



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India
Sutra 1

Tula Rasi: 20.15 Tithi 17
Family Home Evening 278345478
Routine Work Marana Yoga
Until 3:37AM Tue
Then Creative Work - Siddha Yoga

Gulika 1:42PM – 3:16PM
Yama 10:36AM – 12:09PM
Rahu 7:29AM – 9:02AM

Vishakha Until 3:37AM Tue
Siddhi Until 8:21PM
Taitila Until 8:46AM
Dvitiya Until 7:24PM

Ganesha: Purple *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India
Sun 1 Sutra 2

Vischika Rasi: 4.46 Tithi 18 – 19
278345478
Creative Work Siddha Yoga

Gulika 12:09PM – 1:42PM
Yama 9:02AM – 10:35AM
Rahu 3:16PM – 4:49PM

Anuradha Until 1:36AM Wed
Vyatipata* Until 4:59PM
Vanija Until 6:02AM
Tritiya Until 4:37PM

Ganesha: Purple *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyana/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India
Sun 2 Sutra 3

Vischika Rasi: 19.19 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 11:30PM
Then Routine Work - Marana Yoga

Gulika 10:35AM – 12:08PM
Yama 7:28AM – 9:01AM
Rahu 12:08PM – 1:42PM

Jyeshtha* Until 11:30PM
Variyan Until 1:35PM
Kaulava Until 12:31AM Thu
Chaturthi* Until 1:51PM

Ganesha: Purple *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

3

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India
Sun 3 Sutra 4

Dhanus Rasi: 3.5 Tithi 20 – 21
288345478
Creative Work Siddha Yoga

Gulika 9:01AM – 10:35AM
Yama 5:54AM – 7:27AM
Rahu 1:42PM – 3:16PM

Mula* Until 9:49PM
Parigha* Until 10:17AM
Gara Until 9:55PM
Panchami Until 11:10AM

Ganesha: Clear *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Chennai, India
Sun 4 Sutra 5

Dhanus Rasi: 18.13 Tithi 21 – 22
289345478
Routine Work Prabalarishta Yoga
Until 8:13PM
Then Routine Work - Marana Yoga

Gulika 7:27AM – 9:01AM
Yama 3:15PM – 4:49PM
Rahu 10:34AM – 12:08PM

Purvashadha* Until 8:13PM
Shiva Until 7:09AM
Visiti Until 7:33PM
Shashthi* Until 8:41AM

Ganesha: Purple *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Devaloka Day

5

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Chennai, India
Sun 5 Sutra 6

Makara Rasi: 2.26 Tithi 22 – 23
289345478
Routine Work Marana Yoga
Until 6:45PM
Then Creative Work - Siddha Yoga

Gulika 5:53AM – 7:26AM
Yama 1:42PM – 3:15PM
Rahu 9:00AM – 10:34AM

Uttarashadha Until 6:45PM
Sadhya Until 1:30AM Sun
Kaulava Until 4:32AM Sun
Saptami Until 6:27AM

Ganesha: Purple *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
5 Ashtami

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India
Sun 6 Sutra 7

Makara Rasi: 16.27 Tithi 24
299345478
Creative Work Amrita Yoga
Until 5:54PM
Then Routine Work - Marana Yoga

Gulika 3:15PM – 4:49PM
Yama 12:08PM – 1:42PM
Rahu 4:49PM – 6:23PM

Shravana Until 5:54PM
Subha Until 11:05PM
Taitila Until 3:42PM
Navami* Until 2:56AM Mon

Ganesha: Clear *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM


1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Chennai, India
	Kumbha Rasi: 0.16	Tithi 25	Gulika 1:41PM – 3:15PM	Dhanishtha Until 5:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	Sun 7 Sutra 8
	Family Home Evening	299345479	Rahu 7:26AM – 9:00AM	Sukla Until 8:56PM	Muruqa: White	<i>Sunset:</i> 6:23PM	Subhakrit 5124
	Creative Work Siddha Yoga			Vanija Until 2:17PM	Nataraja: Clear		Moon 4 - Phase 2 - 7 2nd Phase
			Dashami Until 1:42AM Tue	Chaitra+Chaitra	Devaloka Day		


2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India
	Kumbha Rasi: 13.51	Tithi 26	Gulika 12:07PM – 1:41PM	Shatabhishak Until 4:49PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Sun 8 Sutra 9
		299345479	Rahu 3:15PM – 4:49PM	Brahma Until 7:06PM	Muruqa: White	<i>Sunset:</i> 6:23PM	Subhakrit 5124
	Routine Work Marana Yoga			Bava Until 1:15PM	Nataraja: Clear		Moon 4 - Phase 2 - 8 2nd Phase
			Ekadashi* Until 12:51AM Wed	Chaitra+Chaitra	Devaloka Day		

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Chennai, India
	Kumbha Rasi: 27.13	Tithi 27	Gulika 10:33AM – 12:07PM	Purvaproshtapada* Until 5:06PM	Ganesha: Red	<i>Sunrise:</i> 5:51AM	Sun 9 Sutra 10
		219345479	Rahu 12:07PM – 1:41PM	Indra Until 5:37PM	Muruqa: White	<i>Sunset:</i> 6:24PM	Subhakrit 5124
	Creative Work Amrita Yoga			Kaulava Until 12:37PM	Nataraja: Clear		Moon 4 - Phase 2 - 9 2nd Phase
			Dvadashi* Until 12:26AM Thu	Chaitra+Chaitra	Devaloka Day		

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Chennai, India
	Meena Rasi: 10.21	Tithi 28	Gulika 8:59AM – 10:33AM	Uttaraproshtapada Until 5:40PM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Sun 10 Sutra 11
		219345479	Rahu 1:41PM – 3:15PM	Vaidhriti* Until 4:27PM	Muruqa: White	<i>Sunset:</i> 6:24PM	Subhakrit 5124
	Creative Work Siddha Yoga			Gara Until 12:24PM	Nataraja: Clear		Moon 4 - Phase 2 - 10 2nd Phase
			Trayodashi* Until 12:27AM Fri	Chaitra+Chaitra	Devaloka Day		
<i>Pradosha Vrata (Fasting)</i>							

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chennai, India
	Meena Rasi: 23.16	Tithi 29	Gulika 7:24AM – 8:58AM	Revati Until 6:32PM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	Sun 11 Sutra 12
		219445479	Rahu 10:33AM – 12:07PM	Vishkambha* Until 3:41PM	Muruqa: White	<i>Sunset:</i> 6:24PM	Subhakrit 5124
	Creative Work Siddha Yoga			Visti Until 12:40PM	Nataraja: Clear		Moon 4 - Phase 2 - 11 2nd Phase
			Chaturdashi* Until 12:57AM Sat	Chaitra+Chaitra	Bhuloka Day		
					Devaloka Time: 6:PM to 9:PM		

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Chennai, India
	Retreat Star		Gulika 5:49AM – 7:24AM	Ashvini Until 8:11PM	Ganesha: Green	<i>Sunrise:</i> 5:49AM	Sun 12 Sutra 13
	Mesha Rasi: 5.56	Tithi 30	Rahu 8:58AM – 10:32AM	Priti Until 3:18PM	Muruqa: White	<i>Sunset:</i> 6:24PM	Subhakrit 5124
	Creative Work Siddha Yoga			Catuspada Until 1:25PM	Nataraja: Clear		Moon 4 - Phase 2 - 12 Amavasya
			Amavasya* Until 1:57AM Sun	Chaitra+Chaitra	Bhuloka Day		
					Devaloka Time: 6:PM to 9:PM		

	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Chennai, India
	Retreat Star		Gulika 3:15PM – 4:50PM	Bharani Until 10:10PM	Ganesha: Green	<i>Sunrise:</i> 5:49AM	Sun 13 Sutra 14
	Mesha Rasi: 18.23	Tithi 1	Rahu 4:50PM – 6:24PM	Ayushman Until 3:16PM	Muruqa: White	<i>Sunset:</i> 6:24PM	Subhakrit 5124
	Routine Work Prabalarishta Yoga			Kintughna Until 2:40PM	Nataraja: Clear		Moon 4 - Phase 2 - 13 Prathama
			Prathama* Until 3:26AM Mon	Vaisaka+Chaitra	Bhuloka Day		
					Devaloka Time: 6:PM to 9:PM		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India Sun 14 Sutra 15 Subhakrit 5124
1 Vrishabha Rasi: 0.38 Family Home Evening Routine Work Marana Yoga Until 12:25AM Tue Then Creative Work - Amrita Yoga	Tithi 2 231445479	Gulika	1:41PM – 3:15PM	Krittika Until 12:25AM Tue	Ganesha: Green	Sunrise: 5:48AM
		Yama	10:32AM – 12:06PM	Saubhagya Until 3:37PM	Muruqa: White	Sunset: 6:25PM
		Rahu	7:23AM – 8:57AM	Balava Until 4:22PM	Nataraja: Clear	
				Dvitiya Until 5:21AM Tue	Moon – White	
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Tritiyayam Titau				Chennai, India Sun 15 Sutra 16 Subhakrit 5124
2 Vrishabha Rasi: 12.42 Creative Work Amrita Yoga Until 3:20AM Wed Then Creative Work - Siddha Yoga	Tithi 3 231445479	Gulika	12:06PM – 1:41PM	Rohini Until 3:20AM Wed	Ganesha: White	Sunrise: 5:48AM
		Yama	8:57AM – 10:32AM	Sobhana Until 4:17PM	Muruqa: White	Sunset: 6:25PM
		Rahu	3:16PM – 4:50PM	Taitila Until 6:28PM	Nataraja: Clear	
				Tritiya Until 7:36AM Wed	Moon – Yellow	
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 16 Sutra 17 Subhakrit 5124
3 Vrishabha Rasi: 24.38 Creative Work Siddha Yoga Until 6:18AM Thu Then Routine Work - Marana Yoga	Tithi 3 – 4 231445479	Gulika	10:32AM – 12:06PM	Mrigashira Until 6:18AM Thu	Ganesha: White	Sunrise: 5:48AM
		Yama	7:22AM – 8:57AM	Athiganda* Until 5:08PM	Muruqa: White	Sunset: 6:25PM
		Rahu	12:06PM – 1:41PM	Vanija Until 8:51PM	Nataraja: Clear	
				Tritiya Until 7:36AM	Moon – Yellow	
		Akshaya Tritiya		Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 17 Sutra 18 Subhakrit 5124
4 Mithuna Rasi: 6.3 Routine Work Marana Yoga	Tithi 4 – 5 231445479	Gulika	8:57AM – 10:31AM	Mrigashira Until 6:18AM	Ganesha: White	Sunrise: 5:47AM
		Yama	5:47AM – 7:22AM	Sukarma Until 6:07PM	Muruqa: White	Sunset: 6:25PM
		Rahu	1:41PM – 3:16PM	Bava Until 11:21PM	Nataraja: Clear	
				Chaturthi* Until 10:04AM	Moon – Yellow	
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Chennai, India Sun 18 Sutra 19 Subhakrit 5124
5 Mithuna Rasi: 18.2 Creative Work Siddha Yoga	Tithi 5 – 6 231445479	Gulika	7:22AM – 8:56AM	Ardra Until 9:10AM	Ganesha: White	Sunrise: 5:47AM
		Yama	3:16PM – 4:51PM	Dhriti Until 7:06PM	Muruqa: White	Sunset: 6:25PM
		Rahu	10:31AM – 12:06PM	Kaulava Until 1:48AM Sat	Nataraja: Clear	
				Panchami Until 12:34PM	Moon – Yellow	
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Chennai, India Sun 19 Sutra 20 Subhakrit 5124
6 Kataka Rasi: 0.13 Creative Work Siddha Yoga	Tithi 6 – 7 241445479	Gulika	5:46AM – 7:21AM	Punarvasu Until 12:16PM	Ganesha: Clear	Sunrise: 5:46AM
		Yama	1:41PM – 3:16PM	Shula* Until 7:56PM	Muruqa: White	Sunset: 6:26PM
		Rahu	8:56AM – 10:31AM	Gara Until 4:01AM Sun	Nataraja: Clear	
				Shashthi* Until 2:56PM	Moon – Blue	
				Vaisaka-Chaitra	Devaloka Day	

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Chennai, India Sun 20 Sutra 21 Subhakrit 5124
Retreat Star Kataka Rasi: 12.1 Creative Work Siddha Yoga	Tithi 7 – 8 241445479	Gulika	3:16PM – 4:51PM	Pushya Until 2:55PM	Ganesha: Clear	Sunrise: 5:46AM
		Yama	12:06PM – 1:41PM	Ganda* Until 8:30PM	Muruqa: White	Sunset: 6:26PM
		Rahu	4:51PM – 6:26PM	Visti Until 5:50AM Mon	Nataraja: Clear	
				Saptami Until 4:58PM	Moon – Blue	
		Mother's Day		Vaisaka-Chaitra	Devaloka Day	

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava Karana Ashtamyam Titau				Chennai, India Sun 21 Sutra 22 Subhakrit 5124
Retreat Star Kataka Rasi: 24.19 Family Home Evening Creative Work Siddha Yoga Until 4:55PM Then Routine Work - Marana Yoga	Tithi 8 241445479	Gulika	1:41PM – 3:16PM	Ashlesha* Until 4:55PM	Ganesha: Clear	Sunrise: 5:46AM
		Yama	10:31AM – 12:06PM	Vriddhi Until 8:41PM	Muruqa: White	Sunset: 6:26PM
		Rahu	7:21AM – 8:56AM	Bava Until 6:30PM	Nataraja: Clear	
				Ashtami* Until 6:30PM	Moon – Blue	
				Vaisaka-Chaitra	Devaloka Day	

Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 22 Sutra 23 Subhakrit 5124
Retreat Star Simha Rasi: 6.41 Creative Work Siddha Yoga	Tithi 9 252445479	Gulika	12:06PM – 1:41PM	Magha* Until 6:38PM	Ganesha: Clear	Sunrise: 5:45AM
		Yama	8:56AM – 10:31AM	Dhruva Until 8:19PM	Muruqa: White	Sunset: 6:26PM
		Rahu	3:16PM – 4:51PM	Balava Until 7:03AM	Nataraja: Clear	
				Navami* Until 7:23PM	Moon – Red	
				Vaisaka-Chaitra	Devaloka Day	


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau			Chennai, India Sun 23 Sutra 24 Subhakrit 5124
Simha Rasi: 19.23	Tithi 10	Gulika 10:31AM – 12:06PM	Purvaphalguni Until 7:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM		
		Yama 7:20AM – 8:55AM	Vyaghata* Until 7:23PM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 4 - 23	
252445479	Rahu 12:06PM – 1:41PM		Taitila Until 7:34AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 7:31PM	Moon – Red			Devaloka Day
				Vaisaka-Chaitra			

2		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau			Chennai, India Sun 24 Sutra 25 Subhakrit 5124
Kanya Rasi: 2.27	Tithi 11	Gulika 8:55AM – 10:31AM	Uttaraphalguni Until 7:21PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM		
		Yama 5:45AM – 7:20AM	Harshana Until 5:51PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 4 - 24	
252445479	Rahu 1:41PM – 3:16PM		Vanija Until 7:19AM	Nataraja: Clear		4th Phase	
	Amrita Yoga		Ekadashi Until 6:53PM	Moon – Red			Devaloka Day
Until 7:21PM				Vaisaka-Chaitra			
Then Routine Work - Marana Yoga							

3		Friday, May 13, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau			Chennai, India Sun 25 Sutra 26 Subhakrit 5124
Kanya Rasi: 15.56	Tithi 12 – 13	Gulika 7:20AM – 8:55AM	Hasta Until 6:49PM	Ganesha: White	<i>Sunrise:</i> 5:45AM		
		Yama 3:16PM – 4:52PM	Vajra* Until 3:41PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 4 - 25	
252445479	Rahu 10:30AM – 12:06PM		Bava Until 6:17AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 5:28PM	Moon – Green			Sivaloka Day
Until 6:49PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

4		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Chennai, India Sun 26 Sutra 27 Subhakrit 5124
Kanya Rasi: 29.52	Tithi 13 – 14	Gulika 5:44AM – 7:20AM	Chitra Until 5:28PM	Ganesha: White	<i>Sunrise:</i> 5:44AM		
		Yama 1:41PM – 3:16PM	Siddhi Until 12:58PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 4 - 26	
252445479	Rahu 8:55AM – 10:30AM		Gara Until 2:10AM Sun	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 3:24PM	Moon – Green			Sivaloka Day
Until 5:28PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Varyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Chennai, India Sun 27 Sutra 28 Subhakrit 5124
Tula Rasi: 14.11	Tithi 14 – 15	Gulika 3:17PM – 4:52PM	Svati Until 3:26PM	Ganesha: White	<i>Sunrise:</i> 5:44AM		
		Yama 12:06PM – 1:41PM	Vyatipata* Until 9:49AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 4 - 27	
252445479	Rahu 4:52PM – 6:27PM		Visti Until 11:19PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:46PM	Moon – Green			Sivaloka Day
Until 3:26PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

Monday, May 16, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Chennai, India Sun 29 Sutra 29 Subhakrit 5124		
Silver Retreat Star		Gulika 1:41PM – 3:17PM	Vishakha Until 1:17PM	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM		
Tula Rasi: 28.5	Tithi 15 – 16	Yama 10:30AM – 12:06PM	Variyan Until 6:16AM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4 -	
272445479	Rahu 7:19AM – 8:55AM		Balava Until 8:07PM	Nataraja: Clear		Prathama	
Family Home Evening	Marana Yoga		Purnima* Until 9:44AM	Moon – Orange			Devaloka Day
Routine Work				Vaisaka-Vaikasi			
Until 1:17PM							
Then Creative Work - Siddha Yoga							



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Chennai, India
Sutra 30

Vrischika Rasi: 13.41 Tithi 16 – 17

272445479

Gulika 12:06PM – 1:41PM
Yama 8:55AM – 10:30AM
Rahu 3:17PM – 4:52PM

Anuradha Until 10:45AM
Shiva Until 10:37PM
Gara Until 3:01AM Wed
Prathama* Until 6:26AM

Ganesha: Yellow *Sunrise:* 5:44AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga
Until 10:45AM
Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanija/Visli* Karana Tritiyayam Titau

Chennai, India
Sun 1 Sutra 31

Vrischika Rasi: 28.39 Tithi 18

272445479

Gulika 10:30AM – 12:06PM
Yama 7:19AM – 8:55AM
Rahu 12:06PM – 1:41PM

Jyeshtha* Until 8:01AM
Siddha Until 6:43PM
Vanija Until 1:19PM
Tritiya Until 11:38PM

Ganesha: Yellow *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga
Until 8:01AM
Then Routine Work - Marana Yoga

Devaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Chennai, India
Sun 2 Sutra 32

Dhanus Rasi: 13.34 Tithi 19

282445479

Gulika 8:54AM – 10:30AM
Yama 5:43AM – 7:19AM
Rahu 1:41PM – 3:17PM

Purvashadha* Until 3:17AM Fri
Sadhya Until 2:57PM
Bava Until 10:00AM
Chaturthi* Until 8:25PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
2 1st Phase

Creative Work Siddha Yoga
Until 3:17AM Fri
Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Chennai, India
Sun 3 Sutra 33

Dhanus Rasi: 28.19 Tithi 20 – 21

282445479

Gulika 7:19AM – 8:54AM
Yama 3:17PM – 4:53PM
Rahu 10:30AM – 12:06PM

Uttarashadha Until 1:10AM Sat
Subha Until 11:25AM
Kaulava Until 6:56AM
Panchami Until 5:31PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
3 1st Phase

Routine Work Marana Yoga
Until 1:10AM Sat
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Chennai, India
Sun 4 Sutra 34

Makara Rasi: 12.47 Tithi 21 – 22

292445479

Gulika 5:43AM – 7:19AM
Yama 1:42PM – 3:17PM
Rahu 8:54AM – 10:30AM

Shravana Until 11:47PM
Sukla Until 8:11AM
Visti Until 1:58AM Sun
Shashthi* Until 3:01PM

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
4 1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India
Sun 5 Sutra 35

Makara Rasi: 26.58 Tithi 22 – 23

292445479

Gulika 3:18PM – 4:54PM
Yama 12:06PM – 1:42PM
Rahu 4:54PM – 6:29PM

Dhanishtha Until 10:47PM
Indra Until 2:59AM Mon
Balava Until 12:15AM Mon
Saptami Until 1:01PM

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
5 Ashtami

Routine Work Marana Yoga
Until 10:47PM
Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India
Sun 6 Sutra 36

Kumbha Rasi: 10.46 Tithi 23 – 24

292445479

Gulika 1:42PM – 3:18PM
Yama 10:30AM – 12:06PM
Rahu 7:18AM – 8:54AM

Shatabhishak Until 10:13PM
Vaidhriti* Until 1:04AM Tue
Taitila Until 11:08PM
Ashtami* Until 11:36AM

Ganesha: Red *Sunrise:* 5:42AM
Muruqa: White *Sunset:* 6:30PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
6 Navami

Family Home Evening
Creative Work Siddha Yoga
Until 10:13PM
Then Routine Work - Marana Yoga

Devaloka Day

1	Tuesday, May 24, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Chennai, India
	Kumbha Rasi: 24.14	Tithi 24 – 25	Gulika 12:06PM – 1:42PM	Purvaproshtapada* Until 10:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Sun 7 Subhakit 5124
	213545479	Rahu 3:18PM – 4:54PM	Yama 8:54AM – 10:30AM	Vishkambha* Until 11:39PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 5 - Phase 6 - 7
Routine Work Marana Yoga			Vanija Until 10:36PM	Nataraja: Clear		2nd Phase	
Until 10:33PM			Navami* Until 10:46AM	Moon – Clear		Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			


2	Wednesday, May 25, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Chennai, India
	Meena Rasi: 7.22	Tithi 25 – 26	Gulika 10:30AM – 12:06PM	Uttaraproshtapada Until 11:18PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Sun 8 Subhakit 5124
	213545479	Rahu 12:06PM – 1:42PM	Yama 7:18AM – 8:54AM	Priti Until 10:43PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 5 - Phase 6 - 8
Creative Work Siddha Yoga			Bava Until 10:40PM	Nataraja: Clear		2nd Phase	
Until 11:18PM			Dashami Until 10:32AM	Moon – Clear		Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Vaikasi			

3	Thursday, May 26, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India
	Meena Rasi: 20.13	Tithi 26 – 27	Gulika 8:54AM – 10:30AM	Revati Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Sun 9 Subhakit 5124
	313545479	Rahu 1:42PM – 3:18PM	Yama 5:42AM – 7:18AM	Ayushman Until 10:12PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 5 - Phase 6 - 9
Creative Work Siddha Yoga			Kaulava Until 11:17PM	Nataraja: Clear		2nd Phase	
Until 12:27AM Fri			Ekadashi* Until 10:53AM	Moon – Clear		Sivaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			

4	Friday, May 27, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Titila/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Mesha Rasi: 2.48	Tithi 27 – 28	Gulika 7:18AM – 8:54AM	Ashvini Until 2:24AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Sun 10 Subhakit 5124
	323545479	Rahu 10:30AM – 12:06PM	Yama 3:19PM – 4:55PM	Saubhagya Until 10:05PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 5 - Phase 6 - 10
Creative Work Amrita Yoga			Gara Until 12:25AM Sat	Nataraja: Clear		2nd Phase	
Until 2:24AM Sat			Dvadashi* Until 11:47AM	Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			
<i>Pradosha Vrata (Fasting)</i>							

5	Saturday, May 28, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Chennai, India
	Mesha Rasi: 15.1	Tithi 28 – 29	Gulika 5:42AM – 7:18AM	Bharani Until 4:38AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Sun 11 Subhakit 5124
	323545479	Rahu 8:54AM – 10:30AM	Yama 1:43PM – 3:19PM	Sobhana Until 10:21PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 5 - Phase 6 - 11
Creative Work Siddha Yoga			Visli Until 2:00AM Sun	Nataraja: Clear		2nd Phase	
Until 7:02AM Mon			Trayodashi* Until 1:09PM	Moon – White		Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			

6	Sunday, May 29, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Chennai, India
	Mesha Rasi: 27.21	Tithi 29 – 30	Gulika 3:19PM – 4:55PM	Krittika Until 7:02AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Sun 12 Subhakit 5124
	323545479	Rahu 4:55PM – 6:31PM	Yama 12:07PM – 1:43PM	Athiganda* Until 10:52PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 5 - Phase 6 - 12
Creative Work Siddha Yoga			Catuspada Until 3:58AM Mon	Nataraja: Clear		2nd Phase	
Until 7:02AM Mon			Chaturdashi* Until 2:55PM	Moon – White		Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			

	Monday, May 30, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Chennai, India
	Retreat Star		Gulika 1:43PM – 3:19PM	Krittika Until 7:02AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Sun 13 Subhakit 5124
	Vrishabha Rasi: 9.23	Tithi 30 – 1	Yama 10:31AM – 12:07PM	Sukarma Until 11:39PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 6 - 13
Family Home Evening		323545479	Rahu 7:18AM – 8:54AM	Kintughna Until 6:12AM Tue	Nataraja: Clear	Amavasya	
Routine Work Marana Yoga				Amavasya* Until 5:02PM	Moon – White	Devaloka Day	
Until 7:02AM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

7	Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Chennai, India
	Retreat Star		Gulika 12:07PM – 1:43PM	Rohini Until 10:03AM	Ganesha: Orange	<i>Sunrise:</i> 5:42AM	Sun 14 Subhakit 5124
	Vrishabha Rasi: 21.19	Tithi 1	Yama 8:54AM – 10:31AM	Dhriti Until 12:36AM Wed	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 6 - 14
Creative Work Amrita Yoga		333545479	Rahu 3:19PM – 4:56PM	Kintughna Until 6:12AM	Nataraja: Clear	Prathama	
Until 10:03AM				Prathama* Until 7:22PM	Moon – Yellow	Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Wednesday, June 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Chennai, India Sun 15 Sutra 45 Subhakit 5124
Mithuna Rasi: 3.11	Tithi 2	Gulika 10:31AM – 12:07PM	Mrigashira Until 1:03PM	Ganesha: Orange	<i>Sunrise:</i> 5:42AM	
		Yama 7:18AM – 8:54AM	Shula* Until 1:35AM Thu	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 7 - 15
333545479		Rahu 12:07PM – 1:43PM	Balava Until 8:37AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:50PM	Moon – Yellow		Devaloka Day
				Jyeshtha-Vaikasi		

2		Thursday, June 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Chennai, India Sun 16 Sutra 46 Subhakit 5124
Mithuna Rasi: 15.01	Tithi 3	Gulika 8:55AM – 10:31AM	Ardra Until 3:55PM	Ganesha: Orange	<i>Sunrise:</i> 5:42AM	
		Yama 5:42AM – 7:18AM	Ganda* Until 2:36AM Fri	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 7 - 16
333545479		Rahu 1:44PM – 3:20PM	Taitila Until 11:06AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 12:19AM Fri	Moon – Yellow		Devaloka Day
Until 3:55PM				Jyeshtha-Vaikasi		
Then Creative Work - Amrita Yoga						

3		Friday, June 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau		Chennai, India Sun 17 Sutra 47 Subhakit 5124
Mithuna Rasi: 26.51	Tithi 4	Gulika 7:18AM – 8:55AM	Punarvasu Until 7:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
		Yama 3:20PM – 4:57PM	Vriddhi Until 3:33AM Sat	Muruqa: Green	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 7 - 17
343555479		Rahu 10:31AM – 12:07PM	Vanija Until 1:33PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:42AM Sat	Moon – Blue		Devaloka Day
Until 7:05PM				Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga						

4		Saturday, June 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau		Chennai, India Sun 18 Sutra 48 Subhakit 5124
Kataka Rasi: 8.44	Tithi 5	Gulika 5:42AM – 7:18AM	Pushya Until 9:53PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
		Yama 1:44PM – 3:20PM	Dhruva Until 4:17AM Sun	Muruqa: Green	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 7 - 18
343555479		Rahu 8:55AM – 10:31AM	Bava Until 3:50PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 4:51AM Sun	Moon – Blue		Devaloka Day
Until 9:53PM				Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga						

5		Sunday, June 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Chennai, India Sun 19 Sutra 49 Subhakit 5124
Kataka Rasi: 20.43	Tithi 6	Gulika 3:21PM – 4:57PM	Ashlesha* Until 12:12AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
		Yama 12:08PM – 1:44PM	Vyaghata* Until 4:45AM Mon	Muruqa: Green	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 7 - 19
343555471		Rahu 4:57PM – 6:34PM	Kaulava Until 5:49PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:38AM Mon	Moon – Blue		Devaloka Day
Until 12:12AM Mon				Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga						

6		Monday, June 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Chennai, India Sun 20 Sutra 50 Subhakit 5124
Simha Rasi: 2.51	Tithi 6 – 7	Gulika 1:44PM – 3:21PM	Magha* Until 2:23AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	
Family Home Evening		Yama 10:31AM – 12:08PM	Harshana Until 4:51AM Tue	Muruqa: Green	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 7 - 20
353555471		Rahu 7:18AM – 8:55AM	Gara Until 7:21PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 6:38AM	Moon – Red		Sivaloka Day
Until 2:23AM Tue				Jyeshtha-Vaikasi		
Then Creative Work - Siddha Yoga						

Retreat Star		Tuesday, June 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Chennai, India Sun 21 Sutra 51 Subhakit 5124
Simha Rasi: 15.12	Tithi 7 – 8	Gulika 12:08PM – 1:45PM	Purvaphalguni Until 3:48AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
		Yama 8:55AM – 10:32AM	Vajra* Until 4:25AM Wed	Muruqa: Green	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 7 - 21
354555471		Rahu 3:21PM – 4:58PM	Visti Until 8:18PM	Nataraja: Yellow		Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:53AM	Moon – Red		Devaloka Day
Until 3:48AM Wed				Jyeshtha-Vaikasi		
Then Creative Work - Amrita Yoga						

Retreat Star		Wednesday, June 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Chennai, India Sun 22 Sutra 52 Subhakit 5124
Simha Rasi: 27.5	Tithi 8 – 9	Gulika 10:32AM – 12:08PM	Uttaraphalguni Until 4:21AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	
		Yama 7:19AM – 8:55AM	Siddhi Until 3:25AM Thu	Muruqa: Green	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 7 - 22
354555471		Rahu 12:08PM – 1:45PM	Balava Until 8:33PM	Nataraja: Yellow		Navami
Creative Work	Amrita Yoga		Ashtami* Until 8:30AM	Moon – Red		Devaloka Day
Until 4:21AM Thu				Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Chennai, India
	Kanya Rasi: 10.49	Tithi 9 – 10	Gulika 8:55AM – 10:32AM	Hasta Until 4:25AM Fri	Ganesha: White	<i>Sunrise:</i> 5:42AM	Sun 23 Sutra 53
			Yama 5:42AM – 7:19AM	Vyatipata* Until 1:49AM Fri	Muruqa: Green	<i>Sunset:</i> 6:35PM	Subhakrit 5124
			364555471 Rahu 1:45PM – 3:22PM	Taitila Until 8:01PM	Nataraja: Yellow		Moon 5 - Phase 8 - 23 4th Phase
Routine Work Marana Yoga			Navami* Until 8:21AM	Moon – Green		Bhuloka Day	
Until 4:25AM Fri				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chennai, India
	Kanya Rasi: 24.13	Tithi 10 – 11	Gulika 7:19AM – 8:55AM	Chitra Until 3:35AM Sat	Ganesha: White	<i>Sunrise:</i> 5:42AM	Sun 24 Sutra 54
			Yama 3:22PM – 4:58PM	Variyan Until 11:33PM	Muruqa: Green	<i>Sunset:</i> 6:35PM	Subhakrit 5124
			364555471 Rahu 10:32AM – 12:09PM	Vanija Until 6:42PM	Nataraja: Yellow		Moon 5 - Phase 8 - 24 4th Phase
Creative Work Siddha Yoga			Dashami Until 7:26AM	Moon – Green		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Chennai, India
	Tula Rasi: 8.04	Tithi 12	Gulika 5:42AM – 7:19AM	Svati Until 1:54AM Sun	Ganesha: White	<i>Sunrise:</i> 5:42AM	Sun 25 Sutra 55
			Yama 1:45PM – 3:22PM	Parigha* Until 8:43PM	Muruqa: Green	<i>Sunset:</i> 6:35PM	Subhakrit 5124
			364555471 Rahu 8:56AM – 10:32AM	Bava Until 4:38PM	Nataraja: Yellow		Moon 5 - Phase 8 - 25 4th Phase
Creative Work Siddha Yoga			Dvadashi Until 3:21AM Sun	Moon – Green		Bhuloka Day	
Until 1:54AM Sun				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Chennai, India
	Tula Rasi: 22.23	Tithi 13	Gulika 3:22PM – 4:59PM	Vishakha Until 11:54PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Sun 26 Sutra 56
			Yama 12:09PM – 1:46PM	Shiva Until 5:23PM	Muruqa: Green	<i>Sunset:</i> 6:36PM	Subhakrit 5124
			374555471 Rahu 4:59PM – 6:36PM	Kaulava Until 1:57PM	Nataraja: Yellow		Moon 5 - Phase 8 - 26 4th Phase
Routine Work Marana Yoga			Trayodashi Until 12:23AM Mon	Moon – Orange		Devaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India
	Vrischika Rasi: 7.05	Tithi 14	Gulika 1:46PM – 3:23PM	Anuradha Until 9:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Sun 27 Sutra 57
	Family Home Evening		Yama 10:33AM – 12:09PM	Siddha Until 1:38PM	Muruqa: Green	<i>Sunset:</i> 6:36PM	Subhakrit 5124
			374555471 Rahu 7:19AM – 8:56AM	Gara Until 10:45AM	Nataraja: Yellow		Moon 5 - Phase 8 - 27 4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 9:00PM	Moon – Orange		Devaloka Day	
				Jyeshtha-Vaikasi			

	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Chennai, India
	Copper Retreat Star		Gulika 12:09PM – 1:46PM	Jyeshtha* Until 6:22PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Sun 28 Sutra 58
	Vrischika Rasi: 22.06	Tithi 15 – 16	Yama 8:56AM – 10:33AM	Sadhya Until 9:36AM	Muruqa: Green	<i>Sunset:</i> 6:36PM	Subhakrit 5124
			374555471 Rahu 3:23PM – 4:59PM	Visti Until 7:12AM	Nataraja: Yellow		Moon 5 - Phase 8 - Purnima
Routine Work Marana Yoga			Purnima* Until 5:19PM	Moon – Orange		Devaloka Day	
Until 6:22PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

○	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Chennai, India
	Silver Retreat Star		Gulika 10:33AM – 12:10PM	Mula* Until 3:32PM	Ganesha: Blue	<i>Sunrise:</i> 5:43AM	Sun 29 Sutra 59
	Dhanus Rasi: 7.17	Tithi 16 – 17	Yama 7:20AM – 8:56AM	Sukla Until 1:14AM Thu	Muruqa: Green	<i>Sunset:</i> 6:36PM	Subhakrit 5124
			384555471 Rahu 12:10PM – 1:46PM	Taitila Until 11:39PM	Nataraja: Yellow		Moon 5 - Phase 8 - Prathama
Routine Work Marana Yoga			Prathama* Until 1:32PM	Moon – Light Blue		Bhuloka Day	
Until 3:32PM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							



Thursday, June 16, 2022

Gold Retreat Star

Dhanus Rasi: 22.28 Tithi 17 - 18

384555471

Gulika 8:56AM - 10:33AM
Yama 5:43AM - 7:20AM
Rahu 1:47PM - 3:23PM

Creative Work Siddha Yoga
Until 12:38PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

Purvashadha* Until 12:38PM
Brahma Until 9:10PM
Vanija Until 8:00PM
Dvitiya Until 9:47AM

Ganesha: Blue
Muruga: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:43AM
Sunset: 6:37PM

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Chennai, India
Sun 1 Sutra 60
Subhakrit 5124
Moon 6 - Phase 9 - 1
1st Phase

1

Friday, June 17, 2022

Makara Rasi: 7.31 Tithi 18 - 19

384555471

Gulika 7:20AM - 8:57AM
Yama 3:23PM - 5:00PM
Rahu 10:33AM - 12:10PM

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti*/Balava Karana Tritiya/Chaturthiyam Titau

Uttarashadha Until 9:51AM
Indra Until 5:21PM
Balava Until 3:04AM Sat
Tritiya Until 6:15AM

Ganesha: Blue
Muruga: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:43AM
Sunset: 6:37PM

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Chennai, India
Sun 2 Sutra 61
Subhakrit 5124
Moon 6 - Phase 9 - 2
1st Phase

2

Saturday, June 18, 2022

Makara Rasi: 22.17 Tithi 20

394655471

Gulika 5:43AM - 7:20AM
Yama 1:47PM - 3:24PM
Rahu 8:57AM - 10:34AM

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Shravana Until 7:43AM
Vaidhrili* Until 1:53PM
Kaulava Until 1:41PM
Panchami Until 12:24AM Sun

Ganesha: Blue
Muruga: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:43AM
Sunset: 6:37PM

Sivaloka Day

Chennai, India
Sun 3 Sutra 62
Subhakrit 5124
Moon 6 - Phase 9 - 3
1st Phase

3

Sunday, June 19, 2022

Kumbha Rasi: 6.4 Tithi 21

395655471

Gulika 3:24PM - 5:01PM
Yama 12:11PM - 1:47PM
Rahu 5:01PM - 6:37PM

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shashthiyam Titau

Shatabhishak Until 4:46AM Mon
Vishkambha* Until 10:54AM
Gara Until 11:19AM
Shashthi* Until 10:22PM

Ganesha: Red
Muruga: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:44AM
Sunset: 6:37PM

Devaloka Day

Chennai, India
Sun 4 Sutra 63
Subhakrit 5124
Moon 6 - Phase 9 - 4
1st Phase

4

Monday, June 20, 2022

Kumbha Rasi: 20.37 Tithi 22

Family Home Evening

315655471

Gulika 1:47PM - 3:24PM
Yama 10:34AM - 12:11PM
Rahu 7:21AM - 8:57AM

Routine Work Marana Yoga

Until 4:35AM Tue

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprossthapada* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Purvaprossthapada* Until 4:35AM Tue
Priti Until 8:30AM
Visti Until 9:38AM
Saptami Until 9:03PM

Ganesha: Clear
Muruga: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:44AM
Sunset: 6:38PM

Devaloka Day

Chennai, India
Sun 5 Sutra 64
Subhakrit 5124
Moon 6 - Phase 9 - 5
1st Phase

5

Tuesday, June 21, 2022

Retreat Star

Meena Rasi: 4.06 Tithi 23

315655471

Gulika 12:11PM - 1:48PM
Yama 8:58AM - 10:34AM
Rahu 3:24PM - 5:01PM

Creative Work Amrita Yoga

Until 5:02AM Wed

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprossthapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Uttaraprossthapada Until 5:02AM Wed
Ayushman Until 6:40AM
Balava Until 8:42AM
Ashtami* Until 8:31PM

Ganesha: Clear
Muruga: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:44AM
Sunset: 6:38PM

Devaloka Day

Chennai, India
Sun 6 Sutra 65
Subhakrit 5124
Moon 6 - Phase 9 - 6
Ashtami

Wednesday, June 22, 2022

Retreat Star

Meena Rasi: 17.11 Tithi 24

315655471

Gulika 10:34AM - 12:11PM
Yama 7:21AM - 8:58AM
Rahu 12:11PM - 1:48PM

Routine Work Marana Yoga

Until 6:02AM Thu

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Revati Until 6:02AM Thu
Sobhana Until 4:54AM Thu
Taitila Until 8:33AM
Navami* Until 8:44PM

Ganesha: Clear
Muruga: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:44AM
Sunset: 6:38PM

Devaloka Day

Chennai, India
Sun 7 Sutra 66
Subhakrit 5124
Moon 6 - Phase 9 - 7
Navami

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Chennai, India on 5/1/21

www.gurudeva.org/panchang

1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau			Chennai, India Sun 8 Sutra 67
Meena Rasi: 29.53	Tithi 25	Gulika 8:58AM – 10:35AM	Revati Until 6:02AM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Subhakrit 5124	
		Yama 5:45AM – 7:21AM	Athiganda* Until 4:49AM Fri	Muruqa: Green	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 10 - 8	
		315655471 Rahu 1:48PM – 3:25PM	Vanija Until 9:08AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 9:40PM	Moon – Clear		Devaloka Day	
Until 6:02AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau			Chennai, India Sun 9 Sutra 68
Mesha Rasi: 12.17	Tithi 26	Gulika 7:21AM – 8:58AM	Ashvini Until 8:01AM	Ganesha: Purple	<i>Sunrise:</i> 5:45AM	Subhakrit 5124	
		Yama 3:25PM – 5:02PM	Sukarma Until 5:11AM Sat	Muruqa: Green	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 10 - 9	
		325655471 Rahu 10:35AM – 12:12PM	Bava Until 10:23AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 11:11PM	Moon – White		Bhuloka Day	
Until 8:01AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau			Chennai, India Sun 10 Sutra 69
Mesha Rasi: 24.28	Tithi 27	Gulika 5:45AM – 7:22AM	Bharani Until 10:22AM	Ganesha: Purple	<i>Sunrise:</i> 5:45AM	Subhakrit 5124	
		Yama 1:49PM – 3:25PM	Dhriti Until 5:53AM Sun	Muruqa: Green	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 10 - 10	
		325655471 Rahu 8:58AM – 10:35AM	Kaulava Until 12:09PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Dvodashi* Until 1:10AM Sun	Moon – White		Bhuloka Day	
Until 10:22AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau			Chennai, India Sun 11 Sutra 70
Vrishabha Rasi: 6.28	Tithi 28	Gulika 3:25PM – 5:02PM	Krittika Until 12:55PM	Ganesha: Purple	<i>Sunrise:</i> 5:45AM	Subhakrit 5124	
		Yama 12:12PM – 1:49PM	Shula* Until 6:47AM Mon	Muruqa: Green	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 10 - 11	
		325655471 Rahu 5:02PM – 6:39PM	Gara Until 2:18PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 3:27AM Mon	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
			<i>Pradosha Vrata (Fasting)</i>				

5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Chennai, India Sun 12 Sutra 71
Vrishabha Rasi: 18.22	Tithi 29	Gulika 1:49PM – 3:26PM	Rohini Until 4:03PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:45AM	Subhakrit 5124	
Family Home Evening		Yama 10:36AM – 12:12PM	Shula* Until 6:47AM	Muruqa: Green	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 10 - 12	
		335655471 Rahu 7:22AM – 8:59AM	Visti Until 4:41PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 5:55AM Tue	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Catuspada* Karana Amavasyayam Titau			Chennai, India Sun 13 Sutra 72
Mithuna Rasi: 0.12	Tithi 30	Gulika 12:12PM – 1:49PM	Mrigashira Until 7:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:46AM	Subhakrit 5124	
		Yama 8:59AM – 10:36AM	Ganda* Until 7:48AM	Muruqa: Green	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 10 - 13	
		335655471 Rahu 3:26PM – 5:02PM	Catuspada Until 7:11PM	Nataraja: Yellow		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 8:25AM Wed	Moon – Yellow		Bhuloka Day	
Until 7:07PM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Chennai, India Sun 14 Sutra 73
Mithuna Rasi: 12.01	Tithi 30 – 1	Gulika 10:36AM – 12:13PM	Ardra Until 10:00PM	Ganesha: Purple	<i>Sunrise:</i> 5:46AM	Subhakrit 5124	
		Yama 7:23AM – 8:59AM	Vridhhi Until 8:52AM	Muruqa: Green	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 10 - 14	
		336655471 Rahu 12:13PM – 1:49PM	Kintughna Until 9:40PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 8:25AM	Moon – Yellow		Bhuloka Day	
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM	

1		Thursday, June 30, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Chennai, India Sun 15 Sutra 74 Subhakit 5124
Mithuna Rasi: 23.51	Tithi 1 – 2	Gulika 9:00AM – 10:36AM	Punarvasu Until 1:08AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 5:46AM			
		Yama 5:46AM – 7:23AM	Dhruva Until 9:52AM	Muruqa: Green	<i>Sunset:</i> 6:39PM		Moon 6 - Phase 11 - 15	3rd Phase
		346655471 Rahu 1:49PM – 3:26PM	Balava Until 12:04AM Fri	Nataraja: Yellow				
Creative Work	Amrita Yoga		Prathama* Until 10:52AM	Moon – Blue		Bhuloka Day		
Until 1:08AM Fri				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga								

2		Friday, July 1, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Chennai, India Sun 16 Sutra 75 Subhakit 5124
Kataka Rasi: 5.44	Tithi 2 – 3	Gulika 7:23AM – 9:00AM	Pushya Until 3:56AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM			
		Yama 3:26PM – 5:03PM	Vyaghata* Until 10:46AM	Muruqa: Green	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 11 - 16	3rd Phase
		346655471 Rahu 10:36AM – 12:13PM	Taitila Until 2:17AM Sat	Nataraja: Yellow				
Routine Work	Marana Yoga		Dvitiya Until 1:11PM	Moon – Blue		Bhuloka Day		
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		

3		Saturday, July 2, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 17 Sutra 76 Subhakit 5124
Kataka Rasi: 17.41	Tithi 3 – 4	Gulika 5:47AM – 7:23AM	Ashlesha* Until 6:19AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM			
		Yama 1:50PM – 3:26PM	Harshana Until 11:32AM	Muruqa: Green	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 11 - 17	3rd Phase
		346655471 Rahu 9:00AM – 10:37AM	Vanija Until 4:15AM Sun	Nataraja: Yellow				
Routine Work	Marana Yoga		Tritiya Until 3:17PM	Moon – Blue		Bhuloka Day		
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		

4		Sunday, July 3, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 18 Sutra 77 Subhakit 5124
Kataka Rasi: 29.45	Tithi 4 – 5	Gulika 3:27PM – 5:03PM	Ashlesha* Until 6:19AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM			
		Yama 12:13PM – 1:50PM	Vajra* Until 12:04PM	Muruqa: Green	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 11 - 18	3rd Phase
		346655471 Rahu 5:03PM – 6:40PM	Bava Until 5:53AM Mon	Nataraja: Yellow				
Creative Work	Siddha Yoga		Chaturthi* Until 5:06PM	Moon – Blue		Bhuloka Day		
Until 6:19AM				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga								

5		Monday, July 4, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava Karana Panchamyam Titau				Chennai, India Sun 19 Sutra 78 Subhakit 5124
Simha Rasi: 11.56	Tithi 5	Gulika 1:50PM – 3:27PM	Magha* Until 8:42AM	Ganesha: Orange	<i>Sunrise:</i> 5:47AM			
Family Home Evening		Yama 10:37AM – 12:14PM	Siddhi Until 12:20PM	Muruqa: Green	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 11 - 19	3rd Phase
		356655471 Rahu 7:24AM – 9:00AM	Balava Until 6:32PM	Nataraja: Yellow				
Routine Work	Marana Yoga		Panchami Until 6:32PM	Moon – Red		Devaloka Day		
Until 8:42AM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

6		Tuesday, July 5, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Chennai, India Sun 20 Sutra 79 Subhakit 5124
Simha Rasi: 24.19	Tithi 6	Gulika 12:14PM – 1:50PM	Purvaphalguni Until 10:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:48AM			
		Yama 9:01AM – 10:37AM	Vyatipata* Until 12:15PM	Muruqa: Green	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 11 - 20	3rd Phase
		356655471 Rahu 3:27PM – 5:03PM	Kaulava Until 7:05AM	Nataraja: Yellow				
Creative Work	Siddha Yoga		Shashthi* Until 7:28PM	Moon – Red		Devaloka Day		
Until 10:29AM				Ashada*Ani				
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam						

Retreat Star		Wednesday, July 6, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Chennai, India Sun 21 Sutra 80 Subhakit 5124
Kanya Rasi: 6.56	Tithi 7	Gulika 10:37AM – 12:14PM	Uttaraphalguni Until 11:34AM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM			
		Yama 7:24AM – 9:01AM	Variyan Until 11:42AM	Muruqa: Green	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 11 - 21	3rd Phase
		357655471 Rahu 12:14PM – 1:50PM	Gara Until 7:45AM	Nataraja: Yellow				
Creative Work	Amrita Yoga		Saptami Until 7:49PM	Moon – Red		Devaloka Day		
Until 11:34AM				Ashada*Ani				
Then Routine Work - Marana Yoga								

Retreat Star		Thursday, July 7, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Chennai, India Sun 22 Sutra 81 Subhakit 5124
Kanya Rasi: 19.51	Tithi 8	Gulika 9:01AM – 10:38AM	Hasta Until 12:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM			
		Yama 5:48AM – 7:25AM	Parigha* Until 10:38AM	Muruqa: Green	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 11 - 22	Ashtami
		467655471 Rahu 1:51PM – 3:27PM	Visti Until 7:46AM	Nataraja: Yellow				
Routine Work	Marana Yoga		Ashtami* Until 7:29PM	Moon – Green		Devaloka Day		
Until 12:20PM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, July 8, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 23 Sutra 82 Subhakit 5124
Tula Rasi: 3.09	Tithi 9	Gulika 7:25AM – 9:01AM	Chitra Until 12:13PM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM			
		Yama 3:27PM – 5:04PM	Shiva Until 9:01AM	Muruqa: Green	<i>Sunset:</i> 6:40PM		Moon 6 - Phase 11 - 23	Navami
		467655471 Rahu 10:38AM – 12:14PM	Balava Until 7:03AM	Nataraja: Yellow				
Creative Work	Siddha Yoga		Navami* Until 6:25PM	Moon – Green		Devaloka Day		
				Ashada*Ani				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chennai, India Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 16.52	Tithi 10 - 11	Gulika 5:49AM - 7:25AM	Svati Until 11:13AM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM
			Yama 1:51PM - 3:27PM	Siddha Until 6:46AM	Muruqa: Green	<i>Sunset:</i> 6:40PM
	Creative Work	Siddha Yoga	467655471 Rahu 9:02AM - 10:38AM	Vanija Until 3:28AM Sun	Nataraja: Yellow	Moon 6 - Phase 12 - 24 4th Phase
			Dashami Until 4:37PM	Ashada*Ani	Devaloka Day	

2	Sunday, July 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 1.01	Tithi 11 - 12	Gulika 3:27PM - 5:04PM	Vishakha Until 9:50AM	Ganesha: White	<i>Sunrise:</i> 5:49AM
			Yama 12:15PM - 1:51PM	Subha Until 12:39AM Mon	Muruqa: Green	<i>Sunset:</i> 6:40PM
	Routine Work	Marana Yoga	477655471 Rahu 5:04PM - 6:40PM	Bava Until 12:43AM Mon	Nataraja: Yellow	Moon 6 - Phase 12 - 25 4th Phase
			Ekadashi Until 2:09PM	Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

3	Monday, July 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 16	Tithi 12 - 13	Gulika 1:51PM - 3:27PM	Anuradha Until 7:43AM	Ganesha: White	<i>Sunrise:</i> 5:49AM
	Family Home Evening		Yama 10:38AM - 12:15PM	Sukla Until 8:54PM	Muruqa: Green	<i>Sunset:</i> 6:40PM
	Creative Work	Siddha Yoga	477655471 Rahu 7:26AM - 9:02AM	Kaulava Until 9:27PM	Nataraja: Yellow	Moon 6 - Phase 12 - 26 4th Phase
			Dvadashi Until 11:07AM	Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
<i>Pradosha Vrata</i>						

4	Tuesday, July 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Mula Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 0.32	Tithi 13 - 14	Gulika 12:15PM - 1:51PM	Mula* Until 2:16AM Wed	Ganesha: White	<i>Sunrise:</i> 5:50AM
			Yama 9:02AM - 10:38AM	Brahma Until 4:52PM	Muruqa: Green	<i>Sunset:</i> 6:40PM
	Creative Work	Amrita Yoga	488655471 Rahu 3:27PM - 5:04PM	Vanija Until 3:56AM Wed	Nataraja: Yellow	Moon 6 - Phase 12 - 27 4th Phase
			Trayodashi Until 7:40AM	Moon - Light Blue Ashada*Ani	Sivaloka Day	

○	Wednesday, July 13, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Purvashadha Nakshatra Indra/Vaidhriti Yoga Visti/Bava Karana Purnimayam Titau				Chennai, India Sutra 87 Subhakrit 5124
	Copper Retreat Star	Dhanus Rasi: 15.41	Tithi 15	Gulika 10:39AM - 12:15PM	Purvashadha* Until 11:16PM	Ganesha: Yellow
			Yama 7:26AM - 9:02AM	Indra Until 12:41PM	Muruqa: Green	<i>Sunrise:</i> 5:50AM
	Creative Work	Amrita Yoga	488755471 Rahu 12:15PM - 1:51PM	Visti Until 2:02PM	Nataraja: Yellow	<i>Sunset:</i> 6:40PM
			Satguru Purnima	Purnima* Until 12:05AM Thu	Ashada*Ani	Devaloka Day

○	Thursday, July 14, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Guru Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti/Vishkambha Yoga Balava/Kaulava Karana Prathamayam Titau				Chennai, India Sutra 88 Subhakrit 5124
	Silver Retreat Star	Makara Rasi: 0.56	Tithi 16	Gulika 9:03AM - 10:39AM	Uttarashadha Until 8:10PM	Ganesha: Yellow
			Yama 5:50AM - 7:26AM	Vaidhriti* Until 8:25AM	Muruqa: Green	<i>Sunrise:</i> 5:50AM
	Routine Work	Marana Yoga	488755471 Rahu 1:51PM - 3:28PM	Balava Until 10:11AM	Nataraja: Yellow	<i>Sunset:</i> 6:40PM
			Prathama* Until 8:17PM	Moon - Light Blue Ashada*Ani	Devaloka Day	
Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 89

Subhakrit 5124

Moon 7 - Phase 13 - 1

1st Phase

Makara Rasi: 16.05 Tithi 17 - 18

Gulika 7:27AM - 9:03AM

Yama 3:28PM - 5:04PM

498755471 **Rahu** 10:39AM - 12:15PM

Shravana Until 5:34PM

Priti Until 12:24AM Sat

Taitila Until 6:29AM

Dvitiya Until 4:43PM

Ganesha: Blue

Muruqa: Green

Nataraja: Yellow

Moon - Purple

Ashada-Ani

Sunrise: 5:50AM

Sunset: 6:40PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 5:34PM

Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India

Sun 2 Sutra 90

Subhakrit 5124

Moon 7 - Phase 13 - 2

1st Phase

Kumbha Rasi: 1.01 Tithi 18 - 19

Gulika 5:51AM - 7:27AM

Yama 1:51PM - 3:28PM

498755471 **Rahu** 9:03AM - 10:39AM

Dhanishtha Until 3:14PM

Ayushman Until 8:52PM

Bava Until 12:10AM Sun

Tritiya Until 1:32PM

Ganesha: Blue

Muruqa: Green

Nataraja: Yellow

Moon - Purple

Ashada-Adi

Sunrise: 5:51AM

Sunset: 6:40PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 3:14PM

Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 91

Subhakrit 5124

Moon 7 - Phase 13 - 3

1st Phase

Kumbha Rasi: 15.33 Tithi 19 - 20

Gulika 3:28PM - 5:04PM

Yama 12:15PM - 1:51PM

498755472 **Rahu** 5:04PM - 6:40PM

Shatabhishak Until 1:20PM

Saubhagya Until 5:52PM

Kaulava Until 9:52PM

Chaturthi* Until 10:55AM

Ganesha: Blue

Muruqa: Green

Nataraja: White

Moon - Purple

Ashada-Adi

Sunrise: 5:51AM

Sunset: 6:40PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4 Sutra 92

Subhakrit 5124

Moon 7 - Phase 13 - 4

1st Phase

Kumbha Rasi: 29.38 Tithi 20 - 21

Gulika 1:51PM - 3:28PM

Yama 10:39AM - 12:15PM

418755472 **Rahu** 7:27AM - 9:03AM

Purvaprosarthapada* Until 12:26PM

Sobhana Until 3:28PM

Gara Until 8:20PM

Panchami Until 8:59AM

Ganesha: White

Muruqa: Green

Nataraja: White

Moon - Clear

Ashada-Adi

Sunrise: 5:51AM

Sunset: 6:40PM

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Family Home Evening

Routine Work Marana Yoga

Until 12:26PM

Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 5 Sutra 93

Subhakrit 5124

Moon 7 - Phase 13 - 5

1st Phase

Meena Rasi: 13.13 Tithi 21 - 22

Gulika 12:16PM - 1:52PM

Yama 9:03AM - 10:39AM

419755472 **Rahu** 3:28PM - 5:04PM

Uttaraprosarthapada Until 12:12PM

Athiganda* Until 1:43PM

Visti Until 7:39PM

Shashthi* Until 7:52AM

Ganesha: Clear

Muruqa: Green

Nataraja: White

Moon - Clear

Ashada-Adi

Sunrise: 5:51AM

Sunset: 6:40PM

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 12:12PM

Then Creative Work - Siddha Yoga

5

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India

Sun 6 Sutra 94

Subhakrit 5124

Moon 7 - Phase 13 - 6

Ashtami

Meena Rasi: 26.2 Tithi 22 - 23

Gulika 10:40AM - 12:16PM

Yama 7:28AM - 9:04AM

419755472 **Rahu** 12:16PM - 1:52PM

Revati Until 12:40PM

Sukarma Until 12:41PM

Balava Until 7:49PM

Saptami Until 7:36AM

Ganesha: Clear

Muruqa: Green

Nataraja: White

Moon - Clear

Ashada-Adi

Sunrise: 5:52AM

Sunset: 6:39PM

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 7 Sutra 95

Subhakrit 5124

Moon 7 - Phase 13 - 7

Navami

Mesha Rasi: 9.02 Tithi 23 - 24

Gulika 9:04AM - 10:40AM

Yama 5:52AM - 7:28AM

429755472 **Rahu** 1:52PM - 3:27PM

Ashvini Until 2:16PM

Dhriti Until 12:19PM

Taitila Until 8:49PM

Ashtami* Until 8:12AM

Ganesha: Purple

Muruqa: Green

Nataraja: White

Moon - White

Ashada-Adi

Sunrise: 5:52AM

Sunset: 6:39PM

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 2:16PM

Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Chennai, India
	Mesha Rasi: 21.23 Tithi 24 – 25	Gulika 7:28AM – 9:04AM	Bharani Until 4:24PM	Ganesha: Purple <i>Sunrise:</i> 5:52AM	Sun 8	Sutra 96
	429755472 Rahu 10:40AM – 12:16PM	Yama 3:27PM – 5:03PM	Shula* Until 12:29PM	Muruqa: Green <i>Sunset:</i> 6:39PM	Moon 7 - Phase 14 - 8	
	Creative Work Siddha Yoga		Vanija Until 10:29PM	Nataraja: White	2nd Phase	
		Navami* Until 9:33AM	Moon – White	Devaloka Day		
			Ashada*Adi			


2	Saturday, July 23, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Chennai, India
	Vrishabha Rasi: 3.29 Tithi 25 – 26	Gulika 5:53AM – 7:28AM	Krittika Until 6:54PM	Ganesha: Purple <i>Sunrise:</i> 5:53AM	Sun 9	Sutra 97
	429755472 Rahu 9:04AM – 10:40AM	Yama 1:51PM – 3:27PM	Ganda* Until 1:07PM	Muruqa: Green <i>Sunset:</i> 6:39PM	Moon 7 - Phase 14 - 9	
	Creative Work Amrita Yoga		Bava Until 12:38AM Sun	Nataraja: White	2nd Phase	
		Dashami Until 11:29AM	Moon – White	Devaloka Day		
			Ashada*Adi			

3	Sunday, July 24, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India
	Vrishabha Rasi: 15.25 Tithi 26 – 27	Gulika 3:27PM – 5:03PM	Rohini Until 10:02PM	Ganesha: Clear <i>Sunrise:</i> 5:53AM	Sun 10	Sutra 98
	439755472 Rahu 5:03PM – 6:39PM	Yama 12:16PM – 1:51PM	Vriddhi Until 2:02PM	Muruqa: Green <i>Sunset:</i> 6:39PM	Moon 7 - Phase 14 - 10	
	Creative Work Siddha Yoga		Kaulava Until 3:04AM Mon	Nataraja: White	2nd Phase	
		Ekadashi* Until 1:48PM	Moon – Yellow	Bhuloka Day		
			Ashada*Adi	Devaloka Time: 9:AM to12:PM		

4	Monday, July 25, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Vrishabha Rasi: 27.15 Tithi 27 – 28	Gulika 1:51PM – 3:27PM	Mrigashira Until 1:07AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:53AM	Sun 11	Sutra 99
	439755472 Rahu 7:29AM – 9:04AM	Yama 10:40AM – 12:16PM	Dhruva Until 3:04PM	Muruqa: Green <i>Sunset:</i> 6:38PM	Moon 7 - Phase 14 - 11	
	Family Home Evening Creative Work Amrita Yoga		Gara Until 5:36AM Tue	Nataraja: White	2nd Phase	
Until 1:07AM Tue Then Routine Work - Marana Yoga		Dvadashi* Until 4:19PM	Moon – Yellow	Bhuloka Day		
			Ashada*Adi	Devaloka Time: 9:AM to12:PM		
			Pradosha Vrata (Fasting)			

5	Tuesday, July 26, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Trayodashyam Titau				Chennai, India
	Mithuna Rasi: 9.04 Tithi 28	Gulika 12:16PM – 1:51PM	Ardra Until 4:00AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:53AM	Sun 12	Sutra 100
	439755472 Rahu 3:27PM – 5:03PM	Yama 9:05AM – 10:40AM	Vyaghata* Until 4:08PM	Muruqa: Green <i>Sunset:</i> 6:38PM	Moon 7 - Phase 14 - 12	
	Routine Work Marana Yoga		Vanija Until 6:50PM	Nataraja: White	2nd Phase	
Until 4:00AM Wed Then Creative Work - Siddha Yoga		Trayodashi* Until 6:50PM	Moon – Yellow	Bhuloka Day		
			Ashada*Adi	Devaloka Time: 9:AM to12:PM		

6	Wednesday, July 27, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chennai, India
	Mithuna Rasi: 20.53 Tithi 29	Gulika 10:40AM – 12:16PM	Punarvasu Until 7:05AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:54AM	Sun 13	Sutra 101
	441755472 Rahu 12:16PM – 1:51PM	Yama 7:29AM – 9:05AM	Harshana Until 5:07PM	Muruqa: Green <i>Sunset:</i> 6:38PM	Moon 7 - Phase 14 - 13	
	Creative Work Siddha Yoga		Visti Until 8:04AM	Nataraja: White	2nd Phase	
Until 7:05AM Thu Then Creative Work - Amrita Yoga		Chaturdashi* Until 9:14PM	Moon – Blue	Bhuloka Day		
			Ashada*Adi	Devaloka Time: 9:AM to12:PM		

	Thursday, July 28, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Chennai, India
	Retreat Star Kataka Rasi: 2.47 Tithi 30	Gulika 9:05AM – 10:40AM	Punarvasu Until 7:05AM	Ganesha: Yellow <i>Sunrise:</i> 5:54AM	Sun 14	Sutra 102
	441755472 Rahu 1:51PM – 3:27PM	Yama 5:54AM – 7:29AM	Vajra* Until 5:56PM	Muruqa: Green <i>Sunset:</i> 6:38PM	Moon 7 - Phase 14 - 14	
	Creative Work Amrita Yoga		Catuspada Until 10:22AM	Nataraja: White	Amavasya	
		Amavasya* Until 11:25PM	Moon – Blue	Bhuloka Day		
			Ashada*Adi	Devaloka Time: 9:AM to12:PM		

Retreat Star	Friday, July 29, 2022	Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Chennai, India
	Kataka Rasi: 14.46 Tithi 1	Gulika 7:29AM – 9:05AM	Pushya Until 9:46AM	Ganesha: Yellow <i>Sunrise:</i> 5:54AM	Sun 15	Sutra 103
	441755472 Rahu 10:40AM – 12:16PM	Yama 3:27PM – 5:02PM	Siddhi Until 6:34PM	Muruqa: Green <i>Sunset:</i> 6:37PM	Moon 7 - Phase 14 - 15	
	Routine Work Marana Yoga		Kintughna Until 12:27PM	Nataraja: White	Prathama	
		Prathama* Until 1:21AM Sat	Moon – Blue	Bhuloka Day		
			Sravana*Adi	Devaloka Time: 9:AM to12:PM		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Chennai, India Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 26.51	Tithi 2	Gulika 5:54AM – 7:30AM	Ashlesha* Until 12:01PM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM		
		Yama 1:51PM – 3:26PM	Vyatipata* Until 7:00PM	Muruqa: Green	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 15 - 16	
		441755472 Rahu 9:05AM – 10:40AM	Balava Until 2:14PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 2:59AM Sun	Moon – Blue			Bhuloka Day
Until 12:01PM							Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga				Sravana*Adi			

2		Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau			Chennai, India Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 9.04	Tithi 3	Gulika 3:26PM – 5:02PM	Magha* Until 2:18PM	Ganesha: Red	<i>Sunrise:</i> 5:54AM		
		Yama 12:16PM – 1:51PM	Variyan Until 7:09PM	Muruqa: Green	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 15 - 17	
		451755472 Rahu 5:02PM – 6:37PM	Taitila Until 3:42PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 4:17AM Mon	Moon – Red			Bhuloka Day
Until 2:18PM							Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga				Sravana*Adi			

3		Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau			Chennai, India Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 21.25	Tithi 4	Gulika 1:51PM – 3:26PM	Purvaphalguni Until 4:05PM	Ganesha: Red	<i>Sunrise:</i> 5:55AM		
Family Home Evening		Yama 10:40AM – 12:16PM	Parigha* Until 7:02PM	Muruqa: Green	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 15 - 18	
		451755472 Rahu 7:30AM – 9:05AM	Vanija Until 3:49PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 5:13AM Tue	Moon – Red			Bhuloka Day
							Devaloka Time: 9:AM to12:PM
				Sravana*Adi			

4		Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau			Chennai, India Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 3.56	Tithi 5	Gulika 12:16PM – 1:51PM	Uttaraphalguni Until 5:18PM	Ganesha: Red	<i>Sunrise:</i> 5:55AM		
		Yama 9:05AM – 10:40AM	Shiva Until 6:36PM	Muruqa: Green	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 15 - 19	
		451755472 Rahu 3:26PM – 5:01PM	Bava Until 5:32PM	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 5:42AM Wed	Moon – Red			Bhuloka Day
Until 5:18PM							Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga		Nag Panchami		Sravana*Adi			

5		Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau			Chennai, India Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 16.4	Tithi 6	Gulika 10:40AM – 12:15PM	Hasta Until 6:23PM	Ganesha: Blue	<i>Sunrise:</i> 5:55AM		
		Yama 7:30AM – 9:05AM	Siddha Until 5:47PM	Muruqa: Green	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 15 - 20	
		461755472 Rahu 12:15PM – 1:51PM	Kaulava Until 5:47PM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 5:41AM Thu	Moon – Green			Devaloka Day
Until 6:23PM							
Then Creative Work - Siddha Yoga				Sravana*Adi			

6		Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau			Chennai, India Sun 21 Sutra 109 Subhakrit 5124
Kanya Rasi: 29.38	Tithi 7	Gulika 9:05AM – 10:40AM	Chitra Until 6:47PM	Ganesha: Blue	<i>Sunrise:</i> 5:55AM		
		Yama 5:55AM – 7:30AM	Sadhya Until 4:33PM	Muruqa: Green	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 15 - 21	
		461755472 Rahu 1:50PM – 3:25PM	Gara Until 5:30PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 5:07AM Fri	Moon – Green			Devaloka Day
Until 6:47PM							
Then Creative Work - Amrita Yoga				Sravana*Adi			

☾		Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau			Chennai, India Sun 22 Sutra 110 Subhakrit 5124
Retreat Star		Gulika 7:30AM – 9:05AM	Svati Until 6:28PM	Ganesha: Blue	<i>Sunrise:</i> 5:55AM		
Tula Rasi: 12.53	Tithi 8	Yama 3:25PM – 5:00PM	Subha Until 2:52PM	Muruqa: White	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 15 - 22	
		461765472 Rahu 10:40AM – 12:15PM	Visti Until 4:37PM	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 3:56AM Sat	Moon – Green			Devaloka Day
		Varalakshmi Vratam					
				Sravana*Adi			

☽		Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau			Chennai, India Sun 23 Sutra 111 Subhakrit 5124
Retreat Star		Gulika 5:56AM – 7:30AM	Vishakha Until 5:49PM	Ganesha: White	<i>Sunrise:</i> 5:56AM		
Tula Rasi: 26.29	Tithi 9	Yama 1:50PM – 3:25PM	Sukla Until 12:39PM	Muruqa: White	<i>Sunset:</i> 6:35PM	Moon 7 - Phase 15 - 23	
		472765472 Rahu 9:05AM – 10:40AM	Balava Until 3:08PM	Nataraja: White		Navami	
Creative Work	Siddha Yoga		Navami* Until 2:08AM Sun	Moon – Orange			Bhuloka Day
				Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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<h1>1</h1>	Sunday, August 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Chennai, India Sun 24 Sutra 112
	Vrischika Rasi: 10.28 Tithi 10	Gulika 3:25PM – 5:00PM	Anuradha Until 4:26PM	Ganesha: Yellow	Sunrise: 5:56AM	Subhakrit 5124
	472865472 Rahu	Yama 12:15PM – 1:50PM	Brahma Until 9:58AM	Muruqa: White	Sunset: 6:34PM	Moon 7 - Phase 16 - 24
	Routine Work Marana Yoga	Rahu 5:00PM – 6:34PM	Taitila Until 1:02PM	Nataraja: White		4th Phase
		Dashami Until 11:46PM	Moon – Orange	Bhuloka Day	Devaloka Time: 9:AM to12:PM	

<h1>2</h1>	Monday, August 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India Sun 25 Sutra 113
	Vrischika Rasi: 24.49 Tithi 11	Gulika 1:50PM – 3:24PM	Jyeshtha* Until 2:23PM	Ganesha: Yellow	Sunrise: 5:56AM	Subhakrit 5124
	Family Home Evening	Yama 10:40AM – 12:15PM	Indra Until 6:50AM	Muruqa: White	Sunset: 6:34PM	Moon 7 - Phase 16 - 25
	472865472 Rahu	Rahu 7:31AM – 9:05AM	Vanija Until 10:25AM	Nataraja: White		4th Phase
Creative Work Siddha Yoga		Ekadashi Until 8:55PM	Moon – Orange	Bhuloka Day	Devaloka Time: 9:AM to12:PM	
			Sravana*Adi			

<h1>3</h1>	Tuesday, August 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26 Sutra 114
	Dhanus Rasi: 9.29 Tithi 12 – 13	Gulika 12:15PM – 1:49PM	Mula* Until 12:11PM	Ganesha: White	Sunrise: 5:56AM	Subhakrit 5124
	482865472 Rahu	Yama 9:05AM – 10:40AM	Vishkambha* Until 11:29PM	Muruqa: White	Sunset: 6:34PM	Moon 7 - Phase 16 - 26
	Creative Work Amrita Yoga	Rahu 3:24PM – 4:59PM	Bava Until 7:21AM	Nataraja: White		4th Phase
Until 12:11PM		Dvadashi Until 5:40PM	Moon – Light Blue	Devaloka Day		
Then Creative Work - Siddha Yoga			Sravana*Adi			
			<i>Pradosha Vrata</i>			

<h1>4</h1>	Wednesday, August 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 27 Sutra 115
	Dhanus Rasi: 24.25 Tithi 13 – 14	Gulika 10:40AM – 12:15PM	Purvashadha* Until 9:34AM	Ganesha: White	Sunrise: 5:56AM	Subhakrit 5124
	482865472 Rahu	Yama 7:31AM – 9:05AM	Priti Until 7:31PM	Muruqa: White	Sunset: 6:33PM	Moon 7 - Phase 16 - 27
	Creative Work Amrita Yoga	Rahu 12:15PM – 1:49PM	Gara Until 12:25AM Thu	Nataraja: White		4th Phase
		Trayodashi Until 2:11PM	Moon – Light Blue	Devaloka Day		
			Sravana*Adi			

	Thursday, August 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chennai, India Sutra 116
	Copper Retreat Star	Gulika 9:05AM – 10:40AM	Uttarashadha Until 6:41AM	Ganesha: White	Sunrise: 5:56AM	Subhakrit 5124
	Makara Rasi: 9.28 Tithi 14 – 15	Yama 5:56AM – 7:31AM	Ayushman Until 3:29PM	Muruqa: White	Sunset: 6:33PM	Moon 7 - Phase 16 -
	482865472 Rahu	Rahu 1:49PM – 3:24PM	Visti Until 8:50PM	Nataraja: White		Purnima
Routine Work Marana Yoga		Chaturdashi* Until 10:36AM	Moon – Light Blue	Devaloka Day		
Until 6:41AM		Raksha Bandhan	Sravana*Adi			
Then Creative Work - Siddha Yoga						

<h1>5</h1>	Friday, August 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Chennai, India Sutra 117
	Silver Retreat Star	Gulika 7:31AM – 9:05AM	Dhanishtha Until 1:36AM Sat	Ganesha: Clear	Sunrise: 5:57AM	Subhakrit 5124
	Makara Rasi: 24.3 Tithi 15 – 16	Yama 3:23PM – 4:58PM	Saubhagya Until 11:32AM	Muruqa: White	Sunset: 6:32PM	Moon 7 - Phase 16 -
	492865472 Rahu	Rahu 10:40AM – 12:14PM	Kaulava Until 3:48AM Sat	Nataraja: White		Prathama
Creative Work Siddha Yoga		Purnima* Until 7:05AM	Moon – Purple	Bhuloka Day	Devaloka Time: 9:AM to12:PM	
Until 1:36AM Sat			Sravana*Adi			
Then Creative Work - Amrita Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukstayam
Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India

Sutra 118

Subhakrit 5124

Kumbha Rasi: 9.21 Tithi 17

492865472

Gulika

5:57AM – 7:31AM

Yama

1:49PM – 3:23PM

Rahu

9:05AM – 10:40AM

Shatabhishak Until 11:21PM

Sobhana Until 7:50AM

Taitila Until 2:20PM

Dvitiya Until 12:56AM Sun

Ganesha: Clear

Sunrise: 5:57AM

Muruqa: White

Sunset: 6:32PM

Nataraja: White

Moon – Purple

Sravana*Adi

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Amrita Yoga

Until 11:21PM

Then Routine Work - Marana Yoga

1 Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukstayam
Purvaproshtapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Trityayam Titau

Chennai, India

Sun 1 Sutra 119

Subhakrit 5124

Kumbha Rasi: 23.53 Tithi 18

412865472

Gulika

3:23PM – 4:57PM

Yama

12:14PM – 1:48PM

Rahu

4:57PM – 6:31PM

Purvaproshtapada* Until 9:57PM

Sukarma Until 1:38AM Mon

Vanija Until 11:43AM

Tritiya Until 10:38PM

Ganesha: Yellow

Sunrise: 5:57AM

Muruqa: White

Sunset: 6:31PM

Nataraja: White

Moon – Clear

Sravana*Adi

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 9:57PM

Then Creative Work - Amrita Yoga

2 Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Sun 2 Sutra 120

Subhakrit 5124

Meena Rasi: 8.01 Tithi 19

412865472

Gulika

1:48PM – 3:22PM

Yama

10:40AM – 12:14PM

Rahu

7:31AM – 9:05AM

Uttaraproshtapada Until 9:07PM

Dhriti Until 11:23PM

Bava Until 9:46AM

Chaturthi* Until 9:03PM

Ganesha: Yellow

Sunrise: 5:57AM

Muruqa: White

Sunset: 6:31PM

Nataraja: White

Moon – Clear

Sravana*Adi

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 9:57PM

Then Creative Work - Siddha Yoga

3 Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Sun 3 Sutra 121

Subhakrit 5124

Meena Rasi: 21.39 Tithi 20

412865472

Gulika

12:14PM – 1:48PM

Yama

9:05AM – 10:39AM

Rahu

3:22PM – 4:56PM

Revati Until 8:57PM

Shula* Until 9:48PM

Kaulava Until 8:35AM

Panchami Until 8:18PM

Ganesha: Yellow

Sunrise: 5:57AM

Muruqa: White

Sunset: 6:30PM

Nataraja: White

Moon – Clear

Sravana*Adi

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 9:57PM

Then Creative Work - Siddha Yoga

4 Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukstayam
Ashvini Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Sun 4 Sutra 122

Subhakrit 5124

Mesha Rasi: 4.49 Tithi 21

422865472

Gulika

10:39AM – 12:13PM

Yama

7:31AM – 9:05AM

Rahu

12:13PM – 1:47PM

Ashvini Until 9:57PM

Ganda* Until 8:55PM

Gara Until 8:16AM

Shashthi* Until 8:25PM

Ganesha: Blue

Sunrise: 5:57AM

Muruqa: White

Sunset: 6:30PM

Nataraja: White

Moon – White

Sravana*Avani

Devaloka Day

Routine Work Marana Yoga

Until 9:57PM

Then Creative Work - Siddha Yoga

5 Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukstayam
Bharani Nakshatra Vriddhi* Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India

Sun 5 Sutra 123

Subhakrit 5124

Mesha Rasi: 17.33 Tithi 22

522865472

Gulika

9:05AM – 10:39AM

Yama

5:57AM – 7:31AM

Rahu

1:47PM – 3:21PM

Bharani Until 11:36PM

Vriddhi Until 8:42PM

Visti Until 8:49AM

Saptami Until 9:23PM

Ganesha: Yellow

Sunrise: 5:57AM

Muruqa: White

Sunset: 6:29PM

Nataraja: White

Moon – White

Sravana*Avani

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Creative Work Siddha Yoga

Until 11:36PM

Then Routine Work - Marana Yoga

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukstayam
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6 Sutra 124

Subhakrit 5124

Mesha Rasi: 29.55 Tithi 23

523865472

Gulika

7:31AM – 9:05AM

Yama

3:21PM – 4:55PM

Rahu

10:39AM – 12:13PM

Krittika Until 1:46AM Sat

Dhruva Until 9:00PM

Balava Until 10:10AM

Ashtami* Until 11:03PM

Ganesha: White

Sunrise: 5:57AM

Muruqa: White

Sunset: 6:29PM

Nataraja: White

Moon – White

Sravana*Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 1:46AM Sat

Then Creative Work - Amrita Yoga

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yukstayam
Rohini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 125

Subhakrit 5124

Vrishabha Rasi: 12.02 Tithi 24

533865472

Gulika

5:57AM – 7:31AM

Yama

1:47PM – 3:20PM

Rahu

9:05AM – 10:39AM

Rohini Until 4:43AM Sun

Vyaghata* Until 9:43PM

Taitila Until 12:07PM

Navami* Until 1:14AM Sun

Ganesha: Yellow

Sunrise: 5:57AM

Muruqa: White

Sunset: 6:28PM

Nataraja: White

Moon – Yellow

Sravana*Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 4:43AM Sun

Then Creative Work - Siddha Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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1 Sunday, August 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuklayam Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau			Chennai, India Sun 8 Sutra 126 Subhakrit 5124
Wishabha Rasi: 23.58	Tithi 25	Gulika 3:20PM – 4:54PM	Mrigashira Until 7:44AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
		Yama 12:12PM – 1:46PM	Harshana Until 10:41PM	Muruqa: White <i>Sunset:</i> 6:27PM	Moon 8 - Phase 18 - 8
533865472	Rahu 4:54PM – 6:27PM		Vanija Until 2:27PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 3:40AM Mon	Moon – Yellow	
				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

2 Monday, August 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuklayam Mrigashira/Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau			Chennai, India Sun 9 Sutra 127 Subhakrit 5124
Mithuna Rasi: 5.48	Tithi 26	Gulika 1:46PM – 3:20PM	Mrigashira Until 7:44AM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
Family Home Evening		Yama 10:39AM – 12:12PM	Vajra* Until 11:41PM	Muruqa: White <i>Sunset:</i> 6:27PM	Moon 8 - Phase 18 - 9
533865472	Rahu 7:31AM – 9:05AM		Bava Until 4:57PM	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 6:10AM Tue	Moon – Yellow	
Until 7:44AM				Bhuloka Day	
Then Creative Work - Siddha Yoga				Devaloka Time: 6:AM to 9:AM	

3 Tuesday, August 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuklayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Chennai, India Sun 10 Sutra 128 Subhakrit 5124
Mithuna Rasi: 17.38	Tithi 26 – 27	Gulika 12:12PM – 1:46PM	Ardra Until 10:35AM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
		Yama 9:05AM – 10:38AM	Siddhi Until 12:37AM Wed	Muruqa: White <i>Sunset:</i> 6:26PM	Moon 8 - Phase 18 - 10
533865472	Rahu 3:19PM – 4:53PM		Kaulava Until 7:24PM	Nataraja: White	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:10AM	Moon – Yellow	
Until 10:35AM				Bhuloka Day	
Then Creative Work - Siddha Yoga				Devaloka Time: 6:AM to 9:AM	

4 Wednesday, August 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuklayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau			Chennai, India Sun 11 Sutra 129 Subhakrit 5124
Mithuna Rasi: 29.31	Tithi 27 – 28	Gulika 10:38AM – 12:12PM	Punarvasu Until 1:38PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
		Yama 7:31AM – 9:05AM	Vyatipata* Until 1:24AM Thu	Muruqa: White <i>Sunset:</i> 6:26PM	Moon 8 - Phase 18 - 11
533865472	Rahu 12:12PM – 1:45PM		Gara Until 9:38PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:32AM	Moon – Blue	
				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

Pradosha Vrata (Fasting)

5 Thursday, August 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuklayam Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Chennai, India Sun 12 Sutra 130 Subhakrit 5124
Kataka Rasi: 11.3	Tithi 28 – 29	Gulika 9:05AM – 10:38AM	Pushya Until 4:15PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
		Yama 5:58AM – 7:31AM	Variyan Until 1:54AM Fri	Muruqa: White <i>Sunset:</i> 6:25PM	Moon 8 - Phase 18 - 12
533865472	Rahu 1:45PM – 3:18PM		Visti Until 11:34PM	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 10:38AM	Moon – Blue	
Until 4:15PM				Bhuloka Day	
Then Creative Work - Siddha Yoga				Devaloka Time: 6:AM to 9:AM	

Friday, August 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuklayam Ashlesha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Chennai, India Sun 13 Sutra 131 Subhakrit 5124
Retreat Star		Gulika 7:31AM – 9:05AM	Ashlesha* Until 6:21PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
Kataka Rasi: 23.37	Tithi 29 – 30	Yama 3:18PM – 4:51PM	Parigha* Until 2:08AM Sat	Muruqa: White <i>Sunset:</i> 6:24PM	Moon 8 - Phase 18 - 13
533865472	Rahu 10:38AM – 12:11PM		Catuspada Until 1:08AM Sat	Nataraja: White	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 12:23PM	Moon – Blue	
				Bhuloka Day	
				Devaloka Time: 6:AM to 9:AM	

Saturday, August 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuklayam Magha* Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Chennai, India Sun 14 Sutra 132 Subhakrit 5124
Retreat Star		Gulika 5:58AM – 7:31AM	Magha* Until 8:24PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
Simha Rasi: 5.53	Tithi 30 – 1	Yama 1:44PM – 3:17PM	Shiva Until 2:05AM Sun	Muruqa: White <i>Sunset:</i> 6:24PM	Moon 8 - Phase 18 - 14
533865472	Rahu 9:04AM – 10:38AM		Kintughna Until 2:19AM Sun	Nataraja: White	Prathama
Creative Work	Amrita Yoga		Amavasya* Until 1:45PM	Moon – Red	
Until 8:24PM				Bhuloka Day	
Then Creative Work - Siddha Yoga				Devaloka Time: 6:AM to 9:AM	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

all times are standard time. Calculated for Chennai, India on 5/1/21

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1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Chennai, India Sun 15 Sutra 133 Subhakrit 5124
Simha Rasi: 18.19	Tithi 1 – 2	Gulika 3:17PM – 4:50PM	Purvaphalguni Until 9:54PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
		Yama 12:11PM – 1:44PM	Siddha Until 1:41AM Mon	Muruqa: White <i>Sunset:</i> 6:23PM	Moon 8 - Phase 19 - 15
		553865473 Rahu 4:50PM – 6:23PM	Balava Until 3:06AM Mon	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Prathama* Until 2:44PM	Moon – Red	Bhuloka Day
Until 9:54PM				Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga					

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Chennai, India Sun 16 Sutra 134 Subhakrit 5124
Kanya Rasi: 0.56	Tithi 2 – 3	Gulika 1:43PM – 3:16PM	Uttaraphalguni Until 10:52PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
Family Home Evening		Yama 10:37AM – 12:10PM	Sadhya Until 1:00AM Tue	Muruqa: White <i>Sunset:</i> 6:23PM	Moon 8 - Phase 19 - 16
		553865473 Rahu 7:31AM – 9:04AM	Taitila Until 3:29AM Tue	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 3:19PM	Moon – Red	Bhuloka Day
				Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtthyam Titau			Chennai, India Sun 17 Sutra 135 Subhakrit 5124
Kanya Rasi: 13.43	Tithi 3 – 4	Gulika 12:10PM – 1:43PM	Hasta Until 11:47PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
		Yama 9:04AM – 10:37AM	Subha Until 12:02AM Wed	Muruqa: White <i>Sunset:</i> 6:23PM	Moon 8 - Phase 19 - 17
		563865473 Rahu 3:16PM – 4:49PM	Vanija Until 3:30AM Wed	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 3:31PM	Moon – Green	Bhuloka Day
				Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau			Chennai, India Sun 18 Sutra 136 Subhakrit 5124
Kanya Rasi: 26.42	Tithi 4 – 5	Gulika 10:37AM – 12:10PM	Chitra Until 12:09AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
		Yama 7:31AM – 9:04AM	Sukla Until 10:44PM	Muruqa: White <i>Sunset:</i> 6:21PM	Moon 8 - Phase 19 - 18
		563865473 Rahu 12:10PM – 1:43PM	Bava Until 3:08AM Thu	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 3:21PM	Moon – Green	Bhuloka Day
Until 12:09AM Thu		Ganesha Chaturthi		Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga					

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Chennai, India Sun 19 Sutra 137 Subhakrit 5124
Tula Rasi: 9.53	Tithi 5 – 6	Gulika 9:04AM – 10:37AM	Svati Until 12:00AM Fri	Ganesha: Red <i>Sunrise:</i> 5:58AM	
		Yama 5:58AM – 7:31AM	Brahma Until 9:08PM	Muruqa: White <i>Sunset:</i> 6:21PM	Moon 8 - Phase 19 - 19
		563965473 Rahu 1:42PM – 3:15PM	Kaulava Until 2:22AM Fri	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 2:47PM	Moon – Green	Devaloka Day
Until 12:00AM Fri				Bhadrapada*Avani	
Then Creative Work - Siddha Yoga					

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Chennai, India Sun 20 Sutra 138 Subhakrit 5124
Tula Rasi: 23.17	Tithi 6 – 7	Gulika 7:31AM – 9:04AM	Vishakha Until 11:44PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
		Yama 3:14PM – 4:47PM	Indra Until 7:13PM	Muruqa: White <i>Sunset:</i> 6:20PM	Moon 8 - Phase 19 - 20
		573965473 Rahu 10:36AM – 12:09PM	Gara Until 1:11AM Sat	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 1:48PM	Moon – Orange	Sivaloka Day
				Bhadrapada*Avani	

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Chennai, India Sun 21 Sutra 139 Subhakrit 5124
Vrischika Rasi: 6.55	Tithi 7 – 8	Gulika 5:58AM – 7:31AM	Anuradha Until 10:54PM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
		Yama 1:41PM – 3:14PM	Vaidhriti* Until 4:56PM	Muruqa: White <i>Sunset:</i> 6:19PM	Moon 8 - Phase 19 - 21
		574965473 Rahu 9:03AM – 10:36AM	Visti Until 11:35PM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Saptami Until 12:25PM	Moon – Orange	Devaloka Day
				Bhadrapada*Avani	

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Chennai, India Sun 22 Sutra 140 Subhakrit 5124
Vrischika Rasi: 20.47	Tithi 8 – 9	Gulika 3:13PM – 4:46PM	Jyeshtha* Until 9:31PM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
		Yama 12:08PM – 1:41PM	Vishkambha* Until 2:19PM	Muruqa: White <i>Sunset:</i> 6:19PM	Moon 8 - Phase 19 - 22
		574965473 Rahu 4:46PM – 6:19PM	Balava Until 9:35PM	Nataraja: Clear	Navami
Routine Work Marana Yoga			Ashtami* Until 10:37AM	Moon – Orange	Devaloka Day
Until 9:31PM				Bhadrapada*Avani	
Then Creative Work - Amrita Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 5, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Chennai, India Sun 23 Sutra 141 Subhakrit 5124
	Dhanus Rasi: 4.56 Tilthi 9 – 10 Family Home Evening 584965473 Creative Work Siddha Yoga Until 8:02PM Then Routine Work - Marana Yoga	Gulika 1:41PM – 3:13PM Yama 10:36AM – 12:08PM Rahu 7:31AM – 9:03AM	Mula* Until 8:02PM Priti Until 11:25AM Taitila Until 7:12PM Navami* Until 8:25AM

2	Tuesday, September 6, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistil* Karana Ekadashyam Titau	Chennai, India Sun 24 Sutra 142 Subhakrit 5124
	Dhanus Rasi: 19.19 Tilthi 11 584965473 Creative Work Siddha Yoga Until 6:06PM Then Routine Work - Prabararishta Yoga	Gulika 12:08PM – 1:40PM Yama 9:03AM – 10:35AM Rahu 3:12PM – 4:45PM	Purvashadha* Until 6:06PM Ayushman Until 8:12AM Vanija Until 4:30PM Ekadashi Until 3:03AM Wed


3	Wednesday, September 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau	Chennai, India Sun 25 Sutra 143 Subhakrit 5124
	Makara Rasi: 3.53 Tilthi 12 584965473 Creative Work Amrita Yoga Until 3:50PM Then Creative Work - Siddha Yoga	Gulika 10:35AM – 12:07PM Yama 7:31AM – 9:03AM Rahu 12:07PM – 1:40PM	Uttarashadha Until 3:50PM Sobhana Until 1:14AM Thu Bava Until 1:35PM Dvadashi Until 12:04AM Thu


4	Thursday, September 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Chennai, India Sun 26 Sutra 144 Subhakrit 5124
	Makara Rasi: 18.35 Tilthi 13 594965473 Creative Work Siddha Yoga	Gulika 9:03AM – 10:35AM Yama 5:58AM – 7:31AM Rahu 1:39PM – 3:11PM	Shravana Until 1:45PM Athiganda* Until 9:39PM Kaulava Until 10:34AM Trayodashi Until 9:03PM

Pradosha Vrata

5	Friday, September 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau	Chennai, India Sun 27 Sutra 145 Subhakrit 5124
	Kumbha Rasi: 3.16 Tilthi 14 594965473 Creative Work Siddha Yoga	Gulika 7:30AM – 9:03AM Yama 3:11PM – 4:43PM Rahu 10:35AM – 12:07PM	Dhanishtha Until 11:34AM Sukarma Until 6:10PM Gara Until 7:35AM Chaturdashi* Until 6:08PM

Chidambaram Abhishekam

	Saturday, September 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Chennai, India Sutra 146 Subhakrit 5124
	Kumbha Rasi: 17.49 Tilthi 15 – 16 594965473 Creative Work Amrita Yoga Until 9:28AM Then Routine Work - Marana Yoga	Gulika 5:58AM – 7:30AM Yama 1:38PM – 3:10PM Rahu 9:02AM – 10:34AM	Shatabhishak Until 9:28AM Dhriti Until 2:55PM Balava Until 2:19AM Sun Purnima* Until 3:29PM

	Sunday, September 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Chennai, India Sutra 147 Subhakrit 5124
	Meena Rasi: 2.08 Tilthi 16 – 17 514965473 Creative Work Siddha Yoga Until 8:01AM Then Creative Work - Amrita Yoga	Gulika 3:10PM – 4:42PM Yama 12:06PM – 1:38PM Rahu 4:42PM – 6:14PM	Purvaprosarthapada* Until 8:01AM Shula* Until 11:58AM Taitila Until 12:21AM Mon Prathama* Until 1:15PM

Grandparent's Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 148

Subhakrit 5124

Meena Rasi: 16.06 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

514965473

Gulika 1:38PM - 3:09PM

Yama 10:34AM - 12:06PM

Rahu 7:30AM - 9:02AM

Uttaraproshtapada Until 6:57AM

Ganda* Until 9:29AM

Vanija Until 11:01PM

Dvitiya Until 11:35AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 5:58AM

Sunset: 6:13PM

Devaloka Day

Moon 9 - Phase 21 - 1

1st Phase

1

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Chennai, India

Sun 2 Sutra 149

Subhakrit 5124

Meena Rasi: 29.41 Tithi 18 - 19

Creative Work Siddha Yoga

514965473

Gulika 12:05PM - 1:37PM

Yama 9:02AM - 10:34AM

Rahu 3:09PM - 4:41PM

Revati Until 6:25AM

Vridhhi Until 7:34AM

Bava Until 10:26PM

Tritiya Until 10:36AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 5:58AM

Sunset: 6:12PM

Devaloka Day

Moon 9 - Phase 21 - 2

1st Phase

2

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 150

Subhakrit 5124

Mesha Rasi: 12.49 Tithi 19 - 20

Routine Work Marana Yoga

Until 6:55AM

Then Creative Work - Siddha Yoga

524965473

Gulika 10:33AM - 12:05PM

Yama 7:30AM - 9:02AM

Rahu 12:05PM - 1:37PM

Ashvini Until 6:55AM

Dhruva Until 6:14AM

Kaulava Until 10:39PM

Chaturthi* Until 10:25AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 5:58AM

Sunset: 6:12PM

Devaloka Time: 6:PM to 9:PM

Moon 9 - Phase 21 - 3

1st Phase

3

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Chennai, India

Sun 4 Sutra 151

Subhakrit 5124

Mesha Rasi: 25.34 Tithi 20 - 21

Creative Work Siddha Yoga

Until 8:04AM

Then Routine Work - Marana Yoga

525965473

Gulika 9:01AM - 10:33AM

Yama 5:58AM - 7:30AM

Rahu 1:36PM - 3:08PM

Bharani Until 8:04AM

Harshana Until 5:29AM Fri

Gara Until 11:38PM

Panchami Until 11:02AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 5:58AM

Sunset: 6:11PM

Devaloka Day

Moon 9 - Phase 21 - 4

1st Phase

4

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 5 Sutra 152

Subhakrit 5124

Vrishabha Rasi: 7.58 Tithi 21 - 22

Creative Work Siddha Yoga

Until 9:47AM

Then Routine Work - Marana Yoga

525965473

Gulika 7:30AM - 9:01AM

Yama 3:07PM - 4:39PM

Rahu 10:33AM - 12:04PM

Krittika Until 9:47AM

Vajra* Until 5:52AM Sat

Visti Until 1:19AM Sat

Shashthi* Until 12:23PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 5:58AM

Sunset: 6:10PM

Devaloka Day

Moon 9 - Phase 21 - 5

1st Phase

5

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Chennai, India

Sun 6 Sutra 153

Subhakrit 5124

Vrishabha Rasi: 20.07 Tithi 22 - 23

Creative Work Amrita Yoga

Until 12:25PM

Then Creative Work - Siddha Yoga

535965473

Gulika 5:58AM - 7:30AM

Yama 1:35PM - 3:07PM

Rahu 9:01AM - 10:33AM

Rohini Until 12:25PM

Siddhi Until 6:36AM Sun

Balava Until 3:28AM Sun

Saptami Until 2:20PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:58AM

Sunset: 6:09PM

Sivaloka Day

Moon 9 - Phase 21 - 6

Ashtami

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 7 Sutra 154

Subhakrit 5124

Mithuna Rasi: 2.05 Tithi 23 - 24

Creative Work Siddha Yoga

535965473

Gulika 3:06PM - 4:37PM

Yama 12:04PM - 1:35PM

Rahu 4:37PM - 6:09PM

Mrigashira Until 3:14PM

Siddhi Until 6:36AM

Taitila Until 5:53AM Mon

Ashtami* Until 4:39PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:58AM

Sunset: 6:09PM

Sivaloka Day

Moon 9 - Phase 21 - 7

Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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1	Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyalipata/Variyan Yoga Gara Karana Navamyam Titau			Chennai, India Sun 8 Sutra 155 Subhakrit 5124
	Mithuna Rasi: 13.57	Tithi 24	Gulika 1:34PM – 3:06PM	Ardra Until 6:03PM	Ganesha: White <i>Sunrise:</i> 5:58AM	
	Family Home Evening	535965473	Yama 10:32AM – 12:03PM	Vyatipata* Until 7:31AM	Muruqa: White <i>Sunset:</i> 6:08PM	Moon 9 - Phase 22 - 8
	Creative Work Siddha Yoga		Rahu 7:30AM – 9:01AM	Gara Until 7:06PM	Nataraja: Clear	2nd Phase
		Navami* Until 7:06PM		Moon – Yellow	Sivaloka Day	
				Bhadrapada-Puratasi		

2	Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau			Chennai, India Sun 9 Sutra 156 Subhakrit 5124
	Mithuna Rasi: 25.49	Tithi 25	Gulika 12:03PM – 1:34PM	Punarvasu Until 9:06PM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
		545965473	Yama 9:01AM – 10:32AM	Variyan Until 8:24AM	Muruqa: White <i>Sunset:</i> 6:07PM	Moon 9 - Phase 22 - 9
	Creative Work Siddha Yoga		Rahu 3:05PM – 4:36PM	Vanija Until 8:19AM	Nataraja: Clear	2nd Phase
		Dashami Until 9:28PM		Moon – Blue	Devaloka Day	
				Bhadrapada-Puratasi		

3	Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau			Chennai, India Sun 10 Sutra 157 Subhakrit 5124
	Kataka Rasi: 7.45	Tithi 26	Gulika 10:31AM – 12:02PM	Pushya Until 11:45PM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
		545965473	Yama 7:29AM – 9:00AM	Parigha* Until 9:10AM	Muruqa: White <i>Sunset:</i> 6:07PM	Moon 9 - Phase 22 - 10
	Creative Work Siddha Yoga		Rahu 12:02PM – 1:33PM	Bava Until 10:35AM	Nataraja: Clear	2nd Phase
		Ekadashi* Until 11:34PM		Moon – Blue	Devaloka Day	
				Bhadrapada-Puratasi		

4	Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau			Chennai, India Sun 11 Sutra 158 Subhakrit 5124
	Kataka Rasi: 19.49	Tithi 27	Gulika 9:00AM – 10:31AM	Ashlesha* Until 1:50AM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	
		545965473	Yama 5:58AM – 7:29AM	Shiva Until 9:42AM	Muruqa: White <i>Sunset:</i> 6:06PM	Moon 9 - Phase 22 - 11
	Creative Work Siddha Yoga		Rahu 1:33PM – 3:04PM	Kaulava Until 12:29PM	Nataraja: Clear	2nd Phase
		Dvadashi* Until 1:16AM Fri		Moon – Blue	Devaloka Day	
				Bhadrapada-Puratasi		

5	Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau			Chennai, India Sun 12 Sutra 159 Subhakrit 5124
	Simha Rasi: 2.02	Tithi 28	Gulika 7:29AM – 9:00AM	Magha* Until 3:48AM Sat	Ganesha: Red <i>Sunrise:</i> 5:58AM	
		555965473	Yama 3:03PM – 4:34PM	Siddha Until 9:51AM	Muruqa: White <i>Sunset:</i> 6:05PM	Moon 9 - Phase 22 - 12
	Routine Work Marana Yoga		Rahu 10:31AM – 12:02PM	Gara Until 1:57PM	Nataraja: Clear	2nd Phase
		Trayodashi* Until 2:29AM Sat		Moon – Red	Devaloka Day	
				Bhadrapada-Puratasi		
				<i>Pradosha Vrata (Fasting)</i>		

6	Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Chennai, India Sun 13 Sutra 160 Subhakrit 5124
	Simha Rasi: 14.28	Tithi 29	Gulika 5:58AM – 7:29AM	Purvaphalguni Until 5:06AM Sun	Ganesha: Red <i>Sunrise:</i> 5:58AM	
		555965473	Yama 1:32PM – 3:03PM	Sadhya Until 9:39AM	Muruqa: White <i>Sunset:</i> 6:04PM	Moon 9 - Phase 22 - 13
	Creative Work Siddha Yoga		Rahu 9:00AM – 10:31AM	Visti* Until 2:56PM	Nataraja: Clear	2nd Phase
		Chaturdashi* Until 3:12AM Sun		Moon – Red	Devaloka Day	
				Bhadrapada-Puratasi		

●	Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Chennai, India Sun 14 Sutra 161 Subhakrit 5124
	Retreat Star		Gulika 3:02PM – 4:33PM	Uttaraphalguni Until 5:45AM Mon	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
	Simha Rasi: 27.08	Tithi 30	Yama 12:01PM – 1:32PM	Subha Until 9:04AM	Muruqa: White <i>Sunset:</i> 6:04PM	Moon 9 - Phase 22 - 14
	Creative Work Amrita Yoga		Rahu 4:33PM – 6:04PM	Catuspada Until 3:23PM	Nataraja: Clear	Amavasya
		Mahalaya Amavasai (Tamil Nadu)		Moon – Red	Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM

●	Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau			Chennai, India Sun 15 Sutra 162 Subhakrit 5124
	Retreat Star		Gulika 1:31PM – 3:02PM	Hasta Until 6:15AM Tue	Ganesha: Blue <i>Sunrise:</i> 5:58AM	
	Kanya Rasi: 10.02	Tithi 1	Yama 10:30AM – 12:01PM	Sukla Until 8:03AM	Muruqa: White <i>Sunset:</i> 6:03PM	Moon 9 - Phase 22 - 15
	Family Home Evening	566165473	Rahu 7:29AM – 9:00AM	Kintughna Until 3:20PM	Nataraja: Clear	Prathama
		Prathama* Until 3:08AM Tue		Moon – Green	Bhuloka Day	
		Navaratri Begins		Ashvina-Puratasi		Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Chennai, India on 5/1/21

www.gurudeva.org/panchang

1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 23.11	Tithi 2	Gulika 12:00PM – 1:31PM	Hasta Until 6:15AM	Ganesha: Blue	<i>Sunrise:</i> 5:58AM	
			Yama 8:59AM – 10:30AM	Brahma Until 6:41AM	Muruqa: White	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	666165473 Rahu 3:01PM – 4:32PM	Balava Until 2:51PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:27AM Wed	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau				Chennai, India Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 6.33	Tithi 3	Gulika 10:30AM – 12:00PM	Chitra Until 6:11AM	Ganesha: Blue	<i>Sunrise:</i> 5:58AM	
			Yama 7:29AM – 8:59AM	Vaidhriti* Until 3:02AM Thu	Muruqa: White	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 Rahu 12:00PM – 1:30PM	Taitila Until 1:59PM	Nataraja: Clear		3rd Phase
			Tritiya Until 1:24AM Thu	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthayam Titau				Chennai, India Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 20.07	Tithi 4	Gulika 8:59AM – 10:29AM	Vishakha Until 5:07AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	
			Yama 5:59AM – 7:29AM	Vishkambha* Until 12:49AM Fri	Muruqa: White	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 23 - 18
	Creative Work	Siddha Yoga	676165473 Rahu 1:30PM – 3:00PM	Vanija Until 12:47PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 12:04AM Fri	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 3.5	Tithi 5	Gulika 7:29AM – 8:59AM	Anuradha Until 4:11AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	
			Yama 3:00PM – 4:30PM	Priti Until 10:26PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	676165473 Rahu 10:29AM – 11:59AM	Bava Until 11:19AM	Nataraja: Clear		3rd Phase
			Panchami Until 10:28PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Chennai, India Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 17.42	Tithi 6	Gulika 5:59AM – 7:29AM	Jyeshtha* Until 2:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	
			Yama 1:29PM – 2:59PM	Ayushman Until 7:51PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	676165473 Rahu 8:59AM – 10:29AM	Kaulava Until 9:37AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 8:40PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Ashvina+Puratasi			

6	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Chennai, India Sun 21 Sutra 168 Subhakrit 5124
	Dhanus Rasi: 1.42	Tithi 7	Gulika 2:59PM – 4:29PM	Mula* Until 1:47AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	
			Yama 11:59AM – 1:29PM	Saubhagya Until 5:08PM	Muruqa: Green	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 Rahu 4:29PM – 5:59PM	Gara Until 7:43AM	Nataraja: Clear		3rd Phase
			Saptami Until 6:42PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:28PM – 2:58PM	Purvashadha* Until 12:22AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	
	Dhanus Rasi: 15.48	Tithi 8 – 9	Yama 10:28AM – 11:58AM	Sobhana Until 2:18PM	Muruqa: Green	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 22
	Family Home Evening	687166473 Rahu 7:29AM – 8:59AM		Balava Until 3:29AM Tue	Nataraja: Clear		Ashtami
			Ashtami* Until 4:35PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

D	Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Chennai, India Sun 23 Sutra 170 Subhakrit 5124
	Retreat Star		Gulika 11:58AM – 1:28PM	Uttarashadha Until 10:42PM	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	
	Dhanus Rasi: 29.59	Tithi 9 – 10	Yama 8:58AM – 10:28AM	Athiganda* Until 11:21AM	Muruqa: Green	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 23
	Routine Work	Prabalarishta Yoga	687166473 Rahu 2:58PM – 4:28PM	Taitila Until 1:13AM Wed	Nataraja: Clear		Navami
			Navami* Until 2:20PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Chennai, India on 5/1/21

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Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India

Sutra 177

Subhakrit 5124

Mesha Rasi: 7.44

Tithi 17

628176474

Gulika

11:56AM – 1:25PM

Yama

8:58AM – 10:27AM

Rahu

2:55PM – 4:24PM

Ashvini Until 4:15PM

Harshana Until 3:14PM

Taitila Until 1:29PM

Dvitiya Until 1:28AM Wed

Ganesha: Yellow

Sunrise: 5:59AM

Muruqa: White

Sunset: 5:53PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work

Siddha Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Chennai, India

Sun 1 Sutra 178

Subhakrit 5124

Mesha Rasi: 20.44

Tithi 18

628176474

Gulika

10:27AM – 11:56AM

Yama

7:28AM – 8:58AM

Rahu

11:56AM – 1:25PM

Bharani Until 5:08PM

Vajra* Until 2:17PM

Vanija Until 1:40PM

Tritiya Until 2:00AM Thu

Ganesha: Yellow

Sunrise: 5:59AM

Muruqa: White

Sunset: 5:52PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work

Siddha Yoga

Until 5:08PM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Chennai, India

Sun 2 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 3.25

Tithi 19

628176474

Gulika

8:57AM – 10:27AM

Yama

5:59AM – 7:28AM

Rahu

1:25PM – 2:54PM

Krittika Until 6:31PM

Siddhi Until 1:53PM

Bava Until 2:32PM

Chaturthi* Until 3:11AM Fri

Ganesha: Yellow

Sunrise: 5:59AM

Muruqa: White

Sunset: 5:52PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work

Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Sun 3 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 15.47

Tithi 20

638176474

Gulika

7:28AM – 8:57AM

Yama

2:53PM – 4:22PM

Rahu

10:26AM – 11:55AM

Rohini Until 8:49PM

Vyatipata* Until 1:58PM

Kaulava Until 4:02PM

Panchami Until 4:57AM Sat

Ganesha: Blue

Sunrise: 5:59AM

Muruqa: White

Sunset: 5:51PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work

Marana Yoga

Until 8:49PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Gara Karana Shashthayam Titau

Chennai, India

Sun 4 Sutra 181

Subhakrit 5124

Vrishabha Rasi: 27.57

Tithi 21

639176474

Gulika

6:00AM – 7:28AM

Yama

1:24PM – 2:53PM

Rahu

8:57AM – 10:26AM

Mrigashira Until 11:25PM

Variyan Until 2:26PM

Gara Until 6:02PM

Shashthi* Until 7:09AM Sun

Ganesha: Red

Sunrise: 6:00AM

Muruqa: White

Sunset: 5:51PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work

Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Chennai, India

Sun 5 Sutra 182

Subhakrit 5124

Mithuna Rasi: 9.56

Tithi 21 – 22

639176474

Gulika

2:53PM – 4:21PM

Yama

11:55AM – 1:24PM

Rahu

4:21PM – 5:50PM

Ardra Until 2:07AM Mon

Parigha* Until 3:10PM

Visti Until 8:22PM

Shashthi* Until 7:09AM

Ganesha: Red

Sunrise: 6:00AM

Muruqa: White

Sunset: 5:50PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work

Siddha Yoga

Until 2:07AM Mon

Then Creative Work - Amrita Yoga

6

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Chennai, India

Sun 6 Sutra 183

Subhakrit 5124

Mithuna Rasi: 21.5

Tithi 22 – 23

649176474

Gulika

1:23PM – 2:52PM

Yama

10:26AM – 11:55AM

Rahu

7:29AM – 8:57AM

Punarvasu Until 5:12AM Tue

Shiva Until 4:02PM

Balava Until 10:48PM

Saptami Until 9:34AM

Ganesha: Green

Sunrise: 6:00AM

Muruqa: White

Sunset: 5:50PM

Nataraja: Purple

Moon – Blue

Ashvina+Puratasi

Devaloka Day

Creative Work

Amrita Yoga

Until 5:12AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 7 Sutra 184

Subhakrit 5124

Kataka Rasi: 3.43

Tithi 23 – 24

649176474

Gulika

11:55AM – 1:23PM

Yama

8:57AM – 10:26AM

Rahu

2:52PM – 4:20PM

Pushya Until 7:59AM Wed

Siddha Until 4:50PM

Taitila Until 1:09AM Wed

Ashtami* Until 11:59AM

Ganesha: Green

Sunrise: 6:00AM

Muruqa: White

Sunset: 5:49PM

Nataraja: Purple

Moon – Blue

Ashvina+Puratasi

Devaloka Day

Creative Work

Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/22

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1		Wednesday, October 19, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Chennai, India Sun 8 Sutra 185 Subhakarit 5124	
Kataka Rasi: 15.4	Tithi 24 – 25	649176474	Gulika 10:26AM – 11:54AM Yama 7:29AM – 8:57AM Rahu 11:54AM – 1:23PM	Pushya Until 7:59AM Sadhya Until 5:28PM Vanija Until 3:12AM Thu Navami* Until 2:12PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Blue	Sunrise: 6:00AM Sunset: 5:48PM	Moon 10 - Phase 26 - 8 2nd Phase
Creative Work	Siddha Yoga						Devaloka Day

2		Thursday, October 20, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Chennai, India Sun 9 Sutra 186 Subhakarit 5124	
Kataka Rasi: 27.44	Tithi 25 – 26	649276474	Gulika 8:57AM – 10:26AM Yama 6:00AM – 7:29AM Rahu 1:23PM – 2:51PM	Ashlesha* Until 10:17AM Subha Until 5:49PM Bava Until 4:47AM Fri Dashami Until 4:02PM	Ganesha: Red Muruqa: White Nataraja: Purple Moon – Blue	Sunrise: 6:00AM Sunset: 5:48PM	Moon 10 - Phase 26 - 9 2nd Phase
Creative Work	Siddha Yoga						Bhuloka Day Devaloka Time: 6:AM to 9:AM

3		Friday, October 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Chennai, India Sun 10 Sutra 187 Subhakarit 5124	
Simha Rasi: 10	Tithi 26 – 27	659276474	Gulika 7:29AM – 8:57AM Yama 2:51PM – 4:19PM Rahu 10:26AM – 11:54AM	Magha* Until 12:25PM Sukla Until 5:43PM Kaulava Until 5:48AM Sat Ekadashi* Until 5:21PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:00AM Sunset: 5:47PM	Moon 10 - Phase 26 - 10 2nd Phase
Routine Work	Marana Yoga						Bhuloka Day

4		Saturday, October 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Taitila Karana Dvodashyam Titau		Chennai, India Sun 11 Sutra 188 Subhakarit 5124	
Simha Rasi: 22.31	Tithi 27	659276474	Gulika 6:01AM – 7:29AM Yama 1:22PM – 2:50PM Rahu 8:57AM – 10:26AM	Purvaphalguni Until 1:48PM Brahma Until 5:09PM Taitila Until 6:03PM Dvodashi* Until 6:03PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:01AM Sunset: 5:47PM	Moon 10 - Phase 26 - 11 2nd Phase
Creative Work	Siddha Yoga						Bhuloka Day

5		Sunday, October 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		Chennai, India Sun 12 Sutra 189 Subhakarit 5124	
Kanya Rasi: 5.2	Tithi 28	651276474	Gulika 2:50PM – 4:18PM Yama 11:54AM – 1:22PM Rahu 4:18PM – 5:46PM	Uttaraphalguni Until 2:25PM Indra Until 4:07PM Gara Until 6:10AM Trayodashi* Until 6:05PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:01AM Sunset: 5:46PM	Moon 10 - Phase 26 - 12 2nd Phase
Creative Work	Amrita Yoga						Bhuloka Day <i>Pradosha Vrata (Fasting)</i>

6		Monday, October 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Chennai, India Sun 13 Sutra 190 Subhakarit 5124	
Kanya Rasi: 18.28	Tithi 29 – 30	661276474	Gulika 1:22PM – 2:50PM Yama 10:25AM – 11:54AM Rahu 7:29AM – 8:57AM	Hasta Until 2:43PM Vaidhriti* Until 2:32PM Catuspada Until 5:00AM Tue Chaturdashi* Until 5:30PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:01AM Sunset: 5:46PM	Moon 10 - Phase 26 - 13 2nd Phase
Family Home Evening	Siddha Yoga						Bhuloka Day

Retreat Star		Tuesday, October 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Chennai, India Sun 14 Sutra 191 Subhakarit 5124	
Tula Rasi: 1.56	Tithi 30 – 1	661276474	Gulika 11:53AM – 1:21PM Yama 8:57AM – 10:25AM Rahu 2:49PM – 4:18PM	Chitra Until 2:17PM Vishkambha* Until 12:31PM Kintughna Until 3:36AM Wed Amavasya* Until 4:20PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:01AM Sunset: 5:46PM	Moon 10 - Phase 26 - 14 Amavasya
Creative Work	Siddha Yoga						Bhuloka Day

Retreat Star		Wednesday, October 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Chennai, India Sun 15 Sutra 192 Subhakarit 5124	
Tula Rasi: 15.42	Tithi 1 – 2	661276574	Gulika 10:25AM – 11:53AM Yama 7:29AM – 8:57AM Rahu 11:53AM – 1:21PM	Svati Until 1:15PM Priti Until 10:07AM Balava Until 1:46AM Thu Prathama* Until 2:43PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Green	Sunrise: 6:01AM Sunset: 5:45PM	Moon 10 - Phase 26 - 15 Prathama
Creative Work	Siddha Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Thursday, October 27, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dviliya/Tritiyayam Titau				Chennai, India
	Tula Rasi: 29.43	Tithi 2 - 3	Gulika 8:57AM - 10:25AM	Vishakha Until 12:08PM	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Sun 16 Sutra 193
			Yama 6:02AM - 7:30AM	Ayushman Until 7:24AM	Muruqa: Clear	<i>Sunset:</i> 5:45PM	Subhakra 5124
	Creative Work Siddha Yoga	671276574	Rahu 1:21PM - 2:49PM	Taitila Until 11:39PM	Nataraja: Clear		Moon 10 - Phase 27 - 16 3rd Phase
			Dvitiya Until 12:43PM	Moon - Orange		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

2	Friday, October 28, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Chennai, India
	Vrischika Rasi: 13.54	Tithi 3 - 4	Gulika 7:30AM - 8:57AM	Anuradha Until 10:37AM	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Sun 17 Sutra 194
			Yama 2:49PM - 4:16PM	Sobhana Until 1:24AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:44PM	Subhakra 5124
	Creative Work Siddha Yoga	671276574	Rahu 10:25AM - 11:53AM	Vanija Until 9:20PM	Nataraja: Clear		Moon 10 - Phase 27 - 17 3rd Phase
			Tritiya Until 10:30AM	Moon - Orange		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

3	Saturday, October 29, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha/Mula Nakshatra Athiganda Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India
	Vrischika Rasi: 28.13	Tithi 4 - 5	Gulika 6:02AM - 7:30AM	Jyeshtha* Until 8:51AM	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Sun 18 Sutra 195
			Yama 1:21PM - 2:48PM	Athiganda* Until 10:15PM	Muruqa: Clear	<i>Sunset:</i> 5:44PM	Subhakra 5124
	Creative Work Siddha Yoga	671276574	Rahu 8:58AM - 10:25AM	Bava Until 6:57PM	Nataraja: Clear		Moon 10 - Phase 27 - 18 3rd Phase
			Chaturthi* Until 8:08AM	Moon - Orange		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

4	Sunday, October 30, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula/Purvashadha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Chennai, India
	Dhanus Rasi: 12.32	Tithi 6	Gulika 2:48PM - 4:16PM	Mula* Until 7:19AM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	Sun 19 Sutra 196
			Yama 11:53AM - 1:21PM	Sukarma Until 7:09PM	Muruqa: Clear	<i>Sunset:</i> 5:44PM	Subhakra 5124
	Creative Work Amrita Yoga	681276574	Rahu 4:16PM - 5:44PM	Kaulava Until 4:33PM	Nataraja: Clear		Moon 10 - Phase 27 - 19 3rd Phase
			Skanda Shasthi	Moon - Light Blue		Devaloka Day	
				Kartika-Aipasi			

5	Monday, October 31, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula Yoga Gara/Vanija Karana Saplamyam Titau				Chennai, India
	Dhanus Rasi: 26.5	Tithi 7	Gulika 1:20PM - 2:48PM	Uttarashadha Until 4:03AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Sun 20 Sutra 197
	Family Home Evening		Yama 10:25AM - 11:53AM	Dhriti Until 4:07PM	Muruqa: Clear	<i>Sunset:</i> 5:43PM	Subhakra 5124
	Routine Work Marana Yoga	681276574	Rahu 7:30AM - 8:58AM	Gara Until 2:15PM	Nataraja: Clear		Moon 10 - Phase 27 - 20 3rd Phase
			Saptami Until 1:08AM Tue	Moon - Light Blue		Devaloka Day	
				Kartika-Aipasi			

Retreat Star	Tuesday, November 1, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula/Ganda Yoga Visti/Bava Karana Ashtamyam Titau				Chennai, India
	Makara Rasi: 11.04	Tithi 8	Gulika 11:53AM - 1:20PM	Shravana Until 2:51AM Wed	Ganesha: White	<i>Sunrise:</i> 6:03AM	Sun 21 Sutra 198
			Yama 8:58AM - 10:25AM	Shula* Until 1:11PM	Muruqa: Clear	<i>Sunset:</i> 5:43PM	Subhakra 5124
	Creative Work Siddha Yoga	691276574	Rahu 2:48PM - 4:15PM	Visti Until 12:05PM	Nataraja: Clear		Moon 10 - Phase 27 - 21 Ashtami
			Ashtami* Until 11:03PM	Moon - Purple		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

Retreat Star	Wednesday, November 2, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India
	Makara Rasi: 25.1	Tithi 9	Gulika 10:25AM - 11:53AM	Dhanishtha Until 1:44AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:03AM	Sun 22 Sutra 199
			Yama 7:31AM - 8:58AM	Ganda* Until 10:25AM	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Subhakra 5124
	Routine Work Prabalarishta Yoga	692276574	Rahu 11:53AM - 1:20PM	Balava Until 10:07AM	Nataraja: Clear		Moon 10 - Phase 27 - 22 Navami
			Navami* Until 9:11PM	Moon - Purple		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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1	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Chennai, India
	Kumbha Rasi: 9.08	Tithi 10	Gulika 8:58AM – 10:26AM	Shatabhishak Until 12:42AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:04AM	Sun 23 Sutra 200
			Yama 6:04AM – 7:31AM	Vriddhi Until 7:50AM	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Subhakrit 5124
	692276574	Rahu 1:20PM – 2:47PM	Taitila Until 8:21AM	Dashami Until 7:33PM	Nataraja: Clear		Moon 10 - Phase 28 - 23 4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	


2	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India
	Kumbha Rasi: 22.56	Tithi 11	Gulika 7:31AM – 8:58AM	Purvaproshtapada* Until 12:14AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:04AM	Sun 24 Sutra 201
			Yama 2:47PM – 4:15PM	Vyaghata* Until 3:16AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Subhakrit 5124
	612276574	Rahu 10:26AM – 11:53AM	Vanija Until 6:52AM	Ekadashi Until 6:12PM	Nataraja: Clear		Moon 10 - Phase 28 - 24 4th Phase
Creative Work	Siddha Yoga			Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Meena Rasi: 6.34	Tithi 12 – 13	Gulika 6:04AM – 7:31AM	Uttaraproshtapada Until 11:58PM	Ganesha: Blue	<i>Sunrise:</i> 6:04AM	Sun 25 Sutra 202
			Yama 1:20PM – 2:47PM	Harshana Until 1:24AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Subhakrit 5124
	612276574	Rahu 8:58AM – 10:26AM	Kaulava Until 4:49AM Sun	Dvadashi Until 5:10PM	Nataraja: Clear		Moon 10 - Phase 28 - 25 4th Phase
Creative Work	Siddha Yoga			Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 11:58PM							
Then Routine Work - Prabararishta Yoga						<i>Pradosha Vrata</i>	

4	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India
	Meena Rasi: 20.01	Tithi 13 – 14	Gulika 2:47PM – 4:14PM	Revati Until 11:55PM	Ganesha: Blue	<i>Sunrise:</i> 6:04AM	Sun 26 Sutra 203
			Yama 11:53AM – 1:20PM	Vajra* Until 11:48PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Subhakrit 5124
	612276574	Rahu 4:14PM – 5:41PM	Gara Until 4:22AM Mon	Trayodashi Until 4:31PM	Nataraja: Clear		Moon 10 - Phase 28 - 26 4th Phase
Creative Work	Amrita Yoga			Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 11:55PM							
Then Creative Work - Siddha Yoga							

5	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chennai, India
	Mesha Rasi: 3.14	Tithi 14 – 15	Gulika 1:20PM – 2:47PM	Ashvini Until 12:37AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:05AM	Sun 27 Sutra 204
			Yama 10:26AM – 11:53AM	Siddhi Until 10:35PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Subhakrit 5124
	722276574	Rahu 7:32AM – 8:59AM	Visti Until 4:22AM Tue	Chaturdashi* Until 4:17PM	Nataraja: Clear		Moon 10 - Phase 28 - 27 4th Phase
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chennai, India
	Copper Retreat Star		Gulika 11:53AM – 1:20PM	Bharani Until 1:38AM Wed	Ganesha: Blue	<i>Sunrise:</i> 6:05AM	Sutra 205
	Mesha Rasi: 16.13	Tithi 15 – 16	Yama 8:59AM – 10:26AM	Vyatipata* Until 9:44PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Subhakrit 5124
	722276574	Rahu 2:47PM – 4:14PM	Balava Until 4:53AM Wed	Purnima* Until 4:32PM	Nataraja: Clear		Moon 10 - Phase 28 - Purnima
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 1:38AM Wed							
Then Creative Work - Amrita Yoga							

	Wednesday, November 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Chennai, India
	Silver Retreat Star		Gulika 10:26AM – 11:53AM	Krittika Until 2:59AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:05AM	Sutra 206
	Mesha Rasi: 28.57	Tithi 16 – 17	Yama 7:32AM – 8:59AM	Variyan Until 9:16PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Subhakrit 5124
	722276574	Rahu 11:53AM – 1:20PM	Taitila Until 5:55AM Thu	Prathama* Until 5:19PM	Nataraja: Clear		Moon 10 - Phase 28 - Prathama
Creative Work	Amrita Yoga			Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 2:59AM Thu							
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Thursday, November 10, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Gara Karana Dvitiyayam Titau

Chennai, India

Sun 1 Sutra 207

Subhakrit 5124

732276574 Vishabha Rasi: 11.28 Tithi 17

Gulika 9:00AM - 10:26AM
Yama 6:06AM - 7:33AM
Rahu 1:20PM - 2:47PM

Rohini Until 5:09AM Fri
Parigha* Until 9:12PM
Gara Until 6:36PM
Dvitiya Until 6:36PM

Ganesha: Red Sunrise: 6:06AM
Muruga: Clear Sunset: 5:40PM
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 5:09AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Chennai, India

Sun 2 Sutra 208

Subhakrit 5124

732276574 Vishabha Rasi: 23.45 Tithi 18

Gulika 7:33AM - 9:00AM
Yama 2:47PM - 4:14PM
Rahu 10:26AM - 11:53AM

Mrigashira Until 7:35AM Sat
Shiva Until 9:30PM
Vanija Until 7:26AM
Tritiya Until 8:21PM

Ganesha: Red Sunrise: 6:06AM
Muruga: Clear Sunset: 5:40PM
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India

Sun 3 Sutra 209

Subhakrit 5124

732276574 Mithuna Rasi: 5.52 Tithi 19

Gulika 6:07AM - 7:33AM
Yama 1:20PM - 2:47PM
Rahu 9:00AM - 10:27AM

Mrigashira Until 7:35AM
Siddha Until 10:04PM
Bava Until 9:25AM
Chaturthi* Until 10:30PM

Ganesha: Red Sunrise: 6:07AM
Muruga: Clear Sunset: 5:40PM
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Sun 4 Sutra 210

Subhakrit 5124

732276574 Mithuna Rasi: 17.5 Tithi 20

Gulika 2:47PM - 4:13PM
Yama 11:53AM - 1:20PM
Rahu 4:13PM - 5:40PM

Ardra Until 10:09AM
Sadhya Until 10:49PM
Kaulava Until 11:42AM
Panchami Until 12:54AM Mon

Ganesha: Red Sunrise: 6:07AM
Muruga: Clear Sunset: 5:40PM
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 4
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Sun 5 Sutra 211

Subhakrit 5124

742376574 Mithuna Rasi: 29.44 Tithi 21

Gulika 1:20PM - 2:47PM
Yama 10:27AM - 11:54AM
Rahu 7:34AM - 9:01AM

Punarvasu Until 1:15PM
Subha Until 11:41PM
Gara Until 2:11PM
Shashthi* Until 3:24AM Tue

Ganesha: White Sunrise: 6:07AM
Muruga: Clear Sunset: 5:40PM
Nataraja: Clear
Moon - Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 5
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 1:15PM

Then Creative Work - Siddha Yoga

5

Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India

Sun 6 Sutra 212

Subhakrit 5124

743376574 Kataka Rasi: 11.37 Tithi 22

Gulika 11:54AM - 1:20PM
Yama 9:01AM - 10:27AM
Rahu 2:47PM - 4:13PM

Pushya Until 4:10PM
Sukla Until 12:27AM Wed
Visti Until 4:39PM
Saptami Until 5:48AM Wed

Ganesha: Green Sunrise: 6:08AM
Muruga: Clear Sunset: 5:40PM
Nataraja: Clear
Moon - Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Balava Karana Ashtamyam Titau

Chennai, India

Sun 7 Sutra 213

Subhakrit 5124

743376574 Kataka Rasi: 23.32 Tithi 23

Gulika 10:28AM - 11:54AM
Yama 7:35AM - 9:01AM
Rahu 11:54AM - 1:20PM

Ashlesha* Until 6:45PM
Brahma Until 1:03AM Thu
Balava Until 6:56PM
Ashtami* Until 7:54AM Thu

Ganesha: Green Sunrise: 6:08AM
Muruga: Clear Sunset: 5:40PM
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Moon 11 - Phase 29 - 7
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chennai, India

Sun 8 Sutra 214

Subhakrit 5124

753376575 Simha Rasi: 5.34 Tithi 23 - 24

Gulika 9:01AM - 10:28AM
Yama 6:09AM - 7:35AM
Rahu 1:21PM - 2:47PM

Magha* Until 9:17PM
Indra Until 1:19AM Fri
Taitila Until 8:49PM
Ashtami* Until 7:54AM

Ganesha: Orange Sunrise: 6:09AM
Muruga: Clear Sunset: 5:40PM
Nataraja: Purple
Moon - Red
Kartika-Kartikai

Moon 11 - Phase 29 - 8
Navami

Sivaloka Day

Creative Work Amrita Yoga

Until 9:17PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Chennai, India Sun 9 Sutra 215 Subhakrit 5124
Simha Rasi: 17.47	Tithi 24 – 25	Gulika 7:35AM – 9:02AM	Purvaphalguni Until 11:05PM	Ganesha: Orange	<i>Sunrise:</i> 6:09AM	
		Yama 2:47PM – 4:13PM	Vaidhrili* Until 1:07AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 9
		753376575 Rahu 10:28AM – 11:54AM	Vanija Until 10:07PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 9:31AM	Moon – Red		Sivaloka Day
				Karttika-Karttikai		

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Chennai, India Sun 10 Sutra 216 Subhakrit 5124
Kanya Rasi: 0.17	Tithi 25 – 26	Gulika 6:10AM – 7:36AM	Uttaraphalguni Until 12:04AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:10AM	
		Yama 1:21PM – 2:47PM	Vishkambha* Until 12:23AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 10
		753376575 Rahu 9:02AM – 10:28AM	Bava Until 10:43PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dashami Until 10:30AM	Moon – Red		Sivaloka Day
Until 12:04AM Sun				Karttika-Karttikai		
Then Creative Work - Amrita Yoga						

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Chennai, India Sun 11 Sutra 217 Subhakrit 5124
Kanya Rasi: 13.07	Tithi 26 – 27	Gulika 2:47PM – 4:13PM	Hasta Until 12:37AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:10AM	
		Yama 11:55AM – 1:21PM	Priti Until 11:03PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 11
		763376575 Rahu 4:13PM – 5:40PM	Kaulava Until 10:33PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 10:43AM	Moon – Green		Devaloka Day
Until 12:37AM Mon				Karttika-Karttikai		
Then Routine Work - Prabalarishta Yoga						

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Chennai, India Sun 12 Sutra 218 Subhakrit 5124
Kanya Rasi: 26.19	Tithi 27 – 28	Gulika 1:21PM – 2:47PM	Chitra Until 12:15AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 6:11AM	
Family Home Evening		Yama 10:29AM – 11:55AM	Ayushman Until 9:06PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 12
Routine Work	Prabalarishta Yoga	763376575 Rahu 7:37AM – 9:03AM	Gara Until 9:37PM	Nataraja: Purple		2nd Phase
Until 12:15AM Tue			Dvadashi* Until 10:10AM	Moon – Green		Devaloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai		
			<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Chennai, India Sun 13 Sutra 219 Subhakrit 5124
Tula Rasi: 9.58	Tithi 28 – 29	Gulika 11:55AM – 1:21PM	Svati Until 11:04PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:11AM	
		Yama 9:03AM – 10:29AM	Saubhagya Until 6:37PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 13
		763376575 Rahu 2:47PM – 4:14PM	Visti Until 8:00PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:52AM	Moon – Green		Devaloka Day
Until 11:04PM				Karttika-Karttikai		
Then Routine Work - Marana Yoga						

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Chennai, India Sun 14 Sutra 220 Subhakrit 5124
Retreat Star		Gulika 10:30AM – 11:56AM	Vishakha Until 9:37PM	Ganesha: Purple	<i>Sunrise:</i> 6:11AM	
Tula Rasi: 23.59	Tithi 29 – 30	Yama 7:38AM – 9:04AM	Sobhana Until 3:39PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 14
		773376575 Rahu 11:56AM – 1:22PM	Naga Until 4:28AM Thu	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 6:56AM	Moon – Orange		Devaloka Day
				Karttika-Karttikai		

Thursdays, November 24, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Chennai, India Sun 15 Sutra 221 Subhakrit 5124
Vrischika Rasi: 8.23	Tithi 1	Gulika 9:04AM – 10:30AM	Anuradha Until 7:36PM	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	
		Yama 6:12AM – 7:38AM	Athiganda* Until 12:18PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 15
		773376575 Rahu 1:22PM – 2:48PM	Kintughna Until 3:06PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:38AM Fri	Moon – Orange		Devaloka Day
Until 7:36PM				Margasira-Karttikai		
Then Routine Work - Prabalarishta Yoga						

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Friday, November 25, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau	Chennai, India
			Sun 16 Sutra 222
Vrischika Rasi: 23.01	Tithi 2	Gulika 7:38AM – 9:04AM Yama 2:48PM – 4:14PM 773376575 Rahu 10:30AM – 11:56AM	Jyeshtha* Until 5:11PM Sukarma Until 8:41AM Balava Until 12:09PM Dvitiya Until 10:35PM
Routine Work	Marana Yoga		Ganesha: Purple <i>Sunrise: 6:12AM</i> Muruqa: Clear <i>Sunset: 5:40PM</i> Moon 11 - Phase 31 - 16 Nataraja: Purple Moon – Orange
Until 5:11PM			Devaloka Day
Then Creative Work - Amrita Yoga			

2	Saturday, November 26, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau	Chennai, India
			Sun 17 Sutra 223
Dhanus Rasi: 7.48	Tithi 3	Gulika 6:13AM – 7:39AM Yama 1:22PM – 2:48PM 783376575 Rahu 9:05AM – 10:31AM	Mula* Until 2:56PM Shula* Until 1:11AM Sun Taitila Until 9:02AM Tritiya Until 7:27PM
Creative Work	Siddha Yoga		Ganesha: Light Blue <i>Sunrise: 6:13AM</i> Muruqa: Clear <i>Sunset: 5:40PM</i> Moon 11 - Phase 31 - 17 Nataraja: Purple Moon – Light Blue
			Devaloka Day
Then Creative Work - Amrita Yoga			

3	Sunday, November 27, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Ganda* Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau	Chennai, India
			Sun 18 Sutra 224
Dhanus Rasi: 22.36	Tithi 4 – 5	Gulika 2:48PM – 4:14PM Yama 11:57AM – 1:23PM 783376575 Rahu 4:14PM – 5:40PM	Purvashadha* Until 12:36PM Ganda* Until 9:30PM Bava Until 2:59AM Mon Chaturthi* Until 4:25PM
Creative Work	Siddha Yoga		Ganesha: Light Blue <i>Sunrise: 6:14AM</i> Muruqa: Clear <i>Sunset: 5:40PM</i> Moon 11 - Phase 31 - 18 Nataraja: Purple Moon – Light Blue
Until 12:36PM			Devaloka Day
Then Creative Work - Amrita Yoga			

4	Monday, November 28, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Chennai, India
			Sun 19 Sutra 225
Makara Rasi: 7.17	Tithi 5 – 6	Gulika 1:23PM – 2:49PM Yama 10:31AM – 11:57AM 783376575 Rahu 7:40AM – 9:06AM	Uttarashadha Until 10:19AM Vriddhi Until 6:02PM Kaulava Until 12:17AM Tue Panchami Until 1:34PM
Family Home Evening	Marana Yoga		Ganesha: Light Blue <i>Sunrise: 6:14AM</i> Muruqa: Clear <i>Sunset: 5:40PM</i> Moon 11 - Phase 31 - 19 Nataraja: Purple Moon – Light Blue
Until 10:19AM			Devaloka Day
Then Creative Work - Amrita Yoga			

5	Tuesday, November 29, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Chennai, India
			Sun 20 Sutra 226
Makara Rasi: 21.46	Tithi 6 – 7	Gulika 11:57AM – 1:23PM Yama 9:06AM – 10:32AM 793376575 Rahu 2:49PM – 4:15PM	Shravana Until 8:36AM Dhruva Until 2:50PM Gara Until 9:58PM Shashthi* Until 11:04AM
Creative Work	Siddha Yoga		Ganesha: Orange <i>Sunrise: 6:15AM</i> Muruqa: Clear <i>Sunset: 5:40PM</i> Moon 11 - Phase 31 - 20 Nataraja: Purple Moon – Purple
			Sivaloka Day
Then Creative Work - Amrita Yoga			

Retreat Star	Wednesday, November 30, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau	Chennai, India
			Sun 21 Sutra 227
Kumbha Rasi: 5.59	Tithi 7 – 8	Gulika 10:32AM – 11:58AM Yama 7:41AM – 9:06AM 794376575 Rahu 11:58AM – 1:23PM	Dhanishtha Until 7:09AM Vyaghata* Until 11:59AM Visti Until 8:07PM Saptami Until 8:58AM
Routine Work	Prabalarishta Yoga		Ganesha: Clear <i>Sunrise: 6:15AM</i> Muruqa: Clear <i>Sunset: 5:41PM</i> Moon 11 - Phase 31 - 21 Nataraja: Purple Moon – Purple
Until 7:09AM			Sivaloka Day
Then Creative Work - Siddha Yoga			

Retreat Star	Thursday, December 1, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Chennai, India
			Sun 22 Sutra 228
Kumbha Rasi: 19.53	Tithi 8 – 9	Gulika 9:07AM – 10:33AM Yama 6:16AM – 7:41AM 794376575 Rahu 1:24PM – 2:49PM	Shatabhishak Until 6:02AM Harshana Until 9:32AM Balava Until 6:45PM Ashtami* Until 7:21AM
Creative Work	Siddha Yoga		Ganesha: Clear <i>Sunrise: 6:16AM</i> Muruqa: Clear <i>Sunset: 5:41PM</i> Moon 11 - Phase 31 - 22 Nataraja: Purple Moon – Purple
			Sivaloka Day
Then Creative Work - Amrita Yoga			

1		Friday, December 2, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Siddhi Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Chennai, India Sun 23 Sutra 229	
Meena Rasi: 3.29	Tithi 9 – 10	Gulika 7:42AM – 9:07AM	Uttaraproshtapada Until 5:44AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:16AM				Subhakrit 5124
		Yama 2:50PM – 4:15PM	Vajra* Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 5:41PM				Moon 11 - Phase 32 - 23
		714376575 Rahu 10:33AM – 11:59AM	Gara Until 5:40AM Sat	Nataraja: Purple					4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:15AM	Moon – Clear				Sivaloka Day	
Until 5:44AM Sat				Margasira-Karttikai					
Then Routine Work - Prabalarishta Yoga									

2		Saturday, December 3, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Chennai, India Sun 24 Sutra 230	
Meena Rasi: 16.48	Tithi 11	Gulika 6:17AM – 7:42AM	Revati Until 6:07AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:17AM				Subhakrit 5124
		Yama 1:24PM – 2:50PM	Vyatipata* Until 4:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:41PM				Moon 11 - Phase 32 - 24
		714376575 Rahu 9:08AM – 10:33AM	Vanija Until 5:35PM	Nataraja: Purple					4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 5:36AM Sun	Moon – Clear				Sivaloka Day	
Until 6:07AM Sun				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

3		Sunday, December 4, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Bava/Balava Karana Dvadashyam Titau		Chennai, India Sun 25 Sutra 231	
Meena Rasi: 29.5	Tithi 12	Gulika 2:50PM – 4:16PM	Revati Until 6:07AM	Ganesha: Red	<i>Sunrise:</i> 6:17AM				Subhakrit 5124
		Yama 11:59AM – 1:25PM	Variyan Until 3:40AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:41PM				Moon 11 - Phase 32 - 25
		714376575 Rahu 4:16PM – 5:41PM	Bava Until 5:45PM	Nataraja: Purple					4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 6:00AM Mon	Moon – Clear				Sivaloka Day	
Until 6:07AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

4		Monday, December 5, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Chennai, India Sun 26 Sutra 232	
Mesha Rasi: 12.4	Tithi 12 – 13	Gulika 1:25PM – 2:51PM	Ashvini Until 7:15AM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM				Subhakrit 5124
Family Home Evening		Yama 10:34AM – 12:00PM	Parigha* Until 3:07AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:42PM				Moon 11 - Phase 32 - 26
		724376575 Rahu 7:43AM – 9:09AM	Kaulava Until 6:23PM	Nataraja: Purple					4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:00AM	Moon – White				Devaloka Day	
				Margasira-Karttikai					

Pradosha Vrata

5		Tuesday, December 6, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau		Chennai, India Sun 27 Sutra 233	
Mesha Rasi: 25.16	Tithi 13 – 14	Gulika 12:00PM – 1:26PM	Bharani Until 8:39AM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM				Subhakrit 5124
		Yama 9:09AM – 10:35AM	Shiva Until 2:53AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:42PM				Moon 11 - Phase 32 - 27
		724376575 Rahu 2:51PM – 4:17PM	Gara Until 7:26PM	Nataraja: Purple					4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:50AM	Moon – White				Devaloka Day	
				Margasira-Karttikai					
		Krittika Deepam							

○		Wednesday, December 7, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Chennai, India Sutra 234	
Copper Retreat Star		Gulika 10:35AM – 12:01PM	Krittika Until 10:17AM	Ganesha: Blue	<i>Sunrise:</i> 6:19AM				Subhakrit 5124
Vrishabha Rasi: 7.42	Tithi 14 – 15	Yama 7:44AM – 9:10AM	Siddha Until 2:55AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:42PM				Moon 11 - Phase 32 - Purnima
		724376575 Rahu 12:01PM – 1:26PM	Visti Until 8:52PM	Nataraja: Purple					
Creative Work	Amrita Yoga		Chaturdashi* Until 8:05AM	Moon – White				Devaloka Day	
Until 10:17AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

○		Thursday, December 8, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Chennai, India Sutra 235	
Silver Retreat Star		Gulika 9:10AM – 10:36AM	Rohini Until 12:35PM	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM				Subhakrit 5124
Vrishabha Rasi: 19.59	Tithi 15 – 16	Yama 6:19AM – 7:45AM	Sadhya Until 3:13AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:43PM				Moon 11 - Phase 32 - Prathama
		734376575 Rahu 1:26PM – 2:52PM	Balava Until 10:40PM	Nataraja: Purple					
Routine Work	Marana Yoga		Purnima* Until 9:42AM	Moon – Yellow				Sivaloka Day	
				Margasira-Karttikai					
		Vinayaga Viratam Begins							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chennai, India

Sutra 236

Subhakrit 5124

Mithuna Rasi: 2.07 Tithi 16 - 17

734476575

Gulika 7:45AM - 9:11AM
Yama 2:52PM - 4:18PM
Rahu 10:36AM - 12:01PM

Mrigashira Until 3:02PM

Subha Until 3:44AM Sat

Taitila Until 12:45AM Sat

Prathama* Until 11:39AM

Ganesha: Red

Sunrise: 6:20AM

Muruqa: Clear

Sunset: 5:43PM

Nataraja: Purple

Moon - Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India

Sun 1 Sutra 237

Subhakrit 5124

Mithuna Rasi: 14.09 Tithi 17 - 18

734476575

Gulika 6:21AM - 7:46AM
Yama 1:27PM - 2:53PM
Rahu 9:11AM - 10:37AM

Ardra Until 5:33PM

Sukla Until 4:24AM Sun

Vanija Until 3:05AM Sun

Dvitiya Until 1:52PM

Ganesha: Red

Sunrise: 6:21AM

Muruqa: Clear

Sunset: 5:43PM

Nataraja: Purple

Moon - Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India

Sun 2 Sutra 238

Subhakrit 5124

Mithuna Rasi: 26.05 Tithi 18 - 19

744476575

Gulika 2:53PM - 4:18PM
Yama 12:02PM - 1:28PM
Rahu 4:18PM - 5:44PM

Punarvasu Until 8:36PM

Brahma Until 5:12AM Mon

Bava Until 5:34AM Mon

Tritiya Until 4:17PM

Ganesha: Green

Sunrise: 6:21AM

Muruqa: Clear

Sunset: 5:44PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava Karana Chaturthyam Titau

Chennai, India

Sun 3 Sutra 239

Subhakrit 5124

Kataka Rasi: 7.58 Tithi 19

745476575

Gulika 1:28PM - 2:53PM
Yama 10:38AM - 12:03PM
Rahu 7:47AM - 9:12AM

Pushya Until 11:33PM

Indra Until 6:03AM Tue

Balava Until 6:49PM

Chaturthi* Until 6:49PM

Ganesha: White

Sunrise: 6:22AM

Muruqa: Clear

Sunset: 5:44PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India

Sun 4 Sutra 240

Subhakrit 5124

Kataka Rasi: 19.5 Tithi 20

745476575

Gulika 12:03PM - 1:29PM
Yama 9:13AM - 10:38AM
Rahu 2:54PM - 4:19PM

Ashlesha* Until 2:18AM Wed

Indra Until 6:03AM

Kaulava Until 8:06AM

Panchami Until 9:19PM

Ganesha: White

Sunrise: 6:22AM

Muruqa: Clear

Sunset: 5:44PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India

Sun 5 Sutra 241

Subhakrit 5124

Simha Rasi: 1.44 Tithi 21

755476575

Gulika 10:38AM - 12:04PM
Yama 7:48AM - 9:13AM
Rahu 12:04PM - 1:29PM

Magha* Until 5:12AM Thu

Vaidhriti* Until 6:49AM

Gara Until 10:33AM

Shashthi* Until 11:40PM

Ganesha: Clear

Sunrise: 6:23AM

Muruqa: Clear

Sunset: 5:45PM

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Saplamyam Titau

Chennai, India

Sun 6 Sutra 242

Subhakrit 5124

Simha Rasi: 13.43 Tithi 22

755476575

Gulika 9:14AM - 10:39AM
Yama 6:23AM - 7:48AM
Rahu 1:29PM - 2:55PM

Purvaphalguni Until 7:32AM Fri

Vishkambha* Until 7:25AM

Visti Until 12:44PM

Saptami Until 1:38AM Fri

Ganesha: Clear

Sunrise: 6:23AM

Muruqa: Clear

Sunset: 5:45PM

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 7 Sutra 243

Subhakrit 5124

Simha Rasi: 25.52 Tithi 23

755476575

Gulika 7:49AM - 9:14AM
Yama 2:55PM - 4:20PM
Rahu 10:39AM - 12:05PM

Purvaphalguni Until 7:32AM

Priti Until 7:43AM

Balava Until 2:27PM

Ashtami* Until 3:03AM Sat

Ganesha: Clear

Sunrise: 6:24AM

Muruqa: Clear

Sunset: 5:46PM

Nataraja: Purple

Moon - Red

Margasira-Markali

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India

Sun 8 Sutra 244

Subhakrit 5124

Kanya Rasi: 8.16 Tithi 24

855476575

Gulika 6:24AM - 7:50AM
Yama 1:30PM - 2:56PM
Rahu 9:15AM - 10:40AM

Uttaraphalguni Until 9:08AM

Ayushman Until 7:32AM

Taitila Until 3:31PM

Navami* Until 3:44AM Sun

Ganesha: White

Sunrise: 6:24AM

Muruqa: Clear

Sunset: 5:46PM

Nataraja: Purple

Moon - Red

Margasira-Markali

Devaloka Day

Routine Work Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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1		Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla/Chitra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau			Chennai, India Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 20.59	Tithi 25	Gulika 2:56PM – 4:21PM	Hasta Until 10:19AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Muruqa: Clear	<i>Sunset:</i> 5:47PM Moon 12 - Phase 34 - 9
		865476575 Rahu 4:21PM – 5:47PM	Saubhagya Until 6:47AM	Nataraja: Purple		Moon – Green	2nd Phase
Creative Work	Amrita Yoga		Vanija Until 3:47PM				Sivaloka Day
Until 10:19AM			Dashami Until 3:35AM Mon			Margasira *Markali	
Then Creative Work - Siddha Yoga							

2		Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau			Chennai, India Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 4.08	Tithi 26	Gulika 1:31PM – 2:57PM	Chitra Until 10:31AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Muruqa: Clear	<i>Sunset:</i> 5:47PM Moon 12 - Phase 34 - 10
Family Home Evening		865476575 Rahu 7:51AM – 9:16AM	Athiganda* Until 3:19AM Tue	Nataraja: Purple		Moon – Green	2nd Phase
Routine Work	Prabalarishta Yoga		Bava Until 3:12PM				Sivaloka Day
Until 10:31AM			Ekadashi* Until 2:34AM Tue			Margasira *Markali	
Then Creative Work - Amrita Yoga							

3		Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau			Chennai, India Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 17.44	Tithi 27	Gulika 12:07PM – 1:32PM	Svati Until 9:45AM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 5:48PM Moon 12 - Phase 34 - 11
		865476575 Rahu 2:57PM – 4:22PM	Sukarma Until 12:37AM Wed	Nataraja: Purple		Moon – Green	2nd Phase
Creative Work	Siddha Yoga		Kaulava Until 1:47PM				Sivaloka Day
Until 9:45AM			Dvadashi* Until 12:45AM Wed			Margasira *Markali	
Then Routine Work - Marana Yoga							

4		Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau			Chennai, India Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 1.49	Tithi 28	Gulika 10:42AM – 12:07PM	Vishakha Until 8:31AM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Muruqa: Clear	<i>Sunset:</i> 5:48PM Moon 12 - Phase 34 - 12
		875476575 Rahu 12:07PM – 1:32PM	Dhriti Until 9:22PM	Nataraja: Purple		Moon – Orange	2nd Phase
Creative Work	Siddha Yoga		Gara Until 11:36AM				Devaloka Day
			Trayodashi* Until 10:15PM			Margasira *Markali	
			<i>Pradosha Vrata (Fasting)</i>				

5		Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Chennai, India Sun 13 Sutra 249 Subhakrit 5124
Vrischika Rasi: 16.21	Tithi 29	Gulika 9:17AM – 10:42AM	Anuradha Until 6:30AM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	Muruqa: Clear	<i>Sunset:</i> 5:48PM Moon 12 - Phase 34 - 13
		876476575 Rahu 1:33PM – 2:58PM	Shula* Until 5:39PM	Nataraja: Purple		Moon – Orange	2nd Phase
Creative Work	Siddha Yoga		Visti Until 8:48AM				Sivaloka Day
Until 6:30AM			Chaturdashi* Until 7:12PM			Margasira *Markali	
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Chennai, India Sun 14 Sutra 250 Subhakrit 5124
Dhanus Rasi: 1.14	Tithi 30 – 1	Gulika 7:53AM – 9:18AM	Mula* Until 1:12AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:27AM	Muruqa: Clear	<i>Sunset:</i> 5:49PM Moon 12 - Phase 34 - 14
		886476575 Rahu 10:43AM – 12:08PM	Ganda* Until 1:38PM	Nataraja: Purple		Moon – Light Blue	Amavasya
Creative Work	Amrita Yoga		Kintughna Until 1:59AM Sat				Sivaloka Day
Until 1:12AM Sat			Amavasya* Until 3:46PM			Margasira *Markali	
Then Creative Work - Siddha Yoga							

Retreat Star		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Chennai, India Sun 15 Sutra 251 Subhakrit 5124
Dhanus Rasi: 16.22	Tithi 1 – 2	Gulika 6:28AM – 7:53AM	Purvashadha* Until 10:16PM	Ganesha: Orange	<i>Sunrise:</i> 6:28AM	Muruqa: Clear	<i>Sunset:</i> 5:50PM Moon 12 - Phase 34 - 15
		886476575 Rahu 9:18AM – 10:43AM	Vridhhi Until 9:26AM	Nataraja: Purple		Moon – Light Blue	Prathama
Creative Work	Siddha Yoga		Balava Until 10:19PM				Sivaloka Day
Until 10:16PM			Prathama* Until 12:08PM			Pausha *Markali	
Then Routine Work - Marana Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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1		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Chennai, India Sun 16 Sutra 252 Subhakrit 5124
Makara Rasi: 1.32	Tithi 2 - 3	886486576	Gulika 3:00PM - 4:25PM Yama 12:09PM - 1:34PM Rahu 4:25PM - 5:50PM	Uttarashadha Until 7:16PM Vyaghata* Until 1:00AM Mon Taitila Until 6:41PM Dvitiya Until 8:28AM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon - Light Blue Pausha-Markali	Sunrise: 6:28AM Sunset: 5:50PM Moon 12 - Phase 35 - 16 3rd Phase
Creative Work	Amrita Yoga		Day 5 of Pancha Ganapati			Subha Sivaloka Day

2		Monday, December 26, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visli* Karana Chaturthyam Titau		Chennai, India Sun 17 Sutra 253 Subhakrit 5124
Makara Rasi: 16.38	Tithi 4	896486576	Gulika 1:35PM - 3:00PM Yama 10:44AM - 12:10PM Rahu 7:54AM - 9:19AM	Shravana Until 4:45PM Harshana Until 9:05PM Vanija Until 3:18PM Chaturthi* Until 1:43AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon - Purple Pausha-Markali	Sunrise: 6:29AM Sunset: 5:51PM Moon 12 - Phase 35 - 17 3rd Phase
Creative Work	Amrita Yoga					Sivaloka Day
Until 4:45PM						
Then Creative Work - Siddha Yoga						

3		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Chennai, India Sun 18 Sutra 254 Subhakrit 5124
Kumbha Rasi: 1.29	Tithi 5	896486576	Gulika 12:10PM - 1:35PM Yama 9:20AM - 10:45AM Rahu 3:01PM - 4:26PM	Dhanishtha Until 2:30PM Vajra* Until 5:28PM Bava Until 12:17PM Panchami Until 10:57PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon - Purple Pausha-Markali	Sunrise: 6:29AM Sunset: 5:51PM Moon 12 - Phase 35 - 18 3rd Phase
Creative Work	Siddha Yoga					Sivaloka Day
Until 2:30PM						
Then Routine Work - Marana Yoga						

4		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Chennai, India Sun 19 Sutra 255 Subhakrit 5124
Kumbha Rasi: 15.58	Tithi 6	896486576	Gulika 10:45AM - 12:11PM Yama 7:55AM - 9:20AM Rahu 12:11PM - 1:36PM	Shatabhishak Until 12:38PM Siddhi Until 2:20PM Kaulava Until 9:48AM Shashthi* Until 8:46PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon - Purple Pausha-Markali	Sunrise: 6:30AM Sunset: 5:52PM Moon 12 - Phase 35 - 19 3rd Phase
Creative Work	Siddha Yoga					Sivaloka Day
Until 12:38PM						
Then Creative Work - Amrita Yoga			Vinayaga Viratam Ends			

5		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau		Chennai, India Sun 20 Sutra 256 Subhakrit 5124
Meena Rasi: 0.02	Tithi 7	817486576	Gulika 9:21AM - 10:46AM Yama 6:30AM - 7:55AM Rahu 1:36PM - 3:02PM	Purvaproshtapada* Until 11:42AM Vyatipata* Until 11:44AM Gara Until 7:57AM Saptami Until 7:17PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Pausha-Markali	Sunrise: 6:30AM Sunset: 5:52PM Moon 12 - Phase 35 - 20 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Ashtamyam Titau		Chennai, India Sun 21 Sutra 257 Subhakrit 5124
Meena Rasi: 13.4	Tithi 8	817486576	Gulika 7:56AM - 9:21AM Yama 3:02PM - 4:27PM Rahu 10:46AM - 12:12PM	Uttaraproshtapada Until 11:21AM Variyan Until 9:41AM Visli Until 6:50AM Ashtami* Until 6:32PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Pausha-Markali	Sunrise: 6:31AM Sunset: 5:53PM Moon 12 - Phase 35 - 21 Ashtami
Creative Work	Siddha Yoga					Devaloka Day

Retreat Star		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Chennai, India Sun 22 Sutra 258 Subhakrit 5124
Meena Rasi: 26.53	Tithi 9	817486576	Gulika 6:31AM - 7:56AM Yama 1:37PM - 3:03PM Rahu 9:22AM - 10:47AM	Revati Until 11:34AM Parigha* Until 8:14AM Balava Until 6:27AM Navami* Until 6:31PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Pausha-Markali	Sunrise: 6:31AM Sunset: 5:53PM Moon 12 - Phase 35 - 22 Navami
Routine Work	Prabalarishta Yoga					Devaloka Day
Until 11:34AM						
Then Creative Work - Siddha Yoga						

1 Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam			Chennai, India
		Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Sun 23 Sutra 259
Mesha Rasi: 9.45	Tithi 10	Gulika 3:03PM – 4:29PM	Ashvini Until 12:46PM	Ganesha: Yellow <i>Sunrise:</i> 6:31AM	Subhakrit 5124
		Yama 12:13PM – 1:38PM	Shiva Until 7:21AM	Muruqa: Purple <i>Sunset:</i> 5:54PM	Moon 12 - Phase 36 - 23
	827486576	Rahu 4:29PM – 5:54PM	Taitila Until 6:47AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:11PM	Moon – White	Sivaloka Day
Until 12:46PM				Pausha-Markali	
Then Routine Work - Prabalarishta Yoga					

2 Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam			Chennai, India
		Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Sun 24 Sutra 260
Mesha Rasi: 22.19	Tithi 11	Gulika 1:38PM – 3:04PM	Bharani Until 2:23PM	Ganesha: Yellow <i>Sunrise:</i> 6:32AM	Subhakrit 5124
Family Home Evening		Yama 10:48AM – 12:13PM	Siddha Until 6:54AM	Muruqa: Purple <i>Sunset:</i> 5:54PM	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga	827486576 Rahu 7:57AM – 9:22AM	Vanija Until 7:46AM	Nataraja: Clear	4th Phase
Until 2:23PM		Vaikuntha Ekadasi	Ekadashi Until 8:25PM	Moon – White	Sivaloka Day
Then Routine Work - Marana Yoga					

3 Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam			Chennai, India
		Krittika/Rohini Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvodashyam Titau			Sun 25 Sutra 261
Vrishabha Rasi: 4.4	Tithi 12	Gulika 12:14PM – 1:39PM	Krittika Until 4:17PM	Ganesha: Yellow <i>Sunrise:</i> 6:32AM	Subhakrit 5124
		Yama 9:23AM – 10:48AM	Sadhya Until 6:52AM	Muruqa: Purple <i>Sunset:</i> 5:55PM	Moon 12 - Phase 36 - 25
	827486576	Rahu 3:04PM – 4:30PM	Bava Until 9:14AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:06PM	Moon – White	Sivaloka Day
Until 4:17PM				Pausha-Markali	
Then Creative Work - Amrita Yoga					

4 Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam			Chennai, India
		Rohini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau			Sun 26 Sutra 262
Vrishabha Rasi: 16.51	Tithi 13	Gulika 10:49AM – 12:14PM	Rohini Until 6:51PM	Ganesha: White <i>Sunrise:</i> 6:33AM	Subhakrit 5124
		Yama 7:58AM – 9:23AM	Subha Until 7:08AM	Muruqa: Purple <i>Sunset:</i> 5:56PM	Moon 12 - Phase 36 - 26
	838586576	Rahu 12:14PM – 1:39PM	Kaulava Until 11:05AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:06AM Thu	Moon – Yellow	Devaloka Day
<i>Pradosha Vrata</i>					

5 Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam			Chennai, India
		Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau			Sun 27 Sutra 263
Vrishabha Rasi: 28.55	Tithi 14	Gulika 9:24AM – 10:49AM	Mrigashira Until 9:29PM	Ganesha: White <i>Sunrise:</i> 6:33AM	Subhakrit 5124
		Yama 6:33AM – 7:58AM	Sukla Until 7:35AM	Muruqa: Purple <i>Sunset:</i> 5:56PM	Moon 12 - Phase 36 - 27
	838586576	Rahu 1:40PM – 3:05PM	Gara Until 1:13PM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 2:20AM Fri	Moon – Yellow	Devaloka Day
Subramuniyaswami Jayanti					

Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam			Chennai, India
Copper Retreat Star		Ardra Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau			Sutra 264
Mithuna Rasi: 10.54	Tithi 15	Gulika 7:59AM – 9:24AM	Ardra Until 12:06AM Sat	Ganesha: White <i>Sunrise:</i> 6:33AM	Subhakrit 5124
		Yama 3:06PM – 4:31PM	Brahma Until 8:12AM	Muruqa: Purple <i>Sunset:</i> 5:57PM	Moon 12 - Phase 36 - Purnima
	838586576	Rahu 10:49AM – 12:15PM	Visti Until 3:31PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Purnima* Until 4:42AM Sat	Moon – Yellow	Devaloka Day
Ardra Darshanam					

Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam			Chennai, India
Silver Retreat Star		Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau			Sutra 265
Mithuna Rasi: 22.5	Tithi 16	Gulika 6:34AM – 7:59AM	Punarvasu Until 3:08AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:34AM	Subhakrit 5124
		Yama 1:41PM – 3:06PM	Indra Until 8:55AM	Muruqa: Purple <i>Sunset:</i> 5:57PM	Moon 12 - Phase 36 - Prathama
	848586576	Rahu 9:24AM – 10:50AM	Balava Until 5:56PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 7:09AM Sun	Moon – Blue	Sivaloka Day
Pausha-Markali					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 4.44 Tithi 16 – 17

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti/Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 3:07PM – 4:32PM
Yama 12:16PM – 1:41PM
Rahu 4:32PM – 5:58PM

Pushya Until 6:03AM Mon
Vaidhriti* Until 9:40AM
Taitila Until 8:25PM
Prathama* Until 7:09AM

Ganesha: Clear *Sunrise:* 6:34AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sivaloka Day

Chennai, India
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 -
1st Phase

1

Monday, January 9, 2023

Kataka Rasi: 16.38 Tithi 17 – 18

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:42PM – 3:07PM
Yama 10:51AM – 12:16PM
Rahu 8:00AM – 9:25AM

Pushya Until 6:03AM
Vishkambha* Until 10:27AM
Vanija Until 10:55PM
Dvitiya Until 9:39AM

Ganesha: Clear *Sunrise:* 6:34AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sivaloka Day

Chennai, India
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase

2

Tuesday, January 10, 2023

Kataka Rasi: 28.31 Tithi 18 – 19

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:17PM – 1:42PM
Yama 9:26AM – 10:51AM
Rahu 3:08PM – 4:33PM

Ashlesha* Until 8:47AM
Priti Until 11:15AM
Bava Until 1:21AM Wed
Tritiya Until 12:07PM

Ganesha: Clear *Sunrise:* 6:34AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sivaloka Day

Chennai, India
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase

3

Wednesday, January 11, 2023

Simha Rasi: 10.27 Tithi 19 – 20

859586576

Creative Work Siddha Yoga

Until 11:46AM

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:51AM – 12:17PM
Yama 8:00AM – 9:26AM
Rahu 12:17PM – 1:43PM

Magha* Until 11:46AM
Ayushman Until 11:56AM
Kaulava Until 3:37AM Thu
Chaturthi* Until 2:29PM

Ganesha: Clear *Sunrise:* 6:35AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Chennai, India
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase

4

Thursday, January 12, 2023

Simha Rasi: 22.27 Tithi 20 – 21

859586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:26AM – 10:52AM
Yama 6:35AM – 8:01AM
Rahu 1:43PM – 3:09PM

Purvaphalguni Until 2:21PM
Saubhagya Until 12:28PM
Gara Until 5:33AM Fri
Panchami Until 4:37PM

Ganesha: Clear *Sunrise:* 6:35AM
Muruqa: Purple *Sunset:* 6:00PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Chennai, India
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase

5

Friday, January 13, 2023

Kanya Rasi: 4.35 Tithi 21

859586576

Creative Work Siddha Yoga

Until 4:25PM

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija Karana Shashthyam Titau

Gulika 8:01AM – 9:26AM
Yama 3:09PM – 4:35PM
Rahu 10:52AM – 12:18PM

Uttaraphalguni Until 4:25PM
Sobhana Until 12:43PM
Vanija Until 6:20PM
Shashthi* Until 6:20PM

Ganesha: Clear *Sunrise:* 6:35AM
Muruqa: Purple *Sunset:* 6:01PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Chennai, India
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase

6

Saturday, January 14, 2023

Kanya Rasi: 16.55 Tithi 22

869586576

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:35AM – 8:01AM
Yama 1:44PM – 3:10PM
Rahu 9:27AM – 10:52AM

Hasta Until 6:16PM
Athiganda* Until 12:33PM
Visti Until 7:00AM
Saptami Until 7:28PM

Ganesha: White *Sunrise:* 6:35AM
Muruqa: Purple *Sunset:* 6:01PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Subha Sivaloka Day

Thai Pongal

Chennai, India
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase

Retreat Star

Sunday, January 15, 2023

Kanya Rasi: 29.32 Tithi 23

869586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:10PM – 4:36PM
Yama 12:19PM – 1:44PM
Rahu 4:36PM – 6:02PM

Chitra Until 7:15PM
Sukarma Until 11:51AM
Balava Until 7:47AM
Ashtami* Until 7:51PM

Ganesha: White *Sunrise:* 6:35AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Subha Sivaloka Day

Chennai, India
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7
Ashtami

Monday, January 16, 2023

Retreat Star

Tula Rasi: 12.32 Tithi 24

869586576

Creative Work Amrita Yoga

Until 7:16PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:45PM – 3:11PM
Yama 10:53AM – 12:19PM
Rahu 8:01AM – 9:27AM

Svati Until 7:16PM
Dhriti Until 10:33AM
Taitila Until 7:45AM
Navami* Until 7:24PM

Ganesha: White *Sunrise:* 6:36AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Subha Sivaloka Day

Chennai, India
Sun 8 Sutra 274
Subhakrit 5124
Moon 1 - Phase 37 - 8
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Chennai, India on 5/1/21


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1	Tuesday, January 17, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Chennai, India
	Tula Rasi: 25.59	Tithi 25	Gulika 12:19PM – 1:45PM	Vishakha Until 6:45PM	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM	Sun 9 Sutra 275
			Yama 9:28AM – 10:53AM	Shula* Until 8:33AM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Subhakra 5124
	879586576	Rahu 3:11PM – 4:37PM		Vanija Until 6:53AM	Nataraja: Clear		Moon 1 - Phase 38 - 9 2nd Phase
Routine Work Marana Yoga			Dashami Until 6:06PM	Moon – Orange		Sivaloka Day	
Until 6:45PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

2	Wednesday, January 18, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadasyam Titau				Chennai, India
	Vrischika Rasi: 9.55	Tithi 26 – 27	Gulika 10:54AM – 12:20PM	Anuradha Until 5:18PM	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM	Sun 10 Sutra 276
			Yama 8:02AM – 9:28AM	Vriddhi Until 2:41AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Subhakra 5124
	879586576	Rahu 12:20PM – 1:46PM		Kaulava Until 2:43AM Thu	Nataraja: Clear		Moon 1 - Phase 38 - 10 2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 4:00PM	Moon – Orange		Sivaloka Day	
				Pausha*Thai			

3	Thursday, January 19, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Taila/Gara Karana Dvadashti/Trayodashyam Titau				Chennai, India
	Vrischika Rasi: 24.2	Tithi 27 – 28	Gulika 9:28AM – 10:54AM	Jyeshtha* Until 3:03PM	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM	Sun 11 Sutra 277
			Yama 6:36AM – 8:02AM	Dhruva Until 10:56PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Subhakra 5124
	871586576	Rahu 1:46PM – 3:12PM		Gara Until 11:39PM	Nataraja: Clear		Moon 1 - Phase 38 - 11 2nd Phase
Routine Work Prabalarishta Yoga			Dvadashti* Until 1:14PM	Moon – Orange		Sivaloka Day	
Until 3:03PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							

4	Friday, January 20, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Chennai, India
	Dhanus Rasi: 9.12	Tithi 28 – 29	Gulika 8:02AM – 9:28AM	Mula* Until 12:34PM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	Sun 12 Sutra 278
			Yama 3:12PM – 4:38PM	Vyaghata* Until 6:50PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Subhakra 5124
	881586576	Rahu 10:54AM – 12:20PM		Visti Until 8:08PM	Nataraja: Clear		Moon 1 - Phase 38 - 12 2nd Phase
Creative Work Amrita Yoga			Trayodashi* Until 9:55AM	Moon – Light Blue		Sivaloka Day	
Until 12:34PM				Pausha*Thai			
Then Routine Work - Prabalarishta Yoga							

	Saturday, January 21, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Chennai, India
	Retreat Star		Gulika 6:36AM – 8:02AM	Purvashadha* Until 9:36AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	Sun 13 Sutra 279
	Dhanus Rasi: 24.22	Tithi 29 – 30	Yama 1:47PM – 3:13PM	Harshana Until 2:31PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Subhakra 5124
	881586576	Rahu 9:28AM – 10:54AM		Naga Until 2:23AM Sun	Nataraja: Clear		Moon 1 - Phase 38 - 13 Amavasya
Creative Work Siddha Yoga			Chaturdashi* Until 6:14AM	Moon – Light Blue		Sivaloka Day	
Until 9:36AM				Pausha*Thai			
Then Routine Work - Marana Yoga							

	Sunday, January 22, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Chennai, India
	Retreat Star		Gulika 3:13PM – 4:39PM	Uttarashadha Until 6:21AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	Sun 14 Sutra 280
	Makara Rasi: 9.41	Tithi 1	Yama 12:21PM – 1:47PM	Vajra* Until 10:04AM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Subhakra 5124
	881586576	Rahu 4:39PM – 6:05PM		Kintughna Until 12:27PM	Nataraja: Clear		Moon 1 - Phase 38 - 14 Prathama
Creative Work Amrita Yoga			Prathama* Until 10:31PM	Moon – Light Blue		Sivaloka Day	
				Magha*Thai			

Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India Sun 15 Sutra 281 Subhakrit 5124
1	Makara Rasi: 24.59 Tithi 2	Gulika 1:47PM – 3:13PM	Dhanishtha Until 12:30AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:36AM	Muruqa: Purple <i>Sunset:</i> 6:06PM	Moon 1 - Phase 39 - 15
Family Home Evening	891586576	Rahu 8:02AM – 9:29AM	Vyatipata* Until 1:31AM Tue	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Balava Until 8:39AM	Moon – Purple	Sivaloka Day	
Until 12:30AM Tue			Dvitiya Until 6:49PM	Magha*Thai		
Then Routine Work - Marana Yoga						

Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 16 Sutra 282 Subhakrit 5124
2	Kumbha Rasi: 10.05 Tithi 3 – 4	Gulika 12:21PM – 1:48PM	Shatabhishak Until 9:54PM	Ganesha: Yellow <i>Sunrise:</i> 6:36AM	Muruqa: Purple <i>Sunset:</i> 6:06PM	Moon 1 - Phase 39 - 16
	891586576	Rahu 3:14PM – 4:40PM	Variyan Until 9:39PM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Vanija Until 2:01AM Wed	Moon – Purple	Sivaloka Day	
			Tritiya Until 3:29PM	Magha*Thai		

Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chalurthi/Panchamyam Titau				Chennai, India Sun 17 Sutra 283 Subhakrit 5124
3	Kumbha Rasi: 24.5 Tithi 4 – 5	Gulika 10:55AM – 12:22PM	Purvaproshtapada* Until 8:08PM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	Muruqa: Purple <i>Sunset:</i> 6:07PM	Moon 1 - Phase 39 - 17
	911586576	Rahu 12:22PM – 1:48PM	Parigha* Until 6:16PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Bava Until 11:31PM	Moon – Clear	Subha Sivaloka Day	
Until 8:08PM			Chaturthi* Until 12:39PM	Magha*Thai		
Then Creative Work - Siddha Yoga						

Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Chennai, India Sun 18 Sutra 284 Subhakrit 5124
4	Meena Rasi: 9.09 Tithi 5 – 6	Gulika 9:29AM – 10:55AM	Uttaraproshtapada Until 6:56PM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	Muruqa: Purple <i>Sunset:</i> 6:07PM	Moon 1 - Phase 39 - 18
	911586576	Rahu 1:48PM – 3:15PM	Shiva Until 3:29PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Kaulava Until 9:45PM	Moon – Clear	Subha Sivaloka Day	
			Panchami Until 10:31AM	Magha*Thai		

Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Chennai, India Sun 19 Sutra 285 Subhakrit 5124
5	Meena Rasi: 22.57 Tithi 6 – 7	Gulika 8:03AM – 9:29AM	Revati Until 6:25PM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	Muruqa: Purple <i>Sunset:</i> 6:08PM	Moon 1 - Phase 39 - 19
	911586576	Rahu 10:56AM – 12:22PM	Siddha Until 1:18PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Gara Until 8:50PM	Moon – Clear	Subha Sivaloka Day	
Until 6:25PM			Shashthi* Until 9:10AM	Magha*Thai		
Then Creative Work - Amrita Yoga						

Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Chennai, India Sun 20 Sutra 286 Subhakrit 5124
Retreat Star	Mesha Rasi: 6.16 Tithi 7 – 8	Gulika 6:36AM – 8:03AM	Ashvini Until 7:02PM	Ganesha: Yellow <i>Sunrise:</i> 6:36AM	Muruqa: Purple <i>Sunset:</i> 6:08PM	Moon 1 - Phase 39 - 20
	921586576	Rahu 9:29AM – 10:56AM	Sadhya Until 11:50AM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Visti Until 8:48PM	Moon – White	Sivaloka Day	
			Saptami Until 8:41AM	Magha*Thai		

Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sun 21 Sutra 287 Subhakrit 5124
Retreat Star	Mesha Rasi: 19.09 Tithi 8 – 9	Gulika 3:16PM – 4:42PM	Bharani Until 8:18PM	Ganesha: Yellow <i>Sunrise:</i> 6:36AM	Muruqa: Purple <i>Sunset:</i> 6:09PM	Moon 1 - Phase 39 - 21
	922686576	Rahu 4:42PM – 6:09PM	Subha Until 11:01AM	Nataraja: Clear		Navami
Routine Work Prabalarishta Yoga			Balava Until 9:34PM	Moon – White	Sivaloka Day	
Until 8:18PM			Ashtami* Until 9:04AM	Magha*Thai		
Then Creative Work - Siddha Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Chennai, India Sun 22 Sutra 288 Subhakarit 5124
1	Vrishabha Rasi: 1.4 Tithi 9 - 10 Family Home Evening Routine Work Marana Yoga Until 10:05PM Then Creative Work - Amrita Yoga	Gulika 1:49PM - 3:16PM Yama 10:56AM - 12:23PM Rahu 8:03AM - 9:29AM	Krittika Until 10:05PM Sukla Until 10:46AM Taitila Until 11:02PM Navami* Until 10:12AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon - White Magha-Thai Sunrise: 6:36AM Sunset: 6:09PM Moon 1 - Phase 40 - 22 4th Phase Sivaloka Day

Tuesday, January 31, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Chennai, India Sun 23 Sutra 289 Subhakarit 5124
2	Vrishabha Rasi: 13.55 Tithi 10 - 11 932686576 Creative Work Amrita Yoga Until 12:41AM Wed Then Creative Work - Siddha Yoga	Gulika 12:23PM - 1:49PM Yama 9:29AM - 10:56AM Rahu 3:16PM - 4:43PM	Rohini Until 12:41AM Wed Brahma Until 10:58AM Vanija Until 1:01AM Wed Dashami Until 11:57AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon - Yellow Magha-Thai Sunrise: 6:36AM Sunset: 6:10PM Moon 1 - Phase 40 - 23 4th Phase Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Chennai, India Sun 24 Sutra 290 Subhakarit 5124
3	Vrishabha Rasi: 25.59 Tithi 11 - 12 932686576 Creative Work Siddha Yoga Until 3:26AM Thu Then Routine Work - Marana Yoga	Gulika 10:56AM - 12:23PM Yama 8:03AM - 9:29AM Rahu 12:23PM - 1:49PM	Mrigashira Until 3:26AM Thu Indra Until 11:31AM Bava Until 3:20AM Thu Ekadashi Until 2:07PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon - Yellow Magha-Thai Sunrise: 6:36AM Sunset: 6:10PM Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day

Thursday, February 2, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Chennai, India Sun 25 Sutra 291 Subhakarit 5124
4	Mithuna Rasi: 7.56 Tithi 12 - 13 932686576 Routine Work Marana Yoga Until 6:10AM Fri Then Creative Work - Siddha Yoga	Gulika 9:29AM - 10:56AM Yama 6:36AM - 8:03AM Rahu 1:50PM - 3:16PM	Ardra Until 6:10AM Fri Vaidhriti* Until 12:13PM Kaulava Until 5:48AM Fri Dvadashi Until 4:32PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon - Yellow Magha-Thai Sunrise: 6:36AM Sunset: 6:10PM Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day

Pradosha Vrata

Friday, February 3, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila Karana Trayodashyam Titau		Chennai, India Sun 26 Sutra 292 Subhakarit 5124
5	Mithuna Rasi: 19.49 Tithi 13 932686576 Creative Work Siddha Yoga	Gulika 8:02AM - 9:29AM Yama 3:17PM - 4:44PM Rahu 10:56AM - 12:23PM	Ardra Until 6:10AM Vishkambha* Until 1:02PM Taitila Until 7:02PM Trayodashi Until 7:02PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon - Yellow Magha-Thai Sunrise: 6:36AM Sunset: 6:10PM Moon 1 - Phase 40 - 26 4th Phase Subha Sivaloka Day

Saturday, February 4, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Chennai, India Sun 27 Sutra 293 Subhakarit 5124
6	Kataka Rasi: 1.42 Tithi 14 942686577 Creative Work Siddha Yoga	Gulika 6:35AM - 8:02AM Yama 1:50PM - 3:17PM Rahu 9:29AM - 10:56AM	Punarvasu Until 9:17AM Priti Until 1:52PM Gara Until 8:19AM Chaturdashi* Until 9:32PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon - Blue Magha-Thai Sunrise: 6:35AM Sunset: 6:11PM Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day

Sunday, February 5, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Chennai, India Sutra 294 Subhakarit 5124
○	Copper Retreat Star Kataka Rasi: 13.35 Tithi 15 942686577 Creative Work Siddha Yoga	Gulika 3:17PM - 4:44PM Yama 12:23PM - 1:50PM Rahu 4:44PM - 6:11PM	Pushya Until 12:11PM Ayushman Until 2:38PM Visti Until 10:47AM Purnima* Until 11:57PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon - Blue Magha-Thai Sunrise: 6:35AM Sunset: 6:11PM Moon 1 - Phase 40 - Purnima Sivaloka Day

Monday, February 6, 2023		Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Chennai, India Sutra 295 Subhakarit 5124
○	Silver Retreat Star Kataka Rasi: 25.31 Tithi 16 Family Home Evening Creative Work Siddha Yoga Until 2:49PM Then Routine Work - Marana Yoga	Gulika 1:50PM - 3:18PM Yama 10:56AM - 12:23PM Rahu 8:02AM - 9:29AM	Ashlesha* Until 2:49PM Saubhagya Until 3:20PM Balava Until 1:09PM Prathama* Until 2:16AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon - Blue Magha-Thai Sunrise: 6:35AM Sunset: 6:12PM Moon 1 - Phase 40 - Prathama Sivaloka Day



Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 7.29 Tithi 17

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:23PM – 1:51PM
Yama 9:29AM – 10:56AM
Rahu 3:18PM – 4:45PM

Magha* Until 5:40PM
Sobhana Until 3:57PM
Taitila Until 3:24PM
Dvitiya Until 4:25AM Wed

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 6:35AM
Sunset: 6:12PM

Chennai, India
Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 -
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 19.31 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:56AM – 12:24PM
Yama 8:02AM – 9:29AM
Rahu 12:24PM – 1:51PM

Purvaphalguni Until 8:10PM
Athiganda* Until 4:24PM
Vanija Until 5:27PM
Tritiya Until 6:22AM Thu

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 6:35AM
Sunset: 6:12PM

Chennai, India
Sun 1 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 1.38 Tithi 18 – 19

952686577

Amrita Yoga

Until 10:15PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 9:29AM – 10:56AM
Yama 6:34AM – 8:02AM
Rahu 1:51PM – 3:18PM

Maha Sankatahara Chaturthi

Uttaraphalguni Until 10:15PM
Sukarma Until 4:41PM
Bava Until 7:14PM
Tritiya Until 6:22AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 6:34AM
Sunset: 6:13PM

Chennai, India
Sun 2 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 13.52 Tithi 19 – 20

962686577

Creative Work Amrita Yoga

Until 12:18AM Sat
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:02AM – 9:29AM
Yama 3:18PM – 4:46PM
Rahu 10:56AM – 12:24PM

Hasta Until 12:18AM Sat
Dhriti Until 4:43PM
Kaulava Until 8:41PM
Chaturthi* Until 7:59AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 6:34AM
Sunset: 6:13PM

Chennai, India
Sun 3 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 26.17 Tithi 20 – 21

963686577

Routine Work Marana Yoga

Until 1:43AM Sun
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:34AM – 8:01AM
Yama 1:51PM – 3:19PM
Rahu 9:29AM – 10:56AM

Chitra Until 1:43AM Sun
Shula* Until 4:22PM
Gara Until 9:38PM
Panchami Until 9:12AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 6:34AM
Sunset: 6:13PM

Chennai, India
Sun 4 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 8.56 Tithi 21 – 22

963686577

Creative Work Siddha Yoga

Until 2:22AM Mon
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:19PM – 4:46PM
Yama 12:24PM – 1:51PM
Rahu 4:46PM – 6:14PM

Svati Until 2:22AM Mon
Ganda* Until 3:36PM
Visti Until 9:59PM
Shashthi* Until 9:52AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 6:34AM
Sunset: 6:14PM

Chennai, India
Sun 5 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

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Monday, February 13, 2023

Retreat Star

Tula Rasi: 21.53 Tithi 22 – 23

973686577

Family Home Evening

Routine Work Marana Yoga

Until 2:38AM Tue
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:51PM – 3:19PM
Yama 10:56AM – 12:24PM
Rahu 8:01AM – 9:28AM

Vishakha Until 2:38AM Tue
Vridhhi Until 2:19PM
Balava Until 9:37PM
Saptami Until 9:52AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 6:33AM
Sunset: 6:14PM

Chennai, India
Sun 6 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 6
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 5.13 Tithi 23 – 24

973686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:24PM – 1:51PM
Yama 9:28AM – 10:56AM
Rahu 3:19PM – 4:47PM

Anuradha Until 2:02AM Wed
Dhruva Until 12:26PM
Taitila Until 8:32PM
Ashtami* Until 9:09AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 6:33AM
Sunset: 6:14PM

Chennai, India
Sun 7 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 7
Navami

Sivaloka Day

1	Wednesday, February 15, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Chennai, India Sun 8 Sutra 304 Subhakar 5124
	Wrischika Rasi: 18.57 Tithi 24 – 25	973686577	Gulika 10:56AM – 12:24PM Yama 8:00AM – 9:28AM Rahu 12:24PM – 1:51PM	Jyeshtha* Until 12:35AM Thu Vyaghata* Until 9:59AM Vanija Until 6:43PM Navami* Until 7:41AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 6:33AM Sunset: 6:15PM	Moon 2 - Phase 42 - 8 2nd Phase
	Creative Work Siddha Yoga		Sivaloka Day				
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2	Thursday, February 16, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India Sun 9 Sutra 305 Subhakar 5124
	Dhanus Rasi: 3.08 Tithi 26	983686577	Gulika 9:28AM – 10:56AM Yama 6:32AM – 8:00AM Rahu 1:51PM – 3:19PM	Mula* Until 10:48PM Harshana Until 6:59AM Bava Until 4:14PM Ekadashi* Until 2:46AM Fri	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:32AM Sunset: 6:15PM	Moon 2 - Phase 42 - 9 2nd Phase
	Creative Work Siddha Yoga		Devaloka Day				
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3	Friday, February 17, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Chennai, India Sun 10 Sutra 306 Subhakar 5124
	Dhanus Rasi: 17.44 Tithi 27	983686577	Gulika 8:00AM – 9:28AM Yama 3:19PM – 4:47PM Rahu 10:56AM – 12:24PM	Purvashadha* Until 8:23PM Siddhi Until 11:38PM Kaulava Until 1:13PM Dvadashi* Until 11:32PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:32AM Sunset: 6:15PM	Moon 2 - Phase 42 - 10 2nd Phase
	Routine Work Prabalarishta Yoga Until 8:23PM Then Routine Work - Marana Yoga		Devaloka Day				
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4	Saturday, February 18, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Chennai, India Sun 11 Sutra 307 Subhakar 5124
	Makara Rasi: 2.4 Tithi 28	983686577	Gulika 6:31AM – 7:59AM Yama 1:51PM – 3:19PM Rahu 9:27AM – 10:55AM	Uttarashadha Until 5:29PM Vyatipata* Until 7:31PM Gara Until 9:49AM Trayodashi* Until 7:59PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:31AM Sunset: 6:16PM	Moon 2 - Phase 42 - 11 2nd Phase
	Routine Work Marana Yoga Until 5:29PM Then Creative Work - Siddha Yoga		Devaloka Day				
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5	Sunday, February 19, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyani/Parigtha* Yoga Visti/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Chennai, India Sun 12 Sutra 308 Subhakar 5124
	Makara Rasi: 17.49 Tithi 29 – 30	993686577	Gulika 3:20PM – 4:48PM Yama 12:23PM – 1:52PM Rahu 4:48PM – 6:16PM	Shravana Until 2:41PM Varyani Until 3:15PM Visti Until 6:10AM Chaturdashi* Until 4:17PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:31AM Sunset: 6:16PM	Moon 2 - Phase 42 - 12 2nd Phase
	Creative Work Amrita Yoga Until 2:41PM Then Routine Work - Marana Yoga		Devaloka Day				
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●	Monday, February 20, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigtha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Chennai, India Sun 13 Sutra 309 Subhakar 5124		
	Retreat Star		Kumbha Rasi: 3.01 Tithi 30 – 1	993686577	Gulika 1:52PM – 3:20PM Yama 10:55AM – 12:23PM Rahu 7:59AM – 9:27AM	Dhanishtha Until 11:46AM Parigtha* Until 11:01AM Kintughna Until 10:51PM Amavasya* Until 12:37PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:31AM Sunset: 6:16PM	Moon 2 - Phase 42 - 13 Amavasya
	Family Home Evening Creative Work Siddha Yoga		Devaloka Day						
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●	Tuesday, February 21, 2023		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Chennai, India Sun 14 Sutra 310 Subhakar 5124		
	Retreat Star		Kumbha Rasi: 18.06 Tithi 1 – 2	993686577	Gulika 12:23PM – 1:51PM Yama 9:27AM – 10:55AM Rahu 3:20PM – 4:48PM	Shatabhishak Until 8:53AM Shiva Until 6:57AM Balava Until 7:32PM Prathama* Until 9:08AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 6:30AM Sunset: 6:16PM	Moon 2 - Phase 42 - 14 Prathama
	Routine Work Marana Yoga		Devaloka Day						
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He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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1		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sadhya Yoga Kaulava/Gara Karana Dviliya/Trityayam Titau			Chennai, India Sun 15 Sutra 311 Subhakrit 5124
Meena Rasi: 2.55	Tithi 2 - 3	913686577	Gulika Yama Rahu	10:55AM - 12:23PM 7:58AM - 9:26AM 12:23PM - 1:51PM	Purvaprosarthapada* Until 6:40AM Sadhya Until 11:46PM Gara Until 3:27AM Thu Dvitiya Until 6:01AM	Ganesha: Red Muruqa: Purple Nataraja: Orange Moon - Clear Phalgun-Masi	Sunrise: 6:30AM Sunset: 6:17PM Moon 2 - Phase 43 - 15 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 6:40AM Then Creative Work - Siddha Yoga							
2		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthyam Titau			Chennai, India Sun 16 Sutra 312 Subhakrit 5124
Meena Rasi: 17.2	Tithi 4	913786577	Gulika Yama Rahu	9:26AM - 10:55AM 6:29AM - 7:58AM 1:51PM - 3:20PM	Revati Until 3:35AM Fri Subha Until 8:57PM Vanija Until 2:27PM Chaturthi* Until 1:35AM Fri	Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon - Clear Phalgun-Masi	Sunrise: 6:29AM Sunset: 6:17PM Moon 2 - Phase 43 - 16 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 3:35AM Fri Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					
3		Friday, February 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau			Chennai, India Sun 17 Sutra 313 Subhakrit 5124
Mesha Rasi: 1.17	Tithi 5	923786577	Gulika Yama Rahu	7:57AM - 9:26AM 3:20PM - 4:48PM 10:54AM - 12:23PM	Ashvini Until 3:25AM Sat Sukla Until 6:45PM Bava Until 12:58PM Panchami Until 12:32AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - White Phalgun-Masi	Sunrise: 6:29AM Sunset: 6:17PM Moon 2 - Phase 43 - 17 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 3:25AM Sat Then Creative Work - Siddha Yoga							
4		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau			Chennai, India Sun 18 Sutra 314 Subhakrit 5124
Mesha Rasi: 14.45	Tithi 6	923786577	Gulika Yama Rahu	6:28AM - 7:57AM 1:51PM - 3:20PM 9:26AM - 10:54AM	Bharani Until 3:57AM Sun Brahma Until 5:14PM Kaulava Until 12:21PM Shashthi* Until 12:20AM Sun	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - White Phalgun-Masi	Sunrise: 6:28AM Sunset: 6:17PM Moon 2 - Phase 43 - 18 3rd Phase Sivaloka Day
Creative Work Siddha Yoga							
5		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau			Chennai, India Sun 19 Sutra 315 Subhakrit 5124
Mesha Rasi: 27.45	Tithi 7	924786577	Gulika Yama Rahu	3:20PM - 4:49PM 12:23PM - 1:51PM 4:49PM - 6:17PM	Krittika Until 5:09AM Mon Indra Until 4:25PM Gara Until 12:35PM Saptami Until 1:00AM Mon	Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon - White Phalgun-Masi	Sunrise: 6:28AM Sunset: 6:17PM Moon 2 - Phase 43 - 19 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 5:09AM Mon Then Creative Work - Amrita Yoga							
Monday, February 27, 2023		Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau			Chennai, India Sun 20 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 10.21	Tithi 8	934786577	Gulika Yama Rahu	1:51PM - 3:20PM 10:54AM - 12:22PM 7:56AM - 9:25AM	Rohini Until 7:21AM Tue Vaidhriti* Until 4:11PM Visti Until 1:39PM Ashtami* Until 2:25AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - Yellow Phalgun-Masi	Sunrise: 6:27AM Sunset: 6:18PM Moon 2 - Phase 43 - 20 Ashtami Sivaloka Day
Family Home Evening Creative Work Amrita Yoga Until 7:21AM Tue Then Creative Work - Siddha Yoga							
Tuesday, February 28, 2023		Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau			Chennai, India Sun 21 Sutra 317 Subhakrit 5124
Vrishabha Rasi: 22.38	Tithi 9	934786577	Gulika Yama Rahu	12:22PM - 1:51PM 9:25AM - 10:53AM 3:20PM - 4:49PM	Rohini Until 7:21AM Vishkambha* Until 4:27PM Balava Until 3:22PM Navami* Until 4:24AM Wed	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - Yellow Phalgun-Masi	Sunrise: 6:27AM Sunset: 6:18PM Moon 2 - Phase 43 - 21 Navami Sivaloka Day
Creative Work Amrita Yoga Until 7:21AM Then Creative Work - Siddha Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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1		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yukhtayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Chennai, India Sun 22 Sutra 318 Subhakrit 5124
Mithuna Rasi: 4.42	Tithi 10	Gulika 10:53AM – 12:22PM	Mrigashira Until 9:54AM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	
		Yama 7:55AM – 9:24AM	Priti Until 5:04PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 44 - 22
	934786577	Rahu 12:22PM – 1:51PM	Taitila Until 5:34PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:45AM Thu	Moon – Yellow		Sivaloka Day
				Phalguna-Masi		
2		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yukhtayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Chennai, India Sun 23 Sutra 319 Subhakrit 5124
Mithuna Rasi: 16.38	Tithi 10 – 11	Gulika 9:23AM – 10:53AM	Ardra Until 12:36PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	
		Yama 6:25AM – 7:54AM	Ayushman Until 5:52PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 44 - 23
	934786577	Rahu 1:51PM – 3:20PM	Vanija Until 8:01PM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Dashami Until 6:45AM	Moon – Yellow		Sivaloka Day
Until 12:36PM				Phalguna-Masi		
Then Creative Work - Amrita Yoga						
3		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yukhtayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Chennai, India Sun 24 Sutra 320 Subhakrit 5124
Mithuna Rasi: 28.31	Tithi 11 – 12	Gulika 7:54AM – 9:23AM	Punarvasu Until 3:44PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	
		Yama 3:20PM – 4:49PM	Saubhagya Until 6:44PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 44 - 24
	944786577	Rahu 10:52AM – 12:22PM	Bava Until 10:32PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:15AM	Moon – Blue		Devaloka Day
Until 3:44PM				Phalguna-Masi		
Then Routine Work - Marana Yoga						
4		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yukhtayam Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Chennai, India Sun 25 Sutra 321 Subhakrit 5124
Kataka Rasi: 10.23	Tithi 12 – 13	Gulika 6:24AM – 7:53AM	Pushya Until 6:40PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	
		Yama 1:51PM – 3:20PM	Sobhana Until 7:35PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 44 - 25
	944786577	Rahu 9:23AM – 10:52AM	Kaulava Until 12:58AM Sun	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:45AM	Moon – Blue		Devaloka Day
Until 6:40PM				Phalguna-Masi		
Then Routine Work - Marana Yoga						
5		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Ashlesha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Chennai, India Sun 26 Sutra 322 Subhakrit 5124
Kataka Rasi: 22.17	Tithi 13 – 14	Gulika 3:20PM – 4:49PM	Ashlesha* Until 9:17PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	
		Yama 12:21PM – 1:50PM	Athiganda* Until 8:17PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 44 - 26
	944786577	Rahu 4:49PM – 6:19PM	Gara Until 3:14AM Mon	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:07PM	Moon – Blue		Devaloka Day
Until 9:17PM				Phalguna-Masi		
Then Routine Work - Marana Yoga						
6		Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Chennai, India Sun 27 Sutra 323 Subhakrit 5124
Simha Rasi: 4.16	Tithi 14 – 15	Gulika 1:50PM – 3:20PM	Magha* Until 12:01AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	
Family Home Evening		Yama 10:51AM – 12:21PM	Sukarma Until 8:49PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 44 - 27
Routine Work	Marana Yoga	Rahu 7:52AM – 9:22AM	Visti Until 5:15AM Tue	Nataraja: Orange		4th Phase
Until 12:01AM Tue			Chaturdashi* Until 4:15PM	Moon – Red		Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Phalguna-Masi		
○		Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yukhtayam Purvaphalguni Nakshatra Dhriti Yoga Bava Karana Purnimayam Titau		Chennai, India Sun 27 Sutra 324 Subhakrit 5124
Copper Retreat Star		Gulika 12:21PM – 1:50PM	Purvaphalguni Until 2:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	
Simha Rasi: 16.2	Tithi 15	Yama 9:21AM – 10:51AM	Dhriti Until 9:10PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 44 -
	154786577	Rahu 3:20PM – 4:49PM	Bava Until 6:08PM	Nataraja: Orange		Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:08PM	Moon – Red		Sivaloka Day
Until 2:18AM Wed		Holi		Phalguna-Masi		
Then Creative Work - Amrita Yoga						
○		Wednesday, March 8, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Chennai, India Sun 28 Sutra 325 Subhakrit 5124
Silver Retreat Star		Gulika 10:51AM – 12:20PM	Uttaraphalguni Until 4:07AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	
Simha Rasi: 28.32	Tithi 16	Yama 7:51AM – 9:21AM	Shula* Until 9:14PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 44 -
	154786577	Rahu 12:20PM – 1:50PM	Balava Until 6:58AM	Nataraja: Orange		Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:41PM	Moon – Red		Sivaloka Day
Until 4:07AM Thu				Phalguna-Masi		
Then Routine Work - Marana Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 5/1/21

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Thursday, March 9, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Chennai, India
Sun 1 Sutra 326

Kanya Rasi: 10.53 Tithi 17

Gulika 9:21AM – 10:50AM
Yama 6:21AM – 7:51AM
Rahu 1:50PM – 3:20PM

Ganesha: White *Sunrise:* 6:21AM
Muruga: Purple *Sunset:* 6:19PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 1
1st Phase

Routine Work Marana Yoga
Until 5:55AM Fri
Then Creative Work - Siddha Yoga

Hasta Until 5:55AM Fri
Ganda* Until 9:04PM
Taitila Until 8:22AM
Dvitiya Until 8:54PM

Devaloka Day

1

Friday, March 10, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Chennai, India
Sun 2 Sutra 327

Kanya Rasi: 23.22 Tithi 18

Gulika 7:50AM – 9:20AM
Yama 3:20PM – 4:49PM
Rahu 10:50AM – 12:20PM

Ganesha: Yellow *Sunrise:* 6:21AM
Muruga: Purple *Sunset:* 6:19PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 2
1st Phase

Creative Work Siddha Yoga

Chitra Until 7:10AM Sat
Vriddhi Until 8:37PM
Vanija Until 9:23AM
Tritiya Until 9:43PM

Sivaloka Day

2

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Chennai, India
Sun 3 Sutra 328

Tula Rasi: 6.02 Tithi 19

Gulika 6:20AM – 7:50AM
Yama 1:50PM – 3:20PM
Rahu 9:20AM – 10:50AM

Ganesha: Yellow *Sunrise:* 6:20AM
Muruga: Purple *Sunset:* 6:19PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 3
1st Phase

Routine Work Marana Yoga
Until 7:10AM
Then Creative Work - Siddha Yoga

Chitra Until 7:10AM
Dhruva Until 7:49PM
Bava Until 10:00AM
Chaturthi* Until 10:08PM

Sivaloka Day

3

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Chennai, India
Sun 4 Sutra 329

Tula Rasi: 18.54 Tithi 20

Gulika 3:19PM – 4:49PM
Yama 12:19PM – 1:49PM
Rahu 4:49PM – 6:19PM

Ganesha: Yellow *Sunrise:* 6:19AM
Muruga: Purple *Sunset:* 6:19PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Moon 3 - Phase 45 - 4
1st Phase

Creative Work Siddha Yoga
Until 7:51AM
Then Routine Work - Marana Yoga

Svati Until 7:51AM
Vyaghata* Until 6:41PM
Kaulava Until 10:11AM
Panchami Until 10:04PM

Sivaloka Day

4

Monday, March 13, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Chennai, India
Sun 5 Sutra 330

Vrischika Rasi: 2.01 Tithi 21

Gulika 1:49PM – 3:19PM
Yama 10:49AM – 12:19PM
Rahu 7:49AM – 9:19AM

Ganesha: Blue *Sunrise:* 6:19AM
Muruga: Purple *Sunset:* 6:20PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Moon 3 - Phase 45 - 5
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 8:22AM
Then Creative Work - Siddha Yoga

Vishakha Until 8:22AM
Harshana Until 5:10PM
Gara Until 9:53AM
Shashthi* Until 9:31PM

Subha Sivaloka Day

5

Tuesday, March 14, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India
Sun 6 Sutra 331

Vrischika Rasi: 15.23 Tithi 22

Gulika 12:19PM – 1:49PM
Yama 9:18AM – 10:49AM
Rahu 3:19PM – 4:49PM

Ganesha: Blue *Sunrise:* 6:18AM
Muruga: Purple *Sunset:* 6:20PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Moon 3 - Phase 45 - 6
1st Phase

Creative Work Siddha Yoga
Until 8:14AM
Then Routine Work - Marana Yoga

Anuradha Until 8:14AM
Vajra* Until 3:13PM
Visti Until 9:03AM
Saptami Until 8:26PM

Subha Sivaloka Day

D

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India
Sun 7 Sutra 332

Vrischika Rasi: 29.04 Tithi 23

Gulika 10:48AM – 12:19PM
Yama 7:48AM – 9:18AM
Rahu 12:19PM – 1:49PM

Ganesha: Blue *Sunrise:* 6:17AM
Muruga: Purple *Sunset:* 6:20PM
Nataraja: Orange
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 45 - 7
Ashtami

Creative Work Siddha Yoga
Until 7:26AM
Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

Jyeshtha* Until 7:26AM
Siddhi Until 12:52PM
Balava Until 7:42AM
Ashtami* Until 6:49PM

Subha Sivaloka Day

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Chennai, India
Sun 8 Sutra 333

Dhanus Rasi: 13.04 Tithi 24 – 25

Gulika 9:18AM – 10:48AM
Yama 6:17AM – 7:47AM
Rahu 1:49PM – 3:19PM

Ganesha: Red *Sunrise:* 6:17AM
Muruga: Purple *Sunset:* 6:20PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 45 - 8
Navami

Creative Work Siddha Yoga

Mula* Until 6:25AM
Vyatipata* Until 10:07AM
Vanija Until 3:30AM Fri
Navami* Until 4:42PM


Sivaloka Day

1	Friday, March 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Chennai, India
	Dhanus Rasi: 27.23	Tithi 25 – 26	Gulika 7:47AM – 9:17AM	Uttarashadha Until 2:38AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:16AM	Sun 9 Sutra 334
	185786578	Rahu 10:48AM – 12:18PM	Yama 3:19PM – 4:49PM	Variyan Until 6:58AM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Subhakrit 5124
	Routine Work Marana Yoga			Bava Until 12:46AM Sat	Nataraja: Clear		Moon 3 - Phase 46 - 9
			Dashami Until 2:09PM	Moon – Light Blue		2nd Phase	
				Phalguna•Panguni		Sivaloka Day	

2	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India
	Makara Rasi: 11.58	Tithi 26 – 27	Gulika 6:15AM – 7:46AM	Shravana Until 12:29AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Sun 10 Sutra 335
	195786578	Rahu 9:17AM – 10:47AM	Yama 1:48PM – 3:19PM	Shiva Until 11:53PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Subhakrit 5124
	Creative Work Siddha Yoga			Kaulava Until 9:45PM	Nataraja: Clear		Moon 3 - Phase 46 - 10
			Ekadashi* Until 11:16AM	Moon – Purple		2nd Phase	
				Phalguna•Panguni		Subha Sivaloka Day	

3	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Makara Rasi: 26.43	Tithi 27 – 28	Gulika 3:19PM – 4:49PM	Dhanishtha Until 10:04PM	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Sun 11 Sutra 336
	195796578	Rahu 4:49PM – 6:20PM	Yama 12:17PM – 1:48PM	Siddha Until 8:05PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Subhakrit 5124
	Routine Work Marana Yoga			Gara Until 6:34PM	Nataraja: Clear		Moon 3 - Phase 46 - 11
			Dvadashi* Until 8:09AM	Moon – Purple		2nd Phase	
				Phalguna•Panguni		Sivaloka Day	
						<i>Pradosha Vrata (Fasting)</i>	

4	Monday, March 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Chennai, India
	Kumbha Rasi: 11.34	Tithi 29	Gulika 1:48PM – 3:19PM	Shatabhishak Until 7:31PM	Ganesha: Green	<i>Sunrise:</i> 6:14AM	Sun 12 Sutra 337
	196896578	Rahu 7:45AM – 9:16AM	Yama 10:46AM – 12:17PM	Sadhya Until 4:19PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Subhakrit 5124
	Family Home Evening			Visti Until 3:23PM	Nataraja: Clear		Moon 3 - Phase 46 - 12
			Chaturdashi* Until 1:49AM Tue	Moon – Purple		2nd Phase	
				Phalguna•Panguni		Sivaloka Day	

	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Chennai, India
	Retreat Star		Gulika 12:17PM – 1:48PM	Purvaproshtapada* Until 5:25PM	Ganesha: Orange	<i>Sunrise:</i> 6:13AM	Sun 13 Sutra 338
	Kumbha Rasi: 26.2	Tithi 30	Yama 9:15AM – 10:46AM	Subha Until 12:41PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Subhakrit 5124
	116896578	Rahu 3:19PM – 4:49PM		Catuspada Until 12:20PM	Nataraja: Clear		Moon 3 - Phase 46 - 13
			Amavasya* Until 10:54PM	Moon – Clear		Amavasya	
				Phalguna•Panguni		Devaloka Day	

Retreat Star	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau				Chennai, India
	Meena Rasi: 10.56	Tithi 1	Gulika 10:46AM – 12:17PM	Uttaraproshtapada Until 3:31PM	Ganesha: Orange	<i>Sunrise:</i> 6:13AM	Sun 14 Sutra 339
	116896578	Rahu 12:17PM – 1:47PM	Yama 7:44AM – 9:15AM	Sukla Until 9:15AM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Subhakrit 5124
	Creative Work Siddha Yoga			Kintughna Until 9:36AM	Nataraja: Clear		Moon 3 - Phase 46 - 14
			Prathama* Until 8:22PM	Moon – Clear		Prathama	
				Chaitra•Panguni		Devaloka Day	

1		Thursday, March 23, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Chennai, India Sun 15 Sutra 340 Subhakit 5124
Meena Rasi: 25.14	Tithi 2	Gulika 9:14AM – 10:45AM	Revati Until 1:58PM	Ganesha: Orange	<i>Sunrise:</i> 6:12AM	
		Yama 6:12AM – 7:43AM	Brahma Until 6:13AM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47 - 15
		116896578 Rahu 1:47PM – 3:18PM	Balava Until 7:18AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 6:21PM	Moon – Clear		Devaloka Day
Until 1:58PM		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

2		Friday, March 24, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Chennai, India Sun 16 Sutra 341 Subhakit 5124
Mesha Rasi: 9.09	Tithi 3 – 4	Gulika 7:43AM – 9:14AM	Ashvini Until 1:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	
		Yama 3:18PM – 4:49PM	Vaidhriti* Until 1:40AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 10:45AM – 12:16PM	Vanija Until 4:37AM Sat	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 5:00PM	Moon – White		Devaloka Day
Until 1:20PM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

3		Saturday, March 25, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Chennai, India Sun 17 Sutra 342 Subhakit 5124
Mesha Rasi: 22.38	Tithi 4 – 5	Gulika 6:11AM – 7:42AM	Bharani Until 1:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	
		Yama 1:47PM – 3:18PM	Vishkamba* Until 12:18AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 9:13AM – 10:44AM	Bava Until 4:25AM Sun	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 4:24PM	Moon – White		Devaloka Day
Until 1:18PM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

4		Sunday, March 26, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Chennai, India Sun 18 Sutra 343 Subhakit 5124
Vrishabha Rasi: 5.43	Tithi 5 – 6	Gulika 3:18PM – 4:49PM	Krittika Until 1:52PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	
		Yama 12:15PM – 1:47PM	Priti Until 11:33PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47 - 18
		126896578 Rahu 4:49PM – 6:21PM	Kaulava Until 5:00AM Mon	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 4:35PM	Moon – White		Devaloka Day
				Chaitra•Panguni		

5		Monday, March 27, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman Yoga Taila/Gara Karana Shashthi/Saptamyam Titau		Chennai, India Sun 19 Sutra 344 Subhakit 5124
Vrishabha Rasi: 18.23	Tithi 6 – 7	Gulika 1:46PM – 3:18PM	Rohini Until 3:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	
Family Home Evening		Yama 10:44AM – 12:15PM	Ayushman Until 11:20PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47 - 19
		137896578 Rahu 7:41AM – 9:12AM	Gara Until 6:17AM Tue	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 5:32PM	Moon – Yellow		Devaloka Day
				Chaitra•Panguni		

6		Tuesday, March 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Chennai, India Sun 20 Sutra 345 Subhakit 5124
Mithuna Rasi: 0.46	Tithi 7	Gulika 12:15PM – 1:46PM	Mrigashira Until 5:35PM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	
		Yama 9:12AM – 10:43AM	Saubhagya Until 11:37PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 3:18PM – 4:49PM	Gara Until 6:17AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 7:08PM	Moon – Yellow		Devaloka Day
Until 5:35PM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, March 29, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Chennai, India Sun 21 Sutra 346 Subhakit 5124
Mithuna Rasi: 12.54	Tithi 8	Gulika 10:43AM – 12:14PM	Ardra Until 8:00PM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	
		Yama 7:40AM – 9:11AM	Sobhana Until 12:15AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 12:14PM – 1:46PM	Visti Until 8:09AM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 9:12PM	Moon – Yellow		Devaloka Day
				Chaitra•Panguni		

Retreat Star		Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Chennai, India Sun 22 Sutra 347 Subhakit 5124
Mithuna Rasi: 24.53	Tithi 9	Gulika 9:11AM – 10:42AM	Punarvasu Until 11:00PM	Ganesha: White	<i>Sunrise:</i> 6:07AM	
		Yama 6:07AM – 7:39AM	Athiganda* Until 1:02AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47 - 22
		147896578 Rahu 1:46PM – 3:17PM	Balava Until 10:23AM	Nataraja: Clear		Navami
Creative Work Amrita Yoga			Navami* Until 11:33PM	Moon – Blue		Bhuloka Day
		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

all times are standard time. Calculated for Chennai, India on 5/1/21

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1	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Chennai, India Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 6.47	Tithi 10	Gulika 7:39AM – 9:10AM	Pushya Until 1:56AM Sat	Ganesha: White	<i>Sunrise:</i> 6:07AM	
			Yama 3:17PM – 4:49PM	Sukarma Until 1:53AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 - 23
	147896578	Rahu	10:42AM – 12:14PM	Taitila Until 12:47PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dashami Until 1:59AM Sat	Moon – Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

2	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 18.4	Tithi 11	Gulika 6:07AM – 7:39AM	Ashlesha* Until 4:35AM Sun	Ganesha: White	<i>Sunrise:</i> 6:07AM	
			Yama 1:46PM – 3:17PM	Dhriti Until 2:41AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 - 24
	147896578	Rahu	9:10AM – 10:42AM	Vanija Until 3:11PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 4:18AM Sun	Moon – Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
		Yogaswami Mahasamadhi		Chaitra•Panguni			

3	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Chennai, India Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 0.37	Tithi 12	Gulika 3:17PM – 4:49PM	Magha* Until 7:20AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:06AM	
			Yama 12:13PM – 1:45PM	Shula* Until 3:16AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 - 25
	158896578	Rahu	4:49PM – 6:21PM	Bava Until 5:24PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 6:22AM Mon	Moon – Red		Devaloka Day	
Until 7:20AM Mon				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

4	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 12.39	Tithi 12 – 13	Gulika 1:45PM – 3:17PM	Magha* Until 7:20AM	Ganesha: Red	<i>Sunrise:</i> 6:05AM	
	Family Home Evening		Yama 10:41AM – 12:13PM	Ganda* Until 3:36AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 - 26
	158896578	Rahu	7:37AM – 9:09AM	Kaulava Until 7:18PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 6:22AM	Moon – Red		Devaloka Day	
Until 7:20AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

5	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 27 Sutra 352 Subhakrit 5124
	Simha Rasi: 24.5	Tithi 13 – 14	Gulika 12:13PM – 1:45PM	Purvaphalguni Until 9:34AM	Ganesha: Red	<i>Sunrise:</i> 6:05AM	
			Yama 9:09AM – 10:41AM	Vriddhi Until 3:37AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 - 27
	158896578	Rahu	3:17PM – 4:49PM	Gara Until 8:47PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:04AM	Moon – Red		Devaloka Day	
Until 9:34AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

○	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Chennai, India Sutra 353 Subhakrit 5124
	Copper Retreat Star		Gulika 10:40AM – 12:13PM	Uttaraphalguni Until 11:12AM	Ganesha: Red	<i>Sunrise:</i> 6:04AM	
	Kanya Rasi: 7.12	Tithi 14 – 15	Yama 7:36AM – 9:08AM	Dhruva Until 3:14AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 - Purnima
	158896578	Rahu	12:13PM – 1:45PM	Visti Until 9:47PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Chaturdashi* Until 9:20AM	Moon – Red		Devaloka Day	
Until 11:12AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							
		Panguni Uttiram					
		Hanuman Jayanti					

○	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chennai, India Sutra 354 Subhakrit 5124
	Silver Retreat Star		Gulika 9:08AM – 10:40AM	Hasta Until 12:41PM	Ganesha: Blue	<i>Sunrise:</i> 6:03AM	
	Kanya Rasi: 19.47	Tithi 15 – 16	Yama 6:03AM – 7:36AM	Vyaghata* Until 2:30AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48 - Prathama
	168896578	Rahu	1:45PM – 3:17PM	Balava Until 10:19PM	Nataraja: Clear		
Routine Work	Marana Yoga		Purnima* Until 10:06AM	Moon – Green		Bhuloka Day	
Until 12:41PM				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Chennai, India
Sutra 355

Tula Rasi: 2.35 Tithi 16 – 17

Gulika 7:35AM – 9:07AM
Yama 3:17PM – 4:49PM
Rahu 10:40AM – 12:12PM

Chitra Until 1:33PM
Harshana Until 1:24AM Sat
Taitila Until 10:21PM
Prathama* Until 10:22AM

Ganesha: Blue *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Green

Moon 4 - Phase 49 -
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India
Sun 1 Sutra 356

Tula Rasi: 15.37 Tithi 17 – 18

Gulika 6:02AM – 7:35AM
Yama 1:44PM – 3:17PM
Rahu 9:07AM – 10:39AM

Svati Until 1:48PM
Vajra* Until 11:56PM
Vanija Until 9:57PM
Dvitiya Until 10:11AM

Ganesha: Blue *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Green

Moon 4 - Phase 49 - 1
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Sunday, April 9, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Chennai, India
Sun 2 Sutra 357

Tula Rasi: 28.52 Tithi 18 – 19

Gulika 3:16PM – 4:49PM
Yama 12:11PM – 1:44PM
Rahu 4:49PM – 6:21PM

Vishakha Until 1:58PM
Siddhi Until 10:10PM
Bava Until 9:10PM
Tritiya Until 9:35AM

Ganesha: Red *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Orange

Moon 4 - Phase 49 - 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

3

Monday, April 10, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India
Sun 3 Sutra 358

Vrischika Rasi: 12.2 Tithi 19 – 20

Gulika 1:44PM – 3:16PM
Yama 10:39AM – 12:11PM
Rahu 7:33AM – 9:06AM

Anuradha Until 1:37PM
Vyatipata* Until 8:08PM
Kaulava Until 8:00PM
Chaturthi* Until 8:36AM

Ganesha: Red *Sunrise:* 6:01AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Orange

Moon 4 - Phase 49 - 3
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, April 11, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Chennai, India
Sun 4 Sutra 359

Vrischika Rasi: 26.01 Tithi 20 – 21

Gulika 12:11PM – 1:44PM
Yama 9:06AM – 10:38AM
Rahu 3:16PM – 4:49PM

Jyeshtha* Until 12:47PM
Varyani Until 5:49PM
Gara Until 6:32PM
Panchami Until 7:17AM

Ganesha: Red *Sunrise:* 6:00AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Orange

Moon 4 - Phase 49 - 4
1st Phase

Routine Work Marana Yoga
Until 12:47PM
Then Creative Work - Amrita Yoga

Devaloka Day

5

Wednesday, April 12, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Chennai, India
Sun 5 Sutra 360

Dhanus Rasi: 9.51 Tithi 22

Gulika 10:38AM – 12:11PM
Yama 7:32AM – 9:05AM
Rahu 12:11PM – 1:43PM

Mula* Until 11:58AM
Parigha* Until 3:17PM
Visti Until 4:46PM
Saptami Until 3:46AM Thu

Ganesha: Green *Sunrise:* 6:00AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Light Blue

Moon 4 - Phase 49 - 5
1st Phase

Routine Work Marana Yoga
Until 11:58AM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Chennai, India
Sun 6 Sutra 361

Dhanus Rasi: 23.52 Tithi 23

Gulika 9:05AM – 10:38AM
Yama 5:59AM – 7:32AM
Rahu 1:43PM – 3:16PM

Purvashadha* Until 10:44AM
Shiva Until 12:34PM
Balava Until 2:45PM
Ashtami* Until 1:39AM Fri

Ganesha: White *Sunrise:* 5:59AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Light Blue

Moon 4 - Phase 49 - 6
Ashtami

Creative Work Siddha Yoga
Until 10:44AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Chennai, India
Sun 7 Sutra 362

Makara Rasi: 8.02 Tithi 24

Gulika 7:31AM – 9:04AM
Yama 3:16PM – 4:49PM
Rahu 10:37AM – 12:10PM

Uttarashadha Until 9:09AM
Siddha Until 9:38AM
Taitila Until 12:31PM
Navami* Until 11:19PM

Ganesha: White *Sunrise:* 5:58AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Light Blue

Moon 4 - Phase 49 - 7
Navami

Routine Work Marana Yoga

Chidambaram Abhishekam
Tamil New Year

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Chennai, India
	Makara Rasi: 22.19	Tithi 25	Gulika 5:58AM – 7:31AM	Shravana Until 7:40AM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Sun 8 Sutra 363
			Yama 1:43PM – 3:16PM	Sadhya Until 6:35AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 Rahu 9:04AM – 10:37AM	Vanija Until 10:08AM	Nataraja: Clear		Moon 4 - Phase 1 - 8 2nd Phase
			Dashami Until 8:52PM	Moon – Purple		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India
	Kumbha Rasi: 6.41	Tithi 26	Gulika 3:16PM – 4:49PM	Shatabhishak Until 4:03AM Mon	Ganesha: White	<i>Sunrise:</i> 5:57AM	Sun 9 Sutra 364
			Yama 12:10PM – 1:43PM	Sukla Until 12:16AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 Rahu 4:49PM – 6:22PM	Bava Until 7:38AM	Nataraja: Clear		Moon 4 - Phase 1 - 9 2nd Phase
			Ekadashi* Until 6:21PM	Moon – Purple		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Kumbha Rasi: 21.04	Tithi 27 – 28	Gulika 1:43PM – 3:16PM	Purvaproshtapada* Until 2:31AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:57AM	Sun 10 Sutra 1
	Family Home Evening		Yama 10:36AM – 12:09PM	Brahma Until 9:09PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 Rahu 7:30AM – 9:03AM	Gara Until 2:41AM Tue	Nataraja: Clear		Moon 4 - Phase 1 - 10 2nd Phase
			Dvadashi* Until 3:52PM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Chennai, India
	Meena Rasi: 5.23	Tithi 28 – 29	Gulika 12:09PM – 1:42PM	Uttaraproshtapada Until 1:02AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:56AM	Sun 11 Sutra 2
			Yama 9:03AM – 10:36AM	Indra Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Sobhana 5125
	Creative Work	Amrita Yoga	211996578 Rahu 3:16PM – 4:49PM	Visti Until 12:27AM Wed	Nataraja: Clear		Moon 4 - Phase 1 - 11 2nd Phase
			Trayodashi* Until 1:31PM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Chennai, India
	Retreat Star		Gulika 10:36AM – 12:09PM	Revati Until 11:44PM	Ganesha: Orange	<i>Sunrise:</i> 5:55AM	Sun 12 Sutra 3
	Meena Rasi: 19.34	Tithi 29 – 30	Yama 7:29AM – 9:02AM	Vaidhriti* Until 3:24PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 Rahu 12:09PM – 1:42PM	Catuspada Until 10:32PM	Nataraja: Clear		Moon 4 - Phase 1 - 12 Amavasya
			Chaturdashi* Until 11:25AM	Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Chennai, India
	Retreat Star		Gulika 9:02AM – 10:35AM	Ashvini Until 11:09PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Sun 13 Sutra 4
	Mesha Rasi: 3.32	Tithi 30 – 1	Yama 5:55AM – 7:28AM	Vishkambha* Until 12:58PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Sobhana 5125
	Creative Work	Amrita Yoga	221996578 Rahu 1:42PM – 3:16PM	Kintughna Until 9:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 13 Prathama
			Amavasya* Until 9:42AM	Moon – White		Devaloka Day	
				Vaisaka*Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Chennai, India Sun 14 Sutra 5 Sobhana 5125
	Mesha Rasi: 17.11	Tithi 1 – 2	Gulika 7:28AM – 9:01AM	Bharani Until 10:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	
			Yama 3:15PM – 4:49PM	Priti Until 10:57AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 Rahu 10:35AM – 12:08PM	Balava Until 8:05PM	Nataraja: Clear		3rd Phase
			Prathama* Until 8:28AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Chennai, India Sun 15 Sutra 6 Sobhana 5125
	Vrishabha Rasi: 0.32	Tithi 2 – 3	Gulika 5:54AM – 7:27AM	Krittika Until 11:14PM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	
			Yama 1:42PM – 3:15PM	Ayushman Until 9:23AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 Rahu 9:01AM – 10:35AM	Taitila Until 7:45PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 7:49AM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Chennai, India Sun 16 Sutra 7 Sobhana 5125
	Vrishabha Rasi: 13.32	Tithi 3 – 4	Gulika 3:15PM – 4:49PM	Rohini Until 12:28AM Mon	Ganesha: Orange	<i>Sunrise:</i> 5:53AM	
			Yama 12:08PM – 1:42PM	Saubhagya Until 8:21AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 Rahu 4:49PM – 6:23PM	Vanija Until 8:05PM	Nataraja: Clear		3rd Phase
Until 12:28AM Mon			Tritiya Until 7:49AM	Moon – Yellow		Devaloka Day	
Then Creative Work - Amrita Yoga		Akshaya Tritiya		Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 17 Sutra 8 Sobhana 5125
	Vrishabha Rasi: 26.13	Tithi 4 – 5	Gulika 1:42PM – 3:15PM	Mrigashira Until 2:10AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:53AM	
	Family Home Evening		Yama 10:34AM – 12:08PM	Sobhana Until 7:50AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 Rahu 7:26AM – 9:00AM	Bava Until 9:04PM	Nataraja: Clear		3rd Phase
Until 2:10AM Tue			Chaturthi* Until 8:29AM	Moon – Yellow		Devaloka Day	
Then Routine Work - Marana Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Chennai, India Sun 18 Sutra 9 Sobhana 5125
	Mithuna Rasi: 8.37	Tithi 5 – 6	Gulika 12:08PM – 1:41PM	Ardra Until 4:14AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:52AM	
			Yama 9:00AM – 10:34AM	Athiganda* Until 7:47AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 Rahu 3:15PM – 4:49PM	Kaulava Until 10:37PM	Nataraja: Purple		3rd Phase
Until 4:14AM Wed			Panchami Until 9:45AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Chennai, India Sun 19 Sutra 10 Sobhana 5125
	Mithuna Rasi: 20.48	Tithi 6 – 7	Gulika 10:34AM – 12:07PM	Punarvasu Until 7:01AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:52AM	
			Yama 7:26AM – 9:00AM	Sukarma Until 8:08AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 Rahu 12:07PM – 1:41PM	Gara Until 12:36AM Thu	Nataraja: Purple		3rd Phase
Until 7:01AM Thu			Shashthi* Until 11:32AM	Moon – Blue		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Chennai, India Sun 20 Sutra 11 Sobhana 5125
	Retreat Star		Gulika 8:59AM – 10:33AM	Punarvasu Until 7:01AM	Ganesha: Red	<i>Sunrise:</i> 5:51AM	
	Kataka Rasi: 2.49	Tithi 7 – 8	Yama 5:51AM – 7:25AM	Dhriti Until 8:48AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 Rahu 1:41PM – 3:15PM	Visti Until 2:51AM Fri	Nataraja: Purple		Ashtami
			Saptami Until 1:41PM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sun 21 Sutra 12 Sobhana 5125
	Retreat Star		Gulika 7:25AM – 8:59AM	Pushya Until 9:51AM	Ganesha: Red	<i>Sunrise:</i> 5:51AM	
	Kataka Rasi: 14.44	Tithi 8 – 9	Yama 3:15PM – 4:49PM	Shula* Until 9:36AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 Rahu 10:33AM – 12:07PM	Balava Until 5:12AM Sat	Nataraja: Purple		Navami
			Ashtami* Until 4:00PM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Kaulava Karana Navamyam Titau				Chennai, India
	Kataka Rasi: 26.39	Tithi 9	Gulika 5:50AM – 7:24AM	Ashlesha* Until 12:33PM	Ganesha: Red	Sunrise: 5:50AM	Sun 22
		242996579 Rahu 8:59AM – 10:33AM	Ganda* Until 10:27AM	Muruqa: Clear	Sunset: 6:24PM	Sobhana 5125	Moon 4 - Phase 3 - 22
Routine Work	Marana Yoga		Kaulava Until 6:19PM	Nataraja: Purple			4th Phase
Until 12:33PM			Navami* Until 6:19PM	Moon – Blue			Sivaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			


2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Chennai, India
	Simha Rasi: 9	Tithi 10	Gulika 3:15PM – 4:50PM	Magha* Until 3:26PM	Ganesha: Blue	Sunrise: 5:50AM	Sun 23
		252996579 Rahu 4:50PM – 6:24PM	Vridhi Until 11:12AM	Muruqa: Clear	Sunset: 6:24PM	Sobhana 5125	Moon 4 - Phase 3 - 23
Routine Work	Marana Yoga		Taitila Until 7:25AM	Nataraja: Purple			4th Phase
Until 3:26PM			Dashami Until 8:25PM	Moon – Red			Devaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India
	Simha Rasi: 20.4	Tithi 11	Gulika 1:41PM – 3:15PM	Purvaphalguni Until 5:47PM	Ganesha: Blue	Sunrise: 5:49AM	Sun 24
Family Home Evening		252996579 Rahu 7:23AM – 8:58AM	Dhruva Until 11:40AM	Muruqa: Clear	Sunset: 6:24PM	Sobhana 5125	Moon 4 - Phase 3 - 24
Creative Work	Siddha Yoga		Vanija Until 9:21AM	Nataraja: Purple			4th Phase
			Ekadashi Until 10:08PM	Moon – Red			Devaloka Day
				Vaisaka-Chaitra			

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Chennai, India
	Kanya Rasi: 2.55	Tithi 12	Gulika 12:06PM – 1:41PM	Uttaraphalguni Until 7:30PM	Ganesha: Blue	Sunrise: 5:48AM	Sun 25
		252996579 Rahu 3:15PM – 4:50PM	Vyaghata* Until 11:47AM	Muruqa: Clear	Sunset: 6:24PM	Sobhana 5125	Moon 4 - Phase 3 - 25
Creative Work	Amrita Yoga		Bava Until 10:49AM	Nataraja: Purple			4th Phase
Until 7:30PM			Dvadashi Until 11:18PM	Moon – Red			Devaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Chennai, India
	Kanya Rasi: 15.24	Tithi 13	Gulika 10:32AM – 12:06PM	Hasta Until 8:57PM	Ganesha: Yellow	Sunrise: 5:48AM	Sun 26
		262996579 Rahu 12:06PM – 1:41PM	Harshana Until 11:28AM	Muruqa: Clear	Sunset: 6:25PM	Sobhana 5125	Moon 4 - Phase 3 - 26
Routine Work	Marana Yoga		Kaulava Until 11:41AM	Nataraja: Purple			4th Phase
Until 8:57PM			Trayodashi Until 11:52PM	Moon – Green			Sivaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

6	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India
	Kanya Rasi: 28.1	Tithi 14	Gulika 8:57AM – 10:32AM	Chitra Until 9:37PM	Ganesha: Yellow	Sunrise: 5:48AM	Sun 27
		262996579 Rahu 1:41PM – 3:15PM	Vajra* Until 10:37AM	Muruqa: Clear	Sunset: 6:25PM	Sobhana 5125	Moon 4 - Phase 3 - 27
Creative Work	Siddha Yoga		Gara Until 11:56AM	Nataraja: Purple			4th Phase
Until 9:37PM			Chaturdashi* Until 11:48PM	Moon – Green			Sivaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Chennai, India
	Copper Retreat Star		Gulika 7:22AM – 8:57AM	Svati Until 9:32PM	Ganesha: Yellow	Sunrise: 5:47AM	Sun 28
Tula Rasi: 11.16	Tithi 15	262996579 Rahu 10:31AM – 12:06PM	Siddhi Until 9:18AM	Muruqa: Clear	Sunset: 6:25PM	Sobhana 5125	Moon 4 - Phase 3 -
Creative Work	Siddha Yoga		Visti Until 11:33AM	Nataraja: Purple			Purnima
			Purnima* Until 11:07PM	Moon – Green			Sivaloka Day
				Vaisaka-Chaitra			

7	Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Chennai, India
	Silver Retreat Star		Gulika 5:47AM – 7:22AM	Vishakha Until 9:13PM	Ganesha: White	Sunrise: 5:47AM	Sun 29
Tula Rasi: 24.4	Tithi 16	272996579 Rahu 8:56AM – 10:31AM	Vyalipata* Until 7:31AM	Muruqa: Clear	Sunset: 6:25PM	Sobhana 5125	Moon 4 - Phase 3 -
Creative Work	Siddha Yoga		Balava Until 10:35AM	Nataraja: Purple			Prathama
			Prathama* Until 9:54PM	Moon – Orange			Devaloka Day
				Vaisaka-Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda