



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Tula Rasi: 12.09 Tithi 16 – 17

268345478 **Gulika** 3:14PM – 4:55PM
Yama 11:53AM – 1:34PM
Rahu 4:55PM – 6:35PM

Svati Until 6:55PM

Vajra* Until 1:09PM

Taitila Until 10:16PM

Prathama* Until 11:33AM

Ganesha: Clear

Muruqa: White

Nataraja: White

Moon – Green

Chaitra*Chaitra

Sunrise: 5:11AM

Sunset: 6:35PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 -

1st Phase

Creative Work Siddha Yoga

Until 6:55PM

Then Routine Work - Marana Yoga

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Tula Rasi: 26.35 Tithi 17 – 18

278345478 **Gulika** 1:34PM – 3:15PM
Yama 10:12AM – 11:53AM
Rahu 6:51AM – 8:31AM

Vishakha Until 5:07PM

Siddhi Until 9:51AM

Vanija Until 7:32PM

Dvitiya Until 8:54AM

Ganesha: Purple

Muruqa: White

Nataraja: White

Moon – Orange

Chaitra*Chaitra

Sunrise: 5:10AM

Sunset: 6:36PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 - 1

1st Phase

Family Home Evening

Routine Work Marana Yoga

Until 5:07PM

Then Creative Work - Siddha Yoga

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*Varyani Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

Stamford, CT

Vischika Rasi: 11.08 Tithi 18 – 19

278345478 **Gulika** 11:53AM – 1:34PM
Yama 8:31AM – 10:12AM
Rahu 3:15PM – 4:56PM

Anuradha Until 3:06PM

Vyatipata* Until 6:29AM

Balava Until 3:21AM Wed

Tritiya Until 6:07AM

Ganesha: Purple

Muruqa: White

Nataraja: White

Moon – Orange

Chaitra*Chaitra

Sunrise: 5:08AM

Sunset: 6:37PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 - 2

1st Phase

Creative Work Siddha Yoga

Until 3:06PM

Then Routine Work - Marana Yoga

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Vischika Rasi: 25.41 Tithi 20

278345478 **Gulika** 10:11AM – 11:53AM
Yama 6:48AM – 8:30AM
Rahu 11:53AM – 1:34PM

Jyeshtha* Until 1:00PM

Parigha* Until 11:47PM

Kaulava Until 2:01PM

Panchami Until 12:40AM Thu

Ganesha: Purple

Muruqa: White

Nataraja: White

Moon – Orange

Chaitra*Chaitra

Sunrise: 5:07AM

Sunset: 6:38PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 - 3

1st Phase

Creative Work Siddha Yoga

Until 1:00PM

Then Routine Work - Marana Yoga

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Dhanus Rasi: 10.08 Tithi 21

288345478 **Gulika** 8:29AM – 10:11AM
Yama 5:05AM – 6:47AM
Rahu 1:34PM – 3:16PM

Mula* Until 11:19AM

Shiva Until 8:39PM

Gara Until 11:25AM

Shashthi* Until 10:11PM

Ganesha: Clear

Muruqa: White

Nataraja: White

Moon – Light Blue

Chaitra*Chaitra

Sunrise: 5:05AM

Sunset: 6:39PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 - 4

1st Phase

Creative Work Siddha Yoga

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Dhanus Rasi: 24.28 Tithi 22

289345478 **Gulika** 6:46AM – 8:28AM
Yama 3:16PM – 4:58PM
Rahu 10:10AM – 11:52AM

Purvashadha* Until 9:43AM

Siddha Until 5:42PM

Visti Until 9:03AM

Saptami Until 7:57PM

Ganesha: Purple

Muruqa: White

Nataraja: White

Moon – Light Blue

Chaitra*Chaitra

Sunrise: 5:04AM

Sunset: 6:40PM

Devaloka Day

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 - 5

1st Phase

Routine Work Prabalarishta Yoga

Until 9:43AM

Then Routine Work - Marana Yoga

6

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Makara Rasi: 8.35 Tithi 23

289345478 **Gulika** 5:03AM – 6:45AM
Yama 1:34PM – 3:17PM
Rahu 8:27AM – 10:10AM

Uttarashadha Until 8:15AM

Sadhya Until 3:00PM

Balava Until 6:58AM

Ashtami* Until 6:02PM

Ganesha: Purple

Muruqa: White

Nataraja: White

Moon – Light Blue

Chaitra*Chaitra

Sunrise: 5:03AM

Sunset: 6:41PM

Devaloka Day

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 - 6

Ashtami

Routine Work Marana Yoga

Until 8:15AM

Then Creative Work - Siddha Yoga

7

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stamford, CT

Makara Rasi: 22.31 Tithi 24 – 25

299345479 **Gulika** 3:17PM – 5:00PM
Yama 11:52AM – 1:34PM
Rahu 5:00PM – 6:42PM

Shravana Until 7:24AM

Subha Until 12:35PM

Vanija Until 3:47AM Mon

Navami* Until 4:26PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon – Purple

Chaitra*Chaitra

Sunrise: 5:01AM

Sunset: 6:42PM

Devaloka Day

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 4 - Phase 1 - 7

Navami

Creative Work Amrita Yoga

Until 7:24AM

Then Routine Work - Marana Yoga

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
	Kumbha Rasi: 6.14	Tithi 25 – 26	Gulika 1:35PM – 3:18PM	Dhanishtha Until 6:45AM	Ganesha: Clear	Sunrise: 5:00AM	Sun 8
	Family Home Evening	299345479	Yama 10:09AM – 11:52AM	Sukla Until 10:26AM	Muruqa: White	Sunset: 6:43PM	Subhakrit 5124
	Creative Work	Siddha Yoga	Rahu 6:43AM – 8:26AM	Bava Until 2:45AM Tue	Nataraja: Clear		Moon 4 - Phase 2 - 8
			Dashami Until 3:12PM	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Kumbha Rasi: 19.43	Tithi 26 – 27	Gulika 11:51AM – 1:35PM	Shatabhishak Until 6:19AM	Ganesha: Clear	Sunrise: 4:58AM	Sun 9
	Routine Work	Marana Yoga	Yama 8:25AM – 10:08AM	Brahma Until 8:36AM	Muruqa: White	Sunset: 6:45PM	Subhakrit 5124
	299345479		Rahu 3:18PM – 5:01PM	Kaulava Until 2:07AM Wed	Nataraja: Clear		Moon 4 - Phase 2 - 9
			Ekadashi* Until 2:21PM	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Meena Rasi: 2.59	Tithi 27 – 28	Gulika 10:08AM – 11:51AM	Purvaproshtapada* Until 6:36AM	Ganesha: Red	Sunrise: 4:57AM	Sun 10
	Creative Work	Amrita Yoga	Yama 6:41AM – 8:24AM	Indra Until 7:07AM	Muruqa: White	Sunset: 6:46PM	Subhakrit 5124
	Until 6:36AM	219345479	Rahu 11:51AM – 1:35PM	Gara Until 1:54AM Thu	Nataraja: Clear		Moon 4 - Phase 2 - 10
Then Creative Work - Siddha Yoga			Dvadashi* Until 1:56PM	Moon – Clear		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Meena Rasi: 16.02	Tithi 28 – 29	Gulika 8:23AM – 10:07AM	Uttaraproshtapada Until 7:10AM	Ganesha: Blue	Sunrise: 4:56AM	Sun 11
	Creative Work	Siddha Yoga	Yama 4:56AM – 6:39AM	Vishkambha* Until 5:11AM Fri	Muruqa: White	Sunset: 6:47PM	Subhakrit 5124
	219445479		Rahu 1:35PM – 3:19PM	Vistii Until 2:10AM Fri	Nataraja: Clear		Moon 4 - Phase 2 - 11
			Trayodashi* Until 1:57PM	Moon – Clear		2nd Phase	
				Chaitra*Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

	Friday, April 29, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT	
	Retreat Star		Meena Rasi: 28.5	Tithi 29 – 30	Gulika 6:38AM – 8:23AM	Revati Until 8:02AM	Ganesha: White	Sunrise: 4:54AM
	Creative Work	Siddha Yoga	Yama 3:19PM – 5:04PM	Priti Until 4:48AM Sat	Muruqa: White	Sunset: 6:48PM	Subhakrit 5124	
	Until 8:02AM	211445479	Rahu 10:07AM – 11:51AM	Catuspada Until 2:55AM Sat	Nataraja: Clear		Moon 4 - Phase 2 - 12	
Then Creative Work - Amrita Yoga			Chaturdashi* Until 2:27PM	Moon – Clear		Amavasya		
				Chaitra*Chaitra		Bhuloka Day		
						Devaloka Time: 6:PM to 9:PM		

Retreat Star	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
	Mesha Rasi: 11.25	Tithi 30 – 1	Gulika 4:53AM – 6:37AM	Ashvini Until 9:41AM	Ganesha: Green	Sunrise: 4:53AM	Sun 13
	Creative Work	Siddha Yoga	Yama 1:35PM – 3:20PM	Ayushman Until 4:46AM Sun	Muruqa: White	Sunset: 6:49PM	Subhakrit 5124
	221445479		Rahu 8:22AM – 10:06AM	Kintughna Until 4:10AM Sun	Nataraja: Clear		Moon 4 - Phase 2 - 13
			Amavasya* Until 3:27PM	Moon – White		Prathama	
				Vaisaka*Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT			
Mesha Rasi: 23.46 Tithi 1 – 2		Bharani/ Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 14 Sutra 14			
Routine Work	Prabalarishta Yoga	Gulika 3:20PM – 5:05PM	Bharani Until 11:40AM	Ganesha: Green <i>Sunrise:</i> 4:52AM	Subhakrit 5124
Until 11:40AM		Yama 11:51AM – 1:35PM	Saubhagya Until 5:07AM Mon	Muruqa: White <i>Sunset:</i> 6:50PM	Moon 4 - Phase 3 - 14
Then Creative Work - Siddha Yoga		221445479 Rahu 5:05PM – 6:50PM	Balava Until 5:52AM Mon	Nataraja: Clear	3rd Phase
			Prathama* Until 4:56PM	Moon – White	
				Vaisaka*Chaitra	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT			
Vrishabha Rasi: 5.56 Tithi 2		Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 15			
Family Home Evening		Gulika 1:36PM – 3:21PM	Krittika Until 1:55PM	Ganesha: Green <i>Sunrise:</i> 4:50AM	Subhakrit 5124
Routine Work	Marana Yoga	Yama 10:05AM – 11:51AM	Sobhana Until 5:47AM Tue	Muruqa: White <i>Sunset:</i> 6:51PM	Moon 4 - Phase 3 - 15
Until 1:55PM		221445479 Rahu 6:35AM – 8:20AM	Kaulava Until 6:51PM	Nataraja: Clear	3rd Phase
Then Creative Work - Amrita Yoga			Dvitiya Until 6:51PM	Moon – White	
				Vaisaka*Chaitra	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT			
Vrishabha Rasi: 17.56 Tithi 3		Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau Sun 16 Sutra 16			
Creative Work	Amrita Yoga	Gulika 11:50AM – 1:36PM	Rohini Until 4:50PM	Ganesha: White <i>Sunrise:</i> 4:49AM	Subhakrit 5124
Until 4:50PM		Yama 8:20AM – 10:05AM	Athiganda* Until 6:38AM Wed	Muruqa: White <i>Sunset:</i> 6:52PM	Moon 4 - Phase 3 - 16
Then Creative Work - Siddha Yoga		231445479 Rahu 3:21PM – 5:07PM	Taitila Until 7:58AM	Nataraja: Clear	3rd Phase
			Akshaya Tritiya	Moon – Yellow	
			Tritiya Until 9:06PM	Vaisaka*Chaitra	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Stamford, CT			
Vrishabha Rasi: 29.5 Tithi 4		Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthayam Titau Sun 17 Sutra 17			
Creative Work	Siddha Yoga	Gulika 10:05AM – 11:50AM	Mrigashira Until 7:48PM	Ganesha: White <i>Sunrise:</i> 4:48AM	Subhakrit 5124
		Yama 6:33AM – 8:19AM	Athiganda* Until 6:38AM	Muruqa: White <i>Sunset:</i> 6:53PM	Moon 4 - Phase 3 - 17
		231445479 Rahu 11:50AM – 1:36PM	Vanija Until 10:21AM	Nataraja: Clear	3rd Phase
			Chaturthi* Until 11:34PM	Moon – Yellow	
				Vaisaka*Chaitra	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Stamford, CT			
Mithuna Rasi: 11.41 Tithi 5		Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 18			
Routine Work	Marana Yoga	Gulika 8:18AM – 10:04AM	Ardra Until 10:40PM	Ganesha: White <i>Sunrise:</i> 4:47AM	Subhakrit 5124
Until 10:40PM		Yama 4:47AM – 6:32AM	Sukarma Until 7:37AM	Muruqa: White <i>Sunset:</i> 6:54PM	Moon 4 - Phase 3 - 18
Then Creative Work - Amrita Yoga		231445479 Rahu 1:36PM – 3:22PM	Bava Until 12:51PM	Nataraja: Clear	3rd Phase
			Panchami Until 2:04AM Fri	Moon – Yellow	
				Vaisaka*Chaitra	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Stamford, CT			
Mithuna Rasi: 23.31 Tithi 6		Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 19 Sutra 19			
Creative Work	Siddha Yoga	Gulika 6:32AM – 8:18AM	Punarvasu Until 1:46AM Sat	Ganesha: Clear <i>Sunrise:</i> 4:45AM	Subhakrit 5124
		Yama 3:23PM – 5:09PM	Dhriti Until 8:36AM	Muruqa: White <i>Sunset:</i> 6:55PM	Moon 4 - Phase 3 - 19
		241445479 Rahu 10:04AM – 11:50AM	Kaulava Until 3:18PM	Nataraja: Clear	3rd Phase
			Shashthi* Until 4:26AM Sat	Moon – Blue	
				Vaisaka*Chaitra	Devaloka Day

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Stamford, CT			
Retreat Star		Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 20			
Kataka Rasi: 5.26 Tithi 7		Gulika 4:44AM – 6:31AM	Pushya Until 4:25AM Sun	Ganesha: Clear <i>Sunrise:</i> 4:44AM	Subhakrit 5124
Creative Work	Siddha Yoga	Yama 1:37PM – 3:23PM	Shula* Until 9:26AM	Muruqa: White <i>Sunset:</i> 6:56PM	Moon 4 - Phase 3 - 20
		241445479 Rahu 8:17AM – 10:04AM	Gara Until 5:31PM	Nataraja: Clear	3rd Phase
			Saptami Until 6:28AM Sun	Moon – Blue	
				Vaisaka*Chaitra	Devaloka Day

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT			
Retreat Star		Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 21			
Kataka Rasi: 17.28 Tithi 7 – 8		Gulika 3:24PM – 5:10PM	Ashlesha* Until 6:25AM Mon	Ganesha: Clear <i>Sunrise:</i> 4:43AM	Subhakrit 5124
Creative Work	Siddha Yoga	Yama 11:50AM – 1:37PM	Ganda* Until 10:00AM	Muruqa: White <i>Sunset:</i> 6:57PM	Moon 4 - Phase 3 - 21
Until 6:25AM Mon		241445479 Rahu 5:10PM – 6:57PM	Visti Until 7:20PM	Nataraja: Clear	Ashtami
Then Routine Work - Marana Yoga			Saptami Until 6:28AM	Moon – Blue	
				Vaisaka*Chaitra	Devaloka Day

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT			
Retreat Star		Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 22			
Kataka Rasi: 29.41 Tithi 8 – 9		Gulika 1:37PM – 3:24PM	Ashlesha* Until 6:25AM	Ganesha: Clear <i>Sunrise:</i> 4:42AM	Subhakrit 5124
Family Home Evening		Yama 10:03AM – 11:50AM	Vridhhi Until 10:11AM	Muruqa: White <i>Sunset:</i> 6:58PM	Moon 4 - Phase 3 - 22
Creative Work	Siddha Yoga	241445479 Rahu 6:29AM – 8:16AM	Balava Until 8:33PM	Nataraja: Clear	Navami
Until 6:25AM			Ashtami* Until 8:00AM	Moon – Blue	
Then Routine Work - Marana Yoga				Vaisaka*Chaitra	Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
Simha Rasi: 12.12	Tithi 9 – 10	Gulika 11:50AM – 1:37PM	Magha* Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Sun 23 Sutra 23
		Yama 8:15AM – 10:03AM	Dhruva Until 9:49AM	Muruqa: White	<i>Sunset:</i> 6:59PM	Subhakrit 5124
252445479	Rahu 3:25PM – 5:12PM		Taitila Until 9:04PM	Nataraja: Clear		Moon 4 - Phase 4 - 23
Creative Work	Siddha Yoga		Navami* Until 8:53AM	Moon – Red		4th Phase
				Vaisaka-Chaitra		Devaloka Day

2 Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT
Simha Rasi: 25.03	Tithi 10 – 11	Gulika 10:02AM – 11:50AM	Purvaphalguni Until 8:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Sun 24 Sutra 24
		Yama 6:27AM – 8:15AM	Vyaghata* Until 8:53AM	Muruqa: White	<i>Sunset:</i> 7:00PM	Subhakrit 5124
252445479	Rahu 11:50AM – 1:37PM		Vanija Until 8:49PM	Nataraja: Clear		Moon 4 - Phase 4 - 24
Creative Work	Amrita Yoga		Dashami Until 9:01AM	Moon – Red		4th Phase
				Vaisaka-Chaitra		Devaloka Day

3 Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
Kanya Rasi: 8.18	Tithi 11 – 12	Gulika 8:14AM – 10:02AM	Uttaraphalguni Until 8:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:39AM	Sun 25 Sutra 25
		Yama 4:39AM – 6:26AM	Harshana Until 7:21AM	Muruqa: White	<i>Sunset:</i> 7:01PM	Subhakrit 5124
252445479	Rahu 1:38PM – 3:26PM		Bava Until 7:47PM	Nataraja: Clear		Moon 4 - Phase 4 - 25
	Amrita Yoga		Ekadashi Until 8:23AM	Moon – Red		4th Phase
Until 8:51AM				Vaisaka-Chaitra		Devaloka Day
Then Routine Work - Marana Yoga						

4 Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT
Kanya Rasi: 21.59	Tithi 12 – 13	Gulika 6:26AM – 8:14AM	Hasta Until 8:19AM	Ganesha: White	<i>Sunrise:</i> 4:38AM	Sun 26 Sutra 26
		Yama 3:26PM – 5:14PM	Siddhi Until 2:28AM Sat	Muruqa: White	<i>Sunset:</i> 7:02PM	Subhakrit 5124
252445479	Rahu 10:02AM – 11:50AM		Kaulava Until 6:02PM	Nataraja: Clear		Moon 4 - Phase 4 - 26
Creative Work	Amrita Yoga		Dvadashi Until 6:58AM	Moon – Green		4th Phase
Until 8:19AM				Vaisaka-Chaitra		Sivaloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

5 Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
Tula Rasi: 6.05	Tithi 14	Gulika 4:37AM – 6:25AM	Chitra Until 6:58AM	Ganesha: White	<i>Sunrise:</i> 4:37AM	Sun 27 Sutra 27
		Yama 1:38PM – 3:26PM	Vyatipata* Until 11:19PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Subhakrit 5124
262445479	Rahu 8:13AM – 10:02AM		Gara Until 3:40PM	Nataraja: Clear		Moon 4 - Phase 4 - 27
Routine Work	Marana Yoga		Chaturdashi* Until 2:16AM Sun	Moon – Green		4th Phase
Until 6:58AM				Vaisaka-Vaikasi		Sivaloka Day
Then Creative Work - Siddha Yoga						

○ Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
Copper Retreat Star		Gulika 3:27PM – 5:16PM	Vishakha Until 2:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	Sun 28 Sutra 28
Tula Rasi: 20.33	Tithi 15	Yama 11:50AM – 1:38PM	Variyan Until 7:46PM	Muruqa: White	<i>Sunset:</i> 7:04PM	Subhakrit 5124
272445479	Rahu 5:16PM – 7:04PM		Visti Until 12:49PM	Nataraja: Clear		Moon 4 - Phase 4 - Purnima
Routine Work	Marana Yoga		Purnima* Until 11:14PM	Moon – Orange		
Until 2:47AM Mon				Vaisaka-Vaikasi		Devaloka Day
Then Creative Work - Siddha Yoga						

Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT
Silver Retreat Star		Gulika 1:39PM – 3:27PM	Anuradha Until 12:15AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Sun 29 Sutra 29
Vrischika Rasi: 5.19	Tithi 16	Yama 10:01AM – 11:50AM	Parigha* Until 4:00PM	Muruqa: White	<i>Sunset:</i> 7:05PM	Subhakrit 5124
Family Home Evening	272445479	Rahu 6:23AM – 8:12AM	Balava Until 9:37AM	Nataraja: Clear		Moon 4 - Phase 4 - Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:56PM	Moon – Orange		
Until 12:15AM Tue				Vaisaka-Vaikasi		Devaloka Day
Then Routine Work - Marana Yoga						



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT
Sun 1
Sutra 30
Subhakrit 5124

Vrischika Rasi: 20.14 Tithi 17 - 18

272445479

Gulika 11:50AM - 1:39PM
Yama 8:12AM - 10:01AM
Rahu 3:28PM - 5:17PM

Jyeshtha* Until 9:31PM
Shiva Until 12:07PM
Taitila Until 6:14AM
Dvitiya Until 4:31PM

Ganesha: Yellow *Sunrise:* 4:34AM
Muruqa: White *Sunset:* 7:06PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga

Until 9:31PM

Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Stamford, CT
Sun 2
Sutra 31
Subhakrit 5124

Dhanus Rasi: 5.11 Tithi 18 - 19

282445479

Gulika 10:01AM - 11:50AM
Yama 6:22AM - 8:11AM
Rahu 11:50AM - 1:39PM

Mula* Until 7:07PM
Siddha Until 8:13AM
Bava Until 11:30PM
Tritiya Until 1:08PM

Ganesha: Blue *Sunrise:* 4:33AM
Muruqa: White *Sunset:* 7:07PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT
Sun 3
Sutra 32
Subhakrit 5124

Dhanus Rasi: 20.02 Tithi 19 - 20

282445479

Gulika 8:11AM - 10:00AM
Yama 4:32AM - 6:21AM
Rahu 1:39PM - 3:29PM

Purvashadha* Until 4:47PM
Subha Until 12:55AM Fri
Kaulava Until 8:26PM
Chaturthi* Until 9:55AM

Ganesha: Blue *Sunrise:* 4:32AM
Muruqa: White *Sunset:* 7:08PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

Until 4:47PM

Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Stamford, CT
Sun 4
Sutra 33
Subhakrit 5124

Makara Rasi: 4.41 Tithi 20 - 21

282445479

Gulika 6:21AM - 8:11AM
Yama 3:29PM - 5:19PM
Rahu 10:00AM - 11:50AM

Uttarashadha Until 2:40PM
Sukla Until 9:41PM
Vanija Until 4:31AM Sat
Panchami Until 7:01AM

Ganesha: Blue *Sunrise:* 4:31AM
Muruqa: White *Sunset:* 7:09PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saphtamyam Titau

Stamford, CT
Sun 5
Sutra 34
Subhakrit 5124

Makara Rasi: 19.02 Tithi 22

292445479

Gulika 4:30AM - 6:20AM
Yama 1:40PM - 3:30PM
Rahu 8:10AM - 10:00AM

Shravana Until 1:17PM
Brahma Until 6:51PM
Visti Until 3:28PM
Saphtami Until 2:31AM Sun

Ganesha: Red *Sunrise:* 4:30AM
Muruqa: White *Sunset:* 7:10PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, May 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT
Sun 6
Sutra 35
Subhakrit 5124

Kumbha Rasi: 3.02 Tithi 23

292445479

Gulika 3:30PM - 5:21PM
Yama 11:50AM - 1:40PM
Rahu 5:21PM - 7:11PM

Dhanishtha Until 12:17PM
Indra Until 4:29PM
Balava Until 1:45PM
Ashtami* Until 1:06AM Mon

Ganesha: Red *Sunrise:* 4:30AM
Muruqa: White *Sunset:* 7:11PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga

Until 12:17PM

Then Creative Work - Siddha Yoga

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT
Sun 7
Sutra 36
Subhakrit 5124

Kumbha Rasi: 16.42 Tithi 24

293545479

Gulika 1:41PM - 3:31PM
Yama 10:00AM - 11:50AM
Rahu 6:19AM - 8:09AM

Shatabhishak Until 11:43AM
Vaidhriti* Until 2:34PM
Taitila Until 12:38PM
Navami* Until 12:16AM Tue

Ganesha: Red *Sunrise:* 4:29AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 11:43AM

Then Routine Work - Marana Yoga

1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshthapada/Uttaraproshthapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Stamford, CT
Meena Rasi: 0.01	Tithi 25						Sun 8	Sutra 37
		Gulika	11:50AM – 1:41PM	Purvaproshthapada* Until 12:03PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM		Subhakrit 5124
		Yama	8:09AM – 10:00AM	Vishkambha* Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:13PM		Moon 5 - Phase 6 - 8
		213545479 Rahu	3:31PM – 5:22PM	Vanija Until 12:06PM	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga			Dashami Until 12:02AM Wed	Moon – Clear			Devaloka Day
Until 12:03PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshthapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT
Meena Rasi: 13.01	Tithi 26						Sun 9	Sutra 38
		Gulika	10:00AM – 11:50AM	Uttaraproshthapada Until 12:48PM	Ganesha: Purple	<i>Sunrise:</i> 4:27AM		Subhakrit 5124
		Yama	6:18AM – 8:09AM	Priti Until 12:13PM	Muruqa: White	<i>Sunset:</i> 7:13PM		Moon 5 - Phase 6 - 9
		313545479 Rahu	11:50AM – 1:41PM	Bava Until 12:10PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 12:23AM Thu	Moon – Clear			Sivaloka Day
Until 12:48PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		Stamford, CT
Meena Rasi: 25.45	Tithi 27						Sun 10	Sutra 39
		Gulika	8:09AM – 10:00AM	Revati Until 1:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:27AM		Subhakrit 5124
		Yama	4:27AM – 6:18AM	Ayushman Until 11:42AM	Muruqa: White	<i>Sunset:</i> 7:14PM		Moon 5 - Phase 6 - 10
		313545479 Rahu	1:41PM – 3:32PM	Kaulava Until 12:47PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 1:17AM Fri	Moon – Clear			Sivaloka Day
Until 1:57PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT
Mesha Rasi: 8.14	Tithi 28						Sun 11	Sutra 40
		Gulika	6:17AM – 8:08AM	Ashvini Until 3:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:26AM		Subhakrit 5124
		Yama	3:33PM – 5:24PM	Saubhagya Until 11:35AM	Muruqa: White	<i>Sunset:</i> 7:15PM		Moon 5 - Phase 6 - 11
		323545479 Rahu	9:59AM – 11:51AM	Gara Until 1:55PM	Nataraja: Clear			2nd Phase
Creative Work	Amrita Yoga			Trayodashi* Until 2:39AM Sat	Moon – White			Devaloka Day
Until 3:54PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT
Mesha Rasi: 20.31	Tithi 29						Sun 12	Sutra 41
		Gulika	4:25AM – 6:17AM	Bharani Until 6:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM		Subhakrit 5124
		Yama	1:42PM – 3:33PM	Sobhana Until 11:51AM	Muruqa: White	<i>Sunset:</i> 7:16PM		Moon 5 - Phase 6 - 12
		323545479 Rahu	8:08AM – 9:59AM	Visti Until 3:30PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 4:25AM Sun	Moon – White			Devaloka Day
Until 6:08PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT
Vrishabha Rasi: 2.38	Tithi 30						Sun 13	Sutra 42
		Gulika	3:34PM – 5:25PM	Krittika Until 8:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM		Subhakrit 5124
		Yama	11:51AM – 1:42PM	Athiganda* Until 12:22PM	Muruqa: White	<i>Sunset:</i> 7:17PM		Moon 5 - Phase 6 - 13
		323545479 Rahu	5:25PM – 7:17PM	Catuspada Until 5:28PM	Nataraja: Clear			Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 6:32AM Mon	Moon – White			Devaloka Day
					Vaisaka-Vaikasi			

Retreat Star		Monday, May 30, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT
Vrishabha Rasi: 14.37	Tithi 30 – 1						Sun 14	Sutra 43
Family Home Evening		Gulika	1:43PM – 3:34PM	Rohini Until 11:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:24AM		Subhakrit 5124
		Yama	9:59AM – 11:51AM	Sukarma Until 1:09PM	Muruqa: White	<i>Sunset:</i> 7:18PM		Moon 5 - Phase 6 - 14
		333545479 Rahu	6:16AM – 8:08AM	Kintughna Until 7:42PM	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga			Amavasya* Until 6:32AM	Moon – Yellow			Devaloka Day
					Jyeshtha-Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Tuesday, May 31, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 44 Subhakarit 5124	
Wrisabha Rasi: 26.31	Tithi 1 – 2	Gulika 11:51AM – 1:43PM	Mrigashira Until 2:33AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:24AM		
		Yama 8:07AM – 9:59AM	Dhriti Until 2:06PM	Muruqa: White	<i>Sunset:</i> 7:18PM	Moon 5 - Phase 7 - 15	
333545479	Rahu 3:35PM – 5:26PM		Balava Until 10:07PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 8:52AM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2		Wednesday, June 1, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 16 Sutra 45 Subhakarit 5124	
Mithuna Rasi: 8.22	Tithi 2 – 3	Gulika 9:59AM – 11:51AM	Ardra Until 5:25AM Thu	Ganesha: Orange	<i>Sunrise:</i> 4:23AM		
		Yama 6:15AM – 8:07AM	Shula* Until 3:05PM	Muruqa: White	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 7 - 16	
333545479	Rahu 11:51AM – 1:43PM		Taitila Until 12:36AM Thu	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 11:20AM	Moon – Yellow		Devaloka Day	
Until 5:25AM Thu				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

3		Thursday, June 2, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Stamford, CT Sun 17 Sutra 46 Subhakarit 5124	
Mithuna Rasi: 20.11	Tithi 3 – 4	Gulika 8:07AM – 9:59AM	Punarvasu Until 8:35AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:23AM		
		Yama 4:23AM – 6:15AM	Ganda* Until 4:06PM	Muruqa: Green	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 7 - 17	
343555479	Rahu 1:43PM – 3:36PM		Vanija Until 3:03AM Fri	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 1:49PM	Moon – Blue		Devaloka Day	
Until 8:35AM Fri				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

4		Friday, June 3, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 18 Sutra 47 Subhakarit 5124	
Kataka Rasi: 2.02	Tithi 4 – 5	Gulika 6:15AM – 8:07AM	Punarvasu Until 8:35AM	Ganesha: Clear	<i>Sunrise:</i> 4:23AM		
		Yama 3:36PM – 5:28PM	Vridhi Until 5:03PM	Muruqa: Green	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 7 - 18	
343555479	Rahu 9:59AM – 11:52AM		Bava Until 5:20AM Sat	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 4:12PM	Moon – Blue		Devaloka Day	
Until 8:35AM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

5		Saturday, June 4, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau		Stamford, CT Sun 19 Sutra 48 Subhakarit 5124	
Kataka Rasi: 13.58	Tithi 5	Gulika 4:22AM – 6:15AM	Pushya Until 11:23AM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM		
		Yama 1:44PM – 3:36PM	Dhruva Until 5:47PM	Muruqa: Green	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 7 - 19	
343555479	Rahu 8:07AM – 9:59AM		Balava Until 6:21PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 6:21PM	Moon – Blue		Devaloka Day	
Until 11:23AM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

6		Sunday, June 5, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT Sun 20 Sutra 49 Subhakarit 5124	
Kataka Rasi: 26.01	Tithi 6	Gulika 3:37PM – 5:29PM	Ashlesha* Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM		
		Yama 11:52AM – 1:44PM	Vyaghata* Until 6:15PM	Muruqa: Green	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 7 - 20	
343555471	Rahu 5:29PM – 7:22PM		Kaulava Until 7:19AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 8:08PM	Moon – Blue		Devaloka Day	
Until 1:42PM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

Monday, June 6, 2022		Retreat Star		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 21 Sutra 50 Subhakarit 5124	
Simha Rasi: 8.13	Tithi 7	Gulika 1:45PM – 3:37PM	Magha* Until 3:53PM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM		
Family Home Evening		Yama 9:59AM – 11:52AM	Harshana Until 6:21PM	Muruqa: Green	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 7 - 21	
354555471	Rahu 6:14AM – 8:07AM		Gara Until 8:51AM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Saptami Until 9:23PM	Moon – Red		Devaloka Day	
Until 3:53PM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

Tuesday, June 7, 2022		Retreat Star		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 22 Sutra 51 Subhakarit 5124	
Simha Rasi: 20.41	Tithi 8	Gulika 11:52AM – 1:45PM	Purvaphalguni Until 5:18PM	Ganesha: Clear	<i>Sunrise:</i> 4:21AM		
		Yama 8:07AM – 9:59AM	Vajra* Until 5:55PM	Muruqa: Green	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 7 - 22	
354555471	Rahu 3:38PM – 5:30PM		Visti Until 9:48AM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 10:00PM	Moon – Red		Devaloka Day	
Until 5:18PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

Wednesday, June 8, 2022		Retreat Star		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 23 Sutra 52 Subhakarit 5124	
Kanya Rasi: 3.28	Tithi 9	Gulika 10:00AM – 11:52AM	Uttaraphalguni Until 5:51PM	Ganesha: Clear	<i>Sunrise:</i> 4:21AM		
		Yama 6:14AM – 8:07AM	Siddhi Until 4:55PM	Muruqa: Green	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 7 - 23	
354555471	Rahu 11:52AM – 1:45PM		Balava Until 10:03AM	Nataraja: Yellow		Navami	
Creative Work	Amrita Yoga		Navami* Until 9:51PM	Moon – Red		Devaloka Day	
Until 5:51PM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Stamford, CT Sun 24
	Kanya Rasi: 16.37	Tithi 10	Gulika 8:07AM – 10:00AM	Hasta Until 5:55PM	Ganesha: White <i>Sunrise: 4:21AM</i>		Subhakrit 5124
			Yama 4:21AM – 6:14AM	Vyatipata* Until 3:19PM	Muruqa: Green <i>Sunset: 7:24PM</i>		Moon 5 - Phase 8 - 24
		364555471	Rahu 1:45PM – 3:38PM	Taitila Until 9:31AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga Until 5:55PM Then Creative Work - Siddha Yoga			Dashami Until 8:56PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT Sun 25
	Tula Rasi: 0.13	Tithi 11	Gulika 6:14AM – 8:07AM	Chitra Until 5:05PM	Ganesha: White <i>Sunrise: 4:21AM</i>		Subhakrit 5124
			Yama 3:39PM – 5:32PM	Variyan Until 1:03PM	Muruqa: Green <i>Sunset: 7:25PM</i>		Moon 5 - Phase 8 - 25
		364555471	Rahu 10:00AM – 11:53AM	Vanija Until 8:12AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 7:14PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26
	Tula Rasi: 14.17	Tithi 12 – 13	Gulika 4:21AM – 6:14AM	Svati Until 3:24PM	Ganesha: White <i>Sunrise: 4:21AM</i>		Subhakrit 5124
			Yama 1:46PM – 3:39PM	Parigha* Until 10:13AM	Muruqa: Green <i>Sunset: 7:25PM</i>		Moon 5 - Phase 8 - 26
		364555471	Rahu 8:07AM – 10:00AM	Bava Until 6:08AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 4:51PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
<i>Pradosha Vrata</i>							

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27
	Tula Rasi: 28.46	Tithi 13 – 14	Gulika 3:39PM – 5:33PM	Vishakha Until 1:24PM	Ganesha: Yellow <i>Sunrise: 4:20AM</i>		Subhakrit 5124
			Yama 11:53AM – 1:46PM	Shiva Until 6:53AM	Muruqa: Green <i>Sunset: 7:26PM</i>		Moon 5 - Phase 8 - 27
		374555471	Rahu 5:33PM – 7:26PM	Gara Until 12:15AM Mon	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Trayodashi Until 1:53PM	Moon – Orange	Devaloka Day		
			Vaikasi Visakam	Jyeshtha-Vaikasi			

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sun 28
	Copper Retreat Star		Gulika 1:47PM – 3:40PM	Anuradha Until 10:50AM	Ganesha: Yellow <i>Sunrise: 4:20AM</i>		Subhakrit 5124
	Vrischika Rasi: 13.37	Tithi 14 – 15	Yama 10:00AM – 11:53AM	Sadhya Until 11:06PM	Muruqa: Green <i>Sunset: 7:26PM</i>		Moon 5 - Phase 8 - Purnima
	Family Home Evening		374555471 Rahu 6:14AM – 8:07AM	Visti Until 8:42PM	Nataraja: Yellow		
Creative Work Siddha Yoga			Chaturdashi* Until 10:30AM	Moon – Orange	Devaloka Day		
				Jyeshtha-Vaikasi			

5	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 29
	Silver Retreat Star		Gulika 11:54AM – 1:47PM	Jyeshtha* Until 7:52AM	Ganesha: Yellow <i>Sunrise: 4:20AM</i>		Subhakrit 5124
	Vrischika Rasi: 28.44	Tithi 15 – 16	Yama 8:07AM – 10:00AM	Subha Until 6:57PM	Muruqa: Green <i>Sunset: 7:27PM</i>		Moon 5 - Phase 8 - Prathama
			374555471 Rahu 3:40PM – 5:33PM	Kaulava Until 3:02AM Wed	Nataraja: Yellow		
Routine Work Marana Yoga Until 7:52AM Then Creative Work - Amrita Yoga			Purnima* Until 6:49AM	Moon – Orange	Devaloka Day		
				Jyeshtha-Vaikasi			



Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 59

Subhakrit 5124

Dhanus Rasi: 13.56

Tithi 17

384555471

Gulika

10:00AM – 11:54AM

Yama

6:14AM – 8:07AM

Rahu

11:54AM – 1:47PM

Purvashadha* Until 2:08AM Thu

Sukla Until 2:44PM

Taitila Until 1:09PM

Dvitiya Until 11:17PM

Ganesha: Blue

Sunrise: 4:20AM

Muruqa: Green

Sunset: 7:27PM

Nataraja: Yellow

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Moon 6 - Phase 9 -

1st Phase

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

1

Thursday, June 16, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trityayam Titau

Stamford, CT

Sun 1 Sutra 60

Subhakrit 5124

Dhanus Rasi: 29.05

Tithi 18

384555471

Gulika

8:07AM – 10:01AM

Yama

4:20AM – 6:14AM

Rahu

1:47PM – 3:41PM

Uttarashadha Until 11:21PM

Brahma Until 10:40AM

Vanija Until 9:30AM

Tritiya Until 7:45PM

Ganesha: Blue

Sunrise: 4:20AM

Muruqa: Green

Sunset: 7:28PM

Nataraja: Yellow

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Moon 6 - Phase 9 - 1

1st Phase

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

2

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 2 Sutra 61

Subhakrit 5124

Makara Rasi: 14.01

Tithi 19 – 20

394555471

Gulika

6:14AM – 8:07AM

Yama

3:41PM – 5:34PM

Rahu

10:01AM – 11:54AM

Shravana Until 9:13PM

Indra Until 6:51AM

Bava Until 6:07AM

Chaturthi* Until 4:34PM

Ganesha: Red

Sunrise: 4:20AM

Muruqa: Green

Sunset: 7:28PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Moon 6 - Phase 9 - 2

1st Phase

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

3

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Stamford, CT

Sun 3 Sutra 62

Subhakrit 5124

Makara Rasi: 28.37

Tithi 20 – 21

394655471

Gulika

4:21AM – 6:14AM

Yama

1:48PM – 3:41PM

Rahu

8:07AM – 10:01AM

Dhanishtha Until 7:29PM

Vishkambha* Until 12:24AM Sun

Gara Until 12:49AM Sun

Panchami Until 1:54PM

Ganesha: Blue

Sunrise: 4:21AM

Muruqa: Green

Sunset: 7:28PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Moon 6 - Phase 9 - 3

1st Phase

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

4

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 4 Sutra 63

Subhakrit 5124

Kumbha Rasi: 12.49

Tithi 21 – 22

395655471

Gulika

3:42PM – 5:35PM

Yama

11:55AM – 1:48PM

Rahu

5:35PM – 7:28PM

Shatabhishak Until 6:16PM

Priti Until 10:00PM

Visti Until 11:08PM

Shashthi* Until 11:52AM

Ganesha: Red

Sunrise: 4:21AM

Muruqa: Green

Sunset: 7:28PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Moon 6 - Phase 9 - 4

1st Phase

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 5 Sutra 64

Subhakrit 5124

Kumbha Rasi: 26.34

Tithi 22 – 23

315655471

Gulika

1:48PM – 3:42PM

Yama

10:01AM – 11:55AM

Rahu

6:14AM – 8:08AM

Purvaproshtapada* Until 6:05PM

Ayushman Until 8:10PM

Balava Until 10:12PM

Saptami Until 10:33AM

Ganesha: Clear

Sunrise: 4:21AM

Muruqa: Green

Sunset: 7:29PM

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Moon 6 - Phase 9 - 5

Ashtami

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 6 Sutra 65

Subhakrit 5124

Meena Rasi: 9.52

Tithi 23 – 24

315655471

Gulika

11:55AM – 1:48PM

Yama

8:08AM – 10:02AM

Rahu

3:42PM – 5:35PM

Uttaraproshtapada Until 6:32PM

Saubhagya Until 6:59PM

Taitila Until 10:03PM

Ashtami* Until 10:01AM

Ganesha: Clear

Sunrise: 4:21AM

Muruqa: Green

Sunset: 7:29PM

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Moon 6 - Phase 9 - 6

Navami

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Stamford, CT on 4/26/21

www.gurudeva.org/panchang

1		Wednesday, June 22, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT Sun 7 Sutra 66	
Meena Rasi: 22.47	Tithi 24 – 25	Gulika 10:02AM – 11:55AM	Revati Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 4:21AM	Subhakit 5124	
		Yama 6:15AM – 8:08AM	Sobhana Until 6:24PM	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 7	
		315655471 Rahu 11:55AM – 1:49PM	Vanija Until 10:38PM	Nataraja: Yellow		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 10:14AM	Moon – Clear		Devaloka Day	
				Jyeshtha-Ani			

2		Thursday, June 23, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 8 Sutra 67	
Mesha Rasi: 5.2	Tithi 25 – 26	Gulika 8:08AM – 10:02AM	Ashvini Until 9:31PM	Ganesha: Purple	<i>Sunrise:</i> 4:22AM	Subhakit 5124	
		Yama 4:22AM – 6:15AM	Athiganda* Until 6:19PM	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 8	
		325655471 Rahu 1:49PM – 3:42PM	Bava Until 11:53PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 11:10AM	Moon – White		Bhuloka Day	
Until 9:31PM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

3		Friday, June 24, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 9 Sutra 68	
Mesha Rasi: 17.38	Tithi 26 – 27	Gulika 6:15AM – 8:09AM	Bharani Until 11:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:22AM	Subhakit 5124	
		Yama 3:43PM – 5:36PM	Sukarma Until 6:41PM	Muruqa: Green	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 10 - 9	
		325655471 Rahu 10:02AM – 11:56AM	Kaulava Until 1:39AM Sat	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 12:41PM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

4		Saturday, June 25, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 10 Sutra 69	
Mesha Rasi: 29.44	Tithi 27 – 28	Gulika 4:22AM – 6:16AM	Krittika Until 2:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:22AM	Subhakit 5124	
		Yama 1:49PM – 3:43PM	Dhriti Until 7:23PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 10	
		325655471 Rahu 8:09AM – 10:02AM	Gara Until 3:48AM Sun	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 2:40PM	Moon – White		Bhuloka Day	
Until 2:25AM Sun				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, June 26, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 11 Sutra 70	
Vrishabha Rasi: 11.41	Tithi 28 – 29	Gulika 3:43PM – 5:36PM	Rohini Until 5:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 4:22AM	Subhakit 5124	
		Yama 11:56AM – 1:49PM	Shula* Until 8:17PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 11	
		335655471 Rahu 5:36PM – 7:30PM	Visti Until 6:11AM Mon	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 4:57PM	Moon – Yellow		Bhuloka Day	
Until 5:33AM Mon				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6		Monday, June 27, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 71	
Vrishabha Rasi: 23.32	Tithi 29	Gulika 1:50PM – 3:43PM	Mrigashira Until 8:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 4:23AM	Subhakit 5124	
Family Home Evening		Yama 10:03AM – 11:56AM	Ganda* Until 9:18PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 12	
		335655471 Rahu 6:16AM – 8:10AM	Visti Until 6:11AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 7:25PM	Moon – Yellow		Bhuloka Day	
Until 8:37AM Tue				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, June 28, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 13 Sutra 72	
Mithuna Rasi: 5.22	Tithi 30	Gulika 11:56AM – 1:50PM	Mrigashira Until 8:37AM	Ganesha: Purple	<i>Sunrise:</i> 4:23AM	Subhakit 5124	
		Yama 8:10AM – 10:03AM	Vriddhi Until 10:22PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 13	
		336655471 Rahu 3:43PM – 5:36PM	Catuspada Until 8:41AM	Nataraja: Yellow		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 9:55PM	Moon – Yellow		Bhuloka Day	
Until 8:37AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 14 Sutra 73	
Mithuna Rasi: 17.11	Tithi 1	Gulika 10:03AM – 11:57AM	Ardra Until 11:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:24AM	Subhakit 5124	
		Yama 6:17AM – 8:10AM	Dhruva Until 11:22PM	Muruqa: Green	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 10 - 14	
		336655471 Rahu 11:57AM – 1:50PM	Kintughna Until 11:10AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:22AM Thu	Moon – Yellow		Bhuloka Day	
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1	Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
	Mithuna Rasi: 29.03	Tithi 2	Gulika 8:10AM – 10:04AM	Punarvasu Until 2:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:24AM	Sun 15
			Yama 4:24AM – 6:17AM	Vyaghata* Until 12:16AM Fri	Muruga: Green	<i>Sunset:</i> 7:30PM	Subhakrit 5124
	Creative Work	Amrita Yoga	346655471 Rahu 1:50PM – 3:43PM	Balava Until 1:34PM	Nataraja: Yellow		Moon 6 - Phase 11 - 15 3rd Phase
			Dvitiya Until 2:41AM Fri	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Stamford, CT
	Kataka Rasi: 10.58	Tithi 3	Gulika 6:18AM – 8:11AM	Pushya Until 5:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:25AM	Sun 16
			Yama 3:43PM – 5:36PM	Harshana Until 1:02AM Sat	Muruga: Green	<i>Sunset:</i> 7:29PM	Subhakrit 5124
	Routine Work	Marana Yoga	346655471 Rahu 10:04AM – 11:57AM	Taitila Until 3:47PM	Nataraja: Yellow		Moon 6 - Phase 11 - 16 3rd Phase
			Tritiya Until 4:47AM Sat	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

3	Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visiti* Karana Chaturthyam Titau				Stamford, CT
	Kataka Rasi: 22.57	Tithi 4	Gulika 4:25AM – 6:18AM	Ashlesha* Until 7:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:25AM	Sun 17
			Yama 1:50PM – 3:43PM	Vajra* Until 1:34AM Sun	Muruga: Green	<i>Sunset:</i> 7:29PM	Subhakrit 5124
	Routine Work	Marana Yoga	346655471 Rahu 8:11AM – 10:04AM	Vanija Until 3:45PM	Nataraja: Yellow		Moon 6 - Phase 11 - 17 3rd Phase
			Chaturthi* Until 6:36AM Sun	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

4	Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT
	Simha Rasi: 5.04	Tithi 4 – 5	Gulika 3:43PM – 5:36PM	Magha* Until 10:12PM	Ganesha: Orange	<i>Sunrise:</i> 4:26AM	Sun 18
			Yama 11:57AM – 1:50PM	Siddhi Until 1:50AM Mon	Muruga: Green	<i>Sunset:</i> 7:29PM	Subhakrit 5124
	Routine Work	Marana Yoga	356655471 Rahu 5:36PM – 7:29PM	Bava Until 7:23PM	Nataraja: Yellow		Moon 6 - Phase 11 - 18 3rd Phase
			Chaturthi* Until 6:36AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

5	Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
	Simha Rasi: 17.2	Tithi 5 – 6	Gulika 1:50PM – 3:43PM	Purvaphalguni Until 11:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:26AM	Sun 19
	Family Home Evening		Yama 10:05AM – 11:58AM	Vyatipata* Until 1:45AM Tue	Muruga: Green	<i>Sunset:</i> 7:29PM	Subhakrit 5124
	Creative Work	Siddha Yoga	356655471 Rahu 6:19AM – 8:12AM	Kaulava Until 8:35PM	Nataraja: Yellow		Moon 6 - Phase 11 - 19 3rd Phase
			Panchami Until 8:02AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

6	Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau				Stamford, CT
	Simha Rasi: 29.48	Tithi 6 – 7	Gulika 11:58AM – 1:50PM	Uttaraphalguni Until 1:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:27AM	Sun 20
			Yama 8:12AM – 10:05AM	Variyan Until 1:12AM Wed	Muruga: Green	<i>Sunset:</i> 7:29PM	Subhakrit 5124
	Creative Work	Amrita Yoga	356655471 Rahu 3:43PM – 5:36PM	Gara Until 9:15PM	Nataraja: Yellow		Moon 6 - Phase 11 - 20 3rd Phase
			Shashthi* Until 8:58AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

D	Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visiti* Karana Saplam/Ashtamyam Titau				Stamford, CT
	Retreat Star		Gulika 10:05AM – 11:58AM	Hasta Until 1:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:27AM	Sun 21
	Kanya Rasi: 12.32	Tithi 7 – 8	Yama 6:20AM – 8:13AM	Parigha* Until 12:08AM Thu	Muruga: Green	<i>Sunset:</i> 7:28PM	Subhakrit 5124
			467655471 Rahu 11:58AM – 1:50PM	Visiti Until 9:16PM	Nataraja: Yellow		Moon 6 - Phase 11 - 21 Ashtami
			Saptami Until 9:19AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

D	Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
	Retreat Star		Gulika 8:13AM – 10:06AM	Chitra Until 1:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:28AM	Sun 22
	Kanya Rasi: 25.37	Tithi 8 – 9	Yama 4:28AM – 6:21AM	Shiva Until 10:31PM	Muruga: Green	<i>Sunset:</i> 7:28PM	Subhakrit 5124
			467655471 Rahu 1:51PM – 3:43PM	Balava Until 8:33PM	Nataraja: Yellow		Moon 6 - Phase 11 - 22 Navami
			Ashtami* Until 8:59AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


1		Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
Tula Rasi: 9.05	Tithi 9 – 10	Gulika	6:21AM – 8:13AM	Svati Until 12:43AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:29AM	Sun 23	Sutra 82
		Yama	3:43PM – 5:35PM	Siddha Until 8:16PM	Muruqa: Green	<i>Sunset:</i> 7:28PM		Subhakrit 5124
Creative Work	Siddha Yoga	467655471 Rahu	10:06AM – 11:58AM	Taitila Until 7:07PM	Nataraja: Yellow		Moon 6 - Phase 12 - 23	4th Phase
				Navami* Until 7:55AM	Moon – Green			Devaloka Day
					Ashada*Ani			

2		Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Stamford, CT
Tula Rasi: 23	Tithi 10 – 11	Gulika	4:29AM – 6:22AM	Vishakha Until 11:20PM	Ganesha: White	<i>Sunrise:</i> 4:29AM	Sun 24	Sutra 83
		Yama	1:51PM – 3:43PM	Sadhya Until 5:27PM	Muruqa: Green	<i>Sunset:</i> 7:27PM		Subhakrit 5124
Creative Work	Siddha Yoga	477655471 Rahu	8:14AM – 10:06AM	Visti Until 3:39AM Sun	Nataraja: Yellow		Moon 6 - Phase 12 - 24	4th Phase
				Dashami Until 6:07AM	Moon – Orange			Bhuloka Day
					Ashada*Ani			Devaloka Time: 6:PM to 9:PM

3		Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT
Vrischika Rasi: 7.21	Tithi 12	Gulika	3:43PM – 5:35PM	Anuradha Until 9:13PM	Ganesha: White	<i>Sunrise:</i> 4:30AM	Sun 25	Sutra 84
		Yama	11:58AM – 1:51PM	Subha Until 2:09PM	Muruqa: Green	<i>Sunset:</i> 7:27PM		Subhakrit 5124
Routine Work	Marana Yoga	477655471 Rahu	5:35PM – 7:27PM	Bava Until 2:13PM	Nataraja: Yellow		Moon 6 - Phase 12 - 25	4th Phase
				Dvadashi Until 12:37AM Mon	Moon – Orange			Bhuloka Day
					Ashada*Ani			Devaloka Time: 6:PM to 9:PM

4		Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT
Vrischika Rasi: 22.05	Tithi 13	Gulika	1:51PM – 3:43PM	Jyeshtha* Until 6:31PM	Ganesha: White	<i>Sunrise:</i> 4:31AM	Sun 26	Sutra 85
Family Home Evening		Yama	10:07AM – 11:59AM	Sukla Until 10:24AM	Muruqa: Green	<i>Sunset:</i> 7:26PM		Subhakrit 5124
Creative Work	Siddha Yoga	477655471 Rahu	6:23AM – 8:15AM	Kaulava Until 10:57AM	Nataraja: Yellow		Moon 6 - Phase 12 - 26	4th Phase
				Trayodashi Until 9:10PM	Moon – Orange			Bhuloka Day
					Ashada*Ani			Devaloka Time: 6:PM to 9:PM
								<i>Pradosha Vrata</i>

5		Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashy/Purnimayam Titau				Stamford, CT
Dhanus Rasi: 7.08	Tithi 14 – 15	Gulika	11:59AM – 1:51PM	Mula* Until 3:46PM	Ganesha: White	<i>Sunrise:</i> 4:31AM	Sun 27	Sutra 86
		Yama	8:15AM – 10:07AM	Brahma Until 6:22AM	Muruqa: Green	<i>Sunset:</i> 7:26PM		Subhakrit 5124
Creative Work	Amrita Yoga	488655471 Rahu	3:42PM – 5:34PM	Gara Until 7:20AM	Nataraja: Yellow		Moon 6 - Phase 12 - 27	4th Phase
Until 3:46PM				Chaturdashi* Until 5:26PM	Moon – Light Blue			Sivaloka Day
Then Creative Work - Siddha Yoga					Ashada*Ani			

		Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT
Copper Retreat Star		Gulika	10:07AM – 11:59AM	Purvashadha* Until 12:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM	Sun 28	Sutra 87
Dhanus Rasi: 22.22	Tithi 15 – 16	Yama	6:24AM – 8:16AM	Vaidhriti* Until 9:55PM	Muruqa: Green	<i>Sunset:</i> 7:25PM		Subhakrit 5124
Creative Work	Amrita Yoga	488755471 Rahu	11:59AM – 1:50PM	Balava Until 11:41PM	Nataraja: Yellow		Moon 6 - Phase 12 - Purnima	
				Purnima* Until 1:35PM	Moon – Light Blue			Devaloka Day
					Ashada*Ani			
								<i>Satguru Purnima</i>

Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Stamford, CT		
Silver Retreat Star		Gulika	8:16AM – 10:07AM	Uttarashadha Until 9:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Sun 29	Sutra 88
Makara Rasi: 7.35	Tithi 16 – 17	Yama	4:33AM – 6:24AM	Vishkambha* Until 5:47PM	Muruqa: Green	<i>Sunset:</i> 7:25PM		Subhakrit 5124
Creative Work	Marana Yoga	488755471 Rahu	1:50PM – 3:42PM	Taitila Until 7:59PM	Nataraja: Yellow		Moon 6 - Phase 12 - Prathama	
Until 9:40AM				Prathama* Until 9:47AM	Moon – Light Blue			Devaloka Day
Then Creative Work - Siddha Yoga					Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Stamford, CT
Sun 1 Sutra 89

Makara Rasi: 22.4 Tithi 17 - 18

498755471

Gulika 6:25AM - 8:16AM
Yama 3:42PM - 5:33PM
Rahu 10:08AM - 11:59AM

Shravana Until 7:04AM
Priti Until 1:54PM
Visti Until 3:02AM Sat
Dvitiya Until 6:13AM

Ganesha: Blue *Sunrise: 4:34AM*
Muruqa: Green *Sunset: 7:24PM*
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT
Sun 2 Sutra 90

Kumbha Rasi: 7.25 Tithi 19

498755471

Gulika 4:35AM - 6:26AM
Yama 1:50PM - 3:41PM
Rahu 8:17AM - 10:08AM

Shatabhishak Until 2:50AM Sun
Ayushman Until 10:22AM
Bava Until 1:40PM
Chaturthi* Until 12:25AM Sun

Ganesha: Blue *Sunrise: 4:35AM*
Muruqa: Green *Sunset: 7:24PM*
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 2:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT
Sun 3 Sutra 91

Kumbha Rasi: 21.46 Tithi 20

418755472

Gulika 3:41PM - 5:32PM
Yama 11:59AM - 1:50PM
Rahu 5:32PM - 7:23PM

Purvaproshtapada* Until 1:56AM Mon
Saubhagya Until 7:22AM
Kaulava Until 11:22AM
Panchami Until 10:29PM

Ganesha: White *Sunrise: 4:35AM*
Muruqa: Green *Sunset: 7:23PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT
Sun 4 Sutra 92

Meena Rasi: 5.38 Tithi 21

418755472

Gulika 1:50PM - 3:41PM
Yama 10:08AM - 11:59AM
Rahu 6:27AM - 8:18AM

Uttaraproshtapada Until 1:42AM Tue
Athiganda* Until 3:13AM Tue
Gara Until 9:50AM
Shashthi* Until 9:22PM

Ganesha: White *Sunrise: 4:36AM*
Muruqa: Green *Sunset: 7:22PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Stamford, CT
Sun 5 Sutra 93

Meena Rasi: 19.01 Tithi 22

419755472

Gulika 11:59AM - 1:50PM
Yama 8:18AM - 10:09AM
Rahu 3:41PM - 5:31PM

Revati Until 2:10AM Wed
Sukarma Until 2:11AM Wed
Visti Until 9:09AM
Saptami Until 9:06PM

Ganesha: Clear *Sunrise: 4:37AM*
Muruqa: Green *Sunset: 7:22PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 2:10AM Wed
Then Routine Work - Marana Yoga

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT
Sun 6 Sutra 94

Mesha Rasi: 1.56 Tithi 23

429755472

Gulika 10:09AM - 11:59AM
Yama 6:28AM - 8:19AM
Rahu 11:59AM - 1:50PM

Ashvini Until 3:46AM Thu
Dhriti Until 1:49AM Thu
Balava Until 9:19AM
Ashtami* Until 9:42PM

Ganesha: Purple *Sunrise: 4:38AM*
Muruqa: Green *Sunset: 7:21PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 3:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT
Sun 7 Sutra 95

Mesha Rasi: 14.28 Tithi 24

429755472

Gulika 8:19AM - 10:09AM
Yama 4:39AM - 6:29AM
Rahu 1:50PM - 3:40PM

Bharani Until 5:54AM Fri
Shula* Until 1:59AM Fri
Taitila Until 10:19AM
Navami* Until 11:03PM

Ganesha: Purple *Sunrise: 4:39AM*
Muruqa: Green *Sunset: 7:20PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Stamford, CT Sun 8 Sutra 96	
Mesha Rasi: 26.42	Tithi 25	Gulika 6:30AM – 8:20AM	Krittika Until 8:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:40AM	Subhakrit 5124	
		Yama 3:39PM – 5:29PM	Ganda* Until 2:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 14 - 8	
		429755472 Rahu 10:10AM – 11:59AM	Vanija Until 11:59AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 12:59AM Sat	Moon – White		Devaloka Day	
Until 8:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT Sun 9 Sutra 97	
Virshabha Rasi: 8.43	Tithi 26	Gulika 4:40AM – 6:30AM	Krittika Until 8:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:40AM	Subhakrit 5124	
		Yama 1:49PM – 3:39PM	Vriddhi Until 3:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 14 - 9	
		429755472 Rahu 8:20AM – 10:10AM	Bava Until 2:08PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 3:18AM Sun	Moon – White		Devaloka Day	
				Ashada*Adi			

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Stamford, CT Sun 10 Sutra 98	
Virshabha Rasi: 20.35	Tithi 27	Gulika 3:39PM – 5:28PM	Rohini Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Subhakrit 5124	
		Yama 12:00PM – 1:49PM	Dhruva Until 4:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 14 - 10	
		439755472 Rahu 5:28PM – 7:18PM	Kaulava Until 4:34PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 5:49AM Mon	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Stamford, CT Sun 11 Sutra 99	
Mithuna Rasi: 2.25	Tithi 28	Gulika 1:49PM – 3:38PM	Mrigashira Until 2:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Subhakrit 5124	
Family Home Evening		Yama 10:10AM – 12:00PM	Vyaghata* Until 5:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 Rahu 6:32AM – 8:21AM	Gara Until 7:06PM	Nataraja: White		2nd Phase	
Until 2:37PM			Trayodashi* Until 8:20AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 100	
Mithuna Rasi: 14.14	Tithi 28 – 29	Gulika 12:00PM – 1:49PM	Ardra Until 5:30PM	Ganesha: Red	<i>Sunrise:</i> 4:43AM	Subhakrit 5124	
		Yama 8:21AM – 10:10AM	Harshana Until 6:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 14 - 12	
		431755472 Rahu 3:38PM – 5:27PM	Visti Until 9:34PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 8:20AM	Moon – Yellow		Bhuloka Day	
Until 5:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 13 Sutra 101	
Mithuna Rasi: 26.05	Tithi 29 – 30	Gulika 10:11AM – 12:00PM	Punarvasu Until 8:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM	Subhakrit 5124	
		Yama 6:33AM – 8:22AM	Harshana Until 6:37AM	Muruqa: Green	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 14 - 13	
		441755472 Rahu 12:00PM – 1:48PM	Catuspada Until 11:52PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:44AM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 14 Sutra 102	
Kataka Rasi: 8.01	Tithi 30 – 1	Gulika 8:22AM – 10:11AM	Pushya Until 11:16PM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Subhakrit 5124	
		Yama 4:45AM – 6:34AM	Vajra* Until 7:26AM	Muruqa: Green	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 14 - 14	
		441755472 Rahu 1:48PM – 3:37PM	Kintughna Until 1:57AM Fri	Nataraja: White		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 12:55PM	Moon – Blue		Bhuloka Day	
Until 11:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Friday, July 29, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
Kataka Rasi: 20.02	Tithi 1 – 2	Gulika 6:34AM – 8:23AM	Ashlesha* Until 1:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Sun 15	Sutra 103	Subhakarit 5124
		Yama 3:36PM – 5:25PM	Siddhi Until 8:04AM	Muruqa: Green	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 15 - 15 3rd Phase		
		441755472 Rahu 10:11AM – 11:59AM	Balava Until 3:44AM Sat	Nataraja: White		Bhuloka Day		
Routine Work	Marana Yoga		Prathama* Until 2:51PM	Moon – Blue		Devaloka Time: 9:AM to12:PM		
Until 1:31AM Sat				Sravana*Adi				
Then Creative Work - Amrita Yoga								

2		Saturday, July 30, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stamford, CT
Simha Rasi: 2.11	Tithi 2 – 3	Gulika 4:47AM – 6:35AM	Magha* Until 3:48AM Sun	Ganesha: Red	<i>Sunrise:</i> 4:47AM	Sun 16	Sutra 104	Subhakarit 5124
		Yama 1:48PM – 3:36PM	Vyatipata* Until 8:30AM	Muruqa: Green	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 15 - 16 3rd Phase		
		451755472 Rahu 8:23AM – 10:11AM	Taitila Until 5:12AM Sun	Nataraja: White		Bhuloka Day		
Creative Work	Amrita Yoga		Dvitiya Until 4:29PM	Moon – Red		Devaloka Time: 9:AM to12:PM		
Until 3:48AM Sun				Sravana*Adi				
Then Creative Work - Siddha Yoga								

3		Sunday, July 31, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Stamford, CT
Simha Rasi: 14.27	Tithi 3 – 4	Gulika 3:35PM – 5:23PM	Purvaphalguni Until 5:35AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:48AM	Sun 17	Sutra 105	Subhakarit 5124
		Yama 11:59AM – 1:47PM	Variyan Until 8:39AM	Muruqa: Green	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 15 - 17 3rd Phase		
		451755472 Rahu 5:23PM – 7:11PM	Vanija Until 6:19AM Mon	Nataraja: White		Bhuloka Day		
Creative Work	Siddha Yoga		Tritiya Until 5:47PM	Moon – Red		Devaloka Time: 9:AM to12:PM		
				Sravana*Adi				

4		Monday, August 1, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Stamford, CT
Simha Rasi: 26.52	Tithi 4	Gulika 1:47PM – 3:35PM	Uttaraphalguni Until 6:48AM Tue	Ganesha: Red	<i>Sunrise:</i> 4:49AM	Sun 18	Sutra 106	Subhakarit 5124
Family Home Evening		Yama 10:12AM – 11:59AM	Parigha* Until 8:32AM	Muruqa: Green	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 15 - 18 3rd Phase		
		451755472 Rahu 6:36AM – 8:24AM	Vanija Until 6:19AM	Nataraja: White		Bhuloka Day		
Creative Work	Siddha Yoga		Chaturthi* Until 6:43PM	Moon – Red		Devaloka Time: 9:AM to12:PM		
				Sravana*Adi				

5		Tuesday, August 2, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Kanya Rasi: 9.29	Tithi 5	Gulika 11:59AM – 1:47PM	Uttaraphalguni Until 6:48AM	Ganesha: Red	<i>Sunrise:</i> 4:50AM	Sun 19	Sutra 107	Subhakarit 5124
		Yama 8:25AM – 10:12AM	Shiva Until 8:06AM	Muruqa: Green	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 15 - 19 3rd Phase		
		451755472 Rahu 3:34PM – 5:21PM	Bava Until 7:02AM	Nataraja: White		Bhuloka Day		
Creative Work	Amrita Yoga		Panchami Until 7:12PM	Moon – Red		Devaloka Time: 9:AM to12:PM		
Until 6:48AM		Nag Panchami		Sravana*Adi				
Then Creative Work - Siddha Yoga								

6		Wednesday, August 3, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
Kanya Rasi: 22.18	Tithi 6	Gulika 10:12AM – 11:59AM	Hasta Until 7:53AM	Ganesha: Blue	<i>Sunrise:</i> 4:51AM	Sun 20	Sutra 108	Subhakarit 5124
		Yama 6:38AM – 8:25AM	Siddha Until 7:17AM	Muruqa: Green	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 15 - 20 3rd Phase		
		461755472 Rahu 11:59AM – 1:46PM	Kaulava Until 7:17AM	Nataraja: White		Devaloka Day		
Routine Work	Marana Yoga		Shashthi* Until 7:11PM	Moon – Green		Devaloka Day		
Until 7:53AM				Sravana*Adi				
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, August 4, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
Tula Rasi: 5.23	Tithi 7	Gulika 8:25AM – 10:12AM	Chitra Until 8:17AM	Ganesha: Blue	<i>Sunrise:</i> 4:52AM	Sun 21	Sutra 109	Subhakarit 5124
		Yama 4:52AM – 6:39AM	Sadhya Until 6:03AM	Muruqa: White	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 15 - 21 3rd Phase		
		461765472 Rahu 1:46PM – 3:33PM	Gara Until 7:00AM	Nataraja: White		Devaloka Day		
Creative Work	Siddha Yoga		Saptami Until 6:37PM	Moon – Green		Devaloka Day		
Until 8:17AM				Sravana*Adi				
Then Creative Work - Amrita Yoga								

Retreat Star		Friday, August 5, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
Tula Rasi: 18.47	Tithi 8 – 9	Gulika 6:39AM – 8:26AM	Svati Until 7:58AM	Ganesha: Blue	<i>Sunrise:</i> 4:53AM	Sun 22	Sutra 110	Subhakarit 5124
		Yama 3:32PM – 5:19PM	Sukla Until 2:09AM Sat	Muruqa: White	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 15 - 22 Ashtami		
		461765472 Rahu 10:12AM – 11:59AM	Visti Until 6:07AM	Nataraja: White		Devaloka Day		
Creative Work	Siddha Yoga		Ashtami* Until 5:26PM	Moon – Green		Devaloka Day		
		Varalakshmi Vratam		Sravana*Adi				

Retreat Star		Saturday, August 6, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
Vrischika Rasi: 2.34	Tithi 9 – 10	Gulika 4:54AM – 6:40AM	Vishakha Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 4:54AM	Sun 23	Sutra 111	Subhakarit 5124
		Yama 1:45PM – 3:31PM	Brahma Until 11:28PM	Muruqa: White	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 15 - 23 Navami		
		472765472 Rahu 8:26AM – 10:13AM	Taitila Until 2:32AM Sun	Nataraja: White		Bhuloka Day		
Creative Work	Siddha Yoga		Navami* Until 3:38PM	Moon – Orange		Devaloka Day		
				Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

all times are standard time. Calculated for Stamford, CT on 4/26/21

www.gurudeva.org/panchang

1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Stamford, CT Sun 24 Sutra 112 Subhakrit 5124
Wrischika Rasi: 16.42	Tithi 10 - 11	Gulika 3:31PM - 5:17PM	Jyeshtha* Until 3:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	
		Yama 11:59AM - 1:45PM	Indra Until 8:20PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16 - 24
	472865472	Rahu 5:17PM - 7:03PM	Vanija Until 11:55PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 1:16PM	Moon - Orange		Bhuloka Day
Until 3:53AM Mon				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	Gulika 1:44PM - 3:30PM	Mula* Until 1:41AM Tue	Ganesha: White	<i>Sunrise:</i> 4:56AM	
Family Home Evening		Yama 10:13AM - 11:59AM	Vaidhriti* Until 4:48PM	Muruqa: White	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16 - 25
	482865472	Rahu 6:41AM - 8:27AM	Bava Until 8:51PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:25AM	Moon - Light Blue		Devaloka Day
				Sravana*Adi		

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	Gulika 11:58AM - 1:44PM	Purvashadha* Until 11:04PM	Ganesha: White	<i>Sunrise:</i> 4:57AM	
		Yama 8:28AM - 10:13AM	Vishkambha* Until 12:59PM	Muruqa: White	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 16 - 26
	482865472	Rahu 3:29PM - 5:15PM	Taitila Until 3:41AM Wed	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:10AM	Moon - Light Blue		Devaloka Day
Until 11:04PM				Sravana*Adi		
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	Gulika 10:13AM - 11:58AM	Uttarashadha Until 8:11PM	Ganesha: White	<i>Sunrise:</i> 4:58AM	
		Yama 6:43AM - 8:28AM	Priti Until 9:01AM	Muruqa: White	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 16 - 27
	482865472	Rahu 11:58AM - 1:43PM	Gara Until 1:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 12:06AM Thu	Moon - Light Blue		Devaloka Day
Until 8:11PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT Sutra 116 Subhakrit 5124
Makara Rasi: 16.04	Tithi 15	Gulika 8:28AM - 10:13AM	Shravana Until 5:36PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	
		Yama 4:59AM - 6:44AM	Saubhagya Until 1:02AM Fri	Muruqa: White	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 16 -
	492865472	Rahu 1:43PM - 3:28PM	Visti Until 10:20AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:35PM	Moon - Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Stamford, CT Sutra 117 Subhakrit 5124
Kumbha Rasi: 1.02	Tithi 16 - 17	Gulika 6:44AM - 8:29AM	Dhanishtha Until 3:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	
		Yama 3:27PM - 5:12PM	Sobhana Until 9:20PM	Muruqa: White	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16 -
	492865472	Rahu 10:13AM - 11:58AM	Balava Until 6:55AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:18PM	Moon - Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Kumbha Rasi: 15.46 Tithi 17 - 18

492865472

Creative Work Amrita Yoga
Until 12:51PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

Gulika 5:01AM - 6:45AM
Yama 1:42PM - 3:26PM
Rahu 8:29AM - 10:14AM

Shatabhishak Until 12:51PM
Athiganda* Until 5:59PM
Vanija Until 1:13AM Sun
Dvitiya Until 2:26PM

Ganesha: Clear *Sunrise: 5:01AM*
Muruqa: White *Sunset: 6:55PM*
Nataraja: White
Moon - Purple
Sravana*Adi

Stamford, CT
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Meena Rasi: 0.07 Tithi 18 - 19

412865472

Creative Work Siddha Yoga
Until 11:27AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Gulika 3:26PM - 5:10PM
Yama 11:58AM - 1:42PM
Rahu 5:10PM - 6:54PM

Purvaprosarthapada* Until 11:27AM
Sukarma Until 3:08PM
Bava Until 11:16PM
Tritiya Until 12:08PM

Ganesha: Yellow *Sunrise: 5:02AM*
Muruqa: White *Sunset: 6:54PM*
Nataraja: White
Moon - Clear
Sravana*Adi

Stamford, CT
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Meena Rasi: 14.02 Tithi 19 - 20

412865472

Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:41PM - 3:25PM
Yama 10:14AM - 11:57AM
Rahu 6:46AM - 8:30AM

Uttaraprosarthapada Until 10:37AM
Dhriti Until 12:53PM
Kaulava Until 10:05PM
Chaturthi* Until 10:33AM

Ganesha: Yellow *Sunrise: 5:03AM*
Muruqa: White *Sunset: 6:52PM*
Nataraja: White
Moon - Clear
Sravana*Adi

Stamford, CT
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Meena Rasi: 27.28 Tithi 20 - 21

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:57AM - 1:41PM
Yama 8:30AM - 10:14AM
Rahu 3:24PM - 5:07PM

Revati Until 10:27AM
Shula* Until 11:18AM
Gara Until 9:46PM
Panchami Until 9:48AM

Ganesha: Yellow *Sunrise: 5:04AM*
Muruqa: White *Sunset: 6:51PM*
Nataraja: White
Moon - Clear
Sravana*Avani

Stamford, CT
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Mesha Rasi: 10.26 Tithi 21 - 22

522865472

Routine Work Marana Yoga
Until 11:27AM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:14AM - 11:57AM
Yama 6:48AM - 8:31AM
Rahu 11:57AM - 1:40PM

Ashvini Until 11:27AM
Ganda* Until 10:25AM
Visti Until 10:19PM
Shashthi* Until 9:55AM

Ganesha: Yellow *Sunrise: 5:05AM*
Muruqa: White *Sunset: 6:49PM*
Nataraja: White
Moon - White
Sravana*Avani

Stamford, CT
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Retreat Star

Mesha Rasi: 23 Tithi 22 - 23

522865472

Creative Work Siddha Yoga
Until 1:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:31AM - 10:14AM
Yama 5:06AM - 6:48AM
Rahu 1:40PM - 3:22PM

Krishna Janmashtami

Bharani Until 1:06PM
Vridhhi Until 10:12AM
Balava Until 11:40PM
Saptami Until 10:53AM

Ganesha: Yellow *Sunrise: 5:06AM*
Muruqa: White *Sunset: 6:48PM*
Nataraja: White
Moon - White
Sravana*Avani

Stamford, CT
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Friday, August 19, 2022

Retreat Star

Vrishabha Rasi: 5.15 Tithi 23 - 24

523865472

Creative Work Siddha Yoga
Until 3:16PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Gulika 6:49AM - 8:32AM
Yama 3:22PM - 5:04PM
Rahu 10:14AM - 11:57AM

Krittika Until 3:16PM
Dhruva Until 10:30AM
Taila Until 1:37AM Sat
Ashtami* Until 12:33PM

Ganesha: White *Sunrise: 5:07AM*
Muruqa: White *Sunset: 6:46PM*
Nataraja: White
Moon - White
Sravana*Avani

Stamford, CT
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Bhuloka Day

1	Saturday, August 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashyam Titau				Stamford, CT
	Wrishabha Rasi: 17.16	Tithi 24 – 25	533865472	Gulika 5:08AM – 6:50AM Yama 1:39PM – 3:21PM Rahu 8:32AM – 10:14AM	Rohini Until 6:13PM Vyaghata* Until 11:13AM Vanija Until 3:57AM Sun Navami* Until 2:44PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 8 Sutra 125 Subhakit 5124 Moon 8 - Phase 18 - 8 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
	Creative Work Amrita Yoga						
	Until 6:13PM						
Then Creative Work - Siddha Yoga							


2	Sunday, August 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
	Wrishabha Rasi: 29.09	Tithi 25 – 26	533865472	Gulika 3:20PM – 5:02PM Yama 11:56AM – 1:38PM Rahu 5:02PM – 6:44PM	Mrigashira Until 9:14PM Harshana Until 12:11PM Bava Until 6:27AM Mon Dashami Until 5:10PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 9 Sutra 126 Subhakit 5124 Moon 8 - Phase 18 - 9 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
	Creative Work Siddha Yoga						


3	Monday, August 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
	Mithuna Rasi: 10.59	Tithi 26	533865472	Gulika 1:37PM – 3:19PM Yama 10:14AM – 11:56AM Rahu 6:51AM – 8:33AM	Ardra Until 12:05AM Tue Vajra* Until 1:11PM Bava Until 6:27AM Ekadashi* Until 7:40PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 10 Sutra 127 Subhakit 5124 Moon 8 - Phase 18 - 10 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
	Creative Work Siddha Yoga						

4	Tuesday, August 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stamford, CT
	Mithuna Rasi: 22.5	Tithi 27	543865472	Gulika 11:56AM – 1:37PM Yama 8:33AM – 10:14AM Rahu 3:18PM – 4:59PM	Punarvasu Until 3:08AM Wed Siddhi Until 2:07PM Kaulava Until 8:54AM Dvadashi* Until 10:02PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 11 Sutra 128 Subhakit 5124 Moon 8 - Phase 18 - 11 2nd Phase Bhuloka Day
	Creative Work Siddha Yoga						

5	Wednesday, August 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
	Kataka Rasi: 4.45	Tithi 28	543865472	Gulika 10:14AM – 11:55AM Yama 6:53AM – 8:33AM Rahu 11:55AM – 1:36PM	Pushya Until 5:45AM Thu Vyatipata* Until 2:54PM Gara Until 11:08AM Trayodashi* Until 12:08AM Thu <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 12 Sutra 129 Subhakit 5124 Moon 8 - Phase 18 - 12 2nd Phase Bhuloka Day
	Creative Work Siddha Yoga						

6	Thursday, August 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stamford, CT
	Kataka Rasi: 16.47	Tithi 29	543865472	Gulika 8:34AM – 10:14AM Yama 5:13AM – 6:53AM Rahu 1:36PM – 3:16PM	Ashlesha* Until 7:51AM Fri Variyan Until 3:24PM Visti Until 1:04PM Chaturdashi* Until 1:53AM Fri	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 13 Sutra 130 Subhakit 5124 Moon 8 - Phase 18 - 13 2nd Phase Bhuloka Day
	Creative Work Siddha Yoga						
	Until 7:51AM Fri						
Then Routine Work - Marana Yoga							

	Friday, August 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT
	Retreat Star		543865472	Gulika 6:54AM – 8:34AM Yama 3:15PM – 4:56PM Rahu 10:14AM – 11:55AM	Ashlesha* Until 7:51AM Parigha* Until 3:38PM Catuspada Until 2:38PM Amavasya* Until 3:15AM Sat	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 14 Sutra 131 Subhakit 5124 Moon 8 - Phase 18 - 14 Amavasya Bhuloka Day
	Routine Work Marana Yoga						

	Saturday, August 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT
	Retreat Star		533865473	Gulika 5:15AM – 6:55AM Yama 1:34PM – 3:14PM Rahu 8:35AM – 10:15AM	Magha* Until 9:54AM Shiva Until 3:35PM Kintughna Until 3:49PM Prathama* Until 4:14AM Sun	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red Bhadrapada-Avani	Sun 15 Sutra 132 Subhakit 5124 Moon 8 - Phase 18 - 15 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Creative Work Amrita Yoga						
	Until 9:54AM						
Then Creative Work - Siddha Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

all times are standard time. Calculated for Stamford, CT on 4/26/21

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1 Sunday, August 28, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
Simha Rasi: 23.49	Tithi 2	Gulika 3:13PM – 4:53PM	Purvaphalguni Until 11:24AM	Ganesha: Blue	<i>Sunrise:</i> 5:16AM	Sun 16 Sutra 133
		Yama 11:54AM – 1:34PM	Siddha Until 3:11PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Subhakra 5124
		553865473 Rahu 4:53PM – 6:33PM	Balava Until 4:36PM	Nataraja: Clear		Moon 8 - Phase 19 - 16
Creative Work	Siddha Yoga		Dvitiya Until 4:49AM Mon	Moon – Red		3rd Phase
Until 11:24AM				Bhadrapada*Avani	Bhuloka Day	
Then Creative Work - Amrita Yoga					Devaloka Time: 6:PM to 9:PM	

2 Monday, August 29, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau				Stamford, CT
Kanya Rasi: 6.3	Tithi 3	Gulika 1:33PM – 3:13PM	Uttaraphalguni Until 12:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:17AM	Sun 17 Sutra 134
Family Home Evening		Yama 10:15AM – 11:54AM	Sadhya Until 2:30PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Subhakra 5124
		553865473 Rahu 6:56AM – 8:35AM	Taitila Until 4:59PM	Nataraja: Clear		Moon 8 - Phase 19 - 17
Creative Work	Siddha Yoga		Tritiya Until 5:01AM Tue	Moon – Red		3rd Phase
				Bhadrapada*Avani	Bhuloka Day	
					Devaloka Time: 6:PM to 9:PM	

3 Tuesday, August 30, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau				Stamford, CT
Kanya Rasi: 19.23	Tithi 4	Gulika 11:54AM – 1:33PM	Hasta Until 1:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:18AM	Sun 18 Sutra 135
		Yama 8:36AM – 10:15AM	Subha Until 1:32PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Subhakra 5124
		563865473 Rahu 3:12PM – 4:51PM	Vanija Until 5:00PM	Nataraja: Clear		Moon 8 - Phase 19 - 18
Creative Work	Siddha Yoga		Chaturthi* Until 4:51AM Wed	Moon – Green		3rd Phase
		Ganesha Chaturthi		Bhadrapada*Avani	Bhuloka Day	
					Devaloka Time: 6:PM to 9:PM	

4 Wednesday, August 31, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Tula Rasi: 2.26	Tithi 5	Gulika 10:15AM – 11:53AM	Chitra Until 1:39PM	Ganesha: Red	<i>Sunrise:</i> 5:19AM	Sun 19 Sutra 136
		Yama 6:57AM – 8:36AM	Sukla Until 12:14PM	Muruqa: White	<i>Sunset:</i> 6:28PM	Subhakra 5124
		563965473 Rahu 11:53AM – 1:32PM	Bava Until 4:38PM	Nataraja: Clear		Moon 8 - Phase 19 - 19
Creative Work	Siddha Yoga		Panchami Until 4:17AM Thu	Moon – Green		3rd Phase
				Bhadrapada*Avani	Devaloka Day	

5 Thursday, September 1, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
Tula Rasi: 15.43	Tithi 6	Gulika 8:36AM – 10:15AM	Svati Until 1:30PM	Ganesha: Red	<i>Sunrise:</i> 5:20AM	Sun 20 Sutra 137
		Yama 5:20AM – 6:58AM	Brahma Until 10:38AM	Muruqa: White	<i>Sunset:</i> 6:26PM	Subhakra 5124
		563965473 Rahu 1:31PM – 3:10PM	Kaulava Until 3:52PM	Nataraja: Clear		Moon 8 - Phase 19 - 20
Creative Work	Amrita Yoga		Shashthi* Until 3:18AM Fri	Moon – Green		3rd Phase
Until 1:30PM				Bhadrapada*Avani	Devaloka Day	
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
Tula Rasi: 29.13	Tithi 7	Gulika 6:59AM – 8:37AM	Vishakha Until 1:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM	Sun 21 Sutra 138
		Yama 3:09PM – 4:47PM	Indra Until 8:43AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Subhakra 5124
		574965473 Rahu 10:15AM – 11:53AM	Gara Until 2:41PM	Nataraja: Clear		Moon 8 - Phase 19 - 21
Creative Work	Siddha Yoga		Saptami Until 1:55AM Sat	Moon – Orange		3rd Phase
				Bhadrapada*Avani	Devaloka Day	

Retreat Star		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakha* Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT
Vrischika Rasi: 12.57	Tithi 8	Gulika 5:22AM – 6:59AM	Anuradha Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM	Sun 22 Sutra 139
		Yama 1:30PM – 3:08PM	Vaidhriti* Until 6:26AM	Muruqa: White	<i>Sunset:</i> 6:23PM	Subhakra 5124
		574965473 Rahu 8:37AM – 10:15AM	Visti Until 1:05PM	Nataraja: Clear		Moon 8 - Phase 19 - 22
Creative Work	Siddha Yoga		Ashtami* Until 12:07AM Sun	Moon – Orange		Ashtami
				Bhadrapada*Avani	Devaloka Day	

Retreat Star		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
Vrischika Rasi: 26.57	Tithi 9	Gulika 3:07PM – 4:44PM	Jyeshtha* Until 11:01AM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	Sun 23 Sutra 140
		Yama 11:52AM – 1:29PM	Priti Until 12:55AM Mon	Muruqa: White	<i>Sunset:</i> 6:21PM	Subhakra 5124
		574965473 Rahu 4:44PM – 6:21PM	Balava Until 11:05AM	Nataraja: Clear		Moon 8 - Phase 19 - 23
Routine Work	Marana Yoga		Navami* Until 9:55PM	Moon – Orange		Navami
Until 11:01AM				Bhadrapada*Avani	Devaloka Day	
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda


1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Stamford, CT Sun 24 Sutra 141 Subhakrit 5124	
Dhanus Rasi: 11.12	Tithi 10	Gulika	1:29PM – 3:06PM	Mula* Until 9:32AM	Ganesha: White	<i>Sunrise:</i> 5:24AM	
Family Home Evening	584965473	Yama	10:15AM – 11:52AM	Ayushman Until 9:42PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20 - 24
Creative Work Siddha Yoga		Rahu	7:01AM – 8:38AM	Taitila Until 8:42AM	Nataraja: Clear		4th Phase
Until 9:32AM				Dashami Until 7:22PM	Moon – Light Blue		Bhuloka Day
Then Routine Work - Marana Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 25 Sutra 142 Subhakrit 5124	
Dhanus Rasi: 25.41	Tithi 11 – 12	Gulika	11:51AM – 1:28PM	Purvashadha* Until 7:36AM	Ganesha: White	<i>Sunrise:</i> 5:25AM	
	584965473	Yama	8:38AM – 10:15AM	Saubhagya Until 6:16PM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20 - 25
Creative Work Siddha Yoga		Rahu	3:05PM – 4:41PM	Vanija Until 6:00AM	Nataraja: Clear		4th Phase
Until 7:36AM				Ekadashi Until 4:33PM	Moon – Light Blue		Bhuloka Day
Then Routine Work - Prabarashita Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 26 Sutra 143 Subhakrit 5124	
Makara Rasi: 10.19	Tithi 12 – 13	Gulika	10:15AM – 11:51AM	Shravana Until 3:15AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	
	594965473	Yama	7:02AM – 8:38AM	Sobhana Until 2:44PM	Muruqa: White	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20 - 26
Creative Work Siddha Yoga		Rahu	11:51AM – 1:27PM	Kaulava Until 12:04AM Thu	Nataraja: Clear		4th Phase
				Dvadashi Until 1:34PM	Moon – Purple		Devaloka Day
					Bhadrapada*Avani		

Pradosha Vrata

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 144 Subhakrit 5124	
Makara Rasi: 25.01	Tithi 13 – 14	Gulika	8:39AM – 10:15AM	Dhanishtha Until 1:04AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	
	594965473	Yama	5:27AM – 7:03AM	Athiganda* Until 11:09AM	Muruqa: White	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20 - 27
Creative Work Siddha Yoga		Rahu	1:27PM – 3:03PM	Gara Until 9:05PM	Nataraja: Clear		4th Phase
				Trayodashi Until 10:33AM	Moon – Purple		Devaloka Day
		Chidambaram Abhishekam			Bhadrapada*Avani		

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Stamford, CT Sutra 145 Subhakrit 5124	
Copper Retreat Star		Gulika	7:03AM – 8:39AM	Shatabhishak Until 10:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	
Kumbha Rasi: 9.39	Tithi 14 – 15	Yama	3:02PM – 4:37PM	Sukarma Until 7:40AM	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20 -
	594965473	Rahu	10:15AM – 11:50AM	Visti Until 6:17PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga				Chaturdashi* Until 7:38AM	Moon – Purple		Devaloka Day
					Bhadrapada*Avani		

Saturday, September 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Stamford, CT Sutra 146 Subhakrit 5124	
Kumbha Rasi: 24.07	Tithi 16	Gulika	5:29AM – 7:04AM	Purvaproshtapada* Until 9:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	
	514965473	Yama	1:25PM – 3:01PM	Shula* Until 1:28AM Sun	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20 -
Routine Work Marana Yoga		Rahu	8:39AM – 10:15AM	Balava Until 3:49PM	Nataraja: Clear		Prathama
Until 9:31PM				Prathama* Until 2:45AM Sun	Moon – Clear		Devaloka Day
Then Creative Work - Siddha Yoga					Bhadrapada*Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Sunday, September 11, 2022
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Stamford, CT
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

Gulika 3:00PM – 4:35PM
Yama 11:50AM – 1:25PM
Rahu 4:35PM – 6:10PM

Uttaraproshtapada Until 8:27PM
Ganda* Until 10:59PM
Taitila Until 1:51PM

Ganesha: Clear *Sunrise:* 5:30AM
Muruqa: White *Sunset:* 6:10PM

Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 1:05AM Mon

Moon – Clear
Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Stamford, CT
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

Gulika 1:24PM – 2:59PM
Yama 10:15AM – 11:49AM
Rahu 7:05AM – 8:40AM

Revati Until 7:55PM
Vriddhi Until 9:04PM
Vanija Until 12:31PM

Ganesha: Clear *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:08PM

Moon 9 - Phase 21 - 1
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Tritiya Until 12:06AM Tue

Moon – Clear
Bhadrapada-Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Stamford, CT
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

Gulika 11:49AM – 1:23PM
Yama 8:40AM – 10:15AM
Rahu 2:58PM – 4:32PM

Ashvini Until 8:25PM
Dhruva Until 7:44PM
Balava Until 11:56AM

Ganesha: White *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:06PM

Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 11:55PM

Moon – White
Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

Gulika 10:15AM – 11:49AM
Yama 7:06AM – 8:41AM
Rahu 11:49AM – 1:23PM

Bharani Until 9:34PM
Vyaghata* Until 7:03PM
Kaulava Until 12:09PM

Ganesha: White *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:05PM

Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Panchami Until 12:32AM Thu

Moon – White
Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 9:34PM
Then Creative Work - Amrita Yoga

4

Thursday, September 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

Gulika 8:41AM – 10:14AM
Yama 5:33AM – 7:07AM
Rahu 1:22PM – 2:56PM

Krittika Until 11:17PM
Harshana Until 6:59PM
Gara Until 1:08PM

Ganesha: Clear *Sunrise:* 5:33AM
Muruqa: White *Sunset:* 6:03PM

Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Shashthi* Until 1:53AM Fri

Moon – White
Bhadrapada-Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

Gulika 7:08AM – 8:41AM
Yama 2:54PM – 4:28PM
Rahu 10:14AM – 11:48AM

Rohini Until 1:55AM Sat
Vajra* Until 7:22PM
Visti Until 2:49PM

Ganesha: White *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 6:01PM

Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Saptami Until 3:50AM Sat

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Until 1:55AM Sat
Then Creative Work - Siddha Yoga

D

Saturday, September 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

Gulika 5:35AM – 7:08AM
Yama 1:20PM – 2:53PM
Rahu 8:41AM – 10:14AM

Mrigashira Until 4:44AM Sun
Siddhi Until 8:06PM
Balava Until 4:58PM

Ganesha: White *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 5:59PM

Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM Sun

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

Gulika 2:52PM – 4:25PM
Yama 11:47AM – 1:20PM
Rahu 4:25PM – 5:58PM

Ardra Until 7:33AM Mon
Vyatipata* Until 9:01PM
Taitila Until 7:23PM

Ganesha: White *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 5:58PM

Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Until 7:33AM Mon
Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 4/26/21

www.gurudeva.org/panchang

1		Monday, September 19, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau		Stamford, CT Sun 8 Sutra 155 Subhakarit 5124	
Mithuna Rasi: 19.08	Tithi 24 – 25	Gulika 1:19PM – 2:51PM	Ardra Until 7:33AM	Ganesha: White	<i>Sunrise:</i> 5:37AM		
Family Home Evening	535965473	Yama 10:14AM – 11:47AM	Variyan Until 9:54PM	Muruqa: White	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 22 - 8	
Creative Work Siddha Yoga		Rahu 7:10AM – 8:42AM	Vanjia Until 9:49PM	Nataraja: Clear		2nd Phase	
Until 7:33AM			Navami* Until 8:36AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi			

2		Tuesday, September 20, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 9 Sutra 156 Subhakarit 5124	
Kataka Rasi: 1.02	Tithi 25 – 26	Gulika 11:46AM – 1:18PM	Punarvasu Until 10:36AM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM		
	545965473	Yama 8:42AM – 10:14AM	Parigha* Until 10:40PM	Muruqa: White	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 22 - 9	
Creative Work Siddha Yoga		Rahu 2:50PM – 4:22PM	Bava Until 12:05AM Wed	Nataraja: Clear		2nd Phase	
			Dashami Until 10:58AM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

3		Wednesday, September 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 10 Sutra 157 Subhakarit 5124	
Kataka Rasi: 13.01	Tithi 26 – 27	Gulika 10:14AM – 11:46AM	Pushya Until 1:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM		
	545965473	Yama 7:11AM – 8:43AM	Shiva Until 11:12PM	Muruqa: White	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 22 - 10	
Creative Work Siddha Yoga		Rahu 11:46AM – 1:18PM	Kaulava Until 1:59AM Thu	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 1:04PM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

4		Thursday, September 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 11 Sutra 158 Subhakarit 5124	
Kataka Rasi: 25.08	Tithi 27 – 28	Gulika 8:43AM – 10:14AM	Ashlesha* Until 3:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM		
	545965473	Yama 5:40AM – 7:12AM	Siddha Until 11:21PM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 22 - 11	
Creative Work Siddha Yoga		Rahu 1:17PM – 2:48PM	Gara Until 3:27AM Fri	Nataraja: Clear		2nd Phase	
Until 3:20PM			Dvadashi* Until 2:46PM	Moon – Blue		Devaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi			
				<i>Pradosha Vrata (Fasting)</i>			

5		Friday, September 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanjia/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 159 Subhakarit 5124	
Simha Rasi: 7.27	Tithi 28 – 29	Gulika 7:12AM – 8:43AM	Magha* Until 5:18PM	Ganesha: Red	<i>Sunrise:</i> 5:41AM		
	555965473	Yama 2:47PM – 4:18PM	Sadhya Until 11:09PM	Muruqa: White	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 22 - 12	
Routine Work Marana Yoga		Rahu 10:14AM – 11:45AM	Visti Until 4:26AM Sat	Nataraja: Clear		2nd Phase	
Until 5:18PM			Trayodashi* Until 3:59PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			

6		Saturday, September 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 13 Sutra 160 Subhakarit 5124	
Simha Rasi: 19.59	Tithi 29 – 30	Gulika 5:42AM – 7:13AM	Purvaphalguni Until 6:36PM	Ganesha: Green	<i>Sunrise:</i> 5:42AM		
	556965473	Yama 1:16PM – 2:46PM	Subha Until 10:34PM	Muruqa: White	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 22 - 13	
Creative Work Siddha Yoga		Rahu 8:44AM – 10:14AM	Catuspada Until 4:53AM Sun	Nataraja: Clear		2nd Phase	
Until 6:36PM			Chaturdashi* Until 4:42PM	Moon – Red		Bhuloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM	

●		Sunday, September 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 14 Sutra 161 Subhakarit 5124	
Retreat Star		Gulika 2:45PM – 4:16PM	Uttaraphalguni Until 7:15PM	Ganesha: Blue	<i>Sunrise:</i> 5:43AM		
Kanya Rasi: 2.45	Tithi 30 – 1	Yama 11:45AM – 1:15PM	Sukla Until 9:33PM	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 22 - 14	
	556165473	Rahu 4:16PM – 5:46PM	Kintughna Until 4:50AM Mon	Nataraja: Clear		Amavasya	
Creative Work Amrita Yoga			Amavasya* Until 4:54PM	Moon – Red		Bhuloka Day	
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM	

Monday, September 26, 2022		Retreat Star		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 162 Subhakarit 5124	
Kanya Rasi: 15.46	Tithi 1 – 2	Gulika 1:14PM – 2:44PM	Hasta Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:44AM		
Family Home Evening	566165473	Yama 10:14AM – 11:44AM	Brahma Until 8:11PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 22 - 15	
Creative Work Siddha Yoga		Rahu 7:14AM – 8:44AM	Balava Until 4:21AM Tue	Nataraja: Clear		Prathama	
Until 7:45PM			Prathama* Until 4:38PM	Moon – Green		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga		Navaratri Begins		Ashvina-Puratasi		Devaloka Time: 6:PM to 9:PM	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stamford, CT
	Kanya Rasi: 29	Tithi 2 – 3	666165473	Gulika Yama Rahu	11:44AM – 1:14PM 8:45AM – 10:14AM 2:43PM – 4:13PM	Chitra Until 7:41PM Indra Until 6:31PM Taitila Until 3:29AM Wed Dvitiya Until 3:57PM	Sun 16 Sutra 163 Subhakrit 5124 Moon 9 - Phase 23 - 16 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green Ashvina+Puratasi	Sunrise: 5:45AM Sunset: 5:42PM Moon 9 - Phase 23 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Stamford, CT
	Tula Rasi: 12.28	Tithi 3 – 4	666165473	Gulika Yama Rahu	10:14AM – 11:44AM 7:16AM – 8:45AM 11:44AM – 1:13PM	Svati Until 7:09PM Vaidhriti* Until 4:32PM Vanija Until 2:17AM Thu Tritiya Until 2:54PM	Sun 17 Sutra 164 Subhakrit 5124 Moon 9 - Phase 23 - 17 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green Ashvina+Puratasi	Sunrise: 5:47AM Sunset: 5:41PM Moon 9 - Phase 23 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT
	Tula Rasi: 26.05	Tithi 4 – 5	676165473	Gulika Yama Rahu	8:45AM – 10:14AM 5:48AM – 7:16AM 1:12PM – 2:41PM	Vishakha Until 6:37PM Vishkambha* Until 2:19PM Bava Until 12:49AM Fri Chaturthi* Until 1:34PM	Sun 18 Sutra 165 Subhakrit 5124 Moon 9 - Phase 23 - 18 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Blue Muruga: White Nataraja: Clear Moon – Orange Ashvina+Puratasi	Sunrise: 5:48AM Sunset: 5:39PM Moon 9 - Phase 23 - 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
	Vrischika Rasi: 9.53	Tithi 5 – 6	676165473	Gulika Yama Rahu	7:17AM – 8:46AM 2:40PM – 4:09PM 10:14AM – 11:43AM	Anuradha Until 5:41PM Priti Until 11:56AM Kaulava Until 11:07PM Panchami Until 11:58AM	Sun 19 Sutra 166 Subhakrit 5124 Moon 9 - Phase 23 - 19 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Blue Muruga: White Nataraja: Clear Moon – Orange Ashvina+Puratasi	Sunrise: 5:49AM Sunset: 5:37PM Moon 9 - Phase 23 - 19 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Until 5:41PM Then Routine Work - Marana Yoga						

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
	Vrischika Rasi: 23.49	Tithi 6 – 7	676165473	Gulika Yama Rahu	5:50AM – 7:18AM 1:11PM – 2:39PM 8:46AM – 10:14AM	Jyeshtha* Until 4:26PM Ayushman Until 9:21AM Gara Until 9:13PM Shashthi* Until 10:10AM	Sun 20 Sutra 167 Subhakrit 5124 Moon 9 - Phase 23 - 20 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Blue Muruga: White Nataraja: Clear Moon – Orange Ashvina+Puratasi	Sunrise: 5:50AM Sunset: 5:36PM Moon 9 - Phase 23 - 20 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT	
	Retreat Star			687166473	Gulika Yama Rahu	2:38PM – 4:06PM 11:42AM – 1:10PM 4:06PM – 5:34PM	Mula* Until 3:17PM Saubhagya Until 6:38AM Visti Until 7:10PM Saptami Until 8:12AM	Sun 21 Sutra 168 Subhakrit 5124 Moon 9 - Phase 23 - 21 Ashtami
	Dhanus Rasi: 7.52	Tithi 7 – 8			Durga Ashtami	Ganesha: Blue Muruga: Green Nataraja: Clear Moon – Light Blue Ashvina+Puratasi	Sunrise: 5:51AM Sunset: 5:34PM Moon 9 - Phase 23 - 21 Ashtami Sivaloka Day	
	Creative Work	Amrita Yoga						

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Stamford, CT	
	Retreat Star			687166473	Gulika Yama Rahu	1:10PM – 2:37PM 10:14AM – 11:42AM 7:19AM – 8:47AM	Purvashadha* Until 1:52PM Athiganda* Until 12:51AM Tue Kaulava Until 3:50AM Tue Ashtami* Until 6:05AM	Sun 22 Sutra 169 Subhakrit 5124 Moon 9 - Phase 23 - 22 Navami
	Dhanus Rasi: 22	Tithi 8 – 9			Saraswathi Puja (Tamil Nadu)	Ganesha: Blue Muruga: Green Nataraja: Clear Moon – Light Blue Ashvina+Puratasi	Sunrise: 5:52AM Sunset: 5:32PM Moon 9 - Phase 23 - 22 Navami Sivaloka Day	
	Family Home Evening	Marana Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Stamford, CT on 4/26/21

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT
Makara Rasi: 6.13	Tithi 10	687166473	Gulika 11:42AM – 1:09PM Yama 8:47AM – 10:14AM Rahu 2:36PM – 4:03PM	Uttarashadha Until 12:12PM Sukarna Until 9:50PM Taitila Until 2:43PM Dashami Until 1:32AM Wed	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon – Light Blue	Sunrise: 5:53AM Sunset: 5:31PM	Sun 23	Sutra 170 Subhakrit 5124 Moon 9 - Phase 24 - 23 4th Phase
Routine Work Prabalarishta Yoga Until 12:12PM Then Creative Work - Siddha Yoga						Sivaloka Day		

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Vistli* Karana Ekadashyam Titau				Stamford, CT
Makara Rasi: 20.29	Tithi 11	697166473	Gulika 10:14AM – 11:41AM Yama 7:21AM – 8:48AM Rahu 11:41AM – 1:08PM	Shravana Until 10:46AM Dhriti Until 6:50PM Vanija Until 12:24PM Ekadashi Until 11:14PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 5:54AM Sunset: 5:29PM	Sun 24	Sutra 171 Subhakrit 5124 Moon 9 - Phase 24 - 24 4th Phase
Creative Work Siddha Yoga Until 10:46AM Then Routine Work - Prabalarishta Yoga						Devaloka Day		

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT
Kumbha Rasi: 4.44	Tithi 12	697166473	Gulika 8:48AM – 10:15AM Yama 5:55AM – 7:21AM Rahu 1:08PM – 2:34PM	Dhanishtha Until 9:14AM Shula* Until 3:51PM Bava Until 10:07AM Dvadashi Until 9:00PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 5:55AM Sunset: 5:27PM	Sun 25	Sutra 172 Subhakrit 5124 Moon 9 - Phase 24 - 25 4th Phase
Creative Work Siddha Yoga				Kadaitswami Mahasamadhi		Devaloka Day		

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT
Kumbha Rasi: 18.55	Tithi 13	697166473	Gulika 7:22AM – 8:48AM Yama 2:33PM – 4:00PM Rahu 10:15AM – 11:41AM	Shatabhishak Until 7:41AM Ganda* Until 1:01PM Kaulava Until 7:58AM Trayodashi Until 6:58PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 5:56AM Sunset: 5:26PM	Sun 26	Sutra 173 Subhakrit 5124 Moon 9 - Phase 24 - 26 4th Phase
Creative Work Siddha Yoga				Chidambaram Abhishekam		Devaloka Day		
<i>Pradosha Vrata</i>								

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Gara/Visti* Karana Chaturdashni/Purnimayam Titau				Stamford, CT
Meena Rasi: 2.56	Tithi 14 – 15	618166474	Gulika 5:57AM – 7:23AM Yama 1:06PM – 2:32PM Rahu 8:49AM – 10:15AM	Purvaproshtapada* Until 6:39AM Vridhni Until 10:25AM Gara Until 6:04AM Chaturdashni* Until 5:13PM	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 5:57AM Sunset: 5:24PM	Sun 27	Sutra 174 Subhakrit 5124 Moon 9 - Phase 24 - 27 4th Phase
Routine Work Marana Yoga Until 6:39AM Then Creative Work - Siddha Yoga						Bhuloka Day		

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT
Copper Retreat Star								
Meena Rasi: 16.45	Tithi 15 – 16	618166474	Gulika 2:31PM – 3:57PM Yama 11:40AM – 1:06PM Rahu 3:57PM – 5:23PM	Revati Until 5:21AM Mon Dhruva Until 8:05AM Balava Until 3:28AM Mon Purnima* Until 3:54PM	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 5:58AM Sunset: 5:23PM	Sun 28	Sutra 175 Subhakrit 5124 Moon 9 - Phase 24 - Purnima
Creative Work Amrita Yoga Until 5:21AM Mon Then Creative Work - Siddha Yoga						Bhuloka Day		

Monday, October 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Stamford, CT
Mesha Rasi: 0.16	Tithi 16 – 17	628176474	Gulika 1:05PM – 2:30PM Yama 10:15AM – 11:40AM Rahu 7:24AM – 8:50AM	Ashvini Until 5:45AM Tue Vyaghata* Until 6:10AM Taitila Until 2:59AM Tue Prathama* Until 3:07PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – White	Sunrise: 5:59AM Sunset: 5:21PM	Sun 29	Sutra 176 Subhakrit 5124 Moon 9 - Phase 24 - Prathama
Family Home Evening Creative Work Siddha Yoga						Bhuloka Day		Devaloka Time: 6:AM to 9:AM



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

Gulika 11:40AM - 1:05PM
Yama 8:50AM - 10:15AM
Rahu 2:30PM - 3:54PM

Bharani Until 6:38AM Wed

Vajra* Until 3:47AM Wed

Vanija Until 3:10AM Wed

Dvitiya Until 2:58PM

Ganesha: Yellow *Sunrise:* 6:00AM

Muruqa: White *Sunset:* 5:19PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

Gulika 10:15AM - 11:39AM
Yama 7:26AM - 8:50AM
Rahu 11:39AM - 1:04PM

Bharani Until 6:38AM

Siddhi Until 3:23AM Thu

Bava Until 4:02AM Thu

Tritiya Until 3:30PM

Ganesha: Yellow *Sunrise:* 6:01AM

Muruqa: White *Sunset:* 5:18PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

Gulika 8:51AM - 10:15AM
Yama 6:02AM - 7:27AM
Rahu 1:03PM - 2:28PM

Krittika Until 8:01AM

Vyatipata* Until 3:28AM Fri

Kaulava Until 5:32AM Fri

Chaturthi* Until 4:41PM

Ganesha: Yellow *Sunrise:* 6:02AM

Muruqa: White *Sunset:* 5:16PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Stamford, CT

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

628176474

Gulika 7:27AM - 8:51AM
Yama 2:27PM - 3:51PM
Rahu 10:15AM - 11:39AM

Rohini Until 10:19AM

Varyan Until 3:56AM Sat

Taitila Until 6:27PM

Panchami Until 6:27PM

Ganesha: Blue *Sunrise:* 6:03AM

Muruqa: White *Sunset:* 5:15PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

628176474

Gulika 6:04AM - 7:28AM
Yama 1:02PM - 2:26PM
Rahu 8:52AM - 10:15AM

Mrigashira Until 12:55PM

Parigha* Until 4:40AM Sun

Gara Until 7:32AM

Shashthi* Until 8:39PM

Ganesha: Red *Sunrise:* 6:04AM

Muruqa: White *Sunset:* 5:13PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Stamford, CT

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

628176474

Gulika 2:25PM - 3:48PM
Yama 11:39AM - 1:02PM
Rahu 3:48PM - 5:12PM

Ardra Until 3:37PM

Shiva Until 5:32AM Mon

Visti Until 9:52AM

Saptami Until 11:04PM

Ganesha: Red *Sunrise:* 6:06AM

Muruqa: White *Sunset:* 5:12PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

Gulika 1:01PM - 2:24PM
Yama 10:15AM - 11:38AM
Rahu 7:30AM - 8:53AM

Punarvasu Until 6:42PM

Siddha Until 6:20AM Tue

Balava Until 12:18PM

Ashtami* Until 1:29AM Tue

Ganesha: Green *Sunrise:* 6:07AM

Muruqa: White *Sunset:* 5:10PM

Nataraja: Purple

Moon - Blue

Ashvina+Purasi

Devaloka Day

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

Gulika 11:38AM - 1:01PM
Yama 8:53AM - 10:16AM
Rahu 2:23PM - 3:46PM

Pushya Until 9:29PM

Siddha Until 6:20AM

Taitila Until 2:39PM

Navami* Until 3:42AM Wed

Ganesha: Green *Sunrise:* 6:08AM

Muruqa: White *Sunset:* 5:09PM

Nataraja: Purple

Moon - Blue

Ashvina+Purasi

Devaloka Day

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Stamford, CT on 4/26/21

www.gurudeva.org/panchang

1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
	Kataka Rasi: 20.55	Tithi 25	649176474	Gulika 10:16AM – 11:38AM	Ashlesha* Until 11:47PM	Ganesha: Green <i>Sunrise: 6:09AM</i>	Sun 9 Sutra 185
				Yama 7:31AM – 8:53AM	Sadhya Until 6:58AM	Muruqa: White <i>Sunset: 5:07PM</i>	Moon 10 - Phase 26 - 9
	Creative Work	Siddha Yoga		Rahu 11:38AM – 1:00PM	Vanija Until 4:42PM	Nataraja: Purple Moon – Blue	2nd Phase
			Dashami Until 5:32AM Thu		Ashvina-Aipasi		Devaloka Day

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Stamford, CT
	Simha Rasi: 3.04	Tithi 26	659276474	Gulika 8:54AM – 10:16AM	Magha* Until 1:55AM Fri	Ganesha: Green <i>Sunrise: 6:10AM</i>	Sun 10 Sutra 186
				Yama 6:10AM – 7:32AM	Subha Until 7:19AM	Muruqa: White <i>Sunset: 5:06PM</i>	Moon 10 - Phase 26 - 10
	Creative Work	Amrita Yoga		Rahu 1:00PM – 2:22PM	Bava Until 6:17PM	Nataraja: Purple Moon – Red	2nd Phase
			Ekadashi* Until 6:51AM Fri		Ashvina-Aipasi		Bhuloka Day
Until 1:55AM Fri Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Simha Rasi: 15.26	Tithi 26 – 27	659276474	Gulika 7:33AM – 8:54AM	Purvaphalguni Until 3:18AM Sat	Ganesha: Green <i>Sunrise: 6:11AM</i>	Sun 11 Sutra 187
				Yama 2:21PM – 3:42PM	Sukla Until 7:13AM	Muruqa: White <i>Sunset: 5:04PM</i>	Moon 10 - Phase 26 - 11
	Creative Work	Siddha Yoga		Rahu 10:16AM – 11:38AM	Kaulava Until 7:18PM	Nataraja: Purple Moon – Red	2nd Phase
			Ekadashi* Until 6:51AM		Ashvina-Aipasi		Bhuloka Day
Until 3:18AM Sat Then Routine Work - Marana Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Simha Rasi: 28.05	Tithi 27 – 28	651276474	Gulika 6:12AM – 7:34AM	Uttaraphalguni Until 3:55AM Sun	Ganesha: Purple <i>Sunrise: 6:12AM</i>	Sun 12 Sutra 188
				Yama 12:59PM – 2:20PM	Brahma Until 6:39AM	Muruqa: White <i>Sunset: 5:03PM</i>	Moon 10 - Phase 26 - 12
	Routine Work	Marana Yoga		Rahu 8:55AM – 10:16AM	Gara Until 7:40PM	Nataraja: Purple Moon – Red	2nd Phase
			Dvadashi* Until 7:33AM		Ashvina-Aipasi		Bhuloka Day
Until 3:55AM Sun Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Kanya Rasi: 11.02	Tithi 28 – 29	661276474	Gulika 2:19PM – 3:40PM	Hasta Until 4:13AM Mon	Ganesha: Light Blue <i>Sunrise: 6:13AM</i>	Sun 13 Sutra 189
				Yama 11:37AM – 12:58PM	Vaidhriti* Until 4:02AM Mon	Muruqa: White <i>Sunset: 5:01PM</i>	Moon 10 - Phase 26 - 13
	Creative Work	Amrita Yoga		Rahu 3:40PM – 5:01PM	Visti Until 7:23PM	Nataraja: Purple Moon – Green	2nd Phase
			Deepavali Hindu Solidarity Day		Trayodashi* Until 7:35AM		Bhuloka Day
Until 4:13AM Mon Then Routine Work - Prabalarishta Yoga							

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
	Retreat Star		661276474	Gulika 12:58PM – 2:19PM	Chitra Until 3:47AM Tue	Ganesha: Light Blue <i>Sunrise: 6:15AM</i>	Sun 14 Sutra 190
	Kanya Rasi: 24.19	Tithi 29 – 30		Yama 10:17AM – 11:37AM	Vishkambha* Until 2:01AM Tue	Muruqa: White <i>Sunset: 5:00PM</i>	Moon 10 - Phase 26 - 14
	Family Home Evening			Rahu 7:35AM – 8:56AM	Catuspada Until 6:30PM	Nataraja: Purple Moon – Green	Amavasya
			Subramuniyaswami Mahasamadhi		Chaturdashi* Until 7:00AM		Bhuloka Day
Until 3:47AM Tue Then Creative Work - Siddha Yoga							

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT
	Retreat Star		661276474	Gulika 11:37AM – 12:57PM	Svati Until 2:45AM Wed	Ganesha: Light Blue <i>Sunrise: 6:16AM</i>	Sun 15 Sutra 191
	Tula Rasi: 7.55	Tithi 1		Yama 8:56AM – 10:17AM	Priti Until 11:37PM	Muruqa: White <i>Sunset: 4:58PM</i>	Moon 10 - Phase 26 - 15
	Creative Work	Siddha Yoga		Rahu 2:18PM – 3:38PM	Kintughna Until 5:06PM	Nataraja: Purple Moon – Green	Prathama
			Skanda Shasthi Begins		Prathama* Until 4:13AM Wed		Bhuloka Day
			Kartika-Aipasi				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 21.48	Tithi 2	Gulika 10:17AM – 11:37AM	Vishakha Until 1:38AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	
			Yama 7:37AM – 8:57AM	Ayushman Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 Rahu 11:37AM – 12:57PM	Balava Until 3:16PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:13AM Thu	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 5.54	Tithi 3	Gulika 8:57AM – 10:17AM	Anuradha Until 12:07AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	
			Yama 6:18AM – 7:38AM	Saubhagya Until 5:57PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 Rahu 12:57PM – 2:16PM	Taitila Until 1:09PM	Nataraja: Clear		3rd Phase
			Tritiya Until 12:00AM Fri	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Kartika-Aipasi			

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Stamford, CT Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 20.09	Tithi 4	Gulika 7:39AM – 8:58AM	Jyeshtha* Until 10:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	
			Yama 2:16PM – 3:35PM	Sobhana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 Rahu 10:17AM – 11:37AM	Vanija Until 10:50AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 9:38PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Kartika-Aipasi			

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 4.29	Tithi 5	Gulika 6:20AM – 7:39AM	Mula* Until 8:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	
			Yama 12:56PM – 2:15PM	Athiganda* Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	681276574 Rahu 8:59AM – 10:18AM	Bava Until 8:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 7:14PM	Moon – Light Blue		Devaloka Day	
				Kartika-Aipasi			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 18.48	Tithi 6 – 7	Gulika 2:14PM – 3:33PM	Purvashadha* Until 7:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	
			Yama 11:37AM – 12:55PM	Sukarma Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	681276574 Rahu 3:33PM – 4:52PM	Kaulava Until 6:03AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 4:52PM	Moon – Light Blue		Devaloka Day	
				Kartika-Aipasi			

D	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT Sun 21 Sutra 197 Subhakit 5124
	Retreat Star		Gulika 12:55PM – 2:14PM	Uttarashadha Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	
	Makara Rasi: 3.04	Tithi 7 – 8	Yama 10:18AM – 11:37AM	Shula* Until 2:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 27 - 21
	Family Home Evening		681276574 Rahu 7:41AM – 9:00AM	Visti Until 1:35AM Tue	Nataraja: Clear		Ashtami
			Saptami Until 2:38PM	Moon – Light Blue		Devaloka Day	
				Kartika-Aipasi			

D	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT Sun 22 Sutra 198 Subhakit 5124
	Retreat Star		Gulika 11:37AM – 12:55PM	Shravana Until 4:21PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	
	Makara Rasi: 17.14	Tithi 8 – 9	Yama 9:00AM – 10:18AM	Ganda* Until 11:55PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	691276574 Rahu 2:13PM – 3:31PM	Balava Until 11:37PM	Nataraja: Clear		Navami
			Ashtami* Until 12:33PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Stamford, CT on 4/26/21

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1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT Sun 23 Sutra 199
	Kumbha Rasi: 1.17	Tithi 9 – 10	Gulika 10:19AM – 11:37AM	Dhanishtha Until 3:14PM	Ganesha: Green	<i>Sunrise:</i> 6:25AM	Subhakrit 5124
			Yama 7:43AM – 9:01AM	Vriddhi Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 28 - 23
		692276574	Rahu 11:37AM – 12:54PM	Taitila Until 9:51PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple	Bhuloka Day		
Until 3:14PM					Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 24 Sutra 200
	Kumbha Rasi: 15.11	Tithi 10 – 11	Gulika 9:01AM – 10:19AM	Shatabhishak Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:26AM	Subhakrit 5124
			Yama 6:26AM – 7:44AM	Dhruva Until 6:56PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 28 - 24
		692276574	Rahu 12:54PM – 2:12PM	Vanija Until 8:22PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – Purple	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 201
	Kumbha Rasi: 28.56	Tithi 11 – 12	Gulika 7:45AM – 9:02AM	Purvaproshtapada* Until 1:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	Subhakrit 5124
			Yama 2:11PM – 3:28PM	Vyaghata* Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 28 - 25
		612276574	Rahu 10:19AM – 11:37AM	Bava Until 7:10PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – Clear	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26 Sutra 202
	Meena Rasi: 12.29	Tithi 12 – 13	Gulika 6:29AM – 7:46AM	Uttaraproshtapada Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	Subhakrit 5124
			Yama 12:54PM – 2:11PM	Harshana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 28 - 26
		612276574	Rahu 9:03AM – 10:20AM	Kaulava Until 6:19PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – Clear	Bhuloka Day		
Until 1:28PM					Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Prabalarishta Yoga							
					<i>Pradosha Vrata</i>		

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 203
	Meena Rasi: 25.49	Tithi 13 – 14	Gulika 2:10PM – 3:27PM	Revati Until 1:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM	Subhakrit 5124
			Yama 11:37AM – 12:53PM	Vajra* Until 1:18PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 28 - 27
		612276574	Rahu 3:27PM – 4:43PM	Vanija Until 5:47AM Mon	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga				Moon – Clear	Bhuloka Day		
Until 1:25PM					Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

O	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistil*/Bava Karana Purnimayam Titau				Stamford, CT Sun 28 Sutra 204
	Copper Retreat Star		Gulika 12:53PM – 2:10PM	Ashvini Until 2:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Subhakrit 5124
	Mesha Rasi: 8.56	Tithi 15	Yama 10:20AM – 11:37AM	Siddhi Until 12:05PM	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 28 - Purnima
	Family Home Evening	722276574	Rahu 7:47AM – 9:04AM	Vistil Until 5:52PM	Nataraja: Clear		
Creative Work Siddha Yoga				Moon – White	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		

O	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 29 Sutra 205
	Silver Retreat Star		Gulika 11:37AM – 12:53PM	Bharani Until 3:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Subhakrit 5124
	Mesha Rasi: 21.49	Tithi 15 – 16	Yama 9:04AM – 10:21AM	Vyatipata* Until 11:14AM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 28 - Prathama
		722276574	Rahu 2:09PM – 3:25PM	Balava Until 6:23PM	Nataraja: Clear		
Creative Work Siddha Yoga				Moon – White	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vairyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 206

Subhakrit 5124

Vrishabha Rasi: 4.27 Tithi 16 - 17

722276574

Gulika

10:21AM - 11:37AM

Yama

7:49AM - 9:05AM

Rahu

11:37AM - 12:53PM

Krittika Until 4:29PM

Vairyan Until 10:46AM

Taitila Until 7:25PM

Prathama* Until 6:49AM

Ganesha: Blue

Sunrise: 6:33AM

Muruqa: Clear

Sunset: 4:40PM

Nataraja: Clear

Moon - White

Karttika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 4:29PM

Then Creative Work - Siddha Yoga

1 Thursday, November 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 207

Subhakrit 5124

Vrishabha Rasi: 16.52 Tithi 17 - 18

732276574

Gulika

9:06AM - 10:21AM

Yama

6:35AM - 7:50AM

Rahu

12:53PM - 2:08PM

Rohini Until 6:39PM

Parigha* Until 10:42AM

Vanija Until 8:56PM

Dvitiya Until 8:06AM

Ganesha: Red

Sunrise: 6:35AM

Muruqa: Clear

Sunset: 4:39PM

Nataraja: Clear

Moon - Yellow

Karttika-Aipasi

Devaloka Day

Routine Work Marana Yoga

2 Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Stamford, CT

Sun 2 Sutra 208

Subhakrit 5124

Vrishabha Rasi: 29.04 Tithi 18 - 19

732276574

Gulika

7:51AM - 9:06AM

Yama

2:08PM - 3:23PM

Rahu

10:22AM - 11:37AM

Mrigashira Until 9:05PM

Shiva Until 11:00AM

Bava Until 10:55PM

Tritiya Until 9:51AM

Ganesha: Red

Sunrise: 6:36AM

Muruqa: Clear

Sunset: 4:38PM

Nataraja: Clear

Moon - Yellow

Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3 Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 209

Subhakrit 5124

Mithuna Rasi: 11.07 Tithi 19 - 20

732276574

Gulika

6:37AM - 7:52AM

Yama

12:52PM - 2:07PM

Rahu

9:07AM - 10:22AM

Ardra Until 11:39PM

Siddha Until 11:34AM

Kaulava Until 1:12AM Sun

Chaturthi* Until 12:00PM

Ganesha: Red

Sunrise: 6:37AM

Muruqa: Clear

Sunset: 4:37PM

Nataraja: Clear

Moon - Yellow

Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4 Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 4 Sutra 210

Subhakrit 5124

Mithuna Rasi: 23.03 Tithi 20 - 21

742276574

Gulika

2:07PM - 3:22PM

Yama

11:37AM - 12:52PM

Rahu

3:22PM - 4:36PM

Punarvasu Until 2:45AM Mon

Sadhya Until 12:19PM

Gara Until 3:41AM Mon

Panchami Until 2:24PM

Ganesha: Green

Sunrise: 6:38AM

Muruqa: Clear

Sunset: 4:36PM

Nataraja: Clear

Moon - Blue

Karttika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5 Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 5 Sutra 211

Subhakrit 5124

Kataka Rasi: 4.56 Tithi 21 - 22

742376574

Gulika

12:52PM - 2:07PM

Yama

10:23AM - 11:37AM

Rahu

7:54AM - 9:08AM

Pushya Until 5:40AM Tue

Subha Until 1:11PM

Visti Until 6:09AM Tue

Shashthi* Until 4:54PM

Ganesha: White

Sunrise: 6:39AM

Muruqa: Clear

Sunset: 4:36PM

Nataraja: Clear

Moon - Blue

Karttika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

6 Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Sun 6 Sutra 212

Subhakrit 5124

Kataka Rasi: 16.49 Tithi 22

743376574

Gulika

11:38AM - 12:52PM

Yama

9:09AM - 10:23AM

Rahu

2:06PM - 3:20PM

Ashlesha* Until 8:15AM Wed

Sukla Until 1:57PM

Visti Until 6:09AM

Saptami Until 7:18PM

Ganesha: Green

Sunrise: 6:41AM

Muruqa: Clear

Sunset: 4:35PM

Nataraja: Clear

Moon - Blue

Karttika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 7 Sutra 213

Subhakrit 5124

Kataka Rasi: 28.47 Tithi 23

743376574

Gulika

10:24AM - 11:38AM

Yama

7:56AM - 9:10AM

Rahu

11:38AM - 12:52PM

Ashlesha* Until 8:15AM

Brahma Until 2:33PM

Balava Until 8:26AM

Ashtami* Until 9:24PM

Ganesha: Green

Sunrise: 6:42AM

Muruqa: Clear

Sunset: 4:34PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Valdhriti* Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 8 Sutra 214

Subhakrit 5124

Simha Rasi: 10.53 Tithi 24

753376575

Gulika

9:10AM - 10:24AM

Yama

6:43AM - 7:57AM

Rahu

12:52PM - 2:06PM

Magha* Until 10:47AM

Indra Until 2:49PM

Taitila Until 10:19AM

Navami* Until 11:01PM

Ganesha: Orange

Sunrise: 6:43AM

Muruqa: Clear

Sunset: 4:33PM

Nataraja: Purple

Moon - Red

Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 10:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Stamford, CT on 4/26/21

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1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
Simha Rasi: 23.13	Tithi 25			Gulika 7:58AM – 9:11AM	Purvaphalguni Until 12:35PM	Ganesha: Orange	<i>Sunrise:</i> 6:44AM	Sun 9 Sutra 215
		753376575		Yama 2:05PM – 3:19PM	Vaidhriti* Until 2:37PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Subhakrit 5124
Creative Work	Siddha Yoga			Rahu 10:25AM – 11:38AM	Vanija Until 11:37AM	Nataraja: Purple		Moon 11 - Phase 30 - 9
					Dashami Until 12:00AM Sat	Moon – Red		2nd Phase
						Sivaloka Day		
						Karttika-Karttikai		

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
Kanya Rasi: 5.51	Tithi 26			Gulika 6:45AM – 7:59AM	Uttaraphalguni Until 1:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:45AM	Sun 10 Sutra 216
		753376575		Yama 12:52PM – 2:05PM	Vishkambha* Until 1:53PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Subhakrit 5124
Routine Work	Marana Yoga			Rahu 9:12AM – 10:25AM	Bava Until 12:13PM	Nataraja: Purple		Moon 11 - Phase 30 - 10
					Ekadashi* Until 12:13AM Sun	Moon – Red		2nd Phase
						Sivaloka Day		
						Karttika-Karttikai		

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Stamford, CT
Kanya Rasi: 18.5	Tithi 27			Gulika 2:05PM – 3:18PM	Hasta Until 2:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:46AM	Sun 11 Sutra 217
		763376575		Yama 11:39AM – 12:52PM	Priti Until 12:33PM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Subhakrit 5124
Creative Work	Amrita Yoga			Rahu 3:18PM – 4:31PM	Kaulava Until 12:03PM	Nataraja: Purple		Moon 11 - Phase 30 - 11
Until 2:07PM					Dvadashti* Until 11:40PM	Moon – Green		2nd Phase
Then Creative Work - Siddha Yoga						Devaloka Day		
						Karttika-Karttikai		

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
Tula Rasi: 2.14	Tithi 28			Gulika 12:52PM – 2:05PM	Chitra Until 1:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:48AM	Sun 12 Sutra 218
Family Home Evening		763376575		Yama 10:26AM – 11:39AM	Ayushman Until 10:36AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Subhakrit 5124
Routine Work	Prabalarishta Yoga			Rahu 8:00AM – 9:13AM	Gara Until 11:07AM	Nataraja: Purple		Moon 11 - Phase 30 - 12
Until 1:45PM					Trayodashi* Until 10:22PM	Moon – Green		2nd Phase
Then Creative Work - Amrita Yoga						Devaloka Day		
						Karttika-Karttikai		
						<i>Pradosha Vrata (Fasting)</i>		

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stamford, CT
Tula Rasi: 16.03	Tithi 29			Gulika 11:39AM – 12:52PM	Svati Until 12:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:49AM	Sun 13 Sutra 219
		763376575		Yama 9:14AM – 10:27AM	Saubhagya Until 8:07AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Subhakrit 5124
Creative Work	Siddha Yoga			Rahu 2:04PM – 3:17PM	Visti Until 9:30AM	Nataraja: Purple		Moon 11 - Phase 30 - 13
Until 12:34PM					Chaturdashi* Until 8:26PM	Moon – Green		2nd Phase
Then Routine Work - Marana Yoga						Devaloka Day		
						Karttika-Karttikai		

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
Retreat Star				Gulika 10:27AM – 11:39AM	Vishakha Until 11:07AM	Ganesha: Purple	<i>Sunrise:</i> 6:50AM	Sun 14 Sutra 220
Vrischika Rasi: 0.15	Tithi 30 – 1			Yama 8:02AM – 9:15AM	Athiganda* Until 1:48AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Subhakrit 5124
		773376575		Rahu 11:39AM – 12:52PM	Catuspada Until 7:16AM	Nataraja: Purple		Moon 11 - Phase 30 - 14
Creative Work	Siddha Yoga				Amavasya* Until 5:58PM	Moon – Orange		Amavasya
						Devaloka Day		
						Karttika-Karttikai		

Thursdays		Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
Retreat Star				Gulika 9:15AM – 10:28AM	Anuradha Until 9:06AM	Ganesha: Purple	<i>Sunrise:</i> 6:51AM	Sun 15 Sutra 221
Vrischika Rasi: 14.46	Tithi 1 – 2			Yama 6:51AM – 8:03AM	Sukarma Until 10:11PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Subhakrit 5124
		773376575		Rahu 12:52PM – 2:04PM	Balava Until 1:39AM Fri	Nataraja: Purple		Moon 11 - Phase 30 - 15
Creative Work	Siddha Yoga				Prathama* Until 3:08PM	Moon – Orange		Prathama
Until 9:06AM						Devaloka Day		
Then Routine Work - Prabalarishta Yoga						Margasira-Karttikai		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 16 Sutra 222 Subhakrit 5124	
Vrischika Rasi: 29.29	Tithi 2 - 3	Gulika 8:04AM - 9:16AM	Jyeshtha* Until 6:41AM	Ganesha: Purple	<i>Sunrise:</i> 6:52AM	Muruqa: Clear	<i>Sunset:</i> 4:28PM
		Yama 2:04PM - 3:16PM	Dhriti Until 6:27PM	Moon - Orange			Moon 11 - Phase 31 - 16
		773376575 Rahu 10:28AM - 11:40AM	Taitila Until 10:32PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:05PM	Margasira-Karttikai		Devaloka Day	
Until 6:41AM							
Then Creative Work - Amrita Yoga							
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stamford, CT Sun 17 Sutra 223 Subhakrit 5124	
Dhanus Rasi: 14.17	Tithi 3 - 4	Gulika 6:53AM - 8:05AM	Purvashadha* Until 2:06AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:53AM	Muruqa: Clear	<i>Sunset:</i> 4:28PM
		Yama 12:52PM - 2:04PM	Shula* Until 2:41PM	Moon - Light Blue			Moon 11 - Phase 31 - 17
		783376575 Rahu 9:17AM - 10:29AM	Vanija Until 7:26PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:57AM	Margasira-Karttikai		Devaloka Day	
Until 2:06AM Sun							
Then Creative Work - Amrita Yoga							
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sun 18 Sutra 224 Subhakrit 5124	
Dhanus Rasi: 29.02	Tithi 5	Gulika 2:04PM - 3:16PM	Uttarashadha Until 11:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:54AM	Muruqa: Clear	<i>Sunset:</i> 4:27PM
		Yama 11:41AM - 12:52PM	Ganda* Until 11:00AM	Moon - Light Blue			Moon 11 - Phase 31 - 18
		783376575 Rahu 3:16PM - 4:27PM	Bava Until 4:29PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 3:04AM Mon	Margasira-Karttikai		Devaloka Day	
Until 10:06PM							
Then Creative Work - Siddha Yoga							
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT Sun 19 Sutra 225 Subhakrit 5124	
Makara Rasi: 13.39	Tithi 6	Gulika 12:52PM - 2:04PM	Shravana Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 6:55AM	Muruqa: Clear	<i>Sunset:</i> 4:27PM
Family Home Evening		Yama 10:30AM - 11:41AM	Vridhi Until 7:32AM	Moon - Purple			Moon 11 - Phase 31 - 19
Creative Work	Amrita Yoga	793376575 Rahu 8:07AM - 9:18AM	Kaulava Until 1:47PM	Nataraja: Purple			3rd Phase
Until 10:06PM			Shashthi* Until 12:34AM Tue	Margasira-Karttikai		Sivaloka Day	
Then Creative Work - Siddha Yoga							
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Stamford, CT Sun 20 Sutra 226 Subhakrit 5124	
Makara Rasi: 28.01	Tithi 7	Gulika 11:41AM - 12:53PM	Dhanishtha Until 8:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:56AM	Muruqa: Clear	<i>Sunset:</i> 4:26PM
		Yama 9:19AM - 10:30AM	Vyaghata* Until 1:29AM Wed	Moon - Purple			Moon 11 - Phase 31 - 20
		794376575 Rahu 2:04PM - 3:15PM	Gara Until 11:28AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 10:28PM	Margasira-Karttikai		Sivaloka Day	
Until 8:39PM							
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 227 Subhakrit 5124	
Kumbha Rasi: 12.06	Tithi 8	Gulika 10:31AM - 11:42AM	Shatabhishak Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:58AM	Muruqa: Clear	<i>Sunset:</i> 4:26PM
		Yama 8:09AM - 9:20AM	Harshana Until 11:02PM	Moon - Purple			Moon 11 - Phase 31 - 21
		794376575 Rahu 11:42AM - 12:53PM	Visti Until 9:37AM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:51PM	Margasira-Karttikai		Sivaloka Day	
Until 7:32PM							
Then Creative Work - Amrita Yoga							
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 228 Subhakrit 5124	
Kumbha Rasi: 25.52	Tithi 9	Gulika 9:20AM - 10:31AM	Purvaproshtapada* Until 7:12PM	Ganesha: Red	<i>Sunrise:</i> 6:59AM	Muruqa: Clear	<i>Sunset:</i> 4:26PM
		Yama 6:59AM - 8:09AM	Vajra* Until 8:57PM	Moon - Clear			Moon 11 - Phase 31 - 22
		714376575 Rahu 12:53PM - 2:04PM	Balava Until 8:15AM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 7:45PM	Margasira-Karttikai		Sivaloka Day	
Until 7:32PM							
Then Creative Work - Amrita Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

All times are standard time. Calculated for Stamford, CT on 4/26/21

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1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT Sun 23 Sutra 229 Subhakrit 5124
Meena Rasi: 9.2	Tithi 10	Gulika 8:10AM – 9:21AM	Uttaraproshtapada Until 7:14PM	Ganesha: Red	<i>Sunrise:</i> 7:00AM			
		Yama 2:04PM – 3:15PM	Siddhi Until 7:18PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 32 - 23		
714376575		Rahu 10:32AM – 11:43AM	Taitila Until 7:25AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 7:10PM	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT Sun 24 Sutra 230 Subhakrit 5124
Meena Rasi: 22.32	Tithi 11	Gulika 7:01AM – 8:11AM	Revati Until 7:37PM	Ganesha: Red	<i>Sunrise:</i> 7:01AM			
		Yama 12:54PM – 2:04PM	Vyatipata* Until 6:04PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 32 - 24		
714376575		Rahu 9:22AM – 10:32AM	Vanija Until 7:05AM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 7:06PM	Moon – Clear			Sivaloka Day	
Until 7:37PM		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Stamford, CT Sun 25 Sutra 231 Subhakrit 5124
Mesha Rasi: 5.29	Tithi 12	Gulika 2:04PM – 3:15PM	Ashvini Until 8:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM			
		Yama 11:43AM – 12:54PM	Varyan Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 32 - 25		
724376575		Rahu 3:15PM – 4:25PM	Bava Until 7:15AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 7:30PM	Moon – White			Devaloka Day	
Until 8:45PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT Sun 26 Sutra 232 Subhakrit 5124
Mesha Rasi: 18.12	Tithi 13	Gulika 12:54PM – 2:04PM	Bharani Until 10:09PM	Ganesha: Blue	<i>Sunrise:</i> 7:03AM			
		Yama 10:33AM – 11:44AM	Parigha* Until 4:37PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 32 - 26		
724376575		Rahu 8:13AM – 9:23AM	Kaulava Until 7:53AM	Nataraja: Purple		4th Phase		
Family Home Evening	Siddha Yoga		Trayodashi Until 8:20PM	Moon – White			Devaloka Day	
Creative Work				Margasira-Karttikai				
Until 10:09PM								
Then Routine Work - Marana Yoga								
								<i>Pradosha Vrata</i>

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 233 Subhakrit 5124
Vrishabha Rasi: 0.44	Tithi 14	Gulika 11:44AM – 12:54PM	Krittika Until 11:47PM	Ganesha: Blue	<i>Sunrise:</i> 7:04AM			
		Yama 9:24AM – 10:34AM	Shiva Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 32 - 27		
724376575		Rahu 2:05PM – 3:15PM	Gara Until 8:56AM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 9:35PM	Moon – White			Devaloka Day	
Until 11:47PM		Krittika Deepam		Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT Sun 28 Sutra 234 Subhakrit 5124
Vrishabha Rasi: 13.05	Tithi 15	Gulika 10:35AM – 11:45AM	Rohini Until 2:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:04AM			
		Yama 8:15AM – 9:25AM	Siddha Until 4:25PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 32 - Purnima		
734376575		Rahu 11:45AM – 12:55PM	Visti Until 10:22AM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 11:12PM	Moon – Yellow			Sivaloka Day	
Until 2:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT Sun 29 Sutra 235 Subhakrit 5124		
Silver Retreat Star		Gulika 9:25AM – 10:35AM	Mrigashira Until 4:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:05AM			
Vrishabha Rasi: 25.18	Tithi 16	Yama 7:05AM – 8:15AM	Sadhya Until 4:43PM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 32 - Prathama		
734376575		Rahu 12:55PM – 2:05PM	Balava Until 12:10PM	Nataraja: Purple				
Routine Work	Marana Yoga		Prathama* Until 1:09AM Fri	Moon – Yellow			Sivaloka Day	
Until 4:32AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022
Gold Retreat Star

Mithuna Rasi: 7.23 Tithi 17
734476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Taaitila/Gara Karana Dvitiyayam Titau

Gulika 8:16AM – 9:26AM
Yama 2:05PM – 3:15PM
Rahu 10:36AM – 11:46AM
Ardra Until 7:03AM Sat
Subha Until 5:14PM
Taaitila Until 2:15PM
Dvitiya Until 3:22AM Sat

Ganesha: Red *Sunrise:* 7:06AM
Muruqa: Clear *Sunset:* 4:25PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Stamford, CT
Sutra 236
Subhakrit 5124
Moon 12 - Phase 33 -
1st Phase

Sivaloka Day

1

Saturday, December 10, 2022

Mithuna Rasi: 19.23 Tithi 18
734476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Gulika 7:07AM – 8:17AM
Yama 12:56PM – 2:05PM
Rahu 9:27AM – 10:36AM
Ardra Until 7:03AM
Sukla Until 5:54PM
Vanija Until 4:35PM
Tritiya Until 5:47AM Sun

Ganesha: Red *Sunrise:* 7:07AM
Muruqa: Clear *Sunset:* 4:25PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Stamford, CT
Sun 1 Sutra 237
Subhakrit 5124
Moon 12 - Phase 33 - 1
1st Phase

Sivaloka Day

2

Sunday, December 11, 2022

Kataka Rasi: 1.17 Tithi 19
744476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Gulika 2:06PM – 3:15PM
Yama 11:46AM – 12:56PM
Rahu 3:15PM – 4:25PM
Punarvasu Until 10:06AM
Brahma Until 6:42PM
Bava Until 7:04PM
Chaturthi* Until 8:19AM Mon

Ganesha: Green *Sunrise:* 7:08AM
Muruqa: Clear *Sunset:* 4:25PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Stamford, CT
Sun 2 Sutra 238
Subhakrit 5124
Moon 12 - Phase 33 - 2
1st Phase

Sivaloka Day

3

Monday, December 12, 2022

Kataka Rasi: 13.1 Tithi 19 – 20
745476575
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:56PM – 2:06PM
Yama 10:37AM – 11:47AM
Rahu 8:18AM – 9:28AM
Pushya Until 1:03PM
Indra Until 7:33PM
Kaulava Until 9:36PM
Chaturthi* Until 8:19AM

Ganesha: White *Sunrise:* 7:09AM
Muruqa: Clear *Sunset:* 4:25PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Stamford, CT
Sun 3 Sutra 239
Subhakrit 5124
Moon 12 - Phase 33 - 3
1st Phase

Devaloka Day

4

Tuesday, December 13, 2022

Kataka Rasi: 25.02 Tithi 20 – 21
745476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili* Yoga Taaitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:47AM – 12:57PM
Yama 9:28AM – 10:38AM
Rahu 2:06PM – 3:16PM
Ashlesha* Until 3:48PM
Vaidhrili* Until 8:19PM
Gara Until 12:03AM Wed
Panchami Until 10:49AM

Ganesha: White *Sunrise:* 7:10AM
Muruqa: Clear *Sunset:* 4:25PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Stamford, CT
Sun 4 Sutra 240
Subhakrit 5124
Moon 12 - Phase 33 - 4
1st Phase

Devaloka Day

5

Wednesday, December 14, 2022

Simha Rasi: 6.58 Tithi 21 – 22
755476575
Creative Work Siddha Yoga
Until 6:42PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Gulika 10:38AM – 11:48AM
Yama 8:20AM – 9:29AM
Rahu 11:48AM – 12:57PM
Magha* Until 6:42PM
Vishkambha* Until 8:55PM
Visli Until 2:14AM Thu
Shashthi* Until 1:10PM

Ganesha: Clear *Sunrise:* 7:10AM
Muruqa: Clear *Sunset:* 4:25PM
Nataraja: Purple
Moon – Red
Margasira-Karttikai

Stamford, CT
Sun 5 Sutra 241
Subhakrit 5124
Moon 12 - Phase 33 - 5
1st Phase

Sivaloka Day

6

Thursday, December 15, 2022

Simha Rasi: 19.01 Tithi 22 – 23
755476575
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:30AM – 10:39AM
Yama 7:11AM – 8:20AM
Rahu 12:58PM – 2:07PM
Purvaphalguni Until 9:02PM
Priti Until 9:13PM
Balava Until 3:57AM Fri
Saptami Until 3:08PM

Ganesha: Clear *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 4:26PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Stamford, CT
Sun 6 Sutra 242
Subhakrit 5124
Moon 12 - Phase 33 - 6
1st Phase

Sivaloka Day

Markali Pillaiyar

Friday, December 16, 2022

Retreat Star

Kanya Rasi: 1.16 Tithi 23 – 24
855476575
Creative Work Siddha Yoga
Until 10:38PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:21AM – 9:30AM
Yama 2:07PM – 3:17PM
Rahu 10:40AM – 11:49AM
Uttaraphalguni Until 10:38PM
Ayushman Until 9:02PM
Taaitila Until 5:01AM Sat
Ashtami* Until 4:33PM

Ganesha: White *Sunrise:* 7:12AM
Muruqa: Clear *Sunset:* 4:26PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Stamford, CT
Sun 7 Sutra 243
Subhakrit 5124
Moon 12 - Phase 33 - 7
Ashtami

Devaloka Day

Saturday, December 17, 2022

Retreat Star

Kanya Rasi: 13.47 Tithi 24 – 25
865476575
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:12AM – 8:22AM
Yama 12:59PM – 2:08PM
Rahu 9:31AM – 10:40AM
Hasta Until 11:49PM
Saubhagya Until 8:17PM
Vanija Until 5:17AM Sun
Navami* Until 5:14PM

Ganesha: Clear *Sunrise:* 7:12AM
Muruqa: Clear *Sunset:* 4:26PM
Nataraja: Purple
Moon – Green
Margasira-Markali

Stamford, CT
Sun 8 Sutra 244
Subhakrit 5124
Moon 12 - Phase 33 - 8
Navami

Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1 Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Stamford, CT
		Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 245
Kanya Rasi: 26.41	Tithi 25 – 26	Gulika 2:08PM – 3:17PM	Chitra Until 12:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:13AM	Subhakrit 5124
		Yama 11:50AM – 12:59PM	Sobhana Until 6:54PM	Muruqa: Clear	<i>Sunset:</i> 4:27PM	Moon 12 - Phase 34 - 9
	865476575	Rahu 3:17PM – 4:27PM	Bava Until 4:42AM Mon	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:05PM	Moon – Green		Sivaloka Day
Until 12:01AM Mon				Margasira*Markali		
Then Creative Work - Amrita Yoga						

2 Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Stamford, CT
		Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 246
Tula Rasi: 10.01	Tithi 26 – 27	Gulika 1:00PM – 2:09PM	Svati Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:14AM	Subhakrit 5124
Family Home Evening		Yama 10:41AM – 11:50AM	Athiganda* Until 4:49PM	Muruqa: Clear	<i>Sunset:</i> 4:27PM	Moon 12 - Phase 34 - 10
Creative Work	Amrita Yoga	865476575	Rahu 8:23AM – 9:32AM	Nataraja: Purple		2nd Phase
Until 11:15PM			Kaulava Until 3:17AM Tue	Moon – Green		Sivaloka Day
Then Routine Work - Marana Yoga			Ekadashi* Until 4:04PM	Margasira*Markali		

3 Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Stamford, CT
		Vishakha Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 247
Tula Rasi: 23.5	Tithi 27 – 28	Gulika 11:51AM – 1:00PM	Vishakha Until 10:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:14AM	Subhakrit 5124
		Yama 9:33AM – 10:42AM	Sukarma Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 12 - Phase 34 - 11
	875476575	Rahu 2:09PM – 3:18PM	Gara Until 1:06AM Wed	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 2:15PM	Moon – Orange		Devaloka Day
Until 10:01PM				Margasira*Markali		
Then Creative Work - Siddha Yoga						

4 Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Stamford, CT
		Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 248
Vrischika Rasi: 8.07	Tithi 28 – 29	Gulika 10:42AM – 11:51AM	Anuradha Until 8:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:15AM	Subhakrit 5124
		Yama 8:24AM – 9:33AM	Dhriti Until 10:52AM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 12 - Phase 34 - 12
	876476575	Rahu 11:51AM – 1:01PM	Visti Until 10:18PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:45AM	Moon – Orange		Sivaloka Day
				Margasira*Markali		

Thursday, December 22, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Stamford, CT
		Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 249
Vrischika Rasi: 22.5	Tithi 29 – 30	Gulika 9:34AM – 10:43AM	Jyeshtha* Until 5:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:15AM	Subhakrit 5124
		Yama 7:15AM – 8:24AM	Shula* Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 12 - Phase 34 - 13
	876476575	Rahu 1:01PM – 2:10PM	Catuspada Until 7:02PM	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 8:42AM	Moon – Orange		Sivaloka Day
Until 5:22PM				Margasira*Markali		
Then Creative Work - Siddha Yoga						

Friday, December 23, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Stamford, CT
		Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 250
Dhanus Rasi: 7.5	Tithi 1	Gulika 8:25AM – 9:34AM	Mula* Until 2:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:16AM	Subhakrit 5124
		Yama 2:11PM – 3:20PM	Vriddhi Until 10:56PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 12 - Phase 34 - 14
	886476575	Rahu 10:43AM – 11:52AM	Kintughna Until 3:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:38AM Sat	Moon – Light Blue		Sivaloka Day
Until 2:42PM				Pausha*Markali		
Then Routine Work - Prabalarishta Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 23	Tithi 2	Gulika 7:16AM – 8:25AM	Purvashadha* Until 11:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:16AM	Muruḡa: Purple	<i>Sunset:</i> 4:30PM
		Yama 1:02PM – 2:11PM	Dhruva Until 6:40PM	Nataraja: Purple		Moon – Light Blue	Moon 12 - Phase 35 - 15
		886486575 Rahu 9:35AM – 10:44AM	Balava Until 11:49AM				3rd Phase
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Subha Sivaloka Day			
Until 11:46AM				Pausha*Markali			
Then Routine Work - Marana Yoga							

2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 8.1	Tithi 3	Gulika 2:12PM – 3:21PM	Uttarashadha Until 8:46AM	Ganesha: Orange	<i>Sunrise:</i> 7:17AM	Muruḡa: Purple	<i>Sunset:</i> 4:30PM
		Yama 11:53AM – 1:03PM	Vyaghata* Until 2:30PM	Nataraja: Purple		Moon – Light Blue	Moon 12 - Phase 35 - 16
		886486575 Rahu 3:21PM – 4:30PM	Taitila Until 8:11AM				3rd Phase
Creative Work	Amrita Yoga	Day 5 of Pancha Ganapati		Subha Sivaloka Day			
Until 6:15AM				Pausha*Markali			
Then Routine Work - Marana Yoga							

3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 23.1	Tithi 4 – 5	Gulika 1:03PM – 2:12PM	Shravana Until 6:15AM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	Muruḡa: Purple	<i>Sunset:</i> 4:31PM
Family Home Evening		Yama 10:45AM – 11:54AM	Harshana Until 10:35AM	Nataraja: Clear		Moon – Purple	Moon 12 - Phase 35 - 17
		896486576 Rahu 8:26AM – 9:35AM	Bava Until 1:47AM Tue				3rd Phase
Creative Work	Amrita Yoga	Chaturthi* Until 3:13PM		Sivaloka Day			
Until 6:15AM				Pausha*Markali			
Then Creative Work - Siddha Yoga							

4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stamford, CT Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 7.52	Tithi 5 – 6	Gulika 11:54AM – 1:04PM	Shatabhishak Until 2:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	Muruḡa: Purple	<i>Sunset:</i> 4:32PM
		Yama 9:36AM – 10:45AM	Vajra* Until 6:58AM	Nataraja: Clear		Moon – Purple	Moon 12 - Phase 35 - 18
		896486576 Rahu 2:13PM – 3:22PM	Kaulava Until 11:18PM				3rd Phase
Routine Work	Marana Yoga	Panchami Until 12:27PM		Sivaloka Day			
Until 2:08AM Wed				Pausha*Markali			
Then Creative Work - Amrita Yoga							

5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 22.11	Tithi 6 – 7	Gulika 10:46AM – 11:55AM	Purvaproshtapada* Until 1:12AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Muruḡa: Purple	<i>Sunset:</i> 4:32PM
		Yama 8:27AM – 9:36AM	Vyatipata* Until 1:14AM Thu	Nataraja: Clear		Moon – Clear	Moon 12 - Phase 35 - 19
		817486576 Rahu 11:55AM – 1:04PM	Gara Until 9:27PM				3rd Phase
Creative Work	Amrita Yoga	Shashthi* Until 10:16AM		Devaloka Day			
Until 1:12AM Thu				Pausha*Markali			
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau		Stamford, CT Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 6.04	Tithi 7 – 8	Gulika 9:37AM – 10:46AM	Uttaraproshtapada Until 12:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Muruḡa: Purple	<i>Sunset:</i> 4:33PM
		Yama 7:18AM – 8:27AM	Variyan Until 11:11PM	Nataraja: Clear		Moon – Clear	Moon 12 - Phase 35 - 20
		817486576 Rahu 1:05PM – 2:14PM	Visti Until 8:20PM				Ashtami
Creative Work	Siddha Yoga	Saptami Until 8:47AM		Devaloka Day			
Until 1:12AM Thu				Pausha*Markali			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 19.31	Tithi 8 – 9	Gulika 8:27AM – 9:37AM	Revati Until 1:04AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Muruḡa: Purple	<i>Sunset:</i> 4:34PM
		Yama 2:15PM – 3:24PM	Parigha* Until 9:44PM	Nataraja: Clear		Moon – Clear	Moon 12 - Phase 35 - 21
		817486576 Rahu 10:46AM – 11:56AM	Balava Until 7:57PM				Navami
Creative Work	Siddha Yoga	Ashtami* Until 8:02AM		Devaloka Day			
Until 1:12AM Thu				Pausha*Markali			
Then Creative Work - Siddha Yoga							

1	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam				Stamford, CT
			Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 258
Mesha Rasi: 2.34	Tithi 9 – 10		Gulika 7:18AM – 8:28AM	Ashvini Until 2:16AM Sun	Ganesha: Yellow <i>Sunrise:</i> 7:18AM	Subhakrit 5124	
		827486576	Yama 1:06PM – 2:15PM	Shiva Until 8:51PM	Muruqa: Purple <i>Sunset:</i> 4:35PM	Moon 12 - Phase 36 - 22	
			Rahu 9:37AM – 10:47AM	Taitila Until 8:17PM	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga			Navami* Until 8:01AM	Moon – White	Sivaloka Day	
Until 2:16AM Sun					Pausha-Markali		
Then Routine Work - Prabalarishta Yoga							


2	Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
			Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 259
Mesha Rasi: 15.17	Tithi 10 – 11		Gulika 2:16PM – 3:26PM	Bharani Until 3:53AM Mon	Ganesha: Yellow <i>Sunrise:</i> 7:18AM	Subhakrit 5124	
		827486576	Yama 11:57AM – 1:06PM	Siddha Until 8:24PM	Muruqa: Purple <i>Sunset:</i> 4:35PM	Moon 12 - Phase 36 - 23	
			Rahu 3:26PM – 4:35PM	Vanija Until 9:16PM	Nataraja: Clear	4th Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 8:41AM	Moon – White	Sivaloka Day	
Until 3:53AM Mon			Vaikuntha Ekadasi		Pausha-Markali		
Then Routine Work - Marana Yoga							

3	Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Stamford, CT
			Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 260
Mesha Rasi: 27.45	Tithi 11 – 12		Gulika 1:07PM – 2:17PM	Krittika Until 5:47AM Tue	Ganesha: Yellow <i>Sunrise:</i> 7:18AM	Subhakrit 5124	
Family Home Evening		827486576	Yama 10:48AM – 11:57AM	Sadhya Until 8:22PM	Muruqa: Purple <i>Sunset:</i> 4:36PM	Moon 12 - Phase 36 - 24	
			Rahu 8:28AM – 9:38AM	Bava Until 10:44PM	Nataraja: Clear	4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 9:55AM	Moon – White	Sivaloka Day	
Until 5:47AM Tue					Pausha-Markali		
Then Creative Work - Amrita Yoga							

4	Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
			Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 261
Vrishabha Rasi: 10.01	Tithi 12 – 13		Gulika 11:58AM – 1:08PM	Rohini Until 8:21AM Wed	Ganesha: Yellow <i>Sunrise:</i> 7:19AM	Subhakrit 5124	
		837586576	Yama 9:38AM – 10:48AM	Subha Until 8:38PM	Muruqa: Purple <i>Sunset:</i> 4:37PM	Moon 12 - Phase 36 - 25	
			Rahu 2:17PM – 3:27PM	Kaulava Until 12:35AM Wed	Nataraja: Clear	4th Phase	
Creative Work	Amrita Yoga			Dvadashi Until 11:36AM	Moon – Yellow	Sivaloka Day	
Until 8:21AM Wed					Pausha-Markali		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

5	Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Stamford, CT
			Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 262
Vrishabha Rasi: 22.08	Tithi 13 – 14		Gulika 10:48AM – 11:58AM	Rohini Until 8:21AM	Ganesha: White <i>Sunrise:</i> 7:19AM	Subhakrit 5124	
		838586576	Yama 8:28AM – 9:38AM	Sukla Until 9:05PM	Muruqa: Purple <i>Sunset:</i> 4:38PM	Moon 12 - Phase 36 - 26	
			Rahu 11:58AM – 1:08PM	Gara Until 2:43AM Thu	Nataraja: Clear	4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 1:36PM	Moon – Yellow	Devaloka Day	
					Pausha-Markali		

6	Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Stamford, CT
			Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 263
Mithuna Rasi: 4.1	Tithi 14 – 15		Gulika 9:39AM – 10:49AM	Mrigashira Until 10:59AM	Ganesha: White <i>Sunrise:</i> 7:19AM	Subhakrit 5124	
		838586576	Yama 7:19AM – 8:29AM	Brahma Until 9:42PM	Muruqa: Purple <i>Sunset:</i> 4:39PM	Moon 12 - Phase 36 - 27	
			Rahu 1:09PM – 2:19PM	Visti Until 5:01AM Fri	Nataraja: Clear	4th Phase	
Routine Work	Marana Yoga			Chaturdashi* Until 3:50PM	Moon – Yellow	Devaloka Day	
			Subramuniyaswami Jayanti		Pausha-Markali		

	Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Stamford, CT
	Copper Retreat Star		Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau				Sutra 264
Mithuna Rasi: 16.08	Tithi 15		Gulika 8:29AM – 9:39AM	Ardra Until 1:36PM	Ganesha: White <i>Sunrise:</i> 7:19AM	Subhakrit 5124	
		838586576	Yama 2:20PM – 3:30PM	Indra Until 10:25PM	Muruqa: Purple <i>Sunset:</i> 4:40PM	Moon 12 - Phase 36 - Purnima	
			Rahu 10:49AM – 11:59AM	Bava Until 6:12PM	Nataraja: Clear		
Creative Work	Siddha Yoga			Purnima* Until 6:12PM	Moon – Yellow	Devaloka Day	
					Pausha-Markali		
			Ardra Darshanam				

7	Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam				Stamford, CT
	Silver Retreat Star		Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 265
Mithuna Rasi: 28.03	Tithi 16		Gulika 7:18AM – 8:29AM	Punarvasu Until 4:38PM	Ganesha: Clear <i>Sunrise:</i> 7:18AM	Subhakrit 5124	
		848586576	Yama 1:10PM – 2:20PM	Vaidhriti* Until 11:10PM	Muruqa: Purple <i>Sunset:</i> 4:41PM	Moon 12 - Phase 36 - Prathama	
			Rahu 9:39AM – 10:49AM	Balava Until 7:26AM	Nataraja: Clear		
Creative Work	Siddha Yoga			Prathama* Until 8:39PM	Moon – Blue	Sivaloka Day	
					Pausha-Markali		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 9.56 Tithi 17
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:21PM – 3:31PM **Pushya Until 7:33PM**
Yama 12:00PM – 1:10PM **Vishkambha* Until 11:57PM**
Rahu 3:31PM – 4:42PM **Taitila Until 9:55AM**
Dvitiya Until 11:09PM

Stamford, CT Sun 1 Sutra 266 Subhakit 5124
Ganesha: Clear *Sunrise: 7:18AM*
Muruga: Purple *Sunset: 4:42PM* Moon 1 - Phase 37 - 1
Nataraja: Clear 1st Phase
Moon – Blue **Sivaloka Day**
Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 21.5 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:11PM – 2:22PM **Ashlesha* Until 10:17PM**
Yama 10:50AM – 12:00PM **Priti Until 12:45AM Tue**
Rahu 8:29AM – 9:39AM **Vanija Until 12:25PM**
Tritiya Until 1:37AM Tue

Stamford, CT Sun 2 Sutra 267 Subhakit 5124
Ganesha: Clear *Sunrise: 7:18AM*
Muruga: Purple *Sunset: 4:43PM* Moon 1 - Phase 37 - 2
Nataraja: Clear 1st Phase
Moon – Blue **Sivaloka Day**
Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 3.44 Tithi 19
Creative Work Siddha Yoga
Until 1:16AM Wed
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:01PM – 1:12PM **Magha* Until 1:16AM Wed**
Yama 9:39AM – 10:50AM **Ayushman Until 1:26AM Wed**
Rahu 2:22PM – 3:33PM **Bava Until 2:51PM**
Chaturthi* Until 3:59AM Wed

Stamford, CT Sun 3 Sutra 268 Subhakit 5124
Ganesha: Clear *Sunrise: 7:18AM*
Muruga: Purple *Sunset: 4:44PM* Moon 1 - Phase 37 - 3
Nataraja: Clear 1st Phase
Moon – Red **Sivaloka Day**
Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 15.41 Tithi 20
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:50AM – 12:01PM **Purvaphalguni Until 3:51AM Thu**
Yama 8:29AM – 9:40AM **Saubhagya Until 1:58AM Thu**
Rahu 12:01PM – 1:12PM **Kaulava Until 5:07PM**
Panchami Until 6:07AM Thu

Stamford, CT Sun 4 Sutra 269 Subhakit 5124
Ganesha: Clear *Sunrise: 7:18AM*
Muruga: Purple *Sunset: 4:45PM* Moon 1 - Phase 37 - 4
Nataraja: Clear 1st Phase
Moon – Red **Sivaloka Day**
Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 27.44 Tithi 20 – 21
Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:40AM – 10:51AM **Uttaraphalguni Until 5:55AM Fri**
Yama 7:17AM – 8:28AM **Sobhana Until 2:13AM Fri**
Rahu 1:13PM – 2:24PM **Gara Until 7:03PM**
Panchami Until 6:07AM

Stamford, CT Sun 5 Sutra 270 Subhakit 5124
Ganesha: Clear *Sunrise: 7:17AM*
Muruga: Purple *Sunset: 4:46PM* Moon 1 - Phase 37 - 5
Nataraja: Clear 1st Phase
Moon – Red **Sivaloka Day**
Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 9.56 Tithi 21 – 22
Creative Work Amrita Yoga
Until 7:46AM Sat
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:28AM – 9:40AM **Hasta Until 7:46AM Sat**
Yama 2:25PM – 3:36PM **Athiganda* Until 2:03AM Sat**
Rahu 10:51AM – 12:02PM **Visti Until 8:30PM**
Shashthi* Until 7:50AM

Stamford, CT Sun 6 Sutra 271 Subhakit 5124
Ganesha: Clear *Sunrise: 7:17AM*
Muruga: Purple *Sunset: 4:47PM* Moon 1 - Phase 37 - 6
Nataraja: Clear 1st Phase
Moon – Red **Sivaloka Day**
Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 22.23 Tithi 22 – 23
Routine Work Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:17AM – 8:28AM **Hasta Until 7:46AM**
Yama 1:14PM – 2:25PM **Sukarma Until 1:21AM Sun**
Rahu 9:40AM – 10:51AM **Balava Until 9:17PM**
Saptami Until 8:58AM

Stamford, CT Sun 7 Sutra 272 Subhakit 5124
Ganesha: White *Sunrise: 7:17AM*
Muruga: Purple *Sunset: 4:48PM* Moon 1 - Phase 37 - 7
Nataraja: Clear Ashtami
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.1 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:26PM – 3:38PM **Chitra Until 8:45AM**
Yama 12:03PM – 1:14PM **Dhriti Until 12:03AM Mon**
Rahu 3:38PM – 4:49PM **Taitila Until 9:15PM**
Ashtami* Until 9:21AM

Stamford, CT Sun 8 Sutra 273 Subhakit 5124
Ganesha: White *Sunrise: 7:16AM*
Muruga: Purple *Sunset: 4:49PM* Moon 1 - Phase 37 - 8
Nataraja: Clear Navami
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

all times are standard time. Calculated for Stamford, CT on 4/26/21

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Monday, January 16, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Stamford, CT
1		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 274
Tula Rasi: 18.22	Tithi 24 – 25	Gulika	1:15PM – 2:27PM	Svati Until 8:46AM	Ganesha: White	Sunrise: 7:16AM
Family Home Evening	869586576	Yama	10:51AM – 12:03PM	Shula* Until 10:03PM	Muruqa: Purple	Sunset: 4:50PM
Creative Work	Amrita Yoga	Rahu	8:28AM – 9:40AM	Vanija Until 8:23PM	Nataraja: Clear	Moon 1 - Phase 38 - 9
Until 8:46AM				Navami* Until 8:54AM	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Subha Sivaloka Day

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Stamford, CT
2		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 275
Vrischika Rasi: 2.01	Tithi 25 – 26	Gulika	12:04PM – 1:16PM	Vishakha Until 8:15AM	Ganesha: Yellow	Sunrise: 7:16AM
	879586576	Yama	9:40AM – 10:52AM	Ganda* Until 7:24PM	Muruqa: Purple	Sunset: 4:52PM
Routine Work	Marana Yoga	Rahu	2:28PM – 3:40PM	Bava Until 6:40PM	Nataraja: Clear	Moon 1 - Phase 38 - 10
Until 8:15AM				Dashami Until 7:36AM	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Stamford, CT
3		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 276
Vrischika Rasi: 16.1	Tithi 27	Gulika	10:52AM – 12:04PM	Anuradha Until 6:48AM	Ganesha: Yellow	Sunrise: 7:15AM
	871586576	Yama	8:27AM – 9:39AM	Vriddhi Until 4:11PM	Muruqa: Purple	Sunset: 4:53PM
Creative Work	Siddha Yoga	Rahu	12:04PM – 1:16PM	Kaulava Until 4:13PM	Nataraja: Clear	Moon 1 - Phase 38 - 11
Until 8:15AM				Dvadashi* Until 2:44AM Thu	Moon – Orange	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Sivaloka Day

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Stamford, CT
4		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 277
Dhanus Rasi: 0.47	Tithi 28	Gulika	9:39AM – 10:52AM	Mula* Until 2:04AM Fri	Ganesha: Red	Sunrise: 7:14AM
	881586576	Yama	7:14AM – 8:27AM	Dhruva Until 12:26PM	Muruqa: Purple	Sunset: 4:54PM
Creative Work	Siddha Yoga	Rahu	1:17PM – 2:29PM	Gara Until 1:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 12
Until 2:04AM Fri				Trayodashi* Until 11:25PM	Moon – Light Blue	2nd Phase
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	Sivaloka Day
						<i>Pradosha Vrata (Fasting)</i>

Friday, January 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Stamford, CT
5		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 278
Dhanus Rasi: 15.48	Tithi 29	Gulika	8:27AM – 9:39AM	Purvashadha* Until 11:06PM	Ganesha: Red	Sunrise: 7:14AM
	881586576	Yama	2:30PM – 3:42PM	Vyaghata* Until 8:20AM	Muruqa: Purple	Sunset: 4:55PM
Routine Work	Prabalarishta Yoga	Rahu	10:52AM – 12:04PM	Visti Until 9:38AM	Nataraja: Clear	Moon 1 - Phase 38 - 13
Until 11:06PM				Chaturdashi* Until 7:44PM	Moon – Light Blue	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Sivaloka Day

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Stamford, CT
	Retreat Star	Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 279
Makara Rasi: 1.04	Tithi 30 – 1	Gulika	7:13AM – 8:26AM	Uttarashadha Until 7:51PM	Ganesha: Red	Sunrise: 7:13AM
	881586576	Yama	1:18PM – 2:31PM	Vajra* Until 11:34PM	Muruqa: Purple	Sunset: 4:56PM
Routine Work	Marana Yoga	Rahu	9:39AM – 10:52AM	Kintughna Until 1:57AM Sun	Nataraja: Clear	Moon 1 - Phase 38 - 14
Until 7:51PM				Amavasya* Until 3:53PM	Moon – Light Blue	Amavasya
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stamford, CT
Retreat Star		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 280
Makara Rasi: 16.23	Tithi 1 – 2	Gulika	2:31PM – 3:44PM	Shravana Until 4:53PM	Ganesha: Yellow	Sunrise: 7:13AM
	891586576	Yama	12:05PM – 1:18PM	Siddhi Until 7:11PM	Muruqa: Purple	Sunset: 4:57PM
Creative Work	Amrita Yoga	Rahu	3:44PM – 4:57PM	Balava Until 10:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 15
Until 4:53PM				Prathama* Until 12:01PM	Moon – Purple	Prathama
Then Routine Work - Marana Yoga					Magha*Thai	Sivaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Taitila Karana Dvitiya/Tritiayam Titau				Stamford, CT
	Kumbha Rasi: 1.37	Tithi 2 - 3	Gulika 1:19PM - 2:32PM	Dhanishtha Until 2:00PM	Ganesha: Yellow	<i>Sunrise:</i> 7:12AM	Sun 16 Sutra 281
	Family Home Evening	891586576	Rahu 8:25AM - 9:39AM	Vyatipata* Until 3:01PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Subhakrit 5124
	Creative Work Siddha Yoga			Taitila Until 6:36PM	Nataraja: Clear		Moon 1 - Phase 39 - 16 3rd Phase
			Dvitiya Until 8:19AM	Magha*Thai	Sivaloka Day		

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Varyayan/Parigha* Yoga Vanija/Visti* Karana Chaturtham Titau				Stamford, CT
	Kumbha Rasi: 16.35	Tithi 4	Gulika 12:06PM - 1:19PM	Shatabhishak Until 11:24AM	Ganesha: Red	<i>Sunrise:</i> 7:11AM	Sun 17 Sutra 282
		991586576	Rahu 2:33PM - 3:46PM	Variyan Until 11:09AM	Muruqa: Purple	<i>Sunset:</i> 5:00PM	Subhakrit 5124
	Routine Work Marana Yoga			Vanija Until 3:31PM	Nataraja: Clear		Moon 1 - Phase 39 - 17 3rd Phase
			Chaturthi* Until 2:09AM Wed	Magha*Thai	Sivaloka Day		

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
	Meena Rasi: 1.1	Tithi 5	Gulika 10:52AM - 12:06PM	Purvaproshtapada* Until 9:38AM	Ganesha: Blue	<i>Sunrise:</i> 7:11AM	Sun 18 Sutra 283
		911586576	Rahu 12:06PM - 1:20PM	Parigha* Until 7:46AM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Subhakrit 5124
	Creative Work Amrita Yoga			Bava Until 1:01PM	Nataraja: Clear		Moon 1 - Phase 39 - 18 3rd Phase
			Panchami Until 12:01AM Thu	Magha*Thai	Subha Sivaloka Day		

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
	Meena Rasi: 15.15	Tithi 6	Gulika 9:38AM - 10:52AM	Uttaraproshtapada Until 8:26AM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	Sun 19 Sutra 284
		911586576	Rahu 1:20PM - 2:34PM	Siddha Until 2:48AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Subhakrit 5124
	Creative Work Siddha Yoga			Kaulava Until 11:15AM	Nataraja: Clear		Moon 1 - Phase 39 - 19 3rd Phase
			Shashthi* Until 10:40PM	Magha*Thai	Subha Sivaloka Day		

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
	Meena Rasi: 28.5	Tithi 7	Gulika 8:23AM - 9:38AM	Revati Until 7:55AM	Ganesha: Blue	<i>Sunrise:</i> 7:09AM	Sun 20 Sutra 285
		911586576	Rahu 10:52AM - 12:06PM	Sadhya Until 1:20AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Subhakrit 5124
	Creative Work Siddha Yoga			Gara Until 10:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 20 3rd Phase
			Saptami Until 10:11PM	Magha*Thai	Subha Sivaloka Day		

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT
	Retreat Star		Gulika 7:08AM - 8:23AM	Ashvini Until 8:32AM	Ganesha: White	<i>Sunrise:</i> 7:08AM	Sun 21 Sutra 286
	Mesha Rasi: 11.58	Tithi 8	Rahu 9:37AM - 10:52AM	Subha Until 12:31AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Subhakrit 5124
	Creative Work Siddha Yoga			Visti* Until 10:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 21 Ashtami
			Ashtami* Until 10:34PM	Magha*Thai	Devaloka Day		

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
	Retreat Star		Gulika 2:36PM - 3:51PM	Bharani Until 9:48AM	Ganesha: Yellow	<i>Sunrise:</i> 7:07AM	Sun 22 Sutra 287
	Mesha Rasi: 24.4	Tithi 9	Rahu 3:51PM - 5:06PM	Sukla Until 12:16AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Subhakrit 5124
	Routine Work Prabalarishta Yoga			Balava Until 11:04AM	Nataraja: Clear		Moon 1 - Phase 39 - 22 Navami
			Navami* Until 11:42PM	Magha*Thai	Sivaloka Day		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT Sun 23
	Vrishabha Rasi: 7.04 Family Home Evening Routine Work Marana Yoga Until 11:35AM Then Creative Work - Amrita Yoga	Tithi 10 922686576	Gulika 1:22PM – 2:37PM Yama 10:52AM – 12:07PM Rahu 8:22AM – 9:37AM	Krittika Until 11:35AM Brahma Until 12:28AM Tue Taitila Until 12:32PM Dashami Until 1:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 7:06AM Sunset: 5:07PM	Sutra 288 Subhakrit 5124 Moon 1 - Phase 40 - 23 4th Phase Sivaloka Day

2	Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT Sun 24
	Vrishabha Rasi: 19.13 Creative Work Amrita Yoga Until 2:11PM Then Creative Work - Siddha Yoga	Tithi 11 932686576	Gulika 12:07PM – 1:22PM Yama 9:36AM – 10:52AM Rahu 2:38PM – 3:53PM	Rohini Until 2:11PM Indra Until 1:01AM Wed Vanija Until 2:31PM Ekadashi Until 3:37AM Wed	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:05AM Sunset: 5:09PM	Sutra 289 Subhakrit 5124 Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day

3	Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT Sun 25
	Mithuna Rasi: 1.13 Creative Work Siddha Yoga	Tithi 12 932686576	Gulika 10:52AM – 12:07PM Yama 8:21AM – 9:36AM Rahu 12:07PM – 1:22PM	Mrigashira Until 4:56PM Vaidhriti* Until 1:43AM Thu Bava Until 4:50PM Dvadashi Until 6:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:05AM Sunset: 5:09PM	Sutra 290 Subhakrit 5124 Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day

4	Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26
	Mithuna Rasi: 13.08 Routine Work Marana Yoga Until 7:40PM Then Creative Work - Amrita Yoga	Tithi 12 – 13 932686576	Gulika 9:36AM – 10:51AM Yama 7:05AM – 8:20AM Rahu 1:23PM – 2:38PM	Ardra Until 7:40PM Vishkambha* Until 2:32AM Fri Kaulava Until 7:18PM Dvadashi Until 6:02AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:05AM Sunset: 5:10PM	Sutra 291 Subhakrit 5124 Moon 1 - Phase 40 - 26 4th Phase Subha Sivaloka Day
	<i>Pradosha Vrata</i>						

5	Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27
	Mithuna Rasi: 25.01 Creative Work Siddha Yoga Until 10:47PM Then Routine Work - Marana Yoga	Tithi 13 – 14 942686577	Gulika 8:19AM – 9:35AM Yama 2:39PM – 3:55PM Rahu 10:51AM – 12:07PM	Punarvasu Until 10:47PM Priti Until 3:22AM Sat Gara Until 9:49PM Trayodashi Until 8:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:04AM Sunset: 5:11PM	Sutra 292 Subhakrit 5124 Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day

○	Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sun 28		
	Copper Retreat Star		Kataka Rasi: 6.54 Creative Work Siddha Yoga	Tithi 14 – 15 942686577	Gulika 7:03AM – 8:19AM Yama 1:24PM – 2:40PM Rahu 9:35AM – 10:51AM	Pushya Until 1:41AM Sun Ayushman Until 4:08AM Sun Visti Until 12:17AM Sun Chaturdashi* Until 11:02AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:03AM Sunset: 5:12PM	Sutra 293 Subhakrit 5124 Moon 1 - Phase 40 - Purnima Sivaloka Day
	Thai Pusam								

○	Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 29		
	Silver Retreat Star		Kataka Rasi: 18.48 Creative Work Siddha Yoga Until 4:19AM Mon Then Routine Work - Marana Yoga	Tithi 15 – 16 942686577	Gulika 2:40PM – 3:57PM Yama 12:07PM – 1:24PM Rahu 3:57PM – 5:13PM	Ashlesha* Until 4:19AM Mon Saubhagya Until 4:50AM Mon Balava Until 2:39AM Mon Purnima* Until 1:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:01AM Sunset: 5:13PM	Sutra 294 Subhakrit 5124 Moon 1 - Phase 40 - Prathama Sivaloka Day



Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 0.44 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 7:10AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:24PM - 2:41PM
Yama 10:51AM - 12:08PM
Rahu 8:17AM - 9:34AM

Magha* Until 7:10AM Tue
Sobhana Until 5:27AM Tue
Taitila Until 4:54AM Tue
Prathama* Until 3:46PM

Ganesha: Purple Sunrise: 7:00AM
Muruga: Purple Sunset: 5:15PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Stamford, CT
Sutra 295
Subhakrit 5124
Moon 2 - Phase 41 -
1st Phase

Tuesday, February 7, 2023

1

Simha Rasi: 12.44 Tithi 17 - 18

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:08PM - 1:25PM
Yama 9:34AM - 10:51AM
Rahu 2:42PM - 3:59PM

Magha* Until 7:10AM
Athiganda* Until 5:54AM Wed
Vanija Until 6:57AM Wed
Dvitiya Until 5:55PM

Ganesha: Purple Sunrise: 6:59AM
Muruga: Purple Sunset: 5:16PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Stamford, CT
Sun 1 Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Wednesday, February 8, 2023

2

Simha Rasi: 24.48 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:50AM - 12:08PM
Yama 8:16AM - 9:33AM
Rahu 12:08PM - 1:25PM

Purvaphalguni Until 9:40AM
Sukarma Until 6:11AM Thu
Vanija Until 6:57AM
Tritiya Until 7:52PM

Ganesha: Purple Sunrise: 6:58AM
Muruga: Purple Sunset: 5:17PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Stamford, CT
Sun 2 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Thursday, February 9, 2023

3

Kanya Rasi: 6.58 Tithi 19

952686577

Amrita Yoga

Until 11:45AM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 9:32AM - 10:50AM
Yama 6:57AM - 8:15AM
Rahu 1:25PM - 2:43PM

Uttaraphalguni Until 11:45AM
Sukarma Until 6:11AM
Bava Until 8:44AM
Chaturthi* Until 9:29PM

Ganesha: Purple Sunrise: 6:57AM
Muruga: Purple Sunset: 5:18PM
Nataraja: Orange
Moon - Red
Magha*Thai

Subha Sivaloka Day

Stamford, CT
Sun 3 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Friday, February 10, 2023

4

Kanya Rasi: 19.17 Tithi 20

962686577

Creative Work Amrita Yoga

Until 1:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:14AM - 9:32AM
Yama 2:44PM - 4:02PM
Rahu 10:50AM - 12:08PM

Hasta Until 1:48PM
Dhriti Until 6:13AM
Kaulava Until 10:11AM
Panchami Until 10:42PM

Ganesha: Clear Sunrise: 6:56AM
Muruga: Purple Sunset: 5:20PM
Nataraja: Orange
Moon - Green
Magha*Thai

Sivaloka Day

Stamford, CT
Sun 4 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Saturday, February 11, 2023

5

Tula Rasi: 1.47 Tithi 21

963686577

Routine Work Marana Yoga

Until 3:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthayam Titau

Gulika 6:55AM - 8:13AM
Yama 1:26PM - 2:44PM
Rahu 9:31AM - 10:50AM

Chitra Until 3:13PM
Ganda* Until 5:06AM Sun
Gara Until 11:08AM
Shashthi* Until 11:22PM

Ganesha: Purple Sunrise: 6:55AM
Muruga: Purple Sunset: 5:21PM
Nataraja: Orange
Moon - Green
Magha*Thai

Devaloka Day

Stamford, CT
Sun 5 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Sunday, February 12, 2023

6

Tula Rasi: 14.34 Tithi 22

963686577

Creative Work Siddha Yoga

Until 3:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 2:45PM - 4:04PM
Yama 12:08PM - 1:26PM
Rahu 4:04PM - 5:22PM

Svati Until 3:52PM
Vridhhi Until 3:49AM Mon
Visti Until 11:29AM
Saptami Until 11:22PM

Ganesha: Purple Sunrise: 6:54AM
Muruga: Purple Sunset: 5:22PM
Nataraja: Orange
Moon - Green
Magha-Masi

Devaloka Day

Stamford, CT
Sun 6 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Monday, February 13, 2023

Retreat Star

Tula Rasi: 27.4 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 4:08PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:27PM - 2:46PM
Yama 10:49AM - 12:08PM
Rahu 8:11AM - 9:30AM

Vishakha Until 4:08PM
Dhruva Until 1:56AM Tue
Balava Until 11:07AM
Ashtami* Until 10:39PM

Ganesha: Clear Sunrise: 6:52AM
Muruga: Purple Sunset: 5:23PM
Nataraja: Orange
Moon - Orange
Magha-Masi

Sivaloka Day

Stamford, CT
Sun 7 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.1 Tithi 24

973686577

Creative Work Siddha Yoga

Until 3:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:08PM - 1:27PM
Yama 9:29AM - 10:49AM
Rahu 2:46PM - 4:05PM

Anuradha Until 3:32PM
Vyaghata* Until 11:29PM
Taitila Until 10:02AM
Navami* Until 9:11PM

Ganesha: Clear Sunrise: 6:51AM
Muruga: Purple Sunset: 5:25PM
Nataraja: Orange
Moon - Orange
Magha-Masi

Sivaloka Day

Stamford, CT
Sun 8 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Stamford, CT on 4/26/21

www.gurudeva.org/panchang

1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT Sun 9 Sutra 304 Subhakrit 5124	
	Vrischika Rasi: 25.07	Tithi 25	973686577	Gulika Yama Rahu	10:48AM – 12:08PM 8:09AM – 9:29AM 12:08PM – 1:27PM	Jyeshtha* Until 2:05PM Harshana Until 8:29PM Vanija Until 8:13AM Dashami Until 7:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 6:50AM Sunset: 5:26PM Moon 2 - Phase 42 - 9 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga							
	Until 2:05PM							
Then Routine Work - Marana Yoga								

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 10 Sutra 305 Subhakrit 5124	
	Dhanus Rasi: 9.29	Tithi 26 – 27	983686577	Gulika Yama Rahu	9:28AM – 10:48AM 6:48AM – 8:08AM 1:28PM – 2:47PM	Mula* Until 12:18PM Vajra* Until 4:59PM Kaulava Until 2:43AM Fri Ekadashi* Until 4:16PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:48AM Sunset: 5:27PM Moon 2 - Phase 42 - 10 2nd Phase Devaloka Day
	Creative Work Siddha Yoga							
	Until 2:05PM							
Then Routine Work - Marana Yoga								

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 11 Sutra 306 Subhakrit 5124	
	Dhanus Rasi: 24.14	Tithi 27 – 28	983686577	Gulika Yama Rahu	8:07AM – 9:27AM 2:48PM – 4:08PM 10:48AM – 12:08PM	Purvashadha* Until 9:53AM Siddhi Until 1:08PM Gara Until 11:19PM Dvadashi* Until 1:02PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:47AM Sunset: 5:28PM Moon 2 - Phase 42 - 11 2nd Phase Devaloka Day
	Routine Work Prabalarishta Yoga							
	Until 9:53AM							
Then Routine Work - Marana Yoga								
<i>Pradosha Vrata (Fasting)</i>								

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam Uttarashadha*/Shravana Nakshatra Vyatlipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 12 Sutra 307 Subhakrit 5124	
	Makara Rasi: 9.17	Tithi 28 – 29	983686577	Gulika Yama Rahu	6:46AM – 8:06AM 1:28PM – 2:49PM 9:27AM – 10:47AM	Uttarashadha Until 6:59AM Vyatlipata* Until 9:01AM Visti Until 7:40PM Trayodashi* Until 9:29AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:46AM Sunset: 5:30PM Moon 2 - Phase 42 - 12 2nd Phase Devaloka Day
	Routine Work Marana Yoga							
	Until 6:59AM							
Then Creative Work - Siddha Yoga								

●	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT Sun 13 Sutra 308 Subhakrit 5124			
	Retreat Star		Makara Rasi: 24.28	Tithi 30	993686577	Gulika Yama Rahu	2:49PM – 4:10PM 12:08PM – 1:28PM 4:10PM – 5:31PM	Dhanishtha Until 1:16AM Mon Parigha* Until 12:31AM Mon Catuspada Until 3:57PM Amavasya* Until 2:07AM Mon	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:44AM Sunset: 5:31PM Moon 2 - Phase 42 - 13 Amavasya Devaloka Day
	Routine Work Marana Yoga									
	Until 1:16AM Mon									
Then Creative Work - Siddha Yoga										

●	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT Sun 14 Sutra 309 Subhakrit 5124			
	Retreat Star		Kumbha Rasi: 9.38	Tithi 1	993686577	Gulika Yama Rahu	1:29PM – 2:50PM 10:46AM – 12:07PM 8:04AM – 9:25AM	Shatabhishak Until 10:23PM Shiva Until 8:27PM Kintughna Until 12:21PM Prathama* Until 10:38PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 6:43AM Sunset: 5:32PM Moon 2 - Phase 42 - 14 Prathama Devaloka Day
	Family Home Evening									
	Creative Work Siddha Yoga									
Until 10:23PM										
Then Routine Work - Marana Yoga										

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 4/26/21

www.gurudeva.org/panchang

1		Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Stamford, CT Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 24.37	Tithi 2	Gulika	12:07PM – 1:29PM	Purvaproshtapada* Until 8:10PM	Ganesha: Red	<i>Sunrise:</i> 6:42AM	
		Yama	9:25AM – 10:46AM	Siddha Until 4:38PM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Moon 2 - Phase 43 - 15
		913686577 Rahu	2:50PM – 4:12PM	Balava Until 9:02AM	Nataraja: Orange		3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 7:31PM	Moon – Clear		Sivaloka Day
Until 8:10PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

2		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau			Stamford, CT Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 9.17	Tithi 3 – 4	Gulika	10:46AM – 12:07PM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	
		Yama	8:02AM – 9:24AM	Sadhya Until 1:16PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 2 - Phase 43 - 16
		913786577 Rahu	12:07PM – 1:29PM	Taitila Until 6:11AM	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 4:57PM	Moon – Clear		Subha Sivaloka Day
Until 6:21PM					Phalguna-Masi		
Then Routine Work - Marana Yoga							

3		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Stamford, CT Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 23.3	Tithi 4 – 5	Gulika	9:23AM – 10:45AM	Revati Until 5:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:39AM	
		Yama	6:39AM – 8:01AM	Subha Until 10:27AM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 2 - Phase 43 - 17
		913786577 Rahu	1:29PM – 2:51PM	Bava Until 2:28AM Fri	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 3:05PM	Moon – Clear		Subha Sivaloka Day
Until 5:05PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4		Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Stamford, CT Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 7.14	Tithi 5 – 6	Gulika	8:00AM – 9:22AM	Ashvini Until 4:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM	
		Yama	2:52PM – 4:14PM	Sukla Until 8:15AM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 43 - 18
		923786577 Rahu	10:45AM – 12:07PM	Kaulava Until 1:51AM Sat	Nataraja: Orange		3rd Phase
Creative Work	Amrita Yoga			Panchami Until 2:02PM	Moon – White		Sivaloka Day
Until 4:55PM					Phalguna-Masi		
Then Creative Work - Siddha Yoga							

5		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Stamford, CT Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 20.29	Tithi 6 – 7	Gulika	6:36AM – 7:59AM	Bharani Until 5:27PM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	
		Yama	1:30PM – 2:52PM	Brahma Until 6:44AM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 43 - 19
		924786577 Rahu	9:21AM – 10:44AM	Gara Until 2:05AM Sun	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 1:50PM	Moon – White		Devaloka Day
Until 5:27PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Stamford, CT Sun 20 Sutra 315 Subhakrit 5124
Vrishabha Rasi: 3.18	Tithi 7 – 8	Gulika	2:53PM – 4:16PM	Krittika Until 6:39PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	
		Yama	12:07PM – 1:30PM	Vaidhriti* Until 5:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 43 - 20
		924786577 Rahu	4:16PM – 5:39PM	Visti Until 3:09AM Mon	Nataraja: Orange		Ashtami
Creative Work	Siddha Yoga			Saptami Until 2:30PM	Moon – White		Devaloka Day
					Phalguna-Masi		

Retreat Star		Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Stamford, CT Sun 21 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 15.46	Tithi 8 – 9	Gulika	1:30PM – 2:53PM	Rohini Until 8:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	
Family Home Evening		Yama	10:43AM – 12:07PM	Vishkambha* Until 5:57AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 43 - 21
		934786577 Rahu	7:56AM – 9:20AM	Balava Until 4:52AM Tue	Nataraja: Orange		Navami
Creative Work	Amrita Yoga			Ashtami* Until 3:55PM	Moon – Yellow		Sivaloka Day
					Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 28, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Stamford, CT Sun 22
	Vrishabha Rasi: 27.56	Tithi 9 – 10	934786577	Gulika Yama Rahu	12:06PM – 1:30PM 9:19AM – 10:43AM 2:54PM – 4:18PM	Mrigashira Until 11:24PM Priti Until 6:34AM Wed Taitila Until 7:04AM Wed Navami* Until 5:54PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Sunrise: 6:31AM Sunset: 5:41PM Moon 2 - Phase 44 - 22 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day
	Until 11:24PM						
Then Routine Work - Marana Yoga							

2	Wednesday, March 1, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashmyam Titau				Stamford, CT Sun 23
	Mithuna Rasi: 9.56	Tithi 10	934786577	Gulika Yama Rahu	10:42AM – 12:06PM 7:53AM – 9:17AM 12:06PM – 1:30PM	Ardra Until 2:06AM Thu Priti Until 6:34AM Taitila Until 7:04AM Dashami Until 8:15PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Sunrise: 6:28AM Sunset: 5:44PM Moon 2 - Phase 44 - 23 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day
	Until 2:06AM Thu						
Then Creative Work - Amrita Yoga							

3	Thursday, March 2, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT Sun 24
	Mithuna Rasi: 21.5	Tithi 11	944786577	Gulika Yama Rahu	9:16AM – 10:41AM 6:27AM – 7:52AM 1:31PM – 2:55PM	Punarvasu Until 5:14AM Fri Ayushman Until 7:22AM Vanija Until 9:31AM Ekadashi Until 10:45PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Sunrise: 6:27AM Sunset: 5:45PM Moon 2 - Phase 44 - 24 4th Phase
	Creative Work Amrita Yoga						Devaloka Day
	Until 5:14AM Fri						
Then Routine Work - Marana Yoga							

4	Friday, March 3, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT Sun 25
	Kataka Rasi: 3.42	Tithi 12	944786577	Gulika Yama Rahu	7:50AM – 9:15AM 2:56PM – 4:21PM 10:41AM – 12:06PM	Pushya Until 8:10AM Sat Saubhagya Until 8:14AM Bava Until 12:02PM Dvadashi Until 1:15AM Sat	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Sunrise: 6:25AM Sunset: 5:46PM Moon 2 - Phase 44 - 25 4th Phase
	Routine Work Marana Yoga						Devaloka Day

5	Saturday, March 4, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT Sun 26
	Kataka Rasi: 15.35	Tithi 13	944786577	Gulika Yama Rahu	6:24AM – 7:49AM 1:31PM – 2:56PM 9:15AM – 10:40AM	Pushya Until 8:10AM Sobhana Until 9:05AM Kaulava Until 2:28PM Trayodashi Until 3:37AM Sun Pradosha Vrata	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Sunrise: 6:24AM Sunset: 5:47PM Moon 2 - Phase 44 - 26 4th Phase
	Creative Work Siddha Yoga						Devaloka Day
	Until 8:10AM						
Then Routine Work - Marana Yoga							

6	Sunday, March 5, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT Sun 27
	Kataka Rasi: 27.31	Tithi 14	144786577	Gulika Yama Rahu	2:57PM – 4:23PM 12:05PM – 1:31PM 4:23PM – 5:48PM	Ashlesha* Until 10:47AM Athiganda* Until 9:47AM Gara Until 4:44PM Chaturdashi* Until 5:45AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Orange Moon – Blue Sunrise: 6:22AM Sunset: 5:48PM Moon 2 - Phase 44 - 27 4th Phase
	Creative Work Siddha Yoga						Devaloka Day
	Until 10:47AM						
Then Routine Work - Marana Yoga							

O	Monday, March 6, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau				Stamford, CT Sun 28
	Copper Retreat Star						
	Simha Rasi: 9.32	Tithi 15	154786577	Gulika Yama Rahu	1:31PM – 2:57PM 10:39AM – 12:05PM 7:47AM – 9:13AM	Magha* Until 1:31PM Sukarma Until 10:19AM Visti Until 6:45PM Purnima* Until 7:38AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Sunrise: 6:21AM Sunset: 5:49PM Moon 2 - Phase 44 - Purnima
	Family Home Evening						Sivaloka Day
Routine Work Marana Yoga							
Until 1:31PM							
Then Creative Work - Siddha Yoga							

O	Tuesday, March 7, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 29
	Silver Retreat Star						
	Simha Rasi: 21.4	Tithi 15 – 16	154786577	Gulika Yama Rahu	12:05PM – 1:31PM 9:12AM – 10:38AM 2:58PM – 4:24PM	Purvaphalguni Until 3:48PM Dhriti Until 10:40AM Balava Until 8:28PM Purnima* Until 7:38AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Sunrise: 6:19AM Sunset: 5:51PM Moon 2 - Phase 44 - Prathama
	Creative Work Siddha Yoga						Sivaloka Day
Until 3:48PM							
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 325

Subhakrit 5124

Kanya Rasi: 3.55 Tithi 16 - 17

154786577

Gulika 10:38AM - 12:04PM
Yama 7:44AM - 9:11AM
Rahu 12:04PM - 1:31PM

Uttaraphalguni Until 5:37PM

Shula* Until 10:44AM

Taitila Until 9:52PM

Prathama* Until 9:11AM

Ganesha: Clear *Sunrise: 6:17AM*

Muruqa: Purple *Sunset: 5:52PM*

Nataraja: Orange

Moon - Red

Phalguna-Masi

Moon 3 - Phase 45 -

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 5:37PM

Then Routine Work - Marana Yoga

Thursday, March 9, 2023

1

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 16.19 Tithi 17 - 18

164786577

Gulika 9:10AM - 10:37AM
Yama 6:16AM - 7:43AM
Rahu 1:31PM - 2:59PM

Hasta Until 7:25PM

Ganda* Until 10:34AM

Vanija Until 10:53PM

Dvitiya Until 10:24AM

Ganesha: White *Sunrise: 6:16AM*

Muruqa: Purple *Sunset: 5:53PM*

Nataraja: Orange

Moon - Green

Phalguna-Masi

Moon 3 - Phase 45 - 1

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

Friday, March 10, 2023

2

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 28.53 Tithi 18 - 19

165786577

Gulika 7:42AM - 9:09AM
Yama 2:59PM - 4:26PM
Rahu 10:37AM - 12:04PM

Chitra Until 8:40PM

Vridhhi Until 10:07AM

Bava Until 11:30PM

Tritiya Until 11:13AM

Ganesha: Yellow *Sunrise: 6:14AM*

Muruqa: Purple *Sunset: 5:54PM*

Nataraja: Orange

Moon - Green

Phalguna-Masi

Moon 3 - Phase 45 - 2

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Saturday, March 11, 2023

3

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 11.38 Tithi 19 - 20

165786577

Gulika 6:12AM - 7:40AM
Yama 1:32PM - 2:59PM
Rahu 9:08AM - 10:36AM

Svati Until 9:21PM

Dhruva Until 9:19AM

Kaulava Until 11:41PM

Chaturthi* Until 11:38AM

Ganesha: Yellow *Sunrise: 6:12AM*

Muruqa: Purple *Sunset: 5:55PM*

Nataraja: Orange

Moon - Green

Phalguna-Masi

Moon 3 - Phase 45 - 3

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Sunday, March 12, 2023

4

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 24.37 Tithi 20 - 21

175786577

Gulika 3:00PM - 4:28PM
Yama 12:03PM - 1:32PM
Rahu 4:28PM - 5:56PM

Vishakha Until 9:52PM

Vyaghata* Until 8:11AM

Gara Until 11:23PM

Panchami Until 11:34AM

Ganesha: Blue *Sunrise: 6:11AM*

Muruqa: Purple *Sunset: 5:56PM*

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Moon 3 - Phase 45 - 4

1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Monday, March 13, 2023

5

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 7.5 Tithi 21 - 22

175786577

Gulika 1:32PM - 3:00PM
Yama 10:35AM - 12:03PM
Rahu 7:38AM - 9:06AM

Anuradha Until 9:44PM

Harshana Until 6:40AM

Visti Until 10:33PM

Shashthi* Until 11:01AM

Ganesha: Blue *Sunrise: 6:09AM*

Muruqa: Purple *Sunset: 5:57PM*

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Moon 3 - Phase 45 - 5

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 14, 2023

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.2 Tithi 22 - 23

175786577

Gulika 12:03PM - 1:32PM
Yama 9:05AM - 10:34AM
Rahu 3:01PM - 4:29PM

Jyeshtha* Until 8:56PM

Siddhi Until 2:22AM Wed

Balava Until 9:12PM

Saptami Until 9:56AM

Ganesha: Blue *Sunrise: 6:08AM*

Muruqa: Purple *Sunset: 5:58PM*

Nataraja: Orange

Moon - Orange

Phalguna-Panguni

Moon 3 - Phase 45 - 6

Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga

Until 8:56PM

Then Creative Work - Amrita Yoga

Karadaiyan Nombu (Tamil Nadu)

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.1 Tithi 23 - 24

185786578

Gulika 10:33AM - 12:03PM
Yama 7:35AM - 9:04AM
Rahu 12:03PM - 1:32PM

Mula* Until 7:55PM

Vyatipata* Until 11:37PM

Taitila Until 7:20PM

Ashtami* Until 8:19AM

Ganesha: Red *Sunrise: 6:06AM*

Muruqa: Purple *Sunset: 5:59PM*

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Moon 3 - Phase 45 - 7

Navami

Sivaloka Day

Routine Work Marana Yoga

Until 7:55PM

Then Creative Work - Amrita Yoga


1		Thursday, March 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
Dhanus Rasi: 19.18		Tithi 24 – 25		Purvashadha* Nakshatra Varyan Yoga Gara/Visti* Karana Navami/Dashmyam Titau		Sun 8 Sutra 333	
Creative Work		Siddha Yoga		Gulika 9:03AM – 10:33AM		Subhakrit 5124	
Until 6:17PM		Then Routine Work - Marana Yoga		Yama 6:04AM – 7:34AM		Moon 3 - Phase 46 - 8	
				185786578 Rahu 1:32PM – 3:01PM		2nd Phase	
				Purvashadha* Until 6:17PM		Ganesha: Red Sunrise: 6:04AM	
				Variyan Until 8:28PM		Muruqa: Purple Sunset: 6:01PM	
				Visti Until 3:39AM Fri		Nataraja: Clear	
				Navami* Until 6:12AM		Moon – Light Blue	
						Sivaloka Day	
						Phalguna•Panguni	

2		Friday, March 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Makara Rasi: 3.44		Tithi 26		Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 334	
Routine Work		Marana Yoga		Gulika 7:32AM – 9:02AM		Subhakrit 5124	
				Yama 3:02PM – 4:32PM		Moon 3 - Phase 46 - 9	
				185786578 Rahu 10:32AM – 12:02PM		2nd Phase	
				Uttarashadha Until 4:08PM		Ganesha: Red Sunrise: 6:03AM	
				Parigha* Until 5:02PM		Muruqa: Purple Sunset: 6:02PM	
				Bava Until 2:16PM		Nataraja: Clear	
				Ekadashi* Until 12:46AM Sat		Moon – Light Blue	
						Sivaloka Day	
						Phalguna•Panguni	

3		Saturday, March 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
Makara Rasi: 18.24		Tithi 27		Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 335	
Creative Work		Siddha Yoga		Gulika 6:01AM – 7:31AM		Subhakrit 5124	
				Yama 1:32PM – 3:02PM		Moon 3 - Phase 46 - 10	
				195786578 Rahu 9:01AM – 10:32AM		2nd Phase	
				Shravana Until 1:59PM		Ganesha: Green Sunrise: 6:01AM	
				Shiva Until 1:23PM		Muruqa: Purple Sunset: 6:03PM	
				Kaulava Until 11:15AM		Nataraja: Clear	
				Dvadashi* Until 9:39PM		Moon – Purple	
						Subha Sivaloka Day	
						Phalguna•Panguni	

4		Sunday, March 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Kumbha Rasi: 3.13		Tithi 28		Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 336	
Routine Work		Marana Yoga		Gulika 3:03PM – 4:33PM		Subhakrit 5124	
Until 11:34AM		Then Creative Work - Siddha Yoga		Yama 12:01PM – 1:32PM		Moon 3 - Phase 46 - 11	
				196896578 Rahu 4:33PM – 6:04PM		2nd Phase	
				Dhanishtha Until 11:34AM		Ganesha: Green Sunrise: 5:59AM	
				Siddha Until 9:35AM		Muruqa: Clear Sunset: 6:04PM	
				Gara Until 8:04AM		Nataraja: Clear	
				Trayodashi* Until 6:27PM		Moon – Purple	
						Sivaloka Day	
						Phalguna•Panguni	
						Pradosha Vrata (Fasting)	

5		Monday, March 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
Kumbha Rasi: 18.02		Tithi 29 – 30		Shatabhishak/Purvaprosarthpada* Nakshatra Subha Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 337	
Family Home Evening		Creative Work		Gulika 1:32PM – 3:03PM		Subhakrit 5124	
Until 9:01AM		Then Routine Work - Marana Yoga		Yama 10:30AM – 12:01PM		Moon 3 - Phase 46 - 12	
				196896578 Rahu 7:28AM – 8:59AM		2nd Phase	
				Shatabhishak Until 9:01AM		Ganesha: Green Sunrise: 5:58AM	
				Subha Until 2:11AM Tue		Muruqa: Clear Sunset: 6:05PM	
				Catuspada Until 1:50AM Tue		Nataraja: Clear	
				Chaturdashi* Until 3:19PM		Moon – Purple	
						Sivaloka Day	
						Phalguna•Panguni	

		Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Meena Rasi: 2.46		Tithi 30 – 1		Purvaprosarthpada*Uttaraprosarthpada Nakshatra Sukla Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 338	
Retreat Star		Routine Work		Gulika 12:01PM – 1:32PM		Subhakrit 5124	
Until 6:55AM		Then Creative Work - Amrita Yoga		Yama 8:58AM – 10:30AM		Moon 3 - Phase 46 - 13	
				116896578 Rahu 3:03PM – 4:35PM		Amavasya	
				Purvaprosarthpada* Until 6:55AM		Ganesha: Orange Sunrise: 5:56AM	
				Sukla Until 10:45PM		Muruqa: Clear Sunset: 6:06PM	
				Kintughna Until 11:06PM		Nataraja: Clear	
				Amavasya* Until 12:24PM		Moon – Clear	
						Devaloka Day	
						Phalguna•Panguni	

Retreat Star		Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Stamford, CT	
Meena Rasi: 17.14		Tithi 1 – 2		Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Sun 14 Sutra 339	
Routine Work		Marana Yoga		Gulika 10:29AM – 12:01PM		Subhakrit 5124	
Until 3:28AM Thu		Then Creative Work - Amrita Yoga		Yama 7:26AM – 8:57AM		Moon 3 - Phase 46 - 14	
				116896578 Rahu 12:01PM – 1:32PM		Prathama	
				Revati Until 3:28AM Thu		Ganesha: Orange Sunrise: 5:54AM	
				Brahma Until 7:43PM		Muruqa: Clear Sunset: 6:07PM	
				Balava Until 8:48PM		Nataraja: Clear	
				Prathama* Until 9:52AM		Moon – Clear	
						Devaloka Day	
				Yugadhi		Chaitra•Panguni	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Stamford, CT on 4/26/21

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1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 15 Sutra 340 Subhakrit 5124		
Mesha Rasi: 1.22	Tithi 2 - 3	Gulika 8:56AM - 10:28AM	Ashvini Until 2:50AM Fri	Ganesha: Clear	Sunrise: 5:53AM	Muruqa: Clear	Sunset: 6:08PM	Moon 3 - Phase 47 - 15 3rd Phase
		Yama 5:53AM - 7:24AM	Indra Until 5:11PM	Nataraja: Clear				
		126896578 Rahu 1:32PM - 3:04PM	Taitila Until 7:06PM	Moon - White				
Creative Work	Amrita Yoga			Chaitra-Panguni		Devaloka Day		
Until 2:50AM Fri		Chellappaswami Mahasamadhi	Dvitiya Until 7:51AM					
Then Creative Work - Siddha Yoga								
2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stamford, CT Sun 16 Sutra 341 Subhakrit 5124		
Mesha Rasi: 15.06	Tithi 3 - 4	Gulika 7:23AM - 8:55AM	Bharani Until 2:48AM Sat	Ganesha: Clear	Sunrise: 5:51AM	Muruqa: Clear	Sunset: 6:09PM	Moon 3 - Phase 47 - 16 3rd Phase
		Yama 3:05PM - 4:37PM	Vaidhriti* Until 3:10PM	Nataraja: Clear				
		126896578 Rahu 10:28AM - 12:00PM	Vanija Until 6:07PM	Moon - White				
Creative Work	Siddha Yoga			Chaitra-Panguni		Devaloka Day		
Until 2:48AM Sat			Tritiya Until 6:30AM					
Then Creative Work - Amrita Yoga								
3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sun 17 Sutra 342 Subhakrit 5124		
Mesha Rasi: 28.25	Tithi 5	Gulika 5:49AM - 7:22AM	Krittika Until 3:22AM Sun	Ganesha: Clear	Sunrise: 5:49AM	Muruqa: Clear	Sunset: 6:10PM	Moon 3 - Phase 47 - 17 3rd Phase
		Yama 1:32PM - 3:05PM	Vishkambha* Until 1:48PM	Nataraja: Clear				
		126896578 Rahu 8:54AM - 10:27AM	Bava Until 5:55PM	Moon - White				
Creative Work	Amrita Yoga			Chaitra-Panguni		Devaloka Day		
Until 3:22AM Sun			Panchami Until 6:05AM Sun					
Then Creative Work - Siddha Yoga								
4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stamford, CT Sun 18 Sutra 343 Subhakrit 5124		
Vrishabha Rasi: 11.18	Tithi 5 - 6	Gulika 3:05PM - 4:38PM	Rohini Until 4:59AM Mon	Ganesha: Clear	Sunrise: 5:47AM	Muruqa: Clear	Sunset: 6:11PM	Moon 3 - Phase 47 - 18 3rd Phase
		Yama 11:59AM - 1:32PM	Priti Until 1:03PM	Nataraja: Clear				
		137896578 Rahu 4:38PM - 6:11PM	Kaulava Until 6:30PM	Moon - Yellow				
Creative Work	Siddha Yoga			Chaitra-Panguni		Devaloka Day		
Until 4:59AM Mon			Panchami Until 6:05AM					
Then Creative Work - Amrita Yoga								
5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 19 Sutra 344 Subhakrit 5124		
Vrishabha Rasi: 23.5	Tithi 6 - 7	Gulika 1:32PM - 3:06PM	Mrigashira Until 7:05AM Tue	Ganesha: Clear	Sunrise: 5:46AM	Muruqa: Clear	Sunset: 6:12PM	Moon 3 - Phase 47 - 19 3rd Phase
Family Home Evening		Yama 10:26AM - 11:59AM	Ayushman Until 12:50PM	Nataraja: Clear				
		137896578 Rahu 7:19AM - 8:52AM	Gara Until 7:47PM	Moon - Yellow				
Creative Work	Amrita Yoga			Chaitra-Panguni		Devaloka Day		
Until 7:05AM Tue			Shashthi* Until 7:02AM					
Then Routine Work - Marana Yoga								
Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau		Stamford, CT Sun 20 Sutra 345 Subhakrit 5124		
Mithuna Rasi: 6.06	Tithi 7 - 8	Gulika 11:59AM - 1:32PM	Mrigashira Until 7:05AM	Ganesha: Clear	Sunrise: 5:44AM	Muruqa: Clear	Sunset: 6:13PM	Moon 3 - Phase 47 - 20 Ashtami
		Yama 8:51AM - 10:25AM	Saubhagya Until 1:07PM	Nataraja: Clear				
		137896578 Rahu 3:06PM - 4:40PM	Visiti Until 9:39PM	Moon - Yellow				
Creative Work	Siddha Yoga			Chaitra-Panguni		Devaloka Day		
Until 7:05AM			Saptami Until 8:38AM					
Then Routine Work - Marana Yoga								
Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 21 Sutra 346 Subhakrit 5124		
Mithuna Rasi: 18.1	Tithi 8 - 9	Gulika 10:24AM - 11:58AM	Ardra Until 9:30AM	Ganesha: Clear	Sunrise: 5:42AM	Muruqa: Clear	Sunset: 6:14PM	Moon 3 - Phase 47 - 21 Navami
		Yama 7:16AM - 8:50AM	Sobhana Until 1:45PM	Nataraja: Clear				
		137896578 Rahu 11:58AM - 1:32PM	Balava Until 11:53PM	Moon - Yellow				
Creative Work	Siddha Yoga			Chaitra-Panguni		Devaloka Day		
		Sri Rama Navami	Ashtami* Until 10:42AM					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Stamford, CT on 4/26/21

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1	Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Aihiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Stamford, CT
	Kataka Rasi: 0.06	Tithi 9 – 10	Gulika 8:49AM – 10:24AM	Punarvasu Until 12:30PM	Ganesha: White	Sunrise: 5:41AM	Sun 22 Sutra 347
			Yama 5:41AM – 7:15AM	Athiganda* Until 2:32PM	Muruga: Clear	Sunset: 6:16PM	Subhakrit 5124
	147896578	Rahu 1:33PM – 3:07PM	Nataraja: Clear	Taitila Until 2:17AM Fri	Moon – Blue		Moon 3 - Phase 48 - 22 4th Phase
Creative Work	Amrita Yoga		Navami* Until 1:03PM	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

2	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT
	Kataka Rasi: 11.59	Tithi 10 – 11	Gulika 7:14AM – 8:49AM	Pushya Until 3:26PM	Ganesha: White	Sunrise: 5:39AM	Sun 23 Sutra 348
			Yama 3:07PM – 4:42PM	Sukarma Until 3:23PM	Muruga: Clear	Sunset: 6:17PM	Subhakrit 5124
	147896578	Rahu 10:23AM – 11:58AM	Nataraja: Clear	Vanija Until 4:41AM Sat	Moon – Blue		Moon 3 - Phase 48 - 23 4th Phase
Routine Work	Marana Yoga		Dashami Until 3:29PM	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	

3	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Kataka Rasi: 23.53	Tithi 11 – 12	Gulika 5:39AM – 7:14AM	Ashlesha* Until 6:05PM	Ganesha: White	Sunrise: 5:39AM	Sun 24 Sutra 349
			Yama 1:33PM – 3:07PM	Dhriti Until 4:11PM	Muruga: Clear	Sunset: 6:17PM	Subhakrit 5124
	147896578	Rahu 8:49AM – 10:23AM	Nataraja: Clear	Bava Until 6:54AM Sun	Moon – Blue		Moon 3 - Phase 48 - 24 4th Phase
Routine Work	Marana Yoga		Ekadashi Until 5:48PM	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	
	Until 6:05PM	Then Creative Work - Amrita Yoga	Yogaswami Mahasamadhi				

4	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT
	Simha Rasi: 5.52	Tithi 12	Gulika 3:08PM – 4:43PM	Magha* Until 8:50PM	Ganesha: Red	Sunrise: 5:37AM	Sun 25 Sutra 350
			Yama 11:58AM – 1:33PM	Shula* Until 4:46PM	Muruga: Clear	Sunset: 6:18PM	Subhakrit 5124
	158896578	Rahu 4:43PM – 6:18PM	Nataraja: Clear	Bava Until 6:54AM	Moon – Red		Moon 3 - Phase 48 - 25 4th Phase
Routine Work	Marana Yoga		Dvadashi Until 7:52PM	Chaitra•Panguni	Devaloka Day		
	Until 8:50PM	Then Creative Work - Siddha Yoga					

5	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT
	Simha Rasi: 17.58	Tithi 13	Gulika 1:33PM – 3:08PM	Purvaphalguni Until 11:04PM	Ganesha: Red	Sunrise: 5:36AM	Sun 26 Sutra 351
			Yama 10:22AM – 11:57AM	Ganda* Until 5:06PM	Muruga: Clear	Sunset: 6:19PM	Subhakrit 5124
	158896578	Rahu 7:11AM – 8:47AM	Nataraja: Clear	Kaulava Until 8:48AM	Moon – Red		Moon 3 - Phase 48 - 26 4th Phase
Family Home Evening	Creative Work	Siddha Yoga	Trayodashi Until 9:34PM	Chaitra•Panguni	Devaloka Day		
			<i>Pradosha Vrata</i>				

6	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
	Kanya Rasi: 0.13	Tithi 14	Gulika 11:57AM – 1:33PM	Uttaraphalguni Until 12:42AM Wed	Ganesha: Red	Sunrise: 5:34AM	Sun 27 Sutra 352
			Yama 8:46AM – 10:21AM	Vridhhi Until 5:07PM	Muruga: Clear	Sunset: 6:20PM	Subhakrit 5124
	158896578	Rahu 3:08PM – 4:44PM	Nataraja: Clear	Gara Until 10:17AM	Moon – Red		Moon 3 - Phase 48 - 27 4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 10:50PM	Chaitra•Panguni	Devaloka Day		
	Until 12:42AM Wed	Then Routine Work - Marana Yoga					

○	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
	Copper Retreat Star		Gulika 10:21AM – 11:57AM	Hasta Until 2:11AM Thu	Ganesha: Blue	Sunrise: 5:33AM	Sun 28 Sutra 353
	Kanya Rasi: 12.4	Tithi 15	Yama 7:09AM – 8:45AM	Dhruva Until 4:44PM	Muruga: Clear	Sunset: 6:21PM	Subhakrit 5124
			168896578	Rahu 11:57AM – 1:33PM	Nataraja: Clear		Moon 3 - Phase 48 - Purnima
Routine Work	Marana Yoga		Visti Until 11:17AM	Moon – Green		Bhuloka Day	
	Until 2:11AM Thu	Then Creative Work - Siddha Yoga	Purnima* Until 11:36PM	Chaitra•Panguni	Devaloka Time: 3:PM to 6:PM		
			Panguni Uttiram Hanuman Jayanti				

○	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT
	Silver Retreat Star		Gulika 8:44AM – 10:20AM	Chitra Until 3:03AM Fri	Ganesha: Blue	Sunrise: 5:31AM	Sun 29 Sutra 354
	Kanya Rasi: 25.21	Tithi 16	Yama 5:31AM – 7:07AM	Vyaghata* Until 4:00PM	Muruga: Clear	Sunset: 6:22PM	Subhakrit 5124
			168896578	Rahu 1:33PM – 3:09PM	Nataraja: Clear		Moon 3 - Phase 48 - Prathama
Creative Work	Siddha Yoga		Balava Until 11:49AM	Moon – Green		Bhuloka Day	
			Prathama* Until 11:52PM	Chaitra•Panguni	Devaloka Time: 3:PM to 6:PM		

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.15 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:06AM – 8:43AM
Yama 3:10PM – 4:46PM
168896578 **Rahu** 10:19AM – 11:56AM

Svati Until 3:18AM Sat
Harshana Until 2:54PM
Taitila Until 11:51AM
Dvitiya Until 11:41PM

Stamford, CT
Sun 1 Sutra 355
Subhakrit 5124

Ganesha: Blue *Sunrise:* 5:29AM
Muruqa: Clear *Sunset:* 6:23PM Moon 4 - Phase 49 - 1
Nataraja: Clear 1st Phase
Moon – Green

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 21.23 Tithi 18
Creative Work Siddha Yoga
Until 3:28AM Sun
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:28AM – 7:05AM
Yama 1:33PM – 3:10PM
179896578 **Rahu** 8:42AM – 10:19AM

Vishakha Until 3:28AM Sun
Vajra* Until 1:26PM
Vanija Until 11:27AM
Tritiya Until 11:05PM

Stamford, CT
Sun 2 Sutra 356
Subhakrit 5124

Ganesha: Red *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 6:24PM Moon 4 - Phase 49 - 2
Nataraja: Clear 1st Phase
Moon – Orange

Devaloka Day
Chaitra•Panguni

2

Sunday, April 9, 2023

Virschika Rasi: 4.44 Tithi 19
Routine Work Marana Yoga
Until 3:07AM Mon
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:10PM – 4:48PM
Yama 11:56AM – 1:33PM
179896578 **Rahu** 4:48PM – 6:25PM

Anuradha Until 3:07AM Mon
Siddhi Until 11:40AM
Bava Until 10:40AM
Chaturthi* Until 10:06PM

Stamford, CT
Sun 3 Sutra 357
Subhakrit 5124

Ganesha: Red *Sunrise:* 5:26AM
Muruqa: Clear *Sunset:* 6:25PM Moon 4 - Phase 49 - 3
Nataraja: Clear 1st Phase
Moon – Orange

Devaloka Day
Chaitra•Panguni

3

Monday, April 10, 2023

Virschika Rasi: 18.18 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:33PM – 3:11PM
Yama 10:18AM – 11:55AM
179896578 **Rahu** 7:02AM – 8:40AM

Jyeshtha* Until 2:17AM Tue
Vyatipata* Until 9:38AM
Kaulava Until 9:30AM
Panchami Until 8:47PM

Stamford, CT
Sun 4 Sutra 358
Subhakrit 5124

Ganesha: Red *Sunrise:* 5:24AM
Muruqa: Clear *Sunset:* 6:26PM Moon 4 - Phase 49 - 4
Nataraja: Clear 1st Phase
Moon – Orange

Devaloka Day
Chaitra•Panguni

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.02 Tithi 21
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:55AM – 1:33PM
Yama 8:39AM – 10:17AM
189896578 **Rahu** 3:11PM – 4:49PM

Mula* Until 1:28AM Wed
Variyan Until 7:19AM
Gara Until 8:02AM
Shashthi* Until 7:10PM

Stamford, CT
Sun 5 Sutra 359
Subhakrit 5124

Ganesha: Green *Sunrise:* 5:23AM
Muruqa: Clear *Sunset:* 6:27PM Moon 4 - Phase 49 - 5
Nataraja: Clear 1st Phase
Moon – Light Blue

Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

5

Wednesday, April 12, 2023

Dhanus Rasi: 15.58 Tithi 22 – 23
Creative Work Amrita Yoga
Until 12:14AM Thu
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:16AM – 11:55AM
Yama 7:00AM – 8:38AM
189896578 **Rahu** 11:55AM – 1:33PM

Purvashadha* Until 12:14AM Thu
Shiva Until 2:04AM Thu
Visti Until 6:16AM
Saptami Until 5:16PM

Stamford, CT
Sun 6 Sutra 360
Subhakrit 5124

Ganesha: Green *Sunrise:* 5:21AM
Muruqa: Clear *Sunset:* 6:28PM Moon 4 - Phase 49 - 6
Nataraja: Clear 1st Phase
Moon – Light Blue

Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.03 Tithi 23 – 24
Routine Work Marana Yoga
Until 10:39PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:37AM – 10:16AM
Yama 5:20AM – 6:58AM
189996578 **Rahu** 1:33PM – 3:12PM

Uttarashadha Until 10:39PM
Siddha Until 11:08PM
Taitila Until 2:01AM Fri
Ashtami* Until 3:09PM

Stamford, CT
Sun 7 Sutra 361
Subhakrit 5124

Ganesha: White *Sunrise:* 5:20AM
Muruqa: Clear *Sunset:* 6:29PM Moon 4 - Phase 49 - 7
Nataraja: Clear Ashtami
Moon – Light Blue

Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023
Retreat Star

Makara Rasi: 14.16 Tithi 24 – 25
Routine Work Marana Yoga
Until 9:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 6:57AM – 8:36AM
Yama 3:12PM – 4:51PM
299996578 **Rahu** 10:15AM – 11:54AM

Shravana Until 9:10PM
Sadhya Until 8:05PM
Vanija Until 11:38PM
Navami* Until 12:49PM

Tamil New Year

Stamford, CT
Sun 8 Sutra 362
Sobhana 5125

Ganesha: White *Sunrise:* 5:18AM
Muruqa: Clear *Sunset:* 6:30PM Moon 4 - Phase 49 - 8
Nataraja: Clear Navami
Moon – Purple


Bhuloka Day
Chaitra•Chaitra Devaloka Time: 3:PM to 6:PM

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
	Makara Rasi: 28.36	Tithi 25 – 26	Gulika 5:16AM – 6:56AM	Dhanishtha Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 5:16AM	Sun 9 Sutra 363
			Yama 1:33PM – 3:13PM	Subha Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Sobhana 5125
		299996578	Rahu 8:35AM – 10:15AM	Bava Until 9:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9 2nd Phase
			Dashami Until 10:22AM	Moon – Purple		Bhuloka Day	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Stamford, CT
	Kumbha Rasi: 12.59	Tithi 26 – 27	Gulika 3:13PM – 4:53PM	Shatabhishak Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Sun 10 Sutra 364
			Yama 11:54AM – 1:33PM	Sukla Until 1:46PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Sobhana 5125
		291996578	Rahu 4:53PM – 6:33PM	Kaulava Until 6:37PM	Nataraja: Clear		Moon 4 - Phase 1 - 10 2nd Phase
			Ekadashi* Until 7:51AM	Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
	Kumbha Rasi: 27.21	Tithi 28	Gulika 1:33PM – 3:14PM	Purvaproshtapada* Until 4:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:13AM	Sun 11 Sutra 1
	Family Home Evening		Yama 10:13AM – 11:53AM	Brahma Until 10:39AM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Sobhana 5125
		211996578	Rahu 6:53AM – 8:33AM	Gara Until 4:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 11 2nd Phase
			Trayodashi* Until 3:01AM Tue	Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Stamford, CT
	Meena Rasi: 11.37	Tithi 29	Gulika 11:53AM – 1:34PM	Uttaraproshtapada Until 2:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:12AM	Sun 12 Sutra 2
			Yama 8:33AM – 10:13AM	Indra Until 7:40AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Sobhana 5125
		211996578	Rahu 3:14PM – 4:54PM	Visti Until 1:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12 2nd Phase
			Chaturdashi* Until 12:55AM Wed	Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT
	Retreat Star		Gulika 10:12AM – 11:53AM	Revati Until 1:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:10AM	Sun 13 Sutra 3
	Meena Rasi: 25.43	Tithi 30	Yama 6:51AM – 8:32AM	Vishkambha* Until 2:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Sobhana 5125
		211996578	Rahu 11:53AM – 1:34PM	Catuspada Until 12:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 13 Amavasya
			Amavasya* Until 11:12PM	Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT
	Mesha Rasi: 9.32	Tithi 1	Gulika 8:31AM – 10:12AM	Ashvini Until 12:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	Sun 14 Sutra 4
			Yama 5:09AM – 6:50AM	Priti Until 12:27AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Sobhana 5125
		221996578	Rahu 1:34PM – 3:15PM	Kintughna Until 10:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14 Prathama
			Prathama* Until 9:58PM	Moon – White		Devaloka Day	
				Vaisaka+Chaitra			

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
	Mesha Rasi: 23.04	Tithi 2	Gulika 6:49AM – 8:30AM	Bharani Until 12:28PM	Ganesha: Clear	Sunrise: 5:07AM	Sun 15 Sutra 5
			Yama 3:15PM – 4:56PM	Ayushman Until 10:53PM	Muruqa: Clear	Sunset: 6:38PM	Sobhana 5125
	221996578	Rahu 10:11AM – 11:53AM	Balava Until 9:35AM	Dvitiya Until 9:19PM	Nataraja: Clear		Moon 4 - Phase 2 - 15 3rd Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT
	Wrishabha Rasi: 6.16	Tithi 3	Gulika 5:06AM – 6:47AM	Krittika Until 12:44PM	Ganesha: Clear	Sunrise: 5:06AM	Sun 16 Sutra 6
			Yama 1:34PM – 3:16PM	Saubhagya Until 9:51PM	Muruqa: Clear	Sunset: 6:39PM	Sobhana 5125
	221996578	Rahu 8:29AM – 10:11AM	Taitila Until 9:15AM	Tritiya Until 9:19PM	Nataraja: Clear		Moon 4 - Phase 2 - 16 3rd Phase
Creative Work	Amrita Yoga			Moon – White		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Stamford, CT
	Wrishabha Rasi: 19.07	Tithi 4	Gulika 3:16PM – 4:58PM	Rohini Until 1:58PM	Ganesha: Orange	Sunrise: 5:04AM	Sun 17 Sutra 7
			Yama 11:52AM – 1:34PM	Sobhana Until 9:20PM	Muruqa: Clear	Sunset: 6:40PM	Sobhana 5125
	231996578	Rahu 4:58PM – 6:40PM	Vanija Until 9:35AM	Chaturthi* Until 9:59PM	Nataraja: Clear		Moon 4 - Phase 2 - 17 3rd Phase
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
	Mithuna Rasi: 1.4	Tithi 5	Gulika 1:34PM – 3:16PM	Mrigashira Until 3:40PM	Ganesha: Orange	Sunrise: 5:03AM	Sun 18 Sutra 8
	Family Home Evening		Yama 10:10AM – 11:52AM	Athiganda* Until 9:17PM	Muruqa: Clear	Sunset: 6:41PM	Sobhana 5125
	231996578	Rahu 6:45AM – 8:27AM	Bava Until 10:34AM	Panchami Until 11:15PM	Nataraja: Clear		Moon 4 - Phase 2 - 18 3rd Phase
Creative Work	Amrita Yoga			Moon – Yellow		Devaloka Day	
Until 3:40PM		Adi Sankara Jayanthi		Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
	Mithuna Rasi: 13.58	Tithi 6	Gulika 11:52AM – 1:34PM	Ardra Until 5:44PM	Ganesha: Orange	Sunrise: 5:01AM	Sun 19 Sutra 9
			Yama 8:27AM – 10:09AM	Sukarma Until 9:38PM	Muruqa: Clear	Sunset: 6:42PM	Sobhana 5125
	231996579	Rahu 3:17PM – 4:59PM	Kaulava Until 12:07PM	Shashthi* Until 1:02AM Wed	Nataraja: Purple		Moon 4 - Phase 2 - 19 3rd Phase
Routine Work	Marana Yoga			Moon – Yellow		Sivaloka Day	
Until 5:44PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
	Mithuna Rasi: 26.04	Tithi 7	Gulika 10:09AM – 11:52AM	Punarvasu Until 8:31PM	Ganesha: Green	Sunrise: 5:00AM	Sun 20 Sutra 10
			Yama 6:43AM – 8:26AM	Dhriti Until 10:18PM	Muruqa: Clear	Sunset: 6:43PM	Sobhana 5125
	241996579	Rahu 11:52AM – 1:34PM	Gara Until 2:06PM	Saptami Until 3:11AM Thu	Nataraja: Purple		Moon 4 - Phase 2 - 20 3rd Phase
Creative Work	Siddha Yoga			Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Stamford, CT
	Retreat Star		Gulika 8:25AM – 10:08AM	Pushya Until 11:21PM	Ganesha: Red	Sunrise: 4:59AM	Sun 21 Sutra 11
	Kataka Rasi: 8.02	Tithi 8	Yama 4:59AM – 6:42AM	Shula* Until 11:06PM	Muruqa: Clear	Sunset: 6:44PM	Sobhana 5125
	242996579	Rahu 1:35PM – 3:18PM	Visiti Until 4:21PM	Ashtami* Until 5:30AM Fri	Nataraja: Purple		Moon 4 - Phase 2 - 21 Ashtami
Creative Work	Amrita Yoga			Moon – Blue		Sivaloka Day	
Until 11:21PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Stamford, CT
	Retreat Star		Gulika 6:41AM – 8:24AM	Ashlesha* Until 2:03AM Sat	Ganesha: Red	Sunrise: 4:57AM	Sun 22 Sutra 12
	Kataka Rasi: 19.57	Tithi 9	Yama 3:18PM – 5:02PM	Ganda* Until 11:57PM	Muruqa: Clear	Sunset: 6:45PM	Sobhana 5125
	242996579	Rahu 10:08AM – 11:51AM	Balava Until 6:42PM	Navami* Until 7:49AM Sat	Nataraja: Purple		Moon 4 - Phase 2 - 22 Navami
Routine Work	Marana Yoga			Moon – Blue		Sivaloka Day	
Until 2:03AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stamford, CT Sun 23 Sutra 13 Sobhana 5125	
Simha Rasi: 1.52	Tithi 9 – 10	Gulika 4:56AM – 6:40AM	Magha* Until 4:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 4:56AM		
		Yama 1:35PM – 3:19PM	Vriddhi Until 12:42AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 3 - 23	
		252996579 Rahu 8:23AM – 10:07AM	Taitila Until 8:55PM	Nataraja: Purple		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 7:49AM	Moon – Red		Devaloka Day	
Until 4:56AM Sun				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

2		Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 24 Sutra 14 Sobhana 5125	
Simha Rasi: 13.52	Tithi 10 – 11	Gulika 3:19PM – 5:03PM	Purvaphalguni Until 7:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 4:54AM		
		Yama 11:51AM – 1:35PM	Dhruva Until 1:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3 - 24	
		252996579 Rahu 5:03PM – 6:47PM	Vanija Until 10:51PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 9:55AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3		Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 25 Sutra 15 Sobhana 5125	
Simha Rasi: 26	Tithi 11 – 12	Gulika 1:35PM – 3:20PM	Purvaphalguni Until 7:17AM	Ganesha: Blue	<i>Sunrise:</i> 4:52AM		
Family Home Evening		Yama 10:06AM – 11:51AM	Vyaghata* Until 1:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 3 - 25	
		252996579 Rahu 6:37AM – 8:21AM	Bava Until 12:19AM Tue	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:38AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

4		Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 26 Sutra 16 Sobhana 5125	
Kanya Rasi: 8.2	Tithi 12 – 13	Gulika 11:51AM – 1:36PM	Uttaraphalguni Until 9:00AM	Ganesha: Blue	<i>Sunrise:</i> 4:51AM		
		Yama 8:21AM – 10:06AM	Harshana Until 12:58AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 3 - 26	
		252996579 Rahu 3:21PM – 5:06PM	Kaulava Until 1:11AM Wed	Nataraja: Purple		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 12:48PM	Moon – Red		Devaloka Day	
Until 9:00AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5		Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 17 Sobhana 5125	
Kanya Rasi: 20.57	Tithi 13 – 14	Gulika 10:05AM – 11:50AM	Hasta Until 10:27AM	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM		
		Yama 6:35AM – 8:20AM	Vajra* Until 12:07AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3 - 27	
		262996579 Rahu 11:50AM – 1:36PM	Gara Until 1:26AM Thu	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 1:22PM	Moon – Green		Sivaloka Day	
Until 10:27AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

		Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Stamford, CT Sun 28 Sutra 18 Sobhana 5125	
Tula Rasi: 3.52	Tithi 14 – 15	Gulika 8:19AM – 10:05AM	Chitra Until 11:07AM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM		
		Yama 4:48AM – 6:34AM	Siddhi Until 10:48PM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3 - Purnima	
		262996579 Rahu 1:36PM – 3:21PM	Vistil Until 1:03AM Fri	Nataraja: Purple			
Creative Work	Siddha Yoga		Chaturdashi* Until 1:18PM	Moon – Green		Sivaloka Day	
Until 11:07AM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Friday, May 5, 2023		Silver Retreat Star		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stamford, CT Sun 29 Sutra 19 Sobhana 5125	
Tula Rasi: 17.05	Tithi 15 – 16	Gulika 6:33AM – 8:19AM	Svati Until 11:02AM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM		
		Yama 3:22PM – 5:08PM	Vyatipata* Until 9:01PM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3 - Prathama	
		262996579 Rahu 10:04AM – 11:50AM	Balava Until 12:05AM Sat	Nataraja: Purple			
Creative Work	Siddha Yoga		Purnima* Until 12:37PM	Moon – Green		Sivaloka Day	
				Vaisaka-Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda