



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yukhtayam
Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Almaty, Kazakhstan
Sutra 1

Tula Rasi: 19.57 Tithi 17
Family Home Evening 268345478
Routine Work Marana Yoga
Until 4:07AM Tue
Then Creative Work - Siddha Yoga

Gulika 2:35PM – 4:16PM
Yama 11:12AM – 12:54PM
Rahu 7:49AM – 9:31AM

Vishakha Until 4:07AM Tue
Siddhi Until 8:51PM
Taitila Until 9:16AM
Dvitiya Until 7:54PM

Ganesha: Clear *Sunrise: 6:08AM*
Muruqa: White *Sunset: 7:39PM*
Nataraja: White
Moon – Green
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

1 **Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yukhtayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Almaty, Kazakhstan
Sun 1 Sutra 2

Vrischika Rasi: 4.28 Tithi 18 – 19
278345478
Creative Work Siddha Yoga

Gulika 12:53PM – 2:35PM
Yama 9:30AM – 11:12AM
Rahu 4:17PM – 5:59PM

Anuradha Until 2:06AM Wed
Vyatipata* Until 5:29PM
Vanija Until 6:32AM
Tritiya Until 5:07PM

Ganesha: Purple *Sunrise: 6:06AM*
Muruqa: White *Sunset: 7:40PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

2 **Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yukhtayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Almaty, Kazakhstan
Sun 2 Sutra 3

Vrischika Rasi: 19.01 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 12:00AM Thu
Then Routine Work - Marana Yoga

Gulika 11:11AM – 12:53PM
Yama 7:47AM – 9:29AM
Rahu 12:53PM – 2:35PM

Jyeshtha* Until 12:00AM Thu
Variyan Until 2:05PM
Kaulava Until 1:01AM Thu
Chaturthi* Until 2:21PM

Ganesha: Purple *Sunrise: 6:05AM*
Muruqa: White *Sunset: 7:42PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Subhakrit 5124
Moon 4 - Phase 1 - 2 1st Phase

3 **Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yukhtayam
Mula* Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Almaty, Kazakhstan
Sun 3 Sutra 4

Dhanus Rasi: 3.32 Tithi 20 – 21
288345478
Creative Work Siddha Yoga

Gulika 9:28AM – 11:10AM
Yama 6:03AM – 7:46AM
Rahu 2:35PM – 4:18PM

Mula* Until 10:19PM
Parigha* Until 10:47AM
Gara Until 10:25PM
Panchami Until 11:40AM

Ganesha: Clear *Sunrise: 6:03AM*
Muruqa: White *Sunset: 7:43PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Subhakrit 5124
Moon 4 - Phase 1 - 3 1st Phase

4 **Friday, April 22, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yukhtayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Almaty, Kazakhstan
Sun 4 Sutra 5

Dhanus Rasi: 17.55 Tithi 21 – 22
289345478
Routine Work Prabalarishta Yoga
Until 8:43PM
Then Routine Work - Marana Yoga

Gulika 7:44AM – 9:27AM
Yama 4:18PM – 6:01PM
Rahu 11:10AM – 12:53PM

Purvashadha* Until 8:43PM
Shiva Until 7:39AM
Visiti Until 8:03PM
Shashthi* Until 9:11AM

Ganesha: Purple *Sunrise: 6:02AM*
Muruqa: White *Sunset: 7:44PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day

Subhakrit 5124
Moon 4 - Phase 1 - 4 1st Phase

Retreat Star **Saturday, April 23, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Almaty, Kazakhstan
Sun 5 Sutra 6

Makara Rasi: 2.08 Tithi 22 – 23
289345478
Routine Work Marana Yoga
Until 7:15PM
Then Creative Work - Siddha Yoga

Gulika 6:00AM – 7:43AM
Yama 2:36PM – 4:19PM
Rahu 9:26AM – 11:09AM

Uttarashadha Until 7:15PM
Sadhya Until 2:00AM Sun
Kaulava Until 5:02AM Sun
Saptami Until 6:57AM

Ganesha: Purple *Sunrise: 6:00AM*
Muruqa: White *Sunset: 7:45PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day

Subhakrit 5124
Moon 4 - Phase 1 - 5 Ashtami

Retreat Star **Sunday, April 24, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Almaty, Kazakhstan
Sun 6 Sutra 7

Makara Rasi: 16.1 Tithi 24
299345478
Creative Work Amrita Yoga
Until 6:24PM
Then Routine Work - Marana Yoga

Gulika 4:19PM – 6:03PM
Yama 12:52PM – 2:36PM
Rahu 6:03PM – 7:46PM

Shravana Until 6:24PM
Subha Until 11:35PM
Taitila Until 4:12PM
Navami* Until 3:26AM Mon

Ganesha: Clear *Sunrise: 5:58AM*
Muruqa: White *Sunset: 7:46PM*
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Subhakrit 5124
Moon 4 - Phase 1 - 6 Navami


1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Almaty, Kazakhstan Sun 7 Sutra 8
	Makara Rasi: 29.58	Tithi 25	Gulika 2:36PM – 4:20PM	Dhanishtha Until 5:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM	Subhakrit 5124
	Family Home Evening	299345479	Yama 11:08AM – 12:52PM	Sukla Until 9:26PM	Muruqa: White	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 2 - 7
	Creative Work Siddha Yoga		Rahu 7:41AM – 9:25AM	Vanija Until 2:47PM	Nataraja: Clear		2nd Phase
			Dashami Until 2:12AM Tue	Moon – Purple		Devaloka Day	
				Chaitra•Chaitra			

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Almaty, Kazakhstan Sun 8 Sutra 9
	Kumbha Rasi: 13.34	Tithi 26	Gulika 12:52PM – 2:36PM	Shatabhishak Until 5:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Subhakrit 5124
		299345479	Yama 9:24AM – 11:08AM	Brahma Until 7:36PM	Muruqa: White	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 2 - 8
	Routine Work Marana Yoga		Rahu 4:20PM – 6:04PM	Bava Until 1:45PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 1:21AM Wed	Moon – Purple		Devaloka Day	
				Chaitra•Chaitra			

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra Yoga Kaulava/Tailita Karana Dvadashyam Titau				Almaty, Kazakhstan Sun 9 Sutra 10
	Kumbha Rasi: 26.56	Tithi 27	Gulika 11:07AM – 12:52PM	Purvaproshtapada* Until 5:36PM	Ganesha: Red	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
		219345479	Yama 7:38AM – 9:23AM	Indra Until 6:07PM	Muruqa: White	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 2 - 9
	Creative Work Amrita Yoga		Rahu 12:52PM – 2:36PM	Kaulava Until 1:07PM	Nataraja: Clear		2nd Phase
Until 5:36PM			Dvadashi* Until 12:56AM Thu	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Chaitra			

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Almaty, Kazakhstan Sun 10 Sutra 11
	Meena Rasi: 10.05	Tithi 28	Gulika 9:22AM – 11:07AM	Uttaraproshtapada Until 6:10PM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	Subhakrit 5124
		219345479	Yama 5:52AM – 7:37AM	Vaidhriti* Until 4:57PM	Muruqa: White	<i>Sunset:</i> 7:51PM	Moon 4 - Phase 2 - 10
	Creative Work Siddha Yoga		Rahu 2:36PM – 4:21PM	Gara Until 12:54PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 12:57AM Fri	Moon – Clear		Devaloka Day	
				Chaitra•Chaitra			
			<i>Pradosha Vrata (Fasting)</i>				

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Almaty, Kazakhstan Sun 11 Sutra 12
	Meena Rasi: 22.59	Tithi 29	Gulika 7:36AM – 9:21AM	Revati Until 7:02PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
		219445479	Yama 4:22PM – 6:07PM	Vishkambha* Until 4:11PM	Muruqa: White	<i>Sunset:</i> 7:52PM	Moon 4 - Phase 2 - 11
	Creative Work Siddha Yoga		Rahu 11:06AM – 12:51PM	Visti Until 1:10PM	Nataraja: Clear		2nd Phase
Until 7:02PM			Chaturdashi* Until 1:27AM Sat	Moon – Clear		Bhuloka Day	
Then Creative Work - Amrita Yoga				Chaitra•Chaitra		Devaloka Time: 6:PM to 9:PM	

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Almaty, Kazakhstan Sun 12 Sutra 13
	Retreat Star		Gulika 5:50AM – 7:35AM	Ashvini Until 8:41PM	Ganesha: Green	<i>Sunrise:</i> 5:50AM	Subhakrit 5124
	Mesha Rasi: 5.4	Tithi 30	Yama 2:37PM – 4:22PM	Priti Until 3:48PM	Muruqa: White	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 2 - 12
		221445479	Rahu 9:20AM – 11:06AM	Catuspada Until 1:55PM	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga			Amavasya* Until 2:27AM Sun	Moon – White		Bhuloka Day	
				Chaitra•Chaitra		Devaloka Time: 6:PM to 9:PM	

	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Almaty, Kazakhstan Sun 13 Sutra 14
	Retreat Star		Gulika 4:23PM – 6:09PM	Bharani Until 10:40PM	Ganesha: Green	<i>Sunrise:</i> 5:48AM	Subhakrit 5124
	Mesha Rasi: 18.08	Tithi 1	Yama 12:51PM – 2:37PM	Ayushman Until 3:46PM	Muruqa: White	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 2 - 13
		221445479	Rahu 6:09PM – 7:54PM	Kintughna Until 3:10PM	Nataraja: Clear		Prathama
Routine Work Prabalarishta Yoga			Prathama* Until 3:56AM Mon	Moon – White		Bhuloka Day	
Until 10:40PM				Vaisaka•Chaitra		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Almaty, Kazakhstan Sun 14 Sutra 15 Subhakit 5124
1	231445479	Gulika 2:37PM – 4:23PM Yama 11:05AM – 12:51PM Rahu 7:33AM – 9:19AM	Krittika Until 12:55AM Tue Saubhagya Until 4:07PM Balava Until 4:52PM Dvitiya Until 5:51AM Tue	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 5:47AM Sunset: 7:55PM	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 0.23 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 12:55AM Tue Then Creative Work - Amrita Yoga						

Tuesday, May 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Tritiyayam Titau				Almaty, Kazakhstan Sun 15 Sutra 16 Subhakit 5124
2	231445479	Gulika 12:51PM – 2:37PM Yama 9:18AM – 11:05AM Rahu 4:24PM – 6:10PM	Rohini Until 3:50AM Wed Sobhana Until 4:47PM Taitila Until 6:58PM Tritiya Until 8:06AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:45AM Sunset: 7:57PM	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 12.27 Tithi 3 Creative Work Amrita Yoga Until 3:50AM Wed Then Creative Work - Siddha Yoga						

Wednesday, May 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Almaty, Kazakhstan Sun 16 Sutra 17 Subhakit 5124
3	231445479	Gulika 11:04AM – 12:51PM Yama 7:31AM – 9:17AM Rahu 12:51PM – 2:38PM	Mrigashira Until 6:48AM Thu Athiganda* Until 5:38PM Vanija Until 9:21PM Tritiya Until 8:06AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:44AM Sunset: 7:58PM	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 24.24 Tithi 3 – 4 Creative Work Siddha Yoga Until 6:48AM Thu Then Routine Work - Marana Yoga						

Thursday, May 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Almaty, Kazakhstan Sun 17 Sutra 18 Subhakit 5124
4	231445479	Gulika 9:17AM – 11:04AM Yama 5:43AM – 7:30AM Rahu 2:38PM – 4:25PM	Mrigashira Until 6:48AM Sukarma Until 6:37PM Bava Until 11:51PM Chaturthi* Until 10:34AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:43AM Sunset: 7:59PM	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Mithuna Rasi: 6.16 Tithi 4 – 5 Routine Work Marana Yoga						

Friday, May 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Almaty, Kazakhstan Sun 18 Sutra 19 Subhakit 5124
5	231445479	Gulika 7:29AM – 9:16AM Yama 4:25PM – 6:13PM Rahu 11:03AM – 12:51PM	Ardra Until 9:40AM Dhriti Until 7:36PM Kaulava Until 2:18AM Sat Panchami Until 1:04PM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:41AM Sunset: 8:00PM	Moon 4 - Phase 3 - 18 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Mithuna Rasi: 18.05 Tithi 5 – 6 Creative Work Siddha Yoga						

Saturday, May 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Almaty, Kazakhstan Sun 19 Sutra 20 Subhakit 5124
6	241445479	Gulika 5:40AM – 7:28AM Yama 2:38PM – 4:26PM Rahu 9:15AM – 11:03AM	Punarvasu Until 12:46PM Shula* Until 8:26PM Gara Until 4:31AM Sun Shashthi* Until 3:26PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:40AM Sunset: 8:01PM	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day
Mithuna Rasi: 29.58 Tithi 6 – 7 Creative Work Siddha Yoga						

Sunday, May 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Almaty, Kazakhstan Sun 20 Sutra 21 Subhakit 5124
Retreat Star		Gulika 4:26PM – 6:14PM Yama 12:51PM – 2:38PM Rahu 6:14PM – 8:02PM	Pushya Until 3:25PM Ganda* Until 9:00PM Visti Until 6:20AM Mon Saptami Until 5:28PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:39AM Sunset: 8:02PM	Moon 4 - Phase 3 - 20 3rd Phase Devaloka Day
Kataka Rasi: 11.55 Tithi 7 – 8 Creative Work Siddha Yoga		Mother's Day				

Monday, May 9, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Almaty, Kazakhstan Sun 21 Sutra 22 Subhakit 5124
Retreat Star		Gulika 2:39PM – 4:27PM Yama 11:02AM – 12:50PM Rahu 7:26AM – 9:14AM	Ashlesha* Until 5:25PM Vriddhi Until 9:11PM Visti Until 6:20AM Ashtami* Until 7:00PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:38AM Sunset: 8:03PM	Moon 4 - Phase 3 - 21 Ashtami Devaloka Day
Kataka Rasi: 24.03 Tithi 8 Family Home Evening Creative Work Siddha Yoga Until 5:25PM Then Routine Work - Marana Yoga						

Tuesday, May 10, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Almaty, Kazakhstan Sun 22 Sutra 23 Subhakit 5124
Retreat Star		Gulika 12:50PM – 2:39PM Yama 9:13AM – 11:02AM Rahu 4:27PM – 6:16PM	Magha* Until 7:08PM Dhruva Until 8:49PM Balava Until 7:33AM Navami* Until 7:53PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sunrise: 5:36AM Sunset: 8:04PM	Moon 4 - Phase 3 - 22 Navami Devaloka Day
Simha Rasi: 6.26 Tithi 9 Creative Work Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Almaty, Kazakhstan Sun 23 Sutra 24
	Simha Rasi: 19.07	Tithi 10	Gulika 11:02AM – 12:50PM	Purvaphalguni Until 7:57PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Subhakrit 5124
			Yama 7:24AM – 9:13AM	Vyaghata* Until 7:53PM	Muruqa: White	<i>Sunset:</i> 8:06PM	Moon 4 - Phase 4 - 23
	Creative Work	Amrita Yoga	252445479 Rahu 12:50PM – 2:39PM	Taitila Until 8:04AM	Nataraja: Clear		4th Phase
			Dashami Until 8:01PM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

2	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau				Almaty, Kazakhstan Sun 24 Sutra 25
	Kanya Rasi: 2.1	Tithi 11	Gulika 9:12AM – 11:01AM	Uttaraphalguni Until 7:51PM	Ganesha: Clear	<i>Sunrise:</i> 5:34AM	Subhakrit 5124
			Yama 5:34AM – 7:23AM	Harshana Until 6:21PM	Muruqa: White	<i>Sunset:</i> 8:07PM	Moon 4 - Phase 4 - 24
		Amrita Yoga	252445479 Rahu 2:39PM – 4:29PM	Vanija Until 7:49AM	Nataraja: Clear		4th Phase
Until 7:51PM			Ekadashi Until 7:23PM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

3	Friday, May 13, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Almaty, Kazakhstan Sun 25 Sutra 26
	Kanya Rasi: 15.4	Tithi 12 – 13	Gulika 7:22AM – 9:12AM	Hasta Until 7:19PM	Ganesha: White	<i>Sunrise:</i> 5:33AM	Subhakrit 5124
			Yama 4:29PM – 6:18PM	Vajra* Until 4:11PM	Muruqa: White	<i>Sunset:</i> 8:08PM	Moon 4 - Phase 4 - 25
	Creative Work	Amrita Yoga	262445479 Rahu 11:01AM – 12:50PM	Bava Until 6:47AM	Nataraja: Clear		4th Phase
Until 7:19PM			Dvadashi Until 5:58PM	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			
				<i>Pradosha Vrata</i>			

4	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Almaty, Kazakhstan Sun 26 Sutra 27
	Kanya Rasi: 29.34	Tithi 13 – 14	Gulika 5:32AM – 7:21AM	Chitra Until 5:58PM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Subhakrit 5124
			Yama 2:40PM – 4:30PM	Siddhi Until 1:28PM	Muruqa: White	<i>Sunset:</i> 8:09PM	Moon 4 - Phase 4 - 26
	Routine Work	Marana Yoga	262445479 Rahu 9:11AM – 11:01AM	Gara Until 2:40AM Sun	Nataraja: Clear		4th Phase
Until 5:58PM			Trayodashi Until 3:54PM	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Almaty, Kazakhstan Sun 27 Sutra 28
	Copper Retreat Star		Gulika 4:30PM – 6:20PM	Svati Until 3:56PM	Ganesha: White	<i>Sunrise:</i> 5:31AM	Subhakrit 5124
	Tula Rasi: 13.53	Tithi 14 – 15	Yama 12:50PM – 2:40PM	Vyatipata* Until 10:19AM	Muruqa: White	<i>Sunset:</i> 8:10PM	Moon 4 - Phase 4 - 27
			262445479 Rahu 6:20PM – 8:10PM	Visti Until 11:49PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 1:16PM	Moon – Green		Sivaloka Day	
Until 3:56PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

Monday, May 16, 2022	Silver Retreat Star		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Almaty, Kazakhstan Sutra 29
	Tula Rasi: 28.31	Tithi 15 – 16	Gulika 2:40PM – 4:31PM	Vishakha Until 1:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
	Family Home Evening		Yama 11:00AM – 12:50PM	Variyan Until 6:46AM	Muruqa: White	<i>Sunset:</i> 8:11PM	Moon 4 - Phase 4 - Prathama
		Marana Yoga	272445479 Rahu 7:20AM – 9:10AM	Balava Until 8:37PM	Nataraja: Clear		
Routine Work			Purnima* Until 10:14AM	Moon – Orange		Devaloka Day	
Until 1:47PM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Almaty, Kazakhstan
Sutra 30

Vrischika Rasi: 13.23 Tithi 16 - 17

272445479

Gulika 12:50PM - 2:41PM
Yama 9:09AM - 11:00AM
Rahu 4:31PM - 6:22PM

Anuradha Until 11:15AM
Shiva Until 11:07PM
Gara Until 3:31AM Wed
Prathama* Until 6:56AM

Ganesha: Yellow *Sunrise:* 5:29AM
Muruqa: White *Sunset:* 8:12PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 11:15AM

Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanija/Visli* Karana Tritiyayam Titau

Almaty, Kazakhstan
Sun 1 Sutra 31

Vrischika Rasi: 28.2 Tithi 18

272445479

Gulika 11:00AM - 12:50PM
Yama 7:18AM - 9:09AM
Rahu 12:50PM - 2:41PM

Jyeshtha* Until 8:31AM
Siddha Until 7:13PM
Vanija Until 1:49PM
Tritiya Until 12:08AM Thu

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: White *Sunset:* 8:13PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 8:31AM

Then Routine Work - Marana Yoga

Devaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

Almaty, Kazakhstan
Sun 2 Sutra 32

Dhanus Rasi: 13.15 Tithi 19

282445479

Gulika 9:09AM - 10:59AM
Yama 5:27AM - 7:18AM
Rahu 2:41PM - 4:32PM

Mula* Until 6:07AM
Sadhya Until 3:27PM
Bava Until 10:30AM
Chaturthi* Until 8:55PM

Ganesha: Blue *Sunrise:* 5:27AM
Muruqa: White *Sunset:* 8:14PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Almaty, Kazakhstan
Sun 3 Sutra 33

Dhanus Rasi: 28 Tithi 20

282445479

Gulika 7:17AM - 9:08AM
Yama 4:33PM - 6:24PM
Rahu 10:59AM - 12:50PM

Uttarashadha Until 1:40AM Sat
Subha Until 11:55AM
Kaulava Until 7:26AM
Panchami Until 6:01PM

Ganesha: Blue *Sunrise:* 5:26AM
Muruqa: White *Sunset:* 8:15PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Until 1:40AM Sat

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Almaty, Kazakhstan
Sun 4 Sutra 34

Makara Rasi: 12.3 Tithi 21 - 22

292445479

Gulika 5:25AM - 7:16AM
Yama 2:42PM - 4:33PM
Rahu 9:08AM - 10:59AM

Shravana Until 12:17AM Sun
Sukla Until 8:41AM
Visti Until 2:28AM Sun
Shashthi* Until 3:31PM

Ganesha: Red *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 8:16PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 12:17AM Sun

Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Almaty, Kazakhstan
Sun 5 Sutra 35

Makara Rasi: 26.4 Tithi 22 - 23

292445479

Gulika 4:34PM - 6:25PM
Yama 12:51PM - 2:42PM
Rahu 6:25PM - 8:17PM

Dhanishtha Until 11:17PM
Indra Until 3:29AM Mon
Balava Until 12:45AM Mon
Saptami Until 1:31PM

Ganesha: Red *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 8:17PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Ashtami

Routine Work Marana Yoga

Until 11:17PM

Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Almaty, Kazakhstan
Sun 6 Sutra 36

Kumbha Rasi: 10.29 Tithi 23 - 24

292445479

Gulika 2:42PM - 4:34PM
Yama 10:59AM - 12:51PM
Rahu 7:15AM - 9:07AM

Shatabhishak Until 10:43PM
Vaidhriti* Until 1:34AM Tue
Taitila Until 11:38PM
Ashtami* Until 12:06PM

Ganesha: Red *Sunrise:* 5:23AM
Muruqa: White *Sunset:* 8:18PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Navami

Creative Work Siddha Yoga

Until 10:43PM

Then Routine Work - Marana Yoga

Devaloka Day

1	Tuesday, May 24, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Almaty, Kazakhstan Sun 7 Sutra 37 Subhakra 5124
	Kumbha Rasi: 23.58	Tithi 24 – 25	Gulika 12:51PM – 2:43PM Yama 9:07AM – 10:59AM Rahu 4:35PM – 6:27PM	Purvaproshtapada* Until 11:03PM Vishkambha* Until 12:09AM Wed Vanija Until 11:06PM Navami* Until 11:16AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:22AM Sunset: 8:19PM	Moon 5 - Phase 6 - 7 2nd Phase
	Routine Work	Marana Yoga					Devaloka Day
		Until 11:03PM					
		Then Creative Work - Amrita Yoga					


2	Wednesday, May 25, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Almaty, Kazakhstan Sun 8 Sutra 38 Subhakra 5124
	Meena Rasi: 7.06	Tithi 25 – 26	Gulika 10:58AM – 12:51PM Yama 7:14AM – 9:06AM Rahu 12:51PM – 2:43PM	Uttaraproshtapada Until 11:48PM Priti Until 11:13PM Bava Until 11:10PM Dashami Until 11:02AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:22AM Sunset: 8:20PM	Moon 5 - Phase 6 - 8 2nd Phase
	Creative Work	Siddha Yoga					Devaloka Day
		Until 11:48PM					
		Then Routine Work - Marana Yoga					

3	Thursday, May 26, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Almaty, Kazakhstan Sun 9 Sutra 39 Subhakra 5124
	Meena Rasi: 19.57	Tithi 26 – 27	Gulika 9:06AM – 10:58AM Yama 5:21AM – 7:13AM Rahu 2:43PM – 4:36PM	Revati Until 12:57AM Fri Ayushman Until 10:42PM Kaulava Until 11:47PM Ekadashi* Until 11:23AM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:21AM Sunset: 8:21PM	Moon 5 - Phase 6 - 9 2nd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
		Until 12:57AM Fri					
		Then Creative Work - Amrita Yoga					

4	Friday, May 27, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Titila/Gara Karana Dvadashi/Trayodashyam Titau				Almaty, Kazakhstan Sun 10 Sutra 40 Subhakra 5124
	Mesha Rasi: 2.32	Tithi 27 – 28	Gulika 7:13AM – 9:06AM Yama 4:36PM – 6:29PM Rahu 10:58AM – 12:51PM	Ashvini Until 2:54AM Sat Saubhagya Until 10:35PM Gara Until 12:55AM Sat Dvadashi* Until 12:17PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:20AM Sunset: 8:22PM	Moon 5 - Phase 6 - 10 2nd Phase
	Creative Work	Amrita Yoga					Devaloka Day
		Until 2:54AM Sat					
		Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata (Fasting)</i>							

5	Saturday, May 28, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Almaty, Kazakhstan Sun 11 Sutra 41 Subhakra 5124
	Mesha Rasi: 14.55	Tithi 28 – 29	Gulika 5:19AM – 7:12AM Yama 2:44PM – 4:37PM Rahu 9:05AM – 10:58AM	Bharani Until 5:08AM Sun Sobhana Until 10:51PM Visti Until 2:30AM Sun Trayodashi* Until 1:39PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:19AM Sunset: 8:23PM	Moon 5 - Phase 6 - 11 2nd Phase
	Creative Work	Siddha Yoga					Devaloka Day
		Until 7:32AM Mon					
		Then Creative Work - Amrita Yoga					

6	Sunday, May 29, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Almaty, Kazakhstan Sun 12 Sutra 42 Subhakra 5124
	Mesha Rasi: 27.05	Tithi 29 – 30	Gulika 4:37PM – 6:31PM Yama 12:51PM – 2:44PM Rahu 6:31PM – 8:24PM	Krittika Until 7:32AM Mon Athiganda* Until 11:22PM Catuspada Until 4:28AM Mon Chaturdashi* Until 3:25PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:19AM Sunset: 8:24PM	Moon 5 - Phase 6 - 12 2nd Phase
	Creative Work	Siddha Yoga					Devaloka Day
		Until 7:32AM Mon					
		Then Creative Work - Amrita Yoga					

	Monday, May 30, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Almaty, Kazakhstan Sun 13 Sutra 43 Subhakra 5124
	Retreat Star		Gulika 2:45PM – 4:38PM Yama 10:58AM – 12:51PM Rahu 7:11AM – 9:05AM	Krittika Until 7:32AM Sukarma Until 12:09AM Tue Kintughna Until 6:42AM Tue Amavasya* Until 5:32PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:18AM Sunset: 8:24PM	Moon 5 - Phase 6 - 13 Amavasya
	Vrishabha Rasi: 9.08	Tithi 30 – 1					Devaloka Day
		Until 7:32AM					
		Then Creative Work - Amrita Yoga					
		Family Home Evening					
		Routine Work					
		Marana Yoga					

7	Tuesday, May 31, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Almaty, Kazakhstan Sun 14 Sutra 44 Subhakra 5124
	Retreat Star		Gulika 12:51PM – 2:45PM Yama 9:05AM – 10:58AM Rahu 4:38PM – 6:32PM	Rohini Until 10:33AM Dhriti Until 1:06AM Wed Kintughna Until 6:42AM Prathama* Until 7:52PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow	Sunrise: 5:18AM Sunset: 8:25PM	Moon 5 - Phase 6 - 14 Prathama
	Vrishabha Rasi: 21.04	Tithi 1					Devaloka Day
		Until 10:33AM					
		Then Creative Work - Siddha Yoga					
		Creative Work					
		Amrita Yoga					

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Wednesday, June 1, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Almaty, Kazakhstan Sun 15 Sutra 45	
Mithuna Rasi: 2.56	Tithi 2	Gulika 10:58AM – 12:52PM	Mrigashira Until 1:33PM	Ganesha: Orange	<i>Sunrise:</i> 5:17AM	Subhakarit 5124	
		Yama 7:11AM – 9:04AM	Shula* Until 2:05AM Thu	Muruqa: White	<i>Sunset:</i> 8:26PM	Moon 5 - Phase 7 - 15	
Creative Work	Siddha Yoga	333545479 Rahu 12:52PM – 2:45PM	Balava Until 9:07AM	Nataraja: Clear		3rd Phase	
			Dvitiya Until 10:20PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2		Thursday, June 2, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Almaty, Kazakhstan Sun 16 Sutra 46	
Mithuna Rasi: 14.46	Tithi 3	Gulika 9:04AM – 10:58AM	Ardra Until 4:25PM	Ganesha: Orange	<i>Sunrise:</i> 5:17AM	Subhakarit 5124	
		Yama 5:17AM – 7:10AM	Ganda* Until 3:06AM Fri	Muruqa: White	<i>Sunset:</i> 8:27PM	Moon 5 - Phase 7 - 16	
Routine Work	Marana Yoga	333545479 Rahu 2:46PM – 4:39PM	Taitila Until 11:36AM	Nataraja: Clear		3rd Phase	
Until 4:25PM			Tritiya Until 12:49AM Fri	Moon – Yellow		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			

3		Friday, June 3, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Vanija/Vishti* Karana Chaturthiyam Titau		Almaty, Kazakhstan Sun 17 Sutra 47	
Mithuna Rasi: 26.36	Tithi 4	Gulika 7:10AM – 9:04AM	Punarvasu Until 7:35PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Subhakarit 5124	
		Yama 4:40PM – 6:34PM	Vriddhi Until 4:03AM Sat	Muruqa: Green	<i>Sunset:</i> 8:28PM	Moon 5 - Phase 7 - 17	
Creative Work	Siddha Yoga	343555479 Rahu 10:58AM – 12:52PM	Vanija Until 2:03PM	Nataraja: Clear		3rd Phase	
Until 7:35PM			Chaturthi* Until 3:12AM Sat	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

4		Saturday, June 4, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau		Almaty, Kazakhstan Sun 18 Sutra 48	
Kataka Rasi: 8.29	Tithi 5	Gulika 5:16AM – 7:10AM	Pushya Until 10:23PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Subhakarit 5124	
		Yama 2:46PM – 4:40PM	Dhruva Until 4:47AM Sun	Muruqa: Green	<i>Sunset:</i> 8:28PM	Moon 5 - Phase 7 - 18	
Creative Work	Siddha Yoga	343555479 Rahu 9:04AM – 10:58AM	Bava Until 4:20PM	Nataraja: Clear		3rd Phase	
Until 10:23PM			Panchami Until 5:21AM Sun	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

5		Sunday, June 5, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava Karana Shashthiyam Titau		Almaty, Kazakhstan Sun 19 Sutra 49	
Kataka Rasi: 20.28	Tithi 6	Gulika 4:41PM – 6:35PM	Ashlesha* Until 12:42AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Subhakarit 5124	
		Yama 12:52PM – 2:46PM	Vyaghata* Until 5:15AM Mon	Muruqa: Green	<i>Sunset:</i> 8:29PM	Moon 5 - Phase 7 - 19	
Creative Work	Siddha Yoga	343555471 Rahu 6:35PM – 8:29PM	Kaulava Until 6:19PM	Nataraja: Yellow		3rd Phase	
Until 12:42AM Mon			Shashthi* Until 7:08AM Mon	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

6		Monday, June 6, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Almaty, Kazakhstan Sun 20 Sutra 50	
Simha Rasi: 3	Tithi 6 – 7	Gulika 2:47PM – 4:41PM	Magha* Until 2:53AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	Subhakarit 5124	
Family Home Evening		Yama 10:58AM – 12:52PM	Harshana Until 5:21AM Tue	Muruqa: Green	<i>Sunset:</i> 8:30PM	Moon 5 - Phase 7 - 20	
Routine Work	Marana Yoga	353555471 Rahu 7:09AM – 9:04AM	Gara Until 7:51PM	Nataraja: Yellow		3rd Phase	
Until 2:53AM Tue			Shashthi* Until 7:08AM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi			

Retreat Star		Tuesday, June 7, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau		Almaty, Kazakhstan Sun 21 Sutra 51	
Simha Rasi: 14.56	Tithi 7 – 8	Gulika 12:53PM – 2:47PM	Purvaphalguni Until 4:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Subhakarit 5124	
		Yama 9:04AM – 10:58AM	Vajra* Until 4:55AM Wed	Muruqa: Green	<i>Sunset:</i> 8:31PM	Moon 5 - Phase 7 - 21	
Creative Work	Siddha Yoga	354555471 Rahu 4:42PM – 6:36PM	Vishti Until 8:48PM	Nataraja: Yellow		Ashtami	
Until 4:18AM Wed			Saptami Until 8:23AM	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			

Retreat Star		Wednesday, June 8, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Almaty, Kazakhstan Sun 22 Sutra 52	
Simha Rasi: 27.34	Tithi 8 – 9	Gulika 10:58AM – 12:53PM	Uttaraphalguni Until 4:51AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:14AM	Subhakarit 5124	
		Yama 7:09AM – 9:04AM	Siddhi Until 3:55AM Thu	Muruqa: Green	<i>Sunset:</i> 8:31PM	Moon 5 - Phase 7 - 22	
Creative Work	Amrita Yoga	354555471 Rahu 12:53PM – 2:47PM	Balava Until 9:03PM	Nataraja: Yellow		Navami	
Until 4:51AM Thu			Ashtami* Until 9:00AM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Almaty, Kazakhstan Sun 23 Sutra 53
	Kanya Rasi: 10.32 Tithi 9 – 10	Gulika 9:04AM – 10:58AM Yama 5:14AM – 7:09AM 364555471 Rahu 2:48PM – 4:42PM	Hasta Until 4:55AM Fri Vyatipata* Until 2:19AM Fri Taitila Until 8:31PM Navami* Until 8:51AM	Ganesha: White <i>Sunrise:</i> 5:14AM Muruqa: Green <i>Sunset:</i> 8:32PM Nataraja: Yellow Moon – Green

Routine Work Marana Yoga
Until 4:55AM Fri
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

2	Friday, June 10, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Almaty, Kazakhstan Sun 24 Sutra 54
	Kanya Rasi: 23.56 Tithi 10 – 11	Gulika 7:09AM – 9:03AM Yama 4:43PM – 6:38PM 364555471 Rahu 10:58AM – 12:53PM	Chitra Until 4:05AM Sat Variyan Until 12:03AM Sat Vanija Until 7:12PM Dashami Until 7:56AM	Ganesha: White <i>Sunrise:</i> 5:14AM Muruqa: Green <i>Sunset:</i> 8:32PM Nataraja: Yellow Moon – Green

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

3	Saturday, June 11, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau		Almaty, Kazakhstan Sun 25 Sutra 55
	Tula Rasi: 7.47 Tithi 11 – 12	Gulika 5:14AM – 7:09AM Yama 2:48PM – 4:43PM 364555471 Rahu 9:04AM – 10:58AM	Svati Until 2:24AM Sun Parigha* Until 9:13PM Balava Until 3:51AM Sun Ekadashi Until 6:14AM	Ganesha: White <i>Sunrise:</i> 5:14AM Muruqa: Green <i>Sunset:</i> 8:32PM Nataraja: Yellow Moon – Green

Creative Work Siddha Yoga
Until 2:24AM Sun
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

4	Sunday, June 12, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Almaty, Kazakhstan Sun 26 Sutra 56
	Tula Rasi: 22.05 Tithi 13	Gulika 4:43PM – 6:38PM Yama 12:54PM – 2:48PM 374555471 Rahu 6:38PM – 8:33PM	Vishakha Until 12:24AM Mon Shiva Until 5:53PM Kaulava Until 2:27PM Trayodashi Until 12:53AM Mon <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 5:14AM Muruqa: Green <i>Sunset:</i> 8:33PM Nataraja: Yellow Moon – Orange


Routine Work Marana Yoga
Until 12:24AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

5	Monday, June 13, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau		Almaty, Kazakhstan Sun 27 Sutra 57
	Vrischika Rasi: 6.47 Tithi 14 Family Home Evening	Gulika 2:49PM – 4:44PM Yama 10:59AM – 12:54PM 374555471 Rahu 7:09AM – 9:04AM	Anuradha Until 9:50PM Siddha Until 2:08PM Gara Until 11:15AM Chaturdashi* Until 9:30PM	Ganesha: Yellow <i>Sunrise:</i> 5:13AM Muruqa: Green <i>Sunset:</i> 8:34PM Nataraja: Yellow Moon – Orange


Creative Work Siddha Yoga

Devaloka Day

	Tuesday, June 14, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Almaty, Kazakhstan Sun 28 Sutra 58
	Copper Retreat Star	Gulika 12:54PM – 2:49PM Yama 9:04AM – 10:59AM 374555471 Rahu 4:44PM – 6:39PM	Jyeshtha* Until 6:52PM Sadhya Until 10:06AM Visti Until 7:42AM Purnima* Until 5:49PM	Ganesha: Yellow <i>Sunrise:</i> 5:13AM Muruqa: Green <i>Sunset:</i> 8:34PM Nataraja: Yellow Moon – Orange

Routine Work Marana Yoga
Until 6:52PM
Then Creative Work - Amrita Yoga

Devaloka Day

	Wednesday, June 15, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Almaty, Kazakhstan Sun 29 Sutra 59
	Silver Retreat Star	Gulika 10:59AM – 12:54PM Yama 7:09AM – 9:04AM 384555471 Rahu 12:54PM – 2:49PM	Mula* Until 4:02PM Sukla Until 1:44AM Thu Taitila Until 12:09AM Thu Prathama* Until 2:02PM	Ganesha: Blue <i>Sunrise:</i> 5:13AM Muruqa: Green <i>Sunset:</i> 8:35PM Nataraja: Yellow Moon – Light Blue

Routine Work Marana Yoga
Until 4:02PM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvilya/Triiyayam Titau

Almaty, Kazakhstan

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 22.09 Tithi 17 - 18

384555471

Gulika 9:04AM - 10:59AM
Yama 5:13AM - 7:09AM
Rahu 2:50PM - 4:45PM

Purvashadha* Until 1:08PM
Brahma Until 9:40PM
Vanija Until 8:30PM
Dvitiya Until 10:17AM

Ganesha: Blue
Muruga: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:13AM
Sunset: 8:35PM

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 1:08PM

Then Routine Work - Marana Yoga

1 Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

Almaty, Kazakhstan

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 7.12 Tithi 18 - 19

384555471

Gulika 7:09AM - 9:04AM
Yama 4:45PM - 6:40PM
Rahu 10:59AM - 12:55PM

Uttarashadha Until 10:21AM
Indra Until 5:51PM
Balava Until 3:34AM Sat
Tritiya Until 6:45AM

Ganesha: Blue
Muruga: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:13AM
Sunset: 8:36PM

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

2 Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Almaty, Kazakhstan

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 21.59 Tithi 20

394655471

Gulika 5:13AM - 7:09AM
Yama 2:50PM - 4:45PM
Rahu 9:04AM - 10:59AM

Shravana Until 8:13AM
Vaidhrili* Until 2:23PM
Kaulava Until 2:11PM
Panchami Until 12:54AM Sun

Ganesha: Blue
Muruga: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:13AM
Sunset: 8:36PM

Sivaloka Day

Creative Work Siddha Yoga

3 Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shashthayam Titau

Almaty, Kazakhstan

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 6.22 Tithi 21

395655471

Gulika 4:46PM - 6:41PM
Yama 12:55PM - 2:50PM
Rahu 6:41PM - 8:36PM

Dhanishtha Until 6:29AM
Vishkambha* Until 11:24AM
Gara Until 11:49AM
Shashthi* Until 10:52PM

Ganesha: Red
Muruga: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:14AM
Sunset: 8:36PM

Devaloka Day

Routine Work Marana Yoga

Until 6:29AM

Then Creative Work - Siddha Yoga

4 Monday, June 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Almaty, Kazakhstan

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 20.19 Tithi 22

315655471

Gulika 2:51PM - 4:46PM
Yama 11:00AM - 12:55PM
Rahu 7:09AM - 9:04AM

Purvaproshtapada* Until 5:05AM Tue
Priti Until 9:00AM
Visti Until 10:08AM
Saptami Until 9:33PM

Ganesha: Clear
Muruga: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:14AM
Sunset: 8:37PM

Devaloka Day

Family Home Evening

Until 5:05AM Tue

Then Creative Work - Amrita Yoga

Retreat Star Tuesday, June 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Almaty, Kazakhstan

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 3.5 Tithi 23

315655471

Gulika 12:55PM - 2:51PM
Yama 9:05AM - 11:00AM
Rahu 4:46PM - 6:41PM

Uttaraproshtapada Until 5:32AM Wed
Ayushman Until 7:10AM
Balava Until 9:12AM
Ashtami* Until 9:01PM

Ganesha: Clear
Muruga: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:14AM
Sunset: 8:37PM

Devaloka Day

Creative Work Amrita Yoga

Until 5:32AM Wed

Then Routine Work - Marana Yoga

Retreat Star Wednesday, June 22, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Almaty, Kazakhstan

Sun 7 Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 16.55 Tithi 24

315655471

Gulika 11:00AM - 12:56PM
Yama 7:09AM - 9:05AM
Rahu 12:56PM - 2:51PM

Revati Until 6:32AM Thu
Sobhana Until 5:24AM Thu
Taitila Until 9:03AM
Navami* Until 9:14PM

Ganesha: Clear
Muruga: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:14AM
Sunset: 8:37PM

Devaloka Day

Routine Work Marana Yoga

Until 6:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Almaty, Kazakhstan Sun 8 Sutra 67 Subhakrit 5124	
Meena Rasi: 29.37	Tithi 25	Gulika 9:05AM – 11:00AM	Revati Until 6:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM		
		Yama 5:14AM – 7:10AM	Athiganda* Until 5:19AM Fri	Muruqa: Green	<i>Sunset:</i> 8:37PM	Moon 6 - Phase 10 - 8	
		315655471 Rahu 2:51PM – 4:46PM	Vanija Until 9:38AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 10:10PM	Moon – Clear		Devaloka Day	
Until 6:32AM						Jyeshtha-Ani	
Then Creative Work - Amrita Yoga							

2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Almaty, Kazakhstan Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 12.02	Tithi 26	Gulika 7:10AM – 9:05AM	Ashvini Until 8:31AM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM		
		Yama 4:47PM – 6:42PM	Sukarma Until 5:41AM Sat	Muruqa: Green	<i>Sunset:</i> 8:37PM	Moon 6 - Phase 10 - 9	
		325655471 Rahu 11:01AM – 12:56PM	Bava Until 10:53AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 11:41PM	Moon – White		Bhuloka Day	
Until 8:31AM						Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga						Jyeshtha-Ani	

3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Almaty, Kazakhstan Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 24.13	Tithi 27	Gulika 5:15AM – 7:10AM	Bharani Until 10:52AM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM		
		Yama 2:51PM – 4:47PM	Dhriti Until 6:23AM Sun	Muruqa: Green	<i>Sunset:</i> 8:37PM	Moon 6 - Phase 10 - 10	
		325655471 Rahu 9:06AM – 11:01AM	Kaulava Until 12:39PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 1:40AM Sun	Moon – White		Bhuloka Day	
Until 10:52AM						Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga						Jyeshtha-Ani	

4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Almaty, Kazakhstan Sun 11 Sutra 70 Subhakrit 5124	
Vrishabha Rasi: 6.13	Tithi 28	Gulika 4:47PM – 6:42PM	Krittika Until 1:25PM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM		
		Yama 12:56PM – 2:52PM	Dhriti Until 6:23AM	Muruqa: Green	<i>Sunset:</i> 8:37PM	Moon 6 - Phase 10 - 11	
		325655471 Rahu 6:42PM – 8:37PM	Gara Until 2:48PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 3:57AM Mon	Moon – White		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	
						Jyeshtha-Ani	
						<i>Pradosha Vrata (Fasting)</i>	

5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Almaty, Kazakhstan Sun 12 Sutra 71 Subhakrit 5124	
Vrishabha Rasi: 18.07	Tithi 29	Gulika 2:52PM – 4:47PM	Rohini Until 4:33PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:16AM		
Family Home Evening		Yama 11:01AM – 12:57PM	Shula* Until 7:17AM	Muruqa: Green	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 10 - 12	
		335655471 Rahu 7:11AM – 9:06AM	Visti Until 5:11PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 6:25AM Tue	Moon – Yellow		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	
						Jyeshtha-Ani	

Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Almaty, Kazakhstan Sun 13 Sutra 72 Subhakrit 5124	
Vrishabha Rasi: 29.57	Tithi 29 – 30	Gulika 12:57PM – 2:52PM	Mrigashira Until 7:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:16AM		
		Yama 9:06AM – 11:02AM	Ganda* Until 8:18AM	Muruqa: Green	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 10 - 13	
		335655471 Rahu 4:47PM – 6:42PM	Catuspada Until 7:41PM	Nataraja: Yellow		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:25AM	Moon – Yellow		Bhuloka Day	
Until 7:37PM						Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga						Jyeshtha-Ani	

Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukra Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Almaty, Kazakhstan Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 11.46	Tithi 30 – 1	Gulika 11:02AM – 12:57PM	Ardra Until 10:30PM	Ganesha: Purple	<i>Sunrise:</i> 5:16AM		
		Yama 7:12AM – 9:07AM	Vridhhi Until 9:22AM	Muruqa: Green	<i>Sunset:</i> 8:37PM	Moon 6 - Phase 10 - 14	
		336655471 Rahu 12:57PM – 2:52PM	Kintughna Until 10:10PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 8:55AM	Moon – Yellow		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	
						Ashada-Ani	

1		Thursday, June 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Almaty, Kazakhstan Sun 15 Sutra 74 Subhakarit 5124	
Mithuna Rasi: 23.37	Tithi 1 – 2	Gulika 9:07AM – 11:02AM	Punarvasu Until 1:38AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 5:17AM	Moon 6 - Phase 11 - 15 3rd Phase	
		Yama 5:17AM – 7:12AM	Dhruva Until 10:22AM	Muruqa: Green	<i>Sunset:</i> 8:37PM		
		346655471 Rahu 2:52PM – 4:47PM	Balava Until 12:34AM Fri	Nataraja: Yellow			
Creative Work	Amrita Yoga		Prathama* Until 11:22AM	Moon – Blue		Bhuloka Day	
Until 1:38AM Fri				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
2		Friday, July 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Almaty, Kazakhstan Sun 16 Sutra 75 Subhakarit 5124	
Kataka Rasi: 5.29	Tithi 2 – 3	Gulika 7:12AM – 9:07AM	Pushya Until 4:26AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 5:17AM	Moon 6 - Phase 11 - 16 3rd Phase	
		Yama 4:47PM – 6:42PM	Vyaghata* Until 11:16AM	Muruqa: Green	<i>Sunset:</i> 8:37PM		
		346655471 Rahu 11:02AM – 12:57PM	Taitila Until 2:47AM Sat	Nataraja: Yellow			
Routine Work	Marana Yoga		Dvitiya Until 1:41PM	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
3		Saturday, July 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Almaty, Kazakhstan Sun 17 Sutra 76 Subhakarit 5124	
Kataka Rasi: 17.26	Tithi 3 – 4	Gulika 5:18AM – 7:13AM	Ashlesha* Until 6:49AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 5:18AM	Moon 6 - Phase 11 - 17 3rd Phase	
		Yama 2:52PM – 4:47PM	Harshana Until 12:02PM	Muruqa: Green	<i>Sunset:</i> 8:37PM		
		346655471 Rahu 9:08AM – 11:03AM	Vanija Until 4:45AM Sun	Nataraja: Yellow			
Routine Work	Marana Yoga		Tritiya Until 3:47PM	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
4		Sunday, July 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Almaty, Kazakhstan Sun 18 Sutra 77 Subhakarit 5124	
Kataka Rasi: 29.29	Tithi 4 – 5	Gulika 4:47PM – 6:42PM	Ashlesha* Until 6:49AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:19AM	Moon 6 - Phase 11 - 18 3rd Phase	
		Yama 12:58PM – 2:53PM	Vajra* Until 12:34PM	Muruqa: Green	<i>Sunset:</i> 8:37PM		
		346655471 Rahu 6:42PM – 8:37PM	Bava Until 6:23AM Mon	Nataraja: Yellow			
Creative Work	Siddha Yoga		Chaturthi* Until 5:36PM	Moon – Blue		Bhuloka Day	
Until 6:49AM				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
5		Monday, July 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau		Almaty, Kazakhstan Sun 19 Sutra 78 Subhakarit 5124	
Simha Rasi: 11.41	Tithi 5	Gulika 2:53PM – 4:47PM	Magha* Until 9:12AM	Ganesha: Orange	<i>Sunrise:</i> 5:19AM	Moon 6 - Phase 11 - 19 3rd Phase	
Family Home Evening		Yama 11:03AM – 12:58PM	Siddhi Until 12:50PM	Muruqa: Green	<i>Sunset:</i> 8:37PM		
		356655471 Rahu 7:14AM – 9:09AM	Bava Until 6:23AM	Nataraja: Yellow			
Routine Work	Marana Yoga		Panchami Until 7:02PM	Moon – Red		Devaloka Day	
Until 9:12AM				Ashada*Ani			
Then Creative Work - Siddha Yoga							
6		Tuesday, July 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Almaty, Kazakhstan Sun 20 Sutra 79 Subhakarit 5124	
Simha Rasi: 24.04	Tithi 6	Gulika 12:58PM – 2:53PM	Purvaphalguni Until 10:59AM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM	Moon 6 - Phase 11 - 20 3rd Phase	
		Yama 9:09AM – 11:03AM	Vyatipata* Until 12:45PM	Muruqa: Green	<i>Sunset:</i> 8:36PM		
		356655471 Rahu 4:47PM – 6:42PM	Kaulava Until 7:35AM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Shashthi* Until 7:58PM	Moon – Red		Devaloka Day	
Until 10:59AM				Ashada*Ani			
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam					
7		Wednesday, July 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Almaty, Kazakhstan Sun 21 Sutra 80 Subhakarit 5124	
Retreat Star		Gulika 11:04AM – 12:58PM	Uttaraphalguni Until 12:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Moon 6 - Phase 11 - 21 3rd Phase	
Kanya Rasi: 6.4	Tithi 7	Yama 7:15AM – 9:09AM	Variyan Until 12:12PM	Muruqa: Green	<i>Sunset:</i> 8:36PM		
		357655471 Rahu 12:58PM – 2:53PM	Gara Until 8:15AM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Saptami Until 8:19PM	Moon – Red		Devaloka Day	
Until 12:04PM				Ashada*Ani			
Then Routine Work - Marana Yoga							
8		Thursday, July 7, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Almaty, Kazakhstan Sun 22 Sutra 81 Subhakarit 5124	
Retreat Star		Gulika 9:10AM – 11:04AM	Hasta Until 12:50PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Moon 6 - Phase 11 - 22 Ashtami	
Kanya Rasi: 19.35	Tithi 8	Yama 5:21AM – 7:15AM	Parigha* Until 11:08AM	Muruqa: Green	<i>Sunset:</i> 8:36PM		
		467655471 Rahu 2:53PM – 4:47PM	Visti Until 8:16AM	Nataraja: Yellow			
Routine Work	Marana Yoga		Ashtami* Until 7:59PM	Moon – Green		Devaloka Day	
Until 12:50PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							
9		Friday, July 8, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Almaty, Kazakhstan Sun 23 Sutra 82 Subhakarit 5124	
Retreat Star		Gulika 7:16AM – 9:10AM	Chitra Until 12:43PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Moon 6 - Phase 11 - 23 Navami	
Tula Rasi: 2.52	Tithi 9	Yama 4:47PM – 6:41PM	Shiva Until 9:31AM	Muruqa: Green	<i>Sunset:</i> 8:35PM		
		467655471 Rahu 11:04AM – 12:59PM	Balava Until 7:33AM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Navami* Until 6:55PM	Moon – Green		Devaloka Day	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<h1>1</h1>	Saturday, July 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau				Almaty, Kazakhstan Sun 24 Sutra 83
	Tula Rasi: 16.34 Tithi 10 – 11	Gulika 5:22AM – 7:16AM	Svati Until 11:43AM	Ganesha: Clear	Sunrise: 5:22AM	Subhakrit 5124
		Yama 2:53PM – 4:47PM	Siddha Until 7:16AM	Muruqa: Green	Sunset: 8:35PM	Moon 6 - Phase 12 - 24
	467655471	Rahu 9:11AM – 11:05AM	Taitila Until 6:07AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga		Dashami Until 5:07PM	Moon – Green		Devaloka Day	
			Ashada*Ani			

<h1>2</h1>	Sunday, July 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Almaty, Kazakhstan Sun 25 Sutra 84
	Vrischika Rasi: 0.43 Tithi 11 – 12	Gulika 4:47PM – 6:41PM	Vishakha Until 10:20AM	Ganesha: White	Sunrise: 5:23AM	Subhakrit 5124
		Yama 12:59PM – 2:53PM	Subha Until 1:09AM Mon	Muruqa: Green	Sunset: 8:35PM	Moon 6 - Phase 12 - 25
	477655471	Rahu 6:41PM – 8:35PM	Bava Until 1:13AM Mon	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga		Ekadashi Until 2:39PM	Moon – Orange		Bhuloka Day	
			Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

<h1>3</h1>	Monday, July 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Almaty, Kazakhstan Sun 26 Sutra 85
	Vrischika Rasi: 15.17 Tithi 12 – 13	Gulika 2:53PM – 4:47PM	Anuradha Until 8:13AM	Ganesha: White	Sunrise: 5:24AM	Subhakrit 5124
	477655471	Yama 11:05AM – 12:59PM	Sukla Until 9:24PM	Muruqa: Green	Sunset: 8:34PM	Moon 6 - Phase 12 - 26
	Family Home Evening	Rahu 7:18AM – 9:11AM	Kaulava Until 9:57PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga		Dvadashi Until 11:37AM	Moon – Orange		Bhuloka Day	
			Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
			Pradosha Vrata			

<h1>4</h1>	Tuesday, July 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Almaty, Kazakhstan Sun 27 Sutra 86
	Dhanus Rasi: 0.13 Tithi 13 – 14	Gulika 12:59PM – 2:53PM	Mula* Until 2:46AM Wed	Ganesha: White	Sunrise: 5:25AM	Subhakrit 5124
		Yama 9:12AM – 11:05AM	Brahma Until 5:22PM	Muruqa: Green	Sunset: 8:34PM	Moon 6 - Phase 12 - 27
	488655471	Rahu 4:46PM – 6:40PM	Gara Until 6:20PM	Nataraja: Yellow		4th Phase
Creative Work Amrita Yoga		Trayodashi Until 8:10AM	Moon – Light Blue		Sivaloka Day	
			Ashada*Ani			

	Wednesday, July 13, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti/Bava Karana Purnimayam Titau				Almaty, Kazakhstan Sutra 87
	Copper Retreat Star	Gulika 11:06AM – 12:59PM	Purvashadha* Until 11:46PM	Ganesha: Yellow	Sunrise: 5:25AM	Subhakrit 5124
	Dhanus Rasi: 15.22 Tithi 15	Yama 7:19AM – 9:12AM	Indra Until 1:11PM	Muruqa: Green	Sunset: 8:33PM	Moon 6 - Phase 12 - Purnima
	488755471	Rahu 12:59PM – 2:53PM	Visti Until 2:32PM	Nataraja: Yellow		Purnima
Creative Work Amrita Yoga		Purnima* Until 12:35AM Thu	Moon – Light Blue		Devaloka Day	
		Satguru Purnima	Ashada*Ani			

<h1>○</h1>	Thursday, July 14, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarahadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Almaty, Kazakhstan Sutra 88
	Silver Retreat Star	Gulika 9:13AM – 11:06AM	Uttarahadha Until 8:40PM	Ganesha: Yellow	Sunrise: 5:26AM	Subhakrit 5124
	Makara Rasi: 0.37 Tithi 16	Yama 5:26AM – 7:20AM	Vaidhriti* Until 8:55AM	Muruqa: Green	Sunset: 8:32PM	Moon 6 - Phase 12 - Prathama
	488755471	Rahu 2:53PM – 4:46PM	Balava Until 10:41AM	Nataraja: Yellow		Prathama
Routine Work Marana Yoga		Prathama* Until 8:47PM	Moon – Light Blue		Devaloka Day	
Until 8:40PM			Ashada*Ani			
Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.

Krishna Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Almaty, Kazakhstan
Sun 1 Sutra 89

Makara Rasi: 15.47 Tithi 17 – 18

Gulika 7:20AM – 9:13AM
Yama 4:46PM – 6:39PM
498755471 **Rahu** 11:06AM – 12:59PM

Shravana Until 6:04PM
Priti Until 12:54AM Sat
Taitila Until 6:59AM
Dvitiya Until 5:13PM

Ganesha: Blue *Sunrise:* 5:27AM
Muruqa: Green *Sunset:* 8:32PM
Nataraja: Yellow
Moon – Purple
Ashada•Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 6:04PM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Almaty, Kazakhstan
Sun 2 Sutra 90

Kumbha Rasi: 0.42 Tithi 18 – 19

Gulika 5:28AM – 7:21AM
Yama 2:52PM – 4:45PM
498755471 **Rahu** 9:14AM – 11:07AM

Dhanishtha Until 3:44PM
Ayushman Until 9:22PM
Bava Until 12:40AM Sun
Tritiya Until 2:02PM

Ganesha: Blue *Sunrise:* 5:28AM
Muruqa: Green *Sunset:* 8:31PM
Nataraja: Yellow
Moon – Purple
Ashada•Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 3:44PM
Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada Nakshatra Sobhana/Kaulava Karana Chaturthi/Panchamyam Titau

Almaty, Kazakhstan
Sun 3 Sutra 91

Kumbha Rasi: 15.15 Tithi 19 – 20

Gulika 4:45PM – 6:38PM
Yama 1:00PM – 2:52PM
498755472 **Rahu** 6:38PM – 8:30PM

Shatabhishak Until 1:50PM
Saubhagya Until 6:22PM
Kaulava Until 10:22PM
Chaturthi* Until 11:25AM

Ganesha: Blue *Sunrise:* 5:29AM
Muruqa: Green *Sunset:* 8:30PM
Nataraja: White
Moon – Purple
Ashada•Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Almaty, Kazakhstan
Sun 4 Sutra 92

Kumbha Rasi: 29.2 Tithi 20 – 21

Gulika 2:52PM – 4:45PM
Yama 11:07AM – 1:00PM
418755472 **Rahu** 7:22AM – 9:15AM

Purvaprosarthapada* Until 12:56PM
Sobhana Until 3:58PM
Gara Until 8:50PM
Panchami Until 9:29AM

Ganesha: White *Sunrise:* 5:30AM
Muruqa: Green *Sunset:* 8:30PM
Nataraja: White
Moon – Clear
Ashada•Adi

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 12:56PM
Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Almaty, Kazakhstan
Sun 5 Sutra 93

Meena Rasi: 12.56 Tithi 21 – 22

Gulika 1:00PM – 2:52PM
Yama 9:15AM – 11:07AM
419755472 **Rahu** 4:44PM – 6:37PM

Uttaraprosarthapada Until 12:42PM
Athiganda* Until 2:13PM
Visti Until 8:09PM
Shashthi* Until 8:22AM

Ganesha: Clear *Sunrise:* 5:31AM
Muruqa: Green *Sunset:* 8:29PM
Nataraja: White
Moon – Clear
Ashada•Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 12:42PM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Almaty, Kazakhstan
Sun 6 Sutra 94

Meena Rasi: 26.04 Tithi 22 – 23

Gulika 11:08AM – 1:00PM
Yama 7:24AM – 9:16AM
419755472 **Rahu** 1:00PM – 2:52PM

Revati Until 1:10PM
Sukarma Until 1:11PM
Balava Until 8:19PM
Saptami Until 8:06AM

Ganesha: Clear *Sunrise:* 5:31AM
Muruqa: Green *Sunset:* 8:28PM
Nataraja: White
Moon – Clear
Ashada•Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Almaty, Kazakhstan
Sun 7 Sutra 95

Mesha Rasi: 8.46 Tithi 23 – 24

Gulika 9:16AM – 11:08AM
Yama 5:32AM – 7:24AM
429755472 **Rahu** 2:52PM – 4:44PM

Ashvini Until 2:46PM
Dhriti Until 12:49PM
Taitila Until 9:19PM
Ashtami* Until 8:42AM

Ganesha: Purple *Sunrise:* 5:32AM
Muruqa: Green *Sunset:* 8:27PM
Nataraja: White
Moon – White
Ashada•Adi

Devaloka Day

Creative Work Amrita Yoga
Until 2:46PM
Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Almaty, Kazakhstan	
	Mesha Rasi: 21.08 Tithi 24 – 25		Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 96	
	Creative Work Siddha Yoga	Gulika	7:25AM – 9:17AM	Bharani Until 4:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:33AM	Subhakrit 5124	
		Yama	4:43PM – 6:35PM	Shula* Until 12:59PM	Muruqa: Green	<i>Sunset:</i> 8:26PM	Moon 7 - Phase 14 - 8	
	429755472 Rahu	11:08AM – 1:00PM	Vanija Until 10:59PM	Nataraja: White		2nd Phase		
			Navami* Until 10:03AM	Moon – White		Devaloka Day		
				Ashada*Adi				


2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam				Almaty, Kazakhstan	
	Vrishabha Rasi: 3.14 Tithi 25 – 26		Krittika Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 97	
	Creative Work Amrita Yoga	Gulika	5:34AM – 7:26AM	Krittika Until 7:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:34AM	Subhakrit 5124	
		Yama	2:51PM – 4:43PM	Ganda* Until 1:37PM	Muruqa: Green	<i>Sunset:</i> 8:26PM	Moon 7 - Phase 14 - 9	
	429755472 Rahu	9:17AM – 11:09AM	Bava Until 1:08AM Sun	Nataraja: White		2nd Phase		
			Dashami Until 11:59AM	Moon – White		Devaloka Day		
				Ashada*Adi				

3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam				Almaty, Kazakhstan	
	Vrishabha Rasi: 15.1 Tithi 26 – 27		Rohini Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Sun 10 Sutra 98	
	Creative Work Siddha Yoga	Gulika	4:42PM – 6:33PM	Rohini Until 10:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Subhakrit 5124	
		Yama	1:00PM – 2:51PM	Vridhhi Until 2:32PM	Muruqa: Green	<i>Sunset:</i> 8:25PM	Moon 7 - Phase 14 - 10	
	439755472 Rahu	6:33PM – 8:25PM	Kaulava Until 3:34AM Mon	Nataraja: White		2nd Phase		
			Ekadashi* Until 2:18PM	Moon – Yellow		Bhuloka Day		
				Ashada*Adi		Devaloka Time: 9:AM to12:PM		

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Almaty, Kazakhstan	
	Vrishabha Rasi: 27 Tithi 27 – 28		Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Taillita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 99	
	Family Home Evening Creative Work Amrita Yoga	Gulika	2:51PM – 4:42PM	Mrigashira Until 1:37AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	Subhakrit 5124	
		Yama	11:09AM – 1:00PM	Dhruva Until 3:34PM	Muruqa: Green	<i>Sunset:</i> 8:24PM	Moon 7 - Phase 14 - 11	
	439755472 Rahu	7:27AM – 9:18AM	Gara Until 6:06AM Tue	Nataraja: White		2nd Phase		
			Dvadashi* Until 4:49PM	Moon – Yellow		Bhuloka Day		
				Ashada*Adi		Devaloka Time: 9:AM to12:PM		
				<i>Pradosha Vrata (Fasting)</i>				

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Almaty, Kazakhstan	
	Mithuna Rasi: 8.49 Tithi 28		Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 100	
	Routine Work Marana Yoga	Gulika	1:00PM – 2:51PM	Ardra Until 4:30AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	Subhakrit 5124	
		Yama	9:19AM – 11:09AM	Vyaghata* Until 4:38PM	Muruqa: Green	<i>Sunset:</i> 8:23PM	Moon 7 - Phase 14 - 12	
	439755472 Rahu	4:41PM – 6:32PM	Gara Until 6:06AM	Nataraja: White		2nd Phase		
			Trayodashi* Until 7:20PM	Moon – Yellow		Bhuloka Day		
				Ashada*Adi		Devaloka Time: 9:AM to12:PM		

6	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Almaty, Kazakhstan	
	Mithuna Rasi: 20.38 Tithi 29		Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 101	
	Creative Work Siddha Yoga	Gulika	11:10AM – 1:00PM	Punarvasu Until 7:35AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM	Subhakrit 5124	
		Yama	7:29AM – 9:19AM	Harshana Until 5:37PM	Muruqa: Green	<i>Sunset:</i> 8:22PM	Moon 7 - Phase 14 - 13	
	441755472 Rahu	1:00PM – 2:50PM	Visti Until 8:34AM	Nataraja: White		2nd Phase		
			Chaturdashi* Until 9:44PM	Moon – Blue		Bhuloka Day		
				Ashada*Adi		Devaloka Time: 9:AM to12:PM		

	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Almaty, Kazakhstan	
	Retreat Star		Punarvasu/Pushya Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 102	
	Kataka Rasi: 2.32 Tithi 30	Gulika	9:20AM – 11:10AM	Punarvasu Until 7:35AM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM	Subhakrit 5124	
		Yama	5:39AM – 7:29AM	Vajra* Until 6:26PM	Muruqa: Green	<i>Sunset:</i> 8:21PM	Moon 7 - Phase 14 - 14	
	441755472 Rahu	2:50PM – 4:40PM	Catuspada Until 10:52AM	Nataraja: White		Amavasya		
			Amavasya* Until 11:55PM	Moon – Blue		Bhuloka Day		
				Ashada*Adi		Devaloka Time: 9:AM to12:PM		

Retreat Star	Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Almaty, Kazakhstan	
	Kataka Rasi: 14.31 Tithi 1		Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 103	
	Routine Work Marana Yoga	Gulika	7:30AM – 9:20AM	Pushya Until 10:16AM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM	Subhakrit 5124	
		Yama	4:40PM – 6:30PM	Siddhi Until 7:04PM	Muruqa: Green	<i>Sunset:</i> 8:20PM	Moon 7 - Phase 14 - 15	
	441755472 Rahu	11:10AM – 1:00PM	Kintughna Until 12:57PM	Nataraja: White		Prathama		
			Prathama* Until 1:51AM Sat	Moon – Blue		Bhuloka Day		
				Sravana*Adi		Devaloka Time: 9:AM to12:PM		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1 Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Almaty, Kazakhstan Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 26.36	Tithi 2	Gulika 5:41AM – 7:31AM	Ashlesha* Until 12:31PM	Ganesha: Yellow	Sunrise: 5:41AM	
		Yama 2:50PM – 4:39PM	Vyatipata* Until 7:30PM	Muruqa: Green	Sunset: 8:18PM	Moon 7 - Phase 15 - 16
		441755472 Rahu 9:21AM – 11:10AM	Balava Until 2:44PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 3:29AM Sun	Moon – Blue		Bhuloka Day
Until 12:31PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

2 Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Almaty, Kazakhstan Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 8.49	Tithi 3	Gulika 4:39PM – 6:28PM	Magha* Until 2:48PM	Ganesha: Red	Sunrise: 5:42AM	
		Yama 1:00PM – 2:49PM	Variyan Until 7:39PM	Muruqa: Green	Sunset: 8:17PM	Moon 7 - Phase 15 - 17
		451755472 Rahu 6:28PM – 8:17PM	Taitila Until 4:12PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 4:47AM Mon	Moon – Red		Bhuloka Day
Until 2:48PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

3 Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Almaty, Kazakhstan Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 21.1	Tithi 4	Gulika 2:49PM – 4:38PM	Purvaphalguni Until 4:35PM	Ganesha: Red	Sunrise: 5:43AM	
Family Home Evening		Yama 11:11AM – 1:00PM	Parigha* Until 7:32PM	Muruqa: Green	Sunset: 8:16PM	Moon 7 - Phase 15 - 18
		451755472 Rahu 7:33AM – 9:22AM	Vanija Until 5:19PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 5:43AM Tue	Moon – Red		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

4 Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Bava Karana Panchamyam Titau				Almaty, Kazakhstan Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 3.41	Tithi 5	Gulika 1:00PM – 2:49PM	Uttaraphalguni Until 5:48PM	Ganesha: Red	Sunrise: 5:44AM	
		Yama 9:22AM – 11:11AM	Shiva Until 7:06PM	Muruqa: Green	Sunset: 8:15PM	Moon 7 - Phase 15 - 19
		451755472 Rahu 4:37PM – 6:26PM	Bava Until 6:02PM	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 6:12AM Wed	Moon – Red		Bhuloka Day
Until 5:48PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

5 Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Almaty, Kazakhstan Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 16.23	Tithi 5 – 6	Gulika 11:11AM – 1:00PM	Hasta Until 6:53PM	Ganesha: Blue	Sunrise: 5:46AM	
		Yama 7:34AM – 9:23AM	Siddha Until 6:17PM	Muruqa: Green	Sunset: 8:14PM	Moon 7 - Phase 15 - 20
		461755472 Rahu 1:00PM – 2:48PM	Kaulava Until 6:17PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Panchami Until 6:12AM	Moon – Green		Devaloka Day
Until 6:53PM		Nag Panchami		Sravana*Adi		
Then Creative Work - Siddha Yoga						

6 Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Almaty, Kazakhstan Sun 21 Sutra 109 Subhakrit 5124
Kanya Rasi: 29.21	Tithi 6 – 7	Gulika 9:23AM – 11:11AM	Chitra Until 7:17PM	Ganesha: Blue	Sunrise: 5:47AM	
		Yama 5:47AM – 7:35AM	Sadhya Until 5:03PM	Muruqa: Green	Sunset: 8:12PM	Moon 7 - Phase 15 - 21
		461755472 Rahu 2:48PM – 4:36PM	Gara Until 6:00PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:11AM	Moon – Green		Devaloka Day
Until 7:17PM				Sravana*Adi		
Then Creative Work - Amrita Yoga						

Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Almaty, Kazakhstan Sun 22 Sutra 110 Subhakrit 5124
Retreat Star		Gulika 7:36AM – 9:24AM	Svati Until 6:58PM	Ganesha: Blue	Sunrise: 5:48AM	
Tula Rasi: 12.37	Tithi 8	Yama 4:35PM – 6:23PM	Subha Until 3:22PM	Muruqa: White	Sunset: 8:11PM	Moon 7 - Phase 15 - 22
		461765472 Rahu 11:11AM – 12:59PM	Visti Until 5:07PM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 4:26AM Sat	Moon – Green		Devaloka Day
		Varalakshmi Vratam		Sravana*Adi		

Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Almaty, Kazakhstan Sun 23 Sutra 111 Subhakrit 5124
Retreat Star		Gulika 5:49AM – 7:36AM	Vishakha Until 6:19PM	Ganesha: White	Sunrise: 5:49AM	
Tula Rasi: 26.12	Tithi 9	Yama 2:47PM – 4:35PM	Sukla Until 1:09PM	Muruqa: White	Sunset: 8:10PM	Moon 7 - Phase 15 - 23
		472765472 Rahu 9:24AM – 11:12AM	Balava Until 3:38PM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 2:38AM Sun	Moon – Orange		Bhuloka Day
				Sravana*Adi		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Almaty, Kazakhstan Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 10.1	Tithi 10	Gulika 4:34PM – 6:21PM	Anuradha Until 4:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM	
		Yama 12:59PM – 2:47PM	Brahma Until 10:28AM	Muruqa: White	<i>Sunset:</i> 8:09PM	Moon 7 - Phase 16 - 24
	472865472	Rahu 6:21PM – 8:09PM	Taitila Until 1:32PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 12:16AM Mon	Moon – Orange		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Ekadashyam Titau				Almaty, Kazakhstan Sun 25 Sutra 113 Subhakrit 5124
Vrischika Rasi: 24.31	Tithi 11	Gulika 2:46PM – 4:33PM	Jyeshtha* Until 2:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM	
Family Home Evening		Yama 11:12AM – 12:59PM	Indra Until 7:20AM	Muruqa: White	<i>Sunset:</i> 8:07PM	Moon 7 - Phase 16 - 25
	472865472	Rahu 7:38AM – 9:25AM	Vanija Until 10:55AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:25PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau				Almaty, Kazakhstan Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 9.11	Tithi 12	Gulika 12:59PM – 2:46PM	Mula* Until 12:41PM	Ganesha: White	<i>Sunrise:</i> 5:52AM	
		Yama 9:25AM – 11:12AM	Vishkambha* Until 11:59PM	Muruqa: White	<i>Sunset:</i> 8:06PM	Moon 7 - Phase 16 - 26
	482865472	Rahu 4:32PM – 6:19PM	Bava Until 7:51AM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 6:10PM	Moon – Light Blue		Devaloka Day
Until 12:41PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Almaty, Kazakhstan Sun 27 Sutra 115 Subhakrit 5124
Dhanus Rasi: 24.07	Tithi 13 – 14	Gulika 11:12AM – 12:59PM	Purvashadha* Until 10:04AM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
		Yama 7:39AM – 9:26AM	Priti Until 8:01PM	Muruqa: White	<i>Sunset:</i> 8:06PM	Moon 7 - Phase 16 - 27
	482865472	Rahu 12:59PM – 2:45PM	Gara Until 12:55AM Thu	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 2:41PM	Moon – Light Blue		Devaloka Day
				Sravana*Adi		

Pradosha Vrata

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Almaty, Kazakhstan Sutra 116 Subhakrit 5124
Copper Retreat Star		Gulika 9:26AM – 11:13AM	Uttarashadha Until 7:11AM	Ganesha: White	<i>Sunrise:</i> 5:54AM	
Makara Rasi: 9.1	Tithi 14 – 15	Yama 5:54AM – 7:40AM	Ayushman Until 3:59PM	Muruqa: White	<i>Sunset:</i> 8:03PM	Moon 7 - Phase 16 -
	482865472	Rahu 2:45PM – 4:31PM	Visti Until 9:20PM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 11:06AM	Moon – Light Blue		Devaloka Day
Until 7:11AM		Raksha Bandhan		Sravana*Adi		
Then Creative Work - Siddha Yoga						

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Almaty, Kazakhstan Sutra 117 Subhakrit 5124
Silver Retreat Star		Gulika 7:41AM – 9:27AM	Dhanishtha Until 2:06AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	
Makara Rasi: 24.11	Tithi 15 – 16	Yama 4:30PM – 6:16PM	Saubhagya Until 12:02PM	Muruqa: White	<i>Sunset:</i> 8:02PM	Moon 7 - Phase 16 -
	492865472	Rahu 11:13AM – 12:58PM	Kaulava Until 4:18AM Sat	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Purnima* Until 7:35AM	Moon – Purple		Bhuloka Day
Until 2:06AM Sat				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Saturday, August 13, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukstayam
Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvityayam Titau

Almaty, Kazakhstan

Sutra 118

Kumbha Rasi: 9.03 Tithi 17

Gulika 5:56AM - 7:42AM
Yama 2:44PM - 4:29PM
Rahu 9:27AM - 11:13AM

Shatabhishak Until 11:51PM

Sobhana Until 8:20AM

Taitila Until 2:50PM

Dvitiya Until 1:26AM Sun

Ganesha: Clear Sunrise: 5:56AM

Muruqa: White Sunset: 8:00PM

Nataraja: White

Moon - Purple

Sravana*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Subhakrit 5124

Moon 8 - Phase 17 -

1st Phase

Creative Work Amrita Yoga

Until 11:51PM

Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukstayam
Purvaproshtapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Trityayam Titau

Almaty, Kazakhstan

Sun 1 Sutra 119

Kumbha Rasi: 23.35 Tithi 18

Gulika 4:28PM - 6:14PM
Yama 12:58PM - 2:43PM
Rahu 6:14PM - 7:59PM

Purvaproshtapada* Until 10:27PM

Sukarma Until 2:08AM Mon

Vanija Until 12:13PM

Tritiya Until 11:08PM

Ganesha: Yellow Sunrise: 5:57AM

Muruqa: White Sunset: 7:59PM

Nataraja: White

Moon - Clear

Sravana*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Subhakrit 5124

Moon 8 - Phase 17 - 1

1st Phase

Creative Work Siddha Yoga

Until 10:27PM

Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Almaty, Kazakhstan

Sun 2 Sutra 120

Meena Rasi: 7.43 Tithi 19

Gulika 2:43PM - 4:28PM
Yama 11:13AM - 12:58PM
Rahu 7:43AM - 9:28AM

Uttaraproshtapada Until 9:37PM

Dhriti Until 11:53PM

Bava Until 10:16AM

Chaturthi* Until 9:33PM

Ganesha: Yellow Sunrise: 5:59AM

Muruqa: White Sunset: 7:57PM

Nataraja: White

Moon - Clear

Sravana*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Subhakrit 5124

Moon 8 - Phase 17 - 2

1st Phase

Creative Work Siddha Yoga

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Almaty, Kazakhstan

Sun 3 Sutra 121

Meena Rasi: 21.22 Tithi 20

Gulika 12:58PM - 2:42PM
Yama 9:29AM - 11:13AM
Rahu 4:27PM - 6:11PM

Revati Until 9:27PM

Shula* Until 10:18PM

Kaulava Until 9:05AM

Panchami Until 8:48PM

Ganesha: Yellow Sunrise: 6:00AM

Muruqa: White Sunset: 7:56PM

Nataraja: White

Moon - Clear

Sravana*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Subhakrit 5124

Moon 8 - Phase 17 - 3

1st Phase

Creative Work Siddha Yoga

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukstayam
Ashvini Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Almaty, Kazakhstan

Sun 4 Sutra 122

Mesha Rasi: 4.33 Tithi 21

Gulika 11:13AM - 12:58PM
Yama 7:45AM - 9:29AM
Rahu 12:58PM - 2:42PM

Ashvini Until 10:27PM

Ganda* Until 9:25PM

Gara Until 8:46AM

Shashthi* Until 8:55PM

Ganesha: Blue Sunrise: 6:01AM

Muruqa: White Sunset: 7:54PM

Nataraja: White

Moon - White

Sravana*Avani

Devaloka Day

Subhakrit 5124

Moon 8 - Phase 17 - 4

1st Phase

Routine Work Marana Yoga

Until 10:27PM

Then Creative Work - Siddha Yoga

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukstayam
Bharani Nakshatra Vriddhi* Yoga Visti*/Bava Karana Saptamyam Titau

Almaty, Kazakhstan

Sun 5 Sutra 123

Mesha Rasi: 17.17 Tithi 22

Gulika 9:30AM - 11:13AM
Yama 6:02AM - 7:46AM
Rahu 2:41PM - 4:25PM

Bharani Until 12:06AM Fri

Vriddhi Until 9:12PM

Visti Until 9:19AM

Saptami Until 9:53PM

Ganesha: Yellow Sunrise: 6:02AM

Muruqa: White Sunset: 7:53PM

Nataraja: White

Moon - White

Sravana*Avani

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Subhakrit 5124

Moon 8 - Phase 17 - 5

1st Phase

Creative Work Siddha Yoga

D

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukstayam
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Almaty, Kazakhstan

Sun 6 Sutra 124

Mesha Rasi: 29.4 Tithi 23

Gulika 7:46AM - 9:30AM
Yama 4:24PM - 6:08PM
Rahu 11:14AM - 12:57PM

Krittika Until 2:16AM Sat

Dhruva Until 9:30PM

Balava Until 10:40AM

Ashtami* Until 11:33PM

Ganesha: Yellow Sunrise: 6:03AM

Muruqa: White Sunset: 7:51PM

Nataraja: White

Moon - White

Sravana*Avani

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Subhakrit 5124

Moon 8 - Phase 17 - 6

Ashtami

Creative Work Siddha Yoga

Until 2:16AM Sat

Then Creative Work - Amrita Yoga

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yukstayam
Rohini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Almaty, Kazakhstan

Sun 7 Sutra 125

Vrishabha Rasi: 11.47 Tithi 24

Gulika 6:04AM - 7:47AM
Yama 2:40PM - 4:23PM
Rahu 9:30AM - 11:14AM

Rohini Until 5:13AM Sun

Vyaghata* Until 10:13PM

Taitila Until 12:37PM

Navami* Until 1:44AM Sun

Ganesha: Yellow Sunrise: 6:04AM

Muruqa: White Sunset: 7:50PM

Nataraja: White

Moon - Yellow

Sravana*Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Subhakrit 5124

Moon 8 - Phase 17 - 7

Navami

Creative Work Amrita Yoga

Until 5:13AM Sun

Then Creative Work - Siddha Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1 Sunday, August 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuklayam		Almaty, Kazakhstan	
Mithuna Rasi: 23.43 Tithi 25		Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 126	
533865472		Gulika 4:22PM – 6:05PM	Mrigashira Until 8:14AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:05AM	Subhakrit 5124
Creative Work Siddha Yoga		Yama 12:57PM – 2:39PM	Harshana Until 11:11PM	Muruqa: White <i>Sunset:</i> 7:48PM	Moon 8 - Phase 18 - 8
		Rahu 6:05PM – 7:48PM	Vanija Until 2:57PM	Nataraja: White	2nd Phase
			Dashami Until 4:10AM Mon	Moon – Yellow	
				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

2 Monday, August 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuklayam		Almaty, Kazakhstan	
Mithuna Rasi: 5.34 Tithi 26		Mrigashira/Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 127	
533865472		Gulika 2:39PM – 4:21PM	Mrigashira Until 8:14AM	Ganesha: Yellow <i>Sunrise:</i> 6:06AM	Subhakrit 5124
Family Home Evening		Yama 11:14AM – 12:56PM	Vajra* Until 12:11AM Tue	Muruqa: White <i>Sunset:</i> 7:47PM	Moon 8 - Phase 18 - 9
Creative Work Amrita Yoga		Rahu 7:49AM – 9:31AM	Bava Until 5:27PM	Nataraja: White	2nd Phase
Until 8:14AM			Ekadashi* Until 6:40AM Tue	Moon – Yellow	
Then Creative Work - Siddha Yoga				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

3 Tuesday, August 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuklayam		Almaty, Kazakhstan	
Mithuna Rasi: 17.23 Tithi 26 – 27		Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 128	
533865472		Gulika 12:56PM – 2:38PM	Ardra Until 11:05AM	Ganesha: Yellow <i>Sunrise:</i> 6:07AM	Subhakrit 5124
Routine Work Marana Yoga		Yama 9:32AM – 11:14AM	Siddhi Until 1:07AM Wed	Muruqa: White <i>Sunset:</i> 7:45PM	Moon 8 - Phase 18 - 10
Until 11:05AM		Rahu 4:21PM – 6:03PM	Kaulava Until 7:54PM	Nataraja: White	2nd Phase
Then Creative Work - Siddha Yoga			Ekadashi* Until 6:40AM	Moon – Yellow	
				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

4 Wednesday, August 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuklayam		Almaty, Kazakhstan	
Mithuna Rasi: 29.16 Tithi 27 – 28		Punarvasu/Pushya Nakshatra Vyalipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 129	
533865472		Gulika 11:14AM – 12:56PM	Punarvasu Until 2:08PM	Ganesha: Blue <i>Sunrise:</i> 6:08AM	Subhakrit 5124
Creative Work Siddha Yoga		Yama 7:50AM – 9:32AM	Vyatipata* Until 1:54AM Thu	Muruqa: White <i>Sunset:</i> 7:43PM	Moon 8 - Phase 18 - 11
		Rahu 12:56PM – 2:38PM	Gara Until 10:08PM	Nataraja: White	2nd Phase
			Dvadashi* Until 9:02AM	Moon – Blue	
				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

Pradosha Vrata (Fasting)

5 Thursday, August 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuklayam		Almaty, Kazakhstan	
Kataka Rasi: 11.15 Tithi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 130	
533865472		Gulika 9:33AM – 11:14AM	Pushya Until 4:45PM	Ganesha: Blue <i>Sunrise:</i> 6:10AM	Subhakrit 5124
Creative Work Amrita Yoga		Yama 6:10AM – 7:51AM	Variyan Until 2:24AM Fri	Muruqa: White <i>Sunset:</i> 7:42PM	Moon 8 - Phase 18 - 12
Until 4:45PM		Rahu 2:37PM – 4:19PM	Visti Until 12:04AM Fri	Nataraja: White	2nd Phase
Then Creative Work - Siddha Yoga			Trayodashi* Until 11:08AM	Moon – Blue	
				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

Friday, August 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuklayam		Almaty, Kazakhstan	
Retreat Star		Ashlesha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 131	
Kataka Rasi: 23.22 Tithi 29 – 30		Gulika 7:52AM – 9:33AM		Ashlesha* Until 6:51PM	
533865472		Yama 4:18PM – 5:59PM	Parigha* Until 2:38AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:11AM	Subhakrit 5124
Routine Work Marana Yoga		Rahu 11:14AM – 12:55PM	Catuspada Until 1:38AM Sat	Muruqa: White <i>Sunset:</i> 7:40PM	Moon 8 - Phase 18 - 13
			Chaturdashi* Until 12:53PM	Nataraja: White	Amavasya
				Moon – Blue	
				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

Saturday, August 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuklayam		Almaty, Kazakhstan	
Retreat Star		Magha* Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 132	
Simha Rasi: 5.38 Tithi 30 – 1		Gulika 6:12AM – 7:53AM		Magha* Until 8:54PM	
533865472		Yama 2:36PM – 4:17PM	Shiva Until 2:35AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:12AM	Subhakrit 5124
Creative Work Amrita Yoga		Rahu 9:33AM – 11:14AM	Kintughna Until 2:49AM Sun	Muruqa: White <i>Sunset:</i> 7:38PM	Moon 8 - Phase 18 - 14
Until 8:54PM			Amavasya* Until 2:15PM	Nataraja: White	Prathama
Then Creative Work - Siddha Yoga				Moon – Red	
				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

www.gurudeva.org/panchang

1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Almaty, Kazakhstan Sun 15 Sutra 133 Subhakrit 5124	
Simha Rasi: 18.04	Tithi 1 – 2	Gulika 4:16PM – 5:56PM	Purvaphalguni Until 10:24PM	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	
		Yama 12:55PM – 2:35PM	Siddha Until 2:11AM Mon	Muruqa: White	<i>Sunset:</i> 7:37PM	Moon 8 - Phase 19 - 15
	553865473	Rahu 5:56PM – 7:37PM	Balava Until 3:36AM Mon	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 3:14PM	Moon – Red		Bhuloka Day
Until 10:24PM				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Almaty, Kazakhstan Sun 16 Sutra 134 Subhakrit 5124	
Kanya Rasi: 0.4	Tithi 2 – 3	Gulika 2:35PM – 4:15PM	Uttaraphalguni Until 11:22PM	Ganesha: Blue	<i>Sunrise:</i> 6:14AM	
Family Home Evening		Yama 11:14AM – 12:54PM	Sadhya Until 1:30AM Tue	Muruqa: White	<i>Sunset:</i> 7:35PM	Moon 8 - Phase 19 - 16
	553865473	Rahu 7:54AM – 9:34AM	Taitila Until 3:59AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:49PM	Moon – Red		Bhuloka Day
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Almaty, Kazakhstan Sun 17 Sutra 135 Subhakrit 5124	
Kanya Rasi: 13.27	Tithi 3 – 4	Gulika 12:54PM – 2:34PM	Hasta Until 12:17AM Wed	Ganesha: Blue	<i>Sunrise:</i> 6:15AM	
		Yama 9:35AM – 11:14AM	Subha Until 12:32AM Wed	Muruqa: White	<i>Sunset:</i> 7:33PM	Moon 8 - Phase 19 - 17
	563865473	Rahu 4:14PM – 5:53PM	Vanija Until 4:00AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 4:01PM	Moon – Green		Bhuloka Day
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau			Almaty, Kazakhstan Sun 18 Sutra 136 Subhakrit 5124	
Kanya Rasi: 26.26	Tithi 4 – 5	Gulika 11:14AM – 12:54PM	Chitra Until 12:39AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	
		Yama 7:56AM – 9:35AM	Sukla Until 11:14PM	Muruqa: White	<i>Sunset:</i> 7:32PM	Moon 8 - Phase 19 - 18
	563865473	Rahu 12:54PM – 2:33PM	Bava Until 3:38AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:51PM	Moon – Green		Bhuloka Day
Until 12:39AM Thu				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Almaty, Kazakhstan Sun 19 Sutra 137 Subhakrit 5124	
Tula Rasi: 9.37	Tithi 5 – 6	Gulika 9:35AM – 11:14AM	Svati Until 12:30AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:17AM	
		Yama 6:17AM – 7:56AM	Brahma Until 9:38PM	Muruqa: White	<i>Sunset:</i> 7:30PM	Moon 8 - Phase 19 - 19
	563965473	Rahu 2:33PM – 4:12PM	Kaulava Until 2:52AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 3:17PM	Moon – Green		Devaloka Day
Until 12:30AM Fri				Bhadrapada*Avani		
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Almaty, Kazakhstan Sun 20 Sutra 138 Subhakrit 5124	
Tula Rasi: 23	Tithi 6 – 7	Gulika 7:57AM – 9:36AM	Vishakha Until 12:14AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	
		Yama 4:11PM – 5:49PM	Indra Until 7:43PM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 8 - Phase 19 - 20
	573965473	Rahu 11:14AM – 12:53PM	Gara Until 1:41AM Sat	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:18PM	Moon – Orange		Sivaloka Day
				Bhadrapada*Avani		

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Almaty, Kazakhstan Sun 21 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 6.37	Tithi 7 – 8	Gulika 6:19AM – 7:58AM	Anuradha Until 11:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	
		Yama 2:31PM – 4:10PM	Vaidhriti* Until 5:26PM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 8 - Phase 19 - 21
	574965473	Rahu 9:36AM – 11:14AM	Visti Until 12:05AM Sun	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 12:55PM	Moon – Orange		Devaloka Day
				Bhadrapada*Avani		

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Almaty, Kazakhstan Sun 22 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 20.3	Tithi 8 – 9	Gulika 4:09PM – 5:47PM	Jyeshtha* Until 10:01PM	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM	
		Yama 12:53PM – 2:31PM	Vishkambha* Until 2:49PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 8 - Phase 19 - 22
	574965473	Rahu 5:47PM – 7:25PM	Balava Until 10:05PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami* Until 11:07AM	Moon – Orange		Devaloka Day
Until 10:01PM				Bhadrapada*Avani		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda


1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Almaty, Kazakhstan Sun 23 Sutra 141 Subhakrit 5124	
Dhanus Rasi: 4.38	Tithi 9 – 10	Gulika	2:30PM – 4:08PM	Mula* Until 8:32PM	Ganesha: White	<i>Sunrise:</i> 6:22AM	
Family Home Evening	584965473	Yama	11:15AM – 12:52PM	Priti Until 11:55AM	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 8 - Phase 20 - 23
Creative Work	Siddha Yoga	Rahu	7:59AM – 9:37AM	Taitila Until 7:42PM	Nataraja: Clear		4th Phase
Until 8:32PM				Navami* Until 8:55AM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau		Almaty, Kazakhstan Sun 24 Sutra 142 Subhakrit 5124	
Dhanus Rasi: 19.01	Tithi 10 – 11	Gulika	12:52PM – 2:29PM	Purvashadha* Until 6:36PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	
	584965473	Yama	9:37AM – 11:15AM	Ayushman Until 8:42AM	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 8 - Phase 20 - 24
Creative Work	Siddha Yoga	Rahu	4:06PM – 5:44PM	Visti Until 3:33AM Wed	Nataraja: Clear		4th Phase
Until 6:36PM				Dashami Until 6:22AM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Prabararishta Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Almaty, Kazakhstan Sun 25 Sutra 143 Subhakrit 5124	
Makara Rasi: 3.35	Tithi 12	Gulika	11:15AM – 12:52PM	Uttarashadha Until 4:20PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	
	584965473	Yama	8:01AM – 9:38AM	Sobhana Until 1:44AM Thu	Muruqa: White	<i>Sunset:</i> 7:19PM	Moon 8 - Phase 20 - 25
Creative Work	Amrita Yoga	Rahu	12:52PM – 2:28PM	Bava Until 2:05PM	Nataraja: Clear		4th Phase
Until 4:20PM				Dvadashi Until 12:34AM Thu	Moon – Light Blue	Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Almaty, Kazakhstan Sun 26 Sutra 144 Subhakrit 5124	
Makara Rasi: 18.16	Tithi 13	Gulika	9:38AM – 11:15AM	Shravana Until 2:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	
	594965473	Yama	6:25AM – 8:01AM	Athiganda* Until 10:09PM	Muruqa: White	<i>Sunset:</i> 7:18PM	Moon 8 - Phase 20 - 26
Creative Work	Siddha Yoga	Rahu	2:28PM – 4:04PM	Kaulava Until 11:04AM	Nataraja: Clear		4th Phase
					Moon – Purple	Devaloka Day	
		Avani Avittam		Trayodashi Until 9:33PM	Bhadrapada*Avani		
				<i>Pradosha Vrata</i>			

5		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau		Almaty, Kazakhstan Sun 27 Sutra 145 Subhakrit 5124	
Kumbha Rasi: 2.57	Tithi 14	Gulika	8:02AM – 9:38AM	Dhanishtha Until 12:04PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	
	594965473	Yama	4:03PM – 5:40PM	Sukarma Until 6:40PM	Muruqa: White	<i>Sunset:</i> 7:16PM	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga	Rahu	11:15AM – 12:51PM	Gara Until 8:05AM	Nataraja: Clear		4th Phase
					Moon – Purple	Devaloka Day	
		Chidambaram Abhishekam		Chaturdashi* Until 6:38PM	Bhadrapada*Avani		

		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Almaty, Kazakhstan Sun 28 Sutra 146 Subhakrit 5124	
Kumbha Rasi: 17.31	Tithi 15 – 16	Gulika	6:27AM – 8:03AM	Shatabhishak Until 9:58AM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	
	594965473	Yama	2:26PM – 4:02PM	Dhriti Until 3:25PM	Muruqa: White	<i>Sunset:</i> 7:14PM	Moon 8 - Phase 20 - Purnima
Creative Work	Amrita Yoga	Rahu	9:39AM – 11:15AM	Balava Until 2:49AM Sun	Nataraja: Clear		
Until 9:58AM				Purnima* Until 3:59PM	Moon – Purple	Devaloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani		

Sunday, September 11, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Almaty, Kazakhstan Sun 29 Sutra 147 Subhakrit 5124	
Meena Rasi: 1.5	Tithi 16 – 17	Gulika	4:01PM – 5:37PM	Purvaprosarthapada* Until 8:31AM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	
	514965473	Yama	12:50PM – 2:26PM	Shula* Until 12:28PM	Muruqa: White	<i>Sunset:</i> 7:12PM	Moon 8 - Phase 20 - Prathama
Creative Work	Siddha Yoga	Rahu	5:37PM – 7:12PM	Taitila Until 12:51AM Mon	Nataraja: Clear		
Until 8:31AM				Prathama* Until 1:45PM	Moon – Clear	Devaloka Day	
Then Creative Work - Amrita Yoga		Grandparent's Day			Bhadrapada*Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda *Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Almaty, Kazakhstan

Sun 1 Sutra 148

Subhakrit 5124

Meena Rasi: 15.49 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

514965473

Gulika 2:25PM - 4:00PM

Yama 11:15AM - 12:50PM

Rahu 8:04AM - 9:39AM

Uttaraproshtapada Until 7:27AM

Ganda* Until 9:59AM

Vanija Until 11:31PM

Dvitiya Until 12:05PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 6:29AM

Sunset: 7:10PM

Devaloka Day

Moon 9 - Phase 21 - 1

1st Phase

1

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Almaty, Kazakhstan

Sun 2 Sutra 149

Subhakrit 5124

Meena Rasi: 29.24 Tithi 18 - 19

Creative Work Siddha Yoga

514965473

Gulika 12:49PM - 2:24PM

Yama 9:40AM - 11:15AM

Rahu 3:59PM - 5:34PM

Revati Until 6:55AM

Vridhi Until 8:04AM

Bava Until 10:56PM

Tritiya Until 11:06AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 6:30AM

Sunset: 7:07PM

Devaloka Day

Moon 9 - Phase 21 - 2

1st Phase

2

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Almaty, Kazakhstan

Sun 3 Sutra 150

Subhakrit 5124

Mesha Rasi: 12.33 Tithi 19 - 20

Routine Work Marana Yoga

Until 7:25AM

Then Creative Work - Siddha Yoga

524965473

Gulika 11:15AM - 12:49PM

Yama 8:06AM - 9:40AM

Rahu 12:49PM - 2:24PM

Ashvini Until 7:25AM

Dhruva Until 6:44AM

Kaulava Until 11:09PM

Chaturthi* Until 10:55AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 6:31AM

Sunset: 7:07PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Moon 9 - Phase 21 - 3

1st Phase

3

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Tailala/Gara Karana Panchami/Shashthayam Titau

Almaty, Kazakhstan

Sun 4 Sutra 151

Subhakrit 5124

Mesha Rasi: 25.19 Tithi 20 - 21

Creative Work Siddha Yoga

Until 8:34AM

Then Routine Work - Marana Yoga

525965473

Gulika 9:41AM - 11:15AM

Yama 6:32AM - 8:07AM

Rahu 2:23PM - 3:57PM

Bharani Until 8:34AM

Vyaghata* Until 6:03AM

Gara Until 12:08AM Fri

Panchami Until 11:32AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 6:32AM

Sunset: 7:03PM

Devaloka Day

Moon 9 - Phase 21 - 4

1st Phase

4

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Almaty, Kazakhstan

Sun 5 Sutra 152

Subhakrit 5124

Vrishabha Rasi: 7.43 Tithi 21 - 22

Creative Work Siddha Yoga

Until 10:17AM

Then Routine Work - Marana Yoga

525965473

Gulika 8:07AM - 9:41AM

Yama 3:56PM - 5:29PM

Rahu 11:15AM - 12:48PM

Krittika Until 10:17AM

Vajra* Until 6:22AM Sat

Visti Until 1:49AM Sat

Shashthi* Until 12:53PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 6:34AM

Sunset: 7:03PM

Devaloka Day

Moon 9 - Phase 21 - 5

1st Phase

5

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Almaty, Kazakhstan

Sun 6 Sutra 153

Subhakrit 5124

Vrishabha Rasi: 19.52 Tithi 22 - 23

Creative Work Amrita Yoga

Until 12:55PM

Then Creative Work - Siddha Yoga

535965473

Gulika 6:35AM - 8:08AM

Yama 2:21PM - 3:55PM

Rahu 9:41AM - 11:15AM

Rohini Until 12:55PM

Vajra* Until 6:22AM

Balava Until 3:58AM Sun

Saptami Until 2:50PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 6:35AM

Sunset: 7:01PM

Sivaloka Day

Moon 9 - Phase 21 - 6

Ashtami

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Almaty, Kazakhstan

Sun 7 Sutra 154

Subhakrit 5124

Mithuna Rasi: 1.5 Tithi 23 - 24

Creative Work Siddha Yoga

535965473

Gulika 3:54PM - 5:27PM

Yama 12:48PM - 2:21PM

Rahu 5:27PM - 7:00PM

Mrigashira Until 3:44PM

Siddhi Until 7:06AM

Taitila Until 6:23AM Mon

Ashtami* Until 5:09PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 6:36AM

Sunset: 7:00PM

Sivaloka Day

Moon 9 - Phase 21 - 7

Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1	Monday, September 19, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Navamyam Titau		Almaty, Kazakhstan Sun 8 Sutra 155	
	Mithuna Rasi: 13.43	Tithi 24	Gulika 2:20PM – 3:53PM	Ardra Until 6:33PM	Ganesha: White <i>Sunrise:</i> 6:37AM	Subhakit 5124
Family Home Evening	545965473	Rahu 8:09AM – 9:42AM	Yama 11:15AM – 12:47PM	Vyatipata* Until 8:01AM	Muruqa: White <i>Sunset:</i> 6:58PM	Moon 9 - Phase 22 - 8
Creative Work Siddha Yoga				Taitila Until 6:23AM	Nataraja: Clear	2nd Phase
Until 6:33PM				Navami* Until 7:36PM	Moon – Yellow	Sivaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	


2	Tuesday, September 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Almaty, Kazakhstan Sun 9 Sutra 156	
	Mithuna Rasi: 25.34	Tithi 25	Gulika 12:47PM – 2:19PM	Punarvasu Until 9:36PM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM	Subhakit 5124
Family Home Evening	545965473	Rahu 3:51PM – 5:24PM	Yama 9:42AM – 11:15AM	Variyan Until 8:54AM	Muruqa: White <i>Sunset:</i> 6:56PM	Moon 9 - Phase 22 - 9
Creative Work Siddha Yoga				Vanija Until 8:49AM	Nataraja: Clear	2nd Phase
				Dashami Until 9:58PM	Moon – Blue	Devaloka Day
					Bhadrapada-Puratasi	

3	Wednesday, September 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Almaty, Kazakhstan Sun 10 Sutra 157	
	Kataka Rasi: 7.3	Tithi 26	Gulika 11:15AM – 12:47PM	Pushya Until 12:15AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:39AM	Subhakit 5124
Family Home Evening	545965473	Rahu 12:47PM – 2:18PM	Yama 8:11AM – 9:43AM	Parigha* Until 9:40AM	Muruqa: White <i>Sunset:</i> 6:54PM	Moon 9 - Phase 22 - 10
Creative Work Siddha Yoga				Bava Until 11:05AM	Nataraja: Clear	2nd Phase
				Ekadashi* Until 12:04AM Thu	Moon – Blue	Devaloka Day
					Bhadrapada-Puratasi	

4	Thursday, September 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Almaty, Kazakhstan Sun 11 Sutra 158	
	Kataka Rasi: 19.34	Tithi 27	Gulika 9:43AM – 11:15AM	Ashlesha* Until 2:20AM Fri	Ganesha: Yellow <i>Sunrise:</i> 6:40AM	Subhakit 5124
Family Home Evening	545965473	Rahu 2:18PM – 3:49PM	Yama 6:40AM – 8:12AM	Shiva Until 10:12AM	Muruqa: White <i>Sunset:</i> 6:52PM	Moon 9 - Phase 22 - 11
Creative Work Siddha Yoga				Kaulava Until 12:59PM	Nataraja: Clear	2nd Phase
Until 2:20AM Fri				Dvadashi* Until 1:46AM Fri	Moon – Blue	Devaloka Day
Then Routine Work - Marana Yoga					Bhadrapada-Puratasi	

5	Friday, September 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Almaty, Kazakhstan Sun 12 Sutra 159	
	Simha Rasi: 1.47	Tithi 28	Gulika 8:12AM – 9:44AM	Magha* Until 4:18AM Sat	Ganesha: Red <i>Sunrise:</i> 6:41AM	Subhakit 5124
Family Home Evening	555965473	Rahu 11:15AM – 12:46PM	Yama 3:48PM – 5:19PM	Siddha Until 10:21AM	Muruqa: White <i>Sunset:</i> 6:50PM	Moon 9 - Phase 22 - 12
Routine Work Marana Yoga				Gara Until 2:27PM	Nataraja: Clear	2nd Phase
Until 4:18AM Sat				Trayodashi* Until 2:59AM Sat	Moon – Red	Devaloka Day
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi	
					<i>Pradosha Vrata (Fasting)</i>	

6	Saturday, September 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Almaty, Kazakhstan Sun 13 Sutra 160	
	Simha Rasi: 14.13	Tithi 29	Gulika 6:42AM – 8:13AM	Purvaphalguni Until 5:36AM Sun	Ganesha: Red <i>Sunrise:</i> 6:42AM	Subhakit 5124
Family Home Evening	555965473	Rahu 9:44AM – 11:15AM	Yama 2:16PM – 3:47PM	Sadhya Until 10:09AM	Muruqa: White <i>Sunset:</i> 6:49PM	Moon 9 - Phase 22 - 13
Creative Work Siddha Yoga				Visti Until 3:26PM	Nataraja: Clear	2nd Phase
Until 5:36AM Sun				Chaturdashi* Until 3:42AM Sun	Moon – Red	Devaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	

	Sunday, September 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Almaty, Kazakhstan Sun 14 Sutra 161	
	Retreat Star		Gulika 3:46PM – 5:16PM	Uttaraphalguni Until 6:15AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:44AM	Subhakit 5124
Simha Rasi: 26.52	Tithi 30	Rahu 5:16PM – 6:47PM	Yama 12:45PM – 2:16PM	Subha Until 9:34AM	Muruqa: White <i>Sunset:</i> 6:47PM	Moon 9 - Phase 22 - 14
Creative Work Amrita Yoga				Catuspada Until 3:53PM	Nataraja: Clear	Amavasya
Until 6:15AM Mon				Amavasya* Until 3:54AM Mon	Moon – Red	Bhuloka Day
Then Creative Work - Siddha Yoga			Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM

Retreat Star	Monday, September 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Almaty, Kazakhstan Sun 15 Sutra 162	
	Kanya Rasi: 9.46	Tithi 1	Gulika 2:15PM – 3:45PM	Uttaraphalguni Until 6:15AM	Ganesha: Blue <i>Sunrise:</i> 6:45AM	Subhakit 5124
Family Home Evening	556165473	Rahu 8:15AM – 9:45AM	Yama 11:15AM – 12:45PM	Sukla Until 8:33AM	Muruqa: White <i>Sunset:</i> 6:45PM	Moon 9 - Phase 22 - 15
Creative Work Siddha Yoga				Kintughna Until 3:50PM	Nataraja: Clear	Prathama
				Prathama* Until 3:38AM Tue	Moon – Red	Bhuloka Day
			Navaratri Begins		Ashvina-Puratasi	Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1	Tuesday, September 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau				Almaty, Kazakhstan Sun 16 Sutra 163 Subhakarit 5124
	Kanya Rasi: 22.55	Tithi 2	Gulika 12:45PM – 2:14PM	Hasta Until 6:45AM	Ganesha: Blue	<i>Sunrise:</i> 6:46AM	
			Yama 9:45AM – 11:15AM	Brahma Until 7:11AM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	666165473 Rahu 3:44PM – 5:14PM	Balava Until 3:21PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:57AM Wed	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau				Almaty, Kazakhstan Sun 17 Sutra 164 Subhakarit 5124
	Tula Rasi: 6.16	Tithi 3	Gulika 11:15AM – 12:44PM	Chitra Until 6:41AM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	
			Yama 8:16AM – 9:46AM	Vaidhriti* Until 3:32AM Thu	Muruqa: White	<i>Sunset:</i> 6:41PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 Rahu 12:44PM – 2:13PM	Taitila Until 2:29PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:54AM Thu	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

3	Thursday, September 29, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba* Yoga Vanija/Visiti* Karana Chaturthyam Titau				Almaty, Kazakhstan Sun 18 Sutra 165 Subhakarit 5124
	Tula Rasi: 19.49	Tithi 4	Gulika 9:46AM – 11:15AM	Svati Until 6:09AM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM	
			Yama 6:48AM – 8:17AM	Vishkamba* Until 1:19AM Fri	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 9 - Phase 23 - 18
	Creative Work	Amrita Yoga	666165473 Rahu 2:13PM – 3:42PM	Vanija Until 1:17PM	Nataraja: Clear		3rd Phase
			Chaturthi Until 12:34AM Fri	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

4	Friday, September 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau				Almaty, Kazakhstan Sun 19 Sutra 166 Subhakarit 5124
	Vrischika Rasi: 3.32	Tithi 5	Gulika 8:18AM – 9:46AM	Anuradha Until 4:41AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:49AM	
			Yama 3:41PM – 5:09PM	Priti Until 10:56PM	Muruqa: White	<i>Sunset:</i> 6:38PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	666165473 Rahu 11:15AM – 12:44PM	Bava Until 11:49AM	Nataraja: Clear		3rd Phase
			Panchami Until 10:58PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

5	Saturday, October 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Almaty, Kazakhstan Sun 20 Sutra 167 Subhakarit 5124
	Vrischika Rasi: 17.25	Tithi 6	Gulika 6:50AM – 8:18AM	Jyeshtha* Until 3:26AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	
			Yama 2:11PM – 3:40PM	Ayushman Until 8:21PM	Muruqa: White	<i>Sunset:</i> 6:36PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	666165473 Rahu 9:47AM – 11:15AM	Kaulava Until 10:07AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 9:10PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

6	Sunday, October 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Almaty, Kazakhstan Sun 21 Sutra 168 Subhakarit 5124
	Dhanus Rasi: 1.25	Tithi 7	Gulika 3:39PM – 5:06PM	Mula* Until 2:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	
			Yama 12:43PM – 2:11PM	Saubhagya Until 5:38PM	Muruqa: Green	<i>Sunset:</i> 6:34PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 Rahu 5:06PM – 6:34PM	Gara Until 8:13AM	Nataraja: Clear		3rd Phase
			Saptami Until 7:12PM	Moon – Light Blue		Sivaloka Day	

D	Monday, October 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Balava Karana Ashtami/Navamyam Titau				Almaty, Kazakhstan Sun 22 Sutra 169 Subhakarit 5124
	Retreat Star		Gulika 2:10PM – 3:38PM	Purvashadha* Until 12:52AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	
	Dhanus Rasi: 15.31	Tithi 8 – 9	Yama 11:15AM – 12:43PM	Sobhana Until 2:48PM	Muruqa: Green	<i>Sunset:</i> 6:33PM	Moon 9 - Phase 23 - 22
	Family Home Evening	687166473 Rahu 8:20AM – 9:48AM		Visiti Until 6:10AM	Nataraja: Clear		Ashtami
			Ashtami* Until 5:05PM	Moon – Light Blue		Sivaloka Day	

D	Tuesday, October 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Almaty, Kazakhstan Sun 23 Sutra 170 Subhakarit 5124
	Retreat Star		Gulika 12:42PM – 2:09PM	Uttarashadha Until 11:12PM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	
	Dhanus Rasi: 29.42	Tithi 9 – 10	Yama 9:48AM – 11:15AM	Athiganda* Until 11:51AM	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 9 - Phase 23 - 23
	Routine Work	Prabalarishta Yoga	687166473 Rahu 3:37PM – 5:04PM	Taitila Until 1:43AM Wed	Nataraja: Clear		Navami
			Navami* Until 2:50PM	Moon – Light Blue		Sivaloka Day	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

times are standard time. Calculated for Almaty, Kazakhstan on 5/1


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1	Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Almaty, Kazakhstan Sun 24 Sutra 171
	Makara Rasi: 13.56	Tithi 10 – 11	Gulika 11:15AM – 12:42PM	Shravana Until 9:46PM	Ganesha: Yellow <i>Sunrise:</i> 6:55AM	Muruqa: Green <i>Sunset:</i> 6:29PM	Subhakrit 5124
		697166473	Yama 8:22AM – 9:48AM	Sukarma Until 8:50AM			Moon 9 - Phase 24 - 24
			Rahu 12:42PM – 2:09PM	Vanija Until 11:24PM	Nataraja: Clear		4th Phase
	Creative Work	Siddha Yoga			Moon – Purple	Devaloka Day	
	Until 9:46PM		Vijaya Dasami	Dashami Until 12:32PM	Ashvina+Puratasi		
	Then Routine Work - Prabalarishta Yoga						

2	Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Almaty, Kazakhstan Sun 25 Sutra 172
	Makara Rasi: 28.13	Tithi 11 – 12	Gulika 9:49AM – 11:15AM	Dhanishtha Until 8:14PM	Ganesha: Yellow <i>Sunrise:</i> 6:56AM	Muruqa: Green <i>Sunset:</i> 6:27PM	Subhakrit 5124
		697166473	Yama 6:56AM – 8:22AM	Shula* Until 2:51AM Fri			Moon 9 - Phase 24 - 25
			Rahu 2:08PM – 3:34PM	Bava Until 9:07PM	Nataraja: Clear		4th Phase
	Creative Work	Siddha Yoga			Moon – Purple	Devaloka Day	
				Ekadashi Until 10:14AM	Ashvina+Puratasi		

3	Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Almaty, Kazakhstan Sun 26 Sutra 173
	Kumbha Rasi: 12.26	Tithi 12 – 13	Gulika 8:23AM – 9:49AM	Shatabhishak Until 6:41PM	Ganesha: Yellow <i>Sunrise:</i> 6:57AM	Muruqa: Green <i>Sunset:</i> 6:28PM	Subhakrit 5124
		697166473	Yama 3:33PM – 4:59PM	Ganda* Until 12:01AM Sat			Moon 9 - Phase 24 - 26
			Rahu 11:15AM – 12:41PM	Kaulava Until 6:58PM	Nataraja: Clear		4th Phase
	Creative Work	Siddha Yoga			Moon – Purple	Devaloka Day	
			Kadaitswami Mahasamadhi	Dvadashi Until 8:00AM	Ashvina+Puratasi		
				<i>Pradosha Vrata</i>			

4	Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Almaty, Kazakhstan Sun 27 Sutra 174
	Kumbha Rasi: 26.32	Tithi 14	Gulika 6:58AM – 8:24AM	Purvaproshtapada* Until 5:39PM	Ganesha: White <i>Sunrise:</i> 6:58AM	Muruqa: Green <i>Sunset:</i> 6:24PM	Subhakrit 5124
		618166474	Yama 2:07PM – 3:32PM	Vriddhi Until 9:25PM			Moon 9 - Phase 24 - 27
			Rahu 9:50AM – 11:15AM	Gara Until 5:04PM	Nataraja: Purple		4th Phase
	Routine Work	Marana Yoga			Moon – Clear	Bhuloka Day	
	Until 5:39PM		Chidambaram Abhishekam	Chaturdashi* Until 4:13AM Sun	Ashvina+Puratasi		
	Then Creative Work - Siddha Yoga						

	Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Almaty, Kazakhstan Sutra 175
	Copper Retreat Star		Gulika 3:31PM – 4:57PM	Uttaraproshtapada Until 4:50PM	Ganesha: White <i>Sunrise:</i> 6:59AM	Muruqa: Green <i>Sunset:</i> 6:22PM	Subhakrit 5124
	Meena Rasi: 10.27	Tithi 15	Yama 12:41PM – 2:06PM	Dhruva Until 7:05PM			Moon 9 - Phase 24 -
		618166474	Rahu 4:57PM – 6:22PM	Visti Until 3:31PM	Nataraja: Purple		Purnima
	Creative Work	Amrita Yoga			Moon – Clear	Bhuloka Day	
				Purnima* Until 2:54AM Mon	Ashvina+Puratasi		

Monday, October 10, 2022	Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Almaty, Kazakhstan Sutra 176
	Family Home Evening		Gulika 2:05PM – 3:30PM	Revati Until 4:21PM	Ganesha: White <i>Sunrise:</i> 7:01AM	Muruqa: Green <i>Sunset:</i> 6:20PM	Subhakrit 5124
	Meena Rasi: 24.07	Tithi 16	Yama 11:16AM – 12:40PM	Vyaghata* Until 5:10PM			Moon 9 - Phase 24 -
		618166474	Rahu 8:26AM – 9:51AM	Balava Until 2:28PM	Nataraja: Purple		Prathama
	Creative Work	Siddha Yoga			Moon – Clear	Bhuloka Day	
				Prathama* Until 2:07AM Tue	Ashvina+Puratasi		



Tuesday, October 11, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Almaty, Kazakhstan

Sutra 177

Mesha Rasi: 7.28 Tithi 17

628176474

Gulika 12:40PM – 2:05PM
Yama 9:51AM – 11:16AM
Rahu 3:29PM – 4:54PM

Ashvini Until 4:45PM
Harshana Until 3:44PM
Taitila Until 1:59PM
Dvitiya Until 1:58AM Wed

Ganesha: Yellow *Sunrise: 7:02AM*
Muruqa: White *Sunset: 6:19PM*
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 -
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1

Wednesday, October 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Almaty, Kazakhstan

Sun 1 Sutra 178

Mesha Rasi: 20.28 Tithi 18

628176474

Gulika 11:16AM – 12:40PM
Yama 8:27AM – 9:51AM
Rahu 12:40PM – 2:04PM

Bharani Until 5:38PM
Vajra* Until 2:47PM
Vanija Until 2:10PM
Tritiya Until 2:30AM Thu

Ganesha: Yellow *Sunrise: 7:03AM*
Muruqa: White *Sunset: 6:17PM*
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 1
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 5:38PM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Almaty, Kazakhstan

Sun 2 Sutra 179

Mrishabha Rasi: 3.09 Tithi 19

628176474

Gulika 9:52AM – 11:16AM
Yama 7:04AM – 8:28AM
Rahu 2:04PM – 3:28PM

Krittika Until 7:01PM
Siddhi Until 2:23PM
Bava Until 3:02PM
Chaturthi* Until 3:41AM Fri

Ganesha: Yellow *Sunrise: 7:04AM*
Muruqa: White *Sunset: 6:15PM*
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 2
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Almaty, Kazakhstan

Sun 3 Sutra 180

Mrishabha Rasi: 15.32 Tithi 20

638176474

Gulika 8:29AM – 9:52AM
Yama 3:27PM – 4:50PM
Rahu 11:16AM – 12:39PM

Rohini Until 9:19PM
Vyatipata* Until 2:28PM
Kaulava Until 4:32PM
Panchami Until 5:27AM Sat

Ganesha: Blue *Sunrise: 7:05AM*
Muruqa: White *Sunset: 6:14PM*
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 3
1st Phase

Bhuloka Day

Routine Work Marana Yoga

Until 9:19PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Gara Karana Shashthayam Titau

Almaty, Kazakhstan

Sun 4 Sutra 181

Mrishabha Rasi: 27.41 Tithi 21

639176474

Gulika 7:07AM – 8:30AM
Yama 2:02PM – 3:26PM
Rahu 9:53AM – 11:16AM

Mrigashira Until 11:55PM
Variyan Until 2:56PM
Gara Until 6:32PM
Shashthi* Until 7:39AM Sun

Ganesha: Red *Sunrise: 7:07AM*
Muruqa: White *Sunset: 6:12PM*
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 4
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Almaty, Kazakhstan

Sun 5 Sutra 182

Mithuna Rasi: 9.41 Tithi 21 – 22

639176474

Gulika 3:25PM – 4:48PM
Yama 12:39PM – 2:02PM
Rahu 4:48PM – 6:10PM

Ardra Until 2:37AM Mon
Parigha* Until 3:40PM
Visti Until 8:52PM
Shashthi* Until 7:39AM

Ganesha: Red *Sunrise: 7:08AM*
Muruqa: White *Sunset: 6:10PM*
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 5
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 2:37AM Mon

Then Creative Work - Amrita Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Almaty, Kazakhstan

Sun 6 Sutra 183

Mithuna Rasi: 21.35 Tithi 22 – 23

649176474

Gulika 2:01PM – 3:24PM
Yama 11:16AM – 12:39PM
Rahu 8:31AM – 9:54AM

Punarvasu Until 5:42AM Tue
Shiva Until 4:32PM
Balava Until 11:18PM
Saptami Until 10:04AM

Ganesha: Green *Sunrise: 7:09AM*
Muruqa: White *Sunset: 6:09PM*
Nataraja: Purple
Moon – Blue

Moon 10 - Phase 25 - 6
Ashtami

Devaloka Day

Creative Work Amrita Yoga

Until 5:42AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Almaty, Kazakhstan

Sun 7 Sutra 184

Kataka Rasi: 3.28 Tithi 23 – 24

649176474

Gulika 12:39PM – 2:01PM
Yama 9:54AM – 11:17AM
Rahu 3:23PM – 4:45PM

Pushya Until 8:29AM Wed
Siddha Until 5:20PM
Taitila Until 1:39AM Wed
Ashtami* Until 12:29PM

Ganesha: Green *Sunrise: 7:10AM*
Muruqa: White *Sunset: 6:07PM*
Nataraja: Purple
Moon – Blue

Moon 10 - Phase 25 - 7
Navami

Devaloka Day

Creative Work Siddha Yoga

Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1	Wednesday, October 19, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Almaty, Kazakhstan Sun 8 Sutra 185 Subhakarit 5124
	Kataka Rasi: 15.25	Tithi 24 – 25	Gulika 11:17AM – 12:38PM Yama 8:33AM – 9:55AM Rahu 12:38PM – 2:00PM	Pushya Until 8:29AM Sadhya Until 5:58PM Vanija Until 3:42AM Thu Navami* Until 2:42PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Blue	Sunrise: 7:11AM Sunset: 6:05PM	Moon 10 - Phase 26 - 8 2nd Phase
	Creative Work	Siddha Yoga	649176474		Ashvina-Aipasi		Devaloka Day


2	Thursday, October 20, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Almaty, Kazakhstan Sun 9 Sutra 186 Subhakarit 5124
	Kataka Rasi: 27.29	Tithi 25 – 26	Gulika 9:55AM – 11:17AM Yama 7:13AM – 8:34AM Rahu 2:00PM – 3:21PM	Ashlesha* Until 10:47AM Subha Until 6:19PM Bava Until 5:17AM Fri Dashami Until 4:32PM	Ganesha: Red Muruqa: White Nataraja: Purple Moon – Blue	Sunrise: 7:13AM Sunset: 6:04PM	Moon 10 - Phase 26 - 9 2nd Phase
	Creative Work	Siddha Yoga	649276474		Ashvina-Aipasi		Bhuloka Day Devaloka Time: 6:AM to 9:AM


3	Friday, October 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Almaty, Kazakhstan Sun 10 Sutra 187 Subhakarit 5124
	Simha Rasi: 9.44	Tithi 26 – 27	Gulika 8:35AM – 9:56AM Yama 3:20PM – 4:41PM Rahu 11:17AM – 12:38PM	Magha* Until 12:55PM Sukla Until 6:13PM Kaulava Until 6:18AM Sat Ekadashi* Until 5:51PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 7:14AM Sunset: 6:02PM	Moon 10 - Phase 26 - 10 2nd Phase
	Routine Work	Marana Yoga	659276474		Ashvina-Aipasi		Bhuloka Day

4	Saturday, October 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantla Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Tailita Karana Dvadashyam Titau				Almaty, Kazakhstan Sun 11 Sutra 188 Subhakarit 5124
	Simha Rasi: 22.16	Tithi 27	Gulika 7:15AM – 8:36AM Yama 1:59PM – 3:19PM Rahu 9:57AM – 11:17AM	Purvaphalguni Until 2:18PM Brahma Until 5:39PM Kaulava Until 6:18AM Dvadashi* Until 6:33PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 7:15AM Sunset: 6:01PM	Moon 10 - Phase 26 - 11 2nd Phase
	Creative Work	Siddha Yoga	659276474		Ashvina-Aipasi		Bhuloka Day

5	Sunday, October 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Almaty, Kazakhstan Sun 12 Sutra 189 Subhakarit 5124
	Kanya Rasi: 5.04	Tithi 28	Gulika 3:19PM – 4:39PM Yama 12:38PM – 1:58PM Rahu 4:39PM – 5:59PM	Uttaraphalguni Until 2:55PM Indra Until 4:37PM Gara Until 6:40AM Trayodashi* Until 6:35PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 7:16AM Sunset: 5:59PM	Moon 10 - Phase 26 - 12 2nd Phase
	Creative Work	Amrita Yoga	651276474		Ashvina-Aipasi		Bhuloka Day <i>Pradosha Vrata (Fasting)</i>

6	Monday, October 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Almaty, Kazakhstan Sun 13 Sutra 190 Subhakarit 5124
	Kanya Rasi: 18.11	Tithi 29	Gulika 1:58PM – 3:18PM Yama 11:18AM – 12:38PM Rahu 8:38AM – 9:58AM	Hasta Until 3:13PM Vaidhriti* Until 3:02PM Visti Until 6:23AM Chaturdashi* Until 6:00PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 7:18AM Sunset: 5:58PM	Moon 10 - Phase 26 - 13 2nd Phase
	Family Home Evening	Siddha Yoga	661276474		Ashvina-Aipasi		Bhuloka Day Deepavali Hindu Solidarity Day

	Tuesday, October 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Almaty, Kazakhstan Sun 14 Sutra 191 Subhakarit 5124
	Tula Rasi: 1.39	Tithi 30 – 1	Gulika 12:38PM – 1:57PM Yama 9:58AM – 11:18AM Rahu 3:17PM – 4:37PM	Chitra Until 2:47PM Vishkambha* Until 1:01PM Kintughna Until 4:06AM Wed Amavasya* Until 4:50PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 7:19AM Sunset: 5:56PM	Moon 10 - Phase 26 - 14 Amavasya
	Creative Work	Siddha Yoga	661276474		Ashvina-Aipasi		Bhuloka Day Subramuniaswami Mahasamadhi

	Wednesday, October 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yukhtayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Almaty, Kazakhstan Sun 15 Sutra 192 Subhakarit 5124
	Tula Rasi: 15.25	Tithi 1 – 2	Gulika 11:18AM – 12:37PM Yama 8:39AM – 9:59AM Rahu 12:37PM – 1:57PM	Svati Until 1:45PM Priti Until 10:37AM Balava Until 2:16AM Thu Prathama* Until 3:13PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 7:20AM Sunset: 5:55PM	Moon 10 - Phase 26 - 15 Prathama
	Creative Work	Siddha Yoga	661276474		Karttika-Aipasi		Bhuloka Day Skanda Shasthi Begins

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Thursday, October 27, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dviliya/Tritiyayam Titau				Almaty, Kazakhstan Sun 16 Sutra 193	
	Tula Rasi: 29.25	Tithi 2 - 3	Gulika 9:59AM - 11:18AM	Vishakha Until 12:38PM	Ganesha: Purple	<i>Sunrise:</i> 7:21AM	Subhakra 5124	
			Yama 7:21AM - 8:40AM	Ayushman Until 7:54AM	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Moon 10 - Phase 27 - 16	
	Creative Work	Siddha Yoga	671276574 Rahu 1:56PM - 3:15PM	Taitila Until 12:09AM Fri Dvitiya Until 1:13PM	Nataraja: Clear Moon - Orange		3rd Phase	
					Bhuloka Day		Devaloka Time: 3:PM to 6:PM	

2	Friday, October 28, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Almaty, Kazakhstan Sun 17 Sutra 194	
	Vrischika Rasi: 13.37	Tithi 3 - 4	Gulika 8:41AM - 10:00AM	Anuradha Until 11:07AM	Ganesha: Purple	<i>Sunrise:</i> 7:23AM	Subhakra 5124	
			Yama 3:15PM - 4:33PM	Sobhana Until 1:54AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:52PM	Moon 10 - Phase 27 - 17	
	Creative Work	Siddha Yoga	671276574 Rahu 11:19AM - 12:37PM	Vanija Until 9:50PM Tritiya Until 11:00AM	Nataraja: Clear Moon - Orange		3rd Phase	
					Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

3	Saturday, October 29, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha/Mula Nakshatra Athiganda Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Almaty, Kazakhstan Sun 18 Sutra 195	
	Vrischika Rasi: 27.55	Tithi 4 - 5	Gulika 7:24AM - 8:42AM	Jyeshtha* Until 9:21AM	Ganesha: Purple	<i>Sunrise:</i> 7:24AM	Subhakra 5124	
			Yama 1:55PM - 3:14PM	Athiganda* Until 10:45PM	Muruqa: Clear	<i>Sunset:</i> 5:50PM	Moon 10 - Phase 27 - 18	
	Creative Work	Siddha Yoga	671276574 Rahu 10:01AM - 11:19AM	Bava Until 7:27PM Chaturthi* Until 8:38AM	Nataraja: Clear Moon - Orange		3rd Phase	
					Bhuloka Day		Devaloka Time: 3:PM to 6:PM	

4	Sunday, October 30, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula/Purvashadha Nakshatra Sukarma Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Almaty, Kazakhstan Sun 19 Sutra 196	
	Dhanus Rasi: 12.14	Tithi 5 - 6	Gulika 3:13PM - 4:31PM	Mula* Until 7:49AM	Ganesha: Clear	<i>Sunrise:</i> 7:25AM	Subhakra 5124	
			Yama 12:37PM - 1:55PM	Sukarma Until 7:39PM	Muruqa: Clear	<i>Sunset:</i> 5:49PM	Moon 10 - Phase 27 - 19	
	Creative Work	Amrita Yoga	681276574 Rahu 4:31PM - 5:49PM	Taitila Until 3:52AM Mon Panchami Until 6:14AM	Nataraja: Clear Moon - Light Blue		3rd Phase	
			Skanda Shasthi		Devaloka Day			
Then Creative Work - Siddha Yoga								

5	Monday, October 31, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhriti/Shula Yoga Gara/Vanija Karana Saplamyam Titau				Almaty, Kazakhstan Sun 20 Sutra 197	
	Dhanus Rasi: 26.32	Tithi 7	Gulika 1:55PM - 3:12PM	Purvashadha* Until 6:11AM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	Subhakra 5124	
	Family Home Evening		Yama 11:19AM - 12:37PM	Dhriti Until 4:37PM	Muruqa: Clear	<i>Sunset:</i> 5:48PM	Moon 10 - Phase 27 - 20	
	Routine Work	Marana Yoga	681276574 Rahu 8:44AM - 10:02AM	Gara Until 2:45PM Saptami Until 1:38AM Tue	Nataraja: Clear Moon - Light Blue		3rd Phase	
					Devaloka Day			
Then Routine Work - Prabalarishta Yoga								

Retreat Star	Tuesday, November 1, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula/Ganda Yoga Visti/Bava Karana Ashtamyam Titau				Almaty, Kazakhstan Sun 21 Sutra 198	
	Makara Rasi: 10.46	Tithi 8	Gulika 12:37PM - 1:54PM	Shravana Until 3:21AM Wed	Ganesha: White	<i>Sunrise:</i> 7:28AM	Subhakra 5124	
			Yama 10:02AM - 11:20AM	Shula* Until 1:41PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Moon 10 - Phase 27 - 21	
	Creative Work	Siddha Yoga	691276574 Rahu 3:12PM - 4:29PM	Visti Until 12:35PM Ashtami* Until 11:33PM	Nataraja: Clear Moon - Purple		Ashtami	
					Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Prabalarishta Yoga								

Retreat Star	Wednesday, November 2, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Almaty, Kazakhstan Sun 22 Sutra 199	
	Makara Rasi: 24.52	Tithi 9	Gulika 11:20AM - 12:37PM	Dhanishtha Until 2:14AM Thu	Ganesha: Green	<i>Sunrise:</i> 7:29AM	Subhakra 5124	
			Yama 8:46AM - 10:03AM	Ganda* Until 10:55AM	Muruqa: Clear	<i>Sunset:</i> 5:45PM	Moon 10 - Phase 27 - 22	
	Routine Work	Prabalarishta Yoga	692276574 Rahu 12:37PM - 1:54PM	Balava Until 10:37AM Navami* Until 9:41PM	Nataraja: Clear Moon - Purple		Navami	
					Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1	Thursday, November 3, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Almaty, Kazakhstan Sun 23 Sutra 200 Subhakit 5124
	Kumbha Rasi: 8.5	Tithi 10	Gulika 10:04AM – 11:20AM	Shatabhishak Until 1:12AM Fri	Ganesha: Green	<i>Sunrise:</i> 7:30AM	
			Yama 7:30AM – 8:47AM	Vriddhi Until 8:20AM	Muruqa: Clear	<i>Sunset:</i> 5:44PM	Moon 10 - Phase 28 - 23
	692276574	Rahu 1:54PM – 3:10PM	Taitila Until 8:51AM	Dashami Until 8:03PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Friday, November 4, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Almaty, Kazakhstan Sun 24 Sutra 201 Subhakit 5124
	Kumbha Rasi: 22.39	Tithi 11	Gulika 8:48AM – 10:04AM	Purvaproshtapada* Until 12:44AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:32AM	
			Yama 3:10PM – 4:26PM	Vyaghata* Until 3:46AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Moon 10 - Phase 28 - 24
	612276574	Rahu 11:21AM – 12:37PM	Vanija Until 7:22AM	Ekadashi Until 6:42PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Saturday, November 5, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Almaty, Kazakhstan Sun 25 Sutra 202 Subhakit 5124
	Meena Rasi: 6.17	Tithi 12 – 13	Gulika 7:33AM – 8:49AM	Uttaraproshtapada Until 12:28AM Sun	Ganesha: Blue	<i>Sunrise:</i> 7:33AM	
			Yama 1:53PM – 3:09PM	Harshana Until 1:54AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Moon 10 - Phase 28 - 25
	612276574	Rahu 10:05AM – 11:21AM	Bava Until 6:10AM	Dvadashi Until 5:40PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 12:28AM Sun							
Then Creative Work - Amrita Yoga							

4	Sunday, November 6, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Almaty, Kazakhstan Sun 26 Sutra 203 Subhakit 5124
	Meena Rasi: 19.44	Tithi 13 – 14	Gulika 3:09PM – 4:24PM	Revati Until 12:25AM Mon	Ganesha: Blue	<i>Sunrise:</i> 7:34AM	
			Yama 12:37PM – 1:53PM	Vajra* Until 12:18AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 10 - Phase 28 - 26
	612276574	Rahu 4:24PM – 5:40PM	Gara Until 4:52AM Mon	Trayodashi Until 5:01PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 12:25AM Mon							
Then Creative Work - Siddha Yoga							

5	Monday, November 7, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Almaty, Kazakhstan Sun 27 Sutra 204 Subhakit 5124
	Mesha Rasi: 2.58	Tithi 14 – 15	Gulika 1:53PM – 3:08PM	Ashvini Until 1:07AM Tue	Ganesha: Blue	<i>Sunrise:</i> 7:35AM	
			Yama 11:22AM – 12:37PM	Siddhi Until 11:05PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 10 - Phase 28 - 27
	722276574	Rahu 8:51AM – 10:06AM	Visti Until 4:52AM Tue	Chaturdashi* Until 4:47PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

	Tuesday, November 8, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Almaty, Kazakhstan Sutra 205 Subhakit 5124
	Copper Retreat Star		Gulika 12:37PM – 1:52PM	Bharani Until 2:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 7:37AM	
	Mesha Rasi: 15.57	Tithi 15 – 16	Yama 10:07AM – 11:22AM	Vyatipata* Until 10:14PM	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 10 - Phase 28 - Purnima
	722276574	Rahu 3:07PM – 4:23PM	Balava Until 5:23AM Wed	Purnima* Until 5:02PM	Nataraja: Clear		
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 2:08AM Wed							
Then Creative Work - Amrita Yoga							

	Wednesday, November 9, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Almaty, Kazakhstan Sutra 206 Subhakit 5124
	Silver Retreat Star		Gulika 11:22AM – 12:37PM	Krittika Until 3:29AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:38AM	
	Mesha Rasi: 28.41	Tithi 16 – 17	Yama 8:53AM – 10:08AM	Variyan Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Moon 10 - Phase 28 - Prathama
	722276574	Rahu 12:37PM – 1:52PM	Taitila Until 6:25AM Thu	Prathama* Until 5:49PM	Nataraja: Clear		
Creative Work	Amrita Yoga			Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 3:29AM Thu							
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Thursday, November 10, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Almaty, Kazakhstan

Sun 1 Sutra 207

Subhakit 5124

Vrishabha Rasi: 11.12 Tithi 17

732276574

Gulika 10:08AM – 11:23AM
Yama 7:39AM – 8:54AM
Rahu 1:52PM – 3:06PM

Rohini Until 5:39AM Fri
Parigha* Until 9:42PM
Taitila Until 6:25AM
Dvitiya Until 7:06PM

Ganesha: Red *Sunrise:* 7:39AM
Muruqa: Clear *Sunset:* 5:35PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 5:39AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Almaty, Kazakhstan

Sun 2 Sutra 208

Subhakit 5124

Vrishabha Rasi: 23.3 Tithi 18

732276574

Gulika 8:55AM – 10:09AM
Yama 3:06PM – 4:20PM
Rahu 11:23AM – 12:37PM

Mrigashira Until 8:05AM Sat
Shiva Until 10:00PM
Vanija Until 7:56AM
Tritiya Until 8:51PM

Ganesha: Red *Sunrise:* 7:41AM
Muruqa: Clear *Sunset:* 5:34PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Almaty, Kazakhstan

Sun 3 Sutra 209

Subhakit 5124

Mithuna Rasi: 5.37 Tithi 19

732276574

Gulika 7:42AM – 8:56AM
Yama 1:51PM – 3:05PM
Rahu 10:10AM – 11:24AM

Mrigashira Until 8:05AM
Siddha Until 10:34PM
Bava Until 9:55AM
Chaturthi* Until 11:00PM

Ganesha: Red *Sunrise:* 7:42AM
Muruqa: Clear *Sunset:* 5:33PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Almaty, Kazakhstan

Sun 4 Sutra 210

Subhakit 5124

Mithuna Rasi: 17.35 Tithi 20

732276574

Gulika 3:05PM – 4:19PM
Yama 12:38PM – 1:51PM
Rahu 4:19PM – 5:32PM

Ardra Until 10:39AM
Sadhya Until 11:19PM
Kaulava Until 12:12PM
Panchami Until 1:24AM Mon

Ganesha: Red *Sunrise:* 7:43AM
Muruqa: Clear *Sunset:* 5:32PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 4
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Almaty, Kazakhstan

Sun 5 Sutra 211

Subhakit 5124

Mithuna Rasi: 29.29 Tithi 21

742376574

Gulika 1:51PM – 3:05PM
Yama 11:24AM – 12:38PM
Rahu 8:58AM – 10:11AM

Punarvasu Until 1:45PM
Subha Until 12:11AM Tue
Gara Until 2:41PM
Shashthi* Until 3:54AM Tue

Ganesha: White *Sunrise:* 7:44AM
Muruqa: Clear *Sunset:* 5:31PM
Nataraja: Clear
Moon – Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 1:45PM

Then Creative Work - Siddha Yoga

5

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Almaty, Kazakhstan

Sun 6 Sutra 212

Subhakit 5124

Kataka Rasi: 11.22 Tithi 22

743376574

Gulika 12:38PM – 1:51PM
Yama 10:12AM – 11:25AM
Rahu 3:04PM – 4:17PM

Pushya Until 4:40PM
Sukla Until 12:57AM Wed
Visti Until 5:09PM
Saptami Until 6:18AM Wed

Ganesha: Green *Sunrise:* 7:46AM
Muruqa: Clear *Sunset:* 5:30PM
Nataraja: Clear
Moon – Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Almaty, Kazakhstan

Sun 7 Sutra 213

Subhakit 5124

Kataka Rasi: 23.17 Tithi 22 – 23

743376574

Gulika 11:25AM – 12:38PM
Yama 9:00AM – 10:13AM
Rahu 12:38PM – 1:51PM

Ashlesha* Until 7:15PM
Brahma Until 1:33AM Thu
Balava Until 7:26PM
Saptami Until 6:18AM

Ganesha: Green *Sunrise:* 7:47AM
Muruqa: Clear *Sunset:* 5:29PM
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Moon 11 - Phase 29 - 7
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Almaty, Kazakhstan

Sun 8 Sutra 214

Subhakit 5124

Simha Rasi: 5.19 Tithi 23 – 24

753376575

Gulika 10:13AM – 11:26AM
Yama 7:48AM – 9:01AM
Rahu 1:51PM – 3:03PM

Magha* Until 9:47PM
Indra Until 1:49AM Fri
Taitila Until 9:19PM
Ashtami* Until 8:24AM

Ganesha: Orange *Sunrise:* 7:48AM
Muruqa: Clear *Sunset:* 5:29PM
Nataraja: Purple
Moon – Red
Kartika-Kartikai

Moon 11 - Phase 29 - 8
Navami

Sivaloka Day

Creative Work Amrita Yoga

Until 9:47PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau			Almaty, Kazakhstan Sun 9 Sutra 215 Subhakrit 5124
Simha Rasi: 17.32	Tithi 24 – 25	Gulika 9:02AM – 10:14AM	Purvaphalguni Until 11:35PM	Ganesha: Orange	<i>Sunrise:</i> 7:49AM		
		Yama 3:03PM – 4:15PM	Vaidhrili* Until 1:37AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 11 - Phase 30 - 9	
	753376575	Rahu 11:26AM – 12:39PM	Vanija Until 10:37PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 10:01AM	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Almaty, Kazakhstan Sun 10 Sutra 216 Subhakrit 5124
Kanya Rasi: 0.01	Tithi 25 – 26	Gulika 7:51AM – 9:03AM	Uttaraphalguni Until 12:34AM Sun	Ganesha: Orange	<i>Sunrise:</i> 7:51AM		
		Yama 1:51PM – 3:03PM	Vishkambha* Until 12:53AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 11 - Phase 30 - 10	
	753376575	Rahu 10:15AM – 11:27AM	Bava Until 11:13PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 11:00AM	Moon – Red		Sivaloka Day	
Until 12:34AM Sun				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Almaty, Kazakhstan Sun 11 Sutra 217 Subhakrit 5124
Kanya Rasi: 12.5	Tithi 26 – 27	Gulika 3:03PM – 4:14PM	Hasta Until 1:07AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 7:52AM		
		Yama 12:39PM – 1:51PM	Priti Until 11:33PM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Moon 11 - Phase 30 - 11	
	763376575	Rahu 4:14PM – 5:26PM	Kaulava Until 11:03PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 11:13AM	Moon – Green		Devaloka Day	
Until 1:07AM Mon				Karttika-Karttikai			
Then Routine Work - Prabalarishta Yoga							

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau			Almaty, Kazakhstan Sun 12 Sutra 218 Subhakrit 5124
Kanya Rasi: 26.03	Tithi 27 – 28	Gulika 1:51PM – 3:02PM	Chitra Until 12:45AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 7:53AM		
Family Home Evening		Yama 11:28AM – 12:39PM	Ayushman Until 9:36PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 11 - Phase 30 - 12	
Routine Work	Prabalarishta Yoga	Rahu 9:05AM – 10:16AM	Gara Until 10:07PM	Nataraja: Purple		2nd Phase	
Until 12:45AM Tue			Dvadashi* Until 10:40AM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			
				<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Almaty, Kazakhstan Sun 13 Sutra 219 Subhakrit 5124
Tula Rasi: 9.4	Tithi 28 – 29	Gulika 12:40PM – 1:51PM	Svati Until 11:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:54AM		
		Yama 10:17AM – 11:28AM	Saubhagya Until 7:07PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 11 - Phase 30 - 13	
	763376575	Rahu 3:02PM – 4:13PM	Visti Until 8:30PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 9:22AM	Moon – Green		Devaloka Day	
Until 11:34PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Almaty, Kazakhstan Sun 14 Sutra 220 Subhakrit 5124
Retreat Star		Gulika 11:29AM – 12:40PM	Vishakha Until 10:07PM	Ganesha: Purple	<i>Sunrise:</i> 7:56AM		
Tula Rasi: 23.42	Tithi 29 – 30	Yama 9:07AM – 10:18AM	Sobhana Until 4:09PM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 11 - Phase 30 - 14	
		Rahu 12:40PM – 1:51PM	Catuspada Until 6:16PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:26AM	Moon – Orange		Devaloka Day	
				Karttika-Karttikai			

Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau			Almaty, Kazakhstan Sun 15 Sutra 221 Subhakrit 5124	
Retreat Star		Gulika 10:18AM – 11:29AM	Anuradha Until 8:06PM	Ganesha: Purple	<i>Sunrise:</i> 7:57AM	
Vrischika Rasi: 8.04	Tithi 1	Yama 7:57AM – 9:08AM	Athiganda* Until 12:48PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 11 - Phase 30 - 15
		Rahu 1:51PM – 3:02PM	Kintughna Until 3:36PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:08AM Fri	Moon – Orange		Devaloka Day
Until 8:06PM				Margasira-Karttikai		
Then Routine Work - Prabalarishta Yoga						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau			Almaty, Kazakhstan Sun 16 Sutra 222 Subhakrit 5124	
Vrischika Rasi: 22.43	Tithi 2	Gulika 9:09AM – 10:19AM	Jyeshtha* Until 5:41PM	Ganesha: Purple	<i>Sunrise:</i> 7:58AM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 11 - Phase 31 - 16
		773376575 Rahu 11:30AM – 12:40PM	Sukarma Until 9:11AM	Nataraja: Purple		Moon – Orange		3rd Phase
Routine Work	Marana Yoga		Balava Until 12:39PM	Devaloka Day				
Until 5:41PM			Dvitiya Until 11:05PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau			Almaty, Kazakhstan Sun 17 Sutra 223 Subhakrit 5124	
Dhanus Rasi: 7.29	Tithi 3	Gulika 7:59AM – 9:10AM	Mula* Until 3:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:59AM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 31 - 17
		783376575 Rahu 10:20AM – 11:30AM	Shula* Until 1:41AM Sun	Nataraja: Purple		Moon – Light Blue		3rd Phase
Creative Work	Siddha Yoga		Taitila Until 9:32AM	Devaloka Day				
			Tritiya Until 7:57PM	Margasira-Karttikai				

3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau			Almaty, Kazakhstan Sun 18 Sutra 224 Subhakrit 5124	
Dhanus Rasi: 22.17	Tithi 4 – 5	Gulika 3:01PM – 4:11PM	Purvashadha* Until 1:06PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:00AM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 31 - 18
		783376575 Rahu 4:11PM – 5:22PM	Ganda* Until 10:00PM	Nataraja: Purple		Moon – Light Blue		3rd Phase
Creative Work	Siddha Yoga		Vanija Until 6:26AM	Devaloka Day				
Until 1:06PM			Chaturthi* Until 4:55PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Almaty, Kazakhstan Sun 19 Sutra 225 Subhakrit 5124	
Makara Rasi: 6.59	Tithi 5 – 6	Gulika 1:51PM – 3:01PM	Uttarashadha Until 10:49AM	Ganesha: Light Blue	<i>Sunrise:</i> 8:02AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 31 - 19
Family Home Evening		783376575 Rahu 9:12AM – 10:21AM	Vriddhi Until 6:32PM	Nataraja: Purple		Moon – Light Blue		3rd Phase
Routine Work	Marana Yoga		Kaulava Until 12:47AM Tue	Devaloka Day				
Until 10:49AM			Panchami Until 2:04PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Almaty, Kazakhstan Sun 20 Sutra 226 Subhakrit 5124	
Makara Rasi: 21.28	Tithi 6 – 7	Gulika 12:42PM – 1:51PM	Shravana Until 9:06AM	Ganesha: Orange	<i>Sunrise:</i> 8:03AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 31 - 20
		793376575 Rahu 3:01PM – 4:11PM	Dhruva Until 3:20PM	Nataraja: Purple		Moon – Purple		3rd Phase
Creative Work	Siddha Yoga		Gara Until 10:28PM	Sivaloka Day				
			Shashthi* Until 11:34AM	Margasira-Karttikai				

Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Almaty, Kazakhstan Sun 21 Sutra 227 Subhakrit 5124	
Kumbha Rasi: 5.41	Tithi 7 – 8	Gulika 11:32AM – 12:42PM	Dhanishtha Until 7:39AM	Ganesha: Clear	<i>Sunrise:</i> 8:04AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 31 - 21
		794376575 Rahu 12:42PM – 1:52PM	Vyaghata* Until 12:29PM	Nataraja: Purple		Moon – Purple		Ashtami
Routine Work	Prabalarishta Yoga		Visti Until 8:37PM	Sivaloka Day				
Until 7:39AM			Saptami Until 9:28AM	Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Almaty, Kazakhstan Sun 22 Sutra 228 Subhakrit 5124	
Kumbha Rasi: 19.36	Tithi 8 – 9	Gulika 10:24AM – 11:33AM	Shatabhishak Until 6:32AM	Ganesha: Clear	<i>Sunrise:</i> 8:05AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 31 - 22
		794376575 Rahu 1:52PM – 3:01PM	Harshana Until 10:02AM	Nataraja: Purple		Moon – Purple		Navami
Creative Work	Siddha Yoga		Balava Until 7:15PM	Sivaloka Day				
			Ashtami* Until 7:51AM	Margasira-Karttikai				

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproskthapada/Uttaraproskthapada Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Almaty, Kazakhstan Sun 23 Sutra 229	
Meena Rasi: 3.13	Tithi 9 – 10	Gulika 9:15AM – 10:24AM	Purvaproskthapada* Until 6:12AM	Ganesha: Red	<i>Sunrise:</i> 8:06AM			Subhakrit 5124	
		Yama 3:01PM – 4:10PM	Vajra* Until 7:57AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM			Moon 11 - Phase 32 - 23	
	714376575	Rahu 11:34AM – 12:43PM	Taitila Until 6:25PM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Navami* Until 6:45AM	Moon – Clear				Sivaloka Day	
				Margasira-Karttikai					

2		Saturday, December 3, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproskthapada/Revati Nakshatra Siddhi/Vytipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Almaty, Kazakhstan Sun 24 Sutra 230	
Meena Rasi: 16.31	Tithi 10 – 11	Gulika 8:07AM – 9:16AM	Uttaraproskthapada Until 6:14AM	Ganesha: Red	<i>Sunrise:</i> 8:07AM			Subhakrit 5124	
		Yama 1:52PM – 3:01PM	Siddhi Until 6:18AM	Muruqa: Clear	<i>Sunset:</i> 5:19PM			Moon 11 - Phase 32 - 24	
	714376575	Rahu 10:25AM – 11:34AM	Vanija Until 6:05PM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Dashami Until 6:10AM	Moon – Clear				Sivaloka Day	
Until 6:14AM		Gita Jayanthi		Margasira-Karttikai					
Then Routine Work - Prabararishta Yoga									

3		Sunday, December 4, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Almaty, Kazakhstan Sun 25 Sutra 231	
Meena Rasi: 29.34	Tithi 11 – 12	Gulika 3:01PM – 4:10PM	Revati Until 6:37AM	Ganesha: Red	<i>Sunrise:</i> 8:08AM			Subhakrit 5124	
		Yama 12:44PM – 1:52PM	Variyan Until 4:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:19PM			Moon 11 - Phase 32 - 25	
	714376575	Rahu 4:10PM – 5:19PM	Bava Until 6:15PM	Nataraja: Purple				4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 6:06AM	Moon – Clear				Sivaloka Day	
Until 6:37AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

4		Monday, December 5, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Almaty, Kazakhstan Sun 26 Sutra 232	
Mesha Rasi: 12.23	Tithi 12 – 13	Gulika 1:53PM – 3:01PM	Ashvini Until 7:45AM	Ganesha: Blue	<i>Sunrise:</i> 8:09AM			Subhakrit 5124	
Family Home Evening		Yama 11:35AM – 12:44PM	Parigha* Until 3:37AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:19PM			Moon 11 - Phase 32 - 26	
	724376575	Rahu 9:18AM – 10:27AM	Kaulava Until 6:53PM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:30AM	Moon – White				Devaloka Day	
				Margasira-Karttikai					
				<i>Pradosha Vrata</i>					

5		Tuesday, December 6, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Almaty, Kazakhstan Sun 27 Sutra 233	
Mesha Rasi: 25.01	Tithi 13 – 14	Gulika 12:44PM – 1:53PM	Bharani Until 9:09AM	Ganesha: Blue	<i>Sunrise:</i> 8:10AM			Subhakrit 5124	
		Yama 10:27AM – 11:36AM	Shiva Until 3:23AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:19PM			Moon 11 - Phase 32 - 27	
	724376575	Rahu 3:02PM – 4:10PM	Gara Until 7:56PM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 7:20AM	Moon – White				Devaloka Day	
		Krittika Deepam		Margasira-Karttikai					

○		Wednesday, December 7, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Almaty, Kazakhstan Sutra 234	
Copper Retreat Star		Gulika 11:36AM – 12:45PM	Krittika Until 10:47AM	Ganesha: Blue	<i>Sunrise:</i> 8:11AM			Subhakrit 5124	
Vrishabha Rasi: 7.26	Tithi 14 – 15	Yama 9:20AM – 10:28AM	Siddha Until 3:25AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:19PM			Moon 11 - Phase 32 -	
	724376575	Rahu 12:45PM – 1:53PM	Visti Until 9:22PM	Nataraja: Purple				Purnima	
Creative Work	Amrita Yoga		Chaturdashi* Until 8:35AM	Moon – White				Devaloka Day	
Until 10:47AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

○		Thursday, December 8, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Almaty, Kazakhstan Sutra 235	
Silver Retreat Star		Gulika 10:29AM – 11:37AM	Rohini Until 1:05PM	Ganesha: Yellow	<i>Sunrise:</i> 8:12AM			Subhakrit 5124	
Vrishabha Rasi: 19.43	Tithi 15 – 16	Yama 8:12AM – 9:20AM	Sadhya Until 3:43AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:18PM			Moon 11 - Phase 32 -	
	734376575	Rahu 1:54PM – 3:02PM	Balava Until 11:10PM	Nataraja: Purple				Prathama	
Routine Work	Marana Yoga		Purnima* Until 10:12AM	Moon – Yellow				Sivaloka Day	
				Margasira-Karttikai					
		Vinayaga Viratam Begins							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Almaty, Kazakhstan

Sutra 236

Mithuna Rasi: 1.52 Tithi 16 - 17

Gulika 9:21AM - 10:29AM
Yama 3:02PM - 4:10PM
Rahu 11:38AM - 12:46PM

Mrigashira Until 3:32PM
Subha Until 4:14AM Sat
Taitila Until 1:15AM Sat
Prathama* Until 12:09PM

Ganesha: Red Sunrise: 8:13AM
Muruqa: Clear Sunset: 5:18PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Almaty, Kazakhstan

Sun 1 Sutra 237

Mithuna Rasi: 13.54 Tithi 17 - 18

Gulika 8:14AM - 9:22AM
Yama 1:54PM - 3:02PM
Rahu 10:30AM - 11:38AM

Ardra Until 6:03PM
Sukla Until 4:54AM Sun
Vanija Until 3:35AM Sun
Dvitiya Until 2:22PM

Ganesha: Red Sunrise: 8:14AM
Muruqa: Clear Sunset: 5:18PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 1
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Almaty, Kazakhstan

Sun 2 Sutra 238

Mithuna Rasi: 25.5 Tithi 18 - 19

Gulika 3:03PM - 4:11PM
Yama 12:47PM - 1:55PM
Rahu 4:11PM - 5:18PM

Punarvasu Until 9:06PM
Brahma Until 5:42AM Mon
Bava Until 6:04AM Mon
Tritiya Until 4:47PM

Ganesha: Green Sunrise: 8:15AM
Muruqa: Clear Sunset: 5:18PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Almaty, Kazakhstan

Sun 3 Sutra 239

Kataka Rasi: 7.44 Tithi 19

Family Home Evening

745476575

Gulika 1:55PM - 3:03PM
Yama 11:39AM - 12:47PM
Rahu 9:24AM - 10:31AM

Pushya Until 12:03AM Tue
Indra Until 6:33AM Tue
Bava Until 6:04AM
Chaturthi* Until 7:19PM

Ganesha: White Sunrise: 8:16AM
Muruqa: Clear Sunset: 5:19PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Almaty, Kazakhstan

Sun 4 Sutra 240

Kataka Rasi: 19.35 Tithi 20

745476575

Gulika 12:48PM - 1:55PM
Yama 10:32AM - 11:40AM
Rahu 3:03PM - 4:11PM

Ashlesha* Until 2:48AM Wed
Indra Until 6:33AM
Kaulava Until 8:36AM
Panchami Until 9:49PM

Ganesha: White Sunrise: 8:17AM
Muruqa: Clear Sunset: 5:19PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 4
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Almaty, Kazakhstan

Sun 5 Sutra 241

Simha Rasi: 1.29 Tithi 21

755476575

Gulika 11:40AM - 12:48PM
Yama 9:25AM - 10:33AM
Rahu 12:48PM - 1:56PM

Magha* Until 5:42AM Thu
Vaidhriti* Until 7:19AM
Gara Until 11:03AM
Shashthi* Until 12:10AM Thu

Ganesha: Clear Sunrise: 8:17AM
Muruqa: Clear Sunset: 5:19PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 5
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Saplamyam Titau

Almaty, Kazakhstan

Sun 6 Sutra 242

Simha Rasi: 13.28 Tithi 22

755476575

Gulika 10:33AM - 11:41AM
Yama 8:18AM - 9:26AM
Rahu 1:56PM - 3:04PM

Purvaphalguni Until 8:02AM Fri
Vishkambha* Until 7:55AM
Visti Until 1:14PM
Saptami Until 2:08AM Fri

Ganesha: Clear Sunrise: 8:18AM
Muruqa: Clear Sunset: 5:19PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 - 6
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Almaty, Kazakhstan

Sun 7 Sutra 243

Simha Rasi: 25.37 Tithi 23

755476575

Gulika 9:26AM - 10:34AM
Yama 3:04PM - 4:12PM
Rahu 11:42AM - 12:49PM

Purvaphalguni Until 8:02AM
Priti Until 8:13AM
Balava Until 2:57PM
Ashtami* Until 3:33AM Sat

Ganesha: Clear Sunrise: 8:19AM
Muruqa: Clear Sunset: 5:19PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Subhakrit 5124
Moon 12 - Phase 33 - 7
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Almaty, Kazakhstan

Sun 8 Sutra 244

Kanya Rasi: 8 Tithi 24

855476575

Gulika 8:20AM - 9:27AM
Yama 1:57PM - 3:05PM
Rahu 10:35AM - 11:42AM

Uttaraphalguni Until 9:38AM
Ayushman Until 8:02AM
Taitila Until 4:01PM
Navami* Until 4:14AM Sun

Ganesha: White Sunrise: 8:20AM
Muruqa: Clear Sunset: 5:20PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Subhakrit 5124
Moon 12 - Phase 33 - 8
Navami

Devaloka Day

Routine Work Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, as is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1		Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla/Chitra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vistli* Karana Dashamyam Titau			Almaty, Kazakhstan Sun 9 Sutra 245 Subhakrit 5124	
Kanya Rasi: 20.43	Tithi 25	Gulika	3:05PM – 4:13PM	Hasta	Until 10:49AM	Ganesha: Clear	<i>Sunrise:</i> 8:20AM	
		Yama	12:50PM – 1:58PM	Saubhagya	Until 7:17AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 12 - Phase 34 - 9
		865476575 Rahu	4:13PM – 5:20PM	Vanija	Until 4:17PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Dashami	Until 4:05AM Mon	Moon – Green		Sivaloka Day
Until 10:49AM						Margasira*Markali		
Then Creative Work - Siddha Yoga								

2		Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau			Almaty, Kazakhstan Sun 10 Sutra 246 Subhakrit 5124	
Tula Rasi: 3.51	Tithi 26	Gulika	1:58PM – 3:05PM	Chitra	Until 11:01AM	Ganesha: Clear	<i>Sunrise:</i> 8:21AM	
Family Home Evening		Yama	11:43AM – 12:51PM	Athiganda*	Until 3:49AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 12 - Phase 34 - 10
Routine Work	Prabalarishta Yoga	865476575 Rahu	9:28AM – 10:36AM	Bava	Until 3:42PM	Nataraja: Purple		2nd Phase
Until 11:01AM				Ekadashi*	Until 3:04AM Tue	Moon – Green		Sivaloka Day
Then Creative Work - Amrita Yoga						Margasira*Markali		

3		Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau			Almaty, Kazakhstan Sun 11 Sutra 247 Subhakrit 5124	
Tula Rasi: 17.26	Tithi 27	Gulika	12:51PM – 1:59PM	Svati	Until 10:15AM	Ganesha: Clear	<i>Sunrise:</i> 8:21AM	
		Yama	10:36AM – 11:44AM	Sukarma	Until 1:07AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 12 - Phase 34 - 11
		865476575 Rahu	3:06PM – 4:13PM	Kaulava	Until 2:17PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Dvadashi*	Until 1:15AM Wed	Moon – Green		Sivaloka Day
Until 10:15AM						Margasira*Markali		
Then Routine Work - Marana Yoga								

4		Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau			Almaty, Kazakhstan Sun 12 Sutra 248 Subhakrit 5124	
Vrischika Rasi: 1.31	Tithi 28	Gulika	11:44AM – 12:52PM	Vishakha	Until 9:01AM	Ganesha: Purple	<i>Sunrise:</i> 8:22AM	
		Yama	9:29AM – 10:37AM	Dhriti	Until 9:52PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 12 - Phase 34 - 12
		875476575 Rahu	12:52PM – 1:59PM	Gara	Until 12:06PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Trayodashi*	Until 10:45PM	Moon – Orange		Devaloka Day
						Margasira*Markali		
				Day 1 of Pancha Ganapati				
								<i>Pradosha Vrata (Fasting)</i>

5		Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Almaty, Kazakhstan Sun 13 Sutra 249 Subhakrit 5124	
Vrischika Rasi: 16.02	Tithi 29	Gulika	10:37AM – 11:45AM	Anuradha	Until 7:00AM	Ganesha: Clear	<i>Sunrise:</i> 8:22AM	
		Yama	8:22AM – 9:30AM	Shula*	Until 6:09PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 12 - Phase 34 - 13
		876476575 Rahu	2:00PM – 3:07PM	Visti	Until 9:18AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi*	Until 7:42PM	Moon – Orange		Sivaloka Day
Until 7:00AM						Margasira*Markali		
Then Routine Work - Prabalarishta Yoga				Day 2 of Pancha Ganapati				

Retreat Star		Friday, December 23, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau			Almaty, Kazakhstan Sun 14 Sutra 250 Subhakrit 5124	
Dhanus Rasi: 0.56	Tithi 30 – 1	Gulika	9:30AM – 10:38AM	Mula*	Until 1:42AM Sat	Ganesha: Orange	<i>Sunrise:</i> 8:23AM	
		Yama	3:07PM – 4:15PM	Ganda*	Until 2:08PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 12 - Phase 34 - 14
		886476575 Rahu	11:45AM – 12:53PM	Catuspada	Until 6:02AM	Nataraja: Purple		Amavasya
Creative Work	Amrita Yoga			Amavasya*	Until 4:16PM	Moon – Light Blue		Sivaloka Day
Until 1:42AM Sat						Margasira*Markali		
Then Creative Work - Siddha Yoga				Day 3 of Pancha Ganapati				

Retreat Star		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Almaty, Kazakhstan Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 16.02	Tithi 1 – 2	Gulika	8:23AM – 9:31AM	Purvashadha*	Until 10:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:23AM	
		Yama	2:01PM – 3:08PM	Vridhi	Until 9:56AM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 12 - Phase 34 - 15
		886476575 Rahu	10:38AM – 11:46AM	Balava	Until 10:49PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga			Prathama*	Until 12:38PM	Moon – Light Blue		Sivaloka Day
Until 10:46PM						Pausha*Markali		
Then Routine Work - Marana Yoga				Day 4 of Pancha Ganapati				

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau		Almaty, Kazakhstan Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 1.14	Tithi 2 - 3	Gulika 3:09PM - 4:16PM	Uttarashadha Until 7:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:24AM	Muruqa: Purple	<i>Sunset:</i> 5:23PM
		Yama 12:54PM - 2:01PM	Vyaghata* Until 1:30AM Mon	Nataraja: Purple			Moon 12 - Phase 35 - 16
		886486575 Rahu 4:16PM - 5:23PM	Taitila Until 7:11PM	Moon - Light Blue			3rd Phase
Creative Work	Amrita Yoga		Day 5 of Pancha Ganapati	Dvitiya Until 8:58AM		Pausha-Markali	Subha Sivaloka Day

2		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visli* Karana Chaturtham Titau		Almaty, Kazakhstan Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 16.19	Tithi 4	Gulika 2:02PM - 3:09PM	Shravana Until 5:15PM	Ganesha: Clear	<i>Sunrise:</i> 8:24AM	Muruqa: Purple	<i>Sunset:</i> 5:24PM
Family Home Evening		Yama 11:47AM - 12:54PM	Harshana Until 9:35PM	Nataraja: Clear			Moon 12 - Phase 35 - 17
Creative Work	Amrita Yoga	896486576 Rahu 9:32AM - 10:39AM	Vanija Until 3:48PM	Moon - Purple			3rd Phase
Until 5:15PM			Chaturthi* Until 2:13AM Tue	Pausha-Markali			Sivaloka Day
Then Creative Work - Siddha Yoga							

3		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Almaty, Kazakhstan Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 1.1	Tithi 5	Gulika 12:55PM - 2:02PM	Dhanishtha Until 3:00PM	Ganesha: Clear	<i>Sunrise:</i> 8:25AM	Muruqa: Purple	<i>Sunset:</i> 5:25PM
		Yama 10:40AM - 11:47AM	Vajra* Until 5:58PM	Nataraja: Clear			Moon 12 - Phase 35 - 18
		896486576 Rahu 3:10PM - 4:17PM	Bava Until 12:47PM	Moon - Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 11:27PM	Pausha-Markali			Sivaloka Day
Until 3:00PM							
Then Routine Work - Marana Yoga							

4		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashtham Titau		Almaty, Kazakhstan Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 15.4	Tithi 6	Gulika 11:48AM - 12:55PM	Shatabhishak Until 1:08PM	Ganesha: Clear	<i>Sunrise:</i> 8:25AM	Muruqa: Purple	<i>Sunset:</i> 5:25PM
		Yama 9:32AM - 10:40AM	Siddhi Until 2:50PM	Nataraja: Clear			Moon 12 - Phase 35 - 19
		896486576 Rahu 12:55PM - 2:03PM	Kaulava Until 10:18AM	Moon - Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:16PM	Pausha-Markali			Sivaloka Day
Until 1:08PM							
Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends					

5		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau		Almaty, Kazakhstan Sun 20 Sutra 256 Subhakrit 5124	
Kumbha Rasi: 29.45	Tithi 7	Gulika 10:40AM - 11:48AM	Purvaproshtapada* Until 12:12PM	Ganesha: Blue	<i>Sunrise:</i> 8:25AM	Muruqa: Purple	<i>Sunset:</i> 5:26PM
		Yama 8:25AM - 9:33AM	Vyatipata* Until 12:14PM	Nataraja: Clear			Moon 12 - Phase 35 - 20
		817486576 Rahu 2:03PM - 3:11PM	Gara Until 8:27AM	Moon - Clear			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:47PM	Pausha-Markali			Devaloka Day

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Ashtamyam Titau		Almaty, Kazakhstan Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 13.23	Tithi 8	Gulika 9:33AM - 10:41AM	Uttaraproshtapada Until 11:51AM	Ganesha: Blue	<i>Sunrise:</i> 8:25AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM
		Yama 3:12PM - 4:19PM	Variyan Until 10:11AM	Nataraja: Clear			Moon 12 - Phase 35 - 21
		817486576 Rahu 11:48AM - 12:56PM	Visli Until 7:20AM	Moon - Clear			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:02PM	Pausha-Markali			Devaloka Day

Retreat Star		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Almaty, Kazakhstan Sun 22 Sutra 258 Subhakrit 5124	
Meena Rasi: 26.37	Tithi 9	Gulika 8:25AM - 9:33AM	Revati Until 12:04PM	Ganesha: Blue	<i>Sunrise:</i> 8:25AM	Muruqa: Purple	<i>Sunset:</i> 5:28PM
		Yama 2:04PM - 3:12PM	Parigha* Until 8:44AM	Nataraja: Clear			Moon 12 - Phase 35 - 22
		817486576 Rahu 10:41AM - 11:49AM	Balava Until 6:57AM	Moon - Clear			Navami
Routine Work	Prabalarishta Yoga		Navami* Until 7:01PM	Pausha-Markali			Devaloka Day
Until 12:04PM							
Then Creative Work - Siddha Yoga							

1 Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Almaty, Kazakhstan Sun 23 Sutra 259 Subhakrit 5124
Mesha Rasi: 9.29	Tithi 10	Gulika 3:13PM – 4:21PM	Ashvini Until 1:16PM	Ganesha: Yellow <i>Sunrise:</i> 8:26AM	
		Yama 12:57PM – 2:05PM	Shiva Until 7:51AM	Muruqa: Purple <i>Sunset:</i> 5:29PM	Moon 12 - Phase 36 - 23
	827486576	Rahu 4:21PM – 5:29PM	Taitila Until 7:17AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:41PM	Moon – White	Sivaloka Day
Until 1:16PM				Pausha-Markali	
Then Routine Work - Prabalarishta Yoga					

2 Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Almaty, Kazakhstan Sun 24 Sutra 260 Subhakrit 5124
Mesha Rasi: 22.04	Tithi 11	Gulika 2:06PM – 3:14PM	Bharani Until 2:53PM	Ganesha: Yellow <i>Sunrise:</i> 8:26AM	
Family Home Evening		Yama 11:50AM – 12:58PM	Siddha Until 7:24AM	Muruqa: Purple <i>Sunset:</i> 5:29PM	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga	827486576 Rahu 9:34AM – 10:42AM	Vanija Until 8:16AM	Nataraja: Clear	4th Phase
Until 2:53PM		Vaikuntha Ekadasi	Ekadashi Until 8:55PM	Moon – White	Sivaloka Day
Then Routine Work - Marana Yoga					

3 Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvodashyam Titau			Almaty, Kazakhstan Sun 25 Sutra 261 Subhakrit 5124
Vrishabha Rasi: 4.25	Tithi 12	Gulika 12:58PM – 2:06PM	Krittika Until 4:47PM	Ganesha: Yellow <i>Sunrise:</i> 8:26AM	
		Yama 10:42AM – 11:50AM	Sadhya Until 7:22AM	Muruqa: Purple <i>Sunset:</i> 5:30PM	Moon 12 - Phase 36 - 25
	827486576	Rahu 3:14PM – 4:22PM	Bava Until 9:44AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:36PM	Moon – White	Sivaloka Day
Until 4:47PM				Pausha-Markali	
Then Creative Work - Amrita Yoga					

4 Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau			Almaty, Kazakhstan Sun 26 Sutra 262 Subhakrit 5124
Vrishabha Rasi: 16.35	Tithi 13	Gulika 11:50AM – 12:59PM	Rohini Until 7:21PM	Ganesha: White <i>Sunrise:</i> 8:26AM	
		Yama 9:34AM – 10:42AM	Subha Until 7:38AM	Muruqa: Purple <i>Sunset:</i> 5:31PM	Moon 12 - Phase 36 - 26
	838586576	Rahu 12:59PM – 2:07PM	Kaulava Until 11:35AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:36AM Thu	Moon – Yellow	Devaloka Day
<i>Pradosha Vrata</i>					

5 Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau			Almaty, Kazakhstan Sun 27 Sutra 263 Subhakrit 5124
Vrishabha Rasi: 28.4	Tithi 14	Gulika 10:42AM – 11:51AM	Mrigashira Until 9:59PM	Ganesha: White <i>Sunrise:</i> 8:26AM	
		Yama 8:26AM – 9:34AM	Sukla Until 8:05AM	Muruqa: Purple <i>Sunset:</i> 5:32PM	Moon 12 - Phase 36 - 27
	838586576	Rahu 2:07PM – 3:16PM	Gara Until 1:43PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 2:50AM Fri	Moon – Yellow	Devaloka Day
Subramuniyaswami Jayanti					

Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau			Almaty, Kazakhstan Sutra 264 Subhakrit 5124
Copper Retreat Star		Gulika 9:34AM – 10:43AM	Ardra Until 12:36AM Sat	Ganesha: White <i>Sunrise:</i> 8:26AM	
Mithuna Rasi: 10.39	Tithi 15	Yama 3:16PM – 4:25PM	Brahma Until 8:42AM	Muruqa: Purple <i>Sunset:</i> 5:33PM	Moon 12 - Phase 36 - Purnima
	838586576	Rahu 11:51AM – 12:59PM	Visti* Until 4:01PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Purnima* Until 5:12AM Sat	Moon – Yellow	Devaloka Day
Ardra Darshanam					

Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava Karana Prathamayam Titau			Almaty, Kazakhstan Sutra 265 Subhakrit 5124
Silver Retreat Star		Gulika 8:26AM – 9:34AM	Punarvasu Until 3:38AM Sun	Ganesha: Clear <i>Sunrise:</i> 8:26AM	
Mithuna Rasi: 22.35	Tithi 16	Yama 2:08PM – 3:17PM	Indra Until 9:25AM	Muruqa: Purple <i>Sunset:</i> 5:34PM	Moon 12 - Phase 36 - Prathama
	848586576	Rahu 10:43AM – 11:51AM	Balava Until 6:26PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 7:39AM Sun	Moon – Blue	Sivaloka Day
Pausha-Markali					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 4.29 Tithi 16 – 17

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 3:18PM – 4:27PM
Yama 1:00PM – 2:09PM
Rahu 4:27PM – 5:35PM

Pushya Until 6:33AM
Vaidhriti* Until 10:10AM
Taitila Until 8:55PM
Prathama* Until 7:39AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sunrise: 8:25AM
Sunset: 5:35PM

Almaty, Kazakhstan
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 -
1st Phase

Sivaloka Day

1

Monday, January 9, 2023

Kataka Rasi: 16.23 Tithi 17 – 18

Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Magha* Nakshatra Vishkambha* Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:10PM – 3:19PM
Yama 11:52AM – 1:01PM
Rahu 9:34AM – 10:43AM

Pushya Until 6:33AM
Vishkambha* Until 10:57AM
Vanija Until 11:25PM
Dvitiya Until 10:09AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sunrise: 8:25AM
Sunset: 5:36PM

Almaty, Kazakhstan
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase

Sivaloka Day

2

Tuesday, January 10, 2023

Kataka Rasi: 28.17 Tithi 18 – 19

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Magha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:01PM – 2:10PM
Yama 10:43AM – 11:52AM
Rahu 3:19PM – 4:28PM

Ashlesha* Until 9:17AM
Priti Until 11:45AM
Bava Until 1:51AM Wed
Tritiya Until 12:37PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sunrise: 8:25AM
Sunset: 5:37PM

Almaty, Kazakhstan
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase

Sivaloka Day

3

Wednesday, January 11, 2023

Simha Rasi: 10.12 Tithi 19 – 20

Creative Work Siddha Yoga
Until 12:16PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:52AM – 1:02PM
Yama 9:34AM – 10:43AM
Rahu 1:02PM – 2:11PM

Magha* Until 12:16PM
Ayushman Until 12:26PM
Kaulava Until 4:07AM Thu
Chaturthi* Until 2:59PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Red
Pausha-Markali

Sunrise: 8:25AM
Sunset: 5:39PM

Almaty, Kazakhstan
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase

Sivaloka Day

4

Thursday, January 12, 2023

Simha Rasi: 22.12 Tithi 20 – 21

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:43AM – 11:53AM
Yama 8:24AM – 9:34AM
Rahu 2:11PM – 3:21PM

Purvaphalguni Until 2:51PM
Saubhagya Until 12:58PM
Gara Until 6:03AM Fri
Panchami Until 5:07PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Red
Pausha-Markali

Sunrise: 8:24AM
Sunset: 5:40PM

Almaty, Kazakhstan
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase

Sivaloka Day

5

Friday, January 13, 2023

Kanya Rasi: 4.19 Tithi 21

Creative Work Siddha Yoga
Until 4:55PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:34AM – 10:43AM
Yama 3:22PM – 4:31PM
Rahu 11:53AM – 1:02PM

Uttaraphalguni Until 4:55PM
Sobhana Until 1:13PM
Gara Until 6:03AM
Shashthi* Until 6:50PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Red
Pausha-Markali

Sunrise: 8:24AM
Sunset: 5:41PM

Almaty, Kazakhstan
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase

Sivaloka Day

6

Saturday, January 14, 2023

Kanya Rasi: 16.39 Tithi 22

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:24AM – 9:33AM
Yama 2:13PM – 3:22PM
Rahu 10:43AM – 11:53AM

Hasta Until 6:46PM
Athiganda* Until 1:03PM
Visti Until 7:30AM
Saptami Until 7:58PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – Green
Pausha-Thai

Sunrise: 8:24AM
Sunset: 5:42PM

Almaty, Kazakhstan
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase

Subha Sivaloka Day

Thai Pongal

D

Sunday, January 15, 2023

Retreat Star

Kanya Rasi: 29.16 Tithi 23

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:23PM – 4:33PM
Yama 1:03PM – 2:13PM
Rahu 4:33PM – 5:43PM

Chitra Until 7:45PM
Sukarma Until 12:21PM
Balava Until 8:17AM
Ashtami* Until 8:21PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – Green
Pausha-Thai

Sunrise: 8:23AM
Sunset: 5:43PM

Almaty, Kazakhstan
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7
Ashtami

Subha Sivaloka Day

Monday, January 16, 2023

Retreat Star

Tula Rasi: 12.16 Tithi 24

Family Home Evening
Creative Work Amrita Yoga
Until 7:46PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:14PM – 3:24PM
Yama 11:53AM – 1:04PM
Rahu 9:33AM – 10:43AM

Svati Until 7:46PM
Dhriti Until 11:03AM
Taitila Until 8:15AM
Navami* Until 7:54PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – Green
Pausha-Thai

Sunrise: 8:23AM
Sunset: 5:44PM

Almaty, Kazakhstan
Sun 8 Sutra 274
Subhakrit 5124
Moon 1 - Phase 37 - 8
Navami

Subha Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

www.gurudeva.org/panchang


1	Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Almaty, Kazakhstan Sun 9 Sutra 275 Subhakrit 5124
	Tula Rasi: 25.41	Tithi 25	Gulika 1:04PM – 2:14PM	Vishakha Until 7:15PM	Ganesha: Yellow	<i>Sunrise:</i> 8:22AM	
			Yama 10:43AM – 11:53AM	Shula* Until 9:03AM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 1 - Phase 38 - 9
	879586576	Rahu 3:25PM – 4:35PM	Vanija Until 7:23AM	Nataraja: Clear	Moon – Orange		2nd Phase
	Routine Work Marana Yoga Until 7:15PM Then Creative Work - Siddha Yoga		Dashami Until 6:36PM	Pausha*Thai	Sivaloka Day		

2	Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Almaty, Kazakhstan Sun 10 Sutra 276 Subhakrit 5124
	Vrischika Rasi: 9.37	Tithi 26 – 27	Gulika 11:54AM – 1:04PM	Anuradha Until 5:48PM	Ganesha: Yellow	<i>Sunrise:</i> 8:22AM	
			Yama 9:32AM – 10:43AM	Ganda* Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 1 - Phase 38 - 10
	879586576	Rahu 1:04PM – 2:15PM	Kaulava Until 3:13AM Thu	Nataraja: Clear	Moon – Orange		2nd Phase
	Creative Work Siddha Yoga		Ekadashi* Until 4:30PM	Pausha*Thai	Sivaloka Day		

3	Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Almaty, Kazakhstan Sun 11 Sutra 277 Subhakrit 5124
	Vrischika Rasi: 24.02	Tithi 27 – 28	Gulika 10:43AM – 11:54AM	Jyeshtha* Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 8:21AM	
			Yama 8:21AM – 9:32AM	Dhruva Until 11:26PM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Moon 1 - Phase 38 - 11
	871586576	Rahu 2:15PM – 3:26PM	Gara Until 12:09AM Fri	Nataraja: Clear	Moon – Orange		2nd Phase
	Routine Work Prabalarishta Yoga Until 3:33PM Then Creative Work - Siddha Yoga		Dvadashi* Until 1:44PM	Pausha*Thai	Sivaloka Day		

Pradosha Vrata (Fasting)

4	Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Almaty, Kazakhstan Sun 12 Sutra 278 Subhakrit 5124
	Dhanus Rasi: 8.53	Tithi 28 – 29	Gulika 9:32AM – 10:43AM	Mula* Until 1:04PM	Ganesha: Red	<i>Sunrise:</i> 8:20AM	
			Yama 3:27PM – 4:38PM	Vyaghata* Until 7:20PM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 38 - 12
	881586576	Rahu 11:54AM – 1:05PM	Visti Until 8:38PM	Nataraja: Clear	Moon – Light Blue		2nd Phase
	Creative Work Amrita Yoga Until 1:04PM Then Routine Work - Prabalarishta Yoga		Trayodashi* Until 10:25AM	Pausha*Thai	Sivaloka Day		

	Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Almaty, Kazakhstan Sun 13 Sutra 279 Subhakrit 5124
	Retreat Star		Gulika 8:20AM – 9:31AM	Purvashadha* Until 10:06AM	Ganesha: Red	<i>Sunrise:</i> 8:20AM	
	Dhanus Rasi: 24.02	Tithi 29 – 30	Yama 2:16PM – 3:28PM	Harshana Until 3:01PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 1 - Phase 38 - 13
	881586576	Rahu 10:42AM – 11:54AM	Naga Until 2:53AM Sun	Nataraja: Clear	Moon – Light Blue		Amavasya
	Creative Work Siddha Yoga Until 10:06AM Then Routine Work - Marana Yoga		Chaturdashi* Until 6:44AM	Pausha*Thai	Sivaloka Day		

	Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Almaty, Kazakhstan Sun 14 Sutra 280 Subhakrit 5124
	Retreat Star		Gulika 3:29PM – 4:40PM	Uttarashadha Until 6:51AM	Ganesha: Red	<i>Sunrise:</i> 8:19AM	
	Makara Rasi: 9.22	Tithi 1	Yama 1:05PM – 2:17PM	Vajra* Until 10:34AM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Moon 1 - Phase 38 - 14
	881586576	Rahu 4:40PM – 5:52PM	Kintughna Until 12:57PM	Nataraja: Clear	Moon – Light Blue		Prathama
	Creative Work Amrita Yoga		Prathama* Until 11:01PM	Magha*Thai	Sivaloka Day		

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Almaty, Kazakhstan Sun 15 Sutra 281 Subhakrit 5124
	Makara Rasi: 24.4 Family Home Evening Creative Work Siddha Yoga Until 1:00AM Tue Then Routine Work - Marana Yoga	Tithi 2 891586576	Gulika 2:18PM – 3:29PM Yama 11:54AM – 1:06PM Rahu 9:30AM – 10:42AM	Dhanishtha Until 1:00AM Tue Siddhi Until 6:11AM Balava Until 9:09AM Dvitiya Until 7:19PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Purple Magha*Thai	Sunrise: 8:18AM Sunset: 5:53PM	Moon 1 - Phase 39 - 15 3rd Phase Sivaloka Day

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Almaty, Kazakhstan Sun 16 Sutra 282 Subhakrit 5124
	Kumbha Rasi: 9.46 Routine Work Marana Yoga	Tithi 3 – 4 891586576	Gulika 1:06PM – 2:18PM Yama 10:42AM – 11:54AM Rahu 3:30PM – 4:42PM	Shatabhishak Until 10:24PM Variyan Until 10:09PM Vanija Until 2:31AM Wed Tritiya Until 3:59PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Purple Magha*Thai	Sunrise: 8:18AM Sunset: 5:54PM	Moon 1 - Phase 39 - 16 3rd Phase Sivaloka Day

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chalurthi/Panchamyam Titau				Almaty, Kazakhstan Sun 17 Sutra 283 Subhakrit 5124
	Kumbha Rasi: 24.32 Creative Work Amrita Yoga Until 8:38PM Then Creative Work - Siddha Yoga	Tithi 4 – 5 911586576	Gulika 11:54AM – 1:06PM Yama 9:29AM – 10:41AM Rahu 1:06PM – 2:19PM	Purvaprossthapada* Until 8:38PM Parigha* Until 6:46PM Bava Until 12:01AM Thu Chaturthi* Until 1:09PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Magha*Thai	Sunrise: 8:17AM Sunset: 5:56PM	Moon 1 - Phase 39 - 17 3rd Phase Subha Sivaloka Day

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Almaty, Kazakhstan Sun 18 Sutra 284 Subhakrit 5124
	Meena Rasi: 8.51 Creative Work Siddha Yoga	Tithi 5 – 6 911586576	Gulika 10:41AM – 11:54AM Yama 8:16AM – 9:29AM Rahu 2:19PM – 3:32PM	Uttaraprossthapada Until 7:26PM Shiva Until 3:59PM Kaulava Until 10:15PM Panchami Until 11:01AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Magha*Thai	Sunrise: 8:16AM Sunset: 5:57PM	Moon 1 - Phase 39 - 18 3rd Phase Subha Sivaloka Day

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Almaty, Kazakhstan Sun 19 Sutra 285 Subhakrit 5124
	Meena Rasi: 22.4 Creative Work Siddha Yoga Until 6:55PM Then Creative Work - Amrita Yoga	Tithi 6 – 7 911586576	Gulika 9:28AM – 10:41AM Yama 3:32PM – 4:45PM Rahu 11:54AM – 1:07PM	Revati Until 6:55PM Siddha Until 1:48PM Gara Until 9:20PM Shashthi* Until 9:40AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Magha*Thai	Sunrise: 8:15AM Sunset: 5:58PM	Moon 1 - Phase 39 - 19 3rd Phase Subha Sivaloka Day

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Almaty, Kazakhstan Sun 20 Sutra 286 Subhakrit 5124
	Mesha Rasi: 6 Creative Work Siddha Yoga	Tithi 7 – 8 921586576	Gulika 8:14AM – 9:27AM Yama 2:20PM – 3:33PM Rahu 10:40AM – 11:54AM	Ashvini Until 7:32PM Sadhya Until 12:20PM Visti Until 9:18PM Saptami Until 9:11AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha*Thai	Sunrise: 8:14AM Sunset: 6:00PM	Moon 1 - Phase 39 - 20 Ashtami Sivaloka Day

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Almaty, Kazakhstan Sun 21 Sutra 287 Subhakrit 5124
	Mesha Rasi: 18.53 Routine Work Prabalarishta Yoga Until 8:48PM Then Creative Work - Siddha Yoga	Tithi 8 – 9 922686576	Gulika 3:34PM – 4:47PM Yama 1:07PM – 2:21PM Rahu 4:47PM – 6:01PM	Bharani Until 8:48PM Subha Until 11:31AM Balava Until 10:04PM Ashtami* Until 9:34AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha*Thai	Sunrise: 8:13AM Sunset: 6:01PM	Moon 1 - Phase 39 - 21 Navami Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Almaty, Kazakhstan Sun 22 Sutra 288 Subhakarit 5124	
1		Gulika 2:21PM – 3:35PM	Krittika Until 10:35PM	Ganesha: Yellow <i>Sunrise:</i> 8:12AM	
Virshabha Rasi: 1.25	Tithi 9 – 10	Yama 11:53AM – 1:07PM	Sukla Until 11:16AM	Muruqa: Purple <i>Sunset:</i> 6:02PM	Moon 1 - Phase 40 - 22
Family Home Evening	922686576	Rahu 9:26AM – 10:40AM	Taitila Until 11:32PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Navami* Until 10:42AM	Moon – White	Sivaloka Day
Until 10:35PM				Magha-Thai	
Then Creative Work - Amrita Yoga					

Tuesday, January 31, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Almaty, Kazakhstan Sun 23 Sutra 289 Subhakarit 5124	
2		Gulika 1:07PM – 2:21PM	Rohini Until 1:11AM Wed	Ganesha: White <i>Sunrise:</i> 8:11AM	
Virshabha Rasi: 13.4	Tithi 10 – 11	Yama 10:39AM – 11:53AM	Brahma Until 11:28AM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 1 - Phase 40 - 23
	932686576	Rahu 3:35PM – 4:50PM	Vanija Until 1:31AM Wed	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga		Dashami Until 12:27PM	Moon – Yellow	Subha Sivaloka Day
Until 1:11AM Wed				Magha-Thai	
Then Creative Work - Siddha Yoga					

Wednesday, February 1, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Almaty, Kazakhstan Sun 24 Sutra 290 Subhakarit 5124	
3		Gulika 11:53AM – 1:07PM	Mrigashira Until 3:56AM Thu	Ganesha: White <i>Sunrise:</i> 8:11AM	
Virshabha Rasi: 25.44	Tithi 11 – 12	Yama 9:25AM – 10:39AM	Indra Until 12:01PM	Muruqa: Purple <i>Sunset:</i> 6:04PM	Moon 1 - Phase 40 - 24
	932686576	Rahu 1:07PM – 2:21PM	Bava Until 3:50AM Thu	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 2:37PM	Moon – Yellow	Subha Sivaloka Day
Until 3:56AM Thu				Magha-Thai	
Then Routine Work - Marana Yoga					

Thursday, February 2, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Almaty, Kazakhstan Sun 25 Sutra 291 Subhakarit 5124	
4		Gulika 10:39AM – 11:53AM	Ardra Until 6:40AM Fri	Ganesha: White <i>Sunrise:</i> 8:10AM	
Mithuna Rasi: 7.41	Tithi 12 – 13	Yama 8:10AM – 9:25AM	Vaidhriti* Until 12:43PM	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 1 - Phase 40 - 25
	932686576	Rahu 2:22PM – 3:36PM	Kaulava Until 6:18AM Fri	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Dvadashi Until 5:02PM	Moon – Yellow	Subha Sivaloka Day
Until 6:40AM Fri				Magha-Thai	
Then Creative Work - Siddha Yoga					
			<i>Pradosha Vrata</i>		

Friday, February 3, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Almaty, Kazakhstan Sun 26 Sutra 292 Subhakarit 5124	
5		Gulika 9:24AM – 10:38AM	Ardra Until 6:40AM	Ganesha: White <i>Sunrise:</i> 8:09AM	
Mithuna Rasi: 19.34	Tithi 13	Yama 3:37PM – 4:52PM	Vishkambha* Until 1:32PM	Muruqa: Purple <i>Sunset:</i> 6:06PM	Moon 1 - Phase 40 - 26
	932686576	Rahu 11:53AM – 1:08PM	Kaulava Until 6:18AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:32PM	Moon – Yellow	Subha Sivaloka Day
				Magha-Thai	

Saturday, February 4, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Almaty, Kazakhstan Sun 27 Sutra 293 Subhakarit 5124	
6		Gulika 8:08AM – 9:23AM	Punarvasu Until 9:47AM	Ganesha: Clear <i>Sunrise:</i> 8:08AM	
Kataka Rasi: 1.27	Tithi 14	Yama 2:23PM – 3:38PM	Priti Until 2:22PM	Muruqa: Purple <i>Sunset:</i> 6:08PM	Moon 1 - Phase 40 - 27
	942686577	Rahu 10:38AM – 11:53AM	Gara Until 8:49AM	Nataraja: Orange	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:02PM	Moon – Blue	Sivaloka Day
		Thai Pusam		Magha-Thai	

Sunday, February 5, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Almaty, Kazakhstan Sutra 294 Subhakarit 5124	
○		Gulika 3:38PM – 4:54PM	Pushya Until 12:41PM	Ganesha: Clear <i>Sunrise:</i> 8:07AM	
Kataka Rasi: 13.2	Tithi 15	Yama 1:08PM – 2:23PM	Ayushman Until 3:08PM	Muruqa: Purple <i>Sunset:</i> 6:09PM	Moon 1 - Phase 40 -
	942686577	Rahu 4:54PM – 6:09PM	Visti Until 11:17AM	Nataraja: Orange	Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:27AM Mon	Moon – Blue	Sivaloka Day
				Magha-Thai	

Monday, February 6, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Almaty, Kazakhstan Sutra 295 Subhakarit 5124	
○		Gulika 2:24PM – 3:39PM	Ashlesha* Until 3:19PM	Ganesha: Clear <i>Sunrise:</i> 8:06AM	
Kataka Rasi: 25.16	Tithi 16	Yama 11:52AM – 1:08PM	Saubhagya Until 3:50PM	Muruqa: Purple <i>Sunset:</i> 6:10PM	Moon 1 - Phase 40 -
	942686577	Rahu 9:21AM – 10:37AM	Balava Until 1:39PM	Nataraja: Orange	Prathama
Family Home Evening			Prathama* Until 2:46AM Tue	Moon – Blue	Sivaloka Day
Creative Work	Siddha Yoga			Magha-Thai	
Until 3:19PM					
Then Routine Work - Marana Yoga					



Tuesday, February 7, 2023
Gold Retreat Star

Simha Rasi: 7.14 Tithi 17
952686577
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 1:08PM – 2:24PM
Yama 10:36AM – 11:52AM
Rahu 3:40PM – 4:56PM
Magha* Until 6:10PM
Sobhana Until 4:27PM
Tailila Until 3:54PM
Dvitiya Until 4:55AM Wed

Ganesha: Purple *Sunrise: 8:05AM*
Muruqa: Purple *Sunset: 6:12PM*
Nataraja: Orange
Moon – Red
Magha*Thai

Almaty, Kazakhstan
Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 -
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 19.16 Tithi 18
952686577
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:52AM – 1:08PM
Yama 9:20AM – 10:36AM
Rahu 1:08PM – 2:24PM
Purvaphalguni Until 8:40PM
Athiganda* Until 4:54PM
Vanija Until 5:57PM
Tritiya Until 6:52AM Thu

Ganesha: Purple *Sunrise: 8:03AM*
Muruqa: Purple *Sunset: 6:13PM*
Nataraja: Orange
Moon – Red
Magha*Thai

Almaty, Kazakhstan
Sun 1 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 1.23 Tithi 18 – 19
952686577
Amrita Yoga
Until 10:45PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 10:35AM – 11:52AM
Yama 8:02AM – 9:19AM
Rahu 2:25PM – 3:41PM
Uttaraphalguni Until 10:45PM
Sukarma Until 5:11PM
Bava Until 7:44PM
Tritiya Until 6:52AM

Ganesha: Purple *Sunrise: 8:02AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Orange
Moon – Red
Magha*Thai

Almaty, Kazakhstan
Sun 2 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 13.37 Tithi 19 – 20
962686577
Creative Work Amrita Yoga
Until 12:48AM Sat
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:18AM – 10:35AM
Yama 3:42PM – 4:59PM
Rahu 11:51AM – 1:08PM
Hasta Until 12:48AM Sat
Dhriti Until 5:13PM
Kaulava Until 9:11PM
Chaturthi* Until 8:29AM

Ganesha: Clear *Sunrise: 8:01AM*
Muruqa: Purple *Sunset: 6:16PM*
Nataraja: Orange
Moon – Green
Magha*Thai

Almaty, Kazakhstan
Sun 3 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 26.02 Tithi 20 – 21
963686577
Routine Work Marana Yoga
Until 2:13AM Sun
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:00AM – 9:17AM
Yama 2:25PM – 3:43PM
Rahu 10:34AM – 11:51AM
Chitra Until 2:13AM Sun
Shula* Until 4:52PM
Gara Until 10:08PM
Panchami Until 9:42AM

Ganesha: Purple *Sunrise: 8:00AM*
Muruqa: Purple *Sunset: 6:17PM*
Nataraja: Orange
Moon – Green
Magha*Thai

Almaty, Kazakhstan
Sun 4 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 8.4 Tithi 21 – 22
963686577
Creative Work Siddha Yoga
Until 2:52AM Mon
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:43PM – 5:01PM
Yama 1:08PM – 2:26PM
Rahu 5:01PM – 6:18PM
Svati Until 2:52AM Mon
Ganda* Until 4:06PM
Visti* Until 10:29PM
Shashthi* Until 10:22AM

Ganesha: Purple *Sunrise: 7:58AM*
Muruqa: Purple *Sunset: 6:18PM*
Nataraja: Orange
Moon – Green
Magha*Thai

Almaty, Kazakhstan
Sun 5 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 21.37 Tithi 22 – 23
973686577
Family Home Evening
Routine Work Marana Yoga
Until 3:08AM Tue
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:26PM – 3:44PM
Yama 11:50AM – 1:08PM
Rahu 9:15AM – 10:33AM
Vishakha Until 3:08AM Tue
Vridhhi Until 2:49PM
Balava Until 10:07PM
Saptami Until 10:22AM

Ganesha: Clear *Sunrise: 7:57AM*
Muruqa: Purple *Sunset: 6:20PM*
Nataraja: Orange
Moon – Orange
Magha*Masi

Almaty, Kazakhstan
Sun 6 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 6
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 4.56 Tithi 23 – 24
973686577
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gulika 1:08PM – 2:26PM
Yama 10:32AM – 11:50AM
Rahu 3:45PM – 5:03PM
Anuradha Until 2:32AM Wed
Dhruva Until 12:56PM
Tailila Until 9:02PM
Ashtami* Until 9:39AM

Ganesha: Clear *Sunrise: 7:56AM*
Muruqa: Purple *Sunset: 6:21PM*
Nataraja: Orange
Moon – Orange
Magha*Masi

Almaty, Kazakhstan
Sun 7 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 7
Navami

Sivaloka Day

1	Wednesday, February 15, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Almaty, Kazakhstan Sun 8 Sutra 304 Subhakarit 5124	
	Wrischika Rasi: 18.4 Tithi 24 – 25 Creative Work Siddha Yoga	973686577	Gulika Yama Rahu	11:50AM – 1:08PM 9:13AM – 10:31AM 1:08PM – 2:27PM	Jyeshtha* Vyaghata* Vanija Navami*	Until 1:05AM Thu Until 10:29AM Until 7:13PM Until 8:11AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 7:54AM Sunset: 6:22PM Moon 2 - Phase 42 - 8 2nd Phase Sivaloka Day

2	Thursday, February 16, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Almaty, Kazakhstan Sun 9 Sutra 305 Subhakarit 5124	
	Dhanus Rasi: 2.5 Tithi 25 – 26 Creative Work Siddha Yoga	983686577	Gulika Yama Rahu	10:31AM – 11:49AM 7:53AM – 9:12AM 2:27PM – 3:46PM	Mula* Harshana Balava Dashami	Until 11:18PM Until 7:29AM Until 3:16AM Fri Until 6:02AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:53AM Sunset: 6:24PM Moon 2 - Phase 42 - 9 2nd Phase Devaloka Day

3	Friday, February 17, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Almaty, Kazakhstan Sun 10 Sutra 306 Subhakarit 5124	
	Dhanus Rasi: 17.26 Tithi 27 Routine Work Prabalarishta Yoga Until 8:53PM Then Routine Work - Marana Yoga	983686577	Gulika Yama Rahu	9:11AM – 10:30AM 3:47PM – 5:06PM 11:49AM – 1:08PM	Purvashadha* Siddhi Kaulava Dvadashi*	Until 8:53PM Until 12:08AM Sat Until 1:43PM Until 12:02AM Sat	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:51AM Sunset: 6:25PM Moon 2 - Phase 42 - 10 2nd Phase Devaloka Day

4	Saturday, February 18, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Almaty, Kazakhstan Sun 11 Sutra 307 Subhakarit 5124	
	Makara Rasi: 2.22 Tithi 28 Routine Work Marana Yoga Until 5:59PM Then Creative Work - Siddha Yoga	983686577	Gulika Yama Rahu	7:50AM – 9:10AM 2:28PM – 3:47PM 10:29AM – 11:49AM	Uttarashadha Vyatipata* Gara Trayodashi*	Until 5:59PM Until 8:01PM Until 10:19AM Until 8:29PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:50AM Sunset: 6:26PM Moon 2 - Phase 42 - 11 2nd Phase Devaloka Day

Pradosha Vrata (Fasting)

5	Sunday, February 19, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyani/Parigha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Almaty, Kazakhstan Sun 12 Sutra 308 Subhakarit 5124	
	Makara Rasi: 17.3 Tithi 29 – 30 Creative Work Amrita Yoga Until 3:11PM Then Routine Work - Marana Yoga	993686577	Gulika Yama Rahu	3:48PM – 5:08PM 1:08PM – 2:28PM 5:08PM – 6:28PM	Shravana Varyani Visti Chaturdashi*	Until 3:11PM Until 3:45PM Until 6:40AM Until 4:47PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 7:49AM Sunset: 6:28PM Moon 2 - Phase 42 - 12 2nd Phase Devaloka Day

●	Monday, February 20, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Almaty, Kazakhstan Sun 13 Sutra 309 Subhakarit 5124		
	Retreat Star	Kumbha Rasi: 2.42 Tithi 30 – 1 Family Home Evening Creative Work Siddha Yoga	993686577	Gulika Yama Rahu	2:28PM – 3:48PM 11:48AM – 1:08PM 9:07AM – 10:28AM	Dhanishtha Parigha* Kintughna Amavasya*	Until 12:16PM Until 11:31AM Until 11:21PM Until 1:07PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 7:47AM Sunset: 6:29PM Moon 2 - Phase 42 - 13 Amavasya Devaloka Day

●	Tuesday, February 21, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Almaty, Kazakhstan Sun 14 Sutra 310 Subhakarit 5124		
	Retreat Star	Kumbha Rasi: 17.47 Tithi 1 – 2 Routine Work Marana Yoga	993686577	Gulika Yama Rahu	1:08PM – 2:28PM 10:27AM – 11:47AM 3:49PM – 5:10PM	Shatabhishak Shiva Balava Prathama*	Until 9:23AM Until 7:27AM Until 8:02PM Until 9:38AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 7:46AM Sunset: 6:30PM Moon 2 - Phase 42 - 14 Prathama Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Gara Karana Dviliya/Trityayam Titau		Almaty, Kazakhstan Sun 15 Sutra 311 Subhakrit 5124	
Meena Rasi: 2.37	Tithi 2 - 3	913686577	Gulika Yama Rahu	11:47AM - 1:08PM 9:05AM - 10:26AM 1:08PM - 2:29PM	Purvaproshtapada* Until 7:10AM Sadhya Until 12:16AM Thu Gara Until 3:57AM Thu Dvitiya Until 6:31AM	Ganesha: Red Muruqa: Purple Nataraja: Orange Moon - Clear	Sunrise: 7:44AM Sunset: 6:32PM Moon 2 - Phase 43 - 15 3rd Phase
Creative Work Amrita Yoga Until 7:10AM Then Creative Work - Siddha Yoga						Sivaloka Day	
2		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthyam Titau		Almaty, Kazakhstan Sun 16 Sutra 312 Subhakrit 5124	
Meena Rasi: 17.02	Tithi 4	913786577	Gulika Yama Rahu	10:25AM - 11:46AM 7:43AM - 9:04AM 2:29PM - 3:50PM	Revati Until 4:05AM Fri Subha Until 9:27PM Vanija Until 2:57PM Chaturthi* Until 2:05AM Fri	Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon - Clear	Sunrise: 7:43AM Sunset: 6:33PM Moon 2 - Phase 43 - 16 3rd Phase
Creative Work Siddha Yoga Until 4:05AM Fri Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day				Subha Sivaloka Day	
3		Friday, February 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Almaty, Kazakhstan Sun 17 Sutra 313 Subhakrit 5124	
Mesha Rasi: 1	Tithi 5	923786577	Gulika Yama Rahu	9:03AM - 10:24AM 3:51PM - 5:12PM 11:46AM - 1:08PM	Ashvini Until 3:55AM Sat Sukla Until 7:15PM Bava Until 1:28PM Panchami Until 1:02AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - White	Sunrise: 7:41AM Sunset: 6:34PM Moon 2 - Phase 43 - 17 3rd Phase
Creative Work Amrita Yoga Until 3:55AM Sat Then Creative Work - Siddha Yoga						Sivaloka Day	
4		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau		Almaty, Kazakhstan Sun 18 Sutra 314 Subhakrit 5124	
Mesha Rasi: 14.28	Tithi 6	923786577	Gulika Yama Rahu	7:39AM - 9:01AM 2:29PM - 3:51PM 10:23AM - 11:45AM	Bharani Until 4:27AM Sun Brahma Until 5:44PM Kaulava Until 12:51PM Shashthi* Until 12:50AM Sun	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - White	Sunrise: 7:39AM Sunset: 6:35PM Moon 2 - Phase 43 - 18 3rd Phase
Creative Work Siddha Yoga						Sivaloka Day	
5		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau		Almaty, Kazakhstan Sun 19 Sutra 315 Subhakrit 5124	
Mesha Rasi: 27.29	Tithi 7	924786577	Gulika Yama Rahu	3:52PM - 5:14PM 1:07PM - 2:30PM 5:14PM - 6:37PM	Krittika Until 5:39AM Mon Indra Until 4:55PM Gara Until 1:05PM Saptami Until 1:30AM Mon	Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon - White	Sunrise: 7:38AM Sunset: 6:37PM Moon 2 - Phase 43 - 19 3rd Phase
Creative Work Siddha Yoga Until 5:39AM Mon Then Creative Work - Amrita Yoga						Devaloka Day	
Monday, February 27, 2023		Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau		Almaty, Kazakhstan Sun 20 Sutra 316 Subhakrit 5124	
Vrishabha Rasi: 10.05	Tithi 8	934786577	Gulika Yama Rahu	2:30PM - 3:53PM 11:44AM - 1:07PM 8:59AM - 10:22AM	Rohini Until 7:51AM Tue Vaidhriti* Until 4:41PM Visti Until 2:09PM Ashtami* Until 2:55AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - Yellow	Sunrise: 7:36AM Sunset: 6:38PM Moon 2 - Phase 43 - 20 Ashtami
Family Home Evening Creative Work Amrita Yoga Until 7:51AM Tue Then Creative Work - Siddha Yoga						Sivaloka Day	
Tuesday, February 28, 2023		Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau		Almaty, Kazakhstan Sun 21 Sutra 317 Subhakrit 5124	
Vrishabha Rasi: 22.23	Tithi 9	934786577	Gulika Yama Rahu	1:07PM - 2:30PM 10:21AM - 11:44AM 3:53PM - 5:16PM	Rohini Until 7:51AM Vishkambha* Until 4:57PM Balava Until 3:52PM Navami* Until 4:54AM Wed	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - Yellow	Sunrise: 7:35AM Sunset: 6:39PM Moon 2 - Phase 43 - 21 Navami
Creative Work Amrita Yoga Until 7:51AM Then Creative Work - Siddha Yoga						Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1		Wednesday, March 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila Karana Dashamyam Titau		Almaty, Kazakhstan Sun 22 Sutra 318 Subhakit 5124	
Mithuna Rasi: 4.27	Tithi 10	Gulika 11:43AM – 1:07PM	Mrigashira Until 10:24AM	Ganesha: Yellow	Sunrise: 7:31AM	Moon 2 - Phase 44 - 22	4th Phase
		Yama 8:55AM – 10:19AM	Priti Until 5:34PM	Muruqa: Purple	Sunset: 6:42PM		
934786577	Rahu 1:07PM – 2:30PM		Taitila Until 6:04PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Dashami Until 7:15AM Thu	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			
2		Thursday, March 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Almaty, Kazakhstan Sun 23 Sutra 319 Subhakit 5124	
Mithuna Rasi: 16.23	Tithi 10 – 11	Gulika 10:18AM – 11:42AM	Ardra Until 1:06PM	Ganesha: Yellow	Sunrise: 7:30AM	Moon 2 - Phase 44 - 23	4th Phase
		Yama 7:30AM – 8:54AM	Ayushman Until 6:22PM	Muruqa: Purple	Sunset: 6:43PM		
934786577	Rahu 2:31PM – 3:55PM		Vanija Until 8:31PM	Nataraja: Orange			
Routine Work	Marana Yoga		Dashami Until 7:15AM	Moon – Yellow		Sivaloka Day	
Until 1:06PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
3		Friday, March 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Almaty, Kazakhstan Sun 24 Sutra 320 Subhakit 5124	
Mithuna Rasi: 28.16	Tithi 11 – 12	Gulika 8:53AM – 10:17AM	Punarvasu Until 4:14PM	Ganesha: White	Sunrise: 7:28AM	Moon 2 - Phase 44 - 24	4th Phase
		Yama 3:55PM – 5:20PM	Saubhagya Until 7:14PM	Muruqa: Purple	Sunset: 6:44PM		
944786577	Rahu 11:42AM – 1:06PM		Bava Until 11:02PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Ekadashi Until 9:45AM	Moon – Blue		Devaloka Day	
Until 4:14PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
4		Saturday, March 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Almaty, Kazakhstan Sun 25 Sutra 321 Subhakit 5124	
Kataka Rasi: 10.08	Tithi 12 – 13	Gulika 7:26AM – 8:51AM	Pushya Until 7:10PM	Ganesha: White	Sunrise: 7:26AM	Moon 2 - Phase 44 - 25	4th Phase
		Yama 2:31PM – 3:56PM	Sobhana Until 8:05PM	Muruqa: Purple	Sunset: 6:46PM		
944786577	Rahu 10:16AM – 11:41AM		Kaulava Until 1:28AM Sun	Nataraja: Orange			
Creative Work	Siddha Yoga		Dvadashi Until 12:15PM	Moon – Blue		Devaloka Day	
Until 7:10PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
5		Sunday, March 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Almaty, Kazakhstan Sun 26 Sutra 322 Subhakit 5124	
Kataka Rasi: 22.02	Tithi 13 – 14	Gulika 3:56PM – 5:22PM	Ashlesha* Until 9:47PM	Ganesha: White	Sunrise: 7:25AM	Moon 2 - Phase 44 - 26	4th Phase
		Yama 1:06PM – 2:31PM	Athiganda* Until 8:47PM	Muruqa: Purple	Sunset: 6:47PM		
944786577	Rahu 5:22PM – 6:47PM		Gara Until 3:44AM Mon	Nataraja: Orange			
Creative Work	Siddha Yoga		Trayodashi Until 2:37PM	Moon – Blue		Devaloka Day	
Until 9:47PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
6		Monday, March 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Almaty, Kazakhstan Sun 27 Sutra 323 Subhakit 5124	
Simha Rasi: 4.01	Tithi 14 – 15	Gulika 2:31PM – 3:57PM	Magha* Until 12:31AM Tue	Ganesha: Clear	Sunrise: 7:23AM	Moon 2 - Phase 44 - 27	4th Phase
		Yama 11:40AM – 1:06PM	Sukarma Until 9:19PM	Muruqa: Purple	Sunset: 6:48PM		
154786577	Rahu 8:49AM – 10:14AM		Visti Until 5:45AM Tue	Nataraja: Orange			
Family Home Evening			Chaturdashi* Until 4:45PM	Moon – Red		Sivaloka Day	
Routine Work	Marana Yoga			Phalguna-Masi			
Until 12:31AM Tue							
Then Creative Work - Siddha Yoga							
○		Tuesday, March 7, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Bava Karana Purnimayam Titau		Almaty, Kazakhstan Sutra 324 Subhakit 5124	
Simha Rasi: 16.05	Tithi 15	Gulika 1:05PM – 2:31PM	Purvaphalguni Until 2:48AM Wed	Ganesha: Clear	Sunrise: 7:21AM	Moon 2 - Phase 44 -	Purnima
		Yama 10:13AM – 11:39AM	Dhriti Until 9:40PM	Muruqa: Purple	Sunset: 6:49PM		
154786577	Rahu 3:57PM – 5:23PM		Bava Until 6:38PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Purnima* Until 6:38PM	Moon – Red		Sivaloka Day	
Until 2:48AM Wed				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
○		Wednesday, March 8, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Almaty, Kazakhstan Sutra 325 Subhakit 5124	
Simha Rasi: 28.17	Tithi 16	Gulika 11:39AM – 1:05PM	Uttaraphalguni Until 4:37AM Thu	Ganesha: Clear	Sunrise: 7:20AM	Moon 2 - Phase 44 -	Prathama
		Yama 8:46AM – 10:12AM	Shula* Until 9:44PM	Muruqa: Purple	Sunset: 6:50PM		
154786577	Rahu 1:05PM – 2:31PM		Balava Until 7:28AM	Nataraja: Orange			
Creative Work	Amrita Yoga		Prathama* Until 8:11PM	Moon – Red		Sivaloka Day	
Until 4:37AM Thu				Phalguna-Masi			
Then Routine Work - Marana Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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Thursday, March 9, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Almaty, Kazakhstan
Sun 1 Sutra 326

Kanya Rasi: 10.37 Tithi 17

Gulika 10:11AM – 11:38AM
Yama 7:18AM – 8:45AM
164786577 **Rahu** 2:32PM – 3:58PM

Hasta Until 6:25AM Fri
Ganda* Until 9:34PM
Taitila Until 8:52AM
Dvitiya Until 9:24PM

Ganesha: White *Sunrise:* 7:18AM
Muruqa: Purple *Sunset:* 6:52PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 1
1st Phase

Routine Work Marana Yoga
Until 6:25AM Fri
Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, March 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Almaty, Kazakhstan
Sun 2 Sutra 327

Kanya Rasi: 23.06 Tithi 18

Gulika 8:43AM – 10:10AM
Yama 3:59PM – 5:26PM
165786577 **Rahu** 11:37AM – 1:05PM

Hasta Until 6:25AM
Vriddhi Until 9:07PM
Vanija Until 9:53AM
Tritiya Until 10:13PM

Ganesha: Yellow *Sunrise:* 7:16AM
Muruqa: Purple *Sunset:* 6:53PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 2
1st Phase

Creative Work Amrita Yoga
Until 6:25AM
Then Creative Work - Siddha Yoga

Sivaloka Day

2

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Almaty, Kazakhstan
Sun 3 Sutra 328

Tula Rasi: 5.46 Tithi 19

Gulika 7:14AM – 8:42AM
Yama 2:32PM – 3:59PM
165786577 **Rahu** 10:09AM – 11:37AM

Chitra Until 7:40AM
Dhruva Until 8:19PM
Bava Until 10:30AM
Chaturthi* Until 10:38PM

Ganesha: Yellow *Sunrise:* 7:14AM
Muruqa: Purple *Sunset:* 6:54PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 3
1st Phase

Routine Work Marana Yoga
Until 7:40AM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Almaty, Kazakhstan
Sun 4 Sutra 329

Tula Rasi: 18.38 Tithi 20

Gulika 4:00PM – 5:28PM
Yama 1:04PM – 2:32PM
165786577 **Rahu** 5:28PM – 6:55PM

Svati Until 8:21AM
Vyaghata* Until 7:11PM
Kaulava Until 10:41AM
Panchami Until 10:34PM

Ganesha: Yellow *Sunrise:* 7:13AM
Muruqa: Purple *Sunset:* 6:55PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 4
1st Phase

Creative Work Siddha Yoga
Until 8:21AM
Then Routine Work - Marana Yoga

Sivaloka Day

4

Monday, March 13, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Almaty, Kazakhstan
Sun 5 Sutra 330

Vrischika Rasi: 1.44 Tithi 21

Gulika 2:32PM – 4:00PM
Yama 11:36AM – 1:04PM
175786577 **Rahu** 8:39AM – 10:07AM

Vishakha Until 8:52AM
Harshana Until 5:40PM
Gara Until 10:23AM
Shashthi* Until 10:01PM

Ganesha: Blue *Sunrise:* 7:11AM
Muruqa: Purple *Sunset:* 6:57PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Moon 3 - Phase 45 - 5
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 8:52AM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

5

Tuesday, March 14, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Almaty, Kazakhstan
Sun 6 Sutra 331

Vrischika Rasi: 15.07 Tithi 22

Gulika 1:04PM – 2:32PM
Yama 10:06AM – 11:35AM
175786577 **Rahu** 4:01PM – 5:29PM

Anuradha Until 8:44AM
Vajra* Until 3:43PM
Visti Until 9:33AM
Saptami Until 8:56PM

Ganesha: Blue *Sunrise:* 7:09AM
Muruqa: Purple *Sunset:* 6:58PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Moon 3 - Phase 45 - 6
1st Phase

Creative Work Siddha Yoga
Until 8:44AM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

D

Wednesday, March 15, 2023
Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Almaty, Kazakhstan
Sun 7 Sutra 332

Vrischika Rasi: 28.47 Tithi 23

Gulika 11:34AM – 1:03PM
Yama 8:36AM – 10:05AM
175786577 **Rahu** 1:03PM – 2:32PM

Jyeshtha* Until 7:56AM
Siddhi Until 1:22PM
Balava Until 8:12AM
Ashtami* Until 7:19PM

Ganesha: Blue *Sunrise:* 7:07AM
Muruqa: Purple *Sunset:* 6:59PM
Nataraja: Orange
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 45 - 7
Ashtami

Creative Work Siddha Yoga
Until 7:56AM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

Karadaiyan Nombu (Tamil Nadu)

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Almaty, Kazakhstan
Sun 8 Sutra 333

Dhanus Rasi: 12.47 Tithi 24 – 25

Gulika 10:04AM – 11:34AM
Yama 7:06AM – 8:35AM
185786578 **Rahu** 2:32PM – 4:02PM

Mula* Until 6:55AM
Vyatipata* Until 10:37AM
Taitila Until 6:20AM
Navami* Until 5:12PM

Ganesha: Red *Sunrise:* 7:06AM
Muruqa: Purple *Sunset:* 7:00PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 45 - 8
Navami

Creative Work Siddha Yoga

Sivaloka Day

1	Friday, March 17, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashtyam Titau				Almaty, Kazakhstan Sun 9 Sutra 334 Subhakra 5124
	Dhanus Rasi: 27.05	Tithi 25 – 26	Gulika 8:34AM – 10:03AM	Uttarashadha Until 3:08AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:04AM	
			Yama 4:02PM – 5:32PM	Variyan Until 7:28AM	Muruqa: Purple	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 46 - 9
		185786578 Rahu 11:33AM – 1:03PM	Bava Until 1:16AM Sat	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga			Dashami Until 2:39PM	Moon – Light Blue		Sivaloka Day	
Until 3:08AM Sat				Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

2	Saturday, March 18, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Almaty, Kazakhstan Sun 10 Sutra 335 Subhakra 5124
	Makara Rasi: 11.39	Tithi 26 – 27	Gulika 7:02AM – 8:32AM	Shravana Until 12:59AM Sun	Ganesha: Green	<i>Sunrise:</i> 7:02AM	
			Yama 2:32PM – 4:02PM	Shiva Until 12:23AM Sun	Muruqa: Purple	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 46 - 10
		195786578 Rahu 10:02AM – 11:32AM	Kaulava Until 10:15PM	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga			Ekadashi* Until 11:46AM	Moon – Purple		Subha Sivaloka Day	
Until 12:59AM Sun				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

3	Sunday, March 19, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taila/Gara Karana Dvadashti/Trayodashyam Titau				Almaty, Kazakhstan Sun 11 Sutra 336 Subhakra 5124
	Makara Rasi: 26.25	Tithi 27 – 28	Gulika 4:03PM – 5:33PM	Dhanishtha Until 10:34PM	Ganesha: Green	<i>Sunrise:</i> 7:00AM	
			Yama 1:02PM – 2:32PM	Siddha Until 8:35PM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 3 - Phase 46 - 11
		195796578 Rahu 5:33PM – 7:04PM	Gara Until 7:04PM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga			Dvadashti* Until 8:39AM	Moon – Purple		Sivaloka Day	
Until 10:34PM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							

4	Monday, March 20, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Almaty, Kazakhstan Sun 12 Sutra 337 Subhakra 5124
	Kumbha Rasi: 11.15	Tithi 29	Gulika 2:33PM – 4:03PM	Shatabhishak Until 8:01PM	Ganesha: Green	<i>Sunrise:</i> 6:59AM	
			Yama 11:31AM – 1:02PM	Sadhya Until 4:49PM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Moon 3 - Phase 46 - 12
Family Home Evening		196896578 Rahu 8:29AM – 10:00AM	Visti Until 3:53PM	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga			Chaturdashi* Until 2:19AM Tue	Moon – Purple		Sivaloka Day	
Until 8:01PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

●	Tuesday, March 21, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Almaty, Kazakhstan Sun 13 Sutra 338 Subhakra 5124
	Retreat Star		Gulika 1:01PM – 2:33PM	Purvaproshtapada* Until 5:55PM	Ganesha: Orange	<i>Sunrise:</i> 6:57AM	
	Kumbha Rasi: 26.02	Tithi 30	Yama 9:59AM – 11:30AM	Subha Until 1:11PM	Muruqa: Clear	<i>Sunset:</i> 7:06PM	Moon 3 - Phase 46 - 13
		116896578 Rahu 4:04PM – 5:35PM	Catuspada Until 12:50PM	Nataraja: Clear		Amavasya	
Routine Work Marana Yoga			Amavasya* Until 11:24PM	Moon – Clear		Devaloka Day	
Until 5:55PM				Phalguna•Panguni			
Then Creative Work - Amrita Yoga							

●	Wednesday, March 22, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau				Almaty, Kazakhstan Sun 14 Sutra 339 Subhakra 5124
	Retreat Star		Gulika 11:30AM – 1:01PM	Uttaraproshtapada Until 4:01PM	Ganesha: Orange	<i>Sunrise:</i> 6:55AM	
	Meena Rasi: 10.38	Tithi 1	Yama 8:27AM – 9:58AM	Sukla Until 9:45AM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 3 - Phase 46 - 14
		116896578 Rahu 1:01PM – 2:33PM	Kintughna Until 10:06AM	Nataraja: Clear		Prathama	
Creative Work Siddha Yoga			Prathama* Until 8:52PM	Moon – Clear		Devaloka Day	
Until 4:01PM		Yugadhi		Chaitra•Panguni			
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1		Thursday, March 23, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Almaty, Kazakhstan Sun 15 Sutra 340	
Meena Rasi: 24.56	Tithi 2	Gulika 9:57AM – 11:29AM	Revati Until 2:28PM	Ganesha: Orange	<i>Sunrise:</i> 6:53AM	Muruqa: Clear	<i>Sunset:</i> 7:08PM
		Yama 6:53AM – 8:25AM	Brahma Until 6:43AM	Muruqa: Clear		Nataraja: Clear	Moon 3 - Phase 47 - 15
		116896578 Rahu 2:33PM – 4:05PM	Balava Until 7:48AM	Nataraja: Clear		Moon – Clear	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 6:51PM	Chaitra•Panguni		Devaloka Day	
Until 2:28PM		Chellappaswami Mahasamadhi					
Then Creative Work - Amrita Yoga							

2		Friday, March 24, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Taitila/Vanija Karana Tritiya/Chaturthayam Titau		Almaty, Kazakhstan Sun 16 Sutra 341	
Mesha Rasi: 8.52	Tithi 3 – 4	Gulika 8:24AM – 9:56AM	Ashvini Until 1:50PM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	Muruqa: Clear	<i>Sunset:</i> 7:10PM
		Yama 4:05PM – 5:37PM	Vaidhriti* Until 2:10AM Sat	Muruqa: Clear		Nataraja: Clear	Moon 3 - Phase 47 - 16
		126896578 Rahu 11:28AM – 1:01PM	Taitila Until 6:06AM	Nataraja: Clear		Moon – White	3rd Phase
Creative Work Amrita Yoga			Tritiya Until 5:30PM	Chaitra•Panguni		Devaloka Day	
Until 1:50PM							
Then Creative Work - Siddha Yoga							

3		Saturday, March 25, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Almaty, Kazakhstan Sun 17 Sutra 342	
Mesha Rasi: 22.22	Tithi 4 – 5	Gulika 6:50AM – 8:22AM	Bharani Until 1:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:50AM	Muruqa: Clear	<i>Sunset:</i> 7:11PM
		Yama 2:33PM – 4:06PM	Vishkamba* Until 12:48AM Sun	Muruqa: Clear		Nataraja: Clear	Moon 3 - Phase 47 - 17
		126896578 Rahu 9:55AM – 11:28AM	Bava Until 4:55AM Sun	Nataraja: Clear		Moon – White	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 4:54PM	Chaitra•Panguni		Devaloka Day	
Until 1:48PM							
Then Creative Work - Amrita Yoga							

4		Sunday, March 26, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtayam Titau		Almaty, Kazakhstan Sun 18 Sutra 343	
Vrishabha Rasi: 5.26	Tithi 5 – 6	Gulika 4:06PM – 5:39PM	Krittika Until 2:22PM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM	Muruqa: Clear	<i>Sunset:</i> 7:12PM
		Yama 1:00PM – 2:33PM	Priti Until 12:03AM Mon	Muruqa: Clear		Nataraja: Clear	Moon 3 - Phase 47 - 18
		126896578 Rahu 5:39PM – 7:12PM	Kaulava Until 5:30AM Mon	Nataraja: Clear		Moon – White	3rd Phase
Creative Work Siddha Yoga			Panchami Until 5:05PM	Chaitra•Panguni		Devaloka Day	

5		Monday, March 27, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman Yoga Taitila Karana Shashtayam Titau		Almaty, Kazakhstan Sun 19 Sutra 344	
Vrishabha Rasi: 18.08	Tithi 6	Gulika 2:33PM – 4:06PM	Rohini Until 3:59PM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	Muruqa: Clear	<i>Sunset:</i> 7:13PM
Family Home Evening		Yama 11:26AM – 1:00PM	Ayushman Until 11:50PM	Muruqa: Clear		Nataraja: Clear	Moon 3 - Phase 47 - 19
		137896578 Rahu 8:20AM – 9:53AM	Taitila Until 6:02PM	Nataraja: Clear		Moon – Yellow	3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 6:02PM	Chaitra•Panguni		Devaloka Day	

6		Tuesday, March 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Almaty, Kazakhstan Sun 20 Sutra 345	
Mithuna Rasi: 0.31	Tithi 7	Gulika 12:59PM – 2:33PM	Mrigashira Until 6:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Muruqa: Clear	<i>Sunset:</i> 7:14PM
		Yama 9:52AM – 11:26AM	Saubhagya Until 12:07AM Wed	Muruqa: Clear		Nataraja: Clear	Moon 3 - Phase 47 - 20
		137896578 Rahu 4:07PM – 5:41PM	Gara Until 6:47AM	Nataraja: Clear		Moon – Yellow	3rd Phase
Creative Work Siddha Yoga			Saptami Until 7:38PM	Chaitra•Panguni		Devaloka Day	
Until 6:05PM							
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 29, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Almaty, Kazakhstan Sun 21 Sutra 346	
Mithuna Rasi: 12.39	Tithi 8	Gulika 11:25AM – 12:59PM	Ardra Until 8:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	Muruqa: Clear	<i>Sunset:</i> 7:16PM
		Yama 8:17AM – 9:51AM	Sobhana Until 12:45AM Thu	Muruqa: Clear		Nataraja: Clear	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:59PM – 2:33PM	Visti Until 8:39AM	Nataraja: Clear		Moon – Yellow	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 9:42PM	Chaitra•Panguni		Devaloka Day	

Retreat Star		Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Almaty, Kazakhstan Sun 22 Sutra 347	
Mithuna Rasi: 24.38	Tithi 9	Gulika 9:50AM – 11:24AM	Punarvasu Until 11:30PM	Ganesha: White	<i>Sunrise:</i> 6:41AM	Muruqa: Clear	<i>Sunset:</i> 7:17PM
		Yama 6:41AM – 8:15AM	Athiganda* Until 1:32AM Fri	Muruqa: Clear		Nataraja: Clear	Moon 3 - Phase 47 - 22
		147896578 Rahu 2:33PM – 4:08PM	Balava Until 10:53AM	Nataraja: Clear		Moon – Blue	Navami
Creative Work Amrita Yoga			Navami* Until 12:03AM Fri	Chaitra•Panguni		Bhuloka Day	
		Sri Rama Navami				Devaloka Time: 3:PM to 6:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

times are standard time. Calculated for Almaty, Kazakhstan on 5/1

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1	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Almaty, Kazakhstan Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 6.32	Tithi 10	Gulika 8:14AM – 9:49AM	Pushya Until 2:26AM Sat	Ganesha: White	<i>Sunrise:</i> 6:39AM	
			Yama 4:08PM – 5:43PM	Sukarma Until 2:23AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 3 - Phase 48 - 23
	Routine Work	Marana Yoga	147896578 Rahu 11:24AM – 12:58PM	Taitila Until 1:17PM	Nataraja: Clear		4th Phase
			Dashami Until 2:29AM Sat	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

2	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Almaty, Kazakhstan Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 18.26	Tithi 11	Gulika 6:39AM – 8:14AM	Ashlesha* Until 5:05AM Sun	Ganesha: White	<i>Sunrise:</i> 6:39AM	
			Yama 2:33PM – 4:08PM	Dhriti Until 3:11AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 3 - Phase 48 - 24
	Routine Work	Marana Yoga	147896578 Rahu 9:49AM – 11:24AM	Vanija Until 3:41PM	Nataraja: Clear		4th Phase
			Ekadashi Until 4:48AM Sun	Moon – Blue		Bhuloka Day	
		Yogaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

3	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Almaty, Kazakhstan Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 0.22	Tithi 12	Gulika 4:09PM – 5:44PM	Magha* Until 7:50AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:37AM	
			Yama 12:58PM – 2:33PM	Shula* Until 3:46AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 3 - Phase 48 - 25
	Routine Work	Marana Yoga	158896578 Rahu 5:44PM – 7:19PM	Bava Until 5:54PM	Nataraja: Clear		4th Phase
			Dvadashi Until 6:52AM Mon	Moon – Red		Devaloka Day	
				Chaitra•Panguni			

4	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Almaty, Kazakhstan Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 12.23	Tithi 12 – 13	Gulika 2:33PM – 4:09PM	Magha* Until 7:50AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	
	Family Home Evening		Yama 11:22AM – 12:58PM	Ganda* Until 4:06AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 3 - Phase 48 - 26
	Routine Work	Marana Yoga	158896578 Rahu 8:11AM – 9:47AM	Kaulava Until 7:48PM	Nataraja: Clear		4th Phase
			Dvadashi Until 6:52AM	Moon – Red		Devaloka Day	
				Chaitra•Panguni			
				<i>Pradosha Vrata</i>			

5	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Almaty, Kazakhstan Sun 27 Sutra 352 Subhakrit 5124
	Simha Rasi: 24.34	Tithi 13 – 14	Gulika 12:58PM – 2:34PM	Purvaphalguni Until 10:04AM	Ganesha: Red	<i>Sunrise:</i> 6:34AM	
			Yama 9:46AM – 11:22AM	Vriddhi Until 4:07AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:21PM	Moon 3 - Phase 48 - 27
	Creative Work	Siddha Yoga	158896578 Rahu 4:09PM – 5:45PM	Gara Until 9:17PM	Nataraja: Clear		4th Phase
			Trayodashi Until 8:34AM	Moon – Red		Devaloka Day	
				Chaitra•Panguni			

	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Almaty, Kazakhstan Sutra 353 Subhakrit 5124
	Kanya Rasi: 6.56	Tithi 14 – 15	Gulika 11:21AM – 12:57PM	Uttaraphalguni Until 11:42AM	Ganesha: Red	<i>Sunrise:</i> 6:32AM	
			Yama 8:08AM – 9:45AM	Dhruva Until 3:44AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:23PM	Moon 3 - Phase 48 - Purnima
	Creative Work	Amrita Yoga	158896578 Rahu 12:57PM – 2:34PM	Visti Until 10:17PM	Nataraja: Clear		
			Chaturdashi* Until 9:50AM	Moon – Red		Devaloka Day	
				Chaitra•Panguni			
				Panguni Uttiram			
				Hanuman Jayanti			

○	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Almaty, Kazakhstan Sutra 354 Subhakrit 5124
	Kanya Rasi: 19.31	Tithi 15 – 16	Gulika 9:44AM – 11:20AM	Hasta Until 1:11PM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM	
			Yama 6:30AM – 8:07AM	Vyaghata* Until 3:00AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 3 - Phase 48 - Prathama
	Routine Work	Marana Yoga	168896578 Rahu 2:34PM – 4:10PM	Balava Until 10:49PM	Nataraja: Clear		
			Purnima* Until 10:36AM	Moon – Green		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	



Friday, April 7, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Almaty, Kazakhstan
Sutra 355

Tula Rasi: 2.19 Tithi 16 – 17

Gulika 8:06AM – 9:43AM
Yama 4:11PM – 5:48PM
Rahu 11:20AM – 12:57PM

Chitra Until 2:03PM
Harshana Until 1:54AM Sat
Taitila Until 10:51PM
Prathama* Until 10:52AM

Ganesha: Blue *Sunrise:* 6:29AM
Muruqa: Clear *Sunset:* 7:25PM
Nataraja: Clear
Moon – Green
Chaitra*Panguni

Moon 4 - Phase 49 -
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Saturday, April 8, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Almaty, Kazakhstan
Sun 1 Sutra 356

Tula Rasi: 15.2 Tithi 17 – 18

Gulika 6:27AM – 8:04AM
Yama 2:34PM – 4:11PM
Rahu 9:42AM – 11:19AM

Svati Until 2:18PM
Vajra* Until 12:26AM Sun
Vanija Until 10:27PM
Dvitiya Until 10:41AM

Ganesha: Blue *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 7:26PM
Nataraja: Clear
Moon – Green
Chaitra*Panguni

Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, April 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Almaty, Kazakhstan
Sun 2 Sutra 357

Tula Rasi: 28.35 Tithi 18 – 19

Gulika 4:12PM – 5:49PM
Yama 12:56PM – 2:34PM
Rahu 5:49PM – 7:27PM

Vishakha Until 2:28PM
Siddhi Until 10:40PM
Bava Until 9:40PM
Tritiya Until 10:05AM

Ganesha: Red *Sunrise:* 6:25AM
Muruqa: Clear *Sunset:* 7:27PM
Nataraja: Clear
Moon – Orange
Chaitra*Panguni

Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

Routine Work Marana Yoga

3

Monday, April 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Almaty, Kazakhstan
Sun 3 Sutra 358

Vrischika Rasi: 12.04 Tithi 19 – 20

Family Home Evening

179896578

Gulika 2:34PM – 4:12PM
Yama 11:18AM – 12:56PM
Rahu 8:01AM – 9:40AM

Anuradha Until 2:07PM
Vyatipata* Until 8:38PM
Kaulava Until 8:30PM
Chaturthi* Until 9:06AM

Ganesha: Red *Sunrise:* 6:23AM
Muruqa: Clear *Sunset:* 7:28PM
Nataraja: Clear
Moon – Orange
Chaitra*Panguni

Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, April 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Almaty, Kazakhstan
Sun 4 Sutra 359

Vrischika Rasi: 25.43 Tithi 20 – 21

Routine Work Marana Yoga
Until 1:17PM
Then Creative Work - Amrita Yoga

179896578

Gulika 12:56PM – 2:34PM
Yama 9:39AM – 11:17AM
Rahu 4:13PM – 5:51PM

Jyeshtha* Until 1:17PM
Variyan Until 6:19PM
Gara Until 7:02PM
Panchami Until 7:47AM

Ganesha: Red *Sunrise:* 6:22AM
Muruqa: Clear *Sunset:* 7:30PM
Nataraja: Clear
Moon – Orange
Chaitra*Panguni

Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

5

Wednesday, April 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Almaty, Kazakhstan
Sun 5 Sutra 360

Dhanus Rasi: 9.34 Tithi 21 – 22

Routine Work Marana Yoga
Until 12:28PM
Then Creative Work - Amrita Yoga

189896578

Gulika 11:16AM – 12:55PM
Yama 7:59AM – 9:38AM
Rahu 12:55PM – 2:34PM

Mula* Until 12:28PM
Parigha* Until 3:47PM
Bava Until 4:16AM Thu
Shashthi* Until 6:10AM

Ganesha: Green *Sunrise:* 6:20AM
Muruqa: Clear *Sunset:* 7:31PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Panguni

Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Almaty, Kazakhstan
Sun 6 Sutra 361

Dhanus Rasi: 23.35 Tithi 23

Creative Work Siddha Yoga
Until 11:14AM
Then Routine Work - Marana Yoga

189996578

Gulika 9:37AM – 11:16AM
Yama 6:18AM – 7:57AM
Rahu 2:34PM – 4:13PM

Purvashadha* Until 11:14AM
Shiva Until 1:04PM
Balava Until 3:15PM
Ashtami* Until 2:09AM Fri

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Clear *Sunset:* 7:32PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Panguni

Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Almaty, Kazakhstan
Sun 7 Sutra 362

Makara Rasi: 7.44 Tithi 24

Routine Work Marana Yoga

189996578

Gulika 7:56AM – 9:36AM
Yama 4:14PM – 5:53PM
Rahu 11:15AM – 12:55PM

Uttarashadha Until 9:39AM
Siddha Until 10:08AM
Taitila Until 1:01PM
Navami* Until 11:49PM

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 7:33PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Moon 4 - Phase 49 - 7
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM


Chidambaram Abhishekam
Tamil New Year


1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Almaty, Kazakhstan Sun 8 Sutra 363 Sobhana 5125
	Makara Rasi: 22.02	Tithi 25	Gulika 6:15AM – 7:55AM	Shravana Until 8:10AM	Ganesha: White	<i>Sunrise:</i> 6:15AM	
			Yama 2:34PM – 4:14PM	Sadhya Until 7:05AM	Muruqa: Clear	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 1 - 8
	299996578	Rahu 9:35AM – 11:15AM	Vanija Until 10:38AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 9:22PM	Moon – Purple		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Almaty, Kazakhstan Sun 9 Sutra 364 Sobhana 5125
	Kumbha Rasi: 6.23	Tithi 26	Gulika 4:15PM – 5:55PM	Dhanishtha Until 6:26AM	Ganesha: White	<i>Sunrise:</i> 6:13AM	
			Yama 12:54PM – 2:35PM	Sukla Until 12:46AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 1 - 9
	299996578	Rahu 5:55PM – 7:35PM	Bava Until 8:08AM	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:51PM	Moon – Purple		Bhuloka Day	
Until 6:26AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Almaty, Kazakhstan Sun 10 Sutra 1 Sobhana 5125
	Kumbha Rasi: 20.46	Tithi 27 – 28	Gulika 2:35PM – 4:15PM	Purvaproshtapada* Until 3:01AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:12AM	
	Family Home Evening		Yama 11:13AM – 12:54PM	Brahma Until 9:39PM	Muruqa: Clear	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 1 - 10
	211996578	Rahu 7:52AM – 9:33AM	Gara Until 3:11AM Tue	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 4:22PM	Moon – Clear		Devaloka Day	
Until 3:01AM Tue				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Almaty, Kazakhstan Sun 11 Sutra 2 Sobhana 5125
	Meena Rasi: 5.06	Tithi 28 – 29	Gulika 12:54PM – 2:35PM	Uttaraproshtapada Until 1:32AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:10AM	
			Yama 9:32AM – 11:13AM	Indra Until 6:40PM	Muruqa: Clear	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 1 - 11
	211996578	Rahu 4:16PM – 5:57PM	Visti Until 12:57AM Wed	Nataraja: Clear			2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 2:01PM	Moon – Clear		Devaloka Day	
Until 1:32AM Wed				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Almaty, Kazakhstan Sun 12 Sutra 3 Sobhana 5125
	Retreat Star		Gulika 11:12AM – 12:54PM	Revati Until 12:14AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:08AM	
	Meena Rasi: 19.17	Tithi 29 – 30	Yama 7:50AM – 9:31AM	Vaidhriti* Until 3:54PM	Muruqa: Clear	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 1 - 12
	211996578	Rahu 12:54PM – 2:35PM	Catuspada Until 11:02PM	Nataraja: Clear			Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 11:55AM	Moon – Clear		Devaloka Day	
Until 12:14AM Thu				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga							

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Almaty, Kazakhstan Sun 13 Sutra 4 Sobhana 5125
	Retreat Star		Gulika 9:30AM – 11:12AM	Ashvini Until 11:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	
	Mesha Rasi: 3.14	Tithi 30 – 1	Yama 6:07AM – 7:48AM	Vishkambha* Until 1:28PM	Muruqa: Clear	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 1 - 13
	221996578	Rahu 2:35PM – 4:17PM	Kintughna Until 9:32PM	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga		Amavasya* Until 10:12AM	Moon – White		Devaloka Day	
Until 11:39PM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

1	Friday, April 21, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Almaty, Kazakhstan Sun 14 Sutra 5 Sobhana 5125
	Mesha Rasi: 16.55 Tithi 1 – 2	Gulika 7:47AM – 9:29AM	Bharani Until 11:28PM	Ganesha: Clear <i>Sunrise:</i> 6:05AM	Muruqa: Clear <i>Sunset:</i> 7:41PM	Moon 4 - Phase 2 - 14 3rd Phase
	221996578	Rahu 11:11AM – 12:53PM	Priti Until 11:27AM	Nataraja: Clear	Moon – White	Devaloka Day
	Creative Work Siddha Yoga		Prathama* Until 8:58AM	Vaisaka-Chaitra		

2	Saturday, April 22, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Almaty, Kazakhstan Sun 15 Sutra 6 Sobhana 5125
	Vrishabha Rasi: 0.16 Tithi 2 – 3	Gulika 6:03AM – 7:46AM	Krittika Until 11:44PM	Ganesha: Clear <i>Sunrise:</i> 6:03AM	Muruqa: Clear <i>Sunset:</i> 7:42PM	Moon 4 - Phase 2 - 15 3rd Phase
	221996578	Rahu 9:28AM – 11:11AM	Ayushman Until 9:53AM	Nataraja: Clear	Moon – White	Devaloka Day
	Creative Work Amrita Yoga		Dvitiya Until 8:19AM	Vaisaka-Chaitra		

3	Sunday, April 23, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Almaty, Kazakhstan Sun 16 Sutra 7 Sobhana 5125
	Vrishabha Rasi: 13.16 Tithi 3 – 4	Gulika 4:18PM – 6:01PM	Rohini Until 12:58AM Mon	Ganesha: Orange <i>Sunrise:</i> 6:02AM	Muruqa: Clear <i>Sunset:</i> 7:43PM	Moon 4 - Phase 2 - 16 3rd Phase
	231996578	Rahu 6:01PM – 7:43PM	Saubhagya Until 8:51AM	Nataraja: Clear	Moon – Yellow	Devaloka Day
	Creative Work Siddha Yoga Until 12:58AM Mon Then Creative Work - Amrita Yoga	Akshaya Tritiya	Tritiya Until 8:19AM	Vaisaka-Chaitra		

4	Monday, April 24, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Almaty, Kazakhstan Sun 17 Sutra 8 Sobhana 5125
	Vrishabha Rasi: 25.57 Tithi 4 – 5	Gulika 2:36PM – 4:19PM	Mrigashira Until 2:40AM Tue	Ganesha: Orange <i>Sunrise:</i> 6:00AM	Muruqa: Clear <i>Sunset:</i> 7:45PM	Moon 4 - Phase 2 - 17 3rd Phase
	231996578	Rahu 7:43AM – 9:26AM	Sobhana Until 8:20AM	Nataraja: Clear	Moon – Yellow	Devaloka Day
	Family Home Evening Creative Work Amrita Yoga Until 2:40AM Tue Then Routine Work - Marana Yoga	Adi Sankara Jayanthi	Chaturthi* Until 8:59AM	Vaisaka-Chaitra		

5	Tuesday, April 25, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Almaty, Kazakhstan Sun 18 Sutra 9 Sobhana 5125
	Mithuna Rasi: 8.22 Tithi 5 – 6	Gulika 12:52PM – 2:36PM	Ardra Until 4:44AM Wed	Ganesha: Orange <i>Sunrise:</i> 5:59AM	Muruqa: Clear <i>Sunset:</i> 7:46PM	Moon 4 - Phase 2 - 18 3rd Phase
	231996579	Rahu 4:19PM – 6:02PM	Athiganda* Until 8:17AM	Nataraja: Purple	Moon – Yellow	Sivaloka Day
	Routine Work Marana Yoga Until 4:44AM Wed Then Creative Work - Siddha Yoga		Kaulava Until 11:07PM	Panchami Until 10:15AM	Vaisaka-Chaitra	

6	Wednesday, April 26, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Almaty, Kazakhstan Sun 19 Sutra 10 Sobhana 5125
	Mithuna Rasi: 20.32 Tithi 6 – 7	Gulika 11:08AM – 12:52PM	Punarvasu Until 7:31AM Thu	Ganesha: Green <i>Sunrise:</i> 5:57AM	Muruqa: Clear <i>Sunset:</i> 7:47PM	Moon 4 - Phase 2 - 19 3rd Phase
	241996579	Rahu 12:52PM – 2:36PM	Sukarma Until 8:38AM	Nataraja: Purple	Moon – Blue	Subha Sivaloka Day
	Creative Work Siddha Yoga Until 7:31AM Thu Then Creative Work - Amrita Yoga		Gara Until 1:06AM Thu	Shashthi* Until 12:02PM	Vaisaka-Chaitra	

☾	Thursday, April 27, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Almaty, Kazakhstan Sun 20 Sutra 11 Sobhana 5125
	Retreat Star	Gulika 9:24AM – 11:08AM	Punarvasu Until 7:31AM	Ganesha: Red <i>Sunrise:</i> 5:56AM	Muruqa: Clear <i>Sunset:</i> 7:48PM	Moon 4 - Phase 2 - 20 Ashtami
	Kataka Rasi: 2.34 Tithi 7 – 8	Rahu 2:36PM – 4:20PM	Dhriti Until 9:18AM	Nataraja: Purple	Moon – Blue	Sivaloka Day
	Creative Work Amrita Yoga		Visti Until 3:21AM Fri	Saptami Until 2:11PM	Vaisaka-Chaitra	

☾	Friday, April 28, 2023	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Almaty, Kazakhstan Sun 21 Sutra 12 Sobhana 5125
	Retreat Star	Gulika 7:39AM – 9:23AM	Pushya Until 10:21AM	Ganesha: Red <i>Sunrise:</i> 5:54AM	Muruqa: Clear <i>Sunset:</i> 7:49PM	Moon 4 - Phase 2 - 21 Navami
	Kataka Rasi: 14.3 Tithi 8 – 9	Rahu 11:07AM – 12:52PM	Shula* Until 10:06AM	Nataraja: Purple	Moon – Blue	Sivaloka Day
	Routine Work Marana Yoga		Balava Until 5:42AM Sat	Ashtami* Until 4:30PM	Vaisaka-Chaitra	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava Karana Navamyam Titau				Almaty, Kazakhstan Sun 22	Sutra 13
	Kataka Rasi: 26.24	Tithi 9	Gulika 5:53AM – 7:37AM Yama 2:36PM – 4:21PM 242996579 Rahu 9:22AM – 11:07AM	Ashlesha* Until 1:03PM Ganda* Until 10:57AM Kaulava Until 6:49PM Navami* Until 6:49PM	Ganesha: Red Muruga: Clear Nataraja: Purple Moon – Blue	<i>Sunrise: 5:53AM</i> <i>Sunset: 7:50PM</i>	Sobhana 5125	Moon 4 - Phase 3 - 22 4th Phase
Routine Work Marana Yoga Until 1:03PM Then Creative Work - Amrita Yoga						Sivaloka Day		

2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Tailita/Gara Karana Dashamyam Titau				Almaty, Kazakhstan Sun 23	Sutra 14
	Simha Rasi: 8.21	Tithi 10	Gulika 4:22PM – 6:07PM Yama 12:51PM – 2:36PM 252996579 Rahu 6:07PM – 7:52PM	Magha* Until 3:56PM Vridhhi Until 11:42AM Tailita Until 7:55AM Dashami Until 8:55PM	Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Red	<i>Sunrise: 5:51AM</i> <i>Sunset: 7:52PM</i>	Sobhana 5125	Moon 4 - Phase 3 - 23 4th Phase
Routine Work Marana Yoga Until 3:56PM Then Creative Work - Siddha Yoga						Devaloka Day		

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Almaty, Kazakhstan Sun 24	Sutra 15
	Simha Rasi: 20.25	Tithi 11	Gulika 2:37PM – 4:23PM Yama 11:05AM – 12:51PM 252996579 Rahu 7:34AM – 9:20AM	Purvaphalguni Until 6:17PM Dhruva Until 12:10PM Vanija Until 9:51AM Ekadashi Until 10:38PM	Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Red	<i>Sunrise: 5:48AM</i> <i>Sunset: 7:54PM</i>	Sobhana 5125	Moon 4 - Phase 3 - 24 4th Phase
Family Home Evening Creative Work Siddha Yoga						Devaloka Day		

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Almaty, Kazakhstan Sun 25	Sutra 16
	Kanya Rasi: 2.39	Tithi 12	Gulika 12:51PM – 2:37PM Yama 9:19AM – 11:05AM 252996579 Rahu 4:23PM – 6:09PM	Uttaraphalguni Until 8:00PM Vyaghata* Until 12:17PM Bava Until 11:19AM Dvadashi Until 11:48PM	Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Red	<i>Sunrise: 5:47AM</i> <i>Sunset: 7:55PM</i>	Sobhana 5125	Moon 4 - Phase 3 - 25 4th Phase
Creative Work Amrita Yoga Until 8:00PM Then Creative Work - Siddha Yoga						Devaloka Day		

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Tailita Karana Trayodashyam Titau				Almaty, Kazakhstan Sun 26	Sutra 17
	Kanya Rasi: 15.08	Tithi 13	Gulika 11:05AM – 12:51PM Yama 7:32AM – 9:18AM 262996579 Rahu 12:51PM – 2:37PM	Hasta Until 9:27PM Harshana Until 11:58AM Kaulava Until 12:11PM Trayodashi Until 12:22AM Thu <i>Pradosha Vrata</i>	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Green	<i>Sunrise: 5:46AM</i> <i>Sunset: 7:56PM</i>	Sobhana 5125	Moon 4 - Phase 3 - 26 4th Phase
Routine Work Marana Yoga Until 9:27PM Then Creative Work - Siddha Yoga						Sivaloka Day		

6	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Almaty, Kazakhstan Sun 27	Sutra 18
	Kanya Rasi: 27.54	Tithi 14	Gulika 9:18AM – 11:04AM Yama 5:44AM – 7:31AM 262996579 Rahu 2:37PM – 4:24PM	Chitra Until 10:07PM Vajra* Until 11:07AM Gara Until 12:26PM Chaturdashi* Until 12:18AM Fri	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Green	<i>Sunrise: 5:44AM</i> <i>Sunset: 7:57PM</i>	Sobhana 5125	Moon 4 - Phase 3 - 27 4th Phase
Creative Work Siddha Yoga Until 10:07PM Then Creative Work - Amrita Yoga						Sivaloka Day		

○	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Almaty, Kazakhstan Sun 28	Sutra 19
	Tula Rasi: 10.59	Tithi 15	Gulika 7:30AM – 9:17AM Yama 4:25PM – 6:12PM 262996579 Rahu 11:04AM – 12:51PM	Svati Until 10:02PM Siddhi Until 9:48AM Visti Until 12:03PM Purnima* Until 11:37PM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Green	<i>Sunrise: 5:43AM</i> <i>Sunset: 7:58PM</i>	Sobhana 5125	Moon 4 - Phase 3 - Purnima
Creative Work Siddha Yoga		Budha Purnima (Tamil Nadu)				Sivaloka Day		

○	Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Almaty, Kazakhstan Sun 29	Sutra 20
	Tula Rasi: 24.23	Tithi 16	Gulika 5:42AM – 7:29AM Yama 2:38PM – 4:25PM 272996579 Rahu 9:16AM – 11:03AM	Vishakha Until 9:43PM Vyatipata* Until 8:01AM Balava Until 11:05AM Prathama* Until 10:24PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Orange	<i>Sunrise: 5:42AM</i> <i>Sunset: 8:00PM</i>	Sobhana 5125	Moon 4 - Phase 3 - Prathama
Creative Work Siddha Yoga						Devaloka Day		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda