



**Monday, April 18, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Kedarnath, India  
Sutra 1

Tula Rasi: 20.15 Tithi 17  
Family Home Evening 278345478  
Routine Work Marana Yoga  
Until 3:37AM Tue  
Then Creative Work - Siddha Yoga

**Gulika** 1:51PM – 3:28PM  
Yama 10:36AM – 12:14PM  
**Rahu** 7:21AM – 8:59AM

**Vishakha Until 3:37AM Tue**  
Siddhi Until 8:21PM  
Taitila Until 8:46AM  
**Dvitiya Until 7:24PM**

**Ganesha:** Purple *Sunrise:* 5:44AM  
**Muruqa:** White *Sunset:* 6:43PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**1**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Kedarnath, India  
Sun 1 Sutra 2

Vrischika Rasi: 4.46 Tithi 18 – 19  
278345478  
Creative Work Siddha Yoga

**Gulika** 12:13PM – 1:51PM  
Yama 8:58AM – 10:36AM  
**Rahu** 3:28PM – 5:06PM

**Anuradha Until 1:36AM Wed**  
Vyatipata\* Until 4:59PM  
Vanija Until 6:02AM  
**Tritiya Until 4:37PM**

**Ganesha:** Purple *Sunrise:* 5:43AM  
**Muruqa:** White *Sunset:* 6:44PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**2**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kedarnath, India  
Sun 2 Sutra 3

Vrischika Rasi: 19.19 Tithi 19 – 20  
278345478  
Creative Work Siddha Yoga  
Until 11:30PM  
Then Routine Work - Marana Yoga

**Gulika** 10:35AM – 12:13PM  
Yama 7:20AM – 8:57AM  
**Rahu** 12:13PM – 1:51PM

**Jyeshtha\* Until 11:30PM**  
Variyan Until 1:35PM  
Kaulava Until 12:31AM Thu  
**Chaturthi\* Until 1:51PM**

**Ganesha:** Purple *Sunrise:* 5:42AM  
**Muruqa:** White *Sunset:* 6:44PM  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**3**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kedarnath, India  
Sun 3 Sutra 4

Dhanus Rasi: 3.5 Tithi 20 – 21  
288345478  
Creative Work Siddha Yoga

**Gulika** 8:57AM – 10:35AM  
Yama 5:41AM – 7:19AM  
**Rahu** 1:51PM – 3:29PM

**Mula\* Until 9:49PM**  
Parigha\* Until 10:17AM  
Gara Until 9:55PM  
**Panchami Until 11:10AM**

**Ganesha:** Clear *Sunrise:* 5:41AM  
**Muruqa:** White *Sunset:* 6:45PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Kedarnath, India  
Sun 4 Sutra 5

Dhanus Rasi: 18.13 Tithi 21 – 22  
289345478  
Routine Work Prabalarishta Yoga  
Until 8:13PM  
Then Routine Work - Marana Yoga

**Gulika** 7:18AM – 8:56AM  
Yama 3:29PM – 5:07PM  
**Rahu** 10:34AM – 12:13PM

**Purvashadha\* Until 8:13PM**  
Shiva Until 7:09AM  
Visiti Until 7:33PM  
**Shashthi\* Until 8:41AM**

**Ganesha:** Purple *Sunrise:* 5:40AM  
**Muruqa:** White *Sunset:* 6:46PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Devaloka Day**

**●**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Kedarnath, India  
Sun 5 Sutra 6

Makara Rasi: 2.26 Tithi 22 – 23  
289345478  
Routine Work Marana Yoga  
Until 6:45PM  
Then Creative Work - Siddha Yoga

**Gulika** 5:39AM – 7:17AM  
Yama 1:51PM – 3:29PM  
**Rahu** 8:56AM – 10:34AM

**Uttarashadha Until 6:45PM**  
Sadhya Until 1:30AM Sun  
Kaulava Until 4:32AM Sun  
**Saptami Until 6:27AM**

**Ganesha:** Purple *Sunrise:* 5:39AM  
**Muruqa:** White *Sunset:* 6:46PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
5 Ashtami

**Devaloka Day**

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India  
Sun 6 Sutra 7

Makara Rasi: 16.27 Tithi 24  
299345478  
Creative Work Amrita Yoga  
Until 5:54PM  
Then Routine Work - Marana Yoga

**Gulika** 3:30PM – 5:08PM  
Yama 12:12PM – 1:51PM  
**Rahu** 5:08PM – 6:47PM

**Shravana Until 5:54PM**  
Subha Until 11:05PM  
Taitila Until 3:42PM  
**Navami\* Until 2:56AM Mon**

**Ganesha:** Clear *Sunrise:* 5:38AM  
**Muruqa:** White *Sunset:* 6:47PM  
**Nataraja:** White  
Moon – Purple  
Chaitra+Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
6 Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

<b>1</b>	<b>Monday, April 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Kedarnath, India Sun 7 Sutra 8
	Kumbha Rasi: 0.16	Tithi 25	<b>Gulika</b> 1:51PM – 3:30PM	<b>Dhanishtha</b> Until 5:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM	Subhakrit 5124
	<b>Family Home Evening</b>	299345479	Yama 10:33AM – 12:12PM	Sukla Until 8:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2 - 7
	Creative Work Siddha Yoga		<b>Rahu</b> 7:16AM – 8:54AM	Vanija Until 2:17PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 1:42AM Tue	Chaitra+Chaitra	<b>Devaloka Day</b>		

<b>2</b>	<b>Tuesday, April 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Kedarnath, India Sun 8 Sutra 9
	Kumbha Rasi: 13.51	Tithi 26	<b>Gulika</b> 12:12PM – 1:51PM	<b>Shatabhishak</b> Until 4:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM	Subhakrit 5124
		299345479	Yama 8:54AM – 10:33AM	Brahma Until 7:06PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2 - 8
	Routine Work Marana Yoga		<b>Rahu</b> 3:30PM – 5:09PM	Bava Until 1:15PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 12:51AM Wed	Chaitra+Chaitra	<b>Devaloka Day</b>		

<b>3</b>	<b>Wednesday, April 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kedarnath, India Sun 9 Sutra 10
	Kumbha Rasi: 27.13	Tithi 27	<b>Gulika</b> 10:33AM – 12:12PM	<b>Purvaproshtapada*</b> Until 5:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:35AM	Subhakrit 5124
		219345479	Yama 7:14AM – 8:53AM	Indra Until 5:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2 - 9
	Creative Work Amrita Yoga		<b>Rahu</b> 12:12PM – 1:51PM	Kaulava Until 12:37PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 12:26AM Thu	Chaitra+Chaitra	<b>Devaloka Day</b>		
Until 5:06PM Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Thursday, April 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Kedarnath, India Sun 10 Sutra 11
	Meena Rasi: 10.21	Tithi 28	<b>Gulika</b> 8:53AM – 10:32AM	<b>Uttaraproshtapada</b> Until 5:40PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:34AM	Subhakrit 5124
		219345479	Yama 5:34AM – 7:13AM	Vaidhriti* Until 4:27PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2 - 10
	Creative Work Siddha Yoga		<b>Rahu</b> 1:51PM – 3:31PM	Gara Until 12:24PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 12:27AM Fri	Chaitra+Chaitra	<b>Devaloka Day</b>		
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Friday, April 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kedarnath, India Sun 11 Sutra 12
	Meena Rasi: 23.16	Tithi 29	<b>Gulika</b> 7:12AM – 8:52AM	<b>Revati</b> Until 6:32PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:33AM	Subhakrit 5124
		219445479	Yama 3:31PM – 5:10PM	Vishkambha* Until 3:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2 - 11
	Creative Work Siddha Yoga		<b>Rahu</b> 10:32AM – 12:11PM	Visti Until 12:40PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi*</b> Until 12:57AM Sat	Chaitra+Chaitra	<b>Bhuloka Day</b>		
			Devaloka Time: 6:PM to 9:PM				
Until 6:32PM Then Creative Work - Amrita Yoga							

<b>●</b>	<b>Saturday, April 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kedarnath, India Sun 12 Sutra 13
	<b>Retreat Star</b>		<b>Gulika</b> 5:32AM – 7:12AM	<b>Ashvini</b> Until 8:11PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:32AM	Subhakrit 5124
	Mesha Rasi: 5.56	Tithi 30	Yama 1:51PM – 3:31PM	Priti Until 3:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2 - 12
		221445479	<b>Rahu</b> 8:52AM – 10:31AM	Catuspada Until 1:25PM	<b>Nataraja:</b> Clear		Amavasya
			<b>Amavasya*</b> Until 1:57AM Sun	Chaitra+Chaitra	<b>Bhuloka Day</b>		
			Devaloka Time: 6:PM to 9:PM				
Creative Work Siddha Yoga							

<b>●</b>	<b>Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Kedarnath, India Sun 13 Sutra 14
	<b>Retreat Star</b>		<b>Gulika</b> 3:31PM – 5:11PM	<b>Bharani</b> Until 10:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:31AM	Subhakrit 5124
	Mesha Rasi: 18.23	Tithi 1	Yama 12:11PM – 1:51PM	Ayushman Until 3:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 2 - 13
		221445479	<b>Rahu</b> 5:11PM – 6:51PM	Kintughna Until 2:40PM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 3:26AM Mon	Vaisaka+Chaitra	<b>Bhuloka Day</b>		
			Devaloka Time: 6:PM to 9:PM				
Routine Work Prabalarishta Yoga							
Until 10:10PM Then Creative Work - Siddha Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>Monday, May 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kedarnath, India Sun 14 Sutra 15
<b>1</b>	Wrishabha Rasi: 0.38	Tithi 2	<b>Gulika</b> 1:51PM – 3:32PM	<b>Krittika</b> Until 12:25AM Tue	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:30AM	Subhakrit 5124
	<b>Family Home Evening</b>	221445479	<b>Rahu</b> 7:10AM – 8:51AM	Saubhagya Until 3:37PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:52PM	Moon 4 - Phase 3 - 14
	Routine Work Marana Yoga			Balava Until 4:22PM	<b>Nataraja:</b> Clear	3rd Phase
	Until 12:25AM Tue			<b>Dvitiya</b> Until 5:21AM Tue	Moon – White	<b>Bhuloka Day</b>
	Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

<b>Tuesday, May 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Tritiyayam Titau				Kedarnath, India Sun 15 Sutra 16
<b>2</b>	Wrishabha Rasi: 12.42	Tithi 3	<b>Gulika</b> 12:11PM – 1:51PM	<b>Rohini</b> Until 3:20AM Wed	<b>Ganesha:</b> White <i>Sunrise:</i> 5:29AM	Subhakrit 5124
		231445479	<b>Rahu</b> 3:32PM – 5:12PM	Sobhana Until 4:17PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:53PM	Moon 4 - Phase 3 - 15
	Creative Work Amrita Yoga			Taitila Until 6:28PM	<b>Nataraja:</b> Clear	3rd Phase
	Until 3:20AM Wed			<b>Tritiya</b> Until 7:36AM Wed	Moon – Yellow	<b>Bhuloka Day</b>
	Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

<b>Wednesday, May 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kedarnath, India Sun 16 Sutra 17
<b>3</b>	Wrishabha Rasi: 24.38	Tithi 3 – 4	<b>Gulika</b> 10:30AM – 12:11PM	<b>Mrigashira</b> Until 6:18AM Thu	<b>Ganesha:</b> White <i>Sunrise:</i> 5:28AM	Subhakrit 5124
		231445479	<b>Rahu</b> 12:11PM – 1:52PM	Athiganda* Until 5:08PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:53PM	Moon 4 - Phase 3 - 16
	Creative Work Siddha Yoga			Vanija Until 8:51PM	<b>Nataraja:</b> Clear	3rd Phase
	Until 6:18AM Thu			<b>Tritiya</b> Until 7:36AM	Moon – Yellow	<b>Bhuloka Day</b>
	Then Routine Work - Marana Yoga				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

<b>Thursday, May 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kedarnath, India Sun 17 Sutra 18
<b>4</b>	Mithuna Rasi: 6.3	Tithi 4 – 5	<b>Gulika</b> 8:49AM – 10:30AM	<b>Mrigashira</b> Until 6:18AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:27AM	Subhakrit 5124
		231445479	<b>Rahu</b> 1:52PM – 3:32PM	Sukarma Until 6:07PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:54PM	Moon 4 - Phase 3 - 17
	Routine Work Marana Yoga			Bava Until 11:21PM	<b>Nataraja:</b> Clear	3rd Phase
				<b>Chaturthi*</b> Until 10:04AM	Moon – Yellow	<b>Bhuloka Day</b>
					Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

<b>Friday, May 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kedarnath, India Sun 18 Sutra 19
<b>5</b>	Mithuna Rasi: 18.2	Tithi 5 – 6	<b>Gulika</b> 7:08AM – 8:49AM	<b>Ardra</b> Until 9:10AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:27AM	Subhakrit 5124
		231445479	<b>Rahu</b> 10:30AM – 12:11PM	Dhriti Until 7:06PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:55PM	Moon 4 - Phase 3 - 18
	Creative Work Siddha Yoga			Kaulava Until 1:48AM Sat	<b>Nataraja:</b> Clear	3rd Phase
				<b>Panchami</b> Until 12:34PM	Moon – Yellow	<b>Bhuloka Day</b>
					Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM

<b>Saturday, May 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kedarnath, India Sun 19 Sutra 20
<b>6</b>	Kataka Rasi: 0.13	Tithi 6 – 7	<b>Gulika</b> 5:26AM – 7:07AM	<b>Punarvasu</b> Until 12:16PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:26AM	Subhakrit 5124
		241445479	<b>Rahu</b> 8:48AM – 10:29AM	Shula* Until 7:56PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:55PM	Moon 4 - Phase 3 - 19
	Creative Work Siddha Yoga			Gara Until 4:01AM Sun	<b>Nataraja:</b> Clear	3rd Phase
				<b>Shashthi*</b> Until 2:56PM	Moon – Blue	<b>Devaloka Day</b>
					Vaisaka-Chaitra	

<b>Sunday, May 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kedarnath, India Sun 20 Sutra 21
<b>Retreat Star</b>			<b>Gulika</b> 3:33PM – 5:15PM	<b>Pushya</b> Until 2:55PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:25AM	Subhakrit 5124
Kataka Rasi: 12.1	Tithi 7 – 8	241445479	<b>Rahu</b> 5:15PM – 6:56PM	Ganda* Until 8:30PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:56PM	Moon 4 - Phase 3 - 20
Creative Work Siddha Yoga				Visti Until 5:50AM Mon	<b>Nataraja:</b> Clear	3rd Phase
				<b>Saptami</b> Until 4:58PM	Moon – Blue	<b>Devaloka Day</b>
					Vaisaka-Chaitra	

<b>Monday, May 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava Karana Ashtamyam Titau				Kedarnath, India Sun 21 Sutra 22
<b>Retreat Star</b>			<b>Gulika</b> 1:52PM – 3:34PM	<b>Ashlesha*</b> Until 4:55PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:24AM	Subhakrit 5124
Kataka Rasi: 24.19	Tithi 8	241445479	<b>Rahu</b> 7:06AM – 8:47AM	Vriddhi Until 8:41PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:57PM	Moon 4 - Phase 3 - 21
<b>Family Home Evening</b>				Bava Until 6:30PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga				<b>Ashtami*</b> Until 6:30PM	Moon – Blue	<b>Devaloka Day</b>
Until 4:55PM					Vaisaka-Chaitra	
Then Routine Work - Marana Yoga						

<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Kedarnath, India Sun 22 Sutra 23
<b>Retreat Star</b>			<b>Gulika</b> 12:10PM – 1:52PM	<b>Magha*</b> Until 6:38PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:23AM	Subhakrit 5124
Simha Rasi: 6.41	Tithi 9	252445479	<b>Rahu</b> 3:34PM – 5:16PM	Dhruva Until 8:19PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:57PM	Moon 4 - Phase 3 - 22
Creative Work Siddha Yoga				Balava Until 7:03AM	<b>Nataraja:</b> Clear	Navami
				<b>Navami*</b> Until 7:23PM	Moon – Red	<b>Devaloka Day</b>
					Vaisaka-Chaitra	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Kedarnath, India Sun 23 Sutra 24
	Simha Rasi: 19.23	Tithi 10	<b>Gulika</b> 10:28AM – 12:10PM	<b>Purvaphalguni</b> Until 7:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:23AM	Subhakrit 5124
			Yama 7:05AM – 8:47AM	Vyaghata* Until 7:23PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 4 - 23
	Creative Work	Amrita Yoga	252445479 <b>Rahu</b> 12:10PM – 1:52PM	Taitila Until 7:34AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 7:31PM	Moon – Red		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

2	<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kedarnath, India Sun 24 Sutra 25
	Kanya Rasi: 2.27	Tithi 11	<b>Gulika</b> 8:46AM – 10:28AM	<b>Uttaraphalguni</b> Until 7:21PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:22AM	Subhakrit 5124
			Yama 5:22AM – 7:04AM	Harshana Until 5:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4 - 24
			252445479 <b>Rahu</b> 1:52PM – 3:35PM	Vanija Until 7:19AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 6:53PM	Moon – Red		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

3	<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kedarnath, India Sun 25 Sutra 26
	Kanya Rasi: 15.56	Tithi 12 – 13	<b>Gulika</b> 7:04AM – 8:46AM	<b>Hasta</b> Until 6:49PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:21AM	Subhakrit 5124
			Yama 3:35PM – 5:17PM	Vajra* Until 3:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4 - 25
			262445479 <b>Rahu</b> 10:28AM – 12:10PM	Bava Until 6:17AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 5:28PM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

4	<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 26 Sutra 27
	Kanya Rasi: 29.52	Tithi 13 – 14	<b>Gulika</b> 5:21AM – 7:03AM	<b>Chitra</b> Until 5:28PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:21AM	Subhakrit 5124
			Yama 1:53PM – 3:35PM	Siddhi Until 12:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 4 - 26
			262445479 <b>Rahu</b> 8:45AM – 10:28AM	Gara Until 2:10AM Sun	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 3:24PM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

○	<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kedarnath, India Sun 27 Sutra 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:36PM – 5:18PM	<b>Svati</b> Until 3:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:20AM	Subhakrit 5124
	Tula Rasi: 14.11	Tithi 14 – 15	Yama 12:10PM – 1:53PM	Vyatipata* Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 4 - 27
			262445479 <b>Rahu</b> 5:18PM – 7:01PM	Visti Until 11:19PM	<b>Nataraja:</b> Clear		Purnima
			<b>Chaturdashi*</b> Until 12:46PM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

○	<b>Monday, May 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kedarnath, India Sutra 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:53PM – 3:36PM	<b>Vishakha</b> Until 1:17PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:19AM	Subhakrit 5124
	Tula Rasi: 28.5	Tithi 15 – 16	Yama 10:28AM – 12:10PM	Variyan Until 6:16AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 4 - Prathama
			272445479 <b>Rahu</b> 7:02AM – 8:45AM	Balava Until 8:07PM	<b>Nataraja:</b> Clear		
			<b>Purnima*</b> Until 9:44AM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

ll times are standard time. Calculated for Kedarnath, India on 5/1/

www.gurudeva.org/panchang



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Kedarnath, India  
Sutra 30

Vrischika Rasi: 13.41 Tithi 16 – 17

272445479

**Gulika** 12:10PM – 1:53PM  
Yama 8:45AM – 10:27AM  
**Rahu** 3:36PM – 5:19PM

**Anuradha Until 10:45AM**  
Shiva Until 10:37PM  
Gara Until 3:01AM Wed  
**Prathama\* Until 6:26AM**

**Ganesha:** Yellow *Sunrise:* 5:19AM  
**Muruqa:** White *Sunset:* 7:02PM  
**Nataraja:** Clear  
Moon – Orange  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 10:45AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Vanija/Visli\* Karana Tritiyayam Titau

Kedarnath, India  
Sun 1 Sutra 31

Vrischika Rasi: 28.39 Tithi 18

272445479

**Gulika** 10:27AM – 12:10PM  
Yama 7:01AM – 8:44AM  
**Rahu** 12:10PM – 1:53PM

**Jyeshtha\* Until 8:01AM**  
Siddha Until 6:43PM  
Vanija Until 1:19PM  
**Tritiya Until 11:38PM**

**Ganesha:** Yellow *Sunrise:* 5:18AM  
**Muruqa:** White *Sunset:* 7:03PM  
**Nataraja:** Clear  
Moon – Orange  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 8:01AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Kedarnath, India  
Sun 2 Sutra 32

Dhanus Rasi: 13.34 Tithi 19

282445479

**Gulika** 8:44AM – 10:27AM  
Yama 5:18AM – 7:01AM  
**Rahu** 1:54PM – 3:37PM

**Purvashadha\* Until 3:17AM Fri**  
Sadhya Until 2:57PM  
Bava Until 10:00AM  
**Chaturthi\* Until 8:25PM**

**Ganesha:** Blue *Sunrise:* 5:18AM  
**Muruqa:** White *Sunset:* 7:03PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 3:17AM Fri  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Kedarnath, India  
Sun 3 Sutra 33

Dhanus Rasi: 28.19 Tithi 20 – 21

282445479

**Gulika** 7:00AM – 8:44AM  
Yama 3:37PM – 5:21PM  
**Rahu** 10:27AM – 12:10PM

**Uttarashadha Until 1:10AM Sat**  
Subha Until 11:25AM  
Kaulava Until 6:56AM  
**Panchami Until 5:31PM**

**Ganesha:** Blue *Sunrise:* 5:17AM  
**Muruqa:** White *Sunset:* 7:04PM  
**Nataraja:** Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga  
Until 1:10AM Sat  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Kedarnath, India  
Sun 4 Sutra 34

Makara Rasi: 12.47 Tithi 21 – 22

292445479

**Gulika** 5:17AM – 7:00AM  
Yama 1:54PM – 3:38PM  
**Rahu** 8:44AM – 10:27AM

**Shravana Until 11:47PM**  
Sukla Until 8:11AM  
Visti Until 1:58AM Sun  
**Shashthi\* Until 3:01PM**

**Ganesha:** Red *Sunrise:* 5:17AM  
**Muruqa:** White *Sunset:* 7:05PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Sunday, May 22, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kedarnath, India  
Sun 5 Sutra 35

Makara Rasi: 26.58 Tithi 22 – 23

292445479

**Gulika** 3:38PM – 5:22PM  
Yama 12:11PM – 1:54PM  
**Rahu** 5:22PM – 7:05PM

**Dhanishtha Until 10:47PM**  
Indra Until 2:59AM Mon  
Balava Until 12:15AM Mon  
**Saptami Until 1:01PM**

**Ganesha:** Red *Sunrise:* 5:16AM  
**Muruqa:** White *Sunset:* 7:05PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
Ashtami

Routine Work Marana Yoga  
Until 10:47PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Monday, May 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kedarnath, India  
Sun 6 Sutra 36

Kumbha Rasi: 10.46 Tithi 23 – 24

292445479

**Gulika** 1:54PM – 3:38PM  
Yama 10:27AM – 12:11PM  
**Rahu** 6:59AM – 8:43AM

**Shatabhishak Until 10:13PM**  
Vaidhriti\* Until 1:04AM Tue  
Taitila Until 11:08PM  
**Ashtami\* Until 11:36AM**

**Ganesha:** Red *Sunrise:* 5:16AM  
**Muruqa:** White *Sunset:* 7:06PM  
**Nataraja:** Clear  
Moon – Purple  
Vaisaka-Vaikasi

Subhakrit 5124  
Moon 5 - Phase 5 -  
Navami

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:13PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

<b>1</b>	<b>Tuesday, May 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Kedarnath, India Sun 7 Sutra 37
	Kumbha Rasi: 24.14	Tithi 24 – 25	<b>Gulika</b> 12:11PM – 1:55PM	<b>Purvaproshtapada* Until 10:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:15AM	Subhakrit 5124
	213545479	<b>Rahu</b> 3:39PM – 5:22PM	Yama 8:43AM – 10:27AM	Vishkambha* Until 11:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:06PM	Moon 5 - Phase 6 - 7 2nd Phase
Routine Work Marana Yoga Until 10:33PM Then Creative Work - Amrita Yoga		Vanija Until 10:36PM <b>Navami* Until 10:46AM</b>		Moon – Clear	<b>Devaloka Day</b> Vaisaka-Vaikasi		


<b>2</b>	<b>Wednesday, May 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kedarnath, India Sun 8 Sutra 38
	Meena Rasi: 7.22	Tithi 25 – 26	<b>Gulika</b> 10:27AM – 12:11PM	<b>Uttaraproshtapada Until 11:18PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:15AM	Subhakrit 5124
	213545479	<b>Rahu</b> 12:11PM – 1:55PM	Yama 6:59AM – 8:43AM	Priti Until 10:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 5 - Phase 6 - 8 2nd Phase
Creative Work Siddha Yoga Until 11:18PM Then Routine Work - Marana Yoga		Bava Until 10:40PM <b>Dashami Until 10:32AM</b>		Moon – Clear	<b>Devaloka Day</b> Vaisaka-Vaikasi		

<b>3</b>	<b>Thursday, May 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kedarnath, India Sun 9 Sutra 39
	Meena Rasi: 20.13	Tithi 26 – 27	<b>Gulika</b> 8:43AM – 10:27AM	<b>Revati Until 12:27AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	Subhakrit 5124
	313545479	<b>Rahu</b> 1:55PM – 3:39PM	Yama 5:14AM – 6:58AM	Ayushman Until 10:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM	Moon 5 - Phase 6 - 9 2nd Phase
Creative Work Siddha Yoga Until 12:27AM Fri Then Creative Work - Amrita Yoga		Kaulava Until 11:17PM <b>Ekadashi* Until 10:53AM</b>		Moon – Clear	<b>Sivaloka Day</b> Vaisaka-Vaikasi		

<b>4</b>	<b>Friday, May 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Titila/Gara Karana Dvadashi/Trayodashyam Titau				Kedarnath, India Sun 10 Sutra 40
	Mesha Rasi: 2.48	Tithi 27 – 28	<b>Gulika</b> 6:58AM – 8:42AM	<b>Ashvini Until 2:24AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:14AM	Subhakrit 5124
	323545479	<b>Rahu</b> 10:27AM – 12:11PM	Yama 3:40PM – 5:24PM	Saubhagya Until 10:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM	Moon 5 - Phase 6 - 10 2nd Phase
Creative Work Amrita Yoga Until 2:24AM Sat Then Creative Work - Siddha Yoga		Gara Until 12:25AM Sat <b>Dvadashi* Until 11:47AM</b>		Moon – White	<b>Devaloka Day</b> Vaisaka-Vaikasi		
<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Saturday, May 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 11 Sutra 41
	Mesha Rasi: 15.1	Tithi 28 – 29	<b>Gulika</b> 5:14AM – 6:58AM	<b>Bharani Until 4:38AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:14AM	Subhakrit 5124
	323545479	<b>Rahu</b> 8:42AM – 10:27AM	Yama 1:56PM – 3:40PM	Sobhana Until 10:21PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 5 - Phase 6 - 11 2nd Phase
Creative Work Siddha Yoga		Visti Until 2:00AM Sun <b>Trayodashi* Until 1:09PM</b>		Moon – White	<b>Devaloka Day</b> Vaisaka-Vaikasi		

<b>6</b>	<b>Sunday, May 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kedarnath, India Sun 12 Sutra 42
	Mesha Rasi: 27.21	Tithi 29 – 30	<b>Gulika</b> 3:40PM – 5:25PM	<b>Krittika Until 7:02AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:13AM	Subhakrit 5124
	323545479	<b>Rahu</b> 5:25PM – 7:09PM	Yama 12:11PM – 1:56PM	Athiganda* Until 10:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 5 - Phase 6 - 12 2nd Phase
Creative Work Siddha Yoga Until 7:02AM Mon Then Creative Work - Amrita Yoga		Catuspada Until 3:58AM Mon <b>Chaturdashi* Until 2:55PM</b>		Moon – White	<b>Devaloka Day</b> Vaisaka-Vaikasi		

	<b>Monday, May 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kedarnath, India Sun 13 Sutra 43
	<b>Retreat Star</b>		<b>Gulika</b> 1:56PM – 3:41PM	<b>Krittika Until 7:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:13AM	Subhakrit 5124
	Vrishabha Rasi: 9.23	Tithi 30 – 1	Yama 10:27AM – 12:11PM	Sukarma Until 11:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM	Moon 5 - Phase 6 - 13 Amavasya
<b>Family Home Evening</b>		323545479	<b>Rahu</b> 6:58AM – 8:42AM	Kintughna Until 6:12AM Tue <b>Amavasya* Until 5:02PM</b>	<b>Nataraja:</b> Clear	<b>Devaloka Day</b> Moon – White Vaisaka-Vaikasi	
Routine Work Marana Yoga Until 7:02AM Then Creative Work - Amrita Yoga							

<b>7</b>	<b>Tuesday, May 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Kedarnath, India Sun 14 Sutra 44
	<b>Retreat Star</b>		<b>Gulika</b> 12:12PM – 1:56PM	<b>Rohini Until 10:03AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:13AM	Subhakrit 5124
	Vrishabha Rasi: 21.19	Tithi 1	Yama 8:42AM – 10:27AM	Dhriti Until 12:36AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM	Moon 5 - Phase 6 - 14 Prathama
Creative Work Amrita Yoga Until 10:03AM Then Creative Work - Siddha Yoga		333545479	<b>Rahu</b> 3:41PM – 5:26PM	Kintughna Until 6:12AM <b>Prathama* Until 7:22PM</b>	<b>Nataraja:</b> Clear	<b>Devaloka Day</b> Moon – Yellow Jyeshtha-Vaikasi	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Wednesday, June 1, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kedarnath, India Sun 15 Sutra 45 Subhakit 5124
	Mithuna Rasi: 3.11	Tithi 2	<b>Gulika</b> 10:27AM – 12:12PM	<b>Mrigashira</b> Until 1:03PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:12AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:11PM	Moon 5 - Phase 7 - 15
			Yama 6:57AM – 8:42AM	Shula* Until 1:35AM Thu	<b>Nataraja:</b> Clear		3rd Phase
	333545479	Rahu 12:12PM – 1:56PM	Balava Until 8:37AM	<b>Dvitiya</b> Until 9:50PM	Moon – Yellow	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga			Jyeshtha-Vaikasi			

<b>2</b>	<b>Thursday, June 2, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Kedarnath, India Sun 16 Sutra 46 Subhakit 5124
	Mithuna Rasi: 15.01	Tithi 3	<b>Gulika</b> 8:42AM – 10:27AM	<b>Ardra</b> Until 3:55PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:12AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:12PM	Moon 5 - Phase 7 - 16
			Yama 5:12AM – 6:57AM	Ganda* Until 2:36AM Fri	<b>Nataraja:</b> Clear		3rd Phase
	333545479	Rahu 1:57PM – 3:42PM	Taitila Until 11:06AM	<b>Tritiya</b> Until 12:19AM Fri	Moon – Yellow	<b>Devaloka Day</b>	
Routine Work	Marana Yoga			Jyeshtha-Vaikasi			
Until 3:55PM							
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Friday, June 3, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Kedarnath, India Sun 17 Sutra 47 Subhakit 5124
	Mithuna Rasi: 26.51	Tithi 4	<b>Gulika</b> 6:57AM – 8:42AM	<b>Punarvasu</b> Until 7:05PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:12AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:12PM	Moon 5 - Phase 7 - 17
			Yama 3:42PM – 5:27PM	Vriddhi Until 3:33AM Sat	<b>Nataraja:</b> Clear		3rd Phase
	343555479	Rahu 10:27AM – 12:12PM	Vanija Until 1:33PM	<b>Chaturthi*</b> Until 2:42AM Sat	Moon – Blue	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga			Jyeshtha-Vaikasi			
Until 7:05PM							
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Saturday, June 4, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Kedarnath, India Sun 18 Sutra 48 Subhakit 5124
	Kataka Rasi: 8.44	Tithi 5	<b>Gulika</b> 5:12AM – 6:57AM	<b>Pushya</b> Until 9:53PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:12AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:13PM	Moon 5 - Phase 7 - 18
			Yama 1:57PM – 3:42PM	Dhruva Until 4:17AM Sun	<b>Nataraja:</b> Clear		3rd Phase
	343555479	Rahu 8:42AM – 10:27AM	Bava Until 3:50PM	<b>Panchami</b> Until 4:51AM Sun	Moon – Blue	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga			Jyeshtha-Vaikasi			
Until 9:53PM							
Then Routine Work - Marana Yoga							

<b>5</b>	<b>Sunday, June 5, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kedarnath, India Sun 19 Sutra 49 Subhakit 5124
	Kataka Rasi: 20.43	Tithi 6	<b>Gulika</b> 3:43PM – 5:28PM	<b>Ashlesha*</b> Until 12:12AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:12AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:13PM	Moon 5 - Phase 7 - 19
			Yama 12:12PM – 1:57PM	Vyaghata* Until 4:45AM Mon	<b>Nataraja:</b> Yellow		3rd Phase
	343555471	Rahu 5:28PM – 7:13PM	Kaulava Until 5:49PM	<b>Shashthi*</b> Until 6:38AM Mon	Moon – Blue	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga			Jyeshtha-Vaikasi			
Until 12:12AM Mon							
Then Routine Work - Marana Yoga							

<b>6</b>	<b>Monday, June 6, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Kedarnath, India Sun 20 Sutra 50 Subhakit 5124
	Simha Rasi: 2.51	Tithi 6 – 7	<b>Gulika</b> 1:58PM – 3:43PM	<b>Magha*</b> Until 2:23AM Tue	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:11AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:14PM	Moon 5 - Phase 7 - 20
	<b>Family Home Evening</b>		Yama 10:27AM – 12:12PM	Harshana Until 4:51AM Tue	<b>Nataraja:</b> Yellow		3rd Phase
	353555471	Rahu 6:57AM – 8:42AM	Gara Until 7:21PM	<b>Shashthi*</b> Until 6:38AM	Moon – Red	<b>Sivaloka Day</b>	
Routine Work	Marana Yoga			Jyeshtha-Vaikasi			
Until 2:23AM Tue							
Then Creative Work - Siddha Yoga							

<b>☾</b>	<b>Tuesday, June 7, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kedarnath, India Sun 21 Sutra 51 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 12:13PM – 1:58PM	<b>Purvaphalguni</b> Until 3:48AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:11AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:14PM	Moon 5 - Phase 7 - 21
	Simha Rasi: 15.12	Tithi 7 – 8	Yama 8:42AM – 10:27AM	Vajra* Until 4:25AM Wed	<b>Nataraja:</b> Yellow		Ashtami
	354555471	Rahu 3:43PM – 5:29PM	Visti Until 8:18PM	<b>Saptami</b> Until 7:53AM	Moon – Red	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga			Jyeshtha-Vaikasi			
Until 3:48AM Wed							
Then Creative Work - Amrita Yoga							

<b>☽</b>	<b>Wednesday, June 8, 2022</b>		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kedarnath, India Sun 22 Sutra 52 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 10:27AM – 12:13PM	<b>Uttaraphalguni</b> Until 4:21AM Thu	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:11AM	<b>Muruqa:</b> Green <i>Sunset:</i> 7:14PM	Moon 5 - Phase 7 - 22
	Simha Rasi: 27.5	Tithi 8 – 9	Yama 6:57AM – 8:42AM	Siddhi Until 3:25AM Thu	<b>Nataraja:</b> Yellow		Navami
	354555471	Rahu 12:13PM – 1:58PM	Balava Until 8:33PM	<b>Ashtami*</b> Until 8:30AM	Moon – Red	<b>Devaloka Day</b>	
Creative Work	Amrita Yoga			Jyeshtha-Vaikasi			
Until 4:21AM Thu							
Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


<b>1</b>	<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hashta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kedarnath, India Sun 23 Sutra 53
	Kanya Rasi: 10.49	Tithi 9 – 10	<b>Gulika</b> 8:42AM – 10:28AM	<b>Hasta</b> <b>Until 4:25AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise: 5:11AM</i>		Subhakrit 5124
			Yama 5:11AM – 6:57AM	Vyatipata* Until 1:49AM Fri	<b>Muruqa:</b> Green <i>Sunset: 7:15PM</i>		Moon 5 - Phase 8 - 23
	364555471		<b>Rahu</b> 1:58PM – 3:44PM	Taitila Until 8:01PM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work Marana Yoga				Moon – Green	<b>Bhuloka Day</b>		
Until 4:25AM Fri				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Varyian Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kedarnath, India Sun 24 Sutra 54
	Kanya Rasi: 24.13	Tithi 10 – 11	<b>Gulika</b> 6:57AM – 8:42AM	<b>Chitra</b> <b>Until 3:35AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise: 5:11AM</i>		Subhakrit 5124
			Yama 3:44PM – 5:30PM	Variyan Until 11:33PM	<b>Muruqa:</b> Green <i>Sunset: 7:15PM</i>		Moon 5 - Phase 8 - 24
	364555471		<b>Rahu</b> 10:28AM – 12:13PM	Vanija Until 6:42PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga				Moon – Green	<b>Bhuloka Day</b>		
				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		

<b>3</b>	<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Kedarnath, India Sun 25 Sutra 55
	Tula Rasi: 8.04	Tithi 12	<b>Gulika</b> 5:11AM – 6:57AM	<b>Svati</b> <b>Until 1:54AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise: 5:11AM</i>		Subhakrit 5124
			Yama 1:59PM – 3:45PM	Parigha* Until 8:43PM	<b>Muruqa:</b> Green <i>Sunset: 7:16PM</i>		Moon 5 - Phase 8 - 25
	364555471		<b>Rahu</b> 8:42AM – 10:28AM	Bava Until 4:38PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work Siddha Yoga				Moon – Green	<b>Bhuloka Day</b>		
Until 1:54AM Sun				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kedarnath, India Sun 26 Sutra 56
	Tula Rasi: 22.23	Tithi 13	<b>Gulika</b> 3:45PM – 5:31PM	<b>Vishakha</b> <b>Until 11:54PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:11AM</i>		Subhakrit 5124
			Yama 12:14PM – 1:59PM	Shiva Until 5:23PM	<b>Muruqa:</b> Green <i>Sunset: 7:16PM</i>		Moon 5 - Phase 8 - 26
	374555471		<b>Rahu</b> 5:31PM – 7:16PM	Kaulava Until 1:57PM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work Marana Yoga				Moon – Orange	<b>Devaloka Day</b>		
		<b>Vaikasi Visakam</b>	<b>Trayodashi</b> <b>Until 12:23AM Mon</b>	Jyeshtha-Vaikasi			

<b>5</b>	<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Kedarnath, India Sun 27 Sutra 57
	Vrischika Rasi: 7.05	Tithi 14	<b>Gulika</b> 1:59PM – 3:45PM	<b>Anuradha</b> <b>Until 9:20PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:11AM</i>		Subhakrit 5124
			Yama 10:28AM – 12:14PM	Siddha Until 1:38PM	<b>Muruqa:</b> Green <i>Sunset: 7:17PM</i>		Moon 5 - Phase 8 - 27
	374555471		<b>Rahu</b> 6:57AM – 8:42AM	Gara Until 10:45AM	<b>Nataraja:</b> Yellow		4th Phase
Family Home Evening				Moon – Orange	<b>Devaloka Day</b>		
Creative Work Siddha Yoga				Jyeshtha-Vaikasi			

	<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Kedarnath, India Sun 28 Sutra 58
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:14PM – 2:00PM	<b>Jyeshtha*</b> <b>Until 6:22PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:11AM</i>		Subhakrit 5124
	Vrischika Rasi: 22.06	Tithi 15 – 16	Yama 8:43AM – 10:28AM	Sadhya Until 9:36AM	<b>Muruqa:</b> Green <i>Sunset: 7:17PM</i>		Moon 5 - Phase 8 - Purnima
	374555471		<b>Rahu</b> 3:45PM – 5:31PM	Visti Until 7:12AM	<b>Nataraja:</b> Yellow		
Routine Work Marana Yoga				Moon – Orange	<b>Devaloka Day</b>		
Until 6:22PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

<b>○</b>	<b>Wednesday, June 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Kedarnath, India Sun 29 Sutra 59
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:28AM – 12:14PM	<b>Mula*</b> <b>Until 3:32PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 5:11AM</i>		Subhakrit 5124
	Dhanus Rasi: 7.17	Tithi 16 – 17	Yama 6:57AM – 8:43AM	Sukla Until 1:14AM Thu	<b>Muruqa:</b> Green <i>Sunset: 7:17PM</i>		Moon 5 - Phase 8 - Prathama
	384555471		<b>Rahu</b> 12:14PM – 2:00PM	Taitila Until 11:39PM	<b>Nataraja:</b> Yellow		
Routine Work Marana Yoga				Moon – Light Blue	<b>Bhuloka Day</b>		
Until 3:32PM				Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga							





Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

Kedarnath, India

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 22.28 Tithi 17 - 18

384555471

Gulika 8:43AM - 10:29AM  
Yama 5:11AM - 6:57AM  
Rahu 2:00PM - 3:46PM

Purvashadha\* Until 12:38PM  
Brahma Until 9:10PM  
Vanija Until 8:00PM  
Dvitiya Until 9:47AM

Ganesha: Blue  
Muruga: Green  
Nataraja: Yellow  
Moon - Light Blue  
Jyeshtha-Ani

Sunrise: 5:11AM  
Sunset: 7:18PM

Bhuloka Day  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 12:38PM

Then Routine Work - Marana Yoga

1

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili\* Yoga Visti\*/Balava Karana Tritiya/Chaturthiyam Titau

Kedarnath, India

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 7.31 Tithi 18 - 19

384555471

Gulika 6:57AM - 8:43AM  
Yama 3:46PM - 5:32PM  
Rahu 10:29AM - 12:15PM

Uttarashadha Until 9:51AM  
Indra Until 5:21PM  
Balava Until 3:04AM Sat  
Tritiya Until 6:15AM

Ganesha: Blue  
Muruga: Green  
Nataraja: Yellow  
Moon - Light Blue  
Jyeshtha-Ani

Sunrise: 5:11AM  
Sunset: 7:18PM

Bhuloka Day  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

2

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili\*/Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 22.17 Tithi 20

394655471

Gulika 5:11AM - 6:57AM  
Yama 2:01PM - 3:47PM  
Rahu 8:43AM - 10:29AM

Shravana Until 7:43AM  
Vaidhrili\* Until 1:53PM  
Kaulava Until 1:41PM  
Panchami Until 12:24AM Sun

Ganesha: Blue  
Muruga: Green  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 5:11AM  
Sunset: 7:18PM

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shashthiyam Titau

Kedarnath, India

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 6.4 Tithi 21

395655471

Gulika 3:47PM - 5:33PM  
Yama 12:15PM - 2:01PM  
Rahu 5:33PM - 7:18PM

Shatabhishak Until 4:46AM Mon  
Vishkambha\* Until 10:54AM  
Gara Until 11:19AM  
Shashthi\* Until 10:22PM

Ganesha: Red  
Muruga: Green  
Nataraja: Yellow  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 5:12AM  
Sunset: 7:18PM

Devaloka Day

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Routine Work - Marana Yoga

4

Monday, June 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Kedarnath, India

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 20.37 Tithi 22

315655471

Gulika 2:01PM - 3:47PM  
Yama 10:29AM - 12:15PM  
Rahu 6:58AM - 8:44AM

Purvaproshtapada\* Until 4:35AM Tue  
Priti Until 8:30AM  
Visti Until 9:38AM  
Saptami Until 9:03PM

Ganesha: Clear  
Muruga: Green  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 5:12AM  
Sunset: 7:19PM

Devaloka Day

Routine Work Marana Yoga

Until 4:35AM Tue

Then Creative Work - Amrita Yoga

5

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 4.06 Tithi 23

315655471

Gulika 12:15PM - 2:01PM  
Yama 8:44AM - 10:30AM  
Rahu 3:47PM - 5:33PM

Uttaraproshtapada Until 5:02AM Wed  
Ayushman Until 6:40AM  
Balava Until 8:42AM  
Ashtami\* Until 8:31PM

Ganesha: Clear  
Muruga: Green  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 5:12AM  
Sunset: 7:19PM

Devaloka Day

Creative Work Amrita Yoga

Until 5:02AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India

Sun 7 Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 17.11 Tithi 24

315655471

Gulika 10:30AM - 12:16PM  
Yama 6:58AM - 8:44AM  
Rahu 12:16PM - 2:02PM

Revati Until 6:02AM Thu  
Sobhana Until 4:54AM Thu  
Taitila Until 8:33AM  
Navami\* Until 8:44PM

Ganesha: Clear  
Muruga: Green  
Nataraja: Yellow  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 5:12AM  
Sunset: 7:19PM

Devaloka Day

Routine Work Marana Yoga

Until 6:02AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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<b>1</b>		<b>Thursday, June 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Kedarnath, India Sun 8 Sutra 67	
Meena Rasi: 29.53	Tithi 25	<b>Gulika</b> 8:44AM – 10:30AM	<b>Revati Until 6:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:12AM	Subhakrit 5124	
		Yama 5:12AM – 6:58AM	Athiganda* Until 4:49AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 10 - 8	
		315655471 <b>Rahu</b> 2:02PM – 3:48PM	Vanija Until 9:08AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 9:40PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 6:02AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Friday, June 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Kedarnath, India Sun 9 Sutra 68	
Mesha Rasi: 12.17	Tithi 26	<b>Gulika</b> 6:59AM – 8:44AM	<b>Ashvini Until 8:01AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM	Subhakrit 5124	
		Yama 3:48PM – 5:34PM	Sukarma Until 5:11AM Sat	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 10 - 9	
		325655471 <b>Rahu</b> 10:30AM – 12:16PM	Bava Until 10:23AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:11PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 8:01AM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga						Devaloka Time: 6:PM to 9:PM	

<b>3</b>		<b>Saturday, June 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kedarnath, India Sun 10 Sutra 69	
Mesha Rasi: 24.28	Tithi 27	<b>Gulika</b> 5:13AM – 6:59AM	<b>Bharani Until 10:22AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM	Subhakrit 5124	
		Yama 2:02PM – 3:48PM	Dhriti Until 5:53AM Sun	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 10 - 10	
		325655471 <b>Rahu</b> 8:45AM – 10:30AM	Kaulava Until 12:09PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 1:10AM Sun</b>	Moon – White		<b>Bhuloka Day</b>	
Until 10:22AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga						Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Sunday, June 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Kedarnath, India Sun 11 Sutra 70	
Vrishabha Rasi: 6.28	Tithi 28	<b>Gulika</b> 3:48PM – 5:34PM	<b>Krittika Until 12:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM	Subhakrit 5124	
		Yama 12:17PM – 2:02PM	Shula* Until 6:47AM Mon	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 10 - 11	
		325655471 <b>Rahu</b> 5:34PM – 7:20PM	Gara Until 2:18PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 3:27AM Mon</b>	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha-Ani			
						Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, June 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kedarnath, India Sun 12 Sutra 71	
Vrishabha Rasi: 18.22	Tithi 29	<b>Gulika</b> 2:03PM – 3:48PM	<b>Rohini Until 4:03PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:14AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:31AM – 12:17PM	Shula* Until 6:47AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 10 - 12	
		335655471 <b>Rahu</b> 6:59AM – 8:45AM	Visti Until 4:41PM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 5:55AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Jyeshtha-Ani			
						Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Tuesday, June 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhi Yoga Catuspada* Karana Amavasyayam Titau		Kedarnath, India Sun 13 Sutra 72	
Mithuna Rasi: 0.12	Tithi 30	<b>Gulika</b> 12:17PM – 2:03PM	<b>Mrigashira Until 7:07PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:14AM	Subhakrit 5124	
		Yama 8:45AM – 10:31AM	Ganda* Until 7:48AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 10 - 13	
		335655471 <b>Rahu</b> 3:48PM – 5:34PM	Catuspada Until 7:11PM	<b>Nataraja:</b> Yellow		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 8:25AM Wed</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 7:07PM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga						Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Wednesday, June 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kedarnath, India Sun 14 Sutra 73	
Mithuna Rasi: 12.01	Tithi 30 – 1	<b>Gulika</b> 10:31AM – 12:17PM	<b>Ardra Until 10:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	Subhakrit 5124	
		Yama 7:00AM – 8:46AM	Vridhi Until 8:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 10 - 14	
		336655471 <b>Rahu</b> 12:17PM – 2:03PM	Kintughna Until 9:40PM	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya* Until 8:25AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada-Ani			
						Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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<b>1</b>		<b>Thursday, June 30, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kedarnath, India Sun 15 Sutra 74 Subhakarit 5124	
Mithuna Rasi: 23.51	Tithi 1 – 2	<b>Gulika</b> 8:46AM – 10:32AM	<b>Punarvasu</b> Until 1:08AM Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:15AM	Moon 6 - Phase 11 - 15 3rd Phase	
Creative Work	Amrita Yoga	Yama 5:15AM – 7:00AM	Dhruva Until 9:52AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM		
Until 1:08AM Fri		346655471 <b>Rahu</b> 2:03PM – 3:49PM	Balava Until 12:04AM Fri	<b>Nataraja:</b> Yellow			
Then Routine Work - Marana Yoga			<b>Prathama*</b> Until 10:52AM	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
<b>2</b>		<b>Friday, July 1, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kedarnath, India Sun 16 Sutra 75 Subhakarit 5124	
Kataka Rasi: 5.44	Tithi 2 – 3	<b>Gulika</b> 7:01AM – 8:46AM	<b>Pushya</b> Until 3:56AM Sat	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:15AM	Moon 6 - Phase 11 - 16 3rd Phase	
Creative Work	Marana Yoga	Yama 3:49PM – 5:34PM	Vyaghata* Until 10:46AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM		
Routine Work		346655471 <b>Rahu</b> 10:32AM – 12:18PM	Taitila Until 2:17AM Sat	<b>Nataraja:</b> Yellow			
			<b>Dvitiya</b> Until 1:11PM	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
<b>3</b>		<b>Saturday, July 2, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kedarnath, India Sun 17 Sutra 76 Subhakarit 5124	
Kataka Rasi: 17.41	Tithi 3 – 4	<b>Gulika</b> 5:15AM – 7:01AM	<b>Ashlesha*</b> Until 6:19AM Sun	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:15AM	Moon 6 - Phase 11 - 17 3rd Phase	
Creative Work	Marana Yoga	Yama 2:03PM – 3:49PM	Harshana Until 11:32AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM		
Routine Work		346655471 <b>Rahu</b> 8:47AM – 10:32AM	Vanija Until 4:15AM Sun	<b>Nataraja:</b> Yellow			
			<b>Tritiya</b> Until 3:17PM	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
<b>4</b>		<b>Sunday, July 3, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kedarnath, India Sun 18 Sutra 77 Subhakarit 5124	
Kataka Rasi: 29.45	Tithi 4 – 5	<b>Gulika</b> 3:49PM – 5:34PM	<b>Ashlesha*</b> Until 6:19AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:16AM	Moon 6 - Phase 11 - 18 3rd Phase	
Creative Work	Siddha Yoga	Yama 12:18PM – 2:03PM	Vajra* Until 12:04PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM		
Until 6:19AM		346655471 <b>Rahu</b> 5:34PM – 7:20PM	Bava Until 5:53AM Mon	<b>Nataraja:</b> Yellow			
Then Routine Work - Marana Yoga			<b>Chaturthi*</b> Until 5:06PM	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
<b>5</b>		<b>Monday, July 4, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava Karana Panchamyam Titau		Kedarnath, India Sun 19 Sutra 78 Subhakarit 5124	
Simha Rasi: 11.56	Tithi 5	<b>Gulika</b> 2:04PM – 3:49PM	<b>Magha*</b> Until 8:42AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:16AM	Moon 6 - Phase 11 - 19 3rd Phase	
Family Home Evening		Yama 10:33AM – 12:18PM	Siddhi Until 12:20PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM		
Routine Work	Marana Yoga	356655471 <b>Rahu</b> 7:02AM – 8:47AM	Balava Until 6:32PM	<b>Nataraja:</b> Yellow			
Until 8:42AM			<b>Panchami</b> Until 6:32PM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Ashada*Ani			
<b>6</b>		<b>Tuesday, July 5, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Kedarnath, India Sun 20 Sutra 79 Subhakarit 5124	
Simha Rasi: 24.19	Tithi 6	<b>Gulika</b> 12:18PM – 2:04PM	<b>Purvaphalguni</b> Until 10:29AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:17AM	Moon 6 - Phase 11 - 20 3rd Phase	
Creative Work	Siddha Yoga	Yama 8:47AM – 10:33AM	Vyatipata* Until 12:15PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM		
Until 10:29AM		356655471 <b>Rahu</b> 3:49PM – 5:34PM	Kaulava Until 7:05AM	<b>Nataraja:</b> Yellow			
Then Creative Work - Amrita Yoga			<b>Shashthi*</b> Until 7:28PM	Moon – Red		<b>Devaloka Day</b>	
<b>Retreat Star</b>		<b>Wednesday, July 6, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Kedarnath, India Sun 21 Sutra 80 Subhakarit 5124	
Kanya Rasi: 6.56	Tithi 7	<b>Gulika</b> 10:33AM – 12:18PM	<b>Uttaraphalguni</b> Until 11:34AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	Moon 6 - Phase 11 - 21 3rd Phase	
Creative Work	Amrita Yoga	Yama 7:02AM – 8:48AM	Variyan Until 11:42AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM		
Until 11:34AM		357655471 <b>Rahu</b> 12:18PM – 2:04PM	Gara Until 7:45AM	<b>Nataraja:</b> Yellow			
Then Routine Work - Marana Yoga			<b>Saptami</b> Until 7:49PM	Moon – Red		<b>Devaloka Day</b>	
<b>Retreat Star</b>		<b>Thursday, July 7, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Kedarnath, India Sun 22 Sutra 81 Subhakarit 5124	
Kanya Rasi: 19.51	Tithi 8	<b>Gulika</b> 8:48AM – 10:33AM	<b>Hasta</b> Until 12:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	Moon 6 - Phase 11 - 22 Ashtami	
Creative Work	Marana Yoga	Yama 5:18AM – 7:03AM	Parigha* Until 10:38AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM		
Until 12:20PM		467655471 <b>Rahu</b> 2:04PM – 3:49PM	Visti Until 7:46AM	<b>Nataraja:</b> Yellow			
Then Creative Work - Siddha Yoga			<b>Ashtami*</b> Until 7:29PM	Moon – Green		<b>Devaloka Day</b>	
<b>Retreat Star</b>		<b>Friday, July 8, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Kedarnath, India Sun 23 Sutra 82 Subhakarit 5124	
Tula Rasi: 3.09	Tithi 9	<b>Gulika</b> 7:03AM – 8:48AM	<b>Chitra</b> Until 12:13PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	Moon 6 - Phase 11 - 23 Navami	
Creative Work	Siddha Yoga	Yama 3:49PM – 5:34PM	Shiva Until 9:01AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:19PM		
		467655471 <b>Rahu</b> 10:34AM – 12:19PM	Balava Until 7:03AM	<b>Nataraja:</b> Yellow			
			<b>Navami*</b> Until 6:25PM	Moon – Green		<b>Devaloka Day</b>	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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1	<b>Saturday, July 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kedarnath, India Sun 24 Sutra 83
	Tula Rasi: 16.52	Tithi 10 - 11	<b>Gulika</b> 5:18AM - 7:04AM	<b>Svati Until 11:13AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	Subhakrit 5124
			Yama 2:04PM - 3:49PM	Siddha Until 6:46AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	467655471 <b>Rahu</b> 8:49AM - 10:34AM	Vanija Until 3:28AM Sun	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami Until 4:37PM</b>	Ashada*Ani	<b>Devaloka Day</b>		

2	<b>Sunday, July 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Kedarnath, India Sun 25 Sutra 84
	Vrischika Rasi: 1.01	Tithi 11 - 12	<b>Gulika</b> 3:49PM - 5:34PM	<b>Vishakha Until 9:50AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:19AM	Subhakrit 5124
			Yama 12:19PM - 2:04PM	Subha Until 12:39AM Mon	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 <b>Rahu</b> 5:34PM - 7:19PM	Bava Until 12:43AM Mon	<b>Nataraja:</b> Yellow		4th Phase
			<b>Ekadashi Until 2:09PM</b>	Ashada*Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

3	<b>Monday, July 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kedarnath, India Sun 26 Sutra 85
	Vrischika Rasi: 16	Tithi 12 - 13	<b>Gulika</b> 2:04PM - 3:49PM	<b>Anuradha Until 7:43AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:19AM	Subhakrit 5124
	Family Home Evening		Yama 10:34AM - 12:19PM	Sukla Until 8:54PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 7:04AM - 8:49AM	Kaulava Until 9:27PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dvadashi Until 11:07AM</b>	Ashada*Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
<i>Pradosha Vrata</i>							

4	<b>Tuesday, July 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula Nakshatra Brahma/Indra Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 27 Sutra 86
	Dhanus Rasi: 0.32	Tithi 13 - 14	<b>Gulika</b> 12:19PM - 2:04PM	<b>Mula* Until 2:16AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:20AM	Subhakrit 5124
			Yama 8:50AM - 10:34AM	Brahma Until 4:52PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 <b>Rahu</b> 3:49PM - 5:34PM	Vanija Until 3:56AM Wed	<b>Nataraja:</b> Yellow		4th Phase
			<b>Trayodashi Until 7:40AM</b>	Moon - Light Blue Ashada*Ani	<b>Sivaloka Day</b>		

○	<b>Wednesday, July 13, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha Nakshatra Indra/Vaidhriti Yoga Visti/Bava Karana Purnimayam Titau				Kedarnath, India Sutra 87
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:35AM - 12:19PM	<b>Purvashadha* Until 11:16PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM	Subhakrit 5124
	Dhanus Rasi: 15.41	Tithi 15	Yama 7:05AM - 8:50AM	Indra Until 12:41PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488755471 <b>Rahu</b> 12:19PM - 2:04PM	Visti Until 2:02PM	<b>Nataraja:</b> Yellow		
			<b>Satguru Purnima</b>	<b>Purnima* Until 12:05AM Thu</b>	Ashada*Ani	<b>Devaloka Day</b>	

○	<b>Thursday, July 14, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti/Vishkambha Yoga Balava/Kaulava Karana Prathamayam Titau				Kedarnath, India Sutra 88
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:50AM - 10:35AM	<b>Uttarashadha Until 8:10PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM	Subhakrit 5124
	Makara Rasi: 0.56	Tithi 16	Yama 5:21AM - 7:06AM	Vaidhriti* Until 8:25AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 12 - Prathama
	Routine Work	Marana Yoga	488755471 <b>Rahu</b> 2:04PM - 3:49PM	Balava Until 10:11AM	<b>Nataraja:</b> Yellow		
			<b>Prathama* Until 8:17PM</b>	Moon - Light Blue Ashada*Ani	<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Kedarnath, India  
Sun 1 Sutra 89

Makara Rasi: 16.05 Tithi 17 - 18

**Gulika** 7:06AM - 8:51AM  
**Yama** 3:49PM - 5:33PM  
**Rahu** 10:35AM - 12:20PM

**Ganesha:** Blue *Sunrise:* 5:22AM  
**Muruqa:** Green *Sunset:* 7:18PM  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada-Ani**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 5:34PM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Kedarnath, India  
Sun 2 Sutra 90

Kumbha Rasi: 1.01 Tithi 18 - 19

**Gulika** 5:22AM - 7:07AM  
**Yama** 2:04PM - 3:48PM  
**Rahu** 8:51AM - 10:35AM

**Ganesha:** Blue *Sunrise:* 5:22AM  
**Muruqa:** Green *Sunset:* 7:17PM  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada-Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga  
Until 3:14PM  
Then Creative Work - Amrita Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprossthapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kedarnath, India  
Sun 3 Sutra 91

Kumbha Rasi: 15.33 Tithi 19 - 20

**Gulika** 3:48PM - 5:33PM  
**Yama** 12:20PM - 2:04PM  
**Rahu** 5:33PM - 7:17PM

**Ganesha:** Blue *Sunrise:* 5:23AM  
**Muruqa:** Green *Sunset:* 7:17PM  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Bhuloka Day**

Creative Work Siddha Yoga  
Then Creative Work - Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprossthapada/Uttaraprossthapada Nakshatra Sobhana/Athiganda Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kedarnath, India  
Sun 4 Sutra 92

Kumbha Rasi: 29.38 Tithi 20 - 21

**Gulika** 2:04PM - 3:48PM  
**Yama** 10:36AM - 12:20PM  
**Rahu** 7:07AM - 8:52AM

**Ganesha:** White *Sunrise:* 5:23AM  
**Muruqa:** Green *Sunset:* 7:17PM  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Bhuloka Day**

**Family Home Evening**  
Routine Work Marana Yoga  
Until 12:26PM  
Then Creative Work - Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprossthapada/Revati Nakshatra Athiganda/Sukarma Yoga Vanija/Visti Karana Shashthi/Saptamyam Titau

Kedarnath, India  
Sun 5 Sutra 93

Meena Rasi: 13.13 Tithi 21 - 22

**Gulika** 12:20PM - 2:04PM  
**Yama** 8:52AM - 10:36AM  
**Rahu** 3:48PM - 5:32PM

**Ganesha:** Clear *Sunrise:* 5:24AM  
**Muruqa:** Green *Sunset:* 7:16PM  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga  
Until 12:12PM  
Then Creative Work - Siddha Yoga

**D**

**Wednesday, July 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kedarnath, India  
Sun 6 Sutra 94

Meena Rasi: 26.2 Tithi 22 - 23

**Gulika** 10:36AM - 12:20PM  
**Yama** 7:08AM - 8:52AM  
**Rahu** 12:20PM - 2:04PM

**Ganesha:** Clear *Sunrise:* 5:24AM  
**Muruqa:** Green *Sunset:* 7:16PM  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kedarnath, India  
Sun 7 Sutra 95

Mesha Rasi: 9.02 Tithi 23 - 24

**Gulika** 8:53AM - 10:36AM  
**Yama** 5:25AM - 7:09AM  
**Rahu** 2:04PM - 3:48PM

**Ganesha:** Purple *Sunrise:* 5:25AM  
**Muruqa:** Green *Sunset:* 7:15PM  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 2:16PM  
Then Creative Work - Siddha Yoga

<b>1</b>	<b>Friday, July 22, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Kedarnath, India
	Mesha Rasi: 21.23    Tithi 24 – 25	Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8    Sutra 96
	429755472	<b>Gulika</b> 7:09AM – 8:53AM Yama 3:47PM – 5:31PM <b>Rahu</b> 10:36AM – 12:20PM	<b>Bharani Until 4:24PM</b> Shula* Until 12:29PM Vanija Until 10:29PM Navami* Until 9:33AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 5:26AM <b>Sunset:</b> 7:15PM	Subhakrit 5124 Moon 7 - Phase 14 - 8 2nd Phase
Creative Work    Siddha Yoga					<b>Devaloka Day</b>	


<b>2</b>	<b>Saturday, July 23, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam				Kedarnath, India
	Vrishabha Rasi: 3.29    Tithi 25 – 26	Krittika Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9    Sutra 97
	429755472	<b>Gulika</b> 5:26AM – 7:10AM Yama 2:04PM – 3:47PM <b>Rahu</b> 8:53AM – 10:37AM	<b>Krittika Until 6:54PM</b> Ganda* Until 1:07PM Bava Until 12:38AM Sun Dashami Until 11:29AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 5:26AM <b>Sunset:</b> 7:14PM	Subhakrit 5124 Moon 7 - Phase 14 - 9 2nd Phase
Creative Work    Amrita Yoga					<b>Devaloka Day</b>	

<b>3</b>	<b>Sunday, July 24, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam				Kedarnath, India
	Vrishabha Rasi: 15.25    Tithi 26 – 27	Rohini Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10    Sutra 98
	439755472	<b>Gulika</b> 3:47PM – 5:30PM Yama 12:20PM – 2:04PM <b>Rahu</b> 5:30PM – 7:14PM	<b>Rohini Until 10:02PM</b> Vridhi Until 2:02PM Kaulava Until 3:04AM Mon Ekadashi* Until 1:48PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 5:27AM <b>Sunset:</b> 7:14PM	Subhakrit 5124 Moon 7 - Phase 14 - 10 2nd Phase
Creative Work    Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>4</b>	<b>Monday, July 25, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Kedarnath, India
	Vrishabha Rasi: 27.15    Tithi 27 – 28	Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11    Sutra 99
	439755472	<b>Gulika</b> 2:03PM – 3:47PM Yama 10:37AM – 12:20PM <b>Rahu</b> 7:11AM – 8:54AM	<b>Mrigashira Until 1:07AM Tue</b> Dhruva Until 3:04PM Gara Until 5:36AM Tue Dvadashi* Until 4:19PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 5:27AM <b>Sunset:</b> 7:13PM	Subhakrit 5124 Moon 7 - Phase 14 - 11 2nd Phase
Family Home Evening Creative Work    Amrita Yoga Until 1:07AM Tue Then Routine Work - Marana Yoga					<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	
					<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>	<b>Tuesday, July 26, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Kedarnath, India
	Mithuna Rasi: 9.04    Tithi 28	Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Trayodashyam Titau				Sun 12    Sutra 100
	439755472	<b>Gulika</b> 12:20PM – 2:03PM Yama 8:54AM – 10:37AM <b>Rahu</b> 3:46PM – 5:29PM	<b>Ardra Until 4:00AM Wed</b> Vyaghata* Until 4:08PM Vanija Until 6:50PM Trayodashi* Until 6:50PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 5:28AM <b>Sunset:</b> 7:12PM	Subhakrit 5124 Moon 7 - Phase 14 - 12 2nd Phase
Routine Work    Marana Yoga Until 4:00AM Wed Then Creative Work - Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>6</b>	<b>Wednesday, July 27, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Kedarnath, India
	Mithuna Rasi: 20.53    Tithi 29	Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13    Sutra 101
	441755472	<b>Gulika</b> 10:37AM – 12:20PM Yama 7:11AM – 8:54AM <b>Rahu</b> 12:20PM – 2:03PM	<b>Punarvasu Until 7:05AM Thu</b> Harshana Until 5:07PM Visti Until 8:04AM Chaturdashi* Until 9:14PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Blue	<b>Sunrise:</b> 5:29AM <b>Sunset:</b> 7:12PM	Subhakrit 5124 Moon 7 - Phase 14 - 13 2nd Phase
Creative Work    Siddha Yoga Until 7:05AM Thu Then Creative Work - Amrita Yoga					<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

	<b>Thursday, July 28, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Kedarnath, India
	<b>Retreat Star</b> Kataka Rasi: 2.47    Tithi 30	Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14    Sutra 102
	441755472	<b>Gulika</b> 8:55AM – 10:37AM Yama 5:29AM – 7:12AM <b>Rahu</b> 2:03PM – 3:46PM	<b>Punarvasu Until 7:05AM</b> Vajra* Until 5:56PM Catuspada Until 10:22AM Amavasya* Until 11:25PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Blue	<b>Sunrise:</b> 5:29AM <b>Sunset:</b> 7:11PM	Subhakrit 5124 Moon 7 - Phase 14 - 14 Amavasya
Creative Work    Amrita Yoga					<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

<b>Retreat Star</b>	<b>Friday, July 29, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Kedarnath, India
	Kataka Rasi: 14.46    Tithi 1	Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15    Sutra 103
	441755472	<b>Gulika</b> 7:12AM – 8:55AM Yama 3:45PM – 5:28PM <b>Rahu</b> 10:38AM – 12:20PM	<b>Pushya Until 9:46AM</b> Siddhi Until 6:34PM Kintughna Until 12:27PM Prathama* Until 1:21AM Sat	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Blue	<b>Sunrise:</b> 5:30AM <b>Sunset:</b> 7:11PM	Subhakrit 5124 Moon 7 - Phase 14 - 15 Prathama
Routine Work    Marana Yoga					<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kedarnath, India Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 26.51	Tithi 2	<b>Gulika</b> 5:30AM – 7:13AM	<b>Ashlesha* Until 12:01PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:30AM			
		Yama 2:03PM – 3:45PM	Vyatipata* Until 7:00PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:10PM		Moon 7 - Phase 15 - 16	
		441755472 <b>Rahu</b> 8:55AM – 10:38AM	Balava Until 2:14PM	<b>Nataraja:</b> White			3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya Until 2:59AM Sun</b>	Moon – Blue			<b>Bhuloka Day</b>	
Until 12:01PM							Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga				Sravana*Adi				

<b>2</b>		<b>Sunday, July 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Kedarnath, India Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 9.04	Tithi 3	<b>Gulika</b> 3:45PM – 5:27PM	<b>Magha* Until 2:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:31AM			
		Yama 12:20PM – 2:02PM	Variyan Until 7:09PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:09PM		Moon 7 - Phase 15 - 17	
		451755472 <b>Rahu</b> 5:27PM – 7:09PM	Taitila Until 3:42PM	<b>Nataraja:</b> White			3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya Until 4:17AM Mon</b>	Moon – Red			<b>Bhuloka Day</b>	
Until 2:18PM							Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga				Sravana*Adi				

<b>3</b>		<b>Monday, August 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Kedarnath, India Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 21.25	Tithi 4	<b>Gulika</b> 2:02PM – 3:44PM	<b>Purvaphalguni Until 4:05PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:32AM			
<b>Family Home Evening</b>		Yama 10:38AM – 12:20PM	Parigha* Until 7:02PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 15 - 18	
		451755472 <b>Rahu</b> 7:14AM – 8:56AM	Vanija Until 4:49PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 5:13AM Tue</b>	Moon – Red			<b>Bhuloka Day</b>	
							Devaloka Time: 9:AM to12:PM	
				Sravana*Adi				

<b>4</b>		<b>Tuesday, August 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau				Kedarnath, India Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 3.56	Tithi 5	<b>Gulika</b> 12:20PM – 2:02PM	<b>Uttaraphalguni Until 5:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:32AM			
		Yama 8:56AM – 10:38AM	Shiva Until 6:36PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 15 - 19	
		451755472 <b>Rahu</b> 3:44PM – 5:26PM	Bava Until 5:32PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami Until 5:42AM Wed</b>	Moon – Red			<b>Bhuloka Day</b>	
Until 5:18PM							Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga				Sravana*Adi				

<b>5</b>		<b>Wednesday, August 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Kedarnath, India Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 16.4	Tithi 6	<b>Gulika</b> 10:38AM – 12:20PM	<b>Hasta Until 6:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:33AM			
		Yama 7:15AM – 8:56AM	Siddha Until 5:47PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:07PM		Moon 7 - Phase 15 - 20	
		461755472 <b>Rahu</b> 12:20PM – 2:02PM	Kaulava Until 5:47PM	<b>Nataraja:</b> White			3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi* Until 5:41AM Thu</b>	Moon – Green			<b>Devaloka Day</b>	
Until 6:23PM								
Then Creative Work - Siddha Yoga				Sravana*Adi				

<b>6</b>		<b>Thursday, August 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Kedarnath, India Sun 21 Sutra 109 Subhakrit 5124
Kanya Rasi: 29.38	Tithi 7	<b>Gulika</b> 8:57AM – 10:38AM	<b>Chitra Until 6:47PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:33AM			
		Yama 5:33AM – 7:15AM	Sadhya Until 4:33PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:06PM		Moon 7 - Phase 15 - 21	
		461755472 <b>Rahu</b> 2:01PM – 3:43PM	Gara Until 5:30PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 5:07AM Fri</b>	Moon – Green			<b>Devaloka Day</b>	
Until 6:47PM								
Then Creative Work - Amrita Yoga				Sravana*Adi				

<b>☾</b>		<b>Friday, August 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Kedarnath, India Sun 22 Sutra 110 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 7:15AM – 8:57AM	<b>Svati Until 6:28PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:34AM			
Tula Rasi: 12.53	Tithi 8	Yama 3:42PM – 5:24PM	Subha Until 2:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM		Moon 7 - Phase 15 - 22	
		461765472 <b>Rahu</b> 10:38AM – 12:20PM	Visti Until 4:37PM	<b>Nataraja:</b> White			Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:56AM Sat</b>	Moon – Green			<b>Devaloka Day</b>	
		<b>Varalakshmi Vratam</b>		Sravana*Adi				

<b>☽</b>		<b>Saturday, August 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Kedarnath, India Sun 23 Sutra 111 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 5:35AM – 7:16AM	<b>Vishakha Until 5:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:35AM			
Tula Rasi: 26.29	Tithi 9	Yama 2:01PM – 3:42PM	Sukla Until 12:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 15 - 23	
		472765472 <b>Rahu</b> 8:57AM – 10:38AM	Balava Until 3:08PM	<b>Nataraja:</b> White			Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 2:08AM Sun</b>	Moon – Orange			<b>Bhuloka Day</b>	
				Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.


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<b>1</b>	<b>Sunday, August 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Kedarnath, India Sun 24 Sutra 112
	Vrischika Rasi: 10.28	Tithi 10	<b>Gulika</b> 3:42PM – 5:23PM	<b>Anuradha</b> Until 4:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:35AM	Subhakrit 5124
			Yama 12:19PM – 2:00PM	Brahma Until 9:58AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 16 - 24
	Routine Work	Marana Yoga	472865472 <b>Rahu</b> 5:23PM – 7:04PM	Taitila Until 1:02PM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami</b> Until 11:46PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Monday, August 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kedarnath, India Sun 25 Sutra 113
	Vrischika Rasi: 24.49	Tithi 11	<b>Gulika</b> 2:00PM – 3:41PM	<b>Jyeshtha*</b> Until 2:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:36AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 10:38AM – 12:19PM	Indra Until 6:50AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16 - 25
	Creative Work	Siddha Yoga	472865472 <b>Rahu</b> 7:17AM – 8:58AM	Vanija Until 10:25AM	<b>Nataraja:</b> White		4th Phase
			<b>Ekadashi</b> Until 8:55PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Tuesday, August 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kedarnath, India Sun 26 Sutra 114
	Dhanus Rasi: 9.29	Tithi 12 – 13	<b>Gulika</b> 12:19PM – 2:00PM	<b>Mula*</b> Until 12:11PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:37AM	Subhakrit 5124
			Yama 8:58AM – 10:39AM	Vishkambha* Until 11:29PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16 - 26
	Creative Work	Amrita Yoga	482865472 <b>Rahu</b> 3:41PM – 5:21PM	Bava Until 7:21AM	<b>Nataraja:</b> White		4th Phase
			<b>Dvadashi</b> Until 5:40PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Sravana*Adi</b>			
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Wednesday, August 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 27 Sutra 115
	Dhanus Rasi: 24.25	Tithi 13 – 14	<b>Gulika</b> 10:39AM – 12:19PM	<b>Purvashadha*</b> Until 9:34AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:37AM	Subhakrit 5124
			Yama 7:18AM – 8:58AM	Priti Until 7:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 16 - 27
	Creative Work	Amrita Yoga	482865472 <b>Rahu</b> 12:19PM – 2:00PM	Gara Until 12:25AM Thu	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi</b> Until 2:11PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Sravana*Adi</b>			

	<b>Thursday, August 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kedarnath, India Sutra 116
	Makara Rasi: 9.28	Tithi 14 – 15	<b>Gulika</b> 8:58AM – 10:39AM	<b>Uttarashadha</b> Until 6:41AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:38AM	Subhakrit 5124
			Yama 5:38AM – 7:18AM	Ayushman Until 3:29PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 16 -
	Routine Work	Marana Yoga	482865472 <b>Rahu</b> 1:59PM – 3:39PM	Visti Until 8:50PM	<b>Nataraja:</b> White		Purnima
			<b>Chaturdashi*</b> Until 10:36AM	Moon – Light Blue		<b>Devaloka Day</b>	
			<b>Raksha Bandhan</b>	<b>Sravana*Adi</b>			

<b>5</b>	<b>Friday, August 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Kedarnath, India Sutra 117
	Makara Rasi: 24.3	Tithi 15 – 16	<b>Gulika</b> 7:18AM – 8:59AM	<b>Dhanishtha</b> Until 1:36AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	Subhakrit 5124
			Yama 3:39PM – 5:19PM	Saubhagya Until 11:32AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 16 -
	Creative Work	Siddha Yoga	492865472 <b>Rahu</b> 10:39AM – 12:19PM	Kaulava Until 3:48AM Sat	<b>Nataraja:</b> White		Prathama
			<b>Purnima*</b> Until 7:05AM	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

ll times are standard time. Calculated for Kedarnath, India on 5/1/:

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**Saturday, August 13, 2022**  
**Gold Retreat Star**

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kedarnath, India  
Sutra 118

Kumbha Rasi: 9.21      Tithi 17

**Gulika**      5:39AM – 7:19AM  
Yama      1:58PM – 3:38PM  
492865472 **Rahu**      8:59AM – 10:39AM

**Shatabhishak** **Until 11:21PM**  
Sobhana Until 7:50AM  
Taitila Until 2:20PM  
**Dvitiya** **Until 12:56AM Sun**

**Ganesha:** Clear      *Sunrise:* 5:39AM  
**Muruqa:** White      *Sunset:* 6:58PM  
**Nataraja:** White  
Moon – Purple

Subhakit 5124  
Moon 8 - Phase 17 -  
1st Phase

Creative Work      Amrita Yoga  
Until 11:21PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Sunday, August 14, 2022**

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Vanija/Visti\* Karana Trityayam Titau

Kedarnath, India  
Sun 1      Sutra 119

Kumbha Rasi: 23.53      Tithi 18

**Gulika**      3:38PM – 5:18PM  
Yama      12:18PM – 1:58PM  
412865472 **Rahu**      5:18PM – 6:57PM

**Purvaproshtapada\*** **Until 9:57PM**  
Sukarma Until 1:38AM Mon  
Vanija Until 11:43AM  
**Tritiya** **Until 10:38PM**

**Ganesha:** Yellow      *Sunrise:* 5:40AM  
**Muruqa:** White      *Sunset:* 6:57PM  
**Nataraja:** White  
Moon – Clear

Subhakit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

Creative Work      Siddha Yoga  
Until 9:57PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Monday, August 15, 2022**

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Kedarnath, India  
Sun 2      Sutra 120

Meena Rasi: 8.01      Tithi 19

**Family Home Evening**      412865472

**Gulika**      1:58PM – 3:37PM  
Yama      10:39AM – 12:18PM  
**Rahu**      7:20AM – 8:59AM

**Uttaraproshtapada** **Until 9:07PM**  
Dhriti Until 11:23PM  
Bava Until 9:46AM  
**Chaturthi\*** **Until 9:03PM**

**Ganesha:** Yellow      *Sunrise:* 5:40AM  
**Muruqa:** White      *Sunset:* 6:56PM  
**Nataraja:** White  
Moon – Clear

Subhakit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

Creative Work      Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Tuesday, August 16, 2022**

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India  
Sun 3      Sutra 121

Meena Rasi: 21.39      Tithi 20

Creative Work      Siddha Yoga      412865472

**Gulika**      12:18PM – 1:57PM  
Yama      8:59AM – 10:39AM  
**Rahu**      3:37PM – 5:16PM

**Revati** **Until 8:57PM**  
Shula\* Until 9:48PM  
Kaulava Until 8:35AM  
**Panchami** **Until 8:18PM**

**Ganesha:** Yellow      *Sunrise:* 5:41AM  
**Muruqa:** White      *Sunset:* 6:55PM  
**Nataraja:** White  
Moon – Clear

Subhakit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Wednesday, August 17, 2022**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Kedarnath, India  
Sun 4      Sutra 122

Mesha Rasi: 4.49      Tithi 21

Routine Work      Marana Yoga      422865472

**Gulika**      10:39AM – 12:18PM  
Yama      7:20AM – 9:00AM  
**Rahu**      12:18PM – 1:57PM

**Ashvini** **Until 9:57PM**  
Ganda\* Until 8:55PM  
Gara Until 8:16AM  
**Shashthi\*** **Until 8:25PM**

**Ganesha:** Blue      *Sunrise:* 5:41AM  
**Muruqa:** White      *Sunset:* 6:54PM  
**Nataraja:** White  
Moon – White

Subhakit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

Until 9:57PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**5**

**Thursday, August 18, 2022**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vriddhi\* Yoga Visti\*/Bava Karana Saptamyam Titau

Kedarnath, India  
Sun 5      Sutra 123

Mesha Rasi: 17.33      Tithi 22

Creative Work      Siddha Yoga      522865472

**Gulika**      9:00AM – 10:39AM  
Yama      5:42AM – 7:21AM  
**Rahu**      1:56PM – 3:35PM

**Bharani** **Until 11:36PM**  
Vriddhi Until 8:42PM  
Visti Until 8:49AM  
**Saptami** **Until 9:23PM**

**Ganesha:** Yellow      *Sunrise:* 5:42AM  
**Muruqa:** White      *Sunset:* 6:53PM  
**Nataraja:** White  
Moon – White

Subhakit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

Until 11:36PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**D**

**Friday, August 19, 2022**  
**Retreat Star**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India  
Sun 6      Sutra 124

Mesha Rasi: 29.55      Tithi 23

Creative Work      Siddha Yoga      523865472

**Gulika**      7:21AM – 9:00AM  
Yama      3:35PM – 5:13PM  
**Rahu**      10:39AM – 12:17PM

**Krittika** **Until 1:46AM Sat**  
Dhruva Until 9:00PM  
Balava Until 10:10AM  
**Ashtami\*** **Until 11:03PM**

**Ganesha:** White      *Sunrise:* 5:43AM  
**Muruqa:** White      *Sunset:* 6:52PM  
**Nataraja:** White  
Moon – White

Subhakit 5124  
Moon 8 - Phase 17 - 6  
Ashtami

Until 1:46AM Sat  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Saturday, August 20, 2022**

**Retreat Star**

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India  
Sun 7      Sutra 125

Vrishabha Rasi: 12.02      Tithi 24

Creative Work      Amrita Yoga      533865472

**Gulika**      5:43AM – 7:22AM  
Yama      1:56PM – 3:34PM  
**Rahu**      9:00AM – 10:39AM

**Rohini** **Until 4:43AM Sun**  
Vyaghata\* Until 9:43PM  
Taitila Until 12:07PM  
**Navami\*** **Until 1:14AM Sun**

**Ganesha:** Yellow      *Sunrise:* 5:43AM  
**Muruqa:** White      *Sunset:* 6:51PM  
**Nataraja:** White  
Moon – Yellow

Subhakit 5124  
Moon 8 - Phase 17 - 7  
Navami

Until 4:43AM Sun  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/:

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<b>1 Sunday, August 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuklayam Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau			Kedarnath, India Sun 8 Sutra 126 Subhakrit 5124	
Wishabha Rasi: 23.58	Tithi 25	<b>Gulika</b> 3:33PM – 5:12PM	<b>Mrigashira</b> Until 7:44AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:44AM	
		Yama 12:17PM – 1:55PM	Harshana Until 10:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 18 - 8
533865472	<b>Rahu</b> 5:12PM – 6:50PM		Vanija Until 2:27PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:40AM Mon	Moon – Yellow		
				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>2 Monday, August 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuklayam Mrigashira/Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau			Kedarnath, India Sun 9 Sutra 127 Subhakrit 5124	
Mithuna Rasi: 5.48	Tithi 26	<b>Gulika</b> 1:55PM – 3:33PM	<b>Mrigashira</b> Until 7:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:44AM	
<b>Family Home Evening</b>		Yama 10:39AM – 12:17PM	Vajra* Until 11:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 18 - 9
533865472	<b>Rahu</b> 7:22AM – 9:00AM		Bava Until 4:57PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 6:10AM Tue	Moon – Yellow		
Until 7:44AM				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Tuesday, August 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuklayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Kedarnath, India Sun 10 Sutra 128 Subhakrit 5124	
Mithuna Rasi: 17.38	Tithi 26 – 27	<b>Gulika</b> 12:16PM – 1:54PM	<b>Ardra</b> Until 10:35AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:45AM	
		Yama 9:01AM – 10:38AM	Siddhi Until 12:37AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 18 - 10
533865472	<b>Rahu</b> 3:32PM – 5:10PM		Kaulava Until 7:24PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 6:10AM	Moon – Yellow		
Until 10:35AM				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuklayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau			Kedarnath, India Sun 11 Sutra 129 Subhakrit 5124	
Mithuna Rasi: 29.31	Tithi 27 – 28	<b>Gulika</b> 10:38AM – 12:16PM	<b>Punarvasu</b> Until 1:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:45AM	
		Yama 7:23AM – 9:01AM	Vyatipata* Until 1:24AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 18 - 11
533865472	<b>Rahu</b> 12:16PM – 1:54PM		Gara Until 9:38PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 8:32AM	Moon – Blue		
				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	
						<i>Pradosha Vrata (Fasting)</i>

<b>5 Thursday, August 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuklayam Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Kedarnath, India Sun 12 Sutra 130 Subhakrit 5124	
Kataka Rasi: 11.3	Tithi 28 – 29	<b>Gulika</b> 9:01AM – 10:38AM	<b>Pushya</b> Until 4:15PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:46AM	
		Yama 5:46AM – 7:23AM	Variyan Until 1:54AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 18 - 12
533865472	<b>Rahu</b> 1:53PM – 3:31PM		Visti Until 11:34PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 10:38AM	Moon – Blue		
Until 4:15PM				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Friday, August 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuklayam Ashlesha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Kedarnath, India Sun 13 Sutra 131 Subhakrit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 7:24AM – 9:01AM	<b>Ashlesha*</b> Until 6:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:47AM	
Kataka Rasi: 23.37	Tithi 29 – 30	Yama 3:30PM – 5:07PM	Parigha* Until 2:08AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 18 - 13
533865472	<b>Rahu</b> 10:38AM – 12:16PM		Catuspada Until 1:08AM Sat	<b>Nataraja:</b> White		Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 12:23PM	Moon – Blue		
				<b>Sravana•Avani</b>	<b>Bhuloka Day</b>	

<b>Saturday, August 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuklayam Magha* Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Kedarnath, India Sun 14 Sutra 132 Subhakrit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 5:47AM – 7:24AM	<b>Magha*</b> Until 8:24PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:47AM	
Simha Rasi: 5.53	Tithi 30 – 1	Yama 1:52PM – 3:29PM	Shiva Until 2:05AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 18 - 14
533865472	<b>Rahu</b> 9:01AM – 10:38AM		Kintughna Until 2:19AM Sun	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 1:45PM	Moon – Red		
Until 8:24PM				<b>Bhadrapada•Avani</b>	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/

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<b>1</b> Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kedarnath, India Sun 15 Sutra 133 Subhakrit 5124	
Simha Rasi: 18.19	Tithi 1 – 2	<b>Gulika</b> 3:29PM – 5:05PM	<b>Purvaphalguni Until 9:54PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:48AM	<i>Sunset:</i> 6:42PM Moon 8 - Phase 19 - 15
		Yama 12:15PM – 1:52PM	Siddha Until 1:41AM Mon	<b>Muruqa:</b> White	
		553865473 <b>Rahu</b> 5:05PM – 6:42PM	Balava Until 3:06AM Mon	<b>Nataraja:</b> Clear	
Creative Work Siddha Yoga			<b>Prathama* Until 2:44PM</b>	Moon – Red	<b>Bhuloka Day</b>
Until 9:54PM				<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga					

<b>2</b> Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kedarnath, India Sun 16 Sutra 134 Subhakrit 5124	
Kanya Rasi: 0.56	Tithi 2 – 3	<b>Gulika</b> 1:51PM – 3:28PM	<b>Uttaraphalguni Until 10:52PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:48AM	<i>Sunset:</i> 6:41PM Moon 8 - Phase 19 - 16
<b>Family Home Evening</b>		Yama 10:38AM – 12:15PM	Sadhya Until 1:00AM Tue	<b>Muruqa:</b> White	
		553865473 <b>Rahu</b> 7:25AM – 9:02AM	Taitila Until 3:29AM Tue	<b>Nataraja:</b> Clear	
Creative Work Siddha Yoga			<b>Dvitiya Until 3:19PM</b>	Moon – Red	<b>Bhuloka Day</b>
				<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM

<b>3</b> Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtayam Titau		Kedarnath, India Sun 17 Sutra 135 Subhakrit 5124	
Kanya Rasi: 13.43	Tithi 3 – 4	<b>Gulika</b> 12:14PM – 1:51PM	<b>Hasta Until 11:47PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:49AM	<i>Sunset:</i> 6:40PM Moon 8 - Phase 19 - 17
		Yama 9:02AM – 10:38AM	Subha Until 12:02AM Wed	<b>Muruqa:</b> White	
		563865473 <b>Rahu</b> 3:27PM – 5:03PM	Vanija Until 3:30AM Wed	<b>Nataraja:</b> Clear	
Creative Work Siddha Yoga			<b>Tritiya Until 3:31PM</b>	Moon – Green	<b>Bhuloka Day</b>
				<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM

<b>4</b> Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kedarnath, India Sun 18 Sutra 136 Subhakrit 5124	
Kanya Rasi: 26.42	Tithi 4 – 5	<b>Gulika</b> 10:38AM – 12:14PM	<b>Chitra Until 12:09AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:49AM	<i>Sunset:</i> 6:39PM Moon 8 - Phase 19 - 18
		Yama 7:26AM – 9:02AM	Sukla Until 10:44PM	<b>Muruqa:</b> White	
		563865473 <b>Rahu</b> 12:14PM – 1:50PM	Bava Until 3:08AM Thu	<b>Nataraja:</b> Clear	
Creative Work Siddha Yoga			<b>Chaturthi* Until 3:21PM</b>	Moon – Green	<b>Bhuloka Day</b>
Until 12:09AM Thu		<b>Ganesha Chaturthi</b>		<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga					

<b>5</b> Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kedarnath, India Sun 19 Sutra 137 Subhakrit 5124	
Tula Rasi: 9.53	Tithi 5 – 6	<b>Gulika</b> 9:02AM – 10:38AM	<b>Svati Until 12:00AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:50AM	<i>Sunset:</i> 6:37PM Moon 8 - Phase 19 - 19
		Yama 5:50AM – 7:26AM	Brahma Until 9:08PM	<b>Muruqa:</b> White	
		563965473 <b>Rahu</b> 1:50PM – 3:26PM	Kaulava Until 2:22AM Fri	<b>Nataraja:</b> Clear	
Creative Work Amrita Yoga			<b>Panchami Until 2:47PM</b>	Moon – Green	<b>Devaloka Day</b>
Until 12:00AM Fri				<b>Bhadrapada*Avani</b>	
Then Creative Work - Siddha Yoga					

<b>6</b> Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kedarnath, India Sun 20 Sutra 138 Subhakrit 5124	
Tula Rasi: 23.17	Tithi 6 – 7	<b>Gulika</b> 7:26AM – 9:02AM	<b>Vishakha Until 11:44PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:51AM	<i>Sunset:</i> 6:36PM Moon 8 - Phase 19 - 20
		Yama 3:25PM – 5:01PM	Indra Until 7:13PM	<b>Muruqa:</b> White	
		573965473 <b>Rahu</b> 10:38AM – 12:13PM	Gara Until 1:11AM Sat	<b>Nataraja:</b> Clear	
Creative Work Siddha Yoga			<b>Shashthi* Until 1:48PM</b>	Moon – Orange	<b>Sivaloka Day</b>
				<b>Bhadrapada*Avani</b>	

<b>Retreat Star</b> <b>7</b> Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kedarnath, India Sun 21 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 6.55	Tithi 7 – 8	<b>Gulika</b> 5:51AM – 7:27AM	<b>Anuradha Until 10:54PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:51AM	<i>Sunset:</i> 6:35PM Moon 8 - Phase 19 - 21
		Yama 1:49PM – 3:24PM	Vaidhriti* Until 4:56PM	<b>Muruqa:</b> White	
		574965473 <b>Rahu</b> 9:02AM – 10:38AM	Visti Until 11:35PM	<b>Nataraja:</b> Clear	
Creative Work Siddha Yoga			<b>Saptami Until 12:25PM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Bhadrapada*Avani</b>	

<b>Retreat Star</b> <b>8</b> Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kedarnath, India Sun 22 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 20.47	Tithi 8 – 9	<b>Gulika</b> 3:23PM – 4:59PM	<b>Jyeshtha* Until 9:31PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:52AM	<i>Sunset:</i> 6:34PM Moon 8 - Phase 19 - 22
		Yama 12:13PM – 1:48PM	Vishkambha* Until 2:19PM	<b>Muruqa:</b> White	
		574965473 <b>Rahu</b> 4:59PM – 6:34PM	Balava Until 9:35PM	<b>Nataraja:</b> Clear	
Routine Work Marana Yoga			<b>Ashtami* Until 10:37AM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 9:31PM				<b>Bhadrapada*Avani</b>	
Then Creative Work - Amrita Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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<b>1</b>		<b>Monday, September 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kedarnath, India Sun 23 Sutra 141 Subhakrit 5124	
Dhanus Rasi: 4.56	Tithi 9 – 10	<b>Gulika</b> 1:48PM – 3:23PM	<b>Mula* Until 8:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM
<b>Family Home Evening</b>	584965473	Yama 10:37AM – 12:12PM	Priti Until 11:25AM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 23 4th Phase
Creative Work Siddha Yoga		<b>Rahu</b> 7:27AM – 9:02AM	Taitila Until 7:12PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 8:02PM			<b>Navami* Until 8:25AM</b>	<b>Bhadrapada*Avani</b>		<b>Devaloka Time: 6:PM to 9:PM</b>	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Tuesday, September 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Vishti* Karana Ekadashyam Titau		Kedarnath, India Sun 24 Sutra 142 Subhakrit 5124	
Dhanus Rasi: 19.19	Tithi 11	<b>Gulika</b> 12:12PM – 1:47PM	<b>Purvashadha* Until 6:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:53AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM
	584965473	Yama 9:02AM – 10:37AM	Ayushman Until 8:12AM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 24 4th Phase
Creative Work Siddha Yoga		<b>Rahu</b> 3:22PM – 4:57PM	Vanija Until 4:30PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 6:06PM			<b>Ekadashi Until 3:03AM Wed</b>	<b>Bhadrapada*Avani</b>		<b>Devaloka Time: 6:PM to 9:PM</b>	
Then Routine Work - Prabararishta Yoga							

<b>3</b>		<b>Wednesday, September 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Kedarnath, India Sun 25 Sutra 143 Subhakrit 5124	
Makara Rasi: 3.53	Tithi 12	<b>Gulika</b> 10:37AM – 12:12PM	<b>Uttarashadha Until 3:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:53AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:30PM
	584965473	Yama 7:28AM – 9:03AM	Sobhana Until 1:14AM Thu	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 25 4th Phase
Creative Work Amrita Yoga		<b>Rahu</b> 12:12PM – 1:46PM	Bava Until 1:35PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 3:50PM			<b>Dvadashi Until 12:04AM Thu</b>	<b>Bhadrapada*Avani</b>		<b>Devaloka Time: 6:PM to 9:PM</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Thursday, September 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kedarnath, India Sun 26 Sutra 144 Subhakrit 5124	
Makara Rasi: 18.35	Tithi 13	<b>Gulika</b> 9:03AM – 10:37AM	<b>Shravana Until 1:45PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM
	594965473	Yama 5:54AM – 7:28AM	Athiganda* Until 9:39PM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 26 4th Phase
Creative Work Siddha Yoga		<b>Rahu</b> 1:46PM – 3:20PM	Kaulava Until 10:34AM	Moon – Purple		<b>Devaloka Day</b>	
		<b>Avani Avittam</b>	<b>Trayodashi Until 9:03PM</b>	<b>Bhadrapada*Avani</b>			
			<i>Pradosha Vrata</i>				

<b>5</b>		<b>Friday, September 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau		Kedarnath, India Sun 27 Sutra 145 Subhakrit 5124	
Kumbha Rasi: 3.16	Tithi 14	<b>Gulika</b> 7:29AM – 9:03AM	<b>Dhanishtha Until 11:34AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM
	594965473	Yama 3:19PM – 4:54PM	Sukarma Until 6:10PM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 27 4th Phase
Creative Work Siddha Yoga		<b>Rahu</b> 10:37AM – 12:11PM	Gara Until 7:35AM	Moon – Purple		<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>	<b>Chaturdashi* Until 6:08PM</b>	<b>Bhadrapada*Avani</b>			

		<b>Saturday, September 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kedarnath, India Sun 28 Sutra 146 Subhakrit 5124	
Kumbha Rasi: 17.49	Tithi 15 – 16	<b>Gulika</b> 5:55AM – 7:29AM	<b>Shatabhishak Until 9:28AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:26PM
	594965473	Yama 1:45PM – 3:19PM	Dhriti Until 2:55PM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - Purnima
Creative Work Amrita Yoga		<b>Rahu</b> 9:03AM – 10:37AM	Balava Until 2:19AM Sun	Moon – Purple		<b>Devaloka Day</b>	
Until 9:28AM			<b>Purnima* Until 3:29PM</b>	<b>Bhadrapada*Avani</b>			
Then Routine Work - Marana Yoga							

<b>Sunday, September 11, 2022</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Kedarnath, India Sun 29 Sutra 147 Subhakrit 5124	
Meena Rasi: 2.08	Tithi 16 – 17	<b>Gulika</b> 3:18PM – 4:51PM	<b>Purvaprosarthapada* Until 8:01AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:25PM
	514965473	Yama 12:10PM – 1:44PM	Shula* Until 11:58AM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - Prathama
Creative Work Siddha Yoga		<b>Rahu</b> 4:51PM – 6:25PM	Taitila Until 12:21AM Mon	Moon – Clear		<b>Devaloka Day</b>	
Until 8:01AM		<b>Grandparent's Day</b>	<b>Prathama* Until 1:15PM</b>	<b>Bhadrapada*Avani</b>			
Then Creative Work - Amrita Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Meena Rasi: 16.06 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

514965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Gulika 1:44PM - 3:17PM

Yama 10:37AM - 12:10PM

Rahu 7:30AM - 9:03AM

Uttaraproshtapada Until 6:57AM

Ganda\* Until 9:29AM

Vanija Until 11:01PM

Dvitiya Until 11:35AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 5:56AM

Sunset: 6:24PM

Devaloka Day

Kedarnath, India

Sun 1 Sutra 148

Subhakrit 5124

Moon 9 - Phase 21 - 1

1st Phase

1

Tuesday, September 13, 2022

Meena Rasi: 29.41 Tithi 18 - 19

Creative Work Siddha Yoga

514965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhi/Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Gulika 12:10PM - 1:43PM

Yama 9:03AM - 10:36AM

Rahu 3:16PM - 4:49PM

Revati Until 6:25AM

Vridhi Until 7:34AM

Bava Until 10:26PM

Tritiya Until 10:36AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sunrise: 5:57AM

Sunset: 6:23PM

Devaloka Day

Kedarnath, India

Sun 2 Sutra 149

Subhakrit 5124

Moon 9 - Phase 21 - 2

1st Phase

2

Wednesday, September 14, 2022

Mesha Rasi: 12.49 Tithi 19 - 20

Routine Work Marana Yoga

Until 6:55AM

Then Creative Work - Siddha Yoga

524965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Gulika 10:36AM - 12:09PM

Yama 7:30AM - 9:03AM

Rahu 12:09PM - 1:42PM

Ashvini Until 6:55AM

Dhruva Until 6:14AM

Kaulava Until 10:39PM

Chaturthi\* Until 10:25AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 5:57AM

Sunset: 6:21PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Kedarnath, India

Sun 3 Sutra 150

Subhakrit 5124

Moon 9 - Phase 21 - 3

1st Phase

3

Thursday, September 15, 2022

Mesha Rasi: 25.34 Tithi 20 - 21

Creative Work Siddha Yoga

Until 8:04AM

Then Routine Work - Marana Yoga

525965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Gulika 9:03AM - 10:36AM

Yama 5:58AM - 7:31AM

Rahu 1:42PM - 3:15PM

Bharani Until 8:04AM

Harshana Until 5:29AM Fri

Gara Until 11:38PM

Panchami Until 11:02AM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 5:58AM

Sunset: 6:20PM

Devaloka Day

Kedarnath, India

Sun 4 Sutra 151

Subhakrit 5124

Moon 9 - Phase 21 - 4

1st Phase

4

Friday, September 16, 2022

Vrishabha Rasi: 7.58 Tithi 21 - 22

Creative Work Siddha Yoga

Until 9:47AM

Then Routine Work - Marana Yoga

525965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamam Titau

Gulika 7:31AM - 9:04AM

Yama 3:14PM - 4:46PM

Rahu 10:36AM - 12:09PM

Krittika Until 9:47AM

Vajra\* Until 5:52AM Sat

Visti Until 1:19AM Sat

Shashthi\* Until 12:23PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Sunrise: 5:58AM

Sunset: 6:19PM

Devaloka Day

Kedarnath, India

Sun 5 Sutra 152

Subhakrit 5124

Moon 9 - Phase 21 - 5

1st Phase

5

Saturday, September 17, 2022

Retreat Star

Vrishabha Rasi: 20.07 Tithi 22 - 23

Creative Work Amrita Yoga

Until 12:25PM

Then Creative Work - Siddha Yoga

535965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashthamam Titau

Gulika 5:59AM - 7:31AM

Yama 1:41PM - 3:13PM

Rahu 9:04AM - 10:36AM

Rohini Until 12:25PM

Siddhi Until 6:36AM Sun

Balava Until 3:28AM Sun

Saptami Until 2:20PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:59AM

Sunset: 6:18PM

Sivaloka Day

Kedarnath, India

Sun 6 Sutra 153

Subhakrit 5124

Moon 9 - Phase 21 - 6

Ashtami

Sunday, September 18, 2022

Retreat Star

Mithuna Rasi: 2.05 Tithi 23 - 24

Creative Work Siddha Yoga

535965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamam Titau

Gulika 3:12PM - 4:44PM

Yama 12:08PM - 1:40PM

Rahu 4:44PM - 6:16PM

Mrigashira Until 3:14PM

Siddhi Until 6:36AM

Taitila Until 5:53AM Mon

Ashtami\* Until 4:39PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:59AM

Sunset: 6:16PM

Sivaloka Day

Kedarnath, India

Sun 7 Sutra 154

Subhakrit 5124

Moon 9 - Phase 21 - 7

Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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<b>1</b>	<b>Monday, September 19, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra Nakshatra Vyalipata/Variyan Yoga Gara Karana Navamyam Titau		Kedarnath, India Sun 8 Sutra 155 Subhakit 5124
	Mithuna Rasi: 13.57 Family Home Evening Creative Work Siddha Yoga Until 6:03PM Then Creative Work - Amrita Yoga	535965473	<b>Gulika</b> 1:39PM – 3:11PM Yama 10:36AM – 12:08PM <b>Rahu</b> 7:32AM – 9:04AM	<b>Ardra Until 6:03PM</b> Vyatipata* Until 7:31AM Gara Until 7:06PM Navami* Until 7:06PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:00AM <b>Muruqa:</b> White <i>Sunset:</i> 6:15PM <b>Nataraja:</b> Clear Moon – Yellow Bhadrapada-Puratasi

<b>2</b>	<b>Tuesday, September 20, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Kedarnath, India Sun 9 Sutra 156 Subhakit 5124
	Mithuna Rasi: 25.49 Creative Work Siddha Yoga	545965473	<b>Gulika</b> 12:07PM – 1:39PM Yama 9:04AM – 10:36AM <b>Rahu</b> 3:11PM – 4:42PM	<b>Punarvasu Until 9:06PM</b> Variyan Until 8:24AM Vanija Until 8:19AM Dashami Until 9:28PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> White <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – Blue Bhadrapada-Puratasi

<b>3</b>	<b>Wednesday, September 21, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Kedarnath, India Sun 10 Sutra 157 Subhakit 5124
	Kataka Rasi: 7.45 Creative Work Siddha Yoga	545965473	<b>Gulika</b> 10:35AM – 12:07PM Yama 7:33AM – 9:04AM <b>Rahu</b> 12:07PM – 1:38PM	<b>Pushya Until 11:45PM</b> Parigha* Until 9:10AM Bava Until 10:35AM Ekadashi* Until 11:34PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> White <i>Sunset:</i> 6:13PM <b>Nataraja:</b> Clear Moon – Blue Bhadrapada-Puratasi

<b>4</b>	<b>Thursday, September 22, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kedarnath, India Sun 11 Sutra 158 Subhakit 5124
	Kataka Rasi: 19.49 Creative Work Siddha Yoga Until 1:50AM Fri Then Routine Work - Marana Yoga	545965473	<b>Gulika</b> 9:04AM – 10:35AM Yama 6:02AM – 7:33AM <b>Rahu</b> 1:38PM – 3:09PM	<b>Ashlesha* Until 1:50AM Fri</b> Shiva Until 9:42AM Kaulava Until 12:29PM Dvadashi* Until 1:16AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:02AM <b>Muruqa:</b> White <i>Sunset:</i> 6:11PM <b>Nataraja:</b> Clear Moon – Blue Bhadrapada-Puratasi

<b>5</b>	<b>Friday, September 23, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Kedarnath, India Sun 12 Sutra 159 Subhakit 5124
	Simha Rasi: 2.02 Routine Work Marana Yoga Until 3:48AM Sat Then Creative Work - Siddha Yoga	555965473	<b>Gulika</b> 7:33AM – 9:04AM Yama 3:08PM – 4:39PM <b>Rahu</b> 10:35AM – 12:06PM	<b>Magha* Until 3:48AM Sat</b> Siddha Until 9:51AM Gara Until 1:57PM Trayodashi* Until 2:29AM Sat <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:02AM <b>Muruqa:</b> White <i>Sunset:</i> 6:10PM <b>Nataraja:</b> Clear Moon – Red Bhadrapada-Puratasi

<b>6</b>	<b>Saturday, September 24, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kedarnath, India Sun 13 Sutra 160 Subhakit 5124
	Simha Rasi: 14.28 Creative Work Siddha Yoga Until 5:06AM Sun Then Creative Work - Amrita Yoga	555965473	<b>Gulika</b> 6:03AM – 7:34AM Yama 1:37PM – 3:07PM <b>Rahu</b> 9:04AM – 10:35AM	<b>Purvaphalguni Until 5:06AM Sun</b> Sadhya Until 9:39AM Visti* Until 2:56PM Chaturdashi* Until 3:12AM Sun	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:03AM <b>Muruqa:</b> White <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon – Red Bhadrapada-Puratasi

	<b>Sunday, September 25, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kedarnath, India Sun 14 Sutra 161 Subhakit 5124
	Simha Rasi: 27.08 Creative Work Amrita Yoga Until 5:45AM Mon Then Creative Work - Siddha Yoga	556165473	<b>Gulika</b> 3:06PM – 4:37PM Yama 12:05PM – 1:36PM <b>Rahu</b> 4:37PM – 6:07PM	<b>Uttaraphalguni Until 5:45AM Mon</b> Subha Until 9:04AM Catuspada Until 3:23PM Amavasya* Until 3:24AM Mon	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:03AM <b>Muruqa:</b> White <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Red Bhadrapada-Puratasi

<b>Retreat Star</b>	<b>Monday, September 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Kedarnath, India Sun 15 Sutra 162 Subhakit 5124
	Kanya Rasi: 10.02 Family Home Evening Creative Work Siddha Yoga	566165473	<b>Gulika</b> 1:35PM – 3:06PM Yama 10:35AM – 12:05PM <b>Rahu</b> 7:34AM – 9:05AM	<b>Hasta Until 6:15AM Tue</b> Sukla Until 8:03AM Kintughna Until 3:20PM Prathama* Until 3:08AM Tue	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:04AM <b>Muruqa:</b> White <i>Sunset:</i> 6:06PM <b>Nataraja:</b> Clear Moon – Green Ashvina-Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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1	<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kedarnath, India Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 23.11	Tithi 2	<b>Gulika</b> 12:05PM – 1:35PM	<b>Hasta</b> <b>Until 6:15AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM	
			Yama 9:05AM – 10:35AM	Brahma <b>Until 6:41AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 23 - 16
	Creative Work Siddha Yoga	566165473	<b>Rahu</b> 3:05PM – 4:35PM	Balava <b>Until 2:51PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> <b>Until 2:27AM Wed</b>	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

2	<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau				Kedarnath, India Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 6.33	Tithi 3	<b>Gulika</b> 10:35AM – 12:04PM	<b>Chitra</b> <b>Until 6:11AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM	
			Yama 7:35AM – 9:05AM	Vaidhriti* <b>Until 3:02AM Thu</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 23 - 17
	Creative Work Siddha Yoga	666165473	<b>Rahu</b> 12:04PM – 1:34PM	Taitila <b>Until 1:59PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> <b>Until 1:24AM Thu</b>	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

3	<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthayam Titau				Kedarnath, India Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 20.07	Tithi 4	<b>Gulika</b> 9:05AM – 10:34AM	<b>Vishakha</b> <b>Until 5:07AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:06AM	
			Yama 6:06AM – 7:35AM	Vishkambha* <b>Until 12:49AM Fri</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 23 - 18
	Creative Work Siddha Yoga	676165473	<b>Rahu</b> 1:34PM – 3:03PM	Vanija <b>Until 12:47PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi</b> <b>Until 12:04AM Fri</b>	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

4	<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau				Kedarnath, India Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 3.5	Tithi 5	<b>Gulika</b> 7:36AM – 9:05AM	<b>Anuradha</b> <b>Until 4:11AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:06AM	
			Yama 3:02PM – 4:32PM	Priti <b>Until 10:26PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 23 - 19
	Creative Work Siddha Yoga	676165473	<b>Rahu</b> 10:34AM – 12:04PM	Bava <b>Until 11:19AM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> <b>Until 10:28PM</b>	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

5	<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Kedarnath, India Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 17.42	Tithi 6	<b>Gulika</b> 6:07AM – 7:36AM	<b>Jyeshtha*</b> <b>Until 2:56AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:07AM	
			Yama 1:33PM – 3:02PM	Ayushman <b>Until 7:51PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 23 - 20
	Creative Work Siddha Yoga Until 2:56AM Sun Then Creative Work - Amrita Yoga	676165473	<b>Rahu</b> 9:05AM – 10:34AM	Kaulava <b>Until 9:37AM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> <b>Until 8:40PM</b>	<b>Ashvina+Puratasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

6	<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Kedarnath, India Sun 21 Sutra 168 Subhakrit 5124
	Dhanus Rasi: 1.42	Tithi 7	<b>Gulika</b> 3:01PM – 4:30PM	<b>Mula*</b> <b>Until 1:47AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:07AM	
			Yama 12:03PM – 1:32PM	Saubhagya <b>Until 5:08PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 23 - 21
	Creative Work Amrita Yoga Until 1:47AM Mon Then Routine Work - Marana Yoga	687166473	<b>Rahu</b> 4:30PM – 5:59PM	Gara <b>Until 7:43AM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> <b>Until 6:42PM</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>		

D	<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kedarnath, India Sun 22 Sutra 169 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:31PM – 3:00PM	<b>Purvashadha*</b> <b>Until 12:22AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:08AM	
	Dhanus Rasi: 15.48	Tithi 8 – 9	Yama 10:34AM – 12:03PM	Sobhana <b>Until 2:18PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 22
	<b>Family Home Evening</b>	687166473	<b>Rahu</b> 7:37AM – 9:05AM	Balava <b>Until 3:29AM Tue</b>	<b>Nataraja:</b> Clear		Ashtami
			<b>Durga Ashtami</b>	<b>Ashtami*</b> <b>Until 4:35PM</b>	<b>Sivaloka Day</b> <b>Ashvina+Puratasi</b>		

D	<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kedarnath, India Sun 23 Sutra 170 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 12:02PM – 1:31PM	<b>Uttarashadha</b> <b>Until 10:42PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:09AM	
	Dhanus Rasi: 29.59	Tithi 9 – 10	Yama 9:06AM – 10:34AM	Athiganda* <b>Until 11:21AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 23 - 23
	Routine Work Prabalarishta Yoga Until 10:42PM Then Creative Work - Siddha Yoga	687166473	<b>Rahu</b> 2:59PM – 4:28PM	Taitila <b>Until 1:13AM Wed</b>	<b>Nataraja:</b> Clear		Navami
			<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Navami*</b> <b>Until 2:20PM</b>	<b>Sivaloka Day</b> <b>Ashvina+Puratasi</b>		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

ll times are standard time. Calculated for Kedarnath, India on 5/1/.


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<b>1</b>	<b>Wednesday, October 5, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Kedarnath, India Sun 24 Sutra 171
	Makara Rasi: 14.14    Tithi 10 – 11	<b>Gulika</b> 10:34AM – 12:02PM Yama 7:38AM – 9:06AM 697166473 <b>Rahu</b> 12:02PM – 1:30PM	<b>Shravana Until 9:16PM</b> Sukarma Until 8:20AM Vanija Until 10:54PM <b>Vijaya Dasami</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:09AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:55PM <b>Nataraja:</b> Clear Moon – Purple	Subhakrit 5124 Moon 9 - Phase 24 - 24 4th Phase <b>Devaloka Day</b> Ashvina+Puratasi
Creative Work    Siddha Yoga Until 9:16PM Then Routine Work - Prabalarishta Yoga					

<b>2</b>	<b>Thursday, October 6, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Kedarnath, India Sun 25 Sutra 172
	Makara Rasi: 28.31    Tithi 11 – 12	<b>Gulika</b> 9:06AM – 10:34AM Yama 6:10AM – 7:38AM 697166473 <b>Rahu</b> 1:30PM – 2:58PM	<b>Dhanishtha Until 7:44PM</b> Shula* Until 2:21AM Fri Bava Until 8:37PM <b>Ekadashi Until 9:44AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:10AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Clear Moon – Purple	Subhakrit 5124 Moon 9 - Phase 24 - 25 4th Phase <b>Devaloka Day</b> Ashvina+Puratasi
Creative Work    Siddha Yoga					

<b>3</b>	<b>Friday, October 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Kedarnath, India Sun 26 Sutra 173
	Kumbha Rasi: 12.44    Tithi 12 – 13	<b>Gulika</b> 7:38AM – 9:06AM Yama 2:57PM – 4:25PM 697166473 <b>Rahu</b> 10:34AM – 12:02PM	<b>Shatabhishak Until 6:11PM</b> Ganda* Until 11:31PM Kaulava Until 6:28PM <b>Dvadashi Until 7:30AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:11AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Clear Moon – Purple	Subhakrit 5124 Moon 9 - Phase 24 - 26 4th Phase <b>Devaloka Day</b> Ashvina+Puratasi
Creative Work    Siddha Yoga		<i>Pradosha Vrata</i>			

<b>4</b>	<b>Saturday, October 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau			Kedarnath, India Sun 27 Sutra 174
	Kumbha Rasi: 26.5    Tithi 14	<b>Gulika</b> 6:11AM – 7:39AM Yama 1:29PM – 2:56PM 618166474 <b>Rahu</b> 9:06AM – 10:34AM	<b>Purvaproshtapada* Until 5:09PM</b> Vriddhi Until 8:55PM Gara Until 4:34PM <b>Chaturdashi* Until 3:43AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:11AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Purple Moon – Clear	Subhakrit 5124 Moon 9 - Phase 24 - 27 4th Phase <b>Bhuloka Day</b> Ashvina+Puratasi
Routine Work    Marana Yoga Until 5:09PM Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>			

	<b>Sunday, October 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau			Kedarnath, India Sutra 175
	<b>Copper Retreat Star</b> Meena Rasi: 10.44    Tithi 15	<b>Gulika</b> 2:56PM – 4:23PM Yama 12:01PM – 1:28PM 618166474 <b>Rahu</b> 4:23PM – 5:50PM	<b>Uttaraproshtapada Until 4:20PM</b> Dhruva Until 6:35PM Visti Until 3:01PM <b>Purnima* Until 2:24AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:12AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Purple Moon – Clear	Subhakrit 5124 Moon 9 - Phase 24 - Purnima <b>Bhuloka Day</b> Ashvina+Puratasi
Creative Work    Amrita Yoga					

<b>Monday, October 10, 2022</b>	<b>Silver Retreat Star</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Kedarnath, India Sutra 176
	Meena Rasi: 24.23    Tithi 16	<b>Gulika</b> 1:28PM – 2:55PM Yama 10:34AM – 12:01PM 618166474 <b>Rahu</b> 7:39AM – 9:07AM	<b>Revati Until 3:51PM</b> Vyaghata* Until 4:40PM Balava Until 1:58PM <b>Prathama* Until 1:37AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:12AM <b>Muruqa:</b> Green <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Purple Moon – Clear	Subhakrit 5124 Moon 9 - Phase 24 - Prathama <b>Bhuloka Day</b> Ashvina+Puratasi
Family Home Evening Creative Work    Siddha Yoga					





Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kedarnath, India

Sutra 177

Mesha Rasi: 7.44 Tithi 17

628176474

**Gulika** 12:00PM – 1:27PM  
Yama 9:07AM – 10:34AM  
**Rahu** 2:54PM – 4:21PM

**Ashvini Until 4:15PM**

Harshana Until 3:14PM

Taitila Until 1:29PM

**Dvitiya Until 1:28AM Wed**

**Ganesha:** Yellow *Sunrise:* 6:13AM

**Muruqa:** White *Sunset:* 5:48PM

**Nataraja:** Purple

Moon – White

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

**1** Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kedarnath, India

Sun 1 Sutra 178

Mesha Rasi: 20.44 Tithi 18

628176474

**Gulika** 10:34AM – 12:00PM  
Yama 7:40AM – 9:07AM  
**Rahu** 12:00PM – 1:27PM

**Bharani Until 5:08PM**

Vajra\* Until 2:17PM

Vanija Until 1:40PM

**Tritiya Until 2:00AM Thu**

**Ganesha:** Yellow *Sunrise:* 6:14AM

**Muruqa:** White *Sunset:* 5:47PM

**Nataraja:** Purple

Moon – White

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 5:08PM

Then Creative Work - Amrita Yoga

**2** Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Kedarnath, India

Sun 2 Sutra 179

Wrishabha Rasi: 3.25 Tithi 19

628176474

**Gulika** 9:07AM – 10:34AM  
Yama 6:14AM – 7:41AM  
**Rahu** 1:26PM – 2:53PM

**Krittika Until 6:31PM**

Siddhi Until 1:53PM

Bava Until 2:32PM

**Chaturthi\* Until 3:11AM Fri**

**Ganesha:** Yellow *Sunrise:* 6:14AM

**Muruqa:** White *Sunset:* 5:46PM

**Nataraja:** Purple

Moon – White

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

**3** Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India

Sun 3 Sutra 180

Wrishabha Rasi: 15.47 Tithi 20

638176474

**Gulika** 7:41AM – 9:07AM  
Yama 2:52PM – 4:18PM  
**Rahu** 10:34AM – 12:00PM

**Rohini Until 8:49PM**

Vyatipata\* Until 1:58PM

Kaulava Until 4:02PM

**Panchami Until 4:57AM Sat**

**Ganesha:** Blue *Sunrise:* 6:15AM

**Muruqa:** White *Sunset:* 5:45PM

**Nataraja:** Purple

Moon – Yellow

**Ashvina+Puratasi**

**Bhuloka Day**

Routine Work Marana Yoga

Until 8:49PM

Then Creative Work - Siddha Yoga

**4** Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Gara Karana Shashthayam Titau

Kedarnath, India

Sun 4 Sutra 181

Wrishabha Rasi: 27.57 Tithi 21

639176474

**Gulika** 6:16AM – 7:42AM  
Yama 1:25PM – 2:51PM  
**Rahu** 9:08AM – 10:34AM

**Mrigashira Until 11:25PM**

Variyan Until 2:26PM

Gara Until 6:02PM

**Shashthi\* Until 7:09AM Sun**

**Ganesha:** Red *Sunrise:* 6:16AM

**Muruqa:** White *Sunset:* 5:43PM

**Nataraja:** Purple

Moon – Yellow

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

**5** Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Kedarnath, India

Sun 5 Sutra 182

Mithuna Rasi: 9.56 Tithi 21 – 22

639176474

**Gulika** 2:51PM – 4:17PM  
Yama 11:59AM – 1:25PM  
**Rahu** 4:17PM – 5:42PM

**Ardra Until 2:07AM Mon**

Parigha\* Until 3:10PM

Visti Until 8:22PM

**Shashthi\* Until 7:09AM**

**Ganesha:** Red *Sunrise:* 6:16AM

**Muruqa:** White *Sunset:* 5:42PM

**Nataraja:** Purple

Moon – Yellow

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 2:07AM Mon

Then Creative Work - Amrita Yoga

**Monday, October 17, 2022**

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kedarnath, India

Sun 6 Sutra 183

Mithuna Rasi: 21.5 Tithi 22 – 23

649176474

**Gulika** 1:25PM – 2:50PM  
Yama 10:34AM – 11:59AM  
**Rahu** 7:42AM – 9:08AM

**Punarvasu Until 5:12AM Tue**

Shiva Until 4:02PM

Balava Until 10:48PM

**Saptami Until 9:34AM**

**Ganesha:** Green *Sunrise:* 6:17AM

**Muruqa:** White *Sunset:* 5:41PM

**Nataraja:** Purple

Moon – Blue

**Ashvina+Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 5:12AM Tue

Then Creative Work - Siddha Yoga

**Tuesday, October 18, 2022**

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kedarnath, India

Sun 7 Sutra 184

Kataka Rasi: 3.43 Tithi 23 – 24

649176474

**Gulika** 11:59AM – 1:24PM  
Yama 9:08AM – 10:34AM  
**Rahu** 2:50PM – 4:15PM

**Pushya Until 7:59AM Wed**

Siddha Until 4:50PM

Taitila Until 1:09AM Wed

**Ashtami\* Until 11:59AM**

**Ganesha:** Green *Sunrise:* 6:18AM

**Muruqa:** White *Sunset:* 5:40PM

**Nataraja:** Purple

Moon – Blue

**Ashvina+Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 19, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kedarnath, India Sun 8 Sutra 185 Subhakarit 5124	
Kataka Rasi: 15.4	Tithi 24 – 25	<b>Gulika</b> 10:34AM – 11:59AM	<b>Pushya</b> Untill 7:59AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:18AM		
		Yama 7:43AM – 9:09AM	Sadhya Untill 5:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:39PM	Moon 10 - Phase 26 - 8	
649176474		<b>Rahu</b> 11:59AM – 1:24PM	Vanija Untill 3:12AM Thu	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Untill 2:12PM	Moon – Blue			<b>Devaloka Day</b>
				Ashvina•Aipasi			

<b>2</b>		<b>Thursday, October 20, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kedarnath, India Sun 9 Sutra 186 Subhakarit 5124	
Kataka Rasi: 27.44	Tithi 25 – 26	<b>Gulika</b> 9:09AM – 10:34AM	<b>Ashlesha*</b> Untill 10:17AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:19AM		
		Yama 6:19AM – 7:44AM	Subha Untill 5:49PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:38PM	Moon 10 - Phase 26 - 9	
649276474		<b>Rahu</b> 1:23PM – 2:48PM	Bava Untill 4:47AM Fri	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Untill 4:02PM	Moon – Blue			<b>Bhuloka Day</b>
Untill 10:17AM				Ashvina•Aipasi			<b>Devaloka Time: 6:AM to 9:AM</b>
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, October 21, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Kedarnath, India Sun 10 Sutra 187 Subhakarit 5124	
Simha Rasi: 10	Tithi 26 – 27	<b>Gulika</b> 7:44AM – 9:09AM	<b>Magha*</b> Untill 12:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:20AM		
		Yama 2:48PM – 4:12PM	Sukla Untill 5:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:37PM	Moon 10 - Phase 26 - 10	
659276474		<b>Rahu</b> 10:34AM – 11:58AM	Kaulava Untill 5:48AM Sat	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Untill 5:21PM	Moon – Red			<b>Bhuloka Day</b>
Untill 12:25PM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, October 22, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Taitila Karana Dvodashyam Titau		Kedarnath, India Sun 11 Sutra 188 Subhakarit 5124	
Simha Rasi: 22.31	Tithi 27	<b>Gulika</b> 6:20AM – 7:45AM	<b>Purvaphalguni</b> Untill 1:48PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:20AM		
		Yama 1:23PM – 2:47PM	Brahma Untill 5:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 26 - 11	
659276474		<b>Rahu</b> 9:09AM – 10:34AM	Taitila Untill 6:03PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvodashi*</b> Untill 6:03PM	Moon – Red			<b>Bhuloka Day</b>
Untill 1:48PM				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Sunday, October 23, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		Kedarnath, India Sun 12 Sutra 189 Subhakarit 5124	
Kanya Rasi: 5.2	Tithi 28	<b>Gulika</b> 2:47PM – 4:11PM	<b>Uttaraphalguni</b> Untill 2:25PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM		
		Yama 11:58AM – 1:22PM	Indra Untill 4:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 26 - 12	
651276474		<b>Rahu</b> 4:11PM – 5:35PM	Gara Untill 6:10AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Untill 6:05PM	Moon – Red			<b>Bhuloka Day</b>
				Ashvina•Aipasi			

*Pradosha Vrata (Fasting)*

<b>6</b>		<b>Monday, October 24, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kedarnath, India Sun 13 Sutra 190 Subhakarit 5124	
Kanya Rasi: 18.28	Tithi 29 – 30	<b>Gulika</b> 1:22PM – 2:46PM	<b>Hasta</b> Untill 2:43PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:22AM		
		Yama 10:34AM – 11:58AM	Vaidhriti* Untill 2:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:34PM	Moon 10 - Phase 26 - 13	
661276474		<b>Rahu</b> 7:46AM – 9:10AM	Catuspada Untill 5:00AM Tue	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Untill 5:30PM	Moon – Green			<b>Bhuloka Day</b>
Untill 2:43PM				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga		<b>Subramuniyaswami Mahasamadhi</b>					
		<b>Deepavali Hindu Solidarity Day</b>					

<b>Retreat Star</b>		<b>Tuesday, October 25, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kedarnath, India Sun 14 Sutra 191 Subhakarit 5124	
Tula Rasi: 1.56	Tithi 30 – 1	<b>Gulika</b> 11:58AM – 1:22PM	<b>Chitra</b> Untill 2:17PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:23AM		
		Yama 9:10AM – 10:34AM	Vishkambha* Untill 12:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:33PM	Moon 10 - Phase 26 - 14	
661276474		<b>Rahu</b> 2:45PM – 4:09PM	Kintughna Untill 3:36AM Wed	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Untill 4:20PM	Moon – Green			<b>Bhuloka Day</b>
				Ashvina•Aipasi			

<b>Retreat Star</b>		<b>Wednesday, October 26, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yukhtayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kedarnath, India Sun 15 Sutra 192 Subhakarit 5124	
Tula Rasi: 15.42	Tithi 1 – 2	<b>Gulika</b> 10:34AM – 11:58AM	<b>Svati</b> Untill 1:15PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:23AM		
		Yama 7:47AM – 9:10AM	Priti Untill 10:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 26 - 15	
661276574		<b>Rahu</b> 11:58AM – 1:21PM	Balava Untill 1:46AM Thu	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Untill 2:43PM	Moon – Green			<b>Bhuloka Day</b>
		<b>Skanda Shasthi Begins</b>		Karttika•Aipasi			<b>Devaloka Time: 3:PM to 6:PM</b>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


<b>1</b>	<b>Thursday, October 27, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dviliya/Tritiyayam Titau				Kedarnath, India Sun 16 Sutra 193 Subhakra 5124
	Tula Rasi: 29.43	Tithi 2 - 3	<b>Gulika</b> 9:11AM - 10:34AM	<b>Vishakha</b> Until 12:08PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	
			Yama 6:24AM - 7:47AM	Ayushman Until 7:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 27 - 16
	Creative Work Siddha Yoga	671276574	<b>Rahu</b> 1:21PM - 2:44PM	Taitila Until 11:39PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 12:43PM	Moon - Orange		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	


<b>2</b>	<b>Friday, October 28, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Kedarnath, India Sun 17 Sutra 194 Subhakra 5124
	Vrischika Rasi: 13.54	Tithi 3 - 4	<b>Gulika</b> 7:48AM - 9:11AM	<b>Anuradha</b> Until 10:37AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:25AM	
			Yama 2:44PM - 4:07PM	Sobhana Until 1:24AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 10 - Phase 27 - 17
	Creative Work Siddha Yoga	671276574	<b>Rahu</b> 10:34AM - 11:57AM	Vanija Until 9:20PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 10:30AM	Moon - Orange		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Saturday, October 29, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha/Mula Nakshatra Athiganda Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Kedarnath, India Sun 18 Sutra 195 Subhakra 5124
	Vrischika Rasi: 28.13	Tithi 4 - 5	<b>Gulika</b> 6:26AM - 7:48AM	<b>Jyeshtha*</b> Until 8:51AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM	
			Yama 1:20PM - 2:43PM	Athiganda* Until 10:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM	Moon 10 - Phase 27 - 18
	Creative Work Siddha Yoga	671276574	<b>Rahu</b> 9:11AM - 10:34AM	Bava Until 6:57PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi*</b> Until 8:08AM	Moon - Orange		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Sunday, October 30, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula/Purvashadha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Kedarnath, India Sun 19 Sutra 196 Subhakra 5124
	Dhanus Rasi: 12.32	Tithi 6	<b>Gulika</b> 2:43PM - 4:06PM	<b>Mula*</b> Until 7:19AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	
			Yama 11:57AM - 1:20PM	Sukarma Until 7:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 10 - Phase 27 - 19
	Creative Work Amrita Yoga	681276574	<b>Rahu</b> 4:06PM - 5:28PM	Kaulava Until 4:33PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Skanda Shasthi</b>	Moon - Light Blue		<b>Devaloka Day</b>	
				Karttika-Aipasi			

<b>5</b>	<b>Monday, October 31, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula Yoga Gara/Vanija Karana Saplamyam Titau				Kedarnath, India Sun 20 Sutra 197 Subhakra 5124
	Dhanus Rasi: 26.5	Tithi 7	<b>Gulika</b> 1:20PM - 2:42PM	<b>Uttarashadha</b> Until 4:03AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM	
	<b>Family Home Evening</b>	681276574	Yama 10:35AM - 11:57AM	Dhriti Until 4:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 10 - Phase 27 - 20
	Routine Work Marana Yoga		<b>Rahu</b> 7:50AM - 9:12AM	Gara Until 2:15PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> Until 1:08AM Tue	Moon - Light Blue		<b>Devaloka Day</b>	
				Karttika-Aipasi			

	<b>Tuesday, November 1, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula/Ganda Yoga Visti/Bava Karana Ashtamyam Titau				Kedarnath, India Sun 21 Sutra 198 Subhakra 5124
	<b>Retreat Star</b>		<b>Gulika</b> 11:57AM - 1:20PM	<b>Shravana</b> Until 2:51AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	
	Makara Rasi: 11.04	Tithi 8	Yama 9:13AM - 10:35AM	Shula* Until 1:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 27 - 21
	Creative Work Siddha Yoga	691276574	<b>Rahu</b> 2:42PM - 4:04PM	Visti Until 12:05PM	<b>Nataraja:</b> Clear		Ashtami
			<b>Ashtami*</b> Until 11:03PM	Moon - Purple		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

	<b>Wednesday, November 2, 2022</b>		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Kedarnath, India Sun 22 Sutra 199 Subhakra 5124
	<b>Retreat Star</b>		<b>Gulika</b> 10:35AM - 11:57AM	<b>Dhanishtha</b> Until 1:44AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:29AM	
	Makara Rasi: 25.1	Tithi 9	Yama 7:51AM - 9:13AM	Ganda* Until 10:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM	Moon 10 - Phase 27 - 22
	Creative Work Prabalarishta Yoga	692276574	<b>Rahu</b> 11:57AM - 1:19PM	Balava Until 10:07AM	<b>Nataraja:</b> Clear		Navami
			<b>Navami*</b> Until 9:11PM	Moon - Purple		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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1	<b>Thursday, November 3, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Kedarnath, India Sun 23 Sutra 200 Subhakrit 5124
	Kumbha Rasi: 9.08	Tithi 10	<b>Gulika</b> 9:13AM – 10:35AM	<b>Shatabhishak</b> Until 12:42AM Fri	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:29AM	
			Yama 6:29AM – 7:51AM	Vriddhi Until 7:50AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:25PM	Moon 10 - Phase 28 - 23
	692276574	<b>Rahu</b> 1:19PM – 2:41PM		Taitila Until 8:21AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:33PM	Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi		

2	<b>Friday, November 4, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kedarnath, India Sun 24 Sutra 201 Subhakrit 5124
	Kumbha Rasi: 22.56	Tithi 11	<b>Gulika</b> 7:52AM – 9:14AM	<b>Purvaproshtapada*</b> Until 12:14AM Sat	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:30AM	
			Yama 2:41PM – 4:03PM	Vyaghata* Until 3:16AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:24PM	Moon 10 - Phase 28 - 24
	612276574	<b>Rahu</b> 10:35AM – 11:57AM		Vanija Until 6:52AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 6:12PM	Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi		

3	<b>Saturday, November 5, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kedarnath, India Sun 25 Sutra 202 Subhakrit 5124
	Meena Rasi: 6.34	Tithi 12 – 13	<b>Gulika</b> 6:31AM – 7:53AM	<b>Uttaraproshtapada</b> Until 11:58PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:31AM	
			Yama 1:19PM – 2:40PM	Harshana Until 1:24AM Sun	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:24PM	Moon 10 - Phase 28 - 25
	612276574	<b>Rahu</b> 9:14AM – 10:36AM		Kaulava Until 4:49AM Sun	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 5:10PM	Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 11:58PM				Karttika•Aipasi		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

4	<b>Sunday, November 6, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 26 Sutra 203 Subhakrit 5124
	Meena Rasi: 20.01	Tithi 13 – 14	<b>Gulika</b> 2:40PM – 4:01PM	<b>Revati</b> Until 11:55PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM	
			Yama 11:57AM – 1:19PM	Vajra* Until 11:48PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:23PM	Moon 10 - Phase 28 - 26
	612276574	<b>Rahu</b> 4:01PM – 5:23PM		Gara Until 4:22AM Mon	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 4:31PM	Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 11:55PM				Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

5	<b>Monday, November 7, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kedarnath, India Sun 27 Sutra 204 Subhakrit 5124
	Mesha Rasi: 3.14	Tithi 14 – 15	<b>Gulika</b> 1:19PM – 2:40PM	<b>Ashvini</b> Until 12:37AM Tue	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:33AM	
			Yama 10:36AM – 11:57AM	Siddhi Until 10:35PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:22PM	Moon 10 - Phase 28 - 27
	722276574	<b>Rahu</b> 7:54AM – 9:15AM		Visti Until 4:22AM Tue	<b>Nataraja:</b> Clear	4th Phase
Family Home Evening			<b>Chaturdashi*</b> Until 4:17PM	Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work	Siddha Yoga			Karttika•Aipasi		

○	<b>Tuesday, November 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kedarnath, India Sutra 205 Subhakrit 5124
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:57AM – 1:18PM	<b>Bharani</b> Until 1:38AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:33AM	
	Mesha Rasi: 16.13	Tithi 15 – 16	Yama 9:15AM – 10:36AM	Vyatipata* Until 9:44PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM	Moon 10 - Phase 28 - Purnima
	722276574	<b>Rahu</b> 2:39PM – 4:00PM		Balava Until 4:53AM Wed	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 4:32PM	Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 1:38AM Wed				Karttika•Aipasi		
Then Creative Work - Amrita Yoga						

○	<b>Wednesday, November 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kedarnath, India Sutra 206 Subhakrit 5124
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:37AM – 11:57AM	<b>Krittika</b> Until 2:59AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:34AM	
	Mesha Rasi: 28.57	Tithi 16 – 17	Yama 7:55AM – 9:16AM	Variyan Until 9:16PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM	Moon 10 - Phase 28 - Prathama
	722276574	<b>Rahu</b> 11:57AM – 1:18PM		Taitila Until 5:55AM Thu	<b>Nataraja:</b> Clear	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 5:19PM	Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 2:59AM Thu				Karttika•Aipasi		
Then Routine Work - Marana Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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Thursday, November 10, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Gara Karana Dvitiyayam Titau

Kedarnath, India

Sun 1 Sutra 207

Subhakit 5124

Vrishabha Rasi: 11.28 Tithi 17

732276574

**Gulika** 9:16AM – 10:37AM  
**Yama** 6:35AM – 7:56AM  
**Rahu** 1:18PM – 2:39PM

**Rohini Until 5:09AM Fri**  
Parigha\* Until 9:12PM  
Gara Until 6:36PM  
**Dvitiya Until 6:36PM**

**Ganesha:** Red *Sunrise:* 6:35AM  
**Muruqa:** Clear *Sunset:* 5:20PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 1  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 5:09AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Kedarnath, India

Sun 2 Sutra 208

Subhakit 5124

Vrishabha Rasi: 23.45 Tithi 18

732276574

**Gulika** 7:56AM – 9:17AM  
**Yama** 2:39PM – 3:59PM  
**Rahu** 10:37AM – 11:58AM

**Mrigashira Until 7:35AM Sat**  
Shiva Until 9:30PM  
Vanija Until 7:26AM  
**Tritiya Until 8:21PM**

**Ganesha:** Red *Sunrise:* 6:36AM  
**Muruqa:** Clear *Sunset:* 5:19PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 2  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

2

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Kedarnath, India

Sun 3 Sutra 209

Subhakit 5124

Mithuna Rasi: 5.52 Tithi 19

732276574

**Gulika** 6:37AM – 7:57AM  
**Yama** 1:18PM – 2:38PM  
**Rahu** 9:17AM – 10:37AM

**Mrigashira Until 7:35AM**  
Siddha Until 10:04PM  
Bava Until 9:25AM  
**Chaturthi\* Until 10:30PM**

**Ganesha:** Red *Sunrise:* 6:37AM  
**Muruqa:** Clear *Sunset:* 5:19PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 3  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

3

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India

Sun 4 Sutra 210

Subhakit 5124

Mithuna Rasi: 17.5 Tithi 20

732276574

**Gulika** 2:38PM – 3:58PM  
**Yama** 11:58AM – 1:18PM  
**Rahu** 3:58PM – 5:18PM

**Ardra Until 10:09AM**  
Sadhya Until 10:49PM  
Kaulava Until 11:42AM  
**Panchami Until 12:54AM Mon**

**Ganesha:** Red *Sunrise:* 6:37AM  
**Muruqa:** Clear *Sunset:* 5:18PM  
**Nataraja:** Clear  
Moon – Yellow  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 4  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

4

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Kedarnath, India

Sun 5 Sutra 211

Subhakit 5124

Mithuna Rasi: 29.44 Tithi 21

742376574

**Gulika** 1:18PM – 2:38PM  
**Yama** 10:38AM – 11:58AM  
**Rahu** 7:58AM – 9:18AM

**Punarvasu Until 1:15PM**  
Subha Until 11:41PM  
Gara Until 2:11PM  
**Shashthi\* Until 3:24AM Tue**

**Ganesha:** White *Sunrise:* 6:38AM  
**Muruqa:** Clear *Sunset:* 5:18PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 5  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 1:15PM

Then Creative Work - Siddha Yoga

5

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

Kedarnath, India

Sun 6 Sutra 212

Subhakit 5124

Kataka Rasi: 11.37 Tithi 22

743376574

**Gulika** 11:58AM – 1:18PM  
**Yama** 9:19AM – 10:38AM  
**Rahu** 2:38PM – 3:58PM

**Pushya Until 4:10PM**  
Sukla Until 12:27AM Wed  
Visti\* Until 4:39PM  
**Saptami Until 5:48AM Wed**

**Ganesha:** Green *Sunrise:* 6:39AM  
**Muruqa:** Clear *Sunset:* 5:17PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Aipasi**

Moon 11 - Phase 29 - 6  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Balava Karana Ashtamyam Titau

Kedarnath, India

Sun 7 Sutra 213

Subhakit 5124

Kataka Rasi: 23.32 Tithi 23

743376574

**Gulika** 10:39AM – 11:58AM  
**Yama** 8:00AM – 9:19AM  
**Rahu** 11:58AM – 1:18PM

**Ashlesha\* Until 6:45PM**  
Brahma Until 1:03AM Thu  
Balava Until 6:56PM  
**Ashtami\* Until 7:54AM Thu**

**Ganesha:** Green *Sunrise:* 6:40AM  
**Muruqa:** Clear *Sunset:* 5:17PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Kartikai**

Moon 11 - Phase 29 - 7  
Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kedarnath, India

Sun 8 Sutra 214

Subhakit 5124

Simha Rasi: 5.34 Tithi 23 – 24

753376575

**Gulika** 9:20AM – 10:39AM  
**Yama** 6:41AM – 8:00AM  
**Rahu** 1:18PM – 2:37PM

**Magha\* Until 9:17PM**  
Indra Until 1:19AM Fri  
Taitila Until 8:49PM  
**Ashtami\* Until 7:54AM**

**Ganesha:** Orange *Sunrise:* 6:41AM  
**Muruqa:** Clear *Sunset:* 5:16PM  
**Nataraja:** Purple  
Moon – Red  
**Kartika-Kartikai**

Moon 11 - Phase 29 - 8  
Navami

**Sivaloka Day**

Creative Work Amrita Yoga

Until 9:17PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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<b>1</b>		<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam		Kedarnath, India	
				Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Sun 9 Sutra 215	
Simha Rasi: 17.47	Tithi 24 – 25	<b>Gulika</b> 8:01AM – 9:20AM	<b>Purvaphalguni</b> Until 11:05PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:42AM	Subhakrit 5124	
		Yama 2:37PM – 3:57PM	Vaidhrili* Until 1:07AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 30 - 9	
	753376575	<b>Rahu</b> 10:40AM – 11:59AM	Vanija Until 10:07PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:31AM	Moon – Red		<b>Sivaloka Day</b>	
				Karttika-Karttikai			

<b>2</b>		<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam		Kedarnath, India	
				Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 216	
Kanya Rasi: 0.17	Tithi 25 – 26	<b>Gulika</b> 6:43AM – 8:02AM	<b>Uttaraphalguni</b> Until 12:04AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:43AM	Subhakrit 5124	
		Yama 1:18PM – 2:37PM	Vishkambha* Until 12:23AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 11 - Phase 30 - 10	
	753376575	<b>Rahu</b> 9:21AM – 10:40AM	Bava Until 10:43PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 10:30AM	Moon – Red		<b>Sivaloka Day</b>	
Until 12:04AM Sun				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Kedarnath, India	
				Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 217	
Kanya Rasi: 13.07	Tithi 26 – 27	<b>Gulika</b> 2:37PM – 3:56PM	<b>Hasta</b> Until 12:37AM Mon	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:43AM	Subhakrit 5124	
		Yama 11:59AM – 1:18PM	Priti Until 11:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 11 - Phase 30 - 11	
	763376575	<b>Rahu</b> 3:56PM – 5:15PM	Kaulava Until 10:33PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 10:43AM	Moon – Green		<b>Devaloka Day</b>	
Until 12:37AM Mon				Karttika-Karttikai			
Then Routine Work - Prabalarishta Yoga							

<b>4</b>		<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam		Kedarnath, India	
				Chitra Nakshatra Ayushman Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 218	
Kanya Rasi: 26.19	Tithi 27 – 28	<b>Gulika</b> 1:18PM – 2:37PM	<b>Chitra</b> Until 12:15AM Tue	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:44AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:41AM – 11:59AM	Ayushman Until 9:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 11 - Phase 30 - 12	
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 8:03AM – 9:22AM	Gara Until 9:37PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 12:15AM Tue			<b>Dvadashi*</b> Until 10:10AM	Moon – Green		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			
				Pradosha Vrata (Fasting)			

<b>5</b>		<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam		Kedarnath, India	
				Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 219	
Tula Rasi: 9.58	Tithi 28 – 29	<b>Gulika</b> 12:00PM – 1:18PM	<b>Svati</b> Until 11:04PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:45AM	Subhakrit 5124	
		Yama 9:22AM – 10:41AM	Saubhagya Until 6:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 11 - Phase 30 - 13	
	763376575	<b>Rahu</b> 2:37PM – 3:56PM	Visti Until 8:00PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:52AM	Moon – Green		<b>Devaloka Day</b>	
Until 11:04PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam		Kedarnath, India	
				Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 220	
Tula Rasi: 23.59	Tithi 29 – 30	<b>Gulika</b> 10:41AM – 12:00PM	<b>Vishakha</b> Until 9:37PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM	Subhakrit 5124	
		Yama 8:04AM – 9:23AM	Sobhana Until 3:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 11 - Phase 30 - 14	
	773376575	<b>Rahu</b> 12:00PM – 1:19PM	Naga Until 4:28AM Thu	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:56AM	Moon – Orange		<b>Devaloka Day</b>	
				Karttika-Karttikai			

<b>Retreat Star</b>		<b>Thursday, November 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Kedarnath, India	
				Anuradha Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 221	
Vrischika Rasi: 8.23	Tithi 1	<b>Gulika</b> 9:24AM – 10:42AM	<b>Anuradha</b> Until 7:36PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:47AM	Subhakrit 5124	
		Yama 6:47AM – 8:05AM	Athiganda* Until 12:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 11 - Phase 30 - 15	
	773376575	<b>Rahu</b> 1:19PM – 2:37PM	Kintughna Until 3:06PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:38AM Fri	Moon – Orange		<b>Devaloka Day</b>	
Until 7:36PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/

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<b>1</b>	<b>Friday, November 25, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kedarnath, India Sun 16 Sutra 222 Subhakrit 5124
	Vrischika Rasi: 23.01    Tithi 2	<b>Gulika</b> 8:06AM – 9:24AM Yama 2:37PM – 3:55PM 773376575 <b>Rahu</b> 10:42AM – 12:01PM	<b>Jyeshtha* Until 5:11PM</b> Sukarma Until 8:41AM Balava Until 12:09PM Dvitiya Until 10:35PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Orange Margasira-Karttikai	<b>Sunrise:</b> 6:48AM <b>Sunset:</b> 5:14PM	Moon 11 - Phase 31 - 16 3rd Phase <b>Devaloka Day</b>
	Routine Work    Marana Yoga Until 5:11PM Then Creative Work - Amrita Yoga					

<b>2</b>	<b>Saturday, November 26, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau				Kedarnath, India Sun 17 Sutra 223 Subhakrit 5124
	Dhanus Rasi: 7.48    Tithi 3	<b>Gulika</b> 6:48AM – 8:07AM Yama 1:19PM – 2:37PM 783376575 <b>Rahu</b> 9:25AM – 10:43AM	<b>Mula* Until 2:56PM</b> Shula* Until 1:11AM Sun Taitila Until 9:02AM Tritiya Until 7:27PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 6:48AM <b>Sunset:</b> 5:13PM	Moon 11 - Phase 31 - 17 3rd Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga					

<b>3</b>	<b>Sunday, November 27, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Ganda* Yoga Vistil/Bava Karana Chaturthi/Panchamyam Titau				Kedarnath, India Sun 18 Sutra 224 Subhakrit 5124
	Dhanus Rasi: 22.36    Tithi 4 – 5	<b>Gulika</b> 2:37PM – 3:55PM Yama 12:01PM – 1:19PM 783376575 <b>Rahu</b> 3:55PM – 5:13PM	<b>Purvashadha* Until 12:36PM</b> Ganda* Until 9:30PM Bava Until 2:59AM Mon Chaturthi* Until 4:25PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 6:49AM <b>Sunset:</b> 5:13PM	Moon 11 - Phase 31 - 18 3rd Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 12:36PM Then Creative Work - Amrita Yoga					

<b>4</b>	<b>Monday, November 28, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Kedarnath, India Sun 19 Sutra 225 Subhakrit 5124
	Makara Rasi: 7.17    Tithi 5 – 6	<b>Gulika</b> 1:19PM – 2:37PM Yama 10:44AM – 12:02PM 783376575 <b>Rahu</b> 8:08AM – 9:26AM	<b>Uttarashadha Until 10:19AM</b> Vriddhi Until 6:02PM Kaulava Until 12:17AM Tue Panchami Until 1:34PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 6:50AM <b>Sunset:</b> 5:13PM	Moon 11 - Phase 31 - 19 3rd Phase <b>Devaloka Day</b>
	<b>Family Home Evening</b> Routine Work    Marana Yoga Until 10:19AM Then Creative Work - Amrita Yoga					

<b>5</b>	<b>Tuesday, November 29, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kedarnath, India Sun 20 Sutra 226 Subhakrit 5124
	Makara Rasi: 21.46    Tithi 6 – 7	<b>Gulika</b> 12:02PM – 1:20PM Yama 9:26AM – 10:44AM 793376575 <b>Rahu</b> 2:37PM – 3:55PM	<b>Shravana Until 8:36AM</b> Dhruva Until 2:50PM Gara Until 9:58PM Shashthi* Until 11:04AM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai	<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 5:13PM	Moon 11 - Phase 31 - 20 3rd Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga					

<b>Retreat Star</b>	<b>Wednesday, November 30, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Kedarnath, India Sun 21 Sutra 227 Subhakrit 5124
	Kumbha Rasi: 5.59    Tithi 7 – 8	<b>Gulika</b> 10:45AM – 12:02PM Yama 8:09AM – 9:27AM 794376575 <b>Rahu</b> 12:02PM – 1:20PM	<b>Dhanishtha Until 7:09AM</b> Vyaghata* Until 11:59AM Vistil Until 8:07PM Saptami Until 8:58AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai	<b>Sunrise:</b> 6:52AM <b>Sunset:</b> 5:13PM	Moon 11 - Phase 31 - 21 Ashtami <b>Sivaloka Day</b>
	Routine Work    Prabalarishta Yoga Until 7:09AM Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>	<b>Thursday, December 1, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kedarnath, India Sun 22 Sutra 228 Subhakrit 5124
	Kumbha Rasi: 19.53    Tithi 8 – 9	<b>Gulika</b> 9:28AM – 10:45AM Yama 6:53AM – 8:10AM 794376575 <b>Rahu</b> 1:20PM – 2:38PM	<b>Shatabhishak Until 6:02AM</b> Harshana Until 9:32AM Balava Until 6:45PM Ashtami* Until 7:21AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 5:13PM	Moon 11 - Phase 31 - 22 Navami <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>		<b>Friday, December 2, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Siddhi Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Kedarnath, India Sun 23 Sutra 229	
Meena Rasi: 3.29	Tithi 9 – 10	<b>Gulika</b> 8:11AM – 9:28AM	<b>Uttaraproshtapada</b> Until 5:44AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:53AM			Subhakrit 5124	
		Yama 2:38PM – 3:55PM	Vajra* Until 7:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 11 - Phase 32 - 23		4th Phase	
		714376575 <b>Rahu</b> 10:46AM – 12:03PM	Gara Until 5:40AM Sat	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:15AM	Moon – Clear				<b>Sivaloka Day</b>	
Until 5:44AM Sat				Margasira-Karttikai					
Then Routine Work - Prabalarishta Yoga									

<b>2</b>		<b>Saturday, December 3, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Kedarnath, India Sun 24 Sutra 230	
Meena Rasi: 16.48	Tithi 11	<b>Gulika</b> 6:54AM – 8:11AM	<b>Revati</b> Until 6:07AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM			Subhakrit 5124	
		Yama 1:21PM – 2:38PM	Vyatipata* Until 4:34AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 11 - Phase 32 - 24		4th Phase	
		714376575 <b>Rahu</b> 9:29AM – 10:46AM	Vanija Until 5:35PM	<b>Nataraja:</b> Purple					
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 5:36AM Sun	Moon – Clear				<b>Sivaloka Day</b>	
Until 6:07AM Sun				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Sunday, December 4, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Bava/Balava Karana Dvadashyam Titau		Kedarnath, India Sun 25 Sutra 231	
Meena Rasi: 29.5	Tithi 12	<b>Gulika</b> 2:38PM – 3:55PM	<b>Revati</b> Until 6:07AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:55AM			Subhakrit 5124	
		Yama 12:04PM – 1:21PM	Variyan Until 3:40AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 11 - Phase 32 - 25		4th Phase	
		714376575 <b>Rahu</b> 3:55PM – 5:13PM	Bava Until 5:45PM	<b>Nataraja:</b> Purple					
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 6:00AM Mon	Moon – Clear				<b>Sivaloka Day</b>	
Until 6:07AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Monday, December 5, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kedarnath, India Sun 26 Sutra 232	
Mesha Rasi: 12.4	Tithi 12 – 13	<b>Gulika</b> 1:21PM – 2:38PM	<b>Ashvini</b> Until 7:15AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:56AM			Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:47AM – 12:04PM	Parigha* Until 3:07AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 11 - Phase 32 - 26		4th Phase	
		724376575 <b>Rahu</b> 8:13AM – 9:30AM	Kaulava Until 6:23PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 6:00AM	Moon – White				<b>Devaloka Day</b>	
				Margasira-Karttikai					

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, December 6, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau		Kedarnath, India Sun 27 Sutra 233	
Mesha Rasi: 25.16	Tithi 13 – 14	<b>Gulika</b> 12:05PM – 1:22PM	<b>Bharani</b> Until 8:39AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:56AM			Subhakrit 5124	
		Yama 9:31AM – 10:48AM	Shiva Until 2:53AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 11 - Phase 32 - 27		4th Phase	
		724376575 <b>Rahu</b> 2:39PM – 3:56PM	Gara Until 7:26PM	<b>Nataraja:</b> Purple					
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:50AM	Moon – White				<b>Devaloka Day</b>	
				Margasira-Karttikai					
		<b>Krittika Deepam</b>							

<b>○</b>		<b>Wednesday, December 7, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kedarnath, India Sutra 234	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:48AM – 12:05PM	<b>Krittika</b> Until 10:17AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:57AM			Subhakrit 5124	
Vrishabha Rasi: 7.42	Tithi 14 – 15	Yama 8:14AM – 9:31AM	Siddha Until 2:55AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 11 - Phase 32 - Purnima			
		724376575 <b>Rahu</b> 12:05PM – 1:22PM	Visti Until 8:52PM	<b>Nataraja:</b> Purple					
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 8:05AM	Moon – White				<b>Devaloka Day</b>	
Until 10:17AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

<b>○</b>		<b>Thursday, December 8, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kedarnath, India Sutra 235	
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:32AM – 10:49AM	<b>Rohini</b> Until 12:35PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:58AM			Subhakrit 5124	
Vrishabha Rasi: 19.59	Tithi 15 – 16	Yama 6:58AM – 8:15AM	Sadhya Until 3:13AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 11 - Phase 32 - Prathama			
		734376575 <b>Rahu</b> 1:22PM – 2:39PM	Balava Until 10:40PM	<b>Nataraja:</b> Purple					
Routine Work	Marana Yoga		<b>Purnima*</b> Until 9:42AM	Moon – Yellow				<b>Sivaloka Day</b>	
				Margasira-Karttikai					
		<b>Vinayaga Viratam Begins</b>							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kedarnath, India

Sutra 236

Subhakrit 5124

Mithuna Rasi: 2.07 Tithi 16 - 17

Gulika 8:15AM - 9:32AM

Mrigashira Until 3:02PM

Ganesha: Red Sunrise: 6:59AM

Moon 12 - Phase 33 -

Yama 2:40PM - 3:56PM

Subha Until 3:44AM Sat

Muruqa: Clear Sunset: 5:13PM

1st Phase

Rahu 10:49AM - 12:06PM

Taitila Until 12:45AM Sat

Nataraja: Purple

Sivaloka Day

Creative Work Siddha Yoga

Prathama\* Until 11:39AM

Moon - Yellow

Margasira-Karttikai

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kedarnath, India

Sun 1 Sutra 237

Subhakrit 5124

Mithuna Rasi: 14.09 Tithi 17 - 18

Gulika 6:59AM - 8:16AM

Ardra Until 5:33PM

Ganesha: Red Sunrise: 6:59AM

Moon 12 - Phase 33 - 1

Yama 1:23PM - 2:40PM

Sukla Until 4:24AM Sun

Muruqa: Clear Sunset: 5:13PM

1st Phase

Rahu 9:33AM - 10:50AM

Vanija Until 3:05AM Sun

Nataraja: Purple

Sivaloka Day

Creative Work Siddha Yoga

Dvitiya Until 1:52PM

Moon - Yellow

Margasira-Karttikai

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Kedarnath, India

Sun 2 Sutra 238

Subhakrit 5124

Mithuna Rasi: 26.05 Tithi 18 - 19

Gulika 2:40PM - 3:57PM

Punarvasu Until 8:36PM

Ganesha: Green Sunrise: 7:00AM

Moon 12 - Phase 33 - 2

Yama 12:07PM - 1:24PM

Brahma Until 5:12AM Mon

Muruqa: Clear Sunset: 5:14PM

1st Phase

Rahu 3:57PM - 5:14PM

Bava Until 5:34AM Mon

Nataraja: Purple

Devaloka Day

Creative Work Siddha Yoga

Tritiya Until 4:17PM

Moon - Blue

Margasira-Karttikai

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Balava Karana Chaturthyam Titau

Kedarnath, India

Sun 3 Sutra 239

Subhakrit 5124

Kataka Rasi: 7.58 Tithi 19

Gulika 1:24PM - 2:41PM

Pushya Until 11:33PM

Ganesha: White Sunrise: 7:01AM

Moon 12 - Phase 33 - 3

Yama 10:51AM - 12:07PM

Indra Until 6:03AM Tue

Muruqa: Clear Sunset: 5:14PM

1st Phase

Rahu 8:17AM - 9:34AM

Balava Until 6:49PM

Nataraja: Purple

Devaloka Day

Creative Work Siddha Yoga

Chaturthi\* Until 6:49PM

Moon - Blue

Margasira-Karttikai

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India

Sun 4 Sutra 240

Subhakrit 5124

Kataka Rasi: 19.5 Tithi 20

Gulika 12:08PM - 1:24PM

Ashlesha\* Until 2:18AM Wed

Ganesha: White Sunrise: 7:01AM

Moon 12 - Phase 33 - 4

Yama 9:35AM - 10:51AM

Indra Until 6:03AM

Muruqa: Clear Sunset: 5:14PM

1st Phase

Rahu 2:41PM - 3:57PM

Kaulava Until 8:06AM

Nataraja: Purple

Devaloka Day

Creative Work Siddha Yoga

Panchami Until 9:19PM

Moon - Blue

Margasira-Karttikai

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Kedarnath, India

Sun 5 Sutra 241

Subhakrit 5124

Simha Rasi: 1.44 Tithi 21

Gulika 10:52AM - 12:08PM

Magha\* Until 5:12AM Thu

Ganesha: Clear Sunrise: 7:02AM

Moon 12 - Phase 33 - 5

Yama 8:19AM - 9:35AM

Vaidhriti\* Until 6:49AM

Muruqa: Clear Sunset: 5:14PM

1st Phase

Rahu 12:08PM - 1:25PM

Gara Until 10:33AM

Nataraja: Purple

Sivaloka Day

Creative Work Siddha Yoga

Shashthi\* Until 11:40PM

Moon - Red

Margasira-Karttikai

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Saplamyam Titau

Kedarnath, India

Sun 6 Sutra 242

Subhakrit 5124

Simha Rasi: 13.43 Tithi 22

Gulika 9:36AM - 10:52AM

Purvaphalguni Until 7:32AM Fri

Ganesha: Clear Sunrise: 7:03AM

Moon 12 - Phase 33 - 6

Yama 7:03AM - 8:19AM

Vishkambha\* Until 7:25AM

Muruqa: Clear Sunset: 5:15PM

1st Phase

Rahu 1:25PM - 2:42PM

Visti Until 12:44PM

Nataraja: Purple

Sivaloka Day

Creative Work Siddha Yoga

Saptami Until 1:38AM Fri

Moon - Red

Margasira-Karttikai

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India

Sun 7 Sutra 243

Subhakrit 5124

Simha Rasi: 25.52 Tithi 23

Gulika 8:20AM - 9:36AM

Purvaphalguni Until 7:32AM

Ganesha: Clear Sunrise: 7:03AM

Moon 12 - Phase 33 - 7

Yama 2:42PM - 3:59PM

Priti Until 7:43AM

Muruqa: Clear Sunset: 5:15PM

Ashtami

Rahu 10:53AM - 12:09PM

Balava Until 2:27PM

Nataraja: Purple

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

Ashtami\* Until 3:03AM Sat

Moon - Red

Margasira-Markali

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India

Sun 8 Sutra 244

Subhakrit 5124

Kanya Rasi: 8.16 Tithi 24

Gulika 7:04AM - 8:20AM

Uttaraphalguni Until 9:08AM

Ganesha: White Sunrise: 7:04AM

Moon 12 - Phase 33 - 8

Yama 1:26PM - 2:43PM

Ayushman Until 7:32AM

Muruqa: Clear Sunset: 5:15PM

Navami

Rahu 9:37AM - 10:53AM

Taitila Until 3:31PM

Nataraja: Purple

Devaloka Day

Routine Work Marana Yoga

Navami\* Until 3:44AM Sun

Moon - Red

Margasira-Markali

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Kedarnath, India on 5/1/.

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<b>1</b>		<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vistli* Karana Dashamyam Titau		Kedarnath, India Sun 9 Sutra 245 Subhakrit 5124		
Kanya Rasi: 20.59	Tithi 25	<b>Gulika</b> 2:43PM – 3:59PM	<b>Hasta</b> <b>Until 10:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 34 - 9
		865476575 <b>Rahu</b> 3:59PM – 5:16PM	Saubhagya <b>Until 6:47AM</b>	<b>Nataraja:</b> Purple		Moon – Green		2nd Phase
Creative Work	Amrita Yoga		<b>Vanija</b> <b>Until 3:47PM</b>				<b>Sivaloka Day</b>	
Until 10:19AM			<b>Dashami</b> <b>Until 3:35AM Mon</b>			<b>Margasira</b> •Markali		
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Kedarnath, India Sun 10 Sutra 246 Subhakrit 5124		
Tula Rasi: 4.08	Tithi 26	<b>Gulika</b> 1:27PM – 2:43PM	<b>Chitra</b> <b>Until 10:31AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 34 - 10
<b>Family Home Evening</b>		865476575 <b>Rahu</b> 8:22AM – 9:38AM	Athiganda* <b>Until 3:19AM Tue</b>	<b>Nataraja:</b> Purple		Moon – Green		2nd Phase
Routine Work	Prabalarishta Yoga		Bava <b>Until 3:12PM</b>				<b>Sivaloka Day</b>	
Until 10:31AM			<b>Ekadashi*</b> <b>Until 2:34AM Tue</b>			<b>Margasira</b> •Markali		
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Kedarnath, India Sun 11 Sutra 247 Subhakrit 5124		
Tula Rasi: 17.44	Tithi 27	<b>Gulika</b> 12:11PM – 1:28PM	<b>Svati</b> <b>Until 9:45AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 12 - Phase 34 - 11
		865476575 <b>Rahu</b> 9:38AM – 10:55AM	Sukarma <b>Until 12:37AM Wed</b>	<b>Nataraja:</b> Purple		Moon – Green		2nd Phase
Creative Work	Siddha Yoga		Kaulava <b>Until 1:47PM</b>				<b>Sivaloka Day</b>	
Until 9:45AM			<b>Dvadashi*</b> <b>Until 12:45AM Wed</b>			<b>Margasira</b> •Markali		
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau		Kedarnath, India Sun 12 Sutra 248 Subhakrit 5124		
Vrischika Rasi: 1.49	Tithi 28	<b>Gulika</b> 10:55AM – 12:12PM	<b>Vishakha</b> <b>Until 8:31AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 12 - Phase 34 - 12
		875476575 <b>Rahu</b> 8:23AM – 9:39AM	Dhriti <b>Until 9:22PM</b>	<b>Nataraja:</b> Purple		Moon – Orange		2nd Phase
Creative Work	Siddha Yoga		Gara <b>Until 11:36AM</b>				<b>Devaloka Day</b>	
			<b>Trayodashi*</b> <b>Until 10:15PM</b>			<b>Margasira</b> •Markali		
			<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kedarnath, India Sun 13 Sutra 249 Subhakrit 5124		
Vrischika Rasi: 16.21	Tithi 29	<b>Gulika</b> 9:40AM – 10:56AM	<b>Anuradha</b> <b>Until 6:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 12 - Phase 34 - 13
		876476575 <b>Rahu</b> 7:07AM – 8:23AM	Shula* <b>Until 5:39PM</b>	<b>Nataraja:</b> Purple		Moon – Orange		2nd Phase
Creative Work	Siddha Yoga		Visti <b>Until 8:48AM</b>				<b>Sivaloka Day</b>	
Until 6:30AM			<b>Chaturdashi*</b> <b>Until 7:12PM</b>			<b>Margasira</b> •Markali		
Then Routine Work - Prabalarishta Yoga								

<b>Retreat Star</b>		<b>Friday, December 23, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kedarnath, India Sun 14 Sutra 250 Subhakrit 5124		
Dhanus Rasi: 1.14	Tithi 30 – 1	<b>Gulika</b> 8:24AM – 9:40AM	<b>Mula*</b> <b>Until 1:12AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 12 - Phase 34 - 14
		886476575 <b>Rahu</b> 2:45PM – 4:02PM	Ganda* <b>Until 1:38PM</b>	<b>Nataraja:</b> Purple		Moon – Light Blue		Amavasya
Creative Work	Amrita Yoga		Kintughna <b>Until 1:59AM Sat</b>				<b>Sivaloka Day</b>	
Until 1:12AM Sat			<b>Amavasya*</b> <b>Until 3:46PM</b>			<b>Margasira</b> •Markali		
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kedarnath, India Sun 15 Sutra 251 Subhakrit 5124		
Dhanus Rasi: 16.22	Tithi 1 – 2	<b>Gulika</b> 7:08AM – 8:24AM	<b>Purvashadha*</b> <b>Until 10:16PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:08AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 12 - Phase 34 - 15
		886476575 <b>Rahu</b> 1:30PM – 2:46PM	Vridhi <b>Until 9:26AM</b>	<b>Nataraja:</b> Purple		Moon – Light Blue		Prathama
Creative Work	Siddha Yoga		Balava <b>Until 10:19PM</b>				<b>Sivaloka Day</b>	
Until 10:16PM			<b>Prathama*</b> <b>Until 12:08PM</b>			<b>Pausha</b> •Markali		
Then Routine Work - Marana Yoga								

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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<b>1</b>		<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kedarnath, India Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 1.32	Tithi 2 - 3	886486575	<b>Gulika</b> 2:46PM - 4:03PM <b>Yama</b> 12:14PM - 1:30PM <b>Rahu</b> 4:03PM - 5:19PM	<b>Uttarashadha</b> Until 7:16PM Vyaghata* Until 1:00AM Mon Taitila Until 6:41PM <b>Dvitiya</b> Until 8:28AM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon - Light Blue Pausha-Markali	<b>Sunrise:</b> 7:08AM <b>Sunset:</b> 5:19PM	Moon 12 - Phase 35 - 16 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati					

<b>2</b>		<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visli* Karana Chaturthiyam Titau		Kedarnath, India Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 16.38	Tithi 4	896486576	<b>Gulika</b> 1:31PM - 2:47PM <b>Yama</b> 10:58AM - 12:14PM <b>Rahu</b> 8:25AM - 9:41AM	<b>Shravana</b> Until 4:45PM Harshana Until 9:05PM Vanija Until 3:18PM <b>Chaturthi*</b> Until 1:43AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Purple Pausha-Markali	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 5:20PM	Moon 12 - Phase 35 - 17 3rd Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 4:45PM Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Kedarnath, India Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 1.29	Tithi 5	896486576	<b>Gulika</b> 12:15PM - 1:31PM <b>Yama</b> 9:42AM - 10:58AM <b>Rahu</b> 2:48PM - 4:04PM	<b>Dhanishtha</b> Until 2:30PM Vajra* Until 5:28PM Bava Until 12:17PM <b>Panchami</b> Until 10:57PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Purple Pausha-Markali	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 5:20PM	Moon 12 - Phase 35 - 18 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 2:30PM Then Routine Work - Marana Yoga							

<b>4</b>		<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthiyam Titau		Kedarnath, India Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 15.58	Tithi 6	896486576	<b>Gulika</b> 10:59AM - 12:15PM <b>Yama</b> 8:26AM - 9:42AM <b>Rahu</b> 12:15PM - 1:32PM	<b>Shatabhishak</b> Until 12:38PM Siddhi Until 2:20PM Kaulava Until 9:48AM <b>Shashthi*</b> Until 8:46PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Purple Pausha-Markali	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 5:21PM	Moon 12 - Phase 35 - 19 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 12:38PM Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends					

<b>5</b>		<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau		Kedarnath, India Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 0.02	Tithi 7	817486576	<b>Gulika</b> 9:43AM - 10:59AM <b>Yama</b> 7:10AM - 8:26AM <b>Rahu</b> 1:32PM - 2:49PM	<b>Purvaproshtapada*</b> Until 11:42AM Vyatipata* Until 11:44AM Gara Until 7:57AM <b>Saptami</b> Until 7:17PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Clear Pausha-Markali	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 5:22PM	Moon 12 - Phase 35 - 20 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Ashtamyam Titau		Kedarnath, India Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 13.4	Tithi 8	817486576	<b>Gulika</b> 8:27AM - 9:43AM <b>Yama</b> 2:49PM - 4:06PM <b>Rahu</b> 11:00AM - 12:16PM	<b>Uttaraproshtapada</b> Until 11:21AM Variyan Until 9:41AM Visli Until 6:50AM <b>Ashtami*</b> Until 6:32PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Clear Pausha-Markali	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 5:22PM	Moon 12 - Phase 35 - 21 Ashtami <b>Devaloka Day</b>
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Saturday, December 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Kedarnath, India Sun 22 Sutra 258 Subhakrit 5124	
Meena Rasi: 26.53	Tithi 9	817486576	<b>Gulika</b> 7:10AM - 8:27AM <b>Yama</b> 1:33PM - 2:50PM <b>Rahu</b> 9:44AM - 11:00AM	<b>Revati</b> Until 11:34AM Parigha* Until 8:14AM Balava Until 6:27AM <b>Navami*</b> Until 6:31PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Clear Pausha-Markali	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 5:23PM	Moon 12 - Phase 35 - 22 Navami <b>Devaloka Day</b>
Routine Work Prabalarishta Yoga Until 11:34AM Then Creative Work - Siddha Yoga							


<b>1</b>		<b>Sunday, January 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Kedarnath, India Sun 23 Sutra 259 Subhakrit 5124	
Mesha Rasi: 9.45	Tithi 10	<b>Gulika</b>	<b>2:50PM – 4:07PM</b>	<b>Ashvini Until 12:46PM</b>	<b>Ganesha: Yellow</b>	<b>Sunrise: 7:11AM</b>		
		Yama	12:17PM – 1:34PM	Shiva Until 7:21AM	<b>Muruqa: Purple</b>	<b>Sunset: 5:24PM</b>	Moon 12 - Phase 36 - 23	
		827486576 <b>Rahu</b>	<b>4:07PM – 5:24PM</b>	Taitila Until 6:47AM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 7:11PM</b>	<b>Moon – White</b>		<b>Sivaloka Day</b>	
Until 12:46PM					<b>Pausha-Markali</b>			
Then Routine Work - Prabalarishta Yoga								

<b>2</b>		<b>Monday, January 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Kedarnath, India Sun 24 Sutra 260 Subhakrit 5124	
Mesha Rasi: 22.19	Tithi 11	<b>Gulika</b>	<b>1:34PM – 2:51PM</b>	<b>Bharani Until 2:23PM</b>	<b>Ganesha: Yellow</b>	<b>Sunrise: 7:11AM</b>		
<b>Family Home Evening</b>		Yama	11:01AM – 12:18PM	Siddha Until 6:54AM	<b>Muruqa: Purple</b>	<b>Sunset: 5:24PM</b>	Moon 12 - Phase 36 - 24	
Creative Work	Siddha Yoga	827486576 <b>Rahu</b>	<b>8:28AM – 9:44AM</b>	Vanija Until 7:46AM	<b>Nataraja: Clear</b>		4th Phase	
Until 2:23PM				<b>Ekadashi Until 8:25PM</b>	<b>Moon – White</b>		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Tuesday, January 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvodashyam Titau			Kedarnath, India Sun 25 Sutra 261 Subhakrit 5124	
Vrishabha Rasi: 4.4	Tithi 12	<b>Gulika</b>	<b>12:18PM – 1:35PM</b>	<b>Krittika Until 4:17PM</b>	<b>Ganesha: Yellow</b>	<b>Sunrise: 7:11AM</b>		
		Yama	9:45AM – 11:01AM	Sadhya Until 6:52AM	<b>Muruqa: Purple</b>	<b>Sunset: 5:25PM</b>	Moon 12 - Phase 36 - 25	
		827486576 <b>Rahu</b>	<b>2:52PM – 4:08PM</b>	Bava Until 9:14AM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 10:06PM</b>	<b>Moon – White</b>		<b>Sivaloka Day</b>	
Until 4:17PM					<b>Pausha-Markali</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Wednesday, January 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kedarnath, India Sun 26 Sutra 262 Subhakrit 5124	
Vrishabha Rasi: 16.51	Tithi 13	<b>Gulika</b>	<b>11:02AM – 12:19PM</b>	<b>Rohini Until 6:51PM</b>	<b>Ganesha: White</b>	<b>Sunrise: 7:11AM</b>		
		Yama	8:28AM – 9:45AM	Subha Until 7:08AM	<b>Muruqa: Purple</b>	<b>Sunset: 5:26PM</b>	Moon 12 - Phase 36 - 26	
		838586576 <b>Rahu</b>	<b>12:19PM – 1:35PM</b>	Kaulava Until 11:05AM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 12:06AM Thu</b>	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
<i>Pradosha Vrata</i>								

<b>5</b>		<b>Thursday, January 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau			Kedarnath, India Sun 27 Sutra 263 Subhakrit 5124	
Vrishabha Rasi: 28.55	Tithi 14	<b>Gulika</b>	<b>9:45AM – 11:02AM</b>	<b>Mrigashira Until 9:29PM</b>	<b>Ganesha: White</b>	<b>Sunrise: 7:11AM</b>		
		Yama	7:11AM – 8:28AM	Sukla Until 7:35AM	<b>Muruqa: Purple</b>	<b>Sunset: 5:27PM</b>	Moon 12 - Phase 36 - 27	
		838586576 <b>Rahu</b>	<b>1:36PM – 2:53PM</b>	Gara Until 1:13PM	<b>Nataraja: Clear</b>		4th Phase	
Routine Work	Marana Yoga			<b>Chaturdashi* Until 2:20AM Fri</b>	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
<b>Subramuniyaswami Jayanti</b>								

		<b>Friday, January 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau			Kedarnath, India Sutra 264 Subhakrit 5124	
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>8:29AM – 9:46AM</b>	<b>Ardra Until 12:06AM Sat</b>	<b>Ganesha: White</b>	<b>Sunrise: 7:12AM</b>		
Mithuna Rasi: 10.54	Tithi 15	Yama	2:53PM – 4:10PM	Brahma Until 8:12AM	<b>Muruqa: Purple</b>	<b>Sunset: 5:27PM</b>	Moon 12 - Phase 36 - Purnima	
		838586576 <b>Rahu</b>	<b>11:03AM – 12:20PM</b>	Visti* Until 3:31PM	<b>Nataraja: Clear</b>			
Creative Work	Siddha Yoga			<b>Purnima* Until 4:42AM Sat</b>	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
<b>Ardra Darshanam</b>								

<b>Saturday, January 7, 2023</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau			Kedarnath, India Sutra 265 Subhakrit 5124	
Mithuna Rasi: 22.5	Tithi 16	<b>Gulika</b>	<b>7:12AM – 8:29AM</b>	<b>Punarvasu Until 3:08AM Sun</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 7:12AM</b>		
		Yama	1:37PM – 2:54PM	Indra Until 8:55AM	<b>Muruqa: Purple</b>	<b>Sunset: 5:28PM</b>	Moon 12 - Phase 36 - Prathama	
		848586576 <b>Rahu</b>	<b>9:46AM – 11:03AM</b>	Balava Until 5:56PM	<b>Nataraja: Clear</b>			
Creative Work	Siddha Yoga			<b>Prathama* Until 7:09AM Sun</b>	<b>Moon – Blue</b>		<b>Sivaloka Day</b>	
<b>Pausha-Markali</b>								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 4.44    Tithi 16 – 17

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vaidhriti/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    2:55PM – 4:12PM  
**Yama**    12:20PM – 1:38PM  
**Rahu**    4:12PM – 5:29PM

**Pushya Until 6:03AM Mon**  
Vaidhriti\* Until 9:40AM  
Taitila Until 8:25PM  
**Prathama\* Until 7:09AM**

**Ganesha:** Clear    *Sunrise:* 7:12AM  
**Muruqa:** Purple    *Sunset:* 5:29PM  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

Kedarnath, India  
Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 -  
1st Phase

**Sivaloka Day**

**1**

**Monday, January 9, 2023**

Kataka Rasi: 16.38    Tithi 17 – 18

848586576

**Family Home Evening**  
Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    1:38PM – 2:55PM  
**Yama**    11:04AM – 12:21PM  
**Rahu**    8:29AM – 9:46AM

**Pushya Until 6:03AM**  
Vishkambha\* Until 10:27AM  
Vanija Until 10:55PM  
**Dvitiya Until 9:39AM**

**Ganesha:** Clear    *Sunrise:* 7:12AM  
**Muruqa:** Purple    *Sunset:* 5:30PM  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

Kedarnath, India  
Sun 1    Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

**Sivaloka Day**

**2**

**Tuesday, January 10, 2023**

Kataka Rasi: 28.31    Tithi 18 – 19

848586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**    12:21PM – 1:39PM  
**Yama**    9:47AM – 11:04AM  
**Rahu**    2:56PM – 4:13PM

**Ashlesha\* Until 8:47AM**  
Priti Until 11:15AM  
Bava Until 1:21AM Wed  
**Tritiya Until 12:07PM**

**Ganesha:** Clear    *Sunrise:* 7:12AM  
**Muruqa:** Purple    *Sunset:* 5:31PM  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

Kedarnath, India  
Sun 2    Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

**Sivaloka Day**

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 10.27    Tithi 19 – 20

859586576

Creative Work    Siddha Yoga

Until 11:46AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    11:04AM – 12:22PM  
**Yama**    8:29AM – 9:47AM  
**Rahu**    12:22PM – 1:39PM

**Magha\* Until 11:46AM**  
Ayushman Until 11:56AM  
Kaulava Until 3:37AM Thu  
**Chaturthi\* Until 2:29PM**

**Ganesha:** Clear    *Sunrise:* 7:12AM  
**Muruqa:** Purple    *Sunset:* 5:31PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Kedarnath, India  
Sun 3    Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

**Sivaloka Day**

**4**

**Thursday, January 12, 2023**

Simha Rasi: 22.27    Tithi 20 – 21

859586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**    9:47AM – 11:04AM  
**Yama**    7:12AM – 8:29AM  
**Rahu**    1:40PM – 2:57PM

**Purvaphalguni Until 2:21PM**  
Saubhagya Until 12:28PM  
Gara Until 5:33AM Fri  
**Panchami Until 4:37PM**

**Ganesha:** Clear    *Sunrise:* 7:12AM  
**Muruqa:** Purple    *Sunset:* 5:32PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Kedarnath, India  
Sun 4    Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

**Sivaloka Day**

**5**

**Friday, January 13, 2023**

Kanya Rasi: 4.35    Tithi 21

859586576

Creative Work    Siddha Yoga

Until 4:25PM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Vanija Karana Shashthyam Titau

**Gulika**    8:29AM – 9:47AM  
**Yama**    2:58PM – 4:15PM  
**Rahu**    11:05AM – 12:22PM

**Uttaraphalguni Until 4:25PM**  
Sobhana Until 12:43PM  
Vanija Until 6:20PM  
**Shashthi\* Until 6:20PM**

**Ganesha:** Clear    *Sunrise:* 7:12AM  
**Muruqa:** Purple    *Sunset:* 5:33PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Kedarnath, India  
Sun 5    Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

**Sivaloka Day**

**6**

**Saturday, January 14, 2023**

Kanya Rasi: 16.55    Tithi 22

869586576

Routine Work    Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    7:12AM – 8:29AM  
**Yama**    1:41PM – 2:58PM  
**Rahu**    9:47AM – 11:05AM

**Hasta Until 6:16PM**  
Athiganda\* Until 12:33PM  
Visti Until 7:00AM  
**Saptami Until 7:28PM**

**Thai Pongal**

**Ganesha:** White    *Sunrise:* 7:12AM  
**Muruqa:** Purple    *Sunset:* 5:34PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Kedarnath, India  
Sun 6    Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

**Subha Sivaloka Day**

**☾**

**Sunday, January 15, 2023**

**Retreat Star**

Kanya Rasi: 29.32    Tithi 23

869586576

Creative Work    Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    2:59PM – 4:17PM  
**Yama**    12:23PM – 1:41PM  
**Rahu**    4:17PM – 5:35PM

**Chitra Until 7:15PM**  
Sukarma Until 11:51AM  
Balava Until 7:47AM  
**Ashtami\* Until 7:51PM**

**Ganesha:** White    *Sunrise:* 7:12AM  
**Muruqa:** Purple    *Sunset:* 5:35PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Kedarnath, India  
Sun 7    Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
Ashtami

**Subha Sivaloka Day**

**Monday, January 16, 2023**

**Retreat Star**

Tula Rasi: 12.32    Tithi 24

869586576

**Family Home Evening**  
Creative Work    Amrita Yoga

Until 7:16PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    1:42PM – 3:00PM  
**Yama**    11:06AM – 12:24PM  
**Rahu**    8:29AM – 9:47AM

**Svati Until 7:16PM**  
Dhriti Until 10:33AM  
Taitila Until 7:45AM  
**Navami\* Until 7:24PM**

**Ganesha:** White    *Sunrise:* 7:11AM  
**Muruqa:** Purple    *Sunset:* 5:36PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Kedarnath, India  
Sun 8    Sutra 274  
Subhakrit 5124  
Moon 1 - Phase 37 - 8  
Navami

**Subha Sivaloka Day**

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

ll times are standard time. Calculated for Kedarnath, India on 5/1/.


www.gurudeva.org/panchang

<b>1</b>	<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Kedarnath, India Sun 9 Sutra 275 Subhakrit 5124
	Tula Rasi: 25.59	Tithi 25	<b>Gulika</b> 12:24PM – 1:42PM	<b>Vishakha</b> Until 6:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:11AM	
			Yama 9:48AM – 11:06AM	Shula* Until 8:33AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 38 - 9
	879586576	<b>Rahu</b> 3:00PM – 4:18PM		Vanija Until 6:53AM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga Until 6:45PM Then Creative Work - Siddha Yoga			<b>Dashami</b> Until 6:06PM	Moon – Orange		<b>Sivaloka Day</b>	

<b>2</b>	<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Kedarnath, India Sun 10 Sutra 276 Subhakrit 5124
	Vischika Rasi: 9.55	Tithi 26 – 27	<b>Gulika</b> 11:06AM – 12:24PM	<b>Anuradha</b> Until 5:18PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:11AM	
			Yama 8:29AM – 9:48AM	Vriddhi Until 2:41AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 38 - 10
	879586576	<b>Rahu</b> 12:24PM – 1:42PM		Kaulava Until 2:43AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Ekadashi*</b> Until 4:00PM	Moon – Orange		<b>Sivaloka Day</b>	

<b>3</b>	<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Taila/Gara Karana Dvadashti/Trayodashyam Titau				Kedarnath, India Sun 11 Sutra 277 Subhakrit 5124
	Vischika Rasi: 24.2	Tithi 27 – 28	<b>Gulika</b> 9:48AM – 11:06AM	<b>Jyeshtha*</b> Until 3:03PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:11AM	
			Yama 7:11AM – 8:29AM	Dhruva Until 10:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 38 - 11
	871586576	<b>Rahu</b> 1:43PM – 3:01PM		Gara Until 11:39PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Prabalarishta Yoga Until 3:03PM Then Creative Work - Siddha Yoga			<b>Dvadashti*</b> Until 1:14PM	Moon – Orange		<b>Sivaloka Day</b>	
<i>Pradosha Vrata (Fasting)</i>							

<b>4</b>	<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India Sun 12 Sutra 278 Subhakrit 5124
	Dhanus Rasi: 9.12	Tithi 28 – 29	<b>Gulika</b> 8:29AM – 9:48AM	<b>Mula*</b> Until 12:34PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:11AM	
			Yama 3:02PM – 4:21PM	Vyaghata* Until 6:50PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 38 - 12
	881586576	<b>Rahu</b> 11:06AM – 12:25PM		Visti Until 8:08PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga Until 12:34PM Then Routine Work - Prabalarishta Yoga			<b>Trayodashi*</b> Until 9:55AM	Moon – Light Blue		<b>Sivaloka Day</b>	

	<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Kedarnath, India Sun 13 Sutra 279 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 7:10AM – 8:29AM	<b>Purvashadha*</b> Until 9:36AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:10AM	
	Dhanus Rasi: 24.22	Tithi 29 – 30	Yama 1:44PM – 3:03PM	Harshana Until 2:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 38 - 13
	881586576	<b>Rahu</b> 9:48AM – 11:06AM		Naga Until 2:23AM Sun	<b>Nataraja:</b> Clear		Amavasya
Creative Work Siddha Yoga Until 9:36AM Then Routine Work - Marana Yoga			<b>Chaturdashi*</b> Until 6:14AM	Moon – Light Blue		<b>Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Kedarnath, India Sun 14 Sutra 280 Subhakrit 5124
	Makara Rasi: 9.41	Tithi 1	<b>Gulika</b> 3:03PM – 4:22PM	<b>Uttarashadha</b> Until 6:21AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:10AM	
			Yama 12:25PM – 1:44PM	Vajra* Until 10:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 38 - 14
	881586576	<b>Rahu</b> 4:22PM – 5:41PM		Kintughna Until 12:27PM	<b>Nataraja:</b> Clear		Prathama
Creative Work Amrita Yoga			<b>Prathama*</b> Until 10:31PM	Moon – Light Blue		<b>Sivaloka Day</b>	

<b>Monday, January 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Kedarnath, India Sun 15 Sutra 281	
<b>1</b>		<b>Gulika</b> 1:45PM – 3:04PM	<b>Dhanishtha Until 12:30AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:10AM	Subhakrit 5124
Makara Rasi: 24.59	Tithi 2	Yama 11:07AM – 12:26PM	Vyatipata* Until 1:31AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:42PM	Moon 1 - Phase 39 - 15
<b>Family Home Evening</b>	891586576	<b>Rahu</b> 8:29AM – 9:48AM	Balava Until 8:39AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 6:49PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 12:30AM Tue				Magha*Thai		
Then Routine Work - Marana Yoga						

<b>Tuesday, January 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Kedarnath, India Sun 16 Sutra 282	
<b>2</b>		<b>Gulika</b> 12:26PM – 1:45PM	<b>Shatabhishak Until 9:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:09AM	Subhakrit 5124
Kumbha Rasi: 10.05	Tithi 3 – 4	Yama 9:48AM – 11:07AM	Variyan Until 9:39PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 39 - 16
	891586576	<b>Rahu</b> 3:04PM – 4:23PM	Vanija Until 2:01AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Tritiya Until 3:29PM</b>	Moon – Purple		<b>Sivaloka Day</b>
				Magha*Thai		

<b>Wednesday, January 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chalurthi/Panchamyam Titau			Kedarnath, India Sun 17 Sutra 283	
<b>3</b>		<b>Gulika</b> 11:07AM – 12:26PM	<b>Purvaproshtapada* Until 8:08PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:09AM	Subhakrit 5124
Kumbha Rasi: 24.5	Tithi 4 – 5	Yama 8:28AM – 9:48AM	Parigha* Until 6:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 39 - 17
	911586576	<b>Rahu</b> 12:26PM – 1:46PM	Bava Until 11:31PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Chaturthi* Until 12:39PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 8:08PM				Magha*Thai		
Then Creative Work - Siddha Yoga						

<b>Thursday, January 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kedarnath, India Sun 18 Sutra 284	
<b>4</b>		<b>Gulika</b> 9:47AM – 11:07AM	<b>Uttaraproshtapada Until 6:56PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:08AM	Subhakrit 5124
Meena Rasi: 9.09	Tithi 5 – 6	Yama 7:08AM – 8:28AM	Shiva Until 3:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 39 - 18
	911586576	<b>Rahu</b> 1:46PM – 3:05PM	Kaulava Until 9:45PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 10:31AM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>
				Magha*Thai		

<b>Friday, January 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau			Kedarnath, India Sun 19 Sutra 285	
<b>5</b>		<b>Gulika</b> 8:28AM – 9:47AM	<b>Revati Until 6:25PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:08AM	Subhakrit 5124
Meena Rasi: 22.57	Tithi 6 – 7	Yama 3:06PM – 4:26PM	Siddha Until 1:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 1 - Phase 39 - 19
	911586576	<b>Rahu</b> 11:07AM – 12:27PM	Gara Until 8:50PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 9:10AM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 6:25PM				Magha*Thai		
Then Creative Work - Amrita Yoga						

<b>Saturday, January 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kedarnath, India Sun 20 Sutra 286	
<b>Retreat Star</b>		<b>Gulika</b> 7:08AM – 8:27AM	<b>Ashvini Until 7:02PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:08AM	Subhakrit 5124
Mesha Rasi: 6.16	Tithi 7 – 8	Yama 1:47PM – 3:07PM	Sadhya Until 11:50AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 1 - Phase 39 - 20
	921586576	<b>Rahu</b> 9:47AM – 11:07AM	Visti Until 8:48PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work Siddha Yoga			<b>Saptami Until 8:41AM</b>	Moon – White		<b>Sivaloka Day</b>
				Magha*Thai		

<b>Sunday, January 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kedarnath, India Sun 21 Sutra 287	
<b>Retreat Star</b>		<b>Gulika</b> 3:07PM – 4:27PM	<b>Bharani Until 8:18PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:07AM	Subhakrit 5124
Mesha Rasi: 19.09	Tithi 8 – 9	Yama 12:27PM – 1:47PM	Subha Until 11:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 1 - Phase 39 - 21
	922686576	<b>Rahu</b> 4:27PM – 5:47PM	Balava Until 9:34PM	<b>Nataraja:</b> Clear		Navami
Routine Work Prabalarishta Yoga			<b>Ashtami* Until 9:04AM</b>	Moon – White		<b>Sivaloka Day</b>
Until 8:18PM				Magha*Thai		
Then Creative Work - Siddha Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>Monday, January 30, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kedarnath, India Sun 22 Sutra 288 Subhakarit 5124	
<b>1</b>	Vrishabha Rasi: 1.4 Tithi 9 – 10 <b>Family Home Evening</b> Routine Work Marana Yoga Until 10:05PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:47PM – 3:08PM Yama 11:07AM – 12:27PM <b>Rahu</b> 8:27AM – 9:47AM	<b>Krittika Until 10:05PM</b> Sukla Until 10:46AM Taitila Until 11:02PM <b>Navami* Until 10:12AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White Magha-Thai	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 5:48PM Moon 1 - Phase 40 - 22 4th Phase <b>Sivaloka Day</b>

<b>Tuesday, January 31, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kedarnath, India Sun 23 Sutra 289 Subhakarit 5124	
<b>2</b>	Vrishabha Rasi: 13.55 Tithi 10 – 11 932686576 Creative Work Amrita Yoga Until 12:41AM Wed Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:27PM – 1:48PM Yama 9:47AM – 11:07AM <b>Rahu</b> 3:08PM – 4:28PM	<b>Rohini Until 12:41AM Wed</b> Brahma Until 10:58AM Vanija Until 1:01AM Wed <b>Dashami Until 11:57AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:06AM <b>Sunset:</b> 5:49PM Moon 1 - Phase 40 - 23 4th Phase <b>Subha Sivaloka Day</b>

<b>Wednesday, February 1, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Kedarnath, India Sun 24 Sutra 290 Subhakarit 5124	
<b>3</b>	Vrishabha Rasi: 25.59 Tithi 11 – 12 932686576 Creative Work Siddha Yoga Until 3:26AM Thu Then Routine Work - Marana Yoga	<b>Gulika</b> 11:07AM – 12:27PM Yama 8:26AM – 9:47AM <b>Rahu</b> 12:27PM – 1:48PM	<b>Mrigashira Until 3:26AM Thu</b> Indra Until 11:31AM Bava Until 3:20AM Thu <b>Ekadashi Until 2:07PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:06AM <b>Sunset:</b> 5:49PM Moon 1 - Phase 40 - 24 4th Phase <b>Subha Sivaloka Day</b>

<b>Thursday, February 2, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kedarnath, India Sun 25 Sutra 291 Subhakarit 5124	
<b>4</b>	Mithuna Rasi: 7.56 Tithi 12 – 13 932686576 Routine Work Marana Yoga Until 6:10AM Fri Then Creative Work - Siddha Yoga	<b>Gulika</b> 9:46AM – 11:07AM Yama 7:05AM – 8:26AM <b>Rahu</b> 1:48PM – 3:09PM	<b>Ardra Until 6:10AM Fri</b> Vaidhriti* Until 12:13PM Kaulava Until 5:48AM Fri <b>Dvadashi Until 4:32PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:05AM <b>Sunset:</b> 5:50PM Moon 1 - Phase 40 - 25 4th Phase <b>Subha Sivaloka Day</b>

*Pradosha Vrata*

<b>Friday, February 3, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila Karana Trayodashyam Titau		Kedarnath, India Sun 26 Sutra 292 Subhakarit 5124	
<b>5</b>	Mithuna Rasi: 19.49 Tithi 13 932686576 Creative Work Siddha Yoga	<b>Gulika</b> 8:26AM – 9:46AM Yama 3:09PM – 4:30PM <b>Rahu</b> 11:07AM – 12:28PM	<b>Ardra Until 6:10AM</b> Vishkambha* Until 1:02PM Taitila Until 7:02PM <b>Trayodashi Until 7:02PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:05AM <b>Sunset:</b> 5:51PM Moon 1 - Phase 40 - 26 4th Phase <b>Subha Sivaloka Day</b>

<b>Saturday, February 4, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Kedarnath, India Sun 27 Sutra 293 Subhakarit 5124	
<b>6</b>	Kataka Rasi: 1.42 Tithi 14 942686577 Creative Work Siddha Yoga	<b>Gulika</b> 7:04AM – 8:25AM Yama 1:49PM – 3:10PM <b>Rahu</b> 9:46AM – 11:07AM	<b>Punarvasu Until 9:17AM</b> Priti Until 1:52PM Gara Until 8:19AM <b>Chaturdashi* Until 9:32PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:04AM <b>Sunset:</b> 5:51PM Moon 1 - Phase 40 - 27 4th Phase <b>Sivaloka Day</b>

Thai Pusam

<b>Sunday, February 5, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Kedarnath, India Sutra 294 Subhakarit 5124	
<b>○</b>	<b>Copper Retreat Star</b> Kataka Rasi: 13.35 Tithi 15 942686577 Creative Work Siddha Yoga	<b>Gulika</b> 3:10PM – 4:31PM Yama 12:28PM – 1:49PM <b>Rahu</b> 4:31PM – 5:52PM	<b>Pushya Until 12:11PM</b> Ayushman Until 2:38PM Visti Until 10:47AM <b>Purnima* Until 11:57PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:04AM <b>Sunset:</b> 5:52PM Moon 1 - Phase 40 - Purnima <b>Sivaloka Day</b>

<b>Monday, February 6, 2023</b>		Subhakar Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Kedarnath, India Sutra 295 Subhakarit 5124	
<b>○</b>	<b>Silver Retreat Star</b> Kataka Rasi: 25.31 Tithi 16 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 2:49PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:49PM – 3:11PM Yama 11:07AM – 12:28PM <b>Rahu</b> 8:24AM – 9:45AM	<b>Ashlesha* Until 2:49PM</b> Saubhagya Until 3:20PM Balava Until 1:09PM <b>Prathama* Until 2:16AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:03AM <b>Sunset:</b> 5:53PM Moon 1 - Phase 40 - Prathama <b>Sivaloka Day</b>





Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 7.29 Tithi 17

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:28PM - 1:50PM  
Yama 9:45AM - 11:07AM  
Rahu 3:11PM - 4:32PM

Magha\* Until 5:40PM  
Sobhana Until 3:57PM  
Taitila Until 3:24PM  
Dvitiya Until 4:25AM Wed

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Sunrise: 7:02AM  
Sunset: 5:54PM

Kedarnath, India  
Sutra 296  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 19.31 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Gulika 11:06AM - 12:28PM  
Yama 8:23AM - 9:45AM  
Rahu 12:28PM - 1:50PM

Purvaphalguni Until 8:10PM  
Athiganda\* Until 4:24PM  
Vanija Until 5:27PM  
Tritiya Until 6:22AM Thu

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Sunrise: 7:02AM  
Sunset: 5:55PM

Kedarnath, India  
Sun 1 Sutra 297  
Subhakrit 5124  
Moon 2 - Phase 41 - 1  
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 1.38 Tithi 18 - 19

952686577

Amrita Yoga  
Until 10:15PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 9:44AM - 11:06AM  
Yama 7:01AM - 8:23AM  
Rahu 1:50PM - 3:12PM

Uttaraphalguni Until 10:15PM  
Sukarma Until 4:41PM  
Bava Until 7:14PM  
Tritiya Until 6:22AM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Sunrise: 7:01AM  
Sunset: 5:56PM

Kedarnath, India  
Sun 2 Sutra 298  
Subhakrit 5124  
Moon 2 - Phase 41 - 2  
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 13.52 Tithi 19 - 20

962686577

Amrita Yoga  
Until 12:18AM Sat  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:22AM - 9:44AM  
Yama 3:12PM - 4:34PM  
Rahu 11:06AM - 12:28PM

Hasta Until 12:18AM Sat  
Dhriti Until 4:43PM  
Kaulava Until 8:41PM  
Chaturthi\* Until 7:59AM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Green  
Magha\*Thai

Sunrise: 7:00AM  
Sunset: 5:56PM

Kedarnath, India  
Sun 3 Sutra 299  
Subhakrit 5124  
Moon 2 - Phase 41 - 3  
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 26.17 Tithi 20 - 21

963686577

Marana Yoga  
Routine Work  
Until 1:43AM Sun  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:59AM - 8:22AM  
Yama 1:51PM - 3:13PM  
Rahu 9:44AM - 11:06AM

Chitra Until 1:43AM Sun  
Shula\* Until 4:22PM  
Gara Until 9:38PM  
Panchami Until 9:12AM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Green  
Magha\*Thai

Sunrise: 6:59AM  
Sunset: 5:57PM

Kedarnath, India  
Sun 4 Sutra 300  
Subhakrit 5124  
Moon 2 - Phase 41 - 4  
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 8.56 Tithi 21 - 22

963686577

Siddha Yoga  
Creative Work  
Until 2:22AM Mon  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi\* Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Gulika 3:13PM - 4:36PM  
Yama 12:28PM - 1:51PM  
Rahu 4:36PM - 5:58PM

Svati Until 2:22AM Mon  
Ganda\* Until 3:36PM  
Visiti Until 9:59PM  
Shashthi\* Until 9:52AM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Green  
Magha\*Thai

Sunrise: 6:58AM  
Sunset: 5:58PM

Kedarnath, India  
Sun 5 Sutra 301  
Subhakrit 5124  
Moon 2 - Phase 41 - 5  
1st Phase

Devaloka Day

D

Monday, February 13, 2023

Retreat Star

Tula Rasi: 21.53 Tithi 22 - 23

973686577

Family Home Evening  
Routine Work Marana Yoga  
Until 2:38AM Tue  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:51PM - 3:14PM  
Yama 11:06AM - 12:28PM  
Rahu 8:20AM - 9:43AM

Vishakha Until 2:38AM Tue  
Vridhhi Until 2:19PM  
Balava Until 9:37PM  
Saptami Until 9:52AM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Orange  
Magha-Masi

Sunrise: 6:58AM  
Sunset: 5:59PM

Kedarnath, India  
Sun 6 Sutra 302  
Subhakrit 5124  
Moon 2 - Phase 41 - 6  
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 5.13 Tithi 23 - 24

973686577

Siddha Yoga  
Creative Work

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:28PM - 1:51PM  
Yama 9:43AM - 11:05AM  
Rahu 3:14PM - 4:37PM

Anuradha Until 2:02AM Wed  
Dhruva Until 12:26PM  
Taitila Until 8:32PM  
Ashtami\* Until 9:09AM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Orange  
Magha-Masi

Sunrise: 6:57AM  
Sunset: 6:00PM

Kedarnath, India  
Sun 7 Sutra 303  
Subhakrit 5124  
Moon 2 - Phase 41 - 7  
Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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1	<b>Wednesday, February 15, 2023</b>	Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kedarnath, India Sun 8 Sutra 304 Subhakarit 5124
	Wrischika Rasi: 18.57    Tithi 24 – 25	Gulika 11:05AM – 12:28PM	Yama 8:19AM – 9:42AM	Rahu 12:28PM – 1:51PM	<b>Jyeshtha* Until 12:35AM Thu</b> Vyaghata* Until 9:59AM Vanija Until 6:43PM Navami* Until 7:41AM	Ganesha: Clear    Sunrise: 6:56AM Muruga: Purple    Sunset: 6:01PM Nataraja: Orange Moon – Orange Magha-Masi
	973686577					Moon 2 - Phase 42 - 8 2nd Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga					

2	<b>Thursday, February 16, 2023</b>	Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Kedarnath, India Sun 9 Sutra 305 Subhakarit 5124
	Dhanus Rasi: 3.08    Tithi 26	Gulika 9:42AM – 11:05AM	Yama 6:55AM – 8:18AM	Rahu 1:52PM – 3:15PM	<b>Mula* Until 10:48PM</b> Harshana Until 6:59AM Bava Until 4:14PM Ekadashi* Until 2:46AM Fri	Ganesha: White    Sunrise: 6:56AM Muruga: Purple    Sunset: 6:01PM Nataraja: Orange Moon – Light Blue Magha-Masi
	983686577					Moon 2 - Phase 42 - 9 2nd Phase <b>Devaloka Day</b>
	Creative Work    Siddha Yoga					

3	<b>Friday, February 17, 2023</b>	Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kedarnath, India Sun 10 Sutra 306 Subhakarit 5124
	Dhanus Rasi: 17.44    Tithi 27	Gulika 8:18AM – 9:41AM	Yama 3:15PM – 4:39PM	Rahu 11:05AM – 12:28PM	<b>Purvashadha* Until 8:23PM</b> Siddhi Until 11:38PM Kaulava Until 1:13PM Dvadashi* Until 11:32PM	Ganesha: White    Sunrise: 6:54AM Muruga: Purple    Sunset: 6:02PM Nataraja: Orange Moon – Light Blue Magha-Masi
	983686577					Moon 2 - Phase 42 - 10 2nd Phase <b>Devaloka Day</b>
	Routine Work    Prabalarishta Yoga Until 8:23PM Then Routine Work - Marana Yoga					

4	<b>Saturday, February 18, 2023</b>	Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Kedarnath, India Sun 11 Sutra 307 Subhakarit 5124
	Makara Rasi: 2.4    Tithi 28	Gulika 6:53AM – 8:17AM	Yama 1:52PM – 3:16PM	Rahu 9:41AM – 11:04AM	<b>Uttarashadha Until 5:29PM</b> Vyatipata* Until 7:31PM Gara Until 9:49AM Trayodashi* Until 7:59PM	Ganesha: White    Sunrise: 6:53AM Muruga: Purple    Sunset: 6:03PM Nataraja: Orange Moon – Light Blue Magha-Masi
	983686577					Moon 2 - Phase 42 - 11 2nd Phase <b>Devaloka Day</b>
	Routine Work    Marana Yoga Until 5:29PM Then Creative Work - Siddha Yoga	<i>Pradosha Vrata (Fasting)</i>				

5	<b>Sunday, February 19, 2023</b>	Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyani/Parigtha* Yoga Visti/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kedarnath, India Sun 12 Sutra 308 Subhakarit 5124
	Makara Rasi: 17.49    Tithi 29 – 30	Gulika 3:16PM – 4:40PM	Yama 12:28PM – 1:52PM	Rahu 4:40PM – 6:04PM	<b>Shravana Until 2:41PM</b> Variyan Until 3:15PM Visti Until 6:10AM Chaturdashi* Until 4:17PM	Ganesha: Green    Sunrise: 6:52AM Muruga: Purple    Sunset: 6:04PM Nataraja: Orange Moon – Purple Magha-Masi
	993686577					Moon 2 - Phase 42 - 12 2nd Phase <b>Devaloka Day</b>
	Creative Work    Amrita Yoga Until 2:41PM Then Routine Work - Marana Yoga					

●	<b>Monday, February 20, 2023</b>	Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigtha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kedarnath, India Sun 13 Sutra 309 Subhakarit 5124
	Kumbha Rasi: 3.01    Tithi 30 – 1	Gulika 1:52PM – 3:16PM	Yama 11:04AM – 12:28PM	Rahu 8:16AM – 9:40AM	<b>Dhanishtha Until 11:46AM</b> Parigtha* Until 11:01AM Kintughna Until 10:51PM Amavasya* Until 12:37PM	Ganesha: Green    Sunrise: 6:51AM Muruga: Purple    Sunset: 6:05PM Nataraja: Orange Moon – Purple Magha-Masi
	993686577					Moon 2 - Phase 42 - 13 Amavasya <b>Devaloka Day</b>
	Creative Work    Siddha Yoga					

●	<b>Tuesday, February 21, 2023</b>	Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Kedarnath, India Sun 14 Sutra 310 Subhakarit 5124
	Kumbha Rasi: 18.06    Tithi 1 – 2	Gulika 12:28PM – 1:52PM	Yama 9:39AM – 11:04AM	Rahu 3:17PM – 4:41PM	<b>Shatabhishak Until 8:53AM</b> Shiva Until 6:57AM Balava Until 7:32PM Prathama* Until 9:08AM	Ganesha: Green    Sunrise: 6:50AM Muruga: Purple    Sunset: 6:05PM Nataraja: Orange Moon – Purple Phalgun-Masi
	993686577					Moon 2 - Phase 42 - 14 Prathama <b>Devaloka Day</b>
	Routine Work    Marana Yoga					

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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<b>1</b>		<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Gara Karana Dviliya/Trityayam Titau		Kedarnath, India Sun 15 Sutra 311 Subhakrit 5124	
Meena Rasi: 2.55	Tithi 2 - 3	913686577	<b>Gulika</b> 11:03AM - 12:28PM Yama 8:14AM - 9:39AM <b>Rahu</b> 12:28PM - 1:52PM	<b>Purvaproshtapada* Until 6:40AM</b> Sadhya Until 11:46PM Gara Until 3:27AM Thu <b>Dvitiya Until 6:01AM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - Clear Phalguna-Masi	<i>Sunrise:</i> 6:49AM <i>Sunset:</i> 6:06PM	Moon 2 - Phase 43 - 15 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 6:40AM Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthyam Titau		Kedarnath, India Sun 16 Sutra 312 Subhakrit 5124	
Meena Rasi: 17.2	Tithi 4	913786577	<b>Gulika</b> 9:38AM - 11:03AM Yama 6:48AM - 8:13AM <b>Rahu</b> 1:52PM - 3:17PM	<b>Revati Until 3:35AM Fri</b> Subha Until 8:57PM Vanija Until 2:27PM <b>Chaturthi* Until 1:35AM Fri</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - Clear Phalguna-Masi	<i>Sunrise:</i> 6:48AM <i>Sunset:</i> 6:07PM	Moon 2 - Phase 43 - 16 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 3:35AM Fri Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					
<b>3</b>		<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Kedarnath, India Sun 17 Sutra 313 Subhakrit 5124	
Mesha Rasi: 1.17	Tithi 5	923786577	<b>Gulika</b> 8:12AM - 9:37AM Yama 3:18PM - 4:43PM <b>Rahu</b> 11:03AM - 12:28PM	<b>Ashvini Until 3:25AM Sat</b> Sukla Until 6:45PM Bava Until 12:58PM <b>Panchami Until 12:32AM Sat</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - White Phalguna-Masi	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 6:08PM	Moon 2 - Phase 43 - 17 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 3:25AM Sat Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau		Kedarnath, India Sun 18 Sutra 314 Subhakrit 5124	
Mesha Rasi: 14.45	Tithi 6	923786577	<b>Gulika</b> 6:46AM - 8:12AM Yama 1:53PM - 3:18PM <b>Rahu</b> 9:37AM - 11:02AM	<b>Bharani Until 3:57AM Sun</b> Brahma Until 5:14PM Kaulava Until 12:21PM <b>Shashthi* Until 12:20AM Sun</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - White Phalguna-Masi	<i>Sunrise:</i> 6:46AM <i>Sunset:</i> 6:08PM	Moon 2 - Phase 43 - 18 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							
<b>5</b>		<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau		Kedarnath, India Sun 19 Sutra 315 Subhakrit 5124	
Mesha Rasi: 27.45	Tithi 7	924786577	<b>Gulika</b> 3:18PM - 4:44PM Yama 12:27PM - 1:53PM <b>Rahu</b> 4:44PM - 6:09PM	<b>Krittika Until 5:09AM Mon</b> Indra Until 4:25PM Gara Until 12:35PM <b>Saptami Until 1:00AM Mon</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - White Phalguna-Masi	<i>Sunrise:</i> 6:45AM <i>Sunset:</i> 6:09PM	Moon 2 - Phase 43 - 19 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 5:09AM Mon Then Creative Work - Amrita Yoga							
<b>Monday, February 27, 2023</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau		Kedarnath, India Sun 20 Sutra 316 Subhakrit 5124	
Vrishabha Rasi: 10.21	Tithi 8	934786577	<b>Gulika</b> 1:53PM - 3:18PM Yama 11:01AM - 12:27PM <b>Rahu</b> 8:10AM - 9:36AM	<b>Rohini Until 7:21AM Tue</b> Vaidhriti* Until 4:11PM Visti Until 1:39PM <b>Ashtami* Until 2:25AM Tue</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - Yellow Phalguna-Masi	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:10PM	Moon 2 - Phase 43 - 20 Ashtami <b>Sivaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 7:21AM Tue Then Creative Work - Siddha Yoga							
<b>Tuesday, February 28, 2023</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau		Kedarnath, India Sun 21 Sutra 317 Subhakrit 5124	
Vrishabha Rasi: 22.38	Tithi 9	934786577	<b>Gulika</b> 12:27PM - 1:53PM Yama 9:35AM - 11:01AM <b>Rahu</b> 3:19PM - 4:45PM	<b>Rohini Until 7:21AM</b> Vishkambha* Until 4:27PM Balava Until 3:22PM <b>Navami* Until 4:24AM Wed</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon - Yellow Phalguna-Masi	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 6:11PM	Moon 2 - Phase 43 - 21 Navami <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 7:21AM Then Creative Work - Siddha Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/.

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<b>1</b>		<b>Wednesday, March 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yukstayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Kedarnath, India Sun 22 Sutra 318 Subhakrit 5124	
Mithuna Rasi: 4.42	Tithi 10	<b>Gulika</b> 11:00AM – 12:27PM	<b>Mrigashira</b> Until 9:54AM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:41AM	Moon 2 - Phase 44 - 22 4th Phase	
		Yama 8:07AM – 9:34AM	Priti Until 5:04PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:12PM		
		934786577 <b>Rahu</b> 12:27PM – 1:53PM	Taitila Until 5:34PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:45AM Thu	Moon – Yellow		<b>Sivaloka Day</b>	
				Phalguna-Masi			
<b>2</b>		<b>Thursday, March 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yukstayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kedarnath, India Sun 23 Sutra 319 Subhakrit 5124	
Mithuna Rasi: 16.38	Tithi 10 – 11	<b>Gulika</b> 9:33AM – 11:00AM	<b>Ardra</b> Until 12:36PM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:40AM	Moon 2 - Phase 44 - 23 4th Phase	
		Yama 6:40AM – 8:07AM	Ayushman Until 5:52PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:13PM		
		934786577 <b>Rahu</b> 1:53PM – 3:20PM	Vanija Until 8:01PM	<b>Nataraja:</b> Orange			
Routine Work	Marana Yoga		<b>Dashami</b> Until 6:45AM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 12:36PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Friday, March 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yukstayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Kedarnath, India Sun 24 Sutra 320 Subhakrit 5124	
Mithuna Rasi: 28.31	Tithi 11 – 12	<b>Gulika</b> 8:06AM – 9:33AM	<b>Punarvasu</b> Until 3:44PM	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:39AM	Moon 2 - Phase 44 - 24 4th Phase	
		Yama 3:20PM – 4:47PM	Saubhagya Until 6:44PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:13PM		
		944786577 <b>Rahu</b> 10:59AM – 12:26PM	Bava Until 10:32PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 9:15AM	Moon – Blue		<b>Devaloka Day</b>	
Until 3:44PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Saturday, March 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yukstayam Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kedarnath, India Sun 25 Sutra 321 Subhakrit 5124	
Kataka Rasi: 10.23	Tithi 12 – 13	<b>Gulika</b> 6:38AM – 8:05AM	<b>Pushya</b> Until 6:40PM	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:38AM	Moon 2 - Phase 44 - 25 4th Phase	
		Yama 1:53PM – 3:20PM	Sobhana Until 7:35PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:14PM		
		944786577 <b>Rahu</b> 9:32AM – 10:59AM	Kaulava Until 12:58AM Sun	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 11:45AM	Moon – Blue		<b>Devaloka Day</b>	
Until 6:40PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
						<i>Pradosha Vrata</i>	
<b>5</b>		<b>Sunday, March 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yukstayam Ashlesha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kedarnath, India Sun 26 Sutra 322 Subhakrit 5124	
Kataka Rasi: 22.17	Tithi 13 – 14	<b>Gulika</b> 3:20PM – 4:48PM	<b>Ashlesha*</b> Until 9:17PM	<b>Ganesha:</b> White	<b>Sunrise:</b> 6:37AM	Moon 2 - Phase 44 - 26 4th Phase	
		Yama 12:26PM – 1:53PM	Athiganda* Until 8:17PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:15PM		
		944786577 <b>Rahu</b> 4:48PM – 6:15PM	Gara Until 3:14AM Mon	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 2:07PM	Moon – Blue		<b>Devaloka Day</b>	
Until 9:17PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Monday, March 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukstayam Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kedarnath, India Sun 27 Sutra 323 Subhakrit 5124	
Simha Rasi: 4.16	Tithi 14 – 15	<b>Gulika</b> 1:53PM – 3:21PM	<b>Magha*</b> Until 12:01AM Tue	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:36AM	Moon 2 - Phase 44 - 27 4th Phase	
<b>Family Home Evening</b>		Yama 10:58AM – 12:26PM	Sukarma Until 8:49PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:16PM		
		154786577 <b>Rahu</b> 8:03AM – 9:31AM	Visti Until 5:15AM Tue	<b>Nataraja:</b> Orange			
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 4:15PM	Moon – Red		<b>Sivaloka Day</b>	
Until 12:01AM Tue				Phalguna-Masi			
Then Creative Work - Siddha Yoga							
		<b>Chidambaram Abhishekam</b>					
<b>○</b>		<b>Tuesday, March 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yukstayam Purvaphalguni Nakshatra Dhriti Yoga Bava Karana Purnimayam Titau		Kedarnath, India Sun 27 Sutra 324 Subhakrit 5124	
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:25PM – 1:53PM	<b>Purvaphalguni</b> Until 2:18AM Wed	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:34AM	Moon 2 - Phase 44 - Purnima	
Simha Rasi: 16.2	Tithi 15	Yama 9:30AM – 10:58AM	Dhriti Until 9:10PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:16PM		
		154786577 <b>Rahu</b> 3:21PM – 4:48PM	Bava Until 6:08PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:08PM	Moon – Red		<b>Sivaloka Day</b>	
Until 2:18AM Wed				Phalguna-Masi			
Then Creative Work - Amrita Yoga		<b>Holi</b>					
<b>○</b>		<b>Wednesday, March 8, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukstayam Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Kedarnath, India Sun 27 Sutra 325 Subhakrit 5124	
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:57AM – 12:25PM	<b>Uttaraphalguni</b> Until 4:07AM Thu	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:33AM	Moon 2 - Phase 44 - Prathama	
Simha Rasi: 28.32	Tithi 16	Yama 8:01AM – 9:29AM	Shula* Until 9:14PM	<b>Muruqa:</b> Purple	<b>Sunset:</b> 6:17PM		
		154786577 <b>Rahu</b> 12:25PM – 1:53PM	Balava Until 6:58AM	<b>Nataraja:</b> Orange			
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 7:41PM	Moon – Red		<b>Sivaloka Day</b>	
Until 4:07AM Thu				Phalguna-Masi			
Then Routine Work - Marana Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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**Thursday, March 9, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kedarnath, India  
Sun 1 Sutra 326

Kanya Rasi: 10.53 Tithi 17

**Gulika** 9:28AM – 10:57AM  
Yama 6:32AM – 8:00AM  
164786577 **Rahu** 1:53PM – 3:21PM

**Hasta** **Until 5:55AM Fri**  
Ganda\* **Until 9:04PM**  
Taitila **Until 8:22AM**  
**Dvitiya** **Until 8:54PM**

**Ganesha:** White *Sunrise:* 6:32AM  
**Muruqa:** Purple *Sunset:* 6:18PM  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 1  
1st Phase

Routine Work Marana Yoga  
Until 5:55AM Fri  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Friday, March 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Trityayam Titau

Kedarnath, India  
Sun 2 Sutra 327

Kanya Rasi: 23.22 Tithi 18

**Gulika** 7:59AM – 9:28AM  
Yama 3:21PM – 4:50PM  
165786577 **Rahu** 10:56AM – 12:25PM

**Chitra** **Until 7:10AM Sat**  
Vriddhi **Until 8:37PM**  
Vanija **Until 9:23AM**  
**Tritiya** **Until 9:43PM**

**Ganesha:** Yellow *Sunrise:* 6:31AM  
**Muruqa:** Purple *Sunset:* 6:19PM  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 2  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**2**

**Saturday, March 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Kedarnath, India  
Sun 3 Sutra 328

Tula Rasi: 6.02 Tithi 19

**Gulika** 6:30AM – 7:58AM  
Yama 1:53PM – 3:22PM  
165786577 **Rahu** 9:27AM – 10:56AM

**Chitra** **Until 7:10AM**  
Dhruva **Until 7:49PM**  
Bava **Until 10:00AM**  
**Chaturthi\*** **Until 10:08PM**

**Ganesha:** Yellow *Sunrise:* 6:30AM  
**Muruqa:** Purple *Sunset:* 6:19PM  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 3  
1st Phase

Routine Work Marana Yoga  
Until 7:10AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**3**

**Sunday, March 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kedarnath, India  
Sun 4 Sutra 329

Tula Rasi: 18.54 Tithi 20

**Gulika** 3:22PM – 4:51PM  
Yama 12:24PM – 1:53PM  
165786577 **Rahu** 4:51PM – 6:20PM

**Svati** **Until 7:51AM**  
Vyaghata\* **Until 6:41PM**  
Kaulava **Until 10:11AM**  
**Panchami** **Until 10:04PM**

**Ganesha:** Yellow *Sunrise:* 6:29AM  
**Muruqa:** Purple *Sunset:* 6:20PM  
**Nataraja:** Orange  
Moon – Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 4  
1st Phase

Creative Work Siddha Yoga  
Until 7:51AM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**4**

**Monday, March 13, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Kedarnath, India  
Sun 5 Sutra 330

Vrischika Rasi: 2.01 Tithi 21

**Gulika** 1:53PM – 3:22PM  
Yama 10:55AM – 12:24PM  
175786577 **Rahu** 7:56AM – 9:26AM

**Vishakha** **Until 8:22AM**  
Harshana **Until 5:10PM**  
Gara **Until 9:53AM**  
**Shashthi\*** **Until 9:31PM**

**Ganesha:** Blue *Sunrise:* 6:27AM  
**Muruqa:** Purple *Sunset:* 6:20PM  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Masi**

Moon 3 - Phase 45 - 5  
1st Phase

Routine Work Marana Yoga  
Until 8:22AM  
Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**

**5**

**Tuesday, March 14, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Kedarnath, India  
Sun 6 Sutra 331

Vrischika Rasi: 15.23 Tithi 22

**Gulika** 12:23PM – 1:53PM  
Yama 9:25AM – 10:54AM  
175786577 **Rahu** 3:22PM – 4:52PM

**Anuradha** **Until 8:14AM**  
Vajra\* **Until 3:13PM**  
Visti **Until 9:03AM**  
**Saptami** **Until 8:26PM**

**Ganesha:** Blue *Sunrise:* 6:26AM  
**Muruqa:** Purple *Sunset:* 6:21PM  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Masi**

Moon 3 - Phase 45 - 6  
1st Phase

Creative Work Siddha Yoga  
Until 8:14AM  
Then Routine Work - Marana Yoga

**Subha Sivaloka Day**

**D**

**Wednesday, March 15, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India  
Sun 7 Sutra 332

Vrischika Rasi: 29.04 Tithi 23

**Gulika** 10:54AM – 12:23PM  
Yama 7:54AM – 9:24AM  
175786577 **Rahu** 12:23PM – 1:53PM

**Jyeshtha\*** **Until 7:26AM**  
Siddhi **Until 12:52PM**  
Balava **Until 7:42AM**  
**Ashtami\*** **Until 6:49PM**

**Ganesha:** Blue *Sunrise:* 6:25AM  
**Muruqa:** Purple *Sunset:* 6:22PM  
**Nataraja:** Orange  
Moon – Orange  
**Phalguna-Panguni**

Moon 3 - Phase 45 - 7  
Ashtami

Creative Work Siddha Yoga  
Until 7:26AM  
Then Routine Work - Marana Yoga

**Subha Sivaloka Day**

**Karadaiyan Nombu (Tamil Nadu)**

**Thursday, March 16, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kedarnath, India  
Sun 8 Sutra 333

Dhanus Rasi: 13.04 Tithi 24 – 25

**Gulika** 9:23AM – 10:53AM  
Yama 6:24AM – 7:54AM  
185786578 **Rahu** 1:53PM – 3:23PM

**Mula\*** **Until 6:25AM**  
Vyatipata\* **Until 10:07AM**  
Vanija **Until 3:30AM Fri**  
**Navami\*** **Until 4:42PM**

**Ganesha:** Red *Sunrise:* 6:24AM  
**Muruqa:** Purple *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Moon 3 - Phase 45 - 8  
Navami

Creative Work Siddha Yoga


**Sivaloka Day**

<b>1</b>		<b>Friday, March 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kedarnath, India Sun 9 Sutra 334	
Dhanus Rasi: 27.23	Tithi 25 – 26	<b>Gulika</b> 7:53AM – 9:23AM	<b>Uttarashadha</b> Until 2:38AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:22AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM
185786578		<b>Yama</b> 3:23PM – 4:53PM	Variyan Until 6:58AM	<b>Nataraja:</b> Clear		Moon 3 - Phase 46 - 9 2nd Phase	
Routine Work Marana Yoga		<b>Rahu</b> 10:53AM – 12:23PM	Bava Until 12:46AM Sat	Moon – Light Blue	<b>Sivaloka Day</b>		
Until 2:38AM Sat			<b>Dashami</b> Until 2:09PM	Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, March 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kedarnath, India Sun 10 Sutra 335	
Makara Rasi: 11.58	Tithi 26 – 27	<b>Gulika</b> 6:21AM – 7:52AM	<b>Shravana</b> Until 12:29AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM
195786578		<b>Yama</b> 1:53PM – 3:23PM	Shiva Until 11:53PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 46 - 10 2nd Phase	
Creative Work Siddha Yoga		<b>Rahu</b> 9:22AM – 10:52AM	Kaulava Until 9:45PM	Moon – Purple	<b>Subha Sivaloka Day</b>		
Until 12:29AM Sun			<b>Ekadashi*</b> Until 11:16AM	Phalguna•Panguni			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, March 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Kedarnath, India Sun 11 Sutra 336	
Makara Rasi: 26.43	Tithi 27 – 28	<b>Gulika</b> 3:23PM – 4:54PM	<b>Dhanishtha</b> Until 10:04PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM
195796578		<b>Yama</b> 12:22PM – 1:53PM	Siddha Until 8:05PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 46 - 11 2nd Phase	
Routine Work Marana Yoga		<b>Rahu</b> 4:54PM – 6:24PM	Gara Until 6:34PM	Moon – Purple	<b>Sivaloka Day</b>		
Until 10:04PM			<b>Dvadashi*</b> Until 8:09AM	Phalguna•Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Monday, March 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kedarnath, India Sun 12 Sutra 337	
Kumbha Rasi: 11.34	Tithi 29	<b>Gulika</b> 1:53PM – 3:23PM	<b>Shatabhishak</b> Until 7:31PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM
196896578		<b>Yama</b> 10:51AM – 12:22PM	Sadhya Until 4:19PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 46 - 12 2nd Phase	
<b>Family Home Evening</b>		<b>Rahu</b> 7:50AM – 9:20AM	Visti Until 3:23PM	Moon – Purple	<b>Sivaloka Day</b>		
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 1:49AM Tue	Phalguna•Panguni			
Until 7:31PM							
Then Routine Work - Marana Yoga							

		<b>Tuesday, March 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kedarnath, India Sun 13 Sutra 338	
<b>Retreat Star</b>		<b>Gulika</b> 12:21PM – 1:52PM	<b>Purvaproshtapada*</b> Until 5:25PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM
Kumbha Rasi: 26.2	Tithi 30	<b>Yama</b> 9:20AM – 10:51AM	Subha Until 12:41PM	<b>Nataraja:</b> Clear		Moon 3 - Phase 46 - 13 Amavasya	
116896578		<b>Rahu</b> 3:23PM – 4:54PM	Catuspada Until 12:20PM	Moon – Clear	<b>Devaloka Day</b>		
Routine Work Marana Yoga			<b>Amavasya*</b> Until 10:54PM	Phalguna•Panguni			
Until 5:25PM							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Kedarnath, India Sun 14 Sutra 339	
<b>Retreat Star</b>		<b>Gulika</b> 10:50AM – 12:21PM	<b>Uttaraproshtapada</b> Until 3:31PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM
Meena Rasi: 10.56	Tithi 1	<b>Yama</b> 7:48AM – 9:19AM	Sukla Until 9:15AM	<b>Nataraja:</b> Clear		Moon 3 - Phase 46 - 14 Prathama	
116896578		<b>Rahu</b> 12:21PM – 1:52PM	Kintughna Until 9:36AM	Moon – Clear	<b>Devaloka Day</b>		
Creative Work Siddha Yoga			<b>Prathama*</b> Until 8:22PM	Chaitra•Panguni			
Until 3:31PM		<b>Yugadhi</b>					
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

ll times are standard time. Calculated for Kedarnath, India on 5/1/

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<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kedarnath, India Sun 15 Sutra 340	
Meena Rasi: 25.14	Tithi 2	<b>Gulika</b> 9:18AM – 10:49AM	<b>Revati</b> Until 1:58PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:15AM	Subhakit 5124	
		Yama 6:15AM – 7:47AM	Brahma Until 6:13AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 47 - 15	
		116896578 <b>Rahu</b> 1:52PM – 3:24PM	Balava Until 7:18AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 6:21PM	Moon – Clear		<b>Devaloka Day</b>	
Until 1:58PM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kedarnath, India Sun 16 Sutra 341	
Mesha Rasi: 9.09	Tithi 3 – 4	<b>Gulika</b> 7:46AM – 9:17AM	<b>Ashvini</b> Until 1:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:14AM	Subhakit 5124	
		Yama 3:24PM – 4:56PM	Vaidhriti* Until 1:40AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 47 - 16	
		126896578 <b>Rahu</b> 10:49AM – 12:21PM	Vanija Until 4:37AM Sat	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 5:00PM	Moon – White		<b>Devaloka Day</b>	
Until 1:20PM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kedarnath, India Sun 17 Sutra 342	
Mesha Rasi: 22.38	Tithi 4 – 5	<b>Gulika</b> 6:13AM – 7:45AM	<b>Bharani</b> Until 1:18PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:13AM	Subhakit 5124	
		Yama 1:52PM – 3:24PM	Vishkamba* Until 12:18AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 47 - 17	
		126896578 <b>Rahu</b> 9:16AM – 10:48AM	Bava Until 4:25AM Sun	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 4:24PM	Moon – White		<b>Devaloka Day</b>	
Until 1:18PM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kedarnath, India Sun 18 Sutra 343	
Vrishabha Rasi: 5.43	Tithi 5 – 6	<b>Gulika</b> 3:24PM – 4:56PM	<b>Krittika</b> Until 1:52PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:11AM	Subhakit 5124	
		Yama 12:20PM – 1:52PM	Priti Until 11:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 47 - 18	
		126896578 <b>Rahu</b> 4:56PM – 6:28PM	Kaulava Until 5:00AM Mon	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 4:35PM	Moon – White		<b>Devaloka Day</b>	
				Chaitra•Panguni			

<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman Yoga Taila/Gara Karana Shashthi/Saptamyam Titau		Kedarnath, India Sun 19 Sutra 344	
Vrishabha Rasi: 18.23	Tithi 6 – 7	<b>Gulika</b> 1:52PM – 3:24PM	<b>Rohini</b> Until 3:29PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:10AM	Subhakit 5124	
<b>Family Home Evening</b>		Yama 10:47AM – 12:20PM	Ayushman Until 11:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 47 - 19	
		137896578 <b>Rahu</b> 7:43AM – 9:15AM	Gara Until 6:17AM Tue	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 5:32PM	Moon – Yellow		<b>Devaloka Day</b>	
				Chaitra•Panguni			

<b>6</b>		<b>Tuesday, March 28, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Kedarnath, India Sun 20 Sutra 345	
Mithuna Rasi: 0.46	Tithi 7	<b>Gulika</b> 12:19PM – 1:52PM	<b>Mrigashira</b> Until 5:35PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM	Subhakit 5124	
		Yama 9:14AM – 10:47AM	Saubhagya Until 11:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 47 - 20	
		137896578 <b>Rahu</b> 3:25PM – 4:57PM	Gara Until 6:17AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 5:35PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Kedarnath, India Sun 21 Sutra 346	
Mithuna Rasi: 12.54	Tithi 8	<b>Gulika</b> 10:46AM – 12:19PM	<b>Ardra</b> Until 8:00PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	Subhakit 5124	
		Yama 7:41AM – 9:13AM	Sobhana Until 12:15AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 47 - 21	
		137896578 <b>Rahu</b> 12:19PM – 1:52PM	Visti Until 8:09AM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 9:12PM	Moon – Yellow		<b>Devaloka Day</b>	
				Chaitra•Panguni			

<b>Retreat Star</b>		<b>Thursday, March 30, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Kedarnath, India Sun 22 Sutra 347	
Mithuna Rasi: 24.53	Tithi 9	<b>Gulika</b> 9:13AM – 10:46AM	<b>Punarvasu</b> Until 11:00PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:07AM	Subhakit 5124	
		Yama 6:07AM – 7:40AM	Athiganda* Until 1:02AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 47 - 22	
		147896578 <b>Rahu</b> 1:52PM – 3:25PM	Balava Until 10:23AM	<b>Nataraja:</b> Clear		Navami	
Creative Work	Amrita Yoga		<b>Navami*</b> Until 11:33PM	Moon – Blue		<b>Bhuloka Day</b>	
		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>	<b>Friday, March 31, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau	Kedarnath, India Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 6.47      Tithi 10	<b>Gulika</b> 7:39AM – 9:12AM <b>Pushya Until 1:56AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:05AM
	147896578	Yama 3:25PM – 4:58PM      Sukarma Until 1:53AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:32PM      Moon 3 - Phase 48 - 23
	Routine Work      Marana Yoga	<b>Rahu</b> 10:45AM – 12:18PM      Taitila Until 12:47PM	<b>Nataraja:</b> Clear      Moon – Blue      4th Phase
		<b>Dashami Until 1:59AM Sat</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>2</b>	<b>Saturday, April 1, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau	Kedarnath, India Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 18.4      Tithi 11	<b>Gulika</b> 6:05AM – 7:39AM <b>Ashlesha* Until 4:35AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:05AM
	147896578	Yama 1:52PM – 3:25PM      Dhriti Until 2:41AM Sun	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:32PM      Moon 3 - Phase 48 - 24
	Routine Work      Marana Yoga	<b>Rahu</b> 9:12AM – 10:45AM      Vanija Until 3:11PM	<b>Nataraja:</b> Clear      Moon – Blue      4th Phase
	<b>Yogaswami Mahasamadhi</b>	<b>Ekadashi Until 4:18AM Sun</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Sunday, April 2, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau	Kedarnath, India Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 0.37      Tithi 12	<b>Gulika</b> 3:25PM – 4:59PM <b>Magha* Until 7:20AM Mon</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:04AM
	158896578	Yama 12:18PM – 1:52PM      Shula* Until 3:16AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:32PM      Moon 3 - Phase 48 - 25
	Routine Work      Marana Yoga	<b>Rahu</b> 4:59PM – 6:32PM      Bava Until 5:24PM	<b>Nataraja:</b> Clear      Moon – Red      4th Phase
Until 7:20AM Mon Then Creative Work - Siddha Yoga		<b>Dvadashi Until 6:22AM Mon</b>	<b>Devaloka Day</b> Chaitra•Panguni

<b>4</b>	<b>Monday, April 3, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kedarnath, India Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 12.39      Tithi 12 – 13	<b>Gulika</b> 1:52PM – 3:25PM <b>Magha* Until 7:20AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:03AM
	158896578	Yama 10:44AM – 12:18PM      Ganda* Until 3:36AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:33PM      Moon 3 - Phase 48 - 26
	<b>Family Home Evening</b> Routine Work      Marana Yoga	<b>Rahu</b> 7:37AM – 9:10AM      Kaulava Until 7:18PM	<b>Nataraja:</b> Clear      Moon – Red      4th Phase
Until 7:20AM Then Creative Work - Siddha Yoga		<b>Dvadashi Until 6:22AM</b>	<b>Devaloka Day</b> Chaitra•Panguni
		<i>Pradosha Vrata</i>	

<b>5</b>	<b>Tuesday, April 4, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Kedarnath, India Sun 27 Sutra 352 Subhakrit 5124
	Simha Rasi: 24.5      Tithi 13 – 14	<b>Gulika</b> 12:18PM – 1:52PM <b>Purvaphalguni Until 9:34AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:02AM
	158896578	Yama 9:10AM – 10:44AM      Vriddhi Until 3:37AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:33PM      Moon 3 - Phase 48 - 27
	Creative Work      Siddha Yoga	<b>Rahu</b> 3:25PM – 4:59PM      Gara Until 8:47PM	<b>Nataraja:</b> Clear      Moon – Red      4th Phase
Until 9:34AM Then Creative Work - Amrita Yoga		<b>Trayodashi Until 8:04AM</b>	<b>Devaloka Day</b> Chaitra•Panguni

	<b>Wednesday, April 5, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Kedarnath, India Sutra 353 Subhakrit 5124
	Kanya Rasi: 7.12      Tithi 14 – 15	<b>Gulika</b> 10:43AM – 12:17PM <b>Uttaraphalguni Until 11:12AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:00AM
	158896578	Yama 7:35AM – 9:09AM      Dhruva Until 3:14AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:34PM      Moon 3 - Phase 48 - Purnima
	Creative Work      Amrita Yoga	<b>Rahu</b> 12:17PM – 1:51PM      Visti Until 9:47PM	<b>Nataraja:</b> Clear      Moon – Red      4th Phase
Until 11:12AM Then Routine Work - Marana Yoga	<b>Panguni Uttiram</b> <b>Hanuman Jayanti</b>	<b>Chaturdashi* Until 9:20AM</b>	<b>Devaloka Day</b> Chaitra•Panguni

	<b>Thursday, April 6, 2023</b>	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Kedarnath, India Sutra 354 Subhakrit 5124
	Kanya Rasi: 19.47      Tithi 15 – 16	<b>Gulika</b> 9:08AM – 10:43AM <b>Hasta Until 12:41PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:59AM
	168896578	Yama 5:59AM – 7:34AM      Vyaghata* Until 2:30AM Fri	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:35PM      Moon 3 - Phase 48 - Prathama
	Routine Work      Marana Yoga	<b>Rahu</b> 1:51PM – 3:26PM      Balava Until 10:19PM	<b>Nataraja:</b> Clear      Moon – Green      4th Phase
Until 12:41PM Then Creative Work - Siddha Yoga		<b>Purnima* Until 10:06AM</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kedarnath, India  
Sutra 355

Tula Rasi: 2.35      Tithi 16 – 17

**Gulika** 7:33AM – 9:07AM  
Yama 3:26PM – 5:01PM  
168896578 **Rahu** 10:42AM – 12:17PM

**Chitra** Until 1:33PM  
Harshana Until 1:24AM Sat  
Taitila Until 10:21PM  
Prathama\* Until 10:22AM

**Ganesha:** Blue      *Sunrise:* 5:58AM  
**Muruqa:** Clear      *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**1**

**Saturday, April 8, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kedarnath, India  
Sun 1      Sutra 356

Tula Rasi: 15.37      Tithi 17 – 18

**Gulika** 5:57AM – 7:32AM  
Yama 1:51PM – 3:26PM  
168896578 **Rahu** 9:07AM – 10:42AM

**Svati** Until 1:48PM  
Vajra\* Until 11:56PM  
Vanija Until 9:57PM  
Dvitiya Until 10:11AM

**Ganesha:** Blue      *Sunrise:* 5:57AM  
**Muruqa:** Clear      *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**2**

**Sunday, April 9, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Kedarnath, India  
Sun 2      Sutra 357

Tula Rasi: 28.52      Tithi 18 – 19

**Gulika** 3:26PM – 5:01PM  
Yama 12:16PM – 1:51PM  
179896578 **Rahu** 5:01PM – 6:37PM

**Vishakha** Until 1:58PM  
Siddhi Until 10:10PM  
Bava Until 9:10PM  
Tritiya Until 9:35AM

**Ganesha:** Red      *Sunrise:* 5:56AM  
**Muruqa:** Clear      *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 2  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga

**3**

**Monday, April 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kedarnath, India  
Sun 3      Sutra 358

Vrischika Rasi: 12.2      Tithi 19 – 20

**Family Home Evening**  
Creative Work      Siddha Yoga

**Gulika** 1:51PM – 3:26PM  
Yama 10:41AM – 12:16PM  
179896578 **Rahu** 7:30AM – 9:05AM

**Anuradha** Until 1:37PM  
Vyatipata\* Until 8:08PM  
Kaulava Until 8:00PM  
Chaturthi\* Until 8:36AM

**Ganesha:** Red      *Sunrise:* 5:55AM  
**Muruqa:** Clear      *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 3  
1st Phase

**Devaloka Day**

**4**

**Tuesday, April 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyani/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kedarnath, India  
Sun 4      Sutra 359

Vrischika Rasi: 26.01      Tithi 20 – 21

Routine Work      Marana Yoga  
Until 12:47PM  
Then Creative Work - Amrita Yoga

**Gulika** 12:16PM – 1:51PM  
Yama 9:04AM – 10:40AM  
179896578 **Rahu** 3:27PM – 5:02PM

**Jyeshtha\*** Until 12:47PM  
Varyani Until 5:49PM  
Gara Until 6:32PM  
Panchami Until 7:17AM

**Ganesha:** Red      *Sunrise:* 5:53AM  
**Muruqa:** Clear      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 4  
1st Phase

**Devaloka Day**

**5**

**Wednesday, April 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Kedarnath, India  
Sun 5      Sutra 360

Dhanus Rasi: 9.51      Tithi 22

Routine Work      Marana Yoga  
Until 11:58AM  
Then Creative Work - Amrita Yoga

**Gulika** 10:40AM – 12:15PM  
Yama 7:28AM – 9:04AM  
189896578 **Rahu** 12:15PM – 1:51PM

**Mula\*** Until 11:58AM  
Parigha\* Until 3:17PM  
Visti Until 4:46PM  
Saptami Until 3:46AM Thu

**Ganesha:** Green      *Sunrise:* 5:52AM  
**Muruqa:** Clear      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Thursday, April 13, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Kedarnath, India  
Sun 6      Sutra 361

Dhanus Rasi: 23.52      Tithi 23

Creative Work      Siddha Yoga  
Until 10:44AM  
Then Routine Work - Marana Yoga

**Gulika** 9:03AM – 10:39AM  
Yama 5:51AM – 7:27AM  
189996578 **Rahu** 1:51PM – 3:27PM

**Purvashadha\*** Until 10:44AM  
Shiva Until 12:34PM  
Balava Until 2:45PM  
Ashtami\* Until 1:39AM Fri

**Ganesha:** White      *Sunrise:* 5:51AM  
**Muruqa:** Clear      *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra\*Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 6  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Friday, April 14, 2023**

**Retreat Star**

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Kedarnath, India  
Sun 7      Sutra 362

Makara Rasi: 8.02      Tithi 24

Routine Work      Marana Yoga

**Gulika** 7:26AM – 9:02AM  
Yama 3:27PM – 5:03PM  
189996578 **Rahu** 10:39AM – 12:15PM

Chidambaram Abhishekam  
Tamil New Year

**Uttarashadha** Until 9:09AM  
Siddha Until 9:38AM  
Taitila Until 12:31PM  
Navami\* Until 11:19PM

**Ganesha:** White      *Sunrise:* 5:50AM  
**Muruqa:** Clear      *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra\*Chaitra

Sobhana 5125  
Moon 4 - Phase 49 - 7  
Navami


**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1</b>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Kedarnath, India
	Makara Rasi: 22.19	Tithi 25	<b>Gulika</b> 5:49AM – 7:25AM	<b>Shravana Until 7:40AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:49AM	Sun 8 Sutra 363
			Yama 1:51PM – 3:27PM	Sadhya Until 6:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 9:02AM – 10:38AM	Vanija Until 10:08AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 8
			<b>Dashami Until 8:52PM</b>	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Kedarnath, India
	Kumbha Rasi: 6.41	Tithi 26	<b>Gulika</b> 3:28PM – 5:04PM	<b>Shatabhishak Until 4:03AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:48AM	Sun 9 Sutra 364
			Yama 12:14PM – 1:51PM	Sukla Until 12:16AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Sobhana 5125
	Creative Work	Siddha Yoga	299996578 <b>Rahu</b> 5:04PM – 6:41PM	Bava Until 7:38AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 9
			<b>Ekadashi* Until 6:21PM</b>	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Kedarnath, India
	Kumbha Rasi: 21.04	Tithi 27 – 28	<b>Gulika</b> 1:51PM – 3:28PM	<b>Purvaproshtapada* Until 2:31AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:46AM	Sun 10 Sutra 1
	<b>Family Home Evening</b>		Yama 10:37AM – 12:14PM	Brahma Until 9:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 <b>Rahu</b> 7:23AM – 9:00AM	Gara Until 2:41AM Tue	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 10
			<b>Dvadashi* Until 3:52PM</b>	Moon – Clear		2nd Phase	
				Chaitra*Chaitra		<b>Devaloka Day</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kedarnath, India
	Meena Rasi: 5.23	Tithi 28 – 29	<b>Gulika</b> 12:14PM – 1:51PM	<b>Uttaraproshtapada Until 1:02AM Wed</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:45AM	Sun 11 Sutra 2
			Yama 9:00AM – 10:37AM	Indra Until 6:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Sobhana 5125
	Creative Work	Amrita Yoga	211996578 <b>Rahu</b> 3:28PM – 5:05PM	Visti Until 12:27AM Wed	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 11
			<b>Trayodashi* Until 1:31PM</b>	Moon – Clear		2nd Phase	
				Chaitra*Chaitra		<b>Devaloka Day</b>	

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kedarnath, India
	<b>Retreat Star</b>		<b>Gulika</b> 10:36AM – 12:14PM	<b>Revati Until 11:44PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:44AM	Sun 12 Sutra 3
	Meena Rasi: 19.34	Tithi 29 – 30	Yama 7:22AM – 8:59AM	Vaidhriti* Until 3:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Sobhana 5125
	Routine Work	Marana Yoga	211996578 <b>Rahu</b> 12:14PM – 1:51PM	Catuspada Until 10:32PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 12
			<b>Chaturdashi* Until 11:25AM</b>	Moon – Clear		Amavasya	
				Chaitra*Chaitra		<b>Devaloka Day</b>	

<b>Retreat Star</b>	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kedarnath, India
	<b>Retreat Star</b>		<b>Gulika</b> 8:58AM – 10:36AM	<b>Ashvini Until 11:09PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:43AM	Sun 13 Sutra 4
	Mesha Rasi: 3.32	Tithi 30 – 1	Yama 5:43AM – 7:21AM	Vishkambha* Until 12:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Sobhana 5125
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 1:51PM – 3:28PM	Kintughna Until 9:02PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 13
			<b>Amavasya* Until 9:42AM</b>	Moon – White		Prathama	
				Vaisaka*Chaitra		<b>Devaloka Day</b>	

<b>1</b>	<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kedarnath, India Sun 14 Sutra 5 Sobhana 5125
	Mesha Rasi: 17.11	Tithi 1 – 2	<b>Gulika</b> 7:20AM – 8:58AM	<b>Bharani Until 10:58PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:42AM	
			Yama 3:29PM – 5:06PM	Priti Until 10:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 <b>Rahu</b> 10:35AM – 12:13PM	Balava Until 8:05PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Prathama* Until 8:28AM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>2</b>	<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kedarnath, India Sun 15 Sutra 6 Sobhana 5125
	Vrishabha Rasi: 0.32	Tithi 2 – 3	<b>Gulika</b> 5:41AM – 7:19AM	<b>Krittika Until 11:14PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:41AM	
			Yama 1:51PM – 3:29PM	Ayushman Until 9:23AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 8:57AM – 10:35AM	Taitila Until 7:45PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 7:49AM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>3</b>	<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kedarnath, India Sun 16 Sutra 7 Sobhana 5125
	Vrishabha Rasi: 13.32	Tithi 3 – 4	<b>Gulika</b> 3:29PM – 5:07PM	<b>Rohini Until 12:28AM Mon</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:40AM	
			Yama 12:13PM – 1:51PM	Saubhagya Until 8:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 <b>Rahu</b> 5:07PM – 6:45PM	Vanija Until 8:05PM	<b>Nataraja:</b> Clear		3rd Phase
Until 12:28AM Mon			<b>Tritiya Until 7:49AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>			

<b>4</b>	<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kedarnath, India Sun 17 Sutra 8 Sobhana 5125
	Vrishabha Rasi: 26.13	Tithi 4 – 5	<b>Gulika</b> 1:51PM – 3:29PM	<b>Mrigashira Until 2:10AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:39AM	
	<b>Family Home Evening</b>		Yama 10:34AM – 12:12PM	Sobhana Until 7:50AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 <b>Rahu</b> 7:17AM – 8:56AM	Bava Until 9:04PM	<b>Nataraja:</b> Clear		3rd Phase
Until 2:10AM Tue			<b>Chaturthi* Until 8:29AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>			

<b>5</b>	<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kedarnath, India Sun 18 Sutra 9 Sobhana 5125
	Mithuna Rasi: 8.37	Tithi 5 – 6	<b>Gulika</b> 12:12PM – 1:51PM	<b>Ardra Until 4:14AM Wed</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:38AM	
			Yama 8:55AM – 10:34AM	Athiganda* Until 7:47AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 <b>Rahu</b> 3:29PM – 5:08PM	Kaulava Until 10:37PM	<b>Nataraja:</b> Purple		3rd Phase
Until 4:14AM Wed			<b>Panchami Until 9:45AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>			

<b>6</b>	<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kedarnath, India Sun 19 Sutra 10 Sobhana 5125
	Mithuna Rasi: 20.48	Tithi 6 – 7	<b>Gulika</b> 10:33AM – 12:12PM	<b>Punarvasu Until 7:01AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:37AM	
			Yama 7:16AM – 8:54AM	Sukarma Until 8:08AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 <b>Rahu</b> 12:12PM – 1:51PM	Gara Until 12:36AM Thu	<b>Nataraja:</b> Purple		3rd Phase
Until 7:01AM Thu			<b>Shashthi* Until 11:32AM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Vaisaka-Chaitra</b>			

<b>D</b>	<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kedarnath, India Sun 20 Sutra 11 Sobhana 5125
	<b>Retreat Star</b>		<b>Gulika</b> 8:54AM – 10:33AM	<b>Punarvasu Until 7:01AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:36AM	
	Kataka Rasi: 2.49	Tithi 7 – 8	Yama 5:36AM – 7:15AM	Dhriti Until 8:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 <b>Rahu</b> 1:51PM – 3:30PM	Visti Until 2:51AM Fri	<b>Nataraja:</b> Purple		Ashtami
			<b>Saptami Until 1:41PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>D</b>	<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kedarnath, India Sun 21 Sutra 12 Sobhana 5125
	<b>Retreat Star</b>		<b>Gulika</b> 7:14AM – 8:53AM	<b>Pushya Until 9:51AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:35AM	
	Kataka Rasi: 14.44	Tithi 8 – 9	Yama 3:30PM – 5:09PM	Shula* Until 9:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 <b>Rahu</b> 10:33AM – 12:12PM	Balava Until 5:12AM Sat	<b>Nataraja:</b> Purple		Navami
			<b>Ashtami* Until 4:00PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>		<b>Saturday, April 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava Karana Navamyam Titau				Kedarnath, India Sun 22 Sutra 13 Sobhana 5125
Kataka Rasi: 26.39	Tithi 9	<b>Gulika</b> 5:34AM – 7:13AM	<b>Ashlesha* Until 12:33PM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 5:34AM</i>			
		Yama 1:51PM – 3:30PM	Ganda* Until 10:27AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:49PM</i>		Moon 4 - Phase 3 - 22	
		242996579 <b>Rahu</b> 8:53AM – 10:32AM	Kaulava Until 6:19PM	<b>Nataraja: Purple</b>			4th Phase	
Routine Work	Marana Yoga		<b>Navami* Until 6:19PM</b>	Moon – Blue				<b>Sivaloka Day</b>
Until 12:33PM				Vaisaka*Chaitra				
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Sunday, April 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Kedarnath, India Sun 23 Sutra 14 Sobhana 5125
Simha Rasi: 9	Tithi 10	<b>Gulika</b> 3:31PM – 5:10PM	<b>Magha* Until 3:26PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:33AM</i>			
		Yama 12:11PM – 1:51PM	Vridhhi Until 11:12AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:50PM</i>		Moon 4 - Phase 3 - 23	
		252996579 <b>Rahu</b> 5:10PM – 6:50PM	Taitila Until 7:25AM	<b>Nataraja: Purple</b>			4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 8:25PM</b>	Moon – Red				<b>Devaloka Day</b>
Until 3:26PM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, May 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vishti* Karana Ekadashyam Titau				Kedarnath, India Sun 24 Sutra 15 Sobhana 5125
Simha Rasi: 20.4	Tithi 11	<b>Gulika</b> 1:51PM – 3:31PM	<b>Purvaphalguni Until 5:47PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:31AM</i>			
<b>Family Home Evening</b>		Yama 10:31AM – 12:11PM	Dhruva Until 11:40AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:51PM</i>		Moon 4 - Phase 3 - 24	
		252996579 <b>Rahu</b> 7:11AM – 8:51AM	Vanija Until 9:21AM	<b>Nataraja: Purple</b>			4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:08PM</b>	Moon – Red				<b>Devaloka Day</b>
				Vaisaka*Chaitra				

<b>4</b>		<b>Tuesday, May 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Kedarnath, India Sun 25 Sutra 16 Sobhana 5125
Kanya Rasi: 2.55	Tithi 12	<b>Gulika</b> 12:11PM – 1:51PM	<b>Uttaraphalguni Until 7:30PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:30AM</i>			
		Yama 8:51AM – 10:31AM	Vyaghata* Until 11:47AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:52PM</i>		Moon 4 - Phase 3 - 25	
		252996579 <b>Rahu</b> 3:31PM – 5:12PM	Bava Until 10:49AM	<b>Nataraja: Purple</b>			4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi Until 11:18PM</b>	Moon – Red				<b>Devaloka Day</b>
Until 7:30PM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, May 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kedarnath, India Sun 26 Sutra 17 Sobhana 5125
Kanya Rasi: 15.24	Tithi 13	<b>Gulika</b> 10:31AM – 12:11PM	<b>Hasta Until 8:57PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:29AM</i>			
		Yama 7:10AM – 8:50AM	Harshana Until 11:28AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:52PM</i>		Moon 4 - Phase 3 - 26	
		262996579 <b>Rahu</b> 12:11PM – 1:51PM	Kaulava Until 11:41AM	<b>Nataraja: Purple</b>			4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 11:52PM</b>	Moon – Green				<b>Sivaloka Day</b>
Until 8:57PM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Thursday, May 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Kedarnath, India Sun 27 Sutra 18 Sobhana 5125
Kanya Rasi: 28.1	Tithi 14	<b>Gulika</b> 8:50AM – 10:30AM	<b>Chitra Until 9:37PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:28AM</i>			
		Yama 5:28AM – 7:09AM	Vajra* Until 10:37AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:53PM</i>		Moon 4 - Phase 3 - 27	
		262996579 <b>Rahu</b> 1:51PM – 3:32PM	Gara Until 11:56AM	<b>Nataraja: Purple</b>			4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:48PM</b>	Moon – Green				<b>Sivaloka Day</b>
Until 9:37PM				Vaisaka*Chaitra				
Then Creative Work - Amrita Yoga								

<b>○</b>		<b>Friday, May 5, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Kedarnath, India Sutra 19 Sobhana 5125
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:08AM – 8:49AM	<b>Svati Until 9:32PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:28AM</i>			
Tula Rasi: 11.16	Tithi 15	Yama 3:32PM – 5:13PM	Siddhi Until 9:18AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:54PM</i>		Moon 4 - Phase 3 -	
		262996579 <b>Rahu</b> 10:30AM – 12:11PM	Visti Until 11:33AM	<b>Nataraja: Purple</b>			Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 11:07PM</b>	Moon – Green				<b>Sivaloka Day</b>
		<b>Budha Purnima (Tamil Nadu)</b>		Vaisaka*Chaitra				

<b>○</b>		<b>Saturday, May 6, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Kedarnath, India Sutra 20 Sobhana 5125
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:27AM – 7:08AM	<b>Vishakha Until 9:13PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:27AM</i>			
Tula Rasi: 24.4	Tithi 16	Yama 1:52PM – 3:33PM	Vyalipata* Until 7:31AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:55PM</i>		Moon 4 - Phase 3 -	
		272996579 <b>Rahu</b> 8:49AM – 10:30AM	Balava Until 10:35AM	<b>Nataraja: Purple</b>			Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 9:54PM</b>	Moon – Orange				<b>Devaloka Day</b>
				Vaisaka*Chaitra				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda