



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland
Sutra 1
Subhakrit 5124

Tula Rasi: 22.58 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 11:07PM
Then Creative Work - Siddha Yoga

Gulika 2:09PM – 3:51PM
Yama 10:45AM – 12:27PM
Rahu 7:21AM – 9:03AM
Vishakha Until 11:07PM
Siddhi Until 3:51PM
Vanija Until 1:32AM Tue
Dvitiya Until 2:54PM

Ganesha: Purple *Sunrise:* 5:40AM
Muruqa: White *Sunset:* 7:15PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Moon 4 - Phase 1 - 1st Phase

1 **Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland
Sun 1 Sutra 2
Subhakrit 5124

Virschika Rasi: 7.3 Tithi 18 – 19
278345478
Creative Work Siddha Yoga
Until 9:06PM
Then Routine Work - Marana Yoga

Gulika 12:27PM – 2:09PM
Yama 9:02AM – 10:45AM
Rahu 3:51PM – 5:34PM
Anuradha Until 9:06PM
Vyatipata* Until 12:29PM
Bava Until 10:45PM
Tritiya Until 12:07PM

Ganesha: Purple *Sunrise:* 5:38AM
Muruqa: White *Sunset:* 7:16PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Moon 4 - Phase 1 - 1st Phase

2 **Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyan/Parigaha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland
Sun 2 Sutra 3
Subhakrit 5124

Virschika Rasi: 22.03 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 7:00PM
Then Routine Work - Marana Yoga

Gulika 10:44AM – 12:27PM
Yama 7:19AM – 9:01AM
Rahu 12:27PM – 2:09PM
Jyeshtha* Until 7:00PM
Variyan Until 9:05AM
Kaulava Until 8:01PM
Chaturthi* Until 9:21AM

Ganesha: Purple *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 7:17PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Moon 4 - Phase 1 - 2 1st Phase

3 **Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Carcare, Switzerland
Sun 3 Sutra 4
Subhakrit 5124

Dhanus Rasi: 6.32 Tithi 20 – 21
288345478
Creative Work Siddha Yoga

Gulika 9:00AM – 10:43AM
Yama 5:35AM – 7:18AM
Rahu 2:09PM – 3:52PM
Mula* Until 5:19PM
Shiva Until 2:39AM Fri
Vanija Until 4:11AM Fri
Panchami Until 6:40AM

Ganesha: Clear *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 7:18PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Moon 4 - Phase 1 - 3 1st Phase

4 **Friday, April 22, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Carcare, Switzerland
Sun 4 Sutra 5
Subhakrit 5124

Dhanus Rasi: 20.53 Tithi 22
289345478
Routine Work Prabalarishta Yoga
Until 3:43PM
Then Routine Work - Marana Yoga

Gulika 7:16AM – 9:00AM
Yama 3:53PM – 5:36PM
Rahu 10:43AM – 12:26PM
Purvashadha* Until 3:43PM
Siddha Until 11:42PM
Visti Until 3:03PM
Saptami Until 1:57AM Sat

Ganesha: Purple *Sunrise:* 5:33AM
Muruqa: White *Sunset:* 7:20PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day

Moon 4 - Phase 1 - 4 1st Phase

Retreat Star **Saturday, April 23, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland
Sun 5 Sutra 6
Subhakrit 5124

Makara Rasi: 5.05 Tithi 23
289345478
Routine Work Marana Yoga
Until 2:15PM
Then Creative Work - Siddha Yoga

Gulika 5:31AM – 7:15AM
Yama 2:10PM – 3:53PM
Rahu 8:59AM – 10:42AM
Uttarashadha Until 2:15PM
Sadhya Until 9:00PM
Balava Until 12:58PM
Ashtami* Until 12:02AM Sun

Ganesha: Purple *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 7:21PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day

Moon 4 - Phase 1 - 5 Ashtami

Retreat Star **Sunday, April 24, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland
Sun 6 Sutra 7
Subhakrit 5124

Makara Rasi: 19.04 Tithi 24
299345478
Creative Work Amrita Yoga
Until 1:24PM
Then Routine Work - Marana Yoga

Gulika 3:54PM – 5:38PM
Yama 12:26PM – 2:10PM
Rahu 5:38PM – 7:22PM
Shravana Until 1:24PM
Subha Until 6:35PM
Taitila Until 11:12AM
Navami* Until 10:26PM

Ganesha: Clear *Sunrise:* 5:30AM
Muruqa: White *Sunset:* 7:22PM
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Moon 4 - Phase 1 - 6 Navami


1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Carcare, Switzerland
	Kumbha Rasi: 2.49	Tithi 25	Gulika 2:10PM – 3:54PM	Dhanishtha Until 12:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Sun 7 Sutra 8
	Family Home Evening	299345479	Rahu 7:13AM – 8:57AM	Sukla Until 4:26PM	Muruqa: White	<i>Sunset:</i> 7:23PM	Subhakrit 5124
	Creative Work Siddha Yoga			Vanija Until 9:47AM	Nataraja: Clear		Moon 4 - Phase 2 - 7
			Dashami Until 9:12PM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Carcare, Switzerland
	Kumbha Rasi: 16.22	Tithi 26	Gulika 12:25PM – 2:10PM	Shatabhishak Until 12:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Sun 8 Sutra 9
		299345479	Rahu 3:55PM – 5:40PM	Brahma Until 2:36PM	Muruqa: White	<i>Sunset:</i> 7:24PM	Subhakrit 5124
	Routine Work Marana Yoga			Bava Until 8:45AM	Nataraja: Clear		Moon 4 - Phase 2 - 8
			Ekadashi* Until 8:21PM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Carcare, Switzerland
	Kumbha Rasi: 29.41	Tithi 27	Gulika 10:40AM – 12:25PM	Purvaproshtapada* Until 12:36PM	Ganesha: Red	<i>Sunrise:</i> 5:25AM	Sun 9 Sutra 10
		219345479	Rahu 12:25PM – 2:10PM	Indra Until 1:07PM	Muruqa: White	<i>Sunset:</i> 7:26PM	Subhakrit 5124
	Creative Work Amrita Yoga			Kaulava Until 8:07AM	Nataraja: Clear		Moon 4 - Phase 2 - 9
Until 12:36PM			Dvadashi* Until 7:56PM	Moon – Clear		2nd Phase	
Then Creative Work - Siddha Yoga				Chaitra+Chaitra		Devaloka Day	

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Carcare, Switzerland
	Meena Rasi: 12.47	Tithi 28	Gulika 8:54AM – 10:40AM	Uttarproshtapada Until 1:10PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Sun 10 Sutra 11
		219445479	Rahu 2:11PM – 3:56PM	Vaidhriti* Until 11:57AM	Muruqa: White	<i>Sunset:</i> 7:27PM	Subhakrit 5124
	Creative Work Siddha Yoga			Gara Until 7:54AM	Nataraja: Clear		Moon 4 - Phase 2 - 10
			Trayodashi* Until 7:57PM	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	
						<i>Pradosha Vrata (Fasting)</i>	

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Carcare, Switzerland
	Meena Rasi: 25.39	Tithi 29	Gulika 7:08AM – 8:54AM	Revati Until 2:02PM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM	Sun 11 Sutra 12
		219445479	Rahu 10:39AM – 12:25PM	Vishkambha* Until 11:11AM	Muruqa: White	<i>Sunset:</i> 7:28PM	Subhakrit 5124
	Creative Work Siddha Yoga			Visti Until 8:10AM	Nataraja: Clear		Moon 4 - Phase 2 - 11
Until 2:02PM			Chaturdashi* Until 8:27PM	Moon – Clear		2nd Phase	
Then Creative Work - Amrita Yoga				Chaitra+Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Carcare, Switzerland
	Retreat Star		Gulika 5:21AM – 7:07AM	Ashvini Until 3:41PM	Ganesha: Green	<i>Sunrise:</i> 5:21AM	Sun 12 Sutra 13
	Mesha Rasi: 8.17	Tithi 30	Rahu 8:53AM – 10:39AM	Priti Until 10:48AM	Muruqa: White	<i>Sunset:</i> 7:29PM	Subhakrit 5124
	Creative Work Siddha Yoga			Catuspada Until 8:55AM	Nataraja: Clear		Moon 4 - Phase 2 - 12
			Amavasya* Until 9:27PM	Moon – White		Amavasya	
				Chaitra+Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

Retreat Star	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Carcare, Switzerland
	Retreat Star		Gulika 3:58PM – 5:44PM	Bharani Until 5:40PM	Ganesha: Green	<i>Sunrise:</i> 5:19AM	Sun 13 Sutra 14
	Mesha Rasi: 20.42	Tithi 1	Rahu 5:44PM – 7:30PM	Ayushman Until 10:46AM	Muruqa: White	<i>Sunset:</i> 7:30PM	Subhakrit 5124
	Creative Work Siddha Yoga			Kintughna Until 10:10AM	Nataraja: Clear		Moon 4 - Phase 2 - 13
Until 5:40PM			Prathama* Until 10:56PM	Moon – White		Prathama	
Then Creative Work - Siddha Yoga				Vaisaka+Chaitra		Bhuloka Day	
						Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Carcare, Switzerland Sun 14 Sutra 15 Subhakrit 5124
1	Vrishabha Rasi: 2.55 Family Home Evening Routine Work Marana Yoga Until 7:55PM Then Creative Work - Amrita Yoga	Gulika 2:11PM – 3:58PM Yama 10:38AM – 12:25PM 221445479 Rahu 7:04AM – 8:51AM	Krittika Until 7:55PM Saubhagya Until 11:07AM Balava Until 11:52AM Dvitiya Until 12:51AM Tue	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 5:18AM Sunset: 7:32PM	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Carcare, Switzerland Sun 15 Sutra 16 Subhakrit 5124
2	Vrishabha Rasi: 14.57 Creative Work Amrita Yoga Until 10:50PM Then Creative Work - Siddha Yoga	Gulika 12:25PM – 2:12PM Yama 8:50AM – 10:37AM 231445479 Rahu 3:59PM – 5:46PM	Rohini Until 10:50PM Sobhana Until 11:47AM Taitila Until 1:58PM Tritiya Until 3:06AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:16AM Sunset: 7:33PM	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Carcare, Switzerland Sun 16 Sutra 17 Subhakrit 5124
3	Vrishabha Rasi: 26.52 Creative Work Siddha Yoga Until 1:48AM Thu Then Routine Work - Marana Yoga	Gulika 10:37AM – 12:24PM Yama 7:02AM – 8:50AM 231445479 Rahu 12:24PM – 2:12PM	Mrigashira Until 1:48AM Thu Athiganda* Until 12:38PM Vanija Until 4:21PM Chaturthi* Until 5:34AM Thu	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:15AM Sunset: 7:34PM	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava Karana Panchamyam Titau				Carcare, Switzerland Sun 17 Sutra 18 Subhakrit 5124
4	Mithuna Rasi: 8.43 Routine Work Marana Yoga Until 4:40AM Fri Then Creative Work - Siddha Yoga	Gulika 8:49AM – 10:37AM Yama 5:13AM – 7:01AM 231445479 Rahu 2:12PM – 4:00PM	Ardra Until 4:40AM Fri Sukarma Until 1:37PM Bava Until 6:51PM Panchami Until 8:04AM Fri	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:13AM Sunset: 7:35PM	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Carcare, Switzerland Sun 18 Sutra 19 Subhakrit 5124
5	Mithuna Rasi: 20.34 Creative Work Siddha Yoga	Gulika 7:00AM – 8:48AM Yama 4:00PM – 5:48PM 241445479 Rahu 10:36AM – 12:24PM	Punarvasu Until 7:46AM Sat Dhriti Until 2:36PM Kaulava Until 9:18PM Panchami Until 8:04AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:12AM Sunset: 7:36PM	Moon 4 - Phase 3 - 18 3rd Phase Devaloka Day

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 19 Sutra 20 Subhakrit 5124
6	Kataka Rasi: 2.26 Creative Work Siddha Yoga	Gulika 5:11AM – 6:59AM Yama 2:13PM – 4:01PM 241445479 Rahu 8:47AM – 10:36AM	Punarvasu Until 7:46AM Shula* Until 3:26PM Gara Until 11:31PM Shashthi* Until 10:26AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:11AM Sunset: 7:38PM	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 20 Sutra 21 Subhakrit 5124
Retreat Star	Kataka Rasi: 14.26 Creative Work Siddha Yoga	Gulika 4:01PM – 5:50PM Yama 12:24PM – 2:13PM 241445479 Rahu 5:50PM – 7:39PM	Pushya Until 10:25AM Ganda* Until 4:00PM Visti Until 1:20AM Mon Saptami Until 12:28PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:09AM Sunset: 7:39PM	Moon 4 - Phase 3 - 20 Ashtami Devaloka Day

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 21 Sutra 22 Subhakrit 5124
Retreat Star	Kataka Rasi: 26.37 Family Home Evening Creative Work Siddha Yoga Until 12:25PM Then Routine Work - Marana Yoga	Gulika 2:13PM – 4:02PM Yama 10:35AM – 12:24PM 241445479 Rahu 6:57AM – 8:46AM	Ashlesha* Until 12:25PM Vridhhi Until 4:11PM Balava Until 2:33AM Tue Ashtami* Until 2:00PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 5:08AM Sunset: 7:40PM	Moon 4 - Phase 3 - 21 Navami Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland
Sutra 30

Vrischika Rasi: 16.29 Tithi 17

272445479

Gulika 12:24PM – 2:15PM
Yama 8:41AM – 10:33AM
Rahu 4:06PM – 5:58PM

Anuradha Until 6:15AM
Shiva Until 6:07PM
Taitila Until 12:14PM
Dvitiya Until 10:31PM

Ganesha: Yellow *Sunrise:* 4:59AM
Muruqa: White *Sunset:* 7:49PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 6:15AM

Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Carcare, Switzerland
Sun 1 Sutra 31

Dhanus Rasi: 1.27 Tithi 18

282445479

Gulika 10:32AM – 12:24PM
Yama 6:49AM – 8:41AM
Rahu 12:24PM – 2:15PM

Mula* Until 1:07AM Thu
Siddha Until 2:13PM
Vanija Until 8:49AM
Tritiya Until 7:08PM

Ganesha: Blue *Sunrise:* 4:58AM
Muruqa: White *Sunset:* 7:50PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Until 1:07AM Thu

Then Creative Work - Siddha Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland
Sun 2 Sutra 32

Dhanus Rasi: 16.2 Tithi 19 – 20

282445479

Gulika 8:40AM – 10:32AM
Yama 4:57AM – 6:49AM
Rahu 2:16PM – 4:08PM

Purvashadha* Until 10:47PM
Sadhya Until 10:27AM
Kaulava Until 2:26AM Fri
Chaturthi* Until 3:55PM

Ganesha: Blue *Sunrise:* 4:57AM
Muruqa: White *Sunset:* 7:51PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 10:47PM

Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland
Sun 3 Sutra 33

Makara Rasi: 1.03 Tithi 20 – 21

282445479

Gulika 6:48AM – 8:40AM
Yama 4:08PM – 6:00PM
Rahu 10:32AM – 12:24PM

Uttarashadha Until 8:40PM
Subha Until 6:55AM
Gara Until 11:43PM
Panchami Until 1:01PM

Ganesha: Blue *Sunrise:* 4:56AM
Muruqa: White *Sunset:* 7:52PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland
Sun 4 Sutra 34

Makara Rasi: 15.29 Tithi 21 – 22

292445479

Gulika 4:55AM – 6:47AM
Yama 2:16PM – 4:09PM
Rahu 8:40AM – 10:32AM

Shravana Until 7:17PM
Brahma Until 12:51AM Sun
Visti Until 9:28PM
Shashthi* Until 10:31AM

Ganesha: Red *Sunrise:* 4:55AM
Muruqa: White *Sunset:* 7:53PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland
Sun 5 Sutra 35

Makara Rasi: 29.34 Tithi 22 – 23

292445479

Gulika 4:09PM – 6:02PM
Yama 12:24PM – 2:17PM
Rahu 6:02PM – 7:54PM

Dhanishtha Until 6:17PM
Indra Until 10:29PM
Balava Until 7:45PM
Saptami Until 8:31AM

Ganesha: Red *Sunrise:* 4:54AM
Muruqa: White *Sunset:* 7:54PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Ashtami

Routine Work Marana Yoga

Until 6:17PM

Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland
Sun 6 Sutra 36

Kumbha Rasi: 13.19 Tithi 23 – 24

293445479

Gulika 2:17PM – 4:10PM
Yama 10:31AM – 12:24PM
Rahu 6:46AM – 8:39AM

Shatabhishak Until 5:43PM
Vaidhriti* Until 8:34PM
Taitila Until 6:38PM
Ashtami* Until 7:06AM

Ganesha: Green *Sunrise:* 4:53AM
Muruqa: White *Sunset:* 7:55PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Navami

Creative Work Siddha Yoga

Until 5:43PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang


1	Tuesday, May 24, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yukstayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 7 Sutra 37
	Kumbha Rasi: 26.43	Tithi 24 – 25	Gulika 12:24PM – 2:17PM Yama 8:38AM – 10:31AM Rahu 4:10PM – 6:03PM	Purvaproshtapada* Until 6:03PM Vishkambha* Until 7:09PM Vanija Until 6:06PM Navami* Until 6:16AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:52AM Sunset: 7:56PM	Subhakrit 5124 Moon 5 - Phase 6 - 7 2nd Phase Devaloka Day
Routine Work Marana Yoga Until 6:03PM Then Creative Work - Amrita Yoga							

2	Wednesday, May 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yukstayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 8 Sutra 38
	Meena Rasi: 9.48	Tithi 25 – 26	Gulika 10:31AM – 12:24PM Yama 6:45AM – 8:38AM Rahu 12:24PM – 2:18PM	Uttaraproshtapada Until 6:48PM Priti Until 6:13PM Bava Until 6:10PM Dashami Until 6:02AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:52AM Sunset: 7:57PM	Subhakrit 5124 Moon 5 - Phase 6 - 8 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 6:48PM Then Routine Work - Marana Yoga							

3	Thursday, May 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yukstayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 9 Sutra 39
	Meena Rasi: 22.35	Tithi 26 – 27	Gulika 8:38AM – 10:31AM Yama 4:51AM – 6:44AM Rahu 2:18PM – 4:11PM	Revati Until 7:57PM Ayushman Until 5:42PM Kaulava Until 6:47PM Ekadashi* Until 6:23AM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:51AM Sunset: 7:58PM	Subhakrit 5124 Moon 5 - Phase 6 - 9 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 7:57PM Then Creative Work - Amrita Yoga							

4	Friday, May 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yukstayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 10 Sutra 40
	Mesha Rasi: 5.08	Tithi 27 – 28	Gulika 6:44AM – 8:37AM Yama 4:12PM – 6:05PM Rahu 10:31AM – 12:25PM	Ashvini Until 9:54PM Saubhagya Until 5:35PM Gara Until 7:55PM Dvadashi* Until 7:17AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:50AM Sunset: 7:59PM	Subhakrit 5124 Moon 5 - Phase 6 - 10 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 9:54PM Then Creative Work - Siddha Yoga <i>Pradosha Vrata (Fasting)</i>							

5	Saturday, May 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yukstayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 11 Sutra 41
	Mesha Rasi: 17.28	Tithi 28 – 29	Gulika 4:49AM – 6:43AM Yama 2:19PM – 4:12PM Rahu 8:37AM – 10:31AM	Bharani Until 12:08AM Sun Sobhana Until 5:51PM Visti Until 9:30PM Trayodashi* Until 8:39AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:49AM Sunset: 8:00PM	Subhakrit 5124 Moon 5 - Phase 6 - 11 2nd Phase Devaloka Day
Creative Work Siddha Yoga							

	Sunday, May 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yukstayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Carcare, Switzerland Sun 12 Sutra 42
	Retreat Star		Gulika 4:13PM – 6:07PM Yama 12:25PM – 2:19PM Rahu 6:07PM – 8:01PM	Krittika Until 2:32AM Mon Athiganda* Until 6:22PM Catuspada Until 11:28PM Chaturdashi* Until 10:25AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:49AM Sunset: 8:01PM	Subhakrit 5124 Moon 5 - Phase 6 - 12 Amavasya Devaloka Day
Mesha Rasi: 29.37 Tithi 29 – 30 Creative Work Siddha Yoga Until 2:32AM Mon Then Creative Work - Amrita Yoga							

Monday, May 30, 2022	Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yukstayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Carcare, Switzerland Sun 13 Sutra 43
	Vrishabha Rasi: 11.38	Tithi 30 – 1	Gulika 2:19PM – 4:13PM Yama 10:31AM – 12:25PM Rahu 6:42AM – 8:36AM	Rohini Until 5:33AM Tue Sukarma Until 7:09PM Kintughna Until 1:42AM Tue Amavasya* Until 12:32PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Sunrise: 4:48AM Sunset: 8:02PM	Subhakrit 5124 Moon 5 - Phase 6 - 13 Prathama Devaloka Day
Family Home Evening Creative Work Amrita Yoga Until 5:33AM Tue Then Creative Work - Siddha Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Carcare, Switzerland	
	Vrshabha Rasi: 23.33 Tithi 1 – 2		Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 44	
	333545479	Gulika	12:25PM – 2:19PM	Mrigashira Until 8:33AM Wed	Ganesha: Orange	Sunrise: 4:47AM	Subhakrit 5124	
		Yama	8:36AM – 10:31AM	Dhriti Until 8:06PM	Muruqa: White	Sunset: 8:03PM	Moon 5 - Phase 7 - 14	
Creative Work Siddha Yoga	Rahu	4:14PM – 6:08PM	Balava Until 4:07AM Wed	Nataraja: Clear	3rd Phase		Devaloka Day	
			Prathama* Until 2:52PM	Moon – Yellow	Jyeshtha-Vaikasi			

2	Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Carcare, Switzerland	
	Mithuna Rasi: 5.24 Tithi 2 – 3		Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15 Sutra 45	
	333545479	Gulika	10:31AM – 12:25PM	Mrigashira Until 8:33AM	Ganesha: Orange	Sunrise: 4:47AM	Subhakrit 5124	
		Yama	6:41AM – 8:36AM	Shula* Until 9:05PM	Muruqa: White	Sunset: 8:04PM	Moon 5 - Phase 7 - 15	
Creative Work Siddha Yoga	Rahu	12:25PM – 2:20PM	Taitila Until 6:36AM Thu	Nataraja: Clear	3rd Phase		Devaloka Day	
			Dvitiya Until 5:20PM	Moon – Yellow	Jyeshtha-Vaikasi			

3	Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Carcare, Switzerland	
	Mithuna Rasi: 17.14 Tithi 3		Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 46	
	333555479	Gulika	8:36AM – 10:31AM	Ardra Until 11:25AM	Ganesha: Orange	Sunrise: 4:46AM	Subhakrit 5124	
		Yama	4:46AM – 6:41AM	Ganda* Until 10:06PM	Muruqa: Green	Sunset: 8:04PM	Moon 5 - Phase 7 - 16	
Routine Work Marana Yoga	Rahu	2:20PM – 4:15PM	Taitila Until 6:36AM	Nataraja: Clear	3rd Phase		Devaloka Day	
Until 11:25AM			Tritiya Until 7:49PM	Moon – Yellow	Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga								

4	Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Carcare, Switzerland	
	Mithuna Rasi: 29.04 Tithi 4		Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 47	
	343555479	Gulika	6:41AM – 8:36AM	Punarvasu Until 2:35PM	Ganesha: Clear	Sunrise: 4:46AM	Subhakrit 5124	
		Yama	4:15PM – 6:10PM	Vriddhi Until 11:03PM	Muruqa: Green	Sunset: 8:05PM	Moon 5 - Phase 7 - 17	
Creative Work Siddha Yoga	Rahu	10:31AM – 12:26PM	Vanija Until 9:03AM	Nataraja: Clear	3rd Phase		Devaloka Day	
Until 2:35PM			Chaturthi* Until 10:12PM	Moon – Blue	Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga								

5	Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Carcare, Switzerland	
	Kataka Rasi: 10.59 Tithi 5		Pushya/Ashlesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 48	
	343555479	Gulika	4:45AM – 6:40AM	Pushya Until 5:23PM	Ganesha: Clear	Sunrise: 4:45AM	Subhakrit 5124	
		Yama	2:21PM – 4:16PM	Dhruva Until 11:47PM	Muruqa: Green	Sunset: 8:06PM	Moon 5 - Phase 7 - 18	
Creative Work Siddha Yoga	Rahu	8:36AM – 10:31AM	Bava Until 11:20AM	Nataraja: Clear	3rd Phase		Devaloka Day	
Until 5:23PM			Panchami Until 12:21AM Sun	Moon – Blue	Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga								

6	Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Carcare, Switzerland	
	Kataka Rasi: 22.59 Tithi 6		Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19 Sutra 49	
	343555471	Gulika	4:16PM – 6:11PM	Ashlesha* Until 7:42PM	Ganesha: Clear	Sunrise: 4:45AM	Subhakrit 5124	
		Yama	12:26PM – 2:21PM	Vyaghata* Until 12:15AM Mon	Muruqa: Green	Sunset: 8:07PM	Moon 5 - Phase 7 - 19	
Creative Work Siddha Yoga	Rahu	6:11PM – 8:07PM	Kaulava Until 1:19PM	Nataraja: Yellow	3rd Phase		Devaloka Day	
Until 7:42PM			Shashthi* Until 2:08AM Mon	Moon – Blue	Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga								

Retreat Star	Monday, June 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Carcare, Switzerland	
	Simha Rasi: 5.09 Tithi 7		Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 50	
	353555471	Gulika	2:21PM – 4:17PM	Magha* Until 9:53PM	Ganesha: Purple	Sunrise: 4:45AM	Subhakrit 5124	
		Yama	10:31AM – 12:26PM	Harshana Until 12:21AM Tue	Muruqa: Green	Sunset: 8:07PM	Moon 5 - Phase 7 - 20	
Family Home Evening	Rahu	6:40AM – 8:35AM	Gara Until 2:51PM	Nataraja: Yellow	3rd Phase		Sivaloka Day	
Routine Work Marana Yoga			Saptami Until 3:23AM Tue	Moon – Red	Jyeshtha-Vaikasi			
Until 9:53PM								
Then Creative Work - Siddha Yoga								

Retreat Star	Tuesday, June 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Carcare, Switzerland	
	Simha Rasi: 17.32 Tithi 8		Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 51	
	354555471	Gulika	12:26PM – 2:22PM	Purvaphalguni Until 11:18PM	Ganesha: Clear	Sunrise: 4:44AM	Subhakrit 5124	
		Yama	8:35AM – 10:31AM	Vajra* Until 11:55PM	Muruqa: Green	Sunset: 8:08PM	Moon 5 - Phase 7 - 21	
Creative Work Siddha Yoga	Rahu	4:17PM – 6:13PM	Visti Until 3:48PM	Nataraja: Yellow	Ashtami		Devaloka Day	
Until 11:18PM			Ashtami* Until 4:00AM Wed	Moon – Red	Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga								

Retreat Star	Wednesday, June 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Carcare, Switzerland	
	Kanya Rasi: 0.14 Tithi 9		Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 52	
	354555471	Gulika	10:31AM – 12:26PM	Uttaraphalguni Until 11:51PM	Ganesha: Clear	Sunrise: 4:44AM	Subhakrit 5124	
		Yama	6:40AM – 8:35AM	Siddhi Until 10:55PM	Muruqa: Green	Sunset: 8:09PM	Moon 5 - Phase 7 - 22	
Creative Work Amrita Yoga	Rahu	12:26PM – 2:22PM	Balava Until 4:03PM	Nataraja: Yellow	Navami		Devaloka Day	
Until 11:51PM			Navami* Until 3:51AM Thu	Moon – Red	Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga								

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hashta Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 53
	Kanya Rasi: 13.17	Tithi 10	Gulika 8:35AM – 10:31AM Yama 4:44AM – 6:39AM Rahu 2:22PM – 4:18PM	Hasta Until 11:55PM Vyatipata* Until 9:19PM Taitila Until 3:31PM Dashami Until 2:56AM Fri	Ganesha: White Sunrise: 4:44AM Muruqa: Green Sunset: 8:09PM Nataraja: Yellow Moon – Green
Routine Work Marana Yoga Until 11:55PM Then Creative Work - Siddha Yoga		364555471			Subhakrit 5124 Moon 5 - Phase 8 - 23 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Varyian Yoga Vanija/Visti* Karana Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 54
	Kanya Rasi: 26.47	Tithi 11	Gulika 6:39AM – 8:35AM Yama 4:18PM – 6:14PM Rahu 10:31AM – 12:27PM	Chitra Until 11:05PM Varyian Until 7:03PM Vanija Until 2:12PM Ekadashi Until 1:14AM Sat	Ganesha: White Sunrise: 4:43AM Muruqa: Green Sunset: 8:10PM Nataraja: Yellow Moon – Green
Creative Work Siddha Yoga		364555471			Subhakrit 5124 Moon 5 - Phase 8 - 24 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 55
	Tula Rasi: 10.43	Tithi 12	Gulika 4:43AM – 6:39AM Yama 2:23PM – 4:19PM Rahu 8:35AM – 10:31AM	Svati Until 9:24PM Parigha* Until 4:13PM Bava Until 12:08PM Dvadashi Until 10:51PM	Ganesha: White Sunrise: 4:43AM Muruqa: Green Sunset: 8:11PM Nataraja: Yellow Moon – Green
Creative Work Siddha Yoga		364555471			Subhakrit 5124 Moon 5 - Phase 8 - 25 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 56
	Tula Rasi: 25.07	Tithi 13	Gulika 4:19PM – 6:15PM Yama 12:27PM – 2:23PM Rahu 6:15PM – 8:11PM	Vishakha Until 7:24PM Shiva Until 12:53PM Kaulava Until 9:27AM Trayodashi Until 7:53PM	Ganesha: Yellow Sunrise: 4:43AM Muruqa: Green Sunset: 8:11PM Nataraja: Yellow Moon – Orange
Routine Work Marana Yoga		374555471	Vaikasi Visakam		Subhakrit 5124 Moon 5 - Phase 8 - 26 4th Phase Devaloka Day Pradosha Vrata

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau		Carcare, Switzerland Sun 27 Sutra 57
	Vrischika Rasi: 9.53	Tithi 14 – 15	Gulika 2:23PM – 4:19PM Yama 10:31AM – 12:27PM Rahu 6:39AM – 8:35AM	Anuradha Until 4:50PM Siddha Until 9:08AM Gara Until 6:15AM Chaturdashi* Until 4:30PM	Ganesha: Yellow Sunrise: 4:43AM Muruqa: Green Sunset: 8:12PM Nataraja: Yellow Moon – Orange
Family Home Evening Creative Work Siddha Yoga		374555471			Subhakrit 5124 Moon 5 - Phase 8 - 27 4th Phase Devaloka Day

○	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Carcare, Switzerland Sun 28 Sutra 58
	Vrischika Rasi: 24.56	Tithi 15 – 16	Gulika 12:28PM – 2:24PM Yama 8:35AM – 10:31AM Rahu 4:20PM – 6:16PM	Jyeshtha* Until 1:52PM Subha Until 12:57AM Wed Balava Until 10:57PM Purnima* Until 12:49PM	Ganesha: Yellow Sunrise: 4:43AM Muruqa: Green Sunset: 8:12PM Nataraja: Yellow Moon – Orange
Copper Retreat Star Routine Work Marana Yoga Until 1:52PM Then Creative Work - Amrita Yoga		374555471			Subhakrit 5124 Moon 5 - Phase 8 - Purnima Devaloka Day

○	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Carcare, Switzerland Sun 29 Sutra 59
	Dhanus Rasi: 10.08	Tithi 16 – 17	Gulika 10:32AM – 12:28PM Yama 6:39AM – 8:35AM Rahu 12:28PM – 2:24PM	Mula* Until 11:02AM Sukla Until 8:44PM Taitila Until 7:09PM Prathama* Until 9:02AM	Ganesha: Blue Sunrise: 4:43AM Muruqa: Green Sunset: 8:12PM Nataraja: Yellow Moon – Light Blue
Silver Retreat Star Routine Work Marana Yoga Until 11:02AM Then Creative Work - Amrita Yoga		384555471			Subhakrit 5124 Moon 5 - Phase 8 - Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 25.19 Tithi 18

384555471

Gulika 8:35AM – 10:32AM
Yama 4:43AM – 6:39AM
Rahu 2:24PM – 4:20PM

Purvashadha* Until 8:08AM
Brahma Until 4:40PM
Vanija Until 3:30PM
Tritiya Until 1:45AM Fri

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:13PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

Friday, June 17, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthayam Titau

Carcare, Switzerland

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 10.19 Tithi 19

394555471

Gulika 6:39AM – 8:36AM
Yama 4:21PM – 6:17PM
Rahu 10:32AM – 12:28PM

Shravana Until 3:13AM Sat
Indra Until 12:51PM
Bava Until 12:07PM
Chaturthi* Until 10:34PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:13PM

Devaloka Day

Routine Work Marana Yoga

Until 3:13AM Sat

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 25.01 Tithi 20

394655471

Gulika 4:43AM – 6:39AM
Yama 2:25PM – 4:21PM
Rahu 8:36AM – 10:32AM

Dhanishtha Until 1:29AM Sun
Vaidhriti* Until 9:23AM
Kaulava Until 9:11AM
Panchami Until 7:54PM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:14PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, June 19, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shalabhishak Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 9.19 Tithi 21 – 22

395655471

Gulika 4:21PM – 6:18PM
Yama 12:29PM – 2:25PM
Rahu 6:18PM – 8:14PM

Shatabhishak Until 12:16AM Mon
Vishkambha* Until 6:24AM
Gara Until 6:49AM
Shashthi* Until 5:52PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:14PM

Devaloka Day

Creative Work Siddha Yoga

Until 12:16AM Mon

Then Routine Work - Marana Yoga

Monday, June 20, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthpada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 23.1 Tithi 22 – 23

315655471

Family Home Evening

Gulika 2:25PM – 4:21PM
Yama 10:32AM – 12:29PM
Rahu 6:40AM – 8:36AM

Purvaprosarthpada* Until 12:05AM Tue
Ayushman Until 2:10AM Tue
Balava Until 4:12AM Tue
Saptami Until 4:33PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:14PM

Devaloka Day

Routine Work Marana Yoga

Until 12:05AM Tue

Then Creative Work - Amrita Yoga

Tuesday, June 21, 2022

●

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthpada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 6.35 Tithi 23 – 24

315655471

Gulika 12:29PM – 2:25PM
Yama 8:36AM – 10:33AM
Rahu 4:22PM – 6:18PM

Uttaraprosarthpada Until 12:32AM Wed
Saubhagya Until 12:59AM Wed
Taitila Until 4:03AM Wed
Ashtami* Until 4:01PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 8:14PM

Devaloka Day

Creative Work Amrita Yoga

Until 12:32AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Carcare, Switzerland

Sun 7 Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 19.35 Tithi 24 – 25

315655471

Gulika 10:33AM – 12:29PM
Yama 6:40AM – 8:36AM
Rahu 12:29PM – 2:26PM

Revati Until 1:32AM Thu
Sobhana Until 12:24AM Thu
Vanija Until 4:38AM Thu
Navami* Until 4:14PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:44AM
Sunset: 8:15PM

Devaloka Day

Routine Work Marana Yoga

Until 1:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang

1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 8 Sutra 67 Subhakrit 5124	
Mesha Rasi: 2.14	Tithi 25 – 26	Gulika 8:37AM – 10:33AM	Ashvini Until 3:31AM Fri	Ganesha: Purple	Sunrise: 4:44AM	Moon 6 - Phase 10 - 8	2nd Phase
		Yama 4:44AM – 6:40AM	Athiganda* Until 12:19AM Fri	Muruqa: Green	Sunset: 8:15PM		
		325655471 Rahu 2:26PM – 4:22PM	Bava Until 5:53AM Fri	Nataraja: Yellow			
Creative Work	Amrita Yoga		Dashami Until 5:10PM	Moon – White			
Until 3:31AM Fri				Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga							
2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava Karana Ekadashyam Titau		Carcare, Switzerland Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 14.35	Tithi 26	Gulika 6:41AM – 8:37AM	Bharani Until 5:52AM Sat	Ganesha: Purple	Sunrise: 4:44AM	Moon 6 - Phase 10 - 9	2nd Phase
		Yama 4:22PM – 6:19PM	Sukarma Until 12:41AM Sat	Muruqa: Green	Sunset: 8:15PM		
		325655471 Rahu 10:33AM – 12:30PM	Balava Until 6:41PM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Balava Until 6:41PM	Moon – White			
Until 5:52AM Sat			Ekadashi* Until 6:41PM	Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga							
3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Carcare, Switzerland Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 26.43	Tithi 27	Gulika 4:45AM – 6:41AM	Krittika Until 8:25AM Sun	Ganesha: Purple	Sunrise: 4:45AM	Moon 6 - Phase 10 - 10	2nd Phase
		Yama 2:26PM – 4:22PM	Dhriti Until 1:23AM Sun	Muruqa: Green	Sunset: 8:15PM		
		325655471 Rahu 8:37AM – 10:33AM	Kaulava Until 7:39AM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Dvadashi* Until 8:40PM	Moon – White			
Until 8:25AM Sun				Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga							
4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Carcare, Switzerland Sun 11 Sutra 70 Subhakrit 5124	
Vrishabha Rasi: 8.42	Tithi 28	Gulika 4:23PM – 6:19PM	Krittika Until 8:25AM	Ganesha: Purple	Sunrise: 4:45AM	Moon 6 - Phase 10 - 11	2nd Phase
		Yama 12:30PM – 2:26PM	Shula* Until 2:17AM Mon	Muruqa: Green	Sunset: 8:15PM		
		325655471 Rahu 6:19PM – 8:15PM	Gara Until 9:48AM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Trayodashi* Until 10:57PM	Moon – White			
Until 8:25AM Sun				Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							
5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Carcare, Switzerland Sun 12 Sutra 71 Subhakrit 5124	
Vrishabha Rasi: 20.35	Tithi 29	Gulika 2:26PM – 4:23PM	Rohini Until 11:33AM	Ganesha: Light Blue	Sunrise: 4:45AM	Moon 6 - Phase 10 - 12	2nd Phase
Family Home Evening		Yama 10:34AM – 12:30PM	Ganda* Until 3:18AM Tue	Muruqa: Green	Sunset: 8:15PM		
		336655471 Rahu 6:42AM – 8:38AM	Visti Until 12:11PM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Chaturdashi* Until 1:25AM Tue	Moon – Yellow			
Until 2:37PM				Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Carcare, Switzerland Sun 13 Sutra 72 Subhakrit 5124	
Mithuna Rasi: 2.25	Tithi 30	Gulika 12:30PM – 2:27PM	Mrigashira Until 2:37PM	Ganesha: Purple	Sunrise: 4:46AM	Moon 6 - Phase 10 - 13	Amavasya
		Yama 8:38AM – 10:34AM	Vriddhi Until 4:22AM Wed	Muruqa: Green	Sunset: 8:15PM		
		336655471 Rahu 4:23PM – 6:19PM	Catuspada Until 2:41PM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Amavasya* Until 3:55AM Wed	Moon – Yellow			
Until 2:37PM				Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Carcare, Switzerland Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 14.14	Tithi 1	Gulika 10:34AM – 12:31PM	Ardra Until 5:30PM	Ganesha: Purple	Sunrise: 4:46AM	Moon 6 - Phase 10 - 14	Prathama
		Yama 6:42AM – 8:38AM	Dhruva Until 5:22AM Thu	Muruqa: Green	Sunset: 8:15PM		
		336655471 Rahu 12:31PM – 2:27PM	Kintughna Until 5:10PM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Prathama* Until 6:22AM Thu	Moon – Yellow			
Until 2:37PM				Ashada-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga							

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang

1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Carcare, Switzerland Sun 15 Sutra 74 Subhakrit 5124		
Mithuna Rasi: 26.05	Tithi 1 – 2	Gulika 8:39AM – 10:35AM	Punarvasu Until 8:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:47AM	Muruqa: Green	<i>Sunset:</i> 8:15PM	Moon 6 - Phase 11 - 15 3rd Phase
Creative Work	Amrita Yoga	Yama 4:47AM – 6:43AM	Vyaghata* Until 6:16AM Fri	Nataraja: Yellow				
		346655471 Rahu 2:27PM – 4:23PM	Balava Until 7:34PM	Moon – Blue				
			Prathama* Until 6:22AM	Ashada*Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Carcare, Switzerland Sun 16 Sutra 75 Subhakrit 5124		
Kataka Rasi: 7.58	Tithi 2 – 3	Gulika 6:43AM – 8:39AM	Pushya Until 11:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:47AM	Muruqa: Green	<i>Sunset:</i> 8:15PM	Moon 6 - Phase 11 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 4:23PM – 6:19PM	Vyaghata* Until 6:16AM	Nataraja: Yellow				
		346655471 Rahu 10:35AM – 12:31PM	Taitila Until 9:47PM	Moon – Blue				
			Dvitiya Until 8:41AM	Ashada*Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Carcare, Switzerland Sun 17 Sutra 76 Subhakrit 5124		
Kataka Rasi: 19.56	Tithi 3 – 4	Gulika 4:48AM – 6:44AM	Ashlesha* Until 1:49AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 4:48AM	Muruqa: Green	<i>Sunset:</i> 8:15PM	Moon 6 - Phase 11 - 17 3rd Phase
Routine Work	Marana Yoga	Yama 2:27PM – 4:23PM	Harshana Until 7:02AM	Nataraja: Yellow				
		346655471 Rahu 8:39AM – 10:35AM	Vanija Until 11:45PM	Moon – Blue				
			Tritiya Until 10:47AM	Ashada*Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Carcare, Switzerland Sun 18 Sutra 77 Subhakrit 5124		
Simha Rasi: 2.01	Tithi 4 – 5	Gulika 4:23PM – 6:19PM	Magha* Until 4:12AM Mon	Ganesha: Orange	<i>Sunrise:</i> 4:48AM	Muruqa: Green	<i>Sunset:</i> 8:14PM	Moon 6 - Phase 11 - 18 3rd Phase
Routine Work	Marana Yoga	Yama 12:31PM – 2:27PM	Vajra* Until 7:34AM	Nataraja: Yellow				
Until 4:12AM Mon		356655471 Rahu 6:19PM – 8:14PM	Bava Until 1:23AM Mon	Moon – Red				
Then Creative Work - Siddha Yoga			Chaturthi* Until 12:36PM	Ashada*Ani		Devaloka Day		
5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Carcare, Switzerland Sun 19 Sutra 78 Subhakrit 5124		
Simha Rasi: 14.15	Tithi 5 – 6	Gulika 2:27PM – 4:23PM	Purvaphalguni Until 5:59AM Tue	Ganesha: Orange	<i>Sunrise:</i> 4:49AM	Muruqa: Green	<i>Sunset:</i> 8:14PM	Moon 6 - Phase 11 - 19 3rd Phase
Family Home Evening		Yama 10:36AM – 12:31PM	Siddhi Until 7:50AM	Nataraja: Yellow				
Creative Work	Siddha Yoga	356655471 Rahu 6:45AM – 8:40AM	Kaulava Until 2:35AM Tue	Moon – Red				
Until 5:59AM Tue			Panchami Until 2:02PM	Ashada*Ani		Devaloka Day		
Then Creative Work - Amrita Yoga								
6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Carcare, Switzerland Sun 20 Sutra 79 Subhakrit 5124		
Simha Rasi: 26.4	Tithi 6 – 7	Gulika 12:32PM – 2:27PM	Uttaraphalguni Until 7:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 4:50AM	Muruqa: Green	<i>Sunset:</i> 8:14PM	Moon 6 - Phase 11 - 20 3rd Phase
Creative Work	Amrita Yoga	Yama 8:41AM – 10:36AM	Vyatipata* Until 7:45AM	Nataraja: Yellow				
Until 7:04AM Wed		356655471 Rahu 4:23PM – 6:18PM	Gara Until 3:15AM Wed	Moon – Red				
Then Routine Work - Marana Yoga			Shashthi* Until 2:58PM	Ashada*Ani		Devaloka Day		
Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Carcare, Switzerland Sun 21 Sutra 80 Subhakrit 5124		
Kanya Rasi: 9.2	Tithi 7 – 8	Gulika 10:36AM – 12:32PM	Uttaraphalguni Until 7:04AM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	Muruqa: Green	<i>Sunset:</i> 8:13PM	Moon 6 - Phase 11 - 21 3rd Phase
Creative Work	Amrita Yoga	Yama 6:46AM – 8:41AM	Variyan Until 7:12AM	Nataraja: Yellow				
Until 7:04AM		357655471 Rahu 12:32PM – 2:27PM	Visti Until 3:16AM Thu	Moon – Red				
Then Routine Work - Marana Yoga			Saptami Until 3:19PM	Ashada*Ani		Devaloka Day		
Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Carcare, Switzerland Sun 22 Sutra 81 Subhakrit 5124		
Kanya Rasi: 22.19	Tithi 8 – 9	Gulika 8:41AM – 10:37AM	Hasta Until 7:50AM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Muruqa: Green	<i>Sunset:</i> 8:13PM	Moon 6 - Phase 11 - 22 Ashtami
Routine Work	Marana Yoga	Yama 4:51AM – 6:46AM	Parigha* Until 6:08AM	Nataraja: Yellow				
Until 7:50AM		467655471 Rahu 2:27PM – 4:23PM	Balava Until 2:33AM Fri	Moon – Green				
Then Creative Work - Siddha Yoga			Ashtami* Until 2:59PM	Ashada*Ani		Devaloka Day		
Retreat Star		Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 82 Subhakrit 5124		
Tula Rasi: 5.41	Tithi 9 – 10	Gulika 6:47AM – 8:42AM	Chitra Until 7:43AM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Muruqa: Green	<i>Sunset:</i> 8:13PM	Moon 6 - Phase 11 - 23 Navami
Creative Work	Siddha Yoga	Yama 4:22PM – 6:18PM	Siddha Until 2:16AM Sat	Nataraja: Yellow				
		467655471 Rahu 10:37AM – 12:32PM	Taitila Until 1:07AM Sat	Moon – Green				
			Navami* Until 1:55PM	Ashada*Ani		Devaloka Day		


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 83	
Tula Rasi: 19.29	Tithi 10 - 11	Gulika 4:52AM - 6:47AM	Svati Until 6:43AM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Subhakrit 5124	
		Yama 2:27PM - 4:22PM	Sadhya Until 11:27PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 12 - 24	
467655471		Rahu 8:42AM - 10:37AM	Vanija Until 10:58PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 12:07PM	Moon - Green		Devaloka Day	
				Ashada*Ani			

2		Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 84	
Vrischika Rasi: 3.43	Tithi 11 - 12	Gulika 4:22PM - 6:17PM	Anuradha Until 3:13AM Mon	Ganesha: White	<i>Sunrise:</i> 4:53AM	Subhakrit 5124	
		Yama 12:32PM - 2:27PM	Subha Until 8:09PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 12 - 25	
477655471		Rahu 6:17PM - 8:12PM	Bava Until 8:13PM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 9:39AM	Moon - Orange		Bhuloka Day	
Until 3:13AM Mon				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

3		Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 85	
Vrischika Rasi: 18.22	Tithi 12 - 13	Gulika 2:27PM - 4:22PM	Jyeshtha* Until 12:31AM Tue	Ganesha: White	<i>Sunrise:</i> 4:54AM	Subhakrit 5124	
Family Home Evening		Yama 10:38AM - 12:33PM	Sukla Until 4:24PM	Muruqa: Green	<i>Sunset:</i> 8:11PM	Moon 6 - Phase 12 - 26	
477655471		Rahu 6:49AM - 8:43AM	Taitila Until 3:10AM Tue	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:37AM	Moon - Orange		Bhuloka Day	
Until 12:31AM Tue				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga				Pradosha Vrata			

4		Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 86	
Dhanus Rasi: 3.21	Tithi 14	Gulika 12:33PM - 2:27PM	Mula* Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 4:55AM	Subhakrit 5124	
		Yama 8:44AM - 10:38AM	Brahma Until 12:22PM	Muruqa: Green	<i>Sunset:</i> 8:11PM	Moon 6 - Phase 12 - 27	
488655471		Rahu 4:22PM - 6:16PM	Gara Until 1:20PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 11:26PM	Moon - Light Blue		Sivaloka Day	
Until 9:46PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

		Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti/Bava Karana Purnimayam Titau		Carcare, Switzerland Sutra 87	
Dhanus Rasi: 18.33	Tithi 15	Gulika 10:38AM - 12:33PM	Purvashadha* Until 6:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Subhakrit 5124	
		Yama 6:50AM - 8:44AM	Indra Until 8:11AM	Muruqa: Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 12 -	
488755471		Rahu 12:33PM - 2:27PM	Visti Until 9:32AM	Nataraja: Yellow		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 7:35PM	Moon - Light Blue		Devaloka Day	
		Satguru Purnima		Ashada*Ani			

Thursday, July 14, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Carcare, Switzerland Sutra 88	
Makara Rasi: 3.47	Tithi 16 - 17	Gulika 8:45AM - 10:39AM	Uttarashadha Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Subhakrit 5124	
		Yama 4:56AM - 6:50AM	Vishkambha* Until 11:47PM	Muruqa: Green	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 12 -	
488755471		Rahu 2:27PM - 4:21PM	Taitila Until 1:59AM Fri	Nataraja: Yellow		Prathama	
Routine Work	Marana Yoga		Prathama* Until 3:47PM	Moon - Light Blue		Devaloka Day	
Until 3:40PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland
Sun 1 Sutra 89

Makara Rasi: 18.55 Tithi 17 - 18

Gulika 6:51AM - 8:45AM
Yama 4:21PM - 6:15PM
498755471 **Rahu** 10:39AM - 12:33PM

Shravana Until 1:04PM
Priti Until 7:54PM
Vanija Until 10:35PM
Dvitiya Until 12:13PM

Ganesha: Blue *Sunrise: 4:57AM*
Muruqa: Green *Sunset: 8:09PM*
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 1:04PM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Carcare, Switzerland
Sun 2 Sutra 90

Kumbha Rasi: 3.46 Tithi 18 - 19

Gulika 4:58AM - 6:52AM
Yama 2:27PM - 4:21PM
498755471 **Rahu** 8:46AM - 10:39AM

Dhanishtha Until 10:44AM
Ayushman Until 4:22PM
Bava Until 7:40PM
Tritiya Until 9:02AM

Ganesha: Blue *Sunrise: 4:58AM*
Muruqa: Green *Sunset: 8:08PM*
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 10:44AM
Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland
Sun 3 Sutra 91

Kumbha Rasi: 18.13 Tithi 19 - 20

Gulika 4:20PM - 6:14PM
Yama 12:33PM - 2:27PM
498755472 **Rahu** 6:14PM - 8:07PM

Shatabhishak Until 8:50AM
Saubhagya Until 1:22PM
Taitila Until 4:29AM Mon
Chaturthi* Until 6:25AM

Ganesha: Blue *Sunrise: 4:59AM*
Muruqa: Green *Sunset: 8:07PM*
Nataraja: White
Moon - Purple
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland
Sun 4 Sutra 92

Meena Rasi: 2.13 Tithi 21

Family Home Evening

Gulika 2:27PM - 4:20PM
Yama 10:40AM - 12:33PM
418755472 **Rahu** 6:53AM - 8:47AM

Purvaproshtapada* Until 7:56AM
Sobhana Until 10:58AM
Gara Until 3:50PM
Shashthi* Until 3:22AM Tue

Ganesha: White *Sunrise: 5:00AM*
Muruqa: Green *Sunset: 8:07PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Routine Work Marana Yoga
Until 7:56AM
Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam
Uttaraproshtapada/Revati Nakshatra Athiganda*/Sukarma Yoga Visti/Bava Karana Saptamyam Titau

Carcare, Switzerland
Sun 5 Sutra 93

Meena Rasi: 15.43 Tithi 22

Gulika 12:33PM - 2:26PM
Yama 8:47AM - 10:40AM
419755472 **Rahu** 4:20PM - 6:13PM

Uttaraproshtapada Until 7:42AM
Athiganda* Until 9:13AM
Visti Until 3:09PM
Saptami Until 3:06AM Wed

Ganesha: Clear *Sunrise: 5:01AM*
Muruqa: Green *Sunset: 8:06PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 7:42AM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland
Sun 6 Sutra 94

Meena Rasi: 28.45 Tithi 23

Gulika 10:40AM - 12:33PM
Yama 6:55AM - 8:48AM
419755472 **Rahu** 12:33PM - 2:26PM

Revati Until 8:10AM
Sukarma Until 8:11AM
Balava Until 3:19PM
Ashtami* Until 3:42AM Thu

Ganesha: Clear *Sunrise: 5:02AM*
Muruqa: Green *Sunset: 8:05PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland
Sun 7 Sutra 95

Mesha Rasi: 11.22 Tithi 24

Gulika 8:48AM - 10:41AM
Yama 5:03AM - 6:55AM
429755472 **Rahu** 2:26PM - 4:19PM

Ashvini Until 9:46AM
Dhriti Until 7:49AM
Taitila Until 4:19PM
Navami* Until 5:03AM Fri

Ganesha: Purple *Sunrise: 5:03AM*
Muruqa: Green *Sunset: 8:04PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Amrita Yoga
Until 9:46AM
Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula/Ganda Yoga Vanija/Visti Karana Dashamyam Titau				Carcare, Switzerland Sun 8 Sutra 96
	Mesha Rasi: 23.4	Tithi 25	Gulika 6:56AM – 8:49AM	Bharani Until 11:54AM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 4:18PM – 6:11PM	Shula* Until 7:59AM	Muruqa: Green	<i>Sunset:</i> 8:03PM	Moon 7 - Phase 14 - 8 2nd Phase
		429755472	Rahu 10:41AM – 12:33PM	Vanija Until 5:59PM	Nataraja: White		
				Dashami Until 6:59AM Sat	Moon – White		Devaloka Day
					Ashada*Adi		


2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda/Vridhi Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 9 Sutra 97
	Vrishabha Rasi: 5.44	Tithi 25 – 26	Gulika 5:05AM – 6:57AM	Krittika Until 2:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	Subhakrit 5124
	Creative Work	Amrita Yoga	Yama 2:26PM – 4:18PM	Ganda* Until 8:37AM	Muruqa: Green	<i>Sunset:</i> 8:02PM	Moon 7 - Phase 14 - 9 2nd Phase
		429755472	Rahu 8:49AM – 10:41AM	Bava Until 8:08PM	Nataraja: White		
				Dashami Until 6:59AM	Moon – White		Devaloka Day
					Ashada*Adi		

3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 10 Sutra 98
	Vrishabha Rasi: 17.38	Tithi 26 – 27	Gulika 4:17PM – 6:09PM	Rohini Until 5:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:06AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 12:33PM – 2:25PM	Vridhi Until 9:32AM	Muruqa: Green	<i>Sunset:</i> 8:01PM	Moon 7 - Phase 14 - 10 2nd Phase
		439755472	Rahu 6:09PM – 8:01PM	Kaulava Until 10:34PM	Nataraja: White		
				Ekadashi* Until 9:18AM	Moon – Yellow		Bhuloka Day
					Ashada*Adi		Devaloka Time: 9:AM to 12:PM

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata Yoga Taillita/Gara Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 11 Sutra 99
	Vrishabha Rasi: 29.28	Tithi 27 – 28	Gulika 2:25PM – 4:17PM	Mrigashira Until 8:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:07AM	Subhakrit 5124
	Family Home Evening	Creative Work	Yama 10:42AM – 12:34PM	Dhruva Until 10:34AM	Muruqa: Green	<i>Sunset:</i> 8:00PM	Moon 7 - Phase 14 - 11 2nd Phase
		439755472	Rahu 6:58AM – 8:50AM	Gara Until 1:06AM Tue	Nataraja: White		
				Dvadashi* Until 11:49AM	Moon – Yellow		Bhuloka Day
					Ashada*Adi		Devaloka Time: 9:AM to 12:PM
					<i>Pradosha Vrata (Fasting)</i>		

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata/Harshana Yoga Vanija/Visti Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 12 Sutra 100
	Mithuna Rasi: 11.16	Tithi 28 – 29	Gulika 12:34PM – 2:25PM	Ardra Until 11:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:08AM	Subhakrit 5124
	Routine Work	Marana Yoga	Yama 8:51AM – 10:42AM	Vyaghata* Until 11:38AM	Muruqa: Green	<i>Sunset:</i> 7:59PM	Moon 7 - Phase 14 - 12 2nd Phase
		439755472	Rahu 4:16PM – 6:08PM	Visti Until 3:34AM Wed	Nataraja: White		
				Trayodashi* Until 2:20PM	Moon – Yellow		Bhuloka Day
					Ashada*Adi		Devaloka Time: 9:AM to 12:PM

6	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Titau				Carcare, Switzerland Sun 13 Sutra 101
	Mithuna Rasi: 23.07	Tithi 29 – 30	Gulika 10:42AM – 12:33PM	Punarvasu Until 2:35AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 7:00AM – 8:51AM	Harshana Until 12:37PM	Muruqa: Green	<i>Sunset:</i> 7:58PM	Moon 7 - Phase 14 - 13 2nd Phase
		441755472	Rahu 12:33PM – 2:25PM	Catuspada Until 5:52AM Thu	Nataraja: White		
				Chaturdashi* Until 4:44PM	Moon – Blue		Bhuloka Day
					Ashada*Adi		Devaloka Time: 9:AM to 12:PM

	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra/Siddhi Yoga Naga Karana Amavasyayam Titau				Carcare, Switzerland Sun 14 Sutra 102
	Retreat Star		Gulika 8:52AM – 10:43AM	Pushya Until 5:16AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	Subhakrit 5124
	Kataka Rasi: 5.01	Tithi 30	Yama 5:10AM – 7:01AM	Vajra* Until 1:26PM	Muruqa: Green	<i>Sunset:</i> 7:57PM	Moon 7 - Phase 14 - 14 Amavasya
		441755472	Rahu 2:24PM – 4:15PM	Naga Until 6:55PM	Nataraja: White		
				Amavasya* Until 6:55PM	Moon – Blue		Bhuloka Day
					Ashada*Adi		Devaloka Time: 9:AM to 12:PM

	Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha Nakshatra Siddhi/Vyalipata Yoga Kintughna/Bava Karana Prathamayam Titau				Carcare, Switzerland Sun 15 Sutra 103
	Retreat Star		Gulika 7:02AM – 8:52AM	Ashlesha* Until 7:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Subhakrit 5124
	Kataka Rasi: 17.01	Tithi 1	Yama 4:15PM – 6:05PM	Siddhi Until 2:04PM	Muruqa: Green	<i>Sunset:</i> 7:56PM	Moon 7 - Phase 14 - 15 Prathama
		441755472	Rahu 10:43AM – 12:33PM	Kintughna Until 7:57AM	Nataraja: White		
				Prathama* Until 8:51PM	Moon – Blue		Bhuloka Day
					Sravana*Adi		Devaloka Time: 9:AM to 12:PM

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau				Carcare, Switzerland Sun 16 Sutra 104 Subhakrit 5124
	Kataka Rasi: 29.08	Tithi 2	Gulika 5:12AM – 7:02AM Yama 2:24PM – 4:14PM 441755472 Rahu 8:53AM – 10:43AM	Ashlesha* Until 7:31AM Vyatipata* Until 2:30PM Balava Until 9:44AM Dvitiya Until 10:29PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue Sravana*Adi	Sunrise: 5:12AM Sunset: 7:55PM	Moon 7 - Phase 15 - 16 3rd Phase
Routine Work Marana Yoga Until 7:31AM Then Creative Work - Amrita Yoga			Bhuloka Day Devaloka Time: 9:AM to12:PM				

2	Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau				Carcare, Switzerland Sun 17 Sutra 105 Subhakrit 5124
	Simha Rasi: 11.22	Tithi 3	Gulika 4:13PM – 6:04PM Yama 12:33PM – 2:23PM 451755472 Rahu 6:04PM – 7:54PM	Magha* Until 9:48AM Varyan Until 2:39PM Taitila Until 11:12AM Tritiya Until 11:47PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red Sravana*Adi	Sunrise: 5:13AM Sunset: 7:54PM	Moon 7 - Phase 15 - 17 3rd Phase
Routine Work Marana Yoga Until 9:48AM Then Creative Work - Siddha Yoga			Bhuloka Day Devaloka Time: 9:AM to12:PM				

3	Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Carcare, Switzerland Sun 18 Sutra 106 Subhakrit 5124
	Simha Rasi: 23.45	Tithi 4	Gulika 2:23PM – 4:13PM Yama 10:44AM – 12:33PM 451755472 Rahu 7:04AM – 8:54AM	Purvaphalguni Until 11:35AM Parigha* Until 2:32PM Vanija Until 12:19PM Chaturthi* Until 12:43AM Tue	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red Sravana*Adi	Sunrise: 5:14AM Sunset: 7:52PM	Moon 7 - Phase 15 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga			Bhuloka Day Devaloka Time: 9:AM to12:PM				

4	Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Carcare, Switzerland Sun 19 Sutra 107 Subhakrit 5124
	Kanya Rasi: 6.19	Tithi 5	Gulika 12:33PM – 2:23PM Yama 8:54AM – 10:44AM 451755472 Rahu 4:12PM – 6:02PM	Uttaraphalguni Until 12:48PM Shiva Until 2:06PM Bava Until 1:02PM Panchami Until 1:12AM Wed	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red Sravana*Adi	Sunrise: 5:15AM Sunset: 7:51PM	Moon 7 - Phase 15 - 19 3rd Phase
Creative Work Amrita Yoga Until 12:48PM Then Creative Work - Siddha Yoga			Bhuloka Day Devaloka Time: 9:AM to12:PM				

5	Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Carcare, Switzerland Sun 20 Sutra 108 Subhakrit 5124
	Kanya Rasi: 19.04	Tithi 6	Gulika 10:44AM – 12:33PM Yama 7:06AM – 8:55AM 461755472 Rahu 12:33PM – 2:22PM	Hasta Until 1:53PM Siddha Until 1:17PM Kaulava Until 1:17PM Shashthi* Until 1:11AM Thu	Ganesha: Blue Muruqa: Green Nataraja: White Moon – Green Sravana*Adi	Sunrise: 5:16AM Sunset: 7:50PM	Moon 7 - Phase 15 - 20 3rd Phase
Routine Work Marana Yoga Until 1:53PM Then Creative Work - Siddha Yoga			Devaloka Day				

6	Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Carcare, Switzerland Sun 21 Sutra 109 Subhakrit 5124
	Tula Rasi: 2.05	Tithi 7	Gulika 8:55AM – 10:44AM Yama 5:18AM – 7:06AM 461755472 Rahu 2:22PM – 4:11PM	Chitra Until 2:17PM Sadhya Until 12:03PM Gara Until 1:00PM Saptami Until 12:37AM Fri	Ganesha: Blue Muruqa: Green Nataraja: White Moon – Green Sravana*Adi	Sunrise: 5:18AM Sunset: 7:49PM	Moon 7 - Phase 15 - 21 3rd Phase
Creative Work Siddha Yoga Until 2:17PM Then Creative Work - Amrita Yoga			Devaloka Day				

☾	Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Carcare, Switzerland Sun 22 Sutra 110 Subhakrit 5124
	Tula Rasi: 15.25	Tithi 8	Gulika 7:07AM – 8:56AM Yama 4:10PM – 5:59PM 461765472 Rahu 10:44AM – 12:33PM	Svati Until 1:58PM Subha Until 10:22AM Visti Until 12:07PM Ashtami* Until 11:26PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Green Sravana*Adi	Sunrise: 5:19AM Sunset: 7:47PM	Moon 7 - Phase 15 - 22 Ashtami
Creative Work Siddha Yoga Varalakshmi Vratam			Devaloka Day				

☽	Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Carcare, Switzerland Sun 23 Sutra 111 Subhakrit 5124
	Tula Rasi: 29.05	Tithi 9	Gulika 5:20AM – 7:08AM Yama 2:21PM – 4:09PM 472765472 Rahu 8:56AM – 10:45AM	Vishakha Until 1:19PM Sukla Until 8:09AM Balava Until 10:38AM Navami* Until 9:38PM	Ganesha: White Muruqa: White Nataraja: White Moon – Orange Sravana*Adi	Sunrise: 5:20AM Sunset: 7:46PM	Moon 7 - Phase 15 - 23 Navami
Creative Work Siddha Yoga			Bhuloka Day				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang

<h1>1</h1>	Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau				Carcare, Switzerland Sun 24 Sutra 112 Subhakrit 5124
	Vrischika Rasi: 13.08	Tithi 10	472865472	Gulika 4:09PM – 5:57PM Yama 12:33PM – 2:21PM Rahu 5:57PM – 7:45PM	Anuradha Until 11:56AM Indra Until 2:20AM Mon Taitila Until 8:32AM Dashami Until 7:16PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Sravana*Adi	Sunrise: 5:21AM Sunset: 7:45PM Moon 7 - Phase 16 - 24 4th Phase
	Routine Work Marana Yoga						Bhuloka Day Devaloka Time: 9:AM to12:PM

<h1>2</h1>	Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 25 Sutra 113 Subhakrit 5124
	Vrischika Rasi: 27.32	Tithi 11 – 12	472865472	Gulika 2:20PM – 4:08PM Yama 10:45AM – 12:33PM Rahu 7:10AM – 8:57AM	Jyeshtha* Until 9:53AM Vaidhriti* Until 10:48PM Bava Until 2:51AM Tue Ekadashi Until 4:25PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Sravana*Adi	Sunrise: 5:22AM Sunset: 7:43PM Moon 7 - Phase 16 - 25 4th Phase
	Family Home Evening Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 9:AM to12:PM

<h1>3</h1>	Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 26 Sutra 114 Subhakrit 5124
	Dhanus Rasi: 12.16	Tithi 12 – 13	482865472	Gulika 12:32PM – 2:20PM Yama 8:58AM – 10:45AM Rahu 4:07PM – 5:54PM	Mula* Until 7:41AM Vishkambha* Until 6:59PM Kaulava Until 11:28PM Dvadashi Until 1:10PM <i>Pradosha Vrata</i>	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Sravana*Adi	Sunrise: 5:23AM Sunset: 7:42PM Moon 7 - Phase 16 - 26 4th Phase
	Creative Work Amrita Yoga Until 7:41AM Then Creative Work - Siddha Yoga						Devaloka Day

<h1>4</h1>	Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 115 Subhakrit 5124
	Dhanus Rasi: 27.14	Tithi 13 – 14	482865472	Gulika 10:45AM – 12:32PM Yama 7:11AM – 8:58AM Rahu 12:32PM – 2:19PM	Uttarashadha Until 2:11AM Thu Priti Until 3:01PM Gara Until 7:55PM Trayodashi Until 9:41AM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Sravana*Adi	Sunrise: 5:24AM Sunset: 7:40PM Moon 7 - Phase 16 - 27 4th Phase
	Creative Work Amrita Yoga Until 2:11AM Thu Then Creative Work - Siddha Yoga						Devaloka Day

	Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Carcare, Switzerland Sutra 116 Subhakrit 5124		
	Copper Retreat Star		Makara Rasi: 12.18	Tithi 14 – 15	492865472	Gulika 8:59AM – 10:46AM Yama 5:25AM – 7:12AM Rahu 2:19PM – 4:06PM	Shravana Until 11:36PM Ayushman Until 10:59AM Bava Until 2:35AM Fri Chaturdashi* Until 6:06AM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Purple Sravana*Adi	Sunrise: 5:25AM Sunset: 7:39PM Moon 7 - Phase 16 - Purnima
	Creative Work Siddha Yoga					Raksha Bandhan	Bhuloka Day Devaloka Time: 9:AM to12:PM		

<h1>5</h1>	Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Carcare, Switzerland Sutra 117 Subhakrit 5124		
	Silver Retreat Star		Makara Rasi: 27.19	Tithi 16	492865472	Gulika 7:13AM – 8:59AM Yama 4:05PM – 5:51PM Rahu 10:46AM – 12:32PM	Dhanishtha Until 9:06PM Saubhagya Until 7:02AM Balava Until 12:55PM Prathama* Until 11:18PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Purple Sravana*Adi	Sunrise: 5:27AM Sunset: 7:37PM Moon 7 - Phase 16 - Prathama
	Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 9:AM to12:PM		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvityayam Titau

Carcare, Switzerland
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Kumbha Rasi: 12.07 Tithi 17
492865472
Creative Work Amrita Yoga
Until 6:51PM
Then Routine Work - Marana Yoga

Gulika 5:28AM – 7:14AM
Yama 2:18PM – 4:04PM
Rahu 9:00AM – 10:46AM

Shatabhishak Until 6:51PM
Athiganda* Until 11:59PM
Taitila Until 9:50AM
Dvitiya Until 8:26PM

Ganesha: Clear *Sunrise: 5:28AM*
Muruqa: White *Sunset: 7:36PM*
Nataraja: White
Moon – Purple
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Carcare, Switzerland
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Kumbha Rasi: 26.34 Tithi 18
412865472
Creative Work Siddha Yoga
Until 5:27PM
Then Creative Work - Amrita Yoga

Gulika 4:03PM – 5:49PM
Yama 12:32PM – 2:17PM
Rahu 5:49PM – 7:34PM

Purvaproshtapada* Until 5:27PM
Sukarma Until 9:08PM
Vanija Until 7:13AM
Tritiya Until 6:08PM

Ganesha: Yellow *Sunrise: 5:29AM*
Muruqa: White *Sunset: 7:34PM*
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Meena Rasi: 11 Tithi 19 – 20
412865472
Family Home Evening
Creative Work Siddha Yoga

Gulika 2:17PM – 4:02PM
Yama 10:46AM – 12:31PM
Rahu 7:15AM – 9:01AM

Uttaraproshtapada Until 4:37PM
Dhriti Until 6:53PM
Kaulava Until 4:05AM Tue
Chaturthi* Until 4:33PM

Ganesha: Yellow *Sunrise: 5:30AM*
Muruqa: White *Sunset: 7:33PM*
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Meena Rasi: 24.09 Tithi 20 – 21
412865472
Creative Work Siddha Yoga

Gulika 12:31PM – 2:16PM
Yama 9:01AM – 10:46AM
Rahu 4:01PM – 5:46PM

Revati Until 4:27PM
Shula* Until 5:18PM
Gara Until 3:46AM Wed
Panchami Until 3:48PM

Ganesha: Yellow *Sunrise: 5:31AM*
Muruqa: White *Sunset: 7:31PM*
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Mesha Rasi: 7.14 Tithi 21 – 22
522865472
Routine Work Marana Yoga
Until 5:27PM
Then Creative Work - Siddha Yoga

Gulika 10:46AM – 12:31PM
Yama 7:17AM – 9:02AM
Rahu 12:31PM – 2:16PM

Ashvini Until 5:27PM
Ganda* Until 4:25PM
Visti Until 4:19AM Thu
Shashthi* Until 3:55PM

Ganesha: Yellow *Sunrise: 5:32AM*
Muruqa: White *Sunset: 7:30PM*
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
1st Phase

Mesha Rasi: 19.53 Tithi 22 – 23
522865472
Creative Work Siddha Yoga
Until 7:06PM
Then Routine Work - Marana Yoga

Gulika 9:02AM – 10:47AM
Yama 5:34AM – 7:18AM
Rahu 2:15PM – 3:59PM

Bharani Until 7:06PM
Vridhhi Until 4:12PM
Balava Until 5:40AM Fri
Saptami Until 4:53PM

Ganesha: Yellow *Sunrise: 5:34AM*
Muruqa: White *Sunset: 7:28PM*
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Kaulava Karana Ashtamyam Titau

Carcare, Switzerland
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Ashtami

Vrishabha Rasi: 2.13 Tithi 23
523865472
Creative Work Siddha Yoga
Until 9:16PM
Then Routine Work - Marana Yoga

Gulika 7:19AM – 9:03AM
Yama 3:59PM – 5:43PM
Rahu 10:47AM – 12:31PM

Krishna Janmashtami

Krittika Until 9:16PM
Dhruva Until 4:30PM
Kaulava Until 6:33PM
Ashtami* Until 6:33PM

Ganesha: White *Sunrise: 5:35AM*
Muruqa: White *Sunset: 7:27PM*
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland
Sun 8 Sutra 125
Subhakrit 5124
Moon 8 - Phase 17 - 8
Navami

Vrishabha Rasi: 14.17 Tithi 24
533865472
Creative Work Amrita Yoga
Until 12:13AM Sun
Then Creative Work - Siddha Yoga

Gulika 5:36AM – 7:19AM
Yama 2:14PM – 3:58PM
Rahu 9:03AM – 10:47AM

Rohini Until 12:13AM Sun
Vyaghata* Until 5:13PM
Taitila Until 7:37AM
Navami* Until 8:44PM

Ganesha: Yellow *Sunrise: 5:36AM*
Muruqa: White *Sunset: 7:25PM*
Nataraja: White
Moon – Yellow
Sravana*Avani

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang

1 Sunday, August 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam		Carcare, Switzerland	
Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 126	
Wishabha Rasi: 26.11 Tithi 25		Gulika 3:57PM – 5:40PM	Mrigashira Until 3:14AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:37AM	Subhakarit 5124
533865472		Yama 12:30PM – 2:13PM	Harshana Until 6:11PM	Muruqa: White <i>Sunset:</i> 7:23PM	Moon 8 - Phase 18 - 9
Creative Work Siddha Yoga		Rahu 5:40PM – 7:23PM	Vanija Until 9:57AM	Nataraja: White	2nd Phase
			Dashami Until 11:10PM	Moon – Yellow	
				Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

2 Monday, August 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam		Carcare, Switzerland	
Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 127	
Mithuna Rasi: 8.01 Tithi 26		Gulika 2:13PM – 3:56PM	Ardra Until 6:05AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:38AM	Subhakarit 5124
Family Home Evening		Yama 10:47AM – 12:30PM	Vajra* Until 7:11PM	Muruqa: White <i>Sunset:</i> 7:22PM	Moon 8 - Phase 18 - 10
533865472		Rahu 7:21AM – 9:04AM	Bava Until 12:27PM	Nataraja: White	2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 1:40AM Tue	Moon – Yellow	
				Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

3 Tuesday, August 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam		Carcare, Switzerland	
Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 128	
Mithuna Rasi: 19.52 Tithi 27		Gulika 12:30PM – 2:12PM	Ardra Until 6:05AM	Ganesha: Yellow <i>Sunrise:</i> 5:39AM	Subhakarit 5124
Routine Work Marana Yoga		Yama 9:04AM – 10:47AM	Siddhi Until 8:07PM	Muruqa: White <i>Sunset:</i> 7:20PM	Moon 8 - Phase 18 - 11
Until 6:05AM		Rahu 3:55PM – 5:37PM	Kaulava Until 2:54PM	Nataraja: White	2nd Phase
Then Creative Work - Siddha Yoga			Dvadashi* Until 4:02AM Wed	Moon – Yellow	
				Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

4 Wednesday, August 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam		Carcare, Switzerland	
Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 129	
Kataka Rasi: 1.46 Tithi 28		Gulika 10:47AM – 12:29PM	Punarvasu Until 9:08AM	Ganesha: Blue <i>Sunrise:</i> 5:40AM	Subhakarit 5124
533865472		Yama 7:23AM – 9:05AM	Vyatipata* Until 8:54PM	Muruqa: White <i>Sunset:</i> 7:18PM	Moon 8 - Phase 18 - 12
Creative Work Siddha Yoga		Rahu 12:29PM – 2:12PM	Gara Until 5:08PM	Nataraja: White	2nd Phase
			Trayodashi* Until 6:08AM Thu	Moon – Blue	
				Bhuloka Day	
				Sravana-Avani	Pradosha Vrata (Fasting)

5 Thursday, August 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam		Carcare, Switzerland	
Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 130	
Kataka Rasi: 13.46 Tithi 28 – 29		Gulika 9:05AM – 10:47AM	Pushya Until 11:45AM	Ganesha: Blue <i>Sunrise:</i> 5:42AM	Subhakarit 5124
533865472		Yama 5:42AM – 7:23AM	Variyan Until 9:24PM	Muruqa: White <i>Sunset:</i> 7:17PM	Moon 8 - Phase 18 - 13
Creative Work Amrita Yoga		Rahu 2:11PM – 3:53PM	Visti Until 7:04PM	Nataraja: White	2nd Phase
Until 11:45AM			Trayodashi* Until 6:08AM	Moon – Blue	
Then Creative Work - Siddha Yoga				Bhuloka Day	
				Sravana-Avani	

Friday, August 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam		Carcare, Switzerland	
Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau				Sun 14 Sutra 131	
Kataka Rasi: 25.54 Tithi 29 – 30		Gulika 7:24AM – 9:06AM	Ashlesha* Until 1:51PM	Ganesha: Blue <i>Sunrise:</i> 5:43AM	Subhakarit 5124
533865472		Yama 3:52PM – 5:33PM	Parigha* Until 9:38PM	Muruqa: White <i>Sunset:</i> 7:15PM	Moon 8 - Phase 18 - 14
Routine Work Marana Yoga		Rahu 10:47AM – 12:29PM	Catuspada Until 8:38PM	Nataraja: White	Amavasya
			Chaturdashy* Until 7:53AM	Moon – Blue	
				Bhuloka Day	
				Sravana-Avani	

Saturday, August 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yukhtayam		Carcare, Switzerland	
Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15 Sutra 132	
Simha Rasi: 8.12 Tithi 30 – 1		Gulika 5:44AM – 7:25AM	Magha* Until 3:54PM	Ganesha: Blue <i>Sunrise:</i> 5:44AM	Subhakarit 5124
533865472		Yama 2:10PM – 3:51PM	Shiva Until 9:35PM	Muruqa: White <i>Sunset:</i> 7:13PM	Moon 8 - Phase 18 - 15
Creative Work Amrita Yoga		Rahu 9:06AM – 10:47AM	Kintughna Until 9:49PM	Nataraja: White	Prathama
Until 3:54PM			Amavasya* Until 9:15AM	Moon – Red	
Then Creative Work - Siddha Yoga				Bhuloka Day	
				Bhadrapada-Avani	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang

1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sun 16 Sutra 133 Subhakrit 5124	
Simha Rasi: 20.4	Tithi 1 – 2	Gulika 3:50PM – 5:31PM	Purvaphalguni Until 5:24PM	Ganesha: Blue	<i>Sunrise:</i> 5:45AM	Moon 8 - Phase 19 - 16	3rd Phase
		Yama 12:28PM – 2:09PM	Siddha Until 9:11PM	Muruqa: White	<i>Sunset:</i> 7:11PM		
		553865473 Rahu 5:31PM – 7:11PM	Balava Until 10:36PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 10:14AM	Moon – Red		Bhuloka Day	
Until 5:24PM				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Carcare, Switzerland Sun 17 Sutra 134 Subhakrit 5124	
Kanya Rasi: 3.19	Tithi 2 – 3	Gulika 2:08PM – 3:49PM	Uttaraphalguni Until 6:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	Moon 8 - Phase 19 - 17	3rd Phase
Family Home Evening		Yama 10:47AM – 12:28PM	Sadhya Until 8:30PM	Muruqa: White	<i>Sunset:</i> 7:10PM		
		553865473 Rahu 7:27AM – 9:07AM	Taitila Until 10:59PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Dvitiya Until 10:49AM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtthyam Titau				Carcare, Switzerland Sun 18 Sutra 135 Subhakrit 5124	
Kanya Rasi: 16.08	Tithi 3 – 4	Gulika 12:28PM – 2:08PM	Hasta Until 7:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Moon 8 - Phase 19 - 18	3rd Phase
		Yama 9:07AM – 10:48AM	Subha Until 7:32PM	Muruqa: White	<i>Sunset:</i> 7:08PM		
		563865473 Rahu 3:48PM – 5:28PM	Vanija Until 11:00PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Tritiya Until 11:01AM	Moon – Green		Bhuloka Day	
		Ganesha Chaturthi		Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Carcare, Switzerland Sun 19 Sutra 136 Subhakrit 5124	
Kanya Rasi: 29.1	Tithi 4 – 5	Gulika 10:48AM – 12:27PM	Chitra Until 7:39PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	Moon 8 - Phase 19 - 19	3rd Phase
		Yama 7:28AM – 9:08AM	Sukla Until 6:14PM	Muruqa: White	<i>Sunset:</i> 7:06PM		
		563865473 Rahu 12:27PM – 2:07PM	Bava Until 10:38PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturthi* Until 10:51AM	Moon – Green		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Carcare, Switzerland Sun 20 Sutra 137 Subhakrit 5124	
Tula Rasi: 12.23	Tithi 5 – 6	Gulika 9:08AM – 10:48AM	Svati Until 7:30PM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Moon 8 - Phase 19 - 20	3rd Phase
		Yama 5:50AM – 7:29AM	Brahma Until 4:38PM	Muruqa: White	<i>Sunset:</i> 7:04PM		
		563965473 Rahu 2:06PM – 3:46PM	Kaulava Until 9:52PM	Nataraja: Clear			
Creative Work	Amrita Yoga		Panchami Until 10:17AM	Moon – Green		Devaloka Day	
Until 7:30PM				Bhadrapada*Avani			
Then Creative Work - Siddha Yoga							

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 21 Sutra 138 Subhakrit 5124	
Tula Rasi: 25.49	Tithi 6 – 7	Gulika 7:30AM – 9:09AM	Vishakha Until 7:14PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	Moon 8 - Phase 19 - 21	3rd Phase
		Yama 3:45PM – 5:24PM	Indra Until 2:43PM	Muruqa: White	<i>Sunset:</i> 7:03PM		
		573965473 Rahu 10:48AM – 12:27PM	Gara Until 8:41PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Shashthi* Until 9:18AM	Moon – Orange		Sivaloka Day	
				Bhadrapada*Avani			

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 22 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 9.29	Tithi 7 – 8	Gulika 5:52AM – 7:31AM	Anuradha Until 6:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	Moon 8 - Phase 19 - 22	Ashtami
		Yama 2:05PM – 3:44PM	Vaidhriti* Until 12:26PM	Muruqa: White	<i>Sunset:</i> 7:01PM		
		574965473 Rahu 9:09AM – 10:48AM	Visti Until 7:05PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Saptami Until 7:55AM	Moon – Orange		Devaloka Day	
				Bhadrapada*Avani			

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 23 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 23.26	Tithi 8 – 9	Gulika 3:42PM – 5:21PM	Jyeshtha* Until 5:01PM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM	Moon 8 - Phase 19 - 23	Navami
		Yama 12:26PM – 2:04PM	Vishkambha* Until 9:49AM	Muruqa: White	<i>Sunset:</i> 6:59PM		
		574965473 Rahu 5:21PM – 6:59PM	Kaulava Until 3:55AM Mon	Nataraja: Clear			
Routine Work	Marana Yoga		Ashtami* Until 6:07AM	Moon – Orange		Devaloka Day	
Until 5:01PM				Bhadrapada*Avani			
Then Creative Work - Amrita Yoga							


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Dashamyam Titau				Carcare, Switzerland Sun 24 Sutra 141	
	Dhanus Rasi: 7.37	Tithi 10	Gulika 2:04PM – 3:41PM	Mula* Until 3:32PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Subhakrit 5124	
Family Home Evening	584965473	Rahu 7:32AM – 9:10AM	Yama 10:48AM – 12:26PM	Priti Until 6:55AM	Muruqa: White	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 20 - 24	
Creative Work Siddha Yoga				Taitila Until 2:42PM	Nataraja: Clear		4th Phase	
Until 3:32PM				Dashami Until 1:22AM Tue	Moon – Light Blue	Bhuloka Day		
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM		

2	Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Carcare, Switzerland Sun 25 Sutra 142	
	Dhanus Rasi: 22.02	Tithi 11	Gulika 12:25PM – 2:03PM	Purvashadha* Until 1:36PM	Ganesha: White	<i>Sunrise:</i> 5:55AM	Subhakrit 5124	
Family Home Evening	584965473	Rahu 3:40PM – 5:18PM	Yama 9:10AM – 10:48AM	Saubhagya Until 12:16AM Wed	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 20 - 25	
Creative Work Siddha Yoga				Vanija Until 12:00PM	Nataraja: Clear		4th Phase	
Until 1:36PM				Ekadashi Until 10:33PM	Moon – Light Blue	Bhuloka Day		
Then Routine Work - Prabararishta Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM		

3	Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Carcare, Switzerland Sun 26 Sutra 143	
	Makara Rasi: 6.38	Tithi 12	Gulika 10:48AM – 12:25PM	Uttarashadha Until 11:20AM	Ganesha: White	<i>Sunrise:</i> 5:57AM	Subhakrit 5124	
Family Home Evening	584965473	Rahu 12:25PM – 2:02PM	Yama 7:34AM – 9:11AM	Sobhana Until 8:44PM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 20 - 26	
Creative Work Amrita Yoga				Bava Until 9:05AM	Nataraja: Clear		4th Phase	
Until 11:20AM				Dvadashi Until 7:34PM	Moon – Light Blue	Bhuloka Day		
Then Creative Work - Siddha Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM		

4	Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 144	
	Makara Rasi: 21.2	Tithi 13 – 14	Gulika 9:11AM – 10:48AM	Shravana Until 9:15AM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Subhakrit 5124	
Family Home Evening	594965473	Rahu 2:01PM – 3:38PM	Yama 5:58AM – 7:34AM	Athiganda* Until 5:09PM	Muruqa: White	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 20 - 27	
Creative Work Siddha Yoga				Kaulava Until 6:04AM	Nataraja: Clear		4th Phase	
				Trayodashi Until 4:33PM	Moon – Purple	Devaloka Day		
			Chidambaram Abhishekam		Bhadrapada*Avani			
				<i>Pradosha Vrata</i>				

	Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Carcare, Switzerland Sun 28 Sutra 145	
	Kumbha Rasi: 6	Tithi 14 – 15	Gulika 7:35AM – 9:12AM	Dhanishtha Until 7:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	Subhakrit 5124	
Copper Retreat Star	594965473	Rahu 10:48AM – 12:24PM	Yama 3:37PM – 5:13PM	Sukarma Until 1:40PM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 20 - Purnima	
Creative Work Siddha Yoga				Visti Until 12:17AM Sat	Nataraja: Clear			
				Chaturdashi* Until 1:38PM	Moon – Purple	Devaloka Day		
					Bhadrapada*Avani			

5	Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Carcare, Switzerland Sun 29 Sutra 146	
	Kumbha Rasi: 20.31	Tithi 15 – 16	Gulika 6:00AM – 7:36AM	Purvaproshtapada* Until 3:31AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	Subhakrit 5124	
Silver Retreat Star	514965473	Rahu 9:12AM – 10:48AM	Yama 2:00PM – 3:36PM	Dhriti Until 10:25AM	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 20 - Prathama	
Routine Work Marana Yoga				Balava Until 9:49PM	Nataraja: Clear			
Until 3:31AM Sun				Purnima* Until 10:59AM	Moon – Clear	Devaloka Day		
Then Creative Work - Amrita Yoga					Bhadrapada*Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Uttaraproshtapada Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Carcare, Switzerland
Sutra 147

Meena Rasi: 4.47 Tithi 16 – 17

Gulika 3:35PM – 5:11PM
Yama 12:24PM – 1:59PM
Rahu 5:11PM – 6:46PM

Uttaraproshtapada Until 2:27AM Mon
Shula* Until 7:28AM
Taitila Until 7:51PM
Prathama* Until 8:45AM

Ganesha: Clear *Sunrise: 6:01AM*
Muruqa: White *Sunset: 6:46PM*
Nataraja: Clear
Moon – Clear

Subhakrit 5124
Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga
Until 2:27AM Mon
Then Creative Work - Siddha Yoga

Grandparent's Day

Devaloka Day

Bhadrapada*Avani

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland
Sun 1 Sutra 148

Meena Rasi: 18.41 Tithi 17 – 18

Gulika 1:59PM – 3:34PM
Yama 10:48AM – 12:23PM
Rahu 7:38AM – 9:13AM

Revati Until 1:55AM Tue
Vriddhi Until 3:04AM Tue
Vanija Until 6:31PM
Dvitiya Until 7:05AM

Ganesha: Clear *Sunrise: 6:02AM*
Muruqa: White *Sunset: 6:44PM*
Nataraja: Clear
Moon – Clear

Subhakrit 5124
Moon 9 - Phase 21 - 1
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

Bhadrapada*Avani

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashvini Nakshatra Dhruva Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland
Sun 2 Sutra 149

Mesha Rasi: 2.1 Tithi 18 – 19

Gulika 12:23PM – 1:58PM
Yama 9:13AM – 10:48AM
Rahu 3:33PM – 5:08PM

Ashvini Until 2:25AM Wed
Dhruva Until 1:44AM Wed
Balava Until 5:55AM Wed
Tritiya Until 6:06AM

Ganesha: White *Sunrise: 6:03AM*
Muruqa: White *Sunset: 6:42PM*
Nataraja: Clear
Moon – White

Subhakrit 5124
Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada*Avani

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam
Bharani Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Panchamyam Titau

Carcare, Switzerland
Sun 3 Sutra 150

Mesha Rasi: 15.14 Tithi 20

Gulika 10:48AM – 12:23PM
Yama 7:39AM – 9:14AM
Rahu 12:23PM – 1:57PM

Bharani Until 3:34AM Thu
Vyaghata* Until 1:03AM Thu
Kaulava Until 6:09PM
Panchami Until 6:32AM Thu

Ganesha: White *Sunrise: 6:05AM*
Muruqa: White *Sunset: 6:41PM*
Nataraja: Clear
Moon – White

Subhakrit 5124
Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga
Until 3:34AM Thu
Then Routine Work - Marana Yoga

Bhuloka Day

Bhadrapada*Avani

Devaloka Time: 6:PM to 9:PM

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

Carcare, Switzerland
Sun 4 Sutra 151

Mesha Rasi: 27.55 Tithi 20 – 21

Gulika 9:14AM – 10:48AM
Yama 6:06AM – 7:40AM
Rahu 1:56PM – 3:30PM

Krittika Until 5:17AM Fri
Harshana Until 12:59AM Fri
Gara Until 7:08PM
Panchami Until 6:32AM

Ganesha: Clear *Sunrise: 6:06AM*
Muruqa: White *Sunset: 6:39PM*
Nataraja: Clear
Moon – White

Subhakrit 5124
Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Devaloka Day

Bhadrapada*Avani

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland
Sun 5 Sutra 152

Vrishabha Rasi: 10.16 Tithi 21 – 22

Gulika 7:41AM – 9:14AM
Yama 3:29PM – 5:03PM
Rahu 10:48AM – 12:22PM

Rohini Until 7:55AM Sat
Vajra* Until 1:22AM Sat
Visti Until 8:49PM
Shashthi* Until 7:53AM

Ganesha: White *Sunrise: 6:07AM*
Muruqa: White *Sunset: 6:37PM*
Nataraja: Clear
Moon – Yellow

Subhakrit 5124
Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga
Until 7:55AM Sat
Then Creative Work - Siddha Yoga

Sivaloka Day

Bhadrapada*Avani

D

Saturday, September 17, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland
Sun 6 Sutra 153

Vrishabha Rasi: 22.22 Tithi 22 – 23

Gulika 6:08AM – 7:41AM
Yama 1:55PM – 3:28PM
Rahu 9:15AM – 10:48AM

Rohini Until 7:55AM
Siddhi Until 2:06AM Sun
Balava Until 10:58PM
Saptami Until 9:50AM

Ganesha: White *Sunrise: 6:08AM*
Muruqa: White *Sunset: 6:35PM*
Nataraja: Clear
Moon – Yellow

Subhakrit 5124
Moon 9 - Phase 21 - 6
Ashtami

Creative Work Amrita Yoga
Until 7:55AM
Then Creative Work - Siddha Yoga

Sivaloka Day

Bhadrapada*Puratasi

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland
Sun 7 Sutra 154

Mithuna Rasi: 4.19 Tithi 23 – 24

Gulika 3:27PM – 5:00PM
Yama 12:21PM – 1:54PM
Rahu 5:00PM – 6:33PM

Mrigashira Until 10:44AM
Vyatipata* Until 3:01AM Mon
Taitila Until 1:23AM Mon
Ashtami* Until 12:09PM

Ganesha: White *Sunrise: 6:09AM*
Muruqa: White *Sunset: 6:33PM*
Nataraja: Clear
Moon – Yellow

Subhakrit 5124
Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada*Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang

1	Monday, September 19, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 8 Sutra 155 Subhakit 5124
	Mithuna Rasi: 16.11	Tithi 24 – 25	Gulika 1:53PM – 3:26PM	Ardra Until 1:33PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
	Family Home Evening	535965473	Yama 10:48AM – 12:21PM	Variyan Until 3:54AM Tue	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 9 - Phase 22 - 8
	Creative Work Siddha Yoga		Rahu 7:43AM – 9:16AM	Vanija Until 3:49AM Tue	Nataraja: Clear		2nd Phase
			Navami* Until 2:36PM	Moon – Yellow		Sivaloka Day	
						Bhadrapada-Puratasi	


2	Tuesday, September 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 9 Sutra 156 Subhakit 5124
	Mithuna Rasi: 28.03	Tithi 25 – 26	Gulika 12:20PM – 1:53PM	Punarvasu Until 4:36PM	Ganesha: Yellow	<i>Sunrise:</i> 6:11AM	
		545965473	Yama 9:16AM – 10:48AM	Parigha* Until 4:40AM Wed	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 9 - Phase 22 - 9
	Creative Work Siddha Yoga		Rahu 3:25PM – 4:57PM	Bava Until 6:05AM Wed	Nataraja: Clear		2nd Phase
			Dashami Until 4:58PM	Moon – Blue		Devaloka Day	
						Bhadrapada-Puratasi	

3	Wednesday, September 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Carcare, Switzerland Sun 10 Sutra 157 Subhakit 5124
	Kataka Rasi: 10	Tithi 26	Gulika 10:48AM – 12:20PM	Pushya Until 7:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	
		545965473	Yama 7:45AM – 9:16AM	Shiva Until 5:12AM Thu	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 22 - 10
	Creative Work Siddha Yoga		Rahu 12:20PM – 1:52PM	Bava Until 6:05AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 7:04PM	Moon – Blue		Devaloka Day	
						Bhadrapada-Puratasi	

4	Thursday, September 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Carcare, Switzerland Sun 11 Sutra 158 Subhakit 5124
	Kataka Rasi: 22.05	Tithi 27	Gulika 9:17AM – 10:48AM	Ashlesha* Until 9:20PM	Ganesha: Yellow	<i>Sunrise:</i> 6:14AM	
		545965473	Yama 6:14AM – 7:45AM	Siddha Until 5:21AM Fri	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 22 - 11
	Creative Work Siddha Yoga		Rahu 1:51PM – 3:23PM	Kaulava Until 7:59AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 8:46PM	Moon – Blue		Devaloka Day	
						Bhadrapada-Puratasi	

5	Friday, September 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Carcare, Switzerland Sun 12 Sutra 159 Subhakit 5124
	Simha Rasi: 4.21	Tithi 28	Gulika 7:46AM – 9:17AM	Magha* Until 11:18PM	Ganesha: Red	<i>Sunrise:</i> 6:15AM	
		555965473	Yama 3:22PM – 4:53PM	Sadhya Until 5:09AM Sat	Muruqa: White	<i>Sunset:</i> 6:24PM	Moon 9 - Phase 22 - 12
	Routine Work Marana Yoga		Rahu 10:48AM – 12:19PM	Gara Until 9:27AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 9:59PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	
						<i>Pradosha Vrata (Fasting)</i>	

6	Saturday, September 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Carcare, Switzerland Sun 13 Sutra 160 Subhakit 5124
	Simha Rasi: 16.5	Tithi 29	Gulika 6:16AM – 7:47AM	Purvaphalguni Until 12:36AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:16AM	
		556965473	Yama 1:50PM – 3:20PM	Subha Until 4:34AM Sun	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 9 - Phase 22 - 13
	Creative Work Siddha Yoga		Rahu 9:18AM – 10:48AM	Visti* Until 10:26AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 10:42PM	Moon – Red		Bhuloka Day	
						Bhadrapada-Puratasi	
						Devaloka Time: 6:PM to 9:PM	

	Sunday, September 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Carcare, Switzerland Sun 14 Sutra 161 Subhakit 5124
	Retreat Star		Gulika 3:19PM – 4:50PM	Uttaraphalguni Until 1:15AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:17AM	
	Simha Rasi: 29.32	Tithi 30	Yama 12:19PM – 1:49PM	Sukla Until 3:33AM Mon	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 9 - Phase 22 - 14
	Creative Work Amrita Yoga		Rahu 4:50PM – 6:20PM	Catuspada Until 10:53AM	Nataraja: Clear		Amavasya
			Amavasya* Until 10:54PM	Moon – Red		Bhuloka Day	
						Bhadrapada-Puratasi	
						Devaloka Time: 6:PM to 9:PM	

Retreat Star	Monday, September 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau				Carcare, Switzerland Sun 15 Sutra 162 Subhakit 5124
	Kanya Rasi: 12.29	Tithi 1	Gulika 1:48PM – 3:18PM	Hasta Until 1:45AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	
	Family Home Evening	566165473	Yama 10:48AM – 12:18PM	Brahma Until 2:11AM Tue	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 22 - 15
	Creative Work Siddha Yoga		Rahu 7:48AM – 9:18AM	Kintughna Until 10:50AM	Nataraja: Clear		Prathama
			Prathama* Until 10:38PM	Moon – Green		Bhuloka Day	
						Ashvina-Puratasi	
						Devaloka Time: 6:PM to 9:PM	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang

1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Carcare, Switzerland Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 25.4	Tithi 2	Gulika 12:18PM – 1:48PM	Chitra Until 1:41AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:20AM	Muruqa: White <i>Sunset:</i> 6:16PM	Moon 9 - Phase 23 - 16
			566165473 Rahu 3:17PM – 4:47PM	Indra Until 12:31AM Wed	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga		Balava Until 10:21AM Dvitiya Until 9:57PM	Moon – Green	Bhuloka Day Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Carcare, Switzerland Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 9.05	Tithi 3	Gulika 10:48AM – 12:18PM	Svati Until 1:09AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:21AM	Muruqa: White <i>Sunset:</i> 6:14PM	Moon 9 - Phase 23 - 17
			666165473 Rahu 12:18PM – 1:47PM	Vaidhriti* Until 10:32PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga		Taitila Until 9:29AM Tritiya Until 8:54PM	Moon – Green	Bhuloka Day Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturtham Titau				Carcare, Switzerland Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 22.4	Tithi 4	Gulika 9:20AM – 10:48AM	Vishakha Until 12:37AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:22AM	Muruqa: White <i>Sunset:</i> 6:13PM	Moon 9 - Phase 23 - 18
			676165473 Rahu 1:46PM – 3:15PM	Vishkambha* Until 8:19PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga		Vanija Until 9:17AM Chaturthi Until 7:34PM	Moon – Orange	Bhuloka Day Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Panchami/Shashtham Titau				Carcare, Switzerland Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 6.25	Tithi 5 – 6	Gulika 7:52AM – 9:20AM	Anuradha Until 11:41PM	Ganesha: Blue <i>Sunrise:</i> 6:23AM	Muruqa: White <i>Sunset:</i> 6:11PM	Moon 9 - Phase 23 - 19
			676165473 Rahu 10:49AM – 12:17PM	Priti Until 5:56PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga		Bava Until 6:49AM Panchami Until 5:58PM	Moon – Orange	Bhuloka Day Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 20.19	Tithi 6 – 7	Gulika 6:24AM – 7:52AM	Jyeshtha* Until 10:26PM	Ganesha: Blue <i>Sunrise:</i> 6:24AM	Muruqa: White <i>Sunset:</i> 6:09PM	Moon 9 - Phase 23 - 20
			687166473 Rahu 9:21AM – 10:49AM	Ayushman Until 3:21PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga		Gara Until 3:13AM Sun Shashthi* Until 4:10PM	Moon – Orange	Bhuloka Day Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika 3:12PM – 4:39PM	Mula* Until 9:17PM	Ganesha: Blue <i>Sunrise:</i> 6:26AM	Muruqa: Green <i>Sunset:</i> 6:07PM	Moon 9 - Phase 23 - 21
	Dhanus Rasi: 4.2	Tithi 7 – 8	687166473 Rahu 4:39PM – 6:07PM	Saubhagya Until 12:38PM	Nataraja: Clear		Ashtami
	Creative Work	Amrita Yoga		Visiti Until 1:10AM Mon Saptami Until 2:12PM	Moon – Light Blue	Sivaloka Day Ashvina+Puratasi	

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:43PM – 3:11PM	Purvashadha* Until 7:52PM	Ganesha: Blue <i>Sunrise:</i> 6:27AM	Muruqa: Green <i>Sunset:</i> 6:05PM	Moon 9 - Phase 23 - 22
	Dhanus Rasi: 18.28	Tithi 8 – 9	687166473 Rahu 7:54AM – 9:21AM	Sobhana Until 9:48AM	Nataraja: Clear		Navami
	Family Home Evening	Marana Yoga		Balava Until 10:59PM Ashtami* Until 12:05PM	Moon – Light Blue	Sivaloka Day Ashvina+Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang


1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 170	
Makara Rasi: 2.4	Tithi 9 – 10	Gulika	12:16PM – 1:43PM	Uttarashadha Until 6:12PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Subhakrit 5124
		Yama	9:22AM – 10:49AM	Athiganda* Until 6:51AM	Muruqa: Green	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 24 - 23
		687166473 Rahu	3:10PM – 4:37PM	Taitila Until 8:43PM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga			Navami* Until 9:50AM	Moon – Light Blue		Sivaloka Day
Until 6:12PM					Ashvina+Puratasi		
Then Creative Work - Siddha Yoga							

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 171	
Makara Rasi: 16.55	Tithi 10 – 11	Gulika	10:49AM – 12:15PM	Shravana Until 4:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM	Subhakrit 5124
		Yama	7:56AM – 9:22AM	Dhriti Until 12:50AM Thu	Muruqa: Green	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 24 - 24
		697166473 Rahu	12:15PM – 1:42PM	Vanija Until 6:24PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dashami Until 7:32AM	Moon – Purple		Devaloka Day
Until 4:46PM		Vijaya Dasami			Ashvina+Puratasi		
Then Routine Work - Prabalarishta Yoga							

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 172	
Kumbha Rasi: 1.11	Tithi 12	Gulika	9:23AM – 10:49AM	Dhanishtha Until 3:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Subhakrit 5124
		Yama	6:30AM – 7:57AM	Shula* Until 9:51PM	Muruqa: Green	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 24 - 25
		697166473 Rahu	1:41PM – 3:07PM	Bava Until 4:07PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 3:00AM Fri	Moon – Purple		Devaloka Day
					Ashvina+Puratasi		

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 173	
Kumbha Rasi: 15.23	Tithi 13	Gulika	7:57AM – 9:23AM	Shatabhishak Until 1:41PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Subhakrit 5124
		Yama	3:06PM – 4:32PM	Ganda* Until 7:01PM	Muruqa: Green	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 24 - 26
		697166473 Rahu	10:49AM – 12:15PM	Kaulava Until 1:58PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 12:58AM Sat	Moon – Purple		Devaloka Day
		Kadaitswami Mahasamadhi			Ashvina+Puratasi		
				<i>Pradosha Vrata</i>			

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 174	
Kumbha Rasi: 29.28	Tithi 14	Gulika	6:33AM – 7:58AM	Purvaproshtapada* Until 12:39PM	Ganesha: White	<i>Sunrise:</i> 6:33AM	Subhakrit 5124
		Yama	1:40PM – 3:05PM	Vriddhi Until 4:25PM	Muruqa: Green	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 24 - 27
		618166474 Rahu	9:24AM – 10:49AM	Gara Until 12:04PM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Chaturdashi* Until 11:13PM	Moon – Clear		Bhuloka Day
Until 12:39PM		Chidambaram Abhishekam			Ashvina+Puratasi		
Then Creative Work - Siddha Yoga							

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Carcare, Switzerland Sutra 175	
Copper Retreat Star		Gulika	3:04PM – 4:29PM	Uttarproshthapada Until 11:50AM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Subhakrit 5124
Meena Rasi: 13.19	Tithi 15	Yama	12:14PM – 1:39PM	Dhruva Until 2:05PM	Muruqa: Green	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 24 - Purnima
		618166474 Rahu	4:29PM – 5:54PM	Visti Until 10:31AM	Nataraja: Purple		
Creative Work	Amrita Yoga			Purnima* Until 9:54PM	Moon – Clear		Bhuloka Day
					Ashvina+Puratasi		

Monday, October 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Carcare, Switzerland Sutra 176	
Meena Rasi: 26.55	Tithi 16	Gulika	1:39PM – 3:03PM	Revati Until 11:21AM	Ganesha: White	<i>Sunrise:</i> 6:35AM	Subhakrit 5124
Family Home Evening		Yama	10:49AM – 12:14PM	Vyaghata* Until 12:10PM	Muruqa: Green	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 24 - Prathama
		618166474 Rahu	8:00AM – 9:25AM	Balava Until 9:28AM	Nataraja: Purple		
Creative Work	Siddha Yoga			Prathama* Until 9:07PM	Moon – Clear		Bhuloka Day
					Ashvina+Puratasi		



Tuesday, October 11, 2022
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland
 Sun 1 Sutra 177
 Subhakit 5124

Mesha Rasi: 10.11 Tithi 17
 628176474 Rahu

Gulika 12:14PM – 1:38PM
 Yama 9:25AM – 10:49AM
 Rahu 3:02PM – 4:27PM

Ashvini Until 11:45AM
 Harshana Until 10:44AM
 Taitila Until 8:59AM
Dvitiya Until 8:58PM

Ganesha: Yellow Sunrise: 6:36AM
 Muruga: White Sunset: 5:51PM
 Nataraja: Purple
 Moon – White

Moon 10 - Phase 25 - 1
 1st Phase

Creative Work Siddha Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
 Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Carcare, Switzerland
 Sun 2 Sutra 178
 Subhakit 5124

Mesha Rasi: 23.08 Tithi 18
 628176474 Rahu

Gulika 10:50AM – 12:13PM
 Yama 8:02AM – 9:26AM
 Rahu 12:13PM – 1:37PM

Bharani Until 12:38PM
 Vajra* Until 9:47AM
 Vanija Until 9:10AM
Tritiya Until 9:30PM

Ganesha: Yellow Sunrise: 6:38AM
 Muruga: White Sunset: 5:49PM
 Nataraja: Purple
 Moon – White

Moon 10 - Phase 25 - 2
 1st Phase

Creative Work Siddha Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

Until 12:38PM
 Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
 Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Carcare, Switzerland
 Sun 3 Sutra 179
 Subhakit 5124

Vrishabha Rasi: 5.45 Tithi 19
 628176474 Rahu

Gulika 9:26AM – 10:50AM
 Yama 6:39AM – 8:03AM
 Rahu 1:37PM – 3:00PM

Krittika Until 2:01PM
 Siddhi Until 9:23AM
 Bava Until 10:02AM
Chaturthi* Until 10:41PM

Ganesha: Yellow Sunrise: 6:39AM
 Muruga: White Sunset: 5:47PM
 Nataraja: Purple
 Moon – White

Moon 10 - Phase 25 - 3
 1st Phase

Routine Work Marana Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland
 Sun 4 Sutra 180
 Subhakit 5124

Vrishabha Rasi: 18.05 Tithi 20
 638176474 Rahu

Gulika 8:03AM – 9:27AM
 Yama 2:59PM – 4:23PM
 Rahu 10:50AM – 12:13PM

Rohini Until 4:19PM
 Vyatipata* Until 9:28AM
 Kaulava Until 11:32AM
Panchami Until 12:27AM Sat

Ganesha: Blue Sunrise: 6:40AM
 Muruga: White Sunset: 5:46PM
 Nataraja: Purple
 Moon – Yellow

Moon 10 - Phase 25 - 4
 1st Phase

Routine Work Marana Yoga

Bhuloka Day

Until 4:19PM
 Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
 Mrigashira Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland
 Sun 5 Sutra 181
 Subhakit 5124

Mithuna Rasi: 0.12 Tithi 21
 639176474 Rahu

Gulika 6:41AM – 8:04AM
 Yama 1:36PM – 2:58PM
 Rahu 9:27AM – 10:50AM

Mrigashira Until 6:55PM
 Variyan Until 9:56AM
 Gara Until 1:32PM
Shashthi* Until 2:39AM Sun

Ganesha: Red Sunrise: 6:41AM
 Muruga: White Sunset: 5:44PM
 Nataraja: Purple
 Moon – Yellow

Moon 10 - Phase 25 - 5
 1st Phase

Creative Work Siddha Yoga

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ardra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Carcare, Switzerland
 Sun 6 Sutra 182
 Subhakit 5124

Mithuna Rasi: 12.1 Tithi 22
 639176474 Rahu

Gulika 2:57PM – 4:20PM
 Yama 12:13PM – 1:35PM
 Rahu 4:20PM – 5:42PM

Ardra Until 9:37PM
 Parigha* Until 10:40AM
 Visti Until 3:52PM
Saptami Until 5:04AM Mon

Ganesha: Red Sunrise: 6:43AM
 Muruga: White Sunset: 5:42PM
 Nataraja: Purple
 Moon – Yellow

Moon 10 - Phase 25 - 6
 1st Phase

Creative Work Siddha Yoga

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Punarvasu Nakshatra Shiva/Siddha Yoga Balava Karana Ashtamyam Titau

Carcare, Switzerland
 Sun 7 Sutra 183
 Subhakit 5124

Mithuna Rasi: 24.04 Tithi 23
 649176474 Rahu

Gulika 1:34PM – 2:57PM
 Yama 10:50AM – 12:12PM
 Rahu 8:06AM – 9:28AM

Punarvasu Until 12:42AM Tue
 Shiva Until 11:32AM
 Balava Until 6:18PM
Ashtami* Until 7:29AM Tue

Ganesha: Green Sunrise: 6:44AM
 Muruga: White Sunset: 5:41PM
 Nataraja: Purple
 Moon – Blue

Moon 10 - Phase 25 - 7
 Ashtami

Creative Work Amrita Yoga

Devaloka Day

Until 12:42AM Tue
 Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland
 Sun 8 Sutra 184
 Subhakit 5124

Kataka Rasi: 5.57 Tithi 23 – 24
 649176474 Rahu

Gulika 12:12PM – 1:34PM
 Yama 9:29AM – 10:50AM
 Rahu 2:56PM – 4:17PM

Pushya Until 3:29AM Wed
 Siddha Until 12:20PM
 Taitila Until 8:39PM
Ashtami* Until 7:29AM

Ganesha: Green Sunrise: 6:45AM
 Muruga: White Sunset: 5:39PM
 Nataraja: Purple
 Moon – Blue

Moon 10 - Phase 25 - 8
 Navami

Creative Work Siddha Yoga

Devaloka Day
 Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang


1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Varija Karana Navami/Dashamyam Titau			Carcare, Switzerland Sun 9 Sutra 185	
	Kataka Rasi: 17.55	Tithi 24 – 25	649176474	Gulika 10:51AM – 12:12PM Yama 8:08AM – 9:29AM Rahu 12:12PM – 1:33PM	Ashlesha* Until 5:47AM Thu Sadhya Until 12:58PM Vanija Until 10:42PM Navami* Until 9:42AM	Ganesha: Green <i>Sunrise:</i> 6:47AM Muruqa: White <i>Sunset:</i> 5:37PM Nataraja: Purple Moon – Blue	Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Siddha Yoga Until 5:47AM Thu Then Creative Work - Amrita Yoga						Devaloka Day	

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Carcare, Switzerland Sun 10 Sutra 186	
	Simha Rasi: 0.01	Tithi 25 – 26	659276474	Gulika 9:30AM – 10:51AM Yama 6:48AM – 8:09AM Rahu 1:33PM – 2:54PM	Magha* Until 7:55AM Fri Subha Until 1:19PM Bava Until 12:17AM Fri Dashami Until 11:32AM	Ganesha: Green <i>Sunrise:</i> 6:48AM Muruqa: White <i>Sunset:</i> 5:36PM Nataraja: Purple Moon – Red	Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Amrita Yoga Until 7:55AM Fri Then Creative Work - Siddha Yoga						Bhuloka Day	

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Carcare, Switzerland Sun 11 Sutra 187	
	Simha Rasi: 12.2	Tithi 26 – 27	659276474	Gulika 8:10AM – 9:30AM Yama 2:53PM – 4:14PM Rahu 10:51AM – 12:12PM	Magha* Until 7:55AM Sukla Until 1:13PM Kaulava Until 1:18AM Sat Ekadashi* Until 12:51PM	Ganesha: Green <i>Sunrise:</i> 6:49AM Muruqa: White <i>Sunset:</i> 5:34PM Nataraja: Purple Moon – Red	Moon 10 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 7:55AM Then Creative Work - Siddha Yoga						Bhuloka Day	

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantla Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau			Carcare, Switzerland Sun 12 Sutra 188	
	Simha Rasi: 24.54	Tithi 27 – 28	659276474	Gulika 6:50AM – 8:11AM Yama 1:32PM – 2:52PM Rahu 9:31AM – 10:51AM	Purvaphalguni Until 9:18AM Brahma Until 12:39PM Gara Until 1:40AM Sun Dvadashi* Until 1:33PM	Ganesha: Green <i>Sunrise:</i> 6:50AM Muruqa: White <i>Sunset:</i> 5:33PM Nataraja: Purple Moon – Red	Moon 10 - Phase 26 - 12 2nd Phase
Creative Work Siddha Yoga Until 9:18AM Then Routine Work - Marana Yoga						Bhuloka Day	
<i>Pradosha Vrata (Fasting)</i>							

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Carcare, Switzerland Sun 13 Sutra 189	
	Kanya Rasi: 7.46	Tithi 28 – 29	651276474	Gulika 2:51PM – 4:11PM Yama 12:11PM – 1:31PM Rahu 4:11PM – 5:31PM	Uttaraphalguni Until 9:55AM Indra Until 11:37AM Visti Until 1:23AM Mon Trayodashi* Until 1:35PM	Ganesha: Purple <i>Sunrise:</i> 6:52AM Muruqa: White <i>Sunset:</i> 5:31PM Nataraja: Purple Moon – Red	Moon 10 - Phase 26 - 13 2nd Phase
Creative Work Amrita Yoga Until 10:13AM Then Routine Work - Prabalarishta Yoga			Deepavali Hindu Solidarity Day			Bhuloka Day	

	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Carcare, Switzerland Sun 14 Sutra 190	
	Kanya Rasi: 20.58	Tithi 29 – 30	661276474	Gulika 1:31PM – 2:50PM Yama 10:52AM – 12:11PM Rahu 8:13AM – 9:32AM	Hasta Until 10:13AM Vaidhriti* Until 10:02AM Catuspada Until 12:30AM Tue Chaturdashi* Until 1:00PM	Ganesha: Light Blue <i>Sunrise:</i> 6:53AM Muruqa: White <i>Sunset:</i> 5:29PM Nataraja: Purple Moon – Green	Moon 10 - Phase 26 - 14 Amavasya
Creative Work Siddha Yoga Until 10:13AM Then Routine Work - Prabalarishta Yoga			Subramuniyaswami Mahasamadhi			Bhuloka Day	

Retreat Star	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Carcare, Switzerland Sun 15 Sutra 191	
	Tula Rasi: 4.29	Tithi 30 – 1	661276474	Gulika 12:11PM – 1:30PM Yama 9:33AM – 10:52AM Rahu 2:49PM – 4:09PM	Chitra Until 9:47AM Vishkambha* Until 8:01AM Kintughna Until 11:06PM Amavasya* Until 11:50AM	Ganesha: Light Blue <i>Sunrise:</i> 6:54AM Muruqa: White <i>Sunset:</i> 5:28PM Nataraja: Purple Moon – Green	Moon 10 - Phase 26 - 15 Prathama
Creative Work Siddha Yoga			Skanda Shasthi Begins			Bhuloka Day	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Carcare, Switzerland	
	Tula Rasi: 18.19		Svati/Vishakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 16		Sutra 192	
	Tithi 1 - 2		Gulika 10:52AM - 12:11PM	Svati Until 8:45AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:56AM	Subhakit 5124	
	661276574		Yama 8:14AM - 9:33AM	Ayushman Until 2:54AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Moon 10 - Phase 27 - 16	
Creative Work Siddha Yoga		Rahu 12:11PM - 1:30PM	Balava Until 9:16PM	Nataraja: Clear	Moon - Green		3rd Phase	
			Prathama* Until 10:13AM	Karttika-Aipasi	Bhuloka Day		Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Carcare, Switzerland	
	Vrischika Rasi: 2.22		Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 17		Sutra 193	
	Tithi 2 - 3		Gulika 9:34AM - 10:52AM	Vishakha Until 7:38AM	Ganesha: Purple	<i>Sunrise:</i> 6:57AM	Subhakit 5124	
	671276574		Yama 6:57AM - 8:15AM	Saubhagya Until 11:57PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 27 - 17	
Creative Work Siddha Yoga		Rahu 1:29PM - 2:48PM	Taitila Until 7:09PM	Nataraja: Clear	Moon - Orange		3rd Phase	
			Dvitiya Until 8:13AM	Karttika-Aipasi	Bhuloka Day		Devaloka Time: 3:PM to 6:PM	

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Carcare, Switzerland	
	Vrischika Rasi: 16.35		Anuradha/Jyeshtha Nakshatra Sobhana Yoga Gara/Visti Karana Tritiya/Chaturtham Titau		Sun 18		Sutra 194	
	Tithi 3 - 4		Gulika 8:16AM - 9:34AM	Anuradha Until 6:07AM	Ganesha: Purple	<i>Sunrise:</i> 6:58AM	Subhakit 5124	
	671276574		Yama 2:47PM - 4:05PM	Sobhana Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 27 - 18	
Creative Work Siddha Yoga		Rahu 10:53AM - 12:11PM	Visti Until 3:38AM Sat	Nataraja: Clear	Moon - Orange		3rd Phase	
Until 6:07AM			Tritiya Until 6:00AM	Karttika-Aipasi	Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Carcare, Switzerland	
	Dhanus Rasi: 0.53		Mula Nakshatra Athiganda/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Sun 19		Sutra 195	
	Tithi 5		Gulika 7:00AM - 8:17AM	Mula* Until 2:49AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:00AM	Subhakit 5124	
	681276574		Yama 1:28PM - 2:46PM	Athiganda* Until 5:45PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 27 - 19	
Creative Work Siddha Yoga		Rahu 9:35AM - 10:53AM	Bava Until 2:27PM	Nataraja: Clear	Moon - Light Blue		3rd Phase	
			Panchami Until 1:14AM Sun	Karttika-Aipasi	Devaloka Day			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Carcare, Switzerland	
	Dhanus Rasi: 15.13		Purvashadha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 20		Sutra 196	
	Tithi 6		Gulika 2:46PM - 4:03PM	Purvashadha* Until 1:11AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:01AM	Subhakit 5124	
	681276574		Yama 12:11PM - 1:28PM	Sukarma Until 2:39PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 27 - 20	
Creative Work Siddha Yoga		Rahu 4:03PM - 5:20PM	Kaulava Until 12:03PM	Nataraja: Clear	Moon - Light Blue		3rd Phase	
Until 1:11AM Mon			Skanda Shasthi	Shashthi* Until 10:52PM	Karttika-Aipasi		Devaloka Day	
Then Routine Work - Marana Yoga								

6	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Carcare, Switzerland	
	Dhanus Rasi: 29.31		Uttarashadha Nakshatra Dhriti/Shula Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21		Sutra 197	
	Tithi 7		Gulika 1:28PM - 2:45PM	Uttarashadha Until 11:33PM	Ganesha: Clear	<i>Sunrise:</i> 7:02AM	Subhakit 5124	
	681276574		Yama 10:53AM - 12:11PM	Dhriti Until 11:37AM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 27 - 21	
Family Home Evening		Rahu 8:19AM - 9:36AM	Gara Until 9:45AM	Nataraja: Clear	Moon - Light Blue		3rd Phase	
Routine Work Marana Yoga			Saptami Until 8:38PM	Karttika-Aipasi	Devaloka Day			
Until 11:33PM								
Then Creative Work - Amrita Yoga								

Retreat Star	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Carcare, Switzerland	
	Makara Rasi: 13.43		Shravana Nakshatra Shula/Ganda Yoga Visti/Bava Karana Ashtamyam Titau		Sun 22		Sutra 198	
	Tithi 8		Gulika 12:11PM - 1:27PM	Shravana Until 10:21PM	Ganesha: White	<i>Sunrise:</i> 7:04AM	Subhakit 5124	
	691276574		Yama 9:37AM - 10:54AM	Shula* Until 8:41AM	Muruqa: Clear	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 27 - 22	
Creative Work Siddha Yoga		Rahu 2:44PM - 4:01PM	Visti Until 7:35AM	Nataraja: Clear	Moon - Purple		Ashtami	
			Ashtami* Until 6:33PM	Karttika-Aipasi	Bhuloka Day		Devaloka Time: 3:PM to 6:PM	

Retreat Star	Wednesday, November 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Carcare, Switzerland	
	Makara Rasi: 27.47		Dhanishtha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Sutra 199	
	Tithi 9 - 10		Gulika 10:54AM - 12:11PM	Dhanishtha Until 9:14PM	Ganesha: Green	<i>Sunrise:</i> 7:05AM	Subhakit 5124	
	692276574		Yama 8:21AM - 9:38AM	Vriddhi Until 3:20AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:16PM	Moon 10 - Phase 27 - 23	
Routine Work Prabalarishta Yoga		Rahu 12:11PM - 1:27PM	Taitila Until 3:51AM Thu	Nataraja: Clear	Moon - Purple		Navami	
Until 9:14PM			Navami* Until 4:41PM	Karttika-Aipasi	Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Thursday, November 3, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 11.44 Tithi 10 - 11	Gulika 9:38AM - 10:54AM	Shatabhishak Until 8:12PM	Ganesha: Green <i>Sunrise: 7:06AM</i>
	692276574	Yama 7:06AM - 8:22AM	Dhruva Until 12:56AM Fri	Muruqa: Clear <i>Sunset: 5:15PM</i>
	Creative Work Siddha Yoga	Rahu 1:27PM - 2:43PM	Vanija Until 2:22AM Fri	Nataraja: Clear Moon - Purple
		Dashami Until 3:03PM	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

2	Friday, November 4, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 25.31 Tithi 11 - 12	Gulika 8:23AM - 9:39AM	Purvaproshtapada* Until 7:44PM	Ganesha: Blue <i>Sunrise: 7:08AM</i>
	612276574	Yama 2:42PM - 3:58PM	Vyaghata* Until 10:46PM	Muruqa: Clear <i>Sunset: 5:14PM</i>
	Creative Work Siddha Yoga	Rahu 10:55AM - 12:11PM	Bava Until 1:10AM Sat	Nataraja: Clear Moon - Clear
		Ekadashi Until 1:42PM	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

3	Saturday, November 5, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 202 Subhakrit 5124
	Meena Rasi: 9.07 Tithi 12 - 13	Gulika 7:09AM - 8:24AM	Uttaraproshtapada Until 7:28PM	Ganesha: Blue <i>Sunrise: 7:09AM</i>
	612276574	Yama 1:26PM - 2:41PM	Harshana Until 8:54PM	Muruqa: Clear <i>Sunset: 5:12PM</i>
	Creative Work Siddha Yoga Until 7:28PM Then Routine Work - Prabararishta Yoga	Rahu 9:40AM - 10:55AM	Kaulava Until 12:19AM Sun	Nataraja: Clear Moon - Clear
		Dvadashi Until 12:40PM	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

4	Sunday, November 6, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 203 Subhakrit 5124
	Meena Rasi: 22.31 Tithi 13 - 14	Gulika 2:41PM - 3:56PM	Revati Until 7:25PM	Ganesha: Blue <i>Sunrise: 7:10AM</i>
	612276574	Yama 12:11PM - 1:26PM	Vajra* Until 7:18PM	Muruqa: Clear <i>Sunset: 5:11PM</i>
	Creative Work Amrita Yoga Until 7:25PM Then Creative Work - Siddha Yoga	Rahu 3:56PM - 5:11PM	Gara Until 11:52PM	Nataraja: Clear Moon - Clear
		Trayodashi Until 12:01PM	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

○	Monday, November 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Carcare, Switzerland Sutra 204 Subhakrit 5124
	Copper Retreat Star	Gulika 1:25PM - 2:40PM	Ashvini Until 8:07PM	Ganesha: Blue <i>Sunrise: 7:12AM</i>
	Mesha Rasi: 5.41 Tithi 14 - 15	Yama 10:56AM - 12:11PM	Siddhi Until 6:05PM	Muruqa: Clear <i>Sunset: 5:10PM</i>
	Family Home Evening 722276574	Rahu 8:26AM - 9:41AM	Visti Until 11:52PM	Nataraja: Clear Moon - White
Creative Work Siddha Yoga	Chaturdashi* Until 11:47AM		Bhuloka Day	Devaloka Time: 3:PM to 6:PM

○	Tuesday, November 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Carcare, Switzerland Sutra 205 Subhakrit 5124
	Silver Retreat Star	Gulika 12:11PM - 1:25PM	Bharani Until 9:08PM	Ganesha: Blue <i>Sunrise: 7:13AM</i>
	Mesha Rasi: 18.37 Tithi 15 - 16	Yama 9:42AM - 10:56AM	Vyatipata* Until 5:14PM	Muruqa: Clear <i>Sunset: 5:09PM</i>
	722276574	Rahu 2:40PM - 3:54PM	Balava Until 12:23AM Wed	Nataraja: Clear Moon - White
Creative Work Siddha Yoga	Purnima* Until 12:02PM		Bhuloka Day	Devaloka Time: 3:PM to 6:PM

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Carcare, Switzerland

Sutra 206

Subhakit 5124

Vrishabha Rasi: 1.19 Tithi 16 - 17

722276574

Gulika 10:57AM - 12:11PM
Yama 8:28AM - 9:42AM
Rahu 12:11PM - 1:25PM

Krittika **Until 10:29PM**
Varyan **Until 4:46PM**
Taitila **Until 1:25AM Thu**
Prathama* Until 12:49PM

Ganesha: Blue *Sunrise: 7:14AM*
Muruqa: Clear *Sunset: 5:07PM*
Nataraja: Clear
Moon - White
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga
Until 10:29PM
Then Creative Work - Siddha Yoga

1 Thursday, November 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 207

Subhakit 5124

Vrishabha Rasi: 13.47 Tithi 17 - 18

732276574

Gulika 9:43AM - 10:57AM
Yama 7:16AM - 8:29AM
Rahu 1:25PM - 2:39PM

Rohini **Until 12:39AM Fri**
Parigha* **Until 4:42PM**
Vanija **Until 2:56AM Fri**
Dvitiya Until 2:06PM

Ganesha: Red *Sunrise: 7:16AM*
Muruqa: Clear *Sunset: 5:06PM*
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Devaloka Day

Routine Work Marana Yoga
Until 12:39AM Fri
Then Creative Work - Siddha Yoga

2 Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Carcare, Switzerland

Sun 2 Sutra 208

Subhakit 5124

Vrishabha Rasi: 26.02 Tithi 18 - 19

732276574

Gulika 8:30AM - 9:44AM
Yama 2:38PM - 3:52PM
Rahu 10:57AM - 12:11PM

Mrigashira **Until 3:05AM Sat**
Shiva **Until 5:00PM**
Bava **Until 4:55AM Sat**
Tritiya Until 3:51PM

Ganesha: Red *Sunrise: 7:17AM*
Muruqa: Clear *Sunset: 5:05PM*
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3 Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava Karana Chaturthayam Titau

Carcare, Switzerland

Sun 3 Sutra 209

Subhakit 5124

Mithuna Rasi: 8.07 Tithi 19

732276574

Gulika 7:18AM - 8:31AM
Yama 1:24PM - 2:38PM
Rahu 9:45AM - 10:58AM

Ardra **Until 5:39AM Sun**
Siddha **Until 5:34PM**
Balava **Until 6:00PM**
Chaturthi* Until 6:00PM

Ganesha: Red *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 5:04PM*
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4 Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland

Sun 4 Sutra 210

Subhakit 5124

Mithuna Rasi: 20.04 Tithi 20

742276574

Gulika 2:37PM - 3:50PM
Yama 12:11PM - 1:24PM
Rahu 3:50PM - 5:03PM

Punarvasu **Until 8:45AM Mon**
Sadhya **Until 6:19PM**
Kaulava **Until 7:12AM**
Panchami Until 8:24PM

Ganesha: Green *Sunrise: 7:20AM*
Muruqa: Clear *Sunset: 5:03PM*
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5 Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland

Sun 5 Sutra 211

Subhakit 5124

Kataka Rasi: 1.58 Tithi 21

742376574

Gulika 1:24PM - 2:37PM
Yama 10:59AM - 12:11PM
Rahu 8:33AM - 9:46AM

Punarvasu **Until 8:45AM**
Subha **Until 7:11PM**
Gara **Until 9:41AM**
Shashthi* Until 10:54PM

Ganesha: White *Sunrise: 7:21AM*
Muruqa: Clear *Sunset: 5:02PM*
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Family Home Evening
Creative Work Amrita Yoga
Until 8:45AM
Then Creative Work - Siddha Yoga

6 Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Carcare, Switzerland

Sun 6 Sutra 212

Subhakit 5124

Kataka Rasi: 13.5 Tithi 22

743376574

Gulika 12:12PM - 1:24PM
Yama 9:47AM - 10:59AM
Rahu 2:36PM - 3:49PM

Pushya **Until 11:40AM**
Sukla **Until 7:57PM**
Visti **Until 12:09PM**
Saptami Until 1:18AM Wed

Ganesha: Green *Sunrise: 7:22AM*
Muruqa: Clear *Sunset: 5:01PM*
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Retreat Star Wednesday, November 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland

Sun 7 Sutra 213

Subhakit 5124

Kataka Rasi: 25.47 Tithi 23

743376574

Gulika 11:00AM - 12:12PM
Yama 8:36AM - 9:48AM
Rahu 12:12PM - 1:24PM

Ashlesha* **Until 2:15PM**
Brahma **Until 8:33PM**
Balava **Until 2:26PM**
Ashtami* Until 3:24AM Thu

Ganesha: Green *Sunrise: 7:24AM*
Muruqa: Clear *Sunset: 5:00PM*
Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Retreat Star Thursday, November 17, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland

Sun 8 Sutra 214

Subhakit 5124

Simha Rasi: 7.5 Tithi 24

753376575

Gulika 9:48AM - 11:00AM
Yama 7:25AM - 8:37AM
Rahu 1:24PM - 2:35PM

Magha* **Until 4:47PM**
Indra **Until 8:49PM**
Taitila **Until 4:19PM**
Navami* Until 5:01AM Fri

Ganesha: Orange *Sunrise: 7:25AM*
Muruqa: Clear *Sunset: 4:59PM*
Nataraja: Purple
Moon - Red
Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga
Until 4:47PM
Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1	Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam				Carcare, Switzerland	
			Purvaphalguni Nakshatra Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 215	
	Simha Rasi: 20.07	Tithi 25	Gulika 8:38AM – 9:49AM	Purvaphalguni Until 6:35PM	Ganesha: Orange	<i>Sunrise:</i> 7:26AM	Subhakrit 5124	
			Yama 2:35PM – 3:47PM	Vaidhrili* Until 8:37PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 11 - Phase 30 - 9	
		753376575 Rahu 11:01AM – 12:12PM	Vanija Until 5:37PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga		Dashami Until 6:00AM Sat	Moon – Red		Sivaloka Day		
				Karttika-Karttikai				


2	Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam				Carcare, Switzerland	
			Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekashyam Titau				Sun 10 Sutra 216	
	Kanya Rasi: 2.4	Tithi 25 – 26	Gulika 7:27AM – 8:39AM	Uttaraphalguni Until 7:34PM	Ganesha: Orange	<i>Sunrise:</i> 7:27AM	Subhakrit 5124	
			Yama 1:24PM – 2:35PM	Vishkambha* Until 7:53PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 30 - 10	
		753376575 Rahu 9:50AM – 11:01AM	Bava Until 6:13PM	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga		Dashami Until 6:00AM	Moon – Red		Sivaloka Day		
				Karttika-Karttikai				

3	Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Carcare, Switzerland	
			Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Sun 11 Sutra 217	
	Kanya Rasi: 15.33	Tithi 26 – 27	Gulika 2:35PM – 3:46PM	Hasta Until 8:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:29AM	Subhakrit 5124	
			Yama 12:13PM – 1:24PM	Priti Until 6:33PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 30 - 11	
		753376575 Rahu 3:46PM – 4:56PM	Kaulava Until 6:03PM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga		Ekadashi* Until 6:13AM	Moon – Green		Devaloka Day		
Until 8:07PM				Karttika-Karttikai				
Then Creative Work - Siddha Yoga								

4	Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam				Carcare, Switzerland	
			Chitra Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 218	
	Kanya Rasi: 28.51	Tithi 28	Gulika 1:24PM – 2:34PM	Chitra Until 7:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:30AM	Subhakrit 5124	
	Family Home Evening		Yama 11:02AM – 12:13PM	Ayushman Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 30 - 12	
		753376575 Rahu 8:41AM – 9:51AM	Gara Until 5:07PM	Nataraja: Purple		2nd Phase		
Routine Work	Prabalarishta Yoga		Trayodashi* Until 4:22AM Tue	Moon – Green		Devaloka Day		
Until 7:45PM				Karttika-Karttikai				
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>					

5	Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam				Carcare, Switzerland	
			Svati Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 219	
	Tula Rasi: 12.34	Tithi 29	Gulika 12:13PM – 1:24PM	Svati Until 6:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:31AM	Subhakrit 5124	
			Yama 9:52AM – 11:03AM	Saubhagya Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 30 - 13	
		753376575 Rahu 2:34PM – 3:44PM	Visti Until 3:30PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 2:26AM Wed	Moon – Green		Devaloka Day		
Until 6:34PM				Karttika-Karttikai				
Then Routine Work - Marana Yoga								

	Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam				Carcare, Switzerland	
	Retreat Star		Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 220	
	Tula Rasi: 26.4	Tithi 30	Gulika 11:03AM – 12:13PM	Vishakha Until 5:07PM	Ganesha: Purple	<i>Sunrise:</i> 7:33AM	Subhakrit 5124	
			Yama 8:43AM – 9:53AM	Sobhana Until 11:09AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 30 - 14	
		773376575 Rahu 12:13PM – 1:24PM	Catuspada Until 1:16PM	Nataraja: Purple		Amavasya		
Creative Work	Siddha Yoga		Amavasya* Until 11:58PM	Moon – Orange		Devaloka Day		
				Karttika-Karttikai				

	Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				Carcare, Switzerland	
	Retreat Star		Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 221	
	Vrischika Rasi: 11.07	Tithi 1	Gulika 9:54AM – 11:04AM	Anuradha Until 3:06PM	Ganesha: Purple	<i>Sunrise:</i> 7:34AM	Subhakrit 5124	
			Yama 7:34AM – 8:44AM	Athiganda* Until 7:48AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 30 - 15	
		773376575 Rahu 1:24PM – 2:34PM	Kintughna Until 10:36AM	Nataraja: Purple		Prathama		
Creative Work	Siddha Yoga		Prathama* Until 9:08PM	Moon – Orange		Devaloka Day		
Until 3:06PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Carcare, Switzerland Sun 16 Sutra 222
	Vrishchika Rasi: 25.47	Tithi 2	Gulika 8:45AM – 9:54AM	Jyeshtha* Until 12:41PM	Ganesha: Purple	<i>Sunrise:</i> 7:35AM	Subhakrit 5124
			Yama 2:33PM – 3:43PM	Dhriti Until 12:27AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 31 - 16
	Routine Work	Marana Yoga	793376575 Rahu 11:04AM – 12:14PM	Balava Until 7:39AM	Nataraja: Purple		3rd Phase
			Dvitiya Until 6:05PM	Moon – Orange		Devaloka Day	
				Margasira-Karttikai			

2	Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Carcare, Switzerland Sun 17 Sutra 223
	Dhanus Rasi: 10.35	Tithi 3 – 4	Gulika 7:36AM – 8:46AM	Mula* Until 10:26AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:36AM	Subhakrit 5124
			Yama 1:24PM – 2:33PM	Shula* Until 8:41PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 17
			783376575 Rahu 9:55AM – 11:05AM	Vanija Until 1:26AM Sun	Nataraja: Purple		3rd Phase
			Tritiya Until 2:57PM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

3	Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Carcare, Switzerland Sun 18 Sutra 224
	Dhanus Rasi: 25.22	Tithi 4 – 5	Gulika 2:33PM – 3:43PM	Purvashadha* Until 8:06AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:37AM	Subhakrit 5124
			Yama 12:15PM – 1:24PM	Ganda* Until 5:00PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 18
			783376575 Rahu 3:43PM – 4:52PM	Bava Until 10:29PM	Nataraja: Purple		3rd Phase
			Chaturthi* Until 11:55AM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

4	Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Carcare, Switzerland Sun 19 Sutra 225
	Makara Rasi: 10.01	Tithi 5 – 6	Gulika 1:24PM – 2:33PM	Shravana Until 4:06AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:39AM	Subhakrit 5124
	Family Home Evening		Yama 12:15PM – 1:24PM	Vridhi Until 1:32PM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 31 - 19
			793376575 Rahu 8:48AM – 9:57AM	Kaulava Until 7:47PM	Nataraja: Purple		3rd Phase
			Panchami Until 9:04AM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

5	Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Vanija Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 20 Sutra 226
	Makara Rasi: 24.27	Tithi 6 – 7	Gulika 12:15PM – 1:24PM	Dhanishtha Until 2:39AM Wed	Ganesha: Orange	<i>Sunrise:</i> 7:40AM	Subhakrit 5124
			Yama 9:58AM – 11:06AM	Dhruva Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 31 - 20
			793376575 Rahu 2:33PM – 3:42PM	Vanija Until 4:28AM Wed	Nataraja: Purple		3rd Phase
			Shashthi* Until 6:34AM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

Retreat Star	Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Carcare, Switzerland Sun 21 Sutra 227
	Kumbha Rasi: 8.37	Tithi 8	Gulika 11:07AM – 12:16PM	Shatabhishak Until 1:32AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:41AM	Subhakrit 5124
			Yama 8:50AM – 9:58AM	Vyaghata* Until 7:29AM	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 31 - 21
			794376575 Rahu 12:16PM – 1:24PM	Visti Until 3:37PM	Nataraja: Purple		Ashtami
			Ashtami* Until 2:51AM Thu	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

Retreat Star	Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Carcare, Switzerland Sun 22 Sutra 228
	Kumbha Rasi: 22.28	Tithi 9	Gulika 9:59AM – 11:08AM	Purvaproshtapada* Until 1:12AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:42AM	Subhakrit 5124
			Yama 7:42AM – 8:51AM	Vajra* Until 2:57AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 31 - 22
			714376575 Rahu 1:25PM – 2:33PM	Balava Until 2:15PM	Nataraja: Purple		Navami
			Navami* Until 1:45AM Fri	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau			Carcare, Switzerland Sun 23 Sutra 229	
Meena Rasi: 6	Tithi 10	Gulika 8:52AM – 10:00AM	Uttaraproshtpada Until 1:14AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:43AM	Subhakrit 5124		
		Yama 2:33PM – 3:41PM	Siddhi Until 1:18AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 32 - 23		
	714376575	Rahu 11:08AM – 12:16PM	Taitila Until 1:25PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 1:10AM Sat	Moon – Clear		Sivaloka Day		
Until 1:14AM Sat				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Carcare, Switzerland Sun 24 Sutra 230	
Meena Rasi: 19.16	Tithi 11	Gulika 7:44AM – 8:52AM	Revati Until 1:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:44AM	Subhakrit 5124		
		Yama 1:25PM – 2:33PM	Vyatipata* Until 12:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 32 - 24		
	714376575	Rahu 10:01AM – 11:09AM	Vanija Until 1:05PM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 1:06AM Sun	Moon – Clear		Sivaloka Day		
Until 1:37AM Sun				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan Yoga Bava/Balava Karana Dvodashyam Titau			Carcare, Switzerland Sun 25 Sutra 231	
Mesha Rasi: 2.16	Tithi 12	Gulika 2:33PM – 3:41PM	Ashvini Until 2:45AM Mon	Ganesha: Blue	<i>Sunrise:</i> 7:45AM	Subhakrit 5124		
		Yama 12:17PM – 1:25PM	Variyan Until 11:10PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 32 - 25		
	724376575	Rahu 3:41PM – 4:49PM	Bava Until 1:15PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 1:30AM Mon	Moon – White		Devaloka Day		
				Margasira-Karttikai				

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Carcare, Switzerland Sun 26 Sutra 232	
Mesha Rasi: 15.02	Tithi 13	Gulika 1:25PM – 2:33PM	Bharani Until 4:09AM Tue	Ganesha: Blue	<i>Sunrise:</i> 7:46AM	Subhakrit 5124		
Family Home Evening		Yama 11:10AM – 12:18PM	Parigha* Until 10:37PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 32 - 26		
	724376575	Rahu 8:54AM – 10:02AM	Kaulava Until 1:53PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 2:20AM Tue	Moon – White		Devaloka Day		
				Margasira-Karttikai				

Pradosha Vrata

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau			Carcare, Switzerland Sun 27 Sutra 233	
Mesha Rasi: 27.37	Tithi 14	Gulika 12:18PM – 1:26PM	Krittika Until 5:47AM Wed	Ganesha: Blue	<i>Sunrise:</i> 7:47AM	Subhakrit 5124		
		Yama 10:03AM – 11:10AM	Shiva Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 32 - 27		
	724376575	Rahu 2:33PM – 3:41PM	Gara Until 2:56PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 3:35AM Wed	Moon – White		Devaloka Day		
		Krittika Deepam		Margasira-Karttikai				

○		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau			Carcare, Switzerland Sutra 234	
Copper Retreat Star		Gulika 11:11AM – 12:19PM	Rohini Until 8:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:48AM	Subhakrit 5124		
Vrishabha Rasi: 10.01	Tithi 15	Yama 8:56AM – 10:03AM	Siddha Until 10:25PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 32 - Purnima		
	734376575	Rahu 12:19PM – 1:26PM	Visti Until 4:22PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 5:12AM Thu	Moon – Yellow		Sivaloka Day		
Until 8:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Balava Karana Prathamayam Titau			Carcare, Switzerland Sutra 235		
Silver Retreat Star		Gulika 10:04AM – 11:12AM	Rohini Until 8:05AM	Ganesha: Yellow	<i>Sunrise:</i> 7:49AM	Subhakrit 5124	
Vrishabha Rasi: 22.16	Tithi 16	Yama 7:49AM – 8:57AM	Sadhya Until 10:43PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - Prathama	
	734376575	Rahu 1:26PM – 2:34PM	Balava Until 6:10PM	Nataraja: Purple			
Routine Work	Marana Yoga		Prathama* Until 7:09AM Fri	Moon – Yellow		Sivaloka Day	
				Margasira-Karttikai			
		Vinayaga Viratam Begins					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Carcare, Switzerland

Sutra 236

Mithuna Rasi: 4.23 Tithi 16 – 17

Gulika 8:58AM – 10:05AM

Mrigashira Until 10:32AM

Ganesha: Red Sunrise: 7:50AM

Subhakrit 5124

Yama 2:34PM – 3:41PM

Subha Until 11:14PM

Muruqa: Clear Sunset: 4:48PM

Moon 12 - Phase 33 -

734476575 Rahu 11:12AM – 12:19PM

Taitila Until 8:15PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Prathama* Until 7:09AM

Moon – Yellow
Margasira-Karttikai

Sivaloka Day

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 237

Mithuna Rasi: 16.23 Tithi 17 – 18

Gulika 7:51AM – 8:58AM

Ardra Until 1:03PM

Ganesha: Red Sunrise: 7:51AM

Subhakrit 5124

Yama 1:27PM – 2:34PM

Sukla Until 11:54PM

Muruqa: Clear Sunset: 4:48PM

Moon 12 - Phase 33 - 1

734476575 Rahu 10:06AM – 11:13AM

Vanija Until 10:35PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 9:22AM

Moon – Yellow
Margasira-Karttikai

Sivaloka Day

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Carcare, Switzerland

Sun 2 Sutra 238

Mithuna Rasi: 28.19 Tithi 18 – 19

Gulika 2:34PM – 3:41PM

Punarvasu Until 4:06PM

Ganesha: Green Sunrise: 7:52AM

Subhakrit 5124

Yama 12:20PM – 1:27PM

Brahma Until 12:42AM Mon

Muruqa: Clear Sunset: 4:48PM

Moon 12 - Phase 33 - 2

744476575 Rahu 3:41PM – 4:48PM

Bava Until 1:04AM Mon

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Tritiya Until 11:47AM

Moon – Blue
Margasira-Karttikai

Devaloka Day

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 239

Kataka Rasi: 10.12 Tithi 19 – 20

Gulika 1:28PM – 2:35PM

Pushya Until 7:03PM

Ganesha: White Sunrise: 7:53AM

Subhakrit 5124

Yama 11:14AM – 12:21PM

Indra Until 1:33AM Tue

Muruqa: Clear Sunset: 4:49PM

Moon 12 - Phase 33 - 3

Family Home Evening

745476575 Rahu 9:00AM – 10:07AM

Kaulava Until 3:36AM Tue

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 2:19PM

Moon – Blue
Margasira-Karttikai

Devaloka Day

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland

Sun 4 Sutra 240

Kataka Rasi: 22.04 Tithi 20 – 21

Gulika 12:21PM – 1:28PM

Ashlesha* Until 9:48PM

Ganesha: White Sunrise: 7:54AM

Subhakrit 5124

Yama 10:08AM – 11:14AM

Vaidhriti* Until 2:19AM Wed

Muruqa: Clear Sunset: 4:49PM

Moon 12 - Phase 33 - 4

745476575 Rahu 2:35PM – 3:42PM

Gara Until 6:03AM Wed

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Panchami Until 4:49PM

Moon – Blue
Margasira-Karttikai

Devaloka Day

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland

Sun 5 Sutra 241

Simha Rasi: 3.59 Tithi 21

Gulika 11:15AM – 12:22PM

Magha* Until 12:42AM Thu

Ganesha: Clear Sunrise: 7:55AM

Subhakrit 5124

Yama 9:01AM – 10:08AM

Vishkambha* Until 2:55AM Thu

Muruqa: Clear Sunset: 4:49PM

Moon 12 - Phase 33 - 5

755476575 Rahu 12:22PM – 1:29PM

Gara Until 6:03AM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 7:10PM

Moon – Red
Margasira-Karttikai

Sivaloka Day

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Carcare, Switzerland

Sun 6 Sutra 242

Simha Rasi: 15.59 Tithi 22

Gulika 10:09AM – 11:16AM

Purvaphalguni Until 3:02AM Fri

Ganesha: Clear Sunrise: 7:55AM

Subhakrit 5124

Yama 7:55AM – 9:02AM

Priti Until 3:13AM Fri

Muruqa: Clear Sunset: 4:49PM

Moon 12 - Phase 33 - 6

755476575 Rahu 1:29PM – 2:36PM

Visti Until 8:14AM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Saptami Until 9:08PM

Moon – Red
Margasira-Karttikai

Sivaloka Day

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland

Sun 7 Sutra 243

Simha Rasi: 28.1 Tithi 23

Gulika 9:03AM – 10:09AM

Uttaraphalguni Until 4:38AM Sat

Ganesha: White Sunrise: 7:56AM

Subhakrit 5124

Yama 2:36PM – 3:43PM

Ayushman Until 3:02AM Sat

Muruqa: Clear Sunset: 4:49PM

Moon 12 - Phase 33 - 7

855476575 Rahu 11:16AM – 12:23PM

Balava Until 9:57AM

Nataraja: Purple

Ashtami

Creative Work Siddha Yoga

Markali Pillaiyar

Ashtami* Until 10:33PM

Moon – Red
Margasira-Markali

Devaloka Day

Until 4:38AM Sat

Then Routine Work - Marana Yoga

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland

Sun 8 Sutra 244

Kanya Rasi: 10.37 Tithi 24

Gulika 7:57AM – 9:03AM

Hasta Until 5:49AM Sun

Ganesha: Clear Sunrise: 7:57AM

Subhakrit 5124

Yama 1:30PM – 2:36PM

Saubhagya Until 2:17AM Sun

Muruqa: Clear Sunset: 4:50PM

Moon 12 - Phase 33 - 8

865476575 Rahu 10:10AM – 11:17AM

Taitila Until 11:01AM

Nataraja: Purple

Navami

Routine Work Marana Yoga

Navami* Until 11:14PM

Moon – Green
Margasira-Markali

Sivaloka Day

Until 5:49AM Sun

Then Creative Work - Siddha Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

imes are standard time. Calculated for Carcare, Switzerland on 5/1


www.gurudeva.org/panchang

1	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Carcare, Switzerland Sun 9 Sutra 245 Subhakrit 5124
	Kanya Rasi: 23.25	Tithi 25	Gulika 2:37PM – 3:43PM Yama 12:24PM – 1:30PM Rahu 3:43PM – 4:50PM	Chitra Until 6:01AM Mon Sobhana Until 12:54AM Mon Vanija Until 11:17AM Dashami Until 11:05PM	Ganesha: Clear <i>Sunrise: 7:58AM</i> Muruqa: Clear <i>Sunset: 4:50PM</i> Nataraja: Purple Moon – Green Sivaloka Day Margasira*Markali
Creative Work Siddha Yoga Until 6:01AM Mon Then Creative Work - Amrita Yoga					

2	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Carcare, Switzerland Sun 10 Sutra 246 Subhakrit 5124
	Tula Rasi: 6.38	Tithi 26	Gulika 1:31PM – 2:37PM Yama 11:18AM – 12:24PM Rahu 9:05AM – 10:11AM	Chitra Until 6:01AM Athiganda* Until 10:49PM Bava Until 10:42AM Ekadashi* Until 10:04PM	Ganesha: Clear <i>Sunrise: 7:58AM</i> Muruqa: Clear <i>Sunset: 4:50PM</i> Nataraja: Purple Moon – Green Sivaloka Day Margasira*Markali
Family Home Evening Routine Work Prabalarishta Yoga Until 6:01AM Then Creative Work - Amrita Yoga					

3	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Carcare, Switzerland Sun 11 Sutra 247 Subhakrit 5124
	Tula Rasi: 20.2	Tithi 27	Gulika 12:25PM – 1:31PM Yama 10:12AM – 11:18AM Rahu 2:38PM – 3:44PM	Vishakha Until 4:01AM Wed Sukarma Until 8:07PM Kaulava Until 9:17AM Dvadashi* Until 8:15PM	Ganesha: Purple <i>Sunrise: 7:59AM</i> Muruqa: Clear <i>Sunset: 4:51PM</i> Nataraja: Purple Moon – Orange Devaloka Day Margasira*Markali
Routine Work Marana Yoga Until 4:01AM Wed Then Creative Work - Siddha Yoga					

4	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 12 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 4.31	Tithi 28 – 29	Gulika 11:19AM – 12:25PM Yama 9:06AM – 10:12AM Rahu 12:25PM – 1:32PM	Anuradha Until 2:00AM Thu Dhriti Until 4:52PM Gara Until 7:06AM Trayodashi* Until 5:45PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise: 7:59AM</i> Muruqa: Clear <i>Sunset: 4:51PM</i> Nataraja: Purple Moon – Orange Sivaloka Day Margasira*Markali
Creative Work Siddha Yoga Until 2:00AM Thu Then Routine Work - Prabalarishta Yoga		Day 1 of Pancha Ganapati			

	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Carcare, Switzerland Sun 13 Sutra 249 Subhakrit 5124
	Vrischika Rasi: 19.07	Tithi 29 – 30	Gulika 10:13AM – 11:19AM Yama 8:00AM – 9:06AM Rahu 1:32PM – 2:39PM	Jyeshtha* Until 11:22PM Shula* Until 1:09PM Catuspada Until 1:02AM Fri Chaturdashi* Until 2:42PM	Ganesha: Clear <i>Sunrise: 8:00AM</i> Muruqa: Clear <i>Sunset: 4:52PM</i> Nataraja: Purple Moon – Orange Sivaloka Day Margasira*Markali
Routine Work Prabalarishta Yoga Until 11:22PM Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati			

Retreat Star	Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Carcare, Switzerland Sun 14 Sutra 250 Subhakrit 5124
	Dhanus Rasi: 4.04	Tithi 30 – 1	Gulika 9:07AM – 10:13AM Yama 2:39PM – 3:46PM Rahu 11:20AM – 12:26PM	Mula* Until 8:42PM Ganda* Until 9:08AM Kintughna Until 9:29PM Amavasya* Until 11:16AM	Ganesha: Orange <i>Sunrise: 8:00AM</i> Muruqa: Clear <i>Sunset: 4:52PM</i> Nataraja: Purple Moon – Light Blue Sivaloka Day Pausha*Markali
Creative Work Amrita Yoga Until 8:42PM Then Routine Work - Prabalarishta Yoga		Day 3 of Pancha Ganapati			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang


1	Saturday, December 24, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhruva Yoga Bava/Kaulava Karana Prathama/Dvityayam Titau				Carcare, Switzerland Sun 15 Sutra 251	
	Dhanus Rasi: 19.12	Tithi 1 – 2	Gulika 8:01AM – 9:07AM	Purvashadha* Until 5:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:01AM	Subhakrit 5124	
			Yama 1:33PM – 2:40PM	Dhruva Until 12:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 35 - 15	3rd Phase
	886486575	Rahu 10:14AM – 11:20AM		Kaulava Until 3:58AM Sun	Nataraja: Purple			
Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		Moon – Light Blue		Subha Sivaloka Day		
Until 5:46PM				Pausha-Markali				
Then Routine Work - Marana Yoga								


2	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Carcare, Switzerland Sun 16 Sutra 252	
	Makara Rasi: 4.23	Tithi 3	Gulika 2:40PM – 3:47PM	Uttarashadha Until 2:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:01AM	Subhakrit 5124	
			Yama 12:27PM – 1:34PM	Vyaghata* Until 8:30PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 35 - 16	3rd Phase
	886486575	Rahu 3:47PM – 4:53PM		Taitila Until 2:11PM	Nataraja: Purple			
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Moon – Light Blue		Subha Sivaloka Day		
Until 5:46PM				Pausha-Markali				
Then Routine Work - Marana Yoga								

3	Monday, December 26, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Carcare, Switzerland Sun 17 Sutra 253	
	Makara Rasi: 19.26	Tithi 4	Gulika 1:34PM – 2:41PM	Shravana Until 12:15PM	Ganesha: Clear	<i>Sunrise:</i> 8:02AM	Subhakrit 5124	
	Family Home Evening		Yama 11:21AM – 12:28PM	Harshana Until 4:35PM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 35 - 17	3rd Phase
	896486576	Rahu 9:08AM – 10:15AM		Vanija Until 10:48AM	Nataraja: Clear			
Creative Work Amrita Yoga				Moon – Purple		Sivaloka Day		
Until 12:15PM				Pausha-Markali				
Then Creative Work - Siddha Yoga								

4	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Carcare, Switzerland Sun 18 Sutra 254	
	Kumbha Rasi: 4.14	Tithi 5	Gulika 12:28PM – 1:35PM	Dhanishtha Until 10:00AM	Ganesha: Clear	<i>Sunrise:</i> 8:02AM	Subhakrit 5124	
			Yama 10:15AM – 11:22AM	Vajra* Until 12:58PM	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 35 - 18	3rd Phase
	896486576	Rahu 2:42PM – 3:48PM		Bava Until 7:47AM	Nataraja: Clear			
Creative Work Siddha Yoga				Moon – Purple		Sivaloka Day		
Until 10:00AM				Pausha-Markali				
Then Routine Work - Marana Yoga								

5	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 19 Sutra 255	
	Kumbha Rasi: 18.38	Tithi 6 – 7	Gulika 11:22AM – 12:29PM	Shatabhishak Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 8:02AM	Subhakrit 5124	
			Yama 9:09AM – 10:15AM	Siddhi Until 9:50AM	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 35 - 19	3rd Phase
	896486576	Rahu 12:29PM – 1:35PM		Gara Until 3:27AM Thu	Nataraja: Clear			
Creative Work Siddha Yoga		Vinayaga Viratam Ends		Moon – Purple		Sivaloka Day		
Until 8:08AM				Pausha-Markali				
Then Creative Work - Amrita Yoga								

	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 20 Sutra 256	
	Retreat Star		Gulika 10:16AM – 11:23AM	Purvaproshtapada* Until 7:12AM	Ganesha: Blue	<i>Sunrise:</i> 8:02AM	Subhakrit 5124	
	Meena Rasi: 2.38	Tithi 7 – 8	Yama 8:02AM – 9:09AM	Vyatipata* Until 7:14AM	Muruqa: Purple	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 35 - 20	Ashtami
	817486576	Rahu 1:36PM – 2:43PM		Visti Until 2:20AM Fri	Nataraja: Clear			
Creative Work Siddha Yoga				Moon – Clear		Devaloka Day		
Until 8:08AM				Pausha-Markali				
Then Creative Work - Amrita Yoga								

	Friday, December 30, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashlami/Navamyam Titau				Carcare, Switzerland Sun 21 Sutra 257	
	Retreat Star		Gulika 9:09AM – 10:16AM	Uttaraproshtapada Until 6:51AM	Ganesha: Blue	<i>Sunrise:</i> 8:03AM	Subhakrit 5124	
	Meena Rasi: 16.11	Tithi 8 – 9	Yama 2:43PM – 3:50PM	Parigha* Until 3:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 35 - 21	Navami
	817486576	Rahu 11:23AM – 12:30PM		Balava Until 1:57AM Sat	Nataraja: Clear			
Creative Work Siddha Yoga				Moon – Clear		Devaloka Day		
Until 8:08AM				Pausha-Markali				
Then Routine Work - Marana Yoga								

1	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Carcare, Switzerland Sun 22 Sutra 258	
	Meena Rasi: 29.2	Tithi 9 – 10	Gulika 8:03AM – 9:10AM Yama 1:37PM – 2:44PM Rahu 10:16AM – 11:23AM	Revati Until 7:04AM Shiva Until 2:51AM Sun Taitila Until 2:17AM Sun Navami* Until 2:01PM	Ganesha: Blue Muruga: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 8:03AM Sunset: 4:58PM Moon 12 - Phase 36 - 22 4th Phase
	Routine Work	Prabalarishta Yoga				Devaloka Day
		827486576				

2	Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 23 Sutra 259	
	Mesha Rasi: 12.08	Tithi 10 – 11	Gulika 2:45PM – 3:52PM Yama 12:31PM – 1:38PM Rahu 3:52PM – 4:59PM	Ashvini Until 8:16AM Siddha Until 2:24AM Mon Vanija Until 3:16AM Mon Dashami Until 2:41PM	Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon – White Pausha-Markali	Sunrise: 8:03AM Sunset: 4:59PM Moon 12 - Phase 36 - 23 4th Phase
	Creative Work	Siddha Yoga				Sivaloka Day
		827486576				

3	Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 24 Sutra 260	
	Mesha Rasi: 24.39	Tithi 11 – 12	Gulika 1:38PM – 2:45PM Yama 11:24AM – 12:31PM Rahu 9:10AM – 10:17AM	Bharani Until 9:53AM Sadhya Until 2:22AM Tue Bava Until 4:44AM Tue Ekadashi Until 3:55PM	Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon – White Pausha-Markali	Sunrise: 8:03AM Sunset: 5:00PM Moon 12 - Phase 36 - 24 4th Phase
	Family Home Evening	Siddha Yoga				Sivaloka Day
		827486576				

4	Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 25 Sutra 261	
	Vrisabha Rasi: 6.58	Tithi 12 – 13	Gulika 12:32PM – 1:39PM Yama 10:17AM – 11:25AM Rahu 2:46PM – 3:53PM	Krittika Until 11:47AM Subha Until 2:38AM Wed Kaulava Until 6:35AM Wed Dvadashi Until 5:36PM	Ganesha: Blue Muruga: Purple Nataraja: Clear Moon – White Pausha-Markali	Sunrise: 8:03AM Sunset: 5:01PM Moon 12 - Phase 36 - 25 4th Phase
	Creative Work	Siddha Yoga				Subha Sivaloka Day
		827586576				

5	Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 262	
	Vrisabha Rasi: 19.07	Tithi 13	Gulika 11:25AM – 12:32PM Yama 9:10AM – 10:18AM Rahu 12:32PM – 1:40PM	Rohini Until 2:21PM Sukla Until 3:05AM Thu Kaulava Until 6:35AM Trayodashi Until 7:36PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 8:03AM Sunset: 5:01PM Moon 12 - Phase 36 - 26 4th Phase
	Creative Work	Siddha Yoga				Devaloka Day
		838586576				

6	Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 263	
	Mithuna Rasi: 1.1	Tithi 14	Gulika 10:18AM – 11:25AM Yama 8:03AM – 9:10AM Rahu 1:40PM – 2:48PM	Mrigashira Until 4:59PM Brahma Until 3:42AM Fri Gara Until 8:43AM Chaturdashi* Until 9:50PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 8:03AM Sunset: 5:02PM Moon 12 - Phase 36 - 27 4th Phase
	Routine Work	Marana Yoga				Devaloka Day
		838586576				

○	Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau		Carcare, Switzerland Sutra 264	
	Mithuna Rasi: 13.08	Tithi 15	Gulika 9:10AM – 10:18AM Yama 2:48PM – 3:56PM Rahu 11:26AM – 12:33PM	Ardra Until 7:36PM Indra Until 4:25AM Sat Visti Until 11:01AM Purnima* Until 12:12AM Sat	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 8:03AM Sunset: 5:03PM Moon 12 - Phase 36 - Purnima
	Creative Work	Siddha Yoga				Devaloka Day
		838586576				

○	Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Carcare, Switzerland Sutra 265	
	Mithuna Rasi: 25.04	Tithi 16	Gulika 8:03AM – 9:10AM Yama 1:41PM – 2:49PM Rahu 10:18AM – 11:26AM	Punarvasu Until 10:38PM Vaidhriti* Until 5:10AM Sun Balava Until 1:26PM Prathama* Until 2:39AM Sun	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Blue Pausha-Markali	Sunrise: 8:03AM Sunset: 5:05PM Moon 12 - Phase 36 - Prathama
	Creative Work	Siddha Yoga				Sivaloka Day
		848586576				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 6.58 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:50PM – 3:58PM **Pushya** **Until 1:33AM Mon**
Yama 12:34PM – 1:42PM Vishkambha* **Until 5:57AM Mon**
848586576 **Rahu** 3:58PM – 5:06PM Taitila **Until 3:55PM**
Dvitiya **Until 5:09AM Mon**

Carcare, Switzerland
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:02AM
Muruga: Purple Sunset: 5:06PM
Nataraja: Clear
Moon – Blue Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 18.52 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija Karana Tritiyayam Titau
Gulika 1:42PM – 2:51PM **Ashlesha*** **Until 4:17AM Tue**
Yama 11:26AM – 12:34PM Priti **Until 6:45AM Tue**
848586576 **Rahu** 9:10AM – 10:18AM Vanija **Until 6:25PM**
Tritiya **Until 7:37AM Tue**

Carcare, Switzerland
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:02AM
Muruga: Purple Sunset: 5:07PM
Nataraja: Clear
Moon – Blue Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 0.46 Tithi 18 – 19
Creative Work Siddha Yoga
Until 7:16AM Wed
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 12:35PM – 1:43PM **Magha*** **Until 7:16AM Wed**
Yama 10:18AM – 11:27AM Priti **Until 6:45AM**
858586576 **Rahu** 2:51PM – 4:00PM Bava **Until 8:51PM**
Tritiya **Until 7:37AM**

Carcare, Switzerland
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2nd Phase
Devaloka Day
Ganesha: Purple Sunrise: 8:02AM
Muruga: Purple Sunset: 5:08PM
Nataraja: Clear
Moon – Red Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 12.41 Tithi 19 – 20
Creative Work Siddha Yoga
Until 7:16AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 11:27AM – 12:35PM **Magha*** **Until 7:16AM**
Yama 9:10AM – 10:18AM Ayushman **Until 7:26AM**
859586576 **Rahu** 12:35PM – 1:44PM Kaulava **Until 11:07PM**
Chaturthi* **Until 9:59AM**

Carcare, Switzerland
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3rd Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:02AM
Muruga: Purple Sunset: 5:09PM
Nataraja: Clear
Moon – Red Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 24.43 Tithi 20 – 21
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 10:18AM – 11:27AM **Purvaphalguni** **Until 9:51AM**
Yama 8:01AM – 9:10AM Saubhagya **Until 7:58AM**
859586576 **Rahu** 1:44PM – 2:53PM Gara **Until 1:03AM Fri**
Panchami **Until 12:07PM**

Carcare, Switzerland
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4th Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:01AM
Muruga: Purple Sunset: 5:10PM
Nataraja: Clear
Moon – Red Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 6.52 Tithi 21 – 22
Creative Work Siddha Yoga
Until 11:55AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 9:10AM – 10:18AM **Uttaraphalguni** **Until 11:55AM**
Yama 2:54PM – 4:02PM Sobhana **Until 8:13AM**
859586576 **Rahu** 11:27AM – 12:36PM Visti **Until 2:30AM Sat**
Shashthi* **Until 1:50PM**

Carcare, Switzerland
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5th Phase
Sivaloka Day
Ganesha: Clear Sunrise: 8:01AM
Muruga: Purple Sunset: 5:11PM
Nataraja: Clear
Moon – Red Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 19.15 Tithi 22 – 23
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 8:00AM – 9:09AM **Hasta** **Until 1:46PM**
Yama 1:45PM – 2:54PM Athiganda* **Until 8:03AM**
869586576 **Rahu** 10:18AM – 11:27AM Balava **Until 3:17AM Sun**
Saptami **Until 2:58PM**

Carcare, Switzerland
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6th Phase
Subha Sivaloka Day
Ganesha: White Sunrise: 8:00AM
Muruga: Purple Sunset: 5:12PM
Nataraja: Clear
Moon – Green Pausha-Thai

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 1.56 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 2:55PM – 4:04PM **Chitra** **Until 2:45PM**
Yama 12:37PM – 1:46PM Sukarma **Until 7:21AM**
869586576 **Rahu** 4:04PM – 5:14PM Taitila **Until 3:15AM Mon**
Ashtami* **Until 3:21PM**

Carcare, Switzerland
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7th Phase
Subha Sivaloka Day
Ganesha: White Sunrise: 8:00AM
Muruga: Purple Sunset: 5:14PM
Nataraja: Clear
Moon – Green Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Indu Vasara Yuktayam		Carcare, Switzerland	
1		Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8	Sutra 274
Tula Rasi: 15.01	Tithi 24 – 25	Gulika 1:47PM – 2:56PM	Svati Until 2:46PM	Ganesha: White	Sunrise: 7:59AM
Family Home Evening	869586576	Yama 11:28AM – 12:37PM	Dhriti Until 6:03AM	Muruqa: Purple	Sunset: 5:15PM
Creative Work Amrita Yoga		Rahu 9:09AM – 10:18AM	Vanija Until 2:23AM Tue	Nataraja: Clear	Moon 1 - Phase 38 - 8
Until 2:46PM			Navami* Until 2:54PM	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga				Pausha*Thai	Subha Sivaloka Day

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Mangala Vasara Yuktayam		Carcare, Switzerland	
2		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Sun 9	Sutra 275
Tula Rasi: 28.33	Tithi 25 – 26	Gulika 12:37PM – 1:47PM	Vishakha Until 2:15PM	Ganesha: Yellow	Sunrise: 7:59AM
	879586576	Yama 10:18AM – 11:28AM	Ganda* Until 1:24AM Wed	Muruqa: Purple	Sunset: 5:16PM
Routine Work Marana Yoga		Rahu 2:57PM – 4:06PM	Bava Until 12:40AM Wed	Nataraja: Clear	Moon 1 - Phase 38 - 9
Until 2:15PM			Dashami Until 1:36PM	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga				Pausha*Thai	Sivaloka Day

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktayam		Carcare, Switzerland	
3		Anuradha/Jyeshtha* Nakshatra Vriddhi/Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10	Sutra 276
Virschika Rasi: 12.35	Tithi 26 – 27	Gulika 11:28AM – 12:38PM	Anuradha Until 12:48PM	Ganesha: Yellow	Sunrise: 7:58AM
	879586576	Yama 9:08AM – 10:18AM	Vriddhi Until 10:11PM	Muruqa: Purple	Sunset: 5:17PM
Creative Work Siddha Yoga		Rahu 12:38PM – 1:48PM	Kaulava Until 10:13PM	Nataraja: Clear	Moon 1 - Phase 38 - 10
			Ekadashi* Until 11:30AM	Moon – Orange	2nd Phase
				Pausha*Thai	Sivaloka Day

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Guru Vasara Yuktayam		Carcare, Switzerland	
4		Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11	Sutra 277
Virschika Rasi: 27.06	Tithi 27 – 28	Gulika 10:18AM – 11:28AM	Jyeshtha* Until 10:33AM	Ganesha: Yellow	Sunrise: 7:58AM
	871586576	Yama 7:58AM – 9:08AM	Dhruva Until 6:26PM	Muruqa: Purple	Sunset: 5:19PM
Routine Work Prabalarishta Yoga		Rahu 1:48PM – 2:58PM	Gara Until 7:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 11
Until 10:33AM			Dvadashi* Until 8:44AM	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga				Pausha*Thai	Sivaloka Day
					<i>Pradosha Vrata (Fasting)</i>

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Sukra Vasara Yuktayam		Carcare, Switzerland	
5		Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12	Sutra 278
Dhanus Rasi: 12.01	Tithi 29	Gulika 9:07AM – 10:18AM	Mula* Until 8:04AM	Ganesha: Red	Sunrise: 7:57AM
	881586576	Yama 2:59PM – 4:10PM	Vyaghata* Until 2:20PM	Muruqa: Purple	Sunset: 5:20PM
Creative Work Amrita Yoga		Rahu 11:28AM – 12:38PM	Visti Until 3:38PM	Nataraja: Clear	Moon 1 - Phase 38 - 12
Until 8:04AM			Chaturdashi* Until 1:44AM Sat	Moon – Light Blue	2nd Phase
Then Routine Work - Prabalarishta Yoga				Pausha*Thai	Sivaloka Day

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Manta Vasara Yuktayam		Carcare, Switzerland	
	Retreat Star	Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13	Sutra 279
Dhanus Rasi: 27.14	Tithi 30	Gulika 7:56AM – 9:07AM	Uttarashadha Until 1:51AM Sun	Ganesha: Red	Sunrise: 7:56AM
	881586576	Yama 1:49PM – 3:00PM	Harshana Until 10:01AM	Muruqa: Purple	Sunset: 5:21PM
Routine Work Marana Yoga		Rahu 10:17AM – 11:28AM	Catuspada Until 11:50AM	Nataraja: Clear	Moon 1 - Phase 38 - 13
Until 1:51AM Sun			Amavasya* Until 9:53PM	Moon – Light Blue	Amavasya
Then Creative Work - Amrita Yoga				Pausha*Thai	Sivaloka Day

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksho Bhanu Vasara Yuktayam		Carcare, Switzerland	
Retreat Star		Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14	Sutra 280
Makara Rasi: 12.34	Tithi 1	Gulika 3:01PM – 4:12PM	Shravana Until 10:53PM	Ganesha: Yellow	Sunrise: 7:55AM
	891586576	Yama 12:39PM – 1:50PM	Siddhi Until 1:11AM Mon	Muruqa: Purple	Sunset: 5:23PM
Creative Work Amrita Yoga		Rahu 4:12PM – 5:23PM	Kintughna Until 7:57AM	Nataraja: Clear	Moon 1 - Phase 38 - 14
Until 10:53PM			Prathama* Until 6:01PM	Moon – Purple	Prathama
Then Routine Work - Marana Yoga				Magha*Thai	Sivaloka Day

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Carcare, Switzerland Sun 15 Sutra 281 Subhakrit 5124
	Makara Rasi: 27.5	Tithi 2 – 3	Gulika 1:50PM – 3:02PM	Dhanishtha Until 8:00PM	Ganesha: Yellow	<i>Sunrise:</i> 7:55AM	
	Family Home Evening	891586576	Yama 11:28AM – 12:39PM	Vyatipata* Until 9:01PM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 39 - 15
	Creative Work Siddha Yoga		Rahu 9:06AM – 10:17AM	Taitila Until 12:36AM Tue	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:19PM		Moon – Purple		Sivaloka Day

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Carcare, Switzerland Sun 16 Sutra 282 Subhakrit 5124
	Kumbha Rasi: 12.53	Tithi 3 – 4	Gulika 12:40PM – 1:51PM	Shatabhishak Until 5:24PM	Ganesha: Yellow	<i>Sunrise:</i> 7:54AM	
		891586576	Yama 10:17AM – 11:28AM	Variyan Until 5:09PM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 39 - 16
	Routine Work Marana Yoga		Rahu 3:02PM – 4:14PM	Vanija Until 9:31PM	Nataraja: Clear		3rd Phase
			Tritiya Until 10:59AM		Moon – Purple		Sivaloka Day

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada/Uttaraprossthapada Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Carcare, Switzerland Sun 17 Sutra 283 Subhakrit 5124
	Kumbha Rasi: 27.34	Tithi 4 – 5	Gulika 11:28AM – 12:40PM	Purvaprossthapada* Until 3:38PM	Ganesha: Blue	<i>Sunrise:</i> 7:53AM	
		911586576	Yama 9:05AM – 10:16AM	Parigha* Until 1:46PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 39 - 17
	Creative Work Amrita Yoga		Rahu 12:40PM – 1:52PM	Bava Until 7:01PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 8:09AM		Moon – Clear		Subha Sivaloka Day

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Shiva/Siddha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Carcare, Switzerland Sun 18 Sutra 284 Subhakrit 5124
	Meena Rasi: 11.46	Tithi 5 – 6	Gulika 10:16AM – 11:28AM	Uttaraprossthapada Until 2:26PM	Ganesha: Blue	<i>Sunrise:</i> 7:52AM	
		911586576	Yama 7:52AM – 9:04AM	Shiva Until 10:59AM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 39 - 18
	Creative Work Siddha Yoga		Rahu 1:52PM – 3:04PM	Taitila Until 4:40AM Fri	Nataraja: Clear		3rd Phase
			Panchami Until 6:01AM		Moon – Clear		Subha Sivaloka Day

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Carcare, Switzerland Sun 19 Sutra 285 Subhakrit 5124
	Meena Rasi: 25.29	Tithi 7	Gulika 9:03AM – 10:16AM	Revati Until 1:55PM	Ganesha: Blue	<i>Sunrise:</i> 7:51AM	
		911586576	Yama 3:05PM – 4:17PM	Siddha Until 8:48AM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 39 - 19
	Creative Work Siddha Yoga		Rahu 11:28AM – 12:40PM	Gara Until 4:20PM	Nataraja: Clear		3rd Phase
			Saptami Until 4:11AM Sat		Moon – Clear		Subha Sivaloka Day

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ashtamyam Titau				Carcare, Switzerland Sun 20 Sutra 286 Subhakrit 5124
	Retreat Star		Gulika 7:50AM – 9:03AM	Ashvini Until 2:32PM	Ganesha: Yellow	<i>Sunrise:</i> 7:50AM	
	Mesha Rasi: 8.43	Tithi 8	Yama 1:53PM – 3:06PM	Sadhya Until 7:20AM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 39 - 20
		921586576	Rahu 10:15AM – 11:28AM	Visti Until 4:18PM	Nataraja: Clear		Ashtami
			Ashtami* Until 4:34AM Sun		Moon – White		Sivaloka Day

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Carcare, Switzerland Sun 21 Sutra 287 Subhakrit 5124
	Retreat Star		Gulika 3:06PM – 4:19PM	Bharani Until 3:48PM	Ganesha: Yellow	<i>Sunrise:</i> 7:49AM	
	Mesha Rasi: 21.32	Tithi 9	Yama 12:41PM – 1:54PM	Subha Until 6:31AM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 39 - 21
		922686576	Rahu 4:19PM – 5:32PM	Balava Until 5:04PM	Nataraja: Clear		Navami
			Navami* Until 5:42AM Mon		Moon – White		Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukla/Brahma Yoga Taila Karana Dashamyam Titau		Carcare, Switzerland Sun 22 Sutra 288 Subhakar 5124	
1		Gulika 1:54PM – 3:07PM	Krittika Until 5:35PM	Ganesha: Yellow	<i>Sunrise:</i> 7:48AM
Virshabha Rasi: 3.59	Tithi 10	Yama 11:28AM – 12:41PM	Sukla Until 6:16AM	Muruqa: Purple	<i>Sunset:</i> 5:33PM
Family Home Evening	922686576	Rahu 9:01AM – 10:15AM	Taitila Until 6:32PM	Nataraja: Clear	Moon 1 - Phase 40 - 22 4th Phase
Routine Work	Marana Yoga		Dashami Until 7:27AM Tue	Moon – White	Sivaloka Day
Until 5:35PM				Magha-Thai	
Then Creative Work - Amrita Yoga					

Tuesday, January 31, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Carcare, Switzerland Sun 23 Sutra 289 Subhakar 5124	
2		Gulika 12:41PM – 1:54PM	Rohini Until 8:11PM	Ganesha: White	<i>Sunrise:</i> 7:47AM
Virshabha Rasi: 16.11	Tithi 10 – 11	Yama 10:14AM – 11:28AM	Brahma Until 6:28AM	Muruqa: Purple	<i>Sunset:</i> 5:33PM
Creative Work	932686576	Rahu 3:08PM – 4:21PM	Vanija Until 8:31PM	Nataraja: Clear	Moon 1 - Phase 40 - 23 4th Phase
Routine Work	Amrita Yoga		Dashami Until 7:27AM	Moon – Yellow	Subha Sivaloka Day
Until 8:11PM				Magha-Thai	
Then Creative Work - Siddha Yoga					

Wednesday, February 1, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Carcare, Switzerland Sun 24 Sutra 290 Subhakar 5124	
3		Gulika 11:28AM – 12:41PM	Mrigashira Until 10:56PM	Ganesha: White	<i>Sunrise:</i> 7:47AM
Virshabha Rasi: 28.14	Tithi 11 – 12	Yama 9:01AM – 10:14AM	Indra Until 7:01AM	Muruqa: Purple	<i>Sunset:</i> 5:33PM
Creative Work	932686576	Rahu 12:41PM – 1:54PM	Bava Until 10:50PM	Nataraja: Clear	Moon 1 - Phase 40 - 24 4th Phase
Routine Work	Siddha Yoga		Ekadashi Until 9:37AM	Moon – Yellow	Subha Sivaloka Day
Until 8:11PM				Magha-Thai	
Then Creative Work - Siddha Yoga					

Thursday, February 2, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 25 Sutra 291 Subhakar 5124	
4		Gulika 10:14AM – 11:27AM	Ardra Until 1:40AM Fri	Ganesha: White	<i>Sunrise:</i> 7:46AM
Mithuna Rasi: 10.1	Tithi 12 – 13	Yama 7:46AM – 9:00AM	Vaidhriti* Until 7:43AM	Muruqa: Purple	<i>Sunset:</i> 5:36PM
Routine Work	932686576	Rahu 1:55PM – 3:09PM	Kaulava Until 1:18AM Fri	Nataraja: Clear	Moon 1 - Phase 40 - 25 4th Phase
Routine Work	Marana Yoga		Dvadashi Until 12:02PM	Moon – Yellow	Subha Sivaloka Day
Until 1:40AM Fri				Magha-Thai	
Then Creative Work - Siddha Yoga					
			<i>Pradosha Vrata</i>		

Friday, February 3, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 26 Sutra 292 Subhakar 5124	
5		Gulika 8:59AM – 10:13AM	Punarvasu Until 4:47AM Sat	Ganesha: Clear	<i>Sunrise:</i> 7:45AM
Mithuna Rasi: 22.03	Tithi 13 – 14	Yama 3:09PM – 4:24PM	Vishkambha* Until 8:32AM	Muruqa: Purple	<i>Sunset:</i> 5:38PM
Creative Work	942686576	Rahu 11:27AM – 12:41PM	Gara Until 3:49AM Sat	Nataraja: Clear	Moon 1 - Phase 40 - 26 4th Phase
Routine Work	Siddha Yoga		Trayodashi Until 2:32PM	Moon – Blue	Sivaloka Day
Until 8:11PM				Magha-Thai	
Then Creative Work - Siddha Yoga					

Saturday, February 4, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Carcare, Switzerland Sun 27 Sutra 293 Subhakar 5124	
6		Gulika 7:44AM – 8:58AM	Pushya Until 7:41AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:44AM
Kataka Rasi: 3.55	Tithi 14 – 15	Yama 1:56PM – 3:10PM	Priti Until 9:22AM	Muruqa: Purple	<i>Sunset:</i> 5:39PM
Creative Work	942686577	Rahu 10:13AM – 11:27AM	Visti Until 6:17AM Sun	Nataraja: Orange	Moon 1 - Phase 40 - 27 4th Phase
Routine Work	Siddha Yoga		Chaturdashi* Until 5:02PM	Moon – Blue	Sivaloka Day
Until 8:11PM				Magha-Thai	
Then Creative Work - Siddha Yoga					
			Thai Pusam		

Sunday, February 5, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Carcare, Switzerland Sun 28 Sutra 294 Subhakar 5124	
○		Gulika 3:11PM – 4:26PM	Pushya Until 7:41AM	Ganesha: Clear	<i>Sunrise:</i> 7:43AM
Kataka Rasi: 15.49	Tithi 15	Yama 12:42PM – 1:56PM	Ayushman Until 10:08AM	Muruqa: Purple	<i>Sunset:</i> 5:40PM
Copper Retreat Star	942686577	Rahu 4:26PM – 5:40PM	Visti Until 6:17AM	Nataraja: Orange	Moon 1 - Phase 40 - Purnima
Routine Work	Siddha Yoga		Purnima* Until 7:27PM	Moon – Blue	Sivaloka Day
Until 8:11PM				Magha-Thai	
Then Creative Work - Siddha Yoga					

Monday, February 6, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Carcare, Switzerland Sun 29 Sutra 295 Subhakar 5124	
○		Gulika 1:57PM – 3:12PM	Ashlesha* Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 7:41AM
Kataka Rasi: 27.45	Tithi 16	Yama 11:27AM – 12:42PM	Saubhagya Until 10:50AM	Muruqa: Purple	<i>Sunset:</i> 5:42PM
Silver Retreat Star	942686577	Rahu 8:56AM – 10:12AM	Balava Until 8:39AM	Nataraja: Orange	Moon 1 - Phase 40 - Prathama
Routine Work	Siddha Yoga		Prathama* Until 9:46PM	Moon – Blue	Sivaloka Day
Until 10:19AM				Magha-Thai	
Then Routine Work - Marana Yoga					



Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 9.44 Tithi 17

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:42PM – 1:57PM
Yama 10:11AM – 11:26AM
Rahu 3:12PM – 4:28PM

Magha* Until 1:10PM
Sobhana Until 11:27AM
Taitila Until 10:54AM
Dvitiya Until 11:55PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:40AM
Sunset: 5:43PM

Carcare, Switzerland
Sun 1 Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 21.47 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ahiganda*/Sukarma Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 11:26AM – 12:42PM
Yama 8:55AM – 10:10AM
Rahu 12:42PM – 1:57PM

Purvaphalguni Until 3:40PM
Athiganda* Until 11:54AM
Vanija Until 12:57PM
Tritya Until 1:52AM Thu

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:39AM
Sunset: 5:45PM

Carcare, Switzerland
Sun 2 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 3.55 Tithi 19

952686577

Amrita Yoga

Until 5:45PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturtham Titau

Gulika 10:10AM – 11:26AM
Yama 7:38AM – 8:54AM
Rahu 1:58PM – 3:14PM

Maha Sankatahara Chaturthi

Uttaraphalguni Until 5:45PM
Sukarma Until 12:11PM
Bava Until 2:44PM
Chaturthi* Until 3:29AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:38AM
Sunset: 5:46PM

Carcare, Switzerland
Sun 3 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 16.11 Tithi 20

962686577

Amrita Yoga

Until 7:48PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:53AM – 10:09AM
Yama 3:15PM – 4:31PM
Rahu 11:25AM – 12:42PM

Hasta Until 7:48PM
Dhriti Until 12:13PM
Kaulava Until 4:11PM
Panchami Until 4:42AM Sat

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:36AM
Sunset: 5:47PM

Carcare, Switzerland
Sun 4 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 28.38 Tithi 21

963686577

Marana Yoga

Until 9:13PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 7:35AM – 8:52AM
Yama 1:59PM – 3:15PM
Rahu 10:08AM – 11:25AM

Chitra Until 9:13PM
Shula* Until 11:52AM
Gara Until 5:08PM
Shashthi* Until 5:22AM Sun

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:35AM
Sunset: 5:49PM

Carcare, Switzerland
Sun 5 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 11.2 Tithi 22

963686577

Siddha Yoga

Until 9:52PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 3:16PM – 4:33PM
Yama 12:42PM – 1:59PM
Rahu 4:33PM – 5:50PM

Svati Until 9:52PM
Ganda* Until 11:06AM
Visti Until 5:29PM
Saptami Until 5:22AM Mon

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:34AM
Sunset: 5:50PM

Carcare, Switzerland
Sun 6 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

D

Monday, February 13, 2023

Retreat Star

Tula Rasi: 24.21 Tithi 23

973686577

Family Home Evening

Marana Yoga

Until 10:08PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:59PM – 3:17PM
Yama 11:24AM – 12:42PM
Rahu 8:50AM – 10:07AM

Vishakha Until 10:08PM
Vridhhi Until 9:49AM
Balava Until 5:07PM
Ashtami* Until 4:39AM Tue

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha-Masi

Sunrise: 7:32AM
Sunset: 5:52PM

Carcare, Switzerland
Sun 7 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 7.45 Tithi 24

973686577

Siddha Yoga

Until 9:32PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:42PM – 2:00PM
Yama 10:06AM – 11:24AM
Rahu 3:17PM – 4:35PM

Anuradha Until 9:32PM
Dhruva Until 7:56AM
Taitila Until 4:02PM
Navami* Until 3:11AM Wed

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha-Masi

Sunrise: 7:31AM
Sunset: 5:53PM

Carcare, Switzerland
Sun 8 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami


Sivaloka Day

1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam			Carcare, Switzerland	
	Vrischika Rasi: 21.35 Tithi 25		Jyeshtha* Until 8:05PM			Sun 9 Sutra 304	
	973686577		Gulika 11:24AM – 12:42PM	Ganesha: Clear Sunrise: 7:29AM		Subhakrit 5124	
	Creative Work Siddha Yoga		Yama 8:48AM – 10:06AM	Muruqa: Purple Sunset: 5:54PM		Moon 2 - Phase 42 - 9	
Until 8:05PM		Rahu 12:42PM – 2:00PM	Nataraja: Orange		2nd Phase		
Then Routine Work - Marana Yoga		Dashami Until 1:02AM Thu		Moon – Orange		Sivaloka Day	
				Magha-Masi			

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam			Carcare, Switzerland	
	Dhanus Rasi: 5.51 Tithi 26		Mula* Until 6:18PM			Sun 10 Sutra 305	
	983686577		Gulika 10:05AM – 11:23AM	Ganesha: White Sunrise: 7:28AM		Subhakrit 5124	
	Creative Work Siddha Yoga		Yama 7:28AM – 8:46AM	Muruqa: Purple Sunset: 5:56PM		Moon 2 - Phase 42 - 10	
		Rahu 2:00PM – 3:19PM	Nataraja: Orange		2nd Phase		
		Ekadashi* Until 10:16PM		Moon – Light Blue		Devaloka Day	
				Magha-Masi			

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam			Carcare, Switzerland	
	Dhanus Rasi: 20.31 Tithi 27		Purvashadha* Until 3:53PM			Sun 11 Sutra 306	
	983686577		Gulika 8:45AM – 10:04AM	Ganesha: White Sunrise: 7:26AM		Subhakrit 5124	
	Routine Work Prabalarishta Yoga		Yama 3:19PM – 4:38PM	Muruqa: Purple Sunset: 5:57PM		Moon 2 - Phase 42 - 11	
Until 3:53PM		Rahu 11:23AM – 12:42PM	Nataraja: Orange		2nd Phase		
Then Routine Work - Marana Yoga		Dvadashi* Until 7:02PM		Moon – Light Blue		Devaloka Day	
				Magha-Masi			

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam			Carcare, Switzerland	
	Makara Rasi: 5.3 Tithi 28 – 29		Uttarashadha Until 12:59PM			Sun 12 Sutra 307	
	983686577		Gulika 7:25AM – 8:44AM	Ganesha: White Sunrise: 7:25AM		Subhakrit 5124	
	Routine Work Marana Yoga		Yama 2:01PM – 3:20PM	Muruqa: Purple Sunset: 5:58PM		Moon 2 - Phase 42 - 12	
Until 12:59PM		Rahu 10:03AM – 11:23AM	Nataraja: Orange		2nd Phase		
Then Creative Work - Siddha Yoga		Trayodashi* Until 3:29PM		Moon – Light Blue		Devaloka Day	
				Magha-Masi			
		<i>Pradosha Vrata (Fasting)</i>					

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Carcare, Switzerland	
	Retreat Star		Shravana Until 10:11AM			Sun 13 Sutra 308	
	Makara Rasi: 20.4 Tithi 29 – 30		Variyan Until 10:45AM			Subhakrit 5124	
	993686577		Gulika 3:21PM – 4:40PM	Ganesha: Green Sunrise: 7:23AM		Moon 2 - Phase 42 - 13	
Creative Work Amrita Yoga		Yama 12:42PM – 2:01PM	Muruqa: Purple Sunset: 6:00PM		Amavasya		
Until 10:11AM		Rahu 4:40PM – 6:00PM	Nataraja: Orange				
Then Routine Work - Marana Yoga		Chaturdashi* Until 11:47AM		Moon – Purple		Devaloka Day	
				Magha-Masi			

Monday, February 20, 2023	Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam			Carcare, Switzerland	
	Kumbha Rasi: 5.52 Tithi 30 – 1		Dhanishtha Until 7:16AM			Sun 14 Sutra 309	
	993686577		Gulika 2:01PM – 3:21PM	Ganesha: Green Sunrise: 7:22AM		Subhakrit 5124	
	Family Home Evening		Yama 11:22AM – 12:42PM	Muruqa: Purple Sunset: 6:01PM		Moon 2 - Phase 42 - 14	
Creative Work Siddha Yoga		Rahu 8:42AM – 10:02AM	Nataraja: Orange		Prathama		
		Amavasya* Until 8:07AM		Moon – Purple		Devaloka Day	
				Phalgun-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Carcare, Switzerland Sun 15 Sutra 310 Subhakrit 5124
	Kumbha Rasi: 20.54	Tithi 2	Gulika 12:41PM – 2:02PM	Purvaproshtapada* Until 2:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:20AM	
			Yama 10:01AM – 11:21AM	Siddha Until 10:38PM	Muruga: Purple	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 43 - 15
		913686577	Rahu 3:22PM – 4:42PM	Balava Until 3:02PM	Nataraja: Orange		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 1:31AM Wed	Moon – Clear		Sivaloka Day	
Until 2:10AM Wed				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Carcare, Switzerland Sun 16 Sutra 311 Subhakrit 5124
	Meena Rasi: 5.39	Tithi 3	Gulika 11:21AM – 12:41PM	Uttaraproshtapada Until 12:21AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:19AM	
			Yama 8:39AM – 10:00AM	Sadhya Until 7:16PM	Muruga: Purple	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 43 - 16
		913686577	Rahu 12:41PM – 2:02PM	Taitila Until 12:11PM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 10:57PM	Moon – Clear		Sivaloka Day	
				Phalguna-Masi			

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Carcare, Switzerland Sun 17 Sutra 312 Subhakrit 5124
	Meena Rasi: 19.59	Tithi 4	Gulika 9:59AM – 11:20AM	Revati Until 11:05PM	Ganesha: Blue	<i>Sunrise:</i> 7:17AM	
			Yama 7:17AM – 8:38AM	Subha Until 4:27PM	Muruga: Purple	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 43 - 17
		913786577	Rahu 2:02PM – 3:23PM	Vanija Until 9:57AM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 9:05PM	Moon – Clear		Subha Sivaloka Day	
Until 11:05PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Carcare, Switzerland Sun 18 Sutra 313 Subhakrit 5124
	Mesha Rasi: 3.51	Tithi 5	Gulika 8:37AM – 9:58AM	Ashvini Until 10:55PM	Ganesha: Yellow	<i>Sunrise:</i> 7:16AM	
			Yama 3:24PM – 4:45PM	Sukla Until 2:15PM	Muruga: Purple	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 43 - 18
		923786577	Rahu 11:20AM – 12:41PM	Bava Until 8:28AM	Nataraja: Orange		3rd Phase
Creative Work Amrita Yoga			Panchami Until 8:02PM	Moon – White		Sivaloka Day	
Until 10:55PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Carcare, Switzerland Sun 19 Sutra 314 Subhakrit 5124
	Mesha Rasi: 17.13	Tithi 6	Gulika 7:14AM – 8:36AM	Bharani Until 11:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM	
			Yama 2:03PM – 3:24PM	Brahma Until 12:44PM	Muruga: Purple	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 43 - 19
		923786577	Rahu 9:57AM – 11:19AM	Kaulava Until 7:51AM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 7:50PM	Moon – White		Sivaloka Day	
Until 11:27PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau				Carcare, Switzerland Sun 20 Sutra 315 Subhakrit 5124
	Vrishabha Rasi: 0.08	Tithi 7	Gulika 3:25PM – 4:47PM	Krittika Until 12:39AM Mon	Ganesha: Blue	<i>Sunrise:</i> 7:12AM	
			Yama 12:41PM – 2:03PM	Indra Until 11:55AM	Muruga: Purple	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 43 - 20
		924786577	Rahu 4:47PM – 6:09PM	Gara Until 8:05AM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga			Saptami Until 8:30PM	Moon – White		Devaloka Day	
Until 12:39AM Mon				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

D	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Carcare, Switzerland Sun 21 Sutra 316 Subhakrit 5124
	Retreat Star		Gulika 2:03PM – 3:26PM	Rohini Until 2:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 7:11AM	
	Vrishabha Rasi: 12.4	Tithi 8	Yama 11:18AM – 12:41PM	Vaidhriti* Until 11:41AM	Muruga: Purple	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 43 - 21
	Family Home Evening	934786577	Rahu 8:33AM – 9:56AM	Visti Until 9:09AM	Nataraja: Orange		Ashtami
Creative Work Amrita Yoga			Ashtami* Until 9:55PM	Moon – Yellow		Sivaloka Day	
Until 2:51AM Tue				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

D	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Carcare, Switzerland Sun 22 Sutra 317 Subhakrit 5124
	Retreat Star		Gulika 12:40PM – 2:03PM	Mrigashira Until 5:24AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 7:09AM	
	Vrishabha Rasi: 24.55	Tithi 9	Yama 9:55AM – 11:18AM	Vishkambha* Until 11:57AM	Muruga: Purple	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 43 - 22
		934786577	Rahu 3:26PM – 4:49PM	Balava Until 10:52AM	Nataraja: Orange		Navami
Creative Work Siddha Yoga			Navami* Until 11:54PM	Moon – Yellow		Sivaloka Day	
				Phalguna-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 318 Subhakrit 5124	
Mithuna Rasi: 6.57	Tithi 10	Gulika 11:17AM – 12:40PM	Ardra Until 8:06AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:06AM		
		Yama 8:29AM – 9:53AM	Priti Until 12:34PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 44 - 23	
		934786577 Rahu 12:40PM – 2:04PM	Taitila Until 1:04PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 2:15AM Thu	Moon – Yellow		Sivaloka Day	
Until 8:06AM Thu				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
2		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 319 Subhakrit 5124	
Mithuna Rasi: 18.52	Tithi 11	Gulika 9:52AM – 11:16AM	Ardra Until 8:06AM	Ganesha: Yellow	<i>Sunrise:</i> 7:04AM		
		Yama 7:04AM – 8:28AM	Ayushman Until 1:22PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 44 - 24	
		934786577 Rahu 2:04PM – 3:28PM	Vanija Until 3:31PM	Nataraja: Orange		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 4:45AM Fri	Moon – Yellow		Sivaloka Day	
Until 8:06AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
3		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava Karana Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 320 Subhakrit 5124	
Kataka Rasi: 0.44	Tithi 12	Gulika 8:27AM – 9:51AM	Punarvasu Until 11:14AM	Ganesha: White	<i>Sunrise:</i> 7:02AM		
		Yama 3:28PM – 4:53PM	Saubhagya Until 2:14PM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 44 - 25	
		944786577 Rahu 11:15AM – 12:40PM	Bava Until 6:02PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:15AM Sat	Moon – Blue		Devaloka Day	
Until 11:14AM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
4		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 321 Subhakrit 5124	
Kataka Rasi: 13	Tithi 12 – 13	Gulika 7:01AM – 8:25AM	Pushya Until 2:10PM	Ganesha: White	<i>Sunrise:</i> 7:01AM		
		Yama 2:04PM – 3:29PM	Sobhana Until 3:05PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 44 - 26	
		944786577 Rahu 9:50AM – 11:15AM	Kaulava Until 8:28PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:15AM	Moon – Blue		Devaloka Day	
Until 2:10PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
5		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 322 Subhakrit 5124	
Kataka Rasi: 24.31	Tithi 13 – 14	Gulika 3:30PM – 4:55PM	Ashlesha* Until 4:47PM	Ganesha: Purple	<i>Sunrise:</i> 6:59AM		
		Yama 12:39PM – 2:04PM	Athiganda* Until 3:47PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 44 - 27	
		144786577 Rahu 4:55PM – 6:20PM	Gara Until 10:44PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 9:37AM	Moon – Blue		Devaloka Day	
Until 4:47PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Routine Work - Marana Yoga							
Monday, March 6, 2023		Copper Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Carcare, Switzerland Sutra 323 Subhakrit 5124	
Simha Rasi: 6.31	Tithi 14 – 15	Gulika 2:05PM – 3:30PM	Magha* Until 7:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:57AM		
Family Home Evening		Yama 11:14AM – 12:39PM	Sukarma Until 4:19PM	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 44 -	
Routine Work	Marana Yoga	154786577 Rahu 8:23AM – 9:48AM	Visti Until 12:45AM Tue	Nataraja: Orange		Purnima	
Until 7:31PM			Chaturdashi* Until 11:45AM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga		Holi		Phalguna-Masi			
Tuesday, March 7, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Carcare, Switzerland Sutra 324 Subhakrit 5124	
Simha Rasi: 18.37	Tithi 15 – 16	Gulika 12:39PM – 2:05PM	Purvaphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:55AM		
		Yama 9:47AM – 11:13AM	Dhriti Until 4:40PM	Muruqa: Purple	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 44 -	
		154786577 Rahu 3:31PM – 4:56PM	Balava Until 2:28AM Wed	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 1:38PM	Moon – Red		Sivaloka Day	
Until 9:48PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava*/Taitila Karana Prathama/Dvitiyayam Titau

Carcare, Switzerland

Sutra 325

Subhakrit 5124

Moon 3 - Phase 45 -

1st Phase

Kanya Rasi: 0.5 Tithi 16 - 17

Gulika 11:12AM - 12:39PM

Uttaraphalguni Until 11:37PM

Ganesha: Clear Sunrise: 6:54AM

Muruqa: Purple Sunset: 6:24PM

Nataraja: Orange

Moon - Red

Sivaloka Day

Phalguna-Masi

Creative Work Amrita Yoga

Until 11:37PM

Then Routine Work - Marana Yoga

Thursday, March 9, 2023

1

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Carcare, Switzerland

Sun 1 Sutra 326

Subhakrit 5124

Moon 3 - Phase 45 - 1

1st Phase

Kanya Rasi: 13.13 Tithi 17 - 18

Gulika 9:45AM - 11:12AM

Hasta Until 1:25AM Fri

Ganesha: White Sunrise: 6:52AM

Muruqa: Purple Sunset: 6:25PM

Nataraja: Orange

Moon - Green

Devaloka Day

Phalguna-Masi

Routine Work Marana Yoga

Until 1:25AM Fri

Then Creative Work - Siddha Yoga

Friday, March 10, 2023

2

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Carcare, Switzerland

Sun 2 Sutra 327

Subhakrit 5124

Moon 3 - Phase 45 - 2

1st Phase

Kanya Rasi: 25.44 Tithi 18 - 19

Gulika 8:17AM - 9:44AM

Chitra Until 2:40AM Sat

Ganesha: Yellow Sunrise: 6:50AM

Muruqa: Purple Sunset: 6:26PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Gulika 8:17AM - 9:44AM

Yama 3:32PM - 4:59PM

Rahu 11:11AM - 12:38PM

Vridhhi Until 4:07PM

Bava Until 5:30AM Sat

Tritiya Until 5:13PM

Saturday, March 11, 2023

3

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Carcare, Switzerland

Sun 3 Sutra 328

Subhakrit 5124

Moon 3 - Phase 45 - 3

1st Phase

Tula Rasi: 8.26 Tithi 19 - 20

Gulika 6:48AM - 8:16AM

Svati Until 3:21AM Sun

Ganesha: Yellow Sunrise: 6:48AM

Muruqa: Purple Sunset: 6:27PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Until 3:21AM Sun

Then Routine Work - Marana Yoga

Sunday, March 12, 2023

4

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

Carcare, Switzerland

Sun 4 Sutra 329

Subhakrit 5124

Moon 3 - Phase 45 - 4

1st Phase

Tula Rasi: 21.2 Tithi 20 - 21

Gulika 3:33PM - 5:01PM

Vishakha Until 3:52AM Mon

Ganesha: Blue Sunrise: 6:46AM

Muruqa: Purple Sunset: 6:29PM

Nataraja: Orange

Moon - Orange

Subha Sivaloka Day

Phalguna-Masi

Routine Work Marana Yoga

Until 3:52AM Mon

Then Creative Work - Siddha Yoga

Monday, March 13, 2023

5

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Carcare, Switzerland

Sun 5 Sutra 330

Subhakrit 5124

Moon 3 - Phase 45 - 5

1st Phase

Vrischika Rasi: 4.3 Tithi 21 - 22

Gulika 2:05PM - 3:34PM

Anuradha Until 3:44AM Tue

Ganesha: Blue Sunrise: 6:45AM

Muruqa: Purple Sunset: 6:30PM

Nataraja: Orange

Moon - Orange

Subha Sivaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Until 3:44AM Tue

Then Routine Work - Marana Yoga

Tuesday, March 14, 2023

6

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Carcare, Switzerland

Sun 6 Sutra 331

Subhakrit 5124

Moon 3 - Phase 45 - 6

1st Phase

Vrischika Rasi: 17.56 Tithi 22 - 23

Gulika 12:37PM - 2:06PM

Jyeshtha* Until 2:56AM Wed

Ganesha: Blue Sunrise: 6:43AM

Muruqa: Purple Sunset: 6:31PM

Nataraja: Orange

Moon - Orange

Subha Sivaloka Day

Phalguna-Masi

Routine Work Marana Yoga

Wednesday, March 15, 2023

D

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Carcare, Switzerland

Sun 7 Sutra 332

Subhakrit 5124

Moon 3 - Phase 45 - 7

Ashtami

Dhanus Rasi: 1.41 Tithi 23 - 24

Gulika 11:08AM - 12:37PM

Mula* Until 1:55AM Thu

Ganesha: Red Sunrise: 6:41AM

Muruqa: Purple Sunset: 6:33PM

Nataraja: Clear

Moon - Light Blue

Sivaloka Day

Phalguna-Panguni

Routine Work Marana Yoga

Until 1:55AM Thu

Then Creative Work - Siddha Yoga

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Carcare, Switzerland

Sun 8 Sutra 333

Subhakrit 5124

Moon 3 - Phase 45 - 8

Navami

Dhanus Rasi: 15.44 Tithi 24 - 25

Gulika 9:38AM - 11:07AM

Purvashadha* Until 12:17AM Fri

Ganesha: Red Sunrise: 6:39AM

Muruqa: Purple Sunset: 6:34PM

Nataraja: Clear

Moon - Light Blue

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Until 12:17AM Fri

Then Routine Work - Marana Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang

1	Friday, March 17, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 9 Sutra 334
	Makara Rasi: 0.06	Tithi 25 – 26	Gulika 8:07AM – 9:37AM	Uttarashadha Until 10:08PM	Ganesha: Red <i>Sunrise:</i> 6:37AM	Subhakra 5124
			Yama 3:36PM – 5:05PM	Parigha* Until 11:02PM	Muruqa: Purple <i>Sunset:</i> 6:35PM	Moon 3 - Phase 46 - 9
	Routine Work	Marana Yoga	185786578 Rahu 11:06AM – 12:36PM	Bava Until 8:16PM	Nataraja: Clear	2nd Phase
			Dashami Until 9:39AM	Moon – Light Blue	Sivaloka Day	
				Phalgunapanguni		

2	Saturday, March 18, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau				Carcare, Switzerland Sun 10 Sutra 335
	Makara Rasi: 14.43	Tithi 26 – 27	Gulika 6:36AM – 8:06AM	Shravana Until 7:59PM	Ganesha: Green <i>Sunrise:</i> 6:36AM	Subhakra 5124
			Yama 2:06PM – 3:36PM	Shiva Until 7:23PM	Muruqa: Purple <i>Sunset:</i> 6:36PM	Moon 3 - Phase 46 - 10
	Creative Work	Siddha Yoga	195786578 Rahu 9:36AM – 11:06AM	Taitila Until 3:39AM Sun	Nataraja: Clear	2nd Phase
			Ekadashi* Until 6:46AM	Moon – Purple	Subha Sivaloka Day	
				Phalgunapanguni		

3	Sunday, March 19, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Carcare, Switzerland Sun 11 Sutra 336
	Makara Rasi: 29.3	Tithi 28	Gulika 3:37PM – 5:07PM	Dhanishtha Until 5:34PM	Ganesha: Orange <i>Sunrise:</i> 6:34AM	Subhakra 5124
			Yama 12:36PM – 2:06PM	Siddha Until 3:35PM	Muruqa: Clear <i>Sunset:</i> 6:38PM	Moon 3 - Phase 46 - 11
	Routine Work	Marana Yoga	196796578 Rahu 5:07PM – 6:38PM	Gara Until 2:04PM	Nataraja: Clear	2nd Phase
			Trayodashi* Until 12:27AM Mon	Moon – Purple	Devaloka Day	
				Phalgunapanguni		
				<i>Pradosha Vrata (Fasting)</i>		

4	Monday, March 20, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Carcare, Switzerland Sun 12 Sutra 337
	Kumbha Rasi: 14.2	Tithi 29	Gulika 2:06PM – 3:37PM	Shatabhishak Until 3:01PM	Ganesha: Green <i>Sunrise:</i> 6:32AM	Subhakra 5124
	Family Home Evening		Yama 11:04AM – 12:35PM	Sadhya Until 11:49AM	Muruqa: Clear <i>Sunset:</i> 6:39PM	Moon 3 - Phase 46 - 12
	Creative Work	Siddha Yoga	196896578 Rahu 8:03AM – 9:34AM	Visti Until 10:53AM	Nataraja: Clear	2nd Phase
			Chaturdashi* Until 9:19PM	Moon – Purple	Sivaloka Day	
				Phalgunapanguni		
				<i>Pradosha Vrata (Fasting)</i>		

●	Tuesday, March 21, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Carcare, Switzerland Sun 13 Sutra 338
	Retreat Star		Gulika 12:35PM – 2:06PM	Purvaproshtapada* Until 12:55PM	Ganesha: Orange <i>Sunrise:</i> 6:30AM	Subhakra 5124
	Kumbha Rasi: 29.06	Tithi 30	Yama 9:33AM – 11:04AM	Subha Until 8:11AM	Muruqa: Clear <i>Sunset:</i> 6:40PM	Moon 3 - Phase 46 - 13
	Routine Work	Marana Yoga	116896578 Rahu 3:38PM – 5:09PM	Catuspada Until 7:50AM	Nataraja: Clear	Amavasya
			Amavasya* Until 6:24PM	Moon – Clear	Devaloka Day	
				Phalgunapanguni		

●	Wednesday, March 22, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revali Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sun 14 Sutra 339
	Retreat Star		Gulika 11:03AM – 12:35PM	Uttaraproshtapada Until 11:01AM	Ganesha: Orange <i>Sunrise:</i> 6:28AM	Subhakra 5124
	Meena Rasi: 13.39	Tithi 1 – 2	Yama 8:00AM – 9:31AM	Brahma Until 1:43AM Thu	Muruqa: Clear <i>Sunset:</i> 6:41PM	Moon 3 - Phase 46 - 14
	Creative Work	Siddha Yoga	116896578 Rahu 12:35PM – 2:06PM	Balava Until 2:48AM Thu	Nataraja: Clear	Prathama
			Prathama* Until 3:52PM	Moon – Clear	Devaloka Day	
				Chaitrapanguni		
				<i>Pradosha Vrata (Fasting)</i>		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Carcare, Switzerland Sun 15 Sutra 340	
Meena Rasi: 27.53	Tithi 2 – 3	Gulika 9:30AM – 11:02AM	Revati Until 9:28AM	Ganesha: Orange	<i>Sunrise:</i> 6:26AM	Subhakrit 5124	
		Yama 6:26AM – 7:58AM	Indra Until 11:11PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 47 - 15	
		116896578 Rahu 2:06PM – 3:38PM	Taitila Until 1:06AM Fri	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Dvitiya Until 1:51PM	Moon – Clear		Devaloka Day	
Until 9:28AM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Carcare, Switzerland Sun 16 Sutra 341	
Mesha Rasi: 11.43	Tithi 3 – 4	Gulika 7:57AM – 9:29AM	Ashvini Until 8:50AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Subhakrit 5124	
		Yama 3:39PM – 5:11PM	Vaidhriti* Until 9:10PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 47 - 16	
		126896578 Rahu 11:02AM – 12:34PM	Vanija Until 12:07AM Sat	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Tritiya Until 12:30PM	Moon – White		Devaloka Day	
Until 8:50AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Carcare, Switzerland Sun 17 Sutra 342	
Mesha Rasi: 25.07	Tithi 4 – 5	Gulika 6:23AM – 7:55AM	Bharani Until 8:48AM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Subhakrit 5124	
		Yama 2:07PM – 3:39PM	Vishkambha* Until 7:48PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 47 - 17	
		126896578 Rahu 9:28AM – 11:01AM	Bava Until 11:55PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Chaturthi* Until 11:54AM	Moon – White		Devaloka Day	
Until 8:48AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Carcare, Switzerland Sun 18 Sutra 343	
Vrishabha Rasi: 8.07	Tithi 5 – 6	Gulika 3:40PM – 5:13PM	Krittika Until 9:22AM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Subhakrit 5124	
		Yama 12:34PM – 2:07PM	Priti Until 7:03PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 47 - 18	
		126896578 Rahu 5:13PM – 6:46PM	Kaulava Until 12:30AM Mon	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Panchami Until 12:05PM	Moon – White		Devaloka Day	
				Chaitra•Panguni			

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Carcare, Switzerland Sun 19 Sutra 344	
Vrishabha Rasi: 20.44	Tithi 6 – 7	Gulika 2:07PM – 3:40PM	Rohini Until 10:59AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Subhakrit 5124	
Family Home Evening		Yama 11:00AM – 12:33PM	Ayushman Until 6:50PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:53AM – 9:26AM	Gara Until 1:47AM Tue	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Shashthi* Until 1:02PM	Moon – Yellow		Devaloka Day	
				Chaitra•Panguni			

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Carcare, Switzerland Sun 20 Sutra 345	
Mithuna Rasi: 3.04	Tithi 7 – 8	Gulika 12:33PM – 2:07PM	Mrigashira Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Subhakrit 5124	
		Yama 9:25AM – 10:59AM	Saubhagya Until 7:07PM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:41PM – 5:15PM	Visti Until 3:39AM Wed	Nataraja: Clear		Ashtami	
Creative Work Siddha Yoga			Saptami Until 2:38PM	Moon – Yellow		Devaloka Day	
Until 1:05PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Carcare, Switzerland Sun 21 Sutra 346	
Mithuna Rasi: 15.1	Tithi 8 – 9	Gulika 10:58AM – 12:33PM	Ardra Until 3:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Subhakrit 5124	
		Yama 7:50AM – 9:24AM	Sobhana Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 47 - 21	
		137896578 Rahu 12:33PM – 2:07PM	Balava Until 5:53AM Thu	Nataraja: Clear		Navami	
Creative Work Siddha Yoga			Ashtami* Until 4:42PM	Moon – Yellow		Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

imes are standard time. Calculated for Carcare, Switzerland on 5/1

www.gurudeva.org/panchang

1		Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Kaulava Karana Navamyam Titau		Carcare, Switzerland Sun 22 Sutra 347	
Mithuna Rasi: 27.07	Tithi 9	Gulika 9:23AM – 10:58AM	Punarvasu Until 6:30PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Subhakit 5124	
		Yama 6:13AM – 7:48AM	Athiganda* Until 8:32PM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 48 - 22	
Creative Work	Amrita Yoga	147896578 Rahu 2:07PM – 3:42PM	Kaulava Until 7:03PM	Nataraja: Clear		4th Phase	
			Navami* Until 7:03PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

2		Friday, March 31, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau		Carcare, Switzerland Sun 23 Sutra 348	
Kataka Rasi: 9.01	Tithi 10	Gulika 7:47AM – 9:22AM	Pushya Until 9:26PM	Ganesha: White	<i>Sunrise:</i> 6:12AM	Subhakit 5124	
		Yama 3:42PM – 5:17PM	Sukarma Until 9:23PM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 48 - 23	
Routine Work	Marana Yoga	147896578 Rahu 10:57AM – 12:32PM	Taitila Until 8:17AM	Nataraja: Clear		4th Phase	
			Dashami Until 9:29PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

3		Saturday, April 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visiti* Karana Ekadashyam Titau		Carcare, Switzerland Sun 24 Sutra 349	
Kataka Rasi: 20.55	Tithi 11	Gulika 6:12AM – 7:47AM	Ashlesha* Until 12:05AM Sun	Ganesha: White	<i>Sunrise:</i> 6:12AM	Subhakit 5124	
		Yama 2:07PM – 3:42PM	Dhriti Until 10:11PM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 48 - 24	
Routine Work	Marana Yoga	147896578 Rahu 9:22AM – 10:57AM	Vanija Until 10:41AM	Nataraja: Clear		4th Phase	
			Ekadashi Until 11:48PM	Moon – Blue		Bhuloka Day	
		Yogaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

4		Sunday, April 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Carcare, Switzerland Sun 25 Sutra 350	
Simha Rasi: 2.52	Tithi 12	Gulika 3:43PM – 5:18PM	Magha* Until 2:50AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:10AM	Subhakit 5124	
		Yama 12:32PM – 2:07PM	Shula* Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 48 - 25	
Routine Work	Marana Yoga	158896578 Rahu 5:18PM – 6:54PM	Bava Until 12:54PM	Nataraja: Clear		4th Phase	
Until 2:50AM Mon			Dvadashi Until 1:52AM Mon	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			

5		Monday, April 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Carcare, Switzerland Sun 26 Sutra 351	
Simha Rasi: 14.55	Tithi 13	Gulika 2:07PM – 3:43PM	Purvaphalguni Until 5:04AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:08AM	Subhakit 5124	
Family Home Evening		Yama 10:56AM – 12:31PM	Ganda* Until 11:06PM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 48 - 26	
Creative Work	Siddha Yoga	158896578 Rahu 7:44AM – 9:20AM	Kaulava Until 2:48PM	Nataraja: Clear		4th Phase	
Until 5:04AM Tue			Trayodashi Until 3:34AM Tue	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

6		Tuesday, April 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Carcare, Switzerland Sun 27 Sutra 352	
Simha Rasi: 27.08	Tithi 14	Gulika 12:31PM – 2:07PM	Uttaraphalguni Until 6:42AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:06AM	Subhakit 5124	
		Yama 9:19AM – 10:55AM	Vriddhi Until 11:07PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 48 - 27	
Creative Work	Amrita Yoga	158896578 Rahu 3:44PM – 5:20PM	Gara Until 4:17PM	Nataraja: Clear		4th Phase	
Until 6:42AM Wed			Chaturdashi* Until 4:50AM Wed	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Chaitra•Panguni			

○		Wednesday, April 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Carcare, Switzerland Sutra 353	
Copper Retreat Star		Gulika 10:54AM – 12:31PM	Uttaraphalguni Until 6:42AM	Ganesha: Red	<i>Sunrise:</i> 6:04AM	Subhakit 5124	
Kanya Rasi: 9.32	Tithi 15	Yama 7:41AM – 9:18AM	Dhruva Until 10:44PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 48 -	
		158896578 Rahu 12:31PM – 2:07PM	Visti Until 5:17PM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 5:36AM Thu	Moon – Red		Devaloka Day	
Until 6:42AM		Panguni Uttiram		Chaitra•Panguni			
Then Routine Work - Marana Yoga		Hanuman Jayanti					

○		Thursday, April 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Carcare, Switzerland Sutra 354	
Silver Retreat Star		Gulika 9:17AM – 10:54AM	Hasta Until 8:11AM	Ganesha: Blue	<i>Sunrise:</i> 6:03AM	Subhakit 5124	
Kanya Rasi: 22.1	Tithi 16	Yama 6:03AM – 7:40AM	Vyaghata* Until 10:00PM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 48 -	
		168896578 Rahu 2:07PM – 3:44PM	Balava Until 5:49PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Prathama* Until 5:52AM Fri	Moon – Green		Bhuloka Day	
Until 8:11AM				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Carcare, Switzerland
Sutra 355

Tula Rasi: 5.01 Tithi 17

Gulika 7:38AM – 9:16AM
Yama 3:45PM – 5:22PM
168896578 **Rahu** 10:53AM – 12:30PM

Chitra Until 9:03AM
Harshana Until 8:54PM
Taitila Until 5:51PM
Dvitiya Until 5:41AM Sat

Ganesha: Blue *Sunrise:* 6:01AM
Muruqa: Clear *Sunset:* 7:00PM
Nataraja: Clear
Moon – Green

Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Vanija/Visti* Karana Tritiyayam Titau

Carcare, Switzerland
Sun 1 Sutra 356

Tula Rasi: 18.05 Tithi 18

Gulika 5:59AM – 7:37AM
Yama 2:08PM – 3:45PM
168896578 **Rahu** 9:14AM – 10:52AM

Svati Until 9:18AM
Vajra* Until 7:26PM
Vanija Until 5:27PM
Tritiya Until 5:05AM Sun

Ganesha: Blue *Sunrise:* 5:59AM
Muruqa: Clear *Sunset:* 7:01PM
Nataraja: Clear
Moon – Green

Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Sunday, April 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Carcare, Switzerland
Sun 2 Sutra 357

Vrischika Rasi: 1.23 Tithi 19

Gulika 3:46PM – 5:24PM
Yama 12:30PM – 2:08PM
179896578 **Rahu** 5:24PM – 7:02PM

Vishakha Until 9:28AM
Siddhi Until 5:40PM
Bava Until 4:40PM
Chaturthi* Until 4:06AM Mon

Ganesha: Red *Sunrise:* 5:57AM
Muruqa: Clear *Sunset:* 7:02PM
Nataraja: Clear
Moon – Orange

Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

3

Monday, April 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Varyian Yoga Kaulava/Taitila Karana Panchamyam Titau

Carcare, Switzerland
Sun 3 Sutra 358

Vrischika Rasi: 14.53 Tithi 20

Family Home Evening

Gulika 2:08PM – 3:46PM
Yama 10:51AM – 12:29PM
179896578 **Rahu** 7:34AM – 9:12AM

Anuradha Until 9:07AM
Vyatipata* Until 3:38PM
Kaulava Until 3:30PM
Panchami Until 2:47AM Tue

Ganesha: Red *Sunrise:* 5:55AM
Muruqa: Clear *Sunset:* 7:03PM
Nataraja: Clear
Moon – Orange

Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, April 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyian/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Carcare, Switzerland
Sun 4 Sutra 359

Vrischika Rasi: 28.35 Tithi 21

Gulika 12:29PM – 2:08PM
Yama 9:11AM – 10:50AM
179896578 **Rahu** 3:47PM – 5:26PM

Jyeshtha* Until 8:17AM
Varyian Until 1:19PM
Gara Until 2:02PM
Shashthi* Until 1:10AM Wed

Ganesha: Red *Sunrise:* 5:54AM
Muruqa: Clear *Sunset:* 7:05PM
Nataraja: Clear
Moon – Orange

Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Routine Work Marana Yoga

Until 8:17AM

Then Creative Work - Amrita Yoga

Devaloka Day

5

Wednesday, April 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Carcare, Switzerland
Sun 5 Sutra 360

Dhanus Rasi: 12.28 Tithi 22

Gulika 10:50AM – 12:29PM
Yama 7:31AM – 9:10AM
189896578 **Rahu** 12:29PM – 2:08PM

Mula* Until 7:28AM
Parigha* Until 10:47AM
Visti Until 12:16PM
Saptami Until 11:16PM

Ganesha: Green *Sunrise:* 5:52AM
Muruqa: Clear *Sunset:* 7:06PM
Nataraja: Clear
Moon – Light Blue

Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Routine Work Marana Yoga

Until 7:28AM

Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Carcare, Switzerland
Sun 6 Sutra 361

Dhanus Rasi: 26.31 Tithi 23

Gulika 9:09AM – 10:49AM
Yama 5:50AM – 7:30AM
189996578 **Rahu** 2:08PM – 3:48PM

Purvashadha* Until 6:14AM
Shiva Until 8:04AM
Balava Until 10:15AM
Ashtami* Until 9:09PM

Ganesha: White *Sunrise:* 5:50AM
Muruqa: Clear *Sunset:* 7:07PM
Nataraja: Clear
Moon – Light Blue

Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Creative Work Siddha Yoga

Until 6:14AM

Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Carcare, Switzerland
Sun 7 Sutra 362

Makara Rasi: 10.43 Tithi 24

Gulika 7:28AM – 9:08AM
Yama 3:48PM – 5:28PM
199996578 **Rahu** 10:48AM – 12:28PM

Shravana Until 3:10AM Sat
Sadhya Until 2:05AM Sat
Taitila Until 8:01AM
Navami* Until 6:49PM

Ganesha: Clear *Sunrise:* 5:48AM
Muruqa: Clear *Sunset:* 7:08PM
Nataraja: Clear
Moon – Purple

Sobhana 5125
Moon 4 - Phase 49 - 7
Navami

Routine Work Marana Yoga

Until 3:10AM Sat

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam
Tamil New Year

Devaloka Day

Chaitra-Chaitra

<h1>1</h1>	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 8 Sutra 363
	Makara Rasi: 25.01	Tithi 25 – 26	Gulika 5:47AM – 7:27AM	Dhanishtha Until 1:26AM Sun	Ganesha: White	<i>Sunrise:</i> 5:47AM	Sobhana 5125
			Yama 2:08PM – 3:49PM	Subha Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 1 - 8
	Creative Work	Siddha Yoga	299996578 Rahu 9:07AM – 10:48AM	Bava Until 3:08AM Sun	Nataraja: Clear		2nd Phase
			Dashami Until 4:22PM	Moon – Purple		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

<h1>2</h1>	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 9 Sutra 364
	Kumbha Rasi: 9.23	Tithi 26 – 27	Gulika 3:49PM – 5:30PM	Shatabhishak Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 5:45AM	Sobhana 5125
			Yama 12:28PM – 2:08PM	Sukla Until 7:46PM	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 1 - 9
	Creative Work	Siddha Yoga	299996578 Rahu 5:30PM – 7:11PM	Kaulava Until 12:37AM Mon	Nataraja: Clear		2nd Phase
			Ekadashi* Until 1:51PM	Moon – Purple		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

<h1>3</h1>	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Carcare, Switzerland Sun 10 Sutra 1
	Kumbha Rasi: 23.46	Tithi 27 – 28	Gulika 2:09PM – 3:50PM	Purvaproshtapada* Until 10:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:43AM	Sobhana 5125
	Family Home Evening		Yama 10:46AM – 12:28PM	Brahma Until 4:39PM	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 1 - 10
	Routine Work	Marana Yoga	211996578 Rahu 7:24AM – 9:05AM	Gara Until 10:11PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 11:22AM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<h1>4</h1>	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Carcare, Switzerland Sun 11 Sutra 2
	Meena Rasi: 8.04	Tithi 28 – 29	Gulika 12:27PM – 2:09PM	Uttaraproshtapada Until 8:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:42AM	Sobhana 5125
			Yama 9:04AM – 10:46AM	Indra Until 1:40PM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 1 - 11
	Creative Work	Amrita Yoga	211996578 Rahu 3:50PM – 5:32PM	Visti Until 7:57PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 9:01AM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Carcare, Switzerland Sun 12 Sutra 3
	Retreat Star		Gulika 10:45AM – 12:27PM	Revati Until 7:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:40AM	Sobhana 5125
	Meena Rasi: 22.13	Tithi 29 – 30	Yama 7:22AM – 9:03AM	Vaidhriti* Until 10:54AM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 1 - 12
	Routine Work	Marana Yoga	211996578 Rahu 12:27PM – 2:09PM	Catuspada Until 6:02PM	Nataraja: Clear		Amavasya
			Chaturdashi* Until 6:55AM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			

<h1>Retreat Star</h1>	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Carcare, Switzerland Sun 13 Sutra 4
	Mesha Rasi: 6.07	Tithi 1	Gulika 9:03AM – 10:45AM	Ashvini Until 6:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Sobhana 5125
			Yama 5:38AM – 7:20AM	Vishkambha* Until 8:28AM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 1 - 13
	Creative Work	Amrita Yoga	221996578 Rahu 2:09PM – 3:51PM	Kintughna Until 4:32PM	Nataraja: Clear		Prathama
			Prathama* Until 3:58AM Fri	Moon – White		Devaloka Day	
				Vaisaka*Chaitra			

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Carcare, Switzerland Sun 14 Sutra 5
	Mesha Rasi: 19.43	Tithi 2	Gulika 7:19AM – 9:02AM	Bharani Until 6:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	Sobhana 5125
			Yama 3:52PM – 5:34PM	Priti Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 Rahu 10:44AM – 12:27PM	Balava Until 3:35PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 3:19AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Carcare, Switzerland Sun 15 Sutra 6
	Wrishabha Rasi: 3	Tithi 3	Gulika 5:35AM – 7:18AM	Krittika Until 6:44PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Sobhana 5125
			Yama 2:09PM – 3:52PM	Saubhagya Until 3:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 Rahu 9:01AM – 10:44AM	Taitila Until 3:15PM	Nataraja: Clear		3rd Phase
			Tritiya Until 3:19AM Sun	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Carcare, Switzerland Sun 16 Sutra 7
	Wrishabha Rasi: 15.56	Tithi 4	Gulika 3:53PM – 5:36PM	Rohini Until 7:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM	Sobhana 5125
			Yama 12:26PM – 2:09PM	Sobhana Until 3:20AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 Rahu 5:36PM – 7:19PM	Vanija Until 3:35PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 3:59AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Carcare, Switzerland Sun 17 Sutra 8
	Wrishabha Rasi: 28.34	Tithi 5	Gulika 2:10PM – 3:53PM	Mrigashira Until 9:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:32AM	Sobhana 5125
	Family Home Evening		Yama 10:42AM – 12:26PM	Athiganda* Until 3:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 Rahu 7:15AM – 8:59AM	Bava Until 4:34PM	Nataraja: Clear		3rd Phase
			Panchami Until 5:15AM Tue	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Kaulava Karana Shashthyam Titau				Carcare, Switzerland Sun 18 Sutra 9
	Mithuna Rasi: 10.55	Tithi 6	Gulika 12:26PM – 2:10PM	Ardra Until 11:44PM	Ganesha: Orange	<i>Sunrise:</i> 5:30AM	Sobhana 5125
			Yama 8:58AM – 10:42AM	Sukarma Until 3:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 Rahu 3:54PM – 5:38PM	Kaulava Until 6:07PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 7:02AM Wed	Moon – Yellow		Sivaloka Day	
				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Carcare, Switzerland Sun 19 Sutra 10
	Mithuna Rasi: 23.04	Tithi 6 – 7	Gulika 10:41AM – 12:26PM	Punarvasu Until 2:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:28AM	Sobhana 5125
			Yama 7:13AM – 8:57AM	Dhriti Until 4:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 Rahu 12:26PM – 2:10PM	Gara Until 8:06PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 7:02AM	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Carcare, Switzerland Sun 20 Sutra 11
	Kataka Rasi: 5.04	Tithi 7 – 8	Gulika 8:56AM – 10:41AM	Pushya Until 5:21AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:27AM	Sobhana 5125
			Yama 5:27AM – 7:12AM	Shula* Until 5:06AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 Rahu 2:10PM – 3:55PM	Visti Until 10:21PM	Nataraja: Purple		Ashtami
			Saptami Until 9:11AM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Carcare, Switzerland Sun 21 Sutra 12
	Kataka Rasi: 16.59	Tithi 8 – 9	Gulika 7:10AM – 8:55AM	Ashlesha* Until 8:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:25AM	Sobhana 5125
			Yama 3:55PM – 5:40PM	Ganda* Until 5:57AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 Rahu 10:40AM – 12:25PM	Balava Until 12:42AM Sat	Nataraja: Purple		Navami
			Ashtami* Until 11:30AM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yukhtayam Ashlesha* Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Carcare, Switzerland Sun 22 Sutra 13
	Kataka Rasi: 28.53	Tithi 9 – 10	Gulika 5:24AM – 7:09AM Yama 2:10PM – 3:56PM Rahu 8:55AM – 10:40AM	Ashlesha* Until 8:03AM Vriddhi Until 6:42AM Sun Taitila Until 2:55AM Sun Navami* Until 1:49PM	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Blue	Sunrise: 5:24AM Sunset: 7:26PM	Sobhana 5125 Moon 4 - Phase 3 - 22 4th Phase
	Routine Work	Marana Yoga					Sivaloka Day
		Until 8:03AM					
		Then Creative Work - Amrita Yoga					

2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Carcare, Switzerland Sun 23 Sutra 14
	Simha Rasi: 10.51	Tithi 10 – 11	Gulika 3:56PM – 5:42PM Yama 12:25PM – 2:11PM Rahu 5:42PM – 7:28PM	Magha* Until 10:56AM Vriddhi Until 6:42AM Vanija Until 4:51AM Mon Dashami Until 3:55PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 5:22AM Sunset: 7:28PM	Sobhana 5125 Moon 4 - Phase 3 - 23 4th Phase
	Routine Work	Marana Yoga					Devaloka Day
		Until 10:56AM					
		Then Creative Work - Siddha Yoga					

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Carcare, Switzerland Sun 24 Sutra 15
	Simha Rasi: 22.56	Tithi 11 – 12	Gulika 2:11PM – 3:57PM Yama 10:38AM – 12:25PM Rahu 7:06AM – 8:52AM	Purvaphalguni Until 1:17PM Dhruva Until 7:10AM Bava Until 6:19AM Tue Ekadashi Until 5:38PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 5:19AM Sunset: 7:30PM	Sobhana 5125 Moon 4 - Phase 3 - 24 4th Phase
	Family Home Evening						Devaloka Day
		Until 8:03AM					
		Then Creative Work - Siddha Yoga					

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Carcare, Switzerland Sun 25 Sutra 16
	Kanya Rasi: 5.14	Tithi 12	Gulika 12:25PM – 2:11PM Yama 8:51AM – 10:38AM Rahu 3:58PM – 5:45PM	Uttaraphalguni Until 3:00PM Vyaghata* Until 7:17AM Bava Until 6:19AM Dvadashi Until 6:48PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 5:18AM Sunset: 7:31PM	Sobhana 5125 Moon 4 - Phase 3 - 25 4th Phase
	Creative Work	Amrita Yoga					Devaloka Day
		Until 3:00PM					
		Then Creative Work - Siddha Yoga					

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yukhtayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Carcare, Switzerland Sun 26 Sutra 17
	Kanya Rasi: 17.46	Tithi 13	Gulika 10:37AM – 12:24PM Yama 7:04AM – 8:50AM Rahu 12:24PM – 2:11PM	Hasta Until 4:27PM Harshana Until 6:58AM Kaulava Until 7:11AM Trayodashi Until 7:22PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 5:17AM Sunset: 7:32PM	Sobhana 5125 Moon 4 - Phase 3 - 26 4th Phase
	Routine Work	Marana Yoga					Sivaloka Day
		Until 4:27PM					
		Then Creative Work - Siddha Yoga					
						<i>Pradosha Vrata</i>	

6	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yukhtayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Carcare, Switzerland Sun 27 Sutra 18
	Tula Rasi: 1	Tithi 14	Gulika 8:50AM – 10:37AM Yama 5:15AM – 7:02AM Rahu 2:12PM – 3:59PM	Chitra Until 5:07PM Vajra* Until 6:07AM Gara Until 7:26AM Chaturdashi* Until 7:18PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 5:15AM Sunset: 7:34PM	Sobhana 5125 Moon 4 - Phase 3 - 27 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day
		Until 5:07PM					
		Then Creative Work - Amrita Yoga					

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yukhtayam Svati/Vishakha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Carcare, Switzerland Sun 28 Sutra 19
	Tula Rasi: 13.45	Tithi 15	Gulika 7:01AM – 8:49AM Yama 4:00PM – 5:47PM Rahu 10:37AM – 12:24PM	Svati Until 5:02PM Vyatipata* Until 3:01AM Sat Visti Until 7:03AM Purnima* Until 6:37PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 5:14AM Sunset: 7:35PM	Sobhana 5125 Moon 4 - Phase 3 - Purnima
	Creative Work	Siddha Yoga					Sivaloka Day
		Until 5:07PM					
		Then Creative Work - Amrita Yoga					
						Budha Purnima (Tamil Nadu)	

7	Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Vishakha/Anuradha Nakshatra Variyan Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Carcare, Switzerland Sun 29 Sutra 20
	Tula Rasi: 27.13	Tithi 16 – 17	Gulika 5:12AM – 7:00AM Yama 2:12PM – 4:00PM Rahu 8:48AM – 10:36AM	Vishakha Until 4:43PM Variyan Until 12:50AM Sun Balava Until 6:05AM Prathama* Until 5:24PM	Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 5:12AM Sunset: 7:36PM	Sobhana 5125 Moon 4 - Phase 3 - Prathama
	Creative Work	Siddha Yoga					Devaloka Day
		Until 5:07PM					
		Then Creative Work - Amrita Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda