



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cairo, Egypt
Sutra 1

Tula Rasi: 22.22 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 12:07AM Tue
Then Creative Work - Siddha Yoga

Gulika 1:32PM – 3:10PM
Yama 10:18AM – 11:55AM
Rahu 7:03AM – 8:40AM

Vishakha Until 12:07AM Tue
Siddhi Until 4:51PM
Vanija Until 2:32AM Tue
Dvitiya Until 3:54PM

Ganesha: Purple *Sunrise: 5:26AM*
Muruqa: White *Sunset: 6:24PM*
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Cairo, Egypt
Sun 1
Sutra 2

Vrischika Rasi: 6.53 Tithi 18 – 19
278345478
Creative Work Siddha Yoga
Until 10:06PM
Then Routine Work - Marana Yoga

Gulika 11:55AM – 1:32PM
Yama 8:40AM – 10:17AM
Rahu 3:10PM – 4:47PM

Anuradha Until 10:06PM
Vyatipata* Until 1:29PM
Bava Until 11:45PM
Tritiya Until 1:07PM

Ganesha: Purple *Sunrise: 5:25AM*
Muruqa: White *Sunset: 6:25PM*
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyana/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt
Sun 2
Sutra 3

Vrischika Rasi: 21.26 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 8:00PM
Then Routine Work - Marana Yoga

Gulika 10:17AM – 11:55AM
Yama 7:01AM – 8:39AM
Rahu 11:55AM – 1:32PM

Jyeshtha* Until 8:00PM
Variyan Until 10:05AM
Kaulava Until 9:01PM
Chaturthi* Until 10:21AM

Ganesha: Purple *Sunrise: 5:24AM*
Muruqa: White *Sunset: 6:25PM*
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 2 1st Phase

Bhuloka Day

3

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Cairo, Egypt
Sun 3
Sutra 4

Dhanus Rasi: 5.56 Tithi 20 – 21
288345478
Creative Work Siddha Yoga

Gulika 8:39AM – 10:16AM
Yama 5:23AM – 7:01AM
Rahu 1:32PM – 3:10PM

Mula* Until 6:19PM
Parigha* Until 6:47AM
Gara Until 6:25PM
Panchami Until 7:40AM

Ganesha: Clear *Sunrise: 5:23AM*
Muruqa: White *Sunset: 6:26PM*
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 3 1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Cairo, Egypt
Sun 4
Sutra 5

Dhanus Rasi: 20.18 Tithi 22
289345478
Routine Work Prabalarishta Yoga
Until 4:43PM
Then Routine Work - Marana Yoga

Gulika 7:00AM – 8:38AM
Yama 3:10PM – 4:49PM
Rahu 10:16AM – 11:54AM

Purvashadha* Until 4:43PM
Siddha Until 12:42AM Sat
Visti Until 4:03PM
Saptami Until 2:57AM Sat

Ganesha: Purple *Sunrise: 5:22AM*
Muruqa: White *Sunset: 6:27PM*
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 4 1st Phase

Devaloka Day

5

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Cairo, Egypt
Sun 5
Sutra 6

Makara Rasi: 4.29 Tithi 23
289345478
Routine Work Marana Yoga
Until 3:15PM
Then Creative Work - Siddha Yoga

Gulika 5:21AM – 6:59AM
Yama 1:32PM – 3:11PM
Rahu 8:37AM – 10:16AM

Uttarashadha Until 3:15PM
Sadhya Until 10:00PM
Balava Until 1:58PM
Ashtami* Until 1:02AM Sun

Ganesha: Purple *Sunrise: 5:21AM*
Muruqa: White *Sunset: 6:27PM*
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 5 Ashtami

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Tailila/Gara Karana Navamyam Titau

Cairo, Egypt
Sun 6
Sutra 7

Makara Rasi: 18.29 Tithi 24
299345478
Creative Work Amrita Yoga
Until 2:24PM
Then Routine Work - Marana Yoga

Gulika 3:11PM – 4:49PM
Yama 11:54AM – 1:32PM
Rahu 4:49PM – 6:28PM

Shravana Until 2:24PM
Subha Until 7:35PM
Taitila Until 12:12PM
Navami* Until 11:26PM

Ganesha: Clear *Sunrise: 5:20AM*
Muruqa: White *Sunset: 6:28PM*
Nataraja: White
Moon – Purple
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 6 Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM


1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Cairo, Egypt
	Kumbha Rasi: 2.15	Tithi 25	Gulika 1:32PM – 3:11PM	Dhanishtha Until 1:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	Sun 7 Subhakrit 5124
	Family Home Evening	299345479	Yama 10:15AM – 11:54AM	Sukla Until 5:26PM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 2 - 7
	Creative Work Siddha Yoga		Rahu 6:57AM – 8:36AM	Vanija Until 10:47AM	Nataraja: Clear		2nd Phase
			Dashami Until 10:12PM	Chaitra+Chaitra		Devaloka Day	

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Cairo, Egypt
	Kumbha Rasi: 15.49	Tithi 26	Gulika 11:53AM – 1:32PM	Shatabhishak Until 1:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	Sun 8 Subhakrit 5124
		299345479	Yama 8:36AM – 10:15AM	Brahma Until 3:36PM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 2 - 8
	Routine Work Marana Yoga		Rahu 3:11PM – 4:50PM	Bava Until 9:45AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 9:21PM	Chaitra+Chaitra		Devaloka Day	

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Cairo, Egypt
	Kumbha Rasi: 29.08	Tithi 27	Gulika 10:14AM – 11:53AM	Purvaproshtapada* Until 1:36PM	Ganesha: Red	<i>Sunrise:</i> 5:17AM	Sun 9 Subhakrit 5124
		219345479	Yama 6:56AM – 8:35AM	Indra Until 2:07PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 2 - 9
	Creative Work Amrita Yoga		Rahu 11:53AM – 1:32PM	Kaulava Until 9:07AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 8:56PM	Chaitra+Chaitra		Devaloka Day	

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Cairo, Egypt
	Meena Rasi: 12.15	Tithi 28	Gulika 8:34AM – 10:14AM	Uttarproshthapada Until 2:10PM	Ganesha: Blue	<i>Sunrise:</i> 5:16AM	Sun 10 Subhakrit 5124
		219445479	Yama 5:16AM – 6:55AM	Vaidhriti* Until 12:57PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 2 - 10
	Creative Work Siddha Yoga		Rahu 1:33PM – 3:12PM	Gara Until 8:54AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 8:57PM	Chaitra+Chaitra		Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>			Devaloka Time: 6:PM to 9:PM	

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Cairo, Egypt
	Meena Rasi: 25.07	Tithi 29	Gulika 6:54AM – 8:34AM	Revati Until 3:02PM	Ganesha: Blue	<i>Sunrise:</i> 5:15AM	Sun 11 Subhakrit 5124
		219445479	Yama 3:12PM – 4:52PM	Vishkambha* Until 12:11PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 2 - 11
	Creative Work Siddha Yoga		Rahu 10:13AM – 11:53AM	Visti Until 9:10AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 9:27PM	Chaitra+Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cairo, Egypt
	Retreat Star		Gulika 5:14AM – 6:54AM	Ashvini Until 4:41PM	Ganesha: Green	<i>Sunrise:</i> 5:14AM	Sun 12 Subhakrit 5124
	Mesha Rasi: 7.46	Tithi 30	Yama 1:33PM – 3:12PM	Priti Until 11:48AM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 2 - 12
		221445479	Rahu 8:33AM – 10:13AM	Catuspada Until 9:55AM	Nataraja: Clear		Amavasya
			Amavasya* Until 10:27PM	Chaitra+Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Cairo, Egypt
	Retreat Star		Gulika 3:13PM – 4:53PM	Bharani Until 6:40PM	Ganesha: Green	<i>Sunrise:</i> 5:13AM	Sun 13 Subhakrit 5124
	Mesha Rasi: 20.11	Tithi 1	Yama 11:53AM – 1:33PM	Ayushman Until 11:46AM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 2 - 13
		221445479	Rahu 4:53PM – 6:32PM	Kintughna Until 11:10AM	Nataraja: Clear		Prathama
			Prathama* Until 11:56PM	Vaisaka+Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cairo, Egypt Sun 14 Sutra 15 Subhakrit 5124
1	221445479	Gulika 1:33PM – 3:13PM Yama 10:12AM – 11:53AM Rahu 6:52AM – 8:32AM	Krittika Until 8:55PM Saubhagya Until 12:07PM Balava Until 12:52PM Dvitiya Until 1:51AM Tue	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 5:12AM Sunset: 6:33PM	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 2.24 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 8:55PM Then Creative Work - Amrita Yoga						

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Cairo, Egypt Sun 15 Sutra 16 Subhakrit 5124
2	231445479	Gulika 11:53AM – 1:33PM Yama 8:32AM – 10:12AM Rahu 3:13PM – 4:53PM	Rohini Until 11:50PM Sobhana Until 12:47PM Taitila Until 2:58PM Tritiya Until 4:06AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:11AM Sunset: 6:34PM	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 14.27 Tithi 3 Creative Work Amrita Yoga Until 11:50PM Then Creative Work - Siddha Yoga						

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Cairo, Egypt Sun 16 Sutra 17 Subhakrit 5124
3	231445479	Gulika 10:12AM – 11:52AM Yama 6:51AM – 8:31AM Rahu 11:52AM – 1:33PM	Mrigashira Until 2:48AM Thu Athiganda* Until 1:38PM Vanija Until 5:21PM Chaturthi* Until 6:34AM Thu	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:10AM Sunset: 6:34PM	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Vrishabha Rasi: 26.23 Tithi 4 Creative Work Siddha Yoga Until 2:48AM Thu Then Routine Work - Marana Yoga						

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Cairo, Egypt Sun 17 Sutra 18 Subhakrit 5124
4	231445479	Gulika 8:31AM – 10:12AM Yama 5:10AM – 6:50AM Rahu 1:33PM – 3:14PM	Ardra Until 5:40AM Fri Sukarma Until 2:37PM Bava Until 7:51PM Chaturthi* Until 6:34AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:10AM Sunset: 6:35PM	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Mithuna Rasi: 8.14 Tithi 4 – 5 Routine Work Marana Yoga Until 5:40AM Fri Then Creative Work - Siddha Yoga						

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cairo, Egypt Sun 18 Sutra 19 Subhakrit 5124
5	241445479	Gulika 6:50AM – 8:30AM Yama 3:14PM – 4:55PM Rahu 10:11AM – 11:52AM	Punarvasu Until 8:46AM Sat Dhriti Until 3:36PM Kaulava Until 10:18PM Panchami Until 9:04AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:09AM Sunset: 6:36PM	Moon 4 - Phase 3 - 18 3rd Phase Devaloka Day
Mithuna Rasi: 20.04 Tithi 5 – 6 Creative Work Siddha Yoga						

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cairo, Egypt Sun 19 Sutra 20 Subhakrit 5124
6	241445479	Gulika 5:08AM – 6:49AM Yama 1:33PM – 3:14PM Rahu 8:30AM – 10:11AM	Punarvasu Until 8:46AM Shula* Until 4:26PM Gara Until 12:31AM Sun Shashthi* Until 11:26AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:08AM Sunset: 6:36PM	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day
Kataka Rasi: 1.56 Tithi 6 – 7 Creative Work Siddha Yoga						

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cairo, Egypt Sun 20 Sutra 21 Subhakrit 5124
Retreat Star	241445479	Gulika 3:15PM – 4:56PM Yama 11:52AM – 1:33PM Rahu 4:56PM – 6:37PM	Pushya Until 11:25AM Ganda* Until 5:00PM Visti Until 2:20AM Mon Saptami Until 1:28PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:07AM Sunset: 6:37PM	Moon 4 - Phase 3 - 20 Ashtami Devaloka Day
Kataka Rasi: 13.56 Tithi 7 – 8 Creative Work Siddha Yoga		Mother's Day				

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 21 Sutra 22 Subhakrit 5124
Retreat Star	241445479	Gulika 1:33PM – 3:15PM Yama 10:11AM – 11:52AM Rahu 6:48AM – 8:29AM	Ashlesha* Until 1:25PM Vridhi Until 5:11PM Balava Until 3:33AM Tue Ashtami* Until 3:00PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:06AM Sunset: 6:38PM	Moon 4 - Phase 3 - 21 Navami Devaloka Day
Kataka Rasi: 26.06 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga Until 1:25PM Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1		Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 22 Sutra 23 Subhakrit 5124
Simha Rasi: 8.31	Tithi 9 – 10	Gulika	11:52AM – 1:34PM	Magha* Until 3:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM		
		Yama	8:29AM – 10:10AM	Dhruva Until 4:49PM	Muruqa: White	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 4 - 22	4th Phase
		252445479 Rahu	3:15PM – 4:57PM	Taitila Until 4:04AM Wed	Nataraja: Clear			
Creative Work	Siddha Yoga			Navami* Until 3:53PM	Moon – Red			Devaloka Day
					Vaisaka-Chaitra			

2		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 23 Sutra 24 Subhakrit 5124
Simha Rasi: 21.16	Tithi 10 – 11	Gulika	10:10AM – 11:52AM	Purvaphalguni Until 3:57PM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM		
		Yama	6:47AM – 8:28AM	Vyaghata* Until 3:53PM	Muruqa: White	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 4 - 23	4th Phase
		252445479 Rahu	11:52AM – 1:34PM	Vanija Until 3:49AM Thu	Nataraja: Clear			
Creative Work	Amrita Yoga			Dashami Until 4:01PM	Moon – Red			Devaloka Day
					Vaisaka-Chaitra			

3		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 24 Sutra 25 Subhakrit 5124
Kanya Rasi: 4.23	Tithi 11 – 12	Gulika	8:28AM – 10:10AM	Uttaraphalguni Until 3:51PM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM		
		Yama	5:04AM – 6:46AM	Harshana Until 2:21PM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 4 - 24	4th Phase
		252445479 Rahu	1:34PM – 3:16PM	Bava Until 2:47AM Fri	Nataraja: Clear			
	Amrita Yoga			Ekadashi Until 3:23PM	Moon – Red			Devaloka Day
Until 3:51PM					Vaisaka-Chaitra			
Then Routine Work - Marana Yoga								

4		Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 25 Sutra 26 Subhakrit 5124
Kanya Rasi: 17.57	Tithi 12 – 13	Gulika	6:46AM – 8:28AM	Hasta Until 3:19PM	Ganesha: White	<i>Sunrise:</i> 5:04AM		
		Yama	3:16PM – 4:58PM	Vajra* Until 12:11PM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 4 - 25	4th Phase
		262445479 Rahu	10:10AM – 11:52AM	Kaulava Until 1:02AM Sat	Nataraja: Clear			
Creative Work	Amrita Yoga			Dvadashi Until 1:58PM	Moon – Green			Sivaloka Day
Until 3:19PM					Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga					Pradosha Vrata			

5		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 26 Sutra 27 Subhakrit 5124
Tula Rasi: 1.56	Tithi 13 – 14	Gulika	5:03AM – 6:45AM	Chitra Until 1:58PM	Ganesha: White	<i>Sunrise:</i> 5:03AM		
		Yama	1:34PM – 3:16PM	Siddhi Until 9:28AM	Muruqa: White	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 4 - 26	4th Phase
		262445479 Rahu	8:27AM – 10:10AM	Gara Until 10:40PM	Nataraja: Clear			
Routine Work	Marana Yoga			Trayodashi Until 11:54AM	Moon – Green			Sivaloka Day
Until 1:58PM					Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga								

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Cairo, Egypt Sun 27 Sutra 28 Subhakrit 5124
Copper Retreat Star		Gulika	3:17PM – 4:59PM	Svati Until 11:56AM	Ganesha: White	<i>Sunrise:</i> 5:02AM		
Tula Rasi: 16.18	Tithi 14 – 15	Yama	11:52AM – 1:34PM	Vyatipata* Until 6:19AM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 4 - 27	Purnima
		262445479 Rahu	4:59PM – 6:42PM	Visti Until 7:49PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Chaturdashi* Until 9:16AM	Moon – Green			Sivaloka Day
Until 11:56AM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

Monday, May 16, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Cairo, Egypt Sun 28 Sutra 29 Subhakrit 5124
Vrischika Rasi: 0.59	Tithi 15 – 16	Gulika	1:34PM – 3:17PM	Vishakha Until 9:47AM	Ganesha: Yellow	<i>Sunrise:</i> 5:02AM		
Family Home Evening		Yama	10:09AM – 11:52AM	Parigha* Until 11:00PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 4 -	Prathama
		272445479 Rahu	6:44AM – 8:27AM	Kaulava Until 2:56AM Tue	Nataraja: Clear			
Routine Work	Marana Yoga			Purnima* Until 6:14AM	Moon – Orange			Devaloka Day
Until 9:47AM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Cairo, Egypt
Sutra 30

Vrischika Rasi: 15.52 Tithi 17

272445479

Gulika 11:52AM – 1:35PM
Yama 8:26AM – 10:09AM
Rahu 3:17PM – 5:00PM

Anuradha Until 7:15AM
Shiva Until 7:07PM
Taitila Until 1:14PM
Dvitiya Until 11:31PM

Ganesha: Yellow *Sunrise:* 5:01AM
Muruqa: White *Sunset:* 6:43PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 7:15AM

Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Cairo, Egypt
Sun 1
Sutra 31

Dhanus Rasi: 0.5 Tithi 18

282445479

Gulika 10:09AM – 11:52AM
Yama 6:43AM – 8:26AM
Rahu 11:52AM – 1:35PM

Mula* Until 2:07AM Thu
Siddha Until 3:13PM
Vanija Until 9:49AM
Tritiya Until 8:08PM

Ganesha: Blue *Sunrise:* 5:00AM
Muruqa: White *Sunset:* 6:43PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Until 2:07AM Thu

Then Creative Work - Siddha Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt
Sun 2
Sutra 32

Dhanus Rasi: 15.43 Tithi 19 – 20

282445479

Gulika 8:26AM – 10:09AM
Yama 5:00AM – 6:43AM
Rahu 1:35PM – 3:18PM

Purvashadha* Until 11:47PM
Sadhya Until 11:27AM
Bava Until 6:30AM
Chaturthi* Until 4:55PM

Ganesha: Blue *Sunrise:* 5:00AM
Muruqa: White *Sunset:* 6:43PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
2 1st Phase

Creative Work Siddha Yoga

Until 11:47PM

Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cairo, Egypt
Sun 3
Sutra 33

Makara Rasi: 0.26 Tithi 20 – 21

282445479

Gulika 6:43AM – 8:26AM
Yama 3:18PM – 5:02PM
Rahu 10:09AM – 11:52AM

Uttarashadha Until 9:40PM
Subha Until 7:55AM
Gara Until 12:43AM Sat
Panchami Until 2:01PM

Ganesha: Blue *Sunrise:* 4:59AM
Muruqa: White *Sunset:* 6:45PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
3 1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cairo, Egypt
Sun 4
Sutra 34

Makara Rasi: 14.53 Tithi 21 – 22

292445479

Gulika 4:59AM – 6:42AM
Yama 1:35PM – 3:19PM
Rahu 8:25AM – 10:09AM

Shravana Until 8:17PM
Brahma Until 1:51AM Sun
Visti Until 10:28PM
Shashthi* Until 11:31AM

Ganesha: Red *Sunrise:* 4:59AM
Muruqa: White *Sunset:* 6:45PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
4 1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cairo, Egypt
Sun 5
Sutra 35

Makara Rasi: 28.59 Tithi 22 – 23

292445479

Gulika 3:19PM – 5:02PM
Yama 11:52AM – 1:36PM
Rahu 5:02PM – 6:46PM

Dhanishtha Until 7:17PM
Indra Until 11:29PM
Balava Until 8:45PM
Saptami Until 9:31AM

Ganesha: Red *Sunrise:* 4:58AM
Muruqa: White *Sunset:* 6:46PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
5 Ashtami

Routine Work Marana Yoga

Until 7:17PM

Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cairo, Egypt
Sun 6
Sutra 36

Kumbha Rasi: 12.45 Tithi 23 – 24

293445479

Gulika 1:36PM – 3:19PM
Yama 10:09AM – 11:52AM
Rahu 6:41AM – 8:25AM

Shatabhishak Until 6:43PM
Vaidhriti* Until 9:34PM
Taitila Until 7:38PM
Ashtami* Until 8:06AM

Ganesha: Green *Sunrise:* 4:58AM
Muruqa: White *Sunset:* 6:47PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
6 Navami

Creative Work Siddha Yoga

Until 6:43PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1	Tuesday, May 24, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 7 Sutra 37 Subhakrit 5124
	Kumbha Rasi: 26.1	Tithi 24 – 25	Gulika Yama 213545479	11:52AM – 1:36PM 8:25AM – 10:09AM Rahu 3:20PM – 5:03PM	Purvaproshtapada* Until 7:03PM Vishkambha* Until 8:09PM Vanija Until 7:06PM Navami* Until 7:16AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:57AM Sunset: 6:47PM Moon 5 - Phase 6 - 7 2nd Phase Devaloka Day
	Routine Work Marana Yoga Until 7:03PM Then Creative Work - Amrita Yoga						

2	Wednesday, May 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 8 Sutra 38 Subhakrit 5124
	Meena Rasi: 9.16	Tithi 25 – 26	Gulika Yama 213545479	10:09AM – 11:52AM 6:41AM – 8:25AM Rahu 11:52AM – 1:36PM	Uttaraproshtapada Until 7:48PM Priti Until 7:13PM Bava Until 7:10PM Dashami Until 7:02AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:57AM Sunset: 6:48PM Moon 5 - Phase 6 - 8 2nd Phase Devaloka Day
	Creative Work Siddha Yoga Until 7:48PM Then Routine Work - Marana Yoga						

3	Thursday, May 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 9 Sutra 39 Subhakrit 5124
	Meena Rasi: 22.04	Tithi 26 – 27	Gulika Yama 313545479	8:25AM – 10:09AM 4:57AM – 6:41AM Rahu 1:36PM – 3:20PM	Revati Until 8:57PM Ayushman Until 6:42PM Kaulava Until 7:47PM Ekadashi* Until 7:23AM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:57AM Sunset: 6:48PM Moon 5 - Phase 6 - 9 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 8:57PM Then Creative Work - Amrita Yoga						

4	Friday, May 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Titila/Gara Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 10 Sutra 40 Subhakrit 5124
	Mesha Rasi: 4.37	Tithi 27 – 28	Gulika Yama 323545479	6:40AM – 8:24AM 3:21PM – 5:05PM Rahu 10:09AM – 11:53AM	Ashvini Until 10:54PM Saubhagya Until 6:35PM Gara Until 8:55PM Dvadashi* Until 8:17AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:56AM Sunset: 6:49PM Moon 5 - Phase 6 - 10 2nd Phase Devaloka Day
	Creative Work Amrita Yoga Until 10:54PM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>				

5	Saturday, May 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 11 Sutra 41 Subhakrit 5124
	Mesha Rasi: 16.57	Tithi 28 – 29	Gulika Yama 323545479	4:56AM – 6:40AM 1:37PM – 3:21PM Rahu 8:24AM – 10:09AM	Bharani Until 1:08AM Sun Sobhana Until 6:51PM Visti Until 10:30PM Trayodashi* Until 9:39AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:56AM Sunset: 6:49PM Moon 5 - Phase 6 - 11 2nd Phase Devaloka Day
	Creative Work Siddha Yoga						

	Sunday, May 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cairo, Egypt Sun 12 Sutra 42 Subhakrit 5124
	Retreat Star		Gulika Yama 323545479	3:21PM – 5:06PM 11:53AM – 1:37PM Rahu 5:06PM – 6:50PM	Krittika Until 3:32AM Mon Athiganda* Until 7:22PM Catuspada Until 12:28AM Mon Chaturdashi* Until 11:25AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:56AM Sunset: 6:50PM Moon 5 - Phase 6 - 12 Amavasya Devaloka Day
	Mesha Rasi: 29.07 Tithi 29 – 30 Creative Work Siddha Yoga Until 3:32AM Mon Then Creative Work - Amrita Yoga						

Retreat Star	Monday, May 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cairo, Egypt Sun 13 Sutra 43 Subhakrit 5124
	Vrshabha Rasi: 11.08	Tithi 30 – 1	Gulika Yama 333545479	1:37PM – 3:22PM 10:09AM – 11:53AM Rahu 6:40AM – 8:24AM	Rohini Until 6:33AM Tue Sukarma Until 8:09PM Kintughna Until 2:42AM Tue Amavasya* Until 1:32PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Sunrise: 4:55AM Sunset: 6:51PM Moon 5 - Phase 6 - 13 Prathama Devaloka Day
	Family Home Evening Creative Work Amrita Yoga Until 6:33AM Tue Then Creative Work - Siddha Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cairo, Egypt Sun 14 Sutra 44
	Vrishabha Rasi: 23.03	Tithi 1 – 2	333545479	Gulika Yama Rahu	11:53AM – 1:38PM 8:24AM – 10:09AM 3:22PM – 5:07PM	Rohini Until 6:33AM Dhriti Until 9:06PM Balava Until 5:07AM Wed Prathama* Until 3:52PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Sunrise: 4:55AM Sunset: 6:51PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Amrita Yoga Until 6:33AM Then Creative Work - Siddha Yoga						

2	Wednesday, June 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava Karana Dvitiyayam Titau				Cairo, Egypt Sun 15 Sutra 45
	Mithuna Rasi: 4.55	Tithi 2	333545479	Gulika Yama Rahu	10:09AM – 11:53AM 6:39AM – 8:24AM 11:53AM – 1:38PM	Mrigashira Until 9:33AM Shula* Until 10:05PM Kaulava Until 6:20PM Dvitiya Until 6:20PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Sunrise: 4:55AM Sunset: 6:52PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga						

3	Thursday, June 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Cairo, Egypt Sun 16 Sutra 46
	Mithuna Rasi: 16.44	Tithi 3	333555479	Gulika Yama Rahu	8:24AM – 10:09AM 4:55AM – 6:39AM 1:38PM – 3:23PM	Ardra Until 12:25PM Ganda* Until 11:06PM Taitila Until 7:36AM Tritiya Until 8:49PM	Ganesha: Orange Muruqa: Green Nataraja: Clear Moon – Yellow Sunrise: 4:55AM Sunset: 6:52PM Devaloka Day Jyeshtha-Vaikasi
	Routine Work Marana Yoga Until 12:25PM Then Creative Work - Amrita Yoga						

4	Friday, June 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Cairo, Egypt Sun 17 Sutra 47
	Mithuna Rasi: 28.35	Tithi 4	343555479	Gulika Yama Rahu	6:39AM – 8:24AM 3:23PM – 5:08PM 10:09AM – 11:54AM	Punarvasu Until 3:35PM Vriddhi Until 12:03AM Sat Vanija Until 10:03AM Chaturthi* Until 11:12PM	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Sunrise: 4:54AM Sunset: 6:53PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga Until 3:35PM Then Routine Work - Marana Yoga						

5	Saturday, June 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Cairo, Egypt Sun 18 Sutra 48
	Kataka Rasi: 10.29	Tithi 5	343555479	Gulika Yama Rahu	4:54AM – 6:39AM 1:39PM – 3:23PM 8:24AM – 10:09AM	Pushya Until 6:23PM Dhruva Until 12:47AM Sun Bava Until 12:20PM Panchami Until 1:21AM Sun	Ganesha: Clear Muruqa: Green Nataraja: Clear Moon – Blue Sunrise: 4:54AM Sunset: 6:53PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga Until 6:23PM Then Routine Work - Marana Yoga						

6	Sunday, June 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Cairo, Egypt Sun 19 Sutra 49
	Kataka Rasi: 22.29	Tithi 6	343555471	Gulika Yama Rahu	3:24PM – 5:09PM 11:54AM – 1:39PM 5:09PM – 6:54PM	Ashlesha* Until 8:42PM Vyaghata* Until 1:15AM Mon Kaulava Until 2:19PM Shashthi* Until 3:08AM Mon	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Blue Sunrise: 4:54AM Sunset: 6:54PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga Until 8:42PM Then Routine Work - Marana Yoga						

☾	Monday, June 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Cairo, Egypt Sun 20 Sutra 50		
	Retreat Star		Simha Rasi: 4.38	Tithi 7	353555471	Gulika Yama Rahu	1:39PM – 3:24PM 10:09AM – 11:54AM 6:39AM – 8:24AM	Magha* Until 10:53PM Harshana Until 1:21AM Tue Gara Until 3:51PM Saptami Until 4:23AM Tue	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Red Sunrise: 4:54AM Sunset: 6:54PM Sivaloka Day Jyeshtha-Vaikasi
	Family Home Evening Routine Work Marana Yoga Until 10:53PM Then Creative Work - Siddha Yoga								

☾	Tuesday, June 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Cairo, Egypt Sun 21 Sutra 51		
	Retreat Star		Simha Rasi: 17.01	Tithi 8	354555471	Gulika Yama Rahu	11:54AM – 1:39PM 8:24AM – 10:09AM 3:24PM – 5:10PM	Purvaphalguni Until 12:18AM Wed Vajra* Until 12:55AM Wed Visti Until 4:48PM Ashtami* Until 5:00AM Wed	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Sunrise: 4:54AM Sunset: 6:55PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga Until 12:18AM Wed Then Creative Work - Amrita Yoga								

☾	Wednesday, June 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Cairo, Egypt Sun 22 Sutra 52		
	Retreat Star		Simha Rasi: 29.42	Tithi 9	354555471	Gulika Yama Rahu	10:09AM – 11:54AM 6:39AM – 8:24AM 11:54AM – 1:40PM	Uttaraphalguni Until 12:51AM Thu Siddhi Until 11:55PM Balava Until 5:03PM Navami* Until 4:51AM Thu	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red Sunrise: 4:54AM Sunset: 6:55PM Devaloka Day Jyeshtha-Vaikasi
	Creative Work Amrita Yoga Until 12:51AM Thu Then Routine Work - Marana Yoga								

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Cairo, Egypt Sun 23 Sutra 53 Subhakrit 5124
	Kanya Rasi: 12.44	Tithi 10	Gulika 8:24AM – 10:09AM	Hasta Until 12:55AM Fri	Ganesha: White	<i>Sunrise:</i> 4:54AM	
			Yama 4:54AM – 6:39AM	Vyatipata* Until 10:19PM	Muruqa: Green	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 8 - 23
			364555471 Rahu 1:40PM – 3:25PM	Taitila Until 4:31PM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Dashami Until 3:56AM Fri	Moon – Green	Bhuloka Day		
Until 12:55AM Fri				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga							

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 54 Subhakrit 5124
	Kanya Rasi: 26.13	Tithi 11	Gulika 6:39AM – 8:24AM	Chitra Until 12:05AM Sat	Ganesha: White	<i>Sunrise:</i> 4:54AM	
			Yama 3:25PM – 5:11PM	Variyan Until 8:03PM	Muruqa: Green	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 8 - 24
			364555471 Rahu 10:09AM – 11:55AM	Vanija Until 3:12PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 2:14AM Sat	Moon – Green	Bhuloka Day		
				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Cairo, Egypt Sun 25 Sutra 55 Subhakrit 5124
	Tula Rasi: 10.08	Tithi 12	Gulika 4:54AM – 6:39AM	Svati Until 10:24PM	Ganesha: White	<i>Sunrise:</i> 4:54AM	
			Yama 1:40PM – 3:26PM	Parigha* Until 5:13PM	Muruqa: Green	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 8 - 25
			364555471 Rahu 8:24AM – 10:10AM	Bava Until 1:08PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 11:51PM	Moon – Green	Bhuloka Day		
				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 56 Subhakrit 5124
	Tula Rasi: 24.3	Tithi 13	Gulika 3:26PM – 5:11PM	Vishakha Until 8:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	
			Yama 11:55AM – 1:41PM	Shiva Until 1:53PM	Muruqa: Green	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 8 - 26
			374555471 Rahu 5:11PM – 6:57PM	Kaulava Until 10:27AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Trayodashi Until 8:53PM	Moon – Orange	Devaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Cairo, Egypt Sun 27 Sutra 57 Subhakrit 5124
	Vrischika Rasi: 9.16	Tithi 14 – 15	Gulika 1:41PM – 3:26PM	Anuradha Until 5:50PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	
	Family Home Evening		Yama 10:10AM – 11:55AM	Siddha Until 10:08AM	Muruqa: Green	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 8 - 27
			374555471 Rahu 6:39AM – 8:24AM	Gara Until 7:15AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 5:30PM	Moon – Orange	Devaloka Day		
				Jyeshtha-Vaikasi			

	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cairo, Egypt Sun 28 Sutra 58 Subhakrit 5124
	Copper Retreat Star		Gulika 11:56AM – 1:41PM	Jyeshtha* Until 2:52PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	
	Vrischika Rasi: 24.18	Tithi 15 – 16	Yama 8:25AM – 10:10AM	Sadhya Until 6:06AM	Muruqa: Green	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 8 - Purnima
			374555471 Rahu 3:27PM – 5:12PM	Balava Until 11:57PM	Nataraja: Yellow		
Routine Work Marana Yoga			Purnima* Until 1:49PM	Moon – Orange	Devaloka Day		
Until 2:52PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

○	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Cairo, Egypt Sun 29 Sutra 59 Subhakrit 5124
	Silver Retreat Star		Gulika 10:10AM – 11:56AM	Mula* Until 12:02PM	Ganesha: Blue	<i>Sunrise:</i> 4:54AM	
	Dhanus Rasi: 9.3	Tithi 16 – 17	Yama 6:39AM – 8:25AM	Sukla Until 9:44PM	Muruqa: Green	<i>Sunset:</i> 6:58PM	Moon 5 - Phase 8 - Prathama
			384555471 Rahu 11:56AM – 1:41PM	Taitila Until 8:09PM	Nataraja: Yellow		
Routine Work Marana Yoga			Prathama* Until 10:02AM	Moon – Light Blue	Bhuloka Day		
Until 12:02PM				Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga							



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Dvitiya/Trilayam Titau

Cairo, Egypt

Sun 1

Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 24.41 Tithi 17 - 18

Gulika 8:25AM - 10:10AM
Yama 4:54AM - 6:39AM
Rahu 1:42PM - 3:27PM

Purvashadha* Until 9:08AM
Brahma Until 5:40PM
Visti Until 2:45AM Fri
Dvitiya Until 6:17AM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:54AM
Sunset: 6:58PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 9:08AM

Then Routine Work - Marana Yoga

Friday, June 17, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturtham Titau

Cairo, Egypt

Sun 2

Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 9.41 Tithi 19

Gulika 6:40AM - 8:25AM
Yama 3:27PM - 5:13PM
Rahu 10:11AM - 11:56AM

Uttarashadha Until 6:21AM
Indra Until 1:51PM
Bava Until 1:07PM
Chaturthi* Until 11:34PM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:54AM
Sunset: 6:58PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Saturday, June 18, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamiam Titau

Cairo, Egypt

Sun 3

Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 24.24 Tithi 20

Gulika 4:54AM - 6:40AM
Yama 1:42PM - 3:28PM
Rahu 8:25AM - 10:11AM

Dhanishtha Until 2:29AM Sun
Vaidhriti* Until 10:23AM
Kaulava Until 10:11AM
Panchami Until 8:54PM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:54AM
Sunset: 6:59PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, June 19, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shashthiam Titau

Cairo, Egypt

Sun 4

Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 8.43 Tithi 21

Gulika 3:28PM - 5:13PM
Yama 11:57AM - 1:42PM
Rahu 5:13PM - 6:59PM

Shatabhishak Until 1:16AM Mon
Vishkambha* Until 7:24AM
Gara Until 7:49AM
Shashthi* Until 6:52PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:54AM
Sunset: 6:59PM

Devaloka Day

Creative Work Siddha Yoga

Until 1:16AM Mon

Then Routine Work - Marana Yoga

Monday, June 20, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthpada* Nakshatra Ayushman Yoga Visti*/Balava Karana Saptami/Ashtamiam Titau

Cairo, Egypt

Sun 5

Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 22.36 Tithi 22 - 23

Family Home Evening

Gulika 1:42PM - 3:28PM
Yama 10:11AM - 11:57AM
Rahu 6:40AM - 8:26AM

Purvaprosarthpada* Until 1:05AM Tue
Ayushman Until 3:10AM Tue
Visti Until 6:08AM
Saptami Until 5:33PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:54AM
Sunset: 6:59PM

Devaloka Day

Routine Work Marana Yoga

Until 1:05AM Tue

Then Creative Work - Amrita Yoga

Tuesday, June 21, 2022

●

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthpada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamiam Titau

Cairo, Egypt

Sun 6

Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 6.02 Tithi 23 - 24

Gulika 11:57AM - 1:43PM
Yama 8:26AM - 10:11AM
Rahu 3:28PM - 5:14PM

Uttaraprosarthpada Until 1:32AM Wed
Saubhagya Until 1:59AM Wed
Taitila Until 5:03AM Wed
Ashtami* Until 5:01PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:55AM
Sunset: 7:00PM

Devaloka Day

Creative Work Amrita Yoga

Until 1:32AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamiam Titau

Cairo, Egypt

Sun 7

Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 19.03 Tithi 24 - 25

Gulika 10:12AM - 11:57AM
Yama 6:40AM - 8:26AM
Rahu 11:57AM - 1:43PM

Revati Until 2:32AM Thu
Sobhana Until 1:24AM Thu
Vanija Until 5:38AM Thu
Navami* Until 5:14PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:55AM
Sunset: 7:00PM

Devaloka Day

Routine Work Marana Yoga

Until 2:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

www.gurudeva.org/panchang

1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Cairo, Egypt	
				Ashvini Nakshatra Athiganda* Yoga Visti* Karana Dashamyam Titau		Sun 8	
Mesha Rasi: 1.43	Tithi 25	Gulika 8:26AM – 10:12AM	Ashvini Until 4:31AM Fri	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Subhakrit 5124	
		Yama 4:55AM – 6:41AM	Athiganda* Until 1:19AM Fri	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 10 - 8	
		325655471 Rahu 1:43PM – 3:29PM	Visti Until 6:10PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 6:10PM	Moon – White		Bhuloka Day	
Until 4:31AM Fri				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Cairo, Egypt	
				Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9	
Mesha Rasi: 14.05	Tithi 26	Gulika 6:41AM – 8:26AM	Bharani Until 6:52AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Subhakrit 5124	
		Yama 3:29PM – 5:14PM	Sukarma Until 1:41AM Sat	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 10 - 9	
		325655471 Rahu 10:12AM – 11:58AM	Bava Until 6:53AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 7:41PM	Moon – White		Bhuloka Day	
Until 6:52AM Sat				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Cairo, Egypt	
				Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau		Sun 10	
Mesha Rasi: 26.13	Tithi 27	Gulika 4:56AM – 6:41AM	Bharani Until 6:52AM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM	Subhakrit 5124	
		Yama 1:43PM – 3:29PM	Dhriti Until 2:23AM Sun	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 10 - 10	
		325655471 Rahu 8:27AM – 10:12AM	Kaulava Until 8:39AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 9:40PM	Moon – White		Bhuloka Day	
Until 6:52AM				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Cairo, Egypt	
				Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11	
Vrishabha Rasi: 8.12	Tithi 28	Gulika 3:29PM – 5:15PM	Krittika Until 9:25AM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM	Subhakrit 5124	
		Yama 11:58AM – 1:44PM	Shula* Until 3:17AM Mon	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 10 - 11	
		325655471 Rahu 5:15PM – 7:00PM	Gara Until 10:48AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 11:57PM	Moon – White		Bhuloka Day	
				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
						<i>Pradosha Vrata (Fasting)</i>	

5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		Cairo, Egypt	
				Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12	
Vrishabha Rasi: 20.05	Tithi 29	Gulika 1:44PM – 3:29PM	Rohini Until 12:33PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:56AM	Subhakrit 5124	
Family Home Evening		Yama 10:13AM – 11:58AM	Ganda* Until 4:18AM Tue	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 10 - 12	
		335655471 Rahu 6:42AM – 8:27AM	Visti Until 1:11PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 2:25AM Tue	Moon – Yellow		Bhuloka Day	
				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	

Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		Cairo, Egypt	
				Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13	
Mithuna Rasi: 1.55	Tithi 30	Gulika 11:59AM – 1:44PM	Mrigashira Until 3:37PM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM	Subhakrit 5124	
		Yama 8:28AM – 10:13AM	Vriddhi Until 5:22AM Wed	Muruqa: Green	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 10 - 13	
		336655471 Rahu 3:30PM – 5:15PM	Catuspada Until 3:41PM	Nataraja: Yellow		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 4:55AM Wed	Moon – Yellow		Bhuloka Day	
Until 3:37PM				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		Cairo, Egypt	
				Ardra Nakshatra Dhruva Yoga Kintughna* Karana Prathamayam Titau		Sun 14	
Mithuna Rasi: 13.44	Tithi 1	Gulika 10:13AM – 11:59AM	Ardra Until 6:30PM	Ganesha: Purple	<i>Sunrise:</i> 4:57AM	Subhakrit 5124	
		Yama 6:42AM – 8:28AM	Dhruva Until 6:22AM Thu	Muruqa: Green	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 10 - 14	
		336655471 Rahu 11:59AM – 1:44PM	Kintughna Until 6:10PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:22AM Thu	Moon – Yellow		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

1	Thursday, June 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cairo, Egypt Sun 15 Sutra 74 Subhakarit 5124
	Mithuna Rasi: 25.35	Tithi 1 – 2	Gulika 8:28AM – 10:13AM	Punarvasu Until 9:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:57AM	
			Yama 4:57AM – 6:43AM	Dhruva Until 6:22AM	Muruqa: Green	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 11 - 15
	Creative Work	Amrita Yoga	346655471 Rahu 1:44PM – 3:30PM	Balava Until 8:34PM	Nataraja: Yellow		3rd Phase
			Prathama* Until 7:22AM	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

2	Friday, July 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Cairo, Egypt Sun 16 Sutra 75 Subhakarit 5124
	Kataka Rasi: 7.28	Tithi 2 – 3	Gulika 6:43AM – 8:28AM	Pushya Until 12:26AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 4:58AM	
			Yama 3:30PM – 5:15PM	Vyaghata* Until 7:16AM	Muruqa: Green	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 11 - 16
	Routine Work	Marana Yoga	346655471 Rahu 10:14AM – 11:59AM	Taitila Until 10:47PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 9:41AM	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

3	Saturday, July 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Cairo, Egypt Sun 17 Sutra 76 Subhakarit 5124
	Kataka Rasi: 19.26	Tithi 3 – 4	Gulika 4:58AM – 6:43AM	Ashlesha* Until 2:49AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 4:58AM	
			Yama 1:45PM – 3:30PM	Harshana Until 8:02AM	Muruqa: Green	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 11 - 17
	Routine Work	Marana Yoga	346655471 Rahu 8:29AM – 10:14AM	Vanija Until 12:45AM Sun	Nataraja: Yellow		3rd Phase
			Tritiya Until 11:47AM	Moon – Blue		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

4	Sunday, July 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Cairo, Egypt Sun 18 Sutra 77 Subhakarit 5124
	Simha Rasi: 1.31	Tithi 4 – 5	Gulika 3:30PM – 5:15PM	Magha* Until 5:12AM Mon	Ganesha: Orange	<i>Sunrise:</i> 4:58AM	
			Yama 11:59AM – 1:45PM	Vajra* Until 8:34AM	Muruqa: Green	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 11 - 18
	Routine Work	Marana Yoga	356655471 Rahu 5:15PM – 7:01PM	Bava Until 2:23AM Mon	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 1:36PM	Moon – Red		Devaloka Day	
				Ashada*Ani			

5	Monday, July 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cairo, Egypt Sun 19 Sutra 78 Subhakarit 5124
	Simha Rasi: 13.44	Tithi 5 – 6	Gulika 1:45PM – 3:30PM	Purvaphalguni Until 6:59AM Tue	Ganesha: Orange	<i>Sunrise:</i> 4:59AM	
	Family Home Evening		Yama 10:14AM – 12:00PM	Siddhi Until 8:50AM	Muruqa: Green	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 11 - 19
	Creative Work	Siddha Yoga	356655471 Rahu 6:44AM – 8:29AM	Kaulava Until 3:35AM Tue	Nataraja: Yellow		3rd Phase
			Panchami Until 3:02PM	Moon – Red		Devaloka Day	
				Ashada*Ani			

6	Tuesday, July 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatiyata*/Varyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cairo, Egypt Sun 20 Sutra 79 Subhakarit 5124
	Simha Rasi: 26.08	Tithi 6 – 7	Gulika 12:00PM – 1:45PM	Purvaphalguni Until 6:59AM	Ganesha: Orange	<i>Sunrise:</i> 4:59AM	
			Yama 8:30AM – 10:15AM	Vyatiyata* Until 8:45AM	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 11 - 20
	Creative Work	Siddha Yoga	356655471 Rahu 3:30PM – 5:15PM	Gara Until 4:15AM Wed	Nataraja: Yellow		3rd Phase
			Shashthi* Until 3:58PM	Moon – Red		Devaloka Day	
			Chidambaram Abhishekam	Ashada*Ani			

7	Wednesday, July 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau				Cairo, Egypt Sun 21 Sutra 80 Subhakarit 5124
	Retreat Star		Gulika 10:15AM – 12:00PM	Uttaraphalguni Until 8:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	
	Kanya Rasi: 8.48	Tithi 7 – 8	Yama 6:45AM – 8:30AM	Variyan Until 8:12AM	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 11 - 21
	Creative Work	Amrita Yoga	357655471 Rahu 12:00PM – 1:45PM	Visti Until 4:16AM Thu	Nataraja: Yellow		3rd Phase
			Saptami Until 4:19PM	Moon – Red		Devaloka Day	
				Ashada*Ani			

8	Thursday, July 7, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 22 Sutra 81 Subhakarit 5124
	Retreat Star		Gulika 8:30AM – 10:15AM	Hasta Until 8:50AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	
	Kanya Rasi: 21.46	Tithi 8 – 9	Yama 5:00AM – 6:45AM	Parigha* Until 7:08AM	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 11 - 22
	Routine Work	Marana Yoga	467655471 Rahu 1:45PM – 3:30PM	Balava Until 3:33AM Fri	Nataraja: Yellow		Ashtami
			Ashtami* Until 3:59PM	Moon – Green		Devaloka Day	
				Ashada*Ani			

9	Friday, July 8, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 23 Sutra 82 Subhakarit 5124
	Retreat Star		Gulika 6:45AM – 8:30AM	Chitra Until 8:43AM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	
	Tula Rasi: 5.07	Tithi 9 – 10	Yama 3:30PM – 5:15PM	Siddha Until 3:16AM Sat	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 11 - 23
	Creative Work	Siddha Yoga	467655471 Rahu 10:15AM – 12:00PM	Taitila Until 2:07AM Sat	Nataraja: Yellow		Navami
			Navami* Until 2:55PM	Moon – Green		Devaloka Day	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 18.54	Tithi 10 – 11	Gulika 5:01AM – 6:46AM	Svati Until 7:43AM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	
			Yama 1:45PM – 3:30PM	Sadhya Until 12:27AM Sun	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	467655471 Rahu 8:31AM – 10:16AM	Vanija Until 11:58PM	Nataraja: Yellow		4th Phase
			Dashami Until 1:07PM	Moon – Green	Devaloka Day		
			Ashada*Ani				

2	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 3.07	Tithi 11 – 12	Gulika 3:30PM – 5:15PM	Vishakha Until 6:20AM	Ganesha: White	<i>Sunrise:</i> 5:02AM	
			Yama 12:01PM – 1:45PM	Subha Until 9:09PM	Muruqa: Green	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 Rahu 5:15PM – 7:00PM	Bava Until 9:13PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 10:39AM	Moon – Orange	Bhuloka Day		
			Ashada*Ani		Devaloka Time: 6:PM to 9:PM		

3	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 17.45	Tithi 12 – 13	Gulika 1:45PM – 3:30PM	Jyeshtha* Until 1:31AM Tue	Ganesha: White	<i>Sunrise:</i> 5:02AM	
	Family Home Evening		Yama 10:16AM – 12:01PM	Sukla Until 5:24PM	Muruqa: Green	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 Rahu 6:47AM – 8:31AM	Taitila Until 4:10AM Tue	Nataraja: Yellow		4th Phase
			Dvadashi Until 7:37AM	Moon – Orange	Bhuloka Day		
			Ashada*Ani		Devaloka Time: 6:PM to 9:PM		
			<i>Pradosha Vrata</i>				

4	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 2.44	Tithi 14	Gulika 12:01PM – 1:45PM	Mula* Until 10:46PM	Ganesha: White	<i>Sunrise:</i> 5:03AM	
			Yama 8:32AM – 10:16AM	Brahma Until 1:22PM	Muruqa: Green	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 Rahu 3:30PM – 5:15PM	Gara Until 2:20PM	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 12:26AM Wed	Moon – Light Blue	Sivaloka Day		
			Ashada*Ani				
			Then Creative Work - Siddha Yoga				

○	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti/Bava Karana Purnimayam Titau				Cairo, Egypt Sun 28 Sutra 87 Subhakrit 5124
	Copper Retreat Star		Gulika 10:16AM – 12:01PM	Purvashadha* Until 7:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:03AM	
	Dhanus Rasi: 17.55	Tithi 15	Yama 6:48AM – 8:32AM	Indra Until 9:11AM	Muruqa: Green	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488755471 Rahu 12:01PM – 1:45PM	Visti Until 10:32AM	Nataraja: Yellow		
			Satguru Purnima	Purnima* Until 8:35PM	Moon – Light Blue	Devaloka Day	
			Ashada*Ani				

○	Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Cairo, Egypt Sun 29 Sutra 88 Subhakrit 5124
	Silver Retreat Star		Gulika 8:32AM – 10:17AM	Uttarashadha Until 4:40PM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	
	Makara Rasi: 3.09	Tithi 16 – 17	Yama 5:04AM – 6:48AM	Vishkambha* Until 12:47AM Fri	Muruqa: Green	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 12 - Prathama
	Routine Work	Marana Yoga	488755471 Rahu 1:45PM – 3:30PM	Balava Until 6:41AM	Nataraja: Yellow		
			Prathama* Until 4:47PM	Moon – Light Blue	Devaloka Day		
			Ashada*Ani				
			Then Creative Work - Siddha Yoga				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Cairo, Egypt
Sun 1
Sutra 89

Makara Rasi: 18.17 Tithi 17 - 18

Gulika 6:48AM - 8:33AM
Yama 3:30PM - 5:14PM
498755471 **Rahu** 10:17AM - 12:01PM

Shravana Until 2:04PM
Priti Until 8:54PM
Vanija Until 11:35PM
Dvitiya Until 1:13PM

Ganesha: Blue *Sunrise: 5:04AM*
Muruqa: Green *Sunset: 6:58PM*
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 2:04PM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Cairo, Egypt
Sun 2
Sutra 90

Kumbha Rasi: 3.09 Tithi 18 - 19

Gulika 5:05AM - 6:49AM
Yama 1:45PM - 3:30PM
498755471 **Rahu** 8:33AM - 10:17AM

Dhanishtha Until 11:44AM
Ayushman Until 5:22PM
Bava Until 8:40PM
Tritiya Until 10:02AM

Ganesha: Blue *Sunrise: 5:05AM*
Muruqa: Green *Sunset: 6:58PM*
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 11:44AM
Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt
Sun 3
Sutra 91

Kumbha Rasi: 17.38 Tithi 19 - 20

Gulika 3:29PM - 5:13PM
Yama 12:01PM - 1:45PM
498755472 **Rahu** 5:13PM - 6:58PM

Shatabhishak Until 9:50AM
Saubhagya Until 2:22PM
Kaulava Until 6:22PM
Chaturthi* Until 7:25AM

Ganesha: Blue *Sunrise: 5:05AM*
Muruqa: Green *Sunset: 6:58PM*
Nataraja: White
Moon - Purple
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Cairo, Egypt
Sun 4
Sutra 92

Meena Rasi: 1.38 Tithi 21

Gulika 1:45PM - 3:29PM
Yama 10:18AM - 12:01PM
418755472 **Rahu** 6:50AM - 8:34AM

Purvaproshtapada* Until 8:56AM
Sobhana Until 11:58AM
Gara Until 4:50PM
Shashthi* Until 4:22AM Tue

Ganesha: White *Sunrise: 5:06AM*
Muruqa: Green *Sunset: 6:57PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Family Home Evening
Routine Work Marana Yoga
Until 8:56AM
Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Athiganda*/Sukarma Yoga Visti/Bava Karana Saptamyam Titau

Cairo, Egypt
Sun 5
Sutra 93

Meena Rasi: 15.1 Tithi 22

Gulika 12:02PM - 1:45PM
Yama 8:34AM - 10:18AM
419755472 **Rahu** 3:29PM - 5:13PM

Uttaraproshtapada Until 8:42AM
Athiganda* Until 10:13AM
Visti Until 4:09PM
Saptami Until 4:06AM Wed

Ganesha: Clear *Sunrise: 5:06AM*
Muruqa: Green *Sunset: 6:57PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 8:42AM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Cairo, Egypt
Sun 6
Sutra 94

Meena Rasi: 28.13 Tithi 23

Gulika 10:18AM - 12:02PM
Yama 6:51AM - 8:34AM
419755472 **Rahu** 12:02PM - 1:45PM

Revati Until 9:10AM
Sukarma Until 9:11AM
Balava Until 4:19PM
Ashtami* Until 4:42AM Thu

Ganesha: Clear *Sunrise: 5:07AM*
Muruqa: Green *Sunset: 6:56PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Cairo, Egypt
Sun 7
Sutra 95

Mesha Rasi: 10.51 Tithi 24

Gulika 8:35AM - 10:18AM
Yama 5:07AM - 6:51AM
429755472 **Rahu** 1:45PM - 3:29PM

Ashvini Until 10:46AM
Dhriti Until 8:49AM
Taitila Until 5:19PM
Navami* Until 6:03AM Fri

Ganesha: Purple *Sunrise: 5:07AM*
Muruqa: Green *Sunset: 6:56PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Amrita Yoga

Until 10:46AM
Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 8 Sutra 96
	Mesha Rasi: 23.1	Tithi 24 – 25	Gulika 6:51AM – 8:35AM	Bharani Until 12:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:08AM	Subhakrit 5124
			Yama 3:28PM – 5:12PM	Shula* Until 8:59AM	Muruqa: Green	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 14 - 8
	Creative Work	Siddha Yoga	429755472 Rahu 10:18AM – 12:02PM	Vanija Until 6:59PM	Nataraja: White		2nd Phase
			Navami* Until 6:03AM	Moon – White		Devaloka Day	
				Ashada*Adi			


2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda/Vridhhi Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 9 Sutra 97
	Vrishabha Rasi: 5.14	Tithi 25 – 26	Gulika 5:09AM – 6:52AM	Krittika Until 3:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:09AM	Subhakrit 5124
			Yama 1:45PM – 3:28PM	Ganda* Until 9:37AM	Muruqa: Green	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 14 - 9
	Creative Work	Amrita Yoga	429755472 Rahu 8:35AM – 10:18AM	Bava Until 9:08PM	Nataraja: White		2nd Phase
			Dashami Until 7:59AM	Moon – White		Devaloka Day	
				Ashada*Adi			


3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 10 Sutra 98
	Vrishabha Rasi: 17.08	Tithi 26 – 27	Gulika 3:28PM – 5:11PM	Rohini Until 6:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	Subhakrit 5124
			Yama 12:02PM – 1:45PM	Vriddhi Until 10:32AM	Muruqa: Green	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 14 - 10
	Creative Work	Siddha Yoga	439755472 Rahu 5:11PM – 6:54PM	Kaulava Until 11:34PM	Nataraja: White		2nd Phase
			Ekadashi* Until 10:18AM	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Taillita/Gara Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 11 Sutra 99
	Vrishabha Rasi: 28.58	Tithi 27 – 28	Gulika 1:45PM – 3:28PM	Mrigashira Until 9:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	Subhakrit 5124
	Family Home Evening		Yama 10:19AM – 12:02PM	Dhruva Until 11:34AM	Muruqa: Green	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 14 - 11
	Creative Work	Amrita Yoga	439755472 Rahu 6:53AM – 8:36AM	Gara Until 2:06AM Tue	Nataraja: White		2nd Phase
			Dvadashi* Until 12:49PM	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata/Harshana Yoga Vanija/Vistil Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 12 Sutra 100
	Mithuna Rasi: 10.47	Tithi 28 – 29	Gulika 12:02PM – 1:45PM	Ardra Until 12:30AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	Subhakrit 5124
			Yama 8:36AM – 10:19AM	Vyaghata* Until 12:38PM	Muruqa: Green	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 14 - 12
	Routine Work	Marana Yoga	439755472 Rahu 3:27PM – 5:10PM	Vistil Until 4:34AM Wed	Nataraja: White		2nd Phase
			Trayodashi* Until 3:20PM	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

6	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cairo, Egypt Sun 13 Sutra 101
	Mithuna Rasi: 22.37	Tithi 29 – 30	Gulika 10:19AM – 12:02PM	Punarvasu Until 3:35AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Subhakrit 5124
			Yama 6:54AM – 8:36AM	Harshana Until 1:37PM	Muruqa: Green	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 14 - 13
	Creative Work	Siddha Yoga	441755472 Rahu 12:02PM – 1:44PM	Catuspada Until 6:52AM Thu	Nataraja: White		2nd Phase
			Chaturdashi* Until 5:44PM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra/Siddhi Yoga Catuspada/Naga* Karana Amavasyayam Titau				Cairo, Egypt Sun 14 Sutra 102
	Retreat Star		Gulika 8:37AM – 10:19AM	Pushya Until 6:16AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	Subhakrit 5124
	Kataka Rasi: 4.31	Tithi 30	Yama 5:12AM – 6:54AM	Vajra* Until 2:26PM	Muruqa: Green	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 14 - 14
	Creative Work	Amrita Yoga	441755472 Rahu 1:44PM – 3:27PM	Catuspada Until 6:52AM	Nataraja: White		Amavasya
			Amavasya* Until 7:55PM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

	Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna/Bava Karana Prathamayam Titau				Cairo, Egypt Sun 15 Sutra 103
	Retreat Star		Gulika 6:55AM – 8:37AM	Pushya Until 6:16AM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	Subhakrit 5124
	Kataka Rasi: 16.31	Tithi 1	Yama 3:26PM – 5:09PM	Siddhi Until 3:04PM	Muruqa: Green	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 14 - 15
	Routine Work	Marana Yoga	441755472 Rahu 10:19AM – 12:02PM	Kintughna Until 8:57AM	Nataraja: White		Prathama
			Prathama* Until 9:51PM	Moon – Blue		Bhuloka Day	
				Sravana*Adi		Devaloka Time: 9:AM to12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Saturday, July 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau				Cairo, Egypt Sun 16 Sutra 104 Subhakarit 5124
Kataka Rasi: 28.37	Tithi 2	Gulika 5:13AM – 6:55AM	Ashlesha* Until 8:31AM	Ganesha: Yellow	<i>Sunrise:</i> 5:13AM			
		Yama 1:44PM – 3:26PM	Vyatipata* Until 3:30PM	Muruqa: Green	<i>Sunset:</i> 6:51PM		Moon 7 - Phase 15 - 16	
		441755472 Rahu 8:37AM – 10:19AM	Balava Until 10:44AM	Nataraja: White			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 11:29PM	Moon – Blue			Bhuloka Day	
Until 8:31AM				Sravana*Adi			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga								

2		Sunday, July 31, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau				Cairo, Egypt Sun 17 Sutra 105 Subhakarit 5124
Simha Rasi: 10.52	Tithi 3	Gulika 3:26PM – 5:08PM	Magha* Until 10:48AM	Ganesha: Red	<i>Sunrise:</i> 5:13AM			
		Yama 12:02PM – 1:44PM	Varyan Until 3:39PM	Muruqa: Green	<i>Sunset:</i> 6:50PM		Moon 7 - Phase 15 - 17	
		451755472 Rahu 5:08PM – 6:50PM	Taitila Until 12:12PM	Nataraja: White			3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 12:47AM Mon	Moon – Red			Bhuloka Day	
Until 10:48AM				Sravana*Adi			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga								

3		Monday, August 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Cairo, Egypt Sun 18 Sutra 106 Subhakarit 5124
Simha Rasi: 23.14	Tithi 4	Gulika 1:43PM – 3:25PM	Purvaphalguni Until 12:35PM	Ganesha: Red	<i>Sunrise:</i> 5:14AM			
Family Home Evening		Yama 10:20AM – 12:02PM	Parigha* Until 3:32PM	Muruqa: Green	<i>Sunset:</i> 6:49PM		Moon 7 - Phase 15 - 18	
		451755472 Rahu 6:56AM – 8:38AM	Vanija Until 1:19PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 1:43AM Tue	Moon – Red			Bhuloka Day	
				Sravana*Adi			Devaloka Time: 9:AM to12:PM	

4		Tuesday, August 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Cairo, Egypt Sun 19 Sutra 107 Subhakarit 5124
Kanya Rasi: 5.47	Tithi 5	Gulika 12:01PM – 1:43PM	Uttaraphalguni Until 1:48PM	Ganesha: Red	<i>Sunrise:</i> 5:15AM			
		Yama 8:38AM – 10:20AM	Shiva Until 3:06PM	Muruqa: Green	<i>Sunset:</i> 6:48PM		Moon 7 - Phase 15 - 19	
		451755472 Rahu 3:25PM – 5:07PM	Bava Until 2:02PM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 2:12AM Wed	Moon – Red			Bhuloka Day	
Until 1:48PM				Sravana*Adi			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga								

5		Wednesday, August 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Cairo, Egypt Sun 20 Sutra 108 Subhakarit 5124
Kanya Rasi: 18.32	Tithi 6	Gulika 10:20AM – 12:01PM	Hasta Until 2:53PM	Ganesha: Blue	<i>Sunrise:</i> 5:15AM			
		Yama 6:57AM – 8:38AM	Siddha Until 2:17PM	Muruqa: Green	<i>Sunset:</i> 6:48PM		Moon 7 - Phase 15 - 20	
		461755472 Rahu 12:01PM – 1:43PM	Kaulava Until 2:17PM	Nataraja: White			3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 2:11AM Thu	Moon – Green			Devaloka Day	
Until 2:53PM				Sravana*Adi				
Then Creative Work - Siddha Yoga								

6		Thursday, August 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Cairo, Egypt Sun 21 Sutra 109 Subhakarit 5124
Tula Rasi: 1.32	Tithi 7	Gulika 8:39AM – 10:20AM	Chitra Until 3:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:16AM			
		Yama 5:16AM – 6:57AM	Sadhya Until 1:03PM	Muruqa: Green	<i>Sunset:</i> 6:47PM		Moon 7 - Phase 15 - 21	
		461755472 Rahu 1:43PM – 3:24PM	Gara Until 2:00PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 1:37AM Fri	Moon – Green			Devaloka Day	
Until 3:17PM				Sravana*Adi				
Then Creative Work - Amrita Yoga								

Retreat Star		Friday, August 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Cairo, Egypt Sun 22 Sutra 110 Subhakarit 5124
Tula Rasi: 14.51	Tithi 8	Gulika 6:58AM – 8:39AM	Svati Until 2:58PM	Ganesha: Blue	<i>Sunrise:</i> 5:16AM			
		Yama 3:24PM – 5:05PM	Subha Until 11:22AM	Muruqa: White	<i>Sunset:</i> 6:46PM		Moon 7 - Phase 15 - 22	
		461765472 Rahu 10:20AM – 12:01PM	Visti Until 1:07PM	Nataraja: White			Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 12:26AM Sat	Moon – Green			Devaloka Day	
				Sravana*Adi				
		Varalakshmi Vratam						

Retreat Star		Saturday, August 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Cairo, Egypt Sun 23 Sutra 111 Subhakarit 5124
Tula Rasi: 28.3	Tithi 9	Gulika 5:17AM – 6:58AM	Vishakha Until 2:19PM	Ganesha: White	<i>Sunrise:</i> 5:17AM			
		Yama 1:42PM – 3:23PM	Sukla Until 9:09AM	Muruqa: White	<i>Sunset:</i> 6:45PM		Moon 7 - Phase 15 - 23	
		472765472 Rahu 8:39AM – 10:20AM	Balava Until 11:38AM	Nataraja: White			Navami	
Creative Work	Siddha Yoga		Navami* Until 10:38PM	Moon – Orange			Bhuloka Day	
				Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Cairo, Egypt Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 12.32	Tithi 10	Gulika 3:23PM – 5:04PM	Anuradha Until 12:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM	
		Yama 12:01PM – 1:42PM	Brahma Until 6:28AM	Muruqa: White	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 16 - 24
	472865472	Rahu 5:04PM – 6:44PM	Taitila Until 9:32AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 8:16PM	Moon – Orange		
				Sravana*Adi		Bhuloka Day Devaloka Time: 9:AM to12:PM

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 25 Sutra 113 Subhakrit 5124
Vrischika Rasi: 26.56	Tithi 11 – 12	Gulika 1:42PM – 3:22PM	Jyeshtha* Until 10:53AM	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM	
Family Home Evening		Yama 10:20AM – 12:01PM	Vaidhriti* Until 11:48PM	Muruqa: White	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 16 - 25
	472865472	Rahu 6:59AM – 8:40AM	Vanija Until 6:55AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 5:25PM	Moon – Orange		
				Sravana*Adi		Bhuloka Day Devaloka Time: 9:AM to12:PM

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 11.4	Tithi 12 – 13	Gulika 12:01PM – 1:41PM	Mula* Until 8:41AM	Ganesha: White	<i>Sunrise:</i> 5:19AM	
		Yama 8:40AM – 10:20AM	Vishkambha* Until 7:59PM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 16 - 26
	482865472	Rahu 3:22PM – 5:02PM	Kaulava Until 12:28AM Wed	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 2:10PM	Moon – Light Blue		
Until 8:41AM				Sravana*Adi		Devaloka Day
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 115 Subhakrit 5124
Dhanus Rasi: 26.37	Tithi 13 – 14	Gulika 10:20AM – 12:01PM	Purvashadha* Until 6:04AM	Ganesha: White	<i>Sunrise:</i> 5:19AM	
		Yama 7:00AM – 8:40AM	Priti Until 4:01PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 16 - 27
	482865472	Rahu 12:01PM – 1:41PM	Gara Until 8:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 10:41AM	Moon – Light Blue		
				Sravana*Adi		Devaloka Day

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Cairo, Egypt Sutra 116 Subhakrit 5124
Copper Retreat Star		Gulika 8:40AM – 10:20AM	Shravana Until 12:36AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	
Makara Rasi: 11.4	Tithi 14 – 15	Yama 5:20AM – 7:00AM	Ayushman Until 11:59AM	Muruqa: White	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 16 -
	492865472	Rahu 1:41PM – 3:21PM	Bava Until 3:35AM Fri	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 7:06AM	Moon – Purple		
		Raksha Bandhan		Sravana*Adi		Bhuloka Day Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Cairo, Egypt Sutra 117 Subhakrit 5124
Silver Retreat Star		Gulika 7:01AM – 8:40AM	Dhanishtha Until 10:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	
Makara Rasi: 26.41	Tithi 16	Yama 3:20PM – 5:00PM	Saubhagya Until 8:02AM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 16 -
	492865472	Rahu 10:20AM – 12:00PM	Balava Until 1:55PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:18AM Sat	Moon – Purple		
				Sravana*Adi		Bhuloka Day Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukstayam
Shatabhishak Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvityayam Titau

Cairo, Egypt
Sun 1
Sutra 118
Subhakrit 5124

Kumbha Rasi: 11.3 Tithi 17

Gulika 5:21AM – 7:01AM
Yama 1:40PM – 3:20PM
492865472 **Rahu** 8:41AM – 10:20AM

Shatabhishak Until 7:51PM
Athiganda* Until 12:59AM Sun
Taitila Until 10:50AM
Dvitiya Until 9:26PM

Ganesha: Clear *Sunrise:* 5:21AM
Muruqa: White *Sunset:* 6:39PM
Nataraja: White
Moon – Purple
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 7:51PM
Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukstayam
Purvaproshtapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Trityayam Titau

Cairo, Egypt
Sun 2
Sutra 119
Subhakrit 5124

Kumbha Rasi: 25.59 Tithi 18

Gulika 3:19PM – 4:59PM
Yama 12:00PM – 1:39PM
412865472 **Rahu** 4:59PM – 6:38PM

Purvaproshtapada* Until 6:27PM
Sukarma Until 10:08PM
Vanija Until 8:13AM
Tritiya Until 7:08PM

Ganesha: Yellow *Sunrise:* 5:22AM
Muruqa: White *Sunset:* 6:38PM
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 6:27PM
Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt
Sun 3
Sutra 120
Subhakrit 5124

Meena Rasi: 10.01 Tithi 19 – 20

Gulika 1:39PM – 3:18PM
Yama 10:20AM – 12:00PM
412865472 **Rahu** 7:02AM – 8:41AM

Uttaraproshtapada Until 5:37PM
Dhriti Until 7:53PM
Bava Until 6:16AM
Chaturthi* Until 5:33PM

Ganesha: Yellow *Sunrise:* 5:22AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Family Home Evening
Creative Work Siddha Yoga
Until 6:27PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam
Revati/Ashvini Nakshatra Shula* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Cairo, Egypt
Sun 4
Sutra 121
Subhakrit 5124

Meena Rasi: 23.36 Tithi 20 – 21

Gulika 12:00PM – 1:39PM
Yama 8:41AM – 10:20AM
412865472 **Rahu** 3:18PM – 4:57PM

Revati Until 5:27PM
Shula* Until 6:18PM
Gara Until 4:46AM Wed
Panchami Until 4:48PM

Ganesha: Yellow *Sunrise:* 5:23AM
Muruqa: White *Sunset:* 6:36PM
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukstayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cairo, Egypt
Sun 5
Sutra 122
Subhakrit 5124

Mesha Rasi: 6.42 Tithi 21 – 22

Gulika 10:20AM – 11:59AM
Yama 7:02AM – 8:41AM
522865472 **Rahu** 11:59AM – 1:38PM

Ashvini Until 6:27PM
Ganda* Until 5:25PM
Visti Until 5:19AM Thu
Shashthi* Until 4:55PM

Ganesha: Yellow *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 6:35PM
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga
Until 6:27PM
Then Creative Work - Siddha Yoga

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukstayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cairo, Egypt
Sun 6
Sutra 123
Subhakrit 5124

Mesha Rasi: 19.22 Tithi 22 – 23

Gulika 8:42AM – 10:20AM
Yama 5:24AM – 7:03AM
522865472 **Rahu** 1:38PM – 3:17PM

Bharani Until 8:06PM
Vridhhi Until 5:12PM
Balava Until 6:40AM Fri
Saptami Until 5:53PM

Ganesha: Yellow *Sunrise:* 5:24AM
Muruqa: White *Sunset:* 6:34PM
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 8:06PM
Then Routine Work - Marana Yoga

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukstayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cairo, Egypt
Sun 7
Sutra 124
Subhakrit 5124

Vrishabha Rasi: 1.42 Tithi 23

Gulika 7:03AM – 8:42AM
Yama 3:16PM – 4:55PM
523865472 **Rahu** 10:20AM – 11:59AM

Krittika Until 10:16PM
Dhruva Until 5:30PM
Balava Until 6:40AM
Ashtami* Until 7:33PM

Ganesha: White *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 6:33PM
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day

Creative Work Siddha Yoga
Until 10:16PM
Then Routine Work - Marana Yoga

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yukstayam
Rohini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Cairo, Egypt
Sun 8
Sutra 125
Subhakrit 5124

Vrishabha Rasi: 13.47 Tithi 24

Gulika 5:25AM – 7:04AM
Yama 1:37PM – 3:15PM
533865472 **Rahu** 8:42AM – 10:20AM

Rohini Until 1:13AM Sun
Vyaghata* Until 6:13PM
Taitila Until 8:37AM
Navami* Until 9:44PM

Ganesha: Yellow *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: White
Moon – Yellow
Sravana*Avani

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 1:13AM Sun
Then Creative Work - Siddha Yoga

1		Sunday, August 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam				Cairo, Egypt
Wishabha Rasi: 25.41		Titthi 25		Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 126
533865472		Gulika	3:15PM – 4:53PM	Mrigashira Until 4:14AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Subhakarit 5124	
Creative Work Siddha Yoga		Yama	11:58AM – 1:37PM	Harshana Until 7:11PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 18 - 9	
		Rahu	4:53PM – 6:31PM	Vanija Until 10:57AM	Nataraja: White		2nd Phase	
				Dashami Until 12:10AM Mon	Moon – Yellow	Bhuloka Day		
					Sravana-Avani	Devaloka Time: 6:AM to 9:AM		

2		Monday, August 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam				Cairo, Egypt
Mithuna Rasi: 7.32		Titthi 26		Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 127
533865472		Gulika	1:36PM – 3:14PM	Ardra Until 7:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Subhakarit 5124	
Family Home Evening		Yama	10:20AM – 11:58AM	Vajra* Until 8:11PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 18 - 10	
Creative Work Siddha Yoga		Rahu	7:04AM – 8:42AM	Bava Until 1:27PM	Nataraja: White		2nd Phase	
				Ekadashi* Until 2:40AM Tue	Moon – Yellow	Bhuloka Day		
					Sravana-Avani	Devaloka Time: 6:AM to 9:AM		

3		Tuesday, August 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam				Cairo, Egypt
Mithuna Rasi: 19.22		Titthi 27		Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 128
533865472		Gulika	11:58AM – 1:36PM	Ardra Until 7:05AM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Subhakarit 5124	
Routine Work Marana Yoga		Yama	8:42AM – 10:20AM	Siddhi Until 9:07PM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 18 - 11	
Until 7:05AM		Rahu	3:13PM – 4:51PM	Kaulava Until 3:54PM	Nataraja: White		2nd Phase	
Then Creative Work - Siddha Yoga				Dvadashi* Until 5:02AM Wed	Moon – Yellow	Bhuloka Day		
					Sravana-Avani	Devaloka Time: 6:AM to 9:AM		

4		Wednesday, August 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam				Cairo, Egypt
Kataka Rasi: 1.16		Titthi 28		Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau				Sun 12 Sutra 129
533865472		Gulika	10:20AM – 11:58AM	Punarvasu Until 10:08AM	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	Subhakarit 5124	
Creative Work Siddha Yoga		Yama	7:05AM – 8:43AM	Vyatipata* Until 9:54PM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 18 - 12	
		Rahu	11:58AM – 1:35PM	Gara Until 6:08PM	Nataraja: White		2nd Phase	
				Trayodashi* Until 7:08AM Thu	Moon – Blue	Bhuloka Day		
					Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>				

5		Thursday, August 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam				Cairo, Egypt
Kataka Rasi: 13.16		Titthi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 130
533865472		Gulika	8:43AM – 10:20AM	Pushya Until 12:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	Subhakarit 5124	
Creative Work Amrita Yoga		Yama	5:28AM – 7:05AM	Variyan Until 10:24PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 18 - 13	
Until 12:45PM		Rahu	1:35PM – 3:12PM	Visti Until 8:04PM	Nataraja: White		2nd Phase	
Then Creative Work - Siddha Yoga				Trayodashi* Until 7:08AM	Moon – Blue	Bhuloka Day		
					Sravana-Avani			

Retreat Star		Friday, August 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam				Cairo, Egypt
Kataka Rasi: 25.23		Titthi 29 – 30		Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau				Sun 14 Sutra 131
533865472		Gulika	7:06AM – 8:43AM	Ashlesha* Until 2:51PM	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Subhakarit 5124	
Routine Work Marana Yoga		Yama	3:11PM – 4:48PM	Parigha* Until 10:38PM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 18 - 14	
		Rahu	10:20AM – 11:57AM	Catuspada Until 9:38PM	Nataraja: White		Amavasya	
				Chaturdashy* Until 8:53AM	Moon – Blue	Bhuloka Day		
					Sravana-Avani			

Retreat Star		Saturday, August 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yukhtayam				Cairo, Egypt
Simha Rasi: 7.41		Titthi 30 – 1		Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15 Sutra 132
533865472		Gulika	5:29AM – 7:06AM	Magha* Until 4:54PM	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Subhakarit 5124	
Creative Work Amrita Yoga		Yama	1:34PM – 3:11PM	Shiva Until 10:35PM	Muruqa: White	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 18 - 15	
Until 4:54PM		Rahu	8:43AM – 10:20AM	Kintughna Until 10:49PM	Nataraja: White		Prathama	
Then Creative Work - Siddha Yoga				Amavasya* Until 10:15AM	Moon – Red	Bhuloka Day		
					Bhadrapada-Avani			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

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1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cairo, Egypt Sun 16 Sutra 133 Subhakrit 5124
Simha Rasi: 20.09	Tithi 1 – 2	Gulika 3:10PM – 4:47PM	Purvaphalguni Until 6:24PM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	
		Yama 11:57AM – 1:33PM	Siddha Until 10:11PM	Muruqa: White	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 19 - 16
	553865473	Rahu 4:47PM – 6:23PM	Balava Until 11:36PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 11:14AM	Moon – Red		Bhuloka Day
Until 6:24PM				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Cairo, Egypt Sun 17 Sutra 134 Subhakrit 5124
Kanya Rasi: 2.47	Tithi 2 – 3	Gulika 1:33PM – 3:09PM	Uttaraphalguni Until 7:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	
Family Home Evening		Yama 10:20AM – 11:56AM	Sadhya Until 9:30PM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19 - 17
	553865473	Rahu 7:07AM – 8:43AM	Taitila Until 11:59PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 11:49AM	Moon – Red		Bhuloka Day
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Cairo, Egypt Sun 18 Sutra 135 Subhakrit 5124
Kanya Rasi: 16	Tithi 3 – 4	Gulika 11:56AM – 1:32PM	Hasta Until 8:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	
		Yama 8:43AM – 10:20AM	Subha Until 8:32PM	Muruqa: White	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 19 - 18
	563865473	Rahu 3:08PM – 4:45PM	Vanija Until 12:00AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:01PM	Moon – Green		Bhuloka Day
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Cairo, Egypt Sun 19 Sutra 136 Subhakrit 5124
Kanya Rasi: 28.37	Tithi 4 – 5	Gulika 10:20AM – 11:56AM	Chitra Until 8:39PM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	
		Yama 7:08AM – 8:44AM	Sukla Until 7:14PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 19 - 19
	563865473	Rahu 11:56AM – 1:32PM	Bava Until 11:38PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 11:51AM	Moon – Green		Bhuloka Day
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cairo, Egypt Sun 20 Sutra 137 Subhakrit 5124
Tula Rasi: 11.49	Tithi 5 – 6	Gulika 8:44AM – 10:19AM	Svati Until 8:30PM	Ganesha: Red	<i>Sunrise:</i> 5:32AM	
		Yama 5:32AM – 7:08AM	Brahma Until 5:38PM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 19 - 20
	563965473	Rahu 1:31PM – 3:07PM	Kaulava Until 10:52PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 11:17AM	Moon – Green		Devaloka Day
Until 8:30PM				Bhadrapada*Avani		
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cairo, Egypt Sun 21 Sutra 138 Subhakrit 5124
Tula Rasi: 25.15	Tithi 6 – 7	Gulika 7:08AM – 8:44AM	Vishakha Until 8:14PM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM	
		Yama 3:06PM – 4:42PM	Indra Until 3:43PM	Muruqa: White	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 19 - 21
	573965473	Rahu 10:19AM – 11:55AM	Gara Until 9:41PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:18AM	Moon – Orange		Sivaloka Day
				Bhadrapada*Avani		

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cairo, Egypt Sun 22 Sutra 139 Subhakrit 5124
Vrischika Rasi: 8.55	Tithi 7 – 8	Gulika 5:33AM – 7:09AM	Anuradha Until 7:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	
		Yama 1:30PM – 3:05PM	Vaidhriti* Until 1:26PM	Muruqa: White	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 19 - 22
	574965473	Rahu 8:44AM – 10:19AM	Visti Until 8:05PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:55AM	Moon – Orange		Devaloka Day
				Bhadrapada*Avani		

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 23 Sutra 140 Subhakrit 5124
Vrischika Rasi: 22.5	Tithi 8 – 9	Gulika 3:05PM – 4:40PM	Jyeshtha* Until 6:01PM	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM	
		Yama 11:54AM – 1:29PM	Vishkambha* Until 10:49AM	Muruqa: White	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 19 - 23
	574965473	Rahu 4:40PM – 6:15PM	Balava Until 6:05PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami* Until 7:07AM	Moon – Orange		Devaloka Day
Until 6:01PM				Bhadrapada*Avani		
Then Creative Work - Amrita Yoga						


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Dashamyam Titau		Cairo, Egypt Sun 24 Sutra 141 Subhakrit 5124
Dhanus Rasi: 7.01	Tithi 10	Gulika	1:29PM – 3:04PM	Mula* Until 4:32PM	Ganesha: White <i>Sunrise: 5:34AM</i>	
Family Home Evening	584965473	Yama	10:19AM – 11:54AM	Priti Until 7:55AM	Muruqa: White <i>Sunset: 6:14PM</i>	Moon 8 - Phase 20 - 24
Creative Work Siddha Yoga		Rahu	7:09AM – 8:44AM	Taitila Until 3:42PM	Nataraja: Clear	4th Phase
Until 4:32PM				Dashami Until 2:22AM Tue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Cairo, Egypt Sun 25 Sutra 142 Subhakrit 5124
Dhanus Rasi: 21.26	Tithi 11	Gulika	11:54AM – 1:28PM	Purvashadha* Until 2:36PM	Ganesha: White <i>Sunrise: 5:35AM</i>	
	584965473	Yama	8:44AM – 10:19AM	Saubhagya Until 1:16AM Wed	Muruqa: White <i>Sunset: 6:13PM</i>	Moon 8 - Phase 20 - 25
Creative Work Siddha Yoga		Rahu	3:03PM – 4:38PM	Vanija Until 1:00PM	Nataraja: Clear	4th Phase
Until 2:36PM				Ekadashi Until 11:33PM	Bhuloka Day	
Then Routine Work - Prabararishta Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Cairo, Egypt Sun 26 Sutra 143 Subhakrit 5124
Makara Rasi: 6.02	Tithi 12	Gulika	10:19AM – 11:53AM	Uttarashadha Until 12:20PM	Ganesha: White <i>Sunrise: 5:35AM</i>	
	584965473	Yama	7:10AM – 8:44AM	Sobhana Until 9:44PM	Muruqa: White <i>Sunset: 6:11PM</i>	Moon 8 - Phase 20 - 26
Creative Work Amrita Yoga		Rahu	11:53AM – 1:28PM	Bava Until 10:05AM	Nataraja: Clear	4th Phase
Until 12:20PM				Dvadashi Until 8:34PM	Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Cairo, Egypt Sun 27 Sutra 144 Subhakrit 5124
Makara Rasi: 20.43	Tithi 13 – 14	Gulika	8:44AM – 10:19AM	Shravana Until 10:15AM	Ganesha: Clear <i>Sunrise: 5:36AM</i>	
	594965473	Yama	5:36AM – 7:10AM	Athiganda* Until 6:09PM	Muruqa: White <i>Sunset: 6:10PM</i>	Moon 8 - Phase 20 - 27
Creative Work Siddha Yoga		Rahu	1:27PM – 3:02PM	Kaulava Until 7:04AM	Nataraja: Clear	4th Phase
				Trayodashi Until 5:33PM	Devaloka Day	
		Chidambaram Abhishekam			Bhadrapada*Avani	
				<i>Pradosha Vrata</i>		

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Cairo, Egypt Sun 28 Sutra 145 Subhakrit 5124
Copper Retreat Star		Gulika	7:10AM – 8:44AM	Dhanishtha Until 8:04AM	Ganesha: Clear <i>Sunrise: 5:36AM</i>	
Kumbha Rasi: 5.23	Tithi 14 – 15	Yama	3:01PM – 4:35PM	Sukarma Until 2:40PM	Muruqa: White <i>Sunset: 6:09PM</i>	Moon 8 - Phase 20 -
	594965473	Rahu	10:19AM – 11:53AM	Visti Until 1:17AM Sat	Nataraja: Clear	Purnima
Creative Work Siddha Yoga				Chaturdashi* Until 2:38PM	Devaloka Day	
					Bhadrapada*Avani	

5		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Cairo, Egypt Sun 29 Sutra 146 Subhakrit 5124
Silver Retreat Star		Gulika	5:37AM – 7:11AM	Purvaproshtapada* Until 4:31AM Sun	Ganesha: Clear <i>Sunrise: 5:37AM</i>	
Kumbha Rasi: 19.55	Tithi 15 – 16	Yama	1:26PM – 3:00PM	Dhriti Until 11:25AM	Muruqa: White <i>Sunset: 6:08PM</i>	Moon 8 - Phase 20 -
	594965473	Rahu	8:45AM – 10:18AM	Balava Until 10:49PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga				Purnima* Until 11:59AM	Devaloka Day	
Until 4:31AM Sun					Bhadrapada*Avani	
Then Creative Work - Amrita Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Uttaraproshtapada Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cairo, Egypt
Sutra 147

Meena Rasi: 4.11 Tithi 16 - 17

Gulika 2:59PM - 4:33PM
Yama 11:52AM - 1:26PM
Rahu 4:33PM - 6:06PM

Uttaraproshtapada Until 3:27AM Mon
Shula* Until 8:28AM
Taitila Until 8:51PM
Prathama* Until 9:45AM

Ganesha: Clear Sunrise: 5:37AM
Muruga: White Sunset: 6:06PM
Nataraja: Clear
Moon - Clear

Subhakrit 5124
Moon 9 - Phase 21 - 1st Phase

Creative Work Amrita Yoga
Until 3:27AM Mon
Then Creative Work - Siddha Yoga

Grandparent's Day

Devaloka Day

Bhadrapada-Avani

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Trityayam Titau

Cairo, Egypt
Sutra 148

Meena Rasi: 18.07 Tithi 17 - 18

Gulika 1:25PM - 2:58PM
Yama 10:18AM - 11:52AM
Rahu 7:11AM - 8:45AM

Revati Until 2:55AM Tue
Vriddhi Until 4:04AM Tue
Vanija Until 7:31PM
Dvitiya Until 8:05AM

Ganesha: Clear Sunrise: 5:38AM
Muruga: White Sunset: 6:05PM
Nataraja: Clear
Moon - Clear

Sun 1
Subhakrit 5124
Moon 9 - Phase 21 - 1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Cairo, Egypt
Sutra 149

Mesha Rasi: 1.37 Tithi 18 - 19

Gulika 11:51AM - 1:24PM
Yama 8:45AM - 10:18AM
Rahu 2:58PM - 4:31PM

Ashvini Until 3:25AM Wed
Dhruva Until 2:44AM Wed
Bava Until 6:56PM
Tritiya Until 7:06AM

Ganesha: White Sunrise: 5:39AM
Muruga: White Sunset: 6:04PM
Nataraja: Clear
Moon - White

Sun 2
Subhakrit 5124
Moon 9 - Phase 21 - 2nd Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt
Sutra 150

Mesha Rasi: 14.43 Tithi 19 - 20

Gulika 10:18AM - 11:51AM
Yama 7:12AM - 8:45AM
Rahu 11:51AM - 1:24PM

Bharani Until 4:34AM Thu
Vyaghata* Until 2:03AM Thu
Kaulava Until 7:09PM
Chaturthi* Until 6:55AM

Ganesha: White Sunrise: 5:39AM
Muruga: White Sunset: 6:03PM
Nataraja: Clear
Moon - White

Sun 3
Subhakrit 5124
Moon 9 - Phase 21 - 3rd Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Cairo, Egypt
Sutra 151

Mesha Rasi: 27.24 Tithi 20 - 21

Gulika 8:45AM - 10:18AM
Yama 5:40AM - 7:12AM
Rahu 1:23PM - 2:56PM

Krittika Until 6:17AM Fri
Harshana Until 1:59AM Fri
Gara Until 8:08PM
Panchami Until 7:32AM

Ganesha: Clear Sunrise: 5:40AM
Muruga: White Sunset: 6:01PM
Nataraja: Clear
Moon - White

Sun 4
Subhakrit 5124
Moon 9 - Phase 21 - 4th Phase

Routine Work Marana Yoga

Devaloka Day

Bhadrapada-Avani

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Cairo, Egypt
Sutra 152

Vrishabha Rasi: 9.46 Tithi 21 - 22

Gulika 7:13AM - 8:45AM
Yama 2:55PM - 4:28PM
Rahu 10:18AM - 11:50AM

Krittika Until 6:17AM
Vajra* Until 2:22AM Sat
Visti Until 9:49PM
Shashthi* Until 8:53AM

Ganesha: Clear Sunrise: 5:40AM
Muruga: White Sunset: 6:00PM
Nataraja: Clear
Moon - White

Sun 5
Subhakrit 5124
Moon 9 - Phase 21 - 5th Phase

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

6

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cairo, Egypt
Sutra 153

Vrishabha Rasi: 21.52 Tithi 22 - 23

Gulika 5:41AM - 7:13AM
Yama 1:22PM - 2:54PM
Rahu 8:45AM - 10:18AM

Rohini Until 8:55AM
Siddhi Until 3:06AM Sun
Balava Until 11:58PM
Saptami Until 10:50AM

Ganesha: White Sunrise: 5:41AM
Muruga: White Sunset: 5:59PM
Nataraja: Clear
Moon - Yellow

Sun 6
Subhakrit 5124
Moon 9 - Phase 21 - 6th Phase

Creative Work Amrita Yoga

Sivaloka Day

Bhadrapada-Puratasi

7

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cairo, Egypt
Sutra 154

Mithuna Rasi: 3.49 Tithi 23 - 24

Gulika 2:54PM - 4:26PM
Yama 11:49AM - 1:21PM
Rahu 4:26PM - 5:58PM

Mrigashira Until 11:44AM
Vyatipata* Until 4:01AM Mon
Taitila Until 2:23AM Mon
Ashtami* Until 1:09PM

Ganesha: White Sunrise: 5:41AM
Muruga: White Sunset: 5:58PM
Nataraja: Clear
Moon - Yellow

Sun 7
Subhakrit 5124
Moon 9 - Phase 21 - 7th Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

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1		Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Cairo, Egypt Sun 8 Sutra 155 Subhakrit 5124
Mithuna Rasi: 15.41	Tithi 24 – 25	Gulika	1:21PM – 2:53PM	Ardra Until 2:33PM	Ganesha: White	<i>Sunrise:</i> 5:42AM
Family Home Evening	535965473	Yama	10:17AM – 11:49AM	Variyan Until 4:54AM Tue	Muruqa: White	<i>Sunset:</i> 5:56PM
Creative Work Siddha Yoga		Rahu	7:14AM – 8:45AM	Vanija Until 4:49AM Tue	Nataraja: Clear	Moon 9 - Phase 22 - 8 2nd Phase
Until 2:33PM				Navami* Until 3:36PM	Moon – Yellow	Sivaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	

2		Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Cairo, Egypt Sun 9 Sutra 156 Subhakrit 5124
Mithuna Rasi: 27.34	Tithi 25 – 26	Gulika	11:49AM – 1:20PM	Punarvasu Until 5:36PM	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM
545965473		Yama	8:46AM – 10:17AM	Parigha* Until 5:40AM Wed	Muruqa: White	<i>Sunset:</i> 5:55PM
Creative Work Siddha Yoga		Rahu	2:52PM – 4:24PM	Bava Until 7:05AM Wed	Nataraja: Clear	Moon 9 - Phase 22 - 9 2nd Phase
				Dashami Until 5:58PM	Moon – Blue	Devaloka Day
					Bhadrapada-Puratasi	

3		Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Cairo, Egypt Sun 10 Sutra 157 Subhakrit 5124
Kataka Rasi: 9.3	Tithi 26	Gulika	10:17AM – 11:48AM	Pushya Until 8:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM
545965473		Yama	7:14AM – 8:46AM	Shiva Until 6:12AM Thu	Muruqa: White	<i>Sunset:</i> 5:54PM
Creative Work Siddha Yoga		Rahu	11:48AM – 1:20PM	Bava Until 7:05AM	Nataraja: Clear	Moon 9 - Phase 22 - 10 2nd Phase
				Ekadashi* Until 8:04PM	Moon – Blue	Devaloka Day
					Bhadrapada-Puratasi	

4		Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Cairo, Egypt Sun 11 Sutra 158 Subhakrit 5124
Kataka Rasi: 21.35	Tithi 27	Gulika	8:46AM – 10:17AM	Ashlesha* Until 10:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM
545965473		Yama	5:43AM – 7:15AM	Shiva Until 6:12AM	Muruqa: White	<i>Sunset:</i> 5:53PM
Creative Work Siddha Yoga		Rahu	1:19PM – 2:50PM	Kaulava Until 8:59AM	Nataraja: Clear	Moon 9 - Phase 22 - 11 2nd Phase
Until 10:20PM				Dvadashi* Until 9:46PM	Moon – Blue	Devaloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	

5		Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Cairo, Egypt Sun 12 Sutra 159 Subhakrit 5124
Simha Rasi: 3.5	Tithi 28	Gulika	7:15AM – 8:46AM	Magha* Until 12:18AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:44AM
555965473		Yama	2:50PM – 4:20PM	Siddha Until 6:21AM	Muruqa: White	<i>Sunset:</i> 5:51PM
Routine Work Marana Yoga		Rahu	10:17AM – 11:48AM	Gara Until 10:27AM	Nataraja: Clear	Moon 9 - Phase 22 - 12 2nd Phase
Until 12:18AM Sat				Trayodashi* Until 10:59PM	Moon – Red	Devaloka Day
Then Creative Work - Siddha Yoga					Bhadrapada-Puratasi	
					<i>Pradosha Vrata (Fasting)</i>	

6		Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Cairo, Egypt Sun 13 Sutra 160 Subhakrit 5124
Simha Rasi: 16.18	Tithi 29	Gulika	5:44AM – 7:15AM	Purvaphalguni Until 1:36AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:44AM
556965473		Yama	1:18PM – 2:49PM	Sadhya Until 6:09AM	Muruqa: White	<i>Sunset:</i> 5:50PM
Creative Work Siddha Yoga		Rahu	8:46AM – 10:17AM	Visti Until 11:26AM	Nataraja: Clear	Moon 9 - Phase 22 - 13 2nd Phase
Until 1:36AM Sun				Chaturdashi* Until 11:42PM	Moon – Red	Bhuloka Day
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM

Retreat Star		Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Cairo, Egypt Sun 14 Sutra 161 Subhakrit 5124
Simha Rasi: 29	Tithi 30	Gulika	2:48PM – 4:18PM	Uttaraphalguni Until 2:15AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:45AM
556165473		Yama	11:47AM – 1:17PM	Sukla Until 4:33AM Mon	Muruqa: White	<i>Sunset:</i> 5:49PM
Creative Work Amrita Yoga		Rahu	4:18PM – 5:49PM	Catuspada Until 11:53AM	Nataraja: Clear	Moon 9 - Phase 22 - 14 Amavasya
Until 2:15AM Mon				Amavasya* Until 11:54PM	Moon – Red	Bhuloka Day
Then Creative Work - Siddha Yoga		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM

Retreat Star		Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Cairo, Egypt Sun 15 Sutra 162 Subhakrit 5124
Kanya Rasi: 11.56	Tithi 1	Gulika	1:17PM – 2:47PM	Hasta Until 2:45AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:46AM
Family Home Evening	566165473	Yama	10:16AM – 11:47AM	Brahma Until 3:11AM Tue	Muruqa: White	<i>Sunset:</i> 5:48PM
Creative Work Siddha Yoga		Rahu	7:16AM – 8:46AM	Kintughna Until 11:50AM	Nataraja: Clear	Moon 9 - Phase 22 - 15 Prathama
				Prathama* Until 11:38PM	Moon – Green	Bhuloka Day
		Navaratri Begins			Ashvina-Puratasi	Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Cairo, Egypt Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 25.07	Tithi 2	Gulika 11:46AM – 1:16PM	Chitra Until 2:41AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	
			Yama 8:46AM – 10:16AM	Indra Until 1:31AM Wed	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	66165473 Rahu 2:46PM – 4:16PM	Balava Until 11:21AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 10:57PM	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Triliyayam Titau				Cairo, Egypt Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 8.31	Tithi 3	Gulika 10:16AM – 11:46AM	Svati Until 2:09AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	
			Yama 7:17AM – 8:46AM	Vaidhriti* Until 11:32PM	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	66165473 Rahu 11:46AM – 1:16PM	Taitila Until 10:29AM	Nataraja: Clear		3rd Phase
			Tritiya Until 9:54PM	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturtham Titau				Cairo, Egypt Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 22.06	Tithi 4	Gulika 8:46AM – 10:16AM	Vishakha Until 1:37AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	
			Yama 5:47AM – 7:17AM	Vishkambha* Until 9:19PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 23 - 18
	Creative Work	Siddha Yoga	676165473 Rahu 1:15PM – 2:45PM	Vanija Until 9:17AM	Nataraja: Clear		3rd Phase
			Chaturthi Until 8:34PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau				Cairo, Egypt Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 5.51	Tithi 5	Gulika 7:17AM – 8:47AM	Anuradha Until 12:41AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	
			Yama 2:44PM – 4:13PM	Priti Until 6:56PM	Muruqa: White	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	676165473 Rahu 10:16AM – 11:45AM	Bava Until 7:49AM	Nataraja: Clear		3rd Phase
			Panchami Until 6:58PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Cairo, Egypt Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 19.44	Tithi 6 – 7	Gulika 5:48AM – 7:18AM	Jyeshtha* Until 11:26PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	
			Yama 1:14PM – 2:43PM	Ayushman Until 4:21PM	Muruqa: White	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	676165473 Rahu 8:47AM – 10:16AM	Kaulava Until 6:07AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 5:10PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

6	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Cairo, Egypt Sun 21 Sutra 168 Subhakrit 5124
	Dhanus Rasi: 3.45	Tithi 7 – 8	Gulika 2:42PM – 4:11PM	Mula* Until 10:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	
			Yama 11:45AM – 1:14PM	Saubhagya Until 1:38PM	Muruqa: Green	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 Rahu 4:11PM – 5:40PM	Visiti Until 2:10AM Mon	Nataraja: Clear		3rd Phase
			Saptami Until 3:12PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:13PM – 2:42PM	Purvashadha* Until 8:52PM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	
	Dhanus Rasi: 17.52	Tithi 8 – 9	Yama 10:16AM – 11:44AM	Sobhana Until 10:48AM	Muruqa: Green	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 23 - 22
	Family Home Evening		687166473 Rahu 7:18AM – 8:47AM	Balava Until 11:59PM	Nataraja: Clear		Ashtami
			Ashtami* Until 1:05PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

D	Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 23 Sutra 170 Subhakrit 5124
	Retreat Star		Gulika 11:44AM – 1:12PM	Uttarashadha Until 7:12PM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	
	Makara Rasi: 2.04	Tithi 9 – 10	Yama 8:47AM – 10:16AM	Athiganda* Until 7:51AM	Muruqa: Green	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 23 - 23
	Routine Work	Prabalarishta Yoga	687166473 Rahu 2:41PM – 4:09PM	Taitila Until 9:43PM	Nataraja: Clear		Navami
			Navami* Until 10:50AM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Cairo, Egypt on 5/1/20


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1		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Cairo, Egypt Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 16.19	Tithi 10 - 11	Gulika 10:15AM - 11:44AM	Shravana Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM	
		Yama 7:19AM - 8:47AM	Dhriti Until 1:50AM Thu	Muruqa: Green	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24 - 24
	697166473	Rahu 11:44AM - 1:12PM	Vanija Until 7:24PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon - Purple		Devaloka Day
Until 5:46PM		Vijaya Dasami	Dashami Until 8:32AM	Ashvina+Puratasi		
Then Routine Work - Prabalarishta Yoga						

2		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau		Cairo, Egypt Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 0.35	Tithi 11 - 12	Gulika 8:47AM - 10:15AM	Dhanishtha Until 4:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM	
		Yama 5:51AM - 7:19AM	Shula* Until 10:51PM	Muruqa: Green	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24 - 25
	697166473	Rahu 1:11PM - 2:39PM	Balava Until 4:00AM Fri	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon - Purple		Devaloka Day
			Ekadashi Until 6:14AM	Ashvina+Puratasi		

3		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Cairo, Egypt Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 14.47	Tithi 13	Gulika 7:20AM - 8:48AM	Shatabhishak Until 2:41PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	
		Yama 2:39PM - 4:06PM	Ganda* Until 8:01PM	Muruqa: Green	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24 - 26
	697166473	Rahu 10:15AM - 11:43AM	Kaulava Until 2:58PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon - Purple		Devaloka Day
		Kadaitswami Mahasamadhi	Trayodashi Until 1:58AM Sat	Ashvina+Puratasi		
			<i>Pradosha Vrata</i>			

4		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Cairo, Egypt Sun 27 Sutra 174 Subhakrit 5124
Kumbha Rasi: 28.52	Tithi 14	Gulika 5:53AM - 7:20AM	Purvaproshtapada* Until 1:39PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
		Yama 1:10PM - 2:38PM	Vridhhi Until 5:25PM	Muruqa: Green	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 24 - 27
	618166474	Rahu 8:48AM - 10:15AM	Gara Until 1:04PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Moon - Clear		Bhuloka Day
Until 1:39PM		Chidambaram Abhishekam	Chaturdashi* Until 12:13AM Sun	Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Cairo, Egypt Sutra 175 Subhakrit 5124
Copper Retreat Star		Gulika 2:37PM - 4:05PM	Uttaraproshtapada Until 12:50PM	Ganesha: White	<i>Sunrise:</i> 5:53AM	
Meena Rasi: 12.45	Tithi 15	Yama 11:43AM - 1:10PM	Dhruva Until 3:05PM	Muruqa: Green	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24 -
	618166474	Rahu 4:05PM - 5:32PM	Visti Until 11:31AM	Nataraja: Purple		Purnima
Creative Work	Amrita Yoga			Moon - Clear		Bhuloka Day
			Purnima* Until 10:54PM	Ashvina+Puratasi		

Monday, October 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Cairo, Egypt Sutra 176 Subhakrit 5124
Meena Rasi: 26.22	Tithi 16	Gulika 1:09PM - 2:37PM	Revati Until 12:21PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	
Family Home Evening		Yama 10:15AM - 11:42AM	Vyaghata* Until 1:10PM	Muruqa: Green	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 24 -
	618166474	Rahu 7:21AM - 8:48AM	Balava Until 10:28AM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga			Moon - Clear		Bhuloka Day
			Prathama* Until 10:07PM	Ashvina+Puratasi		



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Cairo, Egypt

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 9.39 Tithi 17

628176474

Gulika 11:42AM - 1:09PM
Yama 8:48AM - 10:15AM
Rahu 2:36PM - 4:03PM

Ashvini Until 12:45PM
Harshana Until 11:44AM
Taitila Until 9:59AM
Dvitiya Until 9:58PM

Ganesha: Yellow Sunrise: 5:54AM
Muruga: White Sunset: 5:30PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 1
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Cairo, Egypt

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 22.36 Tithi 18

628176474

Gulika 10:15AM - 11:42AM
Yama 7:22AM - 8:48AM
Rahu 11:42AM - 1:08PM

Bharani Until 1:38PM
Vajra* Until 10:47AM
Vanija Until 10:10AM
Tritiya Until 10:30PM

Ganesha: Yellow Sunrise: 5:55AM
Muruga: White Sunset: 5:29PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 2
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 1:38PM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthiyam Titau

Cairo, Egypt

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 5.14 Tithi 19

628176474

Gulika 8:49AM - 10:15AM
Yama 5:56AM - 7:22AM
Rahu 1:08PM - 2:34PM

Krittika Until 3:01PM
Siddhi Until 10:23AM
Bava Until 11:02AM
Chaturthi* Until 11:41PM

Ganesha: Yellow Sunrise: 5:56AM
Muruga: White Sunset: 5:27PM
Nataraja: Purple
Moon - White

Moon 10 - Phase 25 - 3
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Cairo, Egypt

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 17.35 Tithi 20

638176474

Gulika 7:23AM - 8:49AM
Yama 2:34PM - 4:00PM
Rahu 10:15AM - 11:41AM

Rohini Until 5:19PM
Vyatipata* Until 10:28AM
Kaulava Until 12:32PM
Panchami Until 1:27AM Sat

Ganesha: Blue Sunrise: 5:56AM
Muruga: White Sunset: 5:26PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 4
1st Phase

Bhuloka Day

Routine Work Marana Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Cairo, Egypt

Sun 5 Sutra 181

Subhakrit 5124

Vrishabha Rasi: 29.42 Tithi 21

639176474

Gulika 5:57AM - 7:23AM
Yama 1:07PM - 2:33PM
Rahu 8:49AM - 10:15AM

Mrigashira Until 7:55PM
Varyan Until 10:56AM
Gara Until 2:32PM
Shashthi* Until 3:39AM Sun

Ganesha: Red Sunrise: 5:57AM
Muruga: White Sunset: 5:25PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 5
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Cairo, Egypt

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 11.4 Tithi 22

639176474

Gulika 2:32PM - 3:58PM
Yama 11:41AM - 1:07PM
Rahu 3:58PM - 5:24PM

Ardra Until 10:37PM
Parigha* Until 11:40AM
Visti Until 4:52PM
Saptami Until 6:04AM Mon

Ganesha: Red Sunrise: 5:58AM
Muruga: White Sunset: 5:24PM
Nataraja: Purple
Moon - Yellow

Moon 10 - Phase 25 - 6
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cairo, Egypt

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 23.34 Tithi 22 - 23

649176474

Gulika 1:06PM - 2:32PM
Yama 10:15AM - 11:41AM
Rahu 7:24AM - 8:49AM

Punarvasu Until 1:42AM Tue
Shiva Until 12:32PM
Balava Until 7:18PM
Saptami Until 6:04AM

Ganesha: Green Sunrise: 5:58AM
Muruga: White Sunset: 5:23PM
Nataraja: Purple
Moon - Blue

Moon 10 - Phase 25 - 7
Ashtami

Devaloka Day

Creative Work Amrita Yoga

Until 1:42AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cairo, Egypt

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 5.27 Tithi 23 - 24

649176474

Gulika 11:40AM - 1:06PM
Yama 8:50AM - 10:15AM
Rahu 2:31PM - 3:57PM

Pushya Until 4:29AM Wed
Siddha Until 1:20PM
Taitila Until 9:39PM
Ashtami* Until 8:29AM

Ganesha: Green Sunrise: 5:59AM
Muruga: White Sunset: 5:22PM
Nataraja: Purple
Moon - Blue

Moon 10 - Phase 25 - 8
Navami

Devaloka Day

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

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1		Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Cairo, Egypt Sun 9 Sutra 185 Subhakrit 5124
Kataka Rasi: 17.25	Tithi 24 – 25	649176474	Gulika 10:15AM – 11:40AM Yama 7:25AM – 8:50AM Rahu 11:40AM – 1:05PM	Ashlesha* Until 6:47AM Thu Sadhya Until 1:58PM Vanija Until 11:42PM Navami* Until 10:42AM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Blue Ashvina-Aipasi	Sunrise: 6:00AM Sunset: 5:21PM Moon 10 - Phase 26 - 9 2nd Phase Devaloka Day
Creative Work Siddha Yoga		Until 6:47AM Thu		Then Creative Work - Amrita Yoga		

2		Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Cairo, Egypt Sun 10 Sutra 186 Subhakrit 5124
Kataka Rasi: 29.31	Tithi 25 – 26	649276474	Gulika 8:50AM – 10:15AM Yama 6:00AM – 7:25AM Rahu 1:05PM – 2:30PM	Ashlesha* Until 6:47AM Subha Until 2:19PM Bava Until 1:17AM Fri Dashami Until 12:32PM	Ganesha: Red Muruqa: White Nataraja: Purple Moon – Blue Ashvina-Aipasi	Sunrise: 6:00AM Sunset: 5:20PM Moon 10 - Phase 26 - 10 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga		Until 6:47AM		Then Creative Work - Amrita Yoga		

3		Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Cairo, Egypt Sun 11 Sutra 187 Subhakrit 5124
Simha Rasi: 11.49	Tithi 26 – 27	659276474	Gulika 7:26AM – 8:50AM Yama 2:29PM – 3:54PM Rahu 10:15AM – 11:40AM	Magha* Until 8:55AM Sukla Until 2:13PM Kaulava Until 2:18AM Sat Ekadashi* Until 1:51PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red Ashvina-Aipasi	Sunrise: 6:01AM Sunset: 5:19PM Moon 10 - Phase 26 - 11 2nd Phase Bhuloka Day
Routine Work Marana Yoga		Until 8:55AM		Then Creative Work - Siddha Yoga		

4		Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Cairo, Egypt Sun 12 Sutra 188 Subhakrit 5124
Simha Rasi: 24.22	Tithi 27 – 28	659276474	Gulika 6:02AM – 7:26AM Yama 1:04PM – 2:29PM Rahu 8:51AM – 10:15AM	Purvaphalguni Until 10:18AM Brahma Until 1:39PM Gara Until 2:40AM Sun Dvadashi* Until 2:33PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red Ashvina-Aipasi	Sunrise: 6:02AM Sunset: 5:18PM Moon 10 - Phase 26 - 12 2nd Phase Bhuloka Day
Creative Work Siddha Yoga		Until 10:18AM		Then Routine Work - Marana Yoga		

Pradosha Vrata (Fasting)

5		Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Cairo, Egypt Sun 13 Sutra 189 Subhakrit 5124
Kanya Rasi: 7.14	Tithi 28 – 29	651276474	Gulika 2:28PM – 3:53PM Yama 11:40AM – 1:04PM Rahu 3:53PM – 5:17PM	Uttaraphalguni Until 10:55AM Indra Until 12:37PM Visti Until 2:23AM Mon Trayodashi* Until 2:35PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Red Ashvina-Aipasi	Sunrise: 6:02AM Sunset: 5:17PM Moon 10 - Phase 26 - 13 2nd Phase Bhuloka Day
Creative Work Amrita Yoga		Deepavali Hindu Solidarity Day				

Monday, October 24, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Cairo, Egypt Sun 14 Sutra 190 Subhakrit 5124
Kanya Rasi: 20.25	Tithi 29 – 30	661276474	Gulika 1:04PM – 2:28PM Yama 10:15AM – 11:39AM Rahu 7:27AM – 8:51AM	Hasta Until 11:13AM Vaidhriti* Until 11:02AM Catuspada Until 1:30AM Tue Chaturdashi* Until 2:00PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green Ashvina-Aipasi	Sunrise: 6:03AM Sunset: 5:16PM Moon 10 - Phase 26 - 14 Amavasya Bhuloka Day
Family Home Evening		Creative Work Siddha Yoga		Until 11:13AM		Then Routine Work - Prabalarishta Yoga

Tuesday, October 25, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Cairo, Egypt Sun 15 Sutra 191 Subhakrit 5124
Tula Rasi: 3.55	Tithi 30 – 1	661276474	Gulika 11:39AM – 1:03PM Yama 8:52AM – 10:15AM Rahu 2:27PM – 3:51PM	Chitra Until 10:47AM Vishkambha* Until 9:01AM Kintughna Until 12:06AM Wed Amavasya* Until 12:50PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green Kartika-Aipasi	Sunrise: 6:04AM Sunset: 5:15PM Moon 10 - Phase 26 - 15 Prathama Bhuloka Day
Creative Work Siddha Yoga		Skanda Shasthi Begins				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cairo, Egypt Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 17.44	Tithi 1 - 2	Gulika 10:16AM - 11:39AM	Svati Until 9:45AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:04AM	
	Creative Work	Siddha Yoga	Yama 7:28AM - 8:52AM	Priti Until 6:37AM	Muruqa: Clear	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27 - 16 3rd Phase
		661276574	Rahu 11:39AM - 1:03PM	Balava Until 10:16PM	Nataraja: Clear		
				Prathama* Until 11:13AM	Moon - Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM
					Karttika-Aipasi		

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Cairo, Egypt Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 1.46	Tithi 2 - 3	Gulika 8:52AM - 10:16AM	Vishakha Until 8:38AM	Ganesha: Purple	<i>Sunrise:</i> 6:05AM	
	Creative Work	Siddha Yoga	Yama 6:05AM - 7:29AM	Saubhagya Until 12:57AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27 - 17 3rd Phase
		671276574	Rahu 1:03PM - 2:26PM	Taitila Until 8:09PM	Nataraja: Clear		
				Dvitiya Until 9:13AM	Moon - Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM
					Karttika-Aipasi		

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau				Cairo, Egypt Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 15.59	Tithi 3 - 4	Gulika 7:29AM - 8:52AM	Anuradha Until 7:07AM	Ganesha: Purple	<i>Sunrise:</i> 6:06AM	
	Creative Work	Siddha Yoga	Yama 2:26PM - 3:49PM	Sobhana Until 9:54PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 27 - 18 3rd Phase
		671276574	Rahu 10:16AM - 11:39AM	Visti Until 4:38AM Sat	Nataraja: Clear		
				Tritiya Until 7:00AM	Moon - Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM
					Karttika-Aipasi		

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Cairo, Egypt Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 0.18	Tithi 5	Gulika 6:07AM - 7:30AM	Mula* Until 3:49AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	
	Creative Work	Siddha Yoga	Yama 1:02PM - 2:25PM	Athiganda* Until 6:45PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 27 - 19 3rd Phase
		681276574	Rahu 8:53AM - 10:16AM	Bava Until 3:27PM	Nataraja: Clear		
				Panchami Until 2:14AM Sun	Moon - Light Blue		Devaloka Day
					Karttika-Aipasi		

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau				Cairo, Egypt Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 14.38	Tithi 6	Gulika 2:25PM - 3:48PM	Purvashadha* Until 2:11AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	
	Creative Work	Siddha Yoga	Yama 11:39AM - 1:02PM	Sukarma Until 3:39PM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27 - 20 3rd Phase
		681276574	Rahu 3:48PM - 5:10PM	Kaulava Until 1:03PM	Nataraja: Clear		
				Shashthi* Until 11:52PM	Moon - Light Blue		Devaloka Day
					Karttika-Aipasi		

6	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Cairo, Egypt Sun 21 Sutra 197 Subhakit 5124
	Dhanus Rasi: 28.55	Tithi 7	Gulika 1:02PM - 2:24PM	Uttarashadha Until 12:33AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	
	Family Home Evening		Yama 10:16AM - 11:39AM	Dhriti Until 12:37PM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27 - 21 3rd Phase
		681276574	Rahu 7:31AM - 8:54AM	Gara Until 10:45AM	Nataraja: Clear		
				Saptami Until 9:38PM	Moon - Light Blue		Devaloka Day
					Karttika-Aipasi		

Retreat Star	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Cairo, Egypt Sun 22 Sutra 198 Subhakit 5124
	Makara Rasi: 13.07	Tithi 8	Gulika 11:39AM - 1:01PM	Shravana Until 11:21PM	Ganesha: White	<i>Sunrise:</i> 6:09AM	
	Creative Work	Siddha Yoga	Yama 8:54AM - 10:16AM	Shula* Until 9:41AM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27 - 22 Ashtami
		691276574	Rahu 2:24PM - 3:46PM	Visti Until 8:35AM	Nataraja: Clear		
				Ashtami* Until 7:33PM	Moon - Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM
					Karttika-Aipasi		

Retreat Star	Wednesday, November 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhi* Yoga Balava/Taitila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 23 Sutra 199 Subhakit 5124
	Makara Rasi: 27.13	Tithi 9 - 10	Gulika 10:17AM - 11:39AM	Dhanishtha Until 10:14PM	Ganesha: Green	<i>Sunrise:</i> 6:10AM	
	Routine Work	Prabalarishta Yoga	Yama 7:32AM - 8:54AM	Ganda* Until 6:55AM	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 27 - 23 Navami
		692276574	Rahu 11:39AM - 1:01PM	Balava Until 6:37AM	Nataraja: Clear		
				Navami* Until 5:41PM	Moon - Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM
					Karttika-Aipasi		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

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1	Thursday, November 3, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 11.09 Tithi 10 – 11	Gulika 8:55AM – 10:17AM	Shatabhishak Until 9:12PM	Ganesha: Green <i>Sunrise:</i> 6:10AM	Muruqa: Clear <i>Sunset:</i> 5:07PM	Moon 10 - Phase 28 - 24 4th Phase
	692276574	Yama 6:10AM – 7:33AM	Dhruva Until 1:56AM Fri	Nataraja: Clear	Bhuloka Day	
	Creative Work Siddha Yoga	Rahu 1:01PM – 2:23PM	Vanija Until 3:22AM Fri	Moon – Purple	Devaloka Time: 3:PM to 6:PM	
		Dashami Until 4:03PM		Karttika•Aipasi		

2	Friday, November 4, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 24.56 Tithi 11 – 12	Gulika 7:33AM – 8:55AM	Purvaproshtapada* Until 8:44PM	Ganesha: Blue <i>Sunrise:</i> 6:11AM	Muruqa: Clear <i>Sunset:</i> 5:06PM	Moon 10 - Phase 28 - 25 4th Phase
	612276574	Yama 2:23PM – 3:44PM	Vyaghata* Until 11:46PM	Nataraja: Clear	Bhuloka Day	
	Creative Work Siddha Yoga	Rahu 10:17AM – 11:39AM	Bava Until 2:10AM Sat	Moon – Clear	Devaloka Time: 3:PM to 6:PM	
		Ekadashi Until 2:42PM		Karttika•Aipasi		

3	Saturday, November 5, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 8.33 Tithi 12 – 13	Gulika 6:12AM – 7:34AM	Uttaraproshtapada Until 8:28PM	Ganesha: Blue <i>Sunrise:</i> 6:12AM	Muruqa: Clear <i>Sunset:</i> 5:06PM	Moon 10 - Phase 28 - 26 4th Phase
	612276574	Yama 1:01PM – 2:22PM	Harshana Until 9:54PM	Nataraja: Clear	Bhuloka Day	
	Creative Work Siddha Yoga	Rahu 8:55AM – 10:17AM	Kaulava Until 1:19AM Sun	Moon – Clear	Devaloka Time: 3:PM to 6:PM	
		Dvadashi Until 1:40PM		Karttika•Aipasi		
<i>Pradosha Vrata</i>						

4	Sunday, November 6, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 21.57 Tithi 13 – 14	Gulika 2:22PM – 3:43PM	Revati Until 8:25PM	Ganesha: Blue <i>Sunrise:</i> 6:13AM	Muruqa: Clear <i>Sunset:</i> 5:05PM	Moon 10 - Phase 28 - 27 4th Phase
	612276574	Yama 11:39AM – 1:00PM	Vajra* Until 8:18PM	Nataraja: Clear	Bhuloka Day	
	Creative Work Amrita Yoga	Rahu 3:43PM – 5:05PM	Gara Until 12:52AM Mon	Moon – Clear	Devaloka Time: 3:PM to 6:PM	
		Trayodashi Until 1:01PM		Karttika•Aipasi		

○	Monday, November 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Cairo, Egypt Sun 28 Sutra 204 Subhakrit 5124
	Mesha Rasi: 5.08 Tithi 14 – 15	Gulika 1:00PM – 2:22PM	Ashvini Until 9:07PM	Ganesha: Blue <i>Sunrise:</i> 6:14AM	Muruqa: Clear <i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 - Purnima
	Family Home Evening	Yama 10:18AM – 11:39AM	Siddhi Until 7:05PM	Nataraja: Clear	Bhuloka Day	
	722276574	Rahu 7:35AM – 8:56AM	Visti Until 12:52AM Tue	Moon – White	Devaloka Time: 3:PM to 6:PM	
		Chaturdashi* Until 12:47PM		Karttika•Aipasi		

○	Tuesday, November 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cairo, Egypt Sun 29 Sutra 205 Subhakrit 5124
	Mesha Rasi: 18.05 Tithi 15 – 16	Gulika 11:39AM – 1:00PM	Bharani Until 10:08PM	Ganesha: Blue <i>Sunrise:</i> 6:14AM	Muruqa: Clear <i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 - Prathama
	722276574	Yama 8:57AM – 10:18AM	Vyatipata* Until 6:14PM	Nataraja: Clear	Bhuloka Day	
	Creative Work Siddha Yoga	Rahu 2:21PM – 3:42PM	Balava Until 1:23AM Wed	Moon – White	Devaloka Time: 3:PM to 6:PM	
		Purnima* Until 1:02PM		Karttika•Aipasi		



Wednesday, November 9, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cairo, Egypt

Sutra 206

Subhakit 5124

Vrishabha Rasi: 0.47 Tithi 16 - 17

722276574

Gulika 10:18AM - 11:39AM
Yama 7:36AM - 8:57AM
Rahu 11:39AM - 1:00PM

Krittika Until 11:29PM
Varyan Until 5:46PM
Taitila Until 2:25AM Thu
Prathama* Until 1:49PM

Ganesha: Blue *Sunrise: 6:15AM*
Muruqa: Clear *Sunset: 5:03PM*
Nataraja: Clear
Moon - White
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga
Until 11:29PM
Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cairo, Egypt

Sun 1

Sutra 207

Subhakit 5124

Vrishabha Rasi: 13.16 Tithi 17 - 18

732276574

Gulika 8:58AM - 10:18AM
Yama 6:16AM - 7:37AM
Rahu 1:00PM - 2:21PM

Rohini Until 1:39AM Fri
Parigha* Until 5:42PM
Vanija Until 3:56AM Fri
Dvitiya Until 3:06PM

Ganesha: Red *Sunrise: 6:16AM*
Muruqa: Clear *Sunset: 5:02PM*
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Devaloka Day

Routine Work Marana Yoga
Until 1:39AM Fri
Then Creative Work - Siddha Yoga

2

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam
Mrigashira Nakshatra Shiva/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Cairo, Egypt

Sun 2

Sutra 208

Subhakit 5124

Vrishabha Rasi: 25.32 Tithi 18 - 19

732276574

Gulika 7:37AM - 8:58AM
Yama 2:20PM - 3:41PM
Rahu 10:19AM - 11:39AM

Mrigashira Until 4:05AM Sat
Shiva Until 6:00PM
Bava Until 5:55AM Sat
Tritiya Until 4:51PM

Ganesha: Red *Sunrise: 6:17AM*
Muruqa: Clear *Sunset: 5:02PM*
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam
Ardra Nakshatra Siddha Yoga Balava Karana Chaturthyam Titau

Cairo, Egypt

Sun 3

Sutra 209

Subhakit 5124

Mithuna Rasi: 7.37 Tithi 19

732276574

Gulika 6:18AM - 7:38AM
Yama 1:00PM - 2:20PM
Rahu 8:58AM - 10:19AM

Ardra Until 6:39AM Sun
Siddha Until 6:34PM
Balava Until 7:00PM
Chaturthi* Until 7:00PM

Ganesha: Red *Sunrise: 6:18AM*
Muruqa: Clear *Sunset: 5:01PM*
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Cairo, Egypt

Sun 4

Sutra 210

Subhakit 5124

Mithuna Rasi: 19.35 Tithi 20

732276574

Gulika 2:20PM - 3:40PM
Yama 11:39AM - 1:00PM
Rahu 3:40PM - 5:01PM

Ardra Until 6:39AM
Sadhya Until 7:19PM
Kaulava Until 8:12AM
Panchami Until 9:24PM

Ganesha: Red *Sunrise: 6:18AM*
Muruqa: Clear *Sunset: 5:01PM*
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Cairo, Egypt

Sun 5

Sutra 211

Subhakit 5124

Kataka Rasi: 1.28 Tithi 21

742376574

Gulika 1:00PM - 2:20PM
Yama 10:20AM - 11:40AM
Rahu 7:39AM - 8:59AM

Punarvasu Until 9:45AM
Subha Until 8:11PM
Gara Until 10:41AM
Shashthi* Until 11:54PM

Ganesha: White *Sunrise: 6:19AM*
Muruqa: Clear *Sunset: 5:00PM*
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Family Home Evening
Creative Work Amrita Yoga
Until 9:45AM
Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Cairo, Egypt

Sun 6

Sutra 212

Subhakit 5124

Kataka Rasi: 13.21 Tithi 22

743376574

Gulika 11:40AM - 1:00PM
Yama 9:00AM - 10:20AM
Rahu 2:20PM - 3:40PM

Pushya Until 12:40PM
Sukla Until 8:57PM
Visti Until 1:09PM
Saptami Until 2:18AM Wed

Ganesha: Green *Sunrise: 6:20AM*
Muruqa: Clear *Sunset: 4:59PM*
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

7

Wednesday, November 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Cairo, Egypt

Sun 7

Sutra 213

Subhakit 5124

Kataka Rasi: 25.17 Tithi 23

743376574

Gulika 10:20AM - 11:40AM
Yama 7:41AM - 9:00AM
Rahu 11:40AM - 1:00PM

Ashlesha* Until 3:15PM
Brahma Until 9:33PM
Balava Until 3:26PM
Ashtami* Until 4:24AM Thu

Ganesha: Green *Sunrise: 6:21AM*
Muruqa: Clear *Sunset: 4:59PM*
Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Cairo, Egypt

Sun 8

Sutra 214

Subhakit 5124

Simha Rasi: 7.2 Tithi 24

753376575

Gulika 9:01AM - 10:21AM
Yama 6:22AM - 7:41AM
Rahu 1:00PM - 2:19PM

Magha* Until 5:47PM
Indra Until 9:49PM
Taitila Until 5:19PM
Navami* Until 6:01AM Fri

Ganesha: Orange *Sunrise: 6:22AM*
Muruqa: Clear *Sunset: 4:59PM*
Nataraja: Purple
Moon - Red
Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga
Until 5:47PM
Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

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1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam				Cairo, Egypt
				Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 215
Simha Rasi: 19.35	Tithi 24 – 25	Gulika 7:42AM – 9:01AM	Purvaphalguni Until 7:35PM	Ganesha: Orange	<i>Sunrise:</i> 6:23AM		Subhakrit 5124	
		Yama 2:19PM – 3:39PM	Vaidhrili* Until 9:37PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 11 - Phase 30 - 9		
	753376575	Rahu 10:21AM – 11:40AM	Vanija Until 6:37PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 6:01AM	Moon – Red		Sivaloka Day		
				Karttika-Karttikai				

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam				Cairo, Egypt
				Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 216
Kanya Rasi: 2.08	Tithi 25 – 26	Gulika 6:23AM – 7:43AM	Uttaraphalguni Until 8:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:23AM		Subhakrit 5124	
		Yama 1:00PM – 2:19PM	Vishkambha* Until 8:53PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 11 - Phase 30 - 10		
	753376575	Rahu 9:02AM – 10:21AM	Bava Until 7:13PM	Nataraja: Purple			2nd Phase	
Routine Work	Marana Yoga		Dashami Until 7:00AM	Moon – Red		Sivaloka Day		
				Karttika-Karttikai				

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam				Cairo, Egypt
				Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 217
Kanya Rasi: 15.01	Tithi 26 – 27	Gulika 2:19PM – 3:38PM	Hasta Until 9:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:24AM		Subhakrit 5124	
		Yama 11:41AM – 1:00PM	Priti Until 7:33PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 30 - 11		
	763376575	Rahu 3:38PM – 4:57PM	Kaulava Until 7:03PM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 7:13AM	Moon – Green		Devaloka Day		
Until 9:07PM				Karttika-Karttikai				
Then Creative Work - Siddha Yoga								

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam				Cairo, Egypt
				Chitra Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 218
Kanya Rasi: 28.17	Tithi 27 – 28	Gulika 1:00PM – 2:19PM	Chitra Until 8:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:25AM		Subhakrit 5124	
Family Home Evening		Yama 10:22AM – 11:41AM	Ayushman Until 5:36PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 30 - 12		
Routine Work	Prabalarishta Yoga	Rahu 7:44AM – 9:03AM	Gara Until 6:07PM	Nataraja: Purple			2nd Phase	
Until 8:45PM			Dvadashi* Until 6:40AM	Moon – Green		Devaloka Day		
Then Creative Work - Amrita Yoga				Karttika-Karttikai				
				<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam				Cairo, Egypt
				Svati Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 219
Tula Rasi: 11.59	Tithi 29	Gulika 11:41AM – 1:00PM	Svati Until 7:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:26AM		Subhakrit 5124	
		Yama 9:04AM – 10:22AM	Saubhagya Until 3:07PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 30 - 13		
	763376575	Rahu 2:19PM – 3:38PM	Visti Until 4:30PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:26AM Wed	Moon – Green		Devaloka Day		
Until 7:34PM				Karttika-Karttikai				
Then Routine Work - Marana Yoga								

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam				Cairo, Egypt
Retreat Star				Vishakha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 220
Tula Rasi: 26.04	Tithi 30	Gulika 10:23AM – 11:42AM	Vishakha Until 6:07PM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM		Subhakrit 5124	
		Yama 7:45AM – 9:04AM	Sobhana Until 12:09PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 30 - 14		
	773376575	Rahu 11:42AM – 1:00PM	Catuspada Until 2:16PM	Nataraja: Purple			Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 12:58AM Thu	Moon – Orange		Devaloka Day		
				Karttika-Karttikai				

Thursday, November 24, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yukhtayam				Cairo, Egypt
				Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 221
Vrischika Rasi: 10.3	Tithi 1	Gulika 9:05AM – 10:23AM	Anuradha Until 4:06PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM		Subhakrit 5124	
		Yama 6:28AM – 7:46AM	Athiganda* Until 8:48AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 30 - 15		
	773376575	Rahu 1:00PM – 2:19PM	Kintughna Until 11:36AM	Nataraja: Purple			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 10:08PM	Moon – Orange		Devaloka Day		
Until 4:06PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

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1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cairo, Egypt Sun 16 Sutra 222 Subhakrit 5124
Vrishchika Rasi: 25.1	Tithi 2	Gulika 7:47AM – 9:05AM	Jyeshtha* Until 1:41PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM			
		Yama 2:19PM – 3:37PM	Dhriti Until 1:27AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 31 - 16		
		773376575 Rahu 10:24AM – 11:42AM	Balava Until 8:39AM	Nataraja: Purple		3rd Phase		
Routine Work	Marana Yoga		Dvitiya Until 7:05PM	Moon – Orange			Devaloka Day	
Until 1:41PM				Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Cairo, Egypt Sun 17 Sutra 223 Subhakrit 5124
Dhanus Rasi: 9.58	Tithi 3 – 4	Gulika 6:29AM – 7:48AM	Mula* Until 11:26AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:29AM			
		Yama 1:01PM – 2:19PM	Shula* Until 9:41PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 31 - 17		
		783376575 Rahu 9:06AM – 10:24AM	Vanija Until 2:26AM Sun	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga		Tritiya Until 3:57PM	Moon – Light Blue			Devaloka Day	
				Margasira-Karttikai				

3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Cairo, Egypt Sun 18 Sutra 224 Subhakrit 5124
Dhanus Rasi: 24.45	Tithi 4 – 5	Gulika 2:19PM – 3:37PM	Purvashadha* Until 9:06AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:30AM			
		Yama 11:43AM – 1:01PM	Ganda* Until 6:00PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 31 - 18		
		783376575 Rahu 3:37PM – 4:56PM	Bava Until 11:29PM	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga		Chaturthi* Until 12:55PM	Moon – Light Blue			Devaloka Day	
Until 9:06AM				Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cairo, Egypt Sun 19 Sutra 225 Subhakrit 5124
Makara Rasi: 9.25	Tithi 5 – 6	Gulika 1:01PM – 2:19PM	Uttarashadha Until 6:49AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:31AM			
Family Home Evening		Yama 10:25AM – 11:43AM	Vriddhi Until 2:32PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31 - 19		
Routine Work	Marana Yoga	783376575 Rahu 7:49AM – 9:07AM	Kaulava Until 8:47PM	Nataraja: Purple		3rd Phase		
Until 6:49AM			Panchami Until 10:04AM	Moon – Light Blue			Devaloka Day	
Then Creative Work - Amrita Yoga				Margasira-Karttikai				

5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau				Cairo, Egypt Sun 20 Sutra 226 Subhakrit 5124
Makara Rasi: 23.52	Tithi 6 – 7	Gulika 11:43AM – 1:01PM	Dhanishtha Until 3:39AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:32AM			
		Yama 9:08AM – 10:26AM	Dhruva Until 11:20AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31 - 20		
		793376575 Rahu 2:19PM – 3:37PM	Gara Until 6:28PM	Nataraja: Purple		3rd Phase		
Creative Work	Siddha Yoga		Shashthi* Until 7:34AM	Moon – Purple			Sivaloka Day	
				Margasira-Karttikai				

Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Cairo, Egypt Sun 21 Sutra 227 Subhakrit 5124
Kumbha Rasi: 8.02	Tithi 8	Gulika 10:26AM – 11:44AM	Shatabhishak Until 2:32AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:33AM			
		Yama 7:50AM – 9:08AM	Vyaghata* Until 8:29AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31 - 21		
		794376575 Rahu 11:44AM – 1:02PM	Visti Until 4:37PM	Nataraja: Purple		Ashtami		
Creative Work	Siddha Yoga		Ashtami* Until 3:51AM Thu	Moon – Purple			Sivaloka Day	
				Margasira-Karttikai				

Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Cairo, Egypt Sun 22 Sutra 228 Subhakrit 5124
Kumbha Rasi: 21.53	Tithi 9	Gulika 9:09AM – 10:26AM	Purvaproshtapada* Until 2:12AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:33AM			
		Yama 6:33AM – 7:51AM	Harshana Until 6:02AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 31 - 22		
		714376575 Rahu 1:02PM – 2:20PM	Balava Until 3:15PM	Nataraja: Purple		Navami		
Creative Work	Siddha Yoga		Navami* Until 2:45AM Fri	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Cairo, Egypt Sun 23 Sutra 229 Subhakrit 5124
Meena Rasi: 5.26	Tithi 10	Gulika 7:52AM – 9:09AM	Uttaraproshtapada Until 2:14AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:34AM			
		Yama 2:20PM – 3:37PM	Siddhi Until 2:18AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 - 23		
		714376575 Rahu 10:27AM – 11:45AM	Taitila Until 2:25PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 2:10AM Sat	Moon – Clear			Sivaloka Day	
Until 2:14AM Sat				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 230 Subhakrit 5124
Meena Rasi: 18.43	Tithi 11	Gulika 6:35AM – 7:52AM	Revati Until 2:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:35AM			
		Yama 1:03PM – 2:20PM	Vyatipata* Until 1:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 - 24		
		714376575 Rahu 9:10AM – 10:27AM	Vanija Until 2:05PM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 2:06AM Sun	Moon – Clear			Sivaloka Day	
Until 2:37AM Sun				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvodashyam Titau				Cairo, Egypt Sun 25 Sutra 231 Subhakrit 5124
Mesha Rasi: 1.44	Tithi 12	Gulika 2:20PM – 3:38PM	Ashvini Until 3:45AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:36AM			
		Yama 11:45AM – 1:03PM	Varyan Until 12:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 - 25		
		724376575 Rahu 3:38PM – 4:55PM	Bava Until 2:15PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 2:30AM Mon	Moon – White			Devaloka Day	
				Margasira-Karttikai				

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 232 Subhakrit 5124
Mesha Rasi: 14.31	Tithi 13	Gulika 1:03PM – 2:20PM	Bharani Until 5:09AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:36AM			
Family Home Evening		Yama 10:28AM – 11:46AM	Parigha* Until 11:37PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 - 26		
		724376575 Rahu 7:54AM – 9:11AM	Kaulava Until 2:53PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 3:20AM Tue	Moon – White			Devaloka Day	
				Margasira-Karttikai				

Pradosha Vrata

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 233 Subhakrit 5124
Mesha Rasi: 27.05	Tithi 14	Gulika 11:46AM – 1:03PM	Krittika Until 6:47AM Wed	Ganesha: Blue	<i>Sunrise:</i> 6:37AM			
		Yama 9:12AM – 10:29AM	Shiva Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 - 27		
		724376575 Rahu 2:21PM – 3:38PM	Gara Until 3:56PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 4:35AM Wed	Moon – White			Devaloka Day	
				Margasira-Karttikai				

○		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Cairo, Egypt Sutra 234 Subhakrit 5124
Copper Retreat Star		Gulika 10:29AM – 11:47AM	Krittika Until 6:47AM	Ganesha: Blue	<i>Sunrise:</i> 6:38AM			
Vrishabha Rasi: 9.3	Tithi 15	Yama 7:55AM – 9:12AM	Siddha Until 11:25PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 32 - Purnima		
		724376575 Rahu 11:47AM – 1:04PM	Visti Until 5:22PM	Nataraja: Purple				
Creative Work	Amrita Yoga		Purnima* Until 6:12AM Thu	Moon – White			Devaloka Day	
Until 6:47AM				Margasira-Karttikai				
Then Creative Work - Siddha Yoga		Krittika Deepam						

○		Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cairo, Egypt Sutra 235 Subhakrit 5124
Silver Retreat Star		Gulika 9:13AM – 10:30AM	Rohini Until 9:05AM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM			
Vrishabha Rasi: 21.46	Tithi 15 – 16	Yama 6:39AM – 7:56AM	Sadhya Until 11:43PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 32 - Prathama		
		734376575 Rahu 1:04PM – 2:21PM	Balava Until 7:10PM	Nataraja: Purple				
Routine Work	Marana Yoga		Purnima* Until 6:12AM	Moon – Yellow			Sivaloka Day	
				Margasira-Karttikai				

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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Friday, December 9, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yukhtayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cairo, Egypt

Sutra 236

Subhakarit 5124

Mithuna Rasi: 3.53 Titthi 16 – 17

Gulika 7:56AM – 9:13AM
Yama 2:22PM – 3:39PM
Rahu 10:31AM – 11:48AMMrigashira Until 11:32AM
Subha Until 12:14AM Sat
Taitila Until 9:15PM
Prathama* Until 8:09AMGanesha: Red Sunrise: 6:39AM
Muruqa: Clear Sunset: 4:56PM
Nataraja: Purple
Moon – Yellow
Margasira-KarttikaiMoon 12 - Phase 33 -
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yukhtayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cairo, Egypt

Sun 1 Sutra 237

Subhakarit 5124

Mithuna Rasi: 15.53 Titthi 17 – 18

734476575 Gulika 6:40AM – 7:57AM
Yama 1:05PM – 2:22PM
Rahu 9:14AM – 10:31AMArdra Until 2:03PM
Sukla Until 12:54AM Sun
Vanija Until 11:35PM
Dvitiya Until 10:22AMGanesha: Red Sunrise: 6:40AM
Muruqa: Clear Sunset: 4:56PM
Nataraja: Purple
Moon – Yellow
Margasira-KarttikaiMoon 12 - Phase 33 - 1
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Brahma Yoga Vistri/Bava Karana Tritiya/Chaturtham Titau

Cairo, Egypt

Sun 2 Sutra 238

Subhakarit 5124

Mithuna Rasi: 27.49 Titthi 18 – 19

744476575 Gulika 2:22PM – 3:39PM
Yama 11:48AM – 1:05PM
Rahu 3:39PM – 4:56PMPunarvasu Until 5:06PM
Brahma Until 1:42AM Mon
Bava Until 2:04AM Mon
Tritiya Until 12:47PMGanesha: Green Sunrise: 6:41AM
Muruqa: Clear Sunset: 4:56PM
Nataraja: Purple
Moon – Blue
Margasira-KarttikaiMoon 12 - Phase 33 - 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yukhtayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cairo, Egypt

Sun 3 Sutra 239

Subhakarit 5124

Kataka Rasi: 9.43 Titthi 19 – 20

Family Home Evening

745476575 Gulika 1:06PM – 2:23PM
Yama 10:32AM – 11:49AM
Rahu 7:58AM – 9:15AMPushya Until 8:03PM
Indra Until 2:33AM Tue
Kaulava Until 4:36AM Tue
Chaturthi* Until 3:19PMGanesha: White Sunrise: 6:42AM
Muruqa: Clear Sunset: 4:56PM
Nataraja: Purple
Moon – Blue
Margasira-KarttikaiMoon 12 - Phase 33 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashlesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cairo, Egypt

Sun 4 Sutra 240

Subhakarit 5124

Kataka Rasi: 21.34 Titthi 20 – 21

745476575 Gulika 11:49AM – 1:06PM
Yama 9:16AM – 10:33AM
Rahu 2:23PM – 3:40PMAshlesha* Until 10:48PM
Vaidhriti* Until 3:19AM Wed
Gara Until 7:03AM Wed
Panchami Until 5:49PMGanesha: White Sunrise: 6:42AM
Muruqa: Clear Sunset: 4:57PM
Nataraja: Purple
Moon – Blue
Margasira-KarttikaiMoon 12 - Phase 33 - 4
1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yukhtayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Cairo, Egypt

Sun 5 Sutra 241

Subhakarit 5124

Simha Rasi: 3.29 Titthi 21

755476575 Gulika 10:33AM – 11:50AM
Yama 8:00AM – 9:16AM
Rahu 11:50AM – 1:07PMMagha* Until 1:42AM Thu
Vishkambha* Until 3:55AM Thu
Gara Until 7:03AM
Shashthi* Until 8:10PMGanesha: Clear Sunrise: 6:43AM
Muruqa: Clear Sunset: 4:57PM
Nataraja: Purple
Moon – Red
Margasira-KarttikaiMoon 12 - Phase 33 - 5
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

6

Thursday, December 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvaphalguni Nakshatra Priti Yoga Vistri/Bava Karana Saptamyam Titau

Cairo, Egypt

Sun 6 Sutra 242

Subhakarit 5124

Simha Rasi: 15.29 Titthi 22

755476575 Gulika 9:17AM – 10:34AM
Yama 6:43AM – 8:00AM
Rahu 1:07PM – 2:24PMPurvaphalguni Until 4:02AM Fri
Priti Until 4:13AM Fri
Vistri Until 9:14AM
Saptami Until 10:08PMGanesha: Clear Sunrise: 6:43AM
Muruqa: Clear Sunset: 4:57PM
Nataraja: Purple
Moon – Red
Margasira-KarttikaiMoon 12 - Phase 33 - 6
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, December 16, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Cairo, Egypt

Sun 7 Sutra 243

Subhakarit 5124

Simha Rasi: 27.4 Titthi 23

755476575 Gulika 8:01AM – 9:17AM
Yama 2:24PM – 3:41PM
Rahu 10:34AM – 11:51AMUttaraphalguni Until 5:38AM Sat
Ayushman Until 4:02AM Sat
Balava Until 10:57AM
Ashtami* Until 11:33PMGanesha: Clear Sunrise: 6:44AM
Muruqa: Clear Sunset: 4:58PM
Nataraja: Purple
Moon – Red
Margasira-MarkaliMoon 12 - Phase 33 - 7
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 5:38AM Sat

Then Routine Work - Marana Yoga

Saturday, December 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Cairo, Egypt

Sun 8 Sutra 244

Subhakarit 5124

Kanya Rasi: 10.06 Titthi 24

865476575 Gulika 6:45AM – 8:01AM
Yama 1:08PM – 2:25PM
Rahu 9:18AM – 10:35AMHasta Until 6:49AM Sun
Saubhagya Until 3:17AM Sun
Taitila Until 12:01PM
Navami* Until 12:14AM SunGanesha: Clear Sunrise: 6:45AM
Muruqa: Clear Sunset: 4:58PM
Nataraja: Purple
Moon – Green
Margasira-MarkaliMoon 12 - Phase 33 - 8
Navami

Sivaloka Day

Routine Work Marana Yoga

Until 6:49AM Sun

Then Creative Work - Siddha Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1 Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Vanija/Visli* Karana Dashamyam Titau				Cairo, Egypt Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 22.53	Tithi 25	Gulika 2:25PM – 3:42PM	Hasta Until 6:49AM	Ganesha: Clear	<i>Sunrise:</i> 6:45AM	
		Yama 11:52AM – 1:08PM	Sobhana Until 1:54AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 34 - 9
	865476575	Rahu 3:42PM – 4:58PM	Vanija Until 12:17PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 12:05AM Mon	Moon – Green		Sivaloka Day
Until 6:49AM				Margasira*Markali		
Then Creative Work - Siddha Yoga						

2 Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau				Cairo, Egypt Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 6.05	Tithi 26	Gulika 1:09PM – 2:26PM	Chitra Until 7:01AM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	
Family Home Evening		Yama 10:36AM – 11:52AM	Athiganda* Until 11:49PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 34 - 10
	865476575	Rahu 8:02AM – 9:19AM	Bava Until 11:42AM	Nataraja: Purple		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 11:04PM	Moon – Green		Sivaloka Day
Until 7:01AM				Margasira*Markali		
Then Creative Work - Amrita Yoga						

3 Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau				Cairo, Egypt Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 19.46	Tithi 27	Gulika 11:53AM – 1:09PM	Svati Until 6:15AM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	
		Yama 9:20AM – 10:36AM	Sukarma Until 9:07PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 34 - 11
	865476575	Rahu 2:26PM – 3:43PM	Kaulava Until 10:17AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 9:15PM	Moon – Green		Sivaloka Day
Until 6:15AM				Margasira*Markali		
Then Routine Work - Marana Yoga						

4 Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Cairo, Egypt Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 3.55	Tithi 28	Gulika 10:37AM – 11:53AM	Anuradha Until 3:00AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	
		Yama 8:04AM – 9:20AM	Dhriti Until 5:52PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 34 - 12
	876476575	Rahu 11:53AM – 1:10PM	Gara Until 8:06AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:45PM	Moon – Orange		Sivaloka Day
Until 3:00AM Thu		Day 1 of Pancha Ganapati		Margasira*Markali		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cairo, Egypt Sun 13 Sutra 249 Subhakrit 5124
Vrischika Rasi: 18.3	Tithi 29 – 30	Gulika 9:21AM – 10:37AM	Jyeshtha* Until 12:22AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	
		Yama 6:47AM – 8:04AM	Shula* Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 34 - 13
	876476575	Rahu 1:10PM – 2:27PM	Catuspada Until 2:02AM Fri	Nataraja: Purple		2nd Phase
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 3:42PM	Moon – Orange		Sivaloka Day
Until 12:22AM Fri		Day 2 of Pancha Ganapati		Margasira*Markali		
Then Creative Work - Amrita Yoga						

Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cairo, Egypt Sun 14 Sutra 250 Subhakrit 5124
Retreat Star		Gulika 8:05AM – 9:21AM	Mula* Until 9:42PM	Ganesha: Orange	<i>Sunrise:</i> 6:48AM	
Dhanus Rasi: 3.26	Tithi 30 – 1	Yama 2:28PM – 3:44PM	Ganda* Until 10:08AM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 34 - 14
	886476575	Rahu 10:38AM – 11:54AM	Kintughna Until 10:29PM	Nataraja: Purple		Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 12:16PM	Moon – Light Blue		Sivaloka Day
Until 9:42PM		Day 3 of Pancha Ganapati		Margasira*Markali		
Then Routine Work - Prabalarishta Yoga						

Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cairo, Egypt Sun 15 Sutra 251 Subhakrit 5124
Retreat Star		Gulika 6:48AM – 8:05AM	Purvashadha* Until 6:46PM	Ganesha: Orange	<i>Sunrise:</i> 6:48AM	
Dhanus Rasi: 18.34	Tithi 1 – 2	Yama 1:11PM – 2:28PM	Dhruva Until 1:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 34 - 15
	886486575	Rahu 9:22AM – 10:38AM	Balava Until 6:49PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:38AM	Moon – Light Blue		Subha Sivaloka Day
Until 6:46PM		Day 4 of Pancha Ganapati		Pausha*Markali		
Then Routine Work - Marana Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Cairo, Egypt Sun 16 Sutra 252 Subhakrit 5124
	Makara Rasi: 3.45	Tithi 3	Gulika 2:29PM – 3:45PM	Uttarashadha Until 3:46PM	Ganesha: Orange	<i>Sunrise:</i> 6:49AM	
			Yama 11:55AM – 1:12PM	Vyaghata* Until 9:30PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 35 - 16
	Creative Work	Amrita Yoga	886486575 Rahu 3:45PM – 5:02PM	Taitila Until 3:11PM	Nataraja: Purple		3rd Phase
		Day 5 of Pancha Ganapati		Tritiya Until 1:26AM Mon		Moon – Light Blue Pausha-Markali Subha Sivaloka Day	

2	Monday, December 26, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Cairo, Egypt Sun 17 Sutra 253 Subhakrit 5124
	Makara Rasi: 18.49	Tithi 4	Gulika 1:12PM – 2:29PM	Shravana Until 1:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:49AM	
	Family Home Evening		Yama 10:39AM – 11:56AM	Harshana Until 5:35PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 35 - 17
	Creative Work	Amrita Yoga	896486576 Rahu 8:06AM – 9:23AM	Vanija Until 11:48AM	Nataraja: Clear		3rd Phase
		Until 1:15PM Then Creative Work - Siddha Yoga		Chaturthi* Until 10:13PM		Moon – Purple Pausha-Markali Sivaloka Day	

3	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Cairo, Egypt Sun 18 Sutra 254 Subhakrit 5124
	Kumbha Rasi: 3.37	Tithi 5	Gulika 11:56AM – 1:13PM	Dhanishtha Until 11:00AM	Ganesha: Clear	<i>Sunrise:</i> 6:50AM	
			Yama 9:23AM – 10:40AM	Vajra* Until 1:58PM	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 35 - 18
	Creative Work	Siddha Yoga	896486576 Rahu 2:30PM – 3:46PM	Bava Until 8:47AM	Nataraja: Clear		3rd Phase
		Until 11:00AM Then Routine Work - Marana Yoga		Panchami Until 7:27PM		Moon – Purple Pausha-Markali Sivaloka Day	

4	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Cairo, Egypt Sun 19 Sutra 255 Subhakrit 5124
	Kumbha Rasi: 18.03	Tithi 6 – 7	Gulika 10:40AM – 11:57AM	Shatabhishak Until 9:08AM	Ganesha: Clear	<i>Sunrise:</i> 6:50AM	
			Yama 8:07AM – 9:23AM	Siddhi Until 10:50AM	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 35 - 19
	Creative Work	Siddha Yoga	896486576 Rahu 11:57AM – 1:14PM	Kaulava Until 6:18AM	Nataraja: Clear		3rd Phase
		Until 9:08AM Then Creative Work - Amrita Yoga		Shashthi* Until 5:16PM		Moon – Purple Pausha-Markali Sivaloka Day	
		Vinayaga Viratam Ends					

5	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cairo, Egypt Sun 20 Sutra 256 Subhakrit 5124
	Meena Rasi: 2.04	Tithi 7 – 8	Gulika 9:24AM – 10:41AM	Purvaproshtapada* Until 8:12AM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	
			Yama 6:50AM – 8:07AM	Vyatipata* Until 8:14AM	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 35 - 20
	Creative Work	Siddha Yoga	817486576 Rahu 1:14PM – 2:31PM	Visti Until 3:20AM Fri	Nataraja: Clear		3rd Phase
		Until 9:08AM Then Routine Work - Marana Yoga		Saptami Until 3:47PM		Moon – Clear Pausha-Markali Devaloka Day	

Retreat Star	Friday, December 30, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 21 Sutra 257 Subhakrit 5124
	Meena Rasi: 15.38	Tithi 8 – 9	Gulika 8:07AM – 9:24AM	Uttaraproshtapada Until 7:51AM	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	
			Yama 2:31PM – 3:48PM	Variyan Until 6:11AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 35 - 21
	Creative Work	Siddha Yoga	817486576 Rahu 10:41AM – 11:58AM	Balava Until 2:57AM Sat	Nataraja: Clear		Ashtami
		Until 9:08AM Then Routine Work - Marana Yoga		Ashtami* Until 3:02PM		Moon – Clear Pausha-Markali Devaloka Day	

Retreat Star	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 22 Sutra 258 Subhakrit 5124
	Meena Rasi: 28.47	Tithi 9 – 10	Gulika 6:51AM – 8:08AM	Revati Until 8:04AM	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	
			Yama 1:15PM – 2:32PM	Shiva Until 3:51AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 35 - 22
	Routine Work	Prabalarishta Yoga	817486576 Rahu 9:25AM – 10:41AM	Taitila Until 3:17AM Sun	Nataraja: Clear		Navami
		Until 8:04AM Then Creative Work - Siddha Yoga		Navami* Until 3:01PM		Moon – Clear Pausha-Markali Devaloka Day	


1		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Cairo, Egypt
		Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23
Mesha Rasi: 12	Tithi 10 - 11	Gulika 2:33PM - 3:49PM	Ashvini Until 9:16AM	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM	Subhakrit 5124
		Yama 11:59AM - 1:16PM	Siddha Until 3:24AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 36 - 23
	827486576	Rahu 3:49PM - 5:06PM	Vanija Until 4:16AM Mon	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:41PM	Moon - White		Sivaloka Day
Until 9:16AM				Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

2		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Cairo, Egypt
		Bharani/Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24
Mesha Rasi: 24.08	Tithi 11 - 12	Gulika 1:16PM - 2:33PM	Bharani Until 10:53AM	Ganesha: Yellow	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
Family Home Evening		Yama 10:42AM - 11:59AM	Sadhya Until 3:22AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga	827486576 Rahu 8:08AM - 9:25AM	Bava Until 5:44AM Tue	Nataraja: Clear		4th Phase
Until 10:53AM			Ekadashi Until 4:55PM	Moon - White		Sivaloka Day
Then Routine Work - Marana Yoga						

3		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Cairo, Egypt
		Krittika/Rohini Nakshatra Subha Yoga Balava Karana Dvadashyam Titau				Sun 25
Vrishabha Rasi: 6.27	Tithi 12	Gulika 12:00PM - 1:17PM	Krittika Until 12:47PM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
		Yama 9:26AM - 10:43AM	Subha Until 3:38AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 36 - 25
	827586576	Rahu 2:34PM - 3:51PM	Balava Until 6:36PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:36PM	Moon - White		Subha Sivaloka Day
Until 12:47PM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

4		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Cairo, Egypt
		Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26
Vrishabha Rasi: 18.37	Tithi 13	Gulika 10:43AM - 12:00PM	Rohini Until 3:21PM	Ganesha: White	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
		Yama 8:09AM - 9:26AM	Sukla Until 4:05AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 36 - 26
	838586576	Rahu 12:00PM - 1:17PM	Kaulava Until 7:35AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:36PM	Moon - Yellow		Devaloka Day
<i>Pradosha Vrata</i>						

5		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Cairo, Egypt
		Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27
Mithuna Rasi: 0.4	Tithi 14	Gulika 9:26AM - 10:44AM	Mrigashira Until 5:59PM	Ganesha: White	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
		Yama 6:52AM - 8:09AM	Brahma Until 4:42AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 36 - 27
	838586576	Rahu 1:18PM - 2:35PM	Gara Until 9:43AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 10:50PM	Moon - Yellow		Devaloka Day
Subramuniyaswami Jayanti						

		Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Cairo, Egypt
		Copper Retreat Star		Ardra Nakshatra Indra Yoga Visti/Bava Karana Purnimayam Titau		Sun 28
Mithuna Rasi: 12.38	Tithi 15	Gulika 8:09AM - 9:27AM	Ardra Until 8:36PM	Ganesha: White	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
		Yama 2:36PM - 3:53PM	Indra Until 5:25AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 36 - Purnima
	838586576	Rahu 10:44AM - 12:01PM	Visti Until 12:01PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Purnima* Until 1:12AM Sat	Moon - Yellow		Devaloka Day
Ardra Darshanam						

6		Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Cairo, Egypt
		Silver Retreat Star		Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29
Mithuna Rasi: 24.34	Tithi 16	Gulika 6:52AM - 8:10AM	Punarvasu Until 11:38PM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
		Yama 1:19PM - 2:36PM	Vaidhriti* Until 6:10AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 36 - Prathama
	848586576	Rahu 9:27AM - 10:44AM	Balava Until 2:26PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 3:39AM Sun	Moon - Blue		Sivaloka Day
Pausha-Markali						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 6.29 Tithi 17
848586576
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti/Vishkamba* Yoga Tailila/Gara Karana Dvitiyayam Titau
Gulika 2:37PM – 3:54PM Pushya Until 2:33AM Mon
Yama 12:02PM – 1:19PM Vaidhriti* Until 6:10AM
Rahu 3:54PM – 5:12PM Tailila Until 4:55PM
Dvitiya Until 6:09AM Mon

Cairo, Egypt
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Ganesha: Clear Sunrise: 6:52AM
Muruqa: Purple Sunset: 5:12PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 18.22 Tithi 17 – 18
Family Home Evening
848586576
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vishkamba*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 1:20PM – 2:37PM Ashlesha* Until 5:17AM Tue
Yama 10:45AM – 12:02PM Vishkamba* Until 6:57AM
Rahu 8:10AM – 9:27AM Vanija Until 7:25PM
Dvitiya Until 6:09AM

Cairo, Egypt
Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Ganesha: Clear Sunrise: 6:53AM
Muruqa: Purple Sunset: 5:12PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 0.16 Tithi 18 – 19
858586576
Creative Work Siddha Yoga
Until 8:16AM Wed
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau
Gulika 12:03PM – 1:20PM Magha* Until 8:16AM Wed
Yama 9:28AM – 10:45AM Priti Until 7:45AM
Rahu 2:38PM – 3:56PM Bava Until 9:51PM
Tritiya Until 8:37AM

Cairo, Egypt
Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2 1st Phase
Ganesha: Purple Sunrise: 6:53AM
Muruqa: Purple Sunset: 5:13PM
Nataraja: Clear
Moon – Red
Devaloka Day
Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 12.11 Tithi 19 – 20
859586576
Creative Work Siddha Yoga
Until 8:16AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau
Gulika 10:46AM – 12:03PM Magha* Until 8:16AM
Yama 8:10AM – 9:28AM Ayushman Until 8:26AM
Rahu 12:03PM – 1:21PM Kaulava Until 12:07AM Thu
Chatrthi* Until 10:59AM

Cairo, Egypt
Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3 1st Phase
Ganesha: Clear Sunrise: 6:53AM
Muruqa: Purple Sunset: 5:14PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 24.13 Tithi 20 – 21
859586576
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Panchami/Shashthyam Titau
Gulika 9:28AM – 10:46AM Purvaphalguni Until 10:51AM
Yama 6:53AM – 8:10AM Saubhagya Until 8:58AM
Rahu 1:21PM – 2:39PM Gara Until 2:03AM Fri
Panchami Until 1:07PM

Cairo, Egypt
Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4 1st Phase
Ganesha: Clear Sunrise: 6:53AM
Muruqa: Purple Sunset: 5:15PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 6.22 Tithi 21 – 22
859586576
Creative Work Siddha Yoga
Until 12:55PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 8:10AM – 9:28AM Uttaraphalguni Until 12:55PM
Yama 2:40PM – 3:58PM Sobhana Until 9:13AM
Rahu 10:46AM – 12:04PM Visti Until 3:30AM Sat
Shashthi* Until 2:50PM

Cairo, Egypt
Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5 1st Phase
Ganesha: Clear Sunrise: 6:52AM
Muruqa: Purple Sunset: 5:16PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

6

Saturday, January 14, 2023

Kanya Rasi: 18.44 Tithi 22 – 23
869586576
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 6:52AM – 8:10AM Hasta Until 2:46PM
Yama 1:22PM – 2:40PM Athiganda* Until 9:03AM
Rahu 9:28AM – 10:46AM Balava Until 4:17AM Sun
Saptami Until 3:58PM

Cairo, Egypt
Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6 1st Phase
Ganesha: White Sunrise: 6:52AM
Muruqa: Purple Sunset: 5:16PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

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Sunday, January 15, 2023

Retreat Star

Tula Rasi: 1.24 Tithi 23 – 24
869586576
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau
Gulika 2:41PM – 3:59PM Chitra Until 3:45PM
Yama 12:05PM – 1:23PM Sukarma Until 8:21AM
Rahu 3:59PM – 5:17PM Tailila Until 4:15AM Mon
Ashtami* Until 4:21PM

Cairo, Egypt
Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7 Ashtami
Ganesha: White Sunrise: 6:52AM
Muruqa: Purple Sunset: 5:17PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

Monday, January 16, 2023

Retreat Star

Tula Rasi: 14.28 Tithi 24 – 25
Family Home Evening
869586576
Creative Work Amrita Yoga
Until 3:46PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau
Gulika 1:23PM – 2:42PM Svati Until 3:46PM
Yama 10:47AM – 12:05PM Dhriti Until 7:03AM
Rahu 8:10AM – 9:29AM Vanija Until 3:23AM Tue
Navami* Until 3:54PM

Cairo, Egypt
Sutra 274
Subhakrit 5124
Moon 1 - Phase 37 - 8 Navami
Ganesha: White Sunrise: 6:52AM
Muruqa: Purple Sunset: 5:18PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Cairo, Egypt on 5/1/20


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1	Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Cairo, Egypt
			Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 275
	Tula Rasi: 27.59	Tithi 25 – 26	Gulika 12:05PM – 1:24PM	Vishakha Until 3:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
	879586576		Yama 9:29AM – 10:47AM	Ganda* Until 2:24AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 38 - 9
Routine Work Marana Yoga		Rahu 2:42PM – 4:01PM	Bava Until 1:40AM Wed	Nataraja: Clear		2nd Phase	
Until 3:15PM			Dashami Until 2:36PM	Moon – Orange		Sivaloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai			

2	Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Cairo, Egypt
			Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Sun 10 Sutra 276
	Vischika Rasi: 11.59	Tithi 26 – 27	Gulika 10:47AM – 12:06PM	Anuradha Until 1:48PM	Ganesha: Yellow	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
	879586576		Yama 8:10AM – 9:29AM	Vriddhi Until 11:11PM	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 38 - 10
Creative Work Siddha Yoga		Rahu 12:06PM – 1:24PM	Kaulava Until 11:13PM	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 12:30PM	Moon – Orange		Sivaloka Day	
				Pausha*Thai			

3	Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Cairo, Egypt
			Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau				Sun 11 Sutra 277
	Vischika Rasi: 26.29	Tithi 27 – 28	Gulika 9:29AM – 10:47AM	Jyeshtha* Until 11:33AM	Ganesha: Yellow	<i>Sunrise:</i> 6:52AM	Subhakrit 5124
	871586576		Yama 6:52AM – 8:10AM	Dhruva Until 7:26PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 38 - 11
Routine Work Prabalarishta Yoga		Rahu 1:25PM – 2:43PM	Gara Until 8:09PM	Nataraja: Clear		2nd Phase	
Until 11:33AM			Dvadashti* Until 9:44AM	Moon – Orange		Sivaloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai			
				<i>Pradosha Vrata (Fasting)</i>			

4	Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Cairo, Egypt
			Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 278
	Dhanus Rasi: 11.23	Tithi 28 – 29	Gulika 8:10AM – 9:29AM	Mula* Until 9:04AM	Ganesha: Red	<i>Sunrise:</i> 6:51AM	Subhakrit 5124
	881586576		Yama 2:44PM – 4:03PM	Vyaghata* Until 3:20PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 38 - 12
Creative Work Amrita Yoga		Rahu 10:48AM – 12:06PM	Sakuni Until 2:44AM Sat	Nataraja: Clear		2nd Phase	
Until 9:04AM			Trayodashi* Until 6:25AM	Moon – Light Blue		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Pausha*Thai			

	Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Cairo, Egypt
	Retreat Star		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 279
	Dhanus Rasi: 26.35	Tithi 30	Gulika 6:51AM – 8:10AM	Purvashadha* Until 6:06AM	Ganesha: Red	<i>Sunrise:</i> 6:51AM	Subhakrit 5124
	881586576		Yama 1:26PM – 2:45PM	Harshana Until 11:01AM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 38 - 13
Creative Work Siddha Yoga		Rahu 9:29AM – 10:48AM	Catuspada Until 12:50PM	Nataraja: Clear		Amavasya	
Until 6:06AM			Amavasya* Until 10:53PM	Moon – Light Blue		Sivaloka Day	
Then Routine Work - Marana Yoga				Pausha*Thai			

	Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Cairo, Egypt
	Retreat Star		Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 280
	Makara Rasi: 11.55	Tithi 1	Gulika 2:45PM – 4:04PM	Shravana Until 11:53PM	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM	Subhakrit 5124
	891586576		Yama 12:07PM – 1:26PM	Vajra* Until 6:34AM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 38 - 14
Creative Work Amrita Yoga		Rahu 4:04PM – 5:23PM	Kintughna Until 8:57AM	Nataraja: Clear		Prathama	
Until 11:53PM			Prathama* Until 7:01PM	Moon – Purple		Sivaloka Day	
Then Routine Work - Marana Yoga				Magha*Thai			

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Cairo, Egypt Sun 15 Sutra 281 Subhakrit 5124
	Makara Rasi: 27.12	Tithi 2 – 3	Gulika 1:27PM – 2:46PM	Dhanishtha Until 9:00PM	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM	
	Family Home Evening	891586576	Yama 10:48AM – 12:07PM	Vyatipata* Until 10:01PM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 39 - 15
	Creative Work Siddha Yoga		Rahu 8:10AM – 9:29AM	Taitila Until 1:36AM Tue	Nataraja: Clear		3rd Phase
			Dvitiya Until 3:19PM		Moon – Purple		Sivaloka Day

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Cairo, Egypt Sun 16 Sutra 282 Subhakrit 5124
	Kumbha Rasi: 12.16	Tithi 3 – 4	Gulika 12:08PM – 1:27PM	Shatabhishak Until 6:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM	
		891586576	Yama 9:29AM – 10:48AM	Variyan Until 6:09PM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 39 - 16
	Routine Work Marana Yoga		Rahu 2:46PM – 4:06PM	Vanija Until 10:31PM	Nataraja: Clear		3rd Phase
			Tritiya Until 11:59AM		Moon – Purple		Sivaloka Day

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Cairo, Egypt Sun 17 Sutra 283 Subhakrit 5124
	Kumbha Rasi: 26.58	Tithi 4 – 5	Gulika 10:48AM – 12:08PM	Purvaproshtapada* Until 4:38PM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	
		911586576	Yama 8:09AM – 9:29AM	Parigha* Until 2:46PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 39 - 17
	Creative Work Amrita Yoga		Rahu 12:08PM – 1:27PM	Bava Until 8:01PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 9:09AM		Moon – Clear		Subha Sivaloka Day

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cairo, Egypt Sun 18 Sutra 284 Subhakrit 5124
	Meena Rasi: 11.11	Tithi 5 – 6	Gulika 9:29AM – 10:48AM	Uttaraproshtapada Until 3:26PM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM	
		911586576	Yama 6:49AM – 8:09AM	Shiva Until 11:59AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 39 - 18
	Creative Work Siddha Yoga		Rahu 1:28PM – 2:47PM	Kaulava Until 6:15PM	Nataraja: Clear		3rd Phase
			Panchami Until 7:01AM		Moon – Clear		Subha Sivaloka Day

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Cairo, Egypt Sun 19 Sutra 285 Subhakrit 5124
	Meena Rasi: 24.56	Tithi 7	Gulika 8:09AM – 9:29AM	Revati Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM	
		911586576	Yama 2:48PM – 4:08PM	Siddha Until 9:48AM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 39 - 19
	Creative Work Siddha Yoga		Rahu 10:48AM – 12:08PM	Gara Until 5:20PM	Nataraja: Clear		3rd Phase
			Saptami Until 5:11AM Sat		Moon – Clear		Subha Sivaloka Day

☾	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Cairo, Egypt Sun 20 Sutra 286 Subhakrit 5124
	Retreat Star		Gulika 6:48AM – 8:08AM	Ashvini Until 3:32PM	Ganesha: Yellow	<i>Sunrise:</i> 6:48AM	
	Mesha Rasi: 8.11	Tithi 8	Yama 1:28PM – 2:48PM	Sadhya Until 8:20AM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 39 - 20
		921586576	Rahu 9:28AM – 10:48AM	Visti Until 5:18PM	Nataraja: Clear		Ashtami
			Ashtami* Until 5:34AM Sun		Moon – White		Sivaloka Day

☽	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Balava Karana Navamyam Titau				Cairo, Egypt Sun 21 Sutra 287 Subhakrit 5124
	Retreat Star		Gulika 2:49PM – 4:09PM	Bharani Until 4:48PM	Ganesha: Yellow	<i>Sunrise:</i> 6:48AM	
	Mesha Rasi: 21	Tithi 9	Yama 12:09PM – 1:29PM	Subha Until 7:31AM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 39 - 21
		922686576	Rahu 4:09PM – 5:29PM	Balava Until 6:04PM	Nataraja: Clear		Navami
			Navami* Until 6:42AM Mon		Moon – White		Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 22 Sutra 288 Subhakar 5124
1	Vrishabha Rasi: 3.28 Tithi 9 – 10 Family Home Evening Routine Work Marana Yoga Until 6:35PM Then Creative Work - Amrita Yoga	Gulika 1:29PM – 2:50PM Yama 10:48AM – 12:09PM Rahu 8:08AM – 9:28AM	Krittika Until 6:35PM Sukla Until 7:16AM Taitila Until 7:32PM Navami* Until 6:42AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 6:47AM Sunset: 5:30PM	Moon 1 - Phase 40 - 22 4th Phase Sivaloka Day

Tuesday, January 31, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Varija Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 23 Sutra 289 Subhakar 5124
2	Vrishabha Rasi: 15.41 Tithi 10 – 11 932686576 Creative Work Amrita Yoga Until 9:11PM Then Creative Work - Siddha Yoga	Gulika 12:09PM – 1:30PM Yama 9:28AM – 10:48AM Rahu 2:50PM – 4:11PM	Rohini Until 9:11PM Brahma Until 7:28AM Varija Until 9:31PM Dashami Until 8:27AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 6:47AM Sunset: 5:31PM	Moon 1 - Phase 40 - 23 4th Phase Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 24 Sutra 290 Subhakar 5124
3	Vrishabha Rasi: 27.44 Tithi 11 – 12 932686576 Creative Work Siddha Yoga	Gulika 10:48AM – 12:09PM Yama 8:07AM – 9:28AM Rahu 12:09PM – 1:30PM	Mrigashira Until 11:56PM Indra Until 8:01AM Bava Until 11:50PM Ekadashi Until 10:37AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 6:47AM Sunset: 5:31PM	Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day

Thursday, February 2, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 25 Sutra 291 Subhakar 5124
4	Mithuna Rasi: 9.4 Tithi 12 – 13 932686576 Routine Work Marana Yoga Until 2:40AM Fri Then Creative Work - Siddha Yoga	Gulika 9:28AM – 10:48AM Yama 6:46AM – 8:07AM Rahu 1:30PM – 2:51PM	Ardra Until 2:40AM Fri Vaidhriti* Until 8:43AM Kaulava Until 2:18AM Fri Dvadashi Until 1:02PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 6:46AM Sunset: 5:32PM	Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day
<i>Pradosha Vrata</i>						

Friday, February 3, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 26 Sutra 292 Subhakar 5124
5	Mithuna Rasi: 21.33 Tithi 13 – 14 942686576 Creative Work Siddha Yoga	Gulika 8:07AM – 9:27AM Yama 2:51PM – 4:12PM Rahu 10:48AM – 12:09PM	Punarvasu Until 5:47AM Sat Vishkambha* Until 9:32AM Gara Until 4:49AM Sat Trayodashi Until 3:32PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Blue Magha-Thai	Sunrise: 6:46AM Sunset: 5:33PM	Moon 1 - Phase 40 - 26 4th Phase Sivaloka Day

Saturday, February 4, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Vanija Karana Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 293 Subhakar 5124
6	Kataka Rasi: 3.26 Tithi 14 942686577 Creative Work Siddha Yoga	Gulika 6:45AM – 8:06AM Yama 1:30PM – 2:52PM Rahu 9:27AM – 10:48AM	Pushya Until 8:41AM Sun Priti Until 10:22AM Vanija Until 6:02PM Chaturdashi* Until 6:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 6:45AM Sunset: 5:34PM	Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day

Sunday, February 5, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Cairo, Egypt Sutra 294 Subhakar 5124
○	Copper Retreat Star Kataka Rasi: 15.19 Tithi 15 942686577 Creative Work Siddha Yoga	Gulika 2:52PM – 4:13PM Yama 12:09PM – 1:31PM Rahu 4:13PM – 5:35PM	Pushya Until 8:41AM Ayushman Until 11:08AM Visti Until 7:17AM Purnima* Until 8:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 6:44AM Sunset: 5:35PM	Moon 1 - Phase 40 - Purnima Sivaloka Day

Monday, February 6, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Cairo, Egypt Sutra 295 Subhakar 5124
○	Silver Retreat Star Kataka Rasi: 27.15 Tithi 16 Family Home Evening Creative Work Siddha Yoga Until 11:19AM Then Routine Work - Marana Yoga	Gulika 1:31PM – 2:52PM Yama 10:48AM – 12:10PM Rahu 8:05AM – 9:27AM	Ashlesha* Until 11:19AM Saubhagya Until 11:50AM Balava Until 9:39AM Prathama* Until 10:46PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 6:44AM Sunset: 5:35PM	Moon 1 - Phase 40 - Prathama Sivaloka Day



Tuesday, February 7, 2023
Gold Retreat Star

Simha Rasi: 9.14 Tithi 17
Creative Work Siddha Yoga

952686577

Gulika 12:10PM – 1:31PM
Yama 9:26AM – 10:48AM
Rahu 2:53PM – 4:15PM

Magha* Until 2:10PM
Sobhana Until 12:27PM
Taitila Until 11:54AM
Dvitiya Until 12:55AM Wed

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 6:43AM
Sunset: 5:36PM

Cairo, Egypt
Sun 1 Sutra 296
Subhakit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 21.16 Tithi 18
Creative Work Amrita Yoga

952686577

Gulika 10:48AM – 12:10PM
Yama 8:04AM – 9:26AM
Rahu 12:10PM – 1:32PM

Purvaphalguni Until 4:40PM
Athiganda* Until 12:54PM
Vanija Until 1:57PM
Tritiya Until 2:52AM Thu

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 6:42AM
Sunset: 5:37PM

Cairo, Egypt
Sun 2 Sutra 297
Subhakit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 3.25 Tithi 19
Amrita Yoga
Until 6:45PM
Then Routine Work - Marana Yoga

952686577

Gulika 9:26AM – 10:48AM
Yama 6:42AM – 8:04AM
Rahu 1:32PM – 2:54PM

Maha Sankatahara Chaturthi

Uttaraphalguni Until 6:45PM
Sukarma Until 1:11PM
Bava Until 3:44PM
Chaturthi* Until 4:29AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 6:42AM
Sunset: 5:38PM

Cairo, Egypt
Sun 3 Sutra 298
Subhakit 5124
Moon 2 - Phase 41 - 3
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 15.4 Tithi 20
Creative Work Amrita Yoga
Until 8:48PM
Then Creative Work - Siddha Yoga

962686577

Gulika 8:03AM – 9:25AM
Yama 2:54PM – 4:17PM
Rahu 10:48AM – 12:10PM

Hasta Until 8:48PM
Dhriti Until 1:13PM
Kaulava Until 5:11PM
Panchami Until 5:42AM Sat

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 6:41AM
Sunset: 5:39PM

Cairo, Egypt
Sun 4 Sutra 299
Subhakit 5124
Moon 2 - Phase 41 - 4
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 28.07 Tithi 21
Routine Work Marana Yoga
Until 10:13PM
Then Creative Work - Siddha Yoga

963686577

Gulika 6:40AM – 8:03AM
Yama 1:32PM – 2:55PM
Rahu 9:25AM – 10:47AM

Chitra Until 10:13PM
Shula* Until 12:52PM
Gara Until 6:08PM
Shashthi* Until 6:22AM Sun

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 6:40AM
Sunset: 5:40PM

Cairo, Egypt
Sun 5 Sutra 300
Subhakit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 10.48 Tithi 21 – 22
Creative Work Siddha Yoga
Until 10:52PM
Then Routine Work - Marana Yoga

963686577

Gulika 2:55PM – 4:18PM
Yama 12:10PM – 1:32PM
Rahu 4:18PM – 5:40PM

Svati Until 10:52PM
Ganda* Until 12:06PM
Visti Until 6:29PM
Shashthi* Until 6:22AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 6:39AM
Sunset: 5:40PM

Cairo, Egypt
Sun 6 Sutra 301
Subhakit 5124
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

D

Monday, February 13, 2023
Retreat Star

Tula Rasi: 23.48 Tithi 22 – 23
Family Home Evening
Routine Work Marana Yoga
Until 11:08PM
Then Creative Work - Siddha Yoga

973686577

Gulika 1:33PM – 2:56PM
Yama 10:47AM – 12:10PM
Rahu 8:01AM – 9:24AM

Vishakha Until 11:08PM
Vridhhi Until 10:49AM
Balava Until 6:07PM
Saptami Until 6:22AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 6:39AM
Sunset: 5:41PM

Cairo, Egypt
Sun 7 Sutra 302
Subhakit 5124
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 7.11 Tithi 24
Creative Work Siddha Yoga
Until 10:32PM
Then Routine Work - Marana Yoga

973686577

Gulika 12:10PM – 1:33PM
Yama 9:24AM – 10:47AM
Rahu 2:56PM – 4:19PM

Anuradha Until 10:32PM
Dhruva Until 8:56AM
Taitila Until 5:02PM
Navami* Until 4:11AM Wed

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 6:38AM
Sunset: 5:42PM

Cairo, Egypt
Sun 8 Sutra 303
Subhakit 5124
Moon 2 - Phase 41 - 8
Navami

Sivaloka Day

1		Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau			Cairo, Egypt Sun 9 Sutra 304 Subhakrit 5124
Wrischika Rasi: 21	Tithi 25	Gulika	10:47AM – 12:10PM	Jyeshtha* Until 9:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	
		Yama	8:00AM – 9:23AM	Vyaghata* Until 6:29AM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 42 - 9
		973686577 Rahu	12:10PM – 1:33PM	Vanija Until 3:13PM	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 2:02AM Thu	Moon – Orange		Sivaloka Day
Until 9:05PM					Magha-Masi		
Then Routine Work - Marana Yoga							

2		Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau			Cairo, Egypt Sun 10 Sutra 305 Subhakrit 5124
Dhanus Rasi: 5.14	Tithi 26	Gulika	9:23AM – 10:46AM	Mula* Until 7:18PM	Ganesha: White	<i>Sunrise:</i> 6:36AM	
		Yama	6:36AM – 7:59AM	Vajra* Until 11:59PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 42 - 10
		983686577 Rahu	1:33PM – 2:57PM	Bava Until 12:44PM	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 11:16PM	Moon – Light Blue		Devaloka Day
					Magha-Masi		

3		Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau			Cairo, Egypt Sun 11 Sutra 306 Subhakrit 5124
Dhanus Rasi: 19.54	Tithi 27	Gulika	7:59AM – 9:22AM	Purvashadha* Until 4:53PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	
		Yama	2:57PM – 4:21PM	Siddhi Until 8:08PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 42 - 11
		983686577 Rahu	10:46AM – 12:10PM	Kaulava Until 9:43AM	Nataraja: Orange		2nd Phase
Routine Work	Prabalarishta Yoga			Dvadashi* Until 8:02PM	Moon – Light Blue		Devaloka Day
Until 4:53PM					Magha-Masi		
Then Routine Work - Marana Yoga							

4		Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau			Cairo, Egypt Sun 12 Sutra 307 Subhakrit 5124
Makara Rasi: 4.52	Tithi 28 – 29	Gulika	6:34AM – 7:58AM	Uttarashadha Until 1:59PM	Ganesha: White	<i>Sunrise:</i> 6:34AM	
		Yama	1:34PM – 2:57PM	Vyatipata* Until 4:01PM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 42 - 12
		983686577 Rahu	9:22AM – 10:46AM	Gara Until 6:19AM	Nataraja: Orange		2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 4:29PM	Moon – Light Blue		Devaloka Day
Until 1:59PM					Magha-Masi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

Retreat Star		Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Cairo, Egypt Sun 13 Sutra 308 Subhakrit 5124
Makara Rasi: 20.02	Tithi 29 – 30	Gulika	2:58PM – 4:22PM	Shravana Until 11:11AM	Ganesha: Green	<i>Sunrise:</i> 6:33AM	
		Yama	12:10PM – 1:34PM	Variyan Until 11:45AM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 42 - 13
		993686577 Rahu	4:22PM – 5:46PM	Catuspada Until 10:57PM	Nataraja: Orange		Amavasya
Creative Work	Amrita Yoga			Chaturdashi* Until 12:47PM	Moon – Purple		Devaloka Day
Until 11:11AM					Magha-Masi		
Then Routine Work - Marana Yoga							

Retreat Star		Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Cairo, Egypt Sun 14 Sutra 309 Subhakrit 5124
Kumbha Rasi: 5.14	Tithi 30 – 1	Gulika	1:34PM – 2:58PM	Dhanishtha Until 8:16AM	Ganesha: Green	<i>Sunrise:</i> 6:32AM	
Family Home Evening		Yama	10:45AM – 12:10PM	Parigha* Until 7:31AM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 42 - 14
		993686577 Rahu	7:57AM – 9:21AM	Kintughna Until 7:21PM	Nataraja: Orange		Prathama
Creative Work	Siddha Yoga			Amavasya* Until 9:07AM	Moon – Purple		Devaloka Day
					Phalguna-Masi		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

www.gurudeva.org/panchang

1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cairo, Egypt Sun 15 Sutra 310 Subhakrit 5124
	Kumbha Rasi: 20.17	Tithi 2	Gulika 12:09PM – 1:34PM	Purvaproshtapada* Until 3:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:31AM	
			Yama 9:20AM – 10:45AM	Siddha Until 11:38PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 43 - 15
		913686577	Rahu 2:58PM – 4:23PM	Balava Until 4:02PM	Nataraja: Orange		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 2:31AM Wed	Moon – Clear		Sivaloka Day	
Until 3:10AM Wed				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Cairo, Egypt Sun 16 Sutra 311 Subhakrit 5124
	Meena Rasi: 5.03	Tithi 3	Gulika 10:45AM – 12:09PM	Uttaraproshtapada Until 1:21AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:30AM	
			Yama 7:55AM – 9:20AM	Sadhya Until 8:16PM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 43 - 16
		913686577	Rahu 12:09PM – 1:34PM	Taitila Until 1:11PM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 11:57PM	Moon – Clear		Sivaloka Day	
				Phalguna-Masi			

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Cairo, Egypt Sun 17 Sutra 312 Subhakrit 5124
	Meena Rasi: 19.24	Tithi 4	Gulika 9:19AM – 10:44AM	Revati Until 12:05AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:30AM	
			Yama 6:30AM – 7:54AM	Subha Until 5:27PM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 43 - 17
		913786577	Rahu 1:34PM – 2:59PM	Vanija Until 10:57AM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 10:05PM	Moon – Clear		Subha Sivaloka Day	
Until 12:05AM Fri				Phalguna-Masi			
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Cairo, Egypt Sun 18 Sutra 313 Subhakrit 5124
	Mesha Rasi: 3.17	Tithi 5	Gulika 7:54AM – 9:19AM	Ashvini Until 11:55PM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM	
			Yama 2:59PM – 4:25PM	Sukla Until 3:15PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 43 - 18
		923786577	Rahu 10:44AM – 12:09PM	Bava Until 9:28AM	Nataraja: Orange		3rd Phase
Creative Work Amrita Yoga			Panchami Until 9:02PM	Moon – White		Sivaloka Day	
Until 11:55PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Cairo, Egypt Sun 19 Sutra 314 Subhakrit 5124
	Mesha Rasi: 16.4	Tithi 6	Gulika 6:27AM – 7:53AM	Bharani Until 12:27AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	
			Yama 1:34PM – 3:00PM	Brahma Until 1:44PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 43 - 19
		923786577	Rahu 9:18AM – 10:44AM	Kaulava Until 8:51AM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 8:50PM	Moon – White		Sivaloka Day	
				Phalguna-Masi			

6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau				Cairo, Egypt Sun 20 Sutra 315 Subhakrit 5124
	Mesha Rasi: 29.37	Tithi 7	Gulika 3:00PM – 4:26PM	Krittika Until 1:39AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:26AM	
			Yama 12:09PM – 1:34PM	Indra Until 12:55PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 43 - 20
		924786577	Rahu 4:26PM – 5:51PM	Gara Until 9:05AM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Saptami Until 9:30PM	Moon – White		Devaloka Day	
Until 1:39AM Mon				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

D	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Cairo, Egypt Sun 21 Sutra 316 Subhakrit 5124
	Retreat Star		Gulika 1:34PM – 3:00PM	Rohini Until 3:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	
	Vrishabha Rasi: 12.1	Tithi 8	Yama 10:43AM – 12:09PM	Vaidhriti* Until 12:41PM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 43 - 21
	Family Home Evening	934786577	Rahu 7:51AM – 9:17AM	Visti Until 10:09AM	Nataraja: Orange		Ashtami
Creative Work Amrita Yoga			Ashtami* Until 10:55PM	Moon – Yellow		Sivaloka Day	
Until 3:51AM Tue				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

D	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Cairo, Egypt Sun 22 Sutra 317 Subhakrit 5124
	Retreat Star		Gulika 12:08PM – 1:34PM	Mrigashira Until 6:24AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	
	Vrishabha Rasi: 24.25	Tithi 9	Yama 9:16AM – 10:42AM	Vishkambha* Until 12:57PM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 43 - 22
		934786577	Rahu 3:01PM – 4:27PM	Balava Until 11:52AM	Nataraja: Orange		Navami
Creative Work Siddha Yoga			Navami* Until 12:54AM Wed	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Wednesday, March 1, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Cairo, Egypt Sun 23 Sutra 318 Subhakra 5124
Mithuna Rasi: 6.27	Tithi 10	Gulika 10:42AM – 12:08PM	Mrigashira Until 6:24AM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	
		Yama 7:49AM – 9:15AM	Priti Until 1:34PM	Muruqa: Purple	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 44 - 23
934786577	Rahu 12:08PM – 1:35PM		Taitila Until 2:04PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:15AM Thu	Moon – Yellow		Sivaloka Day
				Phalgun-Masi		
2		Thursday, March 2, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Cairo, Egypt Sun 24 Sutra 319 Subhakra 5124
Mithuna Rasi: 18.22	Tithi 11	Gulika 9:15AM – 10:41AM	Ardra Until 9:06AM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	
		Yama 6:21AM – 7:48AM	Ayushman Until 2:22PM	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 44 - 24
934786577	Rahu 1:35PM – 3:01PM		Vanija Until 4:31PM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 5:45AM Fri	Moon – Yellow		Sivaloka Day
Until 9:06AM				Phalgun-Masi		
Then Creative Work - Amrita Yoga						
3		Friday, March 3, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava Karana Dvadashyam Titau		Cairo, Egypt Sun 25 Sutra 320 Subhakra 5124
Kataka Rasi: 0.14	Tithi 12	Gulika 7:47AM – 9:14AM	Punarvasu Until 12:14PM	Ganesha: White	<i>Sunrise:</i> 6:20AM	
		Yama 3:02PM – 4:28PM	Saubhagya Until 3:14PM	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 44 - 25
944786577	Rahu 10:41AM – 12:08PM		Bava Until 7:02PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:15AM Sat	Moon – Blue		Devaloka Day
Until 12:14PM				Phalgun-Masi		
Then Routine Work - Marana Yoga						
4		Saturday, March 4, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Cairo, Egypt Sun 26 Sutra 321 Subhakra 5124
Kataka Rasi: 12.07	Tithi 12 – 13	Gulika 6:19AM – 7:46AM	Pushya Until 3:10PM	Ganesha: White	<i>Sunrise:</i> 6:19AM	
		Yama 1:35PM – 3:02PM	Sobhana Until 4:05PM	Muruqa: Purple	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 44 - 26
944786577	Rahu 9:13AM – 10:40AM		Kaulava Until 9:28PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:15AM	Moon – Blue		Devaloka Day
Until 3:10PM				Phalgun-Masi		
Then Routine Work - Marana Yoga						
						<i>Pradosha Vrata</i>
5		Sunday, March 5, 2023		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Cairo, Egypt Sun 27 Sutra 322 Subhakra 5124
Kataka Rasi: 24.02	Tithi 13 – 14	Gulika 3:02PM – 4:29PM	Ashlesha* Until 5:47PM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	
		Yama 12:07PM – 1:35PM	Athiganda* Until 4:47PM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 44 - 27
144786577	Rahu 4:29PM – 5:57PM		Gara Until 11:44PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:37AM	Moon – Blue		Devaloka Day
Until 5:47PM		Chidambaram Abhishekam		Phalgun-Masi		
Then Routine Work - Marana Yoga						
Monday, March 6, 2023		Copper Retreat Star		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Cairo, Egypt Sun 28 Sutra 323 Subhakra 5124
Simha Rasi: 6.01	Tithi 14 – 15	Gulika 1:35PM – 3:02PM	Magha* Until 8:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	
Family Home Evening		Yama 10:39AM – 12:07PM	Sukarma Until 5:19PM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 44 - Purnima
154786577	Rahu 7:44AM – 9:12AM		Visti Until 1:45AM Tue	Nataraja: Orange		
Routine Work	Marana Yoga		Chaturdashi* Until 12:45PM	Moon – Red		Sivaloka Day
Until 8:31PM		Holi		Phalgun-Masi		
Then Creative Work - Siddha Yoga						
Tuesday, March 7, 2023		Silver Retreat Star		Subhakra Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Cairo, Egypt Sun 29 Sutra 324 Subhakra 5124
Simha Rasi: 18.07	Tithi 15 – 16	Gulika 12:07PM – 1:35PM	Purvaphalguni Until 10:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	
		Yama 9:11AM – 10:39AM	Dhriti Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 44 - Prathama
154786577	Rahu 3:02PM – 4:30PM		Balava Until 3:28AM Wed	Nataraja: Orange		
Creative Work	Siddha Yoga		Purnima* Until 2:38PM	Moon – Red		Sivaloka Day
Until 10:48PM				Phalgun-Masi		
Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava*/Taitila Karana Prathama/Dvitiyayam Titau

Cairo, Egypt

Sutra 325

Subhakrit 5124

Kanya Rasi: 0.2 Tithi 16 – 17

154786577

Gulika 10:39AM – 12:07PM
Yama 7:42AM – 9:11AM
Rahu 12:07PM – 1:35PM

Uttaraphalguni Until 12:37AM Thu
Shula* Until 5:44PM
Taitila Until 4:52AM Thu
Prathama* Until 4:11PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Orange
Moon – Red
Phalguna-Masi

Moon 3 - Phase 45 -
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 12:37AM Thu

Then Routine Work - Marana Yoga

Thursday, March 9, 2023

1

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Cairo, Egypt

Sutra 326

Subhakrit 5124

Kanya Rasi: 12.41 Tithi 17 – 18

164786577

Gulika 9:10AM – 10:38AM
Yama 6:13AM – 7:42AM
Rahu 1:35PM – 3:03PM

Hasta Until 2:25AM Fri
Ganda* Until 5:34PM
Vanija Until 5:53AM Fri
Dvitiya Until 5:24PM

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 2:25AM Fri

Then Creative Work - Siddha Yoga

Friday, March 10, 2023

2

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti* Karana Tritiyayam Titau

Sun 2

Cairo, Egypt

Sutra 327

Subhakrit 5124

Kanya Rasi: 25.12 Tithi 18

165786577

Gulika 7:41AM – 9:09AM
Yama 3:03PM – 4:32PM
Rahu 10:38AM – 12:06PM

Chitra Until 3:40AM Sat
Vridhhi Until 5:07PM
Visti Until 6:13PM
Tritiya Until 6:13PM

Ganesha: Yellow *Sunrise:* 6:12AM
Muruqa: Purple *Sunset:* 6:00PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 2
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Saturday, March 11, 2023

3

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Sun 3

Cairo, Egypt

Sutra 328

Subhakrit 5124

Tula Rasi: 7.54 Tithi 19

165786577

Gulika 6:11AM – 7:40AM
Yama 1:35PM – 3:03PM
Rahu 9:08AM – 10:37AM

Svati Until 4:21AM Sun
Dhruva Until 4:19PM
Bava Until 6:30AM
Chaturthi* Until 6:38PM

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: Purple *Sunset:* 6:01PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 3
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 4:21AM Sun

Then Routine Work - Marana Yoga

Sunday, March 12, 2023

4

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava*/Taitila Karana Panchamyam Titau

Sun 4

Cairo, Egypt

Sutra 329

Subhakrit 5124

Tula Rasi: 20.48 Tithi 20

175786577

Gulika 3:03PM – 4:32PM
Yama 12:06PM – 1:34PM
Rahu 4:32PM – 6:01PM

Vishakha Until 4:52AM Mon
Vyaghata* Until 3:11PM
Kaulava Until 6:41AM
Panchami Until 6:34PM

Ganesha: Blue *Sunrise:* 6:10AM
Muruqa: Purple *Sunset:* 6:01PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Moon 3 - Phase 45 - 4
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Until 4:52AM Mon

Then Creative Work - Siddha Yoga

Monday, March 13, 2023

5

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 5

Cairo, Egypt

Sutra 330

Subhakrit 5124

Vrischika Rasi: 3.57 Tithi 21

175786577

Gulika 1:34PM – 3:04PM
Yama 10:36AM – 12:05PM
Rahu 7:38AM – 9:07AM

Anuradha Until 4:44AM Tue
Harshana Until 1:40PM
Gara Until 6:23AM
Shashthi* Until 6:01PM

Ganesha: Blue *Sunrise:* 6:09AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Moon 3 - Phase 45 - 5
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:44AM Tue

Then Routine Work - Marana Yoga

Tuesday, March 14, 2023

6

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6

Cairo, Egypt

Sutra 331

Subhakrit 5124

Vrischika Rasi: 17.22 Tithi 22 – 23

175786577

Gulika 12:05PM – 1:34PM
Yama 9:06AM – 10:36AM
Rahu 3:04PM – 4:33PM

Jyeshtha* Until 3:56AM Wed
Vajra* Until 11:43AM
Balava Until 4:12AM Wed
Saptami Until 4:56PM

Ganesha: Blue *Sunrise:* 6:07AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Moon 3 - Phase 45 - 6
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Wednesday, March 15, 2023

D

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Kaulava*/Taitila Karana Ashtami/Navamyam Titau

Sun 7

Cairo, Egypt

Sutra 332

Subhakrit 5124

Dhanus Rasi: 1.06 Tithi 23 – 24

185786578

Gulika 10:35AM – 12:05PM
Yama 7:36AM – 9:05AM
Rahu 12:05PM – 1:34PM

Mula* Until 2:55AM Thu
Siddhi Until 9:22AM
Taitila Until 2:20AM Thu
Ashtami* Until 3:19PM

Ganesha: Red *Sunrise:* 6:06AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 45 - 7
Ashtami

Sivaloka Day

Routine Work Marana Yoga

Until 2:55AM Thu

Then Creative Work - Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Vyatipata*/Variyoga Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Sun 8

Cairo, Egypt

Sutra 333

Subhakrit 5124

Dhanus Rasi: 15.08 Tithi 24 – 25

185786578

Gulika 9:05AM – 10:35AM
Yama 6:05AM – 7:35AM
Rahu 1:34PM – 3:04PM

Purvashadha* Until 1:17AM Fri
Vyatipata* Until 6:37AM
Vanija Until 12:00AM Fri
Navami* Until 1:12PM

Ganesha: Red *Sunrise:* 6:05AM
Muruqa: Purple *Sunset:* 6:04PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 45 - 8
Navami

Sivaloka Day

Creative Work Siddha Yoga

Until 1:17AM Fri

Then Routine Work - Marana Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

www.gurudeva.org/panchang

1	Friday, March 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 9 Sutra 334 Subhakrit 5124
	Dhanus Rasi: 29.29	Tithi 25 – 26	Gulika 7:34AM – 9:04AM	Uttarashadha Until 11:08PM	Ganesha: Red	<i>Sunrise:</i> 6:04AM	
			Yama 3:04PM – 4:34PM	Parigha* Until 12:02AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 46 - 9
	Routine Work	Marana Yoga	185786578 Rahu 10:34AM – 12:04PM	Bava Until 9:16PM	Nataraja: Clear		2nd Phase
			Dashami Until 10:39AM	Moon – Light Blue		Sivaloka Day	
				Phalguna •Panguni			

2	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Cairo, Egypt Sun 10 Sutra 335 Subhakrit 5124
	Makara Rasi: 14.06	Tithi 26 – 27	Gulika 6:03AM – 7:33AM	Shravana Until 8:59PM	Ganesha: Green	<i>Sunrise:</i> 6:03AM	
			Yama 1:34PM – 3:04PM	Shiva Until 8:23PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 46 - 10
	Creative Work	Siddha Yoga	195786578 Rahu 9:03AM – 10:34AM	Kaulava Until 6:15PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 7:46AM	Moon – Purple		Subha Sivaloka Day	
				Phalguna •Panguni			

3	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Cairo, Egypt Sun 11 Sutra 336 Subhakrit 5124
	Makara Rasi: 28.53	Tithi 28	Gulika 3:05PM – 4:35PM	Dhanishtha Until 6:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:01AM	
			Yama 12:04PM – 1:34PM	Siddha Until 4:35PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 46 - 11
	Routine Work	Marana Yoga	196796578 Rahu 4:35PM – 6:06PM	Gara Until 3:04PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 1:27AM Mon	Moon – Purple		Devaloka Day	
				Phalguna •Panguni			
				<i>Pradosha Vrata (Fasting)</i>			

4	Monday, March 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Cairo, Egypt Sun 12 Sutra 337 Subhakrit 5124
	Kumbha Rasi: 13.43	Tithi 29	Gulika 1:34PM – 3:05PM	Shatabhishak Until 4:01PM	Ganesha: Green	<i>Sunrise:</i> 6:00AM	
	Family Home Evening		Yama 10:33AM – 12:03PM	Sadhya Until 12:49PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 46 - 12
	Creative Work	Siddha Yoga	196896578 Rahu 7:31AM – 9:02AM	Visti Until 11:53AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 10:19PM	Moon – Purple		Sivaloka Day	
				Phalguna •Panguni			

●	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cairo, Egypt Sun 13 Sutra 338 Subhakrit 5124
	Retreat Star		Gulika 12:03PM – 1:34PM	Purvaproshtapada* Until 1:55PM	Ganesha: Orange	<i>Sunrise:</i> 5:59AM	
	Kumbha Rasi: 28.29	Tithi 30	Yama 9:01AM – 10:32AM	Subha Until 9:11AM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 46 - 13
	Routine Work	Marana Yoga	116896578 Rahu 3:05PM – 4:36PM	Catuspada Until 8:50AM	Nataraja: Clear		Amavasya
			Amavasya* Until 7:24PM	Moon – Clear		Devaloka Day	
				Phalguna •Panguni			

●	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau				Cairo, Egypt Sun 14 Sutra 339 Subhakrit 5124
	Retreat Star		Gulika 10:31AM – 12:03PM	Uttaraproshtapada Until 12:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:58AM	
	Meena Rasi: 13.03	Tithi 1 – 2	Yama 7:29AM – 9:00AM	Brahma Until 2:43AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 46 - 14
	Creative Work	Siddha Yoga	116896578 Rahu 12:03PM – 1:34PM	Kintughna Until 6:06AM	Nataraja: Clear		Prathama
			Prathama* Until 4:52PM	Moon – Clear		Devaloka Day	
		Yugadhi		Chaitra •Panguni			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

www.gurudeva.org/panchang

1		Thursday, March 23, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Cairo, Egypt Sun 15 Sutra 340 Subhakit 5124
Meena Rasi: 27.17	Tithi 2 – 3	Gulika 8:59AM – 10:31AM	Revati Until 10:28AM	Ganesha: Orange	<i>Sunrise:</i> 5:57AM	
		Yama 5:57AM – 7:28AM	Indra Until 12:11AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47 - 15
		116896578 Rahu 1:34PM – 3:05PM	Taitila Until 2:06AM Fri	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 2:51PM	Moon – Clear		Devaloka Day
Until 10:28AM		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

2		Friday, March 24, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Cairo, Egypt Sun 16 Sutra 341 Subhakit 5124
Mesha Rasi: 11.08	Tithi 3 – 4	Gulika 7:27AM – 8:59AM	Ashvini Until 9:50AM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	
		Yama 3:05PM – 4:37PM	Vaidhriti* Until 10:10PM	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 10:30AM – 12:02PM	Vanija Until 1:07AM Sat	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 1:30PM	Moon – White		Devaloka Day
Until 9:50AM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

3		Saturday, March 25, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Cairo, Egypt Sun 17 Sutra 342 Subhakit 5124
Mesha Rasi: 24.34	Tithi 4 – 5	Gulika 5:54AM – 7:26AM	Bharani Until 9:48AM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	
		Yama 1:34PM – 3:06PM	Vishkamba* Until 8:48PM	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 8:58AM – 10:30AM	Bava Until 12:55AM Sun	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 12:54PM	Moon – White		Devaloka Day
Until 9:48AM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

4		Sunday, March 26, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Cairo, Egypt Sun 18 Sutra 343 Subhakit 5124
Vrishabha Rasi: 7.35	Tithi 5 – 6	Gulika 3:06PM – 4:38PM	Krittika Until 10:22AM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	
		Yama 12:01PM – 1:34PM	Priti Until 8:03PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47 - 18
		126896578 Rahu 4:38PM – 6:10PM	Kaulava Until 1:30AM Mon	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 1:05PM	Moon – White		Devaloka Day
				Chaitra•Panguni		

5		Monday, March 27, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Cairo, Egypt Sun 19 Sutra 344 Subhakit 5124
Vrishabha Rasi: 20.13	Tithi 6 – 7	Gulika 1:34PM – 3:06PM	Rohini Until 11:59AM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	
Family Home Evening		Yama 10:29AM – 12:01PM	Ayushman Until 7:50PM	Muruqa: Clear	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 7:24AM – 8:56AM	Gara Until 2:47AM Tue	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 2:02PM	Moon – Yellow		Devaloka Day
				Chaitra•Panguni		

6		Tuesday, March 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Cairo, Egypt Sun 20 Sutra 345 Subhakit 5124
Mithuna Rasi: 2.33	Tithi 7 – 8	Gulika 12:01PM – 1:33PM	Mrigashira Until 2:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
		Yama 8:56AM – 10:28AM	Saubhagya Until 8:07PM	Muruqa: Clear	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 3:06PM – 4:39PM	Visti Until 4:39AM Wed	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 3:38PM	Moon – Yellow		Devaloka Day
Until 2:05PM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, March 29, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cairo, Egypt Sun 21 Sutra 346 Subhakit 5124
Mithuna Rasi: 14.4	Tithi 8 – 9	Gulika 10:28AM – 12:01PM	Ardra Until 4:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	
		Yama 7:22AM – 8:55AM	Sobhana Until 8:45PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:01PM – 1:33PM	Balava Until 6:53AM Thu	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 5:42PM	Moon – Yellow		Devaloka Day
				Chaitra•Panguni		

Retreat Star		Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Cairo, Egypt Sun 22 Sutra 347 Subhakit 5124
Mithuna Rasi: 26.37	Tithi 9	Gulika 8:54AM – 10:27AM	Punarvasu Until 7:30PM	Ganesha: White	<i>Sunrise:</i> 5:48AM	
		Yama 5:48AM – 7:21AM	Athiganda* Until 9:32PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47 - 22
		147896578 Rahu 1:33PM – 3:06PM	Balava Until 6:53AM	Nataraja: Clear		Navami
Creative Work Amrita Yoga			Navami* Until 8:03PM	Moon – Blue		Bhuloka Day
		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Cairo, Egypt on 5/1/20

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1	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Cairo, Egypt Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 8.31	Tithi 10	Gulika 7:20AM – 8:53AM	Pushya Until 10:26PM	Ganesha: White	<i>Sunrise:</i> 5:47AM	
			Yama 3:07PM – 4:40PM	Sukarma Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 48 - 23
	Routine Work	Marana Yoga	147896578 Rahu 10:27AM – 12:00PM	Taitila Until 9:17AM	Nataraja: Clear		4th Phase
			Dashami Until 10:29PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

2	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 20.25	Tithi 11	Gulika 5:47AM – 7:20AM	Ashlesha* Until 1:05AM Sun	Ganesha: White	<i>Sunrise:</i> 5:47AM	
			Yama 1:33PM – 3:07PM	Dhriti Until 11:11PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 48 - 24
	Routine Work	Marana Yoga	147896578 Rahu 8:53AM – 10:27AM	Vanija Until 11:41AM	Nataraja: Clear		4th Phase
			Ekadashi Until 12:48AM Sun	Moon – Blue		Bhuloka Day	
		Yogaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

3	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvodashyam Titau				Cairo, Egypt Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 2.22	Tithi 12	Gulika 3:07PM – 4:40PM	Magha* Until 3:50AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:46AM	
			Yama 12:00PM – 1:33PM	Shula* Until 11:46PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 48 - 25
	Routine Work	Marana Yoga	158896578 Rahu 4:40PM – 6:14PM	Bava Until 1:54PM	Nataraja: Clear		4th Phase
			Dvadashi Until 2:52AM Mon	Moon – Red		Devaloka Day	
		Until 3:50AM Mon		Chaitra•Panguni			
		Then Creative Work - Siddha Yoga					

4	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 14.25	Tithi 13	Gulika 1:33PM – 3:07PM	Purvaphalguni Until 6:04AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:44AM	
	Family Home Evening		Yama 10:26AM – 11:59AM	Ganda* Until 12:06AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 48 - 26
	Creative Work	Siddha Yoga	158896578 Rahu 7:18AM – 8:52AM	Kaulava Until 3:48PM	Nataraja: Clear		4th Phase
			Trayodashi Until 4:34AM Tue	Moon – Red		Devaloka Day	
		Until 6:04AM Tue		Chaitra•Panguni			
		Then Creative Work - Amrita Yoga					
						<i>Pradosha Vrata</i>	

5	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 352 Subhakrit 5124
	Simha Rasi: 26.37	Tithi 14	Gulika 11:59AM – 1:33PM	Purvaphalguni Until 6:04AM	Ganesha: Red	<i>Sunrise:</i> 5:43AM	
			Yama 8:51AM – 10:25AM	Vriddhi Until 12:07AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 48 - 27
	Creative Work	Siddha Yoga	158896578 Rahu 3:07PM – 4:41PM	Gara Until 5:17PM	Nataraja: Clear		4th Phase
			Chaturdashi* Until 5:50AM Wed	Moon – Red		Devaloka Day	
		Until 6:04AM		Chaitra•Panguni			
		Then Creative Work - Amrita Yoga					

○	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Visti* Karana Purnimayam Titau				Cairo, Egypt Sun 28 Sutra 353 Subhakrit 5124
	Copper Retreat Star		Gulika 10:25AM – 11:59AM	Uttaraphalguni Until 7:42AM	Ganesha: Red	<i>Sunrise:</i> 5:42AM	
	Kanya Rasi: 9.01	Tithi 15	Yama 7:16AM – 8:50AM	Dhruva Until 11:44PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 48 - Purnima
	Creative Work	Amrita Yoga	158896578 Rahu 11:59AM – 1:33PM	Visti Until 6:17PM	Nataraja: Clear		
			Purnima* Until 6:36AM Thu	Moon – Red		Devaloka Day	
		Until 7:42AM		Chaitra•Panguni			
		Then Routine Work - Marana Yoga					

○	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cairo, Egypt Sun 29 Sutra 354 Subhakrit 5124
	Silver Retreat Star		Gulika 8:50AM – 10:24AM	Hasta Until 9:11AM	Ganesha: Blue	<i>Sunrise:</i> 5:41AM	
	Kanya Rasi: 21.38	Tithi 15 – 16	Yama 5:41AM – 7:15AM	Vyaghata* Until 11:00PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - Prathama
	Creative Work	Marana Yoga	168896578 Rahu 1:33PM – 3:07PM	Balava Until 6:49PM	Nataraja: Clear		
			Purnima* Until 6:36AM	Moon – Green		Bhuloka Day	
		Until 9:11AM		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
		Then Creative Work - Siddha Yoga					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cairo, Egypt
Sutra 355

Tula Rasi: 4.28 Tithi 16 – 17

Gulika 7:14AM – 8:49AM
Yama 3:07PM – 4:42PM
168896578 **Rahu** 10:24AM – 11:58AM

Chitra **Until 10:03AM**
Harshana **Until 9:54PM**
Taitila **Until 6:51PM**
Prathama* Until 6:52AM

Ganesha: Blue *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cairo, Egypt
Sun 1
Sutra 356

Tula Rasi: 17.32 Tithi 17 – 18

Gulika 5:39AM – 7:13AM
Yama 1:33PM – 3:08PM
168896578 **Rahu** 8:48AM – 10:23AM

Svati **Until 10:18AM**
Vajra* **Until 8:26PM**
Vanija **Until 6:27PM**
Dvitiya **Until 6:41AM**

Ganesha: Blue *Sunrise:* 5:39AM
Muruqa: Clear *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Sunday, April 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti*/Balava Karana Tritiya/Chatrthyam Titau

Cairo, Egypt
Sun 2
Sutra 357

Vrischika Rasi: 0.49 Tithi 18 – 19

Gulika 3:08PM – 4:43PM
Yama 11:58AM – 1:33PM
179896578 **Rahu** 4:43PM – 6:18PM

Vishakha **Until 10:28AM**
Siddhi **Until 6:40PM**
Balava **Until 5:06AM Mon**
Tritiya **Until 6:05AM**

Ganesha: Red *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

3

Monday, April 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Cairo, Egypt
Sun 3
Sutra 358

Vrischika Rasi: 14.19 Tithi 20

Family Home Evening

Gulika 1:33PM – 3:08PM
Yama 10:22AM – 11:57AM
179896578 **Rahu** 7:12AM – 8:47AM

Anuradha **Until 10:07AM**
Vyatipata* **Until 4:38PM**
Kaulava **Until 4:30PM**
Panchami **Until 3:47AM Tue**

Ganesha: Red *Sunrise:* 5:36AM
Muruqa: Clear *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, April 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Cairo, Egypt
Sun 4
Sutra 359

Vrischika Rasi: 28.01 Tithi 21

Until 9:17AM

Then Creative Work - Amrita Yoga

Gulika 11:57AM – 1:33PM
Yama 8:46AM – 10:22AM
179896578 **Rahu** 3:08PM – 4:44PM

Jyeshtha* **Until 9:17AM**
Variyan **Until 2:19PM**
Gara **Until 3:02PM**
Shashthi* **Until 2:10AM Wed**

Ganesha: Red *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

5

Wednesday, April 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Cairo, Egypt
Sun 5
Sutra 360

Dhanus Rasi: 11.53 Tithi 22

Until 8:28AM

Then Creative Work - Amrita Yoga

Gulika 10:21AM – 11:57AM
Yama 7:10AM – 8:45AM
189896578 **Rahu** 11:57AM – 1:33PM

Mula* **Until 8:28AM**
Parigha* **Until 11:47AM**
Visti **Until 1:16PM**
Saptami **Until 12:16AM Thu**

Ganesha: Green *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Cairo, Egypt
Sun 6
Sutra 361

Dhanus Rasi: 25.56 Tithi 23

Creative Work Siddha Yoga

Until 7:14AM

Then Routine Work - Marana Yoga

Gulika 8:45AM – 10:21AM
Yama 5:33AM – 7:09AM
189996578 **Rahu** 1:32PM – 3:08PM

Purvashadha* **Until 7:14AM**
Shiva **Until 9:04AM**
Balava **Until 11:15AM**
Ashtami* **Until 10:09PM**

Ganesha: White *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Cairo, Egypt
Sun 7
Sutra 362

Makara Rasi: 10.07 Tithi 24

Routine Work Marana Yoga

Until 4:10AM Sat

Then Creative Work - Siddha Yoga

Gulika 7:08AM – 8:44AM
Yama 3:09PM – 4:45PM
199996578 **Rahu** 10:20AM – 11:56AM

Chidambaram Abhishekam
Tamil New Year

Shravana **Until 4:10AM Sat**
Siddha **Until 6:08AM**
Taitila **Until 9:01AM**
Navami* **Until 7:49PM**

Ganesha: Clear *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Sobhana 5125
Moon 4 - Phase 49 - 7
Navami


Devaloka Day

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 8 Sutra 363 Sobhana 5125
	Makara Rasi: 24.25	Tithi 25 – 26	Gulika 5:31AM – 7:07AM	Dhanishtha Until 2:26AM Sun	Ganesha: White	<i>Sunrise:</i> 5:31AM	
			Yama 1:32PM – 3:09PM	Subha Until 11:57PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 4 - Phase 1 - 8
	Creative Work	Siddha Yoga	299996578 Rahu 8:43AM – 10:20AM	Vanija Until 6:38AM	Nataraja: Clear		2nd Phase
			Dashami Until 5:22PM	Moon – Purple		Bhuloka Day	
				Chaitra•Chaitra		Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Cairo, Egypt Sun 9 Sutra 364 Sobhana 5125
	Kumbha Rasi: 8.47	Tithi 26 – 27	Gulika 3:09PM – 4:46PM	Shatabhishak Until 12:33AM Mon	Ganesha: White	<i>Sunrise:</i> 5:29AM	
			Yama 11:56AM – 1:32PM	Sukla Until 8:46PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 4 - Phase 1 - 9
	Creative Work	Siddha Yoga	299996578 Rahu 4:46PM – 6:22PM	Kaulava Until 1:37AM Mon	Nataraja: Clear		2nd Phase
			Ekadashi* Until 2:51PM	Moon – Purple		Bhuloka Day	
				Chaitra•Chaitra		Devaloka Time: 3:PM to 6:PM	
						Then Routine Work - Marana Yoga	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Cairo, Egypt Sun 10 Sutra 1 Sobhana 5125
	Kumbha Rasi: 23.1	Tithi 27 – 28	Gulika 1:32PM – 3:09PM	Purvaproshtapada* Until 11:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:28AM	
	Family Home Evening		Yama 10:19AM – 11:56AM	Brahma Until 5:39PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 1 - 10
	Routine Work	Marana Yoga	211996578 Rahu 7:05AM – 8:42AM	Gara Until 11:11PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 12:22PM	Moon – Clear		Devaloka Day	
				Chaitra•Chaitra			
						Then Creative Work - Siddha Yoga	
						<i>Pradosha Vrata (Fasting)</i>	

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Cairo, Egypt Sun 11 Sutra 2 Sobhana 5125
	Meena Rasi: 7.28	Tithi 28 – 29	Gulika 11:55AM – 1:32PM	Uttaraproshtapada Until 9:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:27AM	
			Yama 8:41AM – 10:18AM	Indra Until 2:40PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 1 - 11
	Creative Work	Amrita Yoga	211996578 Rahu 3:09PM – 4:46PM	Visti Until 8:57PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 10:01AM	Moon – Clear		Devaloka Day	
				Chaitra•Chaitra			
						Then Creative Work - Siddha Yoga	

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cairo, Egypt Sun 12 Sutra 3 Sobhana 5125
	Retreat Star		Gulika 10:18AM – 11:55AM	Revati Until 8:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:26AM	
	Meena Rasi: 21.37	Tithi 29 – 30	Yama 7:03AM – 8:41AM	Vaidhriti* Until 11:54AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 1 - 12
	Routine Work	Marana Yoga	211996578 Rahu 11:55AM – 1:32PM	Catuspada Until 7:02PM	Nataraja: Clear		Amavasya
			Chaturdashi* Until 7:55AM	Moon – Clear		Devaloka Day	
				Chaitra•Chaitra			

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Cairo, Egypt Sun 13 Sutra 4 Sobhana 5125
	Mesha Rasi: 5.32	Tithi 30 – 1	Gulika 8:40AM – 10:17AM	Ashvini Until 7:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	
			Yama 5:25AM – 7:02AM	Vishkambha* Until 9:28AM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 1 - 13
	Creative Work	Amrita Yoga	221996578 Rahu 1:32PM – 3:10PM	Bava Until 4:58AM Fri	Nataraja: Clear		Prathama
			Amavasya* Until 6:12AM	Moon – White		Devaloka Day	
				Vaisaka•Chaitra			
						Then Creative Work - Siddha Yoga	

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cairo, Egypt Sun 14 Sutra 5
	Mesha Rasi: 19.1	Tithi 2	Gulika 7:02AM – 8:39AM	Bharani Until 7:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Sobhana 5125
			Yama 3:10PM – 4:48PM	Priti Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 2 - 14
	221996578	Rahu 10:17AM – 11:55AM	Balava Until 4:35PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:19AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Tailila/Gara Karana Tritiyayam Titau				Cairo, Egypt Sun 15 Sutra 6
	Vrishabha Rasi: 2.27	Tithi 3	Gulika 5:23AM – 7:01AM	Krittika Until 7:44PM	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Sobhana 5125
			Yama 1:32PM – 3:10PM	Saubhagya Until 4:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 2 - 15
	221996578	Rahu 8:39AM – 10:17AM	Taitila Until 4:15PM		Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 4:19AM Sun	Moon – White		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Cairo, Egypt Sun 16 Sutra 7
	Vrishabha Rasi: 15.24	Tithi 4	Gulika 3:10PM – 4:48PM	Rohini Until 8:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:22AM	Sobhana 5125
			Yama 11:54AM – 1:32PM	Sobhana Until 4:20AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 2 - 16
	231996578	Rahu 4:48PM – 6:27PM	Vanija Until 4:35PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 4:59AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Cairo, Egypt Sun 17 Sutra 8
	Vrishabha Rasi: 28.02	Tithi 5	Gulika 1:32PM – 3:11PM	Mrigashira Until 10:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	Sobhana 5125
	Family Home Evening		Yama 10:16AM – 11:54AM	Athiganda* Until 4:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 2 - 17
	231996578	Rahu 6:59AM – 8:37AM	Bava Until 5:34PM		Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 6:15AM Tue	Moon – Yellow		Devaloka Day	
Until 10:40PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cairo, Egypt Sun 18 Sutra 9
	Mithuna Rasi: 10.24	Tithi 5 – 6	Gulika 11:54AM – 1:32PM	Ardra Until 12:44AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:20AM	Sobhana 5125
			Yama 8:37AM – 10:15AM	Sukarma Until 4:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 2 - 18
	231996579	Rahu 3:11PM – 4:49PM	Kaulava Until 7:07PM		Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Panchami Until 6:15AM	Moon – Yellow		Sivaloka Day	
Until 12:44AM Wed				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Cairo, Egypt Sun 19 Sutra 10
	Mithuna Rasi: 22.34	Tithi 6 – 7	Gulika 10:15AM – 11:54AM	Punarvasu Until 3:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:19AM	Sobhana 5125
			Yama 6:58AM – 8:36AM	Dhriti Until 5:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 2 - 19
	241996579	Rahu 11:54AM – 1:32PM	Gara Until 9:06PM		Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:02AM	Moon – Blue		Subha Sivaloka Day	
Until 3:31AM Thu				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cairo, Egypt Sun 20 Sutra 11
	Retreat Star		Gulika 8:36AM – 10:15AM	Pushya Until 6:21AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:18AM	Sobhana 5125
	Kataka Rasi: 4.34	Tithi 7 – 8	Yama 5:18AM – 6:57AM	Shula* Until 6:06AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 2 - 20
	242996579	Rahu 1:32PM – 3:11PM	Visti Until 11:21PM		Nataraja: Purple		Ashtami
Creative Work	Amrita Yoga		Saptami Until 10:11AM	Moon – Blue		Sivaloka Day	
Until 6:21AM Fri				Vaisaka-Chaitra			
Then Routine Work - Marana Yoga							

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cairo, Egypt Sun 21 Sutra 12
	Retreat Star		Gulika 6:56AM – 8:35AM	Pushya Until 6:21AM	Ganesha: Red	<i>Sunrise:</i> 5:17AM	Sobhana 5125
	Kataka Rasi: 16.29	Tithi 8 – 9	Yama 3:11PM – 4:51PM	Shula* Until 6:06AM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 2 - 21
	242996579	Rahu 10:14AM – 11:53AM	Balava Until 1:42AM Sat		Nataraja: Purple		Navami
Routine Work	Marana Yoga		Ashtami* Until 12:30PM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Ganda* Vriddhi Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Cairo, Egypt Sun 22 Sutra 13 Sobhana 5125
	Kataka Rasi: 28.23	Tithi 9 – 10	Gulika 5:16AM – 6:55AM	Ashlesha* Until 9:03AM	Ganesha: Red	Sunrise: 5:16AM	
	242996579	Rahu 8:35AM – 10:14AM	Yama 1:32PM – 3:12PM	Ganda* Until 6:57AM	Muruqa: Clear	Sunset: 6:30PM	Moon 4 - Phase 3 - 22 4th Phase
Routine Work Marana Yoga Until 9:03AM Then Creative Work - Amrita Yoga		Taitila Until 3:55AM Sun		Nataraja: Purple	Sivaloka Day		
		Navami* Until 2:49PM		Moon – Blue	Vaisaka-Chaitra		


2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cairo, Egypt Sun 23 Sutra 14 Sobhana 5125
	Simha Rasi: 10.21	Tithi 10 – 11	Gulika 3:12PM – 4:51PM	Magha* Until 11:56AM	Ganesha: Blue	Sunrise: 5:15AM	
	252996579	Rahu 4:51PM – 6:31PM	Yama 11:53AM – 1:32PM	Vriddhi Until 7:42AM	Muruqa: Clear	Sunset: 6:31PM	Moon 4 - Phase 3 - 23 4th Phase
Routine Work Marana Yoga Until 11:56AM Then Creative Work - Siddha Yoga		Vanija Until 5:51AM Mon		Nataraja: Purple	Devaloka Day		
		Dashami Until 4:55PM		Moon – Red	Vaisaka-Chaitra		

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti* Karana Ekadashyam Titau				Cairo, Egypt Sun 24 Sutra 15 Sobhana 5125
	Simha Rasi: 22.26	Tithi 11	Gulika 1:33PM – 3:12PM	Purvaphalguni Until 2:17PM	Ganesha: Blue	Sunrise: 5:13AM	
	252996579	Rahu 6:53AM – 8:33AM	Yama 10:13AM – 11:53AM	Dhruva Until 8:10AM	Muruqa: Clear	Sunset: 6:32PM	Moon 4 - Phase 3 - 24 4th Phase
Family Home Evening Creative Work Siddha Yoga		Visti Until 6:38PM		Nataraja: Purple	Devaloka Day		
		Ekadashi Until 6:38PM		Moon – Red	Vaisaka-Chaitra		

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Cairo, Egypt Sun 25 Sutra 16 Sobhana 5125
	Kanya Rasi: 4.43	Tithi 12	Gulika 11:53AM – 1:33PM	Uttaraphalguni Until 4:00PM	Ganesha: Blue	Sunrise: 5:12AM	
	252996579	Rahu 3:13PM – 4:53PM	Yama 8:32AM – 10:13AM	Vyaghata* Until 8:17AM	Muruqa: Clear	Sunset: 6:33PM	Moon 4 - Phase 3 - 25 4th Phase
Creative Work Amrita Yoga Until 4:00PM Then Creative Work - Siddha Yoga		Bava Until 7:19AM		Nataraja: Purple	Devaloka Day		
		Dvadashi Until 7:48PM		Moon – Red	Vaisaka-Chaitra		

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cairo, Egypt Sun 26 Sutra 17 Sobhana 5125
	Kanya Rasi: 17.14	Tithi 13	Gulika 10:12AM – 11:52AM	Hasta Until 5:27PM	Ganesha: Yellow	Sunrise: 5:11AM	
	262996579	Rahu 11:52AM – 1:33PM	Yama 6:52AM – 8:32AM	Harshana Until 7:58AM	Muruqa: Clear	Sunset: 6:34PM	Moon 4 - Phase 3 - 26 4th Phase
Routine Work Marana Yoga Until 5:27PM Then Creative Work - Siddha Yoga		Kaulava Until 8:11AM		Nataraja: Purple	Sivaloka Day		
		Trayodashi Until 8:22PM		Moon – Green	Vaisaka-Chaitra		
				<i>Pradosha Vrata</i>			

6	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Cairo, Egypt Sun 27 Sutra 18 Sobhana 5125
	Tula Rasi: 0.04	Tithi 14	Gulika 8:31AM – 10:12AM	Chitra Until 6:07PM	Ganesha: Yellow	Sunrise: 5:11AM	
	262996579	Rahu 1:33PM – 3:13PM	Yama 5:11AM – 6:51AM	Vajra* Until 7:07AM	Muruqa: Clear	Sunset: 6:34PM	Moon 4 - Phase 3 - 27 4th Phase
Creative Work Siddha Yoga Until 6:07PM Then Creative Work - Amrita Yoga		Gara Until 8:26AM		Nataraja: Purple	Sivaloka Day		
		Chaturdashi* Until 8:18PM		Moon – Green	Vaisaka-Chaitra		

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Cairo, Egypt Sun 28 Sutra 19 Sobhana 5125
	Tula Rasi: 13.12	Tithi 15	Gulika 6:50AM – 8:31AM	Svati Until 6:02PM	Ganesha: Yellow	Sunrise: 5:10AM	
	262996579	Rahu 10:12AM – 11:52AM	Yama 3:14PM – 4:54PM	Vyatipata* Until 4:01AM Sat	Muruqa: Clear	Sunset: 6:35PM	Moon 4 - Phase 3 - Purnima
Creative Work Siddha Yoga		Visti Until 8:03AM		Nataraja: Purple	Sivaloka Day		
		Purnima* Until 7:37PM		Moon – Green	Vaisaka-Chaitra		
		Budha Purnima (Tamil Nadu)					

7	Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Cairo, Egypt Sun 29 Sutra 20 Sobhana 5125
	Tula Rasi: 26.39	Tithi 16	Gulika 5:09AM – 6:50AM	Vishakha Until 5:43PM	Ganesha: White	Sunrise: 5:09AM	
	272996579	Rahu 8:31AM – 10:11AM	Yama 1:33PM – 3:14PM	Variyan Until 1:50AM Sun	Muruqa: Clear	Sunset: 6:35PM	Moon 4 - Phase 3 - Prathama
Creative Work Siddha Yoga		Balava Until 7:05AM		Nataraja: Purple	Devaloka Day		
		Prathama* Until 6:24PM		Moon – Orange	Vaisaka-Chaitra		