



**Monday, April 18, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Dwarka, India  
Sutra 1

Tula Rasi: 20.15 Tithi 17  
Family Home Evening 278345478  
Routine Work Marana Yoga  
Until 3:37AM Tue  
Then Creative Work - Siddha Yoga

**Gulika** 2:31PM – 4:06PM  
Yama 11:20AM – 12:55PM  
**Rahu** 8:09AM – 9:45AM

**Vishakha Until 3:37AM Tue**  
Siddhi Until 8:21PM  
Taitila Until 8:46AM  
**Dvitiya Until 7:24PM**

**Ganesha:** Purple *Sunrise:* 6:34AM  
**Muruqa:** White *Sunset:* 7:17PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**1**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Dwarka, India  
Sun 1 Sutra 2

Virschika Rasi: 4.46 Tithi 18 – 19  
278345478  
Creative Work Siddha Yoga

**Gulika** 12:55PM – 2:31PM  
Yama 9:44AM – 11:20AM  
**Rahu** 4:06PM – 5:42PM

**Anuradha Until 1:36AM Wed**  
Vyatipata\* Until 4:59PM  
Vanija Until 6:02AM  
**Tritiya Until 4:37PM**

**Ganesha:** Purple *Sunrise:* 6:33AM  
**Muruqa:** White *Sunset:* 7:17PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**2**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Varyana/Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dwarka, India  
Sun 2 Sutra 3

Virschika Rasi: 19.19 Tithi 19 – 20  
278345478  
Creative Work Siddha Yoga  
Until 11:30PM  
Then Routine Work - Marana Yoga

**Gulika** 11:19AM – 12:55PM  
Yama 8:08AM – 9:44AM  
**Rahu** 12:55PM – 2:31PM

**Jyeshtha\* Until 11:30PM**  
Variyan Until 1:35PM  
Kaulava Until 12:31AM Thu  
**Chaturthi\* Until 1:51PM**

**Ganesha:** Purple *Sunrise:* 6:32AM  
**Muruqa:** White *Sunset:* 7:17PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**3**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dwarka, India  
Sun 3 Sutra 4

Dhanus Rasi: 3.5 Tithi 20 – 21  
288345478  
Creative Work Siddha Yoga

**Gulika** 9:43AM – 11:19AM  
Yama 6:32AM – 8:07AM  
**Rahu** 2:30PM – 4:06PM

**Mula\* Until 9:49PM**  
Parigha\* Until 10:17AM  
Gara Until 9:55PM  
**Panchami Until 11:10AM**

**Ganesha:** Clear *Sunrise:* 6:32AM  
**Muruqa:** White *Sunset:* 7:18PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Dwarka, India  
Sun 4 Sutra 5

Dhanus Rasi: 18.13 Tithi 21 – 22  
289345478  
Routine Work Prabalarishta Yoga  
Until 8:13PM  
Then Routine Work - Marana Yoga

**Gulika** 8:07AM – 9:43AM  
Yama 4:06PM – 5:42PM  
**Rahu** 11:19AM – 12:54PM

**Purvashadha\* Until 8:13PM**  
Shiva Until 7:09AM  
Visti Until 7:33PM  
**Shashthi\* Until 8:41AM**

**Ganesha:** Purple *Sunrise:* 6:31AM  
**Muruqa:** White *Sunset:* 7:18PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Devaloka Day**

**5**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Dwarka, India  
Sun 5 Sutra 6

Makara Rasi: 2.26 Tithi 22 – 23  
289345478  
Routine Work Marana Yoga  
Until 6:45PM  
Then Creative Work - Siddha Yoga

**Gulika** 6:30AM – 8:06AM  
Yama 2:30PM – 4:06PM  
**Rahu** 9:42AM – 11:18AM

**Uttarashadha Until 6:45PM**  
Sadhya Until 1:30AM Sun  
Kaulava Until 4:32AM Sun  
**Saptami Until 6:27AM**

**Ganesha:** Purple *Sunrise:* 6:30AM  
**Muruqa:** White *Sunset:* 7:19PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
5 Ashtami

**Devaloka Day**

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Dwarka, India  
Sun 6 Sutra 7

Makara Rasi: 16.27 Tithi 24  
299345478  
Creative Work Amrita Yoga  
Until 5:54PM  
Then Routine Work - Marana Yoga

**Gulika** 4:06PM – 5:43PM  
Yama 12:54PM – 2:30PM  
**Rahu** 5:43PM – 7:19PM

**Shravana Until 5:54PM**  
Subha Until 11:05PM  
Taitila Until 3:42PM  
**Navami\* Until 2:56AM Mon**

**Ganesha:** Clear *Sunrise:* 6:29AM  
**Muruqa:** White *Sunset:* 7:19PM  
**Nataraja:** White  
Moon – Purple  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

|          |                               |             |   |                         |                     |                 |                                   |
|----------|-------------------------------|-------------|---|-------------------------|---------------------|-----------------|-----------------------------------|
| <b>1</b> | <b>Monday, April 25, 2022</b> |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau |                         |                     |                 | Dwarka, India<br>Sun 7<br>Sutra 8 |
|          | Kumbha Rasi: 0.16             | Tithi 25    | Gulika 2:30PM – 4:07PM  | Dhanishtha Until 5:15PM | Ganesha: Clear      | Sunrise: 6:28AM | Subhakrit 5124                    |
|          | Family Home Evening           | 299345479   | Yama 11:18AM – 12:54PM  | Sukla Until 8:56PM      | Muruga: White       | Sunset: 7:19PM  | Moon 4 - Phase 2 - 7              |
|          | Creative Work                 | Siddha Yoga | Rahu 8:05AM – 9:41AM  | Vanija Until 2:17PM     | Nataraja: Clear     |                 | 2nd Phase                         |
|          |                               |             | <b>Dashami Until 1:42AM Tue</b>   | Chaitra+Chaitra         | <b>Devaloka Day</b> |                 |                                   |

|          |                                |             |   |                           |                     |                 |                                   |
|----------|--------------------------------|-------------|---|---------------------------|---------------------|-----------------|-----------------------------------|
| <b>2</b> | <b>Tuesday, April 26, 2022</b> |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shalabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau |                           |                     |                 | Dwarka, India<br>Sun 8<br>Sutra 9 |
|          | Kumbha Rasi: 13.51             | Tithi 26    | Gulika 12:54PM – 2:30PM   | Shatabhishak Until 4:49PM | Ganesha: Clear      | Sunrise: 6:28AM | Subhakrit 5124                    |
|          | Routine Work                   | Marana Yoga | Yama 9:41AM – 11:17AM   | Brahma Until 7:06PM       | Muruga: White       | Sunset: 7:20PM  | Moon 4 - Phase 2 - 8              |
|          | 299345479                      |             | Rahu 4:07PM – 5:43PM  | Bava Until 1:15PM         | Nataraja: Clear     |                 | 2nd Phase                         |
|          |                                |             | <b>Ekadashi* Until 12:51AM Wed</b>  | Chaitra+Chaitra           | <b>Devaloka Day</b> |                 |                                   |

|          |                                  |             |   |                                |                     |                 |                                    |
|----------|----------------------------------|-------------|---|--------------------------------|---------------------|-----------------|------------------------------------|
| <b>3</b> | <b>Wednesday, April 27, 2022</b> |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                |                     |                 | Dwarka, India<br>Sun 9<br>Sutra 10 |
|          | Kumbha Rasi: 27.13               | Tithi 27    | Gulika 11:17AM – 12:54PM  | Purvaproshtapada* Until 5:06PM | Ganesha: Red        | Sunrise: 6:27AM | Subhakrit 5124                     |
|          | Creative Work                    | Amrita Yoga | Yama 8:04AM – 9:40AM  | Indra Until 5:37PM             | Muruga: White       | Sunset: 7:20PM  | Moon 4 - Phase 2 - 9               |
|          | Until 5:06PM                     | 219345479   | Rahu 12:54PM – 2:30PM   | Kaulava Until 12:37PM          | Nataraja: Clear     |                 | 2nd Phase                          |
|          |                                  |             | <b>Dvadashi* Until 12:26AM Thu</b>  | Chaitra+Chaitra                | <b>Devaloka Day</b> |                 |                                    |

|                                 |                                 |             |  |                                |                     |                 |                                     |
|---------------------------------|---------------------------------|-------------|--|--------------------------------|---------------------|-----------------|-------------------------------------|
| <b>4</b>                        | <b>Thursday, April 28, 2022</b> |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau |                                |                     |                 | Dwarka, India<br>Sun 10<br>Sutra 11 |
|                                 | Meena Rasi: 10.21               | Tithi 28    | Gulika 9:40AM – 11:17AM  | Uttaraproshtapada Until 5:40PM | Ganesha: Red        | Sunrise: 6:26AM | Subhakrit 5124                      |
|                                 | Creative Work                   | Siddha Yoga | Yama 6:26AM – 8:03AM   | Vaidhriti* Until 4:27PM        | Muruga: White       | Sunset: 7:21PM  | Moon 4 - Phase 2 - 10               |
|                                 | 219345479                       |             | Rahu 2:30PM – 4:07PM   | Gara Until 12:24PM             | Nataraja: Clear     |                 | 2nd Phase                           |
|                                 |                                 |             | <b>Trayodashi* Until 12:27AM Fri</b>   | Chaitra+Chaitra                | <b>Devaloka Day</b> |                 |                                     |
| <i>Pradosha Vrata (Fasting)</i> |                                 |             |  |                                |                     |                 |                                     |

|          |                               |             |  |                          |                    |                 |                                     |
|----------|-------------------------------|-------------|--|--------------------------|--------------------|-----------------|-------------------------------------|
| <b>5</b> | <b>Friday, April 29, 2022</b> |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                          |                    |                 | Dwarka, India<br>Sun 11<br>Sutra 12 |
|          | Meena Rasi: 23.16             | Tithi 29    | Gulika 8:02AM – 9:39AM   | Revati Until 6:32PM      | Ganesha: Blue      | Sunrise: 6:26AM | Subhakrit 5124                      |
|          | Creative Work                 | Siddha Yoga | Yama 4:07PM – 5:44PM   | Vishkambha* Until 3:41PM | Muruga: White      | Sunset: 7:21PM  | Moon 4 - Phase 2 - 11               |
|          | Until 6:32PM                  | 219445479   | Rahu 11:16AM – 12:53PM   | Visti Until 12:40PM      | Nataraja: Clear    |                 | 2nd Phase                           |
|          |                               |             | <b>Chaturdashi* Until 12:57AM Sat</b>  | Chaitra+Chaitra          | <b>Bhuloka Day</b> |                 | Devaloka Time: 6:PM to 9:PM         |

|          |                                 |             |  |                        |                        |                      |                                     |                 |
|----------|---------------------------------|-------------|--|------------------------|------------------------|----------------------|-------------------------------------|-----------------|
| <b>●</b> | <b>Saturday, April 30, 2022</b> |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        |                        |                      | Dwarka, India<br>Sun 12<br>Sutra 13 |                 |
|          | <b>Retreat Star</b>             |             | Mesha Rasi: 5.56   | Tithi 30               | Gulika 6:25AM – 8:02AM | Ashvini Until 8:11PM | Ganesha: Green                      | Sunrise: 6:25AM |
|          | Creative Work                   | Siddha Yoga | Yama 2:30PM – 4:07PM   | Priti Until 3:18PM     | Muruga: White          | Sunset: 7:21PM       | Moon 4 - Phase 2 - 12               |                 |
|          | 221445479                       |             | Rahu 9:39AM – 11:16AM  | Catuspada Until 1:25PM | Nataraja: Clear        |                      | Amavasya                            |                 |
|          |                                 |             | <b>Amavasya* Until 1:57AM Sun</b>  | Chaitra+Chaitra        | <b>Bhuloka Day</b>     |                      | Devaloka Time: 6:PM to 9:PM         |                 |

|          |                            |                    |   |                        |                        |                       |                                     |                 |
|----------|----------------------------|--------------------|---|------------------------|------------------------|-----------------------|-------------------------------------|-----------------|
| <b>●</b> | <b>Sunday, May 1, 2022</b> |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau |                        |                        |                       | Dwarka, India<br>Sun 13<br>Sutra 14 |                 |
|          | <b>Retreat Star</b>        |                    | Mesha Rasi: 18.23   | Tithi 1                | Gulika 4:07PM – 5:45PM | Bharani Until 10:10PM | Ganesha: Green                      | Sunrise: 6:24AM |
|          | Routine Work               | Prabalarishta Yoga | Yama 12:53PM – 2:30PM   | Ayushman Until 3:16PM  | Muruga: White          | Sunset: 7:22PM        | Moon 4 - Phase 2 - 13               |                 |
|          | Until 10:10PM              | 221445479          | Rahu 5:45PM – 7:22PM  | Kintughna Until 2:40PM | Nataraja: Clear        |                       | Prathama                            |                 |
|          |                            |                    | <b>Prathama* Until 3:26AM Mon</b>   | Vaisaka+Chaitra        | <b>Bhuloka Day</b>     |                       | Devaloka Time: 6:PM to 9:PM         |                 |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

|          |   |   |   |  |   |   |  |
|----------|---|---|---|--|---|---|--|
| <b>1</b> | <b>Monday, May 2, 2022</b>  |   | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau |  |   |   | Dwarka, India<br>Sun 14<br>Sutra 15<br>Subhakit 5124 |
|          | 231445479   | <b>Gulika</b> 2:30PM – 4:08PM<br><b>Yama</b> 11:16AM – 12:53PM<br><b>Rahu</b> 8:01AM – 9:38AM | <b>Krittika Until 12:25AM Tue</b><br>Saubhagya Until 3:37PM<br>Balava Until 4:22PM<br><b>Dvitiya Until 5:21AM Tue</b>   | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – White<br>Vaisaka-Chaitra | <b>Sunrise:</b> 6:24AM<br><b>Sunset:</b> 7:22PM | Moon 4 - Phase 3 - 14<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|          | Vrishabha Rasi: 0.38    Tithi 2<br><b>Family Home Evening</b><br>Routine Work    Marana Yoga<br>Until 12:25AM Tue<br>Then Creative Work - Amrita Yoga |   |   |  |   |   |  |
|          |   |   |   |  |   |   |  |

|          |  |   |  |   |   |   |  |
|----------|--|---|--|---|---|---|--|
| <b>2</b> | <b>Tuesday, May 3, 2022</b>  |   | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Tritiyayam Titau |   |   |   | Dwarka, India<br>Sun 15<br>Sutra 16<br>Subhakit 5124 |
|          | 231445479  | <b>Gulika</b> 12:53PM – 2:30PM<br><b>Yama</b> 9:38AM – 11:15AM<br><b>Rahu</b> 4:08PM – 5:45PM | <b>Rohini Until 3:20AM Wed</b><br>Sobhana Until 4:17PM<br>Taitila Until 6:28PM<br><b>Tritiya Until 7:36AM Wed</b>  | <b>Ganesha:</b> White<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Vaisaka-Chaitra | <b>Sunrise:</b> 6:23AM<br><b>Sunset:</b> 7:23PM | Moon 4 - Phase 3 - 15<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|          | Vrishabha Rasi: 12.42    Tithi 3<br><br>Creative Work    Amrita Yoga<br>Until 3:20AM Wed<br>Then Creative Work - Siddha Yoga |   |  |   |   |   |  |
|          |  |   |  |   |   |   |  |

|          |   |  |   |   |   |   |  |
|----------|---|--|---|---|---|---|--|
| <b>3</b> | <b>Wednesday, May 4, 2022</b>   |  | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |   |   |   | Dwarka, India<br>Sun 16<br>Sutra 17<br>Subhakit 5124 |
|          | 231445479   | <b>Gulika</b> 11:15AM – 12:53PM<br><b>Yama</b> 8:00AM – 9:37AM<br><b>Rahu</b> 12:53PM – 2:30PM | <b>Mrigashira Until 6:18AM Thu</b><br>Athiganda* Until 5:08PM<br>Vanija Until 8:51PM<br><b>Tritiya Until 7:36AM</b>   | <b>Ganesha:</b> White<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Vaisaka-Chaitra | <b>Sunrise:</b> 6:22AM<br><b>Sunset:</b> 7:23PM | Moon 4 - Phase 3 - 16<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|          | Vrishabha Rasi: 24.38    Tithi 3 – 4<br><br>Creative Work    Siddha Yoga<br>Until 6:18AM Thu<br>Then Routine Work - Marana Yoga |  |   |   |   |   |  |
|          |   |  |   |   |   |   |  |

|          |   |  |  |   |   |   |  |
|----------|---|--|--|---|---|---|--|
| <b>4</b> | <b>Thursday, May 5, 2022</b>  |  | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |   |   |   | Dwarka, India<br>Sun 17<br>Sutra 18<br>Subhakit 5124 |
|          | 231445479   | <b>Gulika</b> 9:37AM – 11:15AM<br><b>Yama</b> 6:22AM – 7:59AM<br><b>Rahu</b> 2:30PM – 4:08PM | <b>Mrigashira Until 6:18AM</b><br>Sukarma Until 6:07PM<br>Bava Until 11:21PM<br><b>Chaturthi* Until 10:04AM</b>  | <b>Ganesha:</b> White<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Vaisaka-Chaitra | <b>Sunrise:</b> 6:22AM<br><b>Sunset:</b> 7:23PM | Moon 4 - Phase 3 - 17<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|          | Mithuna Rasi: 6.3    Tithi 4 – 5<br><br>Routine Work    Marana Yoga |  |  |   |   |   |  |
|          |   |  |  |   |   |   |  |

|          |   |   |   |   |   |   |  |
|----------|---|---|---|---|---|---|--|
| <b>5</b> | <b>Friday, May 6, 2022</b>  |   | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |   |   |   | Dwarka, India<br>Sun 18<br>Sutra 19<br>Subhakit 5124 |
|          | 231445479   | <b>Gulika</b> 7:59AM – 9:37AM<br><b>Yama</b> 4:08PM – 5:46PM<br><b>Rahu</b> 11:15AM – 12:52PM | <b>Ardra Until 9:10AM</b><br>Dhriti Until 7:06PM<br>Kaulava Until 1:48AM Sat<br><b>Panchami Until 12:34PM</b>   | <b>Ganesha:</b> White<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Vaisaka-Chaitra | <b>Sunrise:</b> 6:21AM<br><b>Sunset:</b> 7:24PM | Moon 4 - Phase 3 - 18<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|          | Mithuna Rasi: 18.2    Tithi 5 – 6<br><br>Creative Work    Siddha Yoga |   |   |   |   |   |  |
|          |   |   |   |   |   |   |  |

|          |  |  |   |   |   |   |  |
|----------|--|--|---|---|---|---|--|
| <b>6</b> | <b>Saturday, May 7, 2022</b>   |  | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |   |   |   | Dwarka, India<br>Sun 19<br>Sutra 20<br>Subhakit 5124 |
|          | 241445479  | <b>Gulika</b> 6:20AM – 7:58AM<br><b>Yama</b> 2:30PM – 4:08PM<br><b>Rahu</b> 9:36AM – 11:14AM | <b>Punarvasu Until 12:16PM</b><br>Shula* Until 7:56PM<br>Gara Until 4:01AM Sun<br><b>Shashthi* Until 2:56PM</b>   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Blue<br>Vaisaka-Chaitra | <b>Sunrise:</b> 6:20AM<br><b>Sunset:</b> 7:24PM | Moon 4 - Phase 3 - 19<br>3rd Phase<br><b>Devaloka Day</b> |  |
|          | Kataka Rasi: 0.13    Tithi 6 – 7<br><br>Creative Work    Siddha Yoga |  |   |   |   |   |  |
|          |  |  |   |   |   |   |  |

|          |  |  |   |   |   |   |  |
|----------|--|--|---|---|---|---|--|
| <b>7</b> | <b>Sunday, May 8, 2022</b>   |  | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |   |   |   | Dwarka, India<br>Sun 20<br>Sutra 21<br>Subhakit 5124 |
|          | 241445479  | <b>Gulika</b> 4:09PM – 5:47PM<br><b>Yama</b> 12:52PM – 2:30PM<br><b>Rahu</b> 5:47PM – 7:25PM | <b>Pushya Until 2:55PM</b><br>Ganda* Until 8:30PM<br>Visti Until 5:50AM Mon<br><b>Saptami Until 4:58PM</b>  | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Blue<br>Vaisaka-Chaitra | <b>Sunrise:</b> 6:20AM<br><b>Sunset:</b> 7:25PM | Moon 4 - Phase 3 - 20<br>3rd Phase<br><b>Devaloka Day</b> |  |
|          | Kataka Rasi: 12.1    Tithi 7 – 8<br><br>Creative Work    Siddha Yoga |  |   |   |   |   |  |
|          |  |  |   |   |   |   |  |

|          |  |   |  |   |   |   |  |
|----------|--|---|--|---|---|---|--|
| <b>8</b> | <b>Monday, May 9, 2022</b>   |   | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava Karana Ashtamyam Titau |   |   |   | Dwarka, India<br>Sun 21<br>Sutra 22<br>Subhakit 5124 |
|          | 241445479  | <b>Gulika</b> 2:30PM – 4:09PM<br><b>Yama</b> 11:14AM – 12:52PM<br><b>Rahu</b> 7:58AM – 9:36AM | <b>Ashlesha* Until 4:55PM</b><br>Vriddhi Until 8:41PM<br>Bava Until 6:30PM<br><b>Ashtami* Until 6:30PM</b>   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Blue<br>Vaisaka-Chaitra | <b>Sunrise:</b> 6:19AM<br><b>Sunset:</b> 7:25PM | Moon 4 - Phase 3 - 21<br>Ashtami<br><b>Devaloka Day</b> |  |
|          | Kataka Rasi: 24.19    Tithi 8<br><b>Family Home Evening</b><br>Creative Work    Siddha Yoga<br>Until 4:55PM<br>Then Routine Work - Marana Yoga |   |  |   |   |   |  |
|          |  |   |  |   |   |   |  |

|          |   |   |   |  |   |  |  |
|----------|---|---|---|--|---|--|--|
| <b>9</b> | <b>Tuesday, May 10, 2022</b>                                    |   | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau |  |   |  | Dwarka, India<br>Sun 22<br>Sutra 23<br>Subhakit 5124 |
|          | 252445479   | <b>Gulika</b> 12:52PM – 2:31PM<br><b>Yama</b> 9:36AM – 11:14AM<br><b>Rahu</b> 4:09PM – 5:47PM | <b>Magha* Until 6:38PM</b><br>Dhruva Until 8:19PM<br>Balava Until 7:03AM<br><b>Navami* Until 7:23PM</b>   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red<br>Vaisaka-Chaitra | <b>Sunrise:</b> 6:19AM<br><b>Sunset:</b> 7:26PM | Moon 4 - Phase 3 - 22<br>Navami<br><b>Devaloka Day</b> |  |
|          | Simha Rasi: 6.41    Tithi 9<br><br>Creative Work    Siddha Yoga |   |   |  |   |  |  |
|          |   |   |   |  |   |  |  |


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

|          |                                |             |  |                                   |                        |                        |                                     |
|----------|--------------------------------|-------------|--|-----------------------------------|------------------------|------------------------|-------------------------------------|
| <b>1</b> | <b>Wednesday, May 11, 2022</b> |             | Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau |                                   |                        |                        | Dwarka, India<br>Sun 23<br>Sutra 24 |
|          | Simha Rasi: 19.23              | Tithi 10    | <b>Gulika</b> 11:14AM – 12:52PM  | <b>Purvaphalguni</b> Until 7:27PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:18AM | Subhakrit 5124                      |
|          |                                |             | Yama 7:57AM – 9:35AM   | Vyaghata* Until 7:23PM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:26PM  | Moon 4 - Phase 4 - 23               |
|          | Creative Work                  | Amrita Yoga | 252445479 <b>Rahu</b> 12:52PM – 2:31PM   | Taitila Until 7:34AM              | <b>Nataraja:</b> Clear |                        | 4th Phase                           |
|          |                                |             | <b>Dashami</b> Until 7:31PM  | Moon – Red                        |                        | <b>Devaloka Day</b>    |                                     |
|          |                                |             |  | Vaisaka-Chaitra                   |                        |                        |                                     |

|          |                               |          |  |                                    |                        |                        |                                     |
|----------|-------------------------------|----------|--|------------------------------------|------------------------|------------------------|-------------------------------------|
| <b>2</b> | <b>Thursday, May 12, 2022</b> |          | Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau |                                    |                        |                        | Dwarka, India<br>Sun 24<br>Sutra 25 |
|          | Kanya Rasi: 2.27              | Tithi 11 | <b>Gulika</b> 9:35AM – 11:14AM   | <b>Uttaraphalguni</b> Until 7:21PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:18AM | Subhakrit 5124                      |
|          |                               |          | Yama 6:18AM – 7:56AM   | Harshana Until 5:51PM              | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:26PM  | Moon 4 - Phase 4 - 24               |
|          |                               |          | 252445479 <b>Rahu</b> 2:31PM – 4:09PM  | Vanija Until 7:19AM                | <b>Nataraja:</b> Clear |                        | 4th Phase                           |
|          |                               |          | <b>Ekadashi</b> Until 6:53PM   | Moon – Red                         |                        | <b>Devaloka Day</b>    |                                     |
|          |                               |          |  | Vaisaka-Chaitra                    |                        |                        |                                     |

|          |                             |               |  |                           |                        |                        |                                     |
|----------|-----------------------------|---------------|--|---------------------------|------------------------|------------------------|-------------------------------------|
| <b>3</b> | <b>Friday, May 13, 2022</b> |               | Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau |                           |                        |                        | Dwarka, India<br>Sun 25<br>Sutra 26 |
|          | Kanya Rasi: 15.56           | Tithi 12 – 13 | <b>Gulika</b> 7:56AM – 9:35AM  | <b>Hasta</b> Until 6:49PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:17AM | Subhakrit 5124                      |
|          |                             |               | Yama 4:10PM – 5:48PM   | Vajra* Until 3:41PM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:27PM  | Moon 4 - Phase 4 - 25               |
|          |                             |               | 262445479 <b>Rahu</b> 11:13AM – 12:52PM  | Bava Until 6:17AM         | <b>Nataraja:</b> Clear |                        | 4th Phase                           |
|          |                             |               | <b>Dvadashi</b> Until 5:28PM   | Moon – Green              |                        | <b>Sivaloka Day</b>    |                                     |
|          |                             |               |  | Vaisaka-Chaitra           |                        |                        |                                     |
|          |                             |               |  | <i>Pradosha Vrata</i>     |                        |                        |                                     |

|          |                               |               |  |                            |                        |                        |                                     |
|----------|-------------------------------|---------------|--|----------------------------|------------------------|------------------------|-------------------------------------|
| <b>4</b> | <b>Saturday, May 14, 2022</b> |               | Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                            |                        |                        | Dwarka, India<br>Sun 26<br>Sutra 27 |
|          | Kanya Rasi: 29.52             | Tithi 13 – 14 | <b>Gulika</b> 6:17AM – 7:56AM  | <b>Chitra</b> Until 5:28PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:17AM | Subhakrit 5124                      |
|          |                               |               | Yama 2:31PM – 4:10PM   | Siddhi Until 12:58PM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:27PM  | Moon 4 - Phase 4 - 26               |
|          |                               |               | 262445479 <b>Rahu</b> 9:34AM – 11:13AM   | Gara Until 2:10AM Sun      | <b>Nataraja:</b> Clear |                        | 4th Phase                           |
|          |                               |               | <b>Trayodashi</b> Until 3:24PM   | Moon – Green               |                        | <b>Sivaloka Day</b>    |                                     |
|          |                               |               |  | Vaisaka-Chaitra            |                        |                        |                                     |

|   |                             |               |   |                           |                        |                        |                                     |
|---|-----------------------------|---------------|---|---------------------------|------------------------|------------------------|-------------------------------------|
|  | <b>Sunday, May 15, 2022</b> |               | Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                           |                        |                        | Dwarka, India<br>Sun 27<br>Sutra 28 |
|   | <b>Copper Retreat Star</b>  |               | <b>Gulika</b> 4:10PM – 5:49PM   | <b>Svati</b> Until 3:26PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:16AM | Subhakrit 5124                      |
|   | Tula Rasi: 14.11            | Tithi 14 – 15 | Yama 12:52PM – 2:31PM   | Vyatipata* Until 9:49AM   | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:28PM  | Moon 4 - Phase 4 - 27               |
|   |                             |               | 262445479 <b>Rahu</b> 5:49PM – 7:28PM   | Visti Until 11:19PM       | <b>Nataraja:</b> Clear |                        | Purnima                             |
|   |                             |               | <b>Chaturdashi*</b> Until 12:46PM   | Moon – Green              |                        | <b>Sivaloka Day</b>    |                                     |
|   |                             |               |   | Vaisaka-Vaikasi           |                        |                        |                                     |

|                             |                            |               |  |                              |                        |                        |                                     |
|-----------------------------|----------------------------|---------------|--|------------------------------|------------------------|------------------------|-------------------------------------|
| <b>Monday, May 16, 2022</b> | <b>Silver Retreat Star</b> |               | Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                              |                        |                        | Dwarka, India<br>Sun 29<br>Sutra 29 |
|                             | <b>Silver Retreat Star</b> |               | <b>Gulika</b> 2:31PM – 4:10PM  | <b>Vishakha</b> Until 1:17PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:16AM | Subhakrit 5124                      |
|                             | Tula Rasi: 28.5            | Tithi 15 – 16 | Yama 11:13AM – 12:52PM   | Variyan Until 6:16AM         | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:28PM  | Moon 4 - Phase 4 - Prathama         |
|                             |                            |               | 272445479 <b>Rahu</b> 7:55AM – 9:34AM  | Balava Until 8:07PM          | <b>Nataraja:</b> Clear |                        |                                     |
|                             |                            |               | <b>Purnima*</b> Until 9:44AM   | Moon – Orange                |                        | <b>Devaloka Day</b>    |                                     |
|                             |                            |               |  | Vaisaka-Vaikasi              |                        |                        |                                     |



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Dwarka, India  
Sutra 30

Vrischika Rasi: 13.41 Tithi 16 – 17

272445479

**Gulika** 12:52PM – 2:31PM  
Yama 9:34AM – 11:13AM  
**Rahu** 4:10PM – 5:50PM

**Anuradha Until 10:45AM**  
Shiva Until 10:37PM  
Gara Until 3:01AM Wed  
**Prathama\* Until 6:26AM**

**Ganesha:** Yellow *Sunrise:* 6:16AM  
**Muruqa:** White *Sunset:* 7:29PM  
**Nataraja:** Clear  
Moon – Orange  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 10:45AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Vanija/Visli\* Karana Tritiyayam Titau

Dwarka, India  
Sutra 31

Vrischika Rasi: 28.39 Tithi 18

272445479

**Gulika** 11:13AM – 12:52PM  
Yama 7:54AM – 9:34AM  
**Rahu** 12:52PM – 2:31PM

**Jyeshtha\* Until 8:01AM**  
Siddha Until 6:43PM  
Vanija Until 1:19PM  
**Tritiya Until 11:38PM**

**Ganesha:** Yellow *Sunrise:* 6:15AM  
**Muruqa:** White *Sunset:* 7:29PM  
**Nataraja:** Clear  
Moon – Orange  
Vaisaka-Vaikasi

Sun 1  
Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 8:01AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Dwarka, India  
Sutra 32

Dhanus Rasi: 13.34 Tithi 19

282445479

**Gulika** 9:34AM – 11:13AM  
Yama 6:15AM – 7:54AM  
**Rahu** 2:32PM – 4:11PM

**Purvashadha\* Until 3:17AM Fri**  
Sadhya Until 2:57PM  
Bava Until 10:00AM  
**Chaturthi\* Until 8:25PM**

**Ganesha:** Blue *Sunrise:* 6:15AM  
**Muruqa:** White *Sunset:* 7:30PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Sun 2  
Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 3:17AM Fri  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Dwarka, India  
Sutra 33

Dhanus Rasi: 28.19 Tithi 20 – 21

282445479

**Gulika** 7:54AM – 9:33AM  
Yama 4:11PM – 5:51PM  
**Rahu** 11:13AM – 12:52PM

**Uttarashadha Until 1:10AM Sat**  
Subha Until 11:25AM  
Kaulava Until 6:56AM  
**Panchami Until 5:31PM**

**Ganesha:** Blue *Sunrise:* 6:14AM  
**Muruqa:** White *Sunset:* 7:30PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Sun 3  
Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga  
Until 1:10AM Sat  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Dwarka, India  
Sutra 34

Makara Rasi: 12.47 Tithi 21 – 22

292445479

**Gulika** 6:14AM – 7:54AM  
Yama 2:32PM – 4:11PM  
**Rahu** 9:33AM – 11:13AM

**Shravana Until 11:47PM**  
Sukla Until 8:11AM  
Visti Until 1:58AM Sun  
**Shashthi\* Until 3:01PM**

**Ganesha:** Red *Sunrise:* 6:14AM  
**Muruqa:** White *Sunset:* 7:31PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Sun 4  
Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Sunday, May 22, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dwarka, India  
Sutra 35

Makara Rasi: 26.58 Tithi 22 – 23

292445479

**Gulika** 4:12PM – 5:51PM  
Yama 12:52PM – 2:32PM  
**Rahu** 5:51PM – 7:31PM

**Dhanishtha Until 10:47PM**  
Indra Until 2:59AM Mon  
Balava Until 12:15AM Mon  
**Saptami Until 1:01PM**

**Ganesha:** Red *Sunrise:* 6:14AM  
**Muruqa:** White *Sunset:* 7:31PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Sun 5  
Subhakrit 5124  
Moon 5 - Phase 5 -  
Ashtami

Routine Work Marana Yoga  
Until 10:47PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Monday, May 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dwarka, India  
Sutra 36

Kumbha Rasi: 10.46 Tithi 23 – 24

292445479

**Gulika** 2:32PM – 4:12PM  
Yama 11:13AM – 12:52PM  
**Rahu** 7:53AM – 9:33AM

**Shatabhishak Until 10:13PM**  
Vaidhriti\* Until 1:04AM Tue  
Taitila Until 11:08PM  
**Ashtami\* Until 11:36AM**

**Ganesha:** Red *Sunrise:* 6:13AM  
**Muruqa:** White *Sunset:* 7:31PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Sun 6  
Subhakrit 5124  
Moon 5 - Phase 5 -  
Navami

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:13PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|                                  |                              |                              |   |  |                        |                        |                     |
|----------------------------------|------------------------------|------------------------------|---|--|------------------------|------------------------|---------------------|
| <b>1</b>                         | <b>Tuesday, May 24, 2022</b> |                              | Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |  |                        |                        | Dwarka, India       |
|                                  | Kumbha Rasi: 24.14           | Tithi 24 – 25                | <b>Gulika</b> 12:53PM – 2:32PM  | <b>Purvaproshtapada* Until 10:33PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:13AM | Sun 7 Subhakra 5124 |
|                                  | 213545479                    | <b>Rahu</b> 4:12PM – 5:52PM  | <b>Vishkambha* Until 11:39PM</b>  | <b>Muruqa:</b> White                   | <i>Sunset:</i> 7:32PM  | Moon 5 - Phase 6 - 7   | 2nd Phase           |
| Routine Work Marana Yoga         |                              | <b>Vanija Until 10:36PM</b>  |   | <b>Nataraja:</b> Clear                 | <b>Devaloka Day</b>    |                        |                     |
| Until 10:33PM                    |                              | <b>Navami* Until 10:46AM</b> |   | <b>Moon – Clear</b>                    | <b>Vaisaka-Vaikasi</b> |                        |                     |
| Then Creative Work - Amrita Yoga |                              |                              |   |  |                        |                        |                     |


|                                 |                                |                              |   |  |                        |                        |                     |
|---------------------------------|--------------------------------|------------------------------|---|--|------------------------|------------------------|---------------------|
| <b>2</b>                        | <b>Wednesday, May 25, 2022</b> |                              | Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  |                        |                        | Dwarka, India       |
|                                 | Meena Rasi: 7.22               | Tithi 25 – 26                | <b>Gulika</b> 11:13AM – 12:53PM   | <b>Uttaraproshtapada Until 11:18PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:13AM | Sun 8 Subhakra 5124 |
|                                 | 213545479                      | <b>Rahu</b> 12:53PM – 2:33PM | <b>Priti Until 10:43PM</b>  | <b>Muruqa:</b> White                   | <i>Sunset:</i> 7:32PM  | Moon 5 - Phase 6 - 8   | 2nd Phase           |
| Creative Work Siddha Yoga       |                                | <b>Bava Until 10:40PM</b>    |   | <b>Nataraja:</b> Clear                 | <b>Devaloka Day</b>    |                        |                     |
| Until 11:18PM                   |                                | <b>Dashami Until 10:32AM</b> |   | <b>Moon – Clear</b>                    | <b>Vaisaka-Vaikasi</b> |                        |                     |
| Then Routine Work - Marana Yoga |                                |                              |   |  |                        |                        |                     |

|                                  |                               |                                |  |                                 |                        |                        |                     |
|----------------------------------|-------------------------------|--------------------------------|--|---------------------------------|------------------------|------------------------|---------------------|
| <b>3</b>                         | <b>Thursday, May 26, 2022</b> |                                | Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                 |                        |                        | Dwarka, India       |
|                                  | Meena Rasi: 20.13             | Tithi 26 – 27                  | <b>Gulika</b> 9:33AM – 11:13AM   | <b>Revati Until 12:27AM Fri</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:13AM | Sun 9 Subhakra 5124 |
|                                  | 313545479                     | <b>Rahu</b> 2:33PM – 4:13PM    | <b>Ayushman Until 10:12PM</b>  | <b>Muruqa:</b> White            | <i>Sunset:</i> 7:32PM  | Moon 5 - Phase 6 - 9   | 2nd Phase           |
| Creative Work Siddha Yoga        |                               | <b>Kaulava Until 11:17PM</b>   |  | <b>Nataraja:</b> Clear          | <b>Sivaloka Day</b>    |                        |                     |
| Until 12:27AM Fri                |                               | <b>Ekadashi* Until 10:53AM</b> |  | <b>Moon – Clear</b>             | <b>Vaisaka-Vaikasi</b> |                        |                     |
| Then Creative Work - Amrita Yoga |                               |                                |  |                                 |                        |                        |                     |

|                                  |                             |                                 |  |                                 |                        |                        |                      |
|----------------------------------|-----------------------------|---------------------------------|--|---------------------------------|------------------------|------------------------|----------------------|
| <b>4</b>                         | <b>Friday, May 27, 2022</b> |                                 | Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashvini Nakshatra Saubhagya Yoga Titila/Gara Karana Dvadashi/Trayodashyam Titau |                                 |                        |                        | Dwarka, India        |
|                                  | Mesha Rasi: 2.48            | Tithi 27 – 28                   | <b>Gulika</b> 7:53AM – 9:33AM  | <b>Ashvini Until 2:24AM Sat</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:12AM | Sun 10 Subhakra 5124 |
|                                  | 323545479                   | <b>Rahu</b> 11:13AM – 12:53PM   | <b>Saubhagya Until 10:05PM</b>   | <b>Muruqa:</b> White            | <i>Sunset:</i> 7:33PM  | Moon 5 - Phase 6 - 10  | 2nd Phase            |
| Creative Work Amrita Yoga        |                             | <b>Gara Until 12:25AM Sat</b>   |  | <b>Nataraja:</b> Clear          | <b>Devaloka Day</b>    |                        |                      |
| Until 2:24AM Sat                 |                             | <b>Dvadashi* Until 11:47AM</b>  |  | <b>Moon – White</b>             | <b>Vaisaka-Vaikasi</b> |                        |                      |
| Then Creative Work - Siddha Yoga |                             | <i>Pradosha Vrata (Fasting)</i> |  |                                 |                        |                        |                      |

|                           |                               |                                 |   |                                 |                        |                        |                      |
|---------------------------|-------------------------------|---------------------------------|---|---------------------------------|------------------------|------------------------|----------------------|
| <b>5</b>                  | <b>Saturday, May 28, 2022</b> |                                 | Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                 |                        |                        | Dwarka, India        |
|                           | Mesha Rasi: 15.1              | Tithi 28 – 29                   | <b>Gulika</b> 6:12AM – 7:52AM   | <b>Bharani Until 4:38AM Sun</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:12AM | Sun 11 Subhakra 5124 |
|                           | 323545479                     | <b>Rahu</b> 9:33AM – 11:13AM    | <b>Sobhana Until 10:21PM</b>  | <b>Muruqa:</b> White            | <i>Sunset:</i> 7:34PM  | Moon 5 - Phase 6 - 11  | 2nd Phase            |
| Creative Work Siddha Yoga |                               | <b>Visti Until 2:00AM Sun</b>   |   | <b>Nataraja:</b> Clear          | <b>Devaloka Day</b>    |                        |                      |
|                           |                               | <b>Trayodashi* Until 1:09PM</b> |   | <b>Moon – White</b>             | <b>Vaisaka-Vaikasi</b> |                        |                      |

|                                  |                             |                                   |   |                                  |                        |                        |                      |
|----------------------------------|-----------------------------|-----------------------------------|---|----------------------------------|------------------------|------------------------|----------------------|
| <b>6</b>                         | <b>Sunday, May 29, 2022</b> |                                   | Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                  |                        |                        | Dwarka, India        |
|                                  | Mesha Rasi: 27.21           | Tithi 29 – 30                     | <b>Gulika</b> 4:14PM – 5:54PM   | <b>Krittika Until 7:02AM Mon</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:12AM | Sun 12 Subhakra 5124 |
|                                  | 323545479                   | <b>Rahu</b> 5:54PM – 7:34PM       | <b>Athiganda* Until 10:52PM</b>   | <b>Muruqa:</b> White             | <i>Sunset:</i> 7:34PM  | Moon 5 - Phase 6 - 12  | 2nd Phase            |
| Creative Work Siddha Yoga        |                             | <b>Catuspada Until 3:58AM Mon</b> |   | <b>Nataraja:</b> Clear           | <b>Devaloka Day</b>    |                        |                      |
| Until 7:02AM Mon                 |                             | <b>Chaturdashi* Until 2:55PM</b>  |   | <b>Moon – White</b>              | <b>Vaisaka-Vaikasi</b> |                        |                      |
| Then Creative Work - Amrita Yoga |                             |                                   |   |                                  |                        |                        |                      |

|   |                             |                               |   |                              |                        |                        |                       |
|---|-----------------------------|-------------------------------|---|------------------------------|------------------------|------------------------|-----------------------|
|  | <b>Monday, May 30, 2022</b> |                               | Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                              |                        |                        | Dwarka, India         |
|   | <b>Retreat Star</b>         |                               | <b>Gulika</b> 2:34PM – 4:14PM   | <b>Krittika Until 7:02AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:12AM | Sun 13 Subhakra 5124  |
|   | Vrishabha Rasi: 9.23        | Tithi 30 – 1                  | <b>Yama</b> 11:13AM – 12:53PM   | <b>Sukarma Until 11:39PM</b> | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:34PM  | Moon 5 - Phase 6 - 13 |
| <b>Family Home Evening</b>  |                             | <b>Rahu</b> 7:52AM – 9:33AM   | <b>Kintughna Until 6:12AM Tue</b>   | <b>Nataraja:</b> Clear       | <b>Devaloka Day</b>    |                        |                       |
| Routine Work Marana Yoga  |                             | <b>Amavasya* Until 5:02PM</b> |   | <b>Moon – White</b>          | <b>Vaisaka-Vaikasi</b> |                        |                       |
| Until 7:02AM  |                             |                               |   |                              |                        |                        |                       |
| Then Creative Work - Amrita Yoga  |                             |                               |   |                              |                        |                        |                       |

|                                  |                              |                               |   |                                 |                         |                        |                       |
|----------------------------------|------------------------------|-------------------------------|---|---------------------------------|-------------------------|------------------------|-----------------------|
| <b>7</b>                         | <b>Tuesday, May 31, 2022</b> |                               | Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau |                                 |                         |                        | Dwarka, India         |
|                                  | <b>Retreat Star</b>          |                               | <b>Gulika</b> 12:53PM – 2:34PM  | <b>Rohini Until 10:03AM</b>     | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:12AM | Sun 14 Subhakra 5124  |
|                                  | Vrishabha Rasi: 21.19        | Tithi 1                       | <b>Yama</b> 9:33AM – 11:13AM  | <b>Dhriti Until 12:36AM Wed</b> | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:35PM  | Moon 5 - Phase 6 - 14 |
| Creative Work Amrita Yoga        |                              | <b>Rahu</b> 4:14PM – 5:55PM   | <b>Kintughna Until 6:12AM</b>   | <b>Nataraja:</b> Clear          | <b>Devaloka Day</b>     |                        |                       |
| Until 10:03AM                    |                              | <b>Prathama* Until 7:22PM</b> |   | <b>Moon – Yellow</b>            | <b>Jyeshtha-Vaikasi</b> |                        |                       |
| Then Creative Work - Siddha Yoga |                              |                               |   |                                 |                         |                        |                       |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

|          |                                |             |   |                                |                        |                        |  |
|----------|--------------------------------|-------------|---|--------------------------------|------------------------|------------------------|--|
| <b>1</b> | <b>Wednesday, June 1, 2022</b> |             | Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                |                        |                        | Dwarka, India<br>Sun 15<br>Sutra 45<br>Subhakit 5124 |
|          | Mithuna Rasi: 3.11             | Tithi 2     | <b>Gulika</b> 11:13AM – 12:53PM   | <b>Mrigashira</b> Until 1:03PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:12AM |  |
|          |                                |             | Yama 7:52AM – 9:33AM  | Shula* Until 1:35AM Thu        | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:35PM  | Moon 5 - Phase 7 - 15                                |
|          | Creative Work                  | Siddha Yoga | 333545479 <b>Rahu</b> 12:53PM – 2:34PM  | Balava Until 8:37AM            | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
|          |                                |             | <b>Dvitiya</b> Until 9:50PM   | Moon – Yellow                  |                        | <b>Devaloka Day</b>    |  |
|          |                                |             |   | Jyeshtha-Vaikasi               |                        |                        |  |

|                                  |                               |             |   |                           |                        |                        |  |
|----------------------------------|-------------------------------|-------------|---|---------------------------|------------------------|------------------------|--|
| <b>2</b>                         | <b>Thursday, June 2, 2022</b> |             | Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau |                           |                        |                        | Dwarka, India<br>Sun 16<br>Sutra 46<br>Subhakit 5124 |
|                                  | Mithuna Rasi: 15.01           | Tithi 3     | <b>Gulika</b> 9:33AM – 11:13AM  | <b>Ardra</b> Until 3:55PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:11AM |  |
|                                  |                               |             | Yama 6:11AM – 7:52AM  | Ganda* Until 2:36AM Fri   | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 7 - 16                                |
|                                  | Routine Work                  | Marana Yoga | 333545479 <b>Rahu</b> 2:34PM – 4:15PM   | Taitila Until 11:06AM     | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
| Until 3:55PM                     |                               |             | <b>Tritiya</b> Until 12:19AM Fri  | Moon – Yellow             |                        | <b>Devaloka Day</b>    |  |
| Then Creative Work - Amrita Yoga |                               |             |   | Jyeshtha-Vaikasi          |                        |                        |  |

|                                 |                             |             |  |                               |                        |                        |  |
|---------------------------------|-----------------------------|-------------|--|-------------------------------|------------------------|------------------------|--|
| <b>3</b>                        | <b>Friday, June 3, 2022</b> |             | Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau |                               |                        |                        | Dwarka, India<br>Sun 17<br>Sutra 47<br>Subhakit 5124 |
|                                 | Mithuna Rasi: 26.51         | Tithi 4     | <b>Gulika</b> 7:52AM – 9:33AM  | <b>Punarvasu</b> Until 7:05PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:11AM |  |
|                                 |                             |             | Yama 4:15PM – 5:56PM   | Vriddhi Until 3:33AM Sat      | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:36PM  | Moon 5 - Phase 7 - 17                                |
|                                 | Creative Work               | Siddha Yoga | 343555479 <b>Rahu</b> 11:13AM – 12:54PM  | Vanija Until 1:33PM           | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
| Until 7:05PM                    |                             |             | <b>Chaturthi*</b> Until 2:42AM Sat   | Moon – Blue                   |                        | <b>Devaloka Day</b>    |  |
| Then Routine Work - Marana Yoga |                             |             |  | Jyeshtha-Vaikasi              |                        |                        |  |

|                                 |                               |             |  |                            |                        |                        |  |
|---------------------------------|-------------------------------|-------------|--|----------------------------|------------------------|------------------------|--|
| <b>4</b>                        | <b>Saturday, June 4, 2022</b> |             | Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau |                            |                        |                        | Dwarka, India<br>Sun 18<br>Sutra 48<br>Subhakit 5124 |
|                                 | Kataka Rasi: 8.44             | Tithi 5     | <b>Gulika</b> 6:11AM – 7:52AM  | <b>Pushya</b> Until 9:53PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:11AM |  |
|                                 |                               |             | Yama 2:35PM – 4:15PM   | Dhruva Until 4:17AM Sun    | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:37PM  | Moon 5 - Phase 7 - 18                                |
|                                 | Creative Work                 | Siddha Yoga | 343555479 <b>Rahu</b> 9:33AM – 11:13AM   | Bava Until 3:50PM          | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
| Until 9:53PM                    |                               |             | <b>Panchami</b> Until 4:51AM Sun   | Moon – Blue                |                        | <b>Devaloka Day</b>    |  |
| Then Routine Work - Marana Yoga |                               |             |  | Jyeshtha-Vaikasi           |                        |                        |  |

|                                 |                             |             |  |                                    |                         |                        |  |
|---------------------------------|-----------------------------|-------------|--|------------------------------------|-------------------------|------------------------|--|
| <b>5</b>                        | <b>Sunday, June 5, 2022</b> |             | Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau |                                    |                         |                        | Dwarka, India<br>Sun 19<br>Sutra 49<br>Subhakit 5124 |
|                                 | Kataka Rasi: 20.43          | Tithi 6     | <b>Gulika</b> 4:16PM – 5:56PM  | <b>Ashlesha*</b> Until 12:12AM Mon | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:11AM |  |
|                                 |                             |             | Yama 12:54PM – 2:35PM  | Vyaghata* Until 4:45AM Mon         | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:37PM  | Moon 5 - Phase 7 - 19                                |
|                                 | Creative Work               | Siddha Yoga | 343555471 <b>Rahu</b> 5:56PM – 7:37PM  | Kaulava Until 5:49PM               | <b>Nataraja:</b> Yellow |                        | 3rd Phase  |
| Until 12:12AM Mon               |                             |             | <b>Shashthi*</b> Until 6:38AM Mon  | Moon – Blue                        |                         | <b>Devaloka Day</b>    |  |
| Then Routine Work - Marana Yoga |                             |             |  | Jyeshtha-Vaikasi                   |                         |                        |  |

|                                  |                             |             |  |                                |                         |                        |  |
|----------------------------------|-----------------------------|-------------|--|--------------------------------|-------------------------|------------------------|--|
| <b>6</b>                         | <b>Monday, June 6, 2022</b> |             | Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau |                                |                         |                        | Dwarka, India<br>Sun 20<br>Sutra 50<br>Subhakit 5124 |
|                                  | Simha Rasi: 2.51            | Tithi 6 – 7 | <b>Gulika</b> 2:35PM – 4:16PM  | <b>Magha*</b> Until 2:23AM Tue | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:11AM |  |
|                                  | <b>Family Home Evening</b>  |             | Yama 11:14AM – 12:54PM   | Harshana Until 4:51AM Tue      | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:37PM  | Moon 5 - Phase 7 - 20                                |
|                                  | Routine Work                | Marana Yoga | 353555471 <b>Rahu</b> 7:52AM – 9:33AM  | Gara Until 7:21PM              | <b>Nataraja:</b> Yellow |                        | 3rd Phase  |
| Until 2:23AM Tue                 |                             |             | <b>Shashthi*</b> Until 6:38AM  | Moon – Red                     |                         | <b>Sivaloka Day</b>    |  |
| Then Creative Work - Siddha Yoga |                             |             |  | Jyeshtha-Vaikasi               |                         |                        |  |

|                                  |                              |             |  |                                       |                         |                        |  |
|----------------------------------|------------------------------|-------------|--|---------------------------------------|-------------------------|------------------------|--|
| <b>D</b>                         | <b>Tuesday, June 7, 2022</b> |             | Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                       |                         |                        | Dwarka, India<br>Sun 21<br>Sutra 51<br>Subhakit 5124 |
|                                  | Simha Rasi: 15.12            | Tithi 7 – 8 | <b>Gulika</b> 12:54PM – 2:35PM   | <b>Purvaphalguni</b> Until 3:48AM Wed | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:11AM |  |
|                                  |                              |             | Yama 9:33AM – 11:14AM  | Vajra* Until 4:25AM Wed               | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:38PM  | Moon 5 - Phase 7 - 21                                |
|                                  | Creative Work                | Siddha Yoga | 354555471 <b>Rahu</b> 4:16PM – 5:57PM  | Visti Until 8:18PM                    | <b>Nataraja:</b> Yellow |                        | Ashtami  |
| Until 3:48AM Wed                 |                              |             | <b>Saptami</b> Until 7:53AM  | Moon – Red                            |                         | <b>Devaloka Day</b>    |  |
| Then Creative Work - Amrita Yoga |                              |             |  | Jyeshtha-Vaikasi                      |                         |                        |  |

|                                 |                                |             |  |  |                         |                        |  |
|---------------------------------|--------------------------------|-------------|--|--|-------------------------|------------------------|--|
| <b>D</b>                        | <b>Wednesday, June 8, 2022</b> |             | Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau |  |                         |                        | Dwarka, India<br>Sun 22<br>Sutra 52<br>Subhakit 5124 |
|                                 | Simha Rasi: 27.5               | Tithi 8 – 9 | <b>Gulika</b> 11:14AM – 12:55PM  | <b>Uttaraphalguni</b> Until 4:21AM Thu | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:11AM |  |
|                                 |                                |             | Yama 7:52AM – 9:33AM   | Siddhi Until 3:25AM Thu                | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:38PM  | Moon 5 - Phase 7 - 22                                |
|                                 | Creative Work                  | Amrita Yoga | 354555471 <b>Rahu</b> 12:55PM – 2:36PM   | Balava Until 8:33PM                    | <b>Nataraja:</b> Yellow |                        | Navami   |
| Until 4:21AM Thu                |                                |             | <b>Ashtami*</b> Until 8:30AM   | Moon – Red                             |                         | <b>Devaloka Day</b>    |  |
| Then Routine Work - Marana Yoga |                                |             |  | Jyeshtha-Vaikasi                       |                         |                        |  |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


|                                  |                               |              |   |                                      |                             |                        |                                     |
|----------------------------------|-------------------------------|--------------|---|--------------------------------------|-----------------------------|------------------------|-------------------------------------|
| <b>1</b>                         | <b>Thursday, June 9, 2022</b> |              | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                      |                             |                        | Dwarka, India<br>Sun 23<br>Sutra 53 |
|                                  | Kanya Rasi: 10.49             | Tithi 9 – 10 | <b>Gulika</b> 9:33AM – 11:14AM  | <b>Hasta</b> <b>Until 4:25AM Fri</b> | <b>Ganesha:</b> White       | <i>Sunrise:</i> 6:11AM | Subhakrit 5124                      |
|                                  |                               |              | Yama 6:11AM – 7:52AM  | Vyatipata* Until 1:49AM Fri          | <b>Muruqa:</b> Green        | <i>Sunset:</i> 7:38PM  | Moon 5 - Phase 8 - 23               |
|                                  |                               |              | 364555471 <b>Rahu</b> 2:36PM – 4:17PM   | Taitila Until 8:01PM                 | <b>Nataraja:</b> Yellow     |                        | 4th Phase                           |
| Routine Work Marana Yoga         |                               |              | <b>Navami* Until 8:21AM</b>   | Moon – Green                         | <b>Bhuloka Day</b>          |                        |                                     |
| Until 4:25AM Fri                 |                               |              |   | Jyeshtha-Vaikasi                     | Devaloka Time: 6:PM to 9:PM |                        |                                     |
| Then Creative Work - Siddha Yoga |                               |              |   |                                      |                             |                        |                                     |

|                           |                              |               |  |                                       |                             |                        |                                     |
|---------------------------|------------------------------|---------------|--|---------------------------------------|-----------------------------|------------------------|-------------------------------------|
| <b>2</b>                  | <b>Friday, June 10, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra Nakshatra Varyian Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                       |                             |                        | Dwarka, India<br>Sun 24<br>Sutra 54 |
|                           | Kanya Rasi: 24.13            | Tithi 10 – 11 | <b>Gulika</b> 7:52AM – 9:33AM  | <b>Chitra</b> <b>Until 3:35AM Sat</b> | <b>Ganesha:</b> White       | <i>Sunrise:</i> 6:11AM | Subhakrit 5124                      |
|                           |                              |               | Yama 4:17PM – 5:58PM   | Variyan Until 11:33PM                 | <b>Muruqa:</b> Green        | <i>Sunset:</i> 7:39PM  | Moon 5 - Phase 8 - 24               |
|                           |                              |               | 364555471 <b>Rahu</b> 11:14AM – 12:55PM  | Vanija Until 6:42PM                   | <b>Nataraja:</b> Yellow     |                        | 4th Phase                           |
| Creative Work Siddha Yoga |                              |               | <b>Dashami</b> <b>Until 7:26AM</b>   | Moon – Green                          | <b>Bhuloka Day</b>          |                        |                                     |
|                           |                              |               |  | Jyeshtha-Vaikasi                      | Devaloka Time: 6:PM to 9:PM |                        |                                     |

|                                 |                                |          |  |                                      |                             |                        |                                     |
|---------------------------------|--------------------------------|----------|--|--------------------------------------|-----------------------------|------------------------|-------------------------------------|
| <b>3</b>                        | <b>Saturday, June 11, 2022</b> |          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau |                                      |                             |                        | Dwarka, India<br>Sun 25<br>Sutra 55 |
|                                 | Tula Rasi: 8.04                | Tithi 12 | <b>Gulika</b> 6:11AM – 7:52AM  | <b>Svati</b> <b>Until 1:54AM Sun</b> | <b>Ganesha:</b> White       | <i>Sunrise:</i> 6:11AM | Subhakrit 5124                      |
|                                 |                                |          | Yama 2:36PM – 4:17PM   | Parigha* Until 8:43PM                | <b>Muruqa:</b> Green        | <i>Sunset:</i> 7:39PM  | Moon 5 - Phase 8 - 25               |
|                                 |                                |          | 364555471 <b>Rahu</b> 9:33AM – 11:14AM   | Bava Until 4:38PM                    | <b>Nataraja:</b> Yellow     |                        | 4th Phase                           |
| Creative Work Siddha Yoga       |                                |          | <b>Dvadashi</b> <b>Until 3:21AM Sun</b>  | Moon – Green                         | <b>Bhuloka Day</b>          |                        |                                     |
| Until 1:54AM Sun                |                                |          |  | Jyeshtha-Vaikasi                     | Devaloka Time: 6:PM to 9:PM |                        |                                     |
| Then Routine Work - Marana Yoga |                                |          |  |                                      |                             |                        |                                     |

|                          |                              |                        |   |                                      |                         |                        |                                     |
|--------------------------|------------------------------|------------------------|---|--------------------------------------|-------------------------|------------------------|-------------------------------------|
| <b>4</b>                 | <b>Sunday, June 12, 2022</b> |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                      |                         |                        | Dwarka, India<br>Sun 26<br>Sutra 56 |
|                          | Tula Rasi: 22.23             | Tithi 13               | <b>Gulika</b> 4:17PM – 5:58PM   | <b>Vishakha</b> <b>Until 11:54PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:11AM | Subhakrit 5124                      |
|                          |                              |                        | Yama 12:55PM – 2:36PM   | Shiva Until 5:23PM                   | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:40PM  | Moon 5 - Phase 8 - 26               |
|                          |                              |                        | 374555471 <b>Rahu</b> 5:58PM – 7:40PM   | Kaulava Until 1:57PM                 | <b>Nataraja:</b> Yellow |                        | 4th Phase                           |
| Routine Work Marana Yoga |                              |                        | <b>Trayodashi</b> <b>Until 12:23AM Mon</b>  | Moon – Orange                        | <b>Devaloka Day</b>     |                        |                                     |
|                          |                              | <b>Vaikasi Visakam</b> |   | Jyeshtha-Vaikasi                     |                         |                        |                                     |
|                          |                              |                        | <i>Pradosha Vrata</i>   |                                      |                         |                        |                                     |

|                           |                              |          |  |                                     |                         |                        |                                     |
|---------------------------|------------------------------|----------|--|-------------------------------------|-------------------------|------------------------|-------------------------------------|
| <b>5</b>                  | <b>Monday, June 13, 2022</b> |          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau |                                     |                         |                        | Dwarka, India<br>Sun 27<br>Sutra 57 |
|                           | Vrischika Rasi: 7.05         | Tithi 14 | <b>Gulika</b> 2:37PM – 4:18PM  | <b>Anuradha</b> <b>Until 9:20PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:11AM | Subhakrit 5124                      |
|                           | <b>Family Home Evening</b>   |          | Yama 11:15AM – 12:56PM   | Siddha Until 1:38PM                 | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:40PM  | Moon 5 - Phase 8 - 27               |
|                           |                              |          | 374555471 <b>Rahu</b> 7:52AM – 9:34AM  | Gara Until 10:45AM                  | <b>Nataraja:</b> Yellow |                        | 4th Phase                           |
| Creative Work Siddha Yoga |                              |          | <b>Chaturdashi* Until 9:00PM</b>   | Moon – Orange                       | <b>Devaloka Day</b>     |                        |                                     |
|                           |                              |          |  | Jyeshtha-Vaikasi                    |                         |                        |                                     |

|   |                               |               |   |                                      |                         |                        |                                     |
|---|-------------------------------|---------------|---|--------------------------------------|-------------------------|------------------------|-------------------------------------|
|  | <b>Tuesday, June 14, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Balava Karana Purnima/Prathamayam Titau |                                      |                         |                        | Dwarka, India<br>Sun 27<br>Sutra 58 |
|   | <b>Copper Retreat Star</b>    |               | <b>Gulika</b> 12:56PM – 2:37PM  | <b>Jyeshtha*</b> <b>Until 6:22PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:12AM | Subhakrit 5124                      |
|   | Vrischika Rasi: 22.06         | Tithi 15 – 16 | Yama 9:34AM – 11:15AM   | Sadhya Until 9:36AM                  | <b>Muruqa:</b> Green    | <i>Sunset:</i> 7:40PM  | Moon 5 - Phase 8 - Purnima          |
|   |                               |               | 374555471 <b>Rahu</b> 4:18PM – 5:59PM   | Visti Until 7:12AM                   | <b>Nataraja:</b> Yellow |                        |                                     |
| Routine Work Marana Yoga  |                               |               | <b>Purnima* Until 5:19PM</b>  | Moon – Orange                        | <b>Devaloka Day</b>     |                        |                                     |
| Until 6:22PM  |                               |               |   | Jyeshtha-Vaikasi                     |                         |                        |                                     |
| Then Creative Work - Amrita Yoga  |                               |               |   |                                      |                         |                        |                                     |

|                                  |                                 |               |  |                                  |                             |                        |                                     |
|----------------------------------|---------------------------------|---------------|--|----------------------------------|-----------------------------|------------------------|-------------------------------------|
| <b>○</b>                         | <b>Wednesday, June 15, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau |                                  |                             |                        | Dwarka, India<br>Sun 28<br>Sutra 59 |
|                                  | <b>Silver Retreat Star</b>      |               | <b>Gulika</b> 11:15AM – 12:56PM  | <b>Mula*</b> <b>Until 3:32PM</b> | <b>Ganesha:</b> Blue        | <i>Sunrise:</i> 6:12AM | Subhakrit 5124                      |
|                                  | Dhanus Rasi: 7.17               | Tithi 16 – 17 | Yama 7:53AM – 9:34AM   | Sukla Until 1:14AM Thu           | <b>Muruqa:</b> Green        | <i>Sunset:</i> 7:40PM  | Moon 5 - Phase 8 - Prathama         |
|                                  |                                 |               | 384555471 <b>Rahu</b> 12:56PM – 2:37PM   | Taitila Until 11:39PM            | <b>Nataraja:</b> Yellow     |                        |                                     |
| Routine Work Marana Yoga         |                                 |               | <b>Prathama* Until 1:32PM</b>  | Moon – Light Blue                | <b>Bhuloka Day</b>          |                        |                                     |
| Until 3:32PM                     |                                 |               |  | Jyeshtha-Ani                     | Devaloka Time: 6:PM to 9:PM |                        |                                     |
| Then Creative Work - Amrita Yoga |                                 |               |  |                                  |                             |                        |                                     |





Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

Dwarka, India

Sun 1 Sutra 60

Subhakrit 5124

Dhanus Rasi: 22.28 Tithi 17 - 18

384555471

Gulika 9:34AM - 11:15AM  
Yama 6:12AM - 7:53AM  
Rahu 2:37PM - 4:18PM

Purvashadha\* Until 12:38PM

Brahma Until 9:10PM

Vanija Until 8:00PM

Dvitiya Until 9:47AM

Ganesha: Blue

Muruqa: Green

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Sunrise: 6:12AM

Sunset: 7:41PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 12:38PM

Then Routine Work - Marana Yoga

1

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili\* Yoga Visti\*/Balava Karana Tritiya/Chaturthiyam Titau

Dwarka, India

Sun 2 Sutra 61

Subhakrit 5124

Makara Rasi: 7.31 Tithi 18 - 19

384555471

Gulika 7:53AM - 9:34AM  
Yama 4:19PM - 6:00PM  
Rahu 11:15AM - 12:56PM

Uttarashadha Until 9:51AM

Indra Until 5:21PM

Balava Until 3:04AM Sat

Tritiya Until 6:15AM

Ganesha: Blue

Muruqa: Green

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Sunrise: 6:12AM

Sunset: 7:41PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

2

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili\*/Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dwarka, India

Sun 3 Sutra 62

Subhakrit 5124

Makara Rasi: 22.17 Tithi 20

394655471

Gulika 6:12AM - 7:53AM  
Yama 2:38PM - 4:19PM  
Rahu 9:34AM - 11:16AM

Shravana Until 7:43AM

Vaidhrili\* Until 1:53PM

Kaulava Until 1:41PM

Panchami Until 12:24AM Sun

Ganesha: Blue

Muruqa: Green

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sunrise: 6:12AM

Sunset: 7:41PM

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shashthiyam Titau

Dwarka, India

Sun 4 Sutra 63

Subhakrit 5124

Kumbha Rasi: 6.4 Tithi 21

395655471

Gulika 4:19PM - 6:00PM  
Yama 12:57PM - 2:38PM  
Rahu 6:00PM - 7:42PM

Shatabhishak Until 4:46AM Mon

Vishkambha\* Until 10:54AM

Gara Until 11:19AM

Shashthi\* Until 10:22PM

Ganesha: Red

Muruqa: Green

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sunrise: 6:12AM

Sunset: 7:42PM

Devaloka Day

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Routine Work - Marana Yoga

4

Monday, June 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Dwarka, India

Sun 5 Sutra 64

Subhakrit 5124

Kumbha Rasi: 20.37 Tithi 22

315655471

Gulika 2:38PM - 4:19PM  
Yama 11:16AM - 12:57PM  
Rahu 7:54AM - 9:35AM

Purvaproshtapada\* Until 4:35AM Tue

Priti Until 8:30AM

Visti Until 9:38AM

Saptami Until 9:03PM

Ganesha: Clear

Muruqa: Green

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sunrise: 6:12AM

Sunset: 7:42PM

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 4:35AM Tue

Then Creative Work - Amrita Yoga

5

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Dwarka, India

Sun 6 Sutra 65

Subhakrit 5124

Meena Rasi: 4.06 Tithi 23

315655471

Gulika 12:57PM - 2:38PM  
Yama 9:35AM - 11:16AM  
Rahu 4:20PM - 6:01PM

Uttaraproshtapada Until 5:02AM Wed

Ayushman Until 6:40AM

Balava Until 8:42AM

Ashtami\* Until 8:31PM

Ganesha: Clear

Muruqa: Green

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sunrise: 6:13AM

Sunset: 7:42PM

Devaloka Day

Creative Work Amrita Yoga

Until 5:02AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Dwarka, India

Sun 7 Sutra 66

Subhakrit 5124

Meena Rasi: 17.11 Tithi 24

315655471

Gulika 11:16AM - 12:58PM  
Yama 7:54AM - 9:35AM  
Rahu 12:58PM - 2:39PM

Revati Until 6:02AM Thu

Sobhana Until 4:54AM Thu

Taitila Until 8:33AM

Navami\* Until 8:44PM

Ganesha: Clear

Muruqa: Green

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sunrise: 6:13AM

Sunset: 7:42PM

Devaloka Day

Routine Work Marana Yoga

Until 6:02AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Dwarka, India on 5/1/22

www.gurudeva.org/panchang

|                                  |             |                                       |                             |  |                        |  |
|----------------------------------|-------------|---------------------------------------|-----------------------------|--|------------------------|--|
| <b>1</b>                         |             | <b>Thursday, June 23, 2022</b>        |                             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau |                        | Dwarka, India<br>Sun 8<br>Sutra 67<br>Subhakrit 5124 |
| Meena Rasi: 29.53                | Tithi 25    | <b>Gulika</b> 9:35AM – 11:17AM        | <b>Revati Until 6:02AM</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:13AM |  |
|                                  |             | Yama 6:13AM – 7:54AM                  | Athiganda* Until 4:49AM Fri | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:42PM  | Moon 6 - Phase 10 - 8                                |
|                                  |             | 315655471 <b>Rahu</b> 2:39PM – 4:20PM | Vanija Until 9:08AM         | <b>Nataraja:</b> Yellow  |                        | 2nd Phase  |
| Creative Work                    | Siddha Yoga |                                       | <b>Dashami Until 9:40PM</b> | Moon – Clear   |                        | <b>Devaloka Day</b>                                  |
| Until 6:02AM                     |             |                                       |                             | Jyeshtha-Ani   |                        |  |
| Then Creative Work - Amrita Yoga |             |                                       |                             |  |                        |  |

|                                  |             |   |                                |  |                        |  |
|----------------------------------|-------------|---|--------------------------------|--|------------------------|--|
| <b>2</b>                         |             | <b>Friday, June 24, 2022</b>            |                                | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau |                        | Dwarka, India<br>Sun 9<br>Sutra 68<br>Subhakrit 5124 |
| Mesha Rasi: 12.17                | Tithi 26    | <b>Gulika</b> 7:54AM – 9:36AM           | <b>Ashvini Until 8:01AM</b>    | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:13AM |  |
|                                  |             | Yama 4:20PM – 6:01PM                    | Sukarma Until 5:11AM Sat       | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:43PM  | Moon 6 - Phase 10 - 9                                |
|                                  |             | 325655471 <b>Rahu</b> 11:17AM – 12:58PM | Bava Until 10:23AM             | <b>Nataraja:</b> Yellow  |                        | 2nd Phase  |
| Creative Work                    | Amrita Yoga |   | <b>Ekadashi* Until 11:11PM</b> | Moon – White   |                        | <b>Bhuloka Day</b>                                   |
| Until 8:01AM                     |             |   |                                | Jyeshtha-Ani   |                        | Devaloka Time: 6:PM to 9:PM                          |
| Then Creative Work - Siddha Yoga |             |   |                                |  |                        |  |

|                                  |             |  |                                   |  |                        |   |
|----------------------------------|-------------|--|-----------------------------------|--|------------------------|---|
| <b>3</b>                         |             | <b>Saturday, June 25, 2022</b>         |                                   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Dwarka, India<br>Sun 10<br>Sutra 69<br>Subhakrit 5124 |
| Mesha Rasi: 24.28                | Tithi 27    | <b>Gulika</b> 6:14AM – 7:55AM          | <b>Bharani Until 10:22AM</b>      | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:14AM |   |
|                                  |             | Yama 2:39PM – 4:20PM                   | Dhriti Until 5:53AM Sun           | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:43PM  | Moon 6 - Phase 10 - 10                                |
|                                  |             | 325655471 <b>Rahu</b> 9:36AM – 11:17AM | Kaulava Until 12:09PM             | <b>Nataraja:</b> Yellow  |                        | 2nd Phase   |
| Creative Work                    | Siddha Yoga |  | <b>Dvadashi* Until 1:10AM Sun</b> | Moon – White   |                        | <b>Bhuloka Day</b>                                    |
| Until 10:22AM                    |             |  |                                   | Jyeshtha-Ani   |                        | Devaloka Time: 6:PM to 9:PM                           |
| Then Creative Work - Amrita Yoga |             |  |                                   |  |                        |   |

|                      |             |                                       |                                     |   |                        |   |
|----------------------|-------------|---------------------------------------|-------------------------------------|---|------------------------|---|
| <b>4</b>             |             | <b>Sunday, June 26, 2022</b>          |                                     | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Dwarka, India<br>Sun 11<br>Sutra 70<br>Subhakrit 5124 |
| Vrishabha Rasi: 6.28 | Tithi 28    | <b>Gulika</b> 4:21PM – 6:02PM         | <b>Krittika Until 12:55PM</b>       | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:14AM |   |
|                      |             | Yama 12:58PM – 2:40PM                 | Shula* Until 6:47AM Mon             | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:43PM  | Moon 6 - Phase 10 - 11                                |
|                      |             | 325655471 <b>Rahu</b> 6:02PM – 7:43PM | Gara Until 2:18PM                   | <b>Nataraja:</b> Yellow   |                        | 2nd Phase   |
| Creative Work        | Siddha Yoga |                                       | <b>Trayodashi* Until 3:27AM Mon</b> | Moon – White  |                        | <b>Bhuloka Day</b>                                    |
|                      |             |                                       |                                     | Jyeshtha-Ani  |                        | Devaloka Time: 6:PM to 9:PM                           |
|                      |             |                                       |                                     |   |                        | <i>Pradosha Vrata (Fasting)</i>                       |

|                            |             |                                       |                                      |  |                        |   |
|----------------------------|-------------|---------------------------------------|--------------------------------------|--|------------------------|---|
| <b>5</b>                   |             | <b>Monday, June 27, 2022</b>          |                                      | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Shula*Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Dwarka, India<br>Sun 12<br>Sutra 71<br>Subhakrit 5124 |
| Vrishabha Rasi: 18.22      | Tithi 29    | <b>Gulika</b> 2:40PM – 4:21PM         | <b>Rohini Until 4:03PM</b>           | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 6:14AM |   |
| <b>Family Home Evening</b> |             | Yama 11:17AM – 12:59PM                | Shula* Until 6:47AM                  | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:43PM  | Moon 6 - Phase 10 - 12                                |
|                            |             | 335655471 <b>Rahu</b> 7:55AM – 9:36AM | Visti Until 4:41PM                   | <b>Nataraja:</b> Yellow  |                        | 2nd Phase   |
| Creative Work              | Amrita Yoga |                                       | <b>Chaturdashi* Until 5:55AM Tue</b> | Moon – Yellow  |                        | <b>Bhuloka Day</b>                                    |
|                            |             |                                       |                                      | Jyeshtha-Ani   |                        | Devaloka Time: 6:PM to 9:PM                           |

|                                 |             |                                       |                                   |  |                        |   |
|---------------------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|---|
| <b>Retreat Star</b>             |             | <b>Tuesday, June 28, 2022</b>         |                                   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Ganda*/Vridhhi Yoga Catuspada* Karana Amavasyayam Titau |                        | Dwarka, India<br>Sun 13<br>Sutra 72<br>Subhakrit 5124 |
| Mithuna Rasi: 0.12              | Tithi 30    | <b>Gulika</b> 12:59PM – 2:40PM        | <b>Mrigashira Until 7:07PM</b>    | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 6:14AM |   |
|                                 |             | Yama 9:37AM – 11:18AM                 | Ganda* Until 7:48AM               | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:43PM  | Moon 6 - Phase 10 - 13                                |
|                                 |             | 335655471 <b>Rahu</b> 4:21PM – 6:02PM | Catuspada Until 7:11PM            | <b>Nataraja:</b> Yellow  |                        | Amavasya  |
| Creative Work                   | Siddha Yoga |                                       | <b>Amavasya* Until 8:25AM Wed</b> | Moon – Yellow  |                        | <b>Bhuloka Day</b>                                    |
| Until 7:07PM                    |             |                                       |                                   | Jyeshtha-Ani   |                        | Devaloka Time: 6:PM to 9:PM                           |
| Then Routine Work - Marana Yoga |             |                                       |                                   |  |                        |   |

|                     |              |  |                               |  |                        |   |
|---------------------|--------------|--|-------------------------------|--|------------------------|---|
| <b>Retreat Star</b> |              | <b>Wednesday, June 29, 2022</b>        |                               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Vridhhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Dwarka, India<br>Sun 14<br>Sutra 73<br>Subhakrit 5124 |
| Mithuna Rasi: 12.01 | Tithi 30 – 1 | <b>Gulika</b> 11:18AM – 12:59PM        | <b>Ardra Until 10:00PM</b>    | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:15AM |   |
|                     |              | Yama 7:56AM – 9:37AM                   | Vridhhi Until 8:52AM          | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:43PM  | Moon 6 - Phase 10 - 14                                |
|                     |              | 336655471 <b>Rahu</b> 12:59PM – 2:40PM | Kintughna Until 9:40PM        | <b>Nataraja:</b> Yellow  |                        | Prathama  |
| Creative Work       | Siddha Yoga  |  | <b>Amavasya* Until 8:25AM</b> | Moon – Yellow  |                        | <b>Bhuloka Day</b>                                    |
|                     |              |  |                               | Ashada-Ani   |                        | Devaloka Time: 6:PM to 9:PM                           |

|          |                                |                                 |  |                                   |   |   |  |
|----------|--------------------------------|---------------------------------|--|-----------------------------------|---|---|--|
| <b>1</b> | <b>Thursday, June 30, 2022</b> |                                 | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                   |   |   | Dwarka, India<br>Sun 15<br>Sutra 74<br>Subhakit 5124 |
|          | Mithuna Rasi: 23.51            | Tithi 1 – 2                     | <b>Gulika</b> 9:37AM – 11:18AM   | <b>Punarvasu</b> Until 1:08AM Fri | <b>Ganesha:</b> Light Blue <i>Sunrise: 6:15AM</i> | <i>Sunset: 7:43PM</i>                             | Moon 6 - Phase 11 - 15<br>3rd Phase                  |
|          | Creative Work                  | Amrita Yoga                     | Yama 6:15AM – 7:56AM   | Dhruva Until 9:52AM               | <b>Muruqa:</b> Green                              |   |  |
|          | Until 1:08AM Fri               | Then Routine Work - Marana Yoga | 346655471 <b>Rahu</b> 2:40PM – 4:21PM  | Balava Until 12:04AM Fri          | <b>Nataraja:</b> Yellow                           |   |  |
|          |                                |                                 | <b>Prathama*</b> Until 10:52AM   | Moon – Blue                       |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

|          |                             |                                 |   |                                |   |   |  |
|----------|-----------------------------|---------------------------------|---|--------------------------------|---|---|--|
| <b>2</b> | <b>Friday, July 1, 2022</b> |                                 | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                |   |   | Dwarka, India<br>Sun 16<br>Sutra 75<br>Subhakit 5124 |
|          | Kataka Rasi: 5.44           | Tithi 2 – 3                     | <b>Gulika</b> 7:56AM – 9:37AM   | <b>Pushya</b> Until 3:56AM Sat | <b>Ganesha:</b> Light Blue <i>Sunrise: 6:15AM</i> | <i>Sunset: 7:43PM</i>                             | Moon 6 - Phase 11 - 16<br>3rd Phase                  |
|          | Routine Work                | Marana Yoga                     | Yama 4:21PM – 6:02PM  | Vyaghata* Until 10:46AM        | <b>Muruqa:</b> Green                              |   |  |
|          | Until 1:08AM Fri            | Then Routine Work - Marana Yoga | 346655471 <b>Rahu</b> 11:18AM – 12:59PM   | Taitila Until 2:17AM Sat       | <b>Nataraja:</b> Yellow                           |   |  |
|          |                             |                                 | <b>Dvitiya</b> Until 1:11PM   | Moon – Blue                    |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

|          |                               |                                 |  |                                   |   |   |  |
|----------|-------------------------------|---------------------------------|--|-----------------------------------|---|---|--|
| <b>3</b> | <b>Saturday, July 2, 2022</b> |                                 | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                                   |   |   | Dwarka, India<br>Sun 17<br>Sutra 76<br>Subhakit 5124 |
|          | Kataka Rasi: 17.41            | Tithi 3 – 4                     | <b>Gulika</b> 6:16AM – 7:57AM  | <b>Ashlesha*</b> Until 6:19AM Sun | <b>Ganesha:</b> Light Blue <i>Sunrise: 6:16AM</i> | <i>Sunset: 7:43PM</i>                             | Moon 6 - Phase 11 - 17<br>3rd Phase                  |
|          | Routine Work                  | Marana Yoga                     | Yama 2:41PM – 4:22PM   | Harshana Until 11:32AM            | <b>Muruqa:</b> Green                              |   |  |
|          | Until 6:19AM                  | Then Routine Work - Marana Yoga | 346655471 <b>Rahu</b> 9:38AM – 11:19AM   | Vanija Until 4:15AM Sun           | <b>Nataraja:</b> Yellow                           |   |  |
|          |                               |                                 | <b>Tritiya</b> Until 3:17PM  | Moon – Blue                       |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

|          |                             |                                 |  |                               |   |   |  |
|----------|-----------------------------|---------------------------------|--|-------------------------------|---|---|--|
| <b>4</b> | <b>Sunday, July 3, 2022</b> |                                 | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                               |   |   | Dwarka, India<br>Sun 18<br>Sutra 77<br>Subhakit 5124 |
|          | Kataka Rasi: 29.45          | Tithi 4 – 5                     | <b>Gulika</b> 4:22PM – 6:03PM  | <b>Ashlesha*</b> Until 6:19AM | <b>Ganesha:</b> Light Blue <i>Sunrise: 6:16AM</i> | <i>Sunset: 7:44PM</i>                             | Moon 6 - Phase 11 - 18<br>3rd Phase                  |
|          | Creative Work               | Siddha Yoga                     | Yama 1:00PM – 2:41PM   | Vajra* Until 12:04PM          | <b>Muruqa:</b> Green                              |   |  |
|          | Until 6:19AM                | Then Routine Work - Marana Yoga | 346655471 <b>Rahu</b> 6:03PM – 7:44PM  | Bava Until 5:53AM Mon         | <b>Nataraja:</b> Yellow                           |   |  |
|          |                             |                                 | <b>Chaturthi*</b> Until 5:06PM   | Moon – Blue                   |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

|          |                             |                                  |  |                            |   |                       |  |
|----------|-----------------------------|----------------------------------|--|----------------------------|---|-----------------------|--|
| <b>5</b> | <b>Monday, July 4, 2022</b> |                                  | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava Karana Panchamyam Titau |                            |   |                       | Dwarka, India<br>Sun 19<br>Sutra 78<br>Subhakit 5124 |
|          | Simha Rasi: 11.56           | Tithi 5                          | <b>Gulika</b> 2:41PM – 4:22PM  | <b>Magha*</b> Until 8:42AM | <b>Ganesha:</b> Orange <i>Sunrise: 6:16AM</i> | <i>Sunset: 7:44PM</i> | Moon 6 - Phase 11 - 19<br>3rd Phase                  |
|          | Family Home Evening         |                                  | Yama 11:19AM – 1:00PM  | Siddhi Until 12:20PM       | <b>Muruqa:</b> Green                          |                       |  |
|          | Until 8:42AM                | Then Creative Work - Siddha Yoga | 356655471 <b>Rahu</b> 7:57AM – 9:38AM  | Balava Until 6:32PM        | <b>Nataraja:</b> Yellow                       |                       |  |
|          |                             |                                  | <b>Panchami</b> Until 6:32PM   | Moon – Red                 |   | <b>Devaloka Day</b>   |  |

|          |                              |                                  |  |                                    |   |                       |  |
|----------|------------------------------|----------------------------------|--|------------------------------------|---|-----------------------|--|
| <b>6</b> | <b>Tuesday, July 5, 2022</b> |                                  | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau |                                    |   |                       | Dwarka, India<br>Sun 20<br>Sutra 79<br>Subhakit 5124 |
|          | Simha Rasi: 24.19            | Tithi 6                          | <b>Gulika</b> 1:00PM – 2:41PM  | <b>Purvaphalguni</b> Until 10:29AM | <b>Ganesha:</b> Orange <i>Sunrise: 6:17AM</i> | <i>Sunset: 7:44PM</i> | Moon 6 - Phase 11 - 20<br>3rd Phase                  |
|          | Creative Work                | Siddha Yoga                      | Yama 9:38AM – 11:19AM  | Vyatipata* Until 12:15PM           | <b>Muruqa:</b> Green                          |                       |  |
|          | Until 10:29AM                | Then Creative Work - Amrita Yoga | 356655471 <b>Rahu</b> 4:22PM – 6:03PM  | Kaulava Until 7:05AM               | <b>Nataraja:</b> Yellow                       |                       |  |
|          |                              |                                  | <b>Shashthi*</b> Until 7:28PM  | Moon – Red                         |   | <b>Devaloka Day</b>   |  |

|                     |                                |                                 |   |                                     |  |                       |  |
|---------------------|--------------------------------|---------------------------------|---|-------------------------------------|--|-----------------------|--|
| <b>Retreat Star</b> | <b>Wednesday, July 6, 2022</b> |                                 | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau |                                     |  |                       | Dwarka, India<br>Sun 21<br>Sutra 80<br>Subhakit 5124 |
|                     | Kanya Rasi: 6.56               | Tithi 7                         | <b>Gulika</b> 11:19AM – 1:00PM  | <b>Uttaraphalguni</b> Until 11:34AM | <b>Ganesha:</b> Clear <i>Sunrise: 6:17AM</i> | <i>Sunset: 7:44PM</i> | Moon 6 - Phase 11 - 21<br>3rd Phase                  |
|                     | Creative Work                  | Amrita Yoga                     | Yama 7:58AM – 9:39AM  | Variyan Until 11:42AM               | <b>Muruqa:</b> Green                         |                       |  |
|                     | Until 11:34AM                  | Then Routine Work - Marana Yoga | 357655471 <b>Rahu</b> 1:00PM – 2:41PM   | Gara Until 7:45AM                   | <b>Nataraja:</b> Yellow                      |                       |  |
|                     |                                |                                 | <b>Saptami</b> Until 7:49PM   | Moon – Red                          |  | <b>Devaloka Day</b>   |  |

|                     |                               |                                  |   |                            |  |                       |  |
|---------------------|-------------------------------|----------------------------------|---|----------------------------|--|-----------------------|--|
| <b>Retreat Star</b> | <b>Thursday, July 7, 2022</b> |                                  | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau |                            |  |                       | Dwarka, India<br>Sun 22<br>Sutra 81<br>Subhakit 5124 |
|                     | Kanya Rasi: 19.51             | Tithi 8                          | <b>Gulika</b> 9:39AM – 11:20AM  | <b>Hasta</b> Until 12:20PM | <b>Ganesha:</b> Clear <i>Sunrise: 6:17AM</i> | <i>Sunset: 7:43PM</i> | Moon 6 - Phase 11 - 22<br>Ashtami                    |
|                     | Routine Work                  | Marana Yoga                      | Yama 6:17AM – 7:58AM  | Parigha* Until 10:38AM     | <b>Muruqa:</b> Green                         |                       |  |
|                     | Until 12:20PM                 | Then Creative Work - Siddha Yoga | 467655471 <b>Rahu</b> 2:41PM – 4:22PM   | Visti Until 7:46AM         | <b>Nataraja:</b> Yellow                      |                       |  |
|                     |                               |                                  | <b>Ashtami*</b> Until 7:29PM  | Moon – Green               |  | <b>Devaloka Day</b>   |  |

|                     |                             |                                  |  |                             |  |                       |  |
|---------------------|-----------------------------|----------------------------------|--|-----------------------------|--|-----------------------|--|
| <b>Retreat Star</b> | <b>Friday, July 8, 2022</b> |                                  | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau |                             |  |                       | Dwarka, India<br>Sun 23<br>Sutra 82<br>Subhakit 5124 |
|                     | Tula Rasi: 3.09             | Tithi 9                          | <b>Gulika</b> 7:58AM – 9:39AM  | <b>Chitra</b> Until 12:13PM | <b>Ganesha:</b> Clear <i>Sunrise: 6:18AM</i> | <i>Sunset: 7:43PM</i> | Moon 6 - Phase 11 - 23<br>Navami                     |
|                     | Creative Work               | Siddha Yoga                      | Yama 4:22PM – 6:03PM   | Shiva Until 9:01AM          | <b>Muruqa:</b> Green                         |                       |  |
|                     | Until 12:20PM               | Then Creative Work - Siddha Yoga | 467655471 <b>Rahu</b> 11:20AM – 1:01PM   | Balava Until 7:03AM         | <b>Nataraja:</b> Yellow                      |                       |  |
|                     |                             |                                  | <b>Navami*</b> Until 6:25PM  | Moon – Green                |  | <b>Devaloka Day</b>   |  |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

|   |                               |   |  |                            |  |   |
|---|-------------------------------|---|--|----------------------------|--|---|
| 1 | <b>Saturday, July 9, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |  |                            |  | Dwarka, India<br>Sun 24<br>Sutra 83<br>Subhakrit 5124 |
|   | Tula Rasi: 16.52              | Tithi 10 - 11   | <b>Gulika</b> 6:18AM - 7:59AM          | <b>Svati</b> Until 11:13AM | <b>Ganesha:</b> Clear <i>Sunrise: 6:18AM</i> |   |
|   |                               |   | Yama 2:41PM - 4:22PM                   | Siddha Until 6:46AM        | <b>Muruqa:</b> Green <i>Sunset: 7:43PM</i>   | Moon 6 - Phase 12 - 24                                |
|   | Creative Work                 | Siddha Yoga   | 467655471 <b>Rahu</b> 9:39AM - 11:20AM | Vanija Until 3:28AM Sun    | <b>Nataraja:</b> Yellow<br>Moon - Green      | 4th Phase<br><b>Devaloka Day</b>                      |
|   |                               |   | <b>Dashami</b> Until 4:37PM            | Ashada*Ani                 |  |   |

|   |                              |  |                                       |                              |  |  |
|---|------------------------------|--|---------------------------------------|------------------------------|--|--|
| 2 | <b>Sunday, July 10, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Subha Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau |                                       |                              |  | Dwarka, India<br>Sun 25<br>Sutra 84<br>Subhakrit 5124          |
|   | Vrischika Rasi: 1.01         | Tithi 11 - 12  | <b>Gulika</b> 4:22PM - 6:03PM         | <b>Vishakha</b> Until 9:50AM | <b>Ganesha:</b> White <i>Sunrise: 6:19AM</i> |  |
|   |                              |  | Yama 1:01PM - 2:41PM                  | Subha Until 12:39AM Mon      | <b>Muruqa:</b> Green <i>Sunset: 7:43PM</i>   | Moon 6 - Phase 12 - 25   |
|   | Routine Work                 | Marana Yoga  | 477655471 <b>Rahu</b> 6:03PM - 7:43PM | Bava Until 12:43AM Mon       | <b>Nataraja:</b> Yellow<br>Moon - Orange     | 4th Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |
|   |                              |  | <b>Ekadashi</b> Until 2:09PM          | Ashada*Ani                   |  |  |

|                       |                              |  |                                       |                              |  |  |
|-----------------------|------------------------------|--|---------------------------------------|------------------------------|--|--|
| 3                     | <b>Monday, July 11, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                       |                              |  | Dwarka, India<br>Sun 26<br>Sutra 85<br>Subhakrit 5124          |
|                       | Vrischika Rasi: 16           | Tithi 12 - 13  | <b>Gulika</b> 2:42PM - 4:22PM         | <b>Anuradha</b> Until 7:43AM | <b>Ganesha:</b> White <i>Sunrise: 6:19AM</i> |  |
|                       | Family Home Evening          |  | Yama 11:20AM - 1:01PM                 | Sukla Until 8:54PM           | <b>Muruqa:</b> Green <i>Sunset: 7:43PM</i>   | Moon 6 - Phase 12 - 26   |
|                       | Creative Work                | Siddha Yoga  | 477655471 <b>Rahu</b> 7:59AM - 9:40AM | Kaulava Until 9:27PM         | <b>Nataraja:</b> Yellow<br>Moon - Orange     | 4th Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |
|                       |                              |  | <b>Dvadashi</b> Until 11:07AM         | Ashada*Ani                   |  |  |
| <i>Pradosha Vrata</i> |                              |  |                                       |                              |  |  |

|   |                               |  |                                       |                               |  |   |
|---|-------------------------------|--|---------------------------------------|-------------------------------|--|---|
| 4 | <b>Tuesday, July 12, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam<br>Mula* Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau |                                       |                               |  | Dwarka, India<br>Sun 27<br>Sutra 86<br>Subhakrit 5124 |
|   | Dhanus Rasi: 0.32             | Tithi 13 - 14  | <b>Gulika</b> 1:01PM - 2:42PM         | <b>Mula*</b> Until 2:16AM Wed | <b>Ganesha:</b> White <i>Sunrise: 6:19AM</i> |   |
|   |                               |  | Yama 9:40AM - 11:21AM                 | Brahma Until 4:52PM           | <b>Muruqa:</b> Green <i>Sunset: 7:43PM</i>   | Moon 6 - Phase 12 - 27                                |
|   | Creative Work                 | Amrita Yoga  | 488655471 <b>Rahu</b> 4:22PM - 6:03PM | Vanija Until 3:56AM Wed       | <b>Nataraja:</b> Yellow<br>Moon - Light Blue | 4th Phase<br><b>Sivaloka Day</b>                      |
|   |                               |  | <b>Trayodashi</b> Until 7:40AM        | Ashada*Ani                    |  |   |

|   |                                 |   |                                       |                                   |  |   |
|---|---------------------------------|---|---------------------------------------|-----------------------------------|--|---|
| ○ | <b>Wednesday, July 13, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam<br>Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visi*/Bava Karana Purnimayam Titau |                                       |                                   |  | Dwarka, India<br>Sutra 87<br>Subhakrit 5124           |
|   | <b>Copper Retreat Star</b>      | Dhanus Rasi: 15.41  | Tithi 15                              | <b>Gulika</b> 11:21AM - 1:01PM    | <b>Purvashadha*</b> Until 11:16PM            | <b>Ganesha:</b> Yellow <i>Sunrise: 6:20AM</i>         |
|   |                                 |   |                                       | Yama 8:00AM - 9:40AM              | Indra Until 12:41PM                          | <b>Muruqa:</b> Green <i>Sunset: 7:43PM</i>            |
|   | Creative Work                   | Amrita Yoga   | 488755471 <b>Rahu</b> 1:01PM - 2:42PM | Visti Until 2:02PM                | <b>Nataraja:</b> Yellow<br>Moon - Light Blue | Moon 6 - Phase 12 -<br>Purnima<br><b>Devaloka Day</b> |
|   |                                 |   | <b>Satguru Purnima</b>                | <b>Purnima*</b> Until 12:05AM Thu | Ashada*Ani                                   |   |

|                                  |                                |   |                                       |                                |  |  |
|----------------------------------|--------------------------------|---|---------------------------------------|--------------------------------|--|--|
| ○                                | <b>Thursday, July 14, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau |                                       |                                |  | Dwarka, India<br>Sutra 88<br>Subhakrit 5124            |
|                                  | <b>Silver Retreat Star</b>     | Makara Rasi: 0.56   | Tithi 16                              | <b>Gulika</b> 9:41AM - 11:21AM | <b>Uttarashadha</b> Until 8:10PM             | <b>Ganesha:</b> Yellow <i>Sunrise: 6:20AM</i>          |
|                                  |                                |   |                                       | Yama 6:20AM - 8:00AM           | Vaidhriti* Until 8:25AM                      | <b>Muruqa:</b> Green <i>Sunset: 7:43PM</i>             |
|                                  | Routine Work                   | Marana Yoga   | 488755471 <b>Rahu</b> 2:42PM - 4:22PM | Balava Until 10:11AM           | <b>Nataraja:</b> Yellow<br>Moon - Light Blue | Moon 6 - Phase 12 -<br>Prathama<br><b>Devaloka Day</b> |
|                                  |                                |   | <b>Prathama*</b> Until 8:17PM         | Ashada*Ani                     |  |  |
| Then Creative Work - Siddha Yoga |                                |   |                                       |                                |  |  |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Dwarka, India

Sun 1 Sutra 89

Subhakrit 5124

Makara Rasi: 16.05 Tithi 17 - 18

**Gulika** 8:01AM - 9:41AM  
**Yama** 4:22PM - 6:02PM  
**Rahu** 11:21AM - 1:01PM

**Shravana Until 5:34PM**  
**Priti Until 12:24AM Sat**  
**Taitila Until 6:29AM**  
**Dvitiya Until 4:43PM**

**Ganesha:** Blue *Sunrise: 6:21AM*  
**Muruqa:** Green *Sunset: 7:42PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada-Ani**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 5:34PM

Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Dwarka, India

Sun 2 Sutra 90

Subhakrit 5124

Kumbha Rasi: 1.01 Tithi 18 - 19

**Gulika** 6:21AM - 8:01AM  
**Yama** 2:42PM - 4:22PM  
**Rahu** 9:41AM - 11:21AM

**Dhanishtha Until 3:14PM**  
**Ayushman Until 8:52PM**  
**Bava Until 12:10AM Sun**  
**Tritiya Until 1:32PM**

**Ganesha:** Blue *Sunrise: 6:21AM*  
**Muruqa:** Green *Sunset: 7:42PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada-Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 3:14PM

Then Creative Work - Amrita Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dwarka, India

Sun 3 Sutra 91

Subhakrit 5124

Kumbha Rasi: 15.33 Tithi 19 - 20

**Gulika** 4:22PM - 6:02PM  
**Yama** 1:02PM - 2:42PM  
**Rahu** 6:02PM - 7:42PM

**Shatabhishak Until 1:20PM**  
**Saubhagya Until 5:52PM**  
**Kaulava Until 9:52PM**  
**Chaturthi\* Until 10:55AM**

**Ganesha:** Blue *Sunrise: 6:21AM*  
**Muruqa:** Green *Sunset: 7:42PM*  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Bhuloka Day**

Creative Work Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dwarka, India

Sun 4 Sutra 92

Subhakrit 5124

Kumbha Rasi: 29.38 Tithi 20 - 21

**Gulika** 2:42PM - 4:22PM  
**Yama** 11:22AM - 1:02PM  
**Rahu** 8:02AM - 9:42AM

**Purvaprosarthapada\* Until 12:26PM**  
**Sobhana Until 3:28PM**  
**Gara Until 8:20PM**  
**Panchami Until 8:59AM**

**Ganesha:** White *Sunrise: 6:22AM*  
**Muruqa:** Green *Sunset: 7:42PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Bhuloka Day**

**Family Home Evening**

Routine Work Marana Yoga

Until 12:26PM

Then Creative Work - Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Dwarka, India

Sun 5 Sutra 93

Subhakrit 5124

Meena Rasi: 13.13 Tithi 21 - 22

**Gulika** 1:02PM - 2:42PM  
**Yama** 9:42AM - 11:22AM  
**Rahu** 4:22PM - 6:02PM

**Uttaraprosarthapada Until 12:12PM**  
**Athiganda\* Until 1:43PM**  
**Visti Until 7:39PM**  
**Shashthi\* Until 7:52AM**

**Ganesha:** Clear *Sunrise: 6:22AM*  
**Muruqa:** Green *Sunset: 7:41PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 12:12PM

Then Creative Work - Siddha Yoga

**D**

**Wednesday, July 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dwarka, India

Sun 6 Sutra 94

Subhakrit 5124

Meena Rasi: 26.2 Tithi 22 - 23

**Gulika** 11:22AM - 1:02PM  
**Yama** 8:02AM - 9:42AM  
**Rahu** 1:02PM - 2:42PM

**Revati Until 12:40PM**  
**Sukarma Until 12:41PM**  
**Balava Until 7:49PM**  
**Saptami Until 7:36AM**

**Ganesha:** Clear *Sunrise: 6:23AM*  
**Muruqa:** Green *Sunset: 7:41PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dwarka, India

Sun 7 Sutra 95

Subhakrit 5124

Mesha Rasi: 9.02 Tithi 23 - 24

**Gulika** 9:42AM - 11:22AM  
**Yama** 6:23AM - 8:03AM  
**Rahu** 2:42PM - 4:21PM

**Ashvini Until 2:16PM**  
**Dhriti Until 12:19PM**  
**Taitila Until 8:49PM**  
**Ashtami\* Until 8:12AM**

**Ganesha:** Purple *Sunrise: 6:23AM*  
**Muruqa:** Green *Sunset: 7:41PM*  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 2:16PM

Then Creative Work - Siddha Yoga

|          |                                     |   |   |   |  |  |
|----------|-------------------------------------|---|---|---|--|--|
| <b>1</b> | <b>Friday, July 22, 2022</b>        | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shula/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |   |   |  | Dwarka, India<br>Sun 8<br>Sutra 96<br>Subhakrit 5124 |
|          | Mesha Rasi: 21.23    Tilthi 24 – 25 | <b>Gulika</b> 8:03AM – 9:43AM   | <b>Bharani</b> <b>Until 4:24PM</b>  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:23AM | <b>Muruqa:</b> Green <i>Sunset:</i> 7:41PM | Moon 7 - Phase 14 - 8<br>2nd Phase                   |
|          | 429755472                           | <b>Rahu</b> 11:22AM – 1:02PM  | Shula* Until 12:29PM<br>Vanija Until 10:29PM<br><b>Navami* Until 9:33AM</b> | <b>Nataraja:</b> White<br>Moon – White        | <b>Devaloka Day</b>                        |  |
|          | Creative Work    Siddha Yoga        |   |   | Ashada*Adi                                    |  |  |


|          |  |  |   |   |  |  |
|----------|--|--|---|---|--|--|
| <b>2</b> | <b>Saturday, July 23, 2022</b>         | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Ganda*Vridhhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |   |   |  | Dwarka, India<br>Sun 9<br>Sutra 97<br>Subhakrit 5124 |
|          | Vrishabha Rasi: 3.29    Tilthi 25 – 26 | <b>Gulika</b> 6:24AM – 8:03AM  | <b>Krittika</b> <b>Until 6:54PM</b>   | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:24AM | <b>Muruqa:</b> Green <i>Sunset:</i> 7:40PM | Moon 7 - Phase 14 - 9<br>2nd Phase                   |
|          | 429755472                              | <b>Rahu</b> 9:43AM – 11:22AM   | Ganda* Until 1:07PM<br>Bava Until 12:38AM Sun<br><b>Dashami Until 11:29AM</b> | <b>Nataraja:</b> White<br>Moon – White        | <b>Devaloka Day</b>                        |  |
|          | Creative Work    Amrita Yoga           |  |   | Ashada*Adi                                    |  |  |

|          |   |   |   |  |  |   |
|----------|---|---|---|--|--|---|
| <b>3</b> | <b>Sunday, July 24, 2022</b>            | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |   |  |  | Dwarka, India<br>Sun 10<br>Sutra 98<br>Subhakrit 5124 |
|          | Vrishabha Rasi: 15.25    Tilthi 26 – 27 | <b>Gulika</b> 4:21PM – 6:00PM   | <b>Rohini</b> <b>Until 10:02PM</b>  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM | <b>Muruqa:</b> Green <i>Sunset:</i> 7:40PM | Moon 7 - Phase 14 - 10<br>2nd Phase                   |
|          | 439755472                               | <b>Rahu</b> 6:00PM – 7:40PM   | Vridhhi Until 2:02PM<br>Kaulava Until 3:04AM Mon<br><b>Ekadashi* Until 1:48PM</b> | <b>Nataraja:</b> White<br>Moon – Yellow      | <b>Bhuloka Day</b>                         |   |
|          | Creative Work    Siddha Yoga            |   |   | Ashada*Adi                                   | <b>Devaloka Time: 9:AM to12:PM</b>         |   |

|          |   |   |   |  |  |   |
|----------|---|---|---|--|--|---|
| <b>4</b> | <b>Monday, July 25, 2022</b>  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Taillita/Gara Karana Dvadashi/Trayodashyam Titau |   |  |  | Dwarka, India<br>Sun 11<br>Sutra 99<br>Subhakrit 5124 |
|          | Vrishabha Rasi: 27.15    Tilthi 27 – 28   | <b>Gulika</b> 2:41PM – 4:21PM   | <b>Mrigashira</b> <b>Until 1:07AM Tue</b>                                     | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM | <b>Muruqa:</b> Green <i>Sunset:</i> 7:39PM | Moon 7 - Phase 14 - 11<br>2nd Phase                   |
|          | 439755472   | <b>Rahu</b> 8:04AM – 9:43AM   | Dhruva Until 3:04PM<br>Gara Until 5:36AM Tue<br><b>Dvadashi* Until 4:19PM</b> | <b>Nataraja:</b> White<br>Moon – Yellow      | <b>Bhuloka Day</b>                         |   |
|          | Creative Work    Amrita Yoga<br>Until 1:07AM Tue<br>Then Routine Work - Marana Yoga |   |   | Ashada*Adi                                   | <b>Devaloka Time: 9:AM to12:PM</b>         |   |

|          |   |   |  |  |  |  |
|----------|---|---|--|--|--|--|
| <b>5</b> | <b>Tuesday, July 26, 2022</b>   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Trayodashyam Titau |  |  |  | Dwarka, India<br>Sun 12<br>Sutra 100<br>Subhakrit 5124 |
|          | Mithuna Rasi: 9.04    Tilthi 28   | <b>Gulika</b> 1:02PM – 2:41PM   | <b>Ardra</b> <b>Until 4:00AM Wed</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM | <b>Muruqa:</b> Green <i>Sunset:</i> 7:39PM | Moon 7 - Phase 14 - 12<br>2nd Phase                    |
|          | 439755472   | <b>Rahu</b> 4:21PM – 6:00PM   | Vyaghata* Until 4:08PM<br>Vanija Until 6:50PM<br><b>Trayodashi* Until 6:50PM</b> | <b>Nataraja:</b> White<br>Moon – Yellow      | <b>Bhuloka Day</b>                         |  |
|          | Routine Work    Marana Yoga<br>Until 4:00AM Wed<br>Then Creative Work - Siddha Yoga |   |  | Ashada*Adi                                   | <b>Devaloka Time: 9:AM to12:PM</b>         |  |

|          |  |   |   |   |  |  |
|----------|--|---|---|---|--|--|
| <b>6</b> | <b>Wednesday, July 27, 2022</b>  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |   |   |  | Dwarka, India<br>Sun 13<br>Sutra 101<br>Subhakrit 5124 |
|          | Mithuna Rasi: 20.53    Tilthi 29   | <b>Gulika</b> 11:23AM – 1:02PM  | <b>Punarvasu</b> <b>Until 7:05AM Thu</b>  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:25AM | <b>Muruqa:</b> Green <i>Sunset:</i> 7:39PM | Moon 7 - Phase 14 - 13<br>2nd Phase                    |
|          | 441755472  | <b>Rahu</b> 1:02PM – 2:41PM   | Harshana Until 5:07PM<br>Visti Until 8:04AM<br><b>Chaturdashi* Until 9:14PM</b> | <b>Nataraja:</b> White<br>Moon – Blue         | <b>Bhuloka Day</b>                         |  |
|          | Creative Work    Siddha Yoga<br>Until 7:05AM Thu<br>Then Creative Work - Amrita Yoga |   |   | Ashada*Adi                                    | <b>Devaloka Time: 9:AM to12:PM</b>         |  |

|   |                                |   |  |   |  |  |
|---|--------------------------------|---|--|---|--|--|
|  | <b>Thursday, July 28, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau |  |   |  | Dwarka, India<br>Sun 14<br>Sutra 102<br>Subhakrit 5124 |
|   | <b>Retreat Star</b>            | <b>Gulika</b> 9:44AM – 11:23AM  | <b>Punarvasu</b> <b>Until 7:05AM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:26AM | <b>Muruqa:</b> Green <i>Sunset:</i> 7:38PM | Moon 7 - Phase 14 - 14                                 |
|   | Kataka Rasi: 2.47    Tilthi 30 | <b>Rahu</b> 2:41PM – 4:20PM   | Vajra* Until 5:56PM<br>Catuspada Until 10:22AM<br><b>Amavasya* Until 11:25PM</b> | <b>Nataraja:</b> White<br>Moon – Blue         | <b>Bhuloka Day</b>                         | Amavasya   |
|   | Creative Work    Amrita Yoga   |   |  | Ashada*Adi                                    | <b>Devaloka Time: 9:AM to12:PM</b>         |  |

|                     |                                |  |   |   |  |  |
|---------------------|--------------------------------|--|---|---|--|--|
| <b>Retreat Star</b> | <b>Friday, July 29, 2022</b>   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau |   |   |  | Dwarka, India<br>Sun 15<br>Sutra 103<br>Subhakrit 5124 |
|                     | Kataka Rasi: 14.46    Tilthi 1 | <b>Gulika</b> 8:05AM – 9:44AM  | <b>Pushya</b> <b>Until 9:46AM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:26AM | <b>Muruqa:</b> Green <i>Sunset:</i> 7:38PM | Moon 7 - Phase 14 - 15                                 |
|                     | 441755472                      | <b>Rahu</b> 11:23AM – 1:02PM   | Siddhi Until 6:34PM<br>Kintughna Until 12:27PM<br><b>Prathama* Until 1:21AM Sat</b> | <b>Nataraja:</b> White<br>Moon – Blue         | <b>Bhuloka Day</b>                         | Prathama   |
|                     | Routine Work    Marana Yoga    |  |   | Sravana*Adi                                   | <b>Devaloka Time: 9:AM to12:PM</b>         |  |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

|                                  |             |  |                                 |  |                        |  |                             |  |
|----------------------------------|-------------|--|---------------------------------|--|------------------------|--|-----------------------------|--|
| <b>1</b>                         |             | <b>Saturday, July 30, 2022</b>         |                                 | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        |  |                             | Dwarka, India<br>Sun 16<br>Sutra 104<br>Subhakrit 5124 |
| Kataka Rasi: 26.51               | Tithi 2     | <b>Gulika</b> 6:27AM – 8:06AM          | <b>Ashlesha* Until 12:01PM</b>  | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:27AM |  |                             |  |
|                                  |             | Yama 2:41PM – 4:20PM                   | Vyatipata* Until 7:00PM         | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:37PM  |  | Moon 7 - Phase 15 - 16      |  |
|                                  |             | 441755472 <b>Rahu</b> 9:44AM – 11:23AM | Balava Until 2:14PM             | <b>Nataraja:</b> White   |                        |  | 3rd Phase                   |  |
| Routine Work                     | Marana Yoga |  | <b>Dvitiya Until 2:59AM Sun</b> | Moon – Blue  |                        |  | <b>Bhuloka Day</b>          |  |
| Until 12:01PM                    |             |  |                                 | Sravana*Adi  |                        |  | Devaloka Time: 9:AM to12:PM |  |
| Then Creative Work - Amrita Yoga |             |  |                                 |  |                        |  |                             |  |

|                                  |             |                                       |                                 |   |                        |  |                             |  |
|----------------------------------|-------------|---------------------------------------|---------------------------------|---|------------------------|--|-----------------------------|--|
| <b>2</b>                         |             | <b>Sunday, July 31, 2022</b>          |                                 | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau |                        |  |                             | Dwarka, India<br>Sun 17<br>Sutra 105<br>Subhakrit 5124 |
| Simha Rasi: 9.04                 | Tithi 3     | <b>Gulika</b> 4:19PM – 5:58PM         | <b>Magha* Until 2:18PM</b>      | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:27AM |  |                             |  |
|                                  |             | Yama 1:02PM – 2:41PM                  | Variyan Until 7:09PM            | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:37PM  |  | Moon 7 - Phase 15 - 17      |  |
|                                  |             | 451755472 <b>Rahu</b> 5:58PM – 7:37PM | Taitila Until 3:42PM            | <b>Nataraja:</b> White  |                        |  | 3rd Phase                   |  |
| Routine Work                     | Marana Yoga |                                       | <b>Tritiya Until 4:17AM Mon</b> | Moon – Red  |                        |  | <b>Bhuloka Day</b>          |  |
| Until 2:18PM                     |             |                                       |                                 | Sravana*Adi   |                        |  | Devaloka Time: 9:AM to12:PM |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                 |   |                        |  |                             |  |

|                            |             |                                       |                                    |   |                        |  |                             |  |
|----------------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|--|-----------------------------|--|
| <b>3</b>                   |             | <b>Monday, August 1, 2022</b>         |                                    | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau |                        |  |                             | Dwarka, India<br>Sun 18<br>Sutra 106<br>Subhakrit 5124 |
| Simha Rasi: 21.25          | Tithi 4     | <b>Gulika</b> 2:40PM – 4:19PM         | <b>Purvaphalguni Until 4:05PM</b>  | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:28AM |  |                             |  |
| <b>Family Home Evening</b> |             | Yama 11:23AM – 1:02PM                 | Parigha* Until 7:02PM              | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:36PM  |  | Moon 7 - Phase 15 - 18      |  |
|                            |             | 451755472 <b>Rahu</b> 8:06AM – 9:45AM | Vanija Until 3:49PM                | <b>Nataraja:</b> White  |                        |  | 3rd Phase                   |  |
| Creative Work              | Siddha Yoga |                                       | <b>Chaturthi* Until 5:13AM Tue</b> | Moon – Red  |                        |  | <b>Bhuloka Day</b>          |  |
|                            |             |                                       |                                    | Sravana*Adi   |                        |  | Devaloka Time: 9:AM to12:PM |  |

|                                  |             |                                       |                                    |  |                        |  |                             |  |
|----------------------------------|-------------|---------------------------------------|------------------------------------|--|------------------------|--|-----------------------------|--|
| <b>4</b>                         |             | <b>Tuesday, August 2, 2022</b>        |                                    | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau |                        |  |                             | Dwarka, India<br>Sun 19<br>Sutra 107<br>Subhakrit 5124 |
| Kanya Rasi: 3.56                 | Tithi 5     | <b>Gulika</b> 1:02PM – 2:40PM         | <b>Uttaraphalguni Until 5:18PM</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:28AM |  |                             |  |
|                                  |             | Yama 9:45AM – 11:23AM                 | Shiva Until 6:36PM                 | <b>Muruqa:</b> Green   | <i>Sunset:</i> 7:36PM  |  | Moon 7 - Phase 15 - 19      |  |
|                                  |             | 451755472 <b>Rahu</b> 4:19PM – 5:57PM | Bava Until 5:32PM                  | <b>Nataraja:</b> White   |                        |  | 3rd Phase                   |  |
| Creative Work                    | Amrita Yoga |                                       | <b>Panchami Until 5:42AM Wed</b>   | Moon – Red   |                        |  | <b>Bhuloka Day</b>          |  |
| Until 5:18PM                     |             |                                       |                                    | Sravana*Adi  |                        |  | Devaloka Time: 9:AM to12:PM |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                    |  |                        |  |                             |  |

|                                  |             |                                       |                                   |   |                        |  |                        |  |
|----------------------------------|-------------|---------------------------------------|-----------------------------------|---|------------------------|--|------------------------|--|
| <b>5</b>                         |             | <b>Wednesday, August 3, 2022</b>      |                                   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau |                        |  |                        | Dwarka, India<br>Sun 20<br>Sutra 108<br>Subhakrit 5124 |
| Kanya Rasi: 16.4                 | Tithi 6     | <b>Gulika</b> 11:23AM – 1:02PM        | <b>Hasta Until 6:23PM</b>         | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:28AM |  |                        |  |
|                                  |             | Yama 8:07AM – 9:45AM                  | Siddha Until 5:47PM               | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:35PM  |  | Moon 7 - Phase 15 - 20 |  |
|                                  |             | 461755472 <b>Rahu</b> 1:02PM – 2:40PM | Kaulava Until 5:47PM              | <b>Nataraja:</b> White  |                        |  | 3rd Phase              |  |
| Routine Work                     | Marana Yoga |                                       | <b>Shashthi* Until 5:41AM Thu</b> | Moon – Green  |                        |  | <b>Devaloka Day</b>    |  |
| Until 6:23PM                     |             |                                       |                                   | Sravana*Adi   |                        |  |                        |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                   |   |                        |  |                        |  |

|                                  |             |                                       |                                 |   |                        |  |                        |  |
|----------------------------------|-------------|---------------------------------------|---------------------------------|---|------------------------|--|------------------------|--|
| <b>6</b>                         |             | <b>Thursday, August 4, 2022</b>       |                                 | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau |                        |  |                        | Dwarka, India<br>Sun 21<br>Sutra 109<br>Subhakrit 5124 |
| Kanya Rasi: 29.38                | Tithi 7     | <b>Gulika</b> 9:45AM – 11:23AM        | <b>Chitra Until 6:47PM</b>      | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:29AM |  |                        |  |
|                                  |             | Yama 6:29AM – 8:07AM                  | Sadhya Until 4:33PM             | <b>Muruqa:</b> Green  | <i>Sunset:</i> 7:35PM  |  | Moon 7 - Phase 15 - 21 |  |
|                                  |             | 461755472 <b>Rahu</b> 2:40PM – 4:18PM | Gara Until 5:30PM               | <b>Nataraja:</b> White  |                        |  | 3rd Phase              |  |
| Creative Work                    | Siddha Yoga |                                       | <b>Saptami Until 5:07AM Fri</b> | Moon – Green  |                        |  | <b>Devaloka Day</b>    |  |
| Until 6:47PM                     |             |                                       |                                 | Sravana*Adi   |                        |  |                        |  |
| Then Creative Work - Amrita Yoga |             |                                       |                                 |   |                        |  |                        |  |

|                     |             |  |                                  |  |                        |  |                        |  |
|---------------------|-------------|--|----------------------------------|--|------------------------|--|------------------------|--|
| <b>☾</b>            |             | <b>Friday, August 5, 2022</b>          |                                  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau |                        |  |                        | Dwarka, India<br>Sun 22<br>Sutra 110<br>Subhakrit 5124 |
| <b>Retreat Star</b> |             | <b>Gulika</b> 8:07AM – 9:45AM          | <b>Svati Until 6:28PM</b>        | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:29AM |  |                        |  |
| Tula Rasi: 12.53    | Tithi 8     | Yama 4:18PM – 5:56PM                   | Subha Until 2:52PM               | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:34PM  |  | Moon 7 - Phase 15 - 22 |  |
|                     |             | 461765472 <b>Rahu</b> 11:23AM – 1:02PM | Visti Until 4:37PM               | <b>Nataraja:</b> White   |                        |  | Ashtami                |  |
| Creative Work       | Siddha Yoga |  | <b>Ashtami* Until 3:56AM Sat</b> | Moon – Green   |                        |  | <b>Devaloka Day</b>    |  |
|                     |             |  |                                  | Sravana*Adi  |                        |  |                        |  |
|                     |             | <b>Varalakshmi Vratam</b>              |                                  |  |                        |  |                        |  |

|                     |             |  |                                 |   |                        |  |                        |  |
|---------------------|-------------|--|---------------------------------|---|------------------------|--|------------------------|--|
| <b>☽</b>            |             | <b>Saturday, August 6, 2022</b>        |                                 | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau |                        |  |                        | Dwarka, India<br>Sun 23<br>Sutra 111<br>Subhakrit 5124 |
| <b>Retreat Star</b> |             | <b>Gulika</b> 6:30AM – 8:08AM          | <b>Vishakha Until 5:49PM</b>    | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:30AM |  |                        |  |
| Tula Rasi: 26.29    | Tithi 9     | Yama 2:39PM – 4:17PM                   | Sukla Until 12:39PM             | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:33PM  |  | Moon 7 - Phase 15 - 23 |  |
|                     |             | 472765472 <b>Rahu</b> 9:45AM – 11:23AM | Balava Until 3:08PM             | <b>Nataraja:</b> White  |                        |  | Navami                 |  |
| Creative Work       | Siddha Yoga |  | <b>Navami* Until 2:08AM Sun</b> | Moon – Orange   |                        |  | <b>Bhuloka Day</b>     |  |
|                     |             |  |                                 | Sravana*Adi   |                        |  |                        |  |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Dwarka, India on 5/1/20


www.gurudeva.org/panchang

|          |                               |             |   |                              |                        |                             |  |
|----------|-------------------------------|-------------|---|------------------------------|------------------------|-----------------------------|--|
| <b>1</b> | <b>Sunday, August 7, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau |                              |                        |                             | Dwarka, India<br>Sun 24<br>Sutra 112<br>Subhakrit 5124 |
|          | Vrischika Rasi: 10.28         | Tithi 10    | <b>Gulika</b> 4:17PM – 5:55PM   | <b>Anuradha</b> Until 4:26PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:30AM      |  |
|          |                               |             | Yama 1:01PM – 2:39PM  | Brahma Until 9:58AM          | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:33PM       | Moon 7 - Phase 16 - 24                                 |
|          | Routine Work                  | Marana Yoga | 472865472 <b>Rahu</b> 5:55PM – 7:33PM   | Taitila Until 1:02PM         | <b>Nataraja:</b> White |                             | 4th Phase  |
|          |                               |             | <b>Dashami</b> Until 11:46PM  | Moon – Orange                |                        | <b>Bhuloka Day</b>          |  |
|          |                               |             |   | Sravana*Adi                  |                        | Devaloka Time: 9:AM to12:PM |  |

|          |                               |             |   |                               |                        |                             |  |
|----------|-------------------------------|-------------|---|-------------------------------|------------------------|-----------------------------|--|
| <b>2</b> | <b>Monday, August 8, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Ekadashyam Titau |                               |                        |                             | Dwarka, India<br>Sun 25<br>Sutra 113<br>Subhakrit 5124 |
|          | Vrischika Rasi: 24.49         | Tithi 11    | <b>Gulika</b> 2:39PM – 4:17PM   | <b>Jyeshtha*</b> Until 2:23PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:30AM      |  |
|          | <b>Family Home Evening</b>    |             | Yama 11:23AM – 1:01PM   | Indra Until 6:50AM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:32PM       | Moon 7 - Phase 16 - 25                                 |
|          | Creative Work                 | Siddha Yoga | 472865472 <b>Rahu</b> 8:08AM – 9:46AM   | Vanija Until 10:25AM          | <b>Nataraja:</b> White |                             | 4th Phase  |
|          |                               |             | <b>Ekadashi</b> Until 8:55PM  | Moon – Orange                 |                        | <b>Bhuloka Day</b>          |  |
|          |                               |             |   | Sravana*Adi                   |                        | Devaloka Time: 9:AM to12:PM |  |

|          |                                |               |  |                            |                        |                        |  |
|----------|--------------------------------|---------------|--|----------------------------|------------------------|------------------------|--|
| <b>3</b> | <b>Tuesday, August 9, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau |                            |                        |                        | Dwarka, India<br>Sun 26<br>Sutra 114<br>Subhakrit 5124 |
|          | Dhanus Rasi: 9.29              | Tithi 12 – 13 | <b>Gulika</b> 1:01PM – 2:39PM  | <b>Mula*</b> Until 12:11PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:31AM |  |
|          |                                |               | Yama 9:46AM – 11:23AM  | Vishkambha* Until 11:29PM  | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:31PM  | Moon 7 - Phase 16 - 26                                 |
|          | Creative Work                  | Amrita Yoga   | 482865472 <b>Rahu</b> 4:16PM – 5:54PM  | Bava Until 7:21AM          | <b>Nataraja:</b> White |                        | 4th Phase  |
|          |                                |               | <b>Dvadashi</b> Until 5:40PM   | Moon – Light Blue          |                        | <b>Devaloka Day</b>    |  |
|          |                                |               |  | Sravana*Adi                |                        |                        |  |
|          |                                |               |  | <i>Pradosha Vrata</i>      |                        |                        |  |

|          |                                   |               |  |                                  |                        |                        |  |
|----------|-----------------------------------|---------------|--|----------------------------------|------------------------|------------------------|--|
| <b>4</b> | <b>Wednesday, August 10, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                  |                        |                        | Dwarka, India<br>Sun 27<br>Sutra 115<br>Subhakrit 5124 |
|          | Dhanus Rasi: 24.25                | Tithi 13 – 14 | <b>Gulika</b> 11:23AM – 1:01PM   | <b>Purvashadha*</b> Until 9:34AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:31AM |  |
|          |                                   |               | Yama 8:09AM – 9:46AM   | Priti Until 7:31PM               | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:31PM  | Moon 7 - Phase 16 - 27                                 |
|          | Creative Work                     | Amrita Yoga   | 482865472 <b>Rahu</b> 1:01PM – 2:38PM  | Gara Until 12:25AM Thu           | <b>Nataraja:</b> White |                        | 4th Phase  |
|          |                                   |               | <b>Trayodashi</b> Until 2:11PM   | Moon – Light Blue                |                        | <b>Devaloka Day</b>    |  |
|          |                                   |               |  | Sravana*Adi                      |                        |                        |  |

|   |                                  |               |  |                                  |                        |                        |  |
|---|----------------------------------|---------------|--|----------------------------------|------------------------|------------------------|--|
|  | <b>Thursday, August 11, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                  |                        |                        | Dwarka, India<br>Sun 28<br>Sutra 116<br>Subhakrit 5124 |
|   | Makara Rasi: 9.28                | Tithi 14 – 15 | <b>Gulika</b> 9:46AM – 11:23AM   | <b>Uttarashadha</b> Until 6:41AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:31AM |  |
|   |                                  |               | Yama 6:31AM – 8:09AM   | Ayushman Until 3:29PM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:30PM  | Moon 7 - Phase 16 -                                    |
|   | Routine Work                     | Marana Yoga   | 482865472 <b>Rahu</b> 2:38PM – 4:15PM  | Visti Until 8:50PM               | <b>Nataraja:</b> White |                        | Purnima  |
|   |                                  |               | <b>Chaturdashi*</b> Until 10:36AM  | Moon – Light Blue                |                        | <b>Devaloka Day</b>    |  |
|   |                                  |               | <b>Raksha Bandhan</b>  | Sravana*Adi                      |                        |                        |  |

|          |                                |               |  |                                    |                        |                             |  |
|----------|--------------------------------|---------------|--|------------------------------------|------------------------|-----------------------------|--|
| <b>5</b> | <b>Friday, August 12, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau |                                    |                        |                             | Dwarka, India<br>Sun 29<br>Sutra 117<br>Subhakrit 5124 |
|          | Makara Rasi: 24.3              | Tithi 15 – 16 | <b>Gulika</b> 8:09AM – 9:46AM  | <b>Dhanishtha</b> Until 1:36AM Sat | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:32AM      |  |
|          |                                |               | Yama 4:15PM – 5:52PM   | Saubhagya Until 11:32AM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:29PM       | Moon 7 - Phase 16 -                                    |
|          | Creative Work                  | Siddha Yoga   | 492865472 <b>Rahu</b> 11:23AM – 1:01PM   | Kaulava Until 3:48AM Sat           | <b>Nataraja:</b> White |                             | Prathama   |
|          |                                |               | <b>Purnima*</b> Until 7:05AM   | Moon – Purple                      |                        | <b>Bhuloka Day</b>          |  |
|          |                                |               |  | Sravana*Adi                        |                        | Devaloka Time: 9:AM to12:PM |  |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Dwarka, India  
Sutra 118

Kumbha Rasi: 9.21      Tithi 17

**Gulika** 6:32AM – 8:09AM  
Yama 2:38PM – 4:15PM  
492865472 **Rahu** 9:46AM – 11:23AM

**Shatabhishak** **Until 11:21PM**  
Sobhana Until 7:50AM  
Taitila Until 2:20PM  
**Dvitiya** **Until 12:56AM Sun**

**Ganesha:** Clear      *Sunrise:* 6:32AM  
**Muruqa:** White      *Sunset:* 7:29PM  
**Nataraja:** White  
Moon – Purple

Subhakrit 5124  
Moon 8 - Phase 17 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Amrita Yoga

Until 11:21PM

Then Routine Work - Marana Yoga

**1**

**Sunday, August 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Trityayam Titau

Dwarka, India  
Sun 1      Sutra 119

Kumbha Rasi: 23.53      Tithi 18

**Gulika** 4:14PM – 5:51PM  
Yama 1:00PM – 2:37PM  
412865472 **Rahu** 5:51PM – 7:28PM

**Purvaproshtapada\*** **Until 9:57PM**  
Sukarma Until 1:38AM Mon  
Vanija Until 11:43AM  
**Tritiya** **Until 10:38PM**

**Ganesha:** Yellow      *Sunrise:* 6:33AM  
**Muruqa:** White      *Sunset:* 7:28PM  
**Nataraja:** White  
Moon – Clear

Subhakrit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Until 9:57PM

Then Creative Work - Amrita Yoga

**2**

**Monday, August 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Dwarka, India  
Sun 2      Sutra 120

Meena Rasi: 8.01      Tithi 19

**Gulika** 2:37PM – 4:14PM  
Yama 11:23AM – 1:00PM  
412865472 **Rahu** 8:10AM – 9:46AM

**Uttaraproshtapada** **Until 9:07PM**  
Dhriti Until 11:23PM  
Bava Until 9:46AM  
**Chaturthi\*** **Until 9:03PM**

**Ganesha:** Yellow      *Sunrise:* 6:33AM  
**Muruqa:** White      *Sunset:* 7:27PM  
**Nataraja:** White  
Moon – Clear

Subhakrit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

**3**

**Tuesday, August 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dwarka, India  
Sun 3      Sutra 121

Meena Rasi: 21.39      Tithi 20

**Gulika** 1:00PM – 2:37PM  
Yama 9:47AM – 11:23AM  
412865472 **Rahu** 4:13PM – 5:50PM

**Revati** **Until 8:57PM**  
Shula\* Until 9:48PM  
Kaulava Until 8:35AM  
**Panchami** **Until 8:18PM**

**Ganesha:** Yellow      *Sunrise:* 6:33AM  
**Muruqa:** White      *Sunset:* 7:27PM  
**Nataraja:** White  
Moon – Clear

Subhakrit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

**4**

**Wednesday, August 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Dwarka, India  
Sun 4      Sutra 122

Mesha Rasi: 4.49      Tithi 21

**Gulika** 11:23AM – 1:00PM  
Yama 8:10AM – 9:47AM  
422865472 **Rahu** 1:00PM – 2:36PM

**Ashvini** **Until 9:57PM**  
Ganda\* Until 8:55PM  
Gara Until 8:16AM  
**Shashthi\*** **Until 8:25PM**

**Ganesha:** Blue      *Sunrise:* 6:34AM  
**Muruqa:** White      *Sunset:* 7:26PM  
**Nataraja:** White  
Moon – White

Subhakrit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

**Devaloka Day**

Routine Work    Marana Yoga

Until 9:57PM

Then Creative Work - Siddha Yoga

**5**

**Thursday, August 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Dwarka, India  
Sun 5      Sutra 123

Mesha Rasi: 17.33      Tithi 22

**Gulika** 9:47AM – 11:23AM  
Yama 6:34AM – 8:10AM  
522865472 **Rahu** 2:36PM – 4:12PM

**Bharani** **Until 11:36PM**  
Vriddhi Until 8:42PM  
Visti Until 8:49AM  
**Saptami** **Until 9:23PM**

**Ganesha:** Yellow      *Sunrise:* 6:34AM  
**Muruqa:** White      *Sunset:* 7:25PM  
**Nataraja:** White  
Moon – White

Subhakrit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

Until 11:36PM

Then Routine Work - Marana Yoga

**D**

**Friday, August 19, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Dwarka, India  
Sun 6      Sutra 124

Mesha Rasi: 29.55      Tithi 23

**Gulika** 8:11AM – 9:47AM  
Yama 4:12PM – 5:48PM  
523865472 **Rahu** 11:23AM – 12:59PM

**Krittika** **Until 1:46AM Sat**  
Dhruva Until 9:00PM  
Balava Until 10:10AM  
**Ashtami\*** **Until 11:03PM**

**Ganesha:** White      *Sunrise:* 6:34AM  
**Muruqa:** White      *Sunset:* 7:24PM  
**Nataraja:** White  
Moon – White

Subhakrit 5124  
Moon 8 - Phase 17 - 6  
Ashtami

**Bhuloka Day**

Creative Work    Siddha Yoga

Until 1:46AM Sat

Then Creative Work - Amrita Yoga

**Krishna Janmashtami**

**Saturday, August 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Dwarka, India  
Sun 7      Sutra 125

Vrishabha Rasi: 12.02      Tithi 24

**Gulika** 6:35AM – 8:11AM  
Yama 2:35PM – 4:11PM  
533865472 **Rahu** 9:47AM – 11:23AM

**Rohini** **Until 4:43AM Sun**  
Vyaghata\* Until 9:43PM  
Taitila Until 12:07PM  
**Navami\*** **Until 1:14AM Sun**

**Ganesha:** Yellow      *Sunrise:* 6:35AM  
**Muruqa:** White      *Sunset:* 7:23PM  
**Nataraja:** White  
Moon – Yellow

Subhakrit 5124  
Moon 8 - Phase 17 - 7  
Navami

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga

Until 4:43AM Sun

Then Creative Work - Siddha Yoga

**Sravana-Avani**

|                                  |                             |  |                                    |                        |                        |  |
|----------------------------------|-----------------------------|--|------------------------------------|------------------------|------------------------|--|
| <b>1 Sunday, August 21, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuklayam<br>Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau |                                    |                        |                        | Dwarka, India<br>Sun 8 Sutra 126<br>Subhakrit 5124 |
| Wishabha Rasi: 23.58             | Tithi 25                    | <b>Gulika</b> 4:11PM – 5:47PM  | <b>Mrigashira</b> Until 7:44AM Mon | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:35AM |  |
|                                  |                             | Yama 12:59PM – 2:35PM  | Harshana Until 10:41PM             | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:23PM  | Moon 8 - Phase 18 - 8                              |
| 533865472                        | <b>Rahu</b> 5:47PM – 7:23PM |  | Vanija Until 2:27PM                | <b>Nataraja:</b> White |                        | 2nd Phase  |
| Creative Work                    | Siddha Yoga                 |  | <b>Dashami</b> Until 3:40AM Mon    | Moon – Yellow          |                        | <b>Bhuloka Day</b>                                 |
|                                  |                             |  |                                    | Sravana•Avani          |                        | Devaloka Time: 6:AM to 9:AM                        |

|                                  |                             |  |                                   |                        |                        |  |
|----------------------------------|-----------------------------|--|-----------------------------------|------------------------|------------------------|--|
| <b>2 Monday, August 22, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuklayam<br>Mrigashira/Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau |                                   |                        |                        | Dwarka, India<br>Sun 9 Sutra 127<br>Subhakrit 5124 |
| Mithuna Rasi: 5.48               | Tithi 26                    | <b>Gulika</b> 2:34PM – 4:10PM  | <b>Mrigashira</b> Until 7:44AM    | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:35AM |  |
| <b>Family Home Evening</b>       |                             | Yama 11:23AM – 12:59PM   | Vajra* Until 11:41PM              | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:22PM  | Moon 8 - Phase 18 - 9                              |
| 533865472                        | <b>Rahu</b> 8:11AM – 9:47AM |  | Bava Until 4:57PM                 | <b>Nataraja:</b> White |                        | 2nd Phase  |
| Creative Work                    | Amrita Yoga                 |  | <b>Ekadashi*</b> Until 6:10AM Tue | Moon – Yellow          |                        | <b>Bhuloka Day</b>                                 |
| Until 7:44AM                     |                             |  |                                   | Sravana•Avani          |                        | Devaloka Time: 6:AM to 9:AM                        |
| Then Creative Work - Siddha Yoga |                             |  |                                   |                        |                        |  |

|                                   |                             |  |                               |                        |                        |   |
|-----------------------------------|-----------------------------|--|-------------------------------|------------------------|------------------------|---|
| <b>3 Tuesday, August 23, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuklayam<br>Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                               |                        |                        | Dwarka, India<br>Sun 10 Sutra 128<br>Subhakrit 5124 |
| Mithuna Rasi: 17.38               | Tithi 26 – 27               | <b>Gulika</b> 12:58PM – 2:34PM   | <b>Ardra</b> Until 10:35AM    | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:36AM |   |
|                                   |                             | Yama 9:47AM – 11:23AM  | Siddhi Until 12:37AM Wed      | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:21PM  | Moon 8 - Phase 18 - 10                              |
| 533865472                         | <b>Rahu</b> 4:10PM – 5:45PM |  | Kaulava Until 7:24PM          | <b>Nataraja:</b> White |                        | 2nd Phase   |
| Routine Work                      | Marana Yoga                 |  | <b>Ekadashi*</b> Until 6:10AM | Moon – Yellow          |                        | <b>Bhuloka Day</b>                                  |
| Until 10:35AM                     |                             |  |                               | Sravana•Avani          |                        | Devaloka Time: 6:AM to 9:AM                         |
| Then Creative Work - Siddha Yoga  |                             |  |                               |                        |                        |   |

|                                     |                              |  |                               |                        |                        |   |
|-------------------------------------|------------------------------|--|-------------------------------|------------------------|------------------------|---|
| <b>4 Wednesday, August 24, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuklayam<br>Punarvasu/Pushya Nakshatra Vyalipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau |                               |                        |                        | Dwarka, India<br>Sun 11 Sutra 129<br>Subhakrit 5124 |
| Mithuna Rasi: 29.31                 | Tithi 27 – 28                | <b>Gulika</b> 11:22AM – 12:58PM  | <b>Punarvasu</b> Until 1:38PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:36AM |   |
|                                     |                              | Yama 8:11AM – 9:47AM   | Vyatipata* Until 1:24AM Thu   | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:20PM  | Moon 8 - Phase 18 - 11                              |
| 533865472                           | <b>Rahu</b> 12:58PM – 2:34PM |  | Gara Until 9:38PM             | <b>Nataraja:</b> White |                        | 2nd Phase   |
| Creative Work                       | Siddha Yoga                  |  | <b>Dvadashi*</b> Until 8:32AM | Moon – Blue            |                        | <b>Bhuloka Day</b>                                  |
|                                     |                              |  |                               | Sravana•Avani          |                        |   |
|                                     |                              |  |                               |                        |                        | <i>Pradosha Vrata (Fasting)</i>                     |

|                                    |                             |   |                                  |                        |                        |   |
|------------------------------------|-----------------------------|---|----------------------------------|------------------------|------------------------|---|
| <b>5 Thursday, August 25, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuklayam<br>Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                  |                        |                        | Dwarka, India<br>Sun 12 Sutra 130<br>Subhakrit 5124 |
| Kataka Rasi: 11.3                  | Tithi 28 – 29               | <b>Gulika</b> 9:47AM – 11:22AM  | <b>Pushya</b> Until 4:15PM       | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:36AM |   |
|                                    |                             | Yama 6:36AM – 8:12AM  | Variyan Until 1:54AM Fri         | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:19PM  | Moon 8 - Phase 18 - 12                              |
| 533865472                          | <b>Rahu</b> 2:33PM – 4:08PM |   | Visti Until 11:34PM              | <b>Nataraja:</b> White |                        | 2nd Phase   |
| Creative Work                      | Amrita Yoga                 |   | <b>Trayodashi*</b> Until 10:38AM | Moon – Blue            |                        | <b>Bhuloka Day</b>                                  |
| Until 4:15PM                       |                             |   |                                  | Sravana•Avani          |                        |   |
| Then Creative Work - Siddha Yoga   |                             |   |                                  |                        |                        |   |

|                                |                               |  |                                   |                        |                        |   |
|--------------------------------|-------------------------------|--|-----------------------------------|------------------------|------------------------|---|
| <b>Friday, August 26, 2022</b> |                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuklayam<br>Ashlesha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                   |                        |                        | Dwarka, India<br>Sun 13 Sutra 131<br>Subhakrit 5124 |
| <b>Retreat Star</b>            |                               | <b>Gulika</b> 8:12AM – 9:47AM  | <b>Ashlesha*</b> Until 6:21PM     | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:37AM |   |
| Kataka Rasi: 23.37             | Tithi 29 – 30                 | Yama 4:08PM – 5:43PM   | Parigha* Until 2:08AM Sat         | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:18PM  | Moon 8 - Phase 18 - 13                              |
| 533865472                      | <b>Rahu</b> 11:22AM – 12:57PM |  | Catuspada Until 1:08AM Sat        | <b>Nataraja:</b> White |                        | Amavasya  |
| Routine Work                   | Marana Yoga                   |  | <b>Chaturdashi*</b> Until 12:23PM | Moon – Blue            |                        | <b>Bhuloka Day</b>                                  |
|                                |                               |  |                                   | Sravana•Avani          |                        |   |

|                                  |                              |   |                               |                        |                        |   |
|----------------------------------|------------------------------|---|-------------------------------|------------------------|------------------------|---|
| <b>Saturday, August 27, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuklayam<br>Magha* Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                               |                        |                        | Dwarka, India<br>Sun 14 Sutra 132<br>Subhakrit 5124 |
| <b>Retreat Star</b>              |                              | <b>Gulika</b> 6:37AM – 8:12AM   | <b>Magha*</b> Until 8:24PM    | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:37AM |   |
| Simha Rasi: 5.53                 | Tithi 30 – 1                 | Yama 2:32PM – 4:07PM  | Shiva Until 2:05AM Sun        | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:17PM  | Moon 8 - Phase 18 - 14                              |
| 533865472                        | <b>Rahu</b> 9:47AM – 11:22AM |   | Kintughna Until 2:19AM Sun    | <b>Nataraja:</b> White |                        | Prathama  |
| Creative Work                    | Amrita Yoga                  |   | <b>Amavasya*</b> Until 1:45PM | Moon – Red             |                        | <b>Bhuloka Day</b>                                  |
| Until 8:24PM                     |                              |   |                               | Bhadrapada•Avani       |                        |   |
| Then Creative Work - Siddha Yoga |                              |   |                               |                        |                        |   |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Dwarka, India on 5/1/22

www.gurudeva.org/panchang

|                                  |             |   |                                   |   |
|----------------------------------|-------------|---|-----------------------------------|---|
| <b>1 Sunday, August 28, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                   | Dwarka, India<br>Sun 15 Sutra 133<br>Subhakrit 5124 |
| Simha Rasi: 18.19                | Tithi 1 – 2 | <b>Gulika</b> 4:07PM – 5:42PM   | <b>Purvaphalguni Until 9:54PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:37AM         |
|                                  |             | Yama 12:57PM – 2:32PM   | Siddha Until 1:41AM Mon           | <b>Muruqa:</b> White <i>Sunset:</i> 7:17PM          |
|                                  | 553865473   | <b>Rahu</b> 5:42PM – 7:17PM   | Balava Until 3:06AM Mon           | <b>Nataraja:</b> Clear                              |
| Creative Work Siddha Yoga        |             |   | Prathama* Until 2:44PM            | Moon – Red  |
| Until 9:54PM                     |             |   |                                   | <b>Bhuloka Day</b>                                  |
| Then Creative Work - Amrita Yoga |             |   |                                   | Devaloka Time: 6:PM to 9:PM                         |

|                                  |             |  |                                     |   |
|----------------------------------|-------------|--|-------------------------------------|---|
| <b>2 Monday, August 29, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                     | Dwarka, India<br>Sun 16 Sutra 134<br>Subhakrit 5124 |
| Kanya Rasi: 0.56                 | Tithi 2 – 3 | <b>Gulika</b> 2:31PM – 4:06PM  | <b>Uttaraphalguni Until 10:52PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:37AM         |
| <b>Family Home Evening</b>       |             | Yama 11:22AM – 12:57PM   | Sadhya Until 1:00AM Tue             | <b>Muruqa:</b> White <i>Sunset:</i> 7:16PM          |
|                                  | 553865473   | <b>Rahu</b> 8:12AM – 9:47AM  | Taitila Until 3:29AM Tue            | <b>Nataraja:</b> Clear                              |
| Creative Work Siddha Yoga        |             |  | Dvitiya Until 3:19PM                | Moon – Red  |
|                                  |             |  |                                     | <b>Bhuloka Day</b>                                  |
|                                  |             |  |                                     | Devaloka Time: 6:PM to 9:PM                         |

|                                   |             |  |                            |   |
|-----------------------------------|-------------|--|----------------------------|---|
| <b>3 Tuesday, August 30, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtayam Titau |                            | Dwarka, India<br>Sun 17 Sutra 135<br>Subhakrit 5124 |
| Kanya Rasi: 13.43                 | Tithi 3 – 4 | <b>Gulika</b> 12:56PM – 2:31PM   | <b>Hasta Until 11:47PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:38AM         |
|                                   |             | Yama 9:47AM – 11:22AM  | Subha Until 12:02AM Wed    | <b>Muruqa:</b> White <i>Sunset:</i> 7:15PM          |
|                                   | 563865473   | <b>Rahu</b> 4:06PM – 5:40PM  | Vanija Until 3:30AM Wed    | <b>Nataraja:</b> Clear                              |
| Creative Work Siddha Yoga         |             |  | Tritiya Until 3:31PM       | Moon – Green  |
|                                   |             |  |                            | <b>Bhuloka Day</b>                                  |
|                                   |             |  |                            | Devaloka Time: 6:PM to 9:PM                         |

|                                     |             |   |                                 |   |
|-------------------------------------|-------------|---|---------------------------------|---|
| <b>4 Wednesday, August 31, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau |                                 | Dwarka, India<br>Sun 18 Sutra 136<br>Subhakrit 5124 |
| Kanya Rasi: 26.42                   | Tithi 4 – 5 | <b>Gulika</b> 11:21AM – 12:56PM   | <b>Chitra Until 12:09AM Thu</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:38AM         |
|                                     |             | Yama 8:13AM – 9:47AM  | Sukla Until 10:44PM             | <b>Muruqa:</b> White <i>Sunset:</i> 7:14PM          |
|                                     | 563865473   | <b>Rahu</b> 12:56PM – 2:30PM  | Bava Until 3:08AM Thu           | <b>Nataraja:</b> Clear                              |
| Creative Work Siddha Yoga           |             |   | Chaturthi* Until 3:21PM         | Moon – Green  |
| Until 12:09AM Thu                   |             | <b>Ganesha Chaturthi</b>  |                                 | <b>Bhuloka Day</b>                                  |
| Then Creative Work - Amrita Yoga    |             |   |                                 | Devaloka Time: 6:PM to 9:PM                         |

|                                      |             |  |                                |   |
|--------------------------------------|-------------|--|--------------------------------|---|
| <b>5 Thursday, September 1, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                                | Dwarka, India<br>Sun 19 Sutra 137<br>Subhakrit 5124 |
| Tula Rasi: 9.53                      | Tithi 5 – 6 | <b>Gulika</b> 9:47AM – 11:21AM   | <b>Svati Until 12:00AM Fri</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:38AM          |
|                                      |             | Yama 6:38AM – 8:13AM   | Brahma Until 9:08PM            | <b>Muruqa:</b> White <i>Sunset:</i> 7:13PM          |
|                                      | 563965473   | <b>Rahu</b> 2:30PM – 4:04PM  | Kaulava Until 2:22AM Fri       | <b>Nataraja:</b> Clear                              |
| Creative Work Amrita Yoga            |             |  | Panchami Until 2:47PM          | Moon – Green  |
| Until 12:00AM Fri                    |             |  |                                | <b>Devaloka Day</b>                                 |
| Then Creative Work - Siddha Yoga     |             |  |                                | Bhadrapada-Avani                                    |

|                                    |             |   |                               |   |
|------------------------------------|-------------|---|-------------------------------|---|
| <b>6 Friday, September 2, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                               | Dwarka, India<br>Sun 20 Sutra 138<br>Subhakrit 5124 |
| Tula Rasi: 23.17                   | Tithi 6 – 7 | <b>Gulika</b> 8:13AM – 9:47AM   | <b>Vishakha Until 11:44PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:39AM         |
|                                    |             | Yama 4:04PM – 5:38PM  | Indra Until 7:13PM            | <b>Muruqa:</b> White <i>Sunset:</i> 7:12PM          |
|                                    | 573965473   | <b>Rahu</b> 11:21AM – 12:55PM   | Gara Until 1:11AM Sat         | <b>Nataraja:</b> Clear                              |
| Creative Work Siddha Yoga          |             |   | Shashthi* Until 1:48PM        | Moon – Orange                                       |
|                                    |             |   |                               | <b>Sivaloka Day</b>                                 |
|                                    |             |   |                               | Bhadrapada-Avani                                    |

|                           |             |   |                               |   |
|---------------------------|-------------|---|-------------------------------|---|
| <b>Retreat Star</b>       |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                               | Dwarka, India<br>Sun 21 Sutra 139<br>Subhakrit 5124 |
| Vrischika Rasi: 6.55      | Tithi 7 – 8 | <b>Gulika</b> 6:39AM – 8:13AM   | <b>Anuradha Until 10:54PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:39AM       |
|                           |             | Yama 2:29PM – 4:03PM  | Vaidhriti* Until 4:56PM       | <b>Muruqa:</b> White <i>Sunset:</i> 7:11PM          |
|                           | 574965473   | <b>Rahu</b> 9:47AM – 11:21AM  | Visti Until 11:35PM           | <b>Nataraja:</b> Clear                              |
| Creative Work Siddha Yoga |             |   | Saptami Until 12:25PM         | Moon – Orange                                       |
|                           |             |   |                               | <b>Devaloka Day</b>                                 |
|                           |             |   |                               | Bhadrapada-Avani                                    |

|                                  |             |   |                               |   |
|----------------------------------|-------------|---|-------------------------------|---|
| <b>Retreat Star</b>              |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                               | Dwarka, India<br>Sun 22 Sutra 140<br>Subhakrit 5124 |
| Vrischika Rasi: 20.47            | Tithi 8 – 9 | <b>Gulika</b> 4:02PM – 5:36PM   | <b>Jyeshtha* Until 9:31PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:39AM       |
|                                  |             | Yama 12:55PM – 2:29PM   | Vishkambha* Until 2:19PM      | <b>Muruqa:</b> White <i>Sunset:</i> 7:10PM          |
|                                  | 574965473   | <b>Rahu</b> 5:36PM – 7:10PM   | Balava Until 9:35PM           | <b>Nataraja:</b> Clear                              |
| Routine Work Marana Yoga         |             |   | Ashtami* Until 10:37AM        | Moon – Orange                                       |
| Until 9:31PM                     |             |   |                               | <b>Devaloka Day</b>                                 |
| Then Creative Work - Amrita Yoga |             |   |                               | Bhadrapada-Avani                                    |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda


|                                 |              |                                  |                   |   |                         |                        |                             |  |
|---------------------------------|--------------|----------------------------------|-------------------|---|-------------------------|------------------------|-----------------------------|--|
| <b>1</b>                        |              | <b>Monday, September 5, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                         |                        |                             | Dwarka, India<br>Sun 23<br>Sutra 141<br>Subhakrit 5124 |
| Dhanus Rasi: 4.56               | Tithi 9 – 10 | <b>Gulika</b>                    | 2:28PM – 4:02PM   | <b>Mula* Until 8:02PM</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:40AM |                             |  |
| <b>Family Home Evening</b>      | 584965473    | Yama                             | 11:21AM – 12:54PM | Priti Until 11:25AM   | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:09PM  | Moon 8 - Phase 20 - 23      | 4th Phase  |
| Creative Work                   | Siddha Yoga  | <b>Rahu</b>                      | 8:13AM – 9:47AM   | Taitila Until 7:12PM  | <b>Nataraja:</b> Clear  |                        |                             |  |
| Until 8:02PM                    |              |                                  |                   | <b>Navami* Until 8:25AM</b>   | Moon – Light Blue       |                        | <b>Bhuloka Day</b>          |  |
| Then Routine Work - Marana Yoga |              |                                  |                   |   | <b>Bhadrapada*Avani</b> |                        | Devaloka Time: 6:PM to 9:PM |  |

|  |             |                                   |                  |  |                         |                        |                             |  |
|--|-------------|-----------------------------------|------------------|--|-------------------------|------------------------|-----------------------------|--|
| <b>2</b>                               |             | <b>Tuesday, September 6, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Vishti* Karana Ekadashyam Titau |                         |                        |                             | Dwarka, India<br>Sun 24<br>Sutra 142<br>Subhakrit 5124 |
| Dhanus Rasi: 19.19                     | Tithi 11    | <b>Gulika</b>                     | 12:54PM – 2:28PM | <b>Purvashadha* Until 6:06PM</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:40AM |                             |  |
|  | 584965473   | Yama                              | 9:47AM – 11:20AM | Ayushman Until 8:12AM  | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:09PM  | Moon 8 - Phase 20 - 24      | 4th Phase  |
| Creative Work                          | Siddha Yoga | <b>Rahu</b>                       | 4:01PM – 5:35PM  | Vanija Until 4:30PM  | <b>Nataraja:</b> Clear  |                        |                             |  |
| Until 6:06PM                           |             |                                   |                  | <b>Ekadashi Until 3:03AM Wed</b>   | Moon – Light Blue       |                        | <b>Bhuloka Day</b>          |  |
| Then Routine Work - Prabararishta Yoga |             |                                   |                  |  | <b>Bhadrapada*Avani</b> |                        | Devaloka Time: 6:PM to 9:PM |  |

|                                  |             |                                     |                   |   |                         |                        |                             |  |
|----------------------------------|-------------|-------------------------------------|-------------------|---|-------------------------|------------------------|-----------------------------|--|
| <b>3</b>                         |             | <b>Wednesday, September 7, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau |                         |                        |                             | Dwarka, India<br>Sun 25<br>Sutra 143<br>Subhakrit 5124 |
| Makara Rasi: 3.53                | Tithi 12    | <b>Gulika</b>                       | 11:20AM – 12:54PM | <b>Uttarashadha Until 3:50PM</b>  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:40AM |                             |  |
|                                  | 584965473   | Yama                                | 8:13AM – 9:47AM   | Sobhana Until 1:14AM Thu  | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:07PM  | Moon 8 - Phase 20 - 25      | 4th Phase  |
| Creative Work                    | Amrita Yoga | <b>Rahu</b>                         | 12:54PM – 2:27PM  | Bava Until 1:35PM   | <b>Nataraja:</b> Clear  |                        |                             |  |
| Until 3:50PM                     |             |                                     |                   | <b>Dvadashi Until 12:04AM Thu</b>   | Moon – Light Blue       |                        | <b>Bhuloka Day</b>          |  |
| Then Creative Work - Siddha Yoga |             |                                     |                   |   | <b>Bhadrapada*Avani</b> |                        | Devaloka Time: 6:PM to 9:PM |  |

|                    |             |                                    |                  |   |                         |                        |                        |  |
|--------------------|-------------|------------------------------------|------------------|---|-------------------------|------------------------|------------------------|--|
| <b>4</b>           |             | <b>Thursday, September 8, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                         |                        |                        | Dwarka, India<br>Sun 26<br>Sutra 144<br>Subhakrit 5124 |
| Makara Rasi: 18.35 | Tithi 13    | <b>Gulika</b>                      | 9:47AM – 11:20AM | <b>Shravana Until 1:45PM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:40AM |                        |  |
|                    | 594965473   | Yama                               | 6:40AM – 8:14AM  | Athiganda* Until 9:39PM   | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:06PM  | Moon 8 - Phase 20 - 26 | 4th Phase  |
| Creative Work      | Siddha Yoga | <b>Rahu</b>                        | 2:27PM – 4:00PM  | Kaulava Until 10:34AM   | <b>Nataraja:</b> Clear  |                        |                        |  |
|                    |             |                                    |                  | <b>Trayodashi Until 9:03PM</b>  | Moon – Purple           |                        | <b>Devaloka Day</b>    |  |
|                    |             | <b>Avani Avittam</b>               |                  |   | <b>Bhadrapada*Avani</b> |                        |                        |  |
|                    |             |                                    |                  | <i>Pradosha Vrata</i>   |                         |                        |                        |  |

|                   |             |                                  |                   |  |                         |                        |                        |  |
|-------------------|-------------|----------------------------------|-------------------|--|-------------------------|------------------------|------------------------|--|
| <b>5</b>          |             | <b>Friday, September 9, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau |                         |                        |                        | Dwarka, India<br>Sun 27<br>Sutra 145<br>Subhakrit 5124 |
| Kumbha Rasi: 3.16 | Tithi 14    | <b>Gulika</b>                    | 8:14AM – 9:47AM   | <b>Dhanishtha Until 11:34AM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:41AM |                        |  |
|                   | 594965473   | Yama                             | 3:59PM – 5:32PM   | Sukarma Until 6:10PM   | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:05PM  | Moon 8 - Phase 20 - 27 | 4th Phase  |
| Creative Work     | Siddha Yoga | <b>Rahu</b>                      | 11:20AM – 12:53PM | Gara Until 7:35AM  | <b>Nataraja:</b> Clear  |                        |                        |  |
|                   |             |                                  |                   | <b>Chaturdashi* Until 6:08PM</b>   | Moon – Purple           |                        | <b>Devaloka Day</b>    |  |
|                   |             | <b>Chidambaram Abhishekam</b>    |                   |  | <b>Bhadrapada*Avani</b> |                        |                        |  |

|   |               |                                     |                  |   |                         |                        |                     |  |
|---|---------------|-------------------------------------|------------------|---|-------------------------|------------------------|---------------------|--|
|  |               | <b>Saturday, September 10, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                         |                        |                     | Dwarka, India<br>Sun 28<br>Sutra 146<br>Subhakrit 5124 |
| <b>Copper Retreat Star</b>  |               | <b>Gulika</b>                       | 6:41AM – 8:14AM  | <b>Shatabhishak Until 9:28AM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:41AM |                     |  |
| Kumbha Rasi: 17.49  | Tithi 15 – 16 | Yama                                | 2:26PM – 3:59PM  | Dhriti Until 2:55PM   | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:04PM  | Moon 8 - Phase 20 - | Purnima  |
|   | 594965473     | <b>Rahu</b>                         | 9:47AM – 11:20AM | Balava Until 2:19AM Sun   | <b>Nataraja:</b> Clear  |                        |                     |  |
| Creative Work   | Amrita Yoga   |                                     |                  | <b>Purnima* Until 3:29PM</b>  | Moon – Purple           |                        | <b>Devaloka Day</b> |  |
| Until 9:28AM  |               |                                     |                  |   | <b>Bhadrapada*Avani</b> |                        |                     |  |
| Then Routine Work - Marana Yoga   |               |                                     |                  |   |                         |                        |                     |  |

|                                   |               |   |                  |   |                         |  |                     |          |
|-----------------------------------|---------------|---|------------------|---|-------------------------|--|---------------------|----------|
| <b>Sunday, September 11, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau |                  |   |                         | Dwarka, India<br>Sun 29<br>Sutra 147<br>Subhakrit 5124 |                     |          |
| <b>Silver Retreat Star</b>        |               | <b>Gulika</b>   | 3:58PM – 5:31PM  | <b>Purvaprosarthapada* Until 8:01AM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:41AM                                 |                     |          |
| Meena Rasi: 2.08                  | Tithi 16 – 17 | Yama  | 12:52PM – 2:25PM | Shula* Until 11:58AM                    | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:03PM                                  | Moon 8 - Phase 20 - | Prathama |
|                                   | 514965473     | <b>Rahu</b>   | 5:31PM – 7:03PM  | Taitila Until 12:21AM Mon               | <b>Nataraja:</b> Clear  |  |                     |          |
| Creative Work                     | Siddha Yoga   |   |                  | <b>Prathama* Until 1:15PM</b>           | Moon – Clear            |  | <b>Devaloka Day</b> |          |
| Until 8:01AM                      |               | <b>Grandparent's Day</b>  |                  |   | <b>Bhadrapada*Avani</b> |  |                     |          |
| Then Creative Work - Amrita Yoga  |               |   |                  |   |                         |  |                     |          |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dwarka, India

Sun 1 Sutra 148

Subhakrit 5124

Meena Rasi: 16.06 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

514965473

Gulika

Yama

Rahu

2:25PM - 3:57PM

11:19AM - 12:52PM

8:14AM - 9:47AM

Uttaraproshtapada Until 6:57AM

Ganda\* Until 9:29AM

Vanija Until 11:01PM

Dvitiya Until 11:35AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 6:41AM

Sunset: 7:02PM

Devaloka Day

Moon 9 - Phase 21 - 1

1st Phase

1

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhi/Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Dwarka, India

Sun 2 Sutra 149

Subhakrit 5124

Meena Rasi: 29.41 Tithi 18 - 19

Creative Work Siddha Yoga

514965473

Gulika

Yama

Rahu

12:52PM - 2:24PM

9:47AM - 11:19AM

3:57PM - 5:29PM

Revati Until 6:25AM

Vridhi Until 7:34AM

Bava Until 10:26PM

Tritiya Until 10:36AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 6:42AM

Sunset: 7:01PM

Devaloka Day

Moon 9 - Phase 21 - 2

1st Phase

2

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dwarka, India

Sun 3 Sutra 150

Subhakrit 5124

Mesha Rasi: 12.49 Tithi 19 - 20

Routine Work Marana Yoga

Until 6:55AM

Then Creative Work - Siddha Yoga

524965473

Gulika

Yama

Rahu

11:19AM - 12:51PM

8:14AM - 9:47AM

12:51PM - 2:24PM

Ashvini Until 6:55AM

Dhruva Until 6:14AM

Kaulava Until 10:39PM

Chaturthi\* Until 10:25AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 6:42AM

Sunset: 7:00PM

Bhuloka Day  
Devaloka Time: 6:PM to 9:PM

Moon 9 - Phase 21 - 3

1st Phase

3

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dwarka, India

Sun 4 Sutra 151

Subhakrit 5124

Mesha Rasi: 25.34 Tithi 20 - 21

Creative Work Siddha Yoga

Until 8:04AM

Then Routine Work - Marana Yoga

525965473

Gulika

Yama

Rahu

9:47AM - 11:19AM

6:42AM - 8:14AM

2:23PM - 3:55PM

Bharani Until 8:04AM

Harshana Until 5:29AM Fri

Gara Until 11:38PM

Panchami Until 11:02AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 6:42AM

Sunset: 6:59PM

Devaloka Day

Moon 9 - Phase 21 - 4

1st Phase

4

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Dwarka, India

Sun 5 Sutra 152

Subhakrit 5124

Vrishabha Rasi: 7.58 Tithi 21 - 22

Creative Work Siddha Yoga

Until 9:47AM

Then Routine Work - Marana Yoga

525965473

Gulika

Yama

Rahu

8:15AM - 9:47AM

3:55PM - 5:27PM

11:19AM - 12:51PM

Krittika Until 9:47AM

Vajra\* Until 5:52AM Sat

Visti Until 1:19AM Sat

Shashthi\* Until 12:23PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 6:43AM

Sunset: 6:59PM

Devaloka Day

Moon 9 - Phase 21 - 5

1st Phase

5

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Dwarka, India

Sun 6 Sutra 153

Subhakrit 5124

Vrishabha Rasi: 20.07 Tithi 22 - 23

Creative Work Amrita Yoga

Until 12:25PM

Then Creative Work - Siddha Yoga

535965473

Gulika

Yama

Rahu

6:43AM - 8:15AM

2:22PM - 3:54PM

9:47AM - 11:18AM

Rohini Until 12:25PM

Siddhi Until 6:36AM Sun

Balava Until 3:28AM Sun

Saptami Until 2:20PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 6:43AM

Sunset: 6:58PM

Sivaloka Day

Moon 9 - Phase 21 - 6

Ashtami

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dwarka, India

Sun 7 Sutra 154

Subhakrit 5124

Mithuna Rasi: 2.05 Tithi 23 - 24

Creative Work Siddha Yoga

535965473

Gulika

Yama

Rahu

3:53PM - 5:25PM

12:50PM - 2:21PM

5:25PM - 6:57PM

Mrigashira Until 3:14PM

Siddhi Until 6:36AM

Taitila Until 5:53AM Mon

Ashtami\* Until 4:39PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 6:43AM

Sunset: 6:57PM

Sivaloka Day

Moon 9 - Phase 21 - 7

Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|                                  |                                   |                             |  |  |  |
|----------------------------------|-----------------------------------|-----------------------------|--|--|--|
| <b>1</b>                         | <b>Monday, September 19, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam<br>Ardra Nakshatra Vyalipata/Variyan Yoga Gara Karana Navamyam Titau |  | Dwarka, India<br>Sun 8 Sutra 155<br>Subhakrit 5124 |
|                                  | Mithuna Rasi: 13.57               | Tithi 24                    | <b>Gulika</b> 2:21PM – 3:53PM  | <b>Ardra Until 6:03PM</b>                  | <b>Ganesha:</b> White <i>Sunrise:</i> 6:43AM       |
| <b>Family Home Evening</b>       | 535965473                         | <b>Rahu</b> 8:15AM – 9:46AM | Vyatipata* Until 7:31AM  | <b>Muruqa:</b> White <i>Sunset:</i> 6:56PM | Moon 9 - Phase 22 - 8                              |
| Creative Work Siddha Yoga        |                                   |                             | Gara Until 7:06PM  | <b>Nataraja:</b> Clear                     | 2nd Phase  |
| Until 6:03PM                     |                                   |                             | <b>Navami* Until 7:06PM</b>  | Moon – Yellow                              | <b>Sivaloka Day</b>                                |
| Then Creative Work - Amrita Yoga |                                   |                             |  | <b>Bhadrapada-Puratasi</b>                 |  |


|                                  |                                    |                             |  |  |  |
|----------------------------------|------------------------------------|-----------------------------|--|--|--|
| <b>2</b>                         | <b>Tuesday, September 20, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam<br>Punarvasu Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau |  | Dwarka, India<br>Sun 9 Sutra 156<br>Subhakrit 5124 |
|                                  | Mithuna Rasi: 25.49                | Tithi 25                    | <b>Gulika</b> 12:49PM – 2:20PM   | <b>Punarvasu Until 9:06PM</b>              | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:44AM      |
| <b>Creative Work Siddha Yoga</b> | 545965473                          | <b>Rahu</b> 3:52PM – 5:23PM | Variyan Until 8:24AM   | <b>Muruqa:</b> White <i>Sunset:</i> 6:55PM | Moon 9 - Phase 22 - 9                              |
|                                  |                                    |                             | Vanija Until 8:19AM  | <b>Nataraja:</b> Clear                     | 2nd Phase  |
|                                  |                                    |                             | <b>Dashami Until 9:28PM</b>  | Moon – Blue                                | <b>Devaloka Day</b>                                |
|                                  |                                    |                             |  | <b>Bhadrapada-Puratasi</b>                 |  |

|                                  |                                      |                              |   |  |   |
|----------------------------------|--------------------------------------|------------------------------|---|--|---|
| <b>3</b>                         | <b>Wednesday, September 21, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam<br>Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau |  | Dwarka, India<br>Sun 10 Sutra 157<br>Subhakrit 5124 |
|                                  | Kataka Rasi: 7.45                    | Tithi 26                     | <b>Gulika</b> 11:18AM – 12:49PM   | <b>Pushya Until 11:45PM</b>                | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:44AM       |
| <b>Creative Work Siddha Yoga</b> | 545965473                            | <b>Rahu</b> 12:49PM – 2:20PM | Parigha* Until 9:10AM   | <b>Muruqa:</b> White <i>Sunset:</i> 6:54PM | Moon 9 - Phase 22 - 10                              |
|                                  |                                      |                              | Bava Until 10:35AM  | <b>Nataraja:</b> Clear                     | 2nd Phase   |
|                                  |                                      |                              | <b>Ekadashi* Until 11:34PM</b>  | Moon – Blue                                | <b>Devaloka Day</b>                                 |
|                                  |                                      |                              |   | <b>Bhadrapada-Puratasi</b>                 |   |

|                                  |                                     |                             |  |  |   |
|----------------------------------|-------------------------------------|-----------------------------|--|--|---|
| <b>4</b>                         | <b>Thursday, September 22, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam<br>Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau |  | Dwarka, India<br>Sun 11 Sutra 158<br>Subhakrit 5124 |
|                                  | Kataka Rasi: 19.49                  | Tithi 27                    | <b>Gulika</b> 9:46AM – 11:17AM   | <b>Ashlesha* Until 1:50AM Fri</b>          | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:44AM       |
| <b>Creative Work Siddha Yoga</b> | 545965473                           | <b>Rahu</b> 2:19PM – 3:50PM | Shiva Until 9:42AM   | <b>Muruqa:</b> White <i>Sunset:</i> 6:53PM | Moon 9 - Phase 22 - 11                              |
| Until 1:50AM Fri                 |                                     |                             | Kaulava Until 12:29PM  | <b>Nataraja:</b> Clear                     | 2nd Phase   |
| Then Routine Work - Marana Yoga  |                                     |                             | <b>Dvadashi* Until 1:16AM Fri</b>  | Moon – Blue                                | <b>Devaloka Day</b>                                 |
|                                  |                                     |                             |  | <b>Bhadrapada-Puratasi</b>                 |   |

|                                  |                                   |                               |   |  |   |
|----------------------------------|-----------------------------------|-------------------------------|---|--|---|
| <b>5</b>                         | <b>Friday, September 23, 2022</b> |                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam<br>Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau |  | Dwarka, India<br>Sun 12 Sutra 159<br>Subhakrit 5124 |
|                                  | Simha Rasi: 2.02                  | Tithi 28                      | <b>Gulika</b> 8:15AM – 9:46AM   | <b>Magha* Until 3:48AM Sat</b>             | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:45AM          |
| <b>Routine Work Marana Yoga</b>  | 555965473                         | <b>Rahu</b> 11:17AM – 12:48PM | Siddha Until 9:51AM   | <b>Muruqa:</b> White <i>Sunset:</i> 6:52PM | Moon 9 - Phase 22 - 12                              |
| Until 3:48AM Sat                 |                                   |                               | Gara Until 1:57PM   | <b>Nataraja:</b> Clear                     | 2nd Phase   |
| Then Creative Work - Siddha Yoga |                                   |                               | <b>Trayodashi* Until 2:29AM Sat</b>   | Moon – Red                                 | <b>Devaloka Day</b>                                 |
|                                  |                                   |                               |   | <b>Bhadrapada-Puratasi</b>                 |   |
|                                  |                                   |                               |   | <i>Pradosha Vrata (Fasting)</i>            |   |

|                                  |                                     |                              |   |  |   |
|----------------------------------|-------------------------------------|------------------------------|---|--|---|
| <b>6</b>                         | <b>Saturday, September 24, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam<br>Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |  | Dwarka, India<br>Sun 13 Sutra 160<br>Subhakrit 5124 |
|                                  | Simha Rasi: 14.28                   | Tithi 29                     | <b>Gulika</b> 6:45AM – 8:16AM   | <b>Purvaphalguni Until 5:06AM Sun</b>      | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:45AM          |
| <b>Creative Work Siddha Yoga</b> | 555965473                           | <b>Rahu</b> 9:46AM – 11:17AM | Sadhya Until 9:39AM   | <b>Muruqa:</b> White <i>Sunset:</i> 6:51PM | Moon 9 - Phase 22 - 13                              |
| Until 5:06AM Sun                 |                                     |                              | Visti* Until 2:56PM   | <b>Nataraja:</b> Clear                     | 2nd Phase   |
| Then Creative Work - Amrita Yoga |                                     |                              | <b>Chaturdashi* Until 3:12AM Sun</b>  | Moon – Red                                 | <b>Devaloka Day</b>                                 |
|                                  |                                     |                              |   | <b>Bhadrapada-Puratasi</b>                 |   |

|   |                                   |                                       |   |  |   |
|---|-----------------------------------|---------------------------------------|---|--|---|
|  | <b>Sunday, September 25, 2022</b> |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam<br>Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau |  | Dwarka, India<br>Sun 14 Sutra 161<br>Subhakrit 5124 |
|   | <b>Retreat Star</b>               | Tithi 30                              | <b>Gulika</b> 3:48PM – 5:19PM   | <b>Uttaraphalguni Until 5:45AM Mon</b>     | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:45AM         |
| Simha Rasi: 27.08   |                                   | <b>Rahu</b> 5:19PM – 6:50PM           | Subha Until 9:04AM  | <b>Muruqa:</b> White <i>Sunset:</i> 6:50PM | Moon 9 - Phase 22 - 14                              |
| <b>Creative Work Amrita Yoga</b>  | 566165473                         |                                       | Catuspada Until 3:23PM  | <b>Nataraja:</b> Clear                     | Amavasya  |
| Until 5:45AM Mon  |                                   |                                       | <b>Amavasya* Until 3:24AM Mon</b>   | Moon – Red                                 | <b>Bhuloka Day</b>                                  |
| Then Creative Work - Siddha Yoga  |                                   | <b>Mahalaya Amavasai (Tamil Nadu)</b> |   | <b>Bhadrapada-Puratasi</b>                 | <b>Devaloka Time: 6:PM to 9:PM</b>                  |

|                                  |                                   |                             |   |  |   |
|----------------------------------|-----------------------------------|-----------------------------|---|--|---|
| <b>Retreat Star</b>              | <b>Monday, September 26, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam<br>Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau |  | Dwarka, India<br>Sun 15 Sutra 162<br>Subhakrit 5124 |
|                                  | Kanya Rasi: 10.02                 | Tithi 1                     | <b>Gulika</b> 2:17PM – 3:48PM   | <b>Hasta Until 6:15AM Tue</b>              | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:45AM         |
| <b>Family Home Evening</b>       | 566165473                         | <b>Rahu</b> 8:16AM – 9:46AM | Sukla Until 8:03AM  | <b>Muruqa:</b> White <i>Sunset:</i> 6:49PM | Moon 9 - Phase 22 - 15                              |
| <b>Creative Work Siddha Yoga</b> |                                   |                             | Kintughna Until 3:20PM  | <b>Nataraja:</b> Clear                     | Prathama  |
|                                  |                                   |                             | <b>Prathama* Until 3:08AM Tue</b>   | Moon – Green                               | <b>Bhuloka Day</b>                                  |
|                                  |                                   | <b>Navaratri Begins</b>     |   | <b>Ashvina-Puratasi</b>                    | <b>Devaloka Time: 6:PM to 9:PM</b>                  |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|   |                                    |             |  |                                  |                        |   |  |
|---|------------------------------------|-------------|--|----------------------------------|------------------------|---|--|
| 1 | <b>Tuesday, September 27, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                  |                        |   | Dwarka, India<br>Sun 16<br>Sutra 163<br>Subhakrit 5124 |
|   | Kanya Rasi: 23.11                  | Tithi 2     | <b>Gulika</b> 12:47PM – 2:17PM   | <b>Hasta</b> <b>Until 6:15AM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:46AM                            |  |
|   |                                    |             | Yama 9:46AM – 11:16AM  | Brahma <b>Until 6:41AM</b>       | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:48PM                             | Moon 9 - Phase 23 - 16                                 |
|   | Creative Work                      | Siddha Yoga | 666165473 <b>Rahu</b> 3:47PM – 5:17PM  | Balava <b>Until 2:51PM</b>       | <b>Nataraja:</b> Clear |   | 3rd Phase  |
|   |                                    |             | <b>Dvitiya</b> <b>Until 2:27AM Wed</b>   | Moon – Green                     |                        | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

|   |                                      |             |  |                                    |                        |   |  |
|---|--------------------------------------|-------------|--|------------------------------------|------------------------|---|--|
| 2 | <b>Wednesday, September 28, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau |                                    |                        |   | Dwarka, India<br>Sun 17<br>Sutra 164<br>Subhakrit 5124 |
|   | Tula Rasi: 6.33                      | Tithi 3     | <b>Gulika</b> 11:16AM – 12:46PM  | <b>Chitra</b> <b>Until 6:11AM</b>  | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:46AM                            |  |
|   |                                      |             | Yama 8:16AM – 9:46AM   | Vaidhriti* <b>Until 3:02AM Thu</b> | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:47PM                             | Moon 9 - Phase 23 - 17                                 |
|   | Creative Work                        | Siddha Yoga | 666165473 <b>Rahu</b> 12:46PM – 2:16PM   | Taitila <b>Until 1:59PM</b>        | <b>Nataraja:</b> Clear |   | 3rd Phase  |
|   |                                      |             | <b>Tritiya</b> <b>Until 1:24AM Thu</b>   | Moon – Green                       |                        | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|   |                                      |             |  | Ashvina+Puratasi                   |                        |   |  |

|   |                                     |             |  |   |                        |   |  |
|---|-------------------------------------|-------------|--|---|------------------------|---|--|
| 3 | <b>Thursday, September 29, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthiyam Titau |   |                        |   | Dwarka, India<br>Sun 18<br>Sutra 165<br>Subhakrit 5124 |
|   | Tula Rasi: 20.07                    | Tithi 4     | <b>Gulika</b> 9:46AM – 11:16AM   | <b>Vishakha</b> <b>Until 5:07AM Fri</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:46AM                            |  |
|   |                                     |             | Yama 6:46AM – 8:16AM   | Vishkambha* <b>Until 12:49AM Fri</b>    | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:46PM                             | Moon 9 - Phase 23 - 18                                 |
|   | Creative Work                       | Siddha Yoga | 676165473 <b>Rahu</b> 2:16PM – 3:46PM  | Vanija <b>Until 12:47PM</b>             | <b>Nataraja:</b> Clear |   | 3rd Phase  |
|   |                                     |             | <b>Chaturthi</b> <b>Until 12:04AM Fri</b>  | Moon – Orange                           |                        | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|   |                                     |             |  | Ashvina+Puratasi                        |                        |   |  |

|   |                                   |             |  |   |                        |   |  |
|---|-----------------------------------|-------------|--|---|------------------------|---|--|
| 4 | <b>Friday, September 30, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau |   |                        |   | Dwarka, India<br>Sun 19<br>Sutra 166<br>Subhakrit 5124 |
|   | Vrischika Rasi: 3.5               | Tithi 5     | <b>Gulika</b> 8:16AM – 9:46AM  | <b>Anuradha</b> <b>Until 4:11AM Sat</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:47AM                            |  |
|   |                                   |             | Yama 3:45PM – 5:15PM   | Priti <b>Until 10:26PM</b>              | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:45PM                             | Moon 9 - Phase 23 - 19                                 |
|   | Creative Work                     | Siddha Yoga | 676165473 <b>Rahu</b> 11:16AM – 12:46PM  | Bava <b>Until 11:19AM</b>               | <b>Nataraja:</b> Clear |   | 3rd Phase  |
|   |                                   |             | <b>Panchami</b> <b>Until 10:28PM</b>   | Moon – Orange                           |                        | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|   |                                   |             |  | Ashvina+Puratasi                        |                        |   |  |

|   |                                  |             |  |  |                        |   |  |
|---|----------------------------------|-------------|--|--|------------------------|---|--|
| 5 | <b>Saturday, October 1, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau |  |                        |   | Dwarka, India<br>Sun 20<br>Sutra 167<br>Subhakrit 5124 |
|   | Vrischika Rasi: 17.42            | Tithi 6     | <b>Gulika</b> 6:47AM – 8:16AM  | <b>Jyeshtha*</b> <b>Until 2:56AM Sun</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:47AM                            |  |
|   |                                  |             | Yama 2:15PM – 3:45PM   | Ayushman <b>Until 7:51PM</b>             | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:44PM                             | Moon 9 - Phase 23 - 20                                 |
|   | Creative Work                    | Siddha Yoga | 676165473 <b>Rahu</b> 9:46AM – 11:16AM   | Kaulava <b>Until 9:37AM</b>              | <b>Nataraja:</b> Clear |   | 3rd Phase  |
|   |                                  |             | <b>Shashthi*</b> <b>Until 8:40PM</b>   | Moon – Orange                            |                        | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|   |                                  |             |  | Ashvina+Puratasi                         |                        |   |  |

|   |                                |             |  |                                      |                        |                        |  |
|---|--------------------------------|-------------|--|--------------------------------------|------------------------|------------------------|--|
| 6 | <b>Sunday, October 2, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau |                                      |                        |                        | Dwarka, India<br>Sun 21<br>Sutra 168<br>Subhakrit 5124 |
|   | Dhanus Rasi: 1.42              | Tithi 7     | <b>Gulika</b> 3:44PM – 5:13PM  | <b>Mula*</b> <b>Until 1:47AM Mon</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:47AM |  |
|   |                                |             | Yama 12:45PM – 2:14PM  | Saubhagya <b>Until 5:08PM</b>        | <b>Muruqa:</b> Green   | <i>Sunset:</i> 6:43PM  | Moon 9 - Phase 23 - 21                                 |
|   | Creative Work                  | Amrita Yoga | 687166473 <b>Rahu</b> 5:13PM – 6:43PM  | Gara <b>Until 7:43AM</b>             | <b>Nataraja:</b> Clear |                        | 3rd Phase  |
|   |                                |             | <b>Saptami</b> <b>Until 6:42PM</b>   | Moon – Light Blue                    |                        | <b>Sivaloka Day</b>    |  |
|   |                                |             |  | Ashvina+Puratasi                     |                        |                        |  |

|   |                                |                                       |  |  |                        |                        |  |
|---|--------------------------------|---------------------------------------|--|--|------------------------|------------------------|--|
| D | <b>Monday, October 3, 2022</b> |                                       | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |  |                        |                        | Dwarka, India<br>Sun 22<br>Sutra 169<br>Subhakrit 5124 |
|   | <b>Retreat Star</b>            |                                       | <b>Gulika</b> 2:14PM – 3:43PM  | <b>Purvashadha*</b> <b>Until 12:22AM Tue</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:47AM |  |
|   | Dhanus Rasi: 15.48             | Tithi 8 – 9                           | Yama 11:15AM – 12:45PM   | Sobhana <b>Until 2:18PM</b>                  | <b>Muruqa:</b> Green   | <i>Sunset:</i> 6:42PM  | Moon 9 - Phase 23 - 22                                 |
|   | <b>Family Home Evening</b>     | 687166473 <b>Rahu</b> 8:17AM – 9:46AM |  | Balava <b>Until 3:29AM Tue</b>               | <b>Nataraja:</b> Clear |                        | Ashtami  |
|   |                                |                                       | <b>Ashtami*</b> <b>Until 4:35PM</b>  | Moon – Light Blue                            |                        | <b>Sivaloka Day</b>    |  |
|   |                                |                                       |  | Ashvina+Puratasi                             |                        |                        |  |

|   |                                 |                    |   |  |                        |                        |  |
|---|---------------------------------|--------------------|---|--|------------------------|------------------------|--|
| D | <b>Tuesday, October 4, 2022</b> |                    | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |  |                        |                        | Dwarka, India<br>Sun 23<br>Sutra 170<br>Subhakrit 5124 |
|   | <b>Retreat Star</b>             |                    | <b>Gulika</b> 12:44PM – 2:14PM  | <b>Uttarashadha</b> <b>Until 10:42PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:48AM |  |
|   | Dhanus Rasi: 29.59              | Tithi 9 – 10       | Yama 9:46AM – 11:15AM   | Athiganda* <b>Until 11:21AM</b>          | <b>Muruqa:</b> Green   | <i>Sunset:</i> 6:41PM  | Moon 9 - Phase 23 - 23                                 |
|   | Routine Work                    | Prabalarishta Yoga | 687166473 <b>Rahu</b> 3:43PM – 5:12PM   | Taitila <b>Until 1:13AM Wed</b>          | <b>Nataraja:</b> Clear |                        | Navami   |
|   |                                 |                    | <b>Navami*</b> <b>Until 2:20PM</b>  | Moon – Light Blue                        |                        | <b>Sivaloka Day</b>    |  |
|   |                                 |                    |   | Ashvina+Puratasi                         |                        |                        |  |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Dwarka, India on 5/1/20


www.gurudeva.org/panchang


|   |                                   |               |   |  |   |   |  |
|---|-----------------------------------|---------------|---|--|---|---|--|
| <b>1</b>  | <b>Wednesday, October 5, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |  |   |   | Dwarka, India<br>Sun 24 Sutra 171<br>Subhakrit 5124                            |
|   | Makara Rasi: 14.14                | Tithi 10 - 11 | <b>Gulika</b> 11:15AM - 12:44PM<br>Yama 8:17AM - 9:46AM<br>697166473 <b>Rahu</b> 12:44PM - 2:13PM   | <b>Shravana Until 9:16PM</b><br>Sukarma Until 8:20AM<br>Vanija Until 10:54PM<br><b>Vijaya Dasami</b> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> Clear<br>Moon - Purple | <b>Sunrise:</b> 6:48AM<br><b>Sunset:</b> 6:40PM | Moon 9 - Phase 24 - 24<br>4th Phase<br><b>Devaloka Day</b><br>Ashvina+Puratasi |
| Creative Work Siddha Yoga<br>Until 9:16PM<br>Then Routine Work - Prabalarishta Yoga |                                   |               |   |  |   |   |  |

|                           |                                  |               |   |  |   |   |  |
|---------------------------|----------------------------------|---------------|---|--|---|---|--|
| <b>2</b>                  | <b>Thursday, October 6, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |  |   |   | Dwarka, India<br>Sun 25 Sutra 172<br>Subhakrit 5124                            |
|                           | Makara Rasi: 28.31               | Tithi 11 - 12 | <b>Gulika</b> 9:46AM - 11:15AM<br>Yama 6:48AM - 8:17AM<br>697166473 <b>Rahu</b> 2:13PM - 3:41PM   | <b>Dhanishtha Until 7:44PM</b><br>Shula* Until 2:21AM Fri<br>Bava Until 8:37PM<br><b>Ekadashi Until 9:44AM</b> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> Clear<br>Moon - Purple | <b>Sunrise:</b> 6:48AM<br><b>Sunset:</b> 6:39PM | Moon 9 - Phase 24 - 25<br>4th Phase<br><b>Devaloka Day</b><br>Ashvina+Puratasi |
| Creative Work Siddha Yoga |                                  |               |   |  |   |   |  |

|                           |                                |               |   |  |   |   |  |
|---------------------------|--------------------------------|---------------|---|--|---|---|--|
| <b>3</b>                  | <b>Friday, October 7, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |  |   |   | Dwarka, India<br>Sun 26 Sutra 173<br>Subhakrit 5124                            |
|                           | Kumbha Rasi: 12.44             | Tithi 12 - 13 | <b>Gulika</b> 8:17AM - 9:46AM<br>Yama 3:41PM - 5:10PM<br>697166473 <b>Rahu</b> 11:15AM - 12:43PM  | <b>Shatabhishak Until 6:11PM</b><br>Ganda* Until 11:31PM<br>Kaulava Until 6:28PM<br><b>Dvadashi Until 7:30AM</b> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> Clear<br>Moon - Purple | <b>Sunrise:</b> 6:49AM<br><b>Sunset:</b> 6:38PM | Moon 9 - Phase 24 - 26<br>4th Phase<br><b>Devaloka Day</b><br>Ashvina+Puratasi |
| Creative Work Siddha Yoga |                                |               | <i>Pradosha Vrata</i>   |  |   |   |  |

|  |                                  |          |   |  |  |   |   |
|--|----------------------------------|----------|---|--|--|---|---|
| <b>4</b>   | <b>Saturday, October 8, 2022</b> |          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau |  |  |   | Dwarka, India<br>Sun 27 Sutra 174<br>Subhakrit 5124                           |
|  | Kumbha Rasi: 26.5                | Tithi 14 | <b>Gulika</b> 6:49AM - 8:18AM<br>Yama 2:12PM - 3:40PM<br>618166474 <b>Rahu</b> 9:46AM - 11:15AM   | <b>Purvaproshtapada* Until 5:09PM</b><br>Vriddhi Until 8:55PM<br>Gara Until 4:34PM<br><b>Chaturdashi* Until 3:43AM Sun</b> | <b>Ganesha:</b> White<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> Purple<br>Moon - Clear | <b>Sunrise:</b> 6:49AM<br><b>Sunset:</b> 6:37PM | Moon 9 - Phase 24 - 27<br>4th Phase<br><b>Bhuloka Day</b><br>Ashvina+Puratasi |
| Routine Work Marana Yoga<br>Until 5:09PM<br>Then Creative Work - Siddha Yoga |                                  |          | <b>Chidambaram Abhishekam</b>   |  |  |   |   |

|   |                                |  |   |  |  |   |  |
|---|--------------------------------|--|---|--|--|---|--|
|  | <b>Sunday, October 9, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau |  |  |   | Dwarka, India<br>Sutra 175<br>Subhakrit 5124                             |
|   | <b>Copper Retreat Star</b>     |  | <b>Gulika</b> 3:40PM - 5:08PM<br>Yama 12:43PM - 2:11PM<br>618166474 <b>Rahu</b> 5:08PM - 6:36PM   | <b>Uttaraproshtapada Until 4:20PM</b><br>Dhruva Until 6:35PM<br>Visti Until 3:01PM<br><b>Purnima* Until 2:24AM Mon</b> | <b>Ganesha:</b> White<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> Purple<br>Moon - Clear | <b>Sunrise:</b> 6:49AM<br><b>Sunset:</b> 6:36PM | Moon 9 - Phase 24 -<br>Purnima<br><b>Bhuloka Day</b><br>Ashvina+Puratasi |
| Meena Rasi: 10.44 Tithi 15<br>Creative Work Amrita Yoga                           |                                |  |   |  |  |   |  |

|   |                                 |  |  |  |  |   |   |
|---|---------------------------------|--|--|--|--|---|---|
|  | <b>Monday, October 10, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau |  |  |   | Dwarka, India<br>Sutra 176<br>Subhakrit 5124                              |
|   | <b>Silver Retreat Star</b>      |  | <b>Gulika</b> 2:11PM - 3:39PM<br>Yama 11:14AM - 12:43PM<br>618166474 <b>Rahu</b> 8:18AM - 9:46AM   | <b>Revati Until 3:51PM</b><br>Vyaghata* Until 4:40PM<br>Balava Until 1:58PM<br><b>Prathama* Until 1:37AM Tue</b> | <b>Ganesha:</b> White<br><b>Muruqa:</b> Green<br><b>Nataraja:</b> Purple<br>Moon - Clear | <b>Sunrise:</b> 6:50AM<br><b>Sunset:</b> 6:36PM | Moon 9 - Phase 24 -<br>Prathama<br><b>Bhuloka Day</b><br>Ashvina+Puratasi |
| Meena Rasi: 24.23 Tithi 16<br>Family Home Evening<br>Creative Work Siddha Yoga      |                                 |  |  |  |  |   |   |





**Tuesday, October 11, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Dwarka, India  
 Sutra 177

Mesha Rasi: 7.44      Tithi 17  
 628176474 Rahu  
 Creative Work    Siddha Yoga

**Gulika**    12:42PM – 2:10PM  
 Yama      9:46AM – 11:14AM  
**Rahu**      3:39PM – 5:07PM

**Ashvini Until 4:15PM**  
 Harshana Until 3:14PM  
 Taitila Until 1:29PM  
**Dvitiya Until 1:28AM Wed**

**Ganesha:** Yellow    *Sunrise: 6:50AM*  
**Muruqa:** White      *Sunset: 6:35PM*  
**Nataraja:** Purple  
 Moon – White

Subhakrit 5124  
 Moon 10 - Phase 25 -  
 1st Phase  
**Bhuloka Day**  
 Devaloka Time: 6:AM to 9:AM

**1**

**Wednesday, October 12, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
 Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Dwarka, India  
 Sun 1      Sutra 178

Mesha Rasi: 20.44      Tithi 18  
 628176474 Rahu  
 Creative Work    Siddha Yoga  
 Until 5:08PM  
 Then Creative Work - Amrita Yoga

**Gulika**    11:14AM – 12:42PM  
 Yama      8:18AM – 9:46AM  
**Rahu**      12:42PM – 2:10PM

**Bharani Until 5:08PM**  
 Vajra\* Until 2:17PM  
 Vanija Until 1:40PM  
**Tritiya Until 2:00AM Thu**

**Ganesha:** Yellow    *Sunrise: 6:51AM*  
**Muruqa:** White      *Sunset: 6:34PM*  
**Nataraja:** Purple  
 Moon – White

Subhakrit 5124  
 Moon 10 - Phase 25 - 1  
 1st Phase  
**Bhuloka Day**  
 Devaloka Time: 6:AM to 9:AM

**2**

**Thursday, October 13, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
 Krittika Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Dwarka, India  
 Sun 2      Sutra 179

Wrishabha Rasi: 3.25      Tithi 19  
 628176474 Rahu  
 Routine Work    Marana Yoga

**Gulika**    9:46AM – 11:14AM  
 Yama      6:51AM – 8:19AM  
**Rahu**      2:10PM – 3:37PM

**Krittika Until 6:31PM**  
 Siddhi Until 1:53PM  
 Bava Until 2:32PM  
**Chaturthi\* Until 3:11AM Fri**

**Ganesha:** Yellow    *Sunrise: 6:51AM*  
**Muruqa:** White      *Sunset: 6:33PM*  
**Nataraja:** Purple  
 Moon – White

Subhakrit 5124  
 Moon 10 - Phase 25 - 2  
 1st Phase  
**Bhuloka Day**  
 Devaloka Time: 6:AM to 9:AM

**3**

**Friday, October 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Rohini Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Dwarka, India  
 Sun 3      Sutra 180

Wrishabha Rasi: 15.47      Tithi 20  
 638176474 Rahu  
 Routine Work    Marana Yoga  
 Until 8:49PM  
 Then Creative Work - Siddha Yoga

**Gulika**    8:19AM – 9:46AM  
 Yama      3:37PM – 5:04PM  
**Rahu**      11:14AM – 12:42PM

**Rohini Until 8:49PM**  
 Vyatipata\* Until 1:58PM  
 Kaulava Until 4:02PM  
**Panchami Until 4:57AM Sat**

**Ganesha:** Blue      *Sunrise: 6:51AM*  
**Muruqa:** White      *Sunset: 6:32PM*  
**Nataraja:** Purple  
 Moon – Yellow

Subhakrit 5124  
 Moon 10 - Phase 25 - 3  
 1st Phase  
**Bhuloka Day**

**4**

**Saturday, October 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
 Mrigashira Nakshatra Variyan/Parigha\* Yoga Gara Karana Shashthayam Titau

Dwarka, India  
 Sun 4      Sutra 181

Wrishabha Rasi: 27.57      Tithi 21  
 639176474 Rahu  
 Creative Work    Siddha Yoga

**Gulika**    6:52AM – 8:19AM  
 Yama      2:09PM – 3:36PM  
**Rahu**      9:47AM – 11:14AM

**Mrigashira Until 11:25PM**  
 Variyan Until 2:26PM  
 Gara Until 6:02PM  
**Shashthi\* Until 7:09AM Sun**

**Ganesha:** Red      *Sunrise: 6:52AM*  
**Muruqa:** White      *Sunset: 6:31PM*  
**Nataraja:** Purple  
 Moon – Yellow

Subhakrit 5124  
 Moon 10 - Phase 25 - 4  
 1st Phase  
**Bhuloka Day**  
 Devaloka Time: 9:AM to 12:PM

**5**

**Sunday, October 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Dwarka, India  
 Sun 5      Sutra 182

Mithuna Rasi: 9.56      Tithi 21 – 22  
 639176474 Rahu  
 Creative Work    Siddha Yoga  
 Until 2:07AM Mon  
 Then Creative Work - Amrita Yoga

**Gulika**    3:36PM – 5:03PM  
 Yama      12:41PM – 2:08PM  
**Rahu**      5:03PM – 6:30PM

**Ardra Until 2:07AM Mon**  
 Parigha\* Until 3:10PM  
 Visti Until 8:22PM  
**Shashthi\* Until 7:09AM**

**Ganesha:** Red      *Sunrise: 6:52AM*  
**Muruqa:** White      *Sunset: 6:30PM*  
**Nataraja:** Purple  
 Moon – Yellow

Subhakrit 5124  
 Moon 10 - Phase 25 - 5  
 1st Phase  
**Bhuloka Day**  
 Devaloka Time: 9:AM to 12:PM

**6**

**Monday, October 17, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
 Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dwarka, India  
 Sun 6      Sutra 183

Mithuna Rasi: 21.5      Tithi 22 – 23  
**Family Home Evening**    649176474 Rahu  
 Creative Work    Amrita Yoga  
 Until 5:12AM Tue  
 Then Creative Work - Siddha Yoga

**Gulika**    2:08PM – 3:35PM  
 Yama      11:14AM – 12:41PM  
**Rahu**      8:20AM – 9:47AM

**Punarvasu Until 5:12AM Tue**  
 Shiva Until 4:02PM  
 Balava Until 10:48PM  
**Saptami Until 9:34AM**

**Ganesha:** Green      *Sunrise: 6:52AM*  
**Muruqa:** White      *Sunset: 6:30PM*  
**Nataraja:** Purple  
 Moon – Blue

Subhakrit 5124  
 Moon 10 - Phase 25 - 6  
 Ashtami  
**Devaloka Day**

**Tuesday, October 18, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dwarka, India  
 Sun 7      Sutra 184

Kataka Rasi: 3.43      Tithi 23 – 24  
 649176474 Rahu  
 Creative Work    Siddha Yoga

**Gulika**    12:41PM – 2:08PM  
 Yama      9:47AM – 11:14AM  
**Rahu**      3:35PM – 5:02PM

**Pushya Until 7:59AM Wed**  
 Siddha Until 4:50PM  
 Taitila Until 1:09AM Wed  
**Ashtami\* Until 11:59AM**

**Ganesha:** Green      *Sunrise: 6:53AM*  
**Muruqa:** White      *Sunset: 6:29PM*  
**Nataraja:** Purple  
 Moon – Blue

Subhakrit 5124  
 Moon 10 - Phase 25 - 7  
 Navami  
**Devaloka Day**  
 Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|                   |               |                                    |  |   |  |   |
|-------------------|---------------|------------------------------------|--|---|--|---|
| <b>1</b>          |               | <b>Wednesday, October 19, 2022</b> |  | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau |  | Dwarka, India<br>Sun 8<br>Sutra 185<br>Subhakarit 5124  |
| Kataka Rasi: 15.4 | Tithi 24 – 25 | 649176474                          | <b>Gulika</b> 11:14AM – 12:41PM<br><b>Yama</b> 8:20AM – 9:47AM<br><b>Rahu</b> 12:41PM – 2:07PM | <b>Pushya Until 7:59AM</b><br>Sadhya Until 5:28PM<br>Vanija Until 3:12AM Thu<br><b>Navami* Until 2:12PM</b>   | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Ashvina•Aipasi</b> | Sunrise: 6:53AM<br>Sunset: 6:28PM<br>Moon 10 - Phase 26 - 8<br>2nd Phase<br><b>Devaloka Day</b> |
| Creative Work     | Siddha Yoga   |                                    |  |   |  |   |

|                                  |               |                                   |  |   |  |   |
|----------------------------------|---------------|-----------------------------------|--|---|--|---|
| <b>2</b>                         |               | <b>Thursday, October 20, 2022</b> |  | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  | Dwarka, India<br>Sun 9<br>Sutra 186<br>Subhakarit 5124  |
| Kataka Rasi: 27.44               | Tithi 25 – 26 | 649276474                         | <b>Gulika</b> 9:47AM – 11:14AM<br><b>Yama</b> 6:54AM – 8:20AM<br><b>Rahu</b> 2:07PM – 3:34PM | <b>Ashlesha* Until 10:17AM</b><br>Subha Until 5:49PM<br>Bava Until 4:47AM Fri<br><b>Dashami Until 4:02PM</b>  | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Purple<br>Moon – Blue<br><b>Ashvina•Aipasi</b> | Sunrise: 6:54AM<br>Sunset: 6:27PM<br>Moon 10 - Phase 26 - 9<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
| Creative Work                    | Siddha Yoga   |                                   |  |   |  |   |
| Until 10:17AM                    |               |                                   |  |   |  |   |
| Then Creative Work - Amrita Yoga |               |                                   |  |   |  |   |

|                                  |               |                                 |   |   |   |   |
|----------------------------------|---------------|---------------------------------|---|---|---|---|
| <b>3</b>                         |               | <b>Friday, October 21, 2022</b> |   | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |   | Dwarka, India<br>Sun 10<br>Sutra 187<br>Subhakarit 5124   |
| Simha Rasi: 10                   | Tithi 26 – 27 | 659276474                       | <b>Gulika</b> 8:21AM – 9:47AM<br><b>Yama</b> 3:33PM – 5:00PM<br><b>Rahu</b> 11:14AM – 12:40PM | <b>Magha* Until 12:25PM</b><br>Sukla Until 5:43PM<br>Kaulava Until 5:48AM Sat<br><b>Ekadashi* Until 5:21PM</b>  | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Ashvina•Aipasi</b> | Sunrise: 6:54AM<br>Sunset: 6:26PM<br>Moon 10 - Phase 26 - 10<br>2nd Phase<br><b>Bhuloka Day</b> |
| Routine Work                     | Marana Yoga   |                                 |   |   |   |   |
| Until 12:25PM                    |               |                                 |   |   |   |   |
| Then Creative Work - Siddha Yoga |               |                                 |   |   |   |   |

|                                 |             |                                   |  |   |   |   |
|---------------------------------|-------------|-----------------------------------|--|---|---|---|
| <b>4</b>                        |             | <b>Saturday, October 22, 2022</b> |  | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Taitila Karana Dvadashyam Titau |   | Dwarka, India<br>Sun 11<br>Sutra 188<br>Subhakarit 5124   |
| Simha Rasi: 22.31               | Tithi 27    | 659276474                         | <b>Gulika</b> 6:55AM – 8:21AM<br><b>Yama</b> 2:06PM – 3:33PM<br><b>Rahu</b> 9:47AM – 11:14AM | <b>Purvaphalguni Until 1:48PM</b><br>Brahma Until 5:09PM<br>Taitila Until 6:03PM<br><b>Dvadashi* Until 6:03PM</b>   | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Ashvina•Aipasi</b> | Sunrise: 6:55AM<br>Sunset: 6:26PM<br>Moon 10 - Phase 26 - 11<br>2nd Phase<br><b>Bhuloka Day</b> |
| Creative Work                   | Siddha Yoga |                                   |  |   |   |   |
| Until 1:48PM                    |             |                                   |  |   |   |   |
| Then Routine Work - Marana Yoga |             |                                   |  |   |   |   |

|                 |             |                                 |  |   |  |   |
|-----------------|-------------|---------------------------------|--|---|--|---|
| <b>5</b>        |             | <b>Sunday, October 23, 2022</b> |  | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau |  | Dwarka, India<br>Sun 12<br>Sutra 189<br>Subhakarit 5124   |
| Kanya Rasi: 5.2 | Tithi 28    | 651276474                       | <b>Gulika</b> 3:32PM – 4:59PM<br><b>Yama</b> 12:40PM – 2:06PM<br><b>Rahu</b> 4:59PM – 6:25PM | <b>Uttaraphalguni Until 2:25PM</b><br>Indra Until 4:07PM<br>Gara Until 6:10AM<br><b>Trayodashi* Until 6:05PM</b><br><i>Pradosha Vrata (Fasting)</i>   | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Purple<br>Moon – Red<br><b>Ashvina•Aipasi</b> | Sunrise: 6:55AM<br>Sunset: 6:25PM<br>Moon 10 - Phase 26 - 12<br>2nd Phase<br><b>Bhuloka Day</b> |
| Creative Work   | Amrita Yoga |                                 |  |   |  |   |
|                 |             |                                 | <b>Deepavali Hindu Solidarity Day</b>  |   |  |   |

|  |               |                                 |   |  |  |   |
|--|---------------|---------------------------------|---|--|--|---|
| <b>6</b>                               |               | <b>Monday, October 24, 2022</b> |   | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  | Dwarka, India<br>Sun 13<br>Sutra 190<br>Subhakarit 5124   |
| Kanya Rasi: 18.28                      | Tithi 29 – 30 | 661276474                       | <b>Gulika</b> 2:06PM – 3:32PM<br><b>Yama</b> 11:14AM – 12:40PM<br><b>Rahu</b> 8:22AM – 9:48AM | <b>Hasta Until 2:43PM</b><br>Vaidhriti* Until 2:32PM<br>Catuspada Until 5:00AM Tue<br><b>Chaturdashi* Until 5:30PM</b>   | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Ashvina•Aipasi</b> | Sunrise: 6:55AM<br>Sunset: 6:24PM<br>Moon 10 - Phase 26 - 13<br>2nd Phase<br><b>Bhuloka Day</b> |
| Family Home Evening                    |               |                                 |   |  |  |   |
| Creative Work                          | Siddha Yoga   |                                 |   |  |  |   |
| Until 2:43PM                           |               |                                 | <b>Subramuniyaswami Mahasamadhi</b>   |  |  |   |
| Then Routine Work - Prabalarishta Yoga |               |                                 |   |  |  |   |

|                     |              |                                  |   |   |  |  |
|---------------------|--------------|----------------------------------|---|---|--|--|
| <b>Retreat Star</b> |              | <b>Tuesday, October 25, 2022</b> |   | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |  | Dwarka, India<br>Sun 14<br>Sutra 191<br>Subhakarit 5124  |
| Tula Rasi: 1.56     | Tithi 30 – 1 | 661276474                        | <b>Gulika</b> 12:40PM – 2:06PM<br><b>Yama</b> 9:48AM – 11:14AM<br><b>Rahu</b> 3:32PM – 4:58PM | <b>Chitra Until 2:17PM</b><br>Vishkambha* Until 12:31PM<br>Kintughna Until 3:36AM Wed<br><b>Amavasya* Until 4:20PM</b>  | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> White<br><b>Nataraja:</b> Purple<br>Moon – Green<br><b>Ashvina•Aipasi</b> | Sunrise: 6:56AM<br>Sunset: 6:23PM<br>Moon 10 - Phase 26 - 14<br>Amavasya<br><b>Bhuloka Day</b> |
| Creative Work       | Siddha Yoga  |                                  |   |   |  |  |

|                     |             |                                    |  |  |  |   |
|---------------------|-------------|------------------------------------|--|--|--|---|
| <b>Retreat Star</b> |             | <b>Wednesday, October 26, 2022</b> |  | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  | Dwarka, India<br>Sun 15<br>Sutra 192<br>Subhakarit 5124   |
| Tula Rasi: 15.42    | Tithi 1 – 2 | 661276574                          | <b>Gulika</b> 11:14AM – 12:40PM<br><b>Yama</b> 8:22AM – 9:48AM<br><b>Rahu</b> 12:40PM – 2:05PM | <b>Svati Until 1:15PM</b><br>Priti Until 10:07AM<br>Balava Until 1:46AM Thu<br><b>Prathama* Until 2:43PM</b>   | <b>Ganesha:</b> Light Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Karttika•Aipasi</b> | Sunrise: 6:56AM<br>Sunset: 6:23PM<br>Moon 10 - Phase 26 - 15<br>Prathama<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Creative Work       | Siddha Yoga |                                    |  |  |  |   |
|                     |             |                                    | <b>Skanda Shasthi Begins</b>   |  |  |   |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

|          |                                   |             |  |                               |                        |                             |                                      |
|----------|-----------------------------------|-------------|--|-------------------------------|------------------------|-----------------------------|--------------------------------------|
| <b>1</b> | <b>Thursday, October 27, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dviliya/Tritiyayam Titau |                               |                        |                             | Dwarka, India                        |
|          | Tula Rasi: 29.43                  | Tithi 2 - 3 | <b>Gulika</b> 9:48AM - 11:14AM   | <b>Vishakha</b> Until 12:08PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:57AM      | Sun 16 Sutra 193                     |
|          |                                   |             | Yama 6:57AM - 8:22AM   | Ayushman Until 7:24AM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:22PM       | Subhakrit 5124                       |
|          | Creative Work Siddha Yoga         | 671276574   | <b>Rahu</b> 2:05PM - 3:31PM  | Taitila Until 11:39PM         | <b>Nataraja:</b> Clear |                             | Moon 10 - Phase 27 - 16<br>3rd Phase |
|          |                                   |             | <b>Dvitiya</b> Until 12:43PM   | Moon - Orange                 |                        | <b>Bhuloka Day</b>          |                                      |
|          |                                   |             |  | Karttika-Aipasi               |                        | Devaloka Time: 3:PM to 6:PM |                                      |

|          |                                 |             |  |                               |                        |                             |                                      |
|----------|---------------------------------|-------------|--|-------------------------------|------------------------|-----------------------------|--------------------------------------|
| <b>2</b> | <b>Friday, October 28, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                               |                        |                             | Dwarka, India                        |
|          | Vrischika Rasi: 13.54           | Tithi 3 - 4 | <b>Gulika</b> 8:23AM - 9:48AM  | <b>Anuradha</b> Until 10:37AM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:57AM      | Sun 17 Sutra 194                     |
|          |                                 |             | Yama 3:30PM - 4:56PM   | Sobhana Until 1:24AM Sat      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:21PM       | Subhakrit 5124                       |
|          | Creative Work Siddha Yoga       | 671276574   | <b>Rahu</b> 11:14AM - 12:39PM  | Vanija Until 9:20PM           | <b>Nataraja:</b> Clear |                             | Moon 10 - Phase 27 - 17<br>3rd Phase |
|          |                                 |             | <b>Tritiya</b> Until 10:30AM   | Moon - Orange                 |                        | <b>Bhuloka Day</b>          |                                      |
|          |                                 |             |  | Karttika-Aipasi               |                        | Devaloka Time: 3:PM to 6:PM |                                      |

|          |                                   |             |   |                               |                        |                             |                                      |
|----------|-----------------------------------|-------------|---|-------------------------------|------------------------|-----------------------------|--------------------------------------|
| <b>3</b> | <b>Saturday, October 29, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha/Mula Nakshatra Athiganda Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau |                               |                        |                             | Dwarka, India                        |
|          | Vrischika Rasi: 28.13             | Tithi 4 - 5 | <b>Gulika</b> 6:58AM - 8:23AM   | <b>Jyeshtha*</b> Until 8:51AM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:58AM      | Sun 18 Sutra 195                     |
|          |                                   |             | Yama 2:05PM - 3:30PM  | Athiganda* Until 10:15PM      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:21PM       | Subhakrit 5124                       |
|          | Creative Work Siddha Yoga         | 671276574   | <b>Rahu</b> 9:49AM - 11:14AM  | Bava Until 6:57PM             | <b>Nataraja:</b> Clear |                             | Moon 10 - Phase 27 - 18<br>3rd Phase |
|          |                                   |             | <b>Chaturthi*</b> Until 8:08AM  | Moon - Orange                 |                        | <b>Bhuloka Day</b>          |                                      |
|          |                                   |             |   | Karttika-Aipasi               |                        | Devaloka Time: 3:PM to 6:PM |                                      |

|          |                                 |           |  |                           |                        |                        |                                      |
|----------|---------------------------------|-----------|--|---------------------------|------------------------|------------------------|--------------------------------------|
| <b>4</b> | <b>Sunday, October 30, 2022</b> |           | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula/Purvashadha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthiyam Titau |                           |                        |                        | Dwarka, India                        |
|          | Dhanus Rasi: 12.32              | Tithi 6   | <b>Gulika</b> 3:30PM - 4:55PM  | <b>Mula*</b> Until 7:19AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:58AM | Sun 19 Sutra 196                     |
|          |                                 |           | Yama 12:39PM - 2:04PM  | Sukarma Until 7:09PM      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:20PM  | Subhakrit 5124                       |
|          | Creative Work Amrita Yoga       | 681276574 | <b>Rahu</b> 4:55PM - 6:20PM  | Kaulava Until 4:33PM      | <b>Nataraja:</b> Clear |                        | Moon 10 - Phase 27 - 19<br>3rd Phase |
|          |                                 |           | <b>Skanda Shasthi</b>  | Moon - Light Blue         |                        | <b>Devaloka Day</b>    |                                      |
|          |                                 |           |  | Karttika-Aipasi           |                        |                        |                                      |

|          |                                 |           |  |                                      |                        |                        |                                      |
|----------|---------------------------------|-----------|--|--------------------------------------|------------------------|------------------------|--------------------------------------|
| <b>5</b> | <b>Monday, October 31, 2022</b> |           | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha Nakshatra Dhriti/Shula Yoga Gara/Vanija Karana Saplamyam Titau |                                      |                        |                        | Dwarka, India                        |
|          | Dhanus Rasi: 26.5               | Tithi 7   | <b>Gulika</b> 2:04PM - 3:29PM  | <b>Uttarashadha</b> Until 4:03AM Tue | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:59AM | Sun 20 Sutra 197                     |
|          | <b>Family Home Evening</b>      |           | Yama 11:14AM - 12:39PM   | Dhriti Until 4:07PM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:20PM  | Subhakrit 5124                       |
|          | Routine Work Marana Yoga        | 681276574 | <b>Rahu</b> 8:24AM - 9:49AM  | Gara Until 2:15PM                    | <b>Nataraja:</b> Clear |                        | Moon 10 - Phase 27 - 20<br>3rd Phase |
|          |                                 |           | <b>Saptami</b> Until 1:08AM Tue  | Moon - Light Blue                    |                        | <b>Devaloka Day</b>    |                                      |
|          |                                 |           |  | Karttika-Aipasi                      |                        |                        |                                      |

|                     |                                  |           |   |                                  |                        |                             |                                    |
|---------------------|----------------------------------|-----------|---|----------------------------------|------------------------|-----------------------------|------------------------------------|
| <b>Retreat Star</b> | <b>Tuesday, November 1, 2022</b> |           | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Shula/Ganda Yoga Visti/Bava Karana Ashtamyam Titau |                                  |                        |                             | Dwarka, India                      |
|                     | Makara Rasi: 11.04               | Tithi 8   | <b>Gulika</b> 12:39PM - 2:04PM  | <b>Shravana</b> Until 2:51AM Wed | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:59AM      | Sun 21 Sutra 198                   |
|                     |                                  |           | Yama 9:49AM - 11:14AM   | Shula* Until 1:11PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:19PM       | Subhakrit 5124                     |
|                     | Creative Work Siddha Yoga        | 691276574 | <b>Rahu</b> 3:29PM - 4:54PM   | Visti Until 12:05PM              | <b>Nataraja:</b> Clear |                             | Moon 10 - Phase 27 - 21<br>Ashtami |
|                     |                                  |           | <b>Ashtami*</b> Until 11:03PM   | Moon - Purple                    |                        | <b>Bhuloka Day</b>          |                                    |
|                     |                                  |           |   | Karttika-Aipasi                  |                        | Devaloka Time: 3:PM to 6:PM |                                    |

|                     |                                    |           |  |                                    |                        |                             |                                   |
|---------------------|------------------------------------|-----------|--|------------------------------------|------------------------|-----------------------------|-----------------------------------|
| <b>Retreat Star</b> | <b>Wednesday, November 2, 2022</b> |           | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Ganda/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau |                                    |                        |                             | Dwarka, India                     |
|                     | Makara Rasi: 25.1                  | Tithi 9   | <b>Gulika</b> 11:14AM - 12:39PM  | <b>Dhanishtha</b> Until 1:44AM Thu | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 7:00AM      | Sun 22 Sutra 199                  |
|                     |                                    |           | Yama 8:25AM - 9:50AM   | Ganda* Until 10:25AM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:18PM       | Subhakrit 5124                    |
|                     | Routine Work Prabalarishta Yoga    | 692276574 | <b>Rahu</b> 12:39PM - 2:04PM   | Balava Until 10:07AM               | <b>Nataraja:</b> Clear |                             | Moon 10 - Phase 27 - 22<br>Navami |
|                     |                                    |           | <b>Navami*</b> Until 9:11PM  | Moon - Purple                      |                        | <b>Bhuloka Day</b>          |                                   |
|                     |                                    |           |  | Karttika-Aipasi                    |                        | Devaloka Time: 3:PM to 6:PM |                                   |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|               |                                   |          |   |                                       |                        |   |  |
|---------------|-----------------------------------|----------|---|---------------------------------------|------------------------|---|--|
| 1             | <b>Thursday, November 3, 2022</b> |          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shalabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau |                                       |                        |   | Dwarka, India<br>Sun 23<br>Sutra 200<br>Subhakrit 5124 |
|               | Kumbha Rasi: 9.08                 | Tithi 10 | <b>Gulika</b> 9:50AM – 11:14AM  | <b>Shatabhishak</b> Until 12:42AM Fri | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 7:00AM                            |  |
|               |                                   |          | Yama 7:00AM – 8:25AM  | Vriddhi Until 7:50AM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:18PM                             | Moon 10 - Phase 28 - 23                                |
|               | 692276574                         |          | <b>Rahu</b> 2:04PM – 3:28PM   | Taitila Until 8:21AM                  | <b>Nataraja:</b> Clear |   | 4th Phase  |
| Creative Work | Siddha Yoga                       |          | <b>Dashami</b> Until 7:33PM   | Moon – Purple                         |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |  |
|               |                                   |          |   | Karttika•Aipasi                       |                        |   |  |

|               |                                 |          |  |  |                        |   |  |
|---------------|---------------------------------|----------|--|--|------------------------|---|--|
| 2             | <b>Friday, November 4, 2022</b> |          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau |  |                        |   | Dwarka, India<br>Sun 24<br>Sutra 201<br>Subhakrit 5124 |
|               | Kumbha Rasi: 22.56              | Tithi 11 | <b>Gulika</b> 8:25AM – 9:50AM  | <b>Purvaproshtapada*</b> Until 12:14AM Sat | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:01AM                            |  |
|               |                                 |          | Yama 3:28PM – 4:53PM   | Vyaghata* Until 3:16AM Sat                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:17PM                             | Moon 10 - Phase 28 - 24                                |
|               | 612276574                       |          | <b>Rahu</b> 11:15AM – 12:39PM  | Vanija Until 6:52AM                        | <b>Nataraja:</b> Clear |   | 4th Phase  |
| Creative Work | Siddha Yoga                     |          | <b>Ekadashi</b> Until 6:12PM   | Moon – Clear                               |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |  |
|               |                                 |          |  | Karttika•Aipasi                            |                        |   |  |

|  |                                   |               |   |  |                        |   |  |
|--|-----------------------------------|---------------|---|--|------------------------|---|--|
| 3                                      | <b>Saturday, November 5, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |  |                        |   | Dwarka, India<br>Sun 25<br>Sutra 202<br>Subhakrit 5124 |
|  | Meena Rasi: 6.34                  | Tithi 12 – 13 | <b>Gulika</b> 7:01AM – 8:26AM   | <b>Uttaraproshtapada</b> Until 11:58PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:01AM                            |  |
|  |                                   |               | Yama 2:04PM – 3:28PM  | Harshana Until 1:24AM Sun              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:17PM                             | Moon 10 - Phase 28 - 25                                |
|  | 612276574                         |               | <b>Rahu</b> 9:50AM – 11:15AM  | Kaulava Until 4:49AM Sun               | <b>Nataraja:</b> Clear |   | 4th Phase  |
| Creative Work                          | Siddha Yoga                       |               | <b>Dvadashi</b> Until 5:10PM  | Moon – Clear                           |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |  |
| Until 11:58PM                          |                                   |               |   | Karttika•Aipasi                        |                        |   |  |
| Then Routine Work - Prabalarishta Yoga |                                   |               | <i>Pradosha Vrata</i>   |  |                        |   |  |

|                                  |                                 |               |   |                             |                        |   |  |
|----------------------------------|---------------------------------|---------------|---|-----------------------------|------------------------|---|--|
| 4                                | <b>Sunday, November 6, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                             |                        |   | Dwarka, India<br>Sun 26<br>Sutra 203<br>Subhakrit 5124 |
|                                  | Meena Rasi: 20.01               | Tithi 13 – 14 | <b>Gulika</b> 3:28PM – 4:52PM   | <b>Revati</b> Until 11:55PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:02AM                            |  |
|                                  |                                 |               | Yama 12:39PM – 2:03PM   | Vajra* Until 11:48PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:16PM                             | Moon 10 - Phase 28 - 26                                |
|                                  | 612276574                       |               | <b>Rahu</b> 4:52PM – 6:16PM   | Gara Until 4:22AM Mon       | <b>Nataraja:</b> Clear |   | 4th Phase  |
| Creative Work                    | Amrita Yoga                     |               | <b>Trayodashi</b> Until 4:31PM  | Moon – Clear                |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |  |
| Until 11:55PM                    |                                 |               |   | Karttika•Aipasi             |                        |   |  |
| Then Creative Work - Siddha Yoga |                                 |               |   |                             |                        |   |  |

|                     |                                 |               |  |                                  |                        |   |  |
|---------------------|---------------------------------|---------------|--|----------------------------------|------------------------|---|--|
| 5                   | <b>Monday, November 7, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                  |                        |   | Dwarka, India<br>Sun 27<br>Sutra 204<br>Subhakrit 5124 |
|                     | Mesha Rasi: 3.14                | Tithi 14 – 15 | <b>Gulika</b> 2:03PM – 3:28PM  | <b>Ashvini</b> Until 12:37AM Tue | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:03AM                            |  |
|                     |                                 |               | Yama 11:15AM – 12:39PM   | Siddhi Until 10:35PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:16PM                             | Moon 10 - Phase 28 - 27                                |
|                     | 722276574                       |               | <b>Rahu</b> 8:27AM – 9:51AM  | Visti Until 4:22AM Tue           | <b>Nataraja:</b> Clear |   | 4th Phase  |
| Family Home Evening |                                 |               | <b>Chaturdashi*</b> Until 4:17PM   | Moon – White                     |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |  |
| Creative Work       | Siddha Yoga                     |               |  | Karttika•Aipasi                  |                        |   |  |

|                                  |                                  |               |  |                                 |                        |   |  |
|----------------------------------|----------------------------------|---------------|--|---------------------------------|------------------------|---|--|
| ○                                | <b>Tuesday, November 8, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                 |                        |   | Dwarka, India<br>Sutra 205<br>Subhakrit 5124 |
|                                  | <b>Copper Retreat Star</b>       |               | <b>Gulika</b> 12:39PM – 2:03PM   | <b>Bharani</b> Until 1:38AM Wed | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:03AM                            |  |
|                                  | Mesha Rasi: 16.13                | Tithi 15 – 16 | Yama 9:51AM – 11:15AM  | Vyatipata* Until 9:44PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:15PM                             | Moon 10 - Phase 28 - Purnima                 |
|                                  | 722276574                        |               | <b>Rahu</b> 3:27PM – 4:51PM  | Balava Until 4:53AM Wed         | <b>Nataraja:</b> Clear |   |  |
| Creative Work                    | Siddha Yoga                      |               | <b>Purnima*</b> Until 4:32PM   | Moon – White                    |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |  |
| Until 1:38AM Wed                 |                                  |               |  | Karttika•Aipasi                 |                        |   |  |
| Then Creative Work - Amrita Yoga |                                  |               |  |                                 |                        |   |  |

|                                 |                                    |               |   |                                  |                        |   |  |
|---------------------------------|------------------------------------|---------------|---|----------------------------------|------------------------|---|--|
| ○                               | <b>Wednesday, November 9, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau |                                  |                        |   | Dwarka, India<br>Sutra 206<br>Subhakrit 5124 |
|                                 | <b>Silver Retreat Star</b>         |               | <b>Gulika</b> 11:15AM – 12:39PM   | <b>Krittika</b> Until 2:59AM Thu | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:04AM                            |  |
|                                 | Mesha Rasi: 28.57                  | Tithi 16 – 17 | Yama 8:28AM – 9:52AM  | Variyan Until 9:16PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:15PM                             | Moon 10 - Phase 28 - Prathama                |
|                                 | 722276574                          |               | <b>Rahu</b> 12:39PM – 2:03PM  | Taitila Until 5:55AM Thu         | <b>Nataraja:</b> Clear |   |  |
| Creative Work                   | Amrita Yoga                        |               | <b>Prathama*</b> Until 5:19PM   | Moon – White                     |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |  |
| Until 2:59AM Thu                |                                    |               |   | Karttika•Aipasi                  |                        |   |  |
| Then Routine Work - Marana Yoga |                                    |               |   |                                  |                        |   |  |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Thursday, November 10, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Gara Karana Dvityayam Titau

Dwarka, India

Sun 1 Sutra 207

Subhakit 5124

Virshabha Rasi: 11.28 Tithi 17

732276574

**Gulika** 9:52AM – 11:16AM  
**Yama** 7:04AM – 8:28AM  
**Rahu** 2:03PM – 3:27PM

**Rohini Until 5:09AM Fri**  
Parigha\* Until 9:12PM  
Gara Until 6:36PM  
**Dvitiya Until 6:36PM**

**Ganesha:** Red *Sunrise:* 7:04AM  
**Muruqa:** Clear *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 1  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 5:09AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Dwarka, India

Sun 2 Sutra 208

Subhakit 5124

Virshabha Rasi: 23.45 Tithi 18

732276574

**Gulika** 8:29AM – 9:52AM  
**Yama** 3:27PM – 4:51PM  
**Rahu** 11:16AM – 12:40PM

**Mrigashira Until 7:35AM Sat**  
Shiva Until 9:30PM  
Vanija Until 7:26AM  
**Tritiya Until 8:21PM**

**Ganesha:** Red *Sunrise:* 7:05AM  
**Muruqa:** Clear *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 2  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

2

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Dwarka, India

Sun 3 Sutra 209

Subhakit 5124

Mithuna Rasi: 5.52 Tithi 19

732276574

**Gulika** 7:06AM – 8:29AM  
**Yama** 2:03PM – 3:27PM  
**Rahu** 9:53AM – 11:16AM

**Mrigashira Until 7:35AM**  
Siddha Until 10:04PM  
Bava Until 9:25AM  
**Chaturthi\* Until 10:30PM**

**Ganesha:** Red *Sunrise:* 7:06AM  
**Muruqa:** Clear *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 3  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

3

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Dwarka, India

Sun 4 Sutra 210

Subhakit 5124

Mithuna Rasi: 17.5 Tithi 20

732276574

**Gulika** 3:27PM – 4:50PM  
**Yama** 12:40PM – 2:03PM  
**Rahu** 4:50PM – 6:13PM

**Ardra Until 10:09AM**  
Sadhya Until 10:49PM  
Kaulava Until 11:42AM  
**Panchami Until 12:54AM Mon**

**Ganesha:** Red *Sunrise:* 7:06AM  
**Muruqa:** Clear *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 4  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

4

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Dwarka, India

Sun 5 Sutra 211

Subhakit 5124

Mithuna Rasi: 29.44 Tithi 21

742376574

**Gulika** 2:03PM – 3:27PM  
**Yama** 11:17AM – 12:40PM  
**Rahu** 8:30AM – 9:53AM

**Punarvasu Until 1:15PM**  
Subha Until 11:41PM  
Gara Until 2:11PM  
**Shashthi\* Until 3:24AM Tue**

**Ganesha:** White *Sunrise:* 7:07AM  
**Muruqa:** Clear *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 5  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 1:15PM

Then Creative Work - Siddha Yoga

5

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

Dwarka, India

Sun 6 Sutra 212

Subhakit 5124

Kataka Rasi: 11.37 Tithi 22

743376574

**Gulika** 12:40PM – 2:03PM  
**Yama** 9:54AM – 11:17AM  
**Rahu** 3:26PM – 4:50PM

**Pushya Until 4:10PM**  
Sukla Until 12:27AM Wed  
Visti Until 4:39PM  
**Saptami Until 5:48AM Wed**

**Ganesha:** Green *Sunrise:* 7:07AM  
**Muruqa:** Clear *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 6  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Balava Karana Ashtamyam Titau

Dwarka, India

Sun 7 Sutra 213

Subhakit 5124

Kataka Rasi: 23.32 Tithi 23

743376574

**Gulika** 11:17AM – 12:40PM  
**Yama** 8:31AM – 9:54AM  
**Rahu** 12:40PM – 2:03PM

**Ashlesha\* Until 6:45PM**  
Brahma Until 1:03AM Thu  
Balava Until 6:56PM  
**Ashtami\* Until 7:54AM Thu**

**Ganesha:** Green *Sunrise:* 7:08AM  
**Muruqa:** Clear *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Kartikai**

Moon 11 - Phase 29 - 7  
Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dwarka, India

Sun 8 Sutra 214

Subhakit 5124

Simha Rasi: 5.34 Tithi 23 – 24

753376575

**Gulika** 9:55AM – 11:18AM  
**Yama** 7:09AM – 8:32AM  
**Rahu** 2:03PM – 3:26PM

**Magha\* Until 9:17PM**  
Indra Until 1:19AM Fri  
Taitila Until 8:49PM  
**Ashtami\* Until 7:54AM**

**Ganesha:** Orange *Sunrise:* 7:09AM  
**Muruqa:** Clear *Sunset:* 6:12PM  
**Nataraja:** Purple  
Moon – Red  
**Kartika-Kartikai**

Moon 11 - Phase 29 - 8  
Navami

**Sivaloka Day**

Creative Work Amrita Yoga

Until 9:17PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


|                   |               |                                  |                                    |   |                        |                     |                        |   |
|-------------------|---------------|----------------------------------|------------------------------------|---|------------------------|---------------------|------------------------|---|
| <b>1</b>          |               | <b>Friday, November 18, 2022</b> |                                    | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau |                        |                     |                        | Dwarka, India<br>Sun 9<br>Sutra 215<br>Subhakrit 5124 |
| Simha Rasi: 17.47 | Tithi 24 – 25 | <b>Gulika</b> 8:32AM – 9:55AM    | <b>Purvaphalguni</b> Until 11:05PM | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:09AM |                     |                        |   |
|                   |               | Yama 3:26PM – 4:49PM             | Vaidhrili* Until 1:07AM Sat        | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:12PM  |                     | Moon 11 - Phase 30 - 9 |   |
|                   | 753376575     | <b>Rahu</b> 11:18AM – 12:41PM    | Vanija Until 10:07PM               | <b>Nataraja:</b> Purple   |                        |                     | 2nd Phase              |   |
| Creative Work     | Siddha Yoga   |                                  | <b>Navami*</b> Until 9:31AM        | Moon – Red  |                        | <b>Sivaloka Day</b> |                        |   |
|                   |               |                                  |                                    | Karttika-Karttikai  |                        |                     |                        |   |

|                                  |               |                                    |   |  |                        |                     |                         |  |
|----------------------------------|---------------|------------------------------------|---|--|------------------------|---------------------|-------------------------|--|
| <b>2</b>                         |               | <b>Saturday, November 19, 2022</b> |   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        |                     |                         | Dwarka, India<br>Sun 10<br>Sutra 216<br>Subhakrit 5124 |
| Kanya Rasi: 0.17                 | Tithi 25 – 26 | <b>Gulika</b> 7:10AM – 8:33AM      | <b>Uttaraphalguni</b> Until 12:04AM Sun | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 7:10AM |                     |                         |  |
|                                  |               | Yama 2:04PM – 3:26PM               | Vishkambha* Until 12:23AM Sun           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:12PM  |                     | Moon 11 - Phase 30 - 10 |  |
|                                  | 753376575     | <b>Rahu</b> 9:55AM – 11:18AM       | Bava Until 10:43PM                      | <b>Nataraja:</b> Purple  |                        |                     | 2nd Phase               |  |
| Routine Work                     | Marana Yoga   |                                    | <b>Dashami</b> Until 10:30AM            | Moon – Red   |                        | <b>Sivaloka Day</b> |                         |  |
| Until 12:04AM Sun                |               |                                    |   | Karttika-Karttikai   |                        |                     |                         |  |
| Then Creative Work - Amrita Yoga |               |                                    |   |  |                        |                     |                         |  |

|  |               |                                  |                                |   |                        |                     |                         |  |
|--|---------------|----------------------------------|--------------------------------|---|------------------------|---------------------|-------------------------|--|
| <b>3</b>                               |               | <b>Sunday, November 20, 2022</b> |                                | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        |                     |                         | Dwarka, India<br>Sun 11<br>Sutra 217<br>Subhakrit 5124 |
| Kanya Rasi: 13.07                      | Tithi 26 – 27 | <b>Gulika</b> 3:26PM – 4:49PM    | <b>Hasta</b> Until 12:37AM Mon | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 7:11AM |                     |                         |  |
|  |               | Yama 12:41PM – 2:04PM            | Priti Until 11:03PM            | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:12PM  |                     | Moon 11 - Phase 30 - 11 |  |
|  | 763376575     | <b>Rahu</b> 4:49PM – 6:12PM      | Kaulava Until 10:33PM          | <b>Nataraja:</b> Purple   |                        |                     | 2nd Phase               |  |
| Creative Work                          | Amrita Yoga   |                                  | <b>Ekadashi*</b> Until 10:43AM | Moon – Green  |                        | <b>Devaloka Day</b> |                         |  |
| Until 12:37AM Mon                      |               |                                  |                                | Karttika-Karttikai  |                        |                     |                         |  |
| Then Routine Work - Prabalarishta Yoga |               |                                  |                                |   |                        |                     |                         |  |

|                                  |                    |                                  |                                 |  |                        |                     |                         |  |
|----------------------------------|--------------------|----------------------------------|---------------------------------|--|------------------------|---------------------|-------------------------|--|
| <b>4</b>                         |                    | <b>Monday, November 21, 2022</b> |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau |                        |                     |                         | Dwarka, India<br>Sun 12<br>Sutra 218<br>Subhakrit 5124 |
| Kanya Rasi: 26.19                | Tithi 27 – 28      | <b>Gulika</b> 2:04PM – 3:26PM    | <b>Chitra</b> Until 12:15AM Tue | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 7:11AM |                     |                         |  |
| <b>Family Home Evening</b>       |                    | Yama 11:19AM – 12:41PM           | Ayushman Until 9:06PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:11PM  |                     | Moon 11 - Phase 30 - 12 |  |
| Routine Work                     | Prabalarishta Yoga | <b>Rahu</b> 8:34AM – 9:56AM      | Gara Until 9:37PM               | <b>Nataraja:</b> Purple  |                        |                     | 2nd Phase               |  |
| Until 12:15AM Tue                |                    |                                  | <b>Dvadashi*</b> Until 10:10AM  | Moon – Green   |                        | <b>Devaloka Day</b> |                         |  |
| Then Creative Work - Siddha Yoga |                    |                                  |                                 | Karttika-Karttikai   |                        |                     |                         |  |
|                                  |                    |                                  |                                 | <i>Pradosha Vrata (Fasting)</i>  |                        |                     |                         |  |

|                                 |               |                                   |                                 |   |                        |                     |                         |  |
|---------------------------------|---------------|-----------------------------------|---------------------------------|---|------------------------|---------------------|-------------------------|--|
| <b>5</b>                        |               | <b>Tuesday, November 22, 2022</b> |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        |                     |                         | Dwarka, India<br>Sun 13<br>Sutra 219<br>Subhakrit 5124 |
| Tula Rasi: 9.58                 | Tithi 28 – 29 | <b>Gulika</b> 12:42PM – 2:04PM    | <b>Svati</b> Until 11:04PM      | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 7:12AM |                     |                         |  |
|                                 |               | Yama 9:57AM – 11:19AM             | Saubhagya Until 6:37PM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:11PM  |                     | Moon 11 - Phase 30 - 13 |  |
|                                 | 763376575     | <b>Rahu</b> 3:26PM – 4:49PM       | Visti Until 8:00PM              | <b>Nataraja:</b> Purple   |                        |                     | 2nd Phase               |  |
| Creative Work                   | Siddha Yoga   |                                   | <b>Trayodashi*</b> Until 8:52AM | Moon – Green  |                        | <b>Devaloka Day</b> |                         |  |
| Until 11:04PM                   |               |                                   |                                 | Karttika-Karttikai  |                        |                     |                         |  |
| Then Routine Work - Marana Yoga |               |                                   |                                 |   |                        |                     |                         |  |

|   |               |                                     |                                  |  |                        |                     |                         |  |
|---|---------------|-------------------------------------|----------------------------------|--|------------------------|---------------------|-------------------------|--|
|  |               | <b>Wednesday, November 23, 2022</b> |                                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |                        |                     |                         | Dwarka, India<br>Sun 14<br>Sutra 220<br>Subhakrit 5124 |
| <b>Retreat Star</b>   |               | <b>Gulika</b> 11:20AM – 12:42PM     | <b>Vishakha</b> Until 9:37PM     | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 7:13AM |                     |                         |  |
| Tula Rasi: 23.59  | Tithi 29 – 30 | Yama 8:35AM – 9:57AM                | Sobhana Until 3:39PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:11PM  |                     | Moon 11 - Phase 30 - 14 |  |
|   |               | <b>Rahu</b> 12:42PM – 2:04PM        | Naga Until 4:28AM Thu            | <b>Nataraja:</b> Purple  |                        |                     | Amavasya                |  |
| Creative Work   | Siddha Yoga   |                                     | <b>Chaturdashi*</b> Until 6:56AM | Moon – Orange  |                        | <b>Devaloka Day</b> |                         |  |
|   |               |                                     |                                  | Karttika-Karttikai   |                        |                     |                         |  |

|  |             |                                |                                   |   |                        |                     |                         |  |
|--|-------------|--------------------------------|-----------------------------------|---|------------------------|---------------------|-------------------------|--|
| <b>Thursdays, November 24, 2022</b>    |             | <b>Retreat Star</b>            |                                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau |                        |                     |                         | Dwarka, India<br>Sun 15<br>Sutra 221<br>Subhakrit 5124 |
| Vrischika Rasi: 8.23                   | Tithi 1     | <b>Gulika</b> 9:58AM – 11:20AM | <b>Anuradha</b> Until 7:36PM      | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:13AM |                     |                         |  |
|  |             | Yama 7:13AM – 8:35AM           | Athiganda* Until 12:18PM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:11PM  |                     | Moon 11 - Phase 30 - 15 |  |
|  | 773376575   | <b>Rahu</b> 2:04PM – 3:27PM    | Kintughna Until 3:06PM            | <b>Nataraja:</b> Purple   |                        |                     | Prathama                |  |
| Creative Work                          | Siddha Yoga |                                | <b>Prathama*</b> Until 1:38AM Fri | Moon – Orange   |                        | <b>Devaloka Day</b> |                         |  |
| Until 7:36PM                           |             |                                |                                   | Margasira-Karttikai   |                        |                     |                         |  |
| Then Routine Work - Prabalarishta Yoga |             |                                |                                   |   |                        |                     |                         |  |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

|                                  |             |                                  |                               |  |                        |                      |                       |  |
|----------------------------------|-------------|----------------------------------|-------------------------------|--|------------------------|----------------------|-----------------------|--|
| <b>1</b>                         |             | <b>Friday, November 25, 2022</b> |                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        |                      |                       | Dwarka, India<br>Sun 16<br>Sutra 222<br>Subhakrit 5124 |
| Vrischika Rasi: 23.01            | Tithi 2     | <b>Gulika</b> 8:36AM – 9:58AM    | <b>Jyeshtha* Until 5:11PM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 7:14AM | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:11PM | Moon 11 - Phase 31 - 16<br>3rd Phase                   |
| Routine Work                     | Marana Yoga | Yama 3:27PM – 4:49PM             | Sukarma Until 8:41AM          | <b>Nataraja:</b> Purple  |                        | Moon – Orange        |                       | <b>Devaloka Day</b>                                    |
| Until 5:11PM                     |             | <b>Rahu</b> 11:20AM – 12:42PM    | Balava Until 12:09PM          | Margasira-Karttikai  |                        |                      |                       |  |
| Then Creative Work - Amrita Yoga |             |                                  | <b>Dvitiya Until 10:35PM</b>  |  |                        |                      |                       |  |

|                                  |             |                                    |                             |   |                        |                      |                       |  |
|----------------------------------|-------------|------------------------------------|-----------------------------|---|------------------------|----------------------|-----------------------|--|
| <b>2</b>                         |             | <b>Saturday, November 26, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau |                        |                      |                       | Dwarka, India<br>Sun 17<br>Sutra 223<br>Subhakrit 5124 |
| Dhanus Rasi: 7.48                | Tithi 3     | <b>Gulika</b> 7:15AM – 8:37AM      | <b>Mula* Until 2:56PM</b>   | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 7:15AM | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:11PM | Moon 11 - Phase 31 - 17<br>3rd Phase                   |
| Routine Work                     | Marana Yoga | Yama 2:05PM – 3:27PM               | Shula* Until 1:11AM Sun     | <b>Nataraja:</b> Purple   |                        | Moon – Light Blue    |                       | <b>Devaloka Day</b>                                    |
| Until 5:11PM                     |             | <b>Rahu</b> 9:59AM – 11:21AM       | Taitila Until 9:02AM        | Margasira-Karttikai   |                        |                      |                       |  |
| Then Creative Work - Amrita Yoga |             |                                    | <b>Tritiya Until 7:27PM</b> |   |                        |                      |                       |  |

|                                  |             |                                  |                                   |   |                        |                      |                       |  |
|----------------------------------|-------------|----------------------------------|-----------------------------------|---|------------------------|----------------------|-----------------------|--|
| <b>3</b>                         |             | <b>Sunday, November 27, 2022</b> |                                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        |                      |                       | Dwarka, India<br>Sun 18<br>Sutra 224<br>Subhakrit 5124 |
| Dhanus Rasi: 22.36               | Tithi 4 – 5 | <b>Gulika</b> 3:27PM – 4:49PM    | <b>Purvashadha* Until 12:36PM</b> | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 7:15AM | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:11PM | Moon 11 - Phase 31 - 18<br>3rd Phase                   |
| Routine Work                     | Marana Yoga | Yama 12:43PM – 2:05PM            | Ganda* Until 9:30PM               | <b>Nataraja:</b> Purple   |                        | Moon – Light Blue    |                       | <b>Devaloka Day</b>                                    |
| Until 12:36PM                    |             | <b>Rahu</b> 4:49PM – 6:11PM      | Bava Until 2:59AM Mon             | Margasira-Karttikai   |                        |                      |                       |  |
| Then Creative Work - Amrita Yoga |             |                                  | <b>Chaturthi* Until 4:25PM</b>    |   |                        |                      |                       |  |

|                                  |             |                                  |                                   |   |                        |                      |                       |  |
|----------------------------------|-------------|----------------------------------|-----------------------------------|---|------------------------|----------------------|-----------------------|--|
| <b>4</b>                         |             | <b>Monday, November 28, 2022</b> |                                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        |                      |                       | Dwarka, India<br>Sun 19<br>Sutra 225<br>Subhakrit 5124 |
| Makara Rasi: 7.17                | Tithi 5 – 6 | <b>Gulika</b> 2:05PM – 3:27PM    | <b>Uttarashadha Until 10:19AM</b> | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 7:16AM | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:11PM | Moon 11 - Phase 31 - 19<br>3rd Phase                   |
| <b>Family Home Evening</b>       |             | Yama 11:22AM – 12:43PM           | Vriddhi Until 6:02PM              | <b>Nataraja:</b> Purple   |                        | Moon – Light Blue    |                       | <b>Devaloka Day</b>                                    |
| Routine Work                     | Marana Yoga | <b>Rahu</b> 8:38AM – 10:00AM     | Kaulava Until 12:17AM Tue         | Margasira-Karttikai   |                        |                      |                       |  |
| Until 10:19AM                    |             |                                  | <b>Panchami Until 1:34PM</b>      |   |                        |                      |                       |  |
| Then Creative Work - Amrita Yoga |             |                                  |                                   |   |                        |                      |                       |  |

|                                  |             |                                   |                                |  |                        |                      |                       |  |
|----------------------------------|-------------|-----------------------------------|--------------------------------|--|------------------------|----------------------|-----------------------|--|
| <b>5</b>                         |             | <b>Tuesday, November 29, 2022</b> |                                | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        |                      |                       | Dwarka, India<br>Sun 20<br>Sutra 226<br>Subhakrit 5124 |
| Makara Rasi: 21.46               | Tithi 6 – 7 | <b>Gulika</b> 12:44PM – 2:06PM    | <b>Shravana Until 8:36AM</b>   | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 7:17AM | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:11PM | Moon 11 - Phase 31 - 20<br>3rd Phase                   |
| Routine Work                     | Marana Yoga | Yama 10:00AM – 11:22AM            | Dhruva Until 2:50PM            | <b>Nataraja:</b> Purple  |                        | Moon – Purple        |                       | <b>Sivaloka Day</b>                                    |
| Until 7:09AM                     |             | <b>Rahu</b> 3:27PM – 4:49PM       | Gara Until 9:58PM              | Margasira-Karttikai  |                        |                      |                       |  |
| Then Creative Work - Siddha Yoga |             |                                   | <b>Shashthi* Until 11:04AM</b> |  |                        |                      |                       |  |

|                                  |                    |                                     |                                |  |                        |                      |                       |  |
|----------------------------------|--------------------|-------------------------------------|--------------------------------|--|------------------------|----------------------|-----------------------|--|
| <b>Retreat Star</b>              |                    | <b>Wednesday, November 30, 2022</b> |                                | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        |                      |                       | Dwarka, India<br>Sun 21<br>Sutra 227<br>Subhakrit 5124 |
| Kumbha Rasi: 5.59                | Tithi 7 – 8        | <b>Gulika</b> 11:22AM – 12:44PM     | <b>Dhanishtha Until 7:09AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:17AM | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:11PM | Moon 11 - Phase 31 - 21<br>Ashtami                     |
| Routine Work                     | Prabalarishta Yoga | Yama 8:39AM – 10:01AM               | Vyaghata* Until 11:59AM        | <b>Nataraja:</b> Purple  |                        | Moon – Purple        |                       | <b>Sivaloka Day</b>                                    |
| Until 7:09AM                     |                    | <b>Rahu</b> 12:44PM – 2:06PM        | Visti Until 8:07PM             | Margasira-Karttikai  |                        |                      |                       |  |
| Then Creative Work - Siddha Yoga |                    |                                     | <b>Saptami Until 8:58AM</b>    |  |                        |                      |                       |  |

|                                  |             |                                   |                                  |  |                        |                      |                       |  |
|----------------------------------|-------------|-----------------------------------|----------------------------------|--|------------------------|----------------------|-----------------------|--|
| <b>Retreat Star</b>              |             | <b>Thursday, December 1, 2022</b> |                                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak*/Purvaprosithapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        |                      |                       | Dwarka, India<br>Sun 22<br>Sutra 228<br>Subhakrit 5124 |
| Kumbha Rasi: 19.53               | Tithi 8 – 9 | <b>Gulika</b> 10:01AM – 11:23AM   | <b>Shatabhishak Until 6:02AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:18AM | <b>Muruqa:</b> Clear | <i>Sunset:</i> 6:11PM | Moon 11 - Phase 31 - 22<br>Navami                      |
| Routine Work                     | Marana Yoga | Yama 7:18AM – 8:40AM              | Harshana Until 9:32AM            | <b>Nataraja:</b> Purple  |                        | Moon – Purple        |                       | <b>Sivaloka Day</b>                                    |
| Until 7:09AM                     |             | <b>Rahu</b> 2:06PM – 3:28PM       | Balava Until 6:45PM              | Margasira-Karttikai  |                        |                      |                       |  |
| Then Creative Work - Siddha Yoga |             |                                   | <b>Ashtami* Until 7:21AM</b>     |  |                        |                      |                       |  |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

|  |                    |                                    |                                    |   |                 |  |           |
|--|--------------------|------------------------------------|------------------------------------|---|-----------------|--|-----------|
| <b>1</b>                               |                    | <b>Friday, December 2, 2022</b>    |                                    | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vajra/Siddhi Yoga Kaulava/Gara Karana Navami/Dashmyam Titau   |                 | Dwarka, India<br>Sun 23 Sutra 229<br>Subhakra 5124 |           |
| Meena Rasi: 3.29                       | Tithi 9 – 10       | Gulika 8:40AM – 10:02AM            | Uttaraproshtapada Until 5:44AM Sat | Ganesha: Red  | Sunrise: 7:19AM | Moon 11 - Phase 32 - 23                            | 4th Phase |
|  |                    | Yama 3:28PM – 4:50PM               | Vajra* Until 7:27AM                | Muruqa: Clear   | Sunset: 6:11PM  |  |           |
|  | 714376575          | Rahu 11:23AM – 12:45PM             | Gara Until 5:40AM Sat              | Nataraja: Purple  |                 |  |           |
| Creative Work                          | Siddha Yoga        |                                    | Navami* Until 6:15AM               | Moon – Clear  |                 | Sivaloka Day                                       |           |
| Until 5:44AM Sat                       |                    |                                    |                                    | Margasira-Karttikai   |                 |  |           |
| Then Routine Work - Prabalarishta Yoga |                    |                                    |                                    |   |                 |  |           |
| <b>2</b>                               |                    | <b>Saturday, December 3, 2022</b>  |                                    | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau                    |                 | Dwarka, India<br>Sun 24 Sutra 230<br>Subhakra 5124 |           |
| Meena Rasi: 16.48                      | Tithi 11           | Gulika 7:19AM – 8:41AM             | Revati Until 6:07AM Sun            | Ganesha: Red  | Sunrise: 7:19AM | Moon 11 - Phase 32 - 24                            | 4th Phase |
|  |                    | Yama 2:07PM – 3:28PM               | Vyatipata* Until 4:34AM Sun        | Muruqa: Clear   | Sunset: 6:11PM  |  |           |
|  | 714376575          | Rahu 10:02AM – 11:24AM             | Vanija Until 5:35PM                | Nataraja: Purple  |                 |  |           |
| Routine Work                           | Prabalarishta Yoga |                                    | Ekadashi Until 5:36AM Sun          | Moon – Clear  |                 | Sivaloka Day                                       |           |
| Until 6:07AM Sun                       |                    |                                    |                                    | Margasira-Karttikai   |                 |  |           |
| Then Creative Work - Siddha Yoga       |                    |                                    |                                    |   |                 |  |           |
| <b>3</b>                               |                    | <b>Sunday, December 4, 2022</b>    |                                    | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvadashyam Titau                  |                 | Dwarka, India<br>Sun 25 Sutra 231<br>Subhakra 5124 |           |
| Meena Rasi: 29.5                       | Tithi 12           | Gulika 3:29PM – 4:50PM             | Revati Until 6:07AM                | Ganesha: Red  | Sunrise: 7:20AM | Moon 11 - Phase 32 - 25                            | 4th Phase |
|  |                    | Yama 12:46PM – 2:07PM              | Variyan Until 3:40AM Mon           | Muruqa: Clear   | Sunset: 6:11PM  |  |           |
|  | 714376575          | Rahu 4:50PM – 6:11PM               | Bava Until 5:45PM                  | Nataraja: Purple  |                 |  |           |
| Creative Work                          | Amrita Yoga        |                                    | Dvadashi Until 6:00AM Mon          | Moon – Clear  |                 | Sivaloka Day                                       |           |
| Until 6:07AM                           |                    |                                    |                                    | Margasira-Karttikai   |                 |  |           |
| Then Creative Work - Siddha Yoga       |                    |                                    |                                    |   |                 |  |           |
| <b>4</b>                               |                    | <b>Monday, December 5, 2022</b>    |                                    | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau  |                 | Dwarka, India<br>Sun 26 Sutra 232<br>Subhakra 5124 |           |
| Mesha Rasi: 12.4                       | Tithi 12 – 13      | Gulika 2:07PM – 3:29PM             | Ashvini Until 7:15AM               | Ganesha: Blue   | Sunrise: 7:21AM | Moon 11 - Phase 32 - 26                            | 4th Phase |
| Family Home Evening                    |                    | Yama 11:25AM – 12:46PM             | Parigha* Until 3:07AM Tue          | Muruqa: Clear   | Sunset: 6:12PM  |  |           |
|  | 724376575          | Rahu 8:42AM – 10:03AM              | Kaulava Until 6:23PM               | Nataraja: Purple  |                 |  |           |
| Creative Work                          | Siddha Yoga        |                                    | Dvadashi Until 6:00AM              | Moon – White  |                 | Devaloka Day                                       |           |
|  |                    |                                    |                                    | Margasira-Karttikai   |                 |  |           |
| Pradosha Vrata                         |                    |                                    |                                    |   |                 |  |           |
| <b>5</b>                               |                    | <b>Tuesday, December 6, 2022</b>   |                                    | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shiva Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau |                 | Dwarka, India<br>Sun 27 Sutra 233<br>Subhakra 5124 |           |
| Mesha Rasi: 25.16                      | Tithi 13 – 14      | Gulika 12:46PM – 2:08PM            | Bharani Until 8:39AM               | Ganesha: Blue   | Sunrise: 7:21AM | Moon 11 - Phase 32 - 27                            | 4th Phase |
|  |                    | Yama 10:04AM – 11:25AM             | Shiva Until 2:53AM Wed             | Muruqa: Clear   | Sunset: 6:12PM  |  |           |
|  | 724376575          | Rahu 3:29PM – 4:50PM               | Gara Until 7:26PM                  | Nataraja: Purple  |                 |  |           |
| Creative Work                          | Siddha Yoga        |                                    | Trayodashi Until 6:50AM            | Moon – White  |                 | Devaloka Day                                       |           |
|  |                    | Krittika Deepam                    |                                    | Margasira-Karttikai   |                 |  |           |
| <b>○</b>                               |                    | <b>Wednesday, December 7, 2022</b> |                                    | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau   |                 | Dwarka, India<br>Sutra 234<br>Subhakra 5124        |           |
| Wrishabha Rasi: 7.42                   | Tithi 14 – 15      | Gulika 11:26AM – 12:47PM           | Krittika Until 10:17AM             | Ganesha: Blue   | Sunrise: 7:22AM | Moon 11 - Phase 32 - Purnima                       |           |
|  |                    | Yama 8:43AM – 10:04AM              | Siddha Until 2:55AM Thu            | Muruqa: Clear   | Sunset: 6:12PM  |  |           |
|  | 724376575          | Rahu 12:47PM – 2:08PM              | Visti Until 8:52PM                 | Nataraja: Purple  |                 |  |           |
| Creative Work                          | Amrita Yoga        |                                    | Chaturdashi* Until 8:05AM          | Moon – White  |                 | Devaloka Day                                       |           |
| Until 10:17AM                          |                    |                                    |                                    | Margasira-Karttikai   |                 |  |           |
| Then Creative Work - Siddha Yoga       |                    |                                    |                                    |   |                 |  |           |
| <b>○</b>                               |                    | <b>Thursday, December 8, 2022</b>  |                                    | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau     |                 | Dwarka, India<br>Sutra 235<br>Subhakra 5124        |           |
| Wrishabha Rasi: 19.59                  | Tithi 15 – 16      | Gulika 10:05AM – 11:26AM           | Rohini Until 12:35PM               | Ganesha: Yellow   | Sunrise: 7:22AM | Moon 11 - Phase 32 - Prathama                      |           |
|  |                    | Yama 7:22AM – 8:44AM               | Sadhya Until 3:13AM Fri            | Muruqa: Clear   | Sunset: 6:12PM  |  |           |
|  | 734376575          | Rahu 2:09PM – 3:30PM               | Balava Until 10:40PM               | Nataraja: Purple  |                 |  |           |
| Routine Work                           | Marana Yoga        |                                    | Purnima* Until 9:42AM              | Moon – Yellow   |                 | Sivaloka Day                                       |           |
|  |                    |                                    |                                    | Margasira-Karttikai   |                 |  |           |
| Vinayaga Viratam Begins                |                    |                                    |                                    |   |                 |  |           |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda





**Friday, December 9, 2022**  
**Gold Retreat Star**

Mithuna Rasi: 2.07    Tithi 16 – 17  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    8:44AM – 10:05AM  
Yama        3:30PM – 4:51PM  
**Rahu**        11:27AM – 12:48PM

**Mrigashira** Until 3:02PM  
Subha Until 3:44AM Sat  
Taitila Until 12:45AM Sat  
**Prathama\*** Until 11:39AM

Dwarka, India  
Sutra 236  
Subhakrit 5124  
Moon 12 - Phase 33 - 1st Phase

**Ganesha:** Red    *Sunrise:* 7:23AM  
**Muruqa:** Clear    *Sunset:* 6:12PM

**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**

**1**

**Saturday, December 10, 2022**

Mithuna Rasi: 14.09    Tithi 17 – 18  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    7:24AM – 8:45AM  
Yama        2:09PM – 3:31PM  
**Rahu**        10:06AM – 11:27AM

**Ardra** Until 5:33PM  
Sukla Until 4:24AM Sun  
Vanija Until 3:05AM Sun  
**Dvitiya** Until 1:52PM

Dwarka, India  
Sun 1    Sutra 237  
Subhakrit 5124  
Moon 12 - Phase 33 - 1st Phase

**Ganesha:** Red    *Sunrise:* 7:24AM  
**Muruqa:** Clear    *Sunset:* 6:13PM

**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**

**2**

**Sunday, December 11, 2022**

Mithuna Rasi: 26.05    Tithi 18 – 19  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**    3:31PM – 4:52PM  
Yama        12:49PM – 2:10PM  
**Rahu**        4:52PM – 6:13PM

**Punarvasu** Until 8:36PM  
Brahma Until 5:12AM Mon  
Bava Until 5:34AM Mon  
**Tritiya** Until 4:17PM

Dwarka, India  
Sun 2    Sutra 238  
Subhakrit 5124  
Moon 12 - Phase 33 - 2 1st Phase

**Ganesha:** Green    *Sunrise:* 7:24AM  
**Muruqa:** Clear    *Sunset:* 6:13PM

**Nataraja:** Purple  
Moon – Blue

**Devaloka Day**

**3**

**Monday, December 12, 2022**

Kataka Rasi: 7.58    Tithi 19  
**Family Home Evening**  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Balava Karana Chaturthyam Titau

**Gulika**    2:10PM – 3:31PM  
Yama        11:28AM – 12:49PM  
**Rahu**        8:46AM – 10:07AM

**Pushya** Until 11:33PM  
Indra Until 6:03AM Tue  
Balava Until 6:49PM  
**Chaturthi\*** Until 6:49PM

Dwarka, India  
Sun 3    Sutra 239  
Subhakrit 5124  
Moon 12 - Phase 33 - 3 1st Phase

**Ganesha:** White    *Sunrise:* 7:25AM  
**Muruqa:** Clear    *Sunset:* 6:13PM

**Nataraja:** Purple  
Moon – Blue

**Devaloka Day**

**4**

**Tuesday, December 13, 2022**

Kataka Rasi: 19.5    Tithi 20  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    12:50PM – 2:11PM  
Yama        10:08AM – 11:29AM  
**Rahu**        3:32PM – 4:53PM

**Ashlesha\*** Until 2:18AM Wed  
Indra Until 6:03AM  
Kaulava Until 8:06AM  
**Panchami** Until 9:19PM

Dwarka, India  
Sun 4    Sutra 240  
Subhakrit 5124  
Moon 12 - Phase 33 - 4 1st Phase

**Ganesha:** White    *Sunrise:* 7:26AM  
**Muruqa:** Clear    *Sunset:* 6:14PM

**Nataraja:** Purple  
Moon – Blue

**Devaloka Day**

**5**

**Wednesday, December 14, 2022**

Simha Rasi: 1.44    Tithi 21  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    11:29AM – 12:50PM  
Yama        8:47AM – 10:08AM  
**Rahu**        12:50PM – 2:11PM

**Magha\*** Until 5:12AM Thu  
Vaidhriti\* Until 6:49AM  
Gara Until 10:33AM  
**Shashthi\*** Until 11:40PM

Dwarka, India  
Sun 5    Sutra 241  
Subhakrit 5124  
Moon 12 - Phase 33 - 5 1st Phase

**Ganesha:** Clear    *Sunrise:* 7:26AM  
**Muruqa:** Clear    *Sunset:* 6:14PM

**Nataraja:** Purple  
Moon – Red

**Sivaloka Day**

**6**

**Thursday, December 15, 2022**

Simha Rasi: 13.43    Tithi 22  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    10:09AM – 11:30AM  
Yama        7:27AM – 8:48AM  
**Rahu**        2:12PM – 3:33PM

**Purvaphalguni** Until 7:32AM Fri  
Vishkambha\* Until 7:25AM  
Visti Until 12:44PM  
**Saptami** Until 1:38AM Fri

Dwarka, India  
Sun 6    Sutra 242  
Subhakrit 5124  
Moon 12 - Phase 33 - 6 1st Phase

**Ganesha:** Clear    *Sunrise:* 7:27AM  
**Muruqa:** Clear    *Sunset:* 6:14PM

**Nataraja:** Purple  
Moon – Red

**Sivaloka Day**

**D**

**Friday, December 16, 2022**  
**Retreat Star**

Simha Rasi: 25.52    Tithi 23  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    8:48AM – 10:09AM  
Yama        3:33PM – 4:54PM  
**Rahu**        11:30AM – 12:51PM

**Markali Pillaiyar**

**Purvaphalguni** Until 7:32AM  
Priti Until 7:43AM  
Balava Until 2:27PM  
**Ashtami\*** Until 3:03AM Sat

Dwarka, India  
Sun 7    Sutra 243  
Subhakrit 5124  
Moon 12 - Phase 33 - 7 Ashtami

**Ganesha:** Clear    *Sunrise:* 7:27AM  
**Muruqa:** Clear    *Sunset:* 6:15PM

**Nataraja:** Purple  
Moon – Red

**Sivaloka Day**

**Saturday, December 17, 2022**  
**Retreat Star**

Kanya Rasi: 8.16    Tithi 24  
Routine Work    Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    7:28AM – 8:49AM  
Yama        2:12PM – 3:33PM  
**Rahu**        10:10AM – 11:31AM

**Uttaraphalguni** Until 9:08AM  
Ayushman Until 7:32AM  
Taitila Until 3:31PM  
**Navami\*** Until 3:44AM Sun

Dwarka, India  
Sun 8    Sutra 244  
Subhakrit 5124  
Moon 12 - Phase 33 - 8 Navami

**Ganesha:** White    *Sunrise:* 7:28AM  
**Muruqa:** Clear    *Sunset:* 6:15PM

**Nataraja:** Purple  
Moon – Red

**Devaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

|  |          |                                  |  |   |   |                                     |  |
|--|----------|----------------------------------|--|---|---|-------------------------------------|--|
| <b>1</b>   |          | <b>Sunday, December 18, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vistil* Karana Dashamyam Titau |   |                                     | Dwarka, India<br>Sun 9 Sutra 245<br>Subhakrit 5124 |
| Kanya Rasi: 20.59  | Tithi 25 | 865476575                        | <b>Gulika</b> 3:34PM – 4:55PM<br><b>Yama</b> 12:52PM – 2:13PM<br><b>Rahu</b> 4:55PM – 6:16PM | <b>Hasta</b> <b>Until 10:19AM</b><br>Saubhagya <b>Until 6:47AM</b><br>Vanija <b>Until 3:47PM</b><br><b>Dashami</b> <b>Until 3:35AM Mon</b>  | <b>Ganesha:</b> Clear <i>Sunrise: 7:29AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 6:16PM</i><br><b>Nataraja:</b> Purple<br>Moon – Green | Moon 12 - Phase 34 - 9<br>2nd Phase | <b>Sivaloka Day</b><br>Margasira*Markali           |
| Creative Work Amrita Yoga<br>Until 10:19AM<br>Then Creative Work - Siddha Yoga |          |                                  |  |   |   |                                     |  |

|   |          |                                  |  |   |   |                                      |   |
|---|----------|----------------------------------|--|---|---|--------------------------------------|---|
| <b>2</b>  |          | <b>Monday, December 19, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau |   |                                      | Dwarka, India<br>Sun 10 Sutra 246<br>Subhakrit 5124 |
| Tula Rasi: 4.08   | Tithi 26 | 865476575                        | <b>Gulika</b> 2:13PM – 3:34PM<br><b>Yama</b> 11:32AM – 12:53PM<br><b>Rahu</b> 8:50AM – 10:11AM | <b>Chitra</b> <b>Until 10:31AM</b><br>Athiganda* <b>Until 3:19AM Tue</b><br>Bava <b>Until 3:12PM</b><br><b>Ekadashi*</b> <b>Until 2:34AM Tue</b>                                | <b>Ganesha:</b> Clear <i>Sunrise: 7:29AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 6:16PM</i><br><b>Nataraja:</b> Purple<br>Moon – Green | Moon 12 - Phase 34 - 10<br>2nd Phase | <b>Sivaloka Day</b><br>Margasira*Markali            |
| Family Home Evening<br>Routine Work Prabalarishta Yoga<br>Until 10:31AM<br>Then Creative Work - Amrita Yoga |          |                                  |  |   |   |                                      |   |

|  |          |                                   |  |   |   |                                      |   |
|--|----------|-----------------------------------|--|---|---|--------------------------------------|---|
| <b>3</b>   |          | <b>Tuesday, December 20, 2022</b> |  | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau |   |                                      | Dwarka, India<br>Sun 11 Sutra 247<br>Subhakrit 5124 |
| Tula Rasi: 17.44   | Tithi 27 | 865476575                         | <b>Gulika</b> 12:53PM – 2:14PM<br><b>Yama</b> 10:11AM – 11:32AM<br><b>Rahu</b> 3:35PM – 4:56PM | <b>Svati</b> <b>Until 9:45AM</b><br>Sukarma <b>Until 12:37AM Wed</b><br>Kaulava <b>Until 1:47PM</b><br><b>Dvadashi*</b> <b>Until 12:45AM Wed</b>                                      | <b>Ganesha:</b> Clear <i>Sunrise: 7:30AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 6:17PM</i><br><b>Nataraja:</b> Purple<br>Moon – Green | Moon 12 - Phase 34 - 11<br>2nd Phase | <b>Sivaloka Day</b><br>Margasira*Markali            |
| Creative Work Siddha Yoga<br>Until 9:45AM<br>Then Routine Work - Marana Yoga |          |                                   |  |   |   |                                      |   |

|                           |          |                                     |   |   |   |                                      |   |
|---------------------------|----------|-------------------------------------|---|---|---|--------------------------------------|---|
| <b>4</b>                  |          | <b>Wednesday, December 21, 2022</b> |   | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau |   |                                      | Dwarka, India<br>Sun 12 Sutra 248<br>Subhakrit 5124 |
| Vrischika Rasi: 1.49      | Tithi 28 | 875476575                           | <b>Gulika</b> 11:33AM – 12:54PM<br><b>Yama</b> 8:51AM – 10:12AM<br><b>Rahu</b> 12:54PM – 2:14PM | <b>Vishakha</b> <b>Until 8:31AM</b><br>Dhriti <b>Until 9:22PM</b><br>Gara <b>Until 11:36AM</b><br><b>Trayodashi*</b> <b>Until 10:15PM</b>   | <b>Ganesha:</b> Purple <i>Sunrise: 7:30AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 6:17PM</i><br><b>Nataraja:</b> Purple<br>Moon – Orange | Moon 12 - Phase 34 - 12<br>2nd Phase | <b>Devaloka Day</b><br>Margasira*Markali            |
| Creative Work Siddha Yoga |          | Day 1 of Pancha Ganapati            |   | <i>Pradosha Vrata (Fasting)</i>   |   |                                      |   |

|   |          |                                    |   |   |  |                                      |   |
|---|----------|------------------------------------|---|---|--|--------------------------------------|---|
| <b>5</b>  |          | <b>Thursday, December 22, 2022</b> |   | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Vistil*/Sakuni* Karana Chaturdashyam Titau |  |                                      | Dwarka, India<br>Sun 13 Sutra 249<br>Subhakrit 5124 |
| Vrischika Rasi: 16.21   | Tithi 29 | 876476575                          | <b>Gulika</b> 10:12AM – 11:33AM<br><b>Yama</b> 7:31AM – 8:51AM<br><b>Rahu</b> 2:15PM – 3:36PM | <b>Anuradha</b> <b>Until 6:30AM</b><br>Shula* <b>Until 5:39PM</b><br>Vistil <b>Until 8:48AM</b><br><b>Chaturdashi*</b> <b>Until 7:12PM</b>  | <b>Ganesha:</b> Clear <i>Sunrise: 7:31AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 6:18PM</i><br><b>Nataraja:</b> Purple<br>Moon – Orange | Moon 12 - Phase 34 - 13<br>2nd Phase | <b>Sivaloka Day</b><br>Margasira*Markali            |
| Creative Work Siddha Yoga<br>Until 6:30AM<br>Then Routine Work - Prabalarishta Yoga |          | Day 2 of Pancha Ganapati           |   |   |  |                                      |   |

|   |              |                                  |  |  |   |                                     |   |
|---|--------------|----------------------------------|--|--|---|-------------------------------------|---|
| <b>Retreat Star</b>   |              | <b>Friday, December 23, 2022</b> |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |   |                                     | Dwarka, India<br>Sun 14 Sutra 250<br>Subhakrit 5124 |
| Dhanus Rasi: 1.14   | Tithi 30 – 1 | 886476575                        | <b>Gulika</b> 8:52AM – 10:13AM<br><b>Yama</b> 3:36PM – 4:57PM<br><b>Rahu</b> 11:34AM – 12:55PM | <b>Mula*</b> <b>Until 1:12AM Sat</b><br>Ganda* <b>Until 1:38PM</b><br>Kintughna <b>Until 1:59AM Sat</b><br><b>Amavasya*</b> <b>Until 3:46PM</b>  | <b>Ganesha:</b> Orange <i>Sunrise: 7:31AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 6:18PM</i><br><b>Nataraja:</b> Purple<br>Moon – Light Blue | Moon 12 - Phase 34 - 14<br>Amavasya | <b>Sivaloka Day</b><br>Margasira*Markali            |
| Creative Work Amrita Yoga<br>Until 1:12AM Sat<br>Then Creative Work - Siddha Yoga |              | Day 3 of Pancha Ganapati         |  |  |   |                                     |   |

|   |             |                                    |   |   |   |                                     |   |
|---|-------------|------------------------------------|---|---|---|-------------------------------------|---|
| <b>Retreat Star</b>   |             | <b>Saturday, December 24, 2022</b> |   | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   |                                     | Dwarka, India<br>Sun 15 Sutra 251<br>Subhakrit 5124 |
| Dhanus Rasi: 16.22  | Tithi 1 – 2 | 886476575                          | <b>Gulika</b> 7:32AM – 8:52AM<br><b>Yama</b> 2:16PM – 3:37PM<br><b>Rahu</b> 10:13AM – 11:34AM | <b>Purvashadha*</b> <b>Until 10:16PM</b><br>Vridhhi <b>Until 9:26AM</b><br>Balava <b>Until 10:19PM</b><br><b>Prathama*</b> <b>Until 12:08PM</b>   | <b>Ganesha:</b> Orange <i>Sunrise: 7:32AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 6:19PM</i><br><b>Nataraja:</b> Purple<br>Moon – Light Blue | Moon 12 - Phase 34 - 15<br>Prathama | <b>Sivaloka Day</b><br>Pausha*Markali               |
| Creative Work Siddha Yoga<br>Until 10:16PM<br>Then Routine Work - Marana Yoga |             | Day 4 of Pancha Ganapati           |   |   |   |                                     |   |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|                   |             |                                  |                                  |  |                        |  |
|-------------------|-------------|----------------------------------|----------------------------------|--|------------------------|--|
| <b>1</b>          |             | <b>Sunday, December 25, 2022</b> |                                  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Dwarka, India<br>Sun 16<br>Sutra 252<br>Subhakrit 5124 |
| Makara Rasi: 1.32 | Tithi 2 - 3 | <b>Gulika</b> 3:37PM - 4:58PM    | <b>Uttarashadha</b> Until 7:16PM | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 7:32AM |  |
|                   |             | <b>Yama</b> 12:56PM - 2:16PM     | Vyaghata* Until 1:00AM Mon       | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:19PM  | Moon 12 - Phase 35 - 16                                |
|                   |             | <b>Rahu</b> 4:58PM - 6:19PM      | Taitila Until 6:41PM             | <b>Nataraja:</b> Purple  |                        | 3rd Phase  |
| Creative Work     | Amrita Yoga |                                  |                                  | Moon - Light Blue  |                        |  |
|                   |             | <b>Day 5 of Pancha Ganapati</b>  | <b>Dvitiya</b> Until 8:28AM      | <b>Pausha-Markali</b>  |                        | <b>Subha Sivaloka Day</b>                              |

|                                  |             |                                  |                                    |   |                        |  |
|----------------------------------|-------------|----------------------------------|------------------------------------|---|------------------------|--|
| <b>2</b>                         |             | <b>Monday, December 26, 2022</b> |                                    | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visiti* Karana Chaturthyam Titau |                        | Dwarka, India<br>Sun 17<br>Sutra 253<br>Subhakrit 5124 |
| Makara Rasi: 16.38               | Tithi 4     | <b>Gulika</b> 2:17PM - 3:38PM    | <b>Shravana</b> Until 4:45PM       | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:32AM |  |
| <b>Family Home Evening</b>       |             | <b>Yama</b> 11:35AM - 12:56PM    | Harshana Until 9:05PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:20PM  | Moon 12 - Phase 35 - 17                                |
| Creative Work                    | Amrita Yoga | <b>Rahu</b> 8:53AM - 10:14AM     | Vanija Until 3:18PM                | <b>Nataraja:</b> Clear  |                        | 3rd Phase  |
| Until 4:45PM                     |             |                                  | <b>Chaturthi*</b> Until 1:43AM Tue | Moon - Purple   |                        |  |
| Then Creative Work - Siddha Yoga |             |                                  |                                    | <b>Pausha-Markali</b>   |                        | <b>Sivaloka Day</b>                                    |

|                                 |             |                                   |                                |   |                        |  |
|---------------------------------|-------------|-----------------------------------|--------------------------------|---|------------------------|--|
| <b>3</b>                        |             | <b>Tuesday, December 27, 2022</b> |                                | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau |                        | Dwarka, India<br>Sun 18<br>Sutra 254<br>Subhakrit 5124 |
| Kumbha Rasi: 1.29               | Tithi 5     | <b>Gulika</b> 12:57PM - 2:17PM    | <b>Dhanishtha</b> Until 2:30PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:33AM |  |
|                                 |             | <b>Yama</b> 10:15AM - 11:36AM     | Vajra* Until 5:28PM            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:20PM  | Moon 12 - Phase 35 - 18                                |
|                                 |             | <b>Rahu</b> 3:38PM - 4:59PM       | Bava Until 12:17PM             | <b>Nataraja:</b> Clear  |                        | 3rd Phase  |
| Creative Work                   | Siddha Yoga |                                   | <b>Panchami</b> Until 10:57PM  | Moon - Purple   |                        |  |
| Until 2:30PM                    |             |                                   |                                | <b>Pausha-Markali</b>   |                        | <b>Sivaloka Day</b>                                    |
| Then Routine Work - Marana Yoga |             |                                   |                                |   |                        |  |

|                                  |             |                                     |                                   |  |                        |  |
|----------------------------------|-------------|-------------------------------------|-----------------------------------|--|------------------------|--|
| <b>4</b>                         |             | <b>Wednesday, December 28, 2022</b> |                                   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau |                        | Dwarka, India<br>Sun 19<br>Sutra 255<br>Subhakrit 5124 |
| Kumbha Rasi: 15.58               | Tithi 6     | <b>Gulika</b> 11:36AM - 12:57PM     | <b>Shatabhishak</b> Until 12:38PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:33AM |  |
|                                  |             | <b>Yama</b> 8:54AM - 10:15AM        | Siddhi Until 2:20PM               | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:21PM  | Moon 12 - Phase 35 - 19                                |
|                                  |             | <b>Rahu</b> 12:57PM - 2:18PM        | Kaulava Until 9:48AM              | <b>Nataraja:</b> Clear   |                        | 3rd Phase  |
| Creative Work                    | Siddha Yoga |                                     | <b>Shashthi*</b> Until 8:46PM     | Moon - Purple  |                        |  |
| Until 12:38PM                    |             |                                     |                                   | <b>Pausha-Markali</b>  |                        | <b>Sivaloka Day</b>                                    |
| Then Creative Work - Amrita Yoga |             | <b>Vinayaga Viratam Ends</b>        |                                   |  |                        |  |

|                  |             |                                    |  |  |                        |  |
|------------------|-------------|------------------------------------|--|--|------------------------|--|
| <b>5</b>         |             | <b>Thursday, December 29, 2022</b> |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau |                        | Dwarka, India<br>Sun 20<br>Sutra 256<br>Subhakrit 5124 |
| Meena Rasi: 0.02 | Tithi 7     | <b>Gulika</b> 10:16AM - 11:37AM    | <b>Purvaproshtapada*</b> Until 11:42AM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:34AM |  |
|                  |             | <b>Yama</b> 7:34AM - 8:55AM        | Vyalipata* Until 11:44AM               | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:21PM  | Moon 12 - Phase 35 - 20                                |
|                  |             | <b>Rahu</b> 2:19PM - 3:39PM        | Gara Until 7:57AM                      | <b>Nataraja:</b> Clear   |                        | 3rd Phase  |
| Creative Work    | Siddha Yoga |                                    | <b>Saptami</b> Until 7:17PM            | Moon - Clear   |                        |  |
|                  |             |                                    |  | <b>Pausha-Markali</b>  |                        | <b>Devaloka Day</b>                                    |

|                     |             |                                  |  |  |                        |  |
|---------------------|-------------|----------------------------------|--|--|------------------------|--|
| <b>Retreat Star</b> |             | <b>Friday, December 30, 2022</b> |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Visiti*/Bava Karana Ashtamyam Titau |                        | Dwarka, India<br>Sun 21<br>Sutra 257<br>Subhakrit 5124 |
| Meena Rasi: 13.4    | Tithi 8     | <b>Gulika</b> 8:55AM - 10:16AM   | <b>Uttaraproshtapada</b> Until 11:21AM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:34AM |  |
|                     |             | <b>Yama</b> 3:40PM - 5:01PM      | Variyan Until 9:41AM                   | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:22PM  | Moon 12 - Phase 35 - 21                                |
|                     |             | <b>Rahu</b> 11:37AM - 12:58PM    | Visiti Until 6:50AM                    | <b>Nataraja:</b> Clear   |                        | Ashtami  |
| Creative Work       | Siddha Yoga |                                  | <b>Ashtami*</b> Until 6:32PM           | Moon - Clear   |                        |  |
|                     |             |                                  |  | <b>Pausha-Markali</b>  |                        | <b>Devaloka Day</b>                                    |

|                                  |                    |                                    |                             |  |                        |  |
|----------------------------------|--------------------|------------------------------------|-----------------------------|--|------------------------|--|
| <b>Retreat Star</b>              |                    | <b>Saturday, December 31, 2022</b> |                             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau |                        | Dwarka, India<br>Sun 22<br>Sutra 258<br>Subhakrit 5124 |
| Meena Rasi: 26.53                | Tithi 9            | <b>Gulika</b> 7:34AM - 8:55AM      | <b>Revati</b> Until 11:34AM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:34AM |  |
|                                  |                    | <b>Yama</b> 2:20PM - 3:41PM        | Parigha* Until 8:14AM       | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:23PM  | Moon 12 - Phase 35 - 22                                |
|                                  |                    | <b>Rahu</b> 10:16AM - 11:38AM      | Balava Until 6:27AM         | <b>Nataraja:</b> Clear   |                        | Navami   |
| Routine Work                     | Prabalarishta Yoga |                                    | <b>Navami*</b> Until 6:31PM | Moon - Clear   |                        |  |
| Until 11:34AM                    |                    |                                    |                             | <b>Pausha-Markali</b>  |                        | <b>Devaloka Day</b>                                    |
| Then Creative Work - Siddha Yoga |                    |                                    |                             |  |                        |  |

|  |             |  |                              |                        |                        |  |
|--|-------------|--|------------------------------|------------------------|------------------------|--|
| <b>1 Sunday, January 1, 2023</b>       |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dashamyam Titau |                              |                        |                        | Dwarka, India<br>Sun 23<br>Sutra 259<br>Subhakrit 5124 |
| Mesha Rasi: 9.45                       | Tithi 10    | <b>Gulika</b> 3:41PM – 5:02PM  | <b>Ashvini</b> Until 12:46PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:35AM |  |
|  |             | Yama 12:59PM – 2:20PM  | Shiva Until 7:21AM           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:23PM  | Moon 12 - Phase 36 - 23                                |
|  | 827486576   | <b>Rahu</b> 5:02PM – 6:23PM  | Taitila Until 6:47AM         | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                          | Siddha Yoga |  | <b>Dashami</b> Until 7:11PM  | Moon – White           |                        | <b>Sivaloka Day</b>                                    |
| Until 12:46PM                          |             |  |                              | <b>Pausha-Markali</b>  |                        |  |
| Then Routine Work - Prabalarishta Yoga |             |  |                              |                        |                        |  |

|                                  |             |   |                              |                        |                        |  |
|----------------------------------|-------------|---|------------------------------|------------------------|------------------------|--|
| <b>2 Monday, January 2, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau |                              |                        |                        | Dwarka, India<br>Sun 24<br>Sutra 260<br>Subhakrit 5124 |
| Mesha Rasi: 22.19                | Tithi 11    | <b>Gulika</b> 2:21PM – 3:42PM   | <b>Bharani</b> Until 2:23PM  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:35AM |  |
| <b>Family Home Evening</b>       |             | Yama 11:38AM – 12:59PM  | Siddha Until 6:54AM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:24PM  | Moon 12 - Phase 36 - 24                                |
| Creative Work                    | Siddha Yoga | 827486576 <b>Rahu</b> 8:56AM – 10:17AM  | Vanija Until 7:46AM          | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Until 2:23PM                     |             |   | <b>Ekadashi</b> Until 8:25PM | Moon – White           |                        | <b>Sivaloka Day</b>                                    |
| Then Routine Work - Marana Yoga  |             |   |                              |                        |                        |  |

|                                   |             |  |                               |                        |                        |  |
|-----------------------------------|-------------|--|-------------------------------|------------------------|------------------------|--|
| <b>3 Tuesday, January 3, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau |                               |                        |                        | Dwarka, India<br>Sun 25<br>Sutra 261<br>Subhakrit 5124 |
| Vrishabha Rasi: 4.4               | Tithi 12    | <b>Gulika</b> 1:00PM – 2:21PM  | <b>Krittika</b> Until 4:17PM  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:35AM |  |
|                                   |             | Yama 10:18AM – 11:39AM   | Sadhya Until 6:52AM           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:25PM  | Moon 12 - Phase 36 - 25                                |
|                                   | 827486576   | <b>Rahu</b> 3:42PM – 5:03PM  | Bava Until 9:14AM             | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                     | Siddha Yoga |  | <b>Dvadashi</b> Until 10:06PM | Moon – White           |                        | <b>Sivaloka Day</b>                                    |
| Until 4:17PM                      |             |  |                               | <b>Pausha-Markali</b>  |                        |  |
| Then Creative Work - Amrita Yoga  |             |  |                               |                        |                        |  |

|                                     |             |  |                                     |                        |                        |  |
|-------------------------------------|-------------|--|-------------------------------------|------------------------|------------------------|--|
| <b>4 Wednesday, January 4, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Trayodashyam Titau |                                     |                        |                        | Dwarka, India<br>Sun 26<br>Sutra 262<br>Subhakrit 5124 |
| Vrishabha Rasi: 16.51               | Tithi 13    | <b>Gulika</b> 11:39AM – 1:00PM   | <b>Rohini</b> Until 6:51PM          | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:36AM |  |
|                                     |             | Yama 8:57AM – 10:18AM  | Subha Until 7:08AM                  | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:25PM  | Moon 12 - Phase 36 - 26                                |
|                                     | 838586576   | <b>Rahu</b> 1:00PM – 2:22PM  | Kaulava Until 11:05AM               | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                       | Siddha Yoga |  | <b>Trayodashi</b> Until 12:06AM Thu | Moon – Yellow          |                        | <b>Devaloka Day</b>                                    |
| <i>Pradosha Vrata</i>               |             |  |                                     |                        |                        |  |

|                                    |             |   |                                      |                        |                        |  |
|------------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|--|
| <b>5 Thursday, January 5, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                        |                        | Dwarka, India<br>Sun 27<br>Sutra 263<br>Subhakrit 5124 |
| Vrishabha Rasi: 28.55              | Tithi 14    | <b>Gulika</b> 10:18AM – 11:40AM   | <b>Mrigashira</b> Until 9:29PM       | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:36AM |  |
|                                    |             | Yama 7:36AM – 8:57AM  | Sukla Until 7:35AM                   | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:26PM  | Moon 12 - Phase 36 - 27                                |
|                                    | 838586576   | <b>Rahu</b> 2:22PM – 3:43PM   | Gara Until 1:13PM                    | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                       | Marana Yoga |   | <b>Chaturdashi*</b> Until 2:20AM Fri | Moon – Yellow          |                        | <b>Devaloka Day</b>                                    |
| <b>Subramuniyaswami Jayanti</b>    |             |   |                                      |                        |                        |  |

|                                |             |  |                                  |                        |                        |  |
|--------------------------------|-------------|--|----------------------------------|------------------------|------------------------|--|
| <b>Friday, January 6, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau |                                  |                        |                        | Dwarka, India<br>Sutra 264<br>Subhakrit 5124 |
| <b>Copper Retreat Star</b>     |             | <b>Gulika</b> 8:57AM – 10:19AM   | <b>Ardra</b> Until 12:06AM Sat   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:36AM |  |
| Mithuna Rasi: 10.54            | Tithi 15    | Yama 3:44PM – 5:05PM   | Brahma Until 8:12AM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:26PM  | Moon 12 - Phase 36 - Purnima                 |
|                                | 838586576   | <b>Rahu</b> 11:40AM – 1:01PM   | Visti Until 3:31PM               | <b>Nataraja:</b> Clear |                        |  |
| Creative Work                  | Siddha Yoga |  | <b>Purnima*</b> Until 4:42AM Sat | Moon – Yellow          |                        | <b>Devaloka Day</b>                          |
| <b>Ardra Darshanam</b>         |             |  |                                  |                        |                        |  |

|                                  |             |   |                                   |                        |                        |  |
|----------------------------------|-------------|---|-----------------------------------|------------------------|------------------------|--|
| <b>Saturday, January 7, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam<br>Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau |                                   |                        |                        | Dwarka, India<br>Sutra 265<br>Subhakrit 5124 |
| <b>Silver Retreat Star</b>       |             | <b>Gulika</b> 7:36AM – 8:58AM   | <b>Punarvasu</b> Until 3:08AM Sun | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:36AM |  |
| Mithuna Rasi: 22.5               | Tithi 16    | Yama 2:23PM – 3:44PM  | Indra Until 8:55AM                | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:27PM  | Moon 12 - Phase 36 - Prathama                |
|                                  | 848586576   | <b>Rahu</b> 10:19AM – 11:40AM   | Balava Until 5:56PM               | <b>Nataraja:</b> Clear |                        |  |
| Creative Work                    | Siddha Yoga |   | <b>Prathama*</b> Until 7:09AM Sun | Moon – Blue            |                        | <b>Sivaloka Day</b>                          |
| <b>Pausha-Markali</b>            |             |   |                                   |                        |                        |  |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 4.44    Tithi 16 – 17

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vaidhriti/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 3:45PM – 5:06PM  
**Yama** 1:02PM – 2:24PM  
**Rahu** 5:06PM – 6:28PM

**Pushya Until 6:03AM Mon**  
Vaidhriti\* Until 9:40AM  
Taitila Until 8:25PM  
**Prathama\* Until 7:09AM**

**Ganesha:** Clear    *Sunrise: 7:37AM*  
**Muruqa:** Purple    *Sunset: 6:28PM*  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

Dwarka, India  
Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 -  
1st Phase

**1**

**Monday, January 9, 2023**

Kataka Rasi: 16.38    Tithi 17 – 18

848586576

**Family Home Evening**  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha/Magha\* Nakshatra Vishkambha\*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 2:24PM – 3:46PM  
**Yama** 11:41AM – 1:03PM  
**Rahu** 8:58AM – 10:20AM

**Pushya Until 6:03AM**  
Vishkambha\* Until 10:27AM  
Vanija Until 10:55PM  
**Dvitiya Until 9:39AM**

**Ganesha:** Clear    *Sunrise: 7:37AM*  
**Muruqa:** Purple    *Sunset: 6:28PM*  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

Dwarka, India  
Sun 1    Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

**2**

**Tuesday, January 10, 2023**

Kataka Rasi: 28.31    Tithi 18 – 19

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha/Magha\* Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika** 1:03PM – 2:25PM  
**Yama** 10:20AM – 11:42AM  
**Rahu** 3:46PM – 5:08PM

**Ashlesha\* Until 8:47AM**  
Priti Until 11:15AM  
Bava Until 1:21AM Wed  
**Tritiya Until 12:07PM**

**Ganesha:** Clear    *Sunrise: 7:37AM*  
**Muruqa:** Purple    *Sunset: 6:29PM*  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

Dwarka, India  
Sun 2    Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 10.27    Tithi 19 – 20

859586576

Creative Work    Siddha Yoga  
Until 11:46AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:42AM – 1:03PM  
**Yama** 8:59AM – 10:20AM  
**Rahu** 1:03PM – 2:25PM

**Magha\* Until 11:46AM**  
Ayushman Until 11:56AM  
Kaulava Until 3:37AM Thu  
**Chaturthi\* Until 2:29PM**

**Ganesha:** Clear    *Sunrise: 7:37AM*  
**Muruqa:** Purple    *Sunset: 6:30PM*  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

**Sivaloka Day**

Dwarka, India  
Sun 3    Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

**4**

**Thursday, January 12, 2023**

Simha Rasi: 22.27    Tithi 20 – 21

859586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:21AM – 11:42AM  
**Yama** 7:37AM – 8:59AM  
**Rahu** 2:26PM – 3:47PM

**Purvaphalguni Until 2:21PM**  
Saubhagya Until 12:28PM  
Gara Until 5:33AM Fri  
**Panchami Until 4:37PM**

**Ganesha:** Clear    *Sunrise: 7:37AM*  
**Muruqa:** Purple    *Sunset: 6:31PM*  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

**Sivaloka Day**

Dwarka, India  
Sun 4    Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

**5**

**Friday, January 13, 2023**

Kanya Rasi: 4.35    Tithi 21

859586576

Creative Work    Siddha Yoga  
Until 4:25PM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Vanija Karana Shashthyam Titau

**Gulika** 8:59AM – 10:21AM  
**Yama** 3:48PM – 5:09PM  
**Rahu** 11:42AM – 1:04PM

**Uttaraphalguni Until 4:25PM**  
Sobhana Until 12:43PM  
Vanija Until 6:20PM  
**Shashthi\* Until 6:20PM**

**Ganesha:** Clear    *Sunrise: 7:37AM*  
**Muruqa:** Purple    *Sunset: 6:31PM*  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

**Sivaloka Day**

Dwarka, India  
Sun 5    Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

**6**

**Saturday, January 14, 2023**

Kanya Rasi: 16.55    Tithi 22

869586576

Routine Work    Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti/Bava Karana Saptamyam Titau

**Gulika** 7:37AM – 8:59AM  
**Yama** 2:26PM – 3:48PM  
**Rahu** 10:21AM – 11:43AM

**Hasta Until 6:16PM**  
Athiganda\* Until 12:33PM  
Visti Until 7:00AM  
**Saptami Until 7:28PM**

**Ganesha:** White    *Sunrise: 7:37AM*  
**Muruqa:** Purple    *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

**Subha Sivaloka Day**

**Thai Pongal**

Dwarka, India  
Sun 6    Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

**D**

**Sunday, January 15, 2023**

**Retreat Star**

Kanya Rasi: 29.32    Tithi 23

869586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 3:49PM – 5:11PM  
**Yama** 1:05PM – 2:27PM  
**Rahu** 5:11PM – 6:33PM

**Chitra Until 7:15PM**  
Sukarma Until 11:51AM  
Balava Until 7:47AM  
**Ashtami\* Until 7:51PM**

**Ganesha:** White    *Sunrise: 7:37AM*  
**Muruqa:** Purple    *Sunset: 6:33PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

**Subha Sivaloka Day**

Dwarka, India  
Sun 7    Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
Ashtami

**Monday, January 16, 2023**

**Retreat Star**

Tula Rasi: 12.32    Tithi 24

869586576

**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 7:16PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 2:27PM – 3:49PM  
**Yama** 11:43AM – 1:05PM  
**Rahu** 8:59AM – 10:21AM

**Svati Until 7:16PM**  
Dhriti Until 10:33AM  
Taitila Until 7:45AM  
**Navami\* Until 7:24PM**

**Ganesha:** White    *Sunrise: 7:37AM*  
**Muruqa:** Purple    *Sunset: 6:33PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

**Subha Sivaloka Day**

Dwarka, India  
Sun 8    Sutra 274  
Subhakrit 5124  
Moon 1 - Phase 37 - 8  
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Dwarka, India on 5/1/20


www.gurudeva.org/panchang


|  |                                  |          |   |  |   |   |   |
|--|----------------------------------|----------|---|--|---|---|---|
| <b>1</b>   | <b>Tuesday, January 17, 2023</b> |          | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau |  |   |   | Dwarka, India<br>Sun 9 Sutra 275<br>Subhakrit 5124        |
|  | Tula Rasi: 25.59                 | Tithi 25 | <b>Gulika</b> 1:06PM – 2:28PM<br>Yama 10:22AM – 11:44AM<br>879586576 <b>Rahu</b> 3:50PM – 5:12PM  | <b>Vishakha</b> Until 6:45PM<br>Shula* Until 8:33AM<br>Vanija Until 6:53AM<br>Dashami Until 6:06PM | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Orange<br>Pausha*Thai | <i>Sunrise:</i> 7:37AM<br><i>Sunset:</i> 6:34PM | Moon 1 - Phase 38 - 9<br>2nd Phase<br><b>Sivaloka Day</b> |
| Routine Work Marana Yoga<br>Until 6:45PM<br>Then Creative Work - Siddha Yoga |                                  |          |   |  |   |   |   |

|                           |                                    |               |   |  |   |   |  |
|---------------------------|------------------------------------|---------------|---|--|---|---|--|
| <b>2</b>                  | <b>Wednesday, January 18, 2023</b> |               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau |  |   |   | Dwarka, India<br>Sun 10 Sutra 276<br>Subhakrit 5124        |
|                           | Vischika Rasi: 9.55                | Tithi 26 – 27 | <b>Gulika</b> 11:44AM – 1:06PM<br>Yama 8:59AM – 10:22AM<br>879586576 <b>Rahu</b> 1:06PM – 2:28PM  | <b>Anuradha</b> Until 5:18PM<br>Vriddhi Until 2:41AM Thu<br>Kaulava Until 2:43AM Thu<br>Ekadashi* Until 4:00PM | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Orange<br>Pausha*Thai | <i>Sunrise:</i> 7:37AM<br><i>Sunset:</i> 6:35PM | Moon 1 - Phase 38 - 10<br>2nd Phase<br><b>Sivaloka Day</b> |
| Creative Work Siddha Yoga |                                    |               |   |  |   |   |  |

|   |                                   |               |  |   |   |   |  |
|---|-----------------------------------|---------------|--|---|---|---|--|
| <b>3</b>  | <b>Thursday, January 19, 2023</b> |               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailila/Gara Karana Dvadashti/Trayodashyam Titau |   |   |   | Dwarka, India<br>Sun 11 Sutra 277<br>Subhakrit 5124        |
|   | Vischika Rasi: 24.2               | Tithi 27 – 28 | <b>Gulika</b> 10:22AM – 11:44AM<br>Yama 7:37AM – 9:00AM<br>871586576 <b>Rahu</b> 2:29PM – 3:51PM   | <b>Jyeshtha*</b> Until 3:03PM<br>Dhruva Until 10:56PM<br>Gara Until 11:39PM<br>Dvadashti* Until 1:14PM<br><i>Pradosha Vrata (Fasting)</i> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Orange<br>Pausha*Thai | <i>Sunrise:</i> 7:37AM<br><i>Sunset:</i> 6:35PM | Moon 1 - Phase 38 - 11<br>2nd Phase<br><b>Sivaloka Day</b> |
| Routine Work Prabalarishta Yoga<br>Until 3:03PM<br>Then Creative Work - Siddha Yoga |                                   |               |  |   |   |   |  |

|  |                                 |               |  |  |  |   |  |
|--|---------------------------------|---------------|--|--|--|---|--|
| <b>4</b>   | <b>Friday, January 20, 2023</b> |               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |  |  |   | Dwarka, India<br>Sun 12 Sutra 278<br>Subhakrit 5124        |
|  | Dhanus Rasi: 9.12               | Tithi 28 – 29 | <b>Gulika</b> 9:00AM – 10:22AM<br>Yama 3:51PM – 5:14PM<br>881586576 <b>Rahu</b> 11:44AM – 1:07PM   | <b>Mula*</b> Until 12:34PM<br>Vyaghata* Until 6:50PM<br>Visti Until 8:08PM<br>Trayodashi* Until 9:55AM | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Pausha*Thai | <i>Sunrise:</i> 7:37AM<br><i>Sunset:</i> 6:36PM | Moon 1 - Phase 38 - 12<br>2nd Phase<br><b>Sivaloka Day</b> |
| Creative Work Amrita Yoga<br>Until 12:34PM<br>Then Routine Work - Prabalarishta Yoga |                                 |               |  |  |  |   |  |

|   |                                   |               |  |   |  |   |   |
|---|-----------------------------------|---------------|--|---|--|---|---|
|  | <b>Saturday, January 21, 2023</b> |               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |   |  |   | Dwarka, India<br>Sun 13 Sutra 279<br>Subhakrit 5124       |
|   | <b>Retreat Star</b>               |               | <b>Gulika</b> 7:37AM – 9:00AM<br>Yama 2:29PM – 3:52PM<br>881586576 <b>Rahu</b> 10:22AM – 11:44AM   | <b>Purvashadha*</b> Until 9:36AM<br>Harshana Until 2:31PM<br>Naga Until 2:23AM Sun<br>Chaturdashi* Until 6:14AM | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Pausha*Thai | <i>Sunrise:</i> 7:37AM<br><i>Sunset:</i> 6:37PM | Moon 1 - Phase 38 - 13<br>Amavasya<br><b>Sivaloka Day</b> |
| Dhanus Rasi: 24.22  |                                   | Tithi 29 – 30 |  | Creative Work Siddha Yoga<br>Until 9:36AM<br>Then Routine Work - Marana Yoga                                    |  |   |   |

|   |                                 |         |  |  |   |   |   |
|---|---------------------------------|---------|--|--|---|---|---|
|  | <b>Sunday, January 22, 2023</b> |         | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau |  |   |   | Dwarka, India<br>Sun 14 Sutra 280<br>Subhakrit 5124       |
|   | <b>Retreat Star</b>             |         | <b>Gulika</b> 3:52PM – 5:15PM<br>Yama 1:07PM – 2:30PM<br>881586576 <b>Rahu</b> 5:15PM – 6:37PM   | <b>Uttarashadha</b> Until 6:21AM<br>Vajra* Until 10:04AM<br>Kintughna Until 12:27PM<br>Prathama* Until 10:31PM | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Magha*Thai | <i>Sunrise:</i> 7:37AM<br><i>Sunset:</i> 6:37PM | Moon 1 - Phase 38 - 14<br>Prathama<br><b>Sivaloka Day</b> |
| Makara Rasi: 9.41   |                                 | Tithi 1 |  | Creative Work Amrita Yoga  |   |   |   |

|                                 |           |   |                                     |   |                        |   |
|---------------------------------|-----------|---|-------------------------------------|---|------------------------|---|
| <b>Monday, January 23, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                     |   |                        | Dwarka, India<br>Sun 15 Sutra 281<br>Subhakrit 5124 |
| <b>1</b>                        |           | <b>Gulika</b> 2:30PM – 3:53PM   | <b>Dhanishtha Until 12:30AM Tue</b> | <b>Ganesha:</b> Yellow <i>Sunrise: 7:37AM</i> |                        |   |
| Makara Rasi: 24.59              | Tithi 2   | Yama 11:45AM – 1:07PM   | Vyatipata* Until 1:31AM Tue         | <b>Muruqa:</b> Purple <i>Sunset: 6:38PM</i>   | Moon 1 - Phase 39 - 15 |   |
| <b>Family Home Evening</b>      | 891586576 | <b>Rahu</b> 8:59AM – 10:22AM  | Balava Until 8:39AM                 | <b>Nataraja:</b> Clear                        |                        | 3rd Phase   |
| Creative Work Siddha Yoga       |           |   | <b>Dvitiya Until 6:49PM</b>         | Moon – Purple                                 | <b>Sivaloka Day</b>    |   |
| Until 12:30AM Tue               |           |   |                                     | Magha*Thai                                    |                        |   |
| Then Routine Work - Marana Yoga |           |   |                                     |   |                        |   |

|                                  |             |   |                                  |   |                        |   |
|----------------------------------|-------------|---|----------------------------------|---|------------------------|---|
| <b>Tuesday, January 24, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                                  |   |                        | Dwarka, India<br>Sun 16 Sutra 282<br>Subhakrit 5124 |
| <b>2</b>                         |             | <b>Gulika</b> 1:08PM – 2:31PM   | <b>Shatabhishak Until 9:54PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise: 7:37AM</i> |                        |   |
| Kumbha Rasi: 10.05               | Tithi 3 – 4 | Yama 10:22AM – 11:45AM  | Variyan Until 9:39PM             | <b>Muruqa:</b> Purple <i>Sunset: 6:39PM</i>   | Moon 1 - Phase 39 - 16 |   |
|                                  | 891586576   | <b>Rahu</b> 3:53PM – 5:16PM   | Vanija Until 2:01AM Wed          | <b>Nataraja:</b> Clear                        |                        | 3rd Phase   |
| Routine Work Marana Yoga         |             |   | <b>Tritiya Until 3:29PM</b>      | Moon – Purple                                 | <b>Sivaloka Day</b>    |   |
|                                  |             |   |                                  | Magha*Thai                                    |                        |   |

|                                    |             |  |                                       |   |                           |   |
|------------------------------------|-------------|--|---------------------------------------|---|---------------------------|---|
| <b>Wednesday, January 25, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chalurthi/Panchamyam Titau |                                       |   |                           | Dwarka, India<br>Sun 17 Sutra 283<br>Subhakrit 5124 |
| <b>3</b>                           |             | <b>Gulika</b> 11:45AM – 1:08PM   | <b>Purvaproshtapada* Until 8:08PM</b> | <b>Ganesha:</b> Blue <i>Sunrise: 7:36AM</i> |                           |   |
| Kumbha Rasi: 24.5                  | Tithi 4 – 5 | Yama 8:59AM – 10:22AM  | Parigha* Until 6:16PM                 | <b>Muruqa:</b> Purple <i>Sunset: 6:40PM</i> | Moon 1 - Phase 39 - 17    |   |
|                                    | 911586576   | <b>Rahu</b> 1:08PM – 2:31PM  | Bava Until 11:31PM                    | <b>Nataraja:</b> Clear                      |                           | 3rd Phase   |
| Creative Work Amrita Yoga          |             |  | <b>Chaturthi* Until 12:39PM</b>       | Moon – Clear                                | <b>Subha Sivaloka Day</b> |   |
| Until 8:08PM                       |             |  |                                       | Magha*Thai                                  |                           |   |
| Then Creative Work - Siddha Yoga   |             |  |                                       |   |                           |   |

|                                   |             |   |                                       |   |                           |   |
|-----------------------------------|-------------|---|---------------------------------------|---|---------------------------|---|
| <b>Thursday, January 26, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                       |   |                           | Dwarka, India<br>Sun 18 Sutra 284<br>Subhakrit 5124 |
| <b>4</b>                          |             | <b>Gulika</b> 10:22AM – 11:45AM   | <b>Uttaraproshtapada Until 6:56PM</b> | <b>Ganesha:</b> Blue <i>Sunrise: 7:36AM</i> |                           |   |
| Meena Rasi: 9.09                  | Tithi 5 – 6 | Yama 7:36AM – 8:59AM  | Shiva Until 3:29PM                    | <b>Muruqa:</b> Purple <i>Sunset: 6:40PM</i> | Moon 1 - Phase 39 - 18    |   |
|                                   | 911586576   | <b>Rahu</b> 2:31PM – 3:54PM   | Kaulava Until 9:45PM                  | <b>Nataraja:</b> Clear                      |                           | 3rd Phase   |
| Creative Work Siddha Yoga         |             |   | <b>Panchami Until 10:31AM</b>         | Moon – Clear                                | <b>Subha Sivaloka Day</b> |   |
|                                   |             |   |                                       | Magha*Thai                                  |                           |   |

|                                  |             |   |                               |   |                           |   |
|----------------------------------|-------------|---|-------------------------------|---|---------------------------|---|
| <b>Friday, January 27, 2023</b>  |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau |                               |   |                           | Dwarka, India<br>Sun 19 Sutra 285<br>Subhakrit 5124 |
| <b>5</b>                         |             | <b>Gulika</b> 8:59AM – 10:22AM  | <b>Revati Until 6:25PM</b>    | <b>Ganesha:</b> Blue <i>Sunrise: 7:36AM</i> |                           |   |
| Meena Rasi: 22.57                | Tithi 6 – 7 | Yama 3:55PM – 5:18PM  | Siddha Until 1:18PM           | <b>Muruqa:</b> Purple <i>Sunset: 6:41PM</i> | Moon 1 - Phase 39 - 19    |   |
|                                  | 911586576   | <b>Rahu</b> 11:45AM – 1:08PM  | Gara Until 8:50PM             | <b>Nataraja:</b> Clear                      |                           | 3rd Phase   |
| Creative Work Siddha Yoga        |             |   | <b>Shashthi* Until 9:10AM</b> | Moon – Clear                                | <b>Subha Sivaloka Day</b> |   |
| Until 6:25PM                     |             |   |                               | Magha*Thai                                  |                           |   |
| Then Creative Work - Amrita Yoga |             |   |                               |   |                           |   |

|                                   |             |  |                             |   |                        |   |
|-----------------------------------|-------------|--|-----------------------------|---|------------------------|---|
| <b>Saturday, January 28, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Ashvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                             |   |                        | Dwarka, India<br>Sun 20 Sutra 286<br>Subhakrit 5124 |
| <b>Retreat Star</b>               |             | <b>Gulika</b> 7:36AM – 8:59AM  | <b>Ashvini Until 7:02PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise: 7:36AM</i> |                        |   |
| Mesha Rasi: 6.16                  | Tithi 7 – 8 | Yama 2:32PM – 3:55PM   | Sadhya Until 11:50AM        | <b>Muruqa:</b> Purple <i>Sunset: 6:42PM</i>   | Moon 1 - Phase 39 - 20 |   |
|                                   | 921586576   | <b>Rahu</b> 10:22AM – 11:45AM  | Visti Until 8:48PM          | <b>Nataraja:</b> Clear                        |                        | Ashtami   |
| Creative Work Siddha Yoga         |             |  | <b>Saptami Until 8:41AM</b> | Moon – White                                  | <b>Sivaloka Day</b>    |   |
|                                   |             |  |                             | Magha*Thai                                    |                        |   |

|                                  |             |   |                              |   |                        |   |
|----------------------------------|-------------|---|------------------------------|---|------------------------|---|
| <b>Sunday, January 29, 2023</b>  |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                              |   |                        | Dwarka, India<br>Sun 21 Sutra 287<br>Subhakrit 5124 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 3:56PM – 5:19PM   | <b>Bharani Until 8:18PM</b>  | <b>Ganesha:</b> Yellow <i>Sunrise: 7:35AM</i> |                        |   |
| Mesha Rasi: 19.09                | Tithi 8 – 9 | Yama 1:09PM – 2:32PM  | Subha Until 11:01AM          | <b>Muruqa:</b> Purple <i>Sunset: 6:42PM</i>   | Moon 1 - Phase 39 - 21 |   |
|                                  | 922686576   | <b>Rahu</b> 5:19PM – 6:42PM   | Balava Until 9:34PM          | <b>Nataraja:</b> Clear                        |                        | Navami  |
| Routine Work Prabalarishta Yoga  |             |   | <b>Ashtami* Until 9:04AM</b> | Moon – White                                  | <b>Sivaloka Day</b>    |   |
| Until 8:18PM                     |             |   |                              | Magha*Thai                                    |                        |   |
| Then Creative Work - Siddha Yoga |             |   |                              |   |                        |   |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

|                                  |              |   |                                      |                        |                        |   |
|----------------------------------|--------------|---|--------------------------------------|------------------------|------------------------|---|
| <b>Monday, January 30, 2023</b>  |              | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                      |                        |                        | Dwarka, India<br>Sun 22<br>Sutra 288<br>Subhakit 5124 |
| <b>1</b>                         |              | <b>Gulika</b> 2:32PM – 3:56PM   | <b>Krittika</b> <b>Until 10:05PM</b> | <b>Ganesha:</b> Yellow | <b>Sunrise:</b> 7:35AM |   |
| Vrishabha Rasi: 1.4              | Tithi 9 – 10 | Yama 11:46AM – 1:09PM   | Sukla <b>Until 10:46AM</b>           | <b>Muruqa:</b> Purple  | <b>Sunset:</b> 6:43PM  | Moon 1 - Phase 40 - 22                                |
| <b>Family Home Evening</b>       | 922686576    | <b>Rahu</b> 8:59AM – 10:22AM  | Taitila <b>Until 11:02PM</b>         | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Routine Work Marana Yoga         |              |   | <b>Navami* Until 10:12AM</b>         | Moon – White           |                        | <b>Sivaloka Day</b>                                   |
| Until 10:05PM                    |              |   |                                      | Magha-Thai             |                        |   |
| Then Creative Work - Amrita Yoga |              |   |                                      |                        |                        |   |

|                                  |               |  |  |                        |                        |   |
|----------------------------------|---------------|--|--|------------------------|------------------------|---|
| <b>Tuesday, January 31, 2023</b> |               | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |  |                        |                        | Dwarka, India<br>Sun 23<br>Sutra 289<br>Subhakit 5124 |
| <b>2</b>                         |               | <b>Gulika</b> 1:09PM – 2:33PM  | <b>Rohini</b> <b>Until 12:41AM Wed</b> | <b>Ganesha:</b> White  | <b>Sunrise:</b> 7:35AM |   |
| Vrishabha Rasi: 13.55            | Tithi 10 – 11 | Yama 10:22AM – 11:46AM   | Brahma <b>Until 10:58AM</b>            | <b>Muruqa:</b> Purple  | <b>Sunset:</b> 6:44PM  | Moon 1 - Phase 40 - 23                                |
| <b>Creative Work</b> Amrita Yoga | 932686576     | <b>Rahu</b> 3:56PM – 5:20PM  | Vanija <b>Until 1:01AM Wed</b>         | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Until 12:41AM Wed                |               |  | <b>Dashami</b> <b>Until 11:57AM</b>    | Moon – Yellow          |                        | <b>Subha Sivaloka Day</b>                             |
| Then Creative Work - Siddha Yoga |               |  |  | Magha-Thai             |                        |   |

|                                    |               |   |   |                        |                        |   |
|------------------------------------|---------------|---|---|------------------------|------------------------|---|
| <b>Wednesday, February 1, 2023</b> |               | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |   |                        |                        | Dwarka, India<br>Sun 24<br>Sutra 290<br>Subhakit 5124 |
| <b>3</b>                           |               | <b>Gulika</b> 11:46AM – 1:09PM  | <b>Mrigashira</b> <b>Until 3:26AM Thu</b> | <b>Ganesha:</b> White  | <b>Sunrise:</b> 7:35AM |   |
| Vrishabha Rasi: 25.59              | Tithi 11 – 12 | Yama 8:58AM – 10:22AM   | Indra <b>Until 11:31AM</b>                | <b>Muruqa:</b> Purple  | <b>Sunset:</b> 6:44PM  | Moon 1 - Phase 40 - 24                                |
| <b>Creative Work</b> Siddha Yoga   | 932686576     | <b>Rahu</b> 1:09PM – 2:33PM   | Bava <b>Until 3:20AM Thu</b>              | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Until 3:26AM Thu                   |               |   | <b>Ekadashi</b> <b>Until 2:07PM</b>       | Moon – Yellow          |                        | <b>Subha Sivaloka Day</b>                             |
| Then Routine Work - Marana Yoga    |               |   |   | Magha-Thai             |                        |   |

|                                   |               |  |                                      |                        |                        |   |
|-----------------------------------|---------------|--|--------------------------------------|------------------------|------------------------|---|
| <b>Thursday, February 2, 2023</b> |               | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                      |                        |                        | Dwarka, India<br>Sun 25<br>Sutra 291<br>Subhakit 5124 |
| <b>4</b>                          |               | <b>Gulika</b> 10:22AM – 11:46AM  | <b>Ardra</b> <b>Until 6:10AM Fri</b> | <b>Ganesha:</b> White  | <b>Sunrise:</b> 7:35AM |   |
| Mithuna Rasi: 7.56                | Tithi 12 – 13 | Yama 7:35AM – 8:58AM   | Vaidhriti* <b>Until 12:13PM</b>      | <b>Muruqa:</b> Purple  | <b>Sunset:</b> 6:44PM  | Moon 1 - Phase 40 - 25                                |
| <b>Routine Work</b> Marana Yoga   | 932686576     | <b>Rahu</b> 2:33PM – 3:57PM  | Kaulava <b>Until 5:48AM Fri</b>      | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Until 6:10AM Fri                  |               |  | <b>Dvadashi</b> <b>Until 4:32PM</b>  | Moon – Yellow          |                        | <b>Subha Sivaloka Day</b>                             |
| Then Creative Work - Siddha Yoga  |               |  |                                      | Magha-Thai             |                        |   |
|                                   |               |  |                                      | <i>Pradosha Vrata</i>  |                        |   |

|                                  |           |  |                                       |                        |                        |   |
|----------------------------------|-----------|--|---------------------------------------|------------------------|------------------------|---|
| <b>Friday, February 3, 2023</b>  |           | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila Karana Trayodashyam Titau |                                       |                        |                        | Dwarka, India<br>Sun 26<br>Sutra 292<br>Subhakit 5124 |
| <b>5</b>                         |           | <b>Gulika</b> 8:58AM – 10:22AM   | <b>Ardra</b> <b>Until 6:10AM</b>      | <b>Ganesha:</b> White  | <b>Sunrise:</b> 7:34AM |   |
| Mithuna Rasi: 19.49              | Tithi 13  | Yama 3:57PM – 5:21PM   | Vishkambha* <b>Until 1:02PM</b>       | <b>Muruqa:</b> Purple  | <b>Sunset:</b> 6:45PM  | Moon 1 - Phase 40 - 26                                |
| <b>Creative Work</b> Siddha Yoga | 932686576 | <b>Rahu</b> 11:46AM – 1:09PM   | Taitila <b>Until 7:02PM</b>           | <b>Nataraja:</b> Clear |                        | 4th Phase   |
|                                  |           |  | <b>Trayodashi</b> <b>Until 7:02PM</b> | Moon – Yellow          |                        | <b>Subha Sivaloka Day</b>                             |
|                                  |           |  |                                       | Magha-Thai             |                        |   |

|                                   |           |  |                                      |                         |                        |   |
|-----------------------------------|-----------|--|--------------------------------------|-------------------------|------------------------|---|
| <b>Saturday, February 4, 2023</b> |           | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                         |                        | Dwarka, India<br>Sun 27<br>Sutra 293<br>Subhakit 5124 |
| <b>6</b>                          |           | <b>Gulika</b> 7:34AM – 8:58AM  | <b>Punarvasu</b> <b>Until 9:17AM</b> | <b>Ganesha:</b> Clear   | <b>Sunrise:</b> 7:34AM |   |
| Kataka Rasi: 1.42                 | Tithi 14  | Yama 2:34PM – 3:58PM   | Priti <b>Until 1:52PM</b>            | <b>Muruqa:</b> Purple   | <b>Sunset:</b> 6:45PM  | Moon 1 - Phase 40 - 27                                |
| <b>Creative Work</b> Siddha Yoga  | 942686577 | <b>Rahu</b> 10:22AM – 11:46AM  | Gara <b>Until 8:19AM</b>             | <b>Nataraja:</b> Orange |                        | 4th Phase   |
|                                   |           |  | <b>Chaturdashi* Until 9:32PM</b>     | Moon – Blue             |                        | <b>Sivaloka Day</b>                                   |
|                                   |           | <b>Thai Pusam</b>  |                                      | Magha-Thai              |                        |   |

|                                  |           |  |                                    |                         |                        |   |
|----------------------------------|-----------|--|------------------------------------|-------------------------|------------------------|---|
| <b>Sunday, February 5, 2023</b>  |           | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau |                                    |                         |                        | Dwarka, India<br>Sutra 294<br>Subhakit 5124 |
| <b>○</b>                         |           | <b>Gulika</b> 3:58PM – 5:22PM  | <b>Pushya</b> <b>Until 12:11PM</b> | <b>Ganesha:</b> Clear   | <b>Sunrise:</b> 7:33AM |   |
| Kataka Rasi: 13.35               | Tithi 15  | Yama 1:10PM – 2:34PM   | Ayushman <b>Until 2:38PM</b>       | <b>Muruqa:</b> Purple   | <b>Sunset:</b> 6:46PM  | Moon 1 - Phase 40 -                         |
| <b>Copper Retreat Star</b>       | 942686577 | <b>Rahu</b> 5:22PM – 6:46PM  | Visti <b>Until 10:47AM</b>         | <b>Nataraja:</b> Orange |                        | Purnima                                     |
| <b>Creative Work</b> Siddha Yoga |           |  | <b>Purnima* Until 11:57PM</b>      | Moon – Blue             |                        | <b>Sivaloka Day</b>                         |
|                                  |           |  |                                    | Magha-Thai              |                        |   |

|                                  |           |  |                                      |                         |                        |   |
|----------------------------------|-----------|--|--------------------------------------|-------------------------|------------------------|---|
| <b>Monday, February 6, 2023</b>  |           | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau |                                      |                         |                        | Dwarka, India<br>Sutra 295<br>Subhakit 5124 |
| <b>○</b>                         |           | <b>Gulika</b> 2:34PM – 3:58PM  | <b>Ashlesha*</b> <b>Until 2:49PM</b> | <b>Ganesha:</b> Clear   | <b>Sunrise:</b> 7:33AM |   |
| Kataka Rasi: 25.31               | Tithi 16  | Yama 11:46AM – 1:10PM  | Saubhagya <b>Until 3:20PM</b>        | <b>Muruqa:</b> Purple   | <b>Sunset:</b> 6:47PM  | Moon 1 - Phase 40 -                         |
| <b>Family Home Evening</b>       | 942686577 | <b>Rahu</b> 8:57AM – 10:21AM   | Balava <b>Until 1:09PM</b>           | <b>Nataraja:</b> Orange |                        | Prathama                                    |
| <b>Creative Work</b> Siddha Yoga |           |  | <b>Prathama* Until 2:16AM Tue</b>    | Moon – Blue             |                        | <b>Sivaloka Day</b>                         |
| Until 2:49PM                     |           |  |                                      | Magha-Thai              |                        |   |
| Then Routine Work - Marana Yoga  |           |  |                                      |                         |                        |   |





Tuesday, February 7, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Dwarka, India

Sutra 296

Subhakrit 5124

Simha Rasi: 7.29 Tithi 17

952686577

**Gulika** 1:10PM – 2:34PM  
**Yama** 10:21AM – 11:46AM  
**Rahu** 3:59PM – 5:23PM

**Magha\* Until 5:40PM**  
Sobhana Until 3:57PM  
Taitila Until 3:24PM  
**Dvitiya Until 4:25AM Wed**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
Magha\*Thai

**Sunrise:** 7:32AM  
**Sunset:** 6:47PM

Moon 2 - Phase 41 -  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

1

Wednesday, February 8, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Dwarka, India

Sun 1 Sutra 297

Subhakrit 5124

Simha Rasi: 19.31 Tithi 18

952686577

**Gulika** 11:45AM – 1:10PM  
**Yama** 8:56AM – 10:21AM  
**Rahu** 1:10PM – 2:34PM

**Purvaphalguni Until 8:10PM**  
Athiganda\* Until 4:24PM  
Vanija Until 5:27PM  
**Tritiya Until 6:22AM Thu**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
Magha\*Thai

**Sunrise:** 7:32AM  
**Sunset:** 6:48PM

Moon 2 - Phase 41 - 1  
1st Phase

**Subha Sivaloka Day**

Creative Work Amrita Yoga

2

Thursday, February 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Dwarka, India

Sun 2 Sutra 298

Subhakrit 5124

Kanya Rasi: 1.38 Tithi 18 – 19

952686577

**Gulika** 10:21AM – 11:45AM  
**Yama** 7:32AM – 8:56AM  
**Rahu** 2:35PM – 3:59PM

**Uttaraphalguni Until 10:15PM**  
Sukarma Until 4:41PM  
Bava Until 7:14PM  
**Tritiya Until 6:22AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
Magha\*Thai

**Sunrise:** 7:32AM  
**Sunset:** 6:48PM

Moon 2 - Phase 41 - 2  
1st Phase

**Subha Sivaloka Day**

Until 10:15PM  
Then Routine Work - Marana Yoga

**Maha Sankatahara Chaturthi**

3

Friday, February 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dwarka, India

Sun 3 Sutra 299

Subhakrit 5124

Kanya Rasi: 13.52 Tithi 19 – 20

962686577

**Gulika** 8:56AM – 10:21AM  
**Yama** 4:00PM – 5:24PM  
**Rahu** 11:45AM – 1:10PM

**Hasta Until 12:18AM Sat**  
Dhriti Until 4:43PM  
Kaulava Until 8:41PM  
**Chaturthi\* Until 7:59AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
Magha\*Thai

**Sunrise:** 7:31AM  
**Sunset:** 6:49PM

Moon 2 - Phase 41 - 3  
1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 12:18AM Sat

Then Routine Work - Marana Yoga

4

Saturday, February 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dwarka, India

Sun 4 Sutra 300

Subhakrit 5124

Kanya Rasi: 26.17 Tithi 20 – 21

963686577

**Gulika** 7:30AM – 8:55AM  
**Yama** 2:35PM – 4:00PM  
**Rahu** 10:20AM – 11:45AM

**Chitra Until 1:43AM Sun**  
Shula\* Until 4:22PM  
Gara Until 9:38PM  
**Panchami Until 9:12AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
Magha\*Thai

**Sunrise:** 7:30AM  
**Sunset:** 6:50PM

Moon 2 - Phase 41 - 4  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 1:43AM Sun

Then Creative Work - Siddha Yoga

5

Sunday, February 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi\* Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Dwarka, India

Sun 5 Sutra 301

Subhakrit 5124

Tula Rasi: 8.56 Tithi 21 – 22

963686577

**Gulika** 4:00PM – 5:25PM  
**Yama** 1:10PM – 2:35PM  
**Rahu** 5:25PM – 6:50PM

**Svati Until 2:22AM Mon**  
Ganda\* Until 3:36PM  
Visiti Until 9:59PM  
**Shashthi\* Until 9:52AM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
Magha\*Thai

**Sunrise:** 7:30AM  
**Sunset:** 6:50PM

Moon 2 - Phase 41 - 5  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 2:22AM Mon

Then Routine Work - Marana Yoga

☾

Monday, February 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dwarka, India

Sun 6 Sutra 302

Subhakrit 5124

Tula Rasi: 21.53 Tithi 22 – 23

973686577

**Gulika** 2:35PM – 4:00PM  
**Yama** 11:45AM – 1:10PM  
**Rahu** 8:55AM – 10:20AM

**Vishakha Until 2:38AM Tue**  
Vridhhi Until 2:19PM  
Balava Until 9:37PM  
**Saptami Until 9:52AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
Magha\*Masi

**Sunrise:** 7:29AM  
**Sunset:** 6:51PM

Moon 2 - Phase 41 - 6  
Ashtami

**Sivaloka Day**

Routine Work Marana Yoga

Until 2:38AM Tue

Then Creative Work - Siddha Yoga

Tuesday, February 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dwarka, India

Sun 7 Sutra 303

Subhakrit 5124

Vrischika Rasi: 5.13 Tithi 23 – 24

973686577

**Gulika** 1:10PM – 2:35PM  
**Yama** 10:19AM – 11:45AM  
**Rahu** 4:01PM – 5:26PM

**Anuradha Until 2:02AM Wed**  
Dhruva Until 12:26PM  
Taitila Until 8:32PM  
**Ashtami\* Until 9:09AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
Magha\*Masi

**Sunrise:** 7:29AM  
**Sunset:** 6:51PM

Moon 2 - Phase 41 - 7  
Navami

**Sivaloka Day**

Creative Work Siddha Yoga

|   |                                     |               |  |                        |   |  |   |   |
|---|-------------------------------------|---------------|--|------------------------|---|--|---|---|
| 1 | <b>Wednesday, February 15, 2023</b> |               | Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        |   |  | Dwarka, India<br>Sun 8<br>Sutra 304<br>Subhakarit 5124                              |   |
|   | Wrischika Rasi: 18.57               | Tithi 24 – 25 | 973686577  | Gulika<br>Yama<br>Rahu | 11:45AM – 1:10PM<br>8:54AM – 10:19AM<br>1:10PM – 2:36PM | Jyeshtha* Until 12:35AM Thu<br>Vyaghata* Until 9:59AM<br>Vanija Until 6:43PM<br>Navami* Until 7:41AM | Ganesha: Clear<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Orange<br>Magha-Masi | Sunrise: 7:28AM<br>Sunset: 6:52PM<br>Moon 2 - Phase 42 - 8<br>2nd Phase<br>Sivaloka Day |
|   | Creative Work Siddha Yoga           |               |  |                        |   |  |   |   |
|   |                                     |               |  |                        |   |  |   |   |

|   |                                    |          |   |                        |   |   |   |   |
|---|------------------------------------|----------|---|------------------------|---|---|---|---|
| 2 | <b>Thursday, February 16, 2023</b> |          | Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau |                        |   |   | Dwarka, India<br>Sun 9<br>Sutra 305<br>Subhakarit 5124                                  |   |
|   | Dhanus Rasi: 3.08                  | Tithi 26 | 983686577   | Gulika<br>Yama<br>Rahu | 10:19AM – 11:44AM<br>7:28AM – 8:53AM<br>2:36PM – 4:01PM | Mula* Until 10:48PM<br>Harshana Until 6:59AM<br>Bava Until 4:14PM<br>Ekadashi* Until 2:46AM Fri | Ganesha: White<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Light Blue<br>Magha-Masi | Sunrise: 7:28AM<br>Sunset: 6:52PM<br>Moon 2 - Phase 42 - 9<br>2nd Phase<br>Devaloka Day |
|   | Creative Work Siddha Yoga          |          |   |                        |   |   |   |   |
|   |                                    |          |   |                        |   |   |   |   |

|   |  |          |  |                        |   |  |   |  |
|---|--|----------|--|------------------------|---|--|---|--|
| 3 | <b>Friday, February 17, 2023</b>   |          | Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        |   |  | Dwarka, India<br>Sun 10<br>Sutra 306<br>Subhakarit 5124                                 |  |
|   | Dhanus Rasi: 17.44   | Tithi 27 | 983686577  | Gulika<br>Yama<br>Rahu | 8:53AM – 10:18AM<br>4:01PM – 5:27PM<br>11:44AM – 1:10PM | Purvashadha* Until 8:23PM<br>Siddhi Until 11:38PM<br>Kaulava Until 1:13PM<br>Dvadashi* Until 11:32PM | Ganesha: White<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Light Blue<br>Magha-Masi | Sunrise: 7:27AM<br>Sunset: 6:53PM<br>Moon 2 - Phase 42 - 10<br>2nd Phase<br>Devaloka Day |
|   | Routine Work Prabalarishta Yoga<br>Until 8:23PM<br>Then Routine Work - Marana Yoga |          |  |                        |   |  |   |  |
|   |  |          |  |                        |   |  |   |  |

|   |  |          |   |                        |   |   |   |  |
|---|--|----------|---|------------------------|---|---|---|--|
| 4 | <b>Saturday, February 18, 2023</b>   |          | Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau |                        |   |   | Dwarka, India<br>Sun 11<br>Sutra 307<br>Subhakarit 5124                                 |  |
|   | Makara Rasi: 2.4   | Tithi 28 | 983686577   | Gulika<br>Yama<br>Rahu | 7:26AM – 8:52AM<br>2:36PM – 4:02PM<br>10:18AM – 11:44AM | Uttarashadha Until 5:29PM<br>Vyatipata* Until 7:31PM<br>Gara Until 9:49AM<br>Trayodashi* Until 7:59PM | Ganesha: White<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Light Blue<br>Magha-Masi | Sunrise: 7:26AM<br>Sunset: 6:53PM<br>Moon 2 - Phase 42 - 11<br>2nd Phase<br>Devaloka Day |
|   | Routine Work Marana Yoga<br>Until 5:29PM<br>Then Creative Work - Siddha Yoga |          |   |                        |   |   |   |  |
|   | <i>Pradosha Vrata (Fasting)</i>  |          |   |                        |   |   |   |  |

|   |  |               |  |                        |   |  |   |  |
|---|--|---------------|--|------------------------|---|--|---|--|
| 5 | <b>Sunday, February 19, 2023</b>   |               | Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Varyani/Parigtha* Yoga Visti/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        |   |  | Dwarka, India<br>Sun 12<br>Sutra 308<br>Subhakarit 5124                             |  |
|   | Makara Rasi: 17.49   | Tithi 29 – 30 | 993686577  | Gulika<br>Yama<br>Rahu | 4:02PM – 5:28PM<br>1:10PM – 2:36PM<br>5:28PM – 6:54PM | Shravana Until 2:41PM<br>Varyani Until 3:15PM<br>Visti Until 6:10AM<br>Chaturdashi* Until 4:17PM | Ganesha: Green<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Purple<br>Magha-Masi | Sunrise: 7:26AM<br>Sunset: 6:54PM<br>Moon 2 - Phase 42 - 12<br>2nd Phase<br>Devaloka Day |
|   | Creative Work Amrita Yoga<br>Until 2:41PM<br>Then Routine Work - Marana Yoga |               |  |                        |   |  |   |  |
|   |  |               |  |                        |   |  |   |  |

|   |  |  |  |              |           |                        |   |   |   |   |
|---|--|--|--|--------------|-----------|------------------------|---|---|---|---|
| ● | <b>Monday, February 20, 2023</b>                 |  | Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Parigtha/Shiva Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau |              |           |                        | Dwarka, India<br>Sun 13<br>Sutra 309<br>Subhakarit 5124 |   |   |   |
|   | <b>Retreat Star</b>                              |  | Kumbha Rasi: 3.01  | Tithi 30 – 1 | 993686577 | Gulika<br>Yama<br>Rahu | 2:36PM – 4:02PM<br>11:44AM – 1:10PM<br>8:51AM – 10:17AM | Dhanishtha Until 11:46AM<br>Parigtha* Until 11:01AM<br>Kintughna Until 10:51PM<br>Amavasya* Until 12:37PM | Ganesha: Green<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Purple<br>Magha-Masi | Sunrise: 7:25AM<br>Sunset: 6:55PM<br>Moon 2 - Phase 42 - 13<br>Amavasya<br>Devaloka Day |
|   | Family Home Evening<br>Creative Work Siddha Yoga |  |  |              |           |                        |   |   |   |   |
|   |  |  |  |              |           |                        |   |   |   |   |

|   |                                   |  |   |             |           |                        |   |  |   |   |
|---|-----------------------------------|--|---|-------------|-----------|------------------------|---|--|---|---|
| ● | <b>Tuesday, February 21, 2023</b> |  | Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau |             |           |                        | Dwarka, India<br>Sun 14<br>Sutra 310<br>Subhakarit 5124 |  |   |   |
|   | <b>Retreat Star</b>               |  | Kumbha Rasi: 18.06  | Tithi 1 – 2 | 993686577 | Gulika<br>Yama<br>Rahu | 1:10PM – 2:36PM<br>10:17AM – 11:43AM<br>4:02PM – 5:29PM | Shatabhishak Until 8:53AM<br>Shiva Until 6:57AM<br>Balava Until 7:32PM<br>Prathama* Until 9:08AM | Ganesha: Green<br>Muruqa: Purple<br>Nataraja: Orange<br>Moon – Purple<br>Phalgun-Masi | Sunrise: 7:24AM<br>Sunset: 6:55PM<br>Moon 2 - Phase 42 - 14<br>Prathama<br>Devaloka Day |
|   | Routine Work Marana Yoga          |  |   |             |           |                        |   |  |   |   |
|   |                                   |  |   |             |           |                        |   |  |   |   |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|  |             |                                     |                                      |  |   |   |   |
|--|-------------|-------------------------------------|--------------------------------------|--|---|---|---|
| <b>1</b>   |             | <b>Wednesday, February 22, 2023</b> |                                      | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sadhya Yoga Kaulava/Gara Karana Dviliya/Trityayam Titau |   |   | Dwarka, India<br>Sun 15<br>Sutra 311<br>Subhakrit 5124  |
| Meena Rasi: 2.55   | Tithi 2 - 3 | 913686577                           | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>11:43AM - 1:10PM</b><br>8:50AM - 10:17AM<br><b>1:10PM - 2:36PM</b>  | <b>Purvaprosarthapada* Until 6:40AM</b><br>Sadhya Until 11:46PM<br>Gara Until 3:27AM Thu<br><b>Dvitiya Until 6:01AM</b> | <b>Ganesha: Red</b><br><b>Muruqa: Purple</b><br><b>Nataraja: Orange</b><br>Moon - Clear<br><b>Phalguna-Masi</b>     | Sunrise: 7:24AM<br>Sunset: 6:56PM<br>Moon 2 - Phase 43 - 15<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work Amrita Yoga<br>Until 6:40AM<br>Then Creative Work - Siddha Yoga                            |             |                                     |                                      |  |   |   |   |
| <b>2</b>   |             | <b>Thursday, February 23, 2023</b>  |                                      | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthyam Titau  |   |   | Dwarka, India<br>Sun 16<br>Sutra 312<br>Subhakrit 5124  |
| Meena Rasi: 17.2   | Tithi 4     | 913786577                           | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>10:16AM - 11:43AM</b><br>7:23AM - 8:50AM<br><b>2:36PM - 4:03PM</b>  | <b>Revati Until 3:35AM Fri</b><br>Subha Until 8:57PM<br>Vanija Until 2:27PM<br><b>Chaturthi* Until 1:35AM Fri</b>       | <b>Ganesha: Blue</b><br><b>Muruqa: Purple</b><br><b>Nataraja: Orange</b><br>Moon - Clear<br><b>Phalguna-Masi</b>    | Sunrise: 7:23AM<br>Sunset: 6:56PM<br>Moon 2 - Phase 43 - 16<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
| Creative Work Siddha Yoga<br>Until 3:35AM Fri<br>Then Creative Work - Amrita Yoga                        |             | Subramuniyaswami Siva Vision Day    |                                      |  |   |   |   |
| <b>3</b>   |             | <b>Friday, February 24, 2023</b>    |                                      | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau   |   |   | Dwarka, India<br>Sun 17<br>Sutra 313<br>Subhakrit 5124  |
| Mesha Rasi: 1.17   | Tithi 5     | 923786577                           | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>8:49AM - 10:16AM</b><br>4:03PM - 5:30PM<br><b>11:43AM - 1:09PM</b>  | <b>Ashvini Until 3:25AM Sat</b><br>Sukla Until 6:45PM<br>Bava Until 12:58PM<br><b>Panchami Until 12:32AM Sat</b>        | <b>Ganesha: Yellow</b><br><b>Muruqa: Purple</b><br><b>Nataraja: Orange</b><br>Moon - White<br><b>Phalguna-Masi</b>  | Sunrise: 7:22AM<br>Sunset: 6:56PM<br>Moon 2 - Phase 43 - 17<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work Amrita Yoga<br>Until 3:25AM Sat<br>Then Creative Work - Siddha Yoga                        |             |                                     |                                      |  |   |   |   |
| <b>4</b>   |             | <b>Saturday, February 25, 2023</b>  |                                      | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau                              |   |   | Dwarka, India<br>Sun 18<br>Sutra 314<br>Subhakrit 5124  |
| Mesha Rasi: 14.45  | Tithi 6     | 923786577                           | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>7:21AM - 8:48AM</b><br>2:36PM - 4:03PM<br><b>10:15AM - 11:42AM</b>  | <b>Bharani Until 3:57AM Sun</b><br>Brahma Until 5:14PM<br>Kaulava Until 12:21PM<br><b>Shashthi* Until 12:20AM Sun</b>   | <b>Ganesha: Yellow</b><br><b>Muruqa: Purple</b><br><b>Nataraja: Orange</b><br>Moon - White<br><b>Phalguna-Masi</b>  | Sunrise: 7:21AM<br>Sunset: 6:57PM<br>Moon 2 - Phase 43 - 18<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work Siddha Yoga  |             |                                     |                                      |  |   |   |   |
| <b>5</b>   |             | <b>Sunday, February 26, 2023</b>    |                                      | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau                              |   |   | Dwarka, India<br>Sun 19<br>Sutra 315<br>Subhakrit 5124  |
| Mesha Rasi: 27.45  | Tithi 7     | 924786577                           | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>4:03PM - 5:30PM</b><br>1:09PM - 2:36PM<br><b>5:30PM - 6:57PM</b>  | <b>Krittika Until 5:09AM Mon</b><br>Indra Until 4:25PM<br>Gara Until 12:35PM<br><b>Saptami Until 1:00AM Mon</b>         | <b>Ganesha: Blue</b><br><b>Muruqa: Purple</b><br><b>Nataraja: Orange</b><br>Moon - White<br><b>Phalguna-Masi</b>    | Sunrise: 7:21AM<br>Sunset: 6:57PM<br>Moon 2 - Phase 43 - 19<br>3rd Phase<br><b>Devaloka Day</b>       |
| Creative Work Siddha Yoga<br>Until 5:09AM Mon<br>Then Creative Work - Amrita Yoga                        |             |                                     |                                      |  |   |   |   |
| <b>Monday, February 27, 2023</b>   |             | <b>Retreat Star</b>                 |                                      | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau                           |   |   | Dwarka, India<br>Sun 20<br>Sutra 316<br>Subhakrit 5124  |
| Vrishabha Rasi: 10.21  | Tithi 8     | 934786577                           | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>2:36PM - 4:03PM</b><br>11:42AM - 1:09PM<br><b>8:47AM - 10:14AM</b>  | <b>Rohini Until 7:21AM Tue</b><br>Vaidhriti* Until 4:11PM<br>Visti Until 1:39PM<br><b>Ashtami* Until 2:25AM Tue</b>     | <b>Ganesha: Yellow</b><br><b>Muruqa: Purple</b><br><b>Nataraja: Orange</b><br>Moon - Yellow<br><b>Phalguna-Masi</b> | Sunrise: 7:20AM<br>Sunset: 6:58PM<br>Moon 2 - Phase 43 - 20<br>Ashtami<br><b>Sivaloka Day</b>         |
| Family Home Evening<br>Creative Work Amrita Yoga<br>Until 7:21AM Tue<br>Then Creative Work - Siddha Yoga |             |                                     |                                      |  |   |   |   |
| <b>Tuesday, February 28, 2023</b>  |             | <b>Retreat Star</b>                 |                                      | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau                |   |   | Dwarka, India<br>Sun 21<br>Sutra 317<br>Subhakrit 5124  |
| Vrishabha Rasi: 22.38  | Tithi 9     | 934786577                           | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>1:09PM - 2:36PM</b><br>10:14AM - 11:41AM<br><b>4:04PM - 5:31PM</b>  | <b>Rohini Until 7:21AM</b><br>Vishkambha* Until 4:27PM<br>Balava Until 3:22PM<br><b>Navami* Until 4:24AM Wed</b>        | <b>Ganesha: Yellow</b><br><b>Muruqa: Purple</b><br><b>Nataraja: Orange</b><br>Moon - Yellow<br><b>Phalguna-Masi</b> | Sunrise: 7:19AM<br>Sunset: 6:58PM<br>Moon 2 - Phase 43 - 21<br>Navami<br><b>Sivaloka Day</b>          |
| Creative Work Amrita Yoga<br>Until 7:21AM<br>Then Creative Work - Siddha Yoga                            |             |                                     |                                      |  |   |   |   |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|                                  |                        |                                 |                                 |   |                 |  |
|----------------------------------|------------------------|---------------------------------|---------------------------------|---|-----------------|--|
| <b>1</b>                         |                        | <b>Wednesday, March 1, 2023</b> |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau           |                 | Dwarka, India<br>Sun 22<br>Sutra 318<br>Subhakrit 5124 |
| Mithuna Rasi: 4.42               | Tithi 10               | Gulika 11:41AM – 1:08PM         | Mrigashira Until 9:54AM         | Ganesha: Yellow   | Sunrise: 7:17AM |  |
|                                  |                        | Yama 8:45AM – 10:13AM           | Priti Until 5:04PM              | Muruqa: Purple  | Sunset: 6:59PM  | Moon 2 - Phase 44 - 22                                 |
| 934786577                        | Rahu 1:08PM – 2:36PM   |                                 | Taitila Until 5:34PM            | Nataraja: Orange  |                 | 4th Phase  |
| Creative Work                    | Siddha Yoga            |                                 | Dashami Until 6:45AM Thu        | Moon – Yellow   |                 | Sivaloka Day   |
|                                  |                        |                                 |                                 | Phalguna-Masi   |                 |  |
| <b>2</b>                         |                        | <b>Thursday, March 2, 2023</b>  |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                 | Dwarka, India<br>Sun 23<br>Sutra 319<br>Subhakrit 5124 |
| Mithuna Rasi: 16.38              | Tithi 10 – 11          | Gulika 10:12AM – 11:40AM        | Ardra Until 12:36PM             | Ganesha: Yellow   | Sunrise: 7:17AM |  |
|                                  |                        | Yama 7:17AM – 8:45AM            | Ayushman Until 5:52PM           | Muruqa: Purple  | Sunset: 7:00PM  | Moon 2 - Phase 44 - 23                                 |
| 934786577                        | Rahu 2:36PM – 4:04PM   |                                 | Vanija Until 8:01PM             | Nataraja: Orange  |                 | 4th Phase  |
| Routine Work                     | Marana Yoga            |                                 | Dashami Until 6:45AM            | Moon – Yellow   |                 | Sivaloka Day   |
| Until 12:36PM                    |                        |                                 |                                 | Phalguna-Masi   |                 |  |
| Then Creative Work - Amrita Yoga |                        |                                 |                                 |   |                 |  |
| <b>3</b>                         |                        | <b>Friday, March 3, 2023</b>    |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Saubhagya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau        |                 | Dwarka, India<br>Sun 24<br>Sutra 320<br>Subhakrit 5124 |
| Mithuna Rasi: 28.31              | Tithi 11 – 12          | Gulika 8:44AM – 10:12AM         | Punarvasu Until 3:44PM          | Ganesha: White  | Sunrise: 7:16AM |  |
|                                  |                        | Yama 4:04PM – 5:32PM            | Saubhagya Until 6:44PM          | Muruqa: Purple  | Sunset: 7:00PM  | Moon 2 - Phase 44 - 24                                 |
| 944786577                        | Rahu 11:40AM – 1:08PM  |                                 | Bava Until 10:32PM              | Nataraja: Orange  |                 | 4th Phase  |
| Creative Work                    | Siddha Yoga            |                                 | Ekadashi Until 9:15AM           | Moon – Blue   |                 | Devaloka Day   |
| Until 3:44PM                     |                        |                                 |                                 | Phalguna-Masi   |                 |  |
| Then Routine Work - Marana Yoga  |                        |                                 |                                 |   |                 |  |
| <b>4</b>                         |                        | <b>Saturday, March 4, 2023</b>  |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau              |                 | Dwarka, India<br>Sun 25<br>Sutra 321<br>Subhakrit 5124 |
| Kataka Rasi: 10.23               | Tithi 12 – 13          | Gulika 7:15AM – 8:43AM          | Pushya Until 6:40PM             | Ganesha: White  | Sunrise: 7:15AM |  |
|                                  |                        | Yama 2:36PM – 4:04PM            | Sobhana Until 7:35PM            | Muruqa: Purple  | Sunset: 7:00PM  | Moon 2 - Phase 44 - 25                                 |
| 944786577                        | Rahu 10:11AM – 11:40AM |                                 | Kaulava Until 12:58AM Sun       | Nataraja: Orange  |                 | 4th Phase  |
| Creative Work                    | Siddha Yoga            |                                 | Dvadashi Until 11:45AM          | Moon – Blue   |                 | Devaloka Day   |
| Until 6:40PM                     |                        |                                 |                                 | Phalguna-Masi   |                 |  |
| Then Routine Work - Marana Yoga  |                        |                                 |                                 |   |                 |  |
|                                  |                        |                                 |                                 |   |                 | Pradosha Vrata   |
| <b>5</b>                         |                        | <b>Sunday, March 5, 2023</b>    |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau       |                 | Dwarka, India<br>Sun 26<br>Sutra 322<br>Subhakrit 5124 |
| Kataka Rasi: 22.17               | Tithi 13 – 14          | Gulika 4:04PM – 5:33PM          | Ashlesha* Until 9:17PM          | Ganesha: White  | Sunrise: 7:14AM |  |
|                                  |                        | Yama 1:08PM – 2:36PM            | Athiganda* Until 8:17PM         | Muruqa: Purple  | Sunset: 7:01PM  | Moon 2 - Phase 44 - 26                                 |
| 944786577                        | Rahu 5:33PM – 7:01PM   |                                 | Gara Until 3:14AM Mon           | Nataraja: Orange  |                 | 4th Phase  |
| Creative Work                    | Siddha Yoga            |                                 | Trayodashi Until 2:07PM         | Moon – Blue   |                 | Devaloka Day   |
| Until 9:17PM                     |                        |                                 |                                 | Phalguna-Masi   |                 |  |
| Then Routine Work - Marana Yoga  |                        |                                 |                                 |   |                 |  |
| <b>6</b>                         |                        | <b>Monday, March 6, 2023</b>    |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau               |                 | Dwarka, India<br>Sun 27<br>Sutra 323<br>Subhakrit 5124 |
| Simha Rasi: 4.16                 | Tithi 14 – 15          | Gulika 2:36PM – 4:04PM          | Magha* Until 12:01AM Tue        | Ganesha: Clear  | Sunrise: 7:13AM |  |
|                                  |                        | Yama 11:39AM – 1:07PM           | Sukarma Until 8:49PM            | Muruqa: Purple  | Sunset: 7:01PM  | Moon 2 - Phase 44 - 27                                 |
| 154786577                        | Rahu 8:42AM – 10:10AM  |                                 | Visti Until 5:15AM Tue          | Nataraja: Orange  |                 | 4th Phase  |
| Family Home Evening              |                        |                                 | Chaturdashi* Until 4:15PM       | Moon – Red  |                 | Sivaloka Day   |
| Routine Work                     | Marana Yoga            |                                 |                                 | Phalguna-Masi   |                 |  |
| Until 12:01AM Tue                |                        | Chidambaram Abhishekam          |                                 |   |                 |  |
| Then Creative Work - Siddha Yoga |                        |                                 |                                 |   |                 |  |
| <b>○</b>                         |                        | <b>Tuesday, March 7, 2023</b>   |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Dhriti Yoga Bava Karana Purnimayam Titau                           |                 | Dwarka, India<br>Sun 28<br>Sutra 324<br>Subhakrit 5124 |
| <b>Copper Retreat Star</b>       |                        | Gulika 1:07PM – 2:36PM          | Purvaphalguni Until 2:18AM Wed  | Ganesha: Clear  | Sunrise: 7:12AM |  |
| Simha Rasi: 16.2                 | Tithi 15               | Yama 10:10AM – 11:38AM          | Dhriti Until 9:10PM             | Muruqa: Purple  | Sunset: 7:02PM  | Moon 2 - Phase 44 -                                    |
|                                  |                        | 154786577                       | Bava Until 6:08PM               | Nataraja: Orange  |                 | Purnima  |
| Creative Work                    | Siddha Yoga            |                                 | Purnima* Until 6:08PM           | Moon – Red  |                 | Sivaloka Day   |
| Until 2:18AM Wed                 |                        | Holi                            |                                 | Phalguna-Masi   |                 |  |
| Then Creative Work - Amrita Yoga |                        |                                 |                                 |   |                 |  |
| <b>○</b>                         |                        | <b>Wednesday, March 8, 2023</b> |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau               |                 | Dwarka, India<br>Sun 29<br>Sutra 325<br>Subhakrit 5124 |
| <b>Silver Retreat Star</b>       |                        | Gulika 11:38AM – 1:07PM         | Uttaraphalguni Until 4:07AM Thu | Ganesha: Clear  | Sunrise: 7:12AM |  |
| Simha Rasi: 28.32                | Tithi 16               | Yama 8:40AM – 10:09AM           | Shula* Until 9:14PM             | Muruqa: Purple  | Sunset: 7:02PM  | Moon 2 - Phase 44 -                                    |
|                                  |                        | 154786577                       | Balava Until 6:58AM             | Nataraja: Orange  |                 | Prathama   |
| Creative Work                    | Amrita Yoga            |                                 | Prathama* Until 7:41PM          | Moon – Red  |                 | Sivaloka Day   |
| Until 4:07AM Thu                 |                        |                                 |                                 | Phalguna-Masi   |                 |  |
| Then Routine Work - Marana Yoga  |                        |                                 |                                 |   |                 |  |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



**Thursday, March 9, 2023**  
**Gold Retreat Star**

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Dwarka, India  
Sun 1 Sutra 326  
Subhakit 5124

Kanya Rasi: 10.53 Tithi 17

**Gulika** 10:09AM – 11:38AM  
Yama 7:11AM – 8:40AM  
164786577 **Rahu** 2:36PM – 4:05PM

**Hasta** **Until 5:55AM Fri**  
Ganda\* **Until 9:04PM**  
Taitila **Until 8:22AM**  
**Dvitiya** **Until 8:54PM**

**Ganesha:** White *Sunrise: 7:11AM*  
**Muruqa:** Purple *Sunset: 7:02PM*  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 1  
1st Phase

Routine Work Marana Yoga  
Until 5:55AM Fri  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Friday, March 10, 2023**

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Trityayam Titau

Dwarka, India  
Sun 2 Sutra 327  
Subhakit 5124

Kanya Rasi: 23.22 Tithi 18

**Gulika** 8:39AM – 10:08AM  
Yama 4:05PM – 5:34PM  
165786577 **Rahu** 11:37AM – 1:06PM

**Chitra** **Until 7:10AM Sat**  
Vriddhi **Until 8:37PM**  
Vanija **Until 9:23AM**  
**Tritiya** **Until 9:43PM**

**Ganesha:** Yellow *Sunrise: 7:10AM*  
**Muruqa:** Purple *Sunset: 7:03PM*  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 2  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**2**

**Saturday, March 11, 2023**

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Dwarka, India  
Sun 3 Sutra 328  
Subhakit 5124

Tula Rasi: 6.02 Tithi 19

**Gulika** 7:09AM – 8:38AM  
Yama 2:35PM – 4:05PM  
165786577 **Rahu** 10:07AM – 11:37AM

**Chitra** **Until 7:10AM**  
Dhruva **Until 7:49PM**  
Bava **Until 10:00AM**  
**Chaturthi\*** **Until 10:08PM**

**Ganesha:** Yellow *Sunrise: 7:09AM*  
**Muruqa:** Purple *Sunset: 7:03PM*  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 3  
1st Phase

Routine Work Marana Yoga  
Until 7:10AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**3**

**Sunday, March 12, 2023**

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dwarka, India  
Sun 4 Sutra 329  
Subhakit 5124

Tula Rasi: 18.54 Tithi 20

**Gulika** 4:05PM – 5:34PM  
Yama 1:06PM – 2:35PM  
165786577 **Rahu** 5:34PM – 7:04PM

**Svati** **Until 7:51AM**  
Vyaghata\* **Until 6:41PM**  
Kaulava **Until 10:11AM**  
**Panchami** **Until 10:04PM**

**Ganesha:** Yellow *Sunrise: 7:08AM*  
**Muruqa:** Purple *Sunset: 7:04PM*  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 4  
1st Phase

Creative Work Siddha Yoga  
Until 7:51AM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**4**

**Monday, March 13, 2023**

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Dwarka, India  
Sun 5 Sutra 330  
Subhakit 5124

Vrischika Rasi: 2.01 Tithi 21

**Gulika** 2:35PM – 4:05PM  
Yama 11:36AM – 1:06PM  
175786577 **Rahu** 8:37AM – 10:06AM

**Vishakha** **Until 8:22AM**  
Harshana **Until 5:10PM**  
Gara **Until 9:53AM**  
**Shashthi\*** **Until 9:31PM**

**Ganesha:** Blue *Sunrise: 7:07AM*  
**Muruqa:** Purple *Sunset: 7:04PM*  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Masi**

Moon 3 - Phase 45 - 5  
1st Phase

Routine Work Marana Yoga  
Until 8:22AM  
Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**

**5**

**Tuesday, March 14, 2023**

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Dwarka, India  
Sun 6 Sutra 331  
Subhakit 5124

Vrischika Rasi: 15.23 Tithi 22

**Gulika** 1:05PM – 2:35PM  
Yama 10:06AM – 11:35AM  
175786577 **Rahu** 4:05PM – 5:35PM

**Anuradha** **Until 8:14AM**  
Vajra\* **Until 3:13PM**  
Visti **Until 9:03AM**  
**Saptami** **Until 8:26PM**

**Ganesha:** Blue *Sunrise: 7:06AM*  
**Muruqa:** Purple *Sunset: 7:04PM*  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Masi**

Moon 3 - Phase 45 - 6  
1st Phase

Creative Work Siddha Yoga  
Until 8:14AM  
Then Routine Work - Marana Yoga

**Subha Sivaloka Day**

**D**

**Wednesday, March 15, 2023**

**Retreat Star**

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dwarka, India  
Sun 7 Sutra 332  
Subhakit 5124

Vrischika Rasi: 29.04 Tithi 23

**Gulika** 11:35AM – 1:05PM  
Yama 8:35AM – 10:05AM  
175786577 **Rahu** 1:05PM – 2:35PM

**Jyeshtha\*** **Until 7:26AM**  
Siddhi **Until 12:52PM**  
Balava **Until 7:42AM**  
**Ashtami\*** **Until 6:49PM**

**Ganesha:** Blue *Sunrise: 7:05AM*  
**Muruqa:** Purple *Sunset: 7:05PM*  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Panguni**

Moon 3 - Phase 45 - 7  
Ashtami

Creative Work Siddha Yoga  
Until 7:26AM  
Then Routine Work - Marana Yoga

**Subha Sivaloka Day**

**Karadaiyan Nombu (Tamil Nadu)**

**Thursday, March 16, 2023**

**Retreat Star**

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Dwarka, India  
Sun 8 Sutra 333  
Subhakit 5124

Dhanus Rasi: 13.04 Tithi 24 – 25

**Gulika** 10:05AM – 11:35AM  
Yama 7:04AM – 8:34AM  
185786578 **Rahu** 2:35PM – 4:05PM

**Mula\*** **Until 6:25AM**  
Vyatipata\* **Until 10:07AM**  
Vanija **Until 3:30AM Fri**  
**Navami\*** **Until 4:42PM**

**Ganesha:** Red *Sunrise: 7:04AM*  
**Muruqa:** Purple *Sunset: 7:05PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Moon 3 - Phase 45 - 8  
Navami

Creative Work Siddha Yoga

**Sivaloka Day**

|                                  |               |                               |                         |  |                        |                        |                       |   |
|----------------------------------|---------------|-------------------------------|-------------------------|--|------------------------|------------------------|-----------------------|---|
| <b>1</b>                         |               | <b>Friday, March 17, 2023</b> |                         | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        |                        |                       | Dwarka, India<br>Sun 9<br>Sutra 334<br>Subhakrit 5124 |
| Dhanus Rasi: 27.23               | Tithi 25 – 26 | <b>Gulika</b>                 | <b>8:34AM – 10:04AM</b> | <b>Uttarashadha Until 2:38AM Sat</b>   | <b>Ganesha: Red</b>    | <i>Sunrise: 7:03AM</i> |                       |   |
|                                  |               | Yama                          | 4:05PM – 5:35PM         | Variyan Until 6:58AM   | <b>Muruqa: Purple</b>  | <i>Sunset: 7:05PM</i>  | Moon 3 - Phase 46 - 9 |   |
|                                  |               | 185786578 <b>Rahu</b>         | <b>11:34AM – 1:04PM</b> | Bava Until 12:46AM Sat   | <b>Nataraja: Clear</b> |                        | 2nd Phase             |   |
| Routine Work                     | Marana Yoga   |                               |                         | <b>Dashami Until 2:09PM</b>  | Moon – Light Blue      |                        | <b>Sivaloka Day</b>   |   |
| Until 2:38AM Sat                 |               |                               |                         |  | Phalguna•Panguni       |                        |                       |   |
| Then Creative Work - Siddha Yoga |               |                               |                         |  |                        |                        |                       |   |

|                                 |               |                                 |                          |   |                        |                        |                           |  |
|---------------------------------|---------------|---------------------------------|--------------------------|---|------------------------|------------------------|---------------------------|--|
| <b>2</b>                        |               | <b>Saturday, March 18, 2023</b> |                          | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |                        |                        |                           | Dwarka, India<br>Sun 10<br>Sutra 335<br>Subhakrit 5124 |
| Makara Rasi: 11.58              | Tithi 26 – 27 | <b>Gulika</b>                   | <b>7:02AM – 8:33AM</b>   | <b>Shravana Until 12:29AM Sun</b>   | <b>Ganesha: Green</b>  | <i>Sunrise: 7:02AM</i> |                           |  |
|                                 |               | Yama                            | 2:35PM – 4:05PM          | Shiva Until 11:53PM   | <b>Muruqa: Purple</b>  | <i>Sunset: 7:06PM</i>  | Moon 3 - Phase 46 - 10    |  |
|                                 |               | 195786578 <b>Rahu</b>           | <b>10:03AM – 11:34AM</b> | Kaulava Until 9:45PM  | <b>Nataraja: Clear</b> |                        | 2nd Phase                 |  |
| Creative Work                   | Siddha Yoga   |                                 |                          | <b>Ekadashi* Until 11:16AM</b>  | Moon – Purple          |                        | <b>Subha Sivaloka Day</b> |  |
| Until 12:29AM Sun               |               |                                 |                          |   | Phalguna•Panguni       |                        |                           |  |
| Then Routine Work - Marana Yoga |               |                                 |                          |   |                        |                        |                           |  |

|                                  |               |                               |                        |  |                        |                        |                        |  |
|----------------------------------|---------------|-------------------------------|------------------------|--|------------------------|------------------------|------------------------|--|
| <b>3</b>                         |               | <b>Sunday, March 19, 2023</b> |                        | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Siddha Yoga Taila/Gara Karana Dvadhshi/Trayodashyam Titau |                        |                        |                        | Dwarka, India<br>Sun 11<br>Sutra 336<br>Subhakrit 5124 |
| Makara Rasi: 26.43               | Tithi 27 – 28 | <b>Gulika</b>                 | <b>4:05PM – 5:36PM</b> | <b>Dhanishtha Until 10:04PM</b>  | <b>Ganesha: Green</b>  | <i>Sunrise: 7:02AM</i> |                        |  |
|                                  |               | Yama                          | 1:04PM – 2:34PM        | Siddha Until 8:05PM  | <b>Muruqa: Clear</b>   | <i>Sunset: 7:06PM</i>  | Moon 3 - Phase 46 - 11 |  |
|                                  |               | 195796578 <b>Rahu</b>         | <b>5:36PM – 7:06PM</b> | Gara Until 6:34PM  | <b>Nataraja: Clear</b> |                        | 2nd Phase              |  |
| Routine Work                     | Marana Yoga   |                               |                        | <b>Dvadhshi* Until 8:09AM</b>  | Moon – Purple          |                        | <b>Sivaloka Day</b>    |  |
| Until 10:04PM                    |               |                               |                        |  | Phalguna•Panguni       |                        |                        |  |
| Then Creative Work - Siddha Yoga |               |                               |                        |  |                        |                        |                        |  |

|                                 |             |                               |                         |   |                        |                        |                        |  |
|---------------------------------|-------------|-------------------------------|-------------------------|---|------------------------|------------------------|------------------------|--|
| <b>4</b>                        |             | <b>Monday, March 20, 2023</b> |                         | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        |                        |                        | Dwarka, India<br>Sun 12<br>Sutra 337<br>Subhakrit 5124 |
| Kumbha Rasi: 11.34              | Tithi 29    | <b>Gulika</b>                 | <b>2:34PM – 4:05PM</b>  | <b>Shatabhishak Until 7:31PM</b>  | <b>Ganesha: Green</b>  | <i>Sunrise: 7:01AM</i> |                        |  |
| <b>Family Home Evening</b>      |             | Yama                          | 11:33AM – 1:04PM        | Sadhya Until 4:19PM   | <b>Muruqa: Clear</b>   | <i>Sunset: 7:06PM</i>  | Moon 3 - Phase 46 - 12 |  |
| Creative Work                   | Siddha Yoga | 196896578 <b>Rahu</b>         | <b>8:31AM – 10:02AM</b> | Visti Until 3:23PM  | <b>Nataraja: Clear</b> |                        | 2nd Phase              |  |
| Until 7:31PM                    |             |                               |                         | <b>Chaturdashi* Until 1:49AM Tue</b>  | Moon – Purple          |                        | <b>Sivaloka Day</b>    |  |
| Then Routine Work - Marana Yoga |             |                               |                         |   | Phalguna•Panguni       |                        |                        |  |

|                                  |             |                                |                        |  |                        |                        |                        |  |
|----------------------------------|-------------|--------------------------------|------------------------|--|------------------------|------------------------|------------------------|--|
| <b>Retreat Star</b>              |             | <b>Tuesday, March 21, 2023</b> |                        | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        |                        |                        | Dwarka, India<br>Sun 13<br>Sutra 338<br>Subhakrit 5124 |
| Kumbha Rasi: 26.2                | Tithi 30    | <b>Gulika</b>                  | <b>1:03PM – 2:34PM</b> | <b>Purvaproshtapada* Until 5:25PM</b>  | <b>Ganesha: Orange</b> | <i>Sunrise: 7:00AM</i> |                        |  |
|                                  |             | Yama                           | 10:01AM – 11:32AM      | Subha Until 12:41PM  | <b>Muruqa: Clear</b>   | <i>Sunset: 7:07PM</i>  | Moon 3 - Phase 46 - 13 |  |
|                                  |             | 116896578 <b>Rahu</b>          | <b>4:05PM – 5:36PM</b> | Catuspada Until 12:20PM  | <b>Nataraja: Clear</b> |                        | Amavasya               |  |
| Routine Work                     | Marana Yoga |                                |                        | <b>Amavasya* Until 10:54PM</b>   | Moon – Clear           |                        | <b>Devaloka Day</b>    |  |
| Until 5:25PM                     |             |                                |                        |  | Phalguna•Panguni       |                        |                        |  |
| Then Creative Work - Amrita Yoga |             |                                |                        |  |                        |                        |                        |  |

|                                 |             |                                  |                         |  |                        |                        |                        |  |
|---------------------------------|-------------|----------------------------------|-------------------------|--|------------------------|------------------------|------------------------|--|
| <b>Retreat Star</b>             |             | <b>Wednesday, March 22, 2023</b> |                         | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau |                        |                        |                        | Dwarka, India<br>Sun 14<br>Sutra 339<br>Subhakrit 5124 |
| Meena Rasi: 10.56               | Tithi 1     | <b>Gulika</b>                    | <b>11:32AM – 1:03PM</b> | <b>Uttaraproshtapada Until 3:31PM</b>  | <b>Ganesha: Orange</b> | <i>Sunrise: 6:59AM</i> |                        |  |
|                                 |             | Yama                             | 8:30AM – 10:01AM        | Sukla Until 9:15AM   | <b>Muruqa: Clear</b>   | <i>Sunset: 7:07PM</i>  | Moon 3 - Phase 46 - 14 |  |
|                                 |             | 116896578 <b>Rahu</b>            | <b>1:03PM – 2:34PM</b>  | Kintughna Until 9:36AM   | <b>Nataraja: Clear</b> |                        | Prathama               |  |
| Creative Work                   | Siddha Yoga |                                  |                         | <b>Prathama* Until 8:22PM</b>  | Moon – Clear           |                        | <b>Devaloka Day</b>    |  |
| Until 3:31PM                    |             | <b>Yugadhi</b>                   |                         |  | Chaitra•Panguni        |                        |                        |  |
| Then Routine Work - Marana Yoga |             |                                  |                         |  |                        |                        |                        |  |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|                                  |         |                                       |                             |   |                        |   |
|----------------------------------|---------|---------------------------------------|-----------------------------|---|------------------------|---|
| <b>1</b>                         |         | <b>Thursday, March 23, 2023</b>       |                             | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        | Dwarka, India<br>Sun 15<br>Sutra 340<br>Subhakit 5124 |
| Meena Rasi: 25.14                | Tithi 2 | <b>Gulika</b> 10:00AM – 11:31AM       | <b>Revati</b> Until 1:58PM  | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:58AM |   |
|                                  |         | Yama 6:58AM – 8:29AM                  | Brahma Until 6:13AM         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:08PM  | Moon 3 - Phase 47 - 15                                |
|                                  |         | 116896578 <b>Rahu</b> 2:34PM – 4:05PM | Balava Until 7:18AM         | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |
| Creative Work Siddha Yoga        |         |                                       | <b>Dvitiya</b> Until 6:21PM | Moon – Clear  |                        | <b>Devaloka Day</b>                                   |
| Until 1:58PM                     |         | Chellappaswami Mahasamadhi            |                             | Chaitra•Panguni   |                        |   |
| Then Creative Work - Amrita Yoga |         |                                       |                             |   |                        |   |

|                                  |             |  |                             |   |                        |   |
|----------------------------------|-------------|--|-----------------------------|---|------------------------|---|
| <b>2</b>                         |             | <b>Friday, March 24, 2023</b>          |                             | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                        | Dwarka, India<br>Sun 16<br>Sutra 341<br>Subhakit 5124 |
| Mesha Rasi: 9.09                 | Tithi 3 – 4 | <b>Gulika</b> 8:28AM – 10:00AM         | <b>Ashvini</b> Until 1:20PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:57AM |   |
|                                  |             | Yama 4:05PM – 5:36PM                   | Vaidhriti* Until 1:40AM Sat | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:08PM  | Moon 3 - Phase 47 - 16                                |
|                                  |             | 126896578 <b>Rahu</b> 11:31AM – 1:02PM | Vanija Until 4:37AM Sat     | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |
| Creative Work Amrita Yoga        |             |  | <b>Tritiya</b> Until 5:00PM | Moon – White  |                        | <b>Devaloka Day</b>                                   |
| Until 1:20PM                     |             |  |                             | Chaitra•Panguni   |                        |   |
| Then Creative Work - Siddha Yoga |             |  |                             |   |                        |   |

|                                  |             |  |                                |   |                        |   |
|----------------------------------|-------------|--|--------------------------------|---|------------------------|---|
| <b>3</b>                         |             | <b>Saturday, March 25, 2023</b>        |                                | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Dwarka, India<br>Sun 17<br>Sutra 342<br>Subhakit 5124 |
| Mesha Rasi: 22.38                | Tithi 4 – 5 | <b>Gulika</b> 6:56AM – 8:27AM          | <b>Bharani</b> Until 1:18PM    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:56AM |   |
|                                  |             | Yama 2:34PM – 4:05PM                   | Vishkamba* Until 12:18AM Sun   | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:08PM  | Moon 3 - Phase 47 - 17                                |
|                                  |             | 126896578 <b>Rahu</b> 9:59AM – 11:30AM | Bava Until 4:25AM Sun          | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |
| Creative Work Siddha Yoga        |             |  | <b>Chaturthi*</b> Until 4:24PM | Moon – White  |                        | <b>Devaloka Day</b>                                   |
| Until 1:18PM                     |             |  |                                | Chaitra•Panguni   |                        |   |
| Then Creative Work - Amrita Yoga |             |  |                                |   |                        |   |

|                           |             |                                       |                              |  |                        |   |
|---------------------------|-------------|---------------------------------------|------------------------------|--|------------------------|---|
| <b>4</b>                  |             | <b>Sunday, March 26, 2023</b>         |                              | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau |                        | Dwarka, India<br>Sun 18<br>Sutra 343<br>Subhakit 5124 |
| Vrishabha Rasi: 5.43      | Tithi 5 – 6 | <b>Gulika</b> 4:05PM – 5:37PM         | <b>Krittika</b> Until 1:52PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:55AM |   |
|                           |             | Yama 1:02PM – 2:33PM                  | Priti Until 11:33PM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:09PM  | Moon 3 - Phase 47 - 18                                |
|                           |             | 126896578 <b>Rahu</b> 5:37PM – 7:09PM | Kaulava Until 5:00AM Mon     | <b>Nataraja:</b> Clear   |                        | 3rd Phase   |
| Creative Work Siddha Yoga |             |                                       | <b>Panchami</b> Until 4:35PM | Moon – White   |                        | <b>Devaloka Day</b>                                   |
|                           |             |                                       |                              | Chaitra•Panguni  |                        |   |

|                            |             |                                       |                               |  |                        |   |
|----------------------------|-------------|---------------------------------------|-------------------------------|--|------------------------|---|
| <b>5</b>                   |             | <b>Monday, March 27, 2023</b>         |                               | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini/Grigashira Nakshatra Ayushman Yoga Taila/Gara Karana Shashthi/Saptamyam Titau |                        | Dwarka, India<br>Sun 19<br>Sutra 344<br>Subhakit 5124 |
| Vrishabha Rasi: 18.23      | Tithi 6 – 7 | <b>Gulika</b> 2:33PM – 4:05PM         | <b>Rohini</b> Until 3:29PM    | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:54AM |   |
| <b>Family Home Evening</b> |             | Yama 11:30AM – 1:01PM                 | Ayushman Until 11:20PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:09PM  | Moon 3 - Phase 47 - 19                                |
|                            |             | 137896578 <b>Rahu</b> 8:26AM – 9:58AM | Gara Until 6:17AM Tue         | <b>Nataraja:</b> Clear   |                        | 3rd Phase   |
| Creative Work Amrita Yoga  |             |                                       | <b>Shashthi*</b> Until 5:32PM | Moon – Yellow  |                        | <b>Devaloka Day</b>                                   |
|                            |             |                                       |                               | Chaitra•Panguni  |                        |   |

|                                 |         |                                       |                                |   |                        |   |
|---------------------------------|---------|---------------------------------------|--------------------------------|---|------------------------|---|
| <b>6</b>                        |         | <b>Tuesday, March 28, 2023</b>        |                                | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau |                        | Dwarka, India<br>Sun 20<br>Sutra 345<br>Subhakit 5124 |
| Mithuna Rasi: 0.46              | Tithi 7 | <b>Gulika</b> 1:01PM – 2:33PM         | <b>Mrigashira</b> Until 5:35PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:53AM |   |
|                                 |         | Yama 9:57AM – 11:29AM                 | Saubhagya Until 11:37PM        | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:09PM  | Moon 3 - Phase 47 - 20                                |
|                                 |         | 137896578 <b>Rahu</b> 4:05PM – 5:37PM | Gara Until 6:17AM              | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |
| Creative Work Siddha Yoga       |         |                                       | <b>Saptami</b> Until 7:08PM    | Moon – Yellow   |                        | <b>Devaloka Day</b>                                   |
| Until 5:35PM                    |         |                                       |                                | Chaitra•Panguni   |                        |   |
| Then Routine Work - Marana Yoga |         |                                       |                                |   |                        |   |

|                           |         |                                       |                              |  |                        |   |
|---------------------------|---------|---------------------------------------|------------------------------|--|------------------------|---|
| <b>Retreat Star</b>       |         | <b>Wednesday, March 29, 2023</b>      |                              | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau |                        | Dwarka, India<br>Sun 21<br>Sutra 346<br>Subhakit 5124 |
| Mithuna Rasi: 12.54       | Tithi 8 | <b>Gulika</b> 11:29AM – 1:01PM        | <b>Ardra</b> Until 8:00PM    | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:52AM |   |
|                           |         | Yama 8:24AM – 9:56AM                  | Sobhana Until 12:15AM Thu    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:10PM  | Moon 3 - Phase 47 - 21                                |
|                           |         | 137896578 <b>Rahu</b> 1:01PM – 2:33PM | Visti Until 8:09AM           | <b>Nataraja:</b> Clear   |                        | Ashtami   |
| Creative Work Siddha Yoga |         |                                       | <b>Ashtami*</b> Until 9:12PM | Moon – Yellow  |                        | <b>Devaloka Day</b>                                   |
|                           |         |                                       |                              | Chaitra•Panguni  |                        |   |

|                           |         |                                       |                                |  |                        |   |
|---------------------------|---------|---------------------------------------|--------------------------------|--|------------------------|---|
| <b>Retreat Star</b>       |         | <b>Thursday, March 30, 2023</b>       |                                | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau |                        | Dwarka, India<br>Sun 22<br>Sutra 347<br>Subhakit 5124 |
| Mithuna Rasi: 24.53       | Tithi 9 | <b>Gulika</b> 9:56AM – 11:28AM        | <b>Punarvasu</b> Until 11:00PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:51AM |   |
|                           |         | Yama 6:51AM – 8:23AM                  | Athiganda* Until 1:02AM Fri    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:10PM  | Moon 3 - Phase 47 - 22                                |
|                           |         | 147896578 <b>Rahu</b> 2:33PM – 4:05PM | Balava Until 10:23AM           | <b>Nataraja:</b> Clear   |                        | Navami  |
| Creative Work Amrita Yoga |         |                                       | <b>Navami*</b> Until 11:33PM   | Moon – Blue  |                        | <b>Bhuloka Day</b>                                    |
|                           |         | Sri Rama Navami                       |                                | Chaitra•Panguni  |                        | Devaloka Time: 3:PM to 6:PM                           |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Dwarka, India on 5/1/20

www.gurudeva.org/panchang

|              |                               |                       |   |                                       |                        |                             |  |
|--------------|-------------------------------|-----------------------|---|---------------------------------------|------------------------|-----------------------------|--|
| 1            | <b>Friday, March 31, 2023</b> |                       | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau |                                       |                        |                             | Dwarka, India<br>Sun 23<br>Sutra 348<br>Subhakrit 5124 |
|              | Kataka Rasi: 6.47             | Tithi 10              | <b>Gulika</b> 8:23AM – 9:55AM   | <b>Pushya</b> <b>Until 1:56AM Sat</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:50AM      |  |
|              |                               |                       | Yama 4:05PM – 5:38PM  | Sukarma <b>Until 1:53AM Sat</b>       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:10PM       | Moon 3 - Phase 48 - 23                                 |
|              | 147896578                     | Rahu 11:28AM – 1:00PM |   | Taitila <b>Until 12:47PM</b>          | <b>Nataraja:</b> Clear |                             | 4th Phase  |
| Routine Work | Marana Yoga                   |                       | <b>Dashami</b> <b>Until 1:59AM Sat</b>  | Moon – Blue                           |                        | <b>Bhuloka Day</b>          |  |
|              |                               |                       |   | Chaitra•Panguni                       |                        | Devaloka Time: 3:PM to 6:PM |  |

|              |                                |                       |   |  |                        |                             |  |
|--------------|--------------------------------|-----------------------|---|--|------------------------|-----------------------------|--|
| 2            | <b>Saturday, April 1, 2023</b> |                       | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau |  |                        |                             | Dwarka, India<br>Sun 24<br>Sutra 349<br>Subhakrit 5124 |
|              | Kataka Rasi: 18.4              | Tithi 11              | <b>Gulika</b> 6:50AM – 8:23AM   | <b>Ashlesha*</b> <b>Until 4:35AM Sun</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:50AM      |  |
|              |                                |                       | Yama 2:33PM – 4:05PM  | Dhriti <b>Until 2:41AM Sun</b>           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:10PM       | Moon 3 - Phase 48 - 24                                 |
|              | 147896578                      | Rahu 9:55AM – 11:28AM |   | Vanija <b>Until 3:11PM</b>               | <b>Nataraja:</b> Clear |                             | 4th Phase  |
| Routine Work | Marana Yoga                    |                       | <b>Ekadashi</b> <b>Until 4:18AM Sun</b>   | Moon – Blue                              |                        | <b>Bhuloka Day</b>          |  |
|              |                                | Yogaswami Mahasamadhi |   | Chaitra•Panguni                          |                        | Devaloka Time: 3:PM to 6:PM |  |

|                                  |                              |                      |  |                                       |                        |                        |  |
|----------------------------------|------------------------------|----------------------|--|---------------------------------------|------------------------|------------------------|--|
| 3                                | <b>Sunday, April 2, 2023</b> |                      | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau |                                       |                        |                        | Dwarka, India<br>Sun 25<br>Sutra 350<br>Subhakrit 5124 |
|                                  | Simha Rasi: 0.37             | Tithi 12             | <b>Gulika</b> 4:05PM – 5:38PM  | <b>Magha*</b> <b>Until 7:20AM Mon</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:49AM |  |
|                                  |                              |                      | Yama 1:00PM – 2:33PM   | Shula* <b>Until 3:16AM Mon</b>        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:11PM  | Moon 3 - Phase 48 - 25                                 |
|                                  | 158896578                    | Rahu 5:38PM – 7:11PM |  | Bava <b>Until 5:24PM</b>              | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                     | Marana Yoga                  |                      | <b>Dvadashi</b> <b>Until 6:22AM Mon</b>  | Moon – Red                            |                        | <b>Devaloka Day</b>    |  |
| Until 7:20AM Mon                 |                              |                      |  | Chaitra•Panguni                       |                        |                        |  |
| Then Creative Work - Siddha Yoga |                              |                      |  |                                       |                        |                        |  |

|                                  |                              |                      |   |                                   |                        |                        |  |
|----------------------------------|------------------------------|----------------------|---|-----------------------------------|------------------------|------------------------|--|
| 4                                | <b>Monday, April 3, 2023</b> |                      | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                   |                        |                        | Dwarka, India<br>Sun 26<br>Sutra 351<br>Subhakrit 5124 |
|                                  | Simha Rasi: 12.39            | Tithi 12 – 13        | <b>Gulika</b> 2:32PM – 4:05PM   | <b>Magha*</b> <b>Until 7:20AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:48AM |  |
|                                  | <b>Family Home Evening</b>   |                      | Yama 11:27AM – 1:00PM   | Ganda* <b>Until 3:36AM Tue</b>    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:11PM  | Moon 3 - Phase 48 - 26                                 |
|                                  | 158896578                    | Rahu 8:21AM – 9:54AM |   | Kaulava <b>Until 7:18PM</b>       | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                     | Marana Yoga                  |                      | <b>Dvadashi</b> <b>Until 6:22AM</b>   | Moon – Red                        |                        | <b>Devaloka Day</b>    |  |
| Until 7:20AM                     |                              |                      |   | Chaitra•Panguni                   |                        |                        |  |
| Then Creative Work - Siddha Yoga |                              |                      | <i>Pradosha Vrata</i>   |                                   |                        |                        |  |

|                                  |                               |                      |  |  |                        |                        |  |
|----------------------------------|-------------------------------|----------------------|--|--|------------------------|------------------------|--|
| 5                                | <b>Tuesday, April 4, 2023</b> |                      | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |  |                        |                        | Dwarka, India<br>Sun 27<br>Sutra 352<br>Subhakrit 5124 |
|                                  | Simha Rasi: 24.5              | Tithi 13 – 14        | <b>Gulika</b> 12:59PM – 2:32PM   | <b>Purvaphalguni</b> <b>Until 9:34AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:47AM |  |
|                                  |                               |                      | Yama 9:53AM – 11:26AM  | Vriddhi <b>Until 3:37AM Wed</b>          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:11PM  | Moon 3 - Phase 48 - 27                                 |
|                                  | 158896578                     | Rahu 4:05PM – 5:38PM |  | Gara <b>Until 8:47PM</b>                 | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                    | Siddha Yoga                   |                      | <b>Trayodashi</b> <b>Until 8:04AM</b>  | Moon – Red                               |                        | <b>Devaloka Day</b>    |  |
| Until 9:34AM                     |                               |                      |  | Chaitra•Panguni                          |                        |                        |  |
| Then Creative Work - Amrita Yoga |                               |                      |  |  |                        |                        |  |

|                                 |                                 |                       |  |  |                        |                        |  |
|---------------------------------|---------------------------------|-----------------------|--|--|------------------------|------------------------|--|
| ○                               | <b>Wednesday, April 5, 2023</b> |                       | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |  |                        |                        | Dwarka, India<br>Sutra 353<br>Subhakrit 5124 |
|                                 | <b>Copper Retreat Star</b>      |                       | <b>Gulika</b> 11:26AM – 12:59PM  | <b>Uttaraphalguni</b> <b>Until 11:12AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:46AM |  |
|                                 | Kanya Rasi: 7.12                | Tithi 14 – 15         | Yama 8:20AM – 9:53AM   | Dhruva <b>Until 3:14AM Thu</b>             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:12PM  | Moon 3 - Phase 48 - Purnima                  |
|                                 | 158896578                       | Rahu 12:59PM – 2:32PM |  | Visti <b>Until 9:47PM</b>                  | <b>Nataraja:</b> Clear |                        |  |
| Creative Work                   | Amrita Yoga                     |                       | <b>Chaturdashi*</b> <b>Until 9:20AM</b>  | Moon – Red                                 |                        | <b>Devaloka Day</b>    |  |
| Until 11:12AM                   |                                 |                       |  | Chaitra•Panguni                            |                        |                        |  |
| Then Routine Work - Marana Yoga |                                 |                       |  |  |                        |                        |  |

|                                  |                                |                      |   |                                   |                        |                             |  |
|----------------------------------|--------------------------------|----------------------|---|-----------------------------------|------------------------|-----------------------------|--|
| ○                                | <b>Thursday, April 6, 2023</b> |                      | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                   |                        |                             | Dwarka, India<br>Sutra 354<br>Subhakrit 5124 |
|                                  | <b>Silver Retreat Star</b>     |                      | <b>Gulika</b> 9:52AM – 11:25AM  | <b>Hasta</b> <b>Until 12:41PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:46AM      |  |
|                                  | Kanya Rasi: 19.47              | Tithi 15 – 16        | Yama 6:46AM – 8:19AM  | Vyaghata* <b>Until 2:30AM Fri</b> | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:12PM       | Moon 3 - Phase 48 - Prathama                 |
|                                  | 168896578                      | Rahu 2:32PM – 4:05PM |   | Balava <b>Until 10:19PM</b>       | <b>Nataraja:</b> Clear |                             |  |
| Routine Work                     | Marana Yoga                    |                      | <b>Purnima*</b> <b>Until 10:06AM</b>  | Moon – Green                      |                        | <b>Bhuloka Day</b>          |  |
| Until 12:41PM                    |                                |                      |   | Chaitra•Panguni                   |                        | Devaloka Time: 3:PM to 6:PM |  |
| Then Creative Work - Siddha Yoga |                                |                      |   |                                   |                        |                             |  |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dwarka, India  
Sutra 355

Tula Rasi: 2.35      Tithi 16 – 17

**Gulika** 8:18AM – 9:52AM  
Yama 4:05PM – 5:39PM  
**Rahu** 11:25AM – 12:58PM

**Chitra** Until 1:33PM  
Harshana Until 1:24AM Sat  
Taitila Until 10:21PM  
Prathama\* Until 10:22AM

**Ganesha:** Blue      *Sunrise:* 6:45AM  
**Muruqa:** Clear      *Sunset:* 7:12PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 -  
1st Phase

Creative Work      Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Saturday, April 8, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dwarka, India  
Sun 1      Sutra 356

Tula Rasi: 15.37      Tithi 17 – 18

**Gulika** 6:44AM – 8:17AM  
Yama 2:32PM – 4:05PM  
**Rahu** 9:51AM – 11:25AM

**Svati** Until 1:48PM  
Vajra\* Until 11:56PM  
Vanija Until 9:57PM  
Dvitiya Until 10:11AM

**Ganesha:** Blue      *Sunrise:* 6:44AM  
**Muruqa:** Clear      *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 1  
1st Phase

Creative Work      Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Sunday, April 9, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Dwarka, India  
Sun 2      Sutra 357

Tula Rasi: 28.52      Tithi 18 – 19

**Gulika** 4:05PM – 5:39PM  
Yama 12:58PM – 2:32PM  
**Rahu** 5:39PM – 7:13PM

**Vishakha** Until 1:58PM  
Siddhi Until 10:10PM  
Bava Until 9:10PM  
Tritiya Until 9:35AM

**Ganesha:** Red      *Sunrise:* 6:43AM  
**Muruqa:** Clear      *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 2  
1st Phase

Routine Work      Marana Yoga

**Devaloka Day**

**3**

**Monday, April 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dwarka, India  
Sun 3      Sutra 358

Vrischika Rasi: 12.2      Tithi 19 – 20

**Gulika** 2:32PM – 4:05PM  
Yama 11:24AM – 12:58PM  
**Rahu** 8:16AM – 9:50AM

**Anuradha** Until 1:37PM  
Vyatipata\* Until 8:08PM  
Kaulava Until 8:00PM  
Chaturthi\* Until 8:36AM

**Ganesha:** Red      *Sunrise:* 6:42AM  
**Muruqa:** Clear      *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 3  
1st Phase

Family Home Evening  
Creative Work      Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, April 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyani/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dwarka, India  
Sun 4      Sutra 359

Vrischika Rasi: 26.01      Tithi 20 – 21

**Gulika** 12:57PM – 2:31PM  
Yama 9:49AM – 11:23AM  
**Rahu** 4:05PM – 5:40PM

**Jyeshtha\*** Until 12:47PM  
Varyani Until 5:49PM  
Gara Until 6:32PM  
Panchami Until 7:17AM

**Ganesha:** Red      *Sunrise:* 6:41AM  
**Muruqa:** Clear      *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 4  
1st Phase

Routine Work      Marana Yoga  
Until 12:47PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**5**

**Wednesday, April 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Dwarka, India  
Sun 5      Sutra 360

Dhanus Rasi: 9.51      Tithi 22

**Gulika** 11:23AM – 12:57PM  
Yama 8:14AM – 9:49AM  
**Rahu** 12:57PM – 2:31PM

**Mula\*** Until 11:58AM  
Parigha\* Until 3:17PM  
Visti Until 4:46PM  
Saptami Until 3:46AM Thu

**Ganesha:** Green      *Sunrise:* 6:40AM  
**Muruqa:** Clear      *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 5  
1st Phase

Routine Work      Marana Yoga  
Until 11:58AM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Thursday, April 13, 2023**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Dwarka, India  
Sun 6      Sutra 361

Dhanus Rasi: 23.52      Tithi 23

**Gulika** 9:48AM – 11:22AM  
Yama 6:39AM – 8:14AM  
**Rahu** 2:31PM – 4:06PM

**Purvashadha\*** Until 10:44AM  
Shiva Until 12:34PM  
Balava Until 2:45PM  
Ashtami\* Until 1:39AM Fri

**Ganesha:** White      *Sunrise:* 6:39AM  
**Muruqa:** Clear      *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 6  
Ashtami

Creative Work      Siddha Yoga  
Until 10:44AM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Then Routine Work - Marana Yoga

**Friday, April 14, 2023**

**Retreat Star**

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Dwarka, India  
Sun 7      Sutra 362

Makara Rasi: 8.02      Tithi 24

**Gulika** 8:13AM – 9:47AM  
Yama 4:06PM – 5:40PM  
**Rahu** 11:22AM – 12:57PM

**Uttarashadha** Until 9:09AM  
Siddha Until 9:38AM  
Taitila Until 12:31PM  
Navami\* Until 11:19PM

**Ganesha:** White      *Sunrise:* 6:38AM  
**Muruqa:** Clear      *Sunset:* 7:15PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra\*Chaitra

Sobhana 5125  
Moon 4 - Phase 49 - 7  
Navami

Routine Work      Marana Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM


Chidambaram Abhishekam  
Tamil New Year


|          |                                 |             |   |                              |                        |                             |                                     |
|----------|---------------------------------|-------------|---|------------------------------|------------------------|-----------------------------|-------------------------------------|
| <b>1</b> | <b>Saturday, April 15, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau |                              |                        |                             | Dwarka, India<br>Sun 8<br>Sutra 363 |
|          | Makara Rasi: 22.19              | Tithi 25    | <b>Gulika</b> 6:38AM – 8:12AM   | <b>Shravana Until 7:40AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:38AM      | Sobhana 5125                        |
|          |                                 |             | Yama 2:31PM – 4:06PM  | Sadhya Until 6:35AM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:15PM       | Moon 4 - Phase 1 - 8                |
|          | Creative Work                   | Siddha Yoga | 299996578 <b>Rahu</b> 9:47AM – 11:22AM  | Vanija Until 10:08AM         | <b>Nataraja:</b> Clear |                             | 2nd Phase                           |
|          |                                 |             | <b>Dashami Until 8:52PM</b>   | Moon – Purple                |                        | <b>Bhuloka Day</b>          |                                     |
|          |                                 |             |   | Chaitra*Chaitra              |                        | Devaloka Time: 3:PM to 6:PM |                                     |

|          |                               |             |  |                                      |                        |                                 |                                     |
|----------|-------------------------------|-------------|--|--------------------------------------|------------------------|---------------------------------|-------------------------------------|
| <b>2</b> | <b>Sunday, April 16, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau |                                      |                        |                                 | Dwarka, India<br>Sun 9<br>Sutra 364 |
|          | Kumbha Rasi: 6.41             | Tithi 26    | <b>Gulika</b> 4:06PM – 5:41PM  | <b>Shatabhishak Until 4:03AM Mon</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:37AM          | Sobhana 5125                        |
|          |                               |             | Yama 12:56PM – 2:31PM  | Sukla Until 12:16AM Mon              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:15PM           | Moon 4 - Phase 1 - 9                |
|          | Creative Work                 | Siddha Yoga | 299996578 <b>Rahu</b> 5:41PM – 7:15PM  | Bava Until 7:38AM                    | <b>Nataraja:</b> Clear |                                 | 2nd Phase                           |
|          |                               |             | <b>Ekadashi* Until 6:21PM</b>  | Moon – Purple                        |                        | <b>Bhuloka Day</b>              |                                     |
|          |                               |             |  | Chaitra*Chaitra                      |                        | Devaloka Time: 3:PM to 6:PM     |                                     |
|          |                               |             |  |                                      |                        | Then Routine Work - Marana Yoga |                                     |

|          |                               |               |  |   |                        |                                  |                                    |
|----------|-------------------------------|---------------|--|---|------------------------|----------------------------------|------------------------------------|
| <b>3</b> | <b>Monday, April 17, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau |   |                        |                                  | Dwarka, India<br>Sun 10<br>Sutra 1 |
|          | Kumbha Rasi: 21.04            | Tithi 27 – 28 | <b>Gulika</b> 2:31PM – 4:06PM  | <b>Purvaproshtapada* Until 2:31AM Tue</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:36AM           | Sobhana 5125                       |
|          | <b>Family Home Evening</b>    |               | Yama 11:21AM – 12:56PM   | Brahma Until 9:09PM                       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:16PM            | Moon 4 - Phase 1 - 10              |
|          | Routine Work                  | Marana Yoga   | 211996578 <b>Rahu</b> 8:11AM – 9:46AM  | Gara Until 2:41AM Tue                     | <b>Nataraja:</b> Clear |                                  | 2nd Phase                          |
|          |                               |               | <b>Dvadashi* Until 3:52PM</b>  | Moon – Clear                              |                        | <b>Devaloka Day</b>              |                                    |
|          |                               |               |  | Chaitra*Chaitra                           |                        |                                  |                                    |
|          |                               |               |  |   |                        | Then Creative Work - Amrita Yoga |                                    |
|          |                               |               |  |   |                        | <i>Pradosha Vrata (Fasting)</i>  |                                    |

|          |                                |               |   |   |                        |                                 |                                    |
|----------|--------------------------------|---------------|---|---|------------------------|---------------------------------|------------------------------------|
| <b>4</b> | <b>Tuesday, April 18, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |   |                        |                                 | Dwarka, India<br>Sun 11<br>Sutra 2 |
|          | Meena Rasi: 5.23               | Tithi 28 – 29 | <b>Gulika</b> 12:56PM – 2:31PM  | <b>Uttaraproshtapada Until 1:02AM Wed</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:35AM          | Sobhana 5125                       |
|          |                                |               | Yama 9:45AM – 11:20AM   | Indra Until 6:10PM                        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:16PM           | Moon 4 - Phase 1 - 11              |
|          | Creative Work                  | Amrita Yoga   | 211996578 <b>Rahu</b> 4:06PM – 5:41PM   | Visti Until 12:27AM Wed                   | <b>Nataraja:</b> Clear |                                 | 2nd Phase                          |
|          |                                |               | <b>Trayodashi* Until 1:31PM</b>   | Moon – Clear                              |                        | <b>Devaloka Day</b>             |                                    |
|          |                                |               |   | Chaitra*Chaitra                           |                        |                                 |                                    |
|          |                                |               |   |   |                        | Then Routine Work - Marana Yoga |                                    |

|   |                                  |               |   |                             |                        |                        |                                    |
|---|----------------------------------|---------------|---|-----------------------------|------------------------|------------------------|------------------------------------|
|  | <b>Wednesday, April 19, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                             |                        |                        | Dwarka, India<br>Sun 12<br>Sutra 3 |
|   | <b>Retreat Star</b>              |               | <b>Gulika</b> 11:20AM – 12:55PM   | <b>Revati Until 11:44PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:34AM | Sobhana 5125                       |
|   | Meena Rasi: 19.34                | Tithi 29 – 30 | Yama 8:09AM – 9:45AM  | Vaidhriti* Until 3:24PM     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:16PM  | Moon 4 - Phase 1 - 12              |
|   | Routine Work                     | Marana Yoga   | 211996578 <b>Rahu</b> 12:55PM – 2:31PM  | Catuspada Until 10:32PM     | <b>Nataraja:</b> Clear |                        | Amavasya                           |
|   |                                  |               | <b>Chaturdashi* Until 11:25AM</b>   | Moon – Clear                |                        | <b>Devaloka Day</b>    |                                    |
|   |                                  |               |   | Chaitra*Chaitra             |                        |                        |                                    |

|   |                                 |              |   |                              |                        |                                  |                                    |
|---|---------------------------------|--------------|---|------------------------------|------------------------|----------------------------------|------------------------------------|
|  | <b>Thursday, April 20, 2023</b> |              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                              |                        |                                  | Dwarka, India<br>Sun 13<br>Sutra 4 |
|   | <b>Retreat Star</b>             |              | <b>Gulika</b> 9:44AM – 11:20AM  | <b>Ashvini Until 11:09PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:33AM           | Sobhana 5125                       |
|   | Mesha Rasi: 3.32                | Tithi 30 – 1 | Yama 6:33AM – 8:09AM  | Vishkambha* Until 12:58PM    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:17PM            | Moon 4 - Phase 1 - 13              |
|   | Creative Work                   | Amrita Yoga  | 221996578 <b>Rahu</b> 2:31PM – 4:06PM   | Kintughna Until 9:02PM       | <b>Nataraja:</b> Clear |                                  | Prathama                           |
|   |                                 |              | <b>Amavasya* Until 9:42AM</b>   | Moon – White                 |                        | <b>Devaloka Day</b>              |                                    |
|   |                                 |              |   | Vaisaka*Chaitra              |                        |                                  |                                    |
|   |                                 |              |   |                              |                        | Then Creative Work - Siddha Yoga |                                    |

|   |                               |             |   |                              |                        |                        |                                    |
|---|-------------------------------|-------------|---|------------------------------|------------------------|------------------------|------------------------------------|
| 1 | <b>Friday, April 21, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                              |                        |                        | Dwarka, India<br>Sun 14<br>Sutra 5 |
|   | Mesha Rasi: 17.11             | Tithi 1 – 2 | <b>Gulika</b> 8:08AM – 9:44AM   | <b>Bharani Until 10:58PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:32AM | Sobhana 5125                       |
|   |                               |             | Yama 4:06PM – 5:42PM  | Priti Until 10:57AM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:17PM  | Moon 4 - Phase 2 - 14              |
|   | Creative Work                 | Siddha Yoga | 221996578 <b>Rahu</b> 11:19AM – 12:55PM   | Balava Until 8:05PM          | <b>Nataraja:</b> Clear |                        | 3rd Phase                          |
|   |                               |             | <b>Prathama* Until 8:28AM</b>   | Moon – White                 |                        | <b>Devaloka Day</b>    |                                    |
|   |                               |             |   | <b>Vaisaka-Chaitra</b>       |                        |                        |                                    |

|   |                                 |             |   |                               |                        |                        |                                    |
|---|---------------------------------|-------------|---|-------------------------------|------------------------|------------------------|------------------------------------|
| 2 | <b>Saturday, April 22, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                               |                        |                        | Dwarka, India<br>Sun 15<br>Sutra 6 |
|   | Vrishabha Rasi: 0.32            | Tithi 2 – 3 | <b>Gulika</b> 6:32AM – 8:07AM   | <b>Krittika Until 11:14PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:32AM | Sobhana 5125                       |
|   |                                 |             | Yama 2:30PM – 4:06PM  | Ayushman Until 9:23AM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:18PM  | Moon 4 - Phase 2 - 15              |
|   | Creative Work                   | Amrita Yoga | 221996578 <b>Rahu</b> 9:43AM – 11:19AM  | Taitila Until 7:45PM          | <b>Nataraja:</b> Clear |                        | 3rd Phase                          |
|   |                                 |             | <b>Dvitiya Until 7:49AM</b>   | Moon – White                  |                        | <b>Devaloka Day</b>    |                                    |
|   |                                 |             |   | <b>Vaisaka-Chaitra</b>        |                        |                        |                                    |

|                                  |                               |                        |   |                                 |                        |                        |                                    |
|----------------------------------|-------------------------------|------------------------|---|---------------------------------|------------------------|------------------------|------------------------------------|
| 3                                | <b>Sunday, April 23, 2023</b> |                        | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                                 |                        |                        | Dwarka, India<br>Sun 16<br>Sutra 7 |
|                                  | Vrishabha Rasi: 13.32         | Tithi 3 – 4            | <b>Gulika</b> 4:06PM – 5:42PM   | <b>Rohini Until 12:28AM Mon</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:31AM | Sobhana 5125                       |
|                                  |                               |                        | Yama 12:54PM – 2:30PM   | Saubhagya Until 8:21AM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:18PM  | Moon 4 - Phase 2 - 16              |
|                                  | Creative Work                 | Siddha Yoga            | 231996578 <b>Rahu</b> 5:42PM – 7:18PM   | Vanija Until 8:05PM             | <b>Nataraja:</b> Clear |                        | 3rd Phase                          |
| Until 12:28AM Mon                |                               |                        | <b>Tritiya Until 7:49AM</b>   | Moon – Yellow                   |                        | <b>Devaloka Day</b>    |                                    |
| Then Creative Work - Amrita Yoga |                               | <b>Akshaya Tritiya</b> |   | <b>Vaisaka-Chaitra</b>          |                        |                        |                                    |

|                                 |                               |                             |  |                                    |                        |                        |                                    |
|---------------------------------|-------------------------------|-----------------------------|--|------------------------------------|------------------------|------------------------|------------------------------------|
| 4                               | <b>Monday, April 24, 2023</b> |                             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                    |                        |                        | Dwarka, India<br>Sun 17<br>Sutra 8 |
|                                 | Vrishabha Rasi: 26.13         | Tithi 4 – 5                 | <b>Gulika</b> 2:30PM – 4:06PM  | <b>Mrigashira Until 2:10AM Tue</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:30AM | Sobhana 5125                       |
|                                 | <b>Family Home Evening</b>    |                             | Yama 11:18AM – 12:54PM   | Sobhana Until 7:50AM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:18PM  | Moon 4 - Phase 2 - 17              |
|                                 | Creative Work                 | Amrita Yoga                 | 231996578 <b>Rahu</b> 8:06AM – 9:42AM  | Bava Until 9:04PM                  | <b>Nataraja:</b> Clear |                        | 3rd Phase                          |
| Until 2:10AM Tue                |                               |                             | <b>Chaturthi* Until 8:29AM</b>   | Moon – Yellow                      |                        | <b>Devaloka Day</b>    |                                    |
| Then Routine Work - Marana Yoga |                               | <b>Adi Sankara Jayanthi</b> |  | <b>Vaisaka-Chaitra</b>             |                        |                        |                                    |

|                                  |                                |             |  |                               |                         |                        |                                    |
|----------------------------------|--------------------------------|-------------|--|-------------------------------|-------------------------|------------------------|------------------------------------|
| 5                                | <b>Tuesday, April 25, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                               |                         |                        | Dwarka, India<br>Sun 18<br>Sutra 9 |
|                                  | Mithuna Rasi: 8.37             | Tithi 5 – 6 | <b>Gulika</b> 12:54PM – 2:30PM   | <b>Ardra Until 4:14AM Wed</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:29AM | Sobhana 5125                       |
|                                  |                                |             | Yama 9:42AM – 11:18AM  | Athiganda* Until 7:47AM       | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:19PM  | Moon 4 - Phase 2 - 18              |
|                                  | Routine Work                   | Marana Yoga | 231996579 <b>Rahu</b> 4:06PM – 5:43PM  | Kaulava Until 10:37PM         | <b>Nataraja:</b> Purple |                        | 3rd Phase                          |
| Until 4:14AM Wed                 |                                |             | <b>Panchami Until 9:45AM</b>   | Moon – Yellow                 |                         | <b>Sivaloka Day</b>    |                                    |
| Then Creative Work - Siddha Yoga |                                |             |  | <b>Vaisaka-Chaitra</b>        |                         |                        |                                    |

|                                  |                                  |             |   |                                   |                         |                           |                                     |
|----------------------------------|----------------------------------|-------------|---|-----------------------------------|-------------------------|---------------------------|-------------------------------------|
| 6                                | <b>Wednesday, April 26, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                   |                         |                           | Dwarka, India<br>Sun 19<br>Sutra 10 |
|                                  | Mithuna Rasi: 20.48              | Tithi 6 – 7 | <b>Gulika</b> 11:18AM – 12:54PM   | <b>Punarvasu Until 7:01AM Thu</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:29AM    | Sobhana 5125                        |
|                                  |                                  |             | Yama 8:05AM – 9:41AM  | Sukarma Until 8:08AM              | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:19PM     | Moon 4 - Phase 2 - 19               |
|                                  | Creative Work                    | Siddha Yoga | 241996579 <b>Rahu</b> 12:54PM – 2:30PM  | Gara Until 12:36AM Thu            | <b>Nataraja:</b> Purple |                           | 3rd Phase                           |
| Until 7:01AM Thu                 |                                  |             | <b>Shashthi* Until 11:32AM</b>  | Moon – Blue                       |                         | <b>Subha Sivaloka Day</b> |                                     |
| Then Creative Work - Amrita Yoga |                                  |             |   | <b>Vaisaka-Chaitra</b>            |                         |                           |                                     |

|   |                                 |             |  |                               |                         |                        |                                     |
|---|---------------------------------|-------------|--|-------------------------------|-------------------------|------------------------|-------------------------------------|
| D | <b>Thursday, April 27, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                               |                         |                        | Dwarka, India<br>Sun 20<br>Sutra 11 |
|   | <b>Retreat Star</b>             |             | <b>Gulika</b> 9:41AM – 11:17AM   | <b>Punarvasu Until 7:01AM</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 6:28AM | Sobhana 5125                        |
|   | Kataka Rasi: 2.49               | Tithi 7 – 8 | Yama 6:28AM – 8:04AM   | Dhriti Until 8:48AM           | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:20PM  | Moon 4 - Phase 2 - 20               |
|   | Creative Work                   | Amrita Yoga | 242996579 <b>Rahu</b> 2:30PM – 4:07PM  | Visti Until 2:51AM Fri        | <b>Nataraja:</b> Purple |                        | Ashtami                             |
|   |                                 |             | <b>Saptami Until 1:41PM</b>  | Moon – Blue                   |                         | <b>Sivaloka Day</b>    |                                     |
|   |                                 |             |  | <b>Vaisaka-Chaitra</b>        |                         |                        |                                     |

|   |                               |             |  |                            |                         |                        |                                     |
|---|-------------------------------|-------------|--|----------------------------|-------------------------|------------------------|-------------------------------------|
| D | <b>Friday, April 28, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                            |                         |                        | Dwarka, India<br>Sun 21<br>Sutra 12 |
|   | <b>Retreat Star</b>           |             | <b>Gulika</b> 8:04AM – 9:40AM  | <b>Pushya Until 9:51AM</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 6:27AM | Sobhana 5125                        |
|   | Kataka Rasi: 14.44            | Tithi 8 – 9 | Yama 4:07PM – 5:43PM   | Shula* Until 9:36AM        | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:20PM  | Moon 4 - Phase 2 - 21               |
|   | Routine Work                  | Marana Yoga | 242996579 <b>Rahu</b> 11:17AM – 12:54PM  | Balava Until 5:12AM Sat    | <b>Nataraja:</b> Purple |                        | Navami                              |
|   |                               |             | <b>Ashtami* Until 4:00PM</b>   | Moon – Blue                |                         | <b>Sivaloka Day</b>    |                                     |
|   |                               |             |  | <b>Vaisaka-Chaitra</b>     |                         |                        |                                     |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

|   |                                 |         |  |   |  |                                   |   |
|---|---------------------------------|---------|--|---|--|-----------------------------------|---|
| <b>1</b>  | <b>Saturday, April 29, 2023</b> |         | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Kaulava Karana Navamyam Titau |   |  |                                   | Dwarka, India<br>Sun 22<br>Sutra 13<br>Sobhana 5125 |
|   | Kataka Rasi: 26.39              | Tithi 9 | Gulika 6:26AM – 8:03AM<br>Yama 2:30PM – 4:07PM<br>Rahu 9:40AM – 11:17AM  | Ashlesha* Until 12:33PM<br>Ganda* Until 10:27AM<br>Kaulava Until 6:19PM<br>Navami* Until 6:19PM | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Blue | Sunrise: 6:26AM<br>Sunset: 7:20PM | Moon 4 - Phase 3 - 22<br>4th Phase                  |
| Routine Work Marana Yoga<br>Until 12:33PM<br>Then Creative Work - Amrita Yoga |                                 |         | Sivaloka Day<br>Vaisaka-Chaitra  |   |  |                                   |   |


|  |                               |          |  |   |  |                                   |   |
|--|-------------------------------|----------|--|---|--|-----------------------------------|---|
| <b>2</b>   | <b>Sunday, April 30, 2023</b> |          | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau |   |  |                                   | Dwarka, India<br>Sun 23<br>Sutra 14<br>Sobhana 5125 |
|  | Simha Rasi: 9                 | Tithi 10 | Gulika 4:07PM – 5:44PM<br>Yama 12:53PM – 2:30PM<br>Rahu 5:44PM – 7:21PM  | Magha* Until 3:26PM<br>Vridhi Until 11:12AM<br>Taitila Until 7:25AM<br>Dashami Until 8:25PM | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Red | Sunrise: 6:26AM<br>Sunset: 7:21PM | Moon 4 - Phase 3 - 23<br>4th Phase                  |
| Routine Work Marana Yoga<br>Until 3:26PM<br>Then Creative Work - Siddha Yoga |                               |          | Devaloka Day<br>Vaisaka-Chaitra  |   |  |                                   |   |

|  |                            |          |  |   |  |                                   |   |
|--|----------------------------|----------|--|---|--|-----------------------------------|---|
| <b>3</b>   | <b>Monday, May 1, 2023</b> |          | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau |   |  |                                   | Dwarka, India<br>Sun 24<br>Sutra 15<br>Sobhana 5125 |
|  | Simha Rasi: 20.4           | Tithi 11 | Gulika 2:30PM – 4:07PM<br>Yama 11:16AM – 12:53PM<br>Rahu 8:01AM – 9:39AM   | Purvaphalguni Until 5:47PM<br>Dhruva Until 11:40AM<br>Vanija Until 9:21AM<br>Ekadashi Until 10:08PM | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Red | Sunrise: 6:24AM<br>Sunset: 7:22PM | Moon 4 - Phase 3 - 24<br>4th Phase                  |
| Family Home Evening<br>Creative Work Siddha Yoga |                            |          | Devaloka Day<br>Vaisaka-Chaitra  |   |  |                                   |   |

|   |                             |          |   |  |  |                                   |   |
|---|-----------------------------|----------|---|--|--|-----------------------------------|---|
| <b>4</b>  | <b>Tuesday, May 2, 2023</b> |          | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau |  |  |                                   | Dwarka, India<br>Sun 25<br>Sutra 16<br>Sobhana 5125 |
|   | Kanya Rasi: 2.55            | Tithi 12 | Gulika 12:53PM – 2:30PM<br>Yama 9:38AM – 11:16AM<br>Rahu 4:07PM – 5:45PM  | Uttaraphalguni Until 7:30PM<br>Vyaghata* Until 11:47AM<br>Bava Until 10:49AM<br>Dvadashi Until 11:18PM | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Red | Sunrise: 6:24AM<br>Sunset: 7:22PM | Moon 4 - Phase 3 - 25<br>4th Phase                  |
| Creative Work Amrita Yoga<br>Until 7:30PM<br>Then Creative Work - Siddha Yoga |                             |          | Devaloka Day<br>Vaisaka-Chaitra   |  |  |                                   |   |

|  |                               |          |   |   |  |                                   |   |
|--|-------------------------------|----------|---|---|--|-----------------------------------|---|
| <b>5</b>   | <b>Wednesday, May 3, 2023</b> |          | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau |   |  |                                   | Dwarka, India<br>Sun 26<br>Sutra 17<br>Sobhana 5125 |
|  | Kanya Rasi: 15.24             | Tithi 13 | Gulika 11:15AM – 12:53PM<br>Yama 8:00AM – 9:38AM<br>Rahu 12:53PM – 2:30PM   | Hasta Until 8:57PM<br>Harshana Until 11:28AM<br>Kaulava Until 11:41AM<br>Trayodashi Until 11:52PM | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Green | Sunrise: 6:23AM<br>Sunset: 7:22PM | Moon 4 - Phase 3 - 26<br>4th Phase                  |
| Routine Work Marana Yoga<br>Until 8:57PM<br>Then Creative Work - Siddha Yoga |                               |          | Sivaloka Day<br>Vaisaka-Chaitra<br>Pradosha Vrata   |   |  |                                   |   |

|   |                              |          |  |   |  |                                   |   |
|---|------------------------------|----------|--|---|--|-----------------------------------|---|
| <b>6</b>  | <b>Thursday, May 4, 2023</b> |          | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau |   |  |                                   | Dwarka, India<br>Sun 27<br>Sutra 18<br>Sobhana 5125 |
|   | Kanya Rasi: 28.1             | Tithi 14 | Gulika 9:37AM – 11:15AM<br>Yama 6:22AM – 8:00AM<br>Rahu 2:30PM – 4:08PM  | Chitra Until 9:37PM<br>Vajra* Until 10:37AM<br>Gara Until 11:56AM<br>Chaturdashi* Until 11:48PM | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Green | Sunrise: 6:22AM<br>Sunset: 7:23PM | Moon 4 - Phase 3 - 27<br>4th Phase                  |
| Creative Work Siddha Yoga<br>Until 9:37PM<br>Then Creative Work - Amrita Yoga |                              |          | Sivaloka Day<br>Vaisaka-Chaitra  |   |  |                                   |   |

|   |                            |          |   |  |  |                                   |   |
|---|----------------------------|----------|---|--|--|-----------------------------------|---|
|  | <b>Friday, May 5, 2023</b> |          | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau |  |  |                                   | Dwarka, India<br>Sun 27<br>Sutra 19<br>Sobhana 5125 |
|   | Tula Rasi: 11.16           | Tithi 15 | Gulika 7:59AM – 9:37AM<br>Yama 4:08PM – 5:46PM<br>Rahu 11:15AM – 12:52PM  | Svati Until 9:32PM<br>Siddhi Until 9:18AM<br>Visti Until 11:33AM<br>Purnima* Until 11:07PM | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Green | Sunrise: 6:22AM<br>Sunset: 7:23PM | Moon 4 - Phase 3 -<br>Purnima                       |
| Creative Work Siddha Yoga<br>Budha Purnima (Tamil Nadu)                             |                            |          | Sivaloka Day<br>Vaisaka-Chaitra   |  |  |                                   |   |

|                            |                              |          |   |  |  |                                   |   |
|----------------------------|------------------------------|----------|---|--|--|-----------------------------------|---|
| <b>Silver Retreat Star</b> | <b>Saturday, May 6, 2023</b> |          | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Vishakha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau |  |  |                                   | Dwarka, India<br>Sun 28<br>Sutra 20<br>Sobhana 5125 |
|                            | Tula Rasi: 24.4              | Tithi 16 | Gulika 6:21AM – 7:59AM<br>Yama 2:30PM – 4:08PM<br>Rahu 9:37AM – 11:15AM   | Vishakha Until 9:13PM<br>Vyatipata* Until 7:31AM<br>Balava Until 10:35AM<br>Prathama* Until 9:54PM | Ganesha: White<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Orange | Sunrise: 6:21AM<br>Sunset: 7:24PM | Moon 4 - Phase 3 -<br>Prathama                      |
| Creative Work Siddha Yoga  |                              |          | Devaloka Day<br>Vaisaka-Chaitra   |  |  |                                   |   |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda