



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China
Sutra 1

Tula Rasi: 18.45 Tithi 17
Family Home Evening
Creative Work Amrita Yoga
Until 7:55AM
Then Routine Work - Marana Yoga

268345478

Gulika 1:32PM – 3:10PM
Yama 10:17AM – 11:55AM
Rahu 7:02AM – 8:40AM
Svati Until 7:55AM
Siddhi Until 10:51PM
Taitila Until 11:16AM
Dvitiya Until 9:54PM

Ganesha: Clear *Sunrise: 5:24AM*
Muruqa: White *Sunset: 6:25PM*
Nataraja: White
Moon – Green
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Shanghai, China
Sun 1 Sutra 2

Virschika Rasi: 3.15 Tithi 18
Routine Work Marana Yoga
Until 6:07AM
Then Creative Work - Siddha Yoga

278345478

Gulika 11:54AM – 1:32PM
Yama 8:39AM – 10:17AM
Rahu 3:10PM – 4:48PM
Vishakha Until 6:07AM
Vyatipata* Until 7:29PM
Vanija Until 8:32AM
Tritiya Until 7:07PM

Ganesha: Purple *Sunrise: 5:23AM*
Muruqa: White *Sunset: 6:25PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyana/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China
Sun 2 Sutra 3

Virschika Rasi: 17.49 Tithi 19 – 20
Creative Work Siddha Yoga

278345478

Gulika 10:16AM – 11:54AM
Yama 7:00AM – 8:38AM
Rahu 11:54AM – 1:32PM
Jyeshtha* Until 2:00AM Thu
Variyan Until 4:05PM
Kaulava Until 3:01AM Thu
Chaturthi* Until 4:21PM

Ganesha: Purple *Sunrise: 5:22AM*
Muruqa: White *Sunset: 6:26PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

3

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China
Sun 3 Sutra 4

Dhanus Rasi: 2.19 Tithi 20 – 21
Creative Work Siddha Yoga
Until 12:19AM Fri
Then Routine Work - Prabalarishta Yoga

288345478

Gulika 8:38AM – 10:16AM
Yama 5:21AM – 6:59AM
Rahu 1:32PM – 3:10PM
Mula* Until 12:19AM Fri
Parigha* Until 12:47PM
Gara Until 12:25AM Fri
Panchami Until 1:40PM

Ganesha: Clear *Sunrise: 5:21AM*
Muruqa: White *Sunset: 6:27PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shanghai, China
Sun 4 Sutra 5

Dhanus Rasi: 16.43 Tithi 21 – 22
Routine Work Prabalarishta Yoga
Until 10:43PM
Then Routine Work - Marana Yoga

289345478

Gulika 6:59AM – 8:37AM
Yama 3:11PM – 4:49PM
Rahu 10:15AM – 11:54AM
Purvashadha* Until 10:43PM
Shiva Until 9:39AM
Visti Until 10:03PM
Shashthi* Until 11:11AM

Ganesha: Purple *Sunrise: 5:20AM*
Muruqa: White *Sunset: 6:27PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Devaloka Day

5

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China
Sun 5 Sutra 6

Makara Rasi: 0.58 Tithi 22 – 23
Routine Work Marana Yoga
Until 9:15PM
Then Creative Work - Siddha Yoga

289345478

Gulika 5:19AM – 6:58AM
Yama 1:32PM – 3:11PM
Rahu 8:36AM – 10:15AM
Uttarashadha Until 9:15PM
Siddha Until 6:42AM
Balava Until 7:58PM
Saptami Until 8:57AM

Ganesha: Purple *Sunrise: 5:19AM*
Muruqa: White *Sunset: 6:28PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
5 Ashtami

Devaloka Day

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China
Sun 6 Sutra 7

Makara Rasi: 15 Tithi 23 – 24
Creative Work Amrita Yoga
Until 8:24PM
Then Routine Work - Marana Yoga

299345478

Gulika 3:11PM – 4:50PM
Yama 11:53AM – 1:32PM
Rahu 4:50PM – 6:29PM
Shravana Until 8:24PM
Subha Until 1:35AM Mon
Taitila Until 6:12PM
Ashtami* Until 7:02AM

Ganesha: Clear *Sunrise: 5:18AM*
Muruqa: White *Sunset: 6:29PM*
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
6 Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Vanija/Visli* Karana Dashamyam Titau				Shanghai, China Sun 7
	Makara Rasi: 28.5	Tithi 25	Gulika 1:32PM – 3:11PM	Dhanishtha Until 7:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Subhakrit 5124
	Family Home Evening	299345479	Yama 10:14AM – 11:53AM	Sukla Until 11:26PM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 2 - 7
	Creative Work	Siddha Yoga	Rahu 6:56AM – 8:35AM	Vanija Until 4:47PM	Nataraja: Clear		2nd Phase
			Dashami Until 4:12AM Tue	Chaitra*Chaitra	Devaloka Day		

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China Sun 8
	Kumbha Rasi: 12.26	Tithi 26	Gulika 11:53AM – 1:32PM	Shatabhishak Until 7:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Subhakrit 5124
		299345479	Yama 8:34AM – 10:14AM	Brahma Until 9:36PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 2 - 8
	Routine Work	Marana Yoga	Rahu 3:12PM – 4:51PM	Bava Until 3:45PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 3:21AM Wed	Chaitra*Chaitra	Devaloka Day		

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China Sun 9
	Kumbha Rasi: 25.5	Tithi 27	Gulika 10:13AM – 11:53AM	Purvaproshtapada* Until 7:36PM	Ganesha: Red	<i>Sunrise:</i> 5:15AM	Subhakrit 5124
		219345479	Yama 6:54AM – 8:34AM	Indra Until 8:07PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 2 - 9
	Creative Work	Amrita Yoga	Rahu 11:53AM – 1:32PM	Kaulava Until 3:07PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 2:56AM Thu	Chaitra*Chaitra	Devaloka Day		

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 10
	Meena Rasi: 8.59	Tithi 28	Gulika 8:33AM – 10:13AM	Uttaraproshtapada Until 8:10PM	Ganesha: Red	<i>Sunrise:</i> 5:14AM	Subhakrit 5124
		219345479	Yama 5:14AM – 6:54AM	Vaidhriti* Until 6:57PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 2 - 10
	Creative Work	Siddha Yoga	Rahu 1:32PM – 3:12PM	Gara Until 2:54PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 2:57AM Fri	Chaitra*Chaitra	Devaloka Day		
<i>Pradosha Vrata (Fasting)</i>							

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China Sun 11
	Meena Rasi: 21.56	Tithi 29	Gulika 6:53AM – 8:33AM	Revati Until 9:02PM	Ganesha: Blue	<i>Sunrise:</i> 5:13AM	Subhakrit 5124
		219445479	Yama 3:12PM – 4:52PM	Vishkambha* Until 6:11PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 2 - 11
	Creative Work	Siddha Yoga	Rahu 10:13AM – 11:53AM	Visti Until 3:10PM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 3:27AM Sat	Chaitra*Chaitra	Bhuloka Day		Devaloka Time: 6:PM to 9:PM

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China Sun 12
	Retreat Star		Gulika 5:12AM – 6:52AM	Ashvini Until 10:41PM	Ganesha: Green	<i>Sunrise:</i> 5:12AM	Subhakrit 5124
	Mesha Rasi: 4.37	Tithi 30	Yama 1:33PM – 3:13PM	Priti Until 5:48PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 2 - 12
		221445479	Rahu 8:32AM – 10:12AM	Catuspada Until 3:55PM	Nataraja: Clear		Amavasya
			Amavasya* Until 4:27AM Sun	Chaitra*Chaitra	Bhuloka Day		Devaloka Time: 6:PM to 9:PM

Retreat Star	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Shanghai, China Sun 13
	Retreat Star		Gulika 3:13PM – 4:53PM	Bharani Until 12:40AM Mon	Ganesha: Green	<i>Sunrise:</i> 5:11AM	Subhakrit 5124
	Mesha Rasi: 17.06	Tithi 1	Yama 11:52AM – 1:33PM	Ayushman Until 5:46PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 2 - 13
		221445479	Rahu 4:53PM – 6:33PM	Kintughna Until 5:10PM	Nataraja: Clear		Prathama
			Prathama* Until 5:56AM Mon	Vaisaka*Chaitra	Bhuloka Day		Devaloka Time: 6:PM to 9:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Monday, May 2, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Balava Karana Dvitiyayam Titau		Shanghai, China Sun 14 Sutra 15	
	Mesha Rasi: 29.22 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 2:55AM Tue Then Creative Work - Amrita Yoga	231445479	Gulika 1:33PM – 3:13PM Yama 10:12AM – 11:52AM Rahu 6:51AM – 8:31AM	Krittika Until 2:55AM Tue Saubhagya Until 6:07PM Balava Until 6:52PM Dvitiya Until 7:51AM Tue	Ganesha: Green <i>Sunrise:</i> 5:10AM Muruqa: White <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – White Vaisaka-Chaitra

2	Tuesday, May 3, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Shanghai, China Sun 15 Sutra 16	
	Wrishabha Rasi: 11.27 Tithi 2 – 3 Creative Work Amrita Yoga Until 5:50AM Wed Then Creative Work - Siddha Yoga	231445479	Gulika 11:52AM – 1:33PM Yama 8:31AM – 10:11AM Rahu 3:13PM – 4:54PM	Rohini Until 5:50AM Wed Sobhana Until 6:47PM Taitila Until 8:58PM Dvitiya Until 7:51AM	Ganesha: White <i>Sunrise:</i> 5:09AM Muruqa: White <i>Sunset:</i> 6:35PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra

3	Wednesday, May 4, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Shanghai, China Sun 16 Sutra 17	
	Wrishabha Rasi: 23.25 Tithi 3 – 4 Creative Work Siddha Yoga Until 8:48AM Thu Then Routine Work - Marana Yoga	231445479	Gulika 10:11AM – 11:52AM Yama 6:49AM – 8:30AM Rahu 11:52AM – 1:33PM	Mrigashira Until 8:48AM Thu Athiganda* Until 7:38PM Vanija Until 11:21PM Tritiya Until 10:06AM	Ganesha: White <i>Sunrise:</i> 5:08AM Muruqa: White <i>Sunset:</i> 6:36PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra

4	Thursday, May 5, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Shanghai, China Sun 17 Sutra 18	
	Mithuna Rasi: 5.16 Tithi 4 – 5 Routine Work Marana Yoga	231445479	Gulika 8:30AM – 10:11AM Yama 5:07AM – 6:49AM Rahu 1:33PM – 3:14PM	Mrigashira Until 8:48AM Sukarma Until 8:37PM Bava Until 1:51AM Fri Chaturthi* Until 12:34PM	Ganesha: White <i>Sunrise:</i> 5:07AM Muruqa: White <i>Sunset:</i> 6:36PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra

5	Friday, May 6, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Shanghai, China Sun 18 Sutra 19	
	Mithuna Rasi: 17.07 Tithi 5 – 6 Creative Work Siddha Yoga	231445479	Gulika 6:48AM – 8:29AM Yama 3:14PM – 4:56PM Rahu 10:10AM – 11:52AM	Ardra Until 11:40AM Dhriti Until 9:36PM Kaulava Until 4:18AM Sat Panchami Until 3:04PM	Ganesha: White <i>Sunrise:</i> 5:07AM Muruqa: White <i>Sunset:</i> 6:37PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra

6	Saturday, May 7, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Shanghai, China Sun 19 Sutra 20	
	Mithuna Rasi: 28.58 Tithi 6 – 7 Creative Work Siddha Yoga	241445479	Gulika 5:06AM – 6:47AM Yama 1:33PM – 3:15PM Rahu 8:29AM – 10:10AM	Punarvasu Until 2:46PM Shula* Until 10:26PM Gara Until 6:31AM Sun Shashthi* Until 5:26PM	Ganesha: Clear <i>Sunrise:</i> 5:06AM Muruqa: White <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra

7	Sunday, May 8, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Gara/Vanija Karana Saptamyam Titau		Shanghai, China Sun 20 Sutra 21	
	Kataka Rasi: 10.55 Tithi 7 Creative Work Siddha Yoga	241445479	Gulika 3:15PM – 4:57PM Yama 11:52AM – 1:33PM Rahu 4:57PM – 6:38PM	Pushya Until 5:25PM Ganda* Until 11:00PM Gara Until 6:31AM Saptami Until 7:28PM	Ganesha: Clear <i>Sunrise:</i> 5:05AM Muruqa: White <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra

8	Monday, May 9, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Shanghai, China Sun 21 Sutra 22	
	Kataka Rasi: 23.02 Tithi 8 Family Home Evening Creative Work Siddha Yoga Until 7:25PM Then Routine Work - Marana Yoga	241445479	Gulika 1:33PM – 3:15PM Yama 10:10AM – 11:52AM Rahu 6:46AM – 8:28AM	Ashlesha* Until 7:25PM Vriddhi Until 11:11PM Visti Until 8:20AM Ashtami* Until 9:00PM	Ganesha: Clear <i>Sunrise:</i> 5:04AM Muruqa: White <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra

9	Tuesday, May 10, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau		Shanghai, China Sun 22 Sutra 23	
	Simha Rasi: 5.23 Tithi 9 Creative Work Siddha Yoga	252445479	Gulika 11:51AM – 1:34PM Yama 8:27AM – 10:09AM Rahu 3:16PM – 4:58PM	Magha* Until 9:08PM Dhruva Until 10:49PM Balava Until 9:33AM Navami* Until 9:53PM	Ganesha: Clear <i>Sunrise:</i> 5:03AM Muruqa: White <i>Sunset:</i> 6:40PM Nataraja: Clear Moon – Red Vaisaka-Chaitra


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 24
	Simha Rasi: 18.02	Tithi 10	Gulika 10:09AM – 11:51AM	Purvaphalguni Until 9:57PM	Ganesha: Clear <i>Sunrise:</i> 5:03AM		Subhakrit 5124
			Yama 6:45AM – 8:27AM	Vyaghata* Until 9:53PM	Muruqa: White <i>Sunset:</i> 6:40PM		Moon 4 - Phase 4 - 23
	Creative Work Amrita Yoga	252445479	Rahu 11:51AM – 1:34PM	Taitila Until 10:04AM	Nataraja: Clear		4th Phase
			Dashami Until 10:01PM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

2	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 25
	Kanya Rasi: 1.04	Tithi 11	Gulika 8:27AM – 10:09AM	Uttaraphalguni Until 9:51PM	Ganesha: Clear <i>Sunrise:</i> 5:02AM		Subhakrit 5124
			Yama 5:02AM – 6:44AM	Harshana Until 8:21PM	Muruqa: White <i>Sunset:</i> 6:41PM		Moon 4 - Phase 4 - 24
	Amrita Yoga	252445479	Rahu 1:34PM – 3:16PM	Vanija Until 9:49AM	Nataraja: Clear		4th Phase
Until 9:51PM			Ekadashi Until 9:23PM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

3	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 26
	Kanya Rasi: 14.31	Tithi 12	Gulika 6:44AM – 8:26AM	Hasta Until 9:19PM	Ganesha: White <i>Sunrise:</i> 5:01AM		Subhakrit 5124
			Yama 3:17PM – 4:59PM	Vajra* Until 6:11PM	Muruqa: White <i>Sunset:</i> 6:42PM		Moon 4 - Phase 4 - 25
	Creative Work Amrita Yoga	262445479	Rahu 10:09AM – 11:51AM	Bava Until 8:47AM	Nataraja: Clear		4th Phase
Until 9:19PM			Dvadashi Until 7:58PM	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

4	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 26 Sutra 27
	Kanya Rasi: 28.23	Tithi 13 – 14	Gulika 5:00AM – 6:43AM	Chitra Until 7:58PM	Ganesha: White <i>Sunrise:</i> 5:00AM		Subhakrit 5124
			Yama 1:34PM – 3:17PM	Siddhi Until 3:28PM	Muruqa: White <i>Sunset:</i> 6:42PM		Moon 4 - Phase 4 - 26
	Routine Work Marana Yoga	262445479	Rahu 8:26AM – 10:09AM	Kaulava Until 7:02AM	Nataraja: Clear		4th Phase
Until 7:58PM			Trayodashi Until 5:54PM	Moon – Green		Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			
				<i>Pradosha Vrata</i>			

	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Varyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sun 27 Sutra 28
	Copper Retreat Star		Gulika 3:17PM – 5:00PM	Svati Until 5:56PM	Ganesha: White <i>Sunrise:</i> 5:00AM		Subhakrit 5124
	Tula Rasi: 12.4	Tithi 14 – 15	Yama 11:51AM – 1:34PM	Vyatipata* Until 12:19PM	Muruqa: White <i>Sunset:</i> 6:43PM		Moon 4 - Phase 4 - 27
	Creative Work Siddha Yoga	262445479	Rahu 5:00PM – 6:43PM	Visti Until 1:49AM Mon	Nataraja: Clear		Purnima
Until 5:56PM			Chaturdashi* Until 3:16PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Vaikasi			

Monday, May 16, 2022	Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sun 29 Sutra 29
	Family Home Evening		Gulika 1:34PM – 3:18PM	Vishakha Until 3:47PM	Ganesha: Yellow <i>Sunrise:</i> 4:59AM		Subhakrit 5124
	Tula Rasi: 27.17	Tithi 15 – 16	Yama 10:08AM – 11:51AM	Variyan Until 8:46AM	Muruqa: White <i>Sunset:</i> 6:44PM		Moon 4 - Phase 4 - Prathama
	Creative Work Siddha Yoga	272445479	Rahu 6:42AM – 8:25AM	Balava Until 10:37PM	Nataraja: Clear		
Until 3:47PM			Purnima* Until 12:14PM	Moon – Orange		Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			



Tuesday, May 17, 2022
Gold Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Shanghai, China
Sutra 30

Vrischika Rasi: 12.08 Tithi 16 - 17

272445479

Gulika 11:51AM - 1:35PM
Yama 8:25AM - 10:08AM
Rahu 3:18PM - 5:01PM

Anuradha Until 1:15PM
Shiva Until 1:07AM Wed
Taitila Until 7:14PM
Prathama* Until 8:56AM

Ganesha: Yellow *Sunrise:* 4:58AM
Muruga: White *Sunset:* 6:44PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Subhakarit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga
Until 1:15PM
Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanija/Visli* Karana Tritiyayam Titau

Shanghai, China
Sun 1 Sutra 31

Vrischika Rasi: 27.05 Tithi 18

272445479

Gulika 10:08AM - 11:51AM
Yama 6:41AM - 8:25AM
Rahu 11:51AM - 1:35PM

Jyeshtha* Until 10:31AM
Siddha Until 9:13PM
Vanija Until 3:49PM
Tritiya Until 2:08AM Thu

Ganesha: Yellow *Sunrise:* 4:58AM
Muruga: White *Sunset:* 6:45PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Subhakarit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga
Until 10:31AM
Then Routine Work - Marana Yoga

Devaloka Day

2

Thursday, May 19, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthiyam Titau

Shanghai, China
Sun 2 Sutra 32

Dhanus Rasi: 12.01 Tithi 19

282445479

Gulika 8:24AM - 10:08AM
Yama 4:57AM - 6:41AM
Rahu 1:35PM - 3:19PM

Mula* Until 8:07AM
Sadhya Until 5:27PM
Bava Until 12:30PM
Chaturthi* Until 10:55PM

Ganesha: Blue *Sunrise:* 4:57AM
Muruga: White *Sunset:* 6:46PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakarit 5124
Moon 5 - Phase 5 -
2 1st Phase

Creative Work Siddha Yoga
Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China
Sun 3 Sutra 33

Dhanus Rasi: 26.47 Tithi 20

282445479

Gulika 6:40AM - 8:24AM
Yama 3:19PM - 5:03PM
Rahu 10:08AM - 11:52AM

Uttarashadha Until 3:40AM Sat
Subha Until 1:55PM
Kaulava Until 9:26AM
Panchami Until 8:01PM

Ganesha: Blue *Sunrise:* 4:57AM
Muruga: White *Sunset:* 6:46PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakarit 5124
Moon 5 - Phase 5 -
3 1st Phase

Routine Work Marana Yoga
Until 3:40AM Sat
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Visli* Karana Shashthi/Saptamyam Titau

Shanghai, China
Sun 4 Sutra 34

Makara Rasi: 11.18 Tithi 21 - 22

292445479

Gulika 4:56AM - 6:40AM
Yama 1:35PM - 3:19PM
Rahu 8:24AM - 10:08AM

Shravana Until 2:17AM Sun
Sukla Until 10:41AM
Gara Until 6:43AM
Shashthi* Until 5:31PM

Ganesha: Red *Sunrise:* 4:56AM
Muruga: White *Sunset:* 6:47PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakarit 5124
Moon 5 - Phase 5 -
4 1st Phase

Creative Work Siddha Yoga
Until 2:17AM Sun
Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 22, 2022

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China
Sun 5 Sutra 35

Makara Rasi: 25.3 Tithi 22 - 23

292445479

Gulika 3:20PM - 5:04PM
Yama 11:52AM - 1:36PM
Rahu 5:04PM - 6:48PM

Dhanishtha Until 1:17AM Mon
Brahma Until 7:51AM
Balava Until 2:45AM Mon
Saptami Until 3:31PM

Ganesha: Red *Sunrise:* 4:56AM
Muruga: White *Sunset:* 6:48PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakarit 5124
Moon 5 - Phase 5 -
5 1st Phase

Routine Work Marana Yoga
Until 1:17AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

D

Monday, May 23, 2022

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China
Sun 6 Sutra 36

Kumbha Rasi: 9.21 Tithi 23 - 24

292445479

Gulika 1:36PM - 3:20PM
Yama 10:08AM - 11:52AM
Rahu 6:39AM - 8:23AM

Shatabhishak Until 12:43AM Tue
Vaidhriti* Until 3:34AM Tue
Taitila Until 1:38AM Tue
Ashtami* Until 2:06PM

Ganesha: Red *Sunrise:* 4:55AM
Muruga: White *Sunset:* 6:48PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakarit 5124
Moon 5 - Phase 5 -
6 Ashtami

Creative Work Siddha Yoga
Until 12:43AM Tue
Then Routine Work - Marana Yoga

Devaloka Day

Tuesday, May 24, 2022

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Shanghai, China
Sun 7 Sutra 37

Kumbha Rasi: 22.51 Tithi 24 - 25

213545479

Gulika 11:52AM - 1:36PM
Yama 8:23AM - 10:07AM
Rahu 3:20PM - 5:05PM

Purvaproshtapada* Until 1:03AM Wed
Vishkambha* Until 2:09AM Wed
Vanija Until 1:06AM Wed
Navami* Until 1:16PM

Ganesha: Clear *Sunrise:* 4:55AM
Muruga: White *Sunset:* 6:49PM
Nataraja: Clear
Moon - Clear
Vaisaka-Vaikasi

Subhakarit 5124
Moon 5 - Phase 5 -
7 Navami

Routine Work Marana Yoga
Until 1:03AM Wed
Then Creative Work - Siddha Yoga

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

11 times are standard time. Calculated for Shanghai, China on 5/1/22

www.gurudeva.org/panchang


1		Wednesday, May 25, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam		Shanghai, China	
Meena Rasi: 6.01		Tithi 25 – 26		Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 38	
Creative Work		Siddha Yoga		Uttaraproshtapada Until 1:48AM Thu		Subhakarit 5124	
		213545479		Gulika 10:07AM – 11:52AM		Ganesha: Clear Sunrise: 4:54AM	
				Yama 6:39AM – 8:23AM		Muruga: White Sunset: 6:49PM	
				Rahu 11:52AM – 1:36PM		Moon 5 - Phase 6 - 8	
				Priti Until 1:13AM Thu		2nd Phase	
				Bava Until 1:10AM Thu		Devaloka Day	
				Dashami Until 1:02PM		Vaisaka-Vaikasi	

2		Thursday, May 26, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam		Shanghai, China	
Meena Rasi: 18.53		Tithi 26 – 27		Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 39	
Creative Work		Siddha Yoga		Revati Until 2:57AM Fri		Subhakarit 5124	
		313545479		Gulika 8:23AM – 10:07AM		Ganesha: Purple Sunrise: 4:54AM	
				Yama 4:54AM – 6:38AM		Muruga: White Sunset: 6:50PM	
				Rahu 1:36PM – 3:21PM		Moon 5 - Phase 6 - 9	
				Ayushman Until 12:42AM Fri		2nd Phase	
				Kaulava Until 1:47AM Fri		Devaloka Day	
				Ekadashi* Until 1:23PM		Vaisaka-Vaikasi	
				Then Creative Work - Amrita Yoga			

3		Friday, May 27, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam		Shanghai, China	
Mesha Rasi: 1.3		Tithi 27 – 28		Ashvini Nakshatra Saubhagya Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 40	
Creative Work		Amrita Yoga		Ashvini Until 4:54AM Sat		Subhakarit 5124	
		323545479		Gulika 6:38AM – 8:23AM		Ganesha: Clear Sunrise: 4:53AM	
				Yama 3:21PM – 5:06PM		Muruga: White Sunset: 6:51PM	
				Rahu 10:07AM – 11:52AM		Moon 5 - Phase 6 - 10	
				Saubhagya Until 12:35AM Sat		2nd Phase	
				Gara Until 2:55AM Sat		Devaloka Day	
				Dvadashi* Until 2:17PM		Vaisaka-Vaikasi	
				Then Creative Work - Siddha Yoga			
				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, May 28, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam		Shanghai, China	
Mesha Rasi: 13.53		Tithi 28 – 29		Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 41	
Creative Work		Siddha Yoga		Bharani Until 7:08AM Sun		Subhakarit 5124	
		323545479		Gulika 4:53AM – 6:38AM		Ganesha: Clear Sunrise: 4:53AM	
				Yama 1:37PM – 3:22PM		Muruga: White Sunset: 6:51PM	
				Rahu 8:23AM – 10:07AM		Moon 5 - Phase 6 - 11	
				Sobhana Until 12:51AM Sun		2nd Phase	
				Visti Until 4:30AM Sun		Devaloka Day	
				Trayodashi* Until 3:39PM		Vaisaka-Vaikasi	

5		Sunday, May 29, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Shanghai, China	
Mesha Rasi: 26.05		Tithi 29 – 30		Bharani/Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 42	
Routine Work		Prabalarishta Yoga		Bharani Until 7:08AM		Subhakarit 5124	
		323545479		Gulika 3:22PM – 5:07PM		Ganesha: Clear Sunrise: 4:53AM	
				Yama 11:52AM – 1:37PM		Muruga: White Sunset: 6:52PM	
				Rahu 5:07PM – 6:52PM		Moon 5 - Phase 6 - 12	
				Athiganda* Until 1:22AM Mon		2nd Phase	
				Catuspada Until 6:28AM Mon		Devaloka Day	
				Chaturdashi* Until 5:25PM		Vaisaka-Vaikasi	
				Then Creative Work - Siddha Yoga			

		Monday, May 30, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam		Shanghai, China	
Vrishabha Rasi: 8.08		Tithi 30		Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 43	
Family Home Evening		Marana Yoga		Krittika Until 9:32AM		Subhakarit 5124	
		323545479		Gulika 1:37PM – 3:22PM		Ganesha: Clear Sunrise: 4:52AM	
				Yama 10:07AM – 11:52AM		Muruga: White Sunset: 6:52PM	
				Rahu 6:37AM – 8:22AM		Moon 5 - Phase 6 - 13	
				Catuspada Until 6:28AM		Amavasya	
				Amavasya* Until 7:32PM		Devaloka Day	
				Then Creative Work - Amrita Yoga			
				Retreat Star			

6		Tuesday, May 31, 2022		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Shanghai, China	
Vrishabha Rasi: 20.05		Tithi 1		Rohini Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 44	
Creative Work		Amrita Yoga		Rohini Until 12:33PM		Subhakarit 5124	
		333545479		Gulika 11:53AM – 1:38PM		Ganesha: Orange Sunrise: 4:52AM	
				Yama 8:22AM – 10:07AM		Muruga: White Sunset: 6:53PM	
				Rahu 3:23PM – 5:08PM		Moon 5 - Phase 6 - 14	
				Dhriti Until 3:06AM Wed		Prathama	
				Kintughna Until 8:42AM		Devaloka Day	
				Prathama* Until 9:52PM		Jyeshtha-Vaikasi	
				Then Creative Work - Siddha Yoga			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Shanghai, China Sun 15 Sutra 45	
Mithuna Rasi: 1.57	Tithi 2	Gulika 10:07AM – 11:53AM	Mrigashira Until 3:33PM	Ganesha: Orange	<i>Sunrise:</i> 4:52AM	Subhakrit 5124	
		Yama 6:37AM – 8:22AM	Shula* Until 4:05AM Thu	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 7 - 15	
333545479	Rahu 11:53AM – 1:38PM		Balava Until 11:07AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 12:20AM Thu	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2		Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Taitila/Gara Karana Triliyayam Titau		Shanghai, China Sun 16 Sutra 46	
Mithuna Rasi: 13.47	Tithi 3	Gulika 8:22AM – 10:08AM	Ardra Until 6:25PM	Ganesha: Orange	<i>Sunrise:</i> 4:52AM	Subhakrit 5124	
		Yama 4:52AM – 6:37AM	Ganda* Until 5:06AM Fri	Muruqa: White	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 7 - 16	
333545479	Rahu 1:38PM – 3:23PM		Taitila Until 1:36PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 2:49AM Fri	Moon – Yellow		Devaloka Day	
Until 6:25PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

3		Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau		Shanghai, China Sun 17 Sutra 47	
Mithuna Rasi: 25.37	Tithi 4	Gulika 6:37AM – 8:22AM	Punarvasu Until 9:35PM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Subhakrit 5124	
		Yama 3:24PM – 5:09PM	Vriddhi Until 6:03AM Sat	Muruqa: Green	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 7 - 17	
343555479	Rahu 10:08AM – 11:53AM		Vanija Until 4:03PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 5:12AM Sat	Moon – Blue		Devaloka Day	
Until 9:35PM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

4		Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vriddhi/Dhruva Yoga Bava Karana Panchamyam Titau		Shanghai, China Sun 18 Sutra 48	
Kataka Rasi: 7.3	Tithi 5	Gulika 4:51AM – 6:37AM	Pushya Until 12:23AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Subhakrit 5124	
		Yama 1:39PM – 3:24PM	Vriddhi Until 6:03AM	Muruqa: Green	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 7 - 18	
343555479	Rahu 8:22AM – 10:08AM		Bava Until 6:20PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 7:21AM Sun	Moon – Blue		Devaloka Day	
				Jyeshtha-Vaikasi			

5		Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Shanghai, China Sun 19 Sutra 49	
Kataka Rasi: 19.28	Tithi 5 – 6	Gulika 3:25PM – 5:10PM	Ashlesha* Until 2:42AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Subhakrit 5124	
		Yama 11:53AM – 1:39PM	Dhruva Until 6:47AM	Muruqa: Green	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 7 - 19	
343555471	Rahu 5:10PM – 6:56PM		Kaulava Until 8:19PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 7:21AM	Moon – Blue		Devaloka Day	
Until 2:42AM Mon				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

6		Monday, June 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Shanghai, China Sun 20 Sutra 50	
Simha Rasi: 1.35	Tithi 6 – 7	Gulika 1:39PM – 3:25PM	Magha* Until 4:53AM Tue	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Subhakrit 5124	
Family Home Evening		Yama 10:08AM – 11:53AM	Vyaghata* Until 7:15AM	Muruqa: Green	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 7 - 20	
353555471	Rahu 6:36AM – 8:22AM		Gara Until 9:51PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 9:08AM	Moon – Red		Sivaloka Day	
Until 4:53AM Tue				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, June 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau		Shanghai, China Sun 21 Sutra 51	
Simha Rasi: 13.54	Tithi 7 – 8	Gulika 11:54AM – 1:39PM	Purvaphalguni Until 6:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Subhakrit 5124	
		Yama 8:22AM – 10:08AM	Harshana Until 7:21AM	Muruqa: Green	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 7 - 21	
354555471	Rahu 3:25PM – 5:11PM		Visti Until 10:48PM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 10:23AM	Moon – Red		Devaloka Day	
Until 6:18AM Wed				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, June 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Shanghai, China Sun 22 Sutra 52	
Simha Rasi: 26.29	Tithi 8 – 9	Gulika 10:08AM – 11:54AM	Purvaphalguni Until 6:18AM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	Subhakrit 5124	
		Yama 6:36AM – 8:22AM	Vajra* Until 6:55AM	Muruqa: Green	<i>Sunset:</i> 6:57PM	Moon 5 - Phase 7 - 22	
354555471	Rahu 11:54AM – 1:40PM		Balava Until 11:03PM	Nataraja: Yellow		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 11:00AM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Shanghai, China Sun 23 Sutra 53	
	Kanya Rasi: 9.26	Tithi 9 – 10	354555471	Gulika 8:22AM – 10:08AM Yama 4:50AM – 6:36AM Rahu 1:40PM – 3:26PM	Uttaraphalguni Until 6:51AM Vyatipata* Until 4:19AM Fri Taitila Until 10:31PM Navami* Until 10:51AM	Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Red	Sunrise: 4:50AM Sunset: 6:58PM	Moon 5 - Phase 8 - 23 4th Phase Devaloka Day
Until 6:51AM Then Routine Work - Marana Yoga								

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 24 Sutra 54	
	Kanya Rasi: 22.48	Tithi 10 – 11	364555471	Gulika 6:36AM – 8:22AM Yama 3:26PM – 5:12PM Rahu 10:08AM – 11:54AM	Hasta Until 6:55AM Variyan Until 2:03AM Sat Vanija Until 9:12PM Dashami Until 9:56AM	Ganesha: White Muruqa: Green Nataraja: Yellow Moon – Green	Sunrise: 4:50AM Sunset: 6:58PM	Moon 5 - Phase 8 - 24 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga Until 6:55AM Then Creative Work - Siddha Yoga								

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Shanghai, China Sun 25 Sutra 55	
	Tula Rasi: 6.37	Tithi 11 – 12	364555471	Gulika 4:50AM – 6:36AM Yama 1:40PM – 3:26PM Rahu 8:22AM – 10:08AM	Chitra Until 6:05AM Parigha* Until 11:13PM Bava Until 7:08PM Ekadashi Until 8:14AM	Ganesha: White Muruqa: Green Nataraja: Yellow Moon – Green	Sunrise: 4:50AM Sunset: 6:58PM	Moon 5 - Phase 8 - 25 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work Marana Yoga Until 6:05AM Then Creative Work - Siddha Yoga								

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 56	
	Tula Rasi: 20.52	Tithi 13	374555471	Gulika 3:27PM – 5:13PM Yama 11:55AM – 1:41PM Rahu 5:13PM – 6:59PM	Vishakha Until 2:24AM Mon Shiva Until 7:53PM Kaulava Until 4:27PM Trayodashi Until 2:53AM Mon <i>Pradosha Vrata</i>	Ganesha: Yellow Muruqa: Green Nataraja: Yellow Moon – Orange	Sunrise: 4:50AM Sunset: 6:59PM	Moon 5 - Phase 8 - 26 4th Phase Devaloka Day
Routine Work Marana Yoga Until 2:24AM Mon Then Creative Work - Siddha Yoga								

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 57	
	Vrischika Rasi: 5.32	Tithi 14	374555471	Gulika 1:41PM – 3:27PM Yama 10:09AM – 11:55AM Rahu 6:36AM – 8:23AM	Anuradha Until 11:50PM Siddha Until 4:08PM Gara Until 1:15PM Chaturdashi* Until 11:30PM	Ganesha: Yellow Muruqa: Green Nataraja: Yellow Moon – Orange	Sunrise: 4:50AM Sunset: 6:59PM	Moon 5 - Phase 8 - 27 4th Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga								

	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sun 27 Sutra 58	
	Vrischika Rasi: 20.31	Tithi 15	374555471	Gulika 11:55AM – 1:41PM Yama 8:23AM – 10:09AM Rahu 3:27PM – 5:13PM	Jyeshtha* Until 8:52PM Sadhya Until 12:06PM Visti Until 9:42AM Purnima* Until 7:49PM	Ganesha: Yellow Muruqa: Green Nataraja: Yellow Moon – Orange	Sunrise: 4:50AM Sunset: 7:00PM	Moon 5 - Phase 8 - Purnima Devaloka Day
Routine Work Marana Yoga Until 8:52PM Then Creative Work - Amrita Yoga								

	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 28 Sutra 59	
	Dhanus Rasi: 5.41	Tithi 16 – 17	384555471	Gulika 10:09AM – 11:55AM Yama 6:37AM – 8:23AM Rahu 11:55AM – 1:41PM	Mula* Until 6:02PM Subha Until 7:57AM Taitila Until 2:09AM Thu Prathama* Until 4:02PM	Ganesha: Blue Muruqa: Green Nataraja: Yellow Moon – Light Blue	Sunrise: 4:50AM Sunset: 7:00PM	Moon 5 - Phase 8 - Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work Marana Yoga Until 6:02PM Then Creative Work - Amrita Yoga								



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvilya/Triiyayam Titau

Shanghai, China Sun 1 Sutra 60

Dhanus Rasi: 20.53 Tithi 17 - 18

384555471

Gulika 8:23AM - 10:09AM
Yama 4:51AM - 6:37AM
Rahu 1:42PM - 3:28PM

Purvashadha* Until 3:08PM
Brahma Until 11:40PM
Vanija Until 10:30PM
Dvitiya Until 12:17PM

Ganesha: Blue
Muruga: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:00PM

Subhakrit 5124
Moon 6 - Phase 9 - 1
1st Phase

Creative Work Siddha Yoga

Until 3:08PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

1

Friday, June 17, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Shanghai, China Sun 2 Sutra 61

Makara Rasi: 5.58 Tithi 18 - 19

384555471

Gulika 6:37AM - 8:23AM
Yama 3:28PM - 5:14PM
Rahu 10:09AM - 11:56AM

Uttarashadha Until 12:21PM
Indra Until 7:51PM
Bava Until 7:07PM
Tritiya Until 8:45AM

Ganesha: Blue
Muruga: Green
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:01PM

Subhakrit 5124
Moon 6 - Phase 9 - 2
1st Phase

Routine Work Marana Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

2

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili/Vishkambha Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China Sun 3 Sutra 62

Makara Rasi: 20.46 Tithi 20

394655471

Gulika 4:51AM - 6:37AM
Yama 1:42PM - 3:28PM
Rahu 8:23AM - 10:10AM

Shravana Until 10:13AM
Vaidhrili* Until 4:23PM
Kaulava Until 4:11PM
Panchami Until 2:54AM Sun

Ganesha: Blue
Muruga: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:01PM

Subhakrit 5124
Moon 6 - Phase 9 - 3
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China Sun 4 Sutra 63

Kumbha Rasi: 5.11 Tithi 21

395655471

Gulika 3:29PM - 5:15PM
Yama 11:56AM - 1:42PM
Rahu 5:15PM - 7:01PM

Dhanishtha Until 8:29AM
Vishkambha* Until 1:24PM
Gara Until 1:49PM
Shashthi* Until 12:52AM Mon

Ganesha: Red
Muruga: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:01PM

Subhakrit 5124
Moon 6 - Phase 9 - 4
1st Phase

Routine Work Marana Yoga

Until 8:29AM

Then Creative Work - Siddha Yoga

Father's Day

Devaloka Day

4

Monday, June 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Saptamyam Titau

Shanghai, China Sun 5 Sutra 64

Kumbha Rasi: 19.1 Tithi 22

395655471

Gulika 1:43PM - 3:29PM
Yama 10:10AM - 11:56AM
Rahu 6:37AM - 8:24AM

Shatabhishak Until 7:16AM
Priti Until 11:00AM
Visti Until 12:08PM
Saptami Until 11:33PM

Ganesha: Red
Muruga: Green
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:01PM

Subhakrit 5124
Moon 6 - Phase 9 - 5
1st Phase

Creative Work Siddha Yoga

Until 7:16AM

Then Routine Work - Marana Yoga

Devaloka Day

5

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China Sun 6 Sutra 65

Meena Rasi: 2.43 Tithi 23

315655471

Gulika 11:56AM - 1:43PM
Yama 8:24AM - 10:10AM
Rahu 3:29PM - 5:15PM

Purvaproshtapada* Until 7:05AM
Ayushman Until 9:10AM
Balava Until 11:12AM
Ashtami* Until 11:01PM

Ganesha: Clear
Muruga: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:02PM

Subhakrit 5124
Moon 6 - Phase 9 - 6
Ashtami

Routine Work Marana Yoga

Until 7:05AM

Then Creative Work - Amrita Yoga

Devaloka Day

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China Sun 7 Sutra 66

Meena Rasi: 15.5 Tithi 24

315655471

Gulika 10:10AM - 11:57AM
Yama 6:38AM - 8:24AM
Rahu 11:57AM - 1:43PM

Uttaraproshtapada Until 7:32AM
Saubhagya Until 7:59AM
Taitila Until 11:03AM
Navami* Until 11:14PM

Ganesha: Clear
Muruga: Green
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:02PM

Subhakrit 5124
Moon 6 - Phase 9 - 7
Navami

Creative Work Siddha Yoga

Until 7:32AM

Then Routine Work - Marana Yoga

Devaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang


1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau			Shanghai, China Sun 8 Sutra 67	
Meena Rasi: 28.35	Tithi 25	Gulika 8:24AM – 10:11AM	Revati Until 8:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Subhakrit 5124		
		Yama 4:52AM – 6:38AM	Sobhana Until 7:24AM	Muruqa: Green	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 10 - 8		
		315655471 Rahu 1:43PM – 3:30PM	Vanija Until 11:38AM	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga		Dashami Until 12:10AM Fri	Moon – Clear		Devaloka Day		
Until 8:32AM						Jyeshtha-Ani		
Then Creative Work - Amrita Yoga								

2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau			Shanghai, China Sun 9 Sutra 68	
Mesha Rasi: 11.01	Tithi 26	Gulika 6:38AM – 8:25AM	Ashvini Until 10:31AM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Subhakrit 5124		
		Yama 3:30PM – 5:16PM	Athiganda* Until 7:19AM	Muruqa: Green	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 10 - 9		
		325655471 Rahu 10:11AM – 11:57AM	Bava Until 12:53PM	Nataraja: Yellow		2nd Phase		
Creative Work	Amrita Yoga		Ekadashi* Until 1:41AM Sat	Moon – White		Bhuloka Day		
Until 10:31AM						Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Siddha Yoga						Jyeshtha-Ani		

3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau			Shanghai, China Sun 10 Sutra 69	
Mesha Rasi: 23.12	Tithi 27	Gulika 4:52AM – 6:39AM	Bharani Until 12:52PM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Subhakrit 5124		
		Yama 1:44PM – 3:30PM	Sukarma Until 7:41AM	Muruqa: Green	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 10 - 10		
		325655471 Rahu 8:25AM – 10:11AM	Kaulava Until 2:39PM	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga		Dvadashi* Until 3:40AM Sun	Moon – White		Bhuloka Day		
Until 12:52PM						Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga						Jyeshtha-Ani		

4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau			Shanghai, China Sun 11 Sutra 70	
Vrishabha Rasi: 5.13	Tithi 28	Gulika 3:30PM – 5:16PM	Krittika Until 3:25PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Subhakrit 5124		
		Yama 11:58AM – 1:44PM	Dhriti Until 8:23AM	Muruqa: Green	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 10 - 11		
		325655471 Rahu 5:16PM – 7:03PM	Gara Until 4:48PM	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga		Trayodashi* Until 5:57AM Mon	Moon – White		Bhuloka Day		
						Devaloka Time: 6:PM to 9:PM		
						Jyeshtha-Ani		
						<i>Pradosha Vrata (Fasting)</i>		

5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Visti* Karana Chaturdashyam Titau			Shanghai, China Sun 12 Sutra 71	
Vrishabha Rasi: 17.07	Tithi 29	Gulika 1:44PM – 3:30PM	Rohini Until 6:33PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:53AM	Subhakrit 5124		
Family Home Evening		Yama 10:12AM – 11:58AM	Shula* Until 9:17AM	Muruqa: Green	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 10 - 12		
		335655471 Rahu 6:39AM – 8:25AM	Visti Until 7:11PM	Nataraja: Yellow		2nd Phase		
Creative Work	Amrita Yoga		Chaturdashi* Until 8:25AM Tue	Moon – Yellow		Bhuloka Day		
						Devaloka Time: 6:PM to 9:PM		
						Jyeshtha-Ani		

		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Shanghai, China Sun 13 Sutra 72	
Retreat Star		Gulika 11:58AM – 1:44PM	Mrigashira Until 9:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:53AM	Subhakrit 5124		
Vrishabha Rasi: 28.58	Tithi 29 – 30	Yama 8:26AM – 10:12AM	Ganda* Until 10:18AM	Muruqa: Green	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 10 - 13		
		335655471 Rahu 3:30PM – 5:17PM	Catuspada Until 9:41PM	Nataraja: Yellow		Amavasya		
Creative Work	Siddha Yoga		Chaturdashi* Until 8:25AM	Moon – Yellow		Bhuloka Day		
Until 9:37PM						Devaloka Time: 6:PM to 9:PM		
Then Routine Work - Marana Yoga						Jyeshtha-Ani		

Wednesday, June 29, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Shanghai, China Sun 14 Sutra 73	
Mithuna Rasi: 10.47	Tithi 30 – 1	Gulika 10:12AM – 11:58AM	Ardra Until 12:30AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Subhakrit 5124		
		Yama 6:40AM – 8:26AM	Vridhi Until 11:22AM	Muruqa: Green	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 10 - 14		
		336655471 Rahu 11:58AM – 1:44PM	Kintughna Until 12:10AM Thu	Nataraja: Yellow		Prathama		
Creative Work	Siddha Yoga		Amavasya* Until 10:55AM	Moon – Yellow		Bhuloka Day		
Until 12:30AM Thu						Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga						Ashada-Ani		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

Thursday, June 30, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 15 Sutra 74 Subhakarit 5124
1	Mithuna Rasi: 22.37	Tithi 1 – 2	346655471	Gulika 8:26AM – 10:12AM Yama 4:54AM – 6:40AM Rahu 1:44PM – 3:31PM	Punarvasu Until 3:38AM Fri Dhruva Until 12:22PM Balava Until 2:34AM Fri Prathama* Until 1:22PM	Ganesha: Light Blue <i>Sunrise: 4:54AM</i> Muruqa: Green <i>Sunset: 7:03PM</i> Nataraja: Yellow Moon – Blue Ashada*Ani
	Creative Work Amrita Yoga	Until 3:38AM Fri	Then Routine Work - Marana Yoga	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Friday, July 1, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Shanghai, China Sun 16 Sutra 75 Subhakarit 5124
2	Kataka Rasi: 4.3	Tithi 2 – 3	346655471	Gulika 6:40AM – 8:26AM Yama 3:31PM – 5:17PM Rahu 10:12AM – 11:59AM	Pushya Until 6:26AM Sat Vyaghata* Until 1:16PM Taitila Until 4:47AM Sat Dvitiya Until 3:41PM	Ganesha: Light Blue <i>Sunrise: 4:54AM</i> Muruqa: Green <i>Sunset: 7:03PM</i> Nataraja: Yellow Moon – Blue Ashada*Ani
	Routine Work Marana Yoga	Until 6:26AM	Then Routine Work - Marana Yoga	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Saturday, July 2, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Shanghai, China Sun 17 Sutra 76 Subhakarit 5124
3	Kataka Rasi: 16.26	Tithi 3 – 4	346655471	Gulika 4:55AM – 6:41AM Yama 1:45PM – 3:31PM Rahu 8:27AM – 10:13AM	Pushya Until 6:26AM Harshana Until 2:02PM Vanija Until 6:45AM Sun Tritiya Until 5:47PM	Ganesha: Light Blue <i>Sunrise: 4:55AM</i> Muruqa: Green <i>Sunset: 7:03PM</i> Nataraja: Yellow Moon – Blue Ashada*Ani
	Creative Work Siddha Yoga	Until 6:26AM	Then Routine Work - Marana Yoga	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Sunday, July 3, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visti* Karana Chaturthyam Titau				Shanghai, China Sun 18 Sutra 77 Subhakarit 5124
4	Kataka Rasi: 28.29	Tithi 4	346655471	Gulika 3:31PM – 5:17PM Yama 11:59AM – 1:45PM Rahu 5:17PM – 7:03PM	Ashlesha* Until 8:49AM Vajra* Until 2:34PM Vanija Until 6:45AM Chaturthi* Until 7:36PM	Ganesha: Light Blue <i>Sunrise: 4:55AM</i> Muruqa: Green <i>Sunset: 7:03PM</i> Nataraja: Yellow Moon – Blue Ashada*Ani
	Creative Work Siddha Yoga	Until 8:49AM	Then Routine Work - Marana Yoga	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Monday, July 4, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China Sun 19 Sutra 78 Subhakarit 5124
5	Simha Rasi: 10.4	Tithi 5	356655471	Gulika 1:45PM – 3:31PM Yama 10:13AM – 11:59AM Rahu 6:41AM – 8:27AM	Magha* Until 11:12AM Siddhi Until 2:50PM Bava Until 8:23AM Panchami Until 9:02PM	Ganesha: Orange <i>Sunrise: 4:55AM</i> Muruqa: Green <i>Sunset: 7:03PM</i> Nataraja: Yellow Moon – Red Ashada*Ani
	Family Home Evening	Until 11:12AM	Then Creative Work - Siddha Yoga	Devaloka Day		
Tuesday, July 5, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan* Yoga Kaulava/Taitila Karana Shashthyam Titau				Shanghai, China Sun 20 Sutra 79 Subhakarit 5124
6	Simha Rasi: 23.01	Tithi 6	356655471	Gulika 11:59AM – 1:45PM Yama 8:28AM – 10:13AM Rahu 3:31PM – 5:17PM	Purvaphalguni Until 12:59PM Vyatipata* Until 2:45PM Kaulava Until 9:35AM Shashthi* Until 9:58PM	Ganesha: Orange <i>Sunrise: 4:56AM</i> Muruqa: Green <i>Sunset: 7:03PM</i> Nataraja: Yellow Moon – Red Ashada*Ani
	Creative Work Siddha Yoga	Until 12:59PM	Then Creative Work - Amrita Yoga	Devaloka Day		
Wednesday, July 6, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Shanghai, China Sun 21 Sutra 80 Subhakarit 5124
7	Kanya Rasi: 6	Tithi 7	357655471	Gulika 10:14AM – 11:59AM Yama 6:42AM – 8:28AM Rahu 11:59AM – 1:45PM	Uttaraphalguni Until 2:04PM Varyan Until 2:12PM Gara Until 10:15AM Saptami Until 10:19PM	Ganesha: Clear <i>Sunrise: 4:56AM</i> Muruqa: Green <i>Sunset: 7:02PM</i> Nataraja: Yellow Moon – Red Ashada*Ani
	Creative Work Amrita Yoga	Until 2:04PM	Then Routine Work - Marana Yoga	Devaloka Day		
Thursday, July 7, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Shanghai, China Sun 22 Sutra 81 Subhakarit 5124
8	Kanya Rasi: 18.29	Tithi 8	467655471	Gulika 8:28AM – 10:14AM Yama 4:57AM – 6:43AM Rahu 1:45PM – 3:31PM	Hasta Until 2:50PM Parigha* Until 1:08PM Visti Until 10:16AM Ashtami* Until 9:59PM	Ganesha: Clear <i>Sunrise: 4:57AM</i> Muruqa: Green <i>Sunset: 7:02PM</i> Nataraja: Yellow Moon – Green Ashada*Ani
	Routine Work Marana Yoga	Until 2:50PM	Then Creative Work - Siddha Yoga	Devaloka Day		
Friday, July 8, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Shanghai, China Sun 23 Sutra 82 Subhakarit 5124
9	Tula Rasi: 1.44	Tithi 9	467655471	Gulika 6:43AM – 8:29AM Yama 3:31PM – 5:17PM Rahu 10:14AM – 12:00PM	Chitra Until 2:43PM Shiva Until 11:31AM Balava Until 9:33AM Navami* Until 8:55PM	Ganesha: Clear <i>Sunrise: 4:57AM</i> Muruqa: Green <i>Sunset: 7:02PM</i> Nataraja: Yellow Moon – Green Ashada*Ani
	Creative Work Siddha Yoga	Until 8:55PM	Then Routine Work - Marana Yoga	Devaloka Day		


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Tilau				Shanghai, China Sun 24 Sutra 83
	Tula Rasi: 15.25	Tithi 10	Gulika 4:58AM – 6:43AM	Svati Until 1:43PM	Ganesha: Clear <i>Sunrise:</i> 4:58AM		Subhakrit 5124
	Creative Work	Siddha Yoga	467655471 Yama 1:45PM – 3:31PM	Siddha Until 9:16AM	Muruqa: Green <i>Sunset:</i> 7:02PM		Moon 6 - Phase 12 - 24 4th Phase
			Rahu 8:29AM – 10:14AM	Taitila Until 8:07AM	Nataraja: Yellow		
				Dashami Until 7:07PM	Moon – Green		Devaloka Day
					Ashada•Ani		

2	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Tilau				Shanghai, China Sun 25 Sutra 84
	Tula Rasi: 29.31	Tithi 11 – 12	Gulika 3:31PM – 5:16PM	Vishakha Until 12:20PM	Ganesha: White <i>Sunrise:</i> 4:58AM		Subhakrit 5124
	Routine Work	Marana Yoga	477655471 Yama 12:00PM – 1:45PM	Sadhya Until 6:27AM	Muruqa: Green <i>Sunset:</i> 7:02PM		Moon 6 - Phase 12 - 25 4th Phase
			Rahu 5:16PM – 7:02PM	Bava Until 3:13AM Mon	Nataraja: Yellow		
				Ekadashi Until 4:39PM	Moon – Orange		Bhuloka Day
					Ashada•Ani		Devaloka Time: 6:PM to 9:PM

3	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Shanghai, China Sun 26 Sutra 85
	Vrischika Rasi: 14.04	Tithi 12 – 13	Gulika 1:46PM – 3:31PM	Anuradha Until 10:13AM	Ganesha: White <i>Sunrise:</i> 4:59AM		Subhakrit 5124
	Family Home Evening		477655471 Yama 10:15AM – 12:00PM	Sukla Until 11:24PM	Muruqa: Green <i>Sunset:</i> 7:02PM		Moon 6 - Phase 12 - 26 4th Phase
Creative Work	Siddha Yoga		Rahu 6:44AM – 8:29AM	Kaulava Until 11:57PM	Nataraja: Yellow		
				Dvadashi Until 1:37PM	Moon – Orange		Bhuloka Day
					Ashada•Ani		Devaloka Time: 6:PM to 9:PM
					<i>Pradosha Vrata</i>		

4	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha/Mula* Nakshatra Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Tilau				Shanghai, China Sun 27 Sutra 86
	Vrischika Rasi: 28.58	Tithi 13 – 14	Gulika 12:00PM – 1:46PM	Jyeshtha* Until 7:31AM	Ganesha: White <i>Sunrise:</i> 4:59AM		Subhakrit 5124
	Routine Work	Marana Yoga	477655471 Yama 8:30AM – 10:15AM	Brahma Until 7:22PM	Muruqa: Green <i>Sunset:</i> 7:01PM		Moon 6 - Phase 12 - 27 4th Phase
			Rahu 3:31PM – 5:16PM	Gara Until 8:20PM	Nataraja: Yellow		
				Trayodashi Until 10:10AM	Moon – Orange		Bhuloka Day
					Ashada•Ani		Devaloka Time: 6:PM to 9:PM

	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Tilau				Shanghai, China Sun 28 Sutra 87
	Dhanus Rasi: 14.06	Tithi 14 – 15	Gulika 10:15AM – 12:00PM	Purvashadha* Until 1:46AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:00AM		Subhakrit 5124
	Creative Work	Amrita Yoga	488755471 Yama 6:45AM – 8:30AM	Indra Until 3:11PM	Muruqa: Green <i>Sunset:</i> 7:01PM		Moon 6 - Phase 12 - Purnima
			Rahu 12:00PM – 1:46PM	Bava Until 2:35AM Thu	Nataraja: Yellow		
				Chaturdashi* Until 6:26AM	Moon – Light Blue		Devaloka Day
					Ashada•Ani		
					Satguru Purnima		

5	Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Tilau				Shanghai, China Sun 29 Sutra 88
	Dhanus Rasi: 29.21	Tithi 16	Gulika 8:30AM – 10:15AM	Uttarashadha Until 10:40PM	Ganesha: Yellow <i>Sunrise:</i> 5:00AM		Subhakrit 5124
	Routine Work	Marana Yoga	488755471 Yama 5:00AM – 6:45AM	Vaidhriti* Until 10:55AM	Muruqa: Green <i>Sunset:</i> 7:01PM		Moon 6 - Phase 12 - Prathama
			Rahu 1:46PM – 3:31PM	Balava Until 12:41PM	Nataraja: Yellow		
				Prathama* Until 10:47PM	Moon – Light Blue		Devaloka Day
					Ashada•Ani		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam
Shravana Nakshatra Vishkambha /Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China
Sun 1 Sutra 89

Makara Rasi: 14.31 Tithi 17

498755471

Gulika 6:46AM – 8:31AM
Yama 3:30PM – 5:15PM
Rahu 10:16AM – 12:01PM

Shravana Until 8:04PM
Vishkambha* Until 6:47AM
Taitila Until 8:59AM
Dvitiya Until 7:13PM

Ganesha: Blue *Sunrise: 5:01AM*
Muruqa: Green *Sunset: 7:00PM*
Nataraja: Yellow
Moon – Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 8:04PM

Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukhtayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Shanghai, China
Sun 2 Sutra 90

Makara Rasi: 29.28 Tithi 18 – 19

498755471

Gulika 5:02AM – 6:46AM
Yama 1:46PM – 3:30PM
Rahu 8:31AM – 10:16AM

Dhanishtha Until 5:44PM
Ayushman Until 11:22PM
Bava Until 2:40AM Sun
Tritiya Until 4:02PM

Ganesha: Blue *Sunrise: 5:02AM*
Muruqa: Green *Sunset: 7:00PM*
Nataraja: Yellow
Moon – Purple
Ashada*Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 5:44PM

Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Shatabhishak/Purvaprosarthapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China
Sun 3 Sutra 91

Kumbha Rasi: 14.03 Tithi 19 – 20

498755472

Gulika 3:30PM – 5:15PM
Yama 12:01PM – 1:46PM
Rahu 5:15PM – 7:00PM

Shatabhishak Until 3:50PM
Saubhagya Until 8:22PM
Kaulava Until 12:22AM Mon
Chaturthi* Until 1:25PM

Ganesha: Blue *Sunrise: 5:02AM*
Muruqa: Green *Sunset: 7:00PM*
Nataraja: White
Moon – Purple
Ashada*Adi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China
Sun 4 Sutra 92

Kumbha Rasi: 28.11 Tithi 20 – 21

418755472

Gulika 1:45PM – 3:30PM
Yama 10:16AM – 12:01PM
Rahu 6:47AM – 8:32AM

Purvaprosarthapada* Until 2:56PM
Sobhana Until 5:58PM
Gara Until 10:50PM
Panchami Until 11:29AM

Ganesha: White *Sunrise: 5:03AM*
Muruqa: Green *Sunset: 6:59PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Family Home Evening

Routine Work Marana Yoga

Until 2:56PM

Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam
Uttaraprosarthapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shanghai, China
Sun 5 Sutra 93

Meena Rasi: 11.5 Tithi 21 – 22

419755472

Gulika 12:01PM – 1:45PM
Yama 8:32AM – 10:17AM
Rahu 3:30PM – 5:14PM

Uttaraprosarthapada Until 2:42PM
Athiganda* Until 4:13PM
Visti Until 10:09PM
Shashthi* Until 10:22AM

Ganesha: Clear *Sunrise: 5:03AM*
Muruqa: Green *Sunset: 6:59PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 2:42PM

Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China
Sun 6 Sutra 94

Meena Rasi: 24.59 Tithi 22 – 23

419755472

Gulika 10:17AM – 12:01PM
Yama 6:48AM – 8:32AM
Rahu 12:01PM – 1:45PM

Revati Until 3:10PM
Sukarma Until 3:11PM
Balava Until 10:19PM
Saptami Until 10:06AM

Ganesha: Clear *Sunrise: 5:04AM*
Muruqa: Green *Sunset: 6:58PM*
Nataraja: White
Moon – Clear
Ashada*Adi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China
Sun 7 Sutra 95

Mesha Rasi: 7.44 Tithi 23 – 24

429755472

Gulika 8:33AM – 10:17AM
Yama 5:04AM – 6:49AM
Rahu 1:45PM – 3:29PM

Ashvini Until 4:46PM
Dhriti Until 2:49PM
Taitila Until 11:19PM
Ashtami* Until 10:42AM

Ganesha: Purple *Sunrise: 5:04AM*
Muruqa: Green *Sunset: 6:58PM*
Nataraja: White
Moon – White
Ashada*Adi

Devaloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 4:46PM

Then Creative Work - Siddha Yoga

1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Shanghai, China Sun 8 Sutra 96	
Mesha Rasi: 20.07	Tithi 24 – 25	Gulika 6:49AM – 8:33AM	Bharani Until 6:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	Subhakrit 5124	
		Yama 3:29PM – 5:13PM	Shula* Until 2:59PM	Muruqa: Green	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 14 - 8	
429755472		Rahu 10:17AM – 12:01PM	Vanija Until 12:59AM Sat	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 12:03PM	Moon – White		Devaloka Day	
				Ashada*Adi			

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 9 Sutra 97	
Vrishabha Rasi: 2.14	Tithi 25 – 26	Gulika 5:06AM – 6:50AM	Krittika Until 9:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	Subhakrit 5124	
		Yama 1:45PM – 3:29PM	Ganda* Until 3:37PM	Muruqa: Green	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 14 - 9	
429755472		Rahu 8:33AM – 10:17AM	Bava Until 3:08AM Sun	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 1:59PM	Moon – White		Devaloka Day	
				Ashada*Adi			

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Shanghai, China Sun 10 Sutra 98	
Vrishabha Rasi: 14.1	Tithi 26 – 27	Gulika 3:29PM – 5:12PM	Rohini Until 12:32AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:06AM	Subhakrit 5124	
		Yama 12:01PM – 1:45PM	Vridhi Until 4:32PM	Muruqa: Green	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 14 - 10	
439755472		Rahu 5:12PM – 6:56PM	Kaulava Until 5:34AM Mon	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 4:18PM	Moon – Yellow		Bhuloka Day	
Until 12:32AM Mon				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga							

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Taitila Karana Dvodashyam Titau		Shanghai, China Sun 11 Sutra 99	
Vrishabha Rasi: 26.01	Tithi 27	Gulika 1:45PM – 3:28PM	Mrigashira Until 3:37AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:07AM	Subhakrit 5124	
Family Home Evening		Yama 10:18AM – 12:01PM	Dhruva Until 5:34PM	Muruqa: Green	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 14 - 11	
439755472		Rahu 6:50AM – 8:34AM	Taitila Until 6:49PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dvodashi* Until 6:49PM	Moon – Yellow		Bhuloka Day	
Until 3:37AM Tue				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga							

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Shanghai, China Sun 12 Sutra 100	
Mithuna Rasi: 7.5	Tithi 28	Gulika 12:01PM – 1:45PM	Ardra Until 6:30AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:07AM	Subhakrit 5124	
		Yama 8:34AM – 10:18AM	Vyaghata* Until 6:38PM	Muruqa: Green	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 14 - 12	
439755472		Rahu 3:28PM – 5:12PM	Gara Until 8:06AM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 9:20PM	Moon – Yellow		Bhuloka Day	
Until 6:30AM Wed				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						Pradosha Vrata (Fasting)	

6		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Shanghai, China Sun 13 Sutra 101	
Mithuna Rasi: 19.39	Tithi 29	Gulika 10:18AM – 12:01PM	Ardra Until 6:30AM	Ganesha: Red	<i>Sunrise:</i> 5:08AM	Subhakrit 5124	
		Yama 6:51AM – 8:35AM	Harshana Until 7:37PM	Muruqa: Green	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 14 - 13	
431755472		Rahu 12:01PM – 1:44PM	Visti Until 10:34AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:44PM	Moon – Yellow		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Shanghai, China Sun 14 Sutra 102	
Kataka Rasi: 1.32	Tithi 30	Gulika 8:35AM – 10:18AM	Punarvasu Until 9:35AM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Subhakrit 5124	
		Yama 5:09AM – 6:52AM	Vajra* Until 8:26PM	Muruqa: Green	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 14 - 14	
441755472		Rahu 1:44PM – 3:27PM	Catuspada Until 12:52PM	Nataraja: White		Amavasya	
Creative Work	Amrita Yoga		Amavasya* Until 1:55AM Fri	Moon – Blue		Bhuloka Day	
				Ashada*Adi		Devaloka Time: 9:AM to 12:PM	

Retreat Star		Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Shanghai, China Sun 15 Sutra 103	
Kataka Rasi: 13.31	Tithi 1	Gulika 6:52AM – 8:35AM	Pushya Until 12:16PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Subhakrit 5124	
		Yama 3:27PM – 5:10PM	Siddhi Until 9:04PM	Muruqa: Green	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 14 - 15	
441755472		Rahu 10:18AM – 12:01PM	Kintughna Until 2:57PM	Nataraja: White		Prathama	
Routine Work	Marana Yoga		Prathama* Until 3:51AM Sat	Moon – Blue		Bhuloka Day	
				Sravana*Adi		Devaloka Time: 9:AM to 12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China
	Kataka Rasi: 25.35	Tithi 2	Gulika 5:10AM – 6:53AM	Ashlesha* Until 2:31PM	Ganesha: Yellow	Sunrise: 5:10AM	Sun 16 Sutra 104
		441755472 Rahu	Yama 1:44PM – 3:27PM	Vyatipata* Until 9:30PM	Muruqa: Green	Sunset: 6:52PM	Subhakrit 5124
			8:36AM – 10:18AM	Balava Until 4:44PM	Nataraja: White		Moon 7 - Phase 15 - 16
				Dvitiya Until 5:29AM Sun	Moon – Blue		3rd Phase
					Sravana*Adi		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

2	Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan Yoga Tailila Karana Tritiyayam Titau				Shanghai, China
	Simha Rasi: 7.47	Tithi 3	Gulika 3:26PM – 5:09PM	Magha* Until 4:48PM	Ganesha: Red	Sunrise: 5:11AM	Sun 17 Sutra 105
		451755472 Rahu	Yama 12:01PM – 1:44PM	Variyan Until 9:39PM	Muruqa: Green	Sunset: 6:52PM	Subhakrit 5124
			5:09PM – 6:52PM	Taitila Until 6:12PM	Nataraja: White		Moon 7 - Phase 15 - 17
				Tritiya Until 6:47AM Mon	Moon – Red		3rd Phase
					Sravana*Adi		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

3	Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Shanghai, China
	Simha Rasi: 20.07	Tithi 3 – 4	Gulika 1:43PM – 3:26PM	Purvaphalguni Until 6:35PM	Ganesha: Red	Sunrise: 5:11AM	Sun 18 Sutra 106
		451755472 Rahu	Yama 10:19AM – 12:01PM	Parigha* Until 9:32PM	Muruqa: Green	Sunset: 6:51PM	Subhakrit 5124
			6:54AM – 8:36AM	Vanija Until 7:19PM	Nataraja: White		Moon 7 - Phase 15 - 18
				Tritiya Until 6:47AM	Moon – Red		3rd Phase
					Sravana*Adi		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

4	Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China
	Kanya Rasi: 2.38	Tithi 4 – 5	Gulika 12:01PM – 1:43PM	Uttaraphalguni Until 7:48PM	Ganesha: Red	Sunrise: 5:12AM	Sun 19 Sutra 107
		451755472 Rahu	Yama 8:36AM – 10:19AM	Shiva Until 9:06PM	Muruqa: Green	Sunset: 6:50PM	Subhakrit 5124
			3:26PM – 5:08PM	Bava Until 8:02PM	Nataraja: White		Moon 7 - Phase 15 - 19
				Chaturthi* Until 7:43AM	Moon – Red		3rd Phase
					Sravana*Adi		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

5	Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Shanghai, China
	Kanya Rasi: 15.2	Tithi 5 – 6	Gulika 10:19AM – 12:01PM	Hasta Until 8:53PM	Ganesha: Blue	Sunrise: 5:13AM	Sun 20 Sutra 108
		461755472 Rahu	Yama 6:55AM – 8:37AM	Siddha Until 8:17PM	Muruqa: Green	Sunset: 6:49PM	Subhakrit 5124
			12:01PM – 1:43PM	Kaulava Until 8:17PM	Nataraja: White		Moon 7 - Phase 15 - 20
				Panchami Until 8:12AM	Moon – Green		3rd Phase
					Sravana*Adi		Devaloka Day

6	Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China
	Kanya Rasi: 28.16	Tithi 6 – 7	Gulika 8:37AM – 10:19AM	Chitra Until 9:17PM	Ganesha: Blue	Sunrise: 5:13AM	Sun 21 Sutra 109
		461755472 Rahu	Yama 5:13AM – 6:55AM	Sadhya Until 7:03PM	Muruqa: Green	Sunset: 6:48PM	Subhakrit 5124
			1:43PM – 3:25PM	Gara Until 8:00PM	Nataraja: White		Moon 7 - Phase 15 - 21
				Shashthi* Until 8:11AM	Moon – Green		3rd Phase
					Sravana*Adi		Devaloka Day

☾	Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Shanghai, China
	Tula Rasi: 11.29	Tithi 7 – 8	Gulika 6:56AM – 8:37AM	Svati Until 8:58PM	Ganesha: Blue	Sunrise: 5:14AM	Sun 22 Sutra 110
		461765472 Rahu	Yama 3:24PM – 5:06PM	Subha Until 5:22PM	Muruqa: White	Sunset: 6:48PM	Subhakrit 5124
			10:19AM – 12:01PM	Visti Until 7:07PM	Nataraja: White		Moon 7 - Phase 15 - 22
				Saptami Until 7:37AM	Moon – Green		Ashtami
					Sravana*Adi		Devaloka Day

☾	Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Shanghai, China
	Tula Rasi: 25.04	Tithi 8 – 9	Gulika 5:14AM – 6:56AM	Vishakha Until 8:19PM	Ganesha: White	Sunrise: 5:14AM	Sun 23 Sutra 111
		472765472 Rahu	Yama 1:42PM – 3:24PM	Sukla Until 3:09PM	Muruqa: White	Sunset: 6:47PM	Subhakrit 5124
			8:38AM – 10:19AM	Kaulava Until 4:38AM Sun	Nataraja: White		Moon 7 - Phase 15 - 23
				Ashtami* Until 6:26AM	Moon – Orange		Navami
					Sravana*Adi		Bhuloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1 Sunday, August 7, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Taila/Gara Karana Dashamyam Titau				Shanghai, China Sun 24 Sutra 112	
Vrischika Rasi: 8.59	Tithi 10	Gulika 3:23PM – 5:05PM	Anuradha Until 6:56PM	Ganesha: Yellow	<i>Sunrise:</i> 5:15AM	Subhakra 5124	
		Yama 12:01PM – 1:42PM	Brahma Until 12:28PM	Muruqa: White	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16 - 24	
		472865472 Rahu 5:05PM – 6:46PM	Taitila Until 3:32PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Dashami Until 2:16AM Mon	Moon – Orange		Bhuloka Day	
				Sravana•Adi		Devaloka Time: 9:AM to12:PM	

2 Monday, August 8, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 25 Sutra 113	
Vrischika Rasi: 23.18	Tithi 11	Gulika 1:42PM – 3:23PM	Jyeshtha* Until 4:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM	Subhakra 5124	
Family Home Evening		Yama 10:19AM – 12:00PM	Indra Until 9:20AM	Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 16 - 25	
		472865472 Rahu 6:57AM – 8:38AM	Vanija Until 12:55PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:25PM	Moon – Orange		Bhuloka Day	
				Sravana•Adi		Devaloka Time: 9:AM to12:PM	

3 Tuesday, August 9, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashtyam Titau				Shanghai, China Sun 26 Sutra 114	
Dhanus Rasi: 7.57	Tithi 12	Gulika 12:00PM – 1:41PM	Mula* Until 2:41PM	Ganesha: White	<i>Sunrise:</i> 5:16AM	Subhakra 5124	
		Yama 8:38AM – 10:19AM	Vishkambha* Until 1:59AM Wed	Muruqa: White	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 16 - 26	
		482865472 Rahu 3:22PM – 5:03PM	Bava Until 9:51AM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Dvadashti Until 8:10PM	Moon – Light Blue		Devaloka Day	
Until 2:41PM				Sravana•Adi			
Then Creative Work - Siddha Yoga							

4 Wednesday, August 10, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 115	
Dhanus Rasi: 22.52	Tithi 13 – 14	Gulika 10:19AM – 12:00PM	Purvashadha* Until 12:04PM	Ganesha: White	<i>Sunrise:</i> 5:17AM	Subhakra 5124	
		Yama 6:58AM – 8:39AM	Priti Until 10:01PM	Muruqa: White	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 16 - 27	
		482865472 Rahu 12:00PM – 1:41PM	Kaulava Until 6:28AM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 4:41PM	Moon – Light Blue		Devaloka Day	
				Sravana•Adi			

Pradosha Vrata

Thursday, August 11, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sutra 116	
Copper Retreat Star		Gulika 8:39AM – 10:19AM	Uttarashadha Until 9:11AM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Subhakra 5124	
Makara Rasi: 7.54	Tithi 14 – 15	Yama 5:18AM – 6:58AM	Ayushman Until 5:59PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 16 -	
		482865472 Rahu 1:41PM – 3:21PM	Visti Until 11:20PM	Nataraja: White		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 1:06PM	Moon – Light Blue		Devaloka Day	
Until 9:11AM		Raksha Bandhan		Sravana•Adi			
Then Creative Work - Siddha Yoga							

Friday, August 12, 2022		Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sutra 117	
Silver Retreat Star		Gulika 6:59AM – 8:39AM	Shravana Until 6:36AM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	Subhakra 5124	
Makara Rasi: 22.56	Tithi 15 – 16	Yama 3:21PM – 5:01PM	Saubhagya Until 2:02PM	Muruqa: White	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 16 -	
		492865472 Rahu 10:19AM – 12:00PM	Balava Until 7:55PM	Nataraja: White		Prathama	
Routine Work	Marana Yoga		Purnima* Until 9:35AM	Moon – Purple		Bhuloka Day	
Until 6:36AM				Sravana•Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

Il times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang



Saturday, August 13, 2022
Gold Retreat Star

Kumbha Rasi: 7.49 Tilthi 16 - 17

492865472

Creative Work Amrita Yoga
Until 1:51AM Sun
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gulika 5:19AM - 6:59AM
Yama 1:40PM - 3:20PM
Rahu 8:39AM - 10:19AM

Shatabhishak Until 1:51AM Sun
Sobhana Until 10:20AM
Gara Until 3:26AM Sun
Prathama* Until 6:18AM

Ganesha: Clear *Sunrise:* 5:19AM
Muruga: White *Sunset:* 6:40PM
Nataraja: White
Moon - Purple
Sravana*Adi

Shanghai, China
Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 -
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Kumbha Rasi: 22.23 Tilthi 18

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 3:19PM - 4:59PM
Yama 11:59AM - 1:39PM
Rahu 4:59PM - 6:39PM

Purvaproshtapada* Until 12:27AM Mo
Athiganda* Until 6:59AM
Vanija Until 2:13PM
Tritiya Until 1:08AM Mon

Ganesha: Yellow *Sunrise:* 5:19AM
Muruga: White *Sunset:* 6:39PM
Nataraja: White
Moon - Clear
Sravana*Adi

Shanghai, China
Sun 1 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Meena Rasi: 6.34 Tilthi 19

Family Home Evening

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 1:39PM - 3:19PM
Yama 10:19AM - 11:59AM
Rahu 7:00AM - 8:40AM

Uttaraproshtapada Until 11:37PM
Dhriti Until 1:53AM Tue
Bava Until 12:16PM
Chaturthi* Until 11:33PM

Ganesha: Yellow *Sunrise:* 5:20AM
Muruga: White *Sunset:* 6:38PM
Nataraja: White
Moon - Clear
Sravana*Adi

Shanghai, China
Sun 2 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Meena Rasi: 20.15 Tilthi 20

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:59AM - 1:39PM
Yama 8:40AM - 10:19AM
Rahu 3:18PM - 4:58PM

Revati Until 11:27PM
Shula* Until 12:18AM Wed
Kaulava Until 11:05AM
Panchami Until 10:48PM

Ganesha: Yellow *Sunrise:* 5:21AM
Muruga: White *Sunset:* 6:37PM
Nataraja: White
Moon - Clear
Sravana*Adi

Shanghai, China
Sun 3 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Mesha Rasi: 3.28 Tilthi 21

422865472

Routine Work Marana Yoga
Until 12:27AM Thu
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:19AM - 11:59AM
Yama 7:01AM - 8:40AM
Rahu 11:59AM - 1:38PM

Ashvini Until 12:27AM Thu
Ganda* Until 11:25PM
Gara Until 10:46AM
Shashthi* Until 10:55PM

Ganesha: Blue *Sunrise:* 5:21AM
Muruga: White *Sunset:* 6:36PM
Nataraja: White
Moon - White
Sravana*Avani

Shanghai, China
Sun 4 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Devaloka Day

5

Thursday, August 18, 2022

Mesha Rasi: 16.14 Tilthi 22

522865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vriddhi* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:40AM - 10:19AM
Yama 5:22AM - 7:01AM
Rahu 1:38PM - 3:17PM

Bharani Until 2:06AM Fri
Vriddhi Until 11:12PM
Visti Until 11:19AM
Saptami Until 11:53PM

Ganesha: Yellow *Sunrise:* 5:22AM
Muruga: White *Sunset:* 6:35PM
Nataraja: White
Moon - White
Sravana*Avani

Shanghai, China
Sun 5 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Friday, August 19, 2022
Retreat Star

Mesha Rasi: 28.39 Tilthi 23

522865472

Creative Work Siddha Yoga
Until 4:16AM Sat
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:02AM - 8:41AM
Yama 3:16PM - 4:55PM
Rahu 10:19AM - 11:58AM

Krittika Until 4:16AM Sat
Dhruva Until 11:30PM
Balava Until 12:40PM
Ashtami* Until 1:33AM Sat

Ganesha: Yellow *Sunrise:* 5:23AM
Muruga: White *Sunset:* 6:34PM
Nataraja: White
Moon - White
Sravana*Avani

Shanghai, China
Sun 6 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 6
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Saturday, August 20, 2022

Retreat Star

Vrishabha Rasi: 10.47 Tilthi 24

533865472

Creative Work Amrita Yoga
Until 7:13AM Sun
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:23AM - 7:02AM
Yama 1:37PM - 3:16PM
Rahu 8:41AM - 10:19AM

Rohini Until 7:13AM Sun
Vyaghata* Until 12:13AM Sun
Taitila Until 2:37PM
Navami* Until 3:44AM Sun

Ganesha: Yellow *Sunrise:* 5:23AM
Muruga: White *Sunset:* 6:33PM
Nataraja: White
Moon - Yellow
Sravana*Avani

Shanghai, China
Sun 7 Sutra 125
Subhakrit 5124
Moon 8 - Phase 17 - 7
Navami

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1	Sunday, August 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Rohini/Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashanyam Titau				Shanghai, China Sun 8 Sutra 126 Subhakit 5124
	Vrishabha Rasi: 22.43	Tithi 25	533865472	Gulika 3:15PM – 4:54PM Yama 11:58AM – 1:36PM Rahu 4:54PM – 6:32PM	Rohini Until 7:13AM Harshana Until 1:11AM Mon Vanija Until 4:57PM Dashami Until 6:10AM Mon	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sunrise: 5:24AM Sunset: 6:32PM Moon 8 - Phase 18 - 8 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
	Creative Work Siddha Yoga						


2	Monday, August 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam Mrigashira/Ardra Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 9 Sutra 127 Subhakit 5124
	Mithuna Rasi: 4.34	Tithi 25 – 26	533865472	Gulika 1:36PM – 3:14PM Yama 10:19AM – 11:58AM Rahu 7:03AM – 8:41AM	Mrigashira Until 10:14AM Vajra* Until 2:11AM Tue Bava Until 7:27PM Dashami Until 6:10AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sunrise: 5:24AM Sunset: 6:31PM Moon 8 - Phase 18 - 9 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
	Family Home Evening Creative Work Amrita Yoga Until 10:14AM Then Creative Work - Siddha Yoga						


3	Tuesday, August 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 10 Sutra 128 Subhakit 5124
	Mithuna Rasi: 16.24	Tithi 26 – 27	533865472	Gulika 11:57AM – 1:36PM Yama 8:41AM – 10:19AM Rahu 3:14PM – 4:52PM	Ardra Until 1:05PM Siddhi Until 3:07AM Wed Kaulava Until 9:54PM Ekadashi* Until 8:40AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sunrise: 5:25AM Sunset: 6:30PM Moon 8 - Phase 18 - 10 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
	Routine Work Marana Yoga Until 1:05PM Then Creative Work - Siddha Yoga						

4	Wednesday, August 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 11 Sutra 129 Subhakit 5124
	Mithuna Rasi: 28.17	Tithi 27 – 28	543865472	Gulika 10:19AM – 11:57AM Yama 7:04AM – 8:41AM Rahu 11:57AM – 1:35PM	Punarvasu Until 4:08PM Vyatipata* Until 3:54AM Thu Gara Until 12:08AM Thu Dvadashi* Until 11:02AM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:26AM Sunset: 6:29PM Moon 8 - Phase 18 - 11 2nd Phase Bhuloka Day
	Creative Work Siddha Yoga						
	<i>Pradosha Vrata (Fasting)</i>						

5	Thursday, August 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam Pushya Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 12 Sutra 130 Subhakit 5124
	Kataka Rasi: 10.15	Tithi 28 – 29	543865472	Gulika 8:42AM – 10:19AM Yama 5:26AM – 7:04AM Rahu 1:35PM – 3:12PM	Pushya Until 6:45PM Variyan Until 4:24AM Fri Visti Until 2:04AM Fri Trayodashi* Until 1:08PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:26AM Sunset: 6:28PM Moon 8 - Phase 18 - 12 2nd Phase Bhuloka Day
	Creative Work Amrita Yoga Until 6:45PM Then Creative Work - Siddha Yoga						

6	Friday, August 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam Ashlesha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Shanghai, China Sun 13 Sutra 131 Subhakit 5124
	Kataka Rasi: 22.21	Tithi 29 – 30	543865472	Gulika 7:04AM – 8:42AM Yama 3:12PM – 4:49PM Rahu 10:19AM – 11:57AM	Ashlesha* Until 8:51PM Parigha* Until 4:38AM Sat Catuspada Until 3:38AM Sat Chaturdashi* Until 2:53PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sunrise: 5:27AM Sunset: 6:26PM Moon 8 - Phase 18 - 13 2nd Phase Bhuloka Day
	Routine Work Marana Yoga						

	Saturday, August 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yukhtayam Magha* Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Shanghai, China Sun 14 Sutra 132 Subhakit 5124	
	Retreat Star			553865472	Gulika 5:27AM – 7:05AM Yama 1:34PM – 3:11PM Rahu 8:42AM – 10:19AM	Magha* Until 10:54PM Shiva Until 4:35AM Sun Kintughna Until 4:49AM Sun Amavasya* Until 4:15PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Red Sravana-Avani	Sunrise: 5:27AM Sunset: 6:25PM Moon 8 - Phase 18 - 14 Amavasya Bhuloka Day
	Simha Rasi: 5		Tithi 30 – 1		Creative Work Amrita Yoga Until 10:54PM Then Creative Work - Siddha Yoga			

	Sunday, August 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 15 Sutra 133 Subhakit 5124	
	Retreat Star			553865473	Gulika 3:10PM – 4:47PM Yama 11:56AM – 1:33PM Rahu 4:47PM – 6:24PM	Purvaphalguni Until 12:24AM Mon Siddha Until 4:11AM Mon Balava Until 5:36AM Mon Prathama* Until 5:14PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red Bhadrapada-Avani	Sunrise: 5:28AM Sunset: 6:24PM Moon 8 - Phase 18 - 15 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Simha Rasi: 17.01		Tithi 1 – 2		Creative Work Siddha Yoga			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1	Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Shanghai, China Sun 16 Sutra 134	
	Simha Rasi: 29.37	Tithi 2 - 3	Gulika 1:33PM - 3:09PM	Uttaraphalguni Until 1:22AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Subhakrit 5124	
	Family Home Evening	553865473	Yama 10:19AM - 11:56AM	Sadhya Until 3:30AM Tue	Muruqa: White	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 19 - 16	
	Creative Work Siddha Yoga		Rahu 7:05AM - 8:42AM	Taitila Until 5:59AM Tue	Nataraja: Clear		3rd Phase	
			Dvitiya Until 5:49PM	Moon - Red		Bhuloka Day		
					Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM		

2	Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara Karana Trityayam Titau				Shanghai, China Sun 17 Sutra 135	
	Kanya Rasi: 12.23	Tithi 3	Gulika 11:55AM - 1:32PM	Hasta Until 2:17AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Subhakrit 5124	
		563865473	Yama 8:42AM - 10:19AM	Subha Until 2:32AM Wed	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19 - 17	
	Creative Work Siddha Yoga		Rahu 3:09PM - 4:45PM	Gara Until 6:01PM	Nataraja: Clear		3rd Phase	
			Tritiya Until 6:01PM	Moon - Green		Bhuloka Day		
					Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM		

3	Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 18 Sutra 136	
	Kanya Rasi: 25.2	Tithi 4 - 5	Gulika 10:19AM - 11:55AM	Chitra Until 2:39AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	Subhakrit 5124	
		563865473	Yama 7:06AM - 8:42AM	Sukla Until 1:14AM Thu	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 19 - 18	
	Creative Work Siddha Yoga		Rahu 11:55AM - 1:31PM	Vanija Until 6:00AM	Nataraja: Clear		3rd Phase	
			Chaturthi* Until 5:51PM	Moon - Green		Bhuloka Day		
					Bhadrapada-Avani	Devaloka Time: 6:PM to 9:PM		

4	Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Shanghai, China Sun 19 Sutra 137	
	Tula Rasi: 8.3	Tithi 5 - 6	Gulika 8:43AM - 10:19AM	Svati Until 2:30AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:30AM	Subhakrit 5124	
		563965473	Yama 5:30AM - 7:07AM	Brahma Until 11:38PM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 19 - 19	
	Creative Work Amrita Yoga		Rahu 1:31PM - 3:07PM	Kaulava Until 4:52AM Fri	Nataraja: Clear		3rd Phase	
			Panchami Until 5:17PM	Moon - Green		Devaloka Day		
					Bhadrapada-Avani			

5	Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 20 Sutra 138	
	Tula Rasi: 21.52	Tithi 6 - 7	Gulika 7:07AM - 8:43AM	Vishakha Until 2:14AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	Subhakrit 5124	
		573965473	Yama 3:06PM - 4:42PM	Indra Until 9:43PM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 19 - 20	
	Creative Work Siddha Yoga		Rahu 10:19AM - 11:55AM	Gara Until 3:41AM Sat	Nataraja: Clear		3rd Phase	
			Shashthi* Until 4:18PM	Moon - Orange		Sivaloka Day		
					Bhadrapada-Avani			

Retreat Star	Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Shanghai, China Sun 21 Sutra 139	
	Vrischika Rasi: 5.29	Tithi 7 - 8	Gulika 5:32AM - 7:07AM	Anuradha Until 1:24AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM	Subhakrit 5124	
		574965473	Yama 1:30PM - 3:05PM	Vaidhriti* Until 7:26PM	Muruqa: White	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 19 - 21	
	Creative Work Siddha Yoga		Rahu 8:43AM - 10:19AM	Visti Until 2:05AM Sun	Nataraja: Clear		Ashtami	
			Saptami Until 2:55PM	Moon - Orange		Devaloka Day		
					Bhadrapada-Avani			

Retreat Star	Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China Sun 22 Sutra 140	
	Vrischika Rasi: 19.2	Tithi 8 - 9	Gulika 3:05PM - 4:40PM	Jyeshtha* Until 12:01AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:32AM	Subhakrit 5124	
		574965473	Yama 11:54AM - 1:29PM	Vishkambha* Until 4:49PM	Muruqa: White	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 19 - 22	
	Routine Work Marana Yoga		Rahu 4:40PM - 6:16PM	Balava Until 12:05AM Mon	Nataraja: Clear		Navami	
			Ashtami* Until 1:07PM	Moon - Orange		Devaloka Day		
					Bhadrapada-Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Shanghai, China Sun 23 Sutra 141 Subhakrit 5124
	Dhanus Rasi: 3.27	Tithi 9 – 10	Gulika 1:29PM – 3:04PM	Mula* Until 10:32PM	Ganesha: White	<i>Sunrise:</i> 5:33AM	
Family Home Evening	584965473	Rahu 7:08AM – 8:43AM	Priti Until 1:55PM	Muruqa: White	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 20 - 23	
Creative Work Siddha Yoga			Taitila Until 9:42PM	Nataraja: Clear		4th Phase	
Until 10:32PM			Navami* Until 10:55AM	Moon – Light Blue	Bhuloka Day		
Then Routine Work - Marana Yoga				Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM		

2	Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 24 Sutra 142 Subhakrit 5124
	Dhanus Rasi: 17.49	Tithi 10 – 11	Gulika 11:53AM – 1:28PM	Purvashadha* Until 8:36PM	Ganesha: White	<i>Sunrise:</i> 5:33AM	
	584965473	Rahu 3:03PM – 4:38PM	Ayushman Until 10:42AM	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20 - 24	
Creative Work Siddha Yoga			Vanija Until 7:00PM	Nataraja: Clear		4th Phase	
Until 8:36PM			Dashami Until 8:22AM	Moon – Light Blue	Bhuloka Day		
Then Routine Work - Prabararishta Yoga				Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM		

3	Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 143 Subhakrit 5124
	Makara Rasi: 2.22	Tithi 12	Gulika 10:18AM – 11:53AM	Uttarashadha Until 6:20PM	Ganesha: White	<i>Sunrise:</i> 5:34AM	
	584965473	Rahu 11:53AM – 1:28PM	Saubhagya Until 7:16AM	Muruqa: White	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 20 - 25	
Creative Work Amrita Yoga			Bava Until 4:05PM	Nataraja: Clear		4th Phase	
Until 6:20PM			Dvadashi Until 2:34AM Thu	Moon – Light Blue	Bhuloka Day		
Then Creative Work - Siddha Yoga				Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM		

4	Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 144 Subhakrit 5124
	Makara Rasi: 17.02	Tithi 13	Gulika 8:44AM – 10:18AM	Shravana Until 4:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	
	594965473	Rahu 1:27PM – 3:02PM	Athiganda* Until 12:09AM Fri	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20 - 26	
Creative Work Siddha Yoga			Kaulava Until 1:04PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 11:33PM	Moon – Purple	Devaloka Day		
				Bhadrapada*Avani			

Pradosha Vrata

5	Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 145 Subhakrit 5124
	Kumbha Rasi: 1.44	Tithi 14	Gulika 7:09AM – 8:44AM	Dhanishtha Until 2:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	
	594965473	Rahu 10:18AM – 11:52AM	Sukarma Until 8:40PM	Muruqa: White	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 20 - 27	
Creative Work Siddha Yoga			Gara Until 10:05AM	Nataraja: Clear		4th Phase	
			Chaturdashi* Until 8:38PM	Moon – Purple	Devaloka Day		
		Chidambaram Abhishekam		Bhadrapada*Avani			

○	Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sutra 146 Subhakrit 5124
	Copper Retreat Star		Gulika 5:36AM – 7:10AM	Shatabhishak Until 11:58AM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	
Kumbha Rasi: 16.19	Tithi 15 – 16	Rahu 8:44AM – 10:18AM	Dhriti Until 5:25PM	Muruqa: White	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 20 - Purnima	
Creative Work Amrita Yoga			Visti Until 7:17AM	Nataraja: Clear			
Until 11:58AM			Purnima* Until 5:59PM	Moon – Purple	Devaloka Day		
Then Routine Work - Marana Yoga				Bhadrapada*Avani			

○	Sunday, September 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Shanghai, China Sutra 147 Subhakrit 5124
	Silver Retreat Star		Gulika 2:59PM – 4:33PM	Purvaproshtapada* Until 10:31AM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	
Meena Rasi: 0.39	Tithi 16 – 17	Rahu 4:33PM – 6:07PM	Shula* Until 2:28PM	Muruqa: White	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 20 - Prathama	
Creative Work Siddha Yoga			Taitila Until 2:51AM Mon	Nataraja: Clear			
Until 10:31AM			Prathama* Until 3:45PM	Moon – Clear	Devaloka Day		
Then Creative Work - Amrita Yoga		Grandparent's Day		Bhadrapada*Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang



Monday, September 12, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda *Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 148

Subhakrit 5124

Meena Rasi: 14.4 Tithi 17 - 18

Family Home Evening

514965473

Creative Work Siddha Yoga

Gulika 1:25PM - 2:58PM

Yama 10:18AM - 11:51AM

Rahu 7:10AM - 8:44AM

Uttaraproshtapada Until 9:27AM

Ganda* Until 11:59AM

Vanija Until 1:31AM Tue

Dvitiya Until 2:05PM

Ganesha: Clear

Muruga: White

Nataraja: Clear

Moon - Clear

Sunrise: 5:37AM

Sunset: 6:05PM

Devaloka Day

Bhadrapada-Avani

Moon 9 - Phase 21 - 1

1st Phase

1

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Shanghai, China

Sun 2 Sutra 149

Subhakrit 5124

Meena Rasi: 28.17 Tithi 18 - 19

Creative Work Siddha Yoga

514965473

Gulika 11:51AM - 1:24PM

Yama 8:44AM - 10:17AM

Rahu 2:57PM - 4:31PM

Revati Until 8:55AM

Vridhi Until 10:04AM

Bava Until 12:56AM Wed

Tritiya Until 1:06PM

Ganesha: Clear

Muruga: White

Nataraja: Clear

Moon - Clear

Sunrise: 5:37AM

Sunset: 6:04PM

Devaloka Day

Bhadrapada-Avani

Moon 9 - Phase 21 - 2

1st Phase

2

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 3 Sutra 150

Subhakrit 5124

Mesha Rasi: 11.28 Tithi 19 - 20

Routine Work Marana Yoga

Until 9:25AM

Then Creative Work - Siddha Yoga

524965473

Gulika 10:17AM - 11:50AM

Yama 7:11AM - 8:44AM

Rahu 11:50AM - 1:24PM

Ashvini Until 9:25AM

Dhruva Until 8:44AM

Kaulava Until 1:09AM Thu

Chaturthi* Until 12:55PM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon - White

Sunrise: 5:38AM

Sunset: 6:03PM

Devaloka Day

Bhadrapada-Avani

Moon 9 - Phase 21 - 3

1st Phase

Devaloka Time: 6:PM to 9:PM

3

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Sun 4 Sutra 151

Subhakrit 5124

Mesha Rasi: 24.16 Tithi 20 - 21

Creative Work Siddha Yoga

Until 10:34AM

Then Routine Work - Marana Yoga

525965473

Gulika 8:44AM - 10:17AM

Yama 5:39AM - 7:11AM

Rahu 1:23PM - 2:56PM

Bharani Until 10:34AM

Vyaghata* Until 8:03AM

Gara Until 2:08AM Fri

Panchami Until 1:32PM

Ganesha: Clear

Muruga: White

Nataraja: Clear

Moon - White

Sunrise: 5:39AM

Sunset: 6:02PM

Devaloka Day

Bhadrapada-Avani

Moon 9 - Phase 21 - 4

1st Phase

4

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shanghai, China

Sun 5 Sutra 152

Subhakrit 5124

Vrishabha Rasi: 6.42 Tithi 21 - 22

Creative Work Siddha Yoga

Until 12:17PM

Then Routine Work - Marana Yoga

525965473

Gulika 7:12AM - 8:44AM

Yama 2:55PM - 4:28PM

Rahu 10:17AM - 11:50AM

Krittika Until 12:17PM

Harshana Until 7:59AM

Visti Until 3:49AM Sat

Shashthi* Until 2:53PM

Ganesha: Clear

Muruga: White

Nataraja: Clear

Moon - White

Sunrise: 5:39AM

Sunset: 6:00PM

Devaloka Day

Bhadrapada-Avani

Moon 9 - Phase 21 - 5

1st Phase

5

Saturday, September 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 6 Sutra 153

Subhakrit 5124

Vrishabha Rasi: 18.52 Tithi 22 - 23

Creative Work Amrita Yoga

Until 2:55PM

Then Creative Work - Siddha Yoga

535965473

Gulika 5:40AM - 7:12AM

Yama 1:22PM - 2:54PM

Rahu 8:45AM - 10:17AM

Rohini Until 2:55PM

Vajra* Until 8:22AM

Balava Until 5:58AM Sun

Saptami Until 4:50PM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon - Yellow

Sunrise: 5:40AM

Sunset: 5:59PM

Sivaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 21 - 6

1st Phase

D

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddhi/Vyalipata* Yoga Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 154

Subhakrit 5124

Mithuna Rasi: 0.5 Tithi 23

Creative Work Siddha Yoga

535965473

Gulika 2:53PM - 4:26PM

Yama 11:49AM - 1:21PM

Rahu 4:26PM - 5:58PM

Mrigashira Until 5:44PM

Siddhi Until 9:06AM

Kaulava Until 7:09PM

Ashtami* Until 7:09PM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon - Yellow

Sunrise: 5:40AM

Sunset: 5:58PM

Sivaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 21 - 7

Ashtami

Monday, September 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 8 Sutra 155

Subhakrit 5124

Mithuna Rasi: 12.43 Tithi 24

Family Home Evening

535965473

Creative Work Siddha Yoga

Until 8:33PM

Then Creative Work - Amrita Yoga

Gulika 1:21PM - 2:53PM

Yama 10:17AM - 11:49AM

Rahu 7:13AM - 8:45AM

Ardra Until 8:33PM

Vyatipata* Until 10:01AM

Taitila Until 8:23AM

Navami* Until 9:36PM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon - Yellow

Sunrise: 5:41AM

Sunset: 5:56PM

Sivaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 21 - 8

Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1	Tuesday, September 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China Sun 9 Sutra 156 Subhakrit 5124
	Mithuna Rasi: 24.35	Tithi 25	Gulika 11:48AM – 1:20PM	Punarvasu Until 11:36PM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM	
			Yama 8:45AM – 10:17AM	Variyan Until 10:54AM	Muruqa: White	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 22 - 9
	Creative Work	Siddha Yoga	545965473 Rahu 2:52PM – 4:23PM	Vanija Until 10:49AM	Nataraja: Clear		2nd Phase
			Dashami Until 11:58PM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

2	Wednesday, September 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China Sun 10 Sutra 157 Subhakrit 5124
	Kataka Rasi: 6.31	Tithi 26	Gulika 10:16AM – 11:48AM	Pushya Until 2:15AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM	
			Yama 7:14AM – 8:45AM	Parigha* Until 11:40AM	Muruqa: White	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 22 - 10
	Creative Work	Siddha Yoga	545965473 Rahu 11:48AM – 1:19PM	Bava Until 1:05PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 2:04AM Thu	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

3	Thursday, September 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China Sun 11 Sutra 158 Subhakrit 5124
	Kataka Rasi: 18.33	Tithi 27	Gulika 8:45AM – 10:16AM	Ashlesha* Until 4:20AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	
			Yama 5:43AM – 7:14AM	Shiva Until 12:12PM	Muruqa: White	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 22 - 11
	Creative Work	Siddha Yoga	545965473 Rahu 1:19PM – 2:50PM	Kaulava Until 2:59PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 3:46AM Fri	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			
				Until 4:20AM Fri Then Routine Work - Marana Yoga			

4	Friday, September 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 12 Sutra 159 Subhakrit 5124
	Simha Rasi: 0.45	Tithi 28	Gulika 7:14AM – 8:45AM	Magha* Until 6:18AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:43AM	
			Yama 2:49PM – 4:20PM	Siddha Until 12:21PM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 22 - 12
	Routine Work	Marana Yoga	555965473 Rahu 10:16AM – 11:47AM	Gara Until 4:27PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 4:59AM Sat	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Saturday, September 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China Sun 13 Sutra 160 Subhakrit 5124
	Simha Rasi: 13.1	Tithi 29	Gulika 5:44AM – 7:15AM	Magha* Until 6:18AM	Ganesha: Red	<i>Sunrise:</i> 5:44AM	
			Yama 1:18PM – 2:48PM	Sadhya Until 12:09PM	Muruqa: White	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 22 - 13
	Creative Work	Amrita Yoga	555965473 Rahu 8:45AM – 10:16AM	Visti Until 5:26PM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 5:42AM Sun	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			
				Until 6:18AM Then Creative Work - Siddha Yoga			

●	Sunday, September 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China Sun 14 Sutra 161 Subhakrit 5124
	Retreat Star		Gulika 2:48PM – 4:18PM	Purvaphalguni Until 7:36AM	Ganesha: Blue	<i>Sunrise:</i> 5:44AM	
	Simha Rasi: 25.49	Tithi 30	Yama 11:47AM – 1:17PM	Subha Until 11:34AM	Muruqa: White	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 22 - 14
	Creative Work	Siddha Yoga	556165473 Rahu 4:18PM – 5:49PM	Catuspada Until 5:53PM	Nataraja: Clear		Amavasya
			Amavasya* Until 5:54AM Mon	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			
				Bhuloka Day Devaloka Time: 6:PM to 9:PM			
				Mahalaya Amavasai (Tamil Nadu)			

●	Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau				Shanghai, China Sun 15 Sutra 162 Subhakrit 5124
	Retreat Star		Gulika 1:16PM – 2:47PM	Uttaraphalguni Until 8:15AM	Ganesha: Blue	<i>Sunrise:</i> 5:45AM	
	Kanya Rasi: 8.41	Tithi 1	Yama 10:16AM – 11:46AM	Sukla Until 10:33AM	Muruqa: White	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 22 - 15
	Family Home Evening		556165473 Rahu 7:15AM – 8:46AM	Kintughna Until 5:50PM	Nataraja: Clear		Prathama
			Prathama* Until 5:38AM Tue	Moon – Red		Bhuloka Day	
				Ashvina-Puratasi			
				Devaloka Day Devaloka Time: 6:PM to 9:PM			
				Navaratri Begins			

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

The times are standard time. Calculated for Shanghai, China on 5/1/22

www.gurudeva.org/panchang

1	Tuesday, September 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China Sun 16 Sutra 163 Subhakarit 5124
	Kanya Rasi: 21.48	Tithi 2	Gulika 11:46AM – 1:16PM	Hasta Until 8:45AM	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	
			Yama 8:46AM – 10:16AM	Brahma Until 9:11AM	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	666165473 Rahu 2:46PM – 4:16PM	Balava Until 5:21PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 4:57AM Wed	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau				Shanghai, China Sun 17 Sutra 164 Subhakarit 5124
	Tula Rasi: 5.09	Tithi 3	Gulika 10:16AM – 11:45AM	Chitra Until 8:41AM	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	
			Yama 7:16AM – 8:46AM	Indra Until 7:31AM	Muruga: White	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 Rahu 11:45AM – 1:15PM	Taitila Until 4:29PM	Nataraja: Clear		3rd Phase
			Tritiya Until 3:54AM Thu	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

3	Thursday, September 29, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba* Yoga Vanija/Visiti* Karana Chaturthyam Titau				Shanghai, China Sun 18 Sutra 165 Subhakarit 5124
	Tula Rasi: 18.41	Tithi 4	Gulika 8:46AM – 10:16AM	Svati Until 8:09AM	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	
			Yama 5:47AM – 7:16AM	Vishkamba* Until 3:19AM Fri	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 23 - 18
	Creative Work	Amrita Yoga	666165473 Rahu 1:15PM – 2:44PM	Vanija Until 3:17PM	Nataraja: Clear		3rd Phase
			Chaturthi Until 2:34AM Fri	Moon – Green		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

4	Friday, September 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China Sun 19 Sutra 166 Subhakarit 5124
	Vrischika Rasi: 2.24	Tithi 5	Gulika 7:17AM – 8:46AM	Vishakha Until 7:37AM	Ganesha: Blue	<i>Sunrise:</i> 5:47AM	
			Yama 2:44PM – 4:13PM	Priti Until 12:56AM Sat	Muruga: White	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	666165473 Rahu 10:15AM – 11:45AM	Bava Until 1:49PM	Nataraja: Clear		3rd Phase
			Panchami Until 12:58AM Sat	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

5	Saturday, October 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Shanghai, China Sun 20 Sutra 167 Subhakarit 5124
	Vrischika Rasi: 16.15	Tithi 6	Gulika 5:48AM – 7:17AM	Anuradha Until 6:41AM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	
			Yama 1:14PM – 2:43PM	Ayushman Until 10:21PM	Muruga: White	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	666165473 Rahu 8:46AM – 10:15AM	Kaulava Until 12:07PM	Nataraja: Clear		3rd Phase
			Shashthi Until 11:10PM	Moon – Orange		Bhuloka Day Devaloka Time: 6:PM to 9:PM	

6	Sunday, October 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saplamyam Titau				Shanghai, China Sun 21 Sutra 168 Subhakarit 5124
	Dhanus Rasi: 0.14	Tithi 7	Gulika 2:42PM – 4:11PM	Mula* Until 4:17AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	
			Yama 11:44AM – 1:13PM	Saubhagya Until 7:38PM	Muruga: White	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 Rahu 4:11PM – 5:40PM	Gara Until 10:13AM	Nataraja: Clear		3rd Phase
			Saptami Until 9:12PM	Moon – Light Blue		Sivaloka Day	

D	Monday, October 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtamyam Titau				Shanghai, China Sun 22 Sutra 169 Subhakarit 5124
	Retreat Star		Gulika 1:13PM – 2:41PM	Purvashadha* Until 2:52AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	
	Dhanus Rasi: 14.2	Tithi 8	Yama 10:15AM – 11:44AM	Sobhana Until 4:48PM	Muruga: Green	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 23 - 22
	Family Home Evening		687166473 Rahu 7:18AM – 8:47AM	Visti Until 8:10AM	Nataraja: Clear		Ashtami
			Ashtami Until 7:05PM	Moon – Light Blue		Sivaloka Day	

D	Tuesday, October 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Shanghai, China Sun 23 Sutra 170 Subhakarit 5124
	Retreat Star		Gulika 11:44AM – 1:12PM	Uttarashadha Until 1:12AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	
	Dhanus Rasi: 28.31	Tithi 9 – 10	Yama 8:47AM – 10:15AM	Athiganda* Until 1:51PM	Muruga: Green	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 23 - 23
	Routine Work	Prabalarishta Yoga	687166473 Rahu 2:40PM – 4:09PM	Taitila Until 3:43AM Wed	Nataraja: Clear		Navami
			Navami Until 4:50PM	Moon – Light Blue		Sivaloka Day	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1	Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Shanghai, China Sun 24 Sutra 171 Subhakrit 5124
	Makara Rasi: 12.46	Tithi 10 – 11	Gulika 10:15AM – 11:43AM	Shravana Until 11:46PM	Ganesha: Yellow <i>Sunrise:</i> 5:51AM	Muruqa: Green <i>Sunset:</i> 5:36PM	Moon 9 - Phase 24 - 24
		697166473	Yama 7:19AM – 8:47AM	Sukarma Until 10:50AM	Nataraja: Clear		4th Phase
	Creative Work	Siddha Yoga	Rahu 11:43AM – 1:11PM	Vanija Until 1:24AM Thu	Moon – Purple	Devaloka Day	
		Until 11:46PM	Vijaya Dasami	Dashami Until 2:32PM	Ashvina+Puratasi		
		Then Routine Work - Prabalarishta Yoga					

2	Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 25 Sutra 172 Subhakrit 5124
	Makara Rasi: 27.01	Tithi 11 – 12	Gulika 8:47AM – 10:15AM	Dhanishtha Until 10:14PM	Ganesha: Yellow <i>Sunrise:</i> 5:51AM	Muruqa: Green <i>Sunset:</i> 5:35PM	Moon 9 - Phase 24 - 25
		697166473	Yama 5:51AM – 7:19AM	Dhriti Until 7:50AM	Nataraja: Clear		4th Phase
	Creative Work	Siddha Yoga	Rahu 1:11PM – 2:39PM	Bava Until 11:07PM	Moon – Purple	Devaloka Day	
			Ekadashi Until 12:14PM	Ashvina+Puratasi			

3	Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 26 Sutra 173 Subhakrit 5124
	Kumbha Rasi: 11.15	Tithi 12 – 13	Gulika 7:20AM – 8:47AM	Shatabhishak Until 8:41PM	Ganesha: Yellow <i>Sunrise:</i> 5:52AM	Muruqa: Green <i>Sunset:</i> 5:34PM	Moon 9 - Phase 24 - 26
		697166473	Yama 2:38PM – 4:06PM	Ganda* Until 2:01AM Sat	Nataraja: Clear		4th Phase
	Creative Work	Siddha Yoga	Rahu 10:15AM – 11:43AM	Kaulava Until 8:58PM	Moon – Purple	Devaloka Day	
			Dvadashi Until 10:00AM	Ashvina+Puratasi			
			<i>Pradosha Vrata</i>				

4	Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 174 Subhakrit 5124
	Kumbha Rasi: 25.22	Tithi 13 – 14	Gulika 5:52AM – 7:20AM	Purvaproshtapada* Until 7:39PM	Ganesha: White <i>Sunrise:</i> 5:52AM	Muruqa: Green <i>Sunset:</i> 5:32PM	Moon 9 - Phase 24 - 27
		618166474	Yama 1:10PM – 2:37PM	Vriddhi Until 11:25PM	Nataraja: Purple		4th Phase
	Routine Work	Marana Yoga	Rahu 8:47AM – 10:15AM	Gara Until 7:04PM	Moon – Clear	Bhuloka Day	
			Trayodashi Until 7:58AM	Ashvina+Puratasi			
		Until 7:39PM	Chidambaram Abhishekam				
		Then Creative Work - Siddha Yoga					

○	Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sutra 175 Subhakrit 5124
	Copper Retreat Star		Gulika 2:37PM – 4:04PM	Uttaraproshtapada Until 6:50PM	Ganesha: White <i>Sunrise:</i> 5:53AM	Muruqa: Green <i>Sunset:</i> 5:31PM	Moon 9 - Phase 24 -
	Meena Rasi: 9.18	Tithi 14 – 15	Yama 11:42AM – 1:09PM	Dhruva Until 9:05PM	Nataraja: Purple		Purnima
		618166474	Rahu 4:04PM – 5:31PM	Bava Until 4:54AM Mon	Moon – Clear	Bhuloka Day	
			Chaturdashi* Until 6:13AM	Ashvina+Puratasi			

○	Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sutra 176 Subhakrit 5124
	Silver Retreat Star		Gulika 1:09PM – 2:36PM	Revati Until 6:21PM	Ganesha: White <i>Sunrise:</i> 5:54AM	Muruqa: Green <i>Sunset:</i> 5:30PM	Moon 9 - Phase 24 -
	Meena Rasi: 22.59	Tithi 16	Yama 10:15AM – 11:42AM	Vyaghata* Until 7:10PM	Nataraja: Purple		Prathama
		618166474	Rahu 7:21AM – 8:48AM	Balava Until 4:28PM	Moon – Clear	Bhuloka Day	
			Prathama* Until 4:07AM Tue	Ashvina+Puratasi			
		Family Home Evening					
		Creative Work	Siddha Yoga				



Tuesday, October 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashvini Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China
 Sutra 177

Mesha Rasi: 6.22 Tithi 17

628176474

Gulika 11:42AM – 1:08PM
Ashvini Until 6:45PM
Yama 8:48AM – 10:15AM
Harshana Until 5:44PM
Rahu 2:35PM – 4:02PM
Taitila Until 3:59PM

Ganesha: Yellow *Sunrise:* 5:54AM
Muruqa: White *Sunset:* 5:29PM

Moon 10 - Phase 25 -
 1st Phase

Creative Work Siddha Yoga

Dvitiya Until 3:58AM Wed

Nataraja: Purple
 Moon – White
Ashvina+Puratasi

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
 Bharani Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Shanghai, China
 Sun 1 Sutra 178

Mesha Rasi: 19.23 Tithi 18

628176474

Gulika 10:15AM – 11:41AM
Bharani Until 7:38PM
Yama 7:22AM – 8:48AM
Vajra* Until 4:47PM
Rahu 11:41AM – 1:08PM
Vanija Until 4:10PM

Ganesha: Yellow *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 5:28PM

Moon 10 - Phase 25 - 1
 1st Phase

Creative Work Siddha Yoga

Tritiya Until 4:30AM Thu

Nataraja: Purple
 Moon – White
Ashvina+Puratasi

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

Until 7:38PM
 Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
 Kritika Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Shanghai, China
 Sun 2 Sutra 179

Vrishabha Rasi: 2.06 Tithi 19

628176474

Gulika 8:48AM – 10:15AM
Kritika Until 9:01PM
Yama 5:56AM – 7:22AM
Siddhi Until 4:23PM
Rahu 1:07PM – 2:34PM
Bava Until 5:02PM

Ganesha: Yellow *Sunrise:* 5:56AM
Muruqa: White *Sunset:* 5:26PM

Moon 10 - Phase 25 - 2
 1st Phase

Routine Work Marana Yoga

Chaturthi* Until 5:41AM Fri

Nataraja: Purple
 Moon – White
Ashvina+Puratasi

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini Nakshatra Vyatipata*/Variyan Yoga Kaulava Karana Panchamyam Titau

Shanghai, China
 Sun 3 Sutra 180

Vrishabha Rasi: 14.31 Tithi 20

638176474

Gulika 7:23AM – 8:49AM
Rohini Until 11:19PM
Yama 2:33PM – 3:59PM
Vyatipata* Until 4:28PM
Rahu 10:15AM – 11:41AM
Kaulava Until 6:32PM

Ganesha: Blue *Sunrise:* 5:56AM
Muruqa: White *Sunset:* 5:25PM

Moon 10 - Phase 25 - 3
 1st Phase

Routine Work Marana Yoga

Panchami Until 7:27AM Sat

Nataraja: Purple
 Moon – Yellow
Ashvina+Puratasi

Bhuloka Day

Until 11:19PM
 Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
 Mrigashira Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China
 Sun 4 Sutra 181

Vrishabha Rasi: 26.41 Tithi 20 – 21

639176474

Gulika 5:57AM – 7:23AM
Mrigashira Until 1:55AM Sun
Yama 1:06PM – 3:32PM
Variyan Until 4:56PM
Rahu 8:49AM – 10:15AM
Gara Until 8:32PM

Ganesha: Red *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 5:24PM

Moon 10 - Phase 25 - 4
 1st Phase

Creative Work Siddha Yoga

Panchami Until 7:27AM

Nataraja: Purple
 Moon – Yellow
Ashvina+Puratasi

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shanghai, China
 Sun 5 Sutra 182

Mithuna Rasi: 8.41 Tithi 21 – 22

639176474

Gulika 2:32PM – 3:57PM
Ardra Until 4:37AM Mon
Yama 11:40AM – 1:06PM
Parigha* Until 5:40PM
Rahu 3:57PM – 5:23PM
Visti Until 10:52PM

Ganesha: Red *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 5:23PM

Moon 10 - Phase 25 - 5
 1st Phase

Creative Work Siddha Yoga

Shashthi* Until 9:39AM

Nataraja: Purple
 Moon – Yellow
Ashvina+Puratasi

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

Until 4:37AM Mon
 Then Creative Work - Amrita Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Punarvasu Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China
 Sun 6 Sutra 183

Mithuna Rasi: 20.35 Tithi 22 – 23

649176474

Gulika 1:06PM – 2:31PM
Punarvasu Until 7:42AM Tue
Yama 10:15AM – 11:40AM
Shiva Until 6:32PM
Rahu 7:24AM – 8:49AM
Balava Until 1:18AM Tue

Ganesha: Green *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 5:22PM

Moon 10 - Phase 25 - 6
 Ashtami

Creative Work Amrita Yoga

Saptami Until 12:04PM

Nataraja: Purple
 Moon – Blue
Ashvina+Puratasi

Devaloka Day

Until 7:42AM Tue
 Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China
 Sun 7 Sutra 184

Kataka Rasi: 2.29 Tithi 23 – 24

649176474

Gulika 11:40AM – 1:05PM
Punarvasu Until 7:42AM
Yama 8:50AM – 10:15AM
Siddha Until 7:20PM
Rahu 2:30PM – 3:56PM
Taitila Until 3:39AM Wed

Ganesha: Green *Sunrise:* 5:59AM
Muruqa: White *Sunset:* 5:21PM

Moon 10 - Phase 25 - 7
 Navami

Creative Work Siddha Yoga

Ashtami* Until 2:29PM

Nataraja: Purple
 Moon – Blue
Ashvina+Puratasi

Devaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

all times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Shanghai, China
	Kataka Rasi: 14.25	Tithi 24 – 25	Gulika 10:15AM – 11:40AM	Pushya Until 10:29AM	Ganesha: Green	<i>Sunrise:</i> 6:00AM	Sun 8 Sutra 185
	649176474	Rahu 11:40AM – 1:05PM	Yama 7:25AM – 8:50AM	Sadhya Until 7:58PM	Muruqa: White	<i>Sunset:</i> 5:20PM	Subhakrit 5124
Creative Work	Siddha Yoga		Vanija Until 5:42AM Thu	Nataraja: Purple		Moon 10 - Phase 26 - 8	
			Navami* Until 4:42PM	Moon – Blue		2nd Phase	
				Ashvina•Aipasi		Devaloka Day	


2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha Yoga Visti* Karana Dashamyam Titau				Shanghai, China
	Kataka Rasi: 26.28	Tithi 25	Gulika 8:50AM – 10:15AM	Ashlesha* Until 12:47PM	Ganesha: Red	<i>Sunrise:</i> 6:01AM	Sun 9 Sutra 186
	649276474	Rahu 1:04PM – 2:29PM	Yama 6:01AM – 7:25AM	Subha Until 8:19PM	Muruqa: White	<i>Sunset:</i> 5:19PM	Subhakrit 5124
Creative Work	Siddha Yoga		Visti Until 6:32PM	Nataraja: Purple		Moon 10 - Phase 26 - 9	
Until 12:47PM			Dashami Until 6:32PM	Moon – Blue		2nd Phase	
Then Creative Work - Amrita Yoga				Ashvina•Aipasi		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China
	Simha Rasi: 8.43	Tithi 26	Gulika 7:26AM – 8:50AM	Magha* Until 2:55PM	Ganesha: Green	<i>Sunrise:</i> 6:01AM	Sun 10 Sutra 187
	659276474	Rahu 10:15AM – 11:39AM	Yama 2:28PM – 3:53PM	Sukla Until 8:13PM	Muruqa: White	<i>Sunset:</i> 5:17PM	Subhakrit 5124
Routine Work	Marana Yoga		Bava Until 7:17AM	Nataraja: Purple		Moon 10 - Phase 26 - 10	
Until 2:55PM			Ekadashi* Until 7:51PM	Moon – Red		2nd Phase	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi		Bhuloka Day	

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China
	Simha Rasi: 21.12	Tithi 27	Gulika 6:02AM – 7:26AM	Purvaphalguni Until 4:18PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	Sun 11 Sutra 188
	659276474	Rahu 8:51AM – 10:15AM	Yama 1:04PM – 2:28PM	Brahma Until 7:39PM	Muruqa: White	<i>Sunset:</i> 5:16PM	Subhakrit 5124
Creative Work	Siddha Yoga		Kaulava Until 8:18AM	Nataraja: Purple		Moon 10 - Phase 26 - 11	
Until 4:18PM			Dvadashi* Until 8:33PM	Moon – Red		2nd Phase	
Then Routine Work - Marana Yoga				Ashvina•Aipasi		Bhuloka Day	

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China
	Kanya Rasi: 3.59	Tithi 28	Gulika 2:27PM – 3:51PM	Uttaraphalguni Until 4:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:03AM	Sun 12 Sutra 189
	651276474	Rahu 3:51PM – 5:15PM	Yama 11:39AM – 1:03PM	Indra Until 6:37PM	Muruqa: White	<i>Sunset:</i> 5:15PM	Subhakrit 5124
Creative Work	Amrita Yoga		Gara Until 8:40AM	Nataraja: Purple		Moon 10 - Phase 26 - 12	
Until 5:13PM			Trayodashi* Until 8:35PM	Moon – Red		2nd Phase	
Then Routine Work - Prabalarishta Yoga				Ashvina•Aipasi		Bhuloka Day	
						<i>Pradosha Vrata (Fasting)</i>	

6	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China
	Kanya Rasi: 17.05	Tithi 29	Gulika 1:03PM – 2:27PM	Hasta Until 5:13PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:04AM	Sun 13 Sutra 190
	661276474	Rahu 7:27AM – 8:51AM	Yama 10:15AM – 11:39AM	Vaidhriti* Until 5:02PM	Muruqa: White	<i>Sunset:</i> 5:14PM	Subhakrit 5124
Family Home Evening	Siddha Yoga		Visti Until 8:23AM	Nataraja: Purple		Moon 10 - Phase 26 - 13	
Until 5:13PM			Chaturdashi* Until 8:00PM	Moon – Green		2nd Phase	
Then Routine Work - Prabalarishta Yoga				Ashvina•Aipasi		Bhuloka Day	
						Deepavali Hindu Solidarity Day	

	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China
	Tula Rasi: 0.31	Tithi 30	Gulika 11:39AM – 1:02PM	Chitra Until 4:47PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:04AM	Sun 14 Sutra 191
	661276474	Rahu 2:26PM – 3:50PM	Yama 8:52AM – 10:15AM	Vishkambha* Until 3:01PM	Muruqa: White	<i>Sunset:</i> 5:13PM	Subhakrit 5124
Creative Work	Siddha Yoga		Catuspada Until 7:30AM	Nataraja: Purple		Moon 10 - Phase 26 - 14	
			Amavasya* Until 6:50PM	Moon – Green		Amavasya	
				Ashvina•Aipasi		Bhuloka Day	
			Subramuniyaswami Mahasamadhi				

Retreat Star	Wednesday, October 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China
	Tula Rasi: 14.15	Tithi 1 – 2	Gulika 10:15AM – 11:39AM	Svati Until 3:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:05AM	Sun 15 Sutra 192
	661276474	Rahu 11:39AM – 1:02PM	Yama 7:28AM – 8:52AM	Priti Until 12:37PM	Muruqa: White	<i>Sunset:</i> 5:12PM	Subhakrit 5124
Creative Work	Siddha Yoga		Kintughna Until 6:06AM	Nataraja: Purple		Moon 10 - Phase 26 - 15	
			Prathama* Until 5:13PM	Moon – Green		Prathama	
				Karttika•Aipasi		Bhuloka Day	
			Skanda Shasthi Begins				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1 Thursday, October 27, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shanghai, China
 Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 193
 Tula Rasi: 28.14 Tithi 2 - 3 **Gulika 8:52AM - 10:15AM Vishakha Until 2:38PM Ganesha: Purple Sunrise: 6:06AM**
 671276574 Yama 6:06AM - 7:29AM **Ayushman Until 9:54AM Muruga: Clear Sunset: 5:11PM** Moon 10 - Phase 27 - 16
 Rahu 1:02PM - 2:25PM Taitila Until 2:09AM Fri **Nataraja: Clear** 3rd Phase
 Creative Work Siddha Yoga **Dvitiya Until 3:13PM Moon - Orange**
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2 Friday, October 28, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shanghai, China
 Anuradha/Jyeshtha Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau Sun 17 Sutra 194
 Vrishika Rasi: 12.25 Tithi 3 - 4 **Gulika 7:30AM - 8:53AM Anuradha Until 1:07PM Ganesha: Purple Sunrise: 6:07AM**
 671276574 Yama 2:25PM - 3:48PM **Saubhagya Until 6:57AM Muruga: Clear Sunset: 5:10PM** Moon 10 - Phase 27 - 17
 Rahu 10:16AM - 11:39AM **Vanija Until 11:50PM Nataraja: Clear** 3rd Phase
 Creative Work Siddha Yoga **Tritiya Until 1:00PM Moon - Orange**
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
 Then Routine Work - Marana Yoga **Karttika-Aipasi**

3 Saturday, October 29, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shanghai, China
 Jyeshtha/Mula Nakshatra Athiganda Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 195
 Vrishika Rasi: 26.43 Tithi 4 - 5 **Gulika 6:07AM - 7:30AM Jyeshtha* Until 11:21AM Ganesha: Purple Sunrise: 6:07AM**
 671276574 Yama 1:01PM - 2:24PM **Athiganda* Until 12:45AM Sun Muruga: Clear Sunset: 5:10PM** Moon 10 - Phase 27 - 18
 Rahu 8:53AM - 10:16AM **Bava Until 9:27PM Nataraja: Clear** 3rd Phase
 Creative Work Siddha Yoga **Chaturthi* Until 10:38AM Moon - Orange**
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4 Sunday, October 30, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shanghai, China
 Mula/Purvashadha Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 196
 Dhanus Rasi: 11.03 Tithi 5 - 6 **Gulika 2:24PM - 3:46PM Mula* Until 9:49AM Ganesha: Clear Sunrise: 6:08AM**
 681276574 Yama 11:38AM - 1:01PM **Sukarma Until 9:39PM Muruga: Clear Sunset: 5:09PM** Moon 10 - Phase 27 - 19
 Rahu 3:46PM - 5:09PM **Kaulava Until 7:03PM Nataraja: Clear** 3rd Phase
 Creative Work Amrita Yoga **Skanda Shasthi Panchami Until 8:14AM Moon - Light Blue**
Devaloka Day
 Then Creative Work - Siddha Yoga **Karttika-Aipasi**

5 Monday, October 31, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shanghai, China
 Purvashadha/Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 197
 Dhanus Rasi: 25.21 Tithi 7 **Gulika 1:01PM - 2:23PM Purvashadha* Until 8:11AM Ganesha: Clear Sunrise: 6:09AM**
 681276574 Yama 10:16AM - 11:38AM **Dhriti Until 6:37PM Muruga: Clear Sunset: 5:08PM** Moon 10 - Phase 27 - 20
Family Home Evening Rahu 7:31AM - 8:54AM **Gara Until 4:45PM Nataraja: Clear** 3rd Phase
 Routine Work Marana Yoga **Saptami Until 3:38AM Tue Moon - Light Blue**
Devaloka Day
Karttika-Aipasi

Tuesday, November 1, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shanghai, China
 Uttarakshadha/Shravana Nakshatra Shula/Ganda Yoga Visti/Bava Karana Ashtamyam Titau Sun 21 Sutra 198
 Makara Rasi: 9.35 Tithi 8 **Gulika 11:38AM - 1:00PM Uttarakshadha Until 6:33AM Ganesha: Clear Sunrise: 6:10AM**
 681276574 Yama 8:54AM - 10:16AM **Shula* Until 3:41PM Muruga: Clear Sunset: 5:07PM** Moon 10 - Phase 27 - 21
 Rahu 2:23PM - 3:45PM **Visti Until 2:35PM Nataraja: Clear** Ashtami
 Routine Work Prabalarishta Yoga **Ashtami* Until 1:33AM Wed Moon - Light Blue**
Devaloka Day
 Then Creative Work - Siddha Yoga **Karttika-Aipasi**

Wednesday, November 2, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shanghai, China
 Dhanishtha Nakshatra Ganda/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 199
 Makara Rasi: 23.42 Tithi 9 **Gulika 10:16AM - 11:38AM Dhanishtha Until 4:14AM Thu Ganesha: Green Sunrise: 6:10AM**
 692276574 Yama 7:32AM - 8:54AM **Ganda* Until 12:55PM Muruga: Clear Sunset: 5:06PM** Moon 10 - Phase 27 - 22
 Rahu 11:38AM - 1:00PM **Balava Until 12:37PM Nataraja: Clear** Navami
 Routine Work Prabalarishta Yoga **Navami* Until 11:41PM Moon - Purple**
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
 Then Creative Work - Siddha Yoga **Karttika-Aipasi**

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 200 Subhakrit 5124	
	Kumbha Rasi: 7.41	Tithi 10	Gulika 8:55AM – 10:17AM	Shatabhishak Until 3:12AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:11AM		
			Yama 6:11AM – 7:33AM	Vriddhi Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28 - 23	
	Creative Work	Siddha Yoga	692276574 Rahu 1:00PM – 2:22PM	Taitila Until 10:51AM	Nataraja: Clear		4th Phase	
			Dashami Until 10:03PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 201 Subhakrit 5124	
	Kumbha Rasi: 21.31	Tithi 11	Gulika 7:34AM – 8:55AM	Purvaproshtapada* Until 2:44AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:12AM		
			Yama 2:21PM – 3:43PM	Dhruva Until 7:56AM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 - 24	
	Creative Work	Siddha Yoga	612276574 Rahu 10:17AM – 11:38AM	Vanija Until 9:22AM	Nataraja: Clear		4th Phase	
			Ekadashi Until 8:42PM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 202 Subhakrit 5124	
	Meena Rasi: 5.1	Tithi 12	Gulika 6:13AM – 7:34AM	Uttaraproshtapada Until 2:28AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:13AM		
			Yama 1:00PM – 2:21PM	Harshana Until 3:54AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 - 25	
	Creative Work	Siddha Yoga	612276574 Rahu 8:56AM – 10:17AM	Bava Until 8:10AM	Nataraja: Clear		4th Phase	
			Dvadashi Until 7:40PM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 203 Subhakrit 5124	
	Meena Rasi: 18.37	Tithi 13	Gulika 2:21PM – 3:42PM	Revati Until 2:25AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:14AM		
			Yama 11:38AM – 12:59PM	Vajra* Until 2:18AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28 - 26	
	Creative Work	Amrita Yoga	612276574 Rahu 3:42PM – 5:03PM	Kaulava Until 7:19AM	Nataraja: Clear		4th Phase	
			Trayodashi Until 7:01PM	Moon – Clear		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

5	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 204 Subhakrit 5124	
	Mesha Rasi: 1.52	Tithi 14	Gulika 12:59PM – 2:20PM	Ashvini Until 3:07AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:15AM		
	Family Home Evening		Yama 10:17AM – 11:38AM	Siddhi Until 1:05AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28 - 27	
	Creative Work	Siddha Yoga	722276574 Rahu 7:36AM – 8:56AM	Gara Until 6:52AM	Nataraja: Clear		4th Phase	
			Chaturdashi* Until 6:47PM	Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visli*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 205 Subhakrit 5124	
	Copper Retreat Star		Gulika 11:38AM – 12:59PM	Bharani Until 4:08AM Wed	Ganesha: Blue	<i>Sunrise:</i> 6:15AM		
	Mesha Rasi: 14.52	Tithi 15	Yama 8:57AM – 10:18AM	Vyatipata* Until 12:14AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28 - Purnima	
	Creative Work	Siddha Yoga	722276574 Rahu 2:20PM – 3:41PM	Visti Until 6:52AM	Nataraja: Clear		4th Phase	
			Purnima* Until 7:02PM	Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

	Wednesday, November 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sutra 206 Subhakrit 5124	
	Silver Retreat Star		Gulika 10:18AM – 11:38AM	Krittika Until 5:29AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:16AM		
	Mesha Rasi: 27.38	Tithi 16	Yama 7:37AM – 8:57AM	Variyan Until 11:46PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28 - Prathama	
	Creative Work	Amrita Yoga	722276574 Rahu 11:38AM – 12:59PM	Balava Until 7:23AM	Nataraja: Clear		4th Phase	
			Prathama* Until 7:49PM	Moon – White		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang



Thursday, November 10, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China

Sun 1 Sutra 207

Subhakarit 5124

Vrishabha Rasi: 10.1 Tithi 17

732276574

Gulika 8:58AM – 10:18AM
Yama 6:17AM – 7:37AM
Rahu 12:59PM – 2:19PM

Rohini Until 7:39AM Fri
Parigha* Until 11:42PM
Taitila Until 8:25AM
Dvitiya Until 9:06PM

Ganesha: Red *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 5:00PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:39AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 11, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Shanghai, China

Sun 2 Sutra 208

Subhakarit 5124

Vrishabha Rasi: 22.29 Tithi 18

732276574

Gulika 7:38AM – 8:58AM
Yama 2:19PM – 3:39PM
Rahu 10:18AM – 11:39AM

Rohini Until 7:39AM
Shiva Until 12:00AM Sat
Vanija Until 9:56AM
Tritiya Until 10:51PM

Ganesha: Red *Sunrise:* 6:18AM
Muruqa: Clear *Sunset:* 4:59PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 2
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:39AM

Then Creative Work - Siddha Yoga

2

Saturday, November 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 3 Sutra 209

Subhakarit 5124

Mithuna Rasi: 4.37 Tithi 19

732276574

Gulika 6:19AM – 7:39AM
Yama 12:59PM – 2:19PM
Rahu 8:59AM – 10:19AM

Mrigashira Until 10:05AM
Siddha Until 12:34AM Sun
Bava Until 11:55AM
Chaturthi* Until 1:00AM Sun

Ganesha: Red *Sunrise:* 6:19AM
Muruqa: Clear *Sunset:* 4:59PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Sunday, November 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 4 Sutra 210

Subhakarit 5124

Mithuna Rasi: 16.36 Tithi 20

732276574

Gulika 2:19PM – 3:38PM
Yama 11:39AM – 12:59PM
Rahu 3:38PM – 4:58PM

Ardra Until 12:39PM
Sadhya Until 1:19AM Mon
Kaulava Until 2:12PM
Panchami Until 3:24AM Mon

Ganesha: Red *Sunrise:* 6:20AM
Muruqa: Clear *Sunset:* 4:58PM
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 4
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Monday, November 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 5 Sutra 211

Subhakarit 5124

Mithuna Rasi: 28.3 Tithi 21

742376574

Gulika 12:59PM – 2:18PM
Yama 10:19AM – 11:39AM
Rahu 7:40AM – 9:00AM

Punarvasu Until 3:45PM
Subha Until 2:11AM Tue
Gara Until 4:41PM
Shashthi* Until 5:54AM Tue

Ganesha: White *Sunrise:* 6:20AM
Muruqa: Clear *Sunset:* 4:58PM
Nataraja: Clear
Moon – Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 5
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 3:45PM

Then Creative Work - Siddha Yoga

5

Tuesday, November 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Visti* Karana Saptamyam Titau

Shanghai, China

Sun 6 Sutra 212

Subhakarit 5124

Kataka Rasi: 10.23 Tithi 22

742376574

Gulika 11:39AM – 12:59PM
Yama 9:00AM – 10:20AM
Rahu 2:18PM – 3:38PM

Pushya Until 6:40PM
Sukla Until 2:57AM Wed
Visti Until 7:09PM
Saptami Until 8:18AM Wed

Ganesha: White *Sunrise:* 6:21AM
Muruqa: Clear *Sunset:* 4:57PM
Nataraja: Clear
Moon – Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 213

Subhakarit 5124

Kataka Rasi: 22.17 Tithi 22 – 23

743376574

Gulika 10:20AM – 11:39AM
Yama 7:42AM – 9:01AM
Rahu 11:39AM – 12:59PM

Ashlesha* Until 9:15PM
Brahma Until 3:33AM Thu
Balava Until 9:26PM
Saptami Until 8:18AM

Ganesha: Green *Sunrise:* 6:22AM
Muruqa: Clear *Sunset:* 4:57PM
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Moon 11 - Phase 29 - 7
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 8 Sutra 214

Subhakarit 5124

Simha Rasi: 4.19 Tithi 23 – 24

753376575

Gulika 9:01AM – 10:20AM
Yama 6:23AM – 7:42AM
Rahu 12:59PM – 2:18PM

Magha* Until 11:47PM
Indra Until 3:49AM Fri
Taitila Until 11:19PM
Ashtami* Until 10:24AM

Ganesha: Orange *Sunrise:* 6:23AM
Muruqa: Clear *Sunset:* 4:56PM
Nataraja: Purple
Moon – Red
Kartika-Kartikai

Moon 11 - Phase 29 - 8
Navami

Sivaloka Day

Creative Work Amrita Yoga

Until 11:47PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam		Shanghai, China	
				Purvaphalguni Nakshatra Vaidhrili* Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Sun 9 Sutra 215	
Simha Rasi: 16.31	Tithi 24 – 25	Gulika 7:43AM – 9:02AM	Purvaphalguni Until 1:35AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:24AM	Subhakrit 5124	
		Yama 2:18PM – 3:37PM	Vaidhrili* Until 3:37AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 30 - 9	
	753376575	Rahu 10:21AM – 11:40AM	Vanija Until 12:37AM Sat	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 12:01PM	Moon – Red		Sivaloka Day	
Until 1:35AM Sat				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam		Shanghai, China	
				Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10 Sutra 216	
Simha Rasi: 28.58	Tithi 25 – 26	Gulika 6:25AM – 7:44AM	Uttaraphalguni Until 2:34AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:25AM	Subhakrit 5124	
		Yama 12:59PM – 2:18PM	Vishkambha* Until 2:53AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 11 - Phase 30 - 10	
	753376575	Rahu 9:02AM – 10:21AM	Bava Until 1:13AM Sun	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 1:00PM	Moon – Red		Sivaloka Day	
Until 2:34AM Sun				Karttika-Karttikai			
Then Creative Work - Amrita Yoga							

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Shanghai, China	
				Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11 Sutra 217	
Kanya Rasi: 11.45	Tithi 26 – 27	Gulika 2:18PM – 3:36PM	Hasta Until 3:07AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:26AM	Subhakrit 5124	
		Yama 11:40AM – 12:59PM	Priti Until 1:33AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 30 - 11	
	763376575	Rahu 3:36PM – 4:55PM	Kaulava Until 1:03AM Mon	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 1:13PM	Moon – Green		Devaloka Day	
Until 3:07AM Mon				Karttika-Karttikai			
Then Routine Work - Prabalarishta Yoga							

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam		Shanghai, China	
				Chitra Nakshatra Ayushman Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 218	
Kanya Rasi: 24.56	Tithi 27 – 28	Gulika 12:59PM – 2:17PM	Chitra Until 2:45AM Tue	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM	Subhakrit 5124	
Family Home Evening		Yama 10:22AM – 11:40AM	Ayushman Until 11:36PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 30 - 12	
	763376575	Rahu 7:45AM – 9:03AM	Gara Until 12:07AM Tue	Nataraja: Purple		2nd Phase	
Routine Work	Prabalarishta Yoga		Dvadashi* Until 12:40PM	Moon – Green		Devaloka Day	
Until 2:45AM Tue				Karttika-Karttikai			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam		Shanghai, China	
				Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 219	
Tula Rasi: 8.31	Tithi 28 – 29	Gulika 11:41AM – 12:59PM	Svati Until 1:34AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM	Subhakrit 5124	
		Yama 9:04AM – 10:22AM	Saubhagya Until 9:07PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 30 - 13	
	763376575	Rahu 2:17PM – 3:36PM	Visti Until 10:30PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 11:22AM	Moon – Green		Devaloka Day	
				Karttika-Karttikai			

Retreat Star		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam		Shanghai, China	
				Vishakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 220	
Tula Rasi: 22.31	Tithi 29 – 30	Gulika 10:23AM – 11:41AM	Vishakha Until 12:07AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Subhakrit 5124	
		Yama 7:46AM – 9:05AM	Sobhana Until 6:09PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 30 - 14	
	773376575	Rahu 11:41AM – 12:59PM	Catuspada Until 8:16PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:26AM	Moon – Orange		Devaloka Day	
				Karttika-Karttikai			

Retreat Star		Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam		Shanghai, China	
				Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 15 Sutra 221	
Vrischika Rasi: 6.52	Tithi 30 – 1	Gulika 9:05AM – 10:23AM	Anuradha Until 10:06PM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Subhakrit 5124	
		Yama 6:29AM – 7:47AM	Athiganda* Until 2:48PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 30 - 15	
	773376575	Rahu 12:59PM – 2:17PM	Bava Until 4:08AM Fri	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 6:58AM	Moon – Orange		Devaloka Day	
Until 10:06PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau			Shanghai, China Sun 16 Sutra 222	
Vrischika Rasi: 21.29	Tithi 2	Gulika 7:48AM – 9:06AM	Jyeshtha* Until 7:41PM	Ganesha: Purple	Sunrise: 6:30AM	Muruqa: Clear	Sunset: 4:53PM	Moon 11 - Phase 31 - 16 3rd Phase
Routine Work	Marana Yoga	Yama 2:17PM – 3:35PM	Sukarma Until 11:11AM	Nataraja: Purple		Moon – Orange		Devaloka Day
Until 7:41PM		Rahu 10:24AM – 11:42AM	Balava Until 2:39PM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga								
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*Purvashadha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau			Shanghai, China Sun 17 Sutra 223	
Dhanus Rasi: 6.16	Tithi 3	Gulika 6:31AM – 7:49AM	Mula* Until 5:26PM	Ganesha: Light Blue	Sunrise: 6:31AM	Muruqa: Clear	Sunset: 4:53PM	Moon 11 - Phase 31 - 17 3rd Phase
Routine Work	Marana Yoga	Yama 1:00PM – 2:17PM	Dhriti Until 7:27AM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 7:41PM		Rahu 9:06AM – 10:24AM	Taitila Until 11:32AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga								
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau			Shanghai, China Sun 18 Sutra 224	
Dhanus Rasi: 21.04	Tithi 4	Gulika 2:17PM – 3:35PM	Purvashadha* Until 3:06PM	Ganesha: Light Blue	Sunrise: 6:32AM	Muruqa: Clear	Sunset: 4:53PM	Moon 11 - Phase 31 - 18 3rd Phase
Routine Work	Marana Yoga	Yama 11:42AM – 1:00PM	Ganda* Until 12:00AM Mon	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Until 3:06PM		Rahu 3:35PM – 4:53PM	Vanija Until 8:26AM	Margasira-Karttikai				
Then Creative Work - Amrita Yoga								
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Shanghai, China Sun 19 Sutra 225	
Makara Rasi: 5.46	Tithi 5 – 6	Gulika 1:00PM – 2:18PM	Uttarashadha Until 12:49PM	Ganesha: Light Blue	Sunrise: 6:32AM	Muruqa: Clear	Sunset: 4:53PM	Moon 11 - Phase 31 - 19 3rd Phase
Family Home Evening		Yama 10:25AM – 11:43AM	Vriddhi Until 8:32PM	Nataraja: Purple		Moon – Light Blue		Devaloka Day
Routine Work	Marana Yoga	Rahu 7:50AM – 9:08AM	Kaulava Until 2:47AM Tue	Margasira-Karttikai				
Until 12:49PM			Panchami Until 4:04PM					
Then Creative Work - Amrita Yoga								
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Shanghai, China Sun 20 Sutra 226	
Makara Rasi: 20.16	Tithi 6 – 7	Gulika 11:43AM – 1:00PM	Shravana Until 11:06AM	Ganesha: Orange	Sunrise: 6:33AM	Muruqa: Clear	Sunset: 4:52PM	Moon 11 - Phase 31 - 20 3rd Phase
Routine Work	Marana Yoga	Yama 9:08AM – 10:25AM	Dhruva Until 5:20PM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 9:39AM		Rahu 2:18PM – 3:35PM	Gara Until 12:28AM Wed	Margasira-Karttikai				
Then Creative Work - Siddha Yoga								
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Shanghai, China Sun 21 Sutra 227	
Kumbha Rasi: 4.31	Tithi 7 – 8	Gulika 10:26AM – 11:43AM	Dhanishtha Until 9:39AM	Ganesha: Clear	Sunrise: 6:34AM	Muruqa: Clear	Sunset: 4:52PM	Moon 11 - Phase 31 - 21 Ashtami
Routine Work	Prabalarishta Yoga	Yama 7:51AM – 9:09AM	Vyaghata* Until 2:29PM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 9:39AM		Rahu 11:43AM – 1:01PM	Visti Until 10:37PM	Margasira-Karttikai				
Then Creative Work - Siddha Yoga								
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Shanghai, China Sun 22 Sutra 228	
Kumbha Rasi: 18.27	Tithi 8 – 9	Gulika 9:09AM – 10:26AM	Shatabhishak Until 8:32AM	Ganesha: Clear	Sunrise: 6:35AM	Muruqa: Clear	Sunset: 4:52PM	Moon 11 - Phase 31 - 22 Navami
Routine Work	Marana Yoga	Yama 6:35AM – 7:52AM	Harshana Until 12:02PM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Until 9:39AM		Rahu 1:01PM – 2:18PM	Balava Until 9:15PM	Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1		Friday, December 2, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Shanghai, China Sun 23 Sutra 229	
Meena Rasi: 2.05	Tithi 9 – 10	Gulika 7:53AM – 9:10AM	Purvaprosarthapada* Until 8:12AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM			Subhakrit 5124	
		Yama 2:18PM – 3:35PM	Vajra* Until 9:57AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 32 - 23	
		714376575 Rahu 10:27AM – 11:44AM	Taitila Until 8:25PM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Navami* Until 8:45AM	Moon – Clear				Sivaloka Day	
				Margasira-Karttikai					

2		Saturday, December 3, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Siddhi/Vyatiyata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 24 Sutra 230	
Meena Rasi: 15.25	Tithi 10 – 11	Gulika 6:37AM – 7:54AM	Uttaraprosarthapada Until 8:14AM	Ganesha: Red	<i>Sunrise:</i> 6:37AM			Subhakrit 5124	
		Yama 1:01PM – 2:18PM	Siddhi Until 8:18AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 32 - 24	
		714376575 Rahu 9:10AM – 10:27AM	Vanija Until 8:05PM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Dashami Until 8:10AM	Moon – Clear				Sivaloka Day	
Until 8:14AM		Gita Jayanthi		Margasira-Karttikai					
Then Routine Work - Prabararishta Yoga									

3		Sunday, December 4, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 25 Sutra 231	
Meena Rasi: 28.3	Tithi 11 – 12	Gulika 2:18PM – 3:35PM	Revati Until 8:37AM	Ganesha: Red	<i>Sunrise:</i> 6:37AM			Subhakrit 5124	
		Yama 11:45AM – 1:02PM	Vyatipata* Until 7:04AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 32 - 25	
		714376575 Rahu 3:35PM – 4:52PM	Bava Until 8:15PM	Nataraja: Purple				4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 8:06AM	Moon – Clear				Sivaloka Day	
Until 8:37AM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

4		Monday, December 5, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 26 Sutra 232	
Mesha Rasi: 11.2	Tithi 12 – 13	Gulika 1:02PM – 2:19PM	Ashvini Until 9:45AM	Ganesha: Blue	<i>Sunrise:</i> 6:38AM			Subhakrit 5124	
Family Home Evening		Yama 10:28AM – 11:45AM	Varyan Until 6:10AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 32 - 26	
		724376575 Rahu 7:55AM – 9:12AM	Kaulava Until 8:53PM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 8:30AM	Moon – White				Devaloka Day	
				Margasira-Karttikai					
				<i>Pradosha Vrata</i>					

5		Tuesday, December 6, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Shanghai, China Sun 27 Sutra 233	
Mesha Rasi: 23.58	Tithi 13 – 14	Gulika 11:46AM – 1:02PM	Bharani Until 11:09AM	Ganesha: Blue	<i>Sunrise:</i> 6:39AM			Subhakrit 5124	
		Yama 9:12AM – 10:29AM	Shiva Until 5:23AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 32 - 27	
		724376575 Rahu 2:19PM – 3:36PM	Gara Until 9:56PM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 9:20AM	Moon – White				Devaloka Day	
		Krittika Deepam		Margasira-Karttikai					

○		Wednesday, December 7, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Shanghai, China Sutra 234	
Copper Retreat Star		Gulika 10:29AM – 11:46AM	Krittika Until 12:47PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM			Subhakrit 5124	
Vrishabha Rasi: 6.25	Tithi 14 – 15	Yama 7:56AM – 9:13AM	Siddha Until 5:25AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 32 - Purnima	
		724376575 Rahu 11:46AM – 1:03PM	Visti Until 11:22PM	Nataraja: Purple					
Creative Work	Amrita Yoga		Chaturdashi* Until 10:35AM	Moon – White				Devaloka Day	
Until 12:47PM				Margasira-Karttikai					
Then Creative Work - Siddha Yoga									

○		Thursday, December 8, 2022				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Shanghai, China Sutra 235	
Silver Retreat Star		Gulika 9:13AM – 10:30AM	Rohini Until 3:05PM	Ganesha: Yellow	<i>Sunrise:</i> 6:40AM			Subhakrit 5124	
Vrishabha Rasi: 18.43	Tithi 15 – 16	Yama 6:40AM – 7:57AM	Sadhya Until 5:43AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 11 - Phase 32 - Prathama	
		734376575 Rahu 1:03PM – 2:19PM	Balava Until 1:10AM Fri	Nataraja: Purple					
Routine Work	Marana Yoga		Purnima* Until 12:12PM	Moon – Yellow				Sivaloka Day	
				Margasira-Karttikai					
		Vinayaga Viratam Begins							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

Shanghai, China

Sutra 236

Subhakrit 5124

Mithuna Rasi: 0.52 Tithi 16 - 17

734476575

Gulika 7:58AM - 9:14AM
Yama 2:20PM - 3:36PM
Rahu 10:30AM - 11:47AM

Mrigashira Until 5:32PM
Subha Until 6:14AM Sat
Tailita Until 3:15AM Sat
Prathama* Until 2:09PM

Ganesha: Red *Sunrise:* 6:41AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Moon 12 - Phase 33 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 237

Subhakrit 5124

Mithuna Rasi: 12.54 Tithi 17 - 18

734476575

Gulika 6:42AM - 7:58AM
Yama 1:04PM - 2:20PM
Rahu 9:15AM - 10:31AM

Ardra Until 8:03PM
Subha Until 6:14AM
Vanija Until 5:35AM Sun
Dvitiya Until 4:22PM

Ganesha: Red *Sunrise:* 6:42AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Moon 12 - Phase 33 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Brahma/Sukla/Brahma Yoga Visti* Karana Tritiyayam Titau

Shanghai, China

Sun 2 Sutra 238

Subhakrit 5124

Mithuna Rasi: 24.51 Tithi 18

744476575

Gulika 2:20PM - 3:37PM
Yama 11:48AM - 1:04PM
Rahu 3:37PM - 4:53PM

Punarvasu Until 11:06PM
Sukla Until 6:54AM
Visti Until 6:47PM
Tritiya Until 6:47PM

Ganesha: Green *Sunrise:* 6:43AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 2nd Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Brahma/Indra Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 3 Sutra 239

Subhakrit 5124

Kataka Rasi: 6.44 Tithi 19

745476575

Gulika 1:05PM - 2:21PM
Yama 10:32AM - 11:48AM
Rahu 8:00AM - 9:16AM

Pushya Until 2:03AM Tue
Brahma Until 7:42AM
Bava Until 8:04AM
Chaturthi* Until 9:19PM

Ganesha: White *Sunrise:* 6:43AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 3rd Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailita Karana Panchamyam Titau

Shanghai, China

Sun 4 Sutra 240

Subhakrit 5124

Kataka Rasi: 18.37 Tithi 20

745476575

Gulika 11:49AM - 1:05PM
Yama 9:16AM - 10:33AM
Rahu 2:21PM - 3:37PM

Ashlesha* Until 4:48AM Wed
Indra Until 8:33AM
Kaulava Until 10:36AM
Panchami Until 11:49PM

Ganesha: White *Sunrise:* 6:44AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 4th Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 5 Sutra 241

Subhakrit 5124

Simha Rasi: 0.3 Tithi 21

755476575

Gulika 10:33AM - 11:49AM
Yama 8:01AM - 9:17AM
Rahu 11:49AM - 1:05PM

Magha* Until 7:42AM Thu
Vaidhriti* Until 9:19AM
Gara Until 1:03PM
Shashthi* Until 2:10AM Thu

Ganesha: Clear *Sunrise:* 6:45AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Moon 12 - Phase 33 - 5th Phase

Sivaloka Day

Creative Work Siddha Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 6 Sutra 242

Subhakrit 5124

Simha Rasi: 12.28 Tithi 22

755476575

Gulika 9:18AM - 10:34AM
Yama 6:45AM - 8:01AM
Rahu 1:06PM - 2:22PM

Magha* Until 7:42AM
Vishkambha* Until 9:55AM
Visti Until 3:14PM
Saptami Until 4:08AM Fri

Ganesha: Clear *Sunrise:* 6:45AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Moon 12 - Phase 33 - 6th Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 7:42AM

Then Creative Work - Siddha Yoga

☾

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 243

Subhakrit 5124

Simha Rasi: 24.36 Tithi 23

755476575

Gulika 8:02AM - 9:18AM
Yama 2:22PM - 3:38PM
Rahu 10:34AM - 11:50AM

Purvaphalguni Until 10:02AM
Priti Until 10:13AM
Balava Until 4:57PM
Ashtami* Until 5:33AM Sat

Ganesha: Clear *Sunrise:* 6:46AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Moon 12 - Phase 33 - 7th Phase

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Tailita Karana Navamyam Titau

Shanghai, China

Sun 8 Sutra 244

Subhakrit 5124

Kanya Rasi: 6.58 Tithi 24

855476575

Gulika 6:47AM - 8:03AM
Yama 1:07PM - 2:23PM
Rahu 9:19AM - 10:35AM

Uttaraphalguni Until 11:38AM
Ayushman Until 10:02AM
Tailita Until 6:01PM
Navami* Until 6:14AM Sun

Ganesha: White *Sunrise:* 6:47AM
Muruqa: Clear *Sunset:* 4:55PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Moon 12 - Phase 33 - 8th Phase

Devaloka Day

Routine Work Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang


1		Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Shanghai, China Sun 9 Sutra 245	
Kanya Rasi: 19.39	Tithi 24 – 25	865476575	Gulika 2:23PM – 3:39PM Yama 11:51AM – 1:07PM Rahu 3:39PM – 4:55PM	Hasta Until 12:49PM Saubhagya Until 9:17AM Vanija Until 6:17PM Navami* Until 6:14AM	Ganesha: Clear <i>Sunrise: 6:47AM</i> Muruqa: Clear <i>Sunset: 4:55PM</i> Nataraja: Purple Moon – Green	Sivaloka Day		Subhakrit 5124 Moon 12 - Phase 34 - 9 2nd Phase	
Creative Work Amrita Yoga Until 12:49PM Then Creative Work - Siddha Yoga									

2		Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 10 Sutra 246	
Tula Rasi: 2.44	Tithi 25 – 26	865476575	Gulika 1:08PM – 2:24PM Yama 10:36AM – 11:52AM Rahu 8:04AM – 9:20AM	Chitra Until 1:01PM Sobhana Until 7:54AM Balava Until 5:04AM Tue Dashami Until 6:05AM	Ganesha: Clear <i>Sunrise: 6:48AM</i> Muruqa: Clear <i>Sunset: 4:56PM</i> Nataraja: Purple Moon – Green	Sivaloka Day		Subhakrit 5124 Moon 12 - Phase 34 - 10 2nd Phase	
Family Home Evening Routine Work Prabalarishta Yoga Until 1:01PM Then Creative Work - Amrita Yoga									

3		Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau				Shanghai, China Sun 11 Sutra 247	
Tula Rasi: 16.17	Tithi 27	865476575	Gulika 11:52AM – 1:08PM Yama 9:20AM – 10:36AM Rahu 2:24PM – 3:40PM	Svati Until 12:15PM Sukarma Until 3:07AM Wed Kaulava Until 4:17PM Dvadashi* Until 3:15AM Wed	Ganesha: Clear <i>Sunrise: 6:48AM</i> Muruqa: Clear <i>Sunset: 4:56PM</i> Nataraja: Purple Moon – Green	Sivaloka Day		Subhakrit 5124 Moon 12 - Phase 34 - 11 2nd Phase	
Creative Work Siddha Yoga Until 12:15PM Then Routine Work - Marana Yoga									

4		Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 12 Sutra 248	
Vrischika Rasi: 0.2	Tithi 28	875476575	Gulika 10:37AM – 11:53AM Yama 8:05AM – 9:21AM Rahu 11:53AM – 1:09PM	Vishakha Until 11:01AM Dhriti Until 11:52PM Gara Until 2:06PM Trayodashi* Until 12:45AM Thu	Ganesha: Purple <i>Sunrise: 6:49AM</i> Muruqa: Clear <i>Sunset: 4:56PM</i> Nataraja: Purple Moon – Orange	Devaloka Day		Subhakrit 5124 Moon 12 - Phase 34 - 12 2nd Phase	
Creative Work Siddha Yoga		Day 1 of Pancha Ganapati		Pradosha Vrata (Fasting)					

5		Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China Sun 13 Sutra 249	
Vrischika Rasi: 14.49	Tithi 29	876476575	Gulika 9:21AM – 10:37AM Yama 6:49AM – 8:05AM Rahu 1:09PM – 2:25PM	Anuradha Until 9:00AM Shula* Until 8:09PM Visti Until 11:18AM Chaturdashi* Until 9:42PM	Ganesha: Clear <i>Sunrise: 6:49AM</i> Muruqa: Clear <i>Sunset: 4:57PM</i> Nataraja: Purple Moon – Orange	Sivaloka Day		Subhakrit 5124 Moon 12 - Phase 34 - 13 2nd Phase	
Creative Work Siddha Yoga Until 9:00AM Then Routine Work - Prabalarishta Yoga		Day 2 of Pancha Ganapati							

		Friday, December 23, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China Sun 14 Sutra 250	
Retreat Star		Vrischika Rasi: 29.4 Tithi 30		876476575	Gulika 8:06AM – 9:22AM Yama 2:26PM – 3:42PM Rahu 10:38AM – 11:54AM	Jyeshtha* Until 6:22AM Ganda* Until 4:08PM Catuspada Until 8:02AM Amavasya* Until 6:16PM	Ganesha: Clear <i>Sunrise: 6:50AM</i> Muruqa: Clear <i>Sunset: 4:57PM</i> Nataraja: Purple Moon – Orange	Sivaloka Day	
Routine Work Marana Yoga Until 6:22AM Then Creative Work - Amrita Yoga		Day 3 of Pancha Ganapati							

Saturday, December 24, 2022		Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 15 Sutra 251	
Dhanus Rasi: 14.47	Tithi 1 – 2	886476575	Gulika 6:50AM – 8:06AM Yama 1:10PM – 2:26PM Rahu 9:22AM – 10:38AM	Purvashadha* Until 12:46AM Sun Vridhi Until 11:56AM Balava Until 12:49AM Sun Prathama* Until 2:38PM	Ganesha: Orange <i>Sunrise: 6:50AM</i> Muruqa: Clear <i>Sunset: 4:58PM</i> Nataraja: Purple Moon – Light Blue	Sivaloka Day		Subhakrit 5124 Moon 12 - Phase 34 - 15 Prathama	
Creative Work Siddha Yoga Until 12:46AM Sun Then Creative Work - Amrita Yoga		Day 4 of Pancha Ganapati		Pausha-Markali					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1		Sunday, December 25, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Shanghai, China Sun 16 Sutra 252 Subhakrit 5124	
Dhanus Rasi: 29.58	Tithi 2 – 3	886486575	Gulika 2:27PM – 3:43PM Yama 11:55AM – 1:11PM Rahu 3:43PM – 4:59PM	Uttarashadha Until 9:46PM Dhruva Until 7:40AM Taitila Until 9:11PM Dvitiya Until 10:58AM	Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha-Markali	Sunrise: 6:51AM Sunset: 4:59PM	Moon 12 - Phase 35 - 16 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati					

2		Monday, December 26, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau		Shanghai, China Sun 17 Sutra 253 Subhakrit 5124	
Makara Rasi: 15.04	Tithi 3 – 4	896486575	Gulika 1:11PM – 2:27PM Yama 10:39AM – 11:55AM Rahu 8:07AM – 9:23AM	Shravana Until 7:15PM Harshana Until 11:35PM Visti Until 4:13AM Tue Tritiya Until 7:26AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Purple Pausha-Markali	Sunrise: 6:51AM Sunset: 4:59PM	Moon 12 - Phase 35 - 17 3rd Phase Subha Sivaloka Day
Family Home Evening Creative Work Amrita Yoga Until 7:15PM Then Creative Work - Siddha Yoga							

3		Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau		Shanghai, China Sun 18 Sutra 254 Subhakrit 5124	
Makara Rasi: 29.57	Tithi 5	896486576	Gulika 11:56AM – 1:12PM Yama 9:24AM – 10:40AM Rahu 2:28PM – 3:44PM	Dhanishtha Until 5:00PM Vajra* Until 7:58PM Bava Until 2:47PM Panchami Until 1:27AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha-Markali	Sunrise: 6:52AM Sunset: 5:00PM	Moon 12 - Phase 35 - 18 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 5:00PM Then Routine Work - Marana Yoga							

4		Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthiyam Titau		Shanghai, China Sun 19 Sutra 255 Subhakrit 5124	
Kumbha Rasi: 14.29	Tithi 6	896486576	Gulika 10:40AM – 11:56AM Yama 8:08AM – 9:24AM Rahu 11:56AM – 1:12PM	Shatabhishak Until 3:08PM Siddhi Until 4:50PM Kaulava Until 12:18PM Shashthi* Until 11:16PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha-Markali	Sunrise: 6:52AM Sunset: 5:00PM	Moon 12 - Phase 35 - 19 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 3:08PM Then Creative Work - Amrita Yoga		Vinayaga Viratam Ends					

5		Thursday, December 29, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau		Shanghai, China Sun 20 Sutra 256 Subhakrit 5124	
Kumbha Rasi: 28.36	Tithi 7	817486576	Gulika 9:25AM – 10:41AM Yama 6:52AM – 8:08AM Rahu 1:13PM – 2:29PM	Purvaproshtapada* Until 2:12PM Vyatipata* Until 2:14PM Gara Until 10:27AM Saptami Until 9:47PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 6:52AM Sunset: 5:01PM	Moon 12 - Phase 35 - 20 3rd Phase Devaloka Day
Creative Work Siddha Yoga							

Retreat Star		Friday, December 30, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau		Shanghai, China Sun 21 Sutra 257 Subhakrit 5124	
Meena Rasi: 12.16	Tithi 8	817486576	Gulika 8:09AM – 9:25AM Yama 2:29PM – 3:46PM Rahu 10:41AM – 11:57AM	Uttaraproshtapada Until 1:51PM Variyan Until 12:11PM Visti Until 9:20AM Ashtami* Until 9:02PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 6:53AM Sunset: 5:02PM	Moon 12 - Phase 35 - 21 Ashtami Devaloka Day
Creative Work Siddha Yoga							

Retreat Star		Saturday, December 31, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Shanghai, China Sun 22 Sutra 258 Subhakrit 5124	
Meena Rasi: 25.32	Tithi 9	817486576	Gulika 6:53AM – 8:09AM Yama 1:14PM – 2:30PM Rahu 9:25AM – 10:42AM	Revati Until 2:04PM Parigha* Until 10:44AM Balava Until 8:57AM Navami* Until 9:01PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 6:53AM Sunset: 5:02PM	Moon 12 - Phase 35 - 22 Navami Devaloka Day
Routine Work Prabalarishta Yoga Until 2:04PM Then Creative Work - Siddha Yoga							


1		Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam			Shanghai, China	
Mesha Rasi: 8.26		Tithi 10		Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Sun 23 Sutra 259	
Creative Work		Siddha Yoga		Gulika 2:31PM - 3:47PM			Ganesha: Yellow Sunrise: 6:53AM	
Until 3:16PM		827486576		Yama 11:58AM - 1:14PM			Muruqa: Purple Sunset: 5:03PM	
Then Routine Work - Prabararishta Yoga		Rahu 3:47PM - 5:03PM		Shiva Until 9:51AM			Moon 12 - Phase 36 - 23	
				Taitila Until 9:17AM			4th Phase	
				Dashami Until 9:41PM			Sivaloka Day	
				Moon - White			Pausha-Markali	

2		Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam			Shanghai, China	
Mesha Rasi: 21.01		Tithi 11		Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Sun 24 Sutra 260	
Family Home Evening		827486576		Gulika 1:15PM - 2:31PM			Ganesha: Yellow Sunrise: 6:54AM	
Creative Work		Siddha Yoga		Yama 10:42AM - 11:59AM			Muruqa: Purple Sunset: 5:04PM	
Until 4:53PM		Rahu 8:10AM - 9:26AM		Siddha Until 9:24AM			Moon 12 - Phase 36 - 24	
Then Routine Work - Marana Yoga		Vaikuntha Ekadasi		Vanija Until 10:16AM			4th Phase	
				Ekadashi Until 10:55PM			Sivaloka Day	
				Moon - White			Pausha-Markali	

3		Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam			Shanghai, China	
Vrishabha Rasi: 3.23		Tithi 12		Krittika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau			Sun 25 Sutra 261	
Creative Work		Siddha Yoga		Gulika 11:59AM - 1:15PM			Ganesha: Yellow Sunrise: 6:54AM	
Until 6:47PM		827486576		Yama 9:26AM - 10:43AM			Muruqa: Purple Sunset: 5:04PM	
Then Creative Work - Amrita Yoga		Rahu 2:32PM - 3:48PM		Sadhya Until 9:22AM			Moon 12 - Phase 36 - 25	
				Bava Until 11:44AM			4th Phase	
				Dvadashi Until 12:36AM Wed			Sivaloka Day	
				Moon - White			Pausha-Markali	

4		Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam			Shanghai, China	
Vrishabha Rasi: 15.35		Tithi 13		Rohini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau			Sun 26 Sutra 262	
Creative Work		Siddha Yoga		Gulika 10:43AM - 12:00PM			Ganesha: White Sunrise: 6:54AM	
		838586576		Yama 8:10AM - 9:27AM			Muruqa: Purple Sunset: 5:05PM	
		Rahu 12:00PM - 1:16PM		Subha Until 9:38AM			Moon 12 - Phase 36 - 26	
				Kaulava Until 1:35PM			4th Phase	
				Trayodashi Until 2:36AM Thu			Devaloka Day	
				Moon - Yellow			Pausha-Markali	
				Pradosha Vrata				

5		Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam			Shanghai, China	
Vrishabha Rasi: 27.4		Tithi 14		Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau			Sun 27 Sutra 263	
Routine Work		Marana Yoga		Gulika 9:27AM - 10:44AM			Ganesha: White Sunrise: 6:54AM	
		838586576		Yama 6:54AM - 8:11AM			Muruqa: Purple Sunset: 5:06PM	
		Rahu 1:17PM - 2:33PM		Sukla Until 10:05AM			Moon 12 - Phase 36 - 27	
				Gara Until 3:43PM			4th Phase	
				Subramuniyaswami Jayanti			Devaloka Day	
				Chaturdashi* Until 4:50AM Fri			Pausha-Markali	
				Moon - Yellow				

		Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam			Shanghai, China	
Mithuna Rasi: 9.39		Tithi 15		Ardra Nakshatra Brahma/Indra Yoga Visti* Karana Purnimayam Titau			Sutra 264	
Creative Work		Siddha Yoga		Gulika 8:11AM - 9:27AM			Ganesha: White Sunrise: 6:54AM	
		838586576		Yama 2:34PM - 3:50PM			Muruqa: Purple Sunset: 5:07PM	
		Rahu 10:44AM - 12:00PM		Brahma Until 10:42AM			Moon 12 - Phase 36 - Purnima	
				Visti Until 6:01PM			4th Phase	
				Purnima* Until 7:12AM Sat			Devaloka Day	
				Moon - Yellow			Pausha-Markali	
				Ardra Darshanam				

Saturday, January 7, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam			Shanghai, China	
Mithuna Rasi: 21.36		Tithi 15 - 16		Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Sutra 265	
Creative Work		Siddha Yoga		Gulika 6:54AM - 8:11AM			Ganesha: Clear Sunrise: 6:54AM	
		848586576		Yama 1:18PM - 2:34PM			Muruqa: Purple Sunset: 5:08PM	
		Rahu 9:28AM - 10:44AM		Indra Until 11:25AM			Moon 12 - Phase 36 - Prathama	
				Balava Until 8:26PM			4th Phase	
				Purnima* Until 7:12AM			Sivaloka Day	
				Moon - Blue			Pausha-Markali	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 3.3 Tithi 16 – 17

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti/Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 2:35PM – 3:52PM
Yama 12:01PM – 1:18PM
Rahu 3:52PM – 5:08PM

Pushya Until 8:33AM
Vaidhriti* Until 12:10PM
Taitila Until 10:55PM
Prathama* Until 9:39AM

Ganesha: Clear *Sunrise:* 6:54AM
Muruqa: Purple *Sunset:* 5:08PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sivaloka Day

Shanghai, China
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 -
1st Phase

1

Monday, January 9, 2023

Kataka Rasi: 15.23 Tithi 17 – 18

Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:19PM – 2:35PM
Yama 10:45AM – 12:02PM
Rahu 8:11AM – 9:28AM

Pushya Until 8:33AM
Vishkambha* Until 12:57PM
Vanija Until 1:25AM Tue
Dvitiya Until 12:09PM

Ganesha: Clear *Sunrise:* 6:54AM
Muruqa: Purple *Sunset:* 5:09PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sivaloka Day

Shanghai, China
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase

2

Tuesday, January 10, 2023

Kataka Rasi: 27.17 Tithi 18 – 19

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:02PM – 1:19PM
Yama 9:28AM – 10:45AM
Rahu 2:36PM – 3:53PM

Ashlesha* Until 11:17AM
Priti Until 1:45PM
Bava Until 3:51AM Wed
Tritiya Until 2:37PM

Ganesha: Clear *Sunrise:* 6:54AM
Muruqa: Purple *Sunset:* 5:10PM
Nataraja: Clear
Moon – Blue
Pausha-Markali

Sivaloka Day

Shanghai, China
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase

3

Wednesday, January 11, 2023

Simha Rasi: 9.13 Tithi 19 – 20

Creative Work Siddha Yoga
Until 2:16PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:46AM – 12:03PM
Yama 8:11AM – 9:29AM
Rahu 12:03PM – 1:20PM

Magha* Until 2:16PM
Ayushman Until 2:26PM
Kaulava Until 6:07AM Thu
Chaturthi* Until 4:59PM

Ganesha: Clear *Sunrise:* 6:54AM
Muruqa: Purple *Sunset:* 5:11PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Shanghai, China
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase

4

Thursday, January 12, 2023

Simha Rasi: 21.11 Tithi 20

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 9:29AM – 10:46AM
Yama 6:54AM – 8:12AM
Rahu 1:20PM – 2:37PM

Purvaphalguni Until 4:51PM
Saubhagya Until 2:58PM
Kaulava Until 6:07AM
Panchami Until 7:07PM

Ganesha: Clear *Sunrise:* 6:54AM
Muruqa: Purple *Sunset:* 5:12PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Shanghai, China
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase

5

Friday, January 13, 2023

Kanya Rasi: 3.19 Tithi 21

Creative Work Siddha Yoga
Until 6:55PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:12AM – 9:29AM
Yama 2:38PM – 3:55PM
Rahu 10:46AM – 12:03PM

Uttaraphalguni Until 6:55PM
Sobhana Until 3:13PM
Gara Until 8:03AM
Shashthi* Until 8:50PM

Ganesha: Clear *Sunrise:* 6:54AM
Muruqa: Purple *Sunset:* 5:13PM
Nataraja: Clear
Moon – Red
Pausha-Markali

Sivaloka Day

Shanghai, China
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase

6

Saturday, January 14, 2023

Kanya Rasi: 15.37 Tithi 22

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:54AM – 8:12AM
Yama 1:21PM – 2:39PM
Rahu 9:29AM – 10:46AM

Thai Pongal

Hasta Until 8:46PM
Athiganda* Until 3:03PM
Visti Until 9:30AM
Saptami Until 9:58PM

Ganesha: White *Sunrise:* 6:54AM
Muruqa: Purple *Sunset:* 5:13PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Subha Sivaloka Day

Shanghai, China
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase

D

Sunday, January 15, 2023

Retreat Star

Kanya Rasi: 28.12 Tithi 23

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 2:39PM – 3:57PM
Yama 12:04PM – 1:22PM
Rahu 3:57PM – 5:14PM

Chitra Until 9:45PM
Sukarma Until 2:21PM
Balava Until 10:17AM
Ashtami* Until 10:21PM

Ganesha: White *Sunrise:* 6:54AM
Muruqa: Purple *Sunset:* 5:14PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Subha Sivaloka Day

Shanghai, China
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7
Ashtami

Monday, January 16, 2023

Retreat Star

Tula Rasi: 11.1 Tithi 24

Family Home Evening
Creative Work Amrita Yoga
Until 9:46PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:22PM – 2:40PM
Yama 10:47AM – 12:05PM
Rahu 8:12AM – 9:29AM

Svati Until 9:46PM
Dhriti Until 1:03PM
Taitila Until 10:15AM
Navami* Until 9:54PM

Ganesha: White *Sunrise:* 6:54AM
Muruqa: Purple *Sunset:* 5:15PM
Nataraja: Clear
Moon – Green
Pausha-Thai

Subha Sivaloka Day

Shanghai, China
Sun 8 Sutra 274
Subhakrit 5124
Moon 1 - Phase 37 - 8
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Shanghai, China on 5/1/2


www.gurudeva.org/panchang

1		Tuesday, January 17, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Shanghai, China Sun 9 Sutra 275	
Tula Rasi: 24.34	Tithi 25	Gulika	12:05PM – 1:23PM	Vishakha Until 9:15PM	Ganesha: Yellow	<i>Sunrise: 6:54AM</i>	Subhakrit 5124		
		Yama	9:29AM – 10:47AM	Shula* Until 11:03AM	Muruqa: Purple	<i>Sunset: 5:16PM</i>	Moon 1 - Phase 38 - 9		
		879586576 Rahu	2:40PM – 3:58PM	Vanija Until 9:23AM	Nataraja: Clear		2nd Phase		
Routine Work	Marana Yoga			Dashami Until 8:36PM	Moon – Orange		Sivaloka Day		
Until 9:15PM					Pausha*Thai				
Then Creative Work - Siddha Yoga									

2		Wednesday, January 18, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau		Shanghai, China Sun 10 Sutra 276	
Vrischika Rasi: 8.26	Tithi 26	Gulika	10:47AM – 12:05PM	Anuradha Until 7:48PM	Ganesha: Yellow	<i>Sunrise: 6:54AM</i>	Subhakrit 5124		
		Yama	8:11AM – 9:29AM	Ganda* Until 8:24AM	Muruqa: Purple	<i>Sunset: 5:17PM</i>	Moon 1 - Phase 38 - 10		
		879586576 Rahu	12:05PM – 1:23PM	Bava Until 7:40AM	Nataraja: Clear		2nd Phase		
Creative Work	Siddha Yoga			Ekadashi* Until 6:30PM	Moon – Orange		Sivaloka Day		
					Pausha*Thai				

3		Thursday, January 19, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 11 Sutra 277	
Vrischika Rasi: 22.49	Tithi 27 – 28	Gulika	9:29AM – 10:47AM	Jyeshtha* Until 5:33PM	Ganesha: Yellow	<i>Sunrise: 6:53AM</i>	Subhakrit 5124		
		Yama	6:53AM – 8:11AM	Dhruva Until 1:26AM Fri	Muruqa: Purple	<i>Sunset: 5:18PM</i>	Moon 1 - Phase 38 - 11		
		871586576 Rahu	1:24PM – 2:42PM	Gara Until 2:09AM Fri	Nataraja: Clear		2nd Phase		
Routine Work	Prabalarishta Yoga			Dvadashi* Until 3:44PM	Moon – Orange		Sivaloka Day		
Until 5:33PM					Pausha*Thai				
Then Creative Work - Siddha Yoga									
							<i>Pradosha Vrata (Fasting)</i>		

4		Friday, January 20, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Shanghai, China Sun 12 Sutra 278	
Dhanus Rasi: 7.38	Tithi 28 – 29	Gulika	8:11AM – 9:29AM	Mula* Until 3:04PM	Ganesha: Red	<i>Sunrise: 6:53AM</i>	Subhakrit 5124		
		Yama	2:42PM – 4:00PM	Vyaghata* Until 9:20PM	Muruqa: Purple	<i>Sunset: 5:19PM</i>	Moon 1 - Phase 38 - 12		
		881586576 Rahu	10:48AM – 12:06PM	Visti Until 10:38PM	Nataraja: Clear		2nd Phase		
Creative Work	Amrita Yoga			Trayodashi* Until 12:25PM	Moon – Light Blue		Sivaloka Day		
Until 3:04PM					Pausha*Thai				
Then Routine Work - Prabalarishta Yoga									

		Saturday, January 21, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Shanghai, China Sun 13 Sutra 279	
Retreat Star		Gulika	6:53AM – 8:11AM	Purvashadha* Until 12:06PM	Ganesha: Red	<i>Sunrise: 6:53AM</i>	Subhakrit 5124		
Dhanus Rasi: 22.46	Tithi 29 – 30	Yama	1:24PM – 2:43PM	Harshana Until 5:01PM	Muruqa: Purple	<i>Sunset: 5:20PM</i>	Moon 1 - Phase 38 - 13		
		881586576 Rahu	9:29AM – 10:48AM	Catuspada Until 6:50PM	Nataraja: Clear		Amavasya		
Creative Work	Siddha Yoga			Chaturdashi* Until 8:44AM	Moon – Light Blue		Sivaloka Day		
Until 12:06PM					Pausha*Thai				
Then Routine Work - Marana Yoga									

Retreat Star		Sunday, January 22, 2023				Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Shanghai, China Sun 14 Sutra 280	
Retreat Star		Gulika	2:43PM – 4:02PM	Uttarashadha Until 8:51AM	Ganesha: Red	<i>Sunrise: 6:52AM</i>	Subhakrit 5124		
Makara Rasi: 8.05	Tithi 1	Yama	12:06PM – 1:25PM	Vajra* Until 12:34PM	Muruqa: Purple	<i>Sunset: 5:20PM</i>	Moon 1 - Phase 38 - 14		
		881586576 Rahu	4:02PM – 5:20PM	Kintughna Until 2:57PM	Nataraja: Clear		Prathama		
Creative Work	Amrita Yoga			Prathama* Until 1:01AM Mon	Moon – Light Blue		Sivaloka Day		
					Magha*Thai				

1	Monday, January 23, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Shanghai, China Sun 15 Sutra 281 Subhakrit 5124
	Makara Rasi: 23.24 Tithi 2 Family Home Evening Creative Work Siddha Yoga Until 3:00AM Tue Then Routine Work - Marana Yoga	Gulika 1:25PM - 2:44PM Yama 10:48AM - 12:07PM Rahu 8:11AM - 9:29AM	Dhanishtha Until 3:00AM Tue Siddhi Until 8:11AM Balava Until 11:09AM Dvitiya Until 9:19PM

2	Tuesday, January 24, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau	Shanghai, China Sun 16 Sutra 282 Subhakrit 5124
	Kumbha Rasi: 8.32 Tithi 3 - 4 Routine Work Marana Yoga Until 12:24AM Wed Then Creative Work - Amrita Yoga	Gulika 12:07PM - 1:26PM Yama 9:29AM - 10:48AM Rahu 2:45PM - 4:03PM	Shatabhishak Until 12:24AM Wed Variyan Until 12:09AM Wed Tailila Until 7:36AM Tritiya Until 5:59PM

3	Wednesday, January 25, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Shanghai, China Sun 17 Sutra 283 Subhakrit 5124
	Kumbha Rasi: 23.19 Tithi 4 - 5 Creative Work Amrita Yoga Until 10:38PM Then Creative Work - Siddha Yoga	Gulika 10:48AM - 12:07PM Yama 8:10AM - 9:29AM Rahu 12:07PM - 1:26PM	Purvaprossthapada* Until 10:38PM Parigha* Until 8:46PM Bava Until 2:01AM Thu Chaturthi* Until 3:09PM

4	Thursday, January 26, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Shanghai, China Sun 18 Sutra 284 Subhakrit 5124
	Meena Rasi: 7.41 Tithi 5 - 6 Creative Work Siddha Yoga	Gulika 9:29AM - 10:48AM Yama 6:51AM - 8:10AM Rahu 1:27PM - 2:46PM	Uttaraprossthapada Until 9:26PM Shiva Until 5:59PM Kaulava Until 12:15AM Fri Panchami Until 1:01PM

5	Friday, January 27, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Shanghai, China Sun 19 Sutra 285 Subhakrit 5124
	Meena Rasi: 21.32 Tithi 6 - 7 Creative Work Siddha Yoga Until 8:55PM Then Creative Work - Amrita Yoga	Gulika 8:10AM - 9:29AM Yama 2:46PM - 4:06PM Rahu 10:48AM - 12:08PM	Revati Until 8:55PM Siddha Until 3:48PM Gara Until 11:20PM Shashthi* Until 11:40AM

6	Saturday, January 28, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Shanghai, China Sun 20 Sutra 286 Subhakrit 5124
	Mesha Rasi: 4.55 Tithi 7 - 8 Creative Work Siddha Yoga	Gulika 6:50AM - 8:09AM Yama 1:27PM - 2:47PM Rahu 9:29AM - 10:48AM	Ashvini Until 9:32PM Sadhya Until 2:20PM Visti Until 11:18PM Saptami Until 11:11AM

7	Sunday, January 29, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Shanghai, China Sun 21 Sutra 287 Subhakrit 5124
	Mesha Rasi: 17.5 Tithi 8 - 9 Routine Work Prabalarishta Yoga Until 10:48PM Then Creative Work - Siddha Yoga	Gulika 2:47PM - 4:07PM Yama 12:08PM - 1:28PM Rahu 4:07PM - 5:27PM	Bharani Until 10:48PM Subha Until 1:31PM Balava Until 12:04AM Mon Ashtami* Until 11:34AM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Monday, January 30, 2023	Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Shanghai, China Sun 22 Sutra 288 Subhakit 5124
	Vishabha Rasi: 0.23 Tilthi 9 – 10 Family Home Evening 922686576 Routine Work Marana Yoga Until 12:35AM Tue Then Creative Work - Amrita Yoga	Gulika 1:28PM – 2:48PM Yama 10:48AM – 12:08PM Rahu 8:09AM – 9:29AM	Krittika Until 12:35AM Tue Sukla Until 1:16PM Taitila Until 1:32AM Tue Navami* Until 12:42PM

2	Tuesday, January 31, 2023	Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Shanghai, China Sun 23 Sutra 289 Subhakit 5124
	Vishabha Rasi: 12.39 Tilthi 10 – 11 932686576 Creative Work Amrita Yoga Until 3:11AM Wed Then Creative Work - Siddha Yoga	Gulika 12:08PM – 1:28PM Yama 9:28AM – 10:48AM Rahu 2:48PM – 4:09PM	Rohini Until 3:11AM Wed Brahma Until 1:28PM Vanija Until 3:31AM Wed Dashami Until 2:27PM

3	Wednesday, February 1, 2023	Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Shanghai, China Sun 24 Sutra 290 Subhakit 5124
	Vishabha Rasi: 24.44 Tilthi 11 – 12 932686576 Creative Work Siddha Yoga Until 5:56AM Thu Then Routine Work - Marana Yoga	Gulika 10:48AM – 12:08PM Yama 8:08AM – 9:28AM Rahu 12:08PM – 1:28PM	Mrigashira Until 5:56AM Thu Indra Until 2:01PM Bava Until 5:50AM Thu Ekadashi Until 4:37PM

4	Thursday, February 2, 2023	Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava Karana Dvadashyam Titau	Shanghai, China Sun 25 Sutra 291 Subhakit 5124
	Mithuna Rasi: 6.41 Tilthi 12 932686576 Routine Work Marana Yoga Until 8:40AM Fri Then Creative Work - Siddha Yoga	Gulika 9:28AM – 10:48AM Yama 6:48AM – 8:08AM Rahu 1:29PM – 2:49PM	Ardra Until 8:40AM Fri Vaidhriti* Until 2:43PM Balava Until 7:02PM Dvadashi Until 7:02PM

5	Friday, February 3, 2023	Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Shanghai, China Sun 26 Sutra 292 Subhakit 5124
	Mithuna Rasi: 18.35 Tilthi 13 932686576 Creative Work Siddha Yoga	Gulika 8:08AM – 9:28AM Yama 2:50PM – 4:10PM Rahu 10:48AM – 12:09PM	Ardra Until 8:40AM Vishkambha* Until 3:32PM Kaulava Until 8:18AM Trayodashi Until 9:32PM

Pradosha Vrata

6	Saturday, February 4, 2023	Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Shanghai, China Sun 27 Sutra 293 Subhakit 5124
	Kataka Rasi: 0.28 Tilthi 14 942686577 Creative Work Siddha Yoga	Gulika 6:46AM – 8:07AM Yama 1:29PM – 2:50PM Rahu 9:28AM – 10:48AM	Punarvasu Until 11:47AM Priti Until 4:22PM Gara Until 10:49AM Chaturdashi* Until 12:02AM Sun

○	Sunday, February 5, 2023	Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau	Shanghai, China Sutra 294 Subhakit 5124
	Copper Retreat Star Kataka Rasi: 12.21 Tilthi 15 942686577 Creative Work Siddha Yoga	Gulika 2:51PM – 4:11PM Yama 12:09PM – 1:30PM Rahu 4:11PM – 5:32PM	Pushya Until 2:41PM Ayushman Until 5:08PM Visti Until 1:17PM Purnima* Until 2:27AM Mon

○	Monday, February 6, 2023	Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau	Shanghai, China Sutra 295 Subhakit 5124
	Silver Retreat Star Kataka Rasi: 24.16 Tilthi 16 Family Home Evening 942686577 Creative Work Siddha Yoga Until 5:19PM Then Routine Work - Marana Yoga	Gulika 1:30PM – 2:51PM Yama 10:48AM – 12:09PM Rahu 8:06AM – 9:27AM	Ashlesha* Until 5:19PM Saubhagya Until 5:50PM Balava Until 3:39PM Prathama* Until 4:46AM Tue



Tuesday, February 7, 2023
Gold Retreat Star

Simha Rasi: 6.14 Tithi 17
 Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
 Magha* Nakshatra Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:09PM – 1:30PM
Yama 9:27AM – 10:48AM
Rahu 2:51PM – 4:13PM

Magha* Until 8:10PM
 Sobhana Until 6:27PM
 Taitila Until 5:54PM
Dvitiya Until 6:55AM Wed

Ganesha: Purple *Sunrise: 6:44AM*
Muruqa: Purple *Sunset: 5:34PM*
Nataraja: Orange
 Moon – Red
Magha*Thai

Shanghai, China
 Sutra 296
 Subhakrit 5124
 Moon 2 - Phase 41 -
 1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 18.15 Tithi 17 – 18
 Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
 Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Gulika 10:48AM – 12:09PM
Yama 8:05AM – 9:26AM
Rahu 12:09PM – 1:31PM

Purvaphalguni Until 10:40PM
 Athiganda* Until 6:54PM
 Vanija Until 7:57PM
Dvitiya Until 6:55AM

Ganesha: Purple *Sunrise: 6:44AM*
Muruqa: Purple *Sunset: 5:35PM*
Nataraja: Orange
 Moon – Red
Magha*Thai

Shanghai, China
 Sun 1 Sutra 297
 Subhakrit 5124
 Moon 2 - Phase 41 - 1
 1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 0.22 Tithi 18 – 19
 Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
 Uttaraphalguni Nakshatra Sukarma Yoga Visti*/Bava Karana Tritya/Chaturtham Titau

Gulika 9:26AM – 10:48AM
Yama 6:43AM – 8:05AM
Rahu 1:31PM – 2:52PM

Uttaraphalguni Until 12:45AM Fri
 Sukarma Until 7:11PM
 Bava Until 9:44PM
Tritya Until 8:52AM

Ganesha: Purple *Sunrise: 6:43AM*
Muruqa: Purple *Sunset: 5:36PM*
Nataraja: Orange
 Moon – Red
Magha*Thai

Shanghai, China
 Sun 2 Sutra 298
 Subhakrit 5124
 Moon 2 - Phase 41 - 2
 1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 12.35 Tithi 19 – 20
 Creative Work Amrita Yoga
 Until 2:48AM Sat
 Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Hasta Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:04AM – 9:26AM
Yama 2:53PM – 4:15PM
Rahu 10:48AM – 12:09PM

Hasta Until 2:48AM Sat
 Dhriti Until 7:13PM
 Kaulava Until 11:11PM
Chaturthi* Until 10:29AM

Ganesha: Clear *Sunrise: 6:42AM*
Muruqa: Purple *Sunset: 5:36PM*
Nataraja: Orange
 Moon – Green
Magha*Thai

Shanghai, China
 Sun 3 Sutra 299
 Subhakrit 5124
 Moon 2 - Phase 41 - 3
 1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 24.59 Tithi 20 – 21
 Routine Work Marana Yoga
 Until 4:13AM Sun
 Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Chitra Nakshatra Shula* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 6:41AM – 8:03AM
Yama 1:31PM – 2:53PM
Rahu 9:25AM – 10:47AM

Chitra Until 4:13AM Sun
 Shula* Until 6:52PM
 Gara Until 12:08AM Sun
Panchami Until 11:42AM

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Purple *Sunset: 5:37PM*
Nataraja: Orange
 Moon – Green
Magha*Thai

Shanghai, China
 Sun 4 Sutra 300
 Subhakrit 5124
 Moon 2 - Phase 41 - 4
 1st Phase

Sivaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 8 Tithi 21 – 22
 Creative Work Siddha Yoga
 Until 4:52AM Mon
 Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Svati Nakshatra Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 2:54PM – 4:16PM
Yama 12:09PM – 1:32PM
Rahu 4:16PM – 5:38PM

Svati Until 4:52AM Mon
 Ganda* Until 6:06PM
 Visti Until 12:29AM Mon
Shashthi* Until 12:22PM

Ganesha: Purple *Sunrise: 6:41AM*
Muruqa: Purple *Sunset: 5:38PM*
Nataraja: Orange
 Moon – Green
Magha*Thai

Shanghai, China
 Sun 5 Sutra 301
 Subhakrit 5124
 Moon 2 - Phase 41 - 5
 1st Phase

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 20.31 Tithi 22 – 23
Family Home Evening
 Routine Work Marana Yoga
 Until 5:08AM Tue
 Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
 Vishakha Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:32PM – 2:54PM
Yama 10:47AM – 12:09PM
Rahu 8:02AM – 9:25AM

Vishakha Until 5:08AM Tue
 Vriddhi Until 4:49PM
 Balava Until 12:07AM Tue
Saptami Until 12:22PM

Ganesha: Clear *Sunrise: 6:40AM*
Muruqa: Purple *Sunset: 5:39PM*
Nataraja: Orange
 Moon – Orange
Magha-Masi

Shanghai, China
 Sun 6 Sutra 302
 Subhakrit 5124
 Moon 2 - Phase 41 - 6
 Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 3.48 Tithi 23 – 24
 Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:09PM – 1:32PM
Yama 9:24AM – 10:47AM
Rahu 2:55PM – 4:17PM

Anuradha Until 4:32AM Wed
 Dhruva Until 2:56PM
 Taitila Until 11:02PM
Ashtami* Until 11:39AM

Ganesha: Clear *Sunrise: 6:39AM*
Muruqa: Purple *Sunset: 5:40PM*
Nataraja: Orange
 Moon – Orange
Magha-Masi

Shanghai, China
 Sun 7 Sutra 303
 Subhakrit 5124
 Moon 2 - Phase 41 - 7
 Navami

Sivaloka Day

1	Wednesday, February 15, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Shanghai, China	
			Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 304	
	Wrischika Rasi: 17.3 Tithi 24 – 25	973686577	Gulika Yama Rahu	10:46AM – 12:09PM 8:01AM – 9:24AM 12:09PM – 1:32PM	Jyeshtha* Vyaghata* Vanija Navami*	Until 3:05AM Thu Until 12:29PM Until 9:13PM Until 10:11AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 6:38AM Sunset: 5:41PM Moon 2 - Phase 42 - 8 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga							

2	Thursday, February 16, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				Shanghai, China	
			Mula* Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 305	
	Dhanus Rasi: 1.38 Tithi 25 – 26	983686577	Gulika Yama Rahu	9:23AM – 10:46AM 6:37AM – 8:00AM 1:32PM – 2:55PM	Mula* Harshana Bava Dashami	Until 1:18AM Fri Until 9:29AM Until 6:44PM Until 8:02AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:37AM Sunset: 5:42PM Moon 2 - Phase 42 - 9 2nd Phase Devaloka Day
	Creative Work Siddha Yoga Until 1:18AM Fri Then Routine Work - Prabalarishta Yoga							

3	Friday, February 17, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Shanghai, China	
			Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvodashyam Titau				Sun 10 Sutra 306	
	Dhanus Rasi: 16.12 Tithi 27	983686577	Gulika Yama Rahu	7:59AM – 9:23AM 2:56PM – 4:19PM 10:46AM – 12:09PM	Purvashadha* Siddhi Kaulava Dvodashi*	Until 10:53PM Until 6:00AM Until 3:43PM Until 2:02AM Sat	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:36AM Sunset: 5:42PM Moon 2 - Phase 42 - 10 2nd Phase Devaloka Day
	Routine Work Prabalarishta Yoga Until 10:53PM Then Routine Work - Marana Yoga							

4	Saturday, February 18, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Shanghai, China	
			Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 307	
	Makara Rasi: 1.06 Tithi 28	983686577	Gulika Yama Rahu	6:35AM – 7:59AM 1:33PM – 2:56PM 9:22AM – 10:46AM	Uttarashadha Vyatipata* Gara Trayodashi*	Until 7:59PM Until 10:01PM Until 12:19PM Until 10:29PM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:35AM Sunset: 5:43PM Moon 2 - Phase 42 - 11 2nd Phase Devaloka Day
	Routine Work Marana Yoga Until 7:59PM Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					

5	Sunday, February 19, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Shanghai, China	
			Shravana/Dhanishtha Nakshatra Varyani/Parigha* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 308	
	Makara Rasi: 16.14 Tithi 29	993686577	Gulika Yama Rahu	2:57PM – 4:20PM 12:09PM – 1:33PM 4:20PM – 5:44PM	Shravana Varyani Visti Chaturdashi*	Until 5:11PM Until 5:45PM Until 8:40AM Until 6:47PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:34AM Sunset: 5:44PM Moon 2 - Phase 42 - 12 2nd Phase Devaloka Day
	Creative Work Amrita Yoga Until 5:11PM Then Routine Work - Marana Yoga							

●	Monday, February 20, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Shanghai, China	
	Retreat Star		Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 309	
	Kumbha Rasi: 1.26 Tithi 30 – 1 Family Home Evening	993686577	Gulika Yama Rahu	1:33PM – 2:57PM 10:45AM – 12:09PM 7:57AM – 9:21AM	Dhanishtha Parigha* Kintughna Amavasya*	Until 2:16PM Until 1:31PM Until 1:21AM Tue Until 3:07PM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:33AM Sunset: 5:45PM Moon 2 - Phase 42 - 13 Amavasya Devaloka Day
	Creative Work Siddha Yoga							

●	Tuesday, February 21, 2023		Subhakar Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				Shanghai, China	
	Retreat Star		Shatabhishak/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Sun 14 Sutra 310	
	Kumbha Rasi: 16.32 Tithi 1 – 2	993686577	Gulika Yama Rahu	12:09PM – 1:33PM 9:21AM – 10:45AM 2:57PM – 4:21PM	Shatabhishak Shiva Balava Prathama*	Until 11:23AM Until 9:27AM Until 10:02PM Until 11:38AM	Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 6:32AM Sunset: 5:46PM Moon 2 - Phase 42 - 14 Prathama Devaloka Day
	Routine Work Marana Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

all times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1	Wednesday, February 22, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau	Shanghai, China
	Meena Rasi: 1.23 Tithi 2 - 3 Creative Work Amrita Yoga Until 9:10AM Then Creative Work - Siddha Yoga	Gulika 10:44AM - 12:09PM Yama 7:56AM - 9:20AM 913786577 Rahu 12:09PM - 1:33PM	Purvaproshtapada* Until 9:10AM Sadhya Until 2:16AM Thu Taitila Until 7:11PM Dvitiya Until 8:31AM
2	Thursday, February 23, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Vanija/Visli* Karana Chaturtham Titau	Shanghai, China
	Meena Rasi: 15.51 Tithi 4 Creative Work Siddha Yoga	Gulika 9:20AM - 10:44AM Yama 6:30AM - 7:55AM 913786577 Rahu 1:33PM - 2:58PM	Uttaraproshtapada Until 7:21AM Subha Until 11:27PM Vanija Until 4:57PM Chaturthi* Until 4:05AM Fri
3	Friday, February 24, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau	Shanghai, China
	Meena Rasi: 29.52 Tithi 5 Creative Work Siddha Yoga Until 6:05AM Then Creative Work - Amrita Yoga	Gulika 7:54AM - 9:19AM Yama 2:58PM - 4:23PM 913786577 Rahu 10:44AM - 12:09PM	Revati Until 6:05AM Sukla Until 9:15PM Bava Until 3:28PM Panchami Until 3:02AM Sat
4	Saturday, February 25, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashtham Titau	Shanghai, China
	Mesha Rasi: 13.22 Tithi 6 Creative Work Siddha Yoga	Gulika 6:28AM - 7:53AM Yama 1:34PM - 2:59PM 923786577 Rahu 9:18AM - 10:43AM	Bharani Until 6:27AM Sun Brahma Until 7:44PM Kaulava Until 2:51PM Shashthi* Until 2:50AM Sun
5	Sunday, February 26, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau	Shanghai, China
	Mesha Rasi: 26.25 Tithi 7 Routine Work Prabalarishta Yoga Until 6:27AM Then Creative Work - Siddha Yoga	Gulika 2:59PM - 4:24PM Yama 12:08PM - 1:34PM 924786577 Rahu 4:24PM - 5:49PM	Bharani Until 6:27AM Indra Until 6:55PM Gara Until 3:05PM Saptami Until 3:30AM Mon
6	Monday, February 27, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau	Shanghai, China
	Retreat Star Vrishabha Rasi: 9.03 Tithi 8 Family Home Evening Routine Work Marana Yoga Until 7:39AM Then Creative Work - Amrita Yoga	Gulika 1:34PM - 2:59PM Yama 10:43AM - 12:08PM 924786577 Rahu 7:52AM - 9:17AM	Krittika Until 7:39AM Vaidhriti* Until 6:41PM Visti Until 4:09PM Ashtami* Until 4:55AM Tue
7	Tuesday, February 28, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau	Shanghai, China
	Retreat Star Vrishabha Rasi: 21.22 Tithi 9 Creative Work Amrita Yoga Until 9:51AM Then Creative Work - Siddha Yoga	Gulika 12:08PM - 1:34PM Yama 9:16AM - 10:42AM 934786577 Rahu 2:59PM - 4:25PM	Rohini Until 9:51AM Vishkambha* Until 6:57PM Balava Until 5:52PM Navami* Until 6:54AM Wed

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1	Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Shanghai, China Sun 22 Sutra 318	
	Mithuna Rasi: 3.27	Tithi 9 – 10	Gulika 10:41AM – 12:08PM	Mrigashira Until 12:24PM	Ganesha: Yellow	Sunrise: 6:23AM	Subhakrit 5124	
		934786577	Yama 7:49AM – 9:15AM	Priti Until 7:34PM	Muruqa: Purple	Sunset: 5:52PM	Moon 2 - Phase 44 - 22	
			Rahu 12:08PM – 1:34PM	Taitila Until 8:04PM	Nataraja: Orange		4th Phase	
	Creative Work	Siddha Yoga		Navami* Until 6:54AM	Moon – Yellow		Sivaloka Day	
					Phalguna-Masi			
2	Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 23 Sutra 319	
	Mithuna Rasi: 15.24	Tithi 10 – 11	Gulika 9:15AM – 10:41AM	Ardra Until 3:06PM	Ganesha: Yellow	Sunrise: 6:22AM	Subhakrit 5124	
		934786577	Yama 6:22AM – 7:48AM	Ayushman Until 8:22PM	Muruqa: Purple	Sunset: 5:53PM	Moon 2 - Phase 44 - 23	
			Rahu 1:34PM – 3:00PM	Vanija Until 10:31PM	Nataraja: Orange		4th Phase	
	Routine Work	Marana Yoga		Dashami Until 9:15AM	Moon – Yellow		Sivaloka Day	
	Until 3:06PM				Phalguna-Masi			
	Then Creative Work - Amrita Yoga							
3	Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 24 Sutra 320	
	Mithuna Rasi: 27.16	Tithi 11 – 12	Gulika 7:47AM – 9:14AM	Punarvasu Until 6:14PM	Ganesha: White	Sunrise: 6:21AM	Subhakrit 5124	
		944786577	Yama 3:01PM – 4:27PM	Saubhagya Until 9:14PM	Muruqa: Purple	Sunset: 5:54PM	Moon 2 - Phase 44 - 24	
			Rahu 10:41AM – 12:07PM	Bava Until 1:02AM Sat	Nataraja: Orange		4th Phase	
	Creative Work	Siddha Yoga		Ekadashi Until 11:45AM	Moon – Blue		Devaloka Day	
	Until 6:14PM				Phalguna-Masi			
	Then Routine Work - Marana Yoga							
4	Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 25 Sutra 321	
	Kataka Rasi: 9.08	Tithi 12 – 13	Gulika 6:19AM – 7:46AM	Pushya Until 9:10PM	Ganesha: White	Sunrise: 6:19AM	Subhakrit 5124	
		944786577	Yama 1:34PM – 3:01PM	Sobhana Until 10:05PM	Muruqa: Purple	Sunset: 5:55PM	Moon 2 - Phase 44 - 25	
			Rahu 9:13AM – 10:40AM	Kaulava Until 3:28AM Sun	Nataraja: Orange		4th Phase	
	Creative Work	Siddha Yoga		Dvadashi Until 2:15PM	Moon – Blue		Devaloka Day	
	Until 9:10PM				Phalguna-Masi			
	Then Routine Work - Marana Yoga							
					Pradosha Vrata			
5	Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 26 Sutra 322	
	Kataka Rasi: 21.02	Tithi 13 – 14	Gulika 3:01PM – 4:28PM	Ashlesha* Until 11:47PM	Ganesha: White	Sunrise: 6:18AM	Subhakrit 5124	
		944786577	Yama 12:07PM – 1:34PM	Athiganda* Until 10:47PM	Muruqa: Purple	Sunset: 5:55PM	Moon 2 - Phase 44 - 26	
			Rahu 4:28PM – 5:55PM	Gara Until 5:44AM Mon	Nataraja: Orange		4th Phase	
	Creative Work	Siddha Yoga		Trayodashi Until 4:37PM	Moon – Blue		Devaloka Day	
	Until 11:47PM				Phalguna-Masi			
	Then Routine Work - Marana Yoga							
6	Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 323	
	Simha Rasi: 3.01	Tithi 14	Gulika 1:34PM – 3:01PM	Magha* Until 2:31AM Tue	Ganesha: Clear	Sunrise: 6:17AM	Subhakrit 5124	
	Family Home Evening		Yama 10:39AM – 12:07PM	Sukarma Until 11:19PM	Muruqa: Purple	Sunset: 5:56PM	Moon 2 - Phase 44 - 27	
	Routine Work	Marana Yoga	154786577	Vanija Until 6:45PM	Nataraja: Orange		4th Phase	
	Until 2:31AM Tue			Chidambaram Abhishekam	Moon – Red		Sivaloka Day	
	Then Creative Work - Siddha Yoga				Phalguna-Masi			
O	Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 324	
	Copper Retreat Star		Gulika 12:06PM – 1:34PM	Purvaphalguni Until 4:48AM Wed	Ganesha: Clear	Sunrise: 6:16AM	Subhakrit 5124	
	Simha Rasi: 15.05	Tithi 15	Yama 9:11AM – 10:39AM	Dhriti Until 11:40PM	Muruqa: Purple	Sunset: 5:57PM	Moon 2 - Phase 44 -	
		154786577	Rahu 3:02PM – 4:29PM	Visti Until 7:45AM	Nataraja: Orange		Purnima	
	Creative Work	Siddha Yoga		Purnima* Until 8:38PM	Moon – Red		Sivaloka Day	
	Until 4:48AM Wed				Phalguna-Masi			
	Then Creative Work - Amrita Yoga							
O	Wednesday, March 8, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sutra 325	
	Silver Retreat Star		Gulika 10:38AM – 12:06PM	Uttaraphalguni Until 6:37AM Thu	Ganesha: Clear	Sunrise: 6:15AM	Subhakrit 5124	
	Simha Rasi: 27.16	Tithi 16	Yama 7:43AM – 9:10AM	Shula* Until 11:44PM	Muruqa: Purple	Sunset: 5:58PM	Moon 2 - Phase 44 -	
		154786577	Rahu 12:06PM – 1:34PM	Balava Until 9:28AM	Nataraja: Orange		Prathama	
	Creative Work	Amrita Yoga		Prathama* Until 10:11PM	Moon – Red		Sivaloka Day	
	Until 6:37AM Thu				Phalguna-Masi			
	Then Routine Work - Marana Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

Il times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang



Thursday, March 9, 2023
Gold Retreat Star

Kanya Rasi: 9.35 Tithi 17
Routine Work Marana Yoga

Gulika 9:10AM – 10:38AM
Yama 6:14AM – 7:42AM
154786577 Rahu 1:34PM – 3:02PM

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Uttaraphalguni Until 6:37AM
Ganda* Until 11:34PM
Taitila Until 10:52AM
Dvitiya Until 11:24PM

Ganesha: Clear Sunrise: 6:14AM
Muruga: Purple Sunset: 5:58PM
Nataraja: Orange
Moon – Red
Phalgun-Masi

Shanghai, China
Sun 1 Sutra 326
Subhakit 5124
Moon 3 - Phase 45 - 1
1st Phase

Sivaloka Day

1

Friday, March 10, 2023

Kanya Rasi: 22.04 Tithi 18
Creative Work Amrita Yoga
Until 8:25AM
Then Creative Work - Siddha Yoga

Gulika 7:41AM – 9:09AM
Yama 3:02PM – 4:31PM
165786577 Rahu 10:37AM – 12:06PM

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Hasta Until 8:25AM
Vriddhi Until 11:07PM
Vanija Until 11:53AM
Tritiya Until 12:13AM Sat

Ganesha: Yellow Sunrise: 6:12AM
Muruga: Purple Sunset: 5:59PM
Nataraja: Orange
Moon – Green
Phalgun-Masi

Shanghai, China
Sun 2 Sutra 327
Subhakit 5124
Moon 3 - Phase 45 - 2
1st Phase

Sivaloka Day

2

Saturday, March 11, 2023

Tula Rasi: 4.42 Tithi 19
Routine Work Marana Yoga
Until 9:40AM
Then Creative Work - Siddha Yoga

Gulika 6:11AM – 7:40AM
Yama 1:34PM – 3:02PM
165786577 Rahu 9:08AM – 10:37AM

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Chitra Until 9:40AM
Dhruva Until 10:19PM
Bava Until 12:30PM
Chaturthi* Until 12:38AM Sun

Ganesha: Yellow Sunrise: 6:11AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Orange
Moon – Green
Phalgun-Masi

Shanghai, China
Sun 3 Sutra 328
Subhakit 5124
Moon 3 - Phase 45 - 3
1st Phase

Sivaloka Day

3

Sunday, March 12, 2023

Tula Rasi: 17.33 Tithi 20
Creative Work Siddha Yoga
Until 10:21AM
Then Routine Work - Marana Yoga

Gulika 3:03PM – 4:32PM
Yama 12:05PM – 1:34PM
165786577 Rahu 4:32PM – 6:00PM

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Svati Until 10:21AM
Vyaghata* Until 9:11PM
Kaulava Until 12:41PM
Panchami Until 12:34AM Mon

Ganesha: Yellow Sunrise: 6:10AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Orange
Moon – Green
Phalgun-Masi

Shanghai, China
Sun 4 Sutra 329
Subhakit 5124
Moon 3 - Phase 45 - 4
1st Phase

Sivaloka Day

4

Monday, March 13, 2023

Vrischika Rasi: 0.38 Tithi 21
Family Home Evening
Routine Work Marana Yoga
Until 10:52AM
Then Creative Work - Siddha Yoga

Gulika 1:34PM – 3:03PM
Yama 10:36AM – 12:05PM
175786577 Rahu 7:38AM – 9:07AM

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Vishakha Until 10:52AM
Harshana Until 7:40PM
Gara Until 12:23PM
Shashthi* Until 12:01AM Tue

Ganesha: Blue Sunrise: 6:09AM
Muruga: Purple Sunset: 6:01PM
Nataraja: Orange
Moon – Orange
Phalgun-Masi

Shanghai, China
Sun 5 Sutra 330
Subhakit 5124
Moon 3 - Phase 45 - 5
1st Phase

Subha Sivaloka Day

5

Tuesday, March 14, 2023

Vrischika Rasi: 13.59 Tithi 22
Creative Work Siddha Yoga
Until 10:44AM
Then Routine Work - Marana Yoga

Gulika 12:05PM – 1:34PM
Yama 9:06AM – 10:35AM
175786577 Rahu 3:03PM – 4:32PM

Subhakit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Anuradha Until 10:44AM
Vajra* Until 5:43PM
Visti Until 11:33AM
Saptami Until 10:56PM

Ganesha: Blue Sunrise: 6:07AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Orange
Moon – Orange
Phalgun-Masi

Shanghai, China
Sun 6 Sutra 331
Subhakit 5124
Moon 3 - Phase 45 - 6
1st Phase

Subha Sivaloka Day

D

Wednesday, March 15, 2023

Retreat Star

Vrischika Rasi: 27.38 Tithi 23
Creative Work Siddha Yoga
Until 9:56AM
Then Routine Work - Marana Yoga

Gulika 10:35AM – 12:04PM
Yama 7:36AM – 9:05AM
175786577 Rahu 12:04PM – 1:34PM

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jyeshtha* Until 9:56AM
Siddhi Until 3:22PM
Balava Until 10:12AM
Ashtami* Until 9:19PM

Ganesha: Blue Sunrise: 6:06AM
Muruga: Purple Sunset: 6:02PM
Nataraja: Orange
Moon – Orange
Phalgun-Panguni

Shanghai, China
Sun 7 Sutra 332
Subhakit 5124
Moon 3 - Phase 45 - 7
Ashtami

Subha Sivaloka Day

Thursday, March 16, 2023

Retreat Star

Dhanus Rasi: 12 Tithi 24
Creative Work Siddha Yoga

Gulika 9:05AM – 10:34AM
Yama 6:05AM – 7:35AM
185786578 Rahu 1:34PM – 3:04PM

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Mula* Until 8:55AM
Vyatipata* Until 12:37PM
Taitila Until 8:20AM
Navami* Until 7:12PM

Ganesha: Red Sunrise: 6:05AM
Muruga: Purple Sunset: 6:03PM
Nataraja: Clear
Moon – Light Blue
Phalgun-Panguni

Shanghai, China
Sun 8 Sutra 333
Subhakit 5124
Moon 3 - Phase 45 - 8
Navami


Sivaloka Day

1		Friday, March 17, 2023				Subhakra Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Shanghai, China Sun 9 Sutra 334	
Dhanus Rasi: 25.53	Tithi 25 – 26	Gulika 7:34AM – 9:04AM	Purvashadha* Until 7:17AM	Ganesha: Red	<i>Sunrise:</i> 6:04AM				
		Yama 3:04PM – 4:34PM	Variyan Until 9:28AM	Muruqa: Purple	<i>Sunset:</i> 6:04PM				
		185786578 Rahu 10:34AM – 12:04PM	Bava Until 6:00AM	Nataraja: Clear					Moon 3 - Phase 46 - 9 2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 4:39PM	Moon – Light Blue					Sivaloka Day
Until 7:17AM				Phalguna•Panguni					
Then Routine Work - Marana Yoga									

2		Saturday, March 18, 2023				Subhakra Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 10 Sutra 335	
Makara Rasi: 10.26	Tithi 26 – 27	Gulika 6:03AM – 7:33AM	Shravana Until 2:59AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:03AM				
		Yama 1:34PM – 3:04PM	Parigha* Until 6:02AM	Muruqa: Purple	<i>Sunset:</i> 6:04PM				
		195786578 Rahu 9:03AM – 10:33AM	Kaulava Until 12:15AM Sun	Nataraja: Clear					Moon 3 - Phase 46 - 10 2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:46PM	Moon – Purple					Subha Sivaloka Day
Until 2:59AM Sun				Phalguna•Panguni					
Then Routine Work - Marana Yoga									

3		Sunday, March 19, 2023				Subhakra Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 11 Sutra 336	
Makara Rasi: 25.11	Tithi 27 – 28	Gulika 3:04PM – 4:35PM	Dhanishtha Until 12:34AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:01AM				
		Yama 12:03PM – 1:34PM	Siddha Until 10:35PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM				
		195796578 Rahu 4:35PM – 6:05PM	Gara Until 9:04PM	Nataraja: Clear					Moon 3 - Phase 46 - 11 2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 10:39AM	Moon – Purple					Sivaloka Day
Until 12:34AM Mon				Phalguna•Panguni					
Then Creative Work - Siddha Yoga									
<i>Pradosha Vrata (Fasting)</i>									

4		Monday, March 20, 2023				Subhakra Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sadhya Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau		Shanghai, China Sun 12 Sutra 337	
Kumbha Rasi: 10.01	Tithi 28 – 29	Gulika 1:34PM – 3:04PM	Shatabhishak Until 10:01PM	Ganesha: Green	<i>Sunrise:</i> 6:00AM				
Family Home Evening		Yama 10:32AM – 12:03PM	Sadhya Until 6:49PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM				
Creative Work	Siddha Yoga	196896578 Rahu 7:31AM – 9:01AM	Sakuni Until 4:19AM Tue	Nataraja: Clear					Moon 3 - Phase 46 - 12 2nd Phase
Until 10:01PM			Trayodashi* Until 7:27AM	Moon – Purple					Sivaloka Day
Then Routine Work - Marana Yoga									

		Tuesday, March 21, 2023				Subhakra Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Shanghai, China Sun 13 Sutra 338	
Retreat Star		Gulika 12:03PM – 1:34PM	Purvaproshtapada* Until 7:55PM	Ganesha: Orange	<i>Sunrise:</i> 5:59AM				
Kumbha Rasi: 24.49	Tithi 30	Yama 9:01AM – 10:32AM	Subha Until 3:11PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM				
		116896578 Rahu 3:04PM – 4:35PM	Catuspada Until 2:50PM	Nataraja: Clear					Moon 3 - Phase 46 - 13 Amavasya
Routine Work	Marana Yoga		Amavasya* Until 1:24AM Wed	Moon – Clear					Devaloka Day
Until 7:55PM				Phalguna•Panguni					
Then Creative Work - Amrita Yoga									

Retreat Star		Wednesday, March 22, 2023				Subhakra Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Shanghai, China Sun 14 Sutra 339	
Meena Rasi: 9.26	Tithi 1	Gulika 10:31AM – 12:02PM	Uttaraproshtapada Until 6:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:58AM				
		Yama 7:29AM – 9:00AM	Sukla Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 6:07PM				
		116896578 Rahu 12:02PM – 1:33PM	Kintughna Until 12:06PM	Nataraja: Clear					Moon 3 - Phase 46 - 14 Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:52PM	Moon – Clear					Devaloka Day
Until 6:01PM		Yugadhi		Chaitra•Panguni					
Then Routine Work - Marana Yoga									

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

Il times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

1		Thursday, March 23, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Shanghai, China Sun 15 Sutra 340	
Meena Rasi: 23.46	Tithi 2	Gulika 8:59AM – 10:31AM	Revati Until 4:28PM	Ganesha: Orange	<i>Sunrise:</i> 5:56AM		Subhakit 5124
		Yama 5:56AM – 7:28AM	Brahma Until 8:43AM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47 - 15	
		116896578 Rahu 1:33PM – 3:05PM	Balava Until 9:48AM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Dvitiya Until 8:51PM	Moon – Clear		Devaloka Day	
Until 4:28PM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Friday, March 24, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhril* Yoga Taitila/Gara Karana Tritiyayam Titau		Shanghai, China Sun 16 Sutra 341	
Mesha Rasi: 7.43	Tithi 3	Gulika 7:27AM – 8:58AM	Ashvini Until 3:50PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		Subhakit 5124
		Yama 3:05PM – 4:37PM	Indra Until 6:11AM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47 - 16	
		126896578 Rahu 10:30AM – 12:02PM	Taitila Until 8:06AM	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Tritiya Until 7:30PM	Moon – White		Devaloka Day	
Until 3:50PM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Saturday, March 25, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Vanija/Visti* Karana Chaturthyam Titau		Shanghai, China Sun 17 Sutra 342	
Mesha Rasi: 21.15	Tithi 4	Gulika 5:54AM – 7:26AM	Bharani Until 3:48PM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM		Subhakit 5124
		Yama 1:33PM – 3:05PM	Vishkamba* Until 2:48AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 47 - 17	
		126896578 Rahu 8:58AM – 10:29AM	Vanija Until 7:07AM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Chaturthi* Until 6:54PM	Moon – White		Devaloka Day	
Until 3:48PM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Sunday, March 26, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau		Shanghai, China Sun 18 Sutra 343	
Vrishabha Rasi: 4.22	Tithi 5	Gulika 3:05PM – 4:37PM	Krittika Until 4:22PM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM		Subhakit 5124
		Yama 12:01PM – 1:33PM	Priti Until 2:03AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47 - 18	
		126896578 Rahu 4:37PM – 6:10PM	Bava Until 6:55AM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Panchami Until 7:05PM	Moon – White		Devaloka Day	
				Chaitra•Panguni			

5		Monday, March 27, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Shanghai, China Sun 19 Sutra 344	
Vrishabha Rasi: 17.05	Tithi 6	Gulika 1:33PM – 3:06PM	Rohini Until 5:59PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM		Subhakit 5124
Family Home Evening		Yama 10:28AM – 12:01PM	Ayushman Until 1:50AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:24AM – 8:56AM	Kaulava Until 7:30AM	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Shashthi* Until 8:02PM	Moon – Yellow		Devaloka Day	
				Chaitra•Panguni			

6		Tuesday, March 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Shanghai, China Sun 20 Sutra 345	
Vrishabha Rasi: 29.29	Tithi 7	Gulika 12:00PM – 1:33PM	Mrigashira Until 8:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM		Subhakit 5124
		Yama 8:55AM – 10:28AM	Saubhagya Until 2:07AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:06PM – 4:38PM	Gara Until 8:47AM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Saptami Until 9:38PM	Moon – Yellow		Devaloka Day	
Until 8:05PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 29, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Shanghai, China Sun 21 Sutra 346	
Mithuna Rasi: 11.39	Tithi 8	Gulika 10:27AM – 12:00PM	Ardra Until 10:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM		Subhakit 5124
		Yama 7:22AM – 8:54AM	Sobhana Until 2:45AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47 - 21	
		137896578 Rahu 12:00PM – 1:33PM	Visti Until 10:39AM	Nataraja: Clear		Ashtami	
Creative Work Siddha Yoga			Ashtami* Until 11:42PM	Moon – Yellow		Devaloka Day	
				Chaitra•Panguni			

Retreat Star		Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Shanghai, China Sun 22 Sutra 347	
Mithuna Rasi: 23.38	Tithi 9	Gulika 8:54AM – 10:27AM	Punarvasu Until 1:30AM Fri	Ganesha: White	<i>Sunrise:</i> 5:47AM		Subhakit 5124
		Yama 5:47AM – 7:21AM	Athiganda* Until 3:32AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47 - 22	
		147896578 Rahu 1:33PM – 3:06PM	Balava Until 12:53PM	Nataraja: Clear		Navami	
Creative Work Amrita Yoga			Navami* Until 2:03AM Fri	Moon – Blue		Bhuloka Day	
Until 1:30AM Fri		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

11 times are standard time. Calculated for Shanghai, China on 5/1/2

www.gurudeva.org/panchang

<h1>1</h1>	Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 5.33	Tithi 10	Gulika 7:20AM – 8:53AM	Pushya Until 4:26AM Sat	Ganesha: White	<i>Sunrise:</i> 5:46AM	
			Yama 3:06PM – 4:40PM	Sukarma Until 4:23AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 48 - 23
	Routine Work	Marana Yoga	147896578 Rahu 10:26AM – 12:00PM	Taitila Until 3:17PM	Nataraja: Clear		4th Phase
			Dashami Until 4:29AM Sat	Chaitra•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

<h1>2</h1>	Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 17.26	Tithi 11	Gulika 5:46AM – 7:20AM	Ashlesha* Until 7:05AM Sun	Ganesha: White	<i>Sunrise:</i> 5:46AM	
			Yama 1:33PM – 3:06PM	Dhriti Until 5:11AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 48 - 24
	Routine Work	Marana Yoga	147896578 Rahu 8:53AM – 10:26AM	Vanija Until 5:41PM	Nataraja: Clear		4th Phase
			Yogaswami Mahasamadhi	Ekadashi Until 6:48AM Sun	Chaitra•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

<h1>3</h1>	Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 25 Sutra 350 Subhakrit 5124
	Kataka Rasi: 29.22	Tithi 11 – 12	Gulika 3:06PM – 4:40PM	Ashlesha* Until 7:05AM	Ganesha: Green	<i>Sunrise:</i> 5:45AM	
			Yama 11:59AM – 1:33PM	Shula* Until 5:46AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 48 - 25
	Creative Work	Siddha Yoga	148896578 Rahu 4:40PM – 6:13PM	Bava Until 7:54PM	Nataraja: Clear		4th Phase
			Ekadashi Until 6:48AM	Chaitra•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

<h1>4</h1>	Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 11.23	Tithi 12 – 13	Gulika 1:33PM – 3:07PM	Magha* Until 9:50AM	Ganesha: Red	<i>Sunrise:</i> 5:44AM	
	Family Home Evening		Yama 10:25AM – 11:59AM	Ganda* Until 6:06AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 48 - 26
	Routine Work	Marana Yoga	158896578 Rahu 7:18AM – 8:51AM	Kaulava Until 9:48PM	Nataraja: Clear		4th Phase
			Dvadashi Until 8:52AM	Chaitra•Panguni	Devaloka Day		
			<i>Pradosha Vrata</i>				

<h1>5</h1>	Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 352 Subhakrit 5124
	Simha Rasi: 23.33	Tithi 13 – 14	Gulika 11:59AM – 1:33PM	Purvaphalguni Until 12:04PM	Ganesha: Red	<i>Sunrise:</i> 5:43AM	
			Yama 8:51AM – 10:25AM	Ganda* Until 6:06AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 48 - 27
	Creative Work	Siddha Yoga	158896578 Rahu 3:07PM – 4:41PM	Gara Until 11:17PM	Nataraja: Clear		4th Phase
			Trayodashi Until 10:34AM	Chaitra•Panguni	Devaloka Day		

<h1>○</h1>	Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sutra 353 Subhakrit 5124
	Copper Retreat Star		Gulika 10:24AM – 11:58AM	Uttaraphalguni Until 1:42PM	Ganesha: Red	<i>Sunrise:</i> 5:41AM	
	Kanya Rasi: 5.54	Tithi 14 – 15	Yama 7:16AM – 8:50AM	Vridhhi Until 6:07AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 48 - Purnima
	Creative Work	Amrita Yoga	158896578 Rahu 11:58AM – 1:33PM	Visti Until 12:17AM Thu	Nataraja: Clear		
			Panguni Uttiram Hanuman Jayanti	Chaturdashi* Until 11:50AM	Chaitra•Panguni	Devaloka Day	

<h1>○</h1>	Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sutra 354 Subhakrit 5124
	Silver Retreat Star		Gulika 8:49AM – 10:24AM	Hasta Until 3:11PM	Ganesha: Blue	<i>Sunrise:</i> 5:40AM	
	Kanya Rasi: 18.27	Tithi 15 – 16	Yama 5:40AM – 7:15AM	Vyaghata* Until 5:00AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - Prathama
	Routine Work	Marana Yoga	168896578 Rahu 1:33PM – 3:07PM	Balava Until 12:49AM Fri	Nataraja: Clear		
			Purnima* Until 12:36PM	Chaitra•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM		



Friday, April 7, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China
Sutra 355

Tula Rasi: 1.14 Tithi 16 – 17

Gulika 7:14AM – 8:48AM
Yama 3:07PM – 4:42PM
168896578 **Rahu** 10:23AM – 11:58AM

Chitra Until 4:03PM
Harshana Until 3:54AM Sat
Taitila Until 12:51AM Sat
Prathama* Until 12:52PM

Ganesha: Blue *Sunrise:* 5:39AM
Muruqa: Clear *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green
Chaitra*Panguni

Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Saturday, April 8, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China
Sun 1 Sutra 356

Tula Rasi: 14.15 Tithi 17 – 18

Gulika 5:38AM – 7:13AM
Yama 1:32PM – 3:07PM
168896578 **Rahu** 8:48AM – 10:23AM

Svati Until 4:18PM
Vajra* Until 2:26AM Sun
Vanija Until 12:27AM Sun
Dvitiya Until 12:41PM

Ganesha: Blue *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green
Chaitra*Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, April 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Shanghai, China
Sun 2 Sutra 357

Tula Rasi: 27.29 Tithi 18 – 19

Gulika 3:08PM – 4:43PM
Yama 11:57AM – 1:32PM
179896578 **Rahu** 4:43PM – 6:18PM

Vishakha Until 4:28PM
Siddhi Until 12:40AM Mon
Bava Until 11:40PM
Tritiya Until 12:05PM

Ganesha: Red *Sunrise:* 5:36AM
Muruqa: Clear *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange
Chaitra*Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

Routine Work Marana Yoga

3

Monday, April 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China
Sun 3 Sutra 358

Vrischika Rasi: 10.56 Tithi 19 – 20

Family Home Evening

179896578 **Rahu** 7:11AM – 8:46AM

Anuradha Until 4:07PM
Vyatipata* Until 10:38PM
Kaulava Until 10:30PM
Chaturthi* Until 11:06AM

Ganesha: Red *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: Clear
Moon – Orange
Chaitra*Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, April 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China
Sun 4 Sutra 359

Vrischika Rasi: 24.34 Tithi 20 – 21

179896578 **Gulika** 11:57AM – 1:32PM
Yama 8:45AM – 10:21AM
Rahu 3:08PM – 4:44PM

Jyeshtha* Until 3:17PM
Variyan Until 8:19PM
Gara Until 9:02PM
Panchami Until 9:47AM

Ganesha: Red *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: Clear
Moon – Orange
Chaitra*Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 3:17PM
Then Creative Work - Amrita Yoga

5

Wednesday, April 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shanghai, China
Sun 5 Sutra 360

Dhanus Rasi: 8.24 Tithi 21 – 22

189896578 **Gulika** 10:20AM – 11:56AM
Yama 7:09AM – 8:45AM
Rahu 11:56AM – 1:32PM

Mula* Until 2:28PM
Parigha* Until 5:47PM
Visti Until 7:16PM
Shashthi* Until 8:10AM

Ganesha: Green *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga
Until 2:28PM
Then Creative Work - Amrita Yoga

D

Thursday, April 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Shanghai, China
Sun 6 Sutra 361

Dhanus Rasi: 22.24 Tithi 22 – 23

189896578 **Gulika** 8:44AM – 10:20AM
Yama 5:32AM – 7:08AM
Rahu 1:32PM – 3:08PM

Purvashadha* Until 1:14PM
Shiva Until 3:04PM
Kaulava Until 4:09AM Fri
Saptami Until 6:16AM

Ganesha: Green *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 1:14PM

Then Routine Work - Marana Yoga

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China
Sun 7 Sutra 362

Makara Rasi: 6.33 Tithi 24

189996578 **Gulika** 7:07AM – 8:43AM
Yama 3:09PM – 4:45PM
Rahu 10:19AM – 11:56AM

Uttarashadha Until 11:39AM
Siddha Until 12:08PM
Taitila Until 3:01PM
Navami* Until 1:49AM Sat

Ganesha: White *Sunrise:* 5:30AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Sobhana 5125
Moon 4 - Phase 49 - 7
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga


Chidambaram Abhishekam
Tamil New Year

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam				Shanghai, China	
	Makara Rasi: 20.5 Tithi 25		Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 363	
	299996578		Gulika 5:29AM – 7:06AM	Shravana Until 10:10AM	Ganesha: White <i>Sunrise:</i> 5:29AM	Sobhana 5125		
	Creative Work Siddha Yoga		Yama 1:32PM – 3:09PM	Sadhya Until 9:05AM	Muruqa: Clear <i>Sunset:</i> 6:22PM	Moon 4 - Phase 1 - 8		
		Rahu 8:42AM – 10:19AM	Vanija Until 12:38PM	Nataraja: Clear	2nd Phase			
			Dashami Until 11:22PM	Moon – Purple	Bhuloka Day			
				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM			

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam				Shanghai, China	
	Kumbha Rasi: 5.11 Tithi 26		Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 364	
	299996578		Gulika 3:09PM – 4:46PM	Dhanishtha Until 8:26AM	Ganesha: White <i>Sunrise:</i> 5:28AM	Sobhana 5125		
	Routine Work Marana Yoga		Yama 11:55AM – 1:32PM	Sukla Until 2:46AM Mon	Muruqa: Clear <i>Sunset:</i> 6:23PM	Moon 4 - Phase 1 - 9		
Until 8:26AM		Rahu 4:46PM – 6:23PM	Bava Until 10:08AM	Nataraja: Clear	2nd Phase			
Then Creative Work - Siddha Yoga			Ekadashi* Until 8:51PM	Moon – Purple	Bhuloka Day			
				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM			

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam				Shanghai, China	
	Kumbha Rasi: 19.34 Tithi 27		Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Tailila Karana Dvadashyam Titau				Sun 10 Sutra 1	
	291996578		Gulika 1:32PM – 3:09PM	Shatabhishak Until 6:33AM	Ganesha: Clear <i>Sunrise:</i> 5:27AM	Sobhana 5125		
	Family Home Evening		Yama 10:18AM – 11:55AM	Brahma Until 11:39PM	Muruqa: Clear <i>Sunset:</i> 6:23PM	Moon 4 - Phase 1 - 10		
Creative Work Siddha Yoga		Rahu 7:04AM – 8:41AM	Kaulava Until 7:37AM	Nataraja: Clear	2nd Phase			
Until 6:33AM			Dvadashi* Until 6:22PM	Moon – Purple	Devaloka Day			
Then Routine Work - Marana Yoga				Chaitra*Chaitra				

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam				Shanghai, China	
	Meena Rasi: 3.55 Tithi 28 – 29		Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 2	
	211996578		Gulika 11:55AM – 1:32PM	Uttaraproshtapada Until 3:32AM Wed	Ganesha: Orange <i>Sunrise:</i> 5:26AM	Sobhana 5125		
	Creative Work Amrita Yoga		Yama 8:40AM – 10:18AM	Indra Until 8:40PM	Muruqa: Clear <i>Sunset:</i> 6:24PM	Moon 4 - Phase 1 - 11		
Until 3:32AM Wed		Rahu 3:09PM – 4:47PM	Visti Until 2:57AM Wed	Nataraja: Clear	2nd Phase			
Then Routine Work - Marana Yoga			Trayodashi* Until 4:01PM	Moon – Clear	Devaloka Day			
				Chaitra*Chaitra				
				<i>Pradosha Vrata (Fasting)</i>				

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam				Shanghai, China	
	Retreat Star		Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 3	
	Meena Rasi: 18.06 Tithi 29 – 30		Gulika 10:17AM – 11:55AM				Revati Until 2:14AM Thu	
	211996578		Yama 7:02AM – 8:40AM	Vaidhriti* Until 5:54PM	Ganesha: Orange <i>Sunrise:</i> 5:25AM	Sobhana 5125		
Routine Work Marana Yoga		Rahu 11:55AM – 1:32PM	Catuspada Until 1:02AM Thu	Muruqa: Clear <i>Sunset:</i> 6:25PM	Moon 4 - Phase 1 - 12			
Until 2:14AM Thu			Chaturdashi* Until 1:55PM	Nataraja: Clear	Amavasya			
Then Creative Work - Amrita Yoga				Moon – Clear	Devaloka Day			
				Chaitra*Chaitra				

	Thursday, April 20, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam				Shanghai, China	
	Retreat Star		Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 4	
	Mesha Rasi: 2.05 Tithi 30 – 1		Gulika 8:39AM – 10:17AM				Ashvini Until 1:39AM Fri	
	221996578		Yama 5:24AM – 7:01AM	Vishkambha* Until 3:28PM	Ganesha: Clear <i>Sunrise:</i> 5:24AM	Sobhana 5125		
Creative Work Amrita Yoga		Rahu 1:32PM – 3:10PM	Kintughna Until 11:32PM	Muruqa: Clear <i>Sunset:</i> 6:25PM	Moon 4 - Phase 1 - 13			
Until 1:39AM Fri			Amavasya* Until 12:12PM	Nataraja: Clear	Prathama			
Then Creative Work - Siddha Yoga				Moon – White	Devaloka Day			
				Vaisaka*Chaitra				

1		Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Shanghai, China Sun 14 Sutra 5	
Mesha Rasi: 15.47	Tithi 1 – 2	Gulika 7:00AM – 8:38AM	Bharani Until 1:28AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Sobhana 5125	
		Yama 3:10PM – 4:48PM	Priti Until 1:27PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 4 - Phase 2 - 14	
		221996578 Rahu 10:16AM – 11:54AM	Balava Until 10:35PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 10:58AM	Moon – White			Devaloka Day
Until 1:28AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							
2		Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Shanghai, China Sun 15 Sutra 6	
Mesha Rasi: 29.1	Tithi 2 – 3	Gulika 5:21AM – 7:00AM	Krittika Until 1:44AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Sobhana 5125	
		Yama 1:32PM – 3:10PM	Ayushman Until 11:53AM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 2 - 15	
		221996578 Rahu 8:38AM – 10:16AM	Taitila Until 10:15PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 10:19AM	Moon – White			Devaloka Day
Until 1:44AM Sun				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							
3		Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Shanghai, China Sun 16 Sutra 7	
Vishabha Rasi: 12.11	Tithi 3 – 4	Gulika 3:10PM – 4:49PM	Rohini Until 2:58AM Mon	Ganesha: Orange	<i>Sunrise:</i> 5:20AM	Sobhana 5125	
		Yama 11:54AM – 1:32PM	Saubhagya Until 10:51AM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 2 - 16	
		231996578 Rahu 4:49PM – 6:27PM	Vanija Until 10:35PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 10:19AM	Moon – Yellow			Devaloka Day
Until 2:58AM Mon		Akshaya Tritiya		Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							
4		Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Shanghai, China Sun 17 Sutra 8	
Vishabha Rasi: 24.55	Tithi 4 – 5	Gulika 1:32PM – 3:11PM	Mrigashira Until 4:40AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:19AM	Sobhana 5125	
Family Home Evening		Yama 10:15AM – 11:54AM	Sobhana Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 2 - 17	
Creative Work	Amrita Yoga	231996578 Rahu 6:58AM – 8:36AM	Bava Until 11:34PM	Nataraja: Clear		3rd Phase	
Until 4:40AM Tue			Chaturthi* Until 10:59AM	Moon – Yellow			Devaloka Day
Then Routine Work - Marana Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra			
5		Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Shanghai, China Sun 18 Sutra 9	
Mithuna Rasi: 7.2	Tithi 5 – 6	Gulika 11:53AM – 1:32PM	Ardra Until 6:44AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:18AM	Sobhana 5125	
		Yama 8:36AM – 10:15AM	Athiganda* Until 10:17AM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 2 - 18	
		231996579 Rahu 3:11PM – 4:50PM	Kaulava Until 1:07AM Wed	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 12:15PM	Moon – Yellow			Sivaloka Day
Until 6:44AM Wed				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							
6		Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Shanghai, China Sun 19 Sutra 10	
Mithuna Rasi: 19.32	Tithi 6 – 7	Gulika 10:14AM – 11:53AM	Ardra Until 6:44AM	Ganesha: Orange	<i>Sunrise:</i> 5:17AM	Sobhana 5125	
		Yama 6:56AM – 8:35AM	Sukarma Until 10:38AM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 2 - 19	
		231996579 Rahu 11:53AM – 1:32PM	Gara Until 3:06AM Thu	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 2:02PM	Moon – Yellow			Sivaloka Day
				Vaisaka-Chaitra			
Retreat Star		Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau		Shanghai, China Sun 20 Sutra 11	
Kataka Rasi: 1.34	Tithi 7 – 8	Gulika 8:35AM – 10:14AM	Punarvasu Until 9:31AM	Ganesha: Red	<i>Sunrise:</i> 5:16AM	Sobhana 5125	
		Yama 5:16AM – 6:55AM	Dhriti Until 11:18AM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 2 - 20	
		242996579 Rahu 1:32PM – 3:11PM	Visti Until 5:21AM Fri	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Saptami Until 4:11PM	Moon – Blue			Sivaloka Day
				Vaisaka-Chaitra			
Retreat Star		Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava Karana Ashtamyam Titau		Shanghai, China Sun 21 Sutra 12	
Kataka Rasi: 13.3	Tithi 8	Gulika 6:55AM – 8:34AM	Pushya Until 12:21PM	Ganesha: Red	<i>Sunrise:</i> 5:15AM	Sobhana 5125	
		Yama 3:12PM – 4:51PM	Shula* Until 12:06PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 2 - 21	
		242996579 Rahu 10:13AM – 11:53AM	Bava Until 6:30PM	Nataraja: Purple		Ashtami	
Routine Work	Marana Yoga		Ashtami* Until 6:30PM	Moon – Blue			Sivaloka Day
				Vaisaka-Chaitra			
Retreat Star		Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau		Shanghai, China Sun 22 Sutra 13	
Kataka Rasi: 25.25	Tithi 9	Gulika 5:14AM – 6:54AM	Ashlesha* Until 3:03PM	Ganesha: Red	<i>Sunrise:</i> 5:14AM	Sobhana 5125	
		Yama 1:32PM – 3:12PM	Ganda* Until 12:57PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 2 - 22	
		242996579 Rahu 8:33AM – 10:13AM	Balava Until 7:42AM	Nataraja: Purple		Navami	
Routine Work	Marana Yoga		Navami* Until 8:49PM	Moon – Blue			Sivaloka Day
Until 3:03PM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 14
Simha Rasi: 7.21	Tithi 10	Gulika 3:12PM – 4:52PM	Magha* Until 5:56PM	Ganesha: Blue <i>Sunrise:</i> 5:13AM	Sobhana 5125	
		Yama 11:53AM – 1:32PM	Vriddhi Until 1:42PM	Muruqa: Clear <i>Sunset:</i> 6:32PM	Moon 4 - Phase 3 - 23	
		252996579 Rahu 4:52PM – 6:32PM	Taitila Until 9:55AM	Nataraja: Purple	4th Phase	
Routine Work	Marana Yoga		Dashami Until 10:55PM	Moon – Red		Devaloka Day
Until 5:56PM				Vaisaka*Chaitra		
Then Creative Work - Siddha Yoga						

2 Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 15
Simha Rasi: 19.24	Tithi 11	Gulika 1:32PM – 3:13PM	Purvaphalguni Until 8:17PM	Ganesha: Blue <i>Sunrise:</i> 5:11AM	Sobhana 5125	
Family Home Evening		Yama 10:12AM – 11:52AM	Dhruva Until 2:10PM	Muruqa: Clear <i>Sunset:</i> 6:33PM	Moon 4 - Phase 3 - 24	
		252996579 Rahu 6:51AM – 8:32AM	Vanija Until 11:51AM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:38AM Tue	Moon – Red		Devaloka Day
				Vaisaka*Chaitra		

3 Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 16
Kanya Rasi: 1.37	Tithi 12	Gulika 11:52AM – 1:33PM	Uttaraphalguni Until 10:00PM	Ganesha: Blue <i>Sunrise:</i> 5:10AM	Sobhana 5125	
		Yama 8:31AM – 10:12AM	Vyaghata* Until 2:17PM	Muruqa: Clear <i>Sunset:</i> 6:34PM	Moon 4 - Phase 3 - 25	
		252996579 Rahu 3:13PM – 4:53PM	Bava Until 1:19PM	Nataraja: Purple	4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 1:48AM Wed	Moon – Red		Devaloka Day
Until 10:00PM				Vaisaka*Chaitra		
Then Creative Work - Siddha Yoga						

4 Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 17
Kanya Rasi: 14.05	Tithi 13	Gulika 10:11AM – 11:52AM	Hasta Until 11:27PM	Ganesha: Yellow <i>Sunrise:</i> 5:09AM	Sobhana 5125	
		Yama 6:50AM – 8:31AM	Harshana Until 1:58PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 4 - Phase 3 - 26	
		252996579 Rahu 11:52AM – 1:33PM	Kaulava Until 2:11PM	Nataraja: Purple	4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 2:22AM Thu	Moon – Green		Sivaloka Day
Until 11:27PM				Vaisaka*Chaitra		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

5 Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 18
Kanya Rasi: 26.5	Tithi 14	Gulika 8:30AM – 10:11AM	Chitra Until 12:07AM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:08AM	Sobhana 5125	
		Yama 5:08AM – 6:49AM	Vajra* Until 1:07PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 4 - Phase 3 - 27	
		252996579 Rahu 1:33PM – 3:14PM	Gara Until 2:26PM	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 2:18AM Fri	Moon – Green		Sivaloka Day
				Vaisaka*Chaitra		

Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 19
Copper Retreat Star		Gulika 6:49AM – 8:30AM	Svati Until 12:02AM Sat	Ganesha: Yellow <i>Sunrise:</i> 5:08AM	Sobhana 5125	
Tula Rasi: 9.53	Tithi 15	Yama 3:14PM – 4:55PM	Siddhi Until 11:48AM	Muruqa: Clear <i>Sunset:</i> 6:36PM	Moon 4 - Phase 3 -	
		252996579 Rahu 10:11AM – 11:52AM	Visti Until 2:03PM	Nataraja: Purple	Purnima	
Creative Work	Siddha Yoga		Purnima* Until 1:37AM Sat	Moon – Green		Sivaloka Day
				Vaisaka*Chaitra		
		Budha Purnima (Tamil Nadu)				

Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sutra 20
Silver Retreat Star		Gulika 5:07AM – 6:48AM	Vishakha Until 11:43PM	Ganesha: White <i>Sunrise:</i> 5:07AM	Sobhana 5125	
Tula Rasi: 23.15	Tithi 16	Yama 1:33PM – 3:14PM	Vyatipata* Until 10:01AM	Muruqa: Clear <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3 -	
		272996579 Rahu 8:29AM – 10:10AM	Balava Until 1:05PM	Nataraja: Purple	Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:24AM Sun	Moon – Orange		Devaloka Day
				Vaisaka*Chaitra		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda