



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, ME

Tula Rasi: 12.09 Tithi 16 – 17

268345478

Gulika 3:03PM – 4:44PM
Yama 11:41AM – 1:22PM
Rahu 4:44PM – 6:26PM

Svati Until 6:55PM
Vajra* Until 1:09PM
Taitila Until 10:16PM
Prathama* Until 11:33AM

Ganesha: Clear *Sunrise: 4:55AM*
Muruqa: White *Sunset: 6:26PM*
Nataraja: White
Moon – Green
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Creative Work Siddha Yoga
Until 6:55PM
Then Routine Work - Marana Yoga

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, ME

Tula Rasi: 26.35 Tithi 17 – 18

278345478

Gulika 1:22PM – 3:04PM
Yama 9:59AM – 11:40AM
Rahu 6:35AM – 8:17AM

Vishakha Until 5:07PM
Siddhi Until 9:51AM
Vanija Until 7:32PM
Dvitiya Until 8:54AM

Ganesha: Purple *Sunrise: 4:54AM*
Muruqa: White *Sunset: 6:27PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Sun 1 Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 5:07PM
Then Creative Work - Siddha Yoga

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatlipala* Varyana Yoga Visti*/Balava Karana Tritiya/Chaturtham Titau

Portland, ME

Vrischika Rasi: 11.08 Tithi 18 – 19

278345478

Gulika 11:40AM – 1:22PM
Yama 8:16AM – 9:58AM
Rahu 3:04PM – 4:46PM

Anuradha Until 3:06PM
Vyatlipala* Until 6:29AM
Balava Until 3:21AM Wed
Tritiya Until 6:07AM

Ganesha: Purple *Sunrise: 4:52AM*
Muruqa: White *Sunset: 6:28PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Sun 2 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 - 2nd Phase

Creative Work Siddha Yoga
Until 3:06PM
Then Routine Work - Marana Yoga

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, ME

Vrischika Rasi: 25.41 Tithi 20

278345478

Gulika 9:58AM – 11:40AM
Yama 6:33AM – 8:15AM
Rahu 11:40AM – 1:22PM

Jyeshtha* Until 1:00PM
Parigha* Until 11:47PM
Kaulava Until 2:01PM
Panchami Until 12:40AM Thu

Ganesha: Purple *Sunrise: 4:51AM*
Muruqa: White *Sunset: 6:29PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Sun 3 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 - 3rd Phase

Creative Work Siddha Yoga
Until 1:00PM
Then Routine Work - Marana Yoga

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthiyam Titau

Portland, ME

Dhanus Rasi: 10.08 Tithi 21

288345478

Gulika 8:14AM – 9:57AM
Yama 4:49AM – 6:32AM
Rahu 1:22PM – 3:05PM

Mula* Until 11:19AM
Shiva Until 8:39PM
Gara Until 11:25AM
Shashthi* Until 10:11PM

Ganesha: Clear *Sunrise: 4:49AM*
Muruqa: White *Sunset: 6:30PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Sun 4 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 - 4th Phase

Creative Work Siddha Yoga

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Portland, ME

Dhanus Rasi: 24.28 Tithi 22

289345478

Gulika 6:30AM – 8:13AM
Yama 3:06PM – 4:49PM
Rahu 9:56AM – 11:39AM

Purvashadha* Until 9:43AM
Siddha Until 5:42PM
Visti Until 9:03AM
Saptami Until 7:57PM

Ganesha: Purple *Sunrise: 4:47AM*
Muruqa: White *Sunset: 6:32PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day

Sun 5 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 - 5th Phase

Routine Work Prabalarishta Yoga
Until 9:43AM
Then Routine Work - Marana Yoga

6

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME

Makara Rasi: 8.35 Tithi 23

289345478

Gulika 4:46AM – 6:29AM
Yama 1:23PM – 3:06PM
Rahu 8:13AM – 9:56AM

Uttarashadha Until 8:15AM
Sadhya Until 3:00PM
Balava Until 6:58AM
Ashtami* Until 6:02PM

Ganesha: Purple *Sunrise: 4:46AM*
Muruqa: White *Sunset: 6:33PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day

Sun 6 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 - 6th Phase
Ashtami

Routine Work Marana Yoga
Until 8:15AM
Then Creative Work - Siddha Yoga

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Portland, ME

Makara Rasi: 22.31 Tithi 24 – 25

299345479

Gulika 3:07PM – 4:50PM
Yama 11:39AM – 1:23PM
Rahu 4:50PM – 6:34PM

Shravana Until 7:24AM
Subha Until 12:35PM
Vanija Until 3:47AM Mon
Navami* Until 4:26PM

Ganesha: Clear *Sunrise: 4:44AM*
Muruqa: White *Sunset: 6:34PM*
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Devaloka Day

Sun 7 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 - 7th Phase
Navami

Creative Work Amrita Yoga
Until 7:24AM
Then Routine Work - Marana Yoga

Monday, April 25, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau				Portland, ME
1					Sun 8	Sutra 8
Kumbha Rasi: 6.14	Tithi 25 – 26	Gulika 1:23PM – 3:07PM	Dhanishtha Until 6:45AM	Ganesha: Clear	Sunrise: 4:43AM	Subhakrit 5124
Family Home Evening	299345479	Yama 9:55AM – 11:39AM	Sukla Until 10:26AM	Muruqa: White	Sunset: 6:35PM	Moon 4 - Phase 2 - 8
Creative Work	Siddha Yoga	Rahu 6:27AM – 8:11AM	Bava Until 2:45AM Tue	Nataraja: Clear		2nd Phase
			Dashami Until 3:12PM	Moon – Purple		Devaloka Day
				Chaitra+Chaitra		

Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME
2					Sun 9	Sutra 9
Kumbha Rasi: 19.43	Tithi 26 – 27	Gulika 11:39AM – 1:23PM	Shatabhishak Until 6:19AM	Ganesha: Clear	Sunrise: 4:41AM	Subhakrit 5124
	299345479	Yama 8:10AM – 9:54AM	Brahma Until 8:36AM	Muruqa: White	Sunset: 6:36PM	Moon 4 - Phase 2 - 9
Routine Work	Marana Yoga	Rahu 3:08PM – 4:52PM	Kaulava Until 2:07AM Wed	Nataraja: Clear		2nd Phase
			Ekadashi* Until 2:21PM	Moon – Purple		Devaloka Day
				Chaitra+Chaitra		

Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME
3					Sun 10	Sutra 10
Meena Rasi: 2.59	Tithi 27 – 28	Gulika 9:54AM – 11:39AM	Purvaproshtapada* Until 6:36AM	Ganesha: Red	Sunrise: 4:40AM	Subhakrit 5124
	219345479	Yama 6:24AM – 8:09AM	Indra Until 7:07AM	Muruqa: White	Sunset: 6:39PM	Moon 4 - Phase 2 - 10
Creative Work	Amrita Yoga	Rahu 11:39AM – 1:23PM	Gara Until 1:54AM Thu	Nataraja: Clear		2nd Phase
Until 6:36AM			Dvadashi* Until 1:56PM	Moon – Clear		Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra+Chaitra		
				<i>Pradosha Vrata (Fasting)</i>		

Thursday, April 28, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau				Portland, ME
4					Sun 11	Sutra 11
Meena Rasi: 16.02	Tithi 28 – 29	Gulika 8:08AM – 9:53AM	Uttaraproshtapada Until 7:10AM	Ganesha: Blue	Sunrise: 4:38AM	Subhakrit 5124
	219445479	Yama 4:38AM – 6:23AM	Vishkambha* Until 5:11AM Fri	Muruqa: White	Sunset: 6:39PM	Moon 4 - Phase 2 - 11
Creative Work	Siddha Yoga	Rahu 1:24PM – 3:09PM	Vistii Until 2:10AM Fri	Nataraja: Clear		2nd Phase
			Trayodashi* Until 1:57PM	Moon – Clear		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 6:PM to 9:PM

Friday, April 29, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, ME
Retreat Star					Sun 12	Sutra 12
Meena Rasi: 28.5	Tithi 29 – 30	Gulika 6:22AM – 8:08AM	Revati Until 8:02AM	Ganesha: White	Sunrise: 4:37AM	Subhakrit 5124
	211445479	Yama 3:09PM – 4:54PM	Priti Until 4:48AM Sat	Muruqa: White	Sunset: 6:40PM	Moon 4 - Phase 2 - 12
Creative Work	Siddha Yoga	Rahu 9:53AM – 11:38AM	Catuspada Until 2:55AM Sat	Nataraja: Clear		Amavasya
Until 8:02AM			Chaturdashi* Until 2:27PM	Moon – Clear		Bhuloka Day
Then Creative Work - Amrita Yoga				Chaitra+Chaitra		Devaloka Time: 6:PM to 9:PM

Saturday, April 30, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME
Retreat Star					Sun 13	Sutra 13
Mesha Rasi: 11.25	Tithi 30 – 1	Gulika 4:35AM – 6:21AM	Ashvini Until 9:41AM	Ganesha: Green	Sunrise: 4:35AM	Subhakrit 5124
	221445479	Yama 1:24PM – 3:10PM	Ayushman Until 4:46AM Sun	Muruqa: White	Sunset: 6:41PM	Moon 4 - Phase 2 - 13
Creative Work	Siddha Yoga	Rahu 8:07AM – 9:52AM	Kintughna Until 4:10AM Sun	Nataraja: Clear		Prathama
			Amavasya* Until 3:27PM	Moon – White		Bhuloka Day
				Vaisaka+Chaitra		Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, ME Sun 14 Sutra 14 Subhakrit 5124
Mesha Rasi: 23.46	Tithi 1 – 2	Gulika 3:10PM – 4:56PM	Bharani Until 11:40AM	Ganesha: Green	<i>Sunrise:</i> 4:34AM	
		Yama 11:38AM – 1:24PM	Saubhagya Until 5:07AM Mon	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 3 - 14
		221445479 Rahu 4:56PM – 6:42PM	Balava Until 5:52AM Mon	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 4:56PM	Moon – White		Bhuloka Day
Until 11:40AM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 15 Sutra 15 Subhakrit 5124
Vrishabha Rasi: 5.56	Tithi 2	Gulika 1:24PM – 3:11PM	Krittika Until 1:55PM	Ganesha: Green	<i>Sunrise:</i> 4:33AM	
Family Home Evening		Yama 9:52AM – 11:38AM	Sobhana Until 5:47AM Tue	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 3 - 15
Routine Work	Marana Yoga	221445479 Rahu 6:19AM – 8:05AM	Kaulava Until 6:51PM	Nataraja: Clear		3rd Phase
Until 1:55PM			Dvitiya Until 6:51PM	Moon – White		Bhuloka Day
Then Creative Work - Amrita Yoga				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM

3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau				Portland, ME Sun 16 Sutra 16 Subhakrit 5124
Vrishabha Rasi: 17.56	Tithi 3	Gulika 11:38AM – 1:24PM	Rohini Until 4:50PM	Ganesha: White	<i>Sunrise:</i> 4:31AM	
		Yama 8:04AM – 9:51AM	Athiganda* Until 6:38AM Wed	Muruqa: White	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 3 - 16
		231445479 Rahu 3:11PM – 4:58PM	Taitila Until 7:58AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 9:06PM	Moon – Yellow		Bhuloka Day
Until 4:50PM		Akshaya Tritiya		Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthayam Titau				Portland, ME Sun 17 Sutra 17 Subhakrit 5124
Vrishabha Rasi: 29.5	Tithi 4	Gulika 9:51AM – 11:38AM	Mrigashira Until 7:48PM	Ganesha: White	<i>Sunrise:</i> 4:30AM	
		Yama 6:17AM – 8:04AM	Athiganda* Until 6:38AM	Muruqa: White	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 3 - 17
		231445479 Rahu 11:38AM – 1:25PM	Vanija Until 10:21AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 11:34PM	Moon – Yellow		Bhuloka Day
				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM

5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME Sun 18 Sutra 18 Subhakrit 5124
Mithuna Rasi: 11.41	Tithi 5	Gulika 8:03AM – 9:50AM	Ardra Until 10:40PM	Ganesha: White	<i>Sunrise:</i> 4:28AM	
		Yama 4:28AM – 6:16AM	Sukarma Until 7:37AM	Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3 - 18
		231445479 Rahu 1:25PM – 3:12PM	Bava Until 12:51PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 2:04AM Fri	Moon – Yellow		Bhuloka Day
Until 10:40PM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, ME Sun 19 Sutra 19 Subhakrit 5124
Mithuna Rasi: 23.31	Tithi 6	Gulika 6:15AM – 8:02AM	Punarvasu Until 1:46AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:27AM	
		Yama 3:13PM – 5:00PM	Dhriti Until 8:36AM	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 3 - 19
		241445479 Rahu 9:50AM – 11:38AM	Kaulava Until 3:18PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 4:26AM Sat	Moon – Blue		Devaloka Day
				Vaisaka*Chaitra		

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Portland, ME Sun 20 Sutra 20 Subhakrit 5124
Retreat Star		Gulika 4:26AM – 6:14AM	Pushya Until 4:25AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:26AM	
Kataka Rasi: 5.26	Tithi 7	Yama 1:25PM – 3:13PM	Shula* Until 9:26AM	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 3 - 20
		241445479 Rahu 8:02AM – 9:50AM	Gara Until 5:31PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:28AM Sun	Moon – Blue		Devaloka Day
				Vaisaka*Chaitra		

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Portland, ME Sun 21 Sutra 21 Subhakrit 5124
Retreat Star		Gulika 3:14PM – 5:02PM	Ashlesha* Until 6:25AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:25AM	
Kataka Rasi: 17.28	Tithi 7 – 8	Yama 11:37AM – 1:26PM	Ganda* Until 10:00AM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 3 - 21
		241445479 Rahu 5:02PM – 6:50PM	Visti Until 7:20PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 6:28AM	Moon – Blue		Devaloka Day
Until 6:25AM Mon		Mother's Day		Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, ME Sun 22 Sutra 22 Subhakrit 5124
Retreat Star		Gulika 1:26PM – 3:14PM	Ashlesha* Until 6:25AM	Ganesha: Clear	<i>Sunrise:</i> 4:23AM	
Kataka Rasi: 29.41	Tithi 8 – 9	Yama 9:49AM – 11:37AM	Vridhhi Until 10:11AM	Muruqa: White	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 3 - 22
Family Home Evening		241445479 Rahu 6:12AM – 8:00AM	Balava Until 8:33PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 8:00AM	Moon – Blue		Devaloka Day
Until 6:25AM				Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1		Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME Sun 23 Sutra 23 Subhakrit 5124
Simha Rasi: 12.12	Tithi 9 – 10	Gulika 11:37AM – 1:26PM	Magha* Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM			
		Yama 8:00AM – 9:49AM	Dhruva Until 9:49AM	Muruqa: White	<i>Sunset:</i> 6:52PM		Moon 4 - Phase 4 - 23	
252445479	Rahu 3:15PM – 5:04PM		Taitila Until 9:04PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Navami* Until 8:53AM	Moon – Red			Devaloka Day	
				Vaisaka-Chaitra				

2		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME Sun 24 Sutra 24 Subhakrit 5124
Simha Rasi: 25.03	Tithi 10 – 11	Gulika 9:48AM – 11:37AM	Purvaphalguni Until 8:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:21AM			
		Yama 6:10AM – 7:59AM	Vyaghata* Until 8:53AM	Muruqa: White	<i>Sunset:</i> 6:54PM		Moon 4 - Phase 4 - 24	
252445479	Rahu 11:37AM – 1:26PM		Vanija Until 8:49PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga		Dashami Until 9:01AM	Moon – Red			Devaloka Day	
				Vaisaka-Chaitra				

3		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 25 Sutra 25 Subhakrit 5124
Kanya Rasi: 8.18	Tithi 11 – 12	Gulika 7:59AM – 9:48AM	Uttaraphalguni Until 8:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:20AM			
		Yama 4:20AM – 6:09AM	Harshana Until 7:21AM	Muruqa: White	<i>Sunset:</i> 6:55PM		Moon 4 - Phase 4 - 25	
252445479	Rahu 1:27PM – 3:16PM		Bava Until 7:47PM	Nataraja: Clear			4th Phase	
	Amrita Yoga		Ekadashi Until 8:23AM	Moon – Red			Devaloka Day	
Until 8:51AM				Vaisaka-Chaitra				
Then Routine Work - Marana Yoga								

4		Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 26 Sutra 26 Subhakrit 5124
Kanya Rasi: 21.59	Tithi 12 – 13	Gulika 6:08AM – 7:58AM	Hasta Until 8:19AM	Ganesha: White	<i>Sunrise:</i> 4:19AM			
		Yama 3:16PM – 5:06PM	Siddhi Until 2:28AM Sat	Muruqa: White	<i>Sunset:</i> 6:56PM		Moon 4 - Phase 4 - 26	
252445479	Rahu 9:48AM – 11:37AM		Kaulava Until 6:02PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 6:58AM	Moon – Green			Sivaloka Day	
Until 8:19AM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga				Pradosha Vrata				

5		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 27 Subhakrit 5124
Tula Rasi: 6.05	Tithi 14	Gulika 4:18AM – 6:07AM	Chitra Until 6:58AM	Ganesha: White	<i>Sunrise:</i> 4:18AM			
		Yama 1:27PM – 3:17PM	Vyatipata* Until 11:19PM	Muruqa: White	<i>Sunset:</i> 6:57PM		Moon 4 - Phase 4 - 27	
262445479	Rahu 7:57AM – 9:47AM		Gara Until 3:40PM	Nataraja: Clear			4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 2:16AM Sun	Moon – Green			Sivaloka Day	
Until 6:58AM				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sutra 28 Subhakrit 5124
Copper Retreat Star		Gulika 3:18PM – 5:08PM	Vishakha Until 2:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:16AM			
Tula Rasi: 20.33	Tithi 15	Yama 11:37AM – 1:27PM	Variyan Until 7:46PM	Muruqa: White	<i>Sunset:</i> 6:58PM		Moon 4 - Phase 4 - Purnima	
272445479	Rahu 5:08PM – 6:58PM		Visti Until 12:49PM	Nataraja: Clear				
Routine Work	Marana Yoga		Purnima* Until 11:14PM	Moon – Orange			Devaloka Day	
Until 2:47AM Mon				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME Sutra 29 Subhakrit 5124		
Silver Retreat Star		Gulika 1:28PM – 3:18PM	Anuradha Until 12:15AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:15AM			
Vrischika Rasi: 5.19	Tithi 16	Yama 9:47AM – 11:37AM	Parigha* Until 4:00PM	Muruqa: White	<i>Sunset:</i> 6:59PM		Moon 4 - Phase 4 - Prathama	
Family Home Evening	272445479	Rahu 6:06AM – 7:56AM	Balava Until 9:37AM	Nataraja: Clear				
Creative Work	Siddha Yoga		Prathama* Until 7:56PM	Moon – Orange			Devaloka Day	
Until 12:15AM Tue				Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga								

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, ME
Sun 1
Sutra 30
Subhakrit 5124
Moon 5 - Phase 5 - 1
1st Phase

Vrischika Rasi: 20.14 Tithi 17 - 18

272445479

Gulika 11:37AM - 1:28PM
Yama 7:56AM - 9:47AM
Rahu 3:19PM - 5:09PM

Jyeshtha* Until 9:31PM
Shiva Until 12:07PM
Taitila Until 6:14AM
Dvitiya Until 4:31PM

Ganesha: Yellow *Sunrise:* 4:14AM
Muruqa: White *Sunset:* 7:00PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 9:31PM
Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Portland, ME
Sun 2
Sutra 31
Subhakrit 5124
Moon 5 - Phase 5 - 2
1st Phase

Dhanus Rasi: 5.11 Tithi 18 - 19

282445479

Gulika 9:46AM - 11:37AM
Yama 6:04AM - 7:55AM
Rahu 11:37AM - 1:28PM

Mula* Until 7:07PM
Siddha Until 8:13AM
Bava Until 11:30PM
Tritiya Until 1:08PM

Ganesha: Blue *Sunrise:* 4:13AM
Muruqa: White *Sunset:* 7:01PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga
Until 7:07PM
Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME
Sun 3
Sutra 32
Subhakrit 5124
Moon 5 - Phase 5 - 3
1st Phase

Dhanus Rasi: 20.02 Tithi 19 - 20

282445479

Gulika 7:55AM - 9:46AM
Yama 4:12AM - 6:04AM
Rahu 1:29PM - 3:20PM

Purvashadha* Until 4:47PM
Subha Until 12:55AM Fri
Kaulava Until 8:26PM
Chaturthi* Until 9:55AM

Ganesha: Blue *Sunrise:* 4:12AM
Muruqa: White *Sunset:* 7:02PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga
Until 4:47PM
Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Portland, ME
Sun 4
Sutra 33
Subhakrit 5124
Moon 5 - Phase 5 - 4
1st Phase

Makara Rasi: 4.41 Tithi 20 - 21

282445479

Gulika 6:03AM - 7:54AM
Yama 3:20PM - 5:12PM
Rahu 9:46AM - 11:37AM

Uttarashadha Until 2:40PM
Sukla Until 9:41PM
Vanija Until 4:31AM Sat
Panchami Until 7:01AM

Ganesha: Blue *Sunrise:* 4:12AM
Muruqa: White *Sunset:* 7:03PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saphtamyam Titau

Portland, ME
Sun 5
Sutra 34
Subhakrit 5124
Moon 5 - Phase 5 - 5
1st Phase

Makara Rasi: 19.02 Tithi 22

292445479

Gulika 4:11AM - 6:02AM
Yama 1:29PM - 3:21PM
Rahu 7:54AM - 9:46AM

Shravana Until 1:17PM
Brahma Until 6:51PM
Visti Until 3:28PM
Saphtami Until 2:31AM Sun

Ganesha: Red *Sunrise:* 4:11AM
Muruqa: White *Sunset:* 7:04PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

D

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME
Sun 6
Sutra 35
Subhakrit 5124
Moon 5 - Phase 5 - 6
Ashtami

Kumbha Rasi: 3.02 Tithi 23

292445479

Gulika 3:21PM - 5:13PM
Yama 11:37AM - 1:29PM
Rahu 5:13PM - 7:05PM

Dhanishtha Until 12:17PM
Indra Until 4:29PM
Balava Until 1:45PM
Ashtami* Until 1:06AM Mon

Ganesha: Red *Sunrise:* 4:10AM
Muruqa: White *Sunset:* 7:05PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 12:17PM
Then Creative Work - Siddha Yoga

Monday, May 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Portland, ME
Sun 7
Sutra 36
Subhakrit 5124
Moon 5 - Phase 5 - 7
Navami

Kumbha Rasi: 16.42 Tithi 24

293545479

Gulika 1:30PM - 3:22PM
Yama 9:45AM - 11:38AM
Rahu 6:01AM - 7:53AM

Shatabhishak Until 11:43AM
Vaidhriti* Until 2:34PM
Taitila Until 12:38PM
Navami* Until 12:16AM Tue

Ganesha: Red *Sunrise:* 4:09AM
Muruqa: White *Sunset:* 7:06PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 11:43AM
Then Routine Work - Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Portland, ME on 4/26/21

www.gurudeva.org/panchang

1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, ME
Meena Rasi: 0.01	Tithi 25						Sun 8	Sutra 37
		Gulika	11:38AM – 1:30PM	Purvaproshtapada* Until 12:03PM	Ganesha: Clear	<i>Sunrise:</i> 4:08AM		Subhakrit 5124
		Yama	7:53AM – 9:45AM	Vishkambha* Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:07PM		Moon 5 - Phase 6 - 8
		213545479 Rahu	3:22PM – 5:15PM	Vanija Until 12:06PM	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga			Dashami Until 12:02AM Wed	Moon – Clear			Devaloka Day
Until 12:03PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME
Meena Rasi: 13.01	Tithi 26						Sun 9	Sutra 38
		Gulika	9:45AM – 11:38AM	Uttaraproshtapada Until 12:48PM	Ganesha: Purple	<i>Sunrise:</i> 4:07AM		Subhakrit 5124
		Yama	6:00AM – 7:53AM	Priti Until 12:13PM	Muruqa: White	<i>Sunset:</i> 7:08PM		Moon 5 - Phase 6 - 9
		313545479 Rahu	11:38AM – 1:30PM	Bava Until 12:10PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 12:23AM Thu	Moon – Clear			Sivaloka Day
Until 12:48PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		Portland, ME
Meena Rasi: 25.45	Tithi 27						Sun 10	Sutra 39
		Gulika	7:52AM – 9:45AM	Revati Until 1:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:07AM		Subhakrit 5124
		Yama	4:07AM – 5:59AM	Ayushman Until 11:42AM	Muruqa: White	<i>Sunset:</i> 7:09PM		Moon 5 - Phase 6 - 10
		313545479 Rahu	1:31PM – 3:23PM	Kaulava Until 12:47PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 1:17AM Fri	Moon – Clear			Sivaloka Day
Until 1:57PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, ME
Mesha Rasi: 8.14	Tithi 28						Sun 11	Sutra 40
		Gulika	5:59AM – 7:52AM	Ashvini Until 3:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:06AM		Subhakrit 5124
		Yama	3:24PM – 5:17PM	Saubhagya Until 11:35AM	Muruqa: White	<i>Sunset:</i> 7:10PM		Moon 5 - Phase 6 - 11
		323545479 Rahu	9:45AM – 11:38AM	Gara Until 1:55PM	Nataraja: Clear			2nd Phase
Creative Work	Amrita Yoga			Trayodashi* Until 2:39AM Sat	Moon – White			Devaloka Day
Until 3:54PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, ME
Mesha Rasi: 20.31	Tithi 29						Sun 12	Sutra 41
		Gulika	4:05AM – 5:58AM	Bharani Until 6:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:05AM		Subhakrit 5124
		Yama	1:31PM – 3:24PM	Sobhana Until 11:51AM	Muruqa: White	<i>Sunset:</i> 7:11PM		Moon 5 - Phase 6 - 12
		323545479 Rahu	7:52AM – 9:45AM	Visti Until 3:30PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 4:25AM Sun	Moon – White			Devaloka Day
Until 6:08PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

●		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, ME
Retreat Star							Sun 13	Sutra 42
Vrishabha Rasi: 2.38	Tithi 30							Subhakrit 5124
		Gulika	3:25PM – 5:18PM	Krittika Until 8:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:05AM		
		Yama	11:38AM – 1:32PM	Athiganda* Until 12:22PM	Muruqa: White	<i>Sunset:</i> 7:12PM		Moon 5 - Phase 6 - 13
		323545479 Rahu	5:18PM – 7:12PM	Catuspada Until 5:28PM	Nataraja: Clear			Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 6:32AM Mon	Moon – White			Devaloka Day
					Vaisaka-Vaikasi			

Monday, May 30, 2022		Retreat Star				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, ME
Vrishabha Rasi: 14.37	Tithi 30 – 1						Sun 14	Sutra 43
Family Home Evening								Subhakrit 5124
		Gulika	1:32PM – 3:25PM	Rohini Until 11:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:04AM		
		Yama	9:45AM – 11:38AM	Sukarma Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:13PM		Moon 5 - Phase 6 - 14
		333545479 Rahu	5:58AM – 7:51AM	Kintughna Until 7:42PM	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga			Amavasya* Until 6:32AM	Moon – Yellow			Devaloka Day
					Jyeshtha-Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhruti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, ME Sun 15 Sutra 44 Subhakrit 5124
Wrisabha Rasi: 26.31	Tithi 1 – 2	Gulika 11:38AM – 1:32PM	Mrigashira Until 2:33AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:03AM	
		Yama 7:51AM – 9:45AM	Dhruti Until 2:06PM	Muruqa: White	<i>Sunset:</i> 7:13PM	Moon 5 - Phase 7 - 15
333545479		Rahu 3:26PM – 5:20PM	Balava Until 10:07PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 8:52AM	Moon – Yellow		Devaloka Day
				Jyeshtha-Vaikasi		

2		Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 16 Sutra 45 Subhakrit 5124
Mithuna Rasi: 8.22	Tithi 2 – 3	Gulika 9:45AM – 11:39AM	Ardra Until 5:25AM Thu	Ganesha: Orange	<i>Sunrise:</i> 4:03AM	
		Yama 5:57AM – 7:51AM	Shula* Until 3:05PM	Muruqa: White	<i>Sunset:</i> 7:14PM	Moon 5 - Phase 7 - 16
333545479		Rahu 11:39AM – 1:32PM	Taitila Until 12:36AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 11:20AM	Moon – Yellow		Devaloka Day
Until 5:25AM Thu				Jyeshtha-Vaikasi		
Then Creative Work - Amrita Yoga						

3		Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Portland, ME Sun 17 Sutra 46 Subhakrit 5124
Mithuna Rasi: 20.11	Tithi 3 – 4	Gulika 7:51AM – 9:45AM	Punarvasu Until 8:35AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:02AM	
		Yama 4:02AM – 5:56AM	Ganda* Until 4:06PM	Muruqa: Green	<i>Sunset:</i> 7:15PM	Moon 5 - Phase 7 - 17
343555479		Rahu 1:33PM – 3:27PM	Vanija Until 3:03AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 1:49PM	Moon – Blue		Devaloka Day
Until 8:35AM Fri				Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga						

4		Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 18 Sutra 47 Subhakrit 5124
Kataka Rasi: 2.02	Tithi 4 – 5	Gulika 5:56AM – 7:50AM	Punarvasu Until 8:35AM	Ganesha: Clear	<i>Sunrise:</i> 4:02AM	
		Yama 3:27PM – 5:22PM	Vridhi Until 5:03PM	Muruqa: Green	<i>Sunset:</i> 7:16PM	Moon 5 - Phase 7 - 18
343555479		Rahu 9:45AM – 11:39AM	Bava Until 5:20AM Sat	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 4:12PM	Moon – Blue		Devaloka Day
Until 8:35AM				Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga						

5		Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau		Portland, ME Sun 19 Sutra 48 Subhakrit 5124
Kataka Rasi: 13.58	Tithi 5	Gulika 4:02AM – 5:56AM	Pushya Until 11:23AM	Ganesha: Clear	<i>Sunrise:</i> 4:02AM	
		Yama 1:33PM – 3:28PM	Dhruva Until 5:47PM	Muruqa: Green	<i>Sunset:</i> 7:16PM	Moon 5 - Phase 7 - 19
343555479		Rahu 7:50AM – 9:45AM	Balava Until 6:21PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:21PM	Moon – Blue		Devaloka Day
Until 11:23AM				Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga						

6		Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Portland, ME Sun 20 Sutra 49 Subhakrit 5124
Kataka Rasi: 26.01	Tithi 6	Gulika 3:28PM – 5:23PM	Ashlesha* Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:01AM	
		Yama 11:39AM – 1:34PM	Vyaghata* Until 6:15PM	Muruqa: Green	<i>Sunset:</i> 7:17PM	Moon 5 - Phase 7 - 20
343555471		Rahu 5:23PM – 7:17PM	Kaulava Until 7:19AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:08PM	Moon – Blue		Devaloka Day
Until 1:42PM				Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga						

Monday, June 6, 2022		Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Portland, ME Sun 21 Sutra 50 Subhakrit 5124
Simha Rasi: 8.13	Tithi 7	Gulika 1:34PM – 3:29PM	Magha* Until 3:53PM	Ganesha: Clear	<i>Sunrise:</i> 4:01AM	
		Yama 9:45AM – 11:39AM	Harshana Until 6:21PM	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 5 - Phase 7 - 21
354555471		Rahu 5:55AM – 7:50AM	Gara Until 8:51AM	Nataraja: Yellow		3rd Phase
Family Home Evening			Saptami Until 9:23PM	Moon – Red		Devaloka Day
Routine Work	Marana Yoga			Jyeshtha-Vaikasi		
Until 3:53PM						
Then Creative Work - Siddha Yoga						

Tuesday, June 7, 2022		Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 22 Sutra 51 Subhakrit 5124
Simha Rasi: 20.41	Tithi 8	Gulika 11:40AM – 1:34PM	Purvaphalguni Until 5:18PM	Ganesha: Clear	<i>Sunrise:</i> 4:00AM	
		Yama 7:50AM – 9:45AM	Vajra* Until 5:55PM	Muruqa: Green	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 7 - 22
354555471		Rahu 3:29PM – 5:24PM	Visti Until 9:48AM	Nataraja: Yellow		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:00PM	Moon – Red		Devaloka Day
Until 5:18PM				Jyeshtha-Vaikasi		
Then Creative Work - Amrita Yoga						

Wednesday, June 8, 2022		Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 23 Sutra 52 Subhakrit 5124
Kanya Rasi: 3.28	Tithi 9	Gulika 9:45AM – 11:40AM	Uttaraphalguni Until 5:51PM	Ganesha: Clear	<i>Sunrise:</i> 4:00AM	
		Yama 5:55AM – 7:50AM	Siddhi Until 4:55PM	Muruqa: Green	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 7 - 23
354555471		Rahu 11:40AM – 1:35PM	Balava Until 10:03AM	Nataraja: Yellow		Navami
Creative Work	Amrita Yoga		Navami* Until 9:51PM	Moon – Red		Devaloka Day
Until 5:51PM				Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Portland, ME
	Kanya Rasi: 16.37	Tithi 10	Gulika 7:50AM – 9:45AM	Hasta Until 5:55PM	Ganesha: White	<i>Sunrise:</i> 4:00AM	Sun 24
		364555471	Yama 4:00AM – 5:55AM	Vyatipata* Until 3:19PM	Muruqa: Green	<i>Sunset:</i> 7:20PM	Subhakra 5124
			Rahu 1:35PM – 3:30PM	Taitila Until 9:31AM	Nataraja: Yellow		Moon 5 - Phase 8 - 24
	Routine Work	Marana Yoga		Dashami Until 8:56PM	Moon – Green		4th Phase
	Until 5:55PM				Jyeshtha-Vaikasi	Bhuloka Day	
	Then Creative Work - Siddha Yoga					Devaloka Time: 6:PM to 9:PM	

2	Friday, June 10, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME
	Tula Rasi: 0.13	Tithi 11	Gulika 5:55AM – 7:50AM	Chitra Until 5:05PM	Ganesha: White	<i>Sunrise:</i> 4:00AM	Sun 25
		364555471	Yama 3:30PM – 5:25PM	Variyan Until 1:03PM	Muruqa: Green	<i>Sunset:</i> 7:20PM	Subhakra 5124
			Rahu 9:45AM – 11:40AM	Vanija Until 8:12AM	Nataraja: Yellow		Moon 5 - Phase 8 - 25
	Creative Work	Siddha Yoga		Ekadashi Until 7:14PM	Moon – Green		4th Phase
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, ME
	Tula Rasi: 14.17	Tithi 12 – 13	Gulika 4:00AM – 5:55AM	Svati Until 3:24PM	Ganesha: White	<i>Sunrise:</i> 4:00AM	Sun 26
		364555471	Yama 1:35PM – 3:31PM	Parigha* Until 10:13AM	Muruqa: Green	<i>Sunset:</i> 7:21PM	Subhakra 5124
			Rahu 7:50AM – 9:45AM	Bava Until 6:08AM	Nataraja: Yellow		Moon 5 - Phase 8 - 26
	Creative Work	Siddha Yoga		Dvadashi Until 4:51PM	Moon – Green		4th Phase
					Jyeshtha-Vaikasi	Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

Pradosha Vrata

4	Sunday, June 12, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, ME
	Tula Rasi: 28.46	Tithi 13 – 14	Gulika 3:31PM – 5:26PM	Vishakha Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 3:59AM	Sun 27
		374555471	Yama 11:40AM – 1:36PM	Shiva Until 6:53AM	Muruqa: Green	<i>Sunset:</i> 7:21PM	Subhakra 5124
			Rahu 5:26PM – 7:21PM	Gara Until 12:15AM Mon	Nataraja: Yellow		Moon 5 - Phase 8 - 27
	Routine Work	Marana Yoga		Trayodashi Until 1:53PM	Moon – Orange		4th Phase
			Vaikasi Visakam		Jyeshtha-Vaikasi	Devaloka Day	

	Monday, June 13, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, ME
	Copper Retreat Star		Gulika 1:36PM – 3:31PM	Anuradha Until 10:50AM	Ganesha: Yellow	<i>Sunrise:</i> 3:59AM	Subhakra 5124
Vrischika Rasi: 13.37	Tithi 14 – 15	374555471	Yama 9:45AM – 11:41AM	Sadhya Until 11:06PM	Muruqa: Green	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 8 -
Family Home Evening			Rahu 5:55AM – 7:50AM	Visti Until 8:42PM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 10:30AM	Moon – Orange		
					Jyeshtha-Vaikasi	Devaloka Day	

5	Tuesday, June 14, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Portland, ME
	Silver Retreat Star		Gulika 11:41AM – 1:36PM	Jyeshtha* Until 7:52AM	Ganesha: Yellow	<i>Sunrise:</i> 3:59AM	Subhakra 5124
Vrischika Rasi: 28.44	Tithi 15 – 16	374555471	Yama 7:50AM – 9:45AM	Subha Until 6:57PM	Muruqa: Green	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 8 -
			Rahu 3:32PM – 5:27PM	Kaulava Until 3:02AM Wed	Nataraja: Yellow		Prathama
	Routine Work	Marana Yoga		Purnima* Until 6:49AM	Moon – Orange		
	Until 7:52AM				Jyeshtha-Vaikasi	Devaloka Day	
	Then Creative Work - Amrita Yoga						



Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, ME

Sutra 59

Subhakrit 5124

Dhanus Rasi: 13.56 Tithi 17

384555471

Gulika 9:46AM – 11:41AM
Yama 5:55AM – 7:50AM
Rahu 11:41AM – 1:37PM

Purvashadha* Until 2:08AM Thu
Sukla Until 2:44PM
Taitila Until 1:09PM
Dvitiya Until 11:17PM

Ganesha: Blue *Sunrise: 3:59AM*
Muruqa: Green *Sunset: 7:23PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 - 1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trityayam Titau

Portland, ME

Sun 1 Sutra 60

Subhakrit 5124

Dhanus Rasi: 29.05 Tithi 18

384555471

Gulika 7:50AM – 9:46AM
Yama 3:59AM – 5:55AM
Rahu 1:37PM – 3:32PM

Uttarashadha Until 11:21PM
Brahma Until 10:40AM
Vanija Until 9:30AM
Tritiya Until 7:45PM

Ganesha: Blue *Sunrise: 3:59AM*
Muruqa: Green *Sunset: 7:23PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 - 1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 2 Sutra 61

Subhakrit 5124

Makara Rasi: 14.01 Tithi 19 – 20

394555471

Gulika 5:55AM – 7:50AM
Yama 3:33PM – 5:28PM
Rahu 9:46AM – 11:41AM

Shravana Until 9:13PM
Indra Until 6:51AM
Bava Until 6:07AM
Chaturthi* Until 4:34PM

Ganesha: Red *Sunrise: 3:59AM*
Muruqa: Green *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 - 2nd Phase

Devaloka Day

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Portland, ME

Sun 3 Sutra 62

Subhakrit 5124

Makara Rasi: 28.37 Tithi 20 – 21

394655471

Gulika 3:59AM – 5:55AM
Yama 1:37PM – 3:33PM
Rahu 7:51AM – 9:46AM

Dhanishtha Until 7:29PM
Vishkambha* Until 12:24AM Sun
Gara Until 12:49AM Sun
Panchami Until 1:54PM

Ganesha: Blue *Sunrise: 3:59AM*
Muruqa: Green *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 - 3rd Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Portland, ME

Sun 4 Sutra 63

Subhakrit 5124

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

Gulika 3:33PM – 5:29PM
Yama 11:42AM – 1:37PM
Rahu 5:29PM – 7:24PM

Shatabhishak Until 6:16PM
Priti Until 10:00PM
Visti Until 11:08PM
Shashthi* Until 11:52AM

Ganesha: Red *Sunrise: 4:00AM*
Muruqa: Green *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 - 4th Phase

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, ME

Sun 5 Sutra 64

Subhakrit 5124

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

Gulika 1:38PM – 3:33PM
Yama 9:47AM – 11:42AM
Rahu 5:55AM – 7:51AM

Purvaproshtapada* Until 6:05PM
Ayushman Until 8:10PM
Balava Until 10:12PM
Saptami Until 10:33AM

Ganesha: Clear *Sunrise: 4:00AM*
Muruqa: Green *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 - 5th Phase

Devaloka Day

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, ME

Sun 6 Sutra 65

Subhakrit 5124

Meena Rasi: 9.52 Tithi 23 – 24

315655471

Gulika 11:42AM – 1:38PM
Yama 7:51AM – 9:47AM
Rahu 3:34PM – 5:29PM

Uttaraproshtapada Until 6:32PM
Saubhagya Until 6:59PM
Taitila Until 10:03PM
Ashtami* Until 10:01AM

Ganesha: Clear *Sunrise: 4:00AM*
Muruqa: Green *Sunset: 7:25PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 - 6th Phase

Devaloka Day

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Portland, ME on 4/26/21

www.gurudeva.org/panchang

1		Wednesday, June 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, ME Sun 7 Sutra 66 Subhakrit 5124	
Meena Rasi: 22.47	Tithi 24 – 25	Gulika 9:47AM – 11:43AM	Revati Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:00AM	Moon 6 - Phase 10 - 7	
		Yama 5:56AM – 7:51AM	Sobhana Until 6:24PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	2nd Phase	
		315655471 Rahu 11:43AM – 1:38PM	Vanija Until 10:38PM	Nataraja: Yellow		Devaloka Day	
Routine Work	Marana Yoga		Navami* Until 10:14AM	Moon – Clear		Jyeshtha-Ani	


2		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, ME Sun 8 Sutra 67 Subhakrit 5124	
Mesha Rasi: 5.2	Tithi 25 – 26	Gulika 7:52AM – 9:47AM	Ashvini Until 9:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:00AM	Moon 6 - Phase 10 - 8	
		Yama 4:00AM – 5:56AM	Athiganda* Until 6:19PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	2nd Phase	
		325655471 Rahu 1:38PM – 3:34PM	Bava Until 11:53PM	Nataraja: Yellow		Bhuloka Day	
Creative Work	Amrita Yoga		Dashami Until 11:10AM	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 9:31PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

3		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 17.38	Tithi 26 – 27	Gulika 5:56AM – 7:52AM	Bharani Until 11:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:01AM	Moon 6 - Phase 10 - 9	
		Yama 3:34PM – 5:30PM	Sukarma Until 6:41PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	2nd Phase	
		325655471 Rahu 9:47AM – 11:43AM	Kaulava Until 1:39AM Sat	Nataraja: Yellow		Bhuloka Day	
Creative Work	Siddha Yoga		Ekadashi* Until 12:41PM	Moon – White		Devaloka Time: 6:PM to 9:PM	
				Jyeshtha-Ani			

4		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 29.44	Tithi 27 – 28	Gulika 4:01AM – 5:57AM	Krittika Until 2:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:01AM	Moon 6 - Phase 10 - 10	
		Yama 1:39PM – 3:34PM	Dhriti Until 7:23PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	2nd Phase	
		325655471 Rahu 7:52AM – 9:48AM	Gara Until 3:48AM Sun	Nataraja: Yellow		Bhuloka Day	
Creative Work	Amrita Yoga		Dvadashi* Until 2:40PM	Moon – White		Devaloka Time: 6:PM to 9:PM	
Until 2:25AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 11 Sutra 70 Subhakrit 5124	
Vrishabha Rasi: 11.41	Tithi 28 – 29	Gulika 3:34PM – 5:30PM	Rohini Until 5:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:01AM	Moon 6 - Phase 10 - 11	
		Yama 11:43AM – 1:39PM	Shula* Until 8:17PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	2nd Phase	
		335655471 Rahu 5:30PM – 7:25PM	Visti Until 6:11AM Mon	Nataraja: Yellow		Bhuloka Day	
Creative Work	Siddha Yoga		Trayodashi* Until 4:57PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 5:33AM Mon				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

6		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, ME Sun 12 Sutra 71 Subhakrit 5124	
Vrishabha Rasi: 23.32	Tithi 29	Gulika 1:39PM – 3:34PM	Mrigashira Until 8:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 4:02AM	Moon 6 - Phase 10 - 12	
Family Home Evening		Yama 9:48AM – 11:44AM	Ganda* Until 9:18PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	2nd Phase	
		335655471 Rahu 5:57AM – 7:53AM	Visti Until 6:11AM	Nataraja: Yellow		Bhuloka Day	
Creative Work	Amrita Yoga		Chaturdashi* Until 7:25PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 8:37AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, ME Sun 13 Sutra 72 Subhakrit 5124	
Retreat Star		Gulika 11:44AM – 1:39PM	Mrigashira Until 8:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:02AM	Moon 6 - Phase 10 - 13	
Mithuna Rasi: 5.22	Tithi 30	Yama 7:53AM – 9:48AM	Vriddhi Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Amavasya	
		336655471 Rahu 3:35PM – 5:30PM	Catuspada Until 8:41AM	Nataraja: Yellow		Bhuloka Day	
Creative Work	Siddha Yoga		Amavasya* Until 9:55PM	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
Until 8:37AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, ME Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 17.11	Tithi 1	Gulika 9:49AM – 11:44AM	Ardra Until 11:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:03AM	Moon 6 - Phase 10 - 14	
		Yama 5:58AM – 7:53AM	Dhruva Until 11:22PM	Muruqa: Green	<i>Sunset:</i> 7:25PM	Prathama	
		336655471 Rahu 11:44AM – 1:39PM	Kintughna Until 11:10AM	Nataraja: Yellow		Bhuloka Day	
Creative Work	Siddha Yoga		Prathama* Until 12:22AM Thu	Moon – Yellow		Devaloka Time: 6:PM to 9:PM	
				Ashada-Ani			

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 15 Sutra 74 Subhakrit 5124
Mithuna Rasi: 29.03	Tithi 2	Gulika 7:54AM – 9:49AM	Punarvasu Until 2:38PM	Ganesha: Light Blue <i>Sunrise:</i> 4:03AM	Muruga: Green <i>Sunset:</i> 7:25PM	Moon 6 - Phase 11 - 15 3rd Phase
Creative Work	Amrita Yoga	Yama 4:03AM – 5:58AM	Vyaghata* Until 12:16AM Fri	Nataraja: Yellow		
		346655471 Rahu 1:39PM – 3:35PM	Balava Until 1:34PM	Moon – Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Dvitiya Until 2:41AM Fri	Ashada*Ani		

2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau		Portland, ME Sun 16 Sutra 75 Subhakrit 5124
Kataka Rasi: 10.58	Tithi 3	Gulika 5:59AM – 7:54AM	Pushya Until 5:26PM	Ganesha: Light Blue <i>Sunrise:</i> 4:04AM	Muruga: Green <i>Sunset:</i> 7:25PM	Moon 6 - Phase 11 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 3:35PM – 5:30PM	Harshana Until 1:02AM Sat	Nataraja: Yellow		
		346655471 Rahu 9:49AM – 11:44AM	Taitila Until 3:47PM	Moon – Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Tritiya Until 4:47AM Sat	Ashada*Ani		

3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau		Portland, ME Sun 17 Sutra 76 Subhakrit 5124
Kataka Rasi: 22.57	Tithi 4	Gulika 4:04AM – 5:59AM	Ashlesha* Until 7:49PM	Ganesha: Light Blue <i>Sunrise:</i> 4:04AM	Muruga: Green <i>Sunset:</i> 7:25PM	Moon 6 - Phase 11 - 17 3rd Phase
Routine Work	Marana Yoga	Yama 1:40PM – 3:35PM	Vajra* Until 1:34AM Sun	Nataraja: Yellow		
Until 7:49PM		346655471 Rahu 7:54AM – 9:49AM	Vanija Until 3:45PM	Moon – Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga			Chaturthi* Until 6:36AM Sun	Ashada*Ani		

4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 18 Sutra 77 Subhakrit 5124
Simha Rasi: 5.04	Tithi 4 – 5	Gulika 3:35PM – 5:30PM	Magha* Until 10:12PM	Ganesha: Orange <i>Sunrise:</i> 4:05AM	Muruga: Green <i>Sunset:</i> 7:25PM	Moon 6 - Phase 11 - 18 3rd Phase
Routine Work	Marana Yoga	Yama 11:45AM – 1:40PM	Siddhi Until 1:50AM Mon	Nataraja: Yellow		
Until 10:12PM		356655471 Rahu 5:30PM – 7:25PM	Bava Until 7:23PM	Moon – Red	Devaloka Day	
Then Creative Work - Siddha Yoga			Chaturthi* Until 6:36AM	Ashada*Ani		

5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Portland, ME Sun 19 Sutra 78 Subhakrit 5124
Simha Rasi: 17.2	Tithi 5 – 6	Gulika 1:40PM – 3:35PM	Purvaphalguni Until 11:59PM	Ganesha: Orange <i>Sunrise:</i> 4:05AM	Muruga: Green <i>Sunset:</i> 7:24PM	Moon 6 - Phase 11 - 19 3rd Phase
Family Home Evening		Yama 9:50AM – 11:45AM	Vyatipata* Until 1:45AM Tue	Nataraja: Yellow		
Creative Work	Siddha Yoga	356655471 Rahu 6:00AM – 7:55AM	Kaulava Until 8:35PM	Moon – Red	Devaloka Day	
			Panchami Until 8:02AM	Ashada*Ani		

6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau		Portland, ME Sun 20 Sutra 79 Subhakrit 5124
Simha Rasi: 29.48	Tithi 6 – 7	Gulika 11:45AM – 1:40PM	Uttaraphalguni Until 1:04AM Wed	Ganesha: Orange <i>Sunrise:</i> 4:06AM	Muruga: Green <i>Sunset:</i> 7:24PM	Moon 6 - Phase 11 - 20 3rd Phase
Creative Work	Amrita Yoga	Yama 7:55AM – 9:50AM	Variyan Until 1:12AM Wed	Nataraja: Yellow		
Until 1:04AM Wed		356655471 Rahu 3:35PM – 5:29PM	Gara Until 9:15PM	Moon – Red	Devaloka Day	
Then Routine Work - Marana Yoga			Shashthi* Until 8:58AM	Ashada*Ani		
			Chidambaram Abhishekam			

Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau		Portland, ME Sun 21 Sutra 80 Subhakrit 5124
Kanya Rasi: 12.32	Tithi 7 – 8	Gulika 9:51AM – 11:45AM	Hasta Until 1:50AM Thu	Ganesha: Clear <i>Sunrise:</i> 4:07AM	Muruga: Green <i>Sunset:</i> 7:24PM	Moon 6 - Phase 11 - 21 Ashtami
Routine Work	Marana Yoga	Yama 6:01AM – 7:56AM	Parigha* Until 12:08AM Thu	Nataraja: Yellow		
Until 1:50AM Thu		467655471 Rahu 11:45AM – 1:40PM	Visti Until 9:16PM	Moon – Green	Devaloka Day	
Then Creative Work - Siddha Yoga			Saptami Until 9:19AM	Ashada*Ani		

Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 22 Sutra 81 Subhakrit 5124
Kanya Rasi: 25.37	Tithi 8 – 9	Gulika 7:56AM – 9:51AM	Chitra Until 1:43AM Fri	Ganesha: Clear <i>Sunrise:</i> 4:07AM	Muruga: Green <i>Sunset:</i> 7:23PM	Moon 6 - Phase 11 - 22 Navami
Creative Work	Siddha Yoga	Yama 4:07AM – 6:02AM	Shiva Until 10:31PM	Nataraja: Yellow		
		467655471 Rahu 1:40PM – 3:34PM	Balava Until 8:33PM	Moon – Green	Devaloka Day	
			Ashtami* Until 8:59AM	Ashada*Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME Sun 23 Sutra 82 Subhakrit 5124
Tula Rasi: 9.05	Tithi 9 – 10	Gulika 6:02AM – 7:57AM	Svati Until 12:43AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:08AM	
		Yama 3:34PM – 5:29PM	Siddha Until 8:16PM	Muruqa: Green	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12 - 23
467655471		Rahu 9:51AM – 11:45AM	Taitila Until 7:07PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:55AM	Moon – Green		Devaloka Day
				Ashada*Ani		

2 Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Portland, ME Sun 24 Sutra 83 Subhakrit 5124
Tula Rasi: 23	Tithi 10 – 11	Gulika 4:09AM – 6:03AM	Vishakha Until 11:20PM	Ganesha: White	<i>Sunrise:</i> 4:09AM	
		Yama 1:40PM – 3:34PM	Sadhya Until 5:27PM	Muruqa: Green	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12 - 24
477655471		Rahu 7:57AM – 9:51AM	Visti Until 3:39AM Sun	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:07AM	Moon – Orange		Bhuloka Day
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

3 Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 25 Sutra 84 Subhakrit 5124
Vrischika Rasi: 7.21	Tithi 12	Gulika 3:34PM – 5:28PM	Anuradha Until 9:13PM	Ganesha: White	<i>Sunrise:</i> 4:09AM	
		Yama 11:46AM – 1:40PM	Subha Until 2:09PM	Muruqa: Green	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12 - 25
477655471		Rahu 5:28PM – 7:22PM	Bava Until 2:13PM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 12:37AM Mon	Moon – Orange		Bhuloka Day
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

4 Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 85 Subhakrit 5124
Vrischika Rasi: 22.05	Tithi 13	Gulika 1:40PM – 3:34PM	Jyeshtha* Until 6:31PM	Ganesha: White	<i>Sunrise:</i> 4:10AM	
Family Home Evening		Yama 9:52AM – 11:46AM	Sukla Until 10:24AM	Muruqa: Green	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12 - 26
477655471		Rahu 6:04AM – 7:58AM	Kaulava Until 10:57AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 9:10PM	Moon – Orange		Bhuloka Day
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM
						<i>Pradosha Vrata</i>

5 Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, ME Sun 27 Sutra 86 Subhakrit 5124
Dhanus Rasi: 7.08	Tithi 14 – 15	Gulika 11:46AM – 1:40PM	Mula* Until 3:46PM	Ganesha: White	<i>Sunrise:</i> 4:11AM	
		Yama 7:59AM – 9:52AM	Brahma Until 6:22AM	Muruqa: Green	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 12 - 27
488655471		Rahu 3:34PM – 5:27PM	Gara Until 7:20AM	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:26PM	Moon – Light Blue		Sivaloka Day
Until 3:46PM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

○ Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sun 28 Sutra 87 Subhakrit 5124
Copper Retreat Star		Gulika 9:53AM – 11:46AM	Purvashadha* Until 12:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:12AM	
Dhanus Rasi: 22.22	Tithi 15 – 16	Yama 6:05AM – 7:59AM	Vaidhriti* Until 9:55PM	Muruqa: Green	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 12 - Purnima
488755471		Rahu 11:46AM – 1:40PM	Balava Until 11:41PM	Nataraja: Yellow		
Creative Work	Amrita Yoga		Purnima* Until 1:35PM	Moon – Light Blue		Devaloka Day
				Ashada*Ani		
						Satguru Purnima

Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, ME Sun 29 Sutra 88 Subhakrit 5124
Silver Retreat Star		Gulika 7:59AM – 9:53AM	Uttarashadha Until 9:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:13AM	
Makara Rasi: 7.35	Tithi 16 – 17	Yama 4:13AM – 6:06AM	Vishkambha* Until 5:47PM	Muruqa: Green	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 12 - Prathama
488755471		Rahu 1:40PM – 3:33PM	Taitila Until 7:59PM	Nataraja: Yellow		
Routine Work	Marana Yoga		Prathama* Until 9:47AM	Moon – Light Blue		Devaloka Day
Until 9:40AM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Portland, ME
Sun 1
Sutra 89

Makara Rasi: 22.4 Tilthi 17 - 18

Gulika 6:07AM - 8:00AM
Yama 3:33PM - 5:26PM
498755471 **Rahu** 9:53AM - 11:46AM

Shravana Until 7:04AM
Priti Until 1:54PM
Visti Until 3:02AM Sat
Dvitiya Until 6:13AM

Ganesha: Blue *Sunrise:* 4:13AM
Muruqa: Green *Sunset:* 7:19PM
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Portland, ME
Sun 2
Sutra 90

Kumbha Rasi: 7.25 Tilthi 19

Gulika 4:14AM - 6:07AM
Yama 1:39PM - 3:32PM
498755471 **Rahu** 8:00AM - 9:53AM

Shatabhishak Until 2:50AM Sun
Ayushman Until 10:22AM
Bava Until 1:40PM
Chaturthi* Until 12:25AM Sun

Ganesha: Blue *Sunrise:* 4:14AM
Muruqa: Green *Sunset:* 7:19PM
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 2:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, ME
Sun 3
Sutra 91

Kumbha Rasi: 21.46 Tilthi 20

Gulika 3:32PM - 5:25PM
Yama 11:47AM - 1:39PM
418755472 **Rahu** 5:25PM - 7:18PM

Purvaproshtapada* Until 1:56AM Mon
Saubhagya Until 7:22AM
Kaulava Until 11:22AM
Panchami Until 10:29PM

Ganesha: White *Sunrise:* 4:15AM
Muruqa: Green *Sunset:* 7:18PM
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME
Sun 4
Sutra 92

Meena Rasi: 5.38 Tilthi 21

Gulika 1:39PM - 3:32PM
Yama 9:54AM - 11:47AM
418755472 **Rahu** 6:09AM - 8:01AM

Uttaraproshtapada Until 1:42AM Tue
Athiganda* Until 3:13AM Tue
Gara Until 9:50AM
Shashthi* Until 9:22PM

Ganesha: White *Sunrise:* 4:16AM
Muruqa: Green *Sunset:* 7:17PM
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Portland, ME
Sun 5
Sutra 93

Meena Rasi: 19.01 Tilthi 22

Gulika 11:47AM - 1:39PM
Yama 8:02AM - 9:54AM
419755472 **Rahu** 3:31PM - 5:24PM

Revati Until 2:10AM Wed
Sukarma Until 2:11AM Wed
Visti Until 9:09AM
Saptami Until 9:06PM

Ganesha: Clear *Sunrise:* 4:17AM
Muruqa: Green *Sunset:* 7:16PM
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 2:10AM Wed
Then Routine Work - Marana Yoga

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME
Sun 6
Sutra 94

Mesha Rasi: 1.56 Tilthi 23

Gulika 9:55AM - 11:47AM
Yama 6:10AM - 8:02AM
429755472 **Rahu** 11:47AM - 1:39PM

Ashvini Until 3:46AM Thu
Dhriti Until 1:49AM Thu
Balava Until 9:19AM
Ashtami* Until 9:42PM

Ganesha: Purple *Sunrise:* 4:18AM
Muruqa: Green *Sunset:* 7:15PM
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 3:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Portland, ME
Sun 7
Sutra 95

Mesha Rasi: 14.28 Tilthi 24

Gulika 8:03AM - 9:55AM
Yama 4:19AM - 6:11AM
429755472 **Rahu** 1:39PM - 3:31PM

Bharani Until 5:54AM Fri
Shula* Until 1:59AM Fri
Taitila Until 10:19AM
Navami* Until 11:03PM

Ganesha: Purple *Sunrise:* 4:19AM
Muruqa: Green *Sunset:* 7:15PM
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga


1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, ME Sun 8 Sutra 96
Mesha Rasi: 26.42	Tithi 25	Gulika 6:12AM – 8:03AM	Krittika Until 8:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:20AM	Subhakrit 5124
		Yama 3:30PM – 5:22PM	Ganda* Until 2:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 14 - 8
		429755472 Rahu 9:55AM – 11:47AM	Vanija Until 11:59AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:59AM Sat	Moon – White		Devaloka Day
Until 8:24AM Sat				Ashada*Adi		
Then Creative Work - Amrita Yoga						

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Portland, ME Sun 9 Sutra 97
Visshabha Rasi: 8.43	Tithi 26	Gulika 4:21AM – 6:12AM	Krittika Until 8:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:21AM	Subhakrit 5124
		Yama 1:38PM – 3:30PM	Vriddhi Until 3:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 14 - 9
		429755472 Rahu 8:04AM – 9:55AM	Bava Until 2:08PM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 3:18AM Sun	Moon – White		Devaloka Day
				Ashada*Adi		

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, ME Sun 10 Sutra 98
Visshabha Rasi: 20.35	Tithi 27	Gulika 3:29PM – 5:21PM	Rohini Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM	Subhakrit 5124
		Yama 11:47AM – 1:38PM	Dhruva Until 4:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 14 - 10
		439755472 Rahu 5:21PM – 7:12PM	Kaulava Until 4:34PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 5:49AM Mon	Moon – Yellow		Bhuloka Day
				Ashada*Adi		Devaloka Time: 9:AM to12:PM

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Portland, ME Sun 11 Sutra 99
Mithuna Rasi: 2.25	Tithi 28	Gulika 1:38PM – 3:29PM	Mrigashira Until 2:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:23AM	Subhakrit 5124
Family Home Evening		Yama 9:56AM – 11:47AM	Vyaghata* Until 5:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 14 - 11
Creative Work	Amrita Yoga	439755472 Rahu 6:14AM – 8:05AM	Gara Until 7:06PM	Nataraja: White		2nd Phase
Until 2:37PM			Trayodashi* Until 8:20AM Tue	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM
			<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 12 Sutra 100
Mithuna Rasi: 14.14	Tithi 28 – 29	Gulika 11:47AM – 1:38PM	Ardra Until 5:30PM	Ganesha: Red	<i>Sunrise:</i> 4:24AM	Subhakrit 5124
		Yama 8:05AM – 9:56AM	Harshana Until 6:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 14 - 12
		431755472 Rahu 3:28PM – 5:19PM	Visti Until 9:34PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 8:20AM	Moon – Yellow		Bhuloka Day
Until 5:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, ME Sun 13 Sutra 101
Retreat Star		Gulika 9:56AM – 11:47AM	Punarvasu Until 8:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:25AM	Subhakrit 5124
Mithuna Rasi: 26.05	Tithi 29 – 30	Yama 6:15AM – 8:06AM	Harshana Until 6:37AM	Muruqa: Green	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 14 - 13
		441755472 Rahu 11:47AM – 1:37PM	Catuspada Until 11:52PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 10:44AM	Moon – Blue		Bhuloka Day
				Ashada*Adi		Devaloka Time: 9:AM to12:PM

Thursdays		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, ME Sun 14 Sutra 102
Retreat Star		Gulika 8:06AM – 9:57AM	Pushya Until 11:16PM	Ganesha: Yellow	<i>Sunrise:</i> 4:26AM	Subhakrit 5124
Kataka Rasi: 8.01	Tithi 30 – 1	Yama 4:26AM – 6:16AM	Vajra* Until 7:26AM	Muruqa: Green	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 14 - 14
		441755472 Rahu 1:37PM – 3:27PM	Kintughna Until 1:57AM Fri	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Amavasya* Until 12:55PM	Moon – Blue		Bhuloka Day
Until 11:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Friday, July 29, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, ME Sun 15 Sutra 103 Subhakarit 5124
Kataka Rasi: 20.02	Tithi 1 – 2	Gulika 6:17AM – 8:07AM	Ashlesha* Until 1:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 4:27AM	Muruqa: Green	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 15 - 15 3rd Phase
Routine Work	Marana Yoga	Yama 3:27PM – 5:17PM	Siddhi Until 8:04AM	Nataraja: White		Moon – Blue		Bhuloka Day
Until 1:31AM Sat		441755472 Rahu 9:57AM – 11:47AM	Balava Until 3:44AM Sat			Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga			Prathama* Until 2:51PM					

2		Saturday, July 30, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Portland, ME Sun 16 Sutra 104 Subhakarit 5124
Simha Rasi: 2.11	Tithi 2 – 3	Gulika 4:28AM – 6:18AM	Magha* Until 3:48AM Sun	Ganesha: Red	<i>Sunrise:</i> 4:28AM	Muruqa: Green	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 15 - 16 3rd Phase
Creative Work	Amrita Yoga	Yama 1:36PM – 3:26PM	Vyatipata* Until 8:30AM	Nataraja: White		Moon – Red		Bhuloka Day
Until 3:48AM Sun		451755472 Rahu 8:07AM – 9:57AM	Taitila Until 5:12AM Sun			Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga			Dvitiya Until 4:29PM					

3		Sunday, July 31, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Portland, ME Sun 17 Sutra 105 Subhakarit 5124
Simha Rasi: 14.27	Tithi 3 – 4	Gulika 3:26PM – 5:15PM	Purvaphalguni Until 5:35AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:29AM	Muruqa: Green	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 15 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 11:47AM – 1:36PM	Variyan Until 8:39AM	Nataraja: White		Moon – Red		Bhuloka Day
Until 3:48AM Sun		451755472 Rahu 5:15PM – 7:04PM	Vanija Until 6:19AM Mon			Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga			Tritiya Until 5:47PM					

4		Monday, August 1, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Portland, ME Sun 18 Sutra 106 Subhakarit 5124
Simha Rasi: 26.52	Tithi 4	Gulika 1:36PM – 3:25PM	Uttaraphalguni Until 6:48AM Tue	Ganesha: Red	<i>Sunrise:</i> 4:30AM	Muruqa: Green	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 15 - 18 3rd Phase
Family Home Evening		Yama 9:57AM – 11:47AM	Parigha* Until 8:32AM	Nataraja: White		Moon – Red		Bhuloka Day
Creative Work	Siddha Yoga	451755472 Rahu 6:19AM – 8:08AM	Vanija Until 6:19AM			Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga			Chaturthi* Until 6:43PM					

5		Tuesday, August 2, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME Sun 19 Sutra 107 Subhakarit 5124
Kanya Rasi: 9.29	Tithi 5	Gulika 11:47AM – 1:35PM	Uttaraphalguni Until 6:48AM	Ganesha: Red	<i>Sunrise:</i> 4:31AM	Muruqa: Green	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 15 - 19 3rd Phase
Creative Work	Amrita Yoga	Yama 8:09AM – 9:58AM	Shiva Until 8:06AM	Nataraja: White		Moon – Red		Bhuloka Day
Until 6:48AM		451755472 Rahu 3:24PM – 5:13PM	Bava Until 7:02AM			Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga			Panchami Until 7:12PM					

6		Wednesday, August 3, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, ME Sun 20 Sutra 108 Subhakarit 5124
Kanya Rasi: 22.18	Tithi 6	Gulika 9:58AM – 11:46AM	Hasta Until 7:53AM	Ganesha: Blue	<i>Sunrise:</i> 4:32AM	Muruqa: Green	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 15 - 20 3rd Phase
Routine Work	Marana Yoga	Yama 6:21AM – 8:09AM	Siddha Until 7:17AM	Nataraja: White		Moon – Green		Devaloka Day
Until 7:53AM		461755472 Rahu 11:46AM – 1:35PM	Kaulava Until 7:17AM			Sravana*Adi		
Then Creative Work - Siddha Yoga			Shashthi* Until 7:11PM					

Retreat Star		Thursday, August 4, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Portland, ME Sun 21 Sutra 109 Subhakarit 5124
Tula Rasi: 5.23	Tithi 7	Gulika 8:10AM – 9:58AM	Chitra Until 8:17AM	Ganesha: Blue	<i>Sunrise:</i> 4:33AM	Muruqa: White	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 15 - 21 3rd Phase
Creative Work	Siddha Yoga	Yama 4:33AM – 6:22AM	Sadhya Until 6:03AM	Nataraja: White		Moon – Green		Devaloka Day
Until 8:17AM		461765472 Rahu 1:35PM – 3:23PM	Gara Until 7:00AM			Sravana*Adi		
Then Creative Work - Amrita Yoga			Saptami Until 6:37PM					

Retreat Star		Friday, August 5, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Portland, ME Sun 22 Sutra 110 Subhakarit 5124
Tula Rasi: 18.47	Tithi 8 – 9	Gulika 6:22AM – 8:10AM	Svati Until 7:58AM	Ganesha: Blue	<i>Sunrise:</i> 4:34AM	Muruqa: White	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 15 - 22 Ashtami
Creative Work	Siddha Yoga	Yama 3:22PM – 5:10PM	Sukla Until 2:09AM Sat	Nataraja: White		Moon – Green		Devaloka Day
Until 8:17AM		461765472 Rahu 9:58AM – 11:46AM	Visti Until 6:07AM			Sravana*Adi		
Then Creative Work - Amrita Yoga			Ashtami* Until 5:26PM					

Retreat Star		Saturday, August 6, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME Sun 23 Sutra 111 Subhakarit 5124
Vrischika Rasi: 2.34	Tithi 9 – 10	Gulika 4:35AM – 6:23AM	Vishakha Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 4:35AM	Muruqa: White	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 15 - 23 Navami
Creative Work	Siddha Yoga	Yama 1:34PM – 3:22PM	Brahma Until 11:28PM	Nataraja: White		Moon – Orange		Bhuloka Day
Until 8:17AM		472765472 Rahu 8:11AM – 9:58AM	Taitila Until 2:32AM Sun			Sravana*Adi		
Then Creative Work - Amrita Yoga			Navami* Until 3:38PM					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 16.42	Tithi 10 - 11	Gulika 3:21PM - 5:08PM	Jyeshtha* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM	
		Yama 11:46AM - 1:33PM	Indra Until 8:20PM	Muruqa: White	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16 - 24
	472865472	Rahu 5:08PM - 6:56PM	Vanija Until 11:55PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 1:16PM	Moon - Orange		Bhuloka Day
Until 3:53AM Mon				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	Gulika 1:33PM - 3:20PM	Mula* Until 1:41AM Tue	Ganesha: White	<i>Sunrise:</i> 4:38AM	
		Yama 9:59AM - 11:46AM	Vaidhriti* Until 4:48PM	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 16 - 25
Family Home Evening	482865472	Rahu 6:25AM - 8:12AM	Bava Until 8:51PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:25AM	Moon - Light Blue		Devaloka Day
				Sravana*Adi		

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	Gulika 11:46AM - 1:33PM	Purvashadha* Until 11:04PM	Ganesha: White	<i>Sunrise:</i> 4:39AM	
		Yama 8:12AM - 9:59AM	Vishkambha* Until 12:59PM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 16 - 26
	482865472	Rahu 3:19PM - 5:06PM	Taitila Until 3:41AM Wed	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:10AM	Moon - Light Blue		Devaloka Day
Until 11:04PM				Sravana*Adi		
Then Routine Work - Prabararishta Yoga						

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	Gulika 9:59AM - 11:46AM	Uttarashadha Until 8:11PM	Ganesha: White	<i>Sunrise:</i> 4:40AM	
		Yama 6:26AM - 8:13AM	Priti Until 9:01AM	Muruqa: White	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 16 - 27
	482865472	Rahu 11:46AM - 1:32PM	Gara Until 1:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 12:06AM Thu	Moon - Light Blue		Devaloka Day
Until 8:11PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sun 28 Sutra 116 Subhakrit 5124
Makara Rasi: 16.04	Tithi 15	Gulika 8:13AM - 9:59AM	Shravana Until 5:36PM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	
		Yama 4:41AM - 6:27AM	Saubhagya Until 1:02AM Fri	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 16 -
	492865472	Rahu 1:32PM - 3:18PM	Visti Until 10:20AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:35PM	Moon - Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, ME Sun 29 Sutra 117 Subhakrit 5124
Kumbha Rasi: 1.02	Tithi 16 - 17	Gulika 6:28AM - 8:14AM	Dhanishtha Until 3:06PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	
		Yama 3:17PM - 5:03PM	Sobhana Until 9:20PM	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 16 -
	492865472	Rahu 9:59AM - 11:45AM	Balava Until 6:55AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:18PM	Moon - Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Kumbha Rasi: 15.46 Tithi 17 - 18

492865472

Creative Work Amrita Yoga
Until 12:51PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilayam Titau

Gulika 4:43AM - 6:29AM
Yama 1:31PM - 3:16PM
Rahu 8:14AM - 10:00AM

Shatabhishak Until 12:51PM
Athiganda* Until 5:59PM
Vanija Until 1:13AM Sun
Dvitiya Until 2:26PM

Ganesha: Clear Sunrise: 4:43AM
Muruqa: White Sunset: 6:47PM
Nataraja: White
Moon - Purple
Sravana*Adi

Portland, ME
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Meena Rasi: 0.07 Tithi 18 - 19

412865472

Creative Work Siddha Yoga
Until 11:27AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilaya/Chaturthiyam Titau

Gulika 3:15PM - 5:00PM
Yama 11:45AM - 1:30PM
Rahu 5:00PM - 6:46PM

Purvaprosarthapada* Until 11:27AM
Sukarma Until 3:08PM
Bava Until 11:16PM
Tritiya Until 12:08PM

Ganesha: Yellow Sunrise: 4:44AM
Muruqa: White Sunset: 6:46PM
Nataraja: White
Moon - Clear
Sravana*Adi

Portland, ME
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Meena Rasi: 14.02 Tithi 19 - 20

412865472

Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:30PM - 3:14PM
Yama 10:00AM - 11:45AM
Rahu 6:30AM - 8:15AM

Uttaraprosarthapada Until 10:37AM
Dhriti Until 12:53PM
Kaulava Until 10:05PM
Chaturthi* Until 10:33AM

Ganesha: Yellow Sunrise: 4:45AM
Muruqa: White Sunset: 6:44PM
Nataraja: White
Moon - Clear
Sravana*Adi

Portland, ME
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Meena Rasi: 27.28 Tithi 20 - 21

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:45AM - 1:29PM
Yama 8:15AM - 10:00AM
Rahu 3:14PM - 4:58PM

Revati Until 10:27AM
Shula* Until 11:18AM
Gara Until 9:46PM
Panchami Until 9:48AM

Ganesha: Yellow Sunrise: 4:46AM
Muruqa: White Sunset: 6:43PM
Nataraja: White
Moon - Clear
Sravana*Avani

Portland, ME
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Mesha Rasi: 10.26 Tithi 21 - 22

522865472

Routine Work Marana Yoga
Until 11:27AM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:00AM - 11:44AM
Yama 6:32AM - 8:16AM
Rahu 11:44AM - 1:29PM

Ashvini Until 11:27AM
Ganda* Until 10:25AM
Visti Until 10:19PM
Shashthi* Until 9:55AM

Ganesha: Yellow Sunrise: 4:48AM
Muruqa: White Sunset: 6:41PM
Nataraja: White
Moon - White
Sravana*Avani

Portland, ME
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Thursday, August 18, 2022

Retreat Star

Mesha Rasi: 23 Tithi 22 - 23

522865472

Creative Work Siddha Yoga
Until 1:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:16AM - 10:00AM
Yama 4:49AM - 6:33AM
Rahu 1:28PM - 3:12PM

Krishna Janmashtami

Bharani Until 1:06PM
Vridhhi Until 10:12AM
Balava Until 11:40PM
Saptami Until 10:53AM

Ganesha: Yellow Sunrise: 4:49AM
Muruqa: White Sunset: 6:40PM
Nataraja: White
Moon - White
Sravana*Avani

Portland, ME
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Friday, August 19, 2022

Retreat Star

Vrishabha Rasi: 5.15 Tithi 23 - 24

523865472

Creative Work Siddha Yoga
Until 3:16PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:33AM - 8:17AM
Yama 3:11PM - 4:54PM
Rahu 10:00AM - 11:44AM

Krittika Until 3:16PM
Dhruva Until 10:30AM
Taitila Until 1:37AM Sat
Ashtami* Until 12:33PM

Ganesha: White Sunrise: 4:50AM
Muruqa: White Sunset: 6:38PM
Nataraja: White
Moon - White
Sravana*Avani

Portland, ME
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Bhuloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1	Saturday, August 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Portland, ME Sun 8
	Wrishabha Rasi: 17.16	Tithi 24 – 25	Gulika 4:51AM – 6:34AM	Rohini Until 6:13PM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	Subhakit 5124
		533865472	Yama 1:27PM – 3:10PM	Vyaghata* Until 11:13AM	Muruqa: White	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 18 - 8
	Creative Work Amrita Yoga		Rahu 8:17AM – 10:00AM	Vanija Until 3:57AM Sun	Nataraja: White		2nd Phase
			Navami* Until 2:44PM	Moon – Yellow		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

2	Sunday, August 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, ME Sun 9
	Wrishabha Rasi: 29.09	Tithi 25 – 26	Gulika 3:09PM – 4:52PM	Mrigashira Until 9:14PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Subhakit 5124
		533865472	Yama 11:43AM – 1:26PM	Harshana Until 12:11PM	Muruqa: White	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 18 - 9
	Creative Work Siddha Yoga		Rahu 4:52PM – 6:35PM	Bava Until 6:27AM Mon	Nataraja: White		2nd Phase
			Dashami Until 5:10PM	Moon – Yellow		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

3	Monday, August 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Portland, ME Sun 10
	Mithuna Rasi: 10.59	Tithi 26	Gulika 1:26PM – 3:08PM	Ardra Until 12:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Subhakit 5124
	Family Home Evening	533865472	Yama 10:01AM – 11:43AM	Vajra* Until 1:11PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 18 - 10
	Creative Work Siddha Yoga		Rahu 6:36AM – 8:18AM	Bava Until 6:27AM	Nataraja: White		2nd Phase
			Ekadashi* Until 7:40PM	Moon – Yellow		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 6:AM to 9:AM	

4	Tuesday, August 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Portland, ME Sun 11
	Mithuna Rasi: 22.5	Tithi 27	Gulika 11:43AM – 1:25PM	Punarvasu Until 3:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 4:54AM	Subhakit 5124
		543865472	Yama 8:19AM – 10:01AM	Siddhi Until 2:07PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 18 - 11
	Creative Work Siddha Yoga		Rahu 3:07PM – 4:49PM	Kaulava Until 8:54AM	Nataraja: White		2nd Phase
			Dvadashi* Until 10:02PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

5	Wednesday, August 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME Sun 12
	Kataka Rasi: 4.45	Tithi 28	Gulika 10:01AM – 11:43AM	Pushya Until 5:45AM Thu	Ganesha: Blue	<i>Sunrise:</i> 4:55AM	Subhakit 5124
		543865472	Yama 6:37AM – 8:19AM	Vyatipata* Until 2:54PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 18 - 12
	Creative Work Siddha Yoga		Rahu 11:43AM – 1:24PM	Gara Until 11:08AM	Nataraja: White		2nd Phase
			Trayodashi* Until 12:08AM Thu	Moon – Blue		Bhuloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

6	Thursday, August 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Portland, ME Sun 13
	Kataka Rasi: 16.47	Tithi 29	Gulika 8:19AM – 10:01AM	Ashlesha* Until 7:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Subhakit 5124
		543865472	Yama 4:56AM – 6:38AM	Variyan Until 3:24PM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 18 - 13
	Creative Work Siddha Yoga		Rahu 1:24PM – 3:05PM	Visti Until 1:04PM	Nataraja: White		2nd Phase
			Chaturdashi* Until 1:53AM Fri	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

●	Friday, August 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, ME Sun 14
	Retreat Star		Gulika 6:39AM – 8:20AM	Ashlesha* Until 7:51AM	Ganesha: Blue	<i>Sunrise:</i> 4:58AM	Subhakit 5124
	Kataka Rasi: 28.58	Tithi 30	Yama 3:04PM – 4:45PM	Parigha* Until 3:38PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 18 - 14
	Routine Work Marana Yoga	543865472	Rahu 10:01AM – 11:42AM	Catuspada Until 2:38PM	Nataraja: White		Amavasya
			Amavasya* Until 3:15AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

●	Saturday, August 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, ME Sun 15
	Retreat Star		Gulika 4:59AM – 6:39AM	Magha* Until 9:54AM	Ganesha: Blue	<i>Sunrise:</i> 4:59AM	Subhakit 5124
	Simha Rasi: 11.18	Tithi 1	Yama 1:23PM – 3:03PM	Shiva Until 3:35PM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 18 - 15
	Creative Work Amrita Yoga	543865473	Rahu 8:20AM – 10:01AM	Kintughna Until 3:49PM	Nataraja: Clear		Prathama
			Prathama* Until 4:14AM Sun	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

www.gurudeva.org/panchang

1		Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME
Simha Rasi: 23.49	Tithi 2	Gulika	3:02PM – 4:43PM	Purvaphalguni Until 11:24AM	Ganesha: Blue	Sunrise: 5:00AM	Sun 16	Sutra 133
		Yama	11:41AM – 1:22PM	Siddha Until 3:11PM	Muruga: White	Sunset: 6:23PM		Subhakrit 5124
		553865473 Rahu	4:43PM – 6:23PM	Balava Until 4:36PM	Nataraja: Clear			Moon 8 - Phase 19 - 16
Creative Work	Siddha Yoga			Dvitiya Until 4:49AM Mon	Moon – Red			3rd Phase
Until 11:24AM					Bhadrapada*Avani		Bhuloka Day	
Then Creative Work - Amrita Yoga							Devaloka Time: 6:PM to 9:PM	

2		Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trityayam Titau				Portland, ME
Kanya Rasi: 6.3	Tithi 3	Gulika	1:21PM – 3:01PM	Uttaraphalguni Until 12:22PM	Ganesha: Blue	Sunrise: 5:01AM	Sun 17	Sutra 134
Family Home Evening		Yama	10:01AM – 11:41AM	Sadhya Until 2:30PM	Muruga: White	Sunset: 6:21PM		Subhakrit 5124
		553865473 Rahu	6:41AM – 8:21AM	Taitila Until 4:59PM	Nataraja: Clear			Moon 8 - Phase 19 - 17
Creative Work	Siddha Yoga			Tritiya Until 5:01AM Tue	Moon – Red			3rd Phase
					Bhadrapada*Avani		Bhuloka Day	
							Devaloka Time: 6:PM to 9:PM	

3		Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthiyam Titau				Portland, ME
Kanya Rasi: 19.23	Tithi 4	Gulika	11:41AM – 1:21PM	Hasta Until 1:17PM	Ganesha: Blue	Sunrise: 5:02AM	Sun 18	Sutra 135
		Yama	8:21AM – 10:01AM	Subha Until 1:32PM	Muruga: White	Sunset: 6:20PM		Subhakrit 5124
		563865473 Rahu	3:00PM – 4:40PM	Vanija Until 5:00PM	Nataraja: Clear			Moon 8 - Phase 19 - 18
Creative Work	Siddha Yoga			Chaturthi* Until 4:51AM Wed	Moon – Green			3rd Phase
					Bhadrapada*Avani		Bhuloka Day	
							Devaloka Time: 6:PM to 9:PM	

4		Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME
Tula Rasi: 2.26	Tithi 5	Gulika	10:01AM – 11:41AM	Chitra Until 1:39PM	Ganesha: Red	Sunrise: 5:03AM	Sun 19	Sutra 136
		Yama	6:42AM – 8:22AM	Sukla Until 12:14PM	Muruga: White	Sunset: 6:18PM		Subhakrit 5124
		563965473 Rahu	11:41AM – 1:20PM	Bava Until 4:38PM	Nataraja: Clear			Moon 8 - Phase 19 - 19
Creative Work	Siddha Yoga			Panchami Until 4:17AM Thu	Moon – Green			3rd Phase
					Bhadrapada*Avani		Devaloka Day	

5		Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthiyam Titau				Portland, ME
Tula Rasi: 15.43	Tithi 6	Gulika	8:22AM – 10:01AM	Svati Until 1:30PM	Ganesha: Red	Sunrise: 5:04AM	Sun 20	Sutra 137
		Yama	5:04AM – 6:43AM	Brahma Until 10:38AM	Muruga: White	Sunset: 6:16PM		Subhakrit 5124
		563965473 Rahu	1:19PM – 2:58PM	Kaulava Until 3:52PM	Nataraja: Clear			Moon 8 - Phase 19 - 20
Creative Work	Amrita Yoga			Shashthi* Until 3:18AM Fri	Moon – Green			3rd Phase
Until 1:30PM					Bhadrapada*Avani		Devaloka Day	
Then Creative Work - Siddha Yoga								

6		Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Portland, ME
Tula Rasi: 29.13	Tithi 7	Gulika	6:44AM – 8:23AM	Vishakha Until 1:14PM	Ganesha: Yellow	Sunrise: 5:05AM	Sun 21	Sutra 138
		Yama	2:57PM – 4:36PM	Indra Until 8:43AM	Muruga: White	Sunset: 6:15PM		Subhakrit 5124
		574965473 Rahu	10:01AM – 11:40AM	Gara Until 2:41PM	Nataraja: Clear			Moon 8 - Phase 19 - 21
Creative Work	Siddha Yoga			Saptami Until 1:55AM Sat	Moon – Orange			3rd Phase
					Bhadrapada*Avani		Devaloka Day	

Retreat Star		Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, ME
Vrischika Rasi: 12.57	Tithi 8	Gulika	5:06AM – 6:45AM	Anuradha Until 12:24PM	Ganesha: Yellow	Sunrise: 5:06AM	Sun 22	Sutra 139
		Yama	1:18PM – 2:56PM	Vaidhriti* Until 6:26AM	Muruga: White	Sunset: 6:13PM		Subhakrit 5124
		574965473 Rahu	8:23AM – 10:01AM	Visti Until 1:05PM	Nataraja: Clear			Moon 8 - Phase 19 - 22
Creative Work	Siddha Yoga			Ashtami* Until 12:07AM Sun	Moon – Orange			Ashtami
					Bhadrapada*Avani		Devaloka Day	

Retreat Star		Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Portland, ME
Vrischika Rasi: 26.57	Tithi 9	Gulika	2:55PM – 4:33PM	Jyeshtha* Until 11:01AM	Ganesha: Yellow	Sunrise: 5:08AM	Sun 23	Sutra 140
		Yama	11:39AM – 1:17PM	Priti Until 12:55AM Mon	Muruga: White	Sunset: 6:11PM		Subhakrit 5124
		574965473 Rahu	4:33PM – 6:11PM	Balava Until 11:05AM	Nataraja: Clear			Moon 8 - Phase 19 - 23
Routine Work	Marana Yoga			Navami* Until 9:55PM	Moon – Orange			Navami
Until 11:01AM					Bhadrapada*Avani		Devaloka Day	
Then Creative Work - Amrita Yoga								


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Portland, ME Sun 24 Sutra 141 Subhakrit 5124
Dhanus Rasi: 11.12	Tithi 10	Gulika	1:17PM – 2:54PM	Mula* Until 9:32AM	Ganesha: White <i>Sunrise: 5:09AM</i>	
Family Home Evening	584965473	Yama	10:01AM – 11:39AM	Ayushman Until 9:42PM	Muruqa: White <i>Sunset: 6:09PM</i>	Moon 8 - Phase 20 - 24
Creative Work	Siddha Yoga	Rahu	6:46AM – 8:24AM	Taitila Until 8:42AM	Nataraja: Clear	4th Phase
Until 9:32AM				Dashami Until 7:22PM	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Portland, ME Sun 25 Sutra 142 Subhakrit 5124
Dhanus Rasi: 25.41	Tithi 11 – 12	Gulika	11:39AM – 1:16PM	Purvashadha* Until 7:36AM	Ganesha: White <i>Sunrise: 5:10AM</i>	
	584965473	Yama	8:24AM – 10:01AM	Saubhagya Until 6:16PM	Muruqa: White <i>Sunset: 6:07PM</i>	Moon 8 - Phase 20 - 25
Creative Work	Siddha Yoga	Rahu	2:53PM – 4:30PM	Vanija Until 6:00AM	Nataraja: Clear	4th Phase
Until 7:36AM				Ekadashi Until 4:33PM	Bhuloka Day	
Then Routine Work - Prabarashita Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 26 Sutra 143 Subhakrit 5124
Makara Rasi: 10.19	Tithi 12 – 13	Gulika	10:01AM – 11:38AM	Shravana Until 3:15AM Thu	Ganesha: Clear <i>Sunrise: 5:11AM</i>	
	594965473	Yama	6:48AM – 8:25AM	Sobhana Until 2:44PM	Muruqa: White <i>Sunset: 6:06PM</i>	Moon 8 - Phase 20 - 26
Creative Work	Siddha Yoga	Rahu	11:38AM – 1:15PM	Kaulava Until 12:04AM Thu	Nataraja: Clear	4th Phase
				Dvadashi Until 1:34PM	Devaloka Day	
					Bhadrapada*Avani	
					<i>Pradosha Vrata</i>	

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 27 Sutra 144 Subhakrit 5124
Makara Rasi: 25.01	Tithi 13 – 14	Gulika	8:25AM – 10:01AM	Dhanishtha Until 1:04AM Fri	Ganesha: Clear <i>Sunrise: 5:12AM</i>	
	594965473	Yama	5:12AM – 6:48AM	Athiganda* Until 11:09AM	Muruqa: White <i>Sunset: 6:04PM</i>	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga	Rahu	1:14PM – 2:51PM	Gara Until 9:05PM	Nataraja: Clear	4th Phase
				Chidambaram Abhishekam	Devaloka Day	
				Trayodashi Until 10:33AM	Bhadrapada*Avani	

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Portland, ME Sun 28 Sutra 145 Subhakrit 5124
Copper Retreat Star		Gulika	6:49AM – 8:25AM	Shatabhishak Until 10:58PM	Ganesha: Clear <i>Sunrise: 5:13AM</i>	
Kumbha Rasi: 9.39	Tithi 14 – 15	Yama	2:50PM – 4:26PM	Sukarma Until 7:40AM	Muruqa: White <i>Sunset: 6:02PM</i>	Moon 8 - Phase 20 -
	594965473	Rahu	10:01AM – 11:38AM	Visti Until 6:17PM	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 7:38AM	Devaloka Day	
					Bhadrapada*Avani	

5		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, ME Sun 29 Sutra 146 Subhakrit 5124
Silver Retreat Star		Gulika	5:14AM – 6:50AM	Purvaproshtpada* Until 9:31PM	Ganesha: Clear <i>Sunrise: 5:14AM</i>	
Kumbha Rasi: 24.07	Tithi 16	Yama	1:13PM – 2:49PM	Shula* Until 1:28AM Sun	Muruqa: White <i>Sunset: 6:00PM</i>	Moon 8 - Phase 20 -
	514965473	Rahu	8:26AM – 10:01AM	Balava Until 3:49PM	Nataraja: Clear	Prathama
Routine Work	Marana Yoga			Prathama* Until 2:45AM Sun	Devaloka Day	
Until 9:31PM					Bhadrapada*Avani	
Then Creative Work - Siddha Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Portland, ME
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

Gulika 2:48PM – 4:23PM
Yama 11:37AM – 1:12PM
Rahu 4:23PM – 5:59PM

Uttaraproshtapada Until 8:27PM
Ganda* Until 10:59PM
Taitila Until 1:51PM

Ganesha: Clear *Sunrise:* 5:15AM
Muruqa: White *Sunset:* 5:59PM
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 1:05AM Mon

Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Portland, ME
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

Gulika 1:12PM – 2:47PM
Yama 10:01AM – 11:37AM
Rahu 6:51AM – 8:26AM

Revati Until 7:55PM
Vriddhi Until 9:04PM
Vanija Until 12:31PM
Tritiya Until 12:06AM Tue

Ganesha: Clear *Sunrise:* 5:16AM
Muruqa: White *Sunset:* 5:57PM
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 21 - 1
1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:06AM Tue

Bhadrapada-Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Portland, ME
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

Gulika 11:36AM – 1:11PM
Yama 8:27AM – 10:01AM
Rahu 2:46PM – 4:20PM

Ashvini Until 8:25PM
Dhruva Until 7:44PM
Balava Until 11:56AM
Chaturthi* Until 11:55PM

Ganesha: White *Sunrise:* 5:17AM
Muruqa: White *Sunset:* 5:55PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 11:55PM

Bhadrapada-Avani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, ME
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

Gulika 10:02AM – 11:36AM
Yama 6:53AM – 8:27AM
Rahu 11:36AM – 1:10PM

Bharani Until 9:34PM
Vyaghata* Until 7:03PM
Kaulava Until 12:09PM
Panchami Until 12:32AM Thu

Ganesha: White *Sunrise:* 5:19AM
Muruqa: White *Sunset:* 5:53PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Panchami Until 12:32AM Thu

Bhadrapada-Avani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Until 9:34PM

Then Creative Work - Amrita Yoga

4

Thursday, September 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

Gulika 8:28AM – 10:02AM
Yama 5:20AM – 6:54AM
Rahu 1:09PM – 2:43PM

Krittika Until 11:17PM
Harshana Until 6:59PM
Gara Until 1:08PM
Shashthi* Until 1:53AM Fri

Ganesha: Clear *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 5:51PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Shashthi* Until 1:53AM Fri

Bhadrapada-Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Portland, ME
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

Gulika 6:54AM – 8:28AM
Yama 2:42PM – 4:16PM
Rahu 10:02AM – 11:35AM

Rohini Until 1:55AM Sat
Vajra* Until 7:22PM
Visti Until 2:49PM
Saptami Until 3:50AM Sat

Ganesha: White *Sunrise:* 5:21AM
Muruqa: White *Sunset:* 5:49PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Saptami Until 3:50AM Sat

Bhadrapada-Puratasi

Sivaloka Day

Until 1:55AM Sat

Then Creative Work - Siddha Yoga

D

Saturday, September 17, 2022
Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

Gulika 5:22AM – 6:55AM
Yama 1:08PM – 2:41PM
Rahu 8:28AM – 10:02AM

Mrigashira Until 4:44AM Sun
Siddhi Until 8:06PM
Balava Until 4:58PM
Ashtami* Until 6:09AM Sun

Ganesha: White *Sunrise:* 5:22AM
Muruqa: White *Sunset:* 5:48PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM Sun

Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, ME
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

Gulika 2:40PM – 4:13PM
Yama 11:34AM – 1:07PM
Rahu 4:13PM – 5:46PM

Ardra Until 7:33AM Mon
Vyatipata* Until 9:01PM
Taitila Until 7:23PM
Ashtami* Until 6:09AM

Ganesha: White *Sunrise:* 5:23AM
Muruqa: White *Sunset:* 5:46PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM

Bhadrapada-Puratasi

Sivaloka Day

Until 7:33AM Mon

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

www.gurudeva.org/panchang

1	Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau				Portland, ME
	Mithuna Rasi: 19.08	Tithi 24 – 25	Gulika 1:07PM – 2:39PM	Ardra Until 7:33AM	Ganesha: White	<i>Sunrise:</i> 5:24AM	Sun 8 Sutra 155
Family Home Evening	535965473	Rahu 6:57AM – 8:29AM	Variyan Until 9:54PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Subhakrit 5124	
Creative Work Siddha Yoga			Vanjia Until 9:49PM	Nataraja: Clear		Moon 9 - Phase 22 - 8	
Until 7:33AM			Navami* Until 8:36AM	Moon – Yellow		2nd Phase	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		Sivaloka Day	


2	Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, ME
	Kataka Rasi: 1.02	Tithi 25 – 26	Gulika 11:34AM – 1:06PM	Punarvasu Until 10:36AM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Sun 9 Sutra 156
	545965473	Rahu 2:38PM – 4:10PM	Parigha* Until 10:40PM	Muruqa: White	<i>Sunset:</i> 5:42PM	Subhakrit 5124	
Creative Work Siddha Yoga			Bava Until 12:05AM Wed	Nataraja: Clear		Moon 9 - Phase 22 - 9	
			Dashami Until 10:58AM	Moon – Blue		2nd Phase	
				Bhadrapada-Puratasi		Devaloka Day	

3	Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME
	Kataka Rasi: 13.01	Tithi 26 – 27	Gulika 10:02AM – 11:33AM	Pushya Until 1:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sun 10 Sutra 157
	545965473	Rahu 11:33AM – 1:05PM	Shiva Until 11:12PM	Muruqa: White	<i>Sunset:</i> 5:40PM	Subhakrit 5124	
Creative Work Siddha Yoga			Kaulava Until 1:59AM Thu	Nataraja: Clear		Moon 9 - Phase 22 - 10	
			Ekadashi* Until 1:04PM	Moon – Blue		2nd Phase	
				Bhadrapada-Puratasi		Devaloka Day	

4	Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME
	Kataka Rasi: 25.08	Tithi 27 – 28	Gulika 8:30AM – 10:02AM	Ashlesha* Until 3:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Sun 11 Sutra 158
	545965473	Rahu 1:04PM – 2:36PM	Siddha Until 11:21PM	Muruqa: White	<i>Sunset:</i> 5:38PM	Subhakrit 5124	
Creative Work Siddha Yoga			Gara Until 3:27AM Fri	Nataraja: Clear		Moon 9 - Phase 22 - 11	
Until 3:20PM			Dvadashi* Until 2:46PM	Moon – Blue		2nd Phase	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanjia/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME
	Simha Rasi: 7.27	Tithi 28 – 29	Gulika 7:00AM – 8:31AM	Magha* Until 5:18PM	Ganesha: Red	<i>Sunrise:</i> 5:29AM	Sun 12 Sutra 159
	555965473	Rahu 10:02AM – 11:33AM	Sadhya Until 11:09PM	Muruqa: White	<i>Sunset:</i> 5:37PM	Subhakrit 5124	
Routine Work Marana Yoga			Visti Until 4:26AM Sat	Nataraja: Clear		Moon 9 - Phase 22 - 12	
Until 5:18PM			Trayodashi* Until 3:59PM	Moon – Red		2nd Phase	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi		Devaloka Day	

6	Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, ME
	Simha Rasi: 19.59	Tithi 29 – 30	Gulika 5:30AM – 7:00AM	Purvaphalguni Until 6:36PM	Ganesha: Green	<i>Sunrise:</i> 5:30AM	Sun 13 Sutra 160
	556965473	Rahu 8:31AM – 10:02AM	Subha Until 10:34PM	Muruqa: White	<i>Sunset:</i> 5:35PM	Subhakrit 5124	
Creative Work Siddha Yoga			Catuspada Until 4:53AM Sun	Nataraja: Clear		Moon 9 - Phase 22 - 13	
Until 6:36PM			Chaturdashi* Until 4:42PM	Moon – Red		2nd Phase	
Then Routine Work - Marana Yoga				Bhadrapada-Puratasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

	Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME
	Retreat Star		Gulika 2:32PM – 4:03PM	Uttaraphalguni Until 7:15PM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	Sun 14 Sutra 161
Kanya Rasi: 2.45	Tithi 30 – 1		Sukla Until 9:33PM	Muruqa: White	<i>Sunset:</i> 5:33PM	Subhakrit 5124	
	556165473	Rahu 4:03PM – 5:33PM	Kintughna Until 4:50AM Mon	Nataraja: Clear		Moon 9 - Phase 22 - 14	
Creative Work Amrita Yoga			Amavasya* Until 4:54PM	Moon – Red		Amavasya	
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

Retreat Star	Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, ME
	Kanya Rasi: 15.46	Tithi 1 – 2	Gulika 1:01PM – 2:31PM	Hasta Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM	Sun 15 Sutra 162
Family Home Evening	566165473	Rahu 7:02AM – 8:32AM	Brahma Until 8:11PM	Muruqa: White	<i>Sunset:</i> 5:31PM	Subhakrit 5124	
Creative Work Siddha Yoga			Balava Until 4:21AM Tue	Nataraja: Clear		Moon 9 - Phase 22 - 15	
Until 7:45PM			Prathama* Until 4:38PM	Moon – Green		Prathama	
Then Routine Work - Prabalarishta Yoga		Navaratri Begins		Ashvina-Puratasi		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1 Tuesday, September 27, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, ME
 Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 163
 Kanya Rasi: 29 Tithi 2 – 3 **Gulika** 11:31AM – 1:01PM **Chitra Until 7:41PM** **Ganesha:** Blue *Sunrise:* 5:33AM Subhakrit 5124
 666165473 **Yama** 8:32AM – 10:02AM **Indra Until 6:31PM** **Muruqa:** White *Sunset:* 5:29PM Moon 9 - Phase 23 - 16
Rahu 2:30PM – 4:00PM **Taitila Until 3:29AM Wed** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Dvitiya Until 3:57PM** **Moon – Green** **Bhuloka Day**
Ashvina+Puratasi **Devaloka Time: 6:PM to 9:PM**

2 Wednesday, September 28, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Portland, ME
 Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 164
 Tula Rasi: 12.28 Tithi 3 – 4 **Gulika** 10:02AM – 11:31AM **Svati Until 7:09PM** **Ganesha:** Blue *Sunrise:* 5:34AM Subhakrit 5124
 666165473 **Yama** 7:03AM – 8:33AM **Vaidhriti* Until 4:32PM** **Muruqa:** White *Sunset:* 5:28PM Moon 9 - Phase 23 - 17
Rahu 11:31AM – 1:00PM **Vanija Until 2:17AM Thu** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Tritiya Until 2:54PM** **Moon – Green** **Bhuloka Day**
Ashvina+Puratasi **Devaloka Time: 6:PM to 9:PM**

3 Thursday, September 29, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Portland, ME
 Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 165
 Tula Rasi: 26.05 Tithi 4 – 5 **Gulika** 8:33AM – 10:02AM **Vishakha Until 6:37PM** **Ganesha:** Blue *Sunrise:* 5:35AM Subhakrit 5124
 676165473 **Yama** 5:35AM – 7:04AM **Vishkambha* Until 2:19PM** **Muruqa:** White *Sunset:* 5:26PM Moon 9 - Phase 23 - 18
Rahu 12:59PM – 2:28PM **Bava Until 12:49AM Fri** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Chaturthi* Until 1:34PM** **Moon – Orange** **Bhuloka Day**
Ashvina+Puratasi **Devaloka Time: 6:PM to 9:PM**

4 Friday, September 30, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, ME
 Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 166
 Vrischika Rasi: 9.53 Tithi 5 – 6 **Gulika** 7:05AM – 8:33AM **Anuradha Until 5:41PM** **Ganesha:** Blue *Sunrise:* 5:37AM Subhakrit 5124
 676165473 **Yama** 2:27PM – 3:56PM **Priti Until 11:56AM** **Muruqa:** White *Sunset:* 5:24PM Moon 9 - Phase 23 - 19
Rahu 10:02AM – 11:30AM **Kaulava Until 11:07PM** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Panchami Until 11:58AM** **Moon – Orange** **Bhuloka Day**
 Until 5:41PM **Ashvina+Puratasi** **Devaloka Time: 6:PM to 9:PM**
 Then Routine Work - Marana Yoga

5 Saturday, October 1, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Portland, ME
 Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 20 Sutra 167
 Vrischika Rasi: 23.49 Tithi 6 – 7 **Gulika** 5:38AM – 7:06AM **Jyeshtha* Until 4:26PM** **Ganesha:** Blue *Sunrise:* 5:38AM Subhakrit 5124
 687166473 **Yama** 12:58PM – 2:26PM **Ayushman Until 9:21AM** **Muruqa:** White *Sunset:* 5:22PM Moon 9 - Phase 23 - 20
Rahu 8:34AM – 10:02AM **Gara Until 9:13PM** **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Shashthi* Until 10:10AM** **Moon – Orange** **Bhuloka Day**
Ashvina+Puratasi **Devaloka Time: 6:PM to 9:PM**

Sunday, October 2, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, ME
 Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 168
Retreat Star **Gulika** 2:25PM – 3:53PM **Mula* Until 3:17PM** **Ganesha:** Blue *Sunrise:* 5:39AM Subhakrit 5124
 Dhanus Rasi: 7.52 Tithi 7 – 8 **Yama** 11:30AM – 12:57PM **Saubhagya Until 6:38AM** **Muruqa:** Green *Sunset:* 5:20PM Moon 9 - Phase 23 - 21
 687166473 **Rahu** 3:53PM – 5:20PM **Visti Until 7:10PM** **Nataraja:** Clear Ashtami
 Creative Work Amrita Yoga **Durga Ashtami** **Saptami Until 8:12AM** **Moon – Light Blue** **Sivaloka Day**
 Until 3:17PM **Ashvina+Puratasi**
 Then Creative Work - Siddha Yoga

Monday, October 3, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Portland, ME
 Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau Sun 22 Sutra 169
Retreat Star **Gulika** 12:57PM – 2:24PM **Purvashadha* Until 1:52PM** **Ganesha:** Blue *Sunrise:* 5:40AM Subhakrit 5124
 Dhanus Rasi: 22 Tithi 8 – 9 **Yama** 10:02AM – 11:29AM **Athiganda* Until 12:51AM Tue** **Muruqa:** Green *Sunset:* 5:19PM Moon 9 - Phase 23 - 22
 687166473 **Rahu** 7:07AM – 8:35AM **Kaulava Until 3:50AM Tue** **Nataraja:** Clear Navami
Family Home Evening **Ashtami* Until 6:05AM** **Moon – Light Blue** **Sivaloka Day**
 Routine Work Marana Yoga **Saraswathi Puja (Tamil Nadu)** **Ashvina+Puratasi**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Portland, ME on 4/26/21

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Taitila/Gara Karana Dashamyam Titau				Portland, ME Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 6.13	Tithi 10	Gulika	11:29AM – 12:56PM	Uttarashadha Until 12:12PM	Ganesha: Blue	<i>Sunrise:</i> 5:41AM		
		Yama	8:35AM – 10:02AM	Sukarna Until 9:50PM	Muruqa: Green	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 24 - 23	
		687166473 Rahu	2:23PM – 3:50PM	Taitila Until 2:43PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 1:32AM Wed	Moon – Light Blue		Sivaloka Day	
Until 12:12PM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 20.29	Tithi 11	Gulika	10:02AM – 11:29AM	Shravana Until 10:46AM	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM		
		Yama	7:09AM – 8:35AM	Dhriti Until 6:50PM	Muruqa: Green	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 24 - 24	
		697166473 Rahu	11:29AM – 12:55PM	Vanija Until 12:24PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 11:14PM	Moon – Purple		Devaloka Day	
Until 10:46AM		Vijaya Dasami			Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 4.44	Tithi 12	Gulika	8:36AM – 10:02AM	Dhanishtha Until 9:14AM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM		
		Yama	5:43AM – 7:10AM	Shula* Until 3:51PM	Muruqa: Green	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 24 - 25	
		697166473 Rahu	12:55PM – 2:21PM	Bava Until 10:07AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 9:00PM	Moon – Purple		Devaloka Day	
		Kadaitswami Mahasamadhi			Ashvina+Puratasi			

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 18.55	Tithi 13	Gulika	7:11AM – 8:36AM	Shatabhishak Until 7:41AM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM		
		Yama	2:20PM – 3:46PM	Ganda* Until 1:01PM	Muruqa: Green	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 24 - 26	
		697166473 Rahu	10:02AM – 11:28AM	Kaulava Until 7:58AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 6:58PM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam			Ashvina+Puratasi			
					<i>Pradosha Vrata</i>			

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Gara/Visti* Karana Chaturdashni/Purnimayam Titau				Portland, ME Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 2.56	Tithi 14 – 15	Gulika	5:46AM – 7:11AM	Purvaproshtapada* Until 6:39AM	Ganesha: White	<i>Sunrise:</i> 5:46AM		
		Yama	12:53PM – 2:19PM	Vridhni Until 10:25AM	Muruqa: Green	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 24 - 27	
		618166474 Rahu	8:37AM – 10:02AM	Gara Until 6:04AM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga			Chaturdashni* Until 5:13PM	Moon – Clear		Bhuloka Day	
Until 6:39AM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sutra 175 Subhakrit 5124
Copper Retreat Star		Gulika	2:18PM – 3:43PM	Revati Until 5:21AM Mon	Ganesha: White	<i>Sunrise:</i> 5:47AM		
Meena Rasi: 16.45	Tithi 15 – 16	Yama	11:28AM – 12:53PM	Dhruva Until 8:05AM	Muruqa: Green	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 24 - Purnima	
		618166474 Rahu	3:43PM – 5:08PM	Balava Until 3:28AM Mon	Nataraja: Purple			
Creative Work	Amrita Yoga			Purnima* Until 3:54PM	Moon – Clear		Bhuloka Day	
Until 5:21AM Mon					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, ME Sutra 176 Subhakrit 5124		
Silver Retreat Star		Gulika	12:52PM – 2:17PM	Ashvini Until 5:45AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM		
Mesha Rasi: 0.16	Tithi 16 – 17	Yama	10:02AM – 11:27AM	Vyaghata* Until 6:10AM	Muruqa: White	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 24 - Prathama	
Family Home Evening		628176474 Rahu	7:13AM – 8:38AM	Taitila Until 2:59AM Tue	Nataraja: Purple			
Creative Work	Siddha Yoga			Prathama* Until 3:07PM	Moon – White		Bhuloka Day	
					Ashvina+Puratasi		Devaloka Time: 6:AM to 9:AM	



Tuesday, October 11, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, ME

Sun 1 Sutra 177

Subhakarit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

Gulika 11:27AM - 12:51PM
Yama 8:38AM - 10:03AM
Rahu 2:16PM - 3:40PM

Bharani Until 6:38AM Wed
Vajra* Until 3:47AM Wed
Vanija Until 3:10AM Wed
Dvitiya Until 2:58PM

Ganesha: Yellow *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 5:05PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 1
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME

Sun 2 Sutra 178

Subhakarit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

Gulika 10:03AM - 11:27AM
Yama 7:15AM - 8:39AM
Rahu 11:27AM - 12:51PM

Bharani Until 6:38AM
Siddhi Until 3:23AM Thu
Bava Until 4:02AM Thu
Tritiya Until 3:30PM

Ganesha: Yellow *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 5:03PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 2
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 3 Sutra 179

Subhakarit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

Gulika 8:39AM - 10:03AM
Yama 5:52AM - 7:15AM
Rahu 12:50PM - 2:14PM

Krittika Until 8:01AM
Vyatipata* Until 3:28AM Fri
Kaulava Until 5:32AM Fri
Chaturthi* Until 4:41PM

Ganesha: Yellow *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 5:01PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 3
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Portland, ME

Sun 4 Sutra 180

Subhakarit 5124

Vrishabha Rasi: 21.08 Tithi 20

628176474

Gulika 7:16AM - 8:40AM
Yama 2:13PM - 3:36PM
Rahu 10:03AM - 11:26AM

Rohini Until 10:19AM
Variyan Until 3:56AM Sat
Taitila Until 6:27PM
Panchami Until 6:27PM

Ganesha: Blue *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 5:00PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 4
1st Phase

Bhuloka Day

Ashvina+Puratasi

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Portland, ME

Sun 5 Sutra 181

Subhakarit 5124

Mithuna Rasi: 3.13 Tithi 21

628176474

Gulika 5:54AM - 7:17AM
Yama 12:49PM - 2:12PM
Rahu 8:40AM - 10:03AM

Mrigashira Until 12:55PM
Parigha* Until 4:40AM Sun
Gara Until 7:32AM
Shashthi* Until 8:39PM

Ganesha: Red *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 4:58PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 5
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Portland, ME

Sun 6 Sutra 182

Subhakarit 5124

Mithuna Rasi: 15.08 Tithi 22

628176474

Gulika 2:11PM - 3:34PM
Yama 11:26AM - 12:48PM
Rahu 3:34PM - 4:56PM

Ardra Until 3:37PM
Shiva Until 5:32AM Mon
Visti* Until 9:52AM
Saptami Until 11:04PM

Ganesha: Red *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 4:56PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 6
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME

Sun 7 Sutra 183

Subhakarit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

Gulika 12:48PM - 2:10PM
Yama 10:03AM - 11:26AM
Rahu 7:19AM - 8:41AM

Punarvasu Until 6:42PM
Siddha Until 6:20AM Tue
Balava Until 12:18PM
Ashtami* Until 1:29AM Tue

Ganesha: Green *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 4:55PM
Nataraja: Purple
Moon - Blue

Moon 10 - Phase 25 - 7
Ashtami

Devaloka Day

Ashvina+Apasi

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Portland, ME

Sun 8 Sutra 184

Subhakarit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

Gulika 11:25AM - 12:47PM
Yama 8:42AM - 10:04AM
Rahu 2:09PM - 3:31PM

Pushya Until 9:29PM
Siddha Until 6:20AM
Taitila Until 2:39PM
Navami* Until 3:42AM Wed

Ganesha: Green *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 4:53PM
Nataraja: Purple
Moon - Blue

Moon 10 - Phase 25 - 8
Navami

Devaloka Day

Ashvina+Apasi

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

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1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 20.55	Tithi 25	Gulika 10:04AM – 11:25AM	Ashlesha* Until 11:47PM	Ganesha: Green	<i>Sunrise:</i> 5:59AM	
			Yama 7:21AM – 8:42AM	Sadhya Until 6:58AM	Muruqa: White	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 26 - 9
	649176474	Rahu 11:25AM – 12:47PM		Vanija Until 4:42PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:32AM Thu	Moon – Blue		Devaloka Day	
				Ashvina-Aipasi			

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Portland, ME Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.04	Tithi 26	Gulika 8:43AM – 10:04AM	Magha* Until 1:55AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:00AM	
			Yama 6:00AM – 7:22AM	Subha Until 7:19AM	Muruqa: White	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 26 - 10
	659276474	Rahu 12:46PM – 2:07PM		Bava Until 6:17PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 6:51AM Fri	Moon – Red		Bhuloka Day	
Until 1:55AM Fri				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.26	Tithi 26 – 27	Gulika 7:22AM – 8:43AM	Purvaphalguni Until 3:18AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:02AM	
			Yama 2:07PM – 3:27PM	Sukla Until 7:13AM	Muruqa: White	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 26 - 11
	659276474	Rahu 10:04AM – 11:25AM		Kaulava Until 7:18PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:51AM	Moon – Red		Bhuloka Day	
Until 3:18AM Sat				Ashvina-Aipasi			
Then Routine Work - Marana Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.05	Tithi 27 – 28	Gulika 6:03AM – 7:23AM	Uttaraphalguni Until 3:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:03AM	
			Yama 12:45PM – 2:06PM	Brahma Until 6:39AM	Muruqa: White	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 26 - 12
	651276474	Rahu 8:44AM – 10:04AM		Gara Until 7:40PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 7:33AM	Moon – Red		Bhuloka Day	
Until 3:55AM Sun				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.02	Tithi 28 – 29	Gulika 2:05PM – 3:25PM	Hasta Until 4:13AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:04AM	
			Yama 11:25AM – 12:45PM	Vaidhriti* Until 4:02AM Mon	Muruqa: White	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 26 - 13
	661276474	Rahu 3:25PM – 4:45PM		Visti Until 7:23PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 7:35AM	Moon – Green		Bhuloka Day	
Until 4:13AM Mon				Ashvina-Aipasi			
Then Routine Work - Prabalarishta Yoga							

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, ME Sun 14 Sutra 190 Subhakrit 5124
	Retreat Star		Gulika 12:44PM – 2:04PM	Chitra Until 3:47AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 6:05AM	
	Kanya Rasi: 24.19	Tithi 29 – 30	Yama 10:05AM – 11:24AM	Vishkambha* Until 2:01AM Tue	Muruqa: White	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 26 - 14
	661276474	Rahu 7:25AM – 8:45AM		Catuspada Until 6:30PM	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 7:00AM	Moon – Green		Bhuloka Day	
Until 3:47AM Tue				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, ME Sun 15 Sutra 191 Subhakrit 5124
	Retreat Star		Gulika 11:24AM – 12:44PM	Svati Until 2:45AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 6:07AM	
	Tula Rasi: 7.55	Tithi 1	Yama 8:45AM – 10:05AM	Priti Until 11:37PM	Muruqa: White	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 26 - 15
	661276474	Rahu 2:03PM – 3:23PM		Kintughna Until 5:06PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:13AM Wed	Moon – Green		Bhuloka Day	
				Kartika-Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 16
	Tula Rasi: 21.48	Tithi 2	Gulika 10:05AM – 11:24AM	Vishakha Until 1:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:08AM	Subhakit 5124
			Yama 7:27AM – 8:46AM	Ayushman Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 Rahu 11:24AM – 12:43PM	Balava Until 3:16PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:13AM Thu	Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, ME Sun 17
	Vrischika Rasi: 5.54	Tithi 3	Gulika 8:47AM – 10:05AM	Anuradha Until 12:07AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:09AM	Subhakit 5124
			Yama 6:09AM – 7:28AM	Saubhagya Until 5:57PM	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 Rahu 12:43PM – 2:02PM	Taitila Until 1:09PM	Nataraja: Clear		3rd Phase
			Tritiya Until 12:00AM Fri	Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
				Kartika-Aipasi			

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Portland, ME Sun 18
	Vrischika Rasi: 20.09	Tithi 4	Gulika 7:29AM – 8:47AM	Jyeshtha* Until 10:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:10AM	Subhakit 5124
			Yama 2:01PM – 3:19PM	Sobhana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 Rahu 10:06AM – 11:24AM	Vanija Until 10:50AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 9:38PM	Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
				Kartika-Aipasi			

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME Sun 19
	Dhanus Rasi: 4.29	Tithi 5	Gulika 6:12AM – 7:30AM	Mula* Until 8:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Subhakit 5124
			Yama 12:42PM – 2:00PM	Athiganda* Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	681276574 Rahu 8:48AM – 10:06AM	Bava Until 8:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 7:14PM	Moon – Light Blue	Devaloka Day		
				Kartika-Aipasi			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Portland, ME Sun 20
	Dhanus Rasi: 18.48	Tithi 6 – 7	Gulika 1:59PM – 3:17PM	Purvashadha* Until 7:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Subhakit 5124
			Yama 11:24AM – 12:42PM	Sukarma Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	681276574 Rahu 3:17PM – 4:35PM	Kaulava Until 6:03AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 4:52PM	Moon – Light Blue	Devaloka Day		
			Skanda Shasthi	Kartika-Aipasi			

☾	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Portland, ME Sun 21
	Retreat Star		Gulika 12:41PM – 1:59PM	Uttarashadha Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Subhakit 5124
	Makara Rasi: 3.04	Tithi 7 – 8	Yama 10:06AM – 11:24AM	Shula* Until 2:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 27 - 21
	Family Home Evening		681276574 Rahu 7:32AM – 8:49AM	Visti Until 1:35AM Tue	Nataraja: Clear		Ashtami
			Saptami Until 2:38PM	Moon – Light Blue	Devaloka Day		
				Kartika-Aipasi			

☾	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, ME Sun 22
	Retreat Star		Gulika 11:24AM – 12:41PM	Shravana Until 4:21PM	Ganesha: White	<i>Sunrise:</i> 6:16AM	Subhakit 5124
	Makara Rasi: 17.14	Tithi 8 – 9	Yama 8:50AM – 10:07AM	Ganda* Until 11:55PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	691276574 Rahu 1:58PM – 3:15PM	Balava Until 11:37PM	Nataraja: Clear		Navami
			Ashtami* Until 12:33PM	Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
				Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

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1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME Sun 23 Sutra 199 Subhakrit 5124
	Kumbha Rasi: 1.17	Tithi 9 – 10	Gulika 10:07AM – 11:24AM	Dhanishtha Until 3:14PM	Ganesha: Green	<i>Sunrise:</i> 6:17AM	
			Yama 7:34AM – 8:50AM	Vriddhi Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 10 - Phase 28 - 23
		692276574	Rahu 11:24AM – 12:41PM	Taitila Until 9:51PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga Until 3:14PM Then Creative Work - Siddha Yoga			Navami* Until 10:41AM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	


2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 15.11	Tithi 10 – 11	Gulika 8:51AM – 10:07AM	Shatabhishak Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:18AM	
			Yama 6:18AM – 7:35AM	Dhruva Until 6:56PM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 28 - 24
		692276574	Rahu 12:40PM – 1:57PM	Vanija Until 8:22PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Dashami Until 9:03AM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 28.56	Tithi 11 – 12	Gulika 7:36AM – 8:52AM	Purvaproshtapada* Until 1:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:19AM	
			Yama 1:56PM – 3:12PM	Vyaghata* Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 10 - Phase 28 - 25
		612276574	Rahu 10:08AM – 11:24AM	Bava Until 7:10PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 7:42AM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 12.29	Tithi 12 – 13	Gulika 6:21AM – 7:37AM	Uttaraproshtapada Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:21AM	
			Yama 12:40PM – 1:55PM	Harshana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 4:27PM	Moon 10 - Phase 28 - 26
		612276574	Rahu 8:52AM – 10:08AM	Kaulava Until 6:19PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 1:28PM Then Routine Work - Prabalarishta Yoga			Dvadashi Until 6:40AM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			
				<i>Pradosha Vrata</i>			

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 25.49	Tithi 13 – 14	Gulika 1:55PM – 3:10PM	Revati Until 1:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:22AM	
			Yama 11:24AM – 12:39PM	Vajra* Until 1:18PM	Muruqa: Clear	<i>Sunset:</i> 4:26PM	Moon 10 - Phase 28 - 27
		612276574	Rahu 3:10PM – 4:26PM	Vanija Until 5:47AM Mon	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga Until 1:25PM Then Creative Work - Siddha Yoga			Trayodashi Until 6:01AM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sun 28 Sutra 204 Subhakrit 5124
	Mesha Rasi: 8.56	Tithi 15	Gulika 12:39PM – 1:54PM	Ashvini Until 2:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM	
	Family Home Evening		Yama 10:09AM – 11:24AM	Siddhi Until 12:05PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 10 - Phase 28 - Purnima
		722276574	Rahu 7:38AM – 8:54AM	Visti Until 5:52PM	Nataraja: Clear		
Creative Work Siddha Yoga			Purnima* Until 6:02AM Tue	Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sun 29 Sutra 205 Subhakrit 5124
	Mesha Rasi: 21.49	Tithi 15 – 16	Gulika 11:24AM – 12:39PM	Bharani Until 3:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	
			Yama 8:54AM – 10:09AM	Vyatipata* Until 11:14AM	Muruqa: Clear	<i>Sunset:</i> 4:24PM	Moon 10 - Phase 28 - Prathama
		722276574	Rahu 1:54PM – 3:09PM	Balava Until 6:23PM	Nataraja: Clear		
Creative Work Siddha Yoga			Purnima* Until 6:02AM	Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vairiya/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, ME

Sutra 206

Subhakrit 5124

Vrishabha Rasi: 4.27 Tithi 16 - 17

Gulika 10:10AM - 11:24AM

Krittika Until 4:29PM

Ganesha: Blue

Sunrise: 6:26AM

Moon 11 - Phase 29 -

Yama 7:40AM - 8:55AM

Vairiya Until 10:46AM

Muruqa: Clear

Sunset: 4:22PM

1st Phase

Rahu 11:24AM - 12:39PM

Taitila Until 7:25PM

Nataraja: Clear

Bhuloka Day

Creative Work Amrita Yoga

Moon - White

Devaloka Time: 3:PM to 6:PM

Until 4:29PM

Prathama* Until 6:49AM

Kartika-Aipasi

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, ME

Sun 1

Sutra 207

Subhakrit 5124

Vrishabha Rasi: 16.52 Tithi 17 - 18

Gulika 8:56AM - 10:10AM

Rohini Until 6:39PM

Ganesha: Red

Sunrise: 6:27AM

Moon 11 - Phase 29 - 1

Yama 6:27AM - 7:41AM

Parigha* Until 10:42AM

Muruqa: Clear

Sunset: 4:21PM

1st Phase

Rahu 12:38PM - 1:53PM

Vanija Until 8:56PM

Nataraja: Clear

Devaloka Day

Routine Work Marana Yoga

Moon - Yellow

Kartika-Aipasi

2

Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Portland, ME

Sun 2

Sutra 208

Subhakrit 5124

Vrishabha Rasi: 29.04 Tithi 18 - 19

Gulika 7:42AM - 8:56AM

Mrigashira Until 9:05PM

Ganesha: Red

Sunrise: 6:29AM

Moon 11 - Phase 29 - 2

Yama 1:52PM - 3:06PM

Shiva Until 11:00AM

Muruqa: Clear

Sunset: 4:20PM

1st Phase

Rahu 10:10AM - 11:24AM

Bava Until 10:55PM

Nataraja: Clear

Devaloka Day

Creative Work Siddha Yoga

Moon - Yellow

Kartika-Aipasi

3

Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 3

Sutra 209

Subhakrit 5124

Mithuna Rasi: 11.07 Tithi 19 - 20

Gulika 6:30AM - 7:43AM

Ardra Until 11:39PM

Ganesha: Red

Sunrise: 6:30AM

Moon 11 - Phase 29 - 3

Yama 12:38PM - 1:52PM

Siddha Until 11:34AM

Muruqa: Clear

Sunset: 4:19PM

1st Phase

Rahu 8:57AM - 10:11AM

Kaulava Until 1:12AM Sun

Nataraja: Clear

Devaloka Day

Creative Work Siddha Yoga

Moon - Yellow

Kartika-Aipasi

Chaturthi* Until 12:00PM

4

Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Portland, ME

Sun 4

Sutra 210

Subhakrit 5124

Mithuna Rasi: 23.03 Tithi 20 - 21

Gulika 1:51PM - 3:05PM

Punarvasu Until 2:45AM Mon

Ganesha: Green

Sunrise: 6:31AM

Moon 11 - Phase 29 - 4

Yama 11:25AM - 12:38PM

Sadhya Until 12:19PM

Muruqa: Clear

Sunset: 4:18PM

1st Phase

Rahu 3:05PM - 4:18PM

Gara Until 3:41AM Mon

Nataraja: Clear

Bhuloka Day

Creative Work Siddha Yoga

Moon - Blue

Kartika-Aipasi

Panchami Until 2:24PM

Devaloka Time: 3:PM to 6:PM

5

Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Portland, ME

Sun 5

Sutra 211

Subhakrit 5124

Kataka Rasi: 4.56 Tithi 21 - 22

Gulika 12:38PM - 1:51PM

Pushya Until 5:40AM Tue

Ganesha: White

Sunrise: 6:32AM

Moon 11 - Phase 29 - 5

Yama 10:12AM - 11:25AM

Subha Until 1:11PM

Muruqa: Clear

Sunset: 4:17PM

1st Phase

Rahu 7:45AM - 8:59AM

Visti Until 6:09AM Tue

Nataraja: Clear

Bhuloka Day

Creative Work Siddha Yoga

Moon - Blue

Kartika-Aipasi

Shashthi* Until 4:54PM

Devaloka Time: 3:PM to 6:PM

6

Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Portland, ME

Sun 6

Sutra 212

Subhakrit 5124

Kataka Rasi: 16.49 Tithi 22

Gulika 11:25AM - 12:38PM

Ashlesha* Until 8:15AM Wed

Ganesha: Green

Sunrise: 6:34AM

Moon 11 - Phase 29 - 6

Yama 8:59AM - 10:12AM

Sukla Until 1:57PM

Muruqa: Clear

Sunset: 4:16PM

1st Phase

Rahu 1:51PM - 3:03PM

Visti Until 6:09AM

Nataraja: Clear

Bhuloka Day

Creative Work Siddha Yoga

Moon - Blue

Kartika-Aipasi

Saptami Until 7:18PM

Devaloka Time: 3:PM to 6:PM

D

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, ME

Sun 7

Sutra 213

Subhakrit 5124

Kataka Rasi: 28.47 Tithi 23

Gulika 10:13AM - 11:25AM

Ashlesha* Until 8:15AM

Ganesha: Green

Sunrise: 6:35AM

Moon 11 - Phase 29 - 7

Yama 7:48AM - 9:00AM

Brahma Until 2:33PM

Muruqa: Clear

Sunset: 4:15PM

Ashtami

Rahu 11:25AM - 12:39PM

Balava Until 8:26AM

Nataraja: Clear

Bhuloka Day

Creative Work Siddha Yoga

Moon - Blue

Kartika-Kartikai

Ashtami* Until 9:24PM

Devaloka Time: 3:PM to 6:PM

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Valdhriti* Yoga Taitila/Gara Karana Navamyam Titau

Portland, ME

Sun 8

Sutra 214

Subhakrit 5124

Simha Rasi: 10.53 Tithi 24

Gulika 9:01AM - 10:13AM

Magha* Until 10:47AM

Ganesha: Orange

Sunrise: 6:36AM

Moon 11 - Phase 29 - 8

Yama 6:36AM - 7:49AM

Indra Until 2:49PM

Muruqa: Clear

Sunset: 4:14PM

Navami

Rahu 12:38PM - 1:50PM

Taitila Until 10:19AM

Nataraja: Purple

Sivaloka Day

Creative Work Amrita Yoga

Moon - Red

Kartika-Kartikai

Navami* Until 11:01PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

www.gurudeva.org/panchang


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME
Simha Rasi: 23.13	Tithi 25	753376575	Gulika 7:50AM – 9:02AM Yama 1:50PM – 3:02PM Rahu 10:14AM – 11:26AM	Purvaphalguni Until 12:35PM Vaidhriti* Until 2:37PM Vanija Until 11:37AM Dashami Until 12:00AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 6:38AM Sunset: 4:14PM	Sun 9 Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase	Sivaloka Day
Creative Work Siddha Yoga								

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Portland, ME
Kanya Rasi: 5.51	Tithi 26	753376575	Gulika 6:39AM – 7:51AM Yama 12:37PM – 1:49PM Rahu 9:02AM – 10:14AM	Uttaraphalguni Until 1:34PM Vishkambha* Until 1:53PM Bava Until 12:13PM Ekadashi* Until 12:13AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 6:39AM Sunset: 4:13PM	Sun 10 Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase	Sivaloka Day
Routine Work Marana Yoga								

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Portland, ME
Kanya Rasi: 18.5	Tithi 27	763376575	Gulika 1:49PM – 3:00PM Yama 11:26AM – 12:37PM Rahu 3:00PM – 4:12PM	Hasta Until 2:07PM Priti Until 12:33PM Kaulava Until 12:03PM Dvadashti* Until 11:40PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 6:40AM Sunset: 4:12PM	Sun 11 Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga Until 2:07PM Then Creative Work - Siddha Yoga								

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME
Tula Rasi: 2.14	Tithi 28	763376575	Gulika 12:37PM – 1:49PM Yama 10:15AM – 11:26AM Rahu 7:53AM – 9:04AM	Chitra Until 1:45PM Ayushman Until 10:36AM Gara Until 11:07AM Trayodashi* Until 10:22PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 6:41AM Sunset: 4:11PM	Sun 12 Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase	Devaloka Day
Family Home Evening Routine Work Prabalarishta Yoga Until 1:45PM Then Creative Work - Amrita Yoga								

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Portland, ME
Tula Rasi: 16.03	Tithi 29	763376575	Gulika 11:26AM – 12:37PM Yama 9:05AM – 10:16AM Rahu 1:48PM – 2:59PM	Svati Until 12:34PM Saubhagya Until 8:07AM Visti Until 9:30AM Chaturdashi* Until 8:26PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 6:43AM Sunset: 4:10PM	Sun 13 Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase	Devaloka Day
Creative Work Siddha Yoga Until 12:34PM Then Routine Work - Marana Yoga								

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME		
Retreat Star		Vrishchika Rasi: 0.15	Tithi 30 – 1	773376575	Gulika 10:16AM – 11:27AM Yama 7:55AM – 9:05AM Rahu 11:27AM – 12:38PM	Vishakha Until 11:07AM Athiganda* Until 1:48AM Thu Catuspada Until 7:16AM Amavasya* Until 5:58PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 6:44AM Sunset: 4:10PM	Sun 14 Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya	Devaloka Day
Creative Work Siddha Yoga										

Thursdays		Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, ME		
Retreat Star		Vrishchika Rasi: 14.46	Tithi 1 – 2	773376575	Gulika 9:06AM – 10:17AM Yama 6:45AM – 7:55AM Rahu 12:38PM – 1:48PM	Anuradha Until 9:06AM Sukarma Until 10:11PM Balava Until 1:39AM Fri Prathama* Until 3:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 6:45AM Sunset: 4:09PM	Sun 15 Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama	Devaloka Day
Creative Work Siddha Yoga Until 9:06AM Then Routine Work - Prabalarishta Yoga										

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 16 Sutra 222 Subhakrit 5124		
Vrischika Rasi: 29.29	Tithi 2 – 3	Gulika 7:56AM – 9:07AM	Jyeshtha* Until 6:41AM	Ganesha: Purple	<i>Sunrise:</i> 6:46AM	Muruqa: Clear	<i>Sunset:</i> 4:09PM	Moon 11 - Phase 31 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 1:48PM – 2:58PM	Dhriti Until 6:27PM	Nataraja: Purple		Moon – Orange		Devaloka Day
Until 6:41AM		773376575 Rahu 10:17AM – 11:27AM	Taitila Until 10:32PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Dvitiya Until 12:05PM						
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Portland, ME Sun 17 Sutra 223 Subhakrit 5124		
Dhanus Rasi: 14.17	Tithi 3 – 4	Gulika 6:47AM – 7:57AM	Purvashadha* Until 2:06AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:47AM	Muruqa: Clear	<i>Sunset:</i> 4:08PM	Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 12:38PM – 1:48PM	Shula* Until 2:41PM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 2:06AM Sun		783376575 Rahu 9:08AM – 10:18AM	Vanija Until 7:26PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Tritiya Until 8:57AM						
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau		Portland, ME Sun 18 Sutra 224 Subhakrit 5124		
Dhanus Rasi: 29.02	Tithi 5	Gulika 1:48PM – 2:58PM	Uttarashadha Until 11:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:49AM	Muruqa: Clear	<i>Sunset:</i> 4:08PM	Moon 11 - Phase 31 - 18 3rd Phase
Creative Work	Amrita Yoga	Yama 11:28AM – 12:38PM	Ganda* Until 11:00AM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 10:06PM		783376575 Rahu 2:58PM – 4:08PM	Bava Until 4:29PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Panchami Until 3:04AM Mon						
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Portland, ME Sun 19 Sutra 225 Subhakrit 5124		
Makara Rasi: 13.39	Tithi 6	Gulika 12:38PM – 1:48PM	Shravana Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 6:50AM	Muruqa: Clear	<i>Sunset:</i> 4:07PM	Moon 11 - Phase 31 - 19 3rd Phase
Family Home Evening		Yama 10:19AM – 11:28AM	Vridhi Until 7:32AM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Creative Work	Amrita Yoga	793376575 Rahu 7:59AM – 9:09AM	Kaulava Until 1:47PM	Margasira-Karttikai				
Until 10:06PM			Shashthi* Until 12:34AM Tue					
Then Creative Work - Siddha Yoga								
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Portland, ME Sun 20 Sutra 226 Subhakrit 5124		
Makara Rasi: 28.01	Tithi 7	Gulika 11:29AM – 12:38PM	Dhanishtha Until 8:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM	Muruqa: Clear	<i>Sunset:</i> 4:07PM	Moon 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 9:10AM – 10:19AM	Vyaghata* Until 1:29AM Wed	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 8:39PM		794376575 Rahu 1:48PM – 2:57PM	Gara Until 11:28AM	Margasira-Karttikai				
Then Routine Work - Marana Yoga		Saptami Until 10:28PM						
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Portland, ME Sun 21 Sutra 227 Subhakrit 5124		
Kumbha Rasi: 12.06	Tithi 8	Gulika 10:20AM – 11:29AM	Shatabhishak Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	Muruqa: Clear	<i>Sunset:</i> 4:06PM	Moon 11 - Phase 31 - 21 Ashtami
Creative Work	Siddha Yoga	Yama 8:01AM – 9:11AM	Harshana Until 11:02PM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 7:32PM		794376575 Rahu 11:29AM – 12:38PM	Visti Until 9:37AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Ashtami* Until 8:51PM						
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Portland, ME Sun 22 Sutra 228 Subhakrit 5124		
Kumbha Rasi: 25.52	Tithi 9	Gulika 9:11AM – 10:20AM	Purvaproshtapada* Until 7:12PM	Ganesha: Red	<i>Sunrise:</i> 6:53AM	Muruqa: Clear	<i>Sunset:</i> 4:06PM	Moon 11 - Phase 31 - 22 Navami
Creative Work	Siddha Yoga	Yama 6:53AM – 8:02AM	Vajra* Until 8:57PM	Nataraja: Purple		Moon – Clear		Sivaloka Day
Until 7:32PM		714376575 Rahu 12:39PM – 1:48PM	Balava Until 8:15AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		Navami* Until 7:45PM						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331


1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Portland, ME Sun 23 Sutra 229 Subhakrit 5124
Meena Rasi: 9.2	Tithi 10	Gulika 8:03AM – 9:12AM	Uttaraproshtapada Until 7:14PM	Ganesha: Red	<i>Sunrise:</i> 6:54AM			
		Yama 1:48PM – 2:57PM	Siddhi Until 7:18PM	Muruqa: Clear	<i>Sunset:</i> 4:06PM	Moon 11 - Phase 32 - 23		
		714376575 Rahu 10:21AM – 11:30AM	Taitila Until 7:25AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 7:10PM	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME Sun 24 Sutra 230 Subhakrit 5124
Meena Rasi: 22.32	Tithi 11	Gulika 6:55AM – 8:04AM	Revati Until 7:37PM	Ganesha: Red	<i>Sunrise:</i> 6:56AM			
		Yama 12:39PM – 1:48PM	Vyatipata* Until 6:04PM	Muruqa: Clear	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32 - 24		
		714376575 Rahu 9:13AM – 10:21AM	Vanija Until 7:05AM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 7:06PM	Moon – Clear			Sivaloka Day	
Until 7:37PM		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Portland, ME Sun 25 Sutra 231 Subhakrit 5124
Mesha Rasi: 5.29	Tithi 12	Gulika 1:48PM – 2:56PM	Ashvini Until 8:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:56AM			
		Yama 11:31AM – 12:39PM	Varyan Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32 - 25		
		724376575 Rahu 2:56PM – 4:05PM	Bava Until 7:15AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 7:30PM	Moon – White			Devaloka Day	
Until 8:45PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 232 Subhakrit 5124
Mesha Rasi: 18.12	Tithi 13	Gulika 12:40PM – 1:48PM	Bharani Until 10:09PM	Ganesha: Blue	<i>Sunrise:</i> 6:57AM			
Family Home Evening		Yama 10:23AM – 11:31AM	Parigha* Until 4:37PM	Muruqa: Clear	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32 - 26		
Creative Work	Siddha Yoga	724376575 Rahu 8:06AM – 9:14AM	Kaulava Until 7:53AM	Nataraja: Purple		4th Phase		
Until 10:09PM			Trayodashi Until 8:20PM	Moon – White			Devaloka Day	
Then Routine Work - Marana Yoga				Margasira-Karttikai				

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 233 Subhakrit 5124
Vrishabha Rasi: 0.44	Tithi 14	Gulika 11:31AM – 12:40PM	Krittika Until 11:47PM	Ganesha: Blue	<i>Sunrise:</i> 6:58AM			
		Yama 9:15AM – 10:23AM	Shiva Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32 - 27		
		724376575 Rahu 1:48PM – 2:56PM	Gara Until 8:56AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 9:35PM	Moon – White			Devaloka Day	
Until 11:47PM		Krittika Deepam		Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME Sun 28 Sutra 234 Subhakrit 5124
Vrishabha Rasi: 13.05	Tithi 15	Gulika 10:24AM – 11:32AM	Rohini Until 2:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:59AM			
		Yama 8:07AM – 9:16AM	Siddha Until 4:25PM	Muruqa: Clear	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32 - Purnima		
		734376575 Rahu 11:32AM – 12:40PM	Visti Until 10:22AM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 11:12PM	Moon – Yellow			Sivaloka Day	
Until 2:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME Sun 29 Sutra 235 Subhakrit 5124		
Silver Retreat Star		Gulika 9:16AM – 10:24AM	Mrigashira Until 4:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:00AM			
Vrishabha Rasi: 25.18	Tithi 16	Yama 7:00AM – 8:08AM	Sadhya Until 4:43PM	Muruqa: Clear	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 32 - Prathama		
		734376575 Rahu 12:40PM – 1:48PM	Balava Until 12:10PM	Nataraja: Purple				
Routine Work	Marana Yoga		Prathama* Until 1:09AM Fri	Moon – Yellow			Sivaloka Day	
Until 4:32AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukstayam
Ardra Nakshatra Subha/Sukla Yoga Taillila/Gara Karana Dvitiyayam Titau

Portland, ME

Sutra 236

Subhakrit 5124

Mithuna Rasi: 7.23 Tithi 17

734476575

Gulika 8:09AM – 9:17AM
Yama 1:49PM – 2:57PM
Rahu 10:25AM – 11:33AM

Ardra Until 7:03AM Sat

Subha Until 5:14PM

Taittila Until 2:15PM

Dvitiya Until 3:22AM Sat

Ganesha: Red *Sunrise:* 7:01AM

Muruqa: Clear *Sunset:* 4:04PM

Nataraja: Purple

Moon – Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukstayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Portland, ME

Sun 1 Sutra 237

Subhakrit 5124

Mithuna Rasi: 19.23 Tithi 18

734476575

Gulika 7:02AM – 8:10AM
Yama 12:41PM – 1:49PM
Rahu 9:18AM – 10:25AM

Ardra Until 7:03AM

Sukla Until 5:54PM

Vanija Until 4:35PM

Tritiya Until 5:47AM Sun

Ganesha: Red *Sunrise:* 7:02AM

Muruqa: Clear *Sunset:* 4:04PM

Nataraja: Purple

Moon – Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukstayam
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Portland, ME

Sun 2 Sutra 238

Subhakrit 5124

Kataka Rasi: 1.17 Tithi 19

744476575

Gulika 1:49PM – 2:57PM
Yama 11:34AM – 12:41PM
Rahu 2:57PM – 4:05PM

Punarvasu Until 10:06AM

Brahma Until 6:42PM

Bava Until 7:04PM

Chaturthi* Until 8:19AM Mon

Ganesha: Green *Sunrise:* 7:03AM

Muruqa: Clear *Sunset:* 4:05PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukstayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 3 Sutra 239

Subhakrit 5124

Kataka Rasi: 13.1 Tithi 19 – 20

745476575

Family Home Evening

Creative Work Siddha Yoga

Gulika 12:42PM – 1:49PM
Yama 10:27AM – 11:34AM
Rahu 8:11AM – 9:19AM

Pushya Until 1:03PM

Indra Until 7:33PM

Kaulava Until 9:36PM

Chaturthi* Until 8:19AM

Ganesha: White *Sunrise:* 7:04AM

Muruqa: Clear *Sunset:* 4:05PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Devaloka Day

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukstayam
Ashlesha*/Magha* Nakshatra Vaidhrili* Yoga Taillila/Gara Karana Panchami/Shashthyam Titau

Portland, ME

Sun 4 Sutra 240

Subhakrit 5124

Kataka Rasi: 25.02 Tithi 20 – 21

745476575

Creative Work Siddha Yoga

Gulika 11:35AM – 12:42PM
Yama 9:20AM – 10:27AM
Rahu 1:50PM – 2:57PM

Ashlesha* Until 3:48PM

Vaidhrili* Until 8:19PM

Gara Until 12:03AM Wed

Panchami Until 10:49AM

Ganesha: White *Sunrise:* 7:05AM

Muruqa: Clear *Sunset:* 4:05PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Devaloka Day

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukstayam
Magha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Portland, ME

Sun 5 Sutra 241

Subhakrit 5124

Simha Rasi: 6.58 Tithi 21 – 22

755476575

Creative Work Siddha Yoga

Until 6:42PM

Then Creative Work - Amrita Yoga

Gulika 10:28AM – 11:35AM
Yama 8:13AM – 9:20AM
Rahu 11:35AM – 12:43PM

Magha* Until 6:42PM

Vishkambha* Until 8:55PM

Visli Until 2:14AM Thu

Shashthi* Until 1:10PM

Ganesha: Clear *Sunrise:* 7:05AM

Muruqa: Clear *Sunset:* 4:05PM

Nataraja: Purple

Moon – Red

Margasira-Karttikai

Sivaloka Day

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukstayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, ME

Sun 6 Sutra 242

Subhakrit 5124

Simha Rasi: 19.01 Tithi 22 – 23

755476575

Creative Work Siddha Yoga

Gulika 9:21AM – 10:28AM
Yama 7:06AM – 8:14AM
Rahu 12:43PM – 1:50PM

Purvaphalguni Until 9:02PM

Priti Until 9:13PM

Balava Until 3:57AM Fri

Saptami Until 3:08PM

Ganesha: Clear *Sunrise:* 7:06AM

Muruqa: Clear *Sunset:* 4:05PM

Nataraja: Purple

Moon – Red

Margasira-Markali

Sivaloka Day

Markali Pillaiyar

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukstayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taittila Karana Ashtami/Navamyam Titau

Portland, ME

Sun 7 Sutra 243

Subhakrit 5124

Kanya Rasi: 1.16 Tithi 23 – 24

855476575

Creative Work Siddha Yoga

Until 10:38PM

Then Creative Work - Amrita Yoga

Gulika 8:14AM – 9:22AM
Yama 1:51PM – 2:58PM
Rahu 10:29AM – 11:36AM

Uttaraphalguni Until 10:38PM

Ayushman Until 9:02PM

Taittila Until 5:01AM Sat

Ashtami* Until 4:33PM

Ganesha: White *Sunrise:* 7:07AM

Muruqa: Clear *Sunset:* 4:05PM

Nataraja: Purple

Moon – Red

Margasira-Markali

Devaloka Day

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukstayam
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Portland, ME

Sun 8 Sutra 244

Subhakrit 5124

Kanya Rasi: 13.47 Tithi 24 – 25

865476575

Routine Work Marana Yoga

Gulika 7:08AM – 8:15AM
Yama 12:44PM – 1:51PM
Rahu 9:22AM – 10:29AM

Hasta Until 11:49PM

Saubhagya Until 8:17PM

Vanija Until 5:17AM Sun

Navami* Until 5:14PM

Ganesha: Clear *Sunrise:* 7:08AM

Muruqa: Clear *Sunset:* 4:06PM

Nataraja: Purple

Moon – Green

Margasira-Markali

Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 4/26/21


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1	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, ME Sun 9 Sutra 245 Subhakrit 5124
	Kanya Rasi: 26.41	Tithi 25 – 26	Gulika 1:52PM – 2:59PM	Chitra Until 12:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:08AM	
			Yama 11:37AM – 12:44PM	Sobhana Until 6:54PM	Muruqa: Clear	<i>Sunset:</i> 4:06PM	Moon 12 - Phase 34 - 9
		865476575	Rahu 2:59PM – 4:06PM	Bava Until 4:42AM Mon	Nataraja: Purple		2nd Phase
Creative Work Siddha Yoga			Dashami Until 5:05PM	Moon – Green		Sivaloka Day	
Until 12:01AM Mon				Margasira*Markali			
Then Creative Work - Amrita Yoga							

2	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 10 Sutra 246 Subhakrit 5124
	Tula Rasi: 10.01	Tithi 26 – 27	Gulika 12:45PM – 1:52PM	Svati Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:09AM	
			Yama 10:30AM – 11:38AM	Athiganda* Until 4:49PM	Muruqa: Clear	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 34 - 10
		865476575	Rahu 8:16AM – 9:23AM	Kaulava Until 3:17AM Tue	Nataraja: Purple		2nd Phase
Family Home Evening			Ekadashi* Until 4:04PM	Moon – Green		Sivaloka Day	
Creative Work Amrita Yoga				Margasira*Markali			
Until 11:15PM							
Then Routine Work - Marana Yoga							

3	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 11 Sutra 247 Subhakrit 5124
	Tula Rasi: 23.5	Tithi 27 – 28	Gulika 11:38AM – 12:45PM	Vishakha Until 10:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:09AM	
			Yama 9:24AM – 10:31AM	Sukarma Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 34 - 11
		875476575	Rahu 1:53PM – 3:00PM	Gara Until 1:06AM Wed	Nataraja: Purple		2nd Phase
Routine Work Marana Yoga			Dvadashi* Until 2:15PM	Moon – Orange		Devaloka Day	
Until 10:01PM				Margasira*Markali			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 12 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 8.07	Tithi 28 – 29	Gulika 10:31AM – 11:39AM	Anuradha Until 8:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:10AM	
			Yama 8:17AM – 9:24AM	Dhriti Until 10:52AM	Muruqa: Clear	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 34 - 12
		876476575	Rahu 11:39AM – 12:46PM	Visti Until 10:18PM	Nataraja: Purple		2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 11:45AM	Moon – Orange		Sivaloka Day	
				Margasira*Markali			
			Day 1 of Pancha Ganapati				

	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, ME Sun 13 Sutra 249 Subhakrit 5124
	Retreat Star		Gulika 9:25AM – 10:32AM	Jyeshtha* Until 5:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:10AM	
	Vrischika Rasi: 22.5	Tithi 29 – 30	Yama 7:10AM – 8:18AM	Shula* Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 4:08PM	Moon 12 - Phase 34 - 13
		876476575	Rahu 12:46PM – 1:54PM	Catuspada Until 7:02PM	Nataraja: Purple		Amavasya
Routine Work Prabalarishta Yoga			Chaturdashi* Until 8:42AM	Moon – Orange		Sivaloka Day	
Until 5:22PM				Margasira*Markali			
Then Creative Work - Siddha Yoga							
			Day 2 of Pancha Ganapati				

Friday, December 23, 2022	Retreat Star		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, ME Sun 14 Sutra 250 Subhakrit 5124
	Retreat Star		Gulika 8:18AM – 9:25AM	Mula* Until 2:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:11AM	
	Dhanus Rasi: 7.5	Tithi 1	Yama 1:54PM – 3:01PM	Vriddhi Until 10:56PM	Muruqa: Clear	<i>Sunset:</i> 4:08PM	Moon 12 - Phase 34 - 14
		886476575	Rahu 10:32AM – 11:40AM	Kintughna Until 3:29PM	Nataraja: Purple		Prathama
Creative Work Amrita Yoga			Prathama* Until 1:38AM Sat	Moon – Light Blue		Sivaloka Day	
Until 2:42PM				Pausha*Markali			
Then Routine Work - Prabalarishta Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, ME Sun 15
Dhanus Rasi: 23	Tithi 2	Gulika 7:11AM – 8:19AM	Purvashadha* Until 11:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:11AM	Subhakit 5124
		Yama 12:47PM – 1:55PM	Dhruva Until 6:40PM	Muruḡa: Purple	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 35 - 15
		886486575 Rahu 9:26AM – 10:33AM	Balava Until 11:49AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:58PM	Moon – Light Blue		Subha Sivaloka Day
Until 11:46AM				Pausha*Markali		
Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati				

2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Portland, ME Sun 16
Makara Rasi: 8.1	Tithi 3	Gulika 1:55PM – 3:02PM	Uttarashadha Until 8:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:12AM	Subhakit 5124
		Yama 11:41AM – 12:48PM	Vyaghata* Until 2:30PM	Muruḡa: Purple	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 35 - 16
		886486575 Rahu 3:02PM – 4:10PM	Taitila Until 8:11AM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:26PM	Moon – Light Blue		Subha Sivaloka Day
				Pausha*Markali		
		Day 5 of Pancha Ganapati				

3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Portland, ME Sun 17
Makara Rasi: 23.1	Tithi 4 – 5	Gulika 12:48PM – 1:56PM	Shravana Until 6:15AM	Ganesha: Clear	<i>Sunrise:</i> 7:12AM	Subhakit 5124
Family Home Evening		Yama 10:34AM – 11:41AM	Harshana Until 10:35AM	Muruḡa: Purple	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 35 - 17
		896486576 Rahu 8:19AM – 9:27AM	Bava Until 1:47AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:13PM	Moon – Purple		Sivaloka Day
Until 6:15AM				Pausha*Markali		
Then Creative Work - Siddha Yoga						

4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Portland, ME Sun 18
Kumbha Rasi: 7.52	Tithi 5 – 6	Gulika 11:42AM – 12:49PM	Shatabhishak Until 2:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:12AM	Subhakit 5124
		Yama 9:27AM – 10:34AM	Vajra* Until 6:58AM	Muruḡa: Purple	<i>Sunset:</i> 4:11PM	Moon 12 - Phase 35 - 18
		896486576 Rahu 1:56PM – 3:04PM	Kaulava Until 11:18PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 12:27PM	Moon – Purple		Sivaloka Day
Until 2:08AM Wed				Pausha*Markali		
Then Creative Work - Amrita Yoga						

5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 19
Kumbha Rasi: 22.11	Tithi 6 – 7	Gulika 10:35AM – 11:42AM	Purvaproshtapada* Until 1:12AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:13AM	Subhakit 5124
		Yama 8:20AM – 9:27AM	Vyatipata* Until 1:14AM Thu	Muruḡa: Purple	<i>Sunset:</i> 4:12PM	Moon 12 - Phase 35 - 19
		817486576 Rahu 11:42AM – 12:50PM	Gara Until 9:27PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 10:16AM	Moon – Clear		Devaloka Day
Until 1:12AM Thu				Pausha*Markali		
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends				

Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlmyam Titau		Portland, ME Sun 20
Meena Rasi: 6.04	Tithi 7 – 8	Gulika 9:28AM – 10:35AM	Uttaraproshtapada Until 12:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:13AM	Subhakit 5124
		Yama 7:13AM – 8:20AM	Variyan Until 11:11PM	Muruḡa: Purple	<i>Sunset:</i> 4:13PM	Moon 12 - Phase 35 - 20
		817486576 Rahu 12:50PM – 1:58PM	Visti Until 8:20PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:47AM	Moon – Clear		Devaloka Day
				Pausha*Markali		

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 21
Meena Rasi: 19.31	Tithi 8 – 9	Gulika 8:21AM – 9:28AM	Revati Until 1:04AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:13AM	Subhakit 5124
		Yama 1:58PM – 3:06PM	Parigha* Until 9:44PM	Muruḡa: Purple	<i>Sunset:</i> 4:13PM	Moon 12 - Phase 35 - 21
		817486576 Rahu 10:36AM – 11:43AM	Balava Until 7:57PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 8:02AM	Moon – Clear		Devaloka Day
				Pausha*Markali		

1	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME
	Mesha Rasi: 2.34	Tithi 9 – 10	827486576	Gulika 7:13AM – 8:21AM Yama 12:51PM – 1:59PM Rahu 9:28AM – 10:36AM	Ashvini Until 2:16AM Sun Shiva Until 8:51PM Taitila Until 8:17PM Navami* Until 8:01AM	Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruga: Purple <i>Sunset:</i> 4:14PM Nataraja: Clear Moon – White Pausha-Markali	Sun 22 Sutra 258 Subhakrit 5124 Moon 12 - Phase 36 - 22 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 2:16AM Sun Then Routine Work - Prabalarishta Yoga							


2	Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME
	Mesha Rasi: 15.17	Tithi 10 – 11	827486576	Gulika 2:00PM – 3:07PM Yama 11:44AM – 12:52PM Rahu 3:07PM – 4:15PM	Bharani Until 3:53AM Mon Siddha Until 8:24PM Vanija Until 9:16PM Dashami Until 8:41AM	Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruga: Purple <i>Sunset:</i> 4:15PM Nataraja: Clear Moon – White Pausha-Markali	Sun 23 Sutra 259 Subhakrit 5124 Moon 12 - Phase 36 - 23 4th Phase Sivaloka Day
Routine Work Prabalarishta Yoga Until 3:53AM Mon Then Routine Work - Marana Yoga							


3	Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME
	Mesha Rasi: 27.45	Tithi 11 – 12	827486576	Gulika 12:52PM – 2:00PM Yama 10:37AM – 11:45AM Rahu 8:21AM – 9:29AM	Krittika Until 5:47AM Tue Sadhya Until 8:22PM Bava Until 10:44PM Ekadashi Until 9:55AM	Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruga: Purple <i>Sunset:</i> 4:16PM Nataraja: Clear Moon – White Pausha-Markali	Sun 24 Sutra 260 Subhakrit 5124 Moon 12 - Phase 36 - 24 4th Phase Sivaloka Day
Family Home Evening Routine Work Marana Yoga Until 5:47AM Tue Then Creative Work - Amrita Yoga							

4	Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, ME
	Vrishabha Rasi: 10.01	Tithi 12 – 13	837586576	Gulika 11:45AM – 12:53PM Yama 9:29AM – 10:37AM Rahu 2:01PM – 3:09PM	Rohini Until 8:21AM Wed Subha Until 8:38PM Kaulava Until 12:35AM Wed Dvadashi Until 11:36AM	Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruga: Purple <i>Sunset:</i> 4:17PM Nataraja: Clear Moon – Yellow Pausha-Markali	Sun 25 Sutra 261 Subhakrit 5124 Moon 12 - Phase 36 - 25 4th Phase Sivaloka Day
Creative Work Amrita Yoga Until 8:21AM Wed Then Creative Work - Siddha Yoga <i>Pradosha Vrata</i>							

5	Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, ME
	Vrishabha Rasi: 22.08	Tithi 13 – 14	838586576	Gulika 10:38AM – 11:46AM Yama 8:21AM – 9:30AM Rahu 11:46AM – 12:54PM	Rohini Until 8:21AM Sukla Until 9:05PM Gara Until 2:43AM Thu Trayodashi Until 1:36PM	Ganesha: White <i>Sunrise:</i> 7:13AM Muruga: Purple <i>Sunset:</i> 4:18PM Nataraja: Clear Moon – Yellow Pausha-Markali	Sun 26 Sutra 262 Subhakrit 5124 Moon 12 - Phase 36 - 26 4th Phase Devaloka Day
Creative Work Siddha Yoga							

6	Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, ME
	Mithuna Rasi: 4.1	Tithi 14 – 15	838586576	Gulika 9:30AM – 10:38AM Yama 7:13AM – 8:22AM Rahu 12:54PM – 2:02PM	Mrigashira Until 10:59AM Brahma Until 9:42PM Visti Until 5:01AM Fri Chaturdashi* Until 3:50PM	Ganesha: White <i>Sunrise:</i> 7:13AM Muruga: Purple <i>Sunset:</i> 4:19PM Nataraja: Clear Moon – Yellow Pausha-Markali	Sun 27 Sutra 263 Subhakrit 5124 Moon 12 - Phase 36 - 27 4th Phase Devaloka Day
Routine Work Marana Yoga Subramuniyaswami Jayanti							

	Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau				Portland, ME	
	Copper Retreat Star		Mithuna Rasi: 16.08	Tithi 15	838586576	Gulika 8:22AM – 9:30AM Yama 2:03PM – 3:11PM Rahu 10:38AM – 11:47AM	Ardra Until 1:36PM Indra Until 10:25PM Bava Until 6:12PM Purnima* Until 6:12PM	Ganesha: White <i>Sunrise:</i> 7:13AM Muruga: Purple <i>Sunset:</i> 4:20PM Nataraja: Clear Moon – Yellow Pausha-Markali
Creative Work Siddha Yoga Ardra Darshanam								

	Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME	
	Silver Retreat Star		Mithuna Rasi: 28.03	Tithi 16	848586576	Gulika 7:13AM – 8:22AM Yama 12:55PM – 2:04PM Rahu 9:30AM – 10:39AM	Punarvasu Until 4:38PM Vaidhriti* Until 11:10PM Balava Until 7:26AM Prathama* Until 8:39PM	Ganesha: Clear <i>Sunrise:</i> 7:13AM Muruga: Purple <i>Sunset:</i> 4:21PM Nataraja: Clear Moon – Blue Pausha-Markali
Creative Work Siddha Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 9.56 Tithi 17
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:05PM – 3:13PM
Yama 11:47AM – 12:56PM
Rahu 3:13PM – 4:22PM

Pushya Until 7:33PM
Vishkambha* Until 11:57PM
Taitila Until 9:55AM
Dvitiya Until 11:09PM

Ganesha: Clear *Sunrise:* 7:13AM
Muruqa: Purple *Sunset:* 4:22PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Portland, ME
Sun 1 Sutra 266
Subhakit 5124
Moon 1 - Phase 37 - 1
1st Phase

Sivaloka Day

1

Monday, January 9, 2023

Kataka Rasi: 21.5 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:57PM – 2:05PM
Yama 10:39AM – 11:48AM
Rahu 8:22AM – 9:30AM

Ashlesha* Until 10:17PM
Priti Until 12:45AM Tue
Vanija Until 12:25PM
Tritiya Until 1:37AM Tue

Ganesha: Clear *Sunrise:* 7:13AM
Muruqa: Purple *Sunset:* 4:23PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Portland, ME
Sun 2 Sutra 267
Subhakit 5124
Moon 1 - Phase 37 - 2
1st Phase

Sivaloka Day

2

Tuesday, January 10, 2023

Simha Rasi: 3.44 Tithi 19
Creative Work Siddha Yoga
Until 1:16AM Wed
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:48AM – 12:57PM
Yama 9:30AM – 10:39AM
Rahu 2:06PM – 3:15PM

Magha* Until 1:16AM Wed
Ayushman Until 1:26AM Wed
Bava Until 2:51PM
Chaturthi* Until 3:59AM Wed

Ganesha: Clear *Sunrise:* 7:13AM
Muruqa: Purple *Sunset:* 4:24PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Portland, ME
Sun 3 Sutra 268
Subhakit 5124
Moon 1 - Phase 37 - 3
1st Phase

Sivaloka Day

3

Wednesday, January 11, 2023

Simha Rasi: 15.41 Tithi 20
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:40AM – 11:49AM
Yama 8:21AM – 9:30AM
Rahu 11:49AM – 12:58PM

Purvaphalguni Until 3:51AM Thu
Saubhagya Until 1:58AM Thu
Kaulava Until 5:07PM
Panchami Until 6:07AM Thu

Ganesha: Clear *Sunrise:* 7:12AM
Muruqa: Purple *Sunset:* 4:25PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Portland, ME
Sun 4 Sutra 269
Subhakit 5124
Moon 1 - Phase 37 - 4
1st Phase

Sivaloka Day

4

Thursday, January 12, 2023

Simha Rasi: 27.44 Tithi 20 – 21
Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:30AM – 10:40AM
Yama 7:12AM – 8:21AM
Rahu 12:58PM – 2:08PM

Uttaraphalguni Until 5:55AM Fri
Sobhana Until 2:13AM Fri
Gara Until 7:03PM
Panchami Until 6:07AM

Ganesha: Clear *Sunrise:* 7:12AM
Muruqa: Purple *Sunset:* 4:26PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Portland, ME
Sun 5 Sutra 270
Subhakit 5124
Moon 1 - Phase 37 - 5
1st Phase

Sivaloka Day

5

Friday, January 13, 2023

Kanya Rasi: 9.56 Tithi 21 – 22
Creative Work Amrita Yoga
Until 7:46AM Sat
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:21AM – 9:30AM
Yama 2:08PM – 3:18PM
Rahu 10:40AM – 11:49AM

Hasta Until 7:46AM Sat
Athiganda* Until 2:03AM Sat
Visti Until 8:30PM
Shashthi* Until 7:50AM

Ganesha: Clear *Sunrise:* 7:11AM
Muruqa: Purple *Sunset:* 4:27PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Portland, ME
Sun 6 Sutra 271
Subhakit 5124
Moon 1 - Phase 37 - 6
1st Phase

Sivaloka Day

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 22.23 Tithi 22 – 23
Routine Work Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:11AM – 8:21AM
Yama 12:59PM – 2:09PM
Rahu 9:30AM – 10:40AM

Hasta Until 7:46AM
Sukarma Until 1:21AM Sun
Balava Until 9:17PM
Saptami Until 8:58AM

Ganesha: White *Sunrise:* 7:11AM
Muruqa: Purple *Sunset:* 4:29PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Portland, ME
Sun 7 Sutra 272
Subhakit 5124
Moon 1 - Phase 37 - 7
Ashtami

Subha Sivaloka Day

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.1 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:10PM – 3:20PM
Yama 11:50AM – 1:00PM
Rahu 3:20PM – 4:30PM

Chitra Until 8:45AM
Dhriti Until 12:03AM Mon
Taitila Until 9:15PM
Ashtami* Until 9:21AM

Ganesha: White *Sunrise:* 7:11AM
Muruqa: Purple *Sunset:* 4:30PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Portland, ME
Sun 8 Sutra 273
Subhakit 5124
Moon 1 - Phase 37 - 8
Navami

Subha Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Portland, ME Sun 9 Sutra 274 Subhakrit 5124
1		Gulika 1:01PM – 2:11PM	Svati Until 8:46AM	Ganesha: White	<i>Sunrise:</i> 7:10AM	
Tula Rasi: 18.22	Tithi 24 – 25	Yama 10:40AM – 11:51AM	Shula* Until 10:03PM	Muruqa: Purple	<i>Sunset:</i> 4:31PM	Moon 1 - Phase 38 - 9
Family Home Evening	869586576	Rahu 8:20AM – 9:30AM	Vanija Until 8:23PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Navami* Until 8:54AM	Moon – Green		Subha Sivaloka Day
Until 8:46AM				Pausha*Thai		
Then Routine Work - Marana Yoga						

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, ME Sun 10 Sutra 275 Subhakrit 5124
2		Gulika 11:51AM – 1:01PM	Vishakha Until 8:15AM	Ganesha: Yellow	<i>Sunrise:</i> 7:10AM	
Virschika Rasi: 2.01	Tithi 25 – 26	Yama 9:30AM – 10:41AM	Ganda* Until 7:24PM	Muruqa: Purple	<i>Sunset:</i> 4:32PM	Moon 1 - Phase 38 - 10
	879586576	Rahu 2:12PM – 3:22PM	Bava Until 6:40PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 7:36AM	Moon – Orange		Sivaloka Day
Until 8:15AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Portland, ME Sun 11 Sutra 276 Subhakrit 5124
3		Gulika 10:41AM – 11:51AM	Anuradha Until 6:48AM	Ganesha: Yellow	<i>Sunrise:</i> 7:09AM	
Virschika Rasi: 16.1	Tithi 27	Yama 8:20AM – 9:30AM	Vriddhi Until 4:11PM	Muruqa: Purple	<i>Sunset:</i> 4:33PM	Moon 1 - Phase 38 - 11
	871586576	Rahu 11:51AM – 1:02PM	Kaulava Until 4:13PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:44AM Thu	Moon – Orange		Sivaloka Day
				Pausha*Thai		

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME Sun 12 Sutra 277 Subhakrit 5124
4		Gulika 9:30AM – 10:41AM	Mula* Until 2:04AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:08AM	
Dhanus Rasi: 0.47	Tithi 28	Yama 7:08AM – 8:19AM	Dhruva Until 12:26PM	Muruqa: Purple	<i>Sunset:</i> 4:33PM	Moon 1 - Phase 38 - 12
	881586576	Rahu 1:02PM – 2:13PM	Gara Until 1:09PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:25PM	Moon – Light Blue		Sivaloka Day
Until 2:04AM Fri				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga						
						<i>Pradosha Vrata (Fasting)</i>

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Portland, ME Sun 13 Sutra 278 Subhakrit 5124
5		Gulika 8:19AM – 9:30AM	Purvashadha* Until 11:06PM	Ganesha: Red	<i>Sunrise:</i> 7:08AM	
Dhanus Rasi: 15.48	Tithi 29	Yama 2:14PM – 3:25PM	Vyaghata* Until 8:20AM	Muruqa: Purple	<i>Sunset:</i> 4:36PM	Moon 1 - Phase 38 - 13
	881586576	Rahu 10:41AM – 11:52AM	Visti Until 9:38AM	Nataraja: Clear		2nd Phase
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 7:44PM	Moon – Light Blue		Sivaloka Day
Until 11:06PM				Pausha*Thai		
Then Routine Work - Marana Yoga						

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME Sun 14 Sutra 279 Subhakrit 5124
Retreat Star		Gulika 7:07AM – 8:18AM	Uttarashadha Until 7:51PM	Ganesha: Red	<i>Sunrise:</i> 7:07AM	
Makara Rasi: 1.04	Tithi 30 – 1	Yama 1:03PM – 2:15PM	Vajra* Until 11:34PM	Muruqa: Purple	<i>Sunset:</i> 4:37PM	Moon 1 - Phase 38 - 14
	881586576	Rahu 9:30AM – 10:41AM	Kintughna Until 1:57AM Sun	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 3:53PM	Moon – Light Blue		Sivaloka Day
Until 7:51PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, ME Sun 15 Sutra 280 Subhakrit 5124
Retreat Star		Gulika 2:15PM – 3:27PM	Shravana Until 4:53PM	Ganesha: Yellow	<i>Sunrise:</i> 7:06AM	
Makara Rasi: 16.23	Tithi 1 – 2	Yama 11:52AM – 1:04PM	Siddhi Until 7:11PM	Muruqa: Purple	<i>Sunset:</i> 4:38PM	Moon 1 - Phase 38 - 15
	891586576	Rahu 3:27PM – 4:38PM	Balava Until 10:09PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:01PM	Moon – Purple		Sivaloka Day
Until 4:53PM				Magha*Thai		
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Portland, ME	
	Kumbha Rasi: 1.37	Tithi 2 - 3	891586576	Sun 16	Sutra 281	Subhakrit 5124	Moon 1 - Phase 39 - 16	
	Family Home Evening		Creative Work	Siddha Yoga	Sunrise: 7:05AM	Sunset: 4:40PM	Moon 1 - Phase 39 - 16	3rd Phase
	Gulika 1:04PM - 2:16PM	Yama 10:41AM - 11:53AM	Rahu 8:17AM - 9:29AM	Dhanishtha Until 2:00PM	Vyatipata* Until 3:01PM	Taitila Until 6:36PM	Dvitiya Until 8:19AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon - Purple Magha-Thai

Sivaloka Day

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				Portland, ME
	Kumbha Rasi: 16.35	Tithi 4	991586576	Sun 17	Sutra 282	Subhakrit 5124	Moon 1 - Phase 39 - 17
	Routine Work		Marana Yoga	Sunrise: 7:05AM	Sunset: 4:41PM	Moon 1 - Phase 39 - 17	3rd Phase
	Gulika 11:53AM - 1:05PM	Yama 9:29AM - 10:41AM	Rahu 2:17PM - 3:29PM	Shatabhishak Until 11:24AM	Varyan Until 11:09AM	Vanija Until 3:31PM	Chaturthi* Until 2:09AM Wed

Sivaloka Day

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME	
	Meena Rasi: 1.1	Tithi 5	911586576	Sun 18	Sutra 283	Subhakrit 5124	Moon 1 - Phase 39 - 18	
	Creative Work		Amrita Yoga	Until 9:38AM	Then Creative Work - Siddha Yoga	Sunrise: 7:04AM	Sunset: 4:42PM	Moon 1 - Phase 39 - 18
	Gulika 10:41AM - 11:53AM	Yama 8:16AM - 9:29AM	Rahu 11:53AM - 1:05PM	Purvaproshtapada* Until 9:38AM	Parigha* Until 7:46AM	Bava Until 1:01PM	Panchami Until 12:01AM Thu	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Magha-Thai

Subha Sivaloka Day

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, ME
	Meena Rasi: 15.15	Tithi 6	911586576	Sun 19	Sutra 284	Subhakrit 5124	Moon 1 - Phase 39 - 19
	Creative Work		Siddha Yoga	Sunrise: 7:03AM	Sunset: 4:44PM	Moon 1 - Phase 39 - 19	3rd Phase
	Gulika 9:28AM - 10:41AM	Yama 7:03AM - 8:16AM	Rahu 1:06PM - 2:19PM	Uttaraproshtapada Until 8:26AM	Siddha Until 2:48AM Fri	Kaulava Until 11:15AM	Shashthi* Until 10:40PM

Subha Sivaloka Day

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Portland, ME	
	Meena Rasi: 28.5	Tithi 7	911586576	Sun 20	Sutra 285	Subhakrit 5124	Moon 1 - Phase 39 - 20	
	Creative Work		Siddha Yoga	Until 7:55AM	Then Creative Work - Amrita Yoga	Sunrise: 7:02AM	Sunset: 4:45PM	Moon 1 - Phase 39 - 20
	Gulika 8:15AM - 9:28AM	Yama 2:19PM - 3:32PM	Rahu 10:41AM - 11:54AM	Revati Until 7:55AM	Sadhya Until 1:20AM Sat	Gara Until 10:20AM	Saptami Until 10:11PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Magha-Thai

Subha Sivaloka Day

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Portland, ME	
	Retreat Star		Mesha Rasi: 11.58	Tithi 8	921686576	Sun 21	Sutra 286	Subhakrit 5124
	Creative Work		Siddha Yoga	Sunrise: 7:01AM	Sunset: 4:46PM	Moon 1 - Phase 39 - 21	Ashtami	
	Gulika 7:01AM - 8:14AM	Yama 1:07PM - 2:20PM	Rahu 9:28AM - 10:41AM	Ashvini Until 8:32AM	Subha Until 12:31AM Sun	Visti Until 10:18AM	Ashtami* Until 10:34PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon - White Magha-Thai

Devaloka Day

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Portland, ME	
	Retreat Star		Mesha Rasi: 24.4	Tithi 9	922686576	Sun 22	Sutra 287	Subhakrit 5124
	Routine Work		Prabalarishta Yoga	Until 9:48AM	Then Creative Work - Siddha Yoga	Sunrise: 7:00AM	Sunset: 4:48PM	Moon 1 - Phase 39 - 22
	Gulika 2:21PM - 3:34PM	Yama 11:54AM - 1:07PM	Rahu 3:34PM - 4:48PM	Bharani Until 9:48AM	Sukla Until 12:16AM Mon	Balava Until 11:04AM	Navami* Until 11:42PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon - White Magha-Thai

Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda


1		Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Portland, ME Sun 23 Sutra 288 Subhakrit 5124	
Vrishabha Rasi: 7.04	Tithi 10	Gulika	1:08PM – 2:22PM	Krittika Until 11:35AM	Ganesha: Yellow	<i>Sunrise:</i> 6:59AM	
Family Home Evening	922686576	Yama	10:40AM – 11:54AM	Brahma Until 12:28AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 1 - Phase 40 - 23
Routine Work Marana Yoga		Rahu	8:13AM – 9:27AM	Taitila Until 12:32PM	Nataraja: Clear		4th Phase
Until 11:35AM				Dashami Until 1:27AM Tue	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga					Magha-Thai		

2		Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, ME Sun 24 Sutra 289 Subhakrit 5124	
Vrishabha Rasi: 19.13	Tithi 11	Gulika	11:54AM – 1:08PM	Rohini Until 2:11PM	Ganesha: White	<i>Sunrise:</i> 6:58AM	
	932686576	Yama	9:26AM – 10:40AM	Indra Until 1:01AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 40 - 24
Creative Work Amrita Yoga		Rahu	2:22PM – 3:36PM	Vanija Until 2:31PM	Nataraja: Clear		4th Phase
Until 2:11PM				Ekadashi Until 3:37AM Wed	Moon – Yellow		Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Magha-Thai		

3		Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Portland, ME Sun 25 Sutra 290 Subhakrit 5124	
Mithuna Rasi: 1.13	Tithi 12	Gulika	10:40AM – 11:54AM	Mrigashira Until 4:56PM	Ganesha: White	<i>Sunrise:</i> 6:58AM	
	932686576	Yama	8:12AM – 9:26AM	Vaidhriti* Until 1:43AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 40 - 25
Creative Work Siddha Yoga		Rahu	11:54AM – 1:08PM	Bava Until 4:50PM	Nataraja: Clear		4th Phase
				Dvadashi Until 6:02AM Thu	Moon – Yellow		Subha Sivaloka Day
					Magha-Thai		

4		Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, ME Sun 26 Sutra 291 Subhakrit 5124	
Mithuna Rasi: 13.08	Tithi 12 – 13	Gulika	9:26AM – 10:40AM	Ardra Until 7:40PM	Ganesha: White	<i>Sunrise:</i> 6:57AM	
	932686576	Yama	6:57AM – 8:12AM	Vishkambha* Until 2:32AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Moon 1 - Phase 40 - 26
Routine Work Marana Yoga		Rahu	1:09PM – 2:23PM	Kaulava Until 7:18PM	Nataraja: Clear		4th Phase
Until 7:40PM				Dvadashi Until 6:02AM	Moon – Yellow		Subha Sivaloka Day
Then Creative Work - Amrita Yoga					Magha-Thai		
					<i>Pradosha Vrata</i>		

5		Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, ME Sun 27 Sutra 292 Subhakrit 5124	
Mithuna Rasi: 25.01	Tithi 13 – 14	Gulika	8:11AM – 9:25AM	Punarvasu Until 10:47PM	Ganesha: Clear	<i>Sunrise:</i> 6:56AM	
	942686577	Yama	2:24PM – 3:38PM	Priti Until 3:22AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 1 - Phase 40 - 27
Creative Work Siddha Yoga		Rahu	10:40AM – 11:55AM	Gara Until 9:49PM	Nataraja: Orange		4th Phase
Until 10:47PM				Trayodashi Until 8:32AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Magha-Thai		

		Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, ME Sun 28 Sutra 293 Subhakrit 5124	
Kataka Rasi: 6.54	Tithi 14 – 15	Gulika	6:55AM – 8:10AM	Pushya Until 1:41AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:55AM	
	942686577	Yama	1:10PM – 2:25PM	Ayushman Until 4:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 40 - Purnima
Creative Work Siddha Yoga		Rahu	9:25AM – 10:40AM	Visti Until 12:17AM Sun	Nataraja: Orange		
				Chaturdashi* Until 11:02AM	Moon – Blue		Sivaloka Day
		Thai Pusam			Magha-Thai		

Sunday, February 5, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, ME Sun 29 Sutra 294 Subhakrit 5124	
Kataka Rasi: 18.48	Tithi 15 – 16	Gulika	2:25PM – 3:41PM	Ashlesha* Until 4:19AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	
	942686577	Yama	11:55AM – 1:10PM	Saubhagya Until 4:50AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:56PM	Moon 1 - Phase 40 - Prathama
Creative Work Siddha Yoga		Rahu	3:41PM – 4:56PM	Balava Until 2:39AM Mon	Nataraja: Orange		
Until 4:19AM Mon				Purnima* Until 1:27PM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Magha-Thai		



Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 0.44 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 7:10AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:10PM - 2:26PM
Yama 10:39AM - 11:55AM
Rahu 8:08AM - 9:24AM

Magha* Until 7:10AM Tue
Sobhana Until 5:27AM Tue
Taitila Until 4:54AM Tue
Prathama* Until 3:46PM

Ganesha: Purple Sunrise: 6:53AM
Muruga: Purple Sunset: 4:57PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Portland, ME
Sutra 295
Subhakrit 5124
Moon 2 - Phase 41 -
1st Phase

Tuesday, February 7, 2023

1

Simha Rasi: 12.44 Tithi 17 - 18

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 11:55AM - 1:11PM
Yama 9:23AM - 10:39AM
Rahu 2:27PM - 3:43PM

Magha* Until 7:10AM
Athiganda* Until 5:54AM Wed
Vanija Until 6:57AM Wed
Dvitiya Until 5:55PM

Ganesha: Purple Sunrise: 6:51AM
Muruga: Purple Sunset: 4:59PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Portland, ME
Sun 1
Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Wednesday, February 8, 2023

2

Simha Rasi: 24.48 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:39AM - 11:55AM
Yama 8:06AM - 9:23AM
Rahu 11:55AM - 1:11PM

Purvaphalguni Until 9:40AM
Sukarma Until 6:11AM Thu
Vanija Until 6:57AM
Tritiya Until 7:52PM

Ganesha: Purple Sunrise: 6:50AM
Muruga: Purple Sunset: 5:00PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Portland, ME
Sun 2
Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Thursday, February 9, 2023

3

Kanya Rasi: 6.58 Tithi 19

952686577

Amrita Yoga

Until 11:45AM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 9:22AM - 10:39AM
Yama 6:49AM - 8:06AM
Rahu 1:12PM - 2:28PM

Uttaraphalguni Until 11:45AM
Sukarma Until 6:11AM
Bava Until 8:44AM
Chaturthi* Until 9:29PM

Ganesha: Purple Sunrise: 6:49AM
Muruga: Purple Sunset: 5:01PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Portland, ME
Sun 3
Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Friday, February 10, 2023

4

Kanya Rasi: 19.17 Tithi 20

962686577

Creative Work Amrita Yoga

Until 1:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:05AM - 9:21AM
Yama 2:29PM - 3:46PM
Rahu 10:38AM - 11:55AM

Hasta Until 1:48PM
Dhriti Until 6:13AM
Kaulava Until 10:11AM
Panchami Until 10:42PM

Ganesha: Clear Sunrise: 6:48AM
Muruga: Purple Sunset: 5:03PM
Nataraja: Orange
Moon - Green
Magha*Thai

Sivaloka Day

Portland, ME
Sun 4
Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Saturday, February 11, 2023

5

Tula Rasi: 1.47 Tithi 21

963686577

Routine Work Marana Yoga

Until 3:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthayam Titau

Gulika 6:46AM - 8:04AM
Yama 1:12PM - 2:30PM
Rahu 9:21AM - 10:38AM

Chitra Until 3:13PM
Ganda* Until 5:06AM Sun
Gara Until 11:08AM
Shashthi* Until 11:22PM

Ganesha: Purple Sunrise: 6:46AM
Muruga: Purple Sunset: 5:04PM
Nataraja: Orange
Moon - Green
Magha*Thai

Devaloka Day

Portland, ME
Sun 5
Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Sunday, February 12, 2023

6

Tula Rasi: 14.34 Tithi 22

963686577

Creative Work Siddha Yoga

Until 3:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 2:30PM - 3:48PM
Yama 11:55AM - 1:13PM
Rahu 3:48PM - 5:05PM

Svati Until 3:52PM
Vridhhi Until 3:49AM Mon
Visti Until 11:29AM
Saptami Until 11:22PM

Ganesha: Purple Sunrise: 6:45AM
Muruga: Purple Sunset: 5:05PM
Nataraja: Orange
Moon - Green
Magha-Masi

Devaloka Day

Portland, ME
Sun 6
Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Monday, February 13, 2023

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Retreat Star

Tula Rasi: 27.4 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 4:08PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:13PM - 2:31PM
Yama 10:37AM - 11:55AM
Rahu 8:02AM - 9:19AM

Vishakha Until 4:08PM
Dhruva Until 1:56AM Tue
Balava Until 11:07AM
Ashtami* Until 10:39PM

Ganesha: Clear Sunrise: 6:44AM
Muruga: Purple Sunset: 5:07PM
Nataraja: Orange
Moon - Orange
Magha-Masi

Sivaloka Day

Portland, ME
Sun 7
Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.1 Tithi 24

973686577

Creative Work Siddha Yoga

Until 3:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 11:55AM - 1:13PM
Yama 9:19AM - 10:37AM
Rahu 2:32PM - 3:50PM

Anuradha Until 3:32PM
Vyaghata* Until 11:29PM
Taitila Until 10:02AM
Navami* Until 9:11PM

Ganesha: Clear Sunrise: 6:42AM
Muruga: Purple Sunset: 5:08PM
Nataraja: Orange
Moon - Orange
Magha-Masi

Sivaloka Day

Portland, ME
Sun 8
Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Portland, ME on 4/26/21


www.gurudeva.org/panchang

1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, ME Sun 9 Sutra 304 Subhakrit 5124
	Vrischika Rasi: 25.07	Tithi 25	Gulika 10:37AM – 11:55AM	Jyeshtha* Until 2:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	
			Yama 8:00AM – 9:18AM	Harshana Until 8:29PM	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 2 - Phase 42 - 9
	973686577	Rahu 11:55AM – 1:14PM		Vanija Until 8:13AM	Nataraja: Orange		2nd Phase
	Creative Work Siddha Yoga		Dashami Until 7:02PM	Moon – Orange		Sivaloka Day	
	Until 2:05PM			Magha-Masi			
	Then Routine Work - Marana Yoga						

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 10 Sutra 305 Subhakrit 5124
	Dhanus Rasi: 9.29	Tithi 26 – 27	Gulika 9:17AM – 10:36AM	Mula* Until 12:18PM	Ganesha: White	<i>Sunrise:</i> 6:40AM	
			Yama 6:40AM – 7:58AM	Vajra* Until 4:59PM	Muruqa: Purple	<i>Sunset:</i> 5:11PM	Moon 2 - Phase 42 - 10
	983686577	Rahu 1:14PM – 2:33PM		Kaulava Until 2:43AM Fri	Nataraja: Orange		2nd Phase
	Creative Work Siddha Yoga		Ekadashi* Until 4:16PM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 11 Sutra 306 Subhakrit 5124
	Dhanus Rasi: 24.14	Tithi 27 – 28	Gulika 7:57AM – 9:17AM	Purvashadha* Until 9:53AM	Ganesha: White	<i>Sunrise:</i> 6:38AM	
			Yama 2:34PM – 3:53PM	Siddhi Until 1:08PM	Muruqa: Purple	<i>Sunset:</i> 5:12PM	Moon 2 - Phase 42 - 11
	983686577	Rahu 10:36AM – 11:55AM		Gara Until 11:19PM	Nataraja: Orange		2nd Phase
	Routine Work Prabalarishta Yoga		Dvadashi* Until 1:02PM	Moon – Light Blue		Devaloka Day	
	Until 9:53AM			Magha-Masi			
	Then Routine Work - Marana Yoga						

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatlipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 12 Sutra 307 Subhakrit 5124
	Makara Rasi: 9.17	Tithi 28 – 29	Gulika 6:37AM – 7:56AM	Uttarashadha Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 6:37AM	
			Yama 1:15PM – 2:34PM	Vyatlipata* Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Moon 2 - Phase 42 - 12
	983686577	Rahu 9:16AM – 10:35AM		Visti Until 7:40PM	Nataraja: Orange		2nd Phase
	Routine Work Marana Yoga		Trayodashi* Until 9:29AM	Moon – Light Blue		Devaloka Day	
	Until 6:59AM			Magha-Masi			
	Then Creative Work - Siddha Yoga						

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, ME Sun 13 Sutra 308 Subhakrit 5124
	Retreat Star		Gulika 2:35PM – 3:55PM	Dhanishtha Until 1:16AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:35AM	
	Makara Rasi: 24.28	Tithi 30	Yama 11:55AM – 1:15PM	Parigha* Until 12:31AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Moon 2 - Phase 42 - 13
	993686577	Rahu 3:55PM – 5:15PM		Catuspada Until 3:57PM	Nataraja: Orange		Amavasya
	Routine Work Marana Yoga		Amavasya* Until 2:07AM Mon	Moon – Purple		Devaloka Day	
	Until 1:16AM Mon			Magha-Masi			
	Then Creative Work - Siddha Yoga						

Monday, February 20, 2023	Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, ME Sun 14 Sutra 309 Subhakrit 5124
	Kumbha Rasi: 9.38	Tithi 1	Gulika 1:15PM – 2:35PM	Shatabhishak Until 10:23PM	Ganesha: Green	<i>Sunrise:</i> 6:34AM	
			Yama 10:35AM – 11:55AM	Shiva Until 8:27PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 2 - Phase 42 - 14
	993686577	Rahu 7:54AM – 9:14AM		Kintughna Until 12:21PM	Nataraja: Orange		Prathama
	Family Home Evening		Prathama* Until 10:38PM	Moon – Purple		Devaloka Day	
	Creative Work Siddha Yoga			Phalgun-Masi			
	Until 10:23PM						
	Then Routine Work - Marana Yoga						

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

www.gurudeva.org/panchang

1		Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Portland, ME Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 24.37	Tithi 2	Gulika	11:55AM – 1:15PM	Purvaproshtapada* Until 8:10PM	Ganesha: Red	<i>Sunrise:</i> 6:32AM	
		Yama	9:13AM – 10:34AM	Siddha Until 4:38PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM	Moon 2 - Phase 43 - 15
		913686577 Rahu	2:36PM – 3:57PM	Balava Until 9:02AM	Nataraja: Orange		3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 7:31PM	Moon – Clear		Sivaloka Day
Until 8:10PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

2		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthayam Titau			Portland, ME Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 9.17	Tithi 3 – 4	Gulika	10:34AM – 11:55AM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	
		Yama	7:52AM – 9:13AM	Sadhya Until 1:16PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 2 - Phase 43 - 16
		913786577 Rahu	11:55AM – 1:16PM	Taitila Until 6:11AM	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 4:57PM	Moon – Clear		Subha Sivaloka Day
Until 6:21PM					Phalguna-Masi		
Then Routine Work - Marana Yoga							

3		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Portland, ME Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 23.3	Tithi 4 – 5	Gulika	9:12AM – 10:33AM	Revati Until 5:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	
		Yama	6:29AM – 7:50AM	Subha Until 10:27AM	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Moon 2 - Phase 43 - 17
		913786577 Rahu	1:16PM – 2:37PM	Bava Until 2:28AM Fri	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 3:05PM	Moon – Clear		Subha Sivaloka Day
Until 5:05PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4		Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Portland, ME Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 7.14	Tithi 5 – 6	Gulika	7:49AM – 9:11AM	Ashvini Until 4:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:28AM	
		Yama	2:38PM – 3:59PM	Sukla Until 8:15AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 2 - Phase 43 - 18
		923786577 Rahu	10:33AM – 11:54AM	Kaulava Until 1:51AM Sat	Nataraja: Orange		3rd Phase
Creative Work	Amrita Yoga			Panchami Until 2:02PM	Moon – White		Sivaloka Day
Until 4:55PM					Phalguna-Masi		
Then Creative Work - Siddha Yoga							

5		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Portland, ME Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 20.29	Tithi 6 – 7	Gulika	6:26AM – 7:48AM	Bharani Until 5:27PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM	
		Yama	1:16PM – 2:38PM	Brahma Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 2 - Phase 43 - 19
		924786577 Rahu	9:10AM – 10:32AM	Gara Until 2:05AM Sun	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 1:50PM	Moon – White		Devaloka Day
Until 5:27PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Portland, ME Sun 20 Sutra 315 Subhakrit 5124
Vrishabha Rasi: 3.18	Tithi 7 – 8	Gulika	2:39PM – 4:01PM	Krittika Until 6:39PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	
		Yama	11:54AM – 1:17PM	Vaidhriti* Until 5:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 2 - Phase 43 - 20
		924786577 Rahu	4:01PM – 5:24PM	Visti Until 3:09AM Mon	Nataraja: Orange		Ashtami
Creative Work	Siddha Yoga			Saptami Until 2:30PM	Moon – White		Devaloka Day
					Phalguna-Masi		

Retreat Star		Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Portland, ME Sun 21 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 15.46	Tithi 8 – 9	Gulika	1:17PM – 2:40PM	Rohini Until 8:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:23AM	
Family Home Evening		Yama	10:31AM – 11:54AM	Vishkambha* Until 5:57AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 2 - Phase 43 - 21
		934786577 Rahu	7:46AM – 9:08AM	Balava Until 4:52AM Tue	Nataraja: Orange		Navami
Creative Work	Amrita Yoga			Ashtami* Until 3:55PM	Moon – Yellow		Sivaloka Day
					Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME Sun 22 Sutra 317 Subhakit 5124
	Vrishabha Rasi: 27.56	Tithi 9 – 10	934786577	Gulika Yama Rahu	11:54AM – 1:17PM 9:07AM – 10:31AM 2:40PM – 4:03PM	Mrigashira Until 11:24PM Priti Until 6:34AM Wed Taitila Until 7:04AM Wed Navami* Until 5:54PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Sunrise: 6:21AM Sunset: 5:26PM Moon 2 - Phase 44 - 22 4th Phase Sivaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						
	Until 11:24PM						
Then Routine Work - Marana Yoga							

2	Wednesday, March 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Portland, ME Sun 23 Sutra 318 Subhakit 5124
	Mithuna Rasi: 9.56	Tithi 10	934786577	Gulika Yama Rahu	10:30AM – 11:53AM 7:42AM – 9:06AM 11:53AM – 1:17PM	Ardra Until 2:06AM Thu Priti Until 6:34AM Taitila Until 7:04AM Dashami Until 8:15PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Sunrise: 6:18AM Sunset: 5:29PM Moon 2 - Phase 44 - 23 4th Phase Sivaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						
	Until 2:06AM Thu						
Then Creative Work - Amrita Yoga							

3	Thursday, March 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, ME Sun 24 Sutra 319 Subhakit 5124
	Mithuna Rasi: 21.5	Tithi 11	944786577	Gulika Yama Rahu	9:05AM – 10:29AM 6:16AM – 7:40AM 1:17PM – 2:42PM	Punarvasu Until 5:14AM Fri Ayushman Until 7:22AM Vanija Until 9:31AM Ekadashi Until 10:45PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Sunrise: 6:16AM Sunset: 5:30PM Moon 2 - Phase 44 - 24 4th Phase Devaloka Day Phalguna-Masi
	Creative Work Amrita Yoga						
	Until 5:14AM Fri						
Then Routine Work - Marana Yoga							

4	Friday, March 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME Sun 25 Sutra 320 Subhakit 5124
	Kataka Rasi: 3.42	Tithi 12	944786577	Gulika Yama Rahu	7:39AM – 9:04AM 2:42PM – 4:07PM 10:28AM – 11:53AM	Pushya Until 8:10AM Sat Saubhagya Until 8:14AM Bava Until 12:02PM Dvadashi Until 1:15AM Sat	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Sunrise: 6:15AM Sunset: 5:31PM Moon 2 - Phase 44 - 25 4th Phase Devaloka Day Phalguna-Masi
	Routine Work Marana Yoga						

5	Saturday, March 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME Sun 26 Sutra 321 Subhakit 5124
	Kataka Rasi: 15.35	Tithi 13	944786577	Gulika Yama Rahu	6:13AM – 7:38AM 1:18PM – 2:43PM 9:03AM – 10:28AM	Pushya Until 8:10AM Sobhana Until 9:05AM Kaulava Until 2:28PM Trayodashi Until 3:37AM Sun <i>Pradosha Vrata</i>	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Sunrise: 6:13AM Sunset: 5:33PM Moon 2 - Phase 44 - 26 4th Phase Devaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						
	Until 8:10AM						
Then Routine Work - Marana Yoga							

6	Sunday, March 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME Sun 27 Sutra 322 Subhakit 5124
	Kataka Rasi: 27.31	Tithi 14	144786577	Gulika Yama Rahu	2:43PM – 4:09PM 11:53AM – 1:18PM 4:09PM – 5:34PM	Ashlesha* Until 10:47AM Athiganda* Until 9:47AM Gara Until 4:44PM Chaturdashi* Until 5:45AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Orange Moon – Blue Sunrise: 6:11AM Sunset: 5:34PM Moon 2 - Phase 44 - 27 4th Phase Devaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						
	Until 10:47AM						
Then Routine Work - Marana Yoga							

O	Monday, March 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau				Portland, ME Sun 28 Sutra 323 Subhakit 5124
	Copper Retreat Star						
	Simha Rasi: 9.32	Tithi 15	154786577	Gulika Yama Rahu	1:18PM – 2:44PM 10:27AM – 11:52AM 7:35AM – 9:01AM	Magha* Until 1:31PM Sukarma Until 10:19AM Visti Until 6:45PM Purnima* Until 7:38AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Sunrise: 6:09AM Sunset: 5:35PM Moon 2 - Phase 44 - Purnima Sivaloka Day Phalguna-Masi
	Family Home Evening						
Routine Work Marana Yoga							
Until 1:31PM							
Then Creative Work - Siddha Yoga							

O	Tuesday, March 7, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sun 29 Sutra 324 Subhakit 5124
	Silver Retreat Star						
	Simha Rasi: 21.4	Tithi 15 – 16	154786577	Gulika Yama Rahu	11:52AM – 1:18PM 9:00AM – 10:26AM 2:44PM – 4:10PM	Purvaphalguni Until 3:48PM Dhriti Until 10:40AM Balava Until 8:28PM Purnima* Until 7:38AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Sunrise: 6:08AM Sunset: 5:36PM Moon 2 - Phase 44 - Prathama Sivaloka Day Phalguna-Masi
	Creative Work Siddha Yoga						
Until 3:48PM							
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, ME

Sutra 325

Subhakrit 5124

Kanya Rasi: 3.55

Tithi 16 - 17

154786577

Gulika 10:25AM - 11:52AM

Yama 7:32AM - 8:59AM

Rahu 11:52AM - 1:18PM

Uttaraphalguni Until 5:37PM

Shula* Until 10:44AM

Taitila Until 9:52PM

Prathama* Until 9:11AM

Ganesha: Clear

Sunrise: 6:06AM

Muruqa: Purple

Sunset: 5:38PM

Nataraja: Orange

Moon - Red

Phalguna-Masi

Moon 3 - Phase 45 -

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 5:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, ME

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 16.19

Tithi 17 - 18

164786577

Gulika 8:58AM - 10:25AM

Yama 6:04AM - 7:31AM

Rahu 1:18PM - 2:45PM

Hasta Until 7:25PM

Ganda* Until 10:34AM

Vanija Until 10:53PM

Dvitiya Until 10:24AM

Ganesha: White

Sunrise: 6:04AM

Muruqa: Purple

Sunset: 5:39PM

Nataraja: Orange

Moon - Green

Phalguna-Masi

Moon 3 - Phase 45 - 1

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Portland, ME

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 28.53

Tithi 18 - 19

165786577

Gulika 7:30AM - 8:57AM

Yama 2:46PM - 4:13PM

Rahu 10:24AM - 11:51AM

Chitra Until 8:40PM

Vridhhi Until 10:07AM

Bava Until 11:30PM

Tritiya Until 11:13AM

Ganesha: Yellow

Sunrise: 6:03AM

Muruqa: Purple

Sunset: 5:40PM

Nataraja: Orange

Moon - Green

Phalguna-Masi

Moon 3 - Phase 45 - 2

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, ME

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 11.38

Tithi 19 - 20

165786577

Gulika 6:01AM - 7:28AM

Yama 1:19PM - 2:46PM

Rahu 8:56AM - 10:24AM

Svati Until 9:21PM

Dhruva Until 9:19AM

Kaulava Until 11:41PM

Chaturthi* Until 11:38AM

Ganesha: Yellow

Sunrise: 6:01AM

Muruqa: Purple

Sunset: 5:41PM

Nataraja: Orange

Moon - Green

Phalguna-Masi

Moon 3 - Phase 45 - 3

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Portland, ME

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 24.37

Tithi 20 - 21

175786577

Gulika 2:47PM - 4:15PM

Yama 11:51AM - 1:19PM

Rahu 4:15PM - 5:43PM

Vishakha Until 9:52PM

Vyaghata* Until 8:11AM

Gara Until 11:23PM

Panchami Until 11:34AM

Ganesha: Blue

Sunrise: 5:59AM

Muruqa: Purple

Sunset: 5:43PM

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Moon 3 - Phase 45 - 4

1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Portland, ME

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 7.5

Tithi 21 - 22

175786577

Gulika 1:19PM - 2:47PM

Yama 10:22AM - 11:51AM

Rahu 7:26AM - 8:54AM

Anuradha Until 9:44PM

Harshana Until 6:40AM

Visti Until 10:33PM

Shashthi* Until 11:01AM

Ganesha: Blue

Sunrise: 5:57AM

Muruqa: Purple

Sunset: 5:44PM

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Moon 3 - Phase 45 - 5

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, ME

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.2

Tithi 22 - 23

175786577

Gulika 11:50AM - 1:19PM

Yama 8:53AM - 10:22AM

Rahu 2:48PM - 4:16PM

Jyeshtha* Until 8:56PM

Siddhi Until 2:22AM Wed

Balava Until 9:12PM

Saptami Until 9:56AM

Ganesha: Blue

Sunrise: 5:55AM

Muruqa: Purple

Sunset: 5:45PM

Nataraja: Orange

Moon - Orange

Phalguna-Panguni

Moon 3 - Phase 45 - 6

Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga

Until 8:56PM

Then Creative Work - Amrita Yoga

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, ME

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.1

Tithi 23 - 24

185786578

Gulika 10:21AM - 11:50AM

Yama 7:23AM - 8:52AM

Rahu 11:50AM - 1:19PM

Mula* Until 7:55PM

Vyatipata* Until 11:37PM

Taitila Until 7:20PM

Ashtami* Until 8:19AM

Ganesha: Red

Sunrise: 5:54AM

Muruqa: Purple

Sunset: 5:46PM

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Moon 3 - Phase 45 - 7

Navami

Sivaloka Day

Routine Work Marana Yoga

Until 7:55PM

Then Creative Work - Amrita Yoga

1	Thursday, March 16, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Portland, ME Sun 8 Sutra 333 Subhakrit 5124
	Dhanus Rasi: 19.18	Tithi 24 – 25	Gulika 8:51AM – 10:20AM	Purvashadha* Until 6:17PM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	
			Yama 5:52AM – 7:21AM	Variyan Until 8:28PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 3 - Phase 46 - 8
			185786578 Rahu 1:19PM – 2:49PM	Visti Until 3:39AM Fri	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga Until 6:17PM Then Routine Work - Marana Yoga			Navami* Until 6:12AM		Moon – Light Blue Phalguna•Panguni		Sivaloka Day

2	Friday, March 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Portland, ME Sun 9 Sutra 334 Subhakrit 5124
	Makara Rasi: 3.44	Tithi 26	Gulika 7:20AM – 8:50AM	Uttarashadha Until 4:08PM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	
			Yama 2:49PM – 4:19PM	Parigha* Until 5:02PM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 3 - Phase 46 - 9
			185786578 Rahu 10:20AM – 11:49AM	Bava Until 2:16PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 12:46AM Sat		Moon – Light Blue Phalguna•Panguni		Sivaloka Day

3	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Portland, ME Sun 10 Sutra 335 Subhakrit 5124
	Makara Rasi: 18.24	Tithi 27	Gulika 5:48AM – 7:19AM	Shravana Until 1:59PM	Ganesha: Green	<i>Sunrise:</i> 5:48AM	
			Yama 1:19PM – 2:50PM	Shiva Until 1:23PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 3 - Phase 46 - 10
			195786578 Rahu 8:49AM – 10:19AM	Kaulava Until 11:15AM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 9:39PM		Moon – Purple Phalguna•Panguni		Subha Sivaloka Day

4	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME Sun 11 Sutra 336 Subhakrit 5124
	Kumbha Rasi: 3.13	Tithi 28	Gulika 2:50PM – 4:21PM	Dhanishtha Until 11:34AM	Ganesha: Green	<i>Sunrise:</i> 5:47AM	
			Yama 11:49AM – 1:19PM	Siddha Until 9:35AM	Muruqa: Clear	<i>Sunset:</i> 5:51PM	Moon 3 - Phase 46 - 11
			196896578 Rahu 4:21PM – 5:51PM	Gara Until 8:04AM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga Until 11:34AM Then Creative Work - Siddha Yoga			Trayodashi* Until 6:27PM		Moon – Purple Phalguna•Panguni		Sivaloka Day
<i>Pradosha Vrata (Fasting)</i>							

5	Monday, March 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthpada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, ME Sun 12 Sutra 337 Subhakrit 5124
	Kumbha Rasi: 18.02	Tithi 29 – 30	Gulika 1:19PM – 2:50PM	Shatabhishak Until 9:01AM	Ganesha: Green	<i>Sunrise:</i> 5:45AM	
	Family Home Evening		Yama 10:18AM – 11:49AM	Subha Until 2:11AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:52PM	Moon 3 - Phase 46 - 12
			196896578 Rahu 7:16AM – 8:47AM	Catuspada Until 1:50AM Tue	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga Until 9:01AM Then Routine Work - Marana Yoga			Chaturdashi* Until 3:19PM		Moon – Purple Phalguna•Panguni		Sivaloka Day

●	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, ME Sun 13 Sutra 338 Subhakrit 5124
	Retreat Star		Gulika 11:48AM – 1:20PM	Purvaprosarthpada* Until 6:55AM	Ganesha: Orange	<i>Sunrise:</i> 5:43AM	
	Meena Rasi: 2.46	Tithi 30 – 1	Yama 8:46AM – 10:17AM	Sukla Until 10:45PM	Muruqa: Clear	<i>Sunset:</i> 5:54PM	Moon 3 - Phase 46 - 13
			116896578 Rahu 2:51PM – 4:22PM	Kintughna Until 11:06PM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga Until 6:55AM Then Creative Work - Amrita Yoga			Amavasya* Until 12:24PM		Moon – Clear Phalguna•Panguni		Devaloka Day

●	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Portland, ME Sun 14 Sutra 339 Subhakrit 5124	
	Retreat Star		Gulika 10:16AM – 11:48AM	Revati Until 3:28AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:41AM		
	Meena Rasi: 17.14	Tithi 1 – 2	Yama 7:13AM – 8:45AM	Brahma Until 7:43PM	Muruqa: Clear	<i>Sunset:</i> 5:55PM	Moon 3 - Phase 46 - 14	
			116896578 Rahu 11:48AM – 1:20PM	Balava Until 8:48PM	Nataraja: Clear		Prathama	
Routine Work Marana Yoga Until 3:28AM Thu Then Creative Work - Amrita Yoga			Yugadhi	Prathama* Until 9:52AM		Moon – Clear Chaitra•Panguni		Devaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

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1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, ME Sun 15 Sutra 340 Subhakrit 5124
Mesha Rasi: 1.22	Tithi 2 - 3	Gulika 8:44AM - 10:16AM	Ashvini Until 2:50AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	
		Yama 5:39AM - 7:11AM	Indra Until 5:11PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM	Moon 3 - Phase 47 - 15
		126896578 Rahu 1:20PM - 2:52PM	Taitila Until 7:06PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon - White		Devaloka Day
Until 2:50AM Fri		Chellappaswami Mahasamadhi	Dvitiya Until 7:51AM	Chaitra-Panguni		
Then Creative Work - Siddha Yoga						

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Portland, ME Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 15.06	Tithi 3 - 4	Gulika 7:10AM - 8:42AM	Bharani Until 2:48AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	
		Yama 2:52PM - 4:25PM	Vaidhriti* Until 3:10PM	Muruqa: Clear	<i>Sunset:</i> 5:57PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 10:15AM - 11:47AM	Vanija Until 6:07PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Moon - White		Devaloka Day
Until 2:48AM Sat			Tritiya Until 6:30AM	Chaitra-Panguni		
Then Creative Work - Amrita Yoga						

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Portland, ME Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 28.25	Tithi 5	Gulika 5:36AM - 7:09AM	Krittika Until 3:22AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	
		Yama 1:20PM - 2:53PM	Vishkambha* Until 1:48PM	Muruqa: Clear	<i>Sunset:</i> 5:58PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 8:41AM - 10:14AM	Bava Until 5:55PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon - White		Devaloka Day
Until 3:22AM Sun			Panchami Until 6:05AM Sun	Chaitra-Panguni		
Then Creative Work - Siddha Yoga						

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Portland, ME Sun 18 Sutra 343 Subhakrit 5124
Vrishabha Rasi: 11.18	Tithi 5 - 6	Gulika 2:53PM - 4:26PM	Rohini Until 4:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:34AM	
		Yama 11:47AM - 1:20PM	Priti Until 1:03PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 3 - Phase 47 - 18
		137896578 Rahu 4:26PM - 5:59PM	Kaulava Until 6:30PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Moon - Yellow		Devaloka Day
Until 4:59AM Mon			Panchami Until 6:05AM	Chaitra-Panguni		
Then Creative Work - Amrita Yoga						

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, ME Sun 19 Sutra 344 Subhakrit 5124
Vrishabha Rasi: 23.5	Tithi 6 - 7	Gulika 1:20PM - 2:54PM	Mrigashira Until 7:05AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:32AM	
Family Home Evening		Yama 10:13AM - 11:46AM	Ayushman Until 12:50PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 7:06AM - 8:39AM	Gara Until 7:47PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Moon - Yellow		Devaloka Day
Until 7:05AM Tue			Shashthi* Until 7:02AM	Chaitra-Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, ME Sun 20 Sutra 345 Subhakrit 5124
Mithuna Rasi: 6.06	Tithi 7 - 8	Gulika 11:46AM - 1:20PM	Mrigashira Until 7:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	
		Yama 8:38AM - 10:12AM	Saubhagya Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 2:54PM - 4:28PM	Visti Until 9:39PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga			Moon - Yellow		Devaloka Day
Until 7:05AM			Saptami Until 8:38AM	Chaitra-Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, ME Sun 21 Sutra 346 Subhakrit 5124
Mithuna Rasi: 18.1	Tithi 8 - 9	Gulika 10:12AM - 11:46AM	Ardra Until 9:30AM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	
		Yama 7:03AM - 8:37AM	Sobhana Until 1:45PM	Muruqa: Clear	<i>Sunset:</i> 6:03PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 11:46AM - 1:20PM	Balava Until 11:53PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga			Moon - Yellow		Devaloka Day
		Sri Rama Navami	Ashtami* Until 10:42AM	Chaitra-Panguni		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Portland, ME on 4/26/21

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1	Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Portland, ME
	Kataka Rasi: 0.06	Tithi 9 – 10	147896578	Gulika 8:36AM – 10:11AM Yama 5:27AM – 7:02AM Rahu 1:20PM – 2:55PM	Punarvasu Until 12:30PM Aithiganda* Until 2:32PM Taitila Until 2:17AM Fri Navami* Until 1:03PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sun 22 Sutra 347 Subhakrit 5124 Moon 3 - Phase 48 - 22 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Amrita Yoga						

2	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME
	Kataka Rasi: 11.59	Tithi 10 – 11	147896578	Gulika 7:00AM – 8:35AM Yama 2:55PM – 4:30PM Rahu 10:10AM – 11:45AM	Pushya Until 3:26PM Sukarma Until 3:23PM Vanija Until 4:41AM Sat Dashami Until 3:29PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sun 23 Sutra 348 Subhakrit 5124 Moon 3 - Phase 48 - 23 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga						

3	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME
	Kataka Rasi: 23.53	Tithi 11 – 12	147896578	Gulika 5:25AM – 7:00AM Yama 1:20PM – 2:55PM Rahu 8:35AM – 10:10AM	Ashlesha* Until 6:05PM Dhriti Until 4:11PM Bava Until 6:54AM Sun Ekadashi Until 5:48PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sun 24 Sutra 349 Subhakrit 5124 Moon 3 - Phase 48 - 24 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga Until 6:05PM Then Creative Work - Amrita Yoga			Yogaswami Mahasamadhi			

4	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Portland, ME
	Simha Rasi: 5.52	Tithi 12	158896578	Gulika 2:56PM – 4:31PM Yama 11:45AM – 1:20PM Rahu 4:31PM – 6:07PM	Magha* Until 8:50PM Shula* Until 4:46PM Bava Until 6:54AM Dvadashi Until 7:52PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sun 25 Sutra 350 Subhakrit 5124 Moon 3 - Phase 48 - 25 4th Phase Devaloka Day
	Routine Work Marana Yoga Until 8:50PM Then Creative Work - Siddha Yoga						

5	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, ME
	Simha Rasi: 17.58	Tithi 13	158896578	Gulika 1:20PM – 2:56PM Yama 10:09AM – 11:45AM Rahu 6:57AM – 8:33AM	Purvaphalguni Until 11:04PM Ganda* Until 5:06PM Kaulava Until 8:48AM Trayodashi Until 9:34PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sun 26 Sutra 351 Subhakrit 5124 Moon 3 - Phase 48 - 26 4th Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga						
	<i>Pradosha Vrata</i>						

6	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, ME
	Kanya Rasi: 0.13	Tithi 14	158896578	Gulika 11:44AM – 1:20PM Yama 8:32AM – 10:08AM Rahu 2:57PM – 4:33PM	Uttaraphalguni Until 12:42AM Wed Vridhhi Until 5:07PM Gara Until 10:17AM Chaturdashi* Until 10:50PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sun 27 Sutra 352 Subhakrit 5124 Moon 3 - Phase 48 - 27 4th Phase Devaloka Day
	Creative Work Amrita Yoga Until 12:42AM Wed Then Routine Work - Marana Yoga						

	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Portland, ME		
	Copper Retreat Star		Kanya Rasi: 12.4	Tithi 15	168896578	Gulika 10:08AM – 11:44AM Yama 6:55AM – 8:31AM Rahu 11:44AM – 1:21PM	Hasta Until 2:11AM Thu Dhruva Until 4:44PM Visti Until 11:17AM Purnima* Until 11:36PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sun 28 Sutra 353 Subhakrit 5124 Moon 3 - Phase 48 - Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga Until 2:11AM Thu Then Creative Work - Siddha Yoga				Panguni Uttiram Hanuman Jayanti				

7	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, ME		
	Silver Retreat Star		Kanya Rasi: 25.21	Tithi 16	168896578	Gulika 8:30AM – 10:07AM Yama 5:16AM – 6:53AM Rahu 1:21PM – 2:58PM	Chitra Until 3:03AM Fri Vyaghata* Until 4:00PM Balava Until 11:49AM Prathama* Until 11:52PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sun 29 Sutra 354 Subhakrit 5124 Moon 3 - Phase 48 - Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga								

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.15 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 6:52AM – 8:29AM
Yama 2:58PM – 4:35PM
168896578 **Rahu** 10:06AM – 11:43AM
Svati Until 3:18AM Sat
Harshana Until 2:54PM
Taitila Until 11:51AM
Dvitiya Until 11:41PM

Portland, ME
Sun 1 Sutra 355
Subhakrit 5124
Sunrise: 5:14AM
Sunset: 6:12PM
Moon 4 - Phase 49 - 1
1st Phase
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 21.23 Tithi 18
Creative Work Siddha Yoga
Until 3:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 5:13AM – 6:50AM
Yama 1:21PM – 2:58PM
179896578 **Rahu** 8:28AM – 10:06AM
Vishakha Until 3:28AM Sun
Vajra* Until 1:26PM
Vanija Until 11:27AM
Tritiya Until 11:05PM

Portland, ME
Sun 2 Sutra 356
Subhakrit 5124
Sunrise: 5:13AM
Sunset: 6:14PM
Moon 4 - Phase 49 - 2
1st Phase
Devaloka Day
Chaitra•Panguni

2

Sunday, April 9, 2023

Virschika Rasi: 4.44 Tithi 19
Routine Work Marana Yoga
Until 3:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 2:59PM – 4:37PM
Yama 11:43AM – 1:21PM
179896578 **Rahu** 4:37PM – 6:15PM
Anuradha Until 3:07AM Mon
Siddhi Until 11:40AM
Bava Until 10:40AM
Chaturthi* Until 10:06PM

Portland, ME
Sun 3 Sutra 357
Subhakrit 5124
Sunrise: 5:11AM
Sunset: 6:15PM
Moon 4 - Phase 49 - 3
1st Phase
Devaloka Day
Chaitra•Panguni

3

Monday, April 10, 2023

Virschika Rasi: 18.18 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 1:21PM – 2:59PM
Yama 10:04AM – 11:43AM
179896578 **Rahu** 6:48AM – 8:26AM
Jyeshtha* Until 2:17AM Tue
Vyatipata* Until 9:38AM
Kaulava Until 9:30AM
Panchami Until 8:47PM

Portland, ME
Sun 4 Sutra 358
Subhakrit 5124
Sunrise: 5:09AM
Sunset: 6:16PM
Moon 4 - Phase 49 - 4
1st Phase
Devaloka Day
Chaitra•Panguni

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.02 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 11:42AM – 1:21PM
Yama 8:25AM – 10:04AM
189896578 **Rahu** 3:00PM – 4:38PM
Mula* Until 1:28AM Wed
Variyan Until 7:19AM
Gara Until 8:02AM
Shashthi* Until 7:10PM

Portland, ME
Sun 5 Sutra 359
Subhakrit 5124
Sunrise: 5:08AM
Sunset: 6:17PM
Moon 4 - Phase 49 - 5
1st Phase
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

5

Wednesday, April 12, 2023

Dhanus Rasi: 15.58 Tithi 22 – 23
Creative Work Amrita Yoga
Until 12:14AM Thu
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:03AM – 11:42AM
Yama 6:45AM – 8:24AM
189896578 **Rahu** 11:42AM – 1:21PM
Purvashadha* Until 12:14AM Thu
Shiva Until 2:04AM Thu
Visti Until 6:16AM
Saptami Until 5:16PM

Portland, ME
Sun 6 Sutra 360
Subhakrit 5124
Sunrise: 5:06AM
Sunset: 6:18PM
Moon 4 - Phase 49 - 6
1st Phase
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.03 Tithi 23 – 24
Routine Work Marana Yoga
Until 10:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:23AM – 10:02AM
Yama 5:04AM – 6:44AM
189996578 **Rahu** 1:21PM – 3:01PM
Uttarashadha Until 10:39PM
Siddha Until 11:08PM
Taitila Until 2:01AM Fri
Ashtami* Until 3:09PM

Portland, ME
Sun 7 Sutra 361
Subhakrit 5124
Sunrise: 5:04AM
Sunset: 6:20PM
Moon 4 - Phase 49 - 7
Ashtami
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023
Retreat Star

Makara Rasi: 14.16 Tithi 24 – 25
Routine Work Marana Yoga
Until 9:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau
Gulika 6:42AM – 8:22AM
Yama 3:01PM – 4:41PM
299996578 **Rahu** 10:02AM – 11:42AM
Shravana Until 9:10PM
Sadhya Until 8:05PM
Vanija Until 11:38PM
Navami* Until 12:49PM

Portland, ME
Sun 8 Sutra 362
Sobhana 5125
Sunrise: 5:02AM
Sunset: 6:21PM
Moon 4 - Phase 49 - 8
Navami
Bhuloka Day
Chaitra•Chaitra Devaloka Time: 3:PM to 6:PM


Tamil New Year


1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Portland, ME
	Makara Rasi: 28.36	Tithi 25 – 26	Gulika 5:01AM – 6:41AM	Dhanishtha Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 5:01AM	Sun 9 Sutra 363
			Yama 1:21PM – 3:02PM	Subha Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Sobhana 5125
		299996578	Rahu 8:21AM – 10:01AM	Bava Until 9:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9 2nd Phase
Creative Work Siddha Yoga		Dashedmi Until 10:22AM		Chaitra+Chaitra		Bhuloka Day	
Until 7:26PM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Portland, ME
	Kumbha Rasi: 12.59	Tithi 26 – 27	Gulika 3:02PM – 4:43PM	Shatabhishak Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	Sun 10 Sutra 364
			Yama 11:41AM – 1:22PM	Sukla Until 1:46PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Sobhana 5125
		291996578	Rahu 4:43PM – 6:23PM	Kaulava Until 6:37PM	Nataraja: Clear		Moon 4 - Phase 1 - 10 2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 7:51AM		Chaitra+Chaitra		Devaloka Day	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, ME
	Kumbha Rasi: 27.21	Tithi 28	Gulika 1:22PM – 3:03PM	Purvaproshtapada* Until 4:01PM	Ganesha: Orange	<i>Sunrise:</i> 4:57AM	Sun 11 Sutra 1
	Family Home Evening		Yama 10:00AM – 11:41AM	Brahma Until 10:39AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Sobhana 5125
		211996578	Rahu 6:38AM – 8:19AM	Gara Until 4:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 11 2nd Phase
Routine Work Marana Yoga		Trayodashi* Until 3:01AM Tue		Chaitra+Chaitra		Devaloka Day	
Until 4:01PM		Pradosha Vrata (Fasting)					
Then Creative Work - Siddha Yoga							

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Portland, ME
	Meena Rasi: 11.37	Tithi 29	Gulika 11:41AM – 1:22PM	Uttaraproshtapada Until 2:32PM	Ganesha: Orange	<i>Sunrise:</i> 4:56AM	Sun 12 Sutra 2
			Yama 8:18AM – 9:59AM	Indra Until 7:40AM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Sobhana 5125
		211996578	Rahu 3:03PM – 4:44PM	Visti Until 1:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12 2nd Phase
Creative Work Amrita Yoga		Chaturdashi* Until 12:55AM Wed		Chaitra+Chaitra		Devaloka Day	
Until 2:32PM							
Then Creative Work - Siddha Yoga							

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, ME
	Retreat Star		Gulika 9:59AM – 11:40AM	Revati Until 1:14PM	Ganesha: Orange	<i>Sunrise:</i> 4:54AM	Sun 13 Sutra 3
	Meena Rasi: 25.43	Tithi 30	Yama 6:36AM – 8:17AM	Vishkambha* Until 2:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Sobhana 5125
		211996578	Rahu 11:40AM – 1:22PM	Catuspada Until 12:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 13 Amavasya
Routine Work Marana Yoga		Amavasya* Until 11:12PM		Chaitra+Chaitra		Devaloka Day	

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, ME
	Retreat Star		Gulika 8:16AM – 9:58AM	Ashvini Until 12:39PM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Sun 14 Sutra 4
	Mesha Rasi: 9.32	Tithi 1	Yama 4:52AM – 6:34AM	Priti Until 12:27AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Sobhana 5125
		221996578	Rahu 1:22PM – 3:04PM	Kintughna Until 10:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14 Prathama
Creative Work Amrita Yoga		Prathama* Until 9:58PM		Moon – White Vaisaka+Chaitra		Devaloka Day	
Until 12:39PM							
Then Creative Work - Siddha Yoga							

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, ME Sun 15
	Mesha Rasi: 23.04	Tithi 2	Gulika 6:33AM – 8:15AM	Bharani Until 12:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Sutra 5
			Yama 3:04PM – 4:47PM	Ayushman Until 10:53PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Sobhana 5125
	221996578	Rahu 9:58AM – 11:40AM	Balava Until 9:35AM	Nataraja: Clear	Moon – White		Moon 4 - Phase 2 - 15 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:19PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, ME Sun 16
	Wrishabha Rasi: 6.16	Tithi 3	Gulika 4:49AM – 6:32AM	Krittika Until 12:44PM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM	Sutra 6
			Yama 1:22PM – 3:05PM	Saubhagya Until 9:51PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Sobhana 5125
	221996578	Rahu 8:14AM – 9:57AM	Taitila Until 9:15AM	Nataraja: Clear	Moon – White		Moon 4 - Phase 2 - 16 3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 9:19PM	Moon – White		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Portland, ME Sun 17
	Wrishabha Rasi: 19.07	Tithi 4	Gulika 3:05PM – 4:48PM	Rohini Until 1:58PM	Ganesha: Orange	<i>Sunrise:</i> 4:48AM	Sutra 7
			Yama 11:39AM – 1:22PM	Sobhana Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Sobhana 5125
	231996578	Rahu 4:48PM – 6:31PM	Vanija Until 9:35AM	Nataraja: Clear	Moon – Yellow		Moon 4 - Phase 2 - 17 3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 9:59PM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Portland, ME Sun 18
	Mithuna Rasi: 1.4	Tithi 5	Gulika 1:23PM – 3:06PM	Mrigashira Until 3:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:46AM	Sutra 8
	Family Home Evening		Yama 9:56AM – 11:39AM	Athiganda* Until 9:17PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Sobhana 5125
	231996578	Rahu 6:29AM – 8:13AM	Bava Until 10:34AM	Nataraja: Clear	Moon – Yellow		Moon 4 - Phase 2 - 18 3rd Phase
Creative Work	Amrita Yoga		Panchami Until 11:15PM	Moon – Yellow		Devaloka Day	
Until 3:40PM		Adi Sankara Jayanthi		Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, ME Sun 19
	Mithuna Rasi: 13.58	Tithi 6	Gulika 11:39AM – 1:23PM	Ardra Until 5:44PM	Ganesha: Orange	<i>Sunrise:</i> 4:45AM	Sutra 9
			Yama 8:12AM – 9:55AM	Sukarma Until 9:38PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Sobhana 5125
	231996579	Rahu 3:06PM – 4:50PM	Kaulava Until 12:07PM	Nataraja: Purple	Moon – Yellow		Moon 4 - Phase 2 - 19 3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 1:02AM Wed	Moon – Yellow		Sivaloka Day	
Until 5:44PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Portland, ME Sun 20
	Mithuna Rasi: 26.04	Tithi 7	Gulika 9:55AM – 11:39AM	Punarvasu Until 8:31PM	Ganesha: Green	<i>Sunrise:</i> 4:43AM	Sutra 10
			Yama 6:27AM – 8:11AM	Dhriti Until 10:18PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Sobhana 5125
	241996579	Rahu 11:39AM – 1:23PM	Gara Until 2:06PM	Nataraja: Purple	Moon – Blue		Moon 4 - Phase 2 - 20 3rd Phase
Creative Work	Siddha Yoga		Saptami Until 3:11AM Thu	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Portland, ME Sun 21
	Retreat Star		Gulika 8:10AM – 9:54AM	Pushya Until 11:21PM	Ganesha: Red	<i>Sunrise:</i> 4:42AM	Sutra 11
	Kataka Rasi: 8.02	Tithi 8	Yama 4:42AM – 6:26AM	Shula* Until 11:06PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Sobhana 5125
	242996579	Rahu 1:23PM – 3:07PM	Visiti Until 4:21PM	Nataraja: Purple	Moon – Blue		Moon 4 - Phase 2 - 21 Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 5:30AM Fri	Moon – Blue		Sivaloka Day	
Until 11:21PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Portland, ME Sun 22
	Retreat Star		Gulika 6:25AM – 8:09AM	Ashlesha* Until 2:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 4:40AM	Sutra 12
	Kataka Rasi: 19.57	Tithi 9	Yama 3:08PM – 4:52PM	Ganda* Until 11:57PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Sobhana 5125
	242996579	Rahu 9:54AM – 11:39AM	Balava Until 6:42PM	Nataraja: Purple	Moon – Blue		Moon 4 - Phase 2 - 22 Navami
Routine Work	Marana Yoga		Navami* Until 7:49AM Sat	Moon – Blue		Sivaloka Day	
Until 2:03AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, ME Sun 23 Sutra 13 Sobhana 5125
Simha Rasi: 1.52	Tithi 9 – 10	Gulika Yama	4:39AM – 6:24AM 1:23PM – 3:08PM	Magha* Until 4:56AM Sun Vriddhi Until 12:42AM Sun	Ganesha: Blue Muruqa: Clear	Sunrise: 4:39AM Sunset: 6:38PM	Moon 4 - Phase 3 - 23	4th Phase
Creative Work Amrita Yoga		252996579	Rahu 8:08AM – 9:53AM	Taitila Until 8:55PM	Nataraja: Purple Moon – Red	Devaloka Day Vaisaka-Chaitra		
Until 4:56AM Sun								
Then Creative Work - Siddha Yoga								

2		Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, ME Sun 24 Sutra 14 Sobhana 5125
Simha Rasi: 13.52	Tithi 10 – 11	Gulika Yama	3:09PM – 4:54PM 11:38AM – 1:24PM	Purvaphalguni Until 7:17AM Mon Dhruva Until 1:10AM Mon	Ganesha: Blue Muruqa: Clear	Sunrise: 4:37AM Sunset: 6:39PM	Moon 4 - Phase 3 - 24	4th Phase
Creative Work Siddha Yoga		252996579	Rahu 4:54PM – 6:39PM	Vanija Until 10:51PM	Nataraja: Purple Moon – Red	Devaloka Day Vaisaka-Chaitra		
Until 4:56AM Sun								
Then Creative Work - Siddha Yoga								

3		Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, ME Sun 25 Sutra 15 Sobhana 5125
Simha Rasi: 26	Tithi 11 – 12	Gulika Yama	1:24PM – 3:10PM 9:52AM – 11:38AM	Purvaphalguni Until 7:17AM Vyaghata* Until 1:17AM Tue	Ganesha: Blue Muruqa: Clear	Sunrise: 4:34AM Sunset: 6:42PM	Moon 4 - Phase 3 - 25	4th Phase
Family Home Evening		252996579	Rahu 6:20AM – 8:06AM	Bava Until 12:19AM Tue	Nataraja: Purple Moon – Red	Devaloka Day Vaisaka-Chaitra		
Creative Work Siddha Yoga								
Until 9:00AM								
Then Creative Work - Siddha Yoga								

4		Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, ME Sun 26 Sutra 16 Sobhana 5125
Kanya Rasi: 8.2	Tithi 12 – 13	Gulika Yama	11:38AM – 1:24PM 8:05AM – 9:52AM	Uttaraphalguni Until 9:00AM Harshana Until 12:58AM Wed	Ganesha: Blue Muruqa: Clear	Sunrise: 4:33AM Sunset: 6:43PM	Moon 4 - Phase 3 - 26	4th Phase
Creative Work Amrita Yoga		252996579	Rahu 3:10PM – 4:57PM	Kaulava Until 1:11AM Wed	Nataraja: Purple Moon – Red	Devaloka Day Vaisaka-Chaitra		
Until 9:00AM								
Then Creative Work - Siddha Yoga								
		<i>Pradosha Vrata</i>						

5		Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, ME Sun 27 Sutra 17 Sobhana 5125
Kanya Rasi: 20.57	Tithi 13 – 14	Gulika Yama	9:51AM – 11:38AM 6:18AM – 8:05AM	Hasta Until 10:27AM Vajra* Until 12:07AM Thu	Ganesha: Yellow Muruqa: Clear	Sunrise: 4:31AM Sunset: 6:44PM	Moon 4 - Phase 3 - 27	4th Phase
Routine Work Marana Yoga		262996579	Rahu 11:38AM – 1:24PM	Gara Until 1:26AM Thu	Nataraja: Purple Moon – Green	Sivaloka Day Vaisaka-Chaitra		
Until 10:27AM								
Then Creative Work - Siddha Yoga								

		Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Portland, ME Sun 28 Sutra 18 Sobhana 5125
Tula Rasi: 3.52	Tithi 14 – 15	Gulika Yama	8:04AM – 9:51AM 4:30AM – 6:17AM	Chitra Until 11:07AM Siddhi Until 10:48PM	Ganesha: Yellow Muruqa: Clear	Sunrise: 4:30AM Sunset: 6:45PM	Moon 4 - Phase 3 -	Purnima
Creative Work Siddha Yoga		262996579	Rahu 1:25PM – 3:11PM	Vistil Until 1:03AM Fri	Nataraja: Purple Moon – Green	Sivaloka Day Vaisaka-Chaitra		
Until 11:07AM								
Then Creative Work - Amrita Yoga								
		Budha Purnima (Tamil Nadu)						

Friday, May 5, 2023		Silver Retreat Star		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, ME Sun 29 Sutra 19 Sobhana 5125
Tula Rasi: 17.05	Tithi 15 – 16	Gulika Yama	6:16AM – 8:03AM 3:12PM – 4:59PM	Svati Until 11:02AM Vyatipata* Until 9:01PM	Ganesha: Yellow Muruqa: Clear	Sunrise: 4:29AM Sunset: 6:46PM	Moon 4 - Phase 3 -	Prathama
Creative Work Siddha Yoga		262996579	Rahu 9:50AM – 11:38AM	Balava Until 12:05AM Sat	Nataraja: Purple Moon – Green	Sivaloka Day Vaisaka-Chaitra		
Until 11:07AM								
Then Creative Work - Amrita Yoga								

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda