



**Monday, April 18, 2022**  
**Gold Retreat Star**

Tula Rasi: 20.15 Tithi 17  
Family Home Evening 278345478  
Routine Work Marana Yoga  
Until 3:37AM Tue  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 1:41PM – 3:13PM  
**Yama** 10:36AM – 12:09PM  
**Rahu** 7:31AM – 9:04AM  
**Vishakha** Until 3:37AM Tue  
Siddhi Until 8:21PM  
Taitila Until 8:46AM  
Dvitiya Until 7:24PM

**Ganesha:** Purple *Sunrise:* 5:59AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra  
Anuradhapura, Sri Lanka Sutra 1  
Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase  
**Bhuloka Day**

**1**

**Tuesday, April 19, 2022**

Virschika Rasi: 4.46 Tithi 18 – 19  
278345478  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 12:08PM – 1:41PM  
**Yama** 9:03AM – 10:36AM  
**Rahu** 3:13PM – 4:46PM  
**Anuradha** Until 1:36AM Wed  
Vyatipata\* Until 4:59PM  
Vanija Until 6:02AM  
Tritiya Until 4:37PM

**Ganesha:** Purple *Sunrise:* 5:59AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra  
Anuradhapura, Sri Lanka Sutra 2  
Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase  
**Bhuloka Day**

**2**

**Wednesday, April 20, 2022**

Virschika Rasi: 19.19 Tithi 19 – 20  
278345478  
Creative Work Siddha Yoga  
Until 11:30PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:36AM – 12:08PM  
**Yama** 7:31AM – 9:03AM  
**Rahu** 12:08PM – 1:41PM  
**Jyeshtha\*** Until 11:30PM  
Variyan Until 1:35PM  
Kaulava Until 12:31AM Thu  
Chaturthi\* Until 1:51PM

**Ganesha:** Purple *Sunrise:* 5:58AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra  
Anuradhapura, Sri Lanka Sutra 3  
Subhakrit 5124  
Moon 4 - Phase 1 - 2 1st Phase  
**Bhuloka Day**

**3**

**Thursday, April 21, 2022**

Dhanus Rasi: 3.5 Tithi 20 – 21  
288345478  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 9:03AM – 10:35AM  
**Yama** 5:58AM – 7:30AM  
**Rahu** 1:41PM – 3:13PM  
**Mula\*** Until 9:49PM  
Parigha\* Until 10:17AM  
Gara Until 9:55PM  
Panchami Until 11:10AM

**Ganesha:** Clear *Sunrise:* 5:58AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra  
Anuradhapura, Sri Lanka Sutra 4  
Subhakrit 5124  
Moon 4 - Phase 1 - 3 1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, April 22, 2022**

Dhanus Rasi: 18.13 Tithi 21 – 22  
289345478  
Routine Work Prabalarishta Yoga  
Until 8:13PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

**Gulika** 7:30AM – 9:03AM  
**Yama** 3:13PM – 4:46PM  
**Rahu** 10:35AM – 12:08PM  
**Purvashadha\*** Until 8:13PM  
Shiva Until 7:09AM  
Visti Until 7:33PM  
Shashthi\* Until 8:41AM

**Ganesha:** Purple *Sunrise:* 5:57AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra  
Anuradhapura, Sri Lanka Sutra 5  
Subhakrit 5124  
Moon 4 - Phase 1 - 4 1st Phase  
**Devaloka Day**

**●**

**Saturday, April 23, 2022**  
**Retreat Star**

Makara Rasi: 2.26 Tithi 22 – 23  
289345478  
Routine Work Marana Yoga  
Until 6:45PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

**Gulika** 5:57AM – 7:30AM  
**Yama** 1:40PM – 3:13PM  
**Rahu** 9:02AM – 10:35AM  
**Uttarashadha** Until 6:45PM  
Sadhya Until 1:30AM Sun  
Kaulava Until 4:32AM Sun  
Saptami Until 6:27AM

**Ganesha:** Purple *Sunrise:* 5:57AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra  
Anuradhapura, Sri Lanka Sutra 6  
Subhakrit 5124  
Moon 4 - Phase 1 - 5 Ashtami  
**Devaloka Day**

**Sunday, April 24, 2022**  
**Retreat Star**

Makara Rasi: 16.27 Tithi 24  
299345478  
Creative Work Amrita Yoga  
Until 5:54PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 3:13PM – 4:46PM  
**Yama** 12:07PM – 1:40PM  
**Rahu** 4:46PM – 6:18PM  
**Shravana** Until 5:54PM  
Subha Until 11:05PM  
Taitila Until 3:42PM  
Navami\* Until 2:56AM Mon

**Ganesha:** Clear *Sunrise:* 5:56AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** White  
Moon – Purple  
Chaitra+Chaitra  
Anuradhapura, Sri Lanka Sutra 7  
Subhakrit 5124  
Moon 4 - Phase 1 - 6 Navami  
**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

<b>1</b>	<b>Monday, April 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Anuradhapura, Sri Lanka Sun 7 Sutra 8
	Kumbha Rasi: 0.16	Tithi 25	Gulika 1:40PM – 3:13PM	Dhanishtha Until 5:15PM	Ganesha: Clear	Sunrise: 5:56AM	Subhakrit 5124
	Family Home Evening	299345479	Yama 10:34AM – 12:07PM	Sukla Until 8:56PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 2 - 7
	Creative Work	Siddha Yoga	Rahu 7:29AM – 9:02AM	Vanija Until 2:17PM	Nataraja: Clear		2nd Phase
			<b>Dashami Until 1:42AM Tue</b>	Chaitra+Chaitra	<b>Devaloka Day</b>		

<b>2</b>	<b>Tuesday, April 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Anuradhapura, Sri Lanka Sun 8 Sutra 9
	Kumbha Rasi: 13.51	Tithi 26	Gulika 12:07PM – 1:40PM	Shatabhishak Until 4:49PM	Ganesha: Clear	Sunrise: 5:56AM	Subhakrit 5124
	Routine Work	Marana Yoga	Yama 9:01AM – 10:34AM	Brahma Until 7:06PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 2 - 8
	299345479		Rahu 3:13PM – 4:46PM	Bava Until 1:15PM	Nataraja: Clear		2nd Phase
			<b>Ekadashi* Until 12:51AM Wed</b>	Chaitra+Chaitra	<b>Devaloka Day</b>		

<b>3</b>	<b>Wednesday, April 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Anuradhapura, Sri Lanka Sun 9 Sutra 10
	Kumbha Rasi: 27.13	Tithi 27	Gulika 10:34AM – 12:07PM	Purvaproshtapada* Until 5:06PM	Ganesha: Red	Sunrise: 5:55AM	Subhakrit 5124
	Creative Work	Amrita Yoga	Yama 7:28AM – 9:01AM	Indra Until 5:37PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 2 - 9
	Until 5:06PM	Then Creative Work - Siddha Yoga	299345479	Rahu 12:07PM – 1:40PM	Nataraja: Clear		2nd Phase
			<b>Dvadashi* Until 12:26AM Thu</b>	Chaitra+Chaitra	<b>Devaloka Day</b>		

<b>4</b>	<b>Thursday, April 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Anuradhapura, Sri Lanka Sun 10 Sutra 11
	Meena Rasi: 10.21	Tithi 28	Gulika 9:01AM – 10:34AM	Uttaraproshtapada Until 5:40PM	Ganesha: Red	Sunrise: 5:55AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 5:55AM – 7:28AM	Vaidhriti* Until 4:27PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 2 - 10
	299345479		Rahu 1:40PM – 3:13PM	Gara Until 12:24PM	Nataraja: Clear		2nd Phase
			<b>Trayodashi* Until 12:27AM Fri</b>	Chaitra+Chaitra	<b>Devaloka Day</b>		
<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Friday, April 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Anuradhapura, Sri Lanka Sun 11 Sutra 12
	Meena Rasi: 23.16	Tithi 29	Gulika 7:28AM – 9:01AM	Revati Until 6:32PM	Ganesha: Blue	Sunrise: 5:55AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 3:13PM – 4:46PM	Vishkambha* Until 3:41PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 2 - 11
	Until 6:32PM	Then Creative Work - Amrita Yoga	299445479	Rahu 10:34AM – 12:07PM	Nataraja: Clear		2nd Phase
			<b>Chaturdashi* Until 12:57AM Sat</b>	Chaitra+Chaitra	<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM

<b>●</b>	<b>Saturday, April 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anuradhapura, Sri Lanka Sun 12 Sutra 13	
	<b>Retreat Star</b>		Mesha Rasi: 5.56	Tithi 30	Gulika 5:54AM – 7:27AM	Ashvini Until 8:11PM	Ganesha: Green	Sunrise: 5:54AM
	Creative Work	Siddha Yoga	Yama 1:39PM – 3:12PM	Priti Until 3:18PM	Muruga: White	Sunset: 6:19PM	Moon 4 - Phase 2 - 12	
	221445479		Rahu 9:00AM – 10:33AM	Catuspada Until 1:25PM	Nataraja: Clear		Amavasya	
			<b>Amavasya* Until 1:57AM Sun</b>	Chaitra+Chaitra	<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM	

<b>●</b>	<b>Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Anuradhapura, Sri Lanka Sun 13 Sutra 14	
	<b>Retreat Star</b>		Mesha Rasi: 18.23	Tithi 1	Gulika 3:12PM – 4:46PM	Bharani Until 10:10PM	Ganesha: Green	Sunrise: 5:54AM
	Routine Work	Prabalarishta Yoga	Yama 12:06PM – 1:39PM	Ayushman Until 3:16PM	Muruga: White	Sunset: 6:19PM	Moon 4 - Phase 2 - 13	
	Until 10:10PM	Then Creative Work - Siddha Yoga	221445479	Rahu 4:46PM – 6:19PM	Nataraja: Clear		Prathama	
			<b>Prathama* Until 3:26AM Mon</b>	Vaisaka+Chaitra	<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>Monday, May 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradhapura, Sri Lanka			
		Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 14 Sutra 15			
<b>1</b>		<b>Gulika</b> 1:39PM – 3:12PM	<b>Krittika</b> Until 12:25AM Tue	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:54AM	Subhakrit 5124
Vrishabha Rasi: 0.38	Tithi 2	Yama 10:33AM – 12:06PM	Saubhagya Until 3:37PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 3 - 14
<b>Family Home Evening</b>	221445479	<b>Rahu</b> 7:27AM – 9:00AM	Balava Until 4:22PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Dvitiya</b> Until 5:21AM Tue	Moon – White	<b>Bhuloka Day</b>
Until 12:25AM Tue				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga					

<b>Tuesday, May 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradhapura, Sri Lanka			
		Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Tritiyayam Titau Sun 15 Sutra 16			
<b>2</b>		<b>Gulika</b> 12:06PM – 1:39PM	<b>Rohini</b> Until 3:20AM Wed	<b>Ganesha:</b> White <i>Sunrise:</i> 5:53AM	Subhakrit 5124
Vrishabha Rasi: 12.42	Tithi 3	Yama 9:00AM – 10:33AM	Sobhana Until 4:17PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 3 - 15
	231445479	<b>Rahu</b> 3:12PM – 4:46PM	Taitila Until 6:28PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Tritiya</b> Until 7:36AM Wed	Moon – Yellow	<b>Bhuloka Day</b>
Until 3:20AM Wed				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga					

<b>Wednesday, May 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradhapura, Sri Lanka			
		Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau Sun 16 Sutra 17			
<b>3</b>		<b>Gulika</b> 10:33AM – 12:06PM	<b>Mrigashira</b> Until 6:18AM Thu	<b>Ganesha:</b> White <i>Sunrise:</i> 5:53AM	Subhakrit 5124
Vrishabha Rasi: 24.38	Tithi 3 – 4	Yama 7:26AM – 9:00AM	Athiganda* Until 5:08PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 3 - 16
	231445479	<b>Rahu</b> 12:06PM – 1:39PM	Vanija Until 8:51PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya</b> Until 7:36AM	Moon – Yellow	<b>Bhuloka Day</b>
Until 6:18AM Thu				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga		<b>Akshaya</b> Tritiya			

<b>Thursday, May 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradhapura, Sri Lanka			
		Mrigashira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 18			
<b>4</b>		<b>Gulika</b> 8:59AM – 10:33AM	<b>Mrigashira</b> Until 6:18AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:53AM	Subhakrit 5124
Mithuna Rasi: 6.3	Tithi 4 – 5	Yama 5:53AM – 7:26AM	Sukarma Until 6:07PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 3 - 17
	231445479	<b>Rahu</b> 1:39PM – 3:12PM	Bava Until 11:21PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Chaturthi*</b> Until 10:04AM	Moon – Yellow	<b>Bhuloka Day</b>
				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

<b>Friday, May 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradhapura, Sri Lanka			
		Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 18 Sutra 19			
<b>5</b>		<b>Gulika</b> 7:26AM – 8:59AM	<b>Ardra</b> Until 9:10AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:53AM	Subhakrit 5124
Mithuna Rasi: 18.2	Tithi 5 – 6	Yama 3:12PM – 4:46PM	Dhriti Until 7:06PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 3 - 18
	231445479	<b>Rahu</b> 10:32AM – 12:06PM	Kaulava Until 1:48AM Sat	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Panchami</b> Until 12:34PM	Moon – Yellow	<b>Bhuloka Day</b>
				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

<b>Saturday, May 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradhapura, Sri Lanka			
		Punarvasu/Pushya Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 20			
<b>6</b>		<b>Gulika</b> 5:52AM – 7:26AM	<b>Punarvasu</b> Until 12:16PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:52AM	Subhakrit 5124
Kataka Rasi: 0.13	Tithi 6 – 7	Yama 1:39PM – 3:12PM	Shula* Until 7:56PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 3 - 19
	241445479	<b>Rahu</b> 8:59AM – 10:32AM	Gara Until 4:01AM Sun	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Shashthi*</b> Until 2:56PM	Moon – Blue	<b>Devaloka Day</b>
				Vaisaka-Chaitra	

<b>Sunday, May 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradhapura, Sri Lanka			
		Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 21			
<b>Retreat Star</b>		<b>Gulika</b> 3:12PM – 4:46PM	<b>Pushya</b> Until 2:55PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:52AM	Subhakrit 5124
Kataka Rasi: 12.1	Tithi 7 – 8	Yama 12:06PM – 1:39PM	Ganda* Until 8:30PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 3 - 20
	241445479	<b>Rahu</b> 4:46PM – 6:19PM	Visti Until 5:50AM Mon	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Saptami</b> Until 4:58PM	Moon – Blue	<b>Devaloka Day</b>
		<b>Mother's Day</b>		Vaisaka-Chaitra	

<b>Monday, May 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradhapura, Sri Lanka			
		Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava Karana Ashtamyam Titau Sun 21 Sutra 22			
<b>Retreat Star</b>		<b>Gulika</b> 1:39PM – 3:12PM	<b>Ashlesha*</b> Until 4:55PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:52AM	Subhakrit 5124
Kataka Rasi: 24.19	Tithi 8	Yama 10:32AM – 12:06PM	Vriddhi Until 8:41PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM	Moon 4 - Phase 3 - 21
<b>Family Home Evening</b>	241445479	<b>Rahu</b> 7:25AM – 8:59AM	Bava Until 6:30PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 6:30PM	Moon – Blue	<b>Devaloka Day</b>
Until 4:55PM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradhapura, Sri Lanka			
		Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 23			
<b>Retreat Star</b>		<b>Gulika</b> 12:06PM – 1:39PM	<b>Magha*</b> Until 6:38PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:52AM	Subhakrit 5124
Simha Rasi: 6.41	Tithi 9	Yama 8:59AM – 10:32AM	Dhruva Until 8:19PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:20PM	Moon 4 - Phase 3 - 22
	252445479	<b>Rahu</b> 3:13PM – 4:46PM	Balava Until 7:03AM	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga			<b>Navami*</b> Until 7:23PM	Moon – Red	<b>Devaloka Day</b>
				Vaisaka-Chaitra	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Anuradhapura, Sri Lanka Sun 23      Sutra 24
	Simha Rasi: 19.23	Tithi 10	<b>Gulika</b> 10:32AM – 12:06PM	<b>Purvaphalguni</b> Until 7:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
			Yama 7:25AM – 8:58AM	Vyaghata* Until 7:23PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 4 - 23
	Creative Work	Amrita Yoga	252445479 <b>Rahu</b> 12:06PM – 1:39PM	Taitila Until 7:34AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 7:31PM	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

2	<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Anuradhapura, Sri Lanka Sun 24      Sutra 25
	Kanya Rasi: 2.27	Tithi 11	<b>Gulika</b> 8:58AM – 10:32AM	<b>Uttaraphalguni</b> Until 7:21PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
			Yama 5:51AM – 7:25AM	Harshana Until 5:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 4 - 24
			252445479 <b>Rahu</b> 1:39PM – 3:13PM	Vanija Until 7:19AM	<b>Nataraja:</b> Clear		4th Phase
Until 7:21PM	Amrita Yoga		<b>Ekadashi</b> Until 6:53PM	Moon – Red		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

3	<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anuradhapura, Sri Lanka Sun 25      Sutra 26
	Kanya Rasi: 15.56	Tithi 12 – 13	<b>Gulika</b> 7:25AM – 8:58AM	<b>Hasta</b> Until 6:49PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
			Yama 3:13PM – 4:46PM	Vajra* Until 3:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 4 - 25
			262445479 <b>Rahu</b> 10:32AM – 12:05PM	Bava Until 6:17AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 5:28PM	Moon – Green		<b>Sivaloka Day</b>	
Until 6:49PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

4	<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anuradhapura, Sri Lanka Sun 26      Sutra 27
	Kanya Rasi: 29.52	Tithi 13 – 14	<b>Gulika</b> 5:51AM – 7:24AM	<b>Chitra</b> Until 5:28PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
			Yama 1:39PM – 3:13PM	Siddhi Until 12:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 4 - 26
			262445479 <b>Rahu</b> 8:58AM – 10:32AM	Gara Until 2:10AM Sun	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 3:24PM	Moon – Green		<b>Sivaloka Day</b>	
Until 5:28PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

○	<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anuradhapura, Sri Lanka Sun 27      Sutra 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:13PM – 4:47PM	<b>Svati</b> Until 3:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
	Tula Rasi: 14.11	Tithi 14 – 15	Yama 12:05PM – 1:39PM	Vyatipata* Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 4 - 27
			262445479 <b>Rahu</b> 4:47PM – 6:20PM	Visti Until 11:19PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:46PM	Moon – Green		<b>Sivaloka Day</b>	
Until 3:26PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

○	<b>Monday, May 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anuradhapura, Sri Lanka Sun 29      Sutra 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:39PM – 3:13PM	<b>Vishakha</b> Until 1:17PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:50AM	Subhakrit 5124
	Tula Rasi: 28.5	Tithi 15 – 16	Yama 10:32AM – 12:05PM	Variyan Until 6:16AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 4 - Prathama
			272445479 <b>Rahu</b> 7:24AM – 8:58AM	Balava Until 8:07PM	<b>Nataraja:</b> Clear		
<b>Family Home Evening</b>	Marana Yoga		<b>Purnima*</b> Until 9:44AM	Moon – Orange		<b>Devaloka Day</b>	
Routine Work				Vaisaka-Vaikasi			
Until 1:17PM							
Then Creative Work - Siddha Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

Times are standard time. Calculated for Anuradhapura, Sri Lanka on :

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**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Anuradhapura, Sri Lanka  
Sutra 30

Vrischika Rasi: 13.41 Tithi 16 – 17

272445479

**Gulika** 12:05PM – 1:39PM  
**Yama** 8:58AM – 10:32AM  
**Rahu** 3:13PM – 4:47PM

**Anuradha Until 10:45AM**  
Shiva Until 10:37PM  
Gara Until 3:01AM Wed  
**Prathama\* Until 6:26AM**

**Ganesha:** Yellow *Sunrise:* 5:50AM  
**Muruqa:** White *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga

Until 10:45AM

Then Routine Work - Marana Yoga

**Devaloka Day**

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Vanija/Visli\* Karana Tritiyayam Titau

Anuradhapura, Sri Lanka  
Sun 1 Sutra 31

Vrischika Rasi: 28.39 Tithi 18

272445479

**Gulika** 10:32AM – 12:06PM  
**Yama** 7:24AM – 8:58AM  
**Rahu** 12:06PM – 1:39PM

**Jyeshtha\* Until 8:01AM**  
Siddha Until 6:43PM  
Vanija Until 1:19PM  
**Tritiya Until 11:38PM**

**Ganesha:** Yellow *Sunrise:* 5:50AM  
**Muruqa:** White *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga

Until 8:01AM

Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Anuradhapura, Sri Lanka  
Sun 2 Sutra 32

Dhanus Rasi: 13.34 Tithi 19

282445479

**Gulika** 8:58AM – 10:32AM  
**Yama** 5:50AM – 7:24AM  
**Rahu** 1:39PM – 3:13PM

**Purvashadha\* Until 3:17AM Fri**  
Sadhya Until 2:57PM  
Bava Until 10:00AM  
**Chaturthi\* Until 8:25PM**

**Ganesha:** Blue *Sunrise:* 5:50AM  
**Muruqa:** White *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
2 1st Phase

Creative Work Siddha Yoga

Until 3:17AM Fri

Then Routine Work - Marana Yoga

**Sivaloka Day**

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Anuradhapura, Sri Lanka  
Sun 3 Sutra 33

Dhanus Rasi: 28.19 Tithi 20 – 21

282445479

**Gulika** 7:24AM – 8:58AM  
**Yama** 3:13PM – 4:47PM  
**Rahu** 10:32AM – 12:06PM

**Uttarashadha Until 1:10AM Sat**  
Subha Until 11:25AM  
Kaulava Until 6:56AM  
**Panchami Until 5:31PM**

**Ganesha:** Blue *Sunrise:* 5:50AM  
**Muruqa:** White *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
3 1st Phase

Routine Work Marana Yoga

Until 1:10AM Sat

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Anuradhapura, Sri Lanka  
Sun 4 Sutra 34

Makara Rasi: 12.47 Tithi 21 – 22

292445479

**Gulika** 5:50AM – 7:24AM  
**Yama** 1:40PM – 3:14PM  
**Rahu** 8:58AM – 10:32AM

**Shravana Until 11:47PM**  
Sukla Until 8:11AM  
Visti Until 1:58AM Sun  
**Shashthi\* Until 3:01PM**

**Ganesha:** Red *Sunrise:* 5:50AM  
**Muruqa:** White *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
4 1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Sunday, May 22, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anuradhapura, Sri Lanka  
Sun 5 Sutra 35

Makara Rasi: 26.58 Tithi 22 – 23

292445479

**Gulika** 3:14PM – 4:48PM  
**Yama** 12:06PM – 1:40PM  
**Rahu** 4:48PM – 6:22PM

**Dhanishtha Until 10:47PM**  
Indra Until 2:59AM Mon  
Balava Until 12:15AM Mon  
**Saptami Until 1:01PM**

**Ganesha:** Red *Sunrise:* 5:50AM  
**Muruqa:** White *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
5 Ashtami

Routine Work Marana Yoga

Until 10:47PM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**Monday, May 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anuradhapura, Sri Lanka  
Sun 6 Sutra 36

Kumbha Rasi: 10.46 Tithi 23 – 24

292445479

**Gulika** 1:40PM – 3:14PM  
**Yama** 10:32AM – 12:06PM  
**Rahu** 7:24AM – 8:58AM

**Shatabhishak Until 10:13PM**  
Vaidhriti\* Until 1:04AM Tue  
Taitila Until 11:08PM  
**Ashtami\* Until 11:36AM**

**Ganesha:** Red *Sunrise:* 5:50AM  
**Muruqa:** White *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
6 Navami

Creative Work Siddha Yoga

Until 10:13PM

Then Routine Work - Marana Yoga

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Tuesday, May 24, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Anuradhapura, Sri Lanka Sun 7 Sutra 37
	Kumbha Rasi: 24.14	Tithi 24 – 25	<b>Gulika</b> 12:06PM – 1:40PM	<b>Purvaproshtapada* Until 10:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	Subhakra 5124
	213545479	<b>Rahu</b> 3:14PM – 4:48PM	Yama 8:58AM – 10:32AM	Vishkambha* Until 11:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 5 - Phase 6 - 7 2nd Phase
Routine Work Marana Yoga Until 10:33PM Then Creative Work - Amrita Yoga			Vanija Until 10:36PM <b>Navami* Until 10:46AM</b>		Moon – Clear <b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>


<b>2</b>	<b>Wednesday, May 25, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anuradhapura, Sri Lanka Sun 8 Sutra 38
	Meena Rasi: 7.22	Tithi 25 – 26	<b>Gulika</b> 10:32AM – 12:06PM	<b>Uttaraproshtapada Until 11:18PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	Subhakra 5124
	213545479	<b>Rahu</b> 12:06PM – 1:40PM	Yama 7:24AM – 8:58AM	Priti Until 10:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 5 - Phase 6 - 8 2nd Phase
Creative Work Siddha Yoga Until 11:18PM Then Routine Work - Marana Yoga			Bava Until 10:40PM <b>Dashami Until 10:32AM</b>		Moon – Clear <b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>

<b>3</b>	<b>Thursday, May 26, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anuradhapura, Sri Lanka Sun 9 Sutra 39
	Meena Rasi: 20.13	Tithi 26 – 27	<b>Gulika</b> 8:58AM – 10:32AM	<b>Revati Until 12:27AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM	Subhakra 5124
	313545479	<b>Rahu</b> 1:40PM – 3:14PM	Yama 5:50AM – 7:24AM	Ayushman Until 10:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 5 - Phase 6 - 9 2nd Phase
Creative Work Siddha Yoga Until 12:27AM Fri Then Creative Work - Amrita Yoga			Kaulava Until 11:17PM <b>Ekadashi* Until 10:53AM</b>		Moon – Clear <b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, May 27, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Titila/Gara Karana Dvadashi/Trayodashyam Titau				Anuradhapura, Sri Lanka Sun 10 Sutra 40
	Mesha Rasi: 2.48	Tithi 27 – 28	<b>Gulika</b> 7:24AM – 8:58AM	<b>Ashvini Until 2:24AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	Subhakra 5124
	323545479	<b>Rahu</b> 10:32AM – 12:06PM	Yama 3:14PM – 4:49PM	Saubhagya Until 10:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 5 - Phase 6 - 10 2nd Phase
Creative Work Amrita Yoga Until 2:24AM Sat Then Creative Work - Siddha Yoga			Gara Until 12:25AM Sat <b>Dvadashi* Until 11:47AM</b>		Moon – White <b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>
<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Saturday, May 28, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anuradhapura, Sri Lanka Sun 11 Sutra 41
	Mesha Rasi: 15.1	Tithi 28 – 29	<b>Gulika</b> 5:50AM – 7:24AM	<b>Bharani Until 4:38AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	Subhakra 5124
	323545479	<b>Rahu</b> 8:58AM – 10:32AM	Yama 1:40PM – 3:15PM	Sobhana Until 10:21PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 5 - Phase 6 - 11 2nd Phase
Creative Work Siddha Yoga			Visti Until 2:00AM Sun <b>Trayodashi* Until 1:09PM</b>		Moon – White <b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>

<b>6</b>	<b>Sunday, May 29, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anuradhapura, Sri Lanka Sun 12 Sutra 42
	Mesha Rasi: 27.21	Tithi 29 – 30	<b>Gulika</b> 3:15PM – 4:49PM	<b>Krittika Until 7:02AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	Subhakra 5124
	323545479	<b>Rahu</b> 4:49PM – 6:23PM	Yama 12:06PM – 1:41PM	Athiganda* Until 10:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 5 - Phase 6 - 12 2nd Phase
Creative Work Siddha Yoga Until 7:02AM Mon Then Creative Work - Amrita Yoga			Catuspada Until 3:58AM Mon <b>Chaturdashi* Until 2:55PM</b>		Moon – White <b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>

	<b>Monday, May 30, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anuradhapura, Sri Lanka Sun 13 Sutra 43
	<b>Retreat Star</b>		<b>Gulika</b> 1:41PM – 3:15PM	<b>Krittika Until 7:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	Subhakra 5124
	Vrishabha Rasi: 9.23	Tithi 30 – 1	Yama 10:32AM – 12:07PM	Sukarma Until 11:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 5 - Phase 6 - 13 Amavasya
<b>Family Home Evening</b>			<b>Rahu</b> 7:24AM – 8:58AM	Kintughna Until 6:12AM Tue <b>Amavasya* Until 5:02PM</b>	Moon – White <b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>
Routine Work Marana Yoga Until 7:02AM Then Creative Work - Amrita Yoga							

<b>7</b>	<b>Tuesday, May 31, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Anuradhapura, Sri Lanka Sun 14 Sutra 44
	<b>Retreat Star</b>		<b>Gulika</b> 12:07PM – 1:41PM	<b>Rohini Until 10:03AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:50AM	Subhakra 5124
	Vrishabha Rasi: 21.19	Tithi 1	Yama 8:58AM – 10:32AM	Dhriti Until 12:36AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 6 - 14 Prathama
Creative Work Amrita Yoga Until 10:03AM Then Creative Work - Siddha Yoga			Kintughna Until 6:12AM <b>Prathama* Until 7:22PM</b>		Moon – Yellow <b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Wednesday, June 1, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Anuradhapura, Sri Lanka
	Mithuna Rasi: 3.11	Tithi 2	Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 45
	Creative Work	Siddha Yoga	<b>Gulika</b> 10:33AM – 12:07PM Yama 7:24AM – 8:58AM 333545479 <b>Rahu</b> 12:07PM – 1:41PM	<b>Mrigashira</b> Until 1:03PM Shula* Until 1:35AM Thu Balava Until 8:37AM <b>Dvitiya</b> Until 9:50PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:24PM	Subhakit 5124 Moon 5 - Phase 7 - 15 3rd Phase <b>Devaloka Day</b>

<b>2</b>	<b>Thursday, June 2, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Anuradhapura, Sri Lanka
	Mithuna Rasi: 15.01	Tithi 3	Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 46
	Routine Work	Marana Yoga	<b>Gulika</b> 8:58AM – 10:33AM Yama 5:50AM – 7:24AM 333545479 <b>Rahu</b> 1:41PM – 3:16PM	<b>Ardra</b> Until 3:55PM Ganda* Until 2:36AM Fri Taitila Until 11:06AM <b>Tritiya</b> Until 12:19AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:24PM	Subhakit 5124 Moon 5 - Phase 7 - 16 3rd Phase <b>Devaloka Day</b>

<b>3</b>	<b>Friday, June 3, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Anuradhapura, Sri Lanka
	Mithuna Rasi: 26.51	Tithi 4	Punarvasu Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Sun 17 Sutra 47
	Creative Work	Siddha Yoga	<b>Gulika</b> 7:24AM – 8:59AM Yama 3:16PM – 4:50PM 343555479 <b>Rahu</b> 10:33AM – 12:07PM	<b>Punarvasu</b> Until 7:05PM Vriddhi Until 3:33AM Sat Vanija Until 1:33PM <b>Chaturthi*</b> Until 2:42AM Sat	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:24PM	Subhakit 5124 Moon 5 - Phase 7 - 17 3rd Phase <b>Devaloka Day</b>

<b>4</b>	<b>Saturday, June 4, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Anuradhapura, Sri Lanka
	Kataka Rasi: 8.44	Tithi 5	Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 48
	Creative Work	Siddha Yoga	<b>Gulika</b> 5:50AM – 7:24AM Yama 1:42PM – 3:16PM 343555479 <b>Rahu</b> 8:59AM – 10:33AM	<b>Pushya</b> Until 9:53PM Dhruva Until 4:17AM Sun Bava Until 3:50PM <b>Panchami</b> Until 4:51AM Sun	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:25PM	Subhakit 5124 Moon 5 - Phase 7 - 18 3rd Phase <b>Devaloka Day</b>

<b>5</b>	<b>Sunday, June 5, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Anuradhapura, Sri Lanka
	Kataka Rasi: 20.43	Tithi 6	Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19 Sutra 49
	Creative Work	Siddha Yoga	<b>Gulika</b> 3:16PM – 4:51PM Yama 12:07PM – 1:42PM 343555471 <b>Rahu</b> 4:51PM – 6:25PM	<b>Ashlesha*</b> Until 12:12AM Mon Vyaghata* Until 4:45AM Mon Kaulava Until 5:49PM <b>Shashthi*</b> Until 6:38AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:25PM	Subhakit 5124 Moon 5 - Phase 7 - 19 3rd Phase <b>Devaloka Day</b>

<b>6</b>	<b>Monday, June 6, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Anuradhapura, Sri Lanka
	Simha Rasi: 2.51	Tithi 6 – 7	Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Sun 20 Sutra 50
	Family Home Evening	353555471	<b>Gulika</b> 1:42PM – 3:16PM Yama 10:33AM – 12:08PM <b>Rahu</b> 7:25AM – 8:59AM	<b>Magha*</b> Until 2:23AM Tue Harshana Until 4:51AM Tue Gara Until 7:21PM <b>Shashthi*</b> Until 6:38AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:25PM	Subhakit 5124 Moon 5 - Phase 7 - 20 3rd Phase <b>Sivaloka Day</b>

<b>D</b>	<b>Tuesday, June 7, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Anuradhapura, Sri Lanka
	<b>Retreat Star</b>		Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 51
	Simha Rasi: 15.12	Tithi 7 – 8	<b>Gulika</b> 12:08PM – 1:42PM Yama 8:59AM – 10:33AM 354555471 <b>Rahu</b> 3:17PM – 4:51PM	<b>Purvaphalguni</b> Until 3:48AM Wed Vajra* Until 4:25AM Wed Visti Until 8:18PM <b>Saptami</b> Until 7:53AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:25PM	Subhakit 5124 Moon 5 - Phase 7 - 21 Ashtami <b>Devaloka Day</b>

<b>D</b>	<b>Wednesday, June 8, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Anuradhapura, Sri Lanka
	<b>Retreat Star</b>		Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 52
	Simha Rasi: 27.5	Tithi 8 – 9	<b>Gulika</b> 10:34AM – 12:08PM Yama 7:25AM – 8:59AM 354555471 <b>Rahu</b> 12:08PM – 1:42PM	<b>Uttaraphalguni</b> Until 4:21AM Thu Siddhi Until 3:25AM Thu Balava Until 8:33PM <b>Ashtami*</b> Until 8:30AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:26PM	Subhakit 5124 Moon 5 - Phase 7 - 22 Navami <b>Devaloka Day</b>

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


<b>1</b>	<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hashta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Anuradhapura, Sri Lanka Sun 23 Sutra 53
	Kanya Rasi: 10.49	Tithi 9 – 10	<b>Gulika</b> 8:59AM – 10:34AM	<b>Hasta</b> <b>Until 4:25AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
			Yama 5:51AM – 7:25AM	Vyatipata* Until 1:49AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:26PM	Moon 5 - Phase 8 - 23
			364555471 <b>Rahu</b> 1:43PM – 3:17PM	Taitila Until 8:01PM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work Marana Yoga			<b>Navami* Until 8:21AM</b>	Moon – Green	<b>Bhuloka Day</b>		
Until 4:25AM Fri				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga							


<b>2</b>	<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Anuradhapura, Sri Lanka Sun 24 Sutra 54
	Kanya Rasi: 24.13	Tithi 10 – 11	<b>Gulika</b> 7:25AM – 9:00AM	<b>Chitra</b> <b>Until 3:35AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
			Yama 3:17PM – 4:52PM	Variyan Until 11:33PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:26PM	Moon 5 - Phase 8 - 24
			364555471 <b>Rahu</b> 10:34AM – 12:08PM	Vanija Until 6:42PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga			<b>Dashami</b> <b>Until 7:26AM</b>	Moon – Green	<b>Bhuloka Day</b>		
				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		

<b>3</b>	<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Anuradhapura, Sri Lanka Sun 25 Sutra 55
	Tula Rasi: 8.04	Tithi 12	<b>Gulika</b> 5:51AM – 7:25AM	<b>Svati</b> <b>Until 1:54AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
			Yama 1:43PM – 3:17PM	Parigha* Until 8:43PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:26PM	Moon 5 - Phase 8 - 25
			364555471 <b>Rahu</b> 9:00AM – 10:34AM	Bava Until 4:38PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> <b>Until 3:21AM Sun</b>	Moon – Green	<b>Bhuloka Day</b>		
Until 1:54AM Sun				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anuradhapura, Sri Lanka Sun 26 Sutra 56
	Tula Rasi: 22.23	Tithi 13	<b>Gulika</b> 3:18PM – 4:52PM	<b>Vishakha</b> <b>Until 11:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
			Yama 12:09PM – 1:43PM	Shiva Until 5:23PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 8 - 26
			374555471 <b>Rahu</b> 4:52PM – 6:27PM	Kaulava Until 1:57PM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work Marana Yoga			<b>Trayodashi</b> <b>Until 12:23AM Mon</b>	Moon – Orange	<b>Devaloka Day</b>		
		<b>Vaikasi Visakam</b>		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Anuradhapura, Sri Lanka Sun 27 Sutra 57
	Vrischika Rasi: 7.05	Tithi 14	<b>Gulika</b> 1:43PM – 3:18PM	<b>Anuradha</b> <b>Until 9:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 10:35AM – 12:09PM	Siddha Until 1:38PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 8 - 27
			374555471 <b>Rahu</b> 7:26AM – 9:00AM	Gara Until 10:45AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 9:00PM</b>	Moon – Orange	<b>Devaloka Day</b>		
				Jyeshtha-Vaikasi			

	<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Anuradhapura, Sri Lanka Sutra 58
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:09PM – 1:44PM	<b>Jyeshtha*</b> <b>Until 6:22PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
	Vrischika Rasi: 22.06	Tithi 15 – 16	Yama 9:00AM – 10:35AM	Sadhya Until 9:36AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 8 - Purnima
			374555471 <b>Rahu</b> 3:18PM – 4:53PM	Visti Until 7:12AM	<b>Nataraja:</b> Yellow		
Routine Work Marana Yoga			<b>Purnima* Until 5:19PM</b>	Moon – Orange	<b>Devaloka Day</b>		
Until 6:22PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

	<b>Wednesday, June 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Anuradhapura, Sri Lanka Sutra 59
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:35AM – 12:09PM	<b>Mula*</b> <b>Until 3:32PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
	Dhanus Rasi: 7.17	Tithi 16 – 17	Yama 7:26AM – 9:00AM	Sukla Until 1:14AM Thu	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 8 - Prathama
			384555471 <b>Rahu</b> 12:09PM – 1:44PM	Taitila Until 11:39PM	<b>Nataraja:</b> Yellow		
Routine Work Marana Yoga			<b>Prathama* Until 1:32PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>		
Until 3:32PM				Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga							





Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

Anuradhapura, Sri Lanka

Sun 1 Sutra 60

Subhakrit 5124

Dhanus Rasi: 22.28 Tithi 17 - 18

384555471

Gulika 9:01AM - 10:35AM  
Yama 5:52AM - 7:26AM  
Rahu 1:44PM - 3:19PM

Purvashadha\* Until 12:38PM  
Brahma Until 9:10PM  
Vanija Until 8:00PM  
Dvitiya Until 9:47AM

Ganesha: Blue  
Muruga: Green  
Nataraja: Yellow  
Moon - Light Blue  
Jyeshtha-Ani

Sunrise: 5:52AM  
Sunset: 6:28PM

Moon 6 - Phase 9 - 1  
1st Phase

Bhuloka Day  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 12:38PM

Then Routine Work - Marana Yoga

Friday, June 17, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili\* Yoga Visti/Balava Karana Tritiya/Chaturthiyam Titau

Anuradhapura, Sri Lanka

Sun 2 Sutra 61

Subhakrit 5124

Makara Rasi: 7.31 Tithi 18 - 19

384555471

Gulika 7:26AM - 9:01AM  
Yama 3:19PM - 4:53PM  
Rahu 10:35AM - 12:10PM

Uttarashadha Until 9:51AM  
Indra Until 5:21PM  
Balava Until 3:04AM Sat  
Tritiya Until 6:15AM

Ganesha: Blue  
Muruga: Green  
Nataraja: Yellow  
Moon - Light Blue  
Jyeshtha-Ani

Sunrise: 5:52AM  
Sunset: 6:28PM

Moon 6 - Phase 9 - 2  
1st Phase

Bhuloka Day  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Saturday, June 18, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili/Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anuradhapura, Sri Lanka

Sun 3 Sutra 62

Subhakrit 5124

Makara Rasi: 22.17 Tithi 20

394655471

Gulika 5:52AM - 7:27AM  
Yama 1:45PM - 3:19PM  
Rahu 9:01AM - 10:36AM

Shravana Until 7:43AM  
Vaidhrili\* Until 1:53PM  
Kaulava Until 1:41PM  
Panchami Until 12:24AM Sun

Ganesha: Blue  
Muruga: Green  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 5:52AM  
Sunset: 6:28PM

Moon 6 - Phase 9 - 3  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Sunday, June 19, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shashthiyam Titau

Anuradhapura, Sri Lanka

Sun 4 Sutra 63

Subhakrit 5124

Kumbha Rasi: 6.4 Tithi 21

395655471

Gulika 3:19PM - 4:54PM  
Yama 12:10PM - 1:45PM  
Rahu 4:54PM - 6:28PM

Shatabhishak Until 4:46AM Mon  
Vishkambha\* Until 10:54AM  
Gara Until 11:19AM  
Shashthi\* Until 10:22PM

Ganesha: Red  
Muruga: Green  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 5:52AM  
Sunset: 6:28PM

Moon 6 - Phase 9 - 4  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Routine Work - Marana Yoga

Monday, June 20, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Saptamyam Titau

Anuradhapura, Sri Lanka

Sun 5 Sutra 64

Subhakrit 5124

Kumbha Rasi: 20.37 Tithi 22

315655471

Gulika 1:45PM - 3:20PM  
Yama 10:36AM - 12:10PM  
Rahu 7:27AM - 9:01AM

Purvaproshtapada\* Until 4:35AM Tue  
Priti Until 8:30AM  
Visti Until 9:38AM  
Saptami Until 9:03PM

Ganesha: Clear  
Muruga: Green  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 5:52AM  
Sunset: 6:29PM

Moon 6 - Phase 9 - 5  
1st Phase

Devaloka Day

Family Home Evening  
Routine Work Marana Yoga

Until 4:35AM Tue

Then Creative Work - Amrita Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Anuradhapura, Sri Lanka

Sun 6 Sutra 65

Subhakrit 5124

Meena Rasi: 4.06 Tithi 23

315655471

Gulika 12:11PM - 1:45PM  
Yama 9:02AM - 10:36AM  
Rahu 3:20PM - 4:54PM

Uttaraproshtapada Until 5:02AM Wed  
Ayushman Until 6:40AM  
Balava Until 8:42AM  
Ashtami\* Until 8:31PM

Ganesha: Clear  
Muruga: Green  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 5:53AM  
Sunset: 6:29PM

Moon 6 - Phase 9 - 6  
Ashtami

Devaloka Day

Creative Work Amrita Yoga

Until 5:02AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Anuradhapura, Sri Lanka

Sun 7 Sutra 66

Subhakrit 5124

Meena Rasi: 17.11 Tithi 24

315655471

Gulika 10:36AM - 12:11PM  
Yama 7:27AM - 9:02AM  
Rahu 12:11PM - 1:45PM

Revati Until 6:02AM Thu  
Sobhana Until 4:54AM Thu  
Taitila Until 8:33AM  
Navami\* Until 8:44PM

Ganesha: Clear  
Muruga: Green  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 5:53AM  
Sunset: 6:29PM

Moon 6 - Phase 9 - 7  
Navami

Devaloka Day

Routine Work Marana Yoga

Until 6:02AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

es are standard time. Calculated for Anuradhapura, Sri Lanka on :

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, June 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Anuradhapura, Sri Lanka Sun 8 Sutra 67	
Meena Rasi: 29.53	Tithi 25	<b>Gulika</b> 9:02AM – 10:37AM	<b>Revati Until 6:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM	Subhakrit 5124	
		Yama 5:53AM – 7:28AM	Athiganda* Until 4:49AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:29PM	Moon 6 - Phase 10 - 8	
		315655471 <b>Rahu</b> 1:46PM – 3:20PM	Vanija Until 9:08AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 9:40PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 6:02AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Friday, June 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Anuradhapura, Sri Lanka Sun 9 Sutra 68	
Mesha Rasi: 12.17	Tithi 26	<b>Gulika</b> 7:28AM – 9:02AM	<b>Ashvini Until 8:01AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	Subhakrit 5124	
		Yama 3:20PM – 4:55PM	Sukarma Until 5:11AM Sat	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:29PM	Moon 6 - Phase 10 - 9	
		325655471 <b>Rahu</b> 10:37AM – 12:11PM	Bava Until 10:23AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:11PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 8:01AM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga						Devaloka Time: 6:PM to 9:PM	

<b>3</b>		<b>Saturday, June 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau		Anuradhapura, Sri Lanka Sun 10 Sutra 69	
Mesha Rasi: 24.28	Tithi 27	<b>Gulika</b> 5:54AM – 7:28AM	<b>Bharani Until 10:22AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM	Subhakrit 5124	
		Yama 1:46PM – 3:21PM	Dhriti Until 5:53AM Sun	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 10 - 10	
		325655471 <b>Rahu</b> 9:03AM – 10:37AM	Kaulava Until 12:09PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvodashi* Until 1:10AM Sun</b>	Moon – White		<b>Bhuloka Day</b>	
Until 10:22AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga						Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Sunday, June 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Anuradhapura, Sri Lanka Sun 11 Sutra 70	
Vrishabha Rasi: 6.28	Tithi 28	<b>Gulika</b> 3:21PM – 4:55PM	<b>Krittika Until 12:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM	Subhakrit 5124	
		Yama 12:12PM – 1:46PM	Shula* Until 6:47AM Mon	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 10 - 11	
		325655471 <b>Rahu</b> 4:55PM – 6:30PM	Gara Until 2:18PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 3:27AM Mon</b>	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha-Ani			
						Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, June 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Anuradhapura, Sri Lanka Sun 12 Sutra 71	
Vrishabha Rasi: 18.22	Tithi 29	<b>Gulika</b> 1:46PM – 3:21PM	<b>Rohini Until 4:03PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:54AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:37AM – 12:12PM	Shula* Until 6:47AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 10 - 12	
		335655471 <b>Rahu</b> 7:28AM – 9:03AM	Visti Until 4:41PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 5:55AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Jyeshtha-Ani			
						Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Tuesday, June 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Catuspada* Karana Amavasyayam Titau		Anuradhapura, Sri Lanka Sun 13 Sutra 72	
Mithuna Rasi: 0.12	Tithi 30	<b>Gulika</b> 12:12PM – 1:47PM	<b>Mrigashira Until 7:07PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:54AM	Subhakrit 5124	
		Yama 9:03AM – 10:38AM	Ganda* Until 7:48AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 10 - 13	
		335655471 <b>Rahu</b> 3:21PM – 4:56PM	Catuspada Until 7:11PM	<b>Nataraja:</b> Yellow		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 8:25AM Wed</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 7:07PM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga						Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Wednesday, June 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Anuradhapura, Sri Lanka Sun 14 Sutra 73	
Mithuna Rasi: 12.01	Tithi 30 – 1	<b>Gulika</b> 10:38AM – 12:12PM	<b>Ardra Until 10:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM	Subhakrit 5124	
		Yama 7:29AM – 9:03AM	Vridhhi Until 8:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 10 - 14	
		336655471 <b>Rahu</b> 12:12PM – 1:47PM	Kintughna Until 9:40PM	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya* Until 8:25AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada-Ani			
						Devaloka Time: 6:PM to 9:PM	

<b>1</b>		<b>Thursday, June 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Anuradhapura, Sri Lanka Sun 15 Sutra 74	
Mithuna Rasi: 23.51	Tithi 1 – 2	<b>Gulika</b> 9:04AM – 10:38AM	<b>Punarvasu</b> Until 1:08AM Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:55AM	Subhakit 5124	
		Yama 5:55AM – 7:29AM	Dhruva Until 9:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 11 - 15	
		346655471 <b>Rahu</b> 1:47PM – 3:22PM	Balava Until 12:04AM Fri	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 10:52AM	Moon – Blue		<b>Bhuloka Day</b>	
Until 1:08AM Fri				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
<b>2</b>		<b>Friday, July 1, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Anuradhapura, Sri Lanka Sun 16 Sutra 75	
Kataka Rasi: 5.44	Tithi 2 – 3	<b>Gulika</b> 7:29AM – 9:04AM	<b>Pushya</b> Until 3:56AM Sat	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:55AM	Subhakit 5124	
		Yama 3:22PM – 4:56PM	Vyaghata* Until 10:46AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 16	
		346655471 <b>Rahu</b> 10:38AM – 12:13PM	Taitila Until 2:17AM Sat	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 1:11PM	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Saturday, July 2, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Anuradhapura, Sri Lanka Sun 17 Sutra 76	
Kataka Rasi: 17.41	Tithi 3 – 4	<b>Gulika</b> 5:55AM – 7:30AM	<b>Ashlesha*</b> Until 6:19AM Sun	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:55AM	Subhakit 5124	
		Yama 1:47PM – 3:22PM	Harshana Until 11:32AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 17	
		346655471 <b>Rahu</b> 9:04AM – 10:39AM	Vanija Until 4:15AM Sun	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya</b> Until 3:17PM	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Sunday, July 3, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Anuradhapura, Sri Lanka Sun 18 Sutra 77	
Kataka Rasi: 29.45	Tithi 4 – 5	<b>Gulika</b> 3:22PM – 4:56PM	<b>Ashlesha*</b> Until 6:19AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:55AM	Subhakit 5124	
		Yama 12:13PM – 1:48PM	Vajra* Until 12:04PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 18	
		346655471 <b>Rahu</b> 4:56PM – 6:31PM	Bava Until 5:53AM Mon	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 5:06PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 6:19AM				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							
<b>5</b>		<b>Monday, July 4, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava Karana Panchamyam Titau		Anuradhapura, Sri Lanka Sun 19 Sutra 78	
Simha Rasi: 11.56	Tithi 5	<b>Gulika</b> 1:48PM – 3:22PM	<b>Magha*</b> Until 8:42AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
<b>Family Home Evening</b>		Yama 10:39AM – 12:13PM	Siddhi Until 12:20PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 19	
		356655471 <b>Rahu</b> 7:30AM – 9:05AM	Balava Until 6:32PM	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Panchami</b> Until 6:32PM	Moon – Red		<b>Devaloka Day</b>	
Until 8:42AM				Ashada*Ani			
Then Creative Work - Siddha Yoga							
<b>6</b>		<b>Tuesday, July 5, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Anuradhapura, Sri Lanka Sun 20 Sutra 79	
Simha Rasi: 24.19	Tithi 6	<b>Gulika</b> 12:14PM – 1:48PM	<b>Purvaphalguni</b> Until 10:29AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
		Yama 9:05AM – 10:39AM	Vyatipata* Until 12:15PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 20	
		356655471 <b>Rahu</b> 3:22PM – 4:57PM	Kaulava Until 7:05AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 7:28PM	Moon – Red		<b>Devaloka Day</b>	
Until 10:29AM				Ashada*Ani			
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, July 6, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Anuradhapura, Sri Lanka Sun 21 Sutra 80	
Kanya Rasi: 6.56	Tithi 7	<b>Gulika</b> 10:39AM – 12:14PM	<b>Uttaraphalguni</b> Until 11:34AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
		Yama 7:31AM – 9:05AM	Varyan Until 11:42AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 21	
		357655471 <b>Rahu</b> 12:14PM – 1:48PM	Gara Until 7:45AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 7:49PM	Moon – Red		<b>Devaloka Day</b>	
Until 11:34AM				Ashada*Ani			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, July 7, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Anuradhapura, Sri Lanka Sun 22 Sutra 81	
Kanya Rasi: 19.51	Tithi 8	<b>Gulika</b> 9:05AM – 10:39AM	<b>Hasta</b> Until 12:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
		Yama 5:56AM – 7:31AM	Parigha* Until 10:38AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 22	
		467655471 <b>Rahu</b> 1:48PM – 3:23PM	Visti Until 7:46AM	<b>Nataraja:</b> Yellow		Ashtami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 7:29PM	Moon – Green		<b>Devaloka Day</b>	
Until 12:20PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, July 8, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Anuradhapura, Sri Lanka Sun 23 Sutra 82	
Tula Rasi: 3.09	Tithi 9	<b>Gulika</b> 7:31AM – 9:05AM	<b>Chitra</b> Until 12:13PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	Subhakit 5124	
		Yama 3:23PM – 4:57PM	Shiva Until 9:01AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 23	
		467655471 <b>Rahu</b> 10:40AM – 12:14PM	Balava Until 7:03AM	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:25PM	Moon – Green		<b>Devaloka Day</b>	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	<b>Saturday, July 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Anuradhapura, Sri Lanka Sun 24      Sutra 83
	Tula Rasi: 16.52      Tithi 10 – 11	<b>Gulika</b> 5:57AM – 7:31AM	<b>Svati</b> <b>Until 11:13AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:57AM	Subhakrit 5124
	467655471	Yama      1:48PM – 3:23PM	Siddha <b>Until 6:46AM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12 - 24
	Creative Work      Siddha Yoga	<b>Rahu</b> 9:06AM – 10:40AM	Vanija <b>Until 3:28AM Sun</b>	<b>Nataraja:</b> Yellow Moon – Green	4th Phase
			<b>Dashami</b> <b>Until 4:37PM</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>

2	<b>Sunday, July 10, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			Anuradhapura, Sri Lanka Sun 25      Sutra 84
	Vrischika Rasi: 1.01      Tithi 11 – 12	<b>Gulika</b> 3:23PM – 4:57PM	<b>Vishakha</b> <b>Until 9:50AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:57AM	Subhakrit 5124
	477655471	Yama      12:14PM – 1:49PM	Subha <b>Until 12:39AM Mon</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:32PM	Moon 6 - Phase 12 - 25
	Routine Work      Marana Yoga	<b>Rahu</b> 4:57PM – 6:32PM	Bava <b>Until 12:43AM Mon</b>	<b>Nataraja:</b> Yellow Moon – Orange	4th Phase
			<b>Ekadashi</b> <b>Until 2:09PM</b>	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

3	<b>Monday, July 11, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Anuradhapura, Sri Lanka Sun 26      Sutra 85
	Vrischika Rasi: 16      Tithi 12 – 13	<b>Gulika</b> 1:49PM – 3:23PM	<b>Anuradha</b> <b>Until 7:43AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:57AM	Subhakrit 5124
	477655471	Yama      10:40AM – 12:14PM	Sukla <b>Until 8:54PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:32PM	Moon 6 - Phase 12 - 26
	Family Home Evening Creative Work      Siddha Yoga	<b>Rahu</b> 7:32AM – 9:06AM	Kaulava <b>Until 9:27PM</b>	<b>Nataraja:</b> Yellow Moon – Orange	4th Phase
			<b>Dvadashi</b> <b>Until 11:07AM</b>	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
<i>Pradosha Vrata</i>					

4	<b>Tuesday, July 12, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau			Anuradhapura, Sri Lanka Sun 27      Sutra 86
	Dhanus Rasi: 0.32      Tithi 13 – 14	<b>Gulika</b> 12:15PM – 1:49PM	<b>Mula*</b> <b>Until 2:16AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:58AM	Subhakrit 5124
	488655471	Yama      9:06AM – 10:40AM	Brahma <b>Until 4:52PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:32PM	Moon 6 - Phase 12 - 27
	Creative Work      Amrita Yoga	<b>Rahu</b> 3:23PM – 4:57PM	Vanija <b>Until 3:56AM Wed</b>	<b>Nataraja:</b> Yellow Moon – Light Blue	4th Phase
			<b>Trayodashi</b> <b>Until 7:40AM</b>	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>

○	<b>Wednesday, July 13, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti/Bava Karana Purnimayam Titau			Anuradhapura, Sri Lanka Sutra 87
	<b>Copper Retreat Star</b>	<b>Gulika</b> 10:40AM – 12:15PM	<b>Purvashadha*</b> <b>Until 11:16PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:58AM	Subhakrit 5124
	Dhanus Rasi: 15.41      Tithi 15	Yama      7:32AM – 9:06AM	Indra <b>Until 12:41PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:32PM	Moon 6 - Phase 12 -
	488755471	<b>Rahu</b> 12:15PM – 1:49PM	Visti <b>Until 2:02PM</b>	<b>Nataraja:</b> Yellow Moon – Light Blue	Purnima
Creative Work      Amrita Yoga	<b>Satguru Purnima</b>	<b>Purnima*</b> <b>Until 12:05AM Thu</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>	

○	<b>Thursday, July 14, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Anuradhapura, Sri Lanka Sutra 88
	<b>Silver Retreat Star</b>	<b>Gulika</b> 9:06AM – 10:41AM	<b>Uttarashadha</b> <b>Until 8:10PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:58AM	Subhakrit 5124
	Makara Rasi: 0.56      Tithi 16	Yama      5:58AM – 7:32AM	Vaidhriti* <b>Until 8:25AM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:32PM	Moon 6 - Phase 12 -
	488755471	<b>Rahu</b> 1:49PM – 3:23PM	Balava <b>Until 10:11AM</b>	<b>Nataraja:</b> Yellow Moon – Light Blue	Prathama
Routine Work      Marana Yoga Until 8:10PM Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>	<b>Devaloka Day</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Prithi Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Anuradhapura, Sri Lanka  
Sun 1 Sutra 89

Makara Rasi: 16.05 Tithi 17 - 18

**Gulika** 7:32AM - 9:07AM  
**Yama** 3:23PM - 4:57PM  
**Rahu** 10:41AM - 12:15PM

**Shravana Until 5:34PM**  
Prithi Until 12:24AM Sat  
Taitila Until 6:29AM  
**Dvitiya Until 4:43PM**

**Ganesha:** Blue *Sunrise: 5:58AM*  
**Muruqa:** Green *Sunset: 6:32PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Ani**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 5:34PM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Anuradhapura, Sri Lanka  
Sun 2 Sutra 90

Kumbha Rasi: 1.01 Tithi 18 - 19

**Gulika** 5:58AM - 7:33AM  
**Yama** 1:49PM - 3:23PM  
**Rahu** 9:07AM - 10:41AM

**Dhanishtha Until 3:14PM**  
Ayushman Until 8:52PM  
Bava Until 12:10AM Sun  
**Tritiya Until 1:32PM**

**Ganesha:** Blue *Sunrise: 5:58AM*  
**Muruqa:** Green *Sunset: 6:32PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga  
Until 3:14PM  
Then Creative Work - Amrita Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anuradhapura, Sri Lanka  
Sun 3 Sutra 91

Kumbha Rasi: 15.33 Tithi 19 - 20

**Gulika** 3:23PM - 4:58PM  
**Yama** 12:15PM - 1:49PM  
**Rahu** 4:58PM - 6:32PM

**Shatabhishak Until 1:20PM**  
Saubhagya Until 5:52PM  
Kaulava Until 9:52PM  
**Chaturthi\* Until 10:55AM**

**Ganesha:** Blue *Sunrise: 5:59AM*  
**Muruqa:** Green *Sunset: 6:32PM*  
**Nataraja:** White  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**

Creative Work Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anuradhapura, Sri Lanka  
Sun 4 Sutra 92

Kumbha Rasi: 29.38 Tithi 20 - 21

**Gulika** 1:49PM - 3:23PM  
**Yama** 10:41AM - 12:15PM  
**Rahu** 7:33AM - 9:07AM

**Purvaprosarthapada\* Until 12:26PM**  
Sobhana Until 3:28PM  
Gara Until 8:20PM  
**Panchami Until 8:59AM**

**Ganesha:** White *Sunrise: 5:59AM*  
**Muruqa:** Green *Sunset: 6:32PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

**Family Home Evening**  
Routine Work Marana Yoga  
Until 12:26PM  
Then Creative Work - Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Anuradhapura, Sri Lanka  
Sun 5 Sutra 93

Meena Rasi: 13.13 Tithi 21 - 22

**Gulika** 12:15PM - 1:49PM  
**Yama** 9:07AM - 10:41AM  
**Rahu** 3:23PM - 4:57PM

**Uttaraprosarthapada Until 12:12PM**  
Athiganda\* Until 1:43PM  
Visti Until 7:39PM  
**Shashthi\* Until 7:52AM**

**Ganesha:** Clear *Sunrise: 5:59AM*  
**Muruqa:** Green *Sunset: 6:32PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga  
Until 12:12PM  
Then Creative Work - Siddha Yoga

**Retreat Star**

**Wednesday, July 20, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anuradhapura, Sri Lanka  
Sun 6 Sutra 94

Meena Rasi: 26.2 Tithi 22 - 23

**Gulika** 10:41AM - 12:15PM  
**Yama** 7:33AM - 9:07AM  
**Rahu** 12:15PM - 1:49PM

**Revati Until 12:40PM**  
Sukarma Until 12:41PM  
Balava Until 7:49PM  
**Saptami Until 7:36AM**

**Ganesha:** Clear *Sunrise: 5:59AM*  
**Muruqa:** Green *Sunset: 6:31PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anuradhapura, Sri Lanka  
Sun 7 Sutra 95

Mesha Rasi: 9.02 Tithi 23 - 24

**Gulika** 9:07AM - 10:41AM  
**Yama** 5:59AM - 7:33AM  
**Rahu** 1:49PM - 3:23PM

**Ashvini Until 2:16PM**  
Dhriti Until 12:19PM  
Taitila Until 8:49PM  
**Ashtami\* Until 8:12AM**

**Ganesha:** Purple *Sunrise: 5:59AM*  
**Muruqa:** Green *Sunset: 6:31PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 2:16PM  
Then Creative Work - Siddha Yoga

<b>1</b>	<b>Friday, July 22, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Anuradhapura, Sri Lanka Sun 8 Sutra 96
	Mesha Rasi: 21.23    Tithi 24 – 25	<b>Gulika</b> 7:34AM – 9:08AM	<b>Bharani</b> <b>Until 4:24PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:00AM	Subhakit 5124
		Yama    3:23PM – 4:57PM	Shula* <b>Until 12:29PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:31PM	Moon 7 - Phase 14 - 8
	429755472 <b>Rahu</b> 10:41AM – 12:15PM	Vanija <b>Until 10:29PM</b>	<b>Nataraja:</b> White	2nd Phase	
Creative Work    Siddha Yoga	<b>Navami* Until 9:33AM</b>			Moon – White	<b>Devaloka Day</b>
<b>Ashada*Adi</b>					

<b>2</b>	<b>Saturday, July 23, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Anuradhapura, Sri Lanka Sun 9 Sutra 97
	Vrishabha Rasi: 3.29    Tithi 25 – 26	<b>Gulika</b> 6:00AM – 7:34AM	<b>Krittika</b> <b>Until 6:54PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:00AM	Subhakit 5124
		Yama    1:49PM – 3:23PM	Ganda* <b>Until 1:07PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:31PM	Moon 7 - Phase 14 - 9
	429755472 <b>Rahu</b> 9:08AM – 10:42AM	Bava <b>Until 12:38AM Sun</b>	<b>Nataraja:</b> White	2nd Phase	
Creative Work    Amrita Yoga	<b>Dashami Until 11:29AM</b>			Moon – White	<b>Devaloka Day</b>
<b>Ashada*Adi</b>					

<b>3</b>	<b>Sunday, July 24, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau			Anuradhapura, Sri Lanka Sun 10 Sutra 98
	Vrishabha Rasi: 15.25    Tithi 26 – 27	<b>Gulika</b> 3:23PM – 4:57PM	<b>Rohini</b> <b>Until 10:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:00AM	Subhakit 5124
		Yama    12:16PM – 1:49PM	Vriddhi <b>Until 2:02PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:31PM	Moon 7 - Phase 14 - 10
	439755472 <b>Rahu</b> 4:57PM – 6:31PM	Kaulava <b>Until 3:04AM Mon</b>	<b>Nataraja:</b> White	2nd Phase	
Creative Work    Siddha Yoga	<b>Ekadashi* Until 1:48PM</b>			Moon – Yellow	<b>Bhuloka Day</b>
<b>Ashada*Adi</b>					
Devaloka Time: 9:AM to 12:PM					

<b>4</b>	<b>Monday, July 25, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Taillita/Gara Karana Dvadoshi/Trayodashyam Titau			Anuradhapura, Sri Lanka Sun 11 Sutra 99	
	Vrishabha Rasi: 27.15    Tithi 27 – 28	<b>Gulika</b> 1:49PM – 3:23PM	<b>Mrigashira</b> <b>Until 1:07AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:00AM	Subhakit 5124	
	439755472 <b>Rahu</b> 7:34AM – 9:08AM	Dhruva <b>Until 3:04PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:31PM	Moon 7 - Phase 14 - 11		
	Family Home Evening	Gara <b>Until 5:36AM Tue</b>	<b>Nataraja:</b> White	2nd Phase		
Creative Work    Amrita Yoga	<b>Dvadoshi* Until 4:19PM</b>			Moon – Yellow	<b>Bhuloka Day</b>	
Until 1:07AM Tue	<i>Pradosha Vrata (Fasting)</i>			<b>Ashada*Adi</b>	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

<b>5</b>	<b>Tuesday, July 26, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Trayodashyam Titau			Anuradhapura, Sri Lanka Sun 12 Sutra 100	
	Mithuna Rasi: 9.04    Tithi 28	<b>Gulika</b> 12:16PM – 1:49PM	<b>Ardra</b> <b>Until 4:00AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:00AM	Subhakit 5124	
		Yama    9:08AM – 10:42AM	Vyaghata* <b>Until 4:08PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:31PM	Moon 7 - Phase 14 - 12	
	439755472 <b>Rahu</b> 3:23PM – 4:57PM	Vanija <b>Until 6:50PM</b>	<b>Nataraja:</b> White	2nd Phase		
Routine Work    Marana Yoga	<b>Trayodashi* Until 6:50PM</b>			Moon – Yellow	<b>Bhuloka Day</b>	
Until 4:00AM Wed						
Then Creative Work - Siddha Yoga						
<b>Ashada*Adi</b>						
Devaloka Time: 9:AM to 12:PM						

<b>6</b>	<b>Wednesday, July 27, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Anuradhapura, Sri Lanka Sun 13 Sutra 101	
	Mithuna Rasi: 20.53    Tithi 29	<b>Gulika</b> 10:42AM – 12:16PM	<b>Punarvasu</b> <b>Until 7:05AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:00AM	Subhakit 5124	
		Yama    7:34AM – 9:08AM	Harshana <b>Until 5:07PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:31PM	Moon 7 - Phase 14 - 13	
	441755472 <b>Rahu</b> 12:16PM – 1:49PM	Visti <b>Until 8:04AM</b>	<b>Nataraja:</b> White	2nd Phase		
Creative Work    Siddha Yoga	<b>Chaturdashi* Until 9:14PM</b>			Moon – Blue	<b>Bhuloka Day</b>	
Until 7:05AM Thu						
Then Creative Work - Amrita Yoga						
<b>Ashada*Adi</b>						
Devaloka Time: 9:AM to 12:PM						

	<b>Thursday, July 28, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Anuradhapura, Sri Lanka Sun 14 Sutra 102
	<b>Retreat Star</b>	<b>Gulika</b> 9:08AM – 10:42AM	<b>Punarvasu</b> <b>Until 7:05AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:01AM	Subhakit 5124
	Kataka Rasi: 2.47    Tithi 30	Yama    6:01AM – 7:34AM	Vajra* <b>Until 5:56PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:31PM	Moon 7 - Phase 14 - 14
	441755472 <b>Rahu</b> 1:49PM – 3:23PM	Catuspada <b>Until 10:22AM</b>	<b>Nataraja:</b> White	Amavasya	
Creative Work    Amrita Yoga	<b>Amavasya* Until 11:25PM</b>			Moon – Blue	<b>Bhuloka Day</b>
<b>Ashada*Adi</b>					
Devaloka Time: 9:AM to 12:PM					

<b>Retreat Star</b>	<b>Friday, July 29, 2022</b>	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau			Anuradhapura, Sri Lanka Sun 15 Sutra 103
	Kataka Rasi: 14.46    Tithi 1	<b>Gulika</b> 7:34AM – 9:08AM	<b>Pushya</b> <b>Until 9:46AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:01AM	Subhakit 5124
		Yama    3:23PM – 4:57PM	Siddhi <b>Until 6:34PM</b>	<b>Muruqa:</b> Green <i>Sunset:</i> 6:30PM	Moon 7 - Phase 14 - 15
	441755472 <b>Rahu</b> 10:42AM – 12:15PM	Kintughna <b>Until 12:27PM</b>	<b>Nataraja:</b> White	Prathama	
Routine Work    Marana Yoga	<b>Prathama* Until 1:21AM Sat</b>			Moon – Blue	<b>Bhuloka Day</b>
<b>Sravana*Adi</b>					
Devaloka Time: 9:AM to 12:PM					

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Anuradhapura, Sri Lanka Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 26.51	Tithi 2	<b>Gulika</b> 6:01AM – 7:34AM	<b>Ashlesha* Until 12:01PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:01AM		
		Yama 1:49PM – 3:23PM	Vyatipata* Until 7:00PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 15 - 16	
		441755472 <b>Rahu</b> 9:08AM – 10:42AM	Balava Until 2:14PM	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya Until 2:59AM Sun</b>	Moon – Blue			<b>Bhuloka Day</b>
Until 12:01PM				Sravana*Adi			Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Sunday, July 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau			Anuradhapura, Sri Lanka Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 9.04	Tithi 3	<b>Gulika</b> 3:23PM – 4:56PM	<b>Magha* Until 2:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:01AM		
		Yama 12:15PM – 1:49PM	Variyan Until 7:09PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 15 - 17	
		451755472 <b>Rahu</b> 4:56PM – 6:30PM	Taitila Until 3:42PM	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya Until 4:17AM Mon</b>	Moon – Red			<b>Bhuloka Day</b>
Until 2:18PM				Sravana*Adi			Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, August 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau			Anuradhapura, Sri Lanka Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 21.25	Tithi 4	<b>Gulika</b> 1:49PM – 3:23PM	<b>Purvaphalguni Until 4:05PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:01AM		
<b>Family Home Evening</b>		Yama 10:42AM – 12:15PM	Parigha* Until 7:02PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 15 - 18	
		451755472 <b>Rahu</b> 7:35AM – 9:08AM	Vanija Until 4:49PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 5:13AM Tue</b>	Moon – Red			<b>Bhuloka Day</b>
				Sravana*Adi			Devaloka Time: 9:AM to12:PM

<b>4</b>		<b>Tuesday, August 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau			Anuradhapura, Sri Lanka Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 3.56	Tithi 5	<b>Gulika</b> 12:15PM – 1:49PM	<b>Uttaraphalguni Until 5:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:01AM		
		Yama 9:08AM – 10:42AM	Shiva Until 6:36PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 15 - 19	
		451755472 <b>Rahu</b> 3:22PM – 4:56PM	Bava Until 5:32PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami Until 5:42AM Wed</b>	Moon – Red			<b>Bhuloka Day</b>
Until 5:18PM		<b>Nag Panchami</b>		Sravana*Adi			Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Wednesday, August 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau			Anuradhapura, Sri Lanka Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 16.4	Tithi 6	<b>Gulika</b> 10:42AM – 12:15PM	<b>Hasta Until 6:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM		
		Yama 7:35AM – 9:08AM	Siddha Until 5:47PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 15 - 20	
		461755472 <b>Rahu</b> 12:15PM – 1:49PM	Kaulava Until 5:47PM	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi* Until 5:41AM Thu</b>	Moon – Green			<b>Devaloka Day</b>
Until 6:23PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Thursday, August 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau			Anuradhapura, Sri Lanka Sun 21 Sutra 109 Subhakrit 5124
Kanya Rasi: 29.38	Tithi 7	<b>Gulika</b> 9:08AM – 10:42AM	<b>Chitra Until 6:47PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM		
		Yama 6:01AM – 7:35AM	Sadhya Until 4:33PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 15 - 21	
		461755472 <b>Rahu</b> 1:49PM – 3:22PM	Gara Until 5:30PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 5:07AM Fri</b>	Moon – Green			<b>Devaloka Day</b>
Until 6:47PM				Sravana*Adi			
Then Creative Work - Amrita Yoga							

<b>☾</b>		<b>Friday, August 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau			Anuradhapura, Sri Lanka Sun 22 Sutra 110 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 7:35AM – 9:08AM	<b>Svati Until 6:28PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM		
Tula Rasi: 12.53	Tithi 8	Yama 3:22PM – 4:55PM	Subha Until 2:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 15 - 22	
		461765472 <b>Rahu</b> 10:42AM – 12:15PM	Visti Until 4:37PM	<b>Nataraja:</b> White		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:56AM Sat</b>	Moon – Green			<b>Devaloka Day</b>
		<b>Varalakshmi Vratam</b>		Sravana*Adi			

<b>☽</b>		<b>Saturday, August 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau			Anuradhapura, Sri Lanka Sun 23 Sutra 111 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 6:01AM – 7:35AM	<b>Vishakha Until 5:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM		
Tula Rasi: 26.29	Tithi 9	Yama 1:48PM – 3:22PM	Sukla Until 12:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 15 - 23	
		472765472 <b>Rahu</b> 9:08AM – 10:42AM	Balava Until 3:08PM	<b>Nataraja:</b> White		Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 2:08AM Sun</b>	Moon – Orange			<b>Bhuloka Day</b>
				Sravana*Adi			


Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>	<b>Sunday, August 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Anuradhapura, Sri Lanka
	Vrischika Rasi: 10.28	Tithi 10	<b>Gulika</b> 3:21PM – 4:55PM	<b>Anuradha</b> Until 4:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM	Sun 24 Sutra 112
			Yama 12:15PM – 1:48PM	Brahma Until 9:58AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Subhakrit 5124
	Routine Work	Marana Yoga	472865472 <b>Rahu</b> 4:55PM – 6:28PM	Taitila Until 1:02PM	<b>Nataraja:</b> White		Moon 7 - Phase 16 - 24
			<b>Dashami</b> Until 11:46PM	Moon – Orange		4th Phase	
				<b>Sravana*Adi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Monday, August 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Ekadashyam Titau				Anuradhapura, Sri Lanka
	Vrischika Rasi: 24.49	Tithi 11	<b>Gulika</b> 1:48PM – 3:21PM	<b>Jyeshtha*</b> Until 2:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM	Sun 25 Sutra 113
	<b>Family Home Evening</b>		Yama 10:41AM – 12:15PM	Indra Until 6:50AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Subhakrit 5124
	Creative Work	Siddha Yoga	472865472 <b>Rahu</b> 7:35AM – 9:08AM	Vanija Until 10:25AM	<b>Nataraja:</b> White		Moon 7 - Phase 16 - 25
			<b>Ekadashi</b> Until 8:55PM	Moon – Orange		4th Phase	
				<b>Sravana*Adi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Tuesday, August 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anuradhapura, Sri Lanka
	Dhanus Rasi: 9.29	Tithi 12 – 13	<b>Gulika</b> 12:15PM – 1:48PM	<b>Mula*</b> Until 12:11PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	Sun 26 Sutra 114
			Yama 9:08AM – 10:41AM	Vishkambha* Until 11:29PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Subhakrit 5124
	Creative Work	Amrita Yoga	482865472 <b>Rahu</b> 3:21PM – 4:54PM	Bava Until 7:21AM	<b>Nataraja:</b> White		Moon 7 - Phase 16 - 26
			<b>Dvadashi</b> Until 5:40PM	Moon – Light Blue		4th Phase	
				<b>Sravana*Adi</b>		<b>Devaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Wednesday, August 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anuradhapura, Sri Lanka
	Dhanus Rasi: 24.25	Tithi 13 – 14	<b>Gulika</b> 10:41AM – 12:14PM	<b>Purvashadha*</b> Until 9:34AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	Sun 27 Sutra 115
			Yama 7:35AM – 9:08AM	Priti Until 7:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Subhakrit 5124
	Creative Work	Amrita Yoga	482865472 <b>Rahu</b> 12:14PM – 1:48PM	Gara Until 12:25AM Thu	<b>Nataraja:</b> White		Moon 7 - Phase 16 - 27
			<b>Trayodashi</b> Until 2:11PM	Moon – Light Blue		4th Phase	
				<b>Sravana*Adi</b>		<b>Devaloka Day</b>	

	<b>Thursday, August 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anuradhapura, Sri Lanka
	Makara Rasi: 9.28	Tithi 14 – 15	<b>Gulika</b> 9:08AM – 10:41AM	<b>Uttarashadha</b> Until 6:41AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	Sun 28 Sutra 116
			Yama 6:02AM – 7:35AM	Ayushman Until 3:29PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Subhakrit 5124
	Routine Work	Marana Yoga	482865472 <b>Rahu</b> 1:47PM – 3:21PM	Visti Until 8:50PM	<b>Nataraja:</b> White		Moon 7 - Phase 16 - Purnima
			<b>Chaturdashi*</b> Until 10:36AM	Moon – Light Blue			
				<b>Sravana*Adi</b>		<b>Devaloka Day</b>	
			<b>Raksha Bandhan</b>				

<b>5</b>	<b>Friday, August 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Anuradhapura, Sri Lanka
	Makara Rasi: 24.3	Tithi 15 – 16	<b>Gulika</b> 7:35AM – 9:08AM	<b>Dhanishtha</b> Until 1:36AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:02AM	Sun 29 Sutra 117
			Yama 3:20PM – 4:53PM	Saubhagya Until 11:32AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:26PM	Subhakrit 5124
	Creative Work	Siddha Yoga	492865472 <b>Rahu</b> 10:41AM – 12:14PM	Kaulava Until 3:48AM Sat	<b>Nataraja:</b> White		Moon 7 - Phase 16 - Prathama
			<b>Purnima*</b> Until 7:05AM	Moon – Purple			
				<b>Sravana*Adi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anuradhapura, Sri Lanka  
Sutra 118

Kumbha Rasi: 9.21      Tithi 17

**Gulika**      6:02AM – 7:35AM  
Yama      1:47PM – 3:20PM  
492865472 **Rahu**      9:08AM – 10:41AM

**Shatabhishak** **Until 11:21PM**  
Sobhana **Until 7:50AM**  
Taitila **Until 2:20PM**  
**Dvitiya** **Until 12:56AM Sun**

**Ganesha:** Clear      *Sunrise:* 6:02AM  
**Muruqa:** White      *Sunset:* 6:26PM  
**Nataraja:** White  
Moon – Purple

Subhakit 5124  
Moon 8 - Phase 17 -  
1st Phase

Creative Work      Amrita Yoga  
Until 11:21PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Sunday, August 14, 2022**

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Trityayam Titau

Anuradhapura, Sri Lanka  
Sun 1      Sutra 119

Kumbha Rasi: 23.53      Tithi 18

**Gulika**      3:20PM – 4:53PM  
Yama      12:14PM – 1:47PM  
412865472 **Rahu**      4:53PM – 6:26PM

**Purvaproshtapada\*** **Until 9:57PM**  
Sukarma **Until 1:38AM Mon**  
Vanija **Until 11:43AM**  
**Tritiya** **Until 10:38PM**

**Ganesha:** Yellow      *Sunrise:* 6:02AM  
**Muruqa:** White      *Sunset:* 6:26PM  
**Nataraja:** White  
Moon – Clear

Subhakit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

Creative Work      Siddha Yoga  
Until 9:57PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Monday, August 15, 2022**

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Anuradhapura, Sri Lanka  
Sun 2      Sutra 120

Meena Rasi: 8.01      Tithi 19

**Gulika**      1:47PM – 3:19PM  
Yama      10:41AM – 12:14PM  
412865472 **Rahu**      7:35AM – 9:08AM

**Uttaraproshtapada** **Until 9:07PM**  
Dhriti **Until 11:23PM**  
Bava **Until 9:46AM**  
**Chaturthi\*** **Until 9:03PM**

**Ganesha:** Yellow      *Sunrise:* 6:02AM  
**Muruqa:** White      *Sunset:* 6:25PM  
**Nataraja:** White  
Moon – Clear

Subhakit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

Creative Work      Siddha Yoga  
Until 9:57PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Tuesday, August 16, 2022**

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anuradhapura, Sri Lanka  
Sun 3      Sutra 121

Meena Rasi: 21.39      Tithi 20

**Gulika**      12:13PM – 1:46PM  
Yama      9:08AM – 10:40AM  
412865472 **Rahu**      3:19PM – 4:52PM

**Revati** **Until 8:57PM**  
Shula\* **Until 9:48PM**  
Kaulava **Until 8:35AM**  
**Panchami** **Until 8:18PM**

**Ganesha:** Yellow      *Sunrise:* 6:02AM  
**Muruqa:** White      *Sunset:* 6:25PM  
**Nataraja:** White  
Moon – Clear

Subhakit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

Creative Work      Siddha Yoga  
Until 9:57PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Wednesday, August 17, 2022**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Anuradhapura, Sri Lanka  
Sun 4      Sutra 122

Mesha Rasi: 4.49      Tithi 21

**Gulika**      10:40AM – 12:13PM  
Yama      7:35AM – 9:07AM  
422865472 **Rahu**      12:13PM – 1:46PM

**Ashvini** **Until 9:57PM**  
Ganda\* **Until 8:55PM**  
Gara **Until 8:16AM**  
**Shashthi\*** **Until 8:25PM**

**Ganesha:** Blue      *Sunrise:* 6:02AM  
**Muruqa:** White      *Sunset:* 6:25PM  
**Nataraja:** White  
Moon – White

Subhakit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

Routine Work      Marana Yoga  
Until 9:57PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**5**

**Thursday, August 18, 2022**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vriddhi\* Yoga Visti\*/Bava Karana Saptamyam Titau

Anuradhapura, Sri Lanka  
Sun 5      Sutra 123

Mesha Rasi: 17.33      Tithi 22

**Gulika**      9:07AM – 10:40AM  
Yama      6:02AM – 7:35AM  
522865472 **Rahu**      1:46PM – 3:19PM

**Bharani** **Until 11:36PM**  
Vriddhi **Until 8:42PM**  
Visti **Until 8:49AM**  
**Saptami** **Until 9:23PM**

**Ganesha:** Yellow      *Sunrise:* 6:02AM  
**Muruqa:** White      *Sunset:* 6:24PM  
**Nataraja:** White  
Moon – White

Subhakit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

Creative Work      Siddha Yoga  
Until 11:36PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**D**

**Friday, August 19, 2022**  
**Retreat Star**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Anuradhapura, Sri Lanka  
Sun 6      Sutra 124

Mesha Rasi: 29.55      Tithi 23

**Gulika**      7:35AM – 9:07AM  
Yama      3:18PM – 4:51PM  
523865472 **Rahu**      10:40AM – 12:13PM

**Krittika** **Until 1:46AM Sat**  
Dhruva **Until 9:00PM**  
Balava **Until 10:10AM**  
**Ashtami\*** **Until 11:03PM**

**Ganesha:** White      *Sunrise:* 6:02AM  
**Muruqa:** White      *Sunset:* 6:24PM  
**Nataraja:** White  
Moon – White

Subhakit 5124  
Moon 8 - Phase 17 - 6  
Ashtami

Creative Work      Siddha Yoga  
Until 1:46AM Sat  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Saturday, August 20, 2022**

**Retreat Star**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Anuradhapura, Sri Lanka  
Sun 7      Sutra 125

Vrishabha Rasi: 12.02      Tithi 24

**Gulika**      6:02AM – 7:34AM  
Yama      1:45PM – 3:18PM  
533865472 **Rahu**      9:07AM – 10:40AM

**Rohini** **Until 4:43AM Sun**  
Vyaghata\* **Until 9:43PM**  
Taitila **Until 12:07PM**  
**Navami\*** **Until 1:14AM Sun**

**Ganesha:** Yellow      *Sunrise:* 6:02AM  
**Muruqa:** White      *Sunset:* 6:23PM  
**Nataraja:** White  
Moon – Yellow

Subhakit 5124  
Moon 8 - Phase 17 - 7  
Navami

Creative Work      Amrita Yoga  
Until 4:43AM Sun  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

<b>1 Sunday, August 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuklayam			Anuradhapura, Sri Lanka	
Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau					Sun 8 Sutra 126	
Wishabha Rasi: 23.58 Tithi 25		<b>Gulika</b> 3:18PM – 4:50PM	<b>Mrigashira</b> Until 7:44AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM	Subhakrit 5124
533865472		Yama 12:12PM – 1:45PM	Harshana Until 10:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 18 - 8
Creative Work Siddha Yoga		<b>Rahu</b> 4:50PM – 6:23PM	Vanija Until 2:27PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Until 3:40AM Mon	Moon – Yellow		
				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2 Monday, August 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuklayam			Anuradhapura, Sri Lanka	
Mrigashira/Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau					Sun 9 Sutra 127	
Mithuna Rasi: 5.48 Tithi 26		<b>Gulika</b> 1:45PM – 3:17PM	<b>Mrigashira</b> Until 7:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM	Subhakrit 5124
Family Home Evening		Yama 10:39AM – 12:12PM	Vajra* Until 11:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 18 - 9
Creative Work Amrita Yoga		<b>Rahu</b> 7:34AM – 9:07AM	Bava Until 4:57PM	<b>Nataraja:</b> White		2nd Phase
Until 7:44AM			<b>Ekadashi*</b> Until 6:10AM Tue	Moon – Yellow		
Then Creative Work - Siddha Yoga				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>3 Tuesday, August 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuklayam			Anuradhapura, Sri Lanka	
Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau					Sun 10 Sutra 128	
Mithuna Rasi: 17.38 Tithi 26 – 27		<b>Gulika</b> 12:12PM – 1:44PM	<b>Ardra</b> Until 10:35AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM	Subhakrit 5124
533865472		Yama 9:07AM – 10:39AM	Siddhi Until 12:37AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 18 - 10
Routine Work Marana Yoga		<b>Rahu</b> 3:17PM – 4:49PM	Kaulava Until 7:24PM	<b>Nataraja:</b> White		2nd Phase
Until 10:35AM			<b>Ekadashi*</b> Until 6:10AM	Moon – Yellow		
Then Creative Work - Siddha Yoga				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, August 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuklayam			Anuradhapura, Sri Lanka	
Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau					Sun 11 Sutra 129	
Mithuna Rasi: 29.31 Tithi 27 – 28		<b>Gulika</b> 10:39AM – 12:12PM	<b>Punarvasu</b> Until 1:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:02AM	Subhakrit 5124
543865472		Yama 7:34AM – 9:07AM	Vyatipata* Until 1:24AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 18 - 11
Creative Work Siddha Yoga		<b>Rahu</b> 12:12PM – 1:44PM	Gara Until 9:38PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi*</b> Until 8:32AM	Moon – Blue		
				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>	
						<i>Pradosha Vrata (Fasting)</i>

<b>5 Thursday, August 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuklayam			Anuradhapura, Sri Lanka	
Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 12 Sutra 130	
Kataka Rasi: 11.3 Tithi 28 – 29		<b>Gulika</b> 9:06AM – 10:39AM	<b>Pushya</b> Until 4:15PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:02AM	Subhakrit 5124
543865472		Yama 6:02AM – 7:34AM	Variyan Until 1:54AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 18 - 12
Creative Work Amrita Yoga		<b>Rahu</b> 1:44PM – 3:16PM	Visti Until 11:34PM	<b>Nataraja:</b> White		2nd Phase
Until 4:15PM			<b>Trayodashi*</b> Until 10:38AM	Moon – Blue		
Then Creative Work - Siddha Yoga				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>	

<b>Friday, August 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuklayam			Anuradhapura, Sri Lanka	
Ashlesha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Sun 13 Sutra 131	
Kataka Rasi: 23.37 Tithi 29 – 30		<b>Gulika</b> 7:34AM – 9:06AM	<b>Ashlesha*</b> Until 6:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM	Subhakrit 5124
543865472		Yama 3:16PM – 4:48PM	Parigha* Until 2:08AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 18 - 13
Routine Work Marana Yoga		<b>Rahu</b> 10:39AM – 12:11PM	Catuspada Until 1:08AM Sat	<b>Nataraja:</b> White		Amavasya
			<b>Chaturdashi*</b> Until 12:23PM	Moon – Blue		
				<b>Sravana-Avani</b>	<b>Bhuloka Day</b>	

<b>Saturday, August 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuklayam			Anuradhapura, Sri Lanka	
Magha* Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau					Sun 14 Sutra 132	
Simha Rasi: 5.53 Tithi 30 – 1		<b>Gulika</b> 6:01AM – 7:34AM	<b>Magha*</b> Until 8:24PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM	Subhakrit 5124
553865472		Yama 1:43PM – 3:15PM	Shiva Until 2:05AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 18 - 14
Creative Work Amrita Yoga		<b>Rahu</b> 9:06AM – 10:38AM	Kintughna Until 2:19AM Sun	<b>Nataraja:</b> White		Prathama
Until 8:24PM			<b>Amavasya*</b> Until 1:45PM	Moon – Red		
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

times are standard time. Calculated for Anuradhapura, Sri Lanka on :

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<b>1</b>	<b>Sunday, August 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Anuradhapura, Sri Lanka Sun 15 Sutra 133 Subhakrit 5124
	Simha Rasi: 18.19	Tithi 1 – 2	<b>Gulika</b> 3:15PM – 4:47PM	<b>Purvaphalguni Until 9:54PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:01AM</i>	
			Yama 12:10PM – 1:43PM	Siddha Until 1:41AM Mon	<b>Muruqa:</b> White <i>Sunset: 6:19PM</i>	Moon 8 - Phase 19 - 15
	553865473		<b>Rahu</b> 4:47PM – 6:19PM	Balava Until 3:06AM Mon	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 2:44PM</b>	Moon – Red	<b>Bhuloka Day</b>	
Until 9:54PM				<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga						

<b>2</b>	<b>Monday, August 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Anuradhapura, Sri Lanka Sun 16 Sutra 134 Subhakrit 5124
	Kanya Rasi: 0.56	Tithi 2 – 3	<b>Gulika</b> 1:42PM – 3:15PM	<b>Uttaraphalguni Until 10:52PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:01AM</i>	
			Yama 10:38AM – 12:10PM	Sadhya Until 1:00AM Tue	<b>Muruqa:</b> White <i>Sunset: 6:19PM</i>	Moon 8 - Phase 19 - 16
	553865473		<b>Rahu</b> 7:33AM – 9:06AM	Taitila Until 3:29AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 3:19PM</b>	Moon – Red	<b>Bhuloka Day</b>	
				<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Tuesday, August 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtthyam Titau			Anuradhapura, Sri Lanka Sun 17 Sutra 135 Subhakrit 5124
	Kanya Rasi: 13.43	Tithi 3 – 4	<b>Gulika</b> 12:10PM – 1:42PM	<b>Hasta Until 11:47PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:01AM</i>	
			Yama 9:05AM – 10:38AM	Subha Until 12:02AM Wed	<b>Muruqa:</b> White <i>Sunset: 6:18PM</i>	Moon 8 - Phase 19 - 17
	553865473		<b>Rahu</b> 3:14PM – 4:46PM	Vanija Until 3:30AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 3:31PM</b>	Moon – Green	<b>Bhuloka Day</b>	
				<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Wednesday, August 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Anuradhapura, Sri Lanka Sun 18 Sutra 136 Subhakrit 5124
	Kanya Rasi: 26.42	Tithi 4 – 5	<b>Gulika</b> 10:37AM – 12:09PM	<b>Chitra Until 12:09AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:01AM</i>	
			Yama 7:33AM – 9:05AM	Sukla Until 10:44PM	<b>Muruqa:</b> White <i>Sunset: 6:18PM</i>	Moon 8 - Phase 19 - 18
	553865473		<b>Rahu</b> 12:09PM – 1:42PM	Bava Until 3:08AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 3:21PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 12:09AM Thu				<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga						

<b>5</b>	<b>Thursday, September 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Anuradhapura, Sri Lanka Sun 19 Sutra 137 Subhakrit 5124
	Tula Rasi: 9.53	Tithi 5 – 6	<b>Gulika</b> 9:05AM – 10:37AM	<b>Svati Until 12:00AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:01AM</i>	
			Yama 6:01AM – 7:33AM	Brahma Until 9:08PM	<b>Muruqa:</b> White <i>Sunset: 6:17PM</i>	Moon 8 - Phase 19 - 19
	563965473		<b>Rahu</b> 1:41PM – 3:13PM	Kaulava Until 2:22AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 2:47PM</b>	Moon – Green	<b>Devaloka Day</b>	
Until 12:00AM Fri				<b>Bhadrapada*Avani</b>		
Then Creative Work - Siddha Yoga						

<b>6</b>	<b>Friday, September 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Anuradhapura, Sri Lanka Sun 20 Sutra 138 Subhakrit 5124
	Tula Rasi: 23.17	Tithi 6 – 7	<b>Gulika</b> 7:33AM – 9:05AM	<b>Vishakha Until 11:44PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:01AM</i>	
			Yama 3:13PM – 4:45PM	Indra Until 7:13PM	<b>Muruqa:</b> White <i>Sunset: 6:17PM</i>	Moon 8 - Phase 19 - 20
	573965473		<b>Rahu</b> 10:37AM – 12:09PM	Gara Until 1:11AM Sat	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 1:48PM</b>	Moon – Orange	<b>Sivaloka Day</b>	
				<b>Bhadrapada*Avani</b>		

<b>D</b>	<b>Saturday, September 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Anuradhapura, Sri Lanka Sun 21 Sutra 139 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 6:01AM – 7:33AM	<b>Anuradha Until 10:54PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:01AM</i>	
	Vrischika Rasi: 6.55	Tithi 7 – 8	Yama 1:40PM – 3:12PM	Vaidhriti* Until 4:56PM	<b>Muruqa:</b> White <i>Sunset: 6:16PM</i>	Moon 8 - Phase 19 - 21
	574965473		<b>Rahu</b> 9:05AM – 10:37AM	Visti Until 11:35PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 12:25PM</b>	Moon – Orange	<b>Devaloka Day</b>	
				<b>Bhadrapada*Avani</b>		

<b>D</b>	<b>Sunday, September 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Anuradhapura, Sri Lanka Sun 22 Sutra 140 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 3:12PM – 4:44PM	<b>Jyeshtha* Until 9:31PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:01AM</i>	
	Vrischika Rasi: 20.47	Tithi 8 – 9	Yama 12:08PM – 1:40PM	Vishkambha* Until 2:19PM	<b>Muruqa:</b> White <i>Sunset: 6:16PM</i>	Moon 8 - Phase 19 - 22
	574965473		<b>Rahu</b> 4:44PM – 6:16PM	Balava Until 9:35PM	<b>Nataraja:</b> Clear	Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 10:37AM</b>	Moon – Orange	<b>Devaloka Day</b>	
Until 9:31PM				<b>Bhadrapada*Avani</b>		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Monday, September 5, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Anuradhapura, Sri Lanka Sun 23 Sutra 141 Subhakrit 5124
	Dhanus Rasi: 4.56    Tilthi 9 – 10 <b>Family Home Evening</b> Creative Work    Siddha Yoga Until 8:02PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:40PM – 3:12PM Yama 10:36AM – 12:08PM <b>Rahu</b> 7:32AM – 9:04AM	<b>Mula* Until 8:02PM</b> Priti Until 11:25AM Taitila Until 7:12PM <b>Navami* Until 8:25AM</b>

<b>2</b>	<b>Tuesday, September 6, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistil* Karana Ekadashyam Titau	Anuradhapura, Sri Lanka Sun 24 Sutra 142 Subhakrit 5124
	Dhanus Rasi: 19.19    Tilthi 11 584965473 Creative Work    Siddha Yoga Until 6:06PM Then Routine Work - Prabararishta Yoga	<b>Gulika</b> 12:08PM – 1:39PM Yama 9:04AM – 10:36AM <b>Rahu</b> 3:11PM – 4:43PM	<b>Purvashadha* Until 6:06PM</b> Ayushman Until 8:12AM Vanija Until 4:30PM <b>Ekadashi Until 3:03AM Wed</b>


<b>3</b>	<b>Wednesday, September 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau	Anuradhapura, Sri Lanka Sun 25 Sutra 143 Subhakrit 5124
	Makara Rasi: 3.53    Tilthi 12 584965473 Creative Work    Amrita Yoga Until 3:50PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:35AM – 12:07PM Yama 7:32AM – 9:04AM <b>Rahu</b> 12:07PM – 1:39PM	<b>Uttarashadha Until 3:50PM</b> Sobhana Until 1:14AM Thu Bava Until 1:35PM <b>Dvadashi Until 12:04AM Thu</b>


<b>4</b>	<b>Thursday, September 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Anuradhapura, Sri Lanka Sun 26 Sutra 144 Subhakrit 5124
	Makara Rasi: 18.35    Tilthi 13 594965473 Creative Work    Siddha Yoga	<b>Gulika</b> 9:04AM – 10:35AM Yama 6:00AM – 7:32AM <b>Rahu</b> 1:39PM – 3:10PM	<b>Shravana Until 1:45PM</b> Athiganda* Until 9:39PM Kaulava Until 10:34AM <b>Trayodashi Until 9:03PM</b>

*Pradosha Vrata*

<b>5</b>	<b>Friday, September 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau	Anuradhapura, Sri Lanka Sun 27 Sutra 145 Subhakrit 5124
	Kumbha Rasi: 3.16    Tilthi 14 594965473 Creative Work    Siddha Yoga	<b>Gulika</b> 7:32AM – 9:03AM Yama 3:10PM – 4:41PM <b>Rahu</b> 10:35AM – 12:07PM	<b>Dhanishtha Until 11:34AM</b> Sukarma Until 6:10PM Gara Until 7:35AM <b>Chaturdashi* Until 6:08PM</b>

**Chidambaram Abhishekam**

	<b>Saturday, September 10, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Anuradhapura, Sri Lanka Sun 28 Sutra 146 Subhakrit 5124
	Kumbha Rasi: 17.49    Tilthi 15 – 16 594965473 Creative Work    Amrita Yoga Until 9:28AM Then Routine Work - Marana Yoga	<b>Gulika</b> 6:00AM – 7:32AM Yama 1:38PM – 3:09PM <b>Rahu</b> 9:03AM – 10:35AM	<b>Shatabhishak Until 9:28AM</b> Dhriti Until 2:55PM Balava Until 2:19AM Sun <b>Purnima* Until 3:29PM</b>

	<b>Sunday, September 11, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Anuradhapura, Sri Lanka Sun 29 Sutra 147 Subhakrit 5124
	Meena Rasi: 2.08    Tilthi 16 – 17 514965473 Creative Work    Siddha Yoga Until 8:01AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 3:09PM – 4:40PM Yama 12:06PM – 1:37PM <b>Rahu</b> 4:40PM – 6:12PM	<b>Purvaprosarthapada* Until 8:01AM</b> Shula* Until 11:58AM Taitila Until 12:21AM Mon <b>Prathama* Until 1:15PM</b>

**Grandparent's Day**

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda \*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anuradhapura, Sri Lanka  
Sun 1 Sutra 148

Meena Rasi: 16.06 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

514965473

Gulika

Yama

Rahu

1:37PM - 3:08PM

10:34AM - 12:05PM

7:31AM - 9:03AM

Uttaraproshtapada Until 6:57AM

Ganda\* Until 9:29AM

Vanija Until 11:01PM

Dvitiya Until 11:35AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 6:00AM

Sunset: 6:11PM

Devaloka Day

Subhakrit 5124

Moon 9 - Phase 21 - 1

1st Phase

1

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Anuradhapura, Sri Lanka  
Sun 2 Sutra 149

Meena Rasi: 29.41 Tithi 18 - 19

Creative Work Siddha Yoga

514965473

Gulika

Yama

Rahu

12:05PM - 1:36PM

9:02AM - 10:34AM

3:08PM - 4:39PM

Revati Until 6:25AM

Vridhhi Until 7:34AM

Bava Until 10:26PM

Tritiya Until 10:36AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 6:00AM

Sunset: 6:11PM

Devaloka Day

Subhakrit 5124

Moon 9 - Phase 21 - 2

1st Phase

2

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anuradhapura, Sri Lanka  
Sun 3 Sutra 150

Mesha Rasi: 12.49 Tithi 19 - 20

Routine Work Marana Yoga

Until 6:55AM

Then Creative Work - Siddha Yoga

524965473

Gulika

Yama

Rahu

10:33AM - 12:05PM

7:31AM - 9:02AM

12:05PM - 1:36PM

Ashvini Until 6:55AM

Dhruva Until 6:14AM

Kaulava Until 10:39PM

Chaturthi\* Until 10:25AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 5:59AM

Sunset: 6:10PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Subhakrit 5124

Moon 9 - Phase 21 - 3

1st Phase

3

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Anuradhapura, Sri Lanka  
Sun 4 Sutra 151

Mesha Rasi: 25.34 Tithi 20 - 21

Creative Work Siddha Yoga

Until 8:04AM

Then Routine Work - Marana Yoga

525965473

Gulika

Yama

Rahu

9:02AM - 10:33AM

5:59AM - 7:31AM

1:36PM - 3:07PM

Bharani Until 8:04AM

Harshana Until 5:29AM Fri

Gara Until 11:38PM

Panchami Until 11:02AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 5:59AM

Sunset: 6:09PM

Devaloka Day

Subhakrit 5124

Moon 9 - Phase 21 - 4

1st Phase

4

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Anuradhapura, Sri Lanka  
Sun 5 Sutra 152

Vrishabha Rasi: 7.58 Tithi 21 - 22

Creative Work Siddha Yoga

Until 9:47AM

Then Routine Work - Marana Yoga

525965473

Gulika

Yama

Rahu

7:30AM - 9:02AM

3:06PM - 4:38PM

10:33AM - 12:04PM

Krittika Until 9:47AM

Vajra\* Until 5:52AM Sat

Visti Until 1:19AM Sat

Shashthi\* Until 12:23PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 5:59AM

Sunset: 6:09PM

Devaloka Day

Subhakrit 5124

Moon 9 - Phase 21 - 5

1st Phase

5

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Anuradhapura, Sri Lanka  
Sun 6 Sutra 153

Vrishabha Rasi: 20.07 Tithi 22 - 23

Creative Work Amrita Yoga

Until 12:25PM

Then Creative Work - Siddha Yoga

535965473

Gulika

Yama

Rahu

5:59AM - 7:30AM

1:35PM - 3:06PM

9:01AM - 10:33AM

Rohini Until 12:25PM

Siddhi Until 6:36AM Sun

Balava Until 3:28AM Sun

Saptami Until 2:20PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:59AM

Sunset: 6:08PM

Sivaloka Day

Subhakrit 5124

Moon 9 - Phase 21 - 6

Ashtami

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Anuradhapura, Sri Lanka  
Sun 7 Sutra 154

Mithuna Rasi: 2.05 Tithi 23 - 24

Creative Work Siddha Yoga

535965473

Gulika

Yama

Rahu

3:06PM - 4:37PM

12:03PM - 1:34PM

4:37PM - 6:08PM

Mrigashira Until 3:14PM

Siddhi Until 6:36AM

Tailila Until 5:53AM Mon

Ashtami\* Until 4:39PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:59AM

Sunset: 6:08PM

Sivaloka Day

Subhakrit 5124

Moon 9 - Phase 21 - 7

Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

times are standard time. Calculated for Anuradhapura, Sri Lanka on :

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<b>1</b>	<b>Monday, September 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyatipata/Variyan Yoga Gara Karana Navamyam Titau		Anuradhapura, Sri Lanka Sun 8 Sutra 155 Subhakrit 5124
	Mithuna Rasi: 13.57 Family Home Evening Creative Work Siddha Yoga Until 6:03PM Then Creative Work - Amrita Yoga	Tithi 24 535965473	Gulika 1:34PM – 3:05PM Yama 10:32AM – 12:03PM Rahu 7:30AM – 9:01AM	Ardra Until 6:03PM Vyatipata* Until 7:31AM Gara Until 7:06PM Navami* Until 7:06PM	Ganesha: White Sunrise: 5:59AM Muruga: White Sunset: 6:07PM Nataraja: Clear Moon – Yellow


<b>2</b>	<b>Tuesday, September 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Anuradhapura, Sri Lanka Sun 9 Sutra 156 Subhakrit 5124
	Mithuna Rasi: 25.49 Creative Work Siddha Yoga	Tithi 25 545965473	Gulika 12:03PM – 1:34PM Yama 9:01AM – 10:32AM Rahu 3:05PM – 4:36PM	Punarvasu Until 9:06PM Variyan Until 8:24AM Vanija Until 8:19AM Dashami Until 9:28PM	Ganesha: Yellow Sunrise: 5:59AM Muruga: White Sunset: 6:07PM Nataraja: Clear Moon – Blue

<b>3</b>	<b>Wednesday, September 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Anuradhapura, Sri Lanka Sun 10 Sutra 157 Subhakrit 5124
	Kataka Rasi: 7.45 Creative Work Siddha Yoga	Tithi 26 545965473	Gulika 10:31AM – 12:02PM Yama 7:29AM – 9:00AM Rahu 12:02PM – 1:33PM	Pushya Until 11:45PM Parigha* Until 9:10AM Bava Until 10:35AM Ekadashi* Until 11:34PM	Ganesha: Yellow Sunrise: 5:59AM Muruga: White Sunset: 6:06PM Nataraja: Clear Moon – Blue

<b>4</b>	<b>Thursday, September 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Anuradhapura, Sri Lanka Sun 11 Sutra 158 Subhakrit 5124
	Kataka Rasi: 19.49 Creative Work Siddha Yoga Until 1:50AM Fri Then Routine Work - Marana Yoga	Tithi 27 545965473	Gulika 9:00AM – 10:31AM Yama 5:58AM – 7:29AM Rahu 1:33PM – 3:04PM	Ashlesha* Until 1:50AM Fri Shiva Until 9:42AM Kaulava Until 12:29PM Dvadashi* Until 1:16AM Fri	Ganesha: Yellow Sunrise: 5:58AM Muruga: White Sunset: 6:05PM Nataraja: Clear Moon – Blue

<b>5</b>	<b>Friday, September 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Anuradhapura, Sri Lanka Sun 12 Sutra 159 Subhakrit 5124
	Simha Rasi: 2.02 Routine Work Marana Yoga Until 3:48AM Sat Then Creative Work - Siddha Yoga	Tithi 28 555965473	Gulika 7:29AM – 9:00AM Yama 3:03PM – 4:34PM Rahu 10:31AM – 12:02PM	Magha* Until 3:48AM Sat Siddha Until 9:51AM Gara Until 1:57PM Trayodashi* Until 2:29AM Sat <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red Sunrise: 5:58AM Muruga: White Sunset: 6:05PM Nataraja: Clear Moon – Red

<b>6</b>	<b>Saturday, September 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Anuradhapura, Sri Lanka Sun 13 Sutra 160 Subhakrit 5124
	Simha Rasi: 14.28 Creative Work Siddha Yoga Until 5:06AM Sun Then Creative Work - Amrita Yoga	Tithi 29 555965473	Gulika 5:58AM – 7:29AM Yama 1:32PM – 3:03PM Rahu 9:00AM – 10:30AM	Purvaphalguni Until 5:06AM Sun Sadhya Until 9:39AM Visti Until 2:56PM Chaturdashi* Until 3:12AM Sun	Ganesha: Red Sunrise: 5:58AM Muruga: White Sunset: 6:04PM Nataraja: Clear Moon – Red

	<b>Sunday, September 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Anuradhapura, Sri Lanka Sun 14 Sutra 161 Subhakrit 5124
	Simha Rasi: 27.08 Creative Work Amrita Yoga Until 5:45AM Mon Then Creative Work - Siddha Yoga	Tithi 30 556165473	Gulika 3:02PM – 4:33PM Yama 12:01PM – 1:32PM Rahu 4:33PM – 6:04PM	Uttaraphalguni Until 5:45AM Mon Subha Until 9:04AM Catuspada Until 3:23PM Amavasya* Until 3:24AM Mon	Ganesha: Blue Sunrise: 5:58AM Muruga: White Sunset: 6:04PM Nataraja: Clear Moon – Red

<b>Retreat Star</b>	<b>Monday, September 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Anuradhapura, Sri Lanka Sun 15 Sutra 162 Subhakrit 5124
	Kanya Rasi: 10.02 Family Home Evening Creative Work Siddha Yoga	Tithi 1 566165473	Gulika 1:31PM – 3:02PM Yama 10:30AM – 12:01PM Rahu 7:29AM – 8:59AM	Hasta Until 6:15AM Tue Sukla Until 8:03AM Kintughna Until 3:20PM Prathama* Until 3:08AM Tue	Ganesha: Blue Sunrise: 5:58AM Muruga: White Sunset: 6:03PM Nataraja: Clear Moon – Green

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1	<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau			Anuradhapura, Sri Lanka Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 23.11	Tithi 2	<b>Gulika</b> 12:00PM – 1:31PM	<b>Hasta</b> Until 6:15AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM	
			Yama 8:59AM – 10:30AM	Brahma Until 6:41AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:03PM	Moon 9 - Phase 23 - 16
	Creative Work Siddha Yoga	666165473	<b>Rahu</b> 3:01PM – 4:32PM	Balava Until 2:51PM	<b>Nataraja:</b> Clear Moon – Green	3rd Phase
			<b>Dvitiya</b> Until 2:27AM Wed	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

2	<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau			Anuradhapura, Sri Lanka Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 6.33	Tithi 3	<b>Gulika</b> 10:29AM – 12:00PM	<b>Chitra</b> Until 6:11AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM	
			Yama 7:28AM – 8:59AM	Vaidhriti* Until 3:02AM Thu	<b>Muruqa:</b> White <i>Sunset:</i> 6:02PM	Moon 9 - Phase 23 - 17
	Creative Work Siddha Yoga	666165473	<b>Rahu</b> 12:00PM – 1:30PM	Taitila Until 1:59PM	<b>Nataraja:</b> Clear Moon – Green	3rd Phase
			<b>Tritiya</b> Until 1:24AM Thu	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

3	<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthiyam Titau			Anuradhapura, Sri Lanka Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 20.07	Tithi 4	<b>Gulika</b> 8:59AM – 10:29AM	<b>Vishakha</b> Until 5:07AM Fri	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM	
			Yama 5:58AM – 7:28AM	Vishkambha* Until 12:49AM Fri	<b>Muruqa:</b> White <i>Sunset:</i> 6:01PM	Moon 9 - Phase 23 - 18
	Creative Work Siddha Yoga	676165473	<b>Rahu</b> 1:30PM – 3:00PM	Vanija Until 12:47PM	<b>Nataraja:</b> Clear Moon – Orange	3rd Phase
			<b>Chaturthi*</b> Until 12:04AM Fri	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

4	<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau			Anuradhapura, Sri Lanka Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 3.5	Tithi 5	<b>Gulika</b> 7:28AM – 8:58AM	<b>Anuradha</b> Until 4:11AM Sat	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:57AM	
			Yama 3:00PM – 4:30PM	Priti Until 10:26PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:01PM	Moon 9 - Phase 23 - 19
	Creative Work Siddha Yoga	676165473	<b>Rahu</b> 10:29AM – 11:59AM	Bava Until 11:19AM	<b>Nataraja:</b> Clear Moon – Orange	3rd Phase
			<b>Panchami</b> Until 10:28PM	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

5	<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau			Anuradhapura, Sri Lanka Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 17.42	Tithi 6	<b>Gulika</b> 5:57AM – 7:28AM	<b>Jyeshtha*</b> Until 2:56AM Sun	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:57AM	
			Yama 1:29PM – 3:00PM	Ayushman Until 7:51PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:00PM	Moon 9 - Phase 23 - 20
	Creative Work Siddha Yoga Until 2:56AM Sun Then Creative Work - Amrita Yoga	676165473	<b>Rahu</b> 8:58AM – 10:28AM	Kaulava Until 9:37AM	<b>Nataraja:</b> Clear Moon – Orange	3rd Phase
			<b>Shashthi*</b> Until 8:40PM	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

6	<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau			Anuradhapura, Sri Lanka Sun 21 Sutra 168 Subhakrit 5124
	Dhanus Rasi: 1.42	Tithi 7	<b>Gulika</b> 2:59PM – 4:29PM	<b>Mula*</b> Until 1:47AM Mon	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:57AM	
			Yama 11:59AM – 1:29PM	Saubhagya Until 5:08PM	<b>Muruqa:</b> Green <i>Sunset:</i> 6:00PM	Moon 9 - Phase 23 - 21
	Creative Work Amrita Yoga Until 1:47AM Mon Then Routine Work - Marana Yoga	687166473	<b>Rahu</b> 4:29PM – 6:00PM	Gara Until 7:43AM	<b>Nataraja:</b> Clear Moon – Light Blue	3rd Phase
			<b>Saptami</b> Until 6:42PM	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>	

D	<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Anuradhapura, Sri Lanka Sun 22 Sutra 169 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:28PM – 2:59PM	<b>Purvashadha*</b> Until 12:22AM Tue	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:57AM	
	Dhanus Rasi: 15.48	Tithi 8 – 9	Yama 10:28AM – 11:58AM	Sobhana Until 2:18PM	<b>Muruqa:</b> Green <i>Sunset:</i> 5:59PM	Moon 9 - Phase 23 - 22
	<b>Family Home Evening</b>	687166473	<b>Rahu</b> 7:27AM – 8:58AM	Balava Until 3:29AM Tue	<b>Nataraja:</b> Clear Moon – Light Blue	Ashtami
			<b>Durga Ashtami</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>	

D	<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Anuradhapura, Sri Lanka Sun 23 Sutra 170 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 11:58AM – 1:28PM	<b>Uttarashadha</b> Until 10:42PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:57AM	
	Dhanus Rasi: 29.59	Tithi 9 – 10	Yama 8:57AM – 10:28AM	Athiganda* Until 11:21AM	<b>Muruqa:</b> Green <i>Sunset:</i> 5:59PM	Moon 9 - Phase 23 - 23
	Routine Work Prabalarishta Yoga Until 10:42PM Then Creative Work - Siddha Yoga	687166473	<b>Rahu</b> 2:58PM – 4:29PM	Taitila Until 1:13AM Wed	<b>Nataraja:</b> Clear Moon – Light Blue	Navami
			<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

times are standard time. Calculated for Anuradhapura, Sri Lanka on :

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1	<b>Wednesday, October 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Anuradhapura, Sri Lanka Sun 24 Sutra 171 Subhakrit 5124
	Makara Rasi: 14.14	Tithi 10 – 11	697166473	Gulika 10:27AM – 11:58AM Yama 7:27AM – 8:57AM Rahu 11:58AM – 1:28PM	Shravana Until 9:16PM Sukarma Until 8:20AM Vanija Until 10:54PM Dashami Until 12:02PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 5:57AM Sunset: 5:58PM Moon 9 - Phase 24 - 24 4th Phase
	Creative Work Siddha Yoga		Vijaya Dasami		Ashvina+Puratasi		<b>Devaloka Day</b>
	Until 9:16PM Then Routine Work - Prabalarishta Yoga						

2	<b>Thursday, October 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Anuradhapura, Sri Lanka Sun 25 Sutra 172 Subhakrit 5124
	Makara Rasi: 28.31	Tithi 11 – 12	697166473	Gulika 8:57AM – 10:27AM Yama 5:57AM – 7:27AM Rahu 1:27PM – 2:57PM	Dhanishtha Until 7:44PM Shula* Until 2:21AM Fri Bava Until 8:37PM Ekadashi Until 9:44AM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 5:57AM Sunset: 5:58PM Moon 9 - Phase 24 - 25 4th Phase
	Creative Work Siddha Yoga		Kadaitswami Mahasamadhi		Ashvina+Puratasi		<b>Devaloka Day</b>
	Until 9:16PM Then Routine Work - Prabalarishta Yoga						

3	<b>Friday, October 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anuradhapura, Sri Lanka Sun 26 Sutra 173 Subhakrit 5124
	Kumbha Rasi: 12.44	Tithi 12 – 13	697166473	Gulika 7:27AM – 8:57AM Yama 2:57PM – 4:27PM Rahu 10:27AM – 11:57AM	Shatabhishak Until 6:11PM Ganda* Until 11:31PM Kaulava Until 6:28PM Dvadashi Until 7:30AM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 5:57AM Sunset: 5:57PM Moon 9 - Phase 24 - 26 4th Phase
	Creative Work Siddha Yoga		Kadaitswami Mahasamadhi		Ashvina+Puratasi		<b>Devaloka Day</b>
	Until 9:16PM Then Routine Work - Prabalarishta Yoga		<i>Pradosha Vrata</i>				

4	<b>Saturday, October 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Anuradhapura, Sri Lanka Sun 27 Sutra 174 Subhakrit 5124
	Kumbha Rasi: 26.5	Tithi 14	618166474	Gulika 5:57AM – 7:27AM Yama 1:27PM – 2:57PM Rahu 8:57AM – 10:27AM	Purvaproshtapada* Until 5:09PM Vriddhi Until 8:55PM Gara Until 4:34PM Chaturdashi* Until 3:43AM Sun	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 5:57AM Sunset: 5:57PM Moon 9 - Phase 24 - 27 4th Phase
	Routine Work Marana Yoga		Chidambaram Abhishekam		Ashvina+Puratasi		<b>Bhuloka Day</b>
	Until 5:09PM Then Creative Work - Siddha Yoga						

○	<b>Sunday, October 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Anuradhapura, Sri Lanka Sutra 175 Subhakrit 5124		
	<b>Copper Retreat Star</b>		Meena Rasi: 10.44	Tithi 15	618166474	Gulika 2:56PM – 4:26PM Yama 11:56AM – 1:26PM Rahu 4:26PM – 5:56PM	Uttaraproshtapada Until 4:20PM Dhruva Until 6:35PM Visti Until 3:01PM Purnima* Until 2:24AM Mon	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 5:57AM Sunset: 5:56PM Moon 9 - Phase 24 - Purnima
	Creative Work Amrita Yoga		Purnima* Until 2:24AM Mon		Ashvina+Puratasi		<b>Bhuloka Day</b>		
	Until 9:16PM Then Routine Work - Prabalarishta Yoga								

○	<b>Monday, October 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Anuradhapura, Sri Lanka Sutra 176 Subhakrit 5124		
	<b>Silver Retreat Star</b>		Meena Rasi: 24.23	Tithi 16	618166474	Gulika 1:26PM – 2:56PM Yama 10:26AM – 11:56AM Rahu 7:27AM – 8:56AM	Revati Until 3:51PM Vyaghata* Until 4:40PM Balava Until 1:58PM Prathama* Until 1:37AM Tue	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 5:57AM Sunset: 5:56PM Moon 9 - Phase 24 - Prathama
	Family Home Evening		Prathama* Until 1:37AM Tue		Ashvina+Puratasi		<b>Bhuloka Day</b>		
	Creative Work Siddha Yoga								





Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anuradhapura, Sri Lanka

Sutra 177

Mesha Rasi: 7.44 Tithi 17

628176474

**Gulika** 11:56AM – 1:26PM  
Yama 8:56AM – 10:26AM  
**Rahu** 2:56PM – 4:25PM

**Ashvini Until 4:15PM**  
Harshana Until 3:14PM  
Taitila Until 1:29PM

**Ganesha:** Yellow *Sunrise:* 5:57AM  
**Muruqa:** White *Sunset:* 5:55PM

Subhakrit 5124

Moon 10 - Phase 25 -

1st Phase

Creative Work Siddha Yoga

**Dvitiya Until 1:28AM Wed**

**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Anuradhapura, Sri Lanka

Sutra 178

Mesha Rasi: 20.44 Tithi 18

628176474

**Gulika** 10:26AM – 11:56AM  
Yama 7:26AM – 8:56AM  
**Rahu** 11:56AM – 1:25PM

**Bharani Until 5:08PM**  
Vajra\* Until 2:17PM  
Vanija Until 1:40PM

**Ganesha:** Yellow *Sunrise:* 5:57AM  
**Muruqa:** White *Sunset:* 5:55PM

Subhakrit 5124

Moon 10 - Phase 25 - 1

1st Phase

Creative Work Siddha Yoga

**Tritiya Until 2:00AM Thu**

**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Until 5:08PM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Anuradhapura, Sri Lanka

Sutra 179

Wrishabha Rasi: 3.25 Tithi 19

628176474

**Gulika** 8:56AM – 10:26AM  
Yama 5:57AM – 7:26AM  
**Rahu** 1:25PM – 2:55PM

**Krittika Until 6:31PM**  
Siddhi Until 1:53PM  
Bava Until 2:32PM

**Ganesha:** Yellow *Sunrise:* 5:57AM  
**Muruqa:** White *Sunset:* 5:54PM

Subhakrit 5124

Moon 10 - Phase 25 - 2

1st Phase

Routine Work Marana Yoga

**Chaturthi\* Until 3:11AM Fri**

**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Anuradhapura, Sri Lanka

Sutra 180

Wrishabha Rasi: 15.47 Tithi 20

638176474

**Gulika** 7:26AM – 8:56AM  
Yama 2:54PM – 4:24PM  
**Rahu** 10:25AM – 11:55AM

**Rohini Until 8:49PM**  
Vyatipata\* Until 1:58PM  
Kaulava Until 4:02PM

**Ganesha:** Blue *Sunrise:* 5:56AM  
**Muruqa:** White *Sunset:* 5:54PM

Subhakrit 5124

Moon 10 - Phase 25 - 3

1st Phase

Routine Work Marana Yoga

**Panchami Until 4:57AM Sat**

**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Until 8:49PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Gara Karana Shashthayam Titau

Anuradhapura, Sri Lanka

Sutra 181

Wrishabha Rasi: 27.57 Tithi 21

639176474

**Gulika** 5:56AM – 7:26AM  
Yama 1:25PM – 2:54PM  
**Rahu** 8:56AM – 10:25AM

**Mrigashira Until 11:25PM**  
Variyan Until 2:26PM  
Gara Until 6:02PM

**Ganesha:** Red *Sunrise:* 5:56AM  
**Muruqa:** White *Sunset:* 5:53PM

Subhakrit 5124

Moon 10 - Phase 25 - 4

1st Phase

Creative Work Siddha Yoga

**Shashthi\* Until 7:09AM Sun**

**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Anuradhapura, Sri Lanka

Sutra 182

Mithuna Rasi: 9.56 Tithi 21 – 22

639176474

**Gulika** 2:54PM – 4:23PM  
Yama 11:55AM – 1:24PM  
**Rahu** 4:23PM – 5:53PM

**Ardra Until 2:07AM Mon**  
Parigha\* Until 3:10PM  
Visti Until 8:22PM

**Ganesha:** Red *Sunrise:* 5:56AM  
**Muruqa:** White *Sunset:* 5:53PM

Subhakrit 5124

Moon 10 - Phase 25 - 5

1st Phase

Creative Work Siddha Yoga

**Shashthi\* Until 7:09AM**

**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Until 2:07AM Mon

Then Creative Work - Amrita Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anuradhapura, Sri Lanka

Sutra 183

Mithuna Rasi: 21.5 Tithi 22 – 23

649176474

**Gulika** 1:24PM – 2:54PM  
Yama 10:25AM – 11:54AM  
**Rahu** 7:26AM – 8:55AM

**Punarvasu Until 5:12AM Tue**  
Shiva Until 4:02PM  
Balava Until 10:48PM

**Ganesha:** Green *Sunrise:* 5:56AM  
**Muruqa:** White *Sunset:* 5:53PM

Subhakrit 5124

Moon 10 - Phase 25 - 6

Ashtami

Family Home Evening

**Saptami Until 9:34AM**

**Nataraja:** Purple  
Moon – Blue

**Devaloka Day**

Ashvina-Aipasi

Until 5:12AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anuradhapura, Sri Lanka

Sutra 184

Kataka Rasi: 3.43 Tithi 23 – 24

649176474

**Gulika** 11:54AM – 1:24PM  
Yama 8:55AM – 10:25AM  
**Rahu** 2:53PM – 4:23PM

**Pushya Until 7:59AM Wed**  
Siddha Until 4:50PM  
Taitila Until 1:09AM Wed

**Ganesha:** Green *Sunrise:* 5:56AM  
**Muruqa:** White *Sunset:* 5:52PM

Subhakrit 5124

Moon 10 - Phase 25 - 7

Navami

Creative Work Siddha Yoga

**Ashtami\* Until 11:59AM**

**Nataraja:** Purple  
Moon – Blue

**Devaloka Day**

Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

times are standard time. Calculated for Anuradhapura, Sri Lanka on :

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<b>1</b>	<b>Wednesday, October 19, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Anuradhapura, Sri Lanka Sun 8 Sutra 185 Subhakarit 5124
	Kataka Rasi: 15.4	Tithi 24 – 25	<b>Gulika</b> 10:25AM – 11:54AM	<b>Pushya</b> Until 7:59AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:56AM	
	649176474		Yama 7:26AM – 8:55AM	Sadhya Until 5:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:52PM	Moon 10 - Phase 26 - 8 2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 11:54AM – 1:24PM	Vanija Until 3:12AM Thu	<b>Nataraja:</b> Purple			<b>Devaloka Day</b>
			<b>Navami*</b> Until 2:12PM	Moon – Blue			Ashvina•Aipasi


<b>2</b>	<b>Thursday, October 20, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anuradhapura, Sri Lanka Sun 9 Sutra 186 Subhakarit 5124
	Kataka Rasi: 27.44	Tithi 25 – 26	<b>Gulika</b> 8:55AM – 10:25AM	<b>Ashlesha*</b> Until 10:17AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:57AM	
	649276474		Yama 5:57AM – 7:26AM	Subha Until 5:49PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:51PM	Moon 10 - Phase 26 - 9 2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 1:23PM – 2:53PM	Bava Until 4:47AM Fri	<b>Nataraja:</b> Purple			<b>Bhuloka Day</b>
Until 10:17AM			<b>Dashami</b> Until 4:02PM	Moon – Blue			Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga				Ashvina•Aipasi			

<b>3</b>	<b>Friday, October 21, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Anuradhapura, Sri Lanka Sun 10 Sutra 187 Subhakarit 5124
	Simha Rasi: 10	Tithi 26 – 27	<b>Gulika</b> 7:26AM – 8:55AM	<b>Magha*</b> Until 12:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:57AM	
	659276474		Yama 2:52PM – 4:22PM	Sukla Until 5:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:51PM	Moon 10 - Phase 26 - 10 2nd Phase
Routine Work	Marana Yoga	<b>Rahu</b> 10:24AM – 11:54AM	Kaulava Until 5:48AM Sat	<b>Nataraja:</b> Purple			<b>Bhuloka Day</b>
Until 12:25PM			<b>Ekadashi*</b> Until 5:21PM	Moon – Red			Ashvina•Aipasi
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			

<b>4</b>	<b>Saturday, October 22, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Taitila Karana Dvodashyam Titau				Anuradhapura, Sri Lanka Sun 11 Sutra 188 Subhakarit 5124
	Simha Rasi: 22.31	Tithi 27	<b>Gulika</b> 5:57AM – 7:26AM	<b>Purvaphalguni</b> Until 1:48PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:57AM	
	659276474		Yama 1:23PM – 2:52PM	Brahma Until 5:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:51PM	Moon 10 - Phase 26 - 11 2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 8:55AM – 10:24AM	Taitila Until 6:03PM	<b>Nataraja:</b> Purple			<b>Bhuloka Day</b>
Until 1:48PM			<b>Dvodashi*</b> Until 6:03PM	Moon – Red			Ashvina•Aipasi
Then Routine Work - Marana Yoga				Ashvina•Aipasi			

<b>5</b>	<b>Sunday, October 23, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Anuradhapura, Sri Lanka Sun 12 Sutra 189 Subhakarit 5124
	Kanya Rasi: 5.2	Tithi 28	<b>Gulika</b> 2:52PM – 4:21PM	<b>Uttaraphalguni</b> Until 2:25PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:57AM	
	651276474		Yama 11:53AM – 1:23PM	Indra Until 4:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:50PM	Moon 10 - Phase 26 - 12 2nd Phase
Creative Work	Amrita Yoga	<b>Rahu</b> 4:21PM – 5:50PM	Gara Until 6:10AM	<b>Nataraja:</b> Purple			<b>Bhuloka Day</b>
Until 2:43PM			<b>Trayodashi*</b> Until 6:05PM	Moon – Red			Ashvina•Aipasi
Then Routine Work - Prabalarishta Yoga				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

<b>6</b>	<b>Monday, October 24, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anuradhapura, Sri Lanka Sun 13 Sutra 190 Subhakarit 5124
	Kanya Rasi: 18.28	Tithi 29 – 30	<b>Gulika</b> 1:22PM – 2:52PM	<b>Hasta</b> Until 2:43PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:57AM	
	661276474		Yama 10:24AM – 11:53AM	Vaidhriti* Until 2:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:50PM	Moon 10 - Phase 26 - 13 2nd Phase
<b>Family Home Evening</b>		<b>Rahu</b> 7:26AM – 8:55AM	Catuspada Until 5:00AM Tue	<b>Nataraja:</b> Purple			<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 5:30PM	Moon – Green			Ashvina•Aipasi
Until 2:43PM				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga							
				<b>Subramuniyaswami Mahasamadhi</b>			
				<b>Deepavali Hindu Solidarity Day</b>			

	<b>Tuesday, October 25, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anuradhapura, Sri Lanka Sun 14 Sutra 191 Subhakarit 5124
	Tula Rasi: 1.56	Tithi 30 – 1	<b>Gulika</b> 11:53AM – 1:22PM	<b>Chitra</b> Until 2:17PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:57AM	
	661276474		Yama 8:55AM – 10:24AM	Vishkambha* Until 12:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:50PM	Moon 10 - Phase 26 - 14 Amavasya
Creative Work	Siddha Yoga	<b>Rahu</b> 2:51PM – 4:20PM	Kintughna Until 3:36AM Wed	<b>Nataraja:</b> Purple			<b>Bhuloka Day</b>
Until 2:43PM			<b>Amavasya*</b> Until 4:20PM	Moon – Green			Ashvina•Aipasi
				Ashvina•Aipasi			

<b>Retreat Star</b>	<b>Wednesday, October 26, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Anuradhapura, Sri Lanka Sun 15 Sutra 192 Subhakarit 5124
	Tula Rasi: 15.42	Tithi 1 – 2	<b>Gulika</b> 10:24AM – 11:53AM	<b>Svati</b> Until 1:15PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:57AM	
	661276574		Yama 7:26AM – 8:55AM	Priti Until 10:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 10 - Phase 26 - 15 Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 11:53AM – 1:22PM	Balava Until 1:46AM Thu	<b>Nataraja:</b> Clear			<b>Bhuloka Day</b>
Until 2:43PM			<b>Prathama*</b> Until 2:43PM	Moon – Green			Devaloka Time: 3:PM to 6:PM
				Karttika•Aipasi			
				<b>Skanda Shasthi Begins</b>			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1</b> <b>Thursday, October 27, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dviliya/Tritiyayam Titau				Anuradhapura, Sri Lanka Sun 16 Sutra 193 Subhakra 5124
Tula Rasi: 29.43	Tithi 2 – 3	<b>Gulika</b> 8:55AM – 10:24AM Yama 5:57AM – 7:26AM Rahu 1:22PM – 2:51PM	<b>Vishakha</b> Until 12:08PM Ayushman Until 7:24AM Taitila Until 11:39PM Dvitiya Until 12:43PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange Karttika-Aipasi	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 5:49PM	Moon 10 - Phase 27 - 16 3rd Phase
Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
<b>2</b> <b>Friday, October 28, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Anuradhapura, Sri Lanka Sun 17 Sutra 194 Subhakra 5124
Vrischika Rasi: 13.54	Tithi 3 – 4	<b>Gulika</b> 7:26AM – 8:55AM Yama 2:51PM – 4:20PM Rahu 10:24AM – 11:53AM	<b>Anuradha</b> Until 10:37AM Sobhana Until 1:24AM Sat Vanija Until 9:20PM Tritiya Until 10:30AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange Karttika-Aipasi	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 5:49PM	Moon 10 - Phase 27 - 17 3rd Phase
Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 10:37AM						
Then Routine Work - Marana Yoga						
<b>3</b> <b>Saturday, October 29, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Anuradhapura, Sri Lanka Sun 18 Sutra 195 Subhakra 5124
Vrischika Rasi: 28.13	Tithi 4 – 5	<b>Gulika</b> 5:57AM – 7:26AM Yama 1:22PM – 2:51PM Rahu 8:55AM – 10:24AM	<b>Jyeshtha*</b> Until 8:51AM Athiganda* Until 10:15PM Bava Until 6:57PM Chaturthi* Until 8:08AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange Karttika-Aipasi	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 5:48PM	Moon 10 - Phase 27 - 18 3rd Phase
Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
<b>4</b> <b>Sunday, October 30, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Anuradhapura, Sri Lanka Sun 19 Sutra 196 Subhakra 5124
Dhanus Rasi: 12.32	Tithi 6	<b>Gulika</b> 2:50PM – 4:19PM Yama 11:53AM – 1:22PM Rahu 4:19PM – 5:48PM	<b>Mula*</b> Until 7:19AM Sukarma Until 7:09PM Kaulava Until 4:33PM Skanda Shasthi Shashthi* Until 3:22AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue Karttika-Aipasi	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 5:48PM	Moon 10 - Phase 27 - 19 3rd Phase
Creative Work	Amrita Yoga				<b>Devaloka Day</b>	
Until 7:19AM						
Then Creative Work - Siddha Yoga						
<b>5</b> <b>Monday, October 31, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Anuradhapura, Sri Lanka Sun 20 Sutra 197 Subhakra 5124
Dhanus Rasi: 26.5	Tithi 7	<b>Gulika</b> 1:21PM – 2:50PM Yama 10:24AM – 11:53AM Rahu 7:26AM – 8:55AM	<b>Uttarashadha</b> Until 4:03AM Tue Dhriti Until 4:07PM Gara Until 2:15PM Saptami Until 1:08AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue Karttika-Aipasi	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 5:48PM	Moon 10 - Phase 27 - 20 3rd Phase
Family Home Evening					<b>Devaloka Day</b>	
Routine Work	Marana Yoga					
Until 4:03AM Tue						
Then Creative Work - Siddha Yoga						
<b>Retreat Star</b> <b>Tuesday, November 1, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Anuradhapura, Sri Lanka Sun 21 Sutra 198 Subhakra 5124
Makara Rasi: 11.04	Tithi 8	<b>Gulika</b> 11:53AM – 1:21PM Yama 8:55AM – 10:24AM Rahu 2:50PM – 4:19PM	<b>Shravana</b> Until 2:51AM Wed Shula* Until 1:11PM Visti Until 12:05PM Ashtami* Until 11:03PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple Karttika-Aipasi	<b>Sunrise:</b> 5:58AM <b>Sunset:</b> 5:48PM	Moon 10 - Phase 27 - 21 Ashtami
Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 2:51AM Wed						
Then Routine Work - Prabalarishta Yoga						
<b>Retreat Star</b> <b>Wednesday, November 2, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Anuradhapura, Sri Lanka Sun 22 Sutra 199 Subhakra 5124
Makara Rasi: 25.1	Tithi 9	<b>Gulika</b> 10:24AM – 11:53AM Yama 7:27AM – 8:55AM Rahu 11:53AM – 1:21PM	<b>Dhanishtha</b> Until 1:44AM Thu Ganda* Until 10:25AM Balava Until 10:07AM Navami* Until 9:11PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple Karttika-Aipasi	<b>Sunrise:</b> 5:58AM <b>Sunset:</b> 5:47PM	Moon 10 - Phase 27 - 22 Navami
Routine Work	Prabalarishta Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 1:44AM Thu						
Then Creative Work - Siddha Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

Times are standard time. Calculated for Anuradhapura, Sri Lanka on :

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<b>1</b>	<b>Thursday, November 3, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shalabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		Anuradhapura, Sri Lanka Sun 23 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 9.08      Tithi 10 692276574	<b>Gulika</b> 8:55AM – 10:24AM Yama 5:58AM – 7:27AM <b>Rahu</b> 1:21PM – 2:50PM	<b>Shatabhishak</b> Until 12:42AM Fri Vriddhi Until 7:50AM Taitila Until 8:21AM <b>Dashami</b> Until 7:33PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Clear Moon – Purple <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work    Siddha Yoga				


<b>2</b>	<b>Friday, November 4, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Anuradhapura, Sri Lanka Sun 24 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 22.56      Tithi 11 612276574	<b>Gulika</b> 7:27AM – 8:55AM Yama 2:50PM – 4:18PM <b>Rahu</b> 10:24AM – 11:53AM	<b>Purvaproshtapada*</b> Until 12:14AM Sat Vyaghata* Until 3:16AM Sat Vanija Until 6:52AM <b>Ekadashi</b> Until 6:12PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Clear Moon – Clear <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work    Siddha Yoga				

<b>3</b>	<b>Saturday, November 5, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Anuradhapura, Sri Lanka Sun 25 Sutra 202 Subhakrit 5124
	Meena Rasi: 6.34      Tithi 12 – 13 612276574	<b>Gulika</b> 5:58AM – 7:27AM Yama 1:21PM – 2:50PM <b>Rahu</b> 8:56AM – 10:24AM	<b>Uttaraproshtapada</b> Until 11:58PM Harshana Until 1:24AM Sun Kaulava Until 4:49AM Sun <b>Dvadashi</b> Until 5:10PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Clear Moon – Clear <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work    Siddha Yoga Until 11:58PM Then Routine Work - Prabararishta Yoga				

<b>4</b>	<b>Sunday, November 6, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Anuradhapura, Sri Lanka Sun 26 Sutra 203 Subhakrit 5124
	Meena Rasi: 20.01      Tithi 13 – 14 612276574	<b>Gulika</b> 2:50PM – 4:18PM Yama 11:53AM – 1:21PM <b>Rahu</b> 4:18PM – 5:47PM	<b>Revati</b> Until 11:55PM Vajra* Until 11:48PM Gara Until 4:22AM Mon <b>Trayodashi</b> Until 4:31PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Clear Moon – Clear <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work    Amrita Yoga Until 11:55PM Then Creative Work - Siddha Yoga				

<b>5</b>	<b>Monday, November 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Anuradhapura, Sri Lanka Sun 27 Sutra 204 Subhakrit 5124
	Mesha Rasi: 3.14      Tithi 14 – 15 722276574	<b>Gulika</b> 1:21PM – 2:50PM Yama 10:24AM – 11:53AM <b>Rahu</b> 7:27AM – 8:56AM	<b>Ashvini</b> Until 12:37AM Tue Siddhi Until 10:35PM Visti Until 4:22AM Tue <b>Chaturdashi*</b> Until 4:17PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Clear Moon – White <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Family Home Evening Creative Work    Siddha Yoga				

	<b>Tuesday, November 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Anuradhapura, Sri Lanka Sutra 205 Subhakrit 5124
	Mesha Rasi: 16.13      Tithi 15 – 16 722276574	<b>Gulika</b> 11:53AM – 1:21PM Yama 8:56AM – 10:24AM <b>Rahu</b> 2:50PM – 4:18PM	<b>Bharani</b> Until 1:38AM Wed Vyatipata* Until 9:44PM Balava Until 4:53AM Wed <b>Purnima*</b> Until 4:32PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Clear Moon – White <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work    Siddha Yoga Until 1:38AM Wed Then Creative Work - Amrita Yoga				

	<b>Wednesday, November 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Anuradhapura, Sri Lanka Sutra 206 Subhakrit 5124
	Mesha Rasi: 28.57      Tithi 16 – 17 722276574	<b>Gulika</b> 10:24AM – 11:53AM Yama 7:28AM – 8:56AM <b>Rahu</b> 11:53AM – 1:21PM	<b>Krittika</b> Until 2:59AM Thu Variyan Until 9:16PM Taitila Until 5:55AM Thu <b>Prathama*</b> Until 5:19PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Clear Moon – White <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work    Amrita Yoga Until 2:59AM Thu Then Routine Work - Marana Yoga				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Thursday, November 10, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Gara Karana Dvitiyayam Titau

Anuradhapura, Sri Lanka  
Sun 1 Sutra 207

Vrishabha Rasi: 11.28 Tithi 17

732276574

**Gulika** 8:56AM – 10:25AM  
**Yama** 6:00AM – 7:28AM  
**Rahu** 1:21PM – 2:50PM

**Rohini Until 5:09AM Fri**  
Parigha\* Until 9:12PM  
Gara Until 6:36PM  
**Dvitiya Until 6:36PM**

**Ganesha:** Red *Sunrise: 6:00AM*  
**Muruqa:** Clear *Sunset: 5:46PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

*Sunrise: 6:00AM*  
*Sunset: 5:46PM*  
Moon 11 - Phase 29 - 1  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 5:09AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Anuradhapura, Sri Lanka  
Sun 2 Sutra 208

Vrishabha Rasi: 23.45 Tithi 18

732276574

**Gulika** 7:28AM – 8:56AM  
**Yama** 2:50PM – 4:18PM  
**Rahu** 10:25AM – 11:53AM

**Mrigashira Until 7:35AM Sat**  
Shiva Until 9:30PM  
Vanija Until 7:26AM  
**Tritiya Until 8:21PM**

**Ganesha:** Red *Sunrise: 6:00AM*  
**Muruqa:** Clear *Sunset: 5:46PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

*Sunrise: 6:00AM*  
*Sunset: 5:46PM*  
Moon 11 - Phase 29 - 2  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

2

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Anuradhapura, Sri Lanka  
Sun 3 Sutra 209

Mithuna Rasi: 5.52 Tithi 19

732276574

**Gulika** 6:00AM – 7:28AM  
**Yama** 1:21PM – 2:50PM  
**Rahu** 8:57AM – 10:25AM

**Mrigashira Until 7:35AM**  
Siddha Until 10:04PM  
Bava Until 9:25AM  
**Chaturthi\* Until 10:30PM**

**Ganesha:** Red *Sunrise: 6:00AM*  
**Muruqa:** Clear *Sunset: 5:46PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

*Sunrise: 6:00AM*  
*Sunset: 5:46PM*  
Moon 11 - Phase 29 - 3  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

3

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Anuradhapura, Sri Lanka  
Sun 4 Sutra 210

Mithuna Rasi: 17.5 Tithi 20

732276574

**Gulika** 2:50PM – 4:18PM  
**Yama** 11:53AM – 1:22PM  
**Rahu** 4:18PM – 5:46PM

**Ardra Until 10:09AM**  
Sadhya Until 10:49PM  
Kaulava Until 11:42AM  
**Panchami Until 12:54AM Mon**

**Ganesha:** Red *Sunrise: 6:00AM*  
**Muruqa:** Clear *Sunset: 5:46PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

*Sunrise: 6:00AM*  
*Sunset: 5:46PM*  
Moon 11 - Phase 29 - 4  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

4

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Anuradhapura, Sri Lanka  
Sun 5 Sutra 211

Mithuna Rasi: 29.44 Tithi 21

742376574

**Gulika** 1:22PM – 2:50PM  
**Yama** 10:25AM – 11:53AM  
**Rahu** 7:29AM – 8:57AM

**Punarvasu Until 1:15PM**  
Subha Until 11:41PM  
Gara Until 2:11PM  
**Shashthi\* Until 3:24AM Tue**

**Ganesha:** White *Sunrise: 6:01AM*  
**Muruqa:** Clear *Sunset: 5:46PM*  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Aipasi**

*Sunrise: 6:01AM*  
*Sunset: 5:46PM*  
Moon 11 - Phase 29 - 5  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 1:15PM

Then Creative Work - Siddha Yoga

5

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

Anuradhapura, Sri Lanka  
Sun 6 Sutra 212

Kataka Rasi: 11.37 Tithi 22

743376574

**Gulika** 11:54AM – 1:22PM  
**Yama** 8:57AM – 10:25AM  
**Rahu** 2:50PM – 4:18PM

**Pushya Until 4:10PM**  
Sukla Until 12:27AM Wed  
Visti Until 4:39PM  
**Saptami Until 5:48AM Wed**

**Ganesha:** Green *Sunrise: 6:01AM*  
**Muruqa:** Clear *Sunset: 5:46PM*  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Aipasi**

*Sunrise: 6:01AM*  
*Sunset: 5:46PM*  
Moon 11 - Phase 29 - 6  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Balava Karana Ashtamyam Titau

Anuradhapura, Sri Lanka  
Sun 7 Sutra 213

Kataka Rasi: 23.32 Tithi 23

743376574

**Gulika** 10:26AM – 11:54AM  
**Yama** 7:29AM – 8:58AM  
**Rahu** 11:54AM – 1:22PM

**Ashlesha\* Until 6:45PM**  
Brahma Until 1:03AM Thu  
Balava Until 6:56PM  
**Ashtami\* Until 7:54AM Thu**

**Ganesha:** Green *Sunrise: 6:01AM*  
**Muruqa:** Clear *Sunset: 5:46PM*  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Kartikai**

*Sunrise: 6:01AM*  
*Sunset: 5:46PM*  
Moon 11 - Phase 29 - 7  
Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anuradhapura, Sri Lanka  
Sun 8 Sutra 214

Simha Rasi: 5.34 Tithi 23 – 24

753376575

**Gulika** 8:58AM – 10:26AM  
**Yama** 6:02AM – 7:30AM  
**Rahu** 1:22PM – 2:50PM

**Magha\* Until 9:17PM**  
Indra Until 1:19AM Fri  
Taitila Until 8:49PM  
**Ashtami\* Until 7:54AM**

**Ganesha:** Orange *Sunrise: 6:02AM*  
**Muruqa:** Clear *Sunset: 5:46PM*  
**Nataraja:** Purple  
Moon – Red  
**Kartika-Kartikai**

*Sunrise: 6:02AM*  
*Sunset: 5:46PM*  
Moon 11 - Phase 29 - 8  
Navami

**Sivaloka Day**

Creative Work Amrita Yoga

Until 9:17PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

are standard time. Calculated for Anuradhapura, Sri Lanka on :

www.gurudeva.org/panchang

1	<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Anuradhapura, Sri Lanka Sun 9 Sutra 215
	Simha Rasi: 17.47	Tithi 24 – 25	<b>Gulika</b> 7:30AM – 8:58AM	<b>Purvaphalguni</b> Until 11:05PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:02AM	Subhakrit 5124
			Yama 2:50PM – 4:18PM	Vaidhrili* Until 1:07AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:46PM	Moon 11 - Phase 30 - 9
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:26AM – 11:54AM	Vanija Until 10:07PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Navami*</b> Until 9:31AM	Moon – Red		<b>Sivaloka Day</b>	
				Karttika-Karttikai			

2	<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anuradhapura, Sri Lanka Sun 10 Sutra 216
	Kanya Rasi: 0.17	Tithi 25 – 26	<b>Gulika</b> 6:02AM – 7:30AM	<b>Uttaraphalguni</b> Until 12:04AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:02AM	Subhakrit 5124
			Yama 1:22PM – 2:50PM	Vishkambha* Until 12:23AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:46PM	Moon 11 - Phase 30 - 10
	Routine Work	Marana Yoga	<b>Rahu</b> 8:58AM – 10:26AM	Bava Until 10:43PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami</b> Until 10:30AM	Moon – Red		<b>Sivaloka Day</b>	
				Karttika-Karttikai			

3	<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anuradhapura, Sri Lanka Sun 11 Sutra 217
	Kanya Rasi: 13.07	Tithi 26 – 27	<b>Gulika</b> 2:50PM – 4:18PM	<b>Hasta</b> Until 12:37AM Mon	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:03AM	Subhakrit 5124
			Yama 11:55AM – 1:23PM	Priti Until 11:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:46PM	Moon 11 - Phase 30 - 11
	Creative Work	Amrita Yoga	<b>Rahu</b> 4:18PM – 5:46PM	Kaulava Until 10:33PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> Until 10:43AM	Moon – Green		<b>Devaloka Day</b>	
				Karttika-Karttikai			

4	<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Anuradhapura, Sri Lanka Sun 12 Sutra 218
	Kanya Rasi: 26.19	Tithi 27 – 28	<b>Gulika</b> 1:23PM – 2:51PM	<b>Chitra</b> Until 12:15AM Tue	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:03AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 10:27AM – 11:55AM	Ayushman Until 9:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 11 - Phase 30 - 12
	Routine Work	Prabalarishta Yoga	<b>Rahu</b> 7:31AM – 8:59AM	Gara Until 9:37PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadashi*</b> Until 10:10AM	Moon – Green		<b>Devaloka Day</b>	
				Karttika-Karttikai			
				<i>Pradosha Vrata (Fasting)</i>			

5	<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anuradhapura, Sri Lanka Sun 13 Sutra 219
	Tula Rasi: 9.58	Tithi 28 – 29	<b>Gulika</b> 11:55AM – 1:23PM	<b>Svati</b> Until 11:04PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:04AM	Subhakrit 5124
			Yama 8:59AM – 10:27AM	Saubhagya Until 6:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 11 - Phase 30 - 13
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:51PM – 4:19PM	Visti Until 8:00PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi*</b> Until 8:52AM	Moon – Green		<b>Devaloka Day</b>	
				Karttika-Karttikai			

●	<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Anuradhapura, Sri Lanka Sun 14 Sutra 220
	<b>Retreat Star</b>		<b>Gulika</b> 10:27AM – 11:55AM	<b>Vishakha</b> Until 9:37PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:04AM	Subhakrit 5124
	Tula Rasi: 23.59	Tithi 29 – 30	Yama 7:32AM – 9:00AM	Sobhana Until 3:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 11 - Phase 30 - 14
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:55AM – 1:23PM	Naga Until 4:28AM Thu	<b>Nataraja:</b> Purple		Amavasya
			<b>Chaturdashi*</b> Until 6:56AM	Moon – Orange		<b>Devaloka Day</b>	
				Karttika-Karttikai			

●	<b>Thursday, November 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Anuradhapura, Sri Lanka Sun 15 Sutra 221
	<b>Retreat Star</b>		<b>Gulika</b> 9:00AM – 10:28AM	<b>Anuradha</b> Until 7:36PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:04AM	Subhakrit 5124
	Vrischika Rasi: 8.23	Tithi 1	Yama 6:04AM – 7:32AM	Athiganda* Until 12:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 11 - Phase 30 - 15
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:23PM – 2:51PM	Kintughna Until 3:06PM	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama*</b> Until 1:38AM Fri	Moon – Orange		<b>Devaloka Day</b>	
				Margasira-Karttikai			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>	<b>Friday, November 25, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau			Anuradhapura, Sri Lanka Sun 16 Sutra 222 Subhakrit 5124
	Vrischika Rasi: 23.01    Tiithi 2	<b>Gulika</b> 7:33AM – 9:00AM Yama 2:52PM – 4:19PM 773376575 <b>Rahu</b> 10:28AM – 11:56AM	<b>Jyeshtha* Until 5:11PM</b> Sukarma Until 8:41AM Balava Until 12:09PM Dvitiya Until 10:35PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:05AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Purple Moon – Orange Margasira-Karttikai	Moon 11 - Phase 31 - 16 3rd Phase <b>Devaloka Day</b>
Routine Work    Marana Yoga Until 5:11PM Then Creative Work - Amrita Yoga					

<b>2</b>	<b>Saturday, November 26, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau			Anuradhapura, Sri Lanka Sun 17 Sutra 223 Subhakrit 5124
	Dhanus Rasi: 7.48    Tiithi 3	<b>Gulika</b> 6:05AM – 7:33AM Yama 1:24PM – 2:52PM 783376575 <b>Rahu</b> 9:01AM – 10:28AM	<b>Mula* Until 2:56PM</b> Shula* Until 1:11AM Sun Taitila Until 9:02AM Tritiya Until 7:27PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:05AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 31 - 17 3rd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga					

<b>3</b>	<b>Sunday, November 27, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Anuradhapura, Sri Lanka Sun 18 Sutra 224 Subhakrit 5124
	Dhanus Rasi: 22.36    Tiithi 4 – 5	<b>Gulika</b> 2:52PM – 4:20PM Yama 11:57AM – 1:24PM 783376575 <b>Rahu</b> 4:20PM – 5:47PM	<b>Purvashadha* Until 12:36PM</b> Ganda* Until 9:30PM Bava Until 2:59AM Mon Chaturthi* Until 4:25PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:06AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 31 - 18 3rd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 12:36PM Then Creative Work - Amrita Yoga					

<b>4</b>	<b>Monday, November 28, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Anuradhapura, Sri Lanka Sun 19 Sutra 225 Subhakrit 5124
	Makara Rasi: 7.17    Tiithi 5 – 6	<b>Gulika</b> 1:25PM – 2:52PM Yama 10:29AM – 11:57AM 783376575 <b>Rahu</b> 7:34AM – 9:01AM	<b>Uttarashadha Until 10:19AM</b> Vriddhi Until 6:02PM Kaulava Until 12:17AM Tue Panchami Until 1:34PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:06AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 31 - 19 3rd Phase <b>Devaloka Day</b>
Family Home Evening Routine Work    Marana Yoga Until 10:19AM Then Creative Work - Amrita Yoga					

<b>5</b>	<b>Tuesday, November 29, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Anuradhapura, Sri Lanka Sun 20 Sutra 226 Subhakrit 5124
	Makara Rasi: 21.46    Tiithi 6 – 7	<b>Gulika</b> 11:57AM – 1:25PM Yama 9:02AM – 10:30AM 793376575 <b>Rahu</b> 2:53PM – 4:20PM	<b>Shravana Until 8:36AM</b> Dhruva Until 2:50PM Gara Until 9:58PM Shashthi* Until 11:04AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:06AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai	Moon 11 - Phase 31 - 20 3rd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga					

<b>Retreat Star</b>	<b>Wednesday, November 30, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Anuradhapura, Sri Lanka Sun 21 Sutra 227 Subhakrit 5124
	Kumbha Rasi: 5.59    Tiithi 7 – 8	<b>Gulika</b> 10:30AM – 11:58AM Yama 7:35AM – 9:02AM 794376575 <b>Rahu</b> 11:58AM – 1:25PM	<b>Dhanishtha Until 7:09AM</b> Vyaghata* Until 11:59AM Visti Until 8:07PM Saptami Until 8:58AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai	Moon 11 - Phase 31 - 21 Ashtami <b>Sivaloka Day</b>
Routine Work    Prabalarishta Yoga Until 7:09AM Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>	<b>Thursday, December 1, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Anuradhapura, Sri Lanka Sun 22 Sutra 228 Subhakrit 5124
	Kumbha Rasi: 19.53    Tiithi 8 – 9	<b>Gulika</b> 9:03AM – 10:30AM Yama 6:07AM – 7:35AM 794376575 <b>Rahu</b> 1:26PM – 2:53PM	<b>Shatabhishak Until 6:02AM</b> Harshana Until 9:32AM Balava Until 6:45PM Ashtami* Until 7:21AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:07AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai	Moon 11 - Phase 31 - 22 Navami <b>Sivaloka Day</b>
Creative Work    Siddha Yoga					

<b>1</b>		<b>Friday, December 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Siddhi Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Anuradhapura, Sri Lanka Sun 23 Sutra 229	
Meena Rasi: 3.29	Tithi 9 – 10	<b>Gulika</b> 7:35AM – 9:03AM	<b>Uttaraproshtapada</b> Until 5:44AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:08AM	Subhakrit 5124	
		Yama 2:54PM – 4:21PM	Vajra* Until 7:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 11 - Phase 32 - 23	
		714376575 <b>Rahu</b> 10:31AM – 11:58AM	Gara Until 5:40AM Sat	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:15AM	Moon – Clear		<b>Sivaloka Day</b>	
Until 5:44AM Sat				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Saturday, December 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Anuradhapura, Sri Lanka Sun 24 Sutra 230	
Meena Rasi: 16.48	Tithi 11	<b>Gulika</b> 6:08AM – 7:36AM	<b>Revati</b> Until 6:07AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:08AM	Subhakrit 5124	
		Yama 1:26PM – 2:54PM	Vyatipata* Until 4:34AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 11 - Phase 32 - 24	
		714376575 <b>Rahu</b> 9:04AM – 10:31AM	Vanija Until 5:35PM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 5:36AM Sun	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:07AM Sun				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Sunday, December 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvadashyam Titau		Anuradhapura, Sri Lanka Sun 25 Sutra 231	
Meena Rasi: 29.5	Tithi 12	<b>Gulika</b> 2:54PM – 4:22PM	<b>Revati</b> Until 6:07AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:09AM	Subhakrit 5124	
		Yama 11:59AM – 1:27PM	Variyan Until 3:40AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 11 - Phase 32 - 25	
		714376575 <b>Rahu</b> 4:22PM – 5:49PM	Bava Until 5:45PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 6:00AM Mon	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:07AM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, December 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Anuradhapura, Sri Lanka Sun 26 Sutra 232	
Mesha Rasi: 12.4	Tithi 12 – 13	<b>Gulika</b> 1:27PM – 2:55PM	<b>Ashvini</b> Until 7:15AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:09AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:32AM – 12:00PM	Parigha* Until 3:07AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 11 - Phase 32 - 26	
		724376575 <b>Rahu</b> 7:37AM – 9:04AM	Kaulava Until 6:23PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 6:00AM	Moon – White		<b>Devaloka Day</b>	
				Margasira-Karttikai			

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, December 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau		Anuradhapura, Sri Lanka Sun 27 Sutra 233	
Mesha Rasi: 25.16	Tithi 13 – 14	<b>Gulika</b> 12:00PM – 1:27PM	<b>Bharani</b> Until 8:39AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:10AM	Subhakrit 5124	
		Yama 9:05AM – 10:32AM	Shiva Until 2:53AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 11 - Phase 32 - 27	
		724376575 <b>Rahu</b> 2:55PM – 4:22PM	Gara Until 7:26PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:50AM	Moon – White		<b>Devaloka Day</b>	
		<b>Krittika Deepam</b>		Margasira-Karttikai			

<b>○</b>		<b>Wednesday, December 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Anuradhapura, Sri Lanka Sutra 234	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:33AM – 12:00PM	<b>Krittika</b> Until 10:17AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:10AM	Subhakrit 5124	
Vrishabha Rasi: 7.42	Tithi 14 – 15	Yama 7:38AM – 9:05AM	Siddha Until 2:55AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 11 - Phase 32 - Purnima	
		724376575 <b>Rahu</b> 12:00PM – 1:28PM	Visti Until 8:52PM	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 8:05AM	Moon – White		<b>Devaloka Day</b>	
Until 10:17AM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Thursday, December 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Anuradhapura, Sri Lanka Sutra 235	
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:06AM – 10:33AM	<b>Rohini</b> Until 12:35PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:11AM	Subhakrit 5124	
Vrishabha Rasi: 19.59	Tithi 15 – 16	Yama 6:11AM – 7:38AM	Sadhya Until 3:13AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:51PM	Moon 11 - Phase 32 - Prathama	
		734376575 <b>Rahu</b> 1:28PM – 2:56PM	Balava Until 10:40PM	<b>Nataraja:</b> Purple			
Routine Work	Marana Yoga		<b>Purnima*</b> Until 9:42AM	Moon – Yellow		<b>Sivaloka Day</b>	
				Margasira-Karttikai			

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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Friday, December 9, 2022

Gold Retreat Star

Mithuna Rasi: 2.07 Tithi 16 - 17

Creative Work Siddha Yoga

734476575

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 7:39AM - 9:06AM  
**Yama** 2:56PM - 4:24PM  
**Rahu** 10:34AM - 12:01PM

**Mrigashira** Until 3:02PM  
**Subha** Until 3:44AM Sat  
**Taitila** Until 12:45AM Sat  
**Prathama\*** Until 11:39AM

**Ganesha:** Red **Sunrise:** 6:11AM  
**Muruqa:** Clear **Sunset:** 5:51PM  
**Nataraja:** Purple  
Moon - Yellow  
**Margasira-Karttikai**

Anuradhapura, Sri Lanka  
Sutra 236  
Subhakrit 5124  
Moon 12 - Phase 33 -  
1st Phase

Sivaloka Day

1

Saturday, December 10, 2022

Mithuna Rasi: 14.09 Tithi 17 - 18

Creative Work Siddha Yoga

734476575

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 6:12AM - 7:39AM  
**Yama** 1:29PM - 2:57PM  
**Rahu** 9:07AM - 10:34AM

**Ardra** Until 5:33PM  
**Sukla** Until 4:24AM Sun  
**Vanija** Until 3:05AM Sun  
**Dvitiya** Until 1:52PM

**Ganesha:** Red **Sunrise:** 6:12AM  
**Muruqa:** Clear **Sunset:** 5:51PM  
**Nataraja:** Purple  
Moon - Yellow  
**Margasira-Karttikai**

Anuradhapura, Sri Lanka  
Sun 1 Sutra 237  
Subhakrit 5124  
Moon 12 - Phase 33 - 1  
1st Phase

Sivaloka Day

2

Sunday, December 11, 2022

Mithuna Rasi: 26.05 Tithi 18 - 19

Creative Work Siddha Yoga

744476575

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 2:57PM - 4:24PM  
**Yama** 12:02PM - 1:30PM  
**Rahu** 4:24PM - 5:52PM

**Punarvasu** Until 8:36PM  
**Brahma** Until 5:12AM Mon  
**Bava** Until 5:34AM Mon  
**Tritiya** Until 4:17PM

**Ganesha:** Green **Sunrise:** 6:12AM  
**Muruqa:** Clear **Sunset:** 5:52PM  
**Nataraja:** Purple  
Moon - Blue  
**Margasira-Karttikai**

Anuradhapura, Sri Lanka  
Sun 2 Sutra 238  
Subhakrit 5124  
Moon 12 - Phase 33 - 2  
1st Phase

Sivaloka Day

Devaloka Day

3

Monday, December 12, 2022

Kataka Rasi: 7.58 Tithi 19

Family Home Evening

Creative Work Siddha Yoga

745476575

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Balava Karana Chaturthyam Titau

**Gulika** 1:30PM - 2:57PM  
**Yama** 10:35AM - 12:03PM  
**Rahu** 7:40AM - 9:08AM

**Pushya** Until 11:33PM  
**Indra** Until 6:03AM Tue  
**Balava** Until 6:49PM  
**Chaturthi\*** Until 6:49PM

**Ganesha:** White **Sunrise:** 6:13AM  
**Muruqa:** Clear **Sunset:** 5:52PM  
**Nataraja:** Purple  
Moon - Blue  
**Margasira-Karttikai**

Anuradhapura, Sri Lanka  
Sun 3 Sutra 239  
Subhakrit 5124  
Moon 12 - Phase 33 - 3  
1st Phase

Devaloka Day

4

Tuesday, December 13, 2022

Kataka Rasi: 19.5 Tithi 20

Creative Work Siddha Yoga

745476575

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 12:03PM - 1:30PM  
**Yama** 9:08AM - 10:36AM  
**Rahu** 2:58PM - 4:25PM

**Ashlesha\*** Until 2:18AM Wed  
**Indra** Until 6:03AM  
**Kaulava** Until 8:06AM  
**Panchami** Until 9:19PM

**Ganesha:** White **Sunrise:** 6:13AM  
**Muruqa:** Clear **Sunset:** 5:53PM  
**Nataraja:** Purple  
Moon - Blue  
**Margasira-Karttikai**

Anuradhapura, Sri Lanka  
Sun 4 Sutra 240  
Subhakrit 5124  
Moon 12 - Phase 33 - 4  
1st Phase

Devaloka Day

5

Wednesday, December 14, 2022

Simha Rasi: 1.44 Tithi 21

Creative Work Siddha Yoga

755476575

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:36AM - 12:04PM  
**Yama** 7:41AM - 9:09AM  
**Rahu** 12:04PM - 1:31PM

**Magha\*** Until 5:12AM Thu  
**Vaidhriti\*** Until 6:49AM  
**Gara** Until 10:33AM  
**Shashthi\*** Until 11:40PM

**Ganesha:** Clear **Sunrise:** 6:14AM  
**Muruqa:** Clear **Sunset:** 5:53PM  
**Nataraja:** Purple  
Moon - Red  
**Margasira-Karttikai**

Anuradhapura, Sri Lanka  
Sun 5 Sutra 241  
Subhakrit 5124  
Moon 12 - Phase 33 - 5  
1st Phase

Sivaloka Day

6

Thursday, December 15, 2022

Simha Rasi: 13.43 Tithi 22

Creative Work Siddha Yoga

755476575

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika** 9:09AM - 10:37AM  
**Yama** 6:14AM - 7:42AM  
**Rahu** 1:31PM - 2:59PM

**Purvaphalguni** Until 7:32AM Fri  
**Vishkambha\*** Until 7:25AM  
**Visti** Until 12:44PM  
**Saptami** Until 1:38AM Fri

**Ganesha:** Clear **Sunrise:** 6:14AM  
**Muruqa:** Clear **Sunset:** 5:54PM  
**Nataraja:** Purple  
Moon - Red  
**Margasira-Karttikai**

Anuradhapura, Sri Lanka  
Sun 6 Sutra 242  
Subhakrit 5124  
Moon 12 - Phase 33 - 6  
1st Phase

Sivaloka Day

D

Friday, December 16, 2022

Retreat Star

Simha Rasi: 25.52 Tithi 23

Creative Work Siddha Yoga

755476575

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 7:42AM - 9:10AM  
**Yama** 2:59PM - 4:27PM  
**Rahu** 10:37AM - 12:04PM

**Purvaphalguni** Until 7:32AM  
**Priti** Until 7:43AM  
**Balava** Until 2:27PM  
**Ashtami\*** Until 3:03AM Sat

**Ganesha:** Clear **Sunrise:** 6:15AM  
**Muruqa:** Clear **Sunset:** 5:54PM  
**Nataraja:** Purple  
Moon - Red  
**Margasira-Markali**

Anuradhapura, Sri Lanka  
Sun 7 Sutra 243  
Subhakrit 5124  
Moon 12 - Phase 33 - 7  
Ashtami

Sivaloka Day

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Kanya Rasi: 8.16 Tithi 24

Routine Work Marana Yoga

855476575

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 6:15AM - 7:43AM  
**Yama** 1:32PM - 3:00PM  
**Rahu** 9:10AM - 10:38AM

**Uttaraphalguni** Until 9:08AM  
**Ayushman** Until 7:32AM  
**Taitila** Until 3:31PM  
**Navami\*** Until 3:44AM Sun

**Ganesha:** White **Sunrise:** 6:15AM  
**Muruqa:** Clear **Sunset:** 5:54PM  
**Nataraja:** Purple  
Moon - Red  
**Margasira-Markali**

Anuradhapura, Sri Lanka  
Sun 8 Sutra 244  
Subhakrit 5124  
Moon 12 - Phase 33 - 8  
Navami

Devaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1</b>	<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradhapura, Sri Lanka			
	Kanya Rasi: 20.59      Tithi 25		Hasla/Chitra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vistli* Karana Dashamyam Titau Sun 9 Sutra 245			
	865476575		<b>Gulika</b> 3:00PM – 4:28PM	<b>Hasta</b> <b>Until 10:19AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:16AM	Subhakrit 5124
	Creative Work      Amrita Yoga		Yama 12:05PM – 1:33PM	Saubhagya <b>Until 6:47AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:55PM	Moon 12 - Phase 34 - 9
Until 10:19AM		<b>Rahu</b> 4:28PM – 5:55PM	Vanija <b>Until 3:47PM</b>	<b>Nataraja:</b> Purple	2nd Phase	
Then Creative Work - Siddha Yoga		<b>Dashami</b> <b>Until 3:35AM Mon</b>		Moon – Green	<b>Sivaloka Day</b>	
				Margasira*Markali		


<b>2</b>	<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradhapura, Sri Lanka			
	Tula Rasi: 4.08      Tithi 26		Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 246			
	865476575		<b>Gulika</b> 1:33PM – 3:01PM	<b>Chitra</b> <b>Until 10:31AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:16AM	Subhakrit 5124
	Family Home Evening		Yama 10:39AM – 12:06PM	Athiganda* <b>Until 3:19AM Tue</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:55PM	Moon 12 - Phase 34 - 10
Routine Work      Prabalarishta Yoga		<b>Rahu</b> 7:44AM – 9:11AM	Bava <b>Until 3:12PM</b>	<b>Nataraja:</b> Purple	2nd Phase	
Until 10:31AM		<b>Ekadashi*</b> <b>Until 2:34AM Tue</b>		Moon – Green	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Margasira*Markali		

<b>3</b>	<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradhapura, Sri Lanka			
	Tula Rasi: 17.44      Tithi 27		Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau Sun 11 Sutra 247			
	865476575		<b>Gulika</b> 12:06PM – 1:34PM	<b>Svati</b> <b>Until 9:45AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:17AM	Subhakrit 5124
	Creative Work      Siddha Yoga		Yama 9:12AM – 10:39AM	Sukarma <b>Until 12:37AM Wed</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:56PM	Moon 12 - Phase 34 - 11
Until 9:45AM		<b>Rahu</b> 3:01PM – 4:29PM	Kaulava <b>Until 1:47PM</b>	<b>Nataraja:</b> Purple	2nd Phase	
Then Routine Work - Marana Yoga		<b>Dvadashi*</b> <b>Until 12:45AM Wed</b>		Moon – Green	<b>Sivaloka Day</b>	
				Margasira*Markali		

<b>4</b>	<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradhapura, Sri Lanka			
	Vrischika Rasi: 1.49      Tithi 28		Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 248			
	875476575		<b>Gulika</b> 10:40AM – 12:07PM	<b>Vishakha</b> <b>Until 8:31AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:17AM	Subhakrit 5124
	Creative Work      Siddha Yoga		Yama 7:45AM – 9:12AM	Dhriti <b>Until 9:22PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:56PM	Moon 12 - Phase 34 - 12
		<b>Rahu</b> 12:07PM – 1:34PM	Gara <b>Until 11:36AM</b>	<b>Nataraja:</b> Purple	2nd Phase	
		<b>Day 1 of Pancha Ganapati</b>		Moon – Orange	<b>Devaloka Day</b>	
				Margasira*Markali		
		<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradhapura, Sri Lanka			
	Vrischika Rasi: 16.21      Tithi 29		Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 249			
	876476575		<b>Gulika</b> 9:13AM – 10:40AM	<b>Anuradha</b> <b>Until 6:30AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:18AM	Subhakrit 5124
	Creative Work      Siddha Yoga		Yama 6:18AM – 7:45AM	Shula* <b>Until 5:39PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM	Moon 12 - Phase 34 - 13
Until 6:30AM		<b>Rahu</b> 1:35PM – 3:02PM	Visti <b>Until 8:48AM</b>	<b>Nataraja:</b> Purple	2nd Phase	
Then Routine Work - Prabalarishta Yoga		<b>Day 2 of Pancha Ganapati</b>		Moon – Orange	<b>Sivaloka Day</b>	
				Margasira*Markali		

	<b>Friday, December 23, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradhapura, Sri Lanka			
	<b>Retreat Star</b>		Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 250			
	Dhanus Rasi: 1.14      Tithi 30 – 1		886476575			
	Creative Work      Amrita Yoga		<b>Gulika</b> 7:46AM – 9:13AM	<b>Mula*</b> <b>Until 1:12AM Sat</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:18AM	Subhakrit 5124
Until 1:12AM Sat		Yama 3:03PM – 4:30PM	Ganda* <b>Until 1:38PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM	Moon 12 - Phase 34 - 14	
Then Creative Work - Siddha Yoga		<b>Rahu</b> 10:41AM – 12:08PM	Kintughna <b>Until 1:59AM Sat</b>	<b>Nataraja:</b> Purple	Amavasya	
		<b>Day 3 of Pancha Ganapati</b>		Moon – Light Blue	<b>Sivaloka Day</b>	
				Margasira*Markali		

	<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Anuradhapura, Sri Lanka			
	<b>Retreat Star</b>		Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 15 Sutra 251			
	Dhanus Rasi: 16.22      Tithi 1 – 2		886476575			
	Creative Work      Siddha Yoga		<b>Gulika</b> 6:19AM – 7:46AM	<b>Purvashadha*</b> <b>Until 10:16PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:19AM	Subhakrit 5124
Until 10:16PM		Yama 1:36PM – 3:03PM	Vridhhi <b>Until 9:26AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:58PM	Moon 12 - Phase 34 - 15	
Then Routine Work - Marana Yoga		<b>Rahu</b> 9:14AM – 10:41AM	Balava <b>Until 10:19PM</b>	<b>Nataraja:</b> Purple	Prathama	
		<b>Day 4 of Pancha Ganapati</b>		Moon – Light Blue	<b>Sivaloka Day</b>	
				Pausha*Markali		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

times are standard time. Calculated for Anuradhapura, Sri Lanka on :

www.gurudeva.org/panchang

<b>1</b>		<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Anuradhapura, Sri Lanka Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 1.32	Tithi 2 - 3	886486575	<b>Gulika</b> 3:04PM - 4:31PM <b>Yama</b> 12:09PM - 1:36PM <b>Rahu</b> 4:31PM - 5:58PM	<b>Uttarashadha</b> Until 7:16PM Vyaghata* Until 1:00AM Mon Taitila Until 6:41PM <b>Day 5 of Pancha Ganapati</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:58PM	Moon 12 - Phase 35 - 16 3rd Phase <b>Subha Sivaloka Day</b>

<b>2</b>		<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visli* Karana Chaturthyam Titau		Anuradhapura, Sri Lanka Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 16.38	Tithi 4	896486576	<b>Gulika</b> 1:37PM - 3:04PM <b>Yama</b> 10:42AM - 12:09PM <b>Rahu</b> 7:47AM - 9:15AM	<b>Shravana</b> Until 4:45PM Harshana Until 9:05PM Vanija Until 3:18PM <b>Chaturthi*</b> Until 1:43AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:59PM	Moon 12 - Phase 35 - 17 3rd Phase <b>Sivaloka Day</b>

<b>3</b>		<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Anuradhapura, Sri Lanka Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 1.29	Tithi 5	896486576	<b>Gulika</b> 12:10PM - 1:37PM <b>Yama</b> 9:15AM - 10:43AM <b>Rahu</b> 3:05PM - 4:32PM	<b>Dhanishtha</b> Until 2:30PM Vajra* Until 5:28PM Bava Until 12:17PM <b>Panchami</b> Until 10:57PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:59PM	Moon 12 - Phase 35 - 18 3rd Phase <b>Sivaloka Day</b>

<b>4</b>		<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Anuradhapura, Sri Lanka Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 15.58	Tithi 6	896486576	<b>Gulika</b> 10:43AM - 12:10PM <b>Yama</b> 7:48AM - 9:16AM <b>Rahu</b> 12:10PM - 1:38PM	<b>Shatabhishak</b> Until 12:38PM Siddhi Until 2:20PM Kaulava Until 9:48AM <b>Shashthi*</b> Until 8:46PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 6:00PM	Moon 12 - Phase 35 - 19 3rd Phase <b>Sivaloka Day</b>

<b>5</b>		<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau		Anuradhapura, Sri Lanka Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 0.02	Tithi 7	817486576	<b>Gulika</b> 9:16AM - 10:44AM <b>Yama</b> 6:21AM - 7:49AM <b>Rahu</b> 1:38PM - 3:06PM	<b>Purvaproshtapada*</b> Until 11:42AM Vyatipata* Until 11:44AM Gara Until 7:57AM <b>Saptami</b> Until 7:17PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 6:01PM	Moon 12 - Phase 35 - 20 3rd Phase <b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Ashtamyam Titau		Anuradhapura, Sri Lanka Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 13.4	Tithi 8	817486576	<b>Gulika</b> 7:49AM - 9:17AM <b>Yama</b> 3:06PM - 4:34PM <b>Rahu</b> 10:44AM - 12:11PM	<b>Uttaraproshtapada</b> Until 11:21AM Variyan Until 9:41AM Visli Until 6:50AM <b>Ashtami*</b> Until 6:32PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 6:01PM	Moon 12 - Phase 35 - 21 Ashtami <b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Saturday, December 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Anuradhapura, Sri Lanka Sun 22 Sutra 258 Subhakrit 5124	
Meena Rasi: 26.53	Tithi 9	817486576	<b>Gulika</b> 6:22AM - 7:50AM <b>Yama</b> 1:39PM - 3:07PM <b>Rahu</b> 9:17AM - 10:44AM	<b>Revati</b> Until 11:34AM Parigha* Until 8:14AM Balava Until 6:27AM <b>Navami*</b> Until 6:31PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 6:02PM	Moon 12 - Phase 35 - 22 Navami <b>Devaloka Day</b>

<b>1 Sunday, January 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Anuradhapura, Sri Lanka
		Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 259
Mesha Rasi: 9.45	Tithi 10	<b>Gulika</b>	<b>3:07PM – 4:35PM</b>	<b>Ashvini Until 12:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:23AM
		Yama	12:12PM – 1:40PM	Shiva Until 7:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM
827486576		<b>Rahu</b>	<b>4:35PM – 6:02PM</b>	Taitila Until 6:47AM	<b>Nataraja:</b> Clear	Moon 12 - Phase 36 - 23
Creative Work	Siddha Yoga				Moon – White	4th Phase
Until 12:46PM					<b>Dashami Until 7:11PM</b>	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Pausha-Markali</b>	

<b>2 Monday, January 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Anuradhapura, Sri Lanka
		Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti Karana Ekadashyam Titau				Sun 24 Sutra 260
Mesha Rasi: 22.19	Tithi 11	<b>Gulika</b>	<b>1:40PM – 3:08PM</b>	<b>Bharani Until 2:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:23AM
		Yama	10:45AM – 12:13PM	Siddha Until 6:54AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM
827486576		<b>Rahu</b>	<b>7:51AM – 9:18AM</b>	Vanija Until 7:46AM	<b>Nataraja:</b> Clear	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga				Moon – White	4th Phase
Until 2:23PM		<b>Vaikuntha Ekadasi</b>				<b>Ekadashi Until 8:25PM</b>
Then Routine Work - Marana Yoga					<b>Pausha-Markali</b>	<b>Sivaloka Day</b>

<b>3 Tuesday, January 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Anuradhapura, Sri Lanka
		Krittika/Rohini Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25 Sutra 261
Vrishabha Rasi: 4.4	Tithi 12	<b>Gulika</b>	<b>12:13PM – 1:41PM</b>	<b>Krittika Until 4:17PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:23AM
		Yama	9:18AM – 10:46AM	Sadhya Until 6:52AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM
827486576		<b>Rahu</b>	<b>3:08PM – 4:36PM</b>	Bava Until 9:14AM	<b>Nataraja:</b> Clear	Moon 12 - Phase 36 - 25
Creative Work	Siddha Yoga				Moon – White	4th Phase
Until 4:17PM					<b>Dvadashi Until 10:06PM</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Pausha-Markali</b>	

<b>4 Wednesday, January 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Anuradhapura, Sri Lanka
		Rohini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 262
Vrishabha Rasi: 16.51	Tithi 13	<b>Gulika</b>	<b>10:46AM – 12:14PM</b>	<b>Rohini Until 6:51PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:24AM
		Yama	7:51AM – 9:19AM	Subha Until 7:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:04PM
838586576		<b>Rahu</b>	<b>12:14PM – 1:41PM</b>	Kaulava Until 11:05AM	<b>Nataraja:</b> Clear	Moon 12 - Phase 36 - 26
Creative Work	Siddha Yoga				Moon – Yellow	4th Phase
					<b>Trayodashi Until 12:06AM Thu</b>	<b>Devaloka Day</b>
					<i>Pradosha Vrata</i>	

<b>5 Thursday, January 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Anuradhapura, Sri Lanka
		Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 263
Vrishabha Rasi: 28.55	Tithi 14	<b>Gulika</b>	<b>9:19AM – 10:47AM</b>	<b>Mrigashira Until 9:29PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:24AM
		Yama	6:24AM – 7:52AM	Sukla Until 7:35AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:04PM
838586576		<b>Rahu</b>	<b>1:42PM – 3:09PM</b>	Gara Until 1:13PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 36 - 27
Routine Work	Marana Yoga				Moon – Yellow	4th Phase
		<b>Subramuniaswami Jayanti</b>				<b>Chaturdashi* Until 2:20AM Fri</b>
					<b>Pausha-Markali</b>	<b>Devaloka Day</b>

<b>Friday, January 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Anuradhapura, Sri Lanka
<b>Copper Retreat Star</b>		Ardra Nakshatra Brahma/Indra Yoga Visti/Bava Karana Purnimayam Titau				Sutra 264
Mithuna Rasi: 10.54	Tithi 15	<b>Gulika</b>	<b>7:52AM – 9:20AM</b>	<b>Ardra Until 12:06AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM
		Yama	3:10PM – 4:37PM	Brahma Until 8:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM
838586576		<b>Rahu</b>	<b>10:47AM – 12:15PM</b>	Visti Until 3:31PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 36 - Purnima
Creative Work	Siddha Yoga				Moon – Yellow	
					<b>Purnima* Until 4:42AM Sat</b>	<b>Devaloka Day</b>
					<b>Pausha-Markali</b>	
					<b>Ardra Darshanam</b>	

<b>Saturday, January 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam				Anuradhapura, Sri Lanka
<b>Silver Retreat Star</b>		Punarvasu Nakshatra Indra/Vaidhriti Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 265
Mithuna Rasi: 22.5	Tithi 16	<b>Gulika</b>	<b>6:25AM – 7:53AM</b>	<b>Punarvasu Until 3:08AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM
		Yama	1:43PM – 3:10PM	Indra Until 8:55AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM
848586576		<b>Rahu</b>	<b>9:20AM – 10:48AM</b>	Balava Until 5:56PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 36 - Prathama
Creative Work	Siddha Yoga				Moon – Blue	
					<b>Prathama* Until 7:09AM Sun</b>	<b>Sivaloka Day</b>
					<b>Pausha-Markali</b>	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 4.44    Tithi 16 – 17

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vaidhriti/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 3:11PM – 4:38PM  
**Yama** 12:16PM – 1:43PM  
**Rahu** 4:38PM – 6:06PM

**Pushya Until 6:03AM Mon**  
Vaidhriti\* Until 9:40AM  
Taitila Until 8:25PM  
Prathama\* Until 7:09AM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

**Sunrise:** 6:25AM  
**Sunset:** 6:06PM

Anuradhapura, Sri Lanka  
Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 -  
1st Phase

**Sivaloka Day**

**1**

**Monday, January 9, 2023**

Kataka Rasi: 16.38    Tithi 17 – 18

848586576

Family Home Evening  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 1:44PM – 3:11PM  
**Yama** 10:48AM – 12:16PM  
**Rahu** 7:53AM – 9:21AM

**Pushya Until 6:03AM**  
Vishkambha\* Until 10:27AM  
Vanija Until 10:55PM  
Dvitiya Until 9:39AM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

**Sunrise:** 6:26AM  
**Sunset:** 6:06PM

Anuradhapura, Sri Lanka  
Sun 1    Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

**Sivaloka Day**

**2**

**Tuesday, January 10, 2023**

Kataka Rasi: 28.31    Tithi 18 – 19

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 12:16PM – 1:44PM  
**Yama** 9:21AM – 10:49AM  
**Rahu** 3:12PM – 4:39PM

**Ashlesha\* Until 8:47AM**  
Priti Until 11:15AM  
Bava Until 1:21AM Wed  
Tritiya Until 12:07PM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

**Sunrise:** 6:26AM  
**Sunset:** 6:07PM

Anuradhapura, Sri Lanka  
Sun 2    Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

**Sivaloka Day**

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 10.27    Tithi 19 – 20

859586576

Creative Work    Siddha Yoga

Until 11:46AM

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:49AM – 12:17PM  
**Yama** 7:54AM – 9:22AM  
**Rahu** 12:17PM – 1:44PM

**Magha\* Until 11:46AM**  
Ayushman Until 11:56AM  
Kaulava Until 3:37AM Thu  
Chaturthi\* Until 2:29PM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

**Sunrise:** 6:26AM  
**Sunset:** 6:07PM

Anuradhapura, Sri Lanka  
Sun 3    Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

**Sivaloka Day**

**4**

**Thursday, January 12, 2023**

Simha Rasi: 22.27    Tithi 20 – 21

859586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 9:22AM – 10:50AM  
**Yama** 6:27AM – 7:54AM  
**Rahu** 1:45PM – 3:12PM

**Purvaphalguni Until 2:21PM**  
Saubhagya Until 12:28PM  
Gara Until 5:33AM Fri  
Panchami Until 4:37PM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

**Sunrise:** 6:27AM  
**Sunset:** 6:08PM

Anuradhapura, Sri Lanka  
Sun 4    Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

**Sivaloka Day**

**5**

**Friday, January 13, 2023**

Kanya Rasi: 4.35    Tithi 21

859586576

Creative Work    Siddha Yoga

Until 4:25PM

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Vanija Karana Shashthyam Titau

**Gulika** 7:55AM – 9:22AM  
**Yama** 3:13PM – 4:41PM  
**Rahu** 10:50AM – 12:18PM

**Uttaraphalguni Until 4:25PM**  
Sobhana Until 12:43PM  
Vanija Until 6:20PM  
Shashthi\* Until 6:20PM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

**Sunrise:** 6:27AM  
**Sunset:** 6:08PM

Anuradhapura, Sri Lanka  
Sun 5    Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

**Sivaloka Day**

**6**

**Saturday, January 14, 2023**

Kanya Rasi: 16.55    Tithi 22

869586576

Routine Work    Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 6:27AM – 7:55AM  
**Yama** 1:46PM – 3:13PM  
**Rahu** 9:23AM – 10:50AM

**Hasta Until 6:16PM**  
Athiganda\* Until 12:33PM  
Visti Until 7:00AM  
Saptami Until 7:28PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Green  
Pausha-Thai

**Sunrise:** 6:27AM  
**Sunset:** 6:09PM

Anuradhapura, Sri Lanka  
Sun 6    Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

**Subha Sivaloka Day**

**Thai Pongal**



**Sunday, January 15, 2023**

**Retreat Star**

Kanya Rasi: 29.32    Tithi 23

869586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 3:14PM – 4:41PM  
**Yama** 12:18PM – 1:46PM  
**Rahu** 4:41PM – 6:09PM

**Chitra Until 7:15PM**  
Sukarma Until 11:51AM  
Balava Until 7:47AM  
Ashtami\* Until 7:51PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Green  
Pausha-Thai

**Sunrise:** 6:27AM  
**Sunset:** 6:09PM

Anuradhapura, Sri Lanka  
Sun 7    Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
Ashtami

**Subha Sivaloka Day**

**Monday, January 16, 2023**

**Retreat Star**

Tula Rasi: 12.32    Tithi 24

869586576

Family Home Evening  
Creative Work    Amrita Yoga

Until 7:16PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:46PM – 3:14PM  
**Yama** 10:51AM – 12:19PM  
**Rahu** 7:55AM – 9:23AM

**Svati Until 7:16PM**  
Dhriti Until 10:33AM  
Taitila Until 7:45AM  
Navami\* Until 7:24PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Green  
Pausha-Thai

**Sunrise:** 6:28AM  
**Sunset:** 6:10PM

Anuradhapura, Sri Lanka  
Sun 8    Sutra 274  
Subhakrit 5124  
Moon 1 - Phase 37 - 8  
Navami

**Subha Sivaloka Day**

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

ies are standard time. Calculated for Anuradhapura, Sri Lanka on :


www.gurudeva.org/panchang


<b>1</b>	<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradhapura, Sri Lanka			
			Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau Sun 9 Sutra 275			
	Tula Rasi: 25.59	Tithi 25	<b>Gulika</b> 12:19PM – 1:47PM	<b>Vishakha</b> Until 6:45PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:28AM	Subhakrit 5124
			Yama 9:23AM – 10:51AM	Shula* Until 8:33AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:10PM	Moon 1 - Phase 38 - 9
		879586576 <b>Rahu</b> 3:15PM – 4:42PM	Shulja Until 6:53AM	<b>Nataraja:</b> Clear	2nd Phase	
Routine Work Marana Yoga				Moon – Orange	<b>Sivaloka Day</b>	
Until 6:45PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

<b>2</b>	<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradhapura, Sri Lanka			
			Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau Sun 10 Sutra 276			
	Vischika Rasi: 9.55	Tithi 26 – 27	<b>Gulika</b> 10:52AM – 12:19PM	<b>Anuradha</b> Until 5:18PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:28AM	Subhakrit 5124
			Yama 7:56AM – 9:24AM	Vriddhi Until 2:41AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:11PM	Moon 1 - Phase 38 - 10
		879586576 <b>Rahu</b> 12:19PM – 1:47PM	Kaulava Until 2:43AM Thu	<b>Nataraja:</b> Clear	2nd Phase	
Creative Work Siddha Yoga				Moon – Orange	<b>Sivaloka Day</b>	
				Pausha*Thai		

<b>3</b>	<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradhapura, Sri Lanka			
			Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadashti/Trayodashyam Titau Sun 11 Sutra 277			
	Vischika Rasi: 24.2	Tithi 27 – 28	<b>Gulika</b> 9:24AM – 10:52AM	<b>Jyeshtha*</b> Until 3:03PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:28AM	Subhakrit 5124
			Yama 6:28AM – 7:56AM	Dhruva Until 10:56PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:11PM	Moon 1 - Phase 38 - 11
		871586576 <b>Rahu</b> 1:48PM – 3:15PM	Gara Until 11:39PM	<b>Nataraja:</b> Clear	2nd Phase	
Routine Work Prabalarishta Yoga				Moon – Orange	<b>Sivaloka Day</b>	
Until 3:03PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						
<i>Pradosha Vrata (Fasting)</i>						

<b>4</b>	<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradhapura, Sri Lanka			
			Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 278			
	Dhanus Rasi: 9.12	Tithi 28 – 29	<b>Gulika</b> 7:56AM – 9:24AM	<b>Mula*</b> Until 12:34PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:28AM	Subhakrit 5124
			Yama 3:16PM – 4:44PM	Vyaghata* Until 6:50PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:11PM	Moon 1 - Phase 38 - 12
		881586576 <b>Rahu</b> 10:52AM – 12:20PM	Visti Until 8:08PM	<b>Nataraja:</b> Clear	2nd Phase	
Creative Work Amrita Yoga				Moon – Light Blue	<b>Sivaloka Day</b>	
Until 12:34PM				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga						

	<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Anuradhapura, Sri Lanka			
			Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 279			
	Dhanus Rasi: 24.22	Tithi 29 – 30	<b>Gulika</b> 6:29AM – 7:57AM	<b>Purvashadha*</b> Until 9:36AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:29AM	Subhakrit 5124
			Yama 1:48PM – 3:16PM	Harshana Until 2:31PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:12PM	Moon 1 - Phase 38 - 13
		881586576 <b>Rahu</b> 9:24AM – 10:52AM	Naga Until 2:23AM Sun	<b>Nataraja:</b> Clear	Amavasya	
Creative Work Siddha Yoga				Moon – Light Blue	<b>Sivaloka Day</b>	
Until 9:36AM				Pausha*Thai		
Then Routine Work - Marana Yoga						

	<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradhapura, Sri Lanka			
			Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 14 Sutra 280			
	Makara Rasi: 9.41	Tithi 1	<b>Gulika</b> 3:16PM – 4:44PM	<b>Uttarashadha</b> Until 6:21AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:29AM	Subhakrit 5124
			Yama 12:21PM – 1:48PM	Vajra* Until 10:04AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:12PM	Moon 1 - Phase 38 - 14
		881586576 <b>Rahu</b> 4:44PM – 6:12PM	Kintughna Until 12:27PM	<b>Nataraja:</b> Clear	Prathama	
Creative Work Amrita Yoga				Moon – Light Blue	<b>Sivaloka Day</b>	
				Magha*Thai		


<b>1</b>	<b>Monday, January 23, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Anuradhapura, Sri Lanka Sun 15 Sutra 281
	Makara Rasi: 24.59 Tithi 2 Family Home Evening Creative Work Siddha Yoga Until 12:30AM Tue Then Routine Work - Marana Yoga	891586576	<b>Gulika</b> 1:49PM - 3:17PM Yama 10:53AM - 12:21PM <b>Rahu</b> 7:57AM - 9:25AM	<b>Dhanishtha Until 12:30AM Tue</b> Vyatipata* Until 1:31AM Tue Balava Until 8:39AM Dvitiya Until 6:49PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Clear Moon - Purple Magha*Thai


<b>2</b>	<b>Tuesday, January 24, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Anuradhapura, Sri Lanka Sun 16 Sutra 282
	Kumbha Rasi: 10.05 Tithi 3 - 4 Routine Work Marana Yoga	891586576	<b>Gulika</b> 12:21PM - 1:49PM Yama 9:25AM - 10:53AM <b>Rahu</b> 3:17PM - 4:45PM	<b>Shatabhishak Until 9:54PM</b> Variyan Until 9:39PM Vanija Until 2:01AM Wed Tritiya Until 3:29PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Clear Moon - Purple Magha*Thai

<b>3</b>	<b>Wednesday, January 25, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chalurthi/Panchamyam Titau			Anuradhapura, Sri Lanka Sun 17 Sutra 283
	Kumbha Rasi: 24.5 Tithi 4 - 5 Creative Work Amrita Yoga Until 8:08PM Then Creative Work - Siddha Yoga	911586576	<b>Gulika</b> 10:53AM - 12:21PM Yama 7:57AM - 9:25AM <b>Rahu</b> 12:21PM - 1:49PM	<b>Purvaproshtapada* Until 8:08PM</b> Parigha* Until 6:16PM Bava Until 11:31PM Chaturthi* Until 12:39PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Clear Moon - Clear Magha*Thai

<b>4</b>	<b>Thursday, January 26, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Anuradhapura, Sri Lanka Sun 18 Sutra 284
	Meena Rasi: 9.09 Tithi 5 - 6 Creative Work Siddha Yoga	911586576	<b>Gulika</b> 9:25AM - 10:53AM Yama 6:29AM - 7:57AM <b>Rahu</b> 1:50PM - 3:18PM	<b>Uttaraproshtapada Until 6:56PM</b> Shiva Until 3:29PM Kaulava Until 9:45PM Panchami Until 10:31AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon - Clear Magha*Thai

<b>5</b>	<b>Friday, January 27, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Anuradhapura, Sri Lanka Sun 19 Sutra 285
	Meena Rasi: 22.57 Tithi 6 - 7 Creative Work Siddha Yoga Until 6:25PM Then Creative Work - Amrita Yoga	911586576	<b>Gulika</b> 7:57AM - 9:26AM Yama 3:18PM - 4:46PM <b>Rahu</b> 10:54AM - 12:22PM	<b>Revati Until 6:25PM</b> Siddha Until 1:18PM Gara Until 8:50PM Shashthi* Until 9:10AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon - Clear Magha*Thai

	<b>Saturday, January 28, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Anuradhapura, Sri Lanka Sun 20 Sutra 286
	<b>Retreat Star</b> Mesha Rasi: 6.16 Tithi 7 - 8 Creative Work Siddha Yoga	921586576	<b>Gulika</b> 6:29AM - 7:57AM Yama 1:50PM - 3:18PM <b>Rahu</b> 9:26AM - 10:54AM	<b>Ashvini Until 7:02PM</b> Sadhya Until 11:50AM Visti Until 8:48PM Saptami Until 8:41AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Clear Moon - White Magha*Thai

	<b>Sunday, January 29, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Anuradhapura, Sri Lanka Sun 21 Sutra 287
	<b>Retreat Star</b> Mesha Rasi: 19.09 Tithi 8 - 9 Routine Work Prabalarishta Yoga Until 8:18PM Then Creative Work - Siddha Yoga	922686576	<b>Gulika</b> 3:19PM - 4:47PM Yama 12:22PM - 1:50PM <b>Rahu</b> 4:47PM - 6:15PM	<b>Bharani Until 8:18PM</b> Subha Until 11:01AM Balava Until 9:34PM Ashtami* Until 9:04AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Clear Moon - White Magha*Thai

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>Monday, January 30, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Anuradhapura, Sri Lanka Sun 22 Sutra 288 Subhakarit 5124	
<b>1</b>	Vrishabha Rasi: 1.4 Tithi 9 – 10 <b>Family Home Evening</b> Routine Work Marana Yoga Until 10:05PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:51PM – 3:19PM Yama 10:54AM – 12:22PM <b>Rahu</b> 7:58AM – 9:26AM	<b>Krittika Until 10:05PM</b> Sukla Until 10:46AM Taitila Until 11:02PM <b>Navami* Until 10:12AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White <b>Magha-Thai</b>	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:15PM Moon 1 - Phase 40 - 22 4th Phase <b>Sivaloka Day</b>

<b>Tuesday, January 31, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Anuradhapura, Sri Lanka Sun 23 Sutra 289 Subhakarit 5124	
<b>2</b>	Vrishabha Rasi: 13.55 Tithi 10 – 11 932686576 Creative Work Amrita Yoga Until 12:41AM Wed Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:22PM – 1:51PM Yama 9:26AM – 10:54AM <b>Rahu</b> 3:19PM – 4:47PM	<b>Rohini Until 12:41AM Wed</b> Brahma Until 10:58AM Vanija Until 1:01AM Wed <b>Dashami Until 11:57AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:16PM Moon 1 - Phase 40 - 23 4th Phase <b>Subha Sivaloka Day</b>

<b>Wednesday, February 1, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Anuradhapura, Sri Lanka Sun 24 Sutra 290 Subhakarit 5124	
<b>3</b>	Vrishabha Rasi: 25.59 Tithi 11 – 12 932686576 Creative Work Siddha Yoga Until 3:26AM Thu Then Routine Work - Marana Yoga	<b>Gulika</b> 10:54AM – 12:22PM Yama 7:58AM – 9:26AM <b>Rahu</b> 12:22PM – 1:51PM	<b>Mrigashira Until 3:26AM Thu</b> Indra Until 11:31AM Bava Until 3:20AM Thu <b>Ekadashi Until 2:07PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:16PM Moon 1 - Phase 40 - 24 4th Phase <b>Subha Sivaloka Day</b>

<b>Thursday, February 2, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Anuradhapura, Sri Lanka Sun 25 Sutra 291 Subhakarit 5124	
<b>4</b>	Mithuna Rasi: 7.56 Tithi 12 – 13 932686576 Routine Work Marana Yoga Until 6:10AM Fri Then Creative Work - Siddha Yoga	<b>Gulika</b> 9:26AM – 10:54AM Yama 6:29AM – 7:58AM <b>Rahu</b> 1:51PM – 3:19PM	<b>Ardra Until 6:10AM Fri</b> Vaidhriti* Until 12:13PM Kaulava Until 5:48AM Fri <b>Dvadashi Until 4:32PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:16PM Moon 1 - Phase 40 - 25 4th Phase <b>Subha Sivaloka Day</b>

*Pradosha Vrata*

<b>Friday, February 3, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila Karana Trayodashyam Titau		Anuradhapura, Sri Lanka Sun 26 Sutra 292 Subhakarit 5124	
<b>5</b>	Mithuna Rasi: 19.49 Tithi 13 932686576 Creative Work Siddha Yoga	<b>Gulika</b> 7:58AM – 9:26AM Yama 3:20PM – 4:48PM <b>Rahu</b> 10:54AM – 12:23PM	<b>Ardra Until 6:10AM</b> Vishkambha* Until 1:02PM Taitila Until 7:02PM <b>Trayodashi Until 7:02PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:16PM Moon 1 - Phase 40 - 26 4th Phase <b>Subha Sivaloka Day</b>

<b>Saturday, February 4, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Anuradhapura, Sri Lanka Sun 27 Sutra 293 Subhakarit 5124	
<b>6</b>	Kataka Rasi: 1.42 Tithi 14 942686577 Creative Work Siddha Yoga	<b>Gulika</b> 6:29AM – 7:58AM Yama 1:51PM – 3:20PM <b>Rahu</b> 9:26AM – 10:54AM	<b>Punarvasu Until 9:17AM</b> Priti Until 1:52PM Gara Until 8:19AM <b>Chaturdashi* Until 9:32PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Magha-Thai</b>	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:17PM Moon 1 - Phase 40 - 27 4th Phase <b>Sivaloka Day</b>

<b>Sunday, February 5, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Anuradhapura, Sri Lanka Sutra 294 Subhakarit 5124	
<b>○</b>	<b>Copper Retreat Star</b> Kataka Rasi: 13.35 Tithi 15 942686577 Creative Work Siddha Yoga	<b>Gulika</b> 3:20PM – 4:48PM Yama 12:23PM – 1:51PM <b>Rahu</b> 4:48PM – 6:17PM	<b>Pushya Until 12:11PM</b> Ayushman Until 2:38PM Visti Until 10:47AM <b>Purnima* Until 11:57PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Magha-Thai</b>	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:17PM Moon 1 - Phase 40 - Purnima <b>Sivaloka Day</b>

<b>Monday, February 6, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Anuradhapura, Sri Lanka Sutra 295 Subhakarit 5124	
<b>○</b>	<b>Silver Retreat Star</b> Kataka Rasi: 25.31 Tithi 16 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 2:49PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:52PM – 3:20PM Yama 10:55AM – 12:23PM <b>Rahu</b> 7:58AM – 9:26AM	<b>Ashlesha* Until 2:49PM</b> Saubhagya Until 3:20PM Balava Until 1:09PM <b>Prathama* Until 2:16AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Magha-Thai</b>	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:17PM Moon 1 - Phase 40 - Prathama <b>Sivaloka Day</b>





**Tuesday, February 7, 2023**  
**Gold Retreat Star**

Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anuradhapura, Sri Lanka  
Sutra 296

Simha Rasi: 7.29 Tithi 17

952686577

**Gulika** 12:23PM – 1:52PM  
**Yama** 9:26AM – 10:55AM  
**Rahu** 3:20PM – 4:49PM

**Magha\* Until 5:40PM**  
Sobhana Until 3:57PM  
Taitila Until 3:24PM  
**Dvitiya Until 4:25AM Wed**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
**Magha\*Thai**

**Sunrise:** 6:29AM  
**Sunset:** 6:17PM

Subhakarit 5124  
Moon 2 - Phase 41 -  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

**1**

**Wednesday, February 8, 2023**

Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Anuradhapura, Sri Lanka  
Sun 1 Sutra 297

Simha Rasi: 19.31 Tithi 18

952686577

**Gulika** 10:55AM – 12:23PM  
**Yama** 7:57AM – 9:26AM  
**Rahu** 12:23PM – 1:52PM

**Purvaphalguni Until 8:10PM**  
Athiganda\* Until 4:24PM  
Vanija Until 5:27PM  
**Tritiya Until 6:22AM Thu**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
**Magha\*Thai**

**Sunrise:** 6:29AM  
**Sunset:** 6:18PM

Subhakarit 5124  
Moon 2 - Phase 41 - 1  
1st Phase

**Subha Sivaloka Day**

Creative Work Amrita Yoga

**2**

**Thursday, February 9, 2023**

Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Anuradhapura, Sri Lanka  
Sun 2 Sutra 298

Kanya Rasi: 1.38 Tithi 18 – 19

952686577

**Gulika** 9:26AM – 10:55AM  
**Yama** 6:29AM – 7:57AM  
**Rahu** 1:52PM – 3:21PM

**Uttaraphalguni Until 10:15PM**  
Sukarma Until 4:41PM  
Bava Until 7:14PM  
**Tritiya Until 6:22AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
**Magha\*Thai**

**Sunrise:** 6:29AM  
**Sunset:** 6:18PM

Subhakarit 5124  
Moon 2 - Phase 41 - 2  
1st Phase

**Subha Sivaloka Day**

Until 10:15PM  
Then Routine Work - Marana Yoga

**Maha Sankatahara Chaturthi**

**3**

**Friday, February 10, 2023**

Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anuradhapura, Sri Lanka  
Sun 3 Sutra 299

Kanya Rasi: 13.52 Tithi 19 – 20

962686577

**Gulika** 7:57AM – 9:26AM  
**Yama** 3:21PM – 4:49PM  
**Rahu** 10:55AM – 12:23PM

**Hasta Until 12:18AM Sat**  
Dhriti Until 4:43PM  
Kaulava Until 8:41PM  
**Chaturthi\* Until 7:59AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
**Magha\*Thai**

**Sunrise:** 6:29AM  
**Sunset:** 6:18PM

Subhakarit 5124  
Moon 2 - Phase 41 - 3  
1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 12:18AM Sat  
Then Routine Work - Marana Yoga

**4**

**Saturday, February 11, 2023**

Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anuradhapura, Sri Lanka  
Sun 4 Sutra 300

Kanya Rasi: 26.17 Tithi 20 – 21

963686577

**Gulika** 6:28AM – 7:57AM  
**Yama** 1:52PM – 3:21PM  
**Rahu** 9:26AM – 10:55AM

**Chitra Until 1:43AM Sun**  
Shula\* Until 4:22PM  
Gara Until 9:38PM  
**Panchami Until 9:12AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
**Magha\*Thai**

**Sunrise:** 6:28AM  
**Sunset:** 6:18PM

Subhakarit 5124  
Moon 2 - Phase 41 - 4  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 1:43AM Sun

Then Creative Work - Siddha Yoga

**5**

**Sunday, February 12, 2023**

Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Anuradhapura, Sri Lanka  
Sun 5 Sutra 301

Tula Rasi: 8.56 Tithi 21 – 22

963686577

**Gulika** 3:21PM – 4:50PM  
**Yama** 12:23PM – 1:52PM  
**Rahu** 4:50PM – 6:19PM

**Svati Until 2:22AM Mon**  
Ganda\* Until 3:36PM  
Visti Until 9:59PM  
**Shashthi\* Until 9:52AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
**Magha\*Thai**

**Sunrise:** 6:28AM  
**Sunset:** 6:19PM

Subhakarit 5124  
Moon 2 - Phase 41 - 5  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 2:22AM Mon

Then Routine Work - Marana Yoga

**D**

**Monday, February 13, 2023**

**Retreat Star**

Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anuradhapura, Sri Lanka  
Sun 6 Sutra 302

Tula Rasi: 21.53 Tithi 22 – 23

973686577

**Gulika** 1:52PM – 3:21PM  
**Yama** 10:55AM – 12:23PM  
**Rahu** 7:57AM – 9:26AM

**Vishakha Until 2:38AM Tue**  
Vridhhi Until 2:19PM  
Balava Until 9:37PM  
**Saptami Until 9:52AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
**Magha\*Masi**

**Sunrise:** 6:28AM  
**Sunset:** 6:19PM

Subhakarit 5124  
Moon 2 - Phase 41 - 6  
Ashtami

**Sivaloka Day**

Routine Work Marana Yoga

Until 2:38AM Tue

Then Creative Work - Siddha Yoga

**Tuesday, February 14, 2023**

**Retreat Star**

Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anuradhapura, Sri Lanka  
Sun 7 Sutra 303

Vrischika Rasi: 5.13 Tithi 23 – 24

973686577

**Gulika** 12:23PM – 1:52PM  
**Yama** 9:26AM – 10:55AM  
**Rahu** 3:21PM – 4:50PM

**Anuradha Until 2:02AM Wed**  
Dhruva Until 12:26PM  
Taitila Until 8:32PM  
**Ashtami\* Until 9:09AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
**Magha\*Masi**

**Sunrise:** 6:28AM  
**Sunset:** 6:19PM

Subhakarit 5124  
Moon 2 - Phase 41 - 7  
Navami

**Sivaloka Day**

Creative Work Siddha Yoga

1	<b>Wednesday, February 15, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Anuradhapura, Sri Lanka
		Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 304
	Wrischika Rasi: 18.57    Tithi 24 – 25	<b>Gulika</b> 10:54AM – 12:23PM	<b>Jyeshtha* Until 12:35AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:28AM    Subhakarit 5124
	973686577 <b>Rahu</b> 12:23PM – 1:52PM	Yama 7:57AM – 9:26AM	Vyaghata* Until 9:59AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:19PM    Moon 2 - Phase 42 - 8
Creative Work    Siddha Yoga		Vanija Until 6:43PM	<b>Nataraja:</b> Orange    2nd Phase	
		<b>Navami* Until 7:41AM</b>	<b>Moon – Orange</b> <b>Sivaloka Day</b>	
			<b>Magha-Masi</b>	

2	<b>Thursday, February 16, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Anuradhapura, Sri Lanka
		Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 305
	Dhanus Rasi: 3.08    Tithi 26	<b>Gulika</b> 9:25AM – 10:54AM	<b>Mula* Until 10:48PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM    Subhakarit 5124
	983686577 <b>Rahu</b> 1:52PM – 3:21PM	Yama 6:27AM – 7:56AM	Harshana Until 6:59AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:19PM    Moon 2 - Phase 42 - 9
Creative Work    Siddha Yoga		Bava Until 4:14PM	<b>Nataraja:</b> Orange    2nd Phase	
		<b>Ekadashi* Until 2:46AM Fri</b>	<b>Moon – Light Blue</b> <b>Devaloka Day</b>	
			<b>Magha-Masi</b>	

3	<b>Friday, February 17, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Anuradhapura, Sri Lanka
		Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 306
	Dhanus Rasi: 17.44    Tithi 27	<b>Gulika</b> 7:56AM – 9:25AM	<b>Purvashadha* Until 8:23PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM    Subhakarit 5124
	983686577 <b>Rahu</b> 10:54AM – 12:23PM	Yama 3:21PM – 4:50PM	Siddhi Until 11:38PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:19PM    Moon 2 - Phase 42 - 10
Routine Work    Prabalarishta Yoga		Kaulava Until 1:13PM	<b>Nataraja:</b> Orange    2nd Phase	
Until 8:23PM		<b>Dvadashi* Until 11:32PM</b>	<b>Moon – Light Blue</b> <b>Devaloka Day</b>	
Then Routine Work - Marana Yoga			<b>Magha-Masi</b>	

4	<b>Saturday, February 18, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Anuradhapura, Sri Lanka
		Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 307
	Makara Rasi: 2.4    Tithi 28	<b>Gulika</b> 6:27AM – 7:56AM	<b>Uttarashadha Until 5:29PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:27AM    Subhakarit 5124
	983686577 <b>Rahu</b> 9:25AM – 10:54AM	Yama 1:52PM – 3:21PM	Vyatipata* Until 7:31PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:20PM    Moon 2 - Phase 42 - 11
Routine Work    Marana Yoga		Gara Until 9:49AM	<b>Nataraja:</b> Orange    2nd Phase	
Until 5:29PM		<b>Trayodashi* Until 7:59PM</b>	<b>Moon – Light Blue</b> <b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga	<b>Mahasivaratri (Lunar)</b>		<b>Magha-Masi</b>	
	<b>Mahasivaratri (Solar)</b>	<i>Pradosha Vrata (Fasting)</i>		

5	<b>Sunday, February 19, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Anuradhapura, Sri Lanka
		Shravana/Dhanishtha Nakshatra Varyani/Parigtha* Yoga Visti/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 308
	Makara Rasi: 17.49    Tithi 29 – 30	<b>Gulika</b> 3:21PM – 4:51PM	<b>Shravana Until 2:41PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:27AM    Subhakarit 5124
	993686577 <b>Rahu</b> 4:51PM – 6:20PM	Yama 12:23PM – 1:52PM	Variyan Until 3:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:20PM    Moon 2 - Phase 42 - 12
Creative Work    Amrita Yoga		Visti Until 6:10AM	<b>Nataraja:</b> Orange    2nd Phase	
Until 2:41PM		<b>Chaturdashi* Until 4:17PM</b>	<b>Moon – Purple</b> <b>Devaloka Day</b>	
Then Routine Work - Marana Yoga			<b>Magha-Masi</b>	

●	<b>Monday, February 20, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Anuradhapura, Sri Lanka
	<b>Retreat Star</b>	Dhanishtha/Shatabhishak Nakshatra Parigtha/Shiva Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 309
	Kumbha Rasi: 3.01    Tithi 30 – 1	<b>Gulika</b> 1:52PM – 3:21PM	<b>Dhanishtha Until 11:46AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:26AM    Subhakarit 5124
	993686577 <b>Rahu</b> 7:56AM – 9:25AM	Yama 10:54AM – 12:23PM	Parigtha* Until 11:01AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:20PM    Moon 2 - Phase 42 - 13
<b>Family Home Evening</b>		Kintughna Until 10:51PM	<b>Nataraja:</b> Orange    Amavasya	
Creative Work    Siddha Yoga		<b>Amavasya* Until 12:37PM</b>	<b>Moon – Purple</b> <b>Devaloka Day</b>	
			<b>Magha-Masi</b>	

●	<b>Tuesday, February 21, 2023</b>	Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Anuradhapura, Sri Lanka
	<b>Retreat Star</b>	Shatabhishak/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Sun 14 Sutra 310
	Kumbha Rasi: 18.06    Tithi 1 – 2	<b>Gulika</b> 12:23PM – 1:52PM	<b>Shatabhishak Until 8:53AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:26AM    Subhakarit 5124
	993686577 <b>Rahu</b> 3:21PM – 4:51PM	Yama 9:25AM – 10:54AM	Shiva Until 6:57AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:20PM    Moon 2 - Phase 42 - 14
Routine Work    Marana Yoga		Balava Until 7:32PM	<b>Nataraja:</b> Orange    Prathama	
		<b>Prathama* Until 9:08AM</b>	<b>Moon – Purple</b> <b>Devaloka Day</b>	
			<b>Phalgun-Masi</b>	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

ies are standard time. Calculated for Anuradhapura, Sri Lanka on :

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Gara Karana Dviliya/Trityayam Titau				Anuradhapura, Sri Lanka Sun 15 Sutra 311
	Meena Rasi: 2.55	Tithi 2 - 3	<b>Gulika</b> 10:54AM - 12:23PM	<b>Purvaproshtapada* Until 6:40AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:26AM	Subhakrit 5124
	913686577	Rahu 12:23PM - 1:52PM	Yama 7:55AM - 9:24AM	Sadhya Until 11:46PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 43 - 15 3rd Phase
Creative Work Amrita Yoga Until 6:40AM Then Creative Work - Siddha Yoga		Dvitiya Until 6:01AM		Moon - Clear Phalguna-Masi		<b>Sivaloka Day</b>	

<b>2</b>	<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthyam Titau				Anuradhapura, Sri Lanka Sun 16 Sutra 312
	Meena Rasi: 17.2	Tithi 4	<b>Gulika</b> 9:24AM - 10:53AM	<b>Revati Until 3:35AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:25AM	Subhakrit 5124
	913786577	Rahu 1:52PM - 3:21PM	Yama 6:25AM - 7:55AM	Subha Until 8:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 43 - 16 3rd Phase
Creative Work Siddha Yoga Until 3:35AM Fri Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day		Moon - Clear Phalguna-Masi		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				Anuradhapura, Sri Lanka Sun 17 Sutra 313
	Mesha Rasi: 1.17	Tithi 5	<b>Gulika</b> 7:54AM - 9:24AM	<b>Ashvini Until 3:25AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	Subhakrit 5124
	923786577	Rahu 10:53AM - 12:23PM	Yama 3:21PM - 4:51PM	Sukla Until 6:45PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 43 - 17 3rd Phase
Creative Work Amrita Yoga Until 3:25AM Sat Then Creative Work - Siddha Yoga		Panchami Until 12:32AM Sat		Moon - White Phalguna-Masi		<b>Sivaloka Day</b>	

<b>4</b>	<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Anuradhapura, Sri Lanka Sun 18 Sutra 314
	Mesha Rasi: 14.45	Tithi 6	<b>Gulika</b> 6:25AM - 7:54AM	<b>Bharani Until 3:57AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	Subhakrit 5124
	923786577	Rahu 9:24AM - 10:53AM	Yama 1:52PM - 3:21PM	Brahma Until 5:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 43 - 18 3rd Phase
Creative Work Siddha Yoga		Shashthi* Until 12:20AM Sun		Moon - White Phalguna-Masi		<b>Sivaloka Day</b>	

<b>5</b>	<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau				Anuradhapura, Sri Lanka Sun 19 Sutra 315
	Mesha Rasi: 27.45	Tithi 7	<b>Gulika</b> 3:21PM - 4:51PM	<b>Krittika Until 5:09AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:24AM	Subhakrit 5124
	924786577	Rahu 4:51PM - 6:20PM	Yama 12:22PM - 1:52PM	Indra Until 4:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 43 - 19 3rd Phase
Creative Work Siddha Yoga Until 5:09AM Mon Then Creative Work - Amrita Yoga		Saptami Until 1:00AM Mon		Moon - White Phalguna-Masi		<b>Devaloka Day</b>	

<b>Monday, February 27, 2023</b>	<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Anuradhapura, Sri Lanka Sun 20 Sutra 316
	Vrishabha Rasi: 10.21	Tithi 8	<b>Gulika</b> 1:52PM - 3:21PM	<b>Rohini Until 7:21AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM	Subhakrit 5124
	934786577	Rahu 7:54AM - 9:23AM	Yama 10:53AM - 12:22PM	Vaidhriti* Until 4:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 43 - 20 Ashtami
Creative Work Amrita Yoga Until 7:21AM Tue Then Creative Work - Siddha Yoga		Ashtami* Until 2:25AM Tue		Moon - Yellow Phalguna-Masi		<b>Sivaloka Day</b>	

<b>Tuesday, February 28, 2023</b>	<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Anuradhapura, Sri Lanka Sun 21 Sutra 317
	Vrishabha Rasi: 22.38	Tithi 9	<b>Gulika</b> 12:22PM - 1:52PM	<b>Rohini Until 7:21AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM	Subhakrit 5124
	934786577	Rahu 3:21PM - 4:51PM	Yama 9:23AM - 10:52AM	Vishkambha* Until 4:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 43 - 21 Navami
Creative Work Amrita Yoga Until 7:21AM Then Creative Work - Siddha Yoga		Navami* Until 4:24AM Wed		Moon - Yellow Phalguna-Masi		<b>Sivaloka Day</b>	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Wednesday, March 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashyam Titau		Anuradhapura, Sri Lanka Sun 22 Sutra 318	
Mithuna Rasi: 4.42	Tithi 10	Gulika 10:52AM – 12:22PM	Mrigashira Until 9:54AM	Ganesha: Yellow	Sunrise: 6:23AM	Subhakrit 5124	
		Yama 7:53AM – 9:22AM	Priti Until 5:04PM	Muruqa: Purple	Sunset: 6:20PM	Moon 2 - Phase 44 - 22	
		934786577 Rahu 12:22PM – 1:51PM	Taitila Until 5:34PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 6:45AM Thu	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			
<b>2</b>		<b>Thursday, March 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Anuradhapura, Sri Lanka Sun 23 Sutra 319	
Mithuna Rasi: 16.38	Tithi 10 – 11	Gulika 9:22AM – 10:52AM	Ardra Until 12:36PM	Ganesha: Yellow	Sunrise: 6:22AM	Subhakrit 5124	
		Yama 6:22AM – 7:52AM	Ayushman Until 5:52PM	Muruqa: Purple	Sunset: 6:20PM	Moon 2 - Phase 44 - 23	
		934786577 Rahu 1:51PM – 3:21PM	Vanija Until 8:01PM	Nataraja: Orange		4th Phase	
Routine Work	Marana Yoga		Dashami Until 6:45AM	Moon – Yellow		Sivaloka Day	
Until 12:36PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Friday, March 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Anuradhapura, Sri Lanka Sun 24 Sutra 320	
Mithuna Rasi: 28.31	Tithi 11 – 12	Gulika 7:52AM – 9:22AM	Punarvasu Until 3:44PM	Ganesha: White	Sunrise: 6:22AM	Subhakrit 5124	
		Yama 3:21PM – 4:51PM	Saubhagya Until 6:44PM	Muruqa: Purple	Sunset: 6:21PM	Moon 2 - Phase 44 - 24	
		944786577 Rahu 10:51AM – 12:21PM	Bava Until 10:32PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 9:15AM	Moon – Blue		Devaloka Day	
Until 3:44PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Saturday, March 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Anuradhapura, Sri Lanka Sun 25 Sutra 321	
Kataka Rasi: 10.23	Tithi 12 – 13	Gulika 6:22AM – 7:51AM	Pushya Until 6:40PM	Ganesha: White	Sunrise: 6:22AM	Subhakrit 5124	
		Yama 1:51PM – 3:21PM	Sobhana Until 7:35PM	Muruqa: Purple	Sunset: 6:21PM	Moon 2 - Phase 44 - 25	
		944786577 Rahu 9:21AM – 10:51AM	Kaulava Until 12:58AM Sun	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:45AM	Moon – Blue		Devaloka Day	
Until 6:40PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
						Pradosha Vrata	
<b>5</b>		<b>Sunday, March 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Anuradhapura, Sri Lanka Sun 26 Sutra 322	
Kataka Rasi: 22.17	Tithi 13 – 14	Gulika 3:21PM – 4:51PM	Ashlesha* Until 9:17PM	Ganesha: White	Sunrise: 6:21AM	Subhakrit 5124	
		Yama 12:21PM – 1:51PM	Athiganda* Until 8:17PM	Muruqa: Purple	Sunset: 6:21PM	Moon 2 - Phase 44 - 26	
		944786577 Rahu 4:51PM – 6:21PM	Gara Until 3:14AM Mon	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 2:07PM	Moon – Blue		Devaloka Day	
Until 9:17PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Monday, March 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Anuradhapura, Sri Lanka Sun 27 Sutra 323	
Simha Rasi: 4.16	Tithi 14 – 15	Gulika 1:51PM – 3:21PM	Magha* Until 12:01AM Tue	Ganesha: Clear	Sunrise: 6:21AM	Subhakrit 5124	
Family Home Evening		Yama 10:51AM – 12:21PM	Sukarma Until 8:49PM	Muruqa: Purple	Sunset: 6:21PM	Moon 2 - Phase 44 - 27	
Routine Work	Marana Yoga	154786577 Rahu 7:51AM – 9:21AM	Visti Until 5:15AM Tue	Nataraja: Orange		4th Phase	
Until 12:01AM Tue			Chaturdashi* Until 4:15PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Masi			
						Chidambaram Abhishekam	
<b>○</b>		<b>Tuesday, March 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Bava Karana Purnimayam Titau		Anuradhapura, Sri Lanka Sun 28 Sutra 324	
Simha Rasi: 16.2	Tithi 15	Gulika 12:20PM – 1:50PM	Purvaphalguni Until 2:18AM Wed	Ganesha: Clear	Sunrise: 6:20AM	Subhakrit 5124	
		Yama 9:20AM – 10:50AM	Dhriti Until 9:10PM	Muruqa: Purple	Sunset: 6:21PM	Moon 2 - Phase 44 -	
		154786577 Rahu 3:20PM – 4:50PM	Bava Until 6:08PM	Nataraja: Orange		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 6:08PM	Moon – Red		Sivaloka Day	
Until 2:18AM Wed				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
<b>○</b>		<b>Wednesday, March 8, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Anuradhapura, Sri Lanka Sun 29 Sutra 325	
Simha Rasi: 28.32	Tithi 16	Gulika 10:50AM – 12:20PM	Uttaraphalguni Until 4:07AM Thu	Ganesha: Clear	Sunrise: 6:20AM	Subhakrit 5124	
		Yama 7:50AM – 9:20AM	Shula* Until 9:14PM	Muruqa: Purple	Sunset: 6:20PM	Moon 2 - Phase 44 -	
		154786577 Rahu 12:20PM – 1:50PM	Balava Until 6:58AM	Nataraja: Orange		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 7:41PM	Moon – Red		Sivaloka Day	
Until 4:07AM Thu				Phalguna-Masi			
Then Routine Work - Marana Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



**Thursday, March 9, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anuradhapura, Sri Lanka  
Sun 1 Sutra 326

Kanya Rasi: 10.53 Tithi 17

**Gulika** 9:20AM – 10:50AM  
**Yama** 6:19AM – 7:49AM  
**Rahu** 1:50PM – 3:20PM

**Ganesha:** White *Sunrise:* 6:19AM  
**Muruga:** Purple *Sunset:* 6:20PM  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 1  
1st Phase

Routine Work Marana Yoga  
Until 5:55AM Fri  
Then Creative Work - Siddha Yoga

**Hasta Until 5:55AM Fri**  
**Ganda\* Until 9:04PM**  
**Taitila Until 8:22AM**  
**Dvitiya Until 8:54PM**

**Devaloka Day**

**1**

**Friday, March 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Anuradhapura, Sri Lanka  
Sun 2 Sutra 327

Kanya Rasi: 23.22 Tithi 18

**Gulika** 7:49AM – 9:19AM  
**Yama** 3:20PM – 4:50PM  
**Rahu** 10:49AM – 12:20PM

**Ganesha:** Yellow *Sunrise:* 6:19AM  
**Muruga:** Purple *Sunset:* 6:20PM  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 2  
1st Phase

Creative Work Siddha Yoga

**Chitra Until 7:10AM Sat**  
**Vriddhi Until 8:37PM**  
**Vanija Until 9:23AM**  
**Tritiya Until 9:43PM**

**Sivaloka Day**

**2**

**Saturday, March 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Anuradhapura, Sri Lanka  
Sun 3 Sutra 328

Tula Rasi: 6.02 Tithi 19

**Gulika** 6:18AM – 7:49AM  
**Yama** 1:50PM – 3:20PM  
**Rahu** 9:19AM – 10:49AM

**Ganesha:** Yellow *Sunrise:* 6:18AM  
**Muruga:** Purple *Sunset:* 6:20PM  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 3  
1st Phase

Routine Work Marana Yoga  
Until 7:10AM  
Then Creative Work - Siddha Yoga

**Chitra Until 7:10AM**  
**Dhruva Until 7:49PM**  
**Bava Until 10:00AM**  
**Chaturthi\* Until 10:08PM**

**Sivaloka Day**

**3**

**Sunday, March 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anuradhapura, Sri Lanka  
Sun 4 Sutra 329

Tula Rasi: 18.54 Tithi 20

**Gulika** 3:20PM – 4:50PM  
**Yama** 12:19PM – 1:49PM  
**Rahu** 4:50PM – 6:20PM

**Ganesha:** Yellow *Sunrise:* 6:18AM  
**Muruga:** Purple *Sunset:* 6:20PM  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 4  
1st Phase

Creative Work Siddha Yoga  
Until 7:51AM  
Then Routine Work - Marana Yoga

**Svati Until 7:51AM**  
**Vyaghata\* Until 6:41PM**  
**Kaulava Until 10:11AM**  
**Panchami Until 10:04PM**

**Sivaloka Day**

**4**

**Monday, March 13, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Anuradhapura, Sri Lanka  
Sun 5 Sutra 330

Vrischika Rasi: 2.01 Tithi 21

**Gulika** 1:49PM – 3:20PM  
**Yama** 10:48AM – 12:19PM  
**Rahu** 7:48AM – 9:18AM

**Ganesha:** Blue *Sunrise:* 6:17AM  
**Muruga:** Purple *Sunset:* 6:20PM  
**Nataraja:** Orange  
Moon – Orange  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 5  
1st Phase

**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:22AM  
Then Creative Work - Siddha Yoga

**Vishakha Until 8:22AM**  
**Harshana Until 5:10PM**  
**Gara Until 9:53AM**  
**Shashthi\* Until 9:31PM**

**Subha Sivaloka Day**

**5**

**Tuesday, March 14, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Anuradhapura, Sri Lanka  
Sun 6 Sutra 331

Vrischika Rasi: 15.23 Tithi 22

**Gulika** 12:19PM – 1:49PM  
**Yama** 9:18AM – 10:48AM  
**Rahu** 3:19PM – 4:50PM

**Ganesha:** Blue *Sunrise:* 6:17AM  
**Muruga:** Purple *Sunset:* 6:20PM  
**Nataraja:** Orange  
Moon – Orange  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 6  
1st Phase

Creative Work Siddha Yoga  
Until 8:14AM  
Then Routine Work - Marana Yoga

**Anuradha Until 8:14AM**  
**Vajra\* Until 3:13PM**  
**Visti Until 9:03AM**  
**Saptami Until 8:26PM**

**Subha Sivaloka Day**

**D**

**Wednesday, March 15, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Anuradhapura, Sri Lanka  
Sun 7 Sutra 332

Vrischika Rasi: 29.04 Tithi 23

**Gulika** 10:48AM – 12:18PM  
**Yama** 7:47AM – 9:17AM  
**Rahu** 12:18PM – 1:49PM

**Ganesha:** Blue *Sunrise:* 6:16AM  
**Muruga:** Purple *Sunset:* 6:20PM  
**Nataraja:** Orange  
Moon – Orange  
Phalguna-Panguni

Subhakrit 5124  
Moon 3 - Phase 45 - 7  
Ashtami

Creative Work Siddha Yoga  
Until 7:26AM  
Then Routine Work - Marana Yoga

**Karadaiyan Nombu (Tamil Nadu)**

**Jyeshtha\* Until 7:26AM**  
**Siddhi Until 12:52PM**  
**Balava Until 7:42AM**  
**Ashtami\* Until 6:49PM**

**Subha Sivaloka Day**

**Thursday, March 16, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Anuradhapura, Sri Lanka  
Sun 8 Sutra 333

Dhanus Rasi: 13.04 Tithi 24 – 25

**Gulika** 9:17AM – 10:47AM  
**Yama** 6:16AM – 7:46AM  
**Rahu** 1:49PM – 3:19PM

**Ganesha:** Red *Sunrise:* 6:16AM  
**Muruga:** Purple *Sunset:* 6:20PM  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna-Panguni

Subhakrit 5124  
Moon 3 - Phase 45 - 8  
Navami

Creative Work Siddha Yoga

**Mula\* Until 6:25AM**  
**Vyatipata\* Until 10:07AM**  
**Vanija Until 3:30AM Fri**  
**Navami\* Until 4:42PM**


**Sivaloka Day**

<b>1</b>	<b>Friday, March 17, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Anuradhapura, Sri Lanka Sun 9 Sutra 334
	Dhanus Rasi: 27.23 Tithi 25 – 26	<b>Gulika</b> 7:46AM – 9:17AM Yama 3:19PM – 4:50PM 185786578 <b>Rahu</b> 10:47AM – 12:18PM	<b>Uttarashadha Until 2:38AM Sat</b> Variyan Until 6:58AM Bava Until 12:46AM Sat Dashami Until 2:09PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Light Blue Phalguna•Panguni
	Routine Work Marana Yoga Until 2:38AM Sat Then Creative Work - Siddha Yoga			Sivaloka Day Moon 3 - Phase 46 - 9 2nd Phase

<b>2</b>	<b>Saturday, March 18, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadayshyam Titau		Anuradhapura, Sri Lanka Sun 10 Sutra 335
	Makara Rasi: 11.58 Tithi 26 – 27	<b>Gulika</b> 6:15AM – 7:45AM Yama 1:48PM – 3:19PM 195786578 <b>Rahu</b> 9:16AM – 10:47AM	<b>Shravana Until 12:29AM Sun</b> Shiva Until 11:53PM Kaulava Until 9:45PM Ekadashi* Until 11:16AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Purple Phalguna•Panguni
	Creative Work Siddha Yoga Until 12:29AM Sun Then Routine Work - Marana Yoga			Subha Sivaloka Day Moon 3 - Phase 46 - 10 2nd Phase

<b>3</b>	<b>Sunday, March 19, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailita/Gara Karana Dvadaysh/Trayodashyam Titau		Anuradhapura, Sri Lanka Sun 11 Sutra 336
	Makara Rasi: 26.43 Tithi 27 – 28	<b>Gulika</b> 3:19PM – 4:49PM Yama 12:17PM – 1:48PM 195796578 <b>Rahu</b> 4:49PM – 6:20PM	<b>Dhanishtha Until 10:04PM</b> Siddha Until 8:05PM Gara Until 6:34PM Dvadaysh* Until 8:09AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:14AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Purple Phalguna•Panguni
	Routine Work Marana Yoga Until 10:04PM Then Creative Work - Siddha Yoga			Sivaloka Day <i>Pradosha Vrata (Fasting)</i> Moon 3 - Phase 46 - 11 2nd Phase

<b>4</b>	<b>Monday, March 20, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Anuradhapura, Sri Lanka Sun 12 Sutra 337
	Kumbha Rasi: 11.34 Tithi 29	<b>Gulika</b> 1:48PM – 3:18PM Yama 10:46AM – 12:17PM 196896578 <b>Rahu</b> 7:45AM – 9:15AM	<b>Shatabhishak Until 7:31PM</b> Sadhya Until 4:19PM Visti Until 3:23PM Chaturdashi* Until 1:49AM Tue	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:14AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Purple Phalguna•Panguni
	Family Home Evening Creative Work Siddha Yoga Until 7:31PM Then Routine Work - Marana Yoga			Sivaloka Day Moon 3 - Phase 46 - 12 2nd Phase

	<b>Tuesday, March 21, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Anuradhapura, Sri Lanka Sun 13 Sutra 338
	<b>Retreat Star</b>	<b>Gulika</b> 12:17PM – 1:47PM Yama 9:15AM – 10:46AM 116896578 <b>Rahu</b> 3:18PM – 4:49PM	<b>Purvaproshtapada* Until 5:25PM</b> Subha Until 12:41PM Catuspada Until 12:20PM Amavasya* Until 10:54PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:13AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Clear Phalguna•Panguni
	Kumbha Rasi: 26.2 Tithi 30			Devaloka Day Moon 3 - Phase 46 - 13 Amavasya

<b>Retreat Star</b>	<b>Wednesday, March 22, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Anuradhapura, Sri Lanka Sun 14 Sutra 339
	Meena Rasi: 10.56 Tithi 1	<b>Gulika</b> 10:45AM – 12:16PM Yama 7:44AM – 9:14AM 116896578 <b>Rahu</b> 12:16PM – 1:47PM	<b>Uttaraproshtapada Until 3:31PM</b> Sukla Until 9:15AM Kintughna Until 9:36AM Prathama* Until 8:22PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:13AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Clear Moon – Clear Chaitra•Panguni
	Creative Work Siddha Yoga Until 3:31PM Then Routine Work - Marana Yoga	Yugadhi		Devaloka Day Prathama

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

Times are standard time. Calculated for Anuradhapura, Sri Lanka on :

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<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Anuradhapura, Sri Lanka Sun 15 Sutra 340	
Meena Rasi: 25.14	Tithi 2	<b>Gulika</b> 9:14AM – 10:45AM	<b>Revati</b> Until 1:58PM	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 6:12AM	Subhakit 5124	
		Yama 6:12AM – 7:43AM	Brahma Until 6:13AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:20PM	Moon 3 - Phase 47 - 15	
		116896578 <b>Rahu</b> 1:47PM – 3:18PM	Balava Until 7:18AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – Clear		<b>Devaloka Day</b>	
Until 1:58PM		Chellappaswami Mahasamadhi	<b>Dvitiya</b> Until 6:21PM	Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Anuradhapura, Sri Lanka Sun 16 Sutra 341	
Mesha Rasi: 9.09	Tithi 3 – 4	<b>Gulika</b> 7:43AM – 9:14AM	<b>Ashvini</b> Until 1:20PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:12AM	Subhakit 5124	
		Yama 3:18PM – 4:49PM	Vaidhriti* Until 1:40AM Sat	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:20PM	Moon 3 - Phase 47 - 16	
		126896578 <b>Rahu</b> 10:45AM – 12:16PM	Vanija Until 4:37AM Sat	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – White		<b>Devaloka Day</b>	
Until 1:20PM			<b>Tritiya</b> Until 5:00PM	Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Anuradhapura, Sri Lanka Sun 17 Sutra 342	
Mesha Rasi: 22.38	Tithi 4 – 5	<b>Gulika</b> 6:11AM – 7:42AM	<b>Bharani</b> Until 1:18PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:11AM	Subhakit 5124	
		Yama 1:46PM – 3:17PM	Vishkamba* Until 12:18AM Sun	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:20PM	Moon 3 - Phase 47 - 17	
		126896578 <b>Rahu</b> 9:13AM – 10:44AM	Bava Until 4:25AM Sun	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>	
Until 1:18PM			<b>Chaturthi*</b> Until 4:24PM	Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Anuradhapura, Sri Lanka Sun 18 Sutra 343	
Vrishabha Rasi: 5.43	Tithi 5 – 6	<b>Gulika</b> 3:17PM – 4:48PM	<b>Krittika</b> Until 1:52PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:11AM	Subhakit 5124	
		Yama 12:15PM – 1:46PM	Priti Until 11:33PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:19PM	Moon 3 - Phase 47 - 18	
		126896578 <b>Rahu</b> 4:48PM – 6:19PM	Kaulava Until 5:00AM Mon	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>	
			<b>Panchami</b> Until 4:35PM	Chaitra•Panguni			

<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman Yoga Taila/Gara Karana Shashthi/Saptamyam Titau		Anuradhapura, Sri Lanka Sun 19 Sutra 344	
Vrishabha Rasi: 18.23	Tithi 6 – 7	<b>Gulika</b> 1:46PM – 3:17PM	<b>Rohini</b> Until 3:29PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:10AM	Subhakit 5124	
<b>Family Home Evening</b>		Yama 10:44AM – 12:15PM	Ayushman Until 11:20PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:19PM	Moon 3 - Phase 47 - 19	
		137896578 <b>Rahu</b> 7:41AM – 9:12AM	Gara Until 6:17AM Tue	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – Yellow		<b>Devaloka Day</b>	
			<b>Shashthi*</b> Until 5:32PM	Chaitra•Panguni			

<b>6</b>		<b>Tuesday, March 28, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Anuradhapura, Sri Lanka Sun 20 Sutra 345	
Mithuna Rasi: 0.46	Tithi 7	<b>Gulika</b> 12:14PM – 1:46PM	<b>Mrigashira</b> Until 5:35PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:10AM	Subhakit 5124	
		Yama 9:12AM – 10:43AM	Saubhagya Until 11:37PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:19PM	Moon 3 - Phase 47 - 20	
		137896578 <b>Rahu</b> 3:17PM – 4:48PM	Gara Until 6:17AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>	
Until 5:35PM			<b>Saptami</b> Until 7:08PM	Chaitra•Panguni			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Anuradhapura, Sri Lanka Sun 21 Sutra 346	
Mithuna Rasi: 12.54	Tithi 8	<b>Gulika</b> 10:43AM – 12:14PM	<b>Ardra</b> Until 8:00PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:09AM	Subhakit 5124	
		Yama 7:40AM – 9:12AM	Sobhana Until 12:15AM Thu	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:19PM	Moon 3 - Phase 47 - 21	
		137896578 <b>Rahu</b> 12:14PM – 1:45PM	Visti Until 8:09AM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>	
			<b>Ashtami*</b> Until 9:12PM	Chaitra•Panguni			

<b>Retreat Star</b>		<b>Thursday, March 30, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Anuradhapura, Sri Lanka Sun 22 Sutra 347	
Mithuna Rasi: 24.53	Tithi 9	<b>Gulika</b> 9:11AM – 10:42AM	<b>Punarvasu</b> Until 11:00PM	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:08AM	Subhakit 5124	
		Yama 6:08AM – 7:40AM	Athiganda* Until 1:02AM Fri	<b>Muruqa:</b> Clear	<b>Sunset:</b> 6:19PM	Moon 3 - Phase 47 - 22	
		147896578 <b>Rahu</b> 1:45PM – 3:17PM	Balava Until 10:23AM	<b>Nataraja:</b> Clear		Navami	
Creative Work	Amrita Yoga			Moon – Blue		<b>Bhuloka Day</b>	
		Sri Rama Navami	<b>Navami*</b> Until 11:33PM	Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

ses are standard time. Calculated for Anuradhapura, Sri Lanka on :

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<b>1</b>	<b>Friday, March 31, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau			Anuradhapura, Sri Lanka Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 6.47	Tithi 10	<b>Gulika</b> 7:39AM – 9:11AM	<b>Pushya</b> Until 1:56AM Sat	<b>Ganesha:</b> White <i>Sunrise:</i> 6:08AM	
			Yama 3:16PM – 4:48PM	Sukarma Until 1:53AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - 23
	147896578	<b>Rahu</b> 10:42AM – 12:14PM		Taitila Until 12:47PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 1:59AM Sat	Moon – Blue	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
				Chaitra•Panguni		

<b>2</b>	<b>Saturday, April 1, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau			Anuradhapura, Sri Lanka Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 18.4	Tithi 11	<b>Gulika</b> 6:08AM – 7:39AM	<b>Ashlesha*</b> Until 4:35AM Sun	<b>Ganesha:</b> White <i>Sunrise:</i> 6:08AM	
			Yama 1:45PM – 3:16PM	Dhriti Until 2:41AM Sun	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - 24
	147896578	<b>Rahu</b> 9:11AM – 10:42AM		Vanija Until 3:11PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 4:18AM Sun	Moon – Blue	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
		Yogaswami Mahasamadhi		Chaitra•Panguni		

<b>3</b>	<b>Sunday, April 2, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau			Anuradhapura, Sri Lanka Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 0.37	Tithi 12	<b>Gulika</b> 3:16PM – 4:48PM	<b>Magha*</b> Until 7:20AM Mon	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:07AM	
			Yama 12:13PM – 1:45PM	Shula* Until 3:16AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - 25
	158896578	<b>Rahu</b> 4:48PM – 6:19PM		Bava Until 5:24PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 6:22AM Mon	Moon – Red	<b>Devaloka Day</b>	
Until 7:20AM Mon				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Monday, April 3, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Anuradhapura, Sri Lanka Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 12.39	Tithi 12 – 13	<b>Gulika</b> 1:44PM – 3:16PM	<b>Magha*</b> Until 7:20AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:07AM	
	<b>Family Home Evening</b>		Yama 10:41AM – 12:13PM	Ganda* Until 3:36AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - 26
	158896578	<b>Rahu</b> 7:38AM – 9:10AM		Kaulava Until 7:18PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 6:22AM	Moon – Red	<b>Devaloka Day</b>	
Until 7:20AM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>5</b>	<b>Tuesday, April 4, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Anuradhapura, Sri Lanka Sun 27 Sutra 352 Subhakrit 5124
	Simha Rasi: 24.5	Tithi 13 – 14	<b>Gulika</b> 12:13PM – 1:44PM	<b>Purvaphalguni</b> Until 9:34AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:06AM	
			Yama 9:09AM – 10:41AM	Vriddhi Until 3:37AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - 27
	158896578	<b>Rahu</b> 3:16PM – 4:47PM		Gara Until 8:47PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 8:04AM	Moon – Red	<b>Devaloka Day</b>	
Until 9:34AM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

	<b>Wednesday, April 5, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Anuradhapura, Sri Lanka Sutra 353 Subhakrit 5124
	Kanya Rasi: 7.12	Tithi 14 – 15	<b>Gulika</b> 10:41AM – 12:12PM	<b>Uttaraphalguni</b> Until 11:12AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:06AM	
			Yama 7:37AM – 9:09AM	Dhruva Until 3:14AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - Purnima
	158896578	<b>Rahu</b> 12:12PM – 1:44PM		Visti Until 9:47PM	<b>Nataraja:</b> Clear	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 9:20AM	Moon – Red	<b>Devaloka Day</b>	
Until 11:12AM				Chaitra•Panguni		
Then Routine Work - Marana Yoga		<b>Panguni Uttiram</b> <b>Hanuman Jayanti</b>				

	<b>Thursday, April 6, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Anuradhapura, Sri Lanka Sutra 354 Subhakrit 5124
	Kanya Rasi: 19.47	Tithi 15 – 16	<b>Gulika</b> 9:09AM – 10:40AM	<b>Hasta</b> Until 12:41PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:05AM	
			Yama 6:05AM – 7:37AM	Vyaghata* Until 2:30AM Fri	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - Prathama
	168896578	<b>Rahu</b> 1:44PM – 3:15PM		Balava Until 10:19PM	<b>Nataraja:</b> Clear	
Routine Work	Marana Yoga		<b>Purnima*</b> Until 10:06AM	Moon – Green	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Until 12:41PM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Tula Rasi: 2.35      Tithi 16 – 17

Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**      7:37AM – 9:08AM  
Yama      3:15PM – 4:47PM  
168896578 **Rahu**      10:40AM – 12:12PM

**Chitra** **Until 1:33PM**  
Harshana **Until 1:24AM Sat**  
Taitila **Until 10:21PM**  
Prathama\* **Until 10:22AM**

**Ganesha:** Blue      *Sunrise:* 6:05AM  
**Muruqa:** Clear      *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra•Panguni

Anuradhapura, Sri Lanka  
Sutra 355  
Subhakrit 5124  
Moon 4 - Phase 49 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Saturday, April 8, 2023**

Tula Rasi: 15.37      Tithi 17 – 18

Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**      6:04AM – 7:36AM  
Yama      1:43PM – 3:15PM  
168896578 **Rahu**      9:08AM – 10:40AM

**Svati** **Until 1:48PM**  
Vajra\* **Until 11:56PM**  
Vanija **Until 9:57PM**  
Dvitiya **Until 10:11AM**

**Ganesha:** Blue      *Sunrise:* 6:04AM  
**Muruqa:** Clear      *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra•Panguni

Anuradhapura, Sri Lanka  
Sun 1      Sutra 356  
Subhakrit 5124  
Moon 4 - Phase 49 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Sunday, April 9, 2023**

Tula Rasi: 28.52      Tithi 18 – 19

Routine Work      Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**      3:15PM – 4:47PM  
Yama      12:11PM – 1:43PM  
179896578 **Rahu**      4:47PM – 6:19PM

**Vishakha** **Until 1:58PM**  
Siddhi **Until 10:10PM**  
Bava **Until 9:10PM**  
Tritiya **Until 9:35AM**

**Ganesha:** Red      *Sunrise:* 6:04AM  
**Muruqa:** Clear      *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

Anuradhapura, Sri Lanka  
Sun 2      Sutra 357  
Subhakrit 5124  
Moon 4 - Phase 49 - 2  
1st Phase

**Devaloka Day**

**3**

**Monday, April 10, 2023**

Vrischika Rasi: 12.2      Tithi 19 – 20

**Family Home Evening**  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**      1:43PM – 3:15PM  
Yama      10:39AM – 12:11PM  
179896578 **Rahu**      7:35AM – 9:07AM

**Anuradha** **Until 1:37PM**  
Vyatipata\* **Until 8:08PM**  
Kaulava **Until 8:00PM**  
Chaturthi\* **Until 8:36AM**

**Ganesha:** Red      *Sunrise:* 6:03AM  
**Muruqa:** Clear      *Sunset:* 6:19PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

Anuradhapura, Sri Lanka  
Sun 3      Sutra 358  
Subhakrit 5124  
Moon 4 - Phase 49 - 3  
1st Phase

**Devaloka Day**

**4**

**Tuesday, April 11, 2023**

Vrischika Rasi: 26.01      Tithi 20 – 21

Routine Work      Marana Yoga  
Until 12:47PM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyani/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**      12:11PM – 1:43PM  
Yama      9:07AM – 10:39AM  
179896578 **Rahu**      3:15PM – 4:47PM

**Jyeshtha\*** **Until 12:47PM**  
Varyani **Until 5:49PM**  
Gara **Until 6:32PM**  
Panchami **Until 7:17AM**

**Ganesha:** Red      *Sunrise:* 6:03AM  
**Muruqa:** Clear      *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

Anuradhapura, Sri Lanka  
Sun 4      Sutra 359  
Subhakrit 5124  
Moon 4 - Phase 49 - 4  
1st Phase

**Devaloka Day**

**5**

**Wednesday, April 12, 2023**

Dhanus Rasi: 9.51      Tithi 22

Routine Work      Marana Yoga  
Until 11:58AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**      10:38AM – 12:10PM  
Yama      7:34AM – 9:06AM  
189896578 **Rahu**      12:10PM – 1:42PM

**Mula\*** **Until 11:58AM**  
Parigha\* **Until 3:17PM**  
Visti **Until 4:46PM**  
Saptami **Until 3:46AM Thu**

**Ganesha:** Green      *Sunrise:* 6:02AM  
**Muruqa:** Clear      *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Panguni

Anuradhapura, Sri Lanka  
Sun 5      Sutra 360  
Subhakrit 5124  
Moon 4 - Phase 49 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Thursday, April 13, 2023**

**Retreat Star**

Dhanus Rasi: 23.52      Tithi 23

Creative Work      Siddha Yoga  
Until 10:44AM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**      9:06AM – 10:38AM  
Yama      6:02AM – 7:34AM  
189996578 **Rahu**      1:42PM – 3:14PM

**Purvashadha\*** **Until 10:44AM**  
Shiva **Until 12:34PM**  
Balava **Until 2:45PM**  
Ashtami\* **Until 1:39AM Fri**

**Ganesha:** White      *Sunrise:* 6:02AM  
**Muruqa:** Clear      *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Panguni

Anuradhapura, Sri Lanka  
Sun 6      Sutra 361  
Subhakrit 5124  
Moon 4 - Phase 49 - 6  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Friday, April 14, 2023**

**Retreat Star**

Makara Rasi: 8.02      Tithi 24

Routine Work      Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**      7:33AM – 9:06AM  
Yama      3:14PM – 4:46PM  
189996578 **Rahu**      10:38AM – 12:10PM

Chidambaram Abhishekam  
Tamil New Year

**Uttarashadha** **Until 9:09AM**  
Siddha **Until 9:38AM**  
Taitila **Until 12:31PM**  
Navami\* **Until 11:19PM**

**Ganesha:** White      *Sunrise:* 6:01AM  
**Muruqa:** Clear      *Sunset:* 6:18PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Chaitra

Anuradhapura, Sri Lanka  
Sun 7      Sutra 362  
Sobhana 5125  
Moon 4 - Phase 49 - 7  
Navami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

times are standard time. Calculated for Anuradhapura, Sri Lanka on :


www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visli* Karana Dashamyam Titau		Anuradhapura, Sri Lanka Sun 8 Sutra 363	
Makara Rasi: 22.19	Tithi 25	<b>Gulika</b> 6:01AM – 7:33AM	<b>Shravana Until 7:40AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	Sobhana 5125	
		Yama 1:42PM – 3:14PM	Sadhya Until 6:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 1 - 8	
Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 9:05AM – 10:37AM	Vanija Until 10:08AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dashami Until 8:52PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau		Anuradhapura, Sri Lanka Sun 9 Sutra 364	
Kumbha Rasi: 6.41	Tithi 26	<b>Gulika</b> 3:14PM – 4:46PM	<b>Shatabhishak Until 4:03AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:00AM	Sobhana 5125	
		Yama 12:09PM – 1:42PM	Sukla Until 12:16AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 1 - 9	
Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 4:46PM – 6:18PM	Bava Until 7:38AM	<b>Nataraja:</b> Clear		2nd Phase	
Until 4:03AM Mon			<b>Ekadashi* Until 6:21PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau		Anuradhapura, Sri Lanka Sun 10 Sutra 1	
Kumbha Rasi: 21.04	Tithi 27 – 28	<b>Gulika</b> 1:41PM – 3:14PM	<b>Purvaproshtapada* Until 2:31AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:00AM	Sobhana 5125	
<b>Family Home Evening</b>		Yama 10:37AM – 12:09PM	Brahma Until 9:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 1 - 10	
Routine Work	Marana Yoga	211996578 <b>Rahu</b> 7:32AM – 9:05AM	Gara Until 2:41AM Tue	<b>Nataraja:</b> Clear		2nd Phase	
Until 2:31AM Tue			<b>Dvadashi* Until 3:52PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Anuradhapura, Sri Lanka Sun 11 Sutra 2	
Meena Rasi: 5.23	Tithi 28 – 29	<b>Gulika</b> 12:09PM – 1:41PM	<b>Uttaraproshtapada Until 1:02AM Wed</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:59AM	Sobhana 5125	
		Yama 9:04AM – 10:36AM	Indra Until 6:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 1 - 11	
Creative Work	Amrita Yoga	211996578 <b>Rahu</b> 3:14PM – 4:46PM	Visti Until 12:27AM Wed	<b>Nataraja:</b> Clear		2nd Phase	
Until 1:02AM Wed			<b>Trayodashi* Until 1:31PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Chaitra*Chaitra			

		<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Anuradhapura, Sri Lanka Sun 12 Sutra 3	
<b>Retreat Star</b>		<b>Gulika</b> 10:36AM – 12:09PM	<b>Revati Until 11:44PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:59AM	Sobhana 5125	
Meena Rasi: 19.34	Tithi 29 – 30	Yama 7:31AM – 9:04AM	Vaidhriti* Until 3:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 1 - 12	
Routine Work	Marana Yoga	211996578 <b>Rahu</b> 12:09PM – 1:41PM	Catuspada Until 10:32PM	<b>Nataraja:</b> Clear		Amavasya	
			<b>Chaturdashi* Until 11:25AM</b>	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra*Chaitra			

<b>Thursday, April 20, 2023</b>		<b>Retreat Star</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Anuradhapura, Sri Lanka Sun 13 Sutra 4	
Mesha Rasi: 3.32	Tithi 30 – 1	<b>Gulika</b> 9:03AM – 10:36AM	<b>Ashvini Until 11:09PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	Sobhana 5125	
		Yama 5:59AM – 7:31AM	Vishkambha* Until 12:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 1 - 13	
Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 1:41PM – 3:13PM	Kintughna Until 9:02PM	<b>Nataraja:</b> Clear		Prathama	
Until 11:09PM			<b>Amavasya* Until 9:42AM</b>	Moon – White		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

Times are standard time. Calculated for Anuradhapura, Sri Lanka on :

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<b>1</b>	<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Anuradhapura, Sri Lanka Sun 14 Sutra 5 Sobhana 5125
	Mesha Rasi: 17.11	Tithi 1 – 2	<b>Gulika</b> 7:31AM – 9:03AM	<b>Bharani Until 10:58PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	
			Yama 3:13PM – 4:46PM	Priti Until 10:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 <b>Rahu</b> 10:36AM – 12:08PM	Balava Until 8:05PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Prathama* Until 8:28AM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

<b>2</b>	<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Anuradhapura, Sri Lanka Sun 15 Sutra 6 Sobhana 5125
	Vrishabha Rasi: 0.32	Tithi 2 – 3	<b>Gulika</b> 5:58AM – 7:30AM	<b>Krittika Until 11:14PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	
			Yama 1:41PM – 3:13PM	Ayushman Until 9:23AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 9:03AM – 10:35AM	Taitila Until 7:45PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 7:49AM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

<b>3</b>	<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Anuradhapura, Sri Lanka Sun 16 Sutra 7 Sobhana 5125
	Vrishabha Rasi: 13.32	Tithi 3 – 4	<b>Gulika</b> 3:13PM – 4:46PM	<b>Rohini Until 12:28AM Mon</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:57AM	
			Yama 12:08PM – 1:40PM	Saubhagya Until 8:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 <b>Rahu</b> 4:46PM – 6:18PM	Vanija Until 8:05PM	<b>Nataraja:</b> Clear		3rd Phase
Until 12:28AM Mon			<b>Tritiya Until 7:49AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Akshaya Tritiya</b>		<b>Vaisaka*Chaitra</b>			

<b>4</b>	<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Anuradhapura, Sri Lanka Sun 17 Sutra 8 Sobhana 5125
	Vrishabha Rasi: 26.13	Tithi 4 – 5	<b>Gulika</b> 1:40PM – 3:13PM	<b>Mrigashira Until 2:10AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:57AM	
	<b>Family Home Evening</b>		Yama 10:35AM – 12:08PM	Sobhana Until 7:50AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 <b>Rahu</b> 7:30AM – 9:02AM	Bava Until 9:04PM	<b>Nataraja:</b> Clear		3rd Phase
Until 2:10AM Tue			<b>Chaturthi* Until 8:29AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka*Chaitra</b>			

<b>5</b>	<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Anuradhapura, Sri Lanka Sun 18 Sutra 9 Sobhana 5125
	Mithuna Rasi: 8.37	Tithi 5 – 6	<b>Gulika</b> 12:07PM – 1:40PM	<b>Ardra Until 4:14AM Wed</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:57AM	
			Yama 9:02AM – 10:35AM	Athiganda* Until 7:47AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 <b>Rahu</b> 3:13PM – 4:46PM	Kaulava Until 10:37PM	<b>Nataraja:</b> Purple		3rd Phase
Until 4:14AM Wed			<b>Panchami Until 9:45AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka*Chaitra</b>			

<b>6</b>	<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Anuradhapura, Sri Lanka Sun 19 Sutra 10 Sobhana 5125
	Mithuna Rasi: 20.48	Tithi 6 – 7	<b>Gulika</b> 10:34AM – 12:07PM	<b>Punarvasu Until 7:01AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:56AM	
			Yama 7:29AM – 9:02AM	Sukarma Until 8:08AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 <b>Rahu</b> 12:07PM – 1:40PM	Gara Until 12:36AM Thu	<b>Nataraja:</b> Purple		3rd Phase
Until 7:01AM Thu			<b>Shashthi* Until 11:32AM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Vaisaka*Chaitra</b>			

<b>☾</b>	<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Anuradhapura, Sri Lanka Sun 20 Sutra 11 Sobhana 5125
	<b>Retreat Star</b>		<b>Gulika</b> 9:01AM – 10:34AM	<b>Punarvasu Until 7:01AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:56AM	
	Kataka Rasi: 2.49	Tithi 7 – 8	Yama 5:56AM – 7:29AM	Dhriti Until 8:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 <b>Rahu</b> 1:40PM – 3:13PM	Visti Until 2:51AM Fri	<b>Nataraja:</b> Purple		Ashtami
			<b>Saptami Until 1:41PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

<b>☽</b>	<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anuradhapura, Sri Lanka Sun 21 Sutra 12 Sobhana 5125
	<b>Retreat Star</b>		<b>Gulika</b> 7:28AM – 9:01AM	<b>Pushya Until 9:51AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:55AM	
	Kataka Rasi: 14.44	Tithi 8 – 9	Yama 3:13PM – 4:45PM	Shula* Until 9:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 <b>Rahu</b> 10:34AM – 12:07PM	Balava Until 5:12AM Sat	<b>Nataraja:</b> Purple		Navami
			<b>Ashtami* Until 4:00PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>	<b>Saturday, April 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Ganda* Vriddhi Yoga Kaulava Karana Navamyam Titau				Anuradhapura, Sri Lanka Sun 22    Sultra 13
	Kataka Rasi: 26.39	Tithi 9	Gulika 5:55AM – 7:28AM	Ashlesha* Until 12:33PM	Ganesha: Red	Sunrise: 5:55AM	Sobhana 5125
	242996579	Rahu 9:01AM – 10:34AM	Yama 1:40PM – 3:13PM	Ganda* Until 10:27AM	Muruqa: Clear	Sunset: 6:18PM	Moon 4 - Phase 3 - 22 4th Phase
Routine Work    Marana Yoga				Kaulava Until 6:19PM	Nataraja: Purple		
Until 12:33PM				Navami* Until 6:19PM	Moon – Blue		Sivaloka Day
Then Creative Work - Amrita Yoga					Vaisaka*Chaitra		


<b>2</b>	<b>Sunday, April 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Anuradhapura, Sri Lanka Sun 23    Sultra 14
	Simha Rasi: 9	Tithi 10	Gulika 3:12PM – 4:45PM	Magha* Until 3:26PM	Ganesha: Blue	Sunrise: 5:55AM	Sobhana 5125
	252996579	Rahu 4:45PM – 6:18PM	Yama 12:07PM – 1:39PM	Vriddhi Until 11:12AM	Muruqa: Clear	Sunset: 6:18PM	Moon 4 - Phase 3 - 23 4th Phase
Routine Work    Marana Yoga				Taitila Until 7:25AM	Nataraja: Purple		
Until 3:26PM				Dashami Until 8:25PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga					Vaisaka*Chaitra		

<b>3</b>	<b>Monday, May 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Anuradhapura, Sri Lanka Sun 24    Sultra 15
	Simha Rasi: 20.4	Tithi 11	Gulika 1:39PM – 3:12PM	Purvaphalguni Until 5:47PM	Ganesha: Blue	Sunrise: 5:54AM	Sobhana 5125
	252996579	Rahu 7:27AM – 9:00AM	Yama 10:33AM – 12:06PM	Dhruva Until 11:40AM	Muruqa: Clear	Sunset: 6:19PM	Moon 4 - Phase 3 - 24 4th Phase
Family Home Evening				Vanija Until 9:21AM	Nataraja: Purple		
Creative Work    Siddha Yoga				Ekadashi Until 10:08PM	Moon – Red		Devaloka Day
					Vaisaka*Chaitra		

<b>4</b>	<b>Tuesday, May 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Anuradhapura, Sri Lanka Sun 25    Sultra 16
	Kanya Rasi: 2.55	Tithi 12	Gulika 12:06PM – 1:39PM	Uttaraphalguni Until 7:30PM	Ganesha: Blue	Sunrise: 5:54AM	Sobhana 5125
	252996579	Rahu 3:12PM – 4:45PM	Yama 9:00AM – 10:33AM	Vyaghata* Until 11:47AM	Muruqa: Clear	Sunset: 6:19PM	Moon 4 - Phase 3 - 25 4th Phase
Creative Work    Amrita Yoga				Bava Until 10:49AM	Nataraja: Purple		
Until 7:30PM				Dvadashi Until 11:18PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga					Vaisaka*Chaitra		

<b>5</b>	<b>Wednesday, May 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anuradhapura, Sri Lanka Sun 26    Sultra 17
	Kanya Rasi: 15.24	Tithi 13	Gulika 10:33AM – 12:06PM	Hasta Until 8:57PM	Ganesha: Yellow	Sunrise: 5:53AM	Sobhana 5125
	262996579	Rahu 12:06PM – 1:39PM	Yama 7:27AM – 9:00AM	Harshana Until 11:28AM	Muruqa: Clear	Sunset: 6:19PM	Moon 4 - Phase 3 - 26 4th Phase
Routine Work    Marana Yoga				Kaulava Until 11:41AM	Nataraja: Purple		
Until 8:57PM				Trayodashi Until 11:52PM	Moon – Green		Sivaloka Day
Then Creative Work - Siddha Yoga					Vaisaka*Chaitra		
					<i>Pradosha Vrata</i>		

<b>6</b>	<b>Thursday, May 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Anuradhapura, Sri Lanka Sun 27    Sultra 18
	Kanya Rasi: 28.1	Tithi 14	Gulika 8:59AM – 10:33AM	Chitra Until 9:37PM	Ganesha: Yellow	Sunrise: 5:53AM	Sobhana 5125
	262996579	Rahu 1:39PM – 3:12PM	Yama 5:53AM – 7:26AM	Vajra* Until 10:37AM	Muruqa: Clear	Sunset: 6:19PM	Moon 4 - Phase 3 - 27 4th Phase
Creative Work    Siddha Yoga				Gara Until 11:56AM	Nataraja: Purple		
Until 9:37PM				Chaturdashi* Until 11:48PM	Moon – Green		Sivaloka Day
Then Creative Work - Amrita Yoga					Vaisaka*Chaitra		

	<b>Friday, May 5, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Anuradhapura, Sri Lanka Sutra 19
	Tula Rasi: 11.16	Tithi 15	Gulika 7:26AM – 8:59AM	Svati Until 9:32PM	Ganesha: Yellow	Sunrise: 5:53AM	Sobhana 5125
	262996579	Rahu 10:33AM – 12:06PM	Yama 3:12PM – 4:46PM	Siddhi Until 9:18AM	Muruqa: Clear	Sunset: 6:19PM	Moon 4 - Phase 3 - Purnima
Creative Work    Siddha Yoga				Visti Until 11:33AM	Nataraja: Purple		
				Purnima* Until 11:07PM	Moon – Green		Sivaloka Day
					Vaisaka*Chaitra		
					Budha Purnima (Tamil Nadu)		

<b>Silver Retreat Star</b>	<b>Saturday, May 6, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Anuradhapura, Sri Lanka Sutra 20
	Tula Rasi: 24.4	Tithi 16	Gulika 5:53AM – 7:26AM	Vishakha Until 9:13PM	Ganesha: White	Sunrise: 5:53AM	Sobhana 5125
	272996579	Rahu 8:59AM – 10:32AM	Yama 1:39PM – 3:12PM	Vyatipata* Until 7:31AM	Muruqa: Clear	Sunset: 6:19PM	Moon 4 - Phase 3 - Prathama
Creative Work    Siddha Yoga				Balava Until 10:35AM	Nataraja: Purple		
				Prathama* Until 9:54PM	Moon – Orange		Devaloka Day
					Vaisaka*Chaitra		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda