



**Monday, April 18, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Imphal, India  
Sutra 1

Tula Rasi: 20.15 Tithi 17  
Family Home Evening 278345478  
Routine Work Marana Yoga  
Until 3:37AM Tue  
Then Creative Work - Siddha Yoga

**Gulika** 12:51PM – 2:27PM  
Yama 9:40AM – 11:15AM  
**Rahu** 6:28AM – 8:04AM

**Vishakha Until 3:37AM Tue**  
Siddhi Until 8:21PM  
Taitila Until 8:46AM  
**Dvitiya Until 7:24PM**

**Ganesha:** Purple *Sunrise:* 4:52AM  
**Muruqa:** White *Sunset:* 5:39PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**1**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Imphal, India  
Sun 1 Sutra 2

Vischika Rasi: 4.46 Tithi 18 – 19  
278345478  
Creative Work Siddha Yoga

**Gulika** 11:15AM – 12:51PM  
Yama 8:03AM – 9:39AM  
**Rahu** 2:27PM – 4:03PM

**Anuradha Until 1:36AM Wed**  
Vyatipata\* Until 4:59PM  
Vanija Until 6:02AM  
**Tritiya Until 4:37PM**

**Ganesha:** Purple *Sunrise:* 4:51AM  
**Muruqa:** White *Sunset:* 5:39PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**2**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Imphal, India  
Sun 2 Sutra 3

Vischika Rasi: 19.19 Tithi 19 – 20  
278345478  
Creative Work Siddha Yoga  
Until 11:30PM  
Then Routine Work - Marana Yoga

**Gulika** 9:39AM – 11:15AM  
Yama 6:26AM – 8:03AM  
**Rahu** 11:15AM – 12:51PM

**Jyeshtha\* Until 11:30PM**  
Variyan Until 1:35PM  
Kaulava Until 12:31AM Thu  
**Chaturthi\* Until 1:51PM**

**Ganesha:** Purple *Sunrise:* 4:50AM  
**Muruqa:** White *Sunset:* 5:40PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**3**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Imphal, India  
Sun 3 Sutra 4

Dhanus Rasi: 3.5 Tithi 20 – 21  
288345478  
Creative Work Siddha Yoga

**Gulika** 8:02AM – 9:38AM  
Yama 4:49AM – 6:26AM  
**Rahu** 12:51PM – 2:27PM

**Mula\* Until 9:49PM**  
Parigha\* Until 10:17AM  
Gara Until 9:55PM  
**Panchami Until 11:10AM**

**Ganesha:** Clear *Sunrise:* 4:49AM  
**Muruqa:** White *Sunset:* 5:40PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Imphal, India  
Sun 4 Sutra 5

Dhanus Rasi: 18.13 Tithi 21 – 22  
289345478  
Routine Work Prabalarishta Yoga  
Until 8:13PM  
Then Routine Work - Marana Yoga

**Gulika** 6:25AM – 8:01AM  
Yama 2:28PM – 4:04PM  
**Rahu** 9:38AM – 11:15AM

**Purvashadha\* Until 8:13PM**  
Shiva Until 7:09AM  
Visiti Until 7:33PM  
**Shashthi\* Until 8:41AM**

**Ganesha:** Purple *Sunrise:* 4:48AM  
**Muruqa:** White *Sunset:* 5:41PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Devaloka Day**

**●**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Imphal, India  
Sun 5 Sutra 6

Makara Rasi: 2.26 Tithi 22 – 23  
289345478  
Routine Work Marana Yoga  
Until 6:45PM  
Then Creative Work - Siddha Yoga

**Gulika** 4:48AM – 6:24AM  
Yama 12:51PM – 2:28PM  
**Rahu** 8:01AM – 9:38AM

**Uttarashadha Until 6:45PM**  
Sadhya Until 1:30AM Sun  
Kaulava Until 4:32AM Sun  
**Saptami Until 6:27AM**

**Ganesha:** Purple *Sunrise:* 4:48AM  
**Muruqa:** White *Sunset:* 5:41PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
5 Ashtami

**Devaloka Day**

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Imphal, India  
Sun 6 Sutra 7

Makara Rasi: 16.27 Tithi 24  
299345478  
Creative Work Amrita Yoga  
Until 5:54PM  
Then Routine Work - Marana Yoga

**Gulika** 2:28PM – 4:05PM  
Yama 11:14AM – 12:51PM  
**Rahu** 4:05PM – 5:42PM

**Shravana Until 5:54PM**  
Subha Until 11:05PM  
Taitila Until 3:42PM  
**Navami\* Until 2:56AM Mon**

**Ganesha:** Clear *Sunrise:* 4:47AM  
**Muruqa:** White *Sunset:* 5:42PM  
**Nataraja:** White  
Moon – Purple  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

<b>1</b>	<b>Monday, April 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Imphal, India Sun 7 Sutra 8
	Kumbha Rasi: 0.16	Tithi 25	<b>Gulika</b> 12:51PM – 2:28PM	<b>Dhanishtha</b> Until 5:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:46AM	Subhakrit 5124
	<b>Family Home Evening</b>	299345479	<b>Rahu</b> 6:23AM – 8:00AM	Sukla Until 8:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:42PM	Moon 4 - Phase 2 - 7
	Creative Work	Siddha Yoga		Vanija Until 2:17PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 1:42AM Tue	Moon – Purple		<b>Devaloka Day</b>	
				Chaitra•Chaitra			

<b>2</b>	<b>Tuesday, April 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Imphal, India Sun 8 Sutra 9
	Kumbha Rasi: 13.51	Tithi 26	<b>Gulika</b> 11:14AM – 12:51PM	<b>Shatabhishak</b> Until 4:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM	Subhakrit 5124
		299345479	<b>Rahu</b> 2:28PM – 4:05PM	Brahma Until 7:06PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:42PM	Moon 4 - Phase 2 - 8
	Routine Work	Marana Yoga		Bava Until 1:15PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 12:51AM Wed	Moon – Purple		<b>Devaloka Day</b>	
				Chaitra•Chaitra			

<b>3</b>	<b>Wednesday, April 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Imphal, India Sun 9 Sutra 10
	Kumbha Rasi: 27.13	Tithi 27	<b>Gulika</b> 9:36AM – 11:14AM	<b>Purvaproshtapada*</b> Until 5:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM	Subhakrit 5124
		219345479	<b>Rahu</b> 11:14AM – 12:51PM	Indra Until 5:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:43PM	Moon 4 - Phase 2 - 9
	Creative Work	Amrita Yoga		Kaulava Until 12:37PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 12:26AM Thu	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra•Chaitra			

<b>4</b>	<b>Thursday, April 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Imphal, India Sun 10 Sutra 11
	Meena Rasi: 10.21	Tithi 28	<b>Gulika</b> 7:58AM – 9:36AM	<b>Uttaraproshtapada</b> Until 5:40PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM	Subhakrit 5124
		219345479	<b>Rahu</b> 12:51PM – 2:28PM	Vaidhriti* Until 4:27PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:43PM	Moon 4 - Phase 2 - 10
	Creative Work	Siddha Yoga		Gara Until 12:24PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 12:27AM Fri	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra•Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Friday, April 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Imphal, India Sun 11 Sutra 12
	Meena Rasi: 23.16	Tithi 29	<b>Gulika</b> 6:20AM – 7:58AM	<b>Revati</b> Until 6:32PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:43AM	Subhakrit 5124
		219445479	<b>Rahu</b> 9:36AM – 11:13AM	Vishkambha* Until 3:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:44PM	Moon 4 - Phase 2 - 11
	Creative Work	Siddha Yoga		Visti Until 12:40PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi*</b> Until 12:57AM Sat	Moon – Clear		<b>Bhuloka Day</b>	
				Chaitra•Chaitra		Devaloka Time: 6:PM to 9:PM	

<b>●</b>	<b>Saturday, April 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Imphal, India Sun 12 Sutra 13
	<b>Retreat Star</b>		<b>Gulika</b> 4:42AM – 6:20AM	<b>Ashvini</b> Until 8:11PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
	Mesha Rasi: 5.56	Tithi 30	<b>Rahu</b> 7:58AM – 9:35AM	Priti Until 3:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:44PM	Moon 4 - Phase 2 - 12
	Creative Work	Siddha Yoga		Catuspada Until 1:25PM	<b>Nataraja:</b> Clear		Amavasya
			<b>Amavasya*</b> Until 1:57AM Sun	Moon – White		<b>Bhuloka Day</b>	
				Chaitra•Chaitra		Devaloka Time: 6:PM to 9:PM	

<b>●</b>	<b>Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Imphal, India Sun 13 Sutra 14
	<b>Retreat Star</b>		<b>Gulika</b> 2:29PM – 4:07PM	<b>Bharani</b> Until 10:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:41AM	Subhakrit 5124
	Mesha Rasi: 18.23	Tithi 1	<b>Rahu</b> 4:07PM – 5:45PM	Ayushman Until 3:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 2 - 13
	Routine Work	Prabalarishta Yoga		Kintughna Until 2:40PM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 3:26AM Mon	Moon – White		<b>Bhuloka Day</b>	
				Vaisaka•Chaitra		Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>	<b>Monday, May 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Imphal, India Sun 14 Sutra 15
	Vrishabha Rasi: 0.38	Tithi 2	<b>Gulika</b> 12:51PM – 2:29PM	<b>Krittika</b> <b>Until 12:25AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:41AM	Subhakrit 5124
	<b>Family Home Evening</b>	221445479	Yama 9:35AM – 11:13AM	Saubhagya <b>Until 3:37PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 3 - 14
	Routine Work Marana Yoga		<b>Rahu</b> 6:19AM – 7:57AM	Balava <b>Until 4:22PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> <b>Until 5:21AM Tue</b>	Moon – White		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Tuesday, May 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Tritiyayam Titau				Imphal, India Sun 15 Sutra 16
	Vrishabha Rasi: 12.42	Tithi 3	<b>Gulika</b> 11:13AM – 12:51PM	<b>Rohini</b> <b>Until 3:20AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:40AM	Subhakrit 5124
		231445479	Yama 7:56AM – 9:35AM	Sobhana <b>Until 4:17PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 3 - 15
	Creative Work Amrita Yoga		<b>Rahu</b> 2:29PM – 4:08PM	Taitila <b>Until 6:28PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> <b>Until 7:36AM Wed</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Wednesday, May 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Imphal, India Sun 16 Sutra 17
	Vrishabha Rasi: 24.38	Tithi 3 – 4	<b>Gulika</b> 9:34AM – 11:13AM	<b>Mrigashira</b> <b>Until 6:18AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:39AM	Subhakrit 5124
		231445479	Yama 6:18AM – 7:56AM	Athiganda* <b>Until 5:08PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:46PM	Moon 4 - Phase 3 - 16
	Creative Work Siddha Yoga		<b>Rahu</b> 11:13AM – 12:51PM	Vanija <b>Until 8:51PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> <b>Until 7:36AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Thursday, May 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Imphal, India Sun 17 Sutra 18
	Mithuna Rasi: 6.3	Tithi 4 – 5	<b>Gulika</b> 7:56AM – 9:34AM	<b>Mrigashira</b> <b>Until 6:18AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:38AM	Subhakrit 5124
		231445479	Yama 4:38AM – 6:17AM	Sukarma <b>Until 6:07PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:47PM	Moon 4 - Phase 3 - 17
	Routine Work Marana Yoga		<b>Rahu</b> 12:51PM – 2:30PM	Bava <b>Until 11:21PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi*</b> <b>Until 10:04AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Friday, May 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Imphal, India Sun 18 Sutra 19
	Mithuna Rasi: 18.2	Tithi 5 – 6	<b>Gulika</b> 6:16AM – 7:55AM	<b>Ardra</b> <b>Until 9:10AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:38AM	Subhakrit 5124
		231445479	Yama 2:30PM – 4:09PM	Dhriti <b>Until 7:06PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:47PM	Moon 4 - Phase 3 - 18
	Creative Work Siddha Yoga		<b>Rahu</b> 9:34AM – 11:13AM	Kaulava <b>Until 1:48AM Sat</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> <b>Until 12:34PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

<b>6</b>	<b>Saturday, May 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Imphal, India Sun 19 Sutra 20
	Kataka Rasi: 0.13	Tithi 6 – 7	<b>Gulika</b> 4:37AM – 6:16AM	<b>Punarvasu</b> <b>Until 12:16PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:37AM	Subhakrit 5124
		241445479	Yama 12:51PM – 2:30PM	Shula* <b>Until 7:56PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:48PM	Moon 4 - Phase 3 - 19
	Creative Work Siddha Yoga		<b>Rahu</b> 7:55AM – 9:34AM	Gara <b>Until 4:01AM Sun</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> <b>Until 2:56PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>7</b>	<b>Sunday, May 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Imphal, India Sun 20 Sutra 21
	<b>Retreat Star</b>		<b>Gulika</b> 2:30PM – 4:09PM	<b>Pushya</b> <b>Until 2:55PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:36AM	Subhakrit 5124
	Kataka Rasi: 12.1	Tithi 7 – 8	Yama 11:12AM – 12:51PM	Ganda* <b>Until 8:30PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:48PM	Moon 4 - Phase 3 - 20
		241445479	<b>Rahu</b> 4:09PM – 5:48PM	Visti <b>Until 5:50AM Mon</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> <b>Until 4:58PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>8</b>	<b>Monday, May 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava Karana Ashtamyam Titau				Imphal, India Sun 21 Sutra 22
	<b>Retreat Star</b>		<b>Gulika</b> 12:51PM – 2:31PM	<b>Ashlesha*</b> <b>Until 4:55PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:36AM	Subhakrit 5124
	Kataka Rasi: 24.19	Tithi 8	Yama 9:33AM – 11:12AM	Vriddhi <b>Until 8:41PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:49PM	Moon 4 - Phase 3 - 21
		241445479	<b>Rahu</b> 6:15AM – 7:54AM	Bava <b>Until 6:30PM</b>	<b>Nataraja:</b> Clear		Ashtami
			<b>Ashtami*</b> <b>Until 6:30PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>9</b>	<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Imphal, India Sun 22 Sutra 23
	<b>Retreat Star</b>		<b>Gulika</b> 11:12AM – 12:52PM	<b>Magha*</b> <b>Until 6:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:35AM	Subhakrit 5124
	Simha Rasi: 6.41	Tithi 9	Yama 7:54AM – 9:33AM	Dhruva <b>Until 8:19PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 5:49PM	Moon 4 - Phase 3 - 22
		252445479	<b>Rahu</b> 2:31PM – 4:10PM	Balava <b>Until 7:03AM</b>	<b>Nataraja:</b> Clear		Navami
			<b>Navami*</b> <b>Until 7:23PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Impfal, India Sun 23 Sutra 24 Subhakrit 5124
Simha Rasi: 19.23	Tithi 10	<b>Gulika</b> 9:33AM – 11:12AM	<b>Purvaphalguni</b> Until 7:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:35AM			
		Yama 6:14AM – 7:53AM	Vyaghata* Until 7:23PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:50PM		Moon 4 - Phase 4 - 23	
252445479	<b>Rahu</b> 11:12AM – 12:52PM		Taitila Until 7:34AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 7:31PM	Moon – Red			<b>Devaloka Day</b>	
				Vaisaka-Chaitra				

<b>2</b>		<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Impfal, India Sun 24 Sutra 25 Subhakrit 5124
Kanya Rasi: 2.27	Tithi 11	<b>Gulika</b> 7:53AM – 9:33AM	<b>Uttaraphalguni</b> Until 7:21PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:34AM			
		Yama 4:34AM – 6:14AM	Harshana Until 5:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:50PM		Moon 4 - Phase 4 - 24	
252445479	<b>Rahu</b> 12:52PM – 2:31PM		Vanija Until 7:19AM	<b>Nataraja:</b> Clear			4th Phase	
Amrita Yoga			<b>Ekadashi</b> Until 6:53PM	Moon – Red			<b>Devaloka Day</b>	
Until 7:21PM				Vaisaka-Chaitra				
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Impfal, India Sun 25 Sutra 26 Subhakrit 5124
Kanya Rasi: 15.56	Tithi 12 – 13	<b>Gulika</b> 6:13AM – 7:53AM	<b>Hasta</b> Until 6:49PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:34AM			
		Yama 2:31PM – 4:11PM	Vajra* Until 3:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:51PM		Moon 4 - Phase 4 - 25	
252445479	<b>Rahu</b> 9:33AM – 11:12AM		Bava Until 6:17AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 5:28PM	Moon – Green			<b>Sivaloka Day</b>	
Until 6:49PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>				

<b>4</b>		<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Impfal, India Sun 26 Sutra 27 Subhakrit 5124
Kanya Rasi: 29.52	Tithi 13 – 14	<b>Gulika</b> 4:33AM – 6:13AM	<b>Chitra</b> Until 5:28PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:33AM			
		Yama 12:52PM – 2:32PM	Siddhi Until 12:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:51PM		Moon 4 - Phase 4 - 26	
252445479	<b>Rahu</b> 7:53AM – 9:32AM		Gara Until 2:10AM Sun	<b>Nataraja:</b> Clear			4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 3:24PM	Moon – Green			<b>Sivaloka Day</b>	
Until 5:28PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

		<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Impfal, India Sun 27 Sutra 28 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:32PM – 4:12PM	<b>Svati</b> Until 3:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:33AM			
Tula Rasi: 14.11	Tithi 14 – 15	Yama 11:12AM – 12:52PM	Vyatipata* Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:52PM		Moon 4 - Phase 4 - 27	
252445479	<b>Rahu</b> 4:12PM – 5:52PM		Visti Until 11:19PM	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:46PM	Moon – Green			<b>Sivaloka Day</b>	
Until 3:26PM				Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga								

<b>Monday, May 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Impfal, India Sutra 29 Subhakrit 5124		
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:52PM – 2:32PM	<b>Vishakha</b> Until 1:17PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:32AM			
Tula Rasi: 28.5	Tithi 15 – 16	Yama 9:32AM – 11:12AM	Variyan Until 6:16AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:52PM		Moon 4 - Phase 4 -	
272445479	<b>Rahu</b> 6:12AM – 7:52AM		Balava Until 8:07PM	<b>Nataraja:</b> Clear			Prathama	
<b>Family Home Evening</b>	Marana Yoga		<b>Purnima*</b> Until 9:44AM	Moon – Orange			<b>Devaloka Day</b>	
Routine Work				Vaisaka-Vaikasi				
Until 1:17PM								
Then Creative Work - Siddha Yoga								



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Imphal, India  
Sutra 30

Vrischika Rasi: 13.41 Tithi 16 – 17

272445479

**Gulika** 11:12AM – 12:52PM  
Yama 7:52AM – 9:32AM  
**Rahu** 2:32PM – 4:13PM

**Anuradha Until 10:45AM**  
Shiva Until 10:37PM  
Gara Until 3:01AM Wed  
**Prathama\* Until 6:26AM**

**Ganesha:** Yellow *Sunrise:* 4:32AM  
**Muruqa:** White *Sunset:* 5:53PM  
**Nataraja:** Clear  
Moon – Orange  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 10:45AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Vanija/Visli\* Karana Tritiyayam Titau

Imphal, India  
Sun 1 Sutra 31

Vrischika Rasi: 28.39 Tithi 18

272445479

**Gulika** 9:32AM – 11:12AM  
Yama 6:11AM – 7:52AM  
**Rahu** 11:12AM – 12:52PM

**Jyeshtha\* Until 8:01AM**  
Siddha Until 6:43PM  
Vanija Until 1:19PM  
**Tritiya Until 11:38PM**

**Ganesha:** Yellow *Sunrise:* 4:31AM  
**Muruqa:** White *Sunset:* 5:53PM  
**Nataraja:** Clear  
Moon – Orange  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 8:01AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Imphal, India  
Sun 2 Sutra 32

Dhanus Rasi: 13.34 Tithi 19

282445479

**Gulika** 7:52AM – 9:32AM  
Yama 4:31AM – 6:11AM  
**Rahu** 12:53PM – 2:33PM

**Purvashadha\* Until 3:17AM Fri**  
Sadhya Until 2:57PM  
Bava Until 10:00AM  
**Chaturthi\* Until 8:25PM**

**Ganesha:** Blue *Sunrise:* 4:31AM  
**Muruqa:** White *Sunset:* 5:54PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 3:17AM Fri  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Panchami/Shashthiyam Titau

Imphal, India  
Sun 3 Sutra 33

Dhanus Rasi: 28.19 Tithi 20 – 21

282445479

**Gulika** 6:11AM – 7:51AM  
Yama 2:33PM – 4:14PM  
**Rahu** 9:32AM – 11:12AM

**Uttarashadha Until 1:10AM Sat**  
Subha Until 11:25AM  
Kaulava Until 6:56AM  
**Panchami Until 5:31PM**

**Ganesha:** Blue *Sunrise:* 4:30AM  
**Muruqa:** White *Sunset:* 5:54PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga  
Until 1:10AM Sat  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Imphal, India  
Sun 4 Sutra 34

Makara Rasi: 12.47 Tithi 21 – 22

292445479

**Gulika** 4:30AM – 6:11AM  
Yama 12:53PM – 2:34PM  
**Rahu** 7:51AM – 9:32AM

**Shravana Until 11:47PM**  
Sukla Until 8:11AM  
Visti Until 1:58AM Sun  
**Shashthi\* Until 3:01PM**

**Ganesha:** Red *Sunrise:* 4:30AM  
**Muruqa:** White *Sunset:* 5:55PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Sunday, May 22, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Imphal, India  
Sun 5 Sutra 35

Makara Rasi: 26.58 Tithi 22 – 23

292445479

**Gulika** 2:34PM – 4:15PM  
Yama 11:12AM – 12:53PM  
**Rahu** 4:15PM – 5:55PM

**Dhanishtha Until 10:47PM**  
Indra Until 2:59AM Mon  
Balava Until 12:15AM Mon  
**Saptami Until 1:01PM**

**Ganesha:** Red *Sunrise:* 4:30AM  
**Muruqa:** White *Sunset:* 5:55PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
Ashtami

Routine Work Marana Yoga  
Until 10:47PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Monday, May 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Imphal, India  
Sun 6 Sutra 36

Kumbha Rasi: 10.46 Tithi 23 – 24

292445479

**Gulika** 12:53PM – 2:34PM  
Yama 9:32AM – 11:12AM  
**Rahu** 6:10AM – 7:51AM

**Shatabhishak Until 10:13PM**  
Vaidhriti\* Until 1:04AM Tue  
Taitila Until 11:08PM  
**Ashtami\* Until 11:36AM**

**Ganesha:** Red *Sunrise:* 4:29AM  
**Muruqa:** White *Sunset:* 5:56PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
Navami

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:13PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Imphal, India on 5/1/20

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<b>1</b>	<b>Tuesday, May 24, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Imphal, India Sun 7 Sutra 37
	Kumbha Rasi: 24.14	Tithi 24 – 25	<b>Gulika</b> 11:13AM – 12:53PM	<b>Purvaproshtapada* Until 10:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:29AM	Subhakra 5124
	213545479		Yama 7:51AM – 9:32AM	Vishkambha* Until 11:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:56PM	Moon 5 - Phase 6 - 7
		<b>Rahu</b> 2:34PM – 4:15PM	Vanija Until 10:36PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work Marana Yoga			<b>Navami* Until 10:46AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 10:33PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							


<b>2</b>	<b>Wednesday, May 25, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Imphal, India Sun 8 Sutra 38
	Meena Rasi: 7.22	Tithi 25 – 26	<b>Gulika</b> 9:32AM – 11:13AM	<b>Uttaraproshtapada Until 11:18PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:29AM	Subhakra 5124
	213545479		Yama 6:10AM – 7:51AM	Priti Until 10:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:57PM	Moon 5 - Phase 6 - 8
		<b>Rahu</b> 11:13AM – 12:54PM	Bava Until 10:40PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work Siddha Yoga			<b>Dashami Until 10:32AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 11:18PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Thursday, May 26, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Imphal, India Sun 9 Sutra 39
	Meena Rasi: 20.13	Tithi 26 – 27	<b>Gulika</b> 7:51AM – 9:32AM	<b>Revati Until 12:27AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:28AM	Subhakra 5124
	313545479		Yama 4:28AM – 6:09AM	Ayushman Until 10:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:57PM	Moon 5 - Phase 6 - 9
		<b>Rahu</b> 12:54PM – 2:35PM	Kaulava Until 11:17PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work Siddha Yoga			<b>Ekadashi* Until 10:53AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 12:27AM Fri				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Friday, May 27, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Titila/Gara Karana Dvadashi/Trayodashyam Titau				Imphal, India Sun 10 Sutra 40
	Mesha Rasi: 2.48	Tithi 27 – 28	<b>Gulika</b> 6:09AM – 7:50AM	<b>Ashvini Until 2:24AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:28AM	Subhakra 5124
	323545479		Yama 2:35PM – 4:16PM	Saubhagya Until 10:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:58PM	Moon 5 - Phase 6 - 10
		<b>Rahu</b> 9:32AM – 11:13AM	Gara Until 12:25AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work Amrita Yoga			<b>Dvadashi* Until 11:47AM</b>	Moon – White		<b>Devaloka Day</b>	
Until 2:24AM Sat				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Saturday, May 28, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Imphal, India Sun 11 Sutra 41
	Mesha Rasi: 15.1	Tithi 28 – 29	<b>Gulika</b> 4:28AM – 6:09AM	<b>Bharani Until 4:38AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:28AM	Subhakra 5124
	323545479		Yama 12:54PM – 2:36PM	Sobhana Until 10:21PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:58PM	Moon 5 - Phase 6 - 11
		<b>Rahu</b> 7:50AM – 9:32AM	Visti Until 2:00AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work Siddha Yoga			<b>Trayodashi* Until 1:09PM</b>	Moon – White		<b>Devaloka Day</b>	
				Vaisaka-Vaikasi			

<b>6</b>	<b>Sunday, May 29, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Imphal, India Sun 12 Sutra 42
	Mesha Rasi: 27.21	Tithi 29 – 30	<b>Gulika</b> 2:36PM – 4:17PM	<b>Krittika Until 7:02AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:28AM	Subhakra 5124
	323545479		Yama 11:13AM – 12:54PM	Athiganda* Until 10:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:59PM	Moon 5 - Phase 6 - 12
		<b>Rahu</b> 4:17PM – 5:59PM	Catuspada Until 3:58AM Mon	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work Siddha Yoga			<b>Chaturdashi* Until 2:55PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 7:02AM Mon				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

	<b>Monday, May 30, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Imphal, India Sun 13 Sutra 43
	<b>Retreat Star</b>		<b>Gulika</b> 12:55PM – 2:36PM	<b>Krittika Until 7:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:27AM	Subhakra 5124
	Vrishabha Rasi: 9.23	Tithi 30 – 1	Yama 9:32AM – 11:13AM	Sukarma Until 11:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:59PM	Moon 5 - Phase 6 - 13
<b>Family Home Evening</b>		<b>Rahu</b> 6:09AM – 7:50AM	Kintughna Until 6:12AM Tue	<b>Nataraja:</b> Clear		Amavasya	
Routine Work Marana Yoga			<b>Amavasya* Until 5:02PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 7:02AM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

<b>7</b>	<b>Tuesday, May 31, 2022</b>		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Imphal, India Sun 14 Sutra 44
	<b>Retreat Star</b>		<b>Gulika</b> 11:13AM – 12:55PM	<b>Rohini Until 10:03AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:27AM	Subhakra 5124
	Vrishabha Rasi: 21.19	Tithi 1	Yama 7:50AM – 9:32AM	Dhriti Until 12:36AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:00PM	Moon 5 - Phase 6 - 14
		<b>Rahu</b> 2:36PM – 4:18PM	Kintughna Until 6:12AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work Amrita Yoga			<b>Prathama* Until 7:22PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 10:03AM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Wednesday, June 1, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Imphal, India Sun 15 Sutra 45 Subhakit 5124
	Mithuna Rasi: 3.11	Tithi 2	<b>Gulika</b> 9:32AM – 11:14AM	<b>Mrigashira</b> Until 1:03PM	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 4:27AM	
			Yama 6:09AM – 7:50AM	Shula* Until 1:35AM Thu	<b>Muruqa:</b> White	<b>Sunset:</b> 6:00PM	Moon 5 - Phase 7 - 15
	Creative Work	Siddha Yoga	333545479 <b>Rahu</b> 11:14AM – 12:55PM	Balava Until 8:37AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 9:50PM	Moon – Yellow		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

<b>2</b>	<b>Thursday, June 2, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Imphal, India Sun 16 Sutra 46 Subhakit 5124
	Mithuna Rasi: 15.01	Tithi 3	<b>Gulika</b> 7:50AM – 9:32AM	<b>Ardra</b> Until 3:55PM	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 4:27AM	
			Yama 4:27AM – 6:09AM	Ganda* Until 2:36AM Fri	<b>Muruqa:</b> White	<b>Sunset:</b> 6:00PM	Moon 5 - Phase 7 - 16
	Routine Work	Marana Yoga	333545479 <b>Rahu</b> 12:55PM – 2:37PM	Taitila Until 11:06AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 12:19AM Fri	Moon – Yellow		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

<b>3</b>	<b>Friday, June 3, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Imphal, India Sun 17 Sutra 47 Subhakit 5124
	Mithuna Rasi: 26.51	Tithi 4	<b>Gulika</b> 6:08AM – 7:50AM	<b>Punarvasu</b> Until 7:05PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:27AM	
			Yama 2:37PM – 4:19PM	Vriddhi Until 3:33AM Sat	<b>Muruqa:</b> Green	<b>Sunset:</b> 6:01PM	Moon 5 - Phase 7 - 17
	Creative Work	Siddha Yoga	343555479 <b>Rahu</b> 9:32AM – 11:14AM	Vanija Until 1:33PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi*</b> Until 2:42AM Sat	Moon – Blue		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

<b>4</b>	<b>Saturday, June 4, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Imphal, India Sun 18 Sutra 48 Subhakit 5124
	Kataka Rasi: 8.44	Tithi 5	<b>Gulika</b> 4:27AM – 6:08AM	<b>Pushya</b> Until 9:53PM	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:27AM	
			Yama 12:56PM – 2:38PM	Dhruva Until 4:17AM Sun	<b>Muruqa:</b> Green	<b>Sunset:</b> 6:01PM	Moon 5 - Phase 7 - 18
	Creative Work	Siddha Yoga	343555479 <b>Rahu</b> 7:50AM – 9:32AM	Bava Until 3:50PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 4:51AM Sun	Moon – Blue		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

<b>5</b>	<b>Sunday, June 5, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Imphal, India Sun 19 Sutra 49 Subhakit 5124
	Kataka Rasi: 20.43	Tithi 6	<b>Gulika</b> 2:38PM – 4:20PM	<b>Ashlesha*</b> Until 12:12AM Mon	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:27AM	
			Yama 11:14AM – 12:56PM	Vyaghata* Until 4:45AM Mon	<b>Muruqa:</b> Green	<b>Sunset:</b> 6:02PM	Moon 5 - Phase 7 - 19
	Creative Work	Siddha Yoga	343555471 <b>Rahu</b> 4:20PM – 6:02PM	Kaulava Until 5:49PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Shashthi*</b> Until 6:38AM Mon	Moon – Blue		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

<b>6</b>	<b>Monday, June 6, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Imphal, India Sun 20 Sutra 50 Subhakit 5124
	Simha Rasi: 2.51	Tithi 6 – 7	<b>Gulika</b> 12:56PM – 2:38PM	<b>Magha*</b> Until 2:23AM Tue	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 4:26AM	
	<b>Family Home Evening</b>		Yama 9:32AM – 11:14AM	Harshana Until 4:51AM Tue	<b>Muruqa:</b> Green	<b>Sunset:</b> 6:02PM	Moon 5 - Phase 7 - 20
	Routine Work	Marana Yoga	353555471 <b>Rahu</b> 6:08AM – 7:50AM	Gara Until 7:21PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Shashthi*</b> Until 6:38AM	Moon – Red		<b>Sivaloka Day</b>	
				Jyeshtha-Vaikasi			

<b>☾</b>	<b>Tuesday, June 7, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Imphal, India Sun 21 Sutra 51 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 11:14AM – 12:57PM	<b>Purvaphalguni</b> Until 3:48AM Wed	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:26AM	
	Simha Rasi: 15.12	Tithi 7 – 8	Yama 7:50AM – 9:32AM	Vajra* Until 4:25AM Wed	<b>Muruqa:</b> Green	<b>Sunset:</b> 6:03PM	Moon 5 - Phase 7 - 21
	Creative Work	Siddha Yoga	354555471 <b>Rahu</b> 2:39PM – 4:21PM	Visti Until 8:18PM	<b>Nataraja:</b> Yellow		Ashtami
			<b>Saptami</b> Until 7:53AM	Moon – Red		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

<b>☽</b>	<b>Wednesday, June 8, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Imphal, India Sun 22 Sutra 52 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 9:33AM – 11:15AM	<b>Uttaraphalguni</b> Until 4:21AM Thu	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:26AM	
	Simha Rasi: 27.5	Tithi 8 – 9	Yama 6:08AM – 7:51AM	Siddhi Until 3:25AM Thu	<b>Muruqa:</b> Green	<b>Sunset:</b> 6:03PM	Moon 5 - Phase 7 - 22
	Creative Work	Amrita Yoga	354555471 <b>Rahu</b> 11:15AM – 12:57PM	Balava Until 8:33PM	<b>Nataraja:</b> Yellow		Navami
			<b>Ashtami*</b> Until 8:30AM	Moon – Red		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


<b>1</b>	<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Imphal, India
	Kanya Rasi: 10.49	Tithi 9 – 10	<b>Gulika</b> 7:51AM – 9:33AM	<b>Hasta</b> <b>Until 4:25AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Sun 23
			Yama 4:26AM – 6:08AM	Vyatipata* Until 1:49AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:03PM	Subhakrit 5124
			364555471 <b>Rahu</b> 12:57PM – 2:39PM	Taitila Until 8:01PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 23
			<b>Navami* Until 8:21AM</b>	Moon – Green		4th Phase	
				<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Imphal, India
	Kanya Rasi: 24.13	Tithi 10 – 11	<b>Gulika</b> 6:09AM – 7:51AM	<b>Chitra</b> <b>Until 3:35AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Sun 24
			Yama 2:39PM – 4:22PM	Variyan Until 11:33PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:04PM	Subhakrit 5124
			364555471 <b>Rahu</b> 9:33AM – 11:15AM	Vanija Until 6:42PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 24
			<b>Dashami</b> <b>Until 7:26AM</b>	Moon – Green		4th Phase	
				<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Imphal, India
	Tula Rasi: 8.04	Tithi 12	<b>Gulika</b> 4:26AM – 6:09AM	<b>Svati</b> <b>Until 1:54AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Sun 25
			Yama 12:57PM – 2:40PM	Parigha* Until 8:43PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:04PM	Subhakrit 5124
			364555471 <b>Rahu</b> 7:51AM – 9:33AM	Bava Until 4:38PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 25
			<b>Dvadashi</b> <b>Until 3:21AM Sun</b>	Moon – Green		4th Phase	
				<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Imphal, India
	Tula Rasi: 22.23	Tithi 13	<b>Gulika</b> 2:40PM – 4:22PM	<b>Vishakha</b> <b>Until 11:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:26AM	Sun 26
			Yama 11:15AM – 12:58PM	Shiva Until 5:23PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:04PM	Subhakrit 5124
			374555471 <b>Rahu</b> 4:22PM – 6:04PM	Kaulava Until 1:57PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 26
			<b>Trayodashi</b> <b>Until 12:23AM Mon</b>	Moon – Orange		4th Phase	
				<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	
						Pradosha Vrata	

<b>5</b>	<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Imphal, India
	Vrischika Rasi: 7.05	Tithi 14	<b>Gulika</b> 12:58PM – 2:40PM	<b>Anuradha</b> <b>Until 9:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:27AM	Sun 27
	<b>Family Home Evening</b>		Yama 9:33AM – 11:16AM	Siddha Until 1:38PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:05PM	Subhakrit 5124
			374555471 <b>Rahu</b> 6:09AM – 7:51AM	Gara Until 10:45AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 27
			<b>Chaturdashi* Until 9:00PM</b>	Moon – Orange		4th Phase	
				<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	

	<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti/7/Balava Karana Purnima/Prathamayam Titau				Imphal, India
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:16AM – 12:58PM	<b>Jyeshtha*</b> <b>Until 6:22PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:27AM	Sun 28
	Vrischika Rasi: 22.06	Tithi 15 – 16	Yama 7:51AM – 9:34AM	Sadhya Until 9:36AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:05PM	Subhakrit 5124
			374555471 <b>Rahu</b> 2:40PM – 4:23PM	Visti Until 7:12AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - Purnima
			<b>Purnima* Until 5:19PM</b>	Moon – Orange			
				<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	

<b>○</b>	<b>Wednesday, June 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Imphal, India
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:34AM – 11:16AM	<b>Mula*</b> <b>Until 3:32PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:27AM	Sun 29
	Dhanus Rasi: 7.17	Tithi 16 – 17	Yama 6:09AM – 7:51AM	Sukla Until 1:14AM Thu	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:05PM	Subhakrit 5124
			384555471 <b>Rahu</b> 11:16AM – 12:58PM	Taitila Until 11:39PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - Prathama
			<b>Prathama* Until 1:32PM</b>	Moon – Light Blue			
				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	





Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

Imphal, India  
Sun 1  
Sutra 60

Dhanus Rasi: 22.28    Tithi 17 - 18

384555471

**Gulika** 7:52AM - 9:34AM  
**Yama** 4:27AM - 6:09AM  
**Rahu** 12:59PM - 2:41PM

**Purvashadha\* Until 12:38PM**  
Brahma Until 9:10PM  
Vanija Until 8:00PM  
**Dvitiya Until 9:47AM**

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:27AM  
**Sunset:** 6:06PM

Moon 6 - Phase 9 - 1  
1st Phase

Creative Work    Siddha Yoga

Until 12:38PM

Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

1

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha\*/Shravana Nakshatra Indra/Vaidhrili\* Yoga Visti\*/Balava Karana Tritiya/Chaturthiyam Titau

Imphal, India  
Sun 2  
Sutra 61

Makara Rasi: 7.31    Tithi 18 - 19

384555471

**Gulika** 6:09AM - 7:52AM  
**Yama** 2:41PM - 4:24PM  
**Rahu** 9:34AM - 11:16AM

**Uttarashadha Until 9:51AM**  
Indra Until 5:21PM  
Balava Until 3:04AM Sat  
**Tritiya Until 6:15AM**

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 4:27AM  
**Sunset:** 6:06PM

Moon 6 - Phase 9 - 2  
1st Phase

Routine Work    Marana Yoga

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

2

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili\*/Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Imphal, India  
Sun 3  
Sutra 62

Makara Rasi: 22.17    Tithi 20

394655471

**Gulika** 4:27AM - 6:09AM  
**Yama** 12:59PM - 2:42PM  
**Rahu** 7:52AM - 9:34AM

**Shravana Until 7:43AM**  
Vaidhrili\* Until 1:53PM  
Kaulava Until 1:41PM  
**Panchami Until 12:24AM Sun**

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:27AM  
**Sunset:** 6:06PM

Moon 6 - Phase 9 - 3  
1st Phase

Creative Work    Siddha Yoga

**Sivaloka Day**

3

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shashthiyam Titau

Imphal, India  
Sun 4  
Sutra 63

Kumbha Rasi: 6.4    Tithi 21

395655471

**Gulika** 2:42PM - 4:24PM  
**Yama** 11:17AM - 12:59PM  
**Rahu** 4:24PM - 6:07PM

**Shatabhishak Until 4:46AM Mon**  
Vishkambha\* Until 10:54AM  
Gara Until 11:19AM  
**Shashthi\* Until 10:22PM**

**Ganesha:** Red  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 4:27AM  
**Sunset:** 6:07PM

Moon 6 - Phase 9 - 4  
1st Phase

Creative Work    Siddha Yoga

Until 4:46AM Mon

Then Routine Work - Marana Yoga

**Devaloka Day**

4

Monday, June 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Imphal, India  
Sun 5  
Sutra 64

Kumbha Rasi: 20.37    Tithi 22

315655471

**Gulika** 1:00PM - 2:42PM  
**Yama** 9:35AM - 11:17AM  
**Rahu** 6:10AM - 7:52AM

**Purvaproshtapada\* Until 4:35AM Tue**  
Priti Until 8:30AM  
Visti Until 9:38AM  
**Saptami Until 9:03PM**

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:27AM  
**Sunset:** 6:07PM

Moon 6 - Phase 9 - 5  
1st Phase

Family Home Evening  
Routine Work    Marana Yoga

Until 4:35AM Tue

Then Creative Work - Amrita Yoga

**Devaloka Day**

●

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Imphal, India  
Sun 6  
Sutra 65

Meena Rasi: 4.06    Tithi 23

315655471

**Gulika** 11:17AM - 1:00PM  
**Yama** 7:52AM - 9:35AM  
**Rahu** 2:42PM - 4:25PM

**Uttaraproshtapada Until 5:02AM Wed**  
Ayushman Until 6:40AM  
Balava Until 8:42AM  
**Ashtami\* Until 8:31PM**

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:28AM  
**Sunset:** 6:07PM

Moon 6 - Phase 9 - 6  
Ashtami

Creative Work    Amrita Yoga

Until 5:02AM Wed

Then Routine Work - Marana Yoga

**Devaloka Day**

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Imphal, India  
Sun 7  
Sutra 66

Meena Rasi: 17.11    Tithi 24

315655471

**Gulika** 9:35AM - 11:18AM  
**Yama** 6:10AM - 7:53AM  
**Rahu** 11:18AM - 1:00PM

**Revati Until 6:02AM Thu**  
Sobhana Until 4:54AM Thu  
Taitila Until 8:33AM  
**Navami\* Until 8:44PM**

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 4:28AM  
**Sunset:** 6:07PM

Moon 6 - Phase 9 - 7  
Navami

Routine Work    Marana Yoga

Until 6:02AM Thu

Then Creative Work - Amrita Yoga

**Devaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Imphal, India on 5/1/20

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<b>1</b>		<b>Thursday, June 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Imphal, India Sun 8 Sutra 67 Subhakrit 5124	
Meena Rasi: 29.53	Tithi 25	<b>Gulika</b> 7:53AM – 9:35AM	<b>Revati Until 6:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:28AM		
		Yama 4:28AM – 6:11AM	Athiganda* Until 4:49AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:07PM	Moon 6 - Phase 10 - 8	
		315655471 <b>Rahu</b> 1:00PM – 2:43PM	Vanija Until 9:08AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 9:40PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 6:02AM				Jyeshtha•Ani			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Friday, June 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Imphal, India Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 12.17	Tithi 26	<b>Gulika</b> 6:11AM – 7:53AM	<b>Ashvini Until 8:01AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:28AM		
		Yama 2:43PM – 4:25PM	Sukarma Until 5:11AM Sat	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 10 - 9	
		325655471 <b>Rahu</b> 9:36AM – 11:18AM	Bava Until 10:23AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:11PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 8:01AM				Jyeshtha•Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Saturday, June 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau		Imphal, India Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 24.28	Tithi 27	<b>Gulika</b> 4:29AM – 6:11AM	<b>Bharani Until 10:22AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:29AM		
		Yama 1:01PM – 2:43PM	Dhriti Until 5:53AM Sun	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 10 - 10	
		325655471 <b>Rahu</b> 7:53AM – 9:36AM	Kaulava Until 12:09PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvodashi* Until 1:10AM Sun</b>	Moon – White		<b>Bhuloka Day</b>	
Until 10:22AM				Jyeshtha•Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, June 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Imphal, India Sun 11 Sutra 70 Subhakrit 5124	
Vrishabha Rasi: 6.28	Tithi 28	<b>Gulika</b> 2:43PM – 4:26PM	<b>Krittika Until 12:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:29AM		
		Yama 11:18AM – 1:01PM	Shula* Until 6:47AM Mon	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 10 - 11	
		325655471 <b>Rahu</b> 4:26PM – 6:08PM	Gara Until 2:18PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 3:27AM Mon</b>	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha•Ani		Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Monday, June 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Imphal, India Sun 12 Sutra 71 Subhakrit 5124	
Vrishabha Rasi: 18.22	Tithi 29	<b>Gulika</b> 1:01PM – 2:43PM	<b>Rohini Until 4:03PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:29AM		
<b>Family Home Evening</b>		Yama 9:36AM – 11:19AM	Shula* Until 6:47AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 10 - 12	
		335655471 <b>Rahu</b> 6:12AM – 7:54AM	Visti Until 4:41PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 5:55AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Jyeshtha•Ani		Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Tuesday, June 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhi Yoga Catuspada* Karana Amavasyayam Titau		Imphal, India Sun 13 Sutra 72 Subhakrit 5124	
Mithuna Rasi: 0.12	Tithi 30	<b>Gulika</b> 11:19AM – 1:01PM	<b>Mrigashira Until 7:07PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:29AM		
		Yama 7:54AM – 9:36AM	Ganda* Until 7:48AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 10 - 13	
		335655471 <b>Rahu</b> 2:43PM – 4:26PM	Catuspada Until 7:11PM	<b>Nataraja:</b> Yellow		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 8:25AM Wed</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 7:07PM				Jyeshtha•Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, June 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Imphal, India Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 12.01	Tithi 30 – 1	<b>Gulika</b> 9:37AM – 11:19AM	<b>Ardra Until 10:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:30AM		
		Yama 6:12AM – 7:54AM	Vridhi Until 8:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 10 - 14	
		336655471 <b>Rahu</b> 11:19AM – 1:01PM	Kintughna Until 9:40PM	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya* Until 8:25AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada•Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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<b>1</b>		<b>Thursday, June 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Imphal, India Sun 15 Sutra 74 Subhakit 5124	
Mithuna Rasi: 23.51	Tithi 1 – 2	346655471	<b>Gulika</b> 7:55AM – 9:37AM Yama 4:30AM – 6:12AM <b>Rahu</b> 1:01PM – 2:44PM	<b>Punarvasu</b> Until 1:08AM Fri Dhruva Until 9:52AM Balava Until 12:04AM Fri <b>Prathama*</b> Until 10:52AM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:30AM <b>Sunset:</b> 6:08PM	Moon 6 - Phase 11 - 15 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga Until 1:08AM Fri Then Routine Work - Marana Yoga							
<b>2</b>		<b>Friday, July 1, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Imphal, India Sun 16 Sutra 75 Subhakit 5124	
Kataka Rasi: 5.44	Tithi 2 – 3	346655471	<b>Gulika</b> 6:13AM – 7:55AM Yama 2:44PM – 4:26PM <b>Rahu</b> 9:37AM – 11:19AM	<b>Pushya</b> Until 3:56AM Sat Vyaghata* Until 10:46AM Taitila Until 2:17AM Sat <b>Dvitiya</b> Until 1:11PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:30AM <b>Sunset:</b> 6:08PM	Moon 6 - Phase 11 - 16 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Routine Work Marana Yoga							
<b>3</b>		<b>Saturday, July 2, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Imphal, India Sun 17 Sutra 76 Subhakit 5124	
Kataka Rasi: 17.41	Tithi 3 – 4	346655471	<b>Gulika</b> 4:31AM – 6:13AM Yama 1:02PM – 2:44PM <b>Rahu</b> 7:55AM – 9:37AM	<b>Ashlesha*</b> Until 6:19AM Sun Harshana Until 11:32AM Vanija Until 4:15AM Sun <b>Tritiya</b> Until 3:17PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:31AM <b>Sunset:</b> 6:08PM	Moon 6 - Phase 11 - 17 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Routine Work Marana Yoga							
<b>4</b>		<b>Sunday, July 3, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Imphal, India Sun 18 Sutra 77 Subhakit 5124	
Kataka Rasi: 29.45	Tithi 4 – 5	346655471	<b>Gulika</b> 2:44PM – 4:26PM Yama 11:20AM – 1:02PM <b>Rahu</b> 4:26PM – 6:08PM	<b>Ashlesha*</b> Until 6:19AM Vajra* Until 12:04PM Bava Until 5:53AM Mon <b>Chaturthi*</b> Until 5:06PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:31AM <b>Sunset:</b> 6:08PM	Moon 6 - Phase 11 - 18 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga Until 6:19AM Then Routine Work - Marana Yoga							
<b>5</b>		<b>Monday, July 4, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava Karana Panchamyam Titau		Imphal, India Sun 19 Sutra 78 Subhakit 5124	
Simha Rasi: 11.56	Tithi 5	356655471	<b>Gulika</b> 1:02PM – 2:44PM Yama 9:38AM – 11:20AM <b>Rahu</b> 6:14AM – 7:56AM	<b>Magha*</b> Until 8:42AM Siddhi Until 12:20PM Balava Until 6:32PM <b>Panchami</b> Until 6:32PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Red <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:31AM <b>Sunset:</b> 6:08PM	Moon 6 - Phase 11 - 19 3rd Phase <b>Devaloka Day</b>
Family Home Evening Routine Work Marana Yoga Until 8:42AM Then Creative Work - Siddha Yoga							
<b>6</b>		<b>Tuesday, July 5, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Imphal, India Sun 20 Sutra 79 Subhakit 5124	
Simha Rasi: 24.19	Tithi 6	356655471	<b>Gulika</b> 11:20AM – 1:02PM Yama 7:56AM – 9:38AM <b>Rahu</b> 2:44PM – 4:26PM	<b>Purvaphalguni</b> Until 10:29AM Vyatipata* Until 12:15PM Kaulava Until 7:05AM <b>Shashthi*</b> Until 7:28PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Red <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:32AM <b>Sunset:</b> 6:08PM	Moon 6 - Phase 11 - 20 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:29AM Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, July 6, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Imphal, India Sun 21 Sutra 80 Subhakit 5124	
Kanya Rasi: 6.56	Tithi 7	357655471	<b>Gulika</b> 9:38AM – 11:20AM Yama 6:14AM – 7:56AM <b>Rahu</b> 11:20AM – 1:02PM	<b>Uttaraphalguni</b> Until 11:34AM Varyan Until 11:42AM Gara Until 7:45AM <b>Saptami</b> Until 7:49PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Red <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:32AM <b>Sunset:</b> 6:08PM	Moon 6 - Phase 11 - 21 3rd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 11:34AM Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, July 7, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Imphal, India Sun 22 Sutra 81 Subhakit 5124	
Kanya Rasi: 19.51	Tithi 8	467655471	<b>Gulika</b> 7:57AM – 9:38AM Yama 4:33AM – 6:15AM <b>Rahu</b> 1:02PM – 2:44PM	<b>Hasta</b> Until 12:20PM Parigha* Until 10:38AM Visti Until 7:46AM <b>Ashtami*</b> Until 7:29PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Green <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:33AM <b>Sunset:</b> 6:08PM	Moon 6 - Phase 11 - 22 Ashtami <b>Devaloka Day</b>
Routine Work Marana Yoga Until 12:20PM Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, July 8, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Imphal, India Sun 23 Sutra 82 Subhakit 5124	
Tula Rasi: 3.09	Tithi 9	467655471	<b>Gulika</b> 6:15AM – 7:57AM Yama 2:44PM – 4:26PM <b>Rahu</b> 9:39AM – 11:21AM	<b>Chitra</b> Until 12:13PM Shiva Until 9:01AM Balava Until 7:03AM <b>Navami*</b> Until 6:25PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> Yellow Moon – Green <b>Ashada*Ani</b>	<b>Sunrise:</b> 4:33AM <b>Sunset:</b> 6:08PM	Moon 6 - Phase 11 - 23 Navami <b>Devaloka Day</b>
Creative Work Siddha Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	<b>Saturday, July 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Imphal, India Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 16.52	Tithi 10 - 11	<b>Gulika</b> 4:33AM - 6:15AM	<b>Svati</b> Until 11:13AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:33AM	
			Yama 1:03PM - 2:44PM	Siddha Until 6:46AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	467655471 <b>Rahu</b> 7:57AM - 9:39AM	Vanija Until 3:28AM Sun	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami</b> Until 4:37PM	Ashada*Ani	<b>Devaloka Day</b>		

2	<b>Sunday, July 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Imphal, India Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 1.01	Tithi 11 - 12	<b>Gulika</b> 2:44PM - 4:26PM	<b>Vishakha</b> Until 9:50AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:34AM	
			Yama 11:21AM - 1:03PM	Subha Until 12:39AM Mon	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 <b>Rahu</b> 4:26PM - 6:08PM	Bava Until 12:43AM Mon	<b>Nataraja:</b> Yellow		4th Phase
			<b>Ekadashi</b> Until 2:09PM	Ashada*Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

3	<b>Monday, July 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Imphal, India Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 16	Tithi 12 - 13	<b>Gulika</b> 1:03PM - 2:44PM	<b>Anuradha</b> Until 7:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:34AM	
	Family Home Evening		Yama 9:39AM - 11:21AM	Sukla Until 8:54PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 6:16AM - 7:58AM	Kaulava Until 9:27PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dvadashi</b> Until 11:07AM	Ashada*Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
<i>Pradosha Vrata</i>							

4	<b>Tuesday, July 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Imphal, India Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 0.32	Tithi 13 - 14	<b>Gulika</b> 11:21AM - 1:03PM	<b>Mula*</b> Until 2:16AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:35AM	
			Yama 7:58AM - 9:40AM	Brahma Until 4:52PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:08PM	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 <b>Rahu</b> 2:44PM - 4:26PM	Vanija Until 3:56AM Wed	<b>Nataraja:</b> Yellow		4th Phase
			<b>Trayodashi</b> Until 7:40AM	Moon - Light Blue Ashada*Ani	<b>Sivaloka Day</b>		

○	<b>Wednesday, July 13, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti/Bava Karana Purnimayam Titau				Imphal, India Sutra 87 Subhakrit 5124
	<b>Copper Retreat Star</b>		<b>Gulika</b> 9:40AM - 11:21AM	<b>Purvashadha*</b> Until 11:16PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM	
	Dhanus Rasi: 15.41	Tithi 15	Yama 6:17AM - 7:58AM	Indra Until 12:41PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:07PM	Moon 6 - Phase 12 -
	Creative Work	Amrita Yoga	488755471 <b>Rahu</b> 11:21AM - 1:03PM	Visti Until 2:02PM	<b>Nataraja:</b> Yellow		Purnima
			<b>Satguru Purnima</b>	<b>Purnima*</b> Until 12:05AM Thu	Ashada*Ani	<b>Devaloka Day</b>	

○	<b>Thursday, July 14, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Guru Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Imphal, India Sutra 88 Subhakrit 5124
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:58AM - 9:40AM	<b>Uttarashadha</b> Until 8:10PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:36AM	
	Makara Rasi: 0.56	Tithi 16	Yama 4:36AM - 6:17AM	Vaidhriti* Until 8:25AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:07PM	Moon 6 - Phase 12 -
	Routine Work	Marana Yoga	488755471 <b>Rahu</b> 1:03PM - 2:44PM	Balava Until 10:11AM	<b>Nataraja:</b> Yellow		Prathama
			<b>Prathama*</b> Until 8:17PM	Moon - Light Blue Ashada*Ani	<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Imphal, India  
Sun 1  
Sutra 89

Makara Rasi: 16.05 Tithi 17 - 18

**Gulika** 6:17AM - 7:59AM  
**Yama** 2:44PM - 4:26PM  
**Rahu** 9:40AM - 11:22AM  
**Shravana Until 5:34PM**  
Priti Until 12:24AM Sat  
Taitila Until 6:29AM  
**Dvitiya Until 4:43PM**

**Ganesha:** Blue *Sunrise: 4:36AM*  
**Muruqa:** Green *Sunset: 6:07PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Ani**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 5:34PM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Imphal, India  
Sun 2  
Sutra 90

Kumbha Rasi: 1.01 Tithi 18 - 19

**Gulika** 4:36AM - 6:18AM  
**Yama** 1:03PM - 2:44PM  
**Rahu** 7:59AM - 9:40AM  
**Dhanishtha Until 3:14PM**  
Ayushman Until 8:52PM  
Bava Until 12:10AM Sun  
**Tritiya Until 1:32PM**

**Ganesha:** Blue *Sunrise: 4:36AM*  
**Muruqa:** Green *Sunset: 6:07PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga  
Until 3:14PM  
Then Creative Work - Amrita Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Imphal, India  
Sun 3  
Sutra 91

Kumbha Rasi: 15.33 Tithi 19 - 20

**Gulika** 2:44PM - 4:25PM  
**Yama** 11:22AM - 1:03PM  
**Rahu** 4:25PM - 6:07PM  
**Shatabhishak Until 1:20PM**  
Saubhagya Until 5:52PM  
Kaulava Until 9:52PM  
**Chaturthi\* Until 10:55AM**

**Ganesha:** Blue *Sunrise: 4:37AM*  
**Muruqa:** Green *Sunset: 6:07PM*  
**Nataraja:** White  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**

Creative Work Siddha Yoga  
Then Creative Work - Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Imphal, India  
Sun 4  
Sutra 92

Kumbha Rasi: 29.38 Tithi 20 - 21

**Gulika** 1:03PM - 2:44PM  
**Yama** 9:41AM - 11:22AM  
**Rahu** 6:18AM - 8:00AM  
**Purvaprosarthapada\* Until 12:26PM**  
Sobhana Until 3:28PM  
Gara Until 8:20PM  
**Panchami Until 8:59AM**

**Ganesha:** White *Sunrise: 4:37AM*  
**Muruqa:** Green *Sunset: 6:06PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

**Family Home Evening**  
Routine Work Marana Yoga  
Until 12:26PM  
Then Creative Work - Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Imphal, India  
Sun 5  
Sutra 93

Meena Rasi: 13.13 Tithi 21 - 22

**Gulika** 11:22AM - 1:03PM  
**Yama** 8:00AM - 9:41AM  
**Rahu** 2:44PM - 4:25PM  
**Uttaraprosarthapada Until 12:12PM**  
Athiganda\* Until 1:43PM  
Visti Until 7:39PM  
**Shashthi\* Until 7:52AM**

**Ganesha:** Clear *Sunrise: 4:38AM*  
**Muruqa:** Green *Sunset: 6:06PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga  
Until 12:12PM  
Then Creative Work - Siddha Yoga

**Retreat Star**

**Wednesday, July 20, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Imphal, India  
Sun 6  
Sutra 94

Meena Rasi: 26.2 Tithi 22 - 23

**Gulika** 9:41AM - 11:22AM  
**Yama** 6:19AM - 8:00AM  
**Rahu** 11:22AM - 1:03PM  
**Revati Until 12:40PM**  
Sukarma Until 12:41PM  
Balava Until 7:49PM  
**Saptami Until 7:36AM**

**Ganesha:** Clear *Sunrise: 4:38AM*  
**Muruqa:** Green *Sunset: 6:06PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Imphal, India  
Sun 7  
Sutra 95

Mesha Rasi: 9.02 Tithi 23 - 24

**Gulika** 8:00AM - 9:41AM  
**Yama** 4:39AM - 6:20AM  
**Rahu** 1:03PM - 2:44PM  
**Ashvini Until 2:16PM**  
Dhriti Until 12:19PM  
Taitila Until 8:49PM  
**Ashtami\* Until 8:12AM**

**Ganesha:** Purple *Sunrise: 4:39AM*  
**Muruqa:** Green *Sunset: 6:05PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 2:16PM  
Then Creative Work - Siddha Yoga

<b>1 Friday, July 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Imphal, India
		Bharani/Krittika Nakshatra Shula/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 96
Mesha Rasi: 21.23	Tithi 24 - 25	<b>Gulika</b> 6:20AM - 8:01AM	<b>Bharani</b> Until 4:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:39AM	Subhakrit 5124
		Yama 2:43PM - 4:24PM	Shula* Until 12:29PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:05PM	Moon 7 - Phase 14 - 8
429755472	<b>Rahu</b> 9:41AM - 11:22AM		Vanija Until 10:29PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:33AM	Moon - White		<b>Devaloka Day</b>
				Ashada*Adi		

<b>2 Saturday, July 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam				Imphal, India
		Krittika Nakshatra Ganda*Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 97
Vrishabha Rasi: 3.29	Tithi 25 - 26	<b>Gulika</b> 4:40AM - 6:20AM	<b>Krittika</b> Until 6:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:40AM	Subhakrit 5124
		Yama 1:03PM - 2:43PM	Ganda* Until 1:07PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:04PM	Moon 7 - Phase 14 - 9
429755472	<b>Rahu</b> 8:01AM - 9:41AM		Bava Until 12:38AM Sun	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 11:29AM	Moon - White		<b>Devaloka Day</b>
				Ashada*Adi		

<b>3 Sunday, July 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam				Imphal, India
		Rohini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Sun 10 Sutra 98
Vrishabha Rasi: 15.25	Tithi 26 - 27	<b>Gulika</b> 2:43PM - 4:24PM	<b>Rohini</b> Until 10:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM	Subhakrit 5124
		Yama 11:22AM - 1:03PM	Vriddhi Until 2:02PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:04PM	Moon 7 - Phase 14 - 10
439755472	<b>Rahu</b> 4:24PM - 6:04PM		Kaulava Until 3:04AM Mon	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:48PM	Moon - Yellow		<b>Bhuloka Day</b>
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM

<b>4 Monday, July 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Imphal, India
		Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Tailla/Gara Karana Dvadoshi/Trayodashyam Titau				Sun 11 Sutra 99
Vrishabha Rasi: 27.15	Tithi 27 - 28	<b>Gulika</b> 1:02PM - 2:43PM	<b>Mrigashira</b> Until 1:07AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Subhakrit 5124
<b>Family Home Evening</b>		Yama 9:42AM - 11:22AM	Dhruva Until 3:04PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:04PM	Moon 7 - Phase 14 - 11
Creative Work	Amrita Yoga	<b>Rahu</b> 6:21AM - 8:01AM	Gara Until 5:36AM Tue	<b>Nataraja:</b> White		2nd Phase
Until 1:07AM Tue			<b>Dvadoshi*</b> Until 4:19PM	Moon - Yellow		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				Ashada*Adi		Devaloka Time: 9:AM to 12:PM
				<i>Pradosha Vrata (Fasting)</i>		

<b>5 Tuesday, July 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Imphal, India
		Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Trayodashyam Titau				Sun 12 Sutra 100
Mithuna Rasi: 9.04	Tithi 28	<b>Gulika</b> 11:22AM - 1:02PM	<b>Ardra</b> Until 4:00AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Subhakrit 5124
		Yama 8:02AM - 9:42AM	Vyaghata* Until 4:08PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:03PM	Moon 7 - Phase 14 - 12
439755472	<b>Rahu</b> 2:43PM - 4:23PM		Vanija Until 6:50PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 6:50PM	Moon - Yellow		<b>Bhuloka Day</b>
Until 4:00AM Wed				Ashada*Adi		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

<b>6 Wednesday, July 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Imphal, India
		Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 101
Mithuna Rasi: 20.53	Tithi 29	<b>Gulika</b> 9:42AM - 11:22AM	<b>Punarvasu</b> Until 7:05AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:41AM	Subhakrit 5124
		Yama 6:22AM - 8:02AM	Harshana Until 5:07PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:03PM	Moon 7 - Phase 14 - 13
441755472	<b>Rahu</b> 11:22AM - 1:02PM		Visti Until 8:04AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:14PM	Moon - Blue		<b>Bhuloka Day</b>
Until 7:05AM Thu				Ashada*Adi		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga						

<b>Thursdays, July 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Imphal, India
		Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 102
<b>Retreat Star</b>		<b>Gulika</b> 8:02AM - 9:42AM	<b>Punarvasu</b> Until 7:05AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
Kataka Rasi: 2.47	Tithi 30	Yama 4:42AM - 6:22AM	Vajra* Until 5:56PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:02PM	Moon 7 - Phase 14 - 14
441755472	<b>Rahu</b> 1:02PM - 2:42PM		Catuspada Until 10:22AM	<b>Nataraja:</b> White		Amavasya
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 11:25PM	Moon - Blue		<b>Bhuloka Day</b>
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM

<b>Friday, July 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Imphal, India
		Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 103
Kataka Rasi: 14.46	Tithi 1	<b>Gulika</b> 6:22AM - 8:02AM	<b>Pushya</b> Until 9:46AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
		Yama 2:42PM - 4:22PM	Siddhi Until 6:34PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:02PM	Moon 7 - Phase 14 - 15
441755472	<b>Rahu</b> 9:42AM - 11:22AM		Kintughna Until 12:27PM	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 1:21AM Sat	Moon - Blue		<b>Bhuloka Day</b>
				Sravana*Adi		Devaloka Time: 9:AM to 12:PM

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Imphal, India Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 26.51	Tithi 2	<b>Gulika</b> 4:43AM – 6:23AM	<b>Ashlesha* Until 12:01PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:43AM	Moon 7 - Phase 15 - 16	3rd Phase
		Yama 1:02PM – 2:42PM	Vyatipata* Until 7:00PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:01PM		
		441755472 <b>Rahu</b> 8:02AM – 9:42AM	Balava Until 2:14PM	<b>Nataraja:</b> White			
Routine Work	Marana Yoga		<b>Dvitiya Until 2:59AM Sun</b>	Moon – Blue		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 12:01PM				Sravana*Adi			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Sunday, July 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau			Imphal, India Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 9.04	Tithi 3	<b>Gulika</b> 2:41PM – 4:21PM	<b>Magha* Until 2:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:43AM	Moon 7 - Phase 15 - 17	3rd Phase
		Yama 11:22AM – 1:02PM	Variyan Until 7:09PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:01PM		
		451755472 <b>Rahu</b> 4:21PM – 6:01PM	Taitila Until 3:42PM	<b>Nataraja:</b> White			
Routine Work	Marana Yoga		<b>Tritiya Until 4:17AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 2:18PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, August 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau			Imphal, India Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 21.25	Tithi 4	<b>Gulika</b> 1:01PM – 2:41PM	<b>Purvaphalguni Until 4:05PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM	Moon 7 - Phase 15 - 18	3rd Phase
<b>Family Home Evening</b>		Yama 9:42AM – 11:22AM	Parigha* Until 7:02PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 6:00PM		
		451755472 <b>Rahu</b> 6:23AM – 8:03AM	Vanija Until 4:49PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Chaturthi* Until 5:13AM Tue</b>	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
				Sravana*Adi			

<b>4</b>		<b>Tuesday, August 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau			Imphal, India Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 3.56	Tithi 5	<b>Gulika</b> 11:22AM – 1:01PM	<b>Uttaraphalguni Until 5:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM	Moon 7 - Phase 15 - 19	3rd Phase
		Yama 8:03AM – 9:42AM	Shiva Until 6:36PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:59PM		
		451755472 <b>Rahu</b> 2:41PM – 4:20PM	Bava Until 5:32PM	<b>Nataraja:</b> White			
Creative Work	Amrita Yoga		<b>Panchami Until 5:42AM Wed</b>	Moon – Red		<b>Bhuloka Day</b>	Devaloka Time: 9:AM to12:PM
Until 5:18PM		<b>Nag Panchami</b>		Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Wednesday, August 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau			Imphal, India Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 16.4	Tithi 6	<b>Gulika</b> 9:43AM – 11:22AM	<b>Hasta Until 6:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:45AM	Moon 7 - Phase 15 - 20	3rd Phase
		Yama 6:24AM – 8:03AM	Siddha Until 5:47PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:59PM		
		461755472 <b>Rahu</b> 11:22AM – 1:01PM	Kaulava Until 5:47PM	<b>Nataraja:</b> White			
Routine Work	Marana Yoga		<b>Shashthi* Until 5:41AM Thu</b>	Moon – Green		<b>Devaloka Day</b>	
Until 6:23PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Thursday, August 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau			Imphal, India Sun 21 Sutra 109 Subhakrit 5124
Kanya Rasi: 29.38	Tithi 7	<b>Gulika</b> 8:03AM – 9:43AM	<b>Chitra Until 6:47PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:45AM	Moon 7 - Phase 15 - 21	3rd Phase
		Yama 4:45AM – 6:24AM	Sadhya Until 4:33PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:58PM		
		461755472 <b>Rahu</b> 1:01PM – 2:40PM	Gara Until 5:30PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Saptami Until 5:07AM Fri</b>	Moon – Green		<b>Devaloka Day</b>	
Until 6:47PM				Sravana*Adi			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Friday, August 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau			Imphal, India Sun 22 Sutra 110 Subhakrit 5124
Tula Rasi: 12.53	Tithi 8	<b>Gulika</b> 6:25AM – 8:04AM	<b>Svati Until 6:28PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:46AM	Moon 7 - Phase 15 - 22	Ashtami
		Yama 2:40PM – 4:19PM	Subha Until 2:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:58PM		
		461765472 <b>Rahu</b> 9:43AM – 11:22AM	Visti Until 4:37PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:56AM Sat</b>	Moon – Green		<b>Devaloka Day</b>	
		<b>Varalakshmi Vratam</b>		Sravana*Adi			

<b>Retreat Star</b>		<b>Saturday, August 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau			Imphal, India Sun 23 Sutra 111 Subhakrit 5124
Tula Rasi: 26.29	Tithi 9	<b>Gulika</b> 4:46AM – 6:25AM	<b>Vishakha Until 5:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:46AM	Moon 7 - Phase 15 - 23	Navami
		Yama 1:00PM – 2:39PM	Sukla Until 12:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:57PM		
		472765472 <b>Rahu</b> 8:04AM – 9:43AM	Balava Until 3:08PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Navami* Until 2:08AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>	
				Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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1	<b>Sunday, August 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Impfal, India Sun 24 Sutra 112	
	Vrischika Rasi: 10.28    Tithi 10	472865472	Gulika Yama Rahu	2:39PM – 4:18PM 11:21AM – 1:00PM 4:18PM – 5:56PM	Anuradha Until 4:26PM Brahma Until 9:58AM Taitila Until 1:02PM Dashami Until 11:46PM	Ganesha: Yellow    Sunrise: 4:47AM Muruqa: White      Sunset: 5:56PM Nataraja: White Moon – Orange Sravana*Adi	Moon 7 - Phase 16 - 24 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Routine Work    Marana Yoga						

2	<b>Monday, August 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Ekadashyam Titau				Impfal, India Sun 25 Sutra 113	
	Vrischika Rasi: 24.49    Tithi 11	472865472	Gulika Yama Rahu	1:00PM – 2:38PM 9:43AM – 11:21AM 6:26AM – 8:04AM	Jyeshtha* Until 2:23PM Indra Until 6:50AM Vanija Until 10:25AM Ekadashi Until 8:55PM	Ganesha: Yellow    Sunrise: 4:47AM Muruqa: White      Sunset: 5:56PM Nataraja: White Moon – Orange Sravana*Adi	Moon 7 - Phase 16 - 25 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Family Home Evening Creative Work    Siddha Yoga						

3	<b>Tuesday, August 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Impfal, India Sun 26 Sutra 114	
	Dhanus Rasi: 9.29    Tithi 12 – 13	482865472	Gulika Yama Rahu	11:21AM – 1:00PM 8:04AM – 9:43AM 2:38PM – 4:16PM	Mula* Until 12:11PM Vishkambha* Until 11:29PM Bava Until 7:21AM Dvadashi Until 5:40PM	Ganesha: White    Sunrise: 4:47AM Muruqa: White      Sunset: 5:56PM Nataraja: White Moon – Light Blue Sravana*Adi	Moon 7 - Phase 16 - 26 4th Phase <b>Devaloka Day</b>
	Creative Work    Amrita Yoga Until 12:11PM Then Creative Work - Siddha Yoga						

4	<b>Wednesday, August 10, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Impfal, India Sun 27 Sutra 115	
	Dhanus Rasi: 24.25    Tithi 13 – 14	482865472	Gulika Yama Rahu	9:43AM – 11:21AM 6:26AM – 8:04AM 11:21AM – 12:59PM	Purvashadha* Until 9:34AM Priti Until 7:31PM Gara Until 12:25AM Thu Trayodashi Until 2:11PM	Ganesha: White    Sunrise: 4:48AM Muruqa: White      Sunset: 5:54PM Nataraja: White Moon – Light Blue Sravana*Adi	Moon 7 - Phase 16 - 27 4th Phase <b>Devaloka Day</b>
	Creative Work    Amrita Yoga						

○	<b>Thursday, August 11, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Impfal, India Sun 28 Sutra 116	
	Makara Rasi: 9.28    Tithi 14 – 15	482865472	Gulika Yama Rahu	8:05AM – 9:43AM 4:48AM – 6:26AM 12:59PM – 2:37PM	Uttarashadha Until 6:41AM Ayushman Until 3:29PM Visti Until 8:50PM Chaturdashi* Until 10:36AM	Ganesha: White    Sunrise: 4:48AM Muruqa: White      Sunset: 5:53PM Nataraja: White Moon – Light Blue Sravana*Adi	Moon 7 - Phase 16 - Purnima <b>Devaloka Day</b>
	Routine Work    Marana Yoga Until 6:41AM Then Creative Work - Siddha Yoga						

○	<b>Friday, August 12, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Impfal, India Sun 29 Sutra 117	
	Makara Rasi: 24.3    Tithi 15 – 16	492865472	Gulika Yama Rahu	6:27AM – 8:05AM 2:37PM – 4:15PM 9:43AM – 11:21AM	Dhanishtha Until 1:36AM Sat Saubhagya Until 11:32AM Kaulava Until 3:48AM Sat Purnima* Until 7:05AM	Ganesha: Clear    Sunrise: 4:49AM Muruqa: White      Sunset: 5:53PM Nataraja: White Moon – Purple Sravana*Adi	Moon 7 - Phase 16 - Prathama <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Creative Work    Siddha Yoga Until 1:36AM Sat Then Creative Work - Amrita Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Imphal, India  
Sutra 118

Kumbha Rasi: 9.21      Tithi 17

**Gulika**      4:49AM – 6:27AM  
Yama      12:58PM – 2:36PM  
492865472 **Rahu**      8:05AM – 9:43AM

**Shatabhishak Until 11:21PM**

**Ganesha:** Clear      *Sunrise:* 4:49AM

Subhakrit 5124

**Muruqa:** White      *Sunset:* 5:52PM

Moon 8 - Phase 17 -

**Nataraja:** White

1st Phase

Moon – Purple

**Bhuloka Day**

Sravana\*Adi

Devaloka Time: 9:AM to12:PM

Creative Work      Amrita Yoga

Until 11:21PM

Then Routine Work - Marana Yoga

**1**

**Sunday, August 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Trityayam Titau

Imphal, India  
Sun 1      Sutra 119

Kumbha Rasi: 23.53      Tithi 18

**Gulika**      2:36PM – 4:13PM  
Yama      11:20AM – 12:58PM  
412865472 **Rahu**      4:13PM – 5:51PM

**Purvaproshtapada\* Until 9:57PM**

**Ganesha:** Yellow      *Sunrise:* 4:50AM

Subhakrit 5124

**Muruqa:** White      *Sunset:* 5:51PM

Moon 8 - Phase 17 - 1

**Nataraja:** White

1st Phase

Moon – Clear

**Bhuloka Day**

Sravana\*Adi

Devaloka Time: 9:AM to12:PM

Creative Work      Siddha Yoga

Until 9:57PM

Then Creative Work - Amrita Yoga

**2**

**Monday, August 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Imphal, India  
Sun 2      Sutra 120

Meena Rasi: 8.01      Tithi 19

**Gulika**      12:58PM – 2:35PM  
Yama      9:43AM – 11:20AM  
412865472 **Rahu**      6:28AM – 8:05AM

**Uttaraproshtapada Until 9:07PM**

**Ganesha:** Yellow      *Sunrise:* 4:50AM

Subhakrit 5124

**Muruqa:** White      *Sunset:* 5:50PM

Moon 8 - Phase 17 - 2

**Nataraja:** White

1st Phase

Moon – Clear

**Bhuloka Day**

Sravana\*Adi

Devaloka Time: 9:AM to12:PM

Creative Work      Siddha Yoga

Until 9:07PM

Then Creative Work - Amrita Yoga

**3**

**Tuesday, August 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Imphal, India  
Sun 3      Sutra 121

Meena Rasi: 21.39      Tithi 20

**Gulika**      11:20AM – 12:57PM  
Yama      8:05AM – 9:43AM  
412865472 **Rahu**      2:35PM – 4:12PM

**Revati Until 8:57PM**

**Ganesha:** Yellow      *Sunrise:* 4:50AM

Subhakrit 5124

**Muruqa:** White      *Sunset:* 5:49PM

Moon 8 - Phase 17 - 3

**Nataraja:** White

1st Phase

Moon – Clear

**Bhuloka Day**

Sravana\*Adi

Devaloka Time: 9:AM to12:PM

Creative Work      Siddha Yoga

Until 8:57PM

Then Creative Work - Siddha Yoga

**4**

**Wednesday, August 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Imphal, India  
Sun 4      Sutra 122

Mesha Rasi: 4.49      Tithi 21

**Gulika**      9:42AM – 11:20AM  
Yama      6:28AM – 8:05AM  
422865472 **Rahu**      11:20AM – 12:57PM

**Ashvini Until 9:57PM**

**Ganesha:** Blue      *Sunrise:* 4:51AM

Subhakrit 5124

**Muruqa:** White      *Sunset:* 5:49PM

Moon 8 - Phase 17 - 4

**Nataraja:** White

1st Phase

Moon – White

**Devaloka Day**

Sravana\*Avani

Routine Work      Marana Yoga

Until 9:57PM

Then Creative Work - Siddha Yoga

**5**

**Thursday, August 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vriddhi\* Yoga Visti\*/Bava Karana Saptamyam Titau

Imphal, India  
Sun 5      Sutra 123

Mesha Rasi: 17.33      Tithi 22

**Gulika**      8:05AM – 9:42AM  
Yama      4:51AM – 6:28AM  
522865472 **Rahu**      12:57PM – 2:34PM

**Bharani Until 11:36PM**

**Ganesha:** Yellow      *Sunrise:* 4:51AM

Subhakrit 5124

**Muruqa:** White      *Sunset:* 5:48PM

Moon 8 - Phase 17 - 5

**Nataraja:** White

1st Phase

Moon – White

**Bhuloka Day**

Sravana\*Avani

Devaloka Time: 9:AM to12:PM

Creative Work      Siddha Yoga

Until 11:36PM

Then Routine Work - Marana Yoga

**D**

**Friday, August 19, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Imphal, India  
Sun 6      Sutra 124

Mesha Rasi: 29.55      Tithi 23

**Gulika**      6:29AM – 8:05AM  
Yama      2:33PM – 4:10PM  
523865472 **Rahu**      9:42AM – 11:19AM

**Krittika Until 1:46AM Sat**

**Ganesha:** White      *Sunrise:* 4:52AM

Subhakrit 5124

**Muruqa:** White      *Sunset:* 5:47PM

Moon 8 - Phase 17 - 6

**Nataraja:** White

Ashtami

Moon – White

**Bhuloka Day**

Sravana\*Avani

Creative Work      Siddha Yoga

Until 1:46AM Sat

Then Creative Work - Amrita Yoga

**Krishna Janmashtami**

**Ashtami\* Until 11:03PM**

**Saturday, August 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Imphal, India  
Sun 7      Sutra 125

Vrishabha Rasi: 12.02      Tithi 24

**Gulika**      4:52AM – 6:29AM  
Yama      12:56PM – 2:33PM  
533865472 **Rahu**      8:06AM – 9:42AM

**Rohini Until 4:43AM Sun**

**Ganesha:** Yellow      *Sunrise:* 4:52AM

Subhakrit 5124

**Muruqa:** White      *Sunset:* 5:46PM

Moon 8 - Phase 17 - 7

**Nataraja:** White

Navami

Moon – Yellow

**Bhuloka Day**

Sravana\*Avani

Devaloka Time: 6:AM to 9:AM

Creative Work      Amrita Yoga

Until 4:43AM Sun

Then Creative Work - Siddha Yoga

<b>1 Sunday, August 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuklayam Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Imphal, India Sun 8 Sutra 126 Subhakrit 5124
Wishabha Rasi: 23.58	Tithi 25	<b>Gulika</b> 2:32PM – 4:09PM	<b>Mrigashira</b> Until 7:44AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:52AM	
		Yama 11:19AM – 12:55PM	Harshana Until 10:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:45PM	Moon 8 - Phase 18 - 8
		533865472 <b>Rahu</b> 4:09PM – 5:45PM	Vanija Until 2:27PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:40AM Mon	Moon – Yellow		
				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2 Monday, August 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuklayam Mrigashira/Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Imphal, India Sun 9 Sutra 127 Subhakrit 5124
Mithuna Rasi: 5.48	Tithi 26	<b>Gulika</b> 12:55PM – 2:31PM	<b>Mrigashira</b> Until 7:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	
<b>Family Home Evening</b>		Yama 9:42AM – 11:19AM	Vajra* Until 11:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:44PM	Moon 8 - Phase 18 - 9
Creative Work	Amrita Yoga	533865472 <b>Rahu</b> 6:29AM – 8:06AM	Bava Until 4:57PM	<b>Nataraja:</b> White		2nd Phase
Until 7:44AM			<b>Ekadashi*</b> Until 6:10AM Tue	Moon – Yellow		
Then Creative Work - Siddha Yoga				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>3 Tuesday, August 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuklayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Imphal, India Sun 10 Sutra 128 Subhakrit 5124
Mithuna Rasi: 17.38	Tithi 26 – 27	<b>Gulika</b> 11:18AM – 12:55PM	<b>Ardra</b> Until 10:35AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	
		Yama 8:06AM – 9:42AM	Siddhi Until 12:37AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 5:43PM	Moon 8 - Phase 18 - 10
		533865472 <b>Rahu</b> 2:31PM – 4:07PM	Kaulava Until 7:24PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 6:10AM	Moon – Yellow		
Until 10:35AM				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuklayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau				Imphal, India Sun 11 Sutra 129 Subhakrit 5124
Mithuna Rasi: 29.31	Tithi 27 – 28	<b>Gulika</b> 9:42AM – 11:18AM	<b>Punarvasu</b> Until 1:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:54AM	
		Yama 6:30AM – 8:06AM	Vyatipata* Until 1:24AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 5:42PM	Moon 8 - Phase 18 - 11
		533865472 <b>Rahu</b> 11:18AM – 12:54PM	Gara Until 9:38PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 8:32AM	Moon – Blue		
				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	
						<i>Pradosha Vrata (Fasting)</i>

<b>5 Thursday, August 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuklayam Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Imphal, India Sun 12 Sutra 130 Subhakrit 5124
Kataka Rasi: 11.3	Tithi 28 – 29	<b>Gulika</b> 8:06AM – 9:42AM	<b>Pushya</b> Until 4:15PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:54AM	
		Yama 4:54AM – 6:30AM	Variyan Until 1:54AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 5:42PM	Moon 8 - Phase 18 - 12
		533865472 <b>Rahu</b> 12:54PM – 2:30PM	Visti Until 11:34PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 10:38AM	Moon – Blue		
Until 4:15PM				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Friday, August 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuklayam Ashlesha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Imphal, India Sun 13 Sutra 131 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 6:30AM – 8:06AM	<b>Ashlesha*</b> Until 6:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:54AM	
Kataka Rasi: 23.37	Tithi 29 – 30	Yama 2:29PM – 4:05PM	Parigha* Until 2:08AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 5:41PM	Moon 8 - Phase 18 - 13
		533865472 <b>Rahu</b> 9:42AM – 11:17AM	Catuspada Until 1:08AM Sat	<b>Nataraja:</b> White		Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 12:23PM	Moon – Blue		
				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	

<b>Saturday, August 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuklayam Magha* Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Imphal, India Sun 14 Sutra 132 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 4:55AM – 6:30AM	<b>Magha*</b> Until 8:24PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:55AM	
Simha Rasi: 5.53	Tithi 30 – 1	Yama 12:53PM – 2:28PM	Shiva Until 2:05AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 5:40PM	Moon 8 - Phase 18 - 14
		533865472 <b>Rahu</b> 8:06AM – 9:42AM	Kintughna Until 2:19AM Sun	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 1:45PM	Moon – Red		
Until 8:24PM				<b>Bhadrapada•Avani</b>	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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<b>1 Sunday, August 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Imphal, India Sun 15 Sutra 133 Subhakrit 5124
Simha Rasi: 18.19	Tithi 1 – 2	<b>Gulika</b> 2:28PM – 4:03PM	<b>Purvaphalguni Until 9:54PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:55AM	
		Yama 11:17AM – 12:52PM	Siddha Until 1:41AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 5:39PM	Moon 8 - Phase 19 - 15
		553865473 <b>Rahu</b> 4:03PM – 5:39PM	Balava Until 3:06AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 2:44PM</b>	Moon – Red		<b>Bhuloka Day</b>
Until 9:54PM				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>2 Monday, August 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Imphal, India Sun 16 Sutra 134 Subhakrit 5124
Kanya Rasi: 0.56	Tithi 2 – 3	<b>Gulika</b> 12:52PM – 2:27PM	<b>Uttaraphalguni Until 10:52PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:56AM	
<b>Family Home Evening</b>		Yama 9:41AM – 11:17AM	Sadhya Until 1:00AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 5:37PM	Moon 8 - Phase 19 - 16
		553865473 <b>Rahu</b> 6:31AM – 8:06AM	Taitila Until 3:29AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 3:19PM</b>	Moon – Red		<b>Bhuloka Day</b>
				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM

<b>3 Tuesday, August 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtayam Titau				Imphal, India Sun 17 Sutra 135 Subhakrit 5124
Kanya Rasi: 13.43	Tithi 3 – 4	<b>Gulika</b> 11:16AM – 12:51PM	<b>Hasta Until 11:47PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:56AM	
		Yama 8:06AM – 9:41AM	Subha Until 12:02AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 5:37PM	Moon 8 - Phase 19 - 17
		563865473 <b>Rahu</b> 2:27PM – 4:02PM	Vanija Until 3:30AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 3:31PM</b>	Moon – Green		<b>Bhuloka Day</b>
				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM

<b>4 Wednesday, August 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Imphal, India Sun 18 Sutra 136 Subhakrit 5124
Kanya Rasi: 26.42	Tithi 4 – 5	<b>Gulika</b> 9:41AM – 11:16AM	<b>Chitra Until 12:09AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:56AM	
		Yama 6:31AM – 8:06AM	Sukla Until 10:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:37PM	Moon 8 - Phase 19 - 18
		563865473 <b>Rahu</b> 11:16AM – 12:51PM	Bava Until 3:08AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 3:21PM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 12:09AM Thu				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>5 Thursday, September 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Imphal, India Sun 19 Sutra 137 Subhakrit 5124
Tula Rasi: 9.53	Tithi 5 – 6	<b>Gulika</b> 8:06AM – 9:41AM	<b>Svati Until 12:00AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:57AM	
		Yama 4:57AM – 6:31AM	Brahma Until 9:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:35PM	Moon 8 - Phase 19 - 19
		563965473 <b>Rahu</b> 12:50PM – 2:25PM	Kaulava Until 2:22AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 2:47PM</b>	Moon – Green		<b>Devaloka Day</b>
Until 12:00AM Fri				<b>Bhadrapada*Avani</b>		
Then Creative Work - Siddha Yoga						

<b>6 Friday, September 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Imphal, India Sun 20 Sutra 138 Subhakrit 5124
Tula Rasi: 23.17	Tithi 6 – 7	<b>Gulika</b> 6:32AM – 8:06AM	<b>Vishakha Until 11:44PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:57AM	
		Yama 2:25PM – 3:59PM	Indra Until 7:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:34PM	Moon 8 - Phase 19 - 20
		573965473 <b>Rahu</b> 9:41AM – 11:15AM	Gara Until 1:11AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 1:48PM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Bhadrapada*Avani</b>		

<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Imphal, India Sun 21 Sutra 139 Subhakrit 5124
Vrischika Rasi: 6.55	Tithi 7 – 8	<b>Gulika</b> 4:57AM – 6:32AM	<b>Anuradha Until 10:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	
		Yama 12:49PM – 2:24PM	Vaidhriti* Until 4:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:33PM	Moon 8 - Phase 19 - 21
		574965473 <b>Rahu</b> 8:06AM – 9:41AM	Visti Until 11:35PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 12:25PM</b>	Moon – Orange		<b>Devaloka Day</b>
				<b>Bhadrapada*Avani</b>		

<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Imphal, India Sun 22 Sutra 140 Subhakrit 5124
Vrischika Rasi: 20.47	Tithi 8 – 9	<b>Gulika</b> 2:23PM – 3:57PM	<b>Jyeshtha* Until 9:31PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM	
		Yama 11:15AM – 12:49PM	Vishkambha* Until 2:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:32PM	Moon 8 - Phase 19 - 22
		574965473 <b>Rahu</b> 3:57PM – 5:32PM	Balava Until 9:35PM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 10:37AM</b>	Moon – Orange		<b>Devaloka Day</b>
Until 9:31PM				<b>Bhadrapada*Avani</b>		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>Monday, September 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Imphal, India Sun 23 Sutra 141 Subhakrit 5124
<b>1</b>	Dhanus Rasi: 4.56 Family Home Evening Creative Work Siddha Yoga Until 8:02PM Then Routine Work - Marana Yoga	Tithi 9 - 10 584965473	<b>Gulika</b> 12:48PM - 2:23PM Yama 9:40AM - 11:14AM <b>Rahu</b> 6:32AM - 8:06AM	<b>Mula* Until 8:02PM</b> Priti Until 11:25AM Taitila Until 7:12PM <b>Navami* Until 8:25AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon - Light Blue <b>Bhadrapada*Avani</b>	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 5:31PM Moon 8 - Phase 20 - 23 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>Tuesday, September 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistil* Karana Ekadashyam Titau				Imphal, India Sun 24 Sutra 142 Subhakrit 5124
<b>2</b>	Dhanus Rasi: 19.19 Creative Work Siddha Yoga Until 6:06PM Then Routine Work - Prabararishta Yoga	Tithi 11 584965473	<b>Gulika</b> 11:14AM - 12:48PM Yama 8:06AM - 9:40AM <b>Rahu</b> 2:22PM - 3:56PM	<b>Purvashadha* Until 6:06PM</b> Ayushman Until 8:12AM Vanija Until 4:30PM <b>Ekadashi Until 3:03AM Wed</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon - Light Blue <b>Bhadrapada*Avani</b>	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 5:30PM Moon 8 - Phase 20 - 24 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>Wednesday, September 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Imphal, India Sun 25 Sutra 143 Subhakrit 5124
<b>3</b>	Makara Rasi: 3.53 Creative Work Amrita Yoga Until 3:50PM Then Creative Work - Siddha Yoga	Tithi 12 584965473	<b>Gulika</b> 9:40AM - 11:14AM Yama 6:33AM - 8:06AM <b>Rahu</b> 11:14AM - 12:47PM	<b>Uttarashadha Until 3:50PM</b> Sobhana Until 1:14AM Thu Bava Until 1:35PM <b>Dvadashi Until 12:04AM Thu</b>	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon - Light Blue <b>Bhadrapada*Avani</b>	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 5:29PM Moon 8 - Phase 20 - 25 4th Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM

<b>Thursday, September 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Imphal, India Sun 26 Sutra 144 Subhakrit 5124
<b>4</b>	Makara Rasi: 18.35 Creative Work Siddha Yoga	Tithi 13 594965473	<b>Gulika</b> 8:06AM - 9:40AM Yama 4:59AM - 6:33AM <b>Rahu</b> 12:47PM - 2:21PM	<b>Shravana Until 1:45PM</b> Athiganda* Until 9:39PM Kaulava Until 10:34AM <b>Trayodashi Until 9:03PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon - Purple <b>Bhadrapada*Avani</b>	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 5:28PM Moon 8 - Phase 20 - 26 4th Phase <b>Devaloka Day</b>
<i>Pradosha Vrata</i>						

<b>Friday, September 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Imphal, India Sun 27 Sutra 145 Subhakrit 5124
<b>5</b>	Kumbha Rasi: 3.16 Creative Work Siddha Yoga	Tithi 14 594965473	<b>Gulika</b> 6:33AM - 8:06AM Yama 2:20PM - 3:53PM <b>Rahu</b> 9:40AM - 11:13AM	<b>Dhanishtha Until 11:34AM</b> Sukarma Until 6:10PM Gara Until 7:35AM <b>Chaturdashi* Until 6:08PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon - Purple <b>Bhadrapada*Avani</b>	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 5:27PM Moon 8 - Phase 20 - 27 4th Phase <b>Devaloka Day</b>
<b>Chidambaram Abhishekam</b>						

<b>Saturday, September 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Imphal, India Sun 28 Sutra 146 Subhakrit 5124
<b>○</b>	<b>Copper Retreat Star</b> Kumbha Rasi: 17.49 Creative Work Amrita Yoga Until 9:28AM Then Routine Work - Marana Yoga	Tithi 15 - 16 594965473	<b>Gulika</b> 5:00AM - 6:33AM Yama 12:46PM - 2:19PM <b>Rahu</b> 8:06AM - 9:39AM	<b>Shatabhishak Until 9:28AM</b> Dhriti Until 2:55PM Balava Until 2:19AM Sun <b>Purnima* Until 3:29PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon - Purple <b>Bhadrapada*Avani</b>	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 5:26PM Moon 8 - Phase 20 - Purnima <b>Devaloka Day</b>

<b>Sunday, September 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Imphal, India Sun 29 Sutra 147 Subhakrit 5124
<b>○</b>	<b>Silver Retreat Star</b> Meena Rasi: 2.08 Creative Work Siddha Yoga Until 8:01AM Then Creative Work - Amrita Yoga	Tithi 16 - 17 514965473	<b>Gulika</b> 2:18PM - 3:51PM Yama 11:12AM - 12:45PM <b>Rahu</b> 3:51PM - 5:24PM	<b>Purvaproshtapada* Until 8:01AM</b> Shula* Until 11:58AM Taitila Until 12:21AM Mon <b>Prathama* Until 1:15PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon - Clear <b>Bhadrapada*Avani</b>	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 5:24PM Moon 8 - Phase 20 - Prathama <b>Devaloka Day</b>
<b>Grandparent's Day</b>						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Imphal, India

Sun 1 Sutra 148

Subhakrit 5124

Meena Rasi: 16.06 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

514965473

Gulika

12:45PM - 2:18PM

Yama

9:39AM - 11:12AM

Rahu

6:33AM - 8:06AM

Uttaraproshtapada Until 6:57AM

Ganda\* Until 9:29AM

Vanija Until 11:01PM

Dvitiya Until 11:35AM

Ganesha: Clear

Sunrise: 5:01AM

Muruqa: White

Sunset: 5:23PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Devaloka Day

1 Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Imphal, India

Sun 2 Sutra 149

Subhakrit 5124

Meena Rasi: 29.41 Tithi 18 - 19

Creative Work Siddha Yoga

514965473

Gulika

11:12AM - 12:44PM

Yama

8:06AM - 9:39AM

Rahu

2:17PM - 3:50PM

Revati Until 6:25AM

Vridhhi Until 7:34AM

Bava Until 10:26PM

Tritiya Until 10:36AM

Ganesha: Clear

Sunrise: 5:01AM

Muruqa: White

Sunset: 5:22PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Devaloka Day

2 Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Imphal, India

Sun 3 Sutra 150

Subhakrit 5124

Mesha Rasi: 12.49 Tithi 19 - 20

Routine Work Marana Yoga

Until 6:55AM

Then Creative Work - Siddha Yoga

524965473

Gulika

9:39AM - 11:11AM

Yama

6:34AM - 8:06AM

Rahu

11:11AM - 12:44PM

Ashvini Until 6:55AM

Dhruva Until 6:14AM

Kaulava Until 10:39PM

Chaturthi\* Until 10:25AM

Ganesha: White

Sunrise: 5:01AM

Muruqa: White

Sunset: 5:21PM

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

3 Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Taitila\*/Gara Karana Panchami/Shashthyam Titau

Imphal, India

Sun 4 Sutra 151

Subhakrit 5124

Mesha Rasi: 25.34 Tithi 20 - 21

Creative Work Siddha Yoga

Until 8:04AM

Then Routine Work - Marana Yoga

525965473

Gulika

8:06AM - 9:39AM

Yama

5:02AM - 6:34AM

Rahu

12:43PM - 2:16PM

Bharani Until 8:04AM

Harshana Until 5:29AM Fri

Gara Until 11:38PM

Panchami Until 11:02AM

Ganesha: Clear

Sunrise: 5:02AM

Muruqa: White

Sunset: 5:20PM

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Devaloka Day

4 Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Imphal, India

Sun 5 Sutra 152

Subhakrit 5124

Vrishabha Rasi: 7.58 Tithi 21 - 22

Creative Work Siddha Yoga

Until 9:47AM

Then Routine Work - Marana Yoga

525965473

Gulika

6:34AM - 8:06AM

Yama

2:15PM - 3:47PM

Rahu

9:38AM - 11:11AM

Krittika Until 9:47AM

Vajra\* Until 5:52AM Sat

Visti Until 1:19AM Sat

Shashthi\* Until 12:23PM

Ganesha: Clear

Sunrise: 5:02AM

Muruqa: White

Sunset: 5:19PM

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Devaloka Day

5 Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Imphal, India

Sun 6 Sutra 153

Subhakrit 5124

Vrishabha Rasi: 20.07 Tithi 22 - 23

Creative Work Amrita Yoga

Until 12:25PM

Then Creative Work - Siddha Yoga

535965473

Gulika

5:02AM - 6:34AM

Yama

12:42PM - 2:14PM

Rahu

8:06AM - 9:38AM

Rohini Until 12:25PM

Siddhi Until 6:36AM Sun

Balava Until 3:28AM Sun

Saptami Until 2:20PM

Ganesha: White

Sunrise: 5:02AM

Muruqa: White

Sunset: 5:18PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

6 Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Imphal, India

Sun 7 Sutra 154

Subhakrit 5124

Mithuna Rasi: 2.05 Tithi 23 - 24

Creative Work Siddha Yoga

535965473

Gulika

2:13PM - 3:45PM

Yama

11:10AM - 12:42PM

Rahu

3:45PM - 5:17PM

Mrigashira Until 3:14PM

Siddhi Until 6:36AM

Taitila Until 5:53AM Mon

Ashtami\* Until 4:39PM

Ganesha: White

Sunrise: 5:03AM

Muruqa: White

Sunset: 5:17PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

www.gurudeva.org/panchang

<b>Monday, September 19, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyalipata/Variyan Yoga Gara Karana Navamyam Titau		Imphal, India Sun 8 Sutra 155 Subhakit 5124
<b>1</b>	Mithuna Rasi: 13.57 Family Home Evening Creative Work Siddha Yoga Until 6:03PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 12:41PM – 2:13PM <b>Yama</b> 9:38AM – 11:10AM <b>Rahu</b> 6:35AM – 8:06AM	<b>Ardra Until 6:03PM</b> Vyatipata* Until 7:31AM Gara Until 7:06PM Navami* Until 7:06PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:03AM <b>Muruqa:</b> White <i>Sunset:</i> 5:16PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sivaloka Day</b> Bhadrapada-Puratasi

<b>Tuesday, September 20, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Imphal, India Sun 9 Sutra 156 Subhakit 5124
<b>2</b>	Mithuna Rasi: 25.49 Creative Work Siddha Yoga	<b>Gulika</b> 11:09AM – 12:41PM <b>Yama</b> 8:06AM – 9:38AM <b>Rahu</b> 2:12PM – 3:43PM	<b>Punarvasu Until 9:06PM</b> Variyan Until 8:24AM Vanija Until 8:19AM Dashami Until 9:28PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:03AM <b>Muruqa:</b> White <i>Sunset:</i> 5:15PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Wednesday, September 21, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Imphal, India Sun 10 Sutra 157 Subhakit 5124
<b>3</b>	Kataka Rasi: 7.45 Creative Work Siddha Yoga	<b>Gulika</b> 9:38AM – 11:09AM <b>Yama</b> 6:35AM – 8:06AM <b>Rahu</b> 11:09AM – 12:40PM	<b>Pushya Until 11:45PM</b> Parigha* Until 9:10AM Bava Until 10:35AM Ekadashi* Until 11:34PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:04AM <b>Muruqa:</b> White <i>Sunset:</i> 5:14PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Thursday, September 22, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Imphal, India Sun 11 Sutra 158 Subhakit 5124
<b>4</b>	Kataka Rasi: 19.49 Creative Work Siddha Yoga Until 1:50AM Fri Then Routine Work - Marana Yoga	<b>Gulika</b> 8:06AM – 9:37AM <b>Yama</b> 5:04AM – 6:35AM <b>Rahu</b> 12:40PM – 2:11PM	<b>Ashlesha* Until 1:50AM Fri</b> Shiva Until 9:42AM Kaulava Until 12:29PM Dvadashi* Until 1:16AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:04AM <b>Muruqa:</b> White <i>Sunset:</i> 5:13PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Friday, September 23, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Imphal, India Sun 12 Sutra 159 Subhakit 5124
<b>5</b>	Simha Rasi: 2.02 Routine Work Marana Yoga Until 3:48AM Sat Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:35AM – 8:06AM <b>Yama</b> 2:10PM – 3:41PM <b>Rahu</b> 9:37AM – 11:08AM	<b>Magha* Until 3:48AM Sat</b> Siddha Until 9:51AM Gara Until 1:57PM Trayodashi* Until 2:29AM Sat <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:04AM <b>Muruqa:</b> White <i>Sunset:</i> 5:12PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Saturday, September 24, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Imphal, India Sun 13 Sutra 160 Subhakit 5124
<b>6</b>	Simha Rasi: 14.28 Creative Work Siddha Yoga Until 5:06AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 5:05AM – 6:36AM <b>Yama</b> 12:38PM – 2:09PM <b>Rahu</b> 8:06AM – 9:37AM	<b>Purvaphalguni Until 5:06AM Sun</b> Sadhya Until 9:39AM Visti Until 2:56PM Chaturdashi* Until 3:12AM Sun	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> White <i>Sunset:</i> 5:11PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Sunday, September 25, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Imphal, India Sun 14 Sutra 161 Subhakit 5124
<b>Retreat Star</b>	Simha Rasi: 27.08 Creative Work Amrita Yoga Until 5:45AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:09PM – 3:39PM <b>Yama</b> 11:07AM – 12:38PM <b>Rahu</b> 3:39PM – 5:10PM <b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Uttaraphalguni Until 5:45AM Mon</b> Subha Until 9:04AM Catuspada Until 3:23PM <b>Amavasya* Until 3:24AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:05AM <b>Muruqa:</b> White <i>Sunset:</i> 5:10PM <b>Nataraja:</b> Clear Moon – Red <b>Bhuloka Day</b> Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM

<b>Monday, September 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Imphal, India Sun 15 Sutra 162 Subhakit 5124
<b>Retreat Star</b>	Kanya Rasi: 10.02 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 12:37PM – 2:08PM <b>Yama</b> 9:37AM – 11:07AM <b>Rahu</b> 6:36AM – 8:06AM <b>Navaratri Begins</b>	<b>Hasta Until 6:15AM Tue</b> Sukla Until 8:03AM Kintughna Until 3:20PM <b>Prathama* Until 3:08AM Tue</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:06AM <b>Muruqa:</b> White <i>Sunset:</i> 5:09PM <b>Nataraja:</b> Clear Moon – Green <b>Bhuloka Day</b> Ashvina-Puratasi Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Imphal, India on 5/1/20

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1	<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau				Imphal, India Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 23.11	Tithi 2	<b>Gulika</b> 11:07AM – 12:37PM	<b>Hasta</b> Until 6:15AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:06AM	
			Yama 8:06AM – 9:37AM	Brahma Until 6:41AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 23 - 16
	566165473	<b>Rahu</b> 2:07PM – 3:37PM	Balava Until 2:51PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 2:27AM Wed	Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
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2	<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau				Imphal, India Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 6.33	Tithi 3	<b>Gulika</b> 9:36AM – 11:06AM	<b>Chitra</b> Until 6:11AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:06AM	
			Yama 6:36AM – 8:06AM	Vaidhriti* Until 3:02AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 23 - 17
	666165473	<b>Rahu</b> 11:06AM – 12:36PM	Taitila Until 1:59PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 1:24AM Thu	Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
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3	<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Imphal, India Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 20.07	Tithi 4	<b>Gulika</b> 8:06AM – 9:36AM	<b>Vishakha</b> Until 5:07AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:07AM	
			Yama 5:07AM – 6:36AM	Vishkambha* Until 12:49AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 23 - 18
	676165473	<b>Rahu</b> 12:36PM – 2:06PM	Vanija Until 12:47PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 12:04AM Fri	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
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4	<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau				Imphal, India Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 3.5	Tithi 5	<b>Gulika</b> 6:37AM – 8:06AM	<b>Anuradha</b> Until 4:11AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:07AM	
			Yama 2:05PM – 3:35PM	Priti Until 10:26PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:04PM	Moon 9 - Phase 23 - 19
	676165473	<b>Rahu</b> 9:36AM – 11:06AM	Bava Until 11:19AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 10:28PM	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
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5	<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Imphal, India Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 17.42	Tithi 6	<b>Gulika</b> 5:07AM – 6:37AM	<b>Jyeshtha*</b> Until 2:56AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:07AM	
			Yama 12:35PM – 2:04PM	Ayushman Until 7:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 23 - 20
	676165473	<b>Rahu</b> 8:06AM – 9:36AM	Kaulava Until 9:37AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 8:40PM	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
Until 2:56AM Sun							
Then Creative Work - Amrita Yoga							
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6	<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Imphal, India Sun 21 Sutra 168 Subhakrit 5124
	Dhanus Rasi: 1.42	Tithi 7	<b>Gulika</b> 2:04PM – 3:33PM	<b>Mula*</b> Until 1:47AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:08AM	
			Yama 11:05AM – 12:34PM	Saubhagya Until 5:08PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:02PM	Moon 9 - Phase 23 - 21
	687166473	<b>Rahu</b> 3:33PM – 5:02PM	Gara Until 7:43AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 6:42PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 1:47AM Mon				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							
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D	<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Imphal, India Sun 22 Sutra 169 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 12:34PM – 2:03PM	<b>Purvashadha*</b> Until 12:22AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:08AM	
	Dhanus Rasi: 15.48	Tithi 8 – 9	Yama 9:36AM – 11:05AM	Sobhana Until 2:18PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:01PM	Moon 9 - Phase 23 - 22
	<b>Family Home Evening</b>	687166473	<b>Rahu</b> 6:37AM – 8:06AM	Balava Until 3:29AM Tue	<b>Nataraja:</b> Clear		Ashtami
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 4:35PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 12:22AM Tue				Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							
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D	<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Imphal, India Sun 23 Sutra 170 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 11:04AM – 12:33PM	<b>Uttarashadha</b> Until 10:42PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:09AM	
	Dhanus Rasi: 29.59	Tithi 9 – 10	Yama 8:06AM – 9:35AM	Athiganda* Until 11:21AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:00PM	Moon 9 - Phase 23 - 23
	687166473	<b>Rahu</b> 2:02PM – 3:31PM	Taitila Until 1:13AM Wed		<b>Nataraja:</b> Clear		Navami
Routine Work	Prabalarishta Yoga		<b>Navami*</b> Until 2:20PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 10:42PM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							
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The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Imphal, India on 5/1/20


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<b>1</b>		<b>Wednesday, October 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Imphal, India Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 14.14	Tithi 10 - 11	<b>Gulika</b> 9:35AM - 11:04AM	<b>Shravana Until 9:16PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM	
		Yama 6:38AM - 8:07AM	Sukarma Until 8:20AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 4:59PM	Moon 9 - Phase 24 - 24
	697166473	<b>Rahu</b> 11:04AM - 12:33PM	Vanija Until 10:54PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Vijaya Dasami</b>	Moon - Purple		<b>Devaloka Day</b>
Until 9:16PM			<b>Dashami Until 12:02PM</b>	<b>Ashvina+Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2</b>		<b>Thursday, October 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Imphal, India Sun 25 Sutra 172 Subhakrit 5124
Makara Rasi: 28.31	Tithi 11 - 12	<b>Gulika</b> 8:07AM - 9:35AM	<b>Dhanishtha Until 7:44PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM	
		Yama 5:09AM - 6:38AM	Shula* Until 2:21AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 4:59PM	Moon 9 - Phase 24 - 25
	697166473	<b>Rahu</b> 12:32PM - 2:01PM	Bava Until 8:37PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 9:44AM</b>	Moon - Purple		<b>Devaloka Day</b>
				<b>Ashvina+Puratasi</b>		

<b>3</b>		<b>Friday, October 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Imphal, India Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 12.44	Tithi 12 - 13	<b>Gulika</b> 6:38AM - 8:07AM	<b>Shatabhishak Until 6:11PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM	
		Yama 2:00PM - 3:29PM	Ganda* Until 11:31PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 4:57PM	Moon 9 - Phase 24 - 26
	697166473	<b>Rahu</b> 9:35AM - 11:04AM	Kaulava Until 6:28PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 7:30AM</b>	Moon - Purple		<b>Devaloka Day</b>
		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
			<i>Pradosha Vrata</i>			

<b>4</b>		<b>Saturday, October 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Imphal, India Sun 27 Sutra 174 Subhakrit 5124
Kumbha Rasi: 26.5	Tithi 14	<b>Gulika</b> 5:10AM - 6:38AM	<b>Purvaproshtapada* Until 5:09PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM	
		Yama 12:32PM - 2:00PM	Vriddhi Until 8:55PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 4:56PM	Moon 9 - Phase 24 - 27
	618166474	<b>Rahu</b> 8:07AM - 9:35AM	Gara Until 4:34PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 3:43AM Sun</b>	Moon - Clear		<b>Bhuloka Day</b>
Until 5:09PM		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

		<b>Sunday, October 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Imphal, India Sun 28 Sutra 175 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:59PM - 3:27PM	<b>Uttaraproshtapada Until 4:20PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM	
Meena Rasi: 10.44	Tithi 15	Yama 11:03AM - 12:31PM	Dhruva Until 6:35PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 4:55PM	Moon 9 - Phase 24 -
	618166474	<b>Rahu</b> 3:27PM - 4:55PM	Visti Until 3:01PM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Amrita Yoga		<b>Purnima* Until 2:24AM Mon</b>	Moon - Clear		<b>Bhuloka Day</b>
				<b>Ashvina+Puratasi</b>		

<b>Monday, October 10, 2022</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Imphal, India Sun 29 Sutra 176 Subhakrit 5124
Meena Rasi: 24.23	Tithi 16	<b>Gulika</b> 12:31PM - 1:59PM	<b>Revati Until 3:51PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM	
<b>Family Home Evening</b>		Yama 9:35AM - 11:03AM	Vyaghata* Until 4:40PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 4:54PM	Moon 9 - Phase 24 -
	618166474	<b>Rahu</b> 6:39AM - 8:07AM	Balava Until 1:58PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 1:37AM Tue</b>	Moon - Clear		<b>Bhuloka Day</b>
				<b>Ashvina+Puratasi</b>		





Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Imphal, India

Sutra 177

Subhakrit 5124

Mesha Rasi: 7.44

Tithi 17

628176474

Gulika

11:02AM – 12:30PM

Yama

8:07AM – 9:35AM

Rahu

1:58PM – 3:26PM

Ashvini Until 4:15PM

Harshana Until 3:14PM

Taitila Until 1:29PM

Dvitiya Until 1:28AM Wed

Ganesha: Yellow

Sunrise: 5:11AM

Muruqa: White

Sunset: 4:53PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Imphal, India

Sun 1 Sutra 178

Subhakrit 5124

Mesha Rasi: 20.44

Tithi 18

628176474

Gulika

9:35AM – 11:02AM

Yama

6:39AM – 8:07AM

Rahu

11:02AM – 12:30PM

Bharani Until 5:08PM

Vajra\* Until 2:17PM

Vanija Until 1:40PM

Tritiya Until 2:00AM Thu

Ganesha: Yellow

Sunrise: 5:12AM

Muruqa: White

Sunset: 4:52PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 5:08PM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Imphal, India

Sun 2 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 3.25

Tithi 19

628176474

Gulika

8:07AM – 9:35AM

Yama

5:12AM – 6:40AM

Rahu

12:29PM – 1:57PM

Krittika Until 6:31PM

Siddhi Until 1:53PM

Bava Until 2:32PM

Chaturthi\* Until 3:11AM Fri

Ganesha: Yellow

Sunrise: 5:12AM

Muruqa: White

Sunset: 4:52PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Imphal, India

Sun 3 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 15.47

Tithi 20

638176474

Gulika

6:40AM – 8:07AM

Yama

1:56PM – 3:23PM

Rahu

9:34AM – 11:02AM

Rohini Until 8:49PM

Vyatipata\* Until 1:58PM

Kaulava Until 4:02PM

Panchami Until 4:57AM Sat

Ganesha: Blue

Sunrise: 5:13AM

Muruqa: White

Sunset: 4:51PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 8:49PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Gara Karana Shashthayam Titau

Imphal, India

Sun 4 Sutra 181

Subhakrit 5124

Vrishabha Rasi: 27.57

Tithi 21

639176474

Gulika

5:13AM – 6:40AM

Yama

12:29PM – 1:56PM

Rahu

8:07AM – 9:34AM

Mrigashira Until 11:25PM

Variyan Until 2:26PM

Gara Until 6:02PM

Shashthi\* Until 7:09AM Sun

Ganesha: Red

Sunrise: 5:13AM

Muruqa: White

Sunset: 4:50PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Imphal, India

Sun 5 Sutra 182

Subhakrit 5124

Mithuna Rasi: 9.56

Tithi 21 – 22

639176474

Gulika

1:55PM – 3:22PM

Yama

11:01AM – 12:28PM

Rahu

3:22PM – 4:49PM

Ardra Until 2:07AM Mon

Parigha\* Until 3:10PM

Visti Until 8:22PM

Shashthi\* Until 7:09AM

Ganesha: Red

Sunrise: 5:14AM

Muruqa: White

Sunset: 4:49PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 2:07AM Mon

Then Creative Work - Amrita Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Imphal, India

Sun 6 Sutra 183

Subhakrit 5124

Mithuna Rasi: 21.5

Tithi 22 – 23

649176474

Gulika

12:28PM – 1:54PM

Yama

9:34AM – 11:01AM

Rahu

6:41AM – 8:08AM

Punarvasu Until 5:12AM Tue

Shiva Until 4:02PM

Balava Until 10:48PM

Saptami Until 9:34AM

Ganesha: Green

Sunrise: 5:14AM

Muruqa: White

Sunset: 4:48PM

Nataraja: Purple

Moon – Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 5:12AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Imphal, India

Sun 7 Sutra 184

Subhakrit 5124

Kataka Rasi: 3.43

Tithi 23 – 24

649176474

Gulika

11:01AM – 12:27PM

Yama

8:08AM – 9:34AM

Rahu

1:54PM – 3:20PM

Pushya Until 7:59AM Wed

Siddha Until 4:50PM

Taitila Until 1:09AM Wed

Ashtami\* Until 11:59AM

Ganesha: Green

Sunrise: 5:15AM

Muruqa: White

Sunset: 4:47PM

Nataraja: Purple

Moon – Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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<b>1</b>	<b>Thursday, October 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dviliya/Tritiyayam Titau				Imphal, India Sun 16 Sutra 193 Subhakrit 5124
	Tula Rasi: 29.43	Tithi 2 – 3	<b>Gulika</b> 8:09AM – 9:34AM	<b>Vishakha</b> Until 12:08PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:19AM	
			Yama 5:19AM – 6:44AM	Ayushman Until 7:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 <b>Rahu</b> 12:25PM – 1:50PM	Taitila Until 11:39PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 12:43PM	Moon – Orange		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Friday, October 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Imphal, India Sun 17 Sutra 194 Subhakrit 5124
	Vrischika Rasi: 13.54	Tithi 3 – 4	<b>Gulika</b> 6:45AM – 8:10AM	<b>Anuradha</b> Until 10:37AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:20AM	
			Yama 1:49PM – 3:14PM	Sobhana Until 1:24AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 <b>Rahu</b> 9:35AM – 10:59AM	Vanija Until 9:20PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 10:30AM	Moon – Orange		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	
						Then Routine Work - Marana Yoga	

<b>3</b>	<b>Saturday, October 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Imphal, India Sun 18 Sutra 195 Subhakrit 5124
	Vrischika Rasi: 28.13	Tithi 4 – 5	<b>Gulika</b> 5:20AM – 6:45AM	<b>Jyeshtha*</b> Until 8:51AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:20AM	
			Yama 12:24PM – 1:49PM	Athiganda* Until 10:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:38PM	Moon 10 - Phase 27 - 18
	Creative Work	Siddha Yoga	671276574 <b>Rahu</b> 8:10AM – 9:35AM	Bava Until 6:57PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi*</b> Until 8:08AM	Moon – Orange		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Sunday, October 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Imphal, India Sun 19 Sutra 196 Subhakrit 5124
	Dhanus Rasi: 12.32	Tithi 6	<b>Gulika</b> 1:48PM – 3:13PM	<b>Mula*</b> Until 7:19AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	
			Yama 10:59AM – 12:24PM	Sukarma Until 7:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:38PM	Moon 10 - Phase 27 - 19
	Creative Work	Amrita Yoga	681276574 <b>Rahu</b> 3:13PM – 4:38PM	Kaulava Until 4:33PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> Until 3:22AM Mon	Moon – Light Blue		<b>Devaloka Day</b>	
				Karttika-Aipasi			
						Then Creative Work - Siddha Yoga	

<b>5</b>	<b>Monday, October 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Imphal, India Sun 20 Sutra 197 Subhakrit 5124
	Dhanus Rasi: 26.5	Tithi 7	<b>Gulika</b> 12:24PM – 1:48PM	<b>Uttarashadha</b> Until 4:03AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	
	<b>Family Home Evening</b>		Yama 9:35AM – 10:59AM	Dhriti Until 4:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 27 - 20
	Routine Work	Marana Yoga	681276574 <b>Rahu</b> 6:46AM – 8:10AM	Gara Until 2:15PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> Until 1:08AM Tue	Moon – Light Blue		<b>Devaloka Day</b>	
				Karttika-Aipasi			
						Then Creative Work - Siddha Yoga	

<b>Retreat Star</b>	<b>Tuesday, November 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Imphal, India Sun 21 Sutra 198 Subhakrit 5124
	Makara Rasi: 11.04	Tithi 8	<b>Gulika</b> 10:59AM – 12:23PM	<b>Shravana</b> Until 2:51AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:22AM	
			Yama 8:11AM – 9:35AM	Shula* Until 1:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM	Moon 10 - Phase 27 - 21
	Creative Work	Siddha Yoga	691276574 <b>Rahu</b> 1:48PM – 3:12PM	Visti Until 12:05PM	<b>Nataraja:</b> Clear		Ashtami
			<b>Ashtami*</b> Until 11:03PM	Moon – Purple		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	
						Then Routine Work - Prabalarishta Yoga	

<b>Retreat Star</b>	<b>Wednesday, November 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Imphal, India Sun 22 Sutra 199 Subhakrit 5124
	Makara Rasi: 25.1	Tithi 9	<b>Gulika</b> 9:35AM – 10:59AM	<b>Dhanishtha</b> Until 1:44AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:23AM	
			Yama 6:47AM – 8:11AM	Ganda* Until 10:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM	Moon 10 - Phase 27 - 22
	Routine Work	Prabalarishta Yoga	692276574 <b>Rahu</b> 10:59AM – 12:23PM	Balava Until 10:07AM	<b>Nataraja:</b> Clear		Navami
			<b>Navami*</b> Until 9:11PM	Moon – Purple		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	
						Then Creative Work - Siddha Yoga	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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1	<b>Thursday, November 3, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shalabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau			Imphal, India Sun 23 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 9.08	Tithi 10	Gulika 8:11AM – 9:35AM	<b>Shatabhishak</b> Until 12:42AM Fri	Ganesha: Green Sunrise: 5:23AM
	692276574	Rahu 12:23PM – 1:47PM	Yama 5:23AM – 6:47AM	Vridhhi Until 7:50AM	Muruqa: Clear Sunset: 4:35PM
	Creative Work Siddha Yoga			Taitila Until 8:21AM	Nataraja: Clear Moon – Purple
			<b>Dashami</b> Until 7:33PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

2	<b>Friday, November 4, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Imphal, India Sun 24 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 22.56	Tithi 11	Gulika 6:48AM – 8:12AM	<b>Purvaproshtapada*</b> Until 12:14AM Sat	Ganesha: Blue Sunrise: 5:24AM
	612276574	Rahu 9:35AM – 10:59AM	Yama 1:47PM – 3:11PM	Vyaghata* Until 3:16AM Sat	Muruqa: Clear Sunset: 4:34PM
	Creative Work Siddha Yoga			Vanija Until 6:52AM	Nataraja: Clear Moon – Clear
			<b>Ekadashi</b> Until 6:12PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

3	<b>Saturday, November 5, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Imphal, India Sun 25 Sutra 202 Subhakrit 5124
	Meena Rasi: 6.34	Tithi 12 – 13	Gulika 5:25AM – 6:48AM	<b>Uttaraproshtapada</b> Until 11:58PM	Ganesha: Blue Sunrise: 5:25AM
	612276574	Rahu 8:12AM – 9:36AM	Yama 12:23PM – 1:46PM	Harshana Until 1:24AM Sun	Muruqa: Clear Sunset: 4:34PM
	Creative Work Siddha Yoga			Kaulava Until 4:49AM Sun	Nataraja: Clear Moon – Clear
Until 11:58PM			<b>Dvadashi</b> Until 5:10PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

4	<b>Sunday, November 6, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Imphal, India Sun 26 Sutra 203 Subhakrit 5124
	Meena Rasi: 20.01	Tithi 13 – 14	Gulika 1:46PM – 3:10PM	<b>Revati</b> Until 11:55PM	Ganesha: Blue Sunrise: 5:25AM
	612276574	Rahu 3:10PM – 4:33PM	Yama 10:59AM – 12:23PM	Vajra* Until 11:48PM	Muruqa: Clear Sunset: 4:33PM
	Creative Work Amrita Yoga			Gara Until 4:22AM Mon	Nataraja: Clear Moon – Clear
Until 11:55PM			<b>Trayodashi</b> Until 4:31PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga					

5	<b>Monday, November 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Imphal, India Sun 27 Sutra 204 Subhakrit 5124
	Mesha Rasi: 3.14	Tithi 14 – 15	Gulika 12:23PM – 1:46PM	<b>Ashvini</b> Until 12:37AM Tue	Ganesha: Blue Sunrise: 5:26AM
	722276574	Rahu 6:49AM – 8:13AM	Yama 9:36AM – 10:59AM	Siddhi Until 10:35PM	Muruqa: Clear Sunset: 4:33PM
	Creative Work Siddha Yoga			Visti Until 4:22AM Tue	Nataraja: Clear Moon – White
<b>Family Home Evening</b>			<b>Chaturdashi*</b> Until 4:17PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

○	<b>Tuesday, November 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Imphal, India Sun 28 Sutra 205 Subhakrit 5124
	<b>Copper Retreat Star</b>	Mesha Rasi: 16.13	Tithi 15 – 16	Gulika 10:59AM – 12:23PM	<b>Bharani</b> Until 1:38AM Wed
	722276574	Rahu 1:46PM – 3:09PM	Yama 8:13AM – 9:36AM	Vyatipata* Until 9:44PM	Muruqa: Clear Sunset: 4:32PM
	Creative Work Siddha Yoga			Balava Until 4:53AM Wed	Nataraja: Clear Moon – White
Until 1:38AM Wed			<b>Purnima*</b> Until 4:32PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga					

○	<b>Wednesday, November 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Imphal, India Sun 29 Sutra 206 Subhakrit 5124
	<b>Silver Retreat Star</b>	Mesha Rasi: 28.57	Tithi 16 – 17	Gulika 9:36AM – 10:59AM	<b>Krittika</b> Until 2:59AM Thu
	722276574	Rahu 10:59AM – 12:22PM	Yama 6:50AM – 8:13AM	Variyan Until 9:16PM	Muruqa: Clear Sunset: 4:32PM
	Creative Work Amrita Yoga			Taitila Until 5:55AM Thu	Nataraja: Clear Moon – White
Until 2:59AM Thu			<b>Prathama*</b> Until 5:19PM	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Thursday, November 10, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Gara Karana Dvitiyayam Titau

Imphal, India

Sun 1 Sutra 207

Subhakrit 5124

Moon 11 - Phase 29 - 1

1st Phase

Devaloka Day

Kartika-Aipasi

Ganesha: Red Sunrise: 5:28AM

Muruqa: Clear Sunset: 4:31PM

Nataraja: Clear

Moon - Yellow

732276574

Gulika 8:14AM - 9:37AM

Yama 5:28AM - 6:51AM

Rahu 12:22PM - 1:45PM

Rohini Until 5:09AM Fri

Parigha\* Until 9:12PM

Gara Until 6:36PM

Dvitiya Until 6:36PM

Vrishabha Rasi: 11.28 Tithi 17

Routine Work Marana Yoga

Until 5:09AM Fri

Then Creative Work - Siddha Yoga

Friday, November 11, 2022

1

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Imphal, India

Sun 2 Sutra 208

Subhakrit 5124

Moon 11 - Phase 29 - 2

1st Phase

Devaloka Day

Kartika-Aipasi

Ganesha: Red Sunrise: 5:28AM

Muruqa: Clear Sunset: 4:31PM

Nataraja: Clear

Moon - Yellow

732276574

Gulika 6:51AM - 8:14AM

Yama 1:45PM - 3:08PM

Rahu 9:37AM - 11:00AM

Mrigashira Until 7:35AM Sat

Shiva Until 9:30PM

Vanija Until 7:26AM

Tritiya Until 8:21PM

Vrishabha Rasi: 23.45 Tithi 18

Creative Work Siddha Yoga

Saturday, November 12, 2022

2

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Imphal, India

Sun 3 Sutra 209

Subhakrit 5124

Moon 11 - Phase 29 - 3

1st Phase

Devaloka Day

Kartika-Aipasi

Ganesha: Red Sunrise: 5:29AM

Muruqa: Clear Sunset: 4:30PM

Nataraja: Clear

Moon - Yellow

732276574

Gulika 5:29AM - 6:52AM

Yama 12:22PM - 1:45PM

Rahu 8:14AM - 9:37AM

Mrigashira Until 7:35AM

Siddha Until 10:04PM

Bava Until 9:25AM

Chaturthi\* Until 10:30PM

Mithuna Rasi: 5.52 Tithi 19

Creative Work Siddha Yoga

Sunday, November 13, 2022

3

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Imphal, India

Sun 4 Sutra 210

Subhakrit 5124

Moon 11 - Phase 29 - 4

1st Phase

Devaloka Day

Kartika-Aipasi

Ganesha: Red Sunrise: 5:30AM

Muruqa: Clear Sunset: 4:30PM

Nataraja: Clear

Moon - Yellow

732276574

Gulika 1:45PM - 3:07PM

Yama 11:00AM - 12:22PM

Rahu 3:07PM - 4:30PM

Ardra Until 10:09AM

Sadhya Until 10:49PM

Kaulava Until 11:42AM

Panchami Until 12:54AM Mon

Mithuna Rasi: 17.5 Tithi 20

Creative Work Siddha Yoga

Monday, November 14, 2022

4

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Imphal, India

Sun 5 Sutra 211

Subhakrit 5124

Moon 11 - Phase 29 - 5

1st Phase

Bhuloka Day

Kartika-Aipasi

Ganesha: White Sunrise: 5:30AM

Muruqa: Clear Sunset: 4:30PM

Nataraja: Clear

Moon - Blue

742376574

Gulika 12:22PM - 1:45PM

Yama 9:38AM - 11:00AM

Rahu 6:53AM - 8:15AM

Punarvasu Until 1:15PM

Subha Until 11:41PM

Gara Until 2:11PM

Shashthi\* Until 3:24AM Tue

Mithuna Rasi: 29.44 Tithi 21

Family Home Evening

Creative Work Amrita Yoga

Until 1:15PM

Then Creative Work - Siddha Yoga

Tuesday, November 15, 2022

5

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

Imphal, India

Sun 6 Sutra 212

Subhakrit 5124

Moon 11 - Phase 29 - 6

1st Phase

Bhuloka Day

Kartika-Aipasi

Ganesha: Green Sunrise: 5:31AM

Muruqa: Clear Sunset: 4:29PM

Nataraja: Clear

Moon - Blue

743376574

Gulika 11:00AM - 12:22PM

Yama 8:16AM - 9:38AM

Rahu 1:45PM - 3:07PM

Pushya Until 4:10PM

Sukla Until 12:27AM Wed

Visti Until 4:39PM

Saptami Until 5:48AM Wed

Kataka Rasi: 11.37 Tithi 22

Creative Work Siddha Yoga

Wednesday, November 16, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Balava Karana Ashtamyam Titau

Imphal, India

Sun 7 Sutra 213

Subhakrit 5124

Moon 11 - Phase 29 - 7

Ashtami

Bhuloka Day

Kartika-Kartikai

Ganesha: Green Sunrise: 5:32AM

Muruqa: Clear Sunset: 4:29PM

Nataraja: Clear

Moon - Blue

743376574

Gulika 9:38AM - 11:00AM

Yama 6:54AM - 8:16AM

Rahu 11:00AM - 12:22PM

Ashlesha\* Until 6:45PM

Brahma Until 1:03AM Thu

Balava Until 6:56PM

Ashtami\* Until 7:54AM Thu

Kataka Rasi: 23.32 Tithi 23

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Imphal, India

Sun 8 Sutra 214

Subhakrit 5124

Moon 11 - Phase 29 - 8

Navami

Sivaloka Day

Kartika-Kartikai

Ganesha: Orange Sunrise: 5:32AM

Muruqa: Clear Sunset: 4:29PM

Nataraja: Purple

Moon - Red

753376575

Gulika 8:16AM - 9:38AM

Yama 5:32AM - 6:54AM

Rahu 12:22PM - 1:45PM

Magha\* Until 9:17PM

Indra Until 1:19AM Fri

Taitila Until 8:49PM

Ashtami\* Until 7:54AM

Simha Rasi: 5.34 Tithi 23 - 24

Creative Work Amrita Yoga

Until 9:17PM

Then Creative Work - Siddha Yoga


<b>1</b>		<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam		Imphal, India	
				Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Sun 9 Sutra 215	
Simha Rasi: 17.47	Tithi 24 – 25	<b>Gulika</b> 6:55AM – 8:17AM	<b>Purvaphalguni</b> Until 11:05PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:33AM	Subhakrit 5124	
		Yama 1:44PM – 3:06PM	Vaidhrili* Until 1:07AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 30 - 9	
	753376575	<b>Rahu</b> 9:39AM – 11:01AM	Vanija Until 10:07PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:31AM	Moon – Red		<b>Sivaloka Day</b>	
				Karttika-Karttikai			

<b>2</b>		<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam		Imphal, India	
				Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 216	
Kanya Rasi: 0.17	Tithi 25 – 26	<b>Gulika</b> 5:34AM – 6:56AM	<b>Uttaraphalguni</b> Until 12:04AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:34AM	Subhakrit 5124	
		Yama 12:23PM – 1:44PM	Vishkambha* Until 12:23AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 30 - 10	
	753376575	<b>Rahu</b> 8:17AM – 9:39AM	Bava Until 10:43PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 10:30AM	Moon – Red		<b>Sivaloka Day</b>	
Until 12:04AM Sun				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Imphal, India	
				Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 217	
Kanya Rasi: 13.07	Tithi 26 – 27	<b>Gulika</b> 1:44PM – 3:06PM	<b>Hasta</b> Until 12:37AM Mon	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:35AM	Subhakrit 5124	
		Yama 11:01AM – 12:23PM	Priti Until 11:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 30 - 11	
	763376575	<b>Rahu</b> 3:06PM – 4:28PM	Kaulava Until 10:33PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 10:43AM	Moon – Green		<b>Devaloka Day</b>	
Until 12:37AM Mon				Karttika-Karttikai			
Then Routine Work - Prabalarishta Yoga							

<b>4</b>		<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam		Imphal, India	
				Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 218	
Kanya Rasi: 26.19	Tithi 27 – 28	<b>Gulika</b> 12:23PM – 1:44PM	<b>Chitra</b> Until 12:15AM Tue	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:35AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 9:40AM – 11:01AM	Ayushman Until 9:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 30 - 12	
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 6:57AM – 8:18AM	Gara Until 9:37PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 12:15AM Tue			<b>Dvadashi*</b> Until 10:10AM	Moon – Green		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			
				Pradosha Vrata (Fasting)			

<b>5</b>		<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam		Imphal, India	
				Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 219	
Tula Rasi: 9.58	Tithi 28 – 29	<b>Gulika</b> 11:02AM – 12:23PM	<b>Svati</b> Until 11:04PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:36AM	Subhakrit 5124	
		Yama 8:19AM – 9:40AM	Saubhagya Until 6:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 30 - 13	
	763376575	<b>Rahu</b> 1:44PM – 3:06PM	Visti Until 8:00PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:52AM	Moon – Green		<b>Devaloka Day</b>	
Until 11:04PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

		<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam		Imphal, India	
				Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 220	
<b>Retreat Star</b>		<b>Gulika</b> 9:41AM – 11:02AM	<b>Vishakha</b> Until 9:37PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:37AM	Subhakrit 5124	
Tula Rasi: 23.59	Tithi 29 – 30	Yama 6:58AM – 8:19AM	Sobhana Until 3:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 30 - 14	
		<b>Rahu</b> 11:02AM – 12:23PM	Naga Until 4:28AM Thu	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:56AM	Moon – Orange		<b>Devaloka Day</b>	
				Karttika-Karttikai			

<b>Thursday, November 24, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Imphal, India	
				Anuradha Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 221	
Vrischika Rasi: 8.23	Tithi 1	<b>Gulika</b> 8:20AM – 9:41AM	<b>Anuradha</b> Until 7:36PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:37AM	Subhakrit 5124	
		Yama 5:37AM – 6:59AM	Athiganda* Until 12:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 30 - 15	
	773376575	<b>Rahu</b> 12:23PM – 1:45PM	Kintughna Until 3:06PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:38AM Fri	Moon – Orange		<b>Devaloka Day</b>	
Until 7:36PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Friday, November 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Imphal, India Sun 16 Sutra 222 Subhakrit 5124
Vrischika Rasi: 23.01	Tithi 2	<b>Gulika</b> 6:59AM – 8:20AM	<b>Jyeshtha* Until 5:11PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:38AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 1:45PM – 3:06PM	Sukarma Until 8:41AM	<b>Nataraja:</b> Purple		Moon – Orange		<b>Devaloka Day</b>
Until 5:11PM		773376575 <b>Rahu</b> 9:41AM – 11:02AM	Balava Until 12:09PM			Margasira-Karttikai		
Then Creative Work - Amrita Yoga			<b>Dvitiya Until 10:35PM</b>					

<b>2</b>		<b>Saturday, November 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau				Imphal, India Sun 17 Sutra 223 Subhakrit 5124
Dhanus Rasi: 7.48	Tithi 3	<b>Gulika</b> 5:39AM – 7:00AM	<b>Mula* Until 2:56PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31 - 17 3rd Phase
Routine Work	Marana Yoga	Yama 12:24PM – 1:45PM	Shula* Until 1:11AM Sun	<b>Nataraja:</b> Purple		Moon – Light Blue		<b>Devaloka Day</b>
Until 5:11PM		783376575 <b>Rahu</b> 8:21AM – 9:42AM	Taitila Until 9:02AM			Margasira-Karttikai		
Then Creative Work - Amrita Yoga			<b>Tritiya Until 7:27PM</b>					

<b>3</b>		<b>Sunday, November 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Imphal, India Sun 18 Sutra 224 Subhakrit 5124
Dhanus Rasi: 22.36	Tithi 4 – 5	<b>Gulika</b> 1:45PM – 3:06PM	<b>Purvashadha* Until 12:36PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31 - 18 3rd Phase
Routine Work	Marana Yoga	Yama 11:03AM – 12:24PM	Ganda* Until 9:30PM	<b>Nataraja:</b> Purple		Moon – Light Blue		<b>Devaloka Day</b>
Until 12:36PM		783376575 <b>Rahu</b> 3:06PM – 4:27PM	Bava Until 2:59AM Mon			Margasira-Karttikai		
Then Creative Work - Amrita Yoga			<b>Chaturthi* Until 4:25PM</b>					

<b>4</b>		<b>Monday, November 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Imphal, India Sun 19 Sutra 225 Subhakrit 5124
Makara Rasi: 7.17	Tithi 5 – 6	<b>Gulika</b> 12:24PM – 1:45PM	<b>Uttarashadha Until 10:19AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31 - 19 3rd Phase
<b>Family Home Evening</b>		Yama 9:43AM – 11:03AM	Vriddhi Until 6:02PM	<b>Nataraja:</b> Purple		Moon – Light Blue		<b>Devaloka Day</b>
Routine Work	Marana Yoga	783376575 <b>Rahu</b> 7:01AM – 8:22AM	Kaulava Until 12:17AM Tue			Margasira-Karttikai		
Until 10:19AM			<b>Panchami Until 1:34PM</b>					
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Tuesday, November 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Imphal, India Sun 20 Sutra 226 Subhakrit 5124
Makara Rasi: 21.46	Tithi 6 – 7	<b>Gulika</b> 11:04AM – 12:25PM	<b>Shravana Until 8:36AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:41AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31 - 20 3rd Phase
Routine Work	Marana Yoga	Yama 8:22AM – 9:43AM	Dhruva Until 2:50PM	<b>Nataraja:</b> Purple		Moon – Purple		<b>Sivaloka Day</b>
Until 7:09AM		793376575 <b>Rahu</b> 1:45PM – 3:06PM	Gara Until 9:58PM			Margasira-Karttikai		
Then Creative Work - Siddha Yoga			<b>Shashthi* Until 11:04AM</b>					

<b>Retreat Star</b>		<b>Wednesday, November 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Imphal, India Sun 21 Sutra 227 Subhakrit 5124
Kumbha Rasi: 5.59	Tithi 7 – 8	<b>Gulika</b> 9:44AM – 11:04AM	<b>Dhanishtha Until 7:09AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31 - 21 Ashtami
Routine Work	Prabalarishta Yoga	Yama 7:02AM – 8:23AM	Vyaghata* Until 11:59AM	<b>Nataraja:</b> Purple		Moon – Purple		<b>Sivaloka Day</b>
Until 7:09AM		794376575 <b>Rahu</b> 11:04AM – 12:25PM	Visti Until 8:07PM			Margasira-Karttikai		
Then Creative Work - Siddha Yoga			<b>Saptami Until 8:58AM</b>					

<b>Retreat Star</b>		<b>Thursday, December 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Imphal, India Sun 22 Sutra 228 Subhakrit 5124
Kumbha Rasi: 19.53	Tithi 8 – 9	<b>Gulika</b> 8:23AM – 9:44AM	<b>Shatabhishak Until 6:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31 - 22 Navami
Routine Work	Marana Yoga	Yama 5:42AM – 7:03AM	Harshana Until 9:32AM	<b>Nataraja:</b> Purple		Moon – Purple		<b>Sivaloka Day</b>
Until 7:09AM		794376575 <b>Rahu</b> 12:25PM – 1:46PM	Balava Until 6:45PM			Margasira-Karttikai		
Then Creative Work - Siddha Yoga			<b>Ashtami* Until 7:21AM</b>					

<b>1</b>		<b>Friday, December 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Siddhi Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Imphal, India Sun 23 Sutra 229 Subhakrit 5124	
Meena Rasi: 3.29	Tithi 9 – 10	<b>Gulika</b> 7:03AM – 8:24AM	<b>Uttaraproshtapada</b> Until 5:44AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:43AM		
		Yama 1:46PM – 3:06PM	Vajra* Until 7:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 32 - 23	
		714376575 <b>Rahu</b> 9:44AM – 11:05AM	Gara Until 5:40AM Sat	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:15AM	Moon – Clear		<b>Sivaloka Day</b>	
Until 5:44AM Sat				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							


<b>2</b>		<b>Saturday, December 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Imphal, India Sun 24 Sutra 230 Subhakrit 5124	
Meena Rasi: 16.48	Tithi 11	<b>Gulika</b> 5:44AM – 7:04AM	<b>Revati</b> Until 6:07AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM		
		Yama 12:26PM – 1:46PM	Vyatipata* Until 4:34AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 32 - 24	
		714376575 <b>Rahu</b> 8:24AM – 9:45AM	Vanija Until 5:35PM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 5:36AM Sun	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:07AM Sun				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Sunday, December 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Bava/Balava Karana Dvadashyam Titau		Imphal, India Sun 25 Sutra 231 Subhakrit 5124	
Meena Rasi: 29.5	Tithi 12	<b>Gulika</b> 1:46PM – 3:07PM	<b>Revati</b> Until 6:07AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM		
		Yama 11:06AM – 12:26PM	Variyan Until 3:40AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 32 - 25	
		714376575 <b>Rahu</b> 3:07PM – 4:27PM	Bava Until 5:45PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 6:00AM Mon	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:07AM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, December 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Imphal, India Sun 26 Sutra 232 Subhakrit 5124	
Mesha Rasi: 12.4	Tithi 12 – 13	<b>Gulika</b> 12:26PM – 1:47PM	<b>Ashvini</b> Until 7:15AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:45AM		
<b>Family Home Evening</b>		Yama 9:46AM – 11:06AM	Parigha* Until 3:07AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 32 - 26	
		724376575 <b>Rahu</b> 7:05AM – 8:26AM	Kaulava Until 6:23PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 6:00AM	Moon – White		<b>Devaloka Day</b>	
				Margasira-Karttikai			

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, December 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau		Imphal, India Sun 27 Sutra 233 Subhakrit 5124	
Mesha Rasi: 25.16	Tithi 13 – 14	<b>Gulika</b> 11:06AM – 12:27PM	<b>Bharani</b> Until 8:39AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:46AM		
		Yama 8:26AM – 9:46AM	Shiva Until 2:53AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 32 - 27	
		724376575 <b>Rahu</b> 1:47PM – 3:07PM	Gara Until 7:26PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:50AM	Moon – White		<b>Devaloka Day</b>	
				Margasira-Karttikai			
		<b>Krittika Deepam</b>					

		<b>Wednesday, December 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Imphal, India Sun 28 Sutra 234 Subhakrit 5124	
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:47AM – 11:07AM	<b>Krittika</b> Until 10:17AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:46AM		
Vrishabha Rasi: 7.42	Tithi 14 – 15	Yama 7:07AM – 8:27AM	Siddha Until 2:55AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 32 - Purnima	
		724376575 <b>Rahu</b> 11:07AM – 12:27PM	Visti Until 8:52PM	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 8:05AM	Moon – White		<b>Devaloka Day</b>	
Until 10:17AM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

<b>Thursday, December 8, 2022</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Imphal, India Sun 29 Sutra 235 Subhakrit 5124	
Vrishabha Rasi: 19.59	Tithi 15 – 16	<b>Gulika</b> 8:27AM – 9:47AM	<b>Rohini</b> Until 12:35PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM		
		Yama 5:47AM – 7:07AM	Sadhya Until 3:13AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 32 - Prathama	
		734376575 <b>Rahu</b> 12:27PM – 1:47PM	Balava Until 10:40PM	<b>Nataraja:</b> Purple			
Routine Work	Marana Yoga		<b>Purnima*</b> Until 9:42AM	Moon – Yellow		<b>Sivaloka Day</b>	
				Margasira-Karttikai			
		<b>Vinayaga Viratam Begins</b>					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Imphal, India

Sutra 236

Subhakrit 5124

Mithuna Rasi: 2.07 Tithi 16 - 17

734476575

**Gulika** 7:08AM - 8:28AM  
**Yama** 1:48PM - 3:08PM  
**Rahu** 9:48AM - 11:08AM

**Mrigashira** Until 3:02PM

Subha Until 3:44AM Sat

Taitila Until 12:45AM Sat

Prathama\* Until 11:39AM

**Ganesha:** Red **Sunrise:** 5:48AM

**Muruqa:** Clear **Sunset:** 4:28PM

**Nataraja:** Purple

Moon - Yellow  
Margasira-Karttikai

Moon 12 - Phase 33 -

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Imphal, India

Sun 1 Sutra 237

Subhakrit 5124

Mithuna Rasi: 14.09 Tithi 17 - 18

734476575

**Gulika** 5:48AM - 7:08AM  
**Yama** 12:28PM - 1:48PM  
**Rahu** 8:28AM - 9:48AM

**Ardra** Until 5:33PM

Sukla Until 4:24AM Sun

Vanija Until 3:05AM Sun

Dvitiya Until 1:52PM

**Ganesha:** Red **Sunrise:** 5:48AM

**Muruqa:** Clear **Sunset:** 4:28PM

**Nataraja:** Purple

Moon - Yellow  
Margasira-Karttikai

Moon 12 - Phase 33 - 1

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Imphal, India

Sun 2 Sutra 238

Subhakrit 5124

Mithuna Rasi: 26.05 Tithi 18 - 19

744476575

**Gulika** 1:49PM - 3:08PM  
**Yama** 11:09AM - 12:29PM  
**Rahu** 3:08PM - 4:28PM

**Punarvasu** Until 8:36PM

Brahma Until 5:12AM Mon

Bava Until 5:34AM Mon

Tritiya Until 4:17PM

**Ganesha:** Green **Sunrise:** 5:49AM

**Muruqa:** Clear **Sunset:** 4:28PM

**Nataraja:** Purple

Moon - Blue  
Margasira-Karttikai

Moon 12 - Phase 33 - 2

1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Balava Karana Chaturthyam Titau

Imphal, India

Sun 3 Sutra 239

Subhakrit 5124

Kataka Rasi: 7.58 Tithi 19

745476575

**Gulika** 12:29PM - 1:49PM  
**Yama** 9:49AM - 11:09AM  
**Rahu** 7:10AM - 8:29AM

**Pushya** Until 11:33PM

Indra Until 6:03AM Tue

Balava Until 6:49PM

Chaturthi\* Until 6:49PM

**Ganesha:** White **Sunrise:** 5:50AM

**Muruqa:** Clear **Sunset:** 4:29PM

**Nataraja:** Purple

Moon - Blue  
Margasira-Karttikai

Moon 12 - Phase 33 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Imphal, India

Sun 4 Sutra 240

Subhakrit 5124

Kataka Rasi: 19.5 Tithi 20

745476575

**Gulika** 11:10AM - 12:29PM  
**Yama** 8:30AM - 9:50AM  
**Rahu** 1:49PM - 3:09PM

**Ashlesha\*** Until 2:18AM Wed

Indra Until 6:03AM

Kaulava Until 8:06AM

Panchami Until 9:19PM

**Ganesha:** White **Sunrise:** 5:50AM

**Muruqa:** Clear **Sunset:** 4:29PM

**Nataraja:** Purple

Moon - Blue  
Margasira-Karttikai

Moon 12 - Phase 33 - 4

1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Imphal, India

Sun 5 Sutra 241

Subhakrit 5124

Simha Rasi: 1.44 Tithi 21

755476575

**Gulika** 9:50AM - 11:10AM  
**Yama** 7:11AM - 8:31AM  
**Rahu** 11:10AM - 12:30PM

**Magha\*** Until 5:12AM Thu

Vaidhriti\* Until 6:49AM

Gara Until 10:33AM

Shashthi\* Until 11:40PM

**Ganesha:** Clear **Sunrise:** 5:51AM

**Muruqa:** Clear **Sunset:** 4:29PM

**Nataraja:** Purple

Moon - Red  
Margasira-Karttikai

Moon 12 - Phase 33 - 5

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Saplamyam Titau

Imphal, India

Sun 6 Sutra 242

Subhakrit 5124

Simha Rasi: 13.43 Tithi 22

755476575

**Gulika** 8:31AM - 9:51AM  
**Yama** 5:52AM - 7:11AM  
**Rahu** 12:30PM - 1:50PM

**Purvaphalguni** Until 7:32AM Fri

Vishkambha\* Until 7:25AM

Visti Until 12:44PM

Saptami Until 1:38AM Fri

**Ganesha:** Clear **Sunrise:** 5:52AM

**Muruqa:** Clear **Sunset:** 4:30PM

**Nataraja:** Purple

Moon - Red  
Margasira-Karttikai

Moon 12 - Phase 33 - 6

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

7

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Imphal, India

Sun 7 Sutra 243

Subhakrit 5124

Simha Rasi: 25.52 Tithi 23

755476575

**Gulika** 7:12AM - 8:32AM  
**Yama** 1:51PM - 3:10PM  
**Rahu** 9:51AM - 11:11AM

**Purvaphalguni** Until 7:32AM

Priti Until 7:43AM

Balava Until 2:27PM

Ashtami\* Until 3:03AM Sat

**Ganesha:** Clear **Sunrise:** 5:52AM

**Muruqa:** Clear **Sunset:** 4:30PM

**Nataraja:** Purple

Moon - Red  
Margasira-Markali

Moon 12 - Phase 33 - 7

Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Imphal, India

Sun 8 Sutra 244

Subhakrit 5124

Kanya Rasi: 8.16 Tithi 24

855476575

**Gulika** 5:53AM - 7:12AM  
**Yama** 12:31PM - 1:51PM  
**Rahu** 8:32AM - 9:52AM

**Uttaraphalguni** Until 9:08AM

Ayushman Until 7:32AM

Taitila Until 3:31PM

Navami\* Until 3:44AM Sun

**Ganesha:** White **Sunrise:** 5:53AM

**Muruqa:** Clear **Sunset:** 4:30PM

**Nataraja:** Purple

Moon - Red  
Margasira-Markali

Moon 12 - Phase 33 - 8

Navami

Devaloka Day

Routine Work Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1</b>		<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vistli* Karana Dashamyam Titau			Imphal, India Sun 9 Sutra 245 Subhakrit 5124
Kanya Rasi: 20.59	Tithi 25	<b>Gulika</b> 1:51PM – 3:11PM	<b>Hasta</b> <b>Until 10:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM		
		Yama 11:12AM – 12:32PM	Saubhagya <b>Until 6:47AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 34 - 9	
	865476575	<b>Rahu</b> 3:11PM – 4:31PM	Vanija <b>Until 3:47PM</b>	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 3:35AM Mon</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 10:19AM				Margasira*Markali			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau			Imphal, India Sun 10 Sutra 246 Subhakrit 5124
Tula Rasi: 4.08	Tithi 26	<b>Gulika</b> 12:32PM – 1:52PM	<b>Chitra</b> <b>Until 10:31AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM		
<b>Family Home Evening</b>		Yama 9:53AM – 11:13AM	Athiganda* <b>Until 3:19AM Tue</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 34 - 10	
Routine Work	Prabalarishta Yoga	865476575	Bava <b>Until 3:12PM</b>	<b>Nataraja:</b> Purple		2nd Phase	
Until 10:31AM		<b>Rahu</b> 7:14AM – 8:33AM	<b>Ekadashi*</b> <b>Until 2:34AM Tue</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Margasira*Markali			

<b>3</b>		<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau			Imphal, India Sun 11 Sutra 247 Subhakrit 5124
Tula Rasi: 17.44	Tithi 27	<b>Gulika</b> 11:13AM – 12:33PM	<b>Svati</b> <b>Until 9:45AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM		
		Yama 8:34AM – 9:53AM	Sukarma <b>Until 12:37AM Wed</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 34 - 11	
	865476575	<b>Rahu</b> 1:52PM – 3:12PM	Kaulava <b>Until 1:47PM</b>	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> <b>Until 12:45AM Wed</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 9:45AM				Margasira*Markali			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau			Imphal, India Sun 12 Sutra 248 Subhakrit 5124
Vrischika Rasi: 1.49	Tithi 28	<b>Gulika</b> 9:54AM – 11:14AM	<b>Vishakha</b> <b>Until 8:31AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM		
		Yama 7:15AM – 8:34AM	Dhriti <b>Until 9:22PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 34 - 12	
	875476575	<b>Rahu</b> 11:14AM – 12:33PM	Gara <b>Until 11:36AM</b>	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 10:15PM</b>	Moon – Orange		<b>Devaloka Day</b>	
		<b>Day 1 of Pancha Ganapati</b>		Margasira*Markali			
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Imphal, India Sun 13 Sutra 249 Subhakrit 5124
Vrischika Rasi: 16.21	Tithi 29	<b>Gulika</b> 8:35AM – 9:54AM	<b>Anuradha</b> <b>Until 6:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM		
		Yama 5:55AM – 7:15AM	Shula* <b>Until 5:39PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 34 - 13	
	876476575	<b>Rahu</b> 12:34PM – 1:53PM	Visti <b>Until 8:48AM</b>	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 7:12PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
Until 6:30AM		<b>Day 2 of Pancha Ganapati</b>		Margasira*Markali			
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, December 23, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Imphal, India Sun 14 Sutra 250 Subhakrit 5124
Dhanus Rasi: 1.14	Tithi 30 – 1	<b>Gulika</b> 7:16AM – 8:35AM	<b>Mula*</b> <b>Until 1:12AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:56AM		
		Yama 1:54PM – 3:14PM	Ganda* <b>Until 1:38PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 34 - 14	
	886476575	<b>Rahu</b> 9:55AM – 11:15AM	Kintughna <b>Until 1:59AM Sat</b>	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Amrita Yoga		<b>Amavasya*</b> <b>Until 3:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 1:12AM Sat		<b>Day 3 of Pancha Ganapati</b>		Margasira*Markali			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Imphal, India Sun 15 Sutra 251 Subhakrit 5124
Dhanus Rasi: 16.22	Tithi 1 – 2	<b>Gulika</b> 5:56AM – 7:16AM	<b>Purvashadha*</b> <b>Until 10:16PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:56AM		
		Yama 12:35PM – 1:54PM	Vridhhi <b>Until 9:26AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:34PM	Moon 12 - Phase 34 - 15	
	886476575	<b>Rahu</b> 8:36AM – 9:55AM	Balava <b>Until 10:19PM</b>	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> <b>Until 12:08PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 10:16PM		<b>Day 4 of Pancha Ganapati</b>		Pausha*Markali			
Then Routine Work - Marana Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1 Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau			Imphal, India Sun 16 Sutra 252 Subhakrit 5124
Makara Rasi: 1.32	Tithi 2 - 3	<b>Gulika</b> 1:55PM - 3:15PM	<b>Uttarashadha</b> Until 7:16PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:57AM
		Yama 11:16AM - 12:35PM	Vyaghata* Until 1:00AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM
		886486575 <b>Rahu</b> 3:15PM - 4:34PM	Taitila Until 6:41PM	<b>Nataraja:</b> Purple	Moon 12 - Phase 35 - 16
Creative Work	Amrita Yoga			Moon - Light Blue	3rd Phase
		Day 5 of Pancha Ganapati	<b>Dvitiya</b> Until 8:28AM	<b>Pausha-Markali</b>	<b>Subha Sivaloka Day</b>

<b>2 Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visi* Karana Chaturtham Titau			Imphal, India Sun 17 Sutra 253 Subhakrit 5124
Makara Rasi: 16.38	Tithi 4	<b>Gulika</b> 12:36PM - 1:55PM	<b>Shravana</b> Until 4:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM
<b>Family Home Evening</b>		Yama 9:56AM - 11:16AM	Harshana Until 9:05PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:35PM
Creative Work	Amrita Yoga	896486576 <b>Rahu</b> 7:17AM - 8:37AM	Vanija Until 3:18PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 35 - 17
Until 4:45PM			<b>Chaturthi*</b> Until 1:43AM Tue	Moon - Purple	3rd Phase
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>	<b>Sivaloka Day</b>

<b>3 Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau			Imphal, India Sun 18 Sutra 254 Subhakrit 5124
Kumbha Rasi: 1.29	Tithi 5	<b>Gulika</b> 11:17AM - 12:36PM	<b>Dhanishtha</b> Until 2:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM
		Yama 8:37AM - 9:57AM	Vajra* Until 5:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:35PM
		896486576 <b>Rahu</b> 1:56PM - 3:16PM	Bava Until 12:17PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 35 - 18
Creative Work	Siddha Yoga		<b>Panchami</b> Until 10:57PM	Moon - Purple	3rd Phase
Until 2:30PM				<b>Pausha-Markali</b>	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					

<b>4 Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashtham Titau			Imphal, India Sun 19 Sutra 255 Subhakrit 5124
Kumbha Rasi: 15.58	Tithi 6	<b>Gulika</b> 9:57AM - 11:17AM	<b>Shatabhishak</b> Until 12:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM
		Yama 7:18AM - 8:38AM	Siddhi Until 2:20PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM
		896486576 <b>Rahu</b> 11:17AM - 12:37PM	Kaulava Until 9:48AM	<b>Nataraja:</b> Clear	Moon 12 - Phase 35 - 19
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 8:46PM	Moon - Purple	3rd Phase
Until 12:38PM				<b>Pausha-Markali</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Vinayaga Viratam Ends</b>			

<b>5 Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau			Imphal, India Sun 20 Sutra 256 Subhakrit 5124
Meena Rasi: 0.02	Tithi 7	<b>Gulika</b> 8:38AM - 9:58AM	<b>Purvaproshtapada*</b> Until 11:42AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM
		Yama 5:59AM - 7:18AM	Vyatipata* Until 11:44AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM
		817486576 <b>Rahu</b> 12:37PM - 1:57PM	Gara Until 7:57AM	<b>Nataraja:</b> Clear	Moon 12 - Phase 35 - 20
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:17PM	Moon - Clear	3rd Phase
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>

<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Visi*/Bava Karana Ashtamyam Titau			Imphal, India Sun 21 Sutra 257 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 7:19AM - 8:38AM	<b>Uttaraproshtapada</b> Until 11:21AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM
Meena Rasi: 13.4	Tithi 8	Yama 1:58PM - 3:17PM	Variyan Until 9:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM
		817486576 <b>Rahu</b> 9:58AM - 11:18AM	Visi Until 6:50AM	<b>Nataraja:</b> Clear	Moon 12 - Phase 35 - 21
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 6:32PM	Moon - Clear	Ashtami
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>

<b>Saturday, December 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau			Imphal, India Sun 22 Sutra 258 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 5:59AM - 7:19AM	<b>Revati</b> Until 11:34AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:59AM
Meena Rasi: 26.53	Tithi 9	Yama 12:38PM - 1:58PM	Parigha* Until 8:14AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:38PM
		817486576 <b>Rahu</b> 8:39AM - 9:59AM	Balava Until 6:27AM	<b>Nataraja:</b> Clear	Moon 12 - Phase 35 - 22
Routine Work	Prabalarishta Yoga		<b>Navami*</b> Until 6:31PM	Moon - Clear	Navami
Until 11:34AM				<b>Pausha-Markali</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>1 Sunday, January 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam			Imphal, India
Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau					Sun 23 Sutra 259
Mesha Rasi: 9.45	Tithi 10	<b>Gulika</b> 1:59PM – 3:19PM	<b>Ashvini</b> Until 12:46PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:00AM	Subhakrit 5124
		Yama 11:19AM – 12:39PM	Shiva Until 7:21AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:38PM	Moon 12 - Phase 36 - 23
	827486576	<b>Rahu</b> 3:19PM – 4:38PM	Taitila Until 6:47AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:11PM	Moon – White	<b>Sivaloka Day</b>
Until 12:46PM				<b>Pausha-Markali</b>	
Then Routine Work - Prabalarishta Yoga					

<b>2 Monday, January 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam			Imphal, India
Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau					Sun 24 Sutra 260
Mesha Rasi: 22.19	Tithi 11	<b>Gulika</b> 12:39PM – 1:59PM	<b>Bharani</b> Until 2:23PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:00AM	Subhakrit 5124
<b>Family Home Evening</b>		Yama 10:00AM – 11:20AM	Siddha Until 6:54AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:39PM	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga	827486576 <b>Rahu</b> 7:20AM – 8:40AM	Vanija Until 7:46AM	<b>Nataraja:</b> Clear	4th Phase
Until 2:23PM		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 8:25PM	Moon – White	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>	

<b>3 Tuesday, January 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam			Imphal, India
Krittika/Rohini Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau					Sun 25 Sutra 261
Vrishabha Rasi: 4.4	Tithi 12	<b>Gulika</b> 11:20AM – 12:40PM	<b>Krittika</b> Until 4:17PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:00AM	Subhakrit 5124
		Yama 8:40AM – 10:00AM	Sadhya Until 6:52AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:40PM	Moon 12 - Phase 36 - 25
	827486576	<b>Rahu</b> 2:00PM – 3:20PM	Bava Until 9:14AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 10:06PM	Moon – White	<b>Sivaloka Day</b>
Until 4:17PM				<b>Pausha-Markali</b>	
Then Creative Work - Amrita Yoga					

<b>4 Wednesday, January 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam			Imphal, India
Rohini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau					Sun 26 Sutra 262
Vrishabha Rasi: 16.51	Tithi 13	<b>Gulika</b> 10:00AM – 11:20AM	<b>Rohini</b> Until 6:51PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:00AM	Subhakrit 5124
		Yama 7:20AM – 8:40AM	Subha Until 7:08AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:40PM	Moon 12 - Phase 36 - 26
	838586576	<b>Rahu</b> 11:20AM – 12:40PM	Kaulava Until 11:05AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 12:06AM Thu	Moon – Yellow	<b>Devaloka Day</b>
				<b>Pausha-Markali</b>	
			<i>Pradosha Vrata</i>		

<b>5 Thursday, January 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam			Imphal, India
Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau					Sun 27 Sutra 263
Vrishabha Rasi: 28.55	Tithi 14	<b>Gulika</b> 8:41AM – 10:01AM	<b>Mrigashira</b> Until 9:29PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:01AM	Subhakrit 5124
		Yama 6:01AM – 7:21AM	Sukla Until 7:35AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:41PM	Moon 12 - Phase 36 - 27
	838586576	<b>Rahu</b> 12:41PM – 2:01PM	Gara Until 1:13PM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 2:20AM Fri	Moon – Yellow	<b>Devaloka Day</b>
		<b>Subramuniyaswami Jayanti</b>		<b>Pausha-Markali</b>	

<b>Friday, January 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam			Imphal, India
<b>Copper Retreat Star</b>		Ardra Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau			Sutra 264
Mithuna Rasi: 10.54	Tithi 15	<b>Gulika</b> 7:21AM – 8:41AM	<b>Ardra</b> Until 12:06AM Sat	<b>Ganesha:</b> White <i>Sunrise:</i> 6:01AM	Subhakrit 5124
		Yama 2:02PM – 3:22PM	Brahma Until 8:12AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:42PM	Moon 12 - Phase 36 - Purnima
	838586576	<b>Rahu</b> 10:01AM – 11:21AM	Visti Until 3:31PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 4:42AM Sat	Moon – Yellow	<b>Devaloka Day</b>
				<b>Pausha-Markali</b>	
		<b>Ardra Darshanam</b>			

<b>Saturday, January 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam			Imphal, India
<b>Silver Retreat Star</b>		Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau			Sutra 265
Mithuna Rasi: 22.5	Tithi 16	<b>Gulika</b> 6:01AM – 7:21AM	<b>Punarvasu</b> Until 3:08AM Sun	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:01AM	Subhakrit 5124
		Yama 12:42PM – 2:02PM	Indra Until 8:55AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:43PM	Moon 12 - Phase 36 - Prathama
	848586576	<b>Rahu</b> 8:41AM – 10:02AM	Balava Until 5:56PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 7:09AM Sun	Moon – Blue	<b>Sivaloka Day</b>
				<b>Pausha-Markali</b>	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 4.44    Tithi 16 – 17

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vaidhriti/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 2:03PM – 3:23PM  
**Yama** 11:22AM – 12:42PM  
**Rahu** 3:23PM – 4:43PM

**Pushya Until 6:03AM Mon**  
Vaidhriti\* Until 9:40AM  
Taitila Until 8:25PM  
**Prathama\* Until 7:09AM**

**Ganesha:** Clear    *Sunrise: 6:01AM*  
**Muruqa:** Purple    *Sunset: 4:43PM*  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

Imphal, India  
Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 -  
1st Phase

**1**

**Monday, January 9, 2023**

Kataka Rasi: 16.38    Tithi 17 – 18

848586576

**Family Home Evening**  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 12:43PM – 2:03PM  
**Yama** 10:02AM – 11:23AM  
**Rahu** 7:22AM – 8:42AM

**Pushya Until 6:03AM**  
Vishkambha\* Until 10:27AM  
Vanija Until 10:55PM  
**Dvitiya Until 9:39AM**

**Ganesha:** Clear    *Sunrise: 6:01AM*  
**Muruqa:** Purple    *Sunset: 4:44PM*  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

Imphal, India  
Sun 1    Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

**2**

**Tuesday, January 10, 2023**

Kataka Rasi: 28.31    Tithi 18 – 19

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika** 11:23AM – 12:43PM  
**Yama** 8:42AM – 10:03AM  
**Rahu** 2:04PM – 3:24PM

**Ashlesha\* Until 8:47AM**  
Priti Until 11:15AM  
Bava Until 1:21AM Wed  
**Tritiya Until 12:07PM**

**Ganesha:** Clear    *Sunrise: 6:01AM*  
**Muruqa:** Purple    *Sunset: 4:45PM*  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

**Sivaloka Day**

Imphal, India  
Sun 2    Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 10.27    Tithi 19 – 20

859586576

Creative Work    Siddha Yoga  
Until 11:46AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:03AM – 11:23AM  
**Yama** 7:22AM – 8:43AM  
**Rahu** 11:23AM – 12:44PM

**Magha\* Until 11:46AM**  
Ayushman Until 11:56AM  
Kaulava Until 3:37AM Thu  
**Chaturthi\* Until 2:29PM**

**Ganesha:** Clear    *Sunrise: 6:02AM*  
**Muruqa:** Purple    *Sunset: 4:45PM*  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

**Sivaloka Day**

Imphal, India  
Sun 3    Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

**4**

**Thursday, January 12, 2023**

Simha Rasi: 22.27    Tithi 20 – 21

859586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 8:43AM – 10:03AM  
**Yama** 6:02AM – 7:22AM  
**Rahu** 12:44PM – 2:05PM

**Purvaphalguni Until 2:21PM**  
Saubhagya Until 12:28PM  
Gara Until 5:33AM Fri  
**Panchami Until 4:37PM**

**Ganesha:** Clear    *Sunrise: 6:02AM*  
**Muruqa:** Purple    *Sunset: 4:46PM*  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

**Sivaloka Day**

Imphal, India  
Sun 4    Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

**5**

**Friday, January 13, 2023**

Kanya Rasi: 4.35    Tithi 21

859586576

Creative Work    Siddha Yoga  
Until 4:25PM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Vanija Karana Shashthyam Titau

**Gulika** 7:22AM – 8:43AM  
**Yama** 2:06PM – 3:26PM  
**Rahu** 10:04AM – 11:24AM

**Uttaraphalguni Until 4:25PM**  
Sobhana Until 12:43PM  
Vanija Until 6:20PM  
**Shashthi\* Until 6:20PM**

**Ganesha:** Clear    *Sunrise: 6:02AM*  
**Muruqa:** Purple    *Sunset: 4:47PM*  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

**Sivaloka Day**

Imphal, India  
Sun 5    Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

**6**

**Saturday, January 14, 2023**

Kanya Rasi: 16.55    Tithi 22

869586576

Routine Work    Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 6:02AM – 7:22AM  
**Yama** 12:45PM – 2:06PM  
**Rahu** 8:43AM – 10:04AM

**Hasta Until 6:16PM**  
Athiganda\* Until 12:33PM  
Visti Until 7:00AM  
**Saptami Until 7:28PM**

**Ganesha:** White    *Sunrise: 6:02AM*  
**Muruqa:** Purple    *Sunset: 4:48PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

**Subha Sivaloka Day**

Imphal, India  
Sun 6    Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

**Retreat Star**

**Sunday, January 15, 2023**

Kanya Rasi: 29.32    Tithi 23

869586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 2:07PM – 3:28PM  
**Yama** 11:25AM – 12:46PM  
**Rahu** 3:28PM – 4:48PM

**Chitra Until 7:15PM**  
Sukarma Until 11:51AM  
Balava Until 7:47AM  
**Ashtami\* Until 7:51PM**

**Ganesha:** White    *Sunrise: 6:02AM*  
**Muruqa:** Purple    *Sunset: 4:48PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

**Subha Sivaloka Day**

Imphal, India  
Sun 7    Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
Ashtami

**Monday, January 16, 2023**

**Retreat Star**

Tula Rasi: 12.32    Tithi 24

869586576

**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 7:16PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 12:46PM – 2:07PM  
**Yama** 10:04AM – 11:25AM  
**Rahu** 7:23AM – 8:44AM

**Svati Until 7:16PM**  
Dhriti Until 10:33AM  
Taitila Until 7:45AM  
**Navami\* Until 7:24PM**

**Ganesha:** White    *Sunrise: 6:02AM*  
**Muruqa:** Purple    *Sunset: 4:49PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

**Subha Sivaloka Day**

Imphal, India  
Sun 8    Sutra 274  
Subhakrit 5124  
Moon 1 - Phase 37 - 8  
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Imphal, India on 5/1/20


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<b>1</b>	<b>Tuesday, January 17, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Imphal, India
			Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 275
Tula Rasi: 25.59	Tithi 25		<b>Gulika</b> 11:26AM – 12:47PM	<b>Vishakha</b> Until 6:45PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:02AM	Subhakra 5124	
		879586576	Yama 8:44AM – 10:05AM	Shula* Until 8:33AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:50PM	Moon 1 - Phase 38 - 9	
Routine Work	Marana Yoga		<b>Rahu</b> 2:08PM – 3:29PM	Vanija Until 6:53AM	<b>Nataraja:</b> Clear	2nd Phase	
Until 6:45PM				<b>Dashami</b> Until 6:06PM	Moon – Orange		
Then Creative Work - Siddha Yoga					Pausha*Thai	<b>Sivaloka Day</b>	

<b>2</b>	<b>Wednesday, January 18, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Imphal, India
			Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Sun 10 Sutra 276
Vrischika Rasi: 9.55	Tithi 26 – 27		<b>Gulika</b> 10:05AM – 11:26AM	<b>Anuradha</b> Until 5:18PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:02AM	Subhakra 5124	
		879586576	Yama 7:23AM – 8:44AM	Vriddhi Until 2:41AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:51PM	Moon 1 - Phase 38 - 10	
Creative Work	Siddha Yoga		<b>Rahu</b> 11:26AM – 12:47PM	Kaulava Until 2:43AM Thu	<b>Nataraja:</b> Clear	2nd Phase	
				<b>Ekadashi*</b> Until 4:00PM	Moon – Orange		
					Pausha*Thai	<b>Sivaloka Day</b>	

<b>3</b>	<b>Thursday, January 19, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Imphal, India
			Jyeshtha*/Mula* Nakshatra Dhruva Yoga Taila/Gara Karana Dvadasht/Trayodashyam Titau				Sun 11 Sutra 277
Vrischika Rasi: 24.2	Tithi 27 – 28		<b>Gulika</b> 8:44AM – 10:05AM	<b>Jyeshtha*</b> Until 3:03PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:01AM	Subhakra 5124	
		871586576	Yama 6:01AM – 7:23AM	Dhruva Until 10:56PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:51PM	Moon 1 - Phase 38 - 11	
Routine Work	Prabalarishta Yoga		<b>Rahu</b> 12:48PM – 2:09PM	Gara Until 11:39PM	<b>Nataraja:</b> Clear	2nd Phase	
Until 3:03PM				<b>Dvadasht*</b> Until 1:14PM	Moon – Orange		
Then Creative Work - Siddha Yoga					Pausha*Thai	<b>Sivaloka Day</b>	
					<i>Pradosha Vrata (Fasting)</i>		

<b>4</b>	<b>Friday, January 20, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Imphal, India
			Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 278
Dhanus Rasi: 9.12	Tithi 28 – 29		<b>Gulika</b> 7:23AM – 8:44AM	<b>Mula*</b> Until 12:34PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:01AM	Subhakra 5124	
		881586576	Yama 2:09PM – 3:31PM	Vyaghata* Until 6:50PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:52PM	Moon 1 - Phase 38 - 12	
Creative Work	Amrita Yoga		<b>Rahu</b> 10:05AM – 11:27AM	Visti Until 8:08PM	<b>Nataraja:</b> Clear	2nd Phase	
Until 12:34PM				<b>Trayodashi*</b> Until 9:55AM	Moon – Light Blue		
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	<b>Sivaloka Day</b>	

	<b>Saturday, January 21, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Imphal, India
	<b>Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 279
Dhanus Rasi: 24.22	Tithi 29 – 30		<b>Gulika</b> 6:01AM – 7:23AM	<b>Purvashadha*</b> Until 9:36AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:01AM	Subhakra 5124	
		881586576	Yama 12:48PM – 2:10PM	Harshana Until 2:31PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:53PM	Moon 1 - Phase 38 - 13	
Creative Work	Siddha Yoga		<b>Rahu</b> 8:44AM – 10:06AM	Naga Until 2:23AM Sun	<b>Nataraja:</b> Clear	Amavasya	
Until 9:36AM				<b>Chaturdashi*</b> Until 6:14AM	Moon – Light Blue		
Then Routine Work - Marana Yoga					Pausha*Thai	<b>Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Sunday, January 22, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Imphal, India
			Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 280
Makara Rasi: 9.41	Tithi 1		<b>Gulika</b> 2:10PM – 3:32PM	<b>Uttarashadha</b> Until 6:21AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:01AM	Subhakra 5124	
		881586576	Yama 11:27AM – 12:49PM	Vajra* Until 10:04AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:54PM	Moon 1 - Phase 38 - 14	
Creative Work	Amrita Yoga		<b>Rahu</b> 3:32PM – 4:54PM	Kintughna Until 12:27PM	<b>Nataraja:</b> Clear	Prathama	
				<b>Prathama*</b> Until 10:31PM	Moon – Light Blue		
					Magha*Thai	<b>Sivaloka Day</b>	

<b>Monday, January 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Imphal, India Sun 15 Sutra 281 Subhakrit 5124
<b>1</b>	Makara Rasi: 24.59 Tithi 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 12:30AM Tue Then Routine Work - Marana Yoga	<b>Gulika</b> 12:49PM – 2:11PM Yama 10:06AM – 11:28AM <b>Rahu</b> 7:22AM – 8:44AM	<b>Dhanishtha Until 12:30AM Tue</b> Vyatipata* Until 1:31AM Tue Balava Until 8:39AM <b>Dvitiya Until 6:49PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple Magha*Thai	<i>Sunrise:</i> 6:01AM <i>Sunset:</i> 4:54PM	Moon 1 - Phase 39 - 15 3rd Phase <b>Sivaloka Day</b>

<b>Tuesday, January 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Imphal, India Sun 16 Sutra 282 Subhakrit 5124
<b>2</b>	Kumbha Rasi: 10.05 Tithi 3 – 4 911586576 Routine Work Marana Yoga	<b>Gulika</b> 11:28AM – 12:50PM Yama 8:44AM – 10:06AM <b>Rahu</b> 2:11PM – 3:33PM	<b>Shatabhishak Until 9:54PM</b> Variyan Until 9:39PM Vanija Until 2:01AM Wed <b>Tritiya Until 3:29PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple Magha*Thai	<i>Sunrise:</i> 6:01AM <i>Sunset:</i> 4:55PM	Moon 1 - Phase 39 - 16 3rd Phase <b>Sivaloka Day</b>

<b>Wednesday, January 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chalurthi/Panchamyam Titau				Imphal, India Sun 17 Sutra 283 Subhakrit 5124
<b>3</b>	Kumbha Rasi: 24.5 Tithi 4 – 5 911586576 Creative Work Amrita Yoga Until 8:08PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:06AM – 11:28AM Yama 7:22AM – 8:44AM <b>Rahu</b> 11:28AM – 12:50PM	<b>Purvaprossthapada* Until 8:08PM</b> Parigha* Until 6:16PM Bava Until 11:31PM <b>Chaturthi* Until 12:39PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear Magha*Thai	<i>Sunrise:</i> 6:00AM <i>Sunset:</i> 4:56PM	Moon 1 - Phase 39 - 17 3rd Phase <b>Subha Sivaloka Day</b>

<b>Thursday, January 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Imphal, India Sun 18 Sutra 284 Subhakrit 5124
<b>4</b>	Meena Rasi: 9.09 Tithi 5 – 6 911586576 Creative Work Siddha Yoga	<b>Gulika</b> 8:44AM – 10:06AM Yama 6:00AM – 7:22AM <b>Rahu</b> 12:50PM – 2:12PM	<b>Uttaraprossthapada Until 6:56PM</b> Shiva Until 3:29PM Kaulava Until 9:45PM <b>Panchami Until 10:31AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear Magha*Thai	<i>Sunrise:</i> 6:00AM <i>Sunset:</i> 4:56PM	Moon 1 - Phase 39 - 18 3rd Phase <b>Subha Sivaloka Day</b>

<b>Friday, January 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Imphal, India Sun 19 Sutra 285 Subhakrit 5124
<b>5</b>	Meena Rasi: 22.57 Tithi 6 – 7 911586576 Creative Work Siddha Yoga Until 6:25PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:22AM – 8:44AM Yama 2:13PM – 3:35PM <b>Rahu</b> 10:06AM – 11:28AM	<b>Revati Until 6:25PM</b> Siddha Until 1:18PM Gara Until 8:50PM <b>Shashthi* Until 9:10AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear Magha*Thai	<i>Sunrise:</i> 6:00AM <i>Sunset:</i> 4:57PM	Moon 1 - Phase 39 - 19 3rd Phase <b>Subha Sivaloka Day</b>

<b>Saturday, January 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Imphal, India Sun 20 Sutra 286 Subhakrit 5124
<b>Retreat Star</b>	Mesha Rasi: 6.16 Tithi 7 – 8 921586576 Creative Work Siddha Yoga	<b>Gulika</b> 5:59AM – 7:22AM Yama 12:51PM – 2:13PM <b>Rahu</b> 8:44AM – 10:06AM	<b>Ashvini Until 7:02PM</b> Sadhya Until 11:50AM Visti Until 8:48PM <b>Saptami Until 8:41AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White Magha*Thai	<i>Sunrise:</i> 5:59AM <i>Sunset:</i> 4:58PM	Moon 1 - Phase 39 - 20 Ashtami <b>Sivaloka Day</b>

<b>Sunday, January 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Imphal, India Sun 21 Sutra 287 Subhakrit 5124
<b>Retreat Star</b>	Mesha Rasi: 19.09 Tithi 8 – 9 922686576 Routine Work Prabalarishta Yoga Until 8:18PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:14PM – 3:36PM Yama 11:29AM – 12:51PM <b>Rahu</b> 3:36PM – 4:59PM	<b>Bharani Until 8:18PM</b> Subha Until 11:01AM Balava Until 9:34PM <b>Ashtami* Until 9:04AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White Magha*Thai	<i>Sunrise:</i> 5:59AM <i>Sunset:</i> 4:59PM	Moon 1 - Phase 39 - 21 Navami <b>Sivaloka Day</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>Monday, January 30, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Imphal, India Sun 22 Sutra 288 Subhakarit 5124
<b>1</b>		<b>Gulika</b> 12:52PM – 2:14PM	<b>Krittika</b> <b>Until 10:05PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	
Virshabha Rasi: 1.4	Tithi 9 – 10	Yama 10:06AM – 11:29AM	Sukla Until 10:46AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 1 - Phase 40 - 22
<b>Family Home Evening</b>	922686576	<b>Rahu</b> 7:21AM – 8:44AM	Taitila Until 11:02PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Navami* Until 10:12AM</b>	Moon – White		<b>Sivaloka Day</b>
Until 10:05PM				Magha-Thai		
Then Creative Work - Amrita Yoga						

<b>Tuesday, January 31, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Imphal, India Sun 23 Sutra 289 Subhakarit 5124
<b>2</b>		<b>Gulika</b> 11:29AM – 12:52PM	<b>Rohini</b> <b>Until 12:41AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	
Virshabha Rasi: 13.55	Tithi 10 – 11	Yama 8:44AM – 10:07AM	Brahma Until 10:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 40 - 23
<b>Creative Work</b>	932686576	<b>Rahu</b> 2:15PM – 3:37PM	Vanija Until 1:01AM Wed	<b>Nataraja:</b> Clear		4th Phase
Amrita Yoga			<b>Dashami</b> <b>Until 11:57AM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Until 12:41AM Wed				Magha-Thai		
Then Creative Work - Siddha Yoga						

<b>Wednesday, February 1, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Imphal, India Sun 24 Sutra 290 Subhakarit 5124
<b>3</b>		<b>Gulika</b> 10:07AM – 11:29AM	<b>Mrigashira</b> <b>Until 3:26AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	
Virshabha Rasi: 25.59	Tithi 11 – 12	Yama 7:21AM – 8:44AM	Indra Until 11:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 40 - 24
<b>Creative Work</b>	932686576	<b>Rahu</b> 11:29AM – 12:52PM	Bava Until 3:20AM Thu	<b>Nataraja:</b> Clear		4th Phase
Siddha Yoga			<b>Ekadashi</b> <b>Until 2:07PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Until 3:26AM Thu				Magha-Thai		
Then Routine Work - Marana Yoga						

<b>Thursday, February 2, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Imphal, India Sun 25 Sutra 291 Subhakarit 5124
<b>4</b>		<b>Gulika</b> 8:44AM – 10:07AM	<b>Ardra</b> <b>Until 6:10AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	
Mithuna Rasi: 7.56	Tithi 12 – 13	Yama 5:58AM – 7:21AM	Vaidhriti* Until 12:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 40 - 25
<b>Routine Work</b>	932686576	<b>Rahu</b> 12:52PM – 2:15PM	Kaulava Until 5:48AM Fri	<b>Nataraja:</b> Clear		4th Phase
Marana Yoga			<b>Dvadashi</b> <b>Until 4:32PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Until 6:10AM Fri				Magha-Thai		
Then Creative Work - Siddha Yoga						
						<i>Pradosha Vrata</i>

<b>Friday, February 3, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila Karana Trayodashyam Titau				Imphal, India Sun 26 Sutra 292 Subhakarit 5124
<b>5</b>		<b>Gulika</b> 7:21AM – 8:44AM	<b>Ardra</b> <b>Until 6:10AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	
Mithuna Rasi: 19.49	Tithi 13	Yama 2:15PM – 3:38PM	Vishkambha* Until 1:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 40 - 26
<b>Creative Work</b>	932686576	<b>Rahu</b> 10:07AM – 11:30AM	Taitila Until 7:02PM	<b>Nataraja:</b> Clear		4th Phase
Siddha Yoga			<b>Trayodashi</b> <b>Until 7:02PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
				Magha-Thai		

<b>Saturday, February 4, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Imphal, India Sun 27 Sutra 293 Subhakarit 5124
<b>6</b>		<b>Gulika</b> 5:57AM – 7:20AM	<b>Punarvasu</b> <b>Until 9:17AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	
Kataka Rasi: 1.42	Tithi 14	Yama 12:53PM – 2:16PM	Priti Until 1:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 40 - 27
<b>Creative Work</b>	942686577	<b>Rahu</b> 8:43AM – 10:07AM	Gara Until 8:19AM	<b>Nataraja:</b> Orange		4th Phase
Siddha Yoga			<b>Chaturdashi* Until 9:32PM</b>	Moon – Blue		<b>Sivaloka Day</b>
				Magha-Thai		
						<b>Thai Pusam</b>

<b>Sunday, February 5, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Imphal, India Sutra 294 Subhakarit 5124
<b>○</b>		<b>Gulika</b> 2:16PM – 3:40PM	<b>Pushya</b> <b>Until 12:11PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	
Kataka Rasi: 13.35	Tithi 15	Yama 11:30AM – 12:53PM	Ayushman Until 2:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 40 -
<b>Copper Retreat Star</b>	942686577	<b>Rahu</b> 3:40PM – 5:03PM	Visti Until 10:47AM	<b>Nataraja:</b> Orange		Purnima
Siddha Yoga			<b>Purnima* Until 11:57PM</b>	Moon – Blue		<b>Sivaloka Day</b>
				Magha-Thai		

<b>Monday, February 6, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Imphal, India Sutra 295 Subhakarit 5124
<b>○</b>		<b>Gulika</b> 12:53PM – 2:17PM	<b>Ashlesha*</b> <b>Until 2:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	
Kataka Rasi: 25.31	Tithi 16	Yama 10:06AM – 11:30AM	Saubhagya Until 3:20PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 40 -
<b>Family Home Evening</b>	942686577	<b>Rahu</b> 7:20AM – 8:43AM	Balava Until 1:09PM	<b>Nataraja:</b> Orange		Prathama
Siddha Yoga			<b>Prathama* Until 2:16AM Tue</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 2:49PM				Magha-Thai		
Then Routine Work - Marana Yoga						





Tuesday, February 7, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Imphal, India

Sutra 296

Subhakrit 5124

Simha Rasi: 7.29 Tithi 17

952686577

**Gulika** 11:30AM – 12:53PM  
**Yama** 8:43AM – 10:06AM  
**Rahu** 2:17PM – 3:41PM

**Magha\* Until 5:40PM**

Sobhana Until 3:57PM

Taitila Until 3:24PM

**Dvitiya Until 4:25AM Wed**

**Ganesha:** Purple

*Sunrise:* 5:56AM

**Muruqa:** Purple

*Sunset:* 5:04PM

**Nataraja:** Orange

Moon – Red

**Magha\*Thai**

Moon 2 - Phase 41 -

1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Wednesday, February 8, 2023

1

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Imphal, India

Sun 1 Sutra 297

Subhakrit 5124

Simha Rasi: 19.31 Tithi 18

952686577

**Gulika** 10:06AM – 11:30AM  
**Yama** 7:19AM – 8:43AM  
**Rahu** 11:30AM – 12:54PM

**Purvaphalguni Until 8:10PM**

Athiganda\* Until 4:24PM

Vanija Until 5:27PM

**Tritiya Until 6:22AM Thu**

**Ganesha:** Purple

*Sunrise:* 5:55AM

**Muruqa:** Purple

*Sunset:* 5:05PM

**Nataraja:** Orange

Moon – Red

**Magha\*Thai**

Moon 2 - Phase 41 - 1

1st Phase

**Subha Sivaloka Day**

Creative Work Amrita Yoga

Thursday, February 9, 2023

2

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Imphal, India

Sun 2 Sutra 298

Subhakrit 5124

Kanya Rasi: 1.38 Tithi 18 – 19

952686577

**Gulika** 8:42AM – 10:06AM  
**Yama** 5:55AM – 7:18AM  
**Rahu** 12:54PM – 2:18PM

**Uttaraphalguni Until 10:15PM**

Sukarma Until 4:41PM

Bava Until 7:14PM

**Tritiya Until 6:22AM**

**Ganesha:** Purple

*Sunrise:* 5:55AM

**Muruqa:** Purple

*Sunset:* 5:06PM

**Nataraja:** Orange

Moon – Red

**Magha\*Thai**

Moon 2 - Phase 41 - 2

1st Phase

**Subha Sivaloka Day**

Until 10:15PM  
Then Routine Work - Marana Yoga

**Maha Sankatahara Chaturthi**

Friday, February 10, 2023

3

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Imphal, India

Sun 3 Sutra 299

Subhakrit 5124

Kanya Rasi: 13.52 Tithi 19 – 20

962686577

**Gulika** 7:18AM – 8:42AM  
**Yama** 2:18PM – 3:42PM  
**Rahu** 10:06AM – 11:30AM

**Hasta Until 12:18AM Sat**

Dhriti Until 4:43PM

Kaulava Until 8:41PM

**Chaturthi\* Until 7:59AM**

**Ganesha:** Clear

*Sunrise:* 5:54AM

**Muruqa:** Purple

*Sunset:* 5:06PM

**Nataraja:** Orange

Moon – Green

**Magha\*Thai**

Moon 2 - Phase 41 - 3

1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 12:18AM Sat

Then Routine Work - Marana Yoga

Saturday, February 11, 2023

4

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Imphal, India

Sun 4 Sutra 300

Subhakrit 5124

Kanya Rasi: 26.17 Tithi 20 – 21

963686577

**Gulika** 5:53AM – 7:18AM  
**Yama** 12:54PM – 2:18PM  
**Rahu** 8:42AM – 10:06AM

**Chitra Until 1:43AM Sun**

Shula\* Until 4:22PM

Gara Until 9:38PM

**Panchami Until 9:12AM**

**Ganesha:** Purple

*Sunrise:* 5:53AM

**Muruqa:** Purple

*Sunset:* 5:07PM

**Nataraja:** Orange

Moon – Green

**Magha\*Thai**

Moon 2 - Phase 41 - 4

1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 1:43AM Sun

Then Creative Work - Siddha Yoga

Sunday, February 12, 2023

5

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi\* Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Imphal, India

Sun 5 Sutra 301

Subhakrit 5124

Tula Rasi: 8.56 Tithi 21 – 22

963686577

**Gulika** 2:19PM – 3:43PM  
**Yama** 11:30AM – 12:54PM  
**Rahu** 3:43PM – 5:07PM

**Svati Until 2:22AM Mon**

Ganda\* Until 3:36PM

Visiti Until 9:59PM

**Shashthi\* Until 9:52AM**

**Ganesha:** Purple

*Sunrise:* 5:53AM

**Muruqa:** Purple

*Sunset:* 5:07PM

**Nataraja:** Orange

Moon – Green

**Magha\*Thai**

Moon 2 - Phase 41 - 5

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 2:22AM Mon

Then Routine Work - Marana Yoga

Monday, February 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Imphal, India

Sun 6 Sutra 302

Subhakrit 5124

Tula Rasi: 21.53 Tithi 22 – 23

973686577

**Gulika** 12:55PM – 2:19PM  
**Yama** 10:06AM – 11:30AM  
**Rahu** 7:17AM – 8:41AM

**Vishakha Until 2:38AM Tue**

Vridhhi Until 2:19PM

Balava Until 9:37PM

**Saptami Until 9:52AM**

**Ganesha:** Clear

*Sunrise:* 5:52AM

**Muruqa:** Purple

*Sunset:* 5:08PM

**Nataraja:** Orange

Moon – Orange

**Magha\*Masi**

Moon 2 - Phase 41 - 6

Ashtami

**Sivaloka Day**

Routine Work Marana Yoga

Until 2:38AM Tue

Then Creative Work - Siddha Yoga

Tuesday, February 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Imphal, India

Sun 7 Sutra 303

Subhakrit 5124

Vrischika Rasi: 5.13 Tithi 23 – 24

973686577

**Gulika** 11:30AM – 12:55PM  
**Yama** 8:41AM – 10:05AM  
**Rahu** 2:19PM – 3:44PM

**Anuradha Until 2:02AM Wed**

Dhruva Until 12:26PM

Taitila Until 8:32PM

**Ashtami\* Until 9:09AM**

**Ganesha:** Clear

*Sunrise:* 5:52AM

**Muruqa:** Purple

*Sunset:* 5:09PM

**Nataraja:** Orange

Moon – Orange

**Magha\*Masi**

Moon 2 - Phase 41 - 7

Navami

**Sivaloka Day**

Creative Work Siddha Yoga

1	<b>Wednesday, February 15, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Imphal, India Sun 8 Sutra 304 Subhakarit 5124	
	Wrischika Rasi: 18.57	Tithi 24 – 25	Gulika Yama	10:05AM – 11:30AM 7:16AM – 8:40AM	Jyeshtha* Vyaghata* Vanija	Until 12:35AM Thu Until 9:59AM Until 6:43PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange	Sunrise: 5:51AM Sunset: 5:09PM Moon 2 - Phase 42 - 8 2nd Phase
	Creative Work Siddha Yoga		973686577	Rahu	11:30AM – 12:55PM		Navami* Magha-Masi	Sivaloka Day

2	<b>Thursday, February 16, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Imphal, India Sun 9 Sutra 305 Subhakarit 5124	
	Dhanus Rasi: 3.08	Tithi 26	Gulika Yama	8:40AM – 10:05AM 5:50AM – 7:15AM	Mula* Harshana Bava	Until 10:48PM Until 6:59AM Until 4:14PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue	Sunrise: 5:50AM Sunset: 5:10PM Moon 2 - Phase 42 - 9 2nd Phase
	Creative Work Siddha Yoga		983686577	Rahu	12:55PM – 2:20PM		Ekadashi* Magha-Masi	Devaloka Day

3	<b>Friday, February 17, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Imphal, India Sun 10 Sutra 306 Subhakarit 5124	
	Dhanus Rasi: 17.44	Tithi 27	Gulika Yama	7:15AM – 8:40AM 2:20PM – 3:45PM	Purvashadha* Siddhi Kaulava	Until 8:23PM Until 11:38PM Until 1:13PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue	Sunrise: 5:49AM Sunset: 5:11PM Moon 2 - Phase 42 - 10 2nd Phase
	Routine Work Prabalarishta Yoga Until 8:23PM Then Routine Work - Marana Yoga		983686577	Rahu	10:05AM – 11:30AM		Dvadashi* Magha-Masi	Devaloka Day

4	<b>Saturday, February 18, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Imphal, India Sun 11 Sutra 307 Subhakarit 5124	
	Makara Rasi: 2.4	Tithi 28	Gulika Yama	5:49AM – 7:14AM 12:55PM – 2:21PM	Uttarashadha* Vyatipata* Gara	Until 5:29PM Until 7:31PM Until 9:49AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue	Sunrise: 5:49AM Sunset: 5:11PM Moon 2 - Phase 42 - 11 2nd Phase
	Routine Work Marana Yoga Until 5:29PM Then Creative Work - Siddha Yoga		983686577	Rahu	8:39AM – 10:05AM		Trayodashi* Magha-Masi	Devaloka Day
	<i>Pradosha Vrata (Fasting)</i>							

5	<b>Sunday, February 19, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyani/Parigtha* Yoga Visti/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Imphal, India Sun 12 Sutra 308 Subhakarit 5124	
	Makara Rasi: 17.49	Tithi 29 – 30	Gulika Yama	2:21PM – 3:46PM 11:30AM – 12:55PM	Shravana Variyan Visti	Until 2:41PM Until 3:15PM Until 6:10AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple	Sunrise: 5:48AM Sunset: 5:12PM Moon 2 - Phase 42 - 12 2nd Phase
	Creative Work Amrita Yoga Until 2:41PM Then Routine Work - Marana Yoga		993686577	Rahu	3:46PM – 5:12PM		Chaturdashi* Magha-Masi	Devaloka Day

●	<b>Monday, February 20, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigtha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Imphal, India Sun 13 Sutra 309 Subhakarit 5124			
	<b>Retreat Star</b>		Kumbha Rasi: 3.01	Tithi 30 – 1	Gulika Yama	12:55PM – 2:21PM 10:04AM – 11:30AM	Dhanishtha Parigtha* Kintughna	Until 11:46AM Until 11:01AM Until 10:51PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple	Sunrise: 5:47AM Sunset: 5:12PM Moon 2 - Phase 42 - 13 Amavasya
	<b>Family Home Evening</b>		993686577	Rahu	7:13AM – 8:39AM		Amavasya* Magha-Masi	Devaloka Day		
	<i>Pradosha Vrata (Fasting)</i>									

●	<b>Tuesday, February 21, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Imphal, India Sun 14 Sutra 310 Subhakarit 5124			
	<b>Retreat Star</b>		Kumbha Rasi: 18.06	Tithi 1 – 2	Gulika Yama	11:30AM – 12:56PM 8:38AM – 10:04AM	Shatabhishak Shiva Balava	Until 8:53AM Until 6:57AM Until 7:32PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple	Sunrise: 5:47AM Sunset: 5:13PM Moon 2 - Phase 42 - 14 Prathama
	<b>Routine Work Marana Yoga</b>		993686577	Rahu	2:21PM – 3:47PM		Prathama* Phalgun-Masi	Devaloka Day		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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<b>1</b>		<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Gara Karana Dviliya/Trityayam Titau			Imphal, India Sun 15 Sutra 311 Subhakrit 5124
Meena Rasi: 2.55	Tithi 2 - 3	913686577	<b>Gulika</b> 10:04AM - 11:30AM Yama 7:12AM - 8:38AM <b>Rahu</b> 11:30AM - 12:56PM	<b>Purvaproshtapada* Until 6:40AM</b> Sadhya Until 11:46PM Gara Until 3:27AM Thu <b>Dvitiya Until 6:01AM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - Clear Phalguna-Masi	Sunrise: 5:46AM Sunset: 5:13PM	Moon 2 - Phase 43 - 15 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 6:40AM Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthyam Titau			Imphal, India Sun 16 Sutra 312 Subhakrit 5124
Meena Rasi: 17.2	Tithi 4	913786577	<b>Gulika</b> 8:37AM - 10:03AM Yama 5:45AM - 7:11AM <b>Rahu</b> 12:56PM - 2:22PM	<b>Revati Until 3:35AM Fri</b> Subha Until 8:57PM Vanija Until 2:27PM <b>Chaturthi* Until 1:35AM Fri</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - Clear Phalguna-Masi	Sunrise: 5:45AM Sunset: 5:14PM	Moon 2 - Phase 43 - 16 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 3:35AM Fri Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					
<b>3</b>		<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau			Imphal, India Sun 17 Sutra 313 Subhakrit 5124
Mesha Rasi: 1.17	Tithi 5	923786577	<b>Gulika</b> 7:10AM - 8:37AM Yama 2:22PM - 3:48PM <b>Rahu</b> 10:03AM - 11:29AM	<b>Ashvini Until 3:25AM Sat</b> Sukla Until 6:45PM Bava Until 12:58PM <b>Panchami Until 12:32AM Sat</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - White Phalguna-Masi	Sunrise: 5:44AM Sunset: 5:15PM	Moon 2 - Phase 43 - 17 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 3:25AM Sat Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau			Imphal, India Sun 18 Sutra 314 Subhakrit 5124
Mesha Rasi: 14.45	Tithi 6	923786577	<b>Gulika</b> 5:43AM - 7:10AM Yama 12:56PM - 2:22PM <b>Rahu</b> 8:36AM - 10:03AM	<b>Bharani Until 3:57AM Sun</b> Brahma Until 5:14PM Kaulava Until 12:21PM <b>Shashthi* Until 12:20AM Sun</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - White Phalguna-Masi	Sunrise: 5:43AM Sunset: 5:15PM	Moon 2 - Phase 43 - 18 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							
<b>5</b>		<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau			Imphal, India Sun 19 Sutra 315 Subhakrit 5124
Mesha Rasi: 27.45	Tithi 7	924786577	<b>Gulika</b> 2:22PM - 3:49PM Yama 11:29AM - 12:56PM <b>Rahu</b> 3:49PM - 5:16PM	<b>Krittika Until 5:09AM Mon</b> Indra Until 4:25PM Gara Until 12:35PM <b>Saptami Until 1:00AM Mon</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - White Phalguna-Masi	Sunrise: 5:43AM Sunset: 5:16PM	Moon 2 - Phase 43 - 19 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 5:09AM Mon Then Creative Work - Amrita Yoga							
<b>Monday, February 27, 2023</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau			Imphal, India Sun 20 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 10.21	Tithi 8	934786577	<b>Gulika</b> 12:56PM - 2:23PM Yama 10:02AM - 11:29AM <b>Rahu</b> 7:08AM - 8:35AM	<b>Rohini Until 7:21AM Tue</b> Vaidhriti* Until 4:11PM Visti Until 1:39PM <b>Ashtami* Until 2:25AM Tue</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - Yellow Phalguna-Masi	Sunrise: 5:42AM Sunset: 5:16PM	Moon 2 - Phase 43 - 20 Ashtami <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 7:21AM Tue Then Creative Work - Siddha Yoga							
<b>Tuesday, February 28, 2023</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau			Imphal, India Sun 21 Sutra 317 Subhakrit 5124
Vrishabha Rasi: 22.38	Tithi 9	934786577	<b>Gulika</b> 11:29AM - 12:56PM Yama 8:35AM - 10:02AM <b>Rahu</b> 2:23PM - 3:50PM	<b>Rohini Until 7:21AM</b> Vishkambha* Until 4:27PM Balava Until 3:22PM <b>Navami* Until 4:24AM Wed</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - Yellow Phalguna-Masi	Sunrise: 5:41AM Sunset: 5:17PM	Moon 2 - Phase 43 - 21 Navami <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 7:21AM Then Creative Work - Siddha Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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Thursday, March 9, 2023

Gold Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Imphal, India  
Sun 1 Sutra 326  
Subhakit 5124

Kanya Rasi: 10.53 Tithi 17

164786577

**Gulika** 8:29AM – 9:58AM  
**Yama** 5:32AM – 7:00AM  
**Rahu** 12:55PM – 2:24PM

**Hasta** **Until 5:55AM Fri**  
Ganda\* Until 9:04PM  
Taitila Until 8:22AM  
**Dvitiya** **Until 8:54PM**

**Ganesha:** White *Sunrise:* 5:32AM  
**Muruqa:** Purple *Sunset:* 5:22PM  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Routine Work Marana Yoga

Until 5:55AM Fri

Then Creative Work - Siddha Yoga

1

Friday, March 10, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Imphal, India  
Sun 2 Sutra 327  
Subhakit 5124

Kanya Rasi: 23.22 Tithi 18

165786577

**Gulika** 7:00AM – 8:29AM  
**Yama** 2:24PM – 3:53PM  
**Rahu** 9:57AM – 11:26AM

**Chitra** **Until 7:10AM Sat**  
Vriddhi Until 8:37PM  
Vanija Until 9:23AM  
**Tritiya** **Until 9:43PM**

**Ganesha:** Yellow *Sunrise:* 5:31AM  
**Muruqa:** Purple *Sunset:* 5:22PM  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

**Sivaloka Day**

Creative Work Siddha Yoga

2

Saturday, March 11, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Imphal, India  
Sun 3 Sutra 328  
Subhakit 5124

Tula Rasi: 6.02 Tithi 19

165786577

**Gulika** 5:30AM – 6:59AM  
**Yama** 12:55PM – 2:24PM  
**Rahu** 8:28AM – 9:57AM

**Chitra** **Until 7:10AM**  
Dhruva Until 7:49PM  
Bava Until 10:00AM  
**Chaturthi\*** **Until 10:08PM**

**Ganesha:** Yellow *Sunrise:* 5:30AM  
**Muruqa:** Purple *Sunset:* 5:23PM  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

**Sivaloka Day**

Routine Work Marana Yoga

Until 7:10AM

Then Creative Work - Siddha Yoga

3

Sunday, March 12, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Imphal, India  
Sun 4 Sutra 329  
Subhakit 5124

Tula Rasi: 18.54 Tithi 20

165786577

**Gulika** 2:24PM – 3:54PM  
**Yama** 11:26AM – 12:55PM  
**Rahu** 3:54PM – 5:23PM

**Svati** **Until 7:51AM**  
Vyaghata\* Until 6:41PM  
Kaulava Until 10:11AM  
**Panchami** **Until 10:04PM**

**Ganesha:** Yellow *Sunrise:* 5:29AM  
**Muruqa:** Purple *Sunset:* 5:23PM  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:51AM

Then Routine Work - Marana Yoga

4

Monday, March 13, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Imphal, India  
Sun 5 Sutra 330  
Subhakit 5124

Vrischika Rasi: 2.01 Tithi 21

175786577

Family Home Evening

**Gulika** 12:55PM – 2:25PM  
**Yama** 9:56AM – 11:26AM  
**Rahu** 6:57AM – 8:27AM

**Vishakha** **Until 8:22AM**  
Harshana Until 5:10PM  
Gara Until 9:53AM  
**Shashthi\*** **Until 9:31PM**

**Ganesha:** Blue *Sunrise:* 5:28AM  
**Muruqa:** Purple *Sunset:* 5:23PM  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Masi**

**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 8:22AM

Then Creative Work - Siddha Yoga

5

Tuesday, March 14, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Imphal, India  
Sun 6 Sutra 331  
Subhakit 5124

Vrischika Rasi: 15.23 Tithi 22

175786577

**Gulika** 11:25AM – 12:55PM  
**Yama** 8:26AM – 9:56AM  
**Rahu** 2:25PM – 3:54PM

**Anuradha** **Until 8:14AM**  
Vajra\* Until 3:13PM  
Visti Until 9:03AM  
**Saptami** **Until 8:26PM**

**Ganesha:** Blue *Sunrise:* 5:27AM  
**Muruqa:** Purple *Sunset:* 5:24PM  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Masi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 8:14AM

Then Routine Work - Marana Yoga

D

Wednesday, March 15, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Imphal, India  
Sun 7 Sutra 332  
Subhakit 5124

Vrischika Rasi: 29.04 Tithi 23

175786577

**Gulika** 9:55AM – 11:25AM  
**Yama** 6:56AM – 8:25AM  
**Rahu** 11:25AM – 12:55PM

**Jyeshtha\*** **Until 7:26AM**  
Siddhi Until 12:52PM  
Balava Until 7:42AM  
**Ashtami\*** **Until 6:49PM**

**Ganesha:** Blue *Sunrise:* 5:26AM  
**Muruqa:** Purple *Sunset:* 5:24PM  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Panguni**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 7:26AM

Then Routine Work - Marana Yoga

Thursday, March 16, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Imphal, India  
Sun 8 Sutra 333  
Subhakit 5124

Dhanus Rasi: 13.04 Tithi 24 – 25

185786578

**Gulika** 8:25AM – 9:55AM  
**Yama** 5:25AM – 6:55AM  
**Rahu** 12:55PM – 2:25PM

**Mula\*** **Until 6:25AM**  
Vyatipata\* Until 10:07AM  
Vanija Until 3:30AM Fri  
**Navami\*** **Until 4:42PM**

**Ganesha:** Red *Sunrise:* 5:25AM  
**Muruqa:** Purple *Sunset:* 5:25PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

**Sivaloka Day**


Creative Work Siddha Yoga

<b>1</b>		<b>Friday, March 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Imphal, India Sun 9 Sutra 334 Subhakrit 5124
Dhanus Rasi: 27.23	Tithi 25 - 26	<b>Gulika</b> 6:54AM - 8:24AM	<b>Uttarashadha</b> Until 2:38AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:24AM	
		Yama 2:25PM - 3:55PM	Variyan Until 6:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM	Moon 3 - Phase 46 - 9
		185786578 <b>Rahu</b> 9:54AM - 11:24AM	Bava Until 12:46AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 2:09PM	Moon - Light Blue		<b>Sivaloka Day</b>
Until 2:38AM Sat				Phalgun-Panguni		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Saturday, March 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Imphal, India Sun 10 Sutra 335 Subhakrit 5124
Makara Rasi: 11.58	Tithi 26 - 27	<b>Gulika</b> 5:23AM - 6:53AM	<b>Shravana</b> Until 12:29AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:23AM	
		Yama 12:55PM - 2:25PM	Shiva Until 11:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 3 - Phase 46 - 10
		195786578 <b>Rahu</b> 8:23AM - 9:54AM	Kaulava Until 9:45PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 11:16AM	Moon - Purple		<b>Subha Sivaloka Day</b>
Until 12:29AM Sun				Phalgun-Panguni		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Sunday, March 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taila/Gara Karana Dvodashi/Trayodashyam Titau		Imphal, India Sun 11 Sutra 336 Subhakrit 5124
Makara Rasi: 26.43	Tithi 27 - 28	<b>Gulika</b> 2:25PM - 3:56PM	<b>Dhanishtha</b> Until 10:04PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:22AM	
		Yama 11:24AM - 12:54PM	Siddha Until 8:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM	Moon 3 - Phase 46 - 11
		195796578 <b>Rahu</b> 3:56PM - 5:26PM	Gara Until 6:34PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dvodashi*</b> Until 8:09AM	Moon - Purple		<b>Sivaloka Day</b>
Until 10:04PM				Phalgun-Panguni		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Monday, March 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Imphal, India Sun 12 Sutra 337 Subhakrit 5124
Kumbha Rasi: 11.34	Tithi 29	<b>Gulika</b> 12:54PM - 2:25PM	<b>Shatabhishak</b> Until 7:31PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:21AM	
<b>Family Home Evening</b>		Yama 9:53AM - 11:24AM	Sadhya Until 4:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 3 - Phase 46 - 12
Creative Work	Siddha Yoga	196896578 <b>Rahu</b> 6:51AM - 8:22AM	Visti Until 3:23PM	<b>Nataraja:</b> Clear		2nd Phase
Until 7:31PM			<b>Chaturdashi*</b> Until 1:49AM Tue	Moon - Purple		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Phalgun-Panguni		

		<b>Tuesday, March 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Imphal, India Sun 13 Sutra 338 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 11:23AM - 12:54PM	<b>Purvaproshtapada*</b> Until 5:25PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:20AM	
Kumbha Rasi: 26.2	Tithi 30	Yama 8:22AM - 9:52AM	Subha Until 12:41PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 3 - Phase 46 - 13
		116896578 <b>Rahu</b> 2:25PM - 3:56PM	Catuspada Until 12:20PM	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 10:54PM	Moon - Clear		<b>Devaloka Day</b>
Until 5:25PM				Phalgun-Panguni		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Wednesday, March 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Imphal, India Sun 14 Sutra 339 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 9:52AM - 11:23AM	<b>Uttaraproshtapada</b> Until 3:31PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:19AM	
Meena Rasi: 10.56	Tithi 1	Yama 6:50AM - 8:21AM	Sukla Until 9:15AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 3 - Phase 46 - 14
		116896578 <b>Rahu</b> 11:23AM - 12:54PM	Kintughna Until 9:36AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:22PM	Moon - Clear		<b>Devaloka Day</b>
Until 3:31PM		<b>Yugadhi</b>		Chaitra-Panguni		
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Imphal, India Sun 15 Sutra 340 Subhakrit 5124
Meena Rasi: 25.14	Tithi 2	Gulika 8:20AM – 9:51AM	Revati Until 1:58PM	Ganesha: Orange	Sunrise: 5:18AM	
		Yama 5:18AM – 6:49AM	Brahma Until 6:13AM	Muruqa: Clear	Sunset: 5:28PM	Moon 3 - Phase 47 - 15
		116896578 Rahu 12:54PM – 2:25PM	Balava Until 7:18AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga		Chellappaswami Mahasamadhi	Dvitiya Until 6:21PM	Moon – Clear		Devaloka Day
Until 1:58PM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Imphal, India Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 9.09	Tithi 3 – 4	Gulika 6:48AM – 8:20AM	Ashvini Until 1:20PM	Ganesha: Clear	Sunrise: 5:17AM	
		Yama 2:25PM – 3:57PM	Vaidhriti* Until 1:40AM Sat	Muruqa: Clear	Sunset: 5:28PM	Moon 3 - Phase 47 - 16
		126896578 Rahu 9:51AM – 11:22AM	Vanija Until 4:37AM Sat	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 5:00PM	Moon – White		Devaloka Day
Until 1:20PM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Imphal, India Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 22.38	Tithi 4 – 5	Gulika 5:16AM – 6:47AM	Bharani Until 1:18PM	Ganesha: Clear	Sunrise: 5:16AM	
		Yama 12:54PM – 2:25PM	Vishkamba* Until 12:18AM Sun	Muruqa: Clear	Sunset: 5:29PM	Moon 3 - Phase 47 - 17
		126896578 Rahu 8:19AM – 9:50AM	Bava Until 4:25AM Sun	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 4:24PM	Moon – White		Devaloka Day
Until 1:18PM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Imphal, India Sun 18 Sutra 343 Subhakrit 5124
Vrishabha Rasi: 5.43	Tithi 5 – 6	Gulika 2:25PM – 3:57PM	Krittika Until 1:52PM	Ganesha: Clear	Sunrise: 5:15AM	
		Yama 11:22AM – 12:54PM	Priti Until 11:33PM	Muruqa: Clear	Sunset: 5:29PM	Moon 3 - Phase 47 - 18
		126896578 Rahu 3:57PM – 5:29PM	Kaulava Until 5:00AM Mon	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 4:35PM	Moon – White		Devaloka Day
				Chaitra•Panguni		

<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taila/Gara Karana Shashthi/Saptamyam Titau		Imphal, India Sun 19 Sutra 344 Subhakrit 5124
Vrishabha Rasi: 18.23	Tithi 6 – 7	Gulika 12:53PM – 2:25PM	Rohini Until 3:29PM	Ganesha: Clear	Sunrise: 5:14AM	
Family Home Evening		Yama 9:50AM – 11:22AM	Ayushman Until 11:20PM	Muruqa: Clear	Sunset: 5:29PM	Moon 3 - Phase 47 - 19
137896578 Rahu 6:46AM – 8:18AM			Gara Until 6:17AM Tue	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 5:32PM	Moon – Yellow		Devaloka Day
				Chaitra•Panguni		

<b>6</b>		<b>Tuesday, March 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Imphal, India Sun 20 Sutra 345 Subhakrit 5124
Mithuna Rasi: 0.46	Tithi 7	Gulika 11:21AM – 12:53PM	Mrigashira Until 5:35PM	Ganesha: Clear	Sunrise: 5:13AM	
		Yama 8:17AM – 9:49AM	Saubhagya Until 11:37PM	Muruqa: Clear	Sunset: 5:30PM	Moon 3 - Phase 47 - 20
		137896578 Rahu 2:26PM – 3:58PM	Gara Until 6:17AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 7:08PM	Moon – Yellow		Devaloka Day
Until 5:35PM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Imphal, India Sun 21 Sutra 346 Subhakrit 5124
Mithuna Rasi: 12.54	Tithi 8	Gulika 9:49AM – 11:21AM	Ardra Until 8:00PM	Ganesha: Clear	Sunrise: 5:12AM	
		Yama 6:44AM – 8:16AM	Sobhana Until 12:15AM Thu	Muruqa: Clear	Sunset: 5:30PM	Moon 3 - Phase 47 - 21
		137896578 Rahu 11:21AM – 12:53PM	Visti Until 8:09AM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 9:12PM	Moon – Yellow		Devaloka Day
				Chaitra•Panguni		

<b>Retreat Star</b>		<b>Thursday, March 30, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Imphal, India Sun 22 Sutra 347 Subhakrit 5124
Mithuna Rasi: 24.53	Tithi 9	Gulika 8:16AM – 9:48AM	Punarvasu Until 11:00PM	Ganesha: White	Sunrise: 5:11AM	
		Yama 5:11AM – 6:43AM	Athiganda* Until 1:02AM Fri	Muruqa: Clear	Sunset: 5:31PM	Moon 3 - Phase 47 - 22
		147896578 Rahu 12:53PM – 2:26PM	Balava Until 10:23AM	Nataraja: Clear		Navami
Creative Work Amrita Yoga			Navami* Until 11:33PM	Moon – Blue		Bhuloka Day
		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Imphal, India on 5/1/20

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<b>1</b>		<b>Friday, March 31, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau		Imphal, India Sun 23 Sutra 348 Subhakrit 5124	
Kataka Rasi: 6.47	Tithi 10	<b>Gulika</b> 6:42AM – 8:15AM	<b>Pushya</b> <b>Until 1:56AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM		
		Yama 2:26PM – 3:58PM	Sukarma <b>Until 1:53AM Sat</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 3 - Phase 48 - 23	
Routine Work	Marana Yoga	147896578 <b>Rahu</b> 9:48AM – 11:20AM	Taitila <b>Until 12:47PM</b>	<b>Nataraja:</b> Clear		4th Phase	
			<b>Dashami</b> <b>Until 1:59AM Sat</b>	Moon – Blue		<b>Bhuloka Day</b>	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Saturday, April 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau		Imphal, India Sun 24 Sutra 349 Subhakrit 5124	
Kataka Rasi: 18.4	Tithi 11	<b>Gulika</b> 5:10AM – 6:42AM	<b>Ashlesha*</b> <b>Until 4:35AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM		
		Yama 12:53PM – 2:26PM	Dhriti <b>Until 2:41AM Sun</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 3 - Phase 48 - 24	
Routine Work	Marana Yoga	147896578 <b>Rahu</b> 8:15AM – 9:48AM	Vanija <b>Until 3:11PM</b>	<b>Nataraja:</b> Clear		4th Phase	
			<b>Ekadashi</b> <b>Until 4:18AM Sun</b>	Moon – Blue		<b>Bhuloka Day</b>	
		<b>Yogaswami Mahasamadhi</b>		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Sunday, April 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Imphal, India Sun 25 Sutra 350 Subhakrit 5124	
Simha Rasi: 0.37	Tithi 12	<b>Gulika</b> 2:26PM – 3:59PM	<b>Magha*</b> <b>Until 7:20AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:08AM		
		Yama 11:20AM – 12:53PM	Shula* <b>Until 3:16AM Mon</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 3 - Phase 48 - 25	
Routine Work	Marana Yoga	158896578 <b>Rahu</b> 3:59PM – 5:31PM	Bava <b>Until 5:24PM</b>	<b>Nataraja:</b> Clear		4th Phase	
Until 7:20AM Mon			<b>Dvadashi</b> <b>Until 6:22AM Mon</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			

<b>4</b>		<b>Monday, April 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Imphal, India Sun 26 Sutra 351 Subhakrit 5124	
Simha Rasi: 12.39	Tithi 12 – 13	<b>Gulika</b> 12:53PM – 2:26PM	<b>Magha*</b> <b>Until 7:20AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:07AM		
<b>Family Home Evening</b>		Yama 9:47AM – 11:20AM	Ganda* <b>Until 3:36AM Tue</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 3 - Phase 48 - 26	
Routine Work	Marana Yoga	158896578 <b>Rahu</b> 6:41AM – 8:14AM	Kaulava <b>Until 7:18PM</b>	<b>Nataraja:</b> Clear		4th Phase	
Until 7:20AM			<b>Dvadashi</b> <b>Until 6:22AM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Tuesday, April 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Imphal, India Sun 27 Sutra 352 Subhakrit 5124	
Simha Rasi: 24.5	Tithi 13 – 14	<b>Gulika</b> 11:19AM – 12:53PM	<b>Purvaphalguni</b> <b>Until 9:34AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:06AM		
		Yama 8:13AM – 9:46AM	Vriddhi <b>Until 3:37AM Wed</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 3 - Phase 48 - 27	
Creative Work	Siddha Yoga	158896578 <b>Rahu</b> 2:26PM – 3:59PM	Gara <b>Until 8:47PM</b>	<b>Nataraja:</b> Clear		4th Phase	
Until 9:34AM			<b>Trayodashi</b> <b>Until 8:04AM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

		<b>Wednesday, April 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Imphal, India Sun 28 Sutra 353 Subhakrit 5124	
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:46AM – 11:19AM	<b>Uttaraphalguni</b> <b>Until 11:12AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:05AM		
Kanya Rasi: 7.12	Tithi 14 – 15	Yama 6:39AM – 8:12AM	Dhruva <b>Until 3:14AM Thu</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 3 - Phase 48 - Purnima	
Creative Work	Amrita Yoga	158896578 <b>Rahu</b> 11:19AM – 12:53PM	Visti <b>Until 9:47PM</b>	<b>Nataraja:</b> Clear		4th Phase	
Until 11:12AM			<b>Chaturdashi*</b> <b>Until 9:20AM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Panguni Uttiram</b>		Chaitra•Panguni			
		<b>Hanuman Jayanti</b>					

<b>Thursday, April 6, 2023</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Imphal, India Sun 29 Sutra 354 Subhakrit 5124	
Kanya Rasi: 19.47	Tithi 15 – 16	<b>Gulika</b> 8:12AM – 9:45AM	<b>Hasta</b> <b>Until 12:41PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:04AM		
		Yama 5:04AM – 6:38AM	Vyaghata* <b>Until 2:30AM Fri</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 3 - Phase 48 - Prathama	
Routine Work	Marana Yoga	168896578 <b>Rahu</b> 12:52PM – 2:26PM	Balava <b>Until 10:19PM</b>	<b>Nataraja:</b> Clear		4th Phase	
Until 12:41PM			<b>Purnima*</b> <b>Until 10:06AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Imphal, India  
Sutra 355

Tula Rasi: 2.35      Tithi 16 – 17

**Gulika** 6:37AM – 8:11AM  
Yama 2:26PM – 4:00PM  
**Rahu** 9:45AM – 11:19AM

**Chitra** Until 1:33PM  
Harshana Until 1:24AM Sat  
Taitila Until 10:21PM  
Prathama\* Until 10:22AM

**Ganesha:** Blue      *Sunrise:* 5:03AM  
**Muruqa:** Clear      *Sunset:* 5:34PM  
**Nataraja:** Clear  
Moon – Green

Moon 4 - Phase 49 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**1**

**Saturday, April 8, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Imphal, India  
Sun 1      Sutra 356

Tula Rasi: 15.37      Tithi 17 – 18

**Gulika** 5:02AM – 6:36AM  
Yama 12:52PM – 2:26PM  
**Rahu** 8:10AM – 9:44AM

**Svati** Until 1:48PM  
Vajra\* Until 11:56PM  
Vanija Until 9:57PM  
Dvitiya Until 10:11AM

**Ganesha:** Blue      *Sunrise:* 5:02AM  
**Muruqa:** Clear      *Sunset:* 5:34PM  
**Nataraja:** Clear  
Moon – Green

Moon 4 - Phase 49 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**2**

**Sunday, April 9, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Imphal, India  
Sun 2      Sutra 357

Tula Rasi: 28.52      Tithi 18 – 19

**Gulika** 2:26PM – 4:00PM  
Yama 11:18AM – 12:52PM  
**Rahu** 4:00PM – 5:34PM

**Vishakha** Until 1:58PM  
Siddhi Until 10:10PM  
Bava Until 9:10PM  
Tritiya Until 9:35AM

**Ganesha:** Red      *Sunrise:* 5:02AM  
**Muruqa:** Clear      *Sunset:* 5:34PM  
**Nataraja:** Clear  
Moon – Orange

Moon 4 - Phase 49 - 2  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga

**3**

**Monday, April 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Imphal, India  
Sun 3      Sutra 358

Vrischika Rasi: 12.2      Tithi 19 – 20

**Gulika** 12:52PM – 2:26PM  
Yama 9:43AM – 11:18AM  
**Rahu** 6:35AM – 8:09AM

**Anuradha** Until 1:37PM  
Vyatipata\* Until 8:08PM  
Kaulava Until 8:00PM  
Chaturthi\* Until 8:36AM

**Ganesha:** Red      *Sunrise:* 5:01AM  
**Muruqa:** Clear      *Sunset:* 5:35PM  
**Nataraja:** Clear  
Moon – Orange

Moon 4 - Phase 49 - 3  
1st Phase

**Devaloka Day**

Family Home Evening  
Creative Work      Siddha Yoga

**4**

**Tuesday, April 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyani/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Imphal, India  
Sun 4      Sutra 359

Vrischika Rasi: 26.01      Tithi 20 – 21

**Gulika** 11:17AM – 12:52PM  
Yama 8:08AM – 9:43AM  
**Rahu** 2:26PM – 4:01PM

**Jyeshtha\*** Until 12:47PM  
Varyani Until 5:49PM  
Gara Until 6:32PM  
Panchami Until 7:17AM

**Ganesha:** Red      *Sunrise:* 5:00AM  
**Muruqa:** Clear      *Sunset:* 5:35PM  
**Nataraja:** Clear  
Moon – Orange

Moon 4 - Phase 49 - 4  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga  
Until 12:47PM  
Then Creative Work - Amrita Yoga

**5**

**Wednesday, April 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Imphal, India  
Sun 5      Sutra 360

Dhanus Rasi: 9.51      Tithi 22

**Gulika** 9:42AM – 11:17AM  
Yama 6:33AM – 8:08AM  
**Rahu** 11:17AM – 12:52PM

**Mula\*** Until 11:58AM  
Parigha\* Until 3:17PM  
Visti Until 4:46PM  
Saptami Until 3:46AM Thu

**Ganesha:** Green      *Sunrise:* 4:59AM  
**Muruqa:** Clear      *Sunset:* 5:36PM  
**Nataraja:** Clear  
Moon – Light Blue

Moon 4 - Phase 49 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Routine Work      Marana Yoga  
Until 11:58AM  
Then Creative Work - Amrita Yoga

**D**

**Thursday, April 13, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Imphal, India  
Sun 6      Sutra 361

Dhanus Rasi: 23.52      Tithi 23

**Gulika** 8:07AM – 9:42AM  
Yama 4:58AM – 6:32AM  
**Rahu** 12:52PM – 2:26PM

**Purvashadha\*** Until 10:44AM  
Shiva Until 12:34PM  
Balava Until 2:45PM  
Ashtami\* Until 1:39AM Fri

**Ganesha:** White      *Sunrise:* 4:58AM  
**Muruqa:** Clear      *Sunset:* 5:36PM  
**Nataraja:** Clear  
Moon – Light Blue

Moon 4 - Phase 49 - 6  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga  
Until 10:44AM  
Then Routine Work - Marana Yoga

**Friday, April 14, 2023**

**Retreat Star**

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Imphal, India  
Sun 7      Sutra 362

Makara Rasi: 8.02      Tithi 24

**Gulika** 6:32AM – 8:07AM  
Yama 2:27PM – 4:02PM  
**Rahu** 9:42AM – 11:17AM

**Uttarashadha** Until 9:09AM  
Siddha Until 9:38AM  
Taitila Until 12:31PM  
Navami\* Until 11:19PM

**Ganesha:** White      *Sunrise:* 4:57AM  
**Muruqa:** Clear      *Sunset:* 5:37PM  
**Nataraja:** Clear  
Moon – Light Blue

Moon 4 - Phase 49 - 7  
Navami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Routine Work      Marana Yoga


Chidambaram Abhishekam  
Tamil New Year


<b>1</b>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Imphal, India
	Makara Rasi: 22.19	Tithi 25	<b>Gulika</b> 4:56AM – 6:31AM	<b>Shravana Until 7:40AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:56AM	Sun 8 Sutra 363
			Yama 12:51PM – 2:27PM	Sadhya Until 6:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 8:06AM – 9:41AM	Vanija Until 10:08AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 8 2nd Phase
			<b>Dashami Until 8:52PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra•Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Imphal, India
	Kumbha Rasi: 6.41	Tithi 26	<b>Gulika</b> 2:27PM – 4:02PM	<b>Shatabhishak Until 4:03AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM	Sun 9 Sutra 364
			Yama 11:16AM – 12:51PM	Sukla Until 12:16AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 4:02PM – 5:37PM	Bava Until 7:38AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 9 2nd Phase
			<b>Ekadashi* Until 6:21PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra•Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Imphal, India
	Kumbha Rasi: 21.04	Tithi 27 – 28	<b>Gulika</b> 12:51PM – 2:27PM	<b>Purvaproshtapada* Until 2:31AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:54AM	Sun 10 Sutra 1
	<b>Family Home Evening</b>		Yama 9:40AM – 11:16AM	Brahma Until 9:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:38PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 <b>Rahu</b> 6:29AM – 8:05AM	Gara Until 2:41AM Tue	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 10 2nd Phase
			<b>Dvadashi* Until 3:52PM</b>	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra•Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Imphal, India
	Meena Rasi: 5.23	Tithi 28 – 29	<b>Gulika</b> 11:16AM – 12:51PM	<b>Uttaraproshtapada Until 1:02AM Wed</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:53AM	Sun 11 Sutra 2
			Yama 8:04AM – 9:40AM	Indra Until 6:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:38PM	Sobhana 5125
	Creative Work	Amrita Yoga	211996578 <b>Rahu</b> 2:27PM – 4:03PM	Visti Until 12:27AM Wed	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 11 2nd Phase
			<b>Trayodashi* Until 1:31PM</b>	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra•Chaitra			

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Imphal, India
	<b>Retreat Star</b>		<b>Gulika</b> 9:40AM – 11:15AM	<b>Revati Until 11:44PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:52AM	Sun 12 Sutra 3
	Meena Rasi: 19.34	Tithi 29 – 30	Yama 6:28AM – 8:04AM	Vaidhriti* Until 3:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 <b>Rahu</b> 11:15AM – 12:51PM	Catuspada Until 10:32PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 12 Amavasya
			<b>Chaturdashi* Until 11:25AM</b>	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra•Chaitra			

	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Imphal, India
	<b>Retreat Star</b>		<b>Gulika</b> 8:03AM – 9:39AM	<b>Ashvini Until 11:09PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:51AM	Sun 13 Sutra 4
	Mesha Rasi: 3.32	Tithi 30 – 1	Yama 4:51AM – 6:27AM	Vishkambha* Until 12:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM	Sobhana 5125
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 12:51PM – 2:27PM	Kintughna Until 9:02PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 13 Prathama
			<b>Amavasya* Until 9:42AM</b>	Moon – White		<b>Devaloka Day</b>	
				Vaisaka•Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

<b>1</b>		<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Imphal, India Sun 14 Sutra 5 Sobhana 5125
Mesha Rasi: 17.11	Tithi 1 – 2	<b>Gulika</b> 6:26AM – 8:03AM	<b>Bharani Until 10:58PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:50AM	
		Yama 2:27PM – 4:03PM	Priti Until 10:57AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:40PM	Moon 4 - Phase 2 - 14
221996578		<b>Rahu</b> 9:39AM – 11:15AM	Balava Until 8:05PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 8:28AM</b>	Moon – White		<b>Devaloka Day</b>
				Vaisaka-Chaitra		

<b>2</b>		<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Imphal, India Sun 15 Sutra 6 Sobhana 5125
Vrishabha Rasi: 0.32	Tithi 2 – 3	<b>Gulika</b> 4:49AM – 6:26AM	<b>Krittika Until 11:14PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:49AM	
		Yama 12:51PM – 2:27PM	Ayushman Until 9:23AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:40PM	Moon 4 - Phase 2 - 15
221996578		<b>Rahu</b> 8:02AM – 9:38AM	Taitila Until 7:45PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 7:49AM</b>	Moon – White		<b>Devaloka Day</b>
				Vaisaka-Chaitra		

<b>3</b>		<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Imphal, India Sun 16 Sutra 7 Sobhana 5125
Vrishabha Rasi: 13.32	Tithi 3 – 4	<b>Gulika</b> 2:27PM – 4:04PM	<b>Rohini Until 12:28AM Mon</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 4:49AM	
		Yama 11:15AM – 12:51PM	Saubhagya Until 8:21AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:40PM	Moon 4 - Phase 2 - 16
231996578		<b>Rahu</b> 4:04PM – 5:40PM	Vanija Until 8:05PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 7:49AM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 12:28AM Mon		<b>Akshaya Tritiya</b>		Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Imphal, India Sun 17 Sutra 8 Sobhana 5125
Vrishabha Rasi: 26.13	Tithi 4 – 5	<b>Gulika</b> 12:51PM – 2:28PM	<b>Mrigashira Until 2:10AM Tue</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 4:48AM	
<b>Family Home Evening</b>		Yama 9:38AM – 11:14AM	Sobhana Until 7:50AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:41PM	Moon 4 - Phase 2 - 17
231996578		<b>Rahu</b> 6:24AM – 8:01AM	Bava Until 9:04PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 8:29AM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 2:10AM Tue		<b>Adi Sankara Jayanthi</b>		Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

<b>5</b>		<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Imphal, India Sun 18 Sutra 9 Sobhana 5125
Mithuna Rasi: 8.37	Tithi 5 – 6	<b>Gulika</b> 11:14AM – 12:51PM	<b>Ardra Until 4:14AM Wed</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 4:47AM	
		Yama 8:00AM – 9:37AM	Athiganda* Until 7:47AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:41PM	Moon 4 - Phase 2 - 18
231996579		<b>Rahu</b> 2:28PM – 4:05PM	Kaulava Until 10:37PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 9:45AM</b>	Moon – Yellow		<b>Sivaloka Day</b>
Until 4:14AM Wed				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Imphal, India Sun 19 Sutra 10 Sobhana 5125
Mithuna Rasi: 20.48	Tithi 6 – 7	<b>Gulika</b> 9:37AM – 11:14AM	<b>Punarvasu Until 7:01AM Thu</b>	<b>Ganesha:</b> Green	<b>Sunrise:</b> 4:46AM	
		Yama 6:23AM – 8:00AM	Sukarma Until 8:08AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:42PM	Moon 4 - Phase 2 - 19
241996579		<b>Rahu</b> 11:14AM – 12:51PM	Gara Until 12:36AM Thu	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 11:32AM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>
Until 7:01AM Thu				Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

<b>☾</b>		<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Imphal, India Sun 20 Sutra 11 Sobhana 5125
<b>Retreat Star</b>		<b>Gulika</b> 7:59AM – 9:37AM	<b>Punarvasu Until 7:01AM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 4:45AM	
Kataka Rasi: 2.49	Tithi 7 – 8	Yama 4:45AM – 6:22AM	Dhriti Until 8:48AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:42PM	Moon 4 - Phase 2 - 20
242996579		<b>Rahu</b> 12:51PM – 2:28PM	Visti Until 2:51AM Fri	<b>Nataraja:</b> Purple		Ashtami
Creative Work	Amrita Yoga		<b>Saptami Until 1:41PM</b>	Moon – Blue		<b>Sivaloka Day</b>
				Vaisaka-Chaitra		

<b>☽</b>		<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Imphal, India Sun 21 Sutra 12 Sobhana 5125
<b>Retreat Star</b>		<b>Gulika</b> 6:22AM – 7:59AM	<b>Pushya Until 9:51AM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 4:44AM	
Kataka Rasi: 14.44	Tithi 8 – 9	Yama 2:28PM – 4:05PM	Shula* Until 9:36AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:43PM	Moon 4 - Phase 2 - 21
242996579		<b>Rahu</b> 9:36AM – 11:14AM	Balava Until 5:12AM Sat	<b>Nataraja:</b> Purple		Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 4:00PM</b>	Moon – Blue		<b>Sivaloka Day</b>
				Vaisaka-Chaitra		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>	<b>Saturday, April 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava Karana Navamyam Titau				Impfal, India Sun 22 Sutra 13 Sobhana 5125
	Kataka Rasi: 26.39	Tithi 9	<b>Gulika</b> 4:44AM – 6:21AM Yama 12:51PM – 2:28PM 242996579 <b>Rahu</b> 7:59AM – 9:36AM	<b>Ashlesha* Until 12:33PM</b> Ganda* Until 10:27AM Kaulava Until 6:19PM Navami* Until 6:19PM	<b>Ganesha: Red</b> Sunrise: 4:44AM <b>Muruqa: Clear</b> Sunset: 5:43PM <b>Nataraja: Purple</b> Moon – Blue	<b>Sivaloka Day</b>	Moon 4 - Phase 3 - 22 4th Phase
Routine Work Marana Yoga Until 12:33PM Then Creative Work - Amrita Yoga							


<b>2</b>	<b>Sunday, April 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Impfal, India Sun 23 Sutra 14 Sobhana 5125
	Simha Rasi: 9	Tithi 10	<b>Gulika</b> 2:28PM – 4:06PM Yama 11:13AM – 12:51PM 252996579 <b>Rahu</b> 4:06PM – 5:44PM	<b>Magha* Until 3:26PM</b> Vridhhi Until 11:12AM Taitila Until 7:25AM Dashami Until 8:25PM	<b>Ganesha: Blue</b> Sunrise: 4:43AM <b>Muruqa: Clear</b> Sunset: 5:44PM <b>Nataraja: Purple</b> Moon – Red	<b>Devaloka Day</b>	Moon 4 - Phase 3 - 23 4th Phase
Routine Work Marana Yoga Until 3:26PM Then Creative Work - Siddha Yoga							


<b>3</b>	<b>Monday, May 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Impfal, India Sun 24 Sutra 15 Sobhana 5125
	Simha Rasi: 20.4	Tithi 11	<b>Gulika</b> 12:51PM – 2:29PM Yama 9:35AM – 11:13AM 252996579 <b>Rahu</b> 6:19AM – 7:57AM	<b>Purvaphalguni Until 5:47PM</b> Dhruva Until 11:40AM Vanija Until 9:21AM Ekadashi Until 10:08PM	<b>Ganesha: Blue</b> Sunrise: 4:41AM <b>Muruqa: Clear</b> Sunset: 5:45PM <b>Nataraja: Purple</b> Moon – Red	<b>Devaloka Day</b>	Moon 4 - Phase 3 - 24 4th Phase
Family Home Evening Creative Work Siddha Yoga							

<b>4</b>	<b>Tuesday, May 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Impfal, India Sun 25 Sutra 16 Sobhana 5125
	Kanya Rasi: 2.55	Tithi 12	<b>Gulika</b> 11:13AM – 12:51PM Yama 7:57AM – 9:35AM 252996579 <b>Rahu</b> 2:29PM – 4:07PM	<b>Uttaraphalguni Until 7:30PM</b> Vyaghata* Until 11:47AM Bava Until 10:49AM Dvadashi Until 11:18PM	<b>Ganesha: Blue</b> Sunrise: 4:41AM <b>Muruqa: Clear</b> Sunset: 5:45PM <b>Nataraja: Purple</b> Moon – Red	<b>Devaloka Day</b>	Moon 4 - Phase 3 - 25 4th Phase
Creative Work Amrita Yoga Until 7:30PM Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Wednesday, May 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Impfal, India Sun 26 Sutra 17 Sobhana 5125
	Kanya Rasi: 15.24	Tithi 13	<b>Gulika</b> 9:35AM – 11:13AM Yama 6:18AM – 7:56AM 262996579 <b>Rahu</b> 11:13AM – 12:51PM	<b>Hasta Until 8:57PM</b> Harshana Until 11:28AM Kaulava Until 11:41AM Trayodashi Until 11:52PM	<b>Ganesha: Yellow</b> Sunrise: 4:40AM <b>Muruqa: Clear</b> Sunset: 5:46PM <b>Nataraja: Purple</b> Moon – Green	<b>Sivaloka Day</b>	Moon 4 - Phase 3 - 26 4th Phase
Routine Work Marana Yoga Until 8:57PM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>					

<b>6</b>	<b>Thursday, May 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Impfal, India Sun 27 Sutra 18 Sobhana 5125
	Kanya Rasi: 28.1	Tithi 14	<b>Gulika</b> 7:56AM – 9:34AM Yama 4:39AM – 6:18AM 262996579 <b>Rahu</b> 12:51PM – 2:29PM	<b>Chitra Until 9:37PM</b> Vajra* Until 10:37AM Gara Until 11:56AM Chaturdashi* Until 11:48PM	<b>Ganesha: Yellow</b> Sunrise: 4:39AM <b>Muruqa: Clear</b> Sunset: 5:46PM <b>Nataraja: Purple</b> Moon – Green	<b>Sivaloka Day</b>	Moon 4 - Phase 3 - 27 4th Phase
Creative Work Siddha Yoga Until 9:37PM Then Creative Work - Amrita Yoga							

	<b>Friday, May 5, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Impfal, India Sun 28 Sutra 19 Sobhana 5125
	Tula Rasi: 11.16	Tithi 15	<b>Gulika</b> 6:17AM – 7:56AM Yama 2:30PM – 4:08PM 262996579 <b>Rahu</b> 9:34AM – 11:13AM	<b>Svati Until 9:32PM</b> Siddhi Until 9:18AM Visti Until 11:33AM Purnima* Until 11:07PM	<b>Ganesha: Yellow</b> Sunrise: 4:39AM <b>Muruqa: Clear</b> Sunset: 5:47PM <b>Nataraja: Purple</b> Moon – Green	<b>Sivaloka Day</b>	Moon 4 - Phase 3 - Purnima
Creative Work Siddha Yoga		<b>Budha Purnima (Tamil Nadu)</b>					

	<b>Saturday, May 6, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Impfal, India Sun 29 Sutra 20 Sobhana 5125
	Tula Rasi: 24.4	Tithi 16	<b>Gulika</b> 4:38AM – 6:17AM Yama 12:51PM – 2:30PM 272996579 <b>Rahu</b> 7:55AM – 9:34AM	<b>Vishakha Until 9:13PM</b> Vyatipata* Until 7:31AM Balava Until 10:35AM Prathama* Until 9:54PM	<b>Ganesha: White</b> Sunrise: 4:38AM <b>Muruqa: Clear</b> Sunset: 5:47PM <b>Nataraja: Purple</b> Moon – Orange	<b>Devaloka Day</b>	Moon 4 - Phase 3 - Prathama
Creative Work Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda