



Monday, April 18, 2022
Gold Retreat Star

Tula Rasi: 26.35 Tithi 17 - 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 5:07PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyaltipala* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:40PM - 3:14PM
Yama 10:31AM - 12:05PM
Rahu 7:22AM - 8:57AM
Vishakha Until 5:07PM
Siddhi Until 9:51AM
Vanija Until 7:32PM
Dvitiya Until 8:54AM

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon - Orange
Chaitra+Chaitra

Sunrise: 5:48AM
Sunset: 6:23PM

Kingston, Jamaica
Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Virshika Rasi: 11.08 Tithi 18 - 19
278345478
Creative Work Siddha Yoga
Until 3:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaltipala* Varyayan Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

Gulika 12:05PM - 1:40PM
Yama 8:56AM - 10:31AM
Rahu 3:14PM - 4:49PM
Anuradha Until 3:06PM
Vyaltipala* Until 6:29AM
Balava Until 3:21AM Wed
Tritiya Until 6:07AM

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon - Orange
Chaitra+Chaitra

Sunrise: 5:47AM
Sunset: 6:24PM

Kingston, Jamaica
Sun 1
Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Virshika Rasi: 25.41 Tithi 20
278345478
Creative Work Siddha Yoga
Until 1:00PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:30AM - 12:05PM
Yama 7:21AM - 8:56AM
Rahu 12:05PM - 1:40PM
Jyeshtha* Until 1:00PM
Parigha* Until 11:47PM
Kaulava Until 2:01PM
Panchami Until 12:40AM Thu

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon - Orange
Chaitra+Chaitra

Sunrise: 5:46AM
Sunset: 6:24PM

Kingston, Jamaica
Sun 2
Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 -
2nd Phase

Bhuloka Day

3

Thursday, April 21, 2022

Dhanus Rasi: 10.08 Tithi 21
288345478
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:55AM - 10:30AM
Yama 5:46AM - 7:20AM
Rahu 1:40PM - 3:14PM
Mula* Until 11:19AM
Shiva Until 8:39PM
Gara Until 11:25AM
Shashthi* Until 10:11PM

Ganesha: Clear
Muruqa: White
Nataraja: White
Moon - Light Blue
Chaitra+Chaitra

Sunrise: 5:46AM
Sunset: 6:24PM

Kingston, Jamaica
Sun 3
Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 -
3rd Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Dhanus Rasi: 24.28 Tithi 22
289345478
Routine Work Prabalarishta Yoga
Until 9:43AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:20AM - 8:55AM
Yama 3:14PM - 4:49PM
Rahu 10:30AM - 12:05PM
Purvashadha* Until 9:43AM
Siddha Until 5:42PM
Visti Until 9:03AM
Saptami Until 7:57PM

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon - Light Blue
Chaitra+Chaitra

Sunrise: 5:45AM
Sunset: 6:24PM

Kingston, Jamaica
Sun 4
Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 -
4th Phase

Devaloka Day

5

Saturday, April 23, 2022
Retreat Star

Makara Rasi: 8.35 Tithi 23
289345478
Routine Work Marana Yoga
Until 8:15AM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 5:44AM - 7:19AM
Yama 1:39PM - 3:14PM
Rahu 8:54AM - 10:29AM
Uttarashadha Until 8:15AM
Sadhya Until 3:00PM
Balava Until 6:58AM
Ashtami* Until 6:02PM

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon - Light Blue
Chaitra+Chaitra

Sunrise: 5:44AM
Sunset: 6:25PM

Kingston, Jamaica
Sun 5
Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 -
5th Phase

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Makara Rasi: 22.31 Tithi 24 - 25
299345479
Creative Work Amrita Yoga
Until 7:24AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 3:15PM - 4:50PM
Yama 12:04PM - 1:39PM
Rahu 4:50PM - 6:25PM
Shravana Until 7:24AM
Subha Until 12:35PM
Vanija Until 3:47AM Mon
Navami* Until 4:26PM

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon - Purple
Chaitra+Chaitra

Sunrise: 5:44AM
Sunset: 6:25PM

Kingston, Jamaica
Sun 6
Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 -
6th Phase


Devaloka Day

1		Monday, April 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 7 Sutra 8	
Kumbha Rasi: 6.14	Tithi 25 – 26	Gulika	1:39PM – 3:15PM	Dhanishtha Until 6:45AM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Subhakrit 5124		
Family Home Evening	299345479	Yama	10:29AM – 12:04PM	Sukla Until 10:26AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 2 - 7		
Creative Work	Siddha Yoga	Rahu	7:18AM – 8:53AM	Bava Until 2:45AM Tue	Nataraja: Clear		2nd Phase		
				Dashami Until 3:12PM	Chaitra+Chaitra	Devaloka Day			

2		Tuesday, April 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 8 Sutra 9	
Kumbha Rasi: 19.43	Tithi 26 – 27	Gulika	12:04PM – 1:39PM	Shatabhishak Until 6:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Subhakrit 5124		
	299345479	Yama	8:53AM – 10:28AM	Brahma Until 8:36AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 2 - 8		
Routine Work	Marana Yoga	Rahu	3:15PM – 4:50PM	Kaulava Until 2:07AM Wed	Nataraja: Clear		2nd Phase		
				Ekadashi* Until 2:21PM	Chaitra+Chaitra	Devaloka Day			

3		Wednesday, April 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 9 Sutra 10		
Meena Rasi: 2.59	Tithi 27 – 28	Gulika	10:28AM – 12:04PM	Purvaproshtapada* Until 6:36AM	Ganesha: Red	<i>Sunrise:</i> 5:42AM	Subhakrit 5124			
	219345479	Yama	7:17AM – 8:53AM	Indra Until 7:07AM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 2 - 9			
Creative Work	Amrita Yoga	Rahu	12:04PM – 1:39PM	Gara Until 1:54AM Thu	Nataraja: Clear		2nd Phase			
Until 6:36AM						Chaitra+Chaitra	Devaloka Day			
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata (Fasting)</i>				

4		Thursday, April 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 10 Sutra 11	
Meena Rasi: 16.02	Tithi 28 – 29	Gulika	8:52AM – 10:28AM	Uttaraproshtapada Until 7:10AM	Ganesha: Blue	<i>Sunrise:</i> 5:41AM	Subhakrit 5124		
	219445479	Yama	5:41AM – 7:17AM	Vishkambha* Until 5:11AM Fri	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 2 - 10		
Creative Work	Siddha Yoga	Rahu	1:39PM – 3:15PM	Visti Until 2:10AM Fri	Nataraja: Clear		2nd Phase		
				Trayodashi* Until 1:57PM	Chaitra+Chaitra	Bhuloka Day			
				Devaloka Time: 6:PM to 9:PM					

		Friday, April 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 11 Sutra 12		
Retreat Star		Gulika	7:16AM – 8:52AM	Revati Until 8:02AM	Ganesha: White	<i>Sunrise:</i> 5:40AM	Subhakrit 5124			
Meena Rasi: 28.5	Tithi 29 – 30	Yama	3:15PM – 4:51PM	Priti Until 4:48AM Sat	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 2 - 11			
	211445479	Rahu	10:28AM – 12:03PM	Catuspada Until 2:55AM Sat	Nataraja: Clear		Amavasya			
Creative Work	Siddha Yoga					Chaitra+Chaitra	Bhuloka Day			
Until 8:02AM						Devaloka Time: 6:PM to 9:PM				
Then Creative Work - Amrita Yoga										

Retreat Star		Saturday, April 30, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 12 Sutra 13	
Mesha Rasi: 11.25	Tithi 30 – 1	Gulika	5:40AM – 7:16AM	Ashvini Until 9:41AM	Ganesha: Green	<i>Sunrise:</i> 5:40AM	Subhakrit 5124		
	221445479	Yama	1:39PM – 3:15PM	Ayushman Until 4:46AM Sun	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 2 - 12		
Creative Work	Siddha Yoga	Rahu	8:52AM – 10:27AM	Kintughna Until 4:10AM Sun	Nataraja: Clear		Prathama		
				Amavasya* Until 3:27PM	Chaitra+Chaitra	Bhuloka Day			
				Devaloka Time: 6:PM to 9:PM					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Kingston, Jamaica Sun 13 Sutra 14 Subhakit 5124
Mesha Rasi: 23.46	Tithi 1 – 2	Gulika 3:15PM – 4:51PM Yama 12:03PM – 1:39PM 221445479 Rahu 4:51PM – 6:27PM	Bharani Until 11:40AM Saubhagya Until 5:07AM Mon Balava Until 5:52AM Mon Prathama* Until 4:56PM	Ganesha: Green <i>Sunrise:</i> 5:39AM Muruqa: White <i>Sunset:</i> 6:27PM Nataraja: Clear Moon – White Vaisaka*Chaitra	Moon 4 - Phase 3 - 13 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work	Prabalarishta Yoga				
Until 11:40AM					
Then Creative Work - Siddha Yoga					
2 Monday, May 2, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau			Kingston, Jamaica Sun 14 Sutra 15 Subhakit 5124
Vrishabha Rasi: 5.56	Tithi 2	Gulika 1:39PM – 3:15PM Yama 10:27AM – 12:03PM 221445479 Rahu 7:15AM – 8:51AM	Krittika Until 1:55PM Sobhana Until 5:47AM Tue Kaulava Until 6:51PM Dvitiya Until 6:51PM	Ganesha: Green <i>Sunrise:</i> 5:39AM Muruqa: White <i>Sunset:</i> 6:27PM Nataraja: Clear Moon – White Vaisaka*Chaitra	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Family Home Evening					
Routine Work	Marana Yoga				
Until 1:55PM					
Then Creative Work - Amrita Yoga					
3 Tuesday, May 3, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau			Kingston, Jamaica Sun 15 Sutra 16 Subhakit 5124
Vrishabha Rasi: 17.56	Tithi 3	Gulika 12:03PM – 1:39PM Yama 8:51AM – 10:27AM 231445479 Rahu 3:15PM – 4:51PM	Rohini Until 4:50PM Athiganda* Until 6:38AM Wed Tailila Until 7:58AM Tritiya Until 9:06PM	Ganesha: White <i>Sunrise:</i> 5:38AM Muruqa: White <i>Sunset:</i> 6:28PM Nataraja: Clear Moon – Yellow Vaisaka*Chaitra	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work	Amrita Yoga				
Until 4:50PM		Akshaya Tritiya			
Then Creative Work - Siddha Yoga					
4 Wednesday, May 4, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau			Kingston, Jamaica Sun 16 Sutra 17 Subhakit 5124
Vrishabha Rasi: 29.5	Tithi 4	Gulika 10:27AM – 12:03PM Yama 7:14AM – 8:50AM 231445479 Rahu 12:03PM – 1:39PM	Mrigashira Until 7:48PM Athiganda* Until 6:38AM Vanija Until 10:21AM Chaturthi* Until 11:34PM	Ganesha: White <i>Sunrise:</i> 5:38AM Muruqa: White <i>Sunset:</i> 6:28PM Nataraja: Clear Moon – Yellow Vaisaka*Chaitra	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga				
5 Thursday, May 5, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau			Kingston, Jamaica Sun 17 Sutra 18 Subhakit 5124
Mithuna Rasi: 11.41	Tithi 5	Gulika 8:50AM – 10:26AM Yama 5:37AM – 7:14AM 231445479 Rahu 1:39PM – 3:15PM	Ardra Until 10:40PM Sukarma Until 7:37AM Bava Until 12:51PM Panchami Until 2:04AM Fri	Ganesha: White <i>Sunrise:</i> 5:37AM Muruqa: White <i>Sunset:</i> 6:28PM Nataraja: Clear Moon – Yellow Vaisaka*Chaitra	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work	Marana Yoga				
Until 10:40PM					
Then Creative Work - Amrita Yoga					
6 Friday, May 6, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Shashthyam Titau			Kingston, Jamaica Sun 18 Sutra 19 Subhakit 5124
Mithuna Rasi: 23.31	Tithi 6	Gulika 7:13AM – 8:50AM Yama 3:16PM – 4:52PM 241445479 Rahu 10:26AM – 12:03PM	Punarvasu Until 1:46AM Sat Dhriti Until 8:36AM Kaulava Until 3:18PM Shashthi* Until 4:26AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:37AM Muruqa: White <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 18 3rd Phase Devaloka Day
Creative Work	Siddha Yoga				
Saturday, May 7, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau			Kingston, Jamaica Sun 19 Sutra 20 Subhakit 5124
Retreat Star		Gulika 5:36AM – 7:13AM Yama 1:39PM – 3:16PM 241445479 Rahu 8:49AM – 10:26AM	Pushya Until 4:25AM Sun Shula* Until 9:26AM Gara Until 5:31PM Saptami Until 6:28AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:36AM Muruqa: White <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day
Kataka Rasi: 5.26	Tithi 7				
Creative Work	Siddha Yoga				
Sunday, May 8, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kingston, Jamaica Sun 20 Sutra 21 Subhakit 5124
Retreat Star		Gulika 3:16PM – 4:53PM Yama 12:03PM – 1:39PM 241445479 Rahu 4:53PM – 6:29PM	Ashlesha* Until 6:25AM Mon Ganda* Until 10:00AM Visti Until 7:20PM Saptami Until 6:28AM	Ganesha: Clear <i>Sunrise:</i> 5:36AM Muruqa: White <i>Sunset:</i> 6:29PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 20 Ashtami Devaloka Day
Kataka Rasi: 17.28	Tithi 7 – 8				
Creative Work	Siddha Yoga	Mother's Day			
Until 6:25AM Mon					
Then Routine Work - Marana Yoga					
Monday, May 9, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kingston, Jamaica Sun 21 Sutra 22 Subhakit 5124
Retreat Star		Gulika 1:39PM – 3:16PM Yama 10:26AM – 12:02PM 241445479 Rahu 7:12AM – 8:49AM	Ashlesha* Until 6:25AM Vridhhi Until 10:11AM Balava Until 8:33PM Ashtami* Until 8:00AM	Ganesha: Clear <i>Sunrise:</i> 5:35AM Muruqa: White <i>Sunset:</i> 6:30PM Nataraja: Clear Moon – Blue Vaisaka*Chaitra	Moon 4 - Phase 3 - 21 Navami Devaloka Day
Kataka Rasi: 29.41	Tithi 8 – 9				
Family Home Evening					
Creative Work	Siddha Yoga				
Until 6:25AM					
Then Routine Work - Marana Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica
	Simha Rasi: 12.12	Tithi 9 – 10	Gulika 12:02PM – 1:39PM	Magha* Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Sun 22 Sutra 23
			Yama 8:49AM – 10:26AM	Dhruva Until 9:49AM	Muruqa: White	<i>Sunset:</i> 6:30PM	Subhakrit 5124
	252445479	Rahu 3:16PM – 4:53PM	Taitila Until 9:04PM	Navami* Until 8:53AM	Nataraja: Clear		Moon 4 - Phase 4 - 22 4th Phase
Creative Work	Siddha Yoga			Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			


2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica
	Simha Rasi: 25.03	Tithi 10 – 11	Gulika 10:25AM – 12:02PM	Purvaphalguni Until 8:57AM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Sun 23 Sutra 24
			Yama 7:12AM – 8:48AM	Vyaghata* Until 8:53AM	Muruqa: White	<i>Sunset:</i> 6:30PM	Subhakrit 5124
	252445479	Rahu 12:02PM – 1:39PM	Vanija Until 8:49PM	Dashami Until 9:01AM	Nataraja: Clear		Moon 4 - Phase 4 - 23 4th Phase
Creative Work	Amrita Yoga			Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica
	Kanya Rasi: 8.18	Tithi 11 – 12	Gulika 8:48AM – 10:25AM	Uttaraphalguni Until 8:51AM	Ganesha: Clear	<i>Sunrise:</i> 5:34AM	Sun 24 Sutra 25
			Yama 5:34AM – 7:11AM	Harshana Until 7:21AM	Muruqa: White	<i>Sunset:</i> 6:31PM	Subhakrit 5124
	252445479	Rahu 1:39PM – 3:16PM	Bava Until 7:47PM	Ekadashi Until 8:23AM	Nataraja: Clear		Moon 4 - Phase 4 - 24 4th Phase
	Amrita Yoga			Moon – Red		Devaloka Day	
Until 8:51AM				Vaisaka-Chaitra			
Then Routine Work - Marana Yoga							

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica
	Kanya Rasi: 21.59	Tithi 12 – 13	Gulika 7:11AM – 8:48AM	Hasta Until 8:19AM	Ganesha: White	<i>Sunrise:</i> 5:34AM	Sun 25 Sutra 26
			Yama 3:17PM – 4:54PM	Siddhi Until 2:28AM Sat	Muruqa: White	<i>Sunset:</i> 6:31PM	Subhakrit 5124
	262445479	Rahu 10:25AM – 12:02PM	Kaulava Until 6:02PM	Dvadashi Until 6:58AM	Nataraja: Clear		Moon 4 - Phase 4 - 25 4th Phase
Creative Work	Amrita Yoga			Moon – Green		Sivaloka Day	
Until 8:19AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyalipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica
	Tula Rasi: 6.05	Tithi 14	Gulika 5:33AM – 7:11AM	Chitra Until 6:58AM	Ganesha: White	<i>Sunrise:</i> 5:33AM	Sun 26 Sutra 27
			Yama 1:40PM – 3:17PM	Vyalipata* Until 11:19PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Subhakrit 5124
	262445479	Rahu 8:48AM – 10:25AM	Gara Until 3:40PM	Chaturdashi* Until 2:16AM Sun	Nataraja: Clear		Moon 4 - Phase 4 - 26 4th Phase
Routine Work	Marana Yoga			Moon – Green		Sivaloka Day	
Until 6:58AM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti/Bava Karana Purnimayam Titau				Kingston, Jamaica
	Copper Retreat Star		Gulika 3:17PM – 4:54PM	Vishakha Until 2:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Sun 27 Sutra 28
	Tula Rasi: 20.33	Tithi 15	Yama 12:02PM – 1:40PM	Variyan Until 7:46PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Subhakrit 5124
	272445479	Rahu 4:54PM – 6:32PM	Visti Until 12:49PM	Purnima* Until 11:14PM	Nataraja: Clear		Moon 4 - Phase 4 - 27 Purnima
Routine Work	Marana Yoga			Moon – Orange		Devaloka Day	
Until 2:47AM Mon				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica
	Silver Retreat Star		Gulika 1:40PM – 3:17PM	Anuradha Until 12:15AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Sun 29 Sutra 29
	Vrischika Rasi: 5.19	Tithi 16	Yama 10:25AM – 12:02PM	Parigha* Until 4:00PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Subhakrit 5124
	272445479	Rahu 7:10AM – 8:48AM	Balava Until 9:37AM	Prathama* Until 7:56PM	Nataraja: Clear		Moon 4 - Phase 4 - Prathama
Family Home Evening	Siddha Yoga			Moon – Orange		Devaloka Day	
Until 12:15AM Tue				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 30

Vrischika Rasi: 20.14 Tithi 17 - 18

272445479

Gulika 12:02PM - 1:40PM
Yama 8:47AM - 10:25AM
Rahu 3:17PM - 4:55PM

Jyeshtha* Until 9:31PM
Shiva Until 12:07PM
Taitila Until 6:14AM
Dvitiya Until 4:31PM

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 1
1st Phase

Routine Work Marana Yoga
Until 9:31PM
Then Creative Work - Amrita Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica
Sun 2 Sutra 31

Dhanus Rasi: 5.11 Tithi 18 - 19

282445479

Gulika 10:25AM - 12:02PM
Yama 7:10AM - 8:47AM
Rahu 12:02PM - 1:40PM

Mula* Until 7:07PM
Siddha Until 8:13AM
Bava Until 11:30PM
Tritiya Until 1:08PM

Ganesha: Blue *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 2
1st Phase

Routine Work Marana Yoga
Until 7:07PM
Then Creative Work - Amrita Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 32

Dhanus Rasi: 20.02 Tithi 19 - 20

282445479

Gulika 8:47AM - 10:25AM
Yama 5:32AM - 7:09AM
Rahu 1:40PM - 3:18PM

Purvashadha* Until 4:47PM
Subha Until 12:55AM Fri
Kaulava Until 8:26PM
Chaturthi* Until 9:55AM

Ganesha: Blue *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 3
1st Phase

Creative Work Siddha Yoga
Until 4:47PM
Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Kingston, Jamaica
Sun 4 Sutra 33

Makara Rasi: 4.41 Tithi 20 - 21

282445479

Gulika 7:09AM - 8:47AM
Yama 3:18PM - 4:56PM
Rahu 10:25AM - 12:03PM

Uttarashadha Until 2:40PM
Sukla Until 9:41PM
Vanija Until 4:31AM Sat
Panchami Until 7:01AM

Ganesha: Blue *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:32PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 4
1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saphtamyam Titau

Kingston, Jamaica
Sun 5 Sutra 34

Makara Rasi: 19.02 Tithi 22

292445479

Gulika 5:31AM - 7:09AM
Yama 1:40PM - 3:18PM
Rahu 8:47AM - 10:25AM

Shravana Until 1:17PM
Brahma Until 6:51PM
Visti Until 3:28PM
Saphtami Until 2:31AM Sun

Ganesha: Red *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:34PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 5
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 35

Kumbha Rasi: 3.02 Tithi 23

292445479

Gulika 3:18PM - 4:56PM
Yama 12:03PM - 1:41PM
Rahu 4:56PM - 6:34PM

Dhanishtha Until 12:17PM
Indra Until 4:29PM
Balava Until 1:45PM
Ashtami* Until 1:06AM Mon

Ganesha: Red *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:34PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 6
Ashtami

Routine Work Marana Yoga
Until 12:17PM
Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 36

Kumbha Rasi: 16.42 Tithi 24

293545479

Gulika 1:41PM - 3:19PM
Yama 10:25AM - 12:03PM
Rahu 7:09AM - 8:47AM

Shatabhishak Until 11:43AM
Vaidhriti* Until 2:34PM
Taitila Until 12:38PM
Navami* Until 12:16AM Tue

Ganesha: Red *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:35PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Moon 5 - Phase 5 - 7
Navami

Creative Work Siddha Yoga
Until 11:43AM
Then Routine Work - Marana Yoga

Devaloka Day

1		Tuesday, May 24, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkamba*/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 37	
Meena Rasi: 0.01	Tithi 25	Gulika	12:03PM – 1:41PM	Purvaproshtapada* Until 12:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM		Subhakra 5124	
		Yama	8:47AM – 10:25AM	Vishkamba* Until 1:09PM	Muruqa: White	<i>Sunset:</i> 6:35PM		Moon 5 - Phase 6 - 8	
		213545479 Rahu	3:19PM – 4:57PM	Vanija Until 12:06PM	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga			Dashami Until 12:02AM Wed	Moon – Clear			Devaloka Day	
Until 12:03PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

2		Wednesday, May 25, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 38	
Meena Rasi: 13.01	Tithi 26	Gulika	10:25AM – 12:03PM	Uttaraproshtapada Until 12:48PM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM		Subhakra 5124	
		Yama	7:09AM – 8:47AM	Priti Until 12:13PM	Muruqa: White	<i>Sunset:</i> 6:35PM		Moon 5 - Phase 6 - 9	
		313545479 Rahu	12:03PM – 1:41PM	Bava Until 12:10PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 12:23AM Thu	Moon – Clear			Sivaloka Day	
Until 12:48PM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

3		Thursday, May 26, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tatila Karana Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 39	
Meena Rasi: 25.45	Tithi 27	Gulika	8:47AM – 10:25AM	Revati Until 1:57PM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM		Subhakra 5124	
		Yama	5:30AM – 7:08AM	Ayushman Until 11:42AM	Muruqa: White	<i>Sunset:</i> 6:36PM		Moon 5 - Phase 6 - 10	
		313545479 Rahu	1:41PM – 3:19PM	Kaulava Until 12:47PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 1:17AM Fri	Moon – Clear			Sivaloka Day	
Until 1:57PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

4		Friday, May 27, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 40	
Mesha Rasi: 8.14	Tithi 28	Gulika	7:08AM – 8:47AM	Ashvini Until 3:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM		Subhakra 5124	
		Yama	3:20PM – 4:58PM	Saubhagya Until 11:35AM	Muruqa: White	<i>Sunset:</i> 6:36PM		Moon 5 - Phase 6 - 11	
		323545479 Rahu	10:25AM – 12:03PM	Gara Until 1:55PM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 2:39AM Sat	Moon – White			Devaloka Day	
Until 3:54PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, May 28, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 41	
Mesha Rasi: 20.31	Tithi 29	Gulika	5:30AM – 7:08AM	Bharani Until 6:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM		Subhakra 5124	
		Yama	1:42PM – 3:20PM	Sobhana Until 11:51AM	Muruqa: White	<i>Sunset:</i> 6:36PM		Moon 5 - Phase 6 - 12	
		323545479 Rahu	8:47AM – 10:25AM	Visti Until 3:30PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 4:25AM Sun	Moon – White			Devaloka Day	
Until 6:08PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

Retreat Star		Sunday, May 29, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 42	
Vrishabha Rasi: 2.38	Tithi 30	Gulika	3:20PM – 4:58PM	Krittika Until 8:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM		Subhakra 5124	
		Yama	12:03PM – 1:42PM	Athiganda* Until 12:22PM	Muruqa: White	<i>Sunset:</i> 6:37PM		Moon 5 - Phase 6 - 13	
		323545479 Rahu	4:58PM – 6:37PM	Catuspada Until 5:28PM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 6:32AM Mon	Moon – White			Devaloka Day	
					Vaisaka-Vaikasi				

Retreat Star		Monday, May 30, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 43	
Vrishabha Rasi: 14.37	Tithi 30 – 1	Gulika	1:42PM – 3:20PM	Rohini Until 11:33PM	Ganesha: Orange	<i>Sunrise:</i> 5:30AM		Subhakra 5124	
Family Home Evening		Yama	10:25AM – 12:03PM	Sukarma Until 1:09PM	Muruqa: White	<i>Sunset:</i> 6:37PM		Moon 5 - Phase 6 - 14	
		333545479 Rahu	7:08AM – 8:47AM	Kintughna Until 7:42PM	Nataraja: Clear			Prathama	
Creative Work	Amrita Yoga			Amavasya* Until 6:32AM	Moon – Yellow			Devaloka Day	
					Jyeshtha-Vaikasi				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


1		Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhruti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 44	
Vrishabha Rasi: 26.31 Tithi 1 – 2		333545479		Gulika 12:04PM – 1:42PM Yama 8:47AM – 10:25AM Rahu 3:21PM – 4:59PM	Mrigashira Until 2:33AM Wed Dhruti Until 2:06PM Balava Until 10:07PM Prathama* Until 8:52AM	Ganesha: Orange <i>Sunrise:</i> 5:30AM Muruqa: White <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 15 3rd Phase Devaloka Day
Creative Work Siddha Yoga							
2		Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 45	
Mithuna Rasi: 8.22 Tithi 2 – 3		333545479		Gulika 10:25AM – 12:04PM Yama 7:08AM – 8:47AM Rahu 12:04PM – 1:42PM	Ardra Until 5:25AM Thu Shula* Until 3:05PM Taitila Until 12:36AM Thu Dvitiya Until 11:20AM	Ganesha: Orange <i>Sunrise:</i> 5:30AM Muruqa: White <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 16 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 5:25AM Thu Then Creative Work - Amrita Yoga							
3		Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kingston, Jamaica Sun 17 Sutra 46	
Mithuna Rasi: 20.11 Tithi 3 – 4		343555479		Gulika 8:47AM – 10:25AM Yama 5:30AM – 7:08AM Rahu 1:43PM – 3:21PM	Punarvasu Until 8:35AM Fri Ganda* Until 4:06PM Vanija Until 3:03AM Fri Tritiya Until 1:49PM	Ganesha: Clear <i>Sunrise:</i> 5:30AM Muruqa: Green <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 17 3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 8:35AM Fri Then Routine Work - Marana Yoga							
4		Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 47	
Kataka Rasi: 2.02 Tithi 4 – 5		343555479		Gulika 7:08AM – 8:47AM Yama 3:21PM – 5:00PM Rahu 10:25AM – 12:04PM	Punarvasu Until 8:35AM Vridhi Until 5:03PM Bava Until 5:20AM Sat Chaturthi* Until 4:12PM	Ganesha: Clear <i>Sunrise:</i> 5:30AM Muruqa: Green <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 18 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 8:35AM Then Routine Work - Marana Yoga							
5		Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 19 Sutra 48	
Kataka Rasi: 13.58 Tithi 5		343555479		Gulika 5:29AM – 7:08AM Yama 1:43PM – 3:22PM Rahu 8:47AM – 10:26AM	Pushya Until 11:23AM Dhruva Until 5:47PM Balava Until 6:21PM Panchami Until 6:21PM	Ganesha: Clear <i>Sunrise:</i> 5:29AM Muruqa: Green <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 19 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 11:23AM Then Routine Work - Marana Yoga							
6		Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Kingston, Jamaica Sun 20 Sutra 49	
Kataka Rasi: 26.01 Tithi 6		343555471		Gulika 3:22PM – 5:01PM Yama 12:04PM – 1:43PM Rahu 5:01PM – 6:39PM	Ashlesha* Until 1:42PM Vyaghata* Until 6:15PM Kaulava Until 7:19AM Shashthi* Until 8:08PM	Ganesha: Clear <i>Sunrise:</i> 5:29AM Muruqa: Green <i>Sunset:</i> 6:39PM Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 20 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 1:42PM Then Routine Work - Marana Yoga							
Monday, June 6, 2022		Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Kingston, Jamaica Sun 21 Sutra 50	
Simha Rasi: 8.13 Tithi 7		354555471		Gulika 1:43PM – 3:22PM Yama 10:26AM – 12:05PM Rahu 7:08AM – 8:47AM	Magha* Until 3:53PM Harshana Until 6:21PM Gara Until 8:51AM Saptami Until 9:23PM	Ganesha: Clear <i>Sunrise:</i> 5:29AM Muruqa: Green <i>Sunset:</i> 6:40PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 21 3rd Phase Devaloka Day
Family Home Evening Routine Work Marana Yoga Until 3:53PM Then Creative Work - Siddha Yoga							
Tuesday, June 7, 2022		Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 22 Sutra 51	
Simha Rasi: 20.41 Tithi 8		354555471		Gulika 12:05PM – 1:44PM Yama 8:47AM – 10:26AM Rahu 3:22PM – 5:01PM	Purvaphalguni Until 5:18PM Vajra* Until 5:55PM Visti Until 9:48AM Ashtami* Until 10:00PM	Ganesha: Clear <i>Sunrise:</i> 5:30AM Muruqa: Green <i>Sunset:</i> 6:40PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 22 Ashtami Devaloka Day
Creative Work Siddha Yoga Until 5:18PM Then Creative Work - Amrita Yoga							
Wednesday, June 8, 2022		Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau		Kingston, Jamaica Sun 23 Sutra 52	
Kanya Rasi: 3.28 Tithi 9		354555471		Gulika 10:26AM – 12:05PM Yama 7:08AM – 8:47AM Rahu 12:05PM – 1:44PM	Uttaraphalguni Until 5:51PM Siddhi Until 4:55PM Balava Until 10:03AM Navami* Until 9:51PM	Ganesha: Clear <i>Sunrise:</i> 5:30AM Muruqa: Green <i>Sunset:</i> 6:40PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 23 Navami Devaloka Day
Creative Work Amrita Yoga Until 5:51PM Then Routine Work - Marana Yoga							

<h1>1</h1>	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 24
	Kanya Rasi: 16.37	Tithi 10	Gulika 8:47AM – 10:26AM	Hasta Until 5:55PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
			Yama 5:30AM – 7:09AM	Vyatipata* Until 3:19PM	Muruqa: Green	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8 - 24
		364555471	Rahu 1:44PM – 3:23PM	Taitila Until 9:31AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga Until 5:55PM Then Creative Work - Siddha Yoga			Dashami Until 8:56PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

<h1>2</h1>	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kingston, Jamaica Sun 25
	Tula Rasi: 0.13	Tithi 11	Gulika 7:09AM – 8:48AM	Chitra Until 5:05PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
			Yama 3:23PM – 5:02PM	Variyan Until 1:03PM	Muruqa: Green	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8 - 25
		364555471	Rahu 10:26AM – 12:05PM	Vanija Until 8:12AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 7:14PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

<h1>3</h1>	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 26
	Tula Rasi: 14.17	Tithi 12 – 13	Gulika 5:30AM – 7:09AM	Svati Until 3:24PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
			Yama 1:44PM – 3:23PM	Parigha* Until 10:13AM	Muruqa: Green	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 8 - 26
		364555471	Rahu 8:48AM – 10:27AM	Bava Until 6:08AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 4:51PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
<i>Pradosha Vrata</i>							

<h1>4</h1>	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 27
	Tula Rasi: 28.46	Tithi 13 – 14	Gulika 3:24PM – 5:03PM	Vishakha Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
			Yama 12:06PM – 1:45PM	Shiva Until 6:53AM	Muruqa: Green	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8 - 27
		374555471	Rahu 5:03PM – 6:42PM	Gara Until 12:15AM Mon	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Trayodashi Until 1:53PM	Moon – Orange	Devaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sun 28
	Copper Retreat Star		Gulika 1:45PM – 3:24PM	Anuradha Until 10:50AM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
	Vrischika Rasi: 13.37	Tithi 14 – 15	Yama 10:27AM – 12:06PM	Sadhya Until 11:06PM	Muruqa: Green	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8 - Purnima
	Family Home Evening		374555471 Rahu 7:09AM – 8:48AM	Visti Until 8:42PM	Nataraja: Yellow		
Creative Work Siddha Yoga			Chaturdashi* Until 10:30AM	Moon – Orange	Devaloka Day		
				Jyeshtha-Vaikasi			

<h1>5</h1>	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sun 29
	Silver Retreat Star		Gulika 12:06PM – 1:45PM	Jyeshtha* Until 7:52AM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
	Vrischika Rasi: 28.44	Tithi 15 – 16	Yama 8:48AM – 10:27AM	Subha Until 6:57PM	Muruqa: Green	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 8 - Prathama
			374555471 Rahu 3:24PM – 5:03PM	Kaulava Until 3:02AM Wed	Nataraja: Yellow		
Routine Work Marana Yoga Until 7:52AM Then Creative Work - Amrita Yoga			Purnima* Until 6:49AM	Moon – Orange	Devaloka Day		
				Jyeshtha-Vaikasi			



Wednesday, June 15, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sutra 59

Subhakarit 5124

Dhanus Rasi: 13.56 Tithi 17

384555471

Gulika 10:27AM – 12:06PM
Yama 7:09AM – 8:48AM
Rahu 12:06PM – 1:45PM

Purvashadha* Until 2:08AM Thu
Sukla Until 2:44PM
Taitila Until 1:09PM
Dvitiya Until 11:17PM

Ganesha: Blue *Sunrise: 5:30AM*
Muruqa: Green *Sunset: 6:42PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 -
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

1

Thursday, June 16, 2022

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trityayam Titau

Kingston, Jamaica

Sun 1

Sutra 60

Subhakarit 5124

Dhanus Rasi: 29.05 Tithi 18

384555471

Gulika 8:48AM – 10:28AM
Yama 5:30AM – 7:09AM
Rahu 1:46PM – 3:25PM

Uttarashadha Until 11:21PM
Brahma Until 10:40AM
Vanija Until 9:30AM
Tritiya Until 7:45PM

Ganesha: Blue *Sunrise: 5:30AM*
Muruqa: Green *Sunset: 6:43PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 -
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

2

Friday, June 17, 2022

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 2

Sutra 61

Subhakarit 5124

Makara Rasi: 14.01 Tithi 19 – 20

394555471

Gulika 7:10AM – 8:49AM
Yama 3:25PM – 5:04PM
Rahu 10:28AM – 12:07PM

Shravana Until 9:13PM
Indra Until 6:51AM
Bava Until 6:07AM
Chaturthi* Until 4:34PM

Ganesha: Red *Sunrise: 5:31AM*
Muruqa: Green *Sunset: 6:43PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 -
2nd Phase

Devaloka Day

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

3

Saturday, June 18, 2022

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 3

Sutra 62

Subhakarit 5124

Makara Rasi: 28.37 Tithi 20 – 21

394655471

Gulika 5:31AM – 7:10AM
Yama 1:46PM – 3:25PM
Rahu 8:49AM – 10:28AM

Dhanishtha Until 7:29PM
Vishkambha* Until 12:24AM Sun
Gara Until 12:49AM Sun
Panchami Until 1:54PM

Ganesha: Blue *Sunrise: 5:31AM*
Muruqa: Green *Sunset: 6:43PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 -
3rd Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

4

Sunday, June 19, 2022

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 4

Sutra 63

Subhakarit 5124

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

Gulika 3:25PM – 5:04PM
Yama 12:07PM – 1:46PM
Rahu 5:04PM – 6:44PM

Shatabhishak Until 6:16PM
Priti Until 10:00PM
Visti Until 11:08PM
Shashthi* Until 11:52AM

Ganesha: Red *Sunrise: 5:31AM*
Muruqa: Green *Sunset: 6:44PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 -
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Father's Day

D

Monday, June 20, 2022

Retreat Star

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 5

Sutra 64

Subhakarit 5124

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

Gulika 1:47PM – 3:26PM
Yama 10:28AM – 12:07PM
Rahu 7:10AM – 8:49AM

Purvaproshtapada* Until 6:05PM
Ayushman Until 8:10PM
Balava Until 10:12PM
Saptami Until 10:33AM

Ganesha: Clear *Sunrise: 5:31AM*
Muruqa: Green *Sunset: 6:44PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 -
5th Phase

Devaloka Day

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 6

Sutra 65

Subhakarit 5124

Meena Rasi: 9.52 Tithi 23 – 24

315655471

Gulika 12:08PM – 1:47PM
Yama 8:49AM – 10:29AM
Rahu 3:26PM – 5:05PM

Uttaraproshtapada Until 6:32PM
Saubhagya Until 6:59PM
Taitila Until 10:03PM
Ashtami* Until 10:01AM

Ganesha: Clear *Sunrise: 5:31AM*
Muruqa: Green *Sunset: 6:44PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 -
6th Phase

Devaloka Day

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

! times are standard time. Calculated for Kingston, Jamaica on 5/1/

www.gurudeva.org/panchang

1	Wednesday, June 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 7 Sutra 66
	Meena Rasi: 22.47	Tithi 24 – 25	Gulika 10:29AM – 12:08PM Yama 7:11AM – 8:50AM Rahu 12:08PM – 1:47PM	Revati Until 7:32PM Sobhana Until 6:24PM Vanija Until 10:38PM Navami* Until 10:14AM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Clear	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:44PM	Subhakarit 5124 Moon 6 - Phase 10 - 7 2nd Phase Devaloka Day
	Routine Work	Marana Yoga	325655471		Jyeshtha-Ani		


2	Thursday, June 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 8 Sutra 67
	Mesha Rasi: 5.2	Tithi 25 – 26	Gulika 8:50AM – 10:29AM Yama 5:32AM – 7:11AM Rahu 1:47PM – 3:26PM	Ashvini Until 9:31PM Athiganda* Until 6:19PM Bava Until 11:53PM Dashami Until 11:10AM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:44PM	Subhakarit 5124 Moon 6 - Phase 10 - 8 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Creative Work	Amrita Yoga	325655471		Jyeshtha-Ani		


3	Friday, June 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 9 Sutra 68
	Mesha Rasi: 17.38	Tithi 26 – 27	Gulika 7:11AM – 8:50AM Yama 3:26PM – 5:05PM Rahu 10:29AM – 12:08PM	Bharani Until 11:52PM Sukarma Until 6:41PM Kaulava Until 1:39AM Sat Ekadashi* Until 12:41PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:45PM	Subhakarit 5124 Moon 6 - Phase 10 - 9 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Creative Work	Siddha Yoga	325655471		Jyeshtha-Ani		

4	Saturday, June 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 10 Sutra 69
	Mesha Rasi: 29.44	Tithi 27 – 28	Gulika 5:32AM – 7:11AM Yama 1:48PM – 3:27PM Rahu 8:50AM – 10:29AM	Krittika Until 2:25AM Sun Dhriti Until 7:23PM Gara Until 3:48AM Sun Dvadashi* Until 2:40PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:45PM	Subhakarit 5124 Moon 6 - Phase 10 - 10 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Creative Work	Amrita Yoga	325655471		Jyeshtha-Ani		<i>Pradosha Vrata (Fasting)</i>

5	Sunday, June 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 11 Sutra 70
	Vrishabha Rasi: 11.41	Tithi 28 – 29	Gulika 3:27PM – 5:06PM Yama 12:09PM – 1:48PM Rahu 5:06PM – 6:45PM	Rohini Until 5:33AM Mon Shula* Until 8:17PM Visti Until 6:11AM Mon Trayodashi* Until 4:57PM	Ganesha: Light Blue Muruqa: Green Nataraja: Yellow Moon – Yellow	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 6:45PM	Subhakarit 5124 Moon 6 - Phase 10 - 11 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Creative Work	Siddha Yoga	335655471		Jyeshtha-Ani		

6	Monday, June 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 71
	Vrishabha Rasi: 23.32	Tithi 29	Gulika 1:48PM – 3:27PM Yama 10:30AM – 12:09PM Rahu 7:12AM – 8:51AM	Mrigashira Until 8:37AM Tue Ganda* Until 9:18PM Visti Until 6:11AM Chaturdashi* Until 7:25PM	Ganesha: Light Blue Muruqa: Green Nataraja: Yellow Moon – Yellow	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 6:45PM	Subhakarit 5124 Moon 6 - Phase 10 - 12 2nd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Family Home Evening	Amrita Yoga	335655471		Jyeshtha-Ani		

	Tuesday, June 28, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 13 Sutra 72
	Retreat Star		Gulika 12:09PM – 1:48PM Yama 8:51AM – 10:30AM Rahu 3:27PM – 5:06PM	Mrigashira Until 8:37AM Vriddhi Until 10:22PM Catuspada Until 8:41AM Amavasya* Until 9:55PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 6:45PM	Subhakarit 5124 Moon 6 - Phase 10 - 13 Amavasya Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Mithuna Rasi: 5.22	Tithi 30	336655471		Jyeshtha-Ani		

	Wednesday, June 29, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 73
	Retreat Star		Gulika 10:30AM – 12:09PM Yama 7:12AM – 8:51AM Rahu 12:09PM – 1:48PM	Ardra Until 11:30AM Dhruva Until 11:22PM Kintughna Until 11:10AM Prathama* Until 12:22AM Thu	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 6:45PM	Subhakarit 5124 Moon 6 - Phase 10 - 14 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Mithuna Rasi: 17.11	Tithi 1	336655471		Ashada-Ani		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 74	
Mithuna Rasi: 29.03	Tithi 2	Gulika 8:52AM – 10:31AM	Punarvasu Until 2:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:34AM	Subhakrit 5124	
		Yama 5:34AM – 7:13AM	Vyaghata* Until 12:16AM Fri	Muruga: Green	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 11 - 15	
Creative Work	Amrita Yoga	346655471 Rahu 1:48PM – 3:27PM	Balava Until 1:34PM	Nataraja: Yellow		3rd Phase	
			Dvitiya Until 2:41AM Fri	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 75	
Kataka Rasi: 10.58	Tithi 3	Gulika 7:13AM – 8:52AM	Pushya Until 5:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:34AM	Subhakrit 5124	
		Yama 3:28PM – 5:07PM	Harshana Until 1:02AM Sat	Muruga: Green	<i>Sunset:</i> 6:45PM	Moon 6 - Phase 11 - 16	
Routine Work	Marana Yoga	346655471 Rahu 10:31AM – 12:10PM	Taitila Until 3:47PM	Nataraja: Yellow		3rd Phase	
			Tritiya Until 4:47AM Sat	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau		Kingston, Jamaica Sun 17 Sutra 76	
Kataka Rasi: 22.57	Tithi 4	Gulika 5:34AM – 7:13AM	Ashlesha* Until 7:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:34AM	Subhakrit 5124	
		Yama 1:49PM – 3:28PM	Vajra* Until 1:34AM Sun	Muruga: Green	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11 - 17	
Routine Work	Marana Yoga	346655471 Rahu 8:52AM – 10:31AM	Vanija Until 5:45PM	Nataraja: Yellow		3rd Phase	
Until 7:49PM			Chaturthi* Until 6:36AM Sun	Moon – Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 77	
Simha Rasi: 5.04	Tithi 4 – 5	Gulika 3:28PM – 5:07PM	Magha* Until 10:12PM	Ganesha: Orange	<i>Sunrise:</i> 5:35AM	Subhakrit 5124	
		Yama 12:10PM – 1:49PM	Siddhi Until 1:50AM Mon	Muruga: Green	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11 - 18	
Routine Work	Marana Yoga	356655471 Rahu 5:07PM – 6:46PM	Bava Until 7:23PM	Nataraja: Yellow		3rd Phase	
Until 10:12PM			Chaturthi* Until 6:36AM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kingston, Jamaica Sun 19 Sutra 78	
Simha Rasi: 17.2	Tithi 5 – 6	Gulika 1:49PM – 3:28PM	Purvaphalguni Until 11:59PM	Ganesha: Orange	<i>Sunrise:</i> 5:35AM	Subhakrit 5124	
Family Home Evening		Yama 10:31AM – 12:10PM	Vyatipata* Until 1:45AM Tue	Muruga: Green	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11 - 19	
Creative Work	Siddha Yoga	356655471 Rahu 7:14AM – 8:53AM	Kaulava Until 8:35PM	Nataraja: Yellow		3rd Phase	
			Panchami Until 8:02AM	Moon – Red		Devaloka Day	
				Ashada*Ani			

6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Kingston, Jamaica Sun 20 Sutra 79	
Simha Rasi: 29.48	Tithi 6 – 7	Gulika 12:10PM – 1:49PM	Uttaraphalguni Until 1:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:35AM	Subhakrit 5124	
		Yama 8:53AM – 10:32AM	Variyan Until 1:12AM Wed	Muruga: Green	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11 - 20	
Creative Work	Amrita Yoga	356655471 Rahu 3:28PM – 5:07PM	Gara Until 9:15PM	Nataraja: Yellow		3rd Phase	
Until 1:04AM Wed			Shashthi* Until 8:58AM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 80	
Kanya Rasi: 12.32	Tithi 7 – 8	Gulika 10:32AM – 12:11PM	Hasta Until 1:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Subhakrit 5124	
		Yama 7:14AM – 8:53AM	Parigha* Until 12:08AM Thu	Muruga: Green	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11 - 21	
Routine Work	Marana Yoga	467655471 Rahu 12:11PM – 1:49PM	Visti Until 9:16PM	Nataraja: Yellow		Ashtami	
Until 1:50AM Thu			Saptami Until 9:19AM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 81	
Kanya Rasi: 25.37	Tithi 8 – 9	Gulika 8:53AM – 10:32AM	Chitra Until 1:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	Subhakrit 5124	
		Yama 5:36AM – 7:15AM	Shiva Until 10:31PM	Muruga: Green	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 11 - 22	
Creative Work	Siddha Yoga	467655471 Rahu 1:49PM – 3:28PM	Balava Until 8:33PM	Nataraja: Yellow		Navami	
			Ashtami* Until 8:59AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Friday, July 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 82
	Tula Rasi: 9.05 Tithi 9 – 10	Gulika 7:15AM – 8:54AM	Svati Until 12:43AM Sat	Ganesha: Clear Sunrise: 5:36AM	Subhakrit 5124	
	467655471 Rahu 10:32AM – 12:11PM	Yama 3:28PM – 5:07PM	Siddha Until 8:16PM	Muruga: Green Sunset: 6:46PM	Moon 6 - Phase 12 - 23	
	Creative Work Siddha Yoga		Taitila Until 7:07PM	Nataraja: Yellow	4th Phase	
		Navami* Until 7:55AM	Moon – Green	Devaloka Day		
			Ashada*Ani			

2	Saturday, July 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 83
	Tula Rasi: 23 Tithi 10 – 11	Gulika 5:36AM – 7:15AM	Vishakha Until 11:20PM	Ganesha: White Sunrise: 5:36AM	Subhakrit 5124	
	477655471 Rahu 8:54AM – 10:32AM	Yama 1:50PM – 3:28PM	Sadhya Until 5:27PM	Muruga: Green Sunset: 6:46PM	Moon 6 - Phase 12 - 24	
	Creative Work Siddha Yoga		Visti Until 3:39AM Sun	Nataraja: Yellow	4th Phase	
		Dashami Until 6:07AM	Moon – Orange	Bhuloka Day		
			Ashada*Ani	Devaloka Time: 6:PM to 9:PM		

3	Sunday, July 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 84
	Vrischika Rasi: 7.21 Tithi 12	Gulika 3:28PM – 5:07PM	Anuradha Until 9:13PM	Ganesha: White Sunrise: 5:37AM	Subhakrit 5124	
	477655471 Rahu 5:07PM – 6:46PM	Yama 12:11PM – 1:50PM	Subha Until 2:09PM	Muruga: Green Sunset: 6:46PM	Moon 6 - Phase 12 - 25	
	Routine Work Marana Yoga		Bava Until 2:13PM	Nataraja: Yellow	4th Phase	
		Dvadashi Until 12:37AM Mon	Moon – Orange	Bhuloka Day		
			Ashada*Ani	Devaloka Time: 6:PM to 9:PM		

4	Monday, July 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 85
	Vrischika Rasi: 22.05 Tithi 13	Gulika 1:50PM – 3:28PM	Jyeshtha* Until 6:31PM	Ganesha: White Sunrise: 5:37AM	Subhakrit 5124	
	477655471 Rahu 7:16AM – 8:54AM	Yama 10:33AM – 12:11PM	Sukla Until 10:24AM	Muruga: Green Sunset: 6:45PM	Moon 6 - Phase 12 - 26	
	Family Home Evening Creative Work Siddha Yoga		Kaulava Until 10:57AM	Nataraja: Yellow	4th Phase	
		Trayodashi Until 9:10PM	Moon – Orange	Bhuloka Day		
			Ashada*Ani	Devaloka Time: 6:PM to 9:PM		
			<i>Pradosha Vrata</i>			

5	Tuesday, July 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sun 27 Sutra 86
	Dhanus Rasi: 7.08 Tithi 14 – 15	Gulika 12:11PM – 1:50PM	Mula* Until 3:46PM	Ganesha: White Sunrise: 5:38AM	Subhakrit 5124	
	488655471 Rahu 3:28PM – 5:07PM	Yama 8:54AM – 10:33AM	Brahma Until 6:22AM	Muruga: Green Sunset: 6:45PM	Moon 6 - Phase 12 - 27	
	Creative Work Amrita Yoga Until 3:46PM Then Creative Work - Siddha Yoga		Gara Until 7:20AM	Nataraja: Yellow	4th Phase	
		Chaturdashi* Until 5:26PM	Moon – Light Blue	Sivaloka Day		
			Ashada*Ani			

○	Wednesday, July 13, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 87
	Copper Retreat Star	Gulika 10:33AM – 12:12PM	Purvashadha* Until 12:46PM	Ganesha: Yellow Sunrise: 5:38AM	Subhakrit 5124	
	Dhanus Rasi: 22.22 Tithi 15 – 16	Yama 7:16AM – 8:55AM	Vaidhriti* Until 9:55PM	Muruga: Green Sunset: 6:45PM	Moon 6 - Phase 12 - Purnima	
	488755471 Rahu 12:12PM – 1:50PM		Balava Until 11:41PM	Nataraja: Yellow		
Creative Work Amrita Yoga		Purnima* Until 1:35PM	Moon – Light Blue	Devaloka Day		
		Satguru Purnima	Ashada*Ani			

○	Thursday, July 14, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica Sutra 88
	Silver Retreat Star	Gulika 8:55AM – 10:33AM	Uttarashadha Until 9:40AM	Ganesha: Yellow Sunrise: 5:38AM	Subhakrit 5124	
	Makara Rasi: 7.35 Tithi 16 – 17	Yama 5:38AM – 7:17AM	Vishkambha* Until 5:47PM	Muruga: Green Sunset: 6:45PM	Moon 6 - Phase 12 - Prathama	
	488755471 Rahu 1:50PM – 3:28PM		Taitila Until 7:59PM	Nataraja: Yellow		
Routine Work Marana Yoga Until 9:40AM Then Creative Work - Siddha Yoga		Prathama* Until 9:47AM	Moon – Light Blue	Devaloka Day		
			Ashada*Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 89

Makara Rasi: 22.4 Tithi 17 - 18

Gulika 7:17AM - 8:55AM
Yama 3:28PM - 5:07PM
498755471 Rahu 10:33AM - 12:12PM

Shravana Until 7:04AM
Priti Until 1:54PM
Visti Until 3:02AM Sat
Dvitiya Until 6:13AM

Ganesha: Blue Sunrise: 5:39AM
Muruga: Green Sunset: 6:45PM
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Kingston, Jamaica
Sun 2 Sutra 90

Kumbha Rasi: 7.25 Tithi 19

Gulika 5:39AM - 7:17AM
Yama 1:50PM - 3:28PM
498755471 Rahu 8:55AM - 10:34AM

Shatabhishak Until 2:50AM Sun
Ayushman Until 10:22AM
Bava Until 1:40PM
Chaturthi* Until 12:25AM Sun

Ganesha: Blue Sunrise: 5:39AM
Muruga: Green Sunset: 6:45PM
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 2:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 91

Kumbha Rasi: 21.46 Tithi 20

Gulika 3:28PM - 5:07PM
Yama 12:12PM - 1:50PM
418755472 Rahu 5:07PM - 6:45PM

Purvaproshtapada* Until 1:56AM Mon
Saubhagya Until 7:22AM
Kaulava Until 11:22AM
Panchami Until 10:29PM

Ganesha: White Sunrise: 5:39AM
Muruga: Green Sunset: 6:45PM
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica
Sun 4 Sutra 92

Meena Rasi: 5.38 Tithi 21

Gulika 1:50PM - 3:28PM
Yama 10:34AM - 12:12PM
418755472 Rahu 7:18AM - 8:56AM

Uttaraproshtapada Until 1:42AM Tue
Athiganda* Until 3:13AM Tue
Gara Until 9:50AM
Shashthi* Until 9:22PM

Ganesha: White Sunrise: 5:40AM
Muruga: Green Sunset: 6:45PM
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Kingston, Jamaica
Sun 5 Sutra 93

Meena Rasi: 19.01 Tithi 22

Gulika 12:12PM - 1:50PM
Yama 8:56AM - 10:34AM
419755472 Rahu 3:28PM - 5:06PM

Revati Until 2:10AM Wed
Sukarma Until 2:11AM Wed
Visti Until 9:09AM
Saptami Until 9:06PM

Ganesha: Clear Sunrise: 5:40AM
Muruga: Green Sunset: 6:44PM
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 2:10AM Wed
Then Routine Work - Marana Yoga

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 94

Mesha Rasi: 1.56 Tithi 23

Gulika 10:34AM - 12:12PM
Yama 7:18AM - 8:56AM
429755472 Rahu 12:12PM - 1:50PM

Ashvini Until 3:46AM Thu
Dhriti Until 1:49AM Thu
Balava Until 9:19AM
Ashtami* Until 9:42PM

Ganesha: Purple Sunrise: 5:40AM
Muruga: Green Sunset: 6:44PM
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 3:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 95

Mesha Rasi: 14.28 Tithi 24

Gulika 8:56AM - 10:34AM
Yama 5:41AM - 7:19AM
429755472 Rahu 1:50PM - 3:28PM

Bharani Until 5:54AM Fri
Shula* Until 1:59AM Fri
Taitila Until 10:19AM
Navami* Until 11:03PM

Ganesha: Purple Sunrise: 5:41AM
Muruga: Green Sunset: 6:44PM
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga


1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 96	
Mesha Rasi: 26.42	Tithi 25	Gulika 7:19AM – 8:57AM	Krittika Until 8:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	Subhakrit 5124	
		Yama 3:28PM – 5:06PM	Ganda* Until 2:37AM Sat	Muruqa: Green	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 14 - 8	
		429755472 Rahu 10:34AM – 12:12PM	Vanija Until 11:59AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 12:59AM Sat	Moon – White		Devaloka Day	
Until 8:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 97	
Virshabha Rasi: 8.43	Tithi 26	Gulika 5:41AM – 7:19AM	Krittika Until 8:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	Subhakrit 5124	
		Yama 1:50PM – 3:28PM	Vriddhi Until 3:32AM Sun	Muruqa: Green	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 14 - 9	
		429755472 Rahu 8:57AM – 10:35AM	Bava Until 2:08PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 3:18AM Sun	Moon – White		Devaloka Day	
				Ashada*Adi			

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 98	
Virshabha Rasi: 20.35	Tithi 27	Gulika 3:28PM – 5:05PM	Rohini Until 11:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Subhakrit 5124	
		Yama 12:12PM – 1:50PM	Dhruva Until 4:34AM Mon	Muruqa: Green	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 14 - 10	
		439755472 Rahu 5:05PM – 6:43PM	Kaulava Until 4:34PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 5:49AM Mon	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 99	
Mithuna Rasi: 2.25	Tithi 28	Gulika 1:50PM – 3:28PM	Mrigashira Until 2:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Subhakrit 5124	
Family Home Evening		Yama 10:35AM – 12:12PM	Vyaghata* Until 5:38AM Tue	Muruqa: Green	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 Rahu 7:20AM – 8:57AM	Gara Until 7:06PM	Nataraja: White		2nd Phase	
Until 2:37PM			Trayodashi* Until 8:20AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				Pradosha Vrata (Fasting)			

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 100	
Mithuna Rasi: 14.14	Tithi 28 – 29	Gulika 12:12PM – 1:50PM	Ardra Until 5:30PM	Ganesha: Red	<i>Sunrise:</i> 5:42AM	Subhakrit 5124	
		Yama 8:57AM – 10:35AM	Harshana Until 6:37AM Wed	Muruqa: Green	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 14 - 12	
		431755472 Rahu 3:27PM – 5:05PM	Visti Until 9:34PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 8:20AM	Moon – Yellow		Bhuloka Day	
Until 5:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 101	
Retreat Star		Gulika 10:35AM – 12:12PM	Punarvasu Until 8:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Subhakrit 5124	
Mithuna Rasi: 26.05	Tithi 29 – 30	Yama 7:20AM – 8:57AM	Harshana Until 6:37AM	Muruqa: Green	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 14 - 13	
		441755472 Rahu 12:12PM – 1:50PM	Catuspada Until 11:52PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:44AM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

Thursdays, July 28, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 102	
Kataka Rasi: 8.01	Tithi 30 – 1	Gulika 8:58AM – 10:35AM	Pushya Until 11:16PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Subhakrit 5124	
		Yama 5:43AM – 7:20AM	Vajra* Until 7:26AM	Muruqa: Green	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 14 - 14	
		441755472 Rahu 1:50PM – 3:27PM	Kintughna Until 1:57AM Fri	Nataraja: White		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 12:55PM	Moon – Blue		Bhuloka Day	
Until 11:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Friday, July 29, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica
	Kataka Rasi: 20.02	Tithi 1 – 2	Gulika 7:21AM – 8:58AM Yama 3:27PM – 5:04PM 441755472 Rahu 10:35AM – 12:12PM	Ashlesha* Until 1:31AM Sat Siddhi Until 8:04AM Balava Until 3:44AM Sat Prathama* Until 2:51PM	Ganesha: Yellow Muruqa: Green Nataraja: White Moon – Blue	Sunrise: 5:43AM Sunset: 6:41PM	Sun 15 Sutra 103 Subhakarit 5124 Moon 7 - Phase 15 - 15 3rd Phase
Routine Work Marana Yoga Until 1:31AM Sat Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM			

2	Saturday, July 30, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica
	Simha Rasi: 2.11	Tithi 2 – 3	Gulika 5:44AM – 7:21AM Yama 1:49PM – 3:27PM 451755472 Rahu 8:58AM – 10:35AM	Magha* Until 3:48AM Sun Vyatipata* Until 8:30AM Taitila Until 5:12AM Sun Dvitiya Until 4:29PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:44AM Sunset: 6:41PM	Sun 16 Sutra 104 Subhakarit 5124 Moon 7 - Phase 15 - 16 3rd Phase
Creative Work Amrita Yoga Until 3:48AM Sun Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM			

3	Sunday, July 31, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Kingston, Jamaica
	Simha Rasi: 14.27	Tithi 3 – 4	Gulika 3:26PM – 5:03PM Yama 12:12PM – 1:49PM 451755472 Rahu 5:03PM – 6:40PM	Purvaphalguni Until 5:35AM Mon Variyan Until 8:39AM Vanija Until 6:19AM Mon Tritiya Until 5:47PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:44AM Sunset: 6:40PM	Sun 17 Sutra 105 Subhakarit 5124 Moon 7 - Phase 15 - 17 3rd Phase
Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM			

4	Monday, August 1, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Kingston, Jamaica
	Simha Rasi: 26.52	Tithi 4	Gulika 1:49PM – 3:26PM Yama 10:35AM – 12:12PM 451755472 Rahu 7:21AM – 8:58AM	Uttaraphalguni Until 6:48AM Tue Parigha* Until 8:32AM Vanija Until 6:19AM Chaturthi* Until 6:43PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:44AM Sunset: 6:40PM	Sun 18 Sutra 106 Subhakarit 5124 Moon 7 - Phase 15 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 9:AM to12:PM			

5	Tuesday, August 2, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica
	Kanya Rasi: 9.29	Tithi 5	Gulika 12:12PM – 1:49PM Yama 8:58AM – 10:35AM 451755472 Rahu 3:26PM – 5:03PM	Uttaraphalguni Until 6:48AM Shiva Until 8:06AM Bava Until 7:02AM Panchami Until 7:12PM	Ganesha: Red Muruqa: Green Nataraja: White Moon – Red	Sunrise: 5:45AM Sunset: 6:40PM	Sun 19 Sutra 107 Subhakarit 5124 Moon 7 - Phase 15 - 19 3rd Phase
Creative Work Amrita Yoga Until 6:48AM Then Creative Work - Siddha Yoga		Nag Panchami		Bhuloka Day Devaloka Time: 9:AM to12:PM			

6	Wednesday, August 3, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica
	Kanya Rasi: 22.18	Tithi 6	Gulika 10:35AM – 12:12PM Yama 7:22AM – 8:58AM 461755472 Rahu 12:12PM – 1:49PM	Hasta Until 7:53AM Siddha Until 7:17AM Kaulava Until 7:17AM Shashthi* Until 7:11PM	Ganesha: Blue Muruqa: Green Nataraja: White Moon – Green	Sunrise: 5:45AM Sunset: 6:39PM	Sun 20 Sutra 108 Subhakarit 5124 Moon 7 - Phase 15 - 20 3rd Phase
Routine Work Marana Yoga Until 7:53AM Then Creative Work - Siddha Yoga				Devaloka Day			

	Thursday, August 4, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica
	Tula Rasi: 5.23	Tithi 7	Gulika 8:59AM – 10:35AM Yama 5:45AM – 7:22AM 461765472 Rahu 1:49PM – 3:25PM	Chitra Until 8:17AM Sadhya Until 6:03AM Gara Until 7:00AM Saptami Until 6:37PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Green	Sunrise: 5:45AM Sunset: 6:39PM	Sun 21 Sutra 109 Subhakarit 5124 Moon 7 - Phase 15 - 21 3rd Phase
Creative Work Siddha Yoga Until 8:17AM Then Creative Work - Amrita Yoga				Devaloka Day			

	Friday, August 5, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Kingston, Jamaica
	Tula Rasi: 18.47	Tithi 8 – 9	Gulika 7:22AM – 8:59AM Yama 3:25PM – 5:02PM 461765472 Rahu 10:35AM – 12:12PM	Svati Until 7:58AM Sukla Until 2:09AM Sat Visti Until 6:07AM Ashtami* Until 5:26PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Green	Sunrise: 5:45AM Sunset: 6:38PM	Sun 22 Sutra 110 Subhakarit 5124 Moon 7 - Phase 15 - 22 Ashtami
Creative Work Siddha Yoga		Varalakshmi Vratam		Devaloka Day			

	Saturday, August 6, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica
	Vrischika Rasi: 2.34	Tithi 9 – 10	Gulika 5:46AM – 7:22AM Yama 1:48PM – 3:25PM 472765472 Rahu 8:59AM – 10:35AM	Vishakha Until 7:19AM Brahma Until 11:28PM Taitila Until 2:32AM Sun Navami* Until 3:38PM	Ganesha: White Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:46AM Sunset: 6:38PM	Sun 23 Sutra 111 Subhakarit 5124 Moon 7 - Phase 15 - 23 Navami
Creative Work Siddha Yoga				Bhuloka Day			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Kingston, Jamaica Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 16.42	Tithi 10 - 11	Gulika 3:24PM - 5:01PM	Jyeshtha* Until 3:53AM Mon	Ganesha: Yellow <i>Sunrise: 5:46AM</i>	
		Yama 12:12PM - 1:48PM	Indra Until 8:20PM	Muruqa: White <i>Sunset: 6:37PM</i>	Moon 7 - Phase 16 - 24
	472865472	Rahu 5:01PM - 6:37PM	Vanija Until 11:55PM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Dashami Until 1:16PM	Moon - Orange	Bhuloka Day
Until 3:53AM Mon				Sravana*Adi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga					

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Kingston, Jamaica Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	Gulika 1:48PM - 3:24PM	Mula* Until 1:41AM Tue	Ganesha: White <i>Sunrise: 5:46AM</i>	
		Yama 10:35AM - 12:11PM	Vaidhriti* Until 4:48PM	Muruqa: White <i>Sunset: 6:37PM</i>	Moon 7 - Phase 16 - 25
Family Home Evening	482865472	Rahu 7:23AM - 8:59AM	Bava Until 8:51PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 10:25AM	Moon - Light Blue	Devaloka Day
				Sravana*Adi	

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau			Kingston, Jamaica Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	Gulika 12:11PM - 1:47PM	Purvashadha* Until 11:04PM	Ganesha: White <i>Sunrise: 5:47AM</i>	
		Yama 8:59AM - 10:35AM	Vishkambha* Until 12:59PM	Muruqa: White <i>Sunset: 6:36PM</i>	Moon 7 - Phase 16 - 26
	482865472	Rahu 3:24PM - 5:00PM	Taitila Until 3:41AM Wed	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:10AM	Moon - Light Blue	Devaloka Day
Until 11:04PM				Sravana*Adi	
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>		

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau			Kingston, Jamaica Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	Gulika 10:35AM - 12:11PM	Uttarashadha Until 8:11PM	Ganesha: White <i>Sunrise: 5:47AM</i>	
		Yama 7:23AM - 8:59AM	Priti Until 9:01AM	Muruqa: White <i>Sunset: 6:36PM</i>	Moon 7 - Phase 16 - 27
	482865472	Rahu 12:11PM - 1:47PM	Gara Until 1:55PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 12:06AM Thu	Moon - Light Blue	Devaloka Day
Until 8:11PM				Sravana*Adi	
Then Creative Work - Siddha Yoga					

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau			Kingston, Jamaica Sutra 116 Subhakrit 5124
Copper Retreat Star		Gulika 8:59AM - 10:35AM	Shravana Until 5:36PM	Ganesha: Clear <i>Sunrise: 5:47AM</i>	
Makara Rasi: 16.04	Tithi 15	Yama 5:47AM - 7:23AM	Saubhagya Until 1:02AM Fri	Muruqa: White <i>Sunset: 6:35PM</i>	Moon 7 - Phase 16 -
	492865472	Rahu 1:47PM - 3:23PM	Visti Until 10:20AM	Nataraja: White	Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:35PM	Moon - Purple	Bhuloka Day
		Raksha Bandhan		Sravana*Adi	Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau			Kingston, Jamaica Sutra 117 Subhakrit 5124
Silver Retreat Star		Gulika 7:23AM - 8:59AM	Dhanishtha Until 3:06PM	Ganesha: Clear <i>Sunrise: 5:47AM</i>	
Kumbha Rasi: 1.02	Tithi 16 - 17	Yama 3:23PM - 4:58PM	Sobhana Until 9:20PM	Muruqa: White <i>Sunset: 6:34PM</i>	Moon 7 - Phase 16 -
	492865472	Rahu 10:35AM - 12:11PM	Balava Until 6:55AM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:18PM	Moon - Purple	Bhuloka Day
				Sravana*Adi	Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022

Gold Retreat Star

Kumbha Rasi: 15.46 Tithi 17 - 18

492865472

Gulika 5:48AM - 7:23AM
Yama 1:46PM - 3:22PM
Rahu 8:59AM - 10:35AM

Creative Work Amrita Yoga
Until 12:51PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilayam Titau

Shatabhishak Until 12:51PM
Athiganda* Until 5:59PM
Vanija Until 1:13AM Sun
Dvitiya Until 2:26PM

Ganesha: Clear Sunrise: 5:48AM
Muruga: White Sunset: 6:34PM
Nataraja: White
Moon - Purple
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Kingston, Jamaica
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

1

Sunday, August 14, 2022

Meena Rasi: 0.07 Tithi 18 - 19

412865472

Gulika 3:22PM - 4:57PM
Yama 12:10PM - 1:46PM
Rahu 4:57PM - 6:33PM

Creative Work Siddha Yoga
Until 11:27AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilaya/Chaturthiyam Titau

Purvaproshtapada* Until 11:27AM
Sukarma Until 3:08PM
Bava Until 11:16PM
Tritiya Until 12:08PM

Ganesha: Yellow Sunrise: 5:48AM
Muruga: White Sunset: 6:33PM
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Kingston, Jamaica
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

2

Monday, August 15, 2022

Meena Rasi: 14.02 Tithi 19 - 20

Family Home Evening

412865472

Gulika 1:46PM - 3:21PM
Yama 10:35AM - 12:10PM
Rahu 7:24AM - 8:59AM

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Uttaraproshtapada Until 10:37AM
Dhriti Until 12:53PM
Kaulava Until 10:05PM
Chaturthi* Until 10:33AM

Ganesha: Yellow Sunrise: 5:48AM
Muruga: White Sunset: 6:32PM
Nataraja: White
Moon - Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Kingston, Jamaica
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

3

Tuesday, August 16, 2022

Meena Rasi: 27.28 Tithi 20 - 21

412865472

Gulika 12:10PM - 1:46PM
Yama 8:59AM - 10:35AM
Rahu 3:21PM - 4:56PM

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthiyam Titau

Revati Until 10:27AM
Shula* Until 11:18AM
Gara Until 9:46PM
Panchami Until 9:48AM

Ganesha: Yellow Sunrise: 5:48AM
Muruga: White Sunset: 6:32PM
Nataraja: White
Moon - Clear
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Kingston, Jamaica
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

4

Wednesday, August 17, 2022

Mesha Rasi: 10.26 Tithi 21 - 22

522865472

Gulika 10:35AM - 12:10PM
Yama 7:24AM - 8:59AM
Rahu 12:10PM - 1:45PM

Routine Work Marana Yoga

Until 11:27AM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Ashvini Until 11:27AM
Ganda* Until 10:25AM
Visti Until 10:19PM
Shashthi* Until 9:55AM

Ganesha: Yellow Sunrise: 5:49AM
Muruga: White Sunset: 6:31PM
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Kingston, Jamaica
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

5

Thursday, August 18, 2022

Retreat Star

Mesha Rasi: 23 Tithi 22 - 23

522865472

Gulika 8:59AM - 10:34AM
Yama 5:49AM - 7:24AM
Rahu 1:45PM - 3:20PM

Creative Work Siddha Yoga

Until 1:06PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bharani Until 1:06PM
Vridhhi Until 10:12AM
Balava Until 11:40PM
Saptami Until 10:53AM

Ganesha: Yellow Sunrise: 5:49AM
Muruga: White Sunset: 6:30PM
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Kingston, Jamaica
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Friday, August 19, 2022

Retreat Star

Vrishabha Rasi: 5.15 Tithi 23 - 24

523865472

Gulika 7:24AM - 8:59AM
Yama 3:20PM - 4:55PM
Rahu 10:34AM - 12:09PM

Creative Work Siddha Yoga

Until 3:16PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Dyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Krittika Until 3:16PM
Dhruva Until 10:30AM
Taila Until 1:37AM Sat
Ashtami* Until 12:33PM

Ganesha: White Sunrise: 5:49AM
Muruga: White Sunset: 6:30PM
Nataraja: White
Moon - White
Sravana*Avani

Bhuloka Day

Kingston, Jamaica
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1	Saturday, August 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashyam Titau				Kingston, Jamaica Sun 8 Sutra 125
	Vrishabha Rasi: 17.16	Tithi 24 – 25	533865472	Gulika 5:49AM – 7:24AM Yama 1:44PM – 3:19PM Rahu 8:59AM – 10:34AM	Rohini Until 6:13PM Vyaghata* Until 11:13AM Vanija Until 3:57AM Sun Navami* Until 2:44PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sunrise: 5:49AM Sunset: 6:29PM Moon 8 - Phase 18 - 8 2nd Phase
	Creative Work Amrita Yoga						Bhuloka Day
	Until 6:13PM						Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							


2	Sunday, August 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 9 Sutra 126
	Vrishabha Rasi: 29.09	Tithi 25 – 26	533865472	Gulika 3:19PM – 4:54PM Yama 12:09PM – 1:44PM Rahu 4:54PM – 6:28PM	Mrigashira Until 9:14PM Harshana Until 12:11PM Bava Until 6:27AM Mon Dashami Until 5:10PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sunrise: 5:49AM Sunset: 6:28PM Moon 8 - Phase 18 - 9 2nd Phase
	Creative Work Siddha Yoga						Bhuloka Day
							Devaloka Time: 6:AM to 9:AM


3	Monday, August 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica Sun 10 Sutra 127
	Mithuna Rasi: 10.59	Tithi 26	533865472	Gulika 1:43PM – 3:18PM Yama 10:34AM – 12:09PM Rahu 7:24AM – 8:59AM	Ardra Until 12:05AM Tue Vajra* Until 1:11PM Bava Until 6:27AM Ekadashi* Until 7:40PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sunrise: 5:50AM Sunset: 6:28PM Moon 8 - Phase 18 - 10 2nd Phase
	Creative Work Siddha Yoga						Bhuloka Day
							Devaloka Time: 6:AM to 9:AM

4	Tuesday, August 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kingston, Jamaica Sun 11 Sutra 128
	Mithuna Rasi: 22.5	Tithi 27	543865472	Gulika 12:08PM – 1:43PM Yama 8:59AM – 10:34AM Rahu 3:18PM – 4:52PM	Punarvasu Until 3:08AM Wed Siddhi Until 2:07PM Kaulava Until 8:54AM Dvadashi* Until 10:02PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:50AM Sunset: 6:27PM Moon 8 - Phase 18 - 11 2nd Phase
	Creative Work Siddha Yoga						Bhuloka Day

5	Wednesday, August 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica Sun 12 Sutra 129
	Kataka Rasi: 4.45	Tithi 28	543865472	Gulika 10:34AM – 12:08PM Yama 7:25AM – 8:59AM Rahu 12:08PM – 1:43PM	Pushya Until 5:45AM Thu Vyatipata* Until 2:54PM Gara Until 11:08AM Trayodashi* Until 12:08AM Thu <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:50AM Sunset: 6:26PM Moon 8 - Phase 18 - 12 2nd Phase
	Creative Work Siddha Yoga						Bhuloka Day

6	Thursday, August 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 13 Sutra 130
	Kataka Rasi: 16.47	Tithi 29	543865472	Gulika 8:59AM – 10:33AM Yama 5:50AM – 7:25AM Rahu 1:42PM – 3:17PM	Ashlesha* Until 7:51AM Fri Variyan Until 3:24PM Visti Until 1:04PM Chaturdashi* Until 1:53AM Fri	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:50AM Sunset: 6:25PM Moon 8 - Phase 18 - 13 2nd Phase
	Creative Work Siddha Yoga						Bhuloka Day
	Until 7:51AM Fri						
Then Routine Work - Marana Yoga							

	Friday, August 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 14 Sutra 131
	Retreat Star						
	Kataka Rasi: 28.58	Tithi 30	543865472	Gulika 7:25AM – 8:59AM Yama 3:16PM – 4:50PM Rahu 10:33AM – 12:08PM	Ashlesha* Until 7:51AM Parigha* Until 3:38PM Catuspada Until 2:38PM Amavasya* Until 3:15AM Sat	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:50AM Sunset: 6:25PM Moon 8 - Phase 18 - 14 Amavasya
	Routine Work Marana Yoga						Bhuloka Day

	Saturday, August 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 15 Sutra 132
	Retreat Star						
	Simha Rasi: 11.18	Tithi 1	553865473	Gulika 5:51AM – 7:25AM Yama 1:41PM – 3:16PM Rahu 8:59AM – 10:33AM	Magha* Until 9:54AM Shiva Until 3:35PM Kintughna Until 3:49PM Prathama* Until 4:14AM Sun	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red Bhadrapada-Avani	Sunrise: 5:51AM Sunset: 6:24PM Moon 8 - Phase 18 - 15 Prathama
	Creative Work Amrita Yoga						Bhuloka Day
Until 9:54AM						Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

t times are standard time. Calculated for Kingston, Jamaica on 5/1/

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1 Sunday, August 28, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Kingston, Jamaica Sun 16 Sutra 133 Subhakra 5124	
Simha Rasi: 23.49	Tithi 2	Gulika 3:15PM – 4:49PM	Purvaphalguni Until 11:24AM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	
		Yama 12:07PM – 1:41PM	Siddha Until 3:11PM	Muruqa: White	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 19 - 16
		553865473 Rahu 4:49PM – 6:23PM	Balava Until 4:36PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:49AM Mon	Moon – Red		Bhuloka Day
Until 11:24AM				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

2 Monday, August 29, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau			Kingston, Jamaica Sun 17 Sutra 134 Subhakra 5124	
Kanya Rasi: 6.3	Tithi 3	Gulika 1:41PM – 3:15PM	Uttaraphalguni Until 12:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	
Family Home Evening		Yama 10:33AM – 12:07PM	Sadhya Until 2:30PM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19 - 17
		553865473 Rahu 7:25AM – 8:59AM	Taitila Until 4:59PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:01AM Tue	Moon – Red		Bhuloka Day
				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau			Kingston, Jamaica Sun 18 Sutra 135 Subhakra 5124	
Kanya Rasi: 19.23	Tithi 4	Gulika 12:06PM – 1:40PM	Hasta Until 1:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	
		Yama 8:59AM – 10:33AM	Subha Until 1:32PM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19 - 18
		563865473 Rahu 3:14PM – 4:48PM	Vanija Until 5:00PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 4:51AM Wed	Moon – Green		Bhuloka Day
		Ganesha Chaturthi		Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau			Kingston, Jamaica Sun 19 Sutra 136 Subhakra 5124	
Tula Rasi: 2.26	Tithi 5	Gulika 10:32AM – 12:06PM	Chitra Until 1:39PM	Ganesha: Red	<i>Sunrise:</i> 5:51AM	
		Yama 7:25AM – 8:59AM	Sukla Until 12:14PM	Muruqa: White	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 19 - 19
		563965473 Rahu 12:06PM – 1:40PM	Bava Until 4:38PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 4:17AM Thu	Moon – Green		Devaloka Day
				Bhadrapada-Avani		

5 Thursday, September 1, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau			Kingston, Jamaica Sun 20 Sutra 137 Subhakra 5124	
Tula Rasi: 15.43	Tithi 6	Gulika 8:59AM – 10:32AM	Svati Until 1:30PM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	
		Yama 5:52AM – 7:25AM	Brahma Until 10:38AM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 19 - 20
		563965473 Rahu 1:39PM – 3:13PM	Kaulava Until 3:52PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:18AM Fri	Moon – Green		Devaloka Day
Until 1:30PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau			Kingston, Jamaica Sun 21 Sutra 138 Subhakra 5124	
Tula Rasi: 29.13	Tithi 7	Gulika 7:25AM – 8:59AM	Vishakha Until 1:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	
		Yama 3:12PM – 4:46PM	Indra Until 8:43AM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 19 - 21
		574965473 Rahu 10:32AM – 12:05PM	Gara Until 2:41PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:55AM Sat	Moon – Orange		Devaloka Day
				Bhadrapada-Avani		

Retreat Star		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakha* Yoga Visti*/Bava Karana Ashtamyam Titau			Kingston, Jamaica Sun 22 Sutra 139 Subhakra 5124	
Vrischika Rasi: 12.57	Tithi 8	Gulika 5:52AM – 7:25AM	Anuradha Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	
		Yama 1:38PM – 3:12PM	Vaidhriti* Until 6:26AM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 19 - 22
		574965473 Rahu 8:59AM – 10:32AM	Visti Until 1:05PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:07AM Sun	Moon – Orange		Devaloka Day
				Bhadrapada-Avani		

Retreat Star		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau			Kingston, Jamaica Sun 23 Sutra 140 Subhakra 5124	
Vrischika Rasi: 26.57	Tithi 9	Gulika 3:11PM – 4:44PM	Jyeshtha* Until 11:01AM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	
		Yama 12:05PM – 1:38PM	Priti Until 12:55AM Mon	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 19 - 23
		574965473 Rahu 4:44PM – 6:18PM	Balava Until 11:05AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 9:55PM	Moon – Orange		Devaloka Day
Until 11:01AM				Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda


1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Kingston, Jamaica Sun 24 Sutra 141 Subhakrit 5124	
Dhanus Rasi: 11.12	Tithi 10	Gulika	1:38PM – 3:11PM	Mula* Until 9:32AM	Ganesha: White	<i>Sunrise:</i> 5:52AM	
Family Home Evening	584965473	Yama	10:31AM – 12:04PM	Ayushman Until 9:42PM	Muruqa: White	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 20 - 24
Creative Work	Siddha Yoga	Rahu	7:25AM – 8:58AM	Taitila Until 8:42AM	Nataraja: Clear		4th Phase
Until 9:32AM				Dashami Until 7:22PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 25 Sutra 142 Subhakrit 5124	
Dhanus Rasi: 25.41	Tithi 11 – 12	Gulika	12:04PM – 1:37PM	Purvashadha* Until 7:36AM	Ganesha: White	<i>Sunrise:</i> 5:52AM	
	584965473	Yama	8:58AM – 10:31AM	Saubhagya Until 6:16PM	Muruqa: White	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20 - 25
Creative Work	Siddha Yoga	Rahu	3:10PM – 4:43PM	Vanija Until 6:00AM	Nataraja: Clear		4th Phase
Until 7:36AM				Ekadashi Until 4:33PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Prabarashita Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 26 Sutra 143 Subhakrit 5124	
Makara Rasi: 10.19	Tithi 12 – 13	Gulika	10:31AM – 12:04PM	Shravana Until 3:15AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	
	594965473	Yama	7:25AM – 8:58AM	Sobhana Until 2:44PM	Muruqa: White	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20 - 26
Creative Work	Siddha Yoga	Rahu	12:04PM – 1:37PM	Kaulava Until 12:04AM Thu	Nataraja: Clear		4th Phase
				Dvadashi Until 1:34PM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

Pradosha Vrata

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 27 Sutra 144 Subhakrit 5124	
Makara Rasi: 25.01	Tithi 13 – 14	Gulika	8:58AM – 10:31AM	Dhanishtha Until 1:04AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	
	594965473	Yama	5:53AM – 7:25AM	Athiganda* Until 11:09AM	Muruqa: White	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga	Rahu	1:36PM – 3:09PM	Gara Until 9:05PM	Nataraja: Clear		4th Phase
				Chidambaram Abhishekam	Moon – Purple	Devaloka Day	
				Trayodashi Until 10:33AM	Bhadrapada*Avani		

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Kingston, Jamaica Sutra 145 Subhakrit 5124	
Copper Retreat Star		Gulika	7:25AM – 8:58AM	Shatabhishak Until 10:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	
Kumbha Rasi: 9.39	Tithi 14 – 15	Yama	3:08PM – 4:41PM	Sukarma Until 7:40AM	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20 -
	594965473	Rahu	10:31AM – 12:03PM	Visti Until 6:17PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 7:38AM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

Saturday, September 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Kingston, Jamaica Sutra 146 Subhakrit 5124	
Kumbha Rasi: 24.07	Tithi 16	Gulika	5:53AM – 7:25AM	Purvaproshtapada* Until 9:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	
	514965473	Yama	1:35PM – 3:08PM	Shula* Until 1:28AM Sun	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20 -
Routine Work	Marana Yoga	Rahu	8:58AM – 10:30AM	Balava Until 3:49PM	Nataraja: Clear		Prathama
Until 9:31PM				Prathama* Until 2:45AM Sun	Moon – Clear	Devaloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Kingston, Jamaica
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

Gulika 3:07PM – 4:39PM
Yama 12:02PM – 1:35PM
Rahu 4:39PM – 6:12PM

Uttaraproshtapada Until 8:27PM
Ganda* Until 10:59PM
Taitila Until 1:51PM

Ganesha: Clear *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:12PM
Nataraja: Clear
Moon – Clear

Subhakrit 5124
Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 1:05AM Mon

Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

Kingston, Jamaica
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

Gulika 1:34PM – 3:06PM
Yama 10:30AM – 12:02PM
Rahu 7:25AM – 8:58AM

Revati Until 7:55PM
Vriddhi Until 9:04PM
Vanija Until 12:31PM

Ganesha: Clear *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:11PM
Nataraja: Clear
Moon – Clear

Subhakrit 5124
Moon 9 - Phase 21 - 1
1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:06AM Tue

Bhadrapada-Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Kingston, Jamaica
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

Gulika 12:02PM – 1:34PM
Yama 8:58AM – 10:30AM
Rahu 3:06PM – 4:38PM

Ashvini Until 8:25PM
Dhruva Until 7:44PM
Balava Until 11:56AM

Ganesha: White *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:10PM
Nataraja: Clear
Moon – White

Subhakrit 5124
Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 11:55PM

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

Gulika 10:29AM – 12:01PM
Yama 7:26AM – 8:57AM
Rahu 12:01PM – 1:33PM

Bharani Until 9:34PM
Vyaghata* Until 7:03PM
Kaulava Until 12:09PM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:09PM
Nataraja: Clear
Moon – White

Subhakrit 5124
Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Panchami Until 12:32AM Thu

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 9:34PM

Then Creative Work - Amrita Yoga

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthiyam Titau

Kingston, Jamaica
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

Gulika 8:57AM – 10:29AM
Yama 5:54AM – 7:26AM
Rahu 1:33PM – 3:05PM

Krittika Until 11:17PM
Harshana Until 6:59PM
Gara Until 1:08PM

Ganesha: Clear *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:08PM
Nataraja: Clear
Moon – White

Subhakrit 5124
Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Shashthi* Until 1:53AM Fri

Bhadrapada-Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

Gulika 7:26AM – 8:57AM
Yama 3:04PM – 4:36PM
Rahu 10:29AM – 12:01PM

Rohini Until 1:55AM Sat
Vajra* Until 7:22PM
Visti Until 2:49PM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:07PM
Nataraja: Clear
Moon – Yellow

Subhakrit 5124
Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Saptami Until 3:50AM Sat

Bhadrapada-Puratasi

Sivaloka Day

Until 1:55AM Sat

Then Creative Work - Siddha Yoga

D

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

Gulika 5:54AM – 7:26AM
Yama 1:32PM – 3:03PM
Rahu 8:57AM – 10:29AM

Mrigashira Until 4:44AM Sun
Siddhi Until 8:06PM
Balava Until 4:58PM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:07PM
Nataraja: Clear
Moon – Yellow

Subhakrit 5124
Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM Sun

Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

Gulika 3:03PM – 4:34PM
Yama 12:00PM – 1:31PM
Rahu 4:34PM – 6:06PM

Ardra Until 7:33AM Mon
Vyatipata* Until 9:01PM
Taitila Until 7:23PM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 6:06PM
Nataraja: Clear
Moon – Yellow

Subhakrit 5124
Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Ashtami* Until 6:09AM

Bhadrapada-Puratasi

Sivaloka Day

Until 7:33AM Mon

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Monday, September 19, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 8 Sutra 155 Subhakarit 5124
	Mithuna Rasi: 19.08 Tithi 24 – 25	Gulika 1:31PM – 3:02PM	Ardra Until 7:33AM	Ganesha: White <i>Sunrise:</i> 5:54AM
	Family Home Evening 535965473	Yama 10:28AM – 12:00PM	Variyan Until 9:54PM	Muruqa: White <i>Sunset:</i> 6:05PM
	Creative Work Siddha Yoga Until 7:33AM Then Creative Work - Amrita Yoga	Rahu 7:26AM – 8:57AM	Vanjia Until 9:49PM	Nataraja: Clear Moon – Yellow
				Sivaloka Day Bhadrapada-Puratasi


2	Tuesday, September 20, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 9 Sutra 156 Subhakarit 5124
	Kataka Rasi: 1.02 Tithi 25 – 26	Gulika 11:59AM – 1:30PM	Punarvasu Until 10:36AM	Ganesha: Yellow <i>Sunrise:</i> 5:54AM
	545965473	Yama 8:57AM – 10:28AM	Parigha* Until 10:40PM	Muruqa: White <i>Sunset:</i> 6:04PM
	Creative Work Siddha Yoga	Rahu 3:02PM – 4:33PM	Bava Until 12:05AM Wed	Nataraja: Clear Moon – Blue
				Devaloka Day Bhadrapada-Puratasi

3	Wednesday, September 21, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 10 Sutra 157 Subhakarit 5124
	Kataka Rasi: 13.01 Tithi 26 – 27	Gulika 10:28AM – 11:59AM	Pushya Until 1:15PM	Ganesha: Yellow <i>Sunrise:</i> 5:55AM
	545965473	Yama 7:26AM – 8:57AM	Shiva Until 11:12PM	Muruqa: White <i>Sunset:</i> 6:03PM
	Creative Work Siddha Yoga	Rahu 11:59AM – 1:30PM	Kaulava Until 1:59AM Thu	Nataraja: Clear Moon – Blue
				Devaloka Day Bhadrapada-Puratasi

4	Thursday, September 22, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 11 Sutra 158 Subhakarit 5124
	Kataka Rasi: 25.08 Tithi 27 – 28	Gulika 8:57AM – 10:28AM	Ashlesha* Until 3:20PM	Ganesha: Yellow <i>Sunrise:</i> 5:55AM
	545965473	Yama 5:55AM – 7:26AM	Siddha Until 11:21PM	Muruqa: White <i>Sunset:</i> 6:02PM
	Creative Work Siddha Yoga Until 3:20PM Then Creative Work - Amrita Yoga	Rahu 1:29PM – 3:00PM	Gara Until 3:27AM Fri	Nataraja: Clear Moon – Blue
				Devaloka Day Bhadrapada-Puratasi
<i>Pradosha Vrata (Fasting)</i>				

5	Friday, September 23, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanjia/Visti* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 12 Sutra 159 Subhakarit 5124
	Simha Rasi: 7.27 Tithi 28 – 29	Gulika 7:26AM – 8:57AM	Magha* Until 5:18PM	Ganesha: Red <i>Sunrise:</i> 5:55AM
	555965473	Yama 3:00PM – 4:31PM	Sadhya Until 11:09PM	Muruqa: White <i>Sunset:</i> 6:01PM
	Routine Work Marana Yoga Until 5:18PM Then Creative Work - Siddha Yoga	Rahu 10:27AM – 11:58AM	Visti Until 4:26AM Sat	Nataraja: Clear Moon – Red
				Devaloka Day Bhadrapada-Puratasi

6	Saturday, September 24, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 13 Sutra 160 Subhakarit 5124
	Simha Rasi: 19.59 Tithi 29 – 30	Gulika 5:55AM – 7:26AM	Purvaphalguni Until 6:36PM	Ganesha: Green <i>Sunrise:</i> 5:55AM
	556965473	Yama 1:29PM – 2:59PM	Subha Until 10:34PM	Muruqa: White <i>Sunset:</i> 6:01PM
	Creative Work Siddha Yoga Until 6:36PM Then Routine Work - Marana Yoga	Rahu 8:56AM – 10:27AM	Catuspada Until 4:53AM Sun	Nataraja: Clear Moon – Red
				Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM

	Sunday, September 25, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 14 Sutra 161 Subhakarit 5124
	Retreat Star	Gulika 2:59PM – 4:29PM	Uttaraphalguni Until 7:15PM	Ganesha: Blue <i>Sunrise:</i> 5:55AM
	Kanya Rasi: 2.45 Tithi 30 – 1	Yama 11:57AM – 1:28PM	Sukla Until 9:33PM	Muruqa: White <i>Sunset:</i> 6:00PM
	556165473	Rahu 4:29PM – 6:00PM	Kintughna Until 4:50AM Mon	Nataraja: Clear Moon – Red
Creative Work Amrita Yoga	Mahalaya Amavasya (Tamil Nadu)	Amavasya* Until 4:54PM	Bhadrapada-Puratasi	Bhuloka Day Devaloka Time: 6:PM to 9:PM

Retreat Star	Monday, September 26, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 162 Subhakarit 5124
	Kanya Rasi: 15.46 Tithi 1 – 2	Gulika 1:28PM – 2:58PM	Hasta Until 7:45PM	Ganesha: Blue <i>Sunrise:</i> 5:55AM
	Family Home Evening 566165473	Yama 10:27AM – 11:57AM	Brahma Until 8:11PM	Muruqa: White <i>Sunset:</i> 5:59PM
	Creative Work Siddha Yoga Until 7:45PM Then Routine Work - Prabalarishta Yoga	Rahu 7:26AM – 8:56AM	Balava Until 4:21AM Tue	Nataraja: Clear Moon – Green
				Bhuloka Day Ashvina-Puratasi Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

† times are standard time. Calculated for Kingston, Jamaica on 5/1/

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 29	Tithi 2 – 3	Gulika 11:57AM – 1:27PM	Chitra Until 7:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	
			Yama 8:56AM – 10:26AM	Indra Until 6:31PM	Muruqa: White	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	666165473 Rahu 2:57PM – 4:28PM	Taitila Until 3:29AM Wed	Nataraja: Clear		3rd Phase
			Dvitiya Until 3:57PM	Moon – Green		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Kingston, Jamaica Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 12.28	Tithi 3 – 4	Gulika 10:26AM – 11:56AM	Svati Until 7:09PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	
			Yama 7:26AM – 8:56AM	Vaidhriti* Until 4:32PM	Muruqa: White	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 Rahu 11:56AM – 1:27PM	Vanija Until 2:17AM Thu	Nataraja: Clear		3rd Phase
			Tritiya Until 2:54PM	Moon – Green		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 26.05	Tithi 4 – 5	Gulika 8:56AM – 10:26AM	Vishakha Until 6:37PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	
			Yama 5:56AM – 7:26AM	Vishkambha* Until 2:19PM	Muruqa: White	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 18
	Creative Work	Siddha Yoga	676165473 Rahu 1:26PM – 2:56PM	Bava Until 12:49AM Fri	Nataraja: Clear		3rd Phase
			Chaturthi* Until 1:34PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kingston, Jamaica Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 9.53	Tithi 5 – 6	Gulika 7:26AM – 8:56AM	Anuradha Until 5:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	
			Yama 2:56PM – 4:26PM	Priti Until 11:56AM	Muruqa: White	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	676165473 Rahu 10:26AM – 11:56AM	Kaulava Until 11:07PM	Nataraja: Clear		3rd Phase
			Panchami Until 11:58AM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 23.49	Tithi 6 – 7	Gulika 5:56AM – 7:26AM	Jyeshtha* Until 4:26PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	
			Yama 1:25PM – 2:55PM	Ayushman Until 9:21AM	Muruqa: White	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	687166473 Rahu 8:56AM – 10:26AM	Gara Until 9:13PM	Nataraja: Clear		3rd Phase
			Shashthi* Until 10:10AM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika 2:55PM – 4:24PM	Mula* Until 3:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	
	Dhanus Rasi: 7.52	Tithi 7 – 8	Yama 11:55AM – 1:25PM	Saubhagya Until 6:38AM	Muruqa: Green	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 Rahu 4:24PM – 5:54PM	Visti Until 7:10PM	Nataraja: Clear		Ashtami
			Saptami Until 8:12AM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:24PM – 2:54PM	Purvashadha* Until 1:52PM	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	
	Dhanus Rasi: 22	Tithi 8 – 9	Yama 10:25AM – 11:55AM	Athiganda* Until 12:51AM Tue	Muruqa: Green	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 23 - 22
	Family Home Evening		687166473 Rahu 7:26AM – 8:56AM	Kaulava Until 3:50AM Tue	Nataraja: Clear		Navami
			Ashtami* Until 6:05AM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

! times are standard time. Calculated for Kingston, Jamaica on 5/1/

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Taitila/Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 6.13	Tithi 10	Gulika 11:55AM – 1:24PM	Uttarashadha Until 12:12PM	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	Muruqa: Green	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24 - 23 4th Phase
Routine Work	Prabalarishta Yoga	Yama 8:56AM – 10:25AM	Sukarna Until 9:50PM	Nataraja: Clear		Moon – Light Blue		Sivaloka Day
Until 12:12PM		Rahu 2:53PM – 4:23PM	Taitila Until 2:43PM					
Then Creative Work - Siddha Yoga			Dashami Until 1:32AM Wed					

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 20.29	Tithi 11	Gulika 10:25AM – 11:54AM	Shravana Until 10:46AM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM	Muruqa: Green	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24 - 24 4th Phase
Creative Work	Siddha Yoga	Yama 7:26AM – 8:56AM	Dhriti Until 6:50PM	Nataraja: Clear		Moon – Purple		Devaloka Day
Until 10:46AM		Rahu 11:54AM – 1:24PM	Vanija Until 12:24PM					
Then Routine Work - Prabalarishta Yoga		Vijaya Dasami	Ekadashi Until 11:14PM					

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 4.44	Tithi 12	Gulika 8:56AM – 10:25AM	Dhanishtha Until 9:14AM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM	Muruqa: Green	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24 - 25 4th Phase
Creative Work	Siddha Yoga	Yama 5:57AM – 7:26AM	Shula* Until 3:51PM	Nataraja: Clear		Moon – Purple		Devaloka Day
Until 10:46AM		Rahu 1:23PM – 2:52PM	Bava Until 10:07AM					
Then Routine Work - Prabalarishta Yoga		Kadaitswami Mahasamadhi	Dvadashi Until 9:00PM					

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 18.55	Tithi 13	Gulika 7:26AM – 8:56AM	Shatabhishak Until 7:41AM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM	Muruqa: Green	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 24 - 26 4th Phase
Creative Work	Siddha Yoga	Yama 2:52PM – 4:21PM	Ganda* Until 1:01PM	Nataraja: Clear		Moon – Purple		Devaloka Day
Until 6:39AM		Rahu 10:25AM – 11:54AM	Kaulava Until 7:58AM					
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam	Trayodashi Until 6:58PM					
			<i>Pradosha Vrata</i>					

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Gara/Visti* Karana Chaturdashyayam Titau				Kingston, Jamaica Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 2.56	Tithi 14 – 15	Gulika 5:58AM – 7:27AM	Purvaproshtapada* Until 6:39AM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Muruqa: Green	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 24 - 27 4th Phase
Routine Work	Marana Yoga	Yama 1:22PM – 2:51PM	Vridhi Until 10:25AM	Nataraja: Purple		Moon – Clear		Bhuloka Day
Until 6:39AM		Rahu 8:56AM – 10:24AM	Gara Until 6:04AM					
Then Creative Work - Siddha Yoga			Chaturdashy* Until 5:13PM					

○		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 175 Subhakrit 5124
Meena Rasi: 16.45	Tithi 15 – 16	Gulika 2:51PM – 4:19PM	Revati Until 5:21AM Mon	Ganesha: White	<i>Sunrise:</i> 5:58AM	Muruqa: Green	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 24 - Purnima
Creative Work	Amrita Yoga	Yama 11:53AM – 1:22PM	Dhruva Until 8:05AM	Nataraja: Purple		Moon – Clear		Bhuloka Day
Until 5:21AM Mon		Rahu 4:19PM – 5:48PM	Balava Until 3:28AM Mon					
Then Creative Work - Siddha Yoga			Purnima* Until 3:54PM					

○		Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica Sutra 176 Subhakrit 5124
Mesha Rasi: 0.16	Tithi 16 – 17	Gulika 1:21PM – 2:50PM	Ashvini Until 5:45AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:58AM	Muruqa: White	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 24 - Prathama
Family Home Evening		Yama 10:24AM – 11:53AM	Vyaghata* Until 6:10AM	Nataraja: Purple		Moon – White		Bhuloka Day
Creative Work	Siddha Yoga	Rahu 7:27AM – 8:55AM	Taitila Until 2:59AM Tue					
			Prathama* Until 3:07PM					Devaloka Time: 6:AM to 9:AM



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

Gulika 11:53AM - 1:21PM
Yama 8:55AM - 10:24AM
Rahu 2:50PM - 4:18PM

Bharani Until 6:38AM Wed

Vajra* Until 3:47AM Wed

Vanija Until 3:10AM Wed

Dvitiya Until 2:58PM

Ganesha: Yellow *Sunrise:* 5:58AM

Muruqa: White *Sunset:* 5:47PM

Nataraja: Purple Moon - White Moon 10 - Phase 25 - 1

1st Phase

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

Gulika 10:24AM - 11:52AM
Yama 7:27AM - 8:55AM
Rahu 11:52AM - 1:21PM

Bharani Until 6:38AM

Siddhi Until 3:23AM Thu

Bava Until 4:02AM Thu

Tritiya Until 3:30PM

Ganesha: Yellow *Sunrise:* 5:59AM

Muruqa: White *Sunset:* 5:46PM

Nataraja: Purple Moon - White Moon 10 - Phase 25 - 2

1st Phase

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

Gulika 8:55AM - 10:24AM
Yama 5:59AM - 7:27AM
Rahu 1:20PM - 2:49PM

Krittika Until 8:01AM

Vyatipata* Until 3:28AM Fri

Kaulava Until 5:32AM Fri

Chaturthi* Until 4:41PM

Ganesha: Yellow *Sunrise:* 5:59AM

Muruqa: White *Sunset:* 5:45PM

Nataraja: Purple Moon - White Moon 10 - Phase 25 - 3

1st Phase

Routine Work Marana Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Kingston, Jamaica

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

638176474

Gulika 7:27AM - 8:55AM
Yama 2:48PM - 4:16PM
Rahu 10:24AM - 11:52AM

Rohini Until 10:19AM

Varyan Until 3:56AM Sat

Taitila Until 6:27PM

Panchami Until 6:27PM

Ganesha: Blue *Sunrise:* 5:59AM

Muruqa: White *Sunset:* 5:45PM

Nataraja: Purple Moon - Yellow Moon 10 - Phase 25 - 4

1st Phase

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Kingston, Jamaica

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

639176474

Gulika 5:59AM - 7:27AM
Yama 1:20PM - 2:48PM
Rahu 8:55AM - 10:24AM

Mrigashira Until 12:55PM

Parigha* Until 4:40AM Sun

Gara Until 7:32AM

Shashthi* Until 8:39PM

Ganesha: Red *Sunrise:* 5:59AM

Muruqa: White *Sunset:* 5:44PM

Nataraja: Purple Moon - Yellow Moon 10 - Phase 25 - 5

1st Phase

Creative Work Siddha Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Kingston, Jamaica

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

639176474

Gulika 2:47PM - 4:15PM
Yama 11:51AM - 1:19PM
Rahu 4:15PM - 5:43PM

Ardra Until 3:37PM

Shiva Until 5:32AM Mon

Visti Until 9:52AM

Saptami Until 11:04PM

Ganesha: Red *Sunrise:* 6:00AM

Muruqa: White *Sunset:* 5:43PM

Nataraja: Purple Moon - Yellow Moon 10 - Phase 25 - 6

1st Phase

Creative Work Siddha Yoga

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

Gulika 1:19PM - 2:47PM
Yama 10:23AM - 11:51AM
Rahu 7:28AM - 8:56AM

Punarvasu Until 6:42PM

Siddha Until 6:20AM Tue

Balava Until 12:18PM

Ashtami* Until 1:29AM Tue

Ganesha: Green *Sunrise:* 6:00AM

Muruqa: White *Sunset:* 5:42PM

Nataraja: Purple Moon - Blue Moon 10 - Phase 25 - 7

Ashtami

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

Ashvina+Puratasi

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

Gulika 11:51AM - 1:19PM
Yama 8:56AM - 10:23AM
Rahu 2:46PM - 4:14PM

Pushya Until 9:29PM

Siddha Until 6:20AM

Taitila Until 2:39PM

Navami* Until 3:42AM Wed

Ganesha: Green *Sunrise:* 6:00AM

Muruqa: White *Sunset:* 5:42PM

Nataraja: Purple Moon - Blue Moon 10 - Phase 25 - 8

Navami

Creative Work Siddha Yoga

Ashvina+Puratasi

Devaloka Day

Devaloka Time: 9:AM to 12:PM

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

l times are standard time. Calculated for Kingston, Jamaica on 5/1/

www.gurudeva.org/panchang

1		Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Dashamyam Titau		Kingston, Jamaica Sun 9 Sutra 185 Subhakrit 5124	
Kataka Rasi: 20.55	Tithi 25	Gulika 10:23AM – 11:51AM	Ashlesha* Until 11:47PM	Ganesha: Green	Sunrise: 6:00AM	Moon 10 - Phase 26 - 9	2nd Phase
649176474	Rahu 11:51AM – 1:18PM	Yama 7:28AM – 8:56AM	Sadhya Until 6:58AM	Muruqa: White	Sunset: 5:41PM	Devaloka Day	
Creative Work	Siddha Yoga		Vanija Until 4:42PM	Nataraja: Purple		Ashvina•Aipasi	
			Dashami Until 5:32AM Thu	Moon – Blue			
2		Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau		Kingston, Jamaica Sun 10 Sutra 186 Subhakrit 5124	
Simha Rasi: 3.04	Tithi 26	Gulika 8:56AM – 10:23AM	Magha* Until 1:55AM Fri	Ganesha: Green	Sunrise: 6:01AM	Moon 10 - Phase 26 - 10	2nd Phase
659276474	Rahu 1:18PM – 2:46PM	Yama 6:01AM – 7:28AM	Subha Until 7:19AM	Muruqa: White	Sunset: 5:40PM	Bhuloka Day	
Creative Work	Amrita Yoga		Bava Until 6:17PM	Nataraja: Purple		Ashvina•Aipasi	
Until 1:55AM Fri			Ekadashi* Until 6:51AM Fri	Moon – Red			
Then Creative Work - Siddha Yoga							
3		Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 11 Sutra 187 Subhakrit 5124	
Simha Rasi: 15.26	Tithi 26 – 27	Gulika 7:28AM – 8:56AM	Purvaphalguni Until 3:18AM Sat	Ganesha: Green	Sunrise: 6:01AM	Moon 10 - Phase 26 - 11	2nd Phase
659276474	Rahu 10:23AM – 11:50AM	Yama 2:45PM – 4:12PM	Sukla Until 7:13AM	Muruqa: White	Sunset: 5:40PM	Bhuloka Day	
Creative Work	Siddha Yoga		Kaulava Until 7:18PM	Nataraja: Purple		Ashvina•Aipasi	
Until 3:18AM Sat			Ekadashi* Until 6:51AM	Moon – Red			
Then Routine Work - Marana Yoga							
4		Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 12 Sutra 188 Subhakrit 5124	
Simha Rasi: 28.05	Tithi 27 – 28	Gulika 6:01AM – 7:29AM	Uttaraphalguni Until 3:55AM Sun	Ganesha: Purple	Sunrise: 6:01AM	Moon 10 - Phase 26 - 12	2nd Phase
651276474	Rahu 8:56AM – 10:23AM	Yama 1:18PM – 2:45PM	Brahma Until 6:39AM	Muruqa: White	Sunset: 5:39PM	Bhuloka Day	
Routine Work	Marana Yoga		Gara Until 7:40PM	Nataraja: Purple		Ashvina•Aipasi	
Until 3:55AM Sun			Dvadashi* Until 7:33AM	Moon – Red			
Then Creative Work - Amrita Yoga			Pradosha Vrata (Fasting)				
5		Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 13 Sutra 189 Subhakrit 5124	
Kanya Rasi: 11.02	Tithi 28 – 29	Gulika 2:44PM – 4:11PM	Hasta Until 4:13AM Mon	Ganesha: Light Blue	Sunrise: 6:02AM	Moon 10 - Phase 26 - 13	2nd Phase
661276474	Rahu 4:11PM – 5:39PM	Yama 11:50AM – 1:17PM	Vaidhriti* Until 4:02AM Mon	Muruqa: White	Sunset: 5:39PM	Bhuloka Day	
Creative Work	Amrita Yoga		Visti Until 7:23PM	Nataraja: Purple		Ashvina•Aipasi	
Until 4:13AM Mon			Trayodashi* Until 7:35AM	Moon – Green			
Then Routine Work - Prabalarishta Yoga		Deepavali Hindu Solidarity Day					
Monday, October 24, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kingston, Jamaica Sun 14 Sutra 190 Subhakrit 5124	
Kanya Rasi: 24.19	Tithi 29 – 30	Gulika 1:17PM – 2:44PM	Chitra Until 3:47AM Tue	Ganesha: Light Blue	Sunrise: 6:02AM	Moon 10 - Phase 26 - 14	Amavasya
661276474	Rahu 7:29AM – 8:56AM	Yama 10:23AM – 11:50AM	Vishkambha* Until 2:01AM Tue	Muruqa: White	Sunset: 5:38PM	Bhuloka Day	
Family Home Evening			Catuspada Until 6:30PM	Nataraja: Purple		Ashvina•Aipasi	
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 7:00AM	Moon – Green			
Until 3:47AM Tue		Subramuniyaswami Mahasamadhi					
Then Creative Work - Siddha Yoga							
Tuesday, October 25, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau		Kingston, Jamaica Sun 15 Sutra 191 Subhakrit 5124	
Tula Rasi: 7.55	Tithi 1	Gulika 11:50AM – 1:17PM	Svati Until 2:45AM Wed	Ganesha: Light Blue	Sunrise: 6:02AM	Moon 10 - Phase 26 - 15	Prathama
661276474	Rahu 2:44PM – 4:11PM	Yama 8:56AM – 10:23AM	Priti Until 11:37PM	Muruqa: White	Sunset: 5:37PM	Bhuloka Day	
Creative Work	Siddha Yoga		Kintughna Until 5:06PM	Nataraja: Purple		Kartika•Aipasi	
		Skanda Shasthi Begins	Prathama* Until 4:13AM Wed	Moon – Green			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 16 Sutra 192 Subhakit 5124	
	Tula Rasi: 21.48	Tithi 2	Gulika 10:23AM – 11:50AM Yama 7:30AM – 8:56AM 681276574 Rahu 11:50AM – 1:17PM	Vishakha Until 1:38AM Thu Ayushman Until 8:54PM Balava Until 3:16PM Dvitiya Until 2:13AM Thu	Ganesha: Purple <i>Sunrise: 6:03AM</i> Muruqa: Clear <i>Sunset: 5:37PM</i> Nataraja: Clear Moon – Orange
	Creative Work	Siddha Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Thursday, October 27, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Kingston, Jamaica Sun 17 Sutra 193 Subhakit 5124	
	Vrischika Rasi: 5.54	Tithi 3	Gulika 8:56AM – 10:23AM Yama 6:03AM – 7:30AM 681276574 Rahu 1:16PM – 2:43PM	Anuradha Until 12:07AM Fri Saubhagya Until 5:57PM Taitila Until 1:09PM Tritiya Until 12:00AM Fri	Ganesha: Purple <i>Sunrise: 6:03AM</i> Muruqa: Clear <i>Sunset: 5:36PM</i> Nataraja: Clear Moon – Orange
	Creative Work	Siddha Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 12:07AM Fri	Then Routine Work - Marana Yoga			

3	Friday, October 28, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau		Kingston, Jamaica Sun 18 Sutra 194 Subhakit 5124	
	Vrischika Rasi: 20.09	Tithi 4	Gulika 7:30AM – 8:57AM Yama 2:43PM – 4:09PM 681276574 Rahu 10:23AM – 11:50AM	Jyeshtha* Until 10:21PM Sobhana Until 2:54PM Vanija Until 10:50AM Chaturthi* Until 9:38PM	Ganesha: Purple <i>Sunrise: 6:03AM</i> Muruqa: Clear <i>Sunset: 5:36PM</i> Nataraja: Clear Moon – Orange
	Routine Work	Marana Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 10:21PM	Then Creative Work - Amrita Yoga			

4	Saturday, October 29, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 19 Sutra 195 Subhakit 5124	
	Dhanus Rasi: 4.29	Tithi 5	Gulika 6:04AM – 7:30AM Yama 1:16PM – 2:42PM 681276574 Rahu 8:57AM – 10:23AM	Mula* Until 8:49PM Athiganda* Until 11:45AM Bava Until 8:27AM Panchami Until 7:14PM	Ganesha: Clear <i>Sunrise: 6:04AM</i> Muruqa: Clear <i>Sunset: 5:35PM</i> Nataraja: Clear Moon – Light Blue
	Creative Work	Siddha Yoga			Devaloka Day

5	Sunday, October 30, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 20 Sutra 196 Subhakit 5124	
	Dhanus Rasi: 18.48	Tithi 6 – 7	Gulika 2:42PM – 4:08PM Yama 11:49AM – 1:16PM 681276574 Rahu 4:08PM – 5:35PM	Purvashadha* Until 7:11PM Sukarma Until 8:39AM Kaulava Until 6:03AM Shashthi* Until 4:52PM	Ganesha: Clear <i>Sunrise: 6:04AM</i> Muruqa: Clear <i>Sunset: 5:35PM</i> Nataraja: Clear Moon – Light Blue
	Creative Work	Siddha Yoga			Devaloka Day
	Until 7:11PM	Then Creative Work - Amrita Yoga			

D	Monday, October 31, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 197 Subhakit 5124		
	Retreat Star	Makara Rasi: 3.04	Tithi 7 – 8	Gulika 1:16PM – 2:42PM Yama 10:23AM – 11:49AM 681276574 Rahu 7:31AM – 8:57AM	Uttarashadha Until 5:33PM Shula* Until 2:41AM Tue Visti Until 1:35AM Tue Saptami Until 2:38PM	
	Family Home Evening	Routine Work	Marana Yoga			Ganesha: Clear <i>Sunrise: 6:05AM</i> Muruqa: Clear <i>Sunset: 5:34PM</i> Nataraja: Clear Moon – Light Blue
	Until 5:33PM	Then Creative Work - Amrita Yoga			Devaloka Day	

D	Tuesday, November 1, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 198 Subhakit 5124	
	Retreat Star	Makara Rasi: 17.14	Tithi 8 – 9	Gulika 11:49AM – 1:16PM Yama 8:57AM – 10:23AM 681276574 Rahu 2:42PM – 4:08PM	Shravana Until 4:21PM Ganda* Until 11:55PM Balava Until 11:37PM Ashtami* Until 12:33PM
	Creative Work	Siddha Yoga			Ganesha: White <i>Sunrise: 6:05AM</i> Muruqa: Clear <i>Sunset: 5:34PM</i> Nataraja: Clear Moon – Purple
					Bhuloka Day Devaloka Time: 3:PM to 6:PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda


1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 199
	Kumbha Rasi: 1.17	Tithi 9 – 10	Gulika 10:23AM – 11:49AM	Dhanishtha Until 3:14PM	Ganesha: Green	<i>Sunrise:</i> 6:05AM	Subhakrit 5124
			Yama 7:31AM – 8:57AM	Vriddhi Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 - 23
		692276574	Rahu 11:49AM – 1:15PM	Taitila Until 9:51PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple	Bhuloka Day		
Until 3:14PM					Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga				Karttika•Aipasi			


2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 200
	Kumbha Rasi: 15.11	Tithi 10 – 11	Gulika 8:58AM – 10:24AM	Shatabhishak Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:06AM	Subhakrit 5124
			Yama 6:06AM – 7:32AM	Dhruva Until 6:56PM	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 - 24
		692276574	Rahu 1:15PM – 2:41PM	Vanija Until 8:22PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – Purple	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		
				Karttika•Aipasi			

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 201
	Kumbha Rasi: 28.56	Tithi 11 – 12	Gulika 7:32AM – 8:58AM	Purvaproshtapada* Until 1:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:06AM	Subhakrit 5124
			Yama 2:41PM – 4:07PM	Vyaghata* Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 28 - 25
		612276574	Rahu 10:24AM – 11:49AM	Bava Until 7:10PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – Clear	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		
				Karttika•Aipasi			

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 202
	Meena Rasi: 12.29	Tithi 12 – 13	Gulika 6:07AM – 7:32AM	Uttaraproshtapada Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	Subhakrit 5124
			Yama 1:15PM – 2:41PM	Harshana Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 28 - 26
		612276574	Rahu 8:58AM – 10:24AM	Kaulava Until 6:19PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga				Moon – Clear	Bhuloka Day		
Until 1:28PM					Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Prabalarishta Yoga				Karttika•Aipasi			
					<i>Pradosha Vrata</i>		

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 203
	Meena Rasi: 25.49	Tithi 13 – 14	Gulika 2:41PM – 4:06PM	Revati Until 1:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	Subhakrit 5124
			Yama 11:49AM – 1:15PM	Vajra* Until 1:18PM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 28 - 27
		612276574	Rahu 4:06PM – 5:32PM	Vanija Until 5:47AM Mon	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga				Moon – Clear	Bhuloka Day		
Until 1:25PM					Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga				Karttika•Aipasi			

	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica Sutra 204
	Copper Retreat Star		Gulika 1:15PM – 2:40PM	Ashvini Until 2:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM	Subhakrit 5124
	Mesha Rasi: 8.56	Tithi 15	Yama 10:24AM – 11:50AM	Siddhi Until 12:05PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 28 - Purnima
	Family Home Evening	722276574	Rahu 7:33AM – 8:59AM	Visti Until 5:52PM	Nataraja: Clear		
Creative Work Siddha Yoga				Moon – White	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		
				Karttika•Aipasi			

	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 205
	Silver Retreat Star		Gulika 11:50AM – 1:15PM	Bharani Until 3:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM	Subhakrit 5124
	Mesha Rasi: 21.49	Tithi 15 – 16	Yama 8:59AM – 10:24AM	Vyatipata* Until 11:14AM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 28 - Prathama
		722276574	Rahu 2:40PM – 4:06PM	Balava Until 6:23PM	Nataraja: Clear		
Creative Work Siddha Yoga				Moon – White	Bhuloka Day		
					Devaloka Time: 3:PM to 6:PM		
				Karttika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vairyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica
Sutra 206

Vrishabha Rasi: 4.27 Tithi 16 – 17

Gulika 10:24AM – 11:50AM
Yama 7:34AM – 8:59AM
Rahu 11:50AM – 1:15PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon – White

Sunrise: 6:09AM
Sunset: 5:31PM

Subhakrit 5124
Moon 11 - Phase 29 - 1st Phase

Creative Work Amrita Yoga

Until 4:29PM

Then Creative Work - Siddha Yoga

Prathama* Until 6:49AM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Thursday, November 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica
Sun 1 Sutra 207

Vrishabha Rasi: 16.52 Tithi 17 – 18

Gulika 8:59AM – 10:25AM
Yama 6:09AM – 7:34AM
Rahu 1:15PM – 2:40PM

Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon – Yellow

Sunrise: 6:09AM
Sunset: 5:30PM

Subhakrit 5124
Moon 11 - Phase 29 - 1st Phase

Routine Work Marana Yoga

Dvitiya Until 8:06AM

Devaloka Day

2

Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Kingston, Jamaica
Sun 2 Sutra 208

Vrishabha Rasi: 29.04 Tithi 18 – 19

Gulika 7:35AM – 9:00AM
Yama 2:40PM – 4:05PM
Rahu 10:25AM – 11:50AM

Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon – Yellow

Sunrise: 6:10AM
Sunset: 5:30PM

Subhakrit 5124
Moon 11 - Phase 29 - 2 1st Phase

Creative Work Siddha Yoga

Tritiya Until 9:51AM

Devaloka Day

3

Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica
Sun 3 Sutra 209

Mithuna Rasi: 11.07 Tithi 19 – 20

Gulika 6:10AM – 7:35AM
Yama 1:15PM – 2:40PM
Rahu 9:00AM – 10:25AM

Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon – Yellow

Sunrise: 6:10AM
Sunset: 5:30PM

Subhakrit 5124
Moon 11 - Phase 29 - 3 1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 12:00PM

Devaloka Day

4

Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica
Sun 4 Sutra 210

Mithuna Rasi: 23.03 Tithi 20 – 21

Gulika 2:40PM – 4:05PM
Yama 11:50AM – 1:15PM
Rahu 4:05PM – 5:30PM

Ganesha: Green
Muruqa: Clear
Nataraja: Clear
Moon – Blue

Sunrise: 6:11AM
Sunset: 5:30PM

Subhakrit 5124
Moon 11 - Phase 29 - 4 1st Phase

Creative Work Siddha Yoga

Panchami Until 2:24PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica
Sun 5 Sutra 211

Kataka Rasi: 4.56 Tithi 21 – 22

Gulika 1:15PM – 2:40PM
Yama 10:25AM – 11:50AM
Rahu 7:36AM – 9:01AM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon – Blue

Sunrise: 6:11AM
Sunset: 5:29PM

Subhakrit 5124
Moon 11 - Phase 29 - 5 1st Phase

Family Home Evening
Creative Work Siddha Yoga

Shashthi* Until 4:54PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

6

Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Kingston, Jamaica
Sun 6 Sutra 212

Kataka Rasi: 16.49 Tithi 22

Gulika 11:50AM – 1:15PM
Yama 9:01AM – 10:26AM
Rahu 2:40PM – 4:05PM

Ganesha: Green
Muruqa: Clear
Nataraja: Clear
Moon – Blue

Sunrise: 6:12AM
Sunset: 5:29PM

Subhakrit 5124
Moon 11 - Phase 29 - 6 1st Phase

Creative Work Siddha Yoga

Saptami Until 7:18PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Kingston, Jamaica
Sun 7 Sutra 213

Kataka Rasi: 28.47 Tithi 23

Gulika 10:26AM – 11:51AM
Yama 7:37AM – 9:01AM
Rahu 11:51AM – 1:15PM

Ganesha: Green
Muruqa: Clear
Nataraja: Clear
Moon – Blue

Sunrise: 6:12AM
Sunset: 5:29PM

Subhakrit 5124
Moon 11 - Phase 29 - 7 Ashtami

Creative Work Siddha Yoga

Ashtami* Until 9:24PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Kingston, Jamaica
Sun 8 Sutra 214

Simha Rasi: 10.53 Tithi 24

Gulika 9:02AM – 10:26AM
Yama 6:13AM – 7:37AM
Rahu 1:15PM – 2:40PM

Ganesha: Orange
Muruqa: Clear
Nataraja: Purple
Moon – Red

Sunrise: 6:13AM
Sunset: 5:29PM

Subhakrit 5124
Moon 11 - Phase 29 - 8 Navami

Creative Work Amrita Yoga

Until 10:47AM

Then Creative Work - Siddha Yoga

Navami* Until 11:01PM

Sivaloka Day
Karttika-Karttikai

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1	Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Kingston, Jamaica
	Simha Rasi: 23.13	Tithi 25	753376575	Gulika 7:38AM – 9:02AM Yama 2:40PM – 4:04PM Rahu 10:27AM – 11:51AM	Purvaphalguni Until 12:35PM Vaidhriti* Until 2:37PM Vanija Until 11:37AM Dashami Until 12:00AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red Karttika-Karttikai	Sun 9 Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase Sivaloka Day
	Creative Work	Siddha Yoga					


2	Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica
	Kanya Rasi: 5.51	Tithi 26	753376575	Gulika 6:14AM – 7:38AM Yama 1:16PM – 2:40PM Rahu 9:03AM – 10:27AM	Uttaraphalguni Until 1:34PM Vishkambha* Until 1:53PM Bava Until 12:13PM Ekadashi* Until 12:13AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red Karttika-Karttikai	Sun 10 Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase Sivaloka Day
	Routine Work	Marana Yoga					

3	Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Kingston, Jamaica
	Kanya Rasi: 18.5	Tithi 27	763376575	Gulika 2:40PM – 4:04PM Yama 11:51AM – 1:16PM Rahu 4:04PM – 5:29PM	Hasta Until 2:07PM Priti Until 12:33PM Kaulava Until 12:03PM Dvadashti* Until 11:40PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green Karttika-Karttikai	Sun 11 Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until 2:07PM	Then Creative Work - Siddha Yoga					

4	Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica
	Tula Rasi: 2.14	Tithi 28	763376575	Gulika 1:16PM – 2:40PM Yama 10:28AM – 11:52AM Rahu 7:39AM – 9:03AM	Chitra Until 1:45PM Ayushman Until 10:36AM Gara Until 11:07AM Trayodashi* Until 10:22PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green Karttika-Karttikai	Sun 12 Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase Devaloka Day
	Family Home Evening	Prabalarishta Yoga					
	Until 1:45PM	Then Creative Work - Amrita Yoga					

5	Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica
	Tula Rasi: 16.03	Tithi 29	763376575	Gulika 11:52AM – 1:16PM Yama 9:04AM – 10:28AM Rahu 2:40PM – 4:04PM	Svati Until 12:34PM Saubhagya Until 8:07AM Visti Until 9:30AM Chaturdashi* Until 8:26PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green Karttika-Karttikai	Sun 13 Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase Devaloka Day
	Creative Work	Siddha Yoga					
	Until 12:34PM	Then Routine Work - Marana Yoga					

	Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Kingston, Jamaica
	Retreat Star		773376575	Gulika 10:28AM – 11:52AM Yama 7:40AM – 9:04AM Rahu 11:52AM – 1:16PM	Vishakha Until 11:07AM Athiganda* Until 1:48AM Thu Catuspada Until 7:16AM Amavasya* Until 5:58PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange Karttika-Karttikai	Sun 14 Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya Devaloka Day
	Vriscika Rasi: 0.15	Tithi 30 – 1					
	Creative Work	Siddha Yoga					

	Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kingston, Jamaica
	Retreat Star		773376575	Gulika 9:05AM – 10:29AM Yama 6:17AM – 7:41AM Rahu 1:16PM – 2:40PM	Anuradha Until 9:06AM Sukarma Until 10:11PM Balava Until 1:39AM Fri Prathama* Until 3:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange Margasira-Karttikai	Sun 15 Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama Devaloka Day
	Vriscika Rasi: 14.46	Tithi 1 – 2					
	Creative Work	Siddha Yoga					

Then Routine Work - Prabalarishta Yoga							
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If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 222 Subhakrit 5124		
Vrischika Rasi: 29.29	Tithi 2 – 3	Gulika 7:41AM – 9:05AM	Jyeshtha* Until 6:41AM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 11 - Phase 31 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 2:41PM – 4:04PM	Dhriti Until 6:27PM	Nataraja: Purple		Moon – Orange		Devaloka Day
Until 6:41AM		Rahu 10:29AM – 11:53AM	Taitila Until 10:32PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Dvitiya Until 12:05PM					
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kingston, Jamaica Sun 17 Sutra 223 Subhakrit 5124		
Dhanus Rasi: 14.17	Tithi 3 – 4	Gulika 6:18AM – 7:42AM	Purvashadha* Until 2:06AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:18AM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 1:17PM – 2:41PM	Shula* Until 2:41PM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 2:06AM Sun		Rahu 9:06AM – 10:29AM	Vanija Until 7:26PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Tritiya Until 8:57AM					
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 18 Sutra 224 Subhakrit 5124		
Dhanus Rasi: 29.02	Tithi 5	Gulika 2:41PM – 4:05PM	Uttarashadha Until 11:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:19AM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 11 - Phase 31 - 18 3rd Phase
Creative Work	Amrita Yoga	Yama 11:53AM – 1:17PM	Ganda* Until 11:00AM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 10:06PM		Rahu 4:05PM – 5:28PM	Bava Until 4:29PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Panchami Until 3:04AM Mon					
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Kingston, Jamaica Sun 19 Sutra 225 Subhakrit 5124		
Makara Rasi: 13.39	Tithi 6	Gulika 1:18PM – 2:41PM	Shravana Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 6:19AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 31 - 19 3rd Phase
Family Home Evening		Yama 10:30AM – 11:54AM	Vridhi Until 7:32AM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Creative Work	Amrita Yoga	Rahu 7:43AM – 9:06AM	Kaulava Until 1:47PM	Margasira-Karttikai				
Until 10:06PM			Shashthi* Until 12:34AM Tue					
Then Creative Work - Siddha Yoga								
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Kingston, Jamaica Sun 20 Sutra 226 Subhakrit 5124		
Makara Rasi: 28.01	Tithi 7	Gulika 11:54AM – 1:18PM	Dhanishtha Until 8:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 9:07AM – 10:31AM	Vyaghata* Until 1:29AM Wed	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 8:39PM		Rahu 2:41PM – 4:05PM	Gara Until 11:28AM	Margasira-Karttikai				
Then Routine Work - Marana Yoga			Saptami Until 10:28PM					
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 21 Sutra 227 Subhakrit 5124		
Kumbha Rasi: 12.06	Tithi 8	Gulika 10:31AM – 11:55AM	Shatabhishak Until 7:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 31 - 21 Ashtami
Creative Work	Siddha Yoga	Yama 7:44AM – 9:07AM	Harshana Until 11:02PM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 7:32PM		Rahu 11:55AM – 1:18PM	Visti Until 9:37AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Ashtami* Until 8:51PM					
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Kingston, Jamaica Sun 22 Sutra 228 Subhakrit 5124		
Kumbha Rasi: 25.52	Tithi 9	Gulika 9:08AM – 10:31AM	Purvaproshtapada* Until 7:12PM	Ganesha: Red	<i>Sunrise:</i> 6:21AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 31 - 22 Navami
Creative Work	Siddha Yoga	Yama 6:21AM – 7:44AM	Vajra* Until 8:57PM	Nataraja: Purple		Moon – Clear		Sivaloka Day
Until 7:32PM		Rahu 1:18PM – 2:42PM	Balava Until 8:15AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Navami* Until 7:45PM					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau			Kingston, Jamaica Sun 23 Sutra 229 Subhakit 5124
Meena Rasi: 9.2	Tithi 10	Gulika 7:45AM – 9:08AM	Uttaraproshtapada Until 7:14PM	Ganesha: Red	<i>Sunrise:</i> 6:22AM		
		Yama 2:42PM – 4:06PM	Siddhi Until 7:18PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32 - 23	
		714376575 Rahu 10:32AM – 11:55AM	Taitila Until 7:25AM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 7:10PM	Moon – Clear			Sivaloka Day
				Margasira-Karttikai			
2		Saturday, December 3, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Kingston, Jamaica Sun 24 Sutra 230 Subhakit 5124
Meena Rasi: 22.32	Tithi 11	Gulika 6:22AM – 7:46AM	Revati Until 7:37PM	Ganesha: Red	<i>Sunrise:</i> 6:22AM		
		Yama 1:19PM – 2:42PM	Vyatipata* Until 6:04PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32 - 24	
		714376575 Rahu 9:09AM – 10:32AM	Vanija Until 7:05AM	Nataraja: Purple		4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 7:06PM	Moon – Clear			Sivaloka Day
Until 7:37PM		Gita Jayanthi		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							
3		Sunday, December 4, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau			Kingston, Jamaica Sun 25 Sutra 231 Subhakit 5124
Mesha Rasi: 5.29	Tithi 12	Gulika 2:43PM – 4:06PM	Ashvini Until 8:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM		
		Yama 11:56AM – 1:19PM	Varyan Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32 - 25	
		724376575 Rahu 4:06PM – 5:29PM	Bava Until 7:15AM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dvodashi Until 7:30PM	Moon – White			Devaloka Day
Until 8:45PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							
4		Monday, December 5, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Kingston, Jamaica Sun 26 Sutra 232 Subhakit 5124
Mesha Rasi: 18.12	Tithi 13	Gulika 1:20PM – 2:43PM	Bharani Until 10:09PM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM		
Family Home Evening		Yama 10:33AM – 11:56AM	Parigha* Until 4:37PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 11 - Phase 32 - 26	
Creative Work	Siddha Yoga	724376575 Rahu 7:47AM – 9:10AM	Kaulava Until 7:53AM	Nataraja: Purple		4th Phase	
Until 10:09PM			Trayodashi Until 8:20PM	Moon – White			Devaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai			
							<i>Pradosha Vrata</i>
5		Tuesday, December 6, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau			Kingston, Jamaica Sun 27 Sutra 233 Subhakit 5124
Vrishabha Rasi: 0.44	Tithi 14	Gulika 11:57AM – 1:20PM	Krittika Until 11:47PM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM		
		Yama 9:10AM – 10:34AM	Shiva Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 11 - Phase 32 - 27	
		724376575 Rahu 2:43PM – 4:07PM	Gara Until 8:56AM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:35PM	Moon – White			Devaloka Day
Until 11:47PM		Krittika Deepam		Margasira-Karttikai			
Then Creative Work - Amrita Yoga							
○		Wednesday, December 7, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau			Kingston, Jamaica Sutra 234 Subhakit 5124
Vrishabha Rasi: 13.05	Tithi 15	Gulika 10:34AM – 11:57AM	Rohini Until 2:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM		
		Yama 7:48AM – 9:11AM	Siddha Until 4:25PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 11 - Phase 32 - Purnima	
		734376575 Rahu 11:57AM – 1:21PM	Visti Until 10:22AM	Nataraja: Purple			
Creative Work	Siddha Yoga		Purnima* Until 11:12PM	Moon – Yellow			Sivaloka Day
Until 2:05AM Thu				Margasira-Karttikai			
Then Routine Work - Marana Yoga							
Thursday, December 8, 2022		Silver Retreat Star		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau			Kingston, Jamaica Sutra 235 Subhakit 5124
Vrishabha Rasi: 25.18	Tithi 16	Gulika 9:11AM – 10:35AM	Mrigashira Until 4:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM		
		Yama 6:25AM – 7:48AM	Sadhya Until 4:43PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 11 - Phase 32 - Prathama	
		734376575 Rahu 1:21PM – 2:44PM	Balava Until 12:10PM	Nataraja: Purple			
Routine Work	Marana Yoga		Prathama* Until 1:09AM Fri	Moon – Yellow			Sivaloka Day
Until 4:32AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

l times are standard time. Calculated for Kingston, Jamaica on 5/1/

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Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Kingston, Jamaica

Sutra 236

Subhakrit 5124

Mithuna Rasi: 7.23 Tithi 17

734476575

Gulika 7:49AM – 9:12AM
Yama 2:44PM – 4:08PM
Rahu 10:35AM – 11:58AM

Ardra Until 7:03AM Sat

Subha Until 5:14PM

Taitila Until 2:15PM

Dvitiya Until 3:22AM Sat

Ganesha: Red **Sunrise:** 6:26AM

Muruqa: Clear **Sunset:** 5:31PM

Nataraja: Purple

Moon – Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 237

Subhakrit 5124

Mithuna Rasi: 19.23 Tithi 18

734476575

Gulika 6:26AM – 7:49AM
Yama 1:22PM – 2:45PM
Rahu 9:13AM – 10:36AM

Ardra Until 7:03AM

Sukla Until 5:54PM

Vanija Until 4:35PM

Tritiya Until 5:47AM Sun

Ganesha: Red **Sunrise:** 6:26AM

Muruqa: Clear **Sunset:** 5:31PM

Nataraja: Purple

Moon – Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Kingston, Jamaica

Sun 2 Sutra 238

Subhakrit 5124

Kataka Rasi: 1.17 Tithi 19

744476575

Gulika 2:45PM – 4:08PM
Yama 11:59AM – 1:22PM
Rahu 4:08PM – 5:31PM

Punarvasu Until 10:06AM

Brahma Until 6:42PM

Bava Until 7:04PM

Chaturthi* Until 8:19AM Mon

Ganesha: Green **Sunrise:** 6:27AM

Muruqa: Clear **Sunset:** 5:31PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 239

Subhakrit 5124

Kataka Rasi: 13.1 Tithi 19 – 20

745476575

Gulika 1:23PM – 2:46PM
Yama 10:37AM – 12:00PM
Rahu 7:51AM – 9:14AM

Pushya Until 1:03PM

Indra Until 7:33PM

Kaulava Until 9:36PM

Chaturthi* Until 8:19AM

Ganesha: White **Sunrise:** 6:28AM

Muruqa: Clear **Sunset:** 5:32PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Family Home Evening

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 240

Subhakrit 5124

Kataka Rasi: 25.02 Tithi 20 – 21

745476575

Gulika 12:00PM – 1:23PM
Yama 9:14AM – 10:37AM
Rahu 2:46PM – 4:09PM

Ashlesha* Until 3:48PM

Vaidhrili* Until 8:19PM

Gara Until 12:03AM Wed

Panchami Until 10:49AM

Ganesha: White **Sunrise:** 6:28AM

Muruqa: Clear **Sunset:** 5:32PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 241

Subhakrit 5124

Simha Rasi: 6.58 Tithi 21 – 22

755476575

Gulika 10:38AM – 12:01PM
Yama 7:52AM – 9:15AM
Rahu 12:01PM – 1:24PM

Magha* Until 6:42PM

Vishkambha* Until 8:55PM

Visli Until 2:14AM Thu

Shashthi* Until 1:10PM

Ganesha: Clear **Sunrise:** 6:29AM

Muruqa: Clear **Sunset:** 5:32PM

Nataraja: Purple

Moon – Red

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Until 6:42PM

Then Creative Work - Amrita Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 242

Subhakrit 5124

Simha Rasi: 19.01 Tithi 22 – 23

755476575

Gulika 9:15AM – 10:38AM
Yama 6:29AM – 7:52AM
Rahu 1:24PM – 2:47PM

Purvaphalguni Until 9:02PM

Priti Until 9:13PM

Balava Until 3:57AM Fri

Saptami Until 3:08PM

Ganesha: Clear **Sunrise:** 6:29AM

Muruqa: Clear **Sunset:** 5:33PM

Nataraja: Purple

Moon – Red

Margasira-Markali

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

7

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 243

Subhakrit 5124

Kanya Rasi: 1.16 Tithi 23 – 24

855476575

Gulika 7:53AM – 9:16AM
Yama 2:47PM – 4:10PM
Rahu 10:39AM – 12:02PM

Uttaraphalguni Until 10:38PM

Ayushman Until 9:02PM

Taitila Until 5:01AM Sat

Ashtami* Until 4:33PM

Ganesha: White **Sunrise:** 6:30AM

Muruqa: Clear **Sunset:** 5:33PM

Nataraja: Purple

Moon – Red

Margasira-Markali

Devaloka Day

Creative Work Siddha Yoga

Until 10:38PM

Then Creative Work - Amrita Yoga

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kingston, Jamaica

Sun 8 Sutra 244

Subhakrit 5124

Kanya Rasi: 13.47 Tithi 24 – 25

865476575

Gulika 6:30AM – 7:53AM
Yama 1:25PM – 2:48PM
Rahu 9:16AM – 10:39AM

Hasta Until 11:49PM

Saubhagya Until 8:17PM

Vanija Until 5:17AM Sun

Navami* Until 5:14PM

Ganesha: Clear **Sunrise:** 6:30AM

Muruqa: Clear **Sunset:** 5:34PM

Nataraja: Purple

Moon – Green

Margasira-Markali

Sivaloka Day

Routine Work Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

l times are standard time. Calculated for Kingston, Jamaica on 5/1/

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1	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 9 Sutra 245 Subhakrit 5124
	Kanya Rasi: 26.41	Tithi 25 – 26	Gulika 2:48PM – 4:11PM	Chitra Until 12:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	
		865476575 Rahu 4:11PM – 5:34PM	Sobhana Until 6:54PM	Muruqa: Clear	<i>Sunset:</i> 5:34PM	Moon 12 - Phase 34 - 9	
			Bava Until 4:42AM Mon	Nataraja: Purple		2nd Phase	
			Dashami Until 5:05PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			
Creative Work Siddha Yoga Until 12:01AM Mon Then Creative Work - Amrita Yoga							

2	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 10 Sutra 246 Subhakrit 5124
	Tula Rasi: 10.01	Tithi 26 – 27	Gulika 1:26PM – 2:49PM	Svati Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	
		865476575 Rahu 7:54AM – 9:17AM	Athiganda* Until 4:49PM	Muruqa: Clear	<i>Sunset:</i> 5:35PM	Moon 12 - Phase 34 - 10	
			Kaulava Until 3:17AM Tue	Nataraja: Purple		2nd Phase	
			Ekadashi* Until 4:04PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			
Creative Work Amrita Yoga Until 11:15PM Then Routine Work - Marana Yoga							

3	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 11 Sutra 247 Subhakrit 5124
	Tula Rasi: 23.5	Tithi 27 – 28	Gulika 12:04PM – 1:26PM	Vishakha Until 10:01PM	Ganesha: Purple	<i>Sunrise:</i> 6:32AM	
		875476575 Rahu 2:49PM – 4:12PM	Sukarma Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 5:35PM	Moon 12 - Phase 34 - 11	
			Gara Until 1:06AM Wed	Nataraja: Purple		2nd Phase	
			Dvadashi* Until 2:15PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			
Routine Work Marana Yoga Until 10:01PM Then Creative Work - Siddha Yoga <i>Pradosha Vrata (Fasting)</i>							

4	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 8.07	Tithi 28 – 29	Gulika 10:41AM – 12:04PM	Anuradha Until 8:00PM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	
		876476575 Rahu 12:04PM – 1:27PM	Dhriti Until 10:52AM	Muruqa: Clear	<i>Sunset:</i> 5:36PM	Moon 12 - Phase 34 - 12	
			Visti Until 10:18PM	Nataraja: Purple		2nd Phase	
			Trayodashi* Until 11:45AM	Moon – Orange		Sivaloka Day	
				Margasira*Markali			
Creative Work Siddha Yoga Day 1 of Pancha Ganapati							

●	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Kingston, Jamaica Sun 13 Sutra 249 Subhakrit 5124
	Vrischika Rasi: 22.5	Tithi 29 – 30	Gulika 9:19AM – 10:42AM	Jyeshtha* Until 5:22PM	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	
		876476575 Rahu 1:27PM – 2:50PM	Shula* Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 5:36PM	Moon 12 - Phase 34 - 13	
			Catuspada Until 7:02PM	Nataraja: Purple		Amavasya	
			Chaturdashi* Until 8:42AM	Moon – Orange		Sivaloka Day	
				Margasira*Markali			
Routine Work Prabalarishta Yoga Until 5:22PM Then Creative Work - Siddha Yoga Day 2 of Pancha Ganapati							

●	Friday, December 23, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 250 Subhakrit 5124
	Dhanus Rasi: 7.5	Tithi 1	Gulika 7:56AM – 9:19AM	Mula* Until 2:42PM	Ganesha: Orange	<i>Sunrise:</i> 6:33AM	
		886476575 Rahu 10:42AM – 12:05PM	Vriddhi Until 10:56PM	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Moon 12 - Phase 34 - 14	
			Kintughna Until 3:29PM	Nataraja: Purple		Prathama	
			Prathama* Until 1:38AM Sat	Moon – Light Blue		Sivaloka Day	
				Pausha*Markali			
Creative Work Amrita Yoga Until 2:42PM Then Routine Work - Prabalarishta Yoga Day 3 of Pancha Ganapati							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 23	Tithi 2	886486575	Gulika 6:34AM – 7:57AM Yama 1:28PM – 2:51PM Rahu 9:20AM – 10:43AM	Purvashadha* Until 11:46AM Dhruva Until 6:40PM Balava Until 11:49AM Dvitiya Until 9:58PM	Ganesha: Orange Muruḡa: Purple Nataraja: Purple Moon – Light Blue Pausha-Markali	Sunrise: 6:34AM Sunset: 5:37PM	Moon 12 - Phase 35 - 15 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 11:46AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati					
2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Kingston, Jamaica Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 8.1	Tithi 3	886486575	Gulika 2:52PM – 4:15PM Yama 12:06PM – 1:29PM Rahu 4:15PM – 5:38PM	Uttarashadha Until 8:46AM Vyaghata* Until 2:30PM Taitila Until 8:11AM Tritiya Until 6:26PM	Ganesha: Orange Muruḡa: Purple Nataraja: Purple Moon – Light Blue Pausha-Markali	Sunrise: 6:34AM Sunset: 5:37PM	Moon 12 - Phase 35 - 16 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati					
3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 23.1	Tithi 4 – 5	896486576	Gulika 1:29PM – 2:52PM Yama 10:44AM – 12:07PM Rahu 7:58AM – 9:21AM	Shravana Until 6:15AM Harshana Until 10:35AM Bava Until 1:47AM Tue Chaturthi* Until 3:13PM	Ganesha: Clear Muruḡa: Purple Nataraja: Clear Moon – Purple Pausha-Markali	Sunrise: 6:35AM Sunset: 5:38PM	Moon 12 - Phase 35 - 17 3rd Phase Sivaloka Day
Family Home Evening Creative Work Amrita Yoga Until 6:15AM Then Creative Work - Siddha Yoga							
4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kingston, Jamaica Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 7.52	Tithi 5 – 6	896486576	Gulika 12:07PM – 1:30PM Yama 9:21AM – 10:44AM Rahu 2:53PM – 4:16PM	Shatabhishak Until 2:08AM Wed Vajra* Until 6:58AM Kaulava Until 11:18PM Panchami Until 12:27PM	Ganesha: Clear Muruḡa: Purple Nataraja: Clear Moon – Purple Pausha-Markali	Sunrise: 6:35AM Sunset: 5:39PM	Moon 12 - Phase 35 - 18 3rd Phase Sivaloka Day
Routine Work Marana Yoga Until 2:08AM Wed Then Creative Work - Amrita Yoga							
5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 22.11	Tithi 6 – 7	817486576	Gulika 10:45AM – 12:08PM Yama 7:59AM – 9:22AM Rahu 12:08PM – 1:30PM	Purvaproshtapada* Until 1:12AM Thu Vyatipata* Until 1:14AM Thu Gara Until 9:27PM Shashthi* Until 10:16AM	Ganesha: Blue Muruḡa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 6:36AM Sunset: 5:39PM	Moon 12 - Phase 35 - 19 3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 1:12AM Thu Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					
Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau		Kingston, Jamaica Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 6.04	Tithi 7 – 8	817486576	Gulika 9:22AM – 10:45AM Yama 6:36AM – 7:59AM Rahu 1:31PM – 2:54PM	Uttaraproshtapada Until 12:51AM Fri Variyan Until 11:11PM Visiti Until 8:20PM Saptami Until 8:47AM	Ganesha: Blue Muruḡa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 6:36AM Sunset: 5:40PM	Moon 12 - Phase 35 - 20 Ashtami Devaloka Day
Creative Work Siddha Yoga							
Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 19.31	Tithi 8 – 9	817486576	Gulika 7:59AM – 9:22AM Yama 2:54PM – 4:17PM Rahu 10:45AM – 12:08PM	Revati Until 1:04AM Sat Parigha* Until 9:44PM Balava Until 7:57PM Ashtami* Until 8:02AM	Ganesha: Blue Muruḡa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 6:36AM Sunset: 5:40PM	Moon 12 - Phase 35 - 21 Navami Devaloka Day
Creative Work Siddha Yoga							

1		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 22 Sutra 258 Subhakrit 5124		
Mesha Rasi: 2.34	Tithi 9 – 10	827486576	Gulika 6:37AM – 8:00AM Yama 1:32PM – 2:55PM Rahu 9:23AM – 10:46AM	Ashvini Until 2:16AM Sun Shiva Until 8:51PM Taitila Until 8:17PM Navami* Until 8:01AM	Ganesha: Yellow <i>Sunrise:</i> 6:37AM Muruga: Purple <i>Sunset:</i> 5:41PM Nataraja: Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 22 4th Phase Sivaloka Day		
Creative Work Siddha Yoga Until 2:16AM Sun Then Routine Work - Prabalarishta Yoga								
2		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 23 Sutra 259 Subhakrit 5124		
Mesha Rasi: 15.17	Tithi 10 – 11	827486576	Gulika 2:56PM – 4:19PM Yama 12:09PM – 1:32PM Rahu 4:19PM – 5:42PM	Bharani Until 3:53AM Mon Siddha Until 8:24PM Vanija Until 9:16PM Dashami Until 8:41AM	Ganesha: Yellow <i>Sunrise:</i> 6:37AM Muruga: Purple <i>Sunset:</i> 5:42PM Nataraja: Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 23 4th Phase Sivaloka Day		
Routine Work Prabalarishta Yoga Until 3:53AM Mon Then Routine Work - Marana Yoga								
3		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 24 Sutra 260 Subhakrit 5124		
Mesha Rasi: 27.45	Tithi 11 – 12	827486576	Gulika 1:33PM – 2:56PM Yama 10:47AM – 12:10PM Rahu 8:01AM – 9:24AM	Krittika Until 5:47AM Tue Sadhya Until 8:22PM Bava Until 10:44PM Ekadashi Until 9:55AM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruga: Purple <i>Sunset:</i> 5:42PM Nataraja: Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 24 4th Phase Sivaloka Day		
Family Home Evening Routine Work Marana Yoga Until 5:47AM Tue Then Creative Work - Amrita Yoga								
4		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 25 Sutra 261 Subhakrit 5124		
Vrishabha Rasi: 10.01	Tithi 12 – 13	837586576	Gulika 12:10PM – 1:34PM Yama 9:24AM – 10:47AM Rahu 2:57PM – 4:20PM	Rohini Until 8:21AM Wed Subha Until 8:38PM Kaulava Until 12:35AM Wed Dvadashi Until 11:36AM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruga: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 25 4th Phase Sivaloka Day		
Creative Work Amrita Yoga Until 8:21AM Wed Then Creative Work - Siddha Yoga								
5		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 26 Sutra 262 Subhakrit 5124		
Vrishabha Rasi: 22.08	Tithi 13 – 14	838586576	Gulika 10:48AM – 12:11PM Yama 8:01AM – 9:25AM Rahu 12:11PM – 1:34PM	Rohini Until 8:21AM Sukla Until 9:05PM Gara Until 2:43AM Thu Trayodashi Until 1:36PM	Ganesha: White <i>Sunrise:</i> 6:38AM Muruga: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 26 4th Phase Devaloka Day		
Creative Work Siddha Yoga								
6		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kingston, Jamaica Sun 27 Sutra 263 Subhakrit 5124		
Mithuna Rasi: 4.1	Tithi 14 – 15	838586576	Gulika 9:25AM – 10:48AM Yama 6:38AM – 8:02AM Rahu 1:34PM – 2:58PM	Mrigashira Until 10:59AM Brahma Until 9:42PM Visti Until 5:01AM Fri Chaturdashi* Until 3:50PM	Ganesha: White <i>Sunrise:</i> 6:38AM Muruga: Purple <i>Sunset:</i> 5:44PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 27 4th Phase Devaloka Day		
Routine Work Marana Yoga Subramuniyaswami Jayanti								
7		Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau		Kingston, Jamaica Sutra 264 Subhakrit 5124		
Copper Retreat Star		Mithuna Rasi: 16.08	Tithi 15	838586576	Gulika 8:02AM – 9:25AM Yama 2:58PM – 4:21PM Rahu 10:48AM – 12:12PM	Ardra Until 1:36PM Indra Until 10:25PM Bava Until 6:12PM Purnima* Until 6:12PM	Ganesha: White <i>Sunrise:</i> 6:39AM Muruga: Purple <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - Purnima Devaloka Day
Creative Work Siddha Yoga Ardra Darshanam								
8		Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Kingston, Jamaica Sutra 265 Subhakrit 5124		
Silver Retreat Star		Mithuna Rasi: 28.03	Tithi 16	848586576	Gulika 6:39AM – 8:02AM Yama 1:35PM – 2:59PM Rahu 9:26AM – 10:49AM	Punarvasu Until 4:38PM Vaidhriti* Until 11:10PM Balava Until 7:26AM Prathama* Until 8:39PM	Ganesha: Clear <i>Sunrise:</i> 6:39AM Muruga: Purple <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Blue Pausha-Markali	Moon 12 - Phase 36 - Prathama Sivaloka Day
Creative Work Siddha Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 9.56 Tithi 17
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 2:59PM – 4:23PM **Pushya Until 7:33PM**
Yama 12:13PM – 1:36PM Vishkambha* Until 11:57PM
Rahu 4:23PM – 5:46PM Taitila Until 9:55AM
Dvitiya Until 11:09PM

Kingston, Jamaica
Sun 1 Sutra 266
Subhakit 5124
Moon 1 - Phase 37 - 1
1st Phase
Ganesha: Clear *Sunrise:* 6:39AM
Muruqa: Purple *Sunset:* 5:46PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 21.5 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 10:17PM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 1:36PM – 3:00PM **Ashlesha* Until 10:17PM**
Yama 10:50AM – 12:13PM Priti Until 12:45AM Tue
Rahu 8:03AM – 9:26AM Vanija Until 12:25PM
Tritiya Until 1:37AM Tue

Kingston, Jamaica
Sun 2 Sutra 267
Subhakit 5124
Moon 1 - Phase 37 - 2
1st Phase
Ganesha: Clear *Sunrise:* 6:39AM
Muruqa: Purple *Sunset:* 5:47PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 3.44 Tithi 19
Creative Work Siddha Yoga
Until 1:16AM Wed
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 12:13PM – 1:37PM **Magha* Until 1:16AM Wed**
Yama 9:27AM – 10:50AM Ayushman Until 1:26AM Wed
Rahu 3:00PM – 4:24PM Bava Until 2:51PM
Chaturthi* Until 3:59AM Wed

Kingston, Jamaica
Sun 3 Sutra 268
Subhakit 5124
Moon 1 - Phase 37 - 3
1st Phase
Ganesha: Clear *Sunrise:* 6:40AM
Muruqa: Purple *Sunset:* 5:47PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 15.41 Tithi 20
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 10:50AM – 12:14PM **Purvaphalguni Until 3:51AM Thu**
Yama 8:03AM – 9:27AM Saubhagya Until 1:58AM Thu
Rahu 12:14PM – 1:37PM Kaulava Until 5:07PM
Panchami Until 6:07AM Thu

Kingston, Jamaica
Sun 4 Sutra 269
Subhakit 5124
Moon 1 - Phase 37 - 4
1st Phase
Ganesha: Clear *Sunrise:* 6:40AM
Muruqa: Purple *Sunset:* 5:48PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 27.44 Tithi 20 – 21
Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 9:27AM – 10:51AM **Uttaraphalguni Until 5:55AM Fri**
Yama 6:40AM – 8:04AM Sobhana Until 2:13AM Fri
Rahu 1:38PM – 3:01PM Gara Until 7:03PM
Panchami Until 6:07AM

Kingston, Jamaica
Sun 5 Sutra 270
Subhakit 5124
Moon 1 - Phase 37 - 5
1st Phase
Ganesha: Clear *Sunrise:* 6:40AM
Muruqa: Purple *Sunset:* 5:48PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 9.56 Tithi 21 – 22
Creative Work Amrita Yoga
Until 7:46AM Sat
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 8:04AM – 9:27AM **Hasta Until 7:46AM Sat**
Yama 3:02PM – 4:25PM Athiganda* Until 2:03AM Sat
Rahu 10:51AM – 12:15PM Visti Until 8:30PM
Shashthi* Until 7:50AM

Kingston, Jamaica
Sun 6 Sutra 271
Subhakit 5124
Moon 1 - Phase 37 - 6
1st Phase
Ganesha: Clear *Sunrise:* 6:40AM
Muruqa: Purple *Sunset:* 5:49PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 22.23 Tithi 22 – 23
Routine Work Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 6:40AM – 8:04AM **Hasta Until 7:46AM**
Yama 1:39PM – 3:02PM Sukarma Until 1:21AM Sun
Rahu 9:28AM – 10:51AM Balava Until 9:17PM
Saptami Until 8:58AM

Kingston, Jamaica
Sun 7 Sutra 272
Subhakit 5124
Moon 1 - Phase 37 - 7
Ashtami
Ganesha: White *Sunrise:* 6:40AM
Muruqa: Purple *Sunset:* 5:50PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 5.1 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 3:03PM – 4:27PM **Chitra Until 8:45AM**
Yama 12:15PM – 1:39PM Dhriti Until 12:03AM Mon
Rahu 4:27PM – 5:50PM Taitila Until 9:15PM
Ashtami* Until 9:21AM

Kingston, Jamaica
Sun 8 Sutra 273
Subhakit 5124
Moon 1 - Phase 37 - 8
Navami
Ganesha: White *Sunrise:* 6:40AM
Muruqa: Purple *Sunset:* 5:50PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

l times are standard time. Calculated for Kingston, Jamaica on 5/1/

www.gurudeva.org/panchang

Monday, January 16, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Kingston, Jamaica Sun 9 Sutra 274 Subhakit 5124
1		Gulika 1:40PM – 3:03PM	Svati Until 8:46AM	Ganesha: White <i>Sunrise:</i> 6:40AM	
Tula Rasi: 18.22	Tithi 24 – 25	Yama 10:52AM – 12:16PM	Shula* Until 10:03PM	Muruqa: Purple <i>Sunset:</i> 5:51PM	Moon 1 - Phase 38 - 9
Family Home Evening	869586576	Rahu 8:04AM – 9:28AM	Vanija Until 8:23PM	Nataraja: Clear	2nd Phase
Creative Work Amrita Yoga			Navami* Until 8:54AM	Moon – Green	Subha Sivaloka Day
Until 8:46AM				Pausha*Thai	
Then Routine Work - Marana Yoga					

Tuesday, January 17, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Kingston, Jamaica Sun 10 Sutra 275 Subhakit 5124
2		Gulika 12:16PM – 1:40PM	Vishakha Until 8:15AM	Ganesha: Yellow <i>Sunrise:</i> 6:40AM	
Virshika Rasi: 2.01	Tithi 25 – 26	Yama 9:28AM – 10:52AM	Ganda* Until 7:24PM	Muruqa: Purple <i>Sunset:</i> 5:52PM	Moon 1 - Phase 38 - 10
879586576		Rahu 3:04PM – 4:28PM	Bava Until 6:40PM	Nataraja: Clear	2nd Phase
Routine Work Marana Yoga			Dashami Until 7:36AM	Moon – Orange	Sivaloka Day
Until 8:15AM				Pausha*Thai	
Then Creative Work - Siddha Yoga					

Wednesday, January 18, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau			Kingston, Jamaica Sun 11 Sutra 276 Subhakit 5124
3		Gulika 10:52AM – 12:16PM	Anuradha Until 6:48AM	Ganesha: Yellow <i>Sunrise:</i> 6:41AM	
Virshika Rasi: 16.1	Tithi 27	Yama 8:04AM – 9:28AM	Vriddhi Until 4:11PM	Muruqa: Purple <i>Sunset:</i> 5:52PM	Moon 1 - Phase 38 - 11
871586576		Rahu 12:16PM – 1:40PM	Kaulava Until 4:13PM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 2:44AM Thu	Moon – Orange	Sivaloka Day
				Pausha*Thai	

Thursday, January 19, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Guru Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau			Kingston, Jamaica Sun 12 Sutra 277 Subhakit 5124
4		Gulika 9:29AM – 10:53AM	Mula* Until 2:04AM Fri	Ganesha: Red <i>Sunrise:</i> 6:41AM	
Dhanus Rasi: 0.47	Tithi 28	Yama 6:41AM – 8:05AM	Dhruva Until 12:26PM	Muruqa: Purple <i>Sunset:</i> 5:53PM	Moon 1 - Phase 38 - 12
881586576		Rahu 1:41PM – 3:05PM	Gara Until 1:09PM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 11:25PM	Moon – Light Blue	Sivaloka Day
Until 2:04AM Fri				Pausha*Thai	
Then Routine Work - Prabalarishta Yoga					
					<i>Pradosha Vrata (Fasting)</i>

Friday, January 20, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksho Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Kingston, Jamaica Sun 13 Sutra 278 Subhakit 5124
5		Gulika 8:05AM – 9:29AM	Purvashadha* Until 11:06PM	Ganesha: Red <i>Sunrise:</i> 6:41AM	
Dhanus Rasi: 15.48	Tithi 29	Yama 3:05PM – 4:29PM	Vyaghata* Until 8:20AM	Muruqa: Purple <i>Sunset:</i> 5:53PM	Moon 1 - Phase 38 - 13
881586576		Rahu 10:53AM – 12:17PM	Visti Until 9:38AM	Nataraja: Clear	2nd Phase
Routine Work Prabalarishta Yoga			Chaturdashi* Until 7:44PM	Moon – Light Blue	Sivaloka Day
Until 11:06PM				Pausha*Thai	
Then Routine Work - Marana Yoga					

Saturday, January 21, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksho Mantla Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Kingston, Jamaica Sun 14 Sutra 279 Subhakit 5124
Retreat Star		Gulika 6:41AM – 8:05AM	Uttarashadha Until 7:51PM	Ganesha: Red <i>Sunrise:</i> 6:41AM	
Makara Rasi: 1.04	Tithi 30 – 1	Yama 1:41PM – 3:06PM	Vajra* Until 11:34PM	Muruqa: Purple <i>Sunset:</i> 5:54PM	Moon 1 - Phase 38 - 14
881586576		Rahu 9:29AM – 10:53AM	Kintughna Until 1:57AM Sun	Nataraja: Clear	Amavasya
Routine Work Marana Yoga			Amavasya* Until 3:53PM	Moon – Light Blue	Sivaloka Day
Until 7:51PM				Pausha*Thai	
Then Creative Work - Siddha Yoga					

Sunday, January 22, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksho Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Kingston, Jamaica Sun 15 Sutra 280 Subhakit 5124
Retreat Star		Gulika 3:06PM – 4:30PM	Shravana Until 4:53PM	Ganesha: Yellow <i>Sunrise:</i> 6:40AM	
Makara Rasi: 16.23	Tithi 1 – 2	Yama 12:18PM – 1:42PM	Siddhi Until 7:11PM	Muruqa: Purple <i>Sunset:</i> 5:55PM	Moon 1 - Phase 38 - 15
891586576		Rahu 4:30PM – 5:55PM	Balava Until 10:09PM	Nataraja: Clear	Prathama
Creative Work Amrita Yoga			Prathama* Until 12:01PM	Moon – Purple	Sivaloka Day
Until 4:53PM				Magha*Thai	
Then Routine Work - Marana Yoga					

1	Monday, January 23, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica
	Kumbha Rasi: 1.37 Family Home Evening Creative Work Siddha Yoga	Tithi 2 - 3 891586576	Gulika 1:42PM - 3:07PM Yama 10:53AM - 12:18PM Rahu 8:05AM - 9:29AM	Dhanishtha Until 2:00PM Vyatipata* Until 3:01PM Taitila Until 6:36PM Dvitiya Until 8:19AM	Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 6:40AM Sunset: 5:55PM	Sun 16 Sutra 281 Subhakra 5124 Moon 1 - Phase 39 - 16 3rd Phase Sivaloka Day

2	Tuesday, January 24, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				Kingston, Jamaica
	Kumbha Rasi: 16.35 Routine Work Marana Yoga	Tithi 4 991586576	Gulika 12:18PM - 1:43PM Yama 9:29AM - 10:54AM Rahu 3:07PM - 4:31PM	Shatabhishak Until 11:24AM Varyayan Until 11:09AM Vanija Until 3:31PM Chaturthi* Until 2:09AM Wed	Ganesha: Red Muruga: Purple Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 6:40AM Sunset: 5:55PM	Sun 17 Sutra 282 Subhakra 5124 Moon 1 - Phase 39 - 17 3rd Phase Sivaloka Day

3	Wednesday, January 25, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica
	Meena Rasi: 1.1 Creative Work Amrita Yoga Until 9:38AM Then Creative Work - Siddha Yoga	Tithi 5 911586576	Gulika 10:54AM - 12:18PM Yama 8:05AM - 9:29AM Rahu 12:18PM - 1:43PM	Purvaproshtapada* Until 9:38AM Parigha* Until 7:46AM Bava Until 1:01PM Panchami Until 12:01AM Thu	Ganesha: Blue Muruga: Purple Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 6:40AM Sunset: 5:55PM	Sun 18 Sutra 283 Subhakra 5124 Moon 1 - Phase 39 - 18 3rd Phase Subha Sivaloka Day

4	Thursday, January 26, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica
	Meena Rasi: 15.15 Creative Work Siddha Yoga	Tithi 6 911586576	Gulika 9:29AM - 10:54AM Yama 6:40AM - 8:05AM Rahu 1:43PM - 3:08PM	Uttaraproshtapada Until 8:26AM Siddha Until 2:48AM Fri Kaulava Until 11:15AM Shashthi* Until 10:40PM	Ganesha: Blue Muruga: Purple Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 6:40AM Sunset: 5:57PM	Sun 19 Sutra 284 Subhakra 5124 Moon 1 - Phase 39 - 19 3rd Phase Subha Sivaloka Day

5	Friday, January 27, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica
	Meena Rasi: 28.5 Creative Work Siddha Yoga Until 7:55AM Then Creative Work - Amrita Yoga	Tithi 7 911586576	Gulika 8:05AM - 9:29AM Yama 3:08PM - 4:33PM Rahu 10:54AM - 12:19PM	Revati Until 7:55AM Sadhya Until 1:20AM Sat Gara Until 10:20AM Saptami Until 10:11PM	Ganesha: Blue Muruga: Purple Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 6:40AM Sunset: 5:55PM	Sun 20 Sutra 285 Subhakra 5124 Moon 1 - Phase 39 - 20 3rd Phase Subha Sivaloka Day

6	Saturday, January 28, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Kingston, Jamaica		
	Retreat Star		Mesha Rasi: 11.58 Creative Work Siddha Yoga	Tithi 8 921686576	Gulika 6:40AM - 8:05AM Yama 1:44PM - 3:09PM Rahu 9:29AM - 10:54AM	Ashvini Until 8:32AM Subha Until 12:31AM Sun Visti Until 10:18AM Ashtami* Until 10:34PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon - White Magha-Thai	Sunrise: 6:40AM Sunset: 5:58PM	Sun 21 Sutra 286 Subhakra 5124 Moon 1 - Phase 39 - 21 Ashtami Devaloka Day

7	Sunday, January 29, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Kingston, Jamaica		
	Retreat Star		Mesha Rasi: 24.4 Routine Work Prabalarishta Yoga Until 9:48AM Then Creative Work - Siddha Yoga	Tithi 9 922686576	Gulika 3:09PM - 4:34PM Yama 12:19PM - 1:44PM Rahu 4:34PM - 5:59PM	Bharani Until 9:48AM Sukla Until 12:16AM Mon Balava Until 11:04AM Navami* Until 11:42PM	Ganesha: Yellow Muruga: Purple Nataraja: Clear Moon - White Magha-Thai	Sunrise: 6:40AM Sunset: 5:59PM	Sun 22 Sutra 287 Subhakra 5124 Moon 1 - Phase 39 - 22 Navami Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau			Kingston, Jamaica Sun 23 Sutra 288 Subhakrit 5124	
1	Vrishabha Rasi: 7.04 Family Home Evening Routine Work Marana Yoga Until 11:35AM Then Creative Work - Amrita Yoga	Gulika 1:44PM – 3:09PM Yama 10:54AM – 12:19PM Rahu 8:04AM – 9:29AM	Krittika Until 11:35AM Brahma Until 12:28AM Tue Taitila Until 12:32PM Dashami Until 1:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 6:39AM Sunset: 5:59PM	Moon 1 - Phase 40 - 23 4th Phase Sivaloka Day
Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau			Kingston, Jamaica Sun 24 Sutra 289 Subhakrit 5124	
2	Vrishabha Rasi: 19.13 Creative Work Amrita Yoga Until 2:11PM Then Creative Work - Siddha Yoga	Gulika 12:19PM – 1:45PM Yama 9:29AM – 10:54AM Rahu 3:10PM – 4:35PM	Rohini Until 2:11PM Indra Until 1:01AM Wed Vanija Until 2:31PM Ekadashi Until 3:37AM Wed	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 6:39AM Sunset: 6:00PM	Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day
Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau			Kingston, Jamaica Sun 25 Sutra 290 Subhakrit 5124	
3	Mithuna Rasi: 1.13 Creative Work Siddha Yoga	Gulika 10:54AM – 12:19PM Yama 8:04AM – 9:29AM Rahu 12:19PM – 1:45PM	Mrigashira Until 4:56PM Vaidhriti* Until 1:43AM Thu Bava Until 4:50PM Dvadashi Until 6:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 6:39AM Sunset: 6:00PM	Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day
Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Kingston, Jamaica Sun 26 Sutra 291 Subhakrit 5124	
4	Mithuna Rasi: 13.08 Routine Work Marana Yoga Until 7:40PM Then Creative Work - Amrita Yoga	Gulika 9:29AM – 10:54AM Yama 6:39AM – 8:04AM Rahu 1:45PM – 3:10PM	Ardra Until 7:40PM Vishkambha* Until 2:32AM Fri Kaulava Until 7:18PM Dvadashi Until 6:02AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 6:39AM Sunset: 6:00PM	Moon 1 - Phase 40 - 26 4th Phase Subha Sivaloka Day
Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Kingston, Jamaica Sun 27 Sutra 292 Subhakrit 5124	
5	Mithuna Rasi: 25.01 Creative Work Siddha Yoga Until 10:47PM Then Routine Work - Marana Yoga	Gulika 8:04AM – 9:29AM Yama 3:10PM – 4:36PM Rahu 10:54AM – 12:20PM	Punarvasu Until 10:47PM Priti Until 3:22AM Sat Gara Until 9:49PM Trayodashi Until 8:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 6:39AM Sunset: 6:01PM	Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day
Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Kingston, Jamaica Sutra 293 Subhakrit 5124	
○	Copper Retreat Star Kataka Rasi: 6.54 Creative Work Siddha Yoga	Gulika 6:38AM – 8:04AM Yama 1:45PM – 3:11PM Rahu 9:29AM – 10:54AM	Pushya Until 1:41AM Sun Ayushman Until 4:08AM Sun Visti Until 12:17AM Sun Chaturdashi* Until 11:02AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 6:38AM Sunset: 6:01PM	Moon 1 - Phase 40 - Purnima Sivaloka Day
Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Kingston, Jamaica Sutra 294 Subhakrit 5124	
○	Silver Retreat Star Kataka Rasi: 18.48 Creative Work Siddha Yoga Until 4:19AM Mon Then Routine Work - Marana Yoga	Gulika 3:11PM – 4:36PM Yama 12:20PM – 1:45PM Rahu 4:36PM – 6:02PM	Ashlesha* Until 4:19AM Mon Saubhagya Until 4:50AM Mon Balava Until 2:39AM Mon Purnima* Until 1:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 6:38AM Sunset: 6:02PM	Moon 1 - Phase 40 - Prathama Sivaloka Day



Monday, February 6, 2023
Gold Retreat Star

Simha Rasi: 0.44 Tithi 16 – 17
Family Home Evening 952686577
 Routine Work Marana Yoga
 Until 7:10AM Tue
 Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
 Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:46PM – 3:11PM
Yama 10:54AM – 12:20PM
Rahu 8:03AM – 9:29AM

Magha* Until 7:10AM Tue
 Sobhana Until 5:27AM Tue
 Taitila Until 4:54AM Tue
Prathama* Until 3:46PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
 Moon – Red
Magha*Thai

Sunrise: 6:38AM
Sunset: 6:02PM

Kingston, Jamaica
 Sutra 295
 Subhakarit 5124
 Moon 2 - Phase 41 -
 1st Phase

Subha Sivaloka Day

1

Tuesday, February 7, 2023

Simha Rasi: 12.44 Tithi 17 – 18
 952686577
 Creative Work Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
 Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:20PM – 1:46PM
Yama 9:29AM – 10:54AM
Rahu 3:12PM – 4:37PM

Magha* Until 7:10AM
 Athiganda* Until 5:54AM Wed
 Vanija Until 6:57AM Wed
Dvitiya Until 5:55PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
 Moon – Red
Magha*Thai

Sunrise: 6:37AM
Sunset: 6:03PM

Kingston, Jamaica
 Sun 1 Sutra 296
 Subhakarit 5124
 Moon 2 - Phase 41 - 1
 1st Phase

Subha Sivaloka Day

2

Wednesday, February 8, 2023

Simha Rasi: 24.48 Tithi 18
 952686577
 Creative Work Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
 Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:54AM – 12:20PM
Yama 8:03AM – 9:29AM
Rahu 12:20PM – 1:46PM

Purvaphalguni Until 9:40AM
 Sukarma Until 6:11AM Thu
 Vanija Until 6:57AM
Tritiya Until 7:52PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
 Moon – Red
Magha*Thai

Sunrise: 6:37AM
Sunset: 6:03PM

Kingston, Jamaica
 Sun 2 Sutra 297
 Subhakarit 5124
 Moon 2 - Phase 41 - 2
 1st Phase

Subha Sivaloka Day

3

Thursday, February 9, 2023

Kanya Rasi: 6.58 Tithi 19
 952686577
 Amrita Yoga
 Until 11:45AM
 Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
 Uttaraaphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:28AM – 10:54AM
Yama 6:37AM – 8:02AM
Rahu 1:46PM – 3:12PM

Uttaraaphalguni Until 11:45AM
 Sukarma Until 6:11AM
 Bava Until 8:44AM
Chaturthi* Until 9:29PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
 Moon – Red
Magha*Thai

Sunrise: 6:37AM
Sunset: 6:04PM

Kingston, Jamaica
 Sun 3 Sutra 298
 Subhakarit 5124
 Moon 2 - Phase 41 - 3
 1st Phase

Subha Sivaloka Day

4

Friday, February 10, 2023

Kanya Rasi: 19.17 Tithi 20
 962686577
 Creative Work Amrita Yoga
 Until 1:48PM
 Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:02AM – 9:28AM
Yama 3:12PM – 4:38PM
Rahu 10:54AM – 12:20PM

Hasta Until 1:48PM
 Dhriti Until 6:13AM
 Kaulava Until 10:11AM
Panchami Until 10:42PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
 Moon – Green
Magha*Thai

Sunrise: 6:36AM
Sunset: 6:04PM

Kingston, Jamaica
 Sun 4 Sutra 299
 Subhakarit 5124
 Moon 2 - Phase 41 - 4
 1st Phase

Sivaloka Day

5

Saturday, February 11, 2023

Tula Rasi: 1.47 Tithi 21
 963686577
 Routine Work Marana Yoga
 Until 3:13PM
 Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:36AM – 8:02AM
Yama 1:46PM – 3:13PM
Rahu 9:28AM – 10:54AM

Chitra Until 3:13PM
 Ganda* Until 5:06AM Sun
 Gara Until 11:08AM
Shashthi* Until 11:22PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
 Moon – Green
Magha*Thai

Sunrise: 6:36AM
Sunset: 6:05PM

Kingston, Jamaica
 Sun 5 Sutra 300
 Subhakarit 5124
 Moon 2 - Phase 41 - 5
 1st Phase

Devaloka Day

6

Sunday, February 12, 2023

Tula Rasi: 14.34 Tithi 22
 963686577
 Creative Work Siddha Yoga
 Until 3:52PM
 Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:13PM – 4:39PM
Yama 12:20PM – 1:47PM
Rahu 4:39PM – 6:05PM

Svati Until 3:52PM
 Vridhhi Until 3:49AM Mon
 Visti Until 11:29AM
Saptami Until 11:22PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
 Moon – Green
Magha*Mas

Sunrise: 6:35AM
Sunset: 6:05PM

Kingston, Jamaica
 Sun 6 Sutra 301
 Subhakarit 5124
 Moon 2 - Phase 41 - 6
 1st Phase

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 27.4 Tithi 23
Family Home Evening 973686577
 Routine Work Marana Yoga
 Until 4:08PM
 Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:47PM – 3:13PM
Yama 10:54AM – 12:20PM
Rahu 8:01AM – 9:28AM

Vishakha Until 4:08PM
 Dhruva Until 1:56AM Tue
 Balava Until 11:07AM
Ashtami* Until 10:39PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
 Moon – Orange
Magha*Mas

Sunrise: 6:35AM
Sunset: 6:06PM

Kingston, Jamaica
 Sun 7 Sutra 302
 Subhakarit 5124
 Moon 2 - Phase 41 - 7
 Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.1 Tithi 24
 973686577
 Creative Work Siddha Yoga
 Until 3:32PM
 Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:20PM – 1:47PM
Yama 9:27AM – 10:54AM
Rahu 3:13PM – 4:40PM

Anuradha Until 3:32PM
 Vyaghata* Until 11:29PM
 Taitila Until 10:02AM
Navami* Until 9:11PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
 Moon – Orange
Magha*Mas

Sunrise: 6:34AM
Sunset: 6:06PM

Kingston, Jamaica
 Sun 8 Sutra 303
 Subhakarit 5124
 Moon 2 - Phase 41 - 8
 Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
 Raurava Agama Kriya Pada

l times are standard time. Calculated for Kingston, Jamaica on 5/1/


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1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukstayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau			Kingston, Jamaica
	Wrischika Rasi: 25.07	Tithi 25	973686577	Gulika 10:54AM – 12:20PM Yama 8:01AM – 9:27AM Rahu 12:20PM – 1:47PM	Jyeshtha* Until 2:05PM Harshana Until 8:29PM Vanija Until 8:13AM Dashami Until 7:02PM	Sun 9 Sutra 304 Subhakrit 5124 Moon 2 - Phase 42 - 9 2nd Phase
Creative Work Siddha Yoga Until 2:05PM Then Routine Work - Marana Yoga						Sivaloka Day

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukstayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Kingston, Jamaica
	Dhanus Rasi: 9.29	Tithi 26 – 27	983686577	Gulika 9:27AM – 10:54AM Yama 6:33AM – 8:00AM Rahu 1:47PM – 3:14PM	Mula* Until 12:18PM Vajra* Until 4:59PM Kaulava Until 2:43AM Fri Ekadashi* Until 4:16PM	Sun 10 Sutra 305 Subhakrit 5124 Moon 2 - Phase 42 - 10 2nd Phase
Creative Work Siddha Yoga						Devaloka Day

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukstayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Kingston, Jamaica
	Dhanus Rasi: 24.14	Tithi 27 – 28	983686577	Gulika 8:00AM – 9:27AM Yama 3:14PM – 4:41PM Rahu 10:53AM – 12:20PM	Purvashadha* Until 9:53AM Siddhi Until 1:08PM Gara Until 11:19PM Dvadashi* Until 1:02PM	Sun 11 Sutra 306 Subhakrit 5124 Moon 2 - Phase 42 - 11 2nd Phase
Routine Work Prabalarishta Yoga Until 9:53AM Then Routine Work - Marana Yoga						Devaloka Day

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukstayam Uttarashadha/Shravana Nakshatra Vyatlipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Kingston, Jamaica
	Makara Rasi: 9.17	Tithi 28 – 29	983686577	Gulika 6:32AM – 7:59AM Yama 1:47PM – 3:14PM Rahu 9:26AM – 10:53AM	Uttarashadha Until 6:59AM Vyatlipata* Until 9:01AM Visti Until 7:40PM Trayodashi* Until 9:29AM	Sun 12 Sutra 307 Subhakrit 5124 Moon 2 - Phase 42 - 12 2nd Phase
Routine Work Marana Yoga Until 6:59AM Then Creative Work - Siddha Yoga						Devaloka Day

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukstayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Kingston, Jamaica
	Retreat Star		Makara Rasi: 24.28	Tithi 30	993686577	Gulika 3:14PM – 4:41PM Yama 12:20PM – 1:47PM Rahu 4:41PM – 6:08PM
Routine Work Marana Yoga Until 1:16AM Mon Then Creative Work - Siddha Yoga						Devaloka Day

	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukstayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau			Kingston, Jamaica
	Retreat Star		Kumbha Rasi: 9.38	Tithi 1	993686577	Gulika 1:47PM – 3:14PM Yama 10:53AM – 12:20PM Rahu 7:58AM – 9:26AM
Family Home Evening Creative Work Siddha Yoga Until 10:23PM Then Routine Work - Marana Yoga						Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

l times are standard time. Calculated for Kingston, Jamaica on 5/1/

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1		Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kingston, Jamaica Sun 15 Sutra 310 Subhakrit 5124	
Kumbha Rasi: 24.37	Tithi 2	Gulika 12:20PM – 1:47PM	Purvaproshtapada* Until 8:10PM	Ganesha: Red	Sunrise: 6:31AM	Moon 2 - Phase 43 - 15	3rd Phase
913686577	Rahu	Yama 9:25AM – 10:53AM	Siddha Until 4:38PM	Muruqa: Purple	Sunset: 6:09PM	Sivaloka Day	
Routine Work	Marana Yoga	Rahu 3:14PM – 4:42PM	Balava Until 9:02AM	Nataraja: Orange			
Until 8:10PM			Dvitiya Until 7:31PM	Moon – Clear		Phalguna-Masi	
Then Creative Work - Amrita Yoga							

2		Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau		Kingston, Jamaica Sun 16 Sutra 311 Subhakrit 5124	
Meena Rasi: 9.17	Tithi 3 – 4	Gulika 10:52AM – 12:20PM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue	Sunrise: 6:30AM	Moon 2 - Phase 43 - 16	3rd Phase
913786577	Rahu	Yama 7:58AM – 9:25AM	Sadhya Until 1:16PM	Muruqa: Purple	Sunset: 6:09PM	Subha Sivaloka Day	
Creative Work	Siddha Yoga	Rahu 12:20PM – 1:47PM	Taitila Until 6:11AM	Nataraja: Orange			
Until 6:21PM			Tritiya Until 4:57PM	Moon – Clear		Phalguna-Masi	
Then Routine Work - Marana Yoga							

3		Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kingston, Jamaica Sun 17 Sutra 312 Subhakrit 5124	
Meena Rasi: 23.3	Tithi 4 – 5	Gulika 9:25AM – 10:52AM	Revati Until 5:05PM	Ganesha: Blue	Sunrise: 6:29AM	Moon 2 - Phase 43 - 17	3rd Phase
913786577	Rahu	Yama 6:29AM – 7:57AM	Subha Until 10:27AM	Muruqa: Purple	Sunset: 6:10PM	Subha Sivaloka Day	
Creative Work	Siddha Yoga	Rahu 1:47PM – 3:15PM	Bava Until 2:28AM Fri	Nataraja: Orange			
Until 5:05PM			Chaturthi* Until 3:05PM	Moon – Clear		Phalguna-Masi	
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day						

4		Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Kingston, Jamaica Sun 18 Sutra 313 Subhakrit 5124	
Mesha Rasi: 7.14	Tithi 5 – 6	Gulika 7:57AM – 9:24AM	Ashvini Until 4:55PM	Ganesha: Yellow	Sunrise: 6:29AM	Moon 2 - Phase 43 - 18	3rd Phase
923786577	Rahu	Yama 3:15PM – 4:42PM	Sukla Until 8:15AM	Muruqa: Purple	Sunset: 6:10PM	Sivaloka Day	
Creative Work	Amrita Yoga	Rahu 10:52AM – 12:19PM	Kaulava Until 1:51AM Sat	Nataraja: Orange			
Until 4:55PM			Panchami Until 2:02PM	Moon – White		Phalguna-Masi	
Then Creative Work - Siddha Yoga							

5		Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 19 Sutra 314 Subhakrit 5124	
Mesha Rasi: 20.29	Tithi 6 – 7	Gulika 6:28AM – 7:56AM	Bharani Until 5:27PM	Ganesha: Blue	Sunrise: 6:28AM	Moon 2 - Phase 43 - 19	3rd Phase
924786577	Rahu	Yama 1:47PM – 3:15PM	Brahma Until 6:44AM	Muruqa: Purple	Sunset: 6:10PM	Devaloka Day	
Creative Work	Siddha Yoga	Rahu 9:24AM – 10:52AM	Gara Until 2:05AM Sun	Nataraja: Orange			
Until 5:27PM			Shashthi* Until 1:50PM	Moon – White		Phalguna-Masi	
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 20 Sutra 315 Subhakrit 5124	
Vrishabha Rasi: 3.18	Tithi 7 – 8	Gulika 3:15PM – 4:43PM	Krittika Until 6:39PM	Ganesha: Blue	Sunrise: 6:28AM	Moon 2 - Phase 43 - 20	Ashtami
924786577	Rahu	Yama 12:19PM – 1:47PM	Vaidhriti* Until 5:41AM Mon	Muruqa: Purple	Sunset: 6:11PM	Devaloka Day	
Creative Work	Siddha Yoga	Rahu 4:43PM – 6:11PM	Visti Until 3:09AM Mon	Nataraja: Orange			
			Saptami Until 2:30PM	Moon – White		Phalguna-Masi	

Retreat Star		Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 21 Sutra 316 Subhakrit 5124	
Vrishabha Rasi: 15.46	Tithi 8 – 9	Gulika 1:47PM – 3:15PM	Rohini Until 8:51PM	Ganesha: Yellow	Sunrise: 6:27AM	Moon 2 - Phase 43 - 21	Navami
934786577	Rahu	Yama 10:51AM – 12:19PM	Vishkambha* Until 5:57AM Tue	Muruqa: Purple	Sunset: 6:11PM	Sivaloka Day	
Family Home Evening	Amrita Yoga	Rahu 7:55AM – 9:23AM	Balava Until 4:52AM Tue	Nataraja: Orange			
Creative Work			Ashtami* Until 3:55PM	Moon – Yellow		Phalguna-Masi	

1	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 22 Sutra 317 Subhakrit 5124
	Wrishabha Rasi: 27.56	Tithi 9 – 10	Gulika 12:19PM – 1:47PM	Mrigashira Until 11:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	
			Yama 9:23AM – 10:51AM	Priti Until 6:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44 - 22
	934786577	Rahu 3:15PM – 4:43PM	Taitila Until 7:04AM Wed	Navami* Until 5:54PM	Nataraja: Orange		4th Phase
Creative Work Siddha Yoga Until 11:24PM Then Routine Work - Marana Yoga						Sivaloka Day Phalguna-Masi	


2	Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 318 Subhakrit 5124
	Mithuna Rasi: 9.56	Tithi 10	Gulika 10:50AM – 12:18PM	Ardra Until 2:06AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	
			Yama 7:53AM – 9:22AM	Priti Until 6:34AM	Muruqa: Purple	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44 - 23
	934786577	Rahu 12:18PM – 1:47PM	Taitila Until 7:04AM	Dashami Until 8:15PM	Nataraja: Orange		4th Phase
Creative Work Siddha Yoga Until 2:06AM Thu Then Creative Work - Amrita Yoga						Sivaloka Day Phalguna-Masi	


3	Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 319 Subhakrit 5124
	Mithuna Rasi: 21.5	Tithi 11	Gulika 9:21AM – 10:50AM	Punarvasu Until 5:14AM Fri	Ganesha: White	<i>Sunrise:</i> 6:24AM	
			Yama 6:24AM – 7:53AM	Ayushman Until 7:22AM	Muruqa: Purple	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44 - 24
	944786577	Rahu 1:47PM – 3:15PM	Vanija Until 9:31AM	Ekadashi Until 10:45PM	Nataraja: Orange		4th Phase
Creative Work Amrita Yoga Until 5:14AM Fri Then Routine Work - Marana Yoga						Devaloka Day Phalguna-Masi	

4	Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 320 Subhakrit 5124
	Kataka Rasi: 3.42	Tithi 12	Gulika 7:52AM – 9:21AM	Pushya Until 8:10AM Sat	Ganesha: White	<i>Sunrise:</i> 6:24AM	
			Yama 3:15PM – 4:44PM	Saubhagya Until 8:14AM	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44 - 25
	944786577	Rahu 10:49AM – 12:18PM	Bava Until 12:02PM	Dvadashi Until 1:15AM Sat	Nataraja: Orange		4th Phase
Routine Work Marana Yoga						Devaloka Day Phalguna-Masi	

5	Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 321 Subhakrit 5124
	Kataka Rasi: 15.35	Tithi 13	Gulika 6:23AM – 7:52AM	Pushya Until 8:10AM	Ganesha: White	<i>Sunrise:</i> 6:23AM	
			Yama 1:47PM – 3:15PM	Sobhana Until 9:05AM	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44 - 26
	944786577	Rahu 9:20AM – 10:49AM	Kaulava Until 2:28PM	Trayodashi Until 3:37AM Sun	Nataraja: Orange		4th Phase
Creative Work Siddha Yoga Until 8:10AM Then Routine Work - Marana Yoga						Devaloka Day Phalguna-Masi <i>Pradosha Vrata</i>	

6	Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 322 Subhakrit 5124
	Kataka Rasi: 27.31	Tithi 14	Gulika 3:15PM – 4:44PM	Ashlesha* Until 10:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	
			Yama 12:18PM – 1:47PM	Athiganda* Until 9:47AM	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44 - 27
	144786577	Rahu 4:44PM – 6:13PM	Gara Until 4:44PM	Chaturdashi* Until 5:45AM Mon	Nataraja: Orange		4th Phase
Creative Work Siddha Yoga Until 10:47AM Then Routine Work - Marana Yoga		Chidambaram Abhishekam				Devaloka Day Phalguna-Masi	

	Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau				Kingston, Jamaica Sutra 323 Subhakrit 5124
	Simha Rasi: 9.32	Tithi 15	Gulika 1:46PM – 3:15PM	Magha* Until 1:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	
	Family Home Evening		Yama 10:48AM – 12:17PM	Sukarma Until 10:19AM	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44 -
	154786577	Rahu 7:50AM – 9:19AM	Visti Until 6:45PM	Purnima* Until 7:38AM Tue	Nataraja: Orange		Purnima
Routine Work Marana Yoga Until 1:31PM Then Creative Work - Siddha Yoga		Holi				Sivaloka Day Phalguna-Masi	

	Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sutra 324 Subhakrit 5124
	Simha Rasi: 21.4	Tithi 15 – 16	Gulika 12:17PM – 1:46PM	Purvaphalguni Until 3:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	
			Yama 9:19AM – 10:48AM	Dhriti Until 10:40AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 44 -
	154786577	Rahu 3:15PM – 4:45PM	Balava Until 8:28PM	Purnima* Until 7:38AM	Nataraja: Orange		Prathama
Creative Work Siddha Yoga Until 3:48PM Then Creative Work - Amrita Yoga						Sivaloka Day Phalguna-Masi	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kingston, Jamaica

Sutra 325

Subhakrit 5124

Kanya Rasi: 3.55 Tithi 16 - 17

154786577

Gulika 10:48AM - 12:17PM
Yama 7:49AM - 9:18AM
Rahu 12:17PM - 1:46PM

Uttaraphalguni Until 5:37PM
Shula* Until 10:44AM
Taitila Until 9:52PM
Prathama* Until 9:11AM

Ganesha: Clear *Sunrise: 6:20AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Orange
Moon - Red
Phalguna-Masi

Moon 3 - Phase 45 - 1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 5:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kingston, Jamaica

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 16.19 Tithi 17 - 18

164786577

Gulika 9:18AM - 10:47AM
Yama 6:19AM - 7:49AM
Rahu 1:46PM - 3:15PM

Hasta Until 7:25PM
Ganda* Until 10:34AM
Vanija Until 10:53PM
Dvitiya Until 10:24AM

Ganesha: White *Sunrise: 6:19AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Orange
Moon - Green
Phalguna-Masi

Moon 3 - Phase 45 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kingston, Jamaica

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 28.53 Tithi 18 - 19

165786577

Gulika 7:48AM - 9:17AM
Yama 3:15PM - 4:45PM
Rahu 10:47AM - 12:16PM

Chitra Until 8:40PM
Vridhhi Until 10:07AM
Bava Until 11:30PM
Tritiya Until 11:13AM

Ganesha: Yellow *Sunrise: 6:18AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Orange
Moon - Green
Phalguna-Masi

Moon 3 - Phase 45 - 2nd Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kingston, Jamaica

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 11.38 Tithi 19 - 20

165786577

Gulika 6:18AM - 7:47AM
Yama 1:46PM - 3:15PM
Rahu 9:17AM - 10:47AM

Svati Until 9:21PM
Dhruva Until 9:19AM
Kaulava Until 11:41PM
Chaturthi* Until 11:38AM

Ganesha: Yellow *Sunrise: 6:18AM*
Muruqa: Purple *Sunset: 6:15PM*
Nataraja: Orange
Moon - Green
Phalguna-Masi

Moon 3 - Phase 45 - 3rd Phase

Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kingston, Jamaica

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 24.37 Tithi 20 - 21

175786577

Gulika 3:15PM - 4:45PM
Yama 12:16PM - 1:46PM
Rahu 4:45PM - 6:15PM

Vishakha Until 9:52PM
Vyaghata* Until 8:11AM
Gara Until 11:23PM
Panchami Until 11:34AM

Ganesha: Blue *Sunrise: 6:17AM*
Muruqa: Purple *Sunset: 6:15PM*
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Moon 3 - Phase 45 - 4th Phase

Subha Sivaloka Day

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 7.5 Tithi 21 - 22

175786577

Gulika 1:46PM - 3:15PM
Yama 10:46AM - 12:16PM
Rahu 7:46AM - 9:16AM

Anuradha Until 9:44PM
Harshana Until 6:40AM
Visti Until 10:33PM
Shashthi* Until 11:01AM

Ganesha: Blue *Sunrise: 6:16AM*
Muruqa: Purple *Sunset: 6:15PM*
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Moon 3 - Phase 45 - 5th Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Kingston, Jamaica

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.2 Tithi 22 - 23

175786577

Gulika 12:15PM - 1:45PM
Yama 9:15AM - 10:45AM
Rahu 3:15PM - 4:45PM

Jyeshtha* Until 8:56PM
Siddhi Until 2:22AM Wed
Balava Until 9:12PM
Saptami Until 9:56AM

Ganesha: Blue *Sunrise: 6:15AM*
Muruqa: Purple *Sunset: 6:15PM*
Nataraja: Orange
Moon - Orange
Phalguna-Panguni

Moon 3 - Phase 45 - 6th Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Until 8:56PM

Then Creative Work - Amrita Yoga

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kingston, Jamaica

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.1 Tithi 23 - 24

185786578

Gulika 10:45AM - 12:15PM
Yama 7:45AM - 9:15AM
Rahu 12:15PM - 1:45PM

Mula* Until 7:55PM
Vyatipata* Until 11:37PM
Taitila Until 7:20PM
Ashtami* Until 8:19AM

Ganesha: Red *Sunrise: 6:14AM*
Muruqa: Purple *Sunset: 6:16PM*
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Moon 3 - Phase 45 - 7th Phase

Sivaloka Day

Routine Work Marana Yoga

Until 7:55PM

Then Creative Work - Amrita Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

l times are standard time. Calculated for Kingston, Jamaica on 5/1/

www.gurudeva.org/panchang

1	Thursday, March 16, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Visti* Karana Navami/Dashmyam Titau				Kingston, Jamaica Sun 8 Sutra 333
	Dhanus Rasi: 19.18	Tithi 24 – 25	Gulika 9:14AM – 10:45AM	Purvashadha* Until 6:17PM	Ganesha: Red	Sunrise: 6:14AM	Subhakrit 5124
	185786578	Rahu 1:45PM – 3:15PM	Yama 6:14AM – 7:44AM	Variyan Until 8:28PM	Muruqa: Purple	Sunset: 6:16PM	Moon 3 - Phase 46 - 8
Creative Work Siddha Yoga			Visti Until 3:39AM Fri	Nataraja: Clear		2nd Phase	
Until 6:17PM			Navami* Until 6:12AM	Moon – Light Blue		Sivaloka Day	
Then Routine Work - Marana Yoga				Phalguna-Panguni			

2	Friday, March 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Kingston, Jamaica Sun 9 Sutra 334
	Makara Rasi: 3.44	Tithi 26	Gulika 7:43AM – 9:14AM	Uttarashadha Until 4:08PM	Ganesha: Red	Sunrise: 6:13AM	Subhakrit 5124
	185786578	Rahu 10:44AM – 12:15PM	Yama 3:15PM – 4:46PM	Parigha* Until 5:02PM	Muruqa: Purple	Sunset: 6:16PM	Moon 3 - Phase 46 - 9
Routine Work Marana Yoga			Bava Until 2:16PM	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 12:46AM Sat	Moon – Light Blue		Sivaloka Day	
				Phalguna-Panguni			

3	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kingston, Jamaica Sun 10 Sutra 335
	Makara Rasi: 18.24	Tithi 27	Gulika 6:12AM – 7:43AM	Shravana Until 1:59PM	Ganesha: Green	Sunrise: 6:12AM	Subhakrit 5124
	195786578	Rahu 9:13AM – 10:44AM	Yama 1:45PM – 3:15PM	Shiva Until 1:23PM	Muruqa: Purple	Sunset: 6:16PM	Moon 3 - Phase 46 - 10
Creative Work Siddha Yoga			Kaulava Until 11:15AM	Nataraja: Clear		2nd Phase	
			Dvadashi* Until 9:39PM	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

4	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica Sun 11 Sutra 336
	Kumbha Rasi: 3.13	Tithi 28	Gulika 3:15PM – 4:46PM	Dhanishtha Until 11:34AM	Ganesha: Green	Sunrise: 6:11AM	Subhakrit 5124
	196896578	Rahu 4:46PM – 6:17PM	Yama 12:14PM – 1:45PM	Siddha Until 9:35AM	Muruqa: Clear	Sunset: 6:17PM	Moon 3 - Phase 46 - 11
Routine Work Marana Yoga			Gara Until 8:04AM	Nataraja: Clear		2nd Phase	
Until 11:34AM			Trayodashi* Until 6:27PM	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Monday, March 20, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kingston, Jamaica Sun 12 Sutra 337
	Kumbha Rasi: 18.02	Tithi 29 – 30	Gulika 1:44PM – 3:15PM	Shatabhishak Until 9:01AM	Ganesha: Green	Sunrise: 6:10AM	Subhakrit 5124
	196896578	Rahu 7:41AM – 9:12AM	Yama 10:43AM – 12:14PM	Subha Until 2:11AM Tue	Muruqa: Clear	Sunset: 6:17PM	Moon 3 - Phase 46 - 12
Family Home Evening			Catuspada Until 1:50AM Tue	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga			Chaturdashi* Until 3:19PM	Moon – Purple		Sivaloka Day	
Until 9:01AM				Phalguna-Panguni			
Then Routine Work - Marana Yoga							

●	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sukla Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Kingston, Jamaica Sun 13 Sutra 338
	Retreat Star		Gulika 12:13PM – 1:44PM	Purvaproshtapada* Until 6:55AM	Ganesha: Orange	Sunrise: 6:10AM	Subhakrit 5124
	Meena Rasi: 2.46	Tithi 30 – 1	Yama 9:11AM – 10:42AM	Sukla Until 10:45PM	Muruqa: Clear	Sunset: 6:17PM	Moon 3 - Phase 46 - 13
116896578			Rahu 3:15PM – 4:46PM	Kintughna Until 11:06PM	Nataraja: Clear	Amavasya	
Routine Work Marana Yoga			Amavasya* Until 12:24PM	Moon – Clear		Devaloka Day	
Until 6:55AM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga							

●	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Kingston, Jamaica Sun 14 Sutra 339
	Retreat Star		Gulika 10:42AM – 12:13PM	Revati Until 3:28AM Thu	Ganesha: Orange	Sunrise: 6:09AM	Subhakrit 5124
	Meena Rasi: 17.14	Tithi 1 – 2	Yama 7:40AM – 9:11AM	Brahma Until 7:43PM	Muruqa: Clear	Sunset: 6:17PM	Moon 3 - Phase 46 - 14
116896578			Rahu 12:13PM – 1:44PM	Balava Until 8:48PM	Nataraja: Clear	Prathama	
Routine Work Marana Yoga			Yugadhi	Prathama* Until 9:52AM	Moon – Clear	Devaloka Day	
Until 3:28AM Thu				Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kingston, Jamaica Sun 15 Sutra 340 Subhakrit 5124		
Mesha Rasi: 1.22	Tithi 2 – 3	Gulika 9:10AM – 10:42AM	Ashvini Until 2:50AM Fri	Ganesha: Clear	Sunrise: 6:08AM	Muruqa: Clear	Sunset: 6:17PM	Moon 3 - Phase 47 - 15 3rd Phase
		Yama 6:08AM – 7:39AM	Indra Until 5:11PM	Nataraja: Clear				
		126896578 Rahu 1:44PM – 3:15PM	Taitila Until 7:06PM	Moon – White				
Creative Work Amrita Yoga		Chellappaswami Mahasamadhi	Dvitiya Until 7:51AM	Chaitra•Panguni				Devaloka Day
Until 2:50AM Fri								
Then Creative Work - Siddha Yoga								
2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kingston, Jamaica Sun 16 Sutra 341 Subhakrit 5124		
Mesha Rasi: 15.06	Tithi 3 – 4	Gulika 7:38AM – 9:10AM	Bharani Until 2:48AM Sat	Ganesha: Clear	Sunrise: 6:07AM	Muruqa: Clear	Sunset: 6:18PM	Moon 3 - Phase 47 - 16 3rd Phase
		Yama 3:15PM – 4:46PM	Vaidhriti* Until 3:10PM	Nataraja: Clear				
		126896578 Rahu 10:41AM – 12:12PM	Vanija Until 6:07PM	Moon – White				
Creative Work Siddha Yoga			Tritiya Until 6:30AM	Chaitra•Panguni				Devaloka Day
Until 2:48AM Sat								
Then Creative Work - Amrita Yoga								
3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 17 Sutra 342 Subhakrit 5124		
Mesha Rasi: 28.25	Tithi 5	Gulika 6:06AM – 7:38AM	Krittika Until 3:22AM Sun	Ganesha: Clear	Sunrise: 6:06AM	Muruqa: Clear	Sunset: 6:18PM	Moon 3 - Phase 47 - 17 3rd Phase
		Yama 1:44PM – 3:15PM	Vishkambha* Until 1:48PM	Nataraja: Clear				
		126896578 Rahu 9:09AM – 10:41AM	Bava Until 5:55PM	Moon – White				
Creative Work Amrita Yoga			Panchami Until 6:05AM Sun	Chaitra•Panguni				Devaloka Day
Until 3:22AM Sun								
Then Creative Work - Siddha Yoga								
4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kingston, Jamaica Sun 18 Sutra 343 Subhakrit 5124		
Vrishabha Rasi: 11.18	Tithi 5 – 6	Gulika 3:15PM – 4:47PM	Rohini Until 4:59AM Mon	Ganesha: Clear	Sunrise: 6:06AM	Muruqa: Clear	Sunset: 6:18PM	Moon 3 - Phase 47 - 18 3rd Phase
		Yama 12:12PM – 1:43PM	Priti Until 1:03PM	Nataraja: Clear				
		137896578 Rahu 4:47PM – 6:18PM	Kaulava Until 6:30PM	Moon – Yellow				
Creative Work Siddha Yoga			Panchami Until 6:05AM	Chaitra•Panguni				Devaloka Day
Until 4:59AM Mon								
Then Creative Work - Amrita Yoga								
5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kingston, Jamaica Sun 19 Sutra 344 Subhakrit 5124		
Vrishabha Rasi: 23.5	Tithi 6 – 7	Gulika 1:43PM – 3:15PM	Mrigashira Until 7:05AM Tue	Ganesha: Clear	Sunrise: 6:05AM	Muruqa: Clear	Sunset: 6:18PM	Moon 3 - Phase 47 - 19 3rd Phase
Family Home Evening		Yama 10:40AM – 12:12PM	Ayushman Until 12:50PM	Nataraja: Clear				
		137896578 Rahu 7:36AM – 9:08AM	Gara Until 7:47PM	Moon – Yellow				
Creative Work Amrita Yoga			Shashthi* Until 7:02AM	Chaitra•Panguni				Devaloka Day
Until 7:05AM Tue								
Then Routine Work - Marana Yoga								
Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau		Kingston, Jamaica Sun 20 Sutra 345 Subhakrit 5124		
Mithuna Rasi: 6.06	Tithi 7 – 8	Gulika 12:11PM – 1:43PM	Mrigashira Until 7:05AM	Ganesha: Clear	Sunrise: 6:04AM	Muruqa: Clear	Sunset: 6:18PM	Moon 3 - Phase 47 - 20 Ashtami
		Yama 9:08AM – 10:39AM	Saubhagya Until 1:07PM	Nataraja: Clear				
		137896578 Rahu 3:15PM – 4:47PM	Visiti Until 9:39PM	Moon – Yellow				
Creative Work Siddha Yoga			Saptami Until 8:38AM	Chaitra•Panguni				Devaloka Day
Until 7:05AM								
Then Routine Work - Marana Yoga								
Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kingston, Jamaica Sun 21 Sutra 346 Subhakrit 5124		
Mithuna Rasi: 18.1	Tithi 8 – 9	Gulika 10:39AM – 12:11PM	Ardra Until 9:30AM	Ganesha: Clear	Sunrise: 6:03AM	Muruqa: Clear	Sunset: 6:19PM	Moon 3 - Phase 47 - 21 Navami
		Yama 7:35AM – 9:07AM	Sobhana Until 1:45PM	Nataraja: Clear				
		137896578 Rahu 12:11PM – 1:43PM	Balava Until 11:53PM	Moon – Yellow				
Creative Work Siddha Yoga			Ashtami* Until 10:42AM	Chaitra•Panguni				Devaloka Day
		Sri Rama Navami						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1	Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Kingston, Jamaica
	Kataka Rasi: 0.06	Tithi 9 – 10	147896578	Gulika 9:06AM – 10:39AM Yama 6:02AM – 7:34AM Rahu 1:43PM – 3:15PM	Punarvasu Until 12:30PM Athiganda* Until 2:32PM Taitila Until 2:17AM Fri Navami* Until 1:03PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sun 22 Sutra 347 Subhakrit 5124 Moon 3 - Phase 48 - 22 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga					

2	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica
	Kataka Rasi: 11.59	Tithi 10 – 11	147896578	Gulika 7:34AM – 9:06AM Yama 3:15PM – 4:47PM Rahu 10:38AM – 12:10PM	Pushya Until 3:26PM Sukarma Until 3:23PM Vanija Until 4:41AM Sat Dashami Until 3:29PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sun 23 Sutra 348 Subhakrit 5124 Moon 3 - Phase 48 - 23 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga					

3	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica
	Kataka Rasi: 23.53	Tithi 11 – 12	147896578	Gulika 6:01AM – 7:34AM Yama 1:43PM – 3:15PM Rahu 9:06AM – 10:38AM	Ashlesha* Until 6:05PM Dhriti Until 4:11PM Bava Until 6:54AM Sun Ekadashi Until 5:48PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sun 24 Sutra 349 Subhakrit 5124 Moon 3 - Phase 48 - 24 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga		Yogaswami Mahasamadhi			
	Until 6:05PM	Then Creative Work - Amrita Yoga					

4	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica
	Simha Rasi: 5.52	Tithi 12	158896578	Gulika 3:15PM – 4:47PM Yama 12:10PM – 1:42PM Rahu 4:47PM – 6:19PM	Magha* Until 8:50PM Shula* Until 4:46PM Bava Until 6:54AM Dvadashi Until 7:52PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sun 25 Sutra 350 Subhakrit 5124 Moon 3 - Phase 48 - 25 4th Phase Devaloka Day
	Routine Work	Marana Yoga					
	Until 8:50PM	Then Creative Work - Siddha Yoga					

5	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kingston, Jamaica
	Simha Rasi: 17.58	Tithi 13	158896578	Gulika 1:42PM – 3:15PM Yama 10:37AM – 12:10PM Rahu 7:32AM – 9:05AM	Purvaphalguni Until 11:04PM Ganda* Until 5:06PM Kaulava Until 8:48AM Trayodashi Until 9:34PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sun 26 Sutra 351 Subhakrit 5124 Moon 3 - Phase 48 - 26 4th Phase Devaloka Day
	Family Home Evening	Creative Work	Siddha Yoga				

Pradosha Vrata

6	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica
	Kanya Rasi: 0.13	Tithi 14	158896578	Gulika 12:09PM – 1:42PM Yama 9:04AM – 10:37AM Rahu 3:15PM – 4:47PM	Uttaraphalguni Until 12:42AM Wed Vridhhi Until 5:07PM Gara Until 10:17AM Chaturdashi* Until 10:50PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sun 27 Sutra 352 Subhakrit 5124 Moon 3 - Phase 48 - 27 4th Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until 12:42AM Wed	Then Routine Work - Marana Yoga					

○	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Kingston, Jamaica
	Copper Retreat Star		168896578	Gulika 10:36AM – 12:09PM Yama 7:31AM – 9:04AM Rahu 12:09PM – 1:42PM	Hasta Until 2:11AM Thu Dhruva Until 4:44PM Visti Until 11:17AM Purnima* Until 11:36PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sutra 353 Subhakrit 5124 Moon 3 - Phase 48 - Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga		Panguni Uttiram Hanuman Jayanti			
	Until 2:11AM Thu	Then Creative Work - Siddha Yoga					

○	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica
	Silver Retreat Star		168896578	Gulika 9:03AM – 10:36AM Yama 5:57AM – 7:30AM Rahu 1:42PM – 3:14PM	Chitra Until 3:03AM Fri Vyaghata* Until 4:00PM Balava Until 11:49AM Prathama* Until 11:52PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sutra 354 Subhakrit 5124 Moon 3 - Phase 48 - Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 8.15 Tithi 17
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 7:30AM – 9:03AM
Yama 3:14PM – 4:47PM
168896578 **Rahu** 10:36AM – 12:09PM
Svati Until 3:18AM Sat
Harshana Until 2:54PM
Taitila Until 11:51AM
Dvitiya Until 11:41PM

Kingston, Jamaica
Sun 1 Sutra 355
Subhakit 5124
Moon 4 - Phase 49 - 1
1st Phase
Ganesha: Blue *Sunrise:* 5:57AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: Clear
Moon – Green
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 21.23 Tithi 18
Creative Work Siddha Yoga
Until 3:28AM Sun
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 5:56AM – 7:29AM
Yama 1:41PM – 3:14PM
179896578 **Rahu** 9:02AM – 10:35AM
Vishakha Until 3:28AM Sun
Vajra* Until 1:26PM
Vanija Until 11:27AM
Tritiya Until 11:05PM

Kingston, Jamaica
Sun 2 Sutra 356
Subhakit 5124
Moon 4 - Phase 49 - 2
1st Phase
Ganesha: Red *Sunrise:* 5:56AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Orange
Devaloka Day
Chaitra•Panguni

2

Sunday, April 9, 2023

Virschika Rasi: 4.44 Tithi 19
Routine Work Marana Yoga
Until 3:07AM Mon
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 3:14PM – 4:48PM
Yama 12:08PM – 1:41PM
179896578 **Rahu** 4:48PM – 6:21PM
Anuradha Until 3:07AM Mon
Siddhi Until 11:40AM
Bava Until 10:40AM
Chaturthi* Until 10:06PM

Kingston, Jamaica
Sun 3 Sutra 357
Subhakit 5124
Moon 4 - Phase 49 - 3
1st Phase
Ganesha: Red *Sunrise:* 5:55AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Orange
Devaloka Day
Chaitra•Panguni

3

Monday, April 10, 2023

Virschika Rasi: 18.18 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 1:41PM – 3:14PM
Yama 10:34AM – 12:08PM
179896578 **Rahu** 7:28AM – 9:01AM
Jyeshtha* Until 2:17AM Tue
Vyatipata* Until 9:38AM
Kaulava Until 9:30AM
Panchami Until 8:47PM

Kingston, Jamaica
Sun 4 Sutra 358
Subhakit 5124
Moon 4 - Phase 49 - 4
1st Phase
Ganesha: Red *Sunrise:* 5:54AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Orange
Devaloka Day
Chaitra•Panguni

4

Tuesday, April 11, 2023

Dhanus Rasi: 2.02 Tithi 21
Creative Work Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 12:07PM – 1:41PM
Yama 9:01AM – 10:34AM
189896578 **Rahu** 3:14PM – 4:48PM
Mula* Until 1:28AM Wed
Variyan Until 7:19AM
Gara Until 8:02AM
Shashthi* Until 7:10PM

Kingston, Jamaica
Sun 5 Sutra 359
Subhakit 5124
Moon 4 - Phase 49 - 5
1st Phase
Ganesha: Green *Sunrise:* 5:54AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Light Blue
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

5

Wednesday, April 12, 2023

Dhanus Rasi: 15.58 Tithi 22 – 23
Creative Work Amrita Yoga
Until 12:14AM Thu
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:34AM – 12:07PM
Yama 7:26AM – 9:00AM
189896578 **Rahu** 12:07PM – 1:41PM
Purvashadha* Until 12:14AM Thu
Shiva Until 2:04AM Thu
Visti Until 6:16AM
Saptami Until 5:16PM

Kingston, Jamaica
Sun 6 Sutra 360
Subhakit 5124
Moon 4 - Phase 49 - 6
1st Phase
Ganesha: Green *Sunrise:* 5:53AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Light Blue
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Makara Rasi: 0.03 Tithi 23 – 24
Routine Work Marana Yoga
Until 10:39PM
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:59AM – 10:33AM
Yama 5:52AM – 7:26AM
189996578 **Rahu** 1:41PM – 3:14PM
Uttarashadha Until 10:39PM
Siddha Until 11:08PM
Taitila Until 2:01AM Fri
Ashtami* Until 3:09PM

Kingston, Jamaica
Sun 7 Sutra 361
Subhakit 5124
Moon 4 - Phase 49 - 7
Ashtami
Ganesha: White *Sunrise:* 5:52AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Light Blue
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Makara Rasi: 14.16 Tithi 24 – 25
Routine Work Marana Yoga
Until 9:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau
Gulika 7:25AM – 8:59AM
Yama 3:14PM – 4:48PM
299996578 **Rahu** 10:33AM – 12:07PM
Shravana Until 9:10PM
Sadhya Until 8:05PM
Vanija Until 11:38PM
Navami* Until 12:49PM

Kingston, Jamaica
Sun 8 Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 8
Navami
Ganesha: White *Sunrise:* 5:51AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Purple
Bhuloka Day
Chaitra•Chaitra Devaloka Time: 3:PM to 6:PM

Tamil New Year

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 9 Sutra 363
	Makara Rasi: 28.36	Tithi 25 – 26	Gulika 5:51AM – 7:25AM	Dhanishtha Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 5:51AM	Sobhana 5125
			Yama 1:40PM – 3:14PM	Subha Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 4 - Phase 1 - 9
		299996578	Rahu 8:58AM – 10:32AM	Bava Until 9:08PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Dashami Until 10:22AM	Moon – Purple		Bhuloka Day	
Until 7:26PM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Kingston, Jamaica Sun 10 Sutra 364
	Kumbha Rasi: 12.59	Tithi 26 – 27	Gulika 3:14PM – 4:48PM	Shatabhishak Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Sobhana 5125
			Yama 12:06PM – 1:40PM	Sukla Until 1:46PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 4 - Phase 1 - 10
		291996578	Rahu 4:48PM – 6:22PM	Kaulava Until 6:37PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 7:51AM	Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Kingston, Jamaica Sun 11 Sutra 1
	Kumbha Rasi: 27.21	Tithi 28	Gulika 1:40PM – 3:14PM	Purvaproshtapada* Until 4:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:49AM	Sobhana 5125
	Family Home Evening		Yama 10:32AM – 12:06PM	Brahma Until 10:39AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 1 - 11
		211996578	Rahu 7:23AM – 8:57AM	Gara Until 4:11PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Trayodashi* Until 3:01AM Tue	Moon – Clear		Devaloka Day	
Until 4:01PM				Chaitra+Chaitra			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 2
	Meena Rasi: 11.37	Tithi 29	Gulika 12:06PM – 1:40PM	Uttaraproshtapada Until 2:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:48AM	Sobhana 5125
			Yama 8:57AM – 10:31AM	Indra Until 7:40AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 1 - 12
		211996578	Rahu 3:14PM – 4:49PM	Visti Until 1:57PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 12:55AM Wed	Moon – Clear		Devaloka Day	
Until 2:32PM				Chaitra+Chaitra			
Then Creative Work - Siddha Yoga							

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 13 Sutra 3
	Retreat Star		Gulika 10:31AM – 12:05PM	Revati Until 1:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:48AM	Sobhana 5125
	Meena Rasi: 25.43	Tithi 30	Yama 7:22AM – 8:57AM	Vishkambha* Until 2:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 1 - 13
		211996578	Rahu 12:05PM – 1:40PM	Catuspada Until 12:02PM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga			Amavasya* Until 11:12PM	Moon – Clear		Devaloka Day	
				Chaitra+Chaitra			

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 14 Sutra 4
	Mesha Rasi: 9.32	Tithi 1	Gulika 8:56AM – 10:31AM	Ashvini Until 12:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Sobhana 5125
			Yama 5:47AM – 7:22AM	Priti Until 12:27AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 4 - Phase 1 - 14
		221996578	Rahu 1:40PM – 3:14PM	Kintughna Until 10:32AM	Nataraja: Clear		Prathama
Creative Work Amrita Yoga			Prathama* Until 9:58PM	Moon – White		Devaloka Day	
Until 12:39PM				Vaisaka+Chaitra			
Then Creative Work - Siddha Yoga							

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 5
	Mesha Rasi: 23.04	Tithi 2	Gulika 7:21AM – 8:56AM	Bharani Until 12:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Sobhana 5125
			Yama 3:14PM – 4:49PM	Ayushman Until 10:53PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 2 - 15
	Creative Work	Siddha Yoga	221996578 Rahu 10:30AM – 12:05PM	Balava Until 9:35AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 9:19PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 6
	Visshabha Rasi: 6.16	Tithi 3	Gulika 5:46AM – 7:20AM	Krittika Until 12:44PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Sobhana 5125
			Yama 1:40PM – 3:14PM	Saubhagya Until 9:51PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 2 - 16
	Creative Work	Amrita Yoga	221996578 Rahu 8:55AM – 10:30AM	Taitila Until 9:15AM	Nataraja: Clear		3rd Phase
			Tritiya Until 9:19PM	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Kingston, Jamaica Sun 17 Sutra 7
	Visshabha Rasi: 19.07	Tithi 4	Gulika 3:14PM – 4:49PM	Rohini Until 1:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:45AM	Sobhana 5125
			Yama 12:05PM – 1:39PM	Sobhana Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 2 - 17
	Creative Work	Siddha Yoga	231996578 Rahu 4:49PM – 6:24PM	Vanija Until 9:35AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 9:59PM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Kingston, Jamaica Sun 18 Sutra 8
	Mithuna Rasi: 1.4	Tithi 5	Gulika 1:39PM – 3:14PM	Mrigashira Until 3:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:44AM	Sobhana 5125
	Family Home Evening		Yama 10:29AM – 12:04PM	Athiganda* Until 9:17PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 4 - Phase 2 - 18
	Creative Work	Amrita Yoga	231996578 Rahu 7:19AM – 8:54AM	Bava Until 10:34AM	Nataraja: Clear		3rd Phase
Until 3:40PM			Panchami Until 11:15PM	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga			Adi Sankara Jayanthi	Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Kingston, Jamaica Sun 19 Sutra 9
	Mithuna Rasi: 13.58	Tithi 6	Gulika 12:04PM – 1:39PM	Ardra Until 5:44PM	Ganesha: Orange	<i>Sunrise:</i> 5:44AM	Sobhana 5125
			Yama 8:54AM – 10:29AM	Sukarma Until 9:38PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 2 - 19
	Routine Work	Marana Yoga	231996579 Rahu 3:14PM – 4:50PM	Kaulava Until 12:07PM	Nataraja: Purple		3rd Phase
Until 5:44PM			Shashthi* Until 1:02AM Wed	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Kingston, Jamaica Sun 20 Sutra 10
	Mithuna Rasi: 26.04	Tithi 7	Gulika 10:29AM – 12:04PM	Punarvasu Until 8:31PM	Ganesha: Green	<i>Sunrise:</i> 5:43AM	Sobhana 5125
			Yama 7:18AM – 8:54AM	Dhriti Until 10:18PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 2 - 20
	Creative Work	Siddha Yoga	241996579 Rahu 12:04PM – 1:39PM	Gara Until 2:06PM	Nataraja: Purple		3rd Phase
			Saptami Until 3:11AM Thu	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Kingston, Jamaica Sun 21 Sutra 11
	Retreat Star		Gulika 8:53AM – 10:28AM	Pushya Until 11:21PM	Ganesha: Red	<i>Sunrise:</i> 5:42AM	Sobhana 5125
	Kataka Rasi: 8.02	Tithi 8	Yama 5:42AM – 7:18AM	Shula* Until 11:06PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 4 - Phase 2 - 21
			242996579 Rahu 1:39PM – 3:15PM	Visiti Until 4:21PM	Nataraja: Purple		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 5:30AM Fri	Moon – Blue		Sivaloka Day	
Until 11:21PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Kingston, Jamaica Sun 22 Sutra 12
	Retreat Star		Gulika 7:17AM – 8:53AM	Ashlesha* Until 2:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:42AM	Sobhana 5125
	Kataka Rasi: 19.57	Tithi 9	Yama 3:15PM – 4:50PM	Ganda* Until 11:57PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 2 - 22
			242996579 Rahu 10:28AM – 12:04PM	Balava Until 6:42PM	Nataraja: Purple		Navami
Routine Work	Marana Yoga		Navami* Until 7:49AM Sat	Moon – Blue		Sivaloka Day	
Until 2:03AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kingston, Jamaica Sun 23 Sutra 13
	Simha Rasi: 1.52	Tithi 9 – 10	Gulika 5:41AM – 7:17AM	Magha* Until 4:56AM Sun	Ganesha: Blue <i>Sunrise:</i> 5:41AM		Sobhana 5125
			Yama 1:39PM – 3:15PM	Vriddhi Until 12:42AM Sun	Muruqa: Clear <i>Sunset:</i> 6:26PM		Moon 4 - Phase 3 - 23
		252996579	Rahu 8:52AM – 10:28AM	Taitila Until 8:55PM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Navami* Until 7:49AM	Moon – Red		Devaloka Day	
Until 4:56AM Sun				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							


2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 14
	Simha Rasi: 13.52	Tithi 10 – 11	Gulika 3:15PM – 4:50PM	Purvaphalguni Until 7:17AM Mon	Ganesha: Blue <i>Sunrise:</i> 5:41AM		Sobhana 5125
			Yama 12:03PM – 1:39PM	Dhruva Until 1:10AM Mon	Muruqa: Clear <i>Sunset:</i> 6:26PM		Moon 4 - Phase 3 - 24
		252996579	Rahu 4:50PM – 6:26PM	Vanija Until 10:51PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dashami Until 9:55AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 15
	Simha Rasi: 26	Tithi 11 – 12	Gulika 1:39PM – 3:15PM	Purvaphalguni Until 7:17AM	Ganesha: Blue <i>Sunrise:</i> 5:39AM		Sobhana 5125
	Family Home Evening		Yama 10:27AM – 12:03PM	Vyaghata* Until 1:17AM Tue	Muruqa: Clear <i>Sunset:</i> 6:27PM		Moon 4 - Phase 3 - 25
		252996579	Rahu 7:15AM – 8:51AM	Bava Until 12:19AM Tue	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 11:38AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 16
	Kanya Rasi: 8.2	Tithi 12 – 13	Gulika 12:03PM – 1:39PM	Uttaraphalguni Until 9:00AM	Ganesha: Blue <i>Sunrise:</i> 5:39AM		Sobhana 5125
			Yama 8:51AM – 10:27AM	Harshana Until 12:58AM Wed	Muruqa: Clear <i>Sunset:</i> 6:27PM		Moon 4 - Phase 3 - 26
		252996579	Rahu 3:15PM – 4:51PM	Kaulava Until 1:11AM Wed	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Dvadashi Until 12:48PM	Moon – Red		Devaloka Day	
Until 9:00AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 17
	Kanya Rasi: 20.57	Tithi 13 – 14	Gulika 10:27AM – 12:03PM	Hasta Until 10:27AM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM		Sobhana 5125
			Yama 7:14AM – 8:51AM	Vajra* Until 12:07AM Thu	Muruqa: Clear <i>Sunset:</i> 6:27PM		Moon 4 - Phase 3 - 27
		262996579	Rahu 12:03PM – 1:39PM	Gara Until 1:26AM Thu	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Trayodashi Until 1:22PM	Moon – Green		Sivaloka Day	
Until 10:27AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica Sun 28 Sutra 18
	Copper Retreat Star		Gulika 8:50AM – 10:27AM	Chitra Until 11:07AM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM		Sobhana 5125
	Tula Rasi: 3.52	Tithi 14 – 15	Yama 5:38AM – 7:14AM	Siddhi Until 10:48PM	Muruqa: Clear <i>Sunset:</i> 6:28PM		Moon 4 - Phase 3 - Purnima
		262996579	Rahu 1:39PM – 3:15PM	Vistil Until 1:03AM Fri	Nataraja: Purple		
Creative Work Siddha Yoga			Chaturdashi* Until 1:18PM	Moon – Green		Sivaloka Day	
Until 11:07AM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica Sun 29 Sutra 19
	Silver Retreat Star		Gulika 7:14AM – 8:50AM	Svati Until 11:02AM	Ganesha: Yellow <i>Sunrise:</i> 5:37AM		Sobhana 5125
	Tula Rasi: 17.05	Tithi 15 – 16	Yama 3:15PM – 4:52PM	Vyatipata* Until 9:01PM	Muruqa: Clear <i>Sunset:</i> 6:28PM		Moon 4 - Phase 3 - Prathama
		262996579	Rahu 10:26AM – 12:03PM	Balava Until 12:05AM Sat	Nataraja: Purple		
Creative Work Siddha Yoga			Purnima* Until 12:37PM	Moon – Green		Sivaloka Day	
				Vaisaka-Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda