



**Monday, April 18, 2022**  
**Gold Retreat Star**

Tula Rasi: 22.22 Tithi 17 – 18  
**Family Home Evening** 278345478  
Routine Work Marana Yoga  
Until 12:07AM Tue  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 2:10PM – 3:34PM  
Yama 11:23AM – 12:46PM  
**Rahu** 8:35AM – 9:59AM  
**Vishakha Until 12:07AM Tue**  
Siddhi Until 4:51PM  
Vanija Until 2:32AM Tue  
**Dvitiya Until 3:54PM**

**Ganesha:** Purple *Sunrise:* 7:11AM  
**Muruqa:** White *Sunset:* 6:21PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Cape Town, South Africa  
Sun 1 Sutra 2  
Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

**Bhuloka Day**

**1**

**Tuesday, April 19, 2022**

Vrischika Rasi: 6.53 Tithi 18 – 19  
278345478  
Creative Work Siddha Yoga  
Until 10:06PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 12:46PM – 2:10PM  
Yama 9:59AM – 11:23AM  
**Rahu** 3:33PM – 4:57PM  
**Anuradha Until 10:06PM**  
Vyatipata\* Until 1:29PM  
Bava Until 11:45PM  
**Tritiya Until 1:07PM**

**Ganesha:** Purple *Sunrise:* 7:12AM  
**Muruqa:** White *Sunset:* 6:20PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Cape Town, South Africa  
Sun 1 Sutra 2  
Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

**Bhuloka Day**

**2**

**Wednesday, April 20, 2022**

Vrischika Rasi: 21.26 Tithi 19 – 20  
278345478  
Creative Work Siddha Yoga  
Until 8:00PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Varyiana/Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:23AM – 12:46PM  
Yama 8:36AM – 9:59AM  
**Rahu** 12:46PM – 2:09PM  
**Jyeshtha\* Until 8:00PM**  
Variyan Until 10:05AM  
Kaulava Until 9:01PM  
**Chaturthi\* Until 10:21AM**

**Ganesha:** Purple *Sunrise:* 7:13AM  
**Muruqa:** White *Sunset:* 6:19PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Cape Town, South Africa  
Sun 2 Sutra 3  
Subhakrit 5124  
Moon 4 - Phase 1 - 2 1st Phase

**Bhuloka Day**

**3**

**Thursday, April 21, 2022**

Dhanus Rasi: 5.56 Tithi 20 – 21  
288345478  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:00AM – 11:23AM  
Yama 7:14AM – 8:37AM  
**Rahu** 2:09PM – 3:32PM  
**Mula\* Until 6:19PM**  
Parigha\* Until 6:47AM  
Gara Until 6:25PM  
**Panchami Until 7:40AM**

**Ganesha:** Clear *Sunrise:* 7:14AM  
**Muruqa:** White *Sunset:* 6:18PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Cape Town, South Africa  
Sun 3 Sutra 4  
Subhakrit 5124  
Moon 4 - Phase 1 - 3 1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, April 22, 2022**

Dhanus Rasi: 20.18 Tithi 22  
289345478  
Routine Work Prabalarishta Yoga  
Until 4:43PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:37AM – 10:00AM  
Yama 3:31PM – 4:54PM  
**Rahu** 11:23AM – 12:45PM  
**Purvashadha\* Until 4:43PM**  
Siddha Until 12:42AM Sat  
Visti Until 4:03PM  
**Saptami Until 2:57AM Sat**

**Ganesha:** Purple *Sunrise:* 7:14AM  
**Muruqa:** White *Sunset:* 6:17PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Cape Town, South Africa  
Sun 4 Sutra 5  
Subhakrit 5124  
Moon 4 - Phase 1 - 4 1st Phase

**Devaloka Day**

**5**

**Saturday, April 23, 2022**  
**Retreat Star**

Makara Rasi: 4.29 Tithi 23  
289345478  
Routine Work Marana Yoga  
Until 3:15PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 7:15AM – 8:38AM  
Yama 2:08PM – 3:30PM  
**Rahu** 10:00AM – 11:23AM  
**Uttarashadha Until 3:15PM**  
Sadhya Until 10:00PM  
Balava Until 1:58PM  
**Ashtami\* Until 1:02AM Sun**

**Ganesha:** Purple *Sunrise:* 7:15AM  
**Muruqa:** White *Sunset:* 6:16PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Cape Town, South Africa  
Sun 5 Sutra 6  
Subhakrit 5124  
Moon 4 - Phase 1 - 5 Ashtami

**Devaloka Day**

**Sunday, April 24, 2022**  
**Retreat Star**

Makara Rasi: 18.29 Tithi 24  
299345478  
Creative Work Amrita Yoga  
Until 2:24PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 3:30PM – 4:52PM  
Yama 12:45PM – 2:07PM  
**Rahu** 4:52PM – 6:14PM  
**Shravana Until 2:24PM**  
Subha Until 7:35PM  
Taitila Until 12:12PM  
**Navami\* Until 11:26PM**

**Ganesha:** Clear *Sunrise:* 7:16AM  
**Muruqa:** White *Sunset:* 6:14PM  
**Nataraja:** White  
Moon – Purple  
Chaitra\*Chaitra

Cape Town, South Africa  
Sun 6 Sutra 7  
Subhakrit 5124  
Moon 4 - Phase 1 - 6 Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

<b>1</b>	<b>Monday, April 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Cape Town, South Africa Sun 7 Sutra 8
	Kumbha Rasi: 2.15	Tithi 25	<b>Gulika</b> 2:07PM – 3:29PM	<b>Dhanishtha</b> Until 1:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:17AM	Subhakrit 5124
	<b>Family Home Evening</b>	299345479	Yama 11:23AM – 12:45PM	Sukla Until 5:26PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:13PM	Moon 4 - Phase 2 - 7
	Creative Work Siddha Yoga		<b>Rahu</b> 8:39AM – 10:01AM	Vanija Until 10:47AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 10:12PM	Moon – Purple		<b>Devaloka Day</b>	
				Chaitra*Chaitra			

<b>2</b>	<b>Tuesday, April 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Cape Town, South Africa Sun 8 Sutra 9
	Kumbha Rasi: 15.49	Tithi 26	<b>Gulika</b> 12:45PM – 2:07PM	<b>Shatabhishak</b> Until 1:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:17AM	Subhakrit 5124
		299345479	Yama 10:01AM – 11:23AM	Brahma Until 3:36PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:12PM	Moon 4 - Phase 2 - 8
	Routine Work Marana Yoga		<b>Rahu</b> 3:29PM – 4:50PM	Bava Until 9:45AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 9:21PM	Moon – Purple		<b>Devaloka Day</b>	
				Chaitra*Chaitra			

<b>3</b>	<b>Wednesday, April 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Cape Town, South Africa Sun 9 Sutra 10
	Kumbha Rasi: 29.08	Tithi 27	<b>Gulika</b> 11:23AM – 12:45PM	<b>Purvaproshtapada*</b> Until 1:36PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:18AM	Subhakrit 5124
		219345479	Yama 8:40AM – 10:01AM	Indra Until 2:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:11PM	Moon 4 - Phase 2 - 9
	Creative Work Amrita Yoga		<b>Rahu</b> 12:45PM – 2:06PM	Kaulava Until 9:07AM	<b>Nataraja:</b> Clear		2nd Phase
Until 1:36PM			<b>Dvadashi*</b> Until 8:56PM	Moon – Clear		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra			

<b>4</b>	<b>Thursday, April 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Cape Town, South Africa Sun 10 Sutra 11
	Meena Rasi: 12.15	Tithi 28	<b>Gulika</b> 10:02AM – 11:23AM	<b>Uttaraproshtapada</b> Until 2:10PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:19AM	Subhakrit 5124
		219445479	Yama 7:19AM – 8:40AM	Vaidhriti* Until 12:57PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:10PM	Moon 4 - Phase 2 - 10
	Creative Work Siddha Yoga		<b>Rahu</b> 2:06PM – 3:27PM	Gara Until 8:54AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 8:57PM	Moon – Clear		<b>Bhuloka Day</b>	
				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Friday, April 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Cape Town, South Africa Sun 11 Sutra 12
	Meena Rasi: 25.07	Tithi 29	<b>Gulika</b> 8:41AM – 10:02AM	<b>Revati</b> Until 3:02PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:19AM	Subhakrit 5124
		219445479	Yama 3:27PM – 4:48PM	Vishkambha* Until 12:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:09PM	Moon 4 - Phase 2 - 11
	Creative Work Siddha Yoga		<b>Rahu</b> 11:23AM – 12:44PM	Visti Until 9:10AM	<b>Nataraja:</b> Clear		2nd Phase
Until 3:02PM			<b>Chaturdashi*</b> Until 9:27PM	Moon – Clear		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM	

	<b>Saturday, April 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cape Town, South Africa Sun 12 Sutra 13
	<b>Retreat Star</b>		<b>Gulika</b> 7:20AM – 8:41AM	<b>Ashvini</b> Until 4:41PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:20AM	Subhakrit 5124
	Mesha Rasi: 7.46	Tithi 30	Yama 2:05PM – 3:26PM	Priti Until 11:48AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:08PM	Moon 4 - Phase 2 - 12
		221445479	<b>Rahu</b> 10:02AM – 11:23AM	Catuspada Until 9:55AM	<b>Nataraja:</b> Clear		Amavasya
Creative Work Siddha Yoga			<b>Amavasya*</b> Until 10:27PM	Moon – White		<b>Bhuloka Day</b>	
				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>	<b>Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Cape Town, South Africa Sun 13 Sutra 14
	Mesha Rasi: 20.11	Tithi 1	<b>Gulika</b> 3:26PM – 4:46PM	<b>Bharani</b> Until 6:40PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:21AM	Subhakrit 5124
		221445479	Yama 12:44PM – 2:05PM	Ayushman Until 11:46AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:07PM	Moon 4 - Phase 2 - 13
	Routine Work Prabalarishta Yoga		<b>Rahu</b> 4:46PM – 6:07PM	Kintughna Until 11:10AM	<b>Nataraja:</b> Clear		Prathama
Until 6:40PM			<b>Prathama*</b> Until 11:56PM	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cape Town, South Africa Sun 14 Sutra 15	
1 Vrishabha Rasi: 2.24 Family Home Evening Routine Work Marana Yoga Until 8:55PM Then Creative Work - Amrita Yoga	Tithi 2 221445479	Gulika	2:04PM – 3:25PM	Krittika Until 8:55PM	Ganesha: Green	Sunrise: 7:22AM	Subhakit 5124 Moon 4 - Phase 3 - 14 3rd Phase
		Yama	11:23AM – 12:44PM	Saubhagya Until 12:07PM	Muruqa: White	Sunset: 6:06PM	
		Rahu	8:42AM – 10:03AM	Balava Until 12:52PM	Nataraja: Clear		
				Dvitiya Until 1:51AM Tue	Moon – White		
				Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

Tuesday, May 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Cape Town, South Africa Sun 15 Sutra 16	
2 Vrishabha Rasi: 14.27 Creative Work Amrita Yoga Until 11:50PM Then Creative Work - Siddha Yoga	Tithi 3 231445479	Gulika	12:44PM – 2:04PM	Rohini Until 11:50PM	Ganesha: White	Sunrise: 7:22AM	Subhakit 5124 Moon 4 - Phase 3 - 15 3rd Phase
		Yama	10:03AM – 11:23AM	Sobhana Until 12:47PM	Muruqa: White	Sunset: 6:05PM	
		Rahu	3:25PM – 4:45PM	Taitila Until 2:58PM	Nataraja: Clear		
				Tritiya Until 4:06AM Wed	Moon – Yellow		
		Akshaya Tritiya		Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

Wednesday, May 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Cape Town, South Africa Sun 16 Sutra 17	
3 Vrishabha Rasi: 26.23 Creative Work Siddha Yoga Until 2:48AM Thu Then Routine Work - Marana Yoga	Tithi 4 231445479	Gulika	11:24AM – 12:44PM	Mrigashira Until 2:48AM Thu	Ganesha: White	Sunrise: 7:23AM	Subhakit 5124 Moon 4 - Phase 3 - 16 3rd Phase
		Yama	8:43AM – 10:03AM	Athiganda* Until 1:38PM	Muruqa: White	Sunset: 6:04PM	
		Rahu	12:44PM – 2:04PM	Vanija Until 5:21PM	Nataraja: Clear		
				Chaturthi* Until 6:34AM Thu	Moon – Yellow		
				Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

Thursday, May 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Cape Town, South Africa Sun 17 Sutra 18	
4 Mithuna Rasi: 8.14 Routine Work Marana Yoga Until 5:40AM Fri Then Creative Work - Siddha Yoga	Tithi 4 – 5 231445479	Gulika	10:04AM – 11:24AM	Ardra Until 5:40AM Fri	Ganesha: White	Sunrise: 7:24AM	Subhakit 5124 Moon 4 - Phase 3 - 17 3rd Phase
		Yama	7:24AM – 8:44AM	Sukarma Until 2:37PM	Muruqa: White	Sunset: 6:03PM	
		Rahu	2:04PM – 3:23PM	Bava Until 7:51PM	Nataraja: Clear		
				Chaturthi* Until 6:34AM	Moon – Yellow		
				Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

Friday, May 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cape Town, South Africa Sun 18 Sutra 19	
5 Mithuna Rasi: 20.04 Creative Work Siddha Yoga	Tithi 5 – 6 241445479	Gulika	8:44AM – 10:04AM	Punarvasu Until 8:46AM Sat	Ganesha: Clear	Sunrise: 7:25AM	Subhakit 5124 Moon 4 - Phase 3 - 18 3rd Phase
		Yama	3:23PM – 4:43PM	Dhriti Until 3:36PM	Muruqa: White	Sunset: 6:02PM	
		Rahu	11:24AM – 12:44PM	Kaulava Until 10:18PM	Nataraja: Clear		
				Panchami Until 9:04AM	Moon – Blue		
				Vaisaka-Chaitra	Devaloka Day		

Saturday, May 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cape Town, South Africa Sun 19 Sutra 20	
6 Kataka Rasi: 1.56 Creative Work Siddha Yoga	Tithi 6 – 7 241445479	Gulika	7:25AM – 8:45AM	Punarvasu Until 8:46AM	Ganesha: Clear	Sunrise: 7:25AM	Subhakit 5124 Moon 4 - Phase 3 - 19 3rd Phase
		Yama	2:03PM – 3:23PM	Shula* Until 4:26PM	Muruqa: White	Sunset: 6:02PM	
		Rahu	10:04AM – 11:24AM	Gara Until 12:31AM Sun	Nataraja: Clear		
				Shashthi* Until 11:26AM	Moon – Blue		
				Vaisaka-Chaitra	Devaloka Day		

Sunday, May 8, 2022 Retreat Star		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cape Town, South Africa Sun 20 Sutra 21	
Kataka Rasi: 13.56 Creative Work Siddha Yoga	Tithi 7 – 8 241445479	Gulika	3:22PM – 4:41PM	Pushya Until 11:25AM	Ganesha: Clear	Sunrise: 7:26AM	Subhakit 5124 Moon 4 - Phase 3 - 20 Ashtami
		Yama	12:43PM – 2:03PM	Ganda* Until 5:00PM	Muruqa: White	Sunset: 6:01PM	
		Rahu	4:41PM – 6:01PM	Visti Until 2:20AM Mon	Nataraja: Clear		
				Saptami Until 1:28PM	Moon – Blue		
		Mother's Day		Vaisaka-Chaitra	Devaloka Day		

Monday, May 9, 2022 Retreat Star		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cape Town, South Africa Sun 21 Sutra 22	
Kataka Rasi: 26.06 Family Home Evening Creative Work Siddha Yoga Until 1:25PM Then Routine Work - Marana Yoga	Tithi 8 – 9 241445479	Gulika	2:02PM – 3:22PM	Ashlesha* Until 1:25PM	Ganesha: Clear	Sunrise: 7:27AM	Subhakit 5124 Moon 4 - Phase 3 - 21 Navami
		Yama	11:24AM – 12:43PM	Vridhi Until 5:11PM	Muruqa: White	Sunset: 6:00PM	
		Rahu	8:46AM – 10:05AM	Balava Until 3:33AM Tue	Nataraja: Clear		
				Ashtami* Until 3:00PM	Moon – Blue		
				Vaisaka-Chaitra	Devaloka Day		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


<b>1</b>		<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Cape Town, South Africa Sun 22 Sutra 23	
Simha Rasi: 8.31	Tithi 9 – 10	<b>Gulika</b> 12:43PM – 2:02PM	<b>Magha* Until 3:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:28AM	Subhakrit 5124	
		Yama 10:05AM – 11:24AM	Dhruva Until 4:49PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:59PM	Moon 4 - Phase 4 - 22	
		252445479 <b>Rahu</b> 3:21PM – 4:40PM	Taitila Until 4:04AM Wed	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 3:53PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>2</b>		<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Cape Town, South Africa Sun 23 Sutra 24	
Simha Rasi: 21.16	Tithi 10 – 11	<b>Gulika</b> 11:25AM – 12:43PM	<b>Purvaphalguni Until 3:57PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:28AM	Subhakrit 5124	
		Yama 8:47AM – 10:06AM	Vyaghata* Until 3:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:59PM	Moon 4 - Phase 4 - 23	
		252445479 <b>Rahu</b> 12:43PM – 2:02PM	Vanija Until 3:49AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 4:01PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>3</b>		<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Cape Town, South Africa Sun 24 Sutra 25	
Kanya Rasi: 4.23	Tithi 11 – 12	<b>Gulika</b> 10:06AM – 11:25AM	<b>Uttaraphalguni Until 3:51PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:29AM	Subhakrit 5124	
		Yama 7:29AM – 8:48AM	Harshana Until 2:21PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:57PM	Moon 4 - Phase 4 - 24	
		252445479 <b>Rahu</b> 2:02PM – 3:20PM	Bava Until 2:47AM Fri	<b>Nataraja:</b> Clear		4th Phase	
	Amrita Yoga		<b>Ekadashi Until 3:23PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 3:51PM				Vaisaka-Chaitra			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Cape Town, South Africa Sun 25 Sutra 26	
Kanya Rasi: 17.57	Tithi 12 – 13	<b>Gulika</b> 8:48AM – 10:07AM	<b>Hasta Until 3:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:30AM	Subhakrit 5124	
		Yama 3:20PM – 4:38PM	Vajra* Until 12:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:57PM	Moon 4 - Phase 4 - 25	
		262445479 <b>Rahu</b> 11:25AM – 12:43PM	Kaulava Until 1:02AM Sat	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi Until 1:58PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 3:19PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga				Pradosha Vrata			

<b>5</b>		<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Cape Town, South Africa Sun 26 Sutra 27	
Tula Rasi: 1.56	Tithi 13 – 14	<b>Gulika</b> 7:31AM – 8:49AM	<b>Chitra Until 1:58PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:31AM	Subhakrit 5124	
		Yama 2:01PM – 3:20PM	Siddhi Until 9:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:56PM	Moon 4 - Phase 4 - 26	
		262445479 <b>Rahu</b> 10:07AM – 11:25AM	Gara Until 10:40PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 11:54AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 1:58PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

		<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Cape Town, South Africa Sun 27 Sutra 28	
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:19PM – 4:37PM	<b>Svati Until 11:56AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:31AM	Subhakrit 5124	
Tula Rasi: 16.18	Tithi 14 – 15	Yama 12:43PM – 2:01PM	Vyatipata* Until 6:19AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:55PM	Moon 4 - Phase 4 - 27	
		262445479 <b>Rahu</b> 4:37PM – 5:55PM	Visti Until 7:49PM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:16AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 11:56AM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

<b>Monday, May 16, 2022</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Cape Town, South Africa Sun 29 Sutra 29	
Vrischika Rasi: 0.59	Tithi 15 – 16	<b>Gulika</b> 2:01PM – 3:19PM	<b>Vishakha Until 9:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:32AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 11:25AM – 12:43PM	Parigha* Until 11:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:55PM	Moon 4 - Phase 4 -	
		272445479 <b>Rahu</b> 8:50AM – 10:08AM	Kaulava Until 2:56AM Tue	<b>Nataraja:</b> Clear		Prathama	
Routine Work	Marana Yoga		<b>Purnima* Until 6:14AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 9:47AM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa  
Sutra 30

Vrischika Rasi: 15.52 Tithi 17

272445479

**Gulika** 12:43PM – 2:01PM  
Yama 10:08AM – 11:26AM  
**Rahu** 3:19PM – 4:36PM

**Anuradha Until 7:15AM**  
Shiva Until 7:07PM  
Taitila Until 1:14PM  
**Dvitiya Until 11:31PM**

**Ganesha:** Yellow *Sunrise:* 7:33AM  
**Muruqa:** White *Sunset:* 5:54PM  
**Nataraja:** Clear  
Moon – Orange  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 7:15AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cape Town, South Africa  
Sun 1 Sutra 31

Dhanus Rasi: 0.5 Tithi 18

282445479

**Gulika** 11:26AM – 12:43PM  
Yama 8:51AM – 10:08AM  
**Rahu** 12:43PM – 2:01PM

**Mula\* Until 2:07AM Thu**  
Siddha Until 3:13PM  
Vanija Until 9:49AM  
**Tritiya Until 8:08PM**

**Ganesha:** Blue *Sunrise:* 7:33AM  
**Muruqa:** White *Sunset:* 5:53PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga  
Until 2:07AM Thu  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa  
Sun 2 Sutra 32

Dhanus Rasi: 15.43 Tithi 19 – 20

282445479

**Gulika** 10:09AM – 11:26AM  
Yama 7:34AM – 8:51AM  
**Rahu** 2:01PM – 3:18PM

**Purvashadha\* Until 11:47PM**  
Sadhya Until 11:27AM  
Bava Until 6:30AM  
**Chaturthi\* Until 4:55PM**

**Ganesha:** Blue *Sunrise:* 7:34AM  
**Muruqa:** White *Sunset:* 5:53PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 11:47PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa  
Sun 3 Sutra 33

Makara Rasi: 0.26 Tithi 20 – 21

282445479

**Gulika** 8:52AM – 10:09AM  
Yama 3:18PM – 4:35PM  
**Rahu** 11:26AM – 12:43PM

**Uttarashadha Until 9:40PM**  
Subha Until 7:55AM  
Gara Until 12:43AM Sat  
**Panchami Until 2:01PM**

**Ganesha:** Blue *Sunrise:* 7:35AM  
**Muruqa:** White *Sunset:* 5:52PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa  
Sun 4 Sutra 34

Makara Rasi: 14.53 Tithi 21 – 22

292445479

**Gulika** 7:35AM – 8:53AM  
Yama 2:01PM – 3:18PM  
**Rahu** 10:10AM – 11:27AM

**Shravana Until 8:17PM**  
Brahma Until 1:51AM Sun  
Visti Until 10:28PM  
**Shashthi\* Until 11:31AM**

**Ganesha:** Red *Sunrise:* 7:35AM  
**Muruqa:** White *Sunset:* 5:52PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Sunday, May 22, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa  
Sun 5 Sutra 35

Makara Rasi: 28.59 Tithi 22 – 23

292445479

**Gulika** 3:17PM – 4:34PM  
Yama 12:44PM – 2:00PM  
**Rahu** 4:34PM – 5:51PM

**Dhanishtha Until 7:17PM**  
Indra Until 11:29PM  
Balava Until 8:45PM  
**Saptami Until 9:31AM**

**Ganesha:** Red *Sunrise:* 7:36AM  
**Muruqa:** White *Sunset:* 5:51PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
Ashtami

Routine Work Marana Yoga  
Until 7:17PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Monday, May 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa  
Sun 6 Sutra 36

Kumbha Rasi: 12.45 Tithi 23 – 24

293445479

**Gulika** 2:00PM – 3:17PM  
Yama 11:27AM – 12:44PM  
**Rahu** 8:54AM – 10:10AM

**Shatabhishak Until 6:43PM**  
Vaidhriti\* Until 9:34PM  
Taitila Until 7:38PM  
**Ashtami\* Until 8:06AM**

**Ganesha:** Green *Sunrise:* 7:37AM  
**Muruqa:** White *Sunset:* 5:50PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
Navami

Creative Work Siddha Yoga  
Until 6:43PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

times are standard time. Calculated for Cape Town, South Africa on :

www.gurudeva.org/panchang


<b>1</b>	<b>Tuesday, May 24, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 7 Sutra 37
	Kumbha Rasi: 26.1	Tithi 24 – 25	<b>Gulika</b> 12:44PM – 2:00PM <b>Yama</b> 10:11AM – 11:27AM <b>Rahu</b> 3:17PM – 4:33PM	<b>Purvaproshtapada* Until 7:03PM</b> Vishkambha* Until 8:09PM Vanija Until 7:06PM <b>Navami* Until 7:16AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:38AM <b>Sunset:</b> 5:50PM	Subhakrit 5124 Moon 5 - Phase 6 - 7 2nd Phase <b>Devaloka Day</b>
	Routine Work Marana Yoga Until 7:03PM Then Creative Work - Amrita Yoga						

<b>2</b>	<b>Wednesday, May 25, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 8 Sutra 38
	Meena Rasi: 9.16	Tithi 25 – 26	<b>Gulika</b> 11:27AM – 12:44PM <b>Yama</b> 8:55AM – 10:11AM <b>Rahu</b> 12:44PM – 2:00PM	<b>Uttaraproshtapada Until 7:48PM</b> Priti Until 7:13PM Bava Until 7:10PM <b>Dashami Until 7:02AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:38AM <b>Sunset:</b> 5:50PM	Subhakrit 5124 Moon 5 - Phase 6 - 8 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 7:48PM Then Routine Work - Marana Yoga						

<b>3</b>	<b>Thursday, May 26, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Cape Town, South Africa Sun 9 Sutra 39
	Meena Rasi: 22.04	Tithi 26 – 27	<b>Gulika</b> 10:11AM – 11:28AM <b>Yama</b> 7:39AM – 8:55AM <b>Rahu</b> 2:00PM – 3:17PM	<b>Revati Until 8:57PM</b> Ayushman Until 6:42PM Kaulava Until 7:47PM <b>Ekadashi* Until 7:23AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:39AM <b>Sunset:</b> 5:49PM	Subhakrit 5124 Moon 5 - Phase 6 - 9 2nd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga Until 8:57PM Then Creative Work - Amrita Yoga						

<b>4</b>	<b>Friday, May 27, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau				Cape Town, South Africa Sun 10 Sutra 40
	Mesha Rasi: 4.37	Tithi 27 – 28	<b>Gulika</b> 8:56AM – 10:12AM <b>Yama</b> 3:16PM – 4:33PM <b>Rahu</b> 11:28AM – 12:44PM	<b>Ashvini Until 10:54PM</b> Saubhagya Until 6:35PM Gara Until 8:55PM <b>Dvadashi* Until 8:17AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:39AM <b>Sunset:</b> 5:49PM	Subhakrit 5124 Moon 5 - Phase 6 - 10 2nd Phase <b>Devaloka Day</b>
	Creative Work Amrita Yoga Until 10:54PM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Saturday, May 28, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 11 Sutra 41
	Mesha Rasi: 16.57	Tithi 28 – 29	<b>Gulika</b> 7:40AM – 8:56AM <b>Yama</b> 2:00PM – 3:16PM <b>Rahu</b> 10:12AM – 11:28AM	<b>Bharani Until 1:08AM Sun</b> Sobhana Until 6:51PM Visti Until 10:30PM <b>Trayodashi* Until 9:39AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:40AM <b>Sunset:</b> 5:48PM	Subhakrit 5124 Moon 5 - Phase 6 - 11 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

	<b>Sunday, May 29, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cape Town, South Africa Sun 12 Sutra 42
	<b>Retreat Star</b>		<b>Gulika</b> 3:16PM – 4:32PM <b>Yama</b> 12:44PM – 2:00PM <b>Rahu</b> 4:32PM – 5:48PM	<b>Krittika Until 3:32AM Mon</b> Athiganda* Until 7:22PM Catuspada Until 12:28AM Mon <b>Chaturdashi* Until 11:25AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:41AM <b>Sunset:</b> 5:48PM	Subhakrit 5124 Moon 5 - Phase 6 - 12 Amavasya <b>Devaloka Day</b>
	Mesha Rasi: 29.07 Tithi 29 – 30 Creative Work Siddha Yoga Until 3:32AM Mon Then Creative Work - Amrita Yoga						

<b>Monday, May 30, 2022</b>	<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cape Town, South Africa Sun 13 Sutra 43
	Vrishabha Rasi: 11.08	Tithi 30 – 1	<b>Gulika</b> 2:00PM – 3:16PM <b>Yama</b> 11:29AM – 12:44PM <b>Rahu</b> 8:57AM – 10:13AM	<b>Rohini Until 6:33AM Tue</b> Sukarma Until 8:09PM Kintughna Until 2:42AM Tue <b>Amavasya* Until 1:32PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:41AM <b>Sunset:</b> 5:48PM	Subhakrit 5124 Moon 5 - Phase 6 - 13 Prathama <b>Devaloka Day</b>
	Family Home Evening Creative Work Amrita Yoga Until 6:33AM Tue Then Creative Work - Siddha Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Tuesday, May 31, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 14 Sutra 44
	Wrisabha Rasi: 23.03	Tithi 1 – 2	<b>Gulika</b> 12:45PM – 2:00PM	<b>Rohini</b> Until 6:33AM	<b>Ganesha:</b> Orange <i>Sunrise: 7:42AM</i>		Subhakit 5124
	333545479		Yama 10:13AM – 11:29AM	Dhriti Until 9:06PM	<b>Muruqa:</b> White <i>Sunset: 5:47PM</i>		Moon 5 - Phase 7 - 14 3rd Phase
			<b>Rahu</b> 3:16PM – 4:32PM	Balava Until 5:07AM Wed	<b>Nataraja:</b> Clear		
				Prathama* Until 3:52PM	Moon – Yellow		<b>Devaloka Day</b>
					Jyeshtha-Vaikasi		

<b>2</b>	<b>Wednesday, June 1, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava Karana Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 45
	Mithuna Rasi: 4.55	Tithi 2	<b>Gulika</b> 11:29AM – 12:45PM	<b>Mrigashira</b> Until 9:33AM	<b>Ganesha:</b> Orange <i>Sunrise: 7:43AM</i>		Subhakit 5124
	333545479		Yama 8:58AM – 10:14AM	Shula* Until 10:05PM	<b>Muruqa:</b> White <i>Sunset: 5:47PM</i>		Moon 5 - Phase 7 - 15 3rd Phase
			<b>Rahu</b> 12:45PM – 2:00PM	Kaulava Until 6:20PM	<b>Nataraja:</b> Clear		
				Dvitiya Until 6:20PM	Moon – Yellow		<b>Devaloka Day</b>
					Jyeshtha-Vaikasi		

<b>3</b>	<b>Thursday, June 2, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Cape Town, South Africa Sun 16 Sutra 46
	Mithuna Rasi: 16.44	Tithi 3	<b>Gulika</b> 10:14AM – 11:29AM	<b>Ardra</b> Until 12:25PM	<b>Ganesha:</b> Orange <i>Sunrise: 7:43AM</i>		Subhakit 5124
	333555479		Yama 7:43AM – 8:59AM	Ganda* Until 11:06PM	<b>Muruqa:</b> Green <i>Sunset: 5:47PM</i>		Moon 5 - Phase 7 - 16 3rd Phase
			<b>Rahu</b> 2:00PM – 3:16PM	Taitila Until 7:36AM	<b>Nataraja:</b> Clear		
				Tritiya Until 8:49PM	Moon – Yellow		<b>Devaloka Day</b>
					Jyeshtha-Vaikasi		

<b>4</b>	<b>Friday, June 3, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Cape Town, South Africa Sun 17 Sutra 47
	Mithuna Rasi: 28.35	Tithi 4	<b>Gulika</b> 8:59AM – 10:14AM	<b>Punarvasu</b> Until 3:35PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:44AM</i>		Subhakit 5124
	343555479		Yama 3:16PM – 4:31PM	Vriddhi Until 12:03AM Sat	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>		Moon 5 - Phase 7 - 17 3rd Phase
			<b>Rahu</b> 11:30AM – 12:45PM	Vanija Until 10:03AM	<b>Nataraja:</b> Clear		
				Chaturthi* Until 11:12PM	Moon – Blue		<b>Devaloka Day</b>
					Jyeshtha-Vaikasi		

<b>5</b>	<b>Saturday, June 4, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 48
	Kataka Rasi: 10.29	Tithi 5	<b>Gulika</b> 7:44AM – 8:59AM	<b>Pushya</b> Until 6:23PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:44AM</i>		Subhakit 5124
	343555479		Yama 2:01PM – 3:16PM	Dhruva Until 12:47AM Sun	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>		Moon 5 - Phase 7 - 18 3rd Phase
			<b>Rahu</b> 10:15AM – 11:30AM	Bava Until 12:20PM	<b>Nataraja:</b> Clear		
				Panchami Until 1:21AM Sun	Moon – Blue		<b>Devaloka Day</b>
					Jyeshtha-Vaikasi		

<b>6</b>	<b>Sunday, June 5, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Cape Town, South Africa Sun 19 Sutra 49
	Kataka Rasi: 22.29	Tithi 6	<b>Gulika</b> 3:16PM – 4:31PM	<b>Ashlesha*</b> Until 8:42PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:45AM</i>		Subhakit 5124
	343555471		Yama 12:45PM – 2:01PM	Vyaghata* Until 1:15AM Mon	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>		Moon 5 - Phase 7 - 19 3rd Phase
			<b>Rahu</b> 4:31PM – 5:46PM	Kaulava Until 2:19PM	<b>Nataraja:</b> Yellow		
				Shashthi* Until 3:08AM Mon	Moon – Blue		<b>Devaloka Day</b>
					Jyeshtha-Vaikasi		

<b>☾</b>	<b>Monday, June 6, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Cape Town, South Africa Sun 20 Sutra 50
	<b>Retreat Star</b>		<b>Gulika</b> 2:01PM – 3:16PM	<b>Magha*</b> Until 10:53PM	<b>Ganesha:</b> Purple <i>Sunrise: 7:45AM</i>		Subhakit 5124
	Simha Rasi: 4.38	Tithi 7	Yama 11:31AM – 12:46PM	Harshana Until 1:21AM Tue	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>		Moon 5 - Phase 7 - 20 3rd Phase
			<b>Rahu</b> 9:00AM – 10:15AM	Gara Until 3:51PM	<b>Nataraja:</b> Yellow		
				Saptami Until 4:23AM Tue	Moon – Red		<b>Sivaloka Day</b>
					Jyeshtha-Vaikasi		

<b>☾</b>	<b>Tuesday, June 7, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Cape Town, South Africa Sun 21 Sutra 51
	<b>Retreat Star</b>		<b>Gulika</b> 12:46PM – 2:01PM	<b>Purvaphalguni</b> Until 12:18AM Wed	<b>Ganesha:</b> Clear <i>Sunrise: 7:46AM</i>		Subhakit 5124
	Simha Rasi: 17.01	Tithi 8	Yama 10:16AM – 11:31AM	Vajra* Until 12:55AM Wed	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>		Moon 5 - Phase 7 - 21 Ashtami
			<b>Rahu</b> 3:16PM – 4:31PM	Visti Until 4:48PM	<b>Nataraja:</b> Yellow		
				Ashtami* Until 5:00AM Wed	Moon – Red		<b>Devaloka Day</b>
					Jyeshtha-Vaikasi		

<b>☾</b>	<b>Wednesday, June 8, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Cape Town, South Africa Sun 22 Sutra 52
	<b>Retreat Star</b>		<b>Gulika</b> 11:31AM – 12:46PM	<b>Uttaraphalguni</b> Until 12:51AM Thu	<b>Ganesha:</b> Clear <i>Sunrise: 7:46AM</i>		Subhakit 5124
	Simha Rasi: 29.42	Tithi 9	Yama 9:01AM – 10:16AM	Siddhi Until 11:55PM	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>		Moon 5 - Phase 7 - 22 Navami
			<b>Rahu</b> 12:46PM – 2:01PM	Balava Until 5:03PM	<b>Nataraja:</b> Yellow		
				Navami* Until 4:51AM Thu	Moon – Red		<b>Devaloka Day</b>
					Jyeshtha-Vaikasi		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1</b>	<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau			Cape Town, South Africa Sun 23 Sutra 53
	Kanya Rasi: 12.44	Tithi 10	<b>Gulika</b> 10:16AM – 11:31AM	<b>Hasta</b> <b>Until 12:55AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise: 7:47AM</i>	Subhakrit 5124
		364555471	<b>Yama</b> 7:47AM – 9:02AM	<b>Vyatipata*</b> <b>Until 10:19PM</b>	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>	Moon 5 - Phase 8 - 23
			<b>Rahu</b> 2:01PM – 3:16PM	<b>Taitila</b> <b>Until 4:31PM</b>	<b>Nataraja:</b> Yellow	4th Phase
	Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 3:56AM Fri</b>	<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>
	Until 12:55AM Fri					<b>Devaloka Time: 6:PM to 9:PM</b>
	Then Creative Work - Siddha Yoga					

<b>2</b>	<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau			Cape Town, South Africa Sun 24 Sutra 54
	Kanya Rasi: 26.13	Tithi 11	<b>Gulika</b> 9:02AM – 10:17AM	<b>Chitra</b> <b>Until 12:05AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise: 7:47AM</i>	Subhakrit 5124
		364555471	<b>Yama</b> 3:16PM – 4:31PM	<b>Variyan</b> <b>Until 8:03PM</b>	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>	Moon 5 - Phase 8 - 24
			<b>Rahu</b> 11:32AM – 12:46PM	<b>Vanija</b> <b>Until 3:12PM</b>	<b>Nataraja:</b> Yellow	4th Phase
	Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 2:14AM Sat</b>	<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>
						<b>Devaloka Time: 6:PM to 9:PM</b>

<b>3</b>	<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Shiva Yoga Bava/Balava Karana Dvadashyam Titau			Cape Town, South Africa Sun 25 Sutra 55
	Tula Rasi: 10.08	Tithi 12	<b>Gulika</b> 7:48AM – 9:02AM	<b>Svati</b> <b>Until 10:24PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:48AM</i>	Subhakrit 5124
		364555471	<b>Yama</b> 2:01PM – 3:16PM	<b>Parigha*</b> <b>Until 5:13PM</b>	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>	Moon 5 - Phase 8 - 25
			<b>Rahu</b> 10:17AM – 11:32AM	<b>Bava</b> <b>Until 1:08PM</b>	<b>Nataraja:</b> Yellow	4th Phase
	Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 11:51PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Bhuloka Day</b>
						<b>Devaloka Time: 6:PM to 9:PM</b>

<b>4</b>	<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 56
	Tula Rasi: 24.3	Tithi 13	<b>Gulika</b> 3:16PM – 4:31PM	<b>Vishakha</b> <b>Until 8:24PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:48AM</i>	Subhakrit 5124
		374555471	<b>Yama</b> 12:47PM – 2:01PM	<b>Shiva</b> <b>Until 1:53PM</b>	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>	Moon 5 - Phase 8 - 26
			<b>Rahu</b> 4:31PM – 5:46PM	<b>Kaulava</b> <b>Until 10:27AM</b>	<b>Nataraja:</b> Yellow	4th Phase
	Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 8:53PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
			<b>Vaikasi Visakam</b>			
				<i>Pradosha Vrata</i>		

<b>5</b>	<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau			Cape Town, South Africa Sun 27 Sutra 57
	Vrischika Rasi: 9.16	Tithi 14 – 15	<b>Gulika</b> 2:02PM – 3:16PM	<b>Anuradha</b> <b>Until 5:50PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:49AM</i>	Subhakrit 5124
	<b>Family Home Evening</b>		<b>Yama</b> 11:32AM – 12:47PM	<b>Siddha</b> <b>Until 10:08AM</b>	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>	Moon 5 - Phase 8 - 27
		374555471	<b>Rahu</b> 9:03AM – 10:18AM	<b>Gara</b> <b>Until 7:15AM</b>	<b>Nataraja:</b> Yellow	4th Phase
	Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 5:30PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

<b>○</b>	<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Cape Town, South Africa Sun 28 Sutra 58
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:47PM – 2:02PM	<b>Jyeshtha*</b> <b>Until 2:52PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:49AM</i>	Subhakrit 5124
	Vrischika Rasi: 24.18	Tithi 15 – 16	<b>Yama</b> 10:18AM – 11:33AM	<b>Sadhya</b> <b>Until 6:06AM</b>	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>	Moon 5 - Phase 8 - Purnima
		374555471	<b>Rahu</b> 3:16PM – 4:31PM	<b>Balava</b> <b>Until 11:57PM</b>	<b>Nataraja:</b> Yellow	
	Routine Work	Marana Yoga		<b>Purnima*</b> <b>Until 1:49PM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
	Until 2:52PM					
	Then Creative Work - Amrita Yoga					

<b>○</b>	<b>Wednesday, June 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau			Cape Town, South Africa Sun 29 Sutra 59
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:33AM – 12:47PM	<b>Mula*</b> <b>Until 12:02PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:49AM</i>	Subhakrit 5124
	Dhanus Rasi: 9.3	Tithi 16 – 17	<b>Yama</b> 9:04AM – 10:18AM	<b>Sukla</b> <b>Until 9:44PM</b>	<b>Muruqa:</b> Green <i>Sunset: 5:46PM</i>	Moon 5 - Phase 8 - Prathama
		384555471	<b>Rahu</b> 12:47PM – 2:02PM	<b>Taitila</b> <b>Until 8:09PM</b>	<b>Nataraja:</b> Yellow	
	Routine Work	Marana Yoga		<b>Prathama*</b> <b>Until 10:02AM</b>	<b>Jyeshtha-Ani</b>	<b>Bhuloka Day</b>
	Until 12:02PM					<b>Devaloka Time: 6:PM to 9:PM</b>
	Then Creative Work - Amrita Yoga					





Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Visti\* Karana Dvitiya/Trilayam Titau

Cape Town, South Africa

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 24.41 Tithi 17 - 18

384555471

Gulika 10:19AM - 11:33AM  
Yama 7:50AM - 9:04AM  
Rahu 2:02PM - 3:17PM

Purvashadha\* Until 9:08AM  
Brahma Until 5:40PM  
Visti Until 2:45AM Fri  
Dvitiya Until 6:17AM

Ganesha: Blue  
Muruqa: Green  
Nataraja: Yellow  
Moon - Light Blue  
Jyeshtha-Ani

Sunrise: 7:50AM  
Sunset: 5:46PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 9:08AM

Then Routine Work - Marana Yoga

1

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Chaturtham Titau

Cape Town, South Africa

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 9.41 Tithi 19

384555471

Gulika 9:04AM - 10:19AM  
Yama 3:17PM - 4:31PM  
Rahu 11:33AM - 12:48PM

Uttarashadha Until 6:21AM  
Indra Until 1:51PM  
Bava Until 1:07PM  
Chaturthi\* Until 11:34PM

Ganesha: Blue  
Muruqa: Green  
Nataraja: Yellow  
Moon - Light Blue  
Jyeshtha-Ani

Sunrise: 7:50AM  
Sunset: 5:46PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

2

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Panchamiam Titau

Cape Town, South Africa

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 24.24 Tithi 20

394655471

Gulika 7:50AM - 9:05AM  
Yama 2:03PM - 3:17PM  
Rahu 10:19AM - 11:34AM

Dhanishtha Until 2:29AM Sun  
Vaidhriti\* Until 10:23AM  
Kaulava Until 10:11AM  
Panchami Until 8:54PM

Ganesha: Blue  
Muruqa: Green  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 7:50AM  
Sunset: 5:46PM

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shashthiam Titau

Cape Town, South Africa

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 8.43 Tithi 21

395655471

Gulika 3:17PM - 4:32PM  
Yama 12:48PM - 2:03PM  
Rahu 4:32PM - 5:46PM

Shatabhishak Until 1:16AM Mon  
Vishkambha\* Until 7:24AM  
Gara Until 7:49AM  
Shashthi\* Until 6:52PM

Ganesha: Red  
Muruqa: Green  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 7:51AM  
Sunset: 5:46PM

Devaloka Day

Creative Work Siddha Yoga

Until 1:16AM Mon

Then Routine Work - Marana Yoga

4

Monday, June 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprossthapada\* Nakshatra Ayushman Yoga Visti\*/Balava Karana Saptami/Ashtamiam Titau

Cape Town, South Africa

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 22.36 Tithi 22 - 23

315655471

Gulika 2:03PM - 3:17PM  
Yama 11:34AM - 12:49PM  
Rahu 9:05AM - 10:20AM

Purvaprossthapada\* Until 1:05AM Tue  
Ayushman Until 3:10AM Tue  
Visti Until 6:08AM  
Saptami Until 5:33PM

Ganesha: Clear  
Muruqa: Green  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 7:51AM  
Sunset: 5:46PM

Devaloka Day

Family Home Evening

Until 1:05AM Tue

Then Creative Work - Amrita Yoga

5

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprossthapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamiam Titau

Cape Town, South Africa

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 6.02 Tithi 23 - 24

315655471

Gulika 12:49PM - 2:03PM  
Yama 10:20AM - 11:34AM  
Rahu 3:18PM - 4:32PM

Uttaraprossthapada Until 1:32AM Wed  
Saubhagya Until 1:59AM Wed  
Taitila Until 5:03AM Wed  
Ashtami\* Until 5:01PM

Ganesha: Clear  
Muruqa: Green  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 7:51AM  
Sunset: 5:47PM

Devaloka Day

Creative Work Amrita Yoga

Until 1:32AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamiam Titau

Cape Town, South Africa

Sun 7 Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 19.03 Tithi 24 - 25

315655471

Gulika 11:35AM - 12:49PM  
Yama 9:06AM - 10:20AM  
Rahu 12:49PM - 2:03PM

Revati Until 2:32AM Thu  
Sobhana Until 1:24AM Thu  
Vanija Until 5:38AM Thu  
Navami\* Until 5:14PM

Ganesha: Clear  
Muruqa: Green  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 7:51AM  
Sunset: 5:47PM

Devaloka Day

Routine Work Marana Yoga

Until 2:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

times are standard time. Calculated for Cape Town, South Africa on :

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, June 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti* Karana Dashamyam Titau		Cape Town, South Africa Sun 8 Sutra 67 Subhakrit 5124	
Mesha Rasi: 1.43	Tithi 25	<b>Gulika</b> 10:20AM – 11:35AM	<b>Ashvini</b> Until 4:31AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:51AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:47PM
		Yama 7:51AM – 9:06AM	Athiganda* Until 1:19AM Fri	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 8	2nd Phase
		325655471 <b>Rahu</b> 2:04PM – 3:18PM	Visti Until 6:10PM	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 6:10PM	Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Until 4:31AM Fri							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, June 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Cape Town, South Africa Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 14.05	Tithi 26	<b>Gulika</b> 9:06AM – 10:21AM	<b>Bharani</b> Until 6:52AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:47PM
		Yama 3:18PM – 4:33PM	Sukarma Until 1:41AM Sat	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 9	2nd Phase
		325655471 <b>Rahu</b> 11:35AM – 12:49PM	Bava Until 6:53AM	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:41PM	Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Until 6:52AM Sat							
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Saturday, June 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau		Cape Town, South Africa Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 26.13	Tithi 27	<b>Gulika</b> 7:52AM – 9:06AM	<b>Bharani</b> Until 6:52AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:48PM
		Yama 2:04PM – 3:19PM	Dhriti Until 2:23AM Sun	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 10	2nd Phase
		325655471 <b>Rahu</b> 10:21AM – 11:35AM	Kaulava Until 8:39AM	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 9:40PM	Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Until 6:52AM							
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, June 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Cape Town, South Africa Sun 11 Sutra 70 Subhakrit 5124	
Vrishabha Rasi: 8.12	Tithi 28	<b>Gulika</b> 3:19PM – 4:33PM	<b>Krittika</b> Until 9:25AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:48PM
		Yama 12:50PM – 2:04PM	Shula* Until 3:17AM Mon	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 11	2nd Phase
		325655471 <b>Rahu</b> 4:33PM – 5:48PM	Gara Until 10:48AM	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:57PM	Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Monday, June 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Cape Town, South Africa Sun 12 Sutra 71 Subhakrit 5124	
Vrishabha Rasi: 20.05	Tithi 29	<b>Gulika</b> 2:05PM – 3:19PM	<b>Rohini</b> Until 12:33PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:48PM
<b>Family Home Evening</b>		Yama 11:36AM – 12:50PM	Ganda* Until 4:18AM Tue	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 12	2nd Phase
		335655471 <b>Rahu</b> 9:07AM – 10:21AM	Visti Until 1:11PM	Moon – Yellow		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 2:25AM Tue	Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Until 3:37PM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, June 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Cape Town, South Africa Sun 13 Sutra 72 Subhakrit 5124	
Mithuna Rasi: 1.55	Tithi 30	<b>Gulika</b> 12:50PM – 2:05PM	<b>Mrigashira</b> Until 3:37PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:49PM
		Yama 10:21AM – 11:36AM	Vriddhi Until 5:22AM Wed	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 13	Amavasya
		336655471 <b>Rahu</b> 3:19PM – 4:34PM	Catuspada Until 3:41PM	Moon – Yellow		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 4:55AM Wed	Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Until 3:37PM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, June 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Kintughna* Karana Prathamayam Titau		Cape Town, South Africa Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 13.44	Tithi 1	<b>Gulika</b> 11:36AM – 12:51PM	<b>Ardra</b> Until 6:30PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:49PM
		Yama 9:07AM – 10:21AM	Dhruva Until 6:22AM Thu	<b>Nataraja:</b> Yellow		Moon 6 - Phase 10 - 14	Prathama
		336655471 <b>Rahu</b> 12:51PM – 2:05PM	Kintughna Until 6:10PM	Moon – Yellow		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 7:22AM Thu	Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

are standard time. Calculated for Cape Town, South Africa on :

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, June 30, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Cape Town, South Africa Sun 15 Sutra 74	
Mithuna Rasi: 25.35	Tithi 1 – 2	<b>Gulika</b> 10:21AM – 11:36AM	<b>Punarvasu</b> Until 9:38PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:52AM	Subhakarit 5124	
		Yama 7:52AM – 9:07AM	Dhruva Until 6:22AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:49PM	Moon 6 - Phase 11 - 15	
Creative Work	Amrita Yoga	346655471 <b>Rahu</b> 2:05PM – 3:20PM	Balava Until 8:34PM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Prathama*</b> Until 7:22AM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>		Devaloka Time: 6:PM to 9:PM	
<b>2</b>		<b>Friday, July 1, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Cape Town, South Africa Sun 16 Sutra 75	
Kataka Rasi: 7.28	Tithi 2 – 3	<b>Gulika</b> 9:07AM – 10:22AM	<b>Pushya</b> Until 12:26AM Sat	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:52AM	Subhakarit 5124	
		Yama 3:20PM – 4:35PM	Vyaghata* Until 7:16AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:50PM	Moon 6 - Phase 11 - 16	
Routine Work	Marana Yoga	346655471 <b>Rahu</b> 11:36AM – 12:51PM	Taitila Until 10:47PM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Dvitiya</b> Until 9:41AM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>		Devaloka Time: 6:PM to 9:PM	
<b>3</b>		<b>Saturday, July 2, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Cape Town, South Africa Sun 17 Sutra 76	
Kataka Rasi: 19.26	Tithi 3 – 4	<b>Gulika</b> 7:52AM – 9:07AM	<b>Ashlesha*</b> Until 2:49AM Sun	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:52AM	Subhakarit 5124	
		Yama 2:06PM – 3:21PM	Harshana Until 8:02AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:50PM	Moon 6 - Phase 11 - 17	
Routine Work	Marana Yoga	346655471 <b>Rahu</b> 10:22AM – 11:36AM	Vanija Until 12:45AM Sun	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Tritiya</b> Until 11:47AM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>		Devaloka Time: 6:PM to 9:PM	
<b>4</b>		<b>Sunday, July 3, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Cape Town, South Africa Sun 18 Sutra 77	
Simha Rasi: 1.31	Tithi 4 – 5	<b>Gulika</b> 3:21PM – 4:36PM	<b>Magha*</b> Until 5:12AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:52AM	Subhakarit 5124	
		Yama 12:51PM – 2:06PM	Vajra* Until 8:34AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:51PM	Moon 6 - Phase 11 - 18	
Routine Work	Marana Yoga	356655471 <b>Rahu</b> 4:36PM – 5:51PM	Bava Until 2:23AM Mon	<b>Nataraja:</b> Yellow		3rd Phase	
Until 5:12AM Mon			<b>Chaturthi*</b> Until 1:36PM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>			
<b>5</b>		<b>Monday, July 4, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Cape Town, South Africa Sun 19 Sutra 78	
Simha Rasi: 13.44	Tithi 5 – 6	<b>Gulika</b> 2:06PM – 3:21PM	<b>Purvaphalguni</b> Until 6:59AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:52AM	Subhakarit 5124	
<b>Family Home Evening</b>		Yama 11:37AM – 12:52PM	Siddhi Until 8:50AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:51PM	Moon 6 - Phase 11 - 19	
Creative Work	Siddha Yoga	356655471 <b>Rahu</b> 9:07AM – 10:22AM	Kaulava Until 3:35AM Tue	<b>Nataraja:</b> Yellow		3rd Phase	
Until 6:59AM Tue			<b>Panchami</b> Until 3:02PM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashada*Ani</b>			
<b>6</b>		<b>Tuesday, July 5, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Cape Town, South Africa Sun 20 Sutra 79	
Simha Rasi: 26.08	Tithi 6 – 7	<b>Gulika</b> 12:52PM – 2:07PM	<b>Purvaphalguni</b> Until 6:59AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:52AM	Subhakarit 5124	
		Yama 10:22AM – 11:37AM	Vyatipata* Until 8:45AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:51PM	Moon 6 - Phase 11 - 20	
Creative Work	Siddha Yoga	356655471 <b>Rahu</b> 3:22PM – 4:37PM	Gara Until 4:15AM Wed	<b>Nataraja:</b> Yellow		3rd Phase	
Until 6:59AM			<b>Shashthi*</b> Until 3:58PM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>			
<b>7</b>		<b>Wednesday, July 6, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Cape Town, South Africa Sun 21 Sutra 80	
<b>Retreat Star</b>		<b>Gulika</b> 11:37AM – 12:52PM	<b>Uttaraphalguni</b> Until 8:04AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:52AM	Subhakarit 5124	
Kanya Rasi: 8.48	Tithi 7 – 8	Yama 9:07AM – 10:22AM	Variyan Until 8:12AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:52PM	Moon 6 - Phase 11 - 21	
		357655471 <b>Rahu</b> 12:52PM – 2:07PM	Visti Until 4:16AM Thu	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 4:19PM	Moon – Red		<b>Devaloka Day</b>	
Until 8:04AM				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga							
<b>8</b>		<b>Thursday, July 7, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cape Town, South Africa Sun 22 Sutra 81	
<b>Retreat Star</b>		<b>Gulika</b> 10:22AM – 11:37AM	<b>Hasta</b> Until 8:50AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:52AM	Subhakarit 5124	
Kanya Rasi: 21.46	Tithi 8 – 9	Yama 7:52AM – 9:07AM	Parigha* Until 7:08AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:52PM	Moon 6 - Phase 11 - 22	
		467655471 <b>Rahu</b> 2:07PM – 3:22PM	Balava Until 3:33AM Fri	<b>Nataraja:</b> Yellow		Ashtami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 3:59PM	Moon – Green		<b>Devaloka Day</b>	
Until 8:50AM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							
<b>9</b>		<b>Friday, July 8, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Cape Town, South Africa Sun 23 Sutra 82	
<b>Retreat Star</b>		<b>Gulika</b> 9:07AM – 10:22AM	<b>Chitra</b> Until 8:43AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:51AM	Subhakarit 5124	
Tula Rasi: 5.07	Tithi 9 – 10	Yama 3:23PM – 4:38PM	Siddha Until 3:16AM Sat	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 11 - 23	
		467655471 <b>Rahu</b> 11:37AM – 12:52PM	Taitila Until 2:07AM Sat	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:55PM	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Cape Town, South Africa Sun 24 Sutra 83	
Tula Rasi: 18.54	Tithi 10 - 11	<b>Gulika</b> 7:51AM - 9:06AM	<b>Svati Until 7:43AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:51AM	Subhakrit 5124		
		Yama 2:08PM - 3:23PM	Sadhya Until 12:27AM Sun	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:54PM	Moon 6 - Phase 12 - 24		
		467655471 <b>Rahu</b> 10:22AM - 11:37AM	Vanija Until 11:58PM	<b>Nataraja:</b> Yellow		4th Phase		
Creative Work	Siddha Yoga		<b>Dashami Until 1:07PM</b>	Moon - Green		<b>Devaloka Day</b>		
				Ashada*Ani				

<b>2</b>		<b>Sunday, July 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visi7/Bava Karana Ekadashi/Dvadashyam Titau			Cape Town, South Africa Sun 25 Sutra 84	
Vrischika Rasi: 3.07	Tithi 11 - 12	<b>Gulika</b> 3:23PM - 4:39PM	<b>Vishakha Until 6:20AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:51AM	Subhakrit 5124		
		Yama 12:53PM - 2:08PM	Subha Until 9:09PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:54PM	Moon 6 - Phase 12 - 25		
		477655471 <b>Rahu</b> 4:39PM - 5:54PM	Bava Until 9:13PM	<b>Nataraja:</b> Yellow		4th Phase		
Routine Work	Marana Yoga		<b>Ekadashi Until 10:39AM</b>	Moon - Orange		<b>Bhuloka Day</b>		
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		

<b>3</b>		<b>Monday, July 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 85	
Vrischika Rasi: 17.45	Tithi 12 - 13	<b>Gulika</b> 2:08PM - 3:24PM	<b>Jyeshtha* Until 1:31AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:51AM	Subhakrit 5124		
<b>Family Home Evening</b>		Yama 11:37AM - 12:53PM	Sukla Until 5:24PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:55PM	Moon 6 - Phase 12 - 26		
		477655471 <b>Rahu</b> 9:06AM - 10:22AM	Taitila Until 4:10AM Tue	<b>Nataraja:</b> Yellow		4th Phase		
Creative Work	Siddha Yoga		<b>Dvadashi Until 7:37AM</b>	Moon - Orange		<b>Bhuloka Day</b>		
Until 1:31AM Tue				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>				

<b>4</b>		<b>Tuesday, July 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 86	
Dhanus Rasi: 2.44	Tithi 14	<b>Gulika</b> 12:53PM - 2:08PM	<b>Mula* Until 10:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:50AM	Subhakrit 5124		
		Yama 10:22AM - 11:37AM	Brahma Until 1:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:55PM	Moon 6 - Phase 12 - 27		
		488655471 <b>Rahu</b> 3:24PM - 4:40PM	Gara Until 2:20PM	<b>Nataraja:</b> Yellow		4th Phase		
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 12:26AM Wed</b>	Moon - Light Blue		<b>Sivaloka Day</b>		
Until 10:46PM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

		<b>Wednesday, July 13, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visi7/Bava Karana Purnimayam Titau			Cape Town, South Africa Sun 28 Sutra 87	
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:37AM - 12:53PM	<b>Purvashadha* Until 7:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:50AM	Subhakrit 5124		
Dhanus Rasi: 17.55	Tithi 15	Yama 9:06AM - 10:21AM	Indra Until 9:11AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:56PM	Moon 6 - Phase 12 -		
		488755471 <b>Rahu</b> 12:53PM - 2:09PM	Visti Until 10:32AM	<b>Nataraja:</b> Yellow		Purnima		
Creative Work	Amrita Yoga		<b>Purnima* Until 8:35PM</b>	Moon - Light Blue		<b>Devaloka Day</b>		
				Ashada*Ani				
		<b>Satguru Purnima</b>						

<b>Thursday, July 14, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau			Cape Town, South Africa Sun 28 Sutra 88	
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:21AM - 11:37AM	<b>Uttarashadha Until 4:40PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:50AM	Subhakrit 5124
Makara Rasi: 3.09	Tithi 16 - 17	Yama 7:50AM - 9:06AM	Vishkambha* Until 12:47AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:56PM	Moon 6 - Phase 12 -
		488755471 <b>Rahu</b> 2:09PM - 3:25PM	Balava Until 6:41AM	<b>Nataraja:</b> Yellow		Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 4:47PM</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 4:40PM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Cape Town, South Africa  
Sun 1 Sutra 89

Makara Rasi: 18.17 Tithi 17 - 18

498755471

**Gulika** 9:05AM - 10:21AM  
**Yama** 3:25PM - 4:41PM  
**Rahu** 11:37AM - 12:53PM

**Shravana Until 2:04PM**  
Priti Until 8:54PM  
Vanija Until 11:35PM  
**Dvitiya Until 1:13PM**

**Ganesha:** Blue *Sunrise: 7:49AM*  
**Muruqa:** Green *Sunset: 5:57PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Ani**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 2:04PM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Cape Town, South Africa  
Sun 2 Sutra 90

Kumbha Rasi: 3.09 Tithi 18 - 19

498755471

**Gulika** 7:49AM - 9:05AM  
**Yama** 2:09PM - 3:25PM  
**Rahu** 10:21AM - 11:37AM

**Dhanishtha Until 11:44AM**  
Ayushman Until 5:22PM  
Bava Until 8:40PM  
**Tritiya Until 10:02AM**

**Ganesha:** Blue *Sunrise: 7:49AM*  
**Muruqa:** Green *Sunset: 5:57PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga  
Until 11:44AM  
Then Creative Work - Amrita Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Cape Town, South Africa  
Sun 3 Sutra 91

Kumbha Rasi: 17.38 Tithi 19 - 20

498755472

**Gulika** 3:26PM - 4:42PM  
**Yama** 12:53PM - 2:10PM  
**Rahu** 4:42PM - 5:58PM

**Shatabhishak Until 9:50AM**  
Saubhagya Until 2:22PM  
Kaulava Until 6:22PM  
**Chaturthi\* Until 7:25AM**

**Ganesha:** Blue *Sunrise: 7:49AM*  
**Muruqa:** Green *Sunset: 5:57PM*  
**Nataraja:** White  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**

Creative Work Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashtham Titau

Cape Town, South Africa  
Sun 4 Sutra 92

Meena Rasi: 1.38 Tithi 21

418755472

**Gulika** 2:10PM - 3:26PM  
**Yama** 11:37AM - 12:53PM  
**Rahu** 9:04AM - 10:21AM

**Purvaproshtapada\* Until 8:56AM**  
Sobhana Until 11:58AM  
Gara Until 4:50PM  
**Shashthi\* Until 4:22AM Tue**

**Ganesha:** White *Sunrise: 7:48AM*  
**Muruqa:** Green *Sunset: 5:59PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:56AM  
Then Creative Work - Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Uttaraproshtapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Visti/Bava Karana Saptamam Titau

Cape Town, South Africa  
Sun 5 Sutra 93

Meena Rasi: 15.1 Tithi 22

419755472

**Gulika** 12:54PM - 2:10PM  
**Yama** 10:21AM - 11:37AM  
**Rahu** 3:26PM - 4:43PM

**Uttaraproshtapada Until 8:42AM**  
Athiganda\* Until 10:13AM  
Visti Until 4:09PM  
**Saptami Until 4:06AM Wed**

**Ganesha:** Clear *Sunrise: 7:48AM*  
**Muruqa:** Green *Sunset: 5:59PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga  
Until 8:42AM  
Then Creative Work - Siddha Yoga

**Retreat Star**

**Wednesday, July 20, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamam Titau

Cape Town, South Africa  
Sun 6 Sutra 94

Meena Rasi: 28.13 Tithi 23

419755472

**Gulika** 11:37AM - 12:54PM  
**Yama** 9:04AM - 10:20AM  
**Rahu** 12:54PM - 2:10PM

**Revati Until 9:10AM**  
Sukarma Until 9:11AM  
Balava Until 4:19PM  
**Ashtami\* Until 4:42AM Thu**

**Ganesha:** Clear *Sunrise: 7:47AM*  
**Muruqa:** Green *Sunset: 6:00PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamam Titau

Cape Town, South Africa  
Sun 7 Sutra 95

Mesha Rasi: 10.51 Tithi 24

429755472

**Gulika** 10:20AM - 11:37AM  
**Yama** 7:47AM - 9:03AM  
**Rahu** 2:10PM - 3:27PM

**Ashvini Until 10:46AM**  
Dhriti Until 8:49AM  
Taitila Until 5:19PM  
**Navami\* Until 6:03AM Fri**

**Ganesha:** Purple *Sunrise: 7:47AM*  
**Muruqa:** Green *Sunset: 6:01PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 10:46AM  
Then Creative Work - Siddha Yoga

<b>1</b>	<b>Friday, July 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 8 Sutra 96
	Mesha Rasi: 23.1	Tithi 24 – 25	<b>Gulika</b> 9:03AM – 10:20AM	<b>Bharani</b> Until 12:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:46AM	Subhakrit 5124
			Yama 3:27PM – 4:44PM	Shula* Until 8:59AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 14 - 8
	Creative Work	Siddha Yoga	429755472 <b>Rahu</b> 11:37AM – 12:54PM	Vanija Until 6:59PM	<b>Nataraja:</b> White		2nd Phase
			<b>Navami*</b> Until 6:03AM	Moon – White		<b>Devaloka Day</b>	
				Ashada*Adi			


<b>2</b>	<b>Saturday, July 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 9 Sutra 97
	Vrishabha Rasi: 5.14	Tithi 25 – 26	<b>Gulika</b> 7:45AM – 9:03AM	<b>Krittika</b> Until 3:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:45AM	Subhakrit 5124
			Yama 2:11PM – 3:28PM	Ganda* Until 9:37AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:02PM	Moon 7 - Phase 14 - 9
	Creative Work	Amrita Yoga	429755472 <b>Rahu</b> 10:20AM – 11:37AM	Bava Until 9:08PM	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Until 7:59AM	Moon – White		<b>Devaloka Day</b>	
				Ashada*Adi			


<b>3</b>	<b>Sunday, July 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Cape Town, South Africa Sun 10 Sutra 98
	Vrishabha Rasi: 17.08	Tithi 26 – 27	<b>Gulika</b> 3:28PM – 4:45PM	<b>Rohini</b> Until 6:32PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:45AM	Subhakrit 5124
			Yama 12:54PM – 2:11PM	Vridhi Until 10:32AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:03PM	Moon 7 - Phase 14 - 10
	Creative Work	Siddha Yoga	429755472 <b>Rahu</b> 4:45PM – 6:03PM	Kaulava Until 11:34PM	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi*</b> Until 10:18AM	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Monday, July 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Cape Town, South Africa Sun 11 Sutra 99
	Vrishabha Rasi: 28.58	Tithi 27 – 28	<b>Gulika</b> 2:11PM – 3:29PM	<b>Mrigashira</b> Until 9:37PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:44AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 11:36AM – 12:54PM	Dhruva Until 11:34AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:03PM	Moon 7 - Phase 14 - 11
	Creative Work	Amrita Yoga	429755472 <b>Rahu</b> 9:02AM – 10:19AM	Gara Until 2:06AM Tue	<b>Nataraja:</b> White		2nd Phase
			<b>Dvadashi*</b> Until 12:49PM	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Tuesday, July 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 12 Sutra 100
	Mithuna Rasi: 10.47	Tithi 28 – 29	<b>Gulika</b> 12:54PM – 2:11PM	<b>Ardra</b> Until 12:30AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:44AM	Subhakrit 5124
			Yama 10:19AM – 11:36AM	Vyaghata* Until 12:38PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:04PM	Moon 7 - Phase 14 - 12
	Routine Work	Marana Yoga	429755472 <b>Rahu</b> 3:29PM – 4:46PM	Visti Until 4:34AM Wed	<b>Nataraja:</b> White		2nd Phase
			<b>Trayodashi*</b> Until 3:20PM	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

<b>6</b>	<b>Wednesday, July 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 101
	Mithuna Rasi: 22.37	Tithi 29 – 30	<b>Gulika</b> 11:36AM – 12:54PM	<b>Punarvasu</b> Until 3:35AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:43AM	Subhakrit 5124
			Yama 9:01AM – 10:18AM	Harshana Until 1:37PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:05PM	Moon 7 - Phase 14 - 13
	Creative Work	Siddha Yoga	441755472 <b>Rahu</b> 12:54PM – 2:11PM	Catuspada Until 6:52AM Thu	<b>Nataraja:</b> White		2nd Phase
			<b>Chaturdashi*</b> Until 5:44PM	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

	<b>Thursday, July 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cape Town, South Africa Sun 14 Sutra 102
	<b>Retreat Star</b>		<b>Gulika</b> 10:18AM – 11:36AM	<b>Pushya</b> Until 6:16AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:42AM	Subhakrit 5124
	Kataka Rasi: 4.31	Tithi 30	Yama 7:42AM – 9:00AM	Vajra* Until 2:26PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:05PM	Moon 7 - Phase 14 - 14
	Creative Work	Amrita Yoga	441755472 <b>Rahu</b> 2:12PM – 3:30PM	Catuspada Until 6:52AM	<b>Nataraja:</b> White		Amavasya
			<b>Amavasya*</b> Until 7:55PM	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

	<b>Friday, July 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Cape Town, South Africa Sun 15 Sutra 103
	<b>Retreat Star</b>		<b>Gulika</b> 9:00AM – 10:18AM	<b>Pushya</b> Until 6:16AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:42AM	Subhakrit 5124
	Kataka Rasi: 16.31	Tithi 1	Yama 3:30PM – 4:48PM	Siddhi Until 3:04PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:06PM	Moon 7 - Phase 14 - 15
	Creative Work	Marana Yoga	441755472 <b>Rahu</b> 11:36AM – 12:54PM	Kintughna Until 8:57AM	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> Until 9:51PM	Moon – Blue		<b>Bhuloka Day</b>	
				Sravana*Adi		Devaloka Time: 9:AM to12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau		Cape Town, South Africa Sun 16 Sutra 104 Subhakrit 5124	
Kataka Rasi: 28.37	Tithi 2	Gulika 7:41AM – 8:59AM	Ashlesha* Until 8:31AM	Ganesha: Yellow	Sunrise: 7:41AM	Moon 7 - Phase 15 - 16	3rd Phase
		Yama 2:12PM – 3:30PM	Vyatipata* Until 3:30PM	Muruqa: Green	Sunset: 6:07PM		
		441755472 Rahu 10:17AM – 11:35AM	Balava Until 10:44AM	Nataraja: White			
Routine Work	Marana Yoga		Dvitiya Until 11:29PM	Moon – Blue		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 8:31AM				Sravana*Adi			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Sunday, July 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau		Cape Town, South Africa Sun 17 Sutra 105 Subhakrit 5124	
Simha Rasi: 10.52	Tithi 3	Gulika 3:30PM – 4:49PM	Magha* Until 10:48AM	Ganesha: Red	Sunrise: 7:40AM	Moon 7 - Phase 15 - 17	3rd Phase
		Yama 12:54PM – 2:12PM	Varyan Until 3:39PM	Muruqa: Green	Sunset: 6:07PM		
		451755472 Rahu 4:49PM – 6:07PM	Taitila Until 12:12PM	Nataraja: White			
Routine Work	Marana Yoga		Tritiya Until 12:47AM Mon	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 10:48AM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, August 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau		Cape Town, South Africa Sun 18 Sutra 106 Subhakrit 5124	
Simha Rasi: 23.14	Tithi 4	Gulika 2:12PM – 3:31PM	Purvaphalguni Until 12:35PM	Ganesha: Red	Sunrise: 7:39AM	Moon 7 - Phase 15 - 18	3rd Phase
Family Home Evening		Yama 11:35AM – 12:54PM	Parigha* Until 3:32PM	Muruqa: Green	Sunset: 6:08PM		
		451755472 Rahu 8:58AM – 10:16AM	Vanija Until 1:19PM	Nataraja: White			
Creative Work	Siddha Yoga		Chaturthi* Until 1:43AM Tue	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
				Sravana*Adi			

<b>4</b>		<b>Tuesday, August 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau		Cape Town, South Africa Sun 19 Sutra 107 Subhakrit 5124	
Kanya Rasi: 5.47	Tithi 5	Gulika 12:54PM – 2:12PM	Uttaraphalguni Until 1:48PM	Ganesha: Red	Sunrise: 7:38AM	Moon 7 - Phase 15 - 19	3rd Phase
		Yama 10:16AM – 11:35AM	Shiva Until 3:06PM	Muruqa: Green	Sunset: 6:09PM		
		451755472 Rahu 3:31PM – 4:50PM	Bava Until 2:02PM	Nataraja: White			
Creative Work	Amrita Yoga		Panchami Until 2:12AM Wed	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 1:48PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Wednesday, August 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Cape Town, South Africa Sun 20 Sutra 108 Subhakrit 5124	
Kanya Rasi: 18.32	Tithi 6	Gulika 11:35AM – 12:53PM	Hasta Until 2:53PM	Ganesha: Blue	Sunrise: 7:38AM	Moon 7 - Phase 15 - 20	3rd Phase
		Yama 8:57AM – 10:16AM	Siddha Until 2:17PM	Muruqa: Green	Sunset: 6:09PM		
		461755472 Rahu 12:53PM – 2:12PM	Kaulava Until 2:17PM	Nataraja: White			
Routine Work	Marana Yoga		Shashthi* Until 2:11AM Thu	Moon – Green		<b>Devaloka Day</b>	
Until 2:53PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Thursday, August 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau		Cape Town, South Africa Sun 21 Sutra 109 Subhakrit 5124	
Tula Rasi: 1.32	Tithi 7	Gulika 10:15AM – 11:34AM	Chitra Until 3:17PM	Ganesha: Blue	Sunrise: 7:37AM	Moon 7 - Phase 15 - 21	3rd Phase
		Yama 7:37AM – 8:56AM	Sadhya Until 1:03PM	Muruqa: Green	Sunset: 6:10PM		
		461755472 Rahu 2:13PM – 3:32PM	Gara Until 2:00PM	Nataraja: White			
Creative Work	Siddha Yoga		Saptami Until 1:37AM Fri	Moon – Green		<b>Devaloka Day</b>	
Until 3:17PM				Sravana*Adi			
Then Creative Work - Amrita Yoga							

<b>Friday, August 5, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Cape Town, South Africa Sun 22 Sutra 110 Subhakrit 5124	
Tula Rasi: 14.51	Tithi 8	Gulika 8:55AM – 10:15AM	Svati Until 2:58PM	Ganesha: Blue	Sunrise: 7:36AM	Moon 7 - Phase 15 - 22	Ashtami
		Yama 3:32PM – 4:51PM	Subha Until 11:22AM	Muruqa: White	Sunset: 6:11PM		
		461765472 Rahu 11:34AM – 12:53PM	Visti Until 1:07PM	Nataraja: White			
Creative Work	Siddha Yoga		Ashtami* Until 12:26AM Sat	Moon – Green		<b>Devaloka Day</b>	
				Sravana*Adi			
		Varalakshmi Vratam					

<b>Saturday, August 6, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Cape Town, South Africa Sun 23 Sutra 111 Subhakrit 5124	
Tula Rasi: 28.3	Tithi 9	Gulika 7:35AM – 8:55AM	Vishakha Until 2:19PM	Ganesha: White	Sunrise: 7:35AM	Moon 7 - Phase 15 - 23	Navami
		Yama 2:13PM – 3:32PM	Sukla Until 9:09AM	Muruqa: White	Sunset: 6:11PM		
		472765472 Rahu 10:14AM – 11:34AM	Balava Until 11:38AM	Nataraja: White			
Creative Work	Siddha Yoga		Navami* Until 10:38PM	Moon – Orange		<b>Bhuloka Day</b>	
				Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

times are standard time. Calculated for Cape Town, South Africa on :

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<b>1 Sunday, August 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau			Cape Town, South Africa Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 12.32	Tithi 10	<b>Gulika</b> 3:33PM – 4:52PM	<b>Anuradha</b> Until 12:56PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:34AM	
		Yama 12:53PM – 2:13PM	Brahma Until 6:28AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:12PM	Moon 7 - Phase 16 - 24
472865472	<b>Rahu</b> 4:52PM – 6:12PM		Taitila Until 9:32AM	<b>Nataraja:</b> White	4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 8:16PM	Moon – Orange	
				<b>Sravana*Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>2 Monday, August 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Cape Town, South Africa Sun 25 Sutra 113 Subhakrit 5124
Vrischika Rasi: 26.56	Tithi 11 – 12	<b>Gulika</b> 2:13PM – 3:33PM	<b>Jyeshtha*</b> Until 10:53AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:33AM	
<b>Family Home Evening</b>		Yama 11:33AM – 12:33PM	Vaidhriti* Until 11:48PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:13PM	Moon 7 - Phase 16 - 25
472865472	<b>Rahu</b> 8:53AM – 10:13AM		Vanija Until 6:55AM	<b>Nataraja:</b> White	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 5:25PM	Moon – Orange	
				<b>Sravana*Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>3 Tuesday, August 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 11.4	Tithi 12 – 13	<b>Gulika</b> 12:53PM – 2:13PM	<b>Mula*</b> Until 8:41AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:32AM	
		Yama 10:13AM – 11:33AM	Vishkambha* Until 7:59PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:14PM	Moon 7 - Phase 16 - 26
482865472	<b>Rahu</b> 3:33PM – 4:53PM		Kaulava Until 12:28AM Wed	<b>Nataraja:</b> White	4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 2:10PM	Moon – Light Blue	
Until 8:41AM				<b>Sravana*Adi</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

<b>4 Wednesday, August 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 115 Subhakrit 5124
Dhanus Rasi: 26.37	Tithi 13 – 14	<b>Gulika</b> 11:32AM – 12:53PM	<b>Purvashadha*</b> Until 6:04AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:31AM	
		Yama 8:52AM – 10:12AM	Priti Until 4:01PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:14PM	Moon 7 - Phase 16 - 27
482865472	<b>Rahu</b> 12:53PM – 2:13PM		Gara Until 8:55PM	<b>Nataraja:</b> White	4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 10:41AM	Moon – Light Blue	
				<b>Sravana*Adi</b>	<b>Devaloka Day</b>

<b>Thursday, August 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			Cape Town, South Africa Sutra 116 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:11AM – 11:32AM	<b>Shravana</b> Until 12:36AM Fri	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:30AM	
Makara Rasi: 11.4	Tithi 14 – 15	Yama 7:30AM – 8:51AM	Ayushman Until 11:59AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:15PM	Moon 7 - Phase 16 -
492865472	<b>Rahu</b> 2:13PM – 3:34PM		Bava Until 3:35AM Fri	<b>Nataraja:</b> White	Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:06AM	Moon – Purple	
		<b>Raksha Bandhan</b>		<b>Sravana*Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>Friday, August 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau			Cape Town, South Africa Sutra 117 Subhakrit 5124
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:50AM – 10:11AM	<b>Dhanishtha</b> Until 10:06PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:29AM	
Makara Rasi: 26.41	Tithi 16	Yama 3:34PM – 4:55PM	Saubhagya Until 8:02AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:16PM	Moon 7 - Phase 16 -
492865472	<b>Rahu</b> 11:32AM – 12:52PM		Balava Until 1:55PM	<b>Nataraja:</b> White	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 12:18AM Sat	Moon – Purple	
				<b>Sravana*Adi</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukstayam  
Shatabhishak Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvityayam Titau

Cape Town, South Africa  
Sun 1 Sutra 118

Kumbha Rasi: 11.3 Tithi 17

**Gulika** 7:28AM – 8:49AM  
Yama 2:13PM – 3:34PM  
492865472 **Rahu** 10:10AM – 11:31AM

**Shatabhishak** Until 7:51PM  
Athiganda\* Until 12:59AM Sun  
Taitila Until 10:50AM  
**Dvitiya** Until 9:26PM

**Ganesha:** Clear *Sunrise: 7:28AM*  
**Muruqa:** White *Sunset: 6:16PM*  
**Nataraja:** White  
Moon – Purple

Moon 8 - Phase 17 - 1  
1st Phase

Creative Work Amrita Yoga  
Until 7:51PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Sunday, August 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Trityayam Titau

Cape Town, South Africa  
Sun 2 Sutra 119

Kumbha Rasi: 25.59 Tithi 18

**Gulika** 3:35PM – 4:56PM  
Yama 12:52PM – 2:13PM  
412865472 **Rahu** 4:56PM – 6:17PM

**Purvaproshtapada\*** Until 6:27PM  
Sukarma Until 10:08PM  
Vanija Until 8:13AM  
**Tritiya** Until 7:08PM

**Ganesha:** Yellow *Sunrise: 7:27AM*  
**Muruqa:** White *Sunset: 6:17PM*  
**Nataraja:** White  
Moon – Clear

Moon 8 - Phase 17 - 2  
1st Phase

Creative Work Siddha Yoga  
Until 6:27PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Monday, August 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam  
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa  
Sun 3 Sutra 120

Meena Rasi: 10.01 Tithi 19 – 20

**Gulika** 2:13PM – 3:35PM  
Yama 11:30AM – 12:52PM  
412865472 **Rahu** 8:47AM – 10:09AM

**Uttaraproshtapada** Until 5:37PM  
Dhriti Until 7:53PM  
Bava Until 6:16AM  
**Chaturthi\*** Until 5:33PM

**Ganesha:** Yellow *Sunrise: 7:26AM*  
**Muruqa:** White *Sunset: 6:18PM*  
**Nataraja:** White  
Moon – Clear

Moon 8 - Phase 17 - 3  
1st Phase

Creative Work Siddha Yoga  
Until 6:27PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Tuesday, August 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam  
Revati/Ashvini Nakshatra Shula\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Cape Town, South Africa  
Sun 4 Sutra 121

Meena Rasi: 23.36 Tithi 20 – 21

**Gulika** 12:52PM – 2:13PM  
Yama 10:08AM – 11:30AM  
412865472 **Rahu** 3:35PM – 4:57PM

**Revati** Until 5:27PM  
Shula\* Until 6:18PM  
Gara Until 4:46AM Wed  
**Panchami** Until 4:48PM

**Ganesha:** Yellow *Sunrise: 7:25AM*  
**Muruqa:** White *Sunset: 6:18PM*  
**Nataraja:** White  
Moon – Clear

Moon 8 - Phase 17 - 4  
1st Phase

Creative Work Siddha Yoga  
Until 6:27PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Wednesday, August 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukstayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa  
Sun 5 Sutra 122

Mesha Rasi: 6.42 Tithi 21 – 22

**Gulika** 11:30AM – 12:51PM  
Yama 8:46AM – 10:08AM  
522865472 **Rahu** 12:51PM – 2:13PM

**Ashvini** Until 6:27PM  
Ganda\* Until 5:25PM  
Visti Until 5:19AM Thu  
**Shashthi\*** Until 4:55PM

**Ganesha:** Yellow *Sunrise: 7:24AM*  
**Muruqa:** White *Sunset: 6:19PM*  
**Nataraja:** White  
Moon – White

Moon 8 - Phase 17 - 5  
1st Phase

Routine Work Marana Yoga  
Until 6:27PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**5**

**Thursday, August 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukstayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa  
Sun 6 Sutra 123

Mesha Rasi: 19.22 Tithi 22 – 23

**Gulika** 10:07AM – 11:29AM  
Yama 7:23AM – 8:45AM  
522865472 **Rahu** 2:13PM – 3:35PM

**Bharani** Until 8:06PM  
Vridhhi Until 5:12PM  
Balava Until 6:40AM Fri  
**Saptami** Until 5:53PM

**Ganesha:** Yellow *Sunrise: 7:23AM*  
**Muruqa:** White *Sunset: 6:20PM*  
**Nataraja:** White  
Moon – White

Moon 8 - Phase 17 - 6  
1st Phase

Creative Work Siddha Yoga  
Until 8:06PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**D**

**Friday, August 19, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa  
Sun 7 Sutra 124

Vrishabha Rasi: 1.42 Tithi 23

**Gulika** 8:44AM – 10:06AM  
Yama 3:36PM – 4:58PM  
523865472 **Rahu** 11:29AM – 12:51PM

**Krittika** Until 10:16PM  
Dhruva Until 5:30PM  
Balava Until 6:40AM  
**Ashtami\*** Until 7:33PM

**Ganesha:** White *Sunrise: 7:22AM*  
**Muruqa:** White *Sunset: 6:20PM*  
**Nataraja:** White  
Moon – White

Moon 8 - Phase 17 - 7  
Ashtami

Creative Work Siddha Yoga  
Until 10:16PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Saturday, August 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yukstayam  
Rohini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa  
Sun 8 Sutra 125

Vrishabha Rasi: 13.47 Tithi 24

**Gulika** 7:20AM – 8:43AM  
Yama 2:13PM – 3:36PM  
533865472 **Rahu** 10:06AM – 11:28AM

**Rohini** Until 1:13AM Sun  
Vyaghata\* Until 6:13PM  
Taitila Until 8:37AM  
**Navami\*** Until 9:44PM

**Ganesha:** Yellow *Sunrise: 7:20AM*  
**Muruqa:** White *Sunset: 6:21PM*  
**Nataraja:** White  
Moon – Yellow

Moon 8 - Phase 17 - 8  
Navami

Creative Work Amrita Yoga  
Until 1:13AM Sun  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

are standard time. Calculated for Cape Town, South Africa on :

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<b>1 Sunday, August 21, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Cape Town, South Africa Sun 9 Sutra 126 Subhakarit 5124	
Wishabha Rasi: 25.41	Tithi 25	<b>Gulika</b> 3:36PM – 4:59PM	<b>Mrigashira</b> Until 4:14AM Mon	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:19AM
		Yama 12:51PM – 2:13PM	Harshana Until 7:11PM	<b>Muruqa:</b> White	<b>Sunset:</b> 6:22PM
533865472	<b>Rahu</b> 4:59PM – 6:22PM		Vanija Until 10:57AM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 9
Creative Work	Siddha Yoga		<b>Dashami</b> Until 12:10AM Mon	Moon – Yellow	2nd Phase
				<b>Bhuloka Day</b>	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

<b>2 Monday, August 22, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Cape Town, South Africa Sun 10 Sutra 127 Subhakarit 5124	
Mithuna Rasi: 7.32	Tithi 26	<b>Gulika</b> 2:13PM – 3:36PM	<b>Ardra</b> Until 7:05AM Tue	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:18AM
<b>Family Home Evening</b>		Yama 11:27AM – 12:50PM	Vajra* Until 8:11PM	<b>Muruqa:</b> White	<b>Sunset:</b> 6:22PM
533865472	<b>Rahu</b> 8:41AM – 10:04AM		Bava Until 1:27PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 10
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 2:40AM Tue	Moon – Yellow	2nd Phase
				<b>Bhuloka Day</b>	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

<b>3 Tuesday, August 23, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Cape Town, South Africa Sun 11 Sutra 128 Subhakarit 5124	
Mithuna Rasi: 19.22	Tithi 27	<b>Gulika</b> 12:50PM – 2:13PM	<b>Ardra</b> Until 7:05AM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:17AM
		Yama 10:03AM – 11:27AM	Siddhi Until 9:07PM	<b>Muruqa:</b> White	<b>Sunset:</b> 6:23PM
533865472	<b>Rahu</b> 3:37PM – 5:00PM		Kaulava Until 3:54PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 11
Routine Work	Marana Yoga		<b>Dvadashti*</b> Until 5:02AM Wed	Moon – Yellow	2nd Phase
Until 7:05AM				<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, August 24, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau		Cape Town, South Africa Sun 12 Sutra 129 Subhakarit 5124	
Kataka Rasi: 1.16	Tithi 28	<b>Gulika</b> 11:26AM – 12:50PM	<b>Punarvasu</b> Until 10:08AM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:16AM
		Yama 8:39AM – 10:03AM	Vyatipata* Until 9:54PM	<b>Muruqa:</b> White	<b>Sunset:</b> 6:24PM
543865472	<b>Rahu</b> 12:50PM – 2:13PM		Gara Until 6:08PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 12
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 7:08AM Thu	Moon – Blue	2nd Phase
				<b>Bhuloka Day</b>	
				Sravana-Avani	
				<i>Pradosha Vrata (Fasting)</i>	

<b>5 Thursday, August 25, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Cape Town, South Africa Sun 13 Sutra 130 Subhakarit 5124	
Kataka Rasi: 13.16	Tithi 28 – 29	<b>Gulika</b> 10:02AM – 11:26AM	<b>Pushya</b> Until 12:45PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:15AM
		Yama 7:15AM – 8:38AM	Varyan Until 10:24PM	<b>Muruqa:</b> White	<b>Sunset:</b> 6:24PM
543865472	<b>Rahu</b> 2:13PM – 3:37PM		Visti Until 8:04PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 13
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 7:08AM	Moon – Blue	2nd Phase
Until 12:45PM				<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Sravana-Avani	

<b>Friday, August 26, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau		Cape Town, South Africa Sun 14 Sutra 131 Subhakarit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 8:37AM – 10:01AM	<b>Ashlesha*</b> Until 2:51PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:13AM
Kataka Rasi: 25.23	Tithi 29 – 30	Yama 3:37PM – 5:01PM	Parigha* Until 10:38PM	<b>Muruqa:</b> White	<b>Sunset:</b> 6:25PM
543865472	<b>Rahu</b> 11:25AM – 12:49PM		Catuspada Until 9:38PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 14
Routine Work	Marana Yoga		<b>Chaturdashy*</b> Until 8:53AM	Moon – Blue	Amavasya
				<b>Bhuloka Day</b>	
				Sravana-Avani	

<b>Saturday, August 27, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Cape Town, South Africa Sun 15 Sutra 132 Subhakarit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 7:12AM – 8:36AM	<b>Magha*</b> Until 4:54PM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:12AM
Simha Rasi: 7.41	Tithi 30 – 1	Yama 2:13PM – 3:37PM	Shiva Until 10:35PM	<b>Muruqa:</b> White	<b>Sunset:</b> 6:26PM
533865472	<b>Rahu</b> 10:01AM – 11:25AM		Kintughna Until 10:49PM	<b>Nataraja:</b> White	Moon 8 - Phase 18 - 15
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 10:15AM	Moon – Red	Prathama
Until 4:54PM				<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

Times are standard time. Calculated for Cape Town, South Africa on :

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<b>1</b>	<b>Sunday, August 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 16 Sutra 133 Subhakrit 5124
	Simha Rasi: 20.09	Tithi 1 – 2	<b>Gulika</b> 3:38PM – 5:02PM	<b>Purvaphalguni Until 6:24PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:11AM	
			Yama 12:49PM – 2:13PM	Siddha Until 10:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 19 - 16
		553865473	<b>Rahu</b> 5:02PM – 6:27PM	Balava Until 11:36PM	<b>Nataraja:</b> Clear		3rd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	
	Until 6:24PM		<b>Prathama* Until 11:14AM</b>	<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	
	Then Creative Work - Amrita Yoga						

<b>2</b>	<b>Monday, August 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Cape Town, South Africa Sun 17 Sutra 134 Subhakrit 5124
	Kanya Rasi: 2.47	Tithi 2 – 3	<b>Gulika</b> 2:13PM – 3:38PM	<b>Uttaraphalguni Until 7:22PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:10AM	
	<b>Family Home Evening</b>		Yama 11:24AM – 12:48PM	Sadhya Until 9:30PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 19 - 17
		553865473	<b>Rahu</b> 8:34AM – 9:59AM	Taitila Until 11:59PM	<b>Nataraja:</b> Clear		3rd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	
			<b>Dvitiya Until 11:49AM</b>	<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Tuesday, August 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtayam Titau				Cape Town, South Africa Sun 18 Sutra 135 Subhakrit 5124
	Kanya Rasi: 16	Tithi 3 – 4	<b>Gulika</b> 12:48PM – 2:13PM	<b>Hasta Until 8:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:08AM	
			Yama 9:58AM – 11:23AM	Subha Until 8:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 19 - 18
		563865473	<b>Rahu</b> 3:38PM – 5:03PM	Vanija Until 12:00AM Wed	<b>Nataraja:</b> Clear		3rd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	
			<b>Tritiya Until 12:01PM</b>	<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Wednesday, August 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Cape Town, South Africa Sun 19 Sutra 136 Subhakrit 5124
	Kanya Rasi: 28.37	Tithi 4 – 5	<b>Gulika</b> 11:23AM – 12:48PM	<b>Chitra Until 8:39PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:07AM	
			Yama 8:32AM – 9:57AM	Sukla Until 7:14PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 19 - 19
		563865473	<b>Rahu</b> 12:48PM – 2:13PM	Bava Until 11:38PM	<b>Nataraja:</b> Clear		3rd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	
			<b>Ganesha Chaturthi</b>	<b>Chaturthi* Until 11:51AM</b>	<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Thursday, September 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Cape Town, South Africa Sun 20 Sutra 137 Subhakrit 5124
	Tula Rasi: 11.49	Tithi 5 – 6	<b>Gulika</b> 9:57AM – 11:22AM	<b>Svati Until 8:30PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:06AM	
			Yama 7:06AM – 8:31AM	Brahma Until 5:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 19 - 20
		563965473	<b>Rahu</b> 2:13PM – 3:38PM	Kaulava Until 10:52PM	<b>Nataraja:</b> Clear		3rd Phase
	Creative Work	Amrita Yoga				<b>Devaloka Day</b>	
	Until 8:30PM		<b>Panchami Until 11:17AM</b>	<b>Bhadrapada*Avani</b>			
	Then Creative Work - Siddha Yoga						

<b>6</b>	<b>Friday, September 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Cape Town, South Africa Sun 21 Sutra 138 Subhakrit 5124
	Tula Rasi: 25.15	Tithi 6 – 7	<b>Gulika</b> 8:30AM – 9:56AM	<b>Vishakha Until 8:14PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:04AM	
			Yama 3:38PM – 5:04PM	Indra Until 3:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 19 - 21
		573965473	<b>Rahu</b> 11:21AM – 12:47PM	Gara Until 9:41PM	<b>Nataraja:</b> Clear		3rd Phase
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b>	
			<b>Shashthi* Until 10:18AM</b>	<b>Bhadrapada*Avani</b>			

<b>☾</b>	<b>Saturday, September 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cape Town, South Africa Sun 22 Sutra 139 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 7:03AM – 8:29AM	<b>Anuradha Until 7:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:03AM	
	Vrischika Rasi: 8.55	Tithi 7 – 8	Yama 2:13PM – 3:39PM	Vaidhriti* Until 1:26PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19 - 22
		574965473	<b>Rahu</b> 9:55AM – 11:21AM	Visti Until 8:05PM	<b>Nataraja:</b> Clear		Ashtami
	Creative Work	Siddha Yoga				<b>Devaloka Day</b>	
			<b>Saptami Until 8:55AM</b>	<b>Bhadrapada*Avani</b>			

<b>☾</b>	<b>Sunday, September 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cape Town, South Africa Sun 23 Sutra 140 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 3:39PM – 5:05PM	<b>Jyeshtha* Until 6:01PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:02AM	
	Vrischika Rasi: 22.5	Tithi 8 – 9	Yama 12:46PM – 2:13PM	Vishkambha* Until 10:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19 - 23
		574965473	<b>Rahu</b> 5:05PM – 6:31PM	Balava Until 6:05PM	<b>Nataraja:</b> Clear		Navami
	Routine Work	Marana Yoga				<b>Devaloka Day</b>	
	Until 6:01PM		<b>Ashtami* Until 7:07AM</b>	<b>Bhadrapada*Avani</b>			
	Then Creative Work - Amrita Yoga						


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Monday, September 5, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Cape Town, South Africa
		Mula/Purvashadha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 141
Dhanus Rasi: 7.01	Tithi 10	<b>Gulika</b> 2:13PM – 3:39PM	<b>Mula* Until 4:32PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:00AM
<b>Family Home Evening</b>	584965473	Yama 11:20AM – 12:46PM	Priti Until 7:55AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:32PM
Creative Work Siddha Yoga		<b>Rahu</b> 8:27AM – 9:53AM	Taitila Until 3:42PM	Nataraja: Clear
Until 4:32PM			Dashami Until 2:22AM Tue	Moon – Light Blue
Then Routine Work - Marana Yoga				<b>Bhuloka Day</b>
				Devaloka Time: 6:PM to 9:PM

<b>2</b>	<b>Tuesday, September 6, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam		Cape Town, South Africa
		Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25 Sutra 142
Dhanus Rasi: 21.26	Tithi 11	<b>Gulika</b> 12:46PM – 2:12PM	<b>Purvashadha* Until 2:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:59AM
	584965473	Yama 9:52AM – 11:19AM	Saubhagya Until 1:16AM Wed	<b>Muruqa:</b> White <i>Sunset:</i> 6:32PM
Creative Work Siddha Yoga		<b>Rahu</b> 3:39PM – 5:06PM	Vanija Until 1:00PM	Nataraja: Clear
Until 2:36PM			Ekadashi Until 11:33PM	Moon – Light Blue
Then Routine Work - Prabarashita Yoga				<b>Bhuloka Day</b>
				Devaloka Time: 6:PM to 9:PM

<b>3</b>	<b>Wednesday, September 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Cape Town, South Africa
		Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26 Sutra 143
Makara Rasi: 6.02	Tithi 12	<b>Gulika</b> 11:19AM – 12:45PM	<b>Uttarashadha Until 12:20PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:58AM
	584965473	Yama 8:25AM – 9:52AM	Sobhana Until 9:44PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:33PM
Creative Work Amrita Yoga		<b>Rahu</b> 12:45PM – 2:12PM	Bava Until 10:05AM	Nataraja: Clear
Until 12:20PM			Dvadashi Until 8:34PM	Moon – Light Blue
Then Creative Work - Siddha Yoga				<b>Bhuloka Day</b>
				Devaloka Time: 6:PM to 9:PM

<b>4</b>	<b>Thursday, September 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Cape Town, South Africa
		Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 144
Makara Rasi: 20.43	Tithi 13 – 14	<b>Gulika</b> 9:51AM – 11:18AM	<b>Shravana Until 10:15AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:56AM
	594965473	Yama 6:56AM – 8:24AM	Athiganda* Until 6:09PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:34PM
Creative Work Siddha Yoga		<b>Rahu</b> 2:12PM – 3:39PM	Kaulava Until 7:04AM	Nataraja: Clear
			Trayodashi Until 5:33PM	Moon – Purple
		<b>Chidambaram Abhishekam</b>		<b>Devaloka Day</b>
				Bhadrapada*Avani
			<i>Pradosha Vrata</i>	

	<b>Friday, September 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Cape Town, South Africa
	<b>Copper Retreat Star</b>	Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 145
Kumbha Rasi: 5.23	Tithi 14 – 15	<b>Gulika</b> 8:23AM – 9:50AM	<b>Dhanishtha Until 8:04AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:55AM
	594965473	Yama 3:40PM – 5:07PM	Sukarma Until 2:40PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:34PM
Creative Work Siddha Yoga		<b>Rahu</b> 11:17AM – 12:45PM	Visti Until 1:17AM Sat	Nataraja: Clear
			Chaturdashi* Until 2:38PM	Moon – Purple
				<b>Devaloka Day</b>
				Bhadrapada*Avani

<b>Silver Retreat Star</b>	<b>Saturday, September 10, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		Cape Town, South Africa
		Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 146
Kumbha Rasi: 19.55	Tithi 15 – 16	<b>Gulika</b> 6:54AM – 8:21AM	<b>Purvaprosarthapada* Until 4:31AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:54AM
	594965473	Yama 2:12PM – 3:40PM	Dhriti Until 11:25AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:35PM
Routine Work Marana Yoga		<b>Rahu</b> 9:49AM – 11:17AM	Balava Until 10:49PM	Nataraja: Clear
Until 4:31AM Sun			Purnima* Until 11:59AM	Moon – Purple
Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>
				Bhadrapada*Avani

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\*Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa

Sutra 147

Subhakrit 5124

Meena Rasi: 4.11 Tithi 16 - 17

514965473

**Gulika** 3:40PM - 5:08PM  
Yama 12:44PM - 2:12PM  
**Rahu** 5:08PM - 6:36PM

**Uttaraproshtapada** Until 3:27AM Mon

Shula\* Until 8:28AM

Taitila Until 8:51PM

**Prathama\*** Until 9:45AM

**Ganesha:** Clear *Sunrise:* 6:52AM

**Muruqa:** White *Sunset:* 6:36PM

**Nataraja:** Clear

Moon - Clear

Creative Work Amrita Yoga

Until 3:27AM Mon

Then Creative Work - Siddha Yoga

Grandparent's Day

**Bhadrapada\*Avani**

**Devaloka Day**

**1** Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 148

Subhakrit 5124

Meena Rasi: 18.07 Tithi 17 - 18

514965473

**Gulika** 2:12PM - 3:40PM  
Yama 11:16AM - 12:44PM  
**Rahu** 8:19AM - 9:47AM

**Revati** Until 2:55AM Tue

Vriddhi Until 4:04AM Tue

Vanija Until 7:31PM

**Dvitiya** Until 8:05AM

**Ganesha:** Clear *Sunrise:* 6:51AM

**Muruqa:** White *Sunset:* 6:36PM

**Nataraja:** Clear

Moon - Clear

**Family Home Evening**

Creative Work Siddha Yoga

**Devaloka Day**

**Bhadrapada\*Avani**

**2** Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Cape Town, South Africa

Sun 2 Sutra 149

Subhakrit 5124

Mesha Rasi: 1.37 Tithi 18 - 19

524965473

**Gulika** 12:43PM - 2:12PM  
Yama 9:47AM - 11:15AM  
**Rahu** 3:40PM - 5:09PM

**Ashvini** Until 3:25AM Wed

Dhruva Until 2:44AM Wed

Bava Until 6:56PM

**Tritiya** Until 7:06AM

**Ganesha:** White *Sunrise:* 6:50AM

**Muruqa:** White *Sunset:* 6:37PM

**Nataraja:** Clear

Moon - White

Creative Work Siddha Yoga

**Bhuloka Day**

**Bhadrapada\*Avani**

Devaloka Time: 6:PM to 9:PM

**3** Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Cape Town, South Africa

Sun 3 Sutra 150

Subhakrit 5124

Mesha Rasi: 14.43 Tithi 19 - 20

524965473

**Gulika** 11:14AM - 12:43PM  
Yama 8:17AM - 9:46AM  
**Rahu** 12:43PM - 2:12PM

**Bharani** Until 4:34AM Thu

Vyaghata\* Until 2:03AM Thu

Kaulava Until 7:09PM

**Chaturthi\*** Until 6:55AM

**Ganesha:** White *Sunrise:* 6:48AM

**Muruqa:** White *Sunset:* 6:38PM

**Nataraja:** Clear

Moon - White

Creative Work Siddha Yoga

Until 4:34AM Thu

Then Routine Work - Marana Yoga

**Bhuloka Day**

**Bhadrapada\*Avani**

Devaloka Time: 6:PM to 9:PM

**4** Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Cape Town, South Africa

Sun 4 Sutra 151

Subhakrit 5124

Mesha Rasi: 27.24 Tithi 20 - 21

525965473

**Gulika** 9:45AM - 11:14AM  
Yama 6:47AM - 8:16AM  
**Rahu** 2:12PM - 3:41PM

**Krittika** Until 6:17AM Fri

Harshana Until 1:59AM Fri

Gara Until 8:08PM

**Panchami** Until 7:32AM

**Ganesha:** Clear *Sunrise:* 6:47AM

**Muruqa:** White *Sunset:* 6:38PM

**Nataraja:** Clear

Moon - White

Routine Work Marana Yoga

**Devaloka Day**

**Bhadrapada\*Avani**

**5** Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Cape Town, South Africa

Sun 5 Sutra 152

Subhakrit 5124

Vrishabha Rasi: 9.46 Tithi 21 - 22

525965473

**Gulika** 8:15AM - 9:44AM  
Yama 3:41PM - 5:10PM  
**Rahu** 11:13AM - 12:42PM

**Krittika** Until 6:17AM

Vajra\* Until 2:22AM Sat

Visti Until 9:49PM

**Shashthi\*** Until 8:53AM

**Ganesha:** Clear *Sunrise:* 6:46AM

**Muruqa:** White *Sunset:* 6:39PM

**Nataraja:** Clear

Moon - White

Creative Work Siddha Yoga

Until 6:17AM

Then Routine Work - Marana Yoga

**Devaloka Day**

**Bhadrapada\*Avani**

**Retreat Star** Saturday, September 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa

Sun 6 Sutra 153

Subhakrit 5124

Vrishabha Rasi: 21.52 Tithi 22 - 23

535965473

**Gulika** 6:44AM - 8:14AM  
Yama 2:11PM - 3:41PM  
**Rahu** 9:43AM - 11:13AM

**Rohini** Until 8:55AM

Siddhi Until 3:06AM Sun

Balava Until 11:58PM

**Saptami** Until 10:50AM

**Ganesha:** White *Sunrise:* 6:44AM

**Muruqa:** White *Sunset:* 6:40PM

**Nataraja:** Clear

Moon - Yellow

Creative Work Amrita Yoga

Until 8:55AM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Bhadrapada\*Puratasi**

**Retreat Star** Sunday, September 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Sun 7 Sutra 154

Subhakrit 5124

Mithuna Rasi: 3.49 Tithi 23 - 24

535965473

**Gulika** 3:41PM - 5:11PM  
Yama 12:42PM - 2:11PM  
**Rahu** 5:11PM - 6:40PM

**Mrigashira** Until 11:44AM

Vyatipata\* Until 4:01AM Mon

Taitila Until 2:23AM Mon

**Ashtami\*** Until 1:09PM

**Ganesha:** White *Sunrise:* 6:43AM

**Muruqa:** White *Sunset:* 6:40PM

**Nataraja:** Clear

Moon - Yellow

Creative Work Siddha Yoga

**Sivaloka Day**

**Bhadrapada\*Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	<b>Monday, September 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Cape Town, South Africa Sun 8 Sutra 155 Subhakrit 5124
	Mithuna Rasi: 15.41	Tithi 24 – 25	<b>Gulika</b> 2:11PM – 3:41PM	<b>Ardra</b> Until 2:33PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM	
	<b>Family Home Evening</b>	535965473	Yama 11:11AM – 12:41PM	Variyan Until 4:54AM Tue	<b>Muruqa:</b> White <i>Sunset:</i> 6:41PM	Moon 9 - Phase 22 - 8
	Creative Work Siddha Yoga		<b>Rahu</b> 8:11AM – 9:41AM	Vanija Until 4:49AM Tue	<b>Nataraja:</b> Clear	2nd Phase
		<b>Navami* Until 3:36PM</b>			<b>Sivaloka Day</b>	
					<b>Bhadrapada-Puratasi</b>	
Until 2:33PM Then Creative Work - Amrita Yoga						

2	<b>Tuesday, September 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Cape Town, South Africa Sun 9 Sutra 156 Subhakrit 5124
	Mithuna Rasi: 27.34	Tithi 25 – 26	<b>Gulika</b> 12:41PM – 2:11PM	<b>Punarvasu</b> Until 5:36PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:40AM	
		545965473	Yama 9:40AM – 11:11AM	Parigha* Until 5:40AM Wed	<b>Muruqa:</b> White <i>Sunset:</i> 6:42PM	Moon 9 - Phase 22 - 9
	Creative Work Siddha Yoga		<b>Rahu</b> 3:41PM – 5:12PM	Bava Until 7:05AM Wed	<b>Nataraja:</b> Clear	2nd Phase
		<b>Dashami</b> Until 5:58PM			<b>Devaloka Day</b>	
					<b>Bhadrapada-Puratasi</b>	
Until 2:33PM Then Creative Work - Amrita Yoga						

3	<b>Wednesday, September 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau			Cape Town, South Africa Sun 10 Sutra 157 Subhakrit 5124
	Kataka Rasi: 9.3	Tithi 26	<b>Gulika</b> 11:10AM – 12:41PM	<b>Pushya</b> Until 8:15PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:39AM	
		545965473	Yama 8:09AM – 9:40AM	Shiva Until 6:12AM Thu	<b>Muruqa:</b> White <i>Sunset:</i> 6:42PM	Moon 9 - Phase 22 - 10
	Creative Work Siddha Yoga		<b>Rahu</b> 12:41PM – 2:11PM	Bava Until 7:05AM	<b>Nataraja:</b> Clear	2nd Phase
		<b>Ekadashi* Until 8:04PM</b>			<b>Devaloka Day</b>	
					<b>Bhadrapada-Puratasi</b>	
Until 2:33PM Then Creative Work - Amrita Yoga						

4	<b>Thursday, September 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau			Cape Town, South Africa Sun 11 Sutra 158 Subhakrit 5124
	Kataka Rasi: 21.35	Tithi 27	<b>Gulika</b> 9:39AM – 11:09AM	<b>Ashlesha*</b> Until 10:20PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:37AM	
		545965473	Yama 6:37AM – 8:08AM	Shiva Until 6:12AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:43PM	Moon 9 - Phase 22 - 11
	Creative Work Siddha Yoga		<b>Rahu</b> 2:11PM – 3:42PM	Kaulava Until 8:59AM	<b>Nataraja:</b> Clear	2nd Phase
		<b>Dvadashi* Until 9:46PM</b>			<b>Devaloka Day</b>	
					<b>Bhadrapada-Puratasi</b>	
Until 10:20PM Then Creative Work - Amrita Yoga						

5	<b>Friday, September 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau			Cape Town, South Africa Sun 12 Sutra 159 Subhakrit 5124
	Simha Rasi: 3.5	Tithi 28	<b>Gulika</b> 8:07AM – 9:38AM	<b>Magha*</b> Until 12:18AM Sat	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:36AM	
		555965473	Yama 3:42PM – 5:13PM	Siddha Until 6:21AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:44PM	Moon 9 - Phase 22 - 12
	Routine Work Marana Yoga		<b>Rahu</b> 11:09AM – 12:40PM	Gara Until 10:27AM	<b>Nataraja:</b> Clear	2nd Phase
		<b>Trayodashi* Until 10:59PM</b>			<b>Devaloka Day</b>	
					<b>Bhadrapada-Puratasi</b>	
Until 12:18AM Sat Then Creative Work - Siddha Yoga						

6	<b>Saturday, September 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Cape Town, South Africa Sun 13 Sutra 160 Subhakrit 5124
	Simha Rasi: 16.18	Tithi 29	<b>Gulika</b> 6:34AM – 8:06AM	<b>Purvaphalguni</b> Until 1:36AM Sun	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:34AM	
		556965473	Yama 2:11PM – 3:42PM	Sadhya Until 6:09AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:45PM	Moon 9 - Phase 22 - 13
	Creative Work Siddha Yoga		<b>Rahu</b> 9:37AM – 11:08AM	Visti Until 11:26AM	<b>Nataraja:</b> Clear	2nd Phase
		<b>Chaturdashi* Until 11:42PM</b>			<b>Bhuloka Day</b>	
					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM
Until 1:36AM Sun Then Creative Work - Amrita Yoga						

●	<b>Sunday, September 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Cape Town, South Africa Sun 14 Sutra 161 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 3:42PM – 5:14PM	<b>Uttaraphalguni</b> Until 2:15AM Mon	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:33AM	
	Simha Rasi: 29	Tithi 30	Yama 12:39PM – 2:11PM	Sukla Until 4:33AM Mon	<b>Muruqa:</b> White <i>Sunset:</i> 6:45PM	Moon 9 - Phase 22 - 14
	Creative Work Amrita Yoga		<b>Rahu</b> 5:14PM – 6:45PM	Catuspada Until 11:53AM	<b>Nataraja:</b> Clear	Amavasya
		<b>Amavasya* Until 11:54PM</b>			<b>Bhuloka Day</b>	
					<b>Bhadrapada-Puratasi</b>	Devaloka Time: 6:PM to 9:PM
Until 2:15AM Mon Then Creative Work - Siddha Yoga						

●	<b>Monday, September 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau			Cape Town, South Africa Sun 15 Sutra 162 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 2:11PM – 3:42PM	<b>Hasta</b> Until 2:45AM Tue	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM	
	Kanya Rasi: 11.56	Tithi 1	Yama 11:07AM – 12:39PM	Brahma Until 3:11AM Tue	<b>Muruqa:</b> White <i>Sunset:</i> 6:46PM	Moon 9 - Phase 22 - 15
	<b>Family Home Evening</b>	566165473	<b>Rahu</b> 8:03AM – 9:35AM	Kintughna Until 11:50AM	<b>Nataraja:</b> Clear	Prathama
		<b>Prathama* Until 11:38PM</b>			<b>Bhuloka Day</b>	
					<b>Ashvina-Puratasi</b>	Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga Navaratri Begins						

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

times are standard time. Calculated for Cape Town, South Africa on :

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<b>1</b>	<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau		Cape Town, South Africa Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 25.07	Tithi 2	<b>Gulika</b> 12:38PM – 2:11PM	<b>Chitra Until 2:41AM Wed</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> White <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – Green
	Creative Work	Siddha Yoga	566165473 <b>Rahu</b> 3:43PM – 5:15PM	Indra Until 1:31AM Wed Balava Until 11:21AM <b>Dvitiya Until 10:57PM</b>	Moon 9 - Phase 23 - 16 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
					<b>Ashvina+Puratasi</b>

<b>2</b>	<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Triliyayam Titau		Cape Town, South Africa Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 8.31	Tithi 3	<b>Gulika</b> 11:06AM – 12:38PM	<b>Svati Until 2:09AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> White <i>Sunset:</i> 6:47PM <b>Nataraja:</b> Clear Moon – Green
	Creative Work	Siddha Yoga	666165473 <b>Rahu</b> 12:38PM – 2:10PM	Vaidhriti* Until 11:32PM Tailila Until 10:29AM <b>Tritiya Until 9:54PM</b>	Moon 9 - Phase 23 - 17 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
					<b>Ashvina+Puratasi</b>

<b>3</b>	<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturtham Titau		Cape Town, South Africa Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 22.06	Tithi 4	<b>Gulika</b> 9:33AM – 11:05AM	<b>Vishakha Until 1:37AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> White <i>Sunset:</i> 6:48PM <b>Nataraja:</b> Clear Moon – Orange
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 2:10PM – 3:43PM	Vishkambha* Until 9:19PM Vanija Until 9:17AM <b>Chaturthi* Until 8:34PM</b>	Moon 9 - Phase 23 - 18 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
					<b>Ashvina+Puratasi</b>

<b>4</b>	<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau		Cape Town, South Africa Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 5.51	Tithi 5	<b>Gulika</b> 7:59AM – 9:32AM	<b>Anuradha Until 12:41AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> White <i>Sunset:</i> 6:49PM <b>Nataraja:</b> Clear Moon – Orange
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 11:05AM – 12:37PM	Priti Until 6:56PM Bava Until 7:49AM <b>Panchami Until 6:58PM</b>	Moon 9 - Phase 23 - 19 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
					<b>Ashvina+Puratasi</b>

<b>5</b>	<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau		Cape Town, South Africa Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 19.44	Tithi 6 – 7	<b>Gulika</b> 6:25AM – 7:58AM	<b>Jyeshtha* Until 11:26PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> White <i>Sunset:</i> 6:49PM <b>Nataraja:</b> Clear Moon – Orange
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 9:31AM – 11:04AM	Ayushman Until 4:21PM Kaulava Until 6:07AM <b>Shashthi* Until 5:10PM</b>	Moon 9 - Phase 23 - 20 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
					<b>Ashvina+Puratasi</b>

<b>6</b>	<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau		Cape Town, South Africa Sun 21 Sutra 168 Subhakrit 5124
	Dhanus Rasi: 3.45	Tithi 7 – 8	<b>Gulika</b> 3:43PM – 5:17PM	<b>Mula* Until 10:17PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> Green <i>Sunset:</i> 6:50PM <b>Nataraja:</b> Clear Moon – Light Blue
	Creative Work	Amrita Yoga	687166473 <b>Rahu</b> 5:17PM – 6:50PM	Saubhagya Until 1:38PM Visiti Until 2:10AM Mon <b>Saptami Until 3:12PM</b>	Moon 9 - Phase 23 - 21 3rd Phase <b>Sivaloka Day</b>
	Until 10:17PM	Then Creative Work - Siddha Yoga			<b>Ashvina+Puratasi</b>

<b>D</b>	<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cape Town, South Africa Sun 22 Sutra 169 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 2:10PM – 3:44PM	<b>Purvashadha* Until 8:52PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:22AM <b>Muruqa:</b> Green <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Clear Moon – Light Blue
	Dhanus Rasi: 17.52	Tithi 8 – 9	Yama 11:03AM – 12:37PM	Sobhana Until 10:48AM Balava Until 11:59PM <b>Ashtami* Until 1:05PM</b>	Moon 9 - Phase 23 - 22 Ashtami <b>Sivaloka Day</b>
	<b>Family Home Evening</b>	687166473 <b>Rahu</b> 7:56AM – 9:29AM			<b>Ashvina+Puratasi</b>

<b>D</b>	<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Cape Town, South Africa Sun 23 Sutra 170 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 12:36PM – 2:10PM	<b>Uttarashadha Until 7:12PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:21AM <b>Muruqa:</b> Green <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Clear Moon – Light Blue
	Makara Rasi: 2.04	Tithi 9 – 10	Yama 9:29AM – 11:02AM	Athiganda* Until 7:51AM Tailila Until 9:43PM <b>Navami* Until 10:50AM</b>	Moon 9 - Phase 23 - 23 Navami <b>Sivaloka Day</b>
	Routine Work	Prabalarishta Yoga	687166473 <b>Rahu</b> 3:44PM – 5:18PM		<b>Ashvina+Puratasi</b>

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

times are standard time. Calculated for Cape Town, South Africa on :

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1	<b>Wednesday, October 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 24 Sutra 171 Subhakrit 5124
	Makara Rasi: 16.19	Tithi 10 - 11	<b>Gulika</b> 11:02AM - 12:36PM	<b>Shravana Until 5:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:19AM	
			Yama 7:54AM - 9:28AM	Dhriti Until 1:50AM Thu	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:52PM	Moon 9 - Phase 24 - 24
		697166473	<b>Rahu</b> 12:36PM - 2:10PM	Vanija Until 7:24PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Vijaya Dasami</b>	<b>Dashami Until 8:32AM</b>	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>
Until 5:46PM							
Then Routine Work - Prabalarishta Yoga							

2	<b>Thursday, October 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Cape Town, South Africa Sun 25 Sutra 172 Subhakrit 5124
	Kumbha Rasi: 0.35	Tithi 11 - 12	<b>Gulika</b> 9:27AM - 11:01AM	<b>Dhanishtha Until 4:14PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:18AM	
			Yama 6:18AM - 7:53AM	Shula* Until 10:51PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:53PM	Moon 9 - Phase 24 - 25
		697166473	<b>Rahu</b> 2:10PM - 3:44PM	Balava Until 4:00AM Fri	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga				<b>Ekadashi Until 6:14AM</b>	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>

3	<b>Friday, October 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Taitilla Karana Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 173 Subhakrit 5124
	Kumbha Rasi: 14.47	Tithi 13	<b>Gulika</b> 7:51AM - 9:26AM	<b>Shatabhishak Until 2:41PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM	
			Yama 3:45PM - 5:19PM	Ganda* Until 8:01PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:54PM	Moon 9 - Phase 24 - 26
		697166473	<b>Rahu</b> 11:01AM - 12:35PM	Kaulava Until 2:58PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Kadaitswami Mahasamadhi</b>	<b>Trayodashi Until 1:58AM Sat</b>	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>
				<i>Pradosha Vrata</i>			

4	<b>Saturday, October 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 174 Subhakrit 5124
	Kumbha Rasi: 28.52	Tithi 14	<b>Gulika</b> 6:15AM - 7:50AM	<b>Purvaproshtapada* Until 1:39PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	
			Yama 2:10PM - 3:45PM	Vridhhi Until 5:25PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 24 - 27
		618166474	<b>Rahu</b> 9:25AM - 11:00AM	Gara Until 1:04PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Marana Yoga			<b>Chidambaram Abhishekam</b>	<b>Chaturdashi* Until 12:13AM Sun</b>	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>
Until 1:39PM							
Then Creative Work - Siddha Yoga							

○	<b>Sunday, October 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Cape Town, South Africa Sutra 175 Subhakrit 5124
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:45PM - 5:20PM	<b>Uttaraproshtapada Until 12:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:14AM	
	Meena Rasi: 12.45	Tithi 15	Yama 12:35PM - 2:10PM	Dhruva Until 3:05PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:55PM	Moon 9 - Phase 24 -
		618166474	<b>Rahu</b> 5:20PM - 6:55PM	Visti Until 11:31AM	<b>Nataraja:</b> Purple		Purnima
Creative Work Amrita Yoga			<b>Purnima* Until 10:54PM</b>	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>	

○	<b>Monday, October 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Cape Town, South Africa Sutra 176 Subhakrit 5124
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:10PM - 3:45PM	<b>Revati Until 12:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	
	Meena Rasi: 26.22	Tithi 16	Yama 10:59AM - 12:34PM	Vyaghata* Until 1:10PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:56PM	Moon 9 - Phase 24 -
	<b>Family Home Evening</b>	618166474	<b>Rahu</b> 7:48AM - 9:24AM	Balava Until 10:28AM	<b>Nataraja:</b> Purple		Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 10:07PM</b>	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>	





**Tuesday, October 11, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Cape Town, South Africa  
Sun 1 Sutra 177

Mesha Rasi: 9.39 Tithi 17

628176474

**Gulika** 12:34PM – 2:10PM  
**Yama** 9:23AM – 10:59AM  
**Rahu** 3:46PM – 5:21PM

**Ashvini Until 12:45PM**  
Harshana Until 11:44AM  
Taitila Until 9:59AM  
**Dvitiya Until 9:58PM**

**Ganesha:** Yellow *Sunrise:* 6:12AM  
**Muruqa:** White *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – White

Subhakrit 5124  
Moon 10 - Phase 25 - 1  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**1**

**Wednesday, October 12, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Cape Town, South Africa  
Sun 2 Sutra 178

Mesha Rasi: 22.36 Tithi 18

628176474

**Gulika** 10:58AM – 12:34PM  
**Yama** 7:46AM – 9:22AM  
**Rahu** 12:34PM – 2:10PM

**Bharani Until 1:38PM**  
Vajra\* Until 10:47AM  
Vanija Until 10:10AM  
**Tritiya Until 10:30PM**

**Ganesha:** Yellow *Sunrise:* 6:10AM  
**Muruqa:** White *Sunset:* 6:58PM  
**Nataraja:** Purple  
Moon – White

Subhakrit 5124  
Moon 10 - Phase 25 - 2  
1st Phase

Creative Work Siddha Yoga

Until 1:38PM

Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**2**

**Thursday, October 13, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau

Cape Town, South Africa  
Sun 3 Sutra 179

Vrishabha Rasi: 5.14 Tithi 19

628176474

**Gulika** 9:21AM – 10:58AM  
**Yama** 6:09AM – 7:45AM  
**Rahu** 2:10PM – 3:46PM

**Krittika Until 3:01PM**  
Siddhi Until 10:23AM  
Bava Until 11:02AM  
**Chaturthi\* Until 11:41PM**

**Ganesha:** Yellow *Sunrise:* 6:09AM  
**Muruqa:** White *Sunset:* 6:58PM  
**Nataraja:** Purple  
Moon – White

Subhakrit 5124  
Moon 10 - Phase 25 - 3  
1st Phase

Routine Work Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**3**

**Friday, October 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\*/Vaiyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa  
Sun 4 Sutra 180

Vrishabha Rasi: 17.35 Tithi 20

628176474

**Gulika** 7:44AM – 9:21AM  
**Yama** 3:46PM – 5:23PM  
**Rahu** 10:57AM – 12:33PM

**Rohini Until 5:19PM**  
Vyatipata\* Until 10:28AM  
Kaulava Until 12:32PM  
**Panchami Until 1:27AM Sat**

**Ganesha:** Blue *Sunrise:* 6:08AM  
**Muruqa:** White *Sunset:* 6:59PM  
**Nataraja:** Purple  
Moon – Yellow

Subhakrit 5124  
Moon 10 - Phase 25 - 4  
1st Phase

Routine Work Marana Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Saturday, October 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa  
Sun 5 Sutra 181

Vrishabha Rasi: 29.42 Tithi 21

628176474

**Gulika** 6:07AM – 7:43AM  
**Yama** 2:10PM – 3:47PM  
**Rahu** 9:20AM – 10:57AM

**Mrigashira Until 7:55PM**  
Variyan Until 10:56AM  
Gara Until 2:32PM  
**Shashthi\* Until 3:39AM Sun**

**Ganesha:** Red *Sunrise:* 6:07AM  
**Muruqa:** White *Sunset:* 7:00PM  
**Nataraja:** Purple  
Moon – Yellow

Subhakrit 5124  
Moon 10 - Phase 25 - 5  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**5**

**Sunday, October 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Cape Town, South Africa  
Sun 6 Sutra 182

Mithuna Rasi: 11.4 Tithi 22

628176474

**Gulika** 3:47PM – 5:24PM  
**Yama** 12:33PM – 2:10PM  
**Rahu** 5:24PM – 7:01PM

**Ardra Until 10:37PM**  
Parigha\* Until 11:40AM  
Visti Until 4:52PM  
**Saptami Until 6:04AM Mon**

**Ganesha:** Red *Sunrise:* 6:05AM  
**Muruqa:** White *Sunset:* 7:01PM  
**Nataraja:** Purple  
Moon – Yellow

Subhakrit 5124  
Moon 10 - Phase 25 - 6  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**D**

**Monday, October 17, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa  
Sun 7 Sutra 183

Mithuna Rasi: 23.34 Tithi 22 – 23

649176474

**Gulika** 2:10PM – 3:47PM  
**Yama** 10:56AM – 12:33PM  
**Rahu** 7:41AM – 9:18AM

**Punarvasu Until 1:42AM Tue**  
Shiva Until 12:32PM  
Balava Until 7:18PM  
**Saptami Until 6:04AM**

**Ganesha:** Green *Sunrise:* 6:04AM  
**Muruqa:** White *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – Blue

Subhakrit 5124  
Moon 10 - Phase 25 - 7  
Ashtami

Creative Work Amrita Yoga

Until 1:42AM Tue

Then Creative Work - Siddha Yoga

**Devaloka Day**

**Tuesday, October 18, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa  
Sun 8 Sutra 184

Kataka Rasi: 5.27 Tithi 23 – 24

649176474

**Gulika** 12:33PM – 2:10PM  
**Yama** 9:18AM – 10:55AM  
**Rahu** 3:47PM – 5:25PM

**Pushya Until 4:29AM Wed**  
Siddha Until 1:20PM  
Taitila Until 9:39PM  
**Ashtami\* Until 8:29AM**

**Ganesha:** Green *Sunrise:* 6:03AM  
**Muruqa:** White *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – Blue

Subhakrit 5124  
Moon 10 - Phase 25 - 8  
Navami

Creative Work Siddha Yoga

**Devaloka Day**  
Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

times are standard time. Calculated for Cape Town, South Africa on :

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Cape Town, South Africa Sun 9 Sutra 185 Subhakrit 5124	
Kataka Rasi: 17.25	Tithi 24 – 25	649176474	<b>Gulika</b> 10:55AM – 12:32PM Yama 7:39AM – 9:17AM <b>Rahu</b> 12:32PM – 2:10PM	<b>Ashlesha* Until 6:47AM Thu</b> Sadhya Until 1:58PM Vanija Until 11:42PM <b>Navami* Until 10:42AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Blue	<b>Sunrise:</b> 6:02AM <b>Sunset:</b> 7:03PM	Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Siddha Yoga Until 6:47AM Thu Then Creative Work - Amrita Yoga						<b>Devaloka Day</b>	

<b>2</b>		<b>Thursday, October 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Cape Town, South Africa Sun 10 Sutra 186 Subhakrit 5124	
Kataka Rasi: 29.31	Tithi 25 – 26	649276474	<b>Gulika</b> 9:16AM – 10:54AM Yama 6:00AM – 7:38AM <b>Rahu</b> 2:10PM – 3:48PM	<b>Ashlesha* Until 6:47AM</b> Subha Until 2:19PM Bava Until 1:17AM Fri <b>Dashami Until 12:32PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Blue	<b>Sunrise:</b> 6:00AM <b>Sunset:</b> 7:04PM	Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Siddha Yoga Until 6:47AM Then Creative Work - Amrita Yoga						<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Friday, October 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Cape Town, South Africa Sun 11 Sutra 187 Subhakrit 5124	
Simha Rasi: 11.49	Tithi 26 – 27	659276474	<b>Gulika</b> 7:38AM – 9:16AM Yama 3:48PM – 5:27PM <b>Rahu</b> 10:54AM – 12:32PM	<b>Magha* Until 8:55AM</b> Sukla Until 2:13PM Kaulava Until 2:18AM Sat <b>Ekadashi* Until 1:51PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 5:59AM <b>Sunset:</b> 7:05PM	Moon 10 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 8:55AM Then Creative Work - Siddha Yoga						<b>Bhuloka Day</b>	

<b>4</b>		<b>Saturday, October 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Cape Town, South Africa Sun 12 Sutra 188 Subhakrit 5124	
Simha Rasi: 24.22	Tithi 27 – 28	659276474	<b>Gulika</b> 5:58AM – 7:37AM Yama 2:10PM – 3:49PM <b>Rahu</b> 9:15AM – 10:53AM	<b>Purvaphalguni Until 10:18AM</b> Brahma Until 1:39PM Gara Until 2:40AM Sun <b>Dvadashi* Until 2:33PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 5:58AM <b>Sunset:</b> 7:06PM	Moon 10 - Phase 26 - 12 2nd Phase
Creative Work Siddha Yoga Until 10:18AM Then Routine Work - Marana Yoga						<b>Bhuloka Day</b> <i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Sunday, October 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Cape Town, South Africa Sun 13 Sutra 189 Subhakrit 5124	
Kanya Rasi: 7.14	Tithi 28 – 29	651276474	<b>Gulika</b> 3:49PM – 5:28PM Yama 12:32PM – 2:10PM <b>Rahu</b> 5:28PM – 7:06PM	<b>Uttaraphalguni Until 10:55AM</b> Indra Until 12:37PM Visti Until 2:23AM Mon <b>Trayodashi* Until 2:35PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 7:06PM	Moon 10 - Phase 26 - 13 2nd Phase
Creative Work Amrita Yoga Until 11:13AM Then Routine Work - Prabalarishta Yoga				<b>Deepavali Hindu Solidarity Day</b>		<b>Bhuloka Day</b>	

<b>Monday, October 24, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Cape Town, South Africa Sun 14 Sutra 190 Subhakrit 5124	
Kanya Rasi: 20.25	Tithi 29 – 30	661276474	<b>Gulika</b> 2:11PM – 3:49PM Yama 10:53AM – 12:32PM <b>Rahu</b> 7:35AM – 9:14AM	<b>Hasta Until 11:13AM</b> Vaidhriti* Until 11:02AM Catuspada Until 1:30AM Tue <b>Chaturdashi* Until 2:00PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 5:56AM <b>Sunset:</b> 7:07PM	Moon 10 - Phase 26 - 14 Amavasya
Family Home Evening Creative Work Siddha Yoga Until 11:13AM Then Routine Work - Prabalarishta Yoga				<b>Subramuniyaswami Mahasamadhi</b>		<b>Bhuloka Day</b>	

<b>Tuesday, October 25, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Cape Town, South Africa Sun 15 Sutra 191 Subhakrit 5124	
Tula Rasi: 3.55	Tithi 30 – 1	661276474	<b>Gulika</b> 12:32PM – 2:11PM Yama 9:13AM – 10:52AM <b>Rahu</b> 3:50PM – 5:29PM	<b>Chitra Until 10:47AM</b> Vishkambha* Until 9:01AM Kintughna Until 12:06AM Wed <b>Amavasya* Until 12:50PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 5:55AM <b>Sunset:</b> 7:08PM	Moon 10 - Phase 26 - 15 Prathama
Creative Work Siddha Yoga				<b>Skanda Shasthi Begins</b>		<b>Bhuloka Day</b> Kartika/Aipasi	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, October 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 17.44	Tithi 1 – 2	<b>Gulika</b> 10:52AM – 12:31PM	<b>Svati</b> Until 9:45AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:54AM	
	Creative Work	Siddha Yoga	Yama 7:33AM – 9:13AM	Priti Until 6:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 10 - Phase 27 - 16 3rd Phase
		661276574	<b>Rahu</b> 12:31PM – 2:11PM	Balava Until 10:16PM	<b>Nataraja:</b> Clear		
				<b>Prathama*</b> Until 11:13AM	Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
					<b>Karttika•Aipasi</b>		

<b>2</b>	<b>Thursday, October 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Cape Town, South Africa Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 1.46	Tithi 2 – 3	<b>Gulika</b> 9:12AM – 10:52AM	<b>Vishakha</b> Until 8:38AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	
	Creative Work	Siddha Yoga	Yama 5:53AM – 7:32AM	Saubhagya Until 12:57AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 10 - Phase 27 - 17 3rd Phase
		671276574	<b>Rahu</b> 2:11PM – 3:51PM	Taitila Until 8:09PM	<b>Nataraja:</b> Clear		
				<b>Dvitiya</b> Until 9:13AM	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
					<b>Karttika•Aipasi</b>		

<b>3</b>	<b>Friday, October 28, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau				Cape Town, South Africa Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 15.59	Tithi 3 – 4	<b>Gulika</b> 7:31AM – 9:11AM	<b>Anuradha</b> Until 7:07AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:52AM	
	Creative Work	Siddha Yoga	Yama 3:51PM – 5:31PM	Sobhana Until 9:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 10 - Phase 27 - 18 3rd Phase
		671276574	<b>Rahu</b> 10:51AM – 12:31PM	Visti Until 4:38AM Sat	<b>Nataraja:</b> Clear		
				<b>Tritiya</b> Until 7:00AM	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
					<b>Karttika•Aipasi</b>		

<b>4</b>	<b>Saturday, October 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Cape Town, South Africa Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 0.18	Tithi 5	<b>Gulika</b> 5:51AM – 7:31AM	<b>Mula*</b> Until 3:49AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM	
	Creative Work	Siddha Yoga	Yama 2:11PM – 3:51PM	Athiganda* Until 6:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 10 - Phase 27 - 19 3rd Phase
		681276574	<b>Rahu</b> 9:11AM – 10:51AM	Bava Until 3:27PM	<b>Nataraja:</b> Clear		
				<b>Panchami</b> Until 2:14AM Sun	Moon – Light Blue		<b>Devaloka Day</b>
					<b>Karttika•Aipasi</b>		

<b>5</b>	<b>Sunday, October 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Cape Town, South Africa Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 14.38	Tithi 6	<b>Gulika</b> 3:52PM – 5:32PM	<b>Purvashadha*</b> Until 2:11AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	
	Creative Work	Siddha Yoga	Yama 12:31PM – 2:11PM	Sukarma Until 3:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 10 - Phase 27 - 20 3rd Phase
		681276574	<b>Rahu</b> 5:32PM – 7:13PM	Kaulava Until 1:03PM	<b>Nataraja:</b> Clear		
				<b>Shashthi*</b> Until 11:52PM	Moon – Light Blue		<b>Devaloka Day</b>
					<b>Karttika•Aipasi</b>		

<b>6</b>	<b>Monday, October 31, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Cape Town, South Africa Sun 21 Sutra 197 Subhakit 5124
	Dhanus Rasi: 28.55	Tithi 7	<b>Gulika</b> 2:12PM – 3:52PM	<b>Uttarashadha</b> Until 12:33AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM	
	Family Home Evening		Yama 10:50AM – 12:31PM	Dhriti Until 12:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 10 - Phase 27 - 21 3rd Phase
		681276574	<b>Rahu</b> 7:29AM – 9:10AM	Gara Until 10:45AM	<b>Nataraja:</b> Clear		
				<b>Saptami</b> Until 9:38PM	Moon – Light Blue		<b>Devaloka Day</b>
					<b>Karttika•Aipasi</b>		

<b>☾</b>	<b>Tuesday, November 1, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Cape Town, South Africa Sun 22 Sutra 198 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 12:31PM – 2:12PM	<b>Shravana</b> Until 11:21PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:48AM	
	Makara Rasi: 13.07	Tithi 8	Yama 9:09AM – 10:50AM	Shula* Until 9:41AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 10 - Phase 27 - 22 Ashtami
		691276574	<b>Rahu</b> 3:53PM – 5:34PM	Visti Until 8:35AM	<b>Nataraja:</b> Clear		
				<b>Ashtami*</b> Until 7:33PM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
					<b>Karttika•Aipasi</b>		

<b>☾</b>	<b>Wednesday, November 2, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhi* Yoga Balava/Taitila Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 23 Sutra 199 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 10:50AM – 12:31PM	<b>Dhanishtha</b> Until 10:14PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:47AM	
	Makara Rasi: 27.13	Tithi 9 – 10	Yama 7:28AM – 9:09AM	Ganda* Until 6:55AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 10 - Phase 27 - 23 Navami
		692276574	<b>Rahu</b> 12:31PM – 2:12PM	Balava Until 6:37AM	<b>Nataraja:</b> Clear		
				<b>Navami*</b> Until 5:41PM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
					<b>Karttika•Aipasi</b>		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	<b>Thursday, November 3, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Cape Town, South Africa Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 11.09    Tithi 10 – 11	<b>Gulika</b> 9:08AM – 10:50AM	<b>Shatabhishak</b> Until 9:12PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:46AM
	692276574	<b>Yama</b> 5:46AM – 7:27AM	Dhruva Until 1:56AM Fri	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:16PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 2:12PM – 3:54PM	Vanija Until 3:22AM Fri	<b>Nataraja:</b> Clear Moon – Purple
			<b>Dashami</b> Until 4:03PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

2	<b>Friday, November 4, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Cape Town, South Africa Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 24.56    Tithi 11 – 12	<b>Gulika</b> 7:26AM – 9:08AM	<b>Purvaproshtapada*</b> Until 8:44PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:45AM
	612276574	<b>Yama</b> 3:54PM – 5:36PM	Vyaghata* Until 11:46PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:17PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 10:49AM – 12:31PM	Bava Until 2:10AM Sat	<b>Nataraja:</b> Clear Moon – Clear
			<b>Ekadashi</b> Until 2:42PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

3	<b>Saturday, November 5, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Cape Town, South Africa Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 8.33    Tithi 12 – 13	<b>Gulika</b> 5:44AM – 7:26AM	<b>Uttaraproshtapada</b> Until 8:28PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:44AM
	612276574	<b>Yama</b> 2:13PM – 3:54PM	Harshana Until 9:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:18PM
	Creative Work    Siddha Yoga	<b>Rahu</b> 9:07AM – 10:49AM	Kaulava Until 1:19AM Sun	<b>Nataraja:</b> Clear Moon – Clear
Until 8:28PM	<b>Dvadashi</b> Until 1:40PM			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<i>Pradosha Vrata</i>				

4	<b>Sunday, November 6, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Cape Town, South Africa Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 21.57    Tithi 13 – 14	<b>Gulika</b> 3:55PM – 5:37PM	<b>Revati</b> Until 8:25PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:43AM
	612276574	<b>Yama</b> 12:31PM – 2:13PM	Vajra* Until 8:18PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:19PM
	Creative Work    Amrita Yoga	<b>Rahu</b> 5:37PM – 7:19PM	Gara Until 12:52AM Mon	<b>Nataraja:</b> Clear Moon – Clear
Until 8:25PM	<b>Trayodashi</b> Until 1:01PM			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<i>Karttika-Aipasi</i>				

○	<b>Monday, November 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Cape Town, South Africa Sutra 204 Subhakrit 5124
	<b>Copper Retreat Star</b>	<b>Gulika</b> 2:13PM – 3:55PM	<b>Ashvini</b> Until 9:07PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:42AM
	Mesha Rasi: 5.08    Tithi 14 – 15	<b>Yama</b> 10:49AM – 12:31PM	Siddhi Until 7:05PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:20PM
	<b>Family Home Evening</b> 722276574	<b>Rahu</b> 7:24AM – 9:07AM	Visti Until 12:52AM Tue	<b>Nataraja:</b> Clear Moon – White
Creative Work    Siddha Yoga	<b>Chaturdashi*</b> Until 12:47PM			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

○	<b>Tuesday, November 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Cape Town, South Africa Sutra 205 Subhakrit 5124
	<b>Silver Retreat Star</b>	<b>Gulika</b> 12:31PM – 2:14PM	<b>Bharani</b> Until 10:08PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:41AM
	Mesha Rasi: 18.05    Tithi 15 – 16	<b>Yama</b> 9:06AM – 10:49AM	Vyatipata* Until 6:14PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:21PM
	722276574	<b>Rahu</b> 3:56PM – 5:38PM	Balava Until 1:23AM Wed	<b>Nataraja:</b> Clear Moon – White
Creative Work    Siddha Yoga	<b>Purnima*</b> Until 1:02PM			<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<i>Karttika-Aipasi</i>				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Varyan/Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa

Sutra 206

Subhakit 5124

Vrishabha Rasi: 0.47 Tithi 16 - 17

722276574

**Gulika** 10:49AM - 12:31PM  
Yama 7:23AM - 9:06AM  
**Rahu** 12:31PM - 2:14PM

**Krittika** **Until 11:29PM**  
Varyan **Until 5:46PM**  
Taitila **Until 2:25AM Thu**  
**Prathama\* Until 1:49PM**

**Ganesha:** Blue *Sunrise: 5:41AM*  
**Muruqa:** Clear *Sunset: 7:22PM*  
**Nataraja:** Clear  
Moon - White  
**Kartika-Aipasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa

Sun 1 Sutra 207

Subhakit 5124

Vrishabha Rasi: 13.16 Tithi 17 - 18

732276574

**Gulika** 9:06AM - 10:48AM  
Yama 5:40AM - 7:23AM  
**Rahu** 2:14PM - 3:57PM

**Rohini** **Until 1:39AM Fri**  
Parigha\* **Until 5:42PM**  
Vanija **Until 3:56AM Fri**  
**Dvitiya** **Until 3:06PM**

**Ganesha:** Red *Sunrise: 5:40AM*  
**Muruqa:** Clear *Sunset: 7:23PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Kartika-Aipasi**

**Devaloka Day**

Routine Work Marana Yoga

Until 1:39AM Fri

Then Creative Work - Siddha Yoga

2

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Cape Town, South Africa

Sun 2 Sutra 208

Subhakit 5124

Vrishabha Rasi: 25.32 Tithi 18 - 19

732276574

**Gulika** 7:22AM - 9:05AM  
Yama 3:57PM - 5:41PM  
**Rahu** 10:48AM - 12:31PM

**Mrigashira** **Until 4:05AM Sat**  
Shiva **Until 6:00PM**  
Bava **Until 5:55AM Sat**  
**Tritiya** **Until 4:51PM**

**Ganesha:** Red *Sunrise: 5:39AM*  
**Muruqa:** Clear *Sunset: 7:24PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Kartika-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Balava Karana Chaturthyam Titau

Cape Town, South Africa

Sun 3 Sutra 209

Subhakit 5124

Mithuna Rasi: 7.37 Tithi 19

732276574

**Gulika** 5:38AM - 7:22AM  
Yama 2:15PM - 3:58PM  
**Rahu** 9:05AM - 10:48AM

**Ardra** **Until 6:39AM Sun**  
Siddha **Until 6:34PM**  
Balava **Until 7:00PM**  
**Chaturthi\* Until 7:00PM**

**Ganesha:** Red *Sunrise: 5:38AM*  
**Muruqa:** Clear *Sunset: 7:25PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Kartika-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 4 Sutra 210

Subhakit 5124

Mithuna Rasi: 19.35 Tithi 20

732276574

**Gulika** 3:59PM - 5:42PM  
Yama 12:32PM - 2:15PM  
**Rahu** 5:42PM - 7:26PM

**Ardra** **Until 6:39AM**  
Sadhya **Until 7:19PM**  
Kaulava **Until 8:12AM**  
**Panchami** **Until 9:24PM**

**Ganesha:** Red *Sunrise: 5:38AM*  
**Muruqa:** Clear *Sunset: 7:26PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Kartika-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Sun 5 Sutra 211

Subhakit 5124

Kataka Rasi: 1.28 Tithi 21

742376574

**Gulika** 2:15PM - 3:59PM  
Yama 10:48AM - 12:32PM  
**Rahu** 7:21AM - 9:04AM

**Punarvasu** **Until 9:45AM**  
Subha **Until 8:11PM**  
Gara **Until 10:41AM**  
**Shashthi\* Until 11:54PM**

**Ganesha:** White *Sunrise: 5:37AM*  
**Muruqa:** Clear *Sunset: 7:26PM*  
**Nataraja:** Clear  
Moon - Blue  
**Kartika-Aipasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 9:45AM

Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

Cape Town, South Africa

Sun 6 Sutra 212

Subhakit 5124

Kataka Rasi: 13.21 Tithi 22

743376574

**Gulika** 12:32PM - 2:16PM  
Yama 9:04AM - 10:48AM  
**Rahu** 4:00PM - 5:44PM

**Pushya** **Until 12:40PM**  
Sukla **Until 8:57PM**  
Visti **Until 1:09PM**  
**Saptami** **Until 2:18AM Wed**

**Ganesha:** Green *Sunrise: 5:36AM*  
**Muruqa:** Clear *Sunset: 7:27PM*  
**Nataraja:** Clear  
Moon - Blue  
**Kartika-Aipasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa

Sun 7 Sutra 213

Subhakit 5124

Kataka Rasi: 25.17 Tithi 23

743376574

**Gulika** 10:48AM - 12:32PM  
Yama 7:20AM - 9:04AM  
**Rahu** 12:32PM - 2:16PM

**Ashlesha\* Until 3:15PM**  
Brahma **Until 9:33PM**  
Balava **Until 3:26PM**  
**Ashtami\* Until 4:24AM Thu**

**Ganesha:** Green *Sunrise: 5:36AM*  
**Muruqa:** Clear *Sunset: 7:28PM*  
**Nataraja:** Clear  
Moon - Blue  
**Kartika-Kartikai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa

Sun 8 Sutra 214

Subhakit 5124

Simha Rasi: 7.2 Tithi 24

753376575

**Gulika** 9:04AM - 10:48AM  
Yama 5:35AM - 7:19AM  
**Rahu** 2:17PM - 4:01PM

**Magha\* Until 5:47PM**  
Indra **Until 9:49PM**  
Taitila **Until 5:19PM**  
**Navami\* Until 6:01AM Fri**

**Ganesha:** Orange *Sunrise: 5:35AM*  
**Muruqa:** Clear *Sunset: 7:29PM*  
**Nataraja:** Purple  
Moon - Red  
**Kartika-Kartikai**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 5:47PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

are standard time. Calculated for Cape Town, South Africa on :

www.gurudeva.org/panchang


<b>1</b>	<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam				Cape Town, South Africa
			Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 215
	Simha Rasi: 19.35	Tithi 24 – 25	<b>Gulika</b> 7:19AM – 9:04AM	<b>Purvaphalguni</b> Until 7:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:35AM	Subhakrit 5124
			<b>Yama</b> 4:01PM – 5:46PM	Vaidhrili* Until 9:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 11 - Phase 30 - 9
		753376575 <b>Rahu</b> 10:48AM – 12:32PM	Vanija Until 6:37PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:01AM	Moon – Red		<b>Sivaloka Day</b>	
				Karttika-Karttikai			


<b>2</b>	<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam				Cape Town, South Africa
			Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 216
	Kanya Rasi: 2.08	Tithi 25 – 26	<b>Gulika</b> 5:34AM – 7:19AM	<b>Uttaraphalguni</b> Until 8:34PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:34AM	Subhakrit 5124
			<b>Yama</b> 2:17PM – 4:02PM	Vishkambha* Until 8:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 11 - Phase 30 - 10
		753376575 <b>Rahu</b> 9:03AM – 10:48AM	Bava Until 7:13PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 7:00AM	Moon – Red		<b>Sivaloka Day</b>	
				Karttika-Karttikai			

<b>3</b>	<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam				Cape Town, South Africa
			Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 217
	Kanya Rasi: 15.01	Tithi 26 – 27	<b>Gulika</b> 4:03PM – 5:47PM	<b>Hasta</b> Until 9:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:34AM	Subhakrit 5124
			<b>Yama</b> 12:33PM – 2:18PM	Priti Until 7:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 11 - Phase 30 - 11
		763376575 <b>Rahu</b> 5:47PM – 7:32PM	Kaulava Until 7:03PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 7:13AM	Moon – Green		<b>Devaloka Day</b>	
Until 9:07PM				Karttika-Karttikai			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam				Cape Town, South Africa
			Chitra Nakshatra Ayushman/Saubhagya Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 218
	Kanya Rasi: 28.17	Tithi 27 – 28	<b>Gulika</b> 2:18PM – 4:03PM	<b>Chitra</b> Until 8:45PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:33AM	Subhakrit 5124
	<b>Family Home Evening</b>		<b>Yama</b> 10:48AM – 12:33PM	Ayushman Until 5:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 11 - Phase 30 - 12
		763376575 <b>Rahu</b> 7:18AM – 9:03AM	Gara Until 6:07PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Dvadashi*</b> Until 6:40AM	Moon – Green		<b>Devaloka Day</b>	
Until 8:45PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam				Cape Town, South Africa
			Svati Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 219
	Tula Rasi: 11.59	Tithi 29	<b>Gulika</b> 12:33PM – 2:19PM	<b>Svati</b> Until 7:34PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:33AM	Subhakrit 5124
			<b>Yama</b> 9:03AM – 10:48AM	Saubhagya Until 3:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 11 - Phase 30 - 13
		763376575 <b>Rahu</b> 4:04PM – 5:49PM	Visti Until 4:30PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:26AM Wed	Moon – Green		<b>Devaloka Day</b>	
Until 7:34PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

	<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam				Cape Town, South Africa
	<b>Retreat Star</b>		Vishakha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 220
	Tula Rasi: 26.04	Tithi 30	<b>Gulika</b> 10:48AM – 12:34PM	<b>Vishakha</b> Until 6:07PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	Subhakrit 5124
			<b>Yama</b> 7:18AM – 9:03AM	Sobhana Until 12:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 11 - Phase 30 - 14
		773376575 <b>Rahu</b> 12:34PM – 2:19PM	Catuspada Until 2:16PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 12:58AM Thu	Moon – Orange		<b>Devaloka Day</b>	
				Karttika-Karttikai			

	<b>Thursday, November 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yukhtayam				Cape Town, South Africa
	<b>Retreat Star</b>		Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 221
	Vrischika Rasi: 10.3	Tithi 1	<b>Gulika</b> 9:03AM – 10:48AM	<b>Anuradha</b> Until 4:06PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	Subhakrit 5124
			<b>Yama</b> 5:32AM – 7:17AM	Athiganda* Until 8:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 11 - Phase 30 - 15
		773376575 <b>Rahu</b> 2:19PM – 4:05PM	Kintughna Until 11:36AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:08PM	Moon – Orange		<b>Devaloka Day</b>	
Until 4:06PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>	<b>Friday, November 25, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Cape Town, South Africa Sun 16 Sutra 222 Subhakrit 5124	
	Vrischika Rasi: 25.1	Tithi 2	<b>Gulika</b> 7:17AM – 9:03AM Yama 4:06PM – 5:51PM 773376575 <b>Rahu</b> 10:49AM – 12:34PM	<b>Jyeshtha* Until 1:41PM</b> Dhriti Until 1:27AM Sat Balava Until 8:39AM Dvitiya Until 7:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:37PM <b>Nataraja:</b> Purple Moon – Orange Margasira-Karttikai
	Routine Work	Marana Yoga			<b>Devaloka Day</b>
	Until 1:41PM	Then Creative Work - Amrita Yoga			

<b>2</b>	<b>Saturday, November 26, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Cape Town, South Africa Sun 17 Sutra 223 Subhakrit 5124	
	Dhanus Rasi: 9.58	Tithi 3 – 4	<b>Gulika</b> 5:31AM – 7:17AM Yama 2:20PM – 4:06PM 783376575 <b>Rahu</b> 9:03AM – 10:49AM	<b>Mula* Until 11:26AM</b> Shula* Until 9:41PM Vanija Until 2:26AM Sun Tritiya Until 3:57PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:37PM <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai
	Creative Work	Siddha Yoga			<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, November 27, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Cape Town, South Africa Sun 18 Sutra 224 Subhakrit 5124	
	Dhanus Rasi: 24.45	Tithi 4 – 5	<b>Gulika</b> 4:07PM – 5:53PM Yama 12:35PM – 2:21PM 783376575 <b>Rahu</b> 5:53PM – 7:39PM	<b>Purvashadha* Until 9:06AM</b> Ganda* Until 6:00PM Bava Until 11:29PM Chaturthi* Until 12:55PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:39PM <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai
	Creative Work	Siddha Yoga			<b>Devaloka Day</b>
	Until 9:06AM	Then Creative Work - Amrita Yoga			

<b>4</b>	<b>Monday, November 28, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Cape Town, South Africa Sun 19 Sutra 225 Subhakrit 5124	
	Makara Rasi: 9.25	Tithi 5 – 6	<b>Gulika</b> 2:21PM – 4:07PM Yama 10:49AM – 12:35PM 783376575 <b>Rahu</b> 7:17AM – 9:03AM	<b>Uttarashadha Until 6:49AM</b> Vriddhi Until 2:32PM Kaulava Until 8:47PM Panchami Until 10:04AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai
	Family Home Evening	Marana Yoga			<b>Devaloka Day</b>
	Until 6:49AM	Then Creative Work - Amrita Yoga			

<b>5</b>	<b>Tuesday, November 29, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Talila/Gara Karana Shashthi/Saplamyam Titau		Cape Town, South Africa Sun 20 Sutra 226 Subhakrit 5124	
	Makara Rasi: 23.52	Tithi 6 – 7	<b>Gulika</b> 12:35PM – 2:22PM Yama 9:03AM – 10:49AM 793376575 <b>Rahu</b> 4:08PM – 5:54PM	<b>Dhanishtha Until 3:39AM Wed</b> Dhruva Until 11:20AM Gara Until 6:28PM Shashthi* Until 7:34AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai
	Creative Work	Siddha Yoga			<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Wednesday, November 30, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Cape Town, South Africa Sun 21 Sutra 227 Subhakrit 5124	
	Kumbha Rasi: 8.02	Tithi 8	<b>Gulika</b> 10:49AM – 12:36PM Yama 7:17AM – 9:03AM 794376575 <b>Rahu</b> 12:36PM – 2:22PM	<b>Shatabhishak Until 2:32AM Thu</b> Vyaghata* Until 8:29AM Visti Until 4:37PM Ashtami* Until 3:51AM Thu	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai
	Creative Work	Siddha Yoga			<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Thursday, December 1, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Cape Town, South Africa Sun 22 Sutra 228 Subhakrit 5124	
	Kumbha Rasi: 21.53	Tithi 9	<b>Gulika</b> 9:03AM – 10:50AM Yama 5:30AM – 7:17AM 714376575 <b>Rahu</b> 2:23PM – 4:09PM	<b>Purvaproshtapada* Until 2:12AM Fri</b> Harshana Until 6:02AM Balava Until 3:15PM Navami* Until 2:45AM Fri	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Purple Moon – Clear Margasira-Karttikai
	Creative Work	Siddha Yoga			<b>Sivaloka Day</b>

<b>1</b>		<b>Friday, December 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau			Cape Town, South Africa Sun 23 Sutra 229		
Meena Rasi: 5.26	Tithi 10	<b>Gulika</b> 7:17AM – 9:03AM	<b>Uttaraproshtapada</b> Until 2:14AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:30AM	Subhakrit 5124			
		Yama 4:10PM – 5:56PM	Siddhi Until 2:18AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:43PM	Moon 11 - Phase 32 - 23			
		714376575 <b>Rahu</b> 10:50AM – 12:37PM	Taitila Until 2:25PM	<b>Nataraja:</b> Purple		4th Phase			
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:10AM Sat	Moon – Clear		<b>Sivaloka Day</b>			
Until 2:14AM Sat				Margasira-Karttikai					
Then Routine Work - Prabalarishta Yoga									
<b>2</b>		<b>Saturday, December 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Cape Town, South Africa Sun 24 Sutra 230		
Meena Rasi: 18.43	Tithi 11	<b>Gulika</b> 5:30AM – 7:17AM	<b>Revati</b> Until 2:37AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:30AM	Subhakrit 5124			
		Yama 2:24PM – 4:10PM	Vyatipata* Until 1:04AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 11 - Phase 32 - 24			
		714376575 <b>Rahu</b> 9:03AM – 10:50AM	Vanija Until 2:05PM	<b>Nataraja:</b> Purple		4th Phase			
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 2:06AM Sun	Moon – Clear		<b>Sivaloka Day</b>			
Until 2:37AM Sun				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									
<b>3</b>		<b>Sunday, December 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan Yoga Bava/Balava Karana Dvodashyam Titau			Cape Town, South Africa Sun 25 Sutra 231		
Mesha Rasi: 1.44	Tithi 12	<b>Gulika</b> 4:11PM – 5:58PM	<b>Ashvini</b> Until 3:45AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	Subhakrit 5124			
		Yama 12:37PM – 2:24PM	Variyan Until 12:10AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:45PM	Moon 11 - Phase 32 - 25			
		724376575 <b>Rahu</b> 5:58PM – 7:45PM	Bava Until 2:15PM	<b>Nataraja:</b> Purple		4th Phase			
Creative Work	Siddha Yoga		<b>Dvodashi</b> Until 2:30AM Mon	Moon – White		<b>Devaloka Day</b>			
				Margasira-Karttikai					
Then Routine Work - Prabalarishta Yoga									
<b>4</b>		<b>Monday, December 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Cape Town, South Africa Sun 26 Sutra 232		
Mesha Rasi: 14.31	Tithi 13	<b>Gulika</b> 2:25PM – 4:12PM	<b>Bharani</b> Until 5:09AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	Subhakrit 5124			
<b>Family Home Evening</b>		Yama 10:51AM – 12:38PM	Parigha* Until 11:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:46PM	Moon 11 - Phase 32 - 26			
		724376575 <b>Rahu</b> 7:17AM – 9:04AM	Kaulava Until 2:53PM	<b>Nataraja:</b> Purple		4th Phase			
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 3:20AM Tue	Moon – White		<b>Devaloka Day</b>			
				Margasira-Karttikai					
<i>Pradosha Vrata</i>									
<b>5</b>		<b>Tuesday, December 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 233		
Mesha Rasi: 27.05	Tithi 14	<b>Gulika</b> 12:38PM – 2:25PM	<b>Krittika</b> Until 6:47AM Wed	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	Subhakrit 5124			
		Yama 9:04AM – 10:51AM	Shiva Until 11:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:46PM	Moon 11 - Phase 32 - 27			
		724376575 <b>Rahu</b> 4:12PM – 5:59PM	Gara Until 3:56PM	<b>Nataraja:</b> Purple		4th Phase			
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 4:35AM Wed	Moon – White		<b>Devaloka Day</b>			
				Margasira-Karttikai					
Then Routine Work - Prabalarishta Yoga									
<b>○</b>		<b>Wednesday, December 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau			Cape Town, South Africa Sutra 234		
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:51AM – 12:39PM	<b>Krittika</b> Until 6:47AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	Subhakrit 5124			
Vrishabha Rasi: 9.3	Tithi 15	Yama 7:17AM – 9:04AM	Siddha Until 11:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:47PM	Moon 11 - Phase 32 - Purnima			
		724376575 <b>Rahu</b> 12:39PM – 2:26PM	Visti Until 5:22PM	<b>Nataraja:</b> Purple					
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 6:12AM Thu	Moon – White		<b>Devaloka Day</b>			
Until 6:47AM		<b>Krittika Deepam</b>		Margasira-Karttikai					
Then Creative Work - Siddha Yoga									
<b>○</b>		<b>Thursday, December 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Cape Town, South Africa Sutra 235		
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:04AM – 10:52AM	<b>Rohini</b> Until 9:05AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:30AM	Subhakrit 5124			
Vrishabha Rasi: 21.46	Tithi 15 – 16	Yama 5:30AM – 7:17AM	Sadhya Until 11:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 11 - Phase 32 - Prathama			
		734376575 <b>Rahu</b> 2:26PM – 4:14PM	Balava Until 7:10PM	<b>Nataraja:</b> Purple					
Routine Work	Marana Yoga		<b>Purnima*</b> Until 6:12AM	Moon – Yellow		<b>Sivaloka Day</b>			
				Margasira-Karttikai					
<b>Vinayaga Viratam Begins</b>									

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda





Friday, December 9, 2022

Gold Retreat Star

Mithuna Rasi: 3.53 Tithi 16 - 17

Creative Work Siddha Yoga

734476575

Gulika 7:17AM - 9:05AM  
Yama 4:14PM - 6:01PM  
Rahu 10:52AM - 12:39PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Mrigashira Until 11:32AM  
Subha Until 12:14AM Sat  
Taitila Until 9:15PM  
Prathama\* Until 8:09AM

Ganesha: Red Sunrise: 5:30AM  
Muruqa: Clear Sunset: 7:49PM  
Nataraja: Purple  
Moon - Yellow  
Margasira-Karttikai

Cape Town, South Africa  
Sutra 236  
Subhakrit 5124  
Moon 12 - Phase 33 -  
1st Phase

Sivaloka Day

1

Saturday, December 10, 2022

Mithuna Rasi: 15.53 Tithi 17 - 18

Creative Work Siddha Yoga

734476575

Gulika 5:30AM - 7:18AM  
Yama 2:27PM - 4:15PM  
Rahu 9:05AM - 10:52AM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Ardra Until 2:03PM  
Sukla Until 12:54AM Sun  
Vanija Until 11:35PM  
Dvitiya Until 10:22AM

Ganesha: Red Sunrise: 5:30AM  
Muruqa: Clear Sunset: 7:50PM  
Nataraja: Purple  
Moon - Yellow  
Margasira-Karttikai

Cape Town, South Africa  
Sun 1 Sutra 237  
Subhakrit 5124  
Moon 12 - Phase 33 - 1  
1st Phase

Sivaloka Day

2

Sunday, December 11, 2022

Mithuna Rasi: 27.49 Tithi 18 - 19

Creative Work Siddha Yoga

744476575

Gulika 4:15PM - 6:03PM  
Yama 12:40PM - 2:28PM  
Rahu 6:03PM - 7:50PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Punarvasu Until 5:06PM  
Brahma Until 1:42AM Mon  
Bava Until 2:04AM Mon  
Tritiya Until 12:47PM

Ganesha: Green Sunrise: 5:30AM  
Muruqa: Clear Sunset: 7:50PM  
Nataraja: Purple  
Moon - Blue  
Margasira-Karttikai

Cape Town, South Africa  
Sun 2 Sutra 238  
Subhakrit 5124  
Moon 12 - Phase 33 - 2  
1st Phase

Devaloka Day

3

Monday, December 12, 2022

Kataka Rasi: 9.43 Tithi 19 - 20

Family Home Evening

Creative Work Siddha Yoga

745476575

Gulika 2:28PM - 4:16PM  
Yama 10:53AM - 12:41PM  
Rahu 7:18AM - 9:06AM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pushya Until 8:03PM  
Indra Until 2:33AM Tue  
Kaulava Until 4:36AM Tue  
Chaturthi\* Until 3:19PM

Ganesha: White Sunrise: 5:30AM  
Muruqa: Clear Sunset: 7:51PM  
Nataraja: Purple  
Moon - Blue  
Margasira-Karttikai

Cape Town, South Africa  
Sun 3 Sutra 239  
Subhakrit 5124  
Moon 12 - Phase 33 - 3  
1st Phase

Devaloka Day

4

Tuesday, December 13, 2022

Kataka Rasi: 21.34 Tithi 20 - 21

Creative Work Siddha Yoga

745476575

Gulika 12:41PM - 2:29PM  
Yama 9:06AM - 10:54AM  
Rahu 4:17PM - 6:04PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Ashlesha\* Until 10:48PM  
Vaidhriti\* Until 3:19AM Wed  
Gara Until 7:03AM Wed  
Panchami Until 5:49PM

Ganesha: White Sunrise: 5:31AM  
Muruqa: Clear Sunset: 7:52PM  
Nataraja: Purple  
Moon - Blue  
Margasira-Karttikai

Cape Town, South Africa  
Sun 4 Sutra 240  
Subhakrit 5124  
Moon 12 - Phase 33 - 4  
1st Phase

Devaloka Day

5

Wednesday, December 14, 2022

Simha Rasi: 3.29 Tithi 21

Creative Work Siddha Yoga

755476575

Gulika 10:54AM - 12:42PM  
Yama 7:19AM - 9:06AM  
Rahu 12:42PM - 2:29PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Magha\* Until 1:42AM Thu  
Vishkambha\* Until 3:55AM Thu  
Gara Until 7:03AM  
Shashthi\* Until 8:10PM

Ganesha: Clear Sunrise: 5:31AM  
Muruqa: Clear Sunset: 7:52PM  
Nataraja: Purple  
Moon - Red  
Margasira-Karttikai

Cape Town, South Africa  
Sun 5 Sutra 241  
Subhakrit 5124  
Moon 12 - Phase 33 - 5  
1st Phase

Sivaloka Day

6

Thursday, December 15, 2022

Simha Rasi: 15.29 Tithi 22

Creative Work Siddha Yoga

755476575

Gulika 9:07AM - 10:54AM  
Yama 5:31AM - 7:19AM  
Rahu 2:30PM - 4:18PM

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Priti Yoga Visti/Bava Karana Saptamyam Titau

Purvaphalguni Until 4:02AM Fri  
Priti Until 4:13AM Fri  
Visti Until 9:14AM  
Saptami Until 10:08PM

Ganesha: Clear Sunrise: 5:31AM  
Muruqa: Clear Sunset: 7:53PM  
Nataraja: Purple  
Moon - Red  
Margasira-Karttikai

Cape Town, South Africa  
Sun 6 Sutra 242  
Subhakrit 5124  
Moon 12 - Phase 33 - 6  
1st Phase

Sivaloka Day

Retreat Star

Friday, December 16, 2022

Simha Rasi: 27.4 Tithi 23

Creative Work Siddha Yoga

Until 5:38AM Sat

Then Routine Work - Marana Yoga

755476575

Gulika 7:19AM - 9:07AM  
Yama 4:18PM - 6:06PM  
Rahu 10:55AM - 12:43PM

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Uttaraphalguni Until 5:38AM Sat  
Ayushman Until 4:02AM Sat  
Balava Until 10:57AM  
Ashtami\* Until 11:33PM

Ganesha: Clear Sunrise: 5:32AM  
Muruqa: Clear Sunset: 7:54PM  
Nataraja: Purple  
Moon - Red  
Margasira-Markali

Cape Town, South Africa  
Sun 7 Sutra 243  
Subhakrit 5124  
Moon 12 - Phase 33 - 7  
Ashtami

Sivaloka Day

Saturday, December 17, 2022

Retreat Star

Kanya Rasi: 10.06 Tithi 24

Routine Work Marana Yoga

Until 6:49AM Sun

Then Creative Work - Siddha Yoga

865476575

Gulika 5:32AM - 7:20AM  
Yama 2:31PM - 4:19PM  
Rahu 9:08AM - 10:55AM

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Hasta Until 6:49AM Sun  
Saubhagya Until 3:17AM Sun  
Taitila Until 12:01PM  
Navami\* Until 12:14AM Sun

Ganesha: Clear Sunrise: 5:32AM  
Muruqa: Clear Sunset: 7:54PM  
Nataraja: Purple  
Moon - Green  
Margasira-Markali

Cape Town, South Africa  
Sun 8 Sutra 244  
Subhakrit 5124  
Moon 12 - Phase 33 - 8  
Navami

Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

ses are standard time. Calculated for Cape Town, South Africa on :

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1	<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Vanija/Visli* Karana Dashamyam Titau				Cape Town, South Africa Sun 9 Sutra 245 Subhakrit 5124
	Kanya Rasi: 22.53	Tithi 25	<b>Gulika</b> 4:19PM – 6:07PM	<b>Hasta</b> <b>Until 6:49AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	
			Yama 12:44PM – 2:31PM	Sobhana <b>Until 1:54AM Mon</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:55PM	Moon 12 - Phase 34 - 9
		865476575	<b>Rahu</b> 6:07PM – 7:55PM	Vanija <b>Until 12:17PM</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Amrita Yoga			<b>Dashami</b> <b>Until 12:05AM Mon</b>		Moon – Green	<b>Sivaloka Day</b>	
Until 6:49AM							
Then Creative Work - Siddha Yoga							

2	<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau				Cape Town, South Africa Sun 10 Sutra 246 Subhakrit 5124
	Tula Rasi: 6.05	Tithi 26	<b>Gulika</b> 2:32PM – 4:20PM	<b>Chitra</b> <b>Until 7:01AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	
			Yama 10:56AM – 12:44PM	Athiganda* <b>Until 11:49PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:56PM	Moon 12 - Phase 34 - 10
		865476575	<b>Rahu</b> 7:21AM – 9:08AM	Bava <b>Until 11:42AM</b>	<b>Nataraja:</b> Purple		2nd Phase
Family Home Evening			<b>Ekadashi*</b> <b>Until 11:04PM</b>		Moon – Green	<b>Sivaloka Day</b>	
Routine Work Prabalarishta Yoga							
Until 7:01AM							
Then Creative Work - Amrita Yoga							

3	<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau				Cape Town, South Africa Sun 11 Sutra 247 Subhakrit 5124
	Tula Rasi: 19.46	Tithi 27	<b>Gulika</b> 12:45PM – 2:32PM	<b>Svati</b> <b>Until 6:15AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	
			Yama 9:09AM – 10:57AM	Sukarma <b>Until 9:07PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:56PM	Moon 12 - Phase 34 - 11
		865476575	<b>Rahu</b> 4:20PM – 6:08PM	Kaulava <b>Until 10:17AM</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi*</b> <b>Until 9:15PM</b>		Moon – Green	<b>Sivaloka Day</b>	
Until 6:15AM							
Then Routine Work - Marana Yoga							

4	<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Cape Town, South Africa Sun 12 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 3.55	Tithi 28	<b>Gulika</b> 10:57AM – 12:45PM	<b>Anuradha</b> <b>Until 3:00AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM	
			Yama 7:21AM – 9:09AM	Dhriti <b>Until 5:52PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:57PM	Moon 12 - Phase 34 - 12
		876476575	<b>Rahu</b> 12:45PM – 2:33PM	Gara <b>Until 8:06AM</b>	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Siddha Yoga			<b>Trayodashi*</b> <b>Until 6:45PM</b>		Moon – Orange	<b>Sivaloka Day</b>	
Until 3:00AM Thu			<i>Pradosha Vrata (Fasting)</i>				
Then Routine Work - Prabalarishta Yoga							

5	<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 249 Subhakrit 5124
	Vrischika Rasi: 18.3	Tithi 29 – 30	<b>Gulika</b> 9:10AM – 10:58AM	<b>Jyeshtha*</b> <b>Until 12:22AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM	
			Yama 5:34AM – 7:22AM	Shula* <b>Until 2:09PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:57PM	Moon 12 - Phase 34 - 13
		876476575	<b>Rahu</b> 2:33PM – 4:21PM	Catuspada <b>Until 2:02AM Fri</b>	<b>Nataraja:</b> Purple		2nd Phase
Routine Work Prabalarishta Yoga			<b>Chaturdashi*</b> <b>Until 3:42PM</b>		Moon – Orange	<b>Sivaloka Day</b>	
Until 12:22AM Fri							
Then Creative Work - Amrita Yoga							

●	<b>Friday, December 23, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cape Town, South Africa Sun 14 Sutra 250 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 7:22AM – 9:10AM	<b>Mula*</b> <b>Until 9:42PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:35AM	
	Dhanus Rasi: 3.26	Tithi 30 – 1	Yama 4:22PM – 6:10PM	Ganda* <b>Until 10:08AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:58PM	Moon 12 - Phase 34 - 14
		886476575	<b>Rahu</b> 10:58AM – 12:46PM	Kintughna <b>Until 10:29PM</b>	<b>Nataraja:</b> Purple		Amavasya
Creative Work Amrita Yoga			<b>Amavasya*</b> <b>Until 12:16PM</b>		Moon – Light Blue	<b>Sivaloka Day</b>	
Until 9:42PM							
Then Routine Work - Prabalarishta Yoga							

●	<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 251 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 5:35AM – 7:23AM	<b>Purvashadha*</b> <b>Until 6:46PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:35AM	
	Dhanus Rasi: 18.34	Tithi 1 – 2	Yama 2:34PM – 4:22PM	Dhruva <b>Until 1:40AM Sun</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:58PM	Moon 12 - Phase 34 - 15
		886486575	<b>Rahu</b> 9:11AM – 10:59AM	Balava <b>Until 6:49PM</b>	<b>Nataraja:</b> Purple		Prathama
Creative Work Siddha Yoga			<b>Prathama*</b> <b>Until 8:38AM</b>		Moon – Light Blue	<b>Subha Sivaloka Day</b>	
Until 6:46PM							
Then Routine Work - Marana Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1</b>	<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Cape Town, South Africa Sun 16 Sutra 252 Subhakrit 5124
	Makara Rasi: 3.45	Tithi 3	<b>Gulika</b> 4:23PM – 6:11PM	<b>Uttarashadha</b> Until 3:46PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:36AM	
			Yama 12:47PM – 2:35PM	Vyaghata* Until 9:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:58PM	Moon 12 - Phase 35 - 16
	Creative Work Amrita Yoga	886486575	<b>Rahu</b> 6:11PM – 7:58PM	Taitila Until 3:11PM	<b>Nataraja:</b> Purple		3rd Phase
		Day 5 of Pancha Ganapati		Tritiya Until 1:26AM Mon		Pausha-Markali	

**Subha Sivaloka Day**

<b>2</b>	<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Cape Town, South Africa Sun 17 Sutra 253 Subhakrit 5124
	Makara Rasi: 18.49	Tithi 4	<b>Gulika</b> 2:35PM – 4:23PM	<b>Shravana</b> Until 1:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM	
	<b>Family Home Evening</b>		Yama 11:00AM – 12:48PM	Harshana Until 5:35PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:59PM	Moon 12 - Phase 35 - 17
	Creative Work Amrita Yoga	896486576	<b>Rahu</b> 7:24AM – 9:12AM	Vanija Until 11:48AM	<b>Nataraja:</b> Clear		3rd Phase
Until 1:15PM		Chaturthi* Until 10:13PM		Pausha-Markali		Sivaloka Day	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 254 Subhakrit 5124
	Kumbha Rasi: 3.37	Tithi 5	<b>Gulika</b> 12:48PM – 2:36PM	<b>Dhanishtha</b> Until 11:00AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM	
			Yama 9:12AM – 11:00AM	Vajra* Until 1:58PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:59PM	Moon 12 - Phase 35 - 18
	Creative Work Siddha Yoga	896486576	<b>Rahu</b> 4:24PM – 6:11PM	Bava Until 8:47AM	<b>Nataraja:</b> Clear		3rd Phase
Until 11:00AM		Panchami Until 7:27PM		Pausha-Markali		Sivaloka Day	
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Cape Town, South Africa Sun 19 Sutra 255 Subhakrit 5124
	Kumbha Rasi: 18.03	Tithi 6 – 7	<b>Gulika</b> 11:01AM – 12:49PM	<b>Shatabhishak</b> Until 9:08AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM	
			Yama 7:25AM – 9:13AM	Siddhi Until 10:50AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 8:00PM	Moon 12 - Phase 35 - 19
	Creative Work Siddha Yoga	896486576	<b>Rahu</b> 12:49PM – 2:36PM	Kaulava Until 6:18AM	<b>Nataraja:</b> Clear		3rd Phase
Until 9:08AM		Shashthi* Until 5:16PM		Pausha-Markali		Sivaloka Day	
Then Creative Work - Amrita Yoga							

Vinayaga Viratam Ends

<b>5</b>	<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Cape Town, South Africa Sun 20 Sutra 256 Subhakrit 5124
	Meena Rasi: 2.04	Tithi 7 – 8	<b>Gulika</b> 9:14AM – 11:01AM	<b>Purvaproshtapada*</b> Until 8:12AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:38AM	
			Yama 5:38AM – 7:26AM	Vyatipata* Until 8:14AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 8:00PM	Moon 12 - Phase 35 - 20
	Creative Work Siddha Yoga	817486576	<b>Rahu</b> 2:37PM – 4:24PM	Visti Until 3:20AM Fri	<b>Nataraja:</b> Clear		3rd Phase
		Saptami Until 3:47PM		Pausha-Markali		Devaloka Day	

<b>Friday, December 30, 2022</b>	<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Cape Town, South Africa Sun 21 Sutra 257 Subhakrit 5124
	Meena Rasi: 15.38	Tithi 8 – 9	<b>Gulika</b> 7:26AM – 9:14AM	<b>Uttaraproshtapada</b> Until 7:51AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:39AM	
			Yama 4:25PM – 6:12PM	Variyan Until 6:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 8:00PM	Moon 12 - Phase 35 - 21
	Creative Work Siddha Yoga	817486576	<b>Rahu</b> 11:02AM – 12:49PM	Balava Until 2:57AM Sat	<b>Nataraja:</b> Clear		Ashtami
		Ashtami* Until 3:02PM		Pausha-Markali		Devaloka Day	

<b>Saturday, December 31, 2022</b>	<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 22 Sutra 258 Subhakrit 5124
	Meena Rasi: 28.47	Tithi 9 – 10	<b>Gulika</b> 5:40AM – 7:27AM	<b>Revati</b> Until 8:04AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:40AM	
			Yama 2:38PM – 4:25PM	Shiva Until 3:51AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 8:00PM	Moon 12 - Phase 35 - 22
	Routine Work Prabalarishta Yoga	817486576	<b>Rahu</b> 9:15AM – 11:02AM	Taitila Until 3:17AM Sun	<b>Nataraja:</b> Clear		Navami
Until 8:04AM		Navami* Until 3:01PM		Pausha-Markali		Devaloka Day	
Then Creative Work - Siddha Yoga							

<b>1</b> Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Cape Town, South Africa Sun 23 Sutra 259 Subhakrit 5124
Mesha Rasi: 12	Tithi 10 – 11	<b>Gulika</b> 4:25PM – 6:13PM	<b>Ashvini Until 9:16AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:40AM
		Yama 12:50PM – 2:38PM	Siddha Until 3:24AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 8:01PM
	827486576	<b>Rahu</b> 6:13PM – 8:01PM	Vanija Until 4:16AM Mon	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga		<b>Dashami Until 3:41PM</b>	Moon – White
Until 9:16AM				<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Pausha-Markali</b>

<b>2</b> Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Cape Town, South Africa Sun 24 Sutra 260 Subhakrit 5124
Mesha Rasi: 24.08	Tithi 11 – 12	<b>Gulika</b> 2:38PM – 4:26PM	<b>Bharani Until 10:53AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:41AM
<b>Family Home Evening</b>		Yama 11:03AM – 12:51PM	Sadhya Until 3:22AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 8:01PM
Creative Work	Siddha Yoga	<b>Rahu</b> 7:28AM – 9:16AM	Bava Until 5:44AM Tue	<b>Nataraja:</b> Clear
Until 10:53AM			<b>Ekadashi Until 4:55PM</b>	Moon – White
Then Routine Work - Marana Yoga		<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>
				<b>Sivaloka Day</b>

<b>3</b> Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Balava Karana Dvadashyam Titau		Cape Town, South Africa Sun 25 Sutra 261 Subhakrit 5124
Vrishabha Rasi: 6.27	Tithi 12	<b>Gulika</b> 12:51PM – 2:39PM	<b>Krittika Until 12:47PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:42AM
		Yama 9:17AM – 11:04AM	Subha Until 3:38AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 8:01PM
	827586576	<b>Rahu</b> 4:26PM – 6:14PM	Balava Until 6:36PM	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga		<b>Dvadashi Until 6:36PM</b>	Moon – White
Until 12:47PM				<b>Pausha-Markali</b>
Then Creative Work - Amrita Yoga				<b>Subha Sivaloka Day</b>

<b>4</b> Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau		Cape Town, South Africa Sun 26 Sutra 262 Subhakrit 5124
Vrishabha Rasi: 18.37	Tithi 13	<b>Gulika</b> 11:04AM – 12:52PM	<b>Rohini Until 3:21PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM
		Yama 7:30AM – 9:17AM	Sukla Until 4:05AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 8:01PM
	838586576	<b>Rahu</b> 12:52PM – 2:39PM	Kaulava Until 7:35AM	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga		<b>Trayodashi Until 8:36PM</b>	Moon – Yellow
				<b>Pausha-Markali</b>
				<b>Devaloka Day</b>
				<i>Pradosha Vrata</i>

<b>5</b> Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau		Cape Town, South Africa Sun 27 Sutra 263 Subhakrit 5124
Mithuna Rasi: 0.4	Tithi 14	<b>Gulika</b> 9:18AM – 11:05AM	<b>Mrigashira Until 5:59PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:43AM
		Yama 5:43AM – 7:31AM	Brahma Until 4:42AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 8:01PM
	838586576	<b>Rahu</b> 2:39PM – 4:27PM	Gara Until 9:43AM	<b>Nataraja:</b> Clear
Routine Work	Marana Yoga		<b>Chaturdashi* Until 10:50PM</b>	Moon – Yellow
		<b>Subramuniyaswami Jayanti</b>		<b>Pausha-Markali</b>
				<b>Devaloka Day</b>

<b>○</b> Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti/Bava Karana Purnimayam Titau		Cape Town, South Africa Sutra 264 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:31AM – 9:18AM	<b>Ardra Until 8:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:44AM
Mithuna Rasi: 12.38	Tithi 15	Yama 4:27PM – 6:14PM	Indra Until 5:25AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 8:01PM
		<b>Rahu</b> 11:06AM – 12:53PM	Visti Until 12:01PM	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga		<b>Purnima* Until 1:12AM Sat</b>	Moon – Yellow
				<b>Pausha-Markali</b>
				<b>Devaloka Day</b>
		<b>Ardra Darshanam</b>		

<b>Saturday, January 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Cape Town, South Africa Sutra 265 Subhakrit 5124
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:45AM – 7:32AM	<b>Punarvasu Until 11:38PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:45AM
Mithuna Rasi: 24.34	Tithi 16	Yama 2:40PM – 4:27PM	Vaidhriti* Until 6:10AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 8:01PM
		<b>Rahu</b> 9:19AM – 11:06AM	Balava Until 2:26PM	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga		<b>Prathama* Until 3:39AM Sun</b>	Moon – Blue
				<b>Pausha-Markali</b>
				<b>Sivaloka Day</b>

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 6.29      Tithi 17  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vaidhriti/Vishkamba\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 4:27PM – 6:14PM  
**Yama** 12:54PM – 2:40PM  
**Rahu** 6:14PM – 8:01PM  
**Pushya Until 2:33AM Mon**  
Vaidhriti\* Until 6:10AM  
Taitila Until 4:55PM  
**Dvitiya Until 6:09AM Mon**

**Ganesha:** Clear      *Sunrise:* 5:46AM  
**Muruqa:** Purple      *Sunset:* 8:01PM  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

Cape Town, South Africa  
Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 -  
1st Phase

**Sivaloka Day**

**1**

**Monday, January 9, 2023**

Kataka Rasi: 18.22      Tithi 17 – 18  
**Family Home Evening**  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkamba\*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 2:41PM – 4:28PM  
**Yama** 11:07AM – 12:54PM  
**Rahu** 7:34AM – 9:20AM  
**Ashlesha\* Until 5:17AM Tue**  
Vishkamba\* Until 6:57AM  
Vanija Until 7:25PM  
**Dvitiya Until 6:09AM**

**Ganesha:** Clear      *Sunrise:* 5:47AM  
**Muruqa:** Purple      *Sunset:* 8:01PM  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

Cape Town, South Africa  
Sun 1      Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

**Sivaloka Day**

**2**

**Tuesday, January 10, 2023**

Simha Rasi: 0.16      Tithi 18 – 19  
Creative Work      Siddha Yoga  
Until 8:16AM Wed  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

**Gulika** 12:54PM – 2:41PM  
**Yama** 9:21AM – 11:08AM  
**Rahu** 4:28PM – 6:14PM  
**Magha\* Until 8:16AM Wed**  
Priti Until 7:45AM  
Bava Until 9:51PM  
**Tritiya Until 8:37AM**

**Ganesha:** Purple      *Sunrise:* 5:48AM  
**Muruqa:** Purple      *Sunset:* 8:01PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Cape Town, South Africa  
Sun 2      Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 12.11      Tithi 19 – 20  
Creative Work      Siddha Yoga  
Until 8:16AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

**Gulika** 11:08AM – 12:55PM  
**Yama** 7:35AM – 9:22AM  
**Rahu** 12:55PM – 2:41PM  
**Magha\* Until 8:16AM**  
Ayushman Until 8:26AM  
Kaulava Until 12:07AM Thu  
**Chatrthi\* Until 10:59AM**

**Ganesha:** Clear      *Sunrise:* 5:48AM  
**Muruqa:** Purple      *Sunset:* 8:01PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Cape Town, South Africa  
Sun 3      Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

**Sivaloka Day**

**4**

**Thursday, January 12, 2023**

Simha Rasi: 24.13      Tithi 20 – 21  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 9:22AM – 11:09AM  
**Yama** 5:49AM – 7:36AM  
**Rahu** 2:42PM – 4:28PM  
**Purvaphalguni Until 10:51AM**  
Saubhagya Until 8:58AM  
Gara Until 2:03AM Fri  
**Panchami Until 1:07PM**

**Ganesha:** Clear      *Sunrise:* 5:49AM  
**Muruqa:** Purple      *Sunset:* 8:01PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Cape Town, South Africa  
Sun 4      Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

**Sivaloka Day**

**5**

**Friday, January 13, 2023**

Kanya Rasi: 6.22      Tithi 21 – 22  
Creative Work      Siddha Yoga  
Until 12:55PM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 7:37AM – 9:23AM  
**Yama** 4:28PM – 6:14PM  
**Rahu** 11:09AM – 12:56PM  
**Uttaraphalguni Until 12:55PM**  
Sobhana Until 9:13AM  
Visti Until 3:30AM Sat  
**Shashthi\* Until 2:50PM**

**Ganesha:** Clear      *Sunrise:* 5:50AM  
**Muruqa:** Purple      *Sunset:* 8:01PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Cape Town, South Africa  
Sun 5      Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

**Sivaloka Day**

**6**

**Saturday, January 14, 2023**

Kanya Rasi: 18.44      Tithi 22 – 23  
Routine Work      Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 5:51AM – 7:37AM  
**Yama** 2:42PM – 4:28PM  
**Rahu** 9:24AM – 11:10AM  
**Hasta Until 2:46PM**  
Athiganda\* Until 9:03AM  
Balava Until 4:17AM Sun  
**Saptami Until 3:58PM**

**Ganesha:** White      *Sunrise:* 5:51AM  
**Muruqa:** Purple      *Sunset:* 8:01PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Cape Town, South Africa  
Sun 6      Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

**Subha Sivaloka Day**

**Thai Pongal**

**7**

**Sunday, January 15, 2023**

**Retreat Star**

Tula Rasi: 1.24      Tithi 23 – 24  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 4:28PM – 6:14PM  
**Yama** 12:56PM – 2:42PM  
**Rahu** 6:14PM – 8:00PM  
**Chitra Until 3:45PM**  
Sukarma Until 8:21AM  
Taitila Until 4:15AM Mon  
**Ashtami\* Until 4:21PM**

**Ganesha:** White      *Sunrise:* 5:52AM  
**Muruqa:** Purple      *Sunset:* 8:00PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Cape Town, South Africa  
Sun 7      Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
Ashtami

**Subha Sivaloka Day**

**Monday, January 16, 2023**

**Retreat Star**

Tula Rasi: 14.28      Tithi 24 – 25  
**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 3:46PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 2:42PM – 4:28PM  
**Yama** 11:11AM – 12:57PM  
**Rahu** 7:39AM – 9:25AM  
**Svati Until 3:46PM**  
Dhriti Until 7:03AM  
Vanija Until 3:23AM Tue  
**Navami\* Until 3:54PM**

**Ganesha:** White      *Sunrise:* 5:53AM  
**Muruqa:** Purple      *Sunset:* 8:00PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Cape Town, South Africa  
Sun 8      Sutra 274  
Subhakrit 5124  
Moon 1 - Phase 37 - 8  
Navami

**Subha Sivaloka Day**

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

ies are standard time. Calculated for Cape Town, South Africa on :


www.gurudeva.org/panchang

<b>1</b>	<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Cape Town, South Africa
			Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 275
	Tula Rasi: 27.59	Tithi 25 – 26	<b>Gulika</b> 12:57PM – 2:43PM	<b>Vishakha</b> Until 3:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
	879586576	Rahu	Yama 9:25AM – 11:11AM	Ganda* Until 2:24AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 8:00PM	Moon 1 - Phase 38 - 9
Routine Work Marana Yoga		Bava Until 1:40AM Wed		<b>Nataraja:</b> Clear	2nd Phase		
Until 3:15PM		<b>Dashami</b> Until 2:36PM		Moon – Orange	<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga				Pausha*Thai			

<b>2</b>	<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Cape Town, South Africa
			Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Sun 10 Sutra 276
	Vischika Rasi: 11.59	Tithi 26 – 27	<b>Gulika</b> 11:12AM – 12:57PM	<b>Anuradha</b> Until 1:48PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:55AM	Subhakrit 5124
	879586576	Rahu	Yama 7:41AM – 9:26AM	Vriddhi Until 11:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 8:00PM	Moon 1 - Phase 38 - 10
Creative Work Siddha Yoga		Kaulava Until 11:13PM		<b>Nataraja:</b> Clear	2nd Phase		
		<b>Ekadashi*</b> Until 12:30PM		Moon – Orange	<b>Sivaloka Day</b>		
				Pausha*Thai			

<b>3</b>	<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Cape Town, South Africa
			Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau				Sun 11 Sutra 277
	Vischika Rasi: 26.29	Tithi 27 – 28	<b>Gulika</b> 9:27AM – 11:12AM	<b>Jyeshtha*</b> Until 11:33AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:56AM	Subhakrit 5124
	871586576	Rahu	Yama 5:56AM – 7:41AM	Dhruva Until 7:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:59PM	Moon 1 - Phase 38 - 11
Routine Work Prabalarishta Yoga		Gara Until 8:09PM		<b>Nataraja:</b> Clear	2nd Phase		
Until 11:33AM		<b>Dvadashti*</b> Until 9:44AM		Moon – Orange	<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga				Pausha*Thai			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Cape Town, South Africa
			Mula*/Purvashadha* Nakshatra Vyaghala*/Harshana Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 278
	Dhanus Rasi: 11.23	Tithi 28 – 29	<b>Gulika</b> 7:42AM – 9:27AM	<b>Mula*</b> Until 9:04AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:57AM	Subhakrit 5124
	881586576	Rahu	Yama 4:28PM – 6:14PM	Vyaghata* Until 3:20PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:59PM	Moon 1 - Phase 38 - 12
Creative Work Amrita Yoga		Sakuni Until 2:44AM Sat		<b>Nataraja:</b> Clear	2nd Phase		
Until 9:04AM		<b>Trayodashi*</b> Until 6:25AM		Moon – Light Blue	<b>Sivaloka Day</b>		
Then Routine Work - Prabalarishta Yoga				Pausha*Thai			

	<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Cape Town, South Africa
	<b>Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 279
	Dhanus Rasi: 26.35	Tithi 30	<b>Gulika</b> 5:58AM – 7:43AM	<b>Purvashadha*</b> Until 6:06AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:58AM	Subhakrit 5124
	881586576	Rahu	Yama 2:43PM – 4:28PM	Harshana Until 11:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:58PM	Moon 1 - Phase 38 - 13
Creative Work Siddha Yoga		Catuspada Until 12:50PM		<b>Nataraja:</b> Clear	Amavasya		
Until 6:06AM		<b>Amavasya*</b> Until 10:53PM		Moon – Light Blue	<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga				Pausha*Thai			

<b>Retreat Star</b>	<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Cape Town, South Africa
			Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 280
	Makara Rasi: 11.55	Tithi 1	<b>Gulika</b> 4:28PM – 6:13PM	<b>Shravana</b> Until 11:53PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	Subhakrit 5124
	891586576	Rahu	Yama 12:58PM – 2:43PM	Vajra* Until 6:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:58PM	Moon 1 - Phase 38 - 14
Creative Work Amrita Yoga		Kintughna Until 8:57AM		<b>Nataraja:</b> Clear	Prathama		
Until 11:53PM		<b>Prathama*</b> Until 7:01PM		Moon – Purple	<b>Sivaloka Day</b>		
Then Routine Work - Marana Yoga				Magha*Thai			

<b>1</b>	<b>Monday, January 23, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau			Cape Town, South Africa Sun 15 Sutra 281 Subhakrit 5124
	Makara Rasi: 27.12 Tithi 2 – 3	<b>Gulika</b> 2:43PM – 4:28PM	<b>Dhanishtha</b> Until 9:00PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:00AM	
	<b>Family Home Evening</b>	Yama 11:14AM – 12:59PM	Vyatipata* Until 10:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:58PM	Moon 1 - Phase 39 - 15
	891586576 <b>Rahu</b> 7:45AM – 9:29AM	Taitila Until 1:36AM Tue		<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga		<b>Dvitiya</b> Until 3:19PM	Moon – Purple Magha-Thai	<b>Sivaloka Day</b>	

<b>2</b>	<b>Tuesday, January 24, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Cape Town, South Africa Sun 16 Sutra 282 Subhakrit 5124
	Kumbha Rasi: 12.16 Tithi 3 – 4	<b>Gulika</b> 12:59PM – 2:43PM	<b>Shatabhishak</b> Until 6:24PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:01AM	
	<b>Routine Work</b>	Yama 9:30AM – 11:14AM	Variyan Until 6:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:57PM	Moon 1 - Phase 39 - 16
	891586576 <b>Rahu</b> 4:28PM – 6:13PM	Vanija Until 10:31PM		<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga		<b>Tritiya</b> Until 11:59AM	Moon – Purple Magha-Thai	<b>Sivaloka Day</b>	

<b>3</b>	<b>Wednesday, January 25, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau			Cape Town, South Africa Sun 17 Sutra 283 Subhakrit 5124
	Kumbha Rasi: 26.58 Tithi 4 – 5	<b>Gulika</b> 11:15AM – 12:59PM	<b>Purvaproshtapada*</b> Until 4:38PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:02AM	
	<b>Creative Work</b>	Yama 7:46AM – 9:30AM	Parigha* Until 2:46PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:57PM	Moon 1 - Phase 39 - 17
	911586576 <b>Rahu</b> 12:59PM – 2:44PM	Bava Until 8:01PM		<b>Nataraja:</b> Clear	3rd Phase
Until 4:38PM Then Creative Work - Siddha Yoga		<b>Chaturthi*</b> Until 9:09AM	Moon – Clear Magha-Thai	<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Thursday, January 26, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Cape Town, South Africa Sun 18 Sutra 284 Subhakrit 5124
	Meena Rasi: 11.11 Tithi 5 – 6	<b>Gulika</b> 9:31AM – 11:15AM	<b>Uttaraproshtapada</b> Until 3:26PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:03AM	
	<b>Creative Work</b>	Yama 6:03AM – 7:47AM	Shiva Until 11:59AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:56PM	Moon 1 - Phase 39 - 18
	911586576 <b>Rahu</b> 2:44PM – 4:28PM	Kaulava Until 6:15PM		<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga		<b>Panchami</b> Until 7:01AM	Moon – Clear Magha-Thai	<b>Subha Sivaloka Day</b>	

<b>5</b>	<b>Friday, January 27, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau			Cape Town, South Africa Sun 19 Sutra 285 Subhakrit 5124
	Meena Rasi: 24.56 Tithi 7	<b>Gulika</b> 7:48AM – 9:32AM	<b>Revati</b> Until 2:55PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:04AM	
	<b>Creative Work</b>	Yama 4:28PM – 6:11PM	Siddha Until 9:48AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:55PM	Moon 1 - Phase 39 - 19
	911586576 <b>Rahu</b> 11:16AM – 1:00PM	Gara Until 5:20PM		<b>Nataraja:</b> Clear	3rd Phase
Until 2:55PM Then Creative Work - Amrita Yoga		<b>Saptami</b> Until 5:11AM Sat	Moon – Clear Magha-Thai	<b>Subha Sivaloka Day</b>	

<b>☾</b>	<b>Saturday, January 28, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ashtamyam Titau			Cape Town, South Africa Sun 20 Sutra 286 Subhakrit 5124
	<b>Retreat Star</b>	<b>Gulika</b> 6:05AM – 7:49AM	<b>Ashvini</b> Until 3:32PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:05AM	
	Mesha Rasi: 8.11 Tithi 8	Yama 2:44PM – 4:27PM	Sadhya Until 8:20AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:55PM	Moon 1 - Phase 39 - 20
	921586576 <b>Rahu</b> 9:32AM – 11:16AM	Visti Until 5:18PM		<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga		<b>Ashtami*</b> Until 5:34AM Sun	Moon – White Magha-Thai	<b>Sivaloka Day</b>	

<b>☽</b>	<b>Sunday, January 29, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Balava Karana Navamyam Titau			Cape Town, South Africa Sun 21 Sutra 287 Subhakrit 5124
	<b>Retreat Star</b>	<b>Gulika</b> 4:27PM – 6:11PM	<b>Bharani</b> Until 4:48PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:06AM	
	Mesha Rasi: 21 Tithi 9	Yama 1:00PM – 2:44PM	Subha Until 7:31AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:54PM	Moon 1 - Phase 39 - 21
	922686576 <b>Rahu</b> 6:11PM – 7:54PM	Balava Until 6:04PM		<b>Nataraja:</b> Clear	Navami
Routine Work Prabalarishta Yoga Until 4:48PM Then Creative Work - Siddha Yoga		<b>Navami*</b> Until 6:42AM Mon	Moon – White Magha-Thai	<b>Sivaloka Day</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>	<b>Monday, January 30, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Cape Town, South Africa Sun 22 Sutra 288 Subhakarit 5124
	Vrishabha Rasi: 3.28	Tithi 9 – 10	<b>Gulika</b> 2:43PM – 4:27PM	<b>Krittika Until 6:35PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:07AM	
	<b>Family Home Evening</b>	922686576	Yama 11:17AM – 1:00PM	Sukla Until 7:16AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:54PM	Moon 1 - Phase 40 - 22 4th Phase
	Routine Work Marana Yoga		<b>Rahu</b> 7:50AM – 9:33AM	Taitila Until 7:32PM	<b>Nataraja:</b> Clear	
			<b>Navami* Until 6:42AM</b>	Moon – White	<b>Sivaloka Day</b>	
				Magha-Thai		


<b>2</b>	<b>Tuesday, January 31, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Cape Town, South Africa Sun 23 Sutra 289 Subhakarit 5124
	Vrishabha Rasi: 15.41	Tithi 10 – 11	<b>Gulika</b> 1:00PM – 2:43PM	<b>Rohini Until 9:11PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:08AM	
	<b>Creative Work</b> Amrita Yoga	932686576	Yama 9:34AM – 11:17AM	Brahma Until 7:28AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:53PM	Moon 1 - Phase 40 - 23 4th Phase
	Routine Work Marana Yoga		<b>Rahu</b> 4:27PM – 6:10PM	Vanija Until 9:31PM	<b>Nataraja:</b> Clear	
			<b>Dashami Until 8:27AM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>	
				Magha-Thai		

<b>3</b>	<b>Wednesday, February 1, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Cape Town, South Africa Sun 24 Sutra 290 Subhakarit 5124
	Vrishabha Rasi: 27.44	Tithi 11 – 12	<b>Gulika</b> 11:17AM – 1:00PM	<b>Mrigashira Until 11:56PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:08AM	
	<b>Creative Work</b> Siddha Yoga	932686576	Yama 7:51AM – 9:34AM	Indra Until 8:01AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:53PM	Moon 1 - Phase 40 - 24 4th Phase
	Routine Work Marana Yoga		<b>Rahu</b> 1:00PM – 2:43PM	Bava Until 11:50PM	<b>Nataraja:</b> Clear	
			<b>Ekadashi Until 10:37AM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>	
				Magha-Thai		

<b>4</b>	<b>Thursday, February 2, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Cape Town, South Africa Sun 25 Sutra 291 Subhakarit 5124
	Mithuna Rasi: 9.4	Tithi 12 – 13	<b>Gulika</b> 9:35AM – 11:18AM	<b>Ardra Until 2:40AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:09AM	
	<b>Routine Work</b> Marana Yoga	932686576	Yama 6:09AM – 7:52AM	Vaidhriti* Until 8:43AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:52PM	Moon 1 - Phase 40 - 25 4th Phase
	Routine Work Marana Yoga		<b>Rahu</b> 2:43PM – 4:26PM	Kaulava Until 2:18AM Fri	<b>Nataraja:</b> Clear	
			<b>Dvadashi Until 1:02PM</b>	Moon – Yellow	<b>Subha Sivaloka Day</b>	
				Magha-Thai		
				<i>Pradosha Vrata</i>		

<b>5</b>	<b>Friday, February 3, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Cape Town, South Africa Sun 26 Sutra 292 Subhakarit 5124
	Mithuna Rasi: 21.33	Tithi 13 – 14	<b>Gulika</b> 7:52AM – 9:35AM	<b>Punarvasu Until 5:47AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:10AM	
	<b>Creative Work</b> Siddha Yoga	942686576	Yama 4:26PM – 6:09PM	Vishkambha* Until 9:32AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:51PM	Moon 1 - Phase 40 - 26 4th Phase
	Routine Work Marana Yoga		<b>Rahu</b> 11:18AM – 1:01PM	Gara Until 4:49AM Sat	<b>Nataraja:</b> Clear	
			<b>Trayodashi Until 3:32PM</b>	Moon – Blue	<b>Sivaloka Day</b>	
				Magha-Thai		

<b>6</b>	<b>Saturday, February 4, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Vanija Karana Chaturdashyam Titau			Cape Town, South Africa Sun 27 Sutra 293 Subhakarit 5124
	Kataka Rasi: 3.26	Tithi 14	<b>Gulika</b> 6:11AM – 7:53AM	<b>Pushya Until 8:41AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:11AM	
	<b>Creative Work</b> Siddha Yoga	942686577	Yama 2:43PM – 4:26PM	Priti Until 10:22AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:51PM	Moon 1 - Phase 40 - 27 4th Phase
	Routine Work Marana Yoga		<b>Rahu</b> 9:36AM – 11:18AM	Vanija Until 6:02PM	<b>Nataraja:</b> Orange	
			<b>Chaturdashi* Until 6:02PM</b>	Moon – Blue	<b>Sivaloka Day</b>	
				Magha-Thai		
				Thai Pusam		

	<b>Sunday, February 5, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau			Cape Town, South Africa Sun 29 Sutra 294 Subhakarit 5124
	Kataka Rasi: 15.19	Tithi 15	<b>Gulika</b> 4:25PM – 6:08PM	<b>Pushya Until 8:41AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:12AM	
	<b>Creative Work</b> Siddha Yoga	942686577	Yama 1:01PM – 2:43PM	Ayushman Until 11:08AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:50PM	Moon 1 - Phase 40 - Purnima
	Routine Work Marana Yoga		<b>Rahu</b> 6:08PM – 7:50PM	Visti Until 7:17AM	<b>Nataraja:</b> Orange	
			<b>Purnima* Until 8:27PM</b>	Moon – Blue	<b>Sivaloka Day</b>	
				Magha-Thai		

<b>Monday, February 6, 2023</b>	<b>Silver Retreat Star</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau			Cape Town, South Africa Sun 29 Sutra 295 Subhakarit 5124
	Kataka Rasi: 27.15	Tithi 16	<b>Gulika</b> 2:43PM – 4:25PM	<b>Ashlesha* Until 11:19AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:13AM	
	<b>Family Home Evening</b>	942686577	Yama 11:19AM – 1:01PM	Saubhagya Until 11:50AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 7:49PM	Moon 1 - Phase 40 - Prathama
	<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 7:55AM – 9:37AM	Balava Until 9:39AM	<b>Nataraja:</b> Orange	
			<b>Prathama* Until 10:46PM</b>	Moon – Blue	<b>Sivaloka Day</b>	
				Magha-Thai		
				Then Routine Work - Marana Yoga		





Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 9.14      Tithi 17

952686577

Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 1:01PM – 2:43PM  
**Yama** 9:37AM – 11:19AM  
**Rahu** 4:25PM – 6:06PM

**Magha\* Until 2:10PM**  
Sobhana Until 12:27PM  
Taitila Until 11:54AM  
**Dvitiya Until 12:55AM Wed**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
**Magha+Thai**

**Sunrise:** 6:14AM  
**Sunset:** 7:48PM

Cape Town, South Africa  
Sun 1      Sutra 296  
Subhakrit 5124  
Moon 2 - Phase 41 - 1  
1st Phase

**Subha Sivaloka Day**

1

Wednesday, February 8, 2023

Simha Rasi: 21.16      Tithi 18

952686577

Creative Work      Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visiti\* Karana Tritiyayam Titau

**Gulika** 11:19AM – 1:01PM  
**Yama** 7:56AM – 9:38AM  
**Rahu** 1:01PM – 2:43PM

**Purvaphalguni Until 4:40PM**  
Athiganda\* Until 12:54PM  
Vanija Until 1:57PM  
**Tritiya Until 2:52AM Thu**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
**Magha+Thai**

**Sunrise:** 6:15AM  
**Sunset:** 7:47PM

Cape Town, South Africa  
Sun 2      Sutra 297  
Subhakrit 5124  
Moon 2 - Phase 41 - 2  
1st Phase

**Subha Sivaloka Day**

2

Thursday, February 9, 2023

Kanya Rasi: 3.25      Tithi 19

952686577

Amrita Yoga

Until 6:45PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 9:38AM – 11:20AM  
**Yama** 6:16AM – 7:57AM  
**Rahu** 2:42PM – 4:24PM

**Maha Sankatahara Chaturthi**

**Uttaraphalguni Until 6:45PM**  
Sukarma Until 1:11PM  
Bava Until 3:44PM  
**Chaturthi\* Until 4:29AM Fri**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
**Magha+Thai**

**Sunrise:** 6:16AM  
**Sunset:** 7:47PM

Cape Town, South Africa  
Sun 3      Sutra 298  
Subhakrit 5124  
Moon 2 - Phase 41 - 3  
1st Phase

**Subha Sivaloka Day**

3

Friday, February 10, 2023

Kanya Rasi: 15.4      Tithi 20

962686577

Creative Work      Amrita Yoga

Until 8:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 7:58AM – 9:39AM  
**Yama** 4:23PM – 6:05PM  
**Rahu** 11:20AM – 1:01PM

**Hasta Until 8:48PM**  
Dhriti Until 1:13PM  
Kaulava Until 5:11PM  
**Panchami Until 5:42AM Sat**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
**Magha+Thai**

**Sunrise:** 6:17AM  
**Sunset:** 7:46PM

Cape Town, South Africa  
Sun 4      Sutra 299  
Subhakrit 5124  
Moon 2 - Phase 41 - 4  
1st Phase

**Sivaloka Day**

4

Saturday, February 11, 2023

Kanya Rasi: 28.07      Tithi 21

963686577

Routine Work      Marana Yoga

Until 10:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Gara Karana Shashthyam Titau

**Gulika** 6:18AM – 7:58AM  
**Yama** 2:42PM – 4:23PM  
**Rahu** 9:39AM – 11:20AM

**Chitra Until 10:13PM**  
Shula\* Until 12:52PM  
Gara Until 6:08PM  
**Shashthi\* Until 6:22AM Sun**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
**Magha+Thai**

**Sunrise:** 6:18AM  
**Sunset:** 7:45PM

Cape Town, South Africa  
Sun 5      Sutra 300  
Subhakrit 5124  
Moon 2 - Phase 41 - 5  
1st Phase

**Devaloka Day**

5

Sunday, February 12, 2023

Tula Rasi: 10.48      Tithi 21 – 22

963686577

Creative Work      Siddha Yoga

Until 10:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

**Gulika** 4:22PM – 6:03PM  
**Yama** 1:01PM – 2:42PM  
**Rahu** 6:03PM – 7:44PM

**Svati Until 10:52PM**  
Ganda\* Until 12:06PM  
Visiti Until 6:29PM  
**Shashthi\* Until 6:22AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
**Magha+Thai**

**Sunrise:** 6:19AM  
**Sunset:** 7:44PM

Cape Town, South Africa  
Sun 6      Sutra 301  
Subhakrit 5124  
Moon 2 - Phase 41 - 6  
1st Phase

**Devaloka Day**

D

Monday, February 13, 2023

Retreat Star

Tula Rasi: 23.48      Tithi 22 – 23

Family Home Evening

973686577

Routine Work      Marana Yoga

Until 11:08PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 2:42PM – 4:22PM  
**Yama** 11:21AM – 1:01PM  
**Rahu** 8:00AM – 9:40AM

**Vishakha Until 11:08PM**  
Vridhhi Until 10:49AM  
Balava Until 6:07PM  
**Saptami Until 6:22AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
**Magha+Masi**

**Sunrise:** 6:19AM  
**Sunset:** 7:43PM

Cape Town, South Africa  
Sun 7      Sutra 302  
Subhakrit 5124  
Moon 2 - Phase 41 - 7  
Ashtami

**Sivaloka Day**

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 7.11      Tithi 24

973686577

Creative Work      Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:01PM – 2:41PM  
**Yama** 9:41AM – 11:21AM  
**Rahu** 4:21PM – 6:02PM

**Anuradha Until 10:32PM**  
Dhruva Until 8:56AM  
Taitila Until 5:02PM  
**Navami\* Until 4:11AM Wed**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
**Magha+Masi**

**Sunrise:** 6:20AM  
**Sunset:** 7:42PM

Cape Town, South Africa  
Sun 8      Sutra 303  
Subhakrit 5124  
Moon 2 - Phase 41 - 8  
Navami

**Sivaloka Day**

1	<b>Wednesday, February 15, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Cape Town, South Africa Sun 9 Sutra 304
	Vrischika Rasi: 21	Tithi 25	Gulika Yama	11:21AM – 1:01PM 8:01AM – 9:41AM	Jyeshtha* Until 9:05PM Vyaghata* Until 6:29AM	Ganesha: Clear Muruqa: Purple	Sunrise: 6:21AM Sunset: 7:41PM
	Creative Work	Siddha Yoga	973686577 Rahu	1:01PM – 2:41PM	Vanija Until 3:13PM	Nataraja: Orange Moon – Orange	Moon 2 - Phase 42 - 9 2nd Phase
	Until 9:05PM Then Routine Work - Marana Yoga				Dashami Until 2:02AM Thu	Magha-Masi	Sivaloka Day

2	<b>Thursday, February 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Cape Town, South Africa Sun 10 Sutra 305
	Dhanus Rasi: 5.14	Tithi 26	Gulika Yama	9:42AM – 11:21AM 6:22AM – 8:02AM	Mula* Until 7:18PM Vajra* Until 11:59PM	Ganesha: White Muruqa: Purple	Sunrise: 6:22AM Sunset: 7:40PM
	Creative Work	Siddha Yoga	983686577 Rahu	2:41PM – 4:20PM	Bava Until 12:44PM	Nataraja: Orange Moon – Light Blue	Moon 2 - Phase 42 - 10 2nd Phase
	Then Routine Work - Marana Yoga				Ekadashi* Until 11:16PM	Magha-Masi	Devaloka Day

3	<b>Friday, February 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Cape Town, South Africa Sun 11 Sutra 306
	Dhanus Rasi: 19.54	Tithi 27	Gulika Yama	8:03AM – 9:42AM 4:20PM – 5:59PM	Purvashadha* Until 4:53PM Siddhi Until 8:08PM	Ganesha: White Muruqa: Purple	Sunrise: 6:23AM Sunset: 7:39PM
	Routine Work	Prabalarishta Yoga	983686577 Rahu	11:22AM – 1:01PM	Kaulava Until 9:43AM	Nataraja: Orange Moon – Light Blue	Moon 2 - Phase 42 - 11 2nd Phase
	Until 4:53PM Then Routine Work - Marana Yoga				Dvadashi* Until 8:02PM	Magha-Masi	Devaloka Day

4	<b>Saturday, February 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 12 Sutra 307
	Makara Rasi: 4.52	Tithi 28 – 29	Gulika Yama	6:24AM – 8:03AM 2:40PM – 4:19PM	Uttarashadha Until 1:59PM Vyatipata* Until 4:01PM	Ganesha: White Muruqa: Purple	Sunrise: 6:24AM Sunset: 7:38PM
	Routine Work	Marana Yoga	983686577 Rahu	9:43AM – 11:22AM	Gara Until 6:19AM	Nataraja: Orange Moon – Light Blue	Moon 2 - Phase 42 - 12 2nd Phase
	Until 1:59PM Then Creative Work - Siddha Yoga				Trayodashi* Until 4:29PM	Magha-Masi	Devaloka Day

●	<b>Sunday, February 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 308		
	<b>Retreat Star</b>		Makara Rasi: 20.02	Tithi 29 – 30	Gulika Yama	4:19PM – 5:58PM 1:01PM – 2:40PM	Shravana Until 11:11AM Variyan Until 11:45AM	Ganesha: Green Muruqa: Purple	Sunrise: 6:25AM Sunset: 7:37PM
	Creative Work	Amrita Yoga	993686577 Rahu	5:58PM – 7:37PM	Catuspada Until 10:57PM	Nataraja: Orange Moon – Purple	Moon 2 - Phase 42 - 13 Amavasya		
	Until 11:11AM Then Routine Work - Marana Yoga				Chaturdashi* Until 12:47PM	Magha-Masi	Devaloka Day		

●	<b>Monday, February 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Cape Town, South Africa Sun 14 Sutra 309		
	<b>Retreat Star</b>		Kumbha Rasi: 5.14	Tithi 30 – 1	Gulika Yama	2:39PM – 4:18PM 11:22AM – 1:01PM	Dhanishtha Until 8:16AM Parigha* Until 7:31AM	Ganesha: Green Muruqa: Purple	Sunrise: 6:26AM Sunset: 7:36PM
	Family Home Evening	Siddha Yoga	993686577 Rahu	8:05AM – 9:43AM	Kintughna Until 7:21PM	Nataraja: Orange Moon – Purple	Moon 2 - Phase 42 - 14 Prathama		
	Creative Work				Amavasya* Until 9:07AM	Phalgun-Masi	Devaloka Day		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

Times are standard time. Calculated for Cape Town, South Africa on :

www.gurudeva.org/panchang

<b>1</b>	<b>Tuesday, February 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Cape Town, South Africa Sun 15 Sutra 310 Subhakrit 5124
	Kumbha Rasi: 20.17	Tithi 2	<b>Gulika</b> 1:01PM – 2:39PM	<b>Purvaproshtapada* Until 3:10AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:27AM	
			Yama 9:44AM – 11:22AM	Siddha Until 11:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:35PM	Moon 2 - Phase 43 - 15
	913686577	<b>Rahu</b> 4:18PM – 5:56PM	Balava Until 4:02PM	<b>Nataraja:</b> Orange	Moon – Clear		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya Until 2:31AM Wed</b>	Phalguna-Masi	<b>Sivaloka Day</b>		
Until 3:10AM Wed							
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Cape Town, South Africa Sun 16 Sutra 311 Subhakrit 5124
	Meena Rasi: 5.03	Tithi 3	<b>Gulika</b> 11:22AM – 1:01PM	<b>Uttaraproshtapada Until 1:21AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	
			Yama 8:06AM – 9:44AM	Sadhya Until 8:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:33PM	Moon 2 - Phase 43 - 16
	913686577	<b>Rahu</b> 1:01PM – 2:39PM	Taitila Until 1:11PM	<b>Nataraja:</b> Orange	Moon – Clear		3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 11:57PM</b>	Phalguna-Masi	<b>Sivaloka Day</b>		

<b>3</b>	<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Cape Town, South Africa Sun 17 Sutra 312 Subhakrit 5124
	Meena Rasi: 19.24	Tithi 4	<b>Gulika</b> 9:45AM – 11:22AM	<b>Revati Until 12:05AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:29AM	
			Yama 6:29AM – 8:07AM	Subha Until 5:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:32PM	Moon 2 - Phase 43 - 17
	913786577	<b>Rahu</b> 2:38PM – 4:16PM	Vanija Until 10:57AM	<b>Nataraja:</b> Orange	Moon – Clear		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 10:05PM</b>	Phalguna-Masi	<b>Subha Sivaloka Day</b>		
Until 12:05AM Fri							
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>					

<b>4</b>	<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Cape Town, South Africa Sun 18 Sutra 313 Subhakrit 5124
	Mesha Rasi: 3.17	Tithi 5	<b>Gulika</b> 8:07AM – 9:45AM	<b>Ashvini Until 11:55PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:30AM	
			Yama 4:16PM – 5:53PM	Sukla Until 3:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:31PM	Moon 2 - Phase 43 - 18
	923786577	<b>Rahu</b> 11:23AM – 1:00PM	Bava Until 9:28AM	<b>Nataraja:</b> Orange	Moon – White		3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 9:02PM</b>	Phalguna-Masi	<b>Sivaloka Day</b>		
Until 11:55PM							
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Cape Town, South Africa Sun 19 Sutra 314 Subhakrit 5124
	Mesha Rasi: 16.4	Tithi 6	<b>Gulika</b> 6:30AM – 8:08AM	<b>Bharani Until 12:27AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:30AM	
			Yama 2:38PM – 4:15PM	Brahma Until 1:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:30PM	Moon 2 - Phase 43 - 19
	923786577	<b>Rahu</b> 9:45AM – 11:23AM	Kaulava Until 8:51AM	<b>Nataraja:</b> Orange	Moon – White		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 8:50PM</b>	Phalguna-Masi	<b>Sivaloka Day</b>		

<b>6</b>	<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau				Cape Town, South Africa Sun 20 Sutra 315 Subhakrit 5124
	Mesha Rasi: 29.37	Tithi 7	<b>Gulika</b> 4:14PM – 5:52PM	<b>Krittika Until 1:39AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:31AM	
			Yama 1:00PM – 2:37PM	Indra Until 12:55PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:29PM	Moon 2 - Phase 43 - 20
	924786577	<b>Rahu</b> 5:52PM – 7:29PM	Gara Until 9:05AM	<b>Nataraja:</b> Orange	Moon – White		3rd Phase
Creative Work Siddha Yoga			<b>Saptami Until 9:30PM</b>	Phalguna-Masi	<b>Devaloka Day</b>		
Until 1:39AM Mon							
Then Creative Work - Amrita Yoga							

<b>D</b>	<b>Monday, February 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Cape Town, South Africa Sun 21 Sutra 316 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 2:37PM – 4:14PM	<b>Rohini Until 3:51AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:32AM	
	Vrishabha Rasi: 12.1	Tithi 8	Yama 11:23AM – 1:00PM	Vaidhriti* Until 12:41PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:28PM	Moon 2 - Phase 43 - 21
	<b>Family Home Evening</b>	934786577	<b>Rahu</b> 8:09AM – 9:46AM	Visti Until 10:09AM	<b>Nataraja:</b> Orange		Ashtami
Creative Work Amrita Yoga			<b>Ashtami* Until 10:55PM</b>	Phalguna-Masi	<b>Sivaloka Day</b>		
Until 3:51AM Tue							
Then Creative Work - Siddha Yoga							

<b>D</b>	<b>Tuesday, February 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Cape Town, South Africa Sun 22 Sutra 317 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:00PM – 2:36PM	<b>Mrigashira Until 6:24AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM	
	Vrishabha Rasi: 24.25	Tithi 9	Yama 9:46AM – 11:23AM	Vishkambha* Until 12:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:26PM	Moon 2 - Phase 43 - 22
	934786577	<b>Rahu</b> 4:13PM – 5:50PM	Balava Until 11:52AM	<b>Nataraja:</b> Orange	Moon – Yellow		Navami
Creative Work Siddha Yoga			<b>Navami* Until 12:54AM Wed</b>	Phalguna-Masi	<b>Sivaloka Day</b>		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

times are standard time. Calculated for Cape Town, South Africa on :

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Cape Town, South Africa Sun 23 Sutra 318 Subhakrit 5124	
Mithuna Rasi: 6.27	Tithi 10	<b>Gulika</b> 11:23AM – 12:59PM	<b>Mrigashira</b> Until 6:24AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:35AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:24PM
		Yama 8:11AM – 9:47AM	Priti Until 1:34PM	<b>Nataraja:</b> Orange			Moon 2 - Phase 44 - 23 4th Phase
934786577	<b>Rahu</b> 12:59PM – 2:35PM		Taitila Until 2:04PM	Moon – Yellow			<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:15AM Thu	Phalguna-Masi			
<b>2</b>		<b>Thursday, March 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Cape Town, South Africa Sun 24 Sutra 319 Subhakrit 5124	
Mithuna Rasi: 18.22	Tithi 11	<b>Gulika</b> 9:47AM – 11:23AM	<b>Ardra</b> Until 9:06AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:23PM
		Yama 6:36AM – 8:11AM	Ayushman Until 2:22PM	<b>Nataraja:</b> Orange			Moon 2 - Phase 44 - 24 4th Phase
934786577	<b>Rahu</b> 2:35PM – 4:11PM		Vanija Until 4:31PM	Moon – Yellow			<b>Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 5:45AM Fri	Phalguna-Masi			
Until 9:06AM							
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Friday, March 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava Karana Dvadashyam Titau		Cape Town, South Africa Sun 25 Sutra 320 Subhakrit 5124	
Kataka Rasi: 0.14	Tithi 12	<b>Gulika</b> 8:12AM – 9:48AM	<b>Punarvasu</b> Until 12:14PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:21PM
		Yama 4:10PM – 5:46PM	Saubhagya Until 3:14PM	<b>Nataraja:</b> Orange			Moon 2 - Phase 44 - 25 4th Phase
944786577	<b>Rahu</b> 11:23AM – 12:59PM		Bava Until 7:02PM	Moon – Blue			<b>Devaloka Day</b>
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 8:15AM Sat	Phalguna-Masi			
Until 12:14PM							
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Saturday, March 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Cape Town, South Africa Sun 26 Sutra 321 Subhakrit 5124	
Kataka Rasi: 12.07	Tithi 12 – 13	<b>Gulika</b> 6:37AM – 8:13AM	<b>Pushya</b> Until 3:10PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:20PM
		Yama 2:34PM – 4:09PM	Sobhana Until 4:05PM	<b>Nataraja:</b> Orange			Moon 2 - Phase 44 - 26 4th Phase
944786577	<b>Rahu</b> 9:48AM – 11:23AM		Kaulava Until 9:28PM	Moon – Blue			<b>Devaloka Day</b>
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 8:15AM	Phalguna-Masi			
Until 3:10PM							
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				
<b>5</b>		<b>Sunday, March 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Cape Town, South Africa Sun 27 Sutra 322 Subhakrit 5124	
Kataka Rasi: 24.02	Tithi 13 – 14	<b>Gulika</b> 4:09PM – 5:44PM	<b>Ashlesha*</b> Until 5:47PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:19PM
		Yama 12:58PM – 2:34PM	Athiganda* Until 4:47PM	<b>Nataraja:</b> Orange			Moon 2 - Phase 44 - 27 4th Phase
144786577	<b>Rahu</b> 5:44PM – 7:19PM		Gara Until 11:44PM	Moon – Blue			<b>Devaloka Day</b>
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 10:37AM	Phalguna-Masi			
Until 5:47PM		<b>Chidambaram Abhishekam</b>					
Then Routine Work - Marana Yoga							
<b>Monday, March 6, 2023</b>		<b>Monday, March 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Cape Town, South Africa Sun 28 Sutra 323 Subhakrit 5124	
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:33PM – 4:08PM	<b>Magha*</b> Until 8:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:18PM
Simha Rasi: 6.01	Tithi 14 – 15	Yama 11:23AM – 12:58PM	Sukarma Until 5:19PM	<b>Nataraja:</b> Orange			Moon 2 - Phase 44 - Purnima
<b>Family Home Evening</b>	154786577	<b>Rahu</b> 8:14AM – 9:49AM	Visti Until 1:45AM Tue	Moon – Red			<b>Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 12:45PM	Phalguna-Masi			
Until 8:31PM		<b>Holi</b>					
Then Creative Work - Siddha Yoga							
<b>Tuesday, March 7, 2023</b>		<b>Tuesday, March 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Cape Town, South Africa Sun 29 Sutra 324 Subhakrit 5124	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:58PM – 2:33PM	<b>Purvaphalguni</b> Until 10:48PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:16PM
Simha Rasi: 18.07	Tithi 15 – 16	Yama 9:49AM – 11:23AM	Dhriti Until 5:40PM	<b>Nataraja:</b> Orange			Moon 2 - Phase 44 - Prathama
154786577	<b>Rahu</b> 4:07PM – 5:42PM		Balava Until 3:28AM Wed	Moon – Red			<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 2:38PM	Phalguna-Masi			
Until 10:48PM							
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Shula\*/Ganda\* Yoga Kaulava\*/Taitila Karana Prathama\*/Dvitiyayam Titau

Cape Town, South Africa

Sutra 325

Kanya Rasi: 0.2      Tithi 16 – 17

**Gulika** 11:23AM – 12:58PM  
Yama 8:15AM – 9:49AM  
154786577 **Rahu** 12:58PM – 2:32PM

**Uttaraphalguni** Until 12:37AM Thu  
Shula\* Until 5:44PM  
Taitila Until 4:52AM Thu  
Prathama\* Until 4:11PM

**Ganesha:** Clear      *Sunrise:* 6:40AM  
**Muruqa:** Purple      *Sunset:* 7:15PM  
**Nataraja:** Orange  
Moon – Red  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 -  
1st Phase

Creative Work      Amrita Yoga  
Until 12:37AM Thu  
Then Routine Work - Marana Yoga

**Sivaloka Day**

1

Thursday, March 9, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Dvitiya\*/Tritiyayam Titau

Cape Town, South Africa

Sun 1      Sutra 326

Kanya Rasi: 12.41      Tithi 17 – 18

**Gulika** 9:49AM – 11:23AM  
Yama 6:41AM – 8:15AM  
164786577 **Rahu** 2:32PM – 4:06PM

**Hasta** Until 2:25AM Fri  
Ganda\* Until 5:34PM  
Vanija Until 5:53AM Fri  
Dvitiya Until 5:24PM

**Ganesha:** White      *Sunrise:* 6:41AM  
**Muruqa:** Purple      *Sunset:* 7:14PM  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 1  
1st Phase

Routine Work      Marana Yoga  
Until 2:25AM Fri  
Then Creative Work - Siddha Yoga

**Devaloka Day**

2

Friday, March 10, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti\* Karana Tritiyayam Titau

Cape Town, South Africa

Sun 2      Sutra 327

Kanya Rasi: 25.12      Tithi 18

**Gulika** 8:16AM – 9:50AM  
Yama 4:05PM – 5:39PM  
165786577 **Rahu** 11:23AM – 12:57PM

**Chitra** Until 3:40AM Sat  
Vridhhi Until 5:07PM  
Visti Until 6:13PM  
Tritiya Until 6:13PM

**Ganesha:** Yellow      *Sunrise:* 6:42AM  
**Muruqa:** Purple      *Sunset:* 7:13PM  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 2  
1st Phase

Creative Work      Siddha Yoga

**Sivaloka Day**

3

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Cape Town, South Africa

Sun 3      Sutra 328

Tula Rasi: 7.54      Tithi 19

**Gulika** 6:43AM – 8:16AM  
Yama 2:31PM – 4:04PM  
165786577 **Rahu** 9:50AM – 11:23AM

**Svati** Until 4:21AM Sun  
Dhruva Until 4:19PM  
Bava Until 6:30AM  
Chaturthi\* Until 6:38PM

**Ganesha:** Yellow      *Sunrise:* 6:43AM  
**Muruqa:** Purple      *Sunset:* 7:11PM  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 3  
1st Phase

Creative Work      Siddha Yoga  
Until 4:21AM Sun  
Then Routine Work - Marana Yoga

**Sivaloka Day**

4

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava\*/Taitila Karana Panchamyam Titau

Cape Town, South Africa

Sun 4      Sutra 329

Tula Rasi: 20.48      Tithi 20

**Gulika** 4:03PM – 5:37PM  
Yama 12:57PM – 2:30PM  
175786577 **Rahu** 5:37PM – 7:10PM

**Vishakha** Until 4:52AM Mon  
Vyaghata\* Until 3:11PM  
Kaulava Until 6:41AM  
Panchami Until 6:34PM

**Ganesha:** Blue      *Sunrise:* 6:44AM  
**Muruqa:** Purple      *Sunset:* 7:10PM  
**Nataraja:** Orange  
Moon – Orange  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 4  
1st Phase

Routine Work      Marana Yoga  
Until 4:52AM Mon  
Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**

5

Monday, March 13, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa

Sun 5      Sutra 330

Vrischika Rasi: 3.57      Tithi 21

**Gulika** 2:30PM – 4:03PM  
Yama 11:23AM – 12:57PM  
175786577 **Rahu** 8:17AM – 9:50AM

**Anuradha** Until 4:44AM Tue  
Harshana Until 1:40PM  
Gara Until 6:23AM  
Shashthi\* Until 6:01PM

**Ganesha:** Blue      *Sunrise:* 6:44AM  
**Muruqa:** Purple      *Sunset:* 7:09PM  
**Nataraja:** Orange  
Moon – Orange  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 5  
1st Phase

Family Home Evening  
Creative Work      Siddha Yoga  
Until 4:44AM Tue  
Then Routine Work - Marana Yoga

**Subha Sivaloka Day**

6

Tuesday, March 14, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Cape Town, South Africa

Sun 6      Sutra 331

Vrischika Rasi: 17.22      Tithi 22 – 23

**Gulika** 12:56PM – 2:29PM  
Yama 9:51AM – 11:23AM  
175786577 **Rahu** 4:02PM – 5:34PM

**Jyeshtha\*** Until 3:56AM Wed  
Vajra\* Until 11:43AM  
Balava Until 4:12AM Wed  
Saptami Until 4:56PM

**Ganesha:** Blue      *Sunrise:* 6:45AM  
**Muruqa:** Purple      *Sunset:* 7:07PM  
**Nataraja:** Orange  
Moon – Orange  
Phalguna-Masi

Subhakrit 5124  
Moon 3 - Phase 45 - 6  
1st Phase

Routine Work      Marana Yoga

**Subha Sivaloka Day**

D

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Kaulava\*/Taitila Karana Ashtami/Navamyam Titau

Cape Town, South Africa

Sun 7      Sutra 332

Dhanus Rasi: 1.06      Tithi 23 – 24

**Gulika** 11:23AM – 12:56PM  
Yama 8:18AM – 9:51AM  
185786578 **Rahu** 12:56PM – 2:28PM

**Mula\*** Until 2:55AM Thu  
Siddhi Until 9:22AM  
Taitila Until 2:20AM Thu  
Ashtami\* Until 3:19PM

**Ganesha:** Red      *Sunrise:* 6:46AM  
**Muruqa:** Purple      *Sunset:* 7:06PM  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna-Panguni

Subhakrit 5124  
Moon 3 - Phase 45 - 7  
Ashtami

Routine Work      Marana Yoga  
Until 2:55AM Thu  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

Karadaiyan Nombu (Tamil Nadu)

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Cape Town, South Africa

Sun 8      Sutra 333

Dhanus Rasi: 15.08      Tithi 24 – 25

**Gulika** 9:51AM – 11:23AM  
Yama 6:47AM – 8:19AM  
185786578 **Rahu** 2:28PM – 4:00PM

**Purvashadha\*** Until 1:17AM Fri  
Vyatipata\* Until 6:37AM  
Vanija Until 12:00AM Fri  
Navami\* Until 1:12PM

**Ganesha:** Red      *Sunrise:* 6:47AM  
**Muruqa:** Purple      *Sunset:* 7:05PM  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna-Panguni

Subhakrit 5124  
Moon 3 - Phase 45 - 8  
Navami

Creative Work      Siddha Yoga  
Until 1:17AM Fri  
Then Routine Work - Marana Yoga

**Sivaloka Day**

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1	<b>Friday, March 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 9 Sutra 334
	Dhanus Rasi: 29.29	Tithi 25 – 26	<b>Gulika</b> 8:19AM – 9:51AM	<b>Uttarashadha</b> Until 11:08PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:48AM	Subhakrit 5124
			Yama 3:59PM – 5:31PM	Parigha* Until 12:02AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 46 - 9
	Routine Work	Marana Yoga	185786578 <b>Rahu</b> 11:23AM – 12:55PM	Bava Until 9:16PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 10:39AM	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Phalguna</b> •Panguni			

2	<b>Saturday, March 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Cape Town, South Africa Sun 10 Sutra 335
	Makara Rasi: 14.06	Tithi 26 – 27	<b>Gulika</b> 6:48AM – 8:20AM	<b>Shravana</b> Until 8:59PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:48AM	Subhakrit 5124
			Yama 2:27PM – 3:59PM	Shiva Until 8:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 46 - 10
			195786578 <b>Rahu</b> 9:52AM – 11:23AM	Kaulava Until 6:15PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:46AM	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Phalguna</b> •Panguni			

3	<b>Sunday, March 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Cape Town, South Africa Sun 11 Sutra 336
	Makara Rasi: 28.53	Tithi 28	<b>Gulika</b> 3:58PM – 5:29PM	<b>Dhanishtha</b> Until 6:34PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:49AM	Subhakrit 5124
			Yama 12:55PM – 2:26PM	Siddha Until 4:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 46 - 11
			196796578 <b>Rahu</b> 5:29PM – 7:01PM	Gara Until 3:04PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 1:27AM Mon	Moon – Purple		<b>Devaloka Day</b>	
Until 6:34PM				<b>Phalguna</b> •Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4	<b>Monday, March 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Cape Town, South Africa Sun 12 Sutra 337
	Kumbha Rasi: 13.43	Tithi 29	<b>Gulika</b> 2:26PM – 3:57PM	<b>Shatabhishak</b> Until 4:01PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:50AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 11:23AM – 12:55PM	Sadhya Until 12:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 46 - 12
			196896578 <b>Rahu</b> 8:21AM – 9:52AM	Visti Until 11:53AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:19PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 4:01PM				<b>Phalguna</b> •Panguni			
Then Routine Work - Marana Yoga							

●	<b>Tuesday, March 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Cape Town, South Africa Sun 13 Sutra 338
	<b>Retreat Star</b>		<b>Gulika</b> 12:54PM – 2:25PM	<b>Purvaproshtapada*</b> Until 1:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:51AM	Subhakrit 5124
	Kumbha Rasi: 28.29	Tithi 30	Yama 9:52AM – 11:23AM	Subha Until 9:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 46 - 13
			116896578 <b>Rahu</b> 3:56PM – 5:27PM	Catuspada Until 8:50AM	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 7:24PM	Moon – Clear		<b>Devaloka Day</b>	
Until 1:55PM				<b>Phalguna</b> •Panguni			
Then Creative Work - Amrita Yoga							

●	<b>Wednesday, March 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau				Cape Town, South Africa Sun 14 Sutra 339
	<b>Retreat Star</b>		<b>Gulika</b> 11:23AM – 12:54PM	<b>Uttaraproshtapada</b> Until 12:01PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:51AM	Subhakrit 5124
	Meena Rasi: 13.03	Tithi 1 – 2	Yama 8:22AM – 9:53AM	Brahma Until 2:43AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 46 - 14
			116896578 <b>Rahu</b> 12:54PM – 2:25PM	Kintughna Until 6:06AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:52PM	Moon – Clear		<b>Devaloka Day</b>	
Until 12:01PM		<b>Yugadhi</b>		<b>Chaitra</b> •Panguni			
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Titau		Cape Town, South Africa Sun 15 Sutra 340 Subhakit 5124	
Meena Rasi: 27.17	Tithi 2 – 3	<b>Gulika</b> 9:53AM – 11:23AM	<b>Revati Until 10:28AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM
		Yama 6:52AM – 8:22AM	Indra Until 12:11AM Fri	<b>Nataraja:</b> Clear		Moon 3 - Phase 47 - 15	
		116896578 <b>Rahu</b> 2:24PM – 3:54PM	Taitila Until 2:06AM Fri	Moon – Clear		3rd Phase	
Creative Work Siddha Yoga			<b>Dvitiya Until 2:51PM</b>	<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	
Until 10:28AM		<b>Chellappaswami Mahasamadhi</b>					
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Cape Town, South Africa Sun 16 Sutra 341 Subhakit 5124	
Mesha Rasi: 11.08	Tithi 3 – 4	<b>Gulika</b> 8:23AM – 9:53AM	<b>Ashvini Until 9:50AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM
		Yama 3:54PM – 5:24PM	Vaidhriti* Until 10:10PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 47 - 16	
		126896578 <b>Rahu</b> 11:23AM – 12:53PM	Vanija Until 1:07AM Sat	Moon – White		3rd Phase	
Creative Work Amrita Yoga			<b>Tritiya Until 1:30PM</b>	<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	
Until 9:50AM							
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Cape Town, South Africa Sun 17 Sutra 342 Subhakit 5124	
Mesha Rasi: 24.34	Tithi 4 – 5	<b>Gulika</b> 6:54AM – 8:23AM	<b>Bharani Until 9:48AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM
		Yama 2:23PM – 3:53PM	Vishkambha* Until 8:48PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 47 - 17	
		126896578 <b>Rahu</b> 9:53AM – 11:23AM	Bava Until 12:55AM Sun	Moon – White		3rd Phase	
Creative Work Siddha Yoga			<b>Chaturthi* Until 12:54PM</b>	<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	
Until 9:48AM							
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Cape Town, South Africa Sun 18 Sutra 343 Subhakit 5124	
Vrishabha Rasi: 7.35	Tithi 5 – 6	<b>Gulika</b> 3:52PM – 5:22PM	<b>Krittika Until 10:22AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM
		Yama 12:53PM – 2:22PM	Priti Until 8:03PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 47 - 18	
		126896578 <b>Rahu</b> 5:22PM – 6:51PM	Kaulava Until 1:30AM Mon	Moon – White		3rd Phase	
Creative Work Siddha Yoga			<b>Panchami Until 1:05PM</b>	<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	

<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashti/Saptamyam Titau		Cape Town, South Africa Sun 19 Sutra 344 Subhakit 5124	
Vrishabha Rasi: 20.13	Tithi 6 – 7	<b>Gulika</b> 2:22PM – 3:51PM	<b>Rohini Until 11:59AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:55AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM
<b>Family Home Evening</b>		Yama 11:23AM – 12:52PM	Ayushman Until 7:50PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 47 - 19	
		137896578 <b>Rahu</b> 8:24AM – 9:54AM	Gara Until 2:47AM Tue	Moon – Yellow		3rd Phase	
Creative Work Amrita Yoga			<b>Shashti* Until 2:02PM</b>	<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	

<b>6</b>		<b>Tuesday, March 28, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Cape Town, South Africa Sun 20 Sutra 345 Subhakit 5124	
Mithuna Rasi: 2.33	Tithi 7 – 8	<b>Gulika</b> 12:52PM – 2:21PM	<b>Mrigashira Until 2:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:56AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM
		Yama 9:54AM – 11:23AM	Saubhagya Until 8:07PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 47 - 20	
		137896578 <b>Rahu</b> 3:50PM – 5:19PM	Visti Until 4:39AM Wed	Moon – Yellow		3rd Phase	
Creative Work Siddha Yoga			<b>Saptami Until 3:38PM</b>	<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	
Until 2:05PM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Cape Town, South Africa Sun 21 Sutra 346 Subhakit 5124	
Mithuna Rasi: 14.4	Tithi 8 – 9	<b>Gulika</b> 11:23AM – 12:52PM	<b>Ardra Until 4:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:56AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM
		Yama 8:25AM – 9:54AM	Sobhana Until 8:45PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 47 - 21	
		137896578 <b>Rahu</b> 12:52PM – 2:21PM	Balava Until 6:53AM Thu	Moon – Yellow		Ashtami	
Creative Work Siddha Yoga			<b>Ashtami* Until 5:42PM</b>	<b>Chaitra•Panguni</b>		<b>Devaloka Day</b>	

<b>Retreat Star</b>		<b>Thursday, March 30, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Cape Town, South Africa Sun 22 Sutra 347 Subhakit 5124	
Mithuna Rasi: 26.37	Tithi 9	<b>Gulika</b> 9:54AM – 11:23AM	<b>Punarvasu Until 7:30PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM
		Yama 6:57AM – 8:26AM	Athiganda* Until 9:32PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 47 - 22	
		147896578 <b>Rahu</b> 2:20PM – 3:49PM	Balava Until 6:53AM	Moon – Blue		Navami	
Creative Work Amrita Yoga			<b>Navami* Until 8:03PM</b>	<b>Chaitra•Panguni</b>		<b>Bhuloka Day</b>	
		<b>Sri Rama Navami</b>				<b>Devaloka Time: 3:PM to 6:PM</b>	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>	<b>Friday, March 31, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Cape Town, South Africa Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 8.31	Tithi 10	<b>Gulika</b> 8:26AM – 9:55AM Yama 3:48PM – 5:16PM 147896578 <b>Rahu</b> 11:23AM – 12:51PM	<b>Pushya</b> Until 10:26PM Sukarma Until 10:23PM Taitila Until 9:17AM Dashami Until 10:29PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 6:58AM <b>Sunset:</b> 6:44PM	Moon 3 - Phase 48 - 23 4th Phase
	Routine Work	Marana Yoga			Chaitra•Panguni	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Saturday, April 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Cape Town, South Africa Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 20.25	Tithi 11	<b>Gulika</b> 6:58AM – 8:26AM Yama 2:20PM – 3:48PM 147896578 <b>Rahu</b> 9:55AM – 11:23AM	<b>Ashlesha*</b> Until 1:05AM Sun Dhriti Until 11:11PM Vanija Until 11:41AM Ekadashi Until 12:48AM Sun	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 6:58AM <b>Sunset:</b> 6:44PM	Moon 3 - Phase 48 - 24 4th Phase
	Routine Work	Marana Yoga	Yogaswami Mahasamadhi		Chaitra•Panguni	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Sunday, April 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvodashyam Titau				Cape Town, South Africa Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 2.22	Tithi 12	<b>Gulika</b> 3:47PM – 5:15PM Yama 12:51PM – 2:19PM 158896578 <b>Rahu</b> 5:15PM – 6:43PM	<b>Magha*</b> Until 3:50AM Mon Shula* Until 11:46PM Bava Until 1:54PM Dvadashi Until 2:52AM Mon	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 6:43PM	Moon 3 - Phase 48 - 25 4th Phase
	Routine Work	Marana Yoga			Chaitra•Panguni	<b>Devaloka Day</b>	
		Until 3:50AM Mon					
		Then Creative Work - Siddha Yoga					

<b>4</b>	<b>Monday, April 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cape Town, South Africa Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 14.25	Tithi 13	<b>Gulika</b> 2:18PM – 3:46PM Yama 11:25AM – 12:51PM 158896578 <b>Rahu</b> 8:27AM – 9:55AM	<b>Purvaphalguni</b> Until 6:04AM Tue Ganda* Until 12:06AM Tue Kaulava Until 3:48PM Trayodashi Until 4:34AM Tue	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 6:42PM	Moon 3 - Phase 48 - 26 4th Phase
	Family Home Evening	Creative Work	Siddha Yoga		Chaitra•Panguni	<b>Devaloka Day</b>	
		Until 6:04AM Tue					
		Then Creative Work - Amrita Yoga					
							Pradosha Vrata

<b>5</b>	<b>Tuesday, April 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Cape Town, South Africa Sun 27 Sutra 352 Subhakrit 5124
	Simha Rasi: 26.37	Tithi 14	<b>Gulika</b> 12:50PM – 2:18PM Yama 9:55AM – 11:23AM 158896578 <b>Rahu</b> 3:45PM – 5:13PM	<b>Purvaphalguni</b> Until 6:04AM Vriddhi Until 12:07AM Wed Gara Until 5:17PM Chaturdashi* Until 5:50AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 6:40PM	Moon 3 - Phase 48 - 27 4th Phase
	Creative Work	Siddha Yoga			Chaitra•Panguni	<b>Devaloka Day</b>	
		Until 6:04AM					
		Then Creative Work - Amrita Yoga					

	<b>Wednesday, April 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Visti* Karana Purnimayam Titau				Cape Town, South Africa Sutra 353 Subhakrit 5124
	Kanya Rasi: 9.01	Tithi 15	<b>Gulika</b> 11:23AM – 12:50PM Yama 8:28AM – 9:55AM 158896578 <b>Rahu</b> 12:50PM – 2:17PM	<b>Uttaraphalguni</b> Until 7:42AM Dhruva Until 11:44PM Visti Until 6:17PM Purnima* Until 6:36AM Thu	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 7:01AM <b>Sunset:</b> 6:39PM	Moon 3 - Phase 48 - Purnima
	Creative Work	Amrita Yoga			Chaitra•Panguni	<b>Devaloka Day</b>	
		Until 7:42AM					
		Then Routine Work - Marana Yoga					
							Panguni Uttiram Hanuman Jayanti

<b>6</b>	<b>Thursday, April 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Cape Town, South Africa Sutra 354 Subhakrit 5124
	Kanya Rasi: 21.38	Tithi 15 – 16	<b>Gulika</b> 9:56AM – 11:23AM Yama 7:02AM – 8:29AM 168896578 <b>Rahu</b> 2:17PM – 3:44PM	<b>Hasta</b> Until 9:11AM Vyaghata* Until 11:00PM Balava Until 6:49PM Purnima* Until 6:36AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 7:02AM <b>Sunset:</b> 6:38PM	Moon 3 - Phase 48 - Prathama
	Routine Work	Marana Yoga			Chaitra•Panguni	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
		Until 9:11AM					
		Then Creative Work - Siddha Yoga					





**Friday, April 7, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Cape Town, South Africa  
Sutra 355

Tula Rasi: 4.28      Tithi 16 – 17

**Gulika** 8:29AM – 9:56AM  
Yama 3:43PM – 5:10PM  
168896578 **Rahu** 11:23AM – 12:49PM

**Chitra** **Until 10:03AM**  
Harshana Until 9:54PM  
Taitila Until 6:51PM  
**Prathama\* Until 6:52AM**

**Ganesha:** Blue      *Sunrise:* 7:02AM  
**Muruqa:** Clear      *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**1**

**Saturday, April 8, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Cape Town, South Africa  
Sun 1      Sutra 356

Tula Rasi: 17.32      Tithi 17 – 18

**Gulika** 7:03AM – 8:30AM  
Yama 2:16PM – 3:42PM  
168896578 **Rahu** 9:56AM – 11:23AM

**Svati** **Until 10:18AM**  
Vajra\* Until 8:26PM  
Vanija Until 6:27PM  
**Dvitiya** **Until 6:41AM**

**Ganesha:** Blue      *Sunrise:* 7:03AM  
**Muruqa:** Clear      *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**2**

**Sunday, April 9, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Balava Karana Tritiya/Chatrthyam Titau

Cape Town, South Africa  
Sun 2      Sutra 357

Vrischika Rasi: 0.49      Tithi 18 – 19

**Gulika** 3:41PM – 5:08PM  
Yama 12:49PM – 2:15PM  
179896578 **Rahu** 5:08PM – 6:34PM

**Vishakha** **Until 10:28AM**  
Siddhi Until 6:40PM  
Balava Until 5:06AM Mon  
**Tritiya** **Until 6:05AM**

**Ganesha:** Red      *Sunrise:* 7:04AM  
**Muruqa:** Clear      *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 2  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga

**3**

**Monday, April 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Cape Town, South Africa  
Sun 3      Sutra 358

Vrischika Rasi: 14.19      Tithi 20

**Family Home Evening**

179896578 **Rahu** 8:31AM – 9:57AM

**Anuradha** **Until 10:07AM**  
Vyatipata\* Until 4:38PM  
Kaulava Until 4:30PM  
**Panchami** **Until 3:47AM Tue**

**Ganesha:** Red      *Sunrise:* 7:05AM  
**Muruqa:** Clear      *Sunset:* 6:33PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 3  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga

**4**

**Tuesday, April 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Cape Town, South Africa  
Sun 4      Sutra 359

Vrischika Rasi: 28.01      Tithi 21

179896578 **Gulika** 12:48PM – 2:14PM  
Yama 9:57AM – 11:23AM  
**Rahu** 3:40PM – 5:06PM

**Jyeshtha\*** **Until 9:17AM**  
Variyan Until 2:19PM  
Gara Until 3:02PM  
**Shashthi\*** **Until 2:10AM Wed**

**Ganesha:** Red      *Sunrise:* 7:05AM  
**Muruqa:** Clear      *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 4  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga

Until 9:17AM

Then Creative Work - Amrita Yoga

**5**

**Wednesday, April 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Cape Town, South Africa  
Sun 5      Sutra 360

Dhanus Rasi: 11.53      Tithi 22

189896578 **Gulika** 11:23AM – 12:48PM  
Yama 8:31AM – 9:57AM  
**Rahu** 12:48PM – 2:14PM

**Mula\*** **Until 8:28AM**  
Parigha\* Until 11:47AM  
Visti Until 1:16PM  
**Saptami** **Until 12:16AM Thu**

**Ganesha:** Green      *Sunrise:* 7:06AM  
**Muruqa:** Clear      *Sunset:* 6:30PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Routine Work      Marana Yoga

Until 8:28AM

Then Creative Work - Amrita Yoga

**D**

**Thursday, April 13, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Cape Town, South Africa  
Sun 6      Sutra 361

Dhanus Rasi: 25.56      Tithi 23

189996578 **Gulika** 9:57AM – 11:23AM  
Yama 7:07AM – 8:32AM  
**Rahu** 2:13PM – 3:38PM

**Purvashadha\*** **Until 7:14AM**  
Shiva Until 9:04AM  
Balava Until 11:15AM  
**Ashtami\*** **Until 10:09PM**

**Ganesha:** White      *Sunrise:* 7:07AM  
**Muruqa:** Clear      *Sunset:* 6:29PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 6  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

Until 7:14AM

Then Routine Work - Marana Yoga

**Friday, April 14, 2023**

**Retreat Star**

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Cape Town, South Africa  
Sun 7      Sutra 362

Makara Rasi: 10.07      Tithi 24

199996578 **Gulika** 8:32AM – 9:57AM  
Yama 3:38PM – 5:03PM  
**Rahu** 11:22AM – 12:48PM

**Shravana** **Until 4:10AM Sat**  
Siddha Until 6:08AM  
Taitila Until 9:01AM  
**Navami\*** **Until 7:49PM**

**Ganesha:** Clear      *Sunrise:* 7:07AM  
**Muruqa:** Clear      *Sunset:* 6:28PM  
**Nataraja:** Clear  
Moon – Purple  
Chaitra•Chaitra

Sobhana 5125  
Moon 4 - Phase 49 - 7  
Navami

**Devaloka Day**

Routine Work      Marana Yoga

Until 4:10AM Sat

Then Creative Work - Siddha Yoga

**Chidambaram Abhishekam**  
**Tamil New Year**

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

times are standard time. Calculated for Cape Town, South Africa on :


www.gurudeva.org/panchang


<h1>1</h1>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 8 Sutra 363
	Makara Rasi: 24.25	Tithi 25 – 26	<b>Gulika</b> 7:08AM – 8:33AM	<b>Dhanishtha Until 2:26AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:08AM	Sobhana 5125
			Yama 2:12PM – 3:37PM	Subha Until 11:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 1 - 8
	Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 9:58AM – 11:22AM	Vanija Until 6:38AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami Until 5:22PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra•Chaitra		Devaloka Time: 3:PM to 6:PM	

<h1>2</h1>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Cape Town, South Africa Sun 9 Sutra 364
	Kumbha Rasi: 8.47	Tithi 26 – 27	<b>Gulika</b> 3:36PM – 5:01PM	<b>Shatabhishak Until 12:33AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:09AM	Sobhana 5125
			Yama 12:47PM – 2:12PM	Sukla Until 8:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 1 - 9
	Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 5:01PM – 6:25PM	Kaulava Until 1:37AM Mon	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi* Until 2:51PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra•Chaitra		Devaloka Time: 3:PM to 6:PM	

<h1>3</h1>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Cape Town, South Africa Sun 10 Sutra 1
	Kumbha Rasi: 23.1	Tithi 27 – 28	<b>Gulika</b> 2:11PM – 3:35PM	<b>Purvaproshtapada* Until 11:01PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:10AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 11:22AM – 12:47PM	Brahma Until 5:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 1 - 10
	Routine Work	Marana Yoga	211996578 <b>Rahu</b> 8:34AM – 9:58AM	Gara Until 11:11PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi* Until 12:22PM</b>	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra•Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<h1>4</h1>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Cape Town, South Africa Sun 11 Sutra 2
	Meena Rasi: 7.28	Tithi 28 – 29	<b>Gulika</b> 12:47PM – 2:11PM	<b>Uttaraproshtapada Until 9:32PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:10AM	Sobhana 5125
			Yama 9:58AM – 11:22AM	Indra Until 2:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 1 - 11
	Creative Work	Amrita Yoga	211996578 <b>Rahu</b> 3:35PM – 4:59PM	Visti Until 8:57PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi* Until 10:01AM</b>	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra•Chaitra			

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Cape Town, South Africa Sun 12 Sutra 3
	<b>Retreat Star</b>		<b>Gulika</b> 11:23AM – 12:46PM	<b>Revati Until 8:14PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:11AM	Sobhana 5125
	Meena Rasi: 21.37	Tithi 29 – 30	Yama 8:35AM – 9:59AM	Vaidhriti* Until 11:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM	Moon 4 - Phase 1 - 12
	Routine Work	Marana Yoga	211996578 <b>Rahu</b> 12:46PM – 2:10PM	Catuspada Until 7:02PM	<b>Nataraja:</b> Clear		Amavasya
			<b>Chaturdashi* Until 7:55AM</b>	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra•Chaitra			

	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Cape Town, South Africa Sun 13 Sutra 4
	<b>Retreat Star</b>		<b>Gulika</b> 9:59AM – 11:23AM	<b>Ashvini Until 7:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:12AM	Sobhana 5125
	Mesha Rasi: 5.32	Tithi 30 – 1	Yama 7:12AM – 8:35AM	Vishkambha* Until 9:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 4 - Phase 1 - 13
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 2:10PM – 3:33PM	Bava Until 4:58AM Fri	<b>Nataraja:</b> Clear		Prathama
			<b>Amavasya* Until 6:12AM</b>	Moon – White		<b>Devaloka Day</b>	
				Vaisaka•Chaitra			

<b>1</b>	<b>Friday, April 21, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau	Cape Town, South Africa Sun 14 Sutra 5
	Mesha Rasi: 19.1      Tithi 2	<b>Gulika</b> 8:36AM – 9:59AM Yama 3:33PM – 4:56PM 221996578 <b>Rahu</b> 11:23AM – 12:46PM	<b>Bharani Until 7:28PM</b> Priti Until 7:27AM Balava Until 4:35PM <b>Dvitiya Until 4:19AM Sat</b>
	Creative Work      Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:13AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Clear Moon – White	Sobhana 5125 Moon 4 - Phase 2 - 14 3rd Phase <b>Devaloka Day</b> Vaisaka-Chaitra

<b>2</b>	<b>Saturday, April 22, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau	Cape Town, South Africa Sun 15 Sutra 6
	Wrishabha Rasi: 2.27      Tithi 3	<b>Gulika</b> 7:13AM – 8:36AM Yama 2:09PM – 3:32PM 221996578 <b>Rahu</b> 9:59AM – 11:23AM	<b>Krittika Until 7:44PM</b> Saubhagya Until 4:51AM Sun Taitila Until 4:15PM <b>Tritiya Until 4:19AM Sun</b>
	Creative Work      Amrita Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:13AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:18PM <b>Nataraja:</b> Clear Moon – White	Sobhana 5125 Moon 4 - Phase 2 - 15 3rd Phase <b>Devaloka Day</b> Vaisaka-Chaitra

<b>3</b>	<b>Sunday, April 23, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau	Cape Town, South Africa Sun 16 Sutra 7
	Wrishabha Rasi: 15.24      Tithi 4	<b>Gulika</b> 3:31PM – 4:54PM Yama 12:45PM – 2:08PM 231996578 <b>Rahu</b> 4:54PM – 6:17PM	<b>Rohini Until 8:58PM</b> Sobhana Until 4:20AM Mon Vanija Until 4:35PM <b>Chaturthi* Until 4:59AM Mon</b>
	Creative Work      Siddha Yoga	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:14AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – Yellow	Sobhana 5125 Moon 4 - Phase 2 - 16 3rd Phase <b>Devaloka Day</b> Vaisaka-Chaitra

<b>4</b>	<b>Monday, April 24, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau	Cape Town, South Africa Sun 17 Sutra 8
	Wrishabha Rasi: 28.02      Tithi 5	<b>Gulika</b> 2:08PM – 3:31PM Yama 11:23AM – 12:45PM 231996578 <b>Rahu</b> 8:37AM – 10:00AM	<b>Mrigashira Until 10:40PM</b> Athiganda* Until 4:17AM Tue Bava Until 5:34PM <b>Panchami Until 6:15AM Tue</b>
	<b>Family Home Evening</b> Creative Work      Amrita Yoga Until 10:40PM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:16PM <b>Nataraja:</b> Clear Moon – Yellow	Sobhana 5125 Moon 4 - Phase 2 - 17 3rd Phase <b>Devaloka Day</b> Vaisaka-Chaitra

<b>5</b>	<b>Tuesday, April 25, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Cape Town, South Africa Sun 18 Sutra 9
	Mithuna Rasi: 10.24      Tithi 5 – 6	<b>Gulika</b> 12:45PM – 2:07PM Yama 10:00AM – 11:23AM 231996579 <b>Rahu</b> 3:30PM – 4:52PM	<b>Ardra Until 12:44AM Wed</b> Sukarma Until 4:38AM Wed Kaulava Until 7:07PM <b>Panchami Until 6:15AM</b>
	Routine Work      Marana Yoga Until 12:44AM Wed Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Purple Moon – Yellow	Sobhana 5125 Moon 4 - Phase 2 - 18 3rd Phase <b>Sivaloka Day</b> Vaisaka-Chaitra

<b>6</b>	<b>Wednesday, April 26, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Cape Town, South Africa Sun 19 Sutra 10
	Mithuna Rasi: 22.34      Tithi 6 – 7	<b>Gulika</b> 11:23AM – 12:45PM Yama 8:38AM – 10:01AM 241996579 <b>Rahu</b> 12:45PM – 2:07PM	<b>Punarvasu Until 3:31AM Thu</b> Dhriti Until 5:18AM Thu Gara Until 9:06PM <b>Shashthi* Until 8:02AM</b>
	Creative Work      Siddha Yoga Until 3:31AM Thu Then Creative Work - Amrita Yoga	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Purple Moon – Blue	Sobhana 5125 Moon 4 - Phase 2 - 19 3rd Phase <b>Subha Sivaloka Day</b> Vaisaka-Chaitra

<b>D</b>	<b>Thursday, April 27, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Cape Town, South Africa Sun 20 Sutra 11
	<b>Retreat Star</b> Kataka Rasi: 4.34      Tithi 7 – 8	<b>Gulika</b> 10:01AM – 11:23AM Yama 7:17AM – 8:39AM 242996579 <b>Rahu</b> 2:07PM – 3:29PM	<b>Pushya Until 6:21AM Fri</b> Shula* Until 6:06AM Fri Visti Until 11:21PM <b>Saptami Until 10:11AM</b>
	Creative Work      Amrita Yoga Until 6:21AM Fri Then Routine Work - Marana Yoga	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:17AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Purple Moon – Blue	Sobhana 5125 Moon 4 - Phase 2 - 20 Ashtami <b>Sivaloka Day</b> Vaisaka-Chaitra

<b>D</b>	<b>Friday, April 28, 2023</b>	Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Cape Town, South Africa Sun 21 Sutra 12
	<b>Retreat Star</b> Kataka Rasi: 16.29      Tithi 8 – 9	<b>Gulika</b> 8:39AM – 10:01AM Yama 3:28PM – 4:50PM 242996579 <b>Rahu</b> 11:23AM – 12:45PM	<b>Pushya Until 6:21AM</b> Shula* Until 6:06AM Balava Until 1:42AM Sat <b>Ashtami* Until 12:30PM</b>
	Routine Work      Marana Yoga	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:18AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:11PM <b>Nataraja:</b> Purple Moon – Blue	Sobhana 5125 Moon 4 - Phase 2 - 21 Navami <b>Sivaloka Day</b> Vaisaka-Chaitra

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>	<b>Saturday, April 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Cape Town, South Africa Sun 22    Sutra 13
	Kataka Rasi: 28.23    Tithi 9 – 10	<b>Gulika</b> 7:18AM – 8:40AM <b>Yama</b> 2:06PM – 3:27PM <b>Rahu</b> 10:01AM – 11:23AM	<b>Ashlesha* Until 9:03AM</b> Ganda* Until 6:57AM Taitila Until 3:55AM Sun Navami* Until 2:49PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:18AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:10PM <b>Nataraja:</b> Purple Moon – Blue	<b>Vaisaka*Chaitra</b>	Sobhana 5125 Moon 4 - Phase 3 - 22 4th Phase	
	Routine Work    Marana Yoga Until 9:03AM Then Creative Work - Amrita Yoga	<b>Sivaloka Day</b>					

<b>2</b>	<b>Sunday, April 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Cape Town, South Africa Sun 23    Sutra 14
	Simha Rasi: 10.21    Tithi 10 – 11	<b>Gulika</b> 3:27PM – 4:48PM <b>Yama</b> 12:44PM – 2:06PM <b>Rahu</b> 4:48PM – 6:09PM	<b>Magha* Until 11:56AM</b> Vridhhi Until 7:42AM Vanija Until 5:51AM Mon Dashami Until 4:55PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:19AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Purple Moon – Red	<b>Vaisaka*Chaitra</b>	Sobhana 5125 Moon 4 - Phase 3 - 23 4th Phase	
	Routine Work    Marana Yoga Until 11:56AM Then Creative Work - Siddha Yoga	<b>Devaloka Day</b>					

<b>3</b>	<b>Monday, May 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti* Karana Ekadashyam Titau				Cape Town, South Africa Sun 24    Sutra 15
	Simha Rasi: 22.26    Tithi 11	<b>Gulika</b> 2:05PM – 3:26PM <b>Yama</b> 11:23AM – 12:44PM <b>Rahu</b> 8:42AM – 10:02AM	<b>Purvaphalguni Until 2:17PM</b> Dhruva Until 8:10AM Visti Until 6:38PM Ekadashi Until 6:38PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:21AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Purple Moon – Red	<b>Vaisaka*Chaitra</b>	Sobhana 5125 Moon 4 - Phase 3 - 24 4th Phase	
	Family Home Evening Creative Work    Siddha Yoga	<b>Devaloka Day</b>					

<b>4</b>	<b>Tuesday, May 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Cape Town, South Africa Sun 25    Sutra 16
	Kanya Rasi: 4.43    Tithi 12	<b>Gulika</b> 12:44PM – 2:05PM <b>Yama</b> 10:03AM – 11:23AM <b>Rahu</b> 3:25PM – 4:46PM	<b>Uttaraphalguni Until 4:00PM</b> Vyaghata* Until 8:17AM Bava Until 7:19AM Dvadashi Until 7:48PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:21AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:06PM <b>Nataraja:</b> Purple Moon – Red	<b>Vaisaka*Chaitra</b>	Sobhana 5125 Moon 4 - Phase 3 - 25 4th Phase	
	Creative Work    Amrita Yoga Until 4:00PM Then Creative Work - Siddha Yoga	<b>Devaloka Day</b>					

<b>5</b>	<b>Wednesday, May 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Cape Town, South Africa Sun 26    Sutra 17
	Kanya Rasi: 17.14    Tithi 13	<b>Gulika</b> 11:23AM – 12:44PM <b>Yama</b> 8:43AM – 10:03AM <b>Rahu</b> 12:44PM – 2:04PM	<b>Hasta Until 5:27PM</b> Harshana Until 7:58AM Kaulava Until 8:11AM Trayodashi Until 8:22PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:22AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:05PM <b>Nataraja:</b> Purple Moon – Green	<b>Vaisaka*Chaitra</b>	Sobhana 5125 Moon 4 - Phase 3 - 26 4th Phase	
	Routine Work    Marana Yoga Until 5:27PM Then Creative Work - Siddha Yoga	<b>Sivaloka Day</b> <i>Pradosha Vrata</i>					

<b>6</b>	<b>Thursday, May 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Cape Town, South Africa Sun 27    Sutra 18
	Tula Rasi: 0.04    Tithi 14	<b>Gulika</b> 10:03AM – 11:23AM <b>Yama</b> 7:23AM – 8:43AM <b>Rahu</b> 2:04PM – 3:24PM	<b>Chitra Until 6:07PM</b> Vajra* Until 7:07AM Gara Until 8:26AM Chaturdashi* Until 8:18PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:23AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Purple Moon – Green	<b>Vaisaka*Chaitra</b>	Sobhana 5125 Moon 4 - Phase 3 - 27 4th Phase	
	Creative Work    Siddha Yoga Until 6:07PM Then Creative Work - Amrita Yoga	<b>Sivaloka Day</b>					

	<b>Friday, May 5, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Cape Town, South Africa Sun 28    Sutra 19
	Tula Rasi: 13.12    Tithi 15	<b>Gulika</b> 8:44AM – 10:04AM <b>Yama</b> 3:24PM – 4:44PM <b>Rahu</b> 11:24AM – 12:44PM	<b>Svati Until 6:02PM</b> Vyatipata* Until 4:01AM Sat Visti Until 8:03AM Purnima* Until 7:37PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:24AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:04PM <b>Nataraja:</b> Purple Moon – Green	<b>Vaisaka*Chaitra</b>	Sobhana 5125 Moon 4 - Phase 3 - Purnima	
	Creative Work    Siddha Yoga	<b>Budha Purnima (Tamil Nadu)</b>	<b>Sivaloka Day</b>				

	<b>Saturday, May 6, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Cape Town, South Africa Sun 29    Sutra 20
	Tula Rasi: 26.39    Tithi 16	<b>Gulika</b> 7:24AM – 8:44AM <b>Yama</b> 2:03PM – 3:23PM <b>Rahu</b> 10:04AM – 11:24AM	<b>Vishakha Until 5:43PM</b> Variyan Until 1:50AM Sun Balava Until 7:05AM Prathama* Until 6:24PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:24AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Purple Moon – Orange	<b>Vaisaka*Chaitra</b>	Sobhana 5125 Moon 4 - Phase 3 - Prathama	
	Creative Work    Siddha Yoga	<b>Devaloka Day</b>					