



Monday, April 18, 2022
Gold Retreat Star

Tula Rasi: 21.46 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 1:07AM Tue
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Vanija Karana Dvitiya/Trityayam Titau
Gulika 2:18PM – 4:06PM
Yama 10:43AM – 12:31PM
Rahu 7:08AM – 8:55AM
Vishakha Until 1:07AM Tue
Siddhi Until 5:51PM
Taitila Until 6:16AM
Dvitiya Until 4:54PM

Moscow, Russia
Sutra 1
Subhakrit 5124
Sunrise: 5:20AM
Sunset: 7:41PM
Moon 4 - Phase 1 - 1st Phase
Bhuloka Day
Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Orange
Chaitra+Chaitra

1

Tuesday, April 19, 2022

Virschika Rasi: 6.17 Tithi 18 – 19
278345478
Creative Work Siddha Yoga
Until 11:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritya/Chaturthyam Titau
Gulika 12:30PM – 2:19PM
Yama 8:54AM – 10:42AM
Rahu 4:07PM – 5:55PM
Anuradha Until 11:06PM
Vyatipata* Until 2:29PM
Bava Until 12:45AM Wed
Tritya Until 2:07PM

Moscow, Russia
Sun 1
Sutra 2
Subhakrit 5124
Sunrise: 5:18AM
Sunset: 7:43PM
Moon 4 - Phase 1 - 1st Phase
Bhuloka Day
Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Orange
Chaitra+Chaitra

2

Wednesday, April 20, 2022

Virschika Rasi: 20.5 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 9:00PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 10:41AM – 12:30PM
Yama 7:04AM – 8:53AM
Rahu 12:30PM – 2:19PM
Jyeshtha* Until 9:00PM
Variyan Until 11:05AM
Kaulava Until 10:01PM
Chaturthi* Until 11:21AM

Moscow, Russia
Sun 2
Sutra 3
Subhakrit 5124
Sunrise: 5:15AM
Sunset: 7:45PM
Moon 4 - Phase 1 - 2nd Phase
Bhuloka Day
Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Orange
Chaitra+Chaitra

3

Thursday, April 21, 2022

Dhanus Rasi: 5.2 Tithi 20 – 21
288345478
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 8:51AM – 10:41AM
Yama 5:13AM – 7:02AM
Rahu 2:19PM – 4:08PM
Mula* Until 7:19PM
Parigha* Until 7:47AM
Gara Until 7:25PM
Panchami Until 8:40AM

Moscow, Russia
Sun 3
Sutra 4
Subhakrit 5124
Sunrise: 5:13AM
Sunset: 7:47PM
Moon 4 - Phase 1 - 3rd Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM
Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

4

Friday, April 22, 2022

Dhanus Rasi: 19.42 Tithi 21 – 22
289345478
Routine Work Prabalarishta Yoga
Until 5:43PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau
Gulika 7:00AM – 8:50AM
Yama 4:09PM – 5:59PM
Rahu 10:40AM – 12:30PM
Purvashadha* Until 5:43PM
Siddha Until 1:42AM Sat
Bava Until 3:57AM Sat
Shashthi* Until 6:11AM

Moscow, Russia
Sun 4
Sutra 5
Subhakrit 5124
Sunrise: 5:11AM
Sunset: 7:49PM
Moon 4 - Phase 1 - 4th Phase
Devaloka Day
Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

D

Saturday, April 23, 2022
Retreat Star

Makara Rasi: 3.54 Tithi 23
289345478
Routine Work Marana Yoga
Until 4:15PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 5:08AM – 6:59AM
Yama 2:20PM – 4:10PM
Rahu 8:49AM – 10:39AM
Uttarashadha Until 4:15PM
Sadhya Until 11:00PM
Balava Until 2:58PM
Ashtami* Until 2:02AM Sun

Moscow, Russia
Sun 5
Sutra 6
Subhakrit 5124
Sunrise: 5:08AM
Sunset: 7:51PM
Moon 4 - Phase 1 - 5th Phase
Devaloka Day
Ganesha: Purple
Muruga: White
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Sunday, April 24, 2022
Retreat Star

Makara Rasi: 17.54 Tithi 24
299345478
Creative Work Amrita Yoga
Until 3:24PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau
Gulika 4:11PM – 6:02PM
Yama 12:29PM – 2:20PM
Rahu 6:02PM – 7:53PM
Shravana Until 3:24PM
Subha Until 8:35PM
Taitila Until 1:12PM
Navami* Until 12:26AM Mon

Moscow, Russia
Sun 6
Sutra 7
Subhakrit 5124
Sunrise: 5:06AM
Sunset: 7:53PM
Moon 4 - Phase 1 - 6th Phase
Bhuloka Day
Devaloka Time: 9:AM to 12:PM
Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Moscow, Russia Sun 7 Sutra 8
1		Gulika 2:21PM – 4:12PM	Dhanishtha Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	Subhakrit 5124
Kumbha Rasi: 1.41	Tithi 25	Yama 10:38AM – 12:29PM	Sukla Until 6:26PM	Muruqa: White	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 2 - 7
Family Home Evening	299345479	Rahu 6:55AM – 8:46AM	Vanija Until 11:47AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:12PM	Moon – Purple		Devaloka Day
				Chaitra+Chaitra		

Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Moscow, Russia Sun 8 Sutra 9
2		Gulika 12:29PM – 2:21PM	Shatabhishak Until 2:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Subhakrit 5124
Kumbha Rasi: 15.15	Tithi 26	Yama 8:45AM – 10:37AM	Brahma Until 4:36PM	Muruqa: White	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 2 - 8
Routine Work	299345479	Rahu 4:13PM – 6:05PM	Bava Until 10:45AM	Nataraja: Clear		2nd Phase
Marana Yoga			Ekadashi* Until 10:21PM	Moon – Purple		Devaloka Day
				Chaitra+Chaitra		

Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Moscow, Russia Sun 9 Sutra 10
3		Gulika 10:36AM – 12:29PM	Purvaproshtapada* Until 2:36PM	Ganesha: Red	<i>Sunrise:</i> 4:59AM	Subhakrit 5124
Kumbha Rasi: 28.35	Tithi 27	Yama 6:51AM – 8:44AM	Indra Until 3:07PM	Muruqa: White	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 2 - 9
Creative Work	219345479	Rahu 12:29PM – 2:21PM	Kaulava Until 10:07AM	Nataraja: Clear		2nd Phase
Amrita Yoga			Dvadashi* Until 9:56PM	Moon – Clear		Devaloka Day
Until 2:36PM				Chaitra+Chaitra		
Then Creative Work - Siddha Yoga						

Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Moscow, Russia Sun 10 Sutra 11
4		Gulika 8:43AM – 10:36AM	Uttaraproshtapada Until 3:10PM	Ganesha: Blue	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
Meena Rasi: 11.43	Tithi 28	Yama 4:57AM – 6:50AM	Vaidhriti* Until 1:57PM	Muruqa: White	<i>Sunset:</i> 8:01PM	Moon 4 - Phase 2 - 10
Creative Work	219445479	Rahu 2:22PM – 4:15PM	Gara Until 9:54AM	Nataraja: Clear		2nd Phase
Siddha Yoga			Trayodashi* Until 9:57PM	Moon – Clear		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 6:PM to 9:PM
						<i>Pradosha Vrata (Fasting)</i>

Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Moscow, Russia Sun 11 Sutra 12
5		Gulika 6:48AM – 8:41AM	Revati Until 4:02PM	Ganesha: Blue	<i>Sunrise:</i> 4:54AM	Subhakrit 5124
Meena Rasi: 24.35	Tithi 29	Yama 4:16PM – 6:09PM	Vishkambha* Until 1:11PM	Muruqa: White	<i>Sunset:</i> 8:03PM	Moon 4 - Phase 2 - 11
Creative Work	219445479	Rahu 10:35AM – 12:29PM	Visti Until 10:10AM	Nataraja: Clear		2nd Phase
Siddha Yoga			Chaturdashi* Until 10:27PM	Moon – Clear		Bhuloka Day
Until 4:02PM				Chaitra+Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Moscow, Russia Sun 12 Sutra 13
Retreat Star		Gulika 4:52AM – 6:46AM	Ashvini Until 5:41PM	Ganesha: Green	<i>Sunrise:</i> 4:52AM	Subhakrit 5124
Mesha Rasi: 7.14	Tithi 30	Yama 2:22PM – 4:17PM	Priti Until 12:48PM	Muruqa: White	<i>Sunset:</i> 8:05PM	Moon 4 - Phase 2 - 12
Creative Work	221445479	Rahu 8:40AM – 10:34AM	Catuspada Until 10:55AM	Nataraja: Clear		Amavasya
Siddha Yoga			Amavasya* Until 11:27PM	Moon – White		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 6:PM to 9:PM

Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Moscow, Russia Sun 13 Sutra 14
Retreat Star		Gulika 4:18PM – 6:12PM	Bharani Until 7:40PM	Ganesha: Green	<i>Sunrise:</i> 4:50AM	Subhakrit 5124
Mesha Rasi: 19.4	Tithi 1	Yama 12:28PM – 2:23PM	Ayushman Until 12:46PM	Muruqa: White	<i>Sunset:</i> 8:07PM	Moon 4 - Phase 2 - 13
Routine Work	221445479	Rahu 6:12PM – 8:07PM	Kintughna Until 12:10PM	Nataraja: Clear		Prathama
Prabalarishta Yoga			Prathama* Until 12:56AM Mon	Moon – White		Bhuloka Day
Until 7:40PM				Vaisaka+Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Moscow, Russia Sun 14 Sutra 15 Subhakrit 5124
1	Vrishabha Rasi: 1.54 Tithi 2	Gulika 2:23PM – 4:18PM	Krittika Until 9:55PM	Ganesha: Green <i>Sunrise: 4:48AM</i>	Muruqa: White <i>Sunset: 8:09PM</i>	Moon 4 - Phase 3 - 14 3rd Phase
Family Home Evening	221445479 Rahu 6:43AM – 8:38AM	Yama 10:33AM – 12:28PM	Saubhagya Until 1:07PM	Nataraja: Clear	Bhuloka Day	
Routine Work Marana Yoga			Balava Until 1:52PM	Moon – White	Devaloka Time: 6:PM to 9:PM	
Until 9:55PM			Dvitiya Until 2:51AM Tue	Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Moscow, Russia Sun 15 Sutra 16 Subhakrit 5124
2	Vrishabha Rasi: 13.57 Tithi 3	Gulika 12:28PM – 2:24PM	Rohini Until 12:50AM Wed	Ganesha: White <i>Sunrise: 4:45AM</i>	Muruqa: White <i>Sunset: 8:11PM</i>	Moon 4 - Phase 3 - 15 3rd Phase
Creative Work Amrita Yoga	231445479 Rahu 4:19PM – 6:15PM	Yama 8:37AM – 10:32AM	Sobhana Until 1:47PM	Nataraja: Clear	Bhuloka Day	
Until 12:50AM Wed			Taitila Until 3:58PM	Moon – Yellow	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga		Akshaya Tritiya	Tritiya Until 5:06AM Wed	Vaisaka-Chaitra		

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija Karana Chaturthyam Titau				Moscow, Russia Sun 16 Sutra 17 Subhakrit 5124
3	Vrishabha Rasi: 25.53 Tithi 4	Gulika 10:32AM – 12:28PM	Mrigashira Until 3:48AM Thu	Ganesha: White <i>Sunrise: 4:43AM</i>	Muruqa: White <i>Sunset: 8:13PM</i>	Moon 4 - Phase 3 - 16 3rd Phase
Creative Work Siddha Yoga	231445479 Rahu 12:28PM – 2:24PM	Yama 6:39AM – 8:36AM	Athiganda* Until 2:38PM	Nataraja: Clear	Bhuloka Day	
Until 3:48AM Thu			Vanija Until 6:21PM	Moon – Yellow	Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga			Chaturthi* Until 7:34AM Thu	Vaisaka-Chaitra		

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Moscow, Russia Sun 17 Sutra 18 Subhakrit 5124
4	Mithuna Rasi: 7.44 Tithi 4 – 5	Gulika 8:34AM – 10:31AM	Ardra Until 6:40AM Fri	Ganesha: White <i>Sunrise: 4:41AM</i>	Muruqa: White <i>Sunset: 8:15PM</i>	Moon 4 - Phase 3 - 17 3rd Phase
Routine Work Marana Yoga	231445479 Rahu 2:25PM – 4:21PM	Yama 4:41AM – 6:38AM	Sukarma Until 3:37PM	Nataraja: Clear	Bhuloka Day	
Until 6:40AM Fri			Bava Until 8:51PM	Moon – Yellow	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga			Chaturthi* Until 7:34AM	Vaisaka-Chaitra		

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Moscow, Russia Sun 18 Sutra 19 Subhakrit 5124
5	Mithuna Rasi: 19.34 Tithi 5 – 6	Gulika 6:36AM – 8:33AM	Ardra Until 6:40AM	Ganesha: White <i>Sunrise: 4:39AM</i>	Muruqa: White <i>Sunset: 8:16PM</i>	Moon 4 - Phase 3 - 18 3rd Phase
Creative Work Siddha Yoga	231445479 Rahu 10:31AM – 12:28PM	Yama 4:22PM – 6:19PM	Dhriti Until 4:36PM	Nataraja: Clear	Bhuloka Day	
			Kaulava Until 11:18PM	Moon – Yellow	Devaloka Time: 6:PM to 9:PM	
			Panchami Until 10:04AM	Vaisaka-Chaitra		

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Moscow, Russia Sun 19 Sutra 20 Subhakrit 5124
6	Kataka Rasi: 1.27 Tithi 6 – 7	Gulika 4:37AM – 6:35AM	Punarvasu Until 9:46AM	Ganesha: Clear <i>Sunrise: 4:37AM</i>	Muruqa: White <i>Sunset: 8:18PM</i>	Moon 4 - Phase 3 - 19 3rd Phase
Creative Work Siddha Yoga	241445479 Rahu 8:32AM – 10:30AM	Yama 2:25PM – 4:23PM	Shula* Until 5:26PM	Nataraja: Clear	Devaloka Day	
			Gara Until 1:31AM Sun	Moon – Blue		
			Shashthi* Until 12:26PM	Vaisaka-Chaitra		

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Moscow, Russia Sun 20 Sutra 21 Subhakrit 5124
Retreat Star	Kataka Rasi: 13.26 Tithi 7 – 8	Gulika 4:24PM – 6:22PM	Pushya Until 12:25PM	Ganesha: Clear <i>Sunrise: 4:35AM</i>	Muruqa: White <i>Sunset: 8:20PM</i>	Moon 4 - Phase 3 - 20 Ashtami
Creative Work Siddha Yoga	241445479 Rahu 6:22PM – 8:20PM	Yama 12:28PM – 2:26PM	Ganda* Until 6:00PM	Nataraja: Clear	Devaloka Day	
			Visti Until 3:20AM Mon	Moon – Blue		
		Mother's Day	Saptami Until 2:28PM	Vaisaka-Chaitra		

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Moscow, Russia Sun 21 Sutra 22 Subhakrit 5124
Retreat Star	Kataka Rasi: 25.35 Tithi 8 – 9	Gulika 2:26PM – 4:25PM	Ashlesha* Until 2:25PM	Ganesha: Clear <i>Sunrise: 4:33AM</i>	Muruqa: White <i>Sunset: 8:22PM</i>	Moon 4 - Phase 3 - 21 Navami
Family Home Evening	241445479 Rahu 6:32AM – 8:30AM	Yama 10:29AM – 12:28PM	Vriddhi Until 6:11PM	Nataraja: Clear	Devaloka Day	
Creative Work Siddha Yoga			Balava Until 4:33AM Tue	Moon – Blue		
Until 2:25PM			Ashtami* Until 4:00PM	Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1		Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Moscow, Russia Sun 22 Sutra 23	
Simha Rasi: 7.59	Tithi 9 – 10	Gulika 12:27PM – 2:27PM	Magha* Until 4:08PM	Ganesha: Clear	<i>Sunrise:</i> 4:31AM	Subhakrit 5124	
		Yama 8:29AM – 10:28AM	Dhruva Until 5:49PM	Muruqa: White	<i>Sunset:</i> 8:24PM	Moon 4 - Phase 4 - 22	4th Phase
Creative Work	Siddha Yoga	252445479 Rahu 4:26PM – 6:25PM	Taitila Until 5:04AM Wed	Nataraja: Clear			
			Navami* Until 4:53PM	Moon – Red			Devaloka Day
				Vaisaka-Chaitra			

2		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Moscow, Russia Sun 23 Sutra 24	
Simha Rasi: 20.43	Tithi 10 – 11	Gulika 10:28AM – 12:27PM	Purvaphalguni Until 4:57PM	Ganesha: Clear	<i>Sunrise:</i> 4:29AM	Subhakrit 5124	
		Yama 6:29AM – 8:28AM	Vyaghata* Until 4:53PM	Muruqa: White	<i>Sunset:</i> 8:26PM	Moon 4 - Phase 4 - 23	4th Phase
Creative Work	Amrita Yoga	252445479 Rahu 12:27PM – 2:27PM	Vanija Until 4:49AM Thu	Nataraja: Clear			
			Dashami Until 5:01PM	Moon – Red			Devaloka Day
				Vaisaka-Chaitra			

3		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Moscow, Russia Sun 24 Sutra 25	
Kanya Rasi: 3.5	Tithi 11 – 12	Gulika 8:27AM – 10:27AM	Uttaraphalguni Until 4:51PM	Ganesha: Clear	<i>Sunrise:</i> 4:27AM	Subhakrit 5124	
		Yama 4:27AM – 6:27AM	Harshana Until 3:21PM	Muruqa: White	<i>Sunset:</i> 8:28PM	Moon 4 - Phase 4 - 24	4th Phase
	Amrita Yoga	252445479 Rahu 2:28PM – 4:28PM	Bava Until 3:47AM Fri	Nataraja: Clear			
Until 4:51PM			Ekadashi Until 4:23PM	Moon – Red			Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

4		Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Moscow, Russia Sun 25 Sutra 26	
Kanya Rasi: 17.22	Tithi 12 – 13	Gulika 6:26AM – 8:26AM	Hasta Until 4:19PM	Ganesha: White	<i>Sunrise:</i> 4:25AM	Subhakrit 5124	
		Yama 4:29PM – 6:29PM	Vajra* Until 1:11PM	Muruqa: White	<i>Sunset:</i> 8:30PM	Moon 4 - Phase 4 - 25	4th Phase
Creative Work	Amrita Yoga	262445479 Rahu 10:27AM – 12:27PM	Kaulava Until 2:02AM Sat	Nataraja: Clear			
Until 4:19PM			Dvadashi Until 2:58PM	Moon – Green			Sivaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			
				<i>Pradosha Vrata</i>			

5		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Moscow, Russia Sun 26 Sutra 27	
Tula Rasi: 1.2	Tithi 13 – 14	Gulika 4:23AM – 6:24AM	Chitra Until 2:58PM	Ganesha: White	<i>Sunrise:</i> 4:23AM	Subhakrit 5124	
		Yama 2:28PM – 4:29PM	Siddhi Until 10:28AM	Muruqa: White	<i>Sunset:</i> 8:32PM	Moon 4 - Phase 4 - 26	4th Phase
Routine Work	Marana Yoga	262445479 Rahu 8:25AM – 10:26AM	Gara Until 11:40PM	Nataraja: Clear			
Until 2:58PM			Trayodashi Until 12:54PM	Moon – Green			Sivaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Moscow, Russia Sun 27 Sutra 28	
Copper Retreat Star		Gulika 4:30PM – 6:32PM	Svati Until 12:56PM	Ganesha: White	<i>Sunrise:</i> 4:21AM	Subhakrit 5124	
Tula Rasi: 15.41	Tithi 14 – 15	Yama 12:27PM – 2:29PM	Vyatipata* Until 7:19AM	Muruqa: White	<i>Sunset:</i> 8:33PM	Moon 4 - Phase 4 - 27	Purnima
Creative Work	Siddha Yoga	262445479 Rahu 6:32PM – 8:33PM	Visti Until 8:49PM	Nataraja: Clear			
Until 12:56PM			Chaturdashi* Until 10:16AM	Moon – Green			Sivaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Vaikasi			

Monday, May 16, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Moscow, Russia Sutra 29	
Vrischika Rasi: 0.22	Tithi 15 – 16	Gulika 2:29PM – 4:31PM	Vishakha Until 10:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:20AM	Subhakrit 5124	
Family Home Evening		Yama 10:25AM – 12:27PM	Parigha* Until 12:00AM Tue	Muruqa: White	<i>Sunset:</i> 8:35PM	Moon 4 - Phase 4 -	Prathama
Routine Work	Marana Yoga	272445479 Rahu 6:22AM – 8:23AM	Kaulava Until 3:56AM Tue	Nataraja: Clear			
Until 10:47AM			Purnima* Until 7:14AM	Moon – Orange			Devaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Moscow, Russia
Sutra 30

Vrischika Rasi: 15.15 Tithi 17

272445479

Gulika 12:27PM – 2:30PM
Yama 8:23AM – 10:25AM
Rahu 4:32PM – 6:35PM

Anuradha Until 8:15AM

Shiva Until 8:07PM

Taitila Until 2:14PM

Dvitiya Until 12:31AM Wed

Ganesha: Yellow *Sunrise:* 4:18AM

Muruqa: White *Sunset:* 8:37PM

Nataraja: Clear

Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:15AM

Then Routine Work - Marana Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Moscow, Russia
Sun 1 Sutra 31

Dhanus Rasi: 0.13 Tithi 18

282445479

Gulika 10:25AM – 12:27PM
Yama 6:19AM – 8:22AM
Rahu 12:27PM – 2:30PM

Mula* Until 3:07AM Thu

Siddha Until 4:13PM

Vanija Until 10:49AM

Tritiya Until 9:08PM

Ganesha: Blue *Sunrise:* 4:16AM

Muruqa: White *Sunset:* 8:39PM

Nataraja: Clear

Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 3:07AM Thu

Then Creative Work - Siddha Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia
Sun 2 Sutra 32

Dhanus Rasi: 15.07 Tithi 19 – 20

282445479

Gulika 8:21AM – 10:24AM
Yama 4:14AM – 6:18AM
Rahu 2:31PM – 4:34PM

Purvashadha* Until 12:47AM Fri

Sadhya Until 12:27PM

Bava Until 7:30AM

Chaturthi* Until 5:55PM

Ganesha: Blue *Sunrise:* 4:14AM

Muruqa: White *Sunset:* 8:40PM

Nataraja: Clear

Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
2 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 12:47AM Fri

Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Moscow, Russia
Sun 3 Sutra 33

Dhanus Rasi: 29.5 Tithi 20 – 21

282445479

Gulika 6:16AM – 8:20AM
Yama 4:35PM – 6:39PM
Rahu 10:24AM – 12:28PM

Uttarashadha Until 10:40PM

Subha Until 8:55AM

Gara Until 1:43AM Sat

Panchami Until 3:01PM

Ganesha: Blue *Sunrise:* 4:13AM

Muruqa: White *Sunset:* 8:42PM

Nataraja: Clear

Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
3 1st Phase

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia
Sun 4 Sutra 34

Makara Rasi: 14.17 Tithi 21 – 22

292445479

Gulika 4:11AM – 6:15AM
Yama 2:32PM – 4:36PM
Rahu 8:19AM – 10:23AM

Shravana Until 9:17PM

Brahma Until 2:51AM Sun

Visti Until 11:28PM

Shashthi* Until 12:31PM

Ganesha: Red *Sunrise:* 4:11AM

Muruqa: White *Sunset:* 8:44PM

Nataraja: Clear

Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
4 1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia
Sun 5 Sutra 35

Makara Rasi: 28.25 Tithi 22 – 23

292445479

Gulika 4:37PM – 6:41PM
Yama 12:28PM – 2:32PM
Rahu 6:41PM – 8:46PM

Dhanishtha Until 8:17PM

Indra Until 12:29AM Mon

Balava Until 9:45PM

Saptami Until 10:31AM

Ganesha: Red *Sunrise:* 4:10AM

Muruqa: White *Sunset:* 8:46PM

Nataraja: Clear

Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
5 Ashtami

Devaloka Day

Routine Work Marana Yoga

Until 8:17PM

Then Creative Work - Siddha Yoga

Monday, May 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia
Sun 6 Sutra 36

Kumbha Rasi: 12.11 Tithi 23 – 24

293445479

Gulika 2:33PM – 4:37PM
Yama 10:23AM – 12:28PM
Rahu 6:13AM – 8:18AM

Shatabhishak Until 7:43PM

Vaidhriti* Until 10:34PM

Taitila Until 8:38PM

Ashtami* Until 9:06AM

Ganesha: Green *Sunrise:* 4:08AM

Muruqa: White *Sunset:* 8:47PM

Nataraja: Clear

Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
6 Navami

Bhuloka Day

Creative Work Siddha Yoga

Until 7:43PM

Then Routine Work - Marana Yoga

Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1	Tuesday, May 24, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Moscow, Russia
	Kumbha Rasi: 25.37	Tithi 24 – 25	Gulika 12:28PM – 2:33PM	Purvaproshtapada* Until 8:03PM	Ganesha: Clear	<i>Sunrise:</i> 4:07AM	Sun 7 Sutra 37
	213545479	Rahu 4:38PM – 6:44PM	Navami* Until 8:16AM	Muruqa: White	<i>Sunset:</i> 8:49PM	Subhakrit 5124	Moon 5 - Phase 6 - 7
Routine Work Marana Yoga				Nataraja: Clear		2nd Phase	
Until 8:03PM				Moon – Clear		Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			

2	Wednesday, May 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Moscow, Russia
	Meena Rasi: 8.43	Tithi 25 – 26	Gulika 10:22AM – 12:28PM	Uttaraproshtapada Until 8:48PM	Ganesha: Clear	<i>Sunrise:</i> 4:05AM	Sun 8 Sutra 38
	213545479	Rahu 12:28PM – 2:33PM	Dashami Until 8:02AM	Muruqa: White	<i>Sunset:</i> 8:50PM	Subhakrit 5124	Moon 5 - Phase 6 - 8
Creative Work Siddha Yoga				Nataraja: Clear		2nd Phase	
Until 8:48PM				Moon – Clear		Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Vaikasi			

3	Thursday, May 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Moscow, Russia
	Meena Rasi: 21.32	Tithi 26 – 27	Gulika 8:16AM – 10:22AM	Revati Until 9:57PM	Ganesha: Purple	<i>Sunrise:</i> 4:04AM	Sun 9 Sutra 39
	313545479	Rahu 2:34PM – 4:40PM	Ekadashi* Until 8:23AM	Muruqa: White	<i>Sunset:</i> 8:52PM	Subhakrit 5124	Moon 5 - Phase 6 - 9
Creative Work Siddha Yoga				Nataraja: Clear		2nd Phase	
Until 9:57PM				Moon – Clear		Sivaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			

4	Friday, May 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau				Moscow, Russia
	Mesha Rasi: 4.05	Tithi 27 – 28	Gulika 6:09AM – 8:15AM	Ashvini Until 11:54PM	Ganesha: Clear	<i>Sunrise:</i> 4:03AM	Sun 10 Sutra 40
	323545479	Rahu 10:22AM – 12:28PM	Dvadashi* Until 9:17AM	Muruqa: White	<i>Sunset:</i> 8:54PM	Subhakrit 5124	Moon 5 - Phase 6 - 10
Creative Work Amrita Yoga				Nataraja: Clear		2nd Phase	
Until 11:54PM				Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Saturday, May 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Moscow, Russia
	Mesha Rasi: 16.26	Tithi 28 – 29	Gulika 4:01AM – 6:08AM	Bharani Until 2:08AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:01AM	Sun 11 Sutra 41
	323545479	Rahu 8:15AM – 10:21AM	Trayodashi* Until 10:39AM	Muruqa: White	<i>Sunset:</i> 8:55PM	Subhakrit 5124	Moon 5 - Phase 6 - 11
Creative Work Siddha Yoga				Nataraja: Clear		2nd Phase	
Until 4:32AM Mon				Moon – White		Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			

	Sunday, May 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Moscow, Russia
	Retreat Star		Gulika 4:42PM – 6:49PM	Krittika Until 4:32AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:00AM	Sun 12 Sutra 42
	Mesha Rasi: 28.37	Tithi 29 – 30	Rahu 6:49PM – 8:56PM	Athiganda* Until 8:22PM	Muruqa: White	<i>Sunset:</i> 8:56PM	Subhakrit 5124
Creative Work Siddha Yoga				Nataraja: Clear		Amavasya	
Until 4:32AM Mon				Moon – White		Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			

Retreat Star	Monday, May 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Moscow, Russia
	Vrishabha Rasi: 10.38	Tithi 30 – 1	Gulika 2:36PM – 4:43PM	Rohini Until 7:33AM Tue	Ganesha: Orange	<i>Sunrise:</i> 3:59AM	Sun 13 Sutra 43
	Family Home Evening	333545479	Rahu 6:06AM – 8:14AM	Sukarma Until 9:09PM	Muruqa: White	<i>Sunset:</i> 8:58PM	Subhakrit 5124
Creative Work Amrita Yoga				Nataraja: Clear		Moon 5 - Phase 6 - 13	
Until 7:33AM Tue				Moon – Yellow		Prathama	
Then Creative Work - Siddha Yoga				Amavasya* Until 2:32PM		Devaloka Day	
				Jyeshtha-Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Moscow, Russia
	Vrishabha Rasi: 22.34 Tithi 1 – 2		Rohini/Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Sun 14 Sutra 44
	Creative Work Amrita Yoga	333545479	Gulika 12:28PM – 2:36PM Yama 8:13AM – 10:21AM Rahu 4:44PM – 6:52PM	Rohini Until 7:33AM Dhriti Until 10:06PM Balava Until 6:07AM Wed Prathama* Until 4:52PM	Ganesha: Orange <i>Sunrise:</i> 3:58AM Muruqa: White <i>Sunset:</i> 8:59PM Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 3:58AM <i>Sunset:</i> 8:59PM	Subhakit 5124 Moon 5 - Phase 7 - 14 3rd Phase

2	Wednesday, June 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Moscow, Russia
	Mithuna Rasi: 4.25 Tithi 2		Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvityayam Titau				Sun 15 Sutra 45
	Creative Work Siddha Yoga	333545479	Gulika 10:21AM – 12:29PM Yama 6:05AM – 8:13AM Rahu 12:29PM – 2:37PM	Mrigashira Until 10:33AM Shula* Until 11:05PM Balava Until 6:07AM Dvitiya Until 7:20PM	Ganesha: Orange <i>Sunrise:</i> 3:57AM Muruqa: White <i>Sunset:</i> 9:01PM Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 3:57AM <i>Sunset:</i> 9:01PM	Subhakit 5124 Moon 5 - Phase 7 - 15 3rd Phase

3	Thursday, June 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Moscow, Russia
	Mithuna Rasi: 16.14 Tithi 3		Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 46
	Routine Work Marana Yoga	333555479	Gulika 8:12AM – 10:20AM Yama 3:56AM – 6:04AM Rahu 2:37PM – 4:45PM	Ardra Until 1:25PM Ganda* Until 12:06AM Fri Taitila Until 8:36AM Tritiya Until 9:49PM	Ganesha: Orange <i>Sunrise:</i> 3:56AM Muruqa: Green <i>Sunset:</i> 9:02PM Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 3:56AM <i>Sunset:</i> 9:02PM	Subhakit 5124 Moon 5 - Phase 7 - 16 3rd Phase

4	Friday, June 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Moscow, Russia
	Mithuna Rasi: 28.05 Tithi 4		Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 47
	Creative Work Siddha Yoga	343555479	Gulika 6:03AM – 8:12AM Yama 4:46PM – 6:55PM Rahu 10:20AM – 12:29PM	Punarvasu Until 4:35PM Vriddhi Until 1:03AM Sat Vanija Until 11:03AM Chaturthi* Until 12:12AM Sat	Ganesha: Clear <i>Sunrise:</i> 3:55AM Muruqa: Green <i>Sunset:</i> 9:03PM Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 3:55AM <i>Sunset:</i> 9:03PM	Subhakit 5124 Moon 5 - Phase 7 - 17 3rd Phase

5	Saturday, June 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Moscow, Russia
	Kataka Rasi: 9.59 Tithi 5		Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 48
	Creative Work Siddha Yoga	343555479	Gulika 3:54AM – 6:03AM Yama 2:38PM – 4:47PM Rahu 8:11AM – 10:20AM	Pushya Until 7:23PM Dhruva Until 1:47AM Sun Bava Until 1:20PM Panchami Until 2:21AM Sun	Ganesha: Clear <i>Sunrise:</i> 3:54AM Muruqa: Green <i>Sunset:</i> 9:04PM Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 3:54AM <i>Sunset:</i> 9:04PM	Subhakit 5124 Moon 5 - Phase 7 - 18 3rd Phase

6	Sunday, June 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Moscow, Russia
	Kataka Rasi: 21.59 Tithi 6		Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19 Sutra 49
	Creative Work Siddha Yoga	343555471	Gulika 4:47PM – 6:56PM Yama 12:29PM – 2:38PM Rahu 6:56PM – 9:06PM	Ashlesha* Until 9:42PM Vyaghata* Until 2:15AM Mon Kaulava Until 3:19PM Shashthi* Until 4:08AM Mon	Ganesha: Clear <i>Sunrise:</i> 3:53AM Muruqa: Green <i>Sunset:</i> 9:06PM Nataraja: Yellow Moon – Blue	<i>Sunrise:</i> 3:53AM <i>Sunset:</i> 9:06PM	Subhakit 5124 Moon 5 - Phase 7 - 19 3rd Phase

☾	Monday, June 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Moscow, Russia
	Retreat Star		Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 50
	Simha Rasi: 4.08 Tithi 7	353555471	Gulika 2:39PM – 4:48PM Yama 10:20AM – 12:29PM Rahu 6:01AM – 8:11AM	Magha* Until 11:53PM Harshana Until 2:21AM Tue Gara Until 4:51PM Saptami Until 5:23AM Tue	Ganesha: Purple <i>Sunrise:</i> 3:52AM Muruqa: Green <i>Sunset:</i> 9:07PM Nataraja: Yellow Moon – Red	<i>Sunrise:</i> 3:52AM <i>Sunset:</i> 9:07PM	Subhakit 5124 Moon 5 - Phase 7 - 20 3rd Phase

☾	Tuesday, June 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Moscow, Russia
	Retreat Star		Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 51
	Simha Rasi: 16.3 Tithi 8	354555471	Gulika 12:30PM – 2:39PM Yama 8:10AM – 10:20AM Rahu 4:49PM – 6:58PM	Purvaphalguni Until 1:18AM Wed Vajra* Until 1:55AM Wed Visti Until 5:48PM Ashtami* Until 6:00AM Wed	Ganesha: Clear <i>Sunrise:</i> 3:51AM Muruqa: Green <i>Sunset:</i> 9:08PM Nataraja: Yellow Moon – Red	<i>Sunrise:</i> 3:51AM <i>Sunset:</i> 9:08PM	Subhakit 5124 Moon 5 - Phase 7 - 21 Ashtami

☾	Wednesday, June 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Moscow, Russia
	Retreat Star		Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 52
	Simha Rasi: 29.1 Tithi 8 – 9	354555471	Gulika 10:20AM – 12:30PM Yama 6:00AM – 8:10AM Rahu 12:30PM – 2:39PM	Uttaraphalguni Until 1:51AM Thu Siddhi Until 12:55AM Thu Balava Until 6:03PM Ashtami* Until 6:00AM	Ganesha: Clear <i>Sunrise:</i> 3:51AM Muruqa: Green <i>Sunset:</i> 9:09PM Nataraja: Yellow Moon – Red	<i>Sunrise:</i> 3:51AM <i>Sunset:</i> 9:09PM	Subhakit 5124 Moon 5 - Phase 7 - 22 Navami

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Moscow, Russia Sun 23 Sutra 53
	Kanya Rasi: 12.11	Tithi 10	Gulika 8:10AM – 10:20AM	Hasta Until 1:55AM Fri	Ganesha: White	<i>Sunrise:</i> 3:50AM	Subhakrit 5124
			Yama 3:50AM – 6:00AM	Vyatipata* Until 11:19PM	Muruqa: Green	<i>Sunset:</i> 9:10PM	Moon 5 - Phase 8 - 23
	364555471		Rahu 2:40PM – 4:50PM	Taitila Until 5:31PM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga				Bhuloka Day			
Until 1:55AM Fri				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							


2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Varyian Yoga Vanija/Visti* Karana Ekadashyam Titau				Moscow, Russia Sun 24 Sutra 54
	Kanya Rasi: 25.38	Tithi 11	Gulika 6:00AM – 8:10AM	Chitra Until 1:05AM Sat	Ganesha: White	<i>Sunrise:</i> 3:50AM	Subhakrit 5124
			Yama 4:50PM – 7:00PM	Variyan Until 9:03PM	Muruqa: Green	<i>Sunset:</i> 9:11PM	Moon 5 - Phase 8 - 24
	364555471		Rahu 10:20AM – 12:30PM	Vanija Until 4:12PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga				Bhuloka Day			
				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Moscow, Russia Sun 25 Sutra 55
	Tula Rasi: 9.32	Tithi 12	Gulika 3:49AM – 5:59AM	Svati Until 11:24PM	Ganesha: White	<i>Sunrise:</i> 3:49AM	Subhakrit 5124
			Yama 2:41PM – 4:51PM	Parigha* Until 6:13PM	Muruqa: Green	<i>Sunset:</i> 9:11PM	Moon 5 - Phase 8 - 25
	364555471		Rahu 8:10AM – 10:20AM	Bava Until 2:08PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga				Bhuloka Day			
				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Moscow, Russia Sun 26 Sutra 56
	Tula Rasi: 23.53	Tithi 13	Gulika 4:51PM – 7:02PM	Vishakha Until 9:24PM	Ganesha: Yellow	<i>Sunrise:</i> 3:49AM	Subhakrit 5124
			Yama 12:30PM – 2:41PM	Shiva Until 2:53PM	Muruqa: Green	<i>Sunset:</i> 9:12PM	Moon 5 - Phase 8 - 26
	374555471		Rahu 7:02PM – 9:12PM	Kaulava Until 11:27AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga				Devaloka Day			
		Vaikasi Visakam		Trayodashi Until 9:53PM			
				<i>Pradosha Vrata</i>			

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Moscow, Russia Sun 27 Sutra 57
	Vrischika Rasi: 8.38	Tithi 14	Gulika 2:41PM – 4:52PM	Anuradha Until 6:50PM	Ganesha: Yellow	<i>Sunrise:</i> 3:48AM	Subhakrit 5124
			Yama 10:20AM – 12:31PM	Siddha Until 11:08AM	Muruqa: Green	<i>Sunset:</i> 9:13PM	Moon 5 - Phase 8 - 27
	374555471		Rahu 5:59AM – 8:09AM	Gara Until 8:15AM	Nataraja: Yellow		4th Phase
Family Home Evening				Devaloka Day			
Creative Work Siddha Yoga				Jyeshtha-Vaikasi			

	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Moscow, Russia Sun 27 Sutra 58
	Copper Retreat Star		Gulika 12:31PM – 2:42PM	Jyeshtha* Until 3:52PM	Ganesha: Yellow	<i>Sunrise:</i> 3:48AM	Subhakrit 5124
	Vrischika Rasi: 23.4	Tithi 15 – 16	Yama 8:09AM – 10:20AM	Sadhya Until 7:06AM	Muruqa: Green	<i>Sunset:</i> 9:14PM	Moon 5 - Phase 8 - Purnima
	374555471		Rahu 4:52PM – 7:03PM	Balava Until 12:57AM Wed	Nataraja: Yellow		
Routine Work Marana Yoga				Devaloka Day			
Until 3:52PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Moscow, Russia Sun 28 Sutra 59
	Silver Retreat Star		Gulika 10:20AM – 12:31PM	Mula* Until 1:02PM	Ganesha: Blue	<i>Sunrise:</i> 3:48AM	Subhakrit 5124
	Dhanus Rasi: 8.52	Tithi 16 – 17	Yama 5:59AM – 8:09AM	Sukla Until 10:44PM	Muruqa: Green	<i>Sunset:</i> 9:14PM	Moon 5 - Phase 8 - Prathama
	384555471		Rahu 12:31PM – 2:42PM	Taitila Until 9:09PM	Nataraja: Yellow		
Routine Work Marana Yoga				Bhuloka Day			
Until 1:02PM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							



Thursday, June 16, 2022

Gold Retreat Star

Dhanus Rasi: 24.03 Tithi 17 - 18

384555471

Gulika 8:09AM - 10:20AM
Yama 3:48AM - 5:59AM
Rahu 2:42PM - 4:53PM

Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Visti* Karana Dviliya/Tritilyayam Titau

Purvashadha* Until 10:08AM
Brahma Until 6:40PM
Visti Until 3:45AM Fri
Dvitiya Until 7:17AM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 3:48AM
Sunset: 9:15PM

Moscow, Russia
Sun 1 Sutra 60
Subhakrit 5124
Moon 6 - Phase 9 - 1
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

1

Friday, June 17, 2022

Makara Rasi: 9.04 Tithi 19

384555471

Gulika 5:58AM - 8:09AM
Yama 4:53PM - 7:04PM
Rahu 10:20AM - 12:31PM

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Uttarashadha Until 7:21AM
Indra Until 2:51PM
Bava Until 2:07PM
Chaturthi* Until 12:34AM Sat

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 3:48AM
Sunset: 9:15PM

Moscow, Russia
Sun 2 Sutra 61
Subhakrit 5124
Moon 6 - Phase 9 - 2
1st Phase

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

2

Saturday, June 18, 2022

Makara Rasi: 23.48 Tithi 20

394655471

Gulika 3:47AM - 5:59AM
Yama 2:43PM - 4:54PM
Rahu 8:10AM - 10:21AM

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dhanishtha Until 3:29AM Sun
Vaidhriti* Until 11:23AM
Kaulava Until 11:11AM
Panchami Until 9:54PM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 3:47AM
Sunset: 9:16PM

Moscow, Russia
Sun 3 Sutra 62
Subhakrit 5124
Moon 6 - Phase 9 - 3
1st Phase

Sivaloka Day

3

Sunday, June 19, 2022

Kumbha Rasi: 8.08 Tithi 21

395655471

Gulika 4:54PM - 7:05PM
Yama 12:32PM - 2:43PM
Rahu 7:05PM - 9:16PM

Creative Work Siddha Yoga

Until 2:16AM Mon
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shashthyam Titau

Shatabhishak Until 2:16AM Mon
Vishkambha* Until 8:24AM
Gara Until 8:49AM
Shashthi* Until 7:52PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 3:47AM
Sunset: 9:16PM

Moscow, Russia
Sun 4 Sutra 63
Subhakrit 5124
Moon 6 - Phase 9 - 4
1st Phase

Devaloka Day

4

Monday, June 20, 2022

Kumbha Rasi: 22.02 Tithi 22

315655471

Gulika 2:43PM - 4:54PM
Yama 10:21AM - 12:32PM
Rahu 5:59AM - 8:10AM

Family Home Evening

Routine Work Marana Yoga
Until 2:05AM Tue
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Variyani/Ayushman Yoga Visti*/Bava Karana Saplamyam Titau

Purvaproshtapada* Until 2:05AM Tue
Variyan Until 6:00AM
Visti Until 7:08AM
Saptami Until 6:33PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 3:48AM
Sunset: 9:17PM

Moscow, Russia
Sun 5 Sutra 64
Subhakrit 5124
Moon 6 - Phase 9 - 5
1st Phase

Devaloka Day

5

Tuesday, June 21, 2022

Retreat Star

Meena Rasi: 5.29 Tithi 23

315655471

Gulika 12:32PM - 2:43PM
Yama 8:10AM - 10:21AM
Rahu 4:55PM - 7:06PM

Creative Work Amrita Yoga

Until 2:32AM Wed
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Uttaraproshtapada Until 2:32AM Wed
Saubhagya Until 2:59AM Wed
Balava Until 6:12AM
Ashtami* Until 6:01PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 3:48AM
Sunset: 9:17PM

Moscow, Russia
Sun 6 Sutra 65
Subhakrit 5124
Moon 6 - Phase 9 - 6
Ashtami

Devaloka Day

Wednesday, June 22, 2022

Retreat Star

Meena Rasi: 18.31 Tithi 24

315655471

Gulika 10:21AM - 12:32PM
Yama 5:59AM - 8:10AM
Rahu 12:32PM - 2:44PM

Routine Work Marana Yoga

Until 3:32AM Thu
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Revati Until 3:32AM Thu
Sobhana Until 2:24AM Thu
Taitila Until 6:03AM
Navami* Until 6:14PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 3:48AM
Sunset: 9:17PM

Moscow, Russia
Sun 7 Sutra 66
Subhakrit 5124
Moon 6 - Phase 9 - 7
Navami

Devaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

ll times are standard time. Calculated for Moscow, Russia on 5/1/2

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1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Moscow, Russia Sun 8 Sutra 67 Subhakrit 5124	
Mesha Rasi: 1.11	Tithi 25	Gulika 8:10AM – 10:22AM	Ashvini Until 5:31AM Fri	Ganesha: Purple	Sunrise: 3:48AM	Muruqa: Green	Sunset: 9:17PM
		Yama 3:48AM – 5:59AM	Athiganda* Until 2:19AM Fri	Nataraja: Yellow		Moon 6 - Phase 10 - 8	
		325655471 Rahu 2:44PM – 4:55PM	Vanija Until 6:38AM	Moon – White		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 7:10PM	Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 5:31AM Fri							
Then Creative Work - Siddha Yoga							
2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Moscow, Russia Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 13.34	Tithi 26	Gulika 6:00AM – 8:11AM	Bharani Until 7:52AM Sat	Ganesha: Purple	Sunrise: 3:49AM	Muruqa: Green	Sunset: 9:17PM
		Yama 4:55PM – 7:06PM	Sukarma Until 2:41AM Sat	Nataraja: Yellow		Moon 6 - Phase 10 - 9	
		325655471 Rahu 10:22AM – 12:33PM	Bava Until 7:53AM	Moon – White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:41PM	Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 7:52AM Sat							
Then Creative Work - Amrita Yoga							
3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau		Moscow, Russia Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 25.43	Tithi 27	Gulika 3:49AM – 6:00AM	Bharani Until 7:52AM	Ganesha: Purple	Sunrise: 3:49AM	Muruqa: Green	Sunset: 9:17PM
		Yama 2:44PM – 4:55PM	Dhriti Until 3:23AM Sun	Nataraja: Yellow		Moon 6 - Phase 10 - 10	
		325655471 Rahu 8:11AM – 10:22AM	Kaulava Until 9:39AM	Moon – White		2nd Phase	
Creative Work	Siddha Yoga		Dvodashi* Until 10:40PM	Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 7:52AM							
Then Creative Work - Amrita Yoga							
4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Moscow, Russia Sun 11 Sutra 70 Subhakrit 5124	
Vrishabha Rasi: 7.43	Tithi 28	Gulika 4:55PM – 7:06PM	Krittika Until 10:25AM	Ganesha: Purple	Sunrise: 3:49AM	Muruqa: Green	Sunset: 9:17PM
		Yama 12:33PM – 2:44PM	Shula* Until 4:17AM Mon	Nataraja: Yellow		Moon 6 - Phase 10 - 11	
		325655471 Rahu 7:06PM – 9:17PM	Gara Until 11:48AM	Moon – White		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:57AM Mon	Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 7:52AM							
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata (Fasting)</i>							
5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Moscow, Russia Sun 12 Sutra 71 Subhakrit 5124	
Vrishabha Rasi: 19.35	Tithi 29	Gulika 2:44PM – 4:55PM	Rohini Until 1:33PM	Ganesha: Light Blue	Sunrise: 3:50AM	Muruqa: Green	Sunset: 9:17PM
Family Home Evening		Yama 10:23AM – 12:33PM	Ganda* Until 5:18AM Tue	Nataraja: Yellow		Moon 6 - Phase 10 - 12	
		335655471 Rahu 6:01AM – 8:12AM	Visti Until 2:11PM	Moon – Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 3:25AM Tue	Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 4:37PM							
Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Moscow, Russia Sun 13 Sutra 72 Subhakrit 5124	
Mithuna Rasi: 1.26	Tithi 30	Gulika 12:34PM – 2:44PM	Mrigashira Until 4:37PM	Ganesha: Light Blue	Sunrise: 3:51AM	Muruqa: Green	Sunset: 9:17PM
		Yama 8:12AM – 10:23AM	Vriddhi Until 6:22AM Wed	Nataraja: Yellow		Moon 6 - Phase 10 - 13	
		335655471 Rahu 4:55PM – 7:06PM	Catuspada Until 4:41PM	Moon – Yellow		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 5:55AM Wed	Jyeshtha-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 4:37PM							
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vriddhi/Dhruva Yoga Kintughna* Karana Prathamayam Titau		Moscow, Russia Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 13.15	Tithi 1	Gulika 10:23AM – 12:34PM	Ardra Until 7:30PM	Ganesha: Purple	Sunrise: 3:51AM	Muruqa: Green	Sunset: 9:17PM
		Yama 6:02AM – 8:12AM	Vriddhi Until 6:22AM	Nataraja: Yellow		Moon 6 - Phase 10 - 14	
		336655471 Rahu 12:34PM – 2:44PM	Kintughna Until 7:10PM	Moon – Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:22AM Thu	Ashada-Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 4:37PM							
Then Routine Work - Marana Yoga							

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Moscow, Russia Sun 15 Sutra 74	
Mithuna Rasi: 25.05	Tithi 1 – 2	Gulika 8:13AM – 10:23AM	Punarvasu Until 10:38PM	Ganesha: Light Blue	Sunrise: 3:52AM	Subhakarit 5124	
		Yama 3:52AM – 6:02AM	Dhruva Until 7:22AM	Muruqa: Green	Sunset: 9:16PM	Moon 6 - Phase 11 - 15	
Creative Work	Amrita Yoga	Rahu 2:45PM – 4:55PM	Balava Until 9:34PM	Nataraja: Yellow		3rd Phase	
			Prathama* Until 8:22AM	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
2		Friday, July 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Moscow, Russia Sun 16 Sutra 75	
Kataka Rasi: 6.59	Tithi 2 – 3	Gulika 6:03AM – 8:13AM	Pushya Until 1:26AM Sat	Ganesha: Light Blue	Sunrise: 3:53AM	Subhakarit 5124	
		Yama 4:55PM – 7:05PM	Vyaghata* Until 8:16AM	Muruqa: Green	Sunset: 9:16PM	Moon 6 - Phase 11 - 16	
Routine Work	Marana Yoga	Rahu 10:24AM – 12:34PM	Taitila Until 11:47PM	Nataraja: Yellow		3rd Phase	
			Dvitiya Until 10:41AM	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
3		Saturday, July 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Moscow, Russia Sun 17 Sutra 76	
Kataka Rasi: 18.56	Tithi 3 – 4	Gulika 3:53AM – 6:04AM	Ashlesha* Until 3:49AM Sun	Ganesha: Light Blue	Sunrise: 3:53AM	Subhakarit 5124	
		Yama 2:45PM – 4:55PM	Harshana Until 9:02AM	Muruqa: Green	Sunset: 9:15PM	Moon 6 - Phase 11 - 17	
Routine Work	Marana Yoga	Rahu 8:14AM – 10:24AM	Vanija Until 1:45AM Sun	Nataraja: Yellow		3rd Phase	
			Tritiya Until 12:47PM	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	
4		Sunday, July 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Moscow, Russia Sun 18 Sutra 77	
Simha Rasi: 1.01	Tithi 4 – 5	Gulika 4:55PM – 7:05PM	Magha* Until 6:12AM Mon	Ganesha: Orange	Sunrise: 3:54AM	Subhakarit 5124	
		Yama 12:35PM – 2:45PM	Vajra* Until 9:34AM	Muruqa: Green	Sunset: 9:15PM	Moon 6 - Phase 11 - 18	
Routine Work	Marana Yoga	Rahu 7:05PM – 9:15PM	Bava Until 3:23AM Mon	Nataraja: Yellow		3rd Phase	
Until 6:12AM Mon			Chaturthi* Until 2:36PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			
5		Monday, July 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyapipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Moscow, Russia Sun 19 Sutra 78	
Simha Rasi: 13.13	Tithi 5 – 6	Gulika 2:45PM – 4:54PM	Magha* Until 6:12AM	Ganesha: Orange	Sunrise: 3:55AM	Subhakarit 5124	
Family Home Evening		Yama 10:25AM – 12:35PM	Siddhi Until 9:50AM	Muruqa: Green	Sunset: 9:14PM	Moon 6 - Phase 11 - 19	
Routine Work	Marana Yoga	Rahu 6:05AM – 8:15AM	Kaulava Until 4:35AM Tue	Nataraja: Yellow		3rd Phase	
Until 6:12AM			Panchami Until 4:02PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			
6		Tuesday, July 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Moscow, Russia Sun 20 Sutra 79	
Simha Rasi: 25.37	Tithi 6 – 7	Gulika 12:35PM – 2:45PM	Purvaphalguni Until 7:59AM	Ganesha: Orange	Sunrise: 3:56AM	Subhakarit 5124	
		Yama 8:16AM – 10:25AM	Vyatipata* Until 9:45AM	Muruqa: Green	Sunset: 9:14PM	Moon 6 - Phase 11 - 20	
Creative Work	Siddha Yoga	Rahu 4:54PM – 7:04PM	Gara Until 5:15AM Wed	Nataraja: Yellow		3rd Phase	
Until 7:59AM			Shashthi* Until 4:58PM	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam		Ashada*Ani			
Retreat Star		Wednesday, July 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Moscow, Russia Sun 21 Sutra 80	
Kanya Rasi: 8.16	Tithi 7 – 8	Gulika 10:26AM – 12:35PM	Uttaraphalguni Until 9:04AM	Ganesha: Clear	Sunrise: 3:57AM	Subhakarit 5124	
		Yama 6:07AM – 8:16AM	Variyan Until 9:12AM	Muruqa: Green	Sunset: 9:13PM	Moon 6 - Phase 11 - 21	
Creative Work	Amrita Yoga	Rahu 12:35PM – 2:44PM	Visti Until 5:16AM Thu	Nataraja: Yellow		3rd Phase	
Until 9:04AM			Saptami Until 5:19PM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Ashada*Ani			
Retreat Star		Thursday, July 7, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Moscow, Russia Sun 22 Sutra 81	
Kanya Rasi: 21.13	Tithi 8 – 9	Gulika 8:17AM – 10:26AM	Hasta Until 9:50AM	Ganesha: Clear	Sunrise: 3:58AM	Subhakarit 5124	
		Yama 3:58AM – 6:07AM	Parigha* Until 8:08AM	Muruqa: Green	Sunset: 9:12PM	Moon 6 - Phase 11 - 22	
Routine Work	Marana Yoga	Rahu 2:44PM – 4:54PM	Balava Until 4:33AM Fri	Nataraja: Yellow		Ashtami	
Until 9:50AM			Ashtami* Until 4:59PM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			
Retreat Star		Friday, July 8, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Moscow, Russia Sun 23 Sutra 82	
Tula Rasi: 4.34	Tithi 9 – 10	Gulika 6:08AM – 8:17AM	Chitra Until 9:43AM	Ganesha: Clear	Sunrise: 3:59AM	Subhakarit 5124	
		Yama 4:53PM – 7:02PM	Shiva Until 6:31AM	Muruqa: Green	Sunset: 9:11PM	Moon 6 - Phase 11 - 23	
Creative Work	Siddha Yoga	Rahu 10:26AM – 12:35PM	Taitila Until 3:07AM Sat	Nataraja: Yellow		Navami	
			Navami* Until 3:55PM	Moon – Green		Devaloka Day	
				Ashada*Ani			


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<h1>1</h1>	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Moscow, Russia Sun 24 Sutra 83
	Tula Rasi: 18.19	Tithi 10 - 11	Gulika 4:00AM - 6:09AM	Svati Until 8:43AM	Ganesha: Clear	<i>Sunrise:</i> 4:00AM	Subhakrit 5124
			Yama 2:44PM - 4:53PM	Sadhya Until 1:27AM Sun	Muruqa: Green	<i>Sunset:</i> 9:10PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	467655471 Rahu 8:18AM - 10:27AM	Vanija Until 12:58AM Sun	Nataraja: Yellow		4th Phase
			Dashami Until 2:07PM	Ashada*Ani	Devaloka Day		

<h1>2</h1>	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Moscow, Russia Sun 25 Sutra 84
	Vrischika Rasi: 2.31	Tithi 11 - 12	Gulika 4:53PM - 7:01PM	Vishakha Until 7:20AM	Ganesha: White	<i>Sunrise:</i> 4:02AM	Subhakrit 5124
			Yama 12:36PM - 2:44PM	Subha Until 10:09PM	Muruqa: Green	<i>Sunset:</i> 9:09PM	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 Rahu 7:01PM - 9:09PM	Bava Until 10:13PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 11:39AM	Ashada*Ani	Bhuloka Day		Devaloka Time: 6:PM to 9:PM

<h1>3</h1>	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Moscow, Russia Sun 26 Sutra 85
	Vrischika Rasi: 17.08	Tithi 12 - 13	Gulika 2:44PM - 4:52PM	Jyeshtha* Until 2:31AM Tue	Ganesha: White	<i>Sunrise:</i> 4:03AM	Subhakrit 5124
	Family Home Evening		Yama 10:28AM - 12:36PM	Sukla Until 6:24PM	Muruqa: Green	<i>Sunset:</i> 9:09PM	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 Rahu 6:11AM - 8:19AM	Kaulava Until 6:57PM	Nataraja: Yellow		4th Phase
Until 2:31AM Tue			Dvadashi Until 8:37AM	Ashada*Ani	Bhuloka Day		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

<h1>4</h1>	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Moscow, Russia Sun 27 Sutra 86
	Dhanus Rasi: 2.06	Tithi 14	Gulika 12:36PM - 2:44PM	Mula* Until 11:46PM	Ganesha: White	<i>Sunrise:</i> 4:04AM	Subhakrit 5124
			Yama 8:20AM - 10:28AM	Brahma Until 2:22PM	Muruqa: Green	<i>Sunset:</i> 9:07PM	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 Rahu 4:52PM - 7:00PM	Gara Until 3:20PM	Nataraja: Yellow		4th Phase
Until 11:46PM			Chaturdashi* Until 1:26AM Wed	Ashada*Ani	Sivaloka Day		
Then Creative Work - Siddha Yoga							

	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti/Bava Karana Purnimayam Titau				Moscow, Russia Sun 28 Sutra 87
	Copper Retreat Star		Gulika 10:28AM - 12:36PM	Purvashadha* Until 8:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:06AM	Subhakrit 5124
	Dhanus Rasi: 17.16	Tithi 15	Yama 6:13AM - 8:21AM	Indra Until 10:11AM	Muruqa: Green	<i>Sunset:</i> 9:06PM	Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488755471 Rahu 12:36PM - 2:44PM	Visti Until 11:32AM	Nataraja: Yellow		
			Satguru Purnima	Purnima* Until 9:35PM	Ashada*Ani	Devaloka Day	

<h1>5</h1>	Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Moscow, Russia Sun 29 Sutra 88
	Silver Retreat Star		Gulika 8:21AM - 10:29AM	Uttarashadha Until 5:40PM	Ganesha: Yellow	<i>Sunrise:</i> 4:07AM	Subhakrit 5124
	Makara Rasi: 2.31	Tithi 16 - 17	Yama 4:07AM - 6:14AM	Vishkambha* Until 1:47AM Fri	Muruqa: Green	<i>Sunset:</i> 9:05PM	Moon 6 - Phase 12 - Prathama
	Routine Work	Marana Yoga	488755471 Rahu 2:43PM - 4:51PM	Balava Until 7:41AM	Nataraja: Yellow		
Until 5:40PM			Prathama* Until 5:47PM	Ashada*Ani	Devaloka Day		
Then Creative Work - Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Moscow, Russia
Sun 1 Sutra 89

Makara Rasi: 17.4 Tithi 17 - 18

Gulika 6:15AM - 8:22AM
Yama 4:50PM - 6:57PM
Rahu 10:29AM - 12:36PM

Shravana Until 3:04PM
Priti Until 9:54PM
Vanija Until 12:35AM Sat
Dvitiya Until 2:13PM

Ganesha: Blue *Sunrise: 4:08AM*
Muruqa: Green *Sunset: 9:04PM*
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 3:04PM

Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Moscow, Russia
Sun 2 Sutra 90

Kumbha Rasi: 2.32 Tithi 18 - 19

498755471

Gulika 4:10AM - 6:16AM
Yama 2:43PM - 4:49PM
Rahu 8:23AM - 10:30AM

Dhanishtha Until 12:44PM
Ayushman Until 6:22PM
Bava Until 9:40PM
Tritiya Until 11:02AM

Ganesha: Blue *Sunrise: 4:10AM*
Muruqa: Green *Sunset: 9:03PM*
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 12:44PM

Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia
Sun 3 Sutra 91

Kumbha Rasi: 17.02 Tithi 19 - 20

498755472

Gulika 4:49PM - 6:55PM
Yama 12:36PM - 2:43PM
Rahu 6:55PM - 9:01PM

Shatabhishak Until 10:50AM
Saubhagya Until 3:22PM
Kaulava Until 7:22PM
Chaturthi* Until 8:25AM

Ganesha: Blue *Sunrise: 4:11AM*
Muruqa: Green *Sunset: 9:01PM*
Nataraja: White
Moon - Purple
Ashada*Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada* Nakshatra Sobhana/Athiganda* Yoga Taitila/Vanija Karana Panchami/Shashtyam Titau

Moscow, Russia
Sun 4 Sutra 92

Meena Rasi: 1.04 Tithi 20 - 21

418755472

Gulika 2:42PM - 4:48PM
Yama 10:30AM - 12:36PM
Rahu 6:19AM - 8:25AM

Purvaprosarthapada* Until 9:56AM
Sobhana Until 12:58PM
Vanija Until 5:22AM Tue
Panchami Until 6:29AM

Ganesha: White *Sunrise: 4:13AM*
Muruqa: Green *Sunset: 9:00PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:56AM

Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Moscow, Russia
Sun 5 Sutra 93

Meena Rasi: 14.37 Tithi 22

419755472

Gulika 12:36PM - 2:42PM
Yama 8:25AM - 10:31AM
Rahu 4:48PM - 6:53PM

Uttaraprosarthapada Until 9:42AM
Athiganda* Until 11:13AM
Visti Until 5:09PM
Saptami Until 5:06AM Wed

Ganesha: Clear *Sunrise: 4:14AM*
Muruqa: Green *Sunset: 8:59PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 9:42AM

Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia
Sun 6 Sutra 94

Meena Rasi: 27.41 Tithi 23

419755472

Gulika 10:31AM - 12:37PM
Yama 6:21AM - 8:26AM
Rahu 12:37PM - 2:42PM

Revati Until 10:10AM
Sukarma Until 10:11AM
Balava Until 5:19PM
Ashtami* Until 5:42AM Thu

Ganesha: Clear *Sunrise: 4:16AM*
Muruqa: Green *Sunset: 8:57PM*
Nataraja: White
Moon - Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila Karana Navamyam Titau

Moscow, Russia
Sun 7 Sutra 95

Mesha Rasi: 10.2 Tithi 24

429755472

Gulika 8:27AM - 10:32AM
Yama 4:17AM - 6:22AM
Rahu 2:41PM - 4:46PM

Ashvini Until 11:46AM
Dhriti Until 9:49AM
Taitila Until 6:19PM
Navami* Until 7:03AM Fri

Ganesha: Purple *Sunrise: 4:17AM*
Muruqa: Green *Sunset: 8:56PM*
Nataraja: White
Moon - White
Ashada*Adi

Devaloka Day

Creative Work Amrita Yoga

Until 11:46AM

Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam			Moscow, Russia
		Bharani/Krittika Nakshatra Shula/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Sun 8 Sutra 96
	Mesha Rasi: 22.39 Tithi 24 – 25	Gulika 6:23AM – 8:28AM	Bharani Until 1:54PM	Ganesha: Purple <i>Sunrise:</i> 4:19AM	Subhakrit 5124
	429755472 Rahu 10:32AM – 12:37PM	Yama 4:45PM – 6:50PM	Shula* Until 9:59AM	Muruqa: Green <i>Sunset:</i> 8:54PM	Moon 7 - Phase 14 - 8
Creative Work Siddha Yoga		Vanija Until 7:59PM	Nataraja: White	2nd Phase	
		Navami* Until 7:03AM	Moon – White	Devaloka Day	
			Ashada*Adi		


2	Saturday, July 23, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam			Moscow, Russia
		Krittika/Rohini Nakshatra Ganda/Vridhi Yoga Visti/Bava Karana Dashami/Ekadashyam Titau			Sun 9 Sutra 97
	Vrishabha Rasi: 4.44 Tithi 25 – 26	Gulika 4:21AM – 6:25AM	Krittika Until 4:24PM	Ganesha: Purple <i>Sunrise:</i> 4:21AM	Subhakrit 5124
	429755472 Rahu 8:29AM – 10:33AM	Yama 2:41PM – 4:45PM	Ganda* Until 10:37AM	Muruqa: Green <i>Sunset:</i> 8:53PM	Moon 7 - Phase 14 - 9
Creative Work Amrita Yoga		Bava Until 10:08PM	Nataraja: White	2nd Phase	
		Dashami Until 8:59AM	Moon – White	Devaloka Day	
			Ashada*Adi		

3	Sunday, July 24, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam			Moscow, Russia
		Rohini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Sun 10 Sutra 98
	Vrishabha Rasi: 16.38 Tithi 26 – 27	Gulika 4:44PM – 6:47PM	Rohini Until 7:32PM	Ganesha: Clear <i>Sunrise:</i> 4:22AM	Subhakrit 5124
	429755472 Rahu 6:47PM – 8:51PM	Yama 12:37PM – 2:40PM	Vriddhi Until 11:32AM	Muruqa: Green <i>Sunset:</i> 8:51PM	Moon 7 - Phase 14 - 10
Creative Work Siddha Yoga		Kaulava Until 12:34AM Mon	Nataraja: White	2nd Phase	
		Ekadashi* Until 11:18AM	Moon – Yellow	Bhuloka Day	
			Ashada*Adi	Devaloka Time: 9:AM to 12:PM	

4	Monday, July 25, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam			Moscow, Russia
		Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Sun 11 Sutra 99
	Vrishabha Rasi: 28.29 Tithi 27 – 28	Gulika 2:40PM – 4:43PM	Mrigashira Until 10:37PM	Ganesha: Clear <i>Sunrise:</i> 4:24AM	Subhakrit 5124
	429755472 Rahu 6:27AM – 8:30AM	Yama 10:34AM – 12:37PM	Dhruva Until 12:34PM	Muruqa: Green <i>Sunset:</i> 8:49PM	Moon 7 - Phase 14 - 11
Family Home Evening		Gara Until 3:06AM Tue	Nataraja: White	2nd Phase	
Creative Work Amrita Yoga		Dvadashi* Until 1:49PM	Moon – Yellow	Bhuloka Day	
Until 10:37PM			Ashada*Adi	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	

5	Tuesday, July 26, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam			Moscow, Russia
		Ardra Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Sun 12 Sutra 100
	Mithuna Rasi: 10.17 Tithi 28 – 29	Gulika 12:37PM – 2:39PM	Ardra Until 1:30AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:26AM	Subhakrit 5124
	429755472 Rahu 4:42PM – 6:45PM	Yama 8:31AM – 10:34AM	Vyaghata* Until 1:38PM	Muruqa: Green <i>Sunset:</i> 8:48PM	Moon 7 - Phase 14 - 12
Routine Work Marana Yoga		Visti Until 5:34AM Wed	Nataraja: White	2nd Phase	
Until 1:30AM Wed		Trayodashi* Until 4:20PM	Moon – Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga			Ashada*Adi	Devaloka Time: 9:AM to 12:PM	

6	Wednesday, July 27, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam			Moscow, Russia
		Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni* Karana Chaturdashyam Titau			Sun 13 Sutra 101
	Mithuna Rasi: 22.07 Tithi 29	Gulika 10:34AM – 12:37PM	Punarvasu Until 4:35AM Thu	Ganesha: Yellow <i>Sunrise:</i> 4:27AM	Subhakrit 5124
	441755472 Rahu 12:37PM – 2:39PM	Yama 6:30AM – 8:32AM	Harshana Until 2:37PM	Muruqa: Green <i>Sunset:</i> 8:46PM	Moon 7 - Phase 14 - 13
Creative Work Siddha Yoga		Sakuni Until 6:44PM	Nataraja: White	2nd Phase	
Until 4:35AM Thu		Chaturdashi* Until 6:44PM	Moon – Blue	Bhuloka Day	
Then Creative Work - Amrita Yoga			Ashada*Adi	Devaloka Time: 9:AM to 12:PM	

	Thursday, July 28, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam			Moscow, Russia
	Retreat Star	Pushya Nakshatra Vajra/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Sun 14 Sutra 102
	Kataka Rasi: 4.02 Tithi 30	Gulika 8:33AM – 10:35AM	Pushya Until 7:16AM Fri	Ganesha: Yellow <i>Sunrise:</i> 4:29AM	Subhakrit 5124
	441755472 Rahu 2:38PM – 4:40PM	Yama 4:29AM – 6:31AM	Vajra* Until 3:26PM	Muruqa: Green <i>Sunset:</i> 8:44PM	Moon 7 - Phase 14 - 14
Creative Work Amrita Yoga		Catuspada Until 7:52AM	Nataraja: White	Amavasya	
Until 7:16AM Fri		Amavasya* Until 8:55PM	Moon – Blue	Bhuloka Day	
Then Routine Work - Marana Yoga			Ashada*Adi	Devaloka Time: 9:AM to 12:PM	

Retreat Star	Friday, July 29, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam			Moscow, Russia
		Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Sun 15 Sutra 103
	Kataka Rasi: 16.01 Tithi 1	Gulika 6:32AM – 8:34AM	Pushya Until 7:16AM	Ganesha: Yellow <i>Sunrise:</i> 4:31AM	Subhakrit 5124
	441755472 Rahu 10:35AM – 12:37PM	Yama 4:39PM – 6:41PM	Siddhi Until 4:04PM	Muruqa: Green <i>Sunset:</i> 8:42PM	Moon 7 - Phase 14 - 15
Routine Work Marana Yoga		Kintughna Until 9:57AM	Nataraja: White	Prathama	
		Prathama* Until 10:51PM	Moon – Blue	Bhuloka Day	
			Sravana*Adi	Devaloka Time: 9:AM to 12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1 Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau				Moscow, Russia Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 28.07	Tithi 2	Gulika 4:33AM – 6:34AM	Ashlesha* Until 9:31AM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	
		Yama 2:38PM – 4:38PM	Vyatipata* Until 4:30PM	Muruqa: Green	<i>Sunset:</i> 8:40PM	Moon 7 - Phase 15 - 16
		441755472 Rahu 8:35AM – 10:36AM	Balava Until 11:44AM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 12:29AM Sun	Moon – Blue		Bhuloka Day
Until 9:31AM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

2 Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau				Moscow, Russia Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 10.2	Tithi 3	Gulika 4:37PM – 6:38PM	Magha* Until 11:48AM	Ganesha: Red	<i>Sunrise:</i> 4:35AM	
		Yama 12:37PM – 2:37PM	Varyan Until 4:39PM	Muruqa: Green	<i>Sunset:</i> 8:38PM	Moon 7 - Phase 15 - 17
		451755472 Rahu 6:38PM – 8:38PM	Taitila Until 1:12PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 1:47AM Mon	Moon – Red		Bhuloka Day
Until 11:48AM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

3 Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthiyam Titau				Moscow, Russia Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 22.43	Tithi 4	Gulika 2:36PM – 4:37PM	Purvaphalguni Until 1:35PM	Ganesha: Red	<i>Sunrise:</i> 4:36AM	
Family Home Evening		Yama 10:36AM – 12:36PM	Parigha* Until 4:32PM	Muruqa: Green	<i>Sunset:</i> 8:37PM	Moon 7 - Phase 15 - 18
		451755472 Rahu 6:36AM – 8:36AM	Vanija Until 2:19PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:43AM Tue	Moon – Red		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

4 Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Moscow, Russia Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 5.15	Tithi 5	Gulika 12:36PM – 2:36PM	Uttaraphalguni Until 2:48PM	Ganesha: Red	<i>Sunrise:</i> 4:38AM	
		Yama 8:37AM – 10:37AM	Shiva Until 4:06PM	Muruqa: Green	<i>Sunset:</i> 8:35PM	Moon 7 - Phase 15 - 19
		451755472 Rahu 4:35PM – 6:35PM	Bava Until 3:02PM	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 3:12AM Wed	Moon – Red		Bhuloka Day
Until 2:48PM		Nag Panchami		Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

5 Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Moscow, Russia Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 18	Tithi 6	Gulika 10:37AM – 12:36PM	Hasta Until 3:53PM	Ganesha: Blue	<i>Sunrise:</i> 4:40AM	
		Yama 6:39AM – 8:38AM	Siddha Until 3:17PM	Muruqa: Green	<i>Sunset:</i> 8:33PM	Moon 7 - Phase 15 - 20
		461755472 Rahu 12:36PM – 2:35PM	Kaulava Until 3:17PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 3:11AM Thu	Moon – Green		Devaloka Day
Until 3:53PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

6 Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Moscow, Russia Sun 21 Sutra 109 Subhakrit 5124
Tula Rasi: 0.59	Tithi 7	Gulika 8:39AM – 10:38AM	Chitra Until 4:17PM	Ganesha: Blue	<i>Sunrise:</i> 4:42AM	
		Yama 4:42AM – 6:40AM	Sadhya Until 2:03PM	Muruqa: Green	<i>Sunset:</i> 8:31PM	Moon 7 - Phase 15 - 21
		461755472 Rahu 2:35PM – 4:33PM	Gara Until 3:00PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 2:37AM Fri	Moon – Green		Devaloka Day
Until 4:17PM				Sravana*Adi		
Then Creative Work - Amrita Yoga						

Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Moscow, Russia Sun 22 Sutra 110 Subhakrit 5124
Retreat Star		Gulika 6:42AM – 8:40AM	Svati Until 3:58PM	Ganesha: Blue	<i>Sunrise:</i> 4:44AM	
Tula Rasi: 14.17	Tithi 8	Yama 4:32PM – 6:30PM	Subha Until 12:22PM	Muruqa: White	<i>Sunset:</i> 8:29PM	Moon 7 - Phase 15 - 22
		461765472 Rahu 10:38AM – 12:36PM	Visti Until 2:07PM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:26AM Sat	Moon – Green		Devaloka Day
		Varalakshmi Vratam		Sravana*Adi		

Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Moscow, Russia Sun 23 Sutra 111 Subhakrit 5124
Retreat Star		Gulika 4:46AM – 6:43AM	Vishakha Until 3:19PM	Ganesha: White	<i>Sunrise:</i> 4:46AM	
Tula Rasi: 27.56	Tithi 9	Yama 2:34PM – 4:31PM	Sukla Until 10:09AM	Muruqa: White	<i>Sunset:</i> 8:26PM	Moon 7 - Phase 15 - 23
		472765472 Rahu 8:41AM – 10:38AM	Balava Until 12:38PM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 11:38PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Moscow, Russia on 5/1/2

www.gurudeva.org/panchang

1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Moscow, Russia Sun 24 Sutra 112
Vrischika Rasi: 11.56	Tithi 10	Gulika 4:30PM – 6:27PM	Anuradha Until 1:56PM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Subhakrit 5124
		Yama 12:36PM – 2:33PM	Brahma Until 7:28AM	Muruqa: White	<i>Sunset:</i> 8:24PM	Moon 7 - Phase 16 - 24
472865472	Rahu 6:27PM – 8:24PM		Taitila Until 10:32AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 9:16PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau				Moscow, Russia Sun 25 Sutra 113
Vrischika Rasi: 26.2	Tithi 11	Gulika 2:32PM – 4:29PM	Jyeshtha* Until 11:53AM	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM	Subhakrit 5124
Family Home Evening		Yama 10:39AM – 12:36PM	Vaidhriti* Until 12:48AM Tue	Muruqa: White	<i>Sunset:</i> 8:22PM	Moon 7 - Phase 16 - 25
472865472	Rahu 6:46AM – 8:43AM		Vanija Until 7:55AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:25PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Moscow, Russia Sun 26 Sutra 114
Dhanus Rasi: 11.02	Tithi 12 – 13	Gulika 12:36PM – 2:32PM	Mula* Until 9:41AM	Ganesha: White	<i>Sunrise:</i> 4:51AM	Subhakrit 5124
		Yama 8:43AM – 10:40AM	Vishkambha* Until 8:59PM	Muruqa: White	<i>Sunset:</i> 8:22PM	Moon 7 - Phase 16 - 26
482865472	Rahu 4:28PM – 6:24PM		Kaulava Until 1:28AM Wed	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 3:10PM	Moon – Light Blue		Devaloka Day
Until 9:41AM				Sravana*Adi		
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Prithi/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Moscow, Russia Sun 27 Sutra 115
Dhanus Rasi: 25.59	Tithi 13 – 14	Gulika 10:40AM – 12:35PM	Purvashadha* Until 7:04AM	Ganesha: White	<i>Sunrise:</i> 4:53AM	Subhakrit 5124
		Yama 6:49AM – 8:44AM	Prithi Until 5:01PM	Muruqa: White	<i>Sunset:</i> 8:18PM	Moon 7 - Phase 16 - 27
482865472	Rahu 12:35PM – 2:31PM		Gara Until 9:55PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 11:41AM	Moon – Light Blue		Devaloka Day
				Sravana*Adi		

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Moscow, Russia Sutra 116
Copper Retreat Star		Gulika 8:45AM – 10:40AM	Shravana Until 1:36AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Subhakrit 5124
Makara Rasi: 11.02	Tithi 14 – 15	Yama 4:55AM – 6:50AM	Ayushman Until 12:59PM	Muruqa: White	<i>Sunset:</i> 8:16PM	Moon 7 - Phase 16 -
492865472	Rahu 2:30PM – 4:26PM		Visti Until 6:20PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:06AM	Moon – Purple		Bhuloka Day
		Raksha Bandhan		Sravana*Adi		Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Moscow, Russia Sutra 117
Silver Retreat Star		Gulika 6:51AM – 8:46AM	Dhanishtha Until 11:06PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
Makara Rasi: 26.04	Tithi 16	Yama 4:24PM – 6:19PM	Saubhagya Until 9:02AM	Muruqa: White	<i>Sunset:</i> 8:13PM	Moon 7 - Phase 16 -
492865472	Rahu 10:41AM – 12:35PM		Balava Until 2:55PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:18AM Sat	Moon – Purple		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Moscow, Russia
Sutra 118

Kumbha Rasi: 10.53 Tithi 17

Gulika 4:59AM – 6:53AM
Yama 2:29PM – 4:23PM
492865472 **Rahu** 8:47AM – 10:41AM

Shatabhishak **Until 8:51PM**
Athiganda* **Until 1:59AM** Sun
Taitila **Until 11:50AM**
Dvitiya **Until 10:26PM**

Ganesha: Clear *Sunrise:* 4:59AM
Muruqa: White *Sunset:* 8:11PM
Nataraja: White
Moon – Purple

Subhakrit 5124
Moon 8 - Phase 17 -
1st Phase

Creative Work Amrita Yoga
Until 8:51PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Trityayam Titau

Moscow, Russia
Sun 1 Sutra 119

Kumbha Rasi: 25.23 Tithi 18

Gulika 4:22PM – 6:15PM
Yama 12:35PM – 2:28PM
412865472 **Rahu** 6:15PM – 8:09PM

Purvaproshtapada* **Until 7:27PM**
Sukarma **Until 11:08PM**
Vanija **Until 9:13AM**
Tritiya **Until 8:08PM**

Ganesha: Yellow *Sunrise:* 5:01AM
Muruqa: White *Sunset:* 8:09PM
Nataraja: White
Moon – Clear

Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Creative Work Siddha Yoga
Until 7:27PM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Moscow, Russia
Sun 2 Sutra 120

Meena Rasi: 9.27 Tithi 19

Family Home Evening 412865472

Gulika 2:28PM – 4:21PM
Yama 10:42AM – 12:35PM
Rahu 6:56AM – 8:49AM

Uttaraproshtapada **Until 6:37PM**
Dhriti **Until 8:53PM**
Bava **Until 7:16AM**
Chaturthi* **Until 6:33PM**

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: White *Sunset:* 8:07PM
Nataraja: White
Moon – Clear

Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Moscow, Russia
Sun 3 Sutra 121

Meena Rasi: 23.02 Tithi 20 – 21

Gulika 12:34PM – 2:27PM
Yama 8:49AM – 10:42AM
412865472 **Rahu** 4:19PM – 6:12PM

Revati **Until 6:27PM**
Shula* **Until 7:18PM**
Kaulava **Until 6:05AM**
Panchami **Until 5:48PM**

Ganesha: Yellow *Sunrise:* 5:04AM
Muruqa: White *Sunset:* 8:04PM
Nataraja: White
Moon – Clear

Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Moscow, Russia
Sun 4 Sutra 122

Mesha Rasi: 6.1 Tithi 21 – 22

Gulika 10:42AM – 12:34PM
Yama 6:58AM – 8:50AM
522865472 **Rahu** 12:34PM – 2:26PM

Ashvini **Until 7:27PM**
Ganda* **Until 6:25PM**
Visti **Until 6:19AM** Thu
Shashthi* **Until 5:55PM**

Ganesha: Yellow *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 8:02PM
Nataraja: White
Moon – White

Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Routine Work Marana Yoga
Until 7:27PM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vriddhi Yoga Visti*/Bava Karana Saptamyam Titau

Moscow, Russia
Sun 5 Sutra 123

Mesha Rasi: 18.51 Tithi 22

Gulika 8:51AM – 10:43AM
Yama 5:08AM – 7:00AM
522865472 **Rahu** 2:25PM – 4:17PM

Bharani **Until 9:06PM**
Vriddhi **Until 6:12PM**
Visti **Until 6:19AM**
Saptami **Until 6:53PM**

Ganesha: Yellow *Sunrise:* 5:08AM
Muruqa: White *Sunset:* 8:00PM
Nataraja: White
Moon – White

Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Creative Work Siddha Yoga
Until 9:06PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia
Sun 6 Sutra 124

Vrishabha Rasi: 1.12 Tithi 23

Gulika 7:01AM – 8:52AM
Yama 4:16PM – 6:06PM
523865472 **Rahu** 10:43AM – 12:34PM

Krittika **Until 11:16PM**
Dhruva **Until 6:30PM**
Balava **Until 7:40AM**
Ashtami* **Until 8:33PM**

Ganesha: White *Sunrise:* 5:10AM
Muruqa: White *Sunset:* 7:57PM
Nataraja: White
Moon – White

Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Creative Work Siddha Yoga
Until 11:16PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Moscow, Russia
Sun 7 Sutra 125

Vrishabha Rasi: 13.17 Tithi 24

Gulika 5:12AM – 7:02AM
Yama 2:24PM – 4:14PM
533865472 **Rahu** 8:53AM – 10:43AM

Rohini **Until 2:13AM** Sun
Vyaghata* **Until 7:13PM**
Taitila **Until 9:37AM**
Navami* **Until 10:44PM**

Ganesha: Yellow *Sunrise:* 5:12AM
Muruqa: White *Sunset:* 7:55PM
Nataraja: White
Moon – Yellow

Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Creative Work Amrita Yoga
Until 2:13AM Sun
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1 Sunday, August 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam			Moscow, Russia
Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau					Sun 8 Sutra 126
Wishabha Rasi: 25.11	Tithi 25	Gulika 4:13PM – 6:03PM	Mrigashira Until 5:14AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM
		Yama 12:33PM – 2:23PM	Harshana Until 8:11PM	Muruqa: White	<i>Sunset:</i> 7:53PM
	533865472	Rahu 6:03PM – 7:53PM	Vanija Until 11:57AM	Nataraja: White	Moon 8 - Phase 18 - 8
Creative Work	Siddha Yoga		Dashami Until 1:10AM Mon	Moon – Yellow	2nd Phase
				Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

2 Monday, August 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam			Moscow, Russia
Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau					Sun 9 Sutra 127
Mithuna Rasi: 7.02	Tithi 26	Gulika 2:22PM – 4:12PM	Ardra Until 8:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM
Family Home Evening		Yama 10:44AM – 12:33PM	Vajra* Until 9:11PM	Muruqa: White	<i>Sunset:</i> 7:50PM
	533865472	Rahu 7:05AM – 8:54AM	Bava Until 2:27PM	Nataraja: White	Moon 8 - Phase 18 - 9
Creative Work	Siddha Yoga		Ekadashi* Until 3:40AM Tue	Moon – Yellow	2nd Phase
				Bhuloka Day	
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

3 Tuesday, August 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam			Moscow, Russia
Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau					Sun 10 Sutra 128
Mithuna Rasi: 18.52	Tithi 27	Gulika 12:33PM – 2:22PM	Ardra Until 8:05AM	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM
		Yama 8:55AM – 10:44AM	Siddhi Until 10:07PM	Muruqa: White	<i>Sunset:</i> 7:48PM
	533865472	Rahu 4:10PM – 5:59PM	Kaulava Until 4:54PM	Nataraja: White	Moon 8 - Phase 18 - 10
Routine Work	Marana Yoga		Dvadashi* Until 6:02AM Wed	Moon – Yellow	2nd Phase
Until 8:05AM				Bhuloka Day	
Then Creative Work - Siddha Yoga				Sravana-Avani	Devaloka Time: 6:AM to 9:AM

4 Wednesday, August 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam			Moscow, Russia
Punarvasu/Pushya Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau					Sun 11 Sutra 129
Kataka Rasi: 0.46	Tithi 27 – 28	Gulika 10:44AM – 12:32PM	Punarvasu Until 11:08AM	Ganesha: Blue	<i>Sunrise:</i> 5:20AM
		Yama 7:08AM – 8:56AM	Vyatipata* Until 10:54PM	Muruqa: White	<i>Sunset:</i> 7:45PM
	543865472	Rahu 12:32PM – 2:21PM	Gara Until 7:08PM	Nataraja: White	Moon 8 - Phase 18 - 11
Creative Work	Siddha Yoga		Dvadashi* Until 6:02AM	Moon – Blue	2nd Phase
				Bhuloka Day	
				Sravana-Avani	
				<i>Pradosha Vrata (Fasting)</i>	

5 Thursday, August 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam			Moscow, Russia
Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 12 Sutra 130
Kataka Rasi: 12.46	Tithi 28 – 29	Gulika 8:57AM – 10:45AM	Pushya Until 1:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM
		Yama 5:22AM – 7:09AM	Variyan Until 11:24PM	Muruqa: White	<i>Sunset:</i> 7:43PM
	543865472	Rahu 2:20PM – 4:08PM	Visti Until 9:04PM	Nataraja: White	Moon 8 - Phase 18 - 12
Creative Work	Amrita Yoga		Trayodashi* Until 8:08AM	Moon – Blue	2nd Phase
Until 1:45PM				Bhuloka Day	
Then Creative Work - Siddha Yoga				Sravana-Avani	

Friday, August 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam			Moscow, Russia
Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Sun 13 Sutra 131
Kataka Rasi: 24.53	Tithi 29 – 30	Gulika 7:11AM – 8:58AM	Ashlesha* Until 3:51PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM
		Yama 4:06PM – 5:53PM	Parigha* Until 11:38PM	Muruqa: White	<i>Sunset:</i> 7:40PM
	543865472	Rahu 10:45AM – 12:32PM	Catuspada Until 10:38PM	Nataraja: White	Moon 8 - Phase 18 - 13
Routine Work	Marana Yoga		Chaturdashi* Until 9:53AM	Moon – Blue	Amavasya
				Bhuloka Day	
				Sravana-Avani	

Saturday, August 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yukhtayam			Moscow, Russia
Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau					Sun 14 Sutra 132
Simha Rasi: 7.1	Tithi 30 – 1	Gulika 5:25AM – 7:12AM	Magha* Until 5:54PM	Ganesha: Blue	<i>Sunrise:</i> 5:25AM
		Yama 2:18PM – 4:05PM	Shiva Until 11:35PM	Muruqa: White	<i>Sunset:</i> 7:38PM
	553865472	Rahu 8:59AM – 10:45AM	Kintughna Until 11:49PM	Nataraja: White	Moon 8 - Phase 18 - 14
Creative Work	Amrita Yoga		Amavasya* Until 11:15AM	Moon – Red	Prathama
Until 5:54PM				Bhuloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

ll times are standard time. Calculated for Moscow, Russia on 5/1/2

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1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Moscow, Russia	
Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 133		Subhakrit 5124	
Simha Rasi: 19.37	Tithi 1 – 2	Gulika 4:03PM – 5:49PM	Purvaphalguni Until 7:24PM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM
		Yama 12:31PM – 2:17PM	Siddha Until 11:11PM	Muruqa: White	<i>Sunset:</i> 7:35PM
	553865473	Rahu 5:49PM – 7:35PM	Balava Until 12:36AM Mon	Nataraja: Clear	Moon 8 - Phase 19 - 15
Creative Work	Siddha Yoga		Prathama* Until 12:14PM	Moon – Red	3rd Phase
Until 7:24PM				Bhadrpada*Avani	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 6:PM to 9:PM

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Moscow, Russia	
Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 134		Subhakrit 5124	
Kanya Rasi: 2.15	Tithi 2 – 3	Gulika 2:17PM – 4:02PM	Uttaraphalguni Until 8:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:29AM
Family Home Evening		Yama 10:46AM – 12:31PM	Sadhya Until 10:30PM	Muruqa: White	<i>Sunset:</i> 7:33PM
	553865473	Rahu 7:15AM – 9:00AM	Taitila Until 12:59AM Tue	Nataraja: Clear	Moon 8 - Phase 19 - 16
Creative Work	Siddha Yoga		Dvitiya Until 12:49PM	Moon – Red	3rd Phase
				Bhadrpada*Avani	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam		Moscow, Russia	
Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17 Sutra 135		Subhakrit 5124	
Kanya Rasi: 15.04	Tithi 3 – 4	Gulika 12:31PM – 2:16PM	Hasta Until 9:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM
		Yama 9:01AM – 10:46AM	Subha Until 9:32PM	Muruqa: White	<i>Sunset:</i> 7:30PM
	563865473	Rahu 4:01PM – 5:45PM	Vanija Until 1:00AM Wed	Nataraja: Clear	Moon 8 - Phase 19 - 17
Creative Work	Siddha Yoga		Tritiya Until 1:01PM	Moon – Green	3rd Phase
				Bhadrpada*Avani	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Moscow, Russia	
Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau		Sun 18 Sutra 136		Subhakrit 5124	
Kanya Rasi: 28.04	Tithi 4 – 5	Gulika 10:46AM – 12:30PM	Chitra Until 9:39PM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM
		Yama 7:17AM – 9:02AM	Sukla Until 8:14PM	Muruqa: White	<i>Sunset:</i> 7:28PM
	563865473	Rahu 12:30PM – 2:15PM	Bava Until 12:38AM Thu	Nataraja: Clear	Moon 8 - Phase 19 - 18
Creative Work	Siddha Yoga		Chaturthi* Until 12:51PM	Moon – Green	3rd Phase
				Bhadrpada*Avani	Bhuloka Day
					Devaloka Time: 6:PM to 9:PM

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Moscow, Russia	
Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19 Sutra 137		Subhakrit 5124	
Tula Rasi: 11.16	Tithi 5 – 6	Gulika 9:03AM – 10:46AM	Svati Until 9:30PM	Ganesha: Red	<i>Sunrise:</i> 5:35AM
		Yama 5:35AM – 7:19AM	Brahma Until 6:38PM	Muruqa: White	<i>Sunset:</i> 7:25PM
	563965473	Rahu 2:14PM – 3:58PM	Kaulava Until 11:52PM	Nataraja: Clear	Moon 8 - Phase 19 - 19
Creative Work	Amrita Yoga		Panchami Until 12:17PM	Moon – Green	3rd Phase
Until 9:30PM				Bhadrpada*Avani	Devaloka Day
Then Creative Work - Siddha Yoga					

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Moscow, Russia	
Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 138		Subhakrit 5124	
Tula Rasi: 24.41	Tithi 6 – 7	Gulika 7:20AM – 9:03AM	Vishakha Until 9:14PM	Ganesha: Blue	<i>Sunrise:</i> 5:37AM
		Yama 3:56PM – 5:40PM	Indra Until 4:43PM	Muruqa: White	<i>Sunset:</i> 7:23PM
	573965473	Rahu 10:47AM – 12:30PM	Gara Until 10:41PM	Nataraja: Clear	Moon 8 - Phase 19 - 20
Creative Work	Siddha Yoga		Shashthi* Until 11:18AM	Moon – Orange	3rd Phase
				Bhadrpada*Avani	Sivaloka Day

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam		Moscow, Russia	
Retreat Star		Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 139	
Vrischika Rasi: 8.2	Tithi 7 – 8	Gulika 5:39AM – 7:21AM	Anuradha Until 8:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM
		Yama 2:12PM – 3:55PM	Vaidhriti* Until 2:26PM	Muruqa: White	<i>Sunset:</i> 7:20PM
	574965473	Rahu 9:04AM – 10:47AM	Visti Until 9:05PM	Nataraja: Clear	Moon 8 - Phase 19 - 21
Creative Work	Siddha Yoga		Saptami Until 9:55AM	Moon – Orange	Ashtami
				Bhadrpada*Avani	Devaloka Day

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Moscow, Russia	
Retreat Star		Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 140	
Vrischika Rasi: 22.15	Tithi 8 – 9	Gulika 3:53PM – 5:36PM	Jyeshtha* Until 7:01PM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM
		Yama 12:29PM – 2:11PM	Vishkambha* Until 11:49AM	Muruqa: White	<i>Sunset:</i> 7:18PM
	574965473	Rahu 5:36PM – 7:18PM	Balava Until 7:05PM	Nataraja: Clear	Moon 8 - Phase 19 - 22
Routine Work	Marana Yoga		Ashtami* Until 8:07AM	Moon – Orange	Navami
Until 7:01PM				Bhadrpada*Avani	Devaloka Day
Then Creative Work - Amrita Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

1	Monday, September 5, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau	Moscow, Russia Sun 23 Sutra 141 Subhakarit 5124
	Dhanus Rasi: 6.25 Tithi 10 Family Home Evening 584965473 Creative Work Siddha Yoga Until 5:32PM Then Routine Work - Marana Yoga	Gulika 2:10PM – 3:52PM Yama 10:47AM – 12:29PM Rahu 7:24AM – 9:06AM	Mula* Until 5:32PM Priti Until 8:55AM Taitila Until 4:42PM Dashami Until 3:22AM Tue


2	Tuesday, September 6, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau	Moscow, Russia Sun 24 Sutra 142 Subhakarit 5124
	Dhanus Rasi: 20.5 Tithi 11 Creative Work Siddha Yoga Until 3:36PM Then Routine Work - Prabararishta Yoga	Gulika 12:29PM – 2:10PM Yama 9:06AM – 10:48AM Rahu 3:51PM – 5:32PM	Purvashadha* Until 3:36PM Saubhagya Until 2:16AM Wed Vanija Until 2:00PM Ekadashi Until 12:33AM Wed


3	Wednesday, September 7, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau	Moscow, Russia Sun 25 Sutra 143 Subhakarit 5124
	Makara Rasi: 5.25 Tithi 12 Creative Work Amrita Yoga Until 1:20PM Then Creative Work - Siddha Yoga	Gulika 10:48AM – 12:28PM Yama 7:27AM – 9:07AM Rahu 12:28PM – 2:09PM	Uttarashadha Until 1:20PM Sobhana Until 10:44PM Bava Until 11:05AM Dvadashi Until 9:34PM

4	Thursday, September 8, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Moscow, Russia Sun 26 Sutra 144 Subhakarit 5124
	Makara Rasi: 20.07 Tithi 13 Creative Work Siddha Yoga	Gulika 9:08AM – 10:48AM Yama 5:48AM – 7:28AM Rahu 2:08PM – 3:48PM	Shravana Until 11:15AM Athiganda* Until 7:09PM Kaulava Until 8:04AM Trayodashi Until 6:33PM

Pradosha Vrata

5	Friday, September 9, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarna/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Moscow, Russia Sun 27 Sutra 145 Subhakarit 5124
	Kumbha Rasi: 4.47 Tithi 14 – 15 Creative Work Siddha Yoga	Gulika 7:30AM – 9:09AM Yama 3:46PM – 5:25PM Rahu 10:48AM – 12:27PM	Dhanishtha Until 9:04AM Sukarna Until 3:40PM Visti Until 2:17AM Sat Chaturdashi* Until 3:38PM

	Saturday, September 10, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Moscow, Russia Sun 28 Sutra 146 Subhakarit 5124
	Kumbha Rasi: 19.19 Tithi 15 – 16 Creative Work Amrita Yoga Until 6:58AM Then Routine Work - Marana Yoga	Gulika 5:52AM – 7:31AM Yama 2:06PM – 3:45PM Rahu 9:10AM – 10:48AM	Shatabhishak Until 6:58AM Dhriti Until 12:25PM Balava Until 11:49PM Purnima* Until 12:59PM

	Sunday, September 11, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Moscow, Russia Sun 29 Sutra 147 Subhakarit 5124
	Meena Rasi: 4 Tithi 16 – 17 Creative Work Amrita Yoga Until 4:27AM Mon Then Creative Work - Siddha Yoga	Gulika 3:43PM – 5:21PM Yama 12:27PM – 2:05PM Rahu 5:21PM – 7:00PM	Uttaraproshtapada Until 4:27AM Mon Shula* Until 9:28AM Taitila Until 9:51PM Prathama* Until 10:45AM

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Meena Rasi: 17.32 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

514965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Ganda*Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:04PM - 3:42PM

Yama 10:49AM - 12:26PM

Rahu 7:34AM - 9:11AM

Revati Until 3:55AM Tue

Ganda* Until 6:59AM

Vanija Until 8:31PM

Dvitiya Until 9:05AM

Ganesha: Clear Sunrise: 5:56AM

Muruqa: White Sunset: 6:57PM

Nataraja: Clear

Moon - Clear

Bhadrapada*Avani

Devaloka Day

Moscow, Russia

Sun 1 Sutra 148

Subhakrit 5124

Moon 9 - Phase 21 - 1

1st Phase

1

Tuesday, September 13, 2022

Mesha Rasi: 1.04 Tithi 18 - 19

Creative Work Siddha Yoga

524965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:26PM - 2:03PM

Yama 9:12AM - 10:49AM

Rahu 3:40PM - 5:17PM

Ashvini Until 4:25AM Wed

Dhruva Until 3:44AM Wed

Bava Until 7:56PM

Tritiya Until 8:06AM

Ganesha: White Sunrise: 5:58AM

Muruqa: White Sunset: 6:54PM

Nataraja: Clear

Moon - White

Bhadrapada*Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Moscow, Russia

Sun 2 Sutra 149

Subhakrit 5124

Moon 9 - Phase 21 - 2

1st Phase

2

Wednesday, September 14, 2022

Mesha Rasi: 14.1 Tithi 19 - 20

Creative Work Siddha Yoga

Until 5:34AM Thu

Then Routine Work - Marana Yoga

524965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:49AM - 12:26PM

Yama 7:36AM - 9:13AM

Rahu 12:26PM - 2:02PM

Bharani Until 5:34AM Thu

Vyaghata* Until 3:03AM Thu

Kaulava Until 8:09PM

Chaturthi* Until 7:55AM

Ganesha: White Sunrise: 6:00AM

Muruqa: White Sunset: 6:52PM

Nataraja: Clear

Moon - White

Bhadrapada*Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Moscow, Russia

Sun 3 Sutra 150

Subhakrit 5124

Moon 9 - Phase 21 - 3

1st Phase

3

Thursday, September 15, 2022

Mesha Rasi: 26.53 Tithi 20 - 21

Routine Work Marana Yoga

525965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Gulika 9:13AM - 10:49AM

Yama 6:02AM - 7:38AM

Rahu 2:01PM - 3:37PM

Krittika Until 7:17AM Fri

Harshana Until 2:59AM Fri

Gara Until 9:08PM

Panchami Until 8:32AM

Ganesha: Clear Sunrise: 6:02AM

Muruqa: White Sunset: 6:49PM

Nataraja: Clear

Moon - White

Bhadrapada*Avani

Devaloka Day

Moscow, Russia

Sun 4 Sutra 151

Subhakrit 5124

Moon 9 - Phase 21 - 4

1st Phase

4

Friday, September 16, 2022

Vrishabha Rasi: 9.15 Tithi 21 - 22

Creative Work Siddha Yoga

Until 7:17AM

Then Routine Work - Marana Yoga

525965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:39AM - 9:14AM

Yama 3:36PM - 5:11PM

Rahu 10:50AM - 12:25PM

Krittika Until 7:17AM

Vajra* Until 3:22AM Sat

Visti Until 10:49PM

Shashthi* Until 9:53AM

Ganesha: Clear Sunrise: 6:03AM

Muruqa: White Sunset: 6:47PM

Nataraja: Clear

Moon - White

Bhadrapada*Avani

Devaloka Day

Moscow, Russia

Sun 5 Sutra 152

Subhakrit 5124

Moon 9 - Phase 21 - 5

1st Phase

5

Saturday, September 17, 2022

Retreat Star

Vrishabha Rasi: 21.22 Tithi 22 - 23

Creative Work Amrita Yoga

Until 9:55AM

Then Creative Work - Siddha Yoga

535965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 6:05AM - 7:40AM

Yama 1:59PM - 3:34PM

Rahu 9:15AM - 10:50AM

Rohini Until 9:55AM

Siddhi Until 4:06AM Sun

Balava Until 12:58AM Sun

Saptami Until 11:50AM

Ganesha: White Sunrise: 6:05AM

Muruqa: White Sunset: 6:44PM

Nataraja: Clear

Moon - Yellow

Bhadrapada*Puratasi

Sivaloka Day

Moscow, Russia

Sun 6 Sutra 153

Subhakrit 5124

Moon 9 - Phase 21 - 6

Ashtami

Sunday, September 18, 2022

Retreat Star

Mithuna Rasi: 3.19 Tithi 23 - 24

Creative Work Siddha Yoga

535965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:33PM - 5:07PM

Yama 12:24PM - 1:59PM

Rahu 5:07PM - 6:41PM

Mrigashira Until 12:44PM

Vyatipata* Until 5:01AM Mon

Taitila Until 3:23AM Mon

Ashtami* Until 2:09PM

Ganesha: White Sunrise: 6:07AM

Muruqa: White Sunset: 6:41PM

Nataraja: Clear

Moon - Yellow

Bhadrapada*Puratasi

Sivaloka Day

Moscow, Russia

Sun 7 Sutra 154

Subhakrit 5124

Moon 9 - Phase 21 - 7

Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

all times are standard time. Calculated for Moscow, Russia on 5/1/2

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1	Monday, September 19, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam		Moscow, Russia
		Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 155
Mithuna Rasi: 15.11	Tithi 24 – 25	Gulika 1:58PM – 3:31PM	Ardra Until 3:33PM	Ganesha: White <i>Sunrise:</i> 6:09AM
Family Home Evening	545965473	Yama 10:50AM – 12:24PM	Variyan Until 5:54AM Tue	Muruqa: White <i>Sunset:</i> 6:39PM
Creative Work Siddha Yoga		Rahu 7:43AM – 9:17AM	Vanija Until 5:49AM Tue	Nataraja: Clear
Until 3:33PM			Navami* Until 4:36PM	Moon – Yellow
Then Creative Work - Amrita Yoga				Sivaloka Day
				Bhadrapada-Puratasi


2	Tuesday, September 20, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam		Moscow, Russia
		Punarvasu Nakshatra Parigha* Yoga Visti* Karana Dashamyam Titau		Sun 9 Sutra 156
Mithuna Rasi: 27.04	Tithi 25	Gulika 12:24PM – 1:57PM	Punarvasu Until 6:36PM	Ganesha: Yellow <i>Sunrise:</i> 6:11AM
	545965473	Yama 9:17AM – 10:50AM	Parigha* Until 6:40AM Wed	Muruqa: White <i>Sunset:</i> 6:36PM
Creative Work Siddha Yoga		Rahu 3:30PM – 5:03PM	Visti Until 6:58PM	Nataraja: Clear
			Dashami Until 6:58PM	Moon – Blue
				Devaloka Day
				Bhadrapada-Puratasi

3	Wednesday, September 21, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam		Moscow, Russia
		Pushya Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 157
Kataka Rasi: 9	Tithi 26	Gulika 10:51AM – 12:23PM	Pushya Until 9:15PM	Ganesha: Yellow <i>Sunrise:</i> 6:13AM
	545965473	Yama 7:46AM – 9:18AM	Parigha* Until 6:40AM	Muruqa: White <i>Sunset:</i> 6:33PM
Creative Work Siddha Yoga		Rahu 12:23PM – 1:56PM	Bava Until 8:05AM	Nataraja: Clear
			Ekadashi* Until 9:04PM	Moon – Blue
				Devaloka Day
				Bhadrapada-Puratasi

4	Thursday, September 22, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam		Moscow, Russia
		Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 158
Kataka Rasi: 21.05	Tithi 27	Gulika 9:19AM – 10:51AM	Ashlesha* Until 11:20PM	Ganesha: Yellow <i>Sunrise:</i> 6:15AM
	545965473	Yama 6:15AM – 7:47AM	Shiva Until 7:12AM	Muruqa: White <i>Sunset:</i> 6:31PM
Creative Work Siddha Yoga		Rahu 1:55PM – 3:27PM	Kaulava Until 9:59AM	Nataraja: Clear
Until 11:20PM			Dvadashi* Until 10:46PM	Moon – Blue
Then Creative Work - Amrita Yoga				Devaloka Day
				Bhadrapada-Puratasi

5	Friday, September 23, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam		Moscow, Russia
		Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 159
Simha Rasi: 3.19	Tithi 28	Gulika 7:48AM – 9:20AM	Magha* Until 1:18AM Sat	Ganesha: Red <i>Sunrise:</i> 6:17AM
	555965473	Yama 3:25PM – 4:57PM	Siddha Until 7:21AM	Muruqa: White <i>Sunset:</i> 6:28PM
Routine Work Marana Yoga		Rahu 10:51AM – 12:23PM	Gara Until 11:27AM	Nataraja: Clear
Until 1:18AM Sat			Trayodashi* Until 11:59PM	Moon – Red
Then Creative Work - Siddha Yoga				Devaloka Day
				Bhadrapada-Puratasi
				<i>Pradosha Vrata (Fasting)</i>

6	Saturday, September 24, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam		Moscow, Russia
		Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 160
Simha Rasi: 15.47	Tithi 29	Gulika 6:19AM – 7:50AM	Purvaphalguni Until 2:36AM Sun	Ganesha: Green <i>Sunrise:</i> 6:19AM
	556965473	Yama 1:53PM – 3:24PM	Sadhya Until 7:09AM	Muruqa: White <i>Sunset:</i> 6:26PM
Creative Work Siddha Yoga		Rahu 9:20AM – 10:51AM	Visti Until 12:26PM	Nataraja: Clear
Until 2:36AM Sun			Chaturdashi* Until 12:42AM Sun	Moon – Red
Then Creative Work - Amrita Yoga				Bhuloka Day
				Bhadrapada-Puratasi
				Devaloka Time: 6:PM to 9:PM

	Sunday, September 25, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam		Moscow, Russia
	Retreat Star	Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 161
Simha Rasi: 28.28	Tithi 30	Gulika 3:22PM – 4:53PM	Uttaraphalguni Until 3:15AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:21AM
	556165473	Yama 12:22PM – 1:52PM	Subha Until 6:34AM	Muruqa: White <i>Sunset:</i> 6:23PM
Creative Work Amrita Yoga		Rahu 4:53PM – 6:23PM	Catuspada Until 12:53PM	Nataraja: Clear
Until 3:15AM Mon			Amavasya* Until 12:54AM Mon	Moon – Red
Then Creative Work - Siddha Yoga		Mahalaya Amavasai (Tamil Nadu)		Bhuloka Day
				Bhadrapada-Puratasi
				Devaloka Time: 6:PM to 9:PM

Retreat Star	Monday, September 26, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam		Moscow, Russia
		Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 162
Kanya Rasi: 11.24	Tithi 1	Gulika 1:51PM – 3:21PM	Hasta Until 3:45AM Tue	Ganesha: Blue <i>Sunrise:</i> 6:23AM
Family Home Evening	566165473	Yama 10:52AM – 12:21PM	Brahma Until 4:11AM Tue	Muruqa: White <i>Sunset:</i> 6:20PM
Creative Work Siddha Yoga		Rahu 7:52AM – 9:22AM	Kintughna Until 12:50PM	Nataraja: Clear
			Prathama* Until 12:38AM Tue	Moon – Green
		Navaratri Begins		Bhuloka Day
				Ashvina-Puratasi
				Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

††† times are standard time. Calculated for Moscow, Russia on 5/1/2

www.gurudeva.org/panchang

1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Moscow, Russia Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 24.34	Tithi 2	Gulika 12:21PM – 1:50PM	Chitra Until 3:41AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:24AM	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 23 - 16
			Yama 9:23AM – 10:52AM	Indra Until 2:31AM Wed	Muruqa: White		3rd Phase
	Creative Work Siddha Yoga	566165473	Rahu 3:19PM – 4:49PM	Balava Until 12:21PM	Nataraja: Clear		
			Dvitiya Until 11:57PM	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Moscow, Russia Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 7.57	Tithi 3	Gulika 10:52AM – 12:21PM	Svati Until 3:09AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:26AM	<i>Sunset:</i> 6:15PM	Moon 9 - Phase 23 - 17
			Yama 7:55AM – 9:24AM	Vaidhriti* Until 12:32AM Thu	Muruqa: White		3rd Phase
	Creative Work Siddha Yoga	666165473	Rahu 12:21PM – 1:49PM	Taitila Until 11:29AM	Nataraja: Clear		
			Tritiya Until 10:54PM	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturthayam Titau				Moscow, Russia Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 21.32	Tithi 4	Gulika 9:24AM – 10:52AM	Vishakha Until 2:37AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:28AM	<i>Sunset:</i> 6:13PM	Moon 9 - Phase 23 - 18
			Yama 6:28AM – 7:56AM	Vishkambha* Until 10:19PM	Muruqa: White		3rd Phase
	Creative Work Siddha Yoga	676165473	Rahu 1:49PM – 3:17PM	Vanija Until 10:17AM	Nataraja: Clear		
			Chaturthi* Until 9:34PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau				Moscow, Russia Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 5.16	Tithi 5	Gulika 7:58AM – 9:25AM	Anuradha Until 1:41AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:30AM	<i>Sunset:</i> 6:10PM	Moon 9 - Phase 23 - 19
			Yama 3:15PM – 4:43PM	Priti Until 7:56PM	Muruqa: White		3rd Phase
	Creative Work Siddha Yoga	676165473	Rahu 10:53AM – 12:20PM	Bava Until 8:49AM	Nataraja: Clear		
			Panchami Until 7:58PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau				Moscow, Russia Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 19.1	Tithi 6	Gulika 6:32AM – 7:59AM	Jyeshtha* Until 12:26AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:32AM	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 23 - 20
			Yama 1:47PM – 3:14PM	Ayushman Until 5:21PM	Muruqa: White		3rd Phase
	Creative Work Siddha Yoga Until 12:26AM Sun Then Creative Work - Amrita Yoga	676165473	Rahu 9:26AM – 10:53AM	Kaulava Until 7:07AM	Nataraja: Clear		
			Shashthi* Until 6:10PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

6	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Moscow, Russia Sun 21 Sutra 168 Subhakrit 5124
	Dhanus Rasi: 3.1	Tithi 7 – 8	Gulika 3:12PM – 4:39PM	Mula* Until 11:17PM	Ganesha: Blue <i>Sunrise:</i> 6:34AM	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 23 - 21
			Yama 12:20PM – 1:46PM	Saubhagya Until 2:38PM	Muruqa: Green		3rd Phase
	Creative Work Amrita Yoga Until 11:17PM Then Creative Work - Siddha Yoga	687166473	Rahu 4:39PM – 6:05PM	Visiti Until 3:10AM Mon	Nataraja: Clear		
			Saptami Until 4:12PM	Moon – Light Blue		Sivaloka Day	

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Moscow, Russia Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:45PM – 3:11PM	Purvashadha* Until 9:52PM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 23 - 22
	Dhanus Rasi: 17.17	Tithi 8 – 9	Yama 10:53AM – 12:19PM	Sobhana Until 11:48AM	Muruqa: Green		Ashtami
	Family Home Evening	687166473	Rahu 8:02AM – 9:28AM	Balava Until 12:59AM Tue	Nataraja: Clear		
Routine Work Marana Yoga			Ashtami* Until 2:05PM	Moon – Light Blue		Sivaloka Day	
		Durga Ashtami		Ashvina+Puratasi			

D	Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Moscow, Russia Sun 23 Sutra 170 Subhakrit 5124
	Retreat Star		Gulika 12:19PM – 1:44PM	Uttarashadha Until 8:12PM	Ganesha: Blue <i>Sunrise:</i> 6:38AM	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 23 - 23
	Makara Rasi: 1.28	Tithi 9 – 10	Yama 9:28AM – 10:54AM	Athiganda* Until 8:51AM	Muruqa: Green		Navami
	Routine Work Prabalarishta Yoga Until 8:12PM Then Creative Work - Siddha Yoga	687166473	Rahu 3:09PM – 4:35PM	Taitila Until 10:43PM	Nataraja: Clear		
		Saraswathi Puja (Tamil Nadu)	Navami* Until 11:50AM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Moscow, Russia on 5/1/2


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1		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Moscow, Russia Sun 24 Sutra 171	
Makara Rasi: 15.44	Tithi 10 - 11	Gulika 10:54AM - 12:19PM	Shravana Until 6:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:40AM	Subhakrit 5124	
		Yama 8:05AM - 9:29AM	Dhriti Until 2:50AM Thu	Muruqa: Green	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 24 - 24	
	697166473	Rahu 12:19PM - 1:43PM	Vanija Until 8:24PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Moon - Purple		Devaloka Day	
Until 6:46PM		Vijaya Dasami	Dashami Until 9:32AM	Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

2		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Moscow, Russia Sun 25 Sutra 172	
Makara Rasi: 29.59	Tithi 11 - 12	Gulika 9:30AM - 10:54AM	Dhanishtha Until 5:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	Subhakrit 5124	
		Yama 6:42AM - 8:06AM	Shula* Until 11:51PM	Muruqa: Green	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 24 - 25	
	697166473	Rahu 1:42PM - 3:06PM	Bava Until 6:07PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Moon - Purple		Devaloka Day	
			Ekadashi Until 7:14AM	Ashvina+Puratasi			

3		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Moscow, Russia Sun 26 Sutra 173	
Kumbha Rasi: 14.12	Tithi 13	Gulika 8:07AM - 9:31AM	Shatabhishak Until 3:41PM	Ganesha: Yellow	<i>Sunrise:</i> 6:44AM	Subhakrit 5124	
		Yama 3:05PM - 4:29PM	Ganda* Until 9:01PM	Muruqa: Green	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24 - 26	
	697166473	Rahu 10:54AM - 12:18PM	Kaulava Until 3:58PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Moon - Purple		Devaloka Day	
		Kadaitswami Mahasamadhi	Trayodashi Until 2:58AM Sat	Ashvina+Puratasi			
			<i>Pradosha Vrata</i>				

4		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Moscow, Russia Sun 27 Sutra 174	
Kumbha Rasi: 28.17	Tithi 14	Gulika 6:46AM - 8:09AM	Purvaproshtapada* Until 2:39PM	Ganesha: White	<i>Sunrise:</i> 6:46AM	Subhakrit 5124	
		Yama 1:41PM - 3:04PM	Vriddhi Until 6:25PM	Muruqa: Green	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 24 - 27	
	618166474	Rahu 9:32AM - 10:55AM	Gara Until 2:04PM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga			Moon - Clear		Bhuloka Day	
Until 2:39PM		Chidambaram Abhishekam	Chaturdashi* Until 1:13AM Sun	Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Moscow, Russia Sutra 175	
Copper Retreat Star		Gulika 3:02PM - 4:25PM	Uttaraproshtapada Until 1:50PM	Ganesha: White	<i>Sunrise:</i> 6:48AM	Subhakrit 5124	
Meena Rasi: 12.11	Tithi 15	Yama 12:17PM - 1:40PM	Dhruva Until 4:05PM	Muruqa: Green	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 24 -	
	618166474	Rahu 4:25PM - 5:47PM	Visti Until 12:31PM	Nataraja: Purple		Purnima	
Creative Work	Amrita Yoga			Moon - Clear		Bhuloka Day	
			Purnima* Until 11:54PM	Ashvina+Puratasi			

Monday, October 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Moscow, Russia Sutra 176	
Meena Rasi: 25.48	Tithi 16	Gulika 1:39PM - 3:01PM	Revati Until 1:21PM	Ganesha: White	<i>Sunrise:</i> 6:50AM	Subhakrit 5124	
Family Home Evening		Yama 10:55AM - 12:17PM	Vyaghata* Until 2:10PM	Muruqa: Green	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 24 -	
	618166474	Rahu 8:12AM - 9:33AM	Balava Until 11:28AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga			Moon - Clear		Bhuloka Day	
			Prathama* Until 11:07PM	Ashvina+Puratasi			



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Moscow, Russia

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 9.06

Tithi 17

628176474

Gulika

12:17PM – 1:38PM

Yama

9:34AM – 10:56AM

Rahu

2:59PM – 4:21PM

Ashvini Until 1:45PM

Harshana Until 12:44PM

Taitila Until 10:59AM

Dvitiya Until 10:58PM

Ganesha: Yellow

Sunrise: 6:52AM

Muruqa: White

Sunset: 5:42PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work

Siddha Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Moscow, Russia

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 22.04

Tithi 18

628176474

Gulika

10:56AM – 12:17PM

Yama

8:15AM – 9:35AM

Rahu

12:17PM – 1:37PM

Bharani Until 2:38PM

Vajra* Until 11:47AM

Vanija Until 11:10AM

Tritiya Until 11:30PM

Ganesha: Yellow

Sunrise: 6:54AM

Muruqa: White

Sunset: 5:39PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work

Siddha Yoga

Until 2:38PM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthiyam Titau

Moscow, Russia

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 4.43

Tithi 19

628176474

Gulika

9:36AM – 10:56AM

Yama

6:56AM – 8:16AM

Rahu

1:37PM – 2:57PM

Krittika Until 4:01PM

Siddhi Until 11:23AM

Bava Until 12:02PM

Chaturthi* Until 12:41AM Fri

Ganesha: Yellow

Sunrise: 6:56AM

Muruqa: White

Sunset: 5:37PM

Nataraja: Purple

Moon – White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work

Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 17.04

Tithi 20

638176474

Gulika

8:17AM – 9:37AM

Yama

2:55PM – 4:15PM

Rahu

10:57AM – 12:16PM

Rohini Until 6:19PM

Vyatipata* Until 11:28AM

Kaulava Until 1:32PM

Panchami Until 2:27AM Sat

Ganesha: Blue

Sunrise: 6:58AM

Muruqa: White

Sunset: 5:35PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Routine Work

Marana Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 5 Sutra 181

Subhakrit 5124

Vrishabha Rasi: 29.12

Tithi 21

639176474

Gulika

7:00AM – 8:19AM

Yama

1:35PM – 2:54PM

Rahu

9:38AM – 10:57AM

Mrigashira Until 8:55PM

Variyan Until 11:56AM

Gara Until 3:32PM

Shashthi* Until 4:39AM Sun

Ganesha: Red

Sunrise: 7:00AM

Muruqa: White

Sunset: 5:32PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work

Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Moscow, Russia

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 11.1

Tithi 22

639176474

Gulika

2:53PM – 4:11PM

Yama

12:16PM – 1:34PM

Rahu

4:11PM – 5:30PM

Ardra Until 11:37PM

Parigha* Until 12:40PM

Visti Until 5:52PM

Saptami Until 7:04AM Mon

Ganesha: Red

Sunrise: 7:02AM

Muruqa: White

Sunset: 5:30PM

Nataraja: Purple

Moon – Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work

Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 23.04

Tithi 22 – 23

649176474

Gulika

1:33PM – 2:51PM

Yama

10:58AM – 12:15PM

Rahu

8:22AM – 9:40AM

Punarvasu Until 2:42AM Tue

Shiva Until 1:32PM

Balava Until 8:18PM

Saptami Until 7:04AM

Ganesha: Green

Sunrise: 7:04AM

Muruqa: White

Sunset: 5:27PM

Nataraja: Purple

Moon – Blue

Ashvina+Puratasi

Devaloka Day

Creative Work

Amrita Yoga

Until 2:42AM Tue

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 4.57

Tithi 23 – 24

649176474

Gulika

12:15PM – 1:33PM

Yama

9:41AM – 10:58AM

Rahu

2:50PM – 4:07PM

Pushya Until 5:29AM Wed

Siddha Until 2:20PM

Taitila Until 10:39PM

Ashtami* Until 9:29AM

Ganesha: Green

Sunrise: 7:06AM

Muruqa: White

Sunset: 5:25PM

Nataraja: Purple

Moon – Blue

Ashvina+Puratasi

Devaloka Day

Creative Work

Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

all times are standard time. Calculated for Moscow, Russia on 5/1/2

www.gurudeva.org/panchang

1	Wednesday, October 19, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Moscow, Russia
	Kataka Rasi: 16.55	Tithi 24 – 25	649176474	Gulika 10:58AM – 12:15PM Yama 8:25AM – 9:41AM Rahu 12:15PM – 1:32PM	Ashlesha* Until 7:47AM Thu Sadhya Until 2:58PM Vanija Until 12:42AM Thu Navami* Until 11:42AM	Ganesha: Green <i>Sunrise:</i> 7:08AM Muruqa: White <i>Sunset:</i> 5:22PM Nataraja: Purple Moon – Blue	Sun 9 Sutra 185 Subhakrai 5124 Moon 10 - Phase 26 - 9 2nd Phase
	Creative Work	Siddha Yoga					Devaloka Day
	Until 7:47AM Thu						
	Then Creative Work - Amrita Yoga						


2	Thursday, October 20, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Moscow, Russia
	Kataka Rasi: 29	Tithi 25 – 26	649276474	Gulika 9:42AM – 10:59AM Yama 7:10AM – 8:26AM Rahu 1:31PM – 2:47PM	Ashlesha* Until 7:47AM Subha Until 3:19PM Bava Until 2:17AM Fri Dashami Until 1:32PM	Ganesha: Red <i>Sunrise:</i> 7:10AM Muruqa: White <i>Sunset:</i> 5:20PM Nataraja: Purple Moon – Blue	Sun 10 Sutra 186 Subhakrai 5124 Moon 10 - Phase 26 - 10 2nd Phase
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 7:47AM						Devaloka Time: 6:AM to 9:AM
	Then Creative Work - Amrita Yoga						

3	Friday, October 21, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Moscow, Russia
	Simha Rasi: 11.17	Tithi 26 – 27	659276474	Gulika 8:28AM – 9:43AM Yama 2:46PM – 4:02PM Rahu 10:59AM – 12:15PM	Magha* Until 9:55AM Sukla Until 3:13PM Kaulava Until 3:18AM Sat Ekadashi* Until 2:51PM	Ganesha: Green <i>Sunrise:</i> 7:12AM Muruqa: White <i>Sunset:</i> 5:18PM Nataraja: Purple Moon – Red	Sun 11 Sutra 187 Subhakrai 5124 Moon 10 - Phase 26 - 11 2nd Phase
	Routine Work	Marana Yoga					Bhuloka Day
	Until 9:55AM						
	Then Creative Work - Siddha Yoga						

4	Saturday, October 22, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantla Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Moscow, Russia
	Simha Rasi: 23.5	Tithi 27 – 28	659276474	Gulika 7:14AM – 8:29AM Yama 1:30PM – 2:45PM Rahu 9:44AM – 10:59AM	Purvaphalguni Until 11:18AM Brahma Until 2:39PM Gara Until 3:40AM Sun Dvadashi* Until 3:33PM	Ganesha: Green <i>Sunrise:</i> 7:14AM Muruqa: White <i>Sunset:</i> 5:15PM Nataraja: Purple Moon – Red	Sun 12 Sutra 188 Subhakrai 5124 Moon 10 - Phase 26 - 12 2nd Phase
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 11:18AM						
	Then Routine Work - Marana Yoga						<i>Pradosha Vrata (Fasting)</i>

5	Sunday, October 23, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Moscow, Russia
	Kanya Rasi: 6.41	Tithi 28 – 29	651276474	Gulika 2:44PM – 3:58PM Yama 12:14PM – 1:29PM Rahu 3:58PM – 5:13PM	Uttaraphalguni Until 11:55AM Indra Until 1:37PM Visti Until 3:23AM Mon Trayodashi* Until 3:35PM	Ganesha: Purple <i>Sunrise:</i> 7:16AM Muruqa: White <i>Sunset:</i> 5:13PM Nataraja: Purple Moon – Red	Sun 13 Sutra 189 Subhakrai 5124 Moon 10 - Phase 26 - 13 2nd Phase
	Creative Work	Amrita Yoga					Bhuloka Day
	Until 12:13PM						
	Then Routine Work - Prabalarishta Yoga						
			Deepavali Hindu Solidarity Day				

6	Monday, October 24, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Moscow, Russia
	Kanya Rasi: 19.52	Tithi 29 – 30	661276474	Gulika 1:28PM – 2:42PM Yama 11:00AM – 12:14PM Rahu 8:32AM – 9:46AM	Hasta Until 12:13PM Vaidhriti* Until 12:02PM Catuspada Until 2:30AM Tue Chaturdashi* Until 3:00PM	Ganesha: Light Blue <i>Sunrise:</i> 7:18AM Muruqa: White <i>Sunset:</i> 5:11PM Nataraja: Purple Moon – Green	Sun 14 Sutra 190 Subhakrai 5124 Moon 10 - Phase 26 - 14 2nd Phase
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 12:13PM						
	Then Routine Work - Prabalarishta Yoga						
			Subramuniyaswami Mahasamadhi				

	Tuesday, October 25, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Moscow, Russia
	Tula Rasi: 3.21	Tithi 30 – 1	661276474	Gulika 12:14PM – 1:28PM Yama 9:47AM – 11:01AM Rahu 2:41PM – 3:55PM	Chitra Until 11:47AM Vishkambha* Until 10:01AM Kintughna Until 1:06AM Wed Amavasya* Until 1:50PM	Ganesha: Light Blue <i>Sunrise:</i> 7:20AM Muruqa: White <i>Sunset:</i> 5:08PM Nataraja: Purple Moon – Green	Sun 15 Sutra 191 Subhakrai 5124 Moon 10 - Phase 26 - 15 Amavasya
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 12:13PM						
	Then Routine Work - Prabalarishta Yoga						

Retreat Star	Wednesday, October 26, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yukhtayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Moscow, Russia
	Tula Rasi: 17.08	Tithi 1 – 2	661276574	Gulika 11:01AM – 12:14PM Yama 8:35AM – 9:48AM Rahu 12:14PM – 1:27PM	Svati Until 10:45AM Priti Until 7:37AM Balava Until 11:16PM Prathama* Until 12:13PM	Ganesha: Light Blue <i>Sunrise:</i> 7:22AM Muruqa: Clear <i>Sunset:</i> 5:06PM Nataraja: Clear Moon – Green	Sun 16 Sutra 192 Subhakrai 5124 Moon 10 - Phase 26 - 16 Prathama
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 12:13PM						
	Then Routine Work - Prabalarishta Yoga						Devaloka Time: 3:PM to 6:PM
			Skanda Shasthi Begins				
							Karttika-Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Thursday, October 27, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Moscow, Russia Sun 17 Sutra 193 Subhakrit 5124
	Vrischika Rasi: 1.11 Tithi 2 - 3	671276574	Gulika Yama Rahu	9:49AM - 11:02AM 7:24AM - 8:37AM 1:26PM - 2:39PM	Vishakha Until 9:38AM Saubhagya Until 1:57AM Fri Taitila Until 9:09PM Dvitiya Until 10:13AM	Ganesha: Purple Sunrise: 7:24AM Muruga: Clear Sunset: 5:04PM Nataraja: Clear Moon - Orange Karttika-Aipasi
	Creative Work Siddha Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Friday, October 28, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Moscow, Russia Sun 18 Sutra 194 Subhakrit 5124
	Vrischika Rasi: 15.23 Tithi 3 - 4	671276574	Gulika Yama Rahu	8:38AM - 9:50AM 2:38PM - 3:50PM 11:02AM - 12:14PM	Anuradha Until 8:07AM Sobhana Until 10:54PM Vanija Until 6:50PM Tritiya Until 8:00AM	Ganesha: Purple Sunrise: 7:26AM Muruga: Clear Sunset: 5:01PM Nataraja: Clear Moon - Orange Karttika-Aipasi
	Creative Work Siddha Yoga Until 8:07AM Then Routine Work - Marana Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Saturday, October 29, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Moscow, Russia Sun 19 Sutra 195 Subhakrit 5124
	Vrischika Rasi: 29.42 Tithi 5	671276574	Gulika Yama Rahu	7:28AM - 8:40AM 1:25PM - 2:37PM 9:51AM - 11:02AM	Jyeshtha* Until 6:21AM Athiganda* Until 7:45PM Bava Until 4:27PM Panchami Until 3:14AM Sun	Ganesha: Purple Sunrise: 7:28AM Muruga: Clear Sunset: 4:59PM Nataraja: Clear Moon - Orange Karttika-Aipasi
	Creative Work Siddha Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Sunday, October 30, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Moscow, Russia Sun 20 Sutra 196 Subhakrit 5124
	Dhanus Rasi: 14.02 Tithi 6	681276574	Gulika Yama Rahu	2:35PM - 3:46PM 12:14PM - 1:25PM 3:46PM - 4:57PM	Purvashadha* Until 3:11AM Mon Sukarma Until 4:39PM Kaulava Until 2:03PM Shashthi* Until 12:52AM Mon	Ganesha: Clear Sunrise: 7:30AM Muruga: Clear Sunset: 4:57PM Nataraja: Clear Moon - Light Blue Karttika-Aipasi
	Creative Work Siddha Yoga Until 3:11AM Mon Then Routine Work - Marana Yoga				Skanda Shasthi	Devaloka Day

5	Monday, October 31, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Moscow, Russia Sun 21 Sutra 197 Subhakrit 5124
	Dhanus Rasi: 28.19 Tithi 7 Family Home Evening	681276574	Gulika Yama Rahu	1:24PM - 2:34PM 11:03AM - 12:14PM 8:43AM - 9:53AM	Uttarashadha Until 1:33AM Tue Dhriti Until 1:37PM Gara Until 11:45AM Saptami Until 10:38PM	Ganesha: Clear Sunrise: 7:33AM Muruga: Clear Sunset: 4:55PM Nataraja: Clear Moon - Light Blue Karttika-Aipasi
	Routine Work Marana Yoga Until 1:33AM Tue Then Creative Work - Siddha Yoga					Devaloka Day

D	Tuesday, November 1, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Moscow, Russia Sun 22 Sutra 198 Subhakrit 5124
	Retreat Star Makara Rasi: 12.32 Tithi 8	691276574	Gulika Yama Rahu	12:14PM - 1:23PM 9:54AM - 11:04AM 2:33PM - 3:43PM	Shravana Until 12:21AM Wed Shula* Until 10:41AM Visti Until 9:35AM Ashtami* Until 8:33PM	Ganesha: White Sunrise: 7:35AM Muruga: Clear Sunset: 4:53PM Nataraja: Clear Moon - Purple Karttika-Aipasi
	Creative Work Siddha Yoga Until 12:21AM Wed Then Routine Work - Prabalarishta Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM

D	Wednesday, November 2, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Moscow, Russia Sun 23 Sutra 199 Subhakrit 5124
	Retreat Star Makara Rasi: 26.37 Tithi 9	692276574	Gulika Yama Rahu	11:04AM - 12:14PM 8:46AM - 9:55AM 12:14PM - 1:23PM	Dhanishtha Until 11:14PM Ganda* Until 7:55AM Balava Until 7:37AM Navami* Until 6:41PM	Ganesha: Green Sunrise: 7:37AM Muruga: Clear Sunset: 4:51PM Nataraja: Clear Moon - Purple Karttika-Aipasi
	Routine Work Prabalarishta Yoga Until 11:14PM Then Creative Work - Siddha Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Thursday, November 3, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Moscow, Russia Sun 24 Sutra 200
	Kumbha Rasi: 10.35 Tithi 10 – 11	Gulika 9:56AM – 11:05AM	Shatabhishak Until 10:12PM	Ganesha: Green <i>Sunrise:</i> 7:39AM	Subhakit 5124
		Yama 7:39AM – 8:48AM	Dhruva Until 2:56AM Fri	Muruqa: Clear <i>Sunset:</i> 4:49PM	Moon 10 - Phase 28 - 24
	692276574	Rahu 1:22PM – 2:31PM	Vanija Until 4:22AM Fri	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga		Dashami Until 5:03PM	Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Friday, November 4, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Moscow, Russia Sun 25 Sutra 201
	Kumbha Rasi: 24.22 Tithi 11 – 12	Gulika 8:49AM – 9:57AM	Purvaproshtapada* Until 9:44PM	Ganesha: Blue <i>Sunrise:</i> 7:41AM	Subhakit 5124
		Yama 2:30PM – 3:38PM	Vyaghata* Until 12:46AM Sat	Muruqa: Clear <i>Sunset:</i> 4:46PM	Moon 10 - Phase 28 - 25
	612276574	Rahu 11:05AM – 12:14PM	Bava Until 3:10AM Sat	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga		Ekadashi Until 3:42PM	Moon – Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Saturday, November 5, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Moscow, Russia Sun 26 Sutra 202
	Meena Rasi: 7.59 Tithi 12 – 13	Gulika 7:43AM – 8:51AM	Uttaraproshtapada Until 9:28PM	Ganesha: Blue <i>Sunrise:</i> 7:43AM	Subhakit 5124
		Yama 1:21PM – 2:29PM	Harshana Until 10:54PM	Muruqa: Clear <i>Sunset:</i> 4:44PM	Moon 10 - Phase 28 - 26
	612276574	Rahu 9:58AM – 11:06AM	Kaulava Until 2:19AM Sun	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga Until 9:28PM Then Routine Work - Prabararishta Yoga		Dvadashi Until 2:40PM	Moon – Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

4	Sunday, November 6, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Moscow, Russia Sun 27 Sutra 203
	Meena Rasi: 21.24 Tithi 13 – 14	Gulika 2:28PM – 3:35PM	Revati Until 9:25PM	Ganesha: Blue <i>Sunrise:</i> 7:45AM	Subhakit 5124
		Yama 12:14PM – 1:21PM	Vajra* Until 9:18PM	Muruqa: Clear <i>Sunset:</i> 4:42PM	Moon 10 - Phase 28 - 27
	612276574	Rahu 3:35PM – 4:42PM	Gara Until 1:52AM Mon	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga Until 9:25PM Then Creative Work - Siddha Yoga		Trayodashi Until 2:01PM	Moon – Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

○	Monday, November 7, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Moscow, Russia Sutra 204
	Copper Retreat Star	Gulika 1:20PM – 2:27PM	Ashvini Until 10:07PM	Ganesha: Blue <i>Sunrise:</i> 7:47AM	Subhakit 5124
	Mesha Rasi: 4.35 Tithi 14 – 15	Yama 11:07AM – 12:14PM	Siddhi Until 8:05PM	Muruqa: Clear <i>Sunset:</i> 4:40PM	Moon 10 - Phase 28 -
	722276574	Rahu 8:54AM – 10:00AM	Visti Until 1:52AM Tue	Nataraja: Clear	Purnima
Creative Work Siddha Yoga		Chaturdashi* Until 1:47PM	Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

○	Tuesday, November 8, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Moscow, Russia Sutra 205
	Silver Retreat Star	Gulika 12:14PM – 1:20PM	Bharani Until 11:08PM	Ganesha: Blue <i>Sunrise:</i> 7:49AM	Subhakit 5124
	Mesha Rasi: 17.33 Tithi 15 – 16	Yama 10:02AM – 11:08AM	Vyatipata* Until 7:14PM	Muruqa: Clear <i>Sunset:</i> 4:39PM	Moon 10 - Phase 28 -
	722276574	Rahu 2:26PM – 3:32PM	Balava Until 2:23AM Wed	Nataraja: Clear	Prathama
Creative Work Siddha Yoga		Purnima* Until 2:02PM	Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam
Krittika Nakshatra Varyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Moscow, Russia

Sutra 206

Vrishabha Rasi: 0.16 Tithi 16 - 17

722276574

Gulika 11:08AM - 12:14PM
Yama 8:57AM - 10:03AM
Rahu 12:14PM - 1:20PM

Krittika **Until 12:29AM Thu**
Varyan **Until 6:46PM**
Taitila **Until 3:25AM Thu**
Prathama* Until 2:49PM

Ganesha: Blue **Sunrise:** 7:51AM
Muruqa: Clear **Sunset:** 4:37PM
Nataraja: Clear
Moon - White
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 12:29AM Thu

Then Routine Work - Marana Yoga

1

Thursday, November 10, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam
Rohini Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Moscow, Russia

Sun 1 Sutra 207

Vrishabha Rasi: 12.45 Tithi 17 - 18

732276574

Gulika 10:04AM - 11:09AM
Yama 7:53AM - 8:58AM
Rahu 1:19PM - 2:24PM

Rohini **Until 2:39AM Fri**
Parigha* **Until 6:42PM**
Vanija **Until 4:56AM Fri**
Dvitiya Until 4:06PM

Ganesha: Red **Sunrise:** 7:53AM
Muruqa: Clear **Sunset:** 4:35PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 2:39AM Fri

Then Creative Work - Siddha Yoga

2

Friday, November 11, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam
Mrigashira Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Moscow, Russia

Sun 2 Sutra 208

Vrishabha Rasi: 25.01 Tithi 18 - 19

732276574

Gulika 9:00AM - 10:05AM
Yama 2:24PM - 3:28PM
Rahu 11:09AM - 12:14PM

Mrigashira **Until 5:05AM Sat**
Shiva **Until 7:00PM**
Bava **Until 6:55AM Sat**
Tritiya Until 5:51PM

Ganesha: Red **Sunrise:** 7:55AM
Muruqa: Clear **Sunset:** 4:33PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 2nd Phase

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam
Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Moscow, Russia

Sun 3 Sutra 209

Mithuna Rasi: 7.07 Tithi 19

732276574

Gulika 7:57AM - 9:02AM
Yama 1:18PM - 2:23PM
Rahu 10:06AM - 11:10AM

Ardra **Until 7:39AM Sun**
Siddha **Until 7:34PM**
Bava **Until 6:55AM**
Chaturthi* Until 8:00PM

Ganesha: Red **Sunrise:** 7:57AM
Muruqa: Clear **Sunset:** 4:31PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 3rd Phase

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia

Sun 4 Sutra 210

Mithuna Rasi: 19.05 Tithi 20

732276574

Gulika 2:22PM - 3:26PM
Yama 12:14PM - 1:18PM
Rahu 3:26PM - 4:29PM

Ardra **Until 7:39AM**
Sadhya **Until 8:19PM**
Kaulava **Until 9:12AM**
Panchami Until 10:24PM

Ganesha: Red **Sunrise:** 7:59AM
Muruqa: Clear **Sunset:** 4:29PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 4th Phase

Devaloka Day

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 5 Sutra 211

Kataka Rasi: 0.58 Tithi 21

742376574

Gulika 1:18PM - 2:21PM
Yama 11:11AM - 12:15PM
Rahu 9:05AM - 10:08AM

Punarvasu **Until 10:45AM**
Subha **Until 9:11PM**
Gara **Until 11:41AM**
Shashthi* Until 12:54AM Tue

Ganesha: White **Sunrise:** 8:02AM
Muruqa: Clear **Sunset:** 4:28PM
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 5th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 10:45AM

Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Moscow, Russia

Sun 6 Sutra 212

Kataka Rasi: 12.51 Tithi 22

743376574

Gulika 12:15PM - 1:17PM
Yama 10:09AM - 11:12AM
Rahu 2:20PM - 3:23PM

Pushya **Until 1:40PM**
Sukla **Until 9:57PM**
Visti **Until 2:09PM**
Saptami Until 3:18AM Wed

Ganesha: Green **Sunrise:** 8:04AM
Muruqa: Clear **Sunset:** 4:26PM
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Subhakarit 5124
Moon 11 - Phase 29 - 6th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

7

Wednesday, November 16, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia

Sun 7 Sutra 213

Kataka Rasi: 24.47 Tithi 23

743376574

Gulika 11:13AM - 12:15PM
Yama 9:08AM - 10:10AM
Rahu 12:15PM - 1:17PM

Ashlesha* **Until 4:15PM**
Brahma **Until 10:33PM**
Balava **Until 4:26PM**
Ashtami* Until 5:24AM Thu

Ganesha: Green **Sunrise:** 8:06AM
Muruqa: Clear **Sunset:** 4:24PM
Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Subhakarit 5124
Moon 11 - Phase 29 - 7th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yukhtayam
Magha* Nakshatra Indra Yoga Taitila Karana Navamyam Titau

Moscow, Russia

Sun 8 Sutra 214

Simha Rasi: 6.5 Tithi 24

753376575

Gulika 10:11AM - 11:13AM
Yama 8:08AM - 9:09AM
Rahu 1:17PM - 2:19PM

Magha* **Until 6:47PM**
Indra **Until 10:49PM**
Taitila **Until 6:19PM**
Navami* Until 7:01AM Fri

Ganesha: Orange **Sunrise:** 8:08AM
Muruqa: Clear **Sunset:** 4:23PM
Nataraja: Purple
Moon - Red
Karttika-Karttikai

Subhakarit 5124
Moon 11 - Phase 29 - 8th Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 6:47PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

11 times are standard time. Calculated for Moscow, Russia on 5/1/2

www.gurudeva.org/panchang

1	Friday, November 18, 2022		Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam				Moscow, Russia	
			Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 215	
	Simha Rasi: 19.05	Tithi 24 – 25	753376575	Gulika 9:11AM – 10:12AM Yama 2:18PM – 3:20PM Rahu 11:14AM – 12:15PM	Purvaphalguni Until 8:35PM Vaidhrili* Until 10:37PM Vanija Until 7:37PM Navami* Until 7:01AM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 8:10AM Sunset: 4:21PM Moon 11 - Phase 30 - 9 2nd Phase	Sivaloka Day Karttika-Karttikai
	Creative Work Siddha Yoga							

2	Saturday, November 19, 2022		Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam				Moscow, Russia	
			Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 216	
	Kanya Rasi: 2	Tithi 25 – 26	753376575	Gulika 8:11AM – 9:12AM Yama 1:17PM – 2:18PM Rahu 10:13AM – 11:14AM	Uttaraphalguni Until 9:34PM Vishkambha* Until 9:53PM Bava Until 8:13PM Dashami Until 8:00AM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 8:11AM Sunset: 4:20PM Moon 11 - Phase 30 - 10 2nd Phase	Sivaloka Day Karttika-Karttikai
	Routine Work Marana Yoga							

3	Sunday, November 20, 2022		Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam				Moscow, Russia	
			Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 217	
	Kanya Rasi: 14.28	Tithi 26 – 27	763376575	Gulika 2:17PM – 3:17PM Yama 12:16PM – 1:16PM Rahu 3:17PM – 4:18PM	Hasta Until 10:07PM Priti Until 8:33PM Kaulava Until 8:03PM Ekadashi* Until 8:13AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 8:13AM Sunset: 4:18PM Moon 11 - Phase 30 - 11 2nd Phase	Devaloka Day Karttika-Karttikai
	Creative Work Amrita Yoga Until 10:07PM Then Creative Work - Siddha Yoga							

4	Monday, November 21, 2022		Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam				Moscow, Russia	
			Chitra Nakshatra Ayushman Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 218	
	Kanya Rasi: 27.44	Tithi 27 – 28	763376575	Gulika 1:16PM – 2:16PM Yama 11:16AM – 12:16PM Rahu 9:16AM – 10:16AM	Chitra Until 9:45PM Ayushman Until 6:36PM Gara Until 7:07PM Dvadashi* Until 7:40AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 8:15AM Sunset: 4:17PM Moon 11 - Phase 30 - 12 2nd Phase	Devaloka Day Karttika-Karttikai
	Family Home Evening Routine Work Prabalarishta Yoga Until 9:45PM Then Creative Work - Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>					

5	Tuesday, November 22, 2022		Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam				Moscow, Russia	
			Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 219	
	Tula Rasi: 11.24	Tithi 28 – 29	763376575	Gulika 12:16PM – 1:16PM Yama 10:17AM – 11:17AM Rahu 2:16PM – 3:15PM	Svati Until 8:34PM Saubhagya Until 4:07PM Sakuni Until 4:26AM Wed Trayodashi* Until 6:22AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 8:17AM Sunset: 4:15PM Moon 11 - Phase 30 - 13 2nd Phase	Devaloka Day Karttika-Karttikai
	Creative Work Siddha Yoga Until 8:34PM Then Routine Work - Marana Yoga							

●	Wednesday, November 23, 2022		Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam				Moscow, Russia	
	Retreat Star		Vishakha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 220	
	Tula Rasi: 25.29	Tithi 30	773376575	Gulika 11:17AM – 12:17PM Yama 9:19AM – 10:18AM Rahu 12:17PM – 1:16PM	Vishakha Until 7:07PM Sobhana Until 1:09PM Catuspada Until 3:16PM Amavasya* Until 1:58AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 8:19AM Sunset: 4:14PM Moon 11 - Phase 30 - 14 Amavasya	Devaloka Day Karttika-Karttikai
	Creative Work Siddha Yoga							

●	Thursday, November 24, 2022		Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				Moscow, Russia	
	Retreat Star		Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 221	
	Vrischika Rasi: 9.53	Tithi 1	773376575	Gulika 10:19AM – 11:18AM Yama 8:21AM – 9:20AM Rahu 1:16PM – 2:15PM	Anuradha Until 5:06PM Athiganda* Until 9:48AM Kintughna Until 12:36PM Prathama* Until 11:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 8:21AM Sunset: 4:13PM Moon 11 - Phase 30 - 15 Prathama	Devaloka Day Margasira-Karttikai
	Creative Work Siddha Yoga Until 5:06PM Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Friday, November 25, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Moscow, Russia Sun 16 Sutra 222 Subhakrit 5124
	Vrischika Rasi: 24.34 Tithi 2	733376575	Gulika 9:21AM – 10:20AM Yama 2:14PM – 3:13PM Rahu 11:19AM – 12:17PM	Jyeshtha* Until 2:41PM Sukarma Until 6:11AM Balava Until 9:39AM Dvitiya Until 8:05PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange Margasira-Karttikai	Sunrise: 8:23AM Sunset: 4:11PM Moon 11 - Phase 31 - 16 3rd Phase Devaloka Day
	Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga					

2	Saturday, November 26, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau				Moscow, Russia Sun 17 Sutra 223 Subhakrit 5124
	Dhanus Rasi: 9.21 Tithi 3 – 4	783376575	Gulika 8:25AM – 9:23AM Yama 1:16PM – 2:14PM Rahu 10:21AM – 11:19AM	Mula* Until 12:26PM Shula* Until 10:41PM Tailila Until 6:32AM Tritiya Until 4:57PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 8:25AM Sunset: 4:10PM Moon 11 - Phase 31 - 17 3rd Phase Devaloka Day
	Creative Work Siddha Yoga					

3	Sunday, November 27, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Moscow, Russia Sun 18 Sutra 224 Subhakrit 5124
	Dhanus Rasi: 24.08 Tithi 4 – 5	783376575	Gulika 2:13PM – 3:11PM Yama 12:18PM – 1:16PM Rahu 3:11PM – 4:09PM	Purvashadha* Until 10:06AM Ganda* Until 7:00PM Bava Until 12:29AM Mon Chaturthi* Until 1:55PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 8:26AM Sunset: 4:09PM Moon 11 - Phase 31 - 18 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 10:06AM Then Creative Work - Amrita Yoga					

4	Monday, November 28, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Moscow, Russia Sun 19 Sutra 225 Subhakrit 5124
	Makara Rasi: 8.48 Tithi 5 – 6 Family Home Evening	783376575	Gulika 1:16PM – 2:13PM Yama 11:21AM – 12:18PM Rahu 9:26AM – 10:23AM	Uttarashadha Until 7:49AM Vriddhi Until 3:32PM Kaulava Until 9:47PM Panchami Until 11:04AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 8:28AM Sunset: 4:08PM Moon 11 - Phase 31 - 19 3rd Phase Devaloka Day
	Routine Work Marana Yoga Until 7:49AM Then Creative Work - Amrita Yoga					

5	Tuesday, November 29, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Moscow, Russia Sun 20 Sutra 226 Subhakrit 5124
	Makara Rasi: 23.16 Tithi 6 – 7	793376575	Gulika 12:18PM – 1:16PM Yama 10:24AM – 11:21AM Rahu 2:13PM – 3:10PM	Shravana Until 6:06AM Dhruva Until 12:20PM Gara Until 7:28PM Shashthi* Until 8:34AM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 8:30AM Sunset: 4:07PM Moon 11 - Phase 31 - 20 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga					

D	Wednesday, November 30, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Moscow, Russia Sun 21 Sutra 227 Subhakrit 5124	
	Retreat Star	Kumbha Rasi: 7.26 Tithi 7 – 8	794376575	Gulika 11:22AM – 12:19PM Yama 9:28AM – 10:25AM Rahu 12:19PM – 1:16PM	Shatabhishak Until 3:32AM Thu Vyaghata* Until 9:29AM Bava Until 4:51AM Thu Saptami Until 6:28AM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 8:32AM Sunset: 4:06PM Moon 11 - Phase 31 - 21 Ashtami Sivaloka Day
	Creative Work Siddha Yoga						

D	Thursday, December 1, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Moscow, Russia Sun 22 Sutra 228 Subhakrit 5124	
	Retreat Star	Kumbha Rasi: 21.19 Tithi 9	714376575	Gulika 10:26AM – 11:23AM Yama 8:33AM – 9:30AM Rahu 1:16PM – 2:12PM	Purvaproshtapada* Until 3:12AM Fri Harshana Until 7:02AM Balava Until 4:15PM Navami* Until 3:45AM Fri	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Clear Margasira-Karttikai	Sunrise: 8:33AM Sunset: 4:05PM Moon 11 - Phase 31 - 22 Navami Sivaloka Day
	Creative Work Siddha Yoga						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau			Moscow, Russia Sun 23 Sutra 229
Meena Rasi: 4.53	Tithi 10	Gulika 9:31AM – 10:27AM	Uttaraproshtapada Until 3:14AM Sat	Ganesha: Red	<i>Sunrise:</i> 8:35AM		Subhakit 5124
		Yama 2:12PM – 3:08PM	Siddhi Until 3:18AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:04PM	Moon 11 - Phase 32 - 23	
		714376575 Rahu 11:23AM – 12:20PM	Taitila Until 3:25PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 3:10AM Sat	Moon – Clear		Sivaloka Day	
Until 3:14AM Sat				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

2		Saturday, December 3, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Moscow, Russia Sun 24 Sutra 230
Meena Rasi: 18.1	Tithi 11	Gulika 8:37AM – 9:32AM	Revati Until 3:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 8:37AM		Subhakit 5124
		Yama 1:16PM – 2:12PM	Vyatipata* Until 2:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:03PM	Moon 11 - Phase 32 - 24	
		714376575 Rahu 10:28AM – 11:24AM	Vanija Until 3:05PM	Nataraja: Purple		4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 3:06AM Sun	Moon – Clear		Sivaloka Day	
Until 3:37AM Sun				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

3		Sunday, December 4, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvodashyam Titau			Moscow, Russia Sun 25 Sutra 231
Mesha Rasi: 1.11	Tithi 12	Gulika 2:12PM – 3:07PM	Ashvini Until 4:45AM Mon	Ganesha: Blue	<i>Sunrise:</i> 8:38AM		Subhakit 5124
		Yama 12:20PM – 1:16PM	Varyan Until 1:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:03PM	Moon 11 - Phase 32 - 25	
		724376575 Rahu 3:07PM – 4:03PM	Bava Until 3:15PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dvodashi Until 3:30AM Mon	Moon – White		Devaloka Day	
				Margasira-Karttikai			

4		Monday, December 5, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Moscow, Russia Sun 26 Sutra 232
Mesha Rasi: 13.59	Tithi 13	Gulika 1:16PM – 2:11PM	Bharani Until 6:09AM Tue	Ganesha: Blue	<i>Sunrise:</i> 8:40AM		Subhakit 5124
Family Home Evening		Yama 11:26AM – 12:21PM	Parigha* Until 12:37AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:02PM	Moon 11 - Phase 32 - 26	
		724376575 Rahu 9:35AM – 10:30AM	Kaulava Until 3:53PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 4:20AM Tue	Moon – White		Devaloka Day	
				Margasira-Karttikai			

Pradosha Vrata

5		Tuesday, December 6, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau			Moscow, Russia Sun 27 Sutra 233
Mesha Rasi: 26.34	Tithi 14	Gulika 12:21PM – 1:16PM	Bharani Until 6:09AM	Ganesha: Blue	<i>Sunrise:</i> 8:41AM		Subhakit 5124
		Yama 10:31AM – 11:26AM	Shiva Until 12:23AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:02PM	Moon 11 - Phase 32 - 27	
		724376575 Rahu 2:11PM – 3:06PM	Gara Until 4:56PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 5:35AM Wed	Moon – White		Devaloka Day	
		Krittika Deepam		Margasira-Karttikai			

○		Wednesday, December 7, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Visti* Karana Purnimayam Titau			Moscow, Russia Sutra 234
Copper Retreat Star		Gulika 11:27AM – 12:22PM	Krittika Until 7:47AM	Ganesha: Blue	<i>Sunrise:</i> 8:42AM		Subhakit 5124
Vrishabha Rasi: 8.59	Tithi 15	Yama 9:37AM – 10:32AM	Siddha Until 12:25AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:01PM	Moon 11 - Phase 32 -	Purnima
		724376575 Rahu 12:22PM – 1:17PM	Visti Until 6:22PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Purnima* Until 7:12AM Thu	Moon – White		Devaloka Day	
Until 7:47AM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

Thursday, December 8, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Moscow, Russia Sutra 235		
Silver Retreat Star		Gulika 10:33AM – 11:28AM	Rohini Until 10:05AM	Ganesha: Yellow	<i>Sunrise:</i> 8:44AM		Subhakit 5124
Vrishabha Rasi: 21.15	Tithi 15 – 16	Yama 8:44AM – 9:38AM	Sadhya Until 12:43AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:01PM	Moon 11 - Phase 32 -	Prathama
		734376575 Rahu 1:17PM – 2:11PM	Balava Until 8:10PM	Nataraja: Purple			
Routine Work	Marana Yoga		Purnima* Until 7:12AM	Moon – Yellow		Sivaloka Day	
				Margasira-Karttikai			
		Vinayaga Viratam Begins					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Moscow, Russia

Sutra 236

Mithuna Rasi: 3.23 Tithi 16 - 17

Gulika 9:39AM - 10:34AM
Yama 2:11PM - 3:06PM
Rahu 11:28AM - 12:23PM

Mrigashira Until 12:32PM
Subha Until 1:14AM Sat
Taitila Until 10:15PM
Prathama* Until 9:09AM

Ganesha: Red Sunrise: 8:45AM
Muruqa: Clear Sunset: 4:00PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Subhakra 5124
Moon 12 - Phase 33 -
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

1

Saturday, December 10, 2022

Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Moscow, Russia

Sun 1 Sutra 237

Mithuna Rasi: 15.23 Tithi 17 - 18

Gulika 8:46AM - 9:41AM
Yama 1:17PM - 2:11PM
Rahu 10:35AM - 11:29AM

Ardra Until 3:03PM
Sukla Until 1:54AM Sun
Vanija Until 12:35AM Sun
Dvitiya Until 11:22AM

Ganesha: Red Sunrise: 8:46AM
Muruqa: Clear Sunset: 4:00PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Subhakra 5124
Moon 12 - Phase 33 - 1
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Sunday, December 11, 2022

Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Moscow, Russia

Sun 2 Sutra 238

Mithuna Rasi: 27.2 Tithi 18 - 19

Gulika 2:12PM - 3:06PM
Yama 12:24PM - 1:18PM
Rahu 3:06PM - 4:00PM

Punarvasu Until 6:06PM
Brahma Until 2:42AM Mon
Bava Until 3:04AM Mon
Tritiya Until 1:47PM

Ganesha: Green Sunrise: 8:48AM
Muruqa: Clear Sunset: 4:00PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Subhakra 5124
Moon 12 - Phase 33 - 2
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Monday, December 12, 2022

Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Moscow, Russia

Sun 3 Sutra 239

Kataka Rasi: 9.13 Tithi 19 - 20

Family Home Evening

745476575

Gulika 1:18PM - 2:12PM
Yama 11:30AM - 12:24PM
Rahu 9:43AM - 10:36AM

Pushya Until 9:03PM
Indra Until 3:33AM Tue
Kaulava Until 5:36AM Tue
Chaturthi* Until 4:19PM

Ganesha: White Sunrise: 8:49AM
Muruqa: Clear Sunset: 3:59PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Subhakra 5124
Moon 12 - Phase 33 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, December 13, 2022

Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Taitila Karana Panchamyam Titau

Moscow, Russia

Sun 4 Sutra 240

Kataka Rasi: 21.05 Tithi 20

745476575

Gulika 12:24PM - 1:18PM
Yama 10:37AM - 11:31AM
Rahu 2:12PM - 3:06PM

Ashlesha* Until 11:48PM
Vaidhriti* Until 4:19AM Wed
Taitila Until 6:49PM
Panchami Until 6:49PM

Ganesha: White Sunrise: 8:50AM
Muruqa: Clear Sunset: 3:59PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Subhakra 5124
Moon 12 - Phase 33 - 4
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Wednesday, December 14, 2022

Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 5 Sutra 241

Simha Rasi: 2.59 Tithi 21

755476575

Gulika 11:31AM - 12:25PM
Yama 9:44AM - 10:38AM
Rahu 12:25PM - 1:19PM

Magha* Until 2:42AM Thu
Vishkambha* Until 4:55AM Thu
Gara Until 8:03AM
Shashthi* Until 9:10PM

Ganesha: Clear Sunrise: 8:51AM
Muruqa: Clear Sunset: 3:59PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Subhakra 5124
Moon 12 - Phase 33 - 5
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Thursday, December 15, 2022

Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Visti/Bava Karana Saptamyam Titau

Moscow, Russia

Sun 6 Sutra 242

Simha Rasi: 14.59 Tithi 22

755476575

Gulika 10:39AM - 11:32AM
Yama 8:52AM - 9:45AM
Rahu 1:19PM - 2:12PM

Purvaphalguni Until 5:02AM Fri
Priti Until 5:13AM Fri
Visti Until 10:14AM
Saptami Until 11:08PM

Ganesha: Clear Sunrise: 8:52AM
Muruqa: Clear Sunset: 3:59PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Subhakra 5124
Moon 12 - Phase 33 - 6
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

7

Friday, December 16, 2022

Retreat Star

Subhakra Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Moscow, Russia

Sun 7 Sutra 243

Simha Rasi: 27.09 Tithi 23

755476575

Gulika 9:46AM - 10:39AM
Yama 2:13PM - 3:06PM
Rahu 11:33AM - 12:26PM

Uttaraphalguni Until 6:38AM Sat
Ayushman Until 5:02AM Sat
Balava Until 11:57AM
Ashtami* Until 12:33AM Sat

Ganesha: Clear Sunrise: 8:53AM
Muruqa: Clear Sunset: 3:59PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Subhakra 5124
Moon 12 - Phase 33 - 7
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Until 6:38AM Sat

Then Routine Work - Marana Yoga

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Subhakra Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Moscow, Russia

Sun 8 Sutra 244

Kanya Rasi: 9.34 Tithi 24

855476575

Gulika 8:54AM - 9:47AM
Yama 1:20PM - 2:13PM
Rahu 10:40AM - 11:33AM

Uttaraphalguni Until 6:38AM
Saubhagya Until 4:17AM Sun
Taitila Until 1:01PM
Navami* Until 1:14AM Sun

Ganesha: White Sunrise: 8:54AM
Muruqa: Clear Sunset: 3:59PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Subhakra 5124
Moon 12 - Phase 33 - 8
Navami

Routine Work Marana Yoga

Devaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

all times are standard time. Calculated for Moscow, Russia on 5/1/2

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1		Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Moscow, Russia Sun 9 Sutra 245 Subhakrit 5124	
Kanya Rasi: 22.2	Tithi 25	Gulika 2:13PM – 3:06PM	Hasta Until 7:49AM	Ganesha: Clear	<i>Sunrise:</i> 8:54AM	Muruqa: Clear	<i>Sunset:</i> 4:00PM
		Yama 12:27PM – 1:20PM	Sobhana Until 2:54AM Mon	Nataraja: Purple		Moon 12 - Phase 34 - 9	2nd Phase
		865476575 Rahu 3:06PM – 4:00PM	Vanija Until 1:17PM	Moon – Green		Sivaloka Day	
Creative Work	Amrita Yoga		Dashami Until 1:05AM Mon	Margasira*Markali			
Until 7:49AM							
Then Creative Work - Siddha Yoga							

2		Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Moscow, Russia Sun 10 Sutra 246 Subhakrit 5124	
Tula Rasi: 5.31	Tithi 26	Gulika 1:21PM – 2:14PM	Chitra Until 8:01AM	Ganesha: Clear	<i>Sunrise:</i> 8:55AM	Muruqa: Clear	<i>Sunset:</i> 4:00PM
Family Home Evening		Yama 11:34AM – 12:27PM	Athiganda* Until 12:49AM Tue	Nataraja: Purple		Moon 12 - Phase 34 - 10	2nd Phase
Routine Work	Prabalarishta Yoga	865476575 Rahu 9:48AM – 10:41AM	Bava Until 12:42PM	Moon – Green		Sivaloka Day	
Until 8:01AM			Ekadashi* Until 12:04AM Tue	Margasira*Markali			
Then Creative Work - Amrita Yoga							

3		Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Moscow, Russia Sun 11 Sutra 247 Subhakrit 5124	
Tula Rasi: 19.11	Tithi 27	Gulika 12:28PM – 1:21PM	Svati Until 7:15AM	Ganesha: Clear	<i>Sunrise:</i> 8:56AM	Muruqa: Clear	<i>Sunset:</i> 4:00PM
		Yama 10:42AM – 11:35AM	Sukarma Until 10:07PM	Nataraja: Purple		Moon 12 - Phase 34 - 11	2nd Phase
		865476575 Rahu 2:14PM – 3:07PM	Kaulava Until 11:17AM	Moon – Green		Sivaloka Day	
Creative Work	Siddha Yoga		Dvadashi* Until 10:15PM	Margasira*Markali			
Until 7:15AM							
Then Routine Work - Marana Yoga							

4		Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau		Moscow, Russia Sun 12 Sutra 248 Subhakrit 5124	
Vrischika Rasi: 3.19	Tithi 28	Gulika 11:35AM – 12:29PM	Vishakha Until 6:01AM	Ganesha: Clear	<i>Sunrise:</i> 8:56AM	Muruqa: Clear	<i>Sunset:</i> 4:01PM
		Yama 9:42AM – 10:42AM	Dhriti Until 6:52PM	Nataraja: Purple		Moon 12 - Phase 34 - 12	2nd Phase
		876476575 Rahu 12:29PM – 1:22PM	Gara Until 9:06AM	Moon – Orange		Sivaloka Day	
Creative Work	Siddha Yoga		Trayodashi* Until 7:45PM	Margasira*Markali			
			Day 1 of Pancha Ganapati				
				<i>Pradosha Vrata (Fasting)</i>			

5		Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Moscow, Russia Sun 13 Sutra 249 Subhakrit 5124	
Vrischika Rasi: 17.53	Tithi 29 – 30	Gulika 10:43AM – 11:36AM	Jyeshtha* Until 1:22AM Fri	Ganesha: Clear	<i>Sunrise:</i> 8:57AM	Muruqa: Clear	<i>Sunset:</i> 4:01PM
		Yama 8:57AM – 9:50AM	Shula* Until 3:09PM	Nataraja: Purple		Moon 12 - Phase 34 - 13	2nd Phase
		876476575 Rahu 1:22PM – 2:15PM	Visti Until 6:18AM	Moon – Orange		Sivaloka Day	
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 4:42PM	Margasira*Markali			
Until 1:22AM Fri			Day 2 of Pancha Ganapati				
Then Creative Work - Amrita Yoga							

Retreat Star		Friday, December 23, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Moscow, Russia Sun 14 Sutra 250 Subhakrit 5124	
Dhanus Rasi: 2.49	Tithi 30 – 1	Gulika 9:50AM – 10:43AM	Mula* Until 10:42PM	Ganesha: Orange	<i>Sunrise:</i> 8:57AM	Muruqa: Clear	<i>Sunset:</i> 4:02PM
		Yama 2:16PM – 3:09PM	Ganda* Until 11:08AM	Nataraja: Purple		Moon 12 - Phase 34 - 14	Amavasya
		886476575 Rahu 11:37AM – 12:30PM	Kintughna Until 11:29PM	Moon – Light Blue		Sivaloka Day	
Creative Work	Amrita Yoga		Amavasya* Until 1:16PM	Margasira*Markali			
Until 10:42PM			Day 3 of Pancha Ganapati				
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Moscow, Russia Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 17.56	Tithi 1 – 2	Gulika 8:58AM – 9:51AM	Purvashadha* Until 7:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:58AM	Muruqa: Clear	<i>Sunset:</i> 4:02PM
		Yama 1:23PM – 2:16PM	Vridhhi Until 6:56AM	Nataraja: Purple		Moon 12 - Phase 34 - 15	Prathama
		886476575 Rahu 10:44AM – 11:37AM	Balava Until 7:49PM	Moon – Light Blue		Sivaloka Day	
Creative Work	Siddha Yoga		Prathama* Until 9:38AM	Pausha*Markali			
Until 7:46PM			Day 4 of Pancha Ganapati				
Then Routine Work - Marana Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Moscow, Russia Sun 16 Sutra 252 Subhakrit 5124
	Makara Rasi: 3.07	Tithi 3	Gulika 2:17PM – 3:10PM	Uttarashadha Until 4:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:58AM	
			Yama 12:31PM – 1:24PM	Vyaghata* Until 10:30PM	Muruqa: Purple	<i>Sunset:</i> 4:03PM	Moon 12 - Phase 35 - 16
	Creative Work	Amrita Yoga	886486575 Rahu 3:10PM – 4:03PM	Taitila Until 4:11PM	Nataraja: Purple		3rd Phase
			Day 5 of Pancha Ganapati	Tritiya Until 2:26AM Mon	Pausha-Markali	Subha Sivaloka Day	

2	Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Moscow, Russia Sun 17 Sutra 253 Subhakrit 5124
	Makara Rasi: 18.11	Tithi 4	Gulika 1:24PM – 2:17PM	Shravana Until 2:15PM	Ganesha: Clear	<i>Sunrise:</i> 8:58AM	
	Family Home Evening		Yama 11:38AM – 12:31PM	Harshana Until 6:35PM	Muruqa: Purple	<i>Sunset:</i> 4:04PM	Moon 12 - Phase 35 - 17
	Creative Work	Amrita Yoga	896486576 Rahu 9:52AM – 10:45AM	Vanija Until 12:48PM	Nataraja: Clear		3rd Phase
			Until 2:15PM Then Creative Work - Siddha Yoga	Chaturthi* Until 11:13PM	Pausha-Markali	Sivaloka Day	

3	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Moscow, Russia Sun 18 Sutra 254 Subhakrit 5124
	Kumbha Rasi: 3.01	Tithi 5	Gulika 12:32PM – 1:25PM	Dhanishtha Until 12:00PM	Ganesha: Clear	<i>Sunrise:</i> 8:59AM	
			Yama 10:45AM – 11:38AM	Vajra* Until 2:58PM	Muruqa: Purple	<i>Sunset:</i> 4:05PM	Moon 12 - Phase 35 - 18
	Creative Work	Siddha Yoga	896486576 Rahu 2:18PM – 3:11PM	Bava Until 9:47AM	Nataraja: Clear		3rd Phase
			Until 12:00PM Then Routine Work - Marana Yoga	Panchami Until 8:27PM	Pausha-Markali	Sivaloka Day	

4	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Moscow, Russia Sun 19 Sutra 255 Subhakrit 5124
	Kumbha Rasi: 17.28	Tithi 6	Gulika 11:39AM – 12:32PM	Shatabhishak Until 10:08AM	Ganesha: Clear	<i>Sunrise:</i> 8:59AM	
			Yama 9:52AM – 10:45AM	Siddhi Until 11:50AM	Muruqa: Purple	<i>Sunset:</i> 4:06PM	Moon 12 - Phase 35 - 19
	Creative Work	Siddha Yoga	896486576 Rahu 12:32PM – 1:25PM	Kaulava Until 7:18AM	Nataraja: Clear		3rd Phase
			Until 10:08AM Then Creative Work - Amrita Yoga	Shashthi* Until 6:16PM	Pausha-Markali	Sivaloka Day	
			Vinayaga Viratam Ends				

5	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Moscow, Russia Sun 20 Sutra 256 Subhakrit 5124
	Meena Rasi: 1.29	Tithi 7 – 8	Gulika 10:46AM – 11:39AM	Purvaproshtapada* Until 9:12AM	Ganesha: Blue	<i>Sunrise:</i> 8:59AM	
			Yama 8:59AM – 9:52AM	Vyatipata* Until 9:14AM	Muruqa: Purple	<i>Sunset:</i> 4:06PM	Moon 12 - Phase 35 - 20
	Creative Work	Siddha Yoga	817486576 Rahu 1:26PM – 2:20PM	Visti Until 4:20AM Fri	Nataraja: Clear		3rd Phase
			Saptami Until 4:47PM	Pausha-Markali	Devaloka Day		

D	Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Moscow, Russia Sun 21 Sutra 257 Subhakrit 5124
	Retreat Star		Gulika 9:52AM – 10:46AM	Uttaraproshtapada Until 8:51AM	Ganesha: Blue	<i>Sunrise:</i> 8:59AM	
	Meena Rasi: 15.04	Tithi 8 – 9	Yama 2:20PM – 3:14PM	Variyan Until 7:11AM	Muruqa: Purple	<i>Sunset:</i> 4:07PM	Moon 12 - Phase 35 - 21
	Creative Work	Siddha Yoga	817486576 Rahu 11:40AM – 12:33PM	Balava Until 3:57AM Sat	Nataraja: Clear		Ashtami
			Ashtami* Until 4:02PM	Pausha-Markali	Devaloka Day		

D	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Moscow, Russia Sun 22 Sutra 258 Subhakrit 5124
	Retreat Star		Gulika 8:59AM – 9:52AM	Revati Until 9:04AM	Ganesha: Blue	<i>Sunrise:</i> 8:59AM	
	Meena Rasi: 28.15	Tithi 9 – 10	Yama 1:27PM – 2:21PM	Shiva Until 4:51AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 35 - 22
	Routine Work	Prabalarishta Yoga	817486576 Rahu 10:46AM – 11:40AM	Taitila Until 4:17AM Sun	Nataraja: Clear		Navami
			Until 9:04AM Then Creative Work - Siddha Yoga	Navami* Until 4:01PM	Pausha-Markali	Devaloka Day	


1		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Moscow, Russia Sun 23 Sutra 259 Subhakrit 5124	
Mesha Rasi: 11.05	Tithi 10 - 11	Gulika 2:22PM - 3:16PM	Ashvini Until 10:16AM	Ganesha: Yellow	<i>Sunrise:</i> 8:59AM		
		Yama 12:34PM - 1:28PM	Siddha Until 4:24AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 36 - 23	
	827486576	Rahu 3:16PM - 4:10PM	Vanija Until 5:16AM Mon	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 4:41PM	Moon - White		Sivaloka Day	
Until 10:16AM				Pausha-Markali			
Then Routine Work - Prabalarishta Yoga							

2		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Moscow, Russia Sun 24 Sutra 260 Subhakrit 5124	
Mesha Rasi: 23.37	Tithi 11 - 12	Gulika 1:29PM - 2:23PM	Bharani Until 11:53AM	Ganesha: Yellow	<i>Sunrise:</i> 8:58AM		
Family Home Evening		Yama 11:41AM - 12:35PM	Sadhya Until 4:22AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:11PM	Moon 12 - Phase 36 - 24	
Creative Work	Siddha Yoga	827486576 Rahu 9:52AM - 10:46AM	Bava Until 6:44AM Tue	Nataraja: Clear		4th Phase	
Until 11:53AM		Vaikuntha Ekadasi	Ekadashi Until 5:55PM	Moon - White		Sivaloka Day	
Then Routine Work - Marana Yoga				Pausha-Markali			

3		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau		Moscow, Russia Sun 25 Sutra 261 Subhakrit 5124	
Vrishabha Rasi: 5.56	Tithi 12	Gulika 12:35PM - 1:29PM	Krittika Until 1:47PM	Ganesha: Blue	<i>Sunrise:</i> 8:58AM		
		Yama 10:47AM - 11:41AM	Subha Until 4:38AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:12PM	Moon 12 - Phase 36 - 25	
	827586576	Rahu 2:24PM - 3:18PM	Bava Until 6:44AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:36PM	Moon - White		Subha Sivaloka Day	
Until 1:47PM				Pausha-Markali			
Then Creative Work - Amrita Yoga							

4		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau		Moscow, Russia Sun 26 Sutra 262 Subhakrit 5124	
Vrishabha Rasi: 18.07	Tithi 13	Gulika 11:41AM - 12:36PM	Rohini Until 4:21PM	Ganesha: White	<i>Sunrise:</i> 8:58AM		
		Yama 9:52AM - 10:47AM	Sukla Until 5:05AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:13PM	Moon 12 - Phase 36 - 26	
	838586576	Rahu 12:36PM - 1:30PM	Kaulava Until 8:35AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 9:36PM	Moon - Yellow		Devaloka Day	
				Pausha-Markali			
				<i>Pradosha Vrata</i>			

5		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau		Moscow, Russia Sun 27 Sutra 263 Subhakrit 5124	
Mithuna Rasi: 0.1	Tithi 14	Gulika 10:47AM - 11:41AM	Mrigashira Until 6:59PM	Ganesha: White	<i>Sunrise:</i> 8:57AM		
		Yama 8:57AM - 9:52AM	Brahma Until 5:42AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:15PM	Moon 12 - Phase 36 - 27	
	838586576	Rahu 1:31PM - 2:25PM	Gara Until 10:43AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 11:50PM	Moon - Yellow		Devaloka Day	
		Subramuniyaswami Jayanti		Pausha-Markali			

		Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti/Bava Karana Purnimayam Titau		Moscow, Russia Sutra 264 Subhakrit 5124	
Mithuna Rasi: 12.09	Tithi 15	Gulika 9:52AM - 10:47AM	Ardra Until 9:36PM	Ganesha: White	<i>Sunrise:</i> 8:57AM		
		Yama 2:26PM - 3:21PM	Indra Until 6:25AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 36 - Purnima	
	838586576	Rahu 11:42AM - 12:36PM	Visti Until 1:01PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima* Until 2:12AM Sat	Moon - Yellow		Devaloka Day	
				Pausha-Markali			
				Ardra Darshanam			

Saturday, January 7, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Moscow, Russia Sutra 265 Subhakrit 5124	
Mithuna Rasi: 24.05	Tithi 16	Gulika 8:56AM - 9:51AM	Punarvasu Until 12:38AM Sun	Ganesha: Clear	<i>Sunrise:</i> 8:56AM		
		Yama 1:32PM - 2:27PM	Indra Until 6:25AM	Muruqa: Purple	<i>Sunset:</i> 4:18PM	Moon 12 - Phase 36 - Prathama	
	848586576	Rahu 10:47AM - 11:42AM	Balava Until 3:26PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 4:39AM Sun	Moon - Blue		Sivaloka Day	
				Pausha-Markali			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 5.59 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti/Vishkamba* Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 2:28PM – 3:24PM **Pushya Until 3:33AM Mon**
Yama 12:37PM – 1:33PM Vaidhriti* Until 7:10AM
Rahu 3:24PM – 4:19PM Tailila Until 5:55PM
Dvitiya Until 7:09AM Mon

Moscow, Russia
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase

Ganesha: Clear *Sunrise:* 8:56AM
Muruqa: Purple *Sunset:* 4:19PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 17.52 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vishkamba*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:34PM – 2:29PM **Ashlesha* Until 6:17AM Tue**
Yama 11:42AM – 12:38PM Vishkamba* Until 7:57AM
Rahu 9:51AM – 10:46AM Vanija Until 8:25PM
Dvitiya Until 7:09AM

Moscow, Russia
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1st Phase

Ganesha: Clear *Sunrise:* 8:55AM
Muruqa: Purple *Sunset:* 4:21PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

2

Tuesday, January 10, 2023

Kataka Rasi: 29.46 Tithi 18 – 19
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 12:38PM – 1:34PM **Ashlesha* Until 6:17AM**
Yama 10:46AM – 11:42AM Priti Until 8:45AM
Rahu 2:30PM – 3:26PM Bava Until 10:51PM
Tritiya Until 9:37AM

Moscow, Russia
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2 1st Phase

Ganesha: Clear *Sunrise:* 8:54AM
Muruqa: Purple *Sunset:* 4:22PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 11.42 Tithi 19 – 20
Creative Work Siddha Yoga
Until 9:16AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:42AM – 12:39PM **Magha* Until 9:16AM**
Yama 9:50AM – 10:46AM Ayushman Until 9:26AM
Rahu 12:39PM – 1:35PM Kaulava Until 1:07AM Thu
Chaturthi* Until 11:59AM

Moscow, Russia
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3 1st Phase

Ganesha: Clear *Sunrise:* 8:53AM
Muruqa: Purple *Sunset:* 4:24PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 23.43 Tithi 20 – 21
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Gulika 10:46AM – 11:42AM **Purvaphalguni Until 11:51AM**
Yama 8:53AM – 9:49AM Saubhagya Until 9:58AM
Rahu 1:36PM – 2:32PM Gara Until 3:03AM Fri
Panchami Until 2:07PM

Moscow, Russia
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4 1st Phase

Ganesha: Clear *Sunrise:* 8:53AM
Muruqa: Purple *Sunset:* 4:26PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 5.51 Tithi 21 – 22
Creative Work Siddha Yoga
Until 1:55PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:49AM – 10:46AM **Uttaraphalguni Until 1:55PM**
Yama 2:33PM – 3:30PM Sobhana Until 10:13AM
Rahu 11:43AM – 12:39PM Visti Until 4:30AM Sat
Shashthi* Until 3:50PM

Moscow, Russia
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5 1st Phase

Ganesha: Clear *Sunrise:* 8:52AM
Muruqa: Purple *Sunset:* 4:27PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

6

Saturday, January 14, 2023

Kanya Rasi: 18.13 Tithi 22 – 23
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:51AM – 9:48AM **Hasta Until 3:46PM**
Yama 1:37PM – 2:34PM Athiganda* Until 10:03AM
Rahu 10:45AM – 11:43AM Balava Until 5:17AM Sun
Saptami Until 4:58PM

Moscow, Russia
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6 1st Phase

Ganesha: White *Sunrise:* 8:51AM
Muruqa: Purple *Sunset:* 4:29PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

D

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 0.52 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gulika 2:35PM – 3:33PM **Chitra Until 4:45PM**
Yama 12:40PM – 1:38PM Sukarma Until 9:21AM
Rahu 3:33PM – 4:31PM Tailila Until 5:15AM Mon
Ashtami* Until 5:21PM

Moscow, Russia
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7 Ashtami

Ganesha: White *Sunrise:* 8:50AM
Muruqa: Purple *Sunset:* 4:31PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Monday, January 16, 2023

Retreat Star

Tula Rasi: 13.55 Tithi 24 – 25
Family Home Evening
Creative Work Amrita Yoga
Until 4:46PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 1:39PM – 2:37PM **Svati Until 4:46PM**
Yama 11:43AM – 12:41PM Dhriti Until 8:03AM
Rahu 9:47AM – 10:45AM Vanija Until 4:23AM Tue
Navami* Until 4:54PM

Moscow, Russia
Sun 8 Sutra 274
Subhakrit 5124
Moon 1 - Phase 37 - 8 Navami

Ganesha: White *Sunrise:* 8:49AM
Muruqa: Purple *Sunset:* 4:33PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Moscow, Russia on 5/1/2


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1	Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau				Moscow, Russia
	Tula Rasi: 27.25	Tithi 25 – 26	Gulika 12:41PM – 1:39PM	Vishakha Until 4:15PM	Ganesha: Yellow	<i>Sunrise:</i> 8:47AM	Sun 9 Sutra 275
			Yama 10:44AM – 11:43AM	Shula* Until 6:03AM	Muruqa: Purple	<i>Sunset:</i> 4:34PM	Subhakrit 5124
	879586576	Rahu 2:38PM – 3:36PM	Bava Until 2:40AM Wed	Nataraja: Clear	Moon – Orange		Moon 1 - Phase 38 - 9 2nd Phase
Routine Work Marana Yoga		Dashami Until 3:36PM		Pausha*Thai		Sivaloka Day	
Until 4:15PM							
Then Creative Work - Siddha Yoga							

2	Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Moscow, Russia
	Vischika Rasi: 11.24	Tithi 26 – 27	Gulika 11:43AM – 12:41PM	Anuradha Until 2:48PM	Ganesha: Yellow	<i>Sunrise:</i> 8:46AM	Sun 10 Sutra 276
			Yama 9:45AM – 10:44AM	Vriddhi Until 12:11AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:36PM	Subhakrit 5124
	879586576	Rahu 12:41PM – 1:40PM	Kaulava Until 12:13AM Thu	Nataraja: Clear	Moon – Orange		Moon 1 - Phase 38 - 10 2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 1:30PM		Pausha*Thai		Sivaloka Day	

3	Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau				Moscow, Russia
	Vischika Rasi: 25.52	Tithi 27 – 28	Gulika 10:43AM – 11:42AM	Jyeshtha* Until 12:33PM	Ganesha: Yellow	<i>Sunrise:</i> 8:45AM	Sun 11 Sutra 277
			Yama 8:45AM – 9:44AM	Dhruva Until 8:26PM	Muruqa: Purple	<i>Sunset:</i> 4:38PM	Subhakrit 5124
	871586576	Rahu 1:41PM – 2:40PM	Gara Until 9:09PM	Nataraja: Clear	Moon – Orange		Moon 1 - Phase 38 - 11 2nd Phase
Routine Work Prabalarishta Yoga		Dvadashti* Until 10:44AM		Pausha*Thai		Sivaloka Day	
Until 12:33PM							
Then Creative Work - Siddha Yoga							

4	Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Moscow, Russia
	Dhanus Rasi: 10.46	Tithi 28 – 29	Gulika 9:43AM – 10:43AM	Mula* Until 10:04AM	Ganesha: Red	<i>Sunrise:</i> 8:44AM	Sun 12 Sutra 278
			Yama 2:41PM – 3:41PM	Vyaghata* Until 4:20PM	Muruqa: Purple	<i>Sunset:</i> 4:40PM	Subhakrit 5124
	881586576	Rahu 11:42AM – 12:42PM	Sakuni Until 3:44AM Sat	Nataraja: Clear	Moon – Light Blue		Moon 1 - Phase 38 - 12 2nd Phase
Creative Work Amrita Yoga		Trayodashi* Until 7:25AM		Pausha*Thai		Sivaloka Day	
Until 10:04AM							
Then Routine Work - Prabalarishta Yoga							

	Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Moscow, Russia
	Retreat Star		Gulika 8:42AM – 9:42AM	Purvashadha* Until 7:06AM	Ganesha: Red	<i>Sunrise:</i> 8:42AM	Sun 13 Sutra 279
	Dhanus Rasi: 25.57	Tithi 30	Yama 1:42PM – 2:42PM	Harshana Until 12:01PM	Muruqa: Purple	<i>Sunset:</i> 4:42PM	Subhakrit 5124
	881586576	Rahu 10:42AM – 11:42AM	Catuspada Until 1:50PM	Nataraja: Clear	Moon – Light Blue		Moon 1 - Phase 38 - 13 Amavasya
Creative Work Siddha Yoga		Amavasya* Until 11:53PM		Pausha*Thai		Sivaloka Day	
Until 7:06AM							
Then Routine Work - Marana Yoga							

Retreat Star	Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Moscow, Russia
	Makara Rasi: 11.17	Tithi 1	Gulika 2:43PM – 3:44PM	Shravana Until 12:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 8:41AM	Sun 14 Sutra 280
			Yama 12:42PM – 1:43PM	Vajra* Until 7:34AM	Muruqa: Purple	<i>Sunset:</i> 4:44PM	Subhakrit 5124
	891586576	Rahu 3:44PM – 4:44PM	Kintughna Until 9:57AM	Nataraja: Clear	Moon – Purple		Moon 1 - Phase 38 - 14 Prathama
Creative Work Amrita Yoga		Prathama* Until 8:01PM		Magha*Thai		Sivaloka Day	
Until 12:53AM Mon							
Then Creative Work - Siddha Yoga							

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau			Moscow, Russia Sun 15 Sutra 281 Subhakrit 5124
	Makara Rasi: 26.34	Tithi 2 – 3	Gulika 1:44PM – 2:44PM	Dhanishtha Until 10:00PM	Ganesha: Yellow <i>Sunrise:</i> 8:40AM	
	Family Home Evening	891586576	Yama 11:42AM – 12:43PM	Vyatipata* Until 11:01PM	Muruqa: Purple <i>Sunset:</i> 4:46PM	Moon 1 - Phase 15 - 15 3rd Phase
	Creative Work Siddha Yoga		Rahu 9:40AM – 10:41AM	Balava Until 6:09AM	Nataraja: Clear	Sivaloka Day
			Dvitiya Until 4:19PM	Moon – Purple Magha-Thai		

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Moscow, Russia Sun 16 Sutra 282 Subhakrit 5124
	Kumbha Rasi: 11.38	Tithi 3 – 4	Gulika 12:43PM – 1:44PM	Shatabhishak Until 7:24PM	Ganesha: Yellow <i>Sunrise:</i> 8:38AM	
		891586576	Yama 10:41AM – 11:42AM	Variyan Until 7:09PM	Muruqa: Purple <i>Sunset:</i> 4:48PM	Moon 1 - Phase 39 - 16 3rd Phase
	Routine Work Marana Yoga		Rahu 2:46PM – 3:47PM	Vanija Until 11:31PM	Nataraja: Clear	Sivaloka Day
			Tritiya Until 12:59PM	Moon – Purple Magha-Thai		

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau			Moscow, Russia Sun 17 Sutra 283 Subhakrit 5124
	Kumbha Rasi: 26.21	Tithi 4 – 5	Gulika 11:42AM – 12:43PM	Purvaproshtapada* Until 5:38PM	Ganesha: Blue <i>Sunrise:</i> 8:37AM	
		911586576	Yama 9:38AM – 10:40AM	Parigha* Until 3:46PM	Muruqa: Purple <i>Sunset:</i> 4:50PM	Moon 1 - Phase 17 - 17 3rd Phase
	Creative Work Amrita Yoga Until 5:38PM Then Creative Work - Siddha Yoga		Rahu 12:43PM – 1:45PM	Bava Until 9:01PM	Nataraja: Clear	Subha Sivaloka Day
			Chaturthi* Until 10:09AM	Moon – Clear Magha-Thai		

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Moscow, Russia Sun 18 Sutra 284 Subhakrit 5124
	Meena Rasi: 10.37	Tithi 5 – 6	Gulika 10:39AM – 11:41AM	Uttaraproshtapada Until 4:26PM	Ganesha: Blue <i>Sunrise:</i> 8:35AM	
		911586576	Yama 8:35AM – 9:37AM	Shiva Until 12:59PM	Muruqa: Purple <i>Sunset:</i> 4:52PM	Moon 1 - Phase 39 - 18 3rd Phase
	Creative Work Siddha Yoga		Rahu 1:46PM – 2:48PM	Kaulava Until 7:15PM	Nataraja: Clear	Subha Sivaloka Day
			Panchami Until 8:01AM	Moon – Clear Magha-Thai		

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Moscow, Russia Sun 19 Sutra 285 Subhakrit 5124
	Meena Rasi: 24.22	Tithi 6 – 7	Gulika 9:36AM – 10:39AM	Revati Until 3:55PM	Ganesha: Blue <i>Sunrise:</i> 8:33AM	
		911586576	Yama 2:49PM – 3:52PM	Siddha Until 10:48AM	Muruqa: Purple <i>Sunset:</i> 4:54PM	Moon 1 - Phase 19 - 19 3rd Phase
	Creative Work Siddha Yoga Until 3:55PM Then Creative Work - Amrita Yoga		Rahu 11:41AM – 12:44PM	Gara Until 6:20PM	Nataraja: Clear	Subha Sivaloka Day
			Shashthi* Until 6:40AM	Moon – Clear Magha-Thai		

D	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Moscow, Russia Sun 20 Sutra 286 Subhakrit 5124
	Retreat Star		Gulika 8:32AM – 9:35AM	Ashvini Until 4:32PM	Ganesha: Yellow <i>Sunrise:</i> 8:32AM	
	Mesha Rasi: 7.38	Tithi 7 – 8	Yama 1:47PM – 2:50PM	Sadhya Until 9:20AM	Muruqa: Purple <i>Sunset:</i> 4:56PM	Moon 1 - Phase 39 - 20 Ashtami
	Creative Work Siddha Yoga	921586576	Rahu 10:38AM – 11:41AM	Visti Until 6:18PM	Nataraja: Clear	Sivaloka Day
			Saptami Until 6:11AM	Moon – White Magha-Thai		

D	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Moscow, Russia Sun 21 Sutra 287 Subhakrit 5124
	Retreat Star		Gulika 2:51PM – 3:55PM	Bharani Until 5:48PM	Ganesha: Yellow <i>Sunrise:</i> 8:30AM	
	Mesha Rasi: 20.28	Tithi 8 – 9	Yama 12:44PM – 1:48PM	Subha Until 8:31AM	Muruqa: Purple <i>Sunset:</i> 4:58PM	Moon 1 - Phase 39 - 21 Navami
	Routine Work Prabalarishta Yoga Until 5:48PM Then Creative Work - Siddha Yoga	922686576	Rahu 3:55PM – 4:58PM	Balava Until 7:04PM	Nataraja: Clear	Sivaloka Day
			Ashtami* Until 6:34AM	Moon – White Magha-Thai		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Moscow, Russia	
1		Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22 Sutra 288	
Vrishabha Rasi: 2.58	Tithi 9 – 10	Gulika 1:48PM – 2:52PM	Krittika Until 7:35PM	Ganesha: Yellow	<i>Sunrise:</i> 8:28AM
Family Home Evening	922686576	Yama 11:40AM – 12:44PM	Sukla Until 8:16AM	Muruqa: Purple	<i>Sunset:</i> 5:00PM
Routine Work Marana Yoga		Rahu 9:32AM – 10:36AM	Taitila Until 8:32PM	Nataraja: Clear	Moon 1 - Phase 40 - 22
Until 7:35PM			Navami* Until 7:42AM	Moon – White	4th Phase
Then Creative Work - Amrita Yoga				Magha-Thai	Sivaloka Day

Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Moscow, Russia	
2		Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23 Sutra 289	
Vrishabha Rasi: 15.11	Tithi 10 – 11	Gulika 12:44PM – 1:49PM	Rohini Until 10:11PM	Ganesha: White	<i>Sunrise:</i> 8:27AM
	932686576	Yama 10:35AM – 11:40AM	Brahma Until 8:28AM	Muruqa: Purple	<i>Sunset:</i> 5:02PM
Creative Work Amrita Yoga		Rahu 2:53PM – 3:58PM	Vanija Until 10:31PM	Nataraja: Clear	Moon 1 - Phase 40 - 23
Until 10:11PM			Dashami Until 9:27AM	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga				Magha-Thai	Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Moscow, Russia	
3		Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24 Sutra 290	
Vrishabha Rasi: 27.14	Tithi 11 – 12	Gulika 11:40AM – 12:44PM	Mrigashira Until 12:56AM Thu	Ganesha: White	<i>Sunrise:</i> 8:27AM
	932686576	Yama 9:31AM – 10:35AM	Indra Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 5:02PM
Creative Work Siddha Yoga		Rahu 12:44PM – 1:49PM	Bava Until 12:50AM Thu	Nataraja: Clear	Moon 1 - Phase 40 - 24
Until 12:56AM Thu			Ekadashi Until 11:37AM	Moon – Yellow	4th Phase
Then Routine Work - Marana Yoga				Magha-Thai	Subha Sivaloka Day

Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Moscow, Russia	
4		Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25 Sutra 291	
Mithuna Rasi: 9.1	Tithi 12 – 13	Gulika 10:35AM – 11:40AM	Ardra Until 3:40AM Fri	Ganesha: White	<i>Sunrise:</i> 8:25AM
	932686576	Yama 8:25AM – 9:30AM	Vaidhriti* Until 9:43AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM
Routine Work Marana Yoga		Rahu 1:50PM – 2:55PM	Kaulava Until 3:18AM Fri	Nataraja: Clear	Moon 1 - Phase 40 - 25
Until 3:40AM Fri			Dvadashi Until 2:02PM	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga				Magha-Thai	Subha Sivaloka Day
				<i>Pradosha Vrata</i>	

Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Moscow, Russia	
5		Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26 Sutra 292	
Mithuna Rasi: 21.04	Tithi 13 – 14	Gulika 9:28AM – 10:34AM	Punarvasu Until 6:47AM Sat	Ganesha: Clear	<i>Sunrise:</i> 8:23AM
	942686576	Yama 2:56PM – 4:01PM	Vishkambha* Until 10:32AM	Muruqa: Purple	<i>Sunset:</i> 5:07PM
Creative Work Siddha Yoga		Rahu 11:39AM – 12:45PM	Gara Until 5:49AM Sat	Nataraja: Clear	Moon 1 - Phase 40 - 26
			Trayodashi Until 4:32PM	Moon – Blue	4th Phase
				Magha-Thai	Sivaloka Day

Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam		Moscow, Russia	
6		Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 293	
Kataka Rasi: 2.56	Tithi 14	Gulika 8:21AM – 9:27AM	Punarvasu Until 6:47AM	Ganesha: Clear	<i>Sunrise:</i> 8:21AM
	942686577	Yama 1:51PM – 2:57PM	Priti Until 11:22AM	Muruqa: Purple	<i>Sunset:</i> 5:09PM
Creative Work Siddha Yoga		Rahu 10:33AM – 11:39AM	Vanija Until 7:02PM	Nataraja: Orange	Moon 1 - Phase 40 - 27
			Chaturdashi* Until 7:02PM	Moon – Blue	4th Phase
		Thai Pusam		Magha-Thai	Sivaloka Day

Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		Moscow, Russia	
Copper Retreat Star		Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 294	
Kataka Rasi: 14.5	Tithi 15	Gulika 2:58PM – 4:04PM	Pushya Until 9:41AM	Ganesha: Clear	<i>Sunrise:</i> 8:19AM
	942686577	Yama 12:45PM – 1:51PM	Ayushman Until 12:08PM	Muruqa: Purple	<i>Sunset:</i> 5:11PM
Creative Work Siddha Yoga		Rahu 4:04PM – 5:11PM	Visti Until 8:17AM	Nataraja: Orange	Moon 1 - Phase 40 - Purnima
			Purnima* Until 9:27PM	Moon – Blue	
				Magha-Thai	Sivaloka Day

Monday, February 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Moscow, Russia	
Silver Retreat Star		Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 295	
Kataka Rasi: 26.45	Tithi 16	Gulika 1:52PM – 2:59PM	Ashlesha* Until 12:19PM	Ganesha: Clear	<i>Sunrise:</i> 8:17AM
Family Home Evening	942686577	Yama 11:38AM – 12:45PM	Saubhagya Until 12:50PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM
Creative Work Siddha Yoga		Rahu 9:24AM – 10:31AM	Balava Until 10:39AM	Nataraja: Orange	Moon 1 - Phase 40 - Prathama
Until 12:19PM			Prathama* Until 11:46PM	Moon – Blue	
Then Routine Work - Marana Yoga				Magha-Thai	Sivaloka Day



Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 8.44 Tithi 17

952686577

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:45PM - 1:53PM
Yama 10:30AM - 11:38AM
Rahu 3:00PM - 4:08PM

Magha* Until 3:10PM
Sobhana Until 1:27PM
Taitila Until 12:54PM
Dvitiya Until 1:55AM Wed

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 8:15AM
Sunset: 5:15PM

Moscow, Russia
Sun 1 Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 20.46 Tithi 18

952686577

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ahiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:37AM - 12:45PM
Yama 9:21AM - 10:29AM
Rahu 12:45PM - 1:53PM

Purvaphalguni Until 5:40PM
Athiganda* Until 1:54PM
Vanija Until 2:57PM
Tritiya Until 3:52AM Thu

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 8:13AM
Sunset: 5:17PM

Moscow, Russia
Sun 2 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 2.54 Tithi 19

952686577

Amrita Yoga

Until 7:45PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:28AM - 11:37AM
Yama 8:11AM - 9:20AM
Rahu 1:54PM - 3:02PM

Maha Sankatahara Chaturthi

Uttaraphalguni Until 7:45PM
Sukarma Until 2:11PM
Bava Until 4:44PM
Chaturthi* Until 5:29AM Fri

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 8:11AM
Sunset: 5:20PM

Moscow, Russia
Sun 3 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 15.1 Tithi 20

962686577

Amrita Yoga

Until 9:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Kaulava Karana Panchamyam Titau

Gulika 9:18AM - 10:27AM
Yama 3:04PM - 4:13PM
Rahu 11:36AM - 12:45PM

Hasta Until 9:48PM
Dhriti Until 2:13PM
Kaulava Until 6:11PM
Panchami Until 6:42AM Sat

Ganesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 8:09AM
Sunset: 5:22PM

Moscow, Russia
Sun 4 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 27.35 Tithi 20 - 21

963686577

Marana Yoga

Until 11:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:07AM - 9:17AM
Yama 1:55PM - 3:05PM
Rahu 10:26AM - 11:36AM

Chitra Until 11:13PM
Shula* Until 1:52PM
Gara Until 7:08PM
Panchami Until 6:42AM

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 8:07AM
Sunset: 5:24PM

Moscow, Russia
Sun 5 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 10.16 Tithi 21 - 22

963686577

Siddha Yoga

Until 11:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:06PM - 4:16PM
Yama 12:45PM - 1:56PM
Rahu 4:16PM - 5:26PM

Svati Until 11:52PM
Ganda* Until 1:06PM
Visti Until 7:29PM
Shashthi* Until 7:22AM

Ganesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 8:05AM
Sunset: 5:26PM

Moscow, Russia
Sun 6 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

Retreat Star

Monday, February 13, 2023

Tula Rasi: 23.16 Tithi 22 - 23

973686577

Family Home Evening

Marana Yoga

Until 12:08AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:56PM - 3:07PM
Yama 11:35AM - 12:45PM
Rahu 9:13AM - 10:24AM

Vishakha Until 12:08AM Tue
Vridhhi Until 11:49AM
Balava Until 7:07PM
Saptami Until 7:22AM

Ganesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Orange
Magha-Masi

Sunrise: 8:03AM
Sunset: 5:28PM

Moscow, Russia
Sun 7 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 6.37 Tithi 23 - 24

973686577

Siddha Yoga

Until 11:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:45PM - 1:57PM
Yama 10:23AM - 11:34AM
Rahu 3:08PM - 4:19PM

Anuradha Until 11:32PM
Dhruva Until 9:56AM
Taitila Until 6:02PM
Ashtami* Until 6:39AM

Ganesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Orange
Magha-Masi

Sunrise: 8:01AM
Sunset: 5:30PM

Moscow, Russia
Sun 8 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

all times are standard time. Calculated for Moscow, Russia on 5/1/2

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1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Moscow, Russia Sun 9 Sutra 304
	Vrischika Rasi: 20.25	Tithi 25	973686577	Gulika 11:34AM – 12:45PM Yama 9:10AM – 10:22AM Rahu 12:45PM – 1:57PM	Jyeshtha* Until 10:05PM Vyaghata* Until 7:29AM Vanija Until 4:13PM Dashami Until 3:02AM Thu	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 7:58AM Sunset: 5:32PM Moon 2 - Phase 42 - 9 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga						
	Until 10:05PM						
Then Routine Work - Marana Yoga							

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Moscow, Russia Sun 10 Sutra 305
	Dhanus Rasi: 4.38	Tithi 26	983686577	Gulika 10:21AM – 11:33AM Yama 7:56AM – 9:08AM Rahu 1:58PM – 3:10PM	Mula* Until 8:18PM Vajra* Until 12:59AM Fri Bava Until 1:44PM Ekadashi* Until 12:16AM Fri	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:56AM Sunset: 5:35PM Moon 2 - Phase 42 - 10 2nd Phase Devaloka Day
	Creative Work Siddha Yoga						

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Moscow, Russia Sun 11 Sutra 306
	Dhanus Rasi: 19.17	Tithi 27	983686577	Gulika 9:07AM – 10:20AM Yama 3:11PM – 4:24PM Rahu 11:32AM – 12:45PM	Purvashadha* Until 5:53PM Siddhi Until 9:08PM Kaulava Until 10:43AM Dvadashi* Until 9:02PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:54AM Sunset: 5:37PM Moon 2 - Phase 42 - 11 2nd Phase Devaloka Day
	Routine Work Prabalarishta Yoga						
	Until 5:53PM						
Then Routine Work - Marana Yoga							

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Moscow, Russia Sun 12 Sutra 307
	Makara Rasi: 4.14	Tithi 28 – 29	983686577	Gulika 7:52AM – 9:05AM Yama 1:59PM – 3:12PM Rahu 10:18AM – 11:32AM	Uttarashadha Until 2:59PM Vyatipata* Until 5:01PM Gara Until 7:19AM Trayodashi* Until 5:29PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:52AM Sunset: 5:39PM Moon 2 - Phase 42 - 12 2nd Phase Devaloka Day
	Routine Work Marana Yoga						
	Until 2:59PM						
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							

●	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Moscow, Russia Sun 13 Sutra 308		
	Retreat Star		Makara Rasi: 19.24	Tithi 29 – 30	993686577	Gulika 3:13PM – 4:27PM Yama 12:45PM – 1:59PM Rahu 4:27PM – 5:41PM	Shravana Until 12:11PM Variyan Until 12:45PM Catuspada Until 11:57PM Chaturdashi* Until 1:47PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 7:49AM Sunset: 5:41PM Moon 2 - Phase 42 - 13 Amavasya Devaloka Day
	Creative Work Amrita Yoga								
	Until 12:11PM								
Then Routine Work - Marana Yoga									

●	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Moscow, Russia Sun 14 Sutra 309		
	Retreat Star		Kumbha Rasi: 5	Tithi 30 – 1	993686577	Gulika 2:00PM – 3:14PM Yama 11:31AM – 12:45PM Rahu 9:02AM – 10:16AM	Dhanishtha Until 9:16AM Parigha* Until 8:31AM Kintughna Until 8:21PM Amavasya* Until 10:07AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 7:47AM Sunset: 5:43PM Moon 2 - Phase 42 - 14 Prathama Devaloka Day
	Family Home Evening								
	Creative Work Siddha Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau			Moscow, Russia Sun 15 Sutra 310 Subhakrit 5124
	Kumbha Rasi: 19.4	Tithi 1 - 2	993686577	Gulika 12:45PM - 2:00PM Yama 10:15AM - 11:30AM Rahu 3:15PM - 4:30PM	Shatabhishak Until 6:23AM Siddha Until 12:38AM Wed Kaulava Until 3:31AM Wed Prathama* Until 6:38AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon - Purple Phalguna-Masi
	Routine Work	Marana Yoga				Devaloka Day
2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau			Moscow, Russia Sun 16 Sutra 311 Subhakrit 5124
	Meena Rasi: 4.26	Tithi 3	913686577	Gulika 11:29AM - 12:45PM Yama 8:58AM - 10:14AM Rahu 12:45PM - 2:00PM	Uttaraproshtapada Until 2:21AM Thu Sadhya Until 9:16PM Taitila Until 2:11PM Tritiya Until 12:57AM Thu	Ganesha: Red Muruqa: Purple Nataraja: Orange Moon - Clear Phalguna-Masi
	Creative Work	Siddha Yoga				Sivaloka Day
3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha Yoga Vanija/Visti* Karana Chaturthiyam Titau			Moscow, Russia Sun 17 Sutra 312 Subhakrit 5124
	Meena Rasi: 18.49	Tithi 4	913786577	Gulika 10:12AM - 11:29AM Yama 7:40AM - 8:56AM Rahu 2:01PM - 3:17PM	Revati Until 1:05AM Fri Subha Until 6:27PM Vanija Until 11:57AM Chaturthi* Until 11:05PM	Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon - Clear Phalguna-Masi
	Creative Work	Siddha Yoga				Subha Sivaloka Day
	Until 1:05AM Fri					
	Then Creative Work - Amrita Yoga					Subramuniyaswami Siva Vision Day
4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau			Moscow, Russia Sun 18 Sutra 313 Subhakrit 5124
	Mesha Rasi: 2.43	Tithi 5	923786577	Gulika 8:54AM - 10:11AM Yama 3:18PM - 4:35PM Rahu 11:28AM - 12:45PM	Ashvini Until 12:55AM Sat Sukla Until 4:15PM Bava Until 10:28AM Panchami Until 10:02PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - White Phalguna-Masi
	Creative Work	Amrita Yoga				Sivaloka Day
	Until 12:55AM Sat					
	Then Creative Work - Siddha Yoga					
5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau			Moscow, Russia Sun 19 Sutra 314 Subhakrit 5124
	Mesha Rasi: 16.07	Tithi 6	923786577	Gulika 7:35AM - 8:53AM Yama 2:02PM - 3:19PM Rahu 10:10AM - 11:27AM	Bharani Until 1:27AM Sun Brahma Until 2:44PM Kaulava Until 9:51AM Shashthi* Until 9:50PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - White Phalguna-Masi
	Creative Work	Siddha Yoga				Sivaloka Day
6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau			Moscow, Russia Sun 20 Sutra 315 Subhakrit 5124
	Mesha Rasi: 29.05	Tithi 7	924786577	Gulika 3:20PM - 4:38PM Yama 12:44PM - 2:02PM Rahu 4:38PM - 5:56PM	Krittika Until 2:39AM Mon Indra Until 1:55PM Gara Until 10:05AM Saptami Until 10:30PM	Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon - White Phalguna-Masi
	Creative Work	Siddha Yoga				Devaloka Day
	Until 2:39AM Mon					
	Then Creative Work - Amrita Yoga					
D	Monday, February 27, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau			Moscow, Russia Sun 21 Sutra 316 Subhakrit 5124
	Vrishabha Rasi: 11.38	Tithi 8	934786577	Gulika 2:03PM - 3:21PM Yama 11:26AM - 12:44PM Rahu 8:49AM - 10:07AM	Rohini Until 4:51AM Tue Vaidhriti* Until 1:41PM Visti Until 11:09AM Ashtami* Until 11:55PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - Yellow Phalguna-Masi
	Retreat Star					Sivaloka Day
	Family Home Evening					
	Creative Work	Amrita Yoga				
	Until 4:51AM Tue					
	Then Creative Work - Siddha Yoga					
Tuesday, February 28, 2023	Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau			Moscow, Russia Sun 22 Sutra 317 Subhakrit 5124
	Vrishabha Rasi: 23.54	Tithi 9	934786577	Gulika 12:44PM - 2:03PM Yama 10:06AM - 11:25AM Rahu 3:22PM - 4:41PM	Mrigashira Until 7:24AM Wed Vishkambha* Until 1:57PM Balava Until 12:52PM Navami* Until 1:54AM Wed	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon - Yellow Phalguna-Masi
	Creative Work	Siddha Yoga				Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Il times are standard time. Calculated for Moscow, Russia on 5/1/2

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1		Wednesday, March 1, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Moscow, Russia Sun 23 Sutra 318 Subhakra 5124		
Mithuna Rasi: 5.57	Tithi 10	Gulika 11:24AM – 12:44PM	Mrigashira Until 7:24AM	Ganesha: Yellow	Sunrise: 7:23AM	Muruqa: Purple	Sunset: 6:04PM	Moon 2 - Phase 44 - 23 4th Phase
934786577	Rahu 12:44PM – 2:04PM	Yama 8:43AM – 10:03AM	Priti Until 2:34PM	Nataraja: Orange				
Creative Work	Siddha Yoga		Taitila Until 3:04PM	Moon – Yellow				Sivaloka Day
			Dashami Until 4:15AM Thu	Phalgun-Masi				
2		Thursday, March 2, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Moscow, Russia Sun 24 Sutra 319 Subhakra 5124		
Mithuna Rasi: 17.53	Tithi 11	Gulika 10:02AM – 11:23AM	Ardra Until 10:06AM	Ganesha: Yellow	Sunrise: 7:21AM	Muruqa: Purple	Sunset: 6:06PM	Moon 2 - Phase 44 - 24 4th Phase
934786577	Rahu 2:04PM – 3:25PM	Yama 7:21AM – 8:41AM	Ayushman Until 3:22PM	Nataraja: Orange				
Routine Work	Marana Yoga		Vanija Until 5:31PM	Moon – Yellow				Sivaloka Day
Until 10:06AM			Ekadashi Until 6:45AM Fri	Phalgun-Masi				
Then Creative Work - Amrita Yoga								
3		Friday, March 3, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Moscow, Russia Sun 25 Sutra 320 Subhakra 5124		
Mithuna Rasi: 29.44	Tithi 11 – 12	Gulika 8:39AM – 10:01AM	Punarvasu Until 1:14PM	Ganesha: White	Sunrise: 7:18AM	Muruqa: Purple	Sunset: 6:08PM	Moon 2 - Phase 44 - 25 4th Phase
944786577	Rahu 11:22AM – 12:43PM	Yama 3:26PM – 4:47PM	Saubhagya Until 4:14PM	Nataraja: Orange				
Creative Work	Siddha Yoga		Bava Until 8:02PM	Moon – Blue				Devaloka Day
Until 1:14PM			Ekadashi Until 6:45AM	Phalgun-Masi				
Then Routine Work - Marana Yoga								
4		Saturday, March 4, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Moscow, Russia Sun 26 Sutra 321 Subhakra 5124		
Kataka Rasi: 11.37	Tithi 12 – 13	Gulika 7:16AM – 8:38AM	Pushya Until 4:10PM	Ganesha: White	Sunrise: 7:16AM	Muruqa: Purple	Sunset: 6:10PM	Moon 2 - Phase 44 - 26 4th Phase
944786577	Rahu 9:59AM – 11:21AM	Yama 2:05PM – 3:27PM	Sobhana Until 5:05PM	Nataraja: Orange				
Creative Work	Siddha Yoga		Kaulava Until 10:28PM	Moon – Blue				Devaloka Day
Until 4:10PM			Dvadashi Until 9:15AM	Phalgun-Masi				
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>					
5		Sunday, March 5, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Moscow, Russia Sun 27 Sutra 322 Subhakra 5124		
Kataka Rasi: 23.32	Tithi 13 – 14	Gulika 3:28PM – 4:50PM	Ashlesha* Until 6:47PM	Ganesha: Purple	Sunrise: 7:13AM	Muruqa: Purple	Sunset: 6:12PM	Moon 2 - Phase 44 - 27 4th Phase
144786577	Rahu 4:50PM – 6:12PM	Yama 12:43PM – 2:05PM	Athiganda* Until 5:47PM	Nataraja: Orange				
Creative Work	Siddha Yoga		Gara Until 12:44AM Mon	Moon – Blue				Devaloka Day
Until 6:47PM		Chidambaram Abhishekam	Trayodashi Until 11:37AM	Phalgun-Masi				
Then Routine Work - Marana Yoga								
Monday, March 6, 2023		Copper Retreat Star		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Moscow, Russia Sutra 323 Subhakra 5124		
Simha Rasi: 5.31	Tithi 14 – 15	Gulika 2:06PM – 3:29PM	Magha* Until 9:31PM	Ganesha: Clear	Sunrise: 7:11AM	Muruqa: Purple	Sunset: 6:14PM	Moon 2 - Phase 44 - Purnima
Family Home Evening	154786577	Yama 11:20AM – 12:43PM	Sukarma Until 6:19PM	Nataraja: Orange				
Routine Work	Marana Yoga	Rahu 8:34AM – 9:57AM	Visti Until 2:45AM Tue	Moon – Red				Sivaloka Day
Until 9:31PM		Holi	Chaturdashi* Until 1:45PM	Phalgun-Masi				
Then Creative Work - Siddha Yoga								
Tuesday, March 7, 2023		Silver Retreat Star		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Moscow, Russia Sutra 324 Subhakra 5124		
Simha Rasi: 17.37	Tithi 15 – 16	Gulika 12:42PM – 2:06PM	Purvaphalguni Until 11:48PM	Ganesha: Clear	Sunrise: 7:08AM	Muruqa: Purple	Sunset: 6:17PM	Moon 2 - Phase 44 - Prathama
154786577	Rahu 3:29PM – 4:53PM	Yama 9:55AM – 11:19AM	Dhriti Until 6:40PM	Nataraja: Orange				
Creative Work	Siddha Yoga		Balava Until 4:28AM Wed	Moon – Red				Sivaloka Day
Until 11:48PM			Purnima* Until 3:38PM	Phalgun-Masi				
Then Creative Work - Amrita Yoga								

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Moscow, Russia

Sutra 325

Simha Rasi: 29.49 Tithi 16 – 17

Gulika 11:18AM – 12:42PM
Yama 8:30AM – 9:54AM
154786577 **Rahu** 12:42PM – 2:06PM

Uttaraphalguni Until 1:37AM Thu
Shula* Until 6:44PM
Taitila Until 5:52AM Thu
Prathama* Until 5:11PM

Ganesha: Clear *Sunrise:* 7:06AM
Muruqa: Purple *Sunset:* 6:19PM
Nataraja: Orange
Moon – Red
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 -
1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 1:37AM Thu

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Gara Karana Dvitiyayam Titau

Moscow, Russia

Sun 1 Sutra 326

Kanya Rasi: 12.1 Tithi 17

Gulika 9:53AM – 11:17AM
Yama 7:03AM – 8:28AM
164786577 **Rahu** 2:07PM – 3:31PM

Hasta Until 3:25AM Fri
Ganda* Until 6:34PM
Gara Until 6:24PM
Dvitiya Until 6:24PM

Ganesha: White *Sunrise:* 7:03AM
Muruqa: Purple *Sunset:* 6:21PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 3:25AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Vanija/Visiti* Karana Tritiyayam Titau

Moscow, Russia

Sun 2 Sutra 327

Kanya Rasi: 24.41 Tithi 18

Gulika 8:26AM – 9:51AM
Yama 3:32PM – 4:57PM
165786577 **Rahu** 11:16AM – 12:42PM

Chitra Until 4:40AM Sat
Vriddhi Until 6:07PM
Vanija Until 6:53AM
Tritiya Until 7:13PM

Ganesha: Yellow *Sunrise:* 7:01AM
Muruqa: Purple *Sunset:* 6:23PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 2
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Moscow, Russia

Sun 3 Sutra 328

Tula Rasi: 7.22 Tithi 19

Gulika 6:58AM – 8:24AM
Yama 2:07PM – 3:33PM
165786577 **Rahu** 9:50AM – 11:16AM

Svati Until 5:21AM Sun
Dhruva Until 5:19PM
Bava Until 7:30AM
Chaturthi* Until 7:38PM

Ganesha: Yellow *Sunrise:* 6:58AM
Muruqa: Purple *Sunset:* 6:25PM
Nataraja: Orange
Moon – Green
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 3
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 5:21AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 12, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Moscow, Russia

Sun 4 Sutra 329

Tula Rasi: 20.16 Tithi 20

Gulika 3:34PM – 5:00PM
Yama 12:41PM – 2:08PM
175786577 **Rahu** 5:00PM – 6:27PM

Vishakha Until 5:52AM Mon
Vyaghata* Until 4:11PM
Kaulava Until 7:41AM
Panchami Until 7:34PM

Ganesha: Blue *Sunrise:* 6:56AM
Muruqa: Purple *Sunset:* 6:27PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 4
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

Until 5:52AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 13, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Moscow, Russia

Sun 5 Sutra 330

Vrischika Rasi: 3.23 Tithi 21

Gulika 2:08PM – 3:35PM
Yama 11:14AM – 12:41PM
175786577 **Rahu** 8:20AM – 9:47AM

Anuradha Until 5:44AM Tue
Harshana Until 2:40PM
Gara Until 7:23AM
Shashthi* Until 7:01PM

Ganesha: Blue *Sunrise:* 6:53AM
Muruqa: Purple *Sunset:* 6:29PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 5
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 5:44AM Tue

Then Routine Work - Marana Yoga

6

Tuesday, March 14, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Moscow, Russia

Sun 6 Sutra 331

Vrischika Rasi: 16.48 Tithi 22 – 23

Gulika 12:41PM – 2:08PM
Yama 9:45AM – 11:13AM
175786577 **Rahu** 3:36PM – 5:03PM

Jyeshtha* Until 4:56AM Wed
Vajra* Until 12:43PM
Visti Until 6:33AM
Saptami Until 5:56PM

Ganesha: Blue *Sunrise:* 6:50AM
Muruqa: Purple *Sunset:* 6:31PM
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Subhakit 5124
Moon 3 - Phase 45 - 6
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

D

Wednesday, March 15, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Moscow, Russia

Sun 7 Sutra 332

Dhanus Rasi: 0.31 Tithi 23 – 24

Gulika 11:12AM – 12:40PM
Yama 8:16AM – 9:44AM
185786578 **Rahu** 12:40PM – 2:08PM

Mula* Until 3:55AM Thu
Siddhi Until 10:22AM
Taitila Until 3:20AM Thu
Ashtami* Until 4:19PM

Ganesha: Red *Sunrise:* 6:48AM
Muruqa: Purple *Sunset:* 6:33PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Subhakit 5124
Moon 3 - Phase 45 - 7
Ashtami

Sivaloka Day

Routine Work Marana Yoga

Until 3:55AM Thu

Then Creative Work - Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Thursday, March 16, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Vyatipata*/Variyoga Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Moscow, Russia

Sun 8 Sutra 333

Dhanus Rasi: 14.33 Tithi 24 – 25

Gulika 9:43AM – 11:11AM
Yama 6:45AM – 8:14AM
185786578 **Rahu** 2:09PM – 3:37PM

Purvashadha* Until 2:17AM Fri
Vyatipata* Until 7:37AM
Vanija Until 1:00AM Fri
Navami* Until 2:12PM

Ganesha: Red *Sunrise:* 6:45AM
Muruqa: Purple *Sunset:* 6:35PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Subhakit 5124
Moon 3 - Phase 45 - 8
Navami

Sivaloka Day

Creative Work Siddha Yoga

Until 2:17AM Fri

Then Routine Work - Marana Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Moscow, Russia on 5/1/2

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1	Friday, March 17, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Moscow, Russia Sun 9 Sutra 334
	Dhanus Rasi: 28.53	Tithi 25 – 26	Gulika 8:12AM – 9:41AM	Uttarashadha Until 12:08AM Sat	Ganesha: Red <i>Sunrise:</i> 6:43AM	Subhakrit 5124
			Yama 3:38PM – 5:08PM	Parigha* Until 1:02AM Sat	Muruqa: Purple <i>Sunset:</i> 6:37PM	Moon 3 - Phase 46 - 9
	185786578	Rahu 11:10AM – 12:40PM	Bava Until 10:16PM	Nataraja: Clear	Moon – Light Blue	2nd Phase
Routine Work Marana Yoga		Dashami Until 11:39AM		Phalguna-Panguni	Sivaloka Day	
Until 12:08AM Sat						
Then Creative Work - Siddha Yoga						

2	Saturday, March 18, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Moscow, Russia Sun 10 Sutra 335
	Makara Rasi: 13.29	Tithi 26 – 27	Gulika 6:40AM – 8:10AM	Shravana Until 9:59PM	Ganesha: Green <i>Sunrise:</i> 6:40AM	Subhakrit 5124
			Yama 2:09PM – 3:39PM	Shiva Until 9:23PM	Muruqa: Purple <i>Sunset:</i> 6:39PM	Moon 3 - Phase 46 - 10
	195786578	Rahu 9:40AM – 11:10AM	Kaulava Until 7:15PM	Nataraja: Clear	Moon – Purple	2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 8:46AM		Phalguna-Panguni	Subha Sivaloka Day	

3	Sunday, March 19, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Moscow, Russia Sun 11 Sutra 336
	Makara Rasi: 28.16	Tithi 28	Gulika 3:40PM – 5:10PM	Dhanishtha Until 7:34PM	Ganesha: Orange <i>Sunrise:</i> 6:37AM	Subhakrit 5124
			Yama 12:39PM – 2:10PM	Siddha Until 5:35PM	Muruqa: Clear <i>Sunset:</i> 6:41PM	Moon 3 - Phase 46 - 11
	196796578	Rahu 5:10PM – 6:41PM	Gara Until 4:04PM	Nataraja: Clear	Moon – Purple	2nd Phase
Routine Work Marana Yoga		Trayodashi* Until 2:27AM Mon		Phalguna-Panguni	Devaloka Day	
Until 7:34PM						
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>				

4	Monday, March 20, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Moscow, Russia Sun 12 Sutra 337
	Kumbha Rasi: 13.06	Tithi 29	Gulika 2:10PM – 3:41PM	Shatabhishak Until 5:01PM	Ganesha: Green <i>Sunrise:</i> 6:35AM	Subhakrit 5124
			Yama 11:08AM – 12:39PM	Sadhya Until 1:49PM	Muruqa: Clear <i>Sunset:</i> 6:43PM	Moon 3 - Phase 46 - 12
	196896578	Rahu 8:06AM – 9:37AM	Visti Until 12:53PM	Nataraja: Clear	Moon – Purple	2nd Phase
Family Home Evening		Chaturdashi* Until 11:19PM		Phalguna-Panguni	Sivaloka Day	
Creative Work Siddha Yoga						
Until 5:01PM						
Then Routine Work - Marana Yoga						

●	Tuesday, March 21, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Moscow, Russia Sun 13 Sutra 338
	Retreat Star		Gulika 12:39PM – 2:10PM	Purvaproshtapada* Until 2:55PM	Ganesha: Orange <i>Sunrise:</i> 6:32AM	Subhakrit 5124
	Kumbha Rasi: 27.52	Tithi 30	Yama 9:35AM – 11:07AM	Subha Until 10:11AM	Muruqa: Clear <i>Sunset:</i> 6:45PM	Moon 3 - Phase 46 - 13
	116896578	Rahu 3:42PM – 5:13PM	Catuspada Until 9:50AM	Nataraja: Clear	Moon – Clear	Amavasya
Routine Work Marana Yoga		Amavasya* Until 8:24PM		Phalguna-Panguni	Devaloka Day	
Until 2:55PM						
Then Creative Work - Amrita Yoga						

●	Wednesday, March 22, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau				Moscow, Russia Sun 14 Sutra 339
	Retreat Star		Gulika 11:06AM – 12:38PM	Uttaraproshtapada Until 1:01PM	Ganesha: Orange <i>Sunrise:</i> 6:30AM	Subhakrit 5124
	Meena Rasi: 12.26	Tithi 1 – 2	Yama 8:02AM – 9:34AM	Sukla Until 6:45AM	Muruqa: Clear <i>Sunset:</i> 6:47PM	Moon 3 - Phase 46 - 14
	116896578	Rahu 12:38PM – 2:10PM	Kintughna Until 7:06AM	Nataraja: Clear	Moon – Clear	Prathama
Creative Work Siddha Yoga		Yugadhi	Prathama* Until 5:52PM	Chaitra-Panguni	Devaloka Day	
Until 1:01PM						
Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

lit times are standard time. Calculated for Moscow, Russia on 5/1/2

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1		Thursday, March 23, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Moscow, Russia Sun 15 Sutra 340	
Meena Rasi: 26.42	Tithi 2 – 3	Gulika 9:33AM – 11:05AM	Revati Until 11:28AM	Ganesha: Orange	<i>Sunrise:</i> 6:27AM	Subhakit 5124	
		Yama 6:27AM – 8:00AM	Indra Until 1:11AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 47 - 15	
		116896578 Rahu 2:11PM – 3:43PM	Taitila Until 3:06AM Fri	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Dvitiya Until 3:51PM	Moon – Clear		Devaloka Day	
Until 11:28AM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Friday, March 24, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Moscow, Russia Sun 16 Sutra 341	
Mesha Rasi: 10.34	Tithi 3 – 4	Gulika 7:58AM – 9:31AM	Ashvini Until 10:50AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Subhakit 5124	
		Yama 3:44PM – 5:17PM	Vaidhriti* Until 11:10PM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47 - 16	
		126896578 Rahu 11:04AM – 12:38PM	Vanija Until 2:07AM Sat	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Tritiya Until 2:30PM	Moon – White		Devaloka Day	
Until 10:50AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Saturday, March 25, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Moscow, Russia Sun 17 Sutra 342	
Mesha Rasi: 24.01	Tithi 4 – 5	Gulika 6:22AM – 7:56AM	Bharani Until 10:48AM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Subhakit 5124	
		Yama 2:11PM – 3:45PM	Vishkamba* Until 9:48PM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 47 - 17	
		126896578 Rahu 9:30AM – 11:03AM	Bava Until 1:55AM Sun	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Chaturthi* Until 1:54PM	Moon – White		Devaloka Day	
Until 10:48AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Sunday, March 26, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Moscow, Russia Sun 18 Sutra 343	
Vrishabha Rasi: 7.03	Tithi 5 – 6	Gulika 3:46PM – 5:20PM	Krittika Until 11:22AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Subhakit 5124	
		Yama 12:37PM – 2:11PM	Priti Until 9:03PM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 47 - 18	
		126896578 Rahu 5:20PM – 6:55PM	Kaulava Until 2:30AM Mon	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Panchami Until 2:05PM	Moon – White		Devaloka Day	
				Chaitra•Panguni			

5		Monday, March 27, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashti/Saptamyam Titau		Moscow, Russia Sun 19 Sutra 344	
Vrishabha Rasi: 19.42	Tithi 6 – 7	Gulika 2:12PM – 3:47PM	Rohini Until 12:59PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Subhakit 5124	
Family Home Evening		Yama 11:02AM – 12:37PM	Ayushman Until 8:50PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:52AM – 9:27AM	Gara Until 3:47AM Tue	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Shashti* Until 3:02PM	Moon – Yellow		Devaloka Day	
				Chaitra•Panguni			

6		Tuesday, March 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Moscow, Russia Sun 20 Sutra 345	
Mithuna Rasi: 2.02	Tithi 7 – 8	Gulika 12:36PM – 2:12PM	Mrigashira Until 3:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Subhakit 5124	
		Yama 9:25AM – 11:01AM	Saubhagya Until 9:07PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:48PM – 5:23PM	Visti Until 5:39AM Wed	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Saptami Until 4:38PM	Moon – Yellow		Devaloka Day	
Until 3:05PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 29, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava Karana Ashtamyam Titau		Moscow, Russia Sun 21 Sutra 346	
Mithuna Rasi: 14.1	Tithi 8	Gulika 11:00AM – 12:36PM	Ardra Until 5:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Subhakit 5124	
		Yama 7:48AM – 9:24AM	Sobhana Until 9:45PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 47 - 21	
		137896578 Rahu 12:36PM – 2:12PM	Bava Until 6:42PM	Nataraja: Clear		Ashtami	
Creative Work Siddha Yoga			Ashtami* Until 6:42PM	Moon – Yellow		Devaloka Day	
				Chaitra•Panguni			

Retreat Star		Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Moscow, Russia Sun 22 Sutra 347	
Mithuna Rasi: 26.08	Tithi 9	Gulika 9:22AM – 10:59AM	Punarvasu Until 8:30PM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Subhakit 5124	
		Yama 6:09AM – 7:46AM	Athiganda* Until 10:32PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 47 - 22	
		147896578 Rahu 2:13PM – 3:49PM	Balava Until 7:53AM	Nataraja: Clear		Navami	
Creative Work Amrita Yoga			Navami* Until 9:03PM	Moon – Blue		Bhuloka Day	
		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

ll times are standard time. Calculated for Moscow, Russia on 5/1/2

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1	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Moscow, Russia
	Kataka Rasi: 8.01	Tithi 10	Gulika 7:44AM – 9:21AM	Pushya Until 11:26PM	Ganesha: White	<i>Sunrise:</i> 6:06AM	Sun 23 Sutra 348
			Yama 3:50PM – 5:27PM	Sukarma Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Subhakrit 5124
	Routine Work	Marana Yoga	147896578 Rahu 10:58AM – 12:36PM	Taitila Until 10:17AM	Nataraja: Clear		Moon 3 - Phase 48 - 23 4th Phase
			Dashami Until 11:29PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

2	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Moscow, Russia
	Kataka Rasi: 19.55	Tithi 11	Gulika 6:06AM – 7:44AM	Ashlesha* Until 2:05AM Sun	Ganesha: White	<i>Sunrise:</i> 6:06AM	Sun 24 Sutra 349
			Yama 2:13PM – 3:50PM	Dhriti Until 12:11AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Subhakrit 5124
	Routine Work	Marana Yoga	147896578 Rahu 9:21AM – 10:58AM	Vanija Until 12:41PM	Nataraja: Clear		Moon 3 - Phase 48 - 24 4th Phase
			Ekadashi Until 1:48AM Sun	Moon – Blue		Bhuloka Day	
		Yogaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

3	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvodashyam Titau				Moscow, Russia
	Simha Rasi: 1.52	Tithi 12	Gulika 3:51PM – 5:29PM	Magha* Until 4:50AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:04AM	Sun 25 Sutra 350
			Yama 12:35PM – 2:13PM	Shula* Until 12:46AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Subhakrit 5124
	Routine Work	Marana Yoga	158896578 Rahu 5:29PM – 7:07PM	Bava Until 2:54PM	Nataraja: Clear		Moon 3 - Phase 48 - 25 4th Phase
			Dvadashi Until 3:52AM Mon	Moon – Red		Devaloka Day	
		Until 4:50AM Mon		Chaitra•Panguni			
		Then Creative Work - Siddha Yoga					

4	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Moscow, Russia
	Simha Rasi: 13.55	Tithi 13	Gulika 2:13PM – 3:52PM	Purvaphalguni Until 7:04AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:01AM	Sun 26 Sutra 351
	Family Home Evening		Yama 10:56AM – 12:35PM	Ganda* Until 1:06AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Subhakrit 5124
	Creative Work	Siddha Yoga	158896578 Rahu 7:40AM – 9:18AM	Kaulava Until 4:48PM	Nataraja: Clear		Moon 3 - Phase 48 - 26 4th Phase
			Trayodashi Until 5:34AM Tue	Moon – Red		Devaloka Day	
		Until 7:04AM Tue		Chaitra•Panguni			
		Then Creative Work - Amrita Yoga					
				<i>Pradosha Vrata</i>			

5	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Gara Karana Chaturdashyam Titau				Moscow, Russia
	Simha Rasi: 26.07	Tithi 14	Gulika 12:35PM – 2:14PM	Purvaphalguni Until 7:04AM	Ganesha: Red	<i>Sunrise:</i> 5:59AM	Sun 27 Sutra 352
			Yama 9:17AM – 10:56AM	Vriddhi Until 1:07AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Subhakrit 5124
	Creative Work	Siddha Yoga	158896578 Rahu 3:53PM – 5:32PM	Gara Until 6:17PM	Nataraja: Clear		Moon 3 - Phase 48 - 27 4th Phase
			Chaturdashi* Until 6:50AM Wed	Moon – Red		Devaloka Day	
		Until 7:04AM		Chaitra•Panguni			
		Then Creative Work - Amrita Yoga					

	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Moscow, Russia
	Kanya Rasi: 8.3	Tithi 14 – 15	Gulika 10:55AM – 12:34PM	Uttaraphalguni Until 8:42AM	Ganesha: Red	<i>Sunrise:</i> 5:56AM	Sutra 353
			Yama 7:36AM – 9:15AM	Dhruva Until 12:44AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Subhakrit 5124
	Creative Work	Amrita Yoga	158896578 Rahu 12:34PM – 2:14PM	Visti Until 7:17PM	Nataraja: Clear		Moon 3 - Phase 48 - Purnima
			Chaturdashi* Until 6:50AM	Moon – Red		Devaloka Day	
		Until 8:42AM		Chaitra•Panguni			
		Then Routine Work - Marana Yoga					
				Panguni Uttiram			
				Hanuman Jayanti			

	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Moscow, Russia
	Kanya Rasi: 21.06	Tithi 15 – 16	Gulika 9:14AM – 10:54AM	Hasta Until 10:11AM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	Sutra 354
			Yama 5:53AM – 7:34AM	Vyaghata* Until 12:00AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Subhakrit 5124
	Routine Work	Marana Yoga	168896578 Rahu 2:14PM – 3:54PM	Balava Until 7:49PM	Nataraja: Clear		Moon 3 - Phase 48 - Prathama
			Purnima* Until 7:36AM	Moon – Green		Bhuloka Day	
		Until 10:11AM		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
		Then Creative Work - Siddha Yoga					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 3.56 Tithi 16 – 17

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:32AM – 9:12AM
Yama 3:55PM – 5:36PM
168896578 **Rahu** 10:53AM – 12:34PM

Chitra **Until 11:03AM**
Harshana **Until 10:54PM**
Taitila **Until 7:51PM**
Prathama* Until 7:52AM

Ganesha: Blue *Sunrise: 5:51AM*
Muruqa: Clear *Sunset: 7:17PM*
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Moscow, Russia
Sutra 355
Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 16.59 Tithi 17 – 18

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 5:48AM – 7:30AM
Yama 2:15PM – 3:56PM
168896578 **Rahu** 9:11AM – 10:52AM

Svati **Until 11:18AM**
Vajra* **Until 9:26PM**
Vanija **Until 7:27PM**
Dvitiya **Until 7:41AM**

Ganesha: Blue *Sunrise: 5:48AM*
Muruqa: Clear *Sunset: 7:19PM*
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Moscow, Russia
Sun 1 Sutra 356
Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Sunday, April 9, 2023

Vrischika Rasi: 0.16 Tithi 18 – 19

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 3:57PM – 5:39PM
Yama 12:33PM – 2:15PM
179896578 **Rahu** 5:39PM – 7:21PM

Vishakha **Until 11:28AM**
Siddhi **Until 7:40PM**
Bava **Until 6:40PM**
Tritiya **Until 7:05AM**

Ganesha: Red *Sunrise: 5:46AM*
Muruqa: Clear *Sunset: 7:21PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Moscow, Russia
Sun 2 Sutra 357
Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

3

Monday, April 10, 2023

Vrischika Rasi: 13.46 Tithi 19 – 20

Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Gulika 2:15PM – 3:58PM
Yama 10:50AM – 12:33PM
179896578 **Rahu** 7:26AM – 9:08AM

Anuradha **Until 11:07AM**
Vyatipata* **Until 5:38PM**
Taitila **Until 4:47AM Tue**
Chaturthi* Until 6:06AM

Ganesha: Red *Sunrise: 5:43AM*
Muruqa: Clear *Sunset: 7:23PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Moscow, Russia
Sun 3 Sutra 358
Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

4

Tuesday, April 11, 2023

Vrischika Rasi: 27.26 Tithi 21

Routine Work Marana Yoga
Until 10:17AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:33PM – 2:16PM
Yama 9:07AM – 10:50AM
179896578 **Rahu** 3:59PM – 5:42PM

Jyeshtha* Until 10:17AM
Variyan **Until 3:19PM**
Gara **Until 4:02PM**
Shashthi* Until 3:10AM Wed

Ganesha: Red *Sunrise: 5:41AM*
Muruqa: Clear *Sunset: 7:25PM*
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Moscow, Russia
Sun 4 Sutra 359
Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

5

Wednesday, April 12, 2023

Dhanus Rasi: 11.19 Tithi 22

Routine Work Marana Yoga
Until 9:28AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 10:49AM – 12:32PM
Yama 7:22AM – 9:05AM
189896578 **Rahu** 12:32PM – 2:16PM

Mula* Until 9:28AM
Parigha* **Until 12:47PM**
Visti **Until 2:16PM**
Saptami **Until 1:16AM Thu**

Ganesha: Green *Sunrise: 5:38AM*
Muruqa: Clear *Sunset: 7:27PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Moscow, Russia
Sun 5 Sutra 360
Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023

Retreat Star

Dhanus Rasi: 25.2 Tithi 23

Creative Work Siddha Yoga
Until 8:14AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:04AM – 10:48AM
Yama 5:36AM – 7:20AM
189996578 **Rahu** 2:16PM – 4:00PM

Purvashadha* Until 8:14AM
Shiva **Until 10:04AM**
Balava **Until 12:15PM**
Ashtami* Until 11:09PM

Ganesha: White *Sunrise: 5:36AM*
Muruqa: Clear *Sunset: 7:28PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Moscow, Russia
Sun 6 Sutra 361
Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Makara Rasi: 9.31 Tithi 24

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Gulika 7:18AM – 9:03AM
Yama 4:01PM – 5:46PM
189996578 **Rahu** 10:47AM – 12:32PM

Uttarashadha Until 6:39AM
Siddha **Until 7:08AM**
Taitila **Until 10:01AM**
Navami* Until 8:49PM

Ganesha: White *Sunrise: 5:33AM*
Muruqa: Clear *Sunset: 7:30PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Moscow, Russia
Sun 7 Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 7
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Chidambaram Abhishekam
Tamil New Year

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Moscow, Russia Sun 8 Sutra 363
	Makara Rasi: 23.49	Tithi 25	Gulika 5:31AM – 7:16AM	Dhanishtha Until 3:26AM Sun	Ganesha: White	<i>Sunrise:</i> 5:31AM	Sobhana 5125
			Yama 2:17PM – 4:02PM	Subha Until 12:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 1 - 8
	Creative Work	Siddha Yoga	299996578 Rahu 9:01AM – 10:46AM	Vanija Until 7:38AM	Nataraja: Clear		2nd Phase
			Dashami Until 6:22PM	Moon – Purple		Bhuloka Day	
				Chaitra•Chaitra		Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Moscow, Russia Sun 9 Sutra 364
	Kumbha Rasi: 8.11	Tithi 26 – 27	Gulika 4:03PM – 5:49PM	Shatabhishak Until 1:33AM Mon	Ganesha: White	<i>Sunrise:</i> 5:28AM	Sobhana 5125
			Yama 12:31PM – 2:17PM	Sukla Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 1 - 9
	Creative Work	Siddha Yoga	299996578 Rahu 5:49PM – 7:34PM	Kaulava Until 2:37AM Mon	Nataraja: Clear		2nd Phase
			Ekadashi* Until 3:51PM	Moon – Purple		Bhuloka Day	
				Chaitra•Chaitra		Devaloka Time: 3:PM to 6:PM	
						Then Routine Work - Marana Yoga	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Moscow, Russia Sun 10 Sutra 1
	Kumbha Rasi: 22.34	Tithi 27 – 28	Gulika 2:17PM – 4:04PM	Purvaproshtapada* Until 12:01AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:26AM	Sobhana 5125
	Family Home Evening		Yama 10:45AM – 12:31PM	Brahma Until 9:39PM	Muruqa: Clear	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 1 - 10
	Routine Work	Marana Yoga	211996578 Rahu 7:12AM – 8:58AM	Gara Until 12:11AM Tue	Nataraja: Clear		2nd Phase
			Dvadashi* Until 1:22PM	Moon – Clear		Devaloka Day	
				Chaitra•Chaitra			
						Then Creative Work - Amrita Yoga	
						<i>Pradosha Vrata (Fasting)</i>	

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Moscow, Russia Sun 11 Sutra 2
	Meena Rasi: 6.53	Tithi 28 – 29	Gulika 12:31PM – 2:18PM	Uttaraproshtapada Until 10:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:23AM	Sobhana 5125
			Yama 8:57AM – 10:44AM	Indra Until 3:40PM	Muruqa: Clear	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 1 - 11
	Creative Work	Amrita Yoga	211996578 Rahu 4:05PM – 5:52PM	Visti Until 9:57PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 11:01AM	Moon – Clear		Devaloka Day	
				Chaitra•Chaitra			
						Then Creative Work - Siddha Yoga	

●	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Moscow, Russia Sun 12 Sutra 3
	Retreat Star		Gulika 10:43AM – 12:31PM	Revati Until 9:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	Sobhana 5125
	Meena Rasi: 21.02	Tithi 29 – 30	Yama 7:08AM – 8:56AM	Vaidhriti* Until 12:54PM	Muruqa: Clear	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 1 - 12
	Routine Work	Marana Yoga	211996578 Rahu 12:31PM – 2:18PM	Catuspada Until 8:02PM	Nataraja: Clear		Amavasya
			Chaturdashi* Until 8:55AM	Moon – Clear		Devaloka Day	
				Chaitra•Chaitra			

●	Thursday, April 20, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Moscow, Russia Sun 13 Sutra 4
	Retreat Star		Gulika 8:54AM – 10:42AM	Ashvini Until 8:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	Sobhana 5125
	Mesha Rasi: 4.58	Tithi 30 – 1	Yama 5:18AM – 7:06AM	Vishkambha* Until 10:28AM	Muruqa: Clear	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 1 - 13
	Creative Work	Amrita Yoga	221996578 Rahu 2:18PM – 4:06PM	Kintughna Until 6:32PM	Nataraja: Clear		Prathama
			Amavasya* Until 7:12AM	Moon – White		Devaloka Day	
				Vaisaka•Chaitra			
						Then Creative Work - Siddha Yoga	

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Moscow, Russia Sun 14 Sutra 5 Sobhana 5125
	Mesha Rasi: 18.36	Tithi 2	Gulika 7:04AM – 8:53AM	Bharani Until 8:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	
			Yama 4:07PM – 5:56PM	Priti Until 8:27AM	Muruqa: Clear	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 Rahu 10:42AM – 12:30PM	Balava Until 5:35PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 5:19AM Sat	Moon – White	Devaloka Day		
			Vaisaka-Chaitra				

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Moscow, Russia Sun 15 Sutra 6 Sobhana 5125
	Vrishabha Rasi: 1.54	Tithi 3	Gulika 5:14AM – 7:03AM	Krittika Until 8:44PM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM	
			Yama 2:19PM – 4:08PM	Ayushman Until 6:53AM	Muruqa: Clear	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 Rahu 8:52AM – 10:41AM	Taitila Until 5:15PM	Nataraja: Clear		3rd Phase
			Akshaya Tritiya	Tritiya Until 5:19AM Sun	Moon – White	Devaloka Day	
			Vaisaka-Chaitra				

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Moscow, Russia Sun 16 Sutra 7 Sobhana 5125
	Vrishabha Rasi: 14.52	Tithi 4	Gulika 4:09PM – 5:59PM	Rohini Until 9:58PM	Ganesha: Orange	<i>Sunrise:</i> 5:11AM	
			Yama 12:30PM – 2:19PM	Sobhana Until 5:20AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 Rahu 5:59PM – 7:48PM	Vanija Until 5:35PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 5:59AM Mon	Moon – Yellow	Devaloka Day		
			Vaisaka-Chaitra				

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava Karana Panchamyam Titau				Moscow, Russia Sun 17 Sutra 8 Sobhana 5125
	Vrishabha Rasi: 27.31	Tithi 5	Gulika 2:20PM – 4:10PM	Mrigashira Until 11:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:09AM	
	Family Home Evening		Yama 10:39AM – 12:30PM	Athiganda* Until 5:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 Rahu 6:59AM – 8:49AM	Bava Until 6:34PM	Nataraja: Clear		3rd Phase
			Panchami Until 7:15AM Tue	Moon – Yellow	Devaloka Day		
			Vaisaka-Chaitra				

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Moscow, Russia Sun 18 Sutra 9 Sobhana 5125
	Mithuna Rasi: 9.53	Tithi 5 – 6	Gulika 12:29PM – 2:20PM	Ardra Until 1:44AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:06AM	
			Yama 8:48AM – 10:39AM	Sukarma Until 5:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:52PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 Rahu 4:11PM – 6:02PM	Kaulava Until 8:07PM	Nataraja: Purple		3rd Phase
			Panchami Until 7:15AM	Moon – Yellow	Sivaloka Day		
			Vaisaka-Chaitra				

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Moscow, Russia Sun 19 Sutra 10 Sobhana 5125
	Mithuna Rasi: 22.03	Tithi 6 – 7	Gulika 10:38AM – 12:29PM	Punarvasu Until 4:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:04AM	
			Yama 6:55AM – 8:47AM	Dhriti Until 6:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 Rahu 12:29PM – 2:20PM	Gara Until 10:06PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 9:02AM	Moon – Blue	Subha Sivaloka Day		
			Vaisaka-Chaitra				

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Moscow, Russia Sun 20 Sutra 11 Sobhana 5125
	Retreat Star		Gulika 8:45AM – 10:37AM	Pushya Until 7:21AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:02AM	
	Kataka Rasi: 4.04	Tithi 7 – 8	Yama 5:02AM – 6:54AM	Dhriti Until 6:18AM	Muruqa: Clear	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 Rahu 2:21PM – 4:13PM	Visti Until 12:21AM Fri	Nataraja: Purple		Ashtami
			Saptami Until 11:11AM	Moon – Blue	Sivaloka Day		
			Vaisaka-Chaitra				

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Moscow, Russia Sun 21 Sutra 12 Sobhana 5125
	Retreat Star		Gulika 6:52AM – 8:44AM	Pushya Until 7:21AM	Ganesha: Red	<i>Sunrise:</i> 4:59AM	
	Kataka Rasi: 15.59	Tithi 8 – 9	Yama 4:14PM – 6:06PM	Shula* Until 7:06AM	Muruqa: Clear	<i>Sunset:</i> 7:58PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 Rahu 10:36AM – 12:29PM	Balava Until 2:42AM Sat	Nataraja: Purple		Navami
			Ashtami* Until 1:30PM	Moon – Blue	Sivaloka Day		
			Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yukhtayam Ashlesha* Magha* Nakshatra Ganda* Vridhhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Moscow, Russia Sun 22	Sutra 13
	Kataka Rasi: 27.53	Tithi 9 – 10	242996579	Gulika 4:57AM – 6:50AM Yama 2:22PM – 4:14PM Rahu 8:43AM – 10:36AM	Ashlesha* Until 10:03AM Ganda* Until 7:57AM Taitila Until 4:55AM Sun Navami* Until 3:49PM	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Blue	Sunrise: 4:57AM Sunset: 8:00PM	Sobhana 5125 Moon 4 - Phase 3 - 22 4th Phase
Routine Work Marana Yoga Until 10:03AM Then Creative Work - Amrita Yoga						Sivaloka Day		


2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Moscow, Russia Sun 23	Sutra 14
	Simha Rasi: 9.51	Tithi 10 – 11	252996579	Gulika 4:15PM – 6:09PM Yama 12:29PM – 2:22PM Rahu 6:09PM – 8:02PM	Magha* Until 12:56PM Vridhhi Until 8:42AM Vanija Until 6:51AM Mon Dashami Until 5:55PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 4:55AM Sunset: 8:02PM	Sobhana 5125 Moon 4 - Phase 3 - 23 4th Phase
Routine Work Marana Yoga Until 12:56PM Then Creative Work - Siddha Yoga						Devaloka Day		

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Moscow, Russia Sun 24	Sutra 15
	Simha Rasi: 21.56	Tithi 11	252996579	Gulika 2:23PM – 4:17PM Yama 10:34AM – 12:28PM Rahu 6:45AM – 8:39AM	Purvaphalguni Until 3:17PM Dhruva Until 9:10AM Vanija Until 6:51AM Ekadashi Until 7:38PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 4:50AM Sunset: 8:06PM	Sobhana 5125 Moon 4 - Phase 3 - 24 4th Phase
Family Home Evening Creative Work Siddha Yoga						Devaloka Day		

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Moscow, Russia Sun 25	Sutra 16
	Kanya Rasi: 4.12	Tithi 12	252996579	Gulika 12:28PM – 2:23PM Yama 8:38AM – 10:33AM Rahu 4:18PM – 6:13PM	Uttaraphalguni Until 5:00PM Vyaghata* Until 9:17AM Bava Until 8:19AM Dvadashi Until 8:48PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 4:48AM Sunset: 8:08PM	Sobhana 5125 Moon 4 - Phase 3 - 25 4th Phase
Creative Work Amrita Yoga Until 5:00PM Then Creative Work - Siddha Yoga						Devaloka Day		

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yukhtayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Moscow, Russia Sun 26	Sutra 17
	Kanya Rasi: 16.43	Tithi 13	262996579	Gulika 10:32AM – 12:28PM Yama 6:41AM – 8:37AM Rahu 12:28PM – 2:24PM	Hasta Until 6:27PM Harshana Until 8:58AM Kaulava Until 9:11AM Trayodashi Until 9:22PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 4:46AM Sunset: 8:10PM	Sobhana 5125 Moon 4 - Phase 3 - 26 4th Phase
Routine Work Marana Yoga Until 6:27PM Then Creative Work - Siddha Yoga						Sivaloka Day		
<i>Pradosha Vrata</i>								

6	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yukhtayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Moscow, Russia Sun 27	Sutra 18
	Kanya Rasi: 29.31	Tithi 14	262996579	Gulika 8:36AM – 10:32AM Yama 4:44AM – 6:40AM Rahu 2:24PM – 4:20PM	Chitra Until 7:07PM Vajra* Until 8:07AM Gara Until 9:26AM Chaturdashi* Until 9:18PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 4:44AM Sunset: 8:12PM	Sobhana 5125 Moon 4 - Phase 3 - 27 4th Phase
Creative Work Siddha Yoga Until 7:07PM Then Creative Work - Amrita Yoga						Sivaloka Day		

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yukhtayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Moscow, Russia Sun 28	Sutra 19
	Tula Rasi: 12.38	Tithi 15	262996579	Gulika 6:38AM – 8:35AM Yama 4:21PM – 6:17PM Rahu 10:31AM – 12:28PM	Svati Until 7:02PM Siddhi Until 6:48AM Visti Until 9:03AM Purnima* Until 8:37PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 4:42AM Sunset: 8:14PM	Sobhana 5125 Moon 4 - Phase 3 - Purnima
Creative Work Siddha Yoga			Budha Purnima (Tamil Nadu)			Sivaloka Day		

7	Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Vishakha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Moscow, Russia Sun 29	Sutra 20
	Tula Rasi: 26.05	Tithi 16	272996579	Gulika 4:40AM – 6:37AM Yama 2:25PM – 4:22PM Rahu 8:34AM – 10:31AM	Vishakha Until 6:43PM Variyan Until 2:50AM Sun Balava Until 8:05AM Prathama* Until 7:24PM	Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 4:40AM Sunset: 8:16PM	Sobhana 5125 Moon 4 - Phase 3 - Prathama
Creative Work Siddha Yoga						Devaloka Day		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda