



**Monday, April 18, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyaltipala\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gatineau, Canada  
Sutra 1

Tula Rasi: 26.35 Tithi 17 – 18  
**Family Home Evening** 278345478  
Routine Work Marana Yoga  
Until 5:07PM  
Then Creative Work - Siddha Yoga

**Gulika** 1:43PM – 3:25PM  
Yama 10:19AM – 12:01PM  
**Rahu** 6:55AM – 8:37AM

**Vishakha** Until 5:07PM  
Siddhi Until 9:51AM  
Vanija Until 7:32PM  
**Dvitiya** Until 8:54AM

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

*Sunrise:* 5:13AM  
*Sunset:* 6:49PM

Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

**Bhuloka Day**

**1**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaltipala\* Varyayan Yoga Visti\*/Balava Karana Tritiya/Chaturthayam Titau

Gatineau, Canada  
Sun 1 Sutra 2

Virchika Rasi: 11.08 Tithi 18 – 19  
278345478  
Creative Work Siddha Yoga  
Until 3:06PM  
Then Routine Work - Marana Yoga

**Gulika** 12:01PM – 1:43PM  
Yama 8:36AM – 10:19AM  
**Rahu** 3:26PM – 5:08PM

**Anuradha** Until 3:06PM  
Vyaltipala\* Until 6:29AM  
Balava Until 3:21AM Wed  
**Tritiya** Until 6:07AM

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

*Sunrise:* 5:12AM  
*Sunset:* 6:51PM

Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

**Bhuloka Day**

**2**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gatineau, Canada  
Sun 2 Sutra 3

Virchika Rasi: 25.41 Tithi 20  
278345478  
Creative Work Siddha Yoga  
Until 1:00PM  
Then Routine Work - Marana Yoga

**Gulika** 10:18AM – 12:01PM  
Yama 6:53AM – 8:35AM  
**Rahu** 12:01PM – 1:44PM

**Jyeshtha\*** Until 1:00PM  
Parigha\* Until 11:47PM  
Kaulava Until 2:01PM  
**Panchami** Until 12:40AM Thu

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

*Sunrise:* 5:10AM  
*Sunset:* 6:52PM

Subhakrit 5124  
Moon 4 - Phase 1 - 2 1st Phase

**Bhuloka Day**

**3**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Gatineau, Canada  
Sun 3 Sutra 4

Dhanus Rasi: 10.08 Tithi 21  
288345478  
Creative Work Siddha Yoga

**Gulika** 8:34AM – 10:18AM  
Yama 5:08AM – 6:51AM  
**Rahu** 1:44PM – 3:27PM

**Mula\*** Until 11:19AM  
Shiva Until 8:39PM  
Gara Until 11:25AM  
**Shashthi\*** Until 10:11PM

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

*Sunrise:* 5:08AM  
*Sunset:* 6:53PM

Subhakrit 5124  
Moon 4 - Phase 1 - 3 1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Gatineau, Canada  
Sun 4 Sutra 5

Dhanus Rasi: 24.28 Tithi 22  
289345478  
Routine Work Prabalarishta Yoga  
Until 9:43AM  
Then Routine Work - Marana Yoga

**Gulika** 6:50AM – 8:34AM  
Yama 3:27PM – 5:11PM  
**Rahu** 10:17AM – 12:00PM

**Purvashadha\*** Until 9:43AM  
Siddha Until 5:42PM  
Visti Until 9:03AM  
**Saptami** Until 7:57PM

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

*Sunrise:* 5:07AM  
*Sunset:* 6:54PM

Subhakrit 5124  
Moon 4 - Phase 1 - 4 1st Phase

**Devaloka Day**

**●**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gatineau, Canada  
Sun 5 Sutra 6

Makara Rasi: 8.35 Tithi 23  
289345478  
Routine Work Marana Yoga  
Until 8:15AM  
Then Creative Work - Siddha Yoga

**Gulika** 5:05AM – 6:49AM  
Yama 1:44PM – 3:28PM  
**Rahu** 8:33AM – 10:16AM

**Uttarashadha** Until 8:15AM  
Sadhya Until 3:00PM  
Balava Until 6:58AM  
**Ashtami\*** Until 6:02PM

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

*Sunrise:* 5:05AM  
*Sunset:* 6:55PM

Subhakrit 5124  
Moon 4 - Phase 1 - 5 Ashtami

**Devaloka Day**

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gatineau, Canada  
Sun 6 Sutra 7

Makara Rasi: 22.31 Tithi 24 – 25  
299345479  
Creative Work Amrita Yoga  
Until 7:24AM  
Then Routine Work - Marana Yoga

**Gulika** 3:28PM – 5:13PM  
Yama 12:00PM – 1:44PM  
**Rahu** 5:13PM – 6:57PM

**Shravana** Until 7:24AM  
Subha Until 12:35PM  
Vanija Until 3:47AM Mon  
**Navami\*** Until 4:26PM

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Clear  
Moon – Purple  
Chaitra+Chaitra

*Sunrise:* 5:03AM  
*Sunset:* 6:57PM

Subhakrit 5124  
Moon 4 - Phase 1 - 6 Navami

**Devaloka Day**

<b>Monday, April 25, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Gatineau, Canada
<b>1</b>						Sun 7 Sutra 8
Kumbha Rasi: 6.14	Tithi 25 – 26	<b>Gulika</b> 1:44PM – 3:29PM	<b>Dhanishtha</b> Until 6:45AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Subhakrit 5124
Family Home Evening	299345479	<b>Yama</b> 10:15AM – 12:00PM	<b>Sukla</b> Until 10:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 2 - 7
Creative Work	Siddha Yoga	<b>Rahu</b> 6:46AM – 8:31AM	<b>Bava</b> Until 2:45AM Tue	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 3:12PM	<b>Chaitra+Chaitra</b>		<b>Devaloka Day</b>

<b>Tuesday, April 26, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada
<b>2</b>						Sun 8 Sutra 9
Kumbha Rasi: 19.43	Tithi 26 – 27	<b>Gulika</b> 12:00PM – 1:45PM	<b>Shatabhishak</b> Until 6:19AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:00AM	Subhakrit 5124
	299345479	<b>Yama</b> 8:30AM – 10:15AM	<b>Brahma</b> Until 8:36AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2 - 8
Routine Work	Marana Yoga	<b>Rahu</b> 3:29PM – 5:14PM	<b>Kaulava</b> Until 2:07AM Wed	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 2:21PM	<b>Chaitra+Chaitra</b>		<b>Devaloka Day</b>

<b>Wednesday, April 27, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhrili Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada
<b>3</b>						Sun 9 Sutra 10
Meena Rasi: 2.59	Tithi 27 – 28	<b>Gulika</b> 10:14AM – 12:00PM	<b>Purvaproshtapada*</b> Until 6:36AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:59AM	Subhakrit 5124
	219345479	<b>Yama</b> 6:44AM – 8:29AM	<b>Indra</b> Until 7:07AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2 - 9
Creative Work	Amrita Yoga	<b>Rahu</b> 12:00PM – 1:45PM	<b>Gara</b> Until 1:54AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Until 6:36AM			<b>Dvadashi*</b> Until 1:56PM	<b>Chaitra+Chaitra</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>Thursday, April 28, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha Yoga Vanija/Visti Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada
<b>4</b>						Sun 10 Sutra 11
Meena Rasi: 16.02	Tithi 28 – 29	<b>Gulika</b> 8:28AM – 10:14AM	<b>Uttaraproshtapada</b> Until 7:10AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
	219445479	<b>Yama</b> 4:57AM – 6:43AM	<b>Vishkambha*</b> Until 5:11AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2 - 10
Creative Work	Siddha Yoga	<b>Rahu</b> 1:45PM – 3:30PM	<b>Visti</b> Until 2:10AM Fri	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 1:57PM	<b>Chaitra+Chaitra</b>		<b>Bhuloka Day</b>
						<b>Devaloka Time: 6:PM to 9:PM</b>

<b>Friday, April 29, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Titau				Gatineau, Canada
<b>Retreat Star</b>						Sun 11 Sutra 12
Meena Rasi: 28.5	Tithi 29 – 30	<b>Gulika</b> 6:42AM – 8:28AM	<b>Revati</b> Until 8:02AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:56AM	Subhakrit 5124
	211445479	<b>Yama</b> 3:31PM – 5:17PM	<b>Priti</b> Until 4:48AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 2 - 11
Creative Work	Siddha Yoga	<b>Rahu</b> 10:13AM – 11:59AM	<b>Catuspada</b> Until 2:55AM Sat	<b>Nataraja:</b> Clear		Amavasya
Until 8:02AM			<b>Chaturdashi*</b> Until 2:27PM	<b>Chaitra+Chaitra</b>		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga						<b>Devaloka Time: 6:PM to 9:PM</b>

<b>Saturday, April 30, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga/Kintughna Karana Amavasya/Prathamayam Titau				Gatineau, Canada
<b>Retreat Star</b>						Sun 12 Sutra 13
Mesha Rasi: 11.25	Tithi 30 – 1	<b>Gulika</b> 4:54AM – 6:41AM	<b>Ashvini</b> Until 9:41AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:54AM	Subhakrit 5124
	221445479	<b>Yama</b> 1:45PM – 3:32PM	<b>Ayushman</b> Until 4:46AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2 - 12
Creative Work	Siddha Yoga	<b>Rahu</b> 8:27AM – 10:13AM	<b>Kintughna</b> Until 4:10AM Sun	<b>Nataraja:</b> Clear		Prathama
			<b>Amavasya*</b> Until 3:27PM	<b>Chaitra+Chaitra</b>		<b>Bhuloka Day</b>
						<b>Devaloka Time: 6:PM to 9:PM</b>

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1 Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Gatineau, Canada Sun 13 Sutra 14
Mesha Rasi: 23.46	Tithi 1 – 2	<b>Gulika</b> 3:32PM – 5:19PM	<b>Bharani Until 11:40AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:53AM		Subhakrit 5124
		Yama 11:59AM – 1:46PM	Saubhagya Until 5:07AM Mon	<b>Muruqa:</b> White <i>Sunset:</i> 7:05PM		Moon 4 - Phase 3 - 13
		221445479 <b>Rahu</b> 5:19PM – 7:05PM	Balava Until 5:52AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 4:56PM</b>	Moon – White	<b>Bhuloka Day</b>	
Until 11:40AM				Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga						
<b>2 Monday, May 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau				Gatineau, Canada Sun 14 Sutra 15
Wrishabha Rasi: 5.56	Tithi 2	<b>Gulika</b> 1:46PM – 3:33PM	<b>Krittika Until 1:55PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:51AM		Subhakrit 5124
<b>Family Home Evening</b>		Yama 10:12AM – 11:59AM	Sobhana Until 5:47AM Tue	<b>Muruqa:</b> White <i>Sunset:</i> 7:06PM		Moon 4 - Phase 3 - 14
Routine Work	Marana Yoga	221445479 <b>Rahu</b> 6:38AM – 8:25AM	Kaulava Until 6:51PM	<b>Nataraja:</b> Clear		3rd Phase
Until 1:55PM			<b>Dvitiya Until 6:51PM</b>	Moon – White	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
<b>3 Tuesday, May 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau				Gatineau, Canada Sun 15 Sutra 16
Wrishabha Rasi: 17.56	Tithi 3	<b>Gulika</b> 11:59AM – 1:46PM	<b>Rohini Until 4:50PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:50AM		Subhakrit 5124
		Yama 8:24AM – 10:12AM	Athiganda* Until 6:38AM Wed	<b>Muruqa:</b> White <i>Sunset:</i> 7:08PM		Moon 4 - Phase 3 - 15
		231445479 <b>Rahu</b> 3:33PM – 5:20PM	Taitila Until 7:58AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 9:06PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Until 4:50PM		<b>Akshaya Tritiya</b>		Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga						
<b>4 Wednesday, May 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthayam Titau				Gatineau, Canada Sun 16 Sutra 17
Wrishabha Rasi: 29.5	Tithi 4	<b>Gulika</b> 10:11AM – 11:59AM	<b>Mrigashira Until 7:48PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:49AM		Subhakrit 5124
		Yama 6:36AM – 8:24AM	Athiganda* Until 6:38AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:09PM		Moon 4 - Phase 3 - 16
		231445479 <b>Rahu</b> 11:59AM – 1:46PM	Vanija Until 10:21AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:34PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
				Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
<b>5 Thursday, May 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Gatineau, Canada Sun 17 Sutra 18
Mithuna Rasi: 11.41	Tithi 5	<b>Gulika</b> 8:23AM – 10:11AM	<b>Ardra Until 10:40PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:47AM		Subhakrit 5124
		Yama 4:47AM – 6:35AM	Sukarma Until 7:37AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:10PM		Moon 4 - Phase 3 - 17
		231445479 <b>Rahu</b> 1:46PM – 3:34PM	Bava Until 12:51PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 2:04AM Fri</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Until 10:40PM				Vaisaka*Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga						
<b>6 Friday, May 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Gatineau, Canada Sun 18 Sutra 19
Mithuna Rasi: 23.31	Tithi 6	<b>Gulika</b> 6:34AM – 8:22AM	<b>Punarvasu Until 1:46AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:46AM		Subhakrit 5124
		Yama 3:35PM – 5:23PM	Dhriti Until 8:36AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:11PM		Moon 4 - Phase 3 - 18
		241445479 <b>Rahu</b> 10:10AM – 11:58AM	Kaulava Until 3:18PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 4:26AM Sat</b>	Moon – Blue	<b>Devaloka Day</b>	
				Vaisaka*Chaitra		
<b>Saturday, May 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Gatineau, Canada Sun 19 Sutra 20
<b>Retreat Star</b>		<b>Gulika</b> 4:45AM – 6:33AM	<b>Pushya Until 4:25AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:45AM		Subhakrit 5124
Kataka Rasi: 5.26	Tithi 7	Yama 1:47PM – 3:35PM	Shula* Until 9:26AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:12PM		Moon 4 - Phase 3 - 19
		241445479 <b>Rahu</b> 8:21AM – 10:10AM	Gara Until 5:31PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:28AM Sun</b>	Moon – Blue	<b>Devaloka Day</b>	
				Vaisaka*Chaitra		
<b>Sunday, May 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Gatineau, Canada Sun 20 Sutra 21
<b>Retreat Star</b>		<b>Gulika</b> 3:36PM – 5:25PM	<b>Ashlesha* Until 6:25AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:43AM		Subhakrit 5124
Kataka Rasi: 17.28	Tithi 7 – 8	Yama 11:58AM – 1:47PM	Ganda* Until 10:00AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:14PM		Moon 4 - Phase 3 - 20
		241445479 <b>Rahu</b> 5:25PM – 7:14PM	Visti Until 7:20PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 6:28AM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 6:25AM Mon		<b>Mother's Day</b>		Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						
<b>Monday, May 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gatineau, Canada Sun 21 Sutra 22
<b>Retreat Star</b>		<b>Gulika</b> 1:47PM – 3:36PM	<b>Ashlesha* Until 6:25AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:42AM		Subhakrit 5124
Kataka Rasi: 29.41	Tithi 8 – 9	Yama 10:09AM – 11:58AM	Vridhhi Until 10:11AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:15PM		Moon 4 - Phase 3 - 21
<b>Family Home Evening</b>		241445479 <b>Rahu</b> 6:31AM – 8:20AM	Balava Until 8:33PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:00AM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 6:25AM				Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>	<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Gatineau, Canada
	Simha Rasi: 12.12	Tithi 9 – 10	<b>Gulika</b> 11:58AM – 1:48PM	<b>Magha* Until 8:08AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Sun 22 Sutra 23
			Yama 8:19AM – 10:09AM	Dhruva Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:16PM	Subhakrit 5124
	Creative Work	Siddha Yoga	252445479 <b>Rahu</b> 3:37PM – 5:26PM	Taitila Until 9:04PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 4 - 22 4th Phase
			<b>Navami* Until 8:53AM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>2</b>	<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Gatineau, Canada
	Simha Rasi: 25.03	Tithi 10 – 11	<b>Gulika</b> 10:09AM – 11:58AM	<b>Purvaphalguni Until 8:57AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM	Sun 23 Sutra 24
			Yama 6:29AM – 8:19AM	Vyaghata* Until 8:53AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:17PM	Subhakrit 5124
	Creative Work	Amrita Yoga	252445479 <b>Rahu</b> 11:58AM – 1:48PM	Vanija Until 8:49PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 4 - 23 4th Phase
			<b>Dashami Until 9:01AM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>3</b>	<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada
	Kanya Rasi: 8.18	Tithi 11 – 12	<b>Gulika</b> 8:18AM – 10:08AM	<b>Uttaraphalguni Until 8:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM	Sun 24 Sutra 25
			Yama 4:38AM – 6:28AM	Harshana Until 7:21AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:18PM	Subhakrit 5124
		Amrita Yoga	252445479 <b>Rahu</b> 1:48PM – 3:38PM	Bava Until 7:47PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 4 - 24 4th Phase
Until 8:51AM			<b>Ekadashi Until 8:23AM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

<b>4</b>	<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada
	Kanya Rasi: 21.59	Tithi 12 – 13	<b>Gulika</b> 6:27AM – 8:18AM	<b>Hasta Until 8:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:37AM	Sun 25 Sutra 26
			Yama 3:39PM – 5:29PM	Siddhi Until 2:28AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:19PM	Subhakrit 5124
	Creative Work	Amrita Yoga	262445479 <b>Rahu</b> 10:08AM – 11:58AM	Kaulava Until 6:02PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 4 - 25 4th Phase
Until 8:19AM			<b>Dvadashi Until 6:58AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Gatineau, Canada
	Tula Rasi: 6.05	Tithi 14	<b>Gulika</b> 4:36AM – 6:26AM	<b>Chitra Until 6:58AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:36AM	Sun 26 Sutra 27
			Yama 1:49PM – 3:39PM	Vyatipata* Until 11:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:20PM	Subhakrit 5124
	Routine Work	Marana Yoga	262445479 <b>Rahu</b> 8:17AM – 10:08AM	Gara Until 3:40PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 4 - 26 4th Phase
Until 6:58AM			<b>Chaturdashi* Until 2:16AM Sun</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			

	<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti/Bava Karana Purnimayam Titau				Gatineau, Canada
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:40PM – 5:31PM	<b>Vishakha Until 2:47AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM	Sun 27 Sutra 28
	Tula Rasi: 20.33	Tithi 15	Yama 11:58AM – 1:49PM	Variyan Until 7:46PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:22PM	Subhakrit 5124
			272445479 <b>Rahu</b> 5:31PM – 7:22PM	Visti Until 12:49PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 4 - 27 Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 11:14PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 2:47AM Mon				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

<b>Monday, May 16, 2022</b>	<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Gatineau, Canada
	<b>Family Home Evening</b>		<b>Gulika</b> 1:49PM – 3:40PM	<b>Anuradha Until 12:15AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM	Sun 29 Sutra 29
	Vrischika Rasi: 5.19	Tithi 16	Yama 10:07AM – 11:58AM	Parigha* Until 4:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:23PM	Subhakrit 5124
			272445479 <b>Rahu</b> 6:25AM – 8:16AM	Balava Until 9:37AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 4 - Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 7:56PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 12:15AM Tue				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

l times are standard time. Calculated for Gatineau, Canada on 5/1/

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**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Gatineau, Canada  
Sun 1 Sutra 30

Vrischika Rasi: 20.14 Tithi 17 - 18

272445479

**Gulika** 11:58AM - 1:50PM  
Yama 8:15AM - 10:07AM  
**Rahu** 3:41PM - 5:32PM

**Jyeshtha\* Until 9:31PM**

Shiva Until 12:07PM

Taitila Until 6:14AM

**Dvitiya Until 4:31PM**

**Ganesha:** Yellow *Sunrise:* 4:33AM

**Muruqa:** White *Sunset:* 7:24PM

**Nataraja:** Clear

Moon - Orange

Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga

Until 9:31PM

Then Creative Work - Amrita Yoga

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Gatineau, Canada  
Sun 2 Sutra 31

Dhanus Rasi: 5.11 Tithi 18 - 19

282445479

**Gulika** 10:07AM - 11:58AM  
Yama 6:23AM - 8:15AM  
**Rahu** 11:58AM - 1:50PM

**Mula\* Until 7:07PM**

Siddha Until 8:13AM

Bava Until 11:30PM

**Tritiya Until 1:08PM**

**Ganesha:** Blue *Sunrise:* 4:32AM

**Muruqa:** White *Sunset:* 7:25PM

**Nataraja:** Clear

Moon - Light Blue

Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Amrita Yoga

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gatineau, Canada  
Sun 3 Sutra 32

Dhanus Rasi: 20.02 Tithi 19 - 20

282445479

**Gulika** 8:14AM - 10:06AM  
Yama 4:31AM - 6:23AM  
**Rahu** 1:50PM - 3:42PM

**Purvashadha\* Until 4:47PM**

Subha Until 12:55AM Fri

Kaulava Until 8:26PM

**Chaturthi\* Until 9:55AM**

**Ganesha:** Blue *Sunrise:* 4:31AM

**Muruqa:** White *Sunset:* 7:26PM

**Nataraja:** Clear

Moon - Light Blue

Vaisaka-Vaikasi

**Sivaloka Day**

Creative Work Siddha Yoga

Until 4:47PM

Then Routine Work - Marana Yoga

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Gatineau, Canada  
Sun 4 Sutra 33

Makara Rasi: 4.41 Tithi 20 - 21

282445479

**Gulika** 6:22AM - 8:14AM  
Yama 3:43PM - 5:35PM  
**Rahu** 10:06AM - 11:58AM

**Uttarashadha Until 2:40PM**

Sukla Until 9:41PM

Vanija Until 4:31AM Sat

**Panchami Until 7:01AM**

**Ganesha:** Blue *Sunrise:* 4:30AM

**Muruqa:** White *Sunset:* 7:27PM

**Nataraja:** Clear

Moon - Light Blue

Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti\*/Bava Karana Saphtamyam Titau

Gatineau, Canada  
Sun 5 Sutra 34

Makara Rasi: 19.02 Tithi 22

292445479

**Gulika** 4:29AM - 6:21AM  
Yama 1:51PM - 3:43PM  
**Rahu** 8:14AM - 10:06AM

**Shravana Until 1:17PM**

Brahma Until 6:51PM

Visti Until 3:28PM

**Saphtami Until 2:31AM Sun**

**Ganesha:** Red *Sunrise:* 4:29AM

**Muruqa:** White *Sunset:* 7:28PM

**Nataraja:** Clear

Moon - Purple

Vaisaka-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

**5**

**Sunday, May 22, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gatineau, Canada  
Sun 6 Sutra 35

Kumbha Rasi: 3.02 Tithi 23

292445479

**Gulika** 3:44PM - 5:36PM  
Yama 11:58AM - 1:51PM  
**Rahu** 5:36PM - 7:29PM

**Dhanishtha Until 12:17PM**

Indra Until 4:29PM

Balava Until 1:45PM

**Ashtami\* Until 1:06AM Mon**

**Ganesha:** Red *Sunrise:* 4:28AM

**Muruqa:** White *Sunset:* 7:29PM

**Nataraja:** Clear

Moon - Purple

Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga

Until 12:17PM

Then Creative Work - Siddha Yoga

**Monday, May 23, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak\*/Purvaprosithapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Gatineau, Canada  
Sun 7 Sutra 36

Kumbha Rasi: 16.42 Tithi 24

293545479

**Gulika** 1:51PM - 3:44PM  
Yama 10:06AM - 11:59AM  
**Rahu** 6:20AM - 8:13AM

**Shatabhishak Until 11:43AM**

Vaidhriti\* Until 2:34PM

Taitila Until 12:38PM

**Navami\* Until 12:16AM Tue**

**Ganesha:** Red *Sunrise:* 4:27AM

**Muruqa:** White *Sunset:* 7:30PM

**Nataraja:** Clear

Moon - Purple

Vaisaka-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:43AM

Then Routine Work - Marana Yoga

<b>1</b>		<b>Tuesday, May 24, 2022</b>				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti Karana Dashamyam Titau		Gatineau, Canada Sun 8 Sutra 37	
Meena Rasi: 0.01	Tithi 25	<b>Gulika</b>	<b>11:59AM – 1:52PM</b>	<b>Purvaproshtapada* Until 12:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:26AM	Subhakra 5124		
		Yama	8:12AM – 10:05AM	Vishkambha* Until 1:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 6 - 8		
		213545479 <b>Rahu</b>	3:45PM – 5:38PM	Vanija Until 12:06PM	<b>Nataraja:</b> Clear		2nd Phase		
Routine Work	Marana Yoga			<b>Dashami Until 12:02AM Wed</b>	Moon – Clear		<b>Devaloka Day</b>		
Until 12:03PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Wednesday, May 25, 2022</b>				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Gatineau, Canada Sun 9 Sutra 38	
Meena Rasi: 13.01	Tithi 26	<b>Gulika</b>	<b>10:05AM – 11:59AM</b>	<b>Uttaraproshtapada Until 12:48PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:25AM	Subhakra 5124		
		Yama	6:19AM – 8:12AM	Priti Until 12:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 6 - 9		
		313545479 <b>Rahu</b>	11:59AM – 1:52PM	Bava Until 12:10PM	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Siddha Yoga			<b>Ekadashi* Until 12:23AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 12:48PM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Thursday, May 26, 2022</b>				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tatila Karana Dvadashyam Titau		Gatineau, Canada Sun 10 Sutra 39	
Meena Rasi: 25.45	Tithi 27	<b>Gulika</b>	<b>8:12AM – 10:05AM</b>	<b>Revati Until 1:57PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:25AM	Subhakra 5124		
		Yama	4:25AM – 6:18AM	Ayushman Until 11:42AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 6 - 10		
		313545479 <b>Rahu</b>	1:52PM – 3:46PM	Kaulava Until 12:47PM	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Siddha Yoga			<b>Dvadashi* Until 1:17AM Fri</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 1:57PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Friday, May 27, 2022</b>				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Gatineau, Canada Sun 11 Sutra 40	
Mesha Rasi: 8.14	Tithi 28	<b>Gulika</b>	<b>6:18AM – 8:11AM</b>	<b>Ashvini Until 3:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:24AM	Subhakra 5124		
		Yama	3:46PM – 5:40PM	Saubhagya Until 11:35AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 6 - 11		
		323545479 <b>Rahu</b>	10:05AM – 11:59AM	Gara Until 1:55PM	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Amrita Yoga			<b>Trayodashi* Until 2:39AM Sat</b>	Moon – White		<b>Devaloka Day</b>		
Until 3:54PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Saturday, May 28, 2022</b>				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Gatineau, Canada Sun 12 Sutra 41	
Mesha Rasi: 20.31	Tithi 29	<b>Gulika</b>	<b>4:23AM – 6:17AM</b>	<b>Bharani Until 6:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM	Subhakra 5124		
		Yama	1:53PM – 3:47PM	Sobhana Until 11:51AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 6 - 12		
		323545479 <b>Rahu</b>	8:11AM – 10:05AM	Visti Until 3:30PM	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 4:25AM Sun</b>	Moon – White		<b>Devaloka Day</b>		
Until 6:08PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

<b>Retreat Star</b>		<b>Sunday, May 29, 2022</b>				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Gatineau, Canada Sun 13 Sutra 42	
Vrishabha Rasi: 2.38	Tithi 30	<b>Gulika</b>	<b>3:47PM – 5:42PM</b>	<b>Krittika Until 8:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:22AM	Subhakra 5124		
		Yama	11:59AM – 1:53PM	Athiganda* Until 12:22PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 6 - 13		
		323545479 <b>Rahu</b>	5:42PM – 7:36PM	Catuspada Until 5:28PM	<b>Nataraja:</b> Clear		Amavasya		
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:32AM Mon</b>	Moon – White		<b>Devaloka Day</b>		
					Vaisaka-Vaikasi				

<b>Retreat Star</b>		<b>Monday, May 30, 2022</b>				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Gatineau, Canada Sun 14 Sutra 43	
Vrishabha Rasi: 14.37	Tithi 30 – 1	<b>Gulika</b>	<b>1:54PM – 3:48PM</b>	<b>Rohini Until 11:33PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:22AM	Subhakra 5124		
<b>Family Home Evening</b>		Yama	10:05AM – 11:59AM	Sukarma Until 1:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 6 - 14		
		333545479 <b>Rahu</b>	6:16AM – 8:11AM	Kintughna Until 7:42PM	<b>Nataraja:</b> Clear		Prathama		
Creative Work	Amrita Yoga			<b>Amavasya* Until 6:32AM</b>	Moon – Yellow		<b>Devaloka Day</b>		
					Jyeshtha-Vaikasi				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>		<b>Tuesday, May 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Gatineau, Canada Sun 15 Sutra 44	
Vrishabha Rasi: 26.31 Tithi 1 – 2		333545479		<b>Gulika</b> 11:59AM – 1:54PM Yama 8:10AM – 10:05AM <b>Rahu</b> 3:48PM – 5:43PM	<b>Mrigashira Until 2:33AM Wed</b> Dhriti Until 2:06PM Balava Until 10:07PM <b>Prathama* Until 8:52AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:21AM <b>Muruqa:</b> White <i>Sunset:</i> 7:37PM <b>Nataraja:</b> Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 15 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							
<b>2</b>		<b>Wednesday, June 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Gatineau, Canada Sun 16 Sutra 45	
Mithuna Rasi: 8.22 Tithi 2 – 3		333545479		<b>Gulika</b> 10:05AM – 12:00PM Yama 6:15AM – 8:10AM <b>Rahu</b> 12:00PM – 1:54PM	<b>Ardra Until 5:25AM Thu</b> Shula* Until 3:05PM Taitila Until 12:36AM Thu <b>Dvitiya Until 11:20AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:21AM <b>Muruqa:</b> White <i>Sunset:</i> 7:38PM <b>Nataraja:</b> Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 16 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 5:25AM Thu Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Thursday, June 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Gatineau, Canada Sun 17 Sutra 46	
Mithuna Rasi: 20.11 Tithi 3 – 4		343555479		<b>Gulika</b> 8:10AM – 10:05AM Yama 4:20AM – 6:15AM <b>Rahu</b> 1:55PM – 3:49PM	<b>Punarvasu Until 8:35AM Fri</b> Ganda* Until 4:06PM Vanija Until 3:03AM Fri <b>Tritiya Until 1:49PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:20AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:39PM <b>Nataraja:</b> Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 17 3rd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 8:35AM Fri Then Routine Work - Marana Yoga							
<b>4</b>		<b>Friday, June 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Gatineau, Canada Sun 18 Sutra 47	
Kataka Rasi: 2.02 Tithi 4 – 5		343555479		<b>Gulika</b> 6:15AM – 8:10AM Yama 3:50PM – 5:45PM <b>Rahu</b> 10:05AM – 12:00PM	<b>Punarvasu Until 8:35AM</b> Vridhi Until 5:03PM Bava Until 5:20AM Sat <b>Chaturthi* Until 4:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:20AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:40PM <b>Nataraja:</b> Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 18 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 8:35AM Then Routine Work - Marana Yoga							
<b>5</b>		<b>Saturday, June 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau		Gatineau, Canada Sun 19 Sutra 48	
Kataka Rasi: 13.58 Tithi 5		343555479		<b>Gulika</b> 4:19AM – 6:14AM Yama 1:55PM – 3:50PM <b>Rahu</b> 8:10AM – 10:05AM	<b>Pushya Until 11:23AM</b> Dhruva Until 5:47PM Balava Until 6:21PM <b>Panchami Until 6:21PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:19AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 19 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 11:23AM Then Routine Work - Marana Yoga							
<b>6</b>		<b>Sunday, June 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Gatineau, Canada Sun 20 Sutra 49	
Kataka Rasi: 26.01 Tithi 6		343555471		<b>Gulika</b> 3:51PM – 5:46PM Yama 12:00PM – 1:55PM <b>Rahu</b> 5:46PM – 7:41PM	<b>Ashlesha* Until 1:42PM</b> Vyaghata* Until 6:15PM Kaulava Until 7:19AM <b>Shashthi* Until 8:08PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:19AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:41PM <b>Nataraja:</b> Yellow Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 20 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 1:42PM Then Routine Work - Marana Yoga							
<b>Monday, June 6, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Gatineau, Canada Sun 21 Sutra 50	
Simha Rasi: 8.13 Tithi 7		354555471		<b>Gulika</b> 1:56PM – 3:51PM Yama 10:05AM – 12:00PM <b>Rahu</b> 6:14AM – 8:09AM	<b>Magha* Until 3:53PM</b> Harshana Until 6:21PM Gara Until 8:51AM <b>Saptami Until 9:23PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:42PM <b>Nataraja:</b> Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 21 3rd Phase <b>Devaloka Day</b>
Family Home Evening Routine Work Marana Yoga Until 3:53PM Then Creative Work - Siddha Yoga							
<b>Tuesday, June 7, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Gatineau, Canada Sun 22 Sutra 51	
Simha Rasi: 20.41 Tithi 8		354555471		<b>Gulika</b> 12:00PM – 1:56PM Yama 8:09AM – 10:05AM <b>Rahu</b> 3:52PM – 5:47PM	<b>Purvaphalguni Until 5:18PM</b> Vajra* Until 5:55PM Visti Until 9:48AM <b>Ashtami* Until 10:00PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:43PM <b>Nataraja:</b> Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 22 Ashtami <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 5:18PM Then Creative Work - Amrita Yoga							
<b>Wednesday, June 8, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatlipata* Yoga Balava/Kaulava Karana Navamyam Titau		Gatineau, Canada Sun 23 Sutra 52	
Kanya Rasi: 3.28 Tithi 9		354555471		<b>Gulika</b> 10:05AM – 12:01PM Yama 6:14AM – 8:09AM <b>Rahu</b> 12:01PM – 1:56PM	<b>Uttaraphalguni Until 5:51PM</b> Siddhi Until 4:55PM Balava Until 10:03AM <b>Navami* Until 9:51PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:43PM <b>Nataraja:</b> Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 23 Navami <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 5:51PM Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

l times are standard time. Calculated for Gatineau, Canada on 5/1/

www.gurudeva.org/panchang


<b>1</b>	<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Gatineau, Canada Sun 24
	Kanya Rasi: 16.37	Tithi 10	<b>Gulika</b> 8:09AM – 10:05AM	<b>Hasta</b> <b>Until 5:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:18AM	Subhakrit 5124
		364555471	Yama 4:18AM – 6:13AM	Vyatipata* <b>Until 3:19PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:44PM	Moon 5 - Phase 8 - 24
			<b>Rahu</b> 1:57PM – 3:52PM	Taitila <b>Until 9:31AM</b>	<b>Nataraja:</b> Yellow		4th Phase
Routine Work	Marana Yoga			<b>Dashami</b> <b>Until 8:56PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 5:55PM					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Gatineau, Canada Sun 25
	Tula Rasi: 0.13	Tithi 11	<b>Gulika</b> 6:13AM – 8:09AM	<b>Chitra</b> <b>Until 5:05PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:17AM	Subhakrit 5124
		364555471	Yama 3:53PM – 5:49PM	Variyan <b>Until 1:03PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 8 - 25
			<b>Rahu</b> 10:05AM – 12:01PM	Vanija <b>Until 8:12AM</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi</b> <b>Until 7:14PM</b>	Moon – Green	<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 26
	Tula Rasi: 14.17	Tithi 12 – 13	<b>Gulika</b> 4:17AM – 6:13AM	<b>Svati</b> <b>Until 3:24PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:17AM	Subhakrit 5124
		364555471	Yama 1:57PM – 3:53PM	Parigha* <b>Until 10:13AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 8 - 26
			<b>Rahu</b> 8:09AM – 10:05AM	Bava <b>Until 6:08AM</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			<b>Dvadashi</b> <b>Until 4:51PM</b>	Moon – Green	<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata*

<b>4</b>	<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 27
	Tula Rasi: 28.46	Tithi 13 – 14	<b>Gulika</b> 3:54PM – 5:50PM	<b>Vishakha</b> <b>Until 1:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:17AM	Subhakrit 5124
		374555471	Yama 12:01PM – 1:58PM	Shiva <b>Until 6:53AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 8 - 27
			<b>Rahu</b> 5:50PM – 7:46PM	Gara <b>Until 12:15AM Mon</b>	<b>Nataraja:</b> Yellow		4th Phase
Routine Work	Marana Yoga			<b>Trayodashi</b> <b>Until 1:53PM</b>	Moon – Orange	<b>Devaloka Day</b>	
			<b>Vaikasi Visakam</b>		Jyeshtha-Vaikasi		

	<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Gatineau, Canada Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:58PM – 3:54PM	<b>Anuradha</b> <b>Until 10:50AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:17AM	Subhakrit 5124
Vrischika Rasi: 13.37	Tithi 14 – 15		Yama 10:05AM – 12:02PM	Sadhya <b>Until 11:06PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 8 -
<b>Family Home Evening</b>		374555471	<b>Rahu</b> 6:13AM – 8:09AM	Visti <b>Until 8:42PM</b>	<b>Nataraja:</b> Yellow		Purnima
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> <b>Until 10:30AM</b>	Moon – Orange	<b>Devaloka Day</b>	
					Jyeshtha-Vaikasi		

<b>5</b>	<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Gatineau, Canada Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:02PM – 1:58PM	<b>Jyeshtha*</b> <b>Until 7:52AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:17AM	Subhakrit 5124
Vrischika Rasi: 28.44	Tithi 15 – 16		Yama 8:09AM – 10:06AM	Subha <b>Until 6:57PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8 -
		374555471	<b>Rahu</b> 3:54PM – 5:51PM	Kaulava <b>Until 3:02AM Wed</b>	<b>Nataraja:</b> Yellow		Prathama
Routine Work	Marana Yoga			<b>Purnima*</b> <b>Until 6:49AM</b>	Moon – Orange	<b>Devaloka Day</b>	
Until 7:52AM					Jyeshtha-Vaikasi		
Then Creative Work - Amrita Yoga							





Wednesday, June 15, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Gatineau, Canada

Sutra 59

Subhakarit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 13.56 Tithi 17

384555471

**Gulika** 10:06AM – 12:02PM  
Yama 6:13AM – 8:09AM  
**Rahu** 12:02PM – 1:58PM

**Purvashadha\* Until 2:08AM Thu**  
Sukla Until 2:44PM  
Taitila Until 1:09PM  
**Dvitiya Until 11:17PM**

**Ganesha:** Blue *Sunrise:* 4:17AM  
**Muruqa:** Green *Sunset:* 7:47PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

1

Thursday, June 16, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Trityayam Titau

Gatineau, Canada

Sun 1 Sutra 60

Subhakarit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.05 Tithi 18

384555471

**Gulika** 8:10AM – 10:06AM  
Yama 4:17AM – 6:13AM  
**Rahu** 1:59PM – 3:55PM

**Uttarashadha Until 11:21PM**  
Brahma Until 10:40AM  
Vanija Until 9:30AM  
**Tritiya Until 7:45PM**

**Ganesha:** Blue *Sunrise:* 4:17AM  
**Muruqa:** Green *Sunset:* 7:48PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

2

Friday, June 17, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gatineau, Canada

Sun 2 Sutra 61

Subhakarit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.01 Tithi 19 – 20

394555471

**Gulika** 6:13AM – 8:10AM  
Yama 3:55PM – 5:52PM  
**Rahu** 10:06AM – 12:02PM

**Shravana Until 9:13PM**  
Indra Until 6:51AM  
Bava Until 6:07AM  
**Chaturthi\* Until 4:34PM**

**Ganesha:** Red *Sunrise:* 4:17AM  
**Muruqa:** Green *Sunset:* 7:48PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

3

Saturday, June 18, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gatineau, Canada

Sun 3 Sutra 62

Subhakarit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 28.37 Tithi 20 – 21

394655471

**Gulika** 4:17AM – 6:13AM  
Yama 1:59PM – 3:55PM  
**Rahu** 8:10AM – 10:06AM

**Dhanishtha Until 7:29PM**  
Vishkambha\* Until 12:24AM Sun  
Gara Until 12:49AM Sun  
**Panchami Until 1:54PM**

**Ganesha:** Blue *Sunrise:* 4:17AM  
**Muruqa:** Green *Sunset:* 7:48PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

4

Sunday, June 19, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gatineau, Canada

Sun 4 Sutra 63

Subhakarit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

**Gulika** 3:56PM – 5:52PM  
Yama 12:03PM – 1:59PM  
**Rahu** 5:52PM – 7:49PM

**Shatabhishak Until 6:16PM**  
Priti Until 10:00PM  
Visti Until 11:08PM  
**Shashthi\* Until 11:52AM**

**Ganesha:** Red *Sunrise:* 4:17AM  
**Muruqa:** Green *Sunset:* 7:49PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Siddha Yoga

Father's Day

D

Monday, June 20, 2022

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gatineau, Canada

Sun 5 Sutra 64

Subhakarit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

**Gulika** 2:00PM – 3:56PM  
Yama 10:07AM – 12:03PM  
**Rahu** 6:14AM – 8:10AM

**Purvaproshtapada\* Until 6:05PM**  
Ayushman Until 8:10PM  
Balava Until 10:12PM  
**Saptami Until 10:33AM**

**Ganesha:** Clear *Sunrise:* 4:17AM  
**Muruqa:** Green *Sunset:* 7:49PM  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gatineau, Canada

Sun 6 Sutra 65

Subhakarit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 9.52 Tithi 23 – 24

315655471

**Gulika** 12:03PM – 2:00PM  
Yama 8:10AM – 10:07AM  
**Rahu** 3:56PM – 5:53PM

**Uttaraproshtapada Until 6:32PM**  
Saubhagya Until 6:59PM  
Taitila Until 10:03PM  
**Ashtami\* Until 10:01AM**

**Ganesha:** Clear *Sunrise:* 4:17AM  
**Muruqa:** Green *Sunset:* 7:49PM  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

l times are standard time. Calculated for Gatineau, Canada on 5/1/

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, June 22, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Gatineau, Canada Sun 7    Sutra 66
	Meena Rasi: 22.47	Tithi 24 – 25	<b>Gulika</b> 10:07AM – 12:03PM	<b>Revati Until 7:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:18AM	Subhakit 5124
			Yama 6:14AM – 8:11AM	Sobhana Until 6:24PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 10 - 7
	Routine Work	Marana Yoga	315655471 <b>Rahu</b> 12:03PM – 2:00PM	Vanija Until 10:38PM	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Navami* Until 10:14AM</b>	Moon – Clear		<b>Devaloka Day</b>	
				Jyeshtha-Ani			


<b>2</b>	<b>Thursday, June 23, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 8    Sutra 67
	Mesha Rasi: 5.2	Tithi 25 – 26	<b>Gulika</b> 8:11AM – 10:07AM	<b>Ashvini Until 9:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:18AM	Subhakit 5124
			Yama 4:18AM – 6:14AM	Athiganda* Until 6:19PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 10 - 8
	Creative Work	Amrita Yoga	325655471 <b>Rahu</b> 2:00PM – 3:57PM	Bava Until 11:53PM	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Dashami Until 11:10AM</b>	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	


<b>3</b>	<b>Friday, June 24, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 9    Sutra 68
	Mesha Rasi: 17.38	Tithi 26 – 27	<b>Gulika</b> 6:15AM – 8:11AM	<b>Bharani Until 11:52PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:18AM	Subhakit 5124
			Yama 3:57PM – 5:53PM	Sukarma Until 6:41PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 10 - 9
	Creative Work	Siddha Yoga	325655471 <b>Rahu</b> 10:07AM – 12:04PM	Kaulava Until 1:39AM Sat	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Ekadashi* Until 12:41PM</b>	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Saturday, June 25, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 10    Sutra 69
	Mesha Rasi: 29.44	Tithi 27 – 28	<b>Gulika</b> 4:19AM – 6:15AM	<b>Krittika Until 2:25AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:19AM	Subhakit 5124
			Yama 2:00PM – 3:57PM	Dhriti Until 7:23PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 10 - 10
	Creative Work	Amrita Yoga	325655471 <b>Rahu</b> 8:11AM – 10:08AM	Gara Until 3:48AM Sun	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Dvadashi* Until 2:40PM</b>	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, June 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 11    Sutra 70
	Vrishabha Rasi: 11.41	Tithi 28 – 29	<b>Gulika</b> 3:57PM – 5:53PM	<b>Rohini Until 5:33AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:19AM	Subhakit 5124
			Yama 12:04PM – 2:01PM	Shula* Until 8:17PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 10 - 11
	Creative Work	Siddha Yoga	335655471 <b>Rahu</b> 5:53PM – 7:50PM	Visti Until 6:11AM Mon	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Trayodashi* Until 4:57PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

<b>6</b>	<b>Monday, June 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Gatineau, Canada Sun 12    Sutra 71
	Vrishabha Rasi: 23.32	Tithi 29	<b>Gulika</b> 2:01PM – 3:57PM	<b>Mrigashira Until 8:37AM Tue</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:19AM	Subhakit 5124
	<b>Family Home Evening</b>		Yama 10:08AM – 12:05PM	Ganda* Until 9:18PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 10 - 12
	Creative Work	Amrita Yoga	335655471 <b>Rahu</b> 6:16AM – 8:12AM	Visti Until 6:11AM	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Chaturdashi* Until 7:25PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

	<b>Tuesday, June 28, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Gatineau, Canada Sun 13    Sutra 72
	<b>Retreat Star</b>		<b>Gulika</b> 12:05PM – 2:01PM	<b>Mrigashira Until 8:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:20AM	Subhakit 5124
	Mithuna Rasi: 5.22	Tithi 30	Yama 8:12AM – 10:08AM	Vriddhi Until 10:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 10 - 13
	Creative Work	Siddha Yoga	336655471 <b>Rahu</b> 3:57PM – 5:53PM	Catuspada Until 8:41AM	<b>Nataraja:</b> Yellow		Amavasya
			<b>Amavasya* Until 9:55PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

	<b>Wednesday, June 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Gatineau, Canada Sun 14    Sutra 73
	<b>Retreat Star</b>		<b>Gulika</b> 10:09AM – 12:05PM	<b>Ardra Until 11:30AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:20AM	Subhakit 5124
	Mithuna Rasi: 17.11	Tithi 1	Yama 6:16AM – 8:13AM	Dhruva Until 11:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 10 - 14
	Creative Work	Siddha Yoga	336655471 <b>Rahu</b> 12:05PM – 2:01PM	Kintughna Until 11:10AM	<b>Nataraja:</b> Yellow		Prathama
			<b>Prathama* Until 12:22AM Thu</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

<b>1</b>	<b>Thursday, June 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Gatineau, Canada Sun 15 Sutra 74
	Mithuna Rasi: 29.03	Tithi 2	<b>Gulika</b> 8:13AM – 10:09AM	<b>Punarvasu</b> Until 2:38PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:21AM		Subhakrit 5124
			Yama 4:21AM – 6:17AM	Vyaghata* Until 12:16AM Fri	<b>Muruqa:</b> Green <i>Sunset:</i> 7:49PM		Moon 6 - Phase 11 - 15
	Creative Work	Amrita Yoga	346655471 <b>Rahu</b> 2:01PM – 3:57PM	Balava Until 1:34PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Dvitiya</b> Until 2:41AM Fri	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, July 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Gatineau, Canada Sun 16 Sutra 75
	Kataka Rasi: 10.58	Tithi 3	<b>Gulika</b> 6:17AM – 8:13AM	<b>Pushya</b> Until 5:26PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:21AM		Subhakrit 5124
			Yama 3:57PM – 5:53PM	Harshana Until 1:02AM Sat	<b>Muruqa:</b> Green <i>Sunset:</i> 7:49PM		Moon 6 - Phase 11 - 16
	Routine Work	Marana Yoga	346655471 <b>Rahu</b> 10:09AM – 12:05PM	Taitila Until 3:47PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Tritiya</b> Until 4:47AM Sat	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

<b>3</b>	<b>Saturday, July 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visiti* Karana Chaturthyam Titau				Gatineau, Canada Sun 17 Sutra 76
	Kataka Rasi: 22.57	Tithi 4	<b>Gulika</b> 4:22AM – 6:18AM	<b>Ashlesha*</b> Until 7:49PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:22AM		Subhakrit 5124
			Yama 2:01PM – 3:57PM	Vajra* Until 1:34AM Sun	<b>Muruqa:</b> Green <i>Sunset:</i> 7:49PM		Moon 6 - Phase 11 - 17
	Routine Work	Marana Yoga	346655471 <b>Rahu</b> 8:14AM – 10:10AM	Vanija Until 3:45PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Chaturthi*</b> Until 6:36AM Sun	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

<b>4</b>	<b>Sunday, July 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Gatineau, Canada Sun 18 Sutra 77
	Simha Rasi: 5.04	Tithi 4 – 5	<b>Gulika</b> 3:57PM – 5:53PM	<b>Magha*</b> Until 10:12PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:22AM		Subhakrit 5124
			Yama 12:06PM – 2:01PM	Siddhi Until 1:50AM Mon	<b>Muruqa:</b> Green <i>Sunset:</i> 7:49PM		Moon 6 - Phase 11 - 18
	Routine Work	Marana Yoga	356655471 <b>Rahu</b> 5:53PM – 7:49PM	Bava Until 7:23PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Chaturthi*</b> Until 6:36AM Sun	Moon – Red		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>5</b>	<b>Monday, July 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Gatineau, Canada Sun 19 Sutra 78
	Simha Rasi: 17.2	Tithi 5 – 6	<b>Gulika</b> 2:02PM – 3:57PM	<b>Purvaphalguni</b> Until 11:59PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:23AM		Subhakrit 5124
	Family Home Evening		Yama 10:10AM – 12:06PM	Vyatipata* Until 1:45AM Tue	<b>Muruqa:</b> Green <i>Sunset:</i> 7:49PM		Moon 6 - Phase 11 - 19
	Creative Work	Siddha Yoga	356655471 <b>Rahu</b> 6:19AM – 8:14AM	Kaulava Until 8:35PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Panchami</b> Until 8:02AM	Moon – Red		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>6</b>	<b>Tuesday, July 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau				Gatineau, Canada Sun 20 Sutra 79
	Simha Rasi: 29.48	Tithi 6 – 7	<b>Gulika</b> 12:06PM – 2:02PM	<b>Uttaraphalguni</b> Until 1:04AM Wed	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:24AM		Subhakrit 5124
			Yama 8:15AM – 10:10AM	Variyan Until 1:12AM Wed	<b>Muruqa:</b> Green <i>Sunset:</i> 7:48PM		Moon 6 - Phase 11 - 20
	Creative Work	Amrita Yoga	356655471 <b>Rahu</b> 3:57PM – 5:53PM	Gara Until 9:15PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Shashthi*</b> Until 8:58AM	Moon – Red		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>☾</b>	<b>Wednesday, July 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visiti* Karana Saplam/Ashtamyam Titau				Gatineau, Canada Sun 21 Sutra 80
	<b>Retreat Star</b>		<b>Gulika</b> 10:11AM – 12:06PM	<b>Hasta</b> Until 1:50AM Thu	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:24AM		Subhakrit 5124
	Kanya Rasi: 12.32	Tithi 7 – 8	Yama 6:20AM – 8:15AM	Parigha* Until 12:08AM Thu	<b>Muruqa:</b> Green <i>Sunset:</i> 7:48PM		Moon 6 - Phase 11 - 21
			467655471 <b>Rahu</b> 12:06PM – 2:02PM	Visiti Until 9:16PM	<b>Nataraja:</b> Yellow		Ashtami
			<b>Saptami</b> Until 9:19AM	Moon – Green		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>☽</b>	<b>Thursday, July 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gatineau, Canada Sun 22 Sutra 81
	<b>Retreat Star</b>		<b>Gulika</b> 8:16AM – 10:11AM	<b>Chitra</b> Until 1:43AM Fri	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:25AM		Subhakrit 5124
	Kanya Rasi: 25.37	Tithi 8 – 9	Yama 4:25AM – 6:20AM	Shiva Until 10:31PM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:48PM		Moon 6 - Phase 11 - 22
			467655471 <b>Rahu</b> 2:02PM – 3:57PM	Balava Until 8:33PM	<b>Nataraja:</b> Yellow		Navami
			<b>Ashtami*</b> Until 8:59AM	Moon – Green		<b>Devaloka Day</b>	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Friday, July 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Gatineau, Canada Sun 23 Sutra 82
Tula Rasi: 9.05	Tithi 9 – 10	<b>Gulika</b> 6:21AM – 8:16AM	<b>Svati Until 12:43AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:26AM	Subhakrit 5124
		Yama 3:57PM – 5:52PM	Siddha Until 8:16PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12 - 23
467655471		<b>Rahu</b> 10:11AM – 12:06PM	Taitila Until 7:07PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 7:55AM</b>	Moon – Green		<b>Devaloka Day</b>
				Ashada*Ani		

<b>2 Saturday, July 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 24 Sutra 83
Tula Rasi: 23	Tithi 10 – 11	<b>Gulika</b> 4:26AM – 6:21AM	<b>Vishakha Until 11:20PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Subhakrit 5124
		Yama 2:02PM – 3:57PM	Sadhya Until 5:27PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 12 - 24
477655471		<b>Rahu</b> 8:17AM – 10:12AM	Visti Until 3:39AM Sun	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 6:07AM</b>	Moon – Orange		<b>Bhuloka Day</b>
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

<b>3 Sunday, July 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Gatineau, Canada Sun 25 Sutra 84
Vrischika Rasi: 7.21	Tithi 12	<b>Gulika</b> 3:56PM – 5:51PM	<b>Anuradha Until 9:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:27AM	Subhakrit 5124
		Yama 12:07PM – 2:02PM	Subha Until 2:09PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 12 - 25
477655471		<b>Rahu</b> 5:51PM – 7:46PM	Bava Until 2:13PM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 12:37AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b>
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

<b>4 Monday, July 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Gatineau, Canada Sun 26 Sutra 85
Vrischika Rasi: 22.05	Tithi 13	<b>Gulika</b> 2:02PM – 3:56PM	<b>Jyeshtha* Until 6:31PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:28AM	Subhakrit 5124
<b>Family Home Evening</b>		Yama 10:12AM – 12:07PM	Sukla Until 10:24AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 12 - 26
477655471		<b>Rahu</b> 6:23AM – 8:17AM	Kaulava Until 10:57AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 9:10PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM
						<i>Pradosha Vrata</i>

<b>5 Tuesday, July 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Gatineau, Canada Sun 27 Sutra 86
Dhanus Rasi: 7.08	Tithi 14 – 15	<b>Gulika</b> 12:07PM – 2:02PM	<b>Mula* Until 3:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Subhakrit 5124
		Yama 8:18AM – 10:12AM	Brahma Until 6:22AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 12 - 27
488655471		<b>Rahu</b> 3:56PM – 5:51PM	Gara Until 7:20AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 5:26PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Until 3:46PM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

<b>Wednesday, July 13, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Gatineau, Canada Sutra 87
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:13AM – 12:07PM	<b>Purvashadha* Until 12:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:30AM	Subhakrit 5124
Dhanus Rasi: 22.22	Tithi 15 – 16	Yama 6:24AM – 8:18AM	Vaidhriti* Until 9:55PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 12 - Purnima
488755471		<b>Rahu</b> 12:07PM – 2:01PM	Balava Until 11:41PM	<b>Nataraja:</b> Yellow		
Creative Work	Amrita Yoga		<b>Purnima* Until 1:35PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
		<b>Satguru Purnima</b>		Ashada*Ani		

<b>Thursday, July 14, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Gatineau, Canada Sutra 88
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:19AM – 10:13AM	<b>Uttarashadha Until 9:40AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:31AM	Subhakrit 5124
Makara Rasi: 7.35	Tithi 16 – 17	Yama 4:31AM – 6:25AM	Vishkambha* Until 5:47PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:44PM	Moon 6 - Phase 12 - Prathama
488755471		<b>Rahu</b> 2:01PM – 3:56PM	Taitila Until 7:59PM	<b>Nataraja:</b> Yellow		
Routine Work	Marana Yoga		<b>Prathama* Until 9:47AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 9:40AM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Gatineau, Canada  
Sun 1 Sutra 89

Makara Rasi: 22.4 Tithi 17 - 18

**Gulika** 6:25AM - 8:19AM  
Yama 3:55PM - 5:49PM  
498755471 **Rahu** 10:13AM - 12:07PM

**Shravana Until 7:04AM**  
Priti Until 1:54PM  
Visti Until 3:02AM Sat  
**Dvitiya Until 6:13AM**

**Ganesha:** Blue *Sunrise: 4:31AM*  
**Muruqa:** Green *Sunset: 7:43PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Ani**

Subhakrit 5124  
Moon 7 - Phase 13 - 1  
1st Phase

Routine Work Marana Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Gatineau, Canada  
Sun 2 Sutra 90

Kumbha Rasi: 7.25 Tithi 19

**Gulika** 4:32AM - 6:26AM  
Yama 2:01PM - 3:55PM  
498755471 **Rahu** 8:20AM - 10:14AM

**Shatabhishak Until 2:50AM Sun**  
Ayushman Until 10:22AM  
Bava Until 1:40PM  
**Chaturthi\* Until 12:25AM Sun**

**Ganesha:** Blue *Sunrise: 4:32AM*  
**Muruqa:** Green *Sunset: 7:42PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Adi**

Subhakrit 5124  
Moon 7 - Phase 13 - 2  
1st Phase

Creative Work Amrita Yoga  
Until 2:50AM Sun  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gatineau, Canada  
Sun 3 Sutra 91

Kumbha Rasi: 21.46 Tithi 20

**Gulika** 3:55PM - 5:48PM  
Yama 12:07PM - 2:01PM  
418755472 **Rahu** 5:48PM - 7:42PM

**Purvaproshtapada\* Until 1:56AM Mon**  
Saubhagya Until 7:22AM  
Kaulava Until 11:22AM  
**Panchami Until 10:29PM**

**Ganesha:** White *Sunrise: 4:33AM*  
**Muruqa:** Green *Sunset: 7:42PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

Subhakrit 5124  
Moon 7 - Phase 13 - 3  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Gatineau, Canada  
Sun 4 Sutra 92

Meena Rasi: 5.38 Tithi 21

**Gulika** 2:01PM - 3:54PM  
Yama 10:14AM - 12:08PM  
418755472 **Rahu** 6:27AM - 8:21AM

**Uttaraproshtapada Until 1:42AM Tue**  
Athiganda\* Until 3:13AM Tue  
Gara Until 9:50AM  
**Shashthi\* Until 9:22PM**

**Ganesha:** White *Sunrise: 4:34AM*  
**Muruqa:** Green *Sunset: 7:41PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

Subhakrit 5124  
Moon 7 - Phase 13 - 4  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

**Bhuloka Day**

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Gatineau, Canada  
Sun 5 Sutra 93

Meena Rasi: 19.01 Tithi 22

**Gulika** 12:08PM - 2:01PM  
Yama 8:21AM - 10:14AM  
419755472 **Rahu** 3:54PM - 5:47PM

**Revati Until 2:10AM Wed**  
Sukarma Until 2:11AM Wed  
Visti Until 9:09AM  
**Saptami Until 9:06PM**

**Ganesha:** Clear *Sunrise: 4:35AM*  
**Muruqa:** Green *Sunset: 7:40PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

Subhakrit 5124  
Moon 7 - Phase 13 - 5  
1st Phase

Creative Work Siddha Yoga  
Until 2:10AM Wed  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**D**

**Wednesday, July 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gatineau, Canada  
Sun 6 Sutra 94

Mesha Rasi: 1.56 Tithi 23

**Gulika** 10:15AM - 12:08PM  
Yama 6:29AM - 8:22AM  
429755472 **Rahu** 12:08PM - 2:01PM

**Ashvini Until 3:46AM Thu**  
Dhriti Until 1:49AM Thu  
Balava Until 9:19AM  
**Ashtami\* Until 9:42PM**

**Ganesha:** Purple *Sunrise: 4:36AM*  
**Muruqa:** Green *Sunset: 7:39PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

Subhakrit 5124  
Moon 7 - Phase 13 - 6  
Ashtami

Routine Work Marana Yoga  
Until 3:46AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Gatineau, Canada  
Sun 7 Sutra 95

Mesha Rasi: 14.28 Tithi 24

**Gulika** 8:22AM - 10:15AM  
Yama 4:37AM - 6:30AM  
429755472 **Rahu** 2:00PM - 3:53PM

**Bharani Until 5:54AM Fri**  
Shula\* Until 1:59AM Fri  
Taitila Until 10:19AM  
**Navami\* Until 11:03PM**

**Ganesha:** Purple *Sunrise: 4:37AM*  
**Muruqa:** Green *Sunset: 7:38PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

Subhakrit 5124  
Moon 7 - Phase 13 - 7  
Navami

Creative Work Siddha Yoga

**Devaloka Day**

<b>1</b>		<b>Friday, July 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Vishti* Karana Dashamyam Titau		Gatineau, Canada Sun 8 Sutra 96	
Mesha Rasi: 26.42	Tithi 25	<b>Gulika</b> 6:30AM – 8:23AM	<b>Krittika</b> <b>Until 8:24AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:38AM	Subhakrit 5124	
		Yama 3:53PM – 5:45PM	Ganda* <b>Until 2:37AM Sat</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 14 - 8	
		429755472 <b>Rahu</b> 10:15AM – 12:08PM	Vanija <b>Until 11:59AM</b>	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 12:59AM Sat</b>	Moon – White		<b>Devaloka Day</b>	
Until 8:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Saturday, July 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Gatineau, Canada Sun 9 Sutra 97	
Virshabha Rasi: 8.43	Tithi 26	<b>Gulika</b> 4:39AM – 6:31AM	<b>Krittika</b> <b>Until 8:24AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:39AM	Subhakrit 5124	
		Yama 2:00PM – 3:52PM	Vriddhi <b>Until 3:32AM Sun</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 14 - 9	
		429755472 <b>Rahu</b> 8:23AM – 10:16AM	Bava <b>Until 2:08PM</b>	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> <b>Until 3:18AM Sun</b>	Moon – White		<b>Devaloka Day</b>	
				Ashada*Adi			

<b>3</b>		<b>Sunday, July 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Gatineau, Canada Sun 10 Sutra 98	
Virshabha Rasi: 20.35	Tithi 27	<b>Gulika</b> 3:52PM – 5:44PM	<b>Rohini</b> <b>Until 11:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM	Subhakrit 5124	
		Yama 12:08PM – 2:00PM	Dhruva <b>Until 4:34AM Mon</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 14 - 10	
		439755472 <b>Rahu</b> 5:44PM – 7:36PM	Kaulava <b>Until 4:34PM</b>	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> <b>Until 5:49AM Mon</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Monday, July 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Gatineau, Canada Sun 11 Sutra 99	
Mithuna Rasi: 2.25	Tithi 28	<b>Gulika</b> 1:59PM – 3:51PM	<b>Mrigashira</b> <b>Until 2:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:16AM – 12:08PM	Vyaghata* <b>Until 5:38AM Tue</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 <b>Rahu</b> 6:33AM – 8:24AM	Gara <b>Until 7:06PM</b>	<b>Nataraja:</b> White		2nd Phase	
Until 2:37PM			<b>Trayodashi*</b> <b>Until 8:20AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				Pradosha Vrata (Fasting)			

<b>5</b>		<b>Tuesday, July 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau		Gatineau, Canada Sun 12 Sutra 100	
Mithuna Rasi: 14.14	Tithi 28 – 29	<b>Gulika</b> 12:08PM – 1:59PM	<b>Ardra</b> <b>Until 5:30PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:42AM	Subhakrit 5124	
		Yama 8:25AM – 10:16AM	Harshana <b>Until 6:37AM Wed</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 14 - 12	
		431755472 <b>Rahu</b> 3:51PM – 5:42PM	Vishti <b>Until 9:34PM</b>	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> <b>Until 8:20AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 5:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, July 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Gatineau, Canada Sun 13 Sutra 101	
Mithuna Rasi: 26.05	Tithi 29 – 30	<b>Gulika</b> 10:17AM – 12:08PM	<b>Punarvasu</b> <b>Until 8:35PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:43AM	Subhakrit 5124	
		Yama 6:34AM – 8:25AM	Harshana <b>Until 6:37AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 14 - 13	
		441755472 <b>Rahu</b> 12:08PM – 1:59PM	Catuspada <b>Until 11:52PM</b>	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 10:44AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

<b>Retreat Star</b>		<b>Thursday, July 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Gatineau, Canada Sun 14 Sutra 102	
Kataka Rasi: 8.01	Tithi 30 – 1	<b>Gulika</b> 8:26AM – 10:17AM	<b>Pushya</b> <b>Until 11:16PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:44AM	Subhakrit 5124	
		Yama 4:44AM – 6:35AM	Vajra* <b>Until 7:26AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 14 - 14	
		441755472 <b>Rahu</b> 1:59PM – 3:50PM	Kintughna <b>Until 1:57AM Fri</b>	<b>Nataraja:</b> White		Prathama	
Creative Work	Amrita Yoga		<b>Amavasya*</b> <b>Until 12:55PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Friday, July 29, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Gatineau, Canada Sun 15 Sutra 103 Subhakarit 5124	
Kataka Rasi: 20.02	Tithi 1 – 2	<b>Gulika</b> 6:36AM – 8:27AM Yama 3:49PM – 5:40PM 441755472 <b>Rahu</b> 10:17AM – 12:08PM	<b>Ashlesha* Until 1:31AM Sat</b> Siddhi Until 8:04AM Balava Until 3:44AM Sat Prathama* Until 2:51PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Blue	<b>Sunrise:</b> 4:45AM <b>Sunset:</b> 7:30PM	Moon 7 - Phase 15 - 15 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 1:31AM Sat Then Creative Work - Amrita Yoga							
<b>2</b>		<b>Saturday, July 30, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Gatineau, Canada Sun 16 Sutra 104 Subhakarit 5124	
Simha Rasi: 2.11	Tithi 2 – 3	<b>Gulika</b> 4:46AM – 6:37AM Yama 1:58PM – 3:48PM 451755472 <b>Rahu</b> 8:27AM – 10:17AM	<b>Magha* Until 3:48AM Sun</b> Vyatipata* Until 8:30AM Taitila Until 5:12AM Sun Dvitiya Until 4:29PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 7:29PM	Moon 7 - Phase 15 - 16 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 3:48AM Sun Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Sunday, July 31, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Gatineau, Canada Sun 17 Sutra 105 Subhakarit 5124	
Simha Rasi: 14.27	Tithi 3 – 4	<b>Gulika</b> 3:48PM – 5:38PM Yama 12:08PM – 1:58PM 451755472 <b>Rahu</b> 5:38PM – 7:28PM	<b>Purvaphalguni Until 5:35AM Mon</b> Variyan Until 8:39AM Vanija Until 6:19AM Mon Tritiya Until 5:47PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 7:28PM	Moon 7 - Phase 15 - 17 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga							
<b>4</b>		<b>Monday, August 1, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau		Gatineau, Canada Sun 18 Sutra 106 Subhakarit 5124	
Simha Rasi: 26.52	Tithi 4	<b>Gulika</b> 1:57PM – 3:47PM Yama 10:18AM – 12:08PM 451755472 <b>Rahu</b> 6:38AM – 8:28AM	<b>Uttaraphalguni Until 6:48AM Tue</b> Parigha* Until 8:32AM Vanija Until 6:19AM Chaturthi* Until 6:43PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 4:49AM <b>Sunset:</b> 7:27PM	Moon 7 - Phase 15 - 18 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Family Home Evening Creative Work Siddha Yoga							
<b>5</b>		<b>Tuesday, August 2, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau		Gatineau, Canada Sun 19 Sutra 107 Subhakarit 5124	
Kanya Rasi: 9.29	Tithi 5	<b>Gulika</b> 12:07PM – 1:57PM Yama 8:29AM – 10:18AM 451755472 <b>Rahu</b> 3:46PM – 5:36PM	<b>Uttaraphalguni Until 6:48AM</b> Shiva Until 8:06AM Bava Until 7:02AM Panchami Until 7:12PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 7:25PM	Moon 7 - Phase 15 - 19 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 6:48AM Then Creative Work - Siddha Yoga							
<b>6</b>		<b>Wednesday, August 3, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Gatineau, Canada Sun 20 Sutra 108 Subhakarit 5124	
Kanya Rasi: 22.18	Tithi 6	<b>Gulika</b> 10:18AM – 12:07PM Yama 6:40AM – 8:29AM 461755472 <b>Rahu</b> 12:07PM – 1:57PM	<b>Hasta Until 7:53AM</b> Siddha Until 7:17AM Kaulava Until 7:17AM Shashthi* Until 7:11PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Green	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 7:24PM	Moon 7 - Phase 15 - 20 3rd Phase	<b>Devaloka Day</b>
Routine Work Marana Yoga Until 7:53AM Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Thursday, August 4, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau		Gatineau, Canada Sun 21 Sutra 109 Subhakarit 5124	
Tula Rasi: 5.23	Tithi 7	<b>Gulika</b> 8:30AM – 10:18AM Yama 4:52AM – 6:41AM 461765472 <b>Rahu</b> 1:56PM – 3:45PM	<b>Chitra Until 8:17AM</b> Sadhya Until 6:03AM Gara Until 7:00AM Saptami Until 6:37PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Green	<b>Sunrise:</b> 4:52AM <b>Sunset:</b> 7:23PM	Moon 7 - Phase 15 - 21 3rd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga Until 8:17AM Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Friday, August 5, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau		Gatineau, Canada Sun 22 Sutra 110 Subhakarit 5124	
Tula Rasi: 18.47	Tithi 8 – 9	<b>Gulika</b> 6:42AM – 8:30AM Yama 3:44PM – 5:33PM 461765472 <b>Rahu</b> 10:19AM – 12:07PM	<b>Svati Until 7:58AM</b> Sukla Until 2:09AM Sat Visti Until 6:07AM Ashtami* Until 5:26PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Green	<b>Sunrise:</b> 4:53AM <b>Sunset:</b> 7:21PM	Moon 7 - Phase 15 - 22 Ashtami	<b>Devaloka Day</b>
Creative Work Siddha Yoga Varalakshmi Vratam							
<b>Retreat Star</b>		<b>Saturday, August 6, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Gatineau, Canada Sun 23 Sutra 111 Subhakarit 5124	
Vrischika Rasi: 2.34	Tithi 9 – 10	<b>Gulika</b> 4:54AM – 6:42AM Yama 1:55PM – 3:44PM 472765472 <b>Rahu</b> 8:31AM – 10:19AM	<b>Vishakha Until 7:19AM</b> Brahma Until 11:28PM Taitila Until 2:32AM Sun Navami* Until 3:38PM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Orange	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 7:20PM	Moon 7 - Phase 15 - 23 Navami	<b>Bhuloka Day</b>
Creative Work Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1 times are standard time. Calculated for Gatineau, Canada on 5/1/

www.gurudeva.org/panchang

<b>1 Sunday, August 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Gatineau, Canada Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 16.42	Tithi 10 – 11	<b>Gulika</b> 3:43PM – 5:31PM	<b>Jyeshtha* Until 3:53AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:55AM	
		Yama 12:07PM – 1:55PM	Indra Until 8:20PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:19PM	Moon 7 - Phase 16 - 24
		472865472 <b>Rahu</b> 5:31PM – 7:19PM	Vanija Until 11:55PM	<b>Nataraja:</b> White	4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 1:16PM</b>	Moon – Orange	<b>Bhuloka Day</b>
Until 3:53AM Mon				Sravana*Adi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga					

<b>2 Monday, August 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Gatineau, Canada Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 – 12	<b>Gulika</b> 1:54PM – 3:42PM	<b>Mula* Until 1:41AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:56AM	
		Yama 10:19AM – 12:07PM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:17PM	Moon 7 - Phase 16 - 25
<b>Family Home Evening</b>		482865472 <b>Rahu</b> 6:44AM – 8:32AM	Bava Until 8:51PM	<b>Nataraja:</b> White	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:25AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
				Sravana*Adi	

<b>3 Tuesday, August 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau			Gatineau, Canada Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 – 13	<b>Gulika</b> 12:07PM – 1:54PM	<b>Purvashadha* Until 11:04PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:58AM	
		Yama 8:32AM – 10:19AM	Vishkambha* Until 12:59PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:18PM	Moon 7 - Phase 16 - 26
		482865472 <b>Rahu</b> 3:41PM – 5:29PM	Taitila Until 3:41AM Wed	<b>Nataraja:</b> White	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 7:10AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 11:04PM				Sravana*Adi	
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>		

<b>4 Wednesday, August 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau			Gatineau, Canada Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	<b>Gulika</b> 10:20AM – 12:07PM	<b>Uttarashadha Until 8:11PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:59AM	
		Yama 6:46AM – 8:33AM	Priti Until 9:01AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:14PM	Moon 7 - Phase 16 - 27
		482865472 <b>Rahu</b> 12:07PM – 1:54PM	Gara Until 1:55PM	<b>Nataraja:</b> White	4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 12:06AM Thu</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 8:11PM				Sravana*Adi	
Then Creative Work - Siddha Yoga					

<b>Thursday, August 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau			Gatineau, Canada Sutra 116 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:33AM – 10:20AM	<b>Shravana Until 5:36PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:00AM	
Makara Rasi: 16.04	Tithi 15	Yama 5:00AM – 6:46AM	Saubhagya Until 1:02AM Fri	<b>Muruqa:</b> White <i>Sunset:</i> 7:13PM	Moon 7 - Phase 16 -
		492865472 <b>Rahu</b> 1:53PM – 3:40PM	Visti Until 10:20AM	<b>Nataraja:</b> White	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 8:35PM</b>	Moon – Purple	<b>Bhuloka Day</b>
		<b>Raksha Bandhan</b>		Sravana*Adi	Devaloka Time: 9:AM to12:PM

<b>Friday, August 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau			Gatineau, Canada Sutra 117 Subhakrit 5124
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:47AM – 8:34AM	<b>Dhanishtha Until 3:06PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:01AM	
Kumbha Rasi: 1.02	Tithi 16 – 17	Yama 3:39PM – 5:25PM	Sobhana Until 9:20PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:12PM	Moon 7 - Phase 16 -
		492865472 <b>Rahu</b> 10:20AM – 12:06PM	Balava Until 6:55AM	<b>Nataraja:</b> White	Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:18PM</b>	Moon – Purple	<b>Bhuloka Day</b>
				Sravana*Adi	Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Kumbha Rasi: 15.46 Tithi 17 - 18

492865472

Creative Work Amrita Yoga  
Until 12:51PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

**Gulika** 5:02AM - 6:48AM  
**Yama** 1:52PM - 3:38PM  
**Rahu** 8:34AM - 10:20AM

**Shatabhishak** Until 12:51PM  
**Athiganda\*** Until 5:59PM  
**Vanija** Until 1:13AM Sun  
**Dvitiya** Until 2:26PM

Gatineau, Canada  
Sun 1 Sutra 118  
Subhakrit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

**Ganesha:** Clear *Sunrise:* 5:02AM  
**Muruqa:** White *Sunset:* 7:10PM  
**Nataraja:** White  
Moon - Purple  
**Sravana\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**1**

**Sunday, August 14, 2022**

Meena Rasi: 0.07 Tithi 18 - 19

412865472

Creative Work Siddha Yoga  
Until 11:27AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Trilya/Chaturthyam Titau

**Gulika** 3:37PM - 5:23PM  
**Yama** 12:06PM - 1:52PM  
**Rahu** 5:23PM - 7:08PM

**Purvaprosarthapada\*** Until 11:27AM  
**Sukarma** Until 3:08PM  
**Bava** Until 11:16PM  
**Tritiya** Until 12:08PM

Gatineau, Canada  
Sun 2 Sutra 119  
Subhakrit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

**Ganesha:** Yellow *Sunrise:* 5:03AM  
**Muruqa:** White *Sunset:* 7:08PM  
**Nataraja:** White  
Moon - Clear  
**Sravana\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**2**

**Monday, August 15, 2022**

Meena Rasi: 14.02 Tithi 19 - 20

412865472

**Family Home Evening**  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 1:51PM - 3:36PM  
**Yama** 10:20AM - 12:06PM  
**Rahu** 6:50AM - 8:35AM

**Uttaraprosarthapada** Until 10:37AM  
**Dhriti** Until 12:53PM  
**Kaulava** Until 10:05PM  
**Chaturthi\*** Until 10:33AM

Gatineau, Canada  
Sun 3 Sutra 120  
Subhakrit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

**Ganesha:** Yellow *Sunrise:* 5:04AM  
**Muruqa:** White *Sunset:* 7:07PM  
**Nataraja:** White  
Moon - Clear  
**Sravana\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Tuesday, August 16, 2022**

Meena Rasi: 27.28 Tithi 20 - 21

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 12:05PM - 1:50PM  
**Yama** 8:36AM - 10:21AM  
**Rahu** 3:35PM - 5:20PM

**Revati** Until 10:27AM  
**Shula\*** Until 11:18AM  
**Gara** Until 9:46PM  
**Panchami** Until 9:48AM

Gatineau, Canada  
Sun 4 Sutra 121  
Subhakrit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

**Ganesha:** Yellow *Sunrise:* 5:06AM  
**Muruqa:** White *Sunset:* 7:05PM  
**Nataraja:** White  
Moon - Clear  
**Sravana\*Avani**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**4**

**Wednesday, August 17, 2022**

Mesha Rasi: 10.26 Tithi 21 - 22

522865472

Routine Work Marana Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 10:21AM - 12:05PM  
**Yama** 6:51AM - 8:36AM  
**Rahu** 12:05PM - 1:50PM

**Ashvini** Until 11:27AM  
**Ganda\*** Until 10:25AM  
**Visti** Until 10:19PM  
**Shashthi\*** Until 9:55AM

Gatineau, Canada  
Sun 5 Sutra 122  
Subhakrit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

**Ganesha:** Yellow *Sunrise:* 5:07AM  
**Muruqa:** White *Sunset:* 7:04PM  
**Nataraja:** White  
Moon - White  
**Sravana\*Avani**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**5**

**Thursday, August 18, 2022**

**Retreat Star**

Mesha Rasi: 23 Tithi 22 - 23

522865472

Creative Work Siddha Yoga  
Until 1:06PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:36AM - 10:21AM  
**Yama** 5:08AM - 6:52AM  
**Rahu** 1:49PM - 3:34PM

**Krishna Janmashtami**

**Bharani** Until 1:06PM  
**Vridhhi** Until 10:12AM  
**Balava** Until 11:40PM  
**Saptami** Until 10:53AM

Gatineau, Canada  
Sun 6 Sutra 123  
Subhakrit 5124  
Moon 8 - Phase 17 - 6  
Ashtami

**Ganesha:** Yellow *Sunrise:* 5:08AM  
**Muruqa:** White *Sunset:* 7:02PM  
**Nataraja:** White  
Moon - White  
**Sravana\*Avani**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Friday, August 19, 2022**

**Retreat Star**

Vrishabha Rasi: 5.15 Tithi 23 - 24

523865472

Creative Work Siddha Yoga  
Until 3:16PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

**Gulika** 6:53AM - 8:37AM  
**Yama** 3:33PM - 5:17PM  
**Rahu** 10:21AM - 12:05PM

**Krittika** Until 3:16PM  
**Dhruva** Until 10:30AM  
**Taila** Until 1:37AM Sat  
**Ashtami\*** Until 12:33PM

Gatineau, Canada  
Sun 7 Sutra 124  
Subhakrit 5124  
Moon 8 - Phase 17 - 7  
Navami

**Ganesha:** White *Sunrise:* 5:09AM  
**Muruqa:** White *Sunset:* 7:01PM  
**Nataraja:** White  
Moon - White  
**Sravana\*Avani**

**Bhuloka Day**

<b>1</b>	<b>Saturday, August 20, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashyam Titau				Gatineau, Canada Sun 8 Sutra 125 Subhakit 5124	
	Vrishabha Rasi: 17.16	Tithi 24 – 25	533865472	Gulika Yama Rahu	5:10AM – 6:54AM 1:48PM – 3:32PM 8:37AM – 10:21AM	Rohini Until 6:13PM Vyaghata* Until 11:13AM Vanija Until 3:57AM Sun Navami* Until 2:44PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sunrise: 5:10AM Sunset: 6:59PM	Moon 8 - Phase 18 - 8 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work Amrita Yoga							
	Until 6:13PM							
Then Creative Work - Siddha Yoga								

<b>2</b>	<b>Sunday, August 21, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 9 Sutra 126 Subhakit 5124	
	Vrishabha Rasi: 29.09	Tithi 25 – 26	533865472	Gulika Yama Rahu	3:31PM – 5:14PM 12:04PM – 1:48PM 5:14PM – 6:57PM	Mrigashira Until 9:14PM Harshana Until 12:11PM Bava Until 6:27AM Mon Dashami Until 5:10PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sunrise: 5:11AM Sunset: 6:57PM	Moon 8 - Phase 18 - 9 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work Siddha Yoga							

<b>3</b>	<b>Monday, August 22, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Gatineau, Canada Sun 10 Sutra 127 Subhakit 5124	
	Mithuna Rasi: 10.59	Tithi 26	533865472	Gulika Yama Rahu	1:47PM – 3:30PM 10:21AM – 12:04PM 6:55AM – 8:38AM	Ardra Until 12:05AM Tue Vajra* Until 1:11PM Bava Until 6:27AM Ekadashi* Until 7:40PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sunrise: 5:13AM Sunset: 6:56PM	Moon 8 - Phase 18 - 10 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work Siddha Yoga							

<b>4</b>	<b>Tuesday, August 23, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Gatineau, Canada Sun 11 Sutra 128 Subhakit 5124	
	Mithuna Rasi: 22.5	Tithi 27	543865472	Gulika Yama Rahu	12:04PM – 1:46PM 8:39AM – 10:21AM 3:29PM – 5:11PM	Punarvasu Until 3:08AM Wed Siddhi Until 2:07PM Kaulava Until 8:54AM Dvadashi* Until 10:02PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sunrise: 5:14AM Sunset: 6:54PM	Moon 8 - Phase 18 - 11 2nd Phase <b>Bhuloka Day</b>
	Creative Work Siddha Yoga							

<b>5</b>	<b>Wednesday, August 24, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Gatineau, Canada Sun 12 Sutra 129 Subhakit 5124	
	Kataka Rasi: 4.45	Tithi 28	543865472	Gulika Yama Rahu	10:21AM – 12:04PM 6:57AM – 8:39AM 12:04PM – 1:46PM	Pushya Until 5:45AM Thu Vyatipata* Until 2:54PM Gara Until 11:08AM Trayodashi* Until 12:08AM Thu <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sunrise: 5:15AM Sunset: 6:52PM	Moon 8 - Phase 18 - 12 2nd Phase <b>Bhuloka Day</b>
	Creative Work Siddha Yoga							

<b>6</b>	<b>Thursday, August 25, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Gatineau, Canada Sun 13 Sutra 130 Subhakit 5124	
	Kataka Rasi: 16.47	Tithi 29	543865472	Gulika Yama Rahu	8:40AM – 10:21AM 5:16AM – 6:58AM 1:45PM – 3:27PM	Ashlesha* Until 7:51AM Fri Variyan Until 3:24PM Visti Until 1:04PM Chaturdashi* Until 1:53AM Fri	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sunrise: 5:16AM Sunset: 6:51PM	Moon 8 - Phase 18 - 13 2nd Phase <b>Bhuloka Day</b>
	Creative Work Siddha Yoga							
	Until 7:51AM Fri							
Then Routine Work - Marana Yoga								

	<b>Friday, August 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Gatineau, Canada Sun 14 Sutra 131 Subhakit 5124		
	<b>Retreat Star</b>			543865472	Gulika Yama Rahu	6:59AM – 8:40AM 3:26PM – 5:07PM 10:22AM – 12:03PM	Ashlesha* Until 7:51AM Parigha* Until 3:38PM Catuspada Until 2:38PM Amavasya* Until 3:15AM Sat	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sunrise: 5:17AM Sunset: 6:49PM	Moon 8 - Phase 18 - 14 Amavasya <b>Bhuloka Day</b>
	Routine Work Marana Yoga								

<b>Retreat Star</b>	<b>Saturday, August 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Gatineau, Canada Sun 15 Sutra 132 Subhakit 5124	
	Simha Rasi: 11.18	Tithi 1	533865473	Gulika Yama Rahu	5:18AM – 6:59AM 1:44PM – 3:25PM 8:41AM – 10:22AM	Magha* Until 9:54AM Shiva Until 3:35PM Kintughna Until 3:49PM Prathama* Until 4:14AM Sun	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red Sunrise: 5:18AM Sunset: 6:47PM	Moon 8 - Phase 18 - 15 Prathama <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
	Creative Work Amrita Yoga							
	Until 9:54AM							
Then Creative Work - Siddha Yoga								

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

1 times are standard time. Calculated for Gatineau, Canada on 5/1/

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<b>1 Sunday, August 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Gatineau, Canada Sun 16 Sutra 133 Subhakrit 5124	
Simha Rasi: 23.49	Tithi 2	<b>Gulika</b> 3:24PM – 5:05PM	<b>Purvaphalguni Until 11:24AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:19AM	Moon 8 - Phase 19 - 16	
		Yama 12:02PM – 1:43PM	Siddha Until 3:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	3rd Phase	
		553865473 <b>Rahu</b> 5:05PM – 6:45PM	Balava Until 4:36PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 4:49AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 11:24AM				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

<b>2 Monday, August 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trityayam Titau				Gatineau, Canada Sun 17 Sutra 134 Subhakrit 5124	
Kanya Rasi: 6.3	Tithi 3	<b>Gulika</b> 1:43PM – 3:23PM	<b>Uttaraphalguni Until 12:22PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:21AM	Moon 8 - Phase 19 - 17	
Family Home Evening		Yama 10:22AM – 12:02PM	Sadhya Until 2:30PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:44PM	3rd Phase	
		553865473 <b>Rahu</b> 7:01AM – 8:41AM	Tailila Until 4:59PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 5:01AM Tue</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>3 Tuesday, August 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Gatineau, Canada Sun 18 Sutra 135 Subhakrit 5124	
Kanya Rasi: 19.23	Tithi 4	<b>Gulika</b> 12:02PM – 1:42PM	<b>Hasta Until 1:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:22AM	Moon 8 - Phase 19 - 18	
		Yama 8:42AM – 10:22AM	Subha Until 1:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:42PM	3rd Phase	
		563865473 <b>Rahu</b> 3:22PM – 5:02PM	Vanija Until 5:00PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 4:51AM Wed</b>	Moon – Green		<b>Bhuloka Day</b>	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>4 Wednesday, August 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Gatineau, Canada Sun 19 Sutra 136 Subhakrit 5124	
Tula Rasi: 2.26	Tithi 5	<b>Gulika</b> 10:22AM – 12:02PM	<b>Chitra Until 1:39PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:23AM	Moon 8 - Phase 19 - 19	
		Yama 7:03AM – 8:42AM	Sukla Until 12:14PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:40PM	3rd Phase	
		563965473 <b>Rahu</b> 12:02PM – 1:41PM	Bava Until 4:38PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 4:17AM Thu</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>5 Thursday, September 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Gatineau, Canada Sun 20 Sutra 137 Subhakrit 5124	
Tula Rasi: 15.43	Tithi 6	<b>Gulika</b> 8:43AM – 10:22AM	<b>Svati Until 1:30PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:24AM	Moon 8 - Phase 19 - 20	
		Yama 5:24AM – 7:03AM	Brahma Until 10:38AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	3rd Phase	
		563965473 <b>Rahu</b> 1:40PM – 3:20PM	Kaulava Until 3:52PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 3:18AM Fri</b>	Moon – Green		<b>Devaloka Day</b>	
Until 1:30PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>6 Friday, September 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Gatineau, Canada Sun 21 Sutra 138 Subhakrit 5124	
Tula Rasi: 29.13	Tithi 7	<b>Gulika</b> 7:04AM – 8:43AM	<b>Vishakha Until 1:14PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:25AM	Moon 8 - Phase 19 - 21	
		Yama 3:19PM – 4:58PM	Indra Until 8:43AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	3rd Phase	
		574965473 <b>Rahu</b> 10:22AM – 12:01PM	Gara Until 2:41PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 1:55AM Sat</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakha* Yoga Visti*/Bava Karana Ashtamyam Titau				Gatineau, Canada Sun 22 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 12.57	Tithi 8	<b>Gulika</b> 5:26AM – 7:05AM	<b>Anuradha Until 12:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:26AM	Moon 8 - Phase 19 - 22	
		Yama 1:39PM – 3:18PM	Vaidhriti* Until 6:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM	Ashtami	
		574965473 <b>Rahu</b> 8:43AM – 10:22AM	Visti Until 1:05PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 12:07AM Sun</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Gatineau, Canada Sun 23 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 26.57	Tithi 9	<b>Gulika</b> 3:17PM – 4:55PM	<b>Jyeshtha* Until 11:01AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:28AM	Moon 8 - Phase 19 - 23	
		Yama 12:00PM – 1:38PM	Priti Until 12:55AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Navami	
		574965473 <b>Rahu</b> 4:55PM – 6:33PM	Balava Until 11:05AM	<b>Nataraja:</b> Clear		Navami	
Routine Work	Marana Yoga		<b>Navami* Until 9:55PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 11:01AM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda


<b>1</b>	<b>Monday, September 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Gatineau, Canada Sun 24 Sutra 141
	Dhanus Rasi: 11.12	Tithi 10	<b>Gulika</b> 1:38PM – 3:15PM	<b>Mula* Until 9:32AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:29AM	Subhakrit 5124
<b>Family Home Evening</b>	584965473	<b>Rahu</b> 7:06AM – 8:44AM	Ayushman Until 9:42PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20 - 24	
Creative Work Siddha Yoga			Taitila Until 8:42AM	<b>Nataraja:</b> Clear		4th Phase	
Until 9:32AM			<b>Dashami Until 7:22PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Tuesday, September 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 25 Sutra 142
	Dhanus Rasi: 25.41	Tithi 11 – 12	<b>Gulika</b> 12:00PM – 1:37PM	<b>Purvashadha* Until 7:36AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
	584965473	<b>Rahu</b> 3:14PM – 4:52PM	Saubhagya Until 6:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20 - 25	
Creative Work Siddha Yoga			Vanija Until 6:00AM	<b>Nataraja:</b> Clear		4th Phase	
Until 7:36AM			<b>Ekadashi Until 4:33PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Routine Work - Prabarashita Yoga				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Wednesday, September 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 26 Sutra 143
	Makara Rasi: 10.19	Tithi 12 – 13	<b>Gulika</b> 10:22AM – 11:59AM	<b>Shravana Until 3:15AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM	Subhakrit 5124
	594965473	<b>Rahu</b> 11:59AM – 1:36PM	Sobhana Until 2:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20 - 26	
Creative Work Siddha Yoga			Kaulava Until 12:04AM Thu	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dvadashi Until 1:34PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

*Pradosha Vrata*

<b>4</b>	<b>Thursday, September 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 27 Sutra 144
	Makara Rasi: 25.01	Tithi 13 – 14	<b>Gulika</b> 8:46AM – 10:22AM	<b>Dhanishtha Until 1:04AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	Subhakrit 5124
	594965473	<b>Rahu</b> 1:36PM – 3:12PM	Athiganda* Until 11:09AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20 - 27	
Creative Work Siddha Yoga			Gara Until 9:05PM	<b>Nataraja:</b> Clear		4th Phase	
			<b>Trayodashi Until 10:33AM</b>	Moon – Purple		<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada*Avani</b>			

	<b>Friday, September 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Gatineau, Canada Sutra 145
	Kumbha Rasi: 9.39	Tithi 14 – 15	<b>Gulika</b> 7:10AM – 8:46AM	<b>Shatabhishak Until 10:58PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	Subhakrit 5124
	594965473	<b>Rahu</b> 10:22AM – 11:59AM	Sukarma Until 7:40AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 20 - Purnima	
Creative Work Siddha Yoga			Visti Until 6:17PM	<b>Nataraja:</b> Clear			
			<b>Chaturdashi* Until 7:38AM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

<b>5</b>	<b>Saturday, September 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Gatineau, Canada Sutra 146
	Kumbha Rasi: 24.07	Tithi 16	<b>Gulika</b> 5:34AM – 7:10AM	<b>Purvaproshtapada* Until 9:31PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM	Subhakrit 5124
	514965473	<b>Rahu</b> 8:46AM – 10:22AM	Shula* Until 1:28AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 20 - Prathama	
Routine Work Marana Yoga			Balava Until 3:49PM	<b>Nataraja:</b> Clear			
Until 9:31PM			<b>Prathama* Until 2:45AM Sun</b>	Moon – Clear		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada*Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

l times are standard time. Calculated for Gatineau, Canada on 5/1/

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**Sunday, September 11, 2022**  
**Gold Retreat Star**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Taitila/Gara Karana Dviliyayam Titau

Gatineau, Canada  
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

**Gulika** 3:09PM – 4:44PM  
Yama 11:58AM – 1:33PM  
**Rahu** 4:44PM – 6:20PM

**Uttaraproshtapada** Until 8:27PM  
Ganda\* Until 10:59PM  
Taitila Until 1:51PM

**Ganesha:** Clear *Sunrise:* 5:36AM  
**Muruqa:** White *Sunset:* 6:20PM

Subhakit 5124  
Moon 9 - Phase 21 -  
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

**Dvitiya** Until 1:05AM Mon

Bhadrapada-Avani

**Devaloka Day**

**1**

**Monday, September 12, 2022**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Triliyayam Titau

Gatineau, Canada  
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

**Gulika** 1:33PM – 3:08PM  
Yama 10:22AM – 11:57AM  
**Rahu** 7:12AM – 8:47AM

**Revati** Until 7:55PM  
Vriddhi Until 9:04PM  
Vanija Until 12:31PM

**Ganesha:** Clear *Sunrise:* 5:37AM  
**Muruqa:** White *Sunset:* 6:18PM

Subhakit 5124  
Moon 9 - Phase 21 - 1  
1st Phase

Creative Work Siddha Yoga

**Tritiya** Until 12:06AM Tue

Bhadrapada-Avani

**Devaloka Day**

**2**

**Tuesday, September 13, 2022**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Gatineau, Canada  
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

**Gulika** 11:57AM – 1:32PM  
Yama 8:48AM – 10:22AM  
**Rahu** 3:07PM – 4:42PM

**Ashvini** Until 8:25PM  
Dhruva Until 7:44PM  
Balava Until 11:56AM

**Ganesha:** White *Sunrise:* 5:38AM  
**Muruqa:** White *Sunset:* 6:16PM

Subhakit 5124  
Moon 9 - Phase 21 - 2  
1st Phase

Creative Work Siddha Yoga

**Chaturthi\*** Until 11:55PM

Bhadrapada-Avani

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**3**

**Wednesday, September 14, 2022**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gatineau, Canada  
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

**Gulika** 10:22AM – 11:57AM  
Yama 7:13AM – 8:48AM  
**Rahu** 11:57AM – 1:31PM

**Bharani** Until 9:34PM  
Vyaghata\* Until 7:03PM  
Kaulava Until 12:09PM

**Ganesha:** White *Sunrise:* 5:39AM  
**Muruqa:** White *Sunset:* 6:14PM

Subhakit 5124  
Moon 9 - Phase 21 - 3  
1st Phase

Creative Work Siddha Yoga

**Panchami** Until 12:32AM Thu

Bhadrapada-Avani

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Until 9:34PM

Then Creative Work - Amrita Yoga

**4**

**Thursday, September 15, 2022**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Gatineau, Canada  
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

**Gulika** 8:48AM – 10:22AM  
Yama 5:40AM – 7:14AM  
**Rahu** 1:30PM – 3:04PM

**Krittika** Until 11:17PM  
Harshana Until 6:59PM  
Gara Until 1:08PM

**Ganesha:** Clear *Sunrise:* 5:40AM  
**Muruqa:** White *Sunset:* 6:13PM

Subhakit 5124  
Moon 9 - Phase 21 - 4  
1st Phase

Routine Work Marana Yoga

**Shashthi\*** Until 1:53AM Fri

Bhadrapada-Avani

**Devaloka Day**

**5**

**Friday, September 16, 2022**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Gatineau, Canada  
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

**Gulika** 7:15AM – 8:49AM  
Yama 3:03PM – 4:37PM  
**Rahu** 10:22AM – 11:56AM

**Rohini** Until 1:55AM Sat  
Vajra\* Until 7:22PM  
Visti Until 2:49PM

**Ganesha:** White *Sunrise:* 5:41AM  
**Muruqa:** White *Sunset:* 6:11PM

Subhakit 5124  
Moon 9 - Phase 21 - 5  
1st Phase

Routine Work Marana Yoga

**Saptami** Until 3:50AM Sat

Bhadrapada-Puratasi

**Sivaloka Day**

Until 1:55AM Sat

Then Creative Work - Siddha Yoga

**D**

**Saturday, September 17, 2022**

**Retreat Star**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Gatineau, Canada  
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

**Gulika** 5:43AM – 7:16AM  
Yama 1:29PM – 3:02PM  
**Rahu** 8:49AM – 10:22AM

**Mrigashira** Until 4:44AM Sun  
Siddhi Until 8:06PM  
Balava Until 4:58PM

**Ganesha:** White *Sunrise:* 5:43AM  
**Muruqa:** White *Sunset:* 6:09PM

Subhakit 5124  
Moon 9 - Phase 21 - 6  
Ashtami

Creative Work Siddha Yoga

**Ashtami\*** Until 6:09AM Sun

Bhadrapada-Puratasi

**Sivaloka Day**

**Sunday, September 18, 2022**

**Retreat Star**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gatineau, Canada  
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

**Gulika** 3:01PM – 4:34PM  
Yama 11:55AM – 1:28PM  
**Rahu** 4:34PM – 6:07PM

**Ardra** Until 7:33AM Mon  
Vyatipata\* Until 9:01PM  
Taitila Until 7:23PM

**Ganesha:** White *Sunrise:* 5:44AM  
**Muruqa:** White *Sunset:* 6:07PM

Subhakit 5124  
Moon 9 - Phase 21 - 7  
Navami

Creative Work Siddha Yoga

**Ashtami\*** Until 6:09AM

Bhadrapada-Puratasi

**Sivaloka Day**

Until 7:33AM Mon

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

Times are standard time. Calculated for Gatineau, Canada on 5/1/

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<b>1</b>	<b>Monday, September 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Gatineau, Canada Sun 8 Sutra 155 Subhakrit 5124
	Mithuna Rasi: 19.08 Family Home Evening Creative Work Siddha Yoga Until 7:33AM Then Creative Work - Amrita Yoga	Tithi 24 – 25 535965473	<b>Gulika</b> 1:28PM – 3:00PM Yama 10:22AM – 11:55AM <b>Rahu</b> 7:17AM – 8:50AM	<b>Ardra Until 7:33AM</b> Varyan Until 9:54PM Vanija Until 9:49PM Navami* Until 8:36AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> White <i>Sunset:</i> 6:05PM <b>Nataraja:</b> Clear Moon – Yellow Bhadrapada-Puratasi

<b>2</b>	<b>Tuesday, September 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Gatineau, Canada Sun 9 Sutra 156 Subhakrit 5124
	Kataka Rasi: 1.02 Creative Work Siddha Yoga	Tithi 25 – 26 545965473	<b>Gulika</b> 11:55AM – 1:27PM Yama 8:50AM – 10:22AM <b>Rahu</b> 2:59PM – 4:31PM	<b>Punarvasu Until 10:36AM</b> Parigha* Until 10:40PM Bava Until 12:05AM Wed Dashami Until 10:58AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> Clear Moon – Blue Bhadrapada-Puratasi


<b>3</b>	<b>Wednesday, September 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Gatineau, Canada Sun 10 Sutra 157 Subhakrit 5124
	Kataka Rasi: 13.01 Creative Work Siddha Yoga	Tithi 26 – 27 545965473	<b>Gulika</b> 10:22AM – 11:54AM Yama 7:19AM – 8:51AM <b>Rahu</b> 11:54AM – 1:26PM	<b>Pushya Until 1:15PM</b> Shiva Until 11:12PM Kaulava Until 1:59AM Thu Ekadashi* Until 1:04PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> White <i>Sunset:</i> 6:01PM <b>Nataraja:</b> Clear Moon – Blue Bhadrapada-Puratasi

<b>4</b>	<b>Thursday, September 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Gatineau, Canada Sun 11 Sutra 158 Subhakrit 5124
	Kataka Rasi: 25.08 Creative Work Siddha Yoga Until 3:20PM Then Creative Work - Amrita Yoga	Tithi 27 – 28 545965473	<b>Gulika</b> 8:51AM – 10:23AM Yama 5:48AM – 7:20AM <b>Rahu</b> 1:25PM – 2:57PM	<b>Ashlesha* Until 3:20PM</b> Siddha Until 11:21PM Gara Until 3:27AM Fri Dvadashi* Until 2:46PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> White <i>Sunset:</i> 5:59PM <b>Nataraja:</b> Clear Moon – Blue Bhadrapada-Puratasi

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Friday, September 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Gatineau, Canada Sun 12 Sutra 159 Subhakrit 5124
	Simha Rasi: 7.27 Routine Work Marana Yoga Until 5:18PM Then Creative Work - Siddha Yoga	Tithi 28 – 29 555965473	<b>Gulika</b> 7:21AM – 8:52AM Yama 2:56PM – 4:27PM <b>Rahu</b> 10:23AM – 11:54AM	<b>Magha* Until 5:18PM</b> Sadhya Until 11:09PM Visti Until 4:26AM Sat Trayodashi* Until 3:59PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM <b>Nataraja:</b> Clear Moon – Red Bhadrapada-Puratasi

<b>6</b>	<b>Saturday, September 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Gatineau, Canada Sun 13 Sutra 160 Subhakrit 5124
	Simha Rasi: 19.59 Creative Work Siddha Yoga Until 6:36PM Then Routine Work - Marana Yoga	Tithi 29 – 30 556965473	<b>Gulika</b> 5:51AM – 7:21AM Yama 1:24PM – 2:54PM <b>Rahu</b> 8:52AM – 10:23AM	<b>Purvaphalguni Until 6:36PM</b> Subha Until 10:34PM Catuspada Until 4:53AM Sun Chaturdashi* Until 4:42PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> White <i>Sunset:</i> 5:56PM <b>Nataraja:</b> Clear Moon – Red Bhadrapada-Puratasi

	<b>Sunday, September 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Gatineau, Canada Sun 14 Sutra 161 Subhakrit 5124
	Kanya Rasi: 2.45 Creative Work Amrita Yoga	Tithi 30 – 1 556165473	<b>Gulika</b> 2:53PM – 4:24PM Yama 11:53AM – 1:23PM <b>Rahu</b> 4:24PM – 5:54PM	<b>Uttaraphalguni Until 7:15PM</b> Sukla Until 9:33PM Kintughna Until 4:50AM Mon Amavasya* Until 4:54PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> White <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Clear Moon – Red Bhadrapada-Puratasi

**Mahalaya Amavasai (Tamil Nadu)**

<b>Retreat Star</b>	<b>Monday, September 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Gatineau, Canada Sun 15 Sutra 162 Subhakrit 5124
	Kanya Rasi: 15.46 Family Home Evening Creative Work Siddha Yoga Until 7:45PM Then Routine Work - Prabalarishta Yoga	Tithi 1 – 2 566165473	<b>Gulika</b> 1:22PM – 2:52PM Yama 10:23AM – 11:53AM <b>Rahu</b> 7:23AM – 8:53AM	<b>Hasta Until 7:45PM</b> Brahma Until 8:11PM Balava Until 4:21AM Tue Prathama* Until 4:38PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:53AM <b>Muruqa:</b> White <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Clear Moon – Green Ashvina-Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1 times are standard time. Calculated for Gatineau, Canada on 5/1/

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<b>1</b>		<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Gatineau, Canada Sun 16 Sutra 163 Subhakrit 5124	
Kanya Rasi: 29	Tithi 2 – 3	<b>Gulika</b>	11:52AM – 1:22PM	<b>Chitra</b> Until 7:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:54AM	
		Yama	8:53AM – 10:23AM	Indra Until 6:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 23 - 16
		666165473 <b>Rahu</b>	2:51PM – 4:21PM	Taitila Until 3:29AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			<b>Dvitiya</b> Until 3:57PM	Moon – Green		<b>Bhuloka Day</b>
					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM

<b>2</b>		<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Gatineau, Canada Sun 17 Sutra 164 Subhakrit 5124	
Tula Rasi: 12.28	Tithi 3 – 4	<b>Gulika</b>	10:23AM – 11:52AM	<b>Svati</b> Until 7:09PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:55AM	
		Yama	7:25AM – 8:54AM	Vaidhriti* Until 4:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 23 - 17
		666165473 <b>Rahu</b>	11:52AM – 1:21PM	Vanija Until 2:17AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			<b>Tritiya</b> Until 2:54PM	Moon – Green		<b>Bhuloka Day</b>
					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM

<b>3</b>		<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Gatineau, Canada Sun 18 Sutra 165 Subhakrit 5124	
Tula Rasi: 26.05	Tithi 4 – 5	<b>Gulika</b>	8:54AM – 10:23AM	<b>Vishakha</b> Until 6:37PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:57AM	
		Yama	5:57AM – 7:25AM	Vishkambha* Until 2:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 23 - 18
		666165473 <b>Rahu</b>	1:20PM – 2:49PM	Bava Until 12:49AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			<b>Chaturthi*</b> Until 1:34PM	Moon – Orange		<b>Bhuloka Day</b>
					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM

<b>4</b>		<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Gatineau, Canada Sun 19 Sutra 166 Subhakrit 5124	
Vrischika Rasi: 9.53	Tithi 5 – 6	<b>Gulika</b>	7:26AM – 8:54AM	<b>Anuradha</b> Until 5:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:58AM	
		Yama	2:48PM – 4:16PM	Priti Until 11:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 23 - 19
		666165473 <b>Rahu</b>	10:23AM – 11:51AM	Kaulava Until 11:07PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			<b>Panchami</b> Until 11:58AM	Moon – Orange		<b>Bhuloka Day</b>
Until 5:41PM					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Gatineau, Canada Sun 20 Sutra 167 Subhakrit 5124	
Vrischika Rasi: 23.49	Tithi 6 – 7	<b>Gulika</b>	5:59AM – 7:27AM	<b>Jyeshtha*</b> Until 4:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM	
		Yama	1:19PM – 2:47PM	Ayushman Until 9:21AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 23 - 20
		666165473 <b>Rahu</b>	8:55AM – 10:23AM	Gara Until 9:13PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi*</b> Until 10:10AM	Moon – Orange		<b>Bhuloka Day</b>
					Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM

<b>Retreat Star</b>		<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Gatineau, Canada Sun 21 Sutra 168 Subhakrit 5124	
Dhanus Rasi: 7.52	Tithi 7 – 8	<b>Gulika</b>	2:46PM – 4:13PM	<b>Mula*</b> Until 3:17PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:00AM	
		Yama	11:51AM – 1:18PM	Saubhagya Until 6:38AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 23 - 21
		687166473 <b>Rahu</b>	4:13PM – 5:41PM	Visti Until 7:10PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Amrita Yoga			<b>Saptami</b> Until 8:12AM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 3:17PM					Ashvina+Puratasi		
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau		Gatineau, Canada Sun 22 Sutra 169 Subhakrit 5124	
Dhanus Rasi: 22	Tithi 8 – 9	<b>Gulika</b>	1:17PM – 2:45PM	<b>Purvashadha*</b> Until 1:52PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM	
<b>Family Home Evening</b>		Yama	10:23AM – 11:50AM	Athiganda* Until 12:51AM Tue	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 23 - 22
		687166473 <b>Rahu</b>	7:29AM – 8:56AM	Kaulava Until 3:50AM Tue	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga			<b>Ashtami*</b> Until 6:05AM	Moon – Light Blue		<b>Sivaloka Day</b>
					Ashvina+Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

l times are standard time. Calculated for Gatineau, Canada on 5/1/

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<b>1</b>		<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Taitila/Gara Karana Dashamyam Titau				Gatineau, Canada Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 6.13	Tithi 10	<b>Gulika</b>	11:50AM – 1:17PM	<b>Uttarashadha</b> Until 12:12PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:03AM		
		Yama	8:56AM – 10:23AM	Sukarna Until 9:50PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24 - 23	
		687166473 <b>Rahu</b>	2:44PM – 4:10PM	Taitila Until 2:43PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Prabalarishta Yoga			<b>Dashami</b> Until 1:32AM Wed	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 12:12PM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Wednesday, October 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Vistiti* Karana Ekadashyam Titau				Gatineau, Canada Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 20.29	Tithi 11	<b>Gulika</b>	10:23AM – 11:50AM	<b>Shravana</b> Until 10:46AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:04AM		
		Yama	7:30AM – 8:57AM	Dhriti Until 6:50PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24 - 24	
		697166473 <b>Rahu</b>	11:50AM – 1:16PM	Vanija Until 12:24PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi</b> Until 11:14PM	Moon – Purple		<b>Devaloka Day</b>	
Until 10:46AM		<b>Vijaya Dasami</b>			Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga								

<b>3</b>		<b>Thursday, October 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Gatineau, Canada Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 4.44	Tithi 12	<b>Gulika</b>	8:57AM – 10:23AM	<b>Dhanishtha</b> Until 9:14AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:05AM		
		Yama	6:05AM – 7:31AM	Shula* Until 3:51PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24 - 25	
		697166473 <b>Rahu</b>	1:15PM – 2:41PM	Bava Until 10:07AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi</b> Until 9:00PM	Moon – Purple		<b>Devaloka Day</b>	
		<b>Kadaitswami Mahasamadhi</b>			Ashvina+Puratasi			

<b>4</b>		<b>Friday, October 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Trayodashyam Titau				Gatineau, Canada Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 18.55	Tithi 13	<b>Gulika</b>	7:32AM – 8:58AM	<b>Shatabhishak</b> Until 7:41AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:06AM		
		Yama	2:40PM – 4:06PM	Ganda* Until 1:01PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24 - 26	
		697166473 <b>Rahu</b>	10:23AM – 11:49AM	Kaulava Until 7:58AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi</b> Until 6:58PM	Moon – Purple		<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>			Ashvina+Puratasi			
					<i>Pradosha Vrata</i>			

<b>5</b>		<b>Saturday, October 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Gara/Vistiti* Karana Chaturdashni/Purnimayam Titau				Gatineau, Canada Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 2.56	Tithi 14 – 15	<b>Gulika</b>	6:07AM – 7:33AM	<b>Purvaproshtapada*</b> Until 6:39AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:07AM		
		Yama	1:14PM – 2:39PM	Vridhni Until 10:25AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 24 - 27	
		618166474 <b>Rahu</b>	8:58AM – 10:23AM	Gara Until 6:04AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga			<b>Chaturdashni*</b> Until 5:13PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 6:39AM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

		<b>Sunday, October 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Gatineau, Canada Sutra 175 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b>	2:38PM – 4:03PM	<b>Revati</b> Until 5:21AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:09AM		
Meena Rasi: 16.45	Tithi 15 – 16	Yama	11:48AM – 1:13PM	Dhruva Until 8:05AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 24 - Purnima	
		618166474 <b>Rahu</b>	4:03PM – 5:28PM	Balava Until 3:28AM Mon	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga			<b>Purnima*</b> Until 3:54PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 5:21AM Mon					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

<b>Monday, October 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Gatineau, Canada Sutra 176 Subhakrit 5124		
<b>Silver Retreat Star</b>		<b>Gulika</b>	1:13PM – 2:37PM	<b>Ashvini</b> Until 5:45AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:10AM		
Mesha Rasi: 0.16	Tithi 16 – 17	Yama	10:24AM – 11:48AM	Vyaghata* Until 6:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 24 - Prathama	
<b>Family Home Evening</b>		628176474 <b>Rahu</b>	7:34AM – 8:59AM	Taitila Until 2:59AM Tue	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 3:07PM	Moon – White		<b>Bhuloka Day</b>	
					Ashvina+Puratasi		Devaloka Time: 6:AM to 9:AM	





Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gatineau, Canada

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

**Gulika** 11:48AM - 1:12PM  
Yama 9:00AM - 10:24AM  
**Rahu** 2:36PM - 4:01PM

**Bharani Until 6:38AM Wed**  
Vajra\* Until 3:47AM Wed  
Vanija Until 3:10AM Wed  
**Dvitiya Until 2:58PM**

**Ganesha:** Yellow *Sunrise:* 6:11AM  
**Muruqa:** White *Sunset:* 5:25PM  
**Nataraja:** Purple  
Moon - White

Moon 10 - Phase 25 - 1  
1st Phase

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM  
Ashvina+Puratasi

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gatineau, Canada

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

**Gulika** 10:24AM - 11:48AM  
Yama 7:36AM - 9:00AM  
**Rahu** 11:48AM - 1:12PM

**Bharani Until 6:38AM**  
Siddhi Until 3:23AM Thu  
Bava Until 4:02AM Thu  
**Tritiya Until 3:30PM**

**Ganesha:** Yellow *Sunrise:* 6:12AM  
**Muruqa:** White *Sunset:* 5:23PM  
**Nataraja:** Purple  
Moon - White

Moon 10 - Phase 25 - 2  
1st Phase

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM  
Ashvina+Puratasi

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gatineau, Canada

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

**Gulika** 9:01AM - 10:24AM  
Yama 6:14AM - 7:37AM  
**Rahu** 1:11PM - 2:34PM

**Krittika Until 8:01AM**  
Vyatipata\* Until 3:28AM Fri  
Kaulava Until 5:32AM Fri  
**Chaturthi\* Until 4:41PM**

**Ganesha:** Yellow *Sunrise:* 6:14AM  
**Muruqa:** White *Sunset:* 5:21PM  
**Nataraja:** Purple  
Moon - White

Moon 10 - Phase 25 - 3  
1st Phase

Routine Work Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM  
Ashvina+Puratasi

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Gatineau, Canada

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

628176474

**Gulika** 7:38AM - 9:01AM  
Yama 2:33PM - 3:56PM  
**Rahu** 10:24AM - 11:47AM

**Rohini Until 10:19AM**  
Variyan Until 3:56AM Sat  
Taitila Until 6:27PM  
**Panchami Until 6:27PM**

**Ganesha:** Blue *Sunrise:* 6:15AM  
**Muruqa:** White *Sunset:* 5:20PM  
**Nataraja:** Purple  
Moon - Yellow

Moon 10 - Phase 25 - 4  
1st Phase

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM  
Ashvina+Puratasi

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Gatineau, Canada

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

628176474

**Gulika** 6:16AM - 7:39AM  
Yama 1:10PM - 2:32PM  
**Rahu** 9:02AM - 10:24AM

**Mrigashira Until 12:55PM**  
Parigha\* Until 4:40AM Sun  
Gara Until 7:32AM  
**Shashthi\* Until 8:39PM**

**Ganesha:** Red *Sunrise:* 6:16AM  
**Muruqa:** White *Sunset:* 5:18PM  
**Nataraja:** Purple  
Moon - Yellow

Moon 10 - Phase 25 - 5  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM  
Ashvina+Puratasi

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Gatineau, Canada

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

628176474

**Gulika** 2:31PM - 3:54PM  
Yama 11:47AM - 1:09PM  
**Rahu** 3:54PM - 5:16PM

**Ardra Until 3:37PM**  
Shiva Until 5:32AM Mon  
Visti\* Until 9:52AM  
**Saptami Until 11:04PM**

**Ganesha:** Red *Sunrise:* 6:17AM  
**Muruqa:** White *Sunset:* 5:16PM  
**Nataraja:** Purple  
Moon - Yellow

Moon 10 - Phase 25 - 6  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM  
Ashvina+Puratasi

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gatineau, Canada

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

**Gulika** 1:09PM - 2:31PM  
Yama 10:25AM - 11:47AM  
**Rahu** 7:41AM - 9:03AM

**Punarvasu Until 6:42PM**  
Siddha Until 6:20AM Tue  
Balava Until 12:18PM  
**Ashtami\* Until 1:29AM Tue**

**Ganesha:** Green *Sunrise:* 6:19AM  
**Muruqa:** White *Sunset:* 5:14PM  
**Nataraja:** Purple  
Moon - Blue

Moon 10 - Phase 25 - 7  
Ashtami

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

**Devaloka Day**  
Ashvina+Aipasi

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Gatineau, Canada

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

**Gulika** 11:46AM - 1:08PM  
Yama 9:03AM - 10:25AM  
**Rahu** 2:30PM - 3:51PM

**Pushya Until 9:29PM**  
Siddha Until 6:20AM  
Taitila Until 2:39PM  
**Navami\* Until 3:42AM Wed**

**Ganesha:** Green *Sunrise:* 6:20AM  
**Muruqa:** White *Sunset:* 5:13PM  
**Nataraja:** Purple  
Moon - Blue

Moon 10 - Phase 25 - 8  
Navami

Creative Work Siddha Yoga

**Devaloka Day**  
Ashvina+Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

l times are standard time. Calculated for Gatineau, Canada on 5/1/

www.gurudeva.org/panchang

1	<b>Wednesday, October 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Gatineau, Canada Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 20.55	Tithi 25	<b>Gulika</b> Yama	<b>10:25AM – 11:46AM</b> 7:42AM – 9:04AM	<b>Ashlesha* Until 11:47PM</b> Sadhya Until 6:58AM Vanija Until 4:42PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Blue	Sunrise: 6:21AM Sunset: 5:11PM Moon 10 - Phase 26 - 9 2nd Phase
	Creative Work	Siddha Yoga	649176474 <b>Rahu</b>	<b>11:46AM – 1:07PM</b>	<b>Dashami Until 5:32AM Thu</b>	<b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

2	<b>Thursday, October 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Gatineau, Canada Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.04	Tithi 26	<b>Gulika</b> Yama	<b>9:04AM – 10:25AM</b> 6:23AM – 7:43AM	<b>Magha* Until 1:55AM Fri</b> Subha Until 7:19AM Bava Until 6:17PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:23AM Sunset: 5:10PM Moon 10 - Phase 26 - 10 2nd Phase
	Creative Work	Amrita Yoga	659276474 <b>Rahu</b>	<b>1:07PM – 2:28PM</b>	<b>Ekadashi* Until 6:51AM Fri</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Until 1:55AM Fri Then Creative Work - Siddha Yoga						

3	<b>Friday, October 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.26	Tithi 26 – 27	<b>Gulika</b> Yama	<b>7:44AM – 9:05AM</b> 2:27PM – 3:47PM	<b>Purvaphalguni Until 3:18AM Sat</b> Sukla Until 7:13AM Kaulava Until 7:18PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:24AM Sunset: 5:08PM Moon 10 - Phase 26 - 11 2nd Phase
	Creative Work	Siddha Yoga	659276474 <b>Rahu</b>	<b>10:25AM – 11:46AM</b>	<b>Ekadashi* Until 6:51AM</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Until 3:18AM Sat Then Routine Work - Marana Yoga						

4	<b>Saturday, October 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.05	Tithi 27 – 28	<b>Gulika</b> Yama	<b>6:25AM – 7:45AM</b> 1:06PM – 2:26PM	<b>Uttaraphalguni Until 3:55AM Sun</b> Brahma Until 6:39AM Gara Until 7:40PM	<b>Ganesha: Purple</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:25AM Sunset: 5:06PM Moon 10 - Phase 26 - 12 2nd Phase
	Routine Work	Marana Yoga	651276474 <b>Rahu</b>	<b>9:05AM – 10:26AM</b>	<b>Dvadashi* Until 7:33AM</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Until 3:55AM Sun Then Creative Work - Amrita Yoga <i>Pradosha Vrata (Fasting)</i>						

5	<b>Sunday, October 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.02	Tithi 28 – 29	<b>Gulika</b> Yama	<b>2:25PM – 3:45PM</b> 11:46AM – 1:05PM	<b>Hasta Until 4:13AM Mon</b> Vaidhriti* Until 4:02AM Mon Visti Until 7:23PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:26AM Sunset: 5:05PM Moon 10 - Phase 26 - 13 2nd Phase
	Creative Work	Amrita Yoga	661276474 <b>Rahu</b>	<b>3:45PM – 5:05PM</b>	<b>Trayodashi* Until 7:35AM</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Until 4:13AM Mon Then Routine Work - Prabalarishta Yoga <b>Deepavali Hindu Solidarity Day</b>						

●	<b>Monday, October 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Gatineau, Canada Sun 14 Sutra 190 Subhakrit 5124
	Kanya Rasi: 24.19	Tithi 29 – 30	<b>Gulika</b> Yama	<b>1:05PM – 2:24PM</b> 10:26AM – 11:45AM	<b>Chitra Until 3:47AM Tue</b> Vishkambha* Until 2:01AM Tue Catuspada Until 6:30PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:28AM Sunset: 5:03PM Moon 10 - Phase 26 - 14 Amavasya
	<b>Family Home Evening</b>		661276474 <b>Rahu</b>	<b>7:47AM – 9:07AM</b>	<b>Chaturdashi* Until 7:00AM</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Routine Work Prabalarishta Yoga Until 3:47AM Tue Then Creative Work - Siddha Yoga <b>Subramuniyaswami Mahasamadhi</b>						

●	<b>Tuesday, October 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Gatineau, Canada Sun 15 Sutra 191 Subhakrit 5124
	Tula Rasi: 7.55	Tithi 1	<b>Gulika</b> Yama	<b>11:45AM – 1:04PM</b> 9:07AM – 10:26AM	<b>Svati Until 2:45AM Wed</b> Priti Until 11:37PM Kintughna Until 5:06PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:29AM Sunset: 5:02PM Moon 10 - Phase 26 - 15 Prathama
	Creative Work	Siddha Yoga	661276474 <b>Rahu</b>	<b>2:23PM – 3:43PM</b>	<b>Prathama* Until 4:13AM Wed</b>	<b>Kartika-Aipasi</b>	<b>Bhuloka Day</b>
	Then Creative Work - Siddha Yoga <b>Skanda Shasthi Begins</b>						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	<b>Wednesday, October 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Gatineau, Canada Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 21.48	Tithi 2	<b>Gulika</b> 10:26AM – 11:45AM	<b>Vishakha</b> Until 1:38AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:30AM	
			Yama 7:49AM – 9:08AM	Ayushman Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 27 - 16
	Creative Work Siddha Yoga	671276574	<b>Rahu</b> 11:45AM – 1:04PM	Balava Until 3:16PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 2:13AM Thu	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

2	<b>Thursday, October 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Gatineau, Canada Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 5.54	Tithi 3	<b>Gulika</b> 9:08AM – 10:27AM	<b>Anuradha</b> Until 12:07AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	
			Yama 6:32AM – 7:50AM	Saubhagya Until 5:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 27 - 17
	Creative Work Siddha Yoga	671276574	<b>Rahu</b> 1:03PM – 2:22PM	Taitila Until 1:09PM	<b>Nataraja:</b> Clear		3rd Phase
Until 12:07AM Fri			<b>Tritiya</b> Until 12:00AM Fri	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga				<b>Kartika</b> ·Aipasi			

3	<b>Friday, October 28, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Gatineau, Canada Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 20.09	Tithi 4	<b>Gulika</b> 7:51AM – 9:09AM	<b>Jyeshtha*</b> Until 10:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:33AM	
			Yama 2:21PM – 3:39PM	Sobhana Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 27 - 18
	Routine Work Marana Yoga	671276574	<b>Rahu</b> 10:27AM – 11:45AM	Vanija Until 10:50AM	<b>Nataraja:</b> Clear		3rd Phase
Until 10:21PM			<b>Chaturthi*</b> Until 9:38PM	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga				<b>Kartika</b> ·Aipasi			

4	<b>Saturday, October 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Gatineau, Canada Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 4.29	Tithi 5	<b>Gulika</b> 6:34AM – 7:52AM	<b>Mula*</b> Until 8:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	
			Yama 1:03PM – 2:20PM	Athiganda* Until 11:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 27 - 19
	Creative Work Siddha Yoga	681276574	<b>Rahu</b> 9:10AM – 10:27AM	Bava Until 8:27AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 7:14PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Kartika</b> ·Aipasi			

5	<b>Sunday, October 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Gatineau, Canada Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 18.48	Tithi 6 – 7	<b>Gulika</b> 2:20PM – 3:37PM	<b>Purvashadha*</b> Until 7:11PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM	
			Yama 11:45AM – 1:02PM	Sukarma Until 8:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 27 - 20
	Creative Work Siddha Yoga	681276574	<b>Rahu</b> 3:37PM – 4:54PM	Kaulava Until 6:03AM	<b>Nataraja:</b> Clear		3rd Phase
Until 7:11PM			<b>Shashthi*</b> Until 4:52PM	Moon – Light Blue		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Skanda Shasthi</b>		<b>Kartika</b> ·Aipasi			

D	<b>Monday, October 31, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Gatineau, Canada Sun 21 Sutra 197 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:02PM – 2:19PM	<b>Uttarashadha</b> Until 5:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	
	Makara Rasi: 3.04	Tithi 7 – 8	Yama 10:28AM – 11:45AM	Shula* Until 2:41AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 27 - 21
	<b>Family Home Evening</b>	681276574	<b>Rahu</b> 7:54AM – 9:11AM	Visti Until 1:35AM Tue	<b>Nataraja:</b> Clear		Ashtami
Routine Work Marana Yoga			<b>Saptami</b> Until 2:38PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:33PM				<b>Kartika</b> ·Aipasi			
Then Creative Work - Amrita Yoga							

T	<b>Tuesday, November 1, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gatineau, Canada Sun 22 Sutra 198 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 11:45AM – 1:01PM	<b>Shravana</b> Until 4:21PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	
	Makara Rasi: 17.14	Tithi 8 – 9	Yama 9:12AM – 10:28AM	Ganda* Until 11:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 27 - 22
	Creative Work Siddha Yoga	691276574	<b>Rahu</b> 2:18PM – 3:35PM	Balava Until 11:37PM	<b>Nataraja:</b> Clear		Navami
			<b>Ashtami*</b> Until 12:33PM	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				<b>Kartika</b> ·Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

l times are standard time. Calculated for Gatineau, Canada on 5/1/

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<b>1</b>	<b>Wednesday, November 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Gatineau, Canada Sun 23 Sutra 199
	Kumbha Rasi: 1.17	Tithi 9 – 10	<b>Gulika</b> 10:29AM – 11:45AM	<b>Dhanishtha</b> Until 3:14PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:40AM	Subhakrit 5124
			Yama 7:56AM – 9:12AM	Vriddhi Until 9:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 28 - 23
		692276574	<b>Rahu</b> 11:45AM – 1:01PM	Taitila Until 9:51PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple	<b>Bhuloka Day</b>		
Until 3:14PM					Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							


<b>2</b>	<b>Thursday, November 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 24 Sutra 200
	Kumbha Rasi: 15.11	Tithi 10 – 11	<b>Gulika</b> 9:13AM – 10:29AM	<b>Shatabhishak</b> Until 2:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:41AM	Subhakrit 5124
			Yama 6:41AM – 7:57AM	Dhruva Until 6:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 28 - 24
		692276574	<b>Rahu</b> 1:01PM – 2:17PM	Vanija Until 8:22PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga				Moon – Purple	<b>Bhuloka Day</b>		
					Devaloka Time: 3:PM to 6:PM		

<b>3</b>	<b>Friday, November 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 25 Sutra 201
	Kumbha Rasi: 28.56	Tithi 11 – 12	<b>Gulika</b> 7:58AM – 9:14AM	<b>Purvaproshtapada*</b> Until 1:44PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:42AM	Subhakrit 5124
			Yama 2:16PM – 3:32PM	Vyaghata* Until 4:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 28 - 25
		612276574	<b>Rahu</b> 10:29AM – 11:45AM	Bava Until 7:10PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga				Moon – Clear	<b>Bhuloka Day</b>		
					Devaloka Time: 3:PM to 6:PM		

<b>4</b>	<b>Saturday, November 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 26 Sutra 202
	Meena Rasi: 12.29	Tithi 12 – 13	<b>Gulika</b> 6:44AM – 7:59AM	<b>Uttaraproshtapada</b> Until 1:28PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:44AM	Subhakrit 5124
			Yama 1:00PM – 2:15PM	Harshana Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 28 - 26
		612276574	<b>Rahu</b> 9:14AM – 10:30AM	Kaulava Until 6:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga				Moon – Clear	<b>Bhuloka Day</b>		
Until 1:28PM					Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Prabalarishta Yoga							
					<i>Pradosha Vrata</i>		

<b>5</b>	<b>Sunday, November 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 27 Sutra 203
	Meena Rasi: 25.49	Tithi 13 – 14	<b>Gulika</b> 2:15PM – 3:30PM	<b>Revati</b> Until 1:25PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:45AM	Subhakrit 5124
			Yama 11:45AM – 1:00PM	Vajra* Until 1:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 28 - 27
		612276574	<b>Rahu</b> 3:30PM – 4:45PM	Vanija Until 5:47AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga				Moon – Clear	<b>Bhuloka Day</b>		
Until 1:25PM					Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

	<b>Monday, November 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Gatineau, Canada Sutra 204
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:00PM – 2:14PM	<b>Ashvini</b> Until 2:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:46AM	Subhakrit 5124
	Mesha Rasi: 8.56	Tithi 15	Yama 10:30AM – 11:45AM	Siddhi Until 12:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 28 - Purnima
	<b>Family Home Evening</b>	722276574	<b>Rahu</b> 8:01AM – 9:16AM	Visti Until 5:52PM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga				Moon – White	<b>Bhuloka Day</b>		
					Devaloka Time: 3:PM to 6:PM		

	<b>Tuesday, November 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Gatineau, Canada Sutra 205
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:45AM – 12:59PM	<b>Bharani</b> Until 3:08PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:48AM	Subhakrit 5124
	Mesha Rasi: 21.49	Tithi 15 – 16	Yama 9:16AM – 10:31AM	Vyatipata* Until 11:14AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 28 - Prathama
		722276574	<b>Rahu</b> 2:14PM – 3:28PM	Balava Until 6:23PM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga				Moon – White	<b>Bhuloka Day</b>		
					Devaloka Time: 3:PM to 6:PM		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Vairyan/Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gatineau, Canada

Sutra 206

Subhakarit 5124

Vrishabha Rasi: 4.27 Tithi 16 - 17

722276574

**Gulika** 10:31AM - 11:45AM  
**Yama** 8:03AM - 9:17AM  
**Rahu** 11:45AM - 12:59PM

**Krittika Until 4:29PM**

Vairyan Until 10:46AM

Taitila Until 7:25PM

**Prathama\* Until 6:49AM**

**Ganesha:** Blue

**Sunrise:** 6:49AM

**Muruqa:** Clear

**Sunset:** 4:41PM

**Nataraja:** Clear

Moon - White

**Kartika-Aipasi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 4:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gatineau, Canada

Sun 1 Sutra 207

Subhakarit 5124

Vrishabha Rasi: 16.52 Tithi 17 - 18

732276574

**Gulika** 9:18AM - 10:31AM  
**Yama** 6:50AM - 8:04AM  
**Rahu** 12:59PM - 2:13PM

**Rohini Until 6:39PM**

Parigha\* Until 10:42AM

Vanija Until 8:56PM

**Dvitiya Until 8:06AM**

**Ganesha:** Red

**Sunrise:** 6:50AM

**Muruqa:** Clear

**Sunset:** 4:40PM

**Nataraja:** Clear

Moon - Yellow

**Kartika-Aipasi**

**Devaloka Day**

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Gatineau, Canada

Sun 2 Sutra 208

Subhakarit 5124

Vrishabha Rasi: 29.04 Tithi 18 - 19

732276574

**Gulika** 8:05AM - 9:18AM  
**Yama** 2:12PM - 3:26PM  
**Rahu** 10:32AM - 11:45AM

**Mrigashira Until 9:05PM**

Shiva Until 11:00AM

Bava Until 10:55PM

**Tritiya Until 9:51AM**

**Ganesha:** Red

**Sunrise:** 6:52AM

**Muruqa:** Clear

**Sunset:** 4:39PM

**Nataraja:** Clear

Moon - Yellow

**Kartika-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gatineau, Canada

Sun 3 Sutra 209

Subhakarit 5124

Mithuna Rasi: 11.07 Tithi 19 - 20

732276574

**Gulika** 6:53AM - 8:06AM  
**Yama** 12:59PM - 2:12PM  
**Rahu** 9:19AM - 10:32AM

**Ardra Until 11:39PM**

Siddha Until 11:34AM

Kaulava Until 1:12AM Sun

**Chaturthi\* Until 12:00PM**

**Ganesha:** Red

**Sunrise:** 6:53AM

**Muruqa:** Clear

**Sunset:** 4:38PM

**Nataraja:** Clear

Moon - Yellow

**Kartika-Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gatineau, Canada

Sun 4 Sutra 210

Subhakarit 5124

Mithuna Rasi: 23.03 Tithi 20 - 21

742276574

**Gulika** 2:11PM - 3:24PM  
**Yama** 11:46AM - 12:58PM  
**Rahu** 3:24PM - 4:37PM

**Punarvasu Until 2:45AM Mon**

Sadhya Until 12:19PM

Gara Until 3:41AM Mon

**Panchami Until 2:24PM**

**Ganesha:** Green

**Sunrise:** 6:54AM

**Muruqa:** Clear

**Sunset:** 4:37PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Aipasi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gatineau, Canada

Sun 5 Sutra 211

Subhakarit 5124

Kataka Rasi: 4.56 Tithi 21 - 22

742376574

**Gulika** 12:58PM - 2:11PM  
**Yama** 10:33AM - 11:46AM  
**Rahu** 8:08AM - 9:21AM

**Pushya Until 5:40AM Tue**

Subha Until 1:11PM

Visti Until 6:09AM Tue

**Shashthi\* Until 4:54PM**

**Ganesha:** White

**Sunrise:** 6:56AM

**Muruqa:** Clear

**Sunset:** 4:36PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Aipasi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

6

Tuesday, November 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Gatineau, Canada

Sun 6 Sutra 212

Subhakarit 5124

Kataka Rasi: 16.49 Tithi 22

743376574

**Gulika** 11:46AM - 12:58PM  
**Yama** 9:21AM - 10:34AM  
**Rahu** 2:10PM - 3:23PM

**Ashlesha\* Until 8:15AM Wed**

Sukla Until 1:57PM

Visti Until 6:09AM

**Saptami Until 7:18PM**

**Ganesha:** Green

**Sunrise:** 6:57AM

**Muruqa:** Clear

**Sunset:** 4:35PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Aipasi**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Gatineau, Canada

Sun 7 Sutra 213

Subhakarit 5124

Kataka Rasi: 28.47 Tithi 23

743376574

**Gulika** 10:34AM - 11:46AM  
**Yama** 8:10AM - 9:22AM  
**Rahu** 11:46AM - 12:58PM

**Ashlesha\* Until 8:15AM**

Brahma Until 2:33PM

Balava Until 8:26AM

**Ashtami\* Until 9:24PM**

**Ganesha:** Green

**Sunrise:** 6:58AM

**Muruqa:** Clear

**Sunset:** 4:34PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Navamyam Titau

Gatineau, Canada

Sun 8 Sutra 214

Subhakarit 5124

Simha Rasi: 10.53 Tithi 24

753376575

**Gulika** 9:23AM - 10:35AM  
**Yama** 7:00AM - 8:11AM  
**Rahu** 12:58PM - 2:10PM

**Magha\* Until 10:47AM**

Indra Until 2:49PM

Taitila Until 10:19AM

**Navami\* Until 11:01PM**

**Ganesha:** Orange

**Sunrise:** 7:00AM

**Muruqa:** Clear

**Sunset:** 4:33PM

**Nataraja:** Purple

Moon - Red

**Kartika-Kartikai**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 10:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

l times are standard time. Calculated for Gatineau, Canada on 5/1/

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<b>1</b>		<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau			Gatineau, Canada Sun 9 Sutra 215	
Simha Rasi: 23.13	Tithi 25	<b>Gulika</b> 8:12AM – 9:24AM	<b>Purvaphalguni</b> Until 12:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:01AM		Subhakrit 5124	
		Yama 2:09PM – 3:21PM	Vaidhriti* Until 2:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM	Moon 11 - Phase 30 - 9		
		753376575 <b>Rahu</b> 10:35AM – 11:46AM	Vanija Until 11:37AM	<b>Nataraja:</b> Purple			2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 12:00AM Sat	Moon – Red		<b>Sivaloka Day</b>		
				Karttika-Karttikai				

<b>2</b>		<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau			Gatineau, Canada Sun 10 Sutra 216	
Kanya Rasi: 5.51	Tithi 26	<b>Gulika</b> 7:02AM – 8:13AM	<b>Uttaraphalguni</b> Until 1:34PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:02AM		Subhakrit 5124	
		Yama 12:58PM – 2:09PM	Vishkambha* Until 1:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:31PM	Moon 11 - Phase 30 - 10		
		753376575 <b>Rahu</b> 9:24AM – 10:36AM	Bava Until 12:13PM	<b>Nataraja:</b> Purple			2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 12:13AM Sun	Moon – Red		<b>Sivaloka Day</b>		
				Karttika-Karttikai				

<b>3</b>		<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau			Gatineau, Canada Sun 11 Sutra 217	
Kanya Rasi: 18.5	Tithi 27	<b>Gulika</b> 2:09PM – 3:19PM	<b>Hasta</b> Until 2:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:04AM		Subhakrit 5124	
		Yama 11:47AM – 12:58PM	Priti Until 12:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 30 - 11		
		763376575 <b>Rahu</b> 3:19PM – 4:30PM	Kaulava Until 12:03PM	<b>Nataraja:</b> Purple			2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashti*</b> Until 11:40PM	Moon – Green		<b>Devaloka Day</b>		
Until 2:07PM				Karttika-Karttikai				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau			Gatineau, Canada Sun 12 Sutra 218	
Tula Rasi: 2.14	Tithi 28	<b>Gulika</b> 12:58PM – 2:08PM	<b>Chitra</b> Until 1:45PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:05AM		Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:37AM – 11:47AM	Ayushman Until 10:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 30 - 12		
Routine Work	Prabalarishta Yoga	763376575 <b>Rahu</b> 8:15AM – 9:26AM	Gara Until 11:07AM	<b>Nataraja:</b> Purple			2nd Phase	
Until 1:45PM			<b>Trayodashi*</b> Until 10:22PM	Moon – Green		<b>Devaloka Day</b>		
Then Creative Work - Amrita Yoga				Karttika-Karttikai				
				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Gatineau, Canada Sun 13 Sutra 219	
Tula Rasi: 16.03	Tithi 29	<b>Gulika</b> 11:47AM – 12:58PM	<b>Svati</b> Until 12:34PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:06AM		Subhakrit 5124	
		Yama 9:27AM – 10:37AM	Saubhagya Until 8:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 30 - 13		
		763376575 <b>Rahu</b> 2:08PM – 3:18PM	Visti Until 9:30AM	<b>Nataraja:</b> Purple			2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:26PM	Moon – Green		<b>Devaloka Day</b>		
Until 12:34PM				Karttika-Karttikai				
Then Routine Work - Marana Yoga								


		<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau			Gatineau, Canada Sun 14 Sutra 220	
<b>Retreat Star</b>		<b>Gulika</b> 10:38AM – 11:48AM	<b>Vishakha</b> Until 11:07AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:07AM		Subhakrit 5124	
Vriscika Rasi: 0.15	Tithi 30 – 1	Yama 8:17AM – 9:28AM	Athiganda* Until 1:48AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 30 - 14		
		773376575 <b>Rahu</b> 11:48AM – 12:58PM	Catuspada Until 7:16AM	<b>Nataraja:</b> Purple			Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 5:58PM	Moon – Orange		<b>Devaloka Day</b>		
				Karttika-Karttikai				

<b>Thursdays, November 24, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Gatineau, Canada Sun 15 Sutra 221	
Vriscika Rasi: 14.46	Tithi 1 – 2	<b>Gulika</b> 9:28AM – 10:38AM	<b>Anuradha</b> Until 9:06AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:09AM		Subhakrit 5124	
		Yama 7:09AM – 8:18AM	Sukarma Until 10:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 30 - 15		
		773376575 <b>Rahu</b> 12:58PM – 2:08PM	Balava Until 1:39AM Fri	<b>Nataraja:</b> Purple			Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:08PM	Moon – Orange		<b>Devaloka Day</b>		
Until 9:06AM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Friday, November 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Gatineau, Canada Sun 16 Sutra 222 Subhakrit 5124		
Vrischika Rasi: 29.29	Tithi 2 – 3	<b>Gulika</b> 8:19AM – 9:29AM	<b>Jyeshtha* Until 6:41AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 2:08PM – 3:17PM	Dhriti Until 6:27PM	<b>Nataraja:</b> Purple		Moon – Orange		<b>Devaloka Day</b>
Until 6:41AM		773376575 <b>Rahu</b> 10:39AM – 11:48AM	Taitila Until 10:32PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		<b>Dvitiya Until 12:05PM</b>						
<b>2</b>		<b>Saturday, November 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Gatineau, Canada Sun 17 Sutra 223 Subhakrit 5124		
Dhanus Rasi: 14.17	Tithi 3 – 4	<b>Gulika</b> 7:11AM – 8:20AM	<b>Purvashadha* Until 2:06AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 12:58PM – 2:07PM	Shula* Until 2:41PM	<b>Nataraja:</b> Purple		Moon – Light Blue		<b>Devaloka Day</b>
Until 2:06AM Sun		783376575 <b>Rahu</b> 9:30AM – 10:39AM	Vanija Until 7:26PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		<b>Tritiya Until 8:57AM</b>						
<b>3</b>		<b>Sunday, November 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau		Gatineau, Canada Sun 18 Sutra 224 Subhakrit 5124		
Dhanus Rasi: 29.02	Tithi 5	<b>Gulika</b> 2:07PM – 3:16PM	<b>Uttarashadha Until 11:49PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 31 - 18 3rd Phase
Creative Work	Amrita Yoga	Yama 11:49AM – 12:58PM	Ganda* Until 11:00AM	<b>Nataraja:</b> Purple		Moon – Light Blue		<b>Devaloka Day</b>
Until 10:06PM		783376575 <b>Rahu</b> 3:16PM – 4:26PM	Bava Until 4:29PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		<b>Panchami Until 3:04AM Mon</b>						
<b>4</b>		<b>Monday, November 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Gatineau, Canada Sun 19 Sutra 225 Subhakrit 5124		
Makara Rasi: 13.39	Tithi 6	<b>Gulika</b> 12:58PM – 2:07PM	<b>Shravana Until 10:06PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:13AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 31 - 19 3rd Phase
<b>Family Home Evening</b>		Yama 10:40AM – 11:49AM	Vridhhi Until 7:32AM	<b>Nataraja:</b> Purple		Moon – Purple		<b>Sivaloka Day</b>
Creative Work	Amrita Yoga	793376575 <b>Rahu</b> 8:22AM – 9:31AM	Kaulava Until 1:47PM	Margasira-Karttikai				
Until 10:06PM			<b>Shashthi* Until 12:34AM Tue</b>					
Then Creative Work - Siddha Yoga								
<b>5</b>		<b>Tuesday, November 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Gatineau, Canada Sun 20 Sutra 226 Subhakrit 5124		
Makara Rasi: 28.01	Tithi 7	<b>Gulika</b> 11:50AM – 12:58PM	<b>Dhanishtha Until 8:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:15AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 9:32AM – 10:41AM	Vyaghata* Until 1:29AM Wed	<b>Nataraja:</b> Purple		Moon – Purple		<b>Sivaloka Day</b>
Until 8:39PM		794376575 <b>Rahu</b> 2:07PM – 3:16PM	Gara Until 11:28AM	Margasira-Karttikai				
Then Routine Work - Marana Yoga		<b>Saptami Until 10:28PM</b>						
<b>Retreat Star</b>		<b>Wednesday, November 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Gatineau, Canada Sun 21 Sutra 227 Subhakrit 5124		
Kumbha Rasi: 12.06	Tithi 8	<b>Gulika</b> 10:41AM – 11:50AM	<b>Shatabhishak Until 7:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 31 - 21 Ashtami
Creative Work	Siddha Yoga	Yama 8:24AM – 9:33AM	Harshana Until 11:02PM	<b>Nataraja:</b> Purple		Moon – Purple		<b>Sivaloka Day</b>
Until 7:32PM		794376575 <b>Rahu</b> 11:50AM – 12:59PM	Visti Until 9:37AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		<b>Ashtami* Until 8:51PM</b>						
<b>Retreat Star</b>		<b>Thursday, December 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Gatineau, Canada Sun 22 Sutra 228 Subhakrit 5124		
Kumbha Rasi: 25.52	Tithi 9	<b>Gulika</b> 9:34AM – 10:42AM	<b>Purvaproshtapada* Until 7:12PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 31 - 22 Navami
Creative Work	Siddha Yoga	Yama 7:17AM – 8:25AM	Vajra* Until 8:57PM	<b>Nataraja:</b> Purple		Moon – Clear		<b>Sivaloka Day</b>
Until 7:32PM		714376575 <b>Rahu</b> 12:59PM – 2:07PM	Balava Until 8:15AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga		<b>Navami* Until 7:45PM</b>						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>		<b>Friday, December 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau		Gatineau, Canada Sun 23 Sutra 229	
Meena Rasi: 9.2	Tithi 10	<b>Gulika</b> 8:26AM – 9:34AM	<b>Uttaraproshtapada</b> Until 7:14PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:18AM	Subhakrit 5124	
		Yama 2:07PM – 3:15PM	Siddhi Until 7:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 32 - 23	
		714376575 <b>Rahu</b> 10:43AM – 11:51AM	Taitila Until 7:25AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:10PM	Moon – Clear		<b>Sivaloka Day</b>	
				Margasira-Karttikai			
<b>2</b>		<b>Saturday, December 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Gatineau, Canada Sun 24 Sutra 230	
Meena Rasi: 22.32	Tithi 11	<b>Gulika</b> 7:19AM – 8:27AM	<b>Revati</b> Until 7:37PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:19AM	Subhakrit 5124	
		Yama 12:59PM – 2:07PM	Vyatipata* Until 6:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 32 - 24	
		714376575 <b>Rahu</b> 9:35AM – 10:43AM	Vanija Until 7:05AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 7:06PM	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:37PM		<b>Gita Jayanthi</b>		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Sunday, December 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau		Gatineau, Canada Sun 25 Sutra 231	
Mesha Rasi: 5.29	Tithi 12	<b>Gulika</b> 2:07PM – 3:15PM	<b>Ashvini</b> Until 8:45PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM	Subhakrit 5124	
		Yama 11:52AM – 12:59PM	Varyan Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 32 - 25	
		724376575 <b>Rahu</b> 3:15PM – 4:23PM	Bava Until 7:15AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dvodashi</b> Until 7:30PM	Moon – White		<b>Devaloka Day</b>	
Until 8:45PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							
<b>4</b>		<b>Monday, December 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau		Gatineau, Canada Sun 26 Sutra 232	
Mesha Rasi: 18.12	Tithi 13	<b>Gulika</b> 1:00PM – 2:07PM	<b>Bharani</b> Until 10:09PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:21AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:44AM – 11:52AM	Parigha* Until 4:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 32 - 26	
Creative Work	Siddha Yoga	724376575 <b>Rahu</b> 8:29AM – 9:37AM	Kaulava Until 7:53AM	<b>Nataraja:</b> Purple		4th Phase	
Until 10:09PM			<b>Trayodashi</b> Until 8:20PM	Moon – White		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			
<b>5</b>		<b>Tuesday, December 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau		Gatineau, Canada Sun 27 Sutra 233	
Virshabha Rasi: 0.44	Tithi 14	<b>Gulika</b> 11:52AM – 1:00PM	<b>Krittika</b> Until 11:47PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:22AM	Subhakrit 5124	
		Yama 9:37AM – 10:45AM	Shiva Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 32 - 27	
		724376575 <b>Rahu</b> 2:08PM – 3:15PM	Gara Until 8:56AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:35PM	Moon – White		<b>Devaloka Day</b>	
Until 11:47PM		<b>Krittika Deepam</b>		Margasira-Karttikai			
Then Creative Work - Amrita Yoga							
		<b>Wednesday, December 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Gatineau, Canada Sutra 234	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:45AM – 11:53AM	<b>Rohini</b> Until 2:05AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:23AM	Subhakrit 5124	
Virshabha Rasi: 13.05	Tithi 15	Yama 8:31AM – 9:38AM	Siddha Until 4:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:22PM	Moon 11 - Phase 32 - Purnima	
		734376575 <b>Rahu</b> 11:53AM – 1:00PM	Visti Until 10:22AM	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 11:12PM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 2:05AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							
<b>Thursday, December 8, 2022</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Gatineau, Canada Sutra 235	
Virshabha Rasi: 25.18	Tithi 16	<b>Gulika</b> 9:39AM – 10:46AM	<b>Mrigashira</b> Until 4:32AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:24AM	Subhakrit 5124	
		Yama 7:24AM – 8:32AM	Sadhya Until 4:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:22PM	Moon 11 - Phase 32 - Prathama	
		734376575 <b>Rahu</b> 1:01PM – 2:08PM	Balava Until 12:10PM	<b>Nataraja:</b> Purple			
Routine Work	Marana Yoga		<b>Prathama*</b> Until 1:09AM Fri	Moon – Yellow		<b>Sivaloka Day</b>	
Until 4:32AM Fri		<b>Vinayaga Viratam Begins</b>		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

l times are standard time. Calculated for Gatineau, Canada on 5/1/

www.gurudeva.org/panchang





Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Gatineau, Canada  
Sutra 236

Mithuna Rasi: 7.23      Tithi 17

734476575

**Gulika** 8:32AM – 9:39AM  
**Yama** 2:08PM – 3:15PM  
**Rahu** 10:47AM – 11:54AM

**Ardra Until 7:03AM Sat**  
Subha Until 5:14PM  
Tailila Until 2:15PM

**Ganesha:** Red      *Sunrise:* 7:25AM  
**Muruqa:** Clear      *Sunset:* 4:22PM

Moon 12 - Phase 33 -  
1st Phase

Creative Work      Siddha Yoga

**Dvitiya Until 3:22AM Sat**

**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

**Sivaloka Day**

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Gatineau, Canada  
Sun 1      Sutra 237

Mithuna Rasi: 19.23      Tithi 18

734476575

**Gulika** 7:26AM – 8:33AM  
**Yama** 1:01PM – 2:08PM  
**Rahu** 9:40AM – 10:47AM

**Ardra Until 7:03AM**  
Sukla Until 5:54PM  
Vanija Until 4:35PM

**Ganesha:** Red      *Sunrise:* 7:26AM  
**Muruqa:** Clear      *Sunset:* 4:22PM

Moon 12 - Phase 33 - 1  
1st Phase

Creative Work      Siddha Yoga

**Tritiya Until 5:47AM Sun**

**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

**Sivaloka Day**

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Gatineau, Canada  
Sun 2      Sutra 238

Kataka Rasi: 1.17      Tithi 19

744476575

**Gulika** 2:09PM – 3:15PM  
**Yama** 11:55AM – 1:02PM  
**Rahu** 3:15PM – 4:22PM

**Punarvasu Until 10:06AM**  
Brahma Until 6:42PM  
Bava Until 7:04PM

**Ganesha:** Green      *Sunrise:* 7:27AM  
**Muruqa:** Clear      *Sunset:* 4:22PM

Moon 12 - Phase 33 - 2  
1st Phase

Creative Work      Siddha Yoga

**Chaturthi\* Until 8:19AM Mon**

**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

**Devaloka Day**

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gatineau, Canada  
Sun 3      Sutra 239

Kataka Rasi: 13.1      Tithi 19 – 20

745476575

Family Home Evening

**Gulika** 1:02PM – 2:09PM  
**Yama** 10:48AM – 11:55AM  
**Rahu** 8:35AM – 9:42AM

**Pushya Until 1:03PM**  
Indra Until 7:33PM  
Kaulava Until 9:36PM

**Ganesha:** White      *Sunrise:* 7:28AM  
**Muruqa:** Clear      *Sunset:* 4:23PM

Moon 12 - Phase 33 - 3  
1st Phase

Creative Work      Siddha Yoga

**Chaturthi\* Until 8:19AM**

**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

**Devaloka Day**

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*Magha\* Nakshatra Vaidhrili\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gatineau, Canada  
Sun 4      Sutra 240

Kataka Rasi: 25.02      Tithi 20 – 21

745476575

**Gulika** 11:56AM – 1:02PM  
**Yama** 9:42AM – 10:49AM  
**Rahu** 2:09PM – 3:16PM

**Ashlesha\* Until 3:48PM**  
Vaidhrili\* Until 8:19PM  
Gara Until 12:03AM Wed

**Ganesha:** White      *Sunrise:* 7:29AM  
**Muruqa:** Clear      *Sunset:* 4:23PM

Moon 12 - Phase 33 - 4  
1st Phase

Creative Work      Siddha Yoga

**Panchami Until 10:49AM**

**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

**Devaloka Day**

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Gatineau, Canada  
Sun 5      Sutra 241

Simha Rasi: 6.58      Tithi 21 – 22

755476575

Creative Work      Siddha Yoga

Until 6:42PM

Then Creative Work - Amrita Yoga

**Gulika** 10:49AM – 11:56AM  
**Yama** 8:36AM – 9:43AM  
**Rahu** 11:56AM – 1:03PM

**Magha\* Until 6:42PM**  
Vishkambha\* Until 8:55PM  
Visli Until 2:14AM Thu

**Ganesha:** Clear      *Sunrise:* 7:29AM  
**Muruqa:** Clear      *Sunset:* 4:23PM

Moon 12 - Phase 33 - 5  
1st Phase

**Shashthi\* Until 1:10PM**

**Nataraja:** Purple  
Moon – Red  
Margasira-Karttikai

**Sivaloka Day**

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gatineau, Canada  
Sun 6      Sutra 242

Simha Rasi: 19.01      Tithi 22 – 23

755476575

Creative Work      Siddha Yoga

**Gulika** 9:43AM – 10:50AM  
**Yama** 7:30AM – 8:37AM  
**Rahu** 1:03PM – 2:10PM

**Purvaphalguni Until 9:02PM**  
Priti Until 9:13PM  
Balava Until 3:57AM Fri

**Ganesha:** Clear      *Sunrise:* 7:30AM  
**Muruqa:** Clear      *Sunset:* 4:23PM

Moon 12 - Phase 33 - 6  
1st Phase

**Markali Pillaiyar**

**Saptami Until 3:08PM**

**Nataraja:** Purple  
Moon – Red  
Margasira-Markali

**Sivaloka Day**

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gatineau, Canada  
Sun 7      Sutra 243

Kanya Rasi: 1.16      Tithi 23 – 24

855476575

Creative Work      Siddha Yoga

Until 10:38PM

Then Creative Work - Amrita Yoga

**Gulika** 8:38AM – 9:44AM  
**Yama** 2:10PM – 3:17PM  
**Rahu** 10:51AM – 11:57AM

**Uttaraphalguni Until 10:38PM**  
Ayushman Until 9:02PM  
Tailila Until 5:01AM Sat

**Ganesha:** White      *Sunrise:* 7:31AM  
**Muruqa:** Clear      *Sunset:* 4:23PM

Moon 12 - Phase 33 - 7  
Ashtami

**Ashtami\* Until 4:33PM**

**Nataraja:** Purple  
Moon – Red  
Margasira-Markali

**Devaloka Day**

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gatineau, Canada  
Sun 8      Sutra 244

Kanya Rasi: 13.47      Tithi 24 – 25

865476575

Routine Work      Marana Yoga

**Gulika** 7:32AM – 8:38AM  
**Yama** 1:04PM – 2:11PM  
**Rahu** 9:45AM – 10:51AM

**Hasta Until 11:49PM**  
Saubhagya Until 8:17PM  
Vanija Until 5:17AM Sun

**Ganesha:** Clear      *Sunrise:* 7:32AM  
**Muruqa:** Clear      *Sunset:* 4:24PM

Moon 12 - Phase 33 - 8  
Navami

**Navami\* Until 5:14PM**

**Nataraja:** Purple  
Moon – Green  
Margasira-Markali

**Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1 times are standard time. Calculated for Gatineau, Canada on 5/1/


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<b>1</b>		<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Gatineau, Canada Sun 9 Sutra 245	
Kanya Rasi: 26.41	Tithi 25 – 26	<b>Gulika</b> 2:11PM – 3:17PM	<b>Chitra</b> Until 12:01AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:32AM	Subhakrit 5124	
		Yama 11:58AM – 1:05PM	Sobhana Until 6:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 12 - Phase 34 - 9	
		865476575 <b>Rahu</b> 3:17PM – 4:24PM	Bava Until 4:42AM Mon	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:05PM	Moon – Green		<b>Sivaloka Day</b>	
Until 12:01AM Mon				Margasira*Markali			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Gatineau, Canada Sun 10 Sutra 246	
Tula Rasi: 10.01	Tithi 26 – 27	<b>Gulika</b> 1:05PM – 2:11PM	<b>Svati</b> Until 11:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:33AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:52AM – 11:59AM	Athiganda* Until 4:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 12 - Phase 34 - 10	
Creative Work	Amrita Yoga	865476575 <b>Rahu</b> 8:39AM – 9:46AM	Kaulava Until 3:17AM Tue	<b>Nataraja:</b> Purple		2nd Phase	
Until 11:15PM			<b>Ekadashi*</b> Until 4:04PM	Moon – Green		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				Margasira*Markali			

<b>3</b>		<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Gatineau, Canada Sun 11 Sutra 247	
Tula Rasi: 23.5	Tithi 27 – 28	<b>Gulika</b> 11:59AM – 1:06PM	<b>Vishakha</b> Until 10:01PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:34AM	Subhakrit 5124	
		Yama 9:46AM – 10:53AM	Sukarma Until 2:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Moon 12 - Phase 34 - 11	
		875476575 <b>Rahu</b> 2:12PM – 3:18PM	Gara Until 1:06AM Wed	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 2:15PM	Moon – Orange		<b>Devaloka Day</b>	
Until 10:01PM				Margasira*Markali			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Gatineau, Canada Sun 12 Sutra 248	
Vrischika Rasi: 8.07	Tithi 28 – 29	<b>Gulika</b> 10:53AM – 12:00PM	<b>Anuradha</b> Until 8:00PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:34AM	Subhakrit 5124	
		Yama 8:40AM – 9:47AM	Dhriti Until 10:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Moon 12 - Phase 34 - 12	
		876476575 <b>Rahu</b> 12:00PM – 1:06PM	Visti Until 10:18PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:45AM	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Day 1 of Pancha Ganapati</b>		Margasira*Markali			

		<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Gatineau, Canada Sun 13 Sutra 249	
<b>Retreat Star</b>		<b>Gulika</b> 9:47AM – 10:54AM	<b>Jyeshtha*</b> Until 5:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:35AM	Subhakrit 5124	
Vrischika Rasi: 22.5	Tithi 29 – 30	Yama 7:35AM – 8:41AM	Shula* Until 7:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Moon 12 - Phase 34 - 13	
		876476575 <b>Rahu</b> 1:07PM – 2:13PM	Catuspada Until 7:02PM	<b>Nataraja:</b> Purple		Amavasya	
Routine Work	Prabalarishta Yoga		<b>Chaturdashi*</b> Until 8:42AM	Moon – Orange		<b>Sivaloka Day</b>	
Until 5:22PM		<b>Day 2 of Pancha Ganapati</b>		Margasira*Markali			
Then Creative Work - Siddha Yoga							

<b>Friday, December 23, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Gatineau, Canada Sun 14 Sutra 250	
Dhanus Rasi: 7.5	Tithi 1	<b>Gulika</b> 8:41AM – 9:48AM	<b>Mula*</b> Until 2:42PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:35AM	Subhakrit 5124	
		Yama 2:13PM – 3:20PM	Vriddhi Until 10:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Moon 12 - Phase 34 - 14	
		886476575 <b>Rahu</b> 10:54AM – 12:01PM	Kintughna Until 3:29PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 1:38AM Sat	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 2:42PM		<b>Day 3 of Pancha Ganapati</b>		Pausha*Markali			
Then Routine Work - Prabalarishta Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1</b>		<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Gatineau, Canada Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 23	Tithi 2	886486575	<b>Gulika</b> 7:35AM – 8:42AM <b>Yama</b> 1:08PM – 2:14PM <b>Rahu</b> 9:48AM – 10:55AM	<b>Purvashadha* Until 11:46AM</b> Dhruva Until 6:40PM Balava Until 11:49AM <b>Dvitiya Until 9:58PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue Pausha*Markali	Sunrise: 7:35AM Sunset: 4:27PM	Moon 12 - Phase 35 - 15 3rd Phase
Creative Work Siddha Yoga Until 11:46AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati		Subha Sivaloka Day			
<b>2</b>		<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Gatineau, Canada Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 8.1	Tithi 3	886486575	<b>Gulika</b> 2:15PM – 3:21PM <b>Yama</b> 12:02PM – 1:08PM <b>Rahu</b> 3:21PM – 4:27PM	<b>Uttarashadha Until 8:46AM</b> Vyaghata* Until 2:30PM Taitila Until 8:11AM <b>Tritiya Until 6:26PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue Pausha*Markali	Sunrise: 7:36AM Sunset: 4:27PM	Moon 12 - Phase 35 - 16 3rd Phase
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Subha Sivaloka Day			
<b>3</b>		<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Gatineau, Canada Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 23.1	Tithi 4 – 5	896486576	<b>Gulika</b> 1:09PM – 2:15PM <b>Yama</b> 10:56AM – 12:02PM <b>Rahu</b> 8:43AM – 9:49AM	<b>Shravana Until 6:15AM</b> Harshana Until 10:35AM Bava Until 1:47AM Tue <b>Chaturthi* Until 3:13PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple Pausha*Markali	Sunrise: 7:36AM Sunset: 4:28PM	Moon 12 - Phase 35 - 17 3rd Phase
Family Home Evening Creative Work Amrita Yoga Until 6:15AM Then Creative Work - Siddha Yoga				Sivaloka Day			
<b>4</b>		<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Gatineau, Canada Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 7.52	Tithi 5 – 6	896486576	<b>Gulika</b> 12:03PM – 1:09PM <b>Yama</b> 9:50AM – 10:56AM <b>Rahu</b> 2:16PM – 3:22PM	<b>Shatabhishak Until 2:08AM Wed</b> Vajra* Until 6:58AM Kaulava Until 11:18PM <b>Panchami Until 12:27PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple Pausha*Markali	Sunrise: 7:37AM Sunset: 4:29PM	Moon 12 - Phase 35 - 18 3rd Phase
Routine Work Marana Yoga Until 2:08AM Wed Then Creative Work - Amrita Yoga				Sivaloka Day			
<b>5</b>		<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Gatineau, Canada Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 22.11	Tithi 6 – 7	817486576	<b>Gulika</b> 10:57AM – 12:03PM <b>Yama</b> 8:43AM – 9:50AM <b>Rahu</b> 12:03PM – 1:10PM	<b>Purvaproshtapada* Until 1:12AM Thu</b> Vyatipata* Until 1:14AM Thu Gara Until 9:27PM <b>Shashthi* Until 10:16AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear Pausha*Markali	Sunrise: 7:37AM Sunset: 4:30PM	Moon 12 - Phase 35 - 19 3rd Phase
Creative Work Amrita Yoga Until 1:12AM Thu Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends		Devaloka Day			
<b>Retreat Star</b>		<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau		Gatineau, Canada Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 6.04	Tithi 7 – 8	817486576	<b>Gulika</b> 9:50AM – 10:57AM <b>Yama</b> 7:37AM – 8:44AM <b>Rahu</b> 1:10PM – 2:17PM	<b>Uttaraproshtapada Until 12:51AM Fri</b> Variyan Until 11:11PM Visiti Until 8:20PM <b>Saptami Until 8:47AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear Pausha*Markali	Sunrise: 7:37AM Sunset: 4:30PM	Moon 12 - Phase 35 - 20 Ashtami
Creative Work Siddha Yoga				Devaloka Day			
<b>Retreat Star</b>		<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Gatineau, Canada Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 19.31	Tithi 8 – 9	817486576	<b>Gulika</b> 8:44AM – 9:51AM <b>Yama</b> 2:18PM – 3:24PM <b>Rahu</b> 10:57AM – 12:04PM	<b>Revati Until 1:04AM Sat</b> Parigha* Until 9:44PM Balava Until 7:57PM <b>Ashtami* Until 8:02AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear Pausha*Markali	Sunrise: 7:37AM Sunset: 4:31PM	Moon 12 - Phase 35 - 21 Navami
Creative Work Siddha Yoga				Devaloka Day			

<b>1</b>		<b>Saturday, December 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Gatineau, Canada Sun 22 Sutra 258 Subhakrit 5124	
Mesha Rasi: 2.34	Tithi 9 – 10	827486576	<b>Gulika</b> 7:37AM – 8:44AM Yama 1:11PM – 2:18PM <b>Rahu</b> 9:51AM – 10:58AM	<b>Ashvini Until 2:16AM Sun</b> Shiva Until 8:51PM Taitila Until 8:17PM <b>Navami* Until 8:01AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:37AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:32PM <b>Nataraja:</b> Clear Moon – White Pausha-Markali	<i>Sunrise:</i> 7:37AM <i>Sunset:</i> 4:32PM	Moon 12 - Phase 36 - 22 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 2:16AM Sun Then Routine Work - Prabalarishta Yoga							
<b>2</b>		<b>Sunday, January 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Gatineau, Canada Sun 23 Sutra 259 Subhakrit 5124	
Mesha Rasi: 15.17	Tithi 10 – 11	827486576	<b>Gulika</b> 2:19PM – 3:26PM Yama 12:05PM – 1:12PM <b>Rahu</b> 3:26PM – 4:33PM	<b>Bharani Until 3:53AM Mon</b> Siddha Until 8:24PM Vanija Until 9:16PM <b>Dashami Until 8:41AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:37AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:33PM <b>Nataraja:</b> Clear Moon – White Pausha-Markali	<i>Sunrise:</i> 7:37AM <i>Sunset:</i> 4:33PM	Moon 12 - Phase 36 - 23 4th Phase <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 3:53AM Mon Then Routine Work - Marana Yoga							
<b>3</b>		<b>Monday, January 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Gatineau, Canada Sun 24 Sutra 260 Subhakrit 5124	
Mesha Rasi: 27.45	Tithi 11 – 12	827486576	<b>Gulika</b> 1:13PM – 2:20PM Yama 10:59AM – 12:06PM <b>Rahu</b> 8:45AM – 9:52AM	<b>Krittika Until 5:47AM Tue</b> Sadhya Until 8:22PM Bava Until 10:44PM <b>Ekadashi Until 9:55AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:37AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:34PM <b>Nataraja:</b> Clear Moon – White Pausha-Markali	<i>Sunrise:</i> 7:37AM <i>Sunset:</i> 4:34PM	Moon 12 - Phase 36 - 24 4th Phase <b>Sivaloka Day</b>
Family Home Evening Routine Work Marana Yoga Until 5:47AM Tue Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Tuesday, January 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Gatineau, Canada Sun 25 Sutra 261 Subhakrit 5124	
Vrishabha Rasi: 10.01	Tithi 12 – 13	837586576	<b>Gulika</b> 12:06PM – 1:13PM Yama 9:52AM – 10:59AM <b>Rahu</b> 2:20PM – 3:28PM	<b>Rohini Until 8:21AM Wed</b> Subha Until 8:38PM Kaulava Until 12:35AM Wed <b>Dvadashi Until 11:36AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:37AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:35PM <b>Nataraja:</b> Clear Moon – Yellow Pausha-Markali	<i>Sunrise:</i> 7:37AM <i>Sunset:</i> 4:35PM	Moon 12 - Phase 36 - 25 4th Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 8:21AM Wed Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Wednesday, January 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Gatineau, Canada Sun 26 Sutra 262 Subhakrit 5124	
Vrishabha Rasi: 22.08	Tithi 13 – 14	838586576	<b>Gulika</b> 10:59AM – 12:07PM Yama 8:45AM – 9:52AM <b>Rahu</b> 12:07PM – 1:14PM	<b>Rohini Until 8:21AM</b> Sukla Until 9:05PM Gara Until 2:43AM Thu <b>Trayodashi Until 1:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:37AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:36PM <b>Nataraja:</b> Clear Moon – Yellow Pausha-Markali	<i>Sunrise:</i> 7:37AM <i>Sunset:</i> 4:36PM	Moon 12 - Phase 36 - 26 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							
<b>6</b>		<b>Thursday, January 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Gatineau, Canada Sun 27 Sutra 263 Subhakrit 5124	
Mithuna Rasi: 4.1	Tithi 14 – 15	838586576	<b>Gulika</b> 9:52AM – 11:00AM Yama 7:37AM – 8:45AM <b>Rahu</b> 1:14PM – 2:22PM	<b>Mrigashira Until 10:59AM</b> Brahma Until 9:42PM Visti Until 5:01AM Fri <b>Chaturdashi* Until 3:50PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:37AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:37PM <b>Nataraja:</b> Clear Moon – Yellow Pausha-Markali	<i>Sunrise:</i> 7:37AM <i>Sunset:</i> 4:37PM	Moon 12 - Phase 36 - 27 4th Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Subramuniyaswami Jayanti							
<b>7</b>		<b>Friday, January 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau		Gatineau, Canada Sutra 264 Subhakrit 5124	
Mithuna Rasi: 16.08	Tithi 15	838586576	<b>Gulika</b> 8:45AM – 9:52AM Yama 2:23PM – 3:30PM <b>Rahu</b> 11:00AM – 12:07PM	<b>Ardra Until 1:36PM</b> Indra Until 10:25PM Bava Until 6:12PM <b>Purnima* Until 6:12PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:37AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:38PM <b>Nataraja:</b> Clear Moon – Yellow Pausha-Markali	<i>Sunrise:</i> 7:37AM <i>Sunset:</i> 4:38PM	Moon 12 - Phase 36 - Purnima <b>Devaloka Day</b>
Creative Work Siddha Yoga Ardra Darshanam							
<b>8</b>		<b>Saturday, January 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Gatineau, Canada Sutra 265 Subhakrit 5124	
Mithuna Rasi: 28.03	Tithi 16	848586576	<b>Gulika</b> 7:37AM – 8:45AM Yama 1:16PM – 2:23PM <b>Rahu</b> 9:53AM – 11:00AM	<b>Punarvasu Until 4:38PM</b> Vaidhriti* Until 11:10PM Balava Until 7:26AM <b>Prathama* Until 8:39PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:37AM <b>Muruga:</b> Purple <i>Sunset:</i> 4:39PM <b>Nataraja:</b> Clear Moon – Blue Pausha-Markali	<i>Sunrise:</i> 7:37AM <i>Sunset:</i> 4:39PM	Moon 12 - Phase 36 - Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 9.56      Tithi 17  
Creative Work      Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:24PM – 3:32PM  
**Yama** 12:08PM – 1:16PM  
**Rahu** 3:32PM – 4:40PM

**Pushya Until 7:33PM**  
**Vishkambha\* Until 11:57PM**  
**Taitila Until 9:55AM**  
**Dvitiya Until 11:09PM**

Gatineau, Canada  
Sun 1      Sutra 266  
Subhakit 5124

**Ganesha:** Clear      *Sunrise:* 7:37AM  
**Muruqa:** Purple      *Sunset:* 4:40PM  
**Nataraja:** Clear  
Moon – Blue

**Sivaloka Day**

Pausha-Markali

Moon 1 - Phase 37 - 1  
1st Phase

**1**

**Monday, January 9, 2023**

Kataka Rasi: 21.5      Tithi 18  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 10:17PM  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 1:17PM – 2:25PM  
**Yama** 11:01AM – 12:09PM  
**Rahu** 8:45AM – 9:53AM

**Ashlesha\* Until 10:17PM**  
**Priti Until 12:45AM Tue**  
**Vanija Until 12:25PM**  
**Tritiya Until 1:37AM Tue**

Gatineau, Canada  
Sun 2      Sutra 267  
Subhakit 5124

**Ganesha:** Clear      *Sunrise:* 7:37AM  
**Muruqa:** Purple      *Sunset:* 4:41PM  
**Nataraja:** Clear  
Moon – Blue

**Sivaloka Day**

Pausha-Markali

Moon 1 - Phase 37 - 2  
1st Phase

**2**

**Tuesday, January 10, 2023**

Simha Rasi: 3.44      Tithi 19  
Creative Work      Siddha Yoga  
Until 1:16AM Wed  
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 12:09PM – 1:17PM  
**Yama** 9:53AM – 11:01AM  
**Rahu** 2:26PM – 3:34PM

**Magha\* Until 1:16AM Wed**  
**Ayushman Until 1:26AM Wed**  
**Bava Until 2:51PM**  
**Chaturthi\* Until 3:59AM Wed**

Gatineau, Canada  
Sun 3      Sutra 268  
Subhakit 5124

**Ganesha:** Clear      *Sunrise:* 7:36AM  
**Muruqa:** Purple      *Sunset:* 4:42PM  
**Nataraja:** Clear  
Moon – Red

**Sivaloka Day**

Pausha-Markali

Moon 1 - Phase 37 - 3  
1st Phase

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 15.41      Tithi 20  
Creative Work      Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:01AM – 12:10PM  
**Yama** 8:44AM – 9:53AM  
**Rahu** 12:10PM – 1:18PM

**Purvaphalguni Until 3:51AM Thu**  
**Saubhagya Until 1:58AM Thu**  
**Kaulava Until 5:07PM**  
**Panchami Until 6:07AM Thu**

Gatineau, Canada  
Sun 4      Sutra 269  
Subhakit 5124

**Ganesha:** Clear      *Sunrise:* 7:36AM  
**Muruqa:** Purple      *Sunset:* 4:43PM  
**Nataraja:** Clear  
Moon – Red

**Sivaloka Day**

Pausha-Markali

Moon 1 - Phase 37 - 4  
1st Phase

**4**

**Thursday, January 12, 2023**

Simha Rasi: 27.44      Tithi 20 – 21  
Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 9:53AM – 11:01AM  
**Yama** 7:36AM – 8:44AM  
**Rahu** 1:19PM – 2:27PM

**Uttaraphalguni Until 5:55AM Fri**  
**Sobhana Until 2:13AM Fri**  
**Gara Until 7:03PM**  
**Panchami Until 6:07AM**

Gatineau, Canada  
Sun 5      Sutra 270  
Subhakit 5124

**Ganesha:** Clear      *Sunrise:* 7:36AM  
**Muruqa:** Purple      *Sunset:* 4:44PM  
**Nataraja:** Clear  
Moon – Red

**Sivaloka Day**

Pausha-Markali

Moon 1 - Phase 37 - 5  
1st Phase

**5**

**Friday, January 13, 2023**

Kanya Rasi: 9.56      Tithi 21 – 22  
Creative Work      Amrita Yoga  
Until 7:46AM Sat  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 8:44AM – 9:53AM  
**Yama** 2:28PM – 3:37PM  
**Rahu** 11:02AM – 12:10PM

**Hasta Until 7:46AM Sat**  
**Athiganda\* Until 2:03AM Sat**  
**Visti Until 8:30PM**  
**Shashthi\* Until 7:50AM**

Gatineau, Canada  
Sun 6      Sutra 271  
Subhakit 5124

**Ganesha:** Clear      *Sunrise:* 7:35AM  
**Muruqa:** Purple      *Sunset:* 4:46PM  
**Nataraja:** Clear  
Moon – Red

**Sivaloka Day**

Pausha-Markali

Moon 1 - Phase 37 - 6  
1st Phase

**D**

**Saturday, January 14, 2023**  
**Retreat Star**

Kanya Rasi: 22.23      Tithi 22 – 23  
Routine Work      Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 7:35AM – 8:44AM  
**Yama** 1:20PM – 2:29PM  
**Rahu** 9:53AM – 11:02AM

**Hasta Until 7:46AM**  
**Sukarma Until 1:21AM Sun**  
**Balava Until 9:17PM**  
**Saptami Until 8:58AM**

Gatineau, Canada  
Sun 7      Sutra 272  
Subhakit 5124

**Ganesha:** White      *Sunrise:* 7:35AM  
**Muruqa:** Purple      *Sunset:* 4:47PM  
**Nataraja:** Clear  
Moon – Green

**Subha Sivaloka Day**

Pausha-Thai

Moon 1 - Phase 37 - 7  
Ashtami

**Sunday, January 15, 2023**

**Retreat Star**

Tula Rasi: 5.1      Tithi 23 – 24  
Creative Work      Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:30PM – 3:39PM  
**Yama** 12:11PM – 1:20PM  
**Rahu** 3:39PM – 4:48PM

**Chitra Until 8:45AM**  
**Dhriti Until 12:03AM Mon**  
**Taitila Until 9:15PM**  
**Ashtami\* Until 9:21AM**

Gatineau, Canada  
Sun 8      Sutra 273  
Subhakit 5124

**Ganesha:** White      *Sunrise:* 7:34AM  
**Muruqa:** Purple      *Sunset:* 4:48PM  
**Nataraja:** Clear  
Moon – Green

**Subha Sivaloka Day**

Pausha-Thai

Moon 1 - Phase 37 - 8  
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada


<b>Monday, January 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Indu Vasara Yuktayam			Gatineau, Canada	
<b>1</b>		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Sun 9	Sutra 274
Tula Rasi: 18.22	Tithi 24 – 25	<b>Gulika</b>	1:21PM – 2:30PM	<b>Svati Until 8:46AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:34AM
<b>Family Home Evening</b>	869586576	Yama	11:02AM – 12:11PM	Shula* Until 10:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:49PM
Creative Work	Amrita Yoga	<b>Rahu</b>	8:43AM – 9:53AM	Vanija Until 8:23PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 9
Until 8:46AM				<b>Navami* Until 8:54AM</b>	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	<b>Subha Sivaloka Day</b>

<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Mangala Vasara Yuktayam			Gatineau, Canada	
<b>2</b>		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Sun 10	Sutra 275
Vrischika Rasi: 2.01	Tithi 25 – 26	<b>Gulika</b>	12:12PM – 1:21PM	<b>Vishakha Until 8:15AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:33AM
	879586576	Yama	9:53AM – 11:02AM	Ganda* Until 7:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM
Routine Work	Marana Yoga	<b>Rahu</b>	2:31PM – 3:41PM	Bava Until 6:40PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 10
Until 8:15AM				<b>Dashami Until 7:36AM</b>	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha*Thai	<b>Sivaloka Day</b>

<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktayam			Gatineau, Canada	
<b>3</b>		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau			Sun 11	Sutra 276
Vrischika Rasi: 16.1	Tithi 27	<b>Gulika</b>	11:02AM – 12:12PM	<b>Anuradha Until 6:48AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:33AM
	871586576	Yama	8:43AM – 9:52AM	Vriddhi Until 4:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM
Creative Work	Siddha Yoga	<b>Rahu</b>	12:12PM – 1:22PM	Kaulava Until 4:13PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 11
				<b>Dvadashi* Until 2:44AM Thu</b>	Moon – Orange	2nd Phase
					Pausha*Thai	<b>Sivaloka Day</b>

<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Guru Vasara Yuktayam			Gatineau, Canada	
<b>4</b>		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau			Sun 12	Sutra 277
Dhanus Rasi: 0.47	Tithi 28	<b>Gulika</b>	9:52AM – 11:02AM	<b>Mula* Until 2:04AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:32AM
	881586576	Yama	7:32AM – 8:42AM	Dhruva Until 12:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM
Creative Work	Siddha Yoga	<b>Rahu</b>	1:23PM – 2:33PM	Gara Until 1:09PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 12
Until 2:04AM Fri				<b>Trayodashi* Until 11:25PM</b>	Moon – Light Blue	2nd Phase
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	<b>Sivaloka Day</b>
						<i>Pradosha Vrata (Fasting)</i>

<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Sukra Vasara Yuktayam			Gatineau, Canada	
<b>5</b>		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Sun 13	Sutra 278
Dhanus Rasi: 15.48	Tithi 29	<b>Gulika</b>	8:42AM – 9:52AM	<b>Purvashadha* Until 11:06PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:31AM
	881586576	Yama	2:34PM – 3:44PM	Vyaghata* Until 8:20AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM
Routine Work	Prabalarishta Yoga	<b>Rahu</b>	11:02AM – 12:13PM	Visti Until 9:38AM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 13
Until 11:06PM				<b>Chaturdashi* Until 7:44PM</b>	Moon – Light Blue	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	<b>Sivaloka Day</b>

<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksho Mantla Vasara Yuktayam			Gatineau, Canada	
	<b>Retreat Star</b>	Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Sun 14	Sutra 279
Makara Rasi: 1.04	Tithi 30 – 1	<b>Gulika</b>	7:31AM – 8:41AM	<b>Uttarashadha Until 7:51PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:31AM
	881586576	Yama	1:24PM – 2:34PM	Vajra* Until 11:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM
Routine Work	Marana Yoga	<b>Rahu</b>	9:52AM – 11:02AM	Kintughna Until 1:57AM Sun	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 14
Until 7:51PM				<b>Amavasya* Until 3:53PM</b>	Moon – Light Blue	Amavasya
Then Creative Work - Siddha Yoga					Pausha*Thai	<b>Sivaloka Day</b>

<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksho Bhanu Vasara Yuktayam			Gatineau, Canada	
<b>Retreat Star</b>		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Sun 15	Sutra 280
Makara Rasi: 16.23	Tithi 1 – 2	<b>Gulika</b>	2:35PM – 3:46PM	<b>Shravana Until 4:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:30AM
	891586576	Yama	12:13PM – 1:24PM	Siddhi Until 7:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM
Creative Work	Amrita Yoga	<b>Rahu</b>	3:46PM – 4:57PM	Balava Until 10:09PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 15
Until 4:53PM				<b>Prathama* Until 12:01PM</b>	Moon – Purple	Prathama
Then Routine Work - Marana Yoga					Magha*Thai	<b>Sivaloka Day</b>

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

<b>1</b>	<b>Monday, January 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Gatineau, Canada
	Kumbha Rasi: 1.37	Tithi 2 - 3	891586576	Gulika 1:25PM - 2:36PM	Dhanishtha Until 2:00PM	Ganesha: Yellow	Sun 16 Sutra 281
	Family Home Evening			Yama 11:02AM - 12:14PM	Vyatipata* Until 3:01PM	Muruqa: Purple	Subhakrit 5124
	Creative Work Siddha Yoga			Rahu 8:40AM - 9:51AM	Taitila Until 6:36PM	Nataraja: Clear	Moon 1 - Phase 39 - 16
				Dvitiya Until 8:19AM	Moon - Purple	3rd Phase	
					Magha*Thai	<b>Sivaloka Day</b>	

<b>2</b>	<b>Tuesday, January 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Varyayan/Parigha* Yoga Vanija/Visti* Karana Chaturthayam Titau				Gatineau, Canada
	Kumbha Rasi: 16.35	Tithi 4	991586576	Gulika 12:14PM - 1:25PM	Shatabhishak Until 11:24AM	Ganesha: Red	Sun 17 Sutra 282
	Routine Work Marana Yoga			Yama 9:51AM - 11:02AM	Varyayan Until 11:09AM	Muruqa: Purple	Subhakrit 5124
				Rahu 2:37PM - 3:48PM	Vanija Until 3:31PM	Nataraja: Clear	Moon 1 - Phase 39 - 17
				Chaturthi* Until 2:09AM Wed	Moon - Purple	3rd Phase	
					Magha*Thai	<b>Sivaloka Day</b>	

<b>3</b>	<b>Wednesday, January 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada/Uttaraprossthapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Gatineau, Canada
	Meena Rasi: 1.1	Tithi 5	911586576	Gulika 11:02AM - 12:14PM	Purvaprossthapada* Until 9:38AM	Ganesha: Blue	Sun 18 Sutra 283
	Creative Work Amrita Yoga			Yama 8:39AM - 9:51AM	Parigha* Until 7:46AM	Muruqa: Purple	Subhakrit 5124
	Until 9:38AM			Rahu 12:14PM - 1:26PM	Bava Until 1:01PM	Nataraja: Clear	Moon 1 - Phase 39 - 18
Then Creative Work - Siddha Yoga				Panchami Until 12:01AM Thu	Moon - Clear	3rd Phase	
					Magha*Thai	<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Thursday, January 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Gatineau, Canada
	Meena Rasi: 15.15	Tithi 6	911586576	Gulika 9:50AM - 11:02AM	Uttaraprossthapada Until 8:26AM	Ganesha: Blue	Sun 19 Sutra 284
	Creative Work Siddha Yoga			Yama 7:26AM - 8:38AM	Siddha Until 2:48AM Fri	Muruqa: Purple	Subhakrit 5124
				Rahu 1:26PM - 2:38PM	Kaulava Until 11:15AM	Nataraja: Clear	Moon 1 - Phase 39 - 19
				Shashthi* Until 10:40PM	Moon - Clear	3rd Phase	
					Magha*Thai	<b>Subha Sivaloka Day</b>	

<b>5</b>	<b>Friday, January 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Gatineau, Canada
	Meena Rasi: 28.5	Tithi 7	911586576	Gulika 8:38AM - 9:50AM	Revati Until 7:55AM	Ganesha: Blue	Sun 20 Sutra 285
	Creative Work Siddha Yoga			Yama 2:39PM - 3:51PM	Sadhya Until 1:20AM Sat	Muruqa: Purple	Subhakrit 5124
	Until 7:55AM			Rahu 11:02AM - 12:15PM	Gara Until 10:20AM	Nataraja: Clear	Moon 1 - Phase 39 - 20
Then Creative Work - Amrita Yoga				Saptami Until 10:11PM	Moon - Clear	3rd Phase	
					Magha*Thai	<b>Subha Sivaloka Day</b>	

<b>6</b>	<b>Saturday, January 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Gatineau, Canada
	<b>Retreat Star</b>			Gulika 7:25AM - 8:37AM	Ashvini Until 8:32AM	Ganesha: White	Sun 21 Sutra 286
	Mesha Rasi: 11.58	Tithi 8	921686576	Yama 1:27PM - 2:40PM	Subha Until 12:31AM Sun	Muruqa: Purple	Subhakrit 5124
	Creative Work Siddha Yoga			Rahu 9:50AM - 11:02AM	Visti Until 10:18AM	Nataraja: Clear	Moon 1 - Phase 39 - 21
				Ashtami* Until 10:34PM	Moon - White	Ashtami	
					Magha*Thai	<b>Devaloka Day</b>	

<b>7</b>	<b>Sunday, January 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Gatineau, Canada
	<b>Retreat Star</b>			Gulika 2:41PM - 3:54PM	Bharani Until 9:48AM	Ganesha: Yellow	Sun 22 Sutra 287
	Mesha Rasi: 24.4	Tithi 9	922686576	Yama 12:15PM - 1:28PM	Sukla Until 12:16AM Mon	Muruqa: Purple	Subhakrit 5124
	Routine Work Prabalarishta Yoga			Rahu 3:54PM - 5:06PM	Balava Until 11:04AM	Nataraja: Clear	Moon 1 - Phase 39 - 22
Until 9:48AM				Navami* Until 11:42PM	Moon - White	Navami	
Then Creative Work - Siddha Yoga					Magha*Thai	<b>Sivaloka Day</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	<b>Monday, January 30, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Gatineau, Canada Sun 23 Sutra 288 Subhakrit 5124
	Vrishabha Rasi: 7.04 <b>Family Home Evening</b> Routine Work Marana Yoga Until 11:35AM Then Creative Work - Amrita Yoga	922686576	Gulika 1:28PM – 2:41PM Yama 11:02AM – 12:15PM Rahu 8:36AM – 9:49AM	Krittika Until 11:35AM Brahma Until 12:28AM Tue Taitila Until 12:32PM Dashami Until 1:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 7:22AM Sunset: 5:08PM	Moon 1 - Phase 40 - 23 4th Phase <b>Sivaloka Day</b>

2	<b>Tuesday, January 31, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Gatineau, Canada Sun 24 Sutra 289 Subhakrit 5124
	Vrishabha Rasi: 19.13 Creative Work Amrita Yoga Until 2:11PM Then Creative Work - Siddha Yoga	932686576	Gulika 12:15PM – 1:29PM Yama 9:48AM – 11:02AM Rahu 2:42PM – 3:56PM	Rohini Until 2:11PM Indra Until 1:01AM Wed Vanija Until 2:31PM Ekadashi Until 3:37AM Wed	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:21AM Sunset: 5:09PM	Moon 1 - Phase 40 - 24 4th Phase <b>Subha Sivaloka Day</b>

3	<b>Wednesday, February 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Gatineau, Canada Sun 25 Sutra 290 Subhakrit 5124
	Mithuna Rasi: 1.13 Creative Work Siddha Yoga	932686576	Gulika 11:02AM – 12:15PM Yama 8:35AM – 9:48AM Rahu 12:15PM – 1:29PM	Mrigashira Until 4:56PM Vaidhriti* Until 1:43AM Thu Bava Until 4:50PM Dvadashi Until 6:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:21AM Sunset: 5:09PM	Moon 1 - Phase 40 - 25 4th Phase <b>Subha Sivaloka Day</b>

4	<b>Thursday, February 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 26 Sutra 291 Subhakrit 5124
	Mithuna Rasi: 13.08 Routine Work Marana Yoga Until 7:40PM Then Creative Work - Amrita Yoga	932686576	Gulika 9:48AM – 11:02AM Yama 7:20AM – 8:34AM Rahu 1:29PM – 2:43PM	Ardra Until 7:40PM Vishkambha* Until 2:32AM Fri Kaulava Until 7:18PM Dvadashi Until 6:02AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:20AM Sunset: 5:11PM	Moon 1 - Phase 40 - 26 4th Phase <b>Subha Sivaloka Day</b>
	<i>Pradosha Vrata</i>						

5	<b>Friday, February 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 27 Sutra 292 Subhakrit 5124
	Mithuna Rasi: 25.01 Creative Work Siddha Yoga Until 10:47PM Then Routine Work - Marana Yoga	942686577	Gulika 8:33AM – 9:47AM Yama 2:44PM – 3:58PM Rahu 11:01AM – 12:16PM	Punarvasu Until 10:47PM Priti Until 3:22AM Sat Gara Until 9:49PM Trayodashi Until 8:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:19AM Sunset: 5:12PM	Moon 1 - Phase 40 - 27 4th Phase <b>Sivaloka Day</b>

○	<b>Saturday, February 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Gatineau, Canada Sutra 293 Subhakrit 5124		
	<b>Copper Retreat Star</b>		Kataka Rasi: 6.54 Creative Work Siddha Yoga	942686577	Gulika 7:18AM – 8:32AM Yama 1:30PM – 2:45PM Rahu 9:47AM – 11:01AM	Pushya Until 1:41AM Sun Ayushman Until 4:08AM Sun Visti Until 12:17AM Sun Chaturdashi* Until 11:02AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:18AM Sunset: 5:13PM	Moon 1 - Phase 40 - Purnima <b>Sivaloka Day</b>
	<b>Thai Pusam</b>								

○	<b>Sunday, February 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Gatineau, Canada Sutra 294 Subhakrit 5124		
	<b>Silver Retreat Star</b>		Kataka Rasi: 18.48 Creative Work Siddha Yoga Until 4:19AM Mon Then Routine Work - Marana Yoga	942686577	Gulika 2:45PM – 4:00PM Yama 12:16PM – 1:31PM Rahu 4:00PM – 5:15PM	Ashlesha* Until 4:19AM Mon Saubhagya Until 4:50AM Mon Balava Until 2:39AM Mon Purnima* Until 1:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:17AM Sunset: 5:15PM	Moon 1 - Phase 40 - Prathama <b>Sivaloka Day</b>





Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 0.44 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 7:10AM Tue  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:31PM - 2:46PM  
Yama 11:01AM - 12:16PM  
Rahu 8:31AM - 9:46AM

Magha\* Until 7:10AM Tue  
Sobhana Until 5:27AM Tue  
Taitila Until 4:54AM Tue  
Prathama\* Until 3:46PM

Ganesha: Purple Sunrise: 7:16AM  
Muruga: Purple Sunset: 5:16PM  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Gatineau, Canada  
Sutra 295  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

Subha Sivaloka Day

Tuesday, February 7, 2023

1

Simha Rasi: 12.44 Tithi 17 - 18

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:16PM - 1:31PM  
Yama 9:45AM - 11:01AM  
Rahu 2:47PM - 4:02PM

Magha\* Until 7:10AM  
Athiganda\* Until 5:54AM Wed  
Vanija Until 6:57AM Wed  
Dvitiya Until 5:55PM

Ganesha: Purple Sunrise: 7:14AM  
Muruga: Purple Sunset: 5:19PM  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Gatineau, Canada  
Sun 1 Sutra 296  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

Subha Sivaloka Day

Wednesday, February 8, 2023

2

Simha Rasi: 24.48 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Gulika 11:00AM - 12:16PM  
Yama 8:29AM - 9:45AM  
Rahu 12:16PM - 1:32PM

Purvaphalguni Until 9:40AM  
Sukarma Until 6:11AM Thu  
Vanija Until 6:57AM  
Tritiya Until 7:52PM

Ganesha: Purple Sunrise: 7:13AM  
Muruga: Purple Sunset: 5:19PM  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Gatineau, Canada  
Sun 2 Sutra 297  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

Subha Sivaloka Day

Thursday, February 9, 2023

3

Kanya Rasi: 6.58 Tithi 19

952686577

Amrita Yoga

Until 11:45AM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 9:44AM - 11:00AM  
Yama 7:12AM - 8:28AM  
Rahu 1:32PM - 2:48PM

Uttaraphalguni Until 11:45AM  
Sukarma Until 6:11AM  
Bava Until 8:44AM  
Chaturthi\* Until 9:29PM

Ganesha: Purple Sunrise: 7:12AM  
Muruga: Purple Sunset: 5:20PM  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Gatineau, Canada  
Sun 3 Sutra 298  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

Subha Sivaloka Day

Friday, February 10, 2023

4

Kanya Rasi: 19.17 Tithi 20

962686577

Creative Work Amrita Yoga

Until 1:48PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:27AM - 9:43AM  
Yama 2:49PM - 4:05PM  
Rahu 11:00AM - 12:16PM

Hasta Until 1:48PM  
Dhriti Until 6:13AM  
Kaulava Until 10:11AM  
Panchami Until 10:42PM

Ganesha: Clear Sunrise: 7:10AM  
Muruga: Purple Sunset: 5:22PM  
Nataraja: Orange  
Moon - Green  
Magha\*Thai

Gatineau, Canada  
Sun 4 Sutra 299  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

Sivaloka Day

Saturday, February 11, 2023

5

Tula Rasi: 1.47 Tithi 21

963686577

Routine Work Marana Yoga

Until 3:13PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:09AM - 8:26AM  
Yama 1:33PM - 2:50PM  
Rahu 9:43AM - 10:59AM

Chitra Until 3:13PM  
Ganda\* Until 5:06AM Sun  
Gara Until 11:08AM  
Shashthi\* Until 11:22PM

Ganesha: Purple Sunrise: 7:09AM  
Muruga: Purple Sunset: 5:23PM  
Nataraja: Orange  
Moon - Green  
Magha\*Thai

Gatineau, Canada  
Sun 5 Sutra 300  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

Devaloka Day

Sunday, February 12, 2023

6

Tula Rasi: 14.34 Tithi 22

963686577

Creative Work Siddha Yoga

Until 3:52PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 2:50PM - 4:07PM  
Yama 12:16PM - 1:33PM  
Rahu 4:07PM - 5:25PM

Svati Until 3:52PM  
Vridhhi Until 3:49AM Mon  
Visti Until 11:29AM  
Saptami Until 11:22PM

Ganesha: Purple Sunrise: 7:08AM  
Muruga: Purple Sunset: 5:25PM  
Nataraja: Orange  
Moon - Green  
Magha-Masi

Gatineau, Canada  
Sun 6 Sutra 301  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 27.4 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 4:08PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:34PM - 2:51PM  
Yama 10:59AM - 12:16PM  
Rahu 8:24AM - 9:41AM

Vishakha Until 4:08PM  
Dhruva Until 1:56AM Tue  
Balava Until 11:07AM  
Ashtami\* Until 10:39PM

Ganesha: Clear Sunrise: 7:06AM  
Muruga: Purple Sunset: 5:26PM  
Nataraja: Orange  
Moon - Orange  
Magha-Masi

Gatineau, Canada  
Sun 7 Sutra 302  
Subhakrit 5124  
Moon 2 - Phase 41 -  
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.1 Tithi 24

973686577

Creative Work Siddha Yoga

Until 3:32PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:16PM - 1:34PM  
Yama 9:41AM - 10:58AM  
Rahu 2:52PM - 4:10PM

Anuradha Until 3:32PM  
Vyaghata\* Until 11:29PM  
Taitila Until 10:02AM  
Navami\* Until 9:11PM

Ganesha: Clear Sunrise: 7:05AM  
Muruga: Purple Sunset: 5:27PM  
Nataraja: Orange  
Moon - Orange  
Magha-Masi

Gatineau, Canada  
Sun 8 Sutra 303  
Subhakrit 5124  
Moon 2 - Phase 41 -  
Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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1	<b>Wednesday, February 15, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukstayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau			Gatineau, Canada Sun 9 Sutra 304 Subhakrit 5124	
	Vrischika Rasi: 25.07	Tithi 25	973686577	Gulika 10:58AM – 12:16PM Yama 8:22AM – 9:40AM Rahu 12:16PM – 1:34PM	Jyeshtha* Until 2:05PM Harshana Until 8:29PM Vanija Until 8:13AM Dashami Until 7:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	
	Creative Work Siddha Yoga					Sunrise: 7:04AM Sunset: 5:29PM	Moon 2 - Phase 42 - 9 2nd Phase
	Until 2:05PM Then Routine Work - Marana Yoga						<b>Sivaloka Day</b>

2	<b>Thursday, February 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukstayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Gatineau, Canada Sun 10 Sutra 305 Subhakrit 5124	
	Dhanus Rasi: 9.29	Tithi 26 – 27	983686577	Gulika 9:39AM – 10:58AM Yama 7:02AM – 8:21AM Rahu 1:35PM – 2:53PM	Mula* Until 12:18PM Vajra* Until 4:59PM Kaulava Until 2:43AM Fri Ekadashi* Until 4:16PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	
	Creative Work Siddha Yoga					Sunrise: 7:02AM Sunset: 5:30PM	Moon 2 - Phase 42 - 10 2nd Phase
	Then Routine Work - Marana Yoga						<b>Devaloka Day</b>

3	<b>Friday, February 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukstayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Gatineau, Canada Sun 11 Sutra 306 Subhakrit 5124	
	Dhanus Rasi: 24.14	Tithi 27 – 28	983686577	Gulika 8:19AM – 9:38AM Yama 2:54PM – 4:13PM Rahu 10:57AM – 12:16PM	Purvashadha* Until 9:53AM Siddhi Until 1:08PM Gara Until 11:19PM Dvadashi* Until 1:02PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	
	Routine Work Prabalarishta Yoga					Sunrise: 7:01AM Sunset: 5:32PM	Moon 2 - Phase 42 - 11 2nd Phase
	Until 9:53AM Then Routine Work - Marana Yoga						<b>Devaloka Day</b> <i>Pradosha Vrata (Fasting)</i>

4	<b>Saturday, February 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukstayam Uttarashadha/Shravana Nakshatra Vyatlipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Gatineau, Canada Sun 12 Sutra 307 Subhakrit 5124	
	Makara Rasi: 9.17	Tithi 28 – 29	983686577	Gulika 6:59AM – 8:18AM Yama 1:35PM – 2:54PM Rahu 9:38AM – 10:57AM	Uttarashadha Until 6:59AM Vyatlipata* Until 9:01AM Visti Until 7:40PM Trayodashi* Until 9:29AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	
	Routine Work Marana Yoga					Sunrise: 6:59AM Sunset: 5:33PM	Moon 2 - Phase 42 - 12 2nd Phase
	Until 6:59AM Then Creative Work - Siddha Yoga						<b>Devaloka Day</b>

●	<b>Sunday, February 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukstayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Gatineau, Canada Sun 13 Sutra 308 Subhakrit 5124
	<b>Retreat Star</b>					
	Makara Rasi: 24.28	Tithi 30	993686577	Gulika 2:55PM – 4:15PM Yama 12:16PM – 1:35PM Rahu 4:15PM – 5:34PM	Dhanishtha Until 1:16AM Mon Parigha* Until 12:31AM Mon Catuspada Until 3:57PM Amavasya* Until 2:07AM Mon	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi
	Routine Work Marana Yoga					Sunrise: 6:58AM Sunset: 5:34PM

●	<b>Monday, February 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukstayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau			Gatineau, Canada Sun 14 Sutra 309 Subhakrit 5124
	<b>Retreat Star</b>					
	Kumbha Rasi: 9.38	Tithi 1	993686577	Gulika 1:36PM – 2:56PM Yama 10:56AM – 12:16PM Rahu 8:16AM – 9:36AM	Shatabhishak Until 10:23PM Shiva Until 8:27PM Kintughna Until 12:21PM Prathama* Until 10:38PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi
	Family Home Evening					Sunrise: 6:56AM Sunset: 5:36PM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

l times are standard time. Calculated for Gatineau, Canada on 5/1/

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<b>1</b>		<b>Tuesday, February 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Gatineau, Canada Sun 15 Sutra 310 Subhakrit 5124	
Kumbha Rasi: 24.37	Tithi 2	Gulika 12:16PM – 1:36PM	Purvaproshtapada* Until 8:10PM	Ganesha: Red	Sunrise: 6:54AM	Moon 2 - Phase 43 - 15	3rd Phase
		Yama 9:35AM – 10:55AM	Siddha Until 4:38PM	Muruqa: Purple	Sunset: 5:37PM		
		913686577 Rahu 2:56PM – 4:17PM	Balava Until 9:02AM	Nataraja: Orange			
Routine Work	Marana Yoga		Dvitiya Until 7:31PM	Moon – Clear		<b>Sivaloka Day</b>	
Until 8:10PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau		Gatineau, Canada Sun 16 Sutra 311 Subhakrit 5124	
Meena Rasi: 9.17	Tithi 3 – 4	Gulika 10:55AM – 12:16PM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue	Sunrise: 6:53AM	Moon 2 - Phase 43 - 16	3rd Phase
		Yama 8:14AM – 9:34AM	Sadhya Until 1:16PM	Muruqa: Purple	Sunset: 5:38PM		
		913786577 Rahu 12:16PM – 1:36PM	Taitila Until 6:11AM	Nataraja: Orange			
Creative Work	Siddha Yoga		Tritiya Until 4:57PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 6:21PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Gatineau, Canada Sun 17 Sutra 312 Subhakrit 5124	
Meena Rasi: 23.3	Tithi 4 – 5	Gulika 9:33AM – 10:54AM	Revati Until 5:05PM	Ganesha: Blue	Sunrise: 6:51AM	Moon 2 - Phase 43 - 17	3rd Phase
		Yama 6:51AM – 8:12AM	Subha Until 10:27AM	Muruqa: Purple	Sunset: 5:40PM		
		913786577 Rahu 1:37PM – 2:58PM	Bava Until 2:28AM Fri	Nataraja: Orange			
Creative Work	Siddha Yoga		Chaturthi* Until 3:05PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 5:05PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day						

<b>4</b>		<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Gatineau, Canada Sun 18 Sutra 313 Subhakrit 5124	
Mesha Rasi: 7.14	Tithi 5 – 6	Gulika 8:11AM – 9:33AM	Ashvini Until 4:55PM	Ganesha: Yellow	Sunrise: 6:50AM	Moon 2 - Phase 43 - 18	3rd Phase
		Yama 2:58PM – 4:20PM	Sukla Until 8:15AM	Muruqa: Purple	Sunset: 5:41PM		
		923786577 Rahu 10:54AM – 12:15PM	Kaulava Until 1:51AM Sat	Nataraja: Orange			
Creative Work	Amrita Yoga		Panchami Until 2:02PM	Moon – White		<b>Sivaloka Day</b>	
Until 4:55PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Gatineau, Canada Sun 19 Sutra 314 Subhakrit 5124	
Mesha Rasi: 20.29	Tithi 6 – 7	Gulika 6:48AM – 8:10AM	Bharani Until 5:27PM	Ganesha: Blue	Sunrise: 6:48AM	Moon 2 - Phase 43 - 19	3rd Phase
		Yama 1:37PM – 2:59PM	Brahma Until 6:44AM	Muruqa: Purple	Sunset: 5:42PM		
		924786577 Rahu 9:32AM – 10:53AM	Gara Until 2:05AM Sun	Nataraja: Orange			
Creative Work	Siddha Yoga		Shashthi* Until 1:50PM	Moon – White		<b>Devaloka Day</b>	
Until 5:27PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Gatineau, Canada Sun 20 Sutra 315 Subhakrit 5124	
Vrishabha Rasi: 3.18	Tithi 7 – 8	Gulika 2:59PM – 4:22PM	Krittika Until 6:39PM	Ganesha: Blue	Sunrise: 6:46AM	Moon 2 - Phase 43 - 20	Ashtami
		Yama 12:15PM – 1:37PM	Vaidhriti* Until 5:41AM Mon	Muruqa: Purple	Sunset: 5:44PM		
		924786577 Rahu 4:22PM – 5:44PM	Visti Until 3:09AM Mon	Nataraja: Orange			
Creative Work	Siddha Yoga		Saptami Until 2:30PM	Moon – White		<b>Devaloka Day</b>	
				Phalguna-Masi			

<b>Retreat Star</b>		<b>Monday, February 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Gatineau, Canada Sun 21 Sutra 316 Subhakrit 5124	
Vrishabha Rasi: 15.46	Tithi 8 – 9	Gulika 1:37PM – 3:00PM	Rohini Until 8:51PM	Ganesha: Yellow	Sunrise: 6:45AM	Moon 2 - Phase 43 - 21	Navami
<b>Family Home Evening</b>		Yama 10:52AM – 12:15PM	Vishkambha* Until 5:57AM Tue	Muruqa: Purple	Sunset: 5:45PM		
		934786577 Rahu 8:07AM – 9:30AM	Balava Until 4:52AM Tue	Nataraja: Orange			
Creative Work	Amrita Yoga		Ashtami* Until 3:55PM	Moon – Yellow		<b>Sivaloka Day</b>	
				Phalguna-Masi			

<b>1</b>	<b>Tuesday, February 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau			Gatineau, Canada Sun 22 Sutra 317 Subhakrit 5124
	Vrishabha Rasi: 27.56	Tithi 9 – 10	934786577	Gulika Yama Rahu	12:15PM – 1:38PM 9:29AM – 10:52AM 3:01PM – 4:23PM	Mrigashira Until 11:24PM Priti Until 6:34AM Wed Taitila Until 7:04AM Wed Navami* Until 5:54PM
	Creative Work	Siddha Yoga				Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – Yellow
	Until 11:24PM Then Routine Work - Marana Yoga					Sunrise: 6:43AM Sunset: 5:46PM Moon 2 - Phase 44 - 22 4th Phase <b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, March 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashmyam Titau			Gatineau, Canada Sun 23 Sutra 318 Subhakrit 5124
	Mithuna Rasi: 9.56	Tithi 10	934786577	Gulika Yama Rahu	10:51AM – 12:14PM 8:03AM – 9:27AM 12:14PM – 1:38PM	Ardra Until 2:06AM Thu Priti Until 6:34AM Taitila Until 7:04AM Dashami Until 8:15PM
	Creative Work	Siddha Yoga				Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – Yellow
	Until 2:06AM Thu Then Creative Work - Amrita Yoga					Sunrise: 6:40AM Sunset: 5:49PM Moon 2 - Phase 44 - 23 4th Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, March 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau			Gatineau, Canada Sun 24 Sutra 319 Subhakrit 5124
	Mithuna Rasi: 21.5	Tithi 11	944786577	Gulika Yama Rahu	9:26AM – 10:50AM 6:38AM – 8:02AM 1:38PM – 3:02PM	Punarvasu Until 5:14AM Fri Ayushman Until 7:22AM Vanija Until 9:31AM Ekadashi Until 10:45PM
	Creative Work	Amrita Yoga				Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue
	Until 5:14AM Fri Then Routine Work - Marana Yoga					Sunrise: 6:38AM Sunset: 5:50PM Moon 2 - Phase 44 - 24 4th Phase <b>Devaloka Day</b>

<b>4</b>	<b>Friday, March 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau			Gatineau, Canada Sun 25 Sutra 320 Subhakrit 5124
	Kataka Rasi: 3.42	Tithi 12	944786577	Gulika Yama Rahu	8:01AM – 9:25AM 3:03PM – 4:27PM 10:50AM – 12:14PM	Pushya Until 8:10AM Sat Saubhagya Until 8:14AM Bava Until 12:02PM Dvadashi Until 1:15AM Sat
	Routine Work	Marana Yoga				Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue
	Until 12:02PM Then Routine Work - Marana Yoga					Sunrise: 6:36AM Sunset: 5:52PM Moon 2 - Phase 44 - 25 4th Phase <b>Devaloka Day</b>

<b>5</b>	<b>Saturday, March 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Gatineau, Canada Sun 26 Sutra 321 Subhakrit 5124
	Kataka Rasi: 15.35	Tithi 13	944786577	Gulika Yama Rahu	6:35AM – 7:59AM 1:39PM – 3:03PM 9:24AM – 10:49AM	Pushya Until 8:10AM Sobhana Until 9:05AM Kaulava Until 2:28PM Trayodashi Until 3:37AM Sun <i>Pradosha Vrata</i>
	Creative Work	Siddha Yoga				Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue
	Until 8:10AM Then Routine Work - Marana Yoga					Sunrise: 6:35AM Sunset: 5:53PM Moon 2 - Phase 44 - 26 4th Phase <b>Devaloka Day</b>

<b>6</b>	<b>Sunday, March 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau			Gatineau, Canada Sun 27 Sutra 322 Subhakrit 5124
	Kataka Rasi: 27.31	Tithi 14	144786577	Gulika Yama Rahu	3:04PM – 4:29PM 12:14PM – 1:39PM 4:29PM – 5:54PM	Ashlesha* Until 10:47AM Athiganda* Until 9:47AM Gara Until 4:44PM Chaturdashi* Until 5:45AM Mon
	Creative Work	Siddha Yoga		Chidambaram Abhishekam		Ganesha: Purple Muruga: Purple Nataraja: Orange Moon – Blue
	Until 10:47AM Then Routine Work - Marana Yoga					Sunrise: 6:33AM Sunset: 5:54PM Moon 2 - Phase 44 - 27 4th Phase <b>Devaloka Day</b>

<b>○</b>	<b>Monday, March 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau			Gatineau, Canada Sutra 323 Subhakrit 5124
	<b>Copper Retreat Star</b>			Gulika Yama Rahu	1:39PM – 3:04PM 10:48AM – 12:13PM 7:57AM – 9:22AM	Magha* Until 1:31PM Sukarma Until 10:19AM Visti Until 6:45PM Purnima* Until 7:38AM Tue
	Simha Rasi: 9.32	Tithi 15	154786577			Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Red
	Family Home Evening Routine Work Marana Yoga Until 1:31PM Then Creative Work - Siddha Yoga			Holi		Sunrise: 6:31AM Sunset: 5:56PM Moon 2 - Phase 44 - Purnima <b>Sivaloka Day</b>

<b>○</b>	<b>Tuesday, March 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Gatineau, Canada Sutra 324 Subhakrit 5124
	<b>Silver Retreat Star</b>			Gulika Yama Rahu	12:13PM – 1:39PM 9:21AM – 10:47AM 3:05PM – 4:31PM	Purvaphalguni Until 3:48PM Dhriti Until 10:40AM Balava Until 8:28PM Purnima* Until 7:38AM
	Simha Rasi: 21.4	Tithi 15 – 16	154786577			Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Red
	Creative Work Siddha Yoga Until 3:48PM Then Creative Work - Amrita Yoga					Sunrise: 6:29AM Sunset: 5:57PM Moon 2 - Phase 44 - Prathama <b>Sivaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



**Wednesday, March 8, 2023**  
**Gold Retreat Star**

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\*Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gatineau, Canada  
Sutra 325

Kanya Rasi: 3.55 Tithi 16 – 17

**Gulika** 10:46AM – 12:13PM  
Yama 7:54AM – 9:20AM  
154786577 **Rahu** 12:13PM – 1:39PM

**Uttaraphalguni** Until 5:37PM  
Shula\* Until 10:44AM  
Taitila Until 9:52PM  
Prathama\* Until 9:11AM

**Ganesha:** Clear *Sunrise: 6:27AM*  
**Muruqa:** Purple *Sunset: 5:58PM*  
**Nataraja:** Orange  
Moon – Red  
Phalguna-Masi

Subhakarit 5124  
Moon 3 - Phase 45 -  
1st Phase

Creative Work Amrita Yoga  
Until 5:37PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**1**

**Thursday, March 9, 2023**

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gatineau, Canada  
Sun 1 Sutra 326

Kanya Rasi: 16.19 Tithi 17 – 18

**Gulika** 9:19AM – 10:46AM  
Yama 6:26AM – 7:52AM  
164786577 **Rahu** 1:39PM – 3:06PM

**Hasta** Until 7:25PM  
Ganda\* Until 10:34AM  
Vanija Until 10:53PM  
Dvitiya Until 10:24AM

**Ganesha:** White *Sunrise: 6:26AM*  
**Muruqa:** Purple *Sunset: 5:59PM*  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakarit 5124  
Moon 3 - Phase 45 - 1  
1st Phase

Routine Work Marana Yoga  
Until 7:25PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Friday, March 10, 2023**

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gatineau, Canada  
Sun 2 Sutra 327

Kanya Rasi: 28.53 Tithi 18 – 19

**Gulika** 7:51AM – 9:18AM  
Yama 3:07PM – 4:34PM  
165786577 **Rahu** 10:45AM – 12:12PM

**Chitra** Until 8:40PM  
Vridhhi Until 10:07AM  
Bava Until 11:30PM  
Tritiya Until 11:13AM

**Ganesha:** Yellow *Sunrise: 6:24AM*  
**Muruqa:** Purple *Sunset: 6:01PM*  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakarit 5124  
Moon 3 - Phase 45 - 2  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Saturday, March 11, 2023**

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gatineau, Canada  
Sun 3 Sutra 328

Tula Rasi: 11.38 Tithi 19 – 20

**Gulika** 6:22AM – 7:50AM  
Yama 1:40PM – 3:07PM  
165786577 **Rahu** 9:17AM – 10:45AM

**Svati** Until 9:21PM  
Dhruva Until 9:19AM  
Kaulava Until 11:41PM  
Chaturthi\* Until 11:38AM

**Ganesha:** Yellow *Sunrise: 6:22AM*  
**Muruqa:** Purple *Sunset: 6:02PM*  
**Nataraja:** Orange  
Moon – Green  
Phalguna-Masi

Subhakarit 5124  
Moon 3 - Phase 45 - 3  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**4**

**Sunday, March 12, 2023**

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Taitila\*/Gara Karana Panchami/Shashthyam Titau

Gatineau, Canada  
Sun 4 Sutra 329

Tula Rasi: 24.37 Tithi 20 – 21

**Gulika** 3:08PM – 4:35PM  
Yama 12:12PM – 1:40PM  
175786577 **Rahu** 4:35PM – 6:03PM

**Vishakha** Until 9:52PM  
Vyaghata\* Until 8:11AM  
Gara Until 11:23PM  
Panchami Until 11:34AM

**Ganesha:** Blue *Sunrise: 6:20AM*  
**Muruqa:** Purple *Sunset: 6:03PM*  
**Nataraja:** Orange  
Moon – Orange  
Phalguna-Masi

Subhakarit 5124  
Moon 3 - Phase 45 - 4  
1st Phase

Routine Work Marana Yoga

**Subha Sivaloka Day**

**5**

**Monday, March 13, 2023**

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gatineau, Canada  
Sun 5 Sutra 330

Vrischika Rasi: 7.5 Tithi 21 – 22

**Gulika** 1:40PM – 3:08PM  
Yama 10:43AM – 12:12PM  
175786577 **Rahu** 7:47AM – 9:15AM

**Anuradha** Until 9:44PM  
Harshana Until 6:40AM  
Visti Until 10:33PM  
Shashthi\* Until 11:01AM

**Ganesha:** Blue *Sunrise: 6:18AM*  
**Muruqa:** Purple *Sunset: 6:05PM*  
**Nataraja:** Orange  
Moon – Orange  
Phalguna-Masi

Subhakarit 5124  
Moon 3 - Phase 45 - 5  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

**Subha Sivaloka Day**

**D**

**Tuesday, March 14, 2023**

**Retreat Star**

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Gatineau, Canada  
Sun 6 Sutra 331

Vrischika Rasi: 21.2 Tithi 22 – 23

**Gulika** 12:11PM – 1:40PM  
Yama 9:14AM – 10:43AM  
175786577 **Rahu** 3:09PM – 4:37PM

**Jyeshtha\*** Until 8:56PM  
Siddhi Until 2:22AM Wed  
Balava Until 9:12PM  
Saptami Until 9:56AM

**Ganesha:** Blue *Sunrise: 6:17AM*  
**Muruqa:** Purple *Sunset: 6:06PM*  
**Nataraja:** Orange  
Moon – Orange  
Phalguna-Panguni

Subhakarit 5124  
Moon 3 - Phase 45 - 6  
Ashtami

Routine Work Marana Yoga  
Until 8:56PM  
Then Creative Work - Amrita Yoga

**Subha Sivaloka Day**

Karadayyan Nombu (Tamil Nadu)

**Wednesday, March 15, 2023**

**Retreat Star**

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gatineau, Canada  
Sun 7 Sutra 332

Dhanus Rasi: 5.1 Tithi 23 – 24

**Gulika** 10:42AM – 12:11PM  
Yama 7:44AM – 9:13AM  
185786578 **Rahu** 12:11PM – 1:40PM

**Mula\*** Until 7:55PM  
Vyatipata\* Until 11:37PM  
Taitila Until 7:20PM  
Ashtami\* Until 8:19AM

**Ganesha:** Red *Sunrise: 6:15AM*  
**Muruqa:** Purple *Sunset: 6:07PM*  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna-Panguni

Subhakarit 5124  
Moon 3 - Phase 45 - 7  
Navami

Routine Work Marana Yoga  
Until 7:55PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**


<b>1</b>		<b>Thursday, March 16, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Visti* Karana Navami/Dashmyam Titau		Gatineau, Canada Sun 8 Sutra 333 Subhakrit 5124	
Dhanus Rasi: 19.18	Tithi 24 – 25	<b>Gulika</b> 9:12AM – 10:41AM	<b>Purvashadha* Until 6:17PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:13AM		
		Yama 6:13AM – 7:42AM	Variyan Until 8:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 46 - 8	
		185786578 <b>Rahu</b> 1:40PM – 3:10PM	Visti Until 3:39AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 6:12AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:17PM				Phalguna-Panguni			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Friday, March 17, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Gatineau, Canada Sun 9 Sutra 334 Subhakrit 5124	
Makara Rasi: 3.44	Tithi 26	<b>Gulika</b> 7:41AM – 9:11AM	<b>Uttarashadha Until 4:08PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:11AM		
		Yama 3:10PM – 4:40PM	Parigha* Until 5:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 46 - 9	
		185786578 <b>Rahu</b> 10:41AM – 12:10PM	Bava Until 2:16PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi* Until 12:46AM Sat</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				Phalguna-Panguni			

<b>3</b>		<b>Saturday, March 18, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Gatineau, Canada Sun 10 Sutra 335 Subhakrit 5124	
Makara Rasi: 18.24	Tithi 27	<b>Gulika</b> 6:09AM – 7:40AM	<b>Shravana Until 1:59PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:09AM		
		Yama 1:40PM – 3:10PM	Shiva Until 1:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 46 - 10	
		195786578 <b>Rahu</b> 9:10AM – 10:40AM	Kaulava Until 11:15AM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 9:39PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
				Phalguna-Panguni			

<b>4</b>		<b>Sunday, March 19, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Gatineau, Canada Sun 11 Sutra 336 Subhakrit 5124	
Kumbha Rasi: 3.13	Tithi 28	<b>Gulika</b> 3:11PM – 4:42PM	<b>Dhanishtha Until 11:34AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:08AM		
		Yama 12:10PM – 1:40PM	Siddha Until 9:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 46 - 11	
		196896578 <b>Rahu</b> 4:42PM – 6:12PM	Gara Until 8:04AM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi* Until 6:27PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 11:34AM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, March 20, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Gatineau, Canada Sun 12 Sutra 337 Subhakrit 5124	
Kumbha Rasi: 18.02	Tithi 29 – 30	<b>Gulika</b> 1:40PM – 3:11PM	<b>Shatabhishak Until 9:01AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:06AM		
<b>Family Home Evening</b>		Yama 10:39AM – 12:10PM	Subha Until 2:11AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 46 - 12	
		196896578 <b>Rahu</b> 7:37AM – 9:08AM	Catuspada Until 1:50AM Tue	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:01AM				Phalguna-Panguni			
Then Routine Work - Marana Yoga							

		<b>Tuesday, March 21, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Sukla Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Gatineau, Canada Sun 13 Sutra 338 Subhakrit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 12:09PM – 1:41PM	<b>Purvaproshtapada* Until 6:55AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:04AM		
Meena Rasi: 2.46	Tithi 30 – 1	Yama 9:07AM – 10:38AM	Sukla Until 10:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 46 - 13	
		116896578 <b>Rahu</b> 3:12PM – 4:43PM	Kintughna Until 11:06PM	<b>Nataraja:</b> Clear		Amavasya	
Routine Work	Marana Yoga		<b>Amavasya* Until 12:24PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 6:55AM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 22, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Gatineau, Canada Sun 14 Sutra 339 Subhakrit 5124	
Meena Rasi: 17.14	Tithi 1 – 2	<b>Gulika</b> 10:37AM – 12:09PM	<b>Revati Until 3:28AM Thu</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:02AM		
		Yama 7:34AM – 9:05AM	Brahma Until 7:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 46 - 14	
		116896578 <b>Rahu</b> 12:09PM – 1:41PM	Balava Until 8:48PM	<b>Nataraja:</b> Clear		Prathama	
Routine Work	Marana Yoga		<b>Prathama* Until 9:52AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 3:28AM Thu		<b>Yugadhi</b>		Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Gatineau, Canada Sun 15 Sutra 340	
Mesha Rasi: 1.22	Tithi 2 – 3	Gulika 9:04AM – 10:37AM	Ashvini Until 2:50AM Fri	Ganesha: Clear	Sunrise: 6:00AM	Subhakrit 5124	
		Yama 6:00AM – 7:32AM	Indra Until 5:11PM	Muruqa: Clear	Sunset: 6:17PM	Moon 3 - Phase 47 - 15	
		126896578 Rahu 1:41PM – 3:13PM	Taitila Until 7:06PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – White		<b>Devaloka Day</b>	
Until 2:50AM Fri		Chellappaswami Mahasamadhi	Dvitiya Until 7:51AM	Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Gatineau, Canada Sun 16 Sutra 341	
Mesha Rasi: 15.06	Tithi 3 – 4	Gulika 7:31AM – 9:03AM	Bharani Until 2:48AM Sat	Ganesha: Clear	Sunrise: 5:58AM	Subhakrit 5124	
		Yama 3:13PM – 4:46PM	Vaidhriti* Until 3:10PM	Muruqa: Clear	Sunset: 6:18PM	Moon 3 - Phase 47 - 16	
		126896578 Rahu 10:36AM – 12:08PM	Vanija Until 6:07PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>	
Until 2:48AM Sat			Tritiya Until 6:30AM	Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Gatineau, Canada Sun 17 Sutra 342	
Mesha Rasi: 28.25	Tithi 5	Gulika 5:56AM – 7:29AM	Krittika Until 3:22AM Sun	Ganesha: Clear	Sunrise: 5:56AM	Subhakrit 5124	
		Yama 1:41PM – 3:14PM	Vishkambha* Until 1:48PM	Muruqa: Clear	Sunset: 6:20PM	Moon 3 - Phase 47 - 17	
		126896578 Rahu 9:02AM – 10:35AM	Bava Until 5:55PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – White		<b>Devaloka Day</b>	
Until 3:22AM Sun			Panchami Until 6:05AM Sun	Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Gatineau, Canada Sun 18 Sutra 343	
Vrishabha Rasi: 11.18	Tithi 5 – 6	Gulika 3:14PM – 4:48PM	Rohini Until 4:59AM Mon	Ganesha: Clear	Sunrise: 5:55AM	Subhakrit 5124	
		Yama 12:08PM – 1:41PM	Priti Until 1:03PM	Muruqa: Clear	Sunset: 6:21PM	Moon 3 - Phase 47 - 18	
		137896578 Rahu 4:48PM – 6:21PM	Kaulava Until 6:30PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>	
Until 4:59AM Mon			Panchami Until 6:05AM	Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Gatineau, Canada Sun 19 Sutra 344	
Vrishabha Rasi: 23.5	Tithi 6 – 7	Gulika 1:41PM – 3:15PM	Mrigashira Until 7:05AM Tue	Ganesha: Clear	Sunrise: 5:53AM	Subhakrit 5124	
Family Home Evening		Yama 10:34AM – 12:07PM	Ayushman Until 12:50PM	Muruqa: Clear	Sunset: 6:22PM	Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:26AM – 9:00AM	Gara Until 7:47PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – Yellow		<b>Devaloka Day</b>	
Until 7:05AM Tue			Shashthi* Until 7:02AM	Chaitra•Panguni			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Tuesday, March 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Gatineau, Canada Sun 20 Sutra 345	
Mithuna Rasi: 6.06	Tithi 7 – 8	Gulika 12:07PM – 1:41PM	Mrigashira Until 7:05AM	Ganesha: Clear	Sunrise: 5:51AM	Subhakrit 5124	
		Yama 8:59AM – 10:33AM	Saubhagya Until 1:07PM	Muruqa: Clear	Sunset: 6:23PM	Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:15PM – 4:49PM	Visti Until 9:39PM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>	
Until 7:05AM			Saptami Until 8:38AM	Chaitra•Panguni			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Gatineau, Canada Sun 21 Sutra 346	
Mithuna Rasi: 18.1	Tithi 8 – 9	Gulika 10:32AM – 12:07PM	Ardra Until 9:30AM	Ganesha: Clear	Sunrise: 5:49AM	Subhakrit 5124	
		Yama 7:24AM – 8:58AM	Sobhana Until 1:45PM	Muruqa: Clear	Sunset: 6:24PM	Moon 3 - Phase 47 - 21	
		137896578 Rahu 12:07PM – 1:41PM	Balava Until 11:53PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>	
		Sri Rama Navami	Ashtami* Until 10:42AM	Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

l times are standard time. Calculated for Gatineau, Canada on 5/1/

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<b>1</b>	<b>Thursday, March 30, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Gatineau, Canada
	Kataka Rasi: 0.06	Tithi 9 – 10	Gulika Yama	8:57AM – 10:32AM 5:47AM – 7:22AM	Punarvasu Until 12:30PM Aithiganda* Until 2:32PM	Ganesha: White Muruga: Clear	Sun 22 Sutra 347 Subhakrit 5124
	147896578	Rahu	1:41PM – 3:16PM		Taitila Until 2:17AM Fri Navami* Until 1:03PM	Nataraja: Clear Moon – Blue	Moon 3 - Phase 48 - 22 4th Phase
	Creative Work	Amrita Yoga			Chaitra•Panguni	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Friday, March 31, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Gatineau, Canada
	Kataka Rasi: 11.59	Tithi 10 – 11	Gulika Yama	7:21AM – 8:56AM 3:17PM – 4:52PM	Pushya Until 3:26PM Sukarma Until 3:23PM	Ganesha: White Muruga: Clear	Sun 23 Sutra 348 Subhakrit 5124
	147896578	Rahu	10:31AM – 12:06PM		Vanija Until 4:41AM Sat Dashami Until 3:29PM	Nataraja: Clear Moon – Blue	Moon 3 - Phase 48 - 23 4th Phase
	Routine Work	Marana Yoga			Chaitra•Panguni	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Saturday, April 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada
	Kataka Rasi: 23.53	Tithi 11 – 12	Gulika Yama	5:45AM – 7:21AM 1:41PM – 3:17PM	Ashlesha* Until 6:05PM Dhriti Until 4:11PM	Ganesha: White Muruga: Clear	Sun 24 Sutra 349 Subhakrit 5124
	147896578	Rahu	8:56AM – 10:31AM		Bava Until 6:54AM Sun Ekadashi Until 5:48PM	Nataraja: Clear Moon – Blue	Moon 3 - Phase 48 - 24 4th Phase
	Routine Work	Marana Yoga		Yogaswami Mahasamadhi	Chaitra•Panguni	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Sunday, April 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Gatineau, Canada
	Simha Rasi: 5.52	Tithi 12	Gulika Yama	3:17PM – 4:53PM 12:06PM – 1:41PM	Magha* Until 8:50PM Shula* Until 4:46PM	Ganesha: Red Muruga: Clear	Sun 25 Sutra 350 Subhakrit 5124
	158896578	Rahu	4:53PM – 6:28PM		Bava Until 6:54AM Dvadashi Until 7:52PM	Nataraja: Clear Moon – Red	Moon 3 - Phase 48 - 25 4th Phase
	Routine Work	Marana Yoga			Chaitra•Panguni	<b>Devaloka Day</b>	

<b>5</b>	<b>Monday, April 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Gatineau, Canada
	Simha Rasi: 17.58	Tithi 13	Gulika Yama	1:42PM – 3:17PM 10:30AM – 12:06PM	Purvaphalguni Until 11:04PM Ganda* Until 5:06PM	Ganesha: Red Muruga: Clear	Sun 26 Sutra 351 Subhakrit 5124
	158896578	Rahu	7:18AM – 8:54AM		Kaulava Until 8:48AM Trayodashi Until 9:34PM	Nataraja: Clear Moon – Red	Moon 3 - Phase 48 - 26 4th Phase
	Family Home Evening	Siddha Yoga			Chaitra•Panguni	<b>Devaloka Day</b>	

*Pradosha Vrata*

<b>6</b>	<b>Tuesday, April 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Gatineau, Canada
	Kanya Rasi: 0.13	Tithi 14	Gulika Yama	12:05PM – 1:42PM 8:53AM – 10:29AM	Uttaraphalguni Until 12:42AM Wed Vridhhi Until 5:07PM	Ganesha: Red Muruga: Clear	Sun 27 Sutra 352 Subhakrit 5124
	158896578	Rahu	3:18PM – 4:54PM		Gara Until 10:17AM Chaturdashi* Until 10:50PM	Nataraja: Clear Moon – Red	Moon 3 - Phase 48 - 27 4th Phase
	Creative Work	Amrita Yoga			Chaitra•Panguni	<b>Devaloka Day</b>	

<b>○</b>	<b>Wednesday, April 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Gatineau, Canada
	<b>Copper Retreat Star</b>		Gulika Yama	10:28AM – 12:05PM 7:15AM – 8:52AM	Hasta Until 2:11AM Thu Dhruva Until 4:44PM	Ganesha: Blue Muruga: Clear	Sun 28 Sutra 353 Subhakrit 5124
	168896578	Rahu	12:05PM – 1:42PM		Visti Until 11:17AM Purnima* Until 11:36PM	Nataraja: Clear Moon – Green	Moon 3 - Phase 48 - Purnima
	Routine Work	Marana Yoga		Panguni Uttiram Hanuman Jayanti	Chaitra•Panguni	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>○</b>	<b>Thursday, April 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Gatineau, Canada
	<b>Silver Retreat Star</b>		Gulika Yama	8:51AM – 10:28AM 5:36AM – 7:13AM	Chitra Until 3:03AM Fri Vyaghata* Until 4:00PM	Ganesha: Blue Muruga: Clear	Sun 29 Sutra 354 Subhakrit 5124
	168896578	Rahu	1:42PM – 3:19PM		Balava Until 11:49AM Prathama* Until 11:52PM	Nataraja: Clear Moon – Green	Moon 3 - Phase 48 - Prathama
	Creative Work	Siddha Yoga			Chaitra•Panguni	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Tula Rasi: 8.15      Tithi 17  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 7:12AM – 8:49AM  
Yama 3:19PM – 4:57PM  
168896578 **Rahu** 10:27AM – 12:04PM

**Svati Until 3:18AM Sat**  
Harshana Until 2:54PM  
Taitila Until 11:51AM  
**Dvitiya Until 11:41PM**

**Ganesha:** Blue      *Sunrise:* 5:35AM  
**Muruqa:** Clear      *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Green

Gatineau, Canada  
Sun 1      Sutra 355  
Subhakrit 5124  
Moon 4 - Phase 49 - 1  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Saturday, April 8, 2023**

Tula Rasi: 21.23      Tithi 18  
Creative Work      Siddha Yoga  
Until 3:28AM Sun  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Vishakha Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 5:33AM – 7:11AM  
Yama 1:42PM – 3:20PM  
179896578 **Rahu** 8:48AM – 10:26AM

**Vishakha Until 3:28AM Sun**  
Vajra\* Until 1:26PM  
Vanija Until 11:27AM  
**Tritiya Until 11:05PM**

**Ganesha:** Red      *Sunrise:* 5:33AM  
**Muruqa:** Clear      *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – Orange

Gatineau, Canada  
Sun 2      Sutra 356  
Subhakrit 5124  
Moon 4 - Phase 49 - 2  
1st Phase  
**Devaloka Day**

**2**

**Sunday, April 9, 2023**

Virschika Rasi: 4.44      Tithi 19  
Routine Work      Marana Yoga  
Until 3:07AM Mon  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 3:20PM – 4:59PM  
Yama 12:04PM – 1:42PM  
179896578 **Rahu** 4:59PM – 6:37PM

**Anuradha Until 3:07AM Mon**  
Siddhi Until 11:40AM  
Bava Until 10:40AM  
**Chaturthi\* Until 10:06PM**

**Ganesha:** Red      *Sunrise:* 5:31AM  
**Muruqa:** Clear      *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Orange

Gatineau, Canada  
Sun 3      Sutra 357  
Subhakrit 5124  
Moon 4 - Phase 49 - 3  
1st Phase  
**Devaloka Day**

**3**

**Monday, April 10, 2023**

Virschika Rasi: 18.18      Tithi 20  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 2:17AM Tue  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 1:42PM – 3:21PM  
Yama 10:25AM – 12:04PM  
179896578 **Rahu** 7:08AM – 8:46AM

**Jyeshtha\* Until 2:17AM Tue**  
Vyatipata\* Until 9:38AM  
Kaulava Until 9:30AM  
**Panchami Until 8:47PM**

**Ganesha:** Red      *Sunrise:* 5:29AM  
**Muruqa:** Clear      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Orange

Gatineau, Canada  
Sun 4      Sutra 358  
Subhakrit 5124  
Moon 4 - Phase 49 - 4  
1st Phase  
**Devaloka Day**

**4**

**Tuesday, April 11, 2023**

Dhanus Rasi: 2.02      Tithi 21  
Creative Work      Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Variyan/Parigaha\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 12:03PM – 1:42PM  
Yama 8:45AM – 10:24AM  
189896578 **Rahu** 3:21PM – 5:00PM

**Mula\* Until 1:28AM Wed**  
Variyan Until 7:19AM  
Gara Until 8:02AM  
**Shashthi\* Until 7:10PM**

**Ganesha:** Green      *Sunrise:* 5:27AM  
**Muruqa:** Clear      *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Light Blue

Gatineau, Canada  
Sun 5      Sutra 359  
Subhakrit 5124  
Moon 4 - Phase 49 - 5  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Wednesday, April 12, 2023**

Dhanus Rasi: 15.58      Tithi 22 – 23  
Creative Work      Amrita Yoga  
Until 12:14AM Thu  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 10:24AM – 12:03PM  
Yama 7:05AM – 8:44AM  
189896578 **Rahu** 12:03PM – 1:42PM

**Purvashadha\* Until 12:14AM Thu**  
Shiva Until 2:04AM Thu  
Visti Until 6:16AM  
**Saptami Until 5:16PM**

**Ganesha:** Green      *Sunrise:* 5:26AM  
**Muruqa:** Clear      *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – Light Blue

Gatineau, Canada  
Sun 6      Sutra 360  
Subhakrit 5124  
Moon 4 - Phase 49 - 6  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Thursday, April 13, 2023**  
**Retreat Star**

Makara Rasi: 0.03      Tithi 23 – 24  
Routine Work      Marana Yoga  
Until 10:39PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 8:43AM – 10:23AM  
Yama 5:24AM – 7:04AM  
189996578 **Rahu** 1:42PM – 3:22PM

**Uttarashadha Until 10:39PM**  
Siddha Until 11:08PM  
Taitila Until 2:01AM Fri  
**Ashtami\* Until 3:09PM**

**Ganesha:** White      *Sunrise:* 5:24AM  
**Muruqa:** Clear      *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Light Blue

Gatineau, Canada  
Sun 7      Sutra 361  
Subhakrit 5124  
Moon 4 - Phase 49 - 7  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Friday, April 14, 2023**

**Retreat Star**

Makara Rasi: 14.16      Tithi 24 – 25  
Routine Work      Marana Yoga  
Until 9:10PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 7:02AM – 8:42AM  
Yama 3:23PM – 5:03PM  
299996578 **Rahu** 10:22AM – 12:03PM

Tamil New Year

**Shravana Until 9:10PM**  
Sadhya Until 8:05PM  
Vanija Until 11:38PM  
**Navami\* Until 12:49PM**

**Ganesha:** White      *Sunrise:* 5:22AM  
**Muruqa:** Clear      *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – Purple


Gatineau, Canada  
Sun 8      Sutra 362  
Sobhana 5125  
Moon 4 - Phase 49 - 8  
Navami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM


<b>1</b>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 9 Sutra 363
	Makara Rasi: 28.36	Tithi 25 – 26	<b>Gulika</b> 5:20AM – 7:01AM	<b>Dhanishtha</b> Until 7:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:20AM	Sobhana 5125
			Yama 1:43PM – 3:23PM	Subha Until 4:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 1 - 9
		299996578	<b>Rahu</b> 8:41AM – 10:22AM	Bava Until 9:08PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 10:22AM	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Gatineau, Canada Sun 10 Sutra 364
	Kumbha Rasi: 12.59	Tithi 26 – 27	<b>Gulika</b> 3:24PM – 5:04PM	<b>Shatabhishak</b> Until 5:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	Sobhana 5125
			Yama 12:02PM – 1:43PM	Sukla Until 1:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 1 - 10
		291996578	<b>Rahu</b> 5:04PM – 6:45PM	Kaulava Until 6:37PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 7:51AM	Moon – Purple		<b>Devaloka Day</b>	
				Chaitra+Chaitra			

<b>3</b>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Gatineau, Canada Sun 11 Sutra 1
	Kumbha Rasi: 27.21	Tithi 28	<b>Gulika</b> 1:43PM – 3:24PM	<b>Purvaproshtapada*</b> Until 4:01PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:17AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:21AM – 12:02PM	Brahma Until 10:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1 - 11
		211996578	<b>Rahu</b> 6:58AM – 8:39AM	Gara Until 4:11PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 3:01AM Tue	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra+Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Gatineau, Canada Sun 12 Sutra 2
	Meena Rasi: 11.37	Tithi 29	<b>Gulika</b> 12:02PM – 1:43PM	<b>Uttaraproshtapada</b> Until 2:32PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:15AM	Sobhana 5125
			Yama 8:38AM – 10:20AM	Indra Until 7:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 1 - 12
		211996578	<b>Rahu</b> 3:25PM – 5:06PM	Visti Until 1:57PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi*</b> Until 12:55AM Wed	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra+Chaitra			

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Gatineau, Canada Sun 13 Sutra 3
	<b>Retreat Star</b>		<b>Gulika</b> 10:19AM – 12:01PM	<b>Revati</b> Until 1:14PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:14AM	Sobhana 5125
	Meena Rasi: 25.43	Tithi 30	Yama 6:56AM – 8:37AM	Vishkambha* Until 2:28AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 1 - 13
		211996578	<b>Rahu</b> 12:01PM – 1:43PM	Catuspada Until 12:02PM	<b>Nataraja:</b> Clear		Amavasya
			<b>Amavasya*</b> Until 11:12PM	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra+Chaitra			

	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Gatineau, Canada Sun 14 Sutra 4
	<b>Retreat Star</b>		<b>Gulika</b> 8:37AM – 10:19AM	<b>Ashvini</b> Until 12:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:12AM	Sobhana 5125
	Mesha Rasi: 9.32	Tithi 1	Yama 5:12AM – 6:54AM	Priti Until 12:27AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 1 - 14
		221996578	<b>Rahu</b> 1:43PM – 3:26PM	Kintughna Until 10:32AM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 9:58PM	Moon – White		<b>Devaloka Day</b>	
				Vaisaka+Chaitra			

<b>1</b>	<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Gatineau, Canada Sun 15 Sutra 5
	Mesha Rasi: 23.04	Tithi 2	<b>Gulika</b> 6:53AM – 8:36AM	<b>Bharani Until 12:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:10AM	Sobhana 5125
			Yama 3:26PM – 5:09PM	Ayushman Until 10:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2 - 15
	Creative Work	Siddha Yoga	221996578 <b>Rahu</b> 10:18AM – 12:01PM	Balava Until 9:35AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 9:19PM</b>	Moon – White		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>2</b>	<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Gatineau, Canada Sun 16 Sutra 6
	Wrishabha Rasi: 6.16	Tithi 3	<b>Gulika</b> 5:09AM – 6:52AM	<b>Krittika Until 12:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:09AM	Sobhana 5125
			Yama 1:44PM – 3:27PM	Saubhagya Until 9:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2 - 16
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 8:35AM – 10:18AM	Taitila Until 9:15AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya Until 9:19PM</b>	Moon – White		<b>Devaloka Day</b>	
			Akshaya Tritiya	Vaisaka-Chaitra			

<b>3</b>	<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Gatineau, Canada Sun 17 Sutra 7
	Wrishabha Rasi: 19.07	Tithi 4	<b>Gulika</b> 3:27PM – 5:11PM	<b>Rohini Until 1:58PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:07AM	Sobhana 5125
			Yama 12:00PM – 1:44PM	Sobhana Until 9:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 2 - 17
	Creative Work	Siddha Yoga	231996578 <b>Rahu</b> 5:11PM – 6:54PM	Vanija Until 9:35AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi* Until 9:59PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>4</b>	<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Gatineau, Canada Sun 18 Sutra 8
	Mithuna Rasi: 1.4	Tithi 5	<b>Gulika</b> 1:44PM – 3:28PM	<b>Mrigashira Until 3:40PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:05AM	Sobhana 5125
	<b>Family Home Evening</b>		Yama 10:17AM – 12:00PM	Athiganda* Until 9:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 2 - 18
	Creative Work	Amrita Yoga	231996578 <b>Rahu</b> 6:49AM – 8:33AM	Bava Until 10:34AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami Until 11:15PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
			Adi Sankara Jayanthi	Vaisaka-Chaitra			

<b>5</b>	<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Gatineau, Canada Sun 19 Sutra 9
	Mithuna Rasi: 13.58	Tithi 6	<b>Gulika</b> 12:00PM – 1:44PM	<b>Ardra Until 5:44PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:04AM	Sobhana 5125
			Yama 8:32AM – 10:16AM	Sukarma Until 9:38PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 2 - 19
	Routine Work	Marana Yoga	231996579 <b>Rahu</b> 3:28PM – 5:12PM	Kaulava Until 12:07PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi* Until 1:02AM Wed</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

<b>6</b>	<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Gatineau, Canada Sun 20 Sutra 10
	Mithuna Rasi: 26.04	Tithi 7	<b>Gulika</b> 10:15AM – 12:00PM	<b>Punarvasu Until 8:31PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:02AM	Sobhana 5125
			Yama 6:47AM – 8:31AM	Dhriti Until 10:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 2 - 20
	Creative Work	Siddha Yoga	241996579 <b>Rahu</b> 12:00PM – 1:44PM	Gara Until 2:06PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Saptami Until 3:11AM Thu</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				Vaisaka-Chaitra			

<b>D</b>	<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Gatineau, Canada Sun 21 Sutra 11
	<b>Retreat Star</b>		<b>Gulika</b> 8:30AM – 10:15AM	<b>Pushya Until 11:21PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:01AM	Sobhana 5125
	Kataka Rasi: 8.02	Tithi 8	Yama 5:01AM – 6:45AM	Shula* Until 11:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2 - 21
	Creative Work	Amrita Yoga	242996579 <b>Rahu</b> 1:44PM – 3:29PM	Visiti Until 4:21PM	<b>Nataraja:</b> Purple		Ashtami
			<b>Ashtami* Until 5:30AM Fri</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

<b>D</b>	<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Gatineau, Canada Sun 22 Sutra 12
	<b>Retreat Star</b>		<b>Gulika</b> 6:44AM – 8:29AM	<b>Ashlesha* Until 2:03AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:59AM	Sobhana 5125
	Kataka Rasi: 19.57	Tithi 9	Yama 3:30PM – 5:15PM	Ganda* Until 11:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2 - 22
	Routine Work	Marana Yoga	242996579 <b>Rahu</b> 10:14AM – 12:00PM	Balava Until 6:42PM	<b>Nataraja:</b> Purple		Navami
			<b>Navami* Until 7:49AM Sat</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, April 29, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Gatineau, Canada Sun 23 Sutra 13	
Simha Rasi: 1.52	Tithi 9 – 10	<b>Gulika</b> 4:58AM – 6:43AM	<b>Magha* Until 4:56AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:58AM	Sobhana 5125			
		Yama 1:45PM – 3:30PM	Vriddhi Until 12:42AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3 - 23			
	252996579	<b>Rahu</b> 8:28AM – 10:14AM	Taitila Until 8:55PM	<b>Nataraja:</b> Purple		4th Phase			
Creative Work	Amrita Yoga		<b>Navami* Until 7:49AM</b>	Moon – Red		<b>Devaloka Day</b>			
Until 4:56AM Sun				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Sunday, April 30, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Gatineau, Canada Sun 24 Sutra 14	
Simha Rasi: 13.52	Tithi 10 – 11	<b>Gulika</b> 3:31PM – 5:17PM	<b>Purvaphalguni Until 7:17AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:56AM	Sobhana 5125			
		Yama 11:59AM – 1:45PM	Dhruva Until 1:10AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3 - 24			
	252996579	<b>Rahu</b> 5:17PM – 7:02PM	Vanija Until 10:51PM	<b>Nataraja:</b> Purple		4th Phase			
Creative Work	Siddha Yoga		<b>Dashami Until 9:55AM</b>	Moon – Red		<b>Devaloka Day</b>			
				Vaisaka-Chaitra					

<b>3</b>		<b>Monday, May 1, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Gatineau, Canada Sun 25 Sutra 15	
Simha Rasi: 26	Tithi 11 – 12	<b>Gulika</b> 1:45PM – 3:32PM	<b>Purvaphalguni Until 7:17AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:53AM	Sobhana 5125			
<b>Family Home Evening</b>		Yama 10:13AM – 11:59AM	Vyaghata* Until 1:17AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3 - 25			
	252996579	<b>Rahu</b> 6:40AM – 8:26AM	Bava Until 12:19AM Tue	<b>Nataraja:</b> Purple		4th Phase			
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:38AM</b>	Moon – Red		<b>Devaloka Day</b>			
				Vaisaka-Chaitra					

<b>4</b>		<b>Tuesday, May 2, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Gatineau, Canada Sun 26 Sutra 16	
Kanya Rasi: 8.2	Tithi 12 – 13	<b>Gulika</b> 11:59AM – 1:46PM	<b>Uttaraphalguni Until 9:00AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:52AM	Sobhana 5125			
		Yama 8:25AM – 10:12AM	Harshana Until 12:58AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3 - 26			
	252996579	<b>Rahu</b> 3:32PM – 5:19PM	Kaulava Until 1:11AM Wed	<b>Nataraja:</b> Purple		4th Phase			
Creative Work	Amrita Yoga		<b>Dvadashi Until 12:48PM</b>	Moon – Red		<b>Devaloka Day</b>			
Until 9:00AM				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>					

<b>5</b>		<b>Wednesday, May 3, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Gatineau, Canada Sun 27 Sutra 17	
Kanya Rasi: 20.57	Tithi 13 – 14	<b>Gulika</b> 10:12AM – 11:59AM	<b>Hasta Until 10:27AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Sobhana 5125			
		Yama 6:37AM – 8:24AM	Vajra* Until 12:07AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3 - 27			
	262996579	<b>Rahu</b> 11:59AM – 1:46PM	Gara Until 1:26AM Thu	<b>Nataraja:</b> Purple		4th Phase			
Routine Work	Marana Yoga		<b>Trayodashi Until 1:22PM</b>	Moon – Green		<b>Sivaloka Day</b>			
Until 10:27AM				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									

		<b>Thursday, May 4, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Gatineau, Canada Sutra 18	
Tula Rasi: 3.52	Tithi 14 – 15	<b>Gulika</b> 8:24AM – 10:11AM	<b>Chitra Until 11:07AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:49AM	Sobhana 5125			
		Yama 4:49AM – 6:36AM	Siddhi Until 10:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3 - Purnima			
	262996579	<b>Rahu</b> 1:46PM – 3:34PM	Vistil Until 1:03AM Fri	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:18PM</b>	Moon – Green		<b>Sivaloka Day</b>			
Until 11:07AM		<b>Budha Purnima (Tamil Nadu)</b>		Vaisaka-Chaitra					
Then Creative Work - Amrita Yoga									

<b>Friday, May 5, 2023</b>		<b>Silver Retreat Star</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Gatineau, Canada Sutra 19	
Tula Rasi: 17.05	Tithi 15 – 16	<b>Gulika</b> 6:35AM – 8:23AM	<b>Svati Until 11:02AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:47AM	Sobhana 5125			
		Yama 3:34PM – 5:22PM	Vyatipata* Until 9:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3 - Prathama			
	262996579	<b>Rahu</b> 10:11AM – 11:59AM	Balava Until 12:05AM Sat	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Purnima* Until 12:37PM</b>	Moon – Green		<b>Sivaloka Day</b>			
				Vaisaka-Chaitra					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda