



Monday, April 18, 2022
Gold Retreat Star

Tula Rasi: 23.34 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 10:07PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:52PM – 3:39PM
Yama 10:19AM – 12:06PM
Rahu 6:47AM – 8:33AM
Vishakha Until 10:07PM
Siddhi Until 2:51PM
Vanija Until 12:32AM Tue
Dvitiya Until 1:54PM

Ganesha: Purple *Sunrise: 5:00AM*
Muruqa: White *Sunset: 7:11PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bradford, UK
Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Virschika Rasi: 8.06 Tithi 18 – 19
278345478
Creative Work Siddha Yoga
Until 8:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:06PM – 1:52PM
Yama 8:32AM – 10:19AM
Rahu 3:39PM – 5:26PM
Anuradha Until 8:06PM
Vyatipata* Until 11:29AM
Bava Until 9:45PM
Tritiya Until 11:07AM

Ganesha: Purple *Sunrise: 4:58AM*
Muruqa: White *Sunset: 7:13PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bradford, UK
Sun 1
Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Virschika Rasi: 22.39 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 6:00PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyan/Parigaha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:18AM – 12:05PM
Yama 6:43AM – 8:30AM
Rahu 12:05PM – 1:53PM
Jyeshtha* Until 6:00PM
Variyan Until 8:05AM
Kaulava Until 7:01PM
Chaturthi* Until 8:21AM

Ganesha: Purple *Sunrise: 4:56AM*
Muruqa: White *Sunset: 7:15PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bradford, UK
Sun 2
Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 -
2nd Phase

Bhuloka Day

3

Thursday, April 21, 2022

Dhanus Rasi: 7.08 Tithi 21
288345478
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:29AM – 10:17AM
Yama 4:53AM – 6:41AM
Rahu 1:53PM – 3:41PM
Mula* Until 4:19PM
Shiva Until 1:39AM Fri
Gara Until 4:25PM
Shashthi* Until 3:11AM Fri

Ganesha: Clear *Sunrise: 4:53AM*
Muruqa: White *Sunset: 7:17PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Bradford, UK
Sun 3
Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 -
3rd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Dhanus Rasi: 21.29 Tithi 22
289345478
Routine Work Prabalarishta Yoga
Until 2:43PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:40AM – 8:28AM
Yama 3:42PM – 5:30PM
Rahu 10:16AM – 12:05PM
Purvashadha* Until 2:43PM
Siddha Until 10:42PM
Visti Until 2:03PM
Saptami Until 12:57AM Sat

Ganesha: Purple *Sunrise: 4:51AM*
Muruqa: White *Sunset: 7:19PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Bradford, UK
Sun 4
Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 -
4th Phase

Devaloka Day

5

Saturday, April 23, 2022
Retreat Star

Makara Rasi: 5.4 Tithi 23
289345478
Routine Work Marana Yoga
Until 1:15PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:49AM – 6:38AM
Yama 1:54PM – 3:43PM
Rahu 8:27AM – 10:16AM
Uttarashadha Until 1:15PM
Sadhya Until 8:00PM
Balava Until 11:58AM
Ashtami* Until 11:02PM

Ganesha: Purple *Sunrise: 4:49AM*
Muruqa: White *Sunset: 7:20PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Bradford, UK
Sun 5
Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 -
5th Phase

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Makara Rasi: 19.38 Tithi 24
299345478
Creative Work Amrita Yoga
Until 12:24PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:43PM – 5:33PM
Yama 12:05PM – 1:54PM
Rahu 5:33PM – 7:22PM
Shravana Until 12:24PM
Subha Until 5:35PM
Taitila Until 10:12AM
Navami* Until 9:26PM

Ganesha: Clear *Sunrise: 4:47AM*
Muruqa: White *Sunset: 7:22PM*
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Bradford, UK
Sun 6
Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 -
6th Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau					Bradford, UK
	Kumbha Rasi: 3.23	Tithi 25	Gulika 1:54PM – 3:44PM	Dhanishtha Until 11:45AM	Ganesha: Clear	Sunrise: 4:45AM	Sun 7	Sutra 8
	Family Home Evening	299345479	Yama 10:14AM – 12:04PM	Sukla Until 3:26PM	Muruqa: White	Sunset: 7:24PM	Moon 4 - Phase 2 - 7	
Creative Work	Siddha Yoga	Rahu 6:34AM – 8:24AM	Vanija Until 8:47AM	Nataraja: Clear	Moon – Purple	2nd Phase		
			Dashami Until 8:12PM	Chaitra+Chaitra	Devaloka Day			

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau					Bradford, UK
	Kumbha Rasi: 16.56	Tithi 26	Gulika 12:04PM – 1:55PM	Shatabhishak Until 11:19AM	Ganesha: Clear	Sunrise: 4:42AM	Sun 8	Sutra 9
	Routine Work	Marana Yoga	Yama 8:23AM – 10:14AM	Brahma Until 1:36PM	Muruqa: White	Sunset: 7:26PM	Moon 4 - Phase 2 - 8	
			Bava Until 7:45AM	Nataraja: Clear	Moon – Purple	2nd Phase		
			Ekadashi* Until 7:21PM	Chaitra+Chaitra	Devaloka Day			

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshthapada*/Uttaroproshthapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau					Bradford, UK
	Meena Rasi: 0.14	Tithi 27	Gulika 10:13AM – 12:04PM	Purvaproshthapada* Until 11:36AM	Ganesha: Red	Sunrise: 4:40AM	Sun 9	Sutra 10
	Creative Work	Amrita Yoga	Yama 6:31AM – 8:22AM	Indra Until 12:07PM	Muruqa: White	Sunset: 7:28PM	Moon 4 - Phase 2 - 9	
Until 11:36AM	Then Creative Work - Siddha Yoga	219345479	Rahu 12:04PM – 1:55PM	Kaulava Until 7:07AM	Nataraja: Clear	Moon – Clear	2nd Phase	
			Dvadashi* Until 6:56PM	Chaitra+Chaitra	Devaloka Day			

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshthapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau					Bradford, UK
	Meena Rasi: 13.2	Tithi 28	Gulika 8:21AM – 10:12AM	Uttaraproshthapada Until 12:10PM	Ganesha: Blue	Sunrise: 4:38AM	Sun 10	Sutra 11
	Creative Work	Siddha Yoga	Yama 4:38AM – 6:30AM	Vaidhriti* Until 10:57AM	Muruqa: White	Sunset: 7:30PM	Moon 4 - Phase 2 - 10	
			Gara Until 6:54AM	Nataraja: Clear	Moon – Clear	2nd Phase		
			Trayodashi* Until 6:57PM	Chaitra+Chaitra	Bhuloka Day			
			<i>Pradosha Vrata (Fasting)</i>					Devaloka Time: 6:PM to 9:PM

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau					Bradford, UK
	Meena Rasi: 26.11	Tithi 29	Gulika 6:28AM – 8:20AM	Revati Until 1:02PM	Ganesha: Blue	Sunrise: 4:36AM	Sun 11	Sutra 12
	Creative Work	Siddha Yoga	Yama 3:48PM – 5:39PM	Vishkambha* Until 10:11AM	Muruqa: White	Sunset: 7:31PM	Moon 4 - Phase 2 - 11	
Until 1:02PM	Then Creative Work - Amrita Yoga	219445479	Rahu 10:12AM – 12:04PM	Visti Until 7:10AM	Nataraja: Clear	Moon – Clear	2nd Phase	
			Chaturdashi* Until 7:27PM	Chaitra+Chaitra	Bhuloka Day			
								Devaloka Time: 6:PM to 9:PM

●	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau					Bradford, UK
	Retreat Star		Gulika 4:34AM – 6:26AM	Ashvini Until 2:41PM	Ganesha: Green	Sunrise: 4:34AM	Sun 12	Sutra 13
	Mesha Rasi: 8.49	Tithi 30	Yama 1:56PM – 3:48PM	Priti Until 9:48AM	Muruqa: White	Sunset: 7:33PM	Moon 4 - Phase 2 - 12	
Creative Work	Siddha Yoga	221445479	Rahu 8:19AM – 10:11AM	Catuspada Until 7:55AM	Nataraja: Clear	Moon – White	Amavasya	
			Amavasya* Until 8:27PM	Chaitra+Chaitra	Bhuloka Day			
								Devaloka Time: 6:PM to 9:PM

	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau					Bradford, UK
	Retreat Star		Gulika 3:49PM – 5:42PM	Bharani Until 4:40PM	Ganesha: Green	Sunrise: 4:32AM	Sun 13	Sutra 14
	Mesha Rasi: 21.13	Tithi 1	Yama 12:03PM – 1:56PM	Ayushman Until 9:46AM	Muruqa: White	Sunset: 7:35PM	Moon 4 - Phase 2 - 13	
Routine Work	Prabalarishta Yoga	221445479	Rahu 5:42PM – 7:35PM	Kintughna Until 9:10AM	Nataraja: Clear	Moon – White	Prathama	
Until 4:40PM	Then Creative Work - Siddha Yoga				Vaisaka+Chaitra	Bhuloka Day		
								Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bradford, UK Sun 14 Sutra 15 Subhakrit 5124
1	Vrishabha Rasi: 3.25 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 6:55PM Then Creative Work - Amrita Yoga	Gulika 1:57PM – 3:50PM Yama 10:10AM – 12:03PM Rahu 6:23AM – 8:17AM	Krittika Until 6:55PM Saubhagya Until 10:07AM Balava Until 10:52AM Dvitiya Until 11:51PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 4:30AM Sunset: 7:37PM	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Bradford, UK Sun 15 Sutra 16 Subhakrit 5124
2	Vrishabha Rasi: 15.27 Tithi 3 Creative Work Amrita Yoga Until 9:50PM Then Creative Work - Siddha Yoga	Gulika 12:03PM – 1:57PM Yama 8:16AM – 10:09AM Rahu 3:51PM – 5:45PM	Rohini Until 9:50PM Sobhana Until 10:47AM Taitila Until 12:58PM Tritiya Until 2:06AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:28AM Sunset: 7:38PM	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Bradford, UK Sun 16 Sutra 17 Subhakrit 5124
3	Vrishabha Rasi: 27.22 Tithi 4 Creative Work Siddha Yoga Until 12:48AM Thu Then Routine Work - Marana Yoga	Gulika 10:09AM – 12:03PM Yama 6:20AM – 8:14AM Rahu 12:03PM – 1:57PM	Mrigashira Until 12:48AM Thu Athiganda* Until 11:38AM Vanija Until 3:21PM Chaturthi* Until 4:34AM Thu	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:26AM Sunset: 7:40PM	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Bradford, UK Sun 17 Sutra 18 Subhakrit 5124
4	Mithuna Rasi: 9.13 Tithi 5 Routine Work Marana Yoga Until 3:40AM Fri Then Creative Work - Siddha Yoga	Gulika 8:13AM – 10:08AM Yama 4:24AM – 6:19AM Rahu 1:58PM – 3:53PM	Ardra Until 3:40AM Fri Sukarma Until 12:37PM Bava Until 5:51PM Panchami Until 7:04AM Fri	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:24AM Sunset: 7:42PM	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Bradford, UK Sun 18 Sutra 19 Subhakrit 5124
5	Mithuna Rasi: 21.03 Tithi 5 – 6 Creative Work Siddha Yoga	Gulika 6:17AM – 8:12AM Yama 3:53PM – 5:49PM Rahu 10:08AM – 12:03PM	Punarvasu Until 6:46AM Sat Dhriti Until 1:36PM Kaulava Until 8:18PM Panchami Until 7:04AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:22AM Sunset: 7:44PM	Moon 4 - Phase 3 - 18 3rd Phase Devaloka Day

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bradford, UK Sun 19 Sutra 20 Subhakrit 5124
6	Kataka Rasi: 2.56 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 4:20AM – 6:16AM Yama 1:58PM – 3:54PM Rahu 8:11AM – 10:07AM	Punarvasu Until 6:46AM Shula* Until 2:26PM Gara Until 10:31PM Shashthi* Until 9:26AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:20AM Sunset: 7:46PM	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bradford, UK Sun 20 Sutra 21 Subhakrit 5124
Retreat Star	Kataka Rasi: 14.56 Tithi 7 – 8 Creative Work Siddha Yoga	Gulika 3:55PM – 5:51PM Yama 12:03PM – 1:59PM Rahu 5:51PM – 7:47PM	Pushya Until 9:25AM Ganda* Until 3:00PM Visti Until 12:20AM Mon Saptami Until 11:28AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:18AM Sunset: 7:47PM	Moon 4 - Phase 3 - 20 Ashtami Devaloka Day

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bradford, UK Sun 21 Sutra 22 Subhakrit 5124
Retreat Star	Kataka Rasi: 27.07 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga Until 11:25AM Then Routine Work - Marana Yoga	Gulika 1:59PM – 3:56PM Yama 10:06AM – 12:03PM Rahu 6:13AM – 8:10AM	Ashlesha* Until 11:25AM Vridhi Until 3:11PM Balava Until 1:33AM Tue Ashtami* Until 1:00PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:16AM Sunset: 7:49PM	Moon 4 - Phase 3 - 21 Navami Devaloka Day


1		Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bradford, UK
Simha Rasi: 9.34	Tithi 9 – 10	Gulika	12:03PM – 2:00PM	Magha* Until 1:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:15AM	Sun 22	Sutra 23
		Yama	8:09AM – 10:06AM	Dhruva Until 2:49PM	Muruqa: White	<i>Sunset:</i> 7:51PM		Subhakrit 5124
		252445479 Rahu	3:57PM – 5:54PM	Taitila Until 2:04AM Wed	Nataraja: Clear		Moon 4 - Phase 4 - 22	4th Phase
Creative Work	Siddha Yoga			Navami* Until 1:53PM	Moon – Red			Devaloka Day
					Vaisaka-Chaitra			

2		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bradford, UK
Simha Rasi: 22.2	Tithi 10 – 11	Gulika	10:05AM – 12:03PM	Purvaphalguni Until 1:57PM	Ganesha: Clear	<i>Sunrise:</i> 4:13AM	Sun 23	Sutra 24
		Yama	6:10AM – 8:08AM	Vyaghata* Until 1:53PM	Muruqa: White	<i>Sunset:</i> 7:52PM		Subhakrit 5124
		252445479 Rahu	12:03PM – 2:00PM	Vanija Until 1:49AM Thu	Nataraja: Clear		Moon 4 - Phase 4 - 23	4th Phase
Creative Work	Amrita Yoga			Dashami Until 2:01PM	Moon – Red			Devaloka Day
					Vaisaka-Chaitra			

3		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau				Bradford, UK
Kanya Rasi: 5.3	Tithi 11 – 12	Gulika	8:07AM – 10:05AM	Uttaraphalguni Until 1:51PM	Ganesha: Clear	<i>Sunrise:</i> 4:11AM	Sun 24	Sutra 25
		Yama	4:11AM – 6:09AM	Harshana Until 12:21PM	Muruqa: White	<i>Sunset:</i> 7:54PM		Subhakrit 5124
		252445479 Rahu	2:00PM – 3:58PM	Bava Until 12:47AM Fri	Nataraja: Clear		Moon 4 - Phase 4 - 24	4th Phase
	Amrita Yoga			Ekadashi Until 1:23PM	Moon – Red			Devaloka Day
Until 1:51PM					Vaisaka-Chaitra			
Then Routine Work - Marana Yoga								

4		Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bradford, UK
Kanya Rasi: 19.05	Tithi 12 – 13	Gulika	6:08AM – 8:06AM	Hasta Until 1:19PM	Ganesha: White	<i>Sunrise:</i> 4:09AM	Sun 25	Sutra 26
		Yama	3:59PM – 5:58PM	Vajra* Until 10:11AM	Muruqa: White	<i>Sunset:</i> 7:56PM		Subhakrit 5124
		252445479 Rahu	10:04AM – 12:03PM	Kaulava Until 11:02PM	Nataraja: Clear		Moon 4 - Phase 4 - 25	4th Phase
Creative Work	Amrita Yoga			Dvadashi Until 11:58AM	Moon – Green			Sivaloka Day
Until 1:19PM					Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga								
								<i>Pradosha Vrata</i>

5		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipala* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bradford, UK
Tula Rasi: 3.07	Tithi 13 – 14	Gulika	4:08AM – 6:06AM	Chitra Until 11:58AM	Ganesha: White	<i>Sunrise:</i> 4:08AM	Sun 26	Sutra 27
		Yama	2:01PM – 4:00PM	Siddhi Until 7:28AM	Muruqa: White	<i>Sunset:</i> 7:57PM		Subhakrit 5124
		252445479 Rahu	8:05AM – 10:04AM	Gara Until 8:40PM	Nataraja: Clear		Moon 4 - Phase 4 - 26	4th Phase
Routine Work	Marana Yoga			Trayodashi Until 9:54AM	Moon – Green			Sivaloka Day
Until 11:58AM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Bradford, UK
Copper Retreat Star		Gulika	4:01PM – 6:00PM	Svati Until 9:56AM	Ganesha: White	<i>Sunrise:</i> 4:06AM	Sun 27	Sutra 28
Tula Rasi: 17.31	Tithi 14 – 15	Yama	12:03PM – 2:02PM	Variyan Until 12:46AM Mon	Muruqa: White	<i>Sunset:</i> 7:59PM		Subhakrit 5124
		252445479 Rahu	6:00PM – 7:59PM	Bava Until 4:14AM Mon	Nataraja: Clear		Moon 4 - Phase 4 - 27	Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 7:16AM	Moon – Green			Sivaloka Day
Until 9:56AM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

Monday, May 16, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Bradford, UK
Vrischika Rasi: 2.13	Tithi 16	Gulika	2:02PM – 4:02PM	Vishakha Until 7:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:04AM	Sun 28	Sutra 29
Family Home Evening		Yama	10:03AM – 12:03PM	Parigha* Until 9:00PM	Muruqa: White	<i>Sunset:</i> 8:01PM		Subhakrit 5124
		272445479 Rahu	6:04AM – 8:03AM	Balava Until 2:37PM	Nataraja: Clear		Moon 4 - Phase 4 -	Prathama
Routine Work	Marana Yoga			Prathama* Until 12:56AM Tue	Moon – Orange			Devaloka Day
Until 7:47AM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								



Tuesday, May 17, 2022
Gold Retreat Star

Vrischika Rasi: 17.07 Tithi 17

272445479

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:03PM – 2:03PM
Yama 8:03AM – 10:03AM
Rahu 4:02PM – 6:02PM

Jyeshtha* Until 2:31AM Wed
Shiva Until 5:07PM
Taitila Until 11:14AM
Dvitiya Until 9:31PM

Ganesha: Yellow *Sunrise:* 4:03AM
Muruqa: White *Sunset:* 8:02PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Bradford, UK
Sutra 30
Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Devaloka Day

1

Wednesday, May 18, 2022

Dhanus Rasi: 2.04 Tithi 18

282445479

Routine Work Marana Yoga

Until 12:07AM Thu
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:02AM – 12:03PM
Yama 6:02AM – 8:02AM
Rahu 12:03PM – 2:03PM

Mula* Until 12:07AM Thu
Siddha Until 1:13PM
Vanija Until 7:49AM
Tritiya Until 6:08PM

Ganesha: Blue *Sunrise:* 4:01AM
Muruqa: White *Sunset:* 8:04PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Bradford, UK
Sun 1 Sutra 31
Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Sivaloka Day

2

Thursday, May 19, 2022

Dhanus Rasi: 16.58 Tithi 19 – 20

282445479

Creative Work Siddha Yoga

Until 9:47PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:01AM – 10:02AM
Yama 4:00AM – 6:00AM
Rahu 2:03PM – 4:04PM

Purvashadha* Until 9:47PM
Sadhya Until 9:27AM
Kaulava Until 1:26AM Fri
Chaturthi* Until 2:55PM

Ganesha: Blue *Sunrise:* 4:00AM
Muruqa: White *Sunset:* 8:06PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Bradford, UK
Sun 2 Sutra 32
Subhakrit 5124
Moon 5 - Phase 5 -
2nd Phase

Sivaloka Day

3

Friday, May 20, 2022

Makara Rasi: 1.39 Tithi 20 – 21

282445479

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 5:59AM – 8:00AM
Yama 4:05PM – 6:06PM
Rahu 10:02AM – 12:03PM

Uttarashadha Until 7:40PM
Sukla Until 2:41AM Sat
Gara Until 10:43PM
Panchami Until 12:01PM

Ganesha: Blue *Sunrise:* 3:58AM
Muruqa: White *Sunset:* 8:07PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Bradford, UK
Sun 3 Sutra 33
Subhakrit 5124
Moon 5 - Phase 5 -
3rd Phase

Sivaloka Day

4

Saturday, May 21, 2022

Makara Rasi: 16.04 Tithi 21 – 22

292445479

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:57AM – 5:58AM
Yama 2:04PM – 4:06PM
Rahu 8:00AM – 10:01AM

Shravana Until 6:17PM
Brahma Until 11:51PM
Visti Until 8:28PM
Shashthi* Until 9:31AM

Ganesha: Red *Sunrise:* 3:57AM
Muruqa: White *Sunset:* 8:09PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Bradford, UK
Sun 4 Sutra 34
Subhakrit 5124
Moon 5 - Phase 5 -
4th Phase

Devaloka Day

5

Sunday, May 22, 2022
Retreat Star

Kumbha Rasi: 0.09 Tithi 22 – 23

292445479

Routine Work Marana Yoga

Until 5:17PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 4:06PM – 6:08PM
Yama 12:03PM – 2:05PM
Rahu 6:08PM – 8:10PM

Dhanishtha Until 5:17PM
Indra Until 9:29PM
Balava Until 6:45PM
Saptami Until 7:31AM

Ganesha: Red *Sunrise:* 3:55AM
Muruqa: White *Sunset:* 8:10PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Bradford, UK
Sun 5 Sutra 35
Subhakrit 5124
Moon 5 - Phase 5 -
5th Phase

Devaloka Day

Monday, May 23, 2022

Retreat Star

Kumbha Rasi: 13.53 Tithi 23 – 24

293445479

Family Home Evening

Creative Work Siddha Yoga

Until 4:43PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Gulika 2:05PM – 4:07PM
Yama 10:01AM – 12:03PM
Rahu 5:56AM – 7:58AM

Shatabhishak Until 4:43PM
Vaidhriti* Until 7:34PM
Gara Until 5:16AM Tue
Ashtami* Until 6:06AM

Ganesha: Green *Sunrise:* 3:54AM
Muruqa: White *Sunset:* 8:12PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Bradford, UK
Sun 6 Sutra 36
Subhakrit 5124
Moon 5 - Phase 5 -
6th Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Bradford, UK on 5/1/20

www.gurudeva.org/panchang

1		Tuesday, May 24, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkamba* Yoga Vanija/Visti* Karana Dashamyam Titau				Bradford, UK Sun 7 Sutra 37 Subhakrit 5124
Kumbha Rasi: 27.16	Tithi 25	Gulika	12:03PM – 2:05PM	Purvaproshtapada* Until 5:03PM	Ganesha: Clear	<i>Sunrise:</i> 3:53AM		
		Yama	7:58AM – 10:00AM	Vishkamba* Until 6:09PM	Muruqa: White	<i>Sunset:</i> 8:13PM	Moon 5 - Phase 6 - 7	2nd Phase
		213545479 Rahu	4:08PM – 6:11PM	Vanija Until 5:06PM	Nataraja: Clear			
Routine Work	Marana Yoga			Dashami Until 5:02AM Wed	Moon – Clear			Devaloka Day
Until 5:03PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Bradford, UK Sun 8 Sutra 38 Subhakrit 5124
Meena Rasi: 10.2	Tithi 26	Gulika	10:00AM – 12:03PM	Uttaraproshtapada Until 5:48PM	Ganesha: Clear	<i>Sunrise:</i> 3:51AM		
		Yama	5:54AM – 7:57AM	Priti Until 5:13PM	Muruqa: White	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 6 - 8	2nd Phase
		213545479 Rahu	12:03PM – 2:06PM	Bava Until 5:10PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Ekadashi* Until 5:23AM Thu	Moon – Clear			Devaloka Day
Until 5:48PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Bradford, UK Sun 9 Sutra 39 Subhakrit 5124
Meena Rasi: 23.07	Tithi 27	Gulika	7:57AM – 10:00AM	Revati Until 6:57PM	Ganesha: Purple	<i>Sunrise:</i> 3:50AM		
		Yama	3:50AM – 5:53AM	Ayushman Until 4:42PM	Muruqa: White	<i>Sunset:</i> 8:16PM	Moon 5 - Phase 6 - 9	2nd Phase
		313545479 Rahu	2:06PM – 4:10PM	Kaulava Until 5:47PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Dvadashi* Until 6:17AM Fri	Moon – Clear			Sivaloka Day
Until 6:57PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Bradford, UK Sun 10 Sutra 40 Subhakrit 5124
Mesha Rasi: 5.39	Tithi 27 – 28	Gulika	5:53AM – 7:56AM	Ashvini Until 8:54PM	Ganesha: Clear	<i>Sunrise:</i> 3:49AM		
		Yama	4:10PM – 6:14PM	Saubhagya Until 4:35PM	Muruqa: White	<i>Sunset:</i> 8:17PM	Moon 5 - Phase 6 - 10	2nd Phase
		323545479 Rahu	10:00AM – 12:03PM	Gara Until 6:55PM	Nataraja: Clear			
Creative Work	Amrita Yoga			Dvadashi* Until 6:17AM	Moon – White			Devaloka Day
Until 8:54PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, May 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bradford, UK Sun 11 Sutra 41 Subhakrit 5124
Mesha Rasi: 17.58	Tithi 28 – 29	Gulika	3:48AM – 5:52AM	Bharani Until 11:08PM	Ganesha: Clear	<i>Sunrise:</i> 3:48AM		
		Yama	2:07PM – 4:11PM	Sobhana Until 4:51PM	Muruqa: White	<i>Sunset:</i> 8:19PM	Moon 5 - Phase 6 - 11	2nd Phase
		323545479 Rahu	7:56AM – 9:59AM	Visti Until 8:30PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Trayodashi* Until 7:39AM	Moon – White			Devaloka Day
Until 11:08PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

●		Sunday, May 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bradford, UK Sun 12 Sutra 42 Subhakrit 5124
Retreat Star		Gulika	4:12PM – 6:16PM	Krittika Until 1:32AM Mon	Ganesha: Clear	<i>Sunrise:</i> 3:47AM		
Vrishabha Rasi: 0.07	Tithi 29 – 30	Yama	12:03PM – 2:08PM	Athiganda* Until 5:22PM	Muruqa: White	<i>Sunset:</i> 8:20PM	Moon 5 - Phase 6 - 12	Amavasya
		323545479 Rahu	6:16PM – 8:20PM	Catuspada Until 10:28PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Chaturdashi* Until 9:25AM	Moon – White			Devaloka Day
Until 1:32AM Mon					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

Monday, May 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Bradford, UK Sun 13 Sutra 43 Subhakrit 5124		
Retreat Star		Gulika	2:08PM – 4:12PM	Rohini Until 4:33AM Tue	Ganesha: Orange	<i>Sunrise:</i> 3:46AM		
Vrishabha Rasi: 12.08	Tithi 30 – 1	Yama	9:59AM – 12:04PM	Sukarma Until 6:09PM	Muruqa: White	<i>Sunset:</i> 8:21PM	Moon 5 - Phase 6 - 13	Prathama
Family Home Evening		333545479 Rahu	5:50AM – 7:55AM	Kintughna Until 12:42AM Tue	Nataraja: Clear			
Creative Work	Amrita Yoga			Amavasya* Until 11:32AM	Moon – Yellow			Devaloka Day
Until 4:33AM Tue					Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga								

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bradford, UK Sun 14 Sutra 44
	Vrishabha Rasi: 24.02	Tithi 1 – 2	333545479	Gulika 12:04PM – 2:08PM Yama 7:54AM – 9:59AM Rahu 4:13PM – 6:18PM	Mrigashira Until 7:33AM Wed Dhriti Until 7:06PM Balava Until 3:07AM Wed Prathama* Until 1:52PM	Ganesha: Orange <i>Sunrise:</i> 3:45AM Muruqa: White <i>Sunset:</i> 8:23PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 14 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						

2	Wednesday, June 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Bradford, UK Sun 15 Sutra 45
	Mithuna Rasi: 5.53	Tithi 2 – 3	333545479	Gulika 9:59AM – 12:04PM Yama 5:49AM – 7:54AM Rahu 12:04PM – 2:09PM	Mrigashira Until 7:33AM Shula* Until 8:05PM Taitila Until 5:36AM Thu Dvitiya Until 4:20PM	Ganesha: Orange <i>Sunrise:</i> 3:44AM Muruqa: White <i>Sunset:</i> 8:24PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 15 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						

3	Thursday, June 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Gara Karana Tritiyayam Titau				Bradford, UK Sun 16 Sutra 46
	Mithuna Rasi: 17.43	Tithi 3	333555479	Gulika 7:53AM – 9:59AM Yama 3:43AM – 5:48AM Rahu 2:09PM – 4:14PM	Ardra Until 10:25AM Ganda* Until 9:06PM Gara Until 6:49PM Tritiya Until 6:49PM	Ganesha: Orange <i>Sunrise:</i> 3:43AM Muruqa: Green <i>Sunset:</i> 8:25PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 16 3rd Phase Devaloka Day
	Routine Work Marana Yoga Until 10:25AM Then Creative Work - Amrita Yoga						

4	Friday, June 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Bradford, UK Sun 17 Sutra 47
	Mithuna Rasi: 29.34	Tithi 4	343555479	Gulika 5:48AM – 7:53AM Yama 4:15PM – 6:21PM Rahu 9:59AM – 12:04PM	Punarvasu Until 1:35PM Vriddhi Until 10:03PM Vanija Until 8:03AM Chaturthi* Until 9:12PM	Ganesha: Clear <i>Sunrise:</i> 3:42AM Muruqa: Green <i>Sunset:</i> 8:26PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 17 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 1:35PM Then Routine Work - Marana Yoga						

5	Saturday, June 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Bradford, UK Sun 18 Sutra 48
	Kataka Rasi: 11.28	Tithi 5	343555479	Gulika 3:41AM – 5:47AM Yama 2:10PM – 4:16PM Rahu 7:53AM – 9:59AM	Pushya Until 4:23PM Dhruva Until 10:47PM Bava Until 10:20AM Panchami Until 11:21PM	Ganesha: Clear <i>Sunrise:</i> 3:41AM Muruqa: Green <i>Sunset:</i> 8:27PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 18 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 4:23PM Then Routine Work - Marana Yoga						

6	Sunday, June 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Bradford, UK Sun 19 Sutra 49
	Kataka Rasi: 23.29	Tithi 6	343555471	Gulika 4:16PM – 6:22PM Yama 12:04PM – 2:10PM Rahu 6:22PM – 8:28PM	Ashlesha* Until 6:42PM Vyaghata* Until 11:15PM Kaulava Until 12:19PM Shashthi* Until 1:08AM Mon	Ganesha: Clear <i>Sunrise:</i> 3:41AM Muruqa: Green <i>Sunset:</i> 8:28PM Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 6:42PM Then Routine Work - Marana Yoga						

☾	Monday, June 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Bradford, UK Sun 20 Sutra 50
	Retreat Star		333555471	Gulika 2:11PM – 4:17PM Yama 9:58AM – 12:05PM Rahu 5:46AM – 7:52AM	Magha* Until 8:53PM Harshana Until 11:21PM Gara Until 1:51PM Saptami Until 2:23AM Tue	Ganesha: Purple <i>Sunrise:</i> 3:40AM Muruqa: Green <i>Sunset:</i> 8:29PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 20 3rd Phase Sivaloka Day
	Simha Rasi: 5.4 Tithi 7 Family Home Evening Routine Work Marana Yoga Until 8:53PM Then Creative Work - Siddha Yoga						

☽	Tuesday, June 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Bradford, UK Sun 21 Sutra 51
	Retreat Star		354555471	Gulika 12:05PM – 2:11PM Yama 7:52AM – 9:58AM Rahu 4:17PM – 6:24PM	Purvaphalguni Until 10:18PM Vajra* Until 10:55PM Visti Until 2:48PM Ashtami* Until 3:00AM Wed	Ganesha: Clear <i>Sunrise:</i> 3:39AM Muruqa: Green <i>Sunset:</i> 8:30PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 21 Ashtami Devaloka Day
	Simha Rasi: 18.04 Tithi 8 Creative Work Siddha Yoga Until 10:18PM Then Creative Work - Amrita Yoga						

☽	Wednesday, June 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Bradford, UK Sun 22 Sutra 52
	Retreat Star		354555471	Gulika 9:58AM – 12:05PM Yama 5:45AM – 7:52AM Rahu 12:05PM – 2:11PM	Uttaraphalguni Until 10:51PM Siddhi Until 9:55PM Balava Until 3:03PM Navami* Until 2:51AM Thu	Ganesha: Clear <i>Sunrise:</i> 3:39AM Muruqa: Green <i>Sunset:</i> 8:31PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakit 5124 Moon 5 - Phase 7 - 22 Navami Devaloka Day
	Kanya Rasi: 0.46 Tithi 9 Creative Work Amrita Yoga Until 10:51PM Then Routine Work - Marana Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Bradford, UK Sun 23 Sutra 53
	Kanya Rasi: 13.51	Tithi 10	Gulika 7:52AM – 9:58AM	Hasta Until 10:55PM	Ganesha: White <i>Sunrise: 3:38AM</i>		Subhakrit 5124
		364555471	Yama 3:38AM – 5:45AM	Vyatipata* Until 8:19PM	Muruqa: Green <i>Sunset: 8:32PM</i>		Moon 5 - Phase 8 - 23
			Rahu 2:12PM – 4:19PM	Taitila Until 2:31PM	Nataraja: Yellow		4th Phase
	Routine Work	Marana Yoga		Dashami Until 1:56AM Fri	Moon – Green	Bhuloka Day	
	Until 10:55PM				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	
	Then Creative Work - Siddha Yoga						

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Bradford, UK Sun 24 Sutra 54
	Kanya Rasi: 27.21	Tithi 11	Gulika 5:45AM – 7:52AM	Chitra Until 10:05PM	Ganesha: White <i>Sunrise: 3:38AM</i>		Subhakrit 5124
		364555471	Yama 4:19PM – 6:26PM	Variyan Until 6:03PM	Muruqa: Green <i>Sunset: 8:33PM</i>		Moon 5 - Phase 8 - 24
			Rahu 9:58AM – 12:05PM	Vanija Until 1:12PM	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Ekadashi Until 12:14AM Sat	Moon – Green	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Bradford, UK Sun 25 Sutra 55
	Tula Rasi: 11.19	Tithi 12	Gulika 3:37AM – 5:44AM	Svati Until 8:24PM	Ganesha: White <i>Sunrise: 3:37AM</i>		Subhakrit 5124
		364555471	Yama 2:13PM – 4:20PM	Parigha* Until 3:13PM	Muruqa: Green <i>Sunset: 8:34PM</i>		Moon 5 - Phase 8 - 25
			Rahu 7:51AM – 9:58AM	Bava Until 11:08AM	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Dvadashi Until 9:51PM	Moon – Green	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bradford, UK Sun 26 Sutra 56
	Tula Rasi: 25.43	Tithi 13	Gulika 4:20PM – 6:27PM	Vishakha Until 6:24PM	Ganesha: Yellow <i>Sunrise: 3:37AM</i>		Subhakrit 5124
		374555471	Yama 12:06PM – 2:13PM	Shiva Until 11:53AM	Muruqa: Green <i>Sunset: 8:34PM</i>		Moon 5 - Phase 8 - 26
			Rahu 6:27PM – 8:34PM	Kaulava Until 8:27AM	Nataraja: Yellow		4th Phase
	Routine Work	Marana Yoga		Trayodashi Until 6:53PM	Moon – Orange	Devaloka Day	
			Vaikasi Visakam		Jyeshtha-Vaikasi		
				<i>Pradosha Vrata</i>			

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Bradford, UK Sun 27 Sutra 57
	Vrischika Rasi: 10.3	Tithi 14 – 15	Gulika 2:13PM – 4:20PM	Anuradha Until 3:50PM	Ganesha: Yellow <i>Sunrise: 3:37AM</i>		Subhakrit 5124
	Family Home Evening	374555471	Yama 9:59AM – 12:06PM	Siddha Until 8:08AM	Muruqa: Green <i>Sunset: 8:35PM</i>		Moon 5 - Phase 8 - 27
			Rahu 5:44AM – 7:51AM	Visti Until 1:42AM Tue	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Chaturdashi* Until 3:30PM	Moon – Orange	Devaloka Day	
					Jyeshtha-Vaikasi		

○	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bradford, UK Sun 28 Sutra 58
	Copper Retreat Star		Gulika 12:06PM – 2:13PM	Jyeshtha* Until 12:52PM	Ganesha: Yellow <i>Sunrise: 3:36AM</i>		Subhakrit 5124
	Vrischika Rasi: 25.34	Tithi 15 – 16	Yama 7:51AM – 9:59AM	Subha Until 11:57PM	Muruqa: Green <i>Sunset: 8:36PM</i>		Moon 5 - Phase 8 - Purnima
		374555471	Rahu 4:21PM – 6:28PM	Balava Until 9:57PM	Nataraja: Yellow		
	Routine Work	Marana Yoga		Purnima* Until 11:49AM	Moon – Orange	Devaloka Day	
	Until 12:52PM				Jyeshtha-Vaikasi		
	Then Creative Work - Amrita Yoga						

○	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Bradford, UK Sun 29 Sutra 59
	Silver Retreat Star		Gulika 9:59AM – 12:06PM	Mula* Until 10:02AM	Ganesha: Blue <i>Sunrise: 3:36AM</i>		Subhakrit 5124
	Dhanus Rasi: 10.46	Tithi 16 – 17	Yama 5:44AM – 7:51AM	Sukla Until 7:44PM	Muruqa: Green <i>Sunset: 8:36PM</i>		Moon 5 - Phase 8 - Prathama
		384555471	Rahu 12:06PM – 2:14PM	Taitila Until 6:09PM	Nataraja: Yellow		
	Routine Work	Marana Yoga		Prathama* Until 8:02AM	Moon – Light Blue	Bhuloka Day	
	Until 10:02AM				Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM	
	Then Creative Work - Amrita Yoga						



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* /Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Bradford, UK

Sun 1

Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 25.56 Tithi 18

384555471

Gulika 7:51AM - 9:59AM
Yama 3:36AM - 5:44AM
Rahu 2:14PM - 4:22PM

Purvashadha* Until 7:08AM
Brahma Until 3:40PM
Vanija Until 2:30PM
Tritiya Until 12:45AM Fri

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Light Blue

Sunrise: 3:36AM
Sunset: 8:37PM

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 7:08AM

Then Routine Work - Marana Yoga

Friday, June 17, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthayam Titau

Bradford, UK

Sun 2

Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 10.56 Tithi 19

394555471

Gulika 5:44AM - 7:51AM
Yama 4:22PM - 6:30PM
Rahu 9:59AM - 12:07PM

Shravana Until 2:13AM Sat
Indra Until 11:51AM
Bava Until 11:07AM
Chaturthi* Until 9:34PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon - Purple

Sunrise: 3:36AM
Sunset: 8:37PM

Devaloka Day

Routine Work Marana Yoga

Until 2:13AM Sat

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Bradford, UK

Sun 3

Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 25.37 Tithi 20

394555471

Gulika 3:36AM - 5:44AM
Yama 2:15PM - 4:22PM
Rahu 7:51AM - 9:59AM

Dhanishtha Until 12:29AM Sun
Vaidhriti* Until 8:23AM
Kaulava Until 8:11AM
Panchami Until 6:54PM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Purple

Sunrise: 3:36AM
Sunset: 8:38PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, June 19, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Bradford, UK

Sun 4

Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 9.54 Tithi 21 - 22

395655471

Gulika 4:23PM - 6:30PM
Yama 12:07PM - 2:15PM
Rahu 6:30PM - 8:38PM

Shatabhishak Until 11:16PM
Priti Until 3:00AM Mon
Visti Until 4:08AM Mon
Shashthi* Until 4:52PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon - Purple

Sunrise: 3:36AM
Sunset: 8:38PM

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthpada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bradford, UK

Sun 5

Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 23.44 Tithi 22 - 23

315655471

Family Home Evening

Gulika 2:15PM - 4:23PM
Yama 10:00AM - 12:07PM
Rahu 5:44AM - 7:52AM

Purvaprosarthpada* Until 11:05PM
Ayushman Until 1:10AM Tue
Balava Until 3:12AM Tue
Saptami Until 3:33PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear

Sunrise: 3:36AM
Sunset: 8:38PM

Devaloka Day

Routine Work Marana Yoga

Until 11:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

5

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthpada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bradford, UK

Sun 6

Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 7.08 Tithi 23 - 24

315655471

Gulika 12:07PM - 2:15PM
Yama 7:52AM - 10:00AM
Rahu 4:23PM - 6:31PM

Uttaraprosarthpada Until 11:32PM
Saubhagya Until 11:59PM
Taitila Until 3:03AM Wed
Ashtami* Until 3:01PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear

Sunrise: 3:36AM
Sunset: 8:39PM

Devaloka Day

Creative Work Amrita Yoga

Until 11:32PM

Then Creative Work - Siddha Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Bradford, UK

Sun 7

Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 20.07 Tithi 24 - 25

315655471

Gulika 10:00AM - 12:08PM
Yama 5:44AM - 7:52AM
Rahu 12:08PM - 2:15PM

Revati Until 12:32AM Thu
Sobhana Until 11:24PM
Vanija Until 3:38AM Thu
Navami* Until 3:14PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear

Sunrise: 3:37AM
Sunset: 8:39PM

Devaloka Day

Routine Work Marana Yoga

Until 12:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Bradford, UK on 5/1/20

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1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bradford, UK Sun 8 Sutra 67 Subhakrit 5124	
Mesha Rasi: 2.45	Tithi 25 – 26	325655471	Gulika 7:52AM – 10:00AM Yama 3:37AM – 5:45AM Rahu 2:16PM – 4:23PM	Ashvini Until 2:31AM Fri Athiganda* Until 11:19PM Bava Until 4:53AM Fri Dashami Until 4:10PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:37AM Sunset: 8:39PM	Moon 6 - Phase 10 - 8 2nd Phase
Creative Work Amrita Yoga Until 2:31AM Fri Then Creative Work - Siddha Yoga						Bhuloka Day Devaloka Time: 6:PM to 9:PM	
2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Bradford, UK Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 15.05	Tithi 26 – 27	325655471	Gulika 5:45AM – 7:53AM Yama 4:23PM – 6:31PM Rahu 10:00AM – 12:08PM	Bharani Until 4:52AM Sat Sukarma Until 11:41PM Kaulava Until 6:39AM Sat Ekadashi* Until 5:41PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:37AM Sunset: 8:39PM	Moon 6 - Phase 10 - 9 2nd Phase
Creative Work Siddha Yoga Until 4:52AM Sat Then Creative Work - Amrita Yoga						Bhuloka Day Devaloka Time: 6:PM to 9:PM	
3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Bradford, UK Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 27.13	Tithi 27	325655471	Gulika 3:38AM – 5:45AM Yama 2:16PM – 4:24PM Rahu 7:53AM – 10:01AM	Krittika Until 7:25AM Sun Dhriti Until 12:23AM Sun Kaulava Until 6:39AM Dvadashi* Until 7:40PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:38AM Sunset: 8:39PM	Moon 6 - Phase 10 - 10 2nd Phase
Creative Work Amrita Yoga Until 7:25AM Sun Then Creative Work - Siddha Yoga						Bhuloka Day Devaloka Time: 6:PM to 9:PM	
4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Bradford, UK Sun 11 Sutra 70 Subhakrit 5124	
Vrishabha Rasi: 9.12	Tithi 28	325655471	Gulika 4:24PM – 6:31PM Yama 12:08PM – 2:16PM Rahu 6:31PM – 8:39PM	Krittika Until 7:25AM Shula* Until 1:17AM Mon Gara Until 8:48AM Trayodashi* Until 9:57PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:38AM Sunset: 8:39PM	Moon 6 - Phase 10 - 11 2nd Phase
Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 6:PM to 9:PM	
<i>Pradosha Vrata (Fasting)</i>							
5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bradford, UK Sun 12 Sutra 71 Subhakrit 5124	
Vrishabha Rasi: 21.05	Tithi 29	335655471	Gulika 2:16PM – 4:24PM Yama 10:01AM – 12:09PM Rahu 5:46AM – 7:54AM	Rohini Until 10:33AM Ganda* Until 2:18AM Tue Visti Until 11:11AM Chaturdashi* Until 12:25AM Tue	Ganesha: Light Blue Muruqa: Green Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 3:39AM Sunset: 8:39PM	Moon 6 - Phase 10 - 12 2nd Phase
Family Home Evening Creative Work Amrita Yoga						Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bradford, UK Sun 13 Sutra 72 Subhakrit 5124	
Mithuna Rasi: 2.55	Tithi 30	336655471	Gulika 12:09PM – 2:16PM Yama 7:54AM – 10:01AM Rahu 4:24PM – 6:31PM	Mrigashira Until 1:37PM Vriddhi Until 3:22AM Wed Catuspada Until 1:41PM Amavasya* Until 2:55AM Wed	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 3:39AM Sunset: 8:39PM	Moon 6 - Phase 10 - 13 Amavasya
Creative Work Siddha Yoga Until 1:37PM Then Routine Work - Marana Yoga						Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Bradford, UK Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 14.44	Tithi 1	336655471	Gulika 10:02AM – 12:09PM Yama 5:47AM – 7:54AM Rahu 12:09PM – 2:16PM	Ardra Until 4:30PM Dhruva Until 4:22AM Thu Kintughna Until 4:10PM Prathama* Until 5:22AM Thu	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow Ashada-Ani	Sunrise: 3:40AM Sunset: 8:38PM	Moon 6 - Phase 10 - 14 Prathama
Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1	Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Balava Karana Dvitiyayam Titau				Bradford, UK Sun 15 Sutra 74
	Mithuna Rasi: 26.34	Tithi 2	Gulika 7:55AM – 10:02AM	Punarvasu Until 7:38PM	Ganesha: Light Blue <i>Sunrise:</i> 3:40AM		Subhakrit 5124
			Yama 3:40AM – 5:48AM	Vyaghata* Until 5:16AM Fri	Muruqa: Green <i>Sunset:</i> 8:38PM		Moon 6 - Phase 11 - 15
	Creative Work	Amrita Yoga	346655471 Rahu 2:16PM – 4:24PM	Balava Until 6:34PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 7:41AM Fri	Moon – Blue			
				Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

2	Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Bradford, UK Sun 16 Sutra 75
	Kataka Rasi: 8.28	Tithi 2 – 3	Gulika 5:48AM – 7:55AM	Pushya Until 10:26PM	Ganesha: Light Blue <i>Sunrise:</i> 3:41AM		Subhakrit 5124
			Yama 4:24PM – 6:31PM	Harshana Until 6:02AM Sat	Muruqa: Green <i>Sunset:</i> 8:38PM		Moon 6 - Phase 11 - 16
	Routine Work	Marana Yoga	346655471 Rahu 10:02AM – 12:09PM	Taitila Until 8:47PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 7:41AM	Moon – Blue			
				Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

3	Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Bradford, UK Sun 17 Sutra 76
	Kataka Rasi: 20.26	Tithi 3 – 4	Gulika 3:42AM – 5:49AM	Ashlesha* Until 12:49AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 3:42AM		Subhakrit 5124
			Yama 2:17PM – 4:24PM	Harshana Until 6:02AM	Muruqa: Green <i>Sunset:</i> 8:37PM		Moon 6 - Phase 11 - 17
	Routine Work	Marana Yoga	346655471 Rahu 7:56AM – 10:03AM	Vanija Until 10:45PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 9:47AM	Moon – Blue			
				Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

4	Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bradford, UK Sun 18 Sutra 77
	Simha Rasi: 2.32	Tithi 4 – 5	Gulika 4:23PM – 6:30PM	Magha* Until 3:12AM Mon	Ganesha: Orange <i>Sunrise:</i> 3:43AM		Subhakrit 5124
			Yama 12:10PM – 2:17PM	Vajra* Until 6:34AM	Muruqa: Green <i>Sunset:</i> 8:37PM		Moon 6 - Phase 11 - 18
	Routine Work	Marana Yoga	356655471 Rahu 6:30PM – 8:37PM	Bava Until 12:23AM Mon	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 11:36AM	Moon – Red			
				Ashada*Ani	Devaloka Day		

5	Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Bradford, UK Sun 19 Sutra 78
	Simha Rasi: 14.46	Tithi 5 – 6	Gulika 2:17PM – 4:23PM	Purvaphalguni Until 4:59AM Tue	Ganesha: Orange <i>Sunrise:</i> 3:43AM		Subhakrit 5124
	Family Home Evening		Yama 10:03AM – 12:10PM	Siddhi Until 6:50AM	Muruqa: Green <i>Sunset:</i> 8:36PM		Moon 6 - Phase 11 - 19
	Creative Work	Siddha Yoga	356655471 Rahu 5:50AM – 7:57AM	Kaulava Until 1:35AM Tue	Nataraja: Yellow		3rd Phase
			Panchami Until 1:02PM	Moon – Red			
				Ashada*Ani	Devaloka Day		

6	Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bradford, UK Sun 20 Sutra 79
	Simha Rasi: 27.11	Tithi 6 – 7	Gulika 12:10PM – 2:17PM	Uttaraphalguni Until 6:04AM Wed	Ganesha: Orange <i>Sunrise:</i> 3:44AM		Subhakrit 5124
			Yama 7:57AM – 10:04AM	Vyatipata* Until 6:45AM	Muruqa: Green <i>Sunset:</i> 8:36PM		Moon 6 - Phase 11 - 20
	Creative Work	Amrita Yoga	356655471 Rahu 4:23PM – 6:29PM	Gara Until 2:15AM Wed	Nataraja: Yellow		3rd Phase
			Shashthi* Until 1:58PM	Moon – Red			
				Ashada*Ani	Devaloka Day		

D	Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau				Bradford, UK Sun 21 Sutra 80
	Retreat Star		Gulika 10:04AM – 12:10PM	Uttaraphalguni Until 6:04AM	Ganesha: Purple <i>Sunrise:</i> 3:45AM		Subhakrit 5124
	Kanya Rasi: 9.52	Tithi 7 – 8	Yama 5:51AM – 7:58AM	Variyan Until 6:12AM	Muruqa: Green <i>Sunset:</i> 8:35PM		Moon 6 - Phase 11 - 21
	Creative Work	Amrita Yoga	457655471 Rahu 12:10PM – 2:17PM	Visti Until 2:16AM Thu	Nataraja: Yellow		Ashtami
			Saptami Until 2:19PM	Moon – Red			
				Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

D	Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bradford, UK Sun 22 Sutra 81
	Retreat Star		Gulika 7:58AM – 10:04AM	Hasta Until 6:50AM	Ganesha: Clear <i>Sunrise:</i> 3:46AM		Subhakrit 5124
	Kanya Rasi: 22.52	Tithi 8 – 9	Yama 3:46AM – 5:52AM	Shiva Until 3:31AM Fri	Muruqa: Green <i>Sunset:</i> 8:35PM		Moon 6 - Phase 11 - 22
	Routine Work	Marana Yoga	467655471 Rahu 2:16PM – 4:23PM	Balava Until 1:33AM Fri	Nataraja: Yellow		Navami
			Ashtami* Until 1:59PM	Moon – Green			
				Ashada*Ani	Devaloka Day		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


1	Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Bradford, UK Sun 23
	Tula Rasi: 6.15	Tithi 9 – 10	Gulika 5:53AM – 7:59AM	Chitra Until 6:43AM	Ganesha: Clear	<i>Sunrise:</i> 3:47AM	Subhakrit 5124
			Yama 4:22PM – 6:28PM	Siddha Until 1:16AM Sat	Muruqa: Green	<i>Sunset:</i> 8:34PM	Moon 6 - Phase 12 - 23
	Creative Work	Siddha Yoga	467655471 Rahu 10:05AM – 12:11PM	Taitila Until 12:07AM Sat	Nataraja: Yellow		4th Phase
			Navami* Until 12:55PM	Moon – Green		Devaloka Day	
				Ashada*Ani			


2	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bradford, UK Sun 24
	Tula Rasi: 20.04	Tithi 10 – 11	Gulika 3:48AM – 5:54AM	Vishakha Until 4:20AM Sun	Ganesha: White	<i>Sunrise:</i> 3:48AM	Subhakrit 5124
			Yama 2:16PM – 4:22PM	Sadhya Until 10:27PM	Muruqa: Green	<i>Sunset:</i> 8:33PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	477655471 Rahu 7:59AM – 10:05AM	Vanija Until 9:58PM	Nataraja: Yellow		4th Phase
			Dashami Until 11:07AM	Moon – Orange		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

3	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bradford, UK Sun 25
	Vrischika Rasi: 4.19	Tithi 11 – 12	Gulika 4:22PM – 6:27PM	Anuradha Until 2:13AM Mon	Ganesha: White	<i>Sunrise:</i> 3:49AM	Subhakrit 5124
			Yama 12:11PM – 2:16PM	Subha Until 7:09PM	Muruqa: Green	<i>Sunset:</i> 8:32PM	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 Rahu 6:27PM – 8:32PM	Bava Until 7:13PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 8:39AM	Moon – Orange		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

4	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bradford, UK Sun 26
	Vrischika Rasi: 18.59	Tithi 13	Gulika 2:16PM – 4:21PM	Jyeshtha* Until 11:31PM	Ganesha: White	<i>Sunrise:</i> 3:51AM	Subhakrit 5124
	Family Home Evening		Yama 10:06AM – 12:11PM	Sukla Until 3:24PM	Muruqa: Green	<i>Sunset:</i> 8:31PM	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 Rahu 5:56AM – 8:01AM	Kaulava Until 3:57PM	Nataraja: Yellow		4th Phase
			Trayodashi Until 2:10AM Tue	Moon – Orange		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata</i>			

5	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Bradford, UK Sun 27
	Dhanus Rasi: 3.59	Tithi 14	Gulika 12:11PM – 2:16PM	Mula* Until 8:46PM	Ganesha: White	<i>Sunrise:</i> 3:52AM	Subhakrit 5124
			Yama 8:01AM – 10:06AM	Brahma Until 11:22AM	Muruqa: Green	<i>Sunset:</i> 8:31PM	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 Rahu 4:21PM – 6:26PM	Gara Until 12:20PM	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 10:26PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Ani			

	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Bradford, UK Sun 28
	Copper Retreat Star		Gulika 10:07AM – 12:11PM	Purvashadha* Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 3:53AM	Subhakrit 5124
	Dhanus Rasi: 19.11	Tithi 15	Yama 5:57AM – 8:02AM	Indra Until 7:11AM	Muruqa: Green	<i>Sunset:</i> 8:30PM	Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488755471 Rahu 12:11PM – 2:16PM	Visti Until 8:32AM	Nataraja: Yellow		
		Satguru Purnima	Purnima* Until 6:35PM	Moon – Light Blue		Devaloka Day	
				Ashada*Ani			

	Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Bradford, UK Sun 28
	Silver Retreat Star		Gulika 8:03AM – 10:07AM	Uttarashadha Until 2:40PM	Ganesha: Yellow	<i>Sunrise:</i> 3:54AM	Subhakrit 5124
	Makara Rasi: 4.25	Tithi 16 – 17	Yama 3:54AM – 5:58AM	Vishkambha* Until 10:47PM	Muruqa: Green	<i>Sunset:</i> 8:28PM	Moon 6 - Phase 12 - Prathama
	Creative Work	Marana Yoga	488755471 Rahu 2:16PM – 4:20PM	Taitila Until 12:59AM Fri	Nataraja: Yellow		
			Prathama* Until 2:47PM	Moon – Light Blue		Devaloka Day	
				Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bradford, UK
Sun 1
Sutra 89
Subhakrit 5124

Makara Rasi: 19.32 Tilthi 17 – 18

Gulika 5:59AM – 8:03AM
Yama 4:19PM – 6:23PM
498755471 **Rahu** 10:07AM – 12:11PM

Shravana Until 12:04PM
Priti Until 6:54PM
Vanija Until 9:35PM
Dvitiya Until 11:13AM

Ganesha: Blue *Sunrise:* 3:55AM
Muruqa: Green *Sunset:* 8:27PM
Nataraja: Yellow
Moon – Purple
Ashada•Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 12:04PM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Bradford, UK
Sun 2
Sutra 90
Subhakrit 5124

Kumbha Rasi: 4.23 Tilthi 18 – 19

Gulika 3:57AM – 6:00AM
Yama 2:15PM – 4:19PM
498755471 **Rahu** 8:04AM – 10:08AM

Dhanishtha Until 9:44AM
Ayushman Until 3:22PM
Bava Until 6:40PM
Tritiya Until 8:02AM

Ganesha: Blue *Sunrise:* 3:57AM
Muruqa: Green *Sunset:* 8:26PM
Nataraja: Yellow
Moon – Purple
Ashada•Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 9:44AM
Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Bradford, UK
Sun 3
Sutra 91
Subhakrit 5124

Kumbha Rasi: 18.49 Tilthi 20

Gulika 4:18PM – 6:22PM
Yama 12:12PM – 2:15PM
498755472 **Rahu** 6:22PM – 8:25PM

Shatabhishak Until 7:50AM
Saubhagya Until 12:22PM
Kaulava Until 4:22PM
Panchami Until 3:29AM Mon

Ganesha: Blue *Sunrise:* 3:58AM
Muruqa: Green *Sunset:* 8:25PM
Nataraja: White
Moon – Purple
Ashada•Adi

Bhuloka Day

Creative Work Siddha Yoga
Then Creative Work - Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Bradford, UK
Sun 4
Sutra 92
Subhakrit 5124

Meena Rasi: 2.47 Tilthi 21

Gulika 2:15PM – 4:18PM
Yama 10:09AM – 12:12PM
418755472 **Rahu** 6:02AM – 8:06AM

Purvaproshtapada* Until 6:56AM
Sobhana Until 9:58AM
Gara Until 2:50PM
Shashthi* Until 2:22AM Tue

Ganesha: White *Sunrise:* 3:59AM
Muruqa: Green *Sunset:* 8:24PM
Nataraja: White
Moon – Clear
Ashada•Adi

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 6:56AM
Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Uttaraproshtapada* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Bradford, UK
Sun 5
Sutra 93
Subhakrit 5124

Meena Rasi: 16.16 Tilthi 22

Gulika 12:12PM – 2:14PM
Yama 8:06AM – 10:09AM
419755472 **Rahu** 4:17PM – 6:20PM

Uttaraproshtapada Until 6:42AM
Athiganda* Until 8:13AM
Visti Until 2:09PM
Saptami Until 2:06AM Wed

Ganesha: Clear *Sunrise:* 4:01AM
Muruqa: Green *Sunset:* 8:23PM
Nataraja: White
Moon – Clear
Ashada•Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 6:42AM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Bradford, UK
Sun 6
Sutra 94
Subhakrit 5124

Meena Rasi: 29.17 Tilthi 23

Gulika 10:09AM – 12:12PM
Yama 6:05AM – 8:07AM
419755472 **Rahu** 12:12PM – 2:14PM

Revati Until 7:10AM
Sukarma Until 7:11AM
Balava Until 2:19PM
Ashtami* Until 2:42AM Thu

Ganesha: Clear *Sunrise:* 4:02AM
Muruqa: Green *Sunset:* 8:21PM
Nataraja: White
Moon – Clear
Ashada•Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Bradford, UK
Sun 7
Sutra 95
Subhakrit 5124

Mesha Rasi: 11.53 Tilthi 24

Gulika 8:08AM – 10:10AM
Yama 4:04AM – 6:06AM
429755472 **Rahu** 2:14PM – 4:16PM

Ashvini Until 8:46AM
Dhriti Until 6:49AM
Taitila Until 3:19PM
Navami* Until 4:03AM Fri

Ganesha: Purple *Sunrise:* 4:04AM
Muruqa: Green *Sunset:* 8:20PM
Nataraja: White
Moon – White
Ashada•Adi

Devaloka Day

Creative Work Amrita Yoga
Until 8:46AM
Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula/Ganda Yoga Vanija/Visti Karana Dashamyam Titau				Bradford, UK Sun 8 Sutra 96
	Mesha Rasi: 24.1	Tithi 25	Gulika 6:07AM – 8:08AM Yama 4:15PM – 6:17PM 429755472 Rahu 10:10AM – 12:12PM	Bharani Until 10:54AM Shula* Until 6:59AM Vanija Until 4:59PM Dashami Until 5:59AM Sat	Ganesha: Purple Muruqa: Green Nataraja: White Moon – White Ashada-Adi	<i>Sunrise:</i> 4:05AM <i>Sunset:</i> 8:19PM	Subhakrit 5124 Moon 7 - Phase 14 - 8 2nd Phase Devaloka Day
	Creative Work	Siddha Yoga					


2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda/Vridhhi Yoga Bava Karana Ekadashyam Titau				Bradford, UK Sun 9 Sutra 97
	Vrishabha Rasi: 6.13	Tithi 26	Gulika 4:07AM – 6:08AM Yama 2:13PM – 4:15PM 429755472 Rahu 8:09AM – 10:11AM	Krittika Until 1:24PM Ganda* Until 7:37AM Bava Until 7:08PM Ekadashi* Until 8:18AM Sun	Ganesha: Purple Muruqa: Green Nataraja: White Moon – White Ashada-Adi	<i>Sunrise:</i> 4:07AM <i>Sunset:</i> 8:17PM	Subhakrit 5124 Moon 7 - Phase 14 - 9 2nd Phase Devaloka Day
	Creative Work	Amrita Yoga					


3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bradford, UK Sun 10 Sutra 98
	Vrishabha Rasi: 18.08	Tithi 26 – 27	Gulika 4:14PM – 6:15PM Yama 12:12PM – 2:13PM 439755472 Rahu 6:15PM – 8:16PM	Rohini Until 4:32PM Vridhhi Until 8:32AM Kaulava Until 9:34PM Ekadashi* Until 8:18AM	Ganesha: Clear Muruqa: Green Nataraja: White Moon – Yellow Ashada-Adi	<i>Sunrise:</i> 4:08AM <i>Sunset:</i> 8:16PM	Subhakrit 5124 Moon 7 - Phase 14 - 10 2nd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Creative Work	Siddha Yoga					

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Bradford, UK Sun 11 Sutra 99
	Vrishabha Rasi: 29.57	Tithi 27 – 28	Gulika 2:12PM – 4:13PM Yama 10:11AM – 12:12PM 439755472 Rahu 6:10AM – 8:11AM	Mrigashira Until 7:37PM Dhruva Until 9:34AM Gara Until 12:06AM Tue Dvadashi* Until 10:49AM	Ganesha: Clear Muruqa: Green Nataraja: White Moon – Yellow Ashada-Adi	<i>Sunrise:</i> 4:10AM <i>Sunset:</i> 8:14PM	Subhakrit 5124 Moon 7 - Phase 14 - 11 2nd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Family Home Evening	Amrita Yoga					

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata/Harshana Yoga Vanija/Visti Karana Trayodashi/Chaturdashyam Titau				Bradford, UK Sun 12 Sutra 100
	Mithuna Rasi: 11.46	Tithi 28 – 29	Gulika 12:12PM – 2:12PM Yama 8:12AM – 10:12AM 439755472 Rahu 4:12PM – 6:12PM	Ardra Until 10:30PM Vyaghata* Until 10:38AM Visti Until 2:34AM Wed Trayodashi* Until 1:20PM	Ganesha: Clear Muruqa: Green Nataraja: White Moon – Yellow Ashada-Adi	<i>Sunrise:</i> 4:11AM <i>Sunset:</i> 8:13PM	Subhakrit 5124 Moon 7 - Phase 14 - 12 2nd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Routine Work	Marana Yoga					

6	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Titau				Bradford, UK Sun 13 Sutra 101
	Mithuna Rasi: 23.37	Tithi 29 – 30	Gulika 10:12AM – 12:12PM Yama 6:13AM – 8:12AM 441755472 Rahu 12:12PM – 2:12PM	Punarvasu Until 1:35AM Thu Harshana Until 11:37AM Catuspada Until 4:52AM Thu Chaturdashi* Until 3:44PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue Ashada-Adi	<i>Sunrise:</i> 4:13AM <i>Sunset:</i> 8:11PM	Subhakrit 5124 Moon 7 - Phase 14 - 13 2nd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Creative Work	Siddha Yoga					

	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra/Siddhi Yoga Naga/Kintughna Karana Amavasya/Prathamayam Titau				Bradford, UK Sun 14 Sutra 102
	Retreat Star		Gulika 8:13AM – 10:12AM Yama 4:14AM – 6:14AM 441755472 Rahu 2:11PM – 4:11PM	Pushya Until 4:16AM Fri Vajra* Until 12:26PM Kintughna Until 6:57AM Fri Amavasya* Until 5:55PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue Ashada-Adi	<i>Sunrise:</i> 4:14AM <i>Sunset:</i> 8:09PM	Subhakrit 5124 Moon 7 - Phase 14 - 14 Amavasya Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Kataka Rasi: 5.31	Tithi 30 – 1					

	Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha Nakshatra Siddhi/Vyalipata Yoga Kintughna/Bava Karana Prathamayam Titau				Bradford, UK Sun 15 Sutra 103
	Retreat Star		Gulika 6:15AM – 8:14AM Yama 4:10PM – 6:09PM 441755472 Rahu 10:13AM – 12:12PM	Ashlesha* Until 6:31AM Sat Siddhi Until 1:04PM Kintughna Until 6:57AM Prathama* Until 7:51PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue Sravana-Adi	<i>Sunrise:</i> 4:16AM <i>Sunset:</i> 8:08PM	Subhakrit 5124 Moon 7 - Phase 14 - 15 Prathama Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Kataka Rasi: 17.31	Tithi 1					

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau				Bradford, UK Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 29.38	Tithi 2	Gulika 4:18AM – 6:16AM	Ashlesha* Until 6:31AM	Ganesha: Yellow	Sunrise: 4:18AM	Muruqa: Green	Sunset: 8:06PM	Moon 7 - Phase 15 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 2:10PM – 4:09PM	Vyatipata* Until 1:30PM	Nataraja: White		Moon – Blue		Bhuloka Day Devaloka Time: 9:AM to12:PM
Until 6:31AM		441755472 Rahu 8:15AM – 10:13AM	Balava Until 8:44AM	Moon – Red		Sravana*Adi		
Then Creative Work - Amrita Yoga			Dvitiya Until 9:29PM					

2		Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau				Bradford, UK Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 11.53	Tithi 3	Gulika 4:08PM – 6:06PM	Magha* Until 8:48AM	Ganesha: Red	Sunrise: 4:19AM	Muruqa: Green	Sunset: 8:04PM	Moon 7 - Phase 15 - 17 3rd Phase
Routine Work	Marana Yoga	Yama 12:12PM – 2:10PM	Varyan Until 1:39PM	Nataraja: White		Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM
Until 8:48AM		451755472 Rahu 6:06PM – 8:04PM	Taitila Until 10:12AM	Moon – Red		Sravana*Adi		
Then Creative Work - Siddha Yoga			Tritiya Until 10:47PM					

3		Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Bradford, UK Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 24.16	Tithi 4	Gulika 2:09PM – 4:07PM	Purvaphalguni Until 10:35AM	Ganesha: Red	Sunrise: 4:21AM	Muruqa: Green	Sunset: 8:03PM	Moon 7 - Phase 15 - 18 3rd Phase
Family Home Evening		Yama 10:14AM – 12:12PM	Parigha* Until 1:32PM	Nataraja: White		Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work	Siddha Yoga	451755472 Rahu 6:19AM – 8:16AM	Vanija Until 11:19AM	Moon – Red		Sravana*Adi		
			Chaturthi* Until 11:43PM					

4		Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Bradford, UK Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 6.5	Tithi 5	Gulika 12:12PM – 2:09PM	Uttaraphalguni Until 11:48AM	Ganesha: Red	Sunrise: 4:22AM	Muruqa: Green	Sunset: 8:01PM	Moon 7 - Phase 15 - 19 3rd Phase
Creative Work	Amrita Yoga	Yama 8:17AM – 10:14AM	Shiva Until 1:06PM	Nataraja: White		Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM
Until 11:48AM		451755472 Rahu 4:06PM – 6:04PM	Bava Until 12:02PM	Moon – Red		Sravana*Adi		
Then Creative Work - Siddha Yoga		Nag Panchami	Panchami Until 12:12AM Wed					

5		Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Bradford, UK Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 19.37	Tithi 6	Gulika 10:15AM – 12:12PM	Hasta Until 12:53PM	Ganesha: Blue	Sunrise: 4:24AM	Muruqa: Green	Sunset: 7:59PM	Moon 7 - Phase 15 - 20 3rd Phase
Routine Work	Marana Yoga	Yama 6:21AM – 8:18AM	Siddha Until 12:17PM	Nataraja: White		Moon – Green		Devaloka Day
Until 12:53PM		461755472 Rahu 12:12PM – 2:08PM	Kaulava Until 12:17PM	Moon – Green		Sravana*Adi		
Then Creative Work - Siddha Yoga			Shashthi* Until 12:11AM Thu					

6		Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Bradford, UK Sun 21 Sutra 109 Subhakrit 5124
Tula Rasi: 2.38	Tithi 7	Gulika 8:19AM – 10:15AM	Chitra Until 1:17PM	Ganesha: Blue	Sunrise: 4:26AM	Muruqa: Green	Sunset: 7:57PM	Moon 7 - Phase 15 - 21 3rd Phase
Creative Work	Siddha Yoga	Yama 4:26AM – 6:22AM	Sadhya Until 11:03AM	Nataraja: White		Moon – Green		Devaloka Day
Until 1:17PM		461755472 Rahu 2:08PM – 4:04PM	Gara Until 12:00PM	Moon – Green		Sravana*Adi		
Then Creative Work - Amrita Yoga			Saptami Until 11:37PM					

☾		Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Bradford, UK Sun 22 Sutra 110 Subhakrit 5124
Tula Rasi: 15.58	Tithi 8	Gulika 6:23AM – 8:19AM	Svati Until 12:58PM	Ganesha: Blue	Sunrise: 4:27AM	Muruqa: White	Sunset: 7:55PM	Moon 7 - Phase 15 - 22 Ashtami
Creative Work	Siddha Yoga	Yama 4:03PM – 5:59PM	Subha Until 9:22AM	Nataraja: White		Moon – Green		Devaloka Day
		461765472 Rahu 10:15AM – 12:11PM	Visti Until 11:07AM	Moon – Green		Sravana*Adi		
		Varalakshmi Vratam	Ashtami* Until 10:26PM					

☽		Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Bradford, UK Sun 23 Sutra 111 Subhakrit 5124
Tula Rasi: 29.4	Tithi 9	Gulika 4:29AM – 6:25AM	Vishakha Until 12:19PM	Ganesha: White	Sunrise: 4:29AM	Muruqa: White	Sunset: 7:53PM	Moon 7 - Phase 15 - 23 Navami
Creative Work	Siddha Yoga	Yama 2:07PM – 4:02PM	Sukla Until 7:09AM	Nataraja: White		Moon – Orange		Bhuloka Day
		472765472 Rahu 8:20AM – 10:16AM	Balava Until 9:38AM	Moon – Orange		Sravana*Adi		
			Navami* Until 8:38PM					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 5/1/20

www.gurudeva.org/panchang

1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau				Bradford, UK Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 13.43	Tithi 10	Gulika 4:01PM – 5:56PM	Anuradha Until 10:56AM	Ganesha: Yellow	<i>Sunrise:</i> 4:31AM	
		Yama 12:11PM – 2:06PM	Indra Until 1:20AM Mon	Muruqa: White	<i>Sunset:</i> 7:51PM	Moon 7 - Phase 16 - 24
472865472	Rahu 5:56PM – 7:51PM		Taitila Until 7:32AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 6:16PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bradford, UK Sun 25 Sutra 113 Subhakrit 5124
Vrischika Rasi: 28.09	Tithi 11 – 12	Gulika 2:06PM – 4:00PM	Jyeshtha* Until 8:53AM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	
Family Home Evening		Yama 10:16AM – 12:11PM	Vaidhriti* Until 9:48PM	Muruqa: White	<i>Sunset:</i> 7:49PM	Moon 7 - Phase 16 - 25
472865472	Rahu 6:27AM – 8:22AM		Bava Until 1:51AM Tue	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 3:25PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkamba*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bradford, UK Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 12.53	Tithi 12 – 13	Gulika 12:11PM – 2:05PM	Mula* Until 6:41AM	Ganesha: White	<i>Sunrise:</i> 4:34AM	
		Yama 8:23AM – 10:17AM	Vishkamba* Until 5:59PM	Muruqa: White	<i>Sunset:</i> 7:47PM	Moon 7 - Phase 16 - 26
482865472	Rahu 3:59PM – 5:53PM		Kaulava Until 10:28PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 12:10PM	Moon – Light Blue		Devaloka Day
Until 6:41AM				Sravana*Adi		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bradford, UK Sun 27 Sutra 115 Subhakrit 5124
Dhanus Rasi: 27.52	Tithi 13 – 14	Gulika 10:17AM – 12:11PM	Uttarashadha Until 1:11AM Thu	Ganesha: White	<i>Sunrise:</i> 4:36AM	
		Yama 6:30AM – 8:23AM	Priti Until 2:01PM	Muruqa: White	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 16 - 27
482865472	Rahu 12:11PM – 2:04PM		Gara Until 6:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 8:41AM	Moon – Light Blue		Devaloka Day
Until 1:11AM Thu				Sravana*Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Bradford, UK Sutra 116 Subhakrit 5124
Makara Rasi: 12.56	Tithi 15	Gulika 8:24AM – 10:17AM	Shravana Until 10:36PM	Ganesha: Clear	<i>Sunrise:</i> 4:38AM	
		Yama 4:38AM – 6:31AM	Ayushman Until 9:59AM	Muruqa: White	<i>Sunset:</i> 7:43PM	Moon 7 - Phase 16 -
492865472	Rahu 2:04PM – 3:57PM		Visti Until 3:20PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:35AM Fri	Moon – Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Bradford, UK Sutra 117 Subhakrit 5124
Makara Rasi: 27.56	Tithi 16	Gulika 6:32AM – 8:25AM	Dhanishtha Until 8:06PM	Ganesha: Clear	<i>Sunrise:</i> 4:39AM	
		Yama 3:56PM – 5:49PM	Saubhagya Until 6:02AM	Muruqa: White	<i>Sunset:</i> 7:41PM	Moon 7 - Phase 16 -
492865472	Rahu 10:18AM – 12:10PM		Balava Until 11:55AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:18PM	Moon – Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Bradford, UK
Sun 1
Sutra 118

Kumbha Rasi: 12.43 Tithi 17

Gulika 4:41AM – 6:33AM
Yama 2:02PM – 3:55PM
492865472 Rahu 8:26AM – 10:18AM

Shatabhishak Until 5:51PM
Athiganda* Until 10:59PM
Taitila Until 8:50AM
Dvitiya Until 7:26PM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Purple
Sunrise: 4:41AM
Sunset: 7:39PM
Sravana*Adi

Moon 8 - Phase 17 - 1
1st Phase

Creative Work Amrita Yoga

Until 5:51PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sukarma Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau

Bradford, UK
Sun 2
Sutra 119

Kumbha Rasi: 27.1 Tithi 18 – 19

Gulika 3:54PM – 5:45PM
Yama 12:10PM – 2:02PM
412865472 Rahu 5:45PM – 7:37PM

Purvaproshtapada* Until 4:27PM
Sukarma Until 8:08PM
Vanija Until 6:13AM
Tritiya Until 5:08PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Clear
Sunrise: 4:43AM
Sunset: 7:37PM
Sravana*Adi

Moon 8 - Phase 17 - 2
1st Phase

Creative Work Siddha Yoga

Until 4:27PM

Then Creative Work - Amrita Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bradford, UK
Sun 3
Sutra 120

Meena Rasi: 11.1 Tithi 19 – 20

Family Home Evening

Gulika 2:01PM – 3:52PM
Yama 10:19AM – 12:10PM
412865472 Rahu 6:36AM – 8:27AM

Uttaraproshtapada Until 3:37PM
Dhriti Until 5:53PM
Kaulava Until 3:05AM Tue
Chaturthi* Until 3:33PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Clear
Sunrise: 4:45AM
Sunset: 7:35PM
Sravana*Adi

Moon 8 - Phase 17 - 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bradford, UK
Sun 4
Sutra 121

Meena Rasi: 24.43 Tithi 20 – 21

Creative Work Siddha Yoga

Gulika 12:10PM – 2:00PM
Yama 8:28AM – 10:19AM
412865472 Rahu 3:51PM – 5:42PM

Revati Until 3:27PM
Shula* Until 4:18PM
Gara Until 2:46AM Wed
Panchami Until 2:48PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Clear
Sunrise: 4:46AM
Sunset: 7:33PM
Sravana*Adi

Moon 8 - Phase 17 - 4
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Bradford, UK
Sun 5
Sutra 122

Mesha Rasi: 7.46 Tithi 21 – 22

Routine Work Marana Yoga

Until 4:27PM

Then Creative Work - Siddha Yoga

Gulika 10:19AM – 12:09PM
Yama 6:38AM – 8:29AM
522865472 Rahu 12:09PM – 2:00PM

Ashvini Until 4:27PM
Ganda* Until 3:25PM
Visti Until 3:19AM Thu
Shashthi* Until 2:55PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – White
Sunrise: 4:48AM
Sunset: 7:31PM
Sravana*Avani

Moon 8 - Phase 17 - 5
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bradford, UK
Sun 6
Sutra 123

Mesha Rasi: 20.25 Tithi 22 – 23

Creative Work Siddha Yoga

Until 6:06PM

Then Routine Work - Marana Yoga

Gulika 8:29AM – 10:19AM
Yama 4:50AM – 6:40AM
522865472 Rahu 1:59PM – 3:49PM

Bharani Until 6:06PM
Vridhhi Until 3:12PM
Balava Until 4:40AM Fri
Saptami Until 3:53PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – White
Sunrise: 4:50AM
Sunset: 7:29PM
Sravana*Avani

Moon 8 - Phase 17 - 6
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bradford, UK
Sun 7
Sutra 124

Vrishabha Rasi: 2.43 Tithi 23 – 24

Creative Work Siddha Yoga

Until 8:16PM

Then Routine Work - Marana Yoga

Gulika 6:41AM – 8:30AM
Yama 3:48PM – 5:37PM
523865472 Rahu 10:20AM – 12:09PM

Krishna Janmashtami

Krittika Until 8:16PM
Dhruva Until 3:30PM
Taitila Until 6:37AM Sat
Ashtami* Until 5:33PM

Ganesha: White
Muruga: White
Nataraja: White
Moon – White
Sunrise: 4:52AM
Sunset: 7:26PM
Sravana*Avani

Moon 8 - Phase 17 - 7
Ashtami

Bhuloka Day

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Bradford, UK
Sun 8
Sutra 125

Vrishabha Rasi: 14.46 Tithi 24

Creative Work Amrita Yoga

Until 11:13PM

Then Creative Work - Siddha Yoga

Gulika 4:53AM – 6:42AM
Yama 1:58PM – 3:46PM
533865472 Rahu 8:31AM – 10:20AM

Rohini Until 11:13PM
Vyaghata* Until 4:13PM
Taitila Until 6:37AM
Navami* Until 7:44PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Yellow
Sunrise: 4:53AM
Sunset: 7:24PM
Sravana*Avani

Moon 8 - Phase 17 - 8
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1		Sunday, August 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Bradford, UK
Vrishabha Rasi: 26.41		Titithi 25		Sun 9		Sutra 126		Subhakrit 5124
533865472		Gulika	3:45PM – 5:34PM	Mrigashira	Until 2:14AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	
Creative Work		Yama	12:08PM – 1:57PM	Harshana Until 5:11PM		Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 8 - Phase 18 - 9
Siddha Yoga		Rahu	5:34PM – 7:22PM	Vanija Until 8:57AM		Nataraja: White		2nd Phase
				Dashami	Until 10:10PM	Bhuloka Day		Devaloka Time: 6:AM to 9:AM
						Sravana-Avani		

2		Monday, August 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Bradford, UK
Mithuna Rasi: 8.31		Titithi 26		Sun 10		Sutra 127		Subhakrit 5124
533865472		Gulika	1:56PM – 3:44PM	Ardra	Until 5:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	
Family Home Evening		Yama	10:20AM – 12:08PM	Vajra* Until 6:11PM		Muruqa: White	<i>Sunset:</i> 7:20PM	Moon 8 - Phase 18 - 10
Creative Work		Rahu	6:45AM – 8:33AM	Bava Until 11:27AM		Nataraja: White		2nd Phase
				Ekadashi*	Until 12:40AM Tue	Bhuloka Day		Devaloka Time: 6:AM to 9:AM
						Sravana-Avani		

3		Tuesday, August 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Kaulava/Tailita Karana Dvadashyam Titau				Bradford, UK
Mithuna Rasi: 20.21		Titithi 27		Sun 11		Sutra 128		Subhakrit 5124
543865472		Gulika	12:08PM – 1:55PM	Punarvasu	Until 8:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 4:59AM	
Creative Work		Yama	8:33AM – 10:21AM	Siddhi Until 7:07PM		Muruqa: White	<i>Sunset:</i> 7:17PM	Moon 8 - Phase 18 - 11
Siddha Yoga		Rahu	3:43PM – 5:30PM	Kaulava Until 1:54PM		Nataraja: White		2nd Phase
				Dvadashi*	Until 3:02AM Wed	Bhuloka Day		
						Sravana-Avani		

4		Wednesday, August 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Bradford, UK
Kataka Rasi: 2.16		Titithi 28		Sun 12		Sutra 129		Subhakrit 5124
543865472		Gulika	10:21AM – 12:08PM	Punarvasu	Until 8:08AM	Ganesha: Blue	<i>Sunrise:</i> 5:00AM	
Creative Work		Yama	6:47AM – 8:34AM	Vyatipata* Until 7:54PM		Muruqa: White	<i>Sunset:</i> 7:15PM	Moon 8 - Phase 18 - 12
Siddha Yoga		Rahu	12:08PM – 1:55PM	Gara Until 4:08PM		Nataraja: White		2nd Phase
				Trayodashi*	Until 5:08AM Thu	Bhuloka Day		
						Sravana-Avani		
				<i>Pradosha Vrata (Fasting)</i>				

5		Thursday, August 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan Yoga Visti* Karana Chaturdashyam Titau				Bradford, UK
Kataka Rasi: 14.16		Titithi 29		Sun 13		Sutra 130		Subhakrit 5124
543865472		Gulika	8:35AM – 10:21AM	Pushya	Until 10:45AM	Ganesha: Blue	<i>Sunrise:</i> 5:02AM	
Creative Work		Yama	5:02AM – 6:48AM	Variyan Until 8:24PM		Muruqa: White	<i>Sunset:</i> 7:13PM	Moon 8 - Phase 18 - 13
Amrita Yoga		Rahu	1:54PM – 3:40PM	Visti Until 6:04PM		Nataraja: White		2nd Phase
				Chaturdashi*	Until 6:53AM Fri	Bhuloka Day		
						Sravana-Avani		

●		Friday, August 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bradford, UK
Kataka Rasi: 26.25		Titithi 29 – 30		Sun 14		Sutra 131		Subhakrit 5124
543865472		Gulika	6:50AM – 8:35AM	Ashlesha*	Until 12:51PM	Ganesha: Blue	<i>Sunrise:</i> 5:04AM	
Routine Work		Yama	3:39PM – 5:25PM	Parigha* Until 8:38PM		Muruqa: White	<i>Sunset:</i> 7:11PM	Moon 8 - Phase 18 - 14
Marana Yoga		Rahu	10:21AM – 12:07PM	Catuspada Until 7:38PM		Nataraja: White		Amavasya
				Chaturdashi*	Until 6:53AM	Bhuloka Day		
						Sravana-Avani		

Retreat Star		Saturday, August 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Bradford, UK
Simha Rasi: 8.43		Titithi 30 – 1		Sun 15		Sutra 132		Subhakrit 5124
553865472		Gulika	5:05AM – 6:51AM	Magha*	Until 2:54PM	Ganesha: Blue	<i>Sunrise:</i> 5:05AM	
Creative Work		Yama	1:52PM – 3:38PM	Shiva Until 8:35PM		Muruqa: White	<i>Sunset:</i> 7:08PM	Moon 8 - Phase 18 - 15
Amrita Yoga		Rahu	8:36AM – 10:22AM	Kintughna Until 8:49PM		Nataraja: White		Prathama
				Amavasya*	Until 8:15AM	Bhuloka Day		
						Bhadrapada-Avani		
				Then Creative Work - Siddha Yoga				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 5/1/20

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1		Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bradford, UK
Simha Rasi: 21.11	Tithi 1 – 2	553865473	Gulika 3:36PM – 5:21PM Yama 12:07PM – 1:51PM Rahu 5:21PM – 7:06PM	Purvaphalguni Until 4:24PM Siddha Until 8:11PM Balava Until 9:36PM Prathama* Until 9:14AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:07AM Sunset: 7:06PM	Sun 16 Sutra 133 Subhakrit 5124 Moon 8 - Phase 19 - 16 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga Until 4:24PM Then Creative Work - Amrita Yoga								

2		Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Bradford, UK
Kanya Rasi: 3.51	Tithi 2 – 3	553865473	Gulika 1:51PM – 3:35PM Yama 10:22AM – 12:06PM Rahu 6:53AM – 8:38AM	Uttaraphalguni Until 5:22PM Sadhya Until 7:30PM Taitila Until 9:59PM Dvitiya Until 9:49AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:09AM Sunset: 7:04PM	Sun 17 Sutra 134 Subhakrit 5124 Moon 8 - Phase 19 - 17 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Family Home Evening Creative Work Siddha Yoga								

3		Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Bradford, UK
Kanya Rasi: 16.41	Tithi 3 – 4	563865473	Gulika 12:06PM – 1:50PM Yama 8:38AM – 10:22AM Rahu 3:34PM – 5:17PM	Hasta Until 6:17PM Subha Until 6:32PM Vanija Until 10:00PM Tritiya Until 10:01AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:11AM Sunset: 7:01PM	Sun 18 Sutra 135 Subhakrit 5124 Moon 8 - Phase 19 - 18 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga		Ganesha Chaturthi						

4		Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bradford, UK
Kanya Rasi: 29.43	Tithi 4 – 5	563965473	Gulika 10:22AM – 12:06PM Yama 6:56AM – 8:39AM Rahu 12:06PM – 1:49PM	Chitra Until 6:39PM Sukla Until 5:14PM Bava Until 9:38PM Chaturthi* Until 9:51AM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:12AM Sunset: 6:59PM	Sun 19 Sutra 136 Subhakrit 5124 Moon 8 - Phase 19 - 19 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								

5		Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Bradford, UK
Tula Rasi: 12.56	Tithi 5 – 6	563965473	Gulika 8:40AM – 10:23AM Yama 5:14AM – 6:57AM Rahu 1:48PM – 3:31PM	Svati Until 6:30PM Brahma Until 3:38PM Kaulava Until 8:52PM Panchami Until 9:17AM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:14AM Sunset: 6:57PM	Sun 20 Sutra 137 Subhakrit 5124 Moon 8 - Phase 19 - 20 3rd Phase	Devaloka Day
Creative Work Amrita Yoga Until 6:30PM Then Creative Work - Siddha Yoga								

6		Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bradford, UK
Tula Rasi: 26.23	Tithi 6 – 7	573965473	Gulika 6:58AM – 8:40AM Yama 3:30PM – 5:12PM Rahu 10:23AM – 12:05PM	Vishakha Until 6:14PM Indra Until 1:43PM Gara Until 7:41PM Shashthi* Until 8:18AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Orange	Sunrise: 5:16AM Sunset: 6:54PM	Sun 21 Sutra 138 Subhakrit 5124 Moon 8 - Phase 19 - 21 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga								

Retreat Star		Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bradford, UK
Vrischika Rasi: 10.04	Tithi 7 – 8	574965473	Gulika 5:18AM – 6:59AM Yama 1:46PM – 3:28PM Rahu 8:41AM – 10:23AM	Anuradha Until 5:24PM Vaidhriti* Until 11:26AM Visti Until 6:05PM Saptami Until 6:55AM	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Orange	Sunrise: 5:18AM Sunset: 6:52PM	Sun 22 Sutra 139 Subhakrit 5124 Moon 8 - Phase 19 - 22 Ashtami	Devaloka Day
Creative Work Siddha Yoga								

Retreat Star		Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Bradford, UK
Vrischika Rasi: 24.01	Tithi 9	574965473	Gulika 3:27PM – 5:08PM Yama 12:04PM – 1:46PM Rahu 5:08PM – 6:49PM	Jyeshtha* Until 4:01PM Vishkambha* Until 8:49AM Balava Until 4:05PM Navami* Until 2:55AM Mon	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Orange	Sunrise: 5:19AM Sunset: 6:49PM	Sun 23 Sutra 140 Subhakrit 5124 Moon 8 - Phase 19 - 23 Navami	Devaloka Day
Routine Work Marana Yoga Until 4:01PM Then Creative Work - Amrita Yoga								


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Bradford, UK Sun 24 Sutra 141 Subhakrit 5124	
Dhanus Rasi: 8.13	Tithi 10	Gulika	1:45PM – 3:25PM	Mula* Until 2:32PM	Ganesha: White	<i>Sunrise:</i> 5:21AM	
Family Home Evening	584965473	Yama	10:23AM – 12:04PM	Ayushman Until 2:42AM Tue	Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 20 - 24
Creative Work	Siddha Yoga	Rahu	7:02AM – 8:43AM	Taitila Until 1:42PM	Nataraja: Clear		4th Phase
Until 2:32PM				Dashami Until 12:22AM Tue	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Bradford, UK Sun 25 Sutra 142 Subhakrit 5124	
Dhanus Rasi: 22.39	Tithi 11	Gulika	12:04PM – 1:44PM	Purvashadha* Until 12:36PM	Ganesha: White	<i>Sunrise:</i> 5:23AM	
	584965473	Yama	8:43AM – 10:24AM	Saubhagya Until 11:16PM	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20 - 25
Creative Work	Siddha Yoga	Rahu	3:24PM – 5:04PM	Vanija Until 11:00AM	Nataraja: Clear		4th Phase
Until 12:36PM				Ekadashi Until 9:33PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Prabarashita Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Bradford, UK Sun 26 Sutra 143 Subhakrit 5124	
Makara Rasi: 7.15	Tithi 12	Gulika	10:24AM – 12:03PM	Uttarashadha Until 10:20AM	Ganesha: White	<i>Sunrise:</i> 5:25AM	
	584965473	Yama	7:04AM – 8:44AM	Sobhana Until 7:44PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 20 - 26
Creative Work	Amrita Yoga	Rahu	12:03PM – 1:43PM	Bava Until 8:05AM	Nataraja: Clear		4th Phase
Until 10:20AM				Dvadashi Until 6:34PM	Moon – Light Blue	Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Bradford, UK Sun 27 Sutra 144 Subhakrit 5124	
Makara Rasi: 21.57	Tithi 13 – 14	Gulika	8:45AM – 10:24AM	Shravana Until 8:15AM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	
	594965473	Yama	5:26AM – 7:06AM	Athiganda* Until 4:09PM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga	Rahu	1:42PM – 3:21PM	Gara Until 2:05AM Fri	Nataraja: Clear		4th Phase
				Chidambaram Abhishekam	Moon – Purple	Devaloka Day	
				Trayodashi Until 3:33PM	Bhadrapada*Avani		
				<i>Pradosha Vrata</i>			

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Bradford, UK Sun 28 Sutra 145 Subhakrit 5124	
Kumbha Rasi: 6.37	Tithi 14 – 15	Gulika	7:07AM – 8:45AM	Dhanishtha Until 6:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	
	594965473	Yama	3:20PM – 4:59PM	Sukarma Until 12:40PM	Muruqa: White	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 20 -
Creative Work	Siddha Yoga	Rahu	10:24AM – 12:03PM	Visti Until 11:17PM	Nataraja: Clear		Purnima
				Chaturdashi* Until 12:38PM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

5		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Bradford, UK Sun 29 Sutra 146 Subhakrit 5124	
Kumbha Rasi: 21.07	Tithi 15 – 16	Gulika	5:30AM – 7:08AM	Purvaproshtapada* Until 2:31AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	
	514965473	Yama	1:40PM – 3:19PM	Dhriti Until 9:25AM	Muruqa: White	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20 -
Routine Work	Marana Yoga	Rahu	8:46AM – 10:24AM	Balava Until 8:49PM	Nataraja: Clear		Prathama
Until 2:31AM Sun				Purnima* Until 9:59AM	Moon – Clear	Devaloka Day	
Then Creative Work - Amrita Yoga					Bhadrapada*Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Uttaraproshtapada Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bradford, UK
Sutra 147

Meena Rasi: 5.22 Tithi 16 – 17

514965473

Gulika 3:17PM – 4:55PM
Yama 12:02PM – 1:40PM
Rahu 4:55PM – 6:32PM

Uttaraproshtapada Until 1:27AM Mon
Shula* Until 6:28AM
Taitila Until 6:51PM
Prathama* Until 7:45AM

Ganesha: Clear *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Until 1:27AM Mon

Then Creative Work - Siddha Yoga

Grandparent's Day

Devaloka Day

Bhadrapada*Avani

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam
Revati Nakshatra Vriddhi Yoga Gara/Visli* Karana Dvitiya/Tritiyayam Titau

Bradford, UK
Sun 1 Sutra 148

Meena Rasi: 19.15 Tithi 17 – 18

514965473

Gulika 1:39PM – 3:16PM
Yama 10:25AM – 12:02PM
Rahu 7:10AM – 8:47AM

Revati Until 12:55AM Tue
Vriddhi Until 2:04AM Tue
Visli Until 5:06AM Tue
Dvitiya Until 6:05AM

Ganesha: Clear *Sunrise:* 5:33AM
Muruqa: White *Sunset:* 6:30PM
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 21 - 1
1st Phase

Family Home Evening

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada*Avani

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Bradford, UK
Sun 2 Sutra 149

Mesha Rasi: 2.44 Tithi 19

524965473

Gulika 12:01PM – 1:38PM
Yama 8:48AM – 10:25AM
Rahu 3:14PM – 4:51PM

Ashvini Until 1:25AM Wed
Dhruva Until 12:44AM Wed
Bava Until 4:56PM
Chaturthi* Until 4:55AM Wed

Ganesha: White *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada*Avani

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Bradford, UK
Sun 3 Sutra 150

Mesha Rasi: 15.47 Tithi 20

524965473

Gulika 10:25AM – 12:01PM
Yama 7:13AM – 8:49AM
Rahu 12:01PM – 1:37PM

Bharani Until 2:34AM Thu
Vyaghata* Until 12:03AM Thu
Kaulava Until 5:09PM
Panchami Until 5:32AM Thu

Ganesha: White *Sunrise:* 5:37AM
Muruqa: White *Sunset:* 6:25PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Until 2:34AM Thu

Then Routine Work - Marana Yoga

Bhuloka Day

Bhadrapada*Avani

Devaloka Time: 6:PM to 9:PM

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam
Krittika Nakshatra Harshana Yoga Gara Karana Shashthyam Titau

Bradford, UK
Sun 4 Sutra 151

Mesha Rasi: 28.26 Tithi 21

525965473

Gulika 8:50AM – 10:25AM
Yama 5:39AM – 7:14AM
Rahu 1:36PM – 3:12PM

Krittika Until 4:17AM Fri
Harshana Until 11:59PM
Gara Until 6:08PM
Shashthi* Until 6:53AM Fri

Ganesha: Clear *Sunrise:* 5:39AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Devaloka Day

Bhadrapada*Avani

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Rohini Nakshatra Vajra* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Bradford, UK
Sun 5 Sutra 152

Vrishabha Rasi: 10.47 Tithi 21 – 22

535965473

Gulika 7:15AM – 8:50AM
Yama 3:10PM – 4:45PM
Rahu 10:25AM – 12:00PM

Rohini Until 6:55AM Sat
Vajra* Until 12:22AM Sat
Visli Until 7:49PM
Shashthi* Until 6:53AM

Ganesha: White *Sunrise:* 5:40AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Until 6:55AM Sat

Then Creative Work - Siddha Yoga

Sivaloka Day

Bhadrapada*Avani

6

Saturday, September 17, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bradford, UK
Sun 6 Sutra 153

Vrishabha Rasi: 22.52 Tithi 22 – 23

535965473

Gulika 5:42AM – 7:16AM
Yama 1:34PM – 3:09PM
Rahu 8:51AM – 10:25AM

Rohini Until 6:55AM
Siddhi Until 1:06AM Sun
Balava Until 9:58PM
Saptami Until 8:50AM

Ganesha: White *Sunrise:* 5:42AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 21 - 6
Ashtami

Creative Work Amrita Yoga

Until 6:55AM

Then Creative Work - Siddha Yoga

Sivaloka Day

Bhadrapada*Puratasi

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bradford, UK
Sun 7 Sutra 154

Mithuna Rasi: 4.48 Tithi 23 – 24

535965473

Gulika 3:07PM – 4:41PM
Yama 12:00PM – 1:33PM
Rahu 4:41PM – 6:15PM

Mrigashira Until 9:44AM
Vyatipata* Until 2:01AM Mon
Taitila Until 12:23AM Mon
Ashtami* Until 11:09AM

Ganesha: White *Sunrise:* 5:44AM
Muruqa: White *Sunset:* 6:15PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada*Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 5/1/20

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1		Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Bradford, UK
Mithuna Rasi: 16.4	Tithi 24 – 25	Gulika	1:33PM – 3:06PM	Ardra Until 12:33PM	Ganesha: White	Sunrise: 5:46AM
Family Home Evening	535965473	Yama	10:26AM – 11:59AM	Variyan Until 2:54AM Tue	Muruqa: White	Sunset: 6:13PM
Creative Work	Siddha Yoga	Rahu	7:19AM – 8:52AM	Vanija Until 2:49AM Tue	Nataraja: Clear	Moon 9 - Phase 22 - 8
Until 12:33PM				Navami* Until 1:36PM	Moon – Yellow	2nd Phase
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	Sivaloka Day

2		Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bradford, UK
Mithuna Rasi: 28.33	Tithi 25 – 26	Gulika	11:59AM – 1:32PM	Punarvasu Until 3:36PM	Ganesha: Yellow	Sunrise: 5:47AM
545965473		Yama	8:53AM – 10:26AM	Parigha* Until 3:40AM Wed	Muruqa: White	Sunset: 6:10PM
Creative Work	Siddha Yoga	Rahu	3:05PM – 4:37PM	Bava Until 5:05AM Wed	Nataraja: Clear	Moon 9 - Phase 22 - 9
				Dashami Until 3:58PM	Moon – Blue	2nd Phase
					Bhadrapada-Puratasi	Devaloka Day

3		Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Shiva Yoga Balava Karana Ekadashyam Titau		Bradford, UK
Kataka Rasi: 10.3	Tithi 26	Gulika	10:26AM – 11:58AM	Pushya Until 6:15PM	Ganesha: Yellow	Sunrise: 5:49AM
545965473		Yama	7:21AM – 8:54AM	Shiva Until 4:12AM Thu	Muruqa: White	Sunset: 6:08PM
Creative Work	Siddha Yoga	Rahu	11:58AM – 1:31PM	Balava Until 6:04PM	Nataraja: Clear	Moon 9 - Phase 22 - 10
				Ekadashi* Until 6:04PM	Moon – Blue	2nd Phase
					Bhadrapada-Puratasi	Devaloka Day

4		Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Bradford, UK
Kataka Rasi: 22.36	Tithi 27	Gulika	8:54AM – 10:26AM	Ashlesha* Until 8:20PM	Ganesha: Yellow	Sunrise: 5:51AM
545965473		Yama	5:51AM – 7:23AM	Siddha Until 4:21AM Fri	Muruqa: White	Sunset: 6:05PM
Creative Work	Siddha Yoga	Rahu	1:30PM – 3:02PM	Kaulava Until 6:59AM	Nataraja: Clear	Moon 9 - Phase 22 - 11
Until 8:20PM				Dvadashi* Until 7:46PM	Moon – Blue	2nd Phase
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	Devaloka Day

5		Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Bradford, UK
Simha Rasi: 4.52	Tithi 28	Gulika	7:24AM – 8:55AM	Magha* Until 10:18PM	Ganesha: Red	Sunrise: 5:53AM
555965473		Yama	3:00PM – 4:32PM	Sadhya Until 4:09AM Sat	Muruqa: White	Sunset: 6:03PM
Routine Work	Marana Yoga	Rahu	10:26AM – 11:58AM	Gara Until 8:27AM	Nataraja: Clear	Moon 9 - Phase 22 - 12
Until 10:18PM				Trayodashi* Until 8:59PM	Moon – Red	2nd Phase
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi	Devaloka Day
						<i>Pradosha Vrata (Fasting)</i>

6		Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bradford, UK
Simha Rasi: 17.21	Tithi 29	Gulika	5:54AM – 7:25AM	Purvaphalguni Until 11:36PM	Ganesha: Green	Sunrise: 5:54AM
556965473		Yama	1:28PM – 2:59PM	Subha Until 3:34AM Sun	Muruqa: White	Sunset: 6:01PM
Creative Work	Siddha Yoga	Rahu	8:56AM – 10:27AM	Visti* Until 9:26AM	Nataraja: Clear	Moon 9 - Phase 22 - 13
Until 11:36PM				Chaturdashi* Until 9:42PM	Moon – Red	2nd Phase
Then Routine Work - Marana Yoga					Bhadrapada-Puratasi	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Retreat Star		Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bradford, UK
Kanya Rasi: 0.04	Tithi 30	Gulika	2:58PM – 4:28PM	Uttaraphalguni Until 12:15AM Mon	Ganesha: Blue	Sunrise: 5:56AM
556165473		Yama	11:57AM – 1:27PM	Sukla Until 2:33AM Mon	Muruqa: White	Sunset: 5:58PM
Creative Work	Amrita Yoga	Rahu	4:28PM – 5:58PM	Catuspada Until 9:53AM	Nataraja: Clear	Moon 9 - Phase 22 - 14
Until 12:15AM Mon				Amavasya* Until 9:54PM	Moon – Red	Amavasya
Then Creative Work - Siddha Yoga		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Retreat Star		Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Bradford, UK
Kanya Rasi: 13.02	Tithi 1	Gulika	1:26PM – 2:56PM	Hasta Until 12:45AM Tue	Ganesha: Blue	Sunrise: 5:58AM
566165473		Yama	10:27AM – 11:57AM	Brahma Until 1:11AM Tue	Muruqa: White	Sunset: 5:56PM
Family Home Evening		Rahu	7:28AM – 8:57AM	Kintughna Until 9:50AM	Nataraja: Clear	Moon 9 - Phase 22 - 15
Creative Work	Siddha Yoga			Prathama* Until 9:38PM	Moon – Green	Prathama
		Navaratri Begins			Ashvina-Puratasi	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Bradford, UK on 5/1/20

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Bradford, UK Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 26.14	Tithi 2	Gulika 11:56AM – 1:26PM	Chitra Until 12:41AM Wed	Ganesha: Blue <i>Sunrise: 6:00AM</i>	Muruqa: White <i>Sunset: 5:53PM</i>	Moon 9 - Phase 23 - 16
			Yama 8:58AM – 10:27AM	Indra Until 11:31PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	566165473 Rahu 2:55PM – 4:24PM	Balava Until 9:21AM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Dvitiya Until 8:57PM	Ashvina+Puratasi			

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Bradford, UK Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 9.38	Tithi 3	Gulika 10:27AM – 11:56AM	Svati Until 12:09AM Thu	Ganesha: Blue <i>Sunrise: 6:01AM</i>	Muruqa: White <i>Sunset: 5:51PM</i>	Moon 9 - Phase 23 - 17
			Yama 7:30AM – 8:59AM	Vaidhriti* Until 9:32PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	666165473 Rahu 11:56AM – 1:25PM	Taitila Until 8:29AM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Tritiya Until 7:54PM	Ashvina+Puratasi			

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Bradford, UK Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 23.14	Tithi 4	Gulika 8:59AM – 10:28AM	Vishakha Until 11:37PM	Ganesha: Blue <i>Sunrise: 6:03AM</i>	Muruqa: White <i>Sunset: 5:48PM</i>	Moon 9 - Phase 23 - 18
			Yama 6:03AM – 7:31AM	Vishkambha* Until 7:19PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	676165473 Rahu 1:24PM – 2:52PM	Vanija Until 7:17AM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Chaturthi Until 6:34PM	Ashvina+Puratasi			

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Bradford, UK Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 7	Tithi 5 – 6	Gulika 7:32AM – 9:00AM	Anuradha Until 10:41PM	Ganesha: Blue <i>Sunrise: 6:05AM</i>	Muruqa: White <i>Sunset: 5:46PM</i>	Moon 9 - Phase 23 - 19
			Yama 2:51PM – 4:18PM	Priti Until 4:56PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	676165473 Rahu 10:28AM – 11:55AM	Kaulava Until 4:07AM Sat	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Panchami Until 4:58PM	Ashvina+Puratasi			
			Until 10:41PM				
			Then Routine Work - Marana Yoga				

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bradford, UK Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 20.54	Tithi 6 – 7	Gulika 6:07AM – 7:34AM	Jyeshtha* Until 9:26PM	Ganesha: Blue <i>Sunrise: 6:07AM</i>	Muruqa: White <i>Sunset: 5:43PM</i>	Moon 9 - Phase 23 - 20
			Yama 1:22PM – 2:49PM	Ayushman Until 2:21PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	687166473 Rahu 9:01AM – 10:28AM	Gara Until 2:13AM Sun	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Shashthi* Until 3:10PM	Ashvina+Puratasi			

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Bradford, UK Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika 2:48PM – 4:14PM	Mula* Until 8:17PM	Ganesha: Blue <i>Sunrise: 6:08AM</i>	Muruqa: Green <i>Sunset: 5:41PM</i>	Moon 9 - Phase 23 - 21
	Dhanus Rasi: 4.55	Tithi 7 – 8	Yama 11:55AM – 1:21PM	Saubhagya Until 11:38AM	Nataraja: Clear		Ashtami
	Creative Work	Amrita Yoga	687166473 Rahu 4:14PM – 5:41PM	Visiti Until 12:10AM Mon	Moon – Light Blue	Sivaloka Day	
			Saptami Until 1:12PM	Ashvina+Puratasi			
			Durga Ashtami				
			Then Creative Work - Siddha Yoga				

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bradford, UK Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:20PM – 2:46PM	Purvashadha* Until 6:52PM	Ganesha: Blue <i>Sunrise: 6:10AM</i>	Muruqa: Green <i>Sunset: 5:39PM</i>	Moon 9 - Phase 23 - 22
	Dhanus Rasi: 19.03	Tithi 8 – 9	Yama 10:28AM – 11:54AM	Sobhana Until 8:48AM	Nataraja: Clear		Navami
	Family Home Evening		687166473 Rahu 7:36AM – 9:02AM	Balava Until 9:59PM	Moon – Light Blue	Sivaloka Day	
			Ashtami* Until 11:05AM	Ashvina+Puratasi			
			Saraswathi Puja (Tamil Nadu)				
			Routine Work				
			Marana Yoga				

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Bradford, UK on 5/1/20

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bradford, UK
Makara Rasi: 3.15	Tithi 9 – 10						Sun 23	Sutra 170
		687166473	Gulika 11:54AM – 1:20PM Yama 9:03AM – 10:29AM Rahu 2:45PM – 4:11PM	Uttarashadha Until 5:12PM Sukarma Until 2:50AM Wed Taitila Until 7:43PM Navami* Until 8:50AM	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon – Light Blue	Sunrise: 6:12AM Sunset: 5:36PM	Moon 9 - Phase 24 - 23	Subhakrit 5124 4th Phase
Routine Work	Prabalarishta Yoga							Sivaloka Day
Until 5:12PM								Ashvina+Puratasi
Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Bradford, UK
Makara Rasi: 17.31	Tithi 10 – 11						Sun 24	Sutra 171
		697166473	Gulika 10:29AM – 11:54AM Yama 7:39AM – 9:04AM Rahu 11:54AM – 1:19PM	Shravana Until 3:46PM Dhriti Until 11:50PM Visti Until 4:14AM Thu Dashami Until 6:32AM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 6:14AM Sunset: 5:34PM	Moon 9 - Phase 24 - 24	Subhakrit 5124 4th Phase
Creative Work	Siddha Yoga							Devaloka Day
Until 3:46PM								Ashvina+Puratasi
Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Bradford, UK
Kumbha Rasi: 1.46	Tithi 12						Sun 25	Sutra 172
		697166473	Gulika 9:05AM – 10:29AM Yama 6:16AM – 7:40AM Rahu 1:18PM – 2:42PM	Dhanishtha Until 2:14PM Shula* Until 8:51PM Bava Until 3:07PM Dvadashi Until 2:00AM Fri	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 6:16AM Sunset: 5:31PM	Moon 9 - Phase 24 - 25	Subhakrit 5124 4th Phase
Creative Work	Siddha Yoga							Devaloka Day
								Ashvina+Puratasi

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bradford, UK
Kumbha Rasi: 15.58	Tithi 13						Sun 26	Sutra 173
		697166473	Gulika 7:41AM – 9:05AM Yama 2:41PM – 4:05PM Rahu 10:29AM – 11:53AM	Shatabhishak Until 12:41PM Ganda* Until 6:01PM Kaulava Until 12:58PM Trayodashi Until 11:58PM	Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon – Purple	Sunrise: 6:17AM Sunset: 5:29PM	Moon 9 - Phase 24 - 26	Subhakrit 5124 4th Phase
Creative Work	Siddha Yoga							Devaloka Day
								Ashvina+Puratasi
								<i>Pradosha Vrata</i>

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Bradford, UK
Meena Rasi: 0.02	Tithi 14						Sun 27	Sutra 174
		618166474	Gulika 6:19AM – 7:43AM Yama 1:16PM – 2:40PM Rahu 9:06AM – 10:29AM	Purvaproshtapada* Until 11:39AM Vriddhi Until 3:25PM Gara Until 11:04AM Chaturdashi* Until 10:13PM	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 6:19AM Sunset: 5:27PM	Moon 9 - Phase 24 - 27	Subhakrit 5124 4th Phase
Routine Work	Marana Yoga							Bhuloka Day
Until 11:39AM								Ashvina+Puratasi
Then Creative Work - Siddha Yoga								

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Bradford, UK
Copper Retreat Star							Sun 27	Sutra 175
Meena Rasi: 13.54	Tithi 15							Subhakrit 5124
		618166474	Gulika 2:38PM – 4:01PM Yama 11:53AM – 1:16PM Rahu 4:01PM – 5:24PM	Uttaraproshtapada Until 10:50AM Dhruva Until 1:05PM Visti Until 9:31AM Purnima* Until 8:54PM	Ganesha: White Muruqa: Green Nataraja: Purple Moon – Clear	Sunrise: 6:21AM Sunset: 5:24PM	Moon 9 - Phase 24 - Purnima	Subhakrit 5124
Creative Work	Amrita Yoga							Bhuloka Day
								Ashvina+Puratasi

Monday, October 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Bradford, UK
Meena Rasi: 27.29	Tithi 16						Sun 28	Sutra 176
		618176474	Gulika 1:15PM – 2:37PM Yama 10:30AM – 11:52AM Rahu 7:45AM – 9:08AM	Revati Until 10:21AM Vyaghata* Until 11:10AM Balava Until 8:28AM Prathama* Until 8:07PM	Ganesha: White Muruqa: White Nataraja: Purple Moon – Clear	Sunrise: 6:23AM Sunset: 5:22PM	Moon 9 - Phase 24 - Prathama	Subhakrit 5124
Family Home Evening								Bhuloka Day
Creative Work	Siddha Yoga							Ashvina+Puratasi



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bradford, UK

Sun 1 Sutra 177

Subhakrit 5124

Moon 10 - Phase 25 - 1

1st Phase

Mesha Rasi: 10.44 Tithi 17

628176474

Gulika 11:52AM – 1:14PM
Yama 9:08AM – 10:30AM
Rahu 2:36PM – 3:58PM

Ashvini Until 10:45AM
Harshana Until 9:44AM
Taitila Until 7:59AM
Dvitiya Until 7:58PM

Ganesha: Yellow *Sunrise:* 6:25AM

Muruqa: White *Sunset:* 5:20PM

Nataraja: Purple
Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trityayam Titau

Bradford, UK

Sun 2 Sutra 178

Subhakrit 5124

Moon 10 - Phase 25 - 2

1st Phase

Mesha Rasi: 23.4 Tithi 18

628176474

Gulika 10:31AM – 11:52AM
Yama 7:48AM – 9:09AM
Rahu 11:52AM – 1:13PM

Bharani Until 11:38AM
Vajra* Until 8:47AM
Vanija Until 8:10AM
Tritiya Until 8:30PM

Ganesha: Yellow *Sunrise:* 6:26AM

Muruqa: White *Sunset:* 5:17PM

Nataraja: Purple
Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 11:38AM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Bradford, UK

Sun 3 Sutra 179

Subhakrit 5124

Moon 10 - Phase 25 - 3

1st Phase

Vrishabha Rasi: 6.16 Tithi 19

628176474

Gulika 9:10AM – 10:31AM
Yama 6:28AM – 7:49AM
Rahu 1:12PM – 2:33PM

Krittika Until 1:01PM
Siddhi Until 8:23AM
Bava Until 9:02AM
Chaturthi* Until 9:41PM

Ganesha: Yellow *Sunrise:* 6:28AM

Muruqa: White *Sunset:* 5:15PM

Nataraja: Purple
Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Bradford, UK

Sun 4 Sutra 180

Subhakrit 5124

Moon 10 - Phase 25 - 4

1st Phase

Vrishabha Rasi: 18.36 Tithi 20

638176474

Gulika 7:50AM – 9:11AM
Yama 2:32PM – 3:52PM
Rahu 10:31AM – 11:51AM

Rohini Until 3:19PM
Vyatipata* Until 8:28AM
Kaulava Until 10:32AM
Panchami Until 11:27PM

Ganesha: Blue *Sunrise:* 6:30AM

Muruqa: White *Sunset:* 5:13PM

Nataraja: Purple
Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 3:19PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Bradford, UK

Sun 5 Sutra 181

Subhakrit 5124

Moon 10 - Phase 25 - 5

1st Phase

Mithuna Rasi: 0.42 Tithi 21

639176474

Gulika 6:32AM – 7:52AM
Yama 1:11PM – 2:31PM
Rahu 9:12AM – 10:31AM

Mrigashira Until 5:55PM
Variyan Until 8:56AM
Gara Until 12:32PM
Shashthi* Until 1:39AM Sun

Ganesha: Red *Sunrise:* 6:32AM

Muruqa: White *Sunset:* 5:10PM

Nataraja: Purple
Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Bradford, UK

Sun 6 Sutra 182

Subhakrit 5124

Moon 10 - Phase 25 - 6

1st Phase

Mithuna Rasi: 12.4 Tithi 22

639176474

Gulika 2:29PM – 3:49PM
Yama 11:51AM – 1:10PM
Rahu 3:49PM – 5:08PM

Ardra Until 8:37PM
Parigha* Until 9:40AM
Visti Until 2:52PM
Saptami Until 4:04AM Mon

Ganesha: Red *Sunrise:* 6:34AM

Muruqa: White *Sunset:* 5:08PM

Nataraja: Purple
Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Bradford, UK

Sun 7 Sutra 183

Subhakrit 5124

Moon 10 - Phase 25 - 7

Ashtami

Mithuna Rasi: 24.33 Tithi 23

649176474

Gulika 1:09PM – 2:28PM
Yama 10:32AM – 11:51AM
Rahu 7:54AM – 9:13AM

Punarvasu Until 11:42PM
Shiva Until 10:32AM
Balava Until 5:18PM
Ashtami* Until 6:29AM Tue

Ganesha: Green *Sunrise:* 6:36AM

Muruqa: White *Sunset:* 5:06PM

Nataraja: Purple
Moon – Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 11:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bradford, UK

Sun 8 Sutra 184

Subhakrit 5124

Moon 10 - Phase 25 - 8

Navami

Kataka Rasi: 6.26 Tithi 23 – 24

649176474

Gulika 11:51AM – 1:09PM
Yama 9:14AM – 10:32AM
Rahu 2:27PM – 3:45PM

Pushya Until 2:29AM Wed
Siddha Until 11:20AM
Taitila Until 7:39PM
Ashtami* Until 6:29AM

Ganesha: Green *Sunrise:* 6:38AM

Muruqa: White *Sunset:* 5:03PM

Nataraja: Purple
Moon – Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Bradford, UK on 5/1/20

www.gurudeva.org/panchang


1		Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Bradford, UK Sun 9 Sutra 185 Subhakrit 5124	
Kataka Rasi: 18.25	Tithi 24 – 25	649176474	Gulika 10:33AM – 11:50AM Yama 7:57AM – 9:15AM Rahu 11:50AM – 1:08PM	Ashlesha* Until 4:47AM Thu Sadhya Until 11:58AM Vanija Until 9:42PM Navami* Until 8:42AM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Blue	Sunrise: 6:39AM Sunset: 5:01PM	Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Siddha Yoga Until 4:47AM Thu Then Creative Work - Amrita Yoga						Devaloka Day	

2		Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bradford, UK Sun 10 Sutra 186 Subhakrit 5124	
Simha Rasi: 0.32	Tithi 25 – 26	659276474	Gulika 9:16AM – 10:33AM Yama 6:41AM – 7:59AM Rahu 1:07PM – 2:25PM	Magha* Until 6:55AM Fri Subha Until 12:19PM Bava Until 11:17PM Dashami Until 10:32AM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:41AM Sunset: 4:59PM	Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Amrita Yoga Until 6:55AM Fri Then Creative Work - Siddha Yoga						Bhuloka Day	

3		Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Bradford, UK Sun 11 Sutra 187 Subhakrit 5124	
Simha Rasi: 12.51	Tithi 26 – 27	659276474	Gulika 8:00AM – 9:17AM Yama 2:23PM – 3:40PM Rahu 10:33AM – 11:50AM	Magha* Until 6:55AM Sukla Until 12:13PM Kaulava Until 12:18AM Sat Ekadashi* Until 11:51AM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:43AM Sunset: 4:57PM	Moon 10 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 6:55AM Then Creative Work - Siddha Yoga						Bhuloka Day	

4		Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Bradford, UK Sun 12 Sutra 188 Subhakrit 5124	
Simha Rasi: 25.26	Tithi 27 – 28	659276474	Gulika 6:45AM – 8:01AM Yama 1:06PM – 2:22PM Rahu 9:17AM – 10:34AM	Purvaphalguni Until 8:18AM Brahma Until 11:39AM Gara Until 12:40AM Sun Dvadashi* Until 12:33PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:45AM Sunset: 4:57PM	Moon 10 - Phase 26 - 12 2nd Phase
Creative Work Siddha Yoga Until 8:18AM Then Routine Work - Marana Yoga						Bhuloka Day	
<i>Pradosha Vrata (Fasting)</i>							

5		Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Bradford, UK Sun 13 Sutra 189 Subhakrit 5124	
Kanya Rasi: 8.19	Tithi 28 – 29	651276474	Gulika 2:21PM – 3:37PM Yama 11:50AM – 1:05PM Rahu 3:37PM – 4:52PM	Uttaraphalguni Until 8:55AM Indra Until 10:37AM Visti Until 12:23AM Mon Trayodashi* Until 12:35PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:47AM Sunset: 4:52PM	Moon 10 - Phase 26 - 13 2nd Phase
Creative Work Amrita Yoga Until 9:13AM Then Routine Work - Prabalarishta Yoga				Deepavali Hindu Solidarity Day		Bhuloka Day	

		Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Bradford, UK Sun 14 Sutra 190 Subhakrit 5124	
Retreat Star							
Kanya Rasi: 21.32	Tithi 29 – 30	661276474	Gulika 1:05PM – 2:20PM Yama 10:34AM – 11:50AM Rahu 8:04AM – 9:19AM	Hasta Until 9:13AM Vaidhriti* Until 9:02AM Catuspada Until 11:30PM Chaturdashi* Until 12:00PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:49AM Sunset: 4:50PM	Moon 10 - Phase 26 - 14 Amavasya
Family Home Evening Creative Work Siddha Yoga Until 9:13AM Then Routine Work - Prabalarishta Yoga				Subramuniyaswami Mahasamadhi		Bhuloka Day	

Retreat Star		Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Bradford, UK Sun 15 Sutra 191 Subhakrit 5124	
Tula Rasi: 5.04	Tithi 30 – 1	661276474	Gulika 11:49AM – 1:04PM Yama 9:20AM – 10:35AM Rahu 2:19PM – 3:33PM	Chitra Until 8:47AM Vishkambha* Until 7:01AM Kintughna Until 10:06PM Amavasya* Until 10:50AM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:51AM Sunset: 4:48PM	Moon 10 - Phase 26 - 15 Prathama
Creative Work Siddha Yoga				Skanda Shasthi Begins		Bhuloka Day	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Bradford, UK
	Tula Rasi: 18.53 Tithi 1 - 2		Svati/Vishakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 16 Sutra 192
	Creative Work Siddha Yoga	661276574	Gulika 10:35AM - 11:49AM Yama 8:07AM - 9:21AM Rahu 11:49AM - 1:03PM	Svati Until 7:45AM Ayushman Until 1:54AM Thu Balava Until 8:16PM Prathama* Until 9:13AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon - Green	Sunrise: 6:53AM Sunset: 4:46PM	Moon 10 - Phase 27 - 16 3rd Phase

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Bradford, UK
	Vrischika Rasi: 2.57 Tithi 2 - 3		Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 17 Sutra 193
	Creative Work Siddha Yoga	671276574	Gulika 9:22AM - 10:36AM Yama 6:55AM - 8:08AM Rahu 1:03PM - 2:17PM	Vishakha Until 6:38AM Saubhagya Until 10:57PM Taitila Until 6:09PM Dvitiya Until 7:13AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - Orange	Sunrise: 6:55AM Sunset: 4:44PM	Moon 10 - Phase 27 - 17 3rd Phase

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Bradford, UK
	Vrischika Rasi: 17.1 Tithi 4		Jyeshtha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18 Sutra 194
	Routine Work Marana Yoga Until 3:21AM Sat Then Creative Work - Siddha Yoga	671276574	Gulika 8:10AM - 9:23AM Yama 2:16PM - 3:29PM Rahu 10:36AM - 11:49AM	Jyeshtha* Until 3:21AM Sat Sobhana Until 7:54PM Vanija Until 3:50PM Chaturthi* Until 2:38AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - Orange	Sunrise: 6:56AM Sunset: 4:42PM	Moon 10 - Phase 27 - 18 3rd Phase

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Bradford, UK
	Dhanus Rasi: 1.29 Tithi 5		Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 195
	Creative Work Siddha Yoga	681276574	Gulika 6:58AM - 8:11AM Yama 1:02PM - 2:14PM Rahu 9:24AM - 10:36AM	Mula* Until 1:49AM Sun Athiganda* Until 4:45PM Bava Until 1:27PM Panchami Until 12:14AM Sun	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Light Blue	Sunrise: 6:58AM Sunset: 4:40PM	Moon 10 - Phase 27 - 19 3rd Phase

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Bradford, UK
	Dhanus Rasi: 15.49 Tithi 6		Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20 Sutra 196
	Creative Work Siddha Yoga Until 12:11AM Mon Then Routine Work - Marana Yoga	681276574	Gulika 2:13PM - 3:26PM Yama 11:49AM - 1:01PM Rahu 3:26PM - 4:38PM	Purvashadha* Until 12:11AM Mon Sukarma Until 1:39PM Kaulava Until 11:03AM Shashthi* Until 9:52PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Light Blue	Sunrise: 7:00AM Sunset: 4:38PM	Moon 10 - Phase 27 - 20 3rd Phase

6	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Bradford, UK
	Makara Rasi: 0.07 Tithi 7		Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 197
	Family Home Evening Routine Work Marana Yoga Until 10:33PM Then Creative Work - Amrita Yoga	681276574	Gulika 1:01PM - 2:12PM Yama 10:37AM - 11:49AM Rahu 8:14AM - 9:26AM	Uttarashadha Until 10:33PM Dhriti Until 10:37AM Gara Until 8:45AM Saptami Until 7:38PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon - Light Blue	Sunrise: 7:02AM Sunset: 4:36PM	Moon 10 - Phase 27 - 21 3rd Phase

☾	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Bradford, UK
	Retreat Star		Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 198
	Makara Rasi: 14.18 Tithi 8 - 9	691276574	Gulika 11:49AM - 1:00PM Yama 9:26AM - 10:38AM Rahu 2:11PM - 3:23PM	Shravana Until 9:21PM Shula* Until 7:41AM Visti Until 6:35AM Ashtami* Until 5:33PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon - Purple	Sunrise: 7:04AM Sunset: 4:34PM	Moon 10 - Phase 27 - 22 Ashtami

☾	Wednesday, November 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Bradford, UK
	Retreat Star		Dhanishtha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 199
	Makara Rasi: 28.23 Tithi 9 - 10	692276574	Gulika 10:38AM - 11:49AM Yama 8:17AM - 9:27AM Rahu 11:49AM - 1:00PM	Dhanishtha Until 8:14PM Vriddhi Until 2:20AM Thu Taitila Until 2:51AM Thu Navami* Until 3:41PM	Ganesha: Green Muruqa: Clear Nataraja: Clear Moon - Purple	Sunrise: 7:06AM Sunset: 4:32PM	Moon 10 - Phase 27 - 23 Navami

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<h1>1</h1>	Thursday, November 3, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Bradford, UK Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 12.19 Tithi 10 – 11	Gulika 9:28AM – 10:39AM	Shatabhishak Until 7:12PM	Ganesha: Green Sunrise: 7:08AM	Moon 10 - Phase 28 - 24
	692276574	Yama 7:08AM – 8:18AM	Dhruva Until 11:56PM	Muruqa: Clear Sunset: 4:30PM	4th Phase
	Creative Work Siddha Yoga	Rahu 12:59PM – 2:09PM	Vanija Until 1:22AM Fri	Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Dashami Until 2:03PM			Karttika•Aipasi

<h1>2</h1>	Friday, November 4, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Bradford, UK Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 26.05 Tithi 11 – 12	Gulika 8:20AM – 9:29AM	Purvaproshtapada* Until 6:44PM	Ganesha: Blue Sunrise: 7:10AM	Moon 10 - Phase 28 - 25
	612276574	Yama 2:08PM – 3:18PM	Vyaghata* Until 9:46PM	Muruqa: Clear Sunset: 4:28PM	4th Phase
	Creative Work Siddha Yoga	Rahu 10:39AM – 11:49AM	Bava Until 12:10AM Sat	Nataraja: Clear Moon – Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Ekadashi Until 12:42PM			Karttika•Aipasi

<h1>3</h1>	Saturday, November 5, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Bradford, UK Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 9.4 Tithi 12 – 13	Gulika 7:12AM – 8:21AM	Uttaraproshtapada Until 6:28PM	Ganesha: Blue Sunrise: 7:12AM	Moon 10 - Phase 28 - 26
	612276574	Yama 12:58PM – 2:08PM	Harshana Until 7:54PM	Muruqa: Clear Sunset: 4:26PM	4th Phase
	Creative Work Siddha Yoga	Rahu 9:30AM – 10:40AM	Kaulava Until 11:19PM	Nataraja: Clear Moon – Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 6:28PM Then Routine Work - Prabararishta Yoga		Dvadashi Until 11:40AM			Karttika•Aipasi
<i>Pradosha Vrata</i>					

<h1>4</h1>	Sunday, November 6, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Bradford, UK Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 23.04 Tithi 13 – 14	Gulika 2:07PM – 3:16PM	Revati Until 6:25PM	Ganesha: Blue Sunrise: 7:14AM	Moon 10 - Phase 28 - 27
	612276574	Yama 11:49AM – 12:58PM	Vajra* Until 6:18PM	Muruqa: Clear Sunset: 4:24PM	4th Phase
	Creative Work Amrita Yoga	Rahu 3:16PM – 4:24PM	Gara Until 10:52PM	Nataraja: Clear Moon – Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 6:25PM Then Creative Work - Siddha Yoga		Trayodashi Until 11:01AM			Karttika•Aipasi

	Monday, November 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Bradford, UK Sun 28 Sutra 204 Subhakrit 5124
	Mesha Rasi: 6.14 Tithi 14 – 15	Gulika 12:57PM – 2:06PM	Ashvini Until 7:07PM	Ganesha: Blue Sunrise: 7:16AM	Moon 10 - Phase 28 -
	722276574	Yama 10:41AM – 11:49AM	Siddhi Until 5:05PM	Muruqa: Clear Sunset: 4:23PM	Purnima
	Creative Work Siddha Yoga	Rahu 8:24AM – 9:32AM	Visti Until 10:52PM	Nataraja: Clear Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Chaturdashi* Until 10:47AM			Karttika•Aipasi

<h1>5</h1>	Tuesday, November 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Bradford, UK Sun 29 Sutra 205 Subhakrit 5124
	Mesha Rasi: 19.09 Tithi 15 – 16	Gulika 11:49AM – 12:57PM	Bharani Until 8:08PM	Ganesha: Blue Sunrise: 7:17AM	Moon 10 - Phase 28 -
	722276574	Yama 9:33AM – 10:41AM	Vyatipata* Until 4:14PM	Muruqa: Clear Sunset: 4:21PM	Prathama
	Creative Work Siddha Yoga	Rahu 2:05PM – 3:13PM	Balava Until 11:23PM	Nataraja: Clear Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Purnima* Until 11:02AM			Karttika•Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022
Gold Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Kritika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bradford, UK
 Sutra 206

Vrishabha Rasi: 1.5 Tithi 16 – 17

722276574

Gulika 10:42AM – 11:49AM
Yama 8:27AM – 9:34AM
Rahu 11:49AM – 12:57PM

Krittika Until 9:29PM
 Varyan Until 3:46PM
 Taitila Until 12:25AM Thu
Prathama* Until 11:49AM

Ganesha: Blue *Sunrise: 7:19AM*
Muruqa: Clear *Sunset: 4:19PM*
Nataraja: Clear
 Moon – White
Kartika-Aipasi

Subhakarit 5124
 Moon 11 - Phase 29 - 1st Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 9:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bradford, UK
 Sun 1
 Sutra 207

Vrishabha Rasi: 14.17 Tithi 17 – 18

732276574

Gulika 9:35AM – 10:42AM
Yama 7:21AM – 8:28AM
Rahu 12:56PM – 2:03PM

Rohini Until 11:39PM
 Parigha* Until 3:42PM
 Vanija Until 1:56AM Fri
Dvitiya Until 1:06PM

Ganesha: Red *Sunrise: 7:21AM*
Muruqa: Clear *Sunset: 4:17PM*
Nataraja: Clear
 Moon – Yellow
Kartika-Aipasi

Subhakarit 5124
 Moon 11 - Phase 29 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Bradford, UK
 Sun 2
 Sutra 208

Vrishabha Rasi: 26.32 Tithi 18 – 19

732276574

Gulika 8:30AM – 9:36AM
Yama 2:03PM – 3:09PM
Rahu 10:43AM – 11:49AM

Mrigashira Until 2:05AM Sat
 Shiva Until 4:00PM
 Bava Until 3:55AM Sat
Tritiya Until 2:51PM

Ganesha: Red *Sunrise: 7:23AM*
Muruqa: Clear *Sunset: 4:16PM*
Nataraja: Clear
 Moon – Yellow
Kartika-Aipasi

Subhakarit 5124
 Moon 11 - Phase 29 - 2nd Phase

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
 Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bradford, UK
 Sun 3
 Sutra 209

Mithuna Rasi: 8.37 Tithi 19 – 20

732276574

Gulika 7:25AM – 8:31AM
Yama 12:56PM – 2:02PM
Rahu 9:37AM – 10:43AM

Ardra Until 4:39AM Sun
 Siddha Until 4:34PM
 Kaulava Until 6:12AM Sun
Chaturthi* Until 5:00PM

Ganesha: Red *Sunrise: 7:25AM*
Muruqa: Clear *Sunset: 4:14PM*
Nataraja: Clear
 Moon – Yellow
Kartika-Aipasi

Subhakarit 5124
 Moon 11 - Phase 29 - 3rd Phase

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Bradford, UK
 Sun 4
 Sutra 210

Mithuna Rasi: 20.34 Tithi 20

742276574

Gulika 2:01PM – 3:07PM
Yama 11:50AM – 12:55PM
Rahu 3:07PM – 4:12PM

Punarvasu Until 7:45AM Mon
 Sadhya Until 5:19PM
 Kaulava Until 6:12AM
Panchami Until 7:24PM

Ganesha: Green *Sunrise: 7:27AM*
Muruqa: Clear *Sunset: 4:12PM*
Nataraja: Clear
 Moon – Blue
Kartika-Aipasi

Subhakarit 5124
 Moon 11 - Phase 29 - 4th Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Bradford, UK
 Sun 5
 Sutra 211

Kataka Rasi: 2.28 Tithi 21

742376574

Gulika 12:55PM – 2:00PM
Yama 10:45AM – 11:50AM
Rahu 8:34AM – 9:39AM

Punarvasu Until 7:45AM
 Subha Until 6:11PM
 Gara Until 8:41AM
Shashthi* Until 9:54PM

Ganesha: White *Sunrise: 7:29AM*
Muruqa: Clear *Sunset: 4:11PM*
Nataraja: Clear
 Moon – Blue
Kartika-Aipasi

Subhakarit 5124
 Moon 11 - Phase 29 - 5th Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 7:45AM

Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Bradford, UK
 Sun 6
 Sutra 212

Kataka Rasi: 14.2 Tithi 22

743376574

Gulika 11:50AM – 12:55PM
Yama 9:40AM – 10:45AM
Rahu 2:00PM – 3:04PM

Pushya Until 10:40AM
 Sukla Until 6:57PM
 Visti Until 11:09AM
Saptami Until 12:18AM Wed

Ganesha: Green *Sunrise: 7:31AM*
Muruqa: Clear *Sunset: 4:09PM*
Nataraja: Clear
 Moon – Blue
Kartika-Aipasi

Subhakarit 5124
 Moon 11 - Phase 29 - 6th Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Retreat Star

Wednesday, November 16, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Bradford, UK
 Sun 7
 Sutra 213

Kataka Rasi: 26.17 Tithi 23

743376574

Gulika 10:46AM – 11:50AM
Yama 8:37AM – 9:41AM
Rahu 11:50AM – 12:55PM

Ashlesha* Until 1:15PM
 Brahma Until 7:33PM
 Balava Until 1:26PM
Ashtami* Until 2:24AM Thu

Ganesha: Green *Sunrise: 7:32AM*
Muruqa: Clear *Sunset: 4:08PM*
Nataraja: Clear
 Moon – Blue
Kartika-Kartikai

Subhakarit 5124
 Moon 11 - Phase 29 - 7th Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
 Magha*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Bradford, UK
 Sun 8
 Sutra 214

Simha Rasi: 8.21 Tithi 24

753376575

Gulika 9:42AM – 10:46AM
Yama 7:34AM – 8:38AM
Rahu 12:54PM – 1:58PM

Magha* Until 3:47PM
 Indra Until 7:49PM
 Taitila Until 3:19PM
Navami* Until 4:01AM Fri

Ganesha: Orange *Sunrise: 7:34AM*
Muruqa: Clear *Sunset: 4:06PM*
Nataraja: Purple
 Moon – Red
Kartika-Kartikai

Subhakarit 5124
 Moon 11 - Phase 29 - 8th Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Bradford, UK
Simha Rasi: 20.38	Tithi 25	753376575	Gulika 8:40AM – 9:43AM Yama 1:58PM – 3:01PM Rahu 10:47AM – 11:51AM	Purvaphalguni Until 5:35PM Vaidhriti* Until 7:37PM Vanija Until 4:37PM Dashami Until 5:00AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	<i>Sunrise:</i> 7:36AM <i>Sunset:</i> 4:05PM	Sun 9 Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase	Sivaloka Day
Creative Work	Siddha Yoga							Karttika-Karttikai

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Bradford, UK
Kanya Rasi: 3.11	Tithi 26	753376575	Gulika 7:38AM – 8:41AM Yama 12:54PM – 1:57PM Rahu 9:44AM – 10:48AM	Uttaraphalguni Until 6:34PM Vishkambha* Until 6:53PM Bava Until 5:13PM Ekadashi* Until 5:13AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	<i>Sunrise:</i> 7:38AM <i>Sunset:</i> 4:04PM	Sun 10 Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase	Sivaloka Day
Routine Work	Marana Yoga							Karttika-Karttikai

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau				Bradford, UK
Kanya Rasi: 16.06	Tithi 27	763376575	Gulika 1:57PM – 2:59PM Yama 11:51AM – 12:54PM Rahu 2:59PM – 4:02PM	Hasta Until 7:07PM Priti Until 5:33PM Kaulava Until 5:03PM Dvadashi* Until 4:40AM Mon	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	<i>Sunrise:</i> 7:40AM <i>Sunset:</i> 4:02PM	Sun 11 Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase	Devaloka Day
Creative Work	Amrita Yoga							Karttika-Karttikai
Until 7:07PM								
Then Creative Work - Siddha Yoga								

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Bradford, UK
Kanya Rasi: 29.25	Tithi 28	763376575	Gulika 12:54PM – 1:56PM Yama 10:49AM – 11:51AM Rahu 8:44AM – 9:46AM	Chitra Until 6:45PM Ayushman Until 3:36PM Gara Until 4:07PM Trayodashi* Until 3:22AM Tue	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	<i>Sunrise:</i> 7:42AM <i>Sunset:</i> 4:01PM	Sun 12 Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase	Devaloka Day
Family Home Evening	Prabalarishta Yoga							Karttika-Karttikai
Routine Work								<i>Pradosha Vrata (Fasting)</i>
Until 6:45PM								
Then Creative Work - Amrita Yoga								

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Bradford, UK
Tula Rasi: 13.08	Tithi 29	763376575	Gulika 11:52AM – 12:54PM Yama 9:47AM – 10:49AM Rahu 1:56PM – 2:58PM	Svati Until 5:34PM Saubhagya Until 1:07PM Visti Until 2:30PM Chaturdashi* Until 1:26AM Wed	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	<i>Sunrise:</i> 7:43AM <i>Sunset:</i> 4:00PM	Sun 13 Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase	Devaloka Day
Creative Work	Siddha Yoga							Karttika-Karttikai
Until 5:34PM								
Then Routine Work - Marana Yoga								

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Bradford, UK
Retreat Star			Gulika 10:50AM – 11:52AM Yama 8:47AM – 9:48AM Rahu 11:52AM – 12:53PM	Vishakha Until 4:07PM Sobhana Until 10:09AM Catuspada Until 12:16PM Amavasya* Until 10:58PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 7:45AM <i>Sunset:</i> 3:59PM	Sun 14 Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya	Devaloka Day
Tula Rasi: 27.16	Tithi 30	773376575						Karttika-Karttikai
Creative Work	Siddha Yoga							

Thursday, November 24, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Bradford, UK
Vrischika Rasi: 11.43	Tithi 1	773376575	Gulika 9:49AM – 10:51AM Yama 7:47AM – 8:48AM Rahu 12:53PM – 1:55PM	Anuradha Until 2:06PM Athiganda* Until 6:48AM Kintughna Until 9:36AM Prathama* Until 8:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 7:47AM <i>Sunset:</i> 3:57PM	Sun 15 Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama	Devaloka Day
Creative Work	Siddha Yoga							Margasira-Karttikai
Until 2:06PM								
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Bradford, UK Sun 16 Sutra 222 Subhakrit 5124	
Vrischika Rasi: 26.24 Tithi 2 – 3		733376575		Gulika 8:49AM – 9:50AM Yama 1:54PM – 2:55PM Rahu 10:51AM – 11:52AM	Jyeshtha* Until 11:41AM Dhriti Until 11:27PM Balava Until 6:39AM Dvitiya Until 5:05PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange Margasira-Karttikai	Sunrise: 7:48AM Sunset: 3:56PM Moon 11 - Phase 31 - 16 3rd Phase
Routine Work Marana Yoga Until 11:41AM Then Creative Work - Amrita Yoga						Devaloka Day	
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Bradford, UK Sun 17 Sutra 223 Subhakrit 5124	
Dhanus Rasi: 11.12 Tithi 3 – 4		783376575		Gulika 7:50AM – 8:51AM Yama 12:53PM – 1:54PM Rahu 9:51AM – 10:52AM	Mula* Until 9:26AM Shula* Until 7:41PM Vanija Until 12:26AM Sun Tritiya Until 1:57PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 7:50AM Sunset: 3:55PM Moon 11 - Phase 31 - 17 3rd Phase
Creative Work Siddha Yoga						Devaloka Day	
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Bradford, UK Sun 18 Sutra 224 Subhakrit 5124	
Dhanus Rasi: 25.59 Tithi 4 – 5		783376575		Gulika 1:54PM – 2:54PM Yama 11:53AM – 12:53PM Rahu 2:54PM – 3:54PM	Purvashadha* Until 7:06AM Ganda* Until 4:00PM Bava Until 9:29PM Chaturthi* Until 10:55AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 7:52AM Sunset: 3:54PM Moon 11 - Phase 31 - 18 3rd Phase
Creative Work Siddha Yoga Until 7:06AM Then Creative Work - Amrita Yoga						Devaloka Day	
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bradford, UK Sun 19 Sutra 225 Subhakrit 5124	
Makara Rasi: 10.38 Tithi 5 – 6 Family Home Evening		793376575		Gulika 12:53PM – 1:53PM Yama 10:53AM – 11:53AM Rahu 8:53AM – 9:53AM	Shravana Until 3:06AM Tue Vridhi Until 12:32PM Kaulava Until 6:47PM Panchami Until 8:04AM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 7:53AM Sunset: 3:53PM Moon 11 - Phase 31 - 19 3rd Phase
Creative Work Amrita Yoga Until 3:06AM Tue Then Creative Work - Siddha Yoga						Sivaloka Day	
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Bradford, UK Sun 20 Sutra 226 Subhakrit 5124	
Makara Rasi: 25.03 Tithi 7		793376575		Gulika 11:54AM – 12:53PM Yama 9:54AM – 10:54AM Rahu 1:53PM – 2:53PM	Dhanishtha Until 1:39AM Wed Dhruva Until 9:20AM Gara Until 4:28PM Saptami Until 3:28AM Wed	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 7:55AM Sunset: 3:53PM Moon 11 - Phase 31 - 20 3rd Phase
Creative Work Siddha Yoga						Sivaloka Day	
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Bradford, UK Sun 21 Sutra 227 Subhakrit 5124	
Kumbha Rasi: 9.11 Tithi 8		794376575		Gulika 10:55AM – 11:54AM Yama 8:56AM – 9:55AM Rahu 11:54AM – 12:54PM	Shatabhishak Until 12:32AM Thu Vyaghata* Until 6:29AM Visti Until 2:37PM Ashtami* Until 1:51AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 7:57AM Sunset: 3:52PM Moon 11 - Phase 31 - 21 Ashtami
Creative Work Siddha Yoga						Sivaloka Day	
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Bradford, UK Sun 22 Sutra 228 Subhakrit 5124	
Kumbha Rasi: 23.02 Tithi 9		714376575		Gulika 9:56AM – 10:55AM Yama 7:58AM – 8:57AM Rahu 12:54PM – 1:53PM	Purvaproshtapada* Until 12:12AM Fri Vajra* Until 1:57AM Fri Balava Until 1:15PM Navami* Until 12:45AM Fri	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Clear Margasira-Karttikai	Sunrise: 7:58AM Sunset: 3:51PM Moon 11 - Phase 31 - 22 Navami
Creative Work Siddha Yoga						Sivaloka Day	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Bradford, UK Sun 23 Sutra 229 Subhakrit 5124
Meena Rasi: 6.34	Tithi 10	Gulika 8:58AM – 9:57AM	Uttaraproshtapada Until 12:14AM Sat	Ganesha: Red	<i>Sunrise:</i> 8:00AM			
		Yama 1:53PM – 2:51PM	Siddhi Until 12:18AM Sat	Muruqa: Clear	<i>Sunset:</i> 3:50PM	Moon 11 - Phase 32 - 23		
		714376575 Rahu 10:56AM – 11:55AM	Taitila Until 12:25PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 12:10AM Sat	Moon – Clear		Sivaloka Day		
Until 12:14AM Sat				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Bradford, UK Sun 24 Sutra 230 Subhakrit 5124
Meena Rasi: 19.49	Tithi 11	Gulika 8:01AM – 9:00AM	Revati Until 12:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 8:01AM			
		Yama 12:54PM – 1:52PM	Vyatipata* Until 11:04PM	Muruqa: Clear	<i>Sunset:</i> 3:50PM	Moon 11 - Phase 32 - 24		
		714376575 Rahu 9:58AM – 10:57AM	Vanija Until 12:05PM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 12:06AM Sun	Moon – Clear		Sivaloka Day		
Until 12:37AM Sun				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvodashyam Titau				Bradford, UK Sun 25 Sutra 231 Subhakrit 5124
Mesha Rasi: 2.48	Tithi 12	Gulika 1:52PM – 2:51PM	Ashvini Until 1:45AM Mon	Ganesha: Blue	<i>Sunrise:</i> 8:02AM			
		Yama 11:56AM – 12:54PM	Varyan Until 10:10PM	Muruqa: Clear	<i>Sunset:</i> 3:49PM	Moon 11 - Phase 32 - 25		
		724376575 Rahu 2:51PM – 3:49PM	Bava Until 12:15PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 12:30AM Mon	Moon – White		Devaloka Day		
				Margasira-Karttikai				

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bradford, UK Sun 26 Sutra 232 Subhakrit 5124
Mesha Rasi: 15.34	Tithi 13	Gulika 12:54PM – 1:52PM	Bharani Until 3:09AM Tue	Ganesha: Blue	<i>Sunrise:</i> 8:04AM			
Family Home Evening		Yama 10:58AM – 11:56AM	Parigha* Until 9:37PM	Muruqa: Clear	<i>Sunset:</i> 3:48PM	Moon 11 - Phase 32 - 26		
		724376575 Rahu 9:02AM – 10:00AM	Kaulava Until 12:53PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 1:20AM Tue	Moon – White		Devaloka Day		
				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Bradford, UK Sun 27 Sutra 233 Subhakrit 5124
Mesha Rasi: 28.08	Tithi 14	Gulika 11:57AM – 12:54PM	Krittika Until 4:47AM Wed	Ganesha: Blue	<i>Sunrise:</i> 8:05AM			
		Yama 10:01AM – 10:59AM	Shiva Until 9:23PM	Muruqa: Clear	<i>Sunset:</i> 3:48PM	Moon 11 - Phase 32 - 27		
		724376575 Rahu 1:52PM – 2:50PM	Gara Until 1:56PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 2:35AM Wed	Moon – White		Devaloka Day		
		Krittika Deepam		Margasira-Karttikai				

○		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Bradford, UK Sun 28 Sutra 234 Subhakrit 5124
Copper Retreat Star		Gulika 10:59AM – 11:57AM	Rohini Until 7:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 8:06AM			
Vrishabha Rasi: 10.32	Tithi 15	Yama 9:04AM – 10:02AM	Siddha Until 9:25PM	Muruqa: Clear	<i>Sunset:</i> 3:47PM	Moon 11 - Phase 32 - Purnima		
		734376575 Rahu 11:57AM – 12:55PM	Visti Until 3:22PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 4:12AM Thu	Moon – Yellow		Sivaloka Day		
Until 7:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

○		Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Bradford, UK Sun 29 Sutra 235 Subhakrit 5124
Silver Retreat Star		Gulika 10:03AM – 11:00AM	Rohini Until 7:05AM	Ganesha: Yellow	<i>Sunrise:</i> 8:08AM			
Vrishabha Rasi: 22.46	Tithi 16	Yama 8:08AM – 9:05AM	Sadhya Until 9:43PM	Muruqa: Clear	<i>Sunset:</i> 3:47PM	Moon 11 - Phase 32 - Prathama		
		734376575 Rahu 12:55PM – 1:52PM	Balava Until 5:10PM	Nataraja: Purple				
Routine Work	Marana Yoga		Prathama* Until 6:09AM Fri	Moon – Yellow		Sivaloka Day		
				Margasira-Karttikai				
		Vinayaga Viratam Begins						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bradford, UK
Sutra 236

Mithuna Rasi: 4.53 Titthi 16 – 17

Gulika 9:06AM – 10:03AM
Yama 1:52PM – 2:50PM
Rahu 11:01AM – 11:58AM

Mrigashira Until 9:32AM
Subha Until 10:14PM
Taitila Until 7:15PM
Prathama* Until 6:09AM

Ganesha: Red *Sunrise:* 8:09AM
Muruqa: Clear *Sunset:* 3:47PM
Nataraja: Purple
Moon – Yellow

Subhakrit 5124
Moon 12 - Phase 33 -
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bradford, UK
Sun 1 Sutra 237

Mithuna Rasi: 16.53 Titthi 17 – 18

Gulika 8:10AM – 9:07AM
Yama 12:55PM – 1:52PM
Rahu 10:04AM – 11:01AM

Ardra Until 12:03PM
Sukla Until 10:54PM
Vanija Until 9:35PM
Dvitiya Until 8:22AM

Ganesha: Red *Sunrise:* 8:10AM
Muruqa: Clear *Sunset:* 3:47PM
Nataraja: Purple
Moon – Yellow

Subhakrit 5124
Moon 12 - Phase 33 - 1
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Bradford, UK
Sun 2 Sutra 238

Mithuna Rasi: 28.49 Titthi 18 – 19

Gulika 1:53PM – 2:49PM
Yama 11:59AM – 12:56PM
Rahu 2:49PM – 3:46PM

Punarvasu Until 3:06PM
Brahma Until 11:42PM
Bava Until 12:04AM Mon
Tritiya Until 10:47AM

Ganesha: Green *Sunrise:* 8:11AM
Muruqa: Clear *Sunset:* 3:46PM
Nataraja: Purple
Moon – Blue

Subhakrit 5124
Moon 12 - Phase 33 - 2
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bradford, UK
Sun 3 Sutra 239

Kataka Rasi: 10.41 Titthi 19 – 20

Family Home Evening

745476575

Gulika 12:56PM – 1:53PM
Yama 11:03AM – 11:59AM
Rahu 9:09AM – 10:06AM

Pushya Until 6:03PM
Indra Until 12:33AM Tue
Kaulava Until 2:36AM Tue
Chaturthi* Until 1:19PM

Ganesha: White *Sunrise:* 8:12AM
Muruqa: Clear *Sunset:* 3:46PM
Nataraja: Purple
Moon – Blue

Subhakrit 5124
Moon 12 - Phase 33 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bradford, UK
Sun 4 Sutra 240

Kataka Rasi: 22.34 Titthi 20 – 21

745476575

Gulika 12:00PM – 12:56PM
Yama 10:07AM – 11:03AM
Rahu 1:53PM – 2:50PM

Ashlesha* Until 8:48PM
Vaidhriti* Until 1:19AM Wed
Gara Until 5:03AM Wed
Panchami Until 3:49PM

Ganesha: White *Sunrise:* 8:13AM
Muruqa: Clear *Sunset:* 3:46PM
Nataraja: Purple
Moon – Blue

Subhakrit 5124
Moon 12 - Phase 33 - 4
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Vanija Karana Shashthyam Titau

Bradford, UK
Sun 5 Sutra 241

Simha Rasi: 4.29 Titthi 21

755476575

Gulika 11:04AM – 12:00PM
Yama 9:11AM – 10:07AM
Rahu 12:00PM – 12:57PM

Magha* Until 11:42PM
Vishkambha* Until 1:55AM Thu
Vanija Until 6:10PM
Shashthi* Until 6:10PM

Ganesha: Clear *Sunrise:* 8:14AM
Muruqa: Clear *Sunset:* 3:46PM
Nataraja: Purple
Moon – Red

Subhakrit 5124
Moon 12 - Phase 33 - 5
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 11:42PM

Then Creative Work - Amrita Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Visti/Bava Karana Saptamyam Titau

Bradford, UK
Sun 6 Sutra 242

Simha Rasi: 16.29 Titthi 22

755476575

Gulika 10:08AM – 11:04AM
Yama 8:15AM – 9:12AM
Rahu 12:57PM – 1:54PM

Purvaphalguni Until 2:02AM Fri
Priti Until 2:13AM Fri
Visti Until 7:14AM
Saptami Until 8:08PM

Ganesha: Clear *Sunrise:* 8:15AM
Muruqa: Clear *Sunset:* 3:46PM
Nataraja: Purple
Moon – Red

Subhakrit 5124
Moon 12 - Phase 33 - 6
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Retreat Star

Friday, December 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Bradford, UK
Sun 7 Sutra 243

Simha Rasi: 28.41 Titthi 23

855476575

Gulika 9:12AM – 10:09AM
Yama 1:54PM – 2:50PM
Rahu 11:05AM – 12:01PM

Uttaraphalguni Until 3:38AM Sat
Ayushman Until 2:02AM Sat
Balava Until 8:57AM
Ashtami* Until 9:33PM

Ganesha: White *Sunrise:* 8:16AM
Muruqa: Clear *Sunset:* 3:46PM
Nataraja: Purple
Moon – Red

Subhakrit 5124
Moon 12 - Phase 33 - 7
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Until 3:38AM Sat

Then Routine Work - Marana Yoga

Markali Pillaiyar

Margasira-Markali

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Bradford, UK
Sun 8 Sutra 244

Kanya Rasi: 11.09 Titthi 24

865476575

Gulika 8:17AM – 9:13AM
Yama 12:58PM – 1:54PM
Rahu 10:09AM – 11:06AM

Hasta Until 4:49AM Sun
Saubhagya Until 1:17AM Sun
Taitila Until 10:01AM
Navami* Until 10:14PM

Ganesha: Clear *Sunrise:* 8:17AM
Muruqa: Clear *Sunset:* 3:47PM
Nataraja: Purple
Moon – Green

Subhakrit 5124
Moon 12 - Phase 33 - 8
Navami

Routine Work Marana Yoga

Sivaloka Day

Until 4:49AM Sun

Then Creative Work - Siddha Yoga

Margasira-Markali

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 5/1/20


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1		Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Vanija/Visli* Karana Dashamyam Titau		Bradford, UK Sun 9 Sutra 245 Subhakrit 5124	
Kanya Rasi: 23.58	Tithi 25	Gulika 1:55PM – 2:51PM	Chitra Until 5:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 8:18AM	Moon 12 - Phase 34 - 9	
		Yama 12:02PM – 12:58PM	Sobhana Until 11:54PM	Muruqa: Clear	<i>Sunset:</i> 3:47PM	2nd Phase	
		865476575 Rahu 2:51PM – 3:47PM	Vanija Until 10:17AM	Nataraja: Purple		Sivaloka Day	
Creative Work	Siddha Yoga		Dashami Until 10:05PM	Moon – Green		Margasira*Markali	
Until 5:01AM Mon							
Then Creative Work - Amrita Yoga							

2		Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Bradford, UK Sun 10 Sutra 246 Subhakrit 5124	
Tula Rasi: 7.12	Tithi 26	Gulika 12:59PM – 1:55PM	Svati Until 4:15AM Tue	Ganesha: Clear	<i>Sunrise:</i> 8:18AM	Moon 12 - Phase 34 - 10	
Family Home Evening		Yama 11:07AM – 12:03PM	Athiganda* Until 9:49PM	Muruqa: Clear	<i>Sunset:</i> 3:47PM	2nd Phase	
Creative Work	Amrita Yoga	865476575 Rahu 9:14AM – 10:11AM	Bava Until 9:42AM	Nataraja: Purple		Sivaloka Day	
Until 4:15AM Tue			Ekadashi* Until 9:04PM	Moon – Green		Margasira*Markali	
Then Routine Work - Marana Yoga							

3		Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau		Bradford, UK Sun 11 Sutra 247 Subhakrit 5124	
Tula Rasi: 20.55	Tithi 27	Gulika 12:03PM – 12:59PM	Vishakha Until 3:01AM Wed	Ganesha: Purple	<i>Sunrise:</i> 8:19AM	Moon 12 - Phase 34 - 11	
		Yama 10:11AM – 11:07AM	Sukarma Until 7:07PM	Muruqa: Clear	<i>Sunset:</i> 3:48PM	2nd Phase	
		875476575 Rahu 1:55PM – 2:51PM	Kaulava Until 8:17AM	Nataraja: Purple		Devaloka Day	
Routine Work	Marana Yoga		Dvadashi* Until 7:15PM	Moon – Orange		Margasira*Markali	
Until 3:01AM Wed							
Then Creative Work - Siddha Yoga							

4		Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau		Bradford, UK Sun 12 Sutra 248 Subhakrit 5124	
Vrischika Rasi: 5.07	Tithi 28 – 29	Gulika 11:08AM – 12:04PM	Anuradha Until 1:00AM Thu	Ganesha: Clear	<i>Sunrise:</i> 8:20AM	Moon 12 - Phase 34 - 12	
		Yama 9:16AM – 10:12AM	Dhriti Until 3:52PM	Muruqa: Clear	<i>Sunset:</i> 3:48PM	2nd Phase	
		876476575 Rahu 12:04PM – 1:00PM	Gara Until 6:06AM	Nataraja: Purple		Sivaloka Day	
Creative Work	Siddha Yoga		Trayodashi* Until 4:45PM	Moon – Orange		Margasira*Markali	
Until 1:00AM Thu		Day 1 of Pancha Ganapati	<i>Pradosha Vrata (Fasting)</i>				
Then Routine Work - Prabalarishta Yoga							

		Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau		Bradford, UK Sun 13 Sutra 249 Subhakrit 5124	
Retreat Star		Gulika 10:12AM – 11:08AM	Jyeshtha* Until 10:22PM	Ganesha: Clear	<i>Sunrise:</i> 8:20AM	Moon 12 - Phase 34 - 13	
Vrischika Rasi: 19.44	Tithi 29 – 30	Yama 8:20AM – 9:16AM	Shula* Until 12:09PM	Muruqa: Clear	<i>Sunset:</i> 3:48PM	Amavasya	
		876476575 Rahu 1:00PM – 1:56PM	Catuspada Until 12:02AM Fri	Nataraja: Purple		Sivaloka Day	
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 1:42PM	Moon – Orange		Margasira*Markali	
Until 10:22PM		Day 2 of Pancha Ganapati					
Then Creative Work - Siddha Yoga							

Friday, December 23, 2022		Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Bradford, UK Sun 14 Sutra 250 Subhakrit 5124	
Dhanus Rasi: 4.41	Tithi 30 – 1	Gulika 9:17AM – 10:13AM	Mula* Until 7:42PM	Ganesha: Orange	<i>Sunrise:</i> 8:21AM	Moon 12 - Phase 34 - 14	
		Yama 1:57PM – 2:53PM	Ganda* Until 8:08AM	Muruqa: Clear	<i>Sunset:</i> 3:49PM	Prathama	
		886476575 Rahu 11:09AM – 12:05PM	Kintughna Until 8:29PM	Nataraja: Purple		Sivaloka Day	
Creative Work	Amrita Yoga		Amavasya* Until 10:16AM	Moon – Light Blue		Pausha*Markali	
Until 7:42PM		Day 3 of Pancha Ganapati					
Then Routine Work - Prabalarishta Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1	Saturday, December 24, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Kaulava Karana Prathama/Dvityayam Titau				Bradford, UK
	Dhanus Rasi: 19.5	Tithi 1 – 2	Gulika 8:21AM – 9:17AM	Purvashadha* Until 4:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:21AM	Sun 15 Sutra 251
			Yama 1:01PM – 1:57PM	Dhruva Until 11:40PM	Muruqa: Purple	<i>Sunset:</i> 3:50PM	Subhakrit 5124
	886486575		Rahu 10:13AM – 11:09AM	Kaulava Until 2:58AM Sun	Nataraja: Purple		Moon 12 - Phase 35 - 15 3rd Phase
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Moon – Light Blue		Subha Sivaloka Day	
Until 4:46PM			Prathama* Until 6:38AM	Pausha*Markali			
Then Routine Work - Marana Yoga							


2	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Bradford, UK
	Makara Rasi: 5.01	Tithi 3	Gulika 1:58PM – 2:54PM	Uttarashadha Until 1:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:21AM	Sun 16 Sutra 252
			Yama 12:06PM – 1:02PM	Vyaghata* Until 7:30PM	Muruqa: Purple	<i>Sunset:</i> 3:50PM	Subhakrit 5124
	886486575		Rahu 2:54PM – 3:50PM	Taitila Until 1:11PM	Nataraja: Purple		Moon 12 - Phase 35 - 16 3rd Phase
Creative Work	Amrita Yoga	Day 5 of Pancha Ganapati		Moon – Light Blue		Subha Sivaloka Day	
Until 4:46PM			Tritiya Until 11:26PM	Pausha*Markali			
Then Routine Work - Marana Yoga							

3	Monday, December 26, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Bradford, UK
	Makara Rasi: 20.04	Tithi 4	Gulika 1:03PM – 1:59PM	Shravana Until 11:15AM	Ganesha: Clear	<i>Sunrise:</i> 8:22AM	Sun 17 Sutra 253
	Family Home Evening		Yama 11:10AM – 12:06PM	Harshana Until 3:35PM	Muruqa: Purple	<i>Sunset:</i> 3:51PM	Subhakrit 5124
	896486576		Rahu 9:18AM – 10:14AM	Vanija Until 9:48AM	Nataraja: Clear		Moon 12 - Phase 35 - 17 3rd Phase
Creative Work	Amrita Yoga	Chaturthi* Until 8:13PM		Moon – Purple		Sivaloka Day	
Until 11:15AM				Pausha*Markali			
Then Creative Work - Siddha Yoga							

4	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				Bradford, UK
	Kumbha Rasi: 4.5	Tithi 5 – 6	Gulika 12:07PM – 1:03PM	Dhanishtha Until 9:00AM	Ganesha: Clear	<i>Sunrise:</i> 8:22AM	Sun 18 Sutra 254
			Yama 10:14AM – 11:11AM	Vajra* Until 11:58AM	Muruqa: Purple	<i>Sunset:</i> 3:52PM	Subhakrit 5124
	896486576		Rahu 1:59PM – 2:56PM	Bava Until 6:47AM	Nataraja: Clear		Moon 12 - Phase 35 - 18 3rd Phase
Creative Work	Siddha Yoga	Panchami Until 5:27PM		Moon – Purple		Sivaloka Day	
Until 9:00AM				Pausha*Markali			
Then Routine Work - Marana Yoga							

5	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bradford, UK
	Kumbha Rasi: 19.14	Tithi 6 – 7	Gulika 11:11AM – 12:07PM	Shatabhishak Until 7:08AM	Ganesha: Clear	<i>Sunrise:</i> 8:22AM	Sun 19 Sutra 255
			Yama 9:18AM – 10:15AM	Siddhi Until 8:50AM	Muruqa: Purple	<i>Sunset:</i> 3:53PM	Subhakrit 5124
	896486576		Rahu 12:07PM – 1:04PM	Gara Until 2:27AM Thu	Nataraja: Clear		Moon 12 - Phase 35 - 19 3rd Phase
Creative Work	Siddha Yoga	Shashthi* Until 3:16PM		Moon – Purple		Sivaloka Day	
Until 7:08AM				Pausha*Markali			
Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends					

	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bradford, UK
	Retreat Star		Gulika 10:15AM – 11:11AM	Purvaprosarthapada* Until 6:12AM	Ganesha: Blue	<i>Sunrise:</i> 8:22AM	Sun 20 Sutra 256
	Meena Rasi: 3.12	Tithi 7 – 8	Yama 8:22AM – 9:19AM	Vyatipata* Until 6:14AM	Muruqa: Purple	<i>Sunset:</i> 3:54PM	Subhakrit 5124
	817486576		Rahu 1:04PM – 2:01PM	Visti Until 1:20AM Fri	Nataraja: Clear		Moon 12 - Phase 35 - 20 Ashtami
Creative Work	Siddha Yoga	Saptami Until 1:47PM		Moon – Clear		Devaloka Day	
Until 7:08AM				Pausha*Markali			
Then Creative Work - Amrita Yoga							

	Friday, December 30, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bradford, UK
	Retreat Star		Gulika 9:19AM – 10:15AM	Revati Until 6:04AM Sat	Ganesha: Blue	<i>Sunrise:</i> 8:22AM	Sun 21 Sutra 257
	Meena Rasi: 16.44	Tithi 8 – 9	Yama 2:01PM – 2:58PM	Parigha* Until 2:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 3:55PM	Subhakrit 5124
	817486576		Rahu 11:12AM – 12:08PM	Balava Until 12:57AM Sat	Nataraja: Clear		Moon 12 - Phase 35 - 21 Navami
Creative Work	Siddha Yoga	Ashtami* Until 1:02PM		Moon – Clear		Devaloka Day	
Until 7:08AM				Pausha*Markali			
Then Routine Work - Marana Yoga							

1		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau		Bradford, UK Sun 22 Sutra 258 Subhakrit 5124
Meena Rasi: 29.52	Tithi 9 – 10	Gulika 8:22AM – 9:19AM	Revati Until 6:04AM	Ganesha: Blue	<i>Sunrise:</i> 8:22AM	
		Yama 1:06PM – 2:02PM	Shiva Until 1:51AM Sun	Muruqa: Purple	<i>Sunset:</i> 3:56PM	Moon 12 - Phase 36 - 22
	817486576	Rahu 10:15AM – 11:12AM	Taitila Until 1:17AM Sun	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga		Navami* Until 1:01PM	Moon – Clear		Devaloka Day
Until 6:04AM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

2		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Bradford, UK Sun 23 Sutra 259 Subhakrit 5124
Mesha Rasi: 12.4	Tithi 10 – 11	Gulika 2:03PM – 3:00PM	Ashvini Until 7:16AM	Ganesha: Yellow	<i>Sunrise:</i> 8:22AM	
		Yama 12:09PM – 1:06PM	Siddha Until 1:24AM Mon	Muruqa: Purple	<i>Sunset:</i> 3:57PM	Moon 12 - Phase 36 - 23
	827486576	Rahu 3:00PM – 3:57PM	Vanija Until 2:16AM Mon	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:41PM	Moon – White		Sivaloka Day
Until 7:16AM		Vaikuntha Ekadasi		Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

3		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Bradford, UK Sun 24 Sutra 260 Subhakrit 5124
Mesha Rasi: 25.1	Tithi 11 – 12	Gulika 1:07PM – 2:04PM	Bharani Until 8:53AM	Ganesha: Yellow	<i>Sunrise:</i> 8:22AM	
Family Home Evening		Yama 11:13AM – 12:10PM	Sadhya Until 1:22AM Tue	Muruqa: Purple	<i>Sunset:</i> 3:58PM	Moon 12 - Phase 36 - 24
	827486576	Rahu 9:19AM – 10:16AM	Bava Until 3:44AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 2:55PM	Moon – White		Sivaloka Day
Until 8:53AM				Pausha-Markali		
Then Routine Work - Marana Yoga						

4		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Bradford, UK Sun 25 Sutra 261 Subhakrit 5124
Vrishabha Rasi: 7.28	Tithi 12 – 13	Gulika 12:10PM – 1:07PM	Krittika Until 10:47AM	Ganesha: Blue	<i>Sunrise:</i> 8:22AM	
		Yama 10:16AM – 11:13AM	Subha Until 1:38AM Wed	Muruqa: Purple	<i>Sunset:</i> 3:59PM	Moon 12 - Phase 36 - 25
	827586576	Rahu 2:05PM – 3:02PM	Kaulava Until 5:35AM Wed	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 4:36PM	Moon – White		Subha Sivaloka Day
Until 10:47AM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

5		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Tailita Karana Trayodashyam Titau		Bradford, UK Sun 26 Sutra 262 Subhakrit 5124
Vrishabha Rasi: 19.37	Tithi 13	Gulika 11:13AM – 12:11PM	Rohini Until 1:21PM	Ganesha: White	<i>Sunrise:</i> 8:21AM	
		Yama 9:19AM – 10:16AM	Sukla Until 2:05AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:00PM	Moon 12 - Phase 36 - 26
	838586576	Rahu 12:11PM – 1:08PM	Taitila Until 6:36PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:36PM	Moon – Yellow		Devaloka Day
				Pausha-Markali		

6		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau		Bradford, UK Sun 27 Sutra 263 Subhakrit 5124
Mithuna Rasi: 1.4	Tithi 14	Gulika 10:16AM – 11:14AM	Mrigashira Until 3:59PM	Ganesha: White	<i>Sunrise:</i> 8:21AM	
		Yama 8:21AM – 9:19AM	Brahma Until 2:42AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:01PM	Moon 12 - Phase 36 - 27
	838586576	Rahu 1:09PM – 2:06PM	Gara Until 7:43AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 8:50PM	Moon – Yellow		Devaloka Day
		Subramuniyaswami Jayanti		Pausha-Markali		

○		Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau		Bradford, UK Sun 28 Sutra 264 Subhakrit 5124
Mithuna Rasi: 13.38	Tithi 15	Gulika 9:18AM – 10:16AM	Ardra Until 6:36PM	Ganesha: White	<i>Sunrise:</i> 8:21AM	
		Yama 2:07PM – 3:05PM	Indra Until 3:25AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:03PM	Moon 12 - Phase 36 -
	838586576	Rahu 11:14AM – 12:12PM	Visti Until 10:01AM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:12PM	Moon – Yellow		Devaloka Day
				Pausha-Markali		

○		Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Bradford, UK Sun 29 Sutra 265 Subhakrit 5124
Mithuna Rasi: 25.34	Tithi 16	Gulika 8:20AM – 9:18AM	Punarvasu Until 9:38PM	Ganesha: Clear	<i>Sunrise:</i> 8:20AM	
		Yama 1:10PM – 2:08PM	Vaidhriti* Until 4:10AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 36 -
	848586576	Rahu 10:16AM – 11:14AM	Balava Until 12:26PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:39AM Sun	Moon – Blue		Sivaloka Day
				Pausha-Markali		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 7.28 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:09PM – 3:07PM **Pushya Until 12:33AM Mon**
Yama 12:13PM – 1:11PM **Vishkambha* Until 4:57AM Mon**
Rahu 3:07PM – 4:06PM **Taitila Until 2:55PM**
Dvitiya Until 4:09AM Mon

Bradford, UK
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:20AM
Muruga: Purple Sunset: 4:06PM
Nataraja: Clear
Moon – Blue Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 19.22 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 1:12PM – 2:10PM **Ashlesha* Until 3:17AM Tue**
Yama 11:15AM – 12:13PM **Priti Until 5:45AM Tue**
Rahu 9:18AM – 10:16AM **Vanija Until 5:25PM**
Tritiya Until 6:37AM Tue

Bradford, UK
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:19AM
Muruga: Purple Sunset: 4:07PM
Nataraja: Clear
Moon – Blue Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 1.15 Tithi 18 – 19
Creative Work Siddha Yoga
Until 6:16AM Wed
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 12:13PM – 1:12PM **Magha* Until 6:16AM Wed**
Yama 10:16AM – 11:15AM **Ayushman Until 6:26AM Wed**
Rahu 2:11PM – 3:10PM **Bava Until 7:51PM**
Tritiya Until 6:37AM

Bradford, UK
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2nd Phase
Devaloka Day
Ganesha: Purple Sunrise: 8:18AM
Muruga: Purple Sunset: 4:08PM
Nataraja: Clear
Moon – Red Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 13.11 Tithi 19 – 20
Creative Work Siddha Yoga
Until 6:16AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 11:15AM – 12:14PM **Magha* Until 6:16AM**
Yama 9:17AM – 10:16AM **Ayushman Until 6:26AM**
Rahu 12:14PM – 1:13PM **Kaulava Until 10:07PM**
Chaturthi* Until 8:59AM

Bradford, UK
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3rd Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:18AM
Muruga: Purple Sunset: 4:10PM
Nataraja: Clear
Moon – Red Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 25.13 Tithi 20 – 21
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 10:16AM – 11:15AM **Purvaphalguni Until 8:51AM**
Yama 8:17AM – 9:16AM **Saubhagya Until 6:58AM**
Rahu 1:14PM – 2:13PM **Gara Until 12:03AM Fri**
Panchami Until 11:07AM

Bradford, UK
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4th Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:17AM
Muruga: Purple Sunset: 4:11PM
Nataraja: Clear
Moon – Red Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 7.23 Tithi 21 – 22
Creative Work Siddha Yoga
Until 10:55AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 9:16AM – 10:15AM **Uttaraphalguni Until 10:55AM**
Yama 2:14PM – 3:13PM **Sobhana Until 7:13AM**
Rahu 11:15AM – 12:15PM **Visti Until 1:30AM Sat**
Shashthi* Until 12:50PM

Bradford, UK
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5th Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:16AM
Muruga: Purple Sunset: 4:13PM
Nataraja: Clear
Moon – Red Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 19.46 Tithi 22 – 23
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 8:15AM – 9:15AM **Hasta Until 12:46PM**
Yama 1:15PM – 2:15PM **Athiganda* Until 7:03AM**
Rahu 10:15AM – 11:15AM **Balava Until 2:17AM Sun**
Saptami Until 1:58PM

Bradford, UK
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6th Phase
Subha Sivaloka Day
Ganesha: White Sunrise: 8:15AM
Muruga: Purple Sunset: 4:15PM
Nataraja: Clear
Moon – Green Pausha-Thai

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 2.28 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:16PM – 3:16PM **Chitra Until 1:45PM**
Yama 12:15PM – 1:16PM **Sukarma Until 6:21AM**
Rahu 3:16PM – 4:16PM **Taitila Until 2:15AM Mon**
Ashtami* Until 2:21PM

Bradford, UK
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7th Phase
Subha Sivaloka Day
Ganesha: White Sunrise: 8:15AM
Muruga: Purple Sunset: 4:16PM
Nataraja: Clear
Moon – Green Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Bradford, UK
1		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 274
Tula Rasi: 15.34	Tithi 24 – 25	Gulika	1:16PM – 2:17PM	Svati Until 1:46PM	Ganesha: White <i>Sunrise: 8:14AM</i>	Subhakrit 5124
Family Home Evening	869586576	Yama	11:15AM – 12:16PM	Shula* Until 3:03AM Tue	Muruqa: Purple <i>Sunset: 4:18PM</i>	Moon 1 - Phase 38 - 8
Creative Work Amrita Yoga		Rahu	9:14AM – 10:15AM	Vanija Until 1:23AM Tue	Nataraja: Clear	2nd Phase
Until 1:46PM				Navami* Until 1:54PM	Moon – Green	Subha Sivaloka Day
Then Routine Work - Marana Yoga					Pausha*Thai	

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Bradford, UK
2		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 275
Tula Rasi: 29.08	Tithi 25 – 26	Gulika	12:16PM – 1:17PM	Vishakha Until 1:15PM	Ganesha: Yellow <i>Sunrise: 8:13AM</i>	Subhakrit 5124
	879586576	Yama	10:14AM – 11:15AM	Ganda* Until 12:24AM Wed	Muruqa: Purple <i>Sunset: 4:20PM</i>	Moon 1 - Phase 38 - 9
Routine Work Marana Yoga		Rahu	2:18PM – 3:19PM	Bava Until 11:40PM	Nataraja: Clear	2nd Phase
Until 1:15PM				Dashami Until 12:36PM	Moon – Orange	Sivaloka Day
Then Creative Work - Siddha Yoga					Pausha*Thai	

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Bradford, UK
3		Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 276
Vischika Rasi: 13.11	Tithi 26 – 27	Gulika	11:15AM – 12:16PM	Anuradha Until 11:48AM	Ganesha: Yellow <i>Sunrise: 8:12AM</i>	Subhakrit 5124
	879586576	Yama	9:13AM – 10:14AM	Vriddhi Until 9:11PM	Muruqa: Purple <i>Sunset: 4:21PM</i>	Moon 1 - Phase 38 - 10
Creative Work Siddha Yoga		Rahu	12:16PM – 1:18PM	Kaulava Until 9:13PM	Nataraja: Clear	2nd Phase
				Ekadashi* Until 10:30AM	Moon – Orange	Sivaloka Day
					Pausha*Thai	

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Bradford, UK
4		Jyeshtha/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 277
Vischika Rasi: 27.43	Tithi 27 – 28	Gulika	10:14AM – 11:15AM	Jyeshtha* Until 9:33AM	Ganesha: Yellow <i>Sunrise: 8:10AM</i>	Subhakrit 5124
	871586576	Yama	8:10AM – 9:12AM	Dhruva Until 5:26PM	Muruqa: Purple <i>Sunset: 4:23PM</i>	Moon 1 - Phase 38 - 11
Routine Work Prabalarishta Yoga		Rahu	1:18PM – 2:20PM	Gara Until 6:09PM	Nataraja: Clear	2nd Phase
Until 9:33AM				Dvadashi* Until 7:44AM	Moon – Orange	Sivaloka Day
Then Creative Work - Siddha Yoga					Pausha*Thai	
					<i>Pradosha Vrata (Fasting)</i>	

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Bradford, UK
5		Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 278
Dhanus Rasi: 12.39	Tithi 29	Gulika	9:11AM – 10:13AM	Mula* Until 7:04AM	Ganesha: Red <i>Sunrise: 8:09AM</i>	Subhakrit 5124
	881586576	Yama	2:21PM – 3:23PM	Vyaghata* Until 1:20PM	Muruqa: Purple <i>Sunset: 4:25PM</i>	Moon 1 - Phase 38 - 12
Creative Work Amrita Yoga		Rahu	11:15AM – 12:17PM	Visti Until 2:38PM	Nataraja: Clear	2nd Phase
Until 7:04AM				Chaturdashi* Until 12:44AM Sat	Moon – Light Blue	Sivaloka Day
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Bradford, UK
	Retreat Star	Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 279
Dhanus Rasi: 27.52	Tithi 30	Gulika	8:08AM – 9:10AM	Uttarashadha Until 12:51AM Sun	Ganesha: Red <i>Sunrise: 8:08AM</i>	Subhakrit 5124
	881586576	Yama	1:20PM – 2:22PM	Harshana Until 9:01AM	Muruqa: Purple <i>Sunset: 4:27PM</i>	Moon 1 - Phase 38 - 13
Routine Work Marana Yoga		Rahu	10:13AM – 11:15AM	Catuspada Until 10:50AM	Nataraja: Clear	Amavasya
Until 12:51AM Sun				Amavasya* Until 8:53PM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga					Pausha*Thai	

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Bradford, UK
Retreat Star		Shravana Nakshatra Siddhi Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 280
Makara Rasi: 13.12	Tithi 1 – 2	Gulika	2:23PM – 3:26PM	Shravana Until 9:53PM	Ganesha: Yellow <i>Sunrise: 8:07AM</i>	Subhakrit 5124
	891586576	Yama	12:18PM – 1:20PM	Siddhi Until 12:11AM Mon	Muruqa: Purple <i>Sunset: 4:29PM</i>	Moon 1 - Phase 38 - 14
Creative Work Amrita Yoga		Rahu	3:26PM – 4:29PM	Kintughna Until 6:57AM	Nataraja: Clear	Prathama
Until 9:53PM				Prathama* Until 5:01PM	Moon – Purple	Sivaloka Day
Then Routine Work - Marana Yoga					Magha*Thai	

Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau				Bradford, UK Sun 15 Sutra 281 Subhakrit 5124
1	Makara Rasi: 28.28 Tithi 2 – 3 Family Home Evening Creative Work Siddha Yoga	Gulika 1:21PM – 2:24PM Yama 11:15AM – 12:18PM Rahu 9:09AM – 10:12AM	Dhanishtha Until 7:00PM Vyatipata* Until 8:01PM Taitila Until 11:36PM Dvitiya Until 1:19PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Purple Magha*Thai	<i>Sunrise:</i> 8:06AM <i>Sunset:</i> 4:30PM	Moon 1 - Phase 39 - 15 3rd Phase Sivaloka Day

Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthiyam Titau				Bradford, UK Sun 16 Sutra 282 Subhakrit 5124
2	Kumbha Rasi: 13.3 Tithi 3 – 4 Routine Work Marana Yoga	Gulika 12:18PM – 1:22PM Yama 10:11AM – 11:15AM Rahu 2:25PM – 3:29PM	Shatabhishak Until 4:24PM Variyan Until 4:09PM Vanija Until 8:31PM Tritiya Until 9:59AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Purple Magha*Thai	<i>Sunrise:</i> 8:04AM <i>Sunset:</i> 4:32PM	Moon 1 - Phase 39 - 16 3rd Phase Sivaloka Day

Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bradford, UK Sun 17 Sutra 283 Subhakrit 5124
3	Kumbha Rasi: 28.1 Tithi 4 – 5 Creative Work Amrita Yoga Until 2:38PM Then Creative Work - Siddha Yoga	Gulika 11:15AM – 12:18PM Yama 9:07AM – 10:11AM Rahu 12:18PM – 1:22PM	Purvaproshtapada* Until 2:38PM Parigha* Until 12:46PM Bava Until 6:01PM Chaturthi* Until 7:09AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Magha*Thai	<i>Sunrise:</i> 8:03AM <i>Sunset:</i> 4:34PM	Moon 1 - Phase 39 - 17 3rd Phase Subha Sivaloka Day

Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Shashthyam Titau				Bradford, UK Sun 18 Sutra 284 Subhakrit 5124
4	Meena Rasi: 12.21 Tithi 6 Creative Work Siddha Yoga	Gulika 10:10AM – 11:14AM Yama 8:01AM – 9:06AM Rahu 1:23PM – 2:27PM	Uttaraproshtapada Until 1:26PM Shiva Until 9:59AM Kaulava Until 4:15PM Shashthi* Until 3:40AM Fri	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Magha*Thai	<i>Sunrise:</i> 8:01AM <i>Sunset:</i> 4:36PM	Moon 1 - Phase 39 - 18 3rd Phase Subha Sivaloka Day

Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Bradford, UK Sun 19 Sutra 285 Subhakrit 5124
5	Meena Rasi: 26.03 Tithi 7 Creative Work Siddha Yoga Until 12:55PM Then Creative Work - Amrita Yoga	Gulika 9:05AM – 10:09AM Yama 2:28PM – 3:33PM Rahu 11:14AM – 12:19PM	Revati Until 12:55PM Siddha Until 7:48AM Gara Until 3:20PM Saptami Until 3:11AM Sat	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Magha*Thai	<i>Sunrise:</i> 8:00AM <i>Sunset:</i> 4:38PM	Moon 1 - Phase 39 - 19 3rd Phase Subha Sivaloka Day

Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Bradford, UK Sun 20 Sutra 286 Subhakrit 5124
Retreat Star	Mesha Rasi: 9.16 Tithi 8 Creative Work Siddha Yoga	Gulika 7:58AM – 9:04AM Yama 1:24PM – 2:29PM Rahu 10:09AM – 11:14AM	Ashvini Until 1:32PM Sadhya Until 6:20AM Visti Until 3:18PM Ashtami* Until 3:34AM Sun	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha*Thai	<i>Sunrise:</i> 7:58AM <i>Sunset:</i> 4:40PM	Moon 1 - Phase 39 - 20 Ashtami Sivaloka Day

Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Bradford, UK Sun 21 Sutra 287 Subhakrit 5124
Retreat Star	Mesha Rasi: 22.03 Tithi 9 Routine Work Prabalarishta Yoga Until 2:48PM Then Creative Work - Siddha Yoga	Gulika 2:31PM – 3:36PM Yama 12:19PM – 1:25PM Rahu 3:36PM – 4:42PM	Bharani Until 2:48PM Sukla Until 5:16AM Mon Balava Until 4:04PM Navami* Until 4:42AM Mon	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha*Thai	<i>Sunrise:</i> 7:57AM <i>Sunset:</i> 4:42PM	Moon 1 - Phase 39 - 21 Navami Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Bradford, UK
1		Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Sun 22
Vrishabha Rasi: 4.3	Tithi 10	Gulika	1:26PM – 2:32PM	Krittika Until 4:35PM	Ganesha: Yellow	Sunrise: 7:55AM
Family Home Evening	922686576	Yama	11:13AM – 12:19PM	Brahma Until 5:28AM Tue	Muruqa: Purple	Sunset: 4:44PM
Routine Work	Marana Yoga	Rahu	9:01AM – 10:07AM	Taitila Until 5:32PM	Nataraja: Clear	Moon 1 - Phase 40 - 22
Until 4:35PM				Dashami Until 6:27AM Tue	Moon – White	4th Phase
Then Creative Work - Amrita Yoga					Magha-Thai	Sivaloka Day


Tuesday, January 31, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Bradford, UK
2		Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau				Sun 23
Vrishabha Rasi: 16.42	Tithi 10 – 11	Gulika	12:20PM – 1:26PM	Rohini Until 7:11PM	Ganesha: White	Sunrise: 7:54AM
	932686576	Yama	10:07AM – 11:13AM	Indra Until 6:01AM Wed	Muruqa: Purple	Sunset: 4:46PM
Creative Work	Amrita Yoga	Rahu	2:33PM – 3:39PM	Vanija Until 7:31PM	Nataraja: Clear	Moon 1 - Phase 40 - 23
Until 7:11PM				Dashami Until 6:27AM	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga					Magha-Thai	Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Bradford, UK
3		Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24
Vrishabha Rasi: 28.43	Tithi 11 – 12	Gulika	11:13AM – 12:20PM	Mrigashira Until 9:56PM	Ganesha: White	Sunrise: 7:54AM
	932686576	Yama	9:00AM – 10:07AM	Indra Until 6:01AM	Muruqa: Purple	Sunset: 4:46PM
Creative Work	Siddha Yoga	Rahu	12:20PM – 1:26PM	Bava Until 9:50PM	Nataraja: Clear	Moon 1 - Phase 40 - 24
				Ekadashi Until 8:37AM	Moon – Yellow	4th Phase
					Magha-Thai	Subha Sivaloka Day

Thursday, February 2, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Bradford, UK
4		Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25
Mithuna Rasi: 10.39	Tithi 12 – 13	Gulika	10:06AM – 11:13AM	Ardra Until 12:40AM Fri	Ganesha: White	Sunrise: 7:52AM
	932686576	Yama	7:52AM – 8:59AM	Vaidhriti* Until 6:43AM	Muruqa: Purple	Sunset: 4:48PM
Routine Work	Marana Yoga	Rahu	1:27PM – 2:34PM	Kaulava Until 12:18AM Fri	Nataraja: Clear	Moon 1 - Phase 40 - 25
Until 12:40AM Fri				Dvadashi Until 11:02AM	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga					Magha-Thai	Subha Sivaloka Day
					<i>Pradosha Vrata</i>	

Friday, February 3, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Bradford, UK
5		Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26
Mithuna Rasi: 22.32	Tithi 13 – 14	Gulika	8:58AM – 10:05AM	Punarvasu Until 3:47AM Sat	Ganesha: Clear	Sunrise: 7:50AM
	942686576	Yama	2:35PM – 3:42PM	Vishkambha* Until 7:32AM	Muruqa: Purple	Sunset: 4:49PM
Creative Work	Siddha Yoga	Rahu	11:13AM – 12:20PM	Gara Until 2:49AM Sat	Nataraja: Clear	Moon 1 - Phase 40 - 26
				Trayodashi Until 1:32PM	Moon – Blue	4th Phase
					Magha-Thai	Sivaloka Day

Saturday, February 4, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Bradford, UK
6		Pushya Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27
Kataka Rasi: 4.25	Tithi 14 – 15	Gulika	7:49AM – 8:57AM	Pushya Until 6:41AM Sun	Ganesha: Clear	Sunrise: 7:49AM
	942686577	Yama	1:28PM – 2:36PM	Priti Until 8:22AM	Muruqa: Purple	Sunset: 4:51PM
Creative Work	Siddha Yoga	Rahu	10:04AM – 11:12AM	Visti Until 5:17AM Sun	Nataraja: Orange	Moon 1 - Phase 40 - 27
				Chaturdashi* Until 4:02PM	Moon – Blue	4th Phase
		Thai Pusam			Magha-Thai	Sivaloka Day

Sunday, February 5, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Bradford, UK
		Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Bava Karana Purnimayam Titau				Sutra 294
Kataka Rasi: 16.19	Tithi 15	Gulika	2:37PM – 3:45PM	Pushya Until 6:41AM	Ganesha: Clear	Sunrise: 7:47AM
	942686577	Yama	12:20PM – 1:28PM	Ayushman Until 9:08AM	Muruqa: Purple	Sunset: 4:53PM
Creative Work	Siddha Yoga	Rahu	3:45PM – 4:53PM	Bava Until 6:27PM	Nataraja: Orange	Moon 1 - Phase 40 - Purnima
				Purnima* Until 6:27PM	Moon – Blue	Sivaloka Day
					Magha-Thai	

Monday, February 6, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Bradford, UK
Silver Retreat Star		Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 295
Kataka Rasi: 28.15	Tithi 16	Gulika	1:29PM – 2:38PM	Ashlesha* Until 9:19AM	Ganesha: Clear	Sunrise: 7:45AM
Family Home Evening	942686577	Yama	11:11AM – 12:20PM	Saubhagya Until 9:50AM	Muruqa: Purple	Sunset: 4:55PM
Creative Work	Siddha Yoga	Rahu	8:54AM – 10:03AM	Balava Until 7:39AM	Nataraja: Orange	Moon 1 - Phase 40 - Prathama
Until 9:19AM				Prathama* Until 8:46PM	Moon – Blue	Sivaloka Day
Then Routine Work - Marana Yoga					Magha-Thai	



Tuesday, February 7, 2023
Gold Retreat Star

Simha Rasi: 10.14 Tithi 17
952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:20PM – 1:30PM
Yama 10:02AM – 11:11AM
Rahu 2:39PM – 3:48PM

Magha* Until 12:10PM
Sobhana Until 10:27AM
Taitila Until 9:54AM
Dvitiya Until 10:55PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:43AM
Sunset: 4:57PM

Bradford, UK
Sun 1
Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 22.17 Tithi 18
952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:11AM – 12:20PM
Yama 8:51AM – 10:01AM
Rahu 12:20PM – 1:30PM

Purvaphalguni Until 2:40PM
Athiganda* Until 10:54AM
Vanija Until 11:57AM
Tritiya Until 12:52AM Thu

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:41AM
Sunset: 4:59PM

Bradford, UK
Sun 2
Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 4.25 Tithi 19
952686577

Amrita Yoga
Until 4:45PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 10:00AM – 11:10AM
Yama 7:40AM – 8:50AM
Rahu 1:31PM – 2:41PM

Uttaraphalguni Until 4:45PM
Sukarma Until 11:11AM
Bava Until 1:44PM
Chaturthi* Until 2:29AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:40AM
Sunset: 5:01PM

Bradford, UK
Sun 3
Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 16.42 Tithi 20
962686577

Amrita Yoga
Until 6:48PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:48AM – 9:59AM
Yama 2:42PM – 3:53PM
Rahu 11:10AM – 12:21PM

Hasta Until 6:48PM
Dhriti Until 11:13AM
Kaulava Until 3:11PM
Panchami Until 3:42AM Sat

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:38AM
Sunset: 5:03PM

Bradford, UK
Sun 4
Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 29.1 Tithi 21
963686577

Marana Yoga
Routine Work
Until 8:13PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:36AM – 8:47AM
Yama 1:32PM – 2:43PM
Rahu 9:58AM – 11:09AM

Chitra Until 8:13PM
Shula* Until 10:52AM
Gara Until 4:08PM
Shashthi* Until 4:22AM Sun

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:36AM
Sunset: 5:05PM

Bradford, UK
Sun 5
Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 11.52 Tithi 22
963686577

Siddha Yoga
Creative Work
Until 8:52PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 2:44PM – 3:56PM
Yama 12:21PM – 1:32PM
Rahu 3:56PM – 5:07PM

Svati Until 8:52PM
Ganda* Until 10:06AM
Visti Until 4:29PM
Saptami Until 4:22AM Mon

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:34AM
Sunset: 5:07PM

Bradford, UK
Sun 6
Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

D

Monday, February 13, 2023
Retreat Star

Tula Rasi: 24.54 Tithi 23
973686577

Family Home Evening
Routine Work Marana Yoga
Until 9:08PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:33PM – 2:45PM
Yama 11:08AM – 12:21PM
Rahu 8:44AM – 9:56AM

Vishakha Until 9:08PM
Vridhhi Until 8:49AM
Balava Until 4:07PM
Ashtami* Until 3:39AM Tue

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 7:32AM
Sunset: 5:09PM

Bradford, UK
Sun 7
Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 8.19 Tithi 24
973686577

Siddha Yoga
Creative Work
Until 8:32PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:21PM – 1:33PM
Yama 9:55AM – 11:08AM
Rahu 2:46PM – 3:59PM

Anuradha Until 8:32PM
Dhruva Until 6:56AM
Taitila Until 3:02PM
Navami* Until 2:11AM Wed

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 7:30AM
Sunset: 5:11PM

Bradford, UK
Sun 8
Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami

Sivaloka Day

1	Wednesday, February 15, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau				Bradford, UK Sun 9 Sutra 304 Subhakarit 5124
	Vrischika Rasi: 22.1	Tithi 25	973686577	Gulika 11:07AM – 12:21PM Yama 8:41AM – 9:54AM Rahu 12:21PM – 1:34PM	Jyeshtha* Until 7:05PM Harshana Until 1:29AM Thu Vanija Until 1:13PM Dashami Until 12:02AM Thu	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 7:28AM Sunset: 5:13PM Moon 2 - Phase 42 - 9 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga						
	Until 7:05PM Then Routine Work - Marana Yoga						

2	Thursday, February 16, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*Purvashadha* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Bradford, UK Sun 10 Sutra 305 Subhakarit 5124
	Dhanus Rasi: 6.27	Tithi 26	983686577	Gulika 9:53AM – 11:07AM Yama 7:26AM – 8:39AM Rahu 1:34PM – 2:48PM	Mula* Until 5:18PM Vajra* Until 9:59PM Bava Until 10:44AM Ekadashi* Until 9:16PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:26AM Sunset: 5:15PM Moon 2 - Phase 42 - 10 2nd Phase Devaloka Day
	Creative Work Siddha Yoga						

3	Friday, February 17, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Bradford, UK Sun 11 Sutra 306 Subhakarit 5124
	Dhanus Rasi: 21.08	Tithi 27	983686577	Gulika 8:38AM – 9:52AM Yama 2:49PM – 4:03PM Rahu 11:06AM – 12:20PM	Purvashadha* Until 2:53PM Siddhi Until 6:08PM Kaulava Until 7:43AM Dvadashi* Until 6:02PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:24AM Sunset: 5:17PM Moon 2 - Phase 42 - 11 2nd Phase Devaloka Day
	Routine Work Prabalarishta Yoga						
	Until 2:53PM Then Routine Work - Marana Yoga						

4	Saturday, February 18, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Bradford, UK Sun 12 Sutra 307 Subhakarit 5124
	Makara Rasi: 6.08	Tithi 28 – 29	983686577	Gulika 7:22AM – 8:36AM Yama 1:35PM – 2:50PM Rahu 9:51AM – 11:06AM	Uttarashadha Until 11:59AM Vyatipata* Until 2:01PM Visti Until 12:40AM Sun Trayodashi* Until 2:29PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:22AM Sunset: 5:19PM Moon 2 - Phase 42 - 12 2nd Phase Devaloka Day
	Routine Work Marana Yoga						
	Until 11:59AM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>				

●	Sunday, February 19, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bradford, UK Sun 13 Sutra 308 Subhakarit 5124
	Retreat Star						
	Makara Rasi: 21.18	Tithi 29 – 30	993686577	Gulika 2:51PM – 4:06PM Yama 12:20PM – 1:35PM Rahu 4:06PM – 5:21PM	Shravana Until 9:11AM Variyan Until 9:45AM Catuspada Until 8:57PM Chaturdashi* Until 10:47AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 7:20AM Sunset: 5:21PM Moon 2 - Phase 42 - 13 Amavasya Devaloka Day
	Creative Work Amrita Yoga						
Until 9:11AM Then Routine Work - Marana Yoga							

●	Monday, February 20, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shiva Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Bradford, UK Sun 14 Sutra 309 Subhakarit 5124
	Retreat Star						
	Kumbha Rasi: 6.29	Tithi 30 – 1	993686577	Gulika 1:36PM – 2:52PM Yama 11:05AM – 12:20PM Rahu 8:33AM – 9:49AM	Dhanishtha Until 6:16AM Shiva Until 1:27AM Tue Bava Until 3:38AM Tue Amavasya* Until 7:07AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 7:17AM Sunset: 5:23PM Moon 2 - Phase 42 - 14 Prathama Devaloka Day
	Family Home Evening						
Creative Work Siddha Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 5/1/20

www.gurudeva.org/panchang

1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bradford, UK
	Kumbha Rasi: 21.32	Tithi 2	Gulika 12:20PM – 1:36PM	Purvaproshtapada* Until 1:10AM Wed	Ganesha: Red	Sunrise: 7:15AM	Sun 15 Sutra 310
	913686577	Rahu 2:53PM – 4:09PM	Siddha Until 9:38PM	Muruqa: Purple	Sunset: 5:25PM	Moon 2 - Phase 43 - 15	Subhakrit 5124
	Routine Work Marana Yoga		Balava Until 2:02PM	Nataraja: Orange		3rd Phase	
			Dvitiya Until 12:31AM Wed	Moon – Clear		Sivaloka Day	
				Phalguna-Masi			

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Bradford, UK
	Meena Rasi: 6.16	Tithi 3	Gulika 11:03AM – 12:20PM	Uttaraproshtapada Until 11:21PM	Ganesha: Red	Sunrise: 7:13AM	Sun 16 Sutra 311
	913686577	Rahu 12:20PM – 1:37PM	Sadhya Until 6:16PM	Muruqa: Purple	Sunset: 5:27PM	Moon 2 - Phase 43 - 16	Subhakrit 5124
	Creative Work Siddha Yoga		Taitila Until 11:11AM	Nataraja: Orange		3rd Phase	
			Tritiya Until 9:57PM	Moon – Clear		Sivaloka Day	
				Phalguna-Masi			

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Bradford, UK
	Meena Rasi: 20.35	Tithi 4	Gulika 9:45AM – 11:03AM	Revati Until 10:05PM	Ganesha: Blue	Sunrise: 7:11AM	Sun 17 Sutra 312
	913786577	Rahu 1:37PM – 2:54PM	Subha Until 3:27PM	Muruqa: Purple	Sunset: 5:29PM	Moon 2 - Phase 43 - 17	Subhakrit 5124
	Creative Work Siddha Yoga		Vanija Until 8:57AM	Nataraja: Orange		3rd Phase	
			Chaturthi* Until 8:05PM	Moon – Clear		Subha Sivaloka Day	
				Phalguna-Masi			

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Bradford, UK
	Mesha Rasi: 4.25	Tithi 5	Gulika 8:26AM – 9:44AM	Ashvini Until 9:55PM	Ganesha: Yellow	Sunrise: 7:09AM	Sun 18 Sutra 313
	923786577	Rahu 11:02AM – 12:20PM	Sukla Until 1:15PM	Muruqa: Purple	Sunset: 5:31PM	Moon 2 - Phase 43 - 18	Subhakrit 5124
	Creative Work Amrita Yoga		Bava Until 7:28AM	Nataraja: Orange		3rd Phase	
			Panchami Until 7:02PM	Moon – White		Sivaloka Day	
				Phalguna-Masi			

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Bradford, UK
	Mesha Rasi: 17.46	Tithi 6	Gulika 7:06AM – 8:25AM	Bharani Until 10:27PM	Ganesha: Yellow	Sunrise: 7:06AM	Sun 19 Sutra 314
	923786577	Rahu 9:43AM – 11:01AM	Brahma Until 11:44AM	Muruqa: Purple	Sunset: 5:33PM	Moon 2 - Phase 43 - 19	Subhakrit 5124
	Creative Work Siddha Yoga		Kaulava Until 6:51AM	Nataraja: Orange		3rd Phase	
			Shashthi* Until 6:50PM	Moon – White		Sivaloka Day	
				Phalguna-Masi			

6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Bradford, UK
	Vrishabha Rasi: 0.4	Tithi 7	Gulika 2:57PM – 4:16PM	Krittika Until 11:39PM	Ganesha: Blue	Sunrise: 7:04AM	Sun 20 Sutra 315
	924786577	Rahu 4:16PM – 5:35PM	Indra Until 10:55AM	Muruqa: Purple	Sunset: 5:35PM	Moon 2 - Phase 43 - 20	Subhakrit 5124
	Creative Work Siddha Yoga		Gara Until 7:05AM	Nataraja: Orange		3rd Phase	
			Saptami Until 7:30PM	Moon – White		Devaloka Day	
				Phalguna-Masi			

D	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Bradford, UK
	Retreat Star		Gulika 1:39PM – 2:58PM	Rohini Until 1:51AM Tue	Ganesha: Yellow	Sunrise: 7:02AM	Sun 21 Sutra 316
	Vrishabha Rasi: 13.11	Tithi 8	Yama 11:00AM – 12:19PM	Vaidhriti* Until 10:41AM	Muruqa: Purple	Sunset: 5:37PM	Subhakrit 5124
	Family Home Evening	934786577	Rahu 8:21AM – 9:41AM	Visti Until 8:09AM	Nataraja: Orange		Moon 2 - Phase 43 - 21
Creative Work Amrita Yoga			Ashtami* Until 8:55PM	Moon – Yellow		Ashtami	
				Phalguna-Masi		Sivaloka Day	

D	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Bradford, UK
	Retreat Star		Gulika 12:19PM – 1:39PM	Mrigashira Until 4:24AM Wed	Ganesha: Yellow	Sunrise: 7:00AM	Sun 22 Sutra 317
	Vrishabha Rasi: 25.25	Tithi 9	Yama 9:39AM – 10:59AM	Vishkambha* Until 10:57AM	Muruqa: Purple	Sunset: 5:39PM	Subhakrit 5124
	934786577	Rahu 2:59PM – 4:19PM	Balava Until 9:52AM	Nataraja: Orange		Moon 2 - Phase 43 - 22	Navami
Creative Work Siddha Yoga			Navami* Until 10:54PM	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Bradford, UK Sun 23 Sutra 318 Subhakrit 5124	
Mithuna Rasi: 7.27	Tithi 10	Gulika Yama	10:58AM – 12:19PM 8:16AM – 9:37AM	Ardra Until 7:06AM Thu Priti Until 11:34AM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange	Sunrise: 6:55AM Sunset: 5:42PM	Moon 2 - Phase 44 - 23 4th Phase
934786577	Rahu 12:19PM – 1:40PM			Taitila Until 12:04PM Dashami Until 1:15AM Thu	Moon – Yellow Phalguna-Masi	Sivaloka Day	
Creative Work Siddha Yoga Until 7:06AM Thu Then Creative Work - Amrita Yoga							
2		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Bradford, UK Sun 24 Sutra 319 Subhakrit 5124	
Mithuna Rasi: 19.22	Tithi 11	Gulika Yama	9:36AM – 10:57AM 6:53AM – 8:14AM	Ardra Until 7:06AM Ayushman Until 12:22PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange	Sunrise: 6:53AM Sunset: 5:44PM	Moon 2 - Phase 44 - 24 4th Phase
934786577	Rahu 1:40PM – 3:01PM			Vanija Until 2:31PM Ekadashi Until 3:45AM Fri	Moon – Yellow Phalguna-Masi	Sivaloka Day	
Routine Work Marana Yoga Until 7:06AM Then Creative Work - Amrita Yoga							
3		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Bradford, UK Sun 25 Sutra 320 Subhakrit 5124	
Kataka Rasi: 1.14	Tithi 12	Gulika Yama	8:12AM – 9:34AM 3:02PM – 4:24PM	Punarvasu Until 10:14AM Saubhagya Until 1:14PM	Ganesha: White Muruqa: Purple Nataraja: Orange	Sunrise: 6:51AM Sunset: 5:46PM	Moon 2 - Phase 44 - 25 4th Phase
944786577	Rahu 10:56AM – 12:18PM			Bava Until 5:02PM Dvadashi Until 6:15AM Sat	Moon – Blue Phalguna-Masi	Devaloka Day	
Creative Work Siddha Yoga Until 10:14AM Then Routine Work - Marana Yoga							
4		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Bradford, UK Sun 26 Sutra 321 Subhakrit 5124	
Kataka Rasi: 13.06	Tithi 12 – 13	Gulika Yama	6:48AM – 8:11AM 1:41PM – 3:03PM	Pushya Until 1:10PM Sobhana Until 2:05PM	Ganesha: White Muruqa: Purple Nataraja: Orange	Sunrise: 6:48AM Sunset: 5:48PM	Moon 2 - Phase 44 - 26 4th Phase
944786577	Rahu 9:33AM – 10:56AM			Kaulava Until 7:28PM Dvadashi Until 6:15AM	Moon – Blue Phalguna-Masi	Devaloka Day	
Creative Work Siddha Yoga Until 1:10PM Then Routine Work - Marana Yoga							
5		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Bradford, UK Sun 27 Sutra 322 Subhakrit 5124	
Kataka Rasi: 25.01	Tithi 13 – 14	Gulika Yama	3:04PM – 4:27PM 12:18PM – 1:41PM	Ashlesha* Until 3:47PM Athiganda* Until 2:47PM	Ganesha: Purple Muruqa: Purple Nataraja: Orange	Sunrise: 6:46AM Sunset: 5:50PM	Moon 2 - Phase 44 - 27 4th Phase
144786577	Rahu 4:27PM – 5:50PM			Gara Until 9:44PM Trayodashi Until 8:37AM	Moon – Blue Phalguna-Masi	Devaloka Day	
Creative Work Siddha Yoga Until 3:47PM Then Routine Work - Marana Yoga		Chidambaram Abhishekam					
Monday, March 6, 2023		Copper Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Bradford, UK Sun 28 Sutra 323 Subhakrit 5124	
Simha Rasi: 7.01	Tithi 14 – 15	Gulika Yama	1:41PM – 3:05PM 10:54AM – 12:18PM	Magha* Until 6:31PM Sukarma Until 3:19PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange	Sunrise: 6:44AM Sunset: 5:52PM	Moon 2 - Phase 44 - Purnima
154786577	Rahu 8:07AM – 9:31AM			Visti Until 11:45PM Chaturdashi* Until 10:45AM	Moon – Red Phalguna-Masi	Sivaloka Day	
Routine Work Marana Yoga Until 6:31PM Then Creative Work - Siddha Yoga		Holi					
Tuesday, March 7, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Bradford, UK Sun 29 Sutra 324 Subhakrit 5124	
Simha Rasi: 19.08	Tithi 15 – 16	Gulika Yama	12:17PM – 1:42PM 9:29AM – 10:53AM	Purvaphalguni Until 8:48PM Dhriti Until 3:40PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange	Sunrise: 6:41AM Sunset: 5:54PM	Moon 2 - Phase 44 - Prathama
154786577	Rahu 3:06PM – 4:30PM			Balava Until 1:28AM Wed Purnima* Until 12:38PM	Moon – Red Phalguna-Masi	Sivaloka Day	
Creative Work Siddha Yoga Until 8:48PM Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bradford, UK

Sutra 325

Subhakti 5124

Kanya Rasi: 1.21 Tithi 16 - 17

154786577

Gulika 10:53AM - 12:17PM
Yama 8:03AM - 9:28AM
Rahu 12:17PM - 1:42PM

Uttaraphalguni Until 10:37PM

Shula* Until 3:44PM

Taitila Until 2:52AM Thu

Prathama* Until 2:11PM

Ganesha: Clear *Sunrise:* 6:39AM
Muruqa: Purple *Sunset:* 5:56PM

Nataraja: Orange
Moon - Red

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 1st Phase

Creative Work Amrita Yoga

Until 10:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Bradford, UK

Sun 1 Sutra 326

Subhakti 5124

Kanya Rasi: 13.43 Tithi 17 - 18

164786577

Gulika 9:27AM - 10:52AM
Yama 6:36AM - 8:02AM
Rahu 1:42PM - 3:07PM

Hasta Until 12:25AM Fri

Ganda* Until 3:34PM

Vanija Until 3:53AM Fri

Dvitiya Until 3:24PM

Ganesha: White *Sunrise:* 6:36AM
Muruqa: Purple *Sunset:* 5:59PM

Nataraja: Orange
Moon - Green

Phalguna-Masi

Devaloka Day

Moon 3 - Phase 45 - 1st Phase

Routine Work Marana Yoga

Until 12:25AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Bradford, UK

Sun 2 Sutra 327

Subhakti 5124

Kanya Rasi: 26.15 Tithi 18 - 19

165786577

Gulika 8:00AM - 9:25AM
Yama 3:08PM - 4:34PM
Rahu 10:51AM - 12:17PM

Chitra Until 1:40AM Sat

Vridhhi Until 3:07PM

Bava Until 4:30AM Sat

Tritiya Until 4:13PM

Ganesha: Yellow *Sunrise:* 6:34AM
Muruqa: Purple *Sunset:* 5:59PM

Nataraja: Orange
Moon - Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 2nd Phase

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bradford, UK

Sun 3 Sutra 328

Subhakti 5124

Tula Rasi: 8.58 Tithi 19 - 20

165786577

Gulika 6:32AM - 7:58AM
Yama 1:43PM - 3:09PM
Rahu 9:24AM - 10:50AM

Svati Until 2:21AM Sun

Dhruva Until 2:19PM

Kaulava Until 4:41AM Sun

Chaturthi* Until 4:38PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruqa: Purple *Sunset:* 6:01PM

Nataraja: Orange
Moon - Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 3rd Phase

Creative Work Siddha Yoga

Until 2:21AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 12, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

Bradford, UK

Sun 4 Sutra 329

Subhakti 5124

Tula Rasi: 21.53 Tithi 20 - 21

175786577

Gulika 3:10PM - 4:36PM
Yama 12:16PM - 1:43PM
Rahu 4:36PM - 6:03PM

Vishakha Until 2:52AM Mon

Vyaghata* Until 1:11PM

Gara Until 4:23AM Mon

Panchami Until 4:34PM

Ganesha: Blue *Sunrise:* 6:29AM
Muruqa: Purple *Sunset:* 6:03PM

Nataraja: Orange
Moon - Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 4th Phase

Routine Work Marana Yoga

Until 2:52AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 13, 2023

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Bradford, UK

Sun 5 Sutra 330

Subhakti 5124

Vrischika Rasi: 5.03 Tithi 21 - 22

175786577

Gulika 1:43PM - 3:11PM
Yama 10:49AM - 12:16PM
Rahu 7:54AM - 9:21AM

Anuradha Until 2:44AM Tue

Harshana Until 11:40AM

Visti Until 3:33AM Tue

Shashthi* Until 4:01PM

Ganesha: Blue *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 6:05PM

Nataraja: Orange
Moon - Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 5th Phase

Creative Work Siddha Yoga

Until 2:44AM Tue

Then Routine Work - Marana Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bradford, UK

Sun 6 Sutra 331

Subhakti 5124

Vrischika Rasi: 18.3 Tithi 22 - 23

175786577

Gulika 12:16PM - 1:44PM
Yama 9:20AM - 10:48AM
Rahu 3:11PM - 4:39PM

Jyeshtha* Until 1:56AM Wed

Vajra* Until 9:43AM

Balava Until 2:12AM Wed

Saptami Until 2:56PM

Ganesha: Blue *Sunrise:* 6:24AM
Muruqa: Purple *Sunset:* 6:07PM

Nataraja: Orange
Moon - Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 6th Phase

Routine Work Marana Yoga

Wednesday, March 15, 2023

Retreat Star

Subhakti Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bradford, UK

Sun 7 Sutra 332

Subhakti 5124

Dhanus Rasi: 2.15 Tithi 23 - 24

185786578

Gulika 10:47AM - 12:15PM
Yama 7:50AM - 9:19AM
Rahu 12:15PM - 1:44PM

Mula* Until 12:55AM Thu

Siddhi Until 7:22AM

Taitila Until 12:20AM Thu

Ashtami* Until 1:19PM

Ganesha: Red *Sunrise:* 6:22AM
Muruqa: Purple *Sunset:* 6:09PM

Nataraja: Clear
Moon - Light Blue

Phalguna-Panguni

Sivaloka Day

Moon 3 - Phase 45 - 7th Phase

Routine Work Marana Yoga

Until 12:55AM Thu

Then Creative Work - Siddha Yoga

Karadayyan Nombu (Tamil Nadu)


1	Thursday, March 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vairyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Bradford, UK
	Dhanus Rasi: 16.2	Tithi 24 – 25	185786578	Gulika Yama Rahu	9:17AM – 10:46AM 6:20AM – 7:49AM 1:44PM – 3:13PM	Purvashadha* Until 11:17PM Vairyan Until 1:28AM Fri Vanija Until 10:00PM Navami* Until 11:12AM	Ganesha: Red <i>Sunrise: 6:20AM</i> Muruqa: Purple <i>Sunset: 6:11PM</i> Nataraja: Clear Moon – Light Blue Phalguna•Panguni
Creative Work Siddha Yoga Until 11:17PM Then Routine Work - Marana Yoga							

2	Friday, March 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Bradford, UK
	Makara Rasi: 0.42	Tithi 25 – 26	185786578	Gulika Yama Rahu	7:47AM – 9:16AM 3:14PM – 4:43PM 10:45AM – 12:15PM	Uttarashadha Until 9:08PM Parigha* Until 10:02PM Bava Until 7:16PM Dashami Until 8:39AM	Ganesha: Red <i>Sunrise: 6:17AM</i> Muruqa: Purple <i>Sunset: 6:12PM</i> Nataraja: Clear Moon – Light Blue Phalguna•Panguni
Routine Work Marana Yoga							

3	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Bradford, UK
	Makara Rasi: 15.2	Tithi 27	195786578	Gulika Yama Rahu	6:15AM – 7:45AM 1:44PM – 3:14PM 9:15AM – 10:45AM	Shravana Until 6:59PM Shiva Until 6:23PM Kaulava Until 4:15PM Dvadashi* Until 2:39AM Sun	Ganesha: Green <i>Sunrise: 6:15AM</i> Muruqa: Purple <i>Sunset: 6:14PM</i> Nataraja: Clear Moon – Purple Phalguna•Panguni
Creative Work Siddha Yoga							

4	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Bradford, UK
	Kumbha Rasi: 0.07	Tithi 28	196896578	Gulika Yama Rahu	3:15PM – 4:46PM 12:14PM – 1:45PM 4:46PM – 6:16PM	Dhanishtha Until 4:34PM Siddha Until 2:35PM Gara Until 1:04PM Trayodashi* Until 11:27PM	Ganesha: Green <i>Sunrise: 6:12AM</i> Muruqa: Clear <i>Sunset: 6:16PM</i> Nataraja: Clear Moon – Purple Phalguna•Panguni
Routine Work Marana Yoga Until 4:34PM Then Creative Work - Siddha Yoga <i>Pradosha Vrata (Fasting)</i>							

5	Monday, March 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Bradford, UK
	Kumbha Rasi: 14.58	Tithi 29	196896578	Gulika Yama Rahu	1:45PM – 3:16PM 10:43AM – 12:14PM 7:41AM – 9:12AM	Shatabhishak Until 2:01PM Sadhya Until 10:49AM Visti Until 9:53AM Chaturdashi* Until 8:19PM	Ganesha: Green <i>Sunrise: 6:10AM</i> Muruqa: Clear <i>Sunset: 6:18PM</i> Nataraja: Clear Moon – Purple Phalguna•Panguni
Family Home Evening Creative Work Siddha Yoga Until 2:01PM Then Routine Work - Marana Yoga							

	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Bradford, UK		
	Retreat Star		Kumbha Rasi: 29.43	Tithi 30 – 1	116896578	Gulika Yama Rahu	12:14PM – 1:45PM 9:11AM – 10:42AM 3:17PM – 4:48PM	Purvaproshtapada* Until 11:55AM Subha Until 7:11AM Catuspada Until 6:50AM Amavasya* Until 5:24PM	Ganesha: Orange <i>Sunrise: 6:07AM</i> Muruqa: Clear <i>Sunset: 6:20PM</i> Nataraja: Clear Moon – Clear Phalguna•Panguni
Routine Work Marana Yoga Until 11:55AM Then Creative Work - Amrita Yoga									

6	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bradford, UK		
	Retreat Star		Meena Rasi: 14.15	Tithi 1 – 2	116896578	Gulika Yama Rahu	10:41AM – 12:13PM 7:37AM – 9:09AM 12:13PM – 1:45PM	Uttaraproshtapada Until 10:01AM Brahma Until 12:43AM Thu Balava Until 1:48AM Thu Prathama* Until 2:52PM	Ganesha: Orange <i>Sunrise: 6:05AM</i> Muruqa: Clear <i>Sunset: 6:22PM</i> Nataraja: Clear Moon – Clear Chaitra•Panguni
Creative Work Siddha Yoga Until 10:01AM Then Routine Work - Marana Yoga									

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Bradford, UK Sun 15 Sutra 340 Subhakrit 5124
Meena Rasi: 28.28	Tithi 2 - 3	Gulika 9:08AM - 10:40AM	Revati Until 8:28AM	Ganesha: Orange	<i>Sunrise:</i> 6:03AM	
		Yama 6:03AM - 7:35AM	Indra Until 10:11PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 47 - 15
		116896578 Rahu 1:46PM - 3:18PM	Taitila Until 12:06AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:51PM	Moon - Clear		Devaloka Day
Until 8:28AM		Chellappaswami Mahasamadhi		Chaitra-Panguni		
Then Creative Work - Amrita Yoga						

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Bradford, UK Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 12.17	Tithi 3 - 4	Gulika 7:33AM - 9:06AM	Ashvini Until 7:50AM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	
		Yama 3:19PM - 4:52PM	Vaidhriti* Until 8:10PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 10:40AM - 12:13PM	Vanija Until 11:07PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 11:30AM	Moon - White		Devaloka Day
Until 7:50AM				Chaitra-Panguni		
Then Creative Work - Siddha Yoga						

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bradford, UK Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 25.4	Tithi 4 - 5	Gulika 5:58AM - 7:31AM	Bharani Until 7:48AM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	
		Yama 1:46PM - 3:20PM	Vishkambha* Until 6:48PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 9:05AM - 10:39AM	Bava Until 10:55PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:54AM	Moon - White		Devaloka Day
Until 7:48AM				Chaitra-Panguni		
Then Creative Work - Amrita Yoga						

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Bradford, UK Sun 18 Sutra 343 Subhakrit 5124
Vrishabha Rasi: 8.39	Tithi 5 - 6	Gulika 3:21PM - 4:55PM	Krittika Until 8:22AM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	
		Yama 12:12PM - 1:46PM	Priti Until 6:03PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 47 - 18
		126896578 Rahu 4:55PM - 6:29PM	Kaulava Until 11:30PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 11:05AM	Moon - White		Devaloka Day
				Chaitra-Panguni		

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Bradford, UK Sun 19 Sutra 344 Subhakrit 5124
Vrishabha Rasi: 21.16	Tithi 6 - 7	Gulika 1:47PM - 3:21PM	Rohini Until 9:59AM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	
Family Home Evening		Yama 10:37AM - 12:12PM	Ayushman Until 5:50PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 7:28AM - 9:02AM	Gara Until 12:47AM Tue	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 12:02PM	Moon - Yellow		Devaloka Day
				Chaitra-Panguni		

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bradford, UK Sun 20 Sutra 345 Subhakrit 5124
Mithuna Rasi: 3.34	Tithi 7 - 8	Gulika 12:12PM - 1:47PM	Mrigashira Until 12:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	
		Yama 9:01AM - 10:36AM	Saubhagya Until 6:07PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 3:22PM - 4:57PM	Visti Until 2:39AM Wed	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 1:38PM	Moon - Yellow		Devaloka Day
Until 12:05PM				Chaitra-Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Bradford, UK Sun 21 Sutra 346 Subhakrit 5124
Mithuna Rasi: 15.4	Tithi 8 - 9	Gulika 10:35AM - 12:11PM	Ardra Until 2:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM	
		Yama 7:24AM - 9:00AM	Sobhana Until 6:45PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:11PM - 1:47PM	Balava Until 4:53AM Thu	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 3:42PM	Moon - Yellow		Devaloka Day
		Sri Rama Navami		Chaitra-Panguni		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Bradford, UK on 5/1/20

www.gurudeva.org/panchang

1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Kaulava Karana Navanyam Titau		Bradford, UK Sun 22 Sutra 347 Subhakrit 5124	
Mithuna Rasi: 27.37	Tithi 9	Gulika 8:58AM – 10:35AM	Punarvasu Until 5:30PM	Ganesha: White	<i>Sunrise:</i> 5:46AM		
		Yama 5:46AM – 7:22AM	Athiganda* Until 7:32PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 48 - 22	
147896578	Rahu 1:47PM – 3:24PM		Kaulava Until 6:03PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 6:03PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	


2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau		Bradford, UK Sun 23 Sutra 348 Subhakrit 5124	
Kataka Rasi: 9.31	Tithi 10	Gulika 7:20AM – 8:57AM	Pushya Until 8:26PM	Ganesha: White	<i>Sunrise:</i> 5:43AM		
		Yama 3:24PM – 5:01PM	Sukarma Until 8:23PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 48 - 23	
147896578	Rahu 10:34AM – 12:11PM		Taitila Until 7:17AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 8:29PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau		Bradford, UK Sun 24 Sutra 349 Subhakrit 5124	
Kataka Rasi: 21.24	Tithi 11	Gulika 5:43AM – 7:20AM	Ashlesha* Until 11:05PM	Ganesha: White	<i>Sunrise:</i> 5:43AM		
		Yama 1:48PM – 3:24PM	Dhriti Until 9:11PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 48 - 24	
147896578	Rahu 8:57AM – 10:34AM		Vanija Until 9:41AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 10:48PM	Moon – Blue		Bhuloka Day	
Until 11:05PM		Yogaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Bradford, UK Sun 25 Sutra 350 Subhakrit 5124	
Simha Rasi: 3.22	Tithi 12	Gulika 3:25PM – 5:03PM	Magha* Until 1:50AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:41AM		
		Yama 12:10PM – 1:48PM	Shula* Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 48 - 25	
158896578	Rahu 5:03PM – 6:40PM		Bava Until 11:54AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 12:52AM Mon	Moon – Red		Devaloka Day	
Until 1:50AM Mon				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Bradford, UK Sun 26 Sutra 351 Subhakrit 5124	
Simha Rasi: 15.25	Tithi 13	Gulika 1:48PM – 3:26PM	Purvaphalguni Until 4:04AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:38AM		
		Yama 10:32AM – 12:10PM	Ganda* Until 10:06PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 48 - 26	
158896578	Rahu 7:16AM – 8:54AM		Kaulava Until 1:48PM	Nataraja: Clear		4th Phase	
Family Home Evening	Siddha Yoga		Trayodashi Until 2:34AM Tue	Moon – Red		Devaloka Day	
Until 4:04AM Tue				Chaitra•Panguni			
Then Creative Work - Amrita Yoga						<i>Pradosha Vrata</i>	

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Bradford, UK Sun 27 Sutra 352 Subhakrit 5124	
Simha Rasi: 27.39	Tithi 14	Gulika 12:10PM – 1:48PM	Uttaraphalguni Until 5:42AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:36AM		
		Yama 8:53AM – 10:31AM	Vriddhi Until 10:07PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 48 - 27	
158896578	Rahu 3:27PM – 5:05PM		Gara Until 3:17PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 3:50AM Wed	Moon – Red		Devaloka Day	
Until 5:42AM Wed				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Bradford, UK Sun 28 Sutra 353 Subhakrit 5124	
Kanya Rasi: 10.04	Tithi 15	Gulika 10:30AM – 12:09PM	Hasta Until 7:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:34AM		
		Yama 7:12AM – 8:51AM	Dhruva Until 9:44PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 48 -	
168896578	Rahu 12:09PM – 1:48PM		Visti Until 4:17PM	Nataraja: Clear		Purnima	
Routine Work	Marana Yoga		Purnima* Until 4:36AM Thu	Moon – Green		Bhuloka Day	
Until 7:11AM Thu		Panguni Uttiram		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

7		Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Bradford, UK Sun 29 Sutra 354 Subhakrit 5124	
Kanya Rasi: 22.41	Tithi 16	Gulika 8:50AM – 10:30AM	Hasta Until 7:11AM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM		
		Yama 5:31AM – 7:11AM	Vyaghata* Until 9:00PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 48 -	
168896578	Rahu 1:49PM – 3:28PM		Balava Until 4:49PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Prathama* Until 4:52AM Fri	Moon – Green		Bhuloka Day	
Until 7:11AM				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 5.33 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:09AM – 8:49AM
Yama 3:29PM – 5:09PM
168896578 **Rahu** 10:29AM – 12:09PM

Chitra Until 8:03AM
Harshana Until 7:54PM
Taitila Until 4:51PM
Dvitiya Until 4:41AM Sat

Ganesha: Blue *Sunrise:* 5:29AM
Muruqa: Clear *Sunset:* 6:49PM
Nataraja: Clear
Moon – Green

Bradford, UK
Sutra 355
Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 18.38 Tithi 18
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:26AM – 7:07AM
Yama 1:49PM – 3:30PM
168896578 **Rahu** 8:47AM – 10:28AM

Svati Until 8:18AM
Vajra* Until 6:26PM
Vanija Until 4:27PM
Tritiya Until 4:05AM Sun

Ganesha: Blue *Sunrise:* 5:26AM
Muruqa: Clear *Sunset:* 6:51PM
Nataraja: Clear
Moon – Green

Bradford, UK
Sun 1
Sutra 356
Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Sunday, April 9, 2023

Vrischika Rasi: 1.56 Tithi 19
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:30PM – 5:12PM
Yama 12:08PM – 1:49PM
179896578 **Rahu** 5:12PM – 6:53PM

Vishakha Until 8:28AM
Siddhi Until 4:40PM
Bava Until 3:40PM
Chaturthi* Until 3:06AM Mon

Ganesha: Red *Sunrise:* 5:24AM
Muruqa: Clear *Sunset:* 6:53PM
Nataraja: Clear
Moon – Orange

Bradford, UK
Sun 2
Sutra 357
Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

3

Monday, April 10, 2023

Vrischika Rasi: 15.28 Tithi 20
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Varyayan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:50PM – 3:31PM
Yama 10:26AM – 12:08PM
179896578 **Rahu** 7:03AM – 8:45AM

Anuradha Until 8:07AM
Vyatipata* Until 2:38PM
Kaulava Until 2:30PM
Panchami Until 1:47AM Tue

Ganesha: Red *Sunrise:* 5:22AM
Muruqa: Clear *Sunset:* 6:54PM
Nataraja: Clear
Moon – Orange

Bradford, UK
Sun 3
Sutra 358
Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

4

Tuesday, April 11, 2023

Vrischika Rasi: 29.1 Tithi 21
Routine Work Marana Yoga
Until 7:17AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyayan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:08PM – 1:50PM
Yama 8:43AM – 10:26AM
179896578 **Rahu** 3:32PM – 5:14PM

Jyeshtha* Until 7:17AM
Varyayan Until 12:19PM
Gara Until 1:02PM
Shashthi* Until 12:10AM Wed

Ganesha: Red *Sunrise:* 5:19AM
Muruqa: Clear *Sunset:* 6:56PM
Nataraja: Clear
Moon – Orange

Bradford, UK
Sun 4
Sutra 359
Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

5

Wednesday, April 12, 2023

Dhanus Rasi: 13.03 Tithi 22
Routine Work Marana Yoga
Until 6:28AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 10:25AM – 12:07PM
Yama 6:59AM – 8:42AM
189896578 **Rahu** 12:07PM – 1:50PM

Mula* Until 6:28AM
Parigha* Until 9:47AM
Visti Until 11:16AM
Saptami Until 10:16PM

Ganesha: Green *Sunrise:* 5:17AM
Muruqa: Clear *Sunset:* 6:58PM
Nataraja: Clear
Moon – Light Blue

Bradford, UK
Sun 5
Sutra 360
Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Dhanus Rasi: 27.06 Tithi 23
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:41AM – 10:24AM
Yama 5:14AM – 6:58AM
189996578 **Rahu** 1:50PM – 3:34PM

Uttarashadha Until 3:39AM Fri
Shiva Until 7:04AM
Balava Until 9:15AM
Ashtami* Until 8:09PM

Ganesha: White *Sunrise:* 5:14AM
Muruqa: Clear *Sunset:* 7:00PM
Nataraja: Clear
Moon – Light Blue

Bradford, UK
Sun 6
Sutra 361
Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Makara Rasi: 11.18 Tithi 24 – 25
Routine Work Marana Yoga
Until 2:10AM Sat
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Gulika 6:56AM – 8:40AM
Yama 3:34PM – 5:18PM
199996578 **Rahu** 10:23AM – 12:07PM

Shravana Until 2:10AM Sat
Sadhya Until 1:05AM Sat
Taitila Until 7:01AM
Navami* Until 5:49PM

Ganesha: Clear *Sunrise:* 5:12AM
Muruqa: Clear *Sunset:* 7:02PM
Nataraja: Clear
Moon – Purple

Bradford, UK
Sun 7
Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 7
Navami

Chidambaram Abhishekam
Tamil New Year

Devaloka Day


Chaitra-Chaitra


1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Bradford, UK
	Makara Rasi: 25.37	Tithi 25 – 26	Gulika 5:10AM – 6:54AM	Dhanishtha Until 12:26AM Sun	Ganesha: White	<i>Sunrise:</i> 5:10AM	Sun 8 Sutra 363
			Yama 1:51PM – 3:35PM	Subha Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 Rahu 8:38AM – 10:22AM	Bava Until 2:08AM Sun	Nataraja: Clear		Moon 4 - Phase 1 - 8 2nd Phase
			Dashami Until 3:22PM	Moon – Purple		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bradford, UK
	Kumbha Rasi: 9.59	Tithi 26 – 27	Gulika 3:36PM – 5:21PM	Shatabhishak Until 10:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:07AM	Sun 9 Sutra 364
			Yama 12:06PM – 1:51PM	Sukla Until 6:46PM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Sobhana 5125
	Creative Work	Siddha Yoga	291996578 Rahu 5:21PM – 7:05PM	Kaulava Until 11:37PM	Nataraja: Clear		Moon 4 - Phase 1 - 9 2nd Phase
			Ekadashi* Until 12:51PM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Bradford, UK
	Kumbha Rasi: 24.22	Tithi 27 – 28	Gulika 1:51PM – 3:37PM	Purvaproshtapada* Until 9:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:05AM	Sun 10 Sutra 1
	Family Home Evening		Yama 10:21AM – 12:06PM	Brahma Until 3:39PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 Rahu 6:50AM – 8:36AM	Gara Until 9:11PM	Nataraja: Clear		Moon 4 - Phase 1 - 10 2nd Phase
			Dvadashi* Until 10:22AM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bradford, UK
	Meena Rasi: 8.4	Tithi 28 – 29	Gulika 12:06PM – 1:52PM	Uttaraproshtapada Until 7:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:03AM	Sun 11 Sutra 2
			Yama 8:34AM – 10:20AM	Indra Until 12:40PM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Sobhana 5125
	Creative Work	Amrita Yoga	211996578 Rahu 3:38PM – 5:23PM	Visti Until 6:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 11 2nd Phase
			Trayodashi* Until 8:01AM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Bradford, UK
	Retreat Star		Gulika 10:19AM – 12:06PM	Revati Until 6:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:01AM	Sun 12 Sutra 3
	Meena Rasi: 22.47	Tithi 30	Yama 6:47AM – 8:33AM	Vaidhriti* Until 9:54AM	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 Rahu 12:06PM – 1:52PM	Catuspada Until 5:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 12 Amavasya
			Amavasya* Until 4:12AM Thu	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Bradford, UK
	Retreat Star		Gulika 8:32AM – 10:19AM	Ashvini Until 5:39PM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Sun 13 Sutra 4
	Mesha Rasi: 6.41	Tithi 1	Yama 4:58AM – 6:45AM	Vishkambha* Until 7:28AM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Sobhana 5125
	Creative Work	Amrita Yoga	221996578 Rahu 1:52PM – 3:39PM	Kintughna Until 3:32PM	Nataraja: Clear		Moon 4 - Phase 1 - 13 Prathama
			Prathama* Until 2:58AM Fri	Moon – White		Devaloka Day	
				Vaisaka*Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bradford, UK Sun 14 Sutra 5
	Mesha Rasi: 20.17	Tithi 2	Gulika 6:43AM – 8:31AM	Bharani Until 5:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM	Sobhana 5125
			Yama 3:40PM – 5:27PM	Ayushman Until 3:53AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 Rahu 10:18AM – 12:05PM	Balava Until 2:35PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:19AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Bradford, UK Sun 15 Sutra 6
	Wrishabha Rasi: 3.32	Tithi 3	Gulika 4:54AM – 6:42AM	Krittika Until 5:44PM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Sobhana 5125
			Yama 1:53PM – 3:41PM	Saubhagya Until 2:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 Rahu 8:29AM – 10:17AM	Taitila Until 2:15PM	Nataraja: Clear		3rd Phase
			Tritiya Until 2:19AM Sun	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthiyam Titau				Bradford, UK Sun 16 Sutra 7
	Wrishabha Rasi: 16.28	Tithi 4	Gulika 3:42PM – 5:30PM	Rohini Until 6:58PM	Ganesha: Orange	<i>Sunrise:</i> 4:52AM	Sobhana 5125
			Yama 12:05PM – 1:53PM	Sobhana Until 2:20AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 Rahu 5:30PM – 7:18PM	Vanija Until 2:35PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 2:59AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Bradford, UK Sun 17 Sutra 8
	Wrishabha Rasi: 29.05	Tithi 5	Gulika 1:53PM – 3:42PM	Mrigashira Until 8:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:49AM	Sobhana 5125
	Family Home Evening		Yama 10:16AM – 12:05PM	Athiganda* Until 2:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 Rahu 6:38AM – 8:27AM	Bava Until 3:34PM	Nataraja: Clear		3rd Phase
Until 8:40PM			Panchami Until 4:15AM Tue	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Bradford, UK Sun 18 Sutra 9
	Mithuna Rasi: 11.25	Tithi 6	Gulika 12:04PM – 1:54PM	Ardra Until 10:44PM	Ganesha: Orange	<i>Sunrise:</i> 4:47AM	Sobhana 5125
			Yama 8:26AM – 10:15AM	Sukarma Until 2:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 Rahu 3:43PM – 5:32PM	Kaulava Until 5:07PM	Nataraja: Purple		3rd Phase
Until 10:44PM			Shashthi* Until 6:02AM Wed	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bradford, UK Sun 19 Sutra 10
	Mithuna Rasi: 23.34	Tithi 6 – 7	Gulika 10:14AM – 12:04PM	Punarvasu Until 1:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:45AM	Sobhana 5125
			Yama 6:35AM – 8:25AM	Dhriti Until 3:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 Rahu 12:04PM – 1:54PM	Gara Until 7:06PM	Nataraja: Purple		3rd Phase
Until 1:31AM Thu			Shashthi* Until 6:02AM	Moon – Blue		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bradford, UK Sun 20 Sutra 11
	Retreat Star		Gulika 8:24AM – 10:14AM	Pushya Until 4:21AM Fri	Ganesha: Red	<i>Sunrise:</i> 4:43AM	Sobhana 5125
	Kataka Rasi: 5.34	Tithi 7 – 8	Yama 4:43AM – 6:33AM	Shula* Until 4:06AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 Rahu 1:54PM – 3:45PM	Visti Until 9:21PM	Nataraja: Purple		Ashtami
Until 4:21AM Fri			Saptami Until 8:11AM	Moon – Blue		Sivaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bradford, UK Sun 21 Sutra 12
	Retreat Star		Gulika 6:32AM – 8:22AM	Ashlesha* Until 7:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 4:41AM	Sobhana 5125
	Kataka Rasi: 17.28	Tithi 8 – 9	Yama 3:46PM – 5:36PM	Ganda* Until 4:57AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 Rahu 10:13AM – 12:04PM	Balava Until 11:42PM	Nataraja: Purple		Navami
Until 7:03AM Sat			Ashtami* Until 10:30AM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1		Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bradford, UK Sun 22 Sutra 13 Sobhana 5125
Kataka Rasi: 29.23	Tithi 9 – 10	Gulika 4:39AM – 6:30AM	Ashlesha* Until 7:03AM	Ganesha: Red	<i>Sunrise:</i> 4:39AM	Muruqa: Clear	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 3 - 22 4th Phase
Routine Work	Marana Yoga	Yama 1:55PM – 3:46PM	Vriddhi Until 5:42AM Sun	Nataraja: Purple		Moon – Blue		Sivaloka Day
Until 7:03AM		242996579 Rahu 8:21AM – 10:13AM	Taitila Until 1:55AM Sun					
Then Creative Work - Amrita Yoga			Navami* Until 12:49PM	Vaisaka-Chaitra				

2		Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bradford, UK Sun 23 Sutra 14 Sobhana 5125
Simha Rasi: 11.21	Tithi 10 – 11	Gulika 3:47PM – 5:39PM	Magha* Until 9:56AM	Ganesha: Blue	<i>Sunrise:</i> 4:37AM	Muruqa: Clear	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 3 - 23 4th Phase
Routine Work	Marana Yoga	Yama 12:04PM – 1:55PM	Dhruva Until 6:10AM Mon	Nataraja: Purple		Moon – Red		Devaloka Day
Until 9:56AM		252996579 Rahu 5:39PM – 7:31PM	Vanija Until 3:51AM Mon					
Then Creative Work - Siddha Yoga			Dashami Until 2:55PM	Vaisaka-Chaitra				

3		Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bradford, UK Sun 24 Sutra 15 Sobhana 5125
Simha Rasi: 23.27	Tithi 11 – 12	Gulika 1:56PM – 3:49PM	Purvaphalguni Until 12:17PM	Ganesha: Blue	<i>Sunrise:</i> 4:32AM	Muruqa: Clear	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 3 - 24 4th Phase
Family Home Evening		Yama 10:11AM – 12:03PM	Dhruva Until 6:10AM	Nataraja: Purple		Moon – Red		Devaloka Day
Creative Work	Siddha Yoga	252996579 Rahu 6:25AM – 8:18AM	Bava Until 5:19AM Tue					
			Ekadashi Until 4:38PM	Vaisaka-Chaitra				

4		Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bradford, UK Sun 25 Sutra 16 Sobhana 5125
Kanya Rasi: 5.45	Tithi 12 – 13	Gulika 12:03PM – 1:56PM	Uttaraphalguni Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 4:30AM	Muruqa: Clear	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 3 - 25 4th Phase
Creative Work	Amrita Yoga	Yama 8:17AM – 10:10AM	Vyaghata* Until 6:17AM	Nataraja: Purple		Moon – Red		Devaloka Day
Until 2:00PM		252996579 Rahu 3:50PM – 5:43PM	Kaulava Until 6:11AM Wed					
Then Creative Work - Siddha Yoga			Dvadashi Until 5:48PM	Vaisaka-Chaitra				
			<i>Pradosha Vrata</i>					

5		Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bradford, UK Sun 26 Sutra 17 Sobhana 5125
Kanya Rasi: 18.18	Tithi 13	Gulika 10:09AM – 12:03PM	Hasta Until 3:27PM	Ganesha: Yellow	<i>Sunrise:</i> 4:28AM	Muruqa: Clear	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 3 - 26 4th Phase
Routine Work	Marana Yoga	Yama 6:22AM – 8:16AM	Vajra* Until 5:07AM Thu	Nataraja: Purple		Moon – Green		Sivaloka Day
Until 3:27PM		262996579 Rahu 12:03PM – 1:57PM	Kaulava Until 6:11AM					
Then Creative Work - Siddha Yoga			Trayodashi Until 6:22PM	Vaisaka-Chaitra				

6		Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Bradford, UK Sun 27 Sutra 18 Sobhana 5125
Tula Rasi: 1.08	Tithi 14	Gulika 8:15AM – 10:09AM	Chitra Until 4:07PM	Ganesha: Yellow	<i>Sunrise:</i> 4:26AM	Muruqa: Clear	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 3 - 27 4th Phase
Creative Work	Siddha Yoga	Yama 4:26AM – 6:21AM	Siddhi Until 3:48AM Fri	Nataraja: Purple		Moon – Green		Sivaloka Day
Until 4:07PM		262996579 Rahu 1:57PM – 3:51PM	Gara Until 6:26AM					
Then Creative Work - Amrita Yoga			Chaturdashi* Until 6:18PM	Vaisaka-Chaitra				

○		Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Bradford, UK Sun 28 Sutra 19 Sobhana 5125
Tula Rasi: 14.19	Tithi 15 – 16	Gulika 6:19AM – 8:14AM	Svati Until 4:02PM	Ganesha: Yellow	<i>Sunrise:</i> 4:24AM	Muruqa: Clear	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 3 - Purnima
Creative Work	Siddha Yoga	Yama 3:52PM – 5:47PM	Vyatipata* Until 2:01AM Sat	Nataraja: Purple		Moon – Green		Sivaloka Day
		262996579 Rahu 10:08AM – 12:03PM	Visti Until 6:03AM					
		Budha Purnima (Tamil Nadu)	Purnima* Until 5:37PM	Vaisaka-Chaitra				

○		Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Bradford, UK Sun 29 Sutra 20 Sobhana 5125
Tula Rasi: 27.47	Tithi 16 – 17	Gulika 4:22AM – 6:18AM	Vishakha Until 3:43PM	Ganesha: White	<i>Sunrise:</i> 4:22AM	Muruqa: Clear	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 3 - Prathama
Creative Work	Siddha Yoga	Yama 1:58PM – 3:53PM	Variyan Until 11:50PM	Nataraja: Purple		Moon – Orange		Devaloka Day
		272996579 Rahu 8:13AM – 10:08AM	Taitila Until 3:39AM Sun					
			Prathama* Until 4:24PM	Vaisaka-Chaitra				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda