	Tithi 29 – 30	<b>Gulika</b> 6:08AM – 7:38AM	<b>Purvaphalguni Until 6:36PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:08AM	Subhakarit 5124
	556965473	<b>Rahu</b> 9:09AM – 10:39AM	Subha Until 10:34PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:13PM	Moon 9 - Phase 22 - 13	
Creative Work Siddha Yoga			Catuspada Until 4:53AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Until 6:36PM			<b>Chaturdashi* Until 4:42PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

	<b>Sunday, September 25, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pittsburgh, PA Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 3:10PM – 4:41PM	<b>Uttaraphalguni Until 7:15PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:09AM	Subhakarit 5124
Kanya Rasi: 2.45	Tithi 30 – 1	<b>Rahu</b> 4:41PM – 6:11PM	Sukla Until 9:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:11PM	Moon 9 - Phase 22 - 14	
Creative Work Amrita Yoga			Kintughna Until 4:50AM Mon	<b>Nataraja:</b> Clear		Amavasya	
			<b>Amavasya* Until 4:54PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
			<b>Mahalaya Amavasyai (Tamil Nadu)</b>				

<b>Retreat Star</b>	<b>Monday, September 26, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sun 15
	Kanya Rasi: 15.46	Tithi 1 – 2	<b>Gulika</b> 1:39PM – 3:09PM	<b>Hasta Until 7:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:10AM	Subhakarit 5124
<b>Family Home Evening</b>	566165473	<b>Rahu</b> 7:39AM – 9:09AM	Brahma Until 8:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:09PM	Moon 9 - Phase 22 - 15	
Creative Work Siddha Yoga			Balava Until 4:21AM Tue	<b>Nataraja:</b> Clear		Prathama	
Until 7:45PM			<b>Prathama* Until 4:38PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Ashvina-Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
			<b>Navaratri Begins</b>				

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1	<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Pittsburgh, PA Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 29	Tithi 2 – 3	<b>Gulika</b> 12:09PM – 1:39PM	<b>Chitra</b> Until 7:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:10AM	
			Yama 9:10AM – 10:39AM	Indra Until 6:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 23 - 16
	666165473	<b>Rahu</b> 3:08PM – 4:38PM	Taitila Until 3:29AM Wed	<b>Dvitiya</b> Until 3:57PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

2	<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Pittsburgh, PA Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 12.28	Tithi 3 – 4	<b>Gulika</b> 10:39AM – 12:09PM	<b>Svati</b> Until 7:09PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:11AM	
			Yama 7:41AM – 9:10AM	Vaidhriti* Until 4:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 23 - 17
	666165473	<b>Rahu</b> 12:09PM – 1:38PM	Vanija Until 2:17AM Thu	<b>Tritiya</b> Until 2:54PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

3	<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Pittsburgh, PA Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 26.05	Tithi 4 – 5	<b>Gulika</b> 9:10AM – 10:39AM	<b>Vishakha</b> Until 6:37PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:12AM	
			Yama 6:12AM – 7:41AM	Vishkambha* Until 2:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 23 - 18
	676165473	<b>Rahu</b> 1:37PM – 3:06PM	Bava Until 12:49AM Fri	<b>Chaturthi*</b> Until 1:34PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

4	<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pittsburgh, PA Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 9.53	Tithi 5 – 6	<b>Gulika</b> 7:42AM – 9:11AM	<b>Anuradha</b> Until 5:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:13AM	
			Yama 3:05PM – 4:34PM	Priti Until 11:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 23 - 19
	676165473	<b>Rahu</b> 10:39AM – 12:08PM	Kaulava Until 11:07PM	<b>Panchami</b> Until 11:58AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
Until 5:41PM				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							

5	<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Pittsburgh, PA Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 23.49	Tithi 6 – 7	<b>Gulika</b> 6:14AM – 7:43AM	<b>Jyeshtha*</b> Until 4:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:14AM	
			Yama 1:36PM – 3:04PM	Ayushman Until 9:21AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 23 - 20
	676165473	<b>Rahu</b> 9:11AM – 10:39AM	Gara Until 9:13PM	<b>Shashthi*</b> Until 10:10AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

D	<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Pittsburgh, PA Sun 21 Sutra 168 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 3:03PM – 4:31PM	<b>Mula*</b> Until 3:17PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:15AM	
	Dhanu Rasi: 7.52	Tithi 7 – 8	Yama 12:07PM – 1:35PM	Saubhagya Until 6:38AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 23 - 21
	687166473	<b>Rahu</b> 4:31PM – 5:59PM	Visti Until 7:10PM	<b>Saptami</b> Until 8:12AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Sivaloka Day</b>	
Until 3:17PM		<b>Durga Ashtami</b>		Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

D	<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Pittsburgh, PA Sun 22 Sutra 169 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:35PM – 3:02PM	<b>Purvashadha*</b> Until 1:52PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:16AM	
	Dhanu Rasi: 22	Tithi 8 – 9	Yama 10:39AM – 12:07PM	Athiganda* Until 12:51AM Tue	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 22
	687166473	<b>Rahu</b> 7:44AM – 9:12AM	Kaulava Until 3:50AM Tue	<b>Ashtami*</b> Until 6:05AM	<b>Nataraja:</b> Clear		Navami
Family Home Evening	Marana Yoga	<b>Saraswathi Puja (Tamil Nadu)</b>		Moon – Light Blue		<b>Sivaloka Day</b>	
Routine Work				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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<b>1</b>	<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Taitila/Gara Karana Dashamyam Titau				Pittsburgh, PA Sun 23 Sutra 170 Subhakrit 5124
	Makara Rasi: 6.13	Tithi 10	<b>Gulika</b> 12:07PM – 1:34PM	<b>Uttarashadha</b> Until 12:12PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:17AM	
			Yama 9:12AM – 10:39AM	Sukarna Until 9:50PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 24 - 23
		687166473 <b>Rahu</b> 3:01PM – 4:29PM	Taitila Until 2:43PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 1:32AM Wed	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 12:12PM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, October 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Vistli* Karana Ekadashyam Titau				Pittsburgh, PA Sun 24 Sutra 171 Subhakrit 5124
	Makara Rasi: 20.29	Tithi 11	<b>Gulika</b> 10:39AM – 12:06PM	<b>Shravana</b> Until 10:46AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:18AM	
			Yama 7:45AM – 9:12AM	Dhriti Until 6:50PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 24 - 24
		697166473 <b>Rahu</b> 12:06PM – 1:33PM	Vanija Until 12:24PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Vijaya Dasami</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 10:46AM			<b>Ekadashi</b> Until 11:14PM	Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

<b>3</b>	<b>Thursday, October 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Pittsburgh, PA Sun 25 Sutra 172 Subhakrit 5124
	Kumbha Rasi: 4.44	Tithi 12	<b>Gulika</b> 9:13AM – 10:39AM	<b>Dhanishtha</b> Until 9:14AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:19AM	
			Yama 6:19AM – 7:46AM	Shula* Until 3:51PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 24 - 25
		697166473 <b>Rahu</b> 1:33PM – 3:00PM	Bava Until 10:07AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Kadaitswami Mahasamadhi</b>	Moon – Purple		<b>Devaloka Day</b>	
			<b>Dvadashi</b> Until 9:00PM	Ashvina+Puratasi			

<b>4</b>	<b>Friday, October 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 173 Subhakrit 5124
	Kumbha Rasi: 18.55	Tithi 13	<b>Gulika</b> 7:47AM – 9:13AM	<b>Shatabhishak</b> Until 7:41AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM	
			Yama 2:59PM – 4:25PM	Ganda* Until 1:01PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24 - 26
		697166473 <b>Rahu</b> 10:40AM – 12:06PM	Kaulava Until 7:58AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chidambaram Abhishekam</b>	Moon – Purple		<b>Devaloka Day</b>	
			<b>Trayodashi</b> Until 6:58PM	Ashvina+Puratasi			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Saturday, October 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Gara/Visti* Karana Chaturdashni/Purnimayam Titau				Pittsburgh, PA Sun 27 Sutra 174 Subhakrit 5124
	Meena Rasi: 2.56	Tithi 14 – 15	<b>Gulika</b> 6:22AM – 7:48AM	<b>Purvaproshtapada*</b> Until 6:39AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	
			Yama 1:32PM – 2:58PM	Vridhni Until 10:25AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 24 - 27
		618166474 <b>Rahu</b> 9:14AM – 10:40AM	Gara Until 6:04AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashni*</b> Until 5:13PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 6:39AM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

	<b>Sunday, October 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA Sutra 175 Subhakrit 5124
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:57PM – 4:22PM	<b>Revati</b> Until 5:21AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM	
	Meena Rasi: 16.45	Tithi 15 – 16	Yama 12:05PM – 1:31PM	Dhruva Until 8:05AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 24 - Purnima
		618166474 <b>Rahu</b> 4:22PM – 5:48PM	Balava Until 3:28AM Mon	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 3:54PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 5:21AM Mon				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

<b>Monday, October 10, 2022</b>	<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sutra 176 Subhakrit 5124
	Mesha Rasi: 0.16	Tithi 16 – 17	<b>Gulika</b> 1:30PM – 2:56PM	<b>Ashvini</b> Until 5:45AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM	
			Yama 10:40AM – 12:05PM	Vyaghata* Until 6:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 24 - Prathama
<b>Family Home Evening</b>		628176474 <b>Rahu</b> 7:49AM – 9:14AM	Taitila Until 2:59AM Tue	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:07PM	Moon – White		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:AM to 9:AM	





Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

**Gulika** 12:05PM - 1:30PM  
**Yama** 9:15AM - 10:40AM  
**Rahu** 2:55PM - 4:20PM

**Bharani Until 6:38AM Wed**

Vajra\* Until 3:47AM Wed

Vanija Until 3:10AM Wed

**Dvitiya Until 2:58PM**

**Ganesha:** Yellow *Sunrise:* 6:25AM

**Muruqa:** White *Sunset:* 5:45PM

**Nataraja:** Purple

Moon - White

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Pittsburgh, PA

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

**Gulika** 10:40AM - 12:05PM  
**Yama** 7:50AM - 9:15AM  
**Rahu** 12:05PM - 1:29PM

**Bharani Until 6:38AM**

Siddhi Until 3:23AM Thu

Bava Until 4:02AM Thu

**Tritiya Until 3:30PM**

**Ganesha:** Yellow *Sunrise:* 6:26AM

**Muruqa:** White *Sunset:* 5:43PM

**Nataraja:** Purple

Moon - White

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

**Gulika** 9:16AM - 10:40AM  
**Yama** 6:27AM - 7:51AM  
**Rahu** 1:29PM - 2:53PM

**Krittika Until 8:01AM**

Vyatipata\* Until 3:28AM Fri

Kaulava Until 5:32AM Fri

**Chaturthi\* Until 4:41PM**

**Ganesha:** Yellow *Sunrise:* 6:27AM

**Muruqa:** White *Sunset:* 5:42PM

**Nataraja:** Purple

Moon - White

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Pittsburgh, PA

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

628176474

**Gulika** 7:52AM - 9:16AM  
**Yama** 2:52PM - 4:16PM  
**Rahu** 10:40AM - 12:04PM

**Rohini Until 10:19AM**

Varyan Until 3:56AM Sat

Taitila Until 6:27PM

**Panchami Until 6:27PM**

**Ganesha:** Blue *Sunrise:* 6:28AM

**Muruqa:** White *Sunset:* 5:40PM

**Nataraja:** Purple

Moon - Yellow

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Pittsburgh, PA

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

628176474

**Gulika** 6:29AM - 7:53AM  
**Yama** 1:28PM - 2:51PM  
**Rahu** 9:16AM - 10:40AM

**Mrigashira Until 12:55PM**

Parigha\* Until 4:40AM Sun

Gara Until 7:32AM

**Shashthi\* Until 8:39PM**

**Ganesha:** Red *Sunrise:* 6:29AM

**Muruqa:** White *Sunset:* 5:39PM

**Nataraja:** Purple

Moon - Yellow

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Pittsburgh, PA

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

628176474

**Gulika** 2:51PM - 4:14PM  
**Yama** 12:04PM - 1:27PM  
**Rahu** 4:14PM - 5:37PM

**Ardra Until 3:37PM**

Shiva Until 5:32AM Mon

Visti\* Until 9:52AM

**Saptami Until 11:04PM**

**Ganesha:** Red *Sunrise:* 6:30AM

**Muruqa:** White *Sunset:* 5:37PM

**Nataraja:** Purple

Moon - Yellow

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

**Gulika** 1:27PM - 2:50PM  
**Yama** 10:40AM - 12:03PM  
**Rahu** 7:54AM - 9:17AM

**Punarvasu Until 6:42PM**

Siddha Until 6:20AM Tue

Balava Until 12:18PM

**Ashtami\* Until 1:29AM Tue**

**Ganesha:** Green *Sunrise:* 6:31AM

**Muruqa:** White *Sunset:* 5:36PM

**Nataraja:** Purple

Moon - Blue

**Ashvina+Puratasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Pittsburgh, PA

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

**Gulika** 12:03PM - 1:26PM  
**Yama** 9:18AM - 10:40AM  
**Rahu** 2:49PM - 4:12PM

**Pushya Until 9:29PM**

Siddha Until 6:20AM

Taitila Until 2:39PM

**Navami\* Until 3:42AM Wed**

**Ganesha:** Green *Sunrise:* 6:32AM

**Muruqa:** White *Sunset:* 5:34PM

**Nataraja:** Purple

Moon - Blue

**Ashvina+Puratasi**

**Devaloka Day**

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

all times are standard time. Calculated for Pittsburgh, PA on 4/26/2

www.gurudeva.org/panchang

1	<b>Wednesday, October 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Dashamyam Titau				Pittsburgh, PA Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 20.55	Tithi 25	<b>Gulika</b>	10:41AM – 12:03PM	<b>Ashlesha* Until 11:47PM</b>	Ganesha: Green	Sunrise: 6:33AM
			Yama	7:56AM – 9:18AM	Sadhya Until 6:58AM	Muruga: White	Sunset: 5:33PM
	649176474		<b>Rahu</b>	12:03PM – 1:26PM	Vanija Until 4:42PM	Nataraja: Purple	Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Siddha Yoga		<b>Dashami Until 5:32AM Thu</b>				Moon – Blue	<b>Devaloka Day</b>
				Ashvina•Aipasi			

2	<b>Thursday, October 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Pittsburgh, PA Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.04	Tithi 26	<b>Gulika</b>	9:19AM – 10:41AM	<b>Magha* Until 1:55AM Fri</b>	Ganesha: Green	Sunrise: 6:34AM
			Yama	6:34AM – 7:56AM	Subha Until 7:19AM	Muruga: White	Sunset: 5:32PM
	659276474		<b>Rahu</b>	1:25PM – 2:47PM	Bava Until 6:17PM	Nataraja: Purple	Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Amrita Yoga Until 1:55AM Fri Then Creative Work - Siddha Yoga		<b>Ekadashi* Until 6:51AM Fri</b>				Moon – Red	<b>Bhuloka Day</b>
				Ashvina•Aipasi			

3	<b>Friday, October 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.26	Tithi 26 – 27	<b>Gulika</b>	7:57AM – 9:19AM	<b>Purvaphalguni Until 3:18AM Sat</b>	Ganesha: Green	Sunrise: 6:35AM
			Yama	2:46PM – 4:08PM	Sukla Until 7:13AM	Muruga: White	Sunset: 5:30PM
	659276474		<b>Rahu</b>	10:41AM – 12:03PM	Kaulava Until 7:18PM	Nataraja: Purple	Moon 10 - Phase 26 - 11 2nd Phase
Creative Work Siddha Yoga Until 3:18AM Sat Then Routine Work - Marana Yoga		<b>Ekadashi* Until 6:51AM</b>				Moon – Red	<b>Bhuloka Day</b>
				Ashvina•Aipasi			

4	<b>Saturday, October 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.05	Tithi 27 – 28	<b>Gulika</b>	6:36AM – 7:58AM	<b>Uttaraphalguni Until 3:55AM Sun</b>	Ganesha: Purple	Sunrise: 6:36AM
			Yama	1:24PM – 2:46PM	Brahma Until 6:39AM	Muruga: White	Sunset: 5:29PM
	651276474		<b>Rahu</b>	9:19AM – 10:41AM	Gara Until 7:40PM	Nataraja: Purple	Moon 10 - Phase 26 - 12 2nd Phase
Routine Work Marana Yoga Until 3:55AM Sun Then Creative Work - Amrita Yoga		<b>Dvadashi* Until 7:33AM</b>				Moon – Red	<b>Bhuloka Day</b>
				Ashvina•Aipasi			
<i>Pradosha Vrata (Fasting)</i>							

5	<b>Sunday, October 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.02	Tithi 28 – 29	<b>Gulika</b>	2:45PM – 4:06PM	<b>Hasta Until 4:13AM Mon</b>	Ganesha: Light Blue	Sunrise: 6:37AM
			Yama	12:02PM – 1:24PM	Vaidhriti* Until 4:02AM Mon	Muruga: White	Sunset: 5:27PM
	661276474		<b>Rahu</b>	4:06PM – 5:27PM	Visti Until 7:23PM	Nataraja: Purple	Moon 10 - Phase 26 - 13 2nd Phase
Creative Work Amrita Yoga Until 4:13AM Mon Then Routine Work - Prabalarishta Yoga		<b>Trayodashi* Until 7:35AM</b>				Moon – Green	<b>Bhuloka Day</b>
				Ashvina•Aipasi			

●	<b>Monday, October 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pittsburgh, PA Sun 14 Sutra 190 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b>	1:23PM – 2:44PM	<b>Chitra Until 3:47AM Tue</b>	Ganesha: Light Blue	Sunrise: 6:39AM
	Kanya Rasi: 24.19	Tithi 29 – 30	Yama	10:41AM – 12:02PM	Vishkambha* Until 2:01AM Tue	Muruga: White	Sunset: 5:26PM
	661276474		<b>Rahu</b>	8:00AM – 9:20AM	Catuspada Until 6:30PM	Nataraja: Purple	Moon 10 - Phase 26 - 14 Amavasya
Routine Work Prabalarishta Yoga Until 3:47AM Tue Then Creative Work - Siddha Yoga		<b>Chaturdashi* Until 7:00AM</b>				Moon – Green	<b>Bhuloka Day</b>
				Ashvina•Aipasi			

●	<b>Tuesday, October 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Pittsburgh, PA Sun 15 Sutra 191 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b>	12:02PM – 1:23PM	<b>Svati Until 2:45AM Wed</b>	Ganesha: Light Blue	Sunrise: 6:40AM
	Tula Rasi: 7.55	Tithi 1	Yama	9:21AM – 10:42AM	Priti Until 11:37PM	Muruga: White	Sunset: 5:25PM
	661276474		<b>Rahu</b>	2:43PM – 4:04PM	Kintughna Until 5:06PM	Nataraja: Purple	Moon 10 - Phase 26 - 15 Prathama
Creative Work Siddha Yoga		<b>Prathama* Until 4:13AM Wed</b>				Moon – Green	<b>Bhuloka Day</b>
				Kartika•Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	<b>Wednesday, October 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pittsburgh, PA Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 21.48	Tithi 2	<b>Gulika</b> 10:42AM – 12:02PM	<b>Vishakha</b> Until 1:38AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:41AM	
			Yama 8:01AM – 9:21AM	Ayushman Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 <b>Rahu</b> 12:02PM – 1:22PM	Balava Until 3:16PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 2:13AM Thu	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

2	<b>Thursday, October 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Pittsburgh, PA Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 5.54	Tithi 3	<b>Gulika</b> 9:22AM – 10:42AM	<b>Anuradha</b> Until 12:07AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:42AM	
			Yama 6:42AM – 8:02AM	Saubhagya Until 5:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 <b>Rahu</b> 1:22PM – 2:42PM	Taitila Until 1:09PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 12:00AM Fri	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

3	<b>Friday, October 28, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Pittsburgh, PA Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 20.09	Tithi 4	<b>Gulika</b> 8:03AM – 9:22AM	<b>Jyeshtha*</b> Until 10:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:43AM	
			Yama 2:41PM – 4:01PM	Sobhana Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 <b>Rahu</b> 10:42AM – 12:02PM	Vanija Until 10:50AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi*</b> Until 9:38PM	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

4	<b>Saturday, October 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Pittsburgh, PA Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 4.29	Tithi 5	<b>Gulika</b> 6:44AM – 8:04AM	<b>Mula*</b> Until 8:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:44AM	
			Yama 1:21PM – 2:41PM	Athiganda* Until 11:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	681276574 <b>Rahu</b> 9:23AM – 10:42AM	Bava Until 8:27AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 7:14PM	Moon – Light Blue		<b>Devaloka Day</b>	
				Karttika-Aipasi			

5	<b>Sunday, October 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Pittsburgh, PA Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 18.48	Tithi 6 – 7	<b>Gulika</b> 2:40PM – 3:59PM	<b>Purvashadha*</b> Until 7:11PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:45AM	
			Yama 12:02PM – 1:21PM	Sukarma Until 8:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	681276574 <b>Rahu</b> 3:59PM – 5:18PM	Kaulava Until 6:03AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> Until 4:52PM	Moon – Light Blue		<b>Devaloka Day</b>	
				Karttika-Aipasi			

D	<b>Monday, October 31, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Pittsburgh, PA Sun 21 Sutra 197 Subhakit 5124
	Makara Rasi: 3.04	Tithi 7 – 8	<b>Gulika</b> 1:21PM – 2:39PM	<b>Uttarashadha</b> Until 5:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:46AM	
	<b>Family Home Evening</b>		Yama 10:43AM – 12:02PM	Shula* Until 2:41AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 27 - 21
	Routine Work	Marana Yoga	681276574 <b>Rahu</b> 8:05AM – 9:24AM	Visti Until 1:35AM Tue	<b>Nataraja:</b> Clear		Ashtami
			<b>Saptami</b> Until 2:38PM	Moon – Light Blue		<b>Devaloka Day</b>	
				Karttika-Aipasi			

D	<b>Tuesday, November 1, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pittsburgh, PA Sun 22 Sutra 198 Subhakit 5124
	Makara Rasi: 17.14	Tithi 8 – 9	<b>Gulika</b> 12:02PM – 1:20PM	<b>Shravana</b> Until 4:21PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:48AM	
			Yama 9:25AM – 10:43AM	Ganda* Until 11:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	691276574 <b>Rahu</b> 2:39PM – 3:57PM	Balava Until 11:37PM	<b>Nataraja:</b> Clear		Navami
			<b>Ashtami*</b> Until 12:33PM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

Il times are standard time. Calculated for Pittsburgh, PA on 4/26/2

www.gurudeva.org/panchang

1	<b>Wednesday, November 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 23 Sutra 199
	Kumbha Rasi: 1.17	Tithi 9 – 10	<b>Gulika</b> 10:43AM – 12:02PM	<b>Dhanishtha</b> Until 3:14PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:49AM	Subhakrit 5124
			Yama 8:07AM – 9:25AM	Vriddhi Until 9:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 10 - Phase 28 - 23
		692276574	<b>Rahu</b> 12:02PM – 1:20PM	Taitila Until 9:51PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Prabalarishta Yoga		<b>Navami*</b> Until 10:41AM		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
Until 3:14PM				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

2	<b>Thursday, November 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 24 Sutra 200
	Kumbha Rasi: 15.11	Tithi 10 – 11	<b>Gulika</b> 9:26AM – 10:44AM	<b>Shatabhishak</b> Until 2:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:50AM	Subhakrit 5124
			Yama 6:50AM – 8:08AM	Dhruva Until 6:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 28 - 24
		692276574	<b>Rahu</b> 1:20PM – 2:38PM	Vanija Until 8:22PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Dashami</b> Until 9:03AM		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

3	<b>Friday, November 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 25 Sutra 201
	Kumbha Rasi: 28.56	Tithi 11 – 12	<b>Gulika</b> 8:09AM – 9:26AM	<b>Purvaproshtapada*</b> Until 1:44PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:51AM	Subhakrit 5124
			Yama 2:37PM – 3:55PM	Vyaghata* Until 4:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 28 - 25
		612276574	<b>Rahu</b> 10:44AM – 12:02PM	Bava Until 7:10PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Ekadashi</b> Until 7:42AM		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

4	<b>Saturday, November 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 202
	Meena Rasi: 12.29	Tithi 12 – 13	<b>Gulika</b> 6:52AM – 8:10AM	<b>Uttaraproshtapada</b> Until 1:28PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
			Yama 1:19PM – 2:36PM	Harshana Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 28 - 26
		612276574	<b>Rahu</b> 9:27AM – 10:44AM	Kaulava Until 6:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga		<b>Dvadashi</b> Until 6:40AM		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
Until 1:28PM				Karttika•Aipasi			
Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata</i>					

5	<b>Sunday, November 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 27 Sutra 203
	Meena Rasi: 25.49	Tithi 13 – 14	<b>Gulika</b> 2:36PM – 3:53PM	<b>Revati</b> Until 1:25PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:53AM	Subhakrit 5124
			Yama 12:02PM – 1:19PM	Vajra* Until 1:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 28 - 27
		612276574	<b>Rahu</b> 3:53PM – 5:10PM	Vanija Until 5:47AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga		<b>Trayodashi</b> Until 6:01AM		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
Until 1:25PM				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

O	<b>Monday, November 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Pittsburgh, PA Sun 28 Sutra 204
	Mesha Rasi: 8.56	Tithi 15	<b>Gulika</b> 1:19PM – 2:35PM	<b>Ashvini</b> Until 2:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:55AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 10:45AM – 12:02PM	Siddhi Until 12:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28 - Purnima
		722276574	<b>Rahu</b> 8:11AM – 9:28AM	Visti Until 5:52PM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga		<b>Purnima*</b> Until 6:02AM Tue		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

O	<b>Tuesday, November 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA Sun 29 Sutra 205
	Mesha Rasi: 21.49	Tithi 15 – 16	<b>Gulika</b> 12:02PM – 1:18PM	<b>Bharani</b> Until 3:08PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:56AM	Subhakrit 5124
			Yama 9:29AM – 10:45AM	Vyatipata* Until 11:14AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28 - Prathama
		722276574	<b>Rahu</b> 2:35PM – 3:51PM	Balava Until 6:23PM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga		<b>Purnima*</b> Until 6:02AM		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



**Wednesday, November 9, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan/Parigha\* Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau

Pittsburgh, PA  
Sutra 206

Vrishabha Rasi: 4.27 Tithi 16 – 17

722276574

**Gulika** 10:46AM – 12:02PM  
**Yama** 8:13AM – 9:29AM  
**Rahu** 12:02PM – 1:18PM

**Krittika Until 4:29PM**  
Variyan Until 10:46AM  
Tailita Until 7:25PM  
**Prathama\* Until 6:49AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – White  
Karttika•Aipasi

**Sunrise:** 6:57AM  
**Sunset:** 5:07PM

Subhakrit 5124  
Moon 11 - Phase 29 - 1st Phase

Creative Work Amrita Yoga  
Until 4:29PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Thursday, November 10, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA  
Sun 1 Sutra 207

Vrishabha Rasi: 16.52 Tithi 17 – 18

732276574

**Gulika** 9:30AM – 10:46AM  
**Yama** 6:58AM – 8:14AM  
**Rahu** 1:18PM – 2:34PM

**Rohini Until 6:39PM**  
Parigha\* Until 10:42AM  
Vanija Until 8:56PM  
**Dvitiya Until 8:06AM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Yellow  
Karttika•Aipasi

**Sunrise:** 6:58AM  
**Sunset:** 5:06PM

Subhakrit 5124  
Moon 11 - Phase 29 - 1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**2**

**Friday, November 11, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Pittsburgh, PA  
Sun 2 Sutra 208

Vrishabha Rasi: 29.04 Tithi 18 – 19

732276574

**Gulika** 8:15AM – 9:31AM  
**Yama** 2:34PM – 3:49PM  
**Rahu** 10:46AM – 12:02PM

**Mrigashira Until 9:05PM**  
Shiva Until 11:00AM  
Bava Until 10:55PM  
**Tritiya Until 9:51AM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Yellow  
Karttika•Aipasi

**Sunrise:** 6:59AM  
**Sunset:** 5:05PM

Subhakrit 5124  
Moon 11 - Phase 29 - 2nd Phase

Creative Work Siddha Yoga

**Devaloka Day**

**3**

**Saturday, November 12, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA  
Sun 3 Sutra 209

Mithuna Rasi: 11.07 Tithi 19 – 20

732276574

**Gulika** 7:00AM – 8:16AM  
**Yama** 1:18PM – 2:33PM  
**Rahu** 9:31AM – 10:47AM

**Ardra Until 11:39PM**  
Siddha Until 11:34AM  
Kaulava Until 1:12AM Sun  
**Chaturthi\* Until 12:00PM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Yellow  
Karttika•Aipasi

**Sunrise:** 7:00AM  
**Sunset:** 5:04PM

Subhakrit 5124  
Moon 11 - Phase 29 - 3rd Phase

Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Sunday, November 13, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Tailita/Gara Karana Panchami/Shashthyam Titau

Pittsburgh, PA  
Sun 4 Sutra 210

Mithuna Rasi: 23.03 Tithi 20 – 21

742276574

**Gulika** 2:33PM – 3:48PM  
**Yama** 12:02PM – 1:18PM  
**Rahu** 3:48PM – 5:03PM

**Punarvasu Until 2:45AM Mon**  
Sadhya Until 12:19PM  
Gara Until 3:41AM Mon  
**Panchami Until 2:24PM**

**Ganesha:** Green  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Blue  
Karttika•Aipasi

**Sunrise:** 7:02AM  
**Sunset:** 5:03PM

Subhakrit 5124  
Moon 11 - Phase 29 - 4th Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Monday, November 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Pittsburgh, PA  
Sun 5 Sutra 211

Kataka Rasi: 4.56 Tithi 21 – 22

742376574

**Gulika** 1:18PM – 2:32PM  
**Yama** 10:48AM – 12:03PM  
**Rahu** 8:18AM – 9:33AM

**Pushya Until 5:40AM Tue**  
Subha Until 1:11PM  
Visti Until 6:09AM Tue  
**Shashthi\* Until 4:54PM**

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Blue  
Karttika•Aipasi

**Sunrise:** 7:03AM  
**Sunset:** 5:02PM

Subhakrit 5124  
Moon 11 - Phase 29 - 5th Phase

Family Home Evening  
Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**6**

**Tuesday, November 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Pittsburgh, PA  
Sun 6 Sutra 212

Kataka Rasi: 16.49 Tithi 22

743376574

**Gulika** 12:03PM – 1:17PM  
**Yama** 9:33AM – 10:48AM  
**Rahu** 2:32PM – 3:47PM

**Ashlesha\* Until 8:15AM Wed**  
Sukla Until 1:57PM  
Visti Until 6:09AM  
**Saptami Until 7:18PM**

**Ganesha:** Green  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Blue  
Karttika•Aipasi

**Sunrise:** 7:04AM  
**Sunset:** 5:02PM

Subhakrit 5124  
Moon 11 - Phase 29 - 6th Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Wednesday, November 16, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA  
Sun 7 Sutra 213

Kataka Rasi: 28.47 Tithi 23

743376574

**Gulika** 10:48AM – 12:03PM  
**Yama** 8:19AM – 9:34AM  
**Rahu** 12:03PM – 1:17PM

**Ashlesha\* Until 8:15AM**  
Brahma Until 2:33PM  
Balava Until 8:26AM  
**Ashtami\* Until 9:24PM**

**Ganesha:** Green  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Blue  
Karttika•Karttikai

**Sunrise:** 7:05AM  
**Sunset:** 5:01PM

Subhakrit 5124  
Moon 11 - Phase 29 - 7th Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Thursday, November 17, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Tailita/Gara Karana Navamyam Titau

Pittsburgh, PA  
Sun 8 Sutra 214

Simha Rasi: 10.53 Tithi 24

753376575

**Gulika** 9:35AM – 10:49AM  
**Yama** 7:06AM – 8:20AM  
**Rahu** 1:17PM – 2:32PM

**Magha\* Until 10:47AM**  
Indra Until 2:49PM  
Tailita Until 10:19AM  
**Navami\* Until 11:01PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** Purple  
Moon – Red  
Karttika•Karttikai

**Sunrise:** 7:06AM  
**Sunset:** 5:00PM

Subhakrit 5124  
Moon 11 - Phase 29 - 8th Phase

Creative Work Amrita Yoga  
Until 10:47AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>		<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Pittsburgh, PA
Simha Rasi: 23.13	Tithi 25							Sun 9 Sutra 215
		753376575	<b>Gulika</b> 8:21AM – 9:35AM <b>Yama</b> 2:31PM – 3:45PM <b>Rahu</b> 10:49AM – 12:03PM	<b>Purvaphalguni</b> Until 12:35PM Vaidhrili* Until 2:37PM Vanija Until 11:37AM <b>Dashami</b> Until 12:00AM Sat	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 4:59PM		Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga							Karttika-Karttikai

<b>2</b>		<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Pittsburgh, PA
Kanya Rasi: 5.51	Tithi 26							Sun 10 Sutra 216
		753376575	<b>Gulika</b> 7:08AM – 8:22AM <b>Yama</b> 1:17PM – 2:31PM <b>Rahu</b> 9:36AM – 10:50AM	<b>Uttaraphalguni</b> Until 1:34PM Vishkambha* Until 1:53PM Bava Until 12:13PM <b>Ekadashi*</b> Until 12:13AM Sun	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 7:08AM <b>Sunset:</b> 4:59PM		Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase <b>Sivaloka Day</b>
Routine Work	Marana Yoga							Karttika-Karttikai

<b>3</b>		<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Pittsburgh, PA
Kanya Rasi: 18.5	Tithi 27							Sun 11 Sutra 217
		763376575	<b>Gulika</b> 2:31PM – 3:44PM <b>Yama</b> 12:04PM – 1:17PM <b>Rahu</b> 3:44PM – 4:58PM	<b>Hasta</b> Until 2:07PM Priti Until 12:33PM Kaulava Until 12:03PM <b>Dvadashti*</b> Until 11:40PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 4:58PM		Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase <b>Devaloka Day</b>
Creative Work	Amrita Yoga							Karttika-Karttikai
Until 2:07PM								
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Pittsburgh, PA
Tula Rasi: 2.14	Tithi 28							Sun 12 Sutra 218
<b>Family Home Evening</b>		763376575	<b>Gulika</b> 1:17PM – 2:31PM <b>Yama</b> 10:51AM – 12:04PM <b>Rahu</b> 8:24AM – 9:37AM	<b>Chitra</b> Until 1:45PM Ayushman Until 10:36AM Gara Until 11:07AM <b>Trayodashi*</b> Until 10:22PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:11AM <b>Sunset:</b> 4:57PM		Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase <b>Devaloka Day</b>
Routine Work	Prabalarishta Yoga							Karttika-Karttikai
Until 1:45PM								
Then Creative Work - Amrita Yoga								<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pittsburgh, PA
Tula Rasi: 16.03	Tithi 29							Sun 13 Sutra 219
		763376575	<b>Gulika</b> 12:04PM – 1:17PM <b>Yama</b> 9:38AM – 10:51AM <b>Rahu</b> 2:31PM – 3:44PM	<b>Svati</b> Until 12:34PM Saubhagya Until 8:07AM Visti Until 9:30AM <b>Chaturdashi*</b> Until 8:26PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:12AM <b>Sunset:</b> 4:57PM		Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga							Karttika-Karttikai
Until 12:34PM								
Then Routine Work - Marana Yoga								

		<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Pittsburgh, PA
<b>Retreat Star</b>								Sun 14 Sutra 220
Vrischika Rasi: 0.15	Tithi 30 – 1							Subhakrit 5124
		773376575	<b>Gulika</b> 10:52AM – 12:05PM <b>Yama</b> 8:26AM – 9:39AM <b>Rahu</b> 12:05PM – 1:17PM	<b>Vishakha</b> Until 11:07AM Athiganda* Until 1:48AM Thu Catuspada Until 7:16AM <b>Amavasya*</b> Until 5:58PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:13AM <b>Sunset:</b> 4:56PM		Moon 11 - Phase 30 - 14 Amavasya <b>Devaloka Day</b>
Creative Work	Siddha Yoga							Karttika-Karttikai

<b>Thursdays</b>		<b>Thursday, November 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA
<b>Retreat Star</b>								Sun 15 Sutra 221
Vrischika Rasi: 14.46	Tithi 1 – 2							Subhakrit 5124
		773376575	<b>Gulika</b> 9:39AM – 10:52AM <b>Yama</b> 7:14AM – 8:27AM <b>Rahu</b> 1:18PM – 2:30PM	<b>Anuradha</b> Until 9:06AM Sukarma Until 10:11PM Balava Until 1:39AM Fri <b>Prathama*</b> Until 3:08PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:14AM <b>Sunset:</b> 4:56PM		Moon 11 - Phase 30 - 15 Prathama <b>Devaloka Day</b>
Creative Work	Siddha Yoga							Margasira-Karttikai
Until 9:06AM								
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Friday, November 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Pittsburgh, PA Sun 16 Sutra 222 Subhakrit 5124
Vrischika Rasi: 29.29	Tithi 2 – 3	<b>Gulika</b> 8:28AM – 9:40AM	<b>Jyeshtha* Until 6:41AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:15AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 2:30PM – 3:43PM	Dhriti Until 6:27PM	<b>Nataraja:</b> Purple		Moon – Orange		<b>Devaloka Day</b>
Until 6:41AM		773376575 <b>Rahu</b> 10:53AM – 12:05PM	Taitila Until 10:32PM	Moon – Orange		Margasira-Karttikai		
Then Creative Work - Amrita Yoga			<b>Dvitiya Until 12:05PM</b>					
<b>2</b>		<b>Saturday, November 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Pittsburgh, PA Sun 17 Sutra 223 Subhakrit 5124
Dhanus Rasi: 14.17	Tithi 3 – 4	<b>Gulika</b> 7:16AM – 8:29AM	<b>Purvashadha* Until 2:06AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 1:18PM – 2:30PM	Shula* Until 2:41PM	<b>Nataraja:</b> Purple		Moon – Light Blue		<b>Devaloka Day</b>
Until 2:06AM Sun		783376575 <b>Rahu</b> 9:41AM – 10:53AM	Vanija Until 7:26PM	Moon – Light Blue		Margasira-Karttikai		
Then Creative Work - Amrita Yoga			<b>Tritiya Until 8:57AM</b>					
<b>3</b>		<b>Sunday, November 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau				Pittsburgh, PA Sun 18 Sutra 224 Subhakrit 5124
Dhanus Rasi: 29.02	Tithi 5	<b>Gulika</b> 2:30PM – 3:42PM	<b>Uttarashadha Until 11:49PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31 - 18 3rd Phase
Creative Work	Amrita Yoga	Yama 12:06PM – 1:18PM	Ganda* Until 11:00AM	<b>Nataraja:</b> Purple		Moon – Light Blue		<b>Devaloka Day</b>
Until 10:06PM		783376575 <b>Rahu</b> 3:42PM – 4:54PM	Bava Until 4:29PM	Moon – Light Blue		Margasira-Karttikai		
Then Creative Work - Amrita Yoga			<b>Panchami Until 3:04AM Mon</b>					
<b>4</b>		<b>Monday, November 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Pittsburgh, PA Sun 19 Sutra 225 Subhakrit 5124
Makara Rasi: 13.39	Tithi 6	<b>Gulika</b> 1:18PM – 2:30PM	<b>Shravana Until 10:06PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31 - 19 3rd Phase
<b>Family Home Evening</b>		Yama 10:54AM – 12:06PM	Vridhi Until 7:32AM	<b>Nataraja:</b> Purple		Moon – Purple		<b>Sivaloka Day</b>
Creative Work	Amrita Yoga	793376575 <b>Rahu</b> 8:30AM – 9:42AM	Kaulava Until 1:47PM	Moon – Purple		Margasira-Karttikai		
Until 10:06PM			<b>Shashthi* Until 12:34AM Tue</b>					
Then Creative Work - Siddha Yoga								
<b>5</b>		<b>Tuesday, November 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau				Pittsburgh, PA Sun 20 Sutra 226 Subhakrit 5124
Makara Rasi: 28.01	Tithi 7	<b>Gulika</b> 12:07PM – 1:18PM	<b>Dhanishtha Until 8:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 9:43AM – 10:55AM	Vyaghata* Until 1:29AM Wed	<b>Nataraja:</b> Purple		Moon – Purple		<b>Sivaloka Day</b>
Until 8:39PM		794376575 <b>Rahu</b> 2:30PM – 3:42PM	Gara Until 11:28AM	Moon – Purple		Margasira-Karttikai		
Then Routine Work - Marana Yoga			<b>Saptami Until 10:28PM</b>					
<b>Retreat Star</b>		<b>Wednesday, November 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Pittsburgh, PA Sun 21 Sutra 227 Subhakrit 5124
Kumbha Rasi: 12.06	Tithi 8	<b>Gulika</b> 10:55AM – 12:07PM	<b>Shatabhishak Until 7:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 31 - 21 Ashtami
Creative Work	Siddha Yoga	Yama 8:32AM – 9:44AM	Harshana Until 11:02PM	<b>Nataraja:</b> Purple		Moon – Purple		<b>Sivaloka Day</b>
Until 7:32PM		794376575 <b>Rahu</b> 12:07PM – 1:18PM	Visti Until 9:37AM	Moon – Purple		Margasira-Karttikai		
Then Creative Work - Amrita Yoga			<b>Ashtami* Until 8:51PM</b>					
<b>Retreat Star</b>		<b>Thursday, December 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Pittsburgh, PA Sun 22 Sutra 228 Subhakrit 5124
Kumbha Rasi: 25.52	Tithi 9	<b>Gulika</b> 9:44AM – 10:56AM	<b>Purvaproshtapada* Until 7:12PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 31 - 22 Navami
Creative Work	Siddha Yoga	Yama 7:21AM – 8:33AM	Vajra* Until 8:57PM	<b>Nataraja:</b> Purple		Moon – Clear		<b>Sivaloka Day</b>
Until 7:32PM		714376575 <b>Rahu</b> 1:19PM – 2:30PM	Balava Until 8:15AM	Moon – Clear		Margasira-Karttikai		
Then Creative Work - Amrita Yoga			<b>Navami* Until 7:45PM</b>					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>		<b>Friday, December 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Pittsburgh, PA Sun 23 Sutra 229 Subhakrit 5124
Meena Rasi: 9.2	Tithi 10	<b>Gulika</b> 8:34AM – 9:45AM	<b>Uttaraproshtapada</b> Until 7:14PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:22AM			
		Yama 2:30PM – 3:41PM	Siddhi Until 7:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32 - 23		
		714376575 <b>Rahu</b> 10:56AM – 12:08PM	Taitila Until 7:25AM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:10PM	Moon – Clear			<b>Sivaloka Day</b>	
				Margasira-Karttikai				
<b>2</b>		<b>Saturday, December 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Pittsburgh, PA Sun 24 Sutra 230 Subhakrit 5124
Meena Rasi: 22.32	Tithi 11	<b>Gulika</b> 7:23AM – 8:35AM	<b>Revati</b> Until 7:37PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:23AM			
		Yama 1:19PM – 2:30PM	Vyatipata* Until 6:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32 - 24		
		714376575 <b>Rahu</b> 9:46AM – 10:57AM	Vanija Until 7:05AM	<b>Nataraja:</b> Purple		4th Phase		
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 7:06PM	Moon – Clear			<b>Sivaloka Day</b>	
Until 7:37PM		<b>Gita Jayanthi</b>		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								
<b>3</b>		<b>Sunday, December 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Pittsburgh, PA Sun 25 Sutra 231 Subhakrit 5124
Mesha Rasi: 5.29	Tithi 12	<b>Gulika</b> 2:30PM – 3:41PM	<b>Ashvini</b> Until 8:45PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:24AM			
		Yama 12:08PM – 1:19PM	Varyan Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 32 - 25		
		724376575 <b>Rahu</b> 3:41PM – 4:52PM	Bava Until 7:15AM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga		<b>Dvodashi</b> Until 7:30PM	Moon – White			<b>Devaloka Day</b>	
Until 8:45PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								
<b>4</b>		<b>Monday, December 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 234 Subhakrit 5124
Mesha Rasi: 18.12	Tithi 13	<b>Gulika</b> 1:20PM – 2:31PM	<b>Bharani</b> Until 10:09PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:25AM			
<b>Family Home Evening</b>		Yama 10:58AM – 12:09PM	Parigha* Until 4:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 32 - 26		
Creative Work	Siddha Yoga	724376575 <b>Rahu</b> 8:36AM – 9:47AM	Kaulava Until 7:53AM	<b>Nataraja:</b> Purple		4th Phase		
Until 10:09PM			<b>Trayodashi</b> Until 8:20PM	Moon – White			<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	Margasira-Karttikai				
<b>5</b>		<b>Tuesday, December 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Pittsburgh, PA Sun 27 Sutra 233 Subhakrit 5124
Vrishabha Rasi: 0.44	Tithi 14	<b>Gulika</b> 12:09PM – 1:20PM	<b>Krittika</b> Until 11:47PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:26AM			
		Yama 9:48AM – 10:59AM	Shiva Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 32 - 27		
		724376575 <b>Rahu</b> 2:31PM – 3:41PM	Gara Until 8:56AM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:35PM	Moon – White			<b>Devaloka Day</b>	
Until 11:47PM		<b>Krittika Deepam</b>		Margasira-Karttikai				
Then Creative Work - Amrita Yoga								
<b>○</b>		<b>Wednesday, December 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Pittsburgh, PA Sutra 234 Subhakrit 5124
Vrishabha Rasi: 13.05	Tithi 15	<b>Gulika</b> 10:59AM – 12:10PM	<b>Rohini</b> Until 2:05AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM			
		Yama 8:38AM – 9:48AM	Siddha Until 4:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 32 - Purnima		
		734376575 <b>Rahu</b> 12:10PM – 1:20PM	Visti Until 10:22AM	<b>Nataraja:</b> Purple				
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 11:12PM	Moon – Yellow			<b>Sivaloka Day</b>	
Until 2:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								
<b>Thursday, December 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Pittsburgh, PA Sutra 235 Subhakrit 5124		
Vrishabha Rasi: 25.18	Tithi 16	<b>Gulika</b> 9:49AM – 11:00AM	<b>Mrigashira</b> Until 4:32AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:28AM			
		Yama 7:28AM – 8:39AM	Sadhya Until 4:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 32 - Prathama		
		734376575 <b>Rahu</b> 1:21PM – 2:31PM	Balava Until 12:10PM	<b>Nataraja:</b> Purple				
Routine Work	Marana Yoga		<b>Prathama*</b> Until 1:09AM Fri	Moon – Yellow			<b>Sivaloka Day</b>	
Until 4:32AM Fri		<b>Vinayaga Viratam Begins</b>		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda





**Friday, December 9, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukstayam  
Ardra Nakshatra Subha/Sukla Yoga Taaitila/Gara Karana Dvitiyayam Titau

Pittsburgh, PA  
Sutra 236

Mithuna Rasi: 7.23      Tithi 17  
734476575  
Creative Work      Siddha Yoga

**Gulika**      8:39AM – 9:50AM  
Yama      2:31PM – 3:42PM  
**Rahu**      11:00AM – 12:11PM

**Ardra Until 7:03AM Sat**  
Subha Until 5:14PM  
Taaitila Until 2:15PM  
**Dvitiya Until 3:22AM Sat**

**Ganesha:** Red      *Sunrise:* 7:29AM  
**Muruqa:** Clear      *Sunset:* 4:52PM  
**Nataraja:** Purple  
Moon – Yellow  
**Sivaloka Day**  
Margasira-Karttikai

Subhakrit 5124  
Moon 12 - Phase 33 -  
1st Phase

**1**

**Saturday, December 10, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukstayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Pittsburgh, PA  
Sun 1      Sutra 237

Mithuna Rasi: 19.23      Tithi 18  
734476575  
Creative Work      Siddha Yoga

**Gulika**      7:30AM – 8:40AM  
Yama      1:21PM – 2:32PM  
**Rahu**      9:50AM – 11:01AM

**Ardra Until 7:03AM**  
Sukla Until 5:54PM  
Vanija Until 4:35PM  
**Tritiya Until 5:47AM Sun**

**Ganesha:** Red      *Sunrise:* 7:30AM  
**Muruqa:** Clear      *Sunset:* 4:52PM  
**Nataraja:** Purple  
Moon – Yellow  
**Sivaloka Day**  
Margasira-Karttikai

Subhakrit 5124  
Moon 12 - Phase 33 - 1  
1st Phase

**2**

**Sunday, December 11, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Pittsburgh, PA  
Sun 2      Sutra 238

Kataka Rasi: 1.17      Tithi 19  
744476575  
Creative Work      Siddha Yoga

**Gulika**      2:32PM – 3:42PM  
Yama      12:12PM – 1:22PM  
**Rahu**      3:42PM – 4:52PM

**Punarvasu Until 10:06AM**  
Brahma Until 6:42PM  
Bava Until 7:04PM  
**Chaturthi\* Until 8:19AM Mon**

**Ganesha:** Green      *Sunrise:* 7:31AM  
**Muruqa:** Clear      *Sunset:* 4:52PM  
**Nataraja:** Purple  
Moon – Blue  
**Devaloka Day**  
Margasira-Karttikai

Subhakrit 5124  
Moon 12 - Phase 33 - 2  
1st Phase

**3**

**Monday, December 12, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukstayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA  
Sun 3      Sutra 239

Kataka Rasi: 13.1      Tithi 19 – 20  
745476575  
**Family Home Evening**  
Creative Work      Siddha Yoga

**Gulika**      1:22PM – 2:32PM  
Yama      11:02AM – 12:12PM  
**Rahu**      8:42AM – 9:52AM

**Pushya Until 1:03PM**  
Indra Until 7:33PM  
Kaulava Until 9:36PM  
**Chaturthi\* Until 8:19AM**

**Ganesha:** White      *Sunrise:* 7:31AM  
**Muruqa:** Clear      *Sunset:* 4:53PM  
**Nataraja:** Purple  
Moon – Blue  
**Devaloka Day**  
Margasira-Karttikai

Subhakrit 5124  
Moon 12 - Phase 33 - 3  
1st Phase

**4**

**Tuesday, December 13, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukstayam  
Ashlesha\*/Magha\* Nakshatra Vaidhrili\* Yoga Taaitila/Gara Karana Panchami/Shashthyam Titau

Pittsburgh, PA  
Sun 4      Sutra 240

Kataka Rasi: 25.02      Tithi 20 – 21  
745476575  
Creative Work      Siddha Yoga

**Gulika**      12:12PM – 1:23PM  
Yama      9:52AM – 11:02AM  
**Rahu**      2:33PM – 3:43PM

**Ashlesha\* Until 3:48PM**  
Vaidhrili\* Until 8:19PM  
Gara Until 12:03AM Wed  
**Panchami Until 10:49AM**

**Ganesha:** White      *Sunrise:* 7:32AM  
**Muruqa:** Clear      *Sunset:* 4:53PM  
**Nataraja:** Purple  
Moon – Blue  
**Devaloka Day**  
Margasira-Karttikai

Subhakrit 5124  
Moon 12 - Phase 33 - 4  
1st Phase

**5**

**Wednesday, December 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukstayam  
Magha\* Nakshatra Vishkambha\* Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Pittsburgh, PA  
Sun 5      Sutra 241

Simha Rasi: 6.58      Tithi 21 – 22  
755476575  
Creative Work      Siddha Yoga  
Until 6:42PM  
Then Creative Work - Amrita Yoga

**Gulika**      11:03AM – 12:13PM  
Yama      8:43AM – 9:53AM  
**Rahu**      12:13PM – 1:23PM

**Magha\* Until 6:42PM**  
Vishkambha\* Until 8:55PM  
Visli Until 2:14AM Thu  
**Shashthi\* Until 1:10PM**

**Ganesha:** Clear      *Sunrise:* 7:33AM  
**Muruqa:** Clear      *Sunset:* 4:53PM  
**Nataraja:** Purple  
Moon – Red  
**Sivaloka Day**  
Margasira-Karttikai

Subhakrit 5124  
Moon 12 - Phase 33 - 5  
1st Phase

**6**

**Thursday, December 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukstayam  
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Pittsburgh, PA  
Sun 6      Sutra 242

Simha Rasi: 19.01      Tithi 22 – 23  
755476575  
Creative Work      Siddha Yoga

**Gulika**      9:54AM – 11:04AM  
Yama      7:34AM – 8:44AM  
**Rahu**      1:23PM – 2:33PM

**Purvaphalguni Until 9:02PM**  
Priti Until 9:13PM  
Balava Until 3:57AM Fri  
**Sapthami Until 3:08PM**

**Ganesha:** Clear      *Sunrise:* 7:34AM  
**Muruqa:** Clear      *Sunset:* 4:53PM  
**Nataraja:** Purple  
Moon – Red  
**Sivaloka Day**  
Margasira-Markali

Subhakrit 5124  
Moon 12 - Phase 33 - 6  
1st Phase

Markali Pillaiyar

**Retreat Star**

**Friday, December 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukstayam  
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taaitila Karana Ashtami/Navamyam Titau

Pittsburgh, PA  
Sun 7      Sutra 243

Kanya Rasi: 1.16      Tithi 23 – 24  
855476575  
Creative Work      Siddha Yoga  
Until 10:38PM  
Then Creative Work - Amrita Yoga

**Gulika**      8:44AM – 9:54AM  
Yama      2:34PM – 3:44PM  
**Rahu**      11:04AM – 12:14PM

**Uttaraphalguni Until 10:38PM**  
Ayushman Until 9:02PM  
Taaitila Until 5:01AM Sat  
**Ashtami\* Until 4:33PM**

**Ganesha:** White      *Sunrise:* 7:34AM  
**Muruqa:** Clear      *Sunset:* 4:53PM  
**Nataraja:** Purple  
Moon – Red  
**Devaloka Day**  
Margasira-Markali

Subhakrit 5124  
Moon 12 - Phase 33 - 7  
Ashtami

**Saturday, December 17, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukstayam  
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Pittsburgh, PA  
Sun 8      Sutra 244

Kanya Rasi: 13.47      Tithi 24 – 25  
865476575  
Routine Work      Marana Yoga

**Gulika**      7:35AM – 8:45AM  
Yama      1:24PM – 2:34PM  
**Rahu**      9:55AM – 11:05AM

**Hasta Until 11:49PM**  
Saubhagya Until 8:17PM  
Vanija Until 5:17AM Sun  
**Navami\* Until 5:14PM**

**Ganesha:** Clear      *Sunrise:* 7:35AM  
**Muruqa:** Clear      *Sunset:* 4:54PM  
**Nataraja:** Purple  
Moon – Green  
**Sivaloka Day**  
Margasira-Markali

Subhakrit 5124  
Moon 12 - Phase 33 - 8  
Navami

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

Tit times are standard time. Calculated for Pittsburgh, PA on 4/26/2


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<b>1</b>	<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 9
	Kanya Rasi: 26.41	Tithi 25 – 26	<b>Gulika</b> 2:35PM – 3:44PM	<b>Chitra</b> Until 12:01AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:36AM	Subhakit 5124
			Yama 12:15PM – 1:25PM	Sobhana Until 6:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 34 - 9
		865476575	<b>Rahu</b> 3:44PM – 4:54PM	Bava Until 4:42AM Mon	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Siddha Yoga Until 12:01AM Mon Then Creative Work - Amrita Yoga			<b>Dashami</b> Until 5:05PM	<b>Margasira-Markali</b>	<b>Sivaloka Day</b>		

<b>2</b>	<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 10
	Tula Rasi: 10.01	Tithi 26 – 27	<b>Gulika</b> 1:25PM – 2:35PM	<b>Svati</b> Until 11:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:36AM	Subhakit 5124
	<b>Family Home Evening</b>		Yama 11:06AM – 12:15PM	Athiganda* Until 4:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 34 - 10
		865476575	<b>Rahu</b> 8:46AM – 9:56AM	Kaulava Until 3:17AM Tue	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Amrita Yoga Until 11:15PM Then Routine Work - Marana Yoga			<b>Ekadashi*</b> Until 4:04PM	<b>Margasira-Markali</b>	<b>Sivaloka Day</b>		

<b>3</b>	<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 11
	Tula Rasi: 23.5	Tithi 27 – 28	<b>Gulika</b> 12:16PM – 1:26PM	<b>Vishakha</b> Until 10:01PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:37AM	Subhakit 5124
			Yama 9:56AM – 11:06AM	Sukarma Until 2:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 34 - 11
		875476575	<b>Rahu</b> 2:35PM – 3:45PM	Gara Until 1:06AM Wed	<b>Nataraja:</b> Purple		2nd Phase
Routine Work Marana Yoga Until 10:01PM Then Creative Work - Siddha Yoga			<b>Dvadashi*</b> Until 2:15PM	<b>Margasira-Markali</b>	<b>Devaloka Day</b>		
<i>Pradosha Vrata (Fasting)</i>							

<b>4</b>	<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 12
	Vrischika Rasi: 8.07	Tithi 28 – 29	<b>Gulika</b> 11:07AM – 12:16PM	<b>Anuradha</b> Until 8:00PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:37AM	Subhakit 5124
			Yama 8:47AM – 9:57AM	Dhriti Until 10:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 34 - 12
		876476575	<b>Rahu</b> 12:16PM – 1:26PM	Visti Until 10:18PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Siddha Yoga			<b>Day 1 of Pancha Ganapati</b>	<b>Trayodashi*</b> Until 11:45AM	<b>Margasira-Markali</b>	<b>Sivaloka Day</b>	

	<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pittsburgh, PA Sun 13
	<b>Retreat Star</b>		<b>Gulika</b> 9:57AM – 11:07AM	<b>Jyeshtha*</b> Until 5:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:38AM	Subhakit 5124
	Vrischika Rasi: 22.5	Tithi 29 – 30	Yama 7:38AM – 8:48AM	Shula* Until 7:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 34 - 13
		876476575	<b>Rahu</b> 1:27PM – 2:36PM	Catuspada Until 7:02PM	<b>Nataraja:</b> Purple		Amavasya
Routine Work Prabalarishta Yoga Until 5:22PM Then Creative Work - Siddha Yoga			<b>Day 2 of Pancha Ganapati</b>	<b>Chaturdashi*</b> Until 8:42AM	<b>Margasira-Markali</b>	<b>Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Friday, December 23, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Pittsburgh, PA Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 8:48AM – 9:58AM	<b>Mula*</b> Until 2:42PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:38AM	Subhakit 5124
	Dhanus Rasi: 7.5	Tithi 1	Yama 2:37PM – 3:47PM	Vriddhi Until 10:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 34 - 14
		886476575	<b>Rahu</b> 11:08AM – 12:17PM	Kintughna Until 3:29PM	<b>Nataraja:</b> Purple		Prathama
Creative Work Amrita Yoga Until 2:42PM Then Routine Work - Prabalarishta Yoga			<b>Day 3 of Pancha Ganapati</b>	<b>Prathama*</b> Until 1:38AM Sat	<b>Pausha-Markali</b>	<b>Sivaloka Day</b>	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

11 times are standard time. Calculated for Pittsburgh, PA on 4/26/2

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<b>1</b>		<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pittsburgh, PA Sun 15
Dhanus Rasi: 23	Tithi 2	Gulika	7:39AM – 8:49AM	<b>Purvashadha* Until 11:46AM</b>	Ganesha: Orange	Sunrise: 7:39AM	Subhakrit 5124	
		Yama	1:28PM – 2:38PM	Dhruva Until 6:40PM	Muruḡa: Purple	Sunset: 4:57PM	Moon 12 - Phase 35 - 15	
		886486575 Rahu	9:58AM – 11:08AM	Balava Until 11:49AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		<b>Dvitiya Until 9:58PM</b>	Moon – Light Blue	<b>Subha Sivaloka Day</b>		
Until 11:46AM					Pausha*Markali			
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Pittsburgh, PA Sun 16
Makara Rasi: 8.1	Tithi 3	Gulika	2:38PM – 3:48PM	<b>Uttarashadha Until 8:46AM</b>	Ganesha: Orange	Sunrise: 7:39AM	Subhakrit 5124	
		Yama	12:18PM – 1:28PM	Vyaghata* Until 2:30PM	Muruḡa: Purple	Sunset: 4:57PM	Moon 12 - Phase 35 - 16	
		886486575 Rahu	3:48PM – 4:58PM	Taitila Until 8:11AM	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga	Day 5 of Pancha Ganapati		<b>Tritiya Until 6:26PM</b>	Moon – Light Blue	<b>Subha Sivaloka Day</b>		
					Pausha*Markali			

<b>3</b>		<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Pittsburgh, PA Sun 17
Makara Rasi: 23.1	Tithi 4 – 5	Gulika	1:29PM – 2:39PM	<b>Shravana Until 6:15AM</b>	Ganesha: Clear	Sunrise: 7:40AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama	11:09AM – 12:19PM	Harshana Until 10:35AM	Muruḡa: Purple	Sunset: 4:58PM	Moon 12 - Phase 35 - 17	
		896486576 Rahu	8:49AM – 9:59AM	Bava Until 1:47AM Tue	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			<b>Chaturthi* Until 3:13PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
Until 6:15AM					Pausha*Markali			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pittsburgh, PA Sun 18
Kumbha Rasi: 7.52	Tithi 5 – 6	Gulika	12:19PM – 1:29PM	<b>Shatabhishak Until 2:08AM Wed</b>	Ganesha: Clear	Sunrise: 7:40AM	Subhakrit 5124	
		Yama	10:00AM – 11:10AM	Vajra* Until 6:58AM	Muruḡa: Purple	Sunset: 4:59PM	Moon 12 - Phase 35 - 18	
		896486576 Rahu	2:39PM – 3:49PM	Kaulava Until 11:18PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga			<b>Panchami Until 12:27PM</b>	Moon – Purple	<b>Sivaloka Day</b>		
Until 2:08AM Wed					Pausha*Markali			
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Pittsburgh, PA Sun 19
Kumbha Rasi: 22.11	Tithi 6 – 7	Gulika	11:10AM – 12:20PM	<b>Purvaproshtapada* Until 1:12AM Thu</b>	Ganesha: Blue	Sunrise: 7:40AM	Subhakrit 5124	
		Yama	8:50AM – 10:00AM	Vyatipata* Until 1:14AM Thu	Muruḡa: Purple	Sunset: 5:00PM	Moon 12 - Phase 35 - 19	
		817486576 Rahu	12:20PM – 1:30PM	Gara Until 9:27PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga	Vinayaga Viratam Ends		<b>Shashthi* Until 10:16AM</b>	Moon – Clear	<b>Devaloka Day</b>		
Until 1:12AM Thu					Pausha*Markali			
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau				Pittsburgh, PA Sun 20
Meena Rasi: 6.04	Tithi 7 – 8	Gulika	10:00AM – 11:10AM	<b>Uttaraproshtapada Until 12:51AM Fri</b>	Ganesha: Blue	Sunrise: 7:40AM	Subhakrit 5124	
		Yama	7:40AM – 8:50AM	Variyan Until 11:11PM	Muruḡa: Purple	Sunset: 5:00PM	Moon 12 - Phase 35 - 20	
		817486576 Rahu	1:30PM – 2:40PM	Visti Until 8:20PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga			<b>Saptami Until 8:47AM</b>	Moon – Clear	<b>Devaloka Day</b>		
					Pausha*Markali			

<b>Retreat Star</b>		<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pittsburgh, PA Sun 21
Meena Rasi: 19.31	Tithi 8 – 9	Gulika	8:51AM – 10:01AM	<b>Revati Until 1:04AM Sat</b>	Ganesha: Blue	Sunrise: 7:41AM	Subhakrit 5124	
		Yama	2:41PM – 3:51PM	Parigha* Until 9:44PM	Muruḡa: Purple	Sunset: 5:01PM	Moon 12 - Phase 35 - 21	
		817486576 Rahu	11:11AM – 12:21PM	Balava Until 7:57PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga			<b>Ashtami* Until 8:02AM</b>	Moon – Clear	<b>Devaloka Day</b>		
					Pausha*Markali			

<b>1</b>		<b>Saturday, December 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pittsburgh, PA Sun 22 Sutra 258 Subhakrit 5124
Mesha Rasi: 2.34	Tithi 9 – 10	827486576	<b>Gulika</b> 7:41AM – 8:51AM <b>Yama</b> 1:32PM – 2:42PM <b>Rahu</b> 10:01AM – 11:11AM	<b>Ashvini Until 2:16AM Sun</b> Shiva Until 8:51PM Taitila Until 8:17PM <b>Navami* Until 8:01AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:02PM <b>Nataraja:</b> Clear Moon – White <b>Pausha-Markali</b>	Moon 12 - Phase 36 - 22 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Then Routine Work - Prabalarishta Yoga				
<b>2</b>		<b>Sunday, January 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Pittsburgh, PA Sun 23 Sutra 259 Subhakrit 5124
Mesha Rasi: 15.17	Tithi 10 – 11	827486576	<b>Gulika</b> 2:42PM – 3:53PM <b>Yama</b> 12:22PM – 1:32PM <b>Rahu</b> 3:53PM – 5:03PM	<b>Bharani Until 3:53AM Mon</b> Siddha Until 8:24PM Vanija Until 9:16PM <b>Dashami Until 8:41AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:03PM <b>Nataraja:</b> Clear Moon – White <b>Pausha-Markali</b>	Moon 12 - Phase 36 - 23 4th Phase <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga		Then Routine Work - Marana Yoga				
<b>3</b>		<b>Monday, January 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Pittsburgh, PA Sun 24 Sutra 260 Subhakrit 5124
Mesha Rasi: 27.45	Tithi 11 – 12	827486576	<b>Gulika</b> 1:33PM – 2:43PM <b>Yama</b> 11:12AM – 12:22PM <b>Rahu</b> 8:51AM – 10:02AM	<b>Krittika Until 5:47AM Tue</b> Sadhya Until 8:22PM Bava Until 10:44PM <b>Ekadashi Until 9:55AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:04PM <b>Nataraja:</b> Clear Moon – White <b>Pausha-Markali</b>	Moon 12 - Phase 36 - 24 4th Phase <b>Sivaloka Day</b>
Family Home Evening		Then Creative Work - Amrita Yoga				
<b>4</b>		<b>Tuesday, January 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Pittsburgh, PA Sun 25 Sutra 261 Subhakrit 5124
Vrishabha Rasi: 10.01	Tithi 12 – 13	837586576	<b>Gulika</b> 12:23PM – 1:33PM <b>Yama</b> 10:02AM – 11:12AM <b>Rahu</b> 2:44PM – 3:54PM	<b>Rohini Until 8:21AM Wed</b> Subha Until 8:38PM Kaulava Until 12:35AM Wed <b>Dvadashi Until 11:36AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:05PM <b>Nataraja:</b> Clear Moon – Yellow <b>Pausha-Markali</b>	Moon 12 - Phase 36 - 25 4th Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga		Then Creative Work - Siddha Yoga				
<b>5</b>		<b>Wednesday, January 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Pittsburgh, PA Sun 26 Sutra 262 Subhakrit 5124
Vrishabha Rasi: 22.08	Tithi 13 – 14	838586576	<b>Gulika</b> 11:13AM – 12:23PM <b>Yama</b> 8:52AM – 10:02AM <b>Rahu</b> 12:23PM – 1:34PM	<b>Rohini Until 8:21AM</b> Sukla Until 9:05PM Gara Until 2:43AM Thu <b>Trayodashi Until 1:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:41AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:05PM <b>Nataraja:</b> Clear Moon – Yellow <b>Pausha-Markali</b>	Moon 12 - Phase 36 - 26 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga						
<b>6</b>		<b>Thursday, January 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pittsburgh, PA Sun 27 Sutra 263 Subhakrit 5124
Mithuna Rasi: 4.1	Tithi 14 – 15	838586576	<b>Gulika</b> 10:03AM – 11:13AM <b>Yama</b> 7:41AM – 8:52AM <b>Rahu</b> 1:34PM – 2:45PM	<b>Mrigashira Until 10:59AM</b> Brahma Until 9:42PM Visti Until 5:01AM Fri <b>Chaturdashi* Until 3:50PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:41AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Clear Moon – Yellow <b>Pausha-Markali</b>	Moon 12 - Phase 36 - 27 4th Phase <b>Devaloka Day</b>
Routine Work Marana Yoga		Subramuniyaswami Jayanti				
<b>7</b>		<b>Friday, January 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau		Pittsburgh, PA Sun 28 Sutra 264 Subhakrit 5124
Mithuna Rasi: 16.08	Tithi 15	838586576	<b>Gulika</b> 8:52AM – 10:03AM <b>Yama</b> 2:46PM – 3:56PM <b>Rahu</b> 11:14AM – 12:24PM	<b>Ardra Until 1:36PM</b> Indra Until 10:25PM Bava Until 6:12PM <b>Purnima* Until 6:12PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:41AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Clear Moon – Yellow <b>Pausha-Markali</b>	Moon 12 - Phase 36 - Purnima <b>Devaloka Day</b>
Creative Work Siddha Yoga		Ardra Darshanam				
<b>8</b>		<b>Saturday, January 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manla Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Pittsburgh, PA Sun 29 Sutra 265 Subhakrit 5124
Mithuna Rasi: 28.03	Tithi 16	848586576	<b>Gulika</b> 7:41AM – 8:52AM <b>Yama</b> 1:36PM – 2:46PM <b>Rahu</b> 10:03AM – 11:14AM	<b>Punarvasu Until 4:38PM</b> Vaidhriti* Until 11:10PM Balava Until 7:26AM <b>Prathama* Until 8:39PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:41AM <b>Muruga:</b> Purple <i>Sunset:</i> 5:08PM <b>Nataraja:</b> Clear Moon – Blue <b>Pausha-Markali</b>	Moon 12 - Phase 36 - Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 9.56      Tithi 17  
Creative Work      Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 2:47PM – 3:58PM      Pushya Until 7:33PM  
Yama 12:25PM – 1:36PM      Vishkambha\* Until 11:57PM  
Rahu 3:58PM – 5:09PM      Taitila Until 9:55AM  
Dvitiya Until 11:09PM

Ganesha: Clear      Sunrise: 7:41AM  
Muruga: Purple      Sunset: 5:09PM  
Nataraja: Clear  
Moon – Blue  
Pausha-Markali

Pittsburgh, PA  
Sun 1      Sutra 266  
Subhakit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

**Sivaloka Day**

**1**

**Monday, January 9, 2023**

Kataka Rasi: 21.5      Tithi 18  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 10:17PM  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau  
Gulika 1:37PM – 2:48PM      Ashlesha\* Until 10:17PM  
Yama 11:14AM – 12:26PM      Priti Until 12:45AM Tue  
Rahu 8:52AM – 10:03AM      Vanija Until 12:25PM  
Tritiya Until 1:37AM Tue

Ganesha: Clear      Sunrise: 7:41AM  
Muruga: Purple      Sunset: 5:10PM  
Nataraja: Clear  
Moon – Blue  
Pausha-Markali

Pittsburgh, PA  
Sun 2      Sutra 267  
Subhakit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

**Sivaloka Day**

**2**

**Tuesday, January 10, 2023**

Simha Rasi: 3.44      Tithi 19  
Creative Work      Siddha Yoga  
Until 1:16AM Wed  
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau  
Gulika 12:26PM – 1:37PM      Magha\* Until 1:16AM Wed  
Yama 10:03AM – 11:15AM      Ayushman Until 1:26AM Wed  
Rahu 2:49PM – 4:00PM      Bava Until 2:51PM  
Chaturthi\* Until 3:59AM Wed

Ganesha: Clear      Sunrise: 7:41AM  
Muruga: Purple      Sunset: 5:11PM  
Nataraja: Clear  
Moon – Red  
Pausha-Markali

Pittsburgh, PA  
Sun 3      Sutra 268  
Subhakit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

**Sivaloka Day**

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 15.41      Tithi 20  
Creative Work      Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau  
Gulika 11:15AM – 12:26PM      Purvaphalguni Until 3:51AM Thu  
Yama 8:52AM – 10:03AM      Saubhagya Until 1:58AM Thu  
Rahu 12:26PM – 1:38PM      Kaulava Until 5:07PM  
Panchami Until 6:07AM Thu

Ganesha: Clear      Sunrise: 7:41AM  
Muruga: Purple      Sunset: 5:12PM  
Nataraja: Clear  
Moon – Red  
Pausha-Markali

Pittsburgh, PA  
Sun 4      Sutra 269  
Subhakit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

**Sivaloka Day**

**4**

**Thursday, January 12, 2023**

Simha Rasi: 27.44      Tithi 20 – 21  
Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
Gulika 10:04AM – 11:15AM      Uttaraphalguni Until 5:55AM Fri  
Yama 7:40AM – 8:52AM      Sobhana Until 2:13AM Fri  
Rahu 1:38PM – 2:50PM      Gara Until 7:03PM  
Panchami Until 6:07AM

Ganesha: Clear      Sunrise: 7:40AM  
Muruga: Purple      Sunset: 5:13PM  
Nataraja: Clear  
Moon – Red  
Pausha-Markali

Pittsburgh, PA  
Sun 5      Sutra 270  
Subhakit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

**Sivaloka Day**

**5**

**Friday, January 13, 2023**

Kanya Rasi: 9.56      Tithi 21 – 22  
Creative Work      Amrita Yoga  
Until 7:46AM Sat  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 8:52AM – 10:04AM      Hasta Until 7:46AM Sat  
Yama 2:51PM – 4:03PM      Athiganda\* Until 2:03AM Sat  
Rahu 11:15AM – 12:27PM      Visti Until 8:30PM  
Shashthi\* Until 7:50AM

Ganesha: Clear      Sunrise: 7:40AM  
Muruga: Purple      Sunset: 5:14PM  
Nataraja: Clear  
Moon – Red  
Pausha-Markali

Pittsburgh, PA  
Sun 6      Sutra 271  
Subhakit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

**Sivaloka Day**

**D**

**Saturday, January 14, 2023**  
**Retreat Star**

Kanya Rasi: 22.23      Tithi 22 – 23  
Routine Work      Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
Gulika 7:40AM – 8:52AM      Hasta Until 7:46AM  
Yama 1:40PM – 2:51PM      Sukarma Until 1:21AM Sun  
Rahu 10:04AM – 11:16AM      Balava Until 9:17PM  
Saptami Until 8:58AM

Ganesha: White      Sunrise: 7:40AM  
Muruga: Purple      Sunset: 5:15PM  
Nataraja: Clear  
Moon – Green  
Pausha-Thai

Pittsburgh, PA  
Sun 7      Sutra 272  
Subhakit 5124  
Moon 1 - Phase 37 - 7  
Ashtami

**Subha Sivaloka Day**

**Sunday, January 15, 2023**

**Retreat Star**

Tula Rasi: 5.1      Tithi 23 – 24  
Creative Work      Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
Gulika 2:52PM – 4:04PM      Chitra Until 8:45AM  
Yama 12:28PM – 1:40PM      Dhriti Until 12:03AM Mon  
Rahu 4:04PM – 5:17PM      Taitila Until 9:15PM  
Ashtami\* Until 9:21AM

Ganesha: White      Sunrise: 7:39AM  
Muruga: Purple      Sunset: 5:17PM  
Nataraja: Clear  
Moon – Green  
Pausha-Thai

Pittsburgh, PA  
Sun 8      Sutra 273  
Subhakit 5124  
Moon 1 - Phase 37 - 8  
Navami

**Subha Sivaloka Day**

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada


<b>Monday, January 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Pittsburgh, PA
<b>1</b>		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 274
Tula Rasi: 18.22	Tithi 24 – 25	<b>Gulika</b>	1:41PM – 2:53PM	<b>Svati Until 8:46AM</b>	<b>Ganesha:</b> White	Sunrise: 7:39AM
<b>Family Home Evening</b>	869586576	<b>Yama</b>	11:16AM – 12:28PM	Shula* Until 10:03PM	<b>Muruqa:</b> Purple	Sunset: 5:18PM
Creative Work	Amrita Yoga	<b>Rahu</b>	8:51AM – 10:04AM	Vanija Until 8:23PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 9
Until 8:46AM				<b>Navami* Until 8:54AM</b>	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	<b>Subha Sivaloka Day</b>

<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Pittsburgh, PA
<b>2</b>		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 275
Virchika Rasi: 2.01	Tithi 25 – 26	<b>Gulika</b>	12:29PM – 1:41PM	<b>Vishakha Until 8:15AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 7:38AM
	879586576	<b>Yama</b>	10:04AM – 11:16AM	Ganda* Until 7:24PM	<b>Muruqa:</b> Purple	Sunset: 5:19PM
Routine Work	Marana Yoga	<b>Rahu</b>	2:54PM – 4:06PM	Bava Until 6:40PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 10
Until 8:15AM				<b>Dashami Until 7:36AM</b>	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha*Thai	<b>Sivaloka Day</b>

<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Pittsburgh, PA
<b>3</b>		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 276
Virchika Rasi: 16.1	Tithi 27	<b>Gulika</b>	11:16AM – 12:29PM	<b>Anuradha Until 6:48AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 7:38AM
	871586576	<b>Yama</b>	8:51AM – 10:03AM	Vriddhi Until 4:11PM	<b>Muruqa:</b> Purple	Sunset: 5:20PM
Creative Work	Siddha Yoga	<b>Rahu</b>	12:29PM – 1:42PM	Kaulava Until 4:13PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 11
				<b>Dvadashi* Until 2:44AM Thu</b>	Moon – Orange	2nd Phase
					Pausha*Thai	<b>Sivaloka Day</b>

<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Pittsburgh, PA
<b>4</b>		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 277
Dhanus Rasi: 0.47	Tithi 28	<b>Gulika</b>	10:03AM – 11:16AM	<b>Mula* Until 2:04AM Fri</b>	<b>Ganesha:</b> Red	Sunrise: 7:38AM
	881586576	<b>Yama</b>	7:38AM – 8:50AM	Dhruva Until 12:26PM	<b>Muruqa:</b> Purple	Sunset: 5:21PM
Creative Work	Siddha Yoga	<b>Rahu</b>	1:42PM – 2:55PM	Gara Until 1:09PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 12
Until 2:04AM Fri				<b>Trayodashi* Until 11:25PM</b>	Moon – Light Blue	2nd Phase
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	<b>Sivaloka Day</b>
						<i>Pradosha Vrata (Fasting)</i>

<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Pittsburgh, PA
<b>5</b>		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 278
Dhanus Rasi: 15.48	Tithi 29	<b>Gulika</b>	8:50AM – 10:03AM	<b>Purvashadha* Until 11:06PM</b>	<b>Ganesha:</b> Red	Sunrise: 7:37AM
	881586576	<b>Yama</b>	2:56PM – 4:09PM	Vyaghata* Until 8:20AM	<b>Muruqa:</b> Purple	Sunset: 5:22PM
Routine Work	Prabalarishta Yoga	<b>Rahu</b>	11:16AM – 12:30PM	Visti Until 9:38AM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 13
Until 11:06PM				<b>Chaturdashi* Until 7:44PM</b>	Moon – Light Blue	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	<b>Sivaloka Day</b>

<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Pittsburgh, PA
	<b>Retreat Star</b>	Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 279
Makara Rasi: 1.04	Tithi 30 – 1	<b>Gulika</b>	7:36AM – 8:50AM	<b>Uttarashadha Until 7:51PM</b>	<b>Ganesha:</b> Red	Sunrise: 7:36AM
	881586576	<b>Yama</b>	1:43PM – 2:57PM	Vajra* Until 11:34PM	<b>Muruqa:</b> Purple	Sunset: 5:23PM
Routine Work	Marana Yoga	<b>Rahu</b>	10:03AM – 11:16AM	Kintughna Until 1:57AM Sun	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 14
Until 7:51PM				<b>Amavasya* Until 3:53PM</b>	Moon – Light Blue	Amavasya
Then Creative Work - Siddha Yoga					Pausha*Thai	<b>Sivaloka Day</b>

<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Pittsburgh, PA
<b>Retreat Star</b>		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 280
Makara Rasi: 16.23	Tithi 1 – 2	<b>Gulika</b>	2:57PM – 4:11PM	<b>Shravana Until 4:53PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 7:36AM
	891586576	<b>Yama</b>	12:30PM – 1:44PM	Siddhi Until 7:11PM	<b>Muruqa:</b> Purple	Sunset: 5:24PM
Creative Work	Amrita Yoga	<b>Rahu</b>	4:11PM – 5:24PM	Balava Until 10:09PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 15
Until 4:53PM				<b>Prathama* Until 12:01PM</b>	Moon – Purple	Prathama
Then Routine Work - Marana Yoga					Magha*Thai	<b>Sivaloka Day</b>

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

<b>1</b>	<b>Monday, January 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Pittsburgh, PA
	Kumbha Rasi: 1.37	Tithi 2 - 3	<b>Gulika</b> 1:44PM - 2:58PM	<b>Dhanishtha</b> Until 2:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:35AM	Sun 16 Sutra 281
<b>Family Home Evening</b>	891586576	<b>Rahu</b> 8:49AM - 10:03AM	Vyatipata* Until 3:01PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Subhakrit 5124	
Creative Work Siddha Yoga			Taitila Until 6:36PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 39 - 16	
			<b>Dvitiya</b> Until 8:19AM	Moon - Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Tuesday, January 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprossthapada Nakshatra Varyan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				Pittsburgh, PA
	Kumbha Rasi: 16.35	Tithi 4	<b>Gulika</b> 12:31PM - 1:45PM	<b>Shatabhishak</b> Until 11:24AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:34AM	Sun 17 Sutra 282
<b>Routine Work</b>	991586576	<b>Rahu</b> 2:59PM - 4:13PM	Variyan Until 11:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Subhakrit 5124	
Marana Yoga			Vanija Until 3:31PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 39 - 17	
			<b>Chaturthi*</b> Until 2:09AM Wed	Moon - Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Wednesday, January 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada/Uttaraprossthapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Pittsburgh, PA
	Meena Rasi: 1.1	Tithi 5	<b>Gulika</b> 11:17AM - 12:31PM	<b>Purvaprossthapada*</b> Until 9:38AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:34AM	Sun 18 Sutra 283
<b>Creative Work</b>	911586576	<b>Rahu</b> 12:31PM - 1:45PM	Parigha* Until 7:46AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Subhakrit 5124	
Amrita Yoga			Bava Until 1:01PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 39 - 18	
Until 9:38AM			<b>Panchami</b> Until 12:01AM Thu	Moon - Clear		3rd Phase	
Then Creative Work - Siddha Yoga				<b>Magha-Thai</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Thursday, January 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Pittsburgh, PA
	Meena Rasi: 15.15	Tithi 6	<b>Gulika</b> 10:02AM - 11:17AM	<b>Uttaraprossthapada</b> Until 8:26AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:33AM	Sun 19 Sutra 284
<b>Creative Work</b>	911586576	<b>Rahu</b> 1:46PM - 3:00PM	Siddha Until 2:48AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Subhakrit 5124	
Siddha Yoga			Kaulava Until 11:15AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 39 - 19	
			<b>Shashthi*</b> Until 10:40PM	Moon - Clear		3rd Phase	
				<b>Magha-Thai</b>		<b>Subha Sivaloka Day</b>	

<b>5</b>	<b>Friday, January 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Pittsburgh, PA
	Meena Rasi: 28.5	Tithi 7	<b>Gulika</b> 8:47AM - 10:02AM	<b>Revati</b> Until 7:55AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:32AM	Sun 20 Sutra 285
<b>Creative Work</b>	911586576	<b>Rahu</b> 11:17AM - 12:31PM	Sadhya Until 1:20AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Subhakrit 5124	
Siddha Yoga			Gara Until 10:20AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 39 - 20	
Until 7:55AM			<b>Saptami</b> Until 10:11PM	Moon - Clear		3rd Phase	
Then Creative Work - Amrita Yoga				<b>Magha-Thai</b>		<b>Subha Sivaloka Day</b>	

<b>6</b>	<b>Saturday, January 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Pittsburgh, PA
	Mesha Rasi: 11.58	Tithi 8	<b>Gulika</b> 7:31AM - 8:46AM	<b>Ashvini</b> Until 8:32AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:31AM	Sun 21 Sutra 286
<b>Retreat Star</b>	921686576	<b>Rahu</b> 10:01AM - 11:17AM	Subha Until 12:31AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Subhakrit 5124	
Siddha Yoga			Visti Until 10:18AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 39 - 21	
			<b>Ashtami*</b> Until 10:34PM	Moon - White		Ashtami	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>7</b>	<b>Sunday, January 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Pittsburgh, PA
	Mesha Rasi: 24.4	Tithi 9	<b>Gulika</b> 3:02PM - 4:18PM	<b>Bharani</b> Until 9:48AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:31AM	Sun 22 Sutra 287
<b>Retreat Star</b>	922686576	<b>Rahu</b> 4:18PM - 5:33PM	Sukla Until 12:16AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Subhakrit 5124	
Prabalarishta Yoga			Balava Until 11:04AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 39 - 22	
Until 9:48AM			<b>Navami*</b> Until 11:42PM	Moon - White		Navami	
Then Creative Work - Siddha Yoga				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda


<b>1</b>		<b>Monday, January 30, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Pittsburgh, PA Sun 23	Sutra 288 Subhakrit 5124
Vrishabha Rasi: 7.04	Tithi 10	<b>Gulika</b>	1:47PM – 3:03PM	<b>Krittika</b> <b>Until 11:35AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:30AM	
<b>Family Home Evening</b>	922686576	Yama	11:16AM – 12:32PM	Brahma <b>Until 12:28AM Tue</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 40 - 23
Routine Work Marana Yoga		<b>Rahu</b>	8:45AM – 10:01AM	Taitila <b>Until 12:32PM</b>	<b>Nataraja:</b> Clear		4th Phase
Until 11:35AM				<b>Dashami</b> <b>Until 1:27AM Tue</b>	Moon – White		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					Magha-Thai		

<b>2</b>		<b>Tuesday, January 31, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Pittsburgh, PA Sun 24	Sutra 289 Subhakrit 5124
Vrishabha Rasi: 19.13	Tithi 11	<b>Gulika</b>	12:32PM – 1:48PM	<b>Rohini</b> <b>Until 2:11PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:29AM	
	932686576	Yama	10:00AM – 11:16AM	Indra <b>Until 1:01AM Wed</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 40 - 24
Creative Work Amrita Yoga		<b>Rahu</b>	3:04PM – 4:19PM	Vanija <b>Until 2:31PM</b>	<b>Nataraja:</b> Clear		4th Phase
Until 2:11PM				<b>Ekadashi</b> <b>Until 3:37AM Wed</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga					Magha-Thai		

<b>3</b>		<b>Wednesday, February 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Pittsburgh, PA Sun 25	Sutra 290 Subhakrit 5124
Mithuna Rasi: 1.13	Tithi 12	<b>Gulika</b>	11:16AM – 12:32PM	<b>Mrigashira</b> <b>Until 4:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:29AM	
	932686576	Yama	8:45AM – 10:00AM	Vaidhriti* <b>Until 1:43AM Thu</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 40 - 25
Creative Work Siddha Yoga		<b>Rahu</b>	12:32PM – 1:48PM	Bava <b>Until 4:50PM</b>	<b>Nataraja:</b> Clear		4th Phase
				<b>Dvadashi</b> <b>Until 6:02AM Thu</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
					Magha-Thai		

<b>4</b>		<b>Thursday, February 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Pittsburgh, PA Sun 26	Sutra 291 Subhakrit 5124
Mithuna Rasi: 13.08	Tithi 12 – 13	<b>Gulika</b>	10:00AM – 11:16AM	<b>Ardra</b> <b>Until 7:40PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:28AM	
	932686576	Yama	7:28AM – 8:44AM	Vishkambha* <b>Until 2:32AM Fri</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 40 - 26
Routine Work Marana Yoga		<b>Rahu</b>	1:48PM – 3:04PM	Kaulava <b>Until 7:18PM</b>	<b>Nataraja:</b> Clear		4th Phase
Until 7:40PM				<b>Dvadashi</b> <b>Until 6:02AM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga					Magha-Thai		
					<i>Pradosha Vrata</i>		

<b>5</b>		<b>Friday, February 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Pittsburgh, PA Sun 27	Sutra 292 Subhakrit 5124
Mithuna Rasi: 25.01	Tithi 13 – 14	<b>Gulika</b>	8:43AM – 10:00AM	<b>Punarvasu</b> <b>Until 10:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:27AM	
	942686577	Yama	3:05PM – 4:21PM	Priti <b>Until 3:22AM Sat</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 40 - 27
Creative Work Siddha Yoga		<b>Rahu</b>	11:16AM – 12:32PM	Gara <b>Until 9:49PM</b>	<b>Nataraja:</b> Orange		4th Phase
Until 10:47PM				<b>Trayodashi</b> <b>Until 8:32AM</b>	Moon – Blue		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					Magha-Thai		

		<b>Saturday, February 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pittsburgh, PA Sun 28	Sutra 293 Subhakrit 5124
Kataka Rasi: 6.54	Tithi 14 – 15	<b>Gulika</b>	7:26AM – 8:43AM	<b>Pushya</b> <b>Until 1:41AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:26AM	
	942686577	Yama	1:49PM – 3:06PM	Ayushman <b>Until 4:08AM Sun</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 40 - Purnima
Creative Work Siddha Yoga		<b>Rahu</b>	9:59AM – 11:16AM	Visti <b>Until 12:17AM Sun</b>	<b>Nataraja:</b> Orange		
				<b>Chaturdashi*</b> <b>Until 11:02AM</b>	Moon – Blue		<b>Sivaloka Day</b>
		<b>Thai Pusam</b>			Magha-Thai		

<b>Sunday, February 5, 2023</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Pittsburgh, PA Sun 29	Sutra 294 Subhakrit 5124
Kataka Rasi: 18.48	Tithi 15 – 16	<b>Gulika</b>	3:06PM – 4:23PM	<b>Ashlesha*</b> <b>Until 4:19AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:25AM	
	942686577	Yama	12:33PM – 1:49PM	Saubhagya <b>Until 4:50AM Mon</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 40 - Prathama
Creative Work Siddha Yoga		<b>Rahu</b>	4:23PM – 5:40PM	Balava <b>Until 2:39AM Mon</b>	<b>Nataraja:</b> Orange		
Until 4:19AM Mon				<b>Purnima*</b> <b>Until 1:27PM</b>	Moon – Blue		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					Magha-Thai		





**Monday, February 6, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pittsburgh, PA  
Sutra 295  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

Simha Rasi: 0.44 Tithi 16 - 17  
**Family Home Evening** 952686577  
Routine Work Marana Yoga  
Until 7:10AM Tue  
Then Creative Work - Siddha Yoga

**Gulika** 1:50PM - 3:07PM  
Yama 11:15AM - 12:33PM  
**Rahu** 8:41AM - 9:58AM

**Magha\* Until 7:10AM Tue**  
Sobhana Until 5:27AM Tue  
Taitila Until 4:54AM Tue  
**Prathama\* Until 3:46PM**

**Ganesha:** Purple *Sunrise: 7:24AM*  
**Muruqa:** Purple *Sunset: 5:41PM*  
**Nataraja:** Orange  
Moon - Red  
**Magha\*Thai**

**Subha Sivaloka Day**

**1**

**Tuesday, February 7, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA  
Sun 1 Sutra 296  
Subhakrit 5124  
Moon 2 - Phase 41 - 1  
1st Phase

Simha Rasi: 12.44 Tithi 17 - 18  
952686577  
Creative Work Siddha Yoga

**Gulika** 12:33PM - 1:50PM  
Yama 9:58AM - 11:15AM  
**Rahu** 3:08PM - 4:25PM

**Magha\* Until 7:10AM**  
Athiganda\* Until 5:54AM Wed  
Vanija Until 6:57AM Wed  
**Dvitiya Until 5:55PM**

**Ganesha:** Purple *Sunrise: 7:23AM*  
**Muruqa:** Purple *Sunset: 5:43PM*  
**Nataraja:** Orange  
Moon - Red  
**Magha\*Thai**

**Subha Sivaloka Day**

**2**

**Wednesday, February 8, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Pittsburgh, PA  
Sun 2 Sutra 297  
Subhakrit 5124  
Moon 2 - Phase 41 - 2  
1st Phase

Simha Rasi: 24.48 Tithi 18  
952686577  
Creative Work Amrita Yoga

**Gulika** 11:15AM - 12:33PM  
Yama 8:40AM - 9:57AM  
**Rahu** 12:33PM - 1:51PM

**Purvaphalguni Until 9:40AM**  
Sukarma Until 6:11AM Thu  
Vanija Until 6:57AM  
**Tritiya Until 7:52PM**

**Ganesha:** Purple *Sunrise: 7:22AM*  
**Muruqa:** Purple *Sunset: 5:44PM*  
**Nataraja:** Orange  
Moon - Red  
**Magha\*Thai**

**Subha Sivaloka Day**

**3**

**Thursday, February 9, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Pittsburgh, PA  
Sun 3 Sutra 298  
Subhakrit 5124  
Moon 2 - Phase 41 - 3  
1st Phase

Kanya Rasi: 6.58 Tithi 19  
952686577  
Amrita Yoga  
Until 11:45AM  
Then Routine Work - Marana Yoga

**Gulika** 9:57AM - 11:15AM  
Yama 7:21AM - 8:39AM  
**Rahu** 1:51PM - 3:09PM

**Uttaraphalguni Until 11:45AM**  
Sukarma Until 6:11AM  
Bava Until 8:44AM  
**Chaturthi\* Until 9:29PM**

**Ganesha:** Purple *Sunrise: 7:21AM*  
**Muruqa:** Purple *Sunset: 5:45PM*  
**Nataraja:** Orange  
Moon - Red  
**Magha\*Thai**

**Subha Sivaloka Day**

**4**

**Friday, February 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Pittsburgh, PA  
Sun 4 Sutra 299  
Subhakrit 5124  
Moon 2 - Phase 41 - 4  
1st Phase

Kanya Rasi: 19.17 Tithi 20  
962686577  
Creative Work Amrita Yoga  
Until 1:48PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:38AM - 9:56AM  
Yama 3:10PM - 4:28PM  
**Rahu** 11:15AM - 12:33PM

**Hasta Until 1:48PM**  
Dhriti Until 6:13AM  
Kaulava Until 10:11AM  
**Panchami Until 10:42PM**

**Ganesha:** Clear *Sunrise: 7:20AM*  
**Muruqa:** Purple *Sunset: 5:46PM*  
**Nataraja:** Orange  
Moon - Green  
**Magha\*Thai**

**Sivaloka Day**

**5**

**Saturday, February 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthayam Titau

Pittsburgh, PA  
Sun 5 Sutra 300  
Subhakrit 5124  
Moon 2 - Phase 41 - 5  
1st Phase

Tula Rasi: 1.47 Tithi 21  
963686577  
Routine Work Marana Yoga  
Until 3:13PM  
Then Creative Work - Siddha Yoga

**Gulika** 7:18AM - 8:37AM  
Yama 1:52PM - 3:10PM  
**Rahu** 9:56AM - 11:14AM

**Chitra Until 3:13PM**  
Ganda\* Until 5:06AM Sun  
Gara Until 11:08AM  
**Shashthi\* Until 11:22PM**

**Ganesha:** Purple *Sunrise: 7:18AM*  
**Muruqa:** Purple *Sunset: 5:47PM*  
**Nataraja:** Orange  
Moon - Green  
**Magha\*Thai**

**Devaloka Day**

**6**

**Sunday, February 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi Yoga Visti\*/Bava Karana Saptamyam Titau

Pittsburgh, PA  
Sun 6 Sutra 301  
Subhakrit 5124  
Moon 2 - Phase 41 - 6  
1st Phase

Tula Rasi: 14.34 Tithi 22  
963686577  
Creative Work Siddha Yoga  
Until 3:52PM  
Then Routine Work - Marana Yoga

**Gulika** 3:11PM - 4:30PM  
Yama 12:33PM - 1:52PM  
**Rahu** 4:30PM - 5:49PM

**Svati Until 3:52PM**  
Vridhhi Until 3:49AM Mon  
Visti Until 11:29AM  
**Saptami Until 11:22PM**

**Ganesha:** Purple *Sunrise: 7:17AM*  
**Muruqa:** Purple *Sunset: 5:49PM*  
**Nataraja:** Orange  
Moon - Green  
**Magha-Masi**

**Devaloka Day**

**Monday, February 13, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Pittsburgh, PA  
Sun 7 Sutra 302  
Subhakrit 5124  
Moon 2 - Phase 41 - 7  
Ashtami

Tula Rasi: 27.4 Tithi 23  
973686577  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 4:08PM  
Then Creative Work - Siddha Yoga

**Gulika** 1:52PM - 3:11PM  
Yama 11:14AM - 12:33PM  
**Rahu** 8:35AM - 9:54AM

**Vishakha Until 4:08PM**  
Dhruva Until 1:56AM Tue  
Balava Until 11:07AM  
**Ashtami\* Until 10:39PM**

**Ganesha:** Clear *Sunrise: 7:16AM*  
**Muruqa:** Purple *Sunset: 5:50PM*  
**Nataraja:** Orange  
Moon - Orange  
**Magha-Masi**

**Sivaloka Day**

**Tuesday, February 14, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Pittsburgh, PA  
Sun 8 Sutra 303  
Subhakrit 5124  
Moon 2 - Phase 41 - 8  
Navami

Vrischika Rasi: 11.1 Tithi 24  
973686577  
Creative Work Siddha Yoga  
Until 3:32PM  
Then Routine Work - Marana Yoga

**Gulika** 12:33PM - 1:52PM  
Yama 9:54AM - 11:13AM  
**Rahu** 3:12PM - 4:31PM

**Anuradha Until 3:32PM**  
Vyaghata\* Until 11:29PM  
Taitila Until 10:02AM  
**Navami\* Until 9:11PM**

**Ganesha:** Clear *Sunrise: 7:15AM*  
**Muruqa:** Purple *Sunset: 5:51PM*  
**Nataraja:** Orange  
Moon - Orange  
**Magha-Masi**

**Sivaloka Day**

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

Il times are standard time. Calculated for Pittsburgh, PA on 4/26/2

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1	<b>Wednesday, February 15, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Pittsburgh, PA Sun 9 Sutra 304 Subhakrit 5124	
	Vrischika Rasi: 25.07	Tithi 25	Gulika 11:13AM – 12:33PM	Yama 8:33AM – 9:53AM	Rahu 12:33PM – 1:53PM	Jyeshtha* Until 2:05PM Harshana Until 8:29PM Vanija Until 8:13AM Dashami Until 7:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 7:14AM Sunset: 5:52PM Moon 2 - Phase 42 - 9 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga		973686577					
	Until 2:05PM		Then Routine Work - Marana Yoga					

2	<b>Thursday, February 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 10 Sutra 305 Subhakrit 5124	
	Dhanus Rasi: 9.29	Tithi 26 – 27	Gulika 9:53AM – 11:13AM	Yama 7:12AM – 8:32AM	Rahu 1:53PM – 3:13PM	Mula* Until 12:18PM Vajra* Until 4:59PM Kaulava Until 2:43AM Fri Ekadashi* Until 4:16PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:12AM Sunset: 5:53PM Moon 2 - Phase 42 - 10 2nd Phase Devaloka Day
	Creative Work Siddha Yoga		983686577					
	Then Routine Work - Marana Yoga							

3	<b>Friday, February 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 11 Sutra 306 Subhakrit 5124	
	Dhanus Rasi: 24.14	Tithi 27 – 28	Gulika 8:31AM – 9:52AM	Yama 3:14PM – 4:34PM	Rahu 11:12AM – 12:33PM	Purvashadha* Until 9:53AM Siddhi Until 1:08PM Gara Until 11:19PM Dvadashi* Until 1:02PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:11AM Sunset: 5:53PM Moon 2 - Phase 42 - 11 2nd Phase Devaloka Day
	Routine Work Prabalarishta Yoga		983686577					
	Until 9:53AM		Then Routine Work - Marana Yoga		<i>Pradosha Vrata (Fasting)</i>			

4	<b>Saturday, February 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam Uttarashadha/Shravana Nakshatra Vyatlipata*/Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 12 Sutra 307 Subhakrit 5124	
	Makara Rasi: 9.17	Tithi 28 – 29	Gulika 7:10AM – 8:30AM	Yama 1:53PM – 3:14PM	Rahu 9:51AM – 11:12AM	Uttarashadha Until 6:59AM Vyatlipata* Until 9:01AM Visti Until 7:40PM Trayodashi* Until 9:29AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:10AM Sunset: 5:56PM Moon 2 - Phase 42 - 12 2nd Phase Devaloka Day
	Routine Work Marana Yoga		983686577					
	Until 6:59AM		Then Creative Work - Siddha Yoga					

●	<b>Sunday, February 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pittsburgh, PA Sun 13 Sutra 308 Subhakrit 5124			
	<b>Retreat Star</b>		Makara Rasi: 24.28	Tithi 30	Gulika 3:15PM – 4:36PM	Yama 12:33PM – 1:54PM	Rahu 4:36PM – 5:57PM	Dhanishtha Until 1:16AM Mon Parigha* Until 12:31AM Mon Catuspada Until 3:57PM Amavasya* Until 2:07AM Mon	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 7:08AM Sunset: 5:57PM Moon 2 - Phase 42 - 13 Amavasya Devaloka Day
	Routine Work Marana Yoga		993686577							
	Until 1:16AM Mon		Then Creative Work - Siddha Yoga							

●	<b>Monday, February 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Pittsburgh, PA Sun 14 Sutra 309 Subhakrit 5124			
	<b>Retreat Star</b>		Kumbha Rasi: 9.38	Tithi 1	Gulika 1:54PM – 3:15PM	Yama 11:11AM – 12:33PM	Rahu 8:28AM – 9:50AM	Shatabhishak Until 10:23PM Shiva Until 8:27PM Kintughna Until 12:21PM Prathama* Until 10:38PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalguna-Masi	Sunrise: 7:07AM Sunset: 5:58PM Moon 2 - Phase 42 - 14 Prathama Devaloka Day
	Family Home Evening		993686577							
	Creative Work Siddha Yoga		Then Routine Work - Marana Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>		<b>Tuesday, February 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Pittsburgh, PA Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 24.37	Tithi 2	<b>Gulika</b>	12:32PM – 1:54PM	<b>Purvaproshtapada* Until 8:10PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:06AM	
		Yama	9:49AM – 11:11AM	Siddha Until 4:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 43 - 15
		913686577 <b>Rahu</b>	3:16PM – 4:38PM	Balava Until 9:02AM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Marana Yoga			<b>Dvitiya Until 7:31PM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 8:10PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau			Pittsburgh, PA Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 9.17	Tithi 3 – 4	<b>Gulika</b>	11:10AM – 12:32PM	<b>Uttaraproshtapada Until 6:21PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:04AM	
		Yama	8:26AM – 9:48AM	Sadhya Until 1:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 43 - 16
		913786577 <b>Rahu</b>	12:32PM – 1:54PM	Taitila Until 6:11AM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Tritiya Until 4:57PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 6:21PM					Phalguna-Masi		
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Pittsburgh, PA Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 23.3	Tithi 4 – 5	<b>Gulika</b>	9:48AM – 11:10AM	<b>Revati Until 5:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:03AM	
		Yama	7:03AM – 8:25AM	Subha Until 10:27AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 43 - 17
		913786577 <b>Rahu</b>	1:55PM – 3:17PM	Bava Until 2:28AM Fri	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Chaturthi* Until 3:05PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 5:05PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>					

<b>4</b>		<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Pittsburgh, PA Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 7.14	Tithi 5 – 6	<b>Gulika</b>	8:24AM – 9:47AM	<b>Ashvini Until 4:55PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:01AM	
		Yama	3:17PM – 4:40PM	Sukla Until 8:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 43 - 18
		923786577 <b>Rahu</b>	11:09AM – 12:32PM	Kaulava Until 1:51AM Sat	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Amrita Yoga			<b>Panchami Until 2:02PM</b>	Moon – White		<b>Sivaloka Day</b>
Until 4:55PM					Phalguna-Masi		
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Pittsburgh, PA Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 20.29	Tithi 6 – 7	<b>Gulika</b>	7:00AM – 8:23AM	<b>Bharani Until 5:27PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:00AM	
		Yama	1:55PM – 3:18PM	Brahma Until 6:44AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 43 - 19
		924786577 <b>Rahu</b>	9:46AM – 11:09AM	Gara Until 2:05AM Sun	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi* Until 1:50PM</b>	Moon – White		<b>Devaloka Day</b>
Until 5:27PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Pittsburgh, PA Sun 20 Sutra 315 Subhakrit 5124
Vrishabha Rasi: 3.18	Tithi 7 – 8	<b>Gulika</b>	3:18PM – 4:42PM	<b>Krittika Until 6:39PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:59AM	
		Yama	12:32PM – 1:55PM	Vaidhriti* Until 5:41AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 43 - 20
		924786577 <b>Rahu</b>	4:42PM – 6:05PM	Visti Until 3:09AM Mon	<b>Nataraja:</b> Orange		Ashtami
Creative Work	Siddha Yoga			<b>Saptami Until 2:30PM</b>	Moon – White		<b>Devaloka Day</b>
					Phalguna-Masi		

<b>Retreat Star</b>		<b>Monday, February 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Pittsburgh, PA Sun 21 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 15.46	Tithi 8 – 9	<b>Gulika</b>	1:55PM – 3:19PM	<b>Rohini Until 8:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:57AM	
<b>Family Home Evening</b>		Yama	11:08AM – 12:32PM	Vishkambha* Until 5:57AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 43 - 21
		934786577 <b>Rahu</b>	8:21AM – 9:44AM	Balava Until 4:52AM Tue	<b>Nataraja:</b> Orange		Navami
Creative Work	Amrita Yoga			<b>Ashtami* Until 3:55PM</b>	Moon – Yellow		<b>Sivaloka Day</b>
					Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>	<b>Tuesday, February 28, 2023</b>		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 22 Sutra 317 Subhakra 5124
	Vrishabha Rasi: 27.56	Tithi 9 – 10	934786577	<b>Gulika</b> 12:31PM – 1:55PM <b>Yama</b> 9:44AM – 11:08AM <b>Rahu</b> 3:19PM – 4:43PM	<b>Mrigashira</b> Until 11:24PM Priti Until 6:34AM Wed Taitila Until 7:04AM Wed <b>Navami*</b> Until 5:54PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:56AM Sunset: 6:07PM Moon 2 - Phase 44 - 22 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						
	Until 11:24PM						
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Wednesday, March 1, 2023</b>		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Pittsburgh, PA Sun 23 Sutra 318 Subhakra 5124
	Mithuna Rasi: 9.56	Tithi 10	934786577	<b>Gulika</b> 11:07AM – 12:31PM <b>Yama</b> 8:17AM – 9:42AM <b>Rahu</b> 12:31PM – 1:56PM	<b>Ardra</b> Until 2:06AM Thu Priti Until 6:34AM Taitila Until 7:04AM <b>Dashami</b> Until 8:15PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:53AM Sunset: 6:09PM Moon 2 - Phase 44 - 23 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						
	Until 2:06AM Thu						
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Thursday, March 2, 2023</b>		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Pittsburgh, PA Sun 24 Sutra 319 Subhakra 5124
	Mithuna Rasi: 21.5	Tithi 11	944786577	<b>Gulika</b> 9:41AM – 11:06AM <b>Yama</b> 6:51AM – 8:16AM <b>Rahu</b> 1:56PM – 3:21PM	<b>Punarvasu</b> Until 5:14AM Fri Ayushman Until 7:22AM Vanija Until 9:31AM <b>Ekadashi</b> Until 10:45PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Phalguna-Masi</b>	Sunrise: 6:51AM Sunset: 6:11PM Moon 2 - Phase 44 - 24 4th Phase <b>Devaloka Day</b>
	Creative Work Amrita Yoga						
	Until 5:14AM Fri						
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Friday, March 3, 2023</b>		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Pittsburgh, PA Sun 25 Sutra 320 Subhakra 5124
	Kataka Rasi: 3.42	Tithi 12	944786577	<b>Gulika</b> 8:15AM – 9:40AM <b>Yama</b> 3:21PM – 4:46PM <b>Rahu</b> 11:05AM – 12:31PM	<b>Pushya</b> Until 8:10AM Sat Saubhagya Until 8:14AM Bava Until 12:02PM <b>Dvadashi</b> Until 1:15AM Sat	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Phalguna-Masi</b>	Sunrise: 6:50AM Sunset: 6:12PM Moon 2 - Phase 44 - 25 4th Phase <b>Devaloka Day</b>
	Routine Work Marana Yoga						

<b>5</b>	<b>Saturday, March 4, 2023</b>		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 321 Subhakra 5124
	Kataka Rasi: 15.35	Tithi 13	944786577	<b>Gulika</b> 6:48AM – 8:14AM <b>Yama</b> 1:56PM – 3:22PM <b>Rahu</b> 9:39AM – 11:05AM	<b>Pushya</b> Until 8:10AM Sobhana Until 9:05AM Kaulava Until 2:28PM <b>Trayodashi</b> Until 3:37AM Sun <i>Pradosha Vrata</i>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Phalguna-Masi</b>	Sunrise: 6:48AM Sunset: 6:13PM Moon 2 - Phase 44 - 26 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	Until 8:10AM						
Then Routine Work - Marana Yoga							

<b>6</b>	<b>Sunday, March 5, 2023</b>		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Pittsburgh, PA Sun 27 Sutra 322 Subhakra 5124
	Kataka Rasi: 27.31	Tithi 14	144786577	<b>Gulika</b> 3:22PM – 4:48PM <b>Yama</b> 12:30PM – 1:56PM <b>Rahu</b> 4:48PM – 6:14PM	<b>Ashlesha*</b> Until 10:47AM Athiganda* Until 9:47AM Gara Until 4:44PM <b>Chaturdashi*</b> Until 5:45AM Mon	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Phalguna-Masi</b>	Sunrise: 6:47AM Sunset: 6:14PM Moon 2 - Phase 44 - 27 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	Until 10:47AM						
Then Routine Work - Marana Yoga							

<b>○</b>	<b>Monday, March 6, 2023</b>		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau				Pittsburgh, PA Sun 28 Sutra 323 Subhakra 5124
	<b>Copper Retreat Star</b>						
	Simha Rasi: 9.32	Tithi 15	154786577	<b>Gulika</b> 1:56PM – 3:23PM <b>Yama</b> 11:04AM – 12:30PM <b>Rahu</b> 8:11AM – 9:38AM	<b>Magha*</b> Until 1:31PM Sukarma Until 10:19AM Visti Until 6:45PM <b>Purnima*</b> Until 7:38AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Red <b>Phalguna-Masi</b>	Sunrise: 6:45AM Sunset: 6:15PM Moon 2 - Phase 44 - Purnima <b>Sivaloka Day</b>
	Family Home Evening						
Routine Work Marana Yoga							
Until 1:31PM							
Then Creative Work - Siddha Yoga							

<b>○</b>	<b>Tuesday, March 7, 2023</b>		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA Sun 29 Sutra 324 Subhakra 5124
	<b>Silver Retreat Star</b>						
	Simha Rasi: 21.4	Tithi 15 – 16	154786577	<b>Gulika</b> 12:30PM – 1:56PM <b>Yama</b> 9:37AM – 11:03AM <b>Rahu</b> 3:23PM – 4:50PM	<b>Purvaphalguni</b> Until 3:48PM Dhriti Until 10:40AM Balava Until 8:28PM <b>Purnima*</b> Until 7:38AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Red <b>Phalguna-Masi</b>	Sunrise: 6:44AM Sunset: 6:16PM Moon 2 - Phase 44 - Prathama <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						
Until 3:48PM							
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\*Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pittsburgh, PA

Sutra 325

Subhakrit 5124

Kanya Rasi: 3.55 Tithi 16 - 17

154786577

**Gulika** 11:03AM - 12:30PM  
Yama 8:09AM - 9:36AM  
**Rahu** 12:30PM - 1:56PM

**Uttaraphalguni** Until 5:37PM

Shula\* Until 10:44AM

Taitila Until 9:52PM

Prathama\* Until 9:11AM

**Ganesha:** Clear

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Red

Phalguna-Masi

**Sunrise:** 6:42AM

**Sunset:** 6:17PM

**Sivaloka Day**

Moon 3 - Phase 45 -

1st Phase

Creative Work Amrita Yoga

Until 5:37PM

Then Routine Work - Marana Yoga

**1** Thursday, March 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pittsburgh, PA

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 16.19 Tithi 17 - 18

164786577

**Gulika** 9:35AM - 11:02AM  
Yama 6:40AM - 8:08AM  
**Rahu** 1:57PM - 3:24PM

**Hasta** Until 7:25PM

Ganda\* Until 10:34AM

Vanija Until 10:53PM

Dvitiya Until 10:24AM

**Ganesha:** White

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Green

Phalguna-Masi

**Sunrise:** 6:40AM

**Sunset:** 6:19PM

**Devaloka Day**

Moon 3 - Phase 45 - 1

1st Phase

Routine Work Marana Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

**2** Friday, March 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Pittsburgh, PA

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 28.53 Tithi 18 - 19

165786577

**Gulika** 8:06AM - 9:34AM  
Yama 3:24PM - 4:52PM  
**Rahu** 11:01AM - 12:29PM

**Chitra** Until 8:40PM

Vridhhi Until 10:07AM

Bava Until 11:30PM

Tritiya Until 11:13AM

**Ganesha:** Yellow

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Green

Phalguna-Masi

**Sunrise:** 6:39AM

**Sunset:** 6:19PM

**Sivaloka Day**

Moon 3 - Phase 45 - 2

1st Phase

Creative Work Siddha Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

**3** Saturday, March 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pittsburgh, PA

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 11.38 Tithi 19 - 20

165786577

**Gulika** 6:37AM - 8:05AM  
Yama 1:57PM - 3:25PM  
**Rahu** 9:33AM - 11:01AM

**Svati** Until 9:21PM

Dhruva Until 9:19AM

Kaulava Until 11:41PM

Chaturthi\* Until 11:38AM

**Ganesha:** Yellow

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Green

Phalguna-Masi

**Sunrise:** 6:37AM

**Sunset:** 6:20PM

**Sivaloka Day**

Moon 3 - Phase 45 - 3

1st Phase

Creative Work Siddha Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

**4** Sunday, March 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Taitila\*/Gara Karana Panchami/Shashthyam Titau

Pittsburgh, PA

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 24.37 Tithi 20 - 21

175786577

**Gulika** 3:25PM - 4:53PM  
Yama 12:29PM - 1:57PM  
**Rahu** 4:53PM - 6:21PM

**Vishakha** Until 9:52PM

Vyaghata\* Until 8:11AM

Gara Until 11:23PM

Panchami Until 11:34AM

**Ganesha:** Blue

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Orange

Phalguna-Masi

**Sunrise:** 6:36AM

**Sunset:** 6:21PM

**Subha Sivaloka Day**

Moon 3 - Phase 45 - 4

1st Phase

Routine Work Marana Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

**5** Monday, March 13, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Pittsburgh, PA

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 7.5 Tithi 21 - 22

175786577

**Gulika** 1:57PM - 3:25PM  
Yama 11:00AM - 12:28PM  
**Rahu** 8:03AM - 9:31AM

**Anuradha** Until 9:44PM

Harshana Until 6:40AM

Visti Until 10:33PM

Shashthi\* Until 11:01AM

**Ganesha:** Blue

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Orange

Phalguna-Masi

**Sunrise:** 6:34AM

**Sunset:** 6:23PM

**Subha Sivaloka Day**

Moon 3 - Phase 45 - 5

1st Phase

Creative Work Siddha Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

**Retreat Star** Tuesday, March 14, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Pittsburgh, PA

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.2 Tithi 22 - 23

175786577

**Gulika** 12:28PM - 1:57PM  
Yama 9:30AM - 10:59AM  
**Rahu** 3:26PM - 4:55PM

**Jyeshtha\*** Until 8:56PM

Siddhi Until 2:22AM Wed

Balava Until 9:12PM

Saptami Until 9:56AM

**Ganesha:** Blue

**Muruqa:** Purple

**Nataraja:** Orange

Moon - Orange

Phalguna-Panguni

**Sunrise:** 6:32AM

**Sunset:** 6:24PM

**Subha Sivaloka Day**

Moon 3 - Phase 45 - 6

Ashtami

Routine Work Marana Yoga

Until 8:56PM

Then Creative Work - Amrita Yoga

**Retreat Star** Wednesday, March 15, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pittsburgh, PA

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.1 Tithi 23 - 24

185786578

**Gulika** 10:58AM - 12:28PM  
Yama 8:00AM - 9:29AM  
**Rahu** 12:28PM - 1:57PM

**Mula\*** Until 7:55PM

Vyatipata\* Until 11:37PM

Taitila Until 7:20PM

Ashtami\* Until 8:19AM

**Ganesha:** Red

**Muruqa:** Purple

**Nataraja:** Clear

Moon - Light Blue

Phalguna-Panguni

**Sunrise:** 6:31AM

**Sunset:** 6:25PM

**Sivaloka Day**

Moon 3 - Phase 45 - 7

Navami

Routine Work Marana Yoga

Until 7:55PM

Then Creative Work - Amrita Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1	<b>Thursday, March 16, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 8
	Dhanus Rasi: 19.18	Tithi 24 – 25	<b>Gulika</b> 9:28AM – 10:58AM	<b>Purvashadha* Until 6:17PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:29AM	Subhakrit 5124
			Yama 6:29AM – 7:59AM	Variyan Until 8:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 46 - 8
			185786578 <b>Rahu</b> 1:57PM – 3:27PM	Visti Until 3:39AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga				<b>Navami* Until 6:12AM</b>		<b>Sivaloka Day</b>	
Until 6:17PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

2	<b>Friday, March 17, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Pittsburgh, PA Sun 9
	Makara Rasi: 3.44	Tithi 26	<b>Gulika</b> 7:57AM – 9:27AM	<b>Uttarashadha Until 4:08PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	Subhakrit 5124
			Yama 3:27PM – 4:57PM	Parigha* Until 5:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 46 - 9
			185786578 <b>Rahu</b> 10:57AM – 12:27PM	Bava Until 2:16PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga				<b>Ekadashi* Until 12:46AM Sat</b>		<b>Sivaloka Day</b>	
				Phalguna•Panguni			

3	<b>Saturday, March 18, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Pittsburgh, PA Sun 10
	Makara Rasi: 18.24	Tithi 27	<b>Gulika</b> 6:26AM – 7:56AM	<b>Shravana Until 1:59PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:26AM	Subhakrit 5124
			Yama 1:57PM – 3:27PM	Shiva Until 1:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 46 - 10
			195786578 <b>Rahu</b> 9:26AM – 10:57AM	Kaulava Until 11:15AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga				<b>Dvadashi* Until 9:39PM</b>		<b>Subha Sivaloka Day</b>	
				Phalguna•Panguni			

4	<b>Sunday, March 19, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Pittsburgh, PA Sun 11
	Kumbha Rasi: 3.13	Tithi 28	<b>Gulika</b> 3:28PM – 4:58PM	<b>Dhanishtha Until 11:34AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:24AM	Subhakrit 5124
			Yama 12:27PM – 1:57PM	Siddha Until 9:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 46 - 11
			196896578 <b>Rahu</b> 4:58PM – 6:29PM	Gara Until 8:04AM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga				<b>Trayodashi* Until 6:27PM</b>		<b>Sivaloka Day</b>	
Until 11:34AM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	<b>Monday, March 20, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthpada* Nakshatra Subha Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pittsburgh, PA Sun 12
	Kumbha Rasi: 18.02	Tithi 29 – 30	<b>Gulika</b> 1:57PM – 3:28PM	<b>Shatabhishak Until 9:01AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:23AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 10:55AM – 12:26PM	Subha Until 2:11AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 46 - 12
			196896578 <b>Rahu</b> 7:54AM – 9:24AM	Catuspada Until 1:50AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga				<b>Chaturdashi* Until 3:19PM</b>		<b>Sivaloka Day</b>	
Until 9:01AM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

●	<b>Tuesday, March 21, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthpada*Uttaraprosarthpada Nakshatra Sukla Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Pittsburgh, PA Sun 13
	<b>Retreat Star</b>		<b>Gulika</b> 12:26PM – 1:57PM	<b>Purvaprosarthpada* Until 6:55AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:21AM	Subhakrit 5124
	Meena Rasi: 2.46	Tithi 30 – 1	Yama 9:23AM – 10:55AM	Sukla Until 10:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 46 - 13
			116896578 <b>Rahu</b> 3:28PM – 5:00PM	Kintughna Until 11:06PM	<b>Nataraja:</b> Clear		Amavasya
Routine Work Marana Yoga				<b>Amavasya* Until 12:24PM</b>		<b>Devaloka Day</b>	
Until 6:55AM				Phalguna•Panguni			
Then Creative Work - Amrita Yoga							

●	<b>Wednesday, March 22, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pittsburgh, PA Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 10:54AM – 12:26PM	<b>Revati Until 3:28AM Thu</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:19AM	Subhakrit 5124
	Meena Rasi: 17.14	Tithi 1 – 2	Yama 7:51AM – 9:23AM	Brahma Until 7:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 46 - 14
			116896578 <b>Rahu</b> 12:26PM – 1:57PM	Balava Until 8:48PM	<b>Nataraja:</b> Clear		Prathama
Routine Work Marana Yoga				<b>Prathama* Until 9:52AM</b>		<b>Devaloka Day</b>	
Until 3:28AM Thu		Yugadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pittsburgh, PA Sun 15 Sutra 340 Subhakrit 5124
Mesha Rasi: 1.22	Tithi 2 - 3	Gulika 9:22AM - 10:53AM	Ashvini Until 2:50AM Fri	Ganesha: Clear	Sunrise: 6:18AM	
		Yama 6:18AM - 7:50AM	Indra Until 5:11PM	Muruqa: Clear	Sunset: 6:33PM	Moon 3 - Phase 47 - 15
		126896578 Rahu 1:57PM - 3:29PM	Taitila Until 7:06PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon - White		Devaloka Day
Until 2:50AM Fri		Chellappaswami Mahasamadhi	Dvitiya Until 7:51AM	Chaitra-Panguni		
Then Creative Work - Siddha Yoga						
<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Pittsburgh, PA Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 15.06	Tithi 3 - 4	Gulika 7:48AM - 9:21AM	Bharani Until 2:48AM Sat	Ganesha: Clear	Sunrise: 6:16AM	
		Yama 3:30PM - 5:02PM	Vaidhriti* Until 3:10PM	Muruqa: Clear	Sunset: 6:34PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 10:53AM - 12:25PM	Vanija Until 6:07PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Moon - White		Devaloka Day
Until 2:48AM Sat			Tritiya Until 6:30AM	Chaitra-Panguni		
Then Creative Work - Amrita Yoga						
<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Pittsburgh, PA Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 28.25	Tithi 5	Gulika 6:14AM - 7:47AM	Krittika Until 3:22AM Sun	Ganesha: Clear	Sunrise: 6:14AM	
		Yama 1:57PM - 3:30PM	Vishkambha* Until 1:48PM	Muruqa: Clear	Sunset: 6:35PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 9:20AM - 10:52AM	Bava Until 5:55PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon - White		Devaloka Day
Until 3:22AM Sun			Panchami Until 6:05AM Sun	Chaitra-Panguni		
Then Creative Work - Siddha Yoga						
<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Pittsburgh, PA Sun 18 Sutra 343 Subhakrit 5124
Vrishabha Rasi: 11.18	Tithi 5 - 6	Gulika 3:30PM - 5:03PM	Rohini Until 4:59AM Mon	Ganesha: Clear	Sunrise: 6:13AM	
		Yama 12:24PM - 1:57PM	Priti Until 1:03PM	Muruqa: Clear	Sunset: 6:36PM	Moon 3 - Phase 47 - 18
		137896578 Rahu 5:03PM - 6:36PM	Kaulava Until 6:30PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Moon - Yellow		Devaloka Day
Until 4:59AM Mon			Panchami Until 6:05AM	Chaitra-Panguni		
Then Creative Work - Amrita Yoga						
<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Pittsburgh, PA Sun 19 Sutra 344 Subhakrit 5124
Vrishabha Rasi: 23.5	Tithi 6 - 7	Gulika 1:57PM - 3:31PM	Mrigashira Until 7:05AM Tue	Ganesha: Clear	Sunrise: 6:11AM	
Family Home Evening		Yama 10:51AM - 12:24PM	Ayushman Until 12:50PM	Muruqa: Clear	Sunset: 6:37PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 7:44AM - 9:18AM	Gara Until 7:47PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon - Yellow		Devaloka Day
Until 7:05AM Tue			Shashthi* Until 7:02AM	Chaitra-Panguni		
Then Routine Work - Marana Yoga						
<b>Retreat Star</b>		<b>Tuesday, March 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Pittsburgh, PA Sun 20 Sutra 345 Subhakrit 5124
Mithuna Rasi: 6.06	Tithi 7 - 8	Gulika 12:24PM - 1:57PM	Mrigashira Until 7:05AM	Ganesha: Clear	Sunrise: 6:10AM	
		Yama 9:17AM - 10:50AM	Saubhagya Until 1:07PM	Muruqa: Clear	Sunset: 6:38PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 3:31PM - 5:05PM	Visti Until 9:39PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga			Moon - Yellow		Devaloka Day
Until 7:05AM			Saptami Until 8:38AM	Chaitra-Panguni		
Then Routine Work - Marana Yoga						
<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pittsburgh, PA Sun 21 Sutra 346 Subhakrit 5124
Mithuna Rasi: 18.1	Tithi 8 - 9	Gulika 10:50AM - 12:24PM	Ardra Until 9:30AM	Ganesha: Clear	Sunrise: 6:08AM	
		Yama 7:42AM - 9:16AM	Sobhana Until 1:45PM	Muruqa: Clear	Sunset: 6:39PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:24PM - 1:57PM	Balava Until 11:53PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga			Moon - Yellow		Devaloka Day
		Sri Rama Navami	Ashtami* Until 10:42AM	Chaitra-Panguni		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1	<b>Thursday, March 30, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 22 Sutra 347 Subhakrit 5124
	Kataka Rasi: 0.06    Tithi 9 – 10	Gulika 9:15AM – 10:49AM Yama 6:06AM – 7:40AM 147896578 Rahu 1:57PM – 3:32PM	Punarvasu Until 12:30PM Athiganda* Until 2:32PM Taitila Until 2:17AM Fri Navami* Until 1:03PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sunrise: 6:06AM Sunset: 6:40PM	Moon 3 - Phase 48 - 22 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work    Amrita Yoga					

2	<b>Friday, March 31, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 11.59    Tithi 10 – 11	Gulika 7:39AM – 9:14AM Yama 3:32PM – 5:07PM 147896578 Rahu 10:48AM – 12:23PM	Pushya Until 3:26PM Sukarma Until 3:23PM Vanija Until 4:41AM Sat Dashami Until 3:29PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sunrise: 6:05AM Sunset: 6:41PM	Moon 3 - Phase 48 - 23 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Routine Work    Marana Yoga					

3	<b>Saturday, April 1, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 23.53    Tithi 11 – 12	Gulika 6:05AM – 7:39AM Yama 1:58PM – 3:32PM 147896578 Rahu 9:14AM – 10:48AM	Ashlesha* Until 6:05PM Dhriti Until 4:11PM Bava Until 6:54AM Sun Ekadashi Until 5:48PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sunrise: 6:05AM Sunset: 6:41PM	Moon 3 - Phase 48 - 24 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Routine Work    Marana Yoga Until 6:05PM Then Creative Work - Amrita Yoga	Yogaswami Mahasamadhi				

4	<b>Sunday, April 2, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Pittsburgh, PA Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 5.52    Tithi 12	Gulika 3:32PM – 5:07PM Yama 12:23PM – 1:58PM 158896578 Rahu 5:07PM – 6:42PM	Magha* Until 8:50PM Shula* Until 4:46PM Bava Until 6:54AM Dvadashi Until 7:52PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sunrise: 6:03AM Sunset: 6:42PM	Moon 3 - Phase 48 - 25 4th Phase <b>Devaloka Day</b>
	Routine Work    Marana Yoga Until 8:50PM Then Creative Work - Siddha Yoga					

5	<b>Monday, April 3, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 17.58    Tithi 13 <b>Family Home Evening</b>	Gulika 1:58PM – 3:33PM Yama 10:47AM – 12:22PM 158896578 Rahu 7:37AM – 9:12AM	Purvaphalguni Until 11:04PM Ganda* Until 5:06PM Kaulava Until 8:48AM Trayodashi Until 9:34PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sunrise: 6:01AM Sunset: 6:43PM	Moon 3 - Phase 48 - 26 4th Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga					

*Pradosha Vrata*

6	<b>Tuesday, April 4, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Pittsburgh, PA Sun 27 Sutra 352 Subhakrit 5124
	Kanya Rasi: 0.13    Tithi 14	Gulika 12:22PM – 1:58PM Yama 9:11AM – 10:46AM 158896578 Rahu 3:33PM – 5:09PM	Uttaraphalguni Until 12:42AM Wed Vridhhi Until 5:07PM Gara Until 10:17AM Chaturdashi* Until 10:50PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sunrise: 6:00AM Sunset: 6:44PM	Moon 3 - Phase 48 - 27 4th Phase <b>Devaloka Day</b>
	Creative Work    Amrita Yoga Until 12:42AM Wed Then Routine Work - Marana Yoga					

O	<b>Wednesday, April 5, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Pittsburgh, PA Sutra 353 Subhakrit 5124	
	<b>Copper Retreat Star</b>	Kanya Rasi: 12.4    Tithi 15	Gulika 10:46AM – 12:22PM Yama 7:34AM – 9:10AM 168896578 Rahu 12:22PM – 1:58PM	Hasta Until 2:11AM Thu Dhruva Until 4:44PM Visti Until 11:17AM Purnima* Until 11:36PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sunrise: 5:58AM Sunset: 6:45PM	Moon 3 - Phase 48 - Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Routine Work    Marana Yoga Until 2:11AM Thu Then Creative Work - Siddha Yoga	Panguni Uttiram Hanuman Jayanti					

O	<b>Thursday, April 6, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Pittsburgh, PA Sutra 354 Subhakrit 5124	
	<b>Silver Retreat Star</b>	Kanya Rasi: 25.21    Tithi 16	Gulika 9:09AM – 10:45AM Yama 5:57AM – 7:33AM 168896578 Rahu 1:58PM – 3:34PM	Chitra Until 3:03AM Fri Vyaghata* Until 4:00PM Balava Until 11:49AM Prathama* Until 11:52PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sunrise: 5:57AM Sunset: 6:46PM	Moon 3 - Phase 48 - Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work    Siddha Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Tula Rasi: 8.15      Tithi 17  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 7:32AM – 9:08AM  
Yama 3:34PM – 5:11PM  
168896578 **Rahu** 10:45AM – 12:21PM

**Svati Until 3:18AM Sat**  
Harshana Until 2:54PM  
Taitila Until 11:51AM  
Dvitiya Until 11:41PM

Pittsburgh, PA  
Sun 1      Sutra 355  
Subhakrit 5124

**Ganesha:** Blue      *Sunrise:* 5:55AM  
**Muruqa:** Clear      *Sunset:* 6:47PM      Moon 4 - Phase 49 - 1  
**Nataraja:** Clear      1st Phase  
Moon – Green

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Saturday, April 8, 2023**

Tula Rasi: 21.23      Tithi 18  
Creative Work      Siddha Yoga  
Until 3:28AM Sun  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Vishakha Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 5:53AM – 7:30AM  
Yama 1:58PM – 3:35PM  
179896578 **Rahu** 9:07AM – 10:44AM

**Vishakha Until 3:28AM Sun**  
Vajra\* Until 1:26PM  
Vanija Until 11:27AM  
Tritiya Until 11:05PM

Pittsburgh, PA  
Sun 2      Sutra 356  
Subhakrit 5124

**Ganesha:** Red      *Sunrise:* 5:53AM  
**Muruqa:** Clear      *Sunset:* 6:48PM      Moon 4 - Phase 49 - 2  
**Nataraja:** Clear      1st Phase  
Moon – Orange

**Devaloka Day**  
Chaitra•Panguni

**2**

**Sunday, April 9, 2023**

Virschika Rasi: 4.44      Tithi 19  
Routine Work      Marana Yoga  
Until 3:07AM Mon  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 3:35PM – 5:12PM  
Yama 12:21PM – 1:58PM  
179896578 **Rahu** 5:12PM – 6:49PM

**Anuradha Until 3:07AM Mon**  
Siddhi Until 11:40AM  
Bava Until 10:40AM  
Chaturthi\* Until 10:06PM

Pittsburgh, PA  
Sun 3      Sutra 357  
Subhakrit 5124

**Ganesha:** Red      *Sunrise:* 5:52AM  
**Muruqa:** Clear      *Sunset:* 6:49PM      Moon 4 - Phase 49 - 3  
**Nataraja:** Clear      1st Phase  
Moon – Orange

**Devaloka Day**  
Chaitra•Panguni

**3**

**Monday, April 10, 2023**

Virschika Rasi: 18.18      Tithi 20  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 2:17AM Tue  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 1:58PM – 3:35PM  
Yama 10:43AM – 12:20PM  
179896578 **Rahu** 7:28AM – 9:05AM

**Jyeshtha\* Until 2:17AM Tue**  
Vyatipata\* Until 9:38AM  
Kaulava Until 9:30AM  
Panchami Until 8:47PM

Pittsburgh, PA  
Sun 4      Sutra 358  
Subhakrit 5124

**Ganesha:** Red      *Sunrise:* 5:50AM  
**Muruqa:** Clear      *Sunset:* 6:50PM      Moon 4 - Phase 49 - 4  
**Nataraja:** Clear      1st Phase  
Moon – Orange

**Devaloka Day**  
Chaitra•Panguni

**4**

**Tuesday, April 11, 2023**

Dhanus Rasi: 2.02      Tithi 21  
Creative Work      Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Variyan/Parigaha\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 12:20PM – 1:58PM  
Yama 9:04AM – 10:42AM  
189896578 **Rahu** 3:36PM – 5:14PM

**Mula\* Until 1:28AM Wed**  
Variyan Until 7:19AM  
Gara Until 8:02AM  
Shashthi\* Until 7:10PM

Pittsburgh, PA  
Sun 5      Sutra 359  
Subhakrit 5124

**Ganesha:** Green      *Sunrise:* 5:49AM  
**Muruqa:** Clear      *Sunset:* 6:51PM      Moon 4 - Phase 49 - 5  
**Nataraja:** Clear      1st Phase  
Moon – Light Blue

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Chaitra•Panguni

**5**

**Wednesday, April 12, 2023**

Dhanus Rasi: 15.58      Tithi 22 – 23  
Creative Work      Amrita Yoga  
Until 12:14AM Thu  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 10:42AM – 12:20PM  
Yama 7:25AM – 9:03AM  
189896578 **Rahu** 12:20PM – 1:58PM

**Purvashadha\* Until 12:14AM Thu**  
Shiva Until 2:04AM Thu  
Visti Until 6:16AM  
Saptami Until 5:16PM

Pittsburgh, PA  
Sun 6      Sutra 360  
Subhakrit 5124

**Ganesha:** Green      *Sunrise:* 5:47AM  
**Muruqa:** Clear      *Sunset:* 6:53PM      Moon 4 - Phase 49 - 6  
**Nataraja:** Clear      1st Phase  
Moon – Light Blue

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Chaitra•Panguni

**D**

**Thursday, April 13, 2023**  
**Retreat Star**

Makara Rasi: 0.03      Tithi 23 – 24  
Routine Work      Marana Yoga  
Until 10:39PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 9:03AM – 10:41AM  
Yama 5:46AM – 7:24AM  
189996578 **Rahu** 1:58PM – 3:37PM

**Uttarashadha Until 10:39PM**  
Siddha Until 11:08PM  
Taitila Until 2:01AM Fri  
Ashtami\* Until 3:09PM

Pittsburgh, PA  
Sun 7      Sutra 361  
Subhakrit 5124

**Ganesha:** White      *Sunrise:* 5:46AM  
**Muruqa:** Clear      *Sunset:* 6:54PM      Moon 4 - Phase 49 - 7  
**Nataraja:** Clear      Ashtami  
Moon – Light Blue

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Chaitra•Panguni

**Friday, April 14, 2023**  
**Retreat Star**

Makara Rasi: 14.16      Tithi 24 – 25  
Routine Work      Marana Yoga  
Until 9:10PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 7:23AM – 9:02AM  
Yama 3:37PM – 5:16PM  
299996578 **Rahu** 10:40AM – 12:19PM

**Shravana Until 9:10PM**  
Sadhya Until 8:05PM  
Vanija Until 11:38PM  
Navami\* Until 12:49PM

Pittsburgh, PA  
Sun 8      Sutra 362  
Sobhana 5125

**Ganesha:** White      *Sunrise:* 5:44AM  
**Muruqa:** Clear      *Sunset:* 6:55PM      Moon 4 - Phase 49 - 8  
**Nataraja:** Clear      Navami  
Moon – Purple


**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Chaitra•Chaitra

<b>1</b>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Pittsburgh, PA
	Makara Rasi: 28.36	Tithi 25 – 26	<b>Gulika</b> 5:42AM – 7:22AM	<b>Dhanishtha</b> Until 7:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:42AM	Sun 9 Sutra 363
			Yama 1:58PM – 3:37PM	Subha Until 4:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Sobhana 5125
		299996578	<b>Rahu</b> 9:01AM – 10:40AM	Bava Until 9:08PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 9 2nd Phase
			<b>Dashami</b> Until 10:22AM	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Pittsburgh, PA
	Kumbha Rasi: 12.59	Tithi 26 – 27	<b>Gulika</b> 3:38PM – 5:17PM	<b>Shatabhishak</b> Until 5:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:41AM	Sun 10 Sutra 364
			Yama 12:19PM – 1:58PM	Sukla Until 1:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM	Sobhana 5125
		291996578	<b>Rahu</b> 5:17PM – 6:57PM	Kaulava Until 6:37PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 10 2nd Phase
			<b>Ekadashi*</b> Until 7:51AM	Moon – Purple		<b>Devaloka Day</b>	
				Chaitra+Chaitra			

<b>3</b>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Pittsburgh, PA
	Kumbha Rasi: 27.21	Tithi 28	<b>Gulika</b> 1:58PM – 3:38PM	<b>Purvaproshtapada*</b> Until 4:01PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:39AM	Sun 11 Sutra 1
	<b>Family Home Evening</b>		Yama 10:39AM – 12:19PM	Brahma Until 10:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Sobhana 5125
		211996578	<b>Rahu</b> 7:19AM – 8:59AM	Gara Until 4:11PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 11 2nd Phase
			<b>Trayodashi*</b> Until 3:01AM Tue	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra+Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Pittsburgh, PA
	Meena Rasi: 11.37	Tithi 29	<b>Gulika</b> 12:18PM – 1:58PM	<b>Uttaraproshtapada</b> Until 2:32PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:38AM	Sun 12 Sutra 2
			Yama 8:58AM – 10:38AM	Indra Until 7:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Sobhana 5125
		211996578	<b>Rahu</b> 3:38PM – 5:19PM	Visti Until 1:57PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 12 2nd Phase
			<b>Chaturdashi*</b> Until 12:55AM Wed	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra+Chaitra			

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pittsburgh, PA
	<b>Retreat Star</b>		<b>Gulika</b> 10:38AM – 12:18PM	<b>Revati</b> Until 1:14PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:36AM	Sun 13 Sutra 3
	Meena Rasi: 25.43	Tithi 30	Yama 7:17AM – 8:57AM	Vishkambha* Until 2:28AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM	Sobhana 5125
		211996578	<b>Rahu</b> 12:18PM – 1:58PM	Catuspada Until 12:02PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 13 Amavasya
			<b>Amavasya*</b> Until 11:12PM	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra+Chaitra			

<b>Retreat Star</b>	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Pittsburgh, PA
	Mesha Rasi: 9.32	Tithi 1	<b>Gulika</b> 8:56AM – 10:37AM	<b>Ashvini</b> Until 12:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	Sun 14 Sutra 4
			Yama 5:35AM – 7:16AM	Priti Until 12:27AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM	Sobhana 5125
		221996578	<b>Rahu</b> 1:59PM – 3:39PM	Kintughna Until 10:32AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 14 Prathama
			<b>Prathama*</b> Until 9:58PM	Moon – White		<b>Devaloka Day</b>	
				Vaisaka+Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

Il times are standard time. Calculated for Pittsburgh, PA on 4/26/2

www.gurudeva.org/panchang

1	<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pittsburgh, PA Sun 15
	Mesha Rasi: 23.04	Tithi 2	<b>Gulika</b> 7:15AM – 8:56AM	<b>Bharani Until 12:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	Sobhana 5125
			Yama 3:40PM – 5:21PM	Ayushman Until 10:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2 - 15
	Creative Work	Siddha Yoga	221996578 <b>Rahu</b> 10:37AM – 12:18PM	Balava Until 9:35AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 9:19PM</b>	Moon – White		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

2	<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Pittsburgh, PA Sun 16
	Wrishabha Rasi: 6.16	Tithi 3	<b>Gulika</b> 5:32AM – 7:13AM	<b>Krittika Until 12:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	Sobhana 5125
			Yama 1:59PM – 3:40PM	Saubhagya Until 9:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 2 - 16
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 8:55AM – 10:36AM	Taitila Until 9:15AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya Until 9:19PM</b>	Moon – White		<b>Devaloka Day</b>	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Pittsburgh, PA Sun 17
	Wrishabha Rasi: 19.07	Tithi 4	<b>Gulika</b> 3:40PM – 5:22PM	<b>Rohini Until 1:58PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:31AM	Sobhana 5125
			Yama 12:17PM – 1:59PM	Sobhana Until 9:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2 - 17
	Creative Work	Siddha Yoga	231996578 <b>Rahu</b> 5:22PM – 7:04PM	Vanija Until 9:35AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi* Until 9:59PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

4	<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Pittsburgh, PA Sun 18
	Mithuna Rasi: 1.4	Tithi 5	<b>Gulika</b> 1:59PM – 3:41PM	<b>Mrigashira Until 3:40PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:29AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:35AM – 12:17PM	Athiganda* Until 9:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 2 - 18
	Creative Work	Amrita Yoga	231996578 <b>Rahu</b> 7:11AM – 8:53AM	Bava Until 10:34AM	<b>Nataraja:</b> Clear		3rd Phase
Until 3:40PM			<b>Panchami Until 11:15PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga			Adi Sankara Jayanthi	Vaisaka-Chaitra			

5	<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Pittsburgh, PA Sun 19
	Mithuna Rasi: 13.58	Tithi 6	<b>Gulika</b> 12:17PM – 1:59PM	<b>Ardra Until 5:44PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:28AM	Sobhana 5125
			Yama 8:52AM – 10:35AM	Sukarma Until 9:38PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 2 - 19
	Routine Work	Marana Yoga	231996579 <b>Rahu</b> 3:41PM – 5:24PM	Kaulava Until 12:07PM	<b>Nataraja:</b> Purple		3rd Phase
Until 5:44PM			<b>Shashthi* Until 1:02AM Wed</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

6	<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Pittsburgh, PA Sun 20
	Mithuna Rasi: 26.04	Tithi 7	<b>Gulika</b> 10:34AM – 12:17PM	<b>Punarvasu Until 8:31PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:26AM	Sobhana 5125
			Yama 7:09AM – 8:52AM	Dhriti Until 10:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2 - 20
	Creative Work	Siddha Yoga	241996579 <b>Rahu</b> 12:17PM – 1:59PM	Gara Until 2:06PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Saptami Until 3:11AM Thu</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				Vaisaka-Chaitra			

D	<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Pittsburgh, PA Sun 21
	<b>Retreat Star</b>		<b>Gulika</b> 8:51AM – 10:34AM	<b>Pushya Until 11:21PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:25AM	Sobhana 5125
	Kataka Rasi: 8.02	Tithi 8	Yama 5:25AM – 7:08AM	Shula* Until 11:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 2 - 21
	Creative Work	Amrita Yoga	242996579 <b>Rahu</b> 1:59PM – 3:42PM	Visiti Until 4:21PM	<b>Nataraja:</b> Purple		Ashtami
Until 11:21PM			<b>Ashtami* Until 5:30AM Fri</b>	Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

D	<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Pittsburgh, PA Sun 22
	<b>Retreat Star</b>		<b>Gulika</b> 7:07AM – 8:50AM	<b>Ashlesha* Until 2:03AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:24AM	Sobhana 5125
	Kataka Rasi: 19.57	Tithi 9	Yama 3:43PM – 5:26PM	Ganda* Until 11:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 2 - 22
	Routine Work	Marana Yoga	242996579 <b>Rahu</b> 10:33AM – 12:16PM	Balava Until 6:42PM	<b>Nataraja:</b> Purple		Navami
Until 2:03AM Sat			<b>Navami* Until 7:49AM Sat</b>	Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>	<b>Saturday, April 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pittsburgh, PA Sun 23 Sutra 13
	Simha Rasi: 1.52	Tithi 9 – 10	<b>Gulika</b> 5:22AM – 7:06AM	<b>Magha* Until 4:56AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:22AM	Sobhana 5125
			Yama 2:00PM – 3:43PM	Vriddhi Until 12:42AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3 - 23
			252996579 <b>Rahu</b> 8:49AM – 10:33AM	Taitila Until 8:55PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Amrita Yoga			<b>Navami* Until 7:49AM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 4:56AM Sun				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							


<b>2</b>	<b>Sunday, April 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pittsburgh, PA Sun 24 Sutra 14
	Simha Rasi: 13.52	Tithi 10 – 11	<b>Gulika</b> 3:43PM – 5:27PM	<b>Purvaphalguni Until 7:17AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:21AM	Sobhana 5125
			Yama 12:16PM – 2:00PM	Dhruva Until 1:10AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 3 - 24
			252996579 <b>Rahu</b> 5:27PM – 7:11PM	Vanija Until 10:51PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Dashami Until 9:55AM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>3</b>	<b>Monday, May 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Pittsburgh, PA Sun 25 Sutra 15
	Simha Rasi: 26	Tithi 11 – 12	<b>Gulika</b> 2:00PM – 3:44PM	<b>Purvaphalguni Until 7:17AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:18AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:31AM – 12:16PM	Vyaghata* Until 1:17AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 3 - 25
			252996579 <b>Rahu</b> 7:03AM – 8:47AM	Bava Until 12:19AM Tue	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi Until 11:38AM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>4</b>	<b>Tuesday, May 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pittsburgh, PA Sun 26 Sutra 16
	Kanya Rasi: 8.2	Tithi 12 – 13	<b>Gulika</b> 12:16PM – 2:00PM	<b>Uttaraphalguni Until 9:00AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:17AM	Sobhana 5125
			Yama 8:46AM – 10:31AM	Harshana Until 12:58AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 3 - 26
			252996579 <b>Rahu</b> 3:45PM – 5:29PM	Kaulava Until 1:11AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work Amrita Yoga			<b>Dvadashi Until 12:48PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 9:00AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, May 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pittsburgh, PA Sun 27 Sutra 17
	Kanya Rasi: 20.57	Tithi 13 – 14	<b>Gulika</b> 10:31AM – 12:15PM	<b>Hasta Until 10:27AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM	Sobhana 5125
			Yama 7:01AM – 8:46AM	Vajra* Until 12:07AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 3 - 27
			262996579 <b>Rahu</b> 12:15PM – 2:00PM	Gara Until 1:26AM Thu	<b>Nataraja:</b> Purple		4th Phase
Routine Work Marana Yoga			<b>Trayodashi Until 1:22PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 10:27AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

	<b>Thursday, May 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Pittsburgh, PA Sun 28 Sutra 18
	Tula Rasi: 3.52	Tithi 14 – 15	<b>Gulika</b> 8:45AM – 10:30AM	<b>Chitra Until 11:07AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:15AM	Sobhana 5125
			Yama 5:15AM – 7:00AM	Siddhi Until 10:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 3 - Purnima
			262996579 <b>Rahu</b> 2:01PM – 3:46PM	Vistil Until 1:03AM Fri	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Chaturdashi* Until 1:18PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 11:07AM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

	<b>Friday, May 5, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pittsburgh, PA Sun 29 Sutra 19
	Tula Rasi: 17.05	Tithi 15 – 16	<b>Gulika</b> 6:59AM – 8:44AM	<b>Svati Until 11:02AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM	Sobhana 5125
			Yama 3:46PM – 5:32PM	Vyatipata* Until 9:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 3 - Prathama
			262996579 <b>Rahu</b> 10:30AM – 12:15PM	Balava Until 12:05AM Sat	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Purnima* Until 12:37PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda