



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago
Sutra 1

Tula Rasi: 25.59 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 6:07PM
Then Creative Work - Siddha Yoga

Gulika 1:38PM – 3:10PM
Yama 10:32AM – 12:05PM
Rahu 7:26AM – 8:59AM
Vishakha Until 6:07PM
Siddhi Until 10:51AM
Vanija Until 8:32PM
Dvitiya Until 9:54AM

Ganesha: Purple *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Varyian Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

ain, Trinidad and Tobago
Sun 1 Sutra 2

Virschika Rasi: 10.32 Tithi 18 – 19
278345478
Creative Work Siddha Yoga
Until 4:06PM
Then Routine Work - Marana Yoga

Gulika 12:04PM – 1:37PM
Yama 8:59AM – 10:32AM
Rahu 3:10PM – 4:43PM
Anuradha Until 4:06PM
Vyatipata* Until 7:29AM
Balava Until 4:21AM Wed
Tritiya Until 7:07AM

Ganesha: Purple *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago
Sun 2 Sutra 3

Virschika Rasi: 25.04 Tithi 20
278345478
Creative Work Siddha Yoga
Until 2:00PM
Then Routine Work - Marana Yoga

Gulika 10:31AM – 12:04PM
Yama 7:25AM – 8:58AM
Rahu 12:04PM – 1:37PM
Jyeshtha* Until 2:00PM
Parigha* Until 12:47AM Thu
Kaulava Until 3:01PM
Panchami Until 1:40AM Thu

Ganesha: Purple *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 2 1st Phase

Bhuloka Day

3

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

ain, Trinidad and Tobago
Sun 3 Sutra 4

Dhanus Rasi: 9.32 Tithi 21
288345478
Creative Work Siddha Yoga

Gulika 8:58AM – 10:31AM
Yama 5:52AM – 7:25AM
Rahu 1:37PM – 3:10PM
Mula* Until 12:19PM
Shiva Until 9:39PM
Gara Until 12:25PM
Shashthi* Until 11:11PM

Ganesha: Clear *Sunrise:* 5:52AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 3 1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Visti*/Bava Karana Saptamyam Titau

ain, Trinidad and Tobago
Sun 4 Sutra 5

Dhanus Rasi: 23.52 Tithi 22
289345478
Routine Work Prabalarishta Yoga
Until 10:43AM
Then Routine Work - Marana Yoga

Gulika 7:24AM – 8:58AM
Yama 3:10PM – 4:43PM
Rahu 10:31AM – 12:04PM
Purvashadha* Until 10:43AM
Siddha Until 6:42PM
Visti Until 10:03AM
Saptami Until 8:57PM

Ganesha: Purple *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 4 1st Phase

Devaloka Day

5

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago
Sun 5 Sutra 6

Makara Rasi: 8 Tithi 23
289345478
Routine Work Marana Yoga
Until 9:15AM
Then Creative Work - Siddha Yoga

Gulika 5:51AM – 7:24AM
Yama 1:37PM – 3:10PM
Rahu 8:57AM – 10:30AM
Uttarashadha Until 9:15AM
Sadhya Until 4:00PM
Balava Until 7:58AM
Ashtami* Until 7:02PM

Ganesha: Purple *Sunrise:* 5:51AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 5 Ashtami

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

ain, Trinidad and Tobago
Sun 6 Sutra 7

Makara Rasi: 21.56 Tithi 24 – 25
299345479
Creative Work Amrita Yoga
Until 8:24AM
Then Routine Work - Marana Yoga

Gulika 3:10PM – 4:43PM
Yama 12:03PM – 1:37PM
Rahu 4:43PM – 6:17PM
Shravana Until 8:24AM
Subha Until 1:35PM
Taitila Until 6:12AM
Navami* Until 5:26PM

Ganesha: Clear *Sunrise:* 5:50AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 - 6 Navami

Devaloka Day

Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau				ain, Trinidad and Tobago
1		Gulika 1:37PM – 3:10PM	Dhanishtha Until 7:45AM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Sun 7 Sutra 8
Kumbha Rasi: 5.4	Tithi 25 – 26	Yama 10:30AM – 12:03PM	Sukla Until 11:26AM	Muruqa: White	<i>Sunset:</i> 6:17PM	Subhakrit 5124
Family Home Evening	299345479	Rahu 7:23AM – 8:57AM	Bava Until 3:45AM Tue	Nataraja: Clear		Moon 4 - Phase 2 - 7
Creative Work	Siddha Yoga		Dashami Until 4:12PM	Moon – Purple		2nd Phase
				Chaitra+Chaitra		Devaloka Day

Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				ain, Trinidad and Tobago
2		Gulika 12:03PM – 1:37PM	Shatabhishak Until 7:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Sun 8 Sutra 9
Kumbha Rasi: 19.1	Tithi 26 – 27	Yama 8:56AM – 10:30AM	Brahma Until 9:36AM	Muruqa: White	<i>Sunset:</i> 6:17PM	Subhakrit 5124
Routine Work	Marana Yoga	299345479	Kaulava Until 3:07AM Wed	Nataraja: Clear		Moon 4 - Phase 2 - 8
			Ekadashi* Until 3:21PM	Moon – Purple		2nd Phase
				Chaitra+Chaitra		Devaloka Day

Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhritii Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago
3		Gulika 10:30AM – 12:03PM	Purvaproshtapada* Until 7:36AM	Ganesha: Red	<i>Sunrise:</i> 5:49AM	Sun 9 Sutra 10
Meena Rasi: 2.26	Tithi 27 – 28	Yama 7:23AM – 8:56AM	Indra Until 8:07AM	Muruqa: White	<i>Sunset:</i> 6:17PM	Subhakrit 5124
Creative Work	Amrita Yoga	219345479	Gara Until 2:54AM Thu	Nataraja: Clear		Moon 4 - Phase 2 - 9
Until 7:36AM			Dvadashi* Until 2:56PM	Moon – Clear		2nd Phase
Then Creative Work - Siddha Yoga				Chaitra+Chaitra		Devaloka Day
				<i>Pradosha Vrata (Fasting)</i>		

Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarproshtapada/Revati Nakshatra Vaidhritii/Vishkambha Yoga Vanija/Vistii Karana Trayodashi/Chaturdashyam Titau				ain, Trinidad and Tobago
4		Gulika 8:56AM – 10:29AM	Uttarproshtapada Until 8:10AM	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	Sun 10 Sutra 11
Meena Rasi: 15.29	Tithi 28 – 29	Yama 5:49AM – 7:22AM	Vaidhritii* Until 6:57AM	Muruqa: White	<i>Sunset:</i> 6:17PM	Subhakrit 5124
Creative Work	Siddha Yoga	219445479	Vistii Until 3:10AM Fri	Nataraja: Clear		Moon 4 - Phase 2 - 10
			Trayodashi* Until 2:57PM	Moon – Clear		2nd Phase
				Chaitra+Chaitra		Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha/Priti Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Titau				ain, Trinidad and Tobago
5		Gulika 7:22AM – 8:56AM	Revati Until 9:02AM	Ganesha: White	<i>Sunrise:</i> 5:48AM	Sun 11 Sutra 12
Meena Rasi: 28.18	Tithi 29 – 30	Yama 3:10PM – 4:43PM	Vishkambha* Until 6:11AM	Muruqa: White	<i>Sunset:</i> 6:17PM	Subhakrit 5124
Creative Work	Siddha Yoga	211445479	Catuspada Until 3:55AM Sat	Nataraja: Clear		Moon 4 - Phase 2 - 11
Until 9:02AM			Chaturdashi* Until 3:27PM	Moon – Clear		2nd Phase
Then Creative Work - Amrita Yoga				Chaitra+Chaitra		Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga/Kintughna Karana Amavasya/Prathamayam Titau				ain, Trinidad and Tobago
Retreat Star		Gulika 5:48AM – 7:22AM	Ashvini Until 10:41AM	Ganesha: Green	<i>Sunrise:</i> 5:48AM	Sun 12 Sutra 13
Mesha Rasi: 10.53	Tithi 30 – 1	Yama 1:36PM – 3:10PM	Ayushman Until 5:46AM Sun	Muruqa: White	<i>Sunset:</i> 6:17PM	Subhakrit 5124
Creative Work	Siddha Yoga	221445479	Kintughna Until 5:10AM Sun	Nataraja: Clear		Moon 4 - Phase 2 - 12
			Amavasya* Until 4:27PM	Moon – White		Amavasya
				Chaitra+Chaitra		Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				ain, Trinidad and Tobago
Retreat Star		Gulika 3:10PM – 4:44PM	Bharani Until 12:40PM	Ganesha: Green	<i>Sunrise:</i> 5:48AM	Sun 13 Sutra 14
Mesha Rasi: 23.15	Tithi 1 – 2	Yama 12:02PM – 1:36PM	Saubhagya Until 6:07AM Mon	Muruqa: White	<i>Sunset:</i> 6:17PM	Subhakrit 5124
Routine Work	Prabalarishta Yoga	221445479	Balava Until 6:52AM Mon	Nataraja: Clear		Moon 4 - Phase 2 - 13
Until 12:40PM			Prathama* Until 5:56PM	Moon – White		Prathama
Then Creative Work - Siddha Yoga				Vaisaka+Chaitra		Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago
1		Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvilyayam Titau		Sun 14 Sutra 15
Wrishabha Rasi: 5.26	Tithi 2	Gulika 1:36PM – 3:10PM	Krittika Until 2:55PM	Subhakit 5124
Family Home Evening	221445479	Yama 10:29AM – 12:02PM	Saubhagya Until 6:07AM	Moon 4 - Phase 3 - 14
Routine Work Marana Yoga		Rahu 7:21AM – 8:55AM	Balava Until 6:52AM	3rd Phase
Until 2:55PM			Dvitiya Until 7:51PM	
Then Creative Work - Amrita Yoga			Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Tuesday, May 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago
2		Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Trityayam Titau		Sun 15 Sutra 16
Wrishabha Rasi: 17.26	Tithi 3	Gulika 12:02PM – 1:36PM	Rohini Until 5:50PM	Subhakit 5124
	231445479	Yama 8:55AM – 10:28AM	Sobhana Until 6:47AM	Moon 4 - Phase 3 - 15
Creative Work Amrita Yoga		Rahu 3:10PM – 4:44PM	Taitila Until 8:58AM	3rd Phase
Until 5:50PM		Akshaya Tritiya	Tritiya Until 10:06PM	
Then Creative Work - Siddha Yoga			Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Wednesday, May 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
3		Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 16 Sutra 17
Wrishabha Rasi: 29.21	Tithi 4	Gulika 10:28AM – 12:02PM	Mrigashira Until 8:48PM	Subhakit 5124
	231445479	Yama 7:20AM – 8:54AM	Athiganda* Until 7:38AM	Moon 4 - Phase 3 - 16
Creative Work Siddha Yoga		Rahu 12:02PM – 1:36PM	Vanija Until 11:21AM	3rd Phase
			Chaturthi* Until 12:34AM Thu	
			Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Thursday, May 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago
4		Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Sun 17 Sutra 18
Mithuna Rasi: 11.11	Tithi 5	Gulika 8:54AM – 10:28AM	Ardra Until 11:40PM	Subhakit 5124
	231445479	Yama 5:46AM – 7:20AM	Sukarma Until 8:37AM	Moon 4 - Phase 3 - 17
Routine Work Marana Yoga		Rahu 1:36PM – 3:10PM	Bava Until 1:51PM	3rd Phase
Until 11:40PM			Panchami Until 3:04AM Fri	
Then Creative Work - Amrita Yoga			Bhuloka Day	Devaloka Time: 6:PM to 9:PM

Friday, May 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago
5		Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 18 Sutra 19
Mithuna Rasi: 23.02	Tithi 6	Gulika 7:20AM – 8:54AM	Punarvasu Until 2:46AM Sat	Subhakit 5124
	241445479	Yama 3:10PM – 4:44PM	Dhriti Until 9:36AM	Moon 4 - Phase 3 - 18
Creative Work Siddha Yoga		Rahu 10:28AM – 12:02PM	Kaulava Until 4:18PM	3rd Phase
			Shashthi* Until 5:26AM Sat	
			Devaloka Day	

Saturday, May 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago
6		Pushya Nakshatra Shula*/Ganda* Yoga Gara Karana Saptamyam Titau		Sun 19 Sutra 20
Kataka Rasi: 4.56	Tithi 7	Gulika 5:46AM – 7:20AM	Pushya Until 5:25AM Sun	Subhakit 5124
	241445479	Yama 1:36PM – 3:10PM	Shula* Until 10:26AM	Moon 4 - Phase 3 - 19
Creative Work Siddha Yoga		Rahu 8:54AM – 10:28AM	Gara Until 6:31PM	3rd Phase
			Saptami Until 7:28AM Sun	
			Devaloka Day	

Sunday, May 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago
Retreat Star		Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20 Sutra 21
Kataka Rasi: 16.57	Tithi 7 – 8	Gulika 3:10PM – 4:44PM	Ashlesha* Until 7:25AM Mon	Subhakit 5124
	241445479	Yama 12:02PM – 1:36PM	Ganda* Until 11:00AM	Moon 4 - Phase 3 - 20
Creative Work Siddha Yoga		Rahu 4:44PM – 6:18PM	Visti Until 8:20PM	Ashtami
Until 7:25AM Mon		Mother's Day	Saptami Until 7:28AM	
Then Routine Work - Marana Yoga			Devaloka Day	

Monday, May 9, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago
Retreat Star		Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21 Sutra 22
Kataka Rasi: 29.11	Tithi 8 – 9	Gulika 1:36PM – 3:10PM	Ashlesha* Until 7:25AM	Subhakit 5124
Family Home Evening	241445479	Yama 10:28AM – 12:02PM	Vridhhi Until 11:11AM	Moon 4 - Phase 3 - 21
Creative Work Siddha Yoga		Rahu 7:19AM – 8:53AM	Balava Until 9:33PM	Navami
Until 7:25AM			Ashtami* Until 9:00AM	
Then Routine Work - Marana Yoga			Devaloka Day	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


1		Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				ain, Trinidad and Tobago
Simha Rasi: 11.4	Tithi 9 – 10	Gulika	12:02PM – 1:36PM	Magha* Until 9:08AM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Sun 22	Sutra 23
		Yama	8:53AM – 10:27AM	Dhruva Until 10:49AM	Muruqa: White	<i>Sunset:</i> 6:19PM		Subhakrit 5124
252445479		Rahu	3:10PM – 4:44PM	Taitila Until 10:04PM	Nataraja: Clear		Moon 4 - Phase 4 - 22	4th Phase
Creative Work	Siddha Yoga			Navami* Until 9:53AM	Moon – Red			Devaloka Day
					Vaisaka-Chaitra			

2		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				ain, Trinidad and Tobago
Simha Rasi: 24.31	Tithi 10 – 11	Gulika	10:27AM – 12:02PM	Purvaphalguni Until 9:57AM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Sun 23	Sutra 24
		Yama	7:19AM – 8:53AM	Vyaghata* Until 9:53AM	Muruqa: White	<i>Sunset:</i> 6:19PM		Subhakrit 5124
252445479		Rahu	12:02PM – 1:36PM	Vanija Until 9:49PM	Nataraja: Clear		Moon 4 - Phase 4 - 23	4th Phase
Creative Work	Amrita Yoga			Dashami Until 10:01AM	Moon – Red			Devaloka Day
					Vaisaka-Chaitra			

3		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				ain, Trinidad and Tobago
Kanya Rasi: 7.44	Tithi 11 – 12	Gulika	8:53AM – 10:27AM	Uttaraphalguni Until 9:51AM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	Sun 24	Sutra 25
		Yama	5:44AM – 7:19AM	Harshana Until 8:21AM	Muruqa: White	<i>Sunset:</i> 6:19PM		Subhakrit 5124
252445479		Rahu	1:36PM – 3:10PM	Bava Until 8:47PM	Nataraja: Clear		Moon 4 - Phase 4 - 24	4th Phase
	Amrita Yoga			Ekadashi Until 9:23AM	Moon – Red			Devaloka Day
Until 9:51AM					Vaisaka-Chaitra			
Then Routine Work - Marana Yoga								

4		Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago
Kanya Rasi: 21.24	Tithi 12 – 13	Gulika	7:18AM – 8:53AM	Hasta Until 9:19AM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Sun 25	Sutra 26
		Yama	3:10PM – 4:45PM	Vajra* Until 6:11AM	Muruqa: White	<i>Sunset:</i> 6:19PM		Subhakrit 5124
252445479		Rahu	10:27AM – 12:02PM	Kaulava Until 7:02PM	Nataraja: Clear		Moon 4 - Phase 4 - 25	4th Phase
Creative Work	Amrita Yoga			Dvadashi Until 7:58AM	Moon – Green			Sivaloka Day
Until 9:19AM					Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga								
					<i>Pradosha Vrata</i>			

5		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				ain, Trinidad and Tobago
Tula Rasi: 5.29	Tithi 14	Gulika	5:44AM – 7:18AM	Chitra Until 7:58AM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Sun 26	Sutra 27
		Yama	1:36PM – 3:11PM	Vyatipata* Until 12:19AM Sun	Muruqa: White	<i>Sunset:</i> 6:19PM		Subhakrit 5124
262445479		Rahu	8:53AM – 10:27AM	Gara Until 4:40PM	Nataraja: Clear		Moon 4 - Phase 4 - 26	4th Phase
Routine Work	Marana Yoga			Chaturdashi* Until 3:16AM Sun	Moon – Green			Sivaloka Day
Until 7:58AM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				ain, Trinidad and Tobago
Copper Retreat Star		Gulika	3:11PM – 4:45PM	Vishakha Until 3:47AM Mon	Ganesha: White	<i>Sunrise:</i> 5:44AM	Sun 27	Sutra 28
Tula Rasi: 19.56	Tithi 15	Yama	12:02PM – 1:36PM	Variyan Until 8:46PM	Muruqa: White	<i>Sunset:</i> 6:20PM		Subhakrit 5124
262445479		Rahu	4:45PM – 6:20PM	Visti Until 1:49PM	Nataraja: Clear		Moon 4 - Phase 4 - 27	Purnima
Routine Work	Marana Yoga			Purnima* Until 12:14AM Mon	Moon – Green			Sivaloka Day
Until 3:47AM Mon					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

Monday, May 16, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				ain, Trinidad and Tobago
Vrischika Rasi: 4.41	Tithi 16	Gulika	1:36PM – 3:11PM	Anuradha Until 1:15AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Sun 29	Sutra 29
Family Home Evening		Yama	10:27AM – 12:02PM	Parigha* Until 5:00PM	Muruqa: White	<i>Sunset:</i> 6:20PM		Subhakrit 5124
272445479		Rahu	7:18AM – 8:53AM	Balava Until 10:37AM	Nataraja: Clear		Moon 4 - Phase 4 -	Prathama
Creative Work	Siddha Yoga			Prathama* Until 8:56PM	Moon – Orange			Devaloka Day
Until 1:15AM Tue					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago
Sun 1 Sutra 30

Vrischika Rasi: 19.37 Tithi 17 – 18

272445479

Gulika 12:02PM – 1:36PM
Yama 8:52AM – 10:27AM
Rahu 3:11PM – 4:45PM

Jyeshtha* Until 10:31PM
Shiva Until 1:07PM
Taitila Until 7:14AM
Dvitiya Until 5:31PM

Ganesha: Yellow *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 10:31PM
Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago
Sun 2 Sutra 31

Dhanus Rasi: 4.34 Tithi 18 – 19

282445479

Gulika 10:27AM – 12:02PM
Yama 7:18AM – 8:52AM
Rahu 12:02PM – 1:36PM

Mula* Until 8:07PM
Siddha Until 9:13AM
Bava Until 12:30AM Thu
Tritiya Until 2:08PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga
Until 8:07PM
Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago
Sun 3 Sutra 32

Dhanus Rasi: 19.25 Tithi 19 – 20

282445479

Gulika 8:52AM – 10:27AM
Yama 5:43AM – 7:18AM
Rahu 1:36PM – 3:11PM

Purvashadha* Until 5:47PM
Subha Until 1:55AM Fri
Kaulava Until 9:26PM
Chaturthi* Until 10:55AM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga
Until 5:47PM
Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

ain, Trinidad and Tobago
Sun 4 Sutra 33

Makara Rasi: 4.05 Tithi 20 – 21

282445479

Gulika 7:18AM – 8:52AM
Yama 3:11PM – 4:46PM
Rahu 10:27AM – 12:02PM

Uttarashadha Until 3:40PM
Sukla Until 10:41PM
Gara Until 6:43PM
Panchami Until 8:01AM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saphtamyam Titau

ain, Trinidad and Tobago
Sun 5 Sutra 34

Makara Rasi: 18.26 Tithi 22

292445479

Gulika 5:43AM – 7:18AM
Yama 1:37PM – 3:11PM
Rahu 8:52AM – 10:27AM

Shravana Until 2:17PM
Brahma Until 7:51PM
Visti Until 4:28PM
Saphtami Until 3:31AM Sun

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago
Sun 6 Sutra 35

Kumbha Rasi: 2.28 Tithi 23

292445479

Gulika 3:12PM – 4:46PM
Yama 12:02PM – 1:37PM
Rahu 4:46PM – 6:21PM

Dhanishtha Until 1:17PM
Indra Until 5:29PM
Balava Until 2:45PM
Ashtami* Until 2:06AM Mon

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 1:17PM
Then Creative Work - Siddha Yoga

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago
Sun 7 Sutra 36

Kumbha Rasi: 16.08 Tithi 24

293545479

Gulika 1:37PM – 3:12PM
Yama 10:27AM – 12:02PM
Rahu 7:17AM – 8:52AM

Shatabhishak Until 12:43PM
Vaidhriti* Until 3:34PM
Taitila Until 1:38PM
Navami* Until 1:16AM Tue

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 6:21PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 12:43PM
Then Routine Work - Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1		Tuesday, May 24, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkamba*/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		ain, Trinidad and Tobago Sun 8 Sutra 37	
Kumbha Rasi: 29.28	Tithi 25	Gulika	12:02PM – 1:37PM	Purvaproshtapada* Until 1:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM		Subhakra 5124	
		Yama	8:52AM – 10:27AM	Vishkamba* Until 2:09PM	Muruqa: White	<i>Sunset:</i> 6:22PM		Moon 5 - Phase 6 - 8	
		213545479 Rahu	3:12PM – 4:47PM	Vanija Until 1:06PM	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga			Dashami Until 1:02AM Wed	Moon – Clear			Devaloka Day	
Until 1:03PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

2		Wednesday, May 25, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		ain, Trinidad and Tobago Sun 9 Sutra 38	
Meena Rasi: 12.29	Tithi 26	Gulika	10:27AM – 12:02PM	Uttaraproshtapada Until 1:48PM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM		Subhakra 5124	
		Yama	7:17AM – 8:52AM	Priti Until 1:13PM	Muruqa: White	<i>Sunset:</i> 6:22PM		Moon 5 - Phase 6 - 9	
		313545479 Rahu	12:02PM – 1:37PM	Bava Until 1:10PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 1:23AM Thu	Moon – Clear			Sivaloka Day	
Until 1:48PM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

3		Thursday, May 26, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tatila Karana Dvadashyam Titau		ain, Trinidad and Tobago Sun 10 Sutra 39	
Meena Rasi: 25.13	Tithi 27	Gulika	8:52AM – 10:27AM	Revati Until 2:57PM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM		Subhakra 5124	
		Yama	5:42AM – 7:17AM	Ayushman Until 12:42PM	Muruqa: White	<i>Sunset:</i> 6:22PM		Moon 5 - Phase 6 - 10	
		313545479 Rahu	1:37PM – 3:12PM	Kaulava Until 1:47PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 2:17AM Fri	Moon – Clear			Sivaloka Day	
Until 2:57PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

4		Friday, May 27, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		ain, Trinidad and Tobago Sun 11 Sutra 40	
Mesha Rasi: 7.43	Tithi 28	Gulika	7:17AM – 8:52AM	Ashvini Until 4:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM		Subhakra 5124	
		Yama	3:12PM – 4:47PM	Saubhagya Until 12:35PM	Muruqa: White	<i>Sunset:</i> 6:22PM		Moon 5 - Phase 6 - 11	
		323545479 Rahu	10:27AM – 12:02PM	Gara Until 2:55PM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 3:39AM Sat	Moon – White			Devaloka Day	
Until 4:54PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, May 28, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		ain, Trinidad and Tobago Sun 12 Sutra 41	
Mesha Rasi: 20	Tithi 29	Gulika	5:42AM – 7:17AM	Bharani Until 7:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM		Subhakra 5124	
		Yama	1:38PM – 3:13PM	Sobhana Until 12:51PM	Muruqa: White	<i>Sunset:</i> 6:23PM		Moon 5 - Phase 6 - 12	
		323545479 Rahu	8:52AM – 10:27AM	Visti Until 4:30PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 5:25AM Sun	Moon – White			Devaloka Day	
Until 7:08PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

Retreat Star		Sunday, May 29, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada* Karana Amavasyayam Titau		ain, Trinidad and Tobago Sun 13 Sutra 42	
Vrishabha Rasi: 2.08	Tithi 30	Gulika	3:13PM – 4:48PM	Krittika Until 9:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM		Subhakra 5124	
		Yama	12:03PM – 1:38PM	Athiganda* Until 1:22PM	Muruqa: White	<i>Sunset:</i> 6:23PM		Moon 5 - Phase 6 - 13	
		323545479 Rahu	4:48PM – 6:23PM	Catuspada Until 6:28PM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 7:32AM Mon	Moon – White			Devaloka Day	
					Vaisaka-Vaikasi				

Retreat Star		Monday, May 30, 2022				Subhakra Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		ain, Trinidad and Tobago Sun 14 Sutra 43	
Vrishabha Rasi: 14.07	Tithi 30 – 1	Gulika	1:38PM – 3:13PM	Rohini Until 12:33AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:42AM		Subhakra 5124	
Family Home Evening		Yama	10:28AM – 12:03PM	Sukarma Until 2:09PM	Muruqa: White	<i>Sunset:</i> 6:23PM		Moon 5 - Phase 6 - 14	
		333545479 Rahu	7:17AM – 8:53AM	Kintughna Until 8:42PM	Nataraja: Clear			Prathama	
Creative Work	Amrita Yoga			Amavasya* Until 7:32AM	Moon – Yellow			Devaloka Day	
Until 12:33AM Tue					Jyeshtha-Vaikasi				
Then Creative Work - Siddha Yoga									

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago
	Mrigashira Rasi: 26.01 Tithi 1 – 2		Mrigashira Until 3:33AM Wed		Sun 15 Sutra 44
	333545479 Rahu		Prathama* Until 9:52AM		Subhakarit 5124
	Creative Work Siddha Yoga		Devaloka Day		Moon 5 - Phase 7 - 15 3rd Phase

2	Wednesday, June 1, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
	Mithuna Rasi: 7.52 Tithi 2 – 3		Ardra Until 6:25AM Thu		Sun 16 Sutra 45
	333545479 Rahu		Dvitiya Until 12:20PM		Subhakarit 5124
	Creative Work Siddha Yoga		Devaloka Day		Moon 5 - Phase 7 - 16 3rd Phase

3	Thursday, June 2, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago
	Mithuna Rasi: 19.42 Tithi 3 – 4		Ardra Until 6:25AM		Sun 17 Sutra 46
	333555479 Rahu		Tritiya Until 2:49PM		Subhakarit 5124
	Routine Work Marana Yoga		Devaloka Day		Moon 5 - Phase 7 - 17 3rd Phase

4	Friday, June 3, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago
	Kataka Rasi: 1.33 Tithi 4 – 5		Punarvasu Until 9:35AM		Sun 18 Sutra 47
	343555479 Rahu		Chaturthi* Until 5:12PM		Subhakarit 5124
	Creative Work Siddha Yoga		Devaloka Day		Moon 5 - Phase 7 - 18 3rd Phase

5	Saturday, June 4, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago
	Kataka Rasi: 13.28 Tithi 5		Pushya Until 12:23PM		Sun 19 Sutra 48
	343555479 Rahu		Panchami Until 7:21PM		Subhakarit 5124
	Creative Work Siddha Yoga		Devaloka Day		Moon 5 - Phase 7 - 19 3rd Phase

6	Sunday, June 5, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago
	Kataka Rasi: 25.3 Tithi 6		Ashlesha* Until 2:42PM		Sun 20 Sutra 49
	343555471 Rahu		Shashthi* Until 9:08PM		Subhakarit 5124
	Creative Work Siddha Yoga		Devaloka Day		Moon 5 - Phase 7 - 20 3rd Phase

Retreat Star	Monday, June 6, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago
	Simha Rasi: 7.43 Tithi 7		Magha* Until 4:53PM		Sun 21 Sutra 50
	354555471 Rahu		Saptami Until 10:23PM		Subhakarit 5124
	Creative Work Siddha Yoga		Devaloka Day		Moon 5 - Phase 7 - 21 3rd Phase

Retreat Star	Tuesday, June 7, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago
	Simha Rasi: 20.1 Tithi 8		Purvaphalguni Until 6:18PM		Sun 22 Sutra 51
	354555471 Rahu		Ashtami* Until 11:00PM		Subhakarit 5124
	Creative Work Siddha Yoga		Devaloka Day		Moon 5 - Phase 7 - 22 Ashtami

Retreat Star	Wednesday, June 8, 2022		Subhakarit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
	Kanya Rasi: 2.55 Tithi 9		Uttaraphalguni Until 6:51PM		Sun 23 Sutra 52
	354555471 Rahu		Navami* Until 10:51PM		Subhakarit 5124
	Creative Work Amrita Yoga		Devaloka Day		Moon 5 - Phase 7 - 23 Navami

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Varyan Yoga Taitila/Gara Karana Dashamyam Titau			ain, Trinidad and Tobago
	Kanya Rasi: 16.04	Tithi 10	Gulika 8:54AM – 10:29AM	Hasta Until 6:55PM	Ganesha: White <i>Sunrise: 5:43AM</i>	Sun 24 Sutra 53
		364555471	Yama 5:43AM – 7:18AM	Vyatipata* Until 4:19PM	Muruqa: Green <i>Sunset: 6:26PM</i>	Subhakrit 5124
			Rahu 1:40PM – 3:15PM	Taitila Until 10:31AM	Nataraja: Yellow	Moon 5 - Phase 8 - 24
Routine Work	Marana Yoga			Dashami Until 9:56PM	Moon – Green	4th Phase
Until 6:55PM					Jyeshtha-Vaikasi	Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 6:PM to 9:PM

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau			ain, Trinidad and Tobago
	Kanya Rasi: 29.39	Tithi 11	Gulika 7:18AM – 8:54AM	Chitra Until 6:05PM	Ganesha: White <i>Sunrise: 5:43AM</i>	Sun 25 Sutra 54
		364555471	Yama 3:15PM – 4:51PM	Variyan Until 2:03PM	Muruqa: Green <i>Sunset: 6:26PM</i>	Subhakrit 5124
			Rahu 10:29AM – 12:05PM	Vanija Until 9:12AM	Nataraja: Yellow	Moon 5 - Phase 8 - 25
Creative Work	Siddha Yoga			Ekadashi Until 8:14PM	Moon – Green	4th Phase
					Jyeshtha-Vaikasi	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau			ain, Trinidad and Tobago
	Tula Rasi: 13.41	Tithi 12 – 13	Gulika 5:43AM – 7:19AM	Svati Until 4:24PM	Ganesha: White <i>Sunrise: 5:43AM</i>	Sun 26 Sutra 55
		364555471	Yama 1:40PM – 3:16PM	Parigha* Until 11:13AM	Muruqa: Green <i>Sunset: 6:27PM</i>	Subhakrit 5124
			Rahu 8:54AM – 10:29AM	Bava Until 7:08AM	Nataraja: Yellow	Moon 5 - Phase 8 - 26
Creative Work	Siddha Yoga			Dvadashi Until 5:51PM	Moon – Green	4th Phase
					Jyeshtha-Vaikasi	Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Pradosha Vrata

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			ain, Trinidad and Tobago
	Tula Rasi: 28.1	Tithi 13 – 14	Gulika 3:16PM – 4:51PM	Vishakha Until 2:24PM	Ganesha: Yellow <i>Sunrise: 5:43AM</i>	Sun 27 Sutra 56
		374555471	Yama 12:05PM – 1:40PM	Shiva Until 7:53AM	Muruqa: Green <i>Sunset: 6:27PM</i>	Subhakrit 5124
			Rahu 4:51PM – 6:27PM	Gara Until 1:15AM Mon	Nataraja: Yellow	Moon 5 - Phase 8 - 27
Routine Work	Marana Yoga			Trayodashi Until 2:53PM	Moon – Orange	4th Phase
			Vaikasi Visakam		Jyeshtha-Vaikasi	Devaloka Day

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			ain, Trinidad and Tobago
	Copper Retreat Star		Gulika 1:41PM – 3:16PM	Anuradha Until 11:50AM	Ganesha: Yellow <i>Sunrise: 5:43AM</i>	Sun 28 Sutra 57
Vrischika Rasi: 13	Tithi 14 – 15		Yama 10:30AM – 12:05PM	Sadhya Until 12:06AM Tue	Muruqa: Green <i>Sunset: 6:27PM</i>	Subhakrit 5124
Family Home Evening		374555471	Rahu 7:19AM – 8:54AM	Visti Until 9:42PM	Nataraja: Yellow	Moon 5 - Phase 8 -
Creative Work	Siddha Yoga			Chaturdashi* Until 11:30AM	Moon – Orange	Purnima
					Jyeshtha-Vaikasi	Devaloka Day

5	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau			ain, Trinidad and Tobago
	Silver Retreat Star		Gulika 12:05PM – 1:41PM	Jyeshtha* Until 8:52AM	Ganesha: Yellow <i>Sunrise: 5:44AM</i>	Sun 29 Sutra 58
Vrischika Rasi: 28.05	Tithi 15 – 16		Yama 8:55AM – 10:30AM	Subha Until 7:57PM	Muruqa: Green <i>Sunset: 6:27PM</i>	Subhakrit 5124
		374555471	Rahu 3:16PM – 4:52PM	Kaulava Until 4:02AM Wed	Nataraja: Yellow	Moon 5 - Phase 8 -
Routine Work	Marana Yoga			Purnima* Until 7:49AM	Moon – Orange	Prathama
Until 8:52AM					Jyeshtha-Vaikasi	Devaloka Day
Then Creative Work - Amrita Yoga						



Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

ain, Trinidad and Tobago

Sutra 59

Subhakrit 5124

Dhanus Rasi: 13.18 Tithi 17

Gulika 10:30AM – 12:06PM
Yama 7:19AM – 8:55AM
384555471 Rahu 12:06PM – 1:41PM

Mula* Until 6:02AM
Sukla Until 3:44PM
Taitila Until 2:09PM
Dvitiya Until 12:17AM Thu

Ganesha: Blue Sunrise: 5:44AM
Muruga: Green Sunset: 6:28PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 - 1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 6:02AM

Then Creative Work - Amrita Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 60

Subhakrit 5124

Dhanus Rasi: 28.27 Tithi 18

Gulika 8:55AM – 10:30AM
Yama 5:44AM – 7:19AM
384555471 Rahu 1:41PM – 3:17PM

Uttarashadha Until 12:21AM Fri
Brahma Until 11:40AM
Vanija Until 10:30AM
Tritiya Until 8:45PM

Ganesha: Blue Sunrise: 5:44AM
Muruga: Green Sunset: 6:28PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 - 1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 61

Subhakrit 5124

Makara Rasi: 13.24 Tithi 19 – 20

Gulika 7:20AM – 8:55AM
Yama 3:17PM – 4:53PM
394555471 Rahu 10:31AM – 12:06PM

Shravana Until 10:13PM
Indra Until 7:51AM
Bava Until 7:07AM
Chaturthi* Until 5:34PM

Ganesha: Red Sunrise: 5:44AM
Muruga: Green Sunset: 6:28PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 - 2 1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 10:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 62

Subhakrit 5124

Makara Rasi: 28.01 Tithi 20 – 21

Gulika 5:44AM – 7:20AM
Yama 1:42PM – 3:17PM
394655471 Rahu 8:55AM – 10:31AM

Dhanishtha Until 8:29PM
Vishkambha* Until 1:24AM Sun
Gara Until 1:49AM Sun
Panchami Until 2:54PM

Ganesha: Blue Sunrise: 5:44AM
Muruga: Green Sunset: 6:28PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 - 3 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 8:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 63

Subhakrit 5124

Kumbha Rasi: 12.14 Tithi 21 – 22

Gulika 3:18PM – 4:53PM
Yama 12:07PM – 1:42PM
395655471 Rahu 4:53PM – 6:29PM

Shatabhishak Until 7:16PM
Priti Until 11:00PM
Visti Until 12:08AM Mon
Shashthi* Until 12:52PM

Ganesha: Red Sunrise: 5:45AM
Muruga: Green Sunset: 6:29PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 - 4 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 64

Subhakrit 5124

Kumbha Rasi: 26 Tithi 22 – 23

Gulika 1:42PM – 3:18PM
Yama 10:31AM – 12:07PM
315655471 Rahu 7:20AM – 8:56AM

Purvaproshtapada* Until 7:05PM
Ayushman Until 9:10PM
Balava Until 11:12PM
Saptami Until 11:33AM

Ganesha: Clear Sunrise: 5:45AM
Muruga: Green Sunset: 6:29PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 - 5 Ashtami

Devaloka Day

Routine Work Marana Yoga

Until 7:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 65

Subhakrit 5124

Meena Rasi: 9.2 Tithi 23 – 24

Gulika 12:07PM – 1:42PM
Yama 8:56AM – 10:31AM
315655471 Rahu 3:18PM – 4:53PM

Uttaraproshtapada Until 7:32PM
Saubhagya Until 7:59PM
Taitila Until 11:03PM
Ashtami* Until 11:01AM

Ganesha: Clear Sunrise: 5:45AM
Muruga: Green Sunset: 6:29PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 - 6 Navami

Devaloka Day

Creative Work Amrita Yoga

Until 7:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Wednesday, June 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
	Meena Rasi: 22.15	Tithi 24 – 25	Revati Until 8:32PM	Ganesha: Clear	Sunrise: 5:45AM
	315655471	Rahu 12:07PM – 1:43PM	Sobhana Until 7:24PM	Muruqa: Green	Sunset: 6:29PM
Routine Work	Marana Yoga	Vanija Until 11:38PM	Nataraja: Yellow	Moon 6 - Phase 10 - 7	2nd Phase
		Navami* Until 11:14AM	Moon – Clear	Devaloka Day	
			Jyeshtha-Ani		


2	Thursday, June 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago
	Mesha Rasi: 4.5	Tithi 25 – 26	Ashvini Until 10:31PM	Ganesha: Purple	Sunrise: 5:45AM
	325655471	Rahu 1:43PM – 3:18PM	Athiganda* Until 7:19PM	Muruqa: Green	Sunset: 6:29PM
Creative Work	Amrita Yoga	Bava Until 12:53AM Fri	Nataraja: Yellow	Moon 6 - Phase 10 - 8	2nd Phase
Until 10:31PM		Dashami Until 12:10PM	Moon – White	Bhuloka Day	
Then Creative Work - Siddha Yoga			Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM	

3	Friday, June 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago
	Mesha Rasi: 17.08	Tithi 26 – 27	Bharani Until 12:52AM Sat	Ganesha: Purple	Sunrise: 5:46AM
	325655471	Rahu 10:32AM – 12:08PM	Sukarma Until 7:41PM	Muruqa: Green	Sunset: 6:30PM
Creative Work	Siddha Yoga	Kaulava Until 2:39AM Sat	Nataraja: Yellow	Moon 6 - Phase 10 - 9	2nd Phase
Until 12:52AM Sat		Ekadashi* Until 1:41PM	Moon – White	Bhuloka Day	
Then Creative Work - Amrita Yoga			Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM	

4	Saturday, June 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago
	Mesha Rasi: 29.14	Tithi 27 – 28	Krittika Until 3:25AM Sun	Ganesha: Purple	Sunrise: 5:46AM
	325655471	Rahu 8:57AM – 10:32AM	Dhriti Until 8:23PM	Muruqa: Green	Sunset: 6:30PM
Creative Work	Amrita Yoga	Gara Until 4:48AM Sun	Nataraja: Yellow	Moon 6 - Phase 10 - 10	2nd Phase
Until 3:25AM Sun		Dvadashi* Until 3:40PM	Moon – White	Bhuloka Day	
Then Creative Work - Siddha Yoga			Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM	
			<i>Pradosha Vrata (Fasting)</i>		

5	Sunday, June 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago
	Vrishabha Rasi: 11.11	Tithi 28 – 29	Rohini Until 6:33AM Mon	Ganesha: Light Blue	Sunrise: 5:46AM
	335655471	Rahu 4:54PM – 6:30PM	Shula* Until 9:17PM	Muruqa: Green	Sunset: 6:30PM
Creative Work	Siddha Yoga	Vistit Until 7:11AM Mon	Nataraja: Yellow	Moon 6 - Phase 10 - 11	2nd Phase
Until 6:33AM Mon		Trayodashi* Until 5:57PM	Moon – Yellow	Bhuloka Day	
Then Creative Work - Amrita Yoga			Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM	

6	Monday, June 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago
	Vrishabha Rasi: 23.03	Tithi 29	Rohini Until 6:33AM	Ganesha: Light Blue	Sunrise: 5:46AM
	335655471	Rahu 7:22AM – 8:57AM	Ganda* Until 10:18PM	Muruqa: Green	Sunset: 6:30PM
Family Home Evening		Vistit Until 7:11AM	Nataraja: Yellow	Moon 6 - Phase 10 - 12	2nd Phase
Creative Work	Amrita Yoga	Chaturdashi* Until 8:25PM	Moon – Yellow	Bhuloka Day	
			Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM	

	Tuesday, June 28, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago
	Retreat Star		Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 72
	Mithuna Rasi: 4.53	Tithi 30	Mrigashira Until 9:37AM	Ganesha: Purple	Sunrise: 5:47AM
336655471	Rahu 3:19PM – 4:55PM	Vriddhi Until 11:22PM	Muruqa: Green	Sunset: 6:30PM	
Creative Work	Siddha Yoga	Catuspada Until 9:41AM	Nataraja: Yellow	Moon 6 - Phase 10 - 13	Amavasya
Until 9:37AM		Amavasya* Until 10:55PM	Moon – Yellow	Bhuloka Day	
Then Routine Work - Marana Yoga			Jyeshtha-Ani	Devaloka Time: 6:PM to 9:PM	

Retreat Star	Wednesday, June 29, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
	Retreat Star		Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 73
	Mithuna Rasi: 16.42	Tithi 1	Ardra Until 12:30PM	Ganesha: Purple	Sunrise: 5:47AM
336655471	Rahu 12:09PM – 1:44PM	Dhruva Until 12:22AM Thu	Muruqa: Green	Sunset: 6:30PM	
Creative Work	Siddha Yoga	Kintughna Until 12:10PM	Nataraja: Yellow	Moon 6 - Phase 10 - 14	Prathama
		Prathama* Until 1:22AM Thu	Moon – Yellow	Bhuloka Day	
			Ashada-Ani	Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

1		Thursday, June 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		ain, Trinidad and Tobago Sun 15 Sutra 74	
Mithuna Rasi: 28.33	Tithi 2	Gulika 8:58AM – 10:33AM	Punarvasu Until 3:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM	Subhakrit 5124	
		Yama 5:47AM – 7:23AM	Vyaghata* Until 1:16AM Fri	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 15	
Creative Work	Amrita Yoga	346655471 Rahu 1:44PM – 3:20PM	Balava Until 2:34PM	Nataraja: Yellow		3rd Phase	
			Dvitiya Until 3:41AM Fri	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

2		Friday, July 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		ain, Trinidad and Tobago Sun 16 Sutra 75	
Kataka Rasi: 10.28	Tithi 3	Gulika 7:23AM – 8:58AM	Pushya Until 6:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM	Subhakrit 5124	
		Yama 3:20PM – 4:55PM	Harshana Until 2:02AM Sat	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 16	
Routine Work	Marana Yoga	346655471 Rahu 10:34AM – 12:09PM	Taitila Until 4:47PM	Nataraja: Yellow		3rd Phase	
			Tritiya Until 5:47AM Sat	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

3		Saturday, July 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija Karana Chaturthyam Titau		ain, Trinidad and Tobago Sun 17 Sutra 76	
Kataka Rasi: 22.27	Tithi 4	Gulika 5:48AM – 7:23AM	Ashlesha* Until 8:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:48AM	Subhakrit 5124	
		Yama 1:45PM – 3:20PM	Vajra* Until 2:34AM Sun	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 17	
Routine Work	Marana Yoga	346655471 Rahu 8:58AM – 10:34AM	Vanija Until 6:45PM	Nataraja: Yellow		3rd Phase	
Until 8:49PM			Chaturthi* Until 7:36AM Sun	Moon – Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

4		Sunday, July 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 77	
Simha Rasi: 4.34	Tithi 4 – 5	Gulika 3:20PM – 4:56PM	Magha* Until 11:12PM	Ganesha: Orange	<i>Sunrise:</i> 5:48AM	Subhakrit 5124	
		Yama 12:09PM – 1:45PM	Siddhi Until 2:50AM Mon	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 18	
Routine Work	Marana Yoga	356655471 Rahu 4:56PM – 6:31PM	Bava Until 8:23PM	Nataraja: Yellow		3rd Phase	
Until 11:12PM			Chaturthi* Until 7:36AM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

5		Monday, July 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 78	
Simha Rasi: 16.49	Tithi 5 – 6	Gulika 1:45PM – 3:20PM	Purvaphalguni Until 12:59AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:48AM	Subhakrit 5124	
Family Home Evening		Yama 10:34AM – 12:10PM	Vyatipata* Until 2:45AM Tue	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 19	
Creative Work	Siddha Yoga	356655471 Rahu 7:23AM – 8:59AM	Kaulava Until 9:35PM	Nataraja: Yellow		3rd Phase	
Until 12:59AM Tue			Panchami Until 9:02AM	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Ashada*Ani			

6		Tuesday, July 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 79	
Simha Rasi: 29.17	Tithi 6 – 7	Gulika 12:10PM – 1:45PM	Uttaraphalguni Until 2:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:48AM	Subhakrit 5124	
		Yama 8:59AM – 10:34AM	Varyan Until 2:12AM Wed	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 20	
Creative Work	Amrita Yoga	356655471 Rahu 3:20PM – 4:56PM	Gara Until 10:15PM	Nataraja: Yellow		3rd Phase	
Until 2:04AM Wed			Shashthi* Until 9:58AM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Wednesday, July 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 80	
Kanya Rasi: 12.01	Tithi 7 – 8	Gulika 10:35AM – 12:10PM	Hasta Until 2:50AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Subhakrit 5124	
		Yama 7:24AM – 8:59AM	Parigha* Until 1:08AM Thu	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 21	
Routine Work	Marana Yoga	467655471 Rahu 12:10PM – 1:45PM	Visti Until 10:16PM	Nataraja: Yellow		Ashtami	
Until 2:50AM Thu			Saptami Until 10:19AM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Ani			

Retreat Star		Thursday, July 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		ain, Trinidad and Tobago Sun 22 Sutra 81	
Kanya Rasi: 25.04	Tithi 8 – 9	Gulika 8:59AM – 10:35AM	Chitra Until 2:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Subhakrit 5124	
		Yama 5:49AM – 7:24AM	Shiva Until 11:31PM	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 22	
Creative Work	Siddha Yoga	467655471 Rahu 1:45PM – 3:21PM	Balava Until 9:33PM	Nataraja: Yellow		Navami	
			Ashtami* Until 9:59AM	Moon – Green		Devaloka Day	
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			ain, Trinidad and Tobago Sun 23 Sutra 82
Tula Rasi: 8.31	Tithi 9 – 10	Gulika 7:24AM – 9:00AM	Svati Until 1:43AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:49AM	Subhakrit 5124
		Yama 3:21PM – 4:56PM	Siddha Until 9:16PM	Muruqa: Green <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12 - 23
Creative Work	Siddha Yoga	467655471 Rahu 10:35AM – 12:10PM	Taitila Until 8:07PM	Nataraja: Yellow	4th Phase
			Navami* Until 8:55AM	Moon – Green	Devaloka Day
				Ashada*Ani	

2 Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau			ain, Trinidad and Tobago Sun 24 Sutra 83
Tula Rasi: 22.25	Tithi 10 – 11	Gulika 5:49AM – 7:25AM	Vishakha Until 12:20AM Sun	Ganesha: White <i>Sunrise:</i> 5:49AM	Subhakrit 5124
		Yama 1:46PM – 3:21PM	Sadhya Until 6:27PM	Muruqa: Green <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12 - 24
Creative Work	Siddha Yoga	477655471 Rahu 9:00AM – 10:35AM	Visti Until 4:39AM Sun	Nataraja: Yellow	4th Phase
Until 12:20AM Sun			Dashami Until 7:07AM	Moon – Orange	Bhuloka Day
Then Routine Work - Marana Yoga				Ashada*Ani	Devaloka Time: 6:PM to 9:PM

3 Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau			ain, Trinidad and Tobago Sun 25 Sutra 84
Vrischika Rasi: 6.44	Tithi 12	Gulika 3:21PM – 4:56PM	Anuradha Until 10:13PM	Ganesha: White <i>Sunrise:</i> 5:50AM	Subhakrit 5124
		Yama 12:11PM – 1:46PM	Subha Until 3:09PM	Muruqa: Green <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12 - 25
Routine Work	Marana Yoga	477655471 Rahu 4:56PM – 6:31PM	Bava Until 3:13PM	Nataraja: Yellow	4th Phase
			Dvadashi Until 1:37AM Mon	Moon – Orange	Bhuloka Day
				Ashada*Ani	Devaloka Time: 6:PM to 9:PM

4 Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			ain, Trinidad and Tobago Sun 26 Sutra 85
Vrischika Rasi: 21.28	Tithi 13	Gulika 1:46PM – 3:21PM	Jyeshtha* Until 7:31PM	Ganesha: White <i>Sunrise:</i> 5:50AM	Subhakrit 5124
Family Home Evening		Yama 10:35AM – 12:11PM	Sukla Until 11:24AM	Muruqa: Green <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12 - 26
Creative Work	Siddha Yoga	477655471 Rahu 7:25AM – 9:00AM	Kaulava Until 11:57AM	Nataraja: Yellow	4th Phase
			Trayodashi Until 10:10PM	Moon – Orange	Bhuloka Day
				Ashada*Ani	Devaloka Time: 6:PM to 9:PM

Pradosha Vrata

5 Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			ain, Trinidad and Tobago Sun 27 Sutra 86
Dhanus Rasi: 6.31	Tithi 14	Gulika 12:11PM – 1:46PM	Mula* Until 4:46PM	Ganesha: White <i>Sunrise:</i> 5:50AM	Subhakrit 5124
		Yama 9:00AM – 10:36AM	Brahma Until 7:22AM	Muruqa: Green <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12 - 27
Creative Work	Amrita Yoga	488655471 Rahu 3:21PM – 4:56PM	Gara Until 8:20AM	Nataraja: Yellow	4th Phase
Until 4:46PM			Chaturdashi* Until 6:26PM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani	

Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			ain, Trinidad and Tobago Sutra 87
Copper Retreat Star		Gulika 10:36AM – 12:11PM	Purvashadha* Until 1:46PM	Ganesha: Yellow <i>Sunrise:</i> 5:50AM	Subhakrit 5124
Dhanus Rasi: 21.43	Tithi 15 – 16	Yama 7:26AM – 9:01AM	Vaidhriti* Until 10:55PM	Muruqa: Green <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12 - Purnima
Creative Work	Amrita Yoga	488755471 Rahu 12:11PM – 1:46PM	Balava Until 12:41AM Thu	Nataraja: Yellow	
			Purnima* Until 2:35PM	Moon – Light Blue	Devaloka Day
		Satguru Purnima		Ashada*Ani	

Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			ain, Trinidad and Tobago Sutra 88
Silver Retreat Star		Gulika 9:01AM – 10:36AM	Uttarashadha Until 10:40AM	Ganesha: Yellow <i>Sunrise:</i> 5:51AM	Subhakrit 5124
Makara Rasi: 6.57	Tithi 16 – 17	Yama 5:51AM – 7:26AM	Vishkambha* Until 6:47PM	Muruqa: Green <i>Sunset:</i> 6:31PM	Moon 6 - Phase 12 - Prathama
Routine Work	Marana Yoga	488755471 Rahu 1:46PM – 3:21PM	Taitila Until 8:59PM	Nataraja: Yellow	
Until 10:40AM			Prathama* Until 10:47AM	Moon – Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago
Sun 1 Sutra 89

Makara Rasi: 22.02 Tithi 17 - 18

498755471

Gulika 7:26AM - 9:01AM
Yama 3:21PM - 4:56PM
Rahu 10:36AM - 12:11PM

Shravana Until 8:04AM
Priti Until 2:54PM
Visti Until 4:02AM Sat
Dvitiya Until 7:13AM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Ashada*Ani

Sunrise: 5:51AM
Sunset: 6:31PM

Subhakrit 5124
Moon 7 - Phase 13 - 1
1st Phase

Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

ain, Trinidad and Tobago
Sun 2 Sutra 90

Kumbha Rasi: 6.49 Tithi 19

498755471

Gulika 5:51AM - 7:26AM
Yama 1:46PM - 3:21PM
Rahu 9:01AM - 10:36AM

Shatabhishak Until 3:50AM Sun
Ayushman Until 11:22AM
Bava Until 2:40PM
Chaturthi* Until 1:25AM Sun

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon - Purple
Ashada*Adi

Sunrise: 5:51AM
Sunset: 6:31PM

Subhakrit 5124
Moon 7 - Phase 13 - 2
1st Phase

Creative Work Amrita Yoga
Until 3:50AM Sun
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago
Sun 3 Sutra 91

Kumbha Rasi: 21.11 Tithi 20

418755472

Gulika 3:21PM - 4:56PM
Yama 12:11PM - 1:46PM
Rahu 4:56PM - 6:31PM

Purvaproshtapada* Until 2:56AM Mon
Saubhagya Until 8:22AM
Kaulava Until 12:22PM
Panchami Until 11:29PM

Ganesha: White
Muruqa: Green
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 5:51AM
Sunset: 6:31PM

Subhakrit 5124
Moon 7 - Phase 13 - 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

ain, Trinidad and Tobago
Sun 4 Sutra 92

Meena Rasi: 5.04 Tithi 21

418755472

Gulika 1:46PM - 3:21PM
Yama 10:36AM - 12:11PM
Rahu 7:27AM - 9:01AM

Uttaraproshtapada Until 2:42AM Tue
Athiganda* Until 4:13AM Tue
Gara Until 10:50AM
Shashthi* Until 10:22PM

Ganesha: White
Muruqa: Green
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 5:52AM
Sunset: 6:31PM

Subhakrit 5124
Moon 7 - Phase 13 - 4
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Bhuloka Day

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

ain, Trinidad and Tobago
Sun 5 Sutra 93

Meena Rasi: 18.28 Tithi 22

419755472

Gulika 12:11PM - 1:46PM
Yama 9:02AM - 10:37AM
Rahu 3:21PM - 4:56PM

Revati Until 3:10AM Wed
Sukarma Until 3:11AM Wed
Visti Until 10:09AM
Saptami Until 10:06PM

Ganesha: Clear
Muruqa: Green
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 5:52AM
Sunset: 6:31PM

Subhakrit 5124
Moon 7 - Phase 13 - 5
1st Phase

Creative Work Siddha Yoga
Until 3:10AM Wed
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago
Sun 6 Sutra 94

Mesha Rasi: 1.25 Tithi 23

429755472

Gulika 10:37AM - 12:12PM
Yama 7:27AM - 9:02AM
Rahu 12:12PM - 1:46PM

Ashvini Until 4:46AM Thu
Dhriti Until 2:49AM Thu
Balava Until 10:19AM
Ashtami* Until 10:42PM

Ganesha: Purple
Muruqa: Green
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 5:52AM
Sunset: 6:31PM

Subhakrit 5124
Moon 7 - Phase 13 - 6
Ashtami

Routine Work Marana Yoga
Until 4:46AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago
Sun 7 Sutra 95

Mesha Rasi: 13.58 Tithi 24

429755472

Gulika 9:02AM - 10:37AM
Yama 5:52AM - 7:27AM
Rahu 1:46PM - 3:21PM

Bharani Until 6:54AM Fri
Shula* Until 2:59AM Fri
Taitila Until 11:19AM
Navami* Until 12:03AM Fri

Ganesha: Purple
Muruqa: Green
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 5:52AM
Sunset: 6:31PM

Subhakrit 5124
Moon 7 - Phase 13 - 7
Navami

Creative Work Siddha Yoga

Devaloka Day


1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda *Yoga Vanija/Visti* Karana Dashamyam Titau				ain, Trinidad and Tobago Sun 8 Sutra 96
	Mesha Rasi: 26.12	Tithi 25	Gulika 7:27AM – 9:02AM	Bharani Until 6:54AM	Ganesha: Purple	<i>Sunrise:</i> 5:52AM	Subhakrit 5124
			Yama 3:21PM – 4:56PM	Ganda* Until 3:37AM Sat	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 14 - 8
	Creative Work	Siddha Yoga	429755472 Rahu 10:37AM – 12:12PM	Vanija Until 12:59PM	Nataraja: White		2nd Phase
			Dashami Until 1:59AM Sat	Moon – White		Devaloka Day	
				Ashada*Adi			

2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				ain, Trinidad and Tobago Sun 9 Sutra 97
	Wrishabha Rasi: 8.13	Tithi 26	Gulika 5:53AM – 7:27AM	Krittika Until 9:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:53AM	Subhakrit 5124
			Yama 1:46PM – 3:21PM	Vriddhi Until 4:32AM Sun	Muruqa: Green	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 14 - 9
	Creative Work	Amrita Yoga	429755472 Rahu 9:02AM – 10:37AM	Bava Until 3:08PM	Nataraja: White		2nd Phase
			Ekadashi* Until 4:18AM Sun	Moon – White		Devaloka Day	
				Ashada*Adi			

3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				ain, Trinidad and Tobago Sun 10 Sutra 98
	Wrishabha Rasi: 20.06	Tithi 27	Gulika 3:21PM – 4:56PM	Rohini Until 12:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	Subhakrit 5124
			Yama 12:12PM – 1:46PM	Dhruva Until 5:34AM Mon	Muruqa: Green	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 14 - 10
	Creative Work	Siddha Yoga	439755472 Rahu 4:56PM – 6:30PM	Kaulava Until 5:34PM	Nataraja: White		2nd Phase
			Dvadashi* Until 6:49AM Mon	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata *Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago Sun 11 Sutra 99
	Mithuna Rasi: 1.55	Tithi 27 – 28	Gulika 1:46PM – 3:21PM	Mrigashira Until 3:37PM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	Subhakrit 5124
	Family Home Evening		Yama 10:37AM – 12:12PM	Vyaghata* Until 6:38AM Tue	Muruqa: Green	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 14 - 11
	Creative Work	Amrita Yoga	439755472 Rahu 7:28AM – 9:02AM	Gara Until 8:06PM	Nataraja: White		2nd Phase
			Dvadashi* Until 6:49AM	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Nyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				ain, Trinidad and Tobago Sun 12 Sutra 100
	Mithuna Rasi: 13.44	Tithi 28 – 29	Gulika 12:12PM – 1:46PM	Ardra Until 6:30PM	Ganesha: Red	<i>Sunrise:</i> 5:53AM	Subhakrit 5124
			Yama 9:02AM – 10:37AM	Vyaghata* Until 6:38AM	Muruqa: Green	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 14 - 12
	Routine Work	Marana Yoga	431755472 Rahu 3:21PM – 4:55PM	Visti Until 10:34PM	Nataraja: White		2nd Phase
			Trayodashi* Until 9:20AM	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra *Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				ain, Trinidad and Tobago Sun 13 Sutra 101
	Retreat Star		Gulika 10:37AM – 12:12PM	Punarvasu Until 9:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM	Subhakrit 5124
	Mithuna Rasi: 25.35	Tithi 29 – 30	Yama 7:28AM – 9:03AM	Harshana Until 7:37AM	Muruqa: Green	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 14 - 13
	Creative Work	Siddha Yoga	441755472 Rahu 12:12PM – 1:46PM	Catuspada Until 12:52AM Thu	Nataraja: White		Amavasya
			Chaturdashi* Until 11:44AM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

Retreat Star	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				ain, Trinidad and Tobago Sun 14 Sutra 102
	Kataka Rasi: 7.31	Tithi 30 – 1	Gulika 9:03AM – 10:37AM	Pushya Until 12:16AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
			Yama 5:54AM – 7:28AM	Vajra* Until 8:26AM	Muruqa: Green	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 14 - 14
	Creative Work	Amrita Yoga	441755472 Rahu 1:46PM – 3:21PM	Kintughna Until 2:57AM Fri	Nataraja: White		Prathama
			Amavasya* Until 1:55PM	Moon – Blue		Bhuloka Day	
				Sravana*Adi		Devaloka Time: 9:AM to12:PM	
				Then Routine Work - Marana Yoga			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Friday, July 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam			ain, Trinidad and Tobago
	Kataka Rasi: 19.32 Titithi 1 – 2		Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Sun 15 Sutra 103
	441755472		Gulika 7:28AM – 9:03AM	Ashlesha* Until 2:31AM Sat	Ganesha: Yellow <i>Sunrise:</i> 5:54AM	Subhakit 5124
	Routine Work Marana Yoga		Yama 3:21PM – 4:55PM	Siddhi Until 9:04AM	Muruqa: Green <i>Sunset:</i> 6:29PM	Moon 7 - Phase 15 - 15
Until 2:31AM Sat		Rahu 10:37AM – 12:12PM	Balava Until 4:44AM Sat	Nataraja: White	3rd Phase	
Then Creative Work - Amrita Yoga			Prathama* Until 3:51PM	Moon – Blue		
				Sravana*Adi	Bhuloka Day	
					Devaloka Time: 9:AM to12:PM	

2	Saturday, July 30, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam			ain, Trinidad and Tobago
	Simha Rasi: 1.4 Titithi 2 – 3		Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Sun 16 Sutra 104
	451755472		Gulika 5:54AM – 7:28AM	Magha* Until 4:48AM Sun	Ganesha: Red <i>Sunrise:</i> 5:54AM	Subhakit 5124
	Creative Work Amrita Yoga		Yama 1:46PM – 3:20PM	Vyatipata* Until 9:30AM	Muruqa: Green <i>Sunset:</i> 6:29PM	Moon 7 - Phase 15 - 16
Until 4:48AM Sun		Rahu 9:03AM – 10:37AM	Taitila Until 6:12AM Sun	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga			Dvitiya Until 5:29PM	Moon – Red		
				Sravana*Adi	Bhuloka Day	
					Devaloka Time: 9:AM to12:PM	

3	Sunday, July 31, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam			ain, Trinidad and Tobago
	Simha Rasi: 13.56 Titithi 3		Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau			Sun 17 Sutra 105
	451755472		Gulika 3:20PM – 4:55PM	Purvaphalguni Until 6:35AM Mon	Ganesha: Red <i>Sunrise:</i> 5:54AM	Subhakit 5124
	Creative Work Siddha Yoga		Yama 12:12PM – 1:46PM	Variyan Until 9:39AM	Muruqa: Green <i>Sunset:</i> 6:29PM	Moon 7 - Phase 15 - 17
		Rahu 4:55PM – 6:29PM	Taitila Until 6:12AM	Nataraja: White	3rd Phase	
			Tritiya Until 6:47PM	Moon – Red		
				Sravana*Adi	Bhuloka Day	
					Devaloka Time: 9:AM to12:PM	

4	Monday, August 1, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam			ain, Trinidad and Tobago
	Simha Rasi: 26.21 Titithi 4		Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau			Sun 18 Sutra 106
	451755472		Gulika 1:46PM – 3:20PM	Purvaphalguni Until 6:35AM	Ganesha: Red <i>Sunrise:</i> 5:54AM	Subhakit 5124
	Family Home Evening		Yama 10:37AM – 12:11PM	Parigha* Until 9:32AM	Muruqa: Green <i>Sunset:</i> 6:29PM	Moon 7 - Phase 15 - 18
Creative Work Siddha Yoga		Rahu 7:29AM – 9:03AM	Vanija Until 7:19AM	Nataraja: White	3rd Phase	
			Chaturthi* Until 7:43PM	Moon – Red		
				Sravana*Adi	Bhuloka Day	
					Devaloka Time: 9:AM to12:PM	

5	Tuesday, August 2, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam			ain, Trinidad and Tobago
	Kanya Rasi: 8.57 Titithi 5		Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Sun 19 Sutra 107
	451755472		Gulika 12:11PM – 1:46PM	Uttaraphalguni Until 7:48AM	Ganesha: Red <i>Sunrise:</i> 5:54AM	Subhakit 5124
	Creative Work Amrita Yoga		Yama 9:03AM – 10:37AM	Shiva Until 9:06AM	Muruqa: Green <i>Sunset:</i> 6:28PM	Moon 7 - Phase 15 - 19
Until 7:48AM		Rahu 3:20PM – 4:54PM	Bava Until 8:02AM	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga		Nag Panchami	Panchami Until 8:12PM	Moon – Red		
				Sravana*Adi	Bhuloka Day	
					Devaloka Time: 9:AM to12:PM	

6	Wednesday, August 3, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam			ain, Trinidad and Tobago
	Kanya Rasi: 21.46 Titithi 6		Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau			Sun 20 Sutra 108
	461755472		Gulika 10:37AM – 12:11PM	Hasta Until 8:53AM	Ganesha: Blue <i>Sunrise:</i> 5:55AM	Subhakit 5124
	Routine Work Marana Yoga		Yama 7:29AM – 9:03AM	Siddha Until 8:17AM	Muruqa: Green <i>Sunset:</i> 6:28PM	Moon 7 - Phase 15 - 20
Until 8:53AM		Rahu 12:11PM – 1:46PM	Kaulava Until 8:17AM	Nataraja: White	3rd Phase	
Then Creative Work - Siddha Yoga			Shashthi* Until 8:11PM	Moon – Green		
				Sravana*Adi	Devaloka Day	

7	Thursday, August 4, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam			ain, Trinidad and Tobago
	Retreat Star		Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau			Sun 21 Sutra 109
	Tula Rasi: 4.5 Titithi 7		Gulika 9:03AM – 10:37AM			Chitra Until 9:17AM
	461765472		Yama 5:55AM – 7:29AM	Sadhya Until 7:03AM	Ganesha: Blue <i>Sunrise:</i> 5:55AM	Subhakit 5124
Creative Work Siddha Yoga		Rahu 1:45PM – 3:20PM	Gara Until 8:00AM	Muruqa: White <i>Sunset:</i> 6:28PM	Moon 7 - Phase 15 - 21	
Until 9:17AM			Saptami Until 7:37PM	Nataraja: White	3rd Phase	
Then Creative Work - Amrita Yoga				Moon – Green		
				Sravana*Adi	Devaloka Day	

8	Friday, August 5, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam			ain, Trinidad and Tobago
	Retreat Star		Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau			Sun 22 Sutra 110
	Tula Rasi: 18.14 Titithi 8		Gulika 7:29AM – 9:03AM			Svati Until 8:58AM
	461765472		Yama 3:19PM – 4:53PM	Sukla Until 3:09AM Sat	Ganesha: Blue <i>Sunrise:</i> 5:55AM	Subhakit 5124
Creative Work Siddha Yoga		Rahu 10:37AM – 12:11PM	Visti Until 7:07AM	Muruqa: White <i>Sunset:</i> 6:27PM	Moon 7 - Phase 15 - 22	
		Varalakshmi Vratam	Ashtami* Until 6:26PM	Nataraja: White	Ashtami	
				Moon – Green		
				Sravana*Adi	Devaloka Day	

9	Saturday, August 6, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam			ain, Trinidad and Tobago
	Retreat Star		Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Sun 23 Sutra 111
	Vrischika Rasi: 1.59 Titithi 9 – 10		Gulika 5:55AM – 7:29AM			Vishakha Until 8:19AM
	472765472		Yama 1:45PM – 3:19PM	Brahma Until 12:28AM Sun	Ganesha: White <i>Sunrise:</i> 5:55AM	Subhakit 5124
Creative Work Siddha Yoga		Rahu 9:03AM – 10:37AM	Taitila Until 3:32AM Sun	Muruqa: White <i>Sunset:</i> 6:27PM	Moon 7 - Phase 15 - 23	
			Navami* Until 4:38PM	Nataraja: White	Navami	
				Moon – Orange		
				Sravana*Adi	Bhuloka Day	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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1 Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam			ain, Trinidad and Tobago
Vrischika Rasi: 16.06 Tilthi 10 – 11		Anuradha/Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Sun 24 Sutra 112
472865472		Gulika 3:19PM – 4:53PM	Anuradha Until 6:56AM	Ganesha: Yellow <i>Sunrise:</i> 5:55AM	Subhakrit 5124
Routine Work Marana Yoga		Yama 12:11PM – 1:45PM	Indra Until 9:20PM	Muruqa: White <i>Sunset:</i> 6:27PM	Moon 7 - Phase 16 - 24
		Rahu 4:53PM – 6:27PM	Vanija Until 12:55AM Mon	Nataraja: White	4th Phase
			Dashami Until 2:16PM	Moon – Orange	
				Sravana*Adi	Bhuloka Day
					Devaloka Time: 9:AM to12:PM

2 Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam			ain, Trinidad and Tobago
Dhanus Rasi: 0.35 Tilthi 11 – 12		Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau			Sun 25 Sutra 113
482865472		Gulika 1:45PM – 3:19PM	Mula* Until 2:41AM Tue	Ganesha: White <i>Sunrise:</i> 5:55AM	Subhakrit 5124
Family Home Evening		Yama 10:37AM – 12:11PM	Vaidhriti* Until 5:48PM	Muruqa: White <i>Sunset:</i> 6:26PM	Moon 7 - Phase 16 - 25
Creative Work Siddha Yoga		Rahu 7:29AM – 9:03AM	Bava Until 9:51PM	Nataraja: White	4th Phase
			Ekadashi Until 11:25AM	Moon – Light Blue	
				Sravana*Adi	Devaloka Day

3 Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam			ain, Trinidad and Tobago
Dhanus Rasi: 15.23 Tilthi 12 – 13		Purvashadha* Nakshatra Vishkambha*/Pritii Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Sun 26 Sutra 114
482865472		Gulika 12:11PM – 1:45PM	Purvashadha* Until 12:04AM Wed	Ganesha: White <i>Sunrise:</i> 5:55AM	Subhakrit 5124
Creative Work Siddha Yoga		Yama 9:03AM – 10:37AM	Vishkambha* Until 1:59PM	Muruqa: White <i>Sunset:</i> 6:26PM	Moon 7 - Phase 16 - 26
Until 12:04AM Wed		Rahu 3:18PM – 4:52PM	Kaulava Until 6:28PM	Nataraja: White	4th Phase
Then Creative Work - Amrita Yoga			Dvadashi Until 8:10AM	Moon – Light Blue	
				Sravana*Adi	Devaloka Day

4 Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam			ain, Trinidad and Tobago
Makara Rasi: 0.22 Tilthi 14		Uttarashadha Nakshatra Pritii/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau			Sun 27 Sutra 115
482865472		Gulika 10:37AM – 12:11PM	Uttarashadha Until 9:11PM	Ganesha: White <i>Sunrise:</i> 5:55AM	Subhakrit 5124
Creative Work Amrita Yoga		Yama 7:29AM – 9:03AM	Pritii Until 10:01AM	Muruqa: White <i>Sunset:</i> 6:26PM	Moon 7 - Phase 16 - 27
Until 9:11PM		Rahu 12:11PM – 1:44PM	Gara Until 2:55PM	Nataraja: White	4th Phase
Then Creative Work - Siddha Yoga			Chaturdashi* Until 1:06AM Thu	Moon – Light Blue	
				Sravana*Adi	Devaloka Day

Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam			ain, Trinidad and Tobago
Copper Retreat Star		Shravana Nakshatra Saubhagya Yoga Vistii*/Bava Karana Purnimayam Titau			Sutra 116
Makara Rasi: 15.26 Tilthi 15					
492865472		Gulika 9:03AM – 10:37AM	Shravana Until 6:36PM	Ganesha: Clear <i>Sunrise:</i> 5:55AM	Subhakrit 5124
Creative Work Siddha Yoga		Yama 5:55AM – 7:29AM	Saubhagya Until 2:02AM Fri	Muruqa: White <i>Sunset:</i> 6:25PM	Moon 7 - Phase 16 -
		Rahu 1:44PM – 3:18PM	Vistii Until 11:20AM	Nataraja: White	Purnima
			Purnima* Until 9:35PM	Moon – Purple	
		Raksha Bandhan		Sravana*Adi	Bhuloka Day
					Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam			ain, Trinidad and Tobago
Silver Retreat Star		Dhanishtha/Shalabhishak Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau			Sutra 117
Kumbha Rasi: 0.25 Tilthi 16					
492865472		Gulika 7:29AM – 9:03AM	Dhanishtha Until 4:06PM	Ganesha: Clear <i>Sunrise:</i> 5:56AM	Subhakrit 5124
Creative Work Siddha Yoga		Yama 3:18PM – 4:51PM	Sobhana Until 10:20PM	Muruqa: White <i>Sunset:</i> 6:25PM	Moon 7 - Phase 16 -
		Rahu 10:37AM – 12:10PM	Balava Until 7:55AM	Nataraja: White	Prathama
			Prathama* Until 6:18PM	Moon – Purple	
				Sravana*Adi	Bhuloka Day
					Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

ain, Trinidad and Tobago

Shatabhishak/Purvaproshtapada* Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Trilayam Titau

Sun 1 Sutra 118

Kumbha Rasi: 15.09 Tithi 17 - 18

Gulika 5:56AM - 7:29AM

Shatabhishak Until 1:51PM

Ganesha: Clear

Sunrise: 5:56AM

Subhakrit 5124

Yama 1:44PM - 3:17PM

Athiganda* Until 6:59PM

Muruqa: White

Sunset: 6:24PM

Moon 8 - Phase 17 - 1

492865472 Rahu 9:03AM - 10:36AM

Vanija Until 2:13AM Sun

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Dvitiya Until 3:26PM

Moon - Purple

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Until 1:51PM

Then Routine Work - Marana Yoga

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

ain, Trinidad and Tobago

Purvaproshtapada/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Visti/Bava Karana Trilaya/Chaturthyam Titau

Sun 2 Sutra 119

Kumbha Rasi: 29.32 Tithi 18 - 19

Gulika 3:17PM - 4:50PM

Purvaproshtapada* Until 12:27PM

Ganesha: Yellow

Sunrise: 5:56AM

Subhakrit 5124

Yama 12:10PM - 1:43PM

Sukarma Until 4:08PM

Muruqa: White

Sunset: 6:24PM

Moon 8 - Phase 17 - 2

412865472 Rahu 4:50PM - 6:24PM

Bava Until 12:16AM Mon

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Tritiya Until 1:08PM

Moon - Clear

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Until 12:27PM

Then Creative Work - Amrita Yoga

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

ain, Trinidad and Tobago

Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 120

Meena Rasi: 13.28 Tithi 19 - 20

Gulika 1:43PM - 3:17PM

Uttaraproshtapada Until 11:37AM

Ganesha: Yellow

Sunrise: 5:56AM

Subhakrit 5124

Yama 10:36AM - 12:10PM

Dhriti Until 1:53PM

Muruqa: White

Sunset: 6:24PM

Moon 8 - Phase 17 - 3

Family Home Evening

412865472 Rahu 7:29AM - 9:03AM

Kaulava Until 11:05PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 11:33AM

Moon - Clear

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam

ain, Trinidad and Tobago

Revati/Ashvini Nakshatra Shula*Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Sun 4 Sutra 121

Meena Rasi: 26.55 Tithi 20 - 21

Gulika 12:09PM - 1:43PM

Revati Until 11:27AM

Ganesha: Yellow

Sunrise: 5:56AM

Subhakrit 5124

Yama 9:03AM - 10:36AM

Shula* Until 12:18PM

Muruqa: White

Sunset: 6:23PM

Moon 8 - Phase 17 - 4

412865472 Rahu 3:16PM - 4:50PM

Gara Until 10:46PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Panchami Until 10:48AM

Moon - Clear

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam

ain, Trinidad and Tobago

Ashvini/Bharani Nakshatra Ganda*Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Sun 5 Sutra 122

Mesha Rasi: 9.55 Tithi 21 - 22

Gulika 10:36AM - 12:09PM

Ashvini Until 12:27PM

Ganesha: Yellow

Sunrise: 5:56AM

Subhakrit 5124

Yama 7:29AM - 9:03AM

Ganda* Until 11:25AM

Muruqa: White

Sunset: 6:23PM

Moon 8 - Phase 17 - 5

522865472 Rahu 12:09PM - 1:43PM

Visti Until 11:19PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Shashthi* Until 10:55AM

Moon - White

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Until 12:27PM

Then Creative Work - Siddha Yoga

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam

ain, Trinidad and Tobago

Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6 Sutra 123

Mesha Rasi: 22.29 Tithi 22 - 23

Gulika 9:02AM - 10:36AM

Bharani Until 2:06PM

Ganesha: Yellow

Sunrise: 5:56AM

Subhakrit 5124

Yama 5:56AM - 7:29AM

Vridhhi Until 11:12AM

Muruqa: White

Sunset: 6:23PM

Moon 8 - Phase 17 - 6

522865472 Rahu 1:42PM - 3:16PM

Balava Until 12:40AM Fri

Nataraja: White

Ashtami

Creative Work Siddha Yoga

Krishna Janmashtami

Saptami Until 11:53AM

Moon - White

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Until 2:06PM

Then Routine Work - Marana Yoga

Friday, August 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam

ain, Trinidad and Tobago

Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 124

Vrishabha Rasi: 4.44 Tithi 23 - 24

Gulika 7:29AM - 9:02AM

Krittika Until 4:16PM

Ganesha: White

Sunrise: 5:56AM

Subhakrit 5124

Yama 3:15PM - 4:48PM

Dhruva Until 11:30AM

Muruqa: White

Sunset: 6:22PM

Moon 8 - Phase 17 - 7

523865472 Rahu 10:36AM - 12:09PM

Taitila Until 2:37AM Sat

Nataraja: White

Navami

Creative Work Siddha Yoga

Ashtami* Until 1:33PM

Moon - White

Bhuloka Day

Sravana*Avani

Until 4:16PM

Then Routine Work - Marana Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1		Saturday, August 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago	
Vishabha Rasi: 16.46		Tithi 24 – 25		Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 125	
533865472		Gulika 5:56AM – 7:29AM	Rohini Until 7:13PM	Ganesha: Yellow	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
Creative Work Amrita Yoga		Yama 1:42PM – 3:15PM	Vyaghata* Until 12:13PM	Muruqa: White	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 18 - 8	
Until 7:13PM		Rahu 9:02AM – 10:35AM	Vanija Until 4:57AM Sun	Nataraja: White	2nd Phase		
Then Creative Work - Siddha Yoga		Navami* Until 3:44PM		Moon – Yellow	Bhuloka Day		
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM		

2		Sunday, August 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago	
Vishabha Rasi: 28.39		Tithi 25		Mrigashira Nakshatra Harshana/Vajra* Yoga Visti* Karana Dashamyam Titau		Sun 9 Sutra 126	
533865472		Gulika 3:15PM – 4:48PM	Mrigashira Until 10:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
Creative Work Siddha Yoga		Yama 12:08PM – 1:41PM	Harshana Until 1:11PM	Muruqa: White	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 18 - 9	
		Rahu 4:48PM – 6:21PM	Visti Until 6:10PM	Nataraja: White	2nd Phase		
		Dashami Until 6:10PM		Moon – Yellow	Bhuloka Day		
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM		

3		Monday, August 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago	
Mithuna Rasi: 10.29		Tithi 26		Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 127	
533865472		Gulika 1:41PM – 3:14PM	Ardra Until 1:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
Creative Work Siddha Yoga		Yama 10:35AM – 12:08PM	Vajra* Until 2:11PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 18 - 10	
		Rahu 7:29AM – 9:02AM	Bava Until 7:27AM	Nataraja: White	2nd Phase		
		Ekadashi* Until 8:40PM		Moon – Yellow	Bhuloka Day		
				Sravana-Avani	Devaloka Time: 6:AM to 9:AM		

4		Tuesday, August 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago	
Mithuna Rasi: 22.2		Tithi 27		Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 128	
543865472		Gulika 12:08PM – 1:41PM	Punarvasu Until 4:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
Creative Work Siddha Yoga		Yama 9:02AM – 10:35AM	Siddhi Until 3:07PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 18 - 11	
		Rahu 3:14PM – 4:47PM	Kaulava Until 9:54AM	Nataraja: White	2nd Phase		
		Dvadashi* Until 11:02PM		Moon – Blue	Bhuloka Day		
				Sravana-Avani			

5		Wednesday, August 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago	
Kataka Rasi: 4.15		Tithi 28		Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12 Sutra 129	
543865472		Gulika 10:35AM – 12:08PM	Pushya Until 6:45AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
Creative Work Siddha Yoga		Yama 7:29AM – 9:02AM	Vyatipata* Until 3:54PM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 18 - 12	
		Rahu 12:08PM – 1:40PM	Gara Until 12:08PM	Nataraja: White	2nd Phase		
		Trayodashi* Until 1:08AM Thu		Moon – Blue	Bhuloka Day		
				Sravana-Avani			

6		Thursday, August 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago	
Kataka Rasi: 16.17		Tithi 29		Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13 Sutra 130	
543865472		Gulika 9:02AM – 10:34AM	Pushya Until 6:45AM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
Creative Work Amrita Yoga		Yama 5:56AM – 7:29AM	Variyan Until 4:24PM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 18 - 13	
Until 6:45AM		Rahu 1:40PM – 3:13PM	Visti Until 2:04PM	Nataraja: White	2nd Phase		
Then Creative Work - Siddha Yoga		Chaturdashi* Until 2:53AM Fri		Moon – Blue	Bhuloka Day		
				Sravana-Avani			

Retreat Star		Friday, August 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago	
Kataka Rasi: 28.27		Tithi 30		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14 Sutra 131	
543865472		Gulika 7:29AM – 9:01AM	Ashlesha* Until 8:51AM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
Routine Work Marana Yoga		Yama 3:13PM – 4:45PM	Parigha* Until 4:38PM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 18 - 14	
		Rahu 10:34AM – 12:07PM	Catuspada Until 3:38PM	Nataraja: White	Amavasya		
		Amavasya* Until 4:15AM Sat		Moon – Blue	Bhuloka Day		
				Sravana-Avani			

Retreat Star		Saturday, August 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago	
Simha Rasi: 10.47		Tithi 1		Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 132	
543865472		Gulika 5:56AM – 7:29AM	Magha* Until 10:54AM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	Subhakit 5124	
Creative Work Amrita Yoga		Yama 1:39PM – 3:12PM	Shiva Until 4:35PM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 18 - 15	
Until 10:54AM		Rahu 9:01AM – 10:34AM	Kintughna Until 4:49PM	Nataraja: White	Prathama		
Then Creative Work - Siddha Yoga		Prathama* Until 5:14AM Sun		Moon – Red	Bhuloka Day		
				Bhadrapada-Avani			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 28, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			ain, Trinidad and Tobago Sun 16 Sutra 133 Subhakra 5124
Simha Rasi: 23.17	Tithi 2	Gulika 3:12PM – 4:44PM	Purvaphalguni Until 12:24PM	Ganesha: Blue <i>Sunrise:</i> 5:56AM	
		Yama 12:06PM – 1:39PM	Siddha Until 4:11PM	Muruqa: White <i>Sunset:</i> 6:17PM	Moon 8 - Phase 19 - 16
		553865473 Rahu 4:44PM – 6:17PM	Balava Until 5:36PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 5:49AM Mon	Moon – Red	Bhuloka Day
Until 12:24PM				Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga					

2 Monday, August 29, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiyayam Titau			ain, Trinidad and Tobago Sun 17 Sutra 134 Subhakra 5124
Kanya Rasi: 5.58	Tithi 3	Gulika 1:39PM – 3:11PM	Uttaraphalguni Until 1:22PM	Ganesha: Blue <i>Sunrise:</i> 5:56AM	
Family Home Evening		Yama 10:34AM – 12:06PM	Sadhya Until 3:30PM	Muruqa: White <i>Sunset:</i> 6:16PM	Moon 8 - Phase 19 - 17
		553865473 Rahu 7:28AM – 9:01AM	Taitila Until 5:59PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 6:01AM Tue	Moon – Red	Bhuloka Day
				Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			ain, Trinidad and Tobago Sun 18 Sutra 135 Subhakra 5124
Kanya Rasi: 18.5	Tithi 3 – 4	Gulika 12:06PM – 1:38PM	Hasta Until 2:17PM	Ganesha: Blue <i>Sunrise:</i> 5:56AM	
		Yama 9:01AM – 10:33AM	Subha Until 2:32PM	Muruqa: White <i>Sunset:</i> 6:16PM	Moon 8 - Phase 19 - 18
		563865473 Rahu 3:11PM – 4:43PM	Vanija Until 6:00PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 6:01AM	Moon – Green	Bhuloka Day
		Ganesha Chaturthi		Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau			ain, Trinidad and Tobago Sun 19 Sutra 136 Subhakra 5124
Tula Rasi: 1.54	Tithi 5	Gulika 10:33AM – 12:06PM	Chitra Until 2:39PM	Ganesha: Red <i>Sunrise:</i> 5:56AM	
		Yama 7:28AM – 9:01AM	Sukla Until 1:14PM	Muruqa: White <i>Sunset:</i> 6:15PM	Moon 8 - Phase 19 - 19
		563965473 Rahu 12:06PM – 1:38PM	Bava Until 5:38PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Panchami Until 5:17AM Thu	Moon – Green	Devaloka Day
				Bhadrapada-Avani	

5 Thursday, September 1, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthiyam Titau			ain, Trinidad and Tobago Sun 20 Sutra 137 Subhakra 5124
Tula Rasi: 15.1	Tithi 6	Gulika 9:00AM – 10:33AM	Svati Until 2:30PM	Ganesha: Red <i>Sunrise:</i> 5:56AM	
		Yama 5:56AM – 7:28AM	Brahma Until 11:38AM	Muruqa: White <i>Sunset:</i> 6:15PM	Moon 8 - Phase 19 - 20
		563965473 Rahu 1:38PM – 3:10PM	Kaulava Until 4:52PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Shashthi* Until 4:18AM Fri	Moon – Green	Devaloka Day
Until 2:30PM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

6 Friday, September 2, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau			ain, Trinidad and Tobago Sun 21 Sutra 138 Subhakra 5124
Tula Rasi: 28.38	Tithi 7	Gulika 7:28AM – 9:00AM	Vishakha Until 2:14PM	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	
		Yama 3:09PM – 4:42PM	Indra Until 9:43AM	Muruqa: White <i>Sunset:</i> 6:14PM	Moon 8 - Phase 19 - 21
		574965473 Rahu 10:33AM – 12:05PM	Gara Until 3:41PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Saptami Until 2:55AM Sat	Moon – Orange	Devaloka Day
				Bhadrapada-Avani	

Retreat Star		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakha* Yoga Visti*/Bava Karana Ashtamyam Titau			ain, Trinidad and Tobago Sun 22 Sutra 139 Subhakra 5124
Vrischika Rasi: 12.22	Tithi 8	Gulika 5:56AM – 7:28AM	Anuradha Until 1:24PM	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	
		Yama 1:37PM – 3:09PM	Vaidhriti* Until 7:26AM	Muruqa: White <i>Sunset:</i> 6:13PM	Moon 8 - Phase 19 - 22
		574965473 Rahu 9:00AM – 10:32AM	Visti Until 2:05PM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 1:07AM Sun	Moon – Orange	Devaloka Day
				Bhadrapada-Avani	

Retreat Star		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau			ain, Trinidad and Tobago Sun 23 Sutra 140 Subhakra 5124
Vrischika Rasi: 26.22	Tithi 9	Gulika 3:09PM – 4:41PM	Jyeshtha* Until 12:01PM	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	
		Yama 12:04PM – 1:36PM	Priti Until 1:55AM Mon	Muruqa: White <i>Sunset:</i> 6:13PM	Moon 8 - Phase 19 - 23
		574965473 Rahu 4:41PM – 6:13PM	Balava Until 12:05PM	Nataraja: Clear	Navami
Routine Work Marana Yoga			Navami* Until 10:55PM	Moon – Orange	Devaloka Day
Until 12:01PM				Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		ain, Trinidad and Tobago Sun 24 Sutra 141	
Dhanus Rasi: 11	Tithi 10	Gulika	1:36PM – 3:08PM	Mula* Until 10:32AM	Ganesha: White	<i>Sunrise:</i> 5:56AM	Subhakrit 5124
Family Home Evening	584965473	Yama	10:32AM – 12:04PM	Ayushman Until 10:42PM	Muruqa: White	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 20 - 24
Creative Work Siddha Yoga		Rahu	7:28AM – 9:00AM	Taitila Until 9:42AM	Nataraja: Clear		4th Phase
Until 10:32AM				Dashami Until 8:22PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		ain, Trinidad and Tobago Sun 25 Sutra 142	
Dhanus Rasi: 25.04	Tithi 11 – 12	Gulika	12:04PM – 1:36PM	Purvashadha* Until 8:36AM	Ganesha: White	<i>Sunrise:</i> 5:56AM	Subhakrit 5124
	584965473	Yama	9:00AM – 10:32AM	Saubhagya Until 7:16PM	Muruqa: White	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 20 - 25
Creative Work Siddha Yoga		Rahu	3:08PM – 4:40PM	Vanija Until 7:00AM	Nataraja: Clear		4th Phase
Until 8:36AM				Ekadashi Until 5:33PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Prabarashita Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		ain, Trinidad and Tobago Sun 26 Sutra 143	
Makara Rasi: 9.42	Tithi 12 – 13	Gulika	10:31AM – 12:03PM	Uttarashadha Until 6:20AM	Ganesha: White	<i>Sunrise:</i> 5:55AM	Subhakrit 5124
	584965473	Yama	7:27AM – 8:59AM	Sobhana Until 3:44PM	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20 - 26
Creative Work Amrita Yoga		Rahu	12:03PM – 1:35PM	Kaulava Until 1:04AM Thu	Nataraja: Clear		4th Phase
Until 6:20AM				Dvadashi Until 2:34PM	Moon – Light Blue	Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		ain, Trinidad and Tobago Sun 27 Sutra 144	
Makara Rasi: 24.23	Tithi 13 – 14	Gulika	8:59AM – 10:31AM	Dhanishtha Until 2:04AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Subhakrit 5124
	594965473	Yama	5:55AM – 7:27AM	Athiganda* Until 12:09PM	Muruqa: White	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 20 - 27
Creative Work Siddha Yoga		Rahu	1:35PM – 3:07PM	Gara Until 10:05PM	Nataraja: Clear		4th Phase
				Chidambaram Abhishekam	Moon – Purple	Devaloka Day	
				Trayodashi Until 11:33AM	Bhadrapada*Avani		

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		ain, Trinidad and Tobago Sutra 145	
Copper Retreat Star		Gulika	7:27AM – 8:59AM	Shatabhishak Until 11:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Subhakrit 5124
Kumbha Rasi: 9.02	Tithi 14 – 15	Yama	3:06PM – 4:38PM	Sukarma Until 8:40AM	Muruqa: White	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 20 -
	594965473	Rahu	10:31AM – 12:03PM	Visti Until 7:17PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga				Chaturdashi* Until 8:38AM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

Saturday, September 10, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		ain, Trinidad and Tobago Sutra 146	
Kumbha Rasi: 23.31	Tithi 16	Gulika	5:55AM – 7:27AM	Purvaproshtapada* Until 10:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Subhakrit 5124
	514965473	Yama	1:34PM – 3:06PM	Shula* Until 2:28AM Sun	Muruqa: White	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 20 -
Routine Work Marana Yoga		Rahu	8:59AM – 10:30AM	Kaulava Until 4:49PM	Nataraja: Clear		Prathama
Until 10:31PM				Prathama* Until 3:45AM Sun	Moon – Clear	Devaloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

ain, Trinidad and Tobago

Sutra 147

Meena Rasi: 7.43 Tithi 17

Gulika 3:05PM – 4:37PM
Yama 12:02PM – 1:33PM
Rahu 4:37PM – 6:08PM

Uttaraproshtapada Until 9:27PM
Ganda* Until 11:59PM
Taitila Until 2:51PM

Ganesha: Clear Sunrise: 5:55AM
Muruga: White Sunset: 6:08PM
Nataraja: Clear
Moon – Clear

Subhakrit 5124
Moon 9 - Phase 21 -
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 2:05AM Mon

Bhadrapada-Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Vanija/Visti* Karana Triliyayam Titau

ain, Trinidad and Tobago

Sutra 148

Meena Rasi: 21.32 Tithi 18

Gulika 1:33PM – 3:05PM
Yama 10:30AM – 12:01PM
Rahu 7:27AM – 8:58AM

Revati Until 8:55PM
Vriddhi Until 10:04PM
Vanija Until 1:31PM
Tritiya Until 1:06AM Tue

Ganesha: Clear Sunrise: 5:55AM
Muruga: White Sunset: 6:08PM
Nataraja: Clear
Moon – Clear

Subhakrit 5124
Moon 9 - Phase 21 - 1
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Tritiya Until 1:06AM Tue

Bhadrapada-Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

ain, Trinidad and Tobago

Sutra 149

Mesha Rasi: 4.56 Tithi 19

Gulika 12:01PM – 1:33PM
Yama 8:58AM – 10:30AM
Rahu 3:04PM – 4:36PM

Ashvini Until 9:25PM
Dhruva Until 8:44PM
Bava Until 12:56PM
Chaturthi* Until 12:55AM Wed

Ganesha: White Sunrise: 5:55AM
Muruga: White Sunset: 6:07PM
Nataraja: Clear
Moon – White

Subhakrit 5124
Moon 9 - Phase 21 - 2
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 12:55AM Wed

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago

Sutra 150

Mesha Rasi: 17.55 Tithi 20

Gulika 10:29AM – 12:01PM
Yama 7:26AM – 8:58AM
Rahu 12:01PM – 1:32PM

Bharani Until 10:34PM
Vyaghata* Until 8:03PM
Kaulava Until 1:09PM
Panchami Until 1:32AM Thu

Ganesha: White Sunrise: 5:55AM
Muruga: White Sunset: 6:07PM
Nataraja: Clear
Moon – White

Subhakrit 5124
Moon 9 - Phase 21 - 3
1st Phase

Creative Work Siddha Yoga

Panchami Until 1:32AM Thu

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 10:34PM
Then Creative Work - Amrita Yoga

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

ain, Trinidad and Tobago

Sutra 151

Vrishabha Rasi: 0.31 Tithi 21

Gulika 8:58AM – 10:29AM
Yama 5:55AM – 7:26AM
Rahu 1:32PM – 3:03PM

Krittika Until 12:17AM Fri
Harshana Until 7:59PM
Gara Until 2:08PM
Shashthi* Until 2:53AM Fri

Ganesha: Clear Sunrise: 5:55AM
Muruga: White Sunset: 6:06PM
Nataraja: Clear
Moon – White

Subhakrit 5124
Moon 9 - Phase 21 - 4
1st Phase

Routine Work Marana Yoga

Shashthi* Until 2:53AM Fri

Bhadrapada-Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

ain, Trinidad and Tobago

Sutra 152

Vrishabha Rasi: 12.49 Tithi 22

Gulika 7:26AM – 8:57AM
Yama 3:03PM – 4:34PM
Rahu 10:29AM – 12:00PM

Rohini Until 2:55AM Sat
Vajra* Until 8:22PM
Visti Until 3:49PM
Saptami Until 4:50AM Sat

Ganesha: White Sunrise: 5:55AM
Muruga: White Sunset: 6:05PM
Nataraja: Clear
Moon – Yellow

Subhakrit 5124
Moon 9 - Phase 21 - 5
1st Phase

Routine Work Marana Yoga

Saptami Until 4:50AM Sat

Bhadrapada-Puratasi

Sivaloka Day

Until 2:55AM Sat
Then Creative Work - Siddha Yoga

D

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago

Sutra 153

Vrishabha Rasi: 24.52 Tithi 23

Gulika 5:55AM – 7:26AM
Yama 1:31PM – 3:02PM
Rahu 8:57AM – 10:28AM

Mrigashira Until 5:44AM Sun
Siddhi Until 9:06PM
Balava Until 5:58PM
Ashtami* Until 7:09AM Sun

Ganesha: White Sunrise: 5:55AM
Muruga: White Sunset: 6:05PM
Nataraja: Clear
Moon – Yellow

Subhakrit 5124
Moon 9 - Phase 21 - 6
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 7:09AM Sun

Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

ain, Trinidad and Tobago

Sutra 154

Mithuna Rasi: 6.47 Tithi 23 – 24

Gulika 3:02PM – 4:33PM
Yama 11:59AM – 1:30PM
Rahu 4:33PM – 6:04PM

Ardra Until 8:33AM Mon
Vyatipata* Until 10:01PM
Taitila Until 8:23PM
Ashtami* Until 7:09AM

Ganesha: White Sunrise: 5:55AM
Muruga: White Sunset: 6:04PM
Nataraja: Clear
Moon – Yellow

Subhakrit 5124
Moon 9 - Phase 21 - 7
Navami

Creative Work Siddha Yoga

Ashtami* Until 7:09AM

Bhadrapada-Puratasi

Sivaloka Day

Until 8:33AM Mon
Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

± standard time. Calculated for Port-of-Spain, Trinidad and Tobago

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1	Monday, September 19, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau		ain, Trinidad and Tobago Sun 8 Sutra 155 Subhakit 5124
	Mithuna Rasi: 18.39	Tithi 24 – 25	Gulika 1:30PM – 3:01PM	Ardra Until 8:33AM	Ganesha: White <i>Sunrise:</i> 5:55AM
Family Home Evening	535965473	Rahu 7:26AM – 8:57AM	Variyan Until 10:54PM	Muruqa: White <i>Sunset:</i> 6:03PM	Moon 9 - Phase 22 - 8
Creative Work Siddha Yoga			Vanjia Until 10:49PM	Nataraja: Clear	2nd Phase
Until 8:33AM			Navami* Until 9:36AM	Moon – Yellow	Sivaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi	


2	Tuesday, September 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		ain, Trinidad and Tobago Sun 9 Sutra 156 Subhakit 5124
	Kataka Rasi: 0.32	Tithi 25 – 26	Gulika 11:59AM – 1:30PM	Punarvasu Until 11:36AM	Ganesha: Yellow <i>Sunrise:</i> 5:55AM
	545965473	Rahu 3:01PM – 4:32PM	Parigha* Until 11:40PM	Muruqa: White <i>Sunset:</i> 6:03PM	Moon 9 - Phase 22 - 9
Creative Work Siddha Yoga			Bava Until 1:05AM Wed	Nataraja: Clear	2nd Phase
			Dashami Until 11:58AM	Moon – Blue	Devaloka Day
				Bhadrapada-Puratasi	

3	Wednesday, September 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		ain, Trinidad and Tobago Sun 10 Sutra 157 Subhakit 5124
	Kataka Rasi: 12.31	Tithi 26 – 27	Gulika 10:27AM – 11:58AM	Pushya Until 2:15PM	Ganesha: Yellow <i>Sunrise:</i> 5:54AM
	545965473	Rahu 11:58AM – 1:29PM	Shiva Until 12:12AM Thu	Muruqa: White <i>Sunset:</i> 6:02PM	Moon 9 - Phase 22 - 10
Creative Work Siddha Yoga			Kaulava Until 2:59AM Thu	Nataraja: Clear	2nd Phase
			Ekadashi* Until 2:04PM	Moon – Blue	Devaloka Day
				Bhadrapada-Puratasi	

4	Thursday, September 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		ain, Trinidad and Tobago Sun 11 Sutra 158 Subhakit 5124
	Kataka Rasi: 24.38	Tithi 27 – 28	Gulika 8:56AM – 10:27AM	Ashlesha* Until 4:20PM	Ganesha: Yellow <i>Sunrise:</i> 5:54AM
	545965473	Rahu 1:29PM – 3:00PM	Siddha Until 12:21AM Fri	Muruqa: White <i>Sunset:</i> 6:01PM	Moon 9 - Phase 22 - 11
Creative Work Siddha Yoga			Gara Until 4:27AM Fri	Nataraja: Clear	2nd Phase
Until 4:20PM			Dvadashi* Until 3:46PM	Moon – Blue	Devaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi	
			<i>Pradosha Vrata (Fasting)</i>		

5	Friday, September 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Sadhya Yoga Vanjia/Visti* Karana Trayodashi/Chaturdashyam Titau		ain, Trinidad and Tobago Sun 12 Sutra 159 Subhakit 5124
	Simha Rasi: 6.56	Tithi 28 – 29	Gulika 7:25AM – 8:56AM	Magha* Until 6:18PM	Ganesha: Red <i>Sunrise:</i> 5:54AM
	555965473	Rahu 10:27AM – 11:58AM	Sadhya Until 12:09AM Sat	Muruqa: White <i>Sunset:</i> 6:01PM	Moon 9 - Phase 22 - 12
Routine Work Marana Yoga			Visti Until 5:26AM Sat	Nataraja: Clear	2nd Phase
Until 6:18PM			Trayodashi* Until 4:59PM	Moon – Red	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi	

6	Saturday, September 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		ain, Trinidad and Tobago Sun 13 Sutra 160 Subhakit 5124
	Simha Rasi: 19.28	Tithi 29 – 30	Gulika 5:54AM – 7:25AM	Purvaphalguni Until 7:36PM	Ganesha: Green <i>Sunrise:</i> 5:54AM
	556965473	Rahu 8:56AM – 10:26AM	Subha Until 11:34PM	Muruqa: White <i>Sunset:</i> 6:00PM	Moon 9 - Phase 22 - 13
Creative Work Siddha Yoga			Catuspada Until 5:53AM Sun	Nataraja: Clear	2nd Phase
Until 7:36PM			Chaturdashi* Until 5:42PM	Moon – Red	Bhuloka Day
Then Routine Work - Marana Yoga				Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM

	Sunday, September 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		ain, Trinidad and Tobago Sun 14 Sutra 161 Subhakit 5124
	Retreat Star		Gulika 2:58PM – 4:29PM	Uttaraphalguni Until 8:15PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
Kanya Rasi: 2.13	Tithi 30 – 1		Sukla Until 10:33PM	Muruqa: White <i>Sunset:</i> 6:00PM	Moon 9 - Phase 22 - 14
	556165473	Rahu 4:29PM – 6:00PM	Kintughna Until 5:50AM Mon	Nataraja: Clear	Amavasya
Creative Work Amrita Yoga			Amavasya* Until 5:54PM	Moon – Red	Bhuloka Day
				Bhadrapada-Puratasi	Devaloka Time: 6:PM to 9:PM
			Mahalaya Amavasai (Tamil Nadu)		

Retreat Star	Monday, September 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau		ain, Trinidad and Tobago Sun 15 Sutra 162 Subhakit 5124
	Kanya Rasi: 15.13	Tithi 1 – 2	Gulika 1:27PM – 2:58PM	Hasta Until 8:45PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
Family Home Evening	566165473	Rahu 7:25AM – 8:55AM	Brahma Until 9:11PM	Muruqa: White <i>Sunset:</i> 5:59PM	Moon 9 - Phase 22 - 15
Creative Work Siddha Yoga			Balava Until 5:21AM Tue	Nataraja: Clear	Prathama
Until 8:45PM			Prathama* Until 5:38PM	Moon – Green	Bhuloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina-Puratasi	Devaloka Time: 6:PM to 9:PM
			Navaratri Begins		

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

© standard time. Calculated for Port-of-Spain, Trinidad and Tobago

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		ain, Trinidad and Tobago Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 28.27	Tithi 2 – 3	Gulika 11:56AM – 1:27PM	Chitra Until 8:41PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
			Yama 8:55AM – 10:26AM	Indra Until 7:31PM	Muruqa: White <i>Sunset:</i> 5:58PM
	666165473	Rahu 2:57PM – 4:28PM	Taitila Until 4:29AM Wed	Nataraja: Clear	Moon 9 - Phase 23 - 16 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:57PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		ain, Trinidad and Tobago Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 11.53	Tithi 3 – 4	Gulika 10:25AM – 11:56AM	Svati Until 8:09PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
			Yama 7:25AM – 8:55AM	Vaidhriti* Until 5:32PM	Muruqa: White <i>Sunset:</i> 5:58PM
	666165473	Rahu 11:56AM – 1:26PM	Vanija Until 3:17AM Thu	Nataraja: Clear	Moon 9 - Phase 23 - 17 3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 3:54PM	Moon – Green	Bhuloka Day Devaloka Time: 6:PM to 9:PM

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 25.31	Tithi 4 – 5	Gulika 8:55AM – 10:25AM	Vishakha Until 7:37PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
			Yama 5:54AM – 7:24AM	Vishkambha* Until 3:19PM	Muruqa: White <i>Sunset:</i> 5:57PM
	676165473	Rahu 1:26PM – 2:56PM	Bava Until 1:49AM Fri	Nataraja: Clear	Moon 9 - Phase 23 - 18 3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:34PM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		ain, Trinidad and Tobago Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 9.19	Tithi 5 – 6	Gulika 7:24AM – 8:55AM	Anuradha Until 6:41PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
			Yama 2:56PM – 4:26PM	Priti Until 12:56PM	Muruqa: White <i>Sunset:</i> 5:56PM
	676165473	Rahu 10:25AM – 11:55AM	Kaulava Until 12:07AM Sat	Nataraja: Clear	Moon 9 - Phase 23 - 19 3rd Phase
Creative Work	Siddha Yoga		Panchami Until 12:58PM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Until 6:41PM	Then Routine Work - Marana Yoga				

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 23.14	Tithi 6 – 7	Gulika 5:54AM – 7:24AM	Jyeshtha* Until 5:26PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
			Yama 1:25PM – 2:55PM	Ayushman Until 10:21AM	Muruqa: White <i>Sunset:</i> 5:56PM
	676165473	Rahu 8:54AM – 10:25AM	Gara Until 10:13PM	Nataraja: Clear	Moon 9 - Phase 23 - 20 3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:10AM	Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika 2:55PM – 4:25PM	Mula* Until 4:17PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
	Dhanus Rasi: 7.16	Tithi 7 – 8	Yama 11:55AM – 1:25PM	Saubhagya Until 7:38AM	Muruqa: Green <i>Sunset:</i> 5:55PM
	687166473	Rahu 4:25PM – 5:55PM	Visti Until 8:10PM	Nataraja: Clear	Moon 9 - Phase 23 - 21 Ashtami
Creative Work	Amrita Yoga		Saptami Until 9:12AM	Moon – Light Blue	Sivaloka Day
Until 4:17PM	Then Creative Work - Siddha Yoga	Durga Ashtami		Ashvina+Puratasi	

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau		ain, Trinidad and Tobago Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:24PM – 2:54PM	Purvashadha* Until 2:52PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM
	Dhanus Rasi: 21.25	Tithi 8 – 9	Yama 10:24AM – 11:54AM	Athiganda* Until 1:51AM Tue	Muruqa: Green <i>Sunset:</i> 5:55PM
	687166473	Rahu 7:24AM – 8:54AM	Kaulava Until 4:50AM Tue	Nataraja: Clear	Moon 9 - Phase 23 - 22 Navami
Family Home Evening	Routine Work Marana Yoga	Saraswathi Puja (Tamil Nadu)	Ashtami* Until 7:05AM	Moon – Light Blue	Sivaloka Day
				Ashvina+Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

± standard time. Calculated for Port-of-Spain, Trinidad and Tobago

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1	Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				ain, Trinidad and Tobago Sun 23 Sutra 170
	Makara Rasi: 5.38	Tithi 10	Gulika 11:54AM – 1:24PM	Uttarashadha Until 1:12PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
			Yama 8:54AM – 10:24AM	Sukarma Until 10:50PM	Muruqa: Green	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 24 - 23
		687166473	Rahu 2:54PM – 4:24PM	Taitila Until 3:43PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga Until 1:12PM Then Creative Work - Siddha Yoga			Dashami Until 2:32AM Wed	Ashvina+Puratasi	Sivaloka Day		

2	Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Visli* Karana Ekadashyam Titau				ain, Trinidad and Tobago Sun 24 Sutra 171
	Makara Rasi: 19.53	Tithi 11	Gulika 10:24AM – 11:54AM	Shravana Until 11:46AM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
			Yama 7:24AM – 8:54AM	Dhriti Until 7:50PM	Muruqa: Green	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 24 - 24
		697166473	Rahu 11:54AM – 1:24PM	Vanija Until 1:24PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 11:46AM Then Routine Work - Prabalarishta Yoga			Vijaya Dasami	Ekadashi Until 12:14AM Thu	Ashvina+Puratasi	Devaloka Day	

3	Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				ain, Trinidad and Tobago Sun 25 Sutra 172
	Kumbha Rasi: 4.08	Tithi 12	Gulika 8:54AM – 10:23AM	Dhanishtha Until 10:14AM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
			Yama 5:54AM – 7:24AM	Shula* Until 4:51PM	Muruqa: Green	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 24 - 25
		697166473	Rahu 1:23PM – 2:53PM	Bava Until 11:07AM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Kadaitswami Mahasamadhi	Dvadashi Until 10:00PM	Ashvina+Puratasi	Devaloka Day	

4	Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				ain, Trinidad and Tobago Sun 26 Sutra 173
	Kumbha Rasi: 18.2	Tithi 13	Gulika 7:24AM – 8:53AM	Shatabhishak Until 8:41AM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
			Yama 2:53PM – 4:22PM	Ganda* Until 2:01PM	Muruqa: Green	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24 - 26
		697166473	Rahu 10:23AM – 11:53AM	Kaulava Until 8:58AM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Chidambaram Abhishekam	Trayodashi Until 7:58PM	Ashvina+Puratasi	Devaloka Day	
<i>Pradosha Vrata</i>							

5	Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				ain, Trinidad and Tobago Sun 27 Sutra 174
	Meena Rasi: 2.22	Tithi 14	Gulika 5:54AM – 7:24AM	Purvaproshtapada* Until 7:39AM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
			Yama 1:22PM – 2:52PM	Vridhi Until 11:25AM	Muruqa: Green	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24 - 27
		618166474	Rahu 8:53AM – 10:23AM	Gara Until 7:04AM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga Until 7:39AM Then Creative Work - Siddha Yoga			Chaturdashi* Until 6:13PM	Ashvina+Puratasi	Bhuloka Day		

○	Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				ain, Trinidad and Tobago Sutra 175
	Copper Retreat Star		Gulika 2:52PM – 4:21PM	Uttaraproshtapada Until 6:50AM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
	Meena Rasi: 16.11	Tithi 15 – 16	Yama 11:52AM – 1:22PM	Dhruva Until 9:05AM	Muruqa: Green	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24 - Purnima
		618166474	Rahu 4:21PM – 5:51PM	Balava Until 4:28AM Mon	Nataraja: Purple		
Creative Work Amrita Yoga			Purnima* Until 4:54PM	Ashvina+Puratasi	Bhuloka Day		

○	Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				ain, Trinidad and Tobago Sutra 176
	Silver Retreat Star		Gulika 1:22PM – 2:51PM	Revati Until 6:21AM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Subhakrit 5124
	Meena Rasi: 29.43	Tithi 16 – 17	Yama 10:23AM – 11:52AM	Vyaghata* Until 7:10AM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24 - Prathama
		618176474	Rahu 7:23AM – 8:53AM	Taitila Until 3:59AM Tue	Nataraja: Purple		
Family Home Evening Creative Work Siddha Yoga			Prathama* Until 4:07PM	Ashvina+Puratasi	Bhuloka Day		



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 12.55 Tithi 17 - 18

628176474

Gulika

11:52AM - 1:21PM

Yama

8:53AM - 10:22AM

Rahu

2:51PM - 4:21PM

Ashvini Until 6:45AM

Vajra* Until 4:47AM Wed

Vanija Until 4:10AM Wed

Dvitiya Until 3:58PM

Ganesha: Yellow

Sunrise: 5:54AM

Muruqa: White

Sunset: 5:50PM

Nataraja: Purple

Moon - White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Wednesday, October 12, 2022

1

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 25.47 Tithi 18 - 19

628176474

Gulika

10:22AM - 11:52AM

Yama

7:23AM - 8:53AM

Rahu

11:52AM - 1:21PM

Bharani Until 7:38AM

Siddhi Until 4:23AM Thu

Bava Until 5:02AM Thu

Tritiya Until 4:30PM

Ganesha: Yellow

Sunrise: 5:54AM

Muruqa: White

Sunset: 5:50PM

Nataraja: Purple

Moon - White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:38AM

Then Creative Work - Amrita Yoga

Thursday, October 13, 2022

2

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 8.2 Tithi 19 - 20

628176474

Gulika

8:53AM - 10:22AM

Yama

5:54AM - 7:23AM

Rahu

1:21PM - 2:50PM

Krittika Until 9:01AM

Vyatipata* Until 4:28AM Fri

Kaulava Until 6:32AM Fri

Chaturthi* Until 5:41PM

Ganesha: Yellow

Sunrise: 5:54AM

Muruqa: White

Sunset: 5:49PM

Nataraja: Purple

Moon - White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Friday, October 14, 2022

3

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 20.38 Tithi 20

638176474

Gulika

7:23AM - 8:53AM

Yama

2:50PM - 4:19PM

Rahu

10:22AM - 11:51AM

Rohini Until 11:19AM

Varyan Until 4:56AM Sat

Kaulava Until 6:32AM

Panchami Until 7:27PM

Ganesha: Blue

Sunrise: 5:54AM

Muruqa: White

Sunset: 5:49PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

Saturday, October 15, 2022

4

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 2.43 Tithi 21

639176474

Gulika

5:54AM - 7:23AM

Yama

1:20PM - 2:50PM

Rahu

8:52AM - 10:22AM

Mrigashira Until 1:55PM

Parigha* Until 5:40AM Sun

Gara Until 8:32AM

Shashthi* Until 9:39PM

Ganesha: Red

Sunrise: 5:54AM

Muruqa: White

Sunset: 5:48PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Sunday, October 16, 2022

5

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 14.39 Tithi 22

639176474

Gulika

2:49PM - 4:18PM

Yama

11:51AM - 1:20PM

Rahu

4:18PM - 5:48PM

Ardra Until 4:37PM

Shiva Until 6:32AM Mon

Visti Until 10:52AM

Saptami Until 12:04AM Mon

Ganesha: Red

Sunrise: 5:54AM

Muruqa: White

Sunset: 5:48PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Monday, October 17, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 26.32 Tithi 23

649176474

Gulika

1:20PM - 2:49PM

Yama

10:21AM - 11:51AM

Rahu

7:23AM - 8:52AM

Punarvasu Until 7:42PM

Shiva Until 6:32AM

Balava Until 1:18PM

Ashtami* Until 2:29AM Tue

Ganesha: Green

Sunrise: 5:54AM

Muruqa: White

Sunset: 5:47PM

Nataraja: Purple

Moon - Blue

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 7:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 8.26 Tithi 24

649176474

Gulika

11:50AM - 1:19PM

Yama

8:52AM - 10:21AM

Rahu

2:48PM - 4:18PM

Pushya Until 10:29PM

Siddha Until 7:20AM

Taitila Until 3:39PM

Navami* Until 4:42AM Wed

Ganesha: Green

Sunrise: 5:54AM

Muruqa: White

Sunset: 5:47PM

Nataraja: Purple

Moon - Blue

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
	Tula Rasi: 21.13		Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16 Sutra 192
	Tithi 2	Gulika 10:21AM – 11:49AM	Vishakha Until 2:38AM Thu	Ganesha: Purple Sunrise: 5:55AM	Subhakit 5124
	671276574 Rahu 11:49AM – 1:18PM	Yama 7:24AM – 8:52AM	Ayushman Until 9:54PM	Muruqa: Clear Sunset: 5:43PM	Moon 10 - Phase 27 - 16
Creative Work Siddha Yoga		Balava Until 4:16PM	Nataraja: Clear	3rd Phase	
		Dvitiya Until 3:13AM Thu	Moon – Orange	Bhuloka Day	
			Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago
	Vrischika Rasi: 5.19		Anuradha Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 17 Sutra 193
	Tithi 3	Gulika 8:52AM – 10:21AM	Anuradha Until 1:07AM Fri	Ganesha: Purple Sunrise: 5:55AM	Subhakit 5124
	671276574 Rahu 1:18PM – 2:46PM	Yama 5:55AM – 7:24AM	Saubhagya Until 6:57PM	Muruqa: Clear Sunset: 5:43PM	Moon 10 - Phase 27 - 17
Creative Work Siddha Yoga		Taitila Until 2:09PM	Nataraja: Clear	3rd Phase	
Until 1:07AM Fri		Tritiya Until 1:00AM Fri	Moon – Orange	Bhuloka Day	
Then Routine Work - Marana Yoga			Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM	

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago
	Vrischika Rasi: 19.34		Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau		Sun 18 Sutra 194
	Tithi 4	Gulika 7:24AM – 8:52AM	Jyeshtha* Until 11:21PM	Ganesha: Purple Sunrise: 5:55AM	Subhakit 5124
	671276574 Rahu 10:21AM – 11:49AM	Yama 2:46PM – 4:14PM	Sobhana Until 3:54PM	Muruqa: Clear Sunset: 5:43PM	Moon 10 - Phase 27 - 18
Routine Work Marana Yoga		Vanija Until 11:50AM	Nataraja: Clear	3rd Phase	
Until 11:21PM		Chaturthi* Until 10:38PM	Moon – Orange	Bhuloka Day	
Then Creative Work - Amrita Yoga			Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM	

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago
	Dhanus Rasi: 3.53		Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Sun 19 Sutra 195
	Tithi 5	Gulika 5:56AM – 7:24AM	Mula* Until 9:49PM	Ganesha: Clear Sunrise: 5:56AM	Subhakit 5124
	681276574 Rahu 8:52AM – 10:21AM	Yama 1:17PM – 2:46PM	Athiganda* Until 12:45PM	Muruqa: Clear Sunset: 5:42PM	Moon 10 - Phase 27 - 19
Creative Work Siddha Yoga		Bava Until 9:27AM	Nataraja: Clear	3rd Phase	
		Panchami Until 8:14PM	Moon – Light Blue	Devaloka Day	
			Karttika•Aipasi		

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago
	Dhanus Rasi: 18.13		Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau		Sun 20 Sutra 196
	Tithi 6 – 7	Gulika 2:45PM – 4:14PM	Purvashadha* Until 8:11PM	Ganesha: Clear Sunrise: 5:56AM	Subhakit 5124
	681276574 Rahu 4:14PM – 5:42PM	Yama 11:49AM – 1:17PM	Sukarma Until 9:39AM	Muruqa: Clear Sunset: 5:42PM	Moon 10 - Phase 27 - 20
Creative Work Siddha Yoga		Kaulava Until 7:03AM	Nataraja: Clear	3rd Phase	
Until 8:11PM		Shashthi* Until 5:52PM	Moon – Light Blue	Devaloka Day	
Then Creative Work - Amrita Yoga			Karttika•Aipasi		

6	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago
	Makara Rasi: 2.29		Uttarashadha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21 Sutra 197
	Tithi 7 – 8	Gulika 1:17PM – 2:45PM	Uttarashadha Until 6:33PM	Ganesha: Clear Sunrise: 5:56AM	Subhakit 5124
	681276574 Rahu 7:24AM – 8:52AM	Yama 10:21AM – 11:49AM	Dhriti Until 6:37AM	Muruqa: Clear Sunset: 5:42PM	Moon 10 - Phase 27 - 21
Family Home Evening		Visti Until 2:35AM Tue	Nataraja: Clear	3rd Phase	
Routine Work Marana Yoga		Saptami Until 3:38PM	Moon – Light Blue	Devaloka Day	
Until 6:33PM			Karttika•Aipasi		
Then Creative Work - Amrita Yoga					

Retreat Star	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago
	Makara Rasi: 16.4		Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 198
	Tithi 8 – 9	Gulika 11:49AM – 1:17PM	Shravana Until 5:21PM	Ganesha: White Sunrise: 5:56AM	Subhakit 5124
	691276574 Rahu 2:45PM – 4:13PM	Yama 8:52AM – 10:21AM	Ganda* Until 12:55AM Wed	Muruqa: Clear Sunset: 5:41PM	Moon 10 - Phase 27 - 22
Creative Work Siddha Yoga		Balava Until 12:37AM Wed	Nataraja: Clear	Ashtami	
		Ashtami* Until 1:33PM	Moon – Purple	Bhuloka Day	
			Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM	

Retreat Star	Wednesday, November 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
	Kumbha Rasi: 0.43		Dhanishtha/Shatabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 199
	Tithi 9 – 10	Gulika 10:21AM – 11:49AM	Dhanishtha Until 4:14PM	Ganesha: Green Sunrise: 5:56AM	Subhakit 5124
	692276574 Rahu 11:49AM – 1:17PM	Yama 7:24AM – 8:53AM	Vriddhi Until 10:20PM	Muruqa: Clear Sunset: 5:41PM	Moon 10 - Phase 27 - 23
Routine Work Prabalarishta Yoga		Taitila Until 10:51PM	Nataraja: Clear	Navami	
Until 4:14PM		Navami* Until 11:41AM	Moon – Purple	Bhuloka Day	
Then Creative Work - Siddha Yoga			Karttika•Aipasi	Devaloka Time: 3:PM to 6:PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				ain, Trinidad and Tobago
	Kumbha Rasi: 14.37	Tithi 10 - 11	Gulika 8:53AM - 10:21AM	Shatabhishak Until 3:12PM	Ganesha: Green	<i>Sunrise:</i> 5:57AM	Sun 24 Sutra 200
			Yama 5:57AM - 7:25AM	Dhruva Until 7:56PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Subhakrit 5124
	Creative Work	Siddha Yoga	692276574 Rahu 1:17PM - 2:45PM	Vanija Until 9:22PM	Nataraja: Clear		Moon 10 - Phase 28 - 24 4th Phase
			Dashami Until 10:03AM	Moon - Purple		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

2	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vyaghata*Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				ain, Trinidad and Tobago
	Kumbha Rasi: 28.22	Tithi 11 - 12	Gulika 7:25AM - 8:53AM	Purvaproshtapada* Until 2:44PM	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	Sun 25 Sutra 201
			Yama 2:45PM - 4:13PM	Vyaghata* Until 5:46PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Subhakrit 5124
	Creative Work	Siddha Yoga	612276574 Rahu 10:21AM - 11:49AM	Bava Until 8:10PM	Nataraja: Clear		Moon 10 - Phase 28 - 25 4th Phase
			Ekadashi Until 8:42AM	Moon - Clear		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

3	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago
	Meena Rasi: 11.55	Tithi 12 - 13	Gulika 5:57AM - 7:25AM	Uttaraproshtapada Until 2:28PM	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	Sun 26 Sutra 202
			Yama 1:17PM - 2:45PM	Harshana Until 3:54PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Subhakrit 5124
	Creative Work	Siddha Yoga	612276574 Rahu 8:53AM - 10:21AM	Kaulava Until 7:19PM	Nataraja: Clear		Moon 10 - Phase 28 - 26 4th Phase
			Dvadashi Until 7:40AM	Moon - Clear		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>			

4	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				ain, Trinidad and Tobago
	Meena Rasi: 25.16	Tithi 13 - 14	Gulika 2:45PM - 4:12PM	Revati Until 2:25PM	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	Sun 27 Sutra 203
			Yama 11:49AM - 1:17PM	Vajra* Until 2:18PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Subhakrit 5124
	Creative Work	Amrita Yoga	612276574 Rahu 4:12PM - 5:40PM	Gara Until 6:52PM	Nataraja: Clear		Moon 10 - Phase 28 - 27 4th Phase
			Trayodashi Until 7:01AM	Moon - Clear		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				ain, Trinidad and Tobago
	Copper Retreat Star		Gulika 1:17PM - 2:45PM	Ashvini Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:58AM	Sun 204
	Mesha Rasi: 8.24	Tithi 14 - 15	Yama 10:21AM - 11:49AM	Siddhi Until 1:05PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Subhakrit 5124
	Family Home Evening	722276574	Rahu 7:25AM - 8:53AM	Visti Until 6:52PM	Nataraja: Clear		Moon 10 - Phase 28 - Purnima
			Chaturdashi* Until 6:47AM	Moon - White		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				ain, Trinidad and Tobago
	Silver Retreat Star		Gulika 11:49AM - 1:17PM	Bharani Until 4:08PM	Ganesha: Blue	<i>Sunrise:</i> 5:58AM	Sun 205
	Mesha Rasi: 21.17	Tithi 15 - 16	Yama 8:53AM - 10:21AM	Vyatipata* Until 12:14PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Subhakrit 5124
	Creative Work	Siddha Yoga	722276574 Rahu 2:44PM - 4:12PM	Balava Until 7:23PM	Nataraja: Clear		Moon 10 - Phase 28 - Prathama
			Purnima* Until 7:02AM	Moon - White		Bhuloka Day	
				Kartika-Aipasi		Devaloka Time: 3:PM to 6:PM	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vairyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

ain, Trinidad and Tobago

Sutra 206

Subhakarit 5124

Vrishabha Rasi: 3.56 Tithi 16 – 17

722276574

Gulika 10:21AM – 11:49AM
Yama 7:26AM – 8:54AM
Rahu 11:49AM – 1:17PM

Krittika Until 5:29PM

Vairyan Until 11:46AM

Taitila Until 8:25PM

Prathama* Until 7:49AM

Ganesha: Blue

Sunrise: 5:58AM

Muruqa: Clear

Sunset: 5:40PM

Nataraja: Clear

Moon – White

Kartika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 5:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 207

Subhakarit 5124

Vrishabha Rasi: 16.21 Tithi 17 – 18

732276574

Gulika 8:54AM – 10:21AM
Yama 5:59AM – 7:26AM
Rahu 1:17PM – 2:44PM

Rohini Until 7:39PM

Parigha* Until 11:42AM

Vanija Until 9:56PM

Dvitiya Until 9:06AM

Ganesha: Red

Sunrise: 5:59AM

Muruqa: Clear

Sunset: 5:40PM

Nataraja: Clear

Moon – Yellow

Kartika•Aipasi

Devaloka Day

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 208

Subhakarit 5124

Vrishabha Rasi: 28.34 Tithi 18 – 19

732276574

Gulika 7:26AM – 8:54AM
Yama 2:44PM – 4:12PM
Rahu 10:22AM – 11:49AM

Mrigashira Until 10:05PM

Shiva Until 12:00PM

Bava Until 11:55PM

Tritiya Until 10:51AM

Ganesha: Red

Sunrise: 5:59AM

Muruqa: Clear

Sunset: 5:40PM

Nataraja: Clear

Moon – Yellow

Kartika•Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 209

Subhakarit 5124

Mithuna Rasi: 10.37 Tithi 19 – 20

732276574

Gulika 5:59AM – 7:27AM
Yama 1:17PM – 2:44PM
Rahu 8:54AM – 10:22AM

Ardra Until 12:39AM Sun

Siddha Until 12:34PM

Kaulava Until 2:12AM Sun

Chaturthi* Until 1:00PM

Ganesha: Red

Sunrise: 5:59AM

Muruqa: Clear

Sunset: 5:40PM

Nataraja: Clear

Moon – Yellow

Kartika•Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 210

Subhakarit 5124

Mithuna Rasi: 22.34 Tithi 20 – 21

742276574

Gulika 2:44PM – 4:12PM
Yama 11:49AM – 1:17PM
Rahu 4:12PM – 5:39PM

Punarvasu Until 3:45AM Mon

Sadhya Until 1:19PM

Gara Until 4:41AM Mon

Panchami Until 3:24PM

Ganesha: Green

Sunrise: 6:00AM

Muruqa: Clear

Sunset: 5:39PM

Nataraja: Clear

Moon – Blue

Kartika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 211

Subhakarit 5124

Kataka Rasi: 4.26 Tithi 21 – 22

742376574

Gulika 1:17PM – 2:45PM
Yama 10:22AM – 11:50AM
Rahu 7:27AM – 8:55AM

Pushya Until 6:40AM Tue

Subha Until 2:11PM

Visti Until 7:09AM Tue

Shashthi* Until 5:54PM

Ganesha: White

Sunrise: 6:00AM

Muruqa: Clear

Sunset: 5:39PM

Nataraja: Clear

Moon – Blue

Kartika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

6

Tuesday, November 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 212

Subhakarit 5124

Kataka Rasi: 16.19 Tithi 22

743376574

Gulika 11:50AM – 1:17PM
Yama 8:55AM – 10:22AM
Rahu 2:45PM – 4:12PM

Pushya Until 6:40AM

Sukla Until 2:57PM

Visti Until 7:09AM

Saptami Until 8:18PM

Ganesha: Green

Sunrise: 6:00AM

Muruqa: Clear

Sunset: 5:39PM

Nataraja: Clear

Moon – Blue

Kartika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

7

Wednesday, November 16, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 213

Subhakarit 5124

Kataka Rasi: 28.17 Tithi 23

743376574

Gulika 10:23AM – 11:50AM
Yama 7:28AM – 8:55AM
Rahu 11:50AM – 1:17PM

Ashlesha* Until 9:15AM

Brahma Until 3:33PM

Balava Until 9:26AM

Ashtami* Until 10:24PM

Ganesha: Green

Sunrise: 6:01AM

Muruqa: Clear

Sunset: 5:39PM

Nataraja: Clear

Moon – Blue

Kartika•Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago

Sun 8 Sutra 214

Subhakarit 5124

Simha Rasi: 10.23 Tithi 24

753376575

Gulika 8:56AM – 10:23AM
Yama 6:01AM – 7:28AM
Rahu 1:17PM – 2:45PM

Magha* Until 11:47AM

Indra Until 3:49PM

Taitila Until 11:19AM

Navami* Until 12:01AM Fri

Ganesha: Orange

Sunrise: 6:01AM

Muruqa: Clear

Sunset: 5:39PM

Nataraja: Purple

Moon – Red

Kartika•Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 11:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		ain, Trinidad and Tobago Sun 9 Sutra 215	
Simha Rasi: 22.42	Tithi 25	Gulika 7:29AM – 8:56AM	Purvaphalguni Until 1:35PM	Ganesha: Orange	<i>Sunrise:</i> 6:01AM	Subhakrit 5124	
		Yama 2:45PM – 4:12PM	Vaidhriti* Until 3:37PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 11 - Phase 30 - 9	
753376575	Rahu 10:23AM – 11:50AM		Vanija Until 12:37PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 1:00AM Sat	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau		ain, Trinidad and Tobago Sun 10 Sutra 216	
Kanya Rasi: 5.19	Tithi 26	Gulika 6:02AM – 7:29AM	Uttaraphalguni Until 2:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM	Subhakrit 5124	
		Yama 1:18PM – 2:45PM	Vishkambha* Until 2:53PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 11 - Phase 30 - 10	
753376575	Rahu 8:56AM – 10:23AM		Bava Until 1:13PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 1:13AM Sun	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau		ain, Trinidad and Tobago Sun 11 Sutra 217	
Kanya Rasi: 18.17	Tithi 27	Gulika 2:45PM – 4:12PM	Hasta Until 3:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:02AM	Subhakrit 5124	
		Yama 11:51AM – 1:18PM	Priti Until 1:33PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 11 - Phase 30 - 11	
763376575	Rahu 4:12PM – 5:39PM		Kaulava Until 1:03PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dvadashti* Until 12:40AM Mon	Moon – Green		Devaloka Day	
Until 3:07PM				Karttika-Karttikai			
Then Creative Work - Siddha Yoga							

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		ain, Trinidad and Tobago Sun 12 Sutra 218	
Tula Rasi: 1.4	Tithi 28	Gulika 1:18PM – 2:45PM	Chitra Until 2:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:03AM	Subhakrit 5124	
Family Home Evening		Yama 10:24AM – 11:51AM	Ayushman Until 11:36AM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 11 - Phase 30 - 12	
763376575	Rahu 7:30AM – 8:57AM		Gara Until 12:07PM	Nataraja: Purple		2nd Phase	
Routine Work	Prabalarishta Yoga		Trayodashi* Until 11:22PM	Moon – Green		Devaloka Day	
Until 2:45PM				Karttika-Karttikai			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		ain, Trinidad and Tobago Sun 13 Sutra 219	
Tula Rasi: 15.28	Tithi 29	Gulika 11:51AM – 1:18PM	Svati Until 1:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:03AM	Subhakrit 5124	
		Yama 8:57AM – 10:24AM	Saubhagya Until 9:07AM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 13	
763376575	Rahu 2:45PM – 4:13PM		Visti Until 10:30AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:26PM	Moon – Green		Devaloka Day	
Until 1:34PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Alhiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		ain, Trinidad and Tobago Sun 14 Sutra 220	
Retreat Star		Gulika 10:25AM – 11:52AM	Vishakha Until 12:07PM	Ganesha: Purple	<i>Sunrise:</i> 6:04AM	Subhakrit 5124	
Tula Rasi: 29.39	Tithi 30	Yama 7:31AM – 8:58AM	Sobhana Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 14	
773376575	Rahu 11:52AM – 1:19PM		Catuspada Until 8:16AM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 6:58PM	Moon – Orange		Devaloka Day	
				Karttika-Karttikai			

Thursday, November 24, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathamam/Dvitiyayam Titau		ain, Trinidad and Tobago Sun 15 Sutra 221	
Vriscika Rasi: 14.09	Tithi 1 – 2	Gulika 8:58AM – 10:25AM	Anuradha Until 10:06AM	Ganesha: Purple	<i>Sunrise:</i> 6:04AM	Subhakrit 5124	
		Yama 6:04AM – 7:31AM	Sukarma Until 11:11PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 30 - 15	
773376575	Rahu 1:19PM – 2:46PM		Balava Until 2:39AM Fri	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 4:08PM	Moon – Orange		Devaloka Day	
Until 10:06AM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		ain, Trinidad and Tobago Sun 16 Sutra 222 Subhakrit 5124		
Vrischika Rasi: 28.52	Tithi 2 – 3	Gulika 7:31AM – 8:58AM	Jyeshtha* Until 7:41AM	Ganesha: Purple	<i>Sunrise:</i> 6:04AM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 31 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 2:46PM – 4:13PM	Dhriti Until 7:27PM	Nataraja: Purple		Moon – Orange		Devaloka Day
Until 7:41AM		773376575 Rahu 10:25AM – 11:52AM	Taitila Until 11:32PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Dvitiya Until 1:05PM					
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		ain, Trinidad and Tobago Sun 17 Sutra 223 Subhakrit 5124		
Dhanus Rasi: 13.4	Tithi 3 – 4	Gulika 6:05AM – 7:32AM	Purvashadha* Until 3:06AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:05AM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 1:19PM – 2:46PM	Shula* Until 3:41PM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 3:06AM Sun		783376575 Rahu 8:59AM – 10:26AM	Vanija Until 8:26PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Tritiya Until 9:57AM					
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 224 Subhakrit 5124		
Dhanus Rasi: 28.26	Tithi 4 – 5	Gulika 2:47PM – 4:13PM	Uttarashadha Until 12:49AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:05AM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 31 - 18 3rd Phase
Creative Work	Amrita Yoga	Yama 11:53AM – 1:20PM	Ganda* Until 12:00PM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 11:06PM		783376575 Rahu 4:13PM – 5:40PM	Balava Until 4:04AM Mon	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Chaturthi* Until 6:55AM					
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 225 Subhakrit 5124		
Makara Rasi: 13.03	Tithi 6	Gulika 1:20PM – 2:47PM	Shravana Until 11:06PM	Ganesha: Orange	<i>Sunrise:</i> 6:06AM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 11 - Phase 31 - 19 3rd Phase
Family Home Evening		Yama 10:26AM – 11:53AM	Vridhi Until 8:32AM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Creative Work	Amrita Yoga	793376575 Rahu 7:33AM – 9:00AM	Kaulava Until 2:47PM	Margasira-Karttikai				
Until 11:06PM			Shashthi* Until 1:34AM Tue					
Then Creative Work - Siddha Yoga								
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 226 Subhakrit 5124		
Makara Rasi: 27.26	Tithi 7	Gulika 11:54AM – 1:20PM	Dhanishtha Until 9:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Moon 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 9:00AM – 10:27AM	Vyaghata* Until 2:29AM Wed	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 9:39PM		794376575 Rahu 2:47PM – 4:14PM	Gara Until 12:28PM	Margasira-Karttikai				
Then Routine Work - Marana Yoga			Saptami Until 11:28PM					
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 227 Subhakrit 5124		
Kumbha Rasi: 11.31	Tithi 8	Gulika 10:27AM – 11:54AM	Shatabhishak Until 8:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Moon 11 - Phase 31 - 21 Ashtami
Creative Work	Siddha Yoga	Yama 7:34AM – 9:00AM	Harshana Until 12:02AM Thu	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 8:32PM		794376575 Rahu 11:54AM – 1:21PM	Visti Until 10:37AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Ashtami* Until 9:51PM					
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		ain, Trinidad and Tobago Sun 22 Sutra 228 Subhakrit 5124		
Kumbha Rasi: 25.19	Tithi 9	Gulika 9:01AM – 10:28AM	Purvaproshtapada* Until 8:12PM	Ganesha: Red	<i>Sunrise:</i> 6:07AM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Moon 11 - Phase 31 - 22 Navami
Creative Work	Siddha Yoga	Yama 6:07AM – 7:34AM	Vajra* Until 9:57PM	Nataraja: Purple		Moon – Clear		Sivaloka Day
Until 8:32PM		714376575 Rahu 1:21PM – 2:48PM	Balava Until 9:15AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga			Navami* Until 8:45PM					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331


1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago	
Meena Rasi: 8.47		Tithi 10		Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 229	
Creative Work		Siddha Yoga		Gulika 7:35AM – 9:01AM		Uttaraproshtapada Until 8:14PM	
		714376575		Yama 2:48PM – 4:15PM		Siddhi Until 8:18PM	
				Rahu 10:28AM – 11:55AM		Taitila Until 8:25AM	
						Dashedhi Until 8:10PM	
						Ganesha: Red Sunrise: 6:08AM	
						Muruqa: Clear Sunset: 5:41PM	
						Nataraja: Purple	
						Moon – Clear	
						Sivaloka Day	
						Margasira-Karttikai	

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago	
Meena Rasi: 21.59		Tithi 11		Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 230	
Routine Work		Prabalarishta Yoga		Gulika 6:08AM – 7:35AM		Revati Until 8:37PM	
Until 8:37PM				Yama 1:22PM – 2:48PM		Vyatipata* Until 7:04PM	
Then Creative Work - Siddha Yoga				714376575		Rahu 9:02AM – 10:28AM	
						Vanija Until 8:05AM	
				Gita Jayanthi		Ekadashi Until 8:06PM	
						Ganesha: Red Sunrise: 6:08AM	
						Muruqa: Clear Sunset: 5:42PM	
						Nataraja: Purple	
						Moon – Clear	
						Sivaloka Day	
						Margasira-Karttikai	

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago	
Mesha Rasi: 4.56		Tithi 12		Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 231	
Creative Work		Siddha Yoga		Gulika 2:49PM – 4:15PM		Ashvini Until 9:45PM	
Until 9:45PM				Yama 11:55AM – 1:22PM		Varyan Until 6:10PM	
Then Routine Work - Prabalarishta Yoga				724376575		Rahu 4:15PM – 5:42PM	
						Bava Until 8:15AM	
						Dvadashi Until 8:30PM	
						Ganesha: Blue Sunrise: 6:09AM	
						Muruqa: Clear Sunset: 5:42PM	
						Nataraja: Purple	
						Moon – White	
						Devaloka Day	
						Margasira-Karttikai	

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago	
Mesha Rasi: 17.4		Tithi 13		Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 232	
Family Home Evening		Creative Work		Gulika 1:22PM – 2:49PM		Bharani Until 11:09PM	
Siddha Yoga				Yama 10:29AM – 11:56AM		Parigha* Until 5:37PM	
Until 11:09PM				724376575		Rahu 7:36AM – 9:03AM	
Then Routine Work - Marana Yoga						Kaulava Until 8:53AM	
						Trayodashi Until 9:20PM	
						Ganesha: Blue Sunrise: 6:09AM	
						Muruqa: Clear Sunset: 5:42PM	
						Nataraja: Purple	
						Moon – White	
						Devaloka Day	
						Margasira-Karttikai	
						Pradosha Vrata	

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago	
Vrishabha Rasi: 0.13		Tithi 14		Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 233	
Creative Work		Siddha Yoga		Gulika 11:56AM – 1:23PM		Krittika Until 12:47AM Wed	
				Yama 9:03AM – 10:30AM		Shiva Until 5:23PM	
				724376575		Rahu 2:49PM – 4:16PM	
						Gara Until 9:56AM	
						Chaturdashi* Until 10:35PM	
				Krittika Deepam		Ganesha: Blue Sunrise: 6:10AM	
						Muruqa: Clear Sunset: 5:43PM	
						Nataraja: Purple	
						Moon – White	
						Devaloka Day	
						Margasira-Karttikai	

		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago	
Vrishabha Rasi: 12.35		Tithi 15		Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 234	
Copper Retreat Star		Creative Work		Gulika 10:30AM – 11:57AM		Rohini Until 3:05AM Thu	
Siddha Yoga				Yama 7:37AM – 9:04AM		Siddha Until 5:25PM	
Until 3:05AM Thu				734376575		Rahu 11:57AM – 1:23PM	
Then Routine Work - Marana Yoga						Visti Until 11:22AM	
						Purnima* Until 12:12AM Thu	
						Ganesha: Yellow Sunrise: 6:10AM	
						Muruqa: Clear Sunset: 5:43PM	
						Nataraja: Purple	
						Moon – Yellow	
						Sivaloka Day	
						Margasira-Karttikai	

Thursday, December 8, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago	
Vrishabha Rasi: 24.48		Tithi 16		Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 235	
Routine Work		Marana Yoga		Gulika 9:04AM – 10:31AM		Mrigashira Until 5:32AM Fri	
Until 5:32AM Fri				Yama 6:11AM – 7:37AM		Sadhya Until 5:43PM	
Then Creative Work - Siddha Yoga				734376575		Rahu 1:24PM – 2:50PM	
						Balava Until 1:10PM	
				Vinayaga Viratam Begins		Prathama* Until 2:09AM Fri	
						Ganesha: Yellow Sunrise: 6:11AM	
						Muruqa: Clear Sunset: 5:43PM	
						Nataraja: Purple	
						Moon – Yellow	
						Sivaloka Day	
						Margasira-Karttikai	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha Yoga Tailila/Gara Karana Dvitiyayam Titau

ain, Trinidad and Tobago

Sutra 236

Mithuna Rasi: 6.53 Tithi 17

734476575

Gulika 7:38AM – 9:05AM
Yama 2:51PM – 4:17PM
Rahu 10:31AM – 11:58AM

Ardra Until 8:03AM Sat

Subha Until 6:14PM

Taitila Until 3:15PM

Dvitiya Until 4:22AM Sat

Ganesha: Red

Sunrise: 6:11AM

Muruqa: Clear

Sunset: 5:44PM

Nataraja: Purple

Moon – Yellow

Margasira-Karttikai

Subhakarit 5124

Moon 12 - Phase 33 -

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 237

Mithuna Rasi: 18.53 Tithi 18

734476575

Gulika 6:12AM – 7:38AM
Yama 1:25PM – 2:51PM
Rahu 9:05AM – 10:31AM

Ardra Until 8:03AM

Sukla Until 6:54PM

Vanija Until 5:35PM

Tritiya Until 6:47AM Sun

Ganesha: Red

Sunrise: 6:12AM

Muruqa: Clear

Sunset: 5:44PM

Nataraja: Purple

Moon – Yellow

Margasira-Karttikai

Subhakarit 5124

Moon 12 - Phase 33 - 1

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

ain, Trinidad and Tobago

Sun 2 Sutra 238

Kataka Rasi: 0.48 Tithi 18 – 19

744476575

Gulika 2:51PM – 4:18PM
Yama 11:58AM – 1:25PM
Rahu 4:18PM – 5:44PM

Punarvasu Until 11:06AM

Brahma Until 7:42PM

Bava Until 8:04PM

Tritiya Until 6:47AM

Ganesha: Green

Sunrise: 6:13AM

Muruqa: Clear

Sunset: 5:44PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Subhakarit 5124

Moon 12 - Phase 33 - 2

1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 239

Kataka Rasi: 12.4 Tithi 19 – 20

745476575

Gulika 1:25PM – 2:52PM
Yama 10:32AM – 11:59AM
Rahu 7:40AM – 9:06AM

Pushya Until 2:03PM

Indra Until 8:33PM

Kaulava Until 10:36PM

Chaturthi* Until 9:19AM

Ganesha: White

Sunrise: 6:13AM

Muruqa: Clear

Sunset: 5:45PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Subhakarit 5124

Moon 12 - Phase 33 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 240

Kataka Rasi: 24.32 Tithi 20 – 21

745476575

Gulika 11:59AM – 1:26PM
Yama 9:06AM – 10:33AM
Rahu 2:52PM – 4:19PM

Ashlesha* Until 4:48PM

Vaidhrili* Until 9:19PM

Gara Until 1:03AM Wed

Panchami Until 11:49AM

Ganesha: White

Sunrise: 6:14AM

Muruqa: Clear

Sunset: 5:45PM

Nataraja: Purple

Moon – Blue

Margasira-Karttikai

Subhakarit 5124

Moon 12 - Phase 33 - 4

1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 241

Simha Rasi: 6.28 Tithi 21 – 22

755476575

Gulika 10:33AM – 12:00PM
Yama 7:41AM – 9:07AM
Rahu 12:00PM – 1:26PM

Magha* Until 7:42PM

Vishkambha* Until 9:55PM

Visti Until 3:14AM Thu

Shashthi* Until 2:10PM

Ganesha: Clear

Sunrise: 6:14AM

Muruqa: Clear

Sunset: 5:46PM

Nataraja: Purple

Moon – Red

Margasira-Karttikai

Subhakarit 5124

Moon 12 - Phase 33 - 5

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 7:42PM

Then Creative Work - Amrita Yoga

6

Thursday, December 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 242

Simha Rasi: 18.31 Tithi 22 – 23

755476575

Gulika 9:07AM – 10:34AM
Yama 6:15AM – 7:41AM
Rahu 1:27PM – 2:53PM

Purvaphalguni Until 10:02PM

Priti Until 10:13PM

Balava Until 4:57AM Fri

Saptami Until 4:08PM

Ganesha: Clear

Sunrise: 6:15AM

Muruqa: Clear

Sunset: 5:46PM

Nataraja: Purple

Moon – Red

Margasira-Karttikai

Subhakarit 5124

Moon 12 - Phase 33 - 6

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

7

Friday, December 16, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 243

Kanya Rasi: 0.44 Tithi 23 – 24

855476575

Gulika 7:42AM – 9:08AM
Yama 2:54PM – 4:20PM
Rahu 10:34AM – 12:01PM

Uttaraphalguni Until 11:38PM

Ayushman Until 10:02PM

Taitila Until 6:01AM Sat

Ashtami* Until 5:33PM

Ganesha: White

Sunrise: 6:15AM

Muruqa: Clear

Sunset: 5:47PM

Nataraja: Purple

Moon – Red

Margasira-Markali

Subhakarit 5124

Moon 12 - Phase 33 - 7

Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 11:38PM

Then Creative Work - Amrita Yoga

8

Saturday, December 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago

Sun 8 Sutra 244

Kanya Rasi: 13.16 Tithi 24

865476575

Gulika 6:16AM – 7:42AM
Yama 1:28PM – 2:54PM
Rahu 9:09AM – 10:35AM

Hasta Until 12:49AM Sun

Saubhagya Until 9:17PM

Taitila Until 6:01AM

Navami* Until 6:14PM

Ganesha: Clear

Sunrise: 6:16AM

Muruqa: Clear

Sunset: 5:47PM

Nataraja: Purple

Moon – Green

Margasira-Markali

Subhakarit 5124

Moon 12 - Phase 33 - 8

Navami

Sivaloka Day

Routine Work Marana Yoga

Until 12:49AM Sun

Then Creative Work - Siddha Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1 Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago
		Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 245
Kanya Rasi: 26.08	Tithi 25	Gulika 2:55PM – 4:21PM	Chitra Until 1:01AM Mon	Subhakrit 5124
		Yama 12:02PM – 1:28PM	Sobhana Until 7:54PM	Moon 12 - Phase 34 - 9
	865476575	Rahu 4:21PM – 5:47PM	Vanija Until 6:17AM	2nd Phase
Creative Work Siddha Yoga			Dashami Until 6:05PM	Sivaloka Day
Until 1:01AM Mon				Margasira*Markali
Then Creative Work - Amrita Yoga				

2 Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago
		Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 246
Tula Rasi: 9.27	Tithi 26 – 27	Gulika 1:29PM – 2:55PM	Svati Until 12:15AM Tue	Subhakrit 5124
Family Home Evening		Yama 10:36AM – 12:02PM	Athiganda* Until 5:49PM	Moon 12 - Phase 34 - 10
Creative Work Amrita Yoga	865476575	Rahu 7:43AM – 9:10AM	Kaulava Until 4:17AM Tue	2nd Phase
Until 12:15AM Tue			Ekadashi* Until 5:04PM	Sivaloka Day
Then Routine Work - Marana Yoga				Margasira*Markali

3 Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago
		Vishakha Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 247
Tula Rasi: 23.15	Tithi 27 – 28	Gulika 12:03PM – 1:29PM	Vishakha Until 11:01PM	Subhakrit 5124
		Yama 9:10AM – 10:36AM	Sukarma Until 3:07PM	Moon 12 - Phase 34 - 11
	875476575	Rahu 2:56PM – 4:22PM	Gara Until 2:06AM Wed	2nd Phase
Routine Work Marana Yoga			Dvadashi* Until 3:15PM	Devaloka Day
Until 11:01PM				Margasira*Markali
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>

4 Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago
		Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 248
Vrischika Rasi: 7.31	Tithi 28 – 29	Gulika 10:37AM – 12:03PM	Anuradha Until 9:00PM	Subhakrit 5124
		Yama 7:44AM – 9:11AM	Dhriti Until 11:52AM	Moon 12 - Phase 34 - 12
	876476575	Rahu 12:03PM – 1:30PM	Visti Until 11:18PM	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 12:45PM	Sivaloka Day
		Day 1 of Pancha Ganapati		Margasira*Markali

Thursday, December 22, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago
		Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 249
Vrischika Rasi: 22.13	Tithi 29 – 30	Gulika 9:11AM – 10:37AM	Jyeshtha* Until 6:22PM	Subhakrit 5124
		Yama 6:18AM – 7:45AM	Shula* Until 8:09AM	Moon 12 - Phase 34 - 13
	876476575	Rahu 1:30PM – 2:57PM	Catuspada Until 8:02PM	Amavasya
Routine Work Prabalarishta Yoga			Chaturdashi* Until 9:42AM	Sivaloka Day
Until 6:22PM		Day 2 of Pancha Ganapati		Margasira*Markali
Then Creative Work - Siddha Yoga				

Friday, December 23, 2022		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago
		Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 250
Dhanus Rasi: 7.12	Tithi 30 – 1	Gulika 7:45AM – 9:12AM	Mula* Until 3:42PM	Subhakrit 5124
		Yama 2:57PM – 4:24PM	Vriddhi Until 11:56PM	Moon 12 - Phase 34 - 14
	886476575	Rahu 10:38AM – 12:04PM	Bava Until 2:38AM Sat	Prathama
Creative Work Amrita Yoga			Amavasya* Until 6:16AM	Sivaloka Day
Until 3:42PM		Day 3 of Pancha Ganapati		Pausha*Markali
Then Routine Work - Prabalarishta Yoga				

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau		ain, Trinidad and Tobago Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 22.22	Tithi 2	Gulika 6:19AM – 7:46AM	Purvashadha* Until 12:46PM	Ganesha: Orange	Sunrise: 6:19AM	Moon 12 - Phase 35 - 15	3rd Phase
		Yama 1:31PM – 2:58PM	Dhruva Until 7:40PM	Muruḡa: Purple	Sunset: 5:50PM		
		886486575 Rahu 9:12AM – 10:38AM	Balava Until 12:49PM	Nataraja: Purple			
Creative Work Siddha Yoga				Moon – Light Blue			
Until 12:46PM		Day 4 of Pancha Ganapati	Dvitiya Until 10:58PM	Pausha*Markali			Subha Sivaloka Day
Then Routine Work - Marana Yoga							
2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		ain, Trinidad and Tobago Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 7.32	Tithi 3	Gulika 2:58PM – 4:25PM	Uttarashadha Until 9:46AM	Ganesha: Orange	Sunrise: 6:20AM	Moon 12 - Phase 35 - 16	3rd Phase
		Yama 12:05PM – 1:32PM	Vyaghata* Until 3:30PM	Muruḡa: Purple	Sunset: 5:51PM		
		886486575 Rahu 4:25PM – 5:51PM	Taitila Until 9:11AM	Nataraja: Purple			
Creative Work Amrita Yoga				Moon – Light Blue			
		Day 5 of Pancha Ganapati	Tritiya Until 7:26PM	Pausha*Markali			Subha Sivaloka Day
3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		ain, Trinidad and Tobago Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 22.33	Tithi 4 – 5	Gulika 1:32PM – 2:59PM	Shravana Until 7:15AM	Ganesha: Clear	Sunrise: 6:20AM	Moon 12 - Phase 35 - 17	3rd Phase
Family Home Evening		Yama 10:39AM – 12:06PM	Harshana Until 11:35AM	Muruḡa: Purple	Sunset: 5:51PM		
		896486576 Rahu 7:47AM – 9:13AM	Bava Until 2:47AM Tue	Nataraja: Clear			
Creative Work Amrita Yoga				Moon – Purple			Sivaloka Day
Until 7:15AM			Chaturthi* Until 4:13PM	Pausha*Markali			
Then Creative Work - Siddha Yoga							
4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		ain, Trinidad and Tobago Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 7.16	Tithi 5 – 6	Gulika 12:06PM – 1:33PM	Shatabhishak Until 3:08AM Wed	Ganesha: Clear	Sunrise: 6:21AM	Moon 12 - Phase 35 - 18	3rd Phase
		Yama 9:13AM – 10:40AM	Vajra* Until 7:58AM	Muruḡa: Purple	Sunset: 5:52PM		
		896486576 Rahu 2:59PM – 4:26PM	Kaulava Until 12:18AM Wed	Nataraja: Clear			
Routine Work Marana Yoga				Moon – Purple			Sivaloka Day
Until 3:08AM Wed			Panchami Until 1:27PM	Pausha*Markali			
Then Creative Work - Amrita Yoga							
5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		ain, Trinidad and Tobago Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 21.35	Tithi 6 – 7	Gulika 10:40AM – 12:07PM	Purvaproshtapada* Until 2:12AM Thu	Ganesha: Red	Sunrise: 6:21AM	Moon 12 - Phase 35 - 19	3rd Phase
		Yama 7:47AM – 9:14AM	Vyatipata* Until 2:14AM Thu	Muruḡa: Purple	Sunset: 5:53PM		
		816486576 Rahu 12:07PM – 1:33PM	Gara Until 10:27PM	Nataraja: Clear			
Creative Work Amrita Yoga				Moon – Clear			Sivaloka Day
Until 2:12AM Thu			Shashthi* Until 11:16AM	Pausha*Markali			
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					
Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau		ain, Trinidad and Tobago Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 5.29	Tithi 7 – 8	Gulika 9:14AM – 10:41AM	Uttaraproshtapada Until 1:51AM Fri	Ganesha: Blue	Sunrise: 6:22AM	Moon 12 - Phase 35 - 20	Ashtami
		Yama 6:22AM – 7:48AM	Variyan Until 12:11AM Fri	Muruḡa: Purple	Sunset: 5:53PM		
		817486576 Rahu 1:34PM – 3:00PM	Visti Until 9:20PM	Nataraja: Clear			
Creative Work Siddha Yoga				Moon – Clear			Devaloka Day
			Saptami Until 9:47AM	Pausha*Markali			
Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		ain, Trinidad and Tobago Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 18.57	Tithi 8 – 9	Gulika 7:48AM – 9:15AM	Revati Until 2:04AM Sat	Ganesha: Blue	Sunrise: 6:22AM	Moon 12 - Phase 35 - 21	Navami
		Yama 3:01PM – 4:27PM	Parigha* Until 10:44PM	Muruḡa: Purple	Sunset: 5:54PM		
		817486576 Rahu 10:41AM – 12:08PM	Balava Until 8:57PM	Nataraja: Clear			
Creative Work Siddha Yoga				Moon – Clear			Devaloka Day
			Ashtami* Until 9:02AM	Pausha*Markali			

1	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam		ain, Trinidad and Tobago	
	Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 258	
Mesha Rasi: 2.01	Tithi 9 – 10	Gulika 6:22AM – 7:49AM	Ashvini Until 3:16AM Sun	Ganesha: Yellow	Sunrise: 6:22AM	Subhakrit 5124
		Yama 1:35PM – 3:01PM	Shiva Until 9:51PM	Muruga: Purple	Sunset: 5:54PM	Moon 12 - Phase 36 - 22
827486576	Rahu 9:15AM – 10:42AM		Taitila Until 9:17PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:01AM	Moon – White		Sivaloka Day
Until 3:16AM Sun				Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

2	Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago	
	Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 259	
Mesha Rasi: 14.46	Tithi 10 – 11	Gulika 3:02PM – 4:28PM	Bharani Until 4:53AM Mon	Ganesha: Yellow	Sunrise: 6:23AM	Subhakrit 5124
		Yama 12:09PM – 1:35PM	Siddha Until 9:24PM	Muruga: Purple	Sunset: 5:55PM	Moon 12 - Phase 36 - 23
827486576	Rahu 4:28PM – 5:55PM		Vanija Until 10:16PM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga		Dashami Until 9:41AM	Moon – White		Sivaloka Day
Until 4:53AM Mon		Vaikuntha Ekadasi		Pausha-Markali		
Then Routine Work - Marana Yoga						

3	Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago	
	Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 260	
Mesha Rasi: 27.14	Tithi 11 – 12	Gulika 1:36PM – 3:02PM	Krittika Until 6:47AM Tue	Ganesha: Yellow	Sunrise: 6:23AM	Subhakrit 5124
Family Home Evening		Yama 10:43AM – 12:09PM	Sadhya Until 9:22PM	Muruga: Purple	Sunset: 5:55PM	Moon 12 - Phase 36 - 24
827486576	Rahu 7:50AM – 9:16AM		Bava Until 11:44PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 10:55AM	Moon – White		Sivaloka Day
Until 6:47AM Tue				Pausha-Markali		
Then Creative Work - Amrita Yoga						

4	Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago	
	Krittika/Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 261	
Vrishabha Rasi: 9.3	Tithi 12 – 13	Gulika 12:10PM – 1:36PM	Krittika Until 6:47AM	Ganesha: Blue	Sunrise: 6:24AM	Subhakrit 5124
		Yama 9:17AM – 10:43AM	Subha Until 9:38PM	Muruga: Purple	Sunset: 5:56PM	Moon 12 - Phase 36 - 25
827586576	Rahu 3:03PM – 4:29PM		Kaulava Until 1:35AM Wed	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 12:36PM	Moon – White		Subha Sivaloka Day
Until 6:47AM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

Pradosha Vrata

5	Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago	
	Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 262	
Vrishabha Rasi: 21.38	Tithi 13 – 14	Gulika 10:44AM – 12:10PM	Rohini Until 9:21AM	Ganesha: White	Sunrise: 6:24AM	Subhakrit 5124
		Yama 7:50AM – 9:17AM	Sukla Until 10:05PM	Muruga: Purple	Sunset: 5:56PM	Moon 12 - Phase 36 - 26
838586576	Rahu 12:10PM – 1:37PM		Gara Until 3:43AM Thu	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:36PM	Moon – Yellow		Devaloka Day
				Pausha-Markali		

6	Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago	
	Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 263	
Mithuna Rasi: 3.4	Tithi 14 – 15	Gulika 9:17AM – 10:44AM	Mrigashira Until 11:59AM	Ganesha: White	Sunrise: 6:24AM	Subhakrit 5124
		Yama 6:24AM – 7:51AM	Brahma Until 10:42PM	Muruga: Purple	Sunset: 5:57PM	Moon 12 - Phase 36 - 27
838586576	Rahu 1:37PM – 3:04PM		Visti Until 6:01AM Fri	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:50PM	Moon – Yellow		Devaloka Day
		Subramuniyaswami Jayanti		Pausha-Markali		

○	Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago	
	Copper Retreat Star		Ardra/Punarvasu Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 264	
Mithuna Rasi: 15.38	Tithi 15	Gulika 7:51AM – 9:18AM	Ardra Until 2:36PM	Ganesha: White	Sunrise: 6:25AM	Subhakrit 5124
		Yama 3:04PM – 4:31PM	Indra Until 11:25PM	Muruga: Purple	Sunset: 5:57PM	Moon 12 - Phase 36 -
838586576	Rahu 10:44AM – 12:11PM		Visti Until 6:01AM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:12PM	Moon – Yellow		Devaloka Day
		Ardra Darshanam		Pausha-Markali		

○	Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam		ain, Trinidad and Tobago	
	Silver Retreat Star		Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 265	
Mithuna Rasi: 27.33	Tithi 16	Gulika 6:25AM – 7:52AM	Punarvasu Until 5:38PM	Ganesha: Clear	Sunrise: 6:25AM	Subhakrit 5124
		Yama 1:38PM – 3:05PM	Vaidhriti* Until 12:10AM Sun	Muruga: Purple	Sunset: 5:58PM	Moon 12 - Phase 36 -
848586576	Rahu 9:18AM – 10:45AM		Balava Until 8:26AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 9:39PM	Moon – Blue		Sivaloka Day
				Pausha-Markali		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 9.27 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 3:05PM – 4:32PM
Yama 12:12PM – 1:39PM
848586576 **Rahu** 4:32PM – 5:58PM

Pushya Until 8:33PM
Vishkambha* Until 12:57AM Mon
Taitila Until 10:55AM
Dvitiya Until 12:09AM Mon

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

ain, Trinidad and Tobago
Sun 1 Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase

Sivaloka Day

1

Monday, January 9, 2023

Kataka Rasi: 21.2 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 11:17PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:39PM – 3:06PM
Yama 10:46AM – 12:12PM
848586576 **Rahu** 7:52AM – 9:19AM

Ashlesha* Until 11:17PM
Priti Until 1:45AM Tue
Vanija Until 1:25PM
Tritiya Until 2:37AM Tue

Ganesha: Clear *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

ain, Trinidad and Tobago
Sun 2 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase

Sivaloka Day

2

Tuesday, January 10, 2023

Simha Rasi: 3.14 Tithi 19
Creative Work Siddha Yoga
Until 2:16AM Wed
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:13PM – 1:39PM
Yama 9:19AM – 10:46AM
858586576 **Rahu** 3:06PM – 4:33PM

Magha* Until 2:16AM Wed
Ayushman Until 2:26AM Wed
Bava Until 3:51PM
Chaturthi* Until 4:59AM Wed

Ganesha: Purple *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 6:00PM
Nataraja: Clear
Moon – Red
Pausha-Markali

ain, Trinidad and Tobago
Sun 3 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase

Devaloka Day

3

Wednesday, January 11, 2023

Simha Rasi: 15.11 Tithi 20
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava Karana Panchamyam Titau

Gulika 10:46AM – 12:13PM
Yama 7:53AM – 9:20AM
859586576 **Rahu** 12:13PM – 1:40PM

Purvaphalguni Until 4:51AM Thu
Saubhagya Until 2:58AM Thu
Kaulava Until 6:07PM
Panchami Until 7:07AM Thu

Ganesha: Clear *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 6:00PM
Nataraja: Clear
Moon – Red
Pausha-Markali

ain, Trinidad and Tobago
Sun 4 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase

Sivaloka Day

4

Thursday, January 12, 2023

Simha Rasi: 27.14 Tithi 20 – 21
Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:20AM – 10:47AM
Yama 6:26AM – 7:53AM
859586576 **Rahu** 1:40PM – 3:07PM

Uttaraphalguni Until 6:55AM Fri
Sobhana Until 3:13AM Fri
Gara Until 8:03PM
Panchami Until 7:07AM

Ganesha: Clear *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 6:01PM
Nataraja: Clear
Moon – Red
Pausha-Markali

ain, Trinidad and Tobago
Sun 5 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase

Sivaloka Day

5

Friday, January 13, 2023

Kanya Rasi: 9.26 Tithi 21 – 22
Creative Work Siddha Yoga
Until 6:55AM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:54AM – 9:20AM
Yama 3:07PM – 4:34PM
859586576 **Rahu** 10:47AM – 12:14PM

Uttaraphalguni Until 6:55AM
Athiganda* Until 3:03AM Sat
Visti Until 9:30PM
Shashthi* Until 8:50AM

Ganesha: Clear *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 6:01PM
Nataraja: Clear
Moon – Red
Pausha-Markali

ain, Trinidad and Tobago
Sun 6 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase

Sivaloka Day

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 21.52 Tithi 22 – 23
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 6:27AM – 7:54AM
Yama 1:41PM – 3:08PM
869586576 **Rahu** 9:21AM – 10:47AM

Hasta Until 8:46AM
Sukarma Until 2:21AM Sun
Balava Until 10:17PM
Saptami Until 9:58AM

Ganesha: White *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Clear
Moon – Green
Pausha-Thai

ain, Trinidad and Tobago
Sun 7 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 7
Ashtami

Subha Sivaloka Day

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 4.38 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:08PM – 4:35PM
Yama 12:15PM – 1:41PM
869586576 **Rahu** 4:35PM – 6:02PM

Chitra Until 9:45AM
Dhriti Until 1:03AM Mon
Taitila Until 10:15PM
Ashtami* Until 10:21AM

Ganesha: White *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Clear
Moon – Green
Pausha-Thai

ain, Trinidad and Tobago
Sun 8 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 8
Navami

Subha Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

± standard time. Calculated for Port-of-Spain, Trinidad and Tobag

www.gurudeva.org/panchang


1		Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago	
		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 274	
Tula Rasi: 17.48		Tithi 24 – 25		Gulika 1:42PM – 3:09PM		Svati Until 9:46AM	
Family Home Evening		869586576		Yama 10:48AM – 12:15PM		Muruga: Purple Sunrise: 6:27AM	
Creative Work		Amrita Yoga		Rahu 7:54AM – 9:21AM		Sunset: 6:03PM Moon 1 - Phase 38 - 9	
Until 9:46AM				Navami* Until 9:54AM		Nataraja: Clear	
Then Routine Work - Marana Yoga						Moon – Green	
						Pausha*Thai	
						Subha Sivaloka Day	

2		Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago	
		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 275	
Vrischika Rasi: 1.26		Tithi 25 – 26		Gulika 12:15PM – 1:42PM		Vishakha Until 9:15AM	
879586576		879586576		Yama 9:21AM – 10:48AM		Muruga: Purple Sunrise: 6:28AM	
Routine Work		Marana Yoga		Rahu 3:09PM – 4:36PM		Sunset: 6:03PM Moon 1 - Phase 38 - 10	
Until 9:15AM				Bava Until 7:40PM		Nataraja: Clear	
Then Creative Work - Siddha Yoga				Dashami Until 8:36AM		Moon – Orange	
						Pausha*Thai	
						Sivaloka Day	

3		Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago	
		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 276	
Vrischika Rasi: 15.34		Tithi 26 – 27		Gulika 10:49AM – 12:16PM		Anuradha Until 7:48AM	
871586576		871586576		Yama 7:55AM – 9:22AM		Muruga: Purple Sunrise: 6:28AM	
Creative Work		Siddha Yoga		Rahu 12:16PM – 1:43PM		Sunset: 6:04PM Moon 1 - Phase 38 - 11	
Until 9:15AM				Vriddhi Until 5:11PM		Nataraja: Clear	
Then Routine Work - Marana Yoga				Taitila Until 3:44AM Thu		Moon – Orange	
				Ekadashi* Until 6:30AM		Pausha*Thai	
						Sivaloka Day	

4		Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago	
		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 277	
Dhanus Rasi: 0.11		Tithi 28		Gulika 9:22AM – 10:49AM		Mula* Until 3:04AM Fri	
881586576		881586576		Yama 6:28AM – 7:55AM		Muruga: Purple Sunrise: 6:28AM	
Creative Work		Siddha Yoga		Rahu 1:43PM – 3:10PM		Sunset: 6:04PM Moon 1 - Phase 38 - 12	
Until 3:04AM Fri				Dhruva Until 1:26PM		Nataraja: Clear	
Then Routine Work - Prabalarishta Yoga				Gara Until 2:09PM		Moon – Light Blue	
				Trayodashi* Until 12:25AM Fri		Pausha*Thai	
						Sivaloka Day	
						Pradosha Vrata (Fasting)	

5		Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago	
		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 278	
Dhanus Rasi: 15.1		Tithi 29		Gulika 7:55AM – 9:22AM		Purvashadha* Until 12:06AM Sat	
881586576		881586576		Yama 3:10PM – 4:37PM		Muruga: Purple Sunrise: 6:28AM	
Routine Work		Prabalarishta Yoga		Rahu 10:49AM – 12:16PM		Sunset: 6:05PM Moon 1 - Phase 38 - 13	
Until 12:06AM Sat				Vyaghata* Until 9:20AM		Nataraja: Clear	
Then Routine Work - Marana Yoga				Visti Until 10:38AM		Moon – Light Blue	
				Chaturdashi* Until 8:44PM		Pausha*Thai	
						Sivaloka Day	

		Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam		ain, Trinidad and Tobago	
		Retreat Star		Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 279	
Makara Rasi: 0.25		Tithi 30 – 1		Gulika 6:28AM – 7:55AM		Uttarashadha Until 8:51PM	
881586576		881586576		Yama 1:44PM – 3:11PM		Muruga: Purple Sunrise: 6:28AM	
Routine Work		Marana Yoga		Rahu 9:22AM – 10:49AM		Sunset: 6:05PM Moon 1 - Phase 38 - 14	
Until 8:51PM				Vajra* Until 12:34AM Sun		Nataraja: Clear	
Then Creative Work - Siddha Yoga				Catuspada Until 6:50AM		Moon – Light Blue	
				Amavasya* Until 4:53PM		Pausha*Thai	
						Sivaloka Day	

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago			
		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 280	
Makara Rasi: 15.45		Tithi 1 – 2		Gulika 3:11PM – 4:38PM		Shravana Until 5:53PM	
891586576		891586576		Yama 12:17PM – 1:44PM		Muruga: Purple Sunrise: 6:28AM	
Creative Work		Amrita Yoga		Rahu 4:38PM – 6:05PM		Sunset: 6:05PM Moon 1 - Phase 38 - 15	
Until 5:53PM				Siddhi Until 8:11PM		Nataraja: Clear	
Then Routine Work - Marana Yoga				Balava Until 11:09PM		Moon – Purple	
				Prathama* Until 1:01PM		Magha*Thai	
						Sivaloka Day	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				ain, Trinidad and Tobago
	Kumbha Rasi: 0.59	Tithi 2 - 3	Gulika 1:44PM - 3:11PM	Dhanishtha Until 3:00PM	Ganesha: Yellow	Sunrise: 6:28AM	Sun 16 Sutra 281
	Family Home Evening	891586576	Yama 10:50AM - 12:17PM	Vyatipata* Until 4:01PM	Muruqa: Purple	Sunset: 6:06PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 7:55AM - 9:23AM	Taitila Until 7:36PM	Nataraja: Clear		Moon 1 - Phase 39 - 16
			Dvitiya Until 9:19AM	Moon - Purple		3rd Phase	
				Magha*Thai		Sivaloka Day	

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				ain, Trinidad and Tobago
	Kumbha Rasi: 15.58	Tithi 4	Gulika 12:17PM - 1:45PM	Shatabhishak Until 12:24PM	Ganesha: Yellow	Sunrise: 6:28AM	Sun 17 Sutra 282
	891586576		Yama 9:23AM - 10:50AM	Varyayan Until 12:09PM	Muruqa: Purple	Sunset: 6:06PM	Subhakrit 5124
	Routine Work Marana Yoga		Rahu 3:12PM - 4:39PM	Vanija Until 4:31PM	Nataraja: Clear		Moon 1 - Phase 39 - 17
			Chaturthi* Until 3:09AM Wed	Moon - Purple		3rd Phase	
				Magha*Thai		Sivaloka Day	

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				ain, Trinidad and Tobago
	Meena Rasi: 0.34	Tithi 5	Gulika 10:50AM - 12:18PM	Purvaproshtapada* Until 10:38AM	Ganesha: Blue	Sunrise: 6:28AM	Sun 18 Sutra 283
	911586576		Yama 7:56AM - 9:23AM	Parigha* Until 8:46AM	Muruqa: Purple	Sunset: 6:07PM	Subhakrit 5124
	Creative Work Amrita Yoga		Rahu 12:18PM - 1:45PM	Bava Until 2:01PM	Nataraja: Clear		Moon 1 - Phase 39 - 18
Until 10:38AM			Panchami Until 1:01AM Thu	Moon - Clear		3rd Phase	
Then Creative Work - Siddha Yoga				Magha*Thai		Subha Sivaloka Day	



4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				ain, Trinidad and Tobago
	Meena Rasi: 14.4	Tithi 6	Gulika 9:23AM - 10:50AM	Uttaraproshtapada Until 9:26AM	Ganesha: Blue	Sunrise: 6:28AM	Sun 19 Sutra 284
	911586576		Yama 6:28AM - 7:56AM	Siddha Until 3:48AM Fri	Muruqa: Purple	Sunset: 6:07PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 1:45PM - 3:12PM	Kaulava Until 12:15PM	Nataraja: Clear		Moon 1 - Phase 39 - 19
			Shashthi* Until 11:40PM	Moon - Clear		3rd Phase	
				Magha*Thai		Subha Sivaloka Day	

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				ain, Trinidad and Tobago
	Meena Rasi: 28.17	Tithi 7	Gulika 7:56AM - 9:23AM	Revati Until 8:55AM	Ganesha: Blue	Sunrise: 6:28AM	Sun 20 Sutra 285
	911586576		Yama 3:13PM - 4:40PM	Sadhya Until 2:20AM Sat	Muruqa: Purple	Sunset: 6:08PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 10:51AM - 12:18PM	Gara Until 11:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 20
Until 8:55AM			Saptami Until 11:11PM	Moon - Clear		3rd Phase	
Then Creative Work - Amrita Yoga				Magha*Thai		Subha Sivaloka Day	

☾	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				ain, Trinidad and Tobago		
	Retreat Star		Mesha Rasi: 11.25	Tithi 8	Gulika 6:28AM - 7:56AM	Ashvini Until 9:32AM	Ganesha: White	Sunrise: 6:28AM	Sun 21 Sutra 286
	921686576		Yama 1:46PM - 3:13PM	Subha Until 1:31AM Sun	Muruqa: Purple	Sunset: 6:08PM	Subhakrit 5124		
	Creative Work Siddha Yoga		Rahu 9:23AM - 10:51AM	Visti Until 11:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 21	Ashtami	
			Ashtami* Until 11:34PM	Moon - White		3rd Phase	Devaloka Day		
				Magha*Thai					

☽	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				ain, Trinidad and Tobago		
	Retreat Star		Mesha Rasi: 24.09	Tithi 9	Gulika 3:13PM - 4:41PM	Bharani Until 10:48AM	Ganesha: Yellow	Sunrise: 6:28AM	Sun 22 Sutra 287
	922686576		Yama 12:18PM - 1:46PM	Sukla Until 1:16AM Mon	Muruqa: Purple	Sunset: 6:08PM	Subhakrit 5124		
	Routine Work Prabalarishta Yoga		Rahu 4:41PM - 6:08PM	Balava Until 12:04PM	Nataraja: Clear		Moon 1 - Phase 39 - 22	Navami	
Until 10:48AM			Navami* Until 12:42AM Mon	Moon - White		3rd Phase	Sivaloka Day		
Then Creative Work - Siddha Yoga				Magha*Thai					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		ain, Trinidad and Tobago Sun 23 Sutra 288 Subhakrit 5124	
1	Vrishabha Rasi: 6.33 Family Home Evening Routine Work Marana Yoga Until 12:35PM Then Creative Work - Amrita Yoga	Gulika 1:46PM – 3:14PM Yama 10:51AM – 12:19PM Rahu 7:56AM – 9:23AM	Krittika Until 12:35PM Brahma Until 1:28AM Tue Taitila Until 1:32PM Dashami Until 2:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 6:28AM Sunset: 6:09PM Moon 1 - Phase 40 - 23 4th Phase Sivaloka Day
Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		ain, Trinidad and Tobago Sun 24 Sutra 289 Subhakrit 5124	
2	Vrishabha Rasi: 18.43 Creative Work Amrita Yoga Until 3:11PM Then Creative Work - Siddha Yoga	Gulika 12:19PM – 1:46PM Yama 9:24AM – 10:51AM Rahu 3:14PM – 4:42PM	Rohini Until 3:11PM Indra Until 2:01AM Wed Vanija Until 3:31PM Ekadashi Until 4:37AM Wed	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 6:28AM Sunset: 6:09PM Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day
Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		ain, Trinidad and Tobago Sun 25 Sutra 290 Subhakrit 5124	
3	Mithuna Rasi: 0.43 Creative Work Siddha Yoga	Gulika 10:51AM – 12:19PM Yama 7:56AM – 9:24AM Rahu 12:19PM – 1:46PM	Mrigashira Until 5:56PM Vaidhriti* Until 2:43AM Thu Bava Until 5:50PM Dvadashi Until 7:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 6:28AM Sunset: 6:09PM Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day
Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		ain, Trinidad and Tobago Sun 26 Sutra 291 Subhakrit 5124	
4	Mithuna Rasi: 12.38 Routine Work Marana Yoga Until 8:40PM Then Creative Work - Amrita Yoga	Gulika 9:24AM – 10:51AM Yama 6:28AM – 7:56AM Rahu 1:47PM – 3:14PM	Ardra Until 8:40PM Vishkambha* Until 3:32AM Fri Kaulava Until 8:18PM Dvadashi Until 7:02AM <i>Pradosha Vrata</i>	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 6:28AM Sunset: 6:09PM Moon 1 - Phase 40 - 26 4th Phase Subha Sivaloka Day
Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		ain, Trinidad and Tobago Sun 27 Sutra 292 Subhakrit 5124	
5	Mithuna Rasi: 24.31 Creative Work Siddha Yoga Until 11:47PM Then Routine Work - Marana Yoga	Gulika 7:56AM – 9:24AM Yama 3:14PM – 4:42PM Rahu 10:51AM – 12:19PM	Punarvasu Until 11:47PM Priti Until 4:22AM Sat Gara Until 10:49PM Trayodashi Until 9:32AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 6:28AM Sunset: 6:10PM Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day
Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		ain, Trinidad and Tobago Sutra 293 Subhakrit 5124	
	Copper Retreat Star Kataka Rasi: 6.24 Creative Work Siddha Yoga	Gulika 6:28AM – 7:56AM Yama 1:47PM – 3:15PM Rahu 9:24AM – 10:51AM Thai Pusam	Pushya Until 2:41AM Sun Ayushman Until 5:08AM Sun Visti Until 1:17AM Sun Chaturdashi* Until 12:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 6:28AM Sunset: 6:10PM Moon 1 - Phase 40 - Purnima Sivaloka Day
Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		ain, Trinidad and Tobago Sutra 294 Subhakrit 5124	
	Silver Retreat Star Kataka Rasi: 18.18 Creative Work Siddha Yoga Until 5:19AM Mon Then Routine Work - Marana Yoga	Gulika 3:15PM – 4:43PM Yama 12:19PM – 1:47PM Rahu 4:43PM – 6:11PM	Ashlesha* Until 5:19AM Mon Saubhagya Until 5:50AM Mon Balava Until 3:39AM Mon Purnima* Until 2:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 6:28AM Sunset: 6:11PM Moon 1 - Phase 40 - Prathama Sivaloka Day



Monday, February 6, 2023

Gold Retreat Star

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

ain, Trinidad and Tobago

Sutra 295

Subhakarit 5124

Simha Rasi: 0.14 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 8:10AM Tue

Then Creative Work - Siddha Yoga

Gulika 1:47PM - 3:15PM

Yama 10:51AM - 12:19PM

Rahu 7:56AM - 9:24AM

Magha* Until 8:10AM Tue

Sobhana Until 6:27AM Tue

Taitila Until 5:54AM Tue

Prathama* Until 4:46PM

Ganesha: Purple

Sunrise: 6:28AM

Muruqa: Purple

Sunset: 6:11PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Moon 2 - Phase 41 -

1st Phase

1

Tuesday, February 7, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Gara Karana Dvitiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 296

Subhakarit 5124

Simha Rasi: 12.14 Tithi 17

952686577

Creative Work Siddha Yoga

Gulika 12:19PM - 1:47PM

Yama 9:24AM - 10:51AM

Rahu 3:15PM - 4:43PM

Magha* Until 8:10AM

Sobhana Until 6:27AM

Gara Until 6:55PM

Dvitiya Until 6:55PM

Ganesha: Purple

Sunrise: 6:28AM

Muruqa: Purple

Sunset: 6:11PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Moon 2 - Phase 41 - 1

1st Phase

2

Wednesday, February 8, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 297

Subhakarit 5124

Simha Rasi: 24.18 Tithi 18

952686577

Creative Work Amrita Yoga

Gulika 10:51AM - 12:19PM

Yama 7:55AM - 9:23AM

Rahu 12:19PM - 1:47PM

Purvaphalguni Until 10:40AM

Athiganda* Until 6:54AM

Vanija Until 7:57AM

Tritiya Until 8:52PM

Ganesha: Purple

Sunrise: 6:27AM

Muruqa: Purple

Sunset: 6:11PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Moon 2 - Phase 41 - 2

1st Phase

3

Thursday, February 9, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 298

Subhakarit 5124

Kanya Rasi: 6.28 Tithi 19

952686577

Amrita Yoga

Until 12:45PM

Then Routine Work - Marana Yoga

Gulika 9:23AM - 10:51AM

Yama 6:27AM - 7:55AM

Rahu 1:48PM - 3:16PM

Uttaraphalguni Until 12:45PM

Sukarma Until 7:11AM

Bava Until 9:44AM

Chaturthi* Until 10:29PM

Ganesha: Purple

Sunrise: 6:27AM

Muruqa: Purple

Sunset: 6:12PM

Nataraja: Orange

Moon - Red

Magha*Thai

Subha Sivaloka Day

Moon 2 - Phase 41 - 3

1st Phase

4

Friday, February 10, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 299

Subhakarit 5124

Kanya Rasi: 18.46 Tithi 20

962686577

Creative Work Amrita Yoga

Until 2:48PM

Then Creative Work - Siddha Yoga

Gulika 7:55AM - 9:23AM

Yama 3:16PM - 4:44PM

Rahu 10:51AM - 12:20PM

Hasta Until 2:48PM

Dhriti Until 7:13AM

Kaulava Until 11:11AM

Panchami Until 11:42PM

Ganesha: Clear

Sunrise: 6:27AM

Muruqa: Purple

Sunset: 6:12PM

Nataraja: Orange

Moon - Green

Magha*Thai

Sivaloka Day

Moon 2 - Phase 41 - 4

1st Phase

5

Saturday, February 11, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 300

Subhakarit 5124

Tula Rasi: 1.16 Tithi 21

963686577

Routine Work Marana Yoga

Until 4:13PM

Then Creative Work - Siddha Yoga

Gulika 6:27AM - 7:55AM

Yama 1:48PM - 3:16PM

Rahu 9:23AM - 10:51AM

Chitra Until 4:13PM

Shula* Until 6:52AM

Gara Until 12:08PM

Shashthi* Until 12:22AM Sun

Ganesha: Purple

Sunrise: 6:27AM

Muruqa: Purple

Sunset: 6:12PM

Nataraja: Orange

Moon - Green

Magha*Thai

Devaloka Day

Moon 2 - Phase 41 - 5

1st Phase

6

Sunday, February 12, 2023

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda*/Vridhii Yoga Visti*/Bava Karana Saptamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 301

Subhakarit 5124

Tula Rasi: 14.01 Tithi 22

963686577

Creative Work Siddha Yoga

Until 4:52PM

Then Routine Work - Marana Yoga

Gulika 3:16PM - 4:44PM

Yama 12:20PM - 1:48PM

Rahu 4:44PM - 6:13PM

Svati Until 4:52PM

Ganda* Until 6:06AM

Visti Until 12:29PM

Saptami Until 12:22AM Mon

Ganesha: Purple

Sunrise: 6:27AM

Muruqa: Purple

Sunset: 6:13PM

Nataraja: Orange

Moon - Green

Magha*Thai

Devaloka Day

Moon 2 - Phase 41 - 6

1st Phase

Monday, February 13, 2023

Retreat Star

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 302

Subhakarit 5124

Tula Rasi: 27.07 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 5:08PM

Then Creative Work - Siddha Yoga

Gulika 1:48PM - 3:16PM

Yama 10:51AM - 12:20PM

Rahu 7:55AM - 9:23AM

Vishakha Until 5:08PM

Dhruva Until 2:56AM Tue

Balava Until 12:07PM

Ashtami* Until 11:39PM

Ganesha: Clear

Sunrise: 6:26AM

Muruqa: Purple

Sunset: 6:13PM

Nataraja: Orange

Moon - Orange

Magha-Masi

Sivaloka Day

Moon 2 - Phase 41 - 7

Ashtami

Tuesday, February 14, 2023

Retreat Star

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

ain, Trinidad and Tobago

Sun 8 Sutra 303

Subhakarit 5124

Vrischika Rasi: 11 Tithi 24

973686577

Creative Work Siddha Yoga

Until 4:32PM

Then Routine Work - Marana Yoga

Gulika 12:20PM - 1:48PM

Yama 9:23AM - 10:51AM

Rahu 3:16PM - 4:45PM

Anuradha Until 4:32PM

Vyaghata* Until 12:29AM Wed

Taitila Until 11:02AM

Navami* Until 10:11PM

Ganesha: Clear

Sunrise: 6:26AM

Muruqa: Purple

Sunset: 6:13PM

Nataraja: Orange

Moon - Orange

Magha-Masi

Sivaloka Day

Moon 2 - Phase 41 - 8

Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam		ain, Trinidad and Tobago
			Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 304
Wrischika Rasi: 24.31	Tithi 25	Gulika 10:51AM – 12:20PM	Jyeshtha* Until 3:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM Subhakrit 5124
		Yama 7:54AM – 9:23AM	Harshana Until 9:29PM	Muruqa: Purple	<i>Sunset:</i> 6:13PM Moon 2 - Phase 42 - 9
	973686577	Rahu 12:20PM – 1:48PM	Vanija Until 9:13AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 8:02PM	Moon – Orange	Sivaloka Day
Until 3:05PM				Magha-Masi	
Then Routine Work - Marana Yoga					

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukhtayam		ain, Trinidad and Tobago
			Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 305
Dhanus Rasi: 8.52	Tithi 26 – 27	Gulika 9:22AM – 10:51AM	Mula* Until 1:18PM	Ganesha: White	<i>Sunrise:</i> 6:25AM Subhakrit 5124
		Yama 6:25AM – 7:54AM	Vajra* Until 5:59PM	Muruqa: Purple	<i>Sunset:</i> 6:13PM Moon 2 - Phase 42 - 10
	983686577	Rahu 1:48PM – 3:16PM	Bava Until 6:44AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 5:16PM	Moon – Light Blue	Devaloka Day
				Magha-Masi	

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam		ain, Trinidad and Tobago
			Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyati-pata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 306
Dhanus Rasi: 23.37	Tithi 27 – 28	Gulika 7:54AM – 9:22AM	Purvashadha* Until 10:53AM	Ganesha: White	<i>Sunrise:</i> 6:25AM Subhakrit 5124
		Yama 3:17PM – 4:45PM	Siddhi Until 2:08PM	Muruqa: Purple	<i>Sunset:</i> 6:14PM Moon 2 - Phase 42 - 11
	983686577	Rahu 10:51AM – 12:19PM	Gara Until 12:19AM Sat	Nataraja: Orange	2nd Phase
Routine Work	Prabalarishta Yoga		Dvadashi* Until 2:02PM	Moon – Light Blue	Devaloka Day
Until 10:53AM				Magha-Masi	
Then Routine Work - Marana Yoga <i>Pradosha Vrata (Fasting)</i>					

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam		ain, Trinidad and Tobago
			Uttarashadha*/Shravana Nakshatra Vyati-pata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 307
Makara Rasi: 8.39	Tithi 28 – 29	Gulika 6:25AM – 7:53AM	Uttarashadha Until 7:59AM	Ganesha: White	<i>Sunrise:</i> 6:25AM Subhakrit 5124
		Yama 1:48PM – 3:17PM	Vyati-pata* Until 10:01AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM Moon 2 - Phase 42 - 12
	983686577	Rahu 9:22AM – 10:51AM	Visti Until 8:40PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 10:29AM	Moon – Light Blue	Devaloka Day
Until 7:59AM				Magha-Masi	
Then Creative Work - Siddha Yoga					

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam		ain, Trinidad and Tobago
	Retreat Star		Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 308
Makara Rasi: 23.5	Tithi 29 – 30	Gulika 3:17PM – 4:45PM	Dhanishtha Until 2:16AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:25AM Subhakrit 5124
		Yama 12:19PM – 1:48PM	Parigha* Until 1:31AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:14PM Moon 2 - Phase 42 - 13
	993686577	Rahu 4:45PM – 6:14PM	Naga Until 3:07AM Mon	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 6:47AM	Moon – Purple	Devaloka Day
Until 2:16AM Mon				Magha-Masi	
Then Creative Work - Siddha Yoga					

Retreat Star	Monday, February 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam		ain, Trinidad and Tobago
			Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 309
Kumbha Rasi: 9.01	Tithi 1	Gulika 1:48PM – 3:17PM	Shatabhishak Until 11:23PM	Ganesha: Green	<i>Sunrise:</i> 6:24AM Subhakrit 5124
		Yama 10:50AM – 12:19PM	Shiva Until 9:27PM	Muruqa: Purple	<i>Sunset:</i> 6:14PM Moon 2 - Phase 42 - 14
	993686577	Rahu 7:53AM – 9:22AM	Kintughna Until 1:21PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:38PM	Moon – Purple	Devaloka Day
Until 11:23PM				Phalguna-Masi	
Then Routine Work - Marana Yoga					

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam			ain, Trinidad and Tobago
			Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Sun 15 Sutra 310
	Kumbha Rasi: 24.01	Tithi 2	913686577	Gulika 12:19PM – 1:48PM Yama 9:21AM – 10:50AM Rahu 3:17PM – 4:46PM	Purvaproshtapada* Until 9:10PM Siddha Until 5:38PM Balava Until 10:02AM Dvitiya Until 8:31PM	Ganesha: Red <i>Sunrise: 6:24AM</i> Muruqa: Purple <i>Sunset: 6:14PM</i> Nataraja: Orange Moon – Clear

Routine Work Marana Yoga
Until 9:10PM
Then Creative Work - Amrita Yoga

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam			ain, Trinidad and Tobago
			Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau			Sun 16 Sutra 311
	Meena Rasi: 8.41	Tithi 3 – 4	913786577	Gulika 10:50AM – 12:19PM Yama 7:52AM – 9:21AM Rahu 12:19PM – 1:48PM	Uttaraproshtapada Until 7:21PM Sadhya Until 2:16PM Taitila Until 7:11AM Tritiya Until 5:57PM	Ganesha: Blue <i>Sunrise: 6:23AM</i> Muruqa: Purple <i>Sunset: 6:15PM</i> Nataraja: Orange Moon – Clear

Creative Work Siddha Yoga
Until 7:21PM
Then Routine Work - Marana Yoga

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam			ain, Trinidad and Tobago
			Revati Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Sun 17 Sutra 312
	Meena Rasi: 22.55	Tithi 4 – 5	913786577	Gulika 9:21AM – 10:50AM Yama 6:23AM – 7:52AM Rahu 1:48PM – 3:17PM	Revati Until 6:05PM Subha Until 11:27AM Bava Until 3:28AM Fri Chaturthi* Until 4:05PM	Ganesha: Blue <i>Sunrise: 6:23AM</i> Muruqa: Purple <i>Sunset: 6:15PM</i> Nataraja: Orange Moon – Clear

Creative Work Siddha Yoga
Until 6:05PM
Then Creative Work - Amrita Yoga

Subramuniyaswami Siva Vision Day

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam			ain, Trinidad and Tobago
			Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Sun 18 Sutra 313
	Mesha Rasi: 6.4	Tithi 5 – 6	923786577	Gulika 7:52AM – 9:21AM Yama 3:17PM – 4:46PM Rahu 10:50AM – 12:19PM	Ashvini Until 5:55PM Sukla Until 9:15AM Kaulava Until 2:51AM Sat Panchami Until 3:02PM	Ganesha: Yellow <i>Sunrise: 6:23AM</i> Muruqa: Purple <i>Sunset: 6:15PM</i> Nataraja: Orange Moon – White

Creative Work Amrita Yoga
Until 5:55PM
Then Creative Work - Siddha Yoga

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam			ain, Trinidad and Tobago
			Bharani Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Sun 19 Sutra 314
	Mesha Rasi: 19.57	Tithi 6 – 7	924786577	Gulika 6:22AM – 7:51AM Yama 1:48PM – 3:17PM Rahu 9:20AM – 10:49AM	Bharani Until 6:27PM Brahma Until 7:44AM Gara Until 3:05AM Sun Shashthi* Until 2:50PM	Ganesha: Blue <i>Sunrise: 6:22AM</i> Muruqa: Purple <i>Sunset: 6:15PM</i> Nataraja: Orange Moon – White

Creative Work Siddha Yoga
Until 6:27PM
Then Creative Work - Amrita Yoga

6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam			ain, Trinidad and Tobago
			Krittika Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Sun 20 Sutra 315
	Vrishabha Rasi: 2.47	Tithi 7 – 8	924786577	Gulika 3:17PM – 4:46PM Yama 12:18PM – 1:48PM Rahu 4:46PM – 6:15PM	Krittika Until 7:39PM Indra Until 6:55AM Visti Until 4:09AM Mon Saptami Until 3:30PM	Ganesha: Blue <i>Sunrise: 6:22AM</i> Muruqa: Purple <i>Sunset: 6:15PM</i> Nataraja: Orange Moon – White

Creative Work Siddha Yoga


D	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam			ain, Trinidad and Tobago
	Retreat Star		Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Sun 21 Sutra 316
	Vrishabha Rasi: 15.14	Tithi 8 – 9	934786577	Gulika 1:48PM – 3:17PM Yama 10:49AM – 12:18PM Rahu 7:51AM – 9:20AM	Rohini Until 9:51PM Vaidhriti* Until 6:41AM Balava Until 5:52AM Tue Ashtami* Until 4:55PM	Ganesha: Yellow <i>Sunrise: 6:21AM</i> Muruqa: Purple <i>Sunset: 6:15PM</i> Nataraja: Orange Moon – Yellow

Family Home Evening
Creative Work Amrita Yoga

D	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam			ain, Trinidad and Tobago
	Retreat Star		Mrigashira Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Navamyam Titau			Sun 22 Sutra 317
	Vrishabha Rasi: 27.26	Tithi 9	934786577	Gulika 12:18PM – 1:47PM Yama 9:20AM – 10:49AM Rahu 3:17PM – 4:46PM	Mrigashira Until 12:24AM Wed Vishkambha* Until 6:57AM Kaulava Until 6:54PM Navami* Until 6:54PM	Ganesha: Yellow <i>Sunrise: 6:21AM</i> Muruqa: Purple <i>Sunset: 6:15PM</i> Nataraja: Orange Moon – Yellow

Creative Work Siddha Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		ain, Trinidad and Tobago Sun 23 Sutra 318	
Mithuna Rasi: 9.26	Tithi 10	Gulika 10:48AM – 12:18PM	Ardra Until 3:06AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM		Subhakrit 5124
		Yama 7:49AM – 9:19AM	Priti Until 7:34AM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 44 - 23	
	934786577	Rahu 12:18PM – 1:47PM	Taitila Until 8:04AM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 9:15PM	Moon – Yellow		Sivaloka Day	
Until 3:06AM Thu				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
2		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		ain, Trinidad and Tobago Sun 24 Sutra 319	
Mithuna Rasi: 21.2	Tithi 11	Gulika 9:19AM – 10:48AM	Punarvasu Until 6:14AM Fri	Ganesha: White	<i>Sunrise:</i> 6:20AM		Subhakrit 5124
		Yama 6:20AM – 7:49AM	Ayushman Until 8:22AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 44 - 24	
	944786577	Rahu 1:47PM – 3:17PM	Vanija Until 10:31AM	Nataraja: Orange		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 11:45PM	Moon – Blue		Devaloka Day	
Until 6:14AM Fri				Phalguna-Masi			
Then Routine Work - Marana Yoga							
3		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		ain, Trinidad and Tobago Sun 25 Sutra 320	
Kataka Rasi: 3.12	Tithi 12	Gulika 7:49AM – 9:18AM	Punarvasu Until 6:14AM	Ganesha: White	<i>Sunrise:</i> 6:19AM		Subhakrit 5124
		Yama 3:16PM – 4:46PM	Saubhagya Until 9:14AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 44 - 25	
	944786577	Rahu 10:48AM – 12:17PM	Bava Until 1:02PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 2:15AM Sat	Moon – Blue		Devaloka Day	
Until 6:14AM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
4		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		ain, Trinidad and Tobago Sun 26 Sutra 321	
Kataka Rasi: 15.05	Tithi 13	Gulika 6:19AM – 7:48AM	Pushya Until 9:10AM	Ganesha: White	<i>Sunrise:</i> 6:19AM		Subhakrit 5124
		Yama 1:47PM – 3:16PM	Sobhana Until 10:05AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 44 - 26	
	944786577	Rahu 9:18AM – 10:47AM	Kaulava Until 3:28PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 4:37AM Sun	Moon – Blue		Devaloka Day	
Until 9:10AM				Phalguna-Masi			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				
5		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau		ain, Trinidad and Tobago Sun 27 Sutra 322	
Kataka Rasi: 27.01	Tithi 14	Gulika 3:16PM – 4:46PM	Ashlesha* Until 11:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM		Subhakrit 5124
		Yama 12:17PM – 1:47PM	Athiganda* Until 10:47AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 44 - 27	
	144786577	Rahu 4:46PM – 6:16PM	Gara Until 5:44PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:45AM Mon	Moon – Blue		Devaloka Day	
Until 11:47AM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
		Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		ain, Trinidad and Tobago Sutra 323	
Copper Retreat Star		Gulika 1:46PM – 3:16PM	Magha* Until 2:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM		Subhakrit 5124
Simha Rasi: 9.02	Tithi 14 – 15	Yama 10:47AM – 12:17PM	Sukarma Until 11:19AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 44 -	
Family Home Evening	154786577	Rahu 7:47AM – 9:17AM	Visti Until 7:45PM	Nataraja: Orange		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 6:45AM	Moon – Red		Sivaloka Day	
Until 2:31PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga		Holi					
Tuesday, March 7, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		ain, Trinidad and Tobago Sutra 324	
Simha Rasi: 21.1	Tithi 15 – 16	Gulika 12:16PM – 1:46PM	Purvaphalguni Until 4:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM		Subhakrit 5124
		Yama 9:17AM – 10:47AM	Dhriti Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 44 -	
	154786577	Rahu 3:16PM – 4:46PM	Balava Until 9:28PM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 8:38AM	Moon – Red		Sivaloka Day	
Until 4:48PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

ain, Trinidad and Tobago

Sutra 325

Subhakrit 5124

Kanya Rasi: 3.25 Tithi 16 – 17

154786577

Gulika 10:46AM – 12:16PM
Yama 7:46AM – 9:16AM
Rahu 12:16PM – 1:46PM

Uttaraphalguni Until 6:37PM

Shula* Until 11:44AM

Taitila Until 10:52PM

Prathama* Until 10:11AM

Ganesha: Clear *Sunrise: 6:16AM*

Muruqa: Purple *Sunset: 6:16PM*

Nataraja: Orange

Moon – Red

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 -

1st Phase

Creative Work Amrita Yoga

Until 6:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

ain, Trinidad and Tobago

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 15.48 Tithi 17 – 18

164786577

Gulika 9:16AM – 10:46AM
Yama 6:16AM – 7:46AM
Rahu 1:46PM – 3:16PM

Hasta Until 8:25PM

Ganda* Until 11:34AM

Vanija Until 11:53PM

Dvitiya Until 11:24AM

Ganesha: White *Sunrise: 6:16AM*

Muruqa: Purple *Sunset: 6:16PM*

Nataraja: Orange

Moon – Green

Phalguna-Masi

Devaloka Day

Moon 3 - Phase 45 - 1

1st Phase

Routine Work Marana Yoga

Until 8:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

ain, Trinidad and Tobago

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 28.22 Tithi 18 – 19

165786577

Gulika 7:45AM – 9:16AM
Yama 3:16PM – 4:46PM
Rahu 10:46AM – 12:16PM

Chitra Until 9:40PM

Vridhhi Until 11:07AM

Bava Until 12:30AM Sat

Tritiya Until 12:13PM

Ganesha: Yellow *Sunrise: 6:15AM*

Muruqa: Purple *Sunset: 6:16PM*

Nataraja: Orange

Moon – Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 2

1st Phase

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

ain, Trinidad and Tobago

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 11.06 Tithi 19 – 20

165786577

Gulika 6:15AM – 7:45AM
Yama 1:46PM – 3:16PM
Rahu 9:15AM – 10:45AM

Svati Until 10:21PM

Dhruva Until 10:19AM

Kaulava Until 12:41AM Sun

Chaturthi* Until 12:38PM

Ganesha: Yellow *Sunrise: 6:15AM*

Muruqa: Purple *Sunset: 6:16PM*

Nataraja: Orange

Moon – Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 3

1st Phase

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

ain, Trinidad and Tobago

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 24.04 Tithi 20 – 21

175786577

Gulika 3:16PM – 4:46PM
Yama 12:15PM – 1:45PM
Rahu 4:46PM – 6:16PM

Vishakha Until 10:52PM

Vyaghata* Until 9:11AM

Gara Until 12:23AM Mon

Panchami Until 12:34PM

Ganesha: Blue *Sunrise: 6:14AM*

Muruqa: Purple *Sunset: 6:16PM*

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 4

1st Phase

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

ain, Trinidad and Tobago

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 7.16 Tithi 21 – 22

175786577

Gulika 1:45PM – 3:15PM
Yama 10:45AM – 12:15PM
Rahu 7:44AM – 9:14AM

Anuradha Until 10:44PM

Harshana Until 7:40AM

Visti Until 11:33PM

Shashthi* Until 12:01PM

Ganesha: Blue *Sunrise: 6:14AM*

Muruqa: Purple *Sunset: 6:16PM*

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 5

1st Phase

Family Home Evening
Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

ain, Trinidad and Tobago

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 20.46 Tithi 22 – 23

175786577

Gulika 12:15PM – 1:45PM
Yama 9:14AM – 10:44AM
Rahu 3:15PM – 4:46PM

Jyeshtha* Until 9:56PM

Siddhi Until 3:22AM Wed

Balava Until 10:12PM

Saptami Until 10:56AM

Ganesha: Blue *Sunrise: 6:13AM*

Muruqa: Purple *Sunset: 6:16PM*

Nataraja: Orange

Moon – Orange

Phalguna-Panguni

Subha Sivaloka Day

Moon 3 - Phase 45 - 6

Ashtami

Routine Work Marana Yoga

Until 9:56PM

Then Creative Work - Amrita Yoga

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

ain, Trinidad and Tobago

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 4.35 Tithi 23 – 24

185786578

Gulika 10:44AM – 12:14PM
Yama 7:43AM – 9:13AM
Rahu 12:14PM – 1:45PM

Mula* Until 8:55PM

Vyatipata* Until 12:37AM Thu

Taitila Until 8:20PM

Ashtami* Until 9:19AM

Ganesha: Red *Sunrise: 6:13AM*

Muruqa: Purple *Sunset: 6:16PM*

Nataraja: Clear

Moon – Light Blue

Phalguna-Panguni

Sivaloka Day

Moon 3 - Phase 45 - 7

Navami

Routine Work Marana Yoga

Until 8:55PM

Then Creative Work - Amrita Yoga

1	Thursday, March 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau			ain, Trinidad and Tobago Sun 8 Sutra 333
	Dhanus Rasi: 18.42	Tithi 24 – 25	Gulika 9:13AM – 10:44AM Yama 6:12AM – 7:43PM 185786578 Rahu 1:45PM – 3:15PM	Purvashadha* Until 7:17PM Variyan Until 9:28PM Vanija Until 6:00PM Navami* Until 7:12AM	Ganesha: Red <i>Sunrise:</i> 6:12AM Muruqa: Purple <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Light Blue Phalguna-Panguni	Subhakrit 5124 Moon 3 - Phase 46 - 8 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 7:17PM Then Routine Work - Marana Yoga						

2	Friday, March 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha* Yoga Bava/Balava Karana Ekadashyam Titau			ain, Trinidad and Tobago Sun 9 Sutra 334
	Makara Rasi: 3.08	Tithi 26	Gulika 7:42AM – 9:13AM Yama 3:15PM – 4:45PM 185786578 Rahu 10:43AM – 12:14PM	Uttarashadha Until 5:08PM Parigha* Until 6:02PM Bava Until 3:16PM Ekadashi* Until 1:46AM Sat	Ganesha: Red <i>Sunrise:</i> 6:11AM Muruqa: Purple <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Light Blue Phalguna-Panguni	Subhakrit 5124 Moon 3 - Phase 46 - 9 2nd Phase Sivaloka Day
Routine Work Marana Yoga						

3	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau			ain, Trinidad and Tobago Sun 10 Sutra 335
	Makara Rasi: 17.47	Tithi 27	Gulika 6:11AM – 7:42AM Yama 1:44PM – 3:15PM 195786578 Rahu 9:12AM – 10:43AM	Shravana Until 2:59PM Shiva Until 2:23PM Kaulava Until 12:15PM Dvadashi* Until 10:39PM	Ganesha: Green <i>Sunrise:</i> 6:11AM Muruqa: Purple <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Subhakrit 5124 Moon 3 - Phase 46 - 10 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga						

4	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau			ain, Trinidad and Tobago Sun 11 Sutra 336
	Kumbha Rasi: 2.35	Tithi 28	Gulika 3:15PM – 4:45PM Yama 12:13PM – 1:44PM 196896578 Rahu 4:45PM – 6:16PM	Dhanishtha Until 12:34PM Siddha Until 10:35AM Gara Until 9:04AM Trayodashi* Until 7:27PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green <i>Sunrise:</i> 6:10AM Muruqa: Clear <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Subhakrit 5124 Moon 3 - Phase 46 - 11 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 12:34PM Then Creative Work - Siddha Yoga						

5	Monday, March 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau			ain, Trinidad and Tobago Sun 12 Sutra 337
	Kumbha Rasi: 17.25	Tithi 29 – 30	Gulika 1:44PM – 3:14PM Yama 10:42AM – 12:13PM 196896578 Rahu 7:41AM – 9:11AM	Shatabhishak Until 10:01AM Sadhya Until 6:49AM Catuspada Until 2:50AM Tue Chaturdashi* Until 4:19PM	Ganesha: Green <i>Sunrise:</i> 6:10AM Muruqa: Clear <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Purple Phalguna-Panguni	Subhakrit 5124 Moon 3 - Phase 46 - 12 2nd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 10:01AM Then Routine Work - Marana Yoga						

●	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			ain, Trinidad and Tobago Sun 13 Sutra 338
	Retreat Star		Gulika 12:13PM – 1:43PM Yama 9:11AM – 10:42AM 116896578 Rahu 3:14PM – 4:45PM	Purvaprosarthapada* Until 7:55AM Sukla Until 11:45PM Kintughna Until 12:06AM Wed Amavasya* Until 1:24PM	Ganesha: Orange <i>Sunrise:</i> 6:09AM Muruqa: Clear <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Clear Phalguna-Panguni	Subhakrit 5124 Moon 3 - Phase 46 - 13 Amavasya Devaloka Day
Meena Rasi: 2.09 Tithi 30 – 1 Routine Work Marana Yoga Until 7:55AM Then Creative Work - Amrita Yoga						

●	Wednesday, March 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			ain, Trinidad and Tobago Sun 14 Sutra 339
	Retreat Star		Gulika 10:41AM – 12:12PM Yama 7:39AM – 9:10AM 116896578 Rahu 12:12PM – 1:43PM	Uttaraprosarthapada Until 6:01AM Brahma Until 8:43PM Balava Until 9:48PM Prathama* Until 10:52AM	Ganesha: Orange <i>Sunrise:</i> 6:09AM Muruqa: Clear <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Clear Chaitra-Panguni	Subhakrit 5124 Moon 3 - Phase 46 - 14 Prathama Devaloka Day
Meena Rasi: 16.38 Tithi 1 – 2 Creative Work Siddha Yoga Until 6:01AM Then Routine Work - Marana Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

Standard time. Calculated for Port-of-Spain, Trinidad and Tobago

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1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		ain, Trinidad and Tobago	
Mesha Rasi: 0.47		Tithi 2 – 3		Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 15 Sutra 340	
Creative Work Amrita Yoga		Gulika 9:10AM – 10:41AM		Ashvini Until 3:50AM Fri		Ganesha: Clear Sunrise: 6:08AM	
Until 3:50AM Fri		Yama 6:08AM – 7:39AM		Indra Until 6:11PM		Muruqa: Clear Sunset: 6:16PM	
Then Creative Work - Siddha Yoga		126896578 Rahu 1:43PM – 3:14PM		Taitila Until 8:06PM		Nataraja: Clear	
		Chellappaswami Mahasamadhi		Dvitiya Until 8:51AM		Moon – White	
						Devaloka Day	
						Chaitra•Panguni	

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		ain, Trinidad and Tobago	
Mesha Rasi: 14.32		Tithi 3 – 4		Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 16 Sutra 341	
Creative Work Siddha Yoga		Gulika 7:38AM – 9:10AM		Bharani Until 3:48AM Sat		Ganesha: Clear Sunrise: 6:07AM	
Until 3:48AM Sat		Yama 3:14PM – 4:45PM		Vaidhriti* Until 4:10PM		Muruqa: Clear Sunset: 6:16PM	
Then Creative Work - Amrita Yoga		126896578 Rahu 10:41AM – 12:12PM		Vanija Until 7:07PM		Nataraja: Clear	
				Tritiya Until 7:30AM		Moon – White	
						Devaloka Day	
						Chaitra•Panguni	

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		ain, Trinidad and Tobago	
Mesha Rasi: 27.52		Tithi 4 – 5		Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17 Sutra 342	
Creative Work Amrita Yoga		Gulika 6:07AM – 7:38AM		Krittika Until 4:22AM Sun		Ganesha: Clear Sunrise: 6:07AM	
Until 4:22AM Sun		Yama 1:43PM – 3:14PM		Vishkambha* Until 2:48PM		Muruqa: Clear Sunset: 6:16PM	
Then Creative Work - Siddha Yoga		126896578 Rahu 9:09AM – 10:40AM		Bava Until 6:55PM		Nataraja: Clear	
				Chaturthi* Until 6:54AM		Moon – White	
						Devaloka Day	
						Chaitra•Panguni	

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		ain, Trinidad and Tobago	
Vrishabha Rasi: 10.46		Tithi 5 – 6		Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18 Sutra 343	
Creative Work Siddha Yoga		Gulika 3:14PM – 4:45PM		Rohini Until 5:59AM Mon		Ganesha: Clear Sunrise: 6:06AM	
Until 5:59AM Mon		Yama 12:11PM – 1:42PM		Priti Until 2:03PM		Muruqa: Clear Sunset: 6:16PM	
Then Creative Work - Amrita Yoga		137896578 Rahu 4:45PM – 6:16PM		Kaulava Until 7:30PM		Nataraja: Clear	
				Panchami Until 7:05AM		Moon – Yellow	
						Devaloka Day	
						Chaitra•Panguni	

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		ain, Trinidad and Tobago	
Vrishabha Rasi: 23.2		Tithi 6 – 7		Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19 Sutra 344	
Family Home Evening		Gulika 1:42PM – 3:13PM		Mrigashira Until 8:05AM Tue		Ganesha: Clear Sunrise: 6:06AM	
Creative Work Amrita Yoga		Yama 10:39AM – 12:11PM		Ayushman Until 1:50PM		Muruqa: Clear Sunset: 6:16PM	
Until 8:05AM Tue		137896578 Rahu 7:37AM – 9:08AM		Gara Until 8:47PM		Nataraja: Clear	
Then Routine Work - Marana Yoga				Shashthi* Until 8:02AM		Moon – Yellow	
						Devaloka Day	
						Chaitra•Panguni	

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		ain, Trinidad and Tobago	
Mithuna Rasi: 6		Tithi 7 – 8		Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20 Sutra 345	
Creative Work Siddha Yoga		Gulika 12:10PM – 1:42PM		Mrigashira Until 8:05AM		Ganesha: Clear Sunrise: 6:05AM	
Until 8:05AM		Yama 9:08AM – 10:39AM		Saubhagya Until 2:07PM		Muruqa: Clear Sunset: 6:16PM	
Then Routine Work - Marana Yoga		137896578 Rahu 3:13PM – 4:45PM		Visti Until 10:39PM		Nataraja: Clear	
				Saptami Until 9:38AM		Moon – Yellow	
						Devaloka Day	
						Chaitra•Panguni	

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		ain, Trinidad and Tobago	
Mithuna Rasi: 17.4		Tithi 8 – 9		Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21 Sutra 346	
Creative Work Siddha Yoga		Gulika 10:39AM – 12:10PM		Ardra Until 10:30AM		Ganesha: Clear Sunrise: 6:04AM	
		Yama 7:36AM – 9:07AM		Sobhana Until 2:45PM		Muruqa: Clear Sunset: 6:16PM	
		137896578 Rahu 12:10PM – 1:42PM		Balava Until 12:53AM Thu		Nataraja: Clear	
		Sri Rama Navami		Ashtami* Until 11:42AM		Moon – Yellow	
						Devaloka Day	
						Chaitra•Panguni	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

± standard time. Calculated for Port-of-Spain, Trinidad and Tobago

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1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		ain, Trinidad and Tobago Sun 22 Sutra 347	
Mithuna Rasi: 29.36	Tithi 9 – 10	Gulika 9:07AM – 10:38AM	Punarvasu Until 1:30PM	Ganesha: White	<i>Sunrise:</i> 6:04AM	Subhakrit 5124	
		Yama 6:04AM – 7:35AM	Athiganda* Until 3:32PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 22	
Creative Work	Amrita Yoga	147896578 Rahu 1:41PM – 3:13PM	Taitila Until 3:17AM Fri	Nataraja: Clear		4th Phase	
			Navami* Until 2:03PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		ain, Trinidad and Tobago Sun 23 Sutra 348	
Kataka Rasi: 11.29	Tithi 10 – 11	Gulika 7:35AM – 9:06AM	Pushya Until 4:26PM	Ganesha: White	<i>Sunrise:</i> 6:03AM	Subhakrit 5124	
		Yama 3:13PM – 4:44PM	Sukarma Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 23	
Routine Work	Marana Yoga	147896578 Rahu 10:38AM – 12:10PM	Vanija Until 5:41AM Sat	Nataraja: Clear		4th Phase	
			Dashami Until 4:29PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti* Karana Ekadashyam Titau		ain, Trinidad and Tobago Sun 24 Sutra 349	
Kataka Rasi: 23.23	Tithi 11	Gulika 6:03AM – 7:35AM	Ashlesha* Until 7:05PM	Ganesha: White	<i>Sunrise:</i> 6:03AM	Subhakrit 5124	
		Yama 1:41PM – 3:13PM	Dhriti Until 5:11PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 24	
Routine Work	Marana Yoga	147896578 Rahu 9:06AM – 10:38AM	Visti Until 6:48PM	Nataraja: Clear		4th Phase	
Until 7:05PM			Ekadashi Until 6:48PM	Moon – Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		ain, Trinidad and Tobago Sun 25 Sutra 350	
Simha Rasi: 5.22	Tithi 12	Gulika 3:13PM – 4:44PM	Magha* Until 9:50PM	Ganesha: Red	<i>Sunrise:</i> 6:03AM	Subhakrit 5124	
		Yama 12:09PM – 1:41PM	Shula* Until 5:46PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 25	
Routine Work	Marana Yoga	158896578 Rahu 4:44PM – 6:16PM	Bava Until 7:54AM	Nataraja: Clear		4th Phase	
Until 9:50PM			Dvadashi Until 8:52PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		ain, Trinidad and Tobago Sun 26 Sutra 351	
Simha Rasi: 17.27	Tithi 13	Gulika 1:41PM – 3:12PM	Purvaphalguni Until 12:04AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:02AM	Subhakrit 5124	
Family Home Evening		Yama 10:37AM – 12:09PM	Ganda* Until 6:06PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 26	
Creative Work	Siddha Yoga	158896578 Rahu 7:34AM – 9:06AM	Kaulava Until 9:48AM	Nataraja: Clear		4th Phase	
Until 12:04AM Tue			Trayodashi Until 10:34PM	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		ain, Trinidad and Tobago Sun 27 Sutra 352	
Simha Rasi: 29.42	Tithi 14	Gulika 12:09PM – 1:40PM	Uttaraphalguni Until 1:42AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:01AM	Subhakrit 5124	
		Yama 9:05AM – 10:37AM	Vriddhi Until 6:07PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 27	
Creative Work	Amrita Yoga	158896578 Rahu 3:12PM – 4:44PM	Gara Until 11:17AM	Nataraja: Clear		4th Phase	
Until 1:42AM Wed			Chaturdashi* Until 11:50PM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Chaitra•Panguni			

○		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		ain, Trinidad and Tobago Sutra 353	
Copper Retreat Star		Gulika 10:37AM – 12:08PM	Hasta Until 3:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:01AM	Subhakrit 5124	
Kanya Rasi: 12.09	Tithi 15	Yama 7:33AM – 9:05AM	Dhruva Until 5:44PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 -	
		168896578 Rahu 12:08PM – 1:40PM	Visti Until 12:17PM	Nataraja: Clear		Purnima	
Routine Work	Marana Yoga		Purnima* Until 12:36AM Thu	Moon – Green		Bhuloka Day	
Until 3:11AM Thu		Panguni Uttiram		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

○		Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		ain, Trinidad and Tobago Sutra 354	
Silver Retreat Star		Gulika 9:04AM – 10:36AM	Chitra Until 4:03AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:00AM	Subhakrit 5124	
Kanya Rasi: 24.49	Tithi 16	Yama 6:00AM – 7:32AM	Vyaghata* Until 5:00PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 -	
		168896578 Rahu 1:40PM – 3:12PM	Balava Until 12:49PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:52AM Fri	Moon – Green		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 7.43 Tithi 17
Creative Work Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:32AM – 9:04AM
Yama 3:12PM – 4:44PM
168896578 **Rahu** 10:36AM – 12:08PM

Svati Until 4:18AM Sat
Harshana Until 3:54PM
Taitila Until 12:51PM
Dvitiya Until 12:41AM Sat

ain, Trinidad and Tobago
Sun 1 Sutra 355
Subhakarit 5124

Ganesha: Blue *Sunrise:* 6:00AM
Muruqa: Clear *Sunset:* 6:16PM Moon 4 - Phase 49 - 1
Nataraja: Clear 1st Phase
Moon – Green
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 20.5 Tithi 18
Creative Work Siddha Yoga
Until 4:28AM Sun
Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:59AM – 7:31AM
Yama 1:40PM – 3:12PM
179896578 **Rahu** 9:03AM – 10:35AM

Vishakha Until 4:28AM Sun
Vajra* Until 2:26PM
Vanija Until 12:27PM
Tritiya Until 12:05AM Sun

ain, Trinidad and Tobago
Sun 2 Sutra 356
Subhakarit 5124

Ganesha: Red *Sunrise:* 5:59AM
Muruqa: Clear *Sunset:* 6:16PM Moon 4 - Phase 49 - 2
Nataraja: Clear 1st Phase
Moon – Orange
Devaloka Day
Chaitra•Panguni

2

Sunday, April 9, 2023

Virschika Rasi: 4.11 Tithi 19
Routine Work Marana Yoga
Until 4:07AM Mon
Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:12PM – 4:44PM
Yama 12:07PM – 1:39PM
179896578 **Rahu** 4:44PM – 6:16PM

Anuradha Until 4:07AM Mon
Siddhi Until 12:40PM
Bava Until 11:40AM
Chaturthi* Until 11:06PM

ain, Trinidad and Tobago
Sun 3 Sutra 357
Subhakarit 5124

Ganesha: Red *Sunrise:* 5:59AM
Muruqa: Clear *Sunset:* 6:16PM Moon 4 - Phase 49 - 3
Nataraja: Clear 1st Phase
Moon – Orange
Devaloka Day
Chaitra•Panguni

3

Monday, April 10, 2023

Virschika Rasi: 17.44 Tithi 20
Family Home Evening
Creative Work Siddha Yoga
Until 3:17AM Tue
Then Creative Work - Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:39PM – 3:11PM
Yama 10:35AM – 12:07PM
179896578 **Rahu** 7:30AM – 9:03AM

Jyeshtha* Until 3:17AM Tue
Vyatipata* Until 10:38AM
Kaulava Until 10:30AM
Panchami Until 9:47PM

ain, Trinidad and Tobago
Sun 4 Sutra 358
Subhakarit 5124

Ganesha: Red *Sunrise:* 5:58AM
Muruqa: Clear *Sunset:* 6:16PM Moon 4 - Phase 49 - 4
Nataraja: Clear 1st Phase
Moon – Orange
Devaloka Day
Chaitra•Panguni

4

Tuesday, April 11, 2023

Dhanus Rasi: 1.28 Tithi 21
Creative Work Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:07PM – 1:39PM
Yama 9:02AM – 10:34AM
189896578 **Rahu** 3:11PM – 4:44PM

Mula* Until 2:28AM Wed
Variyan Until 8:19AM
Gara Until 9:02AM
Shashthi* Until 8:10PM

ain, Trinidad and Tobago
Sun 5 Sutra 359
Subhakarit 5124

Ganesha: Green *Sunrise:* 5:58AM
Muruqa: Clear *Sunset:* 6:16PM Moon 4 - Phase 49 - 5
Nataraja: Clear 1st Phase
Moon – Light Blue
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

5

Wednesday, April 12, 2023

Dhanus Rasi: 15.23 Tithi 22
Creative Work Amrita Yoga
Until 1:14AM Thu
Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 10:34AM – 12:06PM
Yama 7:29AM – 9:02AM
189896578 **Rahu** 12:06PM – 1:39PM

Purvashadha* Until 1:14AM Thu
Shiva Until 3:04AM Thu
Visti Until 7:16AM
Saptami Until 6:16PM

ain, Trinidad and Tobago
Sun 6 Sutra 360
Subhakarit 5124

Ganesha: Green *Sunrise:* 5:57AM
Muruqa: Clear *Sunset:* 6:16PM Moon 4 - Phase 49 - 6
Nataraja: Clear 1st Phase
Moon – Light Blue
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Dhanus Rasi: 29.28 Tithi 23 – 24
Routine Work Marana Yoga
Until 11:39PM
Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:01AM – 10:34AM
Yama 5:56AM – 7:29AM
189996578 **Rahu** 1:39PM – 3:11PM

Uttarashadha Until 11:39PM
Siddha Until 12:08AM Fri
Taitila Until 3:01AM Fri
Ashtami* Until 4:09PM

ain, Trinidad and Tobago
Sun 7 Sutra 361
Subhakarit 5124

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Clear *Sunset:* 6:16PM Moon 4 - Phase 49 - 7
Nataraja: Clear Ashtami
Moon – Light Blue
Bhuloka Day
Chaitra•Panguni Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Makara Rasi: 13.41 Tithi 24 – 25
Routine Work Marana Yoga
Until 10:10PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:28AM – 9:01AM
Yama 3:11PM – 4:43PM
299996578 **Rahu** 10:33AM – 12:06PM

Tamil New Year

Shravana Until 10:10PM
Sadhya Until 9:05PM
Vanija Until 12:38AM Sat
Navami* Until 1:49PM

ain, Trinidad and Tobago
Sun 8 Sutra 362
Sobhana 5125


Ganesha: White *Sunrise:* 5:56AM
Muruqa: Clear *Sunset:* 6:16PM Moon 4 - Phase 49 - 8
Nataraja: Clear Navami
Moon – Purple
Bhuloka Day
Chaitra•Chaitra Devaloka Time: 3:PM to 6:PM

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				ain, Trinidad and Tobago
	Makara Rasi: 28	Tithi 25 – 26	Gulika 5:55AM – 7:28AM	Dhanishtha Until 8:26PM	Ganesha: White	<i>Sunrise:</i> 5:55AM	Sun 9 Sutra 363
		299996578	Yama 1:38PM – 3:11PM	Subha Until 5:57PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sobhana 5125
			Rahu 9:00AM – 10:33AM	Bava Until 10:08PM	Nataraja: Clear		Moon 4 - Phase 1 - 9
	Creative Work	Siddha Yoga		Dashami Until 11:22AM	Moon – Purple		2nd Phase
	Until 8:26PM				Chaitra+Chaitra	Bhuloka Day	
	Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM	

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				ain, Trinidad and Tobago
	Kumbha Rasi: 12.23	Tithi 26 – 27	Gulika 3:11PM – 4:43PM	Shatabhishak Until 6:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Sun 10 Sutra 364
		291996578	Yama 12:05PM – 1:38PM	Sukla Until 2:46PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sobhana 5125
			Rahu 4:43PM – 6:16PM	Kaulava Until 7:37PM	Nataraja: Clear		Moon 4 - Phase 1 - 10
	Creative Work	Siddha Yoga		Ekadashi* Until 8:51AM	Moon – Purple		2nd Phase
					Chaitra+Chaitra	Devaloka Day	

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago
	Kumbha Rasi: 26.45	Tithi 27 – 28	Gulika 1:38PM – 3:11PM	Purvaproshtapada* Until 5:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:54AM	Sun 11 Sutra 1
Family Home Evening		211996578	Yama 10:32AM – 12:05PM	Brahma Until 11:39AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sobhana 5125
			Rahu 7:27AM – 9:00AM	Vanija Until 4:01AM Tue	Nataraja: Clear		Moon 4 - Phase 1 - 11
	Routine Work	Marana Yoga		Dvadashi* Until 6:22AM	Moon – Clear		2nd Phase
	Until 5:01PM				Chaitra+Chaitra	Devaloka Day	
	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				ain, Trinidad and Tobago
	Meena Rasi: 11.02	Tithi 29	Gulika 12:05PM – 1:38PM	Uttaraproshtapada Until 3:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:54AM	Sun 12 Sutra 2
		211996578	Yama 8:59AM – 10:32AM	Indra Until 8:40AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sobhana 5125
			Rahu 3:10PM – 4:43PM	Visti Until 2:57PM	Nataraja: Clear		Moon 4 - Phase 1 - 12
	Creative Work	Amrita Yoga		Chaturdashi* Until 1:55AM Wed	Moon – Clear		2nd Phase
	Until 3:32PM				Chaitra+Chaitra	Devaloka Day	
	Then Creative Work - Siddha Yoga						

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				ain, Trinidad and Tobago
	Retreat Star		Gulika 10:32AM – 12:05PM	Revati Until 2:14PM	Ganesha: Orange	<i>Sunrise:</i> 5:53AM	Sun 13 Sutra 3
Meena Rasi: 25.08	Tithi 30	211996578	Yama 7:26AM – 8:59AM	Vishkambha* Until 3:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sobhana 5125
			Rahu 12:05PM – 1:38PM	Catuspada Until 1:02PM	Nataraja: Clear		Moon 4 - Phase 1 - 13
	Routine Work	Marana Yoga		Amavasya* Until 12:12AM Thu	Moon – Clear		Amavasya
					Chaitra+Chaitra	Devaloka Day	

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				ain, Trinidad and Tobago
	Mesha Rasi: 8.58	Tithi 1	Gulika 8:59AM – 10:32AM	Ashvini Until 1:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	Sun 14 Sutra 4
		221996578	Yama 5:53AM – 7:26AM	Priti Until 1:27AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Sobhana 5125
			Rahu 1:37PM – 3:10PM	Kintughna Until 11:32AM	Nataraja: Clear		Moon 4 - Phase 1 - 14
	Creative Work	Amrita Yoga		Prathama* Until 10:58PM	Moon – White		Prathama
	Until 1:39PM				Vaisaka+Chaitra	Devaloka Day	
	Then Creative Work - Siddha Yoga						

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			ain, Trinidad and Tobago
	Mesha Rasi: 22.31	Tithi 2	Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau			Sun 15 Sutra 5
	221996578	Rahu	Gulika 7:25AM – 8:58AM Yama 3:10PM – 4:43PM Rahu 10:31AM – 12:04PM	Bharani Until 1:28PM Ayushman Until 11:53PM Balava Until 10:35AM Dvitiya Until 10:19PM	Ganesha: Clear Sunrise: 5:52AM Muruga: Clear Sunset: 6:16PM Nataraja: Clear Moon – White	Sobhana 5125 Moon 4 - Phase 2 - 15 3rd Phase
	Creative Work	Siddha Yoga				Devaloka Day

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			ain, Trinidad and Tobago
	Wrishabha Rasi: 5.43	Tithi 3	Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau			Sun 16 Sutra 6
	221996578	Rahu	Gulika 5:52AM – 7:25AM Yama 1:37PM – 3:10PM Rahu 8:58AM – 10:31AM	Krittika Until 1:44PM Saubhagya Until 10:51PM Taitila Until 10:15AM Tritiya Until 10:19PM	Ganesha: Clear Sunrise: 5:52AM Muruga: Clear Sunset: 6:16PM Nataraja: Clear Moon – White	Sobhana 5125 Moon 4 - Phase 2 - 16 3rd Phase
	Creative Work	Amrita Yoga	Akshaya Tritiya			Devaloka Day

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam			ain, Trinidad and Tobago
	Wrishabha Rasi: 18.35	Tithi 4	Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau			Sun 17 Sutra 7
	231996578	Rahu	Gulika 3:10PM – 4:43PM Yama 12:04PM – 1:37PM Rahu 4:43PM – 6:16PM	Rohini Until 2:58PM Sobhana Until 10:20PM Vanija Until 10:35AM Chaturthi* Until 10:59PM	Ganesha: Orange Sunrise: 5:51AM Muruga: Clear Sunset: 6:16PM Nataraja: Clear Moon – Yellow	Sobhana 5125 Moon 4 - Phase 2 - 17 3rd Phase
	Creative Work	Siddha Yoga				Devaloka Day

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam			ain, Trinidad and Tobago
	Mithuna Rasi: 1.09	Tithi 5	Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau			Sun 18 Sutra 8
	231996578	Rahu	Gulika 1:37PM – 3:10PM Yama 10:30AM – 12:04PM Rahu 7:24AM – 8:57AM	Mrigashira Until 4:40PM Athiganda* Until 10:17PM Bava Until 11:34AM Panchami Until 12:15AM Tue	Ganesha: Orange Sunrise: 5:51AM Muruga: Clear Sunset: 6:16PM Nataraja: Clear Moon – Yellow	Sobhana 5125 Moon 4 - Phase 2 - 18 3rd Phase
	Family Home Evening	Amrita Yoga	Adi Sankara Jayanthi			Devaloka Day

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			ain, Trinidad and Tobago
	Mithuna Rasi: 13.28	Tithi 6	Ardra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau			Sun 19 Sutra 9
	231996579	Rahu	Gulika 12:03PM – 1:37PM Yama 8:57AM – 10:30AM Rahu 3:10PM – 4:43PM	Ardra Until 6:44PM Sukarma Until 10:38PM Kaulava Until 1:07PM Shashthi* Until 2:02AM Wed	Ganesha: Orange Sunrise: 5:50AM Muruga: Clear Sunset: 6:16PM Nataraja: Purple Moon – Yellow	Sobhana 5125 Moon 4 - Phase 2 - 19 3rd Phase
	Routine Work	Marana Yoga				Sivaloka Day

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			ain, Trinidad and Tobago
	Mithuna Rasi: 25.34	Tithi 7	Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau			Sun 20 Sutra 10
	241996579	Rahu	Gulika 10:30AM – 12:03PM Yama 7:23AM – 8:57AM Rahu 12:03PM – 1:37PM	Punarvasu Until 9:31PM Dhriti Until 11:18PM Gara Until 3:06PM Saptami Until 4:11AM Thu	Ganesha: Green Sunrise: 5:50AM Muruga: Clear Sunset: 6:17PM Nataraja: Purple Moon – Blue	Sobhana 5125 Moon 4 - Phase 2 - 20 3rd Phase
	Creative Work	Siddha Yoga				Subha Sivaloka Day

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			ain, Trinidad and Tobago
	Retreat Star		Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau			Sun 21 Sutra 11
	Kataka Rasi: 7.32	Tithi 8	Pushya Until 12:21AM Fri Shula* Until 12:06AM Fri Visiti Until 5:21PM Ashtami* Until 6:30AM Fri			Sobhana 5125 Moon 4 - Phase 2 - 21 Ashtami
	Creative Work	Amrita Yoga				Sivaloka Day

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			ain, Trinidad and Tobago
	Retreat Star		Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Sun 22 Sutra 12
	Kataka Rasi: 19.28	Tithi 8 – 9	Ashlesha* Until 3:03AM Sat Ganda* Until 12:57AM Sat Balava Until 7:42PM Ashtami* Until 6:30AM			Sobhana 5125 Moon 4 - Phase 2 - 22 Navami
	Routine Work	Marana Yoga				Sivaloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				ain, Trinidad and Tobago Sun 23 Sutra 13
	Simha Rasi: 1.22	Tithi 9 – 10	Gulika 5:49AM – 7:22AM	Magha* Until 5:56AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	Sobhana 5125
			Yama 1:36PM – 3:10PM	Vriddhi Until 1:42AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 3 - 23
		252996579	Rahu 8:56AM – 10:29AM	Taitila Until 9:55PM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga				Moon – Red		Devaloka Day	
Until 5:56AM Sun				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				ain, Trinidad and Tobago Sun 24 Sutra 14
	Simha Rasi: 13.22	Tithi 10 – 11	Gulika 3:10PM – 4:43PM	Purvaphalguni Until 8:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	Sobhana 5125
			Yama 12:03PM – 1:36PM	Dhruva Until 2:10AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 3 - 24
		252996579	Rahu 4:43PM – 6:17PM	Vanija Until 11:51PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga				Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau				ain, Trinidad and Tobago Sun 25 Sutra 15
	Simha Rasi: 25.29	Tithi 11 – 12	Gulika 1:36PM – 3:10PM	Purvaphalguni Until 8:17AM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	Sobhana 5125
	Family Home Evening		Yama 10:29AM – 12:02PM	Vyaghata* Until 2:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 3 - 25
		252996579	Rahu 7:21AM – 8:55AM	Bava Until 1:19AM Tue	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga				Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				ain, Trinidad and Tobago Sun 26 Sutra 16
	Kanya Rasi: 7.49	Tithi 12 – 13	Gulika 12:02PM – 1:36PM	Uttaraphalguni Until 10:00AM	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	Sobhana 5125
			Yama 8:55AM – 10:29AM	Harshana Until 1:58AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 3 - 26
		252996579	Rahu 3:10PM – 4:44PM	Kaulava Until 2:11AM Wed	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga				Moon – Red		Devaloka Day	
Until 10:00AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				ain, Trinidad and Tobago Sun 27 Sutra 17
	Kanya Rasi: 20.25	Tithi 13 – 14	Gulika 10:28AM – 12:02PM	Hasta Until 11:27AM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM	Sobhana 5125
			Yama 7:21AM – 8:55AM	Vajra* Until 1:07AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 4 - Phase 3 - 27
		262996579	Rahu 12:02PM – 1:36PM	Gara Until 2:26AM Thu	Nataraja: Purple		4th Phase
Routine Work Marana Yoga				Moon – Green		Sivaloka Day	
Until 11:27AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				ain, Trinidad and Tobago Sun 28 Sutra 18
	Tula Rasi: 3.19	Tithi 14 – 15	Gulika 8:54AM – 10:28AM	Chitra Until 12:07PM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM	Sobhana 5125
			Yama 5:47AM – 7:20AM	Siddhi Until 11:48PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 3 - Purnima
		262996579	Rahu 1:36PM – 3:10PM	Vistil Until 2:03AM Fri	Nataraja: Purple		
Creative Work Siddha Yoga		Budha Purnima (Tamil Nadu)		Chaturdashi* Until 2:18PM		Sivaloka Day	
Until 12:07PM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

6	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				ain, Trinidad and Tobago Sun 29 Sutra 19
	Tula Rasi: 16.32	Tithi 15 – 16	Gulika 7:20AM – 8:54AM	Svati Until 12:02PM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM	Sobhana 5125
			Yama 3:10PM – 4:44PM	Vyatipata* Until 10:01PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 4 - Phase 3 - Prathama
		262996579	Rahu 10:28AM – 12:02PM	Balava Until 1:05AM Sat	Nataraja: Purple		
Creative Work Siddha Yoga				Moon – Green		Sivaloka Day	
				Vaisaka-Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda