



**Monday, April 18, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal  
Sutra 1

Tula Rasi: 23.34 Tithi 17 – 18  
**Family Home Evening** 278345478  
Routine Work Marana Yoga  
Until 10:07PM  
Then Creative Work - Siddha Yoga

**Gulika** 2:14PM – 3:55PM  
Yama 10:52AM – 12:33PM  
**Rahu** 7:31AM – 9:12AM  
**Vishakha Until 10:07PM**  
Siddhi Until 2:51PM  
Vanija Until 12:32AM Tue  
**Dvitiya Until 1:54PM**

**Ganesha:** Purple *Sunrise: 5:50AM*  
**Muruqa:** White *Sunset: 7:16PM*  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**1**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal  
Sun 1 Sutra 2

Virschika Rasi: 8.06 Tithi 18 – 19  
278345478  
Creative Work Siddha Yoga  
Until 8:06PM  
Then Routine Work - Marana Yoga

**Gulika** 12:33PM – 2:14PM  
Yama 9:11AM – 10:52AM  
**Rahu** 3:55PM – 5:36PM  
**Anuradha Until 8:06PM**  
Vyatipata\* Until 11:29AM  
Bava Until 9:45PM  
**Tritiya Until 11:07AM**

**Ganesha:** Purple *Sunrise: 5:49AM*  
**Muruqa:** White *Sunset: 7:17PM*  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**2**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Varyani/Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal  
Sun 2 Sutra 3

Virschika Rasi: 22.39 Tithi 19 – 20  
278345478  
Creative Work Siddha Yoga  
Until 6:00PM  
Then Routine Work - Marana Yoga

**Gulika** 10:51AM – 12:33PM  
Yama 7:29AM – 9:10AM  
**Rahu** 12:33PM – 2:14PM  
**Jyeshtha\* Until 6:00PM**  
Variyan Until 8:05AM  
Kaulava Until 7:01PM  
**Chaturthi\* Until 8:21AM**

**Ganesha:** Purple *Sunrise: 5:47AM*  
**Muruqa:** White *Sunset: 7:18PM*  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**3**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal  
Sun 3 Sutra 4

Dhanus Rasi: 7.08 Tithi 21  
288345478  
Creative Work Siddha Yoga

**Gulika** 9:09AM – 10:51AM  
Yama 5:46AM – 7:27AM  
**Rahu** 2:14PM – 3:56PM  
**Mula\* Until 4:19PM**  
Shiva Until 1:39AM Fri  
Gara Until 4:25PM  
**Shashthi\* Until 3:11AM Fri**

**Ganesha:** Clear *Sunrise: 5:46AM*  
**Muruqa:** White *Sunset: 7:19PM*  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Porto, Portugal  
Sun 4 Sutra 5

Dhanus Rasi: 21.29 Tithi 22  
289345478  
Routine Work Prabalarishtha Yoga  
Until 2:43PM  
Then Routine Work - Marana Yoga

**Gulika** 7:26AM – 9:08AM  
Yama 3:56PM – 5:38PM  
**Rahu** 10:50AM – 12:32PM  
**Purvashadha\* Until 2:43PM**  
Siddha Until 10:42PM  
Visti Until 2:03PM  
**Saptami Until 12:57AM Sat**

**Ganesha:** Purple *Sunrise: 5:44AM*  
**Muruqa:** White *Sunset: 7:20PM*  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Devaloka Day**

**5**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal  
Sun 5 Sutra 6

Makara Rasi: 5.4 Tithi 23  
289345478  
Routine Work Marana Yoga  
Until 1:15PM  
Then Creative Work - Siddha Yoga

**Gulika** 5:43AM – 7:25AM  
Yama 2:14PM – 3:57PM  
**Rahu** 9:07AM – 10:50AM  
**Uttarashadha Until 1:15PM**  
Sadhya Until 8:00PM  
Balava Until 11:58AM  
**Ashtami\* Until 11:02PM**

**Ganesha:** Purple *Sunrise: 5:43AM*  
**Muruqa:** White *Sunset: 7:21PM*  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
Ashtami

**Devaloka Day**

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 6 Sutra 7

Makara Rasi: 19.38 Tithi 24  
299345478  
Creative Work Amrita Yoga  
Until 12:24PM  
Then Routine Work - Marana Yoga

**Gulika** 3:57PM – 5:40PM  
Yama 12:32PM – 2:15PM  
**Rahu** 5:40PM – 7:23PM  
**Shravana Until 12:24PM**  
Subha Until 5:35PM  
Taitila Until 10:12AM  
**Navami\* Until 9:26PM**

**Ganesha:** Clear *Sunrise: 5:41AM*  
**Muruqa:** White *Sunset: 7:23PM*  
**Nataraja:** White  
Moon – Purple  
Chaitra\*Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

<b>1</b>	<b>Monday, April 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Porto, Portugal Sun 7
	Kumbha Rasi: 3.23	Tithi 25	Gulika 2:15PM – 3:58PM	Dhanishtha Until 11:45AM	Ganesha: Clear	Sunrise: 5:40AM	Subhakrit 5124
	Family Home Evening	299345479	Yama 10:49AM – 12:32PM	Sukla Until 3:26PM	Muruga: White	Sunset: 7:24PM	Moon 4 - Phase 2 - 7
	Creative Work	Siddha Yoga	Rahu 7:23AM – 9:06AM	Vanija Until 8:47AM	Nataraja: Clear		2nd Phase
			Dashami Until 8:12PM	Chaitra*Chaitra	<b>Devaloka Day</b>		

<b>2</b>	<b>Tuesday, April 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Porto, Portugal Sun 8
	Kumbha Rasi: 16.56	Tithi 26	Gulika 12:32PM – 2:15PM	Shatabhishak Until 11:19AM	Ganesha: Clear	Sunrise: 5:39AM	Subhakrit 5124
	Routine Work	Marana Yoga	Yama 9:05AM – 10:48AM	Brahma Until 1:36PM	Muruga: White	Sunset: 7:25PM	Moon 4 - Phase 2 - 8
	299345479		Rahu 3:58PM – 5:41PM	Bava Until 7:45AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 7:21PM	Chaitra*Chaitra	<b>Devaloka Day</b>		

<b>3</b>	<b>Wednesday, April 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Porto, Portugal Sun 9
	Meena Rasi: 0.14	Tithi 27	Gulika 10:48AM – 12:31PM	Purvaproshtapada* Until 11:36AM	Ganesha: Red	Sunrise: 5:37AM	Subhakrit 5124
	Creative Work	Amrita Yoga	Yama 7:21AM – 9:04AM	Indra Until 12:07PM	Muruga: White	Sunset: 7:26PM	Moon 4 - Phase 2 - 9
	219345479		Rahu 12:31PM – 2:15PM	Kaulava Until 7:07AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 6:56PM	Chaitra*Chaitra	<b>Devaloka Day</b>		

<b>4</b>	<b>Thursday, April 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Porto, Portugal Sun 10
	Meena Rasi: 13.2	Tithi 28	Gulika 9:04AM – 10:47AM	Uttaraproshtapada Until 12:10PM	Ganesha: Blue	Sunrise: 5:36AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 5:36AM – 7:20AM	Vaidhriti* Until 10:57AM	Muruga: White	Sunset: 7:27PM	Moon 4 - Phase 2 - 10
	219445479		Rahu 2:15PM – 3:59PM	Gara Until 6:54AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 6:57PM	Chaitra*Chaitra	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Friday, April 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Porto, Portugal Sun 11
	Meena Rasi: 26.11	Tithi 29	Gulika 7:19AM – 9:03AM	Revati Until 1:02PM	Ganesha: Blue	Sunrise: 5:34AM	Subhakrit 5124
	Creative Work	Siddha Yoga	Yama 3:59PM – 5:44PM	Vishkambha* Until 10:11AM	Muruga: White	Sunset: 7:28PM	Moon 4 - Phase 2 - 11
	219445479		Rahu 10:47AM – 12:31PM	Visti Until 7:10AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 7:27PM	Chaitra*Chaitra	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

	<b>Saturday, April 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Porto, Portugal Sun 12	
	<b>Retreat Star</b>		Mesha Rasi: 8.49	Tithi 30	Gulika 5:33AM – 7:18AM	Ashvini Until 2:41PM	Ganesha: Green	Sunrise: 5:33AM
	Creative Work	Siddha Yoga	Yama 2:15PM – 4:00PM	Priti Until 9:48AM	Muruga: White	Sunset: 7:29PM	Moon 4 - Phase 2 - 12	
	221445479		Rahu 9:02AM – 10:47AM	Catuspada Until 7:55AM	Nataraja: Clear		Amavasya	
			Amavasya* Until 8:27PM	Chaitra*Chaitra	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM			

<b>Retreat Star</b>	<b>Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Porto, Portugal Sun 13
	Mesha Rasi: 21.13	Tithi 1	Gulika 4:00PM – 5:45PM	Bharani Until 4:40PM	Ganesha: Green	Sunrise: 5:32AM	Subhakrit 5124
	Routine Work	Prabalarishta Yoga	Yama 12:31PM – 2:16PM	Ayushman Until 9:46AM	Muruga: White	Sunset: 7:30PM	Moon 4 - Phase 2 - 13
	221445479		Rahu 5:45PM – 7:30PM	Kintughna Until 9:10AM	Nataraja: Clear		Prathama
			Prathama* Until 9:56PM	Vaisaka*Chaitra	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>Monday, May 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
		Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 14
<b>1</b>		<b>Gulika</b> 2:16PM – 4:01PM	<b>Krittika</b> <b>Until 6:55PM</b>	<b>Ganesha:</b> Green	<b>Sunrise:</b> 5:31AM	Subhakrit 5124
Virshabha Rasi: 3.25	Tithi 2	Yama 10:46AM – 12:31PM	Saubhagya Until 10:07AM	<b>Muruqa:</b> White	<b>Sunset:</b> 7:31PM	Moon 4 - Phase 3 - 14
<b>Family Home Evening</b>	231445479	<b>Rahu</b> 7:16AM – 9:01AM	Balava Until 10:52AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> <b>Until 11:51PM</b>	Moon – White	<b>Bhuloka Day</b>	
Until 6:55PM				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga						

<b>Tuesday, May 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
		Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 15
<b>2</b>		<b>Gulika</b> 12:31PM – 2:16PM	<b>Rohini</b> <b>Until 9:50PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:29AM	Subhakrit 5124
Virshabha Rasi: 15.27	Tithi 3	Yama 9:00AM – 10:45AM	Sobhana Until 10:47AM	<b>Muruqa:</b> White	<b>Sunset:</b> 7:32PM	Moon 4 - Phase 3 - 15
231445479		<b>Rahu</b> 4:01PM – 5:47PM	Taitila Until 12:58PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya</b> <b>Until 2:06AM Wed</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Until 9:50PM		<b>Akshaya Tritiya</b>		Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga						

<b>Wednesday, May 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
		Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 16
<b>3</b>		<b>Gulika</b> 10:45AM – 12:31PM	<b>Mrigashira</b> <b>Until 12:48AM Thu</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:28AM	Subhakrit 5124
Virshabha Rasi: 27.22	Tithi 4	Yama 7:14AM – 8:59AM	Athiganda* Until 11:38AM	<b>Muruqa:</b> White	<b>Sunset:</b> 7:33PM	Moon 4 - Phase 3 - 16
231445479		<b>Rahu</b> 12:31PM – 2:16PM	Vanija Until 3:21PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> <b>Until 4:34AM Thu</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Until 12:48AM Thu				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga						

<b>Thursday, May 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
		Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Sun 17
<b>4</b>		<b>Gulika</b> 8:59AM – 10:45AM	<b>Ardra</b> <b>Until 3:40AM Fri</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:27AM	Subhakrit 5124
Mithuna Rasi: 9.13	Tithi 5	Yama 5:27AM – 7:13AM	Sukarma Until 12:37PM	<b>Muruqa:</b> White	<b>Sunset:</b> 7:34PM	Moon 4 - Phase 3 - 17
231445479		<b>Rahu</b> 2:16PM – 4:02PM	Bava Until 5:51PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami</b> <b>Until 7:04AM Fri</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Until 3:40AM Fri				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga						

<b>Friday, May 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
		Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 18
<b>5</b>		<b>Gulika</b> 7:12AM – 8:58AM	<b>Punarvasu</b> <b>Until 6:46AM Sat</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:26AM	Subhakrit 5124
Mithuna Rasi: 21.03	Tithi 5 – 6	Yama 4:03PM – 5:49PM	Dhriti Until 1:36PM	<b>Muruqa:</b> White	<b>Sunset:</b> 7:35PM	Moon 4 - Phase 3 - 18
241445479		<b>Rahu</b> 10:44AM – 12:30PM	Kaulava Until 8:18PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 7:04AM</b>	Moon – Blue	<b>Devaloka Day</b>	
				Vaisaka-Chaitra		

<b>Saturday, May 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
		Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19
<b>6</b>		<b>Gulika</b> 5:24AM – 7:11AM	<b>Punarvasu</b> <b>Until 6:46AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:24AM	Subhakrit 5124
Kataka Rasi: 2.56	Tithi 6 – 7	Yama 2:17PM – 4:03PM	Shula* Until 2:26PM	<b>Muruqa:</b> White	<b>Sunset:</b> 7:36PM	Moon 4 - Phase 3 - 19
241445479		<b>Rahu</b> 8:57AM – 10:44AM	Gara Until 10:31PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 9:26AM</b>	Moon – Blue	<b>Devaloka Day</b>	
				Vaisaka-Chaitra		

<b>Sunday, May 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
		Pushya/Ashlesha* Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20
<b>Retreat Star</b>		<b>Gulika</b> 4:04PM – 5:50PM	<b>Pushya</b> <b>Until 9:25AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:23AM	Subhakrit 5124
Kataka Rasi: 14.56	Tithi 7 – 8	Yama 12:30PM – 2:17PM	Ganda* Until 3:00PM	<b>Muruqa:</b> White	<b>Sunset:</b> 7:37PM	Moon 4 - Phase 3 - 20
241445479		<b>Rahu</b> 5:50PM – 7:37PM	Visti Until 12:20AM Mon	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 11:28AM</b>	Moon – Blue	<b>Devaloka Day</b>	
		<b>Mother's Day</b>		Vaisaka-Chaitra		

<b>Monday, May 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
		Ashlesha*/Magha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21
<b>Retreat Star</b>		<b>Gulika</b> 2:17PM – 4:04PM	<b>Ashlesha*</b> <b>Until 11:25AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:22AM	Subhakrit 5124
Kataka Rasi: 27.07	Tithi 8 – 9	Yama 10:43AM – 12:30PM	Vridhi Until 3:11PM	<b>Muruqa:</b> White	<b>Sunset:</b> 7:38PM	Moon 4 - Phase 3 - 21
241445479		<b>Rahu</b> 7:09AM – 8:56AM	Balava Until 1:33AM Tue	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 1:00PM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 11:25AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


<b>1</b>	<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal Sun 22
	Simha Rasi: 9.34	Tithi 9 – 10	<b>Gulika</b> 12:30PM – 2:17PM	<b>Magha* Until 1:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	Subhakrit 5124
			Yama 8:56AM – 10:43AM	Dhruva Until 2:49PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 4 - 22
	Creative Work	Siddha Yoga	252445479 <b>Rahu</b> 4:05PM – 5:52PM	Taitila Until 2:04AM Wed	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami* Until 1:53PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			


<b>2</b>	<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 23
	Simha Rasi: 22.2	Tithi 10 – 11	<b>Gulika</b> 10:43AM – 12:30PM	<b>Purvaphalguni Until 1:57PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM	Subhakrit 5124
			Yama 7:07AM – 8:55AM	Vyaghata* Until 1:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 4 - 23
	Creative Work	Amrita Yoga	252445479 <b>Rahu</b> 12:30PM – 2:18PM	Vanija Until 1:49AM Thu	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 2:01PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>3</b>	<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 24
	Kanya Rasi: 5.3	Tithi 11 – 12	<b>Gulika</b> 8:54AM – 10:42AM	<b>Uttaraphalguni Until 1:51PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	Subhakrit 5124
			Yama 5:19AM – 7:07AM	Harshana Until 12:21PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 4 - 24
		Amrita Yoga	252445479 <b>Rahu</b> 2:18PM – 4:06PM	Bava Until 12:47AM Fri	<b>Nataraja:</b> Clear		4th Phase
Until 1:51PM	Then Routine Work - Marana Yoga		<b>Ekadashi Until 1:23PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>4</b>	<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 25
	Kanya Rasi: 19.05	Tithi 12 – 13	<b>Gulika</b> 7:06AM – 8:54AM	<b>Hasta Until 1:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:18AM	Subhakrit 5124
			Yama 4:06PM – 5:54PM	Vajra* Until 10:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 4 - 25
	Creative Work	Amrita Yoga	262445479 <b>Rahu</b> 10:42AM – 12:30PM	Kaulava Until 11:02PM	<b>Nataraja:</b> Clear		4th Phase
Until 1:19PM	Then Creative Work - Siddha Yoga		<b>Dvadashi Until 11:58AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			
				Pradosha Vrata			

<b>5</b>	<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipala* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 26
	Tula Rasi: 3.07	Tithi 13 – 14	<b>Gulika</b> 5:17AM – 7:05AM	<b>Chitra Until 11:58AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:17AM	Subhakrit 5124
			Yama 2:18PM – 4:07PM	Siddhi Until 7:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 4 - 26
	Routine Work	Marana Yoga	262445479 <b>Rahu</b> 8:53AM – 10:42AM	Gara Until 8:40PM	<b>Nataraja:</b> Clear		4th Phase
Until 11:58AM	Then Creative Work - Siddha Yoga		<b>Trayodashi Until 9:54AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Vaisaka-Vaikasi			

	<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Porto, Portugal Sun 27
	<b>Copper Retreat Star</b>		<b>Gulika</b> 4:07PM – 5:56PM	<b>Svati Until 9:56AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM	Subhakrit 5124
	Tula Rasi: 17.31	Tithi 14 – 15	Yama 12:30PM – 2:19PM	Variyan Until 12:46AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 4 - 27
	Creative Work	Siddha Yoga	262445479 <b>Rahu</b> 5:56PM – 7:44PM	Bava Until 4:14AM Mon	<b>Nataraja:</b> Clear		Purnima
Until 9:56AM	Then Routine Work - Marana Yoga		<b>Chaturdashi* Until 7:16AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Vaisaka-Vaikasi			

	<b>Monday, May 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:19PM – 4:08PM	<b>Vishakha Until 7:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:15AM	Subhakrit 5124
	Vrischika Rasi: 2.13	Tithi 16	Yama 10:41AM – 12:30PM	Parigha* Until 9:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:45PM	Moon 4 - Phase 4 -
	<b>Family Home Evening</b>		272445479 <b>Rahu</b> 7:04AM – 8:52AM	Balava Until 2:37PM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 12:56AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 7:47AM	Then Creative Work - Siddha Yoga			Vaisaka-Vaikasi			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

..ll times are standard time. Calculated for Porto, Portugal on 5/1/2

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**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiyayam Titau

Porto, Portugal  
Sutra 30

Vrischika Rasi: 17.07 Tithi 17

272445479

**Gulika** 12:30PM – 2:19PM  
Yama 8:52AM – 10:41AM  
**Rahu** 4:08PM – 5:57PM

**Jyeshtha\* Until 2:31AM Wed**  
Shiva Until 5:07PM  
Tailila Until 11:14AM  
**Dvitiya Until 9:31PM**

**Ganesha:** Yellow *Sunrise: 5:14AM*  
**Muruqa:** White *Sunset: 7:46PM*  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Porto, Portugal  
Sun 1 Sutra 31

Dhanus Rasi: 2.04 Tithi 18

282445479

**Gulika** 10:41AM – 12:30PM  
Yama 7:02AM – 8:51AM  
**Rahu** 12:30PM – 2:19PM

**Mula\* Until 12:07AM Thu**  
Siddha Until 1:13PM  
Vanija Until 7:49AM  
**Tritiya Until 6:08PM**

**Ganesha:** Blue *Sunrise: 5:13AM*  
**Muruqa:** White *Sunset: 7:47PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga  
Until 12:07AM Thu  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal  
Sun 2 Sutra 32

Dhanus Rasi: 16.58 Tithi 19 – 20

282445479

**Gulika** 8:51AM – 10:41AM  
Yama 5:12AM – 7:02AM  
**Rahu** 2:20PM – 4:09PM

**Purvashadha\* Until 9:47PM**  
Sadhya Until 9:27AM  
Kaulava Until 1:26AM Fri  
**Chaturthi\* Until 2:55PM**

**Ganesha:** Blue *Sunrise: 5:12AM*  
**Muruqa:** White *Sunset: 7:48PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga  
Until 9:47PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal  
Sun 3 Sutra 33

Makara Rasi: 1.39 Tithi 20 – 21

282445479

**Gulika** 7:01AM – 8:51AM  
Yama 4:10PM – 5:59PM  
**Rahu** 10:40AM – 12:30PM

**Uttarashadha Until 7:40PM**  
Sukla Until 2:41AM Sat  
Gara Until 10:43PM  
**Panchami Until 12:01PM**

**Ganesha:** Blue *Sunrise: 5:11AM*  
**Muruqa:** White *Sunset: 7:49PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal  
Sun 4 Sutra 34

Makara Rasi: 16.04 Tithi 21 – 22

292445479

**Gulika** 5:10AM – 7:00AM  
Yama 2:20PM – 4:10PM  
**Rahu** 8:50AM – 10:40AM

**Shravana Until 6:17PM**  
Brahma Until 11:51PM  
Visti Until 8:28PM  
**Shashthi\* Until 9:31AM**

**Ganesha:** Red *Sunrise: 5:10AM*  
**Muruqa:** White *Sunset: 7:50PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Sunday, May 22, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal  
Sun 5 Sutra 35

Kumbha Rasi: 0.09 Tithi 22 – 23

292445479

**Gulika** 4:11PM – 6:01PM  
Yama 12:30PM – 2:20PM  
**Rahu** 6:01PM – 7:51PM

**Dhanishtha Until 5:17PM**  
Indra Until 9:29PM  
Balava Until 6:45PM  
**Saptami Until 7:31AM**

**Ganesha:** Red *Sunrise: 5:10AM*  
**Muruqa:** White *Sunset: 7:51PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
Ashtami

Routine Work Marana Yoga  
Until 5:17PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Monday, May 23, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosithapada\* Nakshatra Vaidhriti\* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Porto, Portugal  
Sun 6 Sutra 36

Kumbha Rasi: 13.53 Tithi 23 – 24

293445479

**Gulika** 2:21PM – 4:11PM  
Yama 10:40AM – 12:30PM  
**Rahu** 6:59AM – 8:50AM

**Shatabhishak Until 4:43PM**  
Vaidhriti\* Until 7:34PM  
Gara Until 5:16AM Tue  
**Ashtami\* Until 6:06AM**

**Ganesha:** Green *Sunrise: 5:09AM*  
**Muruqa:** White *Sunset: 7:52PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Subhakrit 5124  
Moon 5 - Phase 5 -  
Navami

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 4:43PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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<b>1</b>		<b>Tuesday, May 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshthapada/Uttaraproshthapada Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Porto, Portugal Sun 7 Sutra 37
Kumbha Rasi: 27.16	Tithi 25	<b>Gulika</b> Yama	<b>12:30PM – 2:21PM</b> 8:49AM – 10:40AM	<b>Purvaproshthapada* Until 5:03PM</b> Vishkambha* Until 6:09PM Vanija Until 5:06PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 5:08AM <b>Sunset:</b> 7:53PM	Subhakrit 5124 Moon 5 - Phase 6 - 7 2nd Phase	
Routine Work Marana Yoga Until 5:03PM Then Creative Work - Amrita Yoga		213545479	<b>Rahu</b> 4:12PM – 6:02PM	<b>Dashami Until 5:02AM Wed</b>	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>		
<b>2</b>		<b>Wednesday, May 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshthapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Porto, Portugal Sun 8 Sutra 38
Meena Rasi: 10.2	Tithi 26	<b>Gulika</b> Yama	<b>10:40AM – 12:31PM</b> 6:58AM – 8:49AM	<b>Uttaraproshthapada Until 5:48PM</b> Priti Until 5:13PM Bava Until 5:10PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 5:07AM <b>Sunset:</b> 7:54PM	Subhakrit 5124 Moon 5 - Phase 6 - 8 2nd Phase	
Creative Work Siddha Yoga Until 5:48PM Then Routine Work - Marana Yoga		213545479	<b>Rahu</b> 12:31PM – 2:21PM	<b>Ekadashi* Until 5:23AM Thu</b>	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>		
<b>3</b>		<b>Thursday, May 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Porto, Portugal Sun 9 Sutra 39
Meena Rasi: 23.07	Tithi 27	<b>Gulika</b> Yama	<b>8:49AM – 10:40AM</b> 5:07AM – 6:58AM	<b>Revati Until 6:57PM</b> Ayushman Until 4:42PM Kaulava Until 5:47PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 5:07AM <b>Sunset:</b> 7:55PM	Subhakrit 5124 Moon 5 - Phase 6 - 9 2nd Phase	
Creative Work Siddha Yoga Until 6:57PM Then Creative Work - Amrita Yoga		313545479	<b>Rahu</b> 2:22PM – 4:13PM	<b>Dvadashi* Until 6:17AM Fri</b>	<b>Vaisaka-Vaikasi</b>	<b>Sivaloka Day</b>		
<b>4</b>		<b>Friday, May 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 10 Sutra 40
Mesha Rasi: 5.39	Tithi 27 – 28	<b>Gulika</b> Yama	<b>6:57AM – 8:48AM</b> 4:13PM – 6:04PM	<b>Ashvini Until 8:54PM</b> Saubhagya Until 4:35PM Gara Until 6:55PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 5:06AM <b>Sunset:</b> 7:55PM	Subhakrit 5124 Moon 5 - Phase 6 - 10 2nd Phase	
Creative Work Amrita Yoga Until 8:54PM Then Creative Work - Siddha Yoga		323545479	<b>Rahu</b> 10:40AM – 12:31PM	<b>Dvadashi* Until 6:17AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>		
<b>5</b>		<b>Saturday, May 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 11 Sutra 41
Mesha Rasi: 17.58	Tithi 28 – 29	<b>Gulika</b> Yama	<b>5:05AM – 6:57AM</b> 2:22PM – 4:14PM	<b>Bharani Until 11:08PM</b> Sobhana Until 4:51PM Visti Until 8:30PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 5:05AM <b>Sunset:</b> 7:56PM	Subhakrit 5124 Moon 5 - Phase 6 - 11 2nd Phase	
Creative Work Siddha Yoga Until 11:08PM Then Creative Work - Amrita Yoga		323545479	<b>Rahu</b> 8:48AM – 10:39AM	<b>Trayodashi* Until 7:39AM</b>	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>		
<b>Retreat Star</b>		<b>Sunday, May 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Porto, Portugal Sun 12 Sutra 42
Vrishabha Rasi: 0.07	Tithi 29 – 30	<b>Gulika</b> Yama	<b>4:14PM – 6:05PM</b> 12:31PM – 2:22PM	<b>Krittika Until 1:32AM Mon</b> Athiganda* Until 5:22PM Catuspada Until 10:28PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 5:05AM <b>Sunset:</b> 7:57PM	Subhakrit 5124 Moon 5 - Phase 6 - 12 Amavasya	
Creative Work Siddha Yoga Until 1:32AM Mon Then Creative Work - Amrita Yoga		323545479	<b>Rahu</b> 6:05PM – 7:57PM	<b>Chaturdashi* Until 9:25AM</b>	<b>Vaisaka-Vaikasi</b>	<b>Devaloka Day</b>		
<b>Retreat Star</b>		<b>Monday, May 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Porto, Portugal Sun 13 Sutra 43
Vrishabha Rasi: 12.08	Tithi 30 – 1	<b>Gulika</b> Yama	<b>2:23PM – 4:14PM</b> 10:39AM – 12:31PM	<b>Rohini Until 4:33AM Tue</b> Sukarma Until 6:09PM Kintughna Until 12:42AM Tue	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 5:04AM <b>Sunset:</b> 7:58PM	Subhakrit 5124 Moon 5 - Phase 6 - 13 Prathama	
Family Home Evening Creative Work Amrita Yoga Until 4:33AM Tue Then Creative Work - Siddha Yoga		333545479	<b>Rahu</b> 6:56AM – 8:48AM	<b>Amavasya* Until 11:32AM</b>	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>		

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Tuesday, May 31, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	Vrishabha Rasi: 24.02 Tithi 1 – 2		Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 44
	333545479	<b>Gulika</b> 12:31PM – 2:23PM	<b>Mrigashira</b> Until 7:33AM Wed	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:04AM	Subhakit 5124		
	Creative Work Siddha Yoga	Yama 8:48AM – 10:39AM	Dhriti Until 7:06PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:59PM	Moon 5 - Phase 7 - 14		
	<b>Rahu</b> 4:15PM – 6:07PM	Balava Until 3:07AM Wed	<b>Nataraja:</b> Clear	3rd Phase			
		<b>Prathama*</b> Until 1:52PM	Moon – Yellow	<b>Devaloka Day</b>			
			Jyeshtha-Vaikasi				

<b>2</b>	<b>Wednesday, June 1, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	Mithuna Rasi: 5.53 Tithi 2 – 3		Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15 Sutra 45
	333545479	<b>Gulika</b> 10:39AM – 12:31PM	<b>Mrigashira</b> Until 7:33AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:03AM	Subhakit 5124		
	Creative Work Siddha Yoga	Yama 6:55AM – 8:47AM	Shula* Until 8:05PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:59PM	Moon 5 - Phase 7 - 15		
	<b>Rahu</b> 12:31PM – 2:23PM	Taitila Until 5:36AM Thu	<b>Nataraja:</b> Clear	3rd Phase			
		<b>Dvitiya</b> Until 4:20PM	Moon – Yellow	<b>Devaloka Day</b>			
			Jyeshtha-Vaikasi				

<b>3</b>	<b>Thursday, June 2, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	Mithuna Rasi: 17.43 Tithi 3		Ardra/Punarvasu Nakshatra Ganda* Yoga Gara Karana Tritiyayam Titau				Sun 16 Sutra 46
	333555479	<b>Gulika</b> 8:47AM – 10:39AM	<b>Ardra</b> Until 10:25AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:03AM	Subhakit 5124		
	Routine Work Marana Yoga	Yama 5:03AM – 6:55AM	Ganda* Until 9:06PM	<b>Muruqa:</b> Green <i>Sunset:</i> 8:00PM	Moon 5 - Phase 7 - 16		
Until 10:25AM	<b>Rahu</b> 2:24PM – 4:16PM	Gara Until 6:49PM	<b>Nataraja:</b> Clear	3rd Phase			
Then Creative Work - Amrita Yoga		<b>Tritiya</b> Until 6:49PM	Moon – Yellow	<b>Devaloka Day</b>			
			Jyeshtha-Vaikasi				

<b>4</b>	<b>Friday, June 3, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
	Mithuna Rasi: 29.34 Tithi 4		Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 47
	343555479	<b>Gulika</b> 6:55AM – 8:47AM	<b>Punarvasu</b> Until 1:35PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:03AM	Subhakit 5124		
	Creative Work Siddha Yoga	Yama 4:16PM – 6:08PM	Vriddhi Until 10:03PM	<b>Muruqa:</b> Green <i>Sunset:</i> 8:01PM	Moon 5 - Phase 7 - 17		
Until 1:35PM	<b>Rahu</b> 10:39AM – 12:32PM	Vanija Until 8:03AM	<b>Nataraja:</b> Clear	3rd Phase			
Then Routine Work - Marana Yoga		<b>Chaturthi*</b> Until 9:12PM	Moon – Blue	<b>Devaloka Day</b>			
			Jyeshtha-Vaikasi				

<b>5</b>	<b>Saturday, June 4, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
	Kataka Rasi: 11.28 Tithi 5		Pushya/Ashlesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 48
	343555479	<b>Gulika</b> 5:02AM – 6:55AM	<b>Pushya</b> Until 4:23PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:02AM	Subhakit 5124		
	Creative Work Siddha Yoga	Yama 2:24PM – 4:17PM	Dhruva Until 10:47PM	<b>Muruqa:</b> Green <i>Sunset:</i> 8:01PM	Moon 5 - Phase 7 - 18		
Until 4:23PM	<b>Rahu</b> 8:47AM – 10:39AM	Bava Until 10:20AM	<b>Nataraja:</b> Clear	3rd Phase			
Then Routine Work - Marana Yoga		<b>Panchami</b> Until 11:21PM	Moon – Blue	<b>Devaloka Day</b>			
			Jyeshtha-Vaikasi				

<b>6</b>	<b>Sunday, June 5, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
	Kataka Rasi: 23.29 Tithi 6		Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19 Sutra 49
	343555471	<b>Gulika</b> 4:17PM – 6:10PM	<b>Ashlesha*</b> Until 6:42PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:02AM	Subhakit 5124		
	Creative Work Siddha Yoga	Yama 12:32PM – 2:25PM	Vyaghata* Until 11:15PM	<b>Muruqa:</b> Green <i>Sunset:</i> 8:02PM	Moon 5 - Phase 7 - 19		
Until 6:42PM	<b>Rahu</b> 6:10PM – 8:02PM	Kaulava Until 12:19PM	<b>Nataraja:</b> Yellow	3rd Phase			
Then Routine Work - Marana Yoga		<b>Shashthi*</b> Until 1:08AM Mon	Moon – Blue	<b>Devaloka Day</b>			
			Jyeshtha-Vaikasi				

<b>Retreat Star</b>	<b>Monday, June 6, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
	Simha Rasi: 5.4 Tithi 7		Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 50
	353555471	<b>Gulika</b> 2:25PM – 4:17PM	<b>Magha*</b> Until 8:53PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:02AM	Subhakit 5124		
	Family Home Evening	Yama 10:39AM – 12:32PM	Harshana Until 11:21PM	<b>Muruqa:</b> Green <i>Sunset:</i> 8:03PM	Moon 5 - Phase 7 - 20		
Routine Work Marana Yoga	<b>Rahu</b> 6:54AM – 8:47AM	Gara Until 1:51PM	<b>Nataraja:</b> Yellow	3rd Phase			
Until 8:53PM		<b>Saptami</b> Until 2:23AM Tue	Moon – Red	<b>Sivaloka Day</b>			
Then Creative Work - Siddha Yoga			Jyeshtha-Vaikasi				

<b>Retreat Star</b>	<b>Tuesday, June 7, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	Simha Rasi: 18.04 Tithi 8		Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 51
	354555471	<b>Gulika</b> 12:32PM – 2:25PM	<b>Purvaphalguni</b> Until 10:18PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:01AM	Subhakit 5124		
	Creative Work Siddha Yoga	Yama 8:47AM – 10:40AM	Vajra* Until 10:55PM	<b>Muruqa:</b> Green <i>Sunset:</i> 8:03PM	Moon 5 - Phase 7 - 21		
Until 10:18PM	<b>Rahu</b> 4:18PM – 6:11PM	Visti Until 2:48PM	<b>Nataraja:</b> Yellow	Ashtami			
Then Creative Work - Amrita Yoga		<b>Ashtami*</b> Until 3:00AM Wed	Moon – Red	<b>Devaloka Day</b>			
			Jyeshtha-Vaikasi				

<b>Retreat Star</b>	<b>Wednesday, June 8, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	Kanya Rasi: 0.46 Tithi 9		Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 52
	354555471	<b>Gulika</b> 10:40AM – 12:33PM	<b>Uttaraphalguni</b> Until 10:51PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:01AM	Subhakit 5124		
	Creative Work Amrita Yoga	Yama 6:54AM – 8:47AM	Siddhi Until 9:55PM	<b>Muruqa:</b> Green <i>Sunset:</i> 8:04PM	Moon 5 - Phase 7 - 22		
Until 10:51PM	<b>Rahu</b> 12:33PM – 2:25PM	Balava Until 3:03PM	<b>Nataraja:</b> Yellow	Navami			
Then Routine Work - Marana Yoga		<b>Navami*</b> Until 2:51AM Thu	Moon – Red	<b>Devaloka Day</b>			
			Jyeshtha-Vaikasi				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


<b>1</b>		<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau		Porto, Portugal Sun 23 Sutra 53	
Kanya Rasi: 13.51	Tithi 10	<b>Gulika</b> 8:47AM – 10:40AM	<b>Hasta</b> <b>Until 10:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:01AM	Subhakrit 5124	
		Yama 5:01AM – 6:54AM	Vyatipata* Until 8:19PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8 - 23	
		364555471 <b>Rahu</b> 2:26PM – 4:19PM	Taitila Until 2:31PM	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 1:56AM Fri</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 10:55PM				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							


<b>2</b>		<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau		Porto, Portugal Sun 24 Sutra 54	
Kanya Rasi: 27.21	Tithi 11	<b>Gulika</b> 6:54AM – 8:47AM	<b>Chitra</b> <b>Until 10:05PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:01AM	Subhakrit 5124	
		Yama 4:19PM – 6:12PM	Variyan Until 6:03PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:05PM	Moon 5 - Phase 8 - 24	
		364555471 <b>Rahu</b> 10:40AM – 12:33PM	Vanija Until 1:12PM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 12:14AM Sat</b>	Moon – Green		<b>Bhuloka Day</b>	
				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	

<b>3</b>		<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashtyam Titau		Porto, Portugal Sun 25 Sutra 55	
Tula Rasi: 11.19	Tithi 12	<b>Gulika</b> 5:00AM – 6:54AM	<b>Svati</b> <b>Until 8:24PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Subhakrit 5124	
		Yama 2:26PM – 4:19PM	Parigha* Until 3:13PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8 - 25	
		364555471 <b>Rahu</b> 8:47AM – 10:40AM	Bava Until 11:08AM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashti</b> <b>Until 9:51PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Porto, Portugal Sun 26 Sutra 56	
Tula Rasi: 25.43	Tithi 13	<b>Gulika</b> 4:20PM – 6:13PM	<b>Vishakha</b> <b>Until 6:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM	Subhakrit 5124	
		Yama 12:33PM – 2:26PM	Shiva Until 11:53AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8 - 26	
		374555471 <b>Rahu</b> 6:13PM – 8:06PM	Kaulava Until 8:27AM	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 6:53PM</b>	Moon – Orange		<b>Devaloka Day</b>	
		<b>Vaikasi Visakam</b>		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

<b>5</b>		<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Porto, Portugal Sun 27 Sutra 57	
Vrischika Rasi: 10.3	Tithi 14 – 15	<b>Gulika</b> 2:27PM – 4:20PM	<b>Anuradha</b> <b>Until 3:50PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:40AM – 12:33PM	Siddha Until 8:08AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8 - 27	
		374555471 <b>Rahu</b> 6:54AM – 8:47AM	Visti Until 1:42AM Tue	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 3:30PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

		<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Porto, Portugal Sun 28 Sutra 58	
Vrischika Rasi: 25.34	Tithi 15 – 16	<b>Gulika</b> 12:34PM – 2:27PM	<b>Jyeshtha*</b> <b>Until 12:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM	Subhakrit 5124	
		Yama 8:47AM – 10:40AM	Subha Until 11:57PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8 - Purnima	
		374555471 <b>Rahu</b> 4:20PM – 6:14PM	Balava Until 9:57PM	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Purnima*</b> <b>Until 11:49AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 12:52PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

		<b>Wednesday, June 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Porto, Portugal Sun 29 Sutra 59	
Dhanus Rasi: 10.46	Tithi 16 – 17	<b>Gulika</b> 10:40AM – 12:34PM	<b>Mula*</b> <b>Until 10:02AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM	Subhakrit 5124	
		Yama 6:54AM – 8:47AM	Sukla Until 7:44PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8 - Prathama	
		384555471 <b>Rahu</b> 12:34PM – 2:27PM	Taitila Until 6:09PM	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Prathama*</b> <b>Until 8:02AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 10:02AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							





Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

Porto, Portugal

Sun 1

Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 25.56 Tithi 18

384555471

**Gulika** 8:47AM – 10:41AM  
**Yama** 5:00AM – 6:54AM  
**Rahu** 2:28PM – 4:21PM

**Purvashadha\* Until 7:08AM**  
Brahma Until 3:40PM  
Vanija Until 2:30PM  
Tritiya Until 12:45AM Fri

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Light Blue  
Jyeshtha-Ani

**Sunrise:** 5:00AM  
**Sunset:** 8:08PM

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 7:08AM

Then Routine Work - Marana Yoga

Friday, June 17, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Chaturthayam Titau

Porto, Portugal

Sun 2

Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 10.56 Tithi 19

394555471

**Gulika** 6:54AM – 8:47AM  
**Yama** 4:21PM – 6:15PM  
**Rahu** 10:41AM – 12:34PM

**Shravana Until 2:13AM Sat**  
Indra Until 11:51AM  
Bava Until 11:07AM  
Chaturthi\* Until 9:34PM

**Ganesha:** Red  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple  
Jyeshtha-Ani

**Sunrise:** 5:00AM  
**Sunset:** 8:08PM

**Devaloka Day**

Routine Work Marana Yoga

Until 2:13AM Sat

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal

Sun 3

Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 25.37 Tithi 20

394555471

**Gulika** 5:00AM – 6:54AM  
**Yama** 2:28PM – 4:22PM  
**Rahu** 8:47AM – 10:41AM

**Dhanishtha Until 12:29AM Sun**  
Vaidhriti\* Until 8:23AM  
Kaulava Until 8:11AM  
Panchami Until 6:54PM

**Ganesha:** Blue  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple  
Jyeshtha-Ani

**Sunrise:** 5:00AM  
**Sunset:** 8:09PM

**Sivaloka Day**

Creative Work Siddha Yoga

Sunday, June 19, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 4

Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 9.54 Tithi 21 – 22

395655471

**Gulika** 4:22PM – 6:15PM  
**Yama** 12:35PM – 2:28PM  
**Rahu** 6:15PM – 8:09PM

**Shatabhishak Until 11:16PM**  
Priti Until 3:00AM Mon  
Visti Until 4:08AM Mon  
Shashthi\* Until 4:52PM

**Ganesha:** Red  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Purple  
Jyeshtha-Ani

**Sunrise:** 5:01AM  
**Sunset:** 8:09PM

**Devaloka Day**

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal

Sun 5

Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 23.44 Tithi 22 – 23

315655471

Family Home Evening

**Gulika** 2:28PM – 4:22PM  
**Yama** 10:41AM – 12:35PM  
**Rahu** 6:54AM – 8:48AM

**Purvaprosarthapada\* Until 11:05PM**  
Ayushman Until 1:10AM Tue  
Balava Until 3:12AM Tue  
Saptami Until 3:33PM

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Clear  
Jyeshtha-Ani

**Sunrise:** 5:01AM  
**Sunset:** 8:09PM

**Devaloka Day**

Routine Work Marana Yoga

Until 11:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

●

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 6

Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 7.08 Tithi 23 – 24

315655471

**Gulika** 12:35PM – 2:29PM  
**Yama** 8:48AM – 10:42AM  
**Rahu** 4:22PM – 6:16PM

**Uttaraprosarthapada Until 11:32PM**  
Saubhagya Until 11:59PM  
Taitila Until 3:03AM Wed  
Ashtami\* Until 3:01PM

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Clear  
Jyeshtha-Ani

**Sunrise:** 5:01AM  
**Sunset:** 8:09PM

**Devaloka Day**

Creative Work Amrita Yoga

Until 11:32PM

Then Creative Work - Siddha Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Porto, Portugal

Sun 7

Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 20.07 Tithi 24 – 25

315655471

**Gulika** 10:42AM – 12:35PM  
**Yama** 6:55AM – 8:48AM  
**Rahu** 12:35PM – 2:29PM

**Revati Until 12:32AM Thu**  
Sobhana Until 11:24PM  
Vanija Until 3:38AM Thu  
Navami\* Until 3:14PM

**Ganesha:** Clear  
**Muruqa:** Green  
**Nataraja:** Yellow  
Moon – Clear  
Jyeshtha-Ani

**Sunrise:** 5:01AM  
**Sunset:** 8:10PM

**Devaloka Day**

Routine Work Marana Yoga

Until 12:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

..All times are standard time. Calculated for Porto, Portugal on 5/1/2

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, June 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 8 Sutra 67	
Mesha Rasi: 2.45	Tithi 25 – 26	<b>Gulika</b> 8:48AM – 10:42AM	<b>Ashvini</b> Until 2:31AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM	Subhakrit 5124	
		Yama 5:01AM – 6:55AM	Athiganda* Until 11:19PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 10 - 8	
	325655471	<b>Rahu</b> 2:29PM – 4:23PM	Bava Until 4:53AM Fri	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 4:10PM	Moon – White		<b>Bhuloka Day</b>	
Until 2:31AM Fri				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, June 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 9 Sutra 68	
Mesha Rasi: 15.05	Tithi 26 – 27	<b>Gulika</b> 6:55AM – 8:49AM	<b>Bharani</b> Until 4:52AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Subhakrit 5124	
		Yama 4:23PM – 6:16PM	Sukarma Until 11:41PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 10 - 9	
	325655471	<b>Rahu</b> 10:42AM – 12:36PM	Kaulava Until 6:39AM Sat	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 5:41PM	Moon – White		<b>Bhuloka Day</b>	
Until 4:52AM Sat				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Saturday, June 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Porto, Portugal Sun 10 Sutra 69	
Mesha Rasi: 27.13	Tithi 27	<b>Gulika</b> 5:02AM – 6:55AM	<b>Krittika</b> Until 7:25AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Subhakrit 5124	
		Yama 2:29PM – 4:23PM	Dhriti Until 12:23AM Sun	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 10 - 10	
	325655471	<b>Rahu</b> 8:49AM – 10:42AM	Kaulava Until 6:39AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 7:40PM	Moon – White		<b>Bhuloka Day</b>	
Until 7:25AM Sun				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, June 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Porto, Portugal Sun 11 Sutra 70	
Vrishabha Rasi: 9.12	Tithi 28	<b>Gulika</b> 4:23PM – 6:17PM	<b>Krittika</b> Until 7:25AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	Subhakrit 5124	
		Yama 12:36PM – 2:30PM	Shula* Until 1:17AM Mon	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 10 - 11	
	325655471	<b>Rahu</b> 6:17PM – 8:10PM	Gara Until 8:48AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 9:57PM	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Monday, June 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Porto, Portugal Sun 12 Sutra 71	
Vrishabha Rasi: 21.05	Tithi 29	<b>Gulika</b> 2:30PM – 4:23PM	<b>Rohini</b> Until 10:33AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:03AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:43AM – 12:36PM	Ganda* Until 2:18AM Tue	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 10 - 12	
	335655471	<b>Rahu</b> 6:56AM – 8:50AM	Visti Until 11:11AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 12:25AM Tue	Moon – Yellow		<b>Bhuloka Day</b>	
Until 1:37PM				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, June 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Porto, Portugal Sun 13 Sutra 72	
Mithuna Rasi: 2.55	Tithi 30	<b>Gulika</b> 12:37PM – 2:30PM	<b>Mrigashira</b> Until 1:37PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM	Subhakrit 5124	
		Yama 8:50AM – 10:43AM	Vriddhi Until 3:22AM Wed	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 10 - 13	
	336655471	<b>Rahu</b> 4:23PM – 6:17PM	Catuspada Until 1:41PM	<b>Nataraja:</b> Yellow		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:55AM Wed	Moon – Yellow		<b>Bhuloka Day</b>	
Until 1:37PM				Jyeshtha*Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, June 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Porto, Portugal Sun 14 Sutra 73	
Mithuna Rasi: 14.44	Tithi 1	<b>Gulika</b> 10:43AM – 12:37PM	<b>Ardra</b> Until 4:30PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM	Subhakrit 5124	
		Yama 6:57AM – 8:50AM	Dhruva Until 4:22AM Thu	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 10 - 14	
	336655471	<b>Rahu</b> 12:37PM – 2:30PM	Kintughna Until 4:10PM	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 5:22AM Thu	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

<b>1</b>	<b>Thursday, June 30, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	Mithuna Rasi: 26.34		Punarvasu Nakshatra Vyaghata* Yoga Balava Karana Dvitiyayam Titau		Sun 15		Sutra 74
	Tithi 2		<b>Gulika</b> 8:50AM – 10:44AM	<b>Punarvasu</b> Until 7:38PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:04AM	Subhakarit 5124
	346655471		Yama 5:04AM – 6:57AM	Vyaghata* Until 5:16AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 11 - 15
Creative Work Amrita Yoga		<b>Rahu</b> 2:30PM – 4:23PM	Balava Until 6:34PM	<b>Nataraja:</b> Yellow	3rd Phase		
		<b>Dvitiya</b> Until 7:41AM Fri		Moon – Blue	<b>Bhuloka Day</b>		
				Ashada*Ani	Devaloka Time: 6:PM to 9:PM		

<b>2</b>	<b>Friday, July 1, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
	Kataka Rasi: 8.28		Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 16		Sutra 75
	Tithi 2 – 3		<b>Gulika</b> 6:58AM – 8:51AM	<b>Pushya</b> Until 10:26PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:04AM	Subhakarit 5124
	346655471		Yama 4:23PM – 6:17PM	Harshana Until 6:02AM Sat	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 11 - 16
Routine Work Marana Yoga		<b>Rahu</b> 10:44AM – 12:37PM	Taitila Until 8:47PM	<b>Nataraja:</b> Yellow	3rd Phase		
		<b>Dvitiya</b> Until 7:41AM		Moon – Blue	<b>Bhuloka Day</b>		
				Ashada*Ani	Devaloka Time: 6:PM to 9:PM		

<b>3</b>	<b>Saturday, July 2, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
	Kataka Rasi: 20.26		Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Sun 17		Sutra 76
	Tithi 3 – 4		<b>Gulika</b> 5:05AM – 6:58AM	<b>Ashlesha*</b> Until 12:49AM Sun	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:05AM	Subhakarit 5124
	346655471		Yama 2:30PM – 4:24PM	Harshana Until 6:02AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 11 - 17
Routine Work Marana Yoga		<b>Rahu</b> 8:51AM – 10:44AM	Vanija Until 10:45PM	<b>Nataraja:</b> Yellow	3rd Phase		
		<b>Tritiya</b> Until 9:47AM		Moon – Blue	<b>Bhuloka Day</b>		
				Ashada*Ani	Devaloka Time: 6:PM to 9:PM		

<b>4</b>	<b>Sunday, July 3, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
	Simha Rasi: 2.32		Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 18		Sutra 77
	Tithi 4 – 5		<b>Gulika</b> 4:24PM – 6:17PM	<b>Magha*</b> Until 3:12AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:05AM	Subhakarit 5124
	356655471		Yama 12:37PM – 2:31PM	Vajra* Until 6:34AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 11 - 18
Routine Work Marana Yoga		<b>Rahu</b> 6:17PM – 8:10PM	Bava Until 12:23AM Mon	<b>Nataraja:</b> Yellow	3rd Phase		
Until 3:12AM Mon		<b>Chaturthi*</b> Until 11:36AM		Moon – Red	<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga				Ashada*Ani			

<b>5</b>	<b>Monday, July 4, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
	Simha Rasi: 14.46		Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 19		Sutra 78
	Tithi 5 – 6		<b>Gulika</b> 2:31PM – 4:24PM	<b>Purvaphalguni</b> Until 4:59AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:06AM	Subhakarit 5124
	356655471		Yama 10:45AM – 12:38PM	Siddhi Until 6:50AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 11 - 19
Family Home Evening		<b>Rahu</b> 6:59AM – 8:52AM	Kaulava Until 1:35AM Tue	<b>Nataraja:</b> Yellow	3rd Phase		
Creative Work Siddha Yoga		<b>Panchami</b> Until 1:02PM		Moon – Red	<b>Devaloka Day</b>		
Until 4:59AM Tue				Ashada*Ani			
Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Tuesday, July 5, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	Simha Rasi: 27.11		Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Sutra 79
	Tithi 6 – 7		<b>Gulika</b> 12:38PM – 2:31PM	<b>Uttaraphalguni</b> Until 6:04AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:07AM	Subhakarit 5124
	356655471		Yama 8:52AM – 10:45AM	Vyatipata* Until 6:45AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 11 - 20
Creative Work Amrita Yoga		<b>Rahu</b> 4:23PM – 6:16PM	Gara Until 2:15AM Wed	<b>Nataraja:</b> Yellow	3rd Phase		
Until 6:04AM Wed		<b>Shashthi*</b> Until 1:58PM		Moon – Red	<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga				Ashada*Ani			

<b>Retreat Star</b>	<b>Wednesday, July 6, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	Kanya Rasi: 9.52		Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Sun 21		Sutra 80
	Tithi 7 – 8		<b>Gulika</b> 10:45AM – 12:38PM	<b>Uttaraphalguni</b> Until 6:04AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM	Subhakarit 5124
	457655471		Yama 7:00AM – 8:53AM	Variyan Until 6:12AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 11 - 21
Creative Work Amrita Yoga		<b>Rahu</b> 12:38PM – 2:31PM	Visti Until 2:16AM Thu	<b>Nataraja:</b> Yellow	Ashtami		
Until 6:04AM		<b>Saptami</b> Until 2:19PM		Moon – Red	<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada*Ani	Devaloka Time: 6:PM to 9:PM		

<b>Retreat Star</b>	<b>Thursday, July 7, 2022</b>		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	Kanya Rasi: 22.52		Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Sutra 81
	Tithi 8 – 9		<b>Gulika</b> 8:53AM – 10:46AM	<b>Hasta</b> Until 6:50AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:08AM	Subhakarit 5124
	467655471		Yama 5:08AM – 7:00AM	Shiva Until 3:31AM Fri	<b>Muruqa:</b> Green	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 11 - 22
Routine Work Marana Yoga		<b>Rahu</b> 2:31PM – 4:23PM	Balava Until 1:33AM Fri	<b>Nataraja:</b> Yellow	Navami		
Until 6:50AM		<b>Ashtami*</b> Until 1:59PM		Moon – Green	<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	<b>Friday, July 8, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Porto, Portugal Sun 23 Sutra 82
	Tula Rasi: 6.15	Tithi 9 – 10	<b>Gulika</b> 7:01AM – 8:53AM	<b>Chitra Until 6:43AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:08AM</i>	Subhakrit 5124
			Yama 4:23PM – 6:16PM	Siddha Until 1:16AM Sat	<b>Muruqa:</b> Green <i>Sunset: 8:08PM</i>	Moon 6 - Phase 12 - 23
	Creative Work	Siddha Yoga	467655471 <b>Rahu</b> 10:46AM – 12:38PM	Taitila Until 12:07AM Sat	<b>Nataraja:</b> Yellow Moon – Green	4th Phase
			<b>Navami* Until 12:55PM</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>	

2	<b>Saturday, July 9, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 24 Sutra 83
	Tula Rasi: 20.04	Tithi 10 – 11	<b>Gulika</b> 5:09AM – 7:01AM	<b>Vishakha Until 4:20AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise: 5:09AM</i>	Subhakrit 5124
			Yama 2:31PM – 4:23PM	Sadhya Until 10:27PM	<b>Muruqa:</b> Green <i>Sunset: 8:08PM</i>	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 8:54AM – 10:46AM	Vanija Until 9:58PM	<b>Nataraja:</b> Yellow Moon – Orange	4th Phase
			<b>Dashami Until 11:07AM</b>	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

3	<b>Sunday, July 10, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 84
	Vrischika Rasi: 4.19	Tithi 11 – 12	<b>Gulika</b> 4:23PM – 6:15PM	<b>Anuradha Until 2:13AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise: 5:10AM</i>	Subhakrit 5124
			Yama 12:39PM – 2:31PM	Subha Until 7:09PM	<b>Muruqa:</b> Green <i>Sunset: 8:07PM</i>	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 <b>Rahu</b> 6:15PM – 8:07PM	Bava Until 7:13PM	<b>Nataraja:</b> Yellow Moon – Orange	4th Phase
			<b>Ekadashi Until 8:39AM</b>	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

4	<b>Monday, July 11, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 85
	Vrischika Rasi: 18.59	Tithi 13	<b>Gulika</b> 2:31PM – 4:23PM	<b>Jyeshtha* Until 11:31PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:10AM</i>	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 10:47AM – 12:39PM	Sukla Until 3:24PM	<b>Muruqa:</b> Green <i>Sunset: 8:07PM</i>	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 7:03AM – 8:55AM	Kaulava Until 3:57PM	<b>Nataraja:</b> Yellow Moon – Orange	4th Phase
			<b>Trayodashi Until 2:10AM Tue</b>	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata*

5	<b>Tuesday, July 12, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 86
	Dhanus Rasi: 3.59	Tithi 14	<b>Gulika</b> 12:39PM – 2:31PM	<b>Mula* Until 8:46PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:11AM</i>	Subhakrit 5124
			Yama 8:55AM – 10:47AM	Brahma Until 11:22AM	<b>Muruqa:</b> Green <i>Sunset: 8:06PM</i>	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 <b>Rahu</b> 4:23PM – 6:15PM	Gara Until 12:20PM	<b>Nataraja:</b> Yellow Moon – Light Blue	4th Phase
			<b>Chaturdashi* Until 10:26PM</b>	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>	

○	<b>Wednesday, July 13, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Porto, Portugal Sun 28 Sutra 87
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:47AM – 12:39PM	<b>Purvashadha* Until 5:46PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:12AM</i>	Subhakrit 5124
	Dhanus Rasi: 19.11	Tithi 15	Yama 7:04AM – 8:55AM	Indra Until 7:11AM	<b>Muruqa:</b> Green <i>Sunset: 8:06PM</i>	Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488755471 <b>Rahu</b> 12:39PM – 2:31PM	Visti Until 8:32AM	<b>Nataraja:</b> Yellow Moon – Light Blue	
			<b>Satguru Purnima</b>	<b>Purnima* Until 6:35PM</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>

○	<b>Thursday, July 14, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Porto, Portugal Sun 29 Sutra 88
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:56AM – 10:47AM	<b>Uttarashadha Until 2:40PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:13AM</i>	Subhakrit 5124
	Makara Rasi: 4.25	Tithi 16 – 17	Yama 5:13AM – 7:04AM	Vishkambha* Until 10:47PM	<b>Muruqa:</b> Green <i>Sunset: 8:05PM</i>	Moon 6 - Phase 12 - Prathama
	Routine Work	Marana Yoga	488755471 <b>Rahu</b> 2:31PM – 4:22PM	Taitila Until 12:59AM Fri	<b>Nataraja:</b> Yellow Moon – Light Blue	
			<b>Prathama* Until 2:47PM</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal  
Sun 1 Sutra 89

Makara Rasi: 19.32 Tithi 17 - 18

498755471

**Gulika** 7:05AM - 8:56AM  
**Yama** 4:22PM - 6:13PM  
**Rahu** 10:48AM - 12:39PM

**Shravana Until 12:04PM**  
Priti Until 6:54PM  
Vanija Until 9:35PM  
**Dvitiya Until 11:13AM**

**Ganesha:** Blue *Sunrise: 5:14AM*  
**Muruqa:** Green *Sunset: 8:05PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Ani**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 12:04PM

Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal  
Sun 2 Sutra 90

Kumbha Rasi: 4.23 Tithi 18 - 19

498755471

**Gulika** 5:14AM - 7:06AM  
**Yama** 2:31PM - 4:22PM  
**Rahu** 8:57AM - 10:48AM

**Dhanishtha Until 9:44AM**  
Ayushman Until 3:22PM  
Bava Until 6:40PM  
**Tritiya Until 8:02AM**

**Ganesha:** Blue *Sunrise: 5:14AM*  
**Muruqa:** Green *Sunset: 8:04PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 9:44AM

Then Creative Work - Amrita Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal  
Sun 3 Sutra 91

Kumbha Rasi: 18.49 Tithi 20

498755472

**Gulika** 4:21PM - 6:13PM  
**Yama** 12:39PM - 2:30PM  
**Rahu** 6:13PM - 8:04PM

**Shatabhishak Until 7:50AM**  
Saubhagya Until 12:22PM  
Bava Until 4:22PM  
**Panchami Until 3:29AM Mon**

**Ganesha:** Blue *Sunrise: 5:15AM*  
**Muruqa:** Green *Sunset: 8:04PM*  
**Nataraja:** White  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal  
Sun 4 Sutra 92

Meena Rasi: 2.47 Tithi 21

418755472

**Gulika** 2:30PM - 4:21PM  
**Yama** 10:49AM - 12:39PM  
**Rahu** 7:07AM - 8:58AM

**Purvaproshtapada\* Until 6:56AM**  
Sobhana Until 9:58AM  
Gara Until 2:50PM  
**Shashthi\* Until 2:22AM Tue**

**Ganesha:** White *Sunrise: 5:16AM*  
**Muruqa:** Green *Sunset: 8:03PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 6:56AM

Then Creative Work - Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Visti/Bava Karana Saptamyam Titau

Porto, Portugal  
Sun 5 Sutra 93

Meena Rasi: 16.16 Tithi 22

419755472

**Gulika** 12:39PM - 2:30PM  
**Yama** 8:58AM - 10:49AM  
**Rahu** 4:21PM - 6:12PM

**Uttaraproshtapada Until 6:42AM**  
Athiganda\* Until 8:13AM  
Visti Until 2:09PM  
**Saptami Until 2:06AM Wed**

**Ganesha:** Clear *Sunrise: 5:17AM*  
**Muruqa:** Green *Sunset: 8:02PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 6:42AM

Then Creative Work - Siddha Yoga

**Retreat Star**

**Wednesday, July 20, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal  
Sun 6 Sutra 94

Meena Rasi: 29.17 Tithi 23

419755472

**Gulika** 10:49AM - 12:40PM  
**Yama** 7:08AM - 8:59AM  
**Rahu** 12:40PM - 2:30PM

**Revati Until 7:10AM**  
Sukarma Until 7:11AM  
Balava Until 2:19PM  
**Ashtami\* Until 2:42AM Thu**

**Ganesha:** Clear *Sunrise: 5:18AM*  
**Muruqa:** Green *Sunset: 8:01PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 7 Sutra 95

Mesha Rasi: 11.53 Tithi 24

429755472

**Gulika** 8:59AM - 10:49AM  
**Yama** 5:18AM - 7:09AM  
**Rahu** 2:30PM - 4:20PM

**Ashvini Until 8:46AM**  
Dhriti Until 6:49AM  
Taitila Until 3:19PM  
**Navami\* Until 4:03AM Fri**

**Ganesha:** Purple *Sunrise: 5:18AM*  
**Muruqa:** Green *Sunset: 8:01PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Devaloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 8:46AM

Then Creative Work - Siddha Yoga

<b>1</b>	<b>Friday, July 22, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Porto, Portugal
		Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 96
	Mesha Rasi: 24.1	Tithi 25	<b>Gulika</b> 7:09AM – 9:00AM <b>Yama</b> 4:20PM – 6:10PM <b>Rahu</b> 10:50AM – 12:40PM	<b>Bharani Until 10:54AM</b> Shula* Until 6:59AM Vanija Until 4:59PM <b>Dashami Until 5:59AM Sat</b>
	Creative Work	Siddha Yoga	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:19AM <b>Muruqa:</b> Green <i>Sunset:</i> 8:00PM <b>Nataraja:</b> White Moon – White	Subhakrit 5124 Moon 7 - Phase 14 - 8 2nd Phase <b>Devaloka Day</b>


<b>2</b>	<b>Saturday, July 23, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Porto, Portugal
		Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Bava Karana Ekadashyam Titau		Sun 9 Sutra 97
	Vrishabha Rasi: 6.13	Tithi 26	<b>Gulika</b> 5:20AM – 7:10AM <b>Yama</b> 2:30PM – 4:19PM <b>Rahu</b> 9:00AM – 10:50AM	<b>Krittika Until 1:24PM</b> Ganda* Until 7:37AM Bava Until 7:08PM <b>Ekadashi* Until 8:18AM Sun</b>
	Creative Work	Amrita Yoga	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:59PM <b>Nataraja:</b> White Moon – White	Subhakrit 5124 Moon 7 - Phase 14 - 9 2nd Phase <b>Devaloka Day</b>

<b>3</b>	<b>Sunday, July 24, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal
		Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 98
	Vrishabha Rasi: 18.08	Tithi 26 – 27	<b>Gulika</b> 4:19PM – 6:09PM <b>Yama</b> 12:40PM – 2:29PM <b>Rahu</b> 6:09PM – 7:58PM	<b>Rohini Until 4:32PM</b> Vridhi Until 8:32AM Kaulava Until 9:34PM <b>Ekadashi* Until 8:18AM</b>
	Creative Work	Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:58PM <b>Nataraja:</b> White Moon – Yellow	Subhakrit 5124 Moon 7 - Phase 14 - 10 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>4</b>	<b>Monday, July 25, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Porto, Portugal
		Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 99
	Vrishabha Rasi: 29.57	Tithi 27 – 28	<b>Gulika</b> 2:29PM – 4:19PM <b>Yama</b> 10:50AM – 12:40PM <b>Rahu</b> 7:11AM – 9:01AM	<b>Mrigashira Until 7:37PM</b> Dhruva Until 9:34AM Gara Until 12:06AM Tue <b>Dvadashi* Until 10:49AM</b>
	Family Home Evening	Creative Work	Amrita Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:22AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:57PM <b>Nataraja:</b> White Moon – Yellow

<b>5</b>	<b>Tuesday, July 26, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Porto, Portugal
		Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 100
	Mithuna Rasi: 11.46	Tithi 28 – 29	<b>Gulika</b> 12:40PM – 2:29PM <b>Yama</b> 9:01AM – 10:51AM <b>Rahu</b> 4:18PM – 6:07PM	<b>Ardra Until 10:30PM</b> Vyaghata* Until 10:38AM Visti Until 2:34AM Wed <b>Trayodashi* Until 1:20PM</b>
	Routine Work	Marana Yoga	Until 10:30PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:23AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:56PM <b>Nataraja:</b> White Moon – Yellow

<b>6</b>	<b>Wednesday, July 27, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Porto, Portugal
		Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 101
	Mithuna Rasi: 23.37	Tithi 29 – 30	<b>Gulika</b> 10:51AM – 12:40PM <b>Yama</b> 7:13AM – 9:02AM <b>Rahu</b> 12:40PM – 2:29PM	<b>Punarvasu Until 1:35AM Thu</b> Harshana Until 11:37AM Catuspada Until 4:52AM Thu <b>Chaturdashi* Until 3:44PM</b>
	Creative Work	Siddha Yoga	Until 1:35AM Thu	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:55PM <b>Nataraja:</b> White Moon – Blue

	<b>Thursday, July 28, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Porto, Portugal
	<b>Retreat Star</b>	Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 102
	Kataka Rasi: 5.31	Tithi 30 – 1	<b>Gulika</b> 9:02AM – 10:51AM <b>Yama</b> 5:25AM – 7:14AM <b>Rahu</b> 2:28PM – 4:17PM	<b>Pushya Until 4:16AM Fri</b> Vajra* Until 12:26PM Kintughna Until 6:57AM Fri <b>Amavasya* Until 5:55PM</b>
	Creative Work	Amrita Yoga	Until 4:16AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:54PM <b>Nataraja:</b> White Moon – Blue

	<b>Friday, July 29, 2022</b>	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Porto, Portugal
	<b>Retreat Star</b>	Ashlesha* Nakshatra Siddhi/Vyalipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 103
	Kataka Rasi: 17.31	Tithi 1	<b>Gulika</b> 7:14AM – 9:03AM <b>Yama</b> 4:17PM – 6:05PM <b>Rahu</b> 10:51AM – 12:40PM	<b>Ashlesha* Until 6:31AM Sat</b> Siddhi Until 1:04PM Kintughna Until 6:57AM <b>Prathama* Until 7:51PM</b>
	Routine Work	Marana Yoga	Until 6:31AM Sat	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Green <i>Sunset:</i> 7:53PM <b>Nataraja:</b> White Moon – Blue

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau				Porto, Portugal
Kataka Rasi: 29.38	Tithi 2	Gulika 5:27AM – 7:15AM	Ashlesha* Until 6:31AM	Ganesha: Yellow	Sunrise: 5:27AM	Sun 16	Sutra 104	Subhakrit 5124
		Yama 2:28PM – 4:16PM	Vyatipata* Until 1:30PM	Muruqa: Green	Sunset: 7:52PM	Moon 7 - Phase 15 - 16		
		441755472 Rahu 9:03AM – 10:51AM	Balava Until 8:44AM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga		Dvitiya Until 9:29PM	Moon – Blue		<b>Bhuloka Day</b>		
Until 6:31AM				Sravana*Adi		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Sunday, July 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau				Porto, Portugal
Simha Rasi: 11.53	Tithi 3	Gulika 4:15PM – 6:03PM	Magha* Until 8:48AM	Ganesha: Red	Sunrise: 5:28AM	Sun 17	Sutra 105	Subhakrit 5124
		Yama 12:40PM – 2:28PM	Varyan Until 1:39PM	Muruqa: Green	Sunset: 7:51PM	Moon 7 - Phase 15 - 17		
		451755472 Rahu 6:03PM – 7:51PM	Taitila Until 10:12AM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga		Tritiya Until 10:47PM	Moon – Red		<b>Bhuloka Day</b>		
Until 8:48AM				Sravana*Adi		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, August 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Porto, Portugal
Simha Rasi: 24.16	Tithi 4	Gulika 2:27PM – 4:15PM	Purvaphalguni Until 10:35AM	Ganesha: Red	Sunrise: 5:29AM	Sun 18	Sutra 106	Subhakrit 5124
<b>Family Home Evening</b>		Yama 10:52AM – 12:39PM	Parigha* Until 1:32PM	Muruqa: Green	Sunset: 7:50PM	Moon 7 - Phase 15 - 18		
		451755472 Rahu 7:16AM – 9:04AM	Vanija Until 11:19AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Chaturthi* Until 11:43PM	Moon – Red		<b>Bhuloka Day</b>		
				Sravana*Adi		Devaloka Time: 9:AM to12:PM		

<b>4</b>		<b>Tuesday, August 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Porto, Portugal
Kanya Rasi: 6.5	Tithi 5	Gulika 12:39PM – 2:27PM	Uttaraphalguni Until 11:48AM	Ganesha: Red	Sunrise: 5:30AM	Sun 19	Sutra 107	Subhakrit 5124
		Yama 9:05AM – 10:52AM	Shiva Until 1:06PM	Muruqa: Green	Sunset: 7:49PM	Moon 7 - Phase 15 - 19		
		451755472 Rahu 4:14PM – 6:02PM	Bava Until 12:02PM	Nataraja: White		3rd Phase		
Creative Work	Amrita Yoga		Panchami Until 12:12AM Wed	Moon – Red		<b>Bhuloka Day</b>		
Until 11:48AM				Sravana*Adi		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, August 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Porto, Portugal
Kanya Rasi: 19.37	Tithi 6	Gulika 10:52AM – 12:39PM	Hasta Until 12:53PM	Ganesha: Blue	Sunrise: 5:31AM	Sun 20	Sutra 108	Subhakrit 5124
		Yama 7:18AM – 9:05AM	Siddha Until 12:17PM	Muruqa: Green	Sunset: 7:48PM	Moon 7 - Phase 15 - 20		
		461755472 Rahu 12:39PM – 2:27PM	Kaulava Until 12:17PM	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga		Shashthi* Until 12:11AM Thu	Moon – Green		<b>Devaloka Day</b>		
Until 12:53PM				Sravana*Adi				
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Thursday, August 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Porto, Portugal
Tula Rasi: 2.38	Tithi 7	Gulika 9:05AM – 10:52AM	Chitra Until 1:17PM	Ganesha: Blue	Sunrise: 5:32AM	Sun 21	Sutra 109	Subhakrit 5124
		Yama 5:32AM – 7:18AM	Sadhya Until 11:03AM	Muruqa: Green	Sunset: 7:47PM	Moon 7 - Phase 15 - 21		
		461755472 Rahu 2:26PM – 4:13PM	Gara Until 12:00PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Saptami Until 11:37PM	Moon – Green		<b>Devaloka Day</b>		
Until 1:17PM				Sravana*Adi				
Then Creative Work - Amrita Yoga								

<b>☾</b>		<b>Friday, August 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Porto, Portugal
<b>Retreat Star</b>		Gulika 7:19AM – 9:06AM	Svati Until 12:58PM	Ganesha: Blue	Sunrise: 5:33AM	Sun 22	Sutra 110	Subhakrit 5124
Tula Rasi: 15.58	Tithi 8	Yama 4:12PM – 5:59PM	Subha Until 9:22AM	Muruqa: White	Sunset: 7:46PM	Moon 7 - Phase 15 - 22		
		461765472 Rahu 10:53AM – 12:39PM	Visti Until 11:07AM	Nataraja: White		Ashtami		
Creative Work	Siddha Yoga		Ashtami* Until 10:26PM	Moon – Green		<b>Devaloka Day</b>		
				Sravana*Adi				
Varalakshmi Vratam								

<b>☽</b>		<b>Saturday, August 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal
<b>Retreat Star</b>		Gulika 5:34AM – 7:20AM	Vishakha Until 12:19PM	Ganesha: White	Sunrise: 5:34AM	Sun 23	Sutra 111	Subhakrit 5124
Tula Rasi: 29.4	Tithi 9	Yama 2:25PM – 4:12PM	Sukla Until 7:09AM	Muruqa: White	Sunset: 7:45PM	Moon 7 - Phase 15 - 23		
		472765472 Rahu 9:06AM – 10:53AM	Balava Until 9:38AM	Nataraja: White		Navami		
Creative Work	Siddha Yoga		Navami* Until 8:38PM	Moon – Orange		<b>Bhuloka Day</b>		
				Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

..ll times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1 Sunday, August 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam			Porto, Portugal
Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau					Sun 24 Sutra 112
Vrischika Rasi: 13.43 Tithi 10		<b>Gulika</b> 4:11PM – 5:57PM	<b>Anuradha Until 10:56AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:35AM	Subhakrit 5124
472865472		Yama 12:39PM – 2:25PM	Indra Until 1:20AM Mon	<b>Muruqa:</b> White <i>Sunset:</i> 7:43PM	Moon 7 - Phase 16 - 24
Routine Work Marana Yoga		<b>Rahu</b> 5:57PM – 7:43PM	Taitila Until 7:32AM	<b>Nataraja:</b> White	4th Phase
			<b>Dashami Until 6:16PM</b>	Moon – Orange	<b>Bhuloka Day</b>
				Sravana*Adi	Devaloka Time: 9:AM to12:PM

<b>2 Monday, August 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam			Porto, Portugal
Jyeshtha*/Mula* Nakshatra Vaidhrili* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau					Sun 25 Sutra 113
Vrischika Rasi: 28.09 Tithi 11 – 12		<b>Gulika</b> 2:25PM – 4:10PM	<b>Jyeshtha* Until 8:53AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:36AM	Subhakrit 5124
Family Home Evening		Yama 10:53AM – 12:39PM	Vaidhrili* Until 9:48PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:42PM	Moon 7 - Phase 16 - 25
472865472		<b>Rahu</b> 7:21AM – 9:07AM	Bava Until 1:51AM Tue	<b>Nataraja:</b> White	4th Phase
Creative Work Siddha Yoga			<b>Ekadashi Until 3:25PM</b>	Moon – Orange	<b>Bhuloka Day</b>
				Sravana*Adi	Devaloka Time: 9:AM to12:PM

<b>3 Tuesday, August 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam			Porto, Portugal
Mula*/Purvashadha* Nakshatra Vishkamba*/Priti Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau					Sun 26 Sutra 114
Dhanus Rasi: 12.53 Tithi 12 – 13		<b>Gulika</b> 12:39PM – 2:24PM	<b>Mula* Until 6:41AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:37AM	Subhakrit 5124
482865472		Yama 9:08AM – 10:53AM	Vishkamba* Until 5:59PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:41PM	Moon 7 - Phase 16 - 26
Creative Work Amrita Yoga		<b>Rahu</b> 4:10PM – 5:55PM	Kaulava Until 10:28PM	<b>Nataraja:</b> White	4th Phase
Until 6:41AM			<b>Dvodashi Until 12:10PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				Sravana*Adi	
			<i>Pradosha Vrata</i>		

<b>4 Wednesday, August 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam			Porto, Portugal
Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau					Sun 27 Sutra 115
Dhanus Rasi: 27.52 Tithi 13 – 14		<b>Gulika</b> 10:53AM – 12:39PM	<b>Uttarashadha Until 1:11AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:38AM	Subhakrit 5124
482865472		Yama 7:23AM – 9:08AM	Priti Until 2:01PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:40PM	Moon 7 - Phase 16 - 27
Creative Work Amrita Yoga		<b>Rahu</b> 12:39PM – 2:24PM	Gara Until 6:55PM	<b>Nataraja:</b> White	4th Phase
Until 1:11AM Thu			<b>Trayodashi Until 8:41AM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				Sravana*Adi	

<b>Thursday, August 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam			Porto, Portugal
Copper Retreat Star		Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau			Sutra 116
Makara Rasi: 12.56 Tithi 15		<b>Gulika</b> 9:08AM – 10:53AM	<b>Shravana Until 10:36PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:39AM	Subhakrit 5124
492865472		Yama 5:39AM – 7:23AM	Ayushman Until 9:59AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:38PM	Moon 7 - Phase 16 -
Creative Work Siddha Yoga		<b>Rahu</b> 2:23PM – 4:08PM	Visti Until 3:20PM	<b>Nataraja:</b> White	Purnima
		<b>Raksha Bandhan</b>	<b>Purnima* Until 1:35AM Fri</b>	Moon – Purple	<b>Bhuloka Day</b>
				Sravana*Adi	Devaloka Time: 9:AM to12:PM

<b>Friday, August 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam			Porto, Portugal
Silver Retreat Star		Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau			Sutra 117
Makara Rasi: 27.56 Tithi 16		<b>Gulika</b> 7:24AM – 9:09AM	<b>Dhanishtha Until 8:06PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:40AM	Subhakrit 5124
492865472		Yama 4:08PM – 5:52PM	Saubhagya Until 6:02AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:37PM	Moon 7 - Phase 16 -
Creative Work Siddha Yoga		<b>Rahu</b> 10:54AM – 12:38PM	Balava Until 11:55AM	<b>Nataraja:</b> White	Prathama
			<b>Prathama* Until 10:18PM</b>	Moon – Purple	<b>Bhuloka Day</b>
				Sravana*Adi	Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





Saturday, August 13, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal

Sun 1 Sutra 118

Subhakrit 5124

Kumbha Rasi: 12.43 Tithi 17

492865472 Rahu 9:09AM - 10:54AM

Gulika 5:41AM - 7:25AM Shatabhishak Until 5:51PM

Yama 2:22PM - 4:07PM Athiganda\* Until 10:59PM

Rahu 9:09AM - 10:54AM Taitila Until 8:50AM

Dvitiya Until 7:26PM

Ganesha: Clear Sunrise: 5:41AM

Muruqa: White Sunset: 7:36PM

Nataraja: White Moon - Purple

Sravana\*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 5:51PM

Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal

Sun 2 Sutra 119

Subhakrit 5124

Kumbha Rasi: 27.1 Tithi 18 - 19

412865472 Rahu 5:50PM - 7:34PM

Gulika 4:06PM - 5:50PM Purvaproshtapada\* Until 4:27PM

Yama 12:38PM - 2:22PM Sukarma Until 8:08PM

Rahu 5:50PM - 7:34PM Vanija Until 6:13AM

Tritiya Until 5:08PM

Ganesha: Yellow Sunrise: 5:42AM

Muruqa: White Sunset: 7:34PM

Nataraja: White Moon - Clear

Sravana\*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 4:27PM

Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 120

Subhakrit 5124

Meena Rasi: 11.1 Tithi 19 - 20

412865472 Rahu 7:26AM - 9:10AM

Gulika 2:21PM - 4:05PM Uttaraproshtapada Until 3:37PM

Yama 10:54AM - 12:38PM Dhriti Until 5:53PM

Rahu 7:26AM - 9:10AM Kaulava Until 3:05AM Tue

Chaturthi\* Until 3:33PM

Ganesha: Yellow Sunrise: 5:43AM

Muruqa: White Sunset: 7:33PM

Nataraja: White Moon - Clear

Sravana\*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 4:27PM

Then Creative Work - Amrita Yoga

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal

Sun 4 Sutra 121

Subhakrit 5124

Meena Rasi: 24.43 Tithi 20 - 21

412865472 Rahu 4:04PM - 5:48PM

Gulika 12:37PM - 2:21PM Revati Until 3:27PM

Yama 9:10AM - 10:54AM Shula\* Until 4:18PM

Rahu 4:04PM - 5:48PM Gara Until 2:46AM Wed

Panchami Until 2:48PM

Ganesha: Yellow Sunrise: 5:44AM

Muruqa: White Sunset: 7:31PM

Nataraja: White Moon - Clear

Sravana\*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 5 Sutra 122

Subhakrit 5124

Mesha Rasi: 7.46 Tithi 21 - 22

522865472 Rahu 12:37PM - 2:20PM

Gulika 10:54AM - 12:37PM Ashvini Until 4:27PM

Yama 7:28AM - 9:11AM Ganda\* Until 3:25PM

Rahu 12:37PM - 2:20PM Visti Until 3:19AM Thu

Shashthi\* Until 2:55PM

Ganesha: Yellow Sunrise: 5:45AM

Muruqa: White Sunset: 7:30PM

Nataraja: White Moon - White

Sravana\*Avani

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 4:27PM

Then Creative Work - Siddha Yoga

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal

Sun 6 Sutra 123

Subhakrit 5124

Mesha Rasi: 20.25 Tithi 22 - 23

522865472 Rahu 2:20PM - 4:03PM

Gulika 9:11AM - 10:54AM Bharani Until 6:06PM

Yama 5:46AM - 7:28AM Vridhhi Until 3:12PM

Rahu 2:20PM - 4:03PM Balava Until 4:40AM Fri

Saptami Until 3:53PM

Ganesha: Yellow Sunrise: 5:46AM

Muruqa: White Sunset: 7:29PM

Nataraja: White Moon - White

Sravana\*Avani

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 6:06PM

Then Routine Work - Marana Yoga

D

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 7 Sutra 124

Subhakrit 5124

Vrishabha Rasi: 2.43 Tithi 23 - 24

523865472 Rahu 10:54AM - 12:37PM

Gulika 7:29AM - 9:12AM Krittika Until 8:16PM

Yama 4:02PM - 5:44PM Dhruva Until 3:30PM

Rahu 10:54AM - 12:37PM Taitila Until 6:37AM Sat

Ashtami\* Until 5:33PM

Ganesha: White Sunrise: 5:47AM

Muruqa: White Sunset: 7:27PM

Nataraja: White Moon - White

Sravana\*Avani

Bhuloka Day

Creative Work Siddha Yoga

Until 8:16PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Saturday, August 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal

Sun 8 Sutra 125

Subhakrit 5124

Vrishabha Rasi: 14.46 Tithi 24

533865472 Rahu 9:12AM - 10:54AM

Gulika 5:48AM - 7:30AM Rohini Until 11:13PM

Yama 2:19PM - 4:01PM Vyaghata\* Until 4:13PM

Rahu 9:12AM - 10:54AM Taitila Until 6:37AM

Navami\* Until 7:44PM

Ganesha: Yellow Sunrise: 5:48AM

Muruqa: White Sunset: 7:26PM

Nataraja: White Moon - Yellow

Sravana\*Avani

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 11:13PM

Then Creative Work - Siddha Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1</b>		<b>Sunday, August 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
Vrishabha Rasi: 26.41		Titlhi 25		Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Vistii* Karana Dashamyam Titau				Sun 9 Sutra 126
533865472		<b>Gulika</b>	4:00PM – 5:42PM	<b>Mrigashira</b> Until 2:14AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:49AM	Subhakrit 5124	
Creative Work		<b>Yama</b>	12:36PM – 2:18PM	Harshana Until 5:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM	Moon 8 - Phase 18 - 9	
Siddha Yoga		<b>Rahu</b>	5:42PM – 7:24PM	Vanija Until 8:57AM	<b>Nataraja:</b> White		2nd Phase	
				<b>Dashami</b> Until 10:10PM	Moon – Yellow	<b>Bhuloka Day</b>		
					<b>Sravana-Avani</b>	<b>Devaloka Time: 6:AM to 9:AM</b>		

<b>2</b>		<b>Monday, August 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Porto, Portugal
Mithuna Rasi: 8.31		Titlhi 26		Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 127
533865472		<b>Gulika</b>	2:18PM – 3:59PM	<b>Ardra</b> Until 5:05AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:50AM	Subhakrit 5124	
Family Home Evening		<b>Yama</b>	10:54AM – 12:36PM	Vajra* Until 6:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:23PM	Moon 8 - Phase 18 - 10	
Creative Work		<b>Rahu</b>	7:31AM – 9:13AM	Bava Until 11:27AM	<b>Nataraja:</b> White		2nd Phase	
				<b>Ekadashi*</b> Until 12:40AM Tue	Moon – Yellow	<b>Bhuloka Day</b>		
					<b>Sravana-Avani</b>	<b>Devaloka Time: 6:AM to 9:AM</b>		

<b>3</b>		<b>Tuesday, August 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Porto, Portugal
Mithuna Rasi: 20.21		Titlhi 27		Punarvasu Nakshatra Siddhi Yoga Kaulava/Tailita Karana Dvadashyam Titau				Sun 11 Sutra 128
543865472		<b>Gulika</b>	12:36PM – 2:17PM	<b>Punarvasu</b> Until 8:08AM Wed	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:51AM	Subhakrit 5124	
Creative Work		<b>Yama</b>	9:13AM – 10:54AM	Siddhi Until 7:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:21PM	Moon 8 - Phase 18 - 11	
Siddha Yoga		<b>Rahu</b>	3:58PM – 5:40PM	Kaulava Until 1:54PM	<b>Nataraja:</b> White		2nd Phase	
				<b>Dvadashi*</b> Until 3:02AM Wed	Moon – Blue	<b>Bhuloka Day</b>		
					<b>Sravana-Avani</b>			

<b>4</b>		<b>Wednesday, August 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Porto, Portugal
Kataka Rasi: 2.16		Titlhi 28		Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 129
543865472		<b>Gulika</b>	10:55AM – 12:36PM	<b>Punarvasu</b> Until 8:08AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:52AM	Subhakrit 5124	
Creative Work		<b>Yama</b>	7:33AM – 9:14AM	Vyatipata* Until 7:54PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:20PM	Moon 8 - Phase 18 - 12	
Siddha Yoga		<b>Rahu</b>	12:36PM – 2:17PM	Gara Until 4:08PM	<b>Nataraja:</b> White		2nd Phase	
				<b>Trayodashi*</b> Until 5:08AM Thu	Moon – Blue	<b>Bhuloka Day</b>		
					<b>Sravana-Avani</b>			
				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Thursday, August 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Porto, Portugal
Kataka Rasi: 14.16		Titlhi 29		Pushya/Ashlesha* Nakshatra Variyan Yoga Vistii* Karana Chaturdashyam Titau				Sun 13 Sutra 130
543865472		<b>Gulika</b>	9:14AM – 10:55AM	<b>Pushya</b> Until 10:45AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:53AM	Subhakrit 5124	
Creative Work		<b>Yama</b>	5:53AM – 7:33AM	Variyan Until 8:24PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:18PM	Moon 8 - Phase 18 - 13	
Amrita Yoga		<b>Rahu</b>	2:16PM – 3:57PM	Vistii Until 6:04PM	<b>Nataraja:</b> White		2nd Phase	
				<b>Chaturdashi*</b> Until 6:53AM Fri	Moon – Blue	<b>Bhuloka Day</b>		
					<b>Sravana-Avani</b>			

<b>Retreat Star</b>		<b>Friday, August 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Porto, Portugal
Kataka Rasi: 26.25		Titlhi 29 – 30		Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 14 Sutra 131
543865472		<b>Gulika</b>	7:34AM – 9:14AM	<b>Ashlesha*</b> Until 12:51PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:54AM	Subhakrit 5124	
Routine Work		<b>Yama</b>	3:56PM – 5:36PM	Parigha* Until 8:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:16PM	Moon 8 - Phase 18 - 14	
Marana Yoga		<b>Rahu</b>	10:55AM – 12:35PM	Catuspada Until 7:38PM	<b>Nataraja:</b> White		Amavasya	
				<b>Chaturdashi*</b> Until 6:53AM	Moon – Blue	<b>Bhuloka Day</b>		
					<b>Sravana-Avani</b>			

<b>Retreat Star</b>		<b>Saturday, August 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
Simha Rasi: 8.43		Titlhi 30 – 1		Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15 Sutra 132
543865472		<b>Gulika</b>	5:55AM – 7:35AM	<b>Magha*</b> Until 2:54PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:55AM	Subhakrit 5124	
Creative Work		<b>Yama</b>	2:15PM – 3:55PM	Shiva Until 8:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:15PM	Moon 8 - Phase 18 - 15	
Amrita Yoga		<b>Rahu</b>	9:15AM – 10:55AM	Kintughna Until 8:49PM	<b>Nataraja:</b> White		Prathama	
				<b>Amavasya*</b> Until 8:15AM	Moon – Red	<b>Bhuloka Day</b>		
					<b>Bhadrapada-Avani</b>			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

..ll times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1 Sunday, August 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Porto, Portugal Sun 16 Sutra 133 Subhakrit 5124	
Simha Rasi: 21.11	Tithi 1 – 2	<b>Gulika</b> 3:54PM – 5:34PM	<b>Purvaphalguni Until 4:24PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:56AM
		Yama 12:34PM – 2:14PM	Siddha Until 8:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM
	553865473	<b>Rahu</b> 5:34PM – 7:13PM	Balava Until 9:36PM	<b>Nataraja:</b> Clear	Moon 8 - Phase 19 - 16
Creative Work	Siddha Yoga		<b>Prathama* Until 9:14AM</b>	Moon – Red	3rd Phase
Until 4:24PM				<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				Devaloka Time: 6:PM to 9:PM	

<b>2 Monday, August 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Porto, Portugal Sun 17 Sutra 134 Subhakrit 5124	
Kanya Rasi: 3.51	Tithi 2 – 3	<b>Gulika</b> 2:13PM – 3:53PM	<b>Uttaraphalguni Until 5:22PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:57AM
		Yama 10:55AM – 12:34PM	Sadhya Until 7:30PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:12PM
<b>Family Home Evening</b>	553865473	<b>Rahu</b> 7:36AM – 9:15AM	Taitila Until 9:59PM	<b>Nataraja:</b> Clear	Moon 8 - Phase 19 - 17
Creative Work	Siddha Yoga		<b>Dvitiya Until 9:49AM</b>	Moon – Red	3rd Phase
				<b>Bhuloka Day</b>	
				Devaloka Time: 6:PM to 9:PM	

<b>3 Tuesday, August 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Porto, Portugal Sun 18 Sutra 135 Subhakrit 5124	
Kanya Rasi: 16.41	Tithi 3 – 4	<b>Gulika</b> 12:34PM – 2:13PM	<b>Hasta Until 6:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:58AM
		Yama 9:16AM – 10:55AM	Subha Until 6:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM
	563865473	<b>Rahu</b> 3:52PM – 5:31PM	Vanija Until 10:00PM	<b>Nataraja:</b> Clear	Moon 8 - Phase 19 - 18
Creative Work	Siddha Yoga		<b>Tritiya Until 10:01AM</b>	Moon – Green	3rd Phase
		<b>Ganesha Chaturthi</b>		<b>Bhuloka Day</b>	
				Devaloka Time: 6:PM to 9:PM	

<b>4 Wednesday, August 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Porto, Portugal Sun 19 Sutra 136 Subhakrit 5124	
Kanya Rasi: 29.43	Tithi 4 – 5	<b>Gulika</b> 10:55AM – 12:33PM	<b>Chitra Until 6:39PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:59AM
		Yama 7:37AM – 9:16AM	Sukla Until 5:14PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM
	563965473	<b>Rahu</b> 12:33PM – 2:12PM	Bava Until 9:38PM	<b>Nataraja:</b> Clear	Moon 8 - Phase 19 - 19
Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:51AM</b>	Moon – Green	3rd Phase
				<b>Devaloka Day</b>	
				Devaloka Time: 6:PM to 9:PM	

<b>5 Thursday, September 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Porto, Portugal Sun 20 Sutra 137 Subhakrit 5124	
Tula Rasi: 12.56	Tithi 5 – 6	<b>Gulika</b> 9:16AM – 10:55AM	<b>Svati Until 6:30PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:00AM
		Yama 6:00AM – 7:38AM	Brahma Until 3:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM
	563965473	<b>Rahu</b> 2:12PM – 3:50PM	Kaulava Until 8:52PM	<b>Nataraja:</b> Clear	Moon 8 - Phase 19 - 20
Creative Work	Amrita Yoga		<b>Panchami Until 9:17AM</b>	Moon – Green	3rd Phase
Until 6:30PM				<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Devaloka Time: 6:PM to 9:PM	

<b>6 Friday, September 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Porto, Portugal Sun 21 Sutra 138 Subhakrit 5124	
Tula Rasi: 26.23	Tithi 6 – 7	<b>Gulika</b> 7:39AM – 9:17AM	<b>Vishakha Until 6:14PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM
		Yama 3:49PM – 5:27PM	Indra Until 1:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM
	573965473	<b>Rahu</b> 10:55AM – 12:33PM	Gara Until 7:41PM	<b>Nataraja:</b> Clear	Moon 8 - Phase 19 - 21
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:18AM</b>	Moon – Orange	3rd Phase
				<b>Sivaloka Day</b>	
				Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Porto, Portugal Sun 22 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 10.04	Tithi 7 – 8	<b>Gulika</b> 6:02AM – 7:39AM	<b>Anuradha Until 5:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM
		Yama 2:10PM – 3:48PM	Vaidhriti* Until 11:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM
	574965473	<b>Rahu</b> 9:17AM – 10:55AM	Visti Until 6:05PM	<b>Nataraja:</b> Clear	Moon 8 - Phase 19 - 22
Creative Work	Siddha Yoga		<b>Saptami Until 6:55AM</b>	Moon – Orange	Ashtami
				<b>Devaloka Day</b>	
				Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau		Porto, Portugal Sun 23 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 24.01	Tithi 9	<b>Gulika</b> 3:47PM – 5:24PM	<b>Jyeshtha* Until 4:01PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM
		Yama 12:32PM – 2:10PM	Vishkambha* Until 8:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM
	574965473	<b>Rahu</b> 5:24PM – 7:02PM	Balava Until 4:05PM	<b>Nataraja:</b> Clear	Moon 8 - Phase 19 - 23
Routine Work	Marana Yoga		<b>Navami* Until 2:55AM Mon</b>	Moon – Orange	Navami
Until 4:01PM				<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				Devaloka Time: 6:PM to 9:PM	


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>		<b>Monday, September 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Porto, Portugal Sun 24 Sutra 141	
Dhanus Rasi: 8.13	Tithi 10	<b>Gulika</b>	2:09PM – 3:46PM	<b>Mula* Until 2:32PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	Subhakrit 5124
<b>Family Home Evening</b>	584965473	Yama	10:55AM – 12:32PM	Ayushman Until 2:42AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 8 - Phase 20 - 24
Creative Work Siddha Yoga		<b>Rahu</b>	7:41AM – 9:18AM	Taitila Until 1:42PM	<b>Nataraja:</b> Clear		4th Phase
Until 2:32PM				<b>Dashami Until 12:22AM Tue</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM	

<b>2</b>		<b>Tuesday, September 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Porto, Portugal Sun 25 Sutra 142	
Dhanus Rasi: 22.39	Tithi 11	<b>Gulika</b>	12:32PM – 2:08PM	<b>Purvashadha* Until 12:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	Subhakrit 5124
	584965473	Yama	9:18AM – 10:55AM	Saubhagya Until 11:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 20 - 25
Creative Work Siddha Yoga		<b>Rahu</b>	3:45PM – 5:22PM	Vanija Until 11:00AM	<b>Nataraja:</b> Clear		4th Phase
Until 12:36PM				<b>Ekadashi Until 9:33PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Then Routine Work - Prabararishta Yoga					<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM	

<b>3</b>		<b>Wednesday, September 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Porto, Portugal Sun 26 Sutra 143	
Makara Rasi: 7.15	Tithi 12	<b>Gulika</b>	10:55AM – 12:31PM	<b>Uttarashadha Until 10:20AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:05AM	Subhakrit 5124
	584965473	Yama	7:42AM – 9:18AM	Sobhana Until 7:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 20 - 26
Creative Work Amrita Yoga		<b>Rahu</b>	12:31PM – 2:08PM	Bava Until 8:05AM	<b>Nataraja:</b> Clear		4th Phase
Until 10:20AM				<b>Dvadashi Until 6:34PM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Bhadrapada*Avani</b>	Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Thursday, September 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 27 Sutra 144	
Makara Rasi: 21.57	Tithi 13 – 14	<b>Gulika</b>	9:19AM – 10:55AM	<b>Shravana Until 8:15AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Subhakrit 5124
	594965473	Yama	6:06AM – 7:43AM	Athiganda* Until 4:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 20 - 27
Creative Work Siddha Yoga		<b>Rahu</b>	2:07PM – 3:43PM	Gara Until 2:05AM Fri	<b>Nataraja:</b> Clear		4th Phase
				<b>Trayodashi Until 3:33PM</b>	Moon – Purple	<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>			<b>Bhadrapada*Avani</b>		
				<i>Pradosha Vrata</i>			

		<b>Friday, September 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Porto, Portugal Sun 28 Sutra 145	
Kumbha Rasi: 6.37	Tithi 14 – 15	<b>Gulika</b>	7:43AM – 9:19AM	<b>Dhanishtha Until 6:04AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	Subhakrit 5124
	594965473	Yama	3:42PM – 5:18PM	Sukarma Until 12:40PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:54PM	Moon 8 - Phase 20 -
Creative Work Siddha Yoga		<b>Rahu</b>	10:55AM – 12:31PM	Visti Until 11:17PM	<b>Nataraja:</b> Clear		Purnima
				<b>Chaturdashi* Until 12:38PM</b>	Moon – Purple	<b>Devaloka Day</b>	
					<b>Bhadrapada*Avani</b>		

<b>Silver Retreat Star</b>		<b>Saturday, September 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Porto, Portugal Sun 29 Sutra 146	
Kumbha Rasi: 21.07	Tithi 15 – 16	<b>Gulika</b>	6:08AM – 7:44AM	<b>Purvaproshtapada* Until 2:31AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	Subhakrit 5124
	514965473	Yama	2:06PM – 3:41PM	Dhriti Until 9:25AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 20 -
Routine Work Marana Yoga		<b>Rahu</b>	9:19AM – 10:55AM	Balava Until 8:49PM	<b>Nataraja:</b> Clear		Prathama
Until 2:31AM Sun				<b>Purnima* Until 9:59AM</b>	Moon – Clear	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Bhadrapada*Avani</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



**Sunday, September 11, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Uttaraproshtapada Nakshatra Shula/Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal  
Sutra 147

Meena Rasi: 5.22      Tithi 16 – 17

514965473

**Gulika** 3:40PM – 5:15PM  
Yama 12:30PM – 2:05PM  
**Rahu** 5:15PM – 6:50PM

**Uttaraproshtapada** Until 1:27AM Mon  
Shula\* Until 6:28AM  
Taitila Until 6:51PM  
**Prathama\*** Until 7:45AM

**Ganesha:** Clear      *Sunrise:* 6:09AM  
**Muruqa:** White      *Sunset:* 6:50PM  
**Nataraja:** Clear  
Moon – Clear

Subhakrit 5124  
Moon 9 - Phase 21 -  
1st Phase

Creative Work    Amrita Yoga

Until 1:27AM Mon

Then Creative Work - Siddha Yoga

**Grandparent's Day**

**Devaloka Day**

**Bhadrapada\*Avani**

**1**

**Monday, September 12, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Revati Nakshatra Vriddhi Yoga Gara/Vishti\* Karana Dvitiya/Tritiyayam Titau

Porto, Portugal  
Sun 1      Sutra 148

Meena Rasi: 19.15      Tithi 17 – 18

514965473

**Gulika** 2:04PM – 3:39PM  
Yama 10:55AM – 12:29PM  
**Rahu** 7:45AM – 9:20AM

**Revati** Until 12:55AM Tue  
Vriddhi Until 2:04AM Tue  
Visiti Until 5:06AM Tue  
**Dvitiya** Until 6:05AM

**Ganesha:** Clear      *Sunrise:* 6:10AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** Clear  
Moon – Clear

Subhakrit 5124  
Moon 9 - Phase 21 - 1  
1st Phase

Creative Work    Siddha Yoga

Family Home Evening

**Devaloka Day**

**Bhadrapada\*Avani**

**2**

**Tuesday, September 13, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Porto, Portugal  
Sun 2      Sutra 149

Mesha Rasi: 2.44      Tithi 19

524965473

**Gulika** 12:29PM – 2:04PM  
Yama 9:20AM – 10:55AM  
**Rahu** 3:38PM – 5:12PM

**Ashvini** Until 1:25AM Wed  
Dhruva Until 12:44AM Wed  
Bava Until 4:56PM  
**Chaturthi\*** Until 4:55AM Wed

**Ganesha:** White      *Sunrise:* 6:11AM  
**Muruqa:** White      *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – White

Subhakrit 5124  
Moon 9 - Phase 21 - 2  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

**Bhadrapada\*Avani**

Devaloka Time: 6:PM to 9:PM

**3**

**Wednesday, September 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Bharani Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal  
Sun 3      Sutra 150

Mesha Rasi: 15.47      Tithi 20

524965473

**Gulika** 10:55AM – 12:29PM  
Yama 7:47AM – 9:21AM  
**Rahu** 12:29PM – 2:03PM

**Bharani** Until 2:34AM Thu  
Vyaghata\* Until 12:03AM Thu  
Kaulava Until 5:09PM  
**Panchami** Until 5:32AM Thu

**Ganesha:** White      *Sunrise:* 6:12AM  
**Muruqa:** White      *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – White

Subhakrit 5124  
Moon 9 - Phase 21 - 3  
1st Phase

Creative Work    Siddha Yoga

Until 2:34AM Thu

Then Routine Work - Marana Yoga

**Bhuloka Day**

**Bhadrapada\*Avani**

Devaloka Time: 6:PM to 9:PM

**4**

**Thursday, September 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Krittika Nakshatra Harshana Yoga Gara Karana Shashthiyam Titau

Porto, Portugal  
Sun 4      Sutra 151

Mesha Rasi: 28.26      Tithi 21

525965473

**Gulika** 9:21AM – 10:55AM  
Yama 6:13AM – 7:47AM  
**Rahu** 2:02PM – 3:36PM

**Krittika** Until 4:17AM Fri  
Harshana Until 11:59PM  
Gara Until 6:08PM  
**Shashthi\*** Until 6:53AM Fri

**Ganesha:** Clear      *Sunrise:* 6:13AM  
**Muruqa:** White      *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – White

Subhakrit 5124  
Moon 9 - Phase 21 - 4  
1st Phase

Routine Work    Marana Yoga

**Devaloka Day**

**Bhadrapada\*Avani**

**5**

**Friday, September 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Rohini Nakshatra Vajra\* Yoga Vanija/Vishti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal  
Sun 5      Sutra 152

Vrishabha Rasi: 10.47      Tithi 21 – 22

535965473

**Gulika** 7:48AM – 9:21AM  
Yama 3:35PM – 5:08PM  
**Rahu** 10:55AM – 12:28PM

**Rohini** Until 6:55AM Sat  
Vajra\* Until 12:22AM Sat  
Visiti Until 7:49PM  
**Shashthi\*** Until 6:53AM

**Ganesha:** White      *Sunrise:* 6:14AM  
**Muruqa:** White      *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Yellow

Subhakrit 5124  
Moon 9 - Phase 21 - 5  
1st Phase

Routine Work    Marana Yoga

Until 6:55AM Sat

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Bhadrapada\*Avani**

**Retreat Star**

**Saturday, September 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal  
Sun 6      Sutra 153

Vrishabha Rasi: 22.52      Tithi 22 – 23

535965473

**Gulika** 6:15AM – 7:48AM  
Yama 2:01PM – 3:34PM  
**Rahu** 9:22AM – 10:55AM

**Rohini** Until 6:55AM  
Siddhi Until 1:06AM Sun  
Balava Until 9:58PM  
**Saptami** Until 8:50AM

**Ganesha:** White      *Sunrise:* 6:15AM  
**Muruqa:** White      *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – Yellow

Subhakrit 5124  
Moon 9 - Phase 21 - 6  
Ashtami

Creative Work    Amrita Yoga

Until 6:55AM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Bhadrapada\*Puratasi**

**Sunday, September 18, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Mrigashira/Ardra Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal  
Sun 7      Sutra 154

Mithuna Rasi: 4.48      Tithi 23 – 24

535965473

**Gulika** 3:33PM – 5:06PM  
Yama 12:27PM – 2:00PM  
**Rahu** 5:06PM – 6:38PM

**Mrigashira** Until 9:44AM  
Vyatipata\* Until 2:01AM Mon  
Taitila Until 12:23AM Mon  
**Ashtami\*** Until 11:09AM

**Ganesha:** White      *Sunrise:* 6:16AM  
**Muruqa:** White      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Yellow

Subhakrit 5124  
Moon 9 - Phase 21 - 7  
Navami

Creative Work    Siddha Yoga

**Sivaloka Day**

**Bhadrapada\*Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

..ll times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1</b>		<b>Monday, September 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Porto, Portugal Sun 8 Sutra 155 Subhakrit 5124	
Mithuna Rasi: 16.4	Tithi 24 – 25	<b>Gulika</b>	1:59PM – 3:32PM	<b>Ardra Until 12:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM	
<b>Family Home Evening</b>	535965473	<b>Yama</b>	10:55AM – 12:27PM	Variyan Until 2:54AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Moon 9 - Phase 22 - 8
Creative Work Siddha Yoga		<b>Rahu</b>	7:50AM – 9:22AM	Vanija Until 2:49AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Until 12:33PM				<b>Navami* Until 1:36PM</b>	Moon – Yellow		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Bhadrapada-Puratasi</b>		

<b>2</b>		<b>Tuesday, September 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 9 Sutra 156 Subhakrit 5124	
Mithuna Rasi: 28.33	Tithi 25 – 26	<b>Gulika</b>	12:27PM – 1:59PM	<b>Punarvasu Until 3:36PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:18AM	
	545965473	<b>Yama</b>	9:23AM – 10:55AM	Parigha* Until 3:40AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM	Moon 9 - Phase 22 - 9
Creative Work Siddha Yoga		<b>Rahu</b>	3:31PM – 5:03PM	Bava Until 5:05AM Wed	<b>Nataraja:</b> Clear		2nd Phase
				<b>Dashami Until 3:58PM</b>	Moon – Blue		<b>Devaloka Day</b>
					<b>Bhadrapada-Puratasi</b>		

<b>3</b>		<b>Wednesday, September 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Shiva Yoga Balava Karana Ekadashyam Titau		Porto, Portugal Sun 10 Sutra 157 Subhakrit 5124	
Kataka Rasi: 10.3	Tithi 26	<b>Gulika</b>	10:55AM – 12:26PM	<b>Pushya Until 6:15PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:19AM	
	545965473	<b>Yama</b>	7:51AM – 9:23AM	Shiva Until 4:12AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Moon 9 - Phase 22 - 10
Creative Work Siddha Yoga		<b>Rahu</b>	12:26PM – 1:58PM	Balava Until 6:04PM	<b>Nataraja:</b> Clear		2nd Phase
				<b>Ekadashi* Until 6:04PM</b>	Moon – Blue		<b>Devaloka Day</b>
					<b>Bhadrapada-Puratasi</b>		

<b>4</b>		<b>Thursday, September 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Porto, Portugal Sun 11 Sutra 158 Subhakrit 5124	
Kataka Rasi: 22.36	Tithi 27	<b>Gulika</b>	9:23AM – 10:55AM	<b>Ashlesha* Until 8:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM	
	545965473	<b>Yama</b>	6:20AM – 7:52AM	Siddha Until 4:21AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 9 - Phase 22 - 11
Creative Work Siddha Yoga		<b>Rahu</b>	1:57PM – 3:29PM	Kaulava Until 6:59AM	<b>Nataraja:</b> Clear		2nd Phase
Until 8:20PM				<b>Dvadashi* Until 7:46PM</b>	Moon – Blue		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Bhadrapada-Puratasi</b>		

<b>5</b>		<b>Friday, September 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Porto, Portugal Sun 12 Sutra 159 Subhakrit 5124	
Simha Rasi: 4.52	Tithi 28	<b>Gulika</b>	7:52AM – 9:23AM	<b>Magha* Until 10:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:21AM	
	555965473	<b>Yama</b>	3:28PM – 4:59PM	Sadhya Until 4:09AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:30PM	Moon 9 - Phase 22 - 12
Routine Work Marana Yoga		<b>Rahu</b>	10:55AM – 12:26PM	Gara Until 8:27AM	<b>Nataraja:</b> Clear		2nd Phase
Until 10:18PM				<b>Trayodashi* Until 8:59PM</b>	Moon – Red		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Bhadrapada-Puratasi</b>		

<b>6</b>		<b>Saturday, September 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Porto, Portugal Sun 13 Sutra 160 Subhakrit 5124	
Simha Rasi: 17.21	Tithi 29	<b>Gulika</b>	6:22AM – 7:53AM	<b>Purvaphalguni Until 11:36PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:22AM	
	556965473	<b>Yama</b>	1:56PM – 3:27PM	Subha Until 3:34AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Moon 9 - Phase 22 - 13
Creative Work Siddha Yoga		<b>Rahu</b>	9:24AM – 10:55AM	Visti* Until 9:26AM	<b>Nataraja:</b> Clear		2nd Phase
Until 11:36PM				<b>Chaturdashi* Until 9:42PM</b>	Moon – Red		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Bhadrapada-Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>Retreat Star</b>		<b>Sunday, September 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Porto, Portugal Sun 14 Sutra 161 Subhakrit 5124	
Kanya Rasi: 0.04	Tithi 30	<b>Gulika</b>	3:26PM – 4:56PM	<b>Uttaraphalguni Until 12:15AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:23AM	
	556165473	<b>Yama</b>	12:25PM – 1:55PM	Sukla Until 2:33AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 22 - 14
Creative Work Amrita Yoga		<b>Rahu</b>	4:56PM – 6:26PM	Catuspada Until 9:53AM	<b>Nataraja:</b> Clear		Amavasya
Until 12:15AM Mon				<b>Amavasya* Until 9:54PM</b>	Moon – Red		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Mahalaya Amavasai (Tamil Nadu)</b>			<b>Bhadrapada-Puratasi</b>		Devaloka Time: 6:PM to 9:PM

<b>Retreat Star</b>		<b>Monday, September 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Porto, Portugal Sun 15 Sutra 162 Subhakrit 5124	
Kanya Rasi: 13.02	Tithi 1	<b>Gulika</b>	1:55PM – 3:25PM	<b>Hasta Until 12:45AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:24AM	
<b>Family Home Evening</b>	566165473	<b>Yama</b>	10:55AM – 12:25PM	Brahma Until 1:11AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:25PM	Moon 9 - Phase 22 - 15
Creative Work Siddha Yoga		<b>Rahu</b>	7:54AM – 9:24AM	Kintughna Until 9:50AM	<b>Nataraja:</b> Clear		Prathama
				<b>Prathama* Until 9:38PM</b>	Moon – Green		<b>Bhuloka Day</b>
		<b>Navaratri Begins</b>			<b>Ashvina-Puratasi</b>		Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

..ll times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1</b>	<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Porto, Portugal Sun 16
	Kanya Rasi: 26.14	Tithi 2	<b>Gulika</b> 12:24PM – 1:54PM	<b>Chitra Until 12:41AM Wed</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:25AM		Subhakit 5124
			Yama 9:25AM – 10:54AM	Indra Until 11:31PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:23PM		Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	566165473 <b>Rahu</b> 3:24PM – 4:53PM	Balava Until 9:21AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 8:57PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Porto, Portugal Sun 17
	Tula Rasi: 9.38	Tithi 3	<b>Gulika</b> 10:55AM – 12:24PM	<b>Svati Until 12:09AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:27AM		Subhakit 5124
			Yama 7:56AM – 9:25AM	Vaidhriti* Until 9:32PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:21PM		Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 <b>Rahu</b> 12:24PM – 1:53PM	Taitila Until 8:29AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya Until 7:54PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturtham Titau				Porto, Portugal Sun 18
	Tula Rasi: 23.14	Tithi 4	<b>Gulika</b> 9:26AM – 10:55AM	<b>Vishakha Until 11:37PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:28AM		Subhakit 5124
			Yama 6:28AM – 7:57AM	Vishkambha* Until 7:19PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:19PM		Moon 9 - Phase 23 - 18
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 1:52PM – 3:21PM	Vanija Until 7:17AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi* Until 6:34PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Porto, Portugal Sun 19
	Vrischika Rasi: 7	Tithi 5 – 6	<b>Gulika</b> 7:57AM – 9:26AM	<b>Anuradha Until 10:41PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:29AM		Subhakit 5124
			Yama 3:20PM – 4:49PM	Priti Until 4:56PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:18PM		Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 10:55AM – 12:23PM	Kaulava Until 4:07AM Sat	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami Until 4:58PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Porto, Portugal Sun 20
	Vrischika Rasi: 20.54	Tithi 6 – 7	<b>Gulika</b> 6:30AM – 7:58AM	<b>Jyeshtha* Until 9:26PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:30AM		Subhakit 5124
			Yama 1:51PM – 3:19PM	Ayushman Until 2:21PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:16PM		Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	687166473 <b>Rahu</b> 9:26AM – 10:55AM	Gara Until 2:13AM Sun	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi* Until 3:10PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

<b>D</b>	<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Porto, Portugal Sun 21
	<b>Retreat Star</b>		<b>Gulika</b> 3:18PM – 4:46PM	<b>Mula* Until 8:17PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:31AM		Subhakit 5124
	Dhanus Rasi: 4.55	Tithi 7 – 8	Yama 12:23PM – 1:51PM	Saubhagya Until 11:38AM	<b>Muruqa:</b> Green <i>Sunset:</i> 6:14PM		Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 <b>Rahu</b> 4:46PM – 6:14PM	Visiti Until 12:10AM Mon	<b>Nataraja:</b> Clear		Ashtami
			<b>Saptami Until 1:12PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				Ashvina+Puratasi			

<b>D</b>	<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal Sun 22
	<b>Retreat Star</b>		<b>Gulika</b> 1:50PM – 3:17PM	<b>Purvashadha* Until 6:52PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM		Subhakit 5124
	Dhanus Rasi: 19.03	Tithi 8 – 9	Yama 10:55AM – 12:22PM	Sobhana Until 8:48AM	<b>Muruqa:</b> Green <i>Sunset:</i> 6:13PM		Moon 9 - Phase 23 - 22
	<b>Family Home Evening</b>		687166473 <b>Rahu</b> 7:59AM – 9:27AM	Balava Until 9:59PM	<b>Nataraja:</b> Clear		Navami
			<b>Ashtami* Until 11:05AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

.All times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1</b>		<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 3.15	Tithi 9 - 10	687166473	<b>Gulika</b> 12:22PM - 1:49PM <b>Yama</b> 9:27AM - 10:55AM <b>Rahu</b> 3:16PM - 4:44PM	<b>Uttarashadha</b> Until 5:12PM Sukarma Until 2:50AM Wed Taitila Until 7:43PM <b>Navami*</b> Until 8:50AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Green <b>Nataraja:</b> Clear Moon - Light Blue	<b>Sunrise:</b> 6:33AM <b>Sunset:</b> 6:11PM	Moon 9 - Phase 24 - 23 4th Phase	<b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 5:12PM Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Wednesday, October 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 17.31	Tithi 10 - 11	697166473	<b>Gulika</b> 10:55AM - 12:22PM <b>Yama</b> 8:01AM - 9:28AM <b>Rahu</b> 12:22PM - 1:49PM	<b>Shravana</b> Until 3:46PM Dhriti Until 11:50PM Visti Until 4:14AM Thu <b>Dashami</b> Until 6:32AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Green <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 6:09PM	Moon 9 - Phase 24 - 24 4th Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga Until 3:46PM Then Routine Work - Prabalarishta Yoga								

<b>3</b>		<b>Thursday, October 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Porto, Portugal Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 1.46	Tithi 12	697166473	<b>Gulika</b> 9:28AM - 10:55AM <b>Yama</b> 6:35AM - 8:01AM <b>Rahu</b> 1:48PM - 3:15PM	<b>Dhanishtha</b> Until 2:14PM Shula* Until 8:51PM Bava Until 3:07PM <b>Dvadashi</b> Until 2:00AM Fri	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Green <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 6:35AM <b>Sunset:</b> 6:08PM	Moon 9 - Phase 24 - 25 4th Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga		<b>Kadaitswami Mahasamadhi</b>						

<b>4</b>		<b>Friday, October 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Porto, Portugal Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 15.58	Tithi 13	697166473	<b>Gulika</b> 8:02AM - 9:28AM <b>Yama</b> 3:14PM - 4:40PM <b>Rahu</b> 10:55AM - 12:21PM	<b>Shatabhishak</b> Until 12:41PM Ganda* Until 6:01PM Kaulava Until 12:58PM <b>Trayodashi</b> Until 11:58PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Green <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:06PM	Moon 9 - Phase 24 - 26 4th Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga		<b>Chidambaram Abhishekam</b>						
<i>Pradosha Vrata</i>								

<b>5</b>		<b>Saturday, October 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 0.02	Tithi 14	618166474	<b>Gulika</b> 6:37AM - 8:03AM <b>Yama</b> 1:47PM - 3:13PM <b>Rahu</b> 9:29AM - 10:55AM	<b>Purvaproshtapada*</b> Until 11:39AM Vriddhi Until 3:25PM Gara Until 11:04AM <b>Chaturdashi*</b> Until 10:13PM	<b>Ganesha:</b> White <b>Muruqa:</b> Green <b>Nataraja:</b> Purple Moon - Clear	<b>Sunrise:</b> 6:37AM <b>Sunset:</b> 6:05PM	Moon 9 - Phase 24 - 27 4th Phase	<b>Bhuloka Day</b>
Routine Work Marana Yoga Until 11:39AM Then Creative Work - Siddha Yoga								

		<b>Sunday, October 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Porto, Portugal Sutra 175 Subhakrit 5124		
<b>Copper Retreat Star</b>		Meena Rasi: 13.54 Tithi 15		618166474	<b>Gulika</b> 3:12PM - 4:37PM <b>Yama</b> 12:20PM - 1:46PM <b>Rahu</b> 4:37PM - 6:03PM	<b>Uttaraproshtapada</b> Until 10:50AM Dhruva Until 1:05PM Visti Until 9:31AM <b>Purnima*</b> Until 8:54PM	<b>Ganesha:</b> White <b>Muruqa:</b> Green <b>Nataraja:</b> Purple Moon - Clear	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 6:03PM	Moon 9 - Phase 24 - Purnima	<b>Bhuloka Day</b>
Creative Work Amrita Yoga										

<b>Monday, October 10, 2022</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Porto, Portugal Sutra 176 Subhakrit 5124
Meena Rasi: 27.29	Tithi 16	618176474	<b>Gulika</b> 1:45PM - 3:11PM <b>Yama</b> 10:55AM - 12:20PM <b>Rahu</b> 8:04AM - 9:30AM	<b>Revati</b> Until 10:21AM Vyaghata* Until 11:10AM Balava Until 8:28AM <b>Prathama*</b> Until 8:07PM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon - Clear	<b>Sunrise:</b> 6:39AM <b>Sunset:</b> 6:01PM	Moon 9 - Phase 24 - Prathama	<b>Bhuloka Day</b>
Family Home Evening Creative Work Siddha Yoga								





Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 10.44 Tithi 17

628176474

**Gulika** 12:20PM – 1:45PM  
Yama 9:30AM – 10:55AM  
**Rahu** 3:10PM – 4:35PM

**Ashvini Until 10:45AM**  
Harshana Until 9:44AM  
Taitila Until 7:59AM  
**Dvitiya Until 7:58PM**

**Ganesha:** Yellow *Sunrise:* 6:40AM  
**Muruqa:** White *Sunset:* 6:00PM

**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Porto, Portugal

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 23.4 Tithi 18

628176474

**Gulika** 10:55AM – 12:20PM  
Yama 8:06AM – 9:30AM  
**Rahu** 12:20PM – 1:44PM

**Bharani Until 11:38AM**  
Vajra\* Until 8:47AM  
Vanija Until 8:10AM  
**Tritiya Until 8:30PM**

**Ganesha:** Yellow *Sunrise:* 6:41AM  
**Muruqa:** White *Sunset:* 5:58PM

**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 11:38AM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau

Porto, Portugal

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 6.16 Tithi 19

628176474

**Gulika** 9:31AM – 10:55AM  
Yama 6:42AM – 8:07AM  
**Rahu** 1:44PM – 3:08PM

**Krittika Until 1:01PM**  
Siddhi Until 8:23AM  
Bava Until 9:02AM  
**Chaturthi\* Until 9:41PM**

**Ganesha:** Yellow *Sunrise:* 6:42AM  
**Muruqa:** White *Sunset:* 5:57PM

**Nataraja:** Purple  
Moon – White

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 18.36 Tithi 20

628176474

**Gulika** 8:07AM – 9:31AM  
Yama 3:07PM – 4:31PM  
**Rahu** 10:55AM – 12:19PM

**Rohini Until 3:19PM**  
Vyatipata\* Until 8:28AM  
Kaulava Until 10:32AM  
**Panchami Until 11:27PM**

**Ganesha:** Blue *Sunrise:* 6:43AM  
**Muruqa:** White *Sunset:* 5:55PM

**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 3:19PM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 0.42 Tithi 21

639176474

**Gulika** 6:45AM – 8:08AM  
Yama 1:43PM – 3:06PM  
**Rahu** 9:32AM – 10:55AM

**Mrigashira Until 5:55PM**  
Variyan Until 8:56AM  
Gara Until 12:32PM  
**Shashthi\* Until 1:39AM Sun**

**Ganesha:** Red *Sunrise:* 6:45AM  
**Muruqa:** White *Sunset:* 5:53PM

**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Porto, Portugal

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 12.4 Tithi 22

639176474

**Gulika** 3:05PM – 4:29PM  
Yama 12:19PM – 1:42PM  
**Rahu** 4:29PM – 5:52PM

**Ardra Until 8:37PM**  
Parigha\* Until 9:40AM  
Visti Until 2:52PM  
**Saptami Until 4:04AM Mon**

**Ganesha:** Red *Sunrise:* 6:46AM  
**Muruqa:** White *Sunset:* 5:52PM

**Nataraja:** Purple  
Moon – Yellow

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 24.33 Tithi 23

649176474

**Gulika** 1:41PM – 3:04PM  
Yama 10:56AM – 12:19PM  
**Rahu** 8:10AM – 9:33AM

**Punarvasu Until 11:42PM**  
Shiva Until 10:32AM  
Balava Until 5:18PM  
**Ashtami\* Until 6:29AM Tue**

**Ganesha:** Green *Sunrise:* 6:47AM  
**Muruqa:** White *Sunset:* 5:50PM

**Nataraja:** Purple  
Moon – Blue

**Devaloka Day**

Ashvina-Aipasi

Creative Work Amrita Yoga

Until 11:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 6.26 Tithi 23 – 24

649176474

**Gulika** 12:18PM – 1:41PM  
Yama 9:33AM – 10:56AM  
**Rahu** 3:04PM – 4:26PM

**Pushya Until 2:29AM Wed**  
Siddha Until 11:20AM  
Taitila Until 7:39PM  
**Ashtami\* Until 6:29AM**

**Ganesha:** Green *Sunrise:* 6:48AM  
**Muruqa:** White *Sunset:* 5:49PM

**Nataraja:** Purple  
Moon – Blue

**Devaloka Day**

Ashvina-Aipasi

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1</b>		<b>Wednesday, October 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Porto, Portugal Sun 9 Sutra 185 Subhakrit 5124	
Kataka Rasi: 18.25	Tithi 24 – 25	649176474	<b>Gulika</b> 10:56AM – 12:18PM Yama 8:11AM – 9:34AM <b>Rahu</b> 12:18PM – 1:40PM	<b>Ashlesha* Until 4:47AM Thu</b> Sadhya Until 11:58AM Vanija Until 9:42PM <b>Navami* Until 8:42AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Blue	<b>Sunrise:</b> 6:49AM <b>Sunset:</b> 5:47PM	Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
Until 4:47AM Thu							
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, October 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Porto, Portugal Sun 10 Sutra 186 Subhakrit 5124	
Simha Rasi: 0.32	Tithi 25 – 26	659276474	<b>Gulika</b> 9:34AM – 10:56AM Yama 6:50AM – 8:12AM <b>Rahu</b> 1:40PM – 3:02PM	<b>Magha* Until 6:55AM Fri</b> Subha Until 12:19PM Bava Until 11:17PM <b>Dashami Until 10:32AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:50AM <b>Sunset:</b> 5:46PM	Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Amrita Yoga						<b>Bhuloka Day</b>	
Until 6:55AM Fri							
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, October 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 11 Sutra 187 Subhakrit 5124	
Simha Rasi: 12.51	Tithi 26 – 27	659276474	<b>Gulika</b> 8:13AM – 9:35AM Yama 3:01PM – 4:23PM <b>Rahu</b> 10:56AM – 12:18PM	<b>Magha* Until 6:55AM</b> Sukla Until 12:13PM Kaulava Until 12:18AM Sat <b>Ekadashi* Until 11:51AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 5:44PM	Moon 10 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga						<b>Bhuloka Day</b>	
Until 6:55AM							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, October 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 12 Sutra 188 Subhakrit 5124	
Simha Rasi: 25.26	Tithi 27 – 28	659276474	<b>Gulika</b> 6:52AM – 8:14AM Yama 1:39PM – 3:00PM <b>Rahu</b> 9:35AM – 10:56AM	<b>Purvaphalguni Until 8:18AM</b> Brahma Until 11:39AM Gara Until 12:40AM Sun <b>Dvadashi* Until 12:33PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:52AM <b>Sunset:</b> 5:43PM	Moon 10 - Phase 26 - 12 2nd Phase
Creative Work Siddha Yoga						<b>Bhuloka Day</b>	
Until 8:18AM							
Then Routine Work - Marana Yoga							
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Sunday, October 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 13 Sutra 189 Subhakrit 5124	
Kanya Rasi: 8.19	Tithi 28 – 29	651276474	<b>Gulika</b> 3:00PM – 4:21PM Yama 12:18PM – 1:39PM <b>Rahu</b> 4:21PM – 5:42PM	<b>Uttaraphalguni Until 8:55AM</b> Indra Until 10:37AM Visti Until 12:23AM Mon <b>Trayodashi* Until 12:35PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 5:42PM	Moon 10 - Phase 26 - 13 2nd Phase
Creative Work Amrita Yoga						<b>Bhuloka Day</b>	
						<b>Deepavali Hindu Solidarity Day</b>	

<b>Monday, October 24, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Porto, Portugal Sun 14 Sutra 190 Subhakrit 5124	
Kanya Rasi: 21.32	Tithi 29 – 30	661276474	<b>Gulika</b> 1:38PM – 2:59PM Yama 10:57AM – 12:17PM <b>Rahu</b> 8:15AM – 9:36AM	<b>Hasta Until 9:13AM</b> Vaidhriti* Until 9:02AM Catuspada Until 11:30PM <b>Chaturdashi* Until 12:00PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:55AM <b>Sunset:</b> 5:40PM	Moon 10 - Phase 26 - 14 Amavasya
Family Home Evening						<b>Bhuloka Day</b>	
Creative Work Siddha Yoga							
Until 9:13AM							
Then Routine Work - Prabalarishta Yoga							
						<b>Subramuniyaswami Mahasamadhi</b>	

<b>Tuesday, October 25, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Porto, Portugal Sun 15 Sutra 191 Subhakrit 5124	
Tula Rasi: 5.04	Tithi 30 – 1	661276474	<b>Gulika</b> 12:17PM – 1:38PM Yama 9:37AM – 10:57AM <b>Rahu</b> 2:58PM – 4:18PM	<b>Chitra Until 8:47AM</b> Vishkambha* Until 7:01AM Kintughna Until 10:06PM <b>Amavasya* Until 10:50AM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:56AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 26 - 15 Prathama
Creative Work Siddha Yoga						<b>Bhuloka Day</b>	
						<b>Skanda Shasthi Begins</b>	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, October 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	Tula Rasi: 18.53      Tithi 1 – 2		Svati/Vishakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 16      Sutra 192
	Creative Work      Siddha Yoga	661276574	<b>Gulika</b> 10:57AM – 12:17PM Yama 8:17AM – 9:37AM <b>Rahu</b> 12:17PM – 1:37PM	<b>Svati Until 7:45AM</b> Ayushman Until 1:54AM Thu Balava Until 8:16PM <b>Prathama* Until 9:13AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 16 3rd Phase

<b>2</b>	<b>Thursday, October 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	Vrischika Rasi: 2.57      Tithi 2 – 3		Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 17      Sutra 193
	Creative Work      Siddha Yoga	671276574	<b>Gulika</b> 9:38AM – 10:57AM Yama 6:58AM – 8:18AM <b>Rahu</b> 1:37PM – 2:57PM	<b>Vishakha Until 6:38AM</b> Saubhagya Until 10:57PM Taitila Until 6:09PM <b>Dvitiya Until 7:13AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 17 3rd Phase

<b>3</b>	<b>Friday, October 28, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
	Vrischika Rasi: 17.1      Tithi 4		Jyeshtha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18      Sutra 194
	Routine Work      Marana Yoga Until 3:21AM Sat Then Creative Work - Siddha Yoga	671276574	<b>Gulika</b> 8:19AM – 9:38AM Yama 2:56PM – 4:15PM <b>Rahu</b> 10:58AM – 12:17PM	<b>Jyeshtha* Until 3:21AM Sat</b> Sobhana Until 7:54PM Vanija Until 3:50PM <b>Chaturthi* Until 2:38AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 18 3rd Phase

<b>4</b>	<b>Saturday, October 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
	Dhanus Rasi: 1.29      Tithi 5		Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Sun 19      Sutra 195
	Creative Work      Siddha Yoga	681276574	<b>Gulika</b> 7:00AM – 8:20AM Yama 1:36PM – 2:55PM <b>Rahu</b> 9:39AM – 10:58AM	<b>Mula* Until 1:49AM Sun</b> Athiganda* Until 4:45PM Bava Until 1:27PM <b>Panchami Until 12:14AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:00AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM <b>Nataraja:</b> Clear Moon – Light Blue	<b>Devaloka Day</b>	Moon 10 - Phase 27 - 19 3rd Phase

<b>5</b>	<b>Sunday, October 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
	Dhanus Rasi: 15.49      Tithi 6		Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20      Sutra 196
	Creative Work      Siddha Yoga Until 12:11AM Mon Then Routine Work - Marana Yoga	681276574	<b>Gulika</b> 2:54PM – 4:13PM Yama 12:17PM – 1:36PM <b>Rahu</b> 4:13PM – 5:32PM	<b>Purvashadha* Until 12:11AM Mon</b> Sukarma Until 1:39PM Kaulava Until 11:03AM <b>Shashthi* Until 9:52PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:02AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Clear Moon – Light Blue	<b>Devaloka Day</b>	Moon 10 - Phase 27 - 20 3rd Phase

<b>6</b>	<b>Monday, October 31, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
	Makara Rasi: 0.07      Tithi 7		Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21      Sutra 197
	Family Home Evening Routine Work      Marana Yoga Until 10:33PM Then Creative Work - Amrita Yoga	681276574	<b>Gulika</b> 1:35PM – 2:54PM Yama 10:58AM – 12:17PM <b>Rahu</b> 8:21AM – 9:40AM	<b>Uttarashadha Until 10:33PM</b> Dhriti Until 10:37AM Gara Until 8:45AM <b>Saptami Until 7:38PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:03AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Clear Moon – Light Blue	<b>Devaloka Day</b>	Moon 10 - Phase 27 - 21 3rd Phase

<b>☾</b>	<b>Tuesday, November 1, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	<b>Retreat Star</b>		Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Sun 22      Sutra 198
	Makara Rasi: 14.18      Tithi 8 – 9	691276574	<b>Gulika</b> 12:17PM – 1:35PM Yama 9:40AM – 10:59AM <b>Rahu</b> 2:53PM – 4:11PM	<b>Shravana Until 9:21PM</b> Shula* Until 7:41AM Visti Until 6:35AM <b>Ashtami* Until 5:33PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:04AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:30PM <b>Nataraja:</b> Clear Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 22 Ashtami

<b>☾</b>	<b>Wednesday, November 2, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	<b>Retreat Star</b>		Dhanishtha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23      Sutra 199
	Makara Rasi: 28.23      Tithi 9 – 10	692276574	<b>Gulika</b> 10:59AM – 12:17PM Yama 8:23AM – 9:41AM <b>Rahu</b> 12:17PM – 1:35PM	<b>Dhanishtha Until 8:14PM</b> Vriddhi Until 2:20AM Thu Taitila Until 2:51AM Thu <b>Navami* Until 3:41PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:05AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:28PM <b>Nataraja:</b> Clear Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	Moon 10 - Phase 27 - 23 Navami

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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<b>1</b>	<b>Thursday, November 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal Sun 24
	Kumbha Rasi: 12.19	Tithi 10 - 11	<b>Gulika</b> 9:42AM - 10:59AM	<b>Shatabhishak</b> Until 7:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:06AM	Subhakrit 5124
			Yama 7:06AM - 8:24AM	Dhruva Until 11:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 28 - 24
	Creative Work	Siddha Yoga	692276574 <b>Rahu</b> 1:34PM - 2:52PM	Vanija Until 1:22AM Fri	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 2:03PM	Moon - Purple		<b>Bhuloka Day</b>	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Friday, November 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal Sun 25
	Kumbha Rasi: 26.05	Tithi 11 - 12	<b>Gulika</b> 8:25AM - 9:42AM	<b>Purvaproshtapada*</b> Until 6:44PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:08AM	Subhakrit 5124
			Yama 2:51PM - 4:09PM	Vyaghata* Until 9:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM	Moon 10 - Phase 28 - 25
	Creative Work	Siddha Yoga	612276574 <b>Rahu</b> 10:59AM - 12:17PM	Bava Until 12:10AM Sat	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 12:42PM	Moon - Clear		<b>Bhuloka Day</b>	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Saturday, November 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal Sun 26
	Meena Rasi: 9.4	Tithi 12 - 13	<b>Gulika</b> 7:09AM - 8:26AM	<b>Uttaraproshtapada</b> Until 6:28PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:09AM	Subhakrit 5124
			Yama 1:34PM - 2:51PM	Harshana Until 7:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 28 - 26
	Creative Work	Siddha Yoga	612276574 <b>Rahu</b> 9:43AM - 11:00AM	Kaulava Until 11:19PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 11:40AM	Moon - Clear		<b>Bhuloka Day</b>	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Sunday, November 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Porto, Portugal Sun 27
	Meena Rasi: 23.04	Tithi 13 - 14	<b>Gulika</b> 2:50PM - 4:07PM	<b>Revati</b> Until 6:25PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:10AM	Subhakrit 5124
			Yama 12:17PM - 1:34PM	Vajra* Until 6:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:24PM	Moon 10 - Phase 28 - 27
	Creative Work	Amrita Yoga	612276574 <b>Rahu</b> 4:07PM - 5:24PM	Gara Until 10:52PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 11:01AM	Moon - Clear		<b>Bhuloka Day</b>	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

	<b>Monday, November 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Porto, Portugal Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:33PM - 2:50PM	<b>Ashvini</b> Until 7:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:11AM	Subhakrit 5124
	Mesha Rasi: 6.14	Tithi 14 - 15	Yama 11:00AM - 12:17PM	Siddhi Until 5:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 28 -
	<b>Family Home Evening</b>		722276574 <b>Rahu</b> 8:28AM - 9:44AM	Visti Until 10:52PM	<b>Nataraja:</b> Clear		Purnima
			<b>Chaturdashi*</b> Until 10:47AM	Moon - White		<b>Bhuloka Day</b>	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Tuesday, November 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Porto, Portugal Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:17PM - 1:33PM	<b>Bharani</b> Until 8:08PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:12AM	Subhakrit 5124
	Mesha Rasi: 19.09	Tithi 15 - 16	Yama 9:45AM - 11:01AM	Vyatipata* Until 4:14PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 28 -
	Creative Work	Siddha Yoga	722276574 <b>Rahu</b> 2:49PM - 4:05PM	Balava Until 11:23PM	<b>Nataraja:</b> Clear		Prathama
			<b>Purnima*</b> Until 11:02AM	Moon - White		<b>Bhuloka Day</b>	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam  
Krittika Nakshatra Varyan/Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal

Sutra 206

Subhakit 5124

Vrishabha Rasi: 1.5 Tithi 16 - 17

722276574

**Gulika** 11:01AM - 12:17PM  
**Yama** 8:29AM - 9:45AM  
**Rahu** 12:17PM - 1:33PM

**Krittika** Until 9:29PM  
Varyan Until 3:46PM  
Taitila Until 12:25AM Thu

**Ganesha:** Blue *Sunrise:* 7:14AM  
**Muruqa:** Clear *Sunset:* 5:20PM

**Nataraja:** Clear  
Moon - White

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 9:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam  
Rohini Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 207

Subhakit 5124

Vrishabha Rasi: 14.17 Tithi 17 - 18

732276574

**Gulika** 9:46AM - 11:01AM  
**Yama** 7:15AM - 8:30AM  
**Rahu** 1:33PM - 2:48PM

**Rohini** Until 11:39PM  
Parigha\* Until 3:42PM  
Vanija Until 1:56AM Fri

**Ganesha:** Red *Sunrise:* 7:15AM  
**Muruqa:** Clear *Sunset:* 5:19PM

**Nataraja:** Clear  
Moon - Yellow  
Karttika-Aipasi

**Devaloka Day**

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Porto, Portugal

Sun 2 Sutra 208

Subhakit 5124

Vrishabha Rasi: 26.32 Tithi 18 - 19

732276574

**Gulika** 8:31AM - 9:47AM  
**Yama** 2:48PM - 4:03PM  
**Rahu** 11:02AM - 12:17PM

**Mrigashira** Until 2:05AM Sat  
Shiva Until 4:00PM  
Bava Until 3:55AM Sat

**Ganesha:** Red *Sunrise:* 7:16AM  
**Muruqa:** Clear *Sunset:* 5:18PM

**Nataraja:** Clear  
Moon - Yellow  
Karttika-Aipasi

**Devaloka Day**

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam  
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 209

Subhakit 5124

Mithuna Rasi: 8.37 Tithi 19 - 20

732276574

**Gulika** 7:17AM - 8:32AM  
**Yama** 1:32PM - 2:47PM  
**Rahu** 9:47AM - 11:02AM

**Ardra** Until 4:39AM Sun  
Siddha Until 4:34PM  
Kaulava Until 6:12AM Sun

**Ganesha:** Red *Sunrise:* 7:17AM  
**Muruqa:** Clear *Sunset:* 5:18PM

**Nataraja:** Clear  
Moon - Yellow  
Karttika-Aipasi

**Devaloka Day**

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal

Sun 4 Sutra 210

Subhakit 5124

Mithuna Rasi: 20.34 Tithi 20

742276574

**Gulika** 2:47PM - 4:02PM  
**Yama** 12:17PM - 1:32PM  
**Rahu** 4:02PM - 5:17PM

**Punarvasu** Until 7:45AM Mon  
Sadhya Until 5:19PM  
Kaulava Until 6:12AM

**Ganesha:** Green *Sunrise:* 7:18AM  
**Muruqa:** Clear *Sunset:* 5:17PM

**Nataraja:** Clear  
Moon - Blue  
Karttika-Aipasi

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal

Sun 5 Sutra 211

Subhakit 5124

Kataka Rasi: 2.28 Tithi 21

742376574

**Gulika** 1:32PM - 2:47PM  
**Yama** 11:03AM - 12:18PM  
**Rahu** 8:34AM - 9:49AM

**Punarvasu** Until 7:45AM  
Subha Until 6:11PM  
Gara Until 8:41AM

**Ganesha:** White *Sunrise:* 7:19AM  
**Muruqa:** Clear *Sunset:* 5:16PM

**Nataraja:** Clear  
Moon - Blue  
Karttika-Aipasi

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 7:45AM

Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau

Porto, Portugal

Sun 6 Sutra 212

Subhakit 5124

Kataka Rasi: 14.2 Tithi 22

743376574

**Gulika** 12:18PM - 1:32PM  
**Yama** 9:49AM - 11:03AM  
**Rahu** 2:46PM - 4:01PM

**Pushya** Until 10:40AM  
Sukla Until 6:57PM  
Visti Until 11:09AM

**Ganesha:** Green *Sunrise:* 7:21AM  
**Muruqa:** Clear *Sunset:* 5:15PM

**Nataraja:** Clear  
Moon - Blue  
Karttika-Aipasi

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Retreat Star

Wednesday, November 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal

Sun 7 Sutra 213

Subhakit 5124

Kataka Rasi: 26.17 Tithi 23

743376574

**Gulika** 11:04AM - 12:18PM  
**Yama** 8:36AM - 9:50AM  
**Rahu** 12:18PM - 1:32PM

**Ashlesha\*** Until 1:15PM  
Brahma Until 7:33PM  
Balava Until 1:26PM

**Ganesha:** Green *Sunrise:* 7:22AM  
**Muruqa:** Clear *Sunset:* 5:14PM

**Nataraja:** Clear  
Moon - Blue  
Karttika-Karttikai

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

**Ashtami\*** Until 2:24AM Thu

Thursday, November 17, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal

Sun 8 Sutra 214

Subhakit 5124

Simha Rasi: 8.21 Tithi 24

753376575

**Gulika** 9:51AM - 11:04AM  
**Yama** 7:23AM - 8:37AM  
**Rahu** 1:32PM - 2:46PM

**Magha\*** Until 3:47PM  
Indra Until 7:49PM  
Taitila Until 3:19PM

**Ganesha:** Orange *Sunrise:* 7:23AM  
**Muruqa:** Clear *Sunset:* 5:13PM

**Nataraja:** Purple  
Moon - Red  
Karttika-Karttikai

**Sivaloka Day**

Creative Work Amrita Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

**Navami\*** Until 4:01AM Fri

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Porto, Portugal	
	Simha Rasi: 20.38	Tithi 25	753376575	Sun 9	Sutra 215	Subhakrit 5124		
	Creative Work	Siddha Yoga	Gulika 8:38AM – 9:51AM Yama 2:45PM – 3:59PM Rahu 11:05AM – 12:18PM	Purvaphalguni Until 5:35PM Vaidhriti* Until 7:37PM Vanija Until 4:37PM Dashami Until 5:00AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 7:24AM Sunset: 5:12PM	Moon 11 - Phase 30 - 9 2nd Phase	Sivaloka Day
					Karttika-Karttikai			

2	<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Porto, Portugal	
	Kanya Rasi: 3.11	Tithi 26	753376575	Sun 10	Sutra 216	Subhakrit 5124		
	Routine Work	Marana Yoga	Gulika 7:25AM – 8:39AM Yama 1:32PM – 2:45PM Rahu 9:52AM – 11:05AM	Uttaraphalguni Until 6:34PM Vishkambha* Until 6:53PM Bava Until 5:13PM Ekadashi* Until 5:13AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 7:25AM Sunset: 5:12PM	Moon 11 - Phase 30 - 10 2nd Phase	Sivaloka Day
					Karttika-Karttikai			

3	<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau				Porto, Portugal	
	Kanya Rasi: 16.06	Tithi 27	763376575	Sun 11	Sutra 217	Subhakrit 5124		
	Creative Work	Amrita Yoga	Gulika 2:45PM – 3:58PM Yama 12:19PM – 1:32PM Rahu 3:58PM – 5:11PM	Hasta Until 7:07PM Priti Until 5:33PM Kaulava Until 5:03PM Dvadashi* Until 4:40AM Mon	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 7:27AM Sunset: 5:11PM	Moon 11 - Phase 30 - 11 2nd Phase	Devaloka Day
	Until 7:07PM Then Creative Work - Siddha Yoga				Karttika-Karttikai			

4	<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Porto, Portugal	
	Kanya Rasi: 29.25	Tithi 28	763376575	Sun 12	Sutra 218	Subhakrit 5124		
	Family Home Evening	Prabalarishta Yoga	Gulika 1:32PM – 2:45PM Yama 11:06AM – 12:19PM Rahu 8:41AM – 9:53AM	Chitra Until 6:45PM Ayushman Until 3:36PM Gara Until 4:07PM Trayodashi* Until 3:22AM Tue	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 7:28AM Sunset: 5:10PM	Moon 11 - Phase 30 - 12 2nd Phase	Devaloka Day
	Until 6:45PM Then Creative Work - Amrita Yoga				Karttika-Karttikai			<i>Pradosha Vrata (Fasting)</i>

5	<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Porto, Portugal	
	Tula Rasi: 13.08	Tithi 29	763376575	Sun 13	Sutra 219	Subhakrit 5124		
	Creative Work	Siddha Yoga	Gulika 12:19PM – 1:32PM Yama 9:54AM – 11:07AM Rahu 2:45PM – 3:57PM	Svati Until 5:34PM Saubhagya Until 1:07PM Visti Until 2:30PM Chaturdashi* Until 1:26AM Wed	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 7:29AM Sunset: 5:10PM	Moon 11 - Phase 30 - 13 2nd Phase	Devaloka Day
	Until 5:34PM Then Routine Work - Marana Yoga				Karttika-Karttikai			

●	<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Porto, Portugal	
	<b>Retreat Star</b>		773376575	Sun 14	Sutra 220	Subhakrit 5124		
	Tula Rasi: 27.16	Tithi 30	Gulika 11:07AM – 12:20PM Yama 8:42AM – 9:55AM Rahu 12:20PM – 1:32PM	Vishakha Until 4:07PM Sobhana Until 10:09AM Catuspada Until 12:16PM Amavasya* Until 10:58PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 7:30AM Sunset: 5:09PM	Moon 11 - Phase 30 - 14 Amavasya	Devaloka Day
	Creative Work Siddha Yoga				Karttika-Karttikai			

●	<b>Thursday, November 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Porto, Portugal	
	<b>Retreat Star</b>		773376575	Sun 15	Sutra 221	Subhakrit 5124		
	Vrischika Rasi: 11.43	Tithi 1	Gulika 9:56AM – 11:08AM Yama 7:31AM – 8:43AM Rahu 1:32PM – 2:44PM	Anuradha Until 2:06PM Athiganda* Until 6:48AM Kintughna Until 9:36AM Prathama* Until 8:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange	Sunrise: 7:31AM Sunset: 5:09PM	Moon 11 - Phase 30 - 15 Prathama	Devaloka Day
	Creative Work Siddha Yoga Until 2:06PM Then Routine Work - Prabalarishta Yoga				Margasira-Karttikai			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>	<b>Friday, November 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
	Vrischika Rasi: 26.24 Tithi 2 – 3		Jyeshtha* Mula* Nakshatra Dhriti Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 16 Sutra 222
	773376575		<b>Gulika</b> 8:44AM – 9:56AM	<b>Jyeshtha* Until 11:41AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:32AM	<i>Sunset:</i> 5:08PM	Subhakrit 5124
	Routine Work Marana Yoga Until 11:41AM Then Creative Work - Amrita Yoga		Yama 2:44PM – 3:56PM	Dhriti Until 11:27PM	<b>Muruqa:</b> Clear		Moon 11 - Phase 31 - 16 3rd Phase
		<b>Rahu</b> 11:08AM – 12:20PM	Balava Until 6:39AM	<b>Nataraja:</b> Purple			
			Dvitiya Until 5:05PM	Moon – Orange		<b>Devaloka Day</b>	
				Margasira-Karttikai			

<b>2</b>	<b>Saturday, November 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
	Dhanus Rasi: 11.12 Tithi 3 – 4		Mula*Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sun 17 Sutra 223
	783376575		<b>Gulika</b> 7:33AM – 8:45AM	<b>Mula* Until 9:26AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:33AM	<i>Sunset:</i> 5:08PM	Subhakrit 5124
	Creative Work Siddha Yoga		Yama 1:32PM – 2:44PM	Shula* Until 7:41PM	<b>Muruqa:</b> Clear		Moon 11 - Phase 31 - 17 3rd Phase
		<b>Rahu</b> 9:57AM – 11:09AM	Vanija Until 12:26AM Sun	<b>Nataraja:</b> Purple			
			Tritiya Until 1:57PM	Moon – Light Blue		<b>Devaloka Day</b>	
				Margasira-Karttikai			

<b>3</b>	<b>Sunday, November 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
	Dhanus Rasi: 25.59 Tithi 4 – 5		Purvashadha* Uttarashadha* Nakshatra Ganda* Vriddhi* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 224
	783376575		<b>Gulika</b> 2:44PM – 3:56PM	<b>Purvashadha* Until 7:06AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:35AM	<i>Sunset:</i> 5:07PM	Subhakrit 5124
	Creative Work Siddha Yoga Until 7:06AM Then Creative Work - Amrita Yoga		Yama 12:21PM – 1:32PM	Ganda* Until 4:00PM	<b>Muruqa:</b> Clear		Moon 11 - Phase 31 - 18 3rd Phase
		<b>Rahu</b> 3:56PM – 5:07PM	Bava Until 9:29PM	<b>Nataraja:</b> Purple			
			Chaturthi* Until 10:55AM	Moon – Light Blue		<b>Devaloka Day</b>	
				Margasira-Karttikai			

<b>4</b>	<b>Monday, November 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
	Makara Rasi: 10.38 Tithi 5 – 6		Shravana Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 19 Sutra 225
	793376575		<b>Gulika</b> 1:33PM – 2:44PM	<b>Shravana Until 3:06AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:36AM	<i>Sunset:</i> 5:07PM	Subhakrit 5124
	Family Home Evening Creative Work Amrita Yoga Until 3:06AM Tue Then Creative Work - Siddha Yoga		Yama 11:10AM – 12:21PM	Vriddhi Until 12:32PM	<b>Muruqa:</b> Clear		Moon 11 - Phase 31 - 19 3rd Phase
		<b>Rahu</b> 8:47AM – 9:58AM	Kaulava Until 6:47PM	<b>Nataraja:</b> Purple			
			Panchami Until 8:04AM	Moon – Purple		<b>Sivaloka Day</b>	
				Margasira-Karttikai			

<b>5</b>	<b>Tuesday, November 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	Makara Rasi: 25.03 Tithi 7		Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 226
	793376575		<b>Gulika</b> 12:22PM – 1:33PM	<b>Dhanishtha Until 1:39AM Wed</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:37AM	<i>Sunset:</i> 5:06PM	Subhakrit 5124
	Creative Work Siddha Yoga		Yama 9:59AM – 11:10AM	Dhruva Until 9:20AM	<b>Muruqa:</b> Clear		Moon 11 - Phase 31 - 20 3rd Phase
		<b>Rahu</b> 2:44PM – 3:55PM	Gara Until 4:28PM	<b>Nataraja:</b> Purple			
			Saptami Until 3:28AM Wed	Moon – Purple		<b>Sivaloka Day</b>	
				Margasira-Karttikai			

<b>Retreat Star</b>	<b>Wednesday, November 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	Kumbha Rasi: 9.11 Tithi 8		Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 227
	794376575		<b>Gulika</b> 11:11AM – 12:22PM	<b>Shatabhishak Until 12:32AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:38AM	<i>Sunset:</i> 5:06PM	Subhakrit 5124
	Creative Work Siddha Yoga		Yama 8:49AM – 10:00AM	Vyaghata* Until 6:29AM	<b>Muruqa:</b> Clear		Moon 11 - Phase 31 - 21 Ashtami
		<b>Rahu</b> 12:22PM – 1:33PM	Visti Until 2:37PM	<b>Nataraja:</b> Purple			
			Ashtami* Until 1:51AM Thu	Moon – Purple		<b>Sivaloka Day</b>	
				Margasira-Karttikai			

<b>Retreat Star</b>	<b>Thursday, December 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	Kumbha Rasi: 23.02 Tithi 9		Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 228
	714376575		<b>Gulika</b> 10:01AM – 11:11AM	<b>Purvaproshtapada* Until 12:12AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:39AM	<i>Sunset:</i> 5:06PM	Subhakrit 5124
	Creative Work Siddha Yoga		Yama 7:39AM – 8:50AM	Vajra* Until 1:57AM Fri	<b>Muruqa:</b> Clear		Moon 11 - Phase 31 - 22 Navami
		<b>Rahu</b> 1:33PM – 2:44PM	Balava Until 1:15PM	<b>Nataraja:</b> Purple			
			Navami* Until 12:45AM Fri	Moon – Clear		<b>Sivaloka Day</b>	
				Margasira-Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>		<b>Friday, December 2, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal	
				Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 229	
Meena Rasi: 6.34	Tithi 10	<b>Gulika</b>	<b>8:51AM – 10:01AM</b>	<b>Uttaraproshtapada</b> Until 12:14AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:40AM	Subhakit 5124		
		Yama	2:44PM – 3:55PM	Siddhi Until 12:18AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32 - 23		
		714376575 <b>Rahu</b>	<b>11:12AM – 12:23PM</b>	Taitila Until 12:25PM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga					Moon – Clear	<b>Sivaloka Day</b>		
Until 12:14AM Sat						<b>Margasira-Karttikai</b>			
Then Routine Work - Prabalarishta Yoga									

<b>2</b>		<b>Saturday, December 3, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal	
				Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 230	
Meena Rasi: 19.49	Tithi 11	<b>Gulika</b>	<b>7:41AM – 8:51AM</b>	<b>Revati</b> Until 12:37AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:41AM	Subhakit 5124		
		Yama	1:34PM – 2:44PM	Vyatipata* Until 11:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32 - 24		
		714376575 <b>Rahu</b>	<b>10:02AM – 11:12AM</b>	Vanija Until 12:05PM	<b>Nataraja:</b> Purple		4th Phase		
Routine Work	Prabalarishta Yoga					Moon – Clear	<b>Sivaloka Day</b>		
Until 12:37AM Sun						<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Sunday, December 4, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal	
				Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25 Sutra 231	
Mesha Rasi: 2.48	Tithi 12	<b>Gulika</b>	<b>2:44PM – 3:55PM</b>	<b>Ashvini</b> Until 1:45AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:42AM	Subhakit 5124		
		Yama	12:23PM – 1:34PM	Varyan Until 10:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32 - 25		
		724376575 <b>Rahu</b>	<b>3:55PM – 5:05PM</b>	Bava Until 12:15PM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga					Moon – White	<b>Devaloka Day</b>		
Until 12:15PM						<b>Margasira-Karttikai</b>			
Then Routine Work - Prabalarishta Yoga									

<b>4</b>		<b>Monday, December 5, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal	
				Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 232	
Mesha Rasi: 15.34	Tithi 13	<b>Gulika</b>	<b>1:34PM – 2:44PM</b>	<b>Bharani</b> Until 3:09AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:43AM	Subhakit 5124		
<b>Family Home Evening</b>		Yama	11:14AM – 12:24PM	Parigha* Until 9:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32 - 26		
		724376575 <b>Rahu</b>	<b>8:53AM – 10:03AM</b>	Kaulava Until 12:53PM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga					Moon – White	<b>Devaloka Day</b>		
Until 10:03AM						<b>Margasira-Karttikai</b>			
Then Routine Work - Prabalarishta Yoga									
<i>Pradosha Vrata</i>									

<b>5</b>		<b>Tuesday, December 6, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal	
				Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 233	
Mesha Rasi: 28.08	Tithi 14	<b>Gulika</b>	<b>12:24PM – 1:34PM</b>	<b>Krittika</b> Until 4:47AM Wed	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:44AM	Subhakit 5124		
		Yama	10:04AM – 11:14AM	Shiva Until 9:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32 - 27		
		724376575 <b>Rahu</b>	<b>2:45PM – 3:55PM</b>	Gara Until 1:56PM	<b>Nataraja:</b> Purple		4th Phase		
Creative Work	Siddha Yoga					Moon – White	<b>Devaloka Day</b>		
Until 3:55PM						<b>Margasira-Karttikai</b>			
Then Routine Work - Prabalarishta Yoga									

<b>○</b>		<b>Wednesday, December 7, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal	
				Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Sun 28 Sutra 234	
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>11:15AM – 12:25PM</b>	<b>Rohini</b> Until 7:05AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:45AM	Subhakit 5124		
Vrishabha Rasi: 10.32	Tithi 15	Yama	8:55AM – 10:05AM	Siddha Until 9:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32 - Purnima		
		734376575 <b>Rahu</b>	<b>12:25PM – 1:35PM</b>	Visti Until 3:22PM	<b>Nataraja:</b> Purple				
Creative Work	Siddha Yoga					Moon – Yellow	<b>Sivaloka Day</b>		
Until 7:05AM Thu						<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga									

<b>○</b>		<b>Thursday, December 8, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Porto, Portugal	
				Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Sun 29 Sutra 235	
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>10:05AM – 11:15AM</b>	<b>Rohini</b> Until 7:05AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:46AM	Subhakit 5124		
Vrishabha Rasi: 22.46	Tithi 16	Yama	7:46AM – 8:55AM	Sadhya Until 9:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 11 - Phase 32 - Prathama		
		734376575 <b>Rahu</b>	<b>1:35PM – 2:45PM</b>	Balava Until 5:10PM	<b>Nataraja:</b> Purple				
Routine Work	Marana Yoga					Moon – Yellow	<b>Sivaloka Day</b>		
Until 2:45PM						<b>Margasira-Karttikai</b>			
Then Routine Work - Prabalarishta Yoga									
<b>Vinayaga Viratam Begins</b>									

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda





Friday, December 9, 2022  
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal  
Sutra 236

Mithuna Rasi: 4.53 Tithi 16 – 17

734476575

**Gulika** 8:56AM – 10:06AM  
Yama 2:45PM – 3:55PM  
**Rahu** 11:16AM – 12:26PM

**Mrigashira** Until 9:32AM  
Subha Until 10:14PM  
Taitila Until 7:15PM  
**Prathama\*** Until 6:09AM

**Ganesha:** Red *Sunrise:* 7:47AM  
**Muruqa:** Clear *Sunset:* 5:05PM  
**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

Subhakit 5124  
Moon 12 - Phase 33 -  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

1

Saturday, December 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal  
Sun 1 Sutra 237

Mithuna Rasi: 16.53 Tithi 17 – 18

734476575

**Gulika** 7:47AM – 8:57AM  
Yama 1:36PM – 2:45PM  
**Rahu** 10:07AM – 11:16AM

**Ardra** Until 12:03PM  
Sukla Until 10:54PM  
Vanija Until 9:35PM  
**Dvitiya** Until 8:22AM

**Ganesha:** Red *Sunrise:* 7:47AM  
**Muruqa:** Clear *Sunset:* 5:05PM  
**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

Subhakit 5124  
Moon 12 - Phase 33 - 1  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

2

Sunday, December 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Porto, Portugal  
Sun 2 Sutra 238

Mithuna Rasi: 28.49 Tithi 18 – 19

744476575

**Gulika** 2:46PM – 3:55PM  
Yama 12:27PM – 1:36PM  
**Rahu** 3:55PM – 5:05PM

**Punarvasu** Until 3:06PM  
Brahma Until 11:42PM  
Bava Until 12:04AM Mon  
**Tritiya** Until 10:47AM

**Ganesha:** Green *Sunrise:* 7:48AM  
**Muruqa:** Clear *Sunset:* 5:05PM  
**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

Subhakit 5124  
Moon 12 - Phase 33 - 2  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

3

Monday, December 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal  
Sun 3 Sutra 239

Kataka Rasi: 10.41 Tithi 19 – 20

745476575

Family Home Evening

Creative Work Siddha Yoga

**Gulika** 1:36PM – 2:46PM  
Yama 11:17AM – 12:27PM  
**Rahu** 8:59AM – 10:08AM

**Pushya** Until 6:03PM  
Indra Until 12:33AM Tue  
Kaulava Until 2:36AM Tue  
**Chaturthi\*** Until 1:19PM

**Ganesha:** White *Sunrise:* 7:49AM  
**Muruqa:** Clear *Sunset:* 5:05PM  
**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

Subhakit 5124  
Moon 12 - Phase 33 - 3  
1st Phase

**Devaloka Day**

4

Tuesday, December 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal  
Sun 4 Sutra 240

Kataka Rasi: 22.34 Tithi 20 – 21

745476575

Creative Work Siddha Yoga

**Gulika** 12:27PM – 1:37PM  
Yama 10:09AM – 11:18AM  
**Rahu** 2:46PM – 3:56PM

**Ashlesha\*** Until 8:48PM  
Vaidhriti\* Until 1:19AM Wed  
Gara Until 5:03AM Wed  
**Panchami** Until 3:49PM

**Ganesha:** White *Sunrise:* 7:50AM  
**Muruqa:** Clear *Sunset:* 5:05PM  
**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

Subhakit 5124  
Moon 12 - Phase 33 - 4  
1st Phase

**Devaloka Day**

5

Wednesday, December 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Vanija Karana Shashthyam Titau

Porto, Portugal  
Sun 5 Sutra 241

Simha Rasi: 4.29 Tithi 21

755476575

Creative Work Siddha Yoga

Until 11:42PM

Then Creative Work - Amrita Yoga

**Gulika** 11:19AM – 12:28PM  
Yama 9:00AM – 10:09AM  
**Rahu** 12:28PM – 1:37PM

**Magha\*** Until 11:42PM  
Vishkambha\* Until 1:55AM Thu  
Vanija Until 6:10PM  
**Shashthi\*** Until 6:10PM

**Ganesha:** Clear *Sunrise:* 7:51AM  
**Muruqa:** Clear *Sunset:* 5:05PM  
**Nataraja:** Purple  
Moon – Red  
Margasira-Karttikai

Subhakit 5124  
Moon 12 - Phase 33 - 5  
1st Phase

**Sivaloka Day**

6

Thursday, December 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Priti Yoga Visti\*/Bava Karana Saptamyam Titau

Porto, Portugal  
Sun 6 Sutra 242

Simha Rasi: 16.29 Tithi 22

755476575

Creative Work Siddha Yoga

**Gulika** 10:10AM – 11:19AM  
Yama 7:51AM – 9:01AM  
**Rahu** 1:38PM – 2:47PM

**Purvaphalguni** Until 2:02AM Fri  
Priti Until 2:13AM Fri  
Visti Until 7:14AM  
**Saptami** Until 8:08PM

**Ganesha:** Clear *Sunrise:* 7:51AM  
**Muruqa:** Clear *Sunset:* 5:06PM  
**Nataraja:** Purple  
Moon – Red  
Margasira-Karttikai

Subhakit 5124  
Moon 12 - Phase 33 - 6  
1st Phase

**Sivaloka Day**

7

Friday, December 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal  
Sun 7 Sutra 243

Simha Rasi: 28.41 Tithi 23

855476575

Creative Work Siddha Yoga

Until 3:38AM Sat

Then Routine Work - Marana Yoga

**Gulika** 9:01AM – 10:10AM  
Yama 2:47PM – 3:57PM  
**Rahu** 11:20AM – 12:29PM

Markali Pillaiyar

**Uttaraphalguni** Until 3:38AM Sat  
Ayushman Until 2:02AM Sat  
Balava Until 8:57AM  
**Ashtami\*** Until 9:33PM

**Ganesha:** White *Sunrise:* 7:52AM  
**Muruqa:** Clear *Sunset:* 5:06PM  
**Nataraja:** Purple  
Moon – Red  
Margasira-Markali

Subhakit 5124  
Moon 12 - Phase 33 - 7  
Ashtami

**Devaloka Day**

Saturday, December 17, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 8 Sutra 244

Kanya Rasi: 11.09 Tithi 24

865476575

Routine Work Marana Yoga

Until 4:49AM Sun

Then Creative Work - Siddha Yoga

**Gulika** 7:53AM – 9:02AM  
Yama 1:39PM – 2:48PM  
**Rahu** 10:11AM – 11:20AM

**Hasta** Until 4:49AM Sun  
Saubhagya Until 1:17AM Sun  
Taitila Until 10:01AM  
**Navami\*** Until 10:14PM

**Ganesha:** Clear *Sunrise:* 7:53AM  
**Muruqa:** Clear *Sunset:* 5:06PM  
**Nataraja:** Purple  
Moon – Green  
Margasira-Markali

Subhakit 5124  
Moon 12 - Phase 33 - 8  
Navami

**Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Porto, Portugal on 5/1/2


www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal
			Chitra Nakshatra Sobhana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 9 Sutra 245
Kanya Rasi: 23.58	Tithi 25	<b>Gulika</b> 2:48PM – 3:57PM	<b>Chitra</b> <b>Until 5:01AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:53AM</i>	Subhakrit 5124
		Yama 12:30PM – 1:39PM	Sobhana Until 11:54PM	<b>Muruqa:</b> Clear <i>Sunset: 5:07PM</i>	Moon 12 - Phase 34 - 9
	865476575	<b>Rahu</b> 3:57PM – 5:07PM	Vanija Until 10:17AM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work Siddha Yoga			<b>Dashami</b> <b>Until 10:05PM</b>	Moon – Green	<b>Sivaloka Day</b>
Until 5:01AM Mon				Margasira*Markali	
Then Creative Work - Amrita Yoga					

<b>2</b>	<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Porto, Portugal
			Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 246
Tula Rasi: 7.12	Tithi 26	<b>Gulika</b> 1:40PM – 2:49PM	<b>Svati</b> <b>Until 4:15AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:54AM</i>	Subhakrit 5124
<b>Family Home Evening</b>		Yama 11:21AM – 12:30PM	Athiganda* Until 9:49PM	<b>Muruqa:</b> Clear <i>Sunset: 5:07PM</i>	Moon 12 - Phase 34 - 10
Creative Work Amrita Yoga	865476575	<b>Rahu</b> 9:03AM – 10:12AM	Bava Until 9:42AM	<b>Nataraja:</b> Purple	2nd Phase
Until 4:15AM Tue			<b>Ekadashi*</b> <b>Until 9:04PM</b>	Moon – Green	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Margasira*Markali	

<b>3</b>	<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Porto, Portugal
			Vishakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 247
Tula Rasi: 20.55	Tithi 27	<b>Gulika</b> 12:31PM – 1:40PM	<b>Vishakha</b> <b>Until 3:01AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:55AM</i>	Subhakrit 5124
		Yama 10:13AM – 11:22AM	Sukarma Until 7:07PM	<b>Muruqa:</b> Clear <i>Sunset: 5:07PM</i>	Moon 12 - Phase 34 - 11
	875476575	<b>Rahu</b> 2:49PM – 3:58PM	Kaulava Until 8:17AM	<b>Nataraja:</b> Purple	2nd Phase
Routine Work Marana Yoga			<b>Dvadashi*</b> <b>Until 7:15PM</b>	Moon – Orange	<b>Devaloka Day</b>
Until 3:01AM Wed				Margasira*Markali	
Then Creative Work - Siddha Yoga					

<b>4</b>	<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Porto, Portugal
			Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 248
Vrischika Rasi: 5.07	Tithi 28 – 29	<b>Gulika</b> 11:22AM – 12:31PM	<b>Anuradha</b> <b>Until 1:00AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:55AM</i>	Subhakrit 5124
		Yama 9:04AM – 10:13AM	Dhriti Until 3:52PM	<b>Muruqa:</b> Clear <i>Sunset: 5:08PM</i>	Moon 12 - Phase 34 - 12
	876476575	<b>Rahu</b> 12:31PM – 1:41PM	Gara Until 6:06AM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work Siddha Yoga			<b>Trayodashi*</b> <b>Until 4:45PM</b>	Moon – Orange	<b>Sivaloka Day</b>
Until 1:00AM Thu		<b>Day 1 of Pancha Ganapati</b>		Margasira*Markali	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>		

	<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Porto, Portugal
			Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau		Sun 13 Sutra 249
Vrischika Rasi: 19.44	Tithi 29 – 30	<b>Gulika</b> 10:14AM – 11:23AM	<b>Jyeshtha*</b> <b>Until 10:22PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:56AM</i>	Subhakrit 5124
		Yama 7:56AM – 9:05AM	Shula* Until 12:09PM	<b>Muruqa:</b> Clear <i>Sunset: 5:08PM</i>	Moon 12 - Phase 34 - 13
	876476575	<b>Rahu</b> 1:41PM – 2:50PM	Catuspada Until 12:02AM Fri	<b>Nataraja:</b> Purple	Amavasya
Routine Work Prabalarishta Yoga			<b>Chaturdashi*</b> <b>Until 1:42PM</b>	Moon – Orange	<b>Sivaloka Day</b>
Until 10:22PM		<b>Day 2 of Pancha Ganapati</b>		Margasira*Markali	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>	<b>Friday, December 23, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Porto, Portugal
			Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 250
Dhanus Rasi: 4.41	Tithi 30 – 1	<b>Gulika</b> 9:05AM – 10:14AM	<b>Mula*</b> <b>Until 7:42PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:56AM</i>	Subhakrit 5124
		Yama 2:51PM – 4:00PM	Ganda* Until 8:08AM	<b>Muruqa:</b> Clear <i>Sunset: 5:09PM</i>	Moon 12 - Phase 34 - 14
	886476575	<b>Rahu</b> 11:23AM – 12:32PM	Kintughna Until 8:29PM	<b>Nataraja:</b> Purple	Prathama
Creative Work Amrita Yoga			<b>Amavasya*</b> <b>Until 10:16AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Until 7:42PM		<b>Day 3 of Pancha Ganapati</b>		Pausha*Markali	
Then Routine Work - Prabalarishta Yoga					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

..ll times are standard time. Calculated for Porto, Portugal on 5/1/2

www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Porto, Portugal Sun 15 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 19.5	Tithi 1 – 2	886486575	<b>Gulika</b> 7:56AM – 9:06AM <b>Yama</b> 1:42PM – 2:51PM <b>Rahu</b> 10:15AM – 11:24AM	<b>Purvashadha* Until 4:46PM</b> Dhruva Until 11:40PM Kaulava Until 2:58AM Sun <b>Prathama* Until 6:38AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:56AM <b>Sunset:</b> 5:09PM	Moon 12 - Phase 35 - 15 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 4:46PM Then Routine Work - Marana Yoga		<b>Day 4 of Pancha Ganapati</b>					
<b>2</b>		<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau		Porto, Portugal Sun 16 Sutra 252 Subhakrit 5124	
Makara Rasi: 5.01	Tithi 3	886486575	<b>Gulika</b> 2:52PM – 4:01PM <b>Yama</b> 12:33PM – 1:43PM <b>Rahu</b> 4:01PM – 5:10PM	<b>Uttarashadha Until 1:46PM</b> Vyaghata* Until 7:30PM Taitila Until 1:11PM <b>Tritiya Until 11:26PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:57AM <b>Sunset:</b> 5:10PM	Moon 12 - Phase 35 - 16 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga		<b>Day 5 of Pancha Ganapati</b>					
<b>3</b>		<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau		Porto, Portugal Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 20.04	Tithi 4	896486576	<b>Gulika</b> 1:43PM – 2:52PM <b>Yama</b> 11:25AM – 12:34PM <b>Rahu</b> 9:06AM – 10:16AM	<b>Shravana Until 11:15AM</b> Harshana Until 3:35PM Vanija Until 9:48AM <b>Chaturthi* Until 8:13PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:57AM <b>Sunset:</b> 5:11PM	Moon 12 - Phase 35 - 17 3rd Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 11:15AM Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau		Porto, Portugal Sun 18 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 4.5	Tithi 5 – 6	896486576	<b>Gulika</b> 12:34PM – 1:44PM <b>Yama</b> 10:16AM – 11:25AM <b>Rahu</b> 2:53PM – 4:02PM	<b>Dhanishtha Until 9:00AM</b> Vajra* Until 11:58AM Bava Until 6:47AM <b>Panchami Until 5:27PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:58AM <b>Sunset:</b> 5:11PM	Moon 12 - Phase 35 - 18 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 9:00AM Then Routine Work - Marana Yoga							
<b>5</b>		<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Porto, Portugal Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 19.14	Tithi 6 – 7	896486576	<b>Gulika</b> 11:26AM – 12:35PM <b>Yama</b> 9:07AM – 10:16AM <b>Rahu</b> 12:35PM – 1:44PM	<b>Shatabhishak Until 7:08AM</b> Siddhi Until 8:50AM Gara Until 2:27AM Thu <b>Shashthi* Until 3:16PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:58AM <b>Sunset:</b> 5:12PM	Moon 12 - Phase 35 - 19 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 7:08AM Then Creative Work - Amrita Yoga		<b>Vinayaga Viratam Ends</b>					
<b>Retreat Star</b>		<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Porto, Portugal Sun 20 Sutra 256 Subhakrit 5124	
Meena Rasi: 3.12	Tithi 7 – 8	817486576	<b>Gulika</b> 10:17AM – 11:26AM <b>Yama</b> 7:58AM – 9:07AM <b>Rahu</b> 1:45PM – 2:54PM	<b>Purvaprosarthapada* Until 6:12AM</b> Vyatipata* Until 6:14AM Visti Until 1:20AM Fri <b>Saptami Until 1:47PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:58AM <b>Sunset:</b> 5:13PM	Moon 12 - Phase 35 - 20 Ashtami <b>Devaloka Day</b>
Creative Work Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Porto, Portugal Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 16.44	Tithi 8 – 9	817486576	<b>Gulika</b> 9:08AM – 10:17AM <b>Yama</b> 2:55PM – 4:04PM <b>Rahu</b> 11:27AM – 12:36PM	<b>Revati Until 6:04AM Sat</b> Parigha* Until 2:44AM Sat Balava Until 12:57AM Sat <b>Ashtami* Until 1:02PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:58AM <b>Sunset:</b> 5:14PM	Moon 12 - Phase 35 - 21 Navami <b>Devaloka Day</b>
Creative Work Siddha Yoga							

<b>1</b>	<b>Saturday, December 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam				Porto, Portugal
			Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 258
	Meena Rasi: 29.52	Tithi 9 – 10	<b>Gulika</b> 7:59AM – 9:08AM	<b>Revati Until 6:04AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:59AM	Subhakrit 5124
		Yama 1:46PM – 2:55PM	Shiva Until 1:51AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 36 - 22	
	817486576	<b>Rahu</b> 10:18AM – 11:27AM	Taitila Until 1:17AM Sun	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Navami* Until 1:01PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 6:04AM				Pausa-Markali			
Then Creative Work - Siddha Yoga							


<b>2</b>	<b>Sunday, January 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
			Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 259
	Mesha Rasi: 12.4	Tithi 10 – 11	<b>Gulika</b> 2:56PM – 4:06PM	<b>Ashvini Until 7:16AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:59AM	Subhakrit 5124
		Yama 12:37PM – 1:46PM	Siddha Until 1:24AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 36 - 23	
	827486576	<b>Rahu</b> 4:06PM – 5:15PM	Vanija Until 2:16AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 1:41PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 7:16AM		<b>Vaikuntha Ekadasi</b>		Pausa-Markali			
Then Routine Work - Prabalarishta Yoga							

<b>3</b>	<b>Monday, January 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
			Bharani/Krittika Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 260
	Mesha Rasi: 25.1	Tithi 11 – 12	<b>Gulika</b> 1:47PM – 2:57PM	<b>Bharani Until 8:53AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:59AM	Subhakrit 5124
<b>Family Home Evening</b>		Yama 11:28AM – 12:37PM	Sadhya Until 1:22AM Tue	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 36 - 24	
	827486576	<b>Rahu</b> 9:08AM – 10:18AM	Bava Until 3:44AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 2:55PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 8:53AM				Pausa-Markali			
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Tuesday, January 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
			Krittika/Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 261
	Vrishabha Rasi: 7.28	Tithi 12 – 13	<b>Gulika</b> 12:38PM – 1:48PM	<b>Krittika Until 10:47AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:59AM	Subhakrit 5124
		Yama 10:18AM – 11:28AM	Subha Until 1:38AM Wed	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 12 - Phase 36 - 25	
	827586576	<b>Rahu</b> 2:57PM – 4:07PM	Kaulava Until 5:35AM Wed	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:36PM</b>	Moon – White		<b>Subha Sivaloka Day</b>	
Until 10:47AM				Pausa-Markali			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, January 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
			Rohini/Mrigashira Nakshatra Sukla Yoga Taitila Karana Trayodashyam Titau				Sun 26 Sutra 262
	Vrishabha Rasi: 19.37	Tithi 13	<b>Gulika</b> 11:28AM – 12:38PM	<b>Rohini Until 1:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:59AM	Subhakrit 5124
		Yama 9:09AM – 10:19AM	Sukla Until 2:05AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 12 - Phase 36 - 26	
	838586576	<b>Rahu</b> 12:38PM – 1:48PM	Taitila Until 6:36PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 6:36PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Pausa-Markali			

<b>6</b>	<b>Thursday, January 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
			Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 263
	Mithuna Rasi: 1.4	Tithi 14	<b>Gulika</b> 10:19AM – 11:29AM	<b>Mrigashira Until 3:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:59AM	Subhakrit 5124
		Yama 7:59AM – 9:09AM	Brahma Until 2:42AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:19PM	Moon 12 - Phase 36 - 27	
	838586576	<b>Rahu</b> 1:49PM – 2:59PM	Gara Until 7:43AM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:50PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
		<b>Subramuniyaswami Jayanti</b>		Pausa-Markali			

	<b>Friday, January 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
			Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 264
	Mithuna Rasi: 13.38	Tithi 15	<b>Gulika</b> 9:09AM – 10:19AM	<b>Ardra Until 6:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:59AM	Subhakrit 5124
		Yama 2:59PM – 4:10PM	Indra Until 3:25AM Sat	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 12 - Phase 36 - Purnima	
	838586576	<b>Rahu</b> 11:29AM – 12:39PM	Visti Until 10:01AM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Purnima* Until 11:12PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Pausa-Markali			
		<b>Ardra Darshanam</b>					

<b>7</b>	<b>Saturday, January 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam				Porto, Portugal
			Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 265
	Mithuna Rasi: 25.34	Tithi 16	<b>Gulika</b> 7:59AM – 9:09AM	<b>Punarvasu Until 9:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:59AM	Subhakrit 5124
		Yama 1:50PM – 3:00PM	Vaidhriti* Until 4:10AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 12 - Phase 36 - Prathama	
	848586576	<b>Rahu</b> 10:19AM – 11:29AM	Balava Until 12:26PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Prathama* Until 1:39AM Sun</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Pausa-Markali			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 7.28      Tithi 17  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 3:01PM – 4:11PM  
**Yama** 12:40PM – 1:50PM  
**Rahu** 4:11PM – 5:22PM

**Pushya Until 12:33AM Mon**  
Vishkambha\* Until 4:57AM Mon  
Taitila Until 2:55PM  
**Dvitiya Until 4:09AM Mon**

**Ganesha:** Clear      *Sunrise:* 7:59AM  
**Muruqa:** Purple      *Sunset:* 5:22PM  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

Porto, Portugal  
Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 -  
1st Phase

**Sivaloka Day**

**1**

**Monday, January 9, 2023**

Kataka Rasi: 19.22      Tithi 18  
**Family Home Evening**  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 1:51PM – 3:02PM  
**Yama** 11:30AM – 12:41PM  
**Rahu** 9:09AM – 10:20AM

**Ashlesha\* Until 3:17AM Tue**  
Priti Until 5:45AM Tue  
Vanija Until 5:25PM  
**Tritiya Until 6:37AM Tue**

**Ganesha:** Clear      *Sunrise:* 7:59AM  
**Muruqa:** Purple      *Sunset:* 5:23PM  
**Nataraja:** Clear  
Moon – Blue  
**Pausha-Markali**

Porto, Portugal  
Sun 1      Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

**Sivaloka Day**

**2**

**Tuesday, January 10, 2023**

Simha Rasi: 1.15      Tithi 18 – 19  
Creative Work      Siddha Yoga  
Until 6:16AM Wed  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 12:41PM – 1:52PM  
**Yama** 10:20AM – 11:30AM  
**Rahu** 3:02PM – 4:13PM

**Magha\* Until 6:16AM Wed**  
Ayushman Until 6:26AM Wed  
Bava Until 7:51PM  
**Tritiya Until 6:37AM**

**Ganesha:** Purple      *Sunrise:* 7:58AM  
**Muruqa:** Purple      *Sunset:* 5:24PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Porto, Portugal  
Sun 2      Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 13.11      Tithi 19 – 20  
Creative Work      Siddha Yoga  
Until 6:16AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:31AM – 12:41PM  
**Yama** 9:09AM – 10:20AM  
**Rahu** 12:41PM – 1:52PM

**Magha\* Until 6:16AM**  
Ayushman Until 6:26AM  
Kaulava Until 10:07PM  
**Chaturthi\* Until 8:59AM**

**Ganesha:** Clear      *Sunrise:* 7:58AM  
**Muruqa:** Purple      *Sunset:* 5:25PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Porto, Portugal  
Sun 3      Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

**Sivaloka Day**

**4**

**Thursday, January 12, 2023**

Simha Rasi: 25.13      Tithi 20 – 21  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:20AM – 11:31AM  
**Yama** 7:58AM – 9:09AM  
**Rahu** 1:53PM – 3:04PM

**Purvaphalguni Until 8:51AM**  
Saubhagya Until 6:58AM  
Gara Until 12:03AM Fri  
**Panchami Until 11:07AM**

**Ganesha:** Clear      *Sunrise:* 7:58AM  
**Muruqa:** Purple      *Sunset:* 5:26PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Porto, Portugal  
Sun 4      Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

**Sivaloka Day**

**5**

**Friday, January 13, 2023**

Kanya Rasi: 7.23      Tithi 21 – 22  
Creative Work      Siddha Yoga  
Until 10:55AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:09AM – 10:20AM  
**Yama** 3:04PM – 4:16PM  
**Rahu** 11:31AM – 12:42PM

**Uttaraphalguni Until 10:55AM**  
Sobhana Until 7:13AM  
Visti Until 1:30AM Sat  
**Shashthi\* Until 12:50PM**

**Ganesha:** Clear      *Sunrise:* 7:58AM  
**Muruqa:** Purple      *Sunset:* 5:27PM  
**Nataraja:** Clear  
Moon – Red  
**Pausha-Markali**

Porto, Portugal  
Sun 5      Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

**Sivaloka Day**

**D**

**Saturday, January 14, 2023**  
**Retreat Star**

Kanya Rasi: 19.46      Tithi 22 – 23  
Routine Work      Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 7:57AM – 9:09AM  
**Yama** 1:54PM – 3:05PM  
**Rahu** 10:20AM – 11:31AM

**Hasta Until 12:46PM**  
Athiganda\* Until 7:03AM  
Balava Until 2:17AM Sun  
**Saptami Until 1:58PM**

**Ganesha:** White      *Sunrise:* 7:57AM  
**Muruqa:** Purple      *Sunset:* 5:28PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Porto, Portugal  
Sun 6      Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
Ashtami

**Subha Sivaloka Day**

**Sunday, January 15, 2023**

**Retreat Star**

Tula Rasi: 2.28      Tithi 23 – 24  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 3:06PM – 4:18PM  
**Yama** 12:43PM – 1:54PM  
**Rahu** 4:18PM – 5:29PM

**Chitra Until 1:45PM**  
Sukarma Until 6:21AM  
Taitila Until 2:15AM Mon  
**Ashtami\* Until 2:21PM**

**Ganesha:** White      *Sunrise:* 7:57AM  
**Muruqa:** Purple      *Sunset:* 5:29PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha-Thai**

Porto, Portugal  
Sun 7      Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
Navami

**Subha Sivaloka Day**

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

..ll times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>Monday, January 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Porto, Portugal
		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 274
<b>1</b>		<b>Gulika</b> 1:55PM – 3:07PM	<b>Svati</b> Until 1:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:56AM	Subhakrit 5124
Tula Rasi: 15.34	Tithi 24 – 25	Yama 11:32AM – 12:43PM	Shula* Until 3:03AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 38 - 8
<b>Family Home Evening</b>	869586576	<b>Rahu</b> 9:08AM – 10:20AM	Vanija Until 1:23AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Navami*</b> Until 1:54PM	Moon – Green	<b>Subha Sivaloka Day</b>	
Until 1:46PM				Pausha*Thai		
Then Routine Work - Marana Yoga						

<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Porto, Portugal
		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 275
<b>2</b>		<b>Gulika</b> 12:44PM – 1:56PM	<b>Vishakha</b> Until 1:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:56AM	Subhakrit 5124
Tula Rasi: 29.08	Tithi 25 – 26	Yama 10:20AM – 11:32AM	Ganda* Until 12:24AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 38 - 9
879586576		<b>Rahu</b> 3:07PM – 4:19PM	Bava Until 11:40PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 12:36PM	Moon – Orange	<b>Sivaloka Day</b>	
Until 1:15PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Porto, Portugal
		Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 276
<b>3</b>		<b>Gulika</b> 11:32AM – 12:44PM	<b>Anuradha</b> Until 11:48AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:55AM	Subhakrit 5124
Virschika Rasi: 13.11	Tithi 26 – 27	Yama 9:08AM – 10:20AM	Vriddhi Until 9:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 38 - 10
879586576		<b>Rahu</b> 12:44PM – 1:56PM	Kaulava Until 9:13PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 10:30AM	Moon – Orange	<b>Sivaloka Day</b>	
				Pausha*Thai		

<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Porto, Portugal
		Jyeshtha/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 277
<b>4</b>		<b>Gulika</b> 10:20AM – 11:32AM	<b>Jyeshtha*</b> Until 9:33AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:55AM	Subhakrit 5124
Virschika Rasi: 27.43	Tithi 27 – 28	Yama 7:55AM – 9:07AM	Dhruva Until 5:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 38 - 11
871586576		<b>Rahu</b> 1:57PM – 3:09PM	Gara Until 6:09PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dvadashi*</b> Until 7:44AM	Moon – Orange	<b>Sivaloka Day</b>	
Until 9:33AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						
<i>Pradosha Vrata (Fasting)</i>						

<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Porto, Portugal
		Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 278
<b>5</b>		<b>Gulika</b> 9:07AM – 10:19AM	<b>Mula*</b> Until 7:04AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:54AM	Subhakrit 5124
Dhanus Rasi: 12.39	Tithi 29	Yama 3:10PM – 4:22PM	Vyaghata* Until 1:20PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 38 - 12
881586576		<b>Rahu</b> 11:32AM – 12:45PM	Visti Until 2:38PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 12:44AM Sat	Moon – Light Blue	<b>Sivaloka Day</b>	
Until 7:04AM				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga						

<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Porto, Portugal
		Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 279
<b>Retreat Star</b>		<b>Gulika</b> 7:54AM – 9:07AM	<b>Uttarashadha</b> Until 12:51AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:54AM	Subhakrit 5124
Dhanus Rasi: 27.52	Tithi 30	Yama 1:58PM – 3:10PM	Harshana Until 9:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 38 - 13
881586576		<b>Rahu</b> 10:19AM – 11:32AM	Catuspada Until 10:50AM	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 8:53PM	Moon – Light Blue	<b>Sivaloka Day</b>	
Until 12:51AM Sun				Pausha*Thai		
Then Creative Work - Amrita Yoga						

<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
		Shravana Nakshatra Siddhi Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 280
<b>Retreat Star</b>		<b>Gulika</b> 3:11PM – 4:24PM	<b>Shravana</b> Until 9:53PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:53AM	Subhakrit 5124
Makara Rasi: 13.12	Tithi 1 – 2	Yama 12:45PM – 1:58PM	Siddhi Until 12:11AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 38 - 14
891586576		<b>Rahu</b> 4:24PM – 5:37PM	Kintughna Until 6:57AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 5:01PM	Moon – Purple	<b>Sivaloka Day</b>	
Until 9:53PM				Magha*Thai		
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

<b>Monday, January 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau				Porto, Portugal Sun 15 Sutra 281 Subhakrit 5124
<b>1</b>	Makara Rasi: 28.28 Tithi 2 - 3 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 1:59PM - 3:12PM Yama 11:32AM - 12:45PM <b>Rahu</b> 9:06AM - 10:19AM	<b>Dhanishtha</b> Until 7:00PM Vyatipata* Until 8:01PM Taitila Until 11:36PM Dvitiya Until 1:19PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Purple Magha*Thai	<b>Sunrise:</b> 7:52AM <b>Sunset:</b> 5:38PM	Moon 1 - Phase 39 - 15 3rd Phase <b>Sivaloka Day</b>

<b>Tuesday, January 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthiyam Titau				Porto, Portugal Sun 16 Sutra 282 Subhakrit 5124
<b>2</b>	Kumbha Rasi: 13.3 Tithi 3 - 4 Routine Work Marana Yoga	<b>Gulika</b> 12:46PM - 1:59PM Yama 10:19AM - 11:32AM <b>Rahu</b> 3:13PM - 4:26PM	<b>Shatabhishak</b> Until 4:24PM Variyan Until 4:09PM Vanija Until 8:31PM Tritiya Until 9:59AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Purple Magha*Thai	<b>Sunrise:</b> 7:52AM <b>Sunset:</b> 5:40PM	Moon 1 - Phase 39 - 16 3rd Phase <b>Sivaloka Day</b>

<b>Wednesday, January 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Porto, Portugal Sun 17 Sutra 283 Subhakrit 5124
<b>3</b>	Kumbha Rasi: 28.1 Tithi 4 - 5 Creative Work Amrita Yoga Until 2:38PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:32AM - 12:46PM Yama 9:05AM - 10:19AM <b>Rahu</b> 12:46PM - 2:00PM	<b>Purvaprossthapada*</b> Until 2:38PM Parigha* Until 12:46PM Bava Until 6:01PM Chaturthi* Until 7:09AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Clear Magha*Thai	<b>Sunrise:</b> 7:51AM <b>Sunset:</b> 5:41PM	Moon 1 - Phase 39 - 17 3rd Phase <b>Subha Sivaloka Day</b>

<b>Thursday, January 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Shashthyam Titau				Porto, Portugal Sun 18 Sutra 284 Subhakrit 5124
<b>4</b>	Meena Rasi: 12.21 Tithi 6 Creative Work Siddha Yoga	<b>Gulika</b> 10:18AM - 11:32AM Yama 7:50AM - 9:04AM <b>Rahu</b> 2:00PM - 3:14PM	<b>Uttaraprossthapada</b> Until 1:26PM Shiva Until 9:59AM Kaulava Until 4:15PM Shashthi* Until 3:40AM Fri	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Clear Magha*Thai	<b>Sunrise:</b> 7:50AM <b>Sunset:</b> 5:42PM	Moon 1 - Phase 39 - 18 3rd Phase <b>Subha Sivaloka Day</b>

<b>Friday, January 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Porto, Portugal Sun 19 Sutra 285 Subhakrit 5124
<b>5</b>	Meena Rasi: 26.03 Tithi 7 Creative Work Siddha Yoga Until 12:55PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:04AM - 10:18AM Yama 3:15PM - 4:29PM <b>Rahu</b> 11:32AM - 12:46PM	<b>Revati</b> Until 12:55PM Siddha Until 7:48AM Gara Until 3:20PM Saptami Until 3:11AM Sat	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - Clear Magha*Thai	<b>Sunrise:</b> 7:49AM <b>Sunset:</b> 5:43PM	Moon 1 - Phase 39 - 19 3rd Phase <b>Subha Sivaloka Day</b>

<b>Saturday, January 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Porto, Portugal Sun 20 Sutra 286 Subhakrit 5124
<b>Retreat Star</b>	Mesha Rasi: 9.16 Tithi 8 Creative Work Siddha Yoga	<b>Gulika</b> 7:49AM - 9:03AM Yama 2:01PM - 3:16PM <b>Rahu</b> 10:18AM - 11:32AM	<b>Ashvini</b> Until 1:32PM Sadhya Until 6:20AM Visti Until 3:18PM Ashtami* Until 3:34AM Sun	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - White Magha*Thai	<b>Sunrise:</b> 7:49AM <b>Sunset:</b> 5:43PM	Moon 1 - Phase 39 - 20 Ashtami <b>Sivaloka Day</b>

<b>Sunday, January 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Porto, Portugal Sun 21 Sutra 287 Subhakrit 5124
<b>Retreat Star</b>	Mesha Rasi: 22.03 Tithi 9 Routine Work Prabalarishta Yoga Until 2:48PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:16PM - 4:31PM Yama 12:47PM - 2:02PM <b>Rahu</b> 4:31PM - 5:46PM	<b>Bharani</b> Until 2:48PM Sukla Until 5:16AM Mon Balava Until 4:04PM Navami* Until 4:42AM Mon	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon - White Magha*Thai	<b>Sunrise:</b> 7:48AM <b>Sunset:</b> 5:46PM	Moon 1 - Phase 39 - 21 Navami <b>Sivaloka Day</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>Monday, January 30, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Porto, Portugal Sun 22 Sutra 288 Subhakarit 5124	
<b>1</b>	Vrishabha Rasi: 4.3 Family Home Evening Routine Work Marana Yoga Until 4:35PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:02PM – 3:17PM <b>Yama</b> 11:32AM – 12:47PM <b>Rahu</b> 9:02AM – 10:17AM	<b>Krittika Until 4:35PM</b> Brahma Until 5:28AM Tue Taitila Until 5:32PM Dashami Until 6:27AM Tue	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White Magha-Thai	<b>Sunrise:</b> 7:47AM <b>Sunset:</b> 5:47PM Moon 1 - Phase 40 - 22 4th Phase <b>Sivaloka Day</b>

<b>Tuesday, January 31, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau		Porto, Portugal Sun 23 Sutra 289 Subhakarit 5124	
<b>2</b>	Vrishabha Rasi: 16.42 Creative Work Amrita Yoga Until 7:11PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:47PM – 2:02PM <b>Yama</b> 10:17AM – 11:32AM <b>Rahu</b> 3:18PM – 4:33PM	<b>Rohini Until 7:11PM</b> Indra Until 6:01AM Wed Vanija Until 7:31PM Dashami Until 6:27AM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:46AM <b>Sunset:</b> 5:48PM Moon 1 - Phase 40 - 23 4th Phase <b>Subha Sivaloka Day</b>

<b>Wednesday, February 1, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Porto, Portugal Sun 24 Sutra 290 Subhakarit 5124	
<b>3</b>	Vrishabha Rasi: 28.43 Creative Work Siddha Yoga	<b>Gulika</b> 11:32AM – 12:47PM <b>Yama</b> 9:01AM – 10:17AM <b>Rahu</b> 12:47PM – 2:02PM	<b>Mrigashira Until 9:56PM</b> Indra Until 6:01AM Bava Until 9:50PM Ekadashi Until 8:37AM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:46AM <b>Sunset:</b> 5:48PM Moon 1 - Phase 40 - 24 4th Phase <b>Subha Sivaloka Day</b>

<b>Thursday, February 2, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 25 Sutra 291 Subhakarit 5124	
<b>4</b>	Mithuna Rasi: 10.39 Routine Work Marana Yoga Until 12:40AM Fri Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:16AM – 11:32AM <b>Yama</b> 7:45AM – 9:01AM <b>Rahu</b> 2:03PM – 3:18PM	<b>Ardra Until 12:40AM Fri</b> Vaidhriti* Until 6:43AM Kaulava Until 12:18AM Fri Dvadashi Until 11:02AM <i>Pradosha Vrata</i>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 7:45AM <b>Sunset:</b> 5:50PM Moon 1 - Phase 40 - 25 4th Phase <b>Subha Sivaloka Day</b>

<b>Friday, February 3, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 26 Sutra 292 Subhakarit 5124	
<b>5</b>	Mithuna Rasi: 22.32 Creative Work Siddha Yoga	<b>Gulika</b> 9:00AM – 10:16AM <b>Yama</b> 3:19PM – 4:35PM <b>Rahu</b> 11:32AM – 12:47PM	<b>Punarvasu Until 3:47AM Sat</b> Vishkambha* Until 7:32AM Gara Until 2:49AM Sat Trayodashi Until 1:32PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:44AM <b>Sunset:</b> 5:51PM Moon 1 - Phase 40 - 26 4th Phase <b>Sivaloka Day</b>

<b>Saturday, February 4, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Porto, Portugal Sun 27 Sutra 293 Subhakarit 5124	
<b>6</b>	Kataka Rasi: 4.25 Creative Work Siddha Yoga	<b>Gulika</b> 7:43AM – 8:59AM <b>Yama</b> 2:04PM – 3:20PM <b>Rahu</b> 10:15AM – 11:31AM Thai Pusam	<b>Pushya Until 6:41AM Sun</b> Priti Until 8:22AM Visti Until 5:17AM Sun Chaturdashi* Until 4:02PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:43AM <b>Sunset:</b> 5:52PM Moon 1 - Phase 40 - 27 4th Phase <b>Sivaloka Day</b>

<b>Sunday, February 5, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Bava Karana Purnimayam Titau		Porto, Portugal Sutra 294 Subhakarit 5124	
<b>○</b>	<b>Copper Retreat Star</b> Kataka Rasi: 16.19 Creative Work Siddha Yoga	<b>Gulika</b> 3:20PM – 4:37PM <b>Yama</b> 12:48PM – 2:04PM <b>Rahu</b> 4:37PM – 5:53PM	<b>Pushya Until 6:41AM</b> Ayushman Until 9:08AM Bava Until 6:27PM Purnima* Until 6:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:42AM <b>Sunset:</b> 5:53PM Moon 1 - Phase 40 - Purnima <b>Sivaloka Day</b>

<b>Monday, February 6, 2023</b>		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Porto, Portugal Sutra 295 Subhakarit 5124	
<b>○</b>	<b>Silver Retreat Star</b> Kataka Rasi: 28.15 Family Home Evening Creative Work Siddha Yoga Until 9:19AM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:04PM – 3:21PM <b>Yama</b> 11:31AM – 12:48PM <b>Rahu</b> 8:58AM – 10:14AM	<b>Ashlesha* Until 9:19AM</b> Saubhagya Until 9:50AM Balava Until 7:39AM Prathama* Until 8:46PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 7:41AM <b>Sunset:</b> 5:55PM Moon 1 - Phase 40 - Prathama <b>Sivaloka Day</b>





**Tuesday, February 7, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Ahiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal  
Sun 1 Sutra 296

Simha Rasi: 10.14      Tithi 17  
952686577

**Gulika** 12:48PM – 2:05PM  
Yama 10:14AM – 11:31AM  
**Rahu** 3:22PM – 4:39PM

**Magha\* Until 12:10PM**  
Sobhana Until 10:27AM  
Taitila Until 9:54AM  
**Dvitiya Until 10:55PM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
**Magha\*Thai**

*Sunrise:* 7:40AM  
*Sunset:* 5:56PM

Moon 2 - Phase 41 - 1  
1st Phase

**Subha Sivaloka Day**

Creative Work      Siddha Yoga

**1**

**Wednesday, February 8, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Porto, Portugal  
Sun 2 Sutra 297

Simha Rasi: 22.17      Tithi 18  
952686577

**Gulika** 11:31AM – 12:48PM  
Yama 8:56AM – 10:13AM  
**Rahu** 12:48PM – 2:05PM

**Purvaphalguni Until 2:40PM**  
Athiganda\* Until 10:54AM  
Vanija Until 11:57AM  
**Tritiya Until 12:52AM Thu**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
**Magha\*Thai**

*Sunrise:* 7:39AM  
*Sunset:* 5:57PM

Moon 2 - Phase 41 - 2  
1st Phase

**Subha Sivaloka Day**

Creative Work      Amrita Yoga

**2**

**Thursday, February 9, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Porto, Portugal  
Sun 3 Sutra 298

Kanya Rasi: 4.25      Tithi 19  
952686577

**Gulika** 10:13AM – 11:30AM  
Yama 7:38AM – 8:55AM  
**Rahu** 2:06PM – 3:23PM

**Uttaraphalguni Until 4:45PM**  
Sukarma Until 11:11AM  
Bava Until 1:44PM  
**Chaturthi\* Until 2:29AM Fri**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Red  
**Magha\*Thai**

*Sunrise:* 7:38AM  
*Sunset:* 5:58PM

Moon 2 - Phase 41 - 3  
1st Phase

**Subha Sivaloka Day**

Until 4:45PM  
Then Routine Work - Marana Yoga

**Maha Sankatahara Chaturthi**

**3**

**Friday, February 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal  
Sun 4 Sutra 299

Kanya Rasi: 16.42      Tithi 20  
962686577

**Gulika** 8:54AM – 10:12AM  
Yama 3:24PM – 4:42PM  
**Rahu** 11:30AM – 12:48PM

**Hasta Until 6:48PM**  
Dhriti Until 11:13AM  
Kaulava Until 3:11PM  
**Panchami Until 3:42AM Sat**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
**Magha\*Thai**

*Sunrise:* 7:36AM  
*Sunset:* 6:00PM

Moon 2 - Phase 41 - 4  
1st Phase

**Sivaloka Day**

Creative Work      Amrita Yoga  
Until 6:48PM  
Then Creative Work - Siddha Yoga

**4**

**Saturday, February 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal  
Sun 5 Sutra 300

Kanya Rasi: 29.1      Tithi 21  
963686577

**Gulika** 7:35AM – 8:53AM  
Yama 2:06PM – 3:24PM  
**Rahu** 10:12AM – 11:30AM

**Chitra Until 8:13PM**  
Shula\* Until 10:52AM  
Gara Until 4:08PM  
**Shashthi\* Until 4:22AM Sun**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
**Magha\*Thai**

*Sunrise:* 7:35AM  
*Sunset:* 6:01PM

Moon 2 - Phase 41 - 5  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga  
Until 8:13PM  
Then Creative Work - Siddha Yoga

**5**

**Sunday, February 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Visti\*/Bava Karana Saplamyam Titau

Porto, Portugal  
Sun 6 Sutra 301

Tula Rasi: 11.52      Tithi 22  
963686577

**Gulika** 3:25PM – 4:43PM  
Yama 12:48PM – 2:07PM  
**Rahu** 4:43PM – 6:02PM

**Svati Until 8:52PM**  
Ganda\* Until 10:06AM  
Visti\* Until 4:29PM  
**Saptami Until 4:22AM Mon**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Green  
**Magha\*Thai**

*Sunrise:* 7:34AM  
*Sunset:* 6:02PM

Moon 2 - Phase 41 - 6  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga  
Until 8:52PM  
Then Routine Work - Marana Yoga

**Monday, February 13, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal  
Sun 7 Sutra 302

Tula Rasi: 24.54      Tithi 23  
973686577

**Gulika** 2:07PM – 3:26PM  
Yama 11:29AM – 12:48PM  
**Rahu** 8:52AM – 10:10AM

**Vishakha Until 9:08PM**  
Vridhhi Until 8:49AM  
Balava Until 4:07PM  
**Ashtami\* Until 3:39AM Tue**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
**Magha\*Masi**

*Sunrise:* 7:33AM  
*Sunset:* 6:03PM

Moon 2 - Phase 41 - 7  
Ashtami

**Sivaloka Day**

Routine Work      Marana Yoga  
Until 9:08PM  
Then Creative Work - Siddha Yoga

**Tuesday, February 14, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Porto, Portugal  
Sun 8 Sutra 303

Vrischika Rasi: 8.19      Tithi 24  
973686577

**Gulika** 12:48PM – 2:07PM  
Yama 10:10AM – 11:29AM  
**Rahu** 3:26PM – 4:45PM

**Anuradha Until 8:32PM**  
Dhruva Until 6:56AM  
Taitila Until 3:02PM  
**Navami\* Until 2:11AM Wed**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Orange  
Moon – Orange  
**Magha\*Masi**

*Sunrise:* 7:32AM  
*Sunset:* 6:04PM

Moon 2 - Phase 41 - 8  
Navami

**Sivaloka Day**


Creative Work      Siddha Yoga  
Until 8:32PM  
Then Routine Work - Marana Yoga

<b>1</b>	<b>Wednesday, February 15, 2023</b>	Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Porto, Portugal
		Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 9 Sutra 304
Vrischika Rasi: 22.1	Tithi 25	<b>Gulika</b> 11:29AM – 12:48PM	<b>Jyeshtha* Until 7:05PM</b>	Ganesha: Clear Sunrise: 7:30AM
		Yama 8:50AM – 10:09AM	Harshana Until 1:29AM Thu	Muruqa: Purple Sunset: 6:06PM
	973686577	<b>Rahu</b> 12:48PM – 2:07PM	Vanija Until 1:13PM	Nataraja: Orange
Creative Work Siddha Yoga			Dashami Until 12:02AM Thu	Moon – Orange
Until 7:05PM				Magha-Masi
Then Routine Work - Marana Yoga				<b>Sivaloka Day</b>

<b>2</b>	<b>Thursday, February 16, 2023</b>	Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Porto, Portugal
		Mula*Purvashadha* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 305
Dhanus Rasi: 6.27	Tithi 26	<b>Gulika</b> 10:08AM – 11:28AM	<b>Mula* Until 5:18PM</b>	Ganesha: White Sunrise: 7:29AM
		Yama 7:29AM – 8:49AM	Vajra* Until 9:59PM	Muruqa: Purple Sunset: 6:07PM
	983686577	<b>Rahu</b> 2:08PM – 3:27PM	Bava Until 10:44AM	Nataraja: Orange
Creative Work Siddha Yoga			Ekadashi* Until 9:16PM	Moon – Light Blue
				Magha-Masi
				<b>Devaloka Day</b>

<b>3</b>	<b>Friday, February 17, 2023</b>	Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Porto, Portugal
		Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 306
Dhanus Rasi: 21.08	Tithi 27	<b>Gulika</b> 8:48AM – 10:08AM	<b>Purvashadha* Until 2:53PM</b>	Ganesha: White Sunrise: 7:28AM
		Yama 3:28PM – 4:48PM	Siddhi Until 6:08PM	Muruqa: Purple Sunset: 6:08PM
	983686577	<b>Rahu</b> 11:28AM – 12:48PM	Kaulava Until 7:43AM	Nataraja: Orange
Routine Work Prabalarishta Yoga			Dvadashi* Until 6:02PM	Moon – Light Blue
Until 2:53PM				Magha-Masi
Then Routine Work - Marana Yoga				<b>Devaloka Day</b>

<b>4</b>	<b>Saturday, February 18, 2023</b>	Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Porto, Portugal
		Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 307
Makara Rasi: 6.08	Tithi 28 – 29	<b>Gulika</b> 7:26AM – 8:47AM	<b>Uttarashadha Until 11:59AM</b>	Ganesha: White Sunrise: 7:26AM
		Yama 2:08PM – 3:29PM	Vyatipata* Until 2:01PM	Muruqa: Purple Sunset: 6:09PM
	983686577	<b>Rahu</b> 10:07AM – 11:27AM	Visti Until 12:40AM Sun	Nataraja: Orange
Routine Work Marana Yoga			Trayodashi* Until 2:29PM	Moon – Light Blue
Until 11:59AM				Magha-Masi
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	<b>Devaloka Day</b>

	<b>Sunday, February 19, 2023</b>	Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Porto, Portugal
	<b>Retreat Star</b>	Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau		Sun 13 Sutra 308
Makara Rasi: 21.18	Tithi 29 – 30	<b>Gulika</b> 3:29PM – 4:50PM	<b>Shravana Until 9:11AM</b>	Ganesha: Green Sunrise: 7:25AM
		Yama 12:48PM – 2:08PM	Variyan Until 9:45AM	Muruqa: Purple Sunset: 6:11PM
	993686577	<b>Rahu</b> 4:50PM – 6:11PM	Catuspada Until 8:57PM	Nataraja: Orange
Creative Work Amrita Yoga			Chaturdashy* Until 10:47AM	Moon – Purple
Until 9:11AM				Magha-Masi
Then Routine Work - Marana Yoga				<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Monday, February 20, 2023</b>	Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Porto, Portugal
		Dhanishtha/Shalabhshak Nakshatra Shiva Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 309
Kumbha Rasi: 6.29	Tithi 30 – 1	<b>Gulika</b> 2:09PM – 3:30PM	<b>Dhanishtha Until 6:16AM</b>	Ganesha: Green Sunrise: 7:24AM
<b>Family Home Evening</b>		Yama 11:27AM – 12:48PM	Shiva Until 1:27AM Tue	Muruqa: Purple Sunset: 6:12PM
	993686577	<b>Rahu</b> 8:45AM – 10:06AM	Bava Until 3:38AM Tue	Nataraja: Orange
Creative Work Siddha Yoga			Amavasya* Until 7:07AM	Moon – Purple
				Phalgun-Masi
				<b>Devaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

..All times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1</b>	<b>Tuesday, February 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	Kumbha Rasi: 21.32    Tithi 2		Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15    Sutra 310
	913686577	<b>Rahu</b>	<b>Gulika</b> 12:48PM – 2:09PM Yama 10:05AM – 11:26AM <b>Rahu</b> 3:30PM – 4:52PM	<b>Purvaproshtapada* Until 1:10AM Wed</b> Siddha Until 9:38PM Balava Until 2:02PM <b>Dvitiya Until 12:31AM Wed</b>	<b>Ganesha: Red</b> <b>Muruga: Purple</b> <b>Nataraja: Orange</b> Moon – Clear	<b>Sunrise: 7:22AM</b> <b>Sunset: 6:13PM</b>	Moon 2 - Phase 43 - 15 3rd Phase <b>Sivaloka Day</b>
Routine Work    Marana Yoga Until 1:10AM Wed Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
	Meena Rasi: 6.16    Tithi 3		Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Sun 16    Sutra 311
	913686577	<b>Rahu</b>	<b>Gulika</b> 11:26AM – 12:47PM Yama 8:42AM – 10:04AM <b>Rahu</b> 12:47PM – 2:09PM	<b>Uttaraproshtapada Until 11:21PM</b> Sadhya Until 6:16PM Taitila Until 11:11AM <b>Tritiya Until 9:57PM</b>	<b>Ganesha: Red</b> <b>Muruga: Purple</b> <b>Nataraja: Orange</b> Moon – Clear	<b>Sunrise: 7:21AM</b> <b>Sunset: 6:14PM</b>	Moon 2 - Phase 43 - 16 3rd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 11:21PM Then Routine Work - Marana Yoga							

<b>3</b>	<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	Meena Rasi: 20.35    Tithi 4		Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17    Sutra 312
	913786577	<b>Rahu</b>	<b>Gulika</b> 10:03AM – 11:25AM Yama 7:19AM – 8:41AM <b>Rahu</b> 2:09PM – 3:31PM	<b>Revati Until 10:05PM</b> Subha Until 3:27PM Vanija Until 8:57AM <b>Chaturthi* Until 8:05PM</b>	<b>Ganesha: Blue</b> <b>Muruga: Purple</b> <b>Nataraja: Orange</b> Moon – Clear	<b>Sunrise: 7:19AM</b> <b>Sunset: 6:15PM</b>	Moon 2 - Phase 43 - 17 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga Until 10:05PM Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Siva Vision Day</b>					

<b>4</b>	<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				Porto, Portugal
	Mesha Rasi: 4.25    Tithi 5		Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Sun 18    Sutra 313
	923786577	<b>Rahu</b>	<b>Gulika</b> 8:40AM – 10:03AM Yama 3:32PM – 4:54PM <b>Rahu</b> 11:25AM – 12:47PM	<b>Ashvini Until 9:55PM</b> Sukla Until 1:15PM Bava Until 7:28AM <b>Panchami Until 7:02PM</b>	<b>Ganesha: Yellow</b> <b>Muruga: Purple</b> <b>Nataraja: Orange</b> Moon – White	<b>Sunrise: 7:18AM</b> <b>Sunset: 6:17PM</b>	Moon 2 - Phase 43 - 18 3rd Phase <b>Sivaloka Day</b>
Creative Work    Amrita Yoga Until 9:55PM Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam				Porto, Portugal
	Mesha Rasi: 17.46    Tithi 6		Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19    Sutra 314
	923786577	<b>Rahu</b>	<b>Gulika</b> 7:16AM – 8:39AM Yama 2:10PM – 3:32PM <b>Rahu</b> 10:02AM – 11:24AM	<b>Bharani Until 10:27PM</b> Brahma Until 11:44AM Kaulava Until 6:51AM <b>Shashthi* Until 6:50PM</b>	<b>Ganesha: Yellow</b> <b>Muruga: Purple</b> <b>Nataraja: Orange</b> Moon – White	<b>Sunrise: 7:16AM</b> <b>Sunset: 6:18PM</b>	Moon 2 - Phase 43 - 19 3rd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 10:27PM Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
	Vrishabha Rasi: 0.4    Tithi 7		Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20    Sutra 315
	924786577	<b>Rahu</b>	<b>Gulika</b> 3:33PM – 4:56PM Yama 12:47PM – 2:10PM <b>Rahu</b> 4:56PM – 6:19PM	<b>Krittika Until 11:39PM</b> Indra Until 10:55AM Gara Until 7:05AM <b>Saptami Until 7:30PM</b>	<b>Ganesha: Blue</b> <b>Muruga: Purple</b> <b>Nataraja: Orange</b> Moon – White	<b>Sunrise: 7:15AM</b> <b>Sunset: 6:19PM</b>	Moon 2 - Phase 43 - 20 3rd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga							

<b>D</b>	<b>Monday, February 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Porto, Portugal
	<b>Retreat Star</b>		Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21    Sutra 316
	934786577	<b>Rahu</b>	<b>Gulika</b> 2:10PM – 3:33PM Yama 11:23AM – 12:47PM <b>Rahu</b> 8:37AM – 10:00AM	<b>Rohini Until 1:51AM Tue</b> Vaidhriti* Until 10:41AM Visti Until 8:09AM <b>Ashtami* Until 8:55PM</b>	<b>Ganesha: Yellow</b> <b>Muruga: Purple</b> <b>Nataraja: Orange</b> Moon – Yellow	<b>Sunrise: 7:13AM</b> <b>Sunset: 6:20PM</b>	Moon 2 - Phase 43 - 21 Ashtami <b>Sivaloka Day</b>
Vrishabha Rasi: 13.11    Tithi 8 <b>Family Home Evening</b> Creative Work    Amrita Yoga Until 1:51AM Tue Then Creative Work - Siddha Yoga							

<b>D</b>	<b>Tuesday, February 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
	<b>Retreat Star</b>		Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22    Sutra 317
	934786577	<b>Rahu</b>	<b>Gulika</b> 12:47PM – 2:10PM Yama 9:59AM – 11:23AM <b>Rahu</b> 3:34PM – 4:58PM	<b>Mrigashira Until 4:24AM Wed</b> Vishkambha* Until 10:57AM Balava Until 9:52AM <b>Navami* Until 10:54PM</b>	<b>Ganesha: Yellow</b> <b>Muruga: Purple</b> <b>Nataraja: Orange</b> Moon – Yellow	<b>Sunrise: 7:12AM</b> <b>Sunset: 6:21PM</b>	Moon 2 - Phase 43 - 22 Navami <b>Sivaloka Day</b>
Creative Work    Siddha Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Wednesday, March 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Porto, Portugal Sun 23 Sutra 318 Subhakrit 5124	
Mithuna Rasi: 7.27	Tithi 10	<b>Gulika</b> 11:22AM – 12:46PM	<b>Ardra Until 7:06AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:09AM		
		Yama 8:33AM – 9:58AM	Priti Until 11:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 44 - 23	
		934786577 <b>Rahu</b> 12:46PM – 2:11PM	Taitila Until 12:04PM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 1:15AM Thu</b>	Moon – Yellow			<b>Sivaloka Day</b>
Until 7:06AM Thu				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
<b>2</b>		<b>Thursday, March 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Porto, Portugal Sun 24 Sutra 319 Subhakrit 5124	
Mithuna Rasi: 19.22	Tithi 11	<b>Gulika</b> 9:57AM – 11:21AM	<b>Ardra Until 7:06AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:07AM		
		Yama 7:07AM – 8:32AM	Ayushman Until 12:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 44 - 24	
		934786577 <b>Rahu</b> 2:11PM – 3:35PM	Vanija Until 2:31PM	<b>Nataraja:</b> Orange		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi Until 3:45AM Fri</b>	Moon – Yellow			<b>Sivaloka Day</b>
Until 7:06AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Friday, March 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Porto, Portugal Sun 25 Sutra 320 Subhakrit 5124	
Kataka Rasi: 1.14	Tithi 12	<b>Gulika</b> 8:31AM – 9:56AM	<b>Punarvasu Until 10:14AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:06AM		
		Yama 3:36PM – 5:01PM	Saubhagya Until 1:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 44 - 25	
		944786577 <b>Rahu</b> 11:21AM – 12:46PM	Bava Until 5:02PM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 6:15AM Sat</b>	Moon – Blue			<b>Devaloka Day</b>
Until 10:14AM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Saturday, March 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Porto, Portugal Sun 26 Sutra 321 Subhakrit 5124	
Kataka Rasi: 13.06	Tithi 12 – 13	<b>Gulika</b> 7:04AM – 8:30AM	<b>Pushya Until 1:10PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:04AM		
		Yama 2:11PM – 3:36PM	Sobhana Until 2:05PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 44 - 26	
		944786577 <b>Rahu</b> 9:55AM – 11:20AM	Kaulava Until 7:28PM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 6:15AM</b>	Moon – Blue			<b>Devaloka Day</b>
Until 1:10PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			
<b>5</b>		<b>Sunday, March 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Porto, Portugal Sun 27 Sutra 322 Subhakrit 5124	
Kataka Rasi: 25.01	Tithi 13 – 14	<b>Gulika</b> 3:37PM – 5:03PM	<b>Ashlesha* Until 3:47PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:03AM		
		Yama 12:45PM – 2:11PM	Athiganda* Until 2:47PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 44 - 27	
		144786577 <b>Rahu</b> 5:03PM – 6:28PM	Gara Until 9:44PM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 8:37AM</b>	Moon – Blue			<b>Devaloka Day</b>
Until 3:47PM		<b>Chidambaram Abhishekam</b>		Phalguna-Masi			
Then Routine Work - Marana Yoga							
<b>○</b>		<b>Monday, March 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Porto, Portugal Sutra 323 Subhakrit 5124	
Simha Rasi: 7.01	Tithi 14 – 15	<b>Gulika</b> 2:11PM – 3:37PM	<b>Magha* Until 6:31PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:01AM		
<b>Family Home Evening</b>		Yama 11:19AM – 12:45PM	Sukarma Until 3:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 44 -	
Routine Work	Marana Yoga	154786577 <b>Rahu</b> 8:27AM – 9:53AM	Visti Until 11:45PM	<b>Nataraja:</b> Orange		Purnima	
Until 6:31PM			<b>Chaturdashi* Until 10:45AM</b>	Moon – Red			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Holi</b>		Phalguna-Masi			
<b>○</b>		<b>Tuesday, March 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Porto, Portugal Sutra 324 Subhakrit 5124	
Simha Rasi: 19.08	Tithi 15 – 16	<b>Gulika</b> 12:45PM – 2:11PM	<b>Purvaphalguni Until 8:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:59AM		
		Yama 9:52AM – 11:19AM	Dhriti Until 3:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 44 -	
		154786577 <b>Rahu</b> 3:38PM – 5:04PM	Balava Until 1:28AM Wed	<b>Nataraja:</b> Orange		Prathama	
Creative Work	Siddha Yoga		<b>Purnima* Until 12:38PM</b>	Moon – Red			<b>Sivaloka Day</b>
Until 8:48PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Porto, Portugal

Sutra 325

Subhakrit 5124

Kanya Rasi: 1.21 Tithi 16 – 17

154786577

Gulika

11:18AM – 12:45PM

Yama

8:25AM – 9:51AM

Rahu

12:45PM – 2:11PM

Uttaraphalguni Until 10:37PM

Shula\* Until 3:44PM

Taitila Until 2:52AM Thu

Prathama\* Until 2:11PM

Ganesha: Clear

Sunrise: 6:58AM

Muruqa: Purple

Sunset: 6:32PM

Nataraja: Orange

Moon – Red

Phalguna-Masi

Sivaloka Day

Creative Work Amrita Yoga

Until 10:37PM

Then Routine Work - Marana Yoga

1 Thursday, March 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Porto, Portugal

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 13.43 Tithi 17 – 18

164786577

Gulika

9:50AM – 11:17AM

Yama

6:56AM – 8:23AM

Rahu

2:12PM – 3:39PM

Hasta Until 12:25AM Fri

Ganda\* Until 3:34PM

Vanija Until 3:53AM Fri

Dvitiya Until 3:24PM

Ganesha: White

Sunrise: 6:56AM

Muruqa: Purple

Sunset: 6:33PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 12:25AM Fri

Then Creative Work - Siddha Yoga

2 Friday, March 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Porto, Portugal

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 26.15 Tithi 18 – 19

165786577

Gulika

8:22AM – 9:49AM

Yama

3:39PM – 5:06PM

Rahu

11:17AM – 12:44PM

Chitra Until 1:40AM Sat

Vridhhi Until 3:07PM

Bava Until 4:30AM Sat

Tritiya Until 4:13PM

Ganesha: Yellow

Sunrise: 6:55AM

Muruqa: Purple

Sunset: 6:34PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3 Saturday, March 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Porto, Portugal

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 8.58 Tithi 19 – 20

165786577

Gulika

6:53AM – 8:21AM

Yama

2:12PM – 3:39PM

Rahu

9:48AM – 11:16AM

Svati Until 2:21AM Sun

Dhruva Until 2:19PM

Kaulava Until 4:41AM Sun

Chaturthi\* Until 4:38PM

Ganesha: Yellow

Sunrise: 6:53AM

Muruqa: Purple

Sunset: 6:35PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 2:21AM Sun

Then Routine Work - Marana Yoga

4 Sunday, March 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Taitila\*/Gara Karana Panchami/Shashthyam Titau

Porto, Portugal

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 21.53 Tithi 20 – 21

175786577

Gulika

3:40PM – 5:08PM

Yama

12:44PM – 2:12PM

Rahu

5:08PM – 6:36PM

Vishakha Until 2:52AM Mon

Vyaghata\* Until 1:11PM

Gara Until 4:23AM Mon

Panchami Until 4:34PM

Ganesha: Blue

Sunrise: 6:51AM

Muruqa: Purple

Sunset: 6:36PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Routine Work Marana Yoga

Until 2:52AM Mon

Then Creative Work - Siddha Yoga

5 Monday, March 13, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Porto, Portugal

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 5.03 Tithi 21 – 22

175786577

Gulika

2:12PM – 3:40PM

Yama

11:15AM – 12:43PM

Rahu

8:18AM – 9:47AM

Anuradha Until 2:44AM Tue

Harshana Until 11:40AM

Visti Until 3:33AM Tue

Shashthi\* Until 4:01PM

Ganesha: Blue

Sunrise: 6:50AM

Muruqa: Purple

Sunset: 6:37PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:44AM Tue

Then Routine Work - Marana Yoga

Retreat Star Tuesday, March 14, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Porto, Portugal

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 18.3 Tithi 22 – 23

175786577

Gulika

12:43PM – 2:12PM

Yama

9:46AM – 11:14AM

Rahu

3:41PM – 5:09PM

Jyeshtha\* Until 1:56AM Wed

Vajra\* Until 9:43AM

Balava Until 2:12AM Wed

Saptami Until 2:56PM

Ganesha: Blue

Sunrise: 6:48AM

Muruqa: Purple

Sunset: 6:38PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Subha Sivaloka Day

Routine Work Marana Yoga

Retreat Star Wednesday, March 15, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Porto, Portugal

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 2.15 Tithi 23 – 24

185786578

Gulika

11:14AM – 12:43PM

Yama

8:15AM – 9:45AM

Rahu

12:43PM – 2:12PM

Mula\* Until 12:55AM Thu

Siddhi Until 7:22AM

Taitila Until 12:20AM Thu

Ashtami\* Until 1:19PM

Ganesha: Red

Sunrise: 6:46AM

Muruqa: Purple

Sunset: 6:39PM

Nataraja: Clear

Moon – Light Blue

Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 12:55AM Thu

Then Creative Work - Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

..ll times are standard time. Calculated for Porto, Portugal on 5/1/2

www.gurudeva.org/panchang


<b>1</b>	<b>Thursday, March 16, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Porto, Portugal
			Purvashadha* Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 333
Dhanus Rasi: 16.2	Tithi 24 – 25		<b>Gulika</b> 9:44AM – 11:13AM	<b>Purvashadha* Until 11:17PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:45AM	Subhakrit 5124
			Yama 6:45AM – 8:14AM	Variyan Until 1:28AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 46 - 8
		185786578	<b>Rahu</b> 2:12PM – 3:42PM	Vanija Until 10:00PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Navami* Until 11:12AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Until 11:17PM					Phalguna•Panguni		
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Friday, March 17, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Porto, Portugal
			Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 334
Makara Rasi: 0.42	Tithi 25 – 26		<b>Gulika</b> 8:13AM – 9:43AM	<b>Uttarashadha Until 9:08PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:43AM	Subhakrit 5124
			Yama 3:42PM – 5:12PM	Parigha* Until 10:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 46 - 9
		185786578	<b>Rahu</b> 11:12AM – 12:42PM	Bava Until 7:16PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga			<b>Dashami Until 8:39AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
					Phalguna•Panguni		

<b>3</b>	<b>Saturday, March 18, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam				Porto, Portugal
			Shravana Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 335
Makara Rasi: 15.2	Tithi 27		<b>Gulika</b> 6:41AM – 8:12AM	<b>Shravana Until 6:59PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:41AM	Subhakrit 5124
			Yama 2:12PM – 3:42PM	Shiva Until 6:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 46 - 10
		195786578	<b>Rahu</b> 9:42AM – 11:12AM	Kaulava Until 4:15PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashi* Until 2:39AM Sun</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
					Phalguna•Panguni		

<b>4</b>	<b>Sunday, March 19, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
			Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 336
Kumbha Rasi: 0.07	Tithi 28		<b>Gulika</b> 3:43PM – 5:13PM	<b>Dhanishtha Until 4:34PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:40AM	Subhakrit 5124
			Yama 12:42PM – 2:12PM	Siddha Until 2:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 46 - 11
		196896578	<b>Rahu</b> 5:13PM – 6:44PM	Gara Until 1:04PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga			<b>Trayodashi* Until 11:27PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 4:34PM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Monday, March 20, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam				Porto, Portugal
			Shatabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 337
Kumbha Rasi: 14.58	Tithi 29		<b>Gulika</b> 2:12PM – 3:43PM	<b>Shatabhishak Until 2:01PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:38AM	Subhakrit 5124
<b>Family Home Evening</b>			Yama 11:11AM – 12:41PM	Sadhya Until 10:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 46 - 12
		196896578	<b>Rahu</b> 8:09AM – 9:40AM	Visti Until 9:53AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 2:01PM					Phalguna•Panguni		
Then Routine Work - Marana Yoga							

	<b>Tuesday, March 21, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Porto, Portugal
			Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 338
<b>Retreat Star</b>			<b>Gulika</b> 12:41PM – 2:12PM	<b>Purvaproshtapada* Until 11:55AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:36AM	Subhakrit 5124
Kumbha Rasi: 29.43	Tithi 30 – 1		Yama 9:39AM – 11:10AM	Subha Until 7:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 46 - 13
		116896578	<b>Rahu</b> 3:44PM – 5:15PM	Catuspada Until 6:50AM	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga			<b>Amavasya* Until 5:24PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 11:55AM					Phalguna•Panguni		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>	<b>Wednesday, March 22, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam				Porto, Portugal
			Uttaraproshtapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 339
Meena Rasi: 14.15	Tithi 1 – 2		<b>Gulika</b> 11:09AM – 12:41PM	<b>Uttaraproshtapada Until 10:01AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:35AM	Subhakrit 5124
			Yama 8:06AM – 9:38AM	Brahma Until 12:43AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 46 - 14
		116896578	<b>Rahu</b> 12:41PM – 2:12PM	Balava Until 1:48AM Thu	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga			<b>Prathama* Until 2:52PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 10:01AM			<b>Yugadhi</b>		Chaitra•Panguni		
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

..All times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Porto, Portugal Sun 15 Sutra 340	
Meena Rasi: 28.28	Tithi 2 – 3	<b>Gulika</b> 9:37AM – 11:09AM	<b>Revati Until 8:28AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:33AM	Subhakrit 5124	
		Yama 6:33AM – 8:05AM	Indra Until 10:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 47 - 15	
		116896578 <b>Rahu</b> 2:12PM – 3:44PM	Taitila Until 12:06AM Fri	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Siddha Yoga			<b>Dvitiya Until 12:51PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 8:28AM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Porto, Portugal Sun 16 Sutra 341	
Mesha Rasi: 12.17	Tithi 3 – 4	<b>Gulika</b> 8:04AM – 9:36AM	<b>Ashvini Until 7:50AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	Subhakrit 5124	
		Yama 3:45PM – 5:17PM	Vaidhriti* Until 8:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 47 - 16	
		126896578 <b>Rahu</b> 11:08AM – 12:40PM	Vanija Until 11:07PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Amrita Yoga			<b>Tritiya Until 11:30AM</b>	Moon – White		<b>Devaloka Day</b>	
Until 7:50AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Porto, Portugal Sun 17 Sutra 342	
Mesha Rasi: 25.4	Tithi 4 – 5	<b>Gulika</b> 6:30AM – 8:02AM	<b>Bharani Until 7:48AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM	Subhakrit 5124	
		Yama 2:12PM – 3:45PM	Vishkamba* Until 6:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 47 - 17	
		126896578 <b>Rahu</b> 9:35AM – 11:07AM	Bava Until 10:55PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Siddha Yoga			<b>Chaturthi* Until 10:54AM</b>	Moon – White		<b>Devaloka Day</b>	
Until 7:48AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau		Porto, Portugal Sun 18 Sutra 343	
Vrishabha Rasi: 8.39	Tithi 5 – 6	<b>Gulika</b> 3:45PM – 5:18PM	<b>Krittika Until 8:22AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	Subhakrit 5124	
		Yama 12:40PM – 2:13PM	Priti Until 6:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47 - 18	
		126896578 <b>Rahu</b> 5:18PM – 6:51PM	Kaulava Until 11:30PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Siddha Yoga			<b>Panchami Until 11:05AM</b>	Moon – White		<b>Devaloka Day</b>	
				Chaitra•Panguni			

<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashti/Saptamyam Titau		Porto, Portugal Sun 19 Sutra 344	
Vrishabha Rasi: 21.16	Tithi 6 – 7	<b>Gulika</b> 2:13PM – 3:46PM	<b>Rohini Until 9:59AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 11:06AM – 12:39PM	Ayushman Until 5:50PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 47 - 19	
		137896578 <b>Rahu</b> 8:00AM – 9:33AM	Gara Until 12:47AM Tue	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work Amrita Yoga			<b>Shashti* Until 12:02PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Chaitra•Panguni			

<b>Retreat Star</b>		<b>Tuesday, March 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Porto, Portugal Sun 20 Sutra 345	
Mithuna Rasi: 3.34	Tithi 7 – 8	<b>Gulika</b> 12:39PM – 2:13PM	<b>Mrigashira Until 12:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	Subhakrit 5124	
		Yama 9:32AM – 11:05AM	Saubhagya Until 6:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 47 - 20	
		137896578 <b>Rahu</b> 3:46PM – 5:20PM	Visti Until 2:39AM Wed	<b>Nataraja:</b> Clear		Ashtami	
Creative Work Siddha Yoga			<b>Saptami Until 1:38PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 12:05PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Porto, Portugal Sun 21 Sutra 346	
Mithuna Rasi: 15.4	Tithi 8 – 9	<b>Gulika</b> 11:05AM – 12:39PM	<b>Ardra Until 2:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	Subhakrit 5124	
		Yama 7:57AM – 9:31AM	Sobhana Until 6:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 47 - 21	
		137896578 <b>Rahu</b> 12:39PM – 2:13PM	Balava Until 4:53AM Thu	<b>Nataraja:</b> Clear		Navami	
Creative Work Siddha Yoga			<b>Ashtami* Until 3:42PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
		Sri Rama Navami		Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

..All times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1</b>		<b>Thursday, March 30, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Kaulava Karana Navanyam Titau		Porto, Portugal Sun 22 Sutra 347 Subhakit 5124	
Mithuna Rasi: 27.37	Tithi 9	<b>Gulika</b> 9:30AM – 11:04AM	<b>Punarvasu</b> Until 5:30PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:21AM		
		Yama 6:21AM – 7:56AM	Athiganda* Until 7:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 48 - 22	
147896578	<b>Rahu</b> 2:13PM – 3:47PM		Kaulava Until 6:03PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Navami*</b> Until 6:03PM	Moon – Blue		<b>Bhuloka Day</b>	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Friday, March 31, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau		Porto, Portugal Sun 23 Sutra 348 Subhakit 5124	
Kataka Rasi: 9.31	Tithi 10	<b>Gulika</b> 7:54AM – 9:29AM	<b>Pushya</b> Until 8:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM		
		Yama 3:47PM – 5:22PM	Sukarma Until 8:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 48 - 23	
147896578	<b>Rahu</b> 11:03AM – 12:38PM		Taitila Until 7:17AM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 8:29PM	Moon – Blue		<b>Bhuloka Day</b>	
				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Saturday, April 1, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau		Porto, Portugal Sun 24 Sutra 349 Subhakit 5124	
Kataka Rasi: 21.24	Tithi 11	<b>Gulika</b> 6:20AM – 7:54AM	<b>Ashlesha*</b> Until 11:05PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM		
		Yama 2:13PM – 3:47PM	Dhriti Until 9:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 48 - 24	
147896578	<b>Rahu</b> 9:29AM – 11:03AM		Vanija Until 9:41AM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 10:48PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:05PM		<b>Yogaswami Mahasamadhi</b>		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, April 2, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvodashyam Titau		Porto, Portugal Sun 25 Sutra 350 Subhakit 5124	
Simha Rasi: 3.22	Tithi 12	<b>Gulika</b> 3:48PM – 5:23PM	<b>Magha*</b> Until 1:50AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:18AM		
		Yama 12:38PM – 2:13PM	Shula* Until 9:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 48 - 25	
158896578	<b>Rahu</b> 5:23PM – 6:58PM		Bava Until 11:54AM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 12:52AM Mon	Moon – Red		<b>Devaloka Day</b>	
Until 1:50AM Mon				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Monday, April 3, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Porto, Portugal Sun 26 Sutra 351 Subhakit 5124	
Simha Rasi: 15.25	Tithi 13	<b>Gulika</b> 2:13PM – 3:48PM	<b>Purvaphalguni</b> Until 4:04AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:16AM		
<b>Family Home Evening</b>		Yama 11:02AM – 12:37PM	Ganda* Until 10:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 48 - 26	
158896578	<b>Rahu</b> 7:52AM – 9:27AM		Kaulava Until 1:48PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 2:34AM Tue	Moon – Red		<b>Devaloka Day</b>	
Until 4:04AM Tue				Chaitra•Panguni			
Then Creative Work - Amrita Yoga						<i>Pradosha Vrata</i>	

<b>6</b>		<b>Tuesday, April 4, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Porto, Portugal Sun 27 Sutra 352 Subhakit 5124	
Simha Rasi: 27.39	Tithi 14	<b>Gulika</b> 12:37PM – 2:13PM	<b>Uttaraphalguni</b> Until 5:42AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:15AM		
		Yama 9:26AM – 11:02AM	Vriddhi Until 10:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 48 - 27	
158896578	<b>Rahu</b> 3:49PM – 5:24PM		Gara Until 3:17PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 3:50AM Wed	Moon – Red		<b>Devaloka Day</b>	
Until 5:42AM Wed				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

<b>○</b>		<b>Wednesday, April 5, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Porto, Portugal Sutra 353 Subhakit 5124	
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:01AM – 12:37PM	<b>Hasta</b> Until 7:11AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:13AM		
Kanya Rasi: 10.04	Tithi 15	Yama 7:49AM – 9:25AM	Dhruva Until 9:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 48 -	
168896578	<b>Rahu</b> 12:37PM – 2:13PM		Visti Until 4:17PM	<b>Nataraja:</b> Clear		Purnima	
Routine Work	Marana Yoga		<b>Purnima*</b> Until 4:36AM Thu	Moon – Green		<b>Bhuloka Day</b>	
Until 7:11AM Thu		<b>Panguni Uttiram</b>		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>					

<b>○</b>		<b>Thursday, April 6, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Porto, Portugal Sutra 354 Subhakit 5124	
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:24AM – 11:00AM	<b>Hasta</b> Until 7:11AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:11AM		
Kanya Rasi: 22.41	Tithi 16	Yama 6:11AM – 7:48AM	Vyaghata* Until 9:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 48 -	
168896578	<b>Rahu</b> 2:13PM – 3:49PM		Balava Until 4:49PM	<b>Nataraja:</b> Clear		Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 4:52AM Fri	Moon – Green		<b>Bhuloka Day</b>	
Until 7:11AM				Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Porto, Portugal  
Sutra 355

Tula Rasi: 5.33      Tithi 17

**Gulika** 7:46AM – 9:23AM  
Yama 3:50PM – 5:26PM  
168896578 **Rahu** 11:00AM – 12:36PM

**Chitra** Until 8:03AM  
Harshana Until 7:54PM  
Taitila Until 4:51PM  
**Dvitiya** Until 4:41AM Sat

**Ganesha:** Blue      *Sunrise:* 6:10AM  
**Muruqa:** Clear      *Sunset:* 7:03PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**1**

**Saturday, April 8, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Porto, Portugal  
Sun 1      Sutra 356

Tula Rasi: 18.38      Tithi 18

**Gulika** 6:08AM – 7:45AM  
Yama 2:13PM – 3:50PM  
168896578 **Rahu** 9:22AM – 10:59AM

**Svati** Until 8:18AM  
Vajra\* Until 6:26PM  
Vanija Until 4:27PM  
**Tritiya** Until 4:05AM Sun

**Ganesha:** Blue      *Sunrise:* 6:08AM  
**Muruqa:** Clear      *Sunset:* 7:04PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work      Siddha Yoga

**2**

**Sunday, April 9, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau

Porto, Portugal  
Sun 2      Sutra 357

Vrischika Rasi: 1.56      Tithi 19

**Gulika** 3:50PM – 5:28PM  
Yama 12:36PM – 2:13PM  
179896578 **Rahu** 5:28PM – 7:05PM

**Vishakha** Until 8:28AM  
Siddhi Until 4:40PM  
Bava Until 3:40PM  
**Chaturthi\*** Until 3:06AM Mon

**Ganesha:** Red      *Sunrise:* 6:06AM  
**Muruqa:** Clear      *Sunset:* 7:05PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 2  
1st Phase

**Devaloka Day**

Routine Work      Marana Yoga

**3**

**Monday, April 10, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Varyayan Yoga Kaulava/Taitila Karana Panchamyam Titau

Porto, Portugal  
Sun 3      Sutra 358

Vrischika Rasi: 15.28      Tithi 20

**Family Home Evening**

**Gulika** 2:13PM – 3:51PM  
Yama 10:58AM – 12:35PM  
179896578 **Rahu** 7:42AM – 9:20AM

**Anuradha** Until 8:07AM  
Vyatipata\* Until 2:38PM  
Kaulava Until 2:30PM  
**Panchami** Until 1:47AM Tue

**Ganesha:** Red      *Sunrise:* 6:05AM  
**Muruqa:** Clear      *Sunset:* 7:06PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 3  
1st Phase

**Devaloka Day**

Creative Work      Siddha Yoga

**4**

**Tuesday, April 11, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyayan/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Porto, Portugal  
Sun 4      Sutra 359

Vrischika Rasi: 29.1      Tithi 21

Until 7:17AM

Then Creative Work - Amrita Yoga

**Gulika** 12:35PM – 2:13PM  
Yama 9:19AM – 10:57AM  
179896578 **Rahu** 3:51PM – 5:29PM

**Jyeshtha\*** Until 7:17AM  
Varyayan Until 12:19PM  
Gara Until 1:02PM  
**Shashthi\*** Until 12:10AM Wed

**Ganesha:** Red      *Sunrise:* 6:03AM  
**Muruqa:** Clear      *Sunset:* 7:07PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 4  
1st Phase

**Devaloka Day**

**5**

**Wednesday, April 12, 2023**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Porto, Portugal  
Sun 5      Sutra 360

Dhanus Rasi: 13.03      Tithi 22

Until 6:28AM

Then Creative Work - Amrita Yoga

**Gulika** 10:57AM – 12:35PM  
Yama 7:40AM – 9:18AM  
189896578 **Rahu** 12:35PM – 2:13PM

**Mula\*** Until 6:28AM  
Parigha\* Until 9:47AM  
Visti Until 11:16AM  
**Saptami** Until 10:16PM

**Ganesha:** Green      *Sunrise:* 6:02AM  
**Muruqa:** Clear      *Sunset:* 7:08PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Thursday, April 13, 2023**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Porto, Portugal  
Sun 6      Sutra 361

Dhanus Rasi: 27.06      Tithi 23

Routine Work      Marana Yoga

**Gulika** 9:17AM – 10:56AM  
Yama 6:00AM – 7:39AM  
189996578 **Rahu** 2:13PM – 3:52PM

**Uttarashadha** Until 3:39AM Fri  
Shiva Until 7:04AM  
Balava Until 9:15AM  
**Ashtami\*** Until 8:09PM

**Ganesha:** White      *Sunrise:* 6:00AM  
**Muruqa:** Clear      *Sunset:* 7:09PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Panguni

Subhakrit 5124  
Moon 4 - Phase 49 - 6  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Friday, April 14, 2023**

**Retreat Star**

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sadhya Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Porto, Portugal  
Sun 7      Sutra 362

Makara Rasi: 11.18      Tithi 24 – 25

Routine Work      Marana Yoga

Until 2:10AM Sat

Then Creative Work - Siddha Yoga

**Gulika** 7:37AM – 9:16AM  
Yama 3:52PM – 5:31PM  
199996578 **Rahu** 10:55AM – 12:34PM

Chidambaram Abhishekam  
Tamil New Year

**Shravana** Until 2:10AM Sat  
Sadhya Until 1:05AM Sat  
Taitila Until 7:01AM  
**Navami\*** Until 5:49PM

**Ganesha:** Clear      *Sunrise:* 5:58AM  
**Muruqa:** Clear      *Sunset:* 7:10PM  
**Nataraja:** Clear  
Moon – Purple  
Chaitra•Chaitra

Sobhana 5125  
Moon 4 - Phase 49 - 7  
Navami


**Devaloka Day**


<b>1</b>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Porto, Portugal
			Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8 Sutra 363
	Makara Rasi: 25.37	Tithi 25 – 26	<b>Gulika</b> 5:57AM – 7:36AM	<b>Dhanishtha Until 12:26AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:57AM	Sobhana 5125
	299996578	Rahu	Yama 2:13PM – 3:53PM	Subha Until 9:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 1 - 8
Creative Work	Siddha Yoga	9:15AM – 10:55AM	Bava Until 2:08AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dashami Until 3:22PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Porto, Portugal
			Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9 Sutra 364
	Kumbha Rasi: 9.59	Tithi 26 – 27	<b>Gulika</b> 3:53PM – 5:33PM	<b>Shatabhishak Until 10:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Sobhana 5125
	291996578	Rahu	Yama 12:34PM – 2:14PM	Sukla Until 6:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 1 - 9
Creative Work	Siddha Yoga	5:33PM – 7:13PM	Kaulava Until 11:37PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Ekadashi* Until 12:51PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				Chaitra*Chaitra			

<b>3</b>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Porto, Portugal
			Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 1
	Kumbha Rasi: 24.22	Tithi 27 – 28	<b>Gulika</b> 2:14PM – 3:54PM	<b>Purvaproshtapada* Until 9:01PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:54AM	Sobhana 5125
	211996578	Rahu	Yama 10:54AM – 12:34PM	Brahma Until 3:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 1 - 10
Family Home Evening	Marana Yoga	7:34AM – 9:14AM	Gara Until 9:11PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work			<b>Dvadashi* Until 10:22AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 9:01PM				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				Porto, Portugal
			Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 2
	Meena Rasi: 8.4	Tithi 28 – 29	<b>Gulika</b> 12:33PM – 2:14PM	<b>Uttaraproshtapada Until 7:32PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:52AM	Sobhana 5125
	211996578	Rahu	Yama 9:13AM – 10:53AM	Indra Until 12:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 1 - 11
Creative Work	Amrita Yoga	3:54PM – 5:34PM	Visti Until 6:57PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 7:32PM			<b>Trayodashi* Until 8:01AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra			

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam				Porto, Portugal
	<b>Retreat Star</b>		Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 12 Sutra 3
	Meena Rasi: 22.47	Tithi 30	<b>Gulika</b> 10:53AM – 12:33PM	<b>Revati Until 6:14PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:51AM	Sobhana 5125
	211996578	Rahu	Yama 7:31AM – 9:12AM	Vaidhriti* Until 9:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 1 - 12
Routine Work	Marana Yoga	12:33PM – 2:14PM	Catuspada Until 5:02PM	<b>Nataraja:</b> Clear		Amavasya	
			<b>Amavasya* Until 4:12AM Thu</b>	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra*Chaitra			

	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Porto, Portugal
	<b>Retreat Star</b>		Ashvini/Bharani Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 13 Sutra 4
	Mesha Rasi: 6.41	Tithi 1	<b>Gulika</b> 9:11AM – 10:52AM	<b>Ashvini Until 5:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM	Sobhana 5125
	221996578	Rahu	Yama 5:49AM – 7:30AM	Vishkambha* Until 7:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 1 - 13
Creative Work	Amrita Yoga	2:14PM – 3:55PM	Kintughna Until 3:32PM	<b>Nataraja:</b> Clear		Prathama	
Until 5:39PM			<b>Prathama* Until 2:58AM Fri</b>	Moon – White		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

..ll times are standard time. Calculated for Porto, Portugal on 5/1/2

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<b>1</b>	<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Porto, Portugal Sun 14	Sutra 5 Sobhana 5125
	Mesha Rasi: 20.17	Tithi 2	<b>Gulika</b> 7:29AM – 9:10AM	<b>Bharani</b> Until 5:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:48AM		
			Yama 3:55PM – 5:37PM	Ayushman Until 3:53AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 2 - 14	3rd Phase
	Creative Work	Siddha Yoga	221996578 <b>Rahu</b> 10:51AM – 12:33PM	Balava Until 2:35PM	<b>Nataraja:</b> Clear			
			<b>Dvitiya</b> Until 2:19AM Sat	Moon – White		<b>Devaloka Day</b>		
				Vaisaka-Chaitra				

<b>2</b>	<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Porto, Portugal Sun 15	Sutra 6 Sobhana 5125
	Wrishabha Rasi: 3.32	Tithi 3	<b>Gulika</b> 5:46AM – 7:28AM	<b>Krittika</b> Until 5:44PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:46AM		
			Yama 2:14PM – 3:56PM	Saubhagya Until 2:51AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 2 - 15	3rd Phase
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 9:09AM – 10:51AM	Taitila Until 2:15PM	<b>Nataraja:</b> Clear			
			<b>Tritiya</b> Until 2:19AM Sun	Moon – White		<b>Devaloka Day</b>		
			Akshaya Tritiya	Vaisaka-Chaitra				

<b>3</b>	<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthiyam Titau				Porto, Portugal Sun 16	Sutra 7 Sobhana 5125
	Wrishabha Rasi: 16.28	Tithi 4	<b>Gulika</b> 3:56PM – 5:38PM	<b>Rohini</b> Until 6:58PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:45AM		
			Yama 12:32PM – 2:14PM	Sobhana Until 2:20AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 2 - 16	3rd Phase
	Creative Work	Siddha Yoga	231996578 <b>Rahu</b> 5:38PM – 7:20PM	Vanija Until 2:35PM	<b>Nataraja:</b> Clear			
			<b>Chaturthi*</b> Until 2:59AM Mon	Moon – Yellow		<b>Devaloka Day</b>		
				Vaisaka-Chaitra				

<b>4</b>	<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Porto, Portugal Sun 17	Sutra 8 Sobhana 5125
	Wrishabha Rasi: 29.05	Tithi 5	<b>Gulika</b> 2:14PM – 3:57PM	<b>Mrigashira</b> Until 8:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:43AM		
	<b>Family Home Evening</b>		Yama 10:50AM – 12:32PM	Athiganda* Until 2:17AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 2 - 17	3rd Phase
	Creative Work	Amrita Yoga	231996578 <b>Rahu</b> 7:25AM – 9:08AM	Bava Until 3:34PM	<b>Nataraja:</b> Clear			
			<b>Panchami</b> Until 4:15AM Tue	Moon – Yellow		<b>Devaloka Day</b>		
				Vaisaka-Chaitra				

<b>5</b>	<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Porto, Portugal Sun 18	Sutra 9 Sobhana 5125
	Mithuna Rasi: 11.25	Tithi 6	<b>Gulika</b> 12:32PM – 2:14PM	<b>Ardra</b> Until 10:44PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:42AM		
			Yama 9:07AM – 10:49AM	Sukarma Until 2:38AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 2 - 18	3rd Phase
	Routine Work	Marana Yoga	231996579 <b>Rahu</b> 3:57PM – 5:40PM	Kaulava Until 5:07PM	<b>Nataraja:</b> Purple			
			<b>Shashthi*</b> Until 6:02AM Wed	Moon – Yellow		<b>Sivaloka Day</b>		
				Vaisaka-Chaitra				

<b>6</b>	<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Porto, Portugal Sun 19	Sutra 10 Sobhana 5125
	Mithuna Rasi: 23.34	Tithi 6 – 7	<b>Gulika</b> 10:49AM – 12:32PM	<b>Punarvasu</b> Until 1:31AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:40AM		
			Yama 7:23AM – 9:06AM	Dhriti Until 3:18AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 2 - 19	3rd Phase
	Creative Work	Siddha Yoga	241996579 <b>Rahu</b> 12:32PM – 2:15PM	Gara Until 7:06PM	<b>Nataraja:</b> Purple			
			<b>Shashthi*</b> Until 6:02AM	Moon – Blue		<b>Subha Sivaloka Day</b>		
				Vaisaka-Chaitra				

<b>D</b>	<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Porto, Portugal Sun 20	Sutra 11 Sobhana 5125
	Kataka Rasi: 5.34	Tithi 7 – 8	<b>Gulika</b> 9:05AM – 10:48AM	<b>Pushya</b> Until 4:21AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:39AM		
			Yama 5:39AM – 7:22AM	Shula* Until 4:06AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 2 - 20	Ashtami
	Creative Work	Amrita Yoga	242996579 <b>Rahu</b> 2:15PM – 3:58PM	Visti Until 9:21PM	<b>Nataraja:</b> Purple			
			<b>Saptami</b> Until 8:11AM	Moon – Blue		<b>Sivaloka Day</b>		
				Vaisaka-Chaitra				

<b>D</b>	<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Porto, Portugal Sun 21	Sutra 12 Sobhana 5125
	Kataka Rasi: 17.28	Tithi 8 – 9	<b>Gulika</b> 7:21AM – 9:04AM	<b>Ashlesha*</b> Until 7:03AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:37AM		
			Yama 3:58PM – 5:42PM	Ganda* Until 4:57AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 2 - 21	Navami
	Routine Work	Marana Yoga	242996579 <b>Rahu</b> 10:48AM – 12:31PM	Balava Until 11:42PM	<b>Nataraja:</b> Purple			
			<b>Ashtami*</b> Until 10:30AM	Moon – Blue		<b>Sivaloka Day</b>		
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>		<b>Saturday, April 29, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Porto, Portugal
Kataka Rasi: 29.23	Tithi 9 – 10	Gulika 5:36AM – 7:20AM	Ashlesha* <b>Until 7:03AM</b>	Ganesha: Red	Sunrise: 5:36AM	Sobhana 5125	Sun 22	Sutra 13
		Yama 2:15PM – 3:59PM	Vriddhi <b>Until 5:42AM Sun</b>	Muruqa: Clear	Sunset: 7:26PM			
		242996579 Rahu 9:04AM – 10:47AM	Taitila <b>Until 1:55AM Sun</b>	Nataraja: Purple			Moon 4 - Phase 3 - 22	4th Phase
Routine Work	Marana Yoga		Navami* <b>Until 12:49PM</b>	Moon – Blue			<b>Sivaloka Day</b>	
Until 7:03AM				Vaisaka*Chaitra				
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Sunday, April 30, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Porto, Portugal
Simha Rasi: 11.21	Tithi 10 – 11	Gulika 3:59PM – 5:43PM	Magha* <b>Until 9:56AM</b>	Ganesha: Blue	Sunrise: 5:35AM	Sobhana 5125	Sun 23	Sutra 14
		Yama 12:31PM – 2:15PM	Dhruva <b>Until 6:10AM Mon</b>	Muruqa: Clear	Sunset: 7:27PM			
		252996579 Rahu 5:43PM – 7:27PM	Vanija <b>Until 3:51AM Mon</b>	Nataraja: Purple			Moon 4 - Phase 3 - 23	4th Phase
Routine Work	Marana Yoga		Dashami <b>Until 2:55PM</b>	Moon – Red			<b>Devaloka Day</b>	
Until 9:56AM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, May 1, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Porto, Portugal
Simha Rasi: 23.27	Tithi 11 – 12	Gulika 2:16PM – 4:00PM	Purvaphalguni <b>Until 12:17PM</b>	Ganesha: Blue	Sunrise: 5:32AM	Sobhana 5125	Sun 24	Sutra 15
Family Home Evening		Yama 10:46AM – 12:31PM	Dhruva <b>Until 6:10AM</b>	Muruqa: Clear	Sunset: 7:30PM			
		252996579 Rahu 7:17AM – 9:01AM	Bava <b>Until 5:19AM Tue</b>	Nataraja: Purple			Moon 4 - Phase 3 - 24	4th Phase
Creative Work	Siddha Yoga		Ekadashi <b>Until 4:38PM</b>	Moon – Red			<b>Devaloka Day</b>	
				Vaisaka*Chaitra				

<b>4</b>		<b>Tuesday, May 2, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Porto, Portugal
Kanya Rasi: 5.45	Tithi 12 – 13	Gulika 12:31PM – 2:16PM	Uttaraphalguni <b>Until 2:00PM</b>	Ganesha: Blue	Sunrise: 5:31AM	Sobhana 5125	Sun 25	Sutra 16
		Yama 9:01AM – 10:46AM	Vyaghata* <b>Until 6:17AM</b>	Muruqa: Clear	Sunset: 7:31PM			
		252996579 Rahu 4:01PM – 5:46PM	Kaulava <b>Until 6:11AM Wed</b>	Nataraja: Purple			Moon 4 - Phase 3 - 25	4th Phase
Creative Work	Amrita Yoga		Dvadashi <b>Until 5:48PM</b>	Moon – Red			<b>Devaloka Day</b>	
Until 2:00PM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga								
								<i>Pradosha Vrata</i>

<b>5</b>		<b>Wednesday, May 3, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Porto, Portugal
Kanya Rasi: 18.18	Tithi 13	Gulika 10:45AM – 12:31PM	Hasta <b>Until 3:27PM</b>	Ganesha: Yellow	Sunrise: 5:29AM	Sobhana 5125	Sun 26	Sutra 17
		Yama 7:15AM – 9:00AM	Vajra* <b>Until 5:07AM Thu</b>	Muruqa: Clear	Sunset: 7:32PM			
		262996579 Rahu 12:31PM – 2:16PM	Kaulava <b>Until 6:11AM</b>	Nataraja: Purple			Moon 4 - Phase 3 - 26	4th Phase
Routine Work	Marana Yoga		Trayodashi <b>Until 6:22PM</b>	Moon – Green			<b>Sivaloka Day</b>	
Until 3:27PM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Thursday, May 4, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Porto, Portugal
Tula Rasi: 1.08	Tithi 14	Gulika 8:59AM – 10:45AM	Chitra <b>Until 4:07PM</b>	Ganesha: Yellow	Sunrise: 5:28AM	Sobhana 5125	Sun 27	Sutra 18
		Yama 5:28AM – 7:14AM	Siddhi <b>Until 3:48AM Fri</b>	Muruqa: Clear	Sunset: 7:33PM			
		262996579 Rahu 2:16PM – 4:02PM	Gara <b>Until 6:26AM</b>	Nataraja: Purple			Moon 4 - Phase 3 - 27	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* <b>Until 6:18PM</b>	Moon – Green			<b>Sivaloka Day</b>	
Until 4:07PM				Vaisaka*Chaitra				
Then Creative Work - Amrita Yoga								

<b>○</b>		<b>Friday, May 5, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Porto, Portugal
<b>Copper Retreat Star</b>		Gulika 7:13AM – 8:59AM	Svati <b>Until 4:02PM</b>	Ganesha: Yellow	Sunrise: 5:27AM	Sobhana 5125	Sun 28	Sutra 19
Tula Rasi: 14.19	Tithi 15 – 16	Yama 4:02PM – 5:48PM	Vyatipata* <b>Until 2:01AM Sat</b>	Muruqa: Clear	Sunset: 7:34PM			
		262996579 Rahu 10:45AM – 12:30PM	Visti <b>Until 6:03AM</b>	Nataraja: Purple			Moon 4 - Phase 3 - Purnima	
Creative Work	Siddha Yoga		Purnima* <b>Until 5:37PM</b>	Moon – Green			<b>Sivaloka Day</b>	
				Vaisaka*Chaitra				
								<b>Budha Purnima (Tamil Nadu)</b>

<b>Saturday, May 6, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Porto, Portugal		
<b>Silver Retreat Star</b>		Gulika 5:26AM – 7:12AM	Vishakha <b>Until 3:43PM</b>	Ganesha: White	Sunrise: 5:26AM	Sobhana 5125	Sun 29	Sutra 20
Tula Rasi: 27.47	Tithi 16 – 17	Yama 2:16PM – 4:03PM	Variyan <b>Until 11:50PM</b>	Muruqa: Clear	Sunset: 7:35PM			
		272996579 Rahu 8:58AM – 10:44AM	Taitila <b>Until 3:39AM Sun</b>	Nataraja: Purple			Moon 4 - Phase 3 - Prathama	
Creative Work	Siddha Yoga		Prathama* <b>Until 4:24PM</b>	Moon – Orange			<b>Devaloka Day</b>	
				Vaisaka*Chaitra				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda