



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyapala* Yoga Gara/Visti* Karana Dvitiya/Trilayam Titau

Regina, SK, Canada
Sutra 1

Tula Rasi: 27.48 Tithi 17 – 18
Family Home Evening
Routine Work Marana Yoga
Until 3:07PM
Then Creative Work - Siddha Yoga

278345478

Gulika 1:42PM – 3:27PM
Yama 10:13AM – 11:57AM
Rahu 6:43AM – 8:28AM

Vishakha Until 3:07PM
Siddhi Until 7:51AM
Visti Until 4:07AM Tue
Dvitiya Until 6:54AM

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Sunrise: 4:58AM
Sunset: 6:56PM

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthiyam Titau

Regina, SK, Canada
Sun 1 Sutra 2

Vrischika Rasi: 12.21 Tithi 19

Creative Work Siddha Yoga
Until 1:06PM
Then Routine Work - Marana Yoga

278345478

Gulika 11:57AM – 1:42PM
Yama 8:27AM – 10:12AM
Rahu 3:28PM – 5:13PM

Anuradha Until 1:06PM
Variyan Until 1:05AM Wed
Bava Until 2:45PM
Chaturthi* Until 1:21AM Wed

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Sunrise: 4:56AM
Sunset: 6:58PM

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada
Sun 2 Sutra 3

Vrischika Rasi: 26.53 Tithi 20

Creative Work Siddha Yoga
Until 11:00AM
Then Routine Work - Marana Yoga

278345478

Gulika 10:11AM – 11:57AM
Yama 6:40AM – 8:26AM
Rahu 11:57AM – 1:43PM

Jyeshtha* Until 11:00AM
Parigha* Until 9:47PM
Kaulava Until 12:01PM
Panchami Until 10:40PM

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Sunrise: 4:54AM
Sunset: 7:00PM

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

3

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada
Sun 3 Sutra 4

Dhanus Rasi: 11.2 Tithi 21

Creative Work Siddha Yoga

289345478

Gulika 8:24AM – 10:11AM
Yama 4:52AM – 6:38AM
Rahu 1:43PM – 3:29PM

Mula* Until 9:19AM
Shiva Until 6:39PM
Gara Until 9:25AM
Shashthi* Until 8:11PM

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Sunrise: 4:52AM
Sunset: 7:01PM

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Devaloka Day

4

Friday, April 22, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada
Sun 4 Sutra 5

Dhanus Rasi: 25.38 Tithi 22 – 23

Routine Work Prabalarishta Yoga
Until 7:43AM
Then Routine Work - Marana Yoga

289345478

Gulika 6:37AM – 8:23AM
Yama 3:30PM – 5:16PM
Rahu 10:10AM – 11:56AM

Purvashadha* Until 7:43AM
Siddha Until 3:42PM
Visti Until 7:03AM
Saptami Until 5:57PM

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Sunrise: 4:50AM
Sunset: 7:03PM

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Devaloka Day

5

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada
Sun 5 Sutra 6

Makara Rasi: 9.46 Tithi 23 – 24

Routine Work Marana Yoga
Until 6:15AM
Then Creative Work - Siddha Yoga

289345478

Gulika 4:48AM – 6:35AM
Yama 1:43PM – 3:30PM
Rahu 8:22AM – 10:09AM

Uttarashadha Until 6:15AM
Sadhya Until 1:00PM
Taitila Until 3:12AM Sun
Ashtami* Until 4:02PM

Ganesha: Purple
Muruqa: White
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Sunrise: 4:48AM
Sunset: 7:04PM

Subhakrit 5124
Moon 4 - Phase 1 -
5 Ashtami

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Regina, SK, Canada
Sun 6 Sutra 7

Makara Rasi: 23.4 Tithi 24 – 25

Routine Work Marana Yoga
Until 4:45AM Mon
Then Creative Work - Siddha Yoga

299345479

Gulika 3:31PM – 5:18PM
Yama 11:56AM – 1:44PM
Rahu 5:18PM – 7:06PM

Dhanishtha Until 4:45AM Mon
Subha Until 10:35AM
Vanija Until 1:47AM Mon
Navami* Until 2:26PM

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Sunrise: 4:46AM
Sunset: 7:06PM

Subhakrit 5124
Moon 4 - Phase 1 -
6 Navami

Devaloka Day

1		Monday, April 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 7 Sutra 8	
Kumbha Rasi: 7.22	Tithi 25 – 26	Gulika	1:44PM – 3:32PM	Shatabhishak Until 4:19AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:44AM				Subhakrit 5124	
Family Home Evening	299345479	Yama	10:08AM – 11:56AM	Sukla Until 8:26AM	Muruqa: White	<i>Sunset:</i> 7:07PM				Moon 4 - Phase 2 - 7	2nd Phase
Creative Work	Siddha Yoga	Rahu	6:32AM – 8:20AM	Bava Until 12:45AM Tue	Nataraja: Clear						
Until 4:19AM Tue				Dashami Until 1:12PM	Moon – Purple				Devaloka Day		
Then Routine Work - Marana Yoga					Chaitra+Chaitra						

2		Tuesday, April 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 8 Sutra 9	
Kumbha Rasi: 20.5	Tithi 26 – 27	Gulika	11:56AM – 1:44PM	Purvaproshtapada* Until 4:36AM Wed	Ganesha: Red	<i>Sunrise:</i> 4:42AM				Subhakrit 5124	
	219345479	Yama	8:19AM – 10:07AM	Brahma Until 6:36AM	Muruqa: White	<i>Sunset:</i> 7:09PM				Moon 4 - Phase 2 - 8	2nd Phase
Routine Work	Marana Yoga	Rahu	3:32PM – 5:21PM	Kaulava Until 12:07AM Wed	Nataraja: Clear						
Until 4:36AM Wed				Ekadashi* Until 12:21PM	Moon – Clear				Devaloka Day		
Then Creative Work - Siddha Yoga					Chaitra+Chaitra						

3		Wednesday, April 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 9 Sutra 10	
Meena Rasi: 4.05	Tithi 27 – 28	Gulika	10:07AM – 11:56AM	Uttaraproshtapada Until 5:10AM Thu	Ganesha: Red	<i>Sunrise:</i> 4:41AM				Subhakrit 5124	
	219345479	Yama	6:29AM – 8:18AM	Vaidhriti* Until 3:57AM Thu	Muruqa: White	<i>Sunset:</i> 7:11PM				Moon 4 - Phase 2 - 9	2nd Phase
Creative Work	Siddha Yoga	Rahu	11:56AM – 1:44PM	Gara Until 11:54PM	Nataraja: Clear						
Until 4:19AM Tue				Dvadashi* Until 11:56AM	Moon – Clear				Devaloka Day		
Then Routine Work - Marana Yoga					Chaitra+Chaitra						
					<i>Pradosha Vrata (Fasting)</i>						

4		Thursday, April 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 10 Sutra 11	
Meena Rasi: 17.06	Tithi 28 – 29	Gulika	8:17AM – 10:06AM	Revati Until 6:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:39AM				Subhakrit 5124	
	219445479	Yama	4:39AM – 6:28AM	Vishkambha* Until 3:11AM Fri	Muruqa: White	<i>Sunset:</i> 7:12PM				Moon 4 - Phase 2 - 10	2nd Phase
Creative Work	Siddha Yoga	Rahu	1:45PM – 3:34PM	Visti Until 12:10AM Fri	Nataraja: Clear						
Until 6:02AM Fri				Trayodashi* Until 11:57AM	Moon – Clear				Bhuloka Day		
Then Creative Work - Amrita Yoga					Chaitra+Chaitra				Devaloka Time: 6:PM to 9:PM		

●		Friday, April 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau				Regina, SK, Canada Sun 11 Sutra 12	
Retreat Star		Gulika	6:26AM – 8:16AM	Revati Until 6:02AM	Ganesha: White	<i>Sunrise:</i> 4:37AM				Subhakrit 5124	
Meena Rasi: 29.53	Tithi 29 – 30	Yama	3:34PM – 5:24PM	Priti Until 2:48AM Sat	Muruqa: White	<i>Sunset:</i> 7:14PM				Moon 4 - Phase 2 - 11	Amavasya
Creative Work	Siddha Yoga	Rahu	10:06AM – 11:55AM	Catuspada Until 12:55AM Sat	Nataraja: Clear						
Until 6:02AM				Chaturdashy* Until 12:27PM	Moon – Clear				Bhuloka Day		
Then Creative Work - Amrita Yoga					Chaitra+Chaitra				Devaloka Time: 6:PM to 9:PM		

●		Saturday, April 30, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 12 Sutra 13	
Retreat Star		Gulika	4:35AM – 6:25AM	Ashvini Until 7:41AM	Ganesha: Green	<i>Sunrise:</i> 4:35AM				Subhakrit 5124	
Mesha Rasi: 12.27	Tithi 30 – 1	Yama	1:45PM – 3:35PM	Ayushman Until 2:46AM Sun	Muruqa: White	<i>Sunset:</i> 7:15PM				Moon 4 - Phase 2 - 12	Prathama
Creative Work	Siddha Yoga	Rahu	8:15AM – 10:05AM	Kintughna Until 2:10AM Sun	Nataraja: Clear						
Until 6:02AM				Amavasya* Until 1:27PM	Moon – White				Bhuloka Day		
Then Creative Work - Amrita Yoga					Vaisaka+Chaitra				Devaloka Time: 6:PM to 9:PM		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Regina, SK, Canada Sun 13 Sutra 14	
Mesha Rasi: 24.47	Tithi 1 – 2	Gulika 3:36PM – 5:26PM Yama 11:55AM – 1:45PM 221445479 Rahu 5:26PM – 7:17PM	Bharani Until 9:40AM Saubhagya Until 3:07AM Mon Balava Until 3:52AM Mon Prathama* Until 2:56PM	Ganesha: Green <i>Sunrise:</i> 4:33AM Muruqa: White <i>Sunset:</i> 7:17PM Nataraja: Clear Moon – White	<i>Sunrise:</i> 4:33AM <i>Sunset:</i> 7:17PM Moon 4 - Phase 3 - 13 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work	Prabalarishta Yoga					
Until 9:40AM						
Then Creative Work - Siddha Yoga						
2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Regina, SK, Canada Sun 14 Sutra 15	
Vrishabha Rasi: 6.56	Tithi 2 – 3	Gulika 1:46PM – 3:37PM Yama 10:04AM – 11:55AM 221445479 Rahu 6:22AM – 8:13AM	Krittika Until 11:55AM Sobhana Until 3:47AM Tue Taitila Until 5:58AM Tue Dvitiya Until 4:51PM	Ganesha: Green <i>Sunrise:</i> 4:31AM Muruqa: White <i>Sunset:</i> 7:18PM Nataraja: Clear Moon – White	<i>Sunrise:</i> 4:31AM <i>Sunset:</i> 7:18PM Moon 4 - Phase 3 - 14 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Family Home Evening						
Routine Work	Marana Yoga					
Until 11:55AM						
Then Creative Work - Amrita Yoga						
3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Gara Karana Tritiyayam Titau			Regina, SK, Canada Sun 15 Sutra 16	
Vrishabha Rasi: 18.56	Tithi 3	Gulika 11:55AM – 1:46PM Yama 8:12AM – 10:03AM 221445479 Rahu 3:37PM – 5:29PM	Rohini Until 2:50PM Athiganda* Until 4:38AM Wed Gara Until 7:06PM Tritiya Until 7:06PM	Ganesha: White <i>Sunrise:</i> 4:30AM Muruqa: White <i>Sunset:</i> 7:20PM Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 4:30AM <i>Sunset:</i> 7:20PM Moon 4 - Phase 3 - 15 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work	Amrita Yoga		Akshaya Tritiya			
Until 2:50PM						
Then Creative Work - Siddha Yoga						
4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Vistii* Karana Chaturthyam Titau			Regina, SK, Canada Sun 16 Sutra 17	
Mithuna Rasi: 0.5	Tithi 4	Gulika 10:03AM – 11:55AM Yama 6:20AM – 8:11AM 221445479 Rahu 11:55AM – 1:46PM	Mrigashira Until 5:48PM Sukarma Until 5:37AM Thu Vanija Until 8:21AM Chaturthi* Until 9:34PM	Ganesha: White <i>Sunrise:</i> 4:28AM Muruqa: White <i>Sunset:</i> 7:21PM Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 4:28AM <i>Sunset:</i> 7:21PM Moon 4 - Phase 3 - 16 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work	Siddha Yoga					
5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau			Regina, SK, Canada Sun 17 Sutra 18	
Mithuna Rasi: 12.4	Tithi 5	Gulika 8:10AM – 10:02AM Yama 4:26AM – 6:18AM 221445479 Rahu 1:47PM – 3:39PM	Ardra Until 8:40PM Dhriti Until 6:36AM Fri Bava Until 10:51AM Panchami Until 12:04AM Fri	Ganesha: White <i>Sunrise:</i> 4:26AM Muruqa: White <i>Sunset:</i> 7:23PM Nataraja: Clear Moon – Yellow	<i>Sunrise:</i> 4:26AM <i>Sunset:</i> 7:23PM Moon 4 - Phase 3 - 17 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work	Marana Yoga					
Until 8:40PM						
Then Creative Work - Amrita Yoga						
6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau			Regina, SK, Canada Sun 18 Sutra 19	
Mithuna Rasi: 24.31	Tithi 6	Gulika 6:17AM – 8:10AM Yama 3:39PM – 5:32PM 241445479 Rahu 10:02AM – 11:54AM	Punarvasu Until 11:46PM Dhriti Until 6:36AM Kaulava Until 1:18PM Shashthi* Until 2:26AM Sat	Ganesha: Clear <i>Sunrise:</i> 4:25AM Muruqa: White <i>Sunset:</i> 7:24PM Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 4:25AM <i>Sunset:</i> 7:24PM Moon 4 - Phase 3 - 18 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga					
Until 11:46PM						
Then Routine Work - Marana Yoga						
Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau			Regina, SK, Canada Sun 19 Sutra 20	
Retreat Star		Gulika 4:23AM – 6:16AM Yama 1:47PM – 3:40PM 241445479 Rahu 8:09AM – 10:02AM	Pushya Until 2:25AM Sun Shula* Until 7:26AM Gara Until 3:31PM Saptami Until 4:28AM Sun	Ganesha: Clear <i>Sunrise:</i> 4:23AM Muruqa: White <i>Sunset:</i> 7:26PM Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 4:23AM <i>Sunset:</i> 7:26PM Moon 4 - Phase 3 - 19 3rd Phase	Devaloka Day
Kataka Rasi: 6.25	Tithi 7					
Creative Work	Siddha Yoga					
Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhii Yoga Visti*/Bava Karana Ashtamyam Titau			Regina, SK, Canada Sun 20 Sutra 21	
Retreat Star		Gulika 3:41PM – 5:34PM Yama 11:54AM – 1:48PM 241445479 Rahu 5:34PM – 7:27PM	Ashlesha* Until 4:25AM Mon Ganda* Until 8:00AM Visti Until 5:20PM Ashtami* Until 6:00AM Mon	Ganesha: Clear <i>Sunrise:</i> 4:21AM Muruqa: White <i>Sunset:</i> 7:27PM Nataraja: Clear Moon – Blue	<i>Sunrise:</i> 4:21AM <i>Sunset:</i> 7:27PM Moon 4 - Phase 3 - 20 Ashtami	Devaloka Day
Kataka Rasi: 18.28	Tithi 8					
Creative Work	Siddha Yoga		Mother's Day			
Until 4:25AM Mon						
Then Routine Work - Marana Yoga						
Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vridhii/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Regina, SK, Canada Sun 21 Sutra 22	
Retreat Star		Gulika 1:48PM – 3:42PM Yama 10:01AM – 11:54AM 251445479 Rahu 6:13AM – 8:07AM	Magha* Until 6:08AM Tue Vridhii Until 8:11AM Balava Until 6:33PM Ashtami* Until 6:00AM	Ganesha: Purple <i>Sunrise:</i> 4:20AM Muruqa: White <i>Sunset:</i> 7:29PM Nataraja: Clear Moon – Red	<i>Sunrise:</i> 4:20AM <i>Sunset:</i> 7:29PM Moon 4 - Phase 3 - 21 Navami	Bhuloka Day Devaloka Time: 6:PM to 9:PM
Simha Rasi: 0.43	Tithi 8 – 9					
Family Home Evening						
Routine Work	Marana Yoga					
Until 6:08AM Tue						
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 22 Sutra 23
	Simha Rasi: 13.15	Tithi 9 – 10	Gulika 11:54AM – 1:48PM	Magha* Until 6:08AM	Ganesha: Clear	<i>Sunrise:</i> 4:18AM	Subhakrit 5124
			Yama 8:06AM – 10:00AM	Dhruva Until 7:49AM	Muruqa: White	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 4 - 22
	Creative Work	Siddha Yoga	252445479 Rahu 3:42PM – 5:36PM	Taitila Until 7:04PM	Nataraja: Clear		4th Phase
			Navami* Until 6:53AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 23 Sutra 24
	Simha Rasi: 26.08	Tithi 10 – 11	Gulika 10:00AM – 11:54AM	Purvaphalguni Until 6:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:17AM	Subhakrit 5124
			Yama 6:11AM – 8:05AM	Vyaghata* Until 6:53AM	Muruqa: White	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 4 - 23
	Creative Work	Amrita Yoga	252445479 Rahu 11:54AM – 1:49PM	Vanija Until 6:49PM	Nataraja: Clear		4th Phase
			Dashami Until 7:01AM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 24 Sutra 25
	Kanya Rasi: 9.25	Tithi 11 – 12	Gulika 8:05AM – 9:59AM	Uttaraphalguni Until 6:51AM	Ganesha: Clear	<i>Sunrise:</i> 4:15AM	Subhakrit 5124
			Yama 4:15AM – 6:10AM	Vajra* Until 3:11AM Fri	Muruqa: White	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 4 - 24
		Amrita Yoga	252445479 Rahu 1:49PM – 3:44PM	Balava Until 4:58AM Fri	Nataraja: Clear		4th Phase
Until 6:51AM			Ekadashi Until 6:23AM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Regina, SK, Canada Sun 25 Sutra 26
	Kanya Rasi: 23.08	Tithi 13	Gulika 6:09AM – 8:04AM	Hasta Until 6:19AM	Ganesha: White	<i>Sunrise:</i> 4:13AM	Subhakrit 5124
			Yama 3:45PM – 5:40PM	Siddhi Until 12:28AM Sat	Muruqa: White	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 4 - 25
	Creative Work	Amrita Yoga	262445479 Rahu 9:59AM – 11:54AM	Kaulava Until 4:02PM	Nataraja: Clear		4th Phase
Until 6:19AM			Trayodashi Until 2:54AM Sat	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Vaisaka-Chaitra			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada Sun 26 Sutra 27
	Tula Rasi: 7.16	Tithi 14	Gulika 4:12AM – 6:08AM	Svati Until 2:56AM Sun	Ganesha: White	<i>Sunrise:</i> 4:12AM	Subhakrit 5124
			Yama 1:50PM – 3:45PM	Vyatipata* Until 9:19PM	Muruqa: White	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 4 - 26
	Creative Work	Siddha Yoga	262445479 Rahu 8:03AM – 9:59AM	Gara Until 1:40PM	Nataraja: Clear		4th Phase
Until 2:56AM Sun			Chaturdashi* Until 12:16AM Sun	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Vaikasi			

○	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sun 27 Sutra 28
	Copper Retreat Star		Gulika 3:46PM – 5:42PM	Vishakha Until 12:47AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:11AM	Subhakrit 5124
	Tula Rasi: 21.46	Tithi 15	Yama 11:54AM – 1:50PM	Variyan Until 5:46PM	Muruqa: White	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 4 - 27
			272445479 Rahu 5:42PM – 7:38PM	Visti Until 10:49AM	Nataraja: Clear		Purnima
Routine Work	Marana Yoga		Purnima* Until 9:14PM	Moon – Orange		Devaloka Day	
Until 12:47AM Mon				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

○	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 28 Sutra 29
	Silver Retreat Star		Gulika 1:50PM – 3:47PM	Anuradha Until 10:15PM	Ganesha: Yellow	<i>Sunrise:</i> 4:09AM	Subhakrit 5124
	Vrischika Rasi: 6.33	Tithi 16 – 17	Yama 9:58AM – 11:54AM	Parigha* Until 2:00PM	Muruqa: White	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 4 -
	Family Home Evening		272445479 Rahu 6:05AM – 8:02AM	Balava Until 7:37AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:56PM	Moon – Orange		Devaloka Day	
				Vaisaka-Vaikasi			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 30

Vrischika Rasi: 21.29 Tithi 17 - 18

272445479

Gulika 11:54AM - 1:51PM
Yama 8:01AM - 9:58AM
Rahu 3:47PM - 5:44PM

Jyeshtha* Until 7:31PM
Shiva Until 10:07AM
Vanija Until 12:49AM Wed
Dvitiya Until 2:31PM

Ganesha: Yellow *Sunrise: 4:08AM*
Muruqa: White *Sunset: 7:41PM*
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 1
1st Phase

Routine Work Marana Yoga
Until 7:31PM
Then Creative Work - Amrita Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada
Sun 2 Sutra 31

Dhanus Rasi: 6.26 Tithi 18 - 19

282445479

Gulika 9:57AM - 11:54AM
Yama 6:03AM - 8:00AM
Rahu 11:54AM - 1:51PM

Mula* Until 5:07PM
Siddha Until 6:13AM
Bava Until 9:30PM
Tritiya Until 11:08AM

Ganesha: Blue *Sunrise: 4:07AM*
Muruqa: White *Sunset: 7:42PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 2
1st Phase

Routine Work Marana Yoga
Until 5:07PM
Then Creative Work - Amrita Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada
Sun 3 Sutra 32

Dhanus Rasi: 21.16 Tithi 19 - 20

282445479

Gulika 8:00AM - 9:57AM
Yama 4:05AM - 6:03AM
Rahu 1:52PM - 3:49PM

Purvashadha* Until 2:47PM
Subha Until 10:55PM
Kaulava Until 6:26PM
Chaturthi* Until 7:55AM

Ganesha: Blue *Sunrise: 4:05AM*
Muruqa: White *Sunset: 7:43PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 3
1st Phase

Creative Work Siddha Yoga
Until 2:47PM
Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada
Sun 4 Sutra 33

Makara Rasi: 5.53 Tithi 21

282445479

Gulika 6:02AM - 7:59AM
Yama 3:49PM - 5:47PM
Rahu 9:57AM - 11:54AM

Uttarashadha Until 12:40PM
Sukla Until 7:41PM
Gara Until 3:43PM
Shashthi* Until 2:31AM Sat

Ganesha: Blue *Sunrise: 4:04AM*
Muruqa: White *Sunset: 7:45PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 4
1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Regina, SK, Canada
Sun 5 Sutra 34

Makara Rasi: 20.13 Tithi 22

292445479

Gulika 4:03AM - 6:01AM
Yama 1:52PM - 3:50PM
Rahu 7:59AM - 9:56AM

Shravana Until 11:17AM
Brahma Until 4:51PM
Visti Until 1:28PM
Saptami Until 12:31AM Sun

Ganesha: Red *Sunrise: 4:03AM*
Muruqa: White *Sunset: 7:46PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 5
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Retreat Star

Sunday, May 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 35

Kumbha Rasi: 4.11 Tithi 23

292445479

Gulika 3:51PM - 5:49PM
Yama 11:54AM - 1:53PM
Rahu 5:49PM - 7:47PM

Dhanishtha Until 10:17AM
Indra Until 2:29PM
Balava Until 11:45AM
Ashtami* Until 11:06PM

Ganesha: Red *Sunrise: 4:02AM*
Muruqa: White *Sunset: 7:47PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 6
Ashtami

Routine Work Marana Yoga
Until 10:17AM
Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak*/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada
Sun 7 Sutra 36

Kumbha Rasi: 17.49 Tithi 24

293545479

Gulika 1:53PM - 3:52PM
Yama 9:56AM - 11:54AM
Rahu 5:59AM - 7:57AM

Shatabhishak Until 9:43AM
Vaidhriti* Until 12:34PM
Taitila Until 10:38AM
Navami* Until 10:16PM

Ganesha: Red *Sunrise: 4:00AM*
Muruqa: White *Sunset: 7:49PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 - 7
Navami

Creative Work Siddha Yoga
Until 9:43AM
Then Routine Work - Marana Yoga

Devaloka Day

1		Tuesday, May 24, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti Karana Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 37	
Meena Rasi: 1.07	Tithi 25	Gulika 11:55AM – 1:53PM	Purvaproshtapada* Until 10:03AM	Ganesha: Clear	<i>Sunrise:</i> 3:59AM			Subhakrit 5124	
		Yama 7:57AM – 9:56AM	Vishkambha* Until 11:09AM	Muruqa: White	<i>Sunset:</i> 7:50PM			Moon 5 - Phase 6 - 8	
		213545479 Rahu 3:52PM – 5:51PM	Vanija Until 10:06AM	Nataraja: Clear				2nd Phase	
Routine Work	Marana Yoga		Dashami Until 10:02PM	Moon – Clear				Devaloka Day	
Until 10:03AM				Vaisaka-Vaikasi					
Then Creative Work - Amrita Yoga									
2		Wednesday, May 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 38	
Meena Rasi: 14.05	Tithi 26	Gulika 9:56AM – 11:55AM	Uttaraproshtapada Until 10:48AM	Ganesha: Purple	<i>Sunrise:</i> 3:58AM			Subhakrit 5124	
		Yama 5:57AM – 7:56AM	Priti Until 10:13AM	Muruqa: White	<i>Sunset:</i> 7:51PM			Moon 5 - Phase 6 - 9	
		313545479 Rahu 11:55AM – 1:54PM	Bava Until 10:10AM	Nataraja: Clear				2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 10:23PM	Moon – Clear				Sivaloka Day	
Until 10:48AM				Vaisaka-Vaikasi					
Then Routine Work - Marana Yoga									
3		Thursday, May 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 39	
Meena Rasi: 26.48	Tithi 27	Gulika 7:56AM – 9:55AM	Revati Until 11:57AM	Ganesha: Purple	<i>Sunrise:</i> 3:57AM			Subhakrit 5124	
		Yama 3:57AM – 5:57AM	Ayushman Until 9:42AM	Muruqa: White	<i>Sunset:</i> 7:52PM			Moon 5 - Phase 6 - 10	
		313545479 Rahu 1:54PM – 3:54PM	Kaulava Until 10:47AM	Nataraja: Clear				2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 11:17PM	Moon – Clear				Sivaloka Day	
Until 11:57AM				Vaisaka-Vaikasi					
Then Creative Work - Amrita Yoga									
4		Friday, May 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau				Regina, SK, Canada Sun 11 Sutra 40	
Mesha Rasi: 9.16	Tithi 28	Gulika 5:56AM – 7:56AM	Ashvini Until 1:54PM	Ganesha: Clear	<i>Sunrise:</i> 3:56AM			Subhakrit 5124	
		Yama 3:54PM – 5:54PM	Saubhagya Until 9:35AM	Muruqa: White	<i>Sunset:</i> 7:53PM			Moon 5 - Phase 6 - 11	
		323545479 Rahu 9:55AM – 11:55AM	Gara Until 11:55AM	Nataraja: Clear				2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 12:39AM Sat	Moon – White				Devaloka Day	
Until 1:54PM				Vaisaka-Vaikasi					
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>						
5		Saturday, May 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda Yoga Visti/Sakuni Karana Chaturdashyam Titau				Regina, SK, Canada Sun 12 Sutra 41	
Mesha Rasi: 21.32	Tithi 29	Gulika 3:55AM – 5:55AM	Bharani Until 4:08PM	Ganesha: Clear	<i>Sunrise:</i> 3:55AM			Subhakrit 5124	
		Yama 1:55PM – 3:55PM	Sobhana Until 9:51AM	Muruqa: White	<i>Sunset:</i> 7:53PM			Moon 5 - Phase 6 - 12	
		323545479 Rahu 7:55AM – 9:55AM	Visti Until 1:30PM	Nataraja: Clear				2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 2:25AM Sun	Moon – White				Devaloka Day	
Until 4:08PM				Vaisaka-Vaikasi					
Then Creative Work - Amrita Yoga									
Retreat Star		Sunday, May 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda/Sukarma Yoga Catuspada*/Naga Karana Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 42	
Vrishabha Rasi: 3.38	Tithi 30	Gulika 3:55PM – 5:56PM	Krittika Until 6:32PM	Ganesha: Clear	<i>Sunrise:</i> 3:54AM			Subhakrit 5124	
		Yama 11:55AM – 1:55PM	Athiganda* Until 10:22AM	Muruqa: White	<i>Sunset:</i> 7:56PM			Moon 5 - Phase 6 - 13	
		323545479 Rahu 5:56PM – 7:56PM	Catuspada Until 3:28PM	Nataraja: Clear				Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 4:32AM Mon	Moon – White				Devaloka Day	
				Vaisaka-Vaikasi					
Retreat Star		Monday, May 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 43	
Vrishabha Rasi: 15.37	Tithi 1	Gulika 1:56PM – 3:56PM	Rohini Until 9:33PM	Ganesha: Orange	<i>Sunrise:</i> 3:54AM			Subhakrit 5124	
Family Home Evening		Yama 9:55AM – 11:55AM	Sukarma Until 11:09AM	Muruqa: White	<i>Sunset:</i> 7:57PM			Moon 5 - Phase 6 - 14	
		333545479 Rahu 5:54AM – 7:54AM	Kintughna Until 5:42PM	Nataraja: Clear				Prathama	
Creative Work	Amrita Yoga		Prathama* Until 6:52AM Tue	Moon – Yellow				Devaloka Day	
				Jyeshtha-Vaikasi					

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhruti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 15	Sutra 44
	Wrisabha Rasi: 27.3	Tithi 1 – 2	Gulika 11:55AM – 1:56PM	Mrigashira Until 12:33AM Wed	Ganesha: Orange <i>Sunrise:</i> 3:53AM		Subhakrit 5124	
	333545479	Rahu 3:57PM – 5:57PM	Yama 7:54AM – 9:55AM	Dhruti Until 12:06PM	Muruqa: White <i>Sunset:</i> 7:58PM		Moon 5 - Phase 7 - 15 3rd Phase	
Creative Work	Siddha Yoga		Balava Until 8:07PM	Nataraja: Clear				
			Prathama* Until 6:52AM	Moon – Yellow			Devaloka Day	
				Jyeshtha-Vaikasi				

2	Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Regina, SK, Canada Sun 16	Sutra 45
	Mithuna Rasi: 9.2	Tithi 2 – 3	Gulika 9:55AM – 11:55AM	Ardra Until 3:25AM Thu	Ganesha: Orange <i>Sunrise:</i> 3:52AM		Subhakrit 5124	
	333545479	Rahu 11:55AM – 1:56PM	Yama 5:53AM – 7:54AM	Shula* Until 1:05PM	Muruqa: White <i>Sunset:</i> 7:59PM		Moon 5 - Phase 7 - 16 3rd Phase	
Creative Work	Siddha Yoga		Taitila Until 10:36PM	Nataraja: Clear				
Until 3:25AM Thu			Dvitiya Until 9:20AM	Moon – Yellow			Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi				

3	Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Regina, SK, Canada Sun 17	Sutra 46
	Mithuna Rasi: 21.1	Tithi 3 – 4	Gulika 7:53AM – 9:55AM	Punarvasu Until 6:35AM Fri	Ganesha: Clear <i>Sunrise:</i> 3:51AM		Subhakrit 5124	
	343555479	Rahu 1:57PM – 3:58PM	Yama 3:51AM – 5:52AM	Ganda* Until 2:06PM	Muruqa: Green <i>Sunset:</i> 8:00PM		Moon 5 - Phase 7 - 17 3rd Phase	
Creative Work	Amrita Yoga		Vanija Until 1:03AM Fri	Nataraja: Clear				
Until 6:35AM Fri			Tritiya Until 11:49AM	Moon – Blue			Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi				

4	Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Regina, SK, Canada Sun 18	Sutra 47
	Kataka Rasi: 3.02	Tithi 4 – 5	Gulika 5:52AM – 7:53AM	Punarvasu Until 6:35AM	Ganesha: Clear <i>Sunrise:</i> 3:51AM		Subhakrit 5124	
	343555479	Rahu 9:55AM – 11:56AM	Yama 3:58PM – 6:00PM	Vridhi Until 3:03PM	Muruqa: Green <i>Sunset:</i> 8:01PM		Moon 5 - Phase 7 - 18 3rd Phase	
Creative Work	Siddha Yoga		Bava Until 3:20AM Sat	Nataraja: Clear				
Until 6:35AM			Chaturthi* Until 2:12PM	Moon – Blue			Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi				

5	Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Regina, SK, Canada Sun 19	Sutra 48
	Kataka Rasi: 14.58	Tithi 5 – 6	Gulika 3:50AM – 5:52AM	Pushya Until 9:23AM	Ganesha: Clear <i>Sunrise:</i> 3:50AM		Subhakrit 5124	
	343555479	Rahu 7:53AM – 9:54AM	Yama 1:57PM – 3:59PM	Dhruva Until 3:47PM	Muruqa: Green <i>Sunset:</i> 8:02PM		Moon 5 - Phase 7 - 19 3rd Phase	
Creative Work	Siddha Yoga		Kaulava Until 5:19AM Sun	Nataraja: Clear				
Until 9:23AM			Panchami Until 4:21PM	Moon – Blue			Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi				

6	Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila Karana Shashthyam Titau				Regina, SK, Canada Sun 20	Sutra 49
	Kataka Rasi: 27.01	Tithi 6	Gulika 3:59PM – 6:01PM	Ashlesha* Until 11:42AM	Ganesha: Clear <i>Sunrise:</i> 3:49AM		Subhakrit 5124	
	343555471	Rahu 6:01PM – 8:03PM	Yama 11:56AM – 1:58PM	Vyaghata* Until 4:15PM	Muruqa: Green <i>Sunset:</i> 8:03PM		Moon 5 - Phase 7 - 20 3rd Phase	
Creative Work	Siddha Yoga		Taitila Until 6:08PM	Nataraja: Yellow				
Until 11:42AM			Shashthi* Until 6:08PM	Moon – Blue			Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi				

Retreat Star	Monday, June 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Regina, SK, Canada Sun 21	Sutra 50
	Simha Rasi: 9.15	Tithi 7	Gulika 1:58PM – 4:00PM	Magha* Until 1:53PM	Ganesha: Clear <i>Sunrise:</i> 3:49AM		Subhakrit 5124	
	354555471	Rahu 5:51AM – 7:53AM	Yama 9:54AM – 11:56AM	Harshana Until 4:21PM	Muruqa: Green <i>Sunset:</i> 8:04PM		Moon 5 - Phase 7 - 21 3rd Phase	
Family Home Evening			Gara Until 6:51AM	Nataraja: Yellow				
Routine Work	Marana Yoga		Saptami Until 7:23PM	Moon – Red			Devaloka Day	
Until 1:53PM				Jyeshtha-Vaikasi				
Then Creative Work - Siddha Yoga								

Retreat Star	Tuesday, June 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Regina, SK, Canada Sun 22	Sutra 51
	Simha Rasi: 21.44	Tithi 8	Gulika 11:56AM – 1:58PM	Purvaphalguni Until 3:18PM	Ganesha: Clear <i>Sunrise:</i> 3:48AM		Subhakrit 5124	
	354555471	Rahu 4:00PM – 6:02PM	Yama 7:52AM – 9:54AM	Vajra* Until 3:55PM	Muruqa: Green <i>Sunset:</i> 8:05PM		Moon 5 - Phase 7 - 22 Ashtami	
Creative Work	Siddha Yoga		Visti Until 7:48AM	Nataraja: Yellow				
Until 3:18PM			Ashtami* Until 8:00PM	Moon – Red			Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi				

Retreat Star	Wednesday, June 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Navamyam Titau				Regina, SK, Canada Sun 23	Sutra 52
	Kanya Rasi: 4.32	Tithi 9	Gulika 9:54AM – 11:57AM	Uttaraphalguni Until 3:51PM	Ganesha: Clear <i>Sunrise:</i> 3:48AM		Subhakrit 5124	
	354555471	Rahu 11:57AM – 1:59PM	Yama 5:50AM – 7:52AM	Siddhi Until 2:55PM	Muruqa: Green <i>Sunset:</i> 8:05PM		Moon 5 - Phase 7 - 23 Navami	
Creative Work	Amrita Yoga		Balava Until 8:03AM	Nataraja: Yellow				
Until 3:51PM			Navami* Until 7:51PM	Moon – Red			Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi				


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 24
	Kanya Rasi: 17.44	Tithi 10	Gulika 7:52AM – 9:55AM	Hasta Until 3:55PM	Ganesha: White	<i>Sunrise:</i> 3:48AM	Subhakrit 5124
			Yama 3:48AM – 5:50AM	Vyatipata* Until 1:19PM	Muruqa: Green	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 8 - 24
		364555471	Rahu 1:59PM – 4:01PM	Taitila Until 7:31AM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dashami Until 6:56PM	Moon – Green		Bhuloka Day	
Until 3:55PM				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25
	Tula Rasi: 1.23	Tithi 11 – 12	Gulika 5:50AM – 7:52AM	Chitra Until 3:05PM	Ganesha: White	<i>Sunrise:</i> 3:47AM	Subhakrit 5124
			Yama 4:02PM – 6:04PM	Variyan Until 11:03AM	Muruqa: Green	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8 - 25
		364555471	Rahu 9:55AM – 11:57AM	Vanija Until 6:12AM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 5:14PM	Moon – Green		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26
	Tula Rasi: 15.28	Tithi 12 – 13	Gulika 3:47AM – 5:50AM	Svati Until 1:24PM	Ganesha: White	<i>Sunrise:</i> 3:47AM	Subhakrit 5124
			Yama 2:00PM – 4:02PM	Parigha* Until 8:13AM	Muruqa: Green	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 8 - 26
		364555471	Rahu 7:52AM – 9:55AM	Kaulava Until 1:27AM Sun	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:51PM	Moon – Green		Bhuloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
						<i>Pradosha Vrata</i>	

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27
	Tula Rasi: 29.59	Tithi 13 – 14	Gulika 4:03PM – 6:05PM	Vishakha Until 11:24AM	Ganesha: Yellow	<i>Sunrise:</i> 3:47AM	Subhakrit 5124
			Yama 11:57AM – 2:00PM	Siddha Until 1:08AM Mon	Muruqa: Green	<i>Sunset:</i> 8:08PM	Moon 5 - Phase 8 - 27
		374555471	Rahu 6:05PM – 8:08PM	Gara Until 10:15PM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 11:53AM	Moon – Orange		Devaloka Day	
				Jyeshtha-Vaikasi			

	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sun 28
	Copper Retreat Star		Gulika 2:00PM – 4:03PM	Anuradha Until 8:50AM	Ganesha: Yellow	<i>Sunrise:</i> 3:47AM	Subhakrit 5124
	Vrischika Rasi: 14.52	Tithi 14 – 15	Yama 9:55AM – 11:58AM	Sadhya Until 9:06PM	Muruqa: Green	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 8 -
	Family Home Evening		374555471 Rahu 5:49AM – 7:52AM	Visti Until 6:42PM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 8:30AM	Moon – Orange		Devaloka Day	
				Jyeshtha-Vaikasi			

5	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sun 29
	Silver Retreat Star		Gulika 11:58AM – 2:01PM	Mula* Until 3:02AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 3:46AM	Subhakrit 5124
	Vrischika Rasi: 29.59	Tithi 16	Yama 7:52AM – 9:55AM	Subha Until 4:57PM	Muruqa: Green	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 8 -
		374555471	Rahu 4:04PM – 6:06PM	Balava Until 2:57PM	Nataraja: Yellow		Prathama
Creative Work	Amrita Yoga		Prathama* Until 1:02AM Wed	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			



Wednesday, June 15, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sutra 59

Subhakarit 5124

Dhanus Rasi: 15.12 Tithi 17

384555471

Gulika 9:55AM – 11:58AM
Yama 5:49AM – 7:52AM
Rahu 11:58AM – 2:01PM

Purvashadha* Until 12:08AM Thu
Sukla Until 12:44PM
Taitila Until 11:09AM
Dvitiya Until 9:17PM

Ganesha: Blue Sunrise: 3:46AM
Muruga: Green Sunset: 8:10PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 - 1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 12:08AM Thu

Then Routine Work - Marana Yoga

Thursday, June 16, 2022

1

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada

Sun 1 Sutra 60

Subhakarit 5124

Makara Rasi: 0.2 Tithi 18 – 19

384555471

Gulika 7:52AM – 9:55AM
Yama 3:46AM – 5:49AM
Rahu 2:01PM – 4:04PM

Uttarashadha Until 9:21PM
Brahma Until 8:40AM
Vanija Until 7:30AM
Tritiya Until 5:45PM

Ganesha: Blue Sunrise: 3:46AM
Muruga: Green Sunset: 8:10PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 9 - 1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 2 Sutra 61

Subhakarit 5124

Makara Rasi: 15.15 Tithi 19 – 20

394555471

Gulika 5:49AM – 7:52AM
Yama 4:04PM – 6:08PM
Rahu 9:55AM – 11:58AM

Shravana Until 7:13PM
Vaidhriti* Until 1:23AM Sat
Kaulava Until 1:11AM Sat
Chaturthi* Until 2:34PM

Ganesha: Red Sunrise: 3:46AM
Muruga: Green Sunset: 8:11PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 - 2 1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 3 Sutra 62

Subhakarit 5124

Makara Rasi: 29.49 Tithi 20 – 21

394555471

Gulika 3:46AM – 5:49AM
Yama 2:02PM – 4:05PM
Rahu 7:52AM – 9:56AM

Dhanishtha Until 5:29PM
Vishkambha* Until 10:24PM
Gara Until 10:49PM
Panchami Until 11:54AM

Ganesha: Blue Sunrise: 3:46AM
Muruga: Green Sunset: 8:11PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 - 3 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 5:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 4 Sutra 63

Subhakarit 5124

Kumbha Rasi: 13.59 Tithi 21 – 22

395655471

Gulika 4:05PM – 6:08PM
Yama 11:59AM – 2:02PM
Rahu 6:08PM – 8:11PM

Shatabhishak Until 4:16PM
Priti Until 8:00PM
Visti Until 9:08PM
Shashthi* Until 9:52AM

Ganesha: Red Sunrise: 3:46AM
Muruga: Green Sunset: 8:11PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 9 - 4 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 5 Sutra 64

Subhakarit 5124

Kumbha Rasi: 27.41 Tithi 22 – 23

315655471

Gulika 2:02PM – 4:05PM
Yama 9:56AM – 11:59AM
Rahu 5:50AM – 7:53AM

Purvaproshtapada* Until 4:05PM
Ayushman Until 6:10PM
Balava Until 8:12PM
Saptami Until 8:33AM

Ganesha: Clear Sunrise: 3:46AM
Muruga: Green Sunset: 8:12PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 - 5 Ashtami

Devaloka Day

Routine Work Marana Yoga

Until 4:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakarit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 6 Sutra 65

Subhakarit 5124

Meena Rasi: 10.58 Tithi 23 – 24

315655471

Gulika 11:59AM – 2:02PM
Yama 7:53AM – 9:56AM
Rahu 4:06PM – 6:09PM

Uttaraproshtapada Until 4:32PM
Saubhagya Until 4:59PM
Taitila Until 8:03PM
Ashtami* Until 8:01AM

Ganesha: Clear Sunrise: 3:47AM
Muruga: Green Sunset: 8:12PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 9 - 6 Navami

Devaloka Day

Creative Work Amrita Yoga

Until 4:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1	Wednesday, June 22, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 7 Sutra 66
	Meena Rasi: 23.5	Tithi 24 – 25	Gulika 9:56AM – 11:59AM	Revati Until 5:32PM	Ganesha: Clear	<i>Sunrise:</i> 3:47AM	Subhakra 5124
			Yama 5:50AM – 7:53AM	Sobhana Until 4:24PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 10 - 7
	Routine Work	Marana Yoga	315655471 Rahu 11:59AM – 2:03PM	Vanija Until 8:38PM	Nataraja: Yellow		2nd Phase
			Navami* Until 8:14AM	Moon – Clear		Devaloka Day	
				Jyeshtha-Ani			


2	Thursday, June 23, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 8 Sutra 67
	Mesha Rasi: 6.23	Tithi 25 – 26	Gulika 7:53AM – 9:57AM	Ashvini Until 7:31PM	Ganesha: Purple	<i>Sunrise:</i> 3:47AM	Subhakra 5124
			Yama 3:47AM – 5:50AM	Athiganda* Until 4:19PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 10 - 8
	Creative Work	Amrita Yoga	325655471 Rahu 2:03PM – 4:06PM	Bava Until 9:53PM	Nataraja: Yellow		2nd Phase
			Dashami Until 9:10AM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

3	Friday, June 24, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 9 Sutra 68
	Mesha Rasi: 18.39	Tithi 26 – 27	Gulika 5:51AM – 7:54AM	Bharani Until 9:52PM	Ganesha: Purple	<i>Sunrise:</i> 3:47AM	Subhakra 5124
			Yama 4:06PM – 6:09PM	Sukarma Until 4:41PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 10 - 9
	Creative Work	Siddha Yoga	325655471 Rahu 9:57AM – 12:00PM	Kaulava Until 11:39PM	Nataraja: Yellow		2nd Phase
			Ekadashi* Until 10:41AM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

4	Saturday, June 25, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 10 Sutra 69
	Vrishabha Rasi: 0.44	Tithi 27 – 28	Gulika 3:48AM – 5:51AM	Krittika Until 12:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 3:48AM	Subhakra 5124
			Yama 2:03PM – 4:06PM	Dhriti Until 5:23PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 10 - 10
	Creative Work	Amrita Yoga	325655471 Rahu 7:54AM – 9:57AM	Gara Until 1:48AM Sun	Nataraja: Yellow		2nd Phase
			Dvadashi* Until 12:40PM	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

5	Sunday, June 26, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 11 Sutra 70
	Vrishabha Rasi: 12.4	Tithi 28 – 29	Gulika 4:06PM – 6:09PM	Rohini Until 3:33AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 3:48AM	Subhakra 5124
			Yama 12:00PM – 2:03PM	Shula* Until 6:17PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 10 - 11
	Creative Work	Siddha Yoga	335655471 Rahu 6:09PM – 8:12PM	Visti Until 4:11AM Mon	Nataraja: Yellow		2nd Phase
			Trayodashi* Until 2:57PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

6	Monday, June 27, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 12 Sutra 71
	Vrishabha Rasi: 24.32	Tithi 29 – 30	Gulika 2:03PM – 4:06PM	Mrigashira Until 6:37AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 3:49AM	Subhakra 5124
	Family Home Evening		Yama 9:58AM – 12:00PM	Ganda* Until 7:18PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 10 - 12
	Creative Work	Amrita Yoga	335655471 Rahu 5:52AM – 7:55AM	Catuspada Until 6:41AM Tue	Nataraja: Yellow		2nd Phase
			Chaturdashi* Until 5:25PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

	Tuesday, June 28, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 72
	Retreat Star		Gulika 12:01PM – 2:03PM	Mrigashira Until 6:37AM	Ganesha: Purple	<i>Sunrise:</i> 3:49AM	Subhakra 5124
	Mithuna Rasi: 6.21	Tithi 30	Yama 7:55AM – 9:58AM	Vriddhi Until 8:22PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 10 - 13
	Creative Work	Siddha Yoga	336655471 Rahu 4:06PM – 6:09PM	Catuspada Until 6:41AM	Nataraja: Yellow		Amavasya
			Amavasya* Until 7:55PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

Retreat Star	Wednesday, June 29, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 73
	Mithuna Rasi: 18.11	Tithi 1	Gulika 9:58AM – 12:01PM	Ardra Until 9:30AM	Ganesha: Purple	<i>Sunrise:</i> 3:50AM	Subhakra 5124
			Yama 5:53AM – 7:55AM	Dhruva Until 9:22PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 6 - Phase 10 - 14
	Creative Work	Siddha Yoga	336655471 Rahu 12:01PM – 2:04PM	Kintughna Until 9:10AM	Nataraja: Yellow		Prathama
			Prathama* Until 10:22PM	Moon – Yellow		Bhuloka Day	
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1	Thursday, June 30, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 74
	Kataka Rasi: 0.02	Tithi 2	Gulika 7:56AM – 9:58AM	Punarvasu Until 12:38PM	Ganesha: Light Blue <i>Sunrise:</i> 3:50AM	Subhakit 5124	
			Yama 3:50AM – 5:53AM	Vyaghata* Until 10:16PM	Muruqa: Green <i>Sunset:</i> 8:12PM	Moon 6 - Phase 11 - 15	
	Creative Work	Amrita Yoga	346655471 Rahu 2:04PM – 4:06PM	Balava Until 11:34AM	Nataraja: Yellow	3rd Phase	
			Dvitiya Until 12:41AM Fri	Moon – Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

2	Friday, July 1, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 16 Sutra 75
	Kataka Rasi: 11.57	Tithi 3	Gulika 5:54AM – 7:56AM	Pushya Until 3:26PM	Ganesha: Light Blue <i>Sunrise:</i> 3:51AM	Subhakit 5124	
			Yama 4:06PM – 6:09PM	Harshana Until 11:02PM	Muruqa: Green <i>Sunset:</i> 8:11PM	Moon 6 - Phase 11 - 16	
	Routine Work	Marana Yoga	346655471 Rahu 9:59AM – 12:01PM	Taitila Until 1:47PM	Nataraja: Yellow	3rd Phase	
			Tritiya Until 2:47AM Sat	Moon – Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

3	Saturday, July 2, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Regina, SK, Canada Sun 17 Sutra 76
	Kataka Rasi: 23.58	Tithi 4	Gulika 3:52AM – 5:54AM	Ashlesha* Until 5:49PM	Ganesha: Light Blue <i>Sunrise:</i> 3:52AM	Subhakit 5124	
			Yama 2:04PM – 4:06PM	Vajra* Until 11:34PM	Muruqa: Green <i>Sunset:</i> 8:11PM	Moon 6 - Phase 11 - 17	
	Routine Work	Marana Yoga	346655471 Rahu 7:57AM – 9:59AM	Vanija Until 3:45PM	Nataraja: Yellow	3rd Phase	
			Chaturthi* Until 4:36AM Sun	Moon – Blue	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	
				Ashada*Ani			

4	Sunday, July 3, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Regina, SK, Canada Sun 18 Sutra 77
	Simha Rasi: 6.05	Tithi 5	Gulika 4:06PM – 6:08PM	Magha* Until 8:12PM	Ganesha: Orange <i>Sunrise:</i> 3:52AM	Subhakit 5124	
			Yama 12:02PM – 2:04PM	Siddhi Until 11:50PM	Muruqa: Green <i>Sunset:</i> 8:11PM	Moon 6 - Phase 11 - 18	
	Routine Work	Marana Yoga	356655471 Rahu 6:08PM – 8:11PM	Bava Until 5:23PM	Nataraja: Yellow	3rd Phase	
			Panchami Until 6:02AM Mon	Moon – Red	Devaloka Day		
				Ashada*Ani			

5	Monday, July 4, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 78
	Simha Rasi: 18.22	Tithi 5 – 6	Gulika 2:04PM – 4:06PM	Purvaphalguni Until 9:59PM	Ganesha: Orange <i>Sunrise:</i> 3:53AM	Subhakit 5124	
	Family Home Evening		Yama 10:00AM – 12:02PM	Vyatipata* Until 11:45PM	Muruqa: Green <i>Sunset:</i> 8:10PM	Moon 6 - Phase 11 - 19	
	Creative Work	Siddha Yoga	356655471 Rahu 5:55AM – 7:57AM	Kaulava Until 6:35PM	Nataraja: Yellow	3rd Phase	
			Panchami Until 6:02AM	Moon – Red	Devaloka Day		
				Ashada*Ani			

6	Tuesday, July 5, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau				Regina, SK, Canada Sun 20 Sutra 79
	Kanya Rasi: 0.51	Tithi 6 – 7	Gulika 12:02PM – 2:04PM	Uttaraphalguni Until 11:04PM	Ganesha: Clear <i>Sunrise:</i> 3:54AM	Subhakit 5124	
			Yama 7:58AM – 10:00AM	Varyan Until 11:12PM	Muruqa: Green <i>Sunset:</i> 8:10PM	Moon 6 - Phase 11 - 20	
	Creative Work	Amrita Yoga	357655471 Rahu 4:06PM – 6:08PM	Gara Until 7:15PM	Nataraja: Yellow	3rd Phase	
			Shashthi* Until 6:58AM	Moon – Red	Devaloka Day		
				Ashada*Ani			

☾	Wednesday, July 6, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 80
	Retreat Star		Gulika 10:00AM – 12:02PM	Hasta Until 11:50PM	Ganesha: Clear <i>Sunrise:</i> 3:55AM	Subhakit 5124	
	Kanya Rasi: 13.37	Tithi 7 – 8	Yama 5:57AM – 7:58AM	Parigha* Until 10:08PM	Muruqa: Green <i>Sunset:</i> 8:09PM	Moon 6 - Phase 11 - 21	
			467655471 Rahu 12:02PM – 2:04PM	Visti Until 7:16PM	Nataraja: Yellow	Ashtami	
			Saptami Until 7:19AM	Moon – Green	Devaloka Day		
				Ashada*Ani			

☽	Thursday, July 7, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 81
	Retreat Star		Gulika 7:59AM – 10:01AM	Chitra Until 11:43PM	Ganesha: Clear <i>Sunrise:</i> 3:56AM	Subhakit 5124	
	Kanya Rasi: 26.44	Tithi 8 – 9	Yama 3:56AM – 5:57AM	Shiva Until 8:31PM	Muruqa: Green <i>Sunset:</i> 8:09PM	Moon 6 - Phase 11 - 22	
			467655471 Rahu 2:04PM – 4:05PM	Balava Until 6:33PM	Nataraja: Yellow	Navami	
			Ashtami* Until 6:59AM	Moon – Green	Devaloka Day		
				Ashada*Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Friday, July 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 82 Subhakrit 5124
	Tula Rasi: 10.14 Tithi 10	Gulika 5:58AM – 7:59AM	Svati Until 10:43PM	Ganesha: Clear <i>Sunrise:</i> 3:56AM	Muruqa: Green <i>Sunset:</i> 8:08PM	Moon 6 - Phase 12 - 23 4th Phase
	Creative Work Siddha Yoga	467655471 Rahu 10:01AM – 12:02PM	Siddha Until 6:16PM Taitila Until 5:07PM	Nataraja: Yellow Moon – Green	Devaloka Day Ashada*Ani	
			Dashami Until 4:07AM Sat			

2	Saturday, July 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 24.11 Tithi 11	Gulika 3:57AM – 5:59AM	Vishakha Until 9:20PM	Ganesha: White <i>Sunrise:</i> 3:57AM	Muruqa: Green <i>Sunset:</i> 8:08PM	Moon 6 - Phase 12 - 24 4th Phase
	Creative Work Siddha Yoga	477655471 Rahu 8:00AM – 10:01AM	Sadhya Until 3:27PM Vanija Until 2:58PM	Nataraja: Yellow Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
			Ekadashi Until 1:39AM Sun	Ashada*Ani		

3	Sunday, July 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 8.34 Tithi 12	Gulika 4:05PM – 6:06PM	Anuradha Until 7:13PM	Ganesha: White <i>Sunrise:</i> 3:58AM	Muruqa: Green <i>Sunset:</i> 8:07PM	Moon 6 - Phase 12 - 25 4th Phase
	Routine Work Marana Yoga	477655471 Rahu 6:06PM – 8:07PM	Subha Until 12:09PM Bava Until 12:13PM	Nataraja: Yellow Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
			Dvadashi Until 10:37PM	Ashada*Ani		

4	Monday, July 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 23.2 Tithi 13	Gulika 2:04PM – 4:04PM	Jyeshtha* Until 4:31PM	Ganesha: White <i>Sunrise:</i> 3:59AM	Muruqa: Green <i>Sunset:</i> 8:06PM	Moon 6 - Phase 12 - 26 4th Phase
	Family Home Evening Creative Work Siddha Yoga	477655471 Rahu 6:00AM – 8:01AM	Sukla Until 8:24AM Kaulava Until 8:57AM	Nataraja: Yellow Moon – Orange	Bhuloka Day Devaloka Time: 6:PM to 9:PM	
			Trayodashi Until 7:10PM	Ashada*Ani		

Pradosha Vrata

5	Tuesday, July 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 8.24 Tithi 14 – 15	Gulika 12:03PM – 2:03PM	Mula* Until 1:46PM	Ganesha: White <i>Sunrise:</i> 4:00AM	Muruqa: Green <i>Sunset:</i> 8:05PM	Moon 6 - Phase 12 - 27 4th Phase
	Creative Work Amrita Yoga Until 1:46PM Then Creative Work - Siddha Yoga	488655471 Rahu 4:04PM – 6:05PM	Indra Until 12:11AM Wed Visti Until 1:32AM Wed	Nataraja: Yellow Moon – Light Blue	Sivaloka Day Ashada*Ani	
			Chaturdashi* Until 3:26PM			

○	Wednesday, July 13, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sun 28 Sutra 87 Subhakrit 5124
	Copper Retreat Star	Gulika 10:03AM – 12:03PM	Purvashadha* Until 10:46AM	Ganesha: Yellow <i>Sunrise:</i> 4:01AM	Muruqa: Green <i>Sunset:</i> 8:04PM	Moon 6 - Phase 12 - Purnima
	Dhanus Rasi: 23.38 Tithi 15 – 16	488755471 Rahu 12:03PM – 2:03PM	Vaidhriti* Until 7:55PM Balava Until 9:41PM	Nataraja: Yellow Moon – Light Blue	Devaloka Day Ashada*Ani	
	Creative Work Amrita Yoga	Satguru Purnima	Purnima* Until 11:35AM			

○	Thursday, July 14, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau				Regina, SK, Canada Sun 29 Sutra 88 Subhakrit 5124
	Silver Retreat Star	Gulika 8:03AM – 10:03AM	Uttarashadha Until 7:40AM	Ganesha: Yellow <i>Sunrise:</i> 4:03AM	Muruqa: Green <i>Sunset:</i> 8:04PM	Moon 6 - Phase 12 - Prathama
	Makara Rasi: 8.51 Tithi 16 – 17	488755471 Rahu 2:03PM – 4:03PM	Vishkambha* Until 3:47PM Gara Until 4:13AM Fri	Nataraja: Yellow Moon – Light Blue	Devaloka Day Ashada*Ani	
	Routine Work Marana Yoga Until 7:40AM Then Creative Work - Siddha Yoga		Prathama* Until 7:47AM			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Tritiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 89

Makara Rasi: 23.54 Tithi 18

Gulika 6:04AM – 8:03AM
Yama 4:03PM – 6:03PM
Rahu 10:03AM – 12:03PM

Dhanishtha Until 2:44AM Sat
Priti Until 11:54AM
Vanija Until 2:35PM
Tritiya Until 1:02AM Sat

Ganesha: Blue *Sunrise: 4:04AM*
Muruqa: Green *Sunset: 8:03PM*
Nataraja: Yellow
Moon – Purple

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 2:44AM Sat
Then Creative Work - Amrita Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada
Sun 2 Sutra 90

Kumbha Rasi: 8.38 Tithi 19

Gulika 4:05AM – 6:04AM
Yama 2:03PM – 4:02PM
Rahu 8:04AM – 10:04AM

Shatabhishak Until 12:50AM Sun
Ayushman Until 8:22AM
Bava Until 11:40AM
Chaturthi* Until 10:25PM

Ganesha: Blue *Sunrise: 4:05AM*
Muruqa: Green *Sunset: 8:02PM*
Nataraja: Yellow
Moon – Purple
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga
Until 12:50AM Sun
Then Creative Work - Siddha Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada
Sun 3 Sutra 91

Kumbha Rasi: 22.56 Tithi 20

Gulika 4:02PM – 6:01PM
Yama 12:03PM – 2:03PM
Rahu 6:01PM – 8:01PM

Purvaproshtapada* Until 11:56PM
Sobhana Until 2:58AM Mon
Kaulava Until 9:22AM
Panchami Until 8:29PM

Ganesha: White *Sunrise: 4:06AM*
Muruqa: Green *Sunset: 8:01PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 11:56PM
Then Creative Work - Amrita Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada* Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada
Sun 4 Sutra 92

Meena Rasi: 6.46 Tithi 21

Gulika 2:02PM – 4:02PM
Yama 10:04AM – 12:03PM
Rahu 6:06AM – 8:05AM

Uttaraproshtapada Until 11:42PM
Athiganda* Until 1:13AM Tue
Gara Until 7:50AM
Shashthi* Until 7:22PM

Ganesha: Clear *Sunrise: 4:07AM*
Muruqa: Green *Sunset: 8:00PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Regina, SK, Canada
Sun 5 Sutra 93

Meena Rasi: 20.07 Tithi 22

Gulika 12:03PM – 2:02PM
Yama 8:06AM – 10:05AM
Rahu 4:01PM – 6:00PM

Revati Until 12:10AM Wed
Sukarma Until 12:11AM Wed
Visti Until 7:09AM
Saptami Until 7:06PM

Ganesha: Clear *Sunrise: 4:08AM*
Muruqa: Green *Sunset: 7:59PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 12:10AM Wed
Then Routine Work - Marana Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 94

Mesha Rasi: 3 Tithi 23

Gulika 10:05AM – 12:04PM
Yama 6:08AM – 8:07AM
Rahu 12:04PM – 2:02PM

Ashvini Until 1:46AM Thu
Dhriti Until 11:49PM
Balava Until 7:19AM
Ashtami* Until 7:42PM

Ganesha: Purple *Sunrise: 4:10AM*
Muruqa: Green *Sunset: 7:57PM*
Nataraja: White
Moon – White
Ashada*Adi

Devaloka Day

Routine Work Marana Yoga
Until 1:46AM Thu
Then Creative Work - Siddha Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada
Sun 7 Sutra 95

Mesha Rasi: 15.3 Tithi 24

Gulika 8:07AM – 10:05AM
Yama 4:11AM – 6:09AM
Rahu 2:02PM – 4:00PM

Bharani Until 3:54AM Fri
Shula* Until 11:59PM
Taitila Until 8:19AM
Navami* Until 9:03PM

Ganesha: Purple *Sunrise: 4:11AM*
Muruqa: Green *Sunset: 7:56PM*
Nataraja: White
Moon – White
Ashada*Adi

Devaloka Day

Creative Work Siddha Yoga

1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visiti* Karana Dashamyam Titau		Regina, SK, Canada Sun 8 Sutra 96	
Mesha Rasi: 27.43	Tithi 25	Gulika 6:10AM – 8:08AM	Krittika Until 6:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:12AM	Subhakrit 5124	
		Yama 3:59PM – 5:57PM	Ganda* Until 12:37AM Sat	Muruqa: Green	<i>Sunset:</i> 7:55PM	Moon 7 - Phase 14 - 8	
		429755472 Rahu 10:06AM – 12:04PM	Vanija Until 9:59AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 10:59PM	Moon – White		Devaloka Day	
Until 6:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Regina, SK, Canada Sun 9 Sutra 97	
Virshabha Rasi: 9.43	Tithi 26	Gulika 4:13AM – 6:11AM	Krittika Until 6:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:13AM	Subhakrit 5124	
		Yama 2:01PM – 3:59PM	Vriddhi Until 1:32AM Sun	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 7 - Phase 14 - 9	
		429755472 Rahu 8:08AM – 10:06AM	Bava Until 12:08PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 1:18AM Sun	Moon – White		Devaloka Day	
				Ashada*Adi			

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Regina, SK, Canada Sun 10 Sutra 98	
Virshabha Rasi: 21.35	Tithi 27	Gulika 3:58PM – 5:55PM	Rohini Until 9:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:15AM	Subhakrit 5124	
		Yama 12:04PM – 2:01PM	Dhruva Until 2:34AM Mon	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 7 - Phase 14 - 10	
		439755472 Rahu 5:55PM – 7:53PM	Kaulava Until 2:34PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 3:49AM Mon	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Regina, SK, Canada Sun 11 Sutra 99	
Mithuna Rasi: 3.24	Tithi 28	Gulika 2:01PM – 3:57PM	Mrigashira Until 12:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:16AM	Subhakrit 5124	
Family Home Evening		Yama 10:07AM – 12:04PM	Vyaghata* Until 3:38AM Tue	Muruqa: Green	<i>Sunset:</i> 7:51PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 Rahu 6:13AM – 8:10AM	Gara Until 5:06PM	Nataraja: White		2nd Phase	
Until 12:37PM			Trayodashi* Until 6:20AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				Pradosha Vrata (Fasting)			

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau		Regina, SK, Canada Sun 12 Sutra 100	
Mithuna Rasi: 15.13	Tithi 28 – 29	Gulika 12:04PM – 2:00PM	Ardra Until 3:30PM	Ganesha: Red	<i>Sunrise:</i> 4:17AM	Subhakrit 5124	
		Yama 8:10AM – 10:07AM	Harshana Until 4:37AM Wed	Muruqa: Green	<i>Sunset:</i> 7:50PM	Moon 7 - Phase 14 - 12	
		431755472 Rahu 3:57PM – 5:53PM	Visti Until 7:34PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 6:20AM	Moon – Yellow		Bhuloka Day	
Until 3:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Regina, SK, Canada Sun 13 Sutra 101	
Mithuna Rasi: 27.04	Tithi 29 – 30	Gulika 10:07AM – 12:04PM	Punarvasu Until 6:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:19AM	Subhakrit 5124	
		Yama 6:15AM – 8:11AM	Vajra* Until 5:26AM Thu	Muruqa: Green	<i>Sunset:</i> 7:49PM	Moon 7 - Phase 14 - 13	
		441755472 Rahu 12:04PM – 2:00PM	Catuspada Until 9:52PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:44AM	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to12:PM	

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Regina, SK, Canada Sun 14 Sutra 102	
Kataka Rasi: 9.01	Tithi 30 – 1	Gulika 8:12AM – 10:08AM	Pushya Until 9:16PM	Ganesha: Yellow	<i>Sunrise:</i> 4:20AM	Subhakrit 5124	
		Yama 4:20AM – 6:16AM	Siddhi Until 6:04AM Fri	Muruqa: Green	<i>Sunset:</i> 7:47PM	Moon 7 - Phase 14 - 14	
		441755472 Rahu 1:59PM – 3:55PM	Kintughna Until 11:57PM	Nataraja: White		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 10:55AM	Moon – Blue		Bhuloka Day	
Until 9:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Friday, July 29, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Regina, SK, Canada Sun 15 Sutra 103 Subhakarit 5124	
Kataka Rasi: 21.02	Tithi 1 – 2	Gulika 6:17AM – 8:12AM	Ashlesha* Until 11:31PM	Ganesha: Yellow	Sunrise: 4:21AM	Moon 7 - Phase 15 - 15	3rd Phase
441755472	Rahu 10:08AM – 12:04PM	Yama 3:55PM – 5:50PM	Siddhi Until 6:04AM	Muruqa: Green	Sunset: 7:46PM		
Routine Work	Marana Yoga		Balava Until 1:44AM Sat	Nataraja: White			
			Prathama* Until 12:51PM	Moon – Blue			
				Sravana*Adi		Bhuloka Day	Devaloka Time: 9:AM to12:PM
2		Saturday, July 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Regina, SK, Canada Sun 16 Sutra 104 Subhakarit 5124	
Simha Rasi: 3.12	Tithi 2 – 3	Gulika 4:23AM – 6:18AM	Magha* Until 1:48AM Sun	Ganesha: Red	Sunrise: 4:23AM	Moon 7 - Phase 15 - 16	3rd Phase
451755472	Rahu 8:13AM – 10:08AM	Yama 1:59PM – 3:54PM	Vyatipata* Until 6:30AM	Muruqa: Green	Sunset: 7:44PM		
Creative Work	Amrita Yoga		Taitila Until 3:12AM Sun	Nataraja: White			
Until 1:48AM Sun			Dvitiya Until 2:29PM	Moon – Red			
Then Creative Work - Siddha Yoga				Sravana*Adi		Bhuloka Day	Devaloka Time: 9:AM to12:PM
3		Sunday, July 31, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Regina, SK, Canada Sun 17 Sutra 105 Subhakarit 5124	
Simha Rasi: 15.29	Tithi 3 – 4	Gulika 3:53PM – 5:48PM	Purvaphalguni Until 3:35AM Mon	Ganesha: Red	Sunrise: 4:24AM	Moon 7 - Phase 15 - 17	3rd Phase
451755472	Rahu 5:48PM – 7:43PM	Yama 12:03PM – 1:58PM	Variyan Until 6:39AM	Muruqa: Green	Sunset: 7:43PM		
Creative Work	Siddha Yoga		Vanija Until 4:19AM Mon	Nataraja: White			
			Tritiya Until 3:47PM	Moon – Red			
				Sravana*Adi		Bhuloka Day	Devaloka Time: 9:AM to12:PM
4		Monday, August 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Regina, SK, Canada Sun 18 Sutra 106 Subhakarit 5124	
Simha Rasi: 27.55	Tithi 4 – 5	Gulika 1:58PM – 3:52PM	Uttaraphalguni Until 4:48AM Tue	Ganesha: Red	Sunrise: 4:26AM	Moon 7 - Phase 15 - 18	3rd Phase
451755472	Rahu 6:20AM – 8:15AM	Yama 10:09AM – 12:03PM	Parigha* Until 6:32AM	Muruqa: Green	Sunset: 7:41PM		
Family Home Evening			Bava Until 5:02AM Tue	Nataraja: White			
Creative Work	Siddha Yoga		Chaturthi* Until 4:43PM	Moon – Red			
				Sravana*Adi		Bhuloka Day	Devaloka Time: 9:AM to12:PM
5		Tuesday, August 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Regina, SK, Canada Sun 19 Sutra 107 Subhakarit 5124	
Kanya Rasi: 10.32	Tithi 5 – 6	Gulika 12:03PM – 1:57PM	Hasta Until 5:53AM Wed	Ganesha: Blue	Sunrise: 4:27AM	Moon 7 - Phase 15 - 19	3rd Phase
461755472	Rahu 3:51PM – 5:46PM	Yama 8:15AM – 10:09AM	Shiva Until 6:06AM	Muruqa: Green	Sunset: 7:40PM		
Creative Work	Siddha Yoga		Kaulava Until 5:17AM Wed	Nataraja: White			
			Panchami Until 5:12PM	Moon – Green			
		Nag Panchami		Sravana*Adi		Devaloka Day	
6		Wednesday, August 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Regina, SK, Canada Sun 20 Sutra 108 Subhakarit 5124	
Kanya Rasi: 23.23	Tithi 6 – 7	Gulika 10:10AM – 12:03PM	Chitra Until 6:17AM Thu	Ganesha: Blue	Sunrise: 4:28AM	Moon 7 - Phase 15 - 20	3rd Phase
461755472	Rahu 12:03PM – 1:57PM	Yama 6:22AM – 8:16AM	Sadhya Until 4:03AM Thu	Muruqa: Green	Sunset: 7:38PM		
Creative Work	Siddha Yoga		Gara Until 5:00AM Thu	Nataraja: White			
Until 6:17AM Thu			Shashthi* Until 5:11PM	Moon – Green			
Then Creative Work - Amrita Yoga				Sravana*Adi		Devaloka Day	
Retreat Star		Thursday, August 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Regina, SK, Canada Sun 21 Sutra 109 Subhakarit 5124	
Tula Rasi: 6.29	Tithi 7 – 8	Gulika 8:17AM – 10:10AM	Chitra Until 6:17AM	Ganesha: Blue	Sunrise: 4:30AM	Moon 7 - Phase 15 - 21	3rd Phase
461765472	Rahu 1:56PM – 3:50PM	Yama 4:30AM – 6:23AM	Subha Until 2:22AM Fri	Muruqa: White	Sunset: 7:36PM		
Creative Work	Siddha Yoga		Visti Until 4:07AM Fri	Nataraja: White			
Until 6:17AM			Saptami Until 4:37PM	Moon – Green			
Then Creative Work - Amrita Yoga				Sravana*Adi		Devaloka Day	
Retreat Star		Friday, August 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Regina, SK, Canada Sun 22 Sutra 110 Subhakarit 5124	
Tula Rasi: 19.56	Tithi 8 – 9	Gulika 6:24AM – 8:17AM	Vishakha Until 5:19AM Sat	Ganesha: Blue	Sunrise: 4:31AM	Moon 7 - Phase 15 - 22	Ashtami
461765472	Rahu 10:10AM – 12:03PM	Yama 3:49PM – 5:42PM	Sukla Until 12:09AM Sat	Muruqa: White	Sunset: 7:35PM		
Creative Work	Siddha Yoga		Balava Until 2:38AM Sat	Nataraja: White			
			Ashtami* Until 3:26PM	Moon – Green			
		Varalakshmi Vratam		Sravana*Adi		Devaloka Day	
Retreat Star		Saturday, August 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 23 Sutra 111 Subhakarit 5124	
Vrischika Rasi: 3.43	Tithi 9 – 10	Gulika 4:33AM – 6:25AM	Anuradha Until 3:56AM Sun	Ganesha: Yellow	Sunrise: 4:33AM	Moon 7 - Phase 15 - 23	Navami
472865472	Rahu 8:18AM – 10:10AM	Yama 1:55PM – 3:48PM	Brahma Until 9:28PM	Muruqa: White	Sunset: 7:33PM		
Creative Work	Siddha Yoga		Taitila Until 12:32AM Sun	Nataraja: White			
Until 3:56AM Sun			Navami* Until 1:38PM	Moon – Orange			
Then Routine Work - Marana Yoga				Sravana*Adi		Bhuloka Day	Devaloka Time: 9:AM to12:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

www.gurudeva.org/panchang

1 Sunday, August 7, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Regina, SK, Canada Sun 24 Sutra 112 Subhakra 5124
Vrischika Rasi: 17.53	Tithi 10 - 11	Gulika 3:47PM - 5:39PM	Jyeshtha* Until 1:53AM Mon	Ganesha: Yellow <i>Sunrise:</i> 4:34AM	
		Yama 12:03PM - 1:55PM	Indra Until 6:20PM	Muruqa: White <i>Sunset:</i> 7:31PM	Moon 7 - Phase 16 - 24
	472865472	Rahu 5:39PM - 7:31PM	Vanija Until 9:55PM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Dashami Until 11:16AM	Moon - Orange	Bhuloka Day
Until 1:53AM Mon				Sravana*Adi	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga					

2 Monday, August 8, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Regina, SK, Canada Sun 25 Sutra 113 Subhakra 5124
Dhanus Rasi: 2.25	Tithi 11 - 12	Gulika 1:54PM - 3:46PM	Mula* Until 11:41PM	Ganesha: White <i>Sunrise:</i> 4:36AM	
Family Home Evening		Yama 10:11AM - 12:03PM	Vaidhriti* Until 2:48PM	Muruqa: White <i>Sunset:</i> 7:30PM	Moon 7 - Phase 16 - 25
Creative Work	Siddha Yoga	482865472 Rahu 6:27AM - 8:19AM	Bava Until 6:51PM	Nataraja: White	4th Phase
Until 11:41PM			Ekadashi Until 8:25AM	Moon - Light Blue	Devaloka Day
Then Routine Work - Marana Yoga				Sravana*Adi	

3 Tuesday, August 9, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau			Regina, SK, Canada Sun 26 Sutra 114 Subhakra 5124
Dhanus Rasi: 17.14	Tithi 13	Gulika 12:03PM - 1:54PM	Purvashadha* Until 9:04PM	Ganesha: White <i>Sunrise:</i> 4:37AM	
		Yama 8:20AM - 10:11AM	Vishkambha* Until 10:59AM	Muruqa: White <i>Sunset:</i> 7:28PM	Moon 7 - Phase 16 - 26
	482865472	Rahu 3:45PM - 5:37PM	Kaulava Until 3:28PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 1:41AM Wed	Moon - Light Blue	Devaloka Day
Until 9:04PM				Sravana*Adi	
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>		

4 Wednesday, August 10, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau			Regina, SK, Canada Sun 27 Sutra 115 Subhakra 5124
Makara Rasi: 2.15	Tithi 14	Gulika 10:11AM - 12:02PM	Uttarashadha Until 6:11PM	Ganesha: White <i>Sunrise:</i> 4:39AM	
		Yama 6:30AM - 8:21AM	Priti Until 7:01AM	Muruqa: White <i>Sunset:</i> 7:28PM	Moon 7 - Phase 16 - 27
	482865472	Rahu 12:02PM - 1:53PM	Gara Until 11:55AM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 10:06PM	Moon - Light Blue	Devaloka Day
Until 6:11PM				Sravana*Adi	
Then Creative Work - Siddha Yoga					

Thursday, August 11, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau			Regina, SK, Canada Sutra 116 Subhakra 5124
Copper Retreat Star		Gulika 8:21AM - 10:12AM	Shravana Until 3:36PM	Ganesha: Clear <i>Sunrise:</i> 4:40AM	
Makara Rasi: 17.19	Tithi 15	Yama 4:40AM - 6:31AM	Saubhagya Until 11:02PM	Muruqa: White <i>Sunset:</i> 7:24PM	Moon 7 - Phase 16 -
	492865472	Rahu 1:53PM - 3:43PM	Visti Until 8:20AM	Nataraja: White	Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:35PM	Moon - Purple	Bhuloka Day
		Raksha Bandhan		Sravana*Adi	Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Regina, SK, Canada Sutra 117 Subhakra 5124
Silver Retreat Star		Gulika 6:32AM - 8:22AM	Dhanishtha Until 1:06PM	Ganesha: Clear <i>Sunrise:</i> 4:42AM	
Kumbha Rasi: 2.16	Tithi 16 - 17	Yama 3:42PM - 5:32PM	Sobhana Until 7:20PM	Muruqa: White <i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 -
	492865472	Rahu 10:12AM - 12:02PM	Taitila Until 1:50AM Sat	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:18PM	Moon - Purple	Bhuloka Day
				Sravana*Adi	Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilayam Titau

Regina, SK, Canada
Sun 1 Sutra 118

Kumbha Rasi: 16.58 Tithi 17 - 18

Gulika 4:43AM - 6:33AM
Yama 1:52PM - 3:41PM
492865472 **Rahu** 8:23AM - 10:12AM

Shatabhishak Until 10:51AM
Athiganda* Until 3:59PM
Vanija Until 11:13PM
Dvitiya Until 12:26PM

Ganesha: Clear *Sunrise: 4:43AM*
Muruqa: White *Sunset: 7:21PM*
Nataraja: White
Moon - Purple
Sravana*Adi

Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Creative Work Amrita Yoga
Until 10:51AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilaya/Chaturthiyam Titau

Regina, SK, Canada
Sun 2 Sutra 119

Meena Rasi: 1.18 Tithi 18 - 19

Gulika 3:40PM - 5:29PM
Yama 12:02PM - 1:51PM
412865472 **Rahu** 5:29PM - 7:19PM

Purvaprosarthapada* Until 9:27AM
Sukarma Until 1:08PM
Bava Until 9:16PM
Tritiya Until 10:08AM

Ganesha: Yellow *Sunrise: 4:45AM*
Muruqa: White *Sunset: 7:19PM*
Nataraja: White
Moon - Clear
Sravana*Adi

Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Creative Work Siddha Yoga
Until 9:27AM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada
Sun 3 Sutra 120

Meena Rasi: 15.1 Tithi 19 - 20

Gulika 1:50PM - 3:39PM
Yama 10:13AM - 12:02PM
412865472 **Rahu** 6:35AM - 8:24AM

Uttaraprosarthapada Until 8:37AM
Dhriti Until 10:53AM
Kaulava Until 8:05PM
Chaturthi* Until 8:33AM

Ganesha: Yellow *Sunrise: 4:46AM*
Muruqa: White *Sunset: 7:17PM*
Nataraja: White
Moon - Clear
Sravana*Adi

Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Creative Work Siddha Yoga
Family Home Evening
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada
Sun 4 Sutra 121

Meena Rasi: 28.34 Tithi 20 - 21

Gulika 12:01PM - 1:50PM
Yama 8:24AM - 10:13AM
412865472 **Rahu** 3:38PM - 5:27PM

Revati Until 8:27AM
Shula* Until 9:18AM
Gara Until 7:46PM
Panchami Until 7:48AM

Ganesha: Yellow *Sunrise: 4:48AM*
Muruqa: White *Sunset: 7:15PM*
Nataraja: White
Moon - Clear
Sravana*Avani

Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada
Sun 5 Sutra 122

Mesha Rasi: 11.3 Tithi 21 - 22

Gulika 10:13AM - 12:01PM
Yama 6:37AM - 8:25AM
522865472 **Rahu** 12:01PM - 1:49PM

Ashvini Until 9:27AM
Ganda* Until 8:25AM
Visti Until 8:19PM
Shashthi* Until 7:55AM

Ganesha: Yellow *Sunrise: 4:49AM*
Muruqa: White *Sunset: 7:13PM*
Nataraja: White
Moon - White
Sravana*Avani

Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Routine Work Marana Yoga
Until 9:27AM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 123

Mesha Rasi: 24.02 Tithi 22 - 23

Gulika 8:26AM - 10:13AM
Yama 4:51AM - 6:38AM
522865472 **Rahu** 1:48PM - 3:36PM

Bharani Until 11:06AM
Vridhhi Until 8:12AM
Balava Until 9:40PM
Saptami Until 8:53AM

Ganesha: Yellow *Sunrise: 4:51AM*
Muruqa: White *Sunset: 7:11PM*
Nataraja: White
Moon - White
Sravana*Avani

Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Creative Work Siddha Yoga
Until 11:06AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Krishna Janmashtami

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Regina, SK, Canada
Sun 7 Sutra 124

Vrishabha Rasi: 6.16 Tithi 23 - 24

Gulika 6:39AM - 8:26AM
Yama 3:35PM - 5:22PM
523865472 **Rahu** 10:14AM - 12:01PM

Krittika Until 1:16PM
Dhruva Until 8:30AM
Taila Until 11:37PM
Ashtami* Until 10:33AM

Ganesha: White *Sunrise: 4:52AM*
Muruqa: White *Sunset: 7:09PM*
Nataraja: White
Moon - White
Sravana*Avani

Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Creative Work Siddha Yoga
Until 1:16PM
Then Routine Work - Marana Yoga

Bhuloka Day

1	Saturday, August 20, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 125 Subhakra 5124
	Wrishabha Rasi: 18.16	Tithi 24 – 25	Gulika 4:54AM – 6:40AM	Rohini Until 4:13PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	
			Yama 1:47PM – 3:34PM	Vyaghata* Until 9:13AM	Muruqa: White	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 18 - 8
	533865472	Rahu 8:27AM – 10:14AM		Vanija Until 1:57AM Sun	Nataraja: White		2nd Phase
Creative Work Amrita Yoga Until 4:13PM Then Creative Work - Siddha Yoga			Navami* Until 12:44PM	Moon – Yellow		Bhuloka Day Devaloka Time: 6:AM to 9:AM	


2	Sunday, August 21, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 126 Subhakra 5124
	Mithuna Rasi: 0.08	Tithi 25 – 26	Gulika 3:33PM – 5:19PM	Mrigashira Until 7:14PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	
			Yama 12:00PM – 1:46PM	Harshana Until 10:11AM	Muruqa: White	<i>Sunset:</i> 7:05PM	Moon 8 - Phase 18 - 9
	533865472	Rahu 5:19PM – 7:05PM		Bava Until 4:27AM Mon	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Dashami Until 3:10PM	Moon – Yellow		Bhuloka Day Devaloka Time: 6:AM to 9:AM	
				Sravana-Avani			


3	Monday, August 22, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 127 Subhakra 5124
	Mithuna Rasi: 11.58	Tithi 26 – 27	Gulika 1:46PM – 3:31PM	Ardra Until 10:05PM	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	
			Yama 10:14AM – 12:00PM	Vajra* Until 11:11AM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 8 - Phase 18 - 10
	533865472	Rahu 6:43AM – 8:28AM		Kaulava Until 6:54AM Tue	Nataraja: White		2nd Phase
Creative Work Siddha Yoga Until 10:05PM Then Creative Work - Amrita Yoga			Ekadashi* Until 5:40PM	Moon – Yellow		Bhuloka Day Devaloka Time: 6:AM to 9:AM	
				Sravana-Avani			

4	Tuesday, August 23, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Regina, SK, Canada Sun 11 Sutra 128 Subhakra 5124
	Mithuna Rasi: 23.49	Tithi 27	Gulika 12:00PM – 1:45PM	Punarvasu Until 1:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 4:58AM	
			Yama 8:29AM – 10:14AM	Siddhi Until 12:07PM	Muruqa: White	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 18 - 11
	543865472	Rahu 3:30PM – 5:16PM		Kaulava Until 6:54AM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 8:02PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

5	Wednesday, August 24, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Regina, SK, Canada Sun 12 Sutra 129 Subhakra 5124
	Kataka Rasi: 5.45	Tithi 28	Gulika 10:14AM – 11:59AM	Pushya Until 3:45AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:00AM	
			Yama 6:45AM – 8:30AM	Vyatipata* Until 12:54PM	Muruqa: White	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 18 - 12
	543865472	Rahu 11:59AM – 1:44PM		Gara Until 9:08AM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 10:08PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

6	Thursday, August 25, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Regina, SK, Canada Sun 13 Sutra 130 Subhakra 5124
	Kataka Rasi: 17.47	Tithi 29	Gulika 8:30AM – 10:15AM	Ashlesha* Until 5:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:01AM	
			Yama 5:01AM – 6:46AM	Variyan Until 1:24PM	Muruqa: White	<i>Sunset:</i> 6:57PM	Moon 8 - Phase 18 - 13
	543865472	Rahu 1:44PM – 3:28PM		Visti Until 11:04AM	Nataraja: White		2nd Phase
Creative Work Siddha Yoga Until 5:51AM Fri Then Routine Work - Marana Yoga			Chaturdashi* Until 11:53PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

	Friday, August 26, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Regina, SK, Canada Sun 14 Sutra 131 Subhakra 5124
	Retreat Star		Gulika 6:47AM – 8:31AM	Magha* Until 7:54AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:03AM	
	Kataka Rasi: 29.59	Tithi 30	Yama 3:27PM – 5:11PM	Parigha* Until 1:38PM	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 18 - 14
	543865472	Rahu 10:15AM – 11:59AM		Catuspada Until 12:38PM	Nataraja: White		Amavasya
Routine Work Marana Yoga Until 7:54AM Sat Then Creative Work - Siddha Yoga			Amavasya* Until 1:15AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani			

	Saturday, August 27, 2022		Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Regina, SK, Canada Sun 15 Sutra 132 Subhakra 5124
	Retreat Star		Gulika 5:04AM – 6:48AM	Magha* Until 7:54AM	Ganesha: Blue	<i>Sunrise:</i> 5:04AM	
	Simha Rasi: 12.2	Tithi 1	Yama 1:42PM – 3:26PM	Shiva Until 1:35PM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 8 - Phase 18 - 15
	553865473	Rahu 8:31AM – 10:15AM		Kintughna Until 1:49PM	Nataraja: Clear		Prathama
Creative Work Amrita Yoga Until 7:54AM Then Creative Work - Siddha Yoga			Prathama* Until 2:14AM Sun	Moon – Red		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
				Bhadrapada-Avani			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 16 Sutra 133 Subhakrit 5124
Simha Rasi: 24.52	Tithi 2	Gulika 3:24PM – 5:08PM	Purvaphalguni Until 9:24AM	Ganesha: Blue	Sunrise: 5:06AM	
		Yama 11:58AM – 1:41PM	Siddha Until 1:11PM	Muruqa: White	Sunset: 6:51PM	Moon 8 - Phase 19 - 16
		553865473 Rahu 5:08PM – 6:51PM	Balava Until 2:36PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 2:49AM Mon	Moon – Red		Bhuloka Day
Until 9:24AM				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau				Regina, SK, Canada Sun 17 Sutra 134 Subhakrit 5124
Kanya Rasi: 7.34	Tithi 3	Gulika 1:41PM – 3:23PM	Uttaraphalguni Until 10:22AM	Ganesha: Blue	Sunrise: 5:07AM	
Family Home Evening		Yama 10:15AM – 11:58AM	Sadhya Until 12:30PM	Muruqa: White	Sunset: 6:49PM	Moon 8 - Phase 19 - 17
		553865473 Rahu 6:50AM – 8:33AM	Taitila Until 2:59PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 3:01AM Tue	Moon – Red		Bhuloka Day
				Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Vistil* Karana Chaturthyam Titau				Regina, SK, Canada Sun 18 Sutra 135 Subhakrit 5124
Kanya Rasi: 20.28	Tithi 4	Gulika 11:58AM – 1:40PM	Hasta Until 11:17AM	Ganesha: Blue	Sunrise: 5:09AM	
		Yama 8:33AM – 10:15AM	Subha Until 11:32AM	Muruqa: White	Sunset: 6:46PM	Moon 8 - Phase 19 - 18
		563865473 Rahu 3:22PM – 5:04PM	Vanija Until 3:00PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:51AM Wed	Moon – Green		Bhuloka Day
		Ganesha Chaturthi		Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Regina, SK, Canada Sun 19 Sutra 136 Subhakrit 5124
Tula Rasi: 3.32	Tithi 5	Gulika 10:16AM – 11:57AM	Chitra Until 11:39AM	Ganesha: Red	Sunrise: 5:10AM	
		Yama 6:52AM – 8:34AM	Sukla Until 10:14AM	Muruqa: White	Sunset: 6:44PM	Moon 8 - Phase 19 - 19
		563965473 Rahu 11:57AM – 1:39PM	Bava Until 2:38PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:17AM Thu	Moon – Green		Devaloka Day
				Bhadrapada-Avani		

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Regina, SK, Canada Sun 20 Sutra 137 Subhakrit 5124
Tula Rasi: 16.5	Tithi 6	Gulika 8:34AM – 10:16AM	Svati Until 11:30AM	Ganesha: Red	Sunrise: 5:12AM	
		Yama 5:12AM – 6:53AM	Brahma Until 8:38AM	Muruqa: White	Sunset: 6:42PM	Moon 8 - Phase 19 - 20
		563965473 Rahu 1:38PM – 3:20PM	Kaulava Until 1:52PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 1:18AM Fri	Moon – Green		Devaloka Day
Until 11:30AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Regina, SK, Canada Sun 21 Sutra 138 Subhakrit 5124
Vrischika Rasi: 0.21	Tithi 7	Gulika 6:54AM – 8:35AM	Vishakha Until 11:14AM	Ganesha: Yellow	Sunrise: 5:13AM	
		Yama 3:18PM – 4:59PM	Indra Until 6:43AM	Muruqa: White	Sunset: 6:40PM	Moon 8 - Phase 19 - 21
		574965473 Rahu 10:16AM – 11:57AM	Gara Until 12:41PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:55PM	Moon – Orange		Devaloka Day
				Bhadrapada-Avani		

Retreat Star Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vistil*/Bava Karana Ashtamyam Titau				Regina, SK, Canada Sun 22 Sutra 139 Subhakrit 5124
Vrischika Rasi: 14.07	Tithi 8	Gulika 5:15AM – 6:55AM	Anuradha Until 10:24AM	Ganesha: Yellow	Sunrise: 5:15AM	
		Yama 1:37PM – 3:17PM	Vishkambha* Until 1:49AM Sun	Muruqa: White	Sunset: 6:38PM	Moon 8 - Phase 19 - 22
		574965473 Rahu 8:36AM – 10:16AM	Vistil Until 11:05AM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:07PM	Moon – Orange		Devaloka Day
				Bhadrapada-Avani		

Retreat Star Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Regina, SK, Canada Sun 23 Sutra 140 Subhakrit 5124
Vrischika Rasi: 28.08	Tithi 9	Gulika 3:16PM – 4:56PM	Jyeshtha* Until 9:01AM	Ganesha: Yellow	Sunrise: 5:16AM	
		Yama 11:56AM – 1:36PM	Priti Until 10:55PM	Muruqa: White	Sunset: 6:36PM	Moon 8 - Phase 19 - 23
		574965473 Rahu 4:56PM – 6:36PM	Balava Until 9:05AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 7:55PM	Moon – Orange		Devaloka Day
Until 9:01AM				Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Vanija Karana Dashami/Ekodashyam Titau				Regina, SK, Canada Sun 24 Sutra 141
	Dhanus Rasi: 12.24	Tithi 10 – 11	Gulika 1:35PM – 3:15PM	Mula* Until 7:32AM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Subhakrit 5124
Family Home Evening		584965473	Yama 10:16AM – 11:56AM	Ayushman Until 7:42PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 - 24
Creative Work	Siddha Yoga		Rahu 6:57AM – 8:37AM	Taitila Until 6:42AM	Nataraja: Clear		4th Phase
Until 7:32AM				Dashami Until 5:22PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

2	Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 142
	Dhanus Rasi: 26.53	Tithi 11 – 12	Gulika 11:55AM – 1:34PM	Uttarashadha Until 3:20AM Wed	Ganesha: White	<i>Sunrise:</i> 5:19AM	Subhakrit 5124
Routine Work		584965473	Yama 8:37AM – 10:16AM	Saubhagya Until 4:16PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20 - 25
Creative Work	Prabalarishta Yoga		Rahu 3:13PM – 4:52PM	Bava Until 1:05AM Wed	Nataraja: Clear		4th Phase
Until 3:20AM Wed				Ekadashi Until 2:33PM	Moon – Light Blue	Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

3	Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 143
	Makara Rasi: 11.32	Tithi 12 – 13	Gulika 10:16AM – 11:55AM	Shravana Until 1:15AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Subhakrit 5124
Creative Work		594965473	Yama 6:59AM – 8:38AM	Sobhana Until 12:44PM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20 - 26
Creative Work	Siddha Yoga		Rahu 11:55AM – 1:34PM	Kaulava Until 10:04PM	Nataraja: Clear		4th Phase
				Dvadashi Until 11:34AM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

Pradosha Vrata

4	Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 144
	Makara Rasi: 26.14	Tithi 13 – 14	Gulika 8:39AM – 10:17AM	Dhanishtha Until 11:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Subhakrit 5124
Creative Work		594965473	Yama 5:22AM – 7:00AM	Athiganda* Until 9:09AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga		Rahu 1:33PM – 3:11PM	Gara Until 7:05PM	Nataraja: Clear		4th Phase
				Trayodashi Until 8:33AM	Moon – Purple	Devaloka Day	
			Chidambaram Abhishekam		Bhadrapada*Avani		

○	Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sutra 145
	Copper Retreat Star		Gulika 7:01AM – 8:39AM	Shatabhishak Until 8:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Subhakrit 5124
Kumbha Rasi: 10.52	Tithi 15	594965473	Yama 3:10PM – 4:47PM	Dhriti Until 2:25AM Sat	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 20 - Purnima
Creative Work	Siddha Yoga		Rahu 10:17AM – 11:54AM	Visti Until 4:17PM	Nataraja: Clear		
				Purnima* Until 2:59AM Sat	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

○	Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sutra 146
	Silver Retreat Star		Gulika 5:25AM – 7:03AM	Purvaproshtapada* Until 7:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Subhakrit 5124
Kumbha Rasi: 25.19	Tithi 16	514965473	Yama 1:31PM – 3:08PM	Shula* Until 11:28PM	Muruqa: White	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 20 - Prathama
Creative Work	Marana Yoga		Rahu 8:40AM – 10:17AM	Balava Until 1:49PM	Nataraja: Clear		
Until 7:31PM				Prathama* Until 12:45AM Sun	Moon – Clear	Devaloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Sunday, September 11, 2022
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Taitila/Gara Karana Dviliyayam Titau

Regina, SK, Canada
Sutra 147

Meena Rasi: 9.28 Tithi 17
514965473
Creative Work Amrita Yoga

Gulika 3:07PM – 4:44PM
Yama 11:54AM – 1:30PM
Rahu 4:44PM – 6:20PM

Uttaraproshtapada Until 6:27PM
Ganda* Until 8:59PM
Taitila Until 11:51AM
Dvitiya Until 11:05PM

Ganesha: Clear *Sunrise:* 5:27AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – Clear

Subhakit 5124
Moon 9 - Phase 21 -
1st Phase

Devaloka Day

Bhadrapada-Avani

1

Monday, September 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 148

Meena Rasi: 23.14 Tithi 18
514965473
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:29PM – 3:06PM
Yama 10:17AM – 11:53AM
Rahu 7:05AM – 8:41AM

Revati Until 5:55PM
Vriddhi Until 7:04PM
Vanija Until 10:31AM
Tritiya Until 10:06PM

Ganesha: Clear *Sunrise:* 5:28AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Clear

Subhakit 5124
Moon 9 - Phase 21 - 1
1st Phase

Devaloka Day

Bhadrapada-Avani

2

Tuesday, September 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada
Sun 2 Sutra 149

Mesha Rasi: 6.35 Tithi 19
524965473
Creative Work Siddha Yoga

Gulika 11:53AM – 1:29PM
Yama 8:41AM – 10:17AM
Rahu 3:04PM – 4:40PM

Ashvini Until 6:25PM
Dhruva Until 5:44PM
Bava Until 9:56AM
Chaturthi* Until 9:55PM

Ganesha: White *Sunrise:* 5:30AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: Clear
Moon – White

Subhakit 5124
Moon 9 - Phase 21 - 2
1st Phase

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada
Sun 3 Sutra 150

Mesha Rasi: 19.31 Tithi 20
524965473
Creative Work Siddha Yoga
Until 7:34PM
Then Creative Work - Amrita Yoga

Gulika 10:17AM – 11:53AM
Yama 7:07AM – 8:42AM
Rahu 11:53AM – 1:28PM

Bharani Until 7:34PM
Vyaghata* Until 5:03PM
Kaulava Until 10:09AM
Panchami Until 10:32PM

Ganesha: White *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:14PM
Nataraja: Clear
Moon – White

Subhakit 5124
Moon 9 - Phase 21 - 3
1st Phase

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 6:PM to 9:PM

4

Thursday, September 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada
Sun 4 Sutra 151

Vrishabha Rasi: 2.04 Tithi 21
525965473
Routine Work Marana Yoga

Gulika 8:43AM – 10:17AM
Yama 5:33AM – 7:08AM
Rahu 1:27PM – 3:02PM

Krittika Until 9:17PM
Harshana Until 4:59PM
Gara Until 11:08AM
Shashthi* Until 11:53PM

Ganesha: Clear *Sunrise:* 5:33AM
Muruqa: White *Sunset:* 6:12PM
Nataraja: Clear
Moon – White

Subhakit 5124
Moon 9 - Phase 21 - 4
1st Phase

Devaloka Day

Bhadrapada-Avani

5

Friday, September 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Regina, SK, Canada
Sun 5 Sutra 152

Vrishabha Rasi: 14.19 Tithi 22
535965473
Routine Work Marana Yoga
Until 11:55PM
Then Creative Work - Siddha Yoga

Gulika 7:09AM – 8:43AM
Yama 3:01PM – 4:35PM
Rahu 10:17AM – 11:52AM

Rohini Until 11:55PM
Vajra* Until 5:22PM
Visti Until 12:49PM
Saptami Until 1:50AM Sat

Ganesha: White *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 6:09PM
Nataraja: Clear
Moon – Yellow

Subhakit 5124
Moon 9 - Phase 21 - 5
1st Phase

Sivaloka Day

Bhadrapada-Puratasi

D

Saturday, September 17, 2022
Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 153

Vrishabha Rasi: 26.22 Tithi 23
535965473
Creative Work Siddha Yoga

Gulika 5:36AM – 7:10AM
Yama 1:25PM – 2:59PM
Rahu 8:44AM – 10:18AM

Mrigashira Until 2:44AM Sun
Siddhi Until 6:06PM
Balava Until 2:58PM
Ashtami* Until 4:09AM Sun

Ganesha: White *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:07PM
Nataraja: Clear
Moon – Yellow

Subhakit 5124
Moon 9 - Phase 21 - 6
Ashtami

Sivaloka Day

Bhadrapada-Puratasi

Sunday, September 18, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata* Yoga Taitila/Gara Karana Navamyam Titau

Regina, SK, Canada
Sun 7 Sutra 154

Mithuna Rasi: 8.16 Tithi 24
535965473
Creative Work Siddha Yoga
Until 5:33AM Mon
Then Creative Work - Amrita Yoga

Gulika 2:58PM – 4:31PM
Yama 11:51AM – 1:25PM
Rahu 4:31PM – 6:05PM

Ardra Until 5:33AM Mon
Vyatipata* Until 7:01PM
Taitila Until 5:23PM
Navami* Until 6:36AM Mon

Ganesha: White *Sunrise:* 5:37AM
Muruqa: White *Sunset:* 6:05PM
Nataraja: Clear
Moon – Yellow

Subhakit 5124
Moon 9 - Phase 21 - 7
Navami

Sivaloka Day

Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1	Monday, September 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Punarvasu Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 155 Subhakrit 5124
	Mithuna Rasi: 20.08	Tithi 24 – 25	Gulika 1:24PM – 2:57PM	Punarvasu Until 8:36AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM	
	Family Home Evening	545965473	Yama 10:18AM – 11:51AM	Variyan Until 7:54PM	Muruqa: White	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 22 - 8
	Creative Work Amrita Yoga		Rahu 7:12AM – 8:45AM	Vanija Until 7:49PM	Nataraja: Clear		2nd Phase
Until 8:36AM Tue			Navami* Until 6:36AM	Moon – Blue		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			

2	Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 156 Subhakrit 5124
	Kataka Rasi: 2.01	Tithi 25 – 26	Gulika 11:50AM – 1:23PM	Punarvasu Until 8:36AM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM	
		545965473	Yama 8:45AM – 10:18AM	Parigha* Until 8:40PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 22 - 9
	Creative Work Siddha Yoga		Rahu 2:55PM – 4:28PM	Bava Until 10:05PM	Nataraja: Clear		2nd Phase
			Dashami Until 8:58AM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

3	Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 157 Subhakrit 5124
	Kataka Rasi: 14.01	Tithi 26 – 27	Gulika 10:18AM – 11:50AM	Pushya Until 11:15AM	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM	
		545965473	Yama 7:14AM – 8:46AM	Shiva Until 9:12PM	Muruqa: White	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 22 - 10
	Creative Work Siddha Yoga		Rahu 11:50AM – 1:22PM	Kaulava Until 11:59PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 11:04AM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

4	Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 11 Sutra 158 Subhakrit 5124
	Kataka Rasi: 26.09	Tithi 27 – 28	Gulika 8:47AM – 10:18AM	Ashlesha* Until 1:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM	
		545965473	Yama 5:44AM – 7:15AM	Siddha Until 9:21PM	Muruqa: White	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 22 - 11
	Creative Work Siddha Yoga		Rahu 1:21PM – 2:53PM	Gara Until 1:27AM Fri	Nataraja: Clear		2nd Phase
Until 1:20PM			Dvadashi* Until 12:46PM	Moon – Blue		Devaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 12 Sutra 159 Subhakrit 5124
	Simha Rasi: 8.29	Tithi 28 – 29	Gulika 7:16AM – 8:47AM	Magha* Until 3:18PM	Ganesha: Red	<i>Sunrise:</i> 5:45AM	
		555965473	Yama 2:52PM – 4:23PM	Sadhya Until 9:09PM	Muruqa: White	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 22 - 12
	Routine Work Marana Yoga		Rahu 10:18AM – 11:49AM	Visti Until 2:26AM Sat	Nataraja: Clear		2nd Phase
Until 3:18PM			Trayodashi* Until 1:59PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			

	Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 160 Subhakrit 5124
	Retreat Star		Gulika 5:47AM – 7:17AM	Purvaphalguni Until 4:36PM	Ganesha: Green	<i>Sunrise:</i> 5:47AM	
	Simha Rasi: 21.02	Tithi 29 – 30	Yama 1:20PM – 2:50PM	Subha Until 8:34PM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 22 - 13
	Creative Work Siddha Yoga		Rahu 8:48AM – 10:18AM	Catuspada Until 2:53AM Sun	Nataraja: Clear		Amavasya
Until 4:36PM		Mahalaya Amavasai (Tamil Nadu)	Chaturdashi* Until 2:42PM	Moon – Red		Bhuloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM	

Retreat Star	Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 161 Subhakrit 5124
	Kanya Rasi: 3.5	Tithi 30 – 1	Gulika 2:49PM – 4:19PM	Uttaraphalguni Until 5:15PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	
		556165473	Yama 11:49AM – 1:19PM	Sukla Until 7:33PM	Muruqa: White	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 22 - 14
	Creative Work Amrita Yoga		Rahu 4:19PM – 5:49PM	Kintughna Until 2:50AM Mon	Nataraja: Clear		Prathama
		Navaratri Begins	Amavasya* Until 2:54PM	Moon – Red		Bhuloka Day	
				Ashvina-Puratasi		Devaloka Time: 6:PM to 9:PM	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1	Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasla/Chitra Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Regina, SK, Canada Sun 15 Sutra 162 Subhakrit 5124	
	Kanya Rasi: 16.52	Tithi 1 – 2	Gulika 1:18PM – 2:48PM	Hasta Until 5:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM
Family Home Evening	566165473	Rahu 7:19AM – 8:49AM	Yama 10:19AM – 11:48AM	Brahma Until 6:11PM	Muruqa: White	<i>Sunset:</i> 5:47PM
Creative Work Siddha Yoga				Balava Until 2:21AM Tue	Nataraja: Clear	Moon 9 - Phase 23 - 15 3rd Phase
Until 5:45PM				Prathama* Until 2:38PM	Moon – Green	Bhuloka Day
Then Routine Work - Prabararishta Yoga					Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

2	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Regina, SK, Canada Sun 16 Sutra 163 Subhakrit 5124	
	Tula Rasi: 0.07	Tithi 2 – 3	Gulika 11:48AM – 1:17PM	Chitra Until 5:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM
Creative Work Siddha Yoga	666165473	Rahu 2:46PM – 4:16PM	Yama 8:50AM – 10:19AM	Indra Until 4:31PM	Muruqa: White	<i>Sunset:</i> 5:45PM
				Taitila Until 1:29AM Wed	Nataraja: Clear	Moon 9 - Phase 23 - 16 3rd Phase
				Dvitiya Until 1:57PM	Moon – Green	Bhuloka Day
					Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

3	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Regina, SK, Canada Sun 17 Sutra 164 Subhakrit 5124	
	Tula Rasi: 13.35	Tithi 3 – 4	Gulika 10:19AM – 11:48AM	Svati Until 5:09PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM
Creative Work Siddha Yoga	666165473	Rahu 11:48AM – 1:16PM	Yama 7:21AM – 8:50AM	Vaidhriti* Until 2:32PM	Muruqa: White	<i>Sunset:</i> 5:43PM
				Vanija Until 12:17AM Thu	Nataraja: Clear	Moon 9 - Phase 23 - 17 3rd Phase
				Tritiya Until 12:54PM	Moon – Green	Bhuloka Day
					Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

4	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau		Regina, SK, Canada Sun 18 Sutra 165 Subhakrit 5124	
	Tula Rasi: 27.14	Tithi 4 – 5	Gulika 8:51AM – 10:19AM	Vishakha Until 4:37PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM
Creative Work Siddha Yoga	676165473	Rahu 1:16PM – 2:44PM	Yama 5:54AM – 7:23AM	Vishkambha* Until 12:19PM	Muruqa: White	<i>Sunset:</i> 5:40PM
				Bava Until 10:49PM	Nataraja: Clear	Moon 9 - Phase 23 - 18 3rd Phase
				Chaturthi* Until 11:34AM	Moon – Orange	Bhuloka Day
					Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

5	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Regina, SK, Canada Sun 19 Sutra 166 Subhakrit 5124	
	Vrischika Rasi: 11.02	Tithi 5 – 6	Gulika 7:24AM – 8:51AM	Anuradha Until 3:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM
Creative Work Siddha Yoga	676165473	Rahu 10:19AM – 11:47AM	Yama 2:43PM – 4:10PM	Priti Until 9:56AM	Muruqa: White	<i>Sunset:</i> 5:38PM
Until 3:41PM				Kaulava Until 9:07PM	Nataraja: Clear	Moon 9 - Phase 23 - 19 3rd Phase
Then Routine Work - Marana Yoga				Panchami Until 9:58AM	Moon – Orange	Bhuloka Day
					Ashvina+Puratasi	Devaloka Time: 6:PM to 9:PM

6	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Regina, SK, Canada Sun 20 Sutra 167 Subhakrit 5124	
	Vrischika Rasi: 24.59	Tithi 6 – 7	Gulika 5:57AM – 7:25AM	Jyeshtha* Until 2:26PM	Ganesha: Red	<i>Sunrise:</i> 5:57AM
Creative Work Siddha Yoga	677165473	Rahu 8:52AM – 10:19AM	Yama 1:14PM – 2:41PM	Ayushman Until 7:21AM	Muruqa: White	<i>Sunset:</i> 5:36PM
				Gara Until 7:13PM	Nataraja: Clear	Moon 9 - Phase 23 - 20 3rd Phase
				Shashthi* Until 8:10AM	Moon – Orange	Devaloka Day
					Ashvina+Puratasi	

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		Regina, SK, Canada Sun 21 Sutra 168 Subhakrit 5124	
	Retreat Star		Gulika 2:40PM – 4:07PM	Mula* Until 1:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:59AM
Dhanus Rasi: 9.02	Tithi 7 – 8	Rahu 4:07PM – 5:34PM	Yama 11:46AM – 1:13PM	Sobhana Until 1:48AM Mon	Muruqa: Green	<i>Sunset:</i> 5:34PM
Creative Work Amrita Yoga	687166473			Bava Until 4:05AM Mon	Nataraja: Clear	Moon 9 - Phase 23 - 21 Ashtami
Until 1:17PM				Saptami Until 6:12AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Siddha Yoga			Durga Ashtami		Ashvina+Puratasi	

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Regina, SK, Canada Sun 22 Sutra 169 Subhakrit 5124	
	Retreat Star		Gulika 1:12PM – 2:39PM	Purvashadha* Until 11:52AM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM
Dhanus Rasi: 23.11	Tithi 9	Rahu 7:27AM – 8:53AM	Yama 10:20AM – 11:46AM	Athiganda* Until 10:51PM	Muruqa: Green	<i>Sunset:</i> 5:32PM
Family Home Evening	687166473			Balava Until 2:59PM	Nataraja: Clear	Moon 9 - Phase 23 - 22 Navami
Routine Work Marana Yoga				Navami* Until 1:50AM Tue	Moon – Light Blue	Sivaloka Day
			Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 170	
Makara Rasi: 7.25	Tithi 10	Gulika	11:46AM – 1:12PM	Uttarashadha Until 10:12AM	Ganesha: Blue	<i>Sunrise: 6:02AM</i>		Subhakrit 5124	
		Yama	8:54AM – 10:20AM	Sukarma Until 7:50PM	Muruqa: Green	<i>Sunset: 5:29PM</i>	Moon 9 - Phase 24 - 23		
		687166473 Rahu	2:38PM – 4:04PM	Taitila Until 12:43PM	Nataraja: Clear		4th Phase		
Routine Work	Prabalarishta Yoga				Moon – Light Blue			Sivaloka Day	
Until 10:12AM		Vijaya Dasami		Dashami Until 11:32PM	Ashvina+Puratasi				
Then Creative Work - Siddha Yoga									

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 171	
Makara Rasi: 21.4	Tithi 11	Gulika	10:20AM – 11:45AM	Shravana Until 8:46AM	Ganesha: Yellow	<i>Sunrise: 6:04AM</i>		Subhakrit 5124	
		Yama	7:29AM – 8:54AM	Dhriti Until 4:50PM	Muruqa: Green	<i>Sunset: 5:27PM</i>	Moon 9 - Phase 24 - 24		
		697166473 Rahu	11:45AM – 1:11PM	Vanija Until 10:24AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga				Moon – Purple			Devaloka Day	
Until 8:46AM				Ekadashi Until 9:14PM	Ashvina+Puratasi				
Then Routine Work - Prabalarishta Yoga									

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 172	
Kumbha Rasi: 5.55	Tithi 12	Gulika	8:55AM – 10:20AM	Dhanishtha Until 7:14AM	Ganesha: Yellow	<i>Sunrise: 6:05AM</i>		Subhakrit 5124	
		Yama	6:05AM – 7:30AM	Shula* Until 1:51PM	Muruqa: Green	<i>Sunset: 5:25PM</i>	Moon 9 - Phase 24 - 25		
		697166473 Rahu	1:10PM – 2:35PM	Bava Until 8:07AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga				Moon – Purple			Devaloka Day	
		Kadaitswami Mahasamadhi		Dvadashi Until 7:00PM	Ashvina+Puratasi				

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 26 Sutra 173	
Kumbha Rasi: 20.05	Tithi 13 – 14	Gulika	7:31AM – 8:56AM	Purvaproshtapada* Until 4:39AM Sat	Ganesha: Clear	<i>Sunrise: 6:07AM</i>		Subhakrit 5124	
		Yama	2:34PM – 3:58PM	Ganda* Until 11:01AM	Muruqa: Green	<i>Sunset: 5:23PM</i>	Moon 9 - Phase 24 - 26		
		617166474 Rahu	10:20AM – 11:45AM	Gara Until 4:04AM Sat	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga				Moon – Clear			Bhuloka Day	
		Chidambaram Abhishekam		Trayodashi Until 4:58PM	Ashvina+Puratasi			Devaloka Time: 9:AM to 12:PM	
								<i>Pradosha Vrata</i>	

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sun 27 Sutra 174	
Meena Rasi: 4.06	Tithi 14 – 15	Gulika	6:08AM – 7:32AM	Uttaraproshtapada Until 3:50AM Sun	Ganesha: White	<i>Sunrise: 6:08AM</i>		Subhakrit 5124	
		Yama	1:09PM – 2:33PM	Vridhhi Until 8:25AM	Muruqa: Green	<i>Sunset: 5:21PM</i>	Moon 9 - Phase 24 - 27		
		618166474 Rahu	8:56AM – 10:20AM	Visti Until 2:31AM Sun	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga				Moon – Clear			Bhuloka Day	
Until 3:50AM Sun				Chaturdashi* Until 3:13PM	Ashvina+Puratasi				
Then Creative Work - Amrita Yoga									

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 175	
Copper Retreat Star		Gulika	2:31PM – 3:55PM	Revati Until 3:21AM Mon	Ganesha: White	<i>Sunrise: 6:10AM</i>		Subhakrit 5124	
Meena Rasi: 17.53	Tithi 15 – 16	Yama	11:44AM – 1:08PM	Dhruva Until 6:05AM	Muruqa: Green	<i>Sunset: 5:19PM</i>	Moon 9 - Phase 24 - Purnima		
		618166474 Rahu	3:55PM – 5:19PM	Balava Until 1:28AM Mon	Nataraja: Purple				
Creative Work	Amrita Yoga				Moon – Clear			Bhuloka Day	
Until 3:21AM Mon				Purnima* Until 1:54PM	Ashvina+Puratasi				
Then Creative Work - Siddha Yoga									

Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sutra 176		
Silver Retreat Star		Gulika	1:07PM – 2:30PM	Ashvini Until 3:45AM Tue	Ganesha: Yellow	<i>Sunrise: 6:11AM</i>		Subhakrit 5124
Mesha Rasi: 1.23	Tithi 16 – 17	Yama	10:21AM – 11:44AM	Harshana Until 2:44AM Tue	Muruqa: White	<i>Sunset: 5:17PM</i>	Moon 9 - Phase 24 - Prathama	
Family Home Evening		628176474 Rahu	7:35AM – 8:58AM	Taitila Until 12:59AM Tue	Nataraja: Purple			
Creative Work	Siddha Yoga				Moon – White			Bhuloka Day
				Prathama* Until 1:07PM	Ashvina+Puratasi			Devaloka Time: 6:AM to 9:AM



Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 14.32 Tithi 17 - 18

628176474

Gulika 11:44AM - 1:06PM
Yama 8:58AM - 10:21AM
Rahu 2:29PM - 3:52PM

Bharani Until 4:38AM Wed

Vajra* Until 1:47AM Wed

Vanija Until 1:10AM Wed

Dvitiya Until 12:58PM

Ganesha: Yellow *Sunrise:* 6:13AM

Muruqa: White *Sunset:* 5:14PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:38AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 27.22 Tithi 18 - 19

628176474

Gulika 10:21AM - 11:44AM
Yama 7:37AM - 8:59AM
Rahu 11:44AM - 1:06PM

Krittika Until 6:01AM Thu

Siddhi Until 1:23AM Thu

Bava Until 2:02AM Thu

Tritiya Until 1:30PM

Ganesha: Yellow *Sunrise:* 6:15AM

Muruqa: White *Sunset:* 5:12PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:01AM Thu

Then Routine Work - Marana Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 9.53 Tithi 19 - 20

628176474

Gulika 9:00AM - 10:22AM
Yama 6:16AM - 7:38AM
Rahu 1:05PM - 2:27PM

Krittika Until 6:01AM

Vyatipata* Until 1:28AM Fri

Kaulava Until 3:32AM Fri

Chaturthi* Until 2:41PM

Ganesha: Yellow *Sunrise:* 6:16AM

Muruqa: White *Sunset:* 5:10PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Taaila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 22.09 Tithi 20 - 21

639176474

Gulika 7:39AM - 9:00AM
Yama 2:26PM - 3:47PM
Rahu 10:22AM - 11:43AM

Rohini Until 8:19AM

Varyan Until 1:56AM Sat

Gara Until 5:32AM Sat

Panchami Until 4:27PM

Ganesha: Red *Sunrise:* 6:18AM

Muruqa: White *Sunset:* 5:08PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 8:19AM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Vanija Karana Shashthyam Titau

Regina, SK, Canada

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 4.12 Tithi 21

639176474

Gulika 6:19AM - 7:40AM
Yama 1:04PM - 2:24PM
Rahu 9:01AM - 10:22AM

Mrigashira Until 10:55AM

Parigha* Until 2:40AM Sun

Vanija Until 6:39PM

Shashthi* Until 6:39PM

Ganesha: Red *Sunrise:* 6:19AM

Muruqa: White *Sunset:* 5:06PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Regina, SK, Canada

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 16.08 Tithi 22

639176474

Gulika 2:23PM - 3:44PM
Yama 11:43AM - 1:03PM
Rahu 3:44PM - 5:04PM

Ardra Until 1:37PM

Shiva Until 3:32AM Mon

Visti Until 7:52AM

Saptami Until 9:04PM

Ganesha: Red *Sunrise:* 6:21AM

Muruqa: White *Sunset:* 5:04PM

Nataraja: Purple

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 28.01 Tithi 23

649176474

Gulika 1:02PM - 2:22PM
Yama 10:22AM - 11:42AM
Rahu 7:43AM - 9:03AM

Punarvasu Until 4:42PM

Siddha Until 4:20AM Tue

Balava Until 10:18AM

Ashtami* Until 11:29PM

Ganesha: Green *Sunrise:* 6:23AM

Muruqa: White *Sunset:* 5:02PM

Nataraja: Purple

Moon - Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 4:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Taaila/Gara Karana Navamyam Titau

Regina, SK, Canada

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 9.55 Tithi 24

649176474

Gulika 11:42AM - 1:02PM
Yama 9:03AM - 10:23AM
Rahu 2:21PM - 3:41PM

Pushya Until 7:29PM

Sadhya Until 4:58AM Wed

Taaila Until 12:39PM

Navami* Until 1:42AM Wed

Ganesha: Green *Sunrise:* 6:24AM

Muruqa: White *Sunset:* 5:00PM

Nataraja: Purple

Moon - Blue

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

www.gurudeva.org/panchang

1	Wednesday, October 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 16 Sutra 192 Subhakrit 5124
	Tula Rasi: 22.58	Tithi 2	Gulika 10:25AM – 11:41AM	Vishakha Until 11:38PM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM	
			Yama 7:53AM – 9:09AM	Ayushman Until 6:54PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 Rahu 11:41AM – 12:57PM	Balava Until 1:16PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 12:13AM Thu	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 17 Sutra 193 Subhakrit 5124
	Vrischika Rasi: 7.05	Tithi 3	Gulika 9:10AM – 10:26AM	Anuradha Until 10:07PM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	
			Yama 6:39AM – 7:55AM	Saubhagya Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 Rahu 12:56PM – 2:12PM	Taitila Until 11:09AM	Nataraja: Clear		3rd Phase
			Tritiya Until 10:00PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

3	Friday, October 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Regina, SK, Canada Sun 18 Sutra 194 Subhakrit 5124
	Vrischika Rasi: 21.2	Tithi 4	Gulika 7:56AM – 9:11AM	Jyeshtha* Until 8:21PM	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	
			Yama 2:11PM – 3:26PM	Sobhana Until 12:54PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 Rahu 10:26AM – 11:41AM	Vanija Until 8:50AM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 7:38PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

4	Saturday, October 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau				Regina, SK, Canada Sun 19 Sutra 195 Subhakrit 5124
	Dhanus Rasi: 5.4	Tithi 5 – 6	Gulika 6:43AM – 7:57AM	Mula* Until 6:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	
			Yama 12:55PM – 2:10PM	Athiganda* Until 9:45AM	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	671276574 Rahu 9:12AM – 10:26AM	Bava Until 6:27AM	Nataraja: Clear		3rd Phase
			Panchami Until 5:14PM	Moon – Light Blue		Devaloka Day	
				Karttika•Aipasi			

5	Sunday, October 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Regina, SK, Canada Sun 20 Sutra 196 Subhakrit 5124
	Dhanus Rasi: 19.59	Tithi 6 – 7	Gulika 2:09PM – 3:23PM	Purvashadha* Until 5:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	
			Yama 11:41AM – 12:55PM	Sukarma Until 6:39AM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	671276574 Rahu 3:23PM – 4:37PM	Gara Until 1:45AM Mon	Nataraja: Clear		3rd Phase
			Shashthi* Until 2:52PM	Moon – Light Blue		Devaloka Day	
				Karttika•Aipasi			

D	Monday, October 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 197 Subhakrit 5124
	Retreat Star		Gulika 12:54PM – 2:08PM	Uttarashadha Until 3:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	
	Makara Rasi: 4.16	Tithi 7 – 8	Yama 10:27AM – 11:41AM	Shula* Until 12:41AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 10 - Phase 27 - 21
	Family Home Evening		671276574 Rahu 8:00AM – 9:13AM	Visti Until 11:35PM	Nataraja: Clear		Ashtami
			Saptami Until 12:38PM	Moon – Light Blue		Devaloka Day	
				Karttika•Aipasi			

D	Tuesday, November 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 198 Subhakrit 5124
	Retreat Star		Gulika 11:41AM – 12:54PM	Shravana Until 2:21PM	Ganesha: White	<i>Sunrise:</i> 6:48AM	
	Makara Rasi: 18.25	Tithi 8 – 9	Yama 9:14AM – 10:27AM	Ganda* Until 9:55PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	671276574 Rahu 2:07PM – 3:20PM	Balava Until 9:37PM	Nataraja: Clear		Navami
			Ashtami* Until 10:33AM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 199
	Kumbha Rasi: 2.28	Tithi 9 – 10	Gulika 10:28AM – 11:41AM	Dhanishtha Until 1:14PM	Ganesha: Green	<i>Sunrise:</i> 6:49AM	Subhakrit 5124
			Yama 8:02AM – 9:15AM	Vriddhi Until 7:20PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 28 - 23
		692276574	Rahu 11:41AM – 12:53PM	Taitila Until 7:51PM	Nataraja: Clear		4th Phase
Routine Work Prabalarishta Yoga Until 1:14PM Then Creative Work - Siddha Yoga			Navami* Until 8:41AM		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekashyam Titau				Regina, SK, Canada Sun 24 Sutra 200
	Kumbha Rasi: 16.2	Tithi 10 – 11	Gulika 9:16AM – 10:28AM	Shatabhishak Until 12:12PM	Ganesha: Green	<i>Sunrise:</i> 6:51AM	Subhakrit 5124
			Yama 6:51AM – 8:03AM	Dhruva Until 4:56PM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 28 - 24
		692276574	Rahu 12:53PM – 2:06PM	Vanija Until 6:22PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Dashami Until 7:03AM		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadasyam Titau				Regina, SK, Canada Sun 25 Sutra 201
	Meena Rasi: 0.04	Tithi 12	Gulika 8:05AM – 9:17AM	Purvaproshtapada* Until 11:44AM	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	Subhakrit 5124
			Yama 2:05PM – 3:17PM	Vyaghata* Until 2:46PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 28 - 25
		612276574	Rahu 10:29AM – 11:41AM	Bava Until 5:10PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Dvadasashi Until 4:40AM Sat		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 202
	Meena Rasi: 14	Tithi 13	Gulika 6:54AM – 8:06AM	Uttaraproshtapada Until 11:28AM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	Subhakrit 5124
			Yama 12:52PM – 2:04PM	Harshana Until 12:54PM	Muruqa: Clear	<i>Sunset:</i> 4:27PM	Moon 10 - Phase 28 - 26
		612276574	Rahu 9:17AM – 10:29AM	Kaulava Until 4:19PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 11:28AM Then Routine Work - Prabalarishta Yoga			Trayodashi Until 4:01AM Sun <i>Pradosha Vrata</i>		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 203
	Meena Rasi: 26.55	Tithi 14	Gulika 2:03PM – 3:14PM	Revati Until 11:25AM	Ganesha: Blue	<i>Sunrise:</i> 6:56AM	Subhakrit 5124
			Yama 11:41AM – 12:52PM	Vajra* Until 11:18AM	Muruqa: Clear	<i>Sunset:</i> 4:25PM	Moon 10 - Phase 28 - 27
		612276574	Rahu 3:14PM – 4:25PM	Gara Until 3:52PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga Until 11:25AM Then Creative Work - Siddha Yoga			Chaturdashi* Until 3:47AM Mon		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

○	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sutra 204
	Copper Retreat Star		Gulika 12:52PM – 2:02PM	Ashvini Until 12:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:58AM	Subhakrit 5124
	Mesha Rasi: 10.01	Tithi 15	Yama 10:30AM – 11:41AM	Siddhi Until 10:05AM	Muruqa: Clear	<i>Sunset:</i> 4:24PM	Moon 10 - Phase 28 - Purnima
	Family Home Evening	722276574	Rahu 8:08AM – 9:19AM	Visti Until 3:52PM	Nataraja: Clear		
Creative Work Siddha Yoga			Purnima* Until 4:02AM Tue		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

○	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sutra 205
	Silver Retreat Star		Gulika 11:41AM – 12:51PM	Bharani Until 1:08PM	Ganesha: Blue	<i>Sunrise:</i> 6:59AM	Subhakrit 5124
	Mesha Rasi: 22.53	Tithi 16	Yama 9:20AM – 10:30AM	Vyatipata* Until 9:14AM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Moon 10 - Phase 28 - Prathama
		722276574	Rahu 2:02PM – 3:12PM	Balava Until 4:23PM	Nataraja: Clear		
Creative Work Siddha Yoga			Prathama* Until 4:49AM Wed		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada
Sutra 206

Vrishabha Rasi: 5.3 Tithi 17

722276574

Gulika 10:31AM – 11:41AM
Yama 8:11AM – 9:21AM
Rahu 11:41AM – 12:51PM

Krittika Until 2:29PM

Variyan Until 8:46AM

Taitila Until 5:25PM

Dvitiya Until 6:06AM Thu

Ganesha: Blue

Sunrise: 7:01AM

Muruqa: Clear

Sunset: 4:21PM

Nataraja: Clear

Moon – White

Kartika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 2:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 207

Vrishabha Rasi: 17.53 Tithi 17 – 18

732276574

Gulika 9:22AM – 10:31AM
Yama 7:03AM – 8:12AM
Rahu 12:51PM – 2:00PM

Rohini Until 4:39PM

Parigha* Until 8:42AM

Vanija Until 6:56PM

Dvitiya Until 6:06AM

Ganesha: Red

Sunrise: 7:03AM

Muruqa: Clear

Sunset: 4:19PM

Nataraja: Clear

Moon – Yellow

Kartika-Aipasi

Devaloka Day

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Regina, SK, Canada
Sun 2 Sutra 208

Mithuna Rasi: 0.05 Tithi 18 – 19

732276574

Gulika 8:14AM – 9:23AM
Yama 2:00PM – 3:09PM
Rahu 10:32AM – 11:41AM

Mrigashira Until 7:05PM

Shiva Until 9:00AM

Bava Until 8:55PM

Tritiya Until 7:51AM

Ganesha: Red

Sunrise: 7:04AM

Muruqa: Clear

Sunset: 4:18PM

Nataraja: Clear

Moon – Yellow

Kartika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada
Sun 3 Sutra 209

Mithuna Rasi: 12.07 Tithi 19 – 20

732276574

Gulika 7:06AM – 8:15AM
Yama 12:50PM – 1:59PM
Rahu 9:24AM – 10:32AM

Ardra Until 9:39PM

Siddha Until 9:34AM

Kaulava Until 11:12PM

Chaturthi* Until 10:00AM

Ganesha: Red

Sunrise: 7:06AM

Muruqa: Clear

Sunset: 4:17PM

Nataraja: Clear

Moon – Yellow

Kartika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada
Sun 4 Sutra 210

Mithuna Rasi: 24.02 Tithi 20 – 21

742276574

Gulika 1:58PM – 3:07PM
Yama 11:41AM – 12:50PM
Rahu 3:07PM – 4:15PM

Punarvasu Until 12:45AM Mon

Sadhya Until 10:19AM

Gara Until 1:41AM Mon

Panchami Until 12:24PM

Ganesha: Green

Sunrise: 7:08AM

Muruqa: Clear

Sunset: 4:15PM

Nataraja: Clear

Moon – Blue

Kartika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada
Sun 5 Sutra 211

Kataka Rasi: 5.55 Tithi 21 – 22

742376574

Gulika 12:50PM – 1:58PM
Yama 10:34AM – 11:42AM
Rahu 8:17AM – 9:25AM

Pushya Until 3:40AM Tue

Subha Until 11:11AM

Visti Until 4:09AM Tue

Shashthi* Until 2:54PM

Ganesha: White

Sunrise: 7:09AM

Muruqa: Clear

Sunset: 4:14PM

Nataraja: Clear

Moon – Blue

Kartika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

6

Tuesday, November 15, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 212

Kataka Rasi: 17.49 Tithi 22 – 23

743376574

Gulika 11:42AM – 12:49PM
Yama 9:26AM – 10:34AM
Rahu 1:57PM – 3:05PM

Ashlesha* Until 6:15AM Wed

Sukla Until 11:57AM

Balava Until 6:26AM Wed

Saptami Until 5:18PM

Ganesha: Green

Sunrise: 7:11AM

Muruqa: Clear

Sunset: 4:13PM

Nataraja: Clear

Moon – Blue

Kartika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Regina, SK, Canada
Sun 7 Sutra 213

Kataka Rasi: 29.47 Tithi 23

743376574

Gulika 10:35AM – 11:42AM
Yama 8:20AM – 9:27AM
Rahu 11:42AM – 12:49PM

Ashlesha* Until 6:15AM

Brahma Until 12:33PM

Balava Until 6:26AM

Ashtami* Until 7:24PM

Ganesha: Green

Sunrise: 7:13AM

Muruqa: Clear

Sunset: 4:11PM

Nataraja: Clear

Moon – Blue

Kartika-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Valdhriti* Yoga Tailila/Gara Karana Navamyam Titau

Regina, SK, Canada
Sun 8 Sutra 214

Simha Rasi: 11.55 Tithi 24

753376575

Gulika 9:28AM – 10:35AM
Yama 7:14AM – 8:21AM
Rahu 12:49PM – 1:56PM

Magha* Until 8:47AM

Indra Until 12:49PM

Taitila Until 8:19AM

Navami* Until 9:01PM

Ganesha: Orange

Sunrise: 7:14AM

Muruqa: Clear

Sunset: 4:10PM

Nataraja: Purple

Moon – Red

Kartika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 8:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

www.gurudeva.org/panchang


1	Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Regina, SK, Canada Sun 9 Sutra 215 Subhakrit 5124
	Simha Rasi: 24.16	Tithi 25	Gulika 8:22AM – 9:29AM	Purvaphalguni Until 10:35AM	Ganesha: Orange	<i>Sunrise:</i> 7:16AM	
			Yama 1:56PM – 3:02PM	Vaidhriti* Until 12:37PM	Muruqa: Clear	<i>Sunset:</i> 4:09PM	Moon 11 - Phase 30 - 9
	Creative Work	Siddha Yoga	753376575 Rahu 10:36AM – 11:42AM	Vanija Until 9:37AM	Nataraja: Purple		2nd Phase
			Dashami Until 10:00PM	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			


2	Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Regina, SK, Canada Sun 10 Sutra 216 Subhakrit 5124
	Kanya Rasi: 6.55	Tithi 26	Gulika 7:17AM – 8:24AM	Uttaraphalguni Until 11:34AM	Ganesha: Orange	<i>Sunrise:</i> 7:17AM	
			Yama 12:49PM – 1:55PM	Vishkambha* Until 11:53AM	Muruqa: Clear	<i>Sunset:</i> 4:08PM	Moon 11 - Phase 30 - 10
	Routine Work	Marana Yoga	753376575 Rahu 9:30AM – 10:36AM	Bava Until 10:13AM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 10:13PM	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

3	Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Regina, SK, Canada Sun 11 Sutra 217 Subhakrit 5124
	Kanya Rasi: 19.56	Tithi 27	Gulika 1:55PM – 3:01PM	Hasta Until 12:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:19AM	
			Yama 11:43AM – 12:49PM	Priti Until 10:33AM	Muruqa: Clear	<i>Sunset:</i> 4:07PM	Moon 11 - Phase 30 - 11
	Creative Work	Amrita Yoga	753376575 Rahu 3:01PM – 4:07PM	Kaulava Until 10:03AM	Nataraja: Purple		2nd Phase
			Dvadashti* Until 9:40PM	Moon – Green		Devaloka Day	
				Karttika-Karttikai			

4	Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Regina, SK, Canada Sun 12 Sutra 218 Subhakrit 5124
	Tula Rasi: 3.22	Tithi 28	Gulika 12:49PM – 1:54PM	Chitra Until 11:45AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:21AM	
	Family Home Evening		Yama 10:37AM – 12:43PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 4:06PM	Moon 11 - Phase 30 - 12
	Routine Work	Prabalarishta Yoga	753376575 Rahu 8:26AM – 9:32AM	Gara Until 9:07AM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 8:22PM	Moon – Green		Devaloka Day	
				Karttika-Karttikai			
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Regina, SK, Canada Sun 13 Sutra 219 Subhakrit 5124
	Tula Rasi: 17.13	Tithi 29	Gulika 11:43AM – 12:49PM	Svati Until 10:34AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:22AM	
			Yama 9:33AM – 10:38AM	Saubhagya Until 6:07AM	Muruqa: Clear	<i>Sunset:</i> 4:05PM	Moon 11 - Phase 30 - 13
	Creative Work	Siddha Yoga	753376575 Rahu 1:54PM – 2:59PM	Visti Until 7:30AM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 6:26PM	Moon – Green		Devaloka Day	
				Karttika-Karttikai			

	Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 220 Subhakrit 5124
	Retreat Star		Gulika 10:39AM – 11:44AM	Vishakha Until 9:07AM	Ganesha: Purple	<i>Sunrise:</i> 7:24AM	
	Vrishchika Rasi: 1.27	Tithi 30 – 1	Yama 8:29AM – 9:34AM	Athiganda* Until 11:48PM	Muruqa: Clear	<i>Sunset:</i> 4:04PM	Moon 11 - Phase 30 - 14
	Creative Work	Siddha Yoga	773376575 Rahu 11:44AM – 12:49PM	Kintughna Until 2:36AM Thu	Nataraja: Purple		Amavasya
			Amavasya* Until 3:58PM	Moon – Orange		Devaloka Day	
				Karttika-Karttikai			

	Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 221 Subhakrit 5124
	Retreat Star		Gulika 9:35AM – 10:39AM	Anuradha Until 7:06AM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	
	Vrishchika Rasi: 15.59	Tithi 1 – 2	Yama 7:25AM – 8:30AM	Sukarma Until 8:11PM	Muruqa: Clear	<i>Sunset:</i> 4:03PM	Moon 11 - Phase 30 - 15
	Creative Work	Siddha Yoga	773376575 Rahu 12:49PM – 1:53PM	Balava Until 11:39PM	Nataraja: Purple		Prathama
			Prathama* Until 1:08PM	Moon – Orange		Devaloka Day	
				Margasira-Karttikai			
				Then Routine Work - Prabalarishta Yoga			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Regina, SK, Canada Sun 16 Sutra 222 Subhakrit 5124	
Dhanus Rasi: 0.43	Tithi 2 – 3	783376575	Gulika 8:31AM – 9:35AM Yama 1:53PM – 2:57PM Rahu 10:40AM – 11:44AM	Mula* Until 2:26AM Sat Dhriti Until 4:27PM Taitila Until 8:32PM Dvitiya Until 10:05AM	Ganesha: Light Blue <i>Sunrise:</i> 7:27AM Muruqa: Clear <i>Sunset:</i> 4:02PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 16 3rd Phase	
Creative Work Amrita Yoga Until 2:26AM Sat Then Creative Work - Siddha Yoga							
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau		Regina, SK, Canada Sun 17 Sutra 223 Subhakrit 5124	
Dhanus Rasi: 15.31	Tithi 3 – 4	783376575	Gulika 7:28AM – 8:32AM Yama 12:49PM – 1:53PM Rahu 9:36AM – 10:40AM	Purvashadha* Until 12:06AM Sun Shula* Until 12:41PM Visti Until 3:55AM Sun Tritiya Until 6:57AM	Ganesha: Light Blue <i>Sunrise:</i> 7:28AM Muruqa: Clear <i>Sunset:</i> 4:01PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 17 3rd Phase	
Creative Work Siddha Yoga Until 12:06AM Sun Then Creative Work - Amrita Yoga							
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Bava/Balava Karana Panchamyam Titau		Regina, SK, Canada Sun 18 Sutra 224 Subhakrit 5124	
Makara Rasi: 0.16	Tithi 5	783376575	Gulika 1:52PM – 2:56PM Yama 11:45AM – 12:49PM Rahu 2:56PM – 4:00PM	Uttarashadha Until 9:49PM Ganda* Until 9:00AM Bava Until 2:29PM Panchami Until 1:04AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 7:30AM Muruqa: Clear <i>Sunset:</i> 4:00PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Devaloka Day Moon 11 - Phase 31 - 18 3rd Phase	
Creative Work Amrita Yoga							
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashtyayam Titau		Regina, SK, Canada Sun 19 Sutra 225 Subhakrit 5124	
Makara Rasi: 14.52	Tithi 6	793376575	Gulika 12:49PM – 1:52PM Yama 10:42AM – 11:45AM Rahu 8:35AM – 9:38AM	Shravana Until 8:06PM Dhruva Until 2:20AM Tue Kaulava Until 11:47AM Shashty* Until 10:34PM	Ganesha: Orange <i>Sunrise:</i> 7:31AM Muruqa: Clear <i>Sunset:</i> 3:59PM Nataraja: Purple Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 19 3rd Phase	
Family Home Evening Creative Work Amrita Yoga Until 8:06PM Then Creative Work - Siddha Yoga							
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Regina, SK, Canada Sun 20 Sutra 226 Subhakrit 5124	
Makara Rasi: 29.13	Tithi 7	794376575	Gulika 11:46AM – 12:49PM Yama 9:39AM – 10:42AM Rahu 1:52PM – 2:55PM	Dhanishtha Until 6:39PM Vyaghata* Until 11:29PM Gara Until 9:28AM Saptami Until 8:28PM	Ganesha: Clear <i>Sunrise:</i> 7:32AM Muruqa: Clear <i>Sunset:</i> 3:59PM Nataraja: Purple Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 20 3rd Phase	
Creative Work Siddha Yoga Until 6:39PM Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Regina, SK, Canada Sun 21 Sutra 227 Subhakrit 5124	
Kumbha Rasi: 13.16	Tithi 8	794376575	Gulika 10:43AM – 11:46AM Yama 8:37AM – 9:40AM Rahu 11:46AM – 12:49PM	Shatabhishak Until 5:32PM Harshana Until 9:02PM Visti Until 7:37AM Ashtami* Until 6:51PM	Ganesha: Clear <i>Sunrise:</i> 7:34AM Muruqa: Clear <i>Sunset:</i> 3:58PM Nataraja: Purple Moon – Purple Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 21 Ashtami	
Creative Work Siddha Yoga Until 5:32PM Then Creative Work - Amrita Yoga							
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra* Yoga Balava/Taitila Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 22 Sutra 228 Subhakrit 5124	
Kumbha Rasi: 27.01	Tithi 9 – 10	714376575	Gulika 9:41AM – 10:44AM Yama 7:35AM – 8:38AM Rahu 12:49PM – 1:52PM	Purvaproshtapada* Until 5:12PM Vajra* Until 6:57PM Balava Until 6:15AM Navami* Until 5:45PM	Ganesha: Red <i>Sunrise:</i> 7:35AM Muruqa: Clear <i>Sunset:</i> 3:57PM Nataraja: Purple Moon – Clear Margasira-Karttikai	Sivaloka Day Moon 11 - Phase 31 - 22 Navami	
Creative Work Siddha Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatiyata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 23 Sutra 229
	Meena Rasi: 10.27	Tithi 10 – 11	714376575	Gulika 8:39AM – 9:42AM Yama 1:52PM – 2:54PM Rahu 10:44AM – 11:47AM	Uttaraproshtapada Until 5:14PM Siddhi Until 5:18PM Vanija Until 5:05AM Sat Dashami Until 5:10PM	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Clear Margasira-Karttikai	Sunrise: 7:37AM Sunset: 3:57PM Moon 11 - Phase 32 - 23 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day

2	Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 24 Sutra 230
	Meena Rasi: 23.37	Tithi 11 – 12	714376575	Gulika 7:38AM – 8:40AM Yama 12:49PM – 1:52PM Rahu 9:42AM – 10:45AM	Revati Until 5:37PM Vyatipata* Until 4:04PM Bava Until 5:15AM Sun Ekadashi Until 5:06PM	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Clear Margasira-Karttikai	Sunrise: 7:38AM Sunset: 3:56PM Moon 11 - Phase 32 - 24 4th Phase
	Routine Work Prabalarishta Yoga Until 5:37PM Then Creative Work - Siddha Yoga			Gita Jayanthi			Sivaloka Day

3	Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 25 Sutra 231
	Mesha Rasi: 6.33	Tithi 12 – 13	724376575	Gulika 1:52PM – 2:54PM Yama 11:48AM – 12:50PM Rahu 2:54PM – 3:56PM	Ashvini Until 6:45PM Varyan Until 3:10PM Kaulava Until 5:53AM Mon Dvadashi Until 5:30PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – White Margasira-Karttikai	Sunrise: 7:39AM Sunset: 3:56PM Moon 11 - Phase 32 - 25 4th Phase
	Creative Work Siddha Yoga Until 6:45PM Then Routine Work - Prabalarishta Yoga					<i>Pradosha Vrata</i>	Devaloka Day

4	Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Taitila Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 232
	Mesha Rasi: 19.15	Tithi 13	724376575	Gulika 12:50PM – 1:52PM Yama 10:46AM – 11:48AM Rahu 8:42AM – 9:44AM	Bharani Until 8:09PM Parigha* Until 2:37PM Taitila Until 6:20PM Trayodashi Until 6:20PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – White Margasira-Karttikai	Sunrise: 7:40AM Sunset: 3:56PM Moon 11 - Phase 32 - 26 4th Phase
	Family Home Evening Creative Work Siddha Yoga Until 8:09PM Then Routine Work - Marana Yoga						Devaloka Day

5	Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 233
	Vrishabha Rasi: 1.46	Tithi 14	724376575	Gulika 11:48AM – 12:50PM Yama 9:45AM – 10:47AM Rahu 1:52PM – 2:54PM	Krittika Until 9:47PM Shiva Until 2:23PM Gara Until 6:56AM Chaturdashi* Until 7:35PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – White Margasira-Karttikai	Sunrise: 7:42AM Sunset: 3:55PM Moon 11 - Phase 32 - 27 4th Phase
	Creative Work Siddha Yoga Until 9:47PM Then Creative Work - Amrita Yoga			Krittika Deepam			Devaloka Day

	Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sutra 234	
	Copper Retreat Star			734376575	Gulika 10:47AM – 11:49AM Yama 8:44AM – 9:46AM Rahu 11:49AM – 12:50PM	Rohini Until 12:05AM Thu Siddha Until 2:25PM Visti Until 8:22AM Purnima* Until 9:12PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Yellow Margasira-Karttikai	Sunrise: 7:43AM Sunset: 3:55PM Moon 11 - Phase 32 - Purnima
	Vrishabha Rasi: 14.07		Tithi 15				Sivaloka Day	
	Creative Work Siddha Yoga Until 12:05AM Thu Then Routine Work - Marana Yoga							

6	Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Regina, SK, Canada Sutra 235	
	Silver Retreat Star			734376575	Gulika 9:47AM – 10:48AM Yama 7:44AM – 8:45AM Rahu 12:51PM – 1:52PM	Mrigashira Until 2:32AM Fri Sadhya Until 2:43PM Balava Until 10:10AM Prathama* Until 11:09PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Yellow Margasira-Karttikai	Sunrise: 7:44AM Sunset: 3:55PM Moon 11 - Phase 32 - Prathama
	Vrishabha Rasi: 26.19		Tithi 16				Sivaloka Day	
	Routine Work Marana Yoga Until 2:32AM Fri Then Creative Work - Siddha Yoga			Vinayaga Viratam Begins				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 236

Subhakarit 5124

Moon 12 - Phase 33 - 1

1st Phase

Mithuna Rasi: 8.23 Tithi 17

734476575

Gulika 8:46AM - 9:47AM

Yama 1:52PM - 2:53PM

Rahu 10:49AM - 11:50AM

Ardra Until 5:03AM Sat

Subha Until 3:14PM

Taitila Until 12:15PM

Dvitiya Until 1:22AM Sat

Ganesha: Red Sunrise: 7:45AM

Muruqa: Clear Sunset: 3:55PM

Nataraja: Purple

Moon - Yellow

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, December 10, 2022

1

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Regina, SK, Canada

Sun 2 Sutra 237

Subhakarit 5124

Moon 12 - Phase 33 - 2

1st Phase

Mithuna Rasi: 20.22 Tithi 18

744476575

Gulika 7:46AM - 8:47AM

Yama 12:51PM - 1:52PM

Rahu 9:48AM - 10:49AM

Punarvasu Until 8:06AM Sun

Sukla Until 3:54PM

Vanija Until 2:35PM

Tritiya Until 3:47AM Sun

Ganesha: Green Sunrise: 7:46AM

Muruqa: Clear Sunset: 3:54PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Sunday, December 11, 2022

2

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 3 Sutra 238

Subhakarit 5124

Moon 12 - Phase 33 - 3

1st Phase

Kataka Rasi: 2.17 Tithi 19

744476575

Gulika 1:52PM - 2:53PM

Yama 11:51AM - 12:52PM

Rahu 2:53PM - 3:54PM

Punarvasu Until 8:06AM

Brahma Until 4:42PM

Bava Until 5:04PM

Chaturthi* Until 6:19AM Mon

Ganesha: Green Sunrise: 7:47AM

Muruqa: Clear Sunset: 3:54PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Monday, December 12, 2022

3

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 4 Sutra 239

Subhakarit 5124

Moon 12 - Phase 33 - 4

1st Phase

Kataka Rasi: 14.1 Tithi 19 - 20

745476575

Gulika 12:52PM - 1:53PM

Yama 10:50AM - 11:51AM

Rahu 8:49AM - 9:50AM

Pushya Until 11:03AM

Indra Until 5:33PM

Kaulava Until 7:36PM

Chaturthi* Until 6:19AM

Ganesha: White Sunrise: 7:48AM

Muruqa: Clear Sunset: 3:54PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, December 13, 2022

4

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Vaidhrili* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 5 Sutra 240

Subhakarit 5124

Moon 12 - Phase 33 - 5

1st Phase

Kataka Rasi: 26.02 Tithi 20 - 21

745476575

Gulika 11:52AM - 12:52PM

Yama 9:50AM - 10:51AM

Rahu 1:53PM - 2:54PM

Ashlesha* Until 1:48PM

Vaidhrili* Until 6:19PM

Gara Until 10:03PM

Panchami Until 8:49AM

Ganesha: White Sunrise: 7:49AM

Muruqa: Clear Sunset: 3:54PM

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Wednesday, December 14, 2022

5

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 6 Sutra 241

Subhakarit 5124

Moon 12 - Phase 33 - 6

1st Phase

Simha Rasi: 7.58 Tithi 21 - 22

755476575

Gulika 10:52AM - 11:52AM

Yama 8:50AM - 9:51AM

Rahu 11:52AM - 12:53PM

Magha* Until 4:42PM

Vishkambha* Until 6:55PM

Visti Until 12:14AM Thu

Shashthi* Until 11:10AM

Ganesha: Clear Sunrise: 7:50AM

Muruqa: Clear Sunset: 3:54PM

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Until 4:42PM

Then Creative Work - Amrita Yoga

Thursday, December 15, 2022

D

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 7 Sutra 242

Subhakarit 5124

Moon 12 - Phase 33 - 7

Ashtami

Simha Rasi: 20.02 Tithi 22 - 23

755476575

Gulika 9:52AM - 10:52AM

Yama 7:51AM - 8:51AM

Rahu 12:53PM - 1:54PM

Purvaphalguni Until 7:02PM

Priti Until 7:13PM

Balava Until 1:57AM Fri

Saptami Until 1:08PM

Ganesha: Clear Sunrise: 7:51AM

Muruqa: Clear Sunset: 3:55PM

Nataraja: Purple

Moon - Red

Margasira-Markali

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

Friday, December 16, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 8 Sutra 243

Subhakarit 5124

Moon 12 - Phase 33 - 8

Navami

Kanya Rasi: 2.17 Tithi 23 - 24

855476575

Gulika 8:52AM - 9:52AM

Yama 1:54PM - 2:54PM

Rahu 10:53AM - 11:53AM

Uttaraphalguni Until 8:38PM

Ayushman Until 7:02PM

Taitila Until 3:01AM Sat

Ashtami* Until 2:33PM

Ganesha: White Sunrise: 7:51AM

Muruqa: Clear Sunset: 3:55PM

Nataraja: Purple

Moon - Red

Margasira-Markali

Devaloka Day

Creative Work Siddha Yoga

Until 8:38PM

Then Creative Work - Amrita Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1	Saturday, December 17, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Hashta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 9 Sutra 244 Subhakrit 5124
	Kanya Rasi: 14.5	Tithi 24 – 25	Gulika 7:52AM – 8:53AM	Hasta Until 9:49PM	Ganesha: Clear	<i>Sunrise:</i> 7:52AM	
			Yama 12:54PM – 1:54PM	Saubhagya Until 6:17PM	Muruqa: Clear	<i>Sunset:</i> 3:55PM	Moon 12 - Phase 34 - 9
	Routine Work	Marana Yoga	865476575 Rahu 9:53AM – 10:53AM	Vanija Until 3:17AM Sun	Nataraja: Purple		2nd Phase
			Navami* Until 3:14PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

2	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 10 Sutra 245 Subhakrit 5124
	Kanya Rasi: 27.47	Tithi 25 – 26	Gulika 1:55PM – 2:55PM	Chitra Until 10:01PM	Ganesha: Clear	<i>Sunrise:</i> 7:53AM	
			Yama 11:54AM – 12:54PM	Sobhana Until 4:54PM	Muruqa: Clear	<i>Sunset:</i> 3:55PM	Moon 12 - Phase 34 - 10
	Creative Work	Siddha Yoga	865476575 Rahu 2:55PM – 3:55PM	Bava Until 2:42AM Mon	Nataraja: Purple		2nd Phase
			Dashami Until 3:05PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

3	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 11 Sutra 246 Subhakrit 5124
	Tula Rasi: 11.09	Tithi 26 – 27	Gulika 12:55PM – 1:55PM	Svati Until 9:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:54AM	
	Family Home Evening		Yama 10:54AM – 11:55AM	Athiganda* Until 2:49PM	Muruqa: Clear	<i>Sunset:</i> 3:56PM	Moon 12 - Phase 34 - 11
	Creative Work	Amrita Yoga	865476575 Rahu 8:54AM – 9:54AM	Kaulava Until 1:17AM Tue	Nataraja: Purple		2nd Phase
			Ekadashi* Until 2:04PM	Moon – Green		Sivaloka Day	
				Margasira*Markali			

4	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 12 Sutra 247 Subhakrit 5124
	Tula Rasi: 25.01	Tithi 27 – 28	Gulika 11:55AM – 12:55PM	Vishakha Until 8:01PM	Ganesha: Purple	<i>Sunrise:</i> 7:54AM	
			Yama 9:55AM – 10:55AM	Sukarma Until 12:07PM	Muruqa: Clear	<i>Sunset:</i> 3:56PM	Moon 12 - Phase 34 - 12
	Routine Work	Marana Yoga	875476575 Rahu 1:56PM – 2:56PM	Gara Until 11:06PM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 12:15PM	Moon – Orange		Devaloka Day	
				Margasira*Markali			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 13 Sutra 248 Subhakrit 5124
	Vrischika Rasi: 9.2	Tithi 28 – 29	Gulika 10:55AM – 11:56AM	Anuradha Until 6:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:55AM	
			Yama 8:55AM – 9:55AM	Dhriti Until 8:52AM	Muruqa: Clear	<i>Sunset:</i> 3:57PM	Moon 12 - Phase 34 - 13
	Creative Work	Siddha Yoga	876476575 Rahu 11:56AM – 12:56PM	Visti Until 8:18PM	Nataraja: Purple		2nd Phase
			Day 1 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
				Margasira*Markali			

●	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 14 Sutra 249 Subhakrit 5124
	Retreat Star		Gulika 9:56AM – 10:56AM	Jyeshtha* Until 3:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:55AM	
	Vrischika Rasi: 24.04	Tithi 29 – 30	Yama 7:55AM – 8:55AM	Ganda* Until 1:08AM Fri	Muruqa: Clear	<i>Sunset:</i> 3:57PM	Moon 12 - Phase 34 - 14
			876476575 Rahu 12:56PM – 1:57PM	Naga Until 3:16AM Fri	Nataraja: Purple		Amavasya
			Day 2 of Pancha Ganapati	Moon – Orange		Sivaloka Day	
				Margasira*Markali			

●	Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Regina, SK, Canada Sun 15 Sutra 250 Subhakrit 5124
	Retreat Star		Gulika 8:56AM – 9:56AM	Mula* Until 12:42PM	Ganesha: Orange	<i>Sunrise:</i> 7:56AM	
	Dhanus Rasi: 9.05	Tithi 1	Yama 1:57PM – 2:57PM	Vriddhi Until 8:56PM	Muruqa: Clear	<i>Sunset:</i> 3:58PM	Moon 12 - Phase 34 - 15
			886476575 Rahu 10:56AM – 11:57AM	Kintughna Until 1:29PM	Nataraja: Purple		Prathama
			Day 3 of Pancha Ganapati	Moon – Light Blue		Sivaloka Day	
				Pausha*Markali			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1		Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Regina, SK, Canada Sun 16 Sutra 251 Subhakrit 5124	
Dhanus Rasi: 24.16	Tithi 2	Gulika 7:56AM – 8:56AM	Purvashadha* Until 9:46AM	Ganesha: Orange	Sunrise: 7:56AM	Moon 12 - Phase 35 - 16	3rd Phase
886486575		Yama 12:57PM – 1:58PM	Dhruva Until 4:40PM	Muruqa: Purple	Sunset: 3:58PM		
		Rahu 9:57AM – 10:57AM	Balava Until 9:49AM	Nataraja: Purple			
Creative Work Siddha Yoga			Dvitiya Until 7:58PM	Moon – Light Blue			
Until 9:46AM		Day 4 of Pancha Ganapati		Pausha*Markali			
Then Routine Work - Marana Yoga							Subha Sivaloka Day
2		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Triliya/Chaturthiyam Titau		Regina, SK, Canada Sun 17 Sutra 252 Subhakrit 5124	
Makara Rasi: 9.26	Tithi 3 – 4	Gulika 1:58PM – 2:59PM	Uttarashadha Until 6:46AM	Ganesha: Orange	Sunrise: 7:56AM	Moon 12 - Phase 35 - 17	3rd Phase
886486575		Yama 11:58AM – 12:58PM	Vyaghata* Until 12:30PM	Muruqa: Purple	Sunset: 3:59PM		
		Rahu 2:59PM – 3:59PM	Taitila Until 6:11AM	Nataraja: Purple			
Creative Work Amrita Yoga			Tritiya Until 4:26PM	Moon – Light Blue			
		Day 5 of Pancha Ganapati		Pausha*Markali			
							Subha Sivaloka Day
3		Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Regina, SK, Canada Sun 18 Sutra 253 Subhakrit 5124	
Makara Rasi: 24.24	Tithi 4 – 5	Gulika 12:59PM – 1:59PM	Dhanishtha Until 2:00AM Tue	Ganesha: Clear	Sunrise: 7:57AM	Moon 12 - Phase 35 - 18	3rd Phase
896486576		Yama 10:58AM – 11:58AM	Harshana Until 8:35AM	Muruqa: Purple	Sunset: 4:00PM		
		Rahu 8:57AM – 9:57AM	Bava Until 11:47PM	Nataraja: Clear			
Creative Work Siddha Yoga			Chaturthi* Until 1:13PM	Moon – Purple			
Until 2:00AM Tue				Pausha*Markali			Sivaloka Day
Then Routine Work - Marana Yoga							
4		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Regina, SK, Canada Sun 19 Sutra 254 Subhakrit 5124	
Kumbha Rasi: 9.05	Tithi 5 – 6	Gulika 11:59AM – 12:59PM	Shatabhishak Until 12:08AM Wed	Ganesha: Clear	Sunrise: 7:57AM	Moon 12 - Phase 35 - 19	3rd Phase
896486576		Yama 9:58AM – 10:58AM	Siddhi Until 1:50AM Wed	Muruqa: Purple	Sunset: 4:00PM		
		Rahu 2:00PM – 3:00PM	Kaulava Until 9:18PM	Nataraja: Clear			
Routine Work Marana Yoga			Panchami Until 10:27AM	Moon – Purple			
Until 12:08AM Wed				Pausha*Markali			Sivaloka Day
Then Creative Work - Amrita Yoga							
5		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Regina, SK, Canada Sun 20 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 23.21	Tithi 6 – 7	Gulika 10:59AM – 11:59AM	Purvaproshtapada* Until 11:12PM	Ganesha: Blue	Sunrise: 7:57AM	Moon 12 - Phase 35 - 20	3rd Phase
817486576		Yama 8:58AM – 9:58AM	Vyatipata* Until 11:14PM	Muruqa: Purple	Sunset: 4:01PM		
		Rahu 11:59AM – 1:00PM	Gara Until 7:27PM	Nataraja: Clear			
Creative Work Amrita Yoga			Shashthi* Until 8:16AM	Moon – Clear			
Until 11:12PM		Vinayaga Viratam Ends		Pausha*Markali			Devaloka Day
Then Creative Work - Siddha Yoga							
Retreat Star		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Regina, SK, Canada Sun 21 Sutra 256 Subhakrit 5124	
Meena Rasi: 7.12	Tithi 7 – 8	Gulika 9:58AM – 10:59AM	Uttaraproshtapada Until 10:51PM	Ganesha: Blue	Sunrise: 7:57AM	Moon 12 - Phase 35 - 21	Ashtami
817486576		Yama 7:57AM – 8:58AM	Variyan Until 9:11PM	Muruqa: Purple	Sunset: 4:02PM		
		Rahu 1:00PM – 2:01PM	Visti Until 6:20PM	Nataraja: Clear			
Creative Work Siddha Yoga			Saptami Until 6:47AM	Moon – Clear			
				Pausha*Markali			Devaloka Day
Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau		Regina, SK, Canada Sun 22 Sutra 257 Subhakrit 5124	
Meena Rasi: 20.37	Tithi 8 – 9	Gulika 8:58AM – 9:59AM	Revati Until 11:04PM	Ganesha: Blue	Sunrise: 7:57AM	Moon 12 - Phase 35 - 22	Navami
817486576		Yama 2:02PM – 3:02PM	Parigha* Until 7:44PM	Muruqa: Purple	Sunset: 4:03PM		
		Rahu 10:59AM – 12:00PM	Kaulava Until 6:01AM Sat	Nataraja: Clear			
Creative Work Siddha Yoga			Ashtami* Until 6:02AM	Moon – Clear			
Until 11:04PM				Pausha*Markali			Devaloka Day
Then Creative Work - Amrita Yoga							

1		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 23 Sutra 258 Subhakrit 5124	
Mesha Rasi: 3.38	Tithi 9 – 10	827486576	Gulika 7:57AM – 8:58AM Yama 1:01PM – 2:02PM Rahu 9:59AM – 11:00AM	Ashvini Until 12:16AM Sun Shiva Until 6:51PM Taitila Until 6:17PM Navami* Until 6:01AM	Ganesha: Yellow <i>Sunrise:</i> 7:57AM Muruqa: Purple <i>Sunset:</i> 4:04PM Nataraja: Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 23 4th Phase Sivaloka Day	
Creative Work Siddha Yoga Until 12:16AM Sun Then Routine Work - Prabalarishta Yoga							
2		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Regina, SK, Canada Sun 24 Sutra 259 Subhakrit 5124	
Mesha Rasi: 16.2	Tithi 10 – 11	827486576	Gulika 2:03PM – 3:04PM Yama 12:01PM – 1:02PM Rahu 3:04PM – 4:05PM	Bharani Until 1:53AM Mon Siddha Until 6:24PM Vanija Until 7:16PM Dashami Until 6:41AM	Ganesha: Yellow <i>Sunrise:</i> 7:57AM Muruqa: Purple <i>Sunset:</i> 4:05PM Nataraja: Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 24 4th Phase Sivaloka Day	
Routine Work Prabalarishta Yoga Until 1:53AM Mon Then Routine Work - Marana Yoga							
3		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Regina, SK, Canada Sun 25 Sutra 260 Subhakrit 5124	
Mesha Rasi: 28.46	Tithi 11 – 12	827486576	Gulika 1:03PM – 2:04PM Yama 11:01AM – 12:02PM Rahu 8:58AM – 9:59AM	Krittika Until 3:47AM Tue Sadhya Until 6:22PM Bava Until 8:44PM Ekadashi Until 7:55AM	Ganesha: Yellow <i>Sunrise:</i> 7:57AM Muruqa: Purple <i>Sunset:</i> 4:06PM Nataraja: Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 25 4th Phase Sivaloka Day	
Family Home Evening Routine Work Marana Yoga Until 3:47AM Tue Then Creative Work - Amrita Yoga							
4		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Regina, SK, Canada Sun 26 Sutra 261 Subhakrit 5124	
Vrishabha Rasi: 11.02	Tithi 12 – 13	837586576	Gulika 12:02PM – 1:03PM Yama 10:00AM – 11:01AM Rahu 2:05PM – 3:06PM	Rohini Until 6:21AM Wed Subha Until 6:38PM Kaulava Until 10:35PM Dvadashi Until 9:36AM	Ganesha: Yellow <i>Sunrise:</i> 7:57AM Muruqa: Purple <i>Sunset:</i> 4:07PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 26 4th Phase Sivaloka Day	
Creative Work Amrita Yoga Until 6:21AM Wed Then Creative Work - Siddha Yoga							
5		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Regina, SK, Canada Sun 27 Sutra 262 Subhakrit 5124	
Vrishabha Rasi: 23.08	Tithi 13 – 14	838586576	Gulika 11:01AM – 12:03PM Yama 8:58AM – 10:00AM Rahu 12:03PM – 1:04PM	Rohini Until 6:21AM Sukla Until 7:05PM Gara Until 12:43AM Thu Trayodashi Until 11:36AM	Ganesha: White <i>Sunrise:</i> 7:57AM Muruqa: Purple <i>Sunset:</i> 4:08PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 27 4th Phase Devaloka Day	
Creative Work Siddha Yoga							
○		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Regina, SK, Canada Sutra 263 Subhakrit 5124	
Mithuna Rasi: 5.1	Tithi 14 – 15	838586576	Gulika 10:00AM – 11:01AM Yama 7:57AM – 8:58AM Rahu 1:05PM – 2:06PM	Mrigashira Until 8:59AM Brahma Until 7:42PM Visti Until 3:01AM Fri Chaturdashi* Until 1:50PM	Ganesha: White <i>Sunrise:</i> 7:57AM Muruqa: Purple <i>Sunset:</i> 4:09PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - Purnima Devaloka Day	
Routine Work Marana Yoga							
Friday, January 6, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Regina, SK, Canada Sutra 264 Subhakrit 5124	
Mithuna Rasi: 17.07	Tithi 15 – 16	838586576	Gulika 8:58AM – 10:00AM Yama 2:07PM – 3:09PM Rahu 11:02AM – 12:03PM	Ardra Until 11:36AM Indra Until 8:25PM Balava Until 5:26AM Sat Purnima* Until 4:12PM	Ganesha: White <i>Sunrise:</i> 7:56AM Muruqa: Purple <i>Sunset:</i> 4:10PM Nataraja: Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - Prathama Devaloka Day	
Creative Work Siddha Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Saturday, January 7, 2023

Gold Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Kaulava Karana Prathamayam Titau

Regina, SK, Canada

Sutra 265

Subhakit 5124

Moon 1 - Phase 37 -

1st Phase

Mithuna Rasi: 29.02 Tithi 16

848586576 Rahu 10:00AM - 11:02AM

Gulika 7:56AM - 8:58AM Punarvasu Until 2:38PM

Yama 1:06PM - 2:08PM Vaidhriti* Until 9:10PM

Rahu 10:00AM - 11:02AM Kaulava Until 6:39PM

Prathama* Until 6:39PM

Ganesha: Clear Sunrise: 7:56AM

Muruqa: Purple Sunset: 4:12PM

Nataraja: Clear

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Sunday, January 8, 2023

1

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 266

Subhakit 5124

Moon 1 - Phase 37 - 1

1st Phase

Kataka Rasi: 10.56 Tithi 17

848586576 Rahu 3:11PM - 4:13PM

Gulika 2:09PM - 3:11PM Pushya Until 5:33PM

Yama 12:04PM - 1:07PM Vishkambha* Until 9:57PM

Rahu 3:11PM - 4:13PM Taitila Until 7:55AM

Dvitiya Until 9:09PM

Ganesha: Clear Sunrise: 7:56AM

Muruqa: Purple Sunset: 4:13PM

Nataraja: Clear

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Monday, January 9, 2023

2

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Regina, SK, Canada

Sun 2 Sutra 267

Subhakit 5124

Moon 1 - Phase 37 - 2

1st Phase

Kataka Rasi: 22.49 Tithi 18

848586576 Rahu 8:58AM - 10:00AM

Gulika 1:07PM - 2:10PM Ashlesha* Until 8:17PM

Yama 11:02AM - 12:05PM Priti Until 10:45PM

Rahu 8:58AM - 10:00AM Vanija Until 10:25AM

Tritiya Until 11:37PM

Ganesha: Clear Sunrise: 7:55AM

Muruqa: Purple Sunset: 4:14PM

Nataraja: Clear

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 8:17PM

Then Routine Work - Marana Yoga

Tuesday, January 10, 2023

3

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada

Sun 3 Sutra 268

Subhakit 5124

Moon 1 - Phase 37 - 3

1st Phase

Simha Rasi: 4.44 Tithi 19

859586576 Rahu 2:10PM - 3:13PM

Gulika 12:05PM - 1:08PM Magha* Until 11:16PM

Yama 10:00AM - 11:03AM Ayushman Until 11:26PM

Rahu 2:10PM - 3:13PM Bava Until 12:51PM

Chaturthi* Until 1:59AM Wed

Ganesha: Clear Sunrise: 7:55AM

Muruqa: Purple Sunset: 4:16PM

Nataraja: Clear

Moon - Red

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, January 11, 2023

4

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada

Sun 4 Sutra 269

Subhakit 5124

Moon 1 - Phase 37 - 4

1st Phase

Simha Rasi: 16.41 Tithi 20

859586576 Rahu 12:06PM - 1:08PM

Gulika 11:03AM - 12:06PM Purvaphalguni Until 1:51AM Thu

Yama 8:57AM - 10:00AM Saubhagya Until 11:58PM

Rahu 12:06PM - 1:08PM Kaulava Until 3:07PM

Panchami Until 4:07AM Thu

Ganesha: Clear Sunrise: 7:54AM

Muruqa: Purple Sunset: 4:17PM

Nataraja: Clear

Moon - Red

Pausha-Markali

Sivaloka Day

Creative Work Amrita Yoga

Thursday, January 12, 2023

5

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Regina, SK, Canada

Sun 5 Sutra 270

Subhakit 5124

Moon 1 - Phase 37 - 5

1st Phase

Simha Rasi: 28.45 Tithi 21

859586576 Rahu 1:09PM - 2:12PM

Gulika 10:00AM - 11:03AM Uttaraphalguni Until 3:55AM Fri

Yama 7:54AM - 8:57AM Sobhana Until 12:13AM Fri

Rahu 1:09PM - 2:12PM Gara Until 5:03PM

Shashthi* Until 5:50AM Fri

Ganesha: Clear Sunrise: 7:54AM

Muruqa: Purple Sunset: 4:18PM

Nataraja: Clear

Moon - Red

Pausha-Markali

Sivaloka Day

Amrita Yoga

Friday, January 13, 2023

6

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Visti* Karana Saptamyam Titau

Regina, SK, Canada

Sun 6 Sutra 271

Subhakit 5124

Moon 1 - Phase 37 - 6

1st Phase

Kanya Rasi: 10.58 Tithi 22

869586576 Rahu 11:03AM - 12:06PM

Gulika 8:56AM - 10:00AM Hasta Until 5:46AM Sat

Yama 2:13PM - 3:16PM Athiganda* Until 12:03AM Sat

Rahu 11:03AM - 12:06PM Visti Until 6:30PM

Saptami Until 6:58AM Sat

Ganesha: White Sunrise: 7:53AM

Muruqa: Purple Sunset: 4:20PM

Nataraja: Clear

Moon - Green

Pausha-Markali

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 5:46AM Sat

Then Routine Work - Marana Yoga

Saturday, January 14, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada

Sun 7 Sutra 272

Subhakit 5124

Moon 1 - Phase 37 - 7

Ashtami

Kanya Rasi: 23.26 Tithi 22 - 23

869586576 Rahu 10:00AM - 11:03AM

Gulika 7:52AM - 8:56AM Chitra Until 6:45AM Sun

Yama 1:10PM - 2:14PM Sukarma Until 11:21PM

Rahu 10:00AM - 11:03AM Balava Until 7:17PM

Saptami Until 6:58AM

Ganesha: White Sunrise: 7:52AM

Muruqa: Purple Sunset: 4:21PM

Nataraja: Clear

Moon - Green

Pausha-Thai

Subha Sivaloka Day

Routine Work Marana Yoga

Until 6:45AM Sun

Then Creative Work - Siddha Yoga

Sunday, January 15, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 8 Sutra 273

Subhakit 5124

Moon 1 - Phase 37 - 8

Navami

Tula Rasi: 6.15 Tithi 23 - 24

869586576 Rahu 3:19PM - 4:23PM

Gulika 2:15PM - 3:19PM Chitra Until 6:45AM

Yama 12:07PM - 1:11PM Dhriti Until 10:03PM

Rahu 3:19PM - 4:23PM Taitila Until 7:15PM

Ashtami* Until 7:21AM

Ganesha: White Sunrise: 7:52AM

Muruqa: Purple Sunset: 4:23PM

Nataraja: Clear

Moon - Green

Pausha-Thai

Subha Sivaloka Day

Creative Work Siddha Yoga

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

times are standard time. Calculated for Regina, SK, Canada on 5/1

www.gurudeva.org/panchang

Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashmyam Titau			Regina, SK, Canada Sun 9 Sutra 274 Subhakrit 5124	
1		Gulika 1:12PM – 2:16PM	Svati Until 6:46AM	Ganesha: White	<i>Sunrise:</i> 7:51AM	
Tula Rasi: 19.28	Tithi 24 – 25	Yama 11:03AM – 12:08PM	Shula* Until 8:03PM	Muruqa: Purple	<i>Sunset:</i> 4:24PM	Moon 1 - Phase 38 - 9
Family Home Evening	869586576	Rahu 8:55AM – 9:59AM	Vanija Until 6:23PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Navami* Until 6:54AM	Moon – Green		Subha Sivaloka Day
Until 6:46AM				Pausha*Thai		
Then Routine Work - Marana Yoga						

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ekadashyam Titau			Regina, SK, Canada Sun 10 Sutra 275 Subhakrit 5124	
2		Gulika 12:08PM – 1:12PM	Vishakha Until 6:15AM	Ganesha: Yellow	<i>Sunrise:</i> 7:50AM	
Vischika Rasi: 3.11	Tithi 26	Yama 9:59AM – 11:03AM	Ganda* Until 5:24PM	Muruqa: Purple	<i>Sunset:</i> 4:26PM	Moon 1 - Phase 38 - 10
	879586576	Rahu 2:17PM – 3:21PM	Bava Until 4:40PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 3:30AM Wed	Moon – Orange		Sivaloka Day
Until 6:15AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau			Regina, SK, Canada Sun 11 Sutra 276 Subhakrit 5124	
3		Gulika 11:03AM – 12:08PM	Jyeshtha* Until 2:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 7:49AM	
Vischika Rasi: 17.22	Tithi 27	Yama 8:54AM – 9:59AM	Vridhhi Until 2:11PM	Muruqa: Purple	<i>Sunset:</i> 4:27PM	Moon 1 - Phase 38 - 11
	871586576	Rahu 12:08PM – 1:13PM	Kaulava Until 2:13PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 12:44AM Thu	Moon – Orange		Sivaloka Day
				Pausha*Thai		

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau			Regina, SK, Canada Sun 12 Sutra 277 Subhakrit 5124	
4		Gulika 9:58AM – 11:03AM	Mula* Until 12:04AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:48AM	
Dhanus Rasi: 2.02	Tithi 28	Yama 7:48AM – 8:53AM	Dhruva Until 10:26AM	Muruqa: Purple	<i>Sunset:</i> 4:29PM	Moon 1 - Phase 38 - 12
	881586576	Rahu 1:14PM – 2:19PM	Gara Until 11:09AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:25PM	Moon – Light Blue		Sivaloka Day
Until 12:04AM Fri				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga						
<i>Pradosha Vrata (Fasting)</i>						

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Regina, SK, Canada Sun 13 Sutra 278 Subhakrit 5124	
5		Gulika 8:53AM – 9:58AM	Purvashadha* Until 9:06PM	Ganesha: Red	<i>Sunrise:</i> 7:47AM	
Dhanus Rasi: 17.04	Tithi 29 – 30	Yama 2:20PM – 3:25PM	Vyaghata* Until 6:20AM	Muruqa: Purple	<i>Sunset:</i> 4:30PM	Moon 1 - Phase 38 - 13
	881586576	Rahu 11:03AM – 12:09PM	Visti Until 7:38AM	Nataraja: Clear		2nd Phase
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 5:44PM	Moon – Light Blue		Sivaloka Day
Until 9:06PM				Pausha*Thai		
Then Routine Work - Marana Yoga						

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Regina, SK, Canada Sun 14 Sutra 279 Subhakrit 5124	
Retreat Star		Gulika 7:46AM – 8:52AM	Uttarashadha Until 5:51PM	Ganesha: Red	<i>Sunrise:</i> 7:46AM	
Makara Rasi: 2.2	Tithi 30 – 1	Yama 1:15PM – 2:21PM	Vajra* Until 9:34PM	Muruqa: Purple	<i>Sunset:</i> 4:32PM	Moon 1 - Phase 38 - 14
	881586576	Rahu 9:58AM – 11:03AM	Kintughna Until 11:57PM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 1:53PM	Moon – Light Blue		Sivaloka Day
Until 5:51PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Regina, SK, Canada Sun 15 Sutra 280 Subhakrit 5124	
Retreat Star		Gulika 2:22PM – 3:28PM	Shravana Until 2:53PM	Ganesha: Yellow	<i>Sunrise:</i> 7:45AM	
Makara Rasi: 17.4	Tithi 1 – 2	Yama 12:09PM – 1:15PM	Siddhi Until 5:11PM	Muruqa: Purple	<i>Sunset:</i> 4:34PM	Moon 1 - Phase 38 - 15
	891586576	Rahu 3:28PM – 4:34PM	Balava Until 8:09PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 10:01AM	Moon – Purple		Sivaloka Day
Until 2:53PM				Magha*Thai		
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Kaulava/Gara Karana Dvitiya/Trilyayam Titau				Regina, SK, Canada Sun 16 Sutra 281 Subhakrit 5124
	Kumbha Rasi: 2.53 Family Home Evening Creative Work Siddha Yoga	Tithi 2 - 3 891586576	Gulika 1:16PM - 2:22PM Yama 11:03AM - 12:10PM Rahu 8:50AM - 9:57AM	Dhanishtha Until 12:00PM Vyatipata* Until 1:01PM Gara Until 2:59AM Tue Dvitiya Until 6:19AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 7:44AM Sunset: 4:35PM	Moon 1 - Phase 39 - 16 3rd Phase Sivaloka Day

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturtham Titau				Regina, SK, Canada Sun 17 Sutra 282 Subhakrit 5124
	Kumbha Rasi: 17.49 Routine Work Marana Yoga	Tithi 4 991586576	Gulika 12:10PM - 1:17PM Yama 9:56AM - 11:03AM Rahu 2:23PM - 3:30PM	Shatabhishak Until 9:24AM Varyayan Until 9:09AM Vanija Until 1:31PM Chaturthi* Until 12:09AM Wed	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 7:43AM Sunset: 4:37PM	Moon 1 - Phase 39 - 17 3rd Phase Sivaloka Day

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau				Regina, SK, Canada Sun 18 Sutra 283 Subhakrit 5124
	Meena Rasi: 2.21 Creative Work Amrita Yoga Until 7:38AM Then Creative Work - Siddha Yoga	Tithi 5 911586576	Gulika 11:03AM - 12:10PM Yama 8:49AM - 9:56AM Rahu 12:10PM - 1:17PM	Purvaproshtapada* Until 7:38AM Shiva Until 2:59AM Thu Bava Until 11:01AM Panchami Until 10:01PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 7:42AM Sunset: 4:39PM	Moon 1 - Phase 39 - 18 3rd Phase Subha Sivaloka Day

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 284 Subhakrit 5124
	Meena Rasi: 16.24 Creative Work Siddha Yoga	Tithi 6 911586576	Gulika 9:55AM - 11:03AM Yama 7:41AM - 8:48AM Rahu 1:18PM - 2:25PM	Uttaraproshtapada Until 6:26AM Siddha Until 12:48AM Fri Kaulava Until 9:15AM Shashthi* Until 8:40PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 7:41AM Sunset: 4:40PM	Moon 1 - Phase 39 - 19 3rd Phase Subha Sivaloka Day

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Regina, SK, Canada Sun 20 Sutra 285 Subhakrit 5124
	Meena Rasi: 29.57 Creative Work Amrita Yoga Until 6:32AM Sat Then Creative Work - Siddha Yoga	Tithi 7 911586576	Gulika 8:47AM - 9:55AM Yama 2:26PM - 3:34PM Rahu 11:03AM - 12:11PM	Ashvini Until 6:32AM Sat Sadhya Until 11:20PM Gara Until 8:20AM Saptami Until 8:11PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 7:39AM Sunset: 4:42PM	Moon 1 - Phase 39 - 20 3rd Phase Subha Sivaloka Day

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 286 Subhakrit 5124
	Mesha Rasi: 13.02 Creative Work Siddha Yoga	Tithi 8 921686576	Gulika 7:38AM - 8:46AM Yama 1:19PM - 2:27PM Rahu 9:54AM - 11:03AM	Ashvini Until 6:32AM Subha Until 10:31PM Visti Until 8:18AM Ashtami* Until 8:34PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon - White Magha-Thai	Sunrise: 7:38AM Sunset: 4:44PM	Moon 1 - Phase 39 - 21 Ashtami Devaloka Day

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 287 Subhakrit 5124
	Mesha Rasi: 25.43 Routine Work Prabalarishta Yoga Until 7:48AM Then Creative Work - Siddha Yoga	Tithi 9 922686576	Gulika 2:28PM - 3:37PM Yama 12:11PM - 1:20PM Rahu 3:37PM - 4:45PM	Bharani Until 7:48AM Sukla Until 10:16PM Balava Until 9:04AM Navami* Until 9:42PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon - White Magha-Thai	Sunrise: 7:37AM Sunset: 4:45PM	Moon 1 - Phase 39 - 22 Navami Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Regina, SK, Canada Sun 23 Sutra 288 Subhakrit 5124	
Vrishabha Rasi: 8.05	Tithi 10	Gulika	1:20PM – 2:29PM	Krittika Until 9:35AM	Ganesha: Yellow	<i>Sunrise:</i> 7:35AM	
Family Home Evening	922686576	Yama	11:02AM – 12:11PM	Brahma Until 10:28PM	Muruqa: Purple	<i>Sunset:</i> 4:47PM	Moon 1 - Phase 40 - 23
Routine Work Marana Yoga		Rahu	8:44AM – 9:53AM	Taitila Until 10:32AM	Nataraja: Clear		4th Phase
Until 9:35AM				Dashami Until 11:27PM	Moon – White		Sivaloka Day
Then Creative Work - Amrita Yoga					Magha-Thai		
2		Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Regina, SK, Canada Sun 24 Sutra 289 Subhakrit 5124	
Vrishabha Rasi: 20.13	Tithi 11	Gulika	12:11PM – 1:21PM	Rohini Until 12:11PM	Ganesha: White	<i>Sunrise:</i> 7:34AM	
	932686576	Yama	9:53AM – 11:02AM	Indra Until 11:01PM	Muruqa: Purple	<i>Sunset:</i> 4:47PM	Moon 1 - Phase 40 - 24
Creative Work Amrita Yoga		Rahu	2:30PM – 3:39PM	Vanija Until 12:31PM	Nataraja: Clear		4th Phase
Until 12:11PM				Ekadashi Until 1:37AM Wed	Moon – Yellow		Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Magha-Thai		
3		Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Regina, SK, Canada Sun 25 Sutra 290 Subhakrit 5124	
Mithuna Rasi: 2.13	Tithi 12	Gulika	11:02AM – 12:11PM	Mrigashira Until 2:56PM	Ganesha: White	<i>Sunrise:</i> 7:34AM	
	932686576	Yama	8:43AM – 9:53AM	Vaidhriti* Until 11:43PM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 1 - Phase 40 - 25
Creative Work Siddha Yoga		Rahu	12:11PM – 1:21PM	Bava Until 2:50PM	Nataraja: Clear		4th Phase
				Dvadashi Until 4:02AM Thu	Moon – Yellow		Subha Sivaloka Day
					Magha-Thai		
4		Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Regina, SK, Canada Sun 26 Sutra 291 Subhakrit 5124	
Mithuna Rasi: 14.07	Tithi 13	Gulika	9:52AM – 11:02AM	Ardra Until 5:40PM	Ganesha: White	<i>Sunrise:</i> 7:32AM	
	932686576	Yama	7:32AM – 8:42AM	Vishkambha* Until 12:32AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 40 - 26
Routine Work Marana Yoga		Rahu	1:21PM – 2:31PM	Kaulava Until 5:18PM	Nataraja: Clear		4th Phase
Until 5:40PM				Trayodashi Until 6:32AM Fri	Moon – Yellow		Subha Sivaloka Day
Then Creative Work - Amrita Yoga					Magha-Thai		
					<i>Pradosha Vrata</i>		
5		Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Regina, SK, Canada Sun 27 Sutra 292 Subhakrit 5124	
Mithuna Rasi: 26	Tithi 13 – 14	Gulika	8:41AM – 9:51AM	Punarvasu Until 8:47PM	Ganesha: Clear	<i>Sunrise:</i> 7:31AM	
	942686577	Yama	2:32PM – 3:42PM	Priti Until 1:22AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Moon 1 - Phase 40 - 27
Creative Work Siddha Yoga		Rahu	11:01AM – 12:12PM	Gara Until 7:49PM	Nataraja: Orange		4th Phase
Until 8:47PM				Trayodashi Until 6:32AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Magha-Thai		
○		Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Regina, SK, Canada Sutra 293 Subhakrit 5124	
Kataka Rasi: 7.53	Tithi 14 – 15	Gulika	7:30AM – 8:40AM	Pushya Until 11:41PM	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	
	942686577	Yama	1:22PM – 2:33PM	Ayushman Until 2:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 40 - Purnima
Creative Work Siddha Yoga		Rahu	9:51AM – 11:01AM	Visti Until 10:17PM	Nataraja: Orange		
Until 11:41PM				Chaturdashi* Until 9:02AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga		Thai Pusam			Magha-Thai		
○		Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Regina, SK, Canada Sutra 294 Subhakrit 5124	
Kataka Rasi: 19.47	Tithi 15 – 16	Gulika	2:34PM – 3:45PM	Ashlesha* Until 2:19AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:28AM	
	942686577	Yama	12:12PM – 1:23PM	Saubhagya Until 2:50AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:56PM	Moon 1 - Phase 40 - Prathama
Creative Work Siddha Yoga		Rahu	3:45PM – 4:56PM	Balava Until 12:39AM Mon	Nataraja: Orange		
Until 2:19AM Mon				Purnima* Until 11:27AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Magha-Thai		



Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 1.44 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 5:10AM Tue

Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:23PM - 2:35PM

Yama 11:01AM - 12:12PM

Rahu 8:38AM - 9:49AM

Magha* Until 5:10AM Tue

Sobhana Until 3:27AM Tue

Taitila Until 2:54AM Tue

Prathama* Until 1:46PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red
Magha*Thai

Sunrise: 7:26AM

Sunset: 4:57PM

Regina, SK, Canada

Sutra 295

Subhakarit 5124

Moon 2 - Phase 41 -

1st Phase

Subha Sivaloka Day

1

Tuesday, February 7, 2023

Simha Rasi: 13.44 Tithi 17 - 18

Creative Work Siddha Yoga

Until 7:40AM Wed

Then Creative Work - Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:12PM - 1:24PM

Yama 9:48AM - 11:00AM

Rahu 2:36PM - 3:47PM

Purvaphalguni Until 7:40AM Wed

Athiganda* Until 3:54AM Wed

Vanija Until 4:57AM Wed

Dvitiya Until 3:55PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red
Magha*Thai

Sunrise: 7:25AM

Sunset: 4:59PM

Regina, SK, Canada

Sun 1 Sutra 296

Subhakarit 5124

Moon 2 - Phase 41 - 1

1st Phase

Subha Sivaloka Day

2

Wednesday, February 8, 2023

Simha Rasi: 25.49 Tithi 18 - 19

Creative Work Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarna Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:00AM - 12:12PM

Yama 8:35AM - 9:48AM

Rahu 12:12PM - 1:24PM

Purvaphalguni Until 7:40AM

Sukarna Until 4:11AM Thu

Bava Until 6:44AM Thu

Tritiya Until 5:52PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red
Magha*Thai

Sunrise: 7:23AM

Sunset: 5:01PM

Regina, SK, Canada

Sun 2 Sutra 297

Subhakarit 5124

Moon 2 - Phase 41 - 2

1st Phase

Subha Sivaloka Day

3

Thursday, February 9, 2023

Kanya Rasi: 7.59 Tithi 19

Amrita Yoga

Until 9:45AM

Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:47AM - 10:59AM

Yama 7:22AM - 8:34AM

Rahu 1:25PM - 2:37PM

Uttaraphalguni Until 9:45AM

Dhriti Until 4:13AM Fri

Bava Until 6:44AM

Chaturthi* Until 7:29PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Red
Magha*Thai

Sunrise: 7:22AM

Sunset: 5:03PM

Regina, SK, Canada

Sun 3 Sutra 298

Subhakarit 5124

Moon 2 - Phase 41 - 3

1st Phase

Subha Sivaloka Day

4

Friday, February 10, 2023

Kanya Rasi: 20.19 Tithi 20

Creative Work Amrita Yoga

Until 11:48AM

Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:33AM - 9:46AM

Yama 2:38PM - 3:51PM

Rahu 10:59AM - 12:12PM

Hasta Until 11:48AM

Shula* Until 3:52AM Sat

Kaulava Until 8:11AM

Panchami Until 8:42PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Green
Magha*Thai

Sunrise: 7:20AM

Sunset: 5:04PM

Regina, SK, Canada

Sun 4 Sutra 299

Subhakarit 5124

Moon 2 - Phase 41 - 4

1st Phase

Sivaloka Day

5

Saturday, February 11, 2023

Tula Rasi: 2.5 Tithi 21

Routine Work Marana Yoga

Until 1:13PM

Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 7:18AM - 8:32AM

Yama 1:26PM - 2:39PM

Rahu 9:45AM - 10:59AM

Chitra Until 1:13PM

Ganda* Until 3:06AM Sun

Gara Until 9:08AM

Shashthi* Until 9:22PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green
Magha*Thai

Sunrise: 7:18AM

Sunset: 5:06PM

Regina, SK, Canada

Sun 5 Sutra 300

Subhakarit 5124

Moon 2 - Phase 41 - 5

1st Phase

Devaloka Day

6

Sunday, February 12, 2023

Tula Rasi: 15.38 Tithi 22

Creative Work Siddha Yoga

Until 1:52PM

Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 2:40PM - 3:54PM

Yama 12:12PM - 1:26PM

Rahu 3:54PM - 5:08PM

Svati Until 1:52PM

Vridhhi Until 1:49AM Mon

Visti Until 9:29AM

Saptami Until 9:22PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Orange

Moon - Green
Magha-Masi

Sunrise: 7:17AM

Sunset: 5:08PM

Regina, SK, Canada

Sun 6 Sutra 301

Subhakarit 5124

Moon 2 - Phase 41 - 6

1st Phase

Devaloka Day

D

Monday, February 13, 2023

Retreat Star

Tula Rasi: 28.47 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 2:08PM

Then Creative Work - Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:27PM - 2:41PM

Yama 10:58AM - 12:12PM

Rahu 8:29AM - 9:43AM

Vishakha Until 2:08PM

Dhruva Until 11:56PM

Balava Until 9:07AM

Ashtami* Until 8:39PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Magha-Masi

Sunrise: 7:15AM

Sunset: 5:10PM

Regina, SK, Canada

Sun 7 Sutra 302

Subhakarit 5124

Moon 2 - Phase 41 - 7

Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 12.19 Tithi 24

Creative Work Siddha Yoga

Until 1:32PM

Then Routine Work - Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:12PM - 1:27PM

Yama 9:43AM - 10:57AM

Rahu 2:42PM - 3:57PM

Anuradha Until 1:32PM

Vyaghata* Until 9:29PM

Taitila Until 8:02AM

Navami* Until 7:11PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Orange

Moon - Orange
Magha-Masi

Sunrise: 7:13AM

Sunset: 5:11PM

Regina, SK, Canada

Sun 8 Sutra 303

Subhakarit 5124

Moon 2 - Phase 41 - 8

Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau			Regina, SK, Canada Sun 9 Sutra 304
	Vrischika Rasi: 26.17 Tithi 25 – 26 Creative Work Siddha Yoga Until 12:05PM Then Routine Work - Marana Yoga	973686577	Gulika 10:57AM – 12:12PM Yama 8:26AM – 9:42AM Rahu 12:12PM – 1:27PM	Jyeshtha* Until 12:05PM Harshana Until 6:29PM Vanija Until 6:13AM Dashami Until 5:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 7:11AM Sunset: 5:13PM

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Regina, SK, Canada Sun 10 Sutra 305
	Dhanus Rasi: 10.42 Tithi 26 – 27 Creative Work Siddha Yoga	983686577	Gulika 9:41AM – 10:56AM Yama 7:09AM – 8:25AM Rahu 1:28PM – 2:43PM	Mula* Until 10:18AM Vajra* Until 2:59PM Kaulava Until 12:43AM Fri Ekadashi* Until 2:16PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:09AM Sunset: 5:15PM

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau			Regina, SK, Canada Sun 11 Sutra 306
	Dhanus Rasi: 25.29 Tithi 27 – 28 Routine Work Prabalarishta Yoga Until 7:53AM Then Routine Work - Marana Yoga	983686577	Gulika 8:24AM – 9:40AM Yama 2:44PM – 4:00PM Rahu 10:56AM – 12:12PM	Purvashadha* Until 7:53AM Siddhi Until 11:08AM Gara Until 9:19PM Dvadashi* Until 11:02AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 7:08AM Sunset: 5:17PM

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukhtayam Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau			Regina, SK, Canada Sun 12 Sutra 307
	Makara Rasi: 10.32 Tithi 28 – 29 Creative Work Siddha Yoga Until 2:11AM Sun Then Routine Work - Marana Yoga	993686577	Gulika 7:06AM – 8:22AM Yama 1:29PM – 2:45PM Rahu 9:39AM – 10:55AM	Shravana Until 2:11AM Sun Vyatipata* Until 7:01AM Sakuni Until 3:47AM Sun Trayodashi* Until 7:29AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 7:06AM Sunset: 5:18PM

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Regina, SK, Canada Sun 13 Sutra 308		
	Retreat Star		Makara Rasi: 25.44 Tithi 30 Routine Work Marana Yoga Until 11:16PM Then Creative Work - Siddha Yoga	993686577	Gulika 2:46PM – 4:03PM Yama 12:12PM – 1:29PM Rahu 4:03PM – 5:20PM	Dhanishtha Until 11:16PM Parigha* Until 10:31PM Catuspada Until 1:57PM Amavasya* Until 12:07AM Mon	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 7:04AM Sunset: 5:20PM

Monday, February 20, 2023	Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau			Regina, SK, Canada Sun 14 Sutra 309		
	Family Home Evening		Kumbha Rasi: 10.54 Tithi 1 Creative Work Siddha Yoga Until 8:23PM Then Routine Work - Marana Yoga	993686577	Gulika 1:29PM – 2:47PM Yama 10:54AM – 12:12PM Rahu 8:19AM – 9:37AM	Shatabhishak Until 8:23PM Shiva Until 6:27PM Kintughna Until 10:21AM Prathama* Until 8:38PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 7:02AM Sunset: 5:22PM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Regina, SK, Canada Sun 15 Sutra 310 Subhakrit 5124	
	Kumbha Rasi: 25.52	Tithi 2 – 3	913686577	Gulika Yama Rahu	12:12PM – 1:30PM 9:36AM – 10:54AM 2:48PM – 4:06PM	Purvaproshtapada* Siddha Until 2:38PM Balava Until 7:02AM Dvitiya Until 5:31PM	Ganesha: Red Muruga: Purple Nataraja: Orange Moon – Clear Phalgun-Masi	Sunrise: 7:00AM Sunset: 5:23PM Moon 2 - Phase 43 - 15 3rd Phase Sivaloka Day
	Routine Work Marana Yoga Until 6:10PM Then Creative Work - Amrita Yoga							

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Regina, SK, Canada Sun 16 Sutra 311 Subhakrit 5124	
	Meena Rasi: 10.29	Tithi 3 – 4	913786577	Gulika Yama Rahu	10:53AM – 12:12PM 8:16AM – 9:35AM 12:12PM – 1:30PM	Uttaraproshtapada Sadhya Until 11:16AM Vanija Until 1:57AM Thu Tritiya Until 2:57PM	Ganesha: Blue Muruga: Purple Nataraja: Orange Moon – Clear Phalgun-Masi	Sunrise: 6:58AM Sunset: 5:25PM Moon 2 - Phase 43 - 16 3rd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 4:21PM Then Routine Work - Marana Yoga							

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Regina, SK, Canada Sun 17 Sutra 312 Subhakrit 5124	
	Meena Rasi: 24.4	Tithi 4 – 5	913786577	Gulika Yama Rahu	9:34AM – 10:53AM 6:56AM – 8:15AM 1:30PM – 2:49PM	Revati Until 3:05PM Subha Until 8:27AM Bava Until 12:28AM Fri Chaturthi* Until 1:05PM	Ganesha: Blue Muruga: Purple Nataraja: Orange Moon – Clear Phalgun-Masi	Sunrise: 6:56AM Sunset: 5:27PM Moon 2 - Phase 43 - 17 3rd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 3:05PM Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Regina, SK, Canada Sun 18 Sutra 313 Subhakrit 5124	
	Mesha Rasi: 8.22	Tithi 5 – 6	923786577	Gulika Yama Rahu	8:13AM – 9:33AM 2:50PM – 4:09PM 10:52AM – 12:11PM	Ashvini Until 2:55PM Sukla Until 6:15AM Kaulava Until 11:51PM Panchami Until 12:02PM	Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – White Phalgun-Masi	Sunrise: 6:54AM Sunset: 5:29PM Moon 2 - Phase 43 - 18 3rd Phase Sivaloka Day
	Creative Work Amrita Yoga Until 2:55PM Then Creative Work - Siddha Yoga							

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Regina, SK, Canada Sun 19 Sutra 314 Subhakrit 5124	
	Mesha Rasi: 21.34	Tithi 6 – 7	924786577	Gulika Yama Rahu	6:52AM – 8:12AM 1:31PM – 2:51PM 9:32AM – 10:51AM	Bharani Until 3:27PM Indra Until 3:55AM Sun Gara Until 12:05AM Sun Shashthi* Until 11:50AM	Ganesha: Blue Muruga: Purple Nataraja: Orange Moon – White Phalgun-Masi	Sunrise: 6:52AM Sunset: 5:30PM Moon 2 - Phase 43 - 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 3:27PM Then Creative Work - Amrita Yoga							

☾	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Regina, SK, Canada Sun 20 Sutra 315 Subhakrit 5124			
	Retreat Star		Vrishabha Rasi: 4.21	Tithi 7 – 8	924786577	Gulika Yama Rahu	2:52PM – 4:12PM 12:11PM – 1:31PM 4:12PM – 5:32PM	Krittika Until 4:39PM Vaidhriti* Until 3:41AM Mon Visti Until 1:09AM Mon Saptami Until 12:30PM	Ganesha: Blue Muruga: Purple Nataraja: Orange Moon – White Phalgun-Masi	Sunrise: 6:50AM Sunset: 5:32PM Moon 2 - Phase 43 - 20 Ashtami Devaloka Day
	Creative Work Siddha Yoga									

☾	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Regina, SK, Canada Sun 21 Sutra 316 Subhakrit 5124			
	Retreat Star		Vrishabha Rasi: 16.47	Tithi 8 – 9	934786577	Gulika Yama Rahu	1:32PM – 2:52PM 10:50AM – 12:11PM 8:09AM – 9:30AM	Rohini Until 6:51PM Vishkambha* Until 3:57AM Tue Balava Until 2:52AM Tue Ashtami* Until 1:55PM	Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – Yellow Phalgun-Masi	Sunrise: 6:48AM Sunset: 5:34PM Moon 2 - Phase 43 - 21 Navami Sivaloka Day
	Family Home Evening Creative Work Amrita Yoga									

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Regina, SK, Canada Sun 22 Sutra 317 Subhakrit 5124
	Wrishabha Rasi: 28.56	Tithi 9 – 10	Gulika 12:11PM – 1:32PM Yama 9:28AM – 10:50AM 934786577 Rahu 2:53PM – 4:14PM	Mrigashira Until 9:24PM Priti Until 4:34AM Wed Taitila Until 5:04AM Wed Navami* Until 3:54PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:46AM Sunset: 5:35PM	Moon 2 - Phase 44 - 22 4th Phase
	Creative Work	Siddha Yoga	Until 9:24PM Then Routine Work - Marana Yoga				


2	Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Gara Karana Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 318 Subhakrit 5124
	Mithuna Rasi: 10.56	Tithi 10	Gulika 10:48AM – 12:10PM Yama 8:04AM – 9:26AM 934786577 Rahu 12:10PM – 1:32PM	Ardra Until 12:06AM Thu Ayushman Until 5:22AM Thu Gara Until 6:15PM Dashami Until 6:15PM	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:42AM Sunset: 5:39PM	Moon 2 - Phase 44 - 23 4th Phase
	Creative Work	Siddha Yoga	Until 12:06AM Thu Then Creative Work - Amrita Yoga				


3	Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 319 Subhakrit 5124
	Mithuna Rasi: 22.49	Tithi 11	Gulika 9:25AM – 10:48AM Yama 6:40AM – 8:02AM 944786577 Rahu 1:33PM – 2:55PM	Punarvasu Until 3:14AM Fri Saubhagya Until 6:14AM Fri Vanija Until 7:31AM Ekadashi Until 8:45PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:40AM Sunset: 5:40PM	Moon 2 - Phase 44 - 24 4th Phase
	Creative Work	Amrita Yoga	Until 3:14AM Fri Then Routine Work - Marana Yoga				

4	Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 320 Subhakrit 5124
	Kataka Rasi: 4.41	Tithi 12	Gulika 8:01AM – 9:24AM Yama 2:56PM – 4:19PM 944786577 Rahu 10:47AM – 12:10PM	Pushya Until 6:10AM Sat Saubhagya Until 6:14AM Bava Until 10:02AM Dvadashi Until 11:15PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:38AM Sunset: 5:42PM	Moon 2 - Phase 44 - 25 4th Phase
	Routine Work	Marana Yoga	Then Routine Work - Marana Yoga				

5	Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 321 Subhakrit 5124
	Kataka Rasi: 16.34	Tithi 13	Gulika 6:36AM – 7:59AM Yama 1:33PM – 2:57PM 944786577 Rahu 9:23AM – 10:46AM	Pushya Until 6:10AM Sobhana Until 7:05AM Kaulava Until 12:28PM Trayodashi Until 1:37AM Sun Pradosha Vrata	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:36AM Sunset: 5:44PM	Moon 2 - Phase 44 - 26 4th Phase
	Creative Work	Siddha Yoga	Until 6:10AM Then Routine Work - Marana Yoga				

6	Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 322 Subhakrit 5124
	Kataka Rasi: 28.31	Tithi 14	Gulika 2:57PM – 4:21PM Yama 12:10PM – 1:33PM 144786577 Rahu 4:21PM – 5:45PM	Ashlesha* Until 8:47AM Athiganda* Until 7:47AM Gara Until 2:44PM Chaturdashi* Until 3:45AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Orange Moon – Blue Phalguna-Masi	Sunrise: 6:34AM Sunset: 5:45PM	Moon 2 - Phase 44 - 27 4th Phase
	Creative Work	Siddha Yoga	Until 8:47AM Then Routine Work - Marana Yoga				

	Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau				Regina, SK, Canada Sutra 323 Subhakrit 5124
	Simha Rasi: 10.32	Tithi 15	Gulika 1:34PM – 2:58PM Yama 10:45AM – 12:09PM 154786577 Rahu 7:56AM – 9:20AM	Magha* Until 11:31AM Sukarma Until 8:19AM Visti Until 4:45PM Purnima* Until 5:38AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Phalguna-Masi	Sunrise: 6:32AM Sunset: 5:47PM	Moon 2 - Phase 44 - Purnima
	Family Home Evening	Marana Yoga	Until 11:31AM Then Creative Work - Siddha Yoga				

	Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Balava Karana Prathamayam Titau				Regina, SK, Canada Sutra 324 Subhakrit 5124
	Simha Rasi: 22.41	Tithi 16	Gulika 12:09PM – 1:34PM Yama 9:19AM – 10:44AM 154786577 Rahu 2:59PM – 4:24PM	Purvaphalguni Until 1:48PM Dhriti Until 8:40AM Balava Until 6:28PM Prathama* Until 7:11AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Phalguna-Masi	Sunrise: 6:29AM Sunset: 5:49PM	Moon 2 - Phase 44 - Prathama
	Creative Work	Siddha Yoga	Until 1:48PM Then Creative Work - Amrita Yoga				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Regina, SK, Canada

Sutra 325

Subhakrit 5124

Kanya Rasi: 4.57 Tithi 16 - 17

154786577

Gulika 10:43AM - 12:09PM
Yama 7:53AM - 9:18AM
Rahu 12:09PM - 1:34PM

Uttaraphalguni Until 3:37PM

Shula* Until 8:44AM

Taitila Until 7:52PM

Prathama* Until 7:11AM

Ganesha: Clear *Sunrise:* 6:27AM

Muruqa: Purple *Sunset:* 5:50PM

Nataraja: Orange

Moon - Red

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 -

1st Phase

Creative Work Amrita Yoga

Until 3:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Regina, SK, Canada

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 17.22 Tithi 17 - 18

164786577

Gulika 9:17AM - 10:43AM
Yama 6:25AM - 7:51AM
Rahu 1:34PM - 3:00PM

Hasta Until 5:25PM

Ganda* Until 8:34AM

Vanija Until 8:53PM

Dvitiya Until 8:24AM

Ganesha: White *Sunrise:* 6:25AM

Muruqa: Purple *Sunset:* 5:52PM

Nataraja: Orange

Moon - Green

Phalguna-Masi

Devaloka Day

Moon 3 - Phase 45 - 1

1st Phase

Routine Work Marana Yoga

Until 5:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Regina, SK, Canada

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 29.56 Tithi 18 - 19

165786577

Gulika 7:49AM - 9:16AM
Yama 3:01PM - 4:27PM
Rahu 10:42AM - 12:08PM

Chitra Until 6:40PM

Vridhhi Until 8:07AM

Bava Until 9:30PM

Tritiya Until 9:13AM

Ganesha: Yellow *Sunrise:* 6:23AM

Muruqa: Purple *Sunset:* 5:54PM

Nataraja: Orange

Moon - Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 2

1st Phase

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Regina, SK, Canada

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 12.43 Tithi 19 - 20

165786577

Gulika 6:21AM - 7:48AM
Yama 1:35PM - 3:02PM
Rahu 9:14AM - 10:41AM

Svati Until 7:21PM

Dhruva Until 7:19AM

Kaulava Until 9:41PM

Chaturthi* Until 9:38AM

Ganesha: Yellow *Sunrise:* 6:21AM

Muruqa: Purple *Sunset:* 5:55PM

Nataraja: Orange

Moon - Green

Phalguna-Masi

Sivaloka Day

Moon 3 - Phase 45 - 3

1st Phase

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Regina, SK, Canada

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 25.42 Tithi 20 - 21

175786577

Gulika 3:02PM - 4:30PM
Yama 12:08PM - 1:35PM
Rahu 4:30PM - 5:57PM

Vishakha Until 7:52PM

Vyaghata* Until 6:11AM

Gara Until 9:23PM

Panchami Until 9:34AM

Ganesha: Blue *Sunrise:* 6:19AM

Muruqa: Purple *Sunset:* 5:57PM

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 4

1st Phase

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 8.57 Tithi 21 - 22

175786577

Gulika 1:35PM - 3:03PM
Yama 10:40AM - 12:08PM
Rahu 7:44AM - 9:12AM

Anuradha Until 7:44PM

Vajra* Until 2:43AM Tue

Visti Until 8:33PM

Shashthi* Until 9:01AM

Ganesha: Blue *Sunrise:* 6:16AM

Muruqa: Purple *Sunset:* 5:59PM

Nataraja: Orange

Moon - Orange

Phalguna-Masi

Subha Sivaloka Day

Moon 3 - Phase 45 - 5

1st Phase

Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Regina, SK, Canada

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 22.29 Tithi 22 - 23

175786577

Gulika 12:07PM - 1:35PM
Yama 9:11AM - 10:39AM
Rahu 3:04PM - 4:32PM

Jyeshtha* Until 6:56PM

Siddhi Until 12:22AM Wed

Balava Until 7:12PM

Saptami Until 7:56AM

Ganesha: Blue *Sunrise:* 6:14AM

Muruqa: Purple *Sunset:* 6:00PM

Nataraja: Orange

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Moon 3 - Phase 45 - 6

Ashtami

Routine Work Marana Yoga

Until 6:56PM

Then Creative Work - Amrita Yoga

Karadaiyan Nombu (Tamil Nadu)

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Regina, SK, Canada

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 6.2 Tithi 23 - 24

185786578

Gulika 10:38AM - 12:07PM
Yama 7:41AM - 9:10AM
Rahu 12:07PM - 1:36PM

Mula* Until 5:55PM

Vyatipata* Until 9:37PM

Gara Until 4:12AM Thu

Ashtami* Until 6:19AM

Ganesha: Red *Sunrise:* 6:12AM

Muruqa: Purple *Sunset:* 6:02PM

Nataraja: Clear

Moon - Light Blue

Phalguna-Panguni

Sivaloka Day

Moon 3 - Phase 45 - 7

Navami

Routine Work Marana Yoga

Until 5:55PM

Then Creative Work - Amrita Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

times are standard time. Calculated for Regina, SK, Canada on 5/1


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1	Thursday, March 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan Yoga Vanija/Visli* Karana Dashamyam Titau				Regina, SK, Canada Sun 8 Sutra 333 Subhakrit 5124
	Dhanus Rasi: 20.29	Tithi 25	Gulika 9:08AM – 10:37AM	Purvashadha* Until 4:17PM	Ganesha: Red <i>Sunrise: 6:10AM</i>	Muruqa: Purple <i>Sunset: 6:03PM</i>	Moon 3 - Phase 46 - 8
			Yama 6:10AM – 7:39AM	Variyan Until 6:28PM	Nataraja: Clear		2nd Phase
	185786578	Rahu 1:36PM – 3:05PM		Vanija Until 3:00PM	Moon – Light Blue	Sivaloka Day	
Creative Work Siddha Yoga Until 4:17PM Then Routine Work - Marana Yoga				Dashami Until 1:39AM Fri	Phalguna-Panguni		

2	Friday, March 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 334 Subhakrit 5124
	Makara Rasi: 4.57	Tithi 26	Gulika 7:37AM – 9:07AM	Uttarashadha Until 2:08PM	Ganesha: Red <i>Sunrise: 6:08AM</i>	Muruqa: Purple <i>Sunset: 6:03PM</i>	Moon 3 - Phase 46 - 9
			Yama 3:06PM – 4:35PM	Parigha* Until 3:02PM	Nataraja: Clear		2nd Phase
	185786578	Rahu 10:37AM – 12:06PM		Bava Until 12:16PM	Moon – Light Blue	Sivaloka Day	
Routine Work Marana Yoga				Ekadashi* Until 10:46PM	Phalguna-Panguni		

3	Saturday, March 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 335 Subhakrit 5124
	Makara Rasi: 19.38	Tithi 27	Gulika 6:06AM – 7:36AM	Shravana Until 11:59AM	Ganesha: Green <i>Sunrise: 6:06AM</i>	Muruqa: Purple <i>Sunset: 6:07PM</i>	Moon 3 - Phase 46 - 10
			Yama 1:36PM – 3:06PM	Shiva Until 11:23AM	Nataraja: Clear		2nd Phase
	195786578	Rahu 9:06AM – 10:36AM		Kaulava Until 9:15AM	Moon – Purple	Subha Sivaloka Day	
Creative Work Siddha Yoga				Dvadashi* Until 7:39PM	Phalguna-Panguni		

4	Sunday, March 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 11 Sutra 336 Subhakrit 5124
	Kumbha Rasi: 4.27	Tithi 28 – 29	Gulika 3:07PM – 4:38PM	Dhanishtha Until 9:34AM	Ganesha: Green <i>Sunrise: 6:03AM</i>	Muruqa: Clear <i>Sunset: 6:08PM</i>	Moon 3 - Phase 46 - 11
			Yama 12:06PM – 1:36PM	Siddha Until 7:35AM	Nataraja: Clear		2nd Phase
	196896578	Rahu 4:38PM – 6:08PM		Gara Until 6:04AM	Moon – Purple	Sivaloka Day	
Routine Work Marana Yoga Until 9:34AM Then Creative Work - Siddha Yoga				Trayodashi* Until 4:27PM	Phalguna-Panguni		
<i>Pradosha Vrata (Fasting)</i>							

	Monday, March 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Regina, SK, Canada Sun 12 Sutra 337 Subhakrit 5124
	Retreat Star		Gulika 1:37PM – 3:08PM	Shatabhishak Until 7:01AM	Ganesha: Green <i>Sunrise: 6:01AM</i>	Muruqa: Clear <i>Sunset: 6:10PM</i>	Moon 3 - Phase 46 - 12
	Kumbha Rasi: 19.16	Tithi 29 – 30	Yama 10:34AM – 12:06PM	Subha Until 12:11AM Tue	Nataraja: Clear		Amavasya
	196896578	Rahu 7:32AM – 9:03AM		Catuspada Until 11:50PM	Moon – Purple	Sivaloka Day	
Family Home Evening Creative Work Siddha Yoga Until 7:01AM Then Routine Work - Marana Yoga				Chaturdashi* Until 1:19PM	Phalguna-Panguni		

	Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Regina, SK, Canada Sun 13 Sutra 338 Subhakrit 5124
	Retreat Star		Gulika 12:05PM – 1:37PM	Uttaraproshtpada Until 3:01AM Wed	Ganesha: Orange <i>Sunrise: 5:59AM</i>	Muruqa: Clear <i>Sunset: 6:11PM</i>	Moon 3 - Phase 46 - 13
	Meena Rasi: 3.59	Tithi 30 – 1	Yama 9:02AM – 10:34AM	Sukla Until 8:45PM	Nataraja: Clear		Prathama
	116896578	Rahu 3:08PM – 4:40PM		Kintughna Until 9:06PM	Moon – Clear	Devaloka Day	
Creative Work Amrita Yoga Until 3:01AM Wed Then Routine Work - Marana Yoga		Yugadhi		Amavasya* Until 10:24AM	Chaitra-Panguni		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

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1		Wednesday, March 22, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Regina, SK, Canada Sun 14 Sutra 339 Subhakit 5124
Meena Rasi: 18.26	Tithi 1 – 2	Gulika 10:33AM – 12:05PM	Revati Until 1:28AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:57AM		
		Yama 7:29AM – 9:01AM	Brahma Until 5:43PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 47 - 14	
	116896578	Rahu 12:05PM – 1:37PM	Balava Until 6:48PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Prathama* Until 7:52AM	Moon – Clear		Devaloka Day	
Until 1:28AM Thu				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Thursday, March 23, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau			Regina, SK, Canada Sun 15 Sutra 340 Subhakit 5124
Mesha Rasi: 2.32	Tithi 3	Gulika 9:00AM – 10:32AM	Ashvini Until 12:50AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		
		Yama 5:55AM – 7:27AM	Indra Until 3:11PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 47 - 15	
	126896578	Rahu 1:37PM – 3:10PM	Taitila Until 5:06PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 4:30AM Fri	Moon – White		Devaloka Day	
Until 12:50AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 24, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturthyam Titau			Regina, SK, Canada Sun 16 Sutra 341 Subhakit 5124
Mesha Rasi: 16.14	Tithi 4	Gulika 7:25AM – 8:58AM	Bharani Until 12:48AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:52AM		
		Yama 3:10PM – 4:43PM	Vaidhriti* Until 1:10PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 47 - 16	
	126896578	Rahu 10:31AM – 12:04PM	Vanija Until 4:07PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 3:54AM Sat	Moon – White		Devaloka Day	
Until 12:48AM Sat				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Saturday, March 25, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau			Regina, SK, Canada Sun 17 Sutra 342 Subhakit 5124
Mesha Rasi: 29.3	Tithi 5	Gulika 5:50AM – 7:24AM	Krittika Until 1:22AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:50AM		
		Yama 1:37PM – 3:11PM	Vishkambha* Until 11:48AM	Muruqa: Clear	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47 - 17	
	126896578	Rahu 8:57AM – 10:31AM	Bava Until 3:55PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 4:05AM Sun	Moon – White		Devaloka Day	
Until 1:22AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Sunday, March 26, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau			Regina, SK, Canada Sun 18 Sutra 343 Subhakit 5124
Wrishabha Rasi: 12.22	Tithi 6	Gulika 3:12PM – 4:46PM	Rohini Until 2:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:48AM		
		Yama 12:04PM – 1:38PM	Priti Until 11:03AM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 47 - 18	
	137896578	Rahu 4:46PM – 6:19PM	Kaulava Until 4:30PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 5:02AM Mon	Moon – Yellow		Devaloka Day	
Until 2:59AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

6		Monday, March 27, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau			Regina, SK, Canada Sun 19 Sutra 344 Subhakit 5124
Wrishabha Rasi: 24.52	Tithi 7	Gulika 1:38PM – 3:12PM	Mrigashira Until 5:05AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:46AM		
Family Home Evening		Yama 10:29AM – 12:03PM	Ayushman Until 10:50AM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47 - 19	
	137896578	Rahu 7:20AM – 8:55AM	Gara Until 5:47PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Saptami Until 6:38AM Tue	Moon – Yellow		Devaloka Day	
Until 5:05AM Tue				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

☾		Tuesday, March 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Regina, SK, Canada Sun 20 Sutra 345 Subhakit 5124
Retreat Star		Gulika 12:03PM – 1:38PM	Ardra Until 7:30AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:44AM		
Mithuna Rasi: 7.07	Tithi 7 – 8	Yama 8:53AM – 10:28AM	Saubhagya Until 11:07AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 47 - 20	
	137896578	Rahu 3:13PM – 4:48PM	Visti Until 7:39PM	Nataraja: Clear		Ashtami	
Routine Work	Marana Yoga		Saptami Until 6:38AM	Moon – Yellow		Devaloka Day	
Until 7:30AM Wed				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

☽		Wednesday, March 29, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Regina, SK, Canada Sun 21 Sutra 346 Subhakit 5124
Retreat Star		Gulika 10:27AM – 12:03PM	Ardra Until 7:30AM	Ganesha: Clear	<i>Sunrise:</i> 5:41AM		
Mithuna Rasi: 19.1	Tithi 8 – 9	Yama 7:17AM – 8:52AM	Sobhana Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 47 - 21	
	137896578	Rahu 12:03PM – 1:38PM	Balava Until 9:53PM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 8:42AM	Moon – Yellow		Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

times are standard time. Calculated for Regina, SK, Canada on 5/1

www.gurudeva.org/panchang

1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Regina, SK, Canada Sun 22 Sutra 347	
Kataka Rasi: 1.05	Tithi 9 – 10	Gulika 8:51AM – 10:27AM	Punarvasu Until 10:30AM	Ganesha: White	<i>Sunrise:</i> 5:39AM	Subhakrit 5124	
		Yama 5:39AM – 7:15AM	Athiganda* Until 12:32PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 48 - 22	
147896578		Rahu 1:38PM – 3:14PM	Taitila Until 12:17AM Fri	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 11:03AM	Moon – Blue		Bhuloka Day	
				Chaitra+Panguni		Devaloka Time: 3:PM to 6:PM	

2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Regina, SK, Canada Sun 23 Sutra 348	
Kataka Rasi: 12.58	Tithi 10 – 11	Gulika 7:13AM – 8:50AM	Pushya Until 1:26PM	Ganesha: White	<i>Sunrise:</i> 5:37AM	Subhakrit 5124	
		Yama 3:15PM – 4:51PM	Sukarma Until 1:23PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48 - 23	
147896578		Rahu 10:26AM – 12:02PM	Vanija Until 2:41AM Sat	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Yogaswami Mahasamadhi	Moon – Blue		Bhuloka Day	
			Dashami Until 1:29PM	Chaitra+Panguni		Devaloka Time: 3:PM to 6:PM	

3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Regina, SK, Canada Sun 24 Sutra 349	
Kataka Rasi: 24.53	Tithi 11 – 12	Gulika 5:37AM – 7:13AM	Ashlesha* Until 4:05PM	Ganesha: White	<i>Sunrise:</i> 5:37AM	Subhakrit 5124	
		Yama 1:38PM – 3:15PM	Dhriti Until 2:11PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48 - 24	
147896578		Rahu 8:50AM – 10:26AM	Bava Until 4:54AM Sun	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 3:48PM	Moon – Blue		Bhuloka Day	
Until 4:05PM				Chaitra+Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Regina, SK, Canada Sun 25 Sutra 350	
Simha Rasi: 6.52	Tithi 12 – 13	Gulika 3:15PM – 4:52PM	Magha* Until 6:50PM	Ganesha: Red	<i>Sunrise:</i> 5:35AM	Subhakrit 5124	
		Yama 12:02PM – 1:39PM	Shula* Until 2:46PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 48 - 25	
158896578		Rahu 4:52PM – 6:29PM	Kaulava Until 6:48AM Mon	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 5:52PM	Moon – Red		Devaloka Day	
Until 6:50PM				Chaitra+Panguni			
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>	

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhdi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Regina, SK, Canada Sun 26 Sutra 351	
Simha Rasi: 18.58	Tithi 13	Gulika 1:39PM – 3:16PM	Purvaphalguni Until 9:04PM	Ganesha: Red	<i>Sunrise:</i> 5:33AM	Subhakrit 5124	
Family Home Evening		Yama 10:24AM – 12:02PM	Ganda* Until 3:06PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 48 - 26	
158896578		Rahu 7:10AM – 8:47AM	Kaulava Until 6:48AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 7:34PM	Moon – Red		Devaloka Day	
				Chaitra+Panguni			

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhdi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Regina, SK, Canada Sun 27 Sutra 352	
Kanya Rasi: 1.15	Tithi 14	Gulika 12:01PM – 1:39PM	Uttaraphalguni Until 10:42PM	Ganesha: Red	<i>Sunrise:</i> 5:30AM	Subhakrit 5124	
		Yama 8:46AM – 10:24AM	Vridhdi Until 3:07PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 48 - 27	
158896578		Rahu 3:17PM – 4:54PM	Gara Until 8:17AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 8:50PM	Moon – Red		Devaloka Day	
Until 10:42PM				Chaitra+Panguni			
Then Creative Work - Siddha Yoga							

○		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Regina, SK, Canada Sutra 353	
Copper Retreat Star		Gulika 10:23AM – 12:01PM	Hasta Until 12:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	Subhakrit 5124	
Kanya Rasi: 13.43	Tithi 15	Yama 7:06AM – 8:45AM	Dhruva Until 2:44PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 48 -	
168896578		Rahu 12:01PM – 1:39PM	Visti Until 9:17AM	Nataraja: Clear		Purnima	
Routine Work	Marana Yoga		Purnima* Until 9:36PM	Moon – Green		Bhuloka Day	
Until 12:11AM Thu		Panguni Uttiram		Chaitra+Panguni		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

○		Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Regina, SK, Canada Sutra 354	
Silver Retreat Star		Gulika 8:43AM – 10:22AM	Chitra Until 1:03AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:26AM	Subhakrit 5124	
Kanya Rasi: 26.25	Tithi 16	Yama 5:26AM – 7:05AM	Vyaghata* Until 2:00PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 48 -	
168896578		Rahu 1:39PM – 3:18PM	Balava Until 9:49AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 9:52PM	Moon – Green		Bhuloka Day	
				Chaitra+Panguni		Devaloka Time: 3:PM to 6:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Regina, SK, Canada
Sun 1 Sutra 355

Tula Rasi: 9.2 Tithi 17

Gulika 7:03AM – 8:42AM
Yama 3:19PM – 4:58PM
168896578 **Rahu** 10:21AM – 12:00PM

Svati Until 1:18AM Sat
Harshana Until 12:54PM
Taitila Until 9:51AM
Dvitiya Until 9:41PM

Ganesha: Blue *Sunrise:* 5:24AM
Muruqa: Clear *Sunset:* 6:37PM
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Subhakarit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Saturday, April 8, 2023

Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Regina, SK, Canada
Sun 2 Sutra 356

Tula Rasi: 22.29 Tithi 18

Gulika 5:22AM – 7:01AM
Yama 1:40PM – 3:19PM
179896578 **Rahu** 8:41AM – 10:21AM

Vishakha Until 1:28AM Sun
Vajra* Until 11:26AM
Vanija Until 9:27AM
Tritiya Until 9:05PM

Ganesha: Red *Sunrise:* 5:22AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Subhakarit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 1:28AM Sun
Then Routine Work - Marana Yoga

2

Sunday, April 9, 2023

Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Regina, SK, Canada
Sun 3 Sutra 357

Vrischika Rasi: 5.52 Tithi 19

Gulika 3:20PM – 5:00PM
Yama 12:00PM – 1:40PM
179896578 **Rahu** 5:00PM – 6:40PM

Anuradha Until 1:07AM Mon
Siddhi Until 9:40AM
Bava Until 8:40AM
Chaturthi* Until 8:06PM

Ganesha: Red *Sunrise:* 5:20AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Subhakarit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 1:07AM Mon
Then Creative Work - Siddha Yoga

3

Monday, April 10, 2023

Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Regina, SK, Canada
Sun 4 Sutra 358

Vrischika Rasi: 19.26 Tithi 20

Gulika 1:40PM – 3:21PM
Yama 10:19AM – 12:00PM
179896578 **Rahu** 6:58AM – 8:39AM

Jyeshtha* Until 12:17AM Tue
Vyatipata* Until 7:38AM
Kaulava Until 7:30AM
Panchami Until 6:47PM

Ganesha: Red *Sunrise:* 5:17AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Subhakarit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 12:17AM Tue
Then Creative Work - Amrita Yoga

4

Tuesday, April 11, 2023

Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Regina, SK, Canada
Sun 5 Sutra 359

Dhanus Rasi: 3.12 Tithi 21 – 22

Gulika 11:59AM – 1:40PM
Yama 8:37AM – 10:18AM
189896578 **Rahu** 3:21PM – 5:02PM

Mula* Until 11:28PM
Parigha* Until 2:47AM Wed
Gara Until 6:02AM
Shashthi* Until 5:10PM

Ganesha: Green *Sunrise:* 5:15AM
Muruqa: Clear *Sunset:* 6:43PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Subhakarit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 11:28PM
Then Creative Work - Siddha Yoga

5

Wednesday, April 12, 2023

Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Regina, SK, Canada
Sun 6 Sutra 360

Dhanus Rasi: 17.08 Tithi 22 – 23

Gulika 10:18AM – 11:59AM
Yama 6:55AM – 8:36AM
189896578 **Rahu** 11:59AM – 1:40PM

Purvashadha* Until 10:14PM
Shiva Until 12:04AM Thu
Balava Until 2:15AM Thu
Saptami Until 3:16PM

Ganesha: Green *Sunrise:* 5:13AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Subhakarit 5124
Moon 4 - Phase 49 - 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, April 13, 2023

Retreat Star

Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Regina, SK, Canada
Sun 7 Sutra 361

Makara Rasi: 1.14 Tithi 23 – 24

Gulika 8:35AM – 10:17AM
Yama 5:11AM – 6:53AM
189996578 **Rahu** 1:41PM – 3:23PM

Uttarashadha Until 8:39PM
Siddha Until 9:08PM
Taitila Until 12:01AM Fri
Ashtami* Until 1:09PM

Ganesha: White *Sunrise:* 5:11AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Subhakarit 5124
Moon 4 - Phase 49 - 7
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 8:39PM
Then Creative Work - Siddha Yoga

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Regina, SK, Canada
Sun 8 Sutra 362

Makara Rasi: 15.28 Tithi 24 – 25

Gulika 6:51AM – 8:34AM
Yama 3:23PM – 5:06PM
299996578 **Rahu** 10:16AM – 11:59AM

Shravana Until 7:10PM
Sadhya Until 6:05PM
Vanija Until 9:38PM
Navami* Until 10:49AM

Ganesha: White *Sunrise:* 5:09AM
Muruqa: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Sobhana 5125
Moon 4 - Phase 49 - 8
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 7:10PM
Then Creative Work - Siddha Yoga

Tamil New Year

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistli/Bava Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 9 Sutra 363 Sobhana 5125
	Makara Rasi: 29.48	Tithi 25 – 26	Gulika 5:07AM – 6:50AM	Dhanishtha Until 5:26PM	Ganesha: White	<i>Sunrise:</i> 5:07AM	
			Yama 1:41PM – 3:24PM	Subha Until 2:57PM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 1 - 9
		299996578	Rahu 8:33AM – 10:15AM	Bava Until 7:08PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga				Moon – Purple	Bhuloka Day		
Until 5:26PM				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Sukla/Brahma Yoga Kaulava/Tailita Karana Dvadashyam Titau				Regina, SK, Canada Sun 10 Sutra 364 Sobhana 5125
	Kumbha Rasi: 14.11	Tithi 27	Gulika 3:25PM – 5:08PM	Shatabhishak Until 3:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM	
			Yama 11:58AM – 1:41PM	Sukla Until 11:46AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 1 - 10
		291996578	Rahu 5:08PM – 6:51PM	Kaulava Until 4:37PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga				Moon – Purple	Devaloka Day		
				Chaitra+Chaitra			

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Regina, SK, Canada Sun 11 Sutra 1 Sobhana 5125
	Kumbha Rasi: 28.32	Tithi 28	Gulika 1:42PM – 3:25PM	Purvaproshtapada* Until 2:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:03AM	
	Family Home Evening		Yama 10:14AM – 11:58AM	Brahma Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 1 - 11
		211996578	Rahu 6:47AM – 8:30AM	Gara Until 2:11PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga				Moon – Clear	Devaloka Day		
Until 2:01PM				Chaitra+Chaitra			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti* Yoga Vistli/Sakuni* Karana Chaturdashyam Titau				Regina, SK, Canada Sun 12 Sutra 2 Sobhana 5125
	Meena Rasi: 12.48	Tithi 29	Gulika 11:58AM – 1:42PM	Uttaraproshtapada Until 12:32PM	Ganesha: Orange	<i>Sunrise:</i> 5:01AM	
			Yama 8:29AM – 10:13AM	Vaidhriti* Until 2:54AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 1 - 12
		211996578	Rahu 3:26PM – 5:10PM	Visti Until 11:57AM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga				Moon – Clear	Devaloka Day		
Until 12:32PM				Chaitra+Chaitra			
Then Creative Work - Siddha Yoga							

●	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Regina, SK, Canada Sun 13 Sutra 3 Sobhana 5125
	Retreat Star		Gulika 10:13AM – 11:57AM	Revati Until 11:14AM	Ganesha: Orange	<i>Sunrise:</i> 4:59AM	
	Meena Rasi: 26.52	Tithi 30	Yama 6:43AM – 8:28AM	Vishkambha* Until 12:28AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 1 - 13
		211996578	Rahu 11:57AM – 1:42PM	Catuspada Until 10:02AM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga				Moon – Clear	Devaloka Day		
				Chaitra+Chaitra			

●	Thursday, April 20, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Regina, SK, Canada Sun 14 Sutra 4 Sobhana 5125
	Retreat Star		Gulika 8:27AM – 10:12AM	Ashvini Until 10:39AM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	
	Mesha Rasi: 10.41	Tithi 1	Yama 4:57AM – 6:42AM	Priti Until 10:27PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 1 - 14
		221996578	Rahu 1:42PM – 3:27PM	Kintughna Until 8:32AM	Nataraja: Clear		Prathama
Creative Work Amrita Yoga				Moon – White	Devaloka Day		
Until 10:39AM				Vaisaka+Chaitra			
Then Creative Work - Siddha Yoga							

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Regina, SK, Canada Sun 15 Sutra 5 Sobhana 5125
	Mesha Rasi: 24.11	Tithi 2	Gulika 6:40AM – 8:26AM	Bharani Until 10:28AM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	
			Yama 3:28PM – 5:14PM	Ayushman Until 8:53PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2 - 15
	221996578	Rahu 10:11AM – 11:57AM		Balava Until 7:35AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:19PM	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Regina, SK, Canada Sun 16 Sutra 6 Sobhana 5125
	Visshabha Rasi: 7.2	Tithi 3	Gulika 4:53AM – 6:39AM	Krittika Until 10:44AM	Ganesha: Clear	<i>Sunrise:</i> 4:53AM	
			Yama 1:43PM – 3:29PM	Saubhagya Until 7:51PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2 - 16
	221996578	Rahu 8:25AM – 10:11AM		Taitila Until 7:15AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 7:19PM	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Regina, SK, Canada Sun 17 Sutra 7 Sobhana 5125
	Visshabha Rasi: 20.11	Tithi 4	Gulika 3:29PM – 5:16PM	Rohini Until 11:58AM	Ganesha: Orange	<i>Sunrise:</i> 4:51AM	
			Yama 11:56AM – 1:43PM	Sobhana Until 7:20PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2 - 17
	231996578	Rahu 5:16PM – 7:02PM		Vanija Until 7:35AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 7:59PM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Regina, SK, Canada Sun 18 Sutra 8 Sobhana 5125
	Mithuna Rasi: 2.43	Tithi 5	Gulika 1:43PM – 3:30PM	Mrigashira Until 1:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:49AM	
	Family Home Evening		Yama 10:09AM – 11:56AM	Athiganda* Until 7:17PM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2 - 18
	231996578	Rahu 6:36AM – 8:22AM		Bava Until 8:34AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 9:15PM	Moon – Yellow		Devaloka Day	
Until 1:40PM			Adi Sankara Jayanthi	Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Regina, SK, Canada Sun 19 Sutra 9 Sobhana 5125
	Mithuna Rasi: 14.59	Tithi 6	Gulika 11:56AM – 1:43PM	Ardra Until 3:44PM	Ganesha: Orange	<i>Sunrise:</i> 4:47AM	
			Yama 8:21AM – 10:09AM	Sukarma Until 7:38PM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 2 - 19
	231996579	Rahu 3:31PM – 5:18PM		Kaulava Until 10:07AM	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 11:02PM	Moon – Yellow		Sivaloka Day	
Until 3:44PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Regina, SK, Canada Sun 20 Sutra 10 Sobhana 5125
	Mithuna Rasi: 27.04	Tithi 7	Gulika 10:08AM – 11:56AM	Punarvasu Until 6:31PM	Ganesha: Green	<i>Sunrise:</i> 4:45AM	
			Yama 6:33AM – 8:20AM	Dhriti Until 8:18PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2 - 20
	241996579	Rahu 11:56AM – 1:44PM		Gara Until 12:06PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:11AM Thu	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Regina, SK, Canada Sun 21 Sutra 11 Sobhana 5125
	Retreat Star		Gulika 8:19AM – 10:07AM	Pushya Until 9:21PM	Ganesha: Red	<i>Sunrise:</i> 4:43AM	
	Kataka Rasi: 9.02	Tithi 8	Yama 4:43AM – 6:31AM	Shula* Until 9:06PM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 2 - 21
	242996579	Rahu 1:44PM – 3:32PM		Visiti Until 2:21PM	Nataraja: Purple		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 3:30AM Fri	Moon – Blue		Sivaloka Day	
Until 9:21PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Regina, SK, Canada Sun 22 Sutra 12 Sobhana 5125
	Retreat Star		Gulika 6:30AM – 8:18AM	Ashlesha* Until 12:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 4:41AM	
	Kataka Rasi: 20.56	Tithi 9	Yama 3:33PM – 5:21PM	Ganda* Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 2 - 22
	242996579	Rahu 10:07AM – 11:56AM		Balava Until 4:42PM	Nataraja: Purple		Navami
Routine Work	Marana Yoga		Navami* Until 5:49AM Sat	Moon – Blue		Sivaloka Day	
Until 12:03AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Saturday, April 29, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Taitila Karana Dashamyam Titau				Regina, SK, Canada Sun 23 Sutra 13 Sobhana 5125
Simha Rasi: 2.52	Tithi 10	Gulika 4:39AM – 6:28AM	Magha* Until 2:56AM Sun	Ganesha: Blue <i>Sunrise:</i> 4:39AM	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3 - 23
		Yama 1:44PM – 3:34PM	Vriddhi Until 10:42PM	Muruqa: Clear		4th Phase
		252996579 Rahu 8:17AM – 10:06AM	Taitila Until 6:55PM	Nataraja: Purple		
Creative Work	Amrita Yoga		Dashami Until 7:55AM Sun	Moon – Red		Devaloka Day
Until 2:56AM Sun				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

2 Sunday, April 30, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Regina, SK, Canada Sun 24 Sutra 14 Sobhana 5125
Simha Rasi: 14.52	Tithi 10 – 11	Gulika 3:34PM – 5:24PM	Purvaphalguni Until 5:17AM Mon	Ganesha: Blue <i>Sunrise:</i> 4:37AM	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 3 - 24
		Yama 11:55AM – 1:45PM	Dhruva Until 11:10PM	Muruqa: Clear		4th Phase
		252996579 Rahu 5:24PM – 7:13PM	Vanija Until 8:51PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Dashami Until 7:55AM	Moon – Red		Devaloka Day
				Vaisaka-Chaitra		

3 Monday, May 1, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Regina, SK, Canada Sun 25 Sutra 15 Sobhana 5125
Simha Rasi: 27.01	Tithi 11 – 12	Gulika 1:45PM – 3:36PM	Uttaraphalguni Until 7:00AM Tue	Ganesha: Blue <i>Sunrise:</i> 4:34AM	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 3 - 25
Family Home Evening		Yama 10:05AM – 11:55AM	Vyaghata* Until 11:17PM	Muruqa: Clear		4th Phase
		252996579 Rahu 6:24AM – 8:14AM	Bava Until 10:19PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Ekadashi Until 9:38AM	Moon – Red		Devaloka Day
				Vaisaka-Chaitra		

4 Tuesday, May 2, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Regina, SK, Canada Sun 26 Sutra 16 Sobhana 5125
Kanya Rasi: 9.23	Tithi 12 – 13	Gulika 11:55AM – 1:46PM	Uttaraphalguni Until 7:00AM	Ganesha: Blue <i>Sunrise:</i> 4:32AM	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 3 - 26
		Yama 8:13AM – 10:04AM	Harshana Until 10:58PM	Muruqa: Clear		4th Phase
		252996579 Rahu 3:36PM – 5:27PM	Kaulava Until 11:11PM	Nataraja: Purple		
Creative Work	Amrita Yoga		Dvadashi Until 10:48AM	Moon – Red		Devaloka Day
Until 7:00AM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

5 Wednesday, May 3, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Regina, SK, Canada Sun 27 Sutra 17 Sobhana 5125
Kanya Rasi: 22.01	Tithi 13 – 14	Gulika 10:04AM – 11:55AM	Hasta Until 8:27AM	Ganesha: Yellow <i>Sunrise:</i> 4:30AM	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 3 - 27
		Yama 6:21AM – 8:12AM	Vajra* Until 10:07PM	Muruqa: Clear		4th Phase
		262996579 Rahu 11:55AM – 1:46PM	Gara Until 11:26PM	Nataraja: Purple		
Routine Work	Marana Yoga		Trayodashi Until 11:22AM	Moon – Green		Sivaloka Day
Until 8:27AM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

Thursday, May 4, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Regina, SK, Canada Sutra 18 Sobhana 5125
○ Copper Retreat Star		Gulika 8:11AM – 10:03AM	Chitra Until 9:07AM	Ganesha: Yellow <i>Sunrise:</i> 4:28AM	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 3 - Purnima
Tula Rasi: 4.57	Tithi 14 – 15	Yama 4:28AM – 6:20AM	Siddhi Until 8:48PM	Muruqa: Clear		
		262996579 Rahu 1:46PM – 3:38PM	Visti Until 11:03PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Chaturdashi* Until 11:18AM	Moon – Green		Sivaloka Day
Until 9:07AM		Budha Purnima (Tamil Nadu)		Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

Friday, May 5, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Regina, SK, Canada Sutra 19 Sobhana 5125
○ Silver Retreat Star		Gulika 6:19AM – 8:11AM	Svati Until 9:02AM	Ganesha: Yellow <i>Sunrise:</i> 4:27AM	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 3 - Prathama
Tula Rasi: 18.12	Tithi 15 – 16	Yama 3:38PM – 5:30PM	Vyatipata* Until 7:01PM	Muruqa: Clear		
		262996579 Rahu 10:03AM – 11:55AM	Balava Until 10:05PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Purnima* Until 10:37AM	Moon – Green		Sivaloka Day
				Vaisaka-Chaitra		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda