



Monday, April 18, 2022
Gold Retreat Star

Tula Rasi: 22.58 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 11:07PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:38PM – 3:29PM **Vishakha** Until 11:07PM
Yama 9:58AM – 11:48AM Siddhi Until 3:51PM
Rahu 6:17AM – 8:07AM Vanija Until 1:32AM Tue
Dvitiya Until 2:54PM

Ganesha: Purple *Sunrise:* 4:26AM
Muruqa: White *Sunset:* 7:10PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Stockholm, Sweden
Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Virschika Rasi: 7.3 Tithi 18 – 19
Creative Work Siddha Yoga
Until 9:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:48AM – 1:39PM **Anuradha** Until 9:06PM
Yama 8:06AM – 9:57AM Vyatipata* Until 12:29PM
Rahu 3:30PM – 5:21PM Bava Until 10:45PM
Tritiya Until 12:07PM

Ganesha: Purple *Sunrise:* 4:24AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Stockholm, Sweden
Sun 1 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Virschika Rasi: 22.03 Tithi 19 – 20
Creative Work Siddha Yoga
Until 7:00PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyan/Parigaha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:56AM – 11:48AM **Jyeshtha*** Until 7:00PM
Yama 6:12AM – 8:04AM Varyan Until 9:05AM
Rahu 11:48AM – 1:39PM Kaulava Until 8:01PM
Chaturthi* Until 9:21AM

Ganesha: Purple *Sunrise:* 4:21AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Stockholm, Sweden
Sun 2 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day

3

Thursday, April 21, 2022

Dhanus Rasi: 6.32 Tithi 20 – 21
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Gulika 8:03AM – 9:55AM **Mula*** Until 5:19PM
Yama 4:18AM – 6:10AM Shiva Until 2:39AM Fri
Rahu 1:40PM – 3:32PM Vanija Until 4:11AM Fri
Panchami Until 6:40AM

Ganesha: Clear *Sunrise:* 4:18AM
Muruqa: White *Sunset:* 7:17PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Stockholm, Sweden
Sun 3 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Dhanus Rasi: 20.53 Tithi 22
Routine Work Prabalarishta Yoga
Until 3:43PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:08AM – 8:01AM **Purvashadha*** Until 3:43PM
Yama 3:33PM – 5:26PM Siddha Until 11:42PM
Rahu 9:54AM – 11:47AM Visti Until 3:03PM
Saptami Until 1:57AM Sat

Ganesha: Purple *Sunrise:* 4:15AM
Muruqa: White *Sunset:* 7:19PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Stockholm, Sweden
Sun 4 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Devaloka Day

Retreat Star

Saturday, April 23, 2022

Makara Rasi: 5.05 Tithi 23
Routine Work Marana Yoga
Until 2:15PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:12AM – 6:06AM **Uttarashadha** Until 2:15PM
Yama 1:41PM – 3:34PM Sadhya Until 9:00PM
Rahu 8:00AM – 9:53AM Balava Until 12:58PM
Ashtami* Until 12:02AM Sun

Ganesha: Purple *Sunrise:* 4:12AM
Muruqa: White *Sunset:* 7:21PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Stockholm, Sweden
Sun 5 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 -
5 Ashtami

Devaloka Day

Sunday, April 24, 2022

Retreat Star

Makara Rasi: 19.04 Tithi 24
Creative Work Amrita Yoga
Until 1:24PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:35PM – 5:30PM **Shravana** Until 1:24PM
Yama 11:47AM – 1:41PM Subha Until 6:35PM
Rahu 5:30PM – 7:24PM Taitila Until 11:12AM
Navami* Until 10:26PM

Ganesha: Clear *Sunrise:* 4:10AM
Muruqa: White *Sunset:* 7:24PM
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Stockholm, Sweden
Sun 6 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 -
6 Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM


1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Stockholm, Sweden Sun 7 Sutra 8
	Kumbha Rasi: 2.49	Tithi 25	Gulika 1:41PM – 3:36PM	Dhanishtha Until 12:45PM	Ganesha: Clear	<i>Sunrise:</i> 4:07AM	Subhakrit 5124
	Family Home Evening	299345479	Rahu 6:02AM – 7:57AM	Sukla Until 4:26PM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 2 - 7
	Creative Work Siddha Yoga			Vanija Until 9:47AM	Nataraja: Clear		2nd Phase
			Dashami Until 9:12PM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Stockholm, Sweden Sun 8 Sutra 9
	Kumbha Rasi: 16.22	Tithi 26	Gulika 11:46AM – 1:42PM	Shatabhishak Until 12:19PM	Ganesha: Clear	<i>Sunrise:</i> 4:04AM	Subhakrit 5124
		299345479	Rahu 3:37PM – 5:33PM	Brahma Until 2:36PM	Muruqa: White	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 2 - 8
	Routine Work Marana Yoga			Bava Until 8:45AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 8:21PM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stockholm, Sweden Sun 9 Sutra 10
	Kumbha Rasi: 29.41	Tithi 27	Gulika 9:50AM – 11:46AM	Purvaproshtapada* Until 12:36PM	Ganesha: Red	<i>Sunrise:</i> 4:01AM	Subhakrit 5124
		219345479	Rahu 11:46AM – 1:42PM	Indra Until 1:07PM	Muruqa: White	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 2 - 9
	Creative Work Amrita Yoga			Kaulava Until 8:07AM	Nataraja: Clear		2nd Phase
Until 12:36PM			Dvadashi* Until 7:56PM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Chaitra*Chaitra			

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarproshthapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Stockholm, Sweden Sun 10 Sutra 11
	Meena Rasi: 12.47	Tithi 28	Gulika 7:52AM – 9:49AM	Uttarproshthapada Until 1:10PM	Ganesha: Blue	<i>Sunrise:</i> 3:59AM	Subhakrit 5124
		219445479	Rahu 1:43PM – 3:40PM	Vaidhriti* Until 11:57AM	Muruqa: White	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 2 - 10
	Creative Work Siddha Yoga			Gara Until 7:54AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 7:57PM	Moon – Clear		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 11 Sutra 12
	Meena Rasi: 25.39	Tithi 29	Gulika 5:54AM – 7:51AM	Revati Until 2:02PM	Ganesha: Blue	<i>Sunrise:</i> 3:56AM	Subhakrit 5124
		219445479	Rahu 9:48AM – 11:46AM	Vishkambha* Until 11:11AM	Muruqa: White	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 2 - 11
	Creative Work Siddha Yoga			Visti Until 8:10AM	Nataraja: Clear		2nd Phase
Until 2:02PM			Chaturdashi* Until 8:27PM	Moon – Clear		Bhuloka Day	
Then Creative Work - Amrita Yoga				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM	

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stockholm, Sweden Sun 12 Sutra 13
	Retreat Star		Gulika 3:53AM – 5:52AM	Ashvini Until 3:41PM	Ganesha: Green	<i>Sunrise:</i> 3:53AM	Subhakrit 5124
	Mesha Rasi: 8.17	Tithi 30	Rahu 7:50AM – 9:48AM	Priti Until 10:48AM	Muruqa: White	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 2 - 12
	Creative Work Siddha Yoga			Catuspada Until 8:55AM	Nataraja: Clear		Amavasya
			Amavasya* Until 9:27PM	Moon – White		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 6:PM to 9:PM	

Retreat Star	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 13 Sutra 14
	Mesha Rasi: 20.42	Tithi 1	Gulika 3:43PM – 5:42PM	Bharani Until 5:40PM	Ganesha: Green	<i>Sunrise:</i> 3:51AM	Subhakrit 5124
		221445479	Rahu 5:42PM – 7:40PM	Ayushman Until 10:46AM	Muruqa: White	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 2 - 13
	Routine Work Prabalarishta Yoga			Kintughna Until 10:10AM	Nataraja: Clear		Prathama
Until 5:40PM			Prathama* Until 10:56PM	Moon – White		Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stockholm, Sweden Sun 14 Sutra 15 Subhakrit 5124
1	Vrishabha Rasi: 2.55 Family Home Evening Routine Work Marana Yoga Until 7:55PM Then Creative Work - Amrita Yoga	221445479	Gulika 1:45PM – 3:44PM Yama 9:46AM – 11:46AM Rahu 5:48AM – 7:47AM	Krittika Until 7:55PM Saubhagya Until 11:07AM Balava Until 11:52AM Dvitiya Until 12:51AM Tue	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 3:48AM Sunset: 7:43PM Devaloka Day Devaloka Time: 6:PM to 9:PM

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Stockholm, Sweden Sun 15 Sutra 16 Subhakrit 5124
2	Vrishabha Rasi: 14.57 Creative Work Amrita Yoga Until 10:50PM Then Creative Work - Siddha Yoga	231445479	Gulika 11:45AM – 1:45PM Yama 7:46AM – 9:45AM Rahu 3:45PM – 5:45PM	Rohini Until 10:50PM Sobhana Until 11:47AM Taitila Until 1:58PM Tritiya Until 3:06AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 3:46AM Sunset: 7:45PM Devaloka Day Devaloka Time: 6:PM to 9:PM

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Stockholm, Sweden Sun 16 Sutra 17 Subhakrit 5124
3	Vrishabha Rasi: 26.52 Creative Work Siddha Yoga Until 1:48AM Thu Then Routine Work - Marana Yoga	231445479	Gulika 9:45AM – 11:45AM Yama 5:44AM – 7:44AM Rahu 11:45AM – 1:46PM	Mrigashira Until 1:48AM Thu Athiganda* Until 12:38PM Vanija Until 4:21PM Chaturthi* Until 5:34AM Thu	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 3:43AM Sunset: 7:48PM Devaloka Day Devaloka Time: 6:PM to 9:PM

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava Karana Panchamyam Titau				Stockholm, Sweden Sun 17 Sutra 18 Subhakrit 5124
4	Mithuna Rasi: 8.43 Routine Work Marana Yoga Until 4:40AM Fri Then Creative Work - Siddha Yoga	231445479	Gulika 7:43AM – 9:44AM Yama 3:40AM – 5:42AM Rahu 1:46PM – 3:48PM	Ardra Until 4:40AM Fri Sukarma Until 1:37PM Bava Until 6:51PM Panchami Until 8:04AM Fri	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 3:40AM Sunset: 7:50PM Devaloka Day Devaloka Time: 6:PM to 9:PM

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stockholm, Sweden Sun 18 Sutra 19 Subhakrit 5124
5	Mithuna Rasi: 20.34 Creative Work Siddha Yoga	241445479	Gulika 5:40AM – 7:42AM Yama 3:49PM – 5:50PM Rahu 9:43AM – 11:45AM	Punarvasu Until 7:46AM Sat Dhriti Until 2:36PM Kaulava Until 9:18PM Panchami Until 8:04AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 3:38AM Sunset: 7:52PM Devaloka Day

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 19 Sutra 20 Subhakrit 5124
6	Kataka Rasi: 2.26 Creative Work Siddha Yoga	241445479	Gulika 3:35AM – 5:38AM Yama 1:47PM – 3:50PM Rahu 7:40AM – 9:43AM	Punarvasu Until 7:46AM Shula* Until 3:26PM Gara Until 11:31PM Shashthi* Until 10:26AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 3:35AM Sunset: 7:55PM Devaloka Day

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 20 Sutra 21 Subhakrit 5124
Retreat Star	Kataka Rasi: 14.26 Creative Work Siddha Yoga	241445479	Gulika 3:51PM – 5:54PM Yama 11:45AM – 1:48PM Rahu 5:54PM – 7:57PM	Pushya Until 10:25AM Ganda* Until 4:00PM Visti Until 1:20AM Mon Saptami Until 12:28PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 3:33AM Sunset: 7:57PM Devaloka Day

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 21 Sutra 22 Subhakrit 5124
Retreat Star	Kataka Rasi: 26.37 Family Home Evening Creative Work Siddha Yoga Until 12:25PM Then Routine Work - Marana Yoga	241445479	Gulika 1:49PM – 3:52PM Yama 9:41AM – 11:45AM Rahu 5:34AM – 7:38AM	Ashlesha* Until 12:25PM Vridhhi Until 4:11PM Balava Until 2:33AM Tue Ashtami* Until 2:00PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 3:31AM Sunset: 7:59PM Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stockholm, Sweden Sun 22 Sutra 23
	Simha Rasi: 9.02	Tithi 9 – 10	Gulika 11:45AM – 1:49PM	Magha* Until 2:08PM	Ganesha: Clear	<i>Sunrise:</i> 3:28AM	Subhakrit 5124
			Yama 7:37AM – 9:41AM	Dhruva Until 3:49PM	Muruqa: White	<i>Sunset:</i> 8:02PM	Moon 4 - Phase 4 - 22
	Creative Work	Siddha Yoga	252445479 Rahu 3:53PM – 5:57PM	Taitila Until 3:04AM Wed	Nataraja: Clear		4th Phase
			Navami* Until 2:53PM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 23 Sutra 24
	Simha Rasi: 21.48	Tithi 10 – 11	Gulika 9:40AM – 11:45AM	Purvaphalguni Until 2:57PM	Ganesha: Clear	<i>Sunrise:</i> 3:26AM	Subhakrit 5124
			Yama 5:31AM – 7:35AM	Vyaghata* Until 2:53PM	Muruqa: White	<i>Sunset:</i> 8:04PM	Moon 4 - Phase 4 - 23
	Creative Work	Amrita Yoga	252445479 Rahu 11:45AM – 1:50PM	Vanija Until 2:49AM Thu	Nataraja: Clear		4th Phase
			Dashami Until 3:01PM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 24 Sutra 25
	Kanya Rasi: 4.57	Tithi 11 – 12	Gulika 7:34AM – 9:39AM	Uttaraphalguni Until 2:51PM	Ganesha: Clear	<i>Sunrise:</i> 3:23AM	Subhakrit 5124
			Yama 3:23AM – 5:29AM	Harshana Until 1:21PM	Muruqa: White	<i>Sunset:</i> 8:06PM	Moon 4 - Phase 4 - 24
		Amrita Yoga	252445479 Rahu 1:50PM – 3:56PM	Bava Until 1:47AM Fri	Nataraja: Clear		4th Phase
Until 2:51PM	Then Routine Work - Marana Yoga		Ekadashi Until 2:23PM	Moon – Red		Devaloka Day	
				Vaisaka-Chaitra			

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 25 Sutra 26
	Kanya Rasi: 18.31	Tithi 12 – 13	Gulika 5:27AM – 7:33AM	Hasta Until 2:19PM	Ganesha: White	<i>Sunrise:</i> 3:21AM	Subhakrit 5124
			Yama 3:57PM – 6:03PM	Vajra* Until 11:11AM	Muruqa: White	<i>Sunset:</i> 8:08PM	Moon 4 - Phase 4 - 25
	Creative Work	Amrita Yoga	262445479 Rahu 9:39AM – 11:45AM	Kaulava Until 12:02AM Sat	Nataraja: Clear		4th Phase
Until 2:19PM	Then Creative Work - Siddha Yoga		Dvadashi Until 12:58PM	Moon – Green		Sivaloka Day	
				Vaisaka-Chaitra			
				<i>Pradosha Vrata</i>			

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipala* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 26 Sutra 27
	Tula Rasi: 2.31	Tithi 13 – 14	Gulika 3:19AM – 5:25AM	Chitra Until 12:58PM	Ganesha: White	<i>Sunrise:</i> 3:19AM	Subhakrit 5124
			Yama 1:51PM – 3:58PM	Siddhi Until 8:28AM	Muruqa: White	<i>Sunset:</i> 8:11PM	Moon 4 - Phase 4 - 26
	Routine Work	Marana Yoga	262445479 Rahu 7:32AM – 9:38AM	Gara Until 9:40PM	Nataraja: Clear		4th Phase
Until 12:58PM	Then Creative Work - Siddha Yoga		Trayodashi Until 10:54AM	Moon – Green		Sivaloka Day	
				Vaisaka-Chaitra			

○	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stockholm, Sweden Sun 27 Sutra 28
	Copper Retreat Star		Gulika 3:59PM – 6:06PM	Svati Until 10:56AM	Ganesha: White	<i>Sunrise:</i> 3:17AM	Subhakrit 5124
	Tula Rasi: 16.54	Tithi 14 – 15	Yama 11:45AM – 1:52PM	Variyan Until 1:46AM Mon	Muruqa: White	<i>Sunset:</i> 8:13PM	Moon 4 - Phase 4 - 27
	Creative Work	Siddha Yoga	262445479 Rahu 6:06PM – 8:13PM	Visti Until 6:49PM	Nataraja: Clear		Purnima
Until 10:56AM	Then Routine Work - Marana Yoga		Chaturdashi* Until 8:16AM	Moon – Green		Sivaloka Day	
				Vaisaka-Vaikasi			

○	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Stockholm, Sweden Sun 29 Sutra 29
	Silver Retreat Star		Gulika 1:52PM – 4:00PM	Vishakha Until 8:47AM	Ganesha: Yellow	<i>Sunrise:</i> 3:14AM	Subhakrit 5124
	Vrischika Rasi: 2	Tithi 16	Yama 9:37AM – 11:45AM	Parigha* Until 10:00PM	Muruqa: White	<i>Sunset:</i> 8:15PM	Moon 4 - Phase 4 -
	Family Home Evening		272445479 Rahu 5:22AM – 7:30AM	Balava Until 3:37PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 1:56AM Tue	Moon – Orange		Devaloka Day	
Until 8:47AM	Then Creative Work - Siddha Yoga			Vaisaka-Vaikasi			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

times are standard time. Calculated for Stockholm, Sweden on 5/1

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden
Sun 1 Sutra 31

Vrischika Rasi: 16.29 Tithi 17

272445479

Gulika 11:45AM – 1:53PM
Yama 7:28AM – 9:37AM
Rahu 4:01PM – 6:09PM

Anuradha Until 6:15AM
Shiva Until 6:07PM
Taitila Until 12:14PM
Dvitiya Until 10:31PM

Ganesha: Yellow *Sunrise:* 3:12AM
Muruqa: White *Sunset:* 8:17PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 6:15AM

Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Stockholm, Sweden
Sun 2 Sutra 32

Dhanus Rasi: 1.27 Tithi 18

282445479

Gulika 9:36AM – 11:45AM
Yama 5:19AM – 7:27AM
Rahu 11:45AM – 1:54PM

Mula* Until 1:07AM Thu
Siddha Until 2:13PM
Vanija Until 8:49AM
Tritiya Until 7:08PM

Ganesha: Blue *Sunrise:* 3:10AM
Muruqa: White *Sunset:* 8:20PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Until 1:07AM Thu

Then Creative Work - Siddha Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden
Sun 3 Sutra 33

Dhanus Rasi: 16.2 Tithi 19 – 20

282445479

Gulika 7:26AM – 9:36AM
Yama 3:08AM – 5:17AM
Rahu 1:54PM – 4:03PM

Purvashadha* Until 10:47PM
Sadhya Until 10:27AM
Kaulava Until 2:26AM Fri
Chaturthi* Until 3:55PM

Ganesha: Blue *Sunrise:* 3:08AM
Muruqa: White *Sunset:* 8:22PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 10:47PM

Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden
Sun 4 Sutra 34

Makara Rasi: 1.03 Tithi 20 – 21

282445479

Gulika 5:16AM – 7:25AM
Yama 4:04PM – 6:14PM
Rahu 9:35AM – 11:45AM

Uttarashadha Until 8:40PM
Subha Until 6:55AM
Gara Until 11:43PM
Panchami Until 1:01PM

Ganesha: Blue *Sunrise:* 3:06AM
Muruqa: White *Sunset:* 8:24PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden
Sun 5 Sutra 35

Makara Rasi: 15.29 Tithi 21 – 22

292445479

Gulika 3:04AM – 5:14AM
Yama 1:55PM – 4:05PM
Rahu 7:24AM – 9:35AM

Shravana Until 7:17PM
Brahma Until 12:51AM Sun
Visti Until 9:28PM
Shashthi* Until 10:31AM

Ganesha: Red *Sunrise:* 3:04AM
Muruqa: White *Sunset:* 8:26PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden
Sun 6 Sutra 36

Makara Rasi: 29.34 Tithi 22 – 23

292445479

Gulika 4:07PM – 6:17PM
Yama 11:45AM – 1:56PM
Rahu 6:17PM – 8:28PM

Dhanishtha Until 6:17PM
Indra Until 10:29PM
Balava Until 7:45PM
Saptami Until 8:31AM

Ganesha: Red *Sunrise:* 3:02AM
Muruqa: White *Sunset:* 8:28PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Ashtami

Routine Work Marana Yoga

Until 6:17PM

Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stockholm, Sweden
Sun 6 Sutra 36

Kumbha Rasi: 13.19 Tithi 23 – 24

293445479

Gulika 1:56PM – 4:08PM
Yama 9:34AM – 11:45AM
Rahu 5:11AM – 7:23AM

Shatabhishak Until 5:43PM
Vaidhriti* Until 8:34PM
Taitila Until 6:38PM
Ashtami* Until 7:06AM

Ganesha: Green *Sunrise:* 3:00AM
Muruqa: White *Sunset:* 8:30PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Navami

Creative Work Siddha Yoga

Until 5:43PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

times are standard time. Calculated for Stockholm, Sweden on 5/1

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1		Tuesday, May 24, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stockholm, Sweden Sun 7 Sutra 37	
Kumbha Rasi: 26.43	Tithi 24 – 25	Gulika 11:45AM – 1:57PM	Purvaproshtapada* Until 6:03PM	Ganesha: Clear	<i>Sunrise:</i> 2:58AM	Subhakra 5124	
		Yama 7:22AM – 9:33AM	Vishkambha* Until 7:09PM	Muruqa: White	<i>Sunset:</i> 8:32PM	Moon 5 - Phase 6 - 7	
		213545479 Rahu 4:09PM – 6:20PM	Vanija Until 6:06PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 6:16AM	Moon – Clear		Devaloka Day	
Until 6:03PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

2		Wednesday, May 25, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stockholm, Sweden Sun 8 Sutra 38	
Meena Rasi: 9.48	Tithi 25 – 26	Gulika 9:33AM – 11:45AM	Uttaraproshtapada Until 6:48PM	Ganesha: Clear	<i>Sunrise:</i> 2:56AM	Subhakra 5124	
		Yama 5:09AM – 7:21AM	Priti Until 6:13PM	Muruqa: White	<i>Sunset:</i> 8:34PM	Moon 5 - Phase 6 - 8	
		213545479 Rahu 11:45AM – 1:57PM	Bava Until 6:10PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 6:02AM	Moon – Clear		Devaloka Day	
Until 6:48PM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

3		Thursday, May 26, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stockholm, Sweden Sun 9 Sutra 39	
Meena Rasi: 22.35	Tithi 26 – 27	Gulika 7:20AM – 9:33AM	Revati Until 7:57PM	Ganesha: Purple	<i>Sunrise:</i> 2:55AM	Subhakra 5124	
		Yama 2:55AM – 5:07AM	Ayushman Until 5:42PM	Muruqa: White	<i>Sunset:</i> 8:36PM	Moon 5 - Phase 6 - 9	
		313545479 Rahu 1:58PM – 4:11PM	Kaulava Until 6:47PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 6:23AM	Moon – Clear		Sivaloka Day	
Until 7:57PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

4		Friday, May 27, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 10 Sutra 40	
Mesha Rasi: 5.08	Tithi 27 – 28	Gulika 5:06AM – 7:19AM	Ashvini Until 9:54PM	Ganesha: Clear	<i>Sunrise:</i> 2:53AM	Subhakra 5124	
		Yama 4:12PM – 6:25PM	Saubhagya Until 5:35PM	Muruqa: White	<i>Sunset:</i> 8:38PM	Moon 5 - Phase 6 - 10	
		323545479 Rahu 9:32AM – 11:45AM	Gara Until 7:55PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 7:17AM	Moon – White		Devaloka Day	
Until 9:54PM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)			

5		Saturday, May 28, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 11 Sutra 41	
Mesha Rasi: 17.28	Tithi 28 – 29	Gulika 2:51AM – 5:05AM	Bharani Until 12:08AM Sun	Ganesha: Clear	<i>Sunrise:</i> 2:51AM	Subhakra 5124	
		Yama 1:59PM – 4:13PM	Sobhana Until 5:51PM	Muruqa: White	<i>Sunset:</i> 8:40PM	Moon 5 - Phase 6 - 11	
		323545479 Rahu 7:18AM – 9:32AM	Visti Until 9:30PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 8:39AM	Moon – White		Devaloka Day	
Until 2:32AM Mon				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

		Sunday, May 29, 2022		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stockholm, Sweden Sun 12 Sutra 42	
Retreat Star		Gulika 4:14PM – 6:28PM	Krittika Until 2:32AM Mon	Ganesha: Clear	<i>Sunrise:</i> 2:50AM	Subhakra 5124	
Mesha Rasi: 29.37	Tithi 29 – 30	Yama 11:46AM – 2:00PM	Athiganda* Until 6:22PM	Muruqa: White	<i>Sunset:</i> 8:42PM	Moon 5 - Phase 6 - 12	
		323545479 Rahu 6:28PM – 8:42PM	Catuspada Until 11:28PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:25AM	Moon – White		Devaloka Day	
Until 2:32AM Mon				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

Monday, May 30, 2022		Retreat Star		Subhakra Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stockholm, Sweden Sun 13 Sutra 43	
Vrishabha Rasi: 11.38	Tithi 30 – 1	Gulika 2:00PM – 4:15PM	Rohini Until 5:33AM Tue	Ganesha: Orange	<i>Sunrise:</i> 2:48AM	Subhakra 5124	
Family Home Evening		Yama 9:31AM – 11:46AM	Sukarma Until 7:09PM	Muruqa: White	<i>Sunset:</i> 8:44PM	Moon 5 - Phase 6 - 13	
		333545479 Rahu 5:02AM – 7:17AM	Kintughna Until 1:42AM Tue	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 12:32PM	Moon – Yellow		Devaloka Day	
Until 5:33AM Tue				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Stockholm, Sweden
	Vrishabha Rasi: 23.33 Tithi 1 – 2		Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 44
	Creative Work	Siddha Yoga	Gulika 11:46AM – 2:01PM Yama 7:16AM – 9:31AM 333545479 Rahu 4:16PM – 6:30PM	Mrigashira Until 8:33AM Wed Dhriti Until 8:06PM Balava Until 4:07AM Wed Prathama* Until 2:52PM	Ganesha: Orange <i>Sunrise:</i> 2:47AM Muruqa: White <i>Sunset:</i> 8:45PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	<i>Sunrise:</i> 2:47AM <i>Sunset:</i> 8:45PM	Moon 5 - Phase 7 - 14 3rd Phase Devaloka Day

2	Wednesday, June 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Stockholm, Sweden
	Mithuna Rasi: 5.24 Tithi 2 – 3		Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 15 Sutra 45
	Creative Work	Siddha Yoga	Gulika 9:31AM – 11:46AM Yama 5:00AM – 7:16AM 333545479 Rahu 11:46AM – 2:01PM	Mrigashira Until 8:33AM Shula* Until 9:05PM Taitila Until 6:36AM Thu Dvitiya Until 5:20PM	Ganesha: Orange <i>Sunrise:</i> 2:45AM Muruqa: White <i>Sunset:</i> 8:47PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	<i>Sunrise:</i> 2:45AM <i>Sunset:</i> 8:47PM	Moon 5 - Phase 7 - 15 3rd Phase Devaloka Day

3	Thursday, June 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Stockholm, Sweden
	Mithuna Rasi: 17.14 Tithi 3		Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 46
	Routine Work	Marana Yoga	Gulika 7:15AM – 9:31AM Yama 2:44AM – 4:59AM 333555479 Rahu 2:02PM – 4:17PM	Ardra Until 11:25AM Ganda* Until 10:06PM Taitila Until 6:36AM Tritiya Until 7:49PM	Ganesha: Orange <i>Sunrise:</i> 2:44AM Muruqa: Green <i>Sunset:</i> 8:49PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	<i>Sunrise:</i> 2:44AM <i>Sunset:</i> 8:49PM	Moon 5 - Phase 7 - 16 3rd Phase Devaloka Day

4	Friday, June 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Stockholm, Sweden
	Mithuna Rasi: 29.04 Tithi 4		Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 47
	Creative Work	Siddha Yoga	Gulika 4:58AM – 7:14AM Yama 4:18PM – 6:34PM 343555479 Rahu 9:30AM – 11:46AM	Punarvasu Until 2:35PM Vriddhi Until 11:03PM Vanija Until 9:03AM Chaturthi* Until 10:12PM	Ganesha: Clear <i>Sunrise:</i> 2:42AM Muruqa: Green <i>Sunset:</i> 8:50PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	<i>Sunrise:</i> 2:42AM <i>Sunset:</i> 8:50PM	Moon 5 - Phase 7 - 17 3rd Phase Devaloka Day

5	Saturday, June 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Stockholm, Sweden
	Kataka Rasi: 10.59 Tithi 5		Pushya/Ashlesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 18 Sutra 48
	Creative Work	Siddha Yoga	Gulika 2:41AM – 4:58AM Yama 2:03PM – 4:19PM 343555479 Rahu 7:14AM – 9:30AM	Pushya Until 5:23PM Dhruva Until 11:47PM Bava Until 11:20AM Panchami Until 12:21AM Sun	Ganesha: Clear <i>Sunrise:</i> 2:41AM Muruqa: Green <i>Sunset:</i> 8:52PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	<i>Sunrise:</i> 2:41AM <i>Sunset:</i> 8:52PM	Moon 5 - Phase 7 - 18 3rd Phase Devaloka Day

6	Sunday, June 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stockholm, Sweden
	Kataka Rasi: 22.59 Tithi 6		Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 19 Sutra 49
	Creative Work	Siddha Yoga	Gulika 4:20PM – 6:36PM Yama 11:47AM – 2:03PM 343555471 Rahu 6:36PM – 8:53PM	Ashlesha* Until 7:42PM Vyaghata* Until 12:15AM Mon Kaulava Until 1:19PM Shashthi* Until 2:08AM Mon	Ganesha: Clear <i>Sunrise:</i> 2:40AM Muruqa: Green <i>Sunset:</i> 8:53PM Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	<i>Sunrise:</i> 2:40AM <i>Sunset:</i> 8:53PM	Moon 5 - Phase 7 - 19 3rd Phase Devaloka Day

Retreat Star	Monday, June 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Stockholm, Sweden
	Simha Rasi: 5.09 Tithi 7		Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 20 Sutra 50
	Family Home Evening	Marana Yoga	Gulika 2:04PM – 4:21PM Yama 9:30AM – 11:47AM 353555471 Rahu 4:56AM – 7:13AM	Magha* Until 9:53PM Harshana Until 12:21AM Tue Gara Until 2:51PM Saptami Until 3:23AM Tue	Ganesha: Purple <i>Sunrise:</i> 2:39AM Muruqa: Green <i>Sunset:</i> 8:55PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	<i>Sunrise:</i> 2:39AM <i>Sunset:</i> 8:55PM	Moon 5 - Phase 7 - 20 3rd Phase Sivaloka Day

Retreat Star	Tuesday, June 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Stockholm, Sweden
	Simha Rasi: 17.32 Tithi 8		Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21 Sutra 51
	Creative Work	Siddha Yoga	Gulika 11:47AM – 2:04PM Yama 7:12AM – 9:30AM 354555471 Rahu 4:21PM – 6:39PM	Purvaphalguni Until 11:18PM Vajra* Until 11:55PM Visti Until 3:48PM Ashtami* Until 4:00AM Wed	Ganesha: Clear <i>Sunrise:</i> 2:38AM Muruqa: Green <i>Sunset:</i> 8:56PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	<i>Sunrise:</i> 2:38AM <i>Sunset:</i> 8:56PM	Moon 5 - Phase 7 - 21 Ashtami Devaloka Day

Retreat Star	Wednesday, June 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Stockholm, Sweden
	Kanya Rasi: 0.14 Tithi 9		Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22 Sutra 52
	Creative Work	Amrita Yoga	Gulika 9:30AM – 11:47AM Yama 4:55AM – 7:12AM 354555471 Rahu 11:47AM – 2:05PM	Uttaraphalguni Until 11:51PM Siddhi Until 10:55PM Balava Until 4:03PM Navami* Until 3:51AM Thu	Ganesha: Clear <i>Sunrise:</i> 2:37AM Muruqa: Green <i>Sunset:</i> 8:57PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	<i>Sunrise:</i> 2:37AM <i>Sunset:</i> 8:57PM	Moon 5 - Phase 7 - 22 Navami Devaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau			Stockholm, Sweden Sun 23 Sutra 53
	Kanya Rasi: 13.17	Tithi 10	Gulika 7:12AM – 9:29AM Yama 2:36AM – 4:54AM Rahu 2:05PM – 4:23PM	Hasta Until 11:55PM Vyatipata* Until 9:19PM Taitila Until 3:31PM Dashami Until 2:56AM Fri	Ganesha: White <i>Sunrise: 2:36AM</i> Muruqa: Green <i>Sunset: 8:58PM</i> Nataraja: Yellow Moon – Green	Subhakrit 5124 Moon 5 - Phase 8 - 23 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work Marana Yoga Until 11:55PM Then Creative Work - Siddha Yoga		364555471				


2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau			Stockholm, Sweden Sun 24 Sutra 54
	Kanya Rasi: 26.47	Tithi 11	Gulika 4:53AM – 7:11AM Yama 4:23PM – 6:41PM Rahu 9:29AM – 11:47AM	Chitra Until 11:05PM Variyan Until 7:03PM Vanija Until 2:12PM Ekadashi Until 1:14AM Sat	Ganesha: White <i>Sunrise: 2:35AM</i> Muruqa: Green <i>Sunset: 8:59PM</i> Nataraja: Yellow Moon – Green	Subhakrit 5124 Moon 5 - Phase 8 - 24 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga		364555471				

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau			Stockholm, Sweden Sun 25 Sutra 55
	Tula Rasi: 10.43	Tithi 12	Gulika 2:35AM – 4:53AM Yama 2:06PM – 4:24PM Rahu 7:11AM – 9:29AM	Svati Until 9:24PM Parigha* Until 4:13PM Bava Until 12:08PM Dvadashi Until 10:51PM	Ganesha: White <i>Sunrise: 2:35AM</i> Muruqa: Green <i>Sunset: 9:01PM</i> Nataraja: Yellow Moon – Green	Subhakrit 5124 Moon 5 - Phase 8 - 25 4th Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga		364555471				

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau			Stockholm, Sweden Sun 26 Sutra 56
	Tula Rasi: 25.07	Tithi 13	Gulika 4:25PM – 6:43PM Yama 11:48AM – 2:06PM Rahu 6:43PM – 9:02PM	Vishakha Until 7:24PM Shiva Until 12:53PM Kaulava Until 9:27AM Trayodashi Until 7:53PM	Ganesha: Yellow <i>Sunrise: 2:34AM</i> Muruqa: Green <i>Sunset: 9:02PM</i> Nataraja: Yellow Moon – Orange	Subhakrit 5124 Moon 5 - Phase 8 - 26 4th Phase Devaloka Day
Routine Work Marana Yoga		374555471	Vaikasi Visakam	Pradosha Vrata		

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau			Stockholm, Sweden Sun 27 Sutra 57
	Vrischika Rasi: 9.53	Tithi 14 – 15	Gulika 2:07PM – 4:25PM Yama 9:29AM – 11:48AM Rahu 4:52AM – 7:11AM	Anuradha Until 4:50PM Siddha Until 9:08AM Gara Until 6:15AM Chaturdashi* Until 4:30PM	Ganesha: Yellow <i>Sunrise: 2:34AM</i> Muruqa: Green <i>Sunset: 9:02PM</i> Nataraja: Yellow Moon – Orange	Subhakrit 5124 Moon 5 - Phase 8 - 27 4th Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga		374555471				

	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Stockholm, Sweden Sutra 58
	Vrischika Rasi: 24.56	Tithi 15 – 16	Gulika 11:48AM – 2:07PM Yama 7:11AM – 9:29AM Rahu 4:26PM – 6:45PM	Jyeshtha* Until 1:52PM Subha Until 12:57AM Wed Balava Until 10:57PM Purnima* Until 12:49PM	Ganesha: Yellow <i>Sunrise: 2:33AM</i> Muruqa: Green <i>Sunset: 9:03PM</i> Nataraja: Yellow Moon – Orange	Subhakrit 5124 Moon 5 - Phase 8 - Purnima Devaloka Day
Routine Work Marana Yoga Until 1:52PM Then Creative Work - Amrita Yoga		374555471				

	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau			Stockholm, Sweden Sutra 59
	Dhanus Rasi: 10.08	Tithi 16 – 17	Gulika 9:29AM – 11:48AM Yama 4:52AM – 7:11AM Rahu 11:48AM – 2:07PM	Mula* Until 11:02AM Sukla Until 8:44PM Taitila Until 7:09PM Prathama* Until 9:02AM	Ganesha: Blue <i>Sunrise: 2:33AM</i> Muruqa: Green <i>Sunset: 9:04PM</i> Nataraja: Yellow Moon – Light Blue	Subhakrit 5124 Moon 5 - Phase 8 - Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM
Routine Work Marana Yoga Until 11:02AM Then Creative Work - Amrita Yoga		384555471				



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 25.19 Tithi 18

384555471

Gulika 7:10AM – 9:30AM
Yama 2:32AM – 4:51AM
Rahu 2:08PM – 4:27PM

Purvashadha* Until 8:08AM
Brahma Until 4:40PM
Vanija Until 3:30PM
Tritiya Until 1:45AM Fri

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 2:32AM
Sunset: 9:05PM

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

1

Friday, June 17, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthayam Titau

Stockholm, Sweden

Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 10.19 Tithi 19

394555471

Gulika 4:51AM – 7:10AM
Yama 4:27PM – 6:46PM
Rahu 9:30AM – 11:49AM

Shravana Until 3:13AM Sat
Indra Until 12:51PM
Bava Until 12:07PM
Chaturthi* Until 10:34PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 2:32AM
Sunset: 9:05PM

Devaloka Day

Routine Work Marana Yoga

Until 3:13AM Sat

Then Creative Work - Siddha Yoga

2

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Stockholm, Sweden

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 25.01 Tithi 20

394655471

Gulika 2:32AM – 4:51AM
Yama 2:08PM – 4:27PM
Rahu 7:11AM – 9:30AM

Dhanishtha Until 1:29AM Sun
Vaidhriti* Until 9:23AM
Kaulava Until 9:11AM
Panchami Until 7:54PM

Ganesha: Blue
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 2:32AM
Sunset: 9:06PM

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shalabhishak Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 9.19 Tithi 21 – 22

395655471

Gulika 4:28PM – 6:47PM
Yama 11:49AM – 2:08PM
Rahu 6:47PM – 9:06PM

Shatabhishak Until 12:16AM Mon
Vishkambha* Until 6:24AM
Gara Until 6:49AM
Shashthi* Until 5:52PM

Ganesha: Red
Muruqa: Green
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 2:32AM
Sunset: 9:06PM

Devaloka Day

Creative Work Siddha Yoga

Until 12:16AM Mon

Then Routine Work - Marana Yoga

Father's Day

4

Monday, June 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

1st Phase

Kumbha Rasi: 23.1 Tithi 22 – 23

315655471

Gulika 2:09PM – 4:28PM
Yama 9:30AM – 11:49AM
Rahu 4:51AM – 7:11AM

Purvaprosarthapada* Until 12:05AM Tue
Ayushman Until 2:10AM Tue
Balava Until 4:12AM Tue
Saptami Until 4:33PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 2:32AM
Sunset: 9:07PM

Devaloka Day

Routine Work Marana Yoga

Until 12:05AM Tue

Then Creative Work - Amrita Yoga

●

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stockholm, Sweden

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Ashtami

Meena Rasi: 6.35 Tithi 23 – 24

315655471

Gulika 11:50AM – 2:09PM
Yama 7:11AM – 9:30AM
Rahu 4:28PM – 6:48PM

Uttaraprosarthapada Until 12:32AM Wed
Saubhagya Until 12:59AM Wed
Taitila Until 4:03AM Wed
Ashtami* Until 4:01PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 2:32AM
Sunset: 9:07PM

Devaloka Day

Creative Work Amrita Yoga

Until 12:32AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stockholm, Sweden

Sun 7 Sutra 66

Subhakrit 5124

Moon 6 - Phase 9 - 7

Navami

Meena Rasi: 19.35 Tithi 24 – 25

315655471

Gulika 9:30AM – 11:50AM
Yama 4:52AM – 7:11AM
Rahu 11:50AM – 2:09PM

Revati Until 1:32AM Thu
Sobhana Until 12:24AM Thu
Vanija Until 4:38AM Thu
Navami* Until 4:14PM

Ganesha: Clear
Muruqa: Green
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 2:32AM
Sunset: 9:07PM

Devaloka Day

Routine Work Marana Yoga

Until 1:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

times are standard time. Calculated for Stockholm, Sweden on 5/1

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1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Stockholm, Sweden Sun 8 Sutra 67 Subhakrit 5124	
Mesha Rasi: 2.14	Tithi 25 – 26	Gulika 7:11AM – 9:31AM	Ashvini Until 3:31AM Fri	Ganesha: Purple	Sunrise: 2:33AM	Muruqa: Green	Sunset: 9:07PM	Moon 6 - Phase 10 - 8
		Yama 2:33AM – 4:52AM	Athiganda* Until 12:19AM Fri	Nataraja: Yellow				2nd Phase
		325655471 Rahu 2:09PM – 4:29PM	Bava Until 5:53AM Fri	Moon – White				
Creative Work	Amrita Yoga		Dashami Until 5:10PM	Jyeshtha-Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 3:31AM Fri								
Then Creative Work - Siddha Yoga								
2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava Karana Ekadashyam Titau			Stockholm, Sweden Sun 9 Sutra 68 Subhakrit 5124	
Mesha Rasi: 14.35	Tithi 26	Gulika 4:52AM – 7:12AM	Bharani Until 5:52AM Sat	Ganesha: Purple	Sunrise: 2:33AM	Muruqa: Green	Sunset: 9:07PM	Moon 6 - Phase 10 - 9
		Yama 4:29PM – 6:48PM	Sukarma Until 12:41AM Sat	Nataraja: Yellow				2nd Phase
		325655471 Rahu 9:31AM – 11:50AM	Balava Until 6:41PM	Moon – White				
Creative Work	Siddha Yoga		Ekadashi* Until 6:41PM	Jyeshtha-Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 5:52AM Sat								
Then Creative Work - Amrita Yoga								
3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau			Stockholm, Sweden Sun 10 Sutra 69 Subhakrit 5124	
Mesha Rasi: 26.43	Tithi 27	Gulika 2:34AM – 4:53AM	Krittika Until 8:25AM Sun	Ganesha: Purple	Sunrise: 2:34AM	Muruqa: Green	Sunset: 9:07PM	Moon 6 - Phase 10 - 10
		Yama 2:10PM – 4:29PM	Dhriti Until 1:23AM Sun	Nataraja: Yellow				2nd Phase
		325655471 Rahu 7:12AM – 9:31AM	Kaulava Until 7:39AM	Moon – White				
Creative Work	Amrita Yoga		Dvadashi* Until 8:40PM	Jyeshtha-Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 8:25AM Sun								
Then Creative Work - Siddha Yoga								
4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau			Stockholm, Sweden Sun 11 Sutra 70 Subhakrit 5124	
Vrishabha Rasi: 8.42	Tithi 28	Gulika 4:29PM – 6:48PM	Krittika Until 8:25AM	Ganesha: Purple	Sunrise: 2:34AM	Muruqa: Green	Sunset: 9:07PM	Moon 6 - Phase 10 - 11
		Yama 11:51AM – 2:10PM	Shula* Until 2:17AM Mon	Nataraja: Yellow				2nd Phase
		325655471 Rahu 6:48PM – 9:07PM	Gara Until 9:48AM	Moon – White				
Creative Work	Siddha Yoga		Trayodashi* Until 10:57PM	Jyeshtha-Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 8:25AM Sun								
Then Creative Work - Siddha Yoga								
<i>Pradosha Vrata (Fasting)</i>								
5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Stockholm, Sweden Sun 12 Sutra 71 Subhakrit 5124	
Vrishabha Rasi: 20.35	Tithi 29	Gulika 2:10PM – 4:29PM	Rohini Until 11:33AM	Ganesha: Light Blue	Sunrise: 2:35AM	Muruqa: Green	Sunset: 9:07PM	Moon 6 - Phase 10 - 12
Family Home Evening		Yama 9:32AM – 11:51AM	Ganda* Until 3:18AM Tue	Nataraja: Yellow				2nd Phase
		336655471 Rahu 4:54AM – 7:13AM	Visti Until 12:11PM	Moon – Yellow				
Creative Work	Amrita Yoga		Chaturdashi* Until 1:25AM Tue	Jyeshtha-Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 2:37PM								
Then Routine Work - Marana Yoga								
Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Stockholm, Sweden Sun 13 Sutra 72 Subhakrit 5124	
Mithuna Rasi: 2.25	Tithi 30	Gulika 11:51AM – 2:10PM	Mrigashira Until 2:37PM	Ganesha: Purple	Sunrise: 2:35AM	Muruqa: Green	Sunset: 9:06PM	Moon 6 - Phase 10 - 13
		Yama 7:13AM – 9:32AM	Vriddhi Until 4:22AM Wed	Nataraja: Yellow				Amavasya
		336655471 Rahu 4:29PM – 6:47PM	Catuspada Until 2:41PM	Moon – Yellow				
Creative Work	Siddha Yoga		Amavasya* Until 3:55AM Wed	Jyeshtha-Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 2:37PM								
Then Routine Work - Marana Yoga								
Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau			Stockholm, Sweden Sun 14 Sutra 73 Subhakrit 5124	
Mithuna Rasi: 14.14	Tithi 1	Gulika 9:32AM – 11:51AM	Ardra Until 5:30PM	Ganesha: Purple	Sunrise: 2:36AM	Muruqa: Green	Sunset: 9:06PM	Moon 6 - Phase 10 - 14
		Yama 4:55AM – 7:14AM	Dhruva Until 5:22AM Thu	Nataraja: Yellow				Prathama
		336655471 Rahu 11:51AM – 2:10PM	Kintughna Until 5:10PM	Moon – Yellow				
Creative Work	Siddha Yoga		Prathama* Until 6:22AM Thu	Ashada-Ani		Bhuloka Day Devaloka Time: 6:PM to 9:PM		
Until 2:37PM								
Then Routine Work - Marana Yoga								

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stockholm, Sweden Sun 15 Sutra 74	
Mithuna Rasi: 26.05	Tithi 1 – 2	Gulika 7:14AM – 9:33AM	Punarvasu Until 8:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 2:37AM	Muruqa: Green	<i>Sunset:</i> 9:05PM
		Yama 2:37AM – 4:56AM	Vyaghata* Until 6:16AM Fri	Nataraja: Yellow			Moon 6 - Phase 11 - 15
346655471		Rahu 2:10PM – 4:28PM	Balava Until 7:34PM	Moon – Blue			3rd Phase
Creative Work	Amrita Yoga		Prathama* Until 6:22AM	Ashada*Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
2		Friday, July 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stockholm, Sweden Sun 16 Sutra 75	
Kataka Rasi: 7.58	Tithi 2 – 3	Gulika 4:56AM – 7:15AM	Pushya Until 11:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 2:38AM	Muruqa: Green	<i>Sunset:</i> 9:05PM
		Yama 4:28PM – 6:46PM	Vyaghata* Until 6:16AM	Nataraja: Yellow			Moon 6 - Phase 11 - 16
346655471		Rahu 9:33AM – 11:51AM	Taitila Until 9:47PM	Moon – Blue			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 8:41AM	Ashada*Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
3		Saturday, July 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stockholm, Sweden Sun 17 Sutra 76	
Kataka Rasi: 19.56	Tithi 3 – 4	Gulika 2:39AM – 4:57AM	Ashlesha* Until 1:49AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 2:39AM	Muruqa: Green	<i>Sunset:</i> 9:04PM
		Yama 2:10PM – 4:28PM	Harshana Until 7:02AM	Nataraja: Yellow			Moon 6 - Phase 11 - 17
346655471		Rahu 7:15AM – 9:33AM	Vanija Until 11:45PM	Moon – Blue			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 10:47AM	Ashada*Ani		Bhuloka Day	Devaloka Time: 6:PM to 9:PM
4		Sunday, July 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stockholm, Sweden Sun 18 Sutra 77	
Simha Rasi: 2.01	Tithi 4 – 5	Gulika 4:28PM – 6:45PM	Magha* Until 4:12AM Mon	Ganesha: Orange	<i>Sunrise:</i> 2:40AM	Muruqa: Green	<i>Sunset:</i> 9:03PM
		Yama 11:52AM – 2:10PM	Vajra* Until 7:34AM	Nataraja: Yellow			Moon 6 - Phase 11 - 18
356655471		Rahu 6:45PM – 9:03PM	Bava Until 1:23AM Mon	Moon – Red			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 12:36PM	Ashada*Ani		Devaloka Day	
Until 4:12AM Mon							
Then Creative Work - Siddha Yoga							
5		Monday, July 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyapata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stockholm, Sweden Sun 19 Sutra 78	
Simha Rasi: 14.15	Tithi 5 – 6	Gulika 2:10PM – 4:27PM	Purvaphalguni Until 5:59AM Tue	Ganesha: Orange	<i>Sunrise:</i> 2:41AM	Muruqa: Green	<i>Sunset:</i> 9:03PM
Family Home Evening		Yama 9:34AM – 11:52AM	Siddhi Until 7:50AM	Nataraja: Yellow			Moon 6 - Phase 11 - 19
356655471		Rahu 4:59AM – 7:17AM	Kaulava Until 2:35AM Tue	Moon – Red			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:02PM	Ashada*Ani		Devaloka Day	
Until 5:59AM Tue							
Then Creative Work - Amrita Yoga							
6		Tuesday, July 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stockholm, Sweden Sun 20 Sutra 79	
Simha Rasi: 26.4	Tithi 6 – 7	Gulika 11:52AM – 2:09PM	Uttaraphalguni Until 7:04AM Wed	Ganesha: Orange	<i>Sunrise:</i> 2:43AM	Muruqa: Green	<i>Sunset:</i> 9:02PM
		Yama 7:17AM – 9:35AM	Vyatipata* Until 7:45AM	Nataraja: Yellow			Moon 6 - Phase 11 - 20
356655471		Rahu 4:27PM – 6:44PM	Gara Until 3:15AM Wed	Moon – Red			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:58PM	Ashada*Ani		Devaloka Day	
Until 7:04AM Wed							
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, July 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau		Stockholm, Sweden Sun 21 Sutra 80	
Kanya Rasi: 9.2	Tithi 7 – 8	Gulika 9:35AM – 11:52AM	Uttaraphalguni Until 7:04AM	Ganesha: Clear	<i>Sunrise:</i> 2:44AM	Muruqa: Green	<i>Sunset:</i> 9:01PM
		Yama 5:01AM – 7:18AM	Variyan Until 7:12AM	Nataraja: Yellow			Moon 6 - Phase 11 - 21
357655471		Rahu 11:52AM – 2:09PM	Visti Until 3:16AM Thu	Moon – Red			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 3:19PM	Ashada*Ani		Devaloka Day	
Until 7:04AM							
Then Routine Work - Marana Yoga							
Retreat Star		Thursday, July 7, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stockholm, Sweden Sun 22 Sutra 81	
Kanya Rasi: 22.19	Tithi 8 – 9	Gulika 7:19AM – 9:36AM	Hasta Until 7:50AM	Ganesha: Clear	<i>Sunrise:</i> 2:45AM	Muruqa: Green	<i>Sunset:</i> 9:00PM
		Yama 2:45AM – 5:02AM	Parigha* Until 6:08AM	Nataraja: Yellow			Moon 6 - Phase 11 - 22
467655471		Rahu 2:09PM – 4:26PM	Balava Until 2:33AM Fri	Moon – Green			Ashtami
Routine Work	Marana Yoga		Ashtami* Until 2:59PM	Ashada*Ani		Devaloka Day	
Until 7:50AM							
Then Creative Work - Siddha Yoga							
Retreat Star		Friday, July 8, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stockholm, Sweden Sun 23 Sutra 82	
Tula Rasi: 5.41	Tithi 9 – 10	Gulika 5:03AM – 7:20AM	Chitra Until 7:43AM	Ganesha: Clear	<i>Sunrise:</i> 2:47AM	Muruqa: Green	<i>Sunset:</i> 8:59PM
		Yama 4:26PM – 6:42PM	Siddha Until 2:16AM Sat	Nataraja: Yellow			Moon 6 - Phase 11 - 23
467655471		Rahu 9:36AM – 11:53AM	Taitila Until 1:07AM Sat	Moon – Green			Navami
Creative Work	Siddha Yoga		Navami* Until 1:55PM	Ashada*Ani		Devaloka Day	


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


1	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Stockholm, Sweden	
	Tula Rasi: 19.29 Tithi 10 – 11		Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 83	
	467655471	Gulika	2:48AM – 5:04AM	Svati Until 6:43AM	Ganesha: Clear	<i>Sunrise:</i> 2:48AM	Subhakrit 5124	
		Yama	2:09PM – 4:25PM	Sadhya Until 11:27PM	Muruqa: Green	<i>Sunset:</i> 8:57PM	Moon 6 - Phase 12 - 24	
Creative Work Siddha Yoga	Rahu	7:20AM – 9:37AM	Vanija Until 10:58PM	Nataraja: Yellow		4th Phase		
			Dashami Until 12:07PM	Moon – Green		Devaloka Day		
				Ashada*Ani				

2	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Stockholm, Sweden	
	Vrischika Rasi: 3.43 Tithi 11 – 12		Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 84	
	477655471	Gulika	4:24PM – 6:40PM	Anuradha Until 3:13AM Mon	Ganesha: White	<i>Sunrise:</i> 2:50AM	Subhakrit 5124	
		Yama	11:53AM – 2:09PM	Subha Until 8:09PM	Muruqa: Green	<i>Sunset:</i> 8:56PM	Moon 6 - Phase 12 - 25	
Routine Work Marana Yoga	Rahu	6:40PM – 8:56PM	Bava Until 8:13PM	Nataraja: Yellow		4th Phase		
Until 3:13AM Mon			Ekadashi Until 9:39AM	Moon – Orange		Bhuloka Day		
Then Creative Work - Siddha Yoga				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		

3	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Stockholm, Sweden	
	Vrischika Rasi: 18.22 Tithi 12 – 13		Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 85	
	477655471	Gulika	2:08PM – 4:24PM	Jyeshtha* Until 12:31AM Tue	Ganesha: White	<i>Sunrise:</i> 2:51AM	Subhakrit 5124	
		Yama	9:37AM – 11:53AM	Sukla Until 4:24PM	Muruqa: Green	<i>Sunset:</i> 8:55PM	Moon 6 - Phase 12 - 26	
Family Home Evening	Rahu	5:07AM – 7:22AM	Taitila Until 3:10AM Tue	Nataraja: Yellow		4th Phase		
Creative Work Siddha Yoga			Dvadashi Until 6:37AM	Moon – Orange		Bhuloka Day		
Until 12:31AM Tue				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>				

4	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Stockholm, Sweden	
	Dhanus Rasi: 3.21 Tithi 14		Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 86	
	488655471	Gulika	11:53AM – 2:08PM	Mula* Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 2:53AM	Subhakrit 5124	
		Yama	7:23AM – 9:38AM	Brahma Until 12:22PM	Muruqa: Green	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 12 - 27	
Creative Work Amrita Yoga	Rahu	4:23PM – 6:38PM	Gara Until 1:20PM	Nataraja: Yellow		4th Phase		
Until 9:46PM			Chaturdashi* Until 11:26PM	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Siddha Yoga				Ashada*Ani				

	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Stockholm, Sweden	
	Copper Retreat Star		Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 87	
	488755471	Gulika	9:38AM – 11:53AM	Purvashadha* Until 6:46PM	Ganesha: Yellow	<i>Sunrise:</i> 2:54AM	Subhakrit 5124	
		Yama	5:09AM – 7:24AM	Indra Until 8:11AM	Muruqa: Green	<i>Sunset:</i> 8:52PM	Moon 6 - Phase 12 - Purnima	
Dhanus Rasi: 18.33 Tithi 15	Rahu	11:53AM – 2:08PM	Visti Until 9:32AM	Nataraja: Yellow		Purnima		
Creative Work Amrita Yoga			Purnima* Until 7:35PM	Moon – Light Blue		Devaloka Day		
				Ashada*Ani				

	Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Stockholm, Sweden	
	Silver Retreat Star		Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Sutra 88	
	488755471	Gulika	7:25AM – 9:39AM	Uttarashadha Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 2:56AM	Subhakrit 5124	
		Yama	2:56AM – 5:10AM	Vishkambha* Until 11:47PM	Muruqa: Green	<i>Sunset:</i> 8:50PM	Moon 6 - Phase 12 - Prathama	
Makara Rasi: 3.47 Tithi 16 – 17	Rahu	2:08PM – 4:22PM	Taitila Until 1:59AM Fri	Nataraja: Yellow		Prathama		
Routine Work Marana Yoga			Prathama* Until 3:47PM	Moon – Light Blue		Devaloka Day		
Until 3:40PM				Ashada*Ani				
Then Creative Work - Siddha Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.

Krishna Yajur Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1

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Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden
Sun 1 Sutra 89

Makara Rasi: 18.55 Tithi 17 - 18

Gulika 5:12AM - 7:26AM
Yama 4:21PM - 6:35PM
498755471 **Rahu** 9:39AM - 11:53AM

Shravana Until 1:04PM
Priti Until 7:54PM
Vanija Until 10:35PM
Dvitiya Until 12:13PM

Ganesha: Blue *Sunrise: 2:58AM*
Muruqa: Green *Sunset: 8:49PM*
Nataraja: Yellow
Moon - Purple
Ashada-Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 1:04PM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Stockholm, Sweden
Sun 2 Sutra 90

Kumbha Rasi: 3.46 Tithi 18 - 19

Gulika 3:00AM - 5:13AM
Yama 2:07PM - 4:20PM
498755471 **Rahu** 7:27AM - 9:40AM

Dhanishtha Until 10:44AM
Ayushman Until 4:22PM
Bava Until 7:40PM
Tritiya Until 9:02AM

Ganesha: Blue *Sunrise: 3:00AM*
Muruqa: Green *Sunset: 8:47PM*
Nataraja: Yellow
Moon - Purple
Ashada-Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 10:44AM
Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden
Sun 3 Sutra 91

Kumbha Rasi: 18.13 Tithi 19 - 20

Gulika 4:19PM - 6:32PM
Yama 11:54AM - 2:06PM
498755472 **Rahu** 6:32PM - 8:45PM

Shatabhishak Until 8:50AM
Saubhagya Until 1:22PM
Taitila Until 4:29AM Mon
Chaturthi* Until 6:25AM

Ganesha: Blue *Sunrise: 3:02AM*
Muruqa: Green *Sunset: 8:45PM*
Nataraja: White
Moon - Purple
Ashada-Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Stockholm, Sweden
Sun 4 Sutra 92

Meena Rasi: 2.13 Tithi 21

Family Home Evening

Gulika 2:06PM - 4:19PM
Yama 9:41AM - 11:54AM
418755472 **Rahu** 5:16AM - 7:29AM

Purvaproshtapada* Until 7:56AM
Sobhana Until 10:58AM
Gara Until 3:50PM
Shashthi* Until 3:22AM Tue

Ganesha: White *Sunrise: 3:03AM*
Muruqa: Green *Sunset: 8:44PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day

Routine Work Marana Yoga
Until 7:56AM
Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam
Uttaraproshtapada/Revati Nakshatra Athiganda*/Sukarma Yoga Visti/Bava Karana Saptamyam Titau

Stockholm, Sweden
Sun 5 Sutra 93

Meena Rasi: 15.43 Tithi 22

Gulika 11:54AM - 2:06PM
Yama 7:30AM - 9:42AM
419755472 **Rahu** 4:18PM - 6:30PM

Uttaraproshtapada Until 7:42AM
Athiganda* Until 9:13AM
Visti Until 3:09PM
Saptami Until 3:06AM Wed

Ganesha: Clear *Sunrise: 3:05AM*
Muruqa: Green *Sunset: 8:42PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 7:42AM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Stockholm, Sweden
Sun 6 Sutra 94

Meena Rasi: 28.45 Tithi 23

Gulika 9:42AM - 11:54AM
Yama 5:19AM - 7:31AM
419755472 **Rahu** 11:54AM - 2:05PM

Revati Until 8:10AM
Sukarma Until 8:11AM
Balava Until 3:19PM
Ashtami* Until 3:42AM Thu

Ganesha: Clear *Sunrise: 3:07AM*
Muruqa: Green *Sunset: 8:40PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Stockholm, Sweden
Sun 7 Sutra 95

Mesha Rasi: 11.22 Tithi 24

Gulika 7:32AM - 9:43AM
Yama 3:09AM - 5:20AM
429755472 **Rahu** 2:05PM - 4:16PM

Ashvini Until 9:46AM
Dhriti Until 7:49AM
Taitila Until 4:19PM
Navami* Until 5:03AM Fri

Ganesha: Purple *Sunrise: 3:09AM*
Muruqa: Green *Sunset: 8:38PM*
Nataraja: White
Moon - White
Ashada-Adi

Devaloka Day

Creative Work Amrita Yoga
Until 9:46AM
Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula/Ganda Yoga Vanija/Vistil Karana Dashamyam Titau				Stockholm, Sweden Sun 8 Sutra 96	
	Mesha Rasi: 23.4	Tithi 25	Gulika 5:22AM – 7:33AM	Bharani Until 11:54AM	Ganesha: Purple	<i>Sunrise:</i> 3:11AM	Subhakrit 5124	
			Yama 4:15PM – 6:26PM	Shula* Until 7:59AM	Muruqa: Green	<i>Sunset:</i> 8:36PM	Moon 7 - Phase 14 - 8	
	Creative Work	Siddha Yoga	429755472 Rahu 9:43AM – 11:54AM	Vanija Until 5:59PM	Nataraja: White		2nd Phase	Devaloka Day
			Dashami Until 6:59AM Sat	Moon – White			Ashada*Adi	


2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda/Vridhhi Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 97	
	Vrishabha Rasi: 5.44	Tithi 25 – 26	Gulika 3:13AM – 5:24AM	Krittika Until 2:24PM	Ganesha: Purple	<i>Sunrise:</i> 3:13AM	Subhakrit 5124	
			Yama 2:04PM – 4:14PM	Ganda* Until 8:37AM	Muruqa: Green	<i>Sunset:</i> 8:34PM	Moon 7 - Phase 14 - 9	
	Creative Work	Amrita Yoga	429755472 Rahu 7:34AM – 9:44AM	Bava Until 8:08PM	Nataraja: White		2nd Phase	Devaloka Day
			Dashami Until 6:59AM	Moon – White			Ashada*Adi	


3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 98	
	Vrishabha Rasi: 17.38	Tithi 26 – 27	Gulika 4:13PM – 6:23PM	Rohini Until 5:32PM	Ganesha: Clear	<i>Sunrise:</i> 3:16AM	Subhakrit 5124	
			Yama 11:54AM – 2:03PM	Vridhhi Until 9:32AM	Muruqa: Green	<i>Sunset:</i> 8:32PM	Moon 7 - Phase 14 - 10	
	Creative Work	Siddha Yoga	439755472 Rahu 6:23PM – 8:32PM	Kaulava Until 10:34PM	Nataraja: White		2nd Phase	Bhuloka Day
			Ekadashi* Until 9:18AM	Moon – Yellow			Ashada*Adi	
							Devaloka Time: 9:AM to12:PM	

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 99	
	Vrishabha Rasi: 29.28	Tithi 27 – 28	Gulika 2:03PM – 4:12PM	Mrigashira Until 8:37PM	Ganesha: Clear	<i>Sunrise:</i> 3:18AM	Subhakrit 5124	
	Family Home Evening		Yama 9:45AM – 11:54AM	Dhruva Until 10:34AM	Muruqa: Green	<i>Sunset:</i> 8:30PM	Moon 7 - Phase 14 - 11	
	Creative Work	Amrita Yoga	439755472 Rahu 5:27AM – 7:36AM	Gara Until 1:06AM Tue	Nataraja: White		2nd Phase	Bhuloka Day
			Dvadashi* Until 11:49AM	Moon – Yellow			Ashada*Adi	
							Pradosha Vrata (Fasting)	
							Devaloka Time: 9:AM to12:PM	

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata/Harshana Yoga Vanija/Vistil Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 100	
	Mithuna Rasi: 11.16	Tithi 28 – 29	Gulika 11:54AM – 2:02PM	Ardra Until 11:30PM	Ganesha: Clear	<i>Sunrise:</i> 3:20AM	Subhakrit 5124	
			Yama 7:37AM – 9:45AM	Vyaghata* Until 11:38AM	Muruqa: Green	<i>Sunset:</i> 8:28PM	Moon 7 - Phase 14 - 12	
	Routine Work	Marana Yoga	439755472 Rahu 4:11PM – 6:19PM	Vistil Until 3:34AM Wed	Nataraja: White		2nd Phase	Bhuloka Day
			Trayodashi* Until 2:20PM	Moon – Yellow			Ashada*Adi	
							Devaloka Time: 9:AM to12:PM	

6	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 101	
	Mithuna Rasi: 23.07	Tithi 29 – 30	Gulika 9:46AM – 11:54AM	Punarvasu Until 2:35AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 3:22AM	Subhakrit 5124	
			Yama 5:30AM – 7:38AM	Harshana Until 12:37PM	Muruqa: Green	<i>Sunset:</i> 8:26PM	Moon 7 - Phase 14 - 13	
	Creative Work	Siddha Yoga	441755472 Rahu 11:54AM – 2:02PM	Catuspada Until 5:52AM Thu	Nataraja: White		2nd Phase	Bhuloka Day
			Chaturdashi* Until 4:44PM	Moon – Blue			Ashada*Adi	
							Devaloka Time: 9:AM to12:PM	

	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra/Siddhi Yoga Naga Karana Amavasyayam Titau				Stockholm, Sweden Sun 14 Sutra 102	
	Retreat Star		Gulika 7:39AM – 9:46AM	Pushya Until 5:16AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 3:24AM	Subhakrit 5124	
	Kataka Rasi: 5.01	Tithi 30	Yama 3:24AM – 5:31AM	Vajra* Until 1:26PM	Muruqa: Green	<i>Sunset:</i> 8:24PM	Moon 7 - Phase 14 - 14	
	Creative Work	Amrita Yoga	441755472 Rahu 2:01PM – 4:09PM	Naga Until 6:55PM	Nataraja: White		Amavasya	Bhuloka Day
			Amavasya* Until 6:55PM	Moon – Blue			Ashada*Adi	
							Devaloka Time: 9:AM to12:PM	

	Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha Nakshatra Siddhi/Vyalipata Yoga Kintughna/Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 15 Sutra 103	
	Retreat Star		Gulika 5:33AM – 7:40AM	Ashlesha* Until 7:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 3:26AM	Subhakrit 5124	
	Kataka Rasi: 17.01	Tithi 1	Yama 4:08PM – 6:14PM	Siddhi Until 2:04PM	Muruqa: Green	<i>Sunset:</i> 8:21PM	Moon 7 - Phase 14 - 15	
	Routine Work	Marana Yoga	441755472 Rahu 9:47AM – 11:54AM	Kintughna Until 7:57AM	Nataraja: White		Prathama	Bhuloka Day
			Prathama* Until 8:51PM	Moon – Blue			Sravana*Adi	
							Devaloka Time: 9:AM to12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1 Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stockholm, Sweden Sun 16 Sutra 104 Subhakrit 5124
Kataka Rasi: 29.08	Tithi 2	Gulika 3:28AM – 5:35AM	Ashlesha* Until 7:31AM	Ganesha: Yellow	<i>Sunrise:</i> 3:28AM	
		Yama 2:00PM – 4:06PM	Vyatipata* Until 2:30PM	Muruqa: Green	<i>Sunset:</i> 8:19PM	Moon 7 - Phase 15 - 16
		441755472 Rahu 7:41AM – 9:47AM	Balava Until 9:44AM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:29PM	Moon – Blue		Bhuloka Day
Until 7:31AM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

2 Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trityayam Titau				Stockholm, Sweden Sun 17 Sutra 105 Subhakrit 5124
Simha Rasi: 11.22	Tithi 3	Gulika 4:05PM – 6:11PM	Magha* Until 9:48AM	Ganesha: Red	<i>Sunrise:</i> 3:31AM	
		Yama 11:54AM – 1:59PM	Variyan Until 2:39PM	Muruqa: Green	<i>Sunset:</i> 8:17PM	Moon 7 - Phase 15 - 17
		451755472 Rahu 6:11PM – 8:17PM	Taitila Until 11:12AM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 11:47PM	Moon – Red		Bhuloka Day
Until 9:48AM				Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

3 Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Stockholm, Sweden Sun 18 Sutra 106 Subhakrit 5124
Simha Rasi: 23.45	Tithi 4	Gulika 1:59PM – 4:04PM	Purvaphalguni Until 11:35AM	Ganesha: Red	<i>Sunrise:</i> 3:33AM	
Family Home Evening		Yama 9:48AM – 11:54AM	Parigha* Until 2:32PM	Muruqa: Green	<i>Sunset:</i> 8:14PM	Moon 7 - Phase 15 - 18
		451755472 Rahu 5:38AM – 7:43AM	Vanija Until 12:19PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:43AM Tue	Moon – Red		Bhuloka Day
				Sravana*Adi		Devaloka Time: 9:AM to12:PM

4 Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Stockholm, Sweden Sun 19 Sutra 107 Subhakrit 5124
Kanya Rasi: 6.19	Tithi 5	Gulika 11:54AM – 1:58PM	Uttaraphalguni Until 12:48PM	Ganesha: Red	<i>Sunrise:</i> 3:35AM	
		Yama 7:44AM – 9:49AM	Shiva Until 2:06PM	Muruqa: Green	<i>Sunset:</i> 8:12PM	Moon 7 - Phase 15 - 19
		451755472 Rahu 4:03PM – 6:07PM	Bava Until 1:02PM	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 1:12AM Wed	Moon – Red		Bhuloka Day
Until 12:48PM		Nag Panchami		Sravana*Adi		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

5 Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Stockholm, Sweden Sun 20 Sutra 108 Subhakrit 5124
Kanya Rasi: 19.04	Tithi 6	Gulika 9:49AM – 11:53AM	Hasta Until 1:53PM	Ganesha: Blue	<i>Sunrise:</i> 3:37AM	
		Yama 5:41AM – 7:45AM	Siddha Until 1:17PM	Muruqa: Green	<i>Sunset:</i> 8:10PM	Moon 7 - Phase 15 - 20
		461755472 Rahu 11:53AM – 1:58PM	Kaulava Until 1:17PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 1:11AM Thu	Moon – Green		Devaloka Day
Until 1:53PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

6 Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Stockholm, Sweden Sun 21 Sutra 109 Subhakrit 5124
Tula Rasi: 2.05	Tithi 7	Gulika 7:46AM – 9:50AM	Chitra Until 2:17PM	Ganesha: Blue	<i>Sunrise:</i> 3:40AM	
		Yama 3:40AM – 5:43AM	Sadhya Until 12:03PM	Muruqa: Green	<i>Sunset:</i> 8:07PM	Moon 7 - Phase 15 - 21
		461755472 Rahu 1:57PM – 4:00PM	Gara Until 1:00PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:37AM Fri	Moon – Green		Devaloka Day
Until 2:17PM				Sravana*Adi		
Then Creative Work - Amrita Yoga						

Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Stockholm, Sweden Sun 22 Sutra 110 Subhakrit 5124
Retreat Star		Gulika 5:45AM – 7:48AM	Svati Until 1:58PM	Ganesha: Blue	<i>Sunrise:</i> 3:42AM	
Tula Rasi: 15.25	Tithi 8	Yama 3:59PM – 6:02PM	Subha Until 10:22AM	Muruqa: White	<i>Sunset:</i> 8:05PM	Moon 7 - Phase 15 - 22
		461765472 Rahu 9:50AM – 11:53AM	Visti Until 12:07PM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:26PM	Moon – Green		Devaloka Day
		Varalakshmi Vratam		Sravana*Adi		

Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Stockholm, Sweden Sun 23 Sutra 111 Subhakrit 5124
Retreat Star		Gulika 3:44AM – 5:46AM	Vishakha Until 1:19PM	Ganesha: White	<i>Sunrise:</i> 3:44AM	
Tula Rasi: 29.05	Tithi 9	Yama 1:55PM – 3:58PM	Sukla Until 8:09AM	Muruqa: White	<i>Sunset:</i> 8:02PM	Moon 7 - Phase 15 - 23
		472765472 Rahu 7:49AM – 9:51AM	Balava Until 10:38AM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 9:38PM	Moon – Orange		Bhuloka Day
				Sravana*Adi		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1


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<h1>1</h1>	Sunday, August 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau				Stockholm, Sweden Sun 24 Sutra 112 Subhakrit 5124
	Vrischika Rasi: 13.08 Tithi 10	Gulika 3:56PM – 5:58PM	Anuradha Until 11:56AM	Ganesha: Yellow	Sunrise: 3:46AM	
	472865472 Rahu	Yama 11:53AM – 1:55PM	Indra Until 2:20AM Mon	Muruqa: White	Sunset: 8:00PM	Moon 7 - Phase 16 - 24
	Routine Work Marana Yoga	Rahu 5:58PM – 8:00PM	Taitila Until 8:32AM	Nataraja: White		4th Phase
		Dashami Until 7:16PM	Moon – Orange	Sravana*Adi	Bhuloka Day Devaloka Time: 9:AM to12:PM	

<h1>2</h1>	Monday, August 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 25 Sutra 113 Subhakrit 5124
	Vrischika Rasi: 27.32 Tithi 11 – 12	Gulika 1:54PM – 3:55PM	Jyeshtha* Until 9:53AM	Ganesha: Yellow	Sunrise: 3:49AM	
	472865472 Rahu	Yama 9:52AM – 11:53AM	Vaidhriti* Until 10:48PM	Muruqa: White	Sunset: 7:57PM	Moon 7 - Phase 16 - 25
	Family Home Evening Creative Work Siddha Yoga	Rahu 5:50AM – 7:51AM	Bava Until 2:51AM Tue	Nataraja: White		4th Phase
		Ekadashi Until 4:25PM	Moon – Orange	Sravana*Adi	Bhuloka Day Devaloka Time: 9:AM to12:PM	

<h1>3</h1>	Tuesday, August 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 26 Sutra 114 Subhakrit 5124
	Dhanus Rasi: 12.16 Tithi 12 – 13	Gulika 11:53AM – 1:53PM	Mula* Until 7:41AM	Ganesha: White	Sunrise: 3:51AM	
	482865472 Rahu	Yama 7:52AM – 11:53AM	Vishkambha* Until 6:59PM	Muruqa: White	Sunset: 7:57PM	Moon 7 - Phase 16 - 26
	Creative Work Amrita Yoga Until 7:41AM Then Creative Work - Siddha Yoga	Rahu 3:54PM – 5:54PM	Kaulava Until 11:28PM	Nataraja: White		4th Phase
		Dvadashi Until 1:10PM	Moon – Light Blue	Sravana*Adi	Devaloka Day	
		<i>Pradosha Vrata</i>				

<h1>4</h1>	Wednesday, August 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 27 Sutra 115 Subhakrit 5124
	Dhanus Rasi: 27.14 Tithi 13 – 14	Gulika 9:53AM – 11:53AM	Uttarashadha Until 2:11AM Thu	Ganesha: White	Sunrise: 3:53AM	
	482865472 Rahu	Yama 5:53AM – 7:53AM	Priti Until 3:01PM	Muruqa: White	Sunset: 7:52PM	Moon 7 - Phase 16 - 27
	Creative Work Amrita Yoga Until 2:11AM Thu Then Creative Work - Siddha Yoga	Rahu 11:53AM – 1:52PM	Gara Until 7:55PM	Nataraja: White		4th Phase
		Trayodashi Until 9:41AM	Moon – Light Blue	Sravana*Adi	Devaloka Day	

	Thursday, August 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Stockholm, Sweden Sutra 116 Subhakrit 5124
	Makara Rasi: 12.18 Tithi 14 – 15	Gulika 7:54AM – 9:53AM	Shravana Until 11:36PM	Ganesha: Clear	Sunrise: 3:56AM	
	492865472 Rahu	Yama 3:56AM – 5:55AM	Ayushman Until 10:59AM	Muruqa: White	Sunset: 7:49PM	Moon 7 - Phase 16 -
	Creative Work Siddha Yoga	Rahu 1:52PM – 3:51PM	Bava Until 2:35AM Fri	Nataraja: White		Purnima
	Raksha Bandhan	Chaturdashi* Until 6:06AM	Moon – Purple	Sravana*Adi	Bhuloka Day Devaloka Time: 9:AM to12:PM	

<h1>5</h1>	Friday, August 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Stockholm, Sweden Sutra 117 Subhakrit 5124
	Makara Rasi: 27.19 Tithi 16	Gulika 5:56AM – 7:55AM	Dhanishtha Until 9:06PM	Ganesha: Clear	Sunrise: 3:58AM	
	492865472 Rahu	Yama 3:50PM – 5:48PM	Saubhagya Until 7:02AM	Muruqa: White	Sunset: 7:47PM	Moon 7 - Phase 16 -
	Creative Work Siddha Yoga	Rahu 9:54AM – 11:52AM	Balava Until 12:55PM	Nataraja: White		Prathama
		Prathama* Until 11:18PM	Moon – Purple	Sravana*Adi	Bhuloka Day Devaloka Time: 9:AM to12:PM	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvityayam Titau

Stockholm, Sweden
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Kumbha Rasi: 12.07 Tithi 17
492865472
Creative Work Amrita Yoga
Until 6:51PM
Then Routine Work - Marana Yoga

Gulika 4:00AM – 5:58AM
Yama 1:50PM – 3:48PM
Rahu 7:56AM – 9:54AM
Shatabhishak Until 6:51PM
Athiganda* Until 11:59PM
Taitila Until 9:50AM
Dvitiya Until 8:26PM

Ganesha: Clear
Muruqa: White
Nataraja: White
Moon – Purple
Sunrise: 4:00AM
Sunset: 7:44PM
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sukarna Yoga Vanija/Visti* Karana Tritiyayam Titau

Stockholm, Sweden
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Kumbha Rasi: 26.34 Tithi 18
412865472
Creative Work Siddha Yoga
Until 5:27PM
Then Creative Work - Amrita Yoga

Gulika 3:47PM – 5:44PM
Yama 11:52AM – 1:49PM
Rahu 5:44PM – 7:41PM
Purvaproshtapada* Until 5:27PM
Sukarna Until 9:08PM
Vanija Until 7:13AM
Tritiya Until 6:08PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Sunrise: 4:02AM
Sunset: 7:41PM
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Meena Rasi: 11 Tithi 19 – 20
412865472
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:49PM – 3:45PM
Yama 9:55AM – 11:52AM
Rahu 6:02AM – 7:58AM
Uttaraproshtapada Until 4:37PM
Dhriti Until 6:53PM
Kaulava Until 4:05AM Tue
Chaturthi* Until 4:33PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Sunrise: 4:05AM
Sunset: 7:39PM
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Meena Rasi: 24.09 Tithi 20 – 21
412865472
Creative Work Siddha Yoga

Gulika 11:52AM – 1:48PM
Yama 7:59AM – 9:55AM
Rahu 3:44PM – 5:40PM
Revati Until 4:27PM
Shula* Until 5:18PM
Gara Until 3:46AM Wed
Panchami Until 3:48PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Sunrise: 4:07AM
Sunset: 7:36PM
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Mesha Rasi: 7.14 Tithi 21 – 22
522865472
Routine Work Marana Yoga
Until 5:27PM
Then Creative Work - Siddha Yoga

Gulika 9:56AM – 11:51AM
Yama 6:05AM – 8:00AM
Rahu 11:51AM – 1:47PM
Ashvini Until 5:27PM
Ganda* Until 4:25PM
Visti Until 4:19AM Thu
Shashthi* Until 3:55PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – White
Sunrise: 4:09AM
Sunset: 7:33PM
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
1st Phase

Mesha Rasi: 19.53 Tithi 22 – 23
522865472
Creative Work Siddha Yoga
Until 7:06PM
Then Routine Work - Marana Yoga

Gulika 8:01AM – 9:56AM
Yama 4:12AM – 6:07AM
Rahu 1:46PM – 3:41PM
Bharani Until 7:06PM
Vridhhi Until 4:12PM
Balava Until 5:40AM Fri
Saptami Until 4:53PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – White
Sunrise: 4:12AM
Sunset: 7:31PM
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Kaulava Karana Ashtamyam Titau

Stockholm, Sweden
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Ashtami

Vrishabha Rasi: 2.13 Tithi 23
523865472
Creative Work Siddha Yoga
Until 9:16PM
Then Routine Work - Marana Yoga

Gulika 6:08AM – 8:02AM
Yama 3:39PM – 5:34PM
Rahu 9:57AM – 11:51AM
Krittika Until 9:16PM
Dhruva Until 4:30PM
Kaulava Until 6:33PM
Ashtami* Until 6:33PM

Ganesha: White
Muruqa: White
Nataraja: White
Moon – White
Sunrise: 4:14AM
Sunset: 7:28PM
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Saturday, August 20, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Stockholm, Sweden
Sun 8 Sutra 125
Subhakrit 5124
Moon 8 - Phase 17 - 8
Navami

Vrishabha Rasi: 14.17 Tithi 24
533865472
Creative Work Amrita Yoga
Until 12:13AM Sun
Then Creative Work - Siddha Yoga

Gulika 4:16AM – 6:10AM
Yama 1:44PM – 3:38PM
Rahu 8:04AM – 9:57AM
Rohini Until 12:13AM Sun
Vyaghata* Until 5:13PM
Taitila Until 7:37AM
Navami* Until 8:44PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Yellow
Sunrise: 4:16AM
Sunset: 7:25PM
Sravana*Avani

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1		Sunday, August 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Stockholm, Sweden Sun 9 Sutra 126 Subhakrit 5124	
Wishabha Rasi: 26.11	Tithi 25	Gulika 3:36PM – 5:29PM	Mrigashira Until 3:14AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:19AM				
		Yama 11:50AM – 1:43PM	Harshana Until 6:11PM	Muruqa: White	<i>Sunset:</i> 7:22PM			Moon 8 - Phase 18 - 9	
		533865472 Rahu 5:29PM – 7:22PM	Vanija Until 9:57AM	Nataraja: White				2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 11:10PM	Moon – Yellow			Bhuloka Day		
				Sravana-Avani			Devaloka Time: 6:AM to 9:AM		

2		Monday, August 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Stockholm, Sweden Sun 10 Sutra 127 Subhakrit 5124	
Mithuna Rasi: 8.01	Tithi 26	Gulika 1:43PM – 3:35PM	Ardra Until 6:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:21AM				
Family Home Evening		Yama 9:58AM – 11:50AM	Vajra* Until 7:11PM	Muruqa: White	<i>Sunset:</i> 7:19PM			Moon 8 - Phase 18 - 10	
		533865472 Rahu 6:13AM – 8:06AM	Bava Until 12:27PM	Nataraja: White				2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 1:40AM Tue	Moon – Yellow			Bhuloka Day		
				Sravana-Avani			Devaloka Time: 6:AM to 9:AM		

3		Tuesday, August 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stockholm, Sweden Sun 11 Sutra 128 Subhakrit 5124	
Mithuna Rasi: 19.52	Tithi 27	Gulika 11:50AM – 1:42PM	Ardra Until 6:05AM	Ganesha: Yellow	<i>Sunrise:</i> 4:23AM				
		Yama 8:07AM – 9:58AM	Siddhi Until 8:07PM	Muruqa: White	<i>Sunset:</i> 7:17PM			Moon 8 - Phase 18 - 11	
		533865472 Rahu 3:33PM – 5:25PM	Kaulava Until 2:54PM	Nataraja: White				2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 4:02AM Wed	Moon – Yellow			Bhuloka Day		
Until 6:05AM				Sravana-Avani			Devaloka Time: 6:AM to 9:AM		
Then Creative Work	Siddha Yoga								

4		Wednesday, August 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Stockholm, Sweden Sun 12 Sutra 129 Subhakrit 5124	
Kataka Rasi: 1.46	Tithi 28	Gulika 9:59AM – 11:50AM	Punarvasu Until 9:08AM	Ganesha: Blue	<i>Sunrise:</i> 4:26AM				
		Yama 6:17AM – 8:08AM	Vyatipata* Until 8:54PM	Muruqa: White	<i>Sunset:</i> 7:14PM			Moon 8 - Phase 18 - 12	
		533865472 Rahu 11:50AM – 1:41PM	Gara Until 5:08PM	Nataraja: White				2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 6:08AM Thu	Moon – Blue			Bhuloka Day		
				Sravana-Avani					
				<i>Pradosha Vrata (Fasting)</i>					

5		Thursday, August 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 13 Sutra 130 Subhakrit 5124	
Kataka Rasi: 13.46	Tithi 28 – 29	Gulika 8:09AM – 9:59AM	Pushya Until 11:45AM	Ganesha: Blue	<i>Sunrise:</i> 4:28AM				
		Yama 4:28AM – 6:18AM	Variyan Until 9:24PM	Muruqa: White	<i>Sunset:</i> 7:11PM			Moon 8 - Phase 18 - 13	
		533865472 Rahu 1:40PM – 3:30PM	Visti Until 7:04PM	Nataraja: White				2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 6:08AM	Moon – Blue			Bhuloka Day		
Until 11:45AM				Sravana-Avani					
Then Creative Work	Siddha Yoga								

Retreat Star		Friday, August 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stockholm, Sweden Sun 14 Sutra 131 Subhakrit 5124	
Kataka Rasi: 25.54	Tithi 29 – 30	Gulika 6:20AM – 8:10AM	Ashlesha* Until 1:51PM	Ganesha: Blue	<i>Sunrise:</i> 4:30AM				
		Yama 3:29PM – 5:18PM	Parigha* Until 9:38PM	Muruqa: White	<i>Sunset:</i> 7:08PM			Moon 8 - Phase 18 - 14	
		533865472 Rahu 9:59AM – 11:49AM	Catuspada Until 8:38PM	Nataraja: White				Amavasya	
Routine Work	Marana Yoga		Chaturdashi* Until 7:53AM	Moon – Blue			Bhuloka Day		
				Sravana-Avani					

Retreat Star		Saturday, August 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manita Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stockholm, Sweden Sun 15 Sutra 132 Subhakrit 5124	
Simha Rasi: 8.12	Tithi 30 – 1	Gulika 4:32AM – 6:22AM	Magha* Until 3:54PM	Ganesha: Blue	<i>Sunrise:</i> 4:32AM				
		Yama 1:38PM – 3:27PM	Shiva Until 9:35PM	Muruqa: White	<i>Sunset:</i> 7:05PM			Moon 8 - Phase 18 - 15	
		533865472 Rahu 8:11AM – 10:00AM	Kintughna Until 9:49PM	Nataraja: White				Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 9:15AM	Moon – Red			Bhuloka Day		
Until 3:54PM				Bhadrapada-Avani					
Then Creative Work	Siddha Yoga								

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1

www.gurudeva.org/panchang

1 Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stockholm, Sweden Sun 16 Sutra 133 Subhakrit 5124	
Simha Rasi: 20.4	Tithi 1 – 2	Gulika 3:25PM – 5:14PM	Purvaphalguni Until 5:24PM	Ganesha: Blue	<i>Sunrise:</i> 4:35AM	Moon 8 - Phase 19 - 16	3rd Phase
	553865473	Yama 11:49AM – 1:37PM	Siddha Until 9:11PM	Muruqa: White	<i>Sunset:</i> 7:02PM		
		Rahu 5:14PM – 7:02PM	Balava Until 10:36PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 10:14AM	Moon – Red		Bhuloka Day	
Until 5:24PM				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

2 Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stockholm, Sweden Sun 17 Sutra 134 Subhakrit 5124	
Kanya Rasi: 3.19	Tithi 2 – 3	Gulika 1:36PM – 3:24PM	Uttaraphalguni Until 6:22PM	Ganesha: Blue	<i>Sunrise:</i> 4:37AM	Moon 8 - Phase 19 - 17	3rd Phase
Family Home Evening	553865473	Yama 10:00AM – 11:48AM	Sadhya Until 8:30PM	Muruqa: White	<i>Sunset:</i> 7:00PM		
		Rahu 6:25AM – 8:13AM	Taitila Until 10:59PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Dvitiya Until 10:49AM	Moon – Red		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3 Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtthyam Titau				Stockholm, Sweden Sun 18 Sutra 135 Subhakrit 5124	
Kanya Rasi: 16.08	Tithi 3 – 4	Gulika 11:48AM – 1:35PM	Hasta Until 7:17PM	Ganesha: Blue	<i>Sunrise:</i> 4:39AM	Moon 8 - Phase 19 - 18	3rd Phase
	563865473	Yama 8:14AM – 10:01AM	Subha Until 7:32PM	Muruqa: White	<i>Sunset:</i> 6:57PM		
		Rahu 3:22PM – 5:09PM	Vanija Until 11:00PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Tritiya Until 11:01AM	Moon – Green		Bhuloka Day	
		Ganesha Chaturthi		Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

4 Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stockholm, Sweden Sun 19 Sutra 136 Subhakrit 5124	
Kanya Rasi: 29.1	Tithi 4 – 5	Gulika 10:01AM – 11:48AM	Chitra Until 7:39PM	Ganesha: Blue	<i>Sunrise:</i> 4:42AM	Moon 8 - Phase 19 - 19	3rd Phase
	563865473	Yama 6:28AM – 8:15AM	Sukla Until 6:14PM	Muruqa: White	<i>Sunset:</i> 6:54PM		
		Rahu 11:48AM – 1:34PM	Bava Until 10:38PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturthi* Until 10:51AM	Moon – Green		Bhuloka Day	
				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

5 Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stockholm, Sweden Sun 20 Sutra 137 Subhakrit 5124	
Tula Rasi: 12.23	Tithi 5 – 6	Gulika 8:16AM – 10:01AM	Svati Until 7:30PM	Ganesha: Red	<i>Sunrise:</i> 4:44AM	Moon 8 - Phase 19 - 20	3rd Phase
	563965473	Yama 4:44AM – 6:30AM	Brahma Until 4:38PM	Muruqa: White	<i>Sunset:</i> 6:51PM		
		Rahu 1:33PM – 3:19PM	Kaulava Until 9:52PM	Nataraja: Clear			
Creative Work	Amrita Yoga		Panchami Until 10:17AM	Moon – Green		Devaloka Day	
Until 7:30PM				Bhadrapada*Avani			
Then Creative Work - Siddha Yoga							

6 Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 21 Sutra 138 Subhakrit 5124	
Tula Rasi: 25.49	Tithi 6 – 7	Gulika 6:31AM – 8:17AM	Vishakha Until 7:14PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Moon 8 - Phase 19 - 21	3rd Phase
	573965473	Yama 3:17PM – 5:03PM	Indra Until 2:43PM	Muruqa: White	<i>Sunset:</i> 6:48PM		
		Rahu 10:02AM – 11:47AM	Gara Until 8:41PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Shashthi* Until 9:18AM	Moon – Orange		Sivaloka Day	
				Bhadrapada*Avani			

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 22 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 9.29	Tithi 7 – 8	Gulika 4:48AM – 6:33AM	Anuradha Until 6:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Moon 8 - Phase 19 - 22	Ashtami
	574965473	Yama 1:31PM – 3:16PM	Vaidhriti* Until 12:26PM	Muruqa: White	<i>Sunset:</i> 6:45PM		
		Rahu 8:18AM – 10:02AM	Visti Until 7:05PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Saptami Until 7:55AM	Moon – Orange		Devaloka Day	
				Bhadrapada*Avani			

Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 23 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 23.26	Tithi 8 – 9	Gulika 3:14PM – 4:58PM	Jyeshtha* Until 5:01PM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	Moon 8 - Phase 19 - 23	Navami
	574965473	Yama 11:46AM – 1:30PM	Vishkambha* Until 9:49AM	Muruqa: White	<i>Sunset:</i> 6:42PM		
		Rahu 4:58PM – 6:42PM	Kaulava Until 3:55AM Mon	Nataraja: Clear			
Routine Work	Marana Yoga		Ashtami* Until 6:07AM	Moon – Orange		Devaloka Day	
Until 5:01PM				Bhadrapada*Avani			
Then Creative Work - Amrita Yoga							


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Stockholm, Sweden Sun 24 Sutra 141	
Dhanus Rasi: 7.37	Tithi 10	Gulika	1:29PM – 3:13PM	Mula* Until 3:32PM	Ganesha: White	<i>Sunrise:</i> 4:53AM	Subhakrit 5124
Family Home Evening	584965473	Yama	10:03AM – 11:46AM	Priti Until 6:55AM	Muruqa: White	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 20 - 24
Creative Work	Siddha Yoga	Rahu	6:36AM – 8:19AM	Taitila Until 2:42PM	Nataraja: Clear		4th Phase
Until 3:32PM				Dashami Until 1:22AM Tue	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Marana Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Stockholm, Sweden Sun 25 Sutra 142	
Dhanus Rasi: 22.02	Tithi 11	Gulika	11:46AM – 1:28PM	Purvashadha* Until 1:36PM	Ganesha: White	<i>Sunrise:</i> 4:55AM	Subhakrit 5124
	584965473	Yama	8:20AM – 10:03AM	Saubhagya Until 12:16AM Wed	Muruqa: White	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 20 - 25
Creative Work	Siddha Yoga	Rahu	3:11PM – 4:54PM	Vanija Until 12:00PM	Nataraja: Clear		4th Phase
Until 1:36PM				Ekadashi Until 10:33PM	Moon – Light Blue	Bhuloka Day	
Then Routine Work - Prabarashita Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Stockholm, Sweden Sun 26 Sutra 143	
Makara Rasi: 6.38	Tithi 12	Gulika	10:03AM – 11:45AM	Uttarashadha Until 11:20AM	Ganesha: White	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
	584965473	Yama	6:39AM – 8:21AM	Sobhana Until 8:44PM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20 - 26
Creative Work	Amrita Yoga	Rahu	11:45AM – 1:27PM	Bava Until 9:05AM	Nataraja: Clear		4th Phase
Until 11:20AM				Dvadashi Until 7:34PM	Moon – Light Blue	Bhuloka Day	
Then Creative Work - Siddha Yoga					Bhadrapada*Avani	Devaloka Time: 6:PM to 9:PM	

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 144	
Makara Rasi: 21.2	Tithi 13 – 14	Gulika	8:22AM – 10:04AM	Shravana Until 9:15AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	Subhakrit 5124
	594965473	Yama	5:00AM – 6:41AM	Athiganda* Until 5:09PM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga	Rahu	1:26PM – 3:08PM	Kaulava Until 6:04AM	Nataraja: Clear		4th Phase
				Chidambaram Abhishekam	Moon – Purple	Devaloka Day	
				Trayodashi Until 4:33PM	Bhadrapada*Avani		
				<i>Pradosha Vrata</i>			

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stockholm, Sweden Sutra 145	
Kumbha Rasi: 6	Tithi 14 – 15	Gulika	6:43AM – 8:23AM	Dhanishtha Until 7:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Subhakrit 5124
	594965473	Yama	3:06PM – 4:47PM	Sukarma Until 1:40PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20 -
Creative Work	Siddha Yoga	Rahu	10:04AM – 11:45AM	Visti Until 12:17AM Sat	Nataraja: Clear		Purnima
				Chaturdashi* Until 1:38PM	Moon – Purple	Devaloka Day	
					Bhadrapada*Avani		

5		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stockholm, Sweden Sutra 146	
Kumbha Rasi: 20.31	Tithi 15 – 16	Gulika	5:04AM – 6:44AM	Purvaproshtapada* Until 3:31AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Subhakrit 5124
	514965473	Yama	1:24PM – 3:04PM	Dhriti Until 10:25AM	Muruqa: White	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 20 -
Routine Work	Marana Yoga	Rahu	8:24AM – 10:04AM	Balava Until 9:49PM	Nataraja: Clear		Prathama
Until 3:31AM Sun				Purnima* Until 10:59AM	Moon – Clear	Devaloka Day	
Then Creative Work - Amrita Yoga					Bhadrapada*Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stockholm, Sweden
Sutra 147

Meena Rasi: 4.47 Tithi 16 – 17

514965473

Gulika 3:03PM – 4:42PM
Yama 11:44AM – 1:23PM
Rahu 4:42PM – 6:21PM

Uttaraproshtapada Until 2:27AM Mon
Shula* Until 7:28AM
Taitila Until 7:51PM

Ganesha: Clear *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 6:21PM

Moon 9 - Phase 21 - 1st Phase

Creative Work Amrita Yoga

Until 2:27AM Mon

Then Creative Work - Siddha Yoga

Grandparent's Day

Prathama* Until 8:45AM

Bhadrapada*Avani

Devaloka Day

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden
Sun 1 Sutra 148

Meena Rasi: 18.41 Tithi 17 – 18

514965473

Gulika 1:22PM – 3:01PM
Yama 10:05AM – 11:44AM
Rahu 6:47AM – 8:26AM

Revati Until 1:55AM Tue
Vriddhi Until 3:04AM Tue
Vanija Until 6:31PM

Ganesha: Clear *Sunrise:* 5:09AM
Muruqa: White *Sunset:* 6:19PM

Moon 9 - Phase 21 - 1st Phase

Family Home Evening

Creative Work Siddha Yoga

Dvitiya Until 7:05AM

Bhadrapada*Avani

Devaloka Day

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Stockholm, Sweden
Sun 2 Sutra 149

Mesha Rasi: 2.1 Tithi 18 – 19

524965473

Gulika 11:43AM – 1:21PM
Yama 8:27AM – 10:05AM
Rahu 2:59PM – 4:37PM

Ashvini Until 2:25AM Wed
Dhruva Until 1:44AM Wed
Balava Until 5:55AM Wed

Ganesha: White *Sunrise:* 5:11AM
Muruqa: White *Sunset:* 6:16PM

Moon 9 - Phase 21 - 2 1st Phase

Creative Work Siddha Yoga

Tritiya Until 6:06AM

Bhadrapada*Avani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Panchamyam Titau

Stockholm, Sweden
Sun 3 Sutra 150

Mesha Rasi: 15.14 Tithi 20

524965473

Gulika 10:05AM – 11:43AM
Yama 6:51AM – 8:28AM
Rahu 11:43AM – 1:20PM

Bharani Until 3:34AM Thu
Vyaghata* Until 1:03AM Thu
Kaulava Until 6:09PM

Ganesha: White *Sunrise:* 5:13AM
Muruqa: White *Sunset:* 6:13PM

Moon 9 - Phase 21 - 3 1st Phase

Creative Work Siddha Yoga

Until 3:34AM Thu

Then Routine Work - Marana Yoga

Panchami Until 6:32AM Thu

Bhadrapada*Avani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Stockholm, Sweden
Sun 4 Sutra 151

Mesha Rasi: 27.55 Tithi 20 – 21

525965473

Gulika 8:29AM – 10:06AM
Yama 5:15AM – 6:52AM
Rahu 1:19PM – 2:56PM

Krittika Until 5:17AM Fri
Harshana Until 12:59AM Fri
Gara Until 7:08PM

Ganesha: Clear *Sunrise:* 5:15AM
Muruqa: White *Sunset:* 6:10PM

Moon 9 - Phase 21 - 4 1st Phase

Routine Work Marana Yoga

Panchami Until 6:32AM

Bhadrapada*Avani

Devaloka Day

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden
Sun 5 Sutra 152

Vrishabha Rasi: 10.16 Tithi 21 – 22

535965473

Gulika 6:54AM – 8:30AM
Yama 2:54PM – 4:31PM
Rahu 10:06AM – 11:42AM

Rohini Until 7:55AM Sat
Vajra* Until 1:22AM Sat
Visti Until 8:49PM

Ganesha: White *Sunrise:* 5:18AM
Muruqa: White *Sunset:* 6:07PM

Moon 9 - Phase 21 - 5 1st Phase

Routine Work Marana Yoga

Until 7:55AM Sat

Then Creative Work - Siddha Yoga

Shashthi* Until 7:53AM

Bhadrapada*Avani

Sivaloka Day

6

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden
Sun 6 Sutra 153

Vrishabha Rasi: 22.22 Tithi 22 – 23

535965473

Gulika 5:20AM – 6:55AM
Yama 1:17PM – 2:53PM
Rahu 8:31AM – 10:06AM

Rohini Until 7:55AM
Siddhi Until 2:06AM Sun
Balava Until 10:58PM

Ganesha: White *Sunrise:* 5:20AM
Muruqa: White *Sunset:* 6:04PM

Moon 9 - Phase 21 - 6 Ashtami

Creative Work Amrita Yoga

Until 7:55AM

Then Creative Work - Siddha Yoga

Saptami Until 9:50AM

Bhadrapada*Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stockholm, Sweden
Sun 7 Sutra 154

Mithuna Rasi: 4.19 Tithi 23 – 24

535965473

Gulika 2:51PM – 4:26PM
Yama 11:41AM – 1:16PM
Rahu 4:26PM – 6:01PM

Mrigashira Until 10:44AM
Vyatipata* Until 3:01AM Mon
Taitila Until 1:23AM Mon

Ganesha: White *Sunrise:* 5:22AM
Muruqa: White *Sunset:* 6:01PM

Moon 9 - Phase 21 - 7 Navami

Creative Work Siddha Yoga

Ashtami* Until 12:09PM

Bhadrapada*Puratasi

Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1

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1	Monday, September 19, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stockholm, Sweden Sun 8 Sutra 155 Subhakit 5124
	Mithuna Rasi: 16.11	Tithi 24 – 25	Gulika 1:15PM – 2:49PM	Ardra Until 1:33PM	Ganesha: White	<i>Sunrise:</i> 5:24AM	
Family Home Evening	535965473	Rahu 6:59AM – 8:33AM	Variyan Until 3:54AM Tue	Muruqa: White	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 22 - 8	
Creative Work Siddha Yoga			Vanija Until 3:49AM Tue	Nataraja: Clear		2nd Phase	
Until 1:33PM			Navami* Until 2:36PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi			

2	Tuesday, September 20, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 156 Subhakit 5124
	Mithuna Rasi: 28.03	Tithi 25 – 26	Gulika 11:41AM – 1:14PM	Punarvasu Until 4:36PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	
545965473		Rahu 2:48PM – 4:21PM	Parigha* Until 4:40AM Wed	Muruqa: White	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 22 - 9	
Creative Work Siddha Yoga			Bava Until 6:05AM Wed	Nataraja: Clear		2nd Phase	
			Dashami Until 4:58PM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

3	Wednesday, September 21, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Stockholm, Sweden Sun 10 Sutra 157 Subhakit 5124
	Kataka Rasi: 10	Tithi 26	Gulika 10:08AM – 11:40AM	Pushya Until 7:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	
545965473		Rahu 11:40AM – 1:13PM	Shiva Until 5:12AM Thu	Muruqa: White	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 22 - 10	
Creative Work Siddha Yoga			Bava Until 6:05AM	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 7:04PM	Moon – Blue		Devaloka Day	
				Bhadrapada-Puratasi			

4	Thursday, September 22, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stockholm, Sweden Sun 11 Sutra 158 Subhakit 5124
	Kataka Rasi: 22.05	Tithi 27	Gulika 8:36AM – 10:08AM	Ashlesha* Until 9:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	
545965473		Rahu 1:12PM – 2:44PM	Siddha Until 5:21AM Fri	Muruqa: White	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 22 - 11	
Creative Work Siddha Yoga			Kaulava Until 7:59AM	Nataraja: Clear		2nd Phase	
Until 9:20PM			Dvadashi* Until 8:46PM	Moon – Blue		Devaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi			

5	Friday, September 23, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Stockholm, Sweden Sun 12 Sutra 159 Subhakit 5124
	Simha Rasi: 4.21	Tithi 28	Gulika 7:05AM – 8:37AM	Magha* Until 11:18PM	Ganesha: Red	<i>Sunrise:</i> 5:34AM	
555965473		Rahu 10:08AM – 11:40AM	Sadhya Until 5:09AM Sat	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 22 - 12	
Routine Work Marana Yoga			Gara Until 9:27AM	Nataraja: Clear		2nd Phase	
Until 11:18PM			Trayodashi* Until 9:59PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi			

6	Saturday, September 24, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 13 Sutra 160 Subhakit 5124
	Simha Rasi: 16.5	Tithi 29	Gulika 5:36AM – 7:07AM	Purvaphalguni Until 12:36AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:36AM	
556965473		Rahu 8:38AM – 10:08AM	Subha Until 4:34AM Sun	Muruqa: White	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 22 - 13	
Creative Work Siddha Yoga			Visti* Until 10:26AM	Nataraja: Clear		2nd Phase	
Until 12:36AM Sun			Chaturdashi* Until 10:42PM	Moon – Red		Bhuloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM	

●	Sunday, September 25, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stockholm, Sweden Sun 14 Sutra 161 Subhakit 5124
	Retreat Star		Gulika 2:39PM – 4:10PM	Uttaraphalguni Until 1:15AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:38AM	
Simha Rasi: 29.32	Tithi 30		Sukla Until 3:33AM Mon	Muruqa: White	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 22 - 14	
556165473		Rahu 4:10PM – 5:40PM	Catuspada Until 10:53AM	Nataraja: Clear		Amavasya	
Creative Work Amrita Yoga			Amavasya* Until 10:54PM	Moon – Red		Bhuloka Day	
Until 1:15AM Mon		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

●	Monday, September 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 15 Sutra 162 Subhakit 5124
	Retreat Star		Gulika 1:08PM – 2:38PM	Hasta Until 1:45AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:40AM	
Kanya Rasi: 12.29	Tithi 1		Brahma Until 2:11AM Tue	Muruqa: White	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 22 - 15	
566165473		Rahu 7:10AM – 8:39AM	Kintughna Until 10:50AM	Nataraja: Clear		Prathama	
Creative Work Siddha Yoga			Prathama* Until 10:38PM	Moon – Green		Bhuloka Day	
		Navaratri Begins		Ashvina-Puratasi		Devaloka Time: 6:PM to 9:PM	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

times are standard time. Calculated for Stockholm, Sweden on 5/1

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1	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Stockholm, Sweden Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 25.4	Tithi 2	Gulika 11:38AM – 1:07PM	Chitra Until 1:41AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:43AM	Muruqa: White <i>Sunset:</i> 5:34PM	Moon 9 - Phase 23 - 16
			Yama 8:40AM – 10:09AM	Indra Until 12:31AM Wed	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	566165473 Rahu 2:36PM – 4:05PM	Balava Until 10:21AM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Dvitiya Until 9:57PM	Ashvina+Puratasi			

2	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Stockholm, Sweden Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 9.05	Tithi 3	Gulika 10:10AM – 11:38AM	Svati Until 1:09AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:45AM	Muruqa: White <i>Sunset:</i> 5:31PM	Moon 9 - Phase 23 - 17
			Yama 7:13AM – 8:41AM	Vaidhriti* Until 10:32PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	666165473 Rahu 11:38AM – 1:06PM	Taitila Until 9:29AM	Moon – Green	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Tritiya Until 8:54PM	Ashvina+Puratasi			

3	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturtham Titau				Stockholm, Sweden Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 22.4	Tithi 4	Gulika 8:42AM – 10:10AM	Vishakha Until 12:37AM Fri	Ganesha: Blue <i>Sunrise:</i> 5:47AM	Muruqa: White <i>Sunset:</i> 5:28PM	Moon 9 - Phase 23 - 18
			Yama 5:47AM – 7:15AM	Vishkambha* Until 8:19PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	676165473 Rahu 1:05PM – 2:33PM	Vanija Until 8:17AM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Chaturthi Until 7:34PM	Ashvina+Puratasi			

4	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Panchami/Shashtham Titau				Stockholm, Sweden Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 6.25	Tithi 5 – 6	Gulika 7:16AM – 8:43AM	Anuradha Until 11:41PM	Ganesha: Blue <i>Sunrise:</i> 5:49AM	Muruqa: White <i>Sunset:</i> 5:25PM	Moon 9 - Phase 23 - 19
			Yama 2:31PM – 3:58PM	Priti Until 5:56PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	676165473 Rahu 10:10AM – 11:37AM	Bava Until 6:49AM	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Panchami Until 5:58PM	Ashvina+Puratasi			
						Then Routine Work - Marana Yoga	

5	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 20.19	Tithi 6 – 7	Gulika 5:52AM – 7:18AM	Jyeshtha* Until 10:26PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM	Muruqa: White <i>Sunset:</i> 5:22PM	Moon 9 - Phase 23 - 20
			Yama 1:03PM – 2:30PM	Ayushman Until 3:21PM	Nataraja: Clear		3rd Phase
	Creative Work	Siddha Yoga	687166473 Rahu 8:44AM – 10:11AM	Gara Until 3:13AM Sun	Moon – Orange	Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Shashthi* Until 4:10PM	Ashvina+Puratasi			

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 21 Sutra 168 Subhakrit 5124
	Retreat Star		Gulika 2:28PM – 3:54PM	Mula* Until 9:17PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM	Muruqa: Green <i>Sunset:</i> 5:19PM	Moon 9 - Phase 23 - 21
	Dhanu Rasi: 4.2	Tithi 7 – 8	Yama 11:37AM – 1:02PM	Saubhagya Until 12:38PM	Nataraja: Clear		Ashtami
	Creative Work	Amrita Yoga	687166473 Rahu 3:54PM – 5:19PM	Visiti Until 1:10AM Mon	Moon – Light Blue	Sivaloka Day	
			Saptami Until 2:12PM	Ashvina+Puratasi			
						Then Creative Work - Siddha Yoga	

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 22 Sutra 169 Subhakrit 5124
	Retreat Star		Gulika 1:01PM – 2:26PM	Purvashadha* Until 7:52PM	Ganesha: Blue <i>Sunrise:</i> 5:56AM	Muruqa: Green <i>Sunset:</i> 5:16PM	Moon 9 - Phase 23 - 22
	Dhanu Rasi: 18.28	Tithi 8 – 9	Yama 10:11AM – 11:36AM	Sobhana Until 9:48AM	Nataraja: Clear		Navami
	Family Home Evening		687166473 Rahu 7:21AM – 8:46AM	Balava Until 10:59PM	Moon – Light Blue	Sivaloka Day	
			Ashtami* Until 12:05PM	Ashvina+Puratasi			
						Routine Work Marana Yoga	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

times are standard time. Calculated for Stockholm, Sweden on 5/1

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Stockholm, Sweden Sun 23 Sutra 170	
Makara Rasi: 2.4	Tithi 9 – 10	Gulika	11:36AM – 1:00PM	Uttarashadha Until 6:12PM	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	Subhakrit 5124	
		Yama	8:47AM – 10:12AM	Athiganda* Until 6:51AM	Muruqa: Green	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 24 - 23	
	687166473	Rahu	2:25PM – 3:49PM	Taitila Until 8:43PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga			Navami* Until 9:50AM	Moon – Light Blue		Sivaloka Day	
Until 6:12PM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Stockholm, Sweden Sun 24 Sutra 171	
Makara Rasi: 16.55	Tithi 10 – 11	Gulika	10:12AM – 11:36AM	Shravana Until 4:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:01AM	Subhakrit 5124	
		Yama	7:25AM – 8:48AM	Dhriti Until 12:50AM Thu	Muruqa: Green	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 24 - 24	
	697166473	Rahu	11:36AM – 12:59PM	Vanija Until 6:24PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 7:32AM	Moon – Purple		Devaloka Day	
Until 4:46PM		Vijaya Dasami			Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau			Stockholm, Sweden Sun 25 Sutra 172	
Kumbha Rasi: 1.11	Tithi 12	Gulika	8:49AM – 10:12AM	Dhanishtha Until 3:14PM	Ganesha: Yellow	<i>Sunrise:</i> 6:03AM	Subhakrit 5124	
		Yama	6:03AM – 7:26AM	Shula* Until 9:51PM	Muruqa: Green	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 24 - 25	
	697166473	Rahu	12:59PM – 2:22PM	Bava Until 4:07PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 3:00AM Fri	Moon – Purple		Devaloka Day	
					Ashvina+Puratasi			

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Stockholm, Sweden Sun 26 Sutra 173	
Kumbha Rasi: 15.23	Tithi 13	Gulika	7:28AM – 8:50AM	Shatabhishak Until 1:41PM	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM	Subhakrit 5124	
		Yama	2:20PM – 3:42PM	Ganda* Until 7:01PM	Muruqa: Green	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 24 - 26	
	697166473	Rahu	10:13AM – 11:35AM	Kaulava Until 1:58PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 12:58AM Sat	Moon – Purple		Devaloka Day	
		Kadaitswami Mahasamadhi			Ashvina+Puratasi			
				<i>Pradosha Vrata</i>				

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Stockholm, Sweden Sun 27 Sutra 174	
Kumbha Rasi: 29.28	Tithi 14	Gulika	6:08AM – 7:30AM	Purvaproshtapada* Until 12:39PM	Ganesha: White	<i>Sunrise:</i> 6:08AM	Subhakrit 5124	
		Yama	12:57PM – 2:18PM	Vriddhi Until 4:25PM	Muruqa: Green	<i>Sunset:</i> 5:02PM	Moon 9 - Phase 24 - 27	
	618166474	Rahu	8:51AM – 10:13AM	Gara Until 12:04PM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga			Chaturdashi* Until 11:13PM	Moon – Clear		Bhuloka Day	
Until 12:39PM		Chidambaram Abhishekam			Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Stockholm, Sweden Sutra 175	
Copper Retreat Star		Gulika	2:17PM – 3:38PM	Uttaraproshtapada Until 11:50AM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Subhakrit 5124	
Meena Rasi: 13.19	Tithi 15	Yama	11:35AM – 12:56PM	Dhruva Until 2:05PM	Muruqa: Green	<i>Sunset:</i> 4:59PM	Moon 9 - Phase 24 - Purnima	
		Rahu	3:38PM – 4:59PM	Visti Until 10:31AM	Nataraja: Purple			
Creative Work	Amrita Yoga			Purnima* Until 9:54PM	Moon – Clear		Bhuloka Day	
					Ashvina+Puratasi			

Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Stockholm, Sweden Sutra 176		
Silver Retreat Star		Gulika	12:55PM – 2:15PM	Revati Until 11:21AM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Subhakrit 5124
Meena Rasi: 26.55	Tithi 16	Yama	10:14AM – 11:34AM	Vyaghata* Until 12:10PM	Muruqa: Green	<i>Sunset:</i> 4:56PM	Moon 9 - Phase 24 - Prathama
Family Home Evening		Rahu	7:33AM – 8:53AM	Balava Until 9:28AM	Nataraja: Purple		
Creative Work	Siddha Yoga			Prathama* Until 9:07PM	Moon – Clear		Bhuloka Day
					Ashvina+Puratasi		



Tuesday, October 11, 2022
Gold Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden
 Sun 1 Sutra 177

Mesha Rasi: 10.11 Tithi 17

628176474

Gulika 11:34AM – 12:54PM
Yama 8:54AM – 10:14AM
Rahu 2:14PM – 3:33PM

Ashvini Until 11:45AM
 Harshana Until 10:44AM
 Taitila Until 8:59AM
Dvitiya Until 8:58PM

Ganesha: Yellow *Sunrise: 6:15AM*
Muruqa: White *Sunset: 4:53PM*
Nataraja: Purple
 Moon – White

Moon 10 - Phase 25 - 1
 1st Phase

Creative Work Siddha Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
 Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Stockholm, Sweden
 Sun 2 Sutra 178

Mesha Rasi: 23.08 Tithi 18

628176474

Gulika 10:15AM – 11:34AM
Yama 7:36AM – 8:56AM
Rahu 11:34AM – 12:53PM

Bharani Until 12:38PM
 Vajra* Until 9:47AM
 Vanija Until 9:10AM
Tritiya Until 9:30PM

Ganesha: Yellow *Sunrise: 6:17AM*
Muruqa: White *Sunset: 4:50PM*
Nataraja: Purple
 Moon – White

Moon 10 - Phase 25 - 2
 1st Phase

Creative Work Siddha Yoga

Until 12:38PM

Then Creative Work - Amrita Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
 Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Stockholm, Sweden
 Sun 3 Sutra 179

Vrishabha Rasi: 5.45 Tithi 19

628176474

Gulika 8:57AM – 10:15AM
Yama 6:20AM – 7:38AM
Rahu 12:52PM – 2:11PM

Krittika Until 2:01PM
 Siddhi Until 9:23AM
 Bava Until 10:02AM
Chaturthi* Until 10:41PM

Ganesha: Yellow *Sunrise: 6:20AM*
Muruqa: White *Sunset: 4:48PM*
Nataraja: Purple
 Moon – White

Moon 10 - Phase 25 - 3
 1st Phase

Routine Work Marana Yoga

Bhuloka Day
 Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Stockholm, Sweden
 Sun 4 Sutra 180

Vrishabha Rasi: 18.05 Tithi 20

638176474

Gulika 7:40AM – 8:58AM
Yama 2:09PM – 3:27PM
Rahu 10:15AM – 11:33AM

Rohini Until 4:19PM
 Vyatipata* Until 9:28AM
 Kaulava Until 11:32AM
Panchami Until 12:27AM Sat

Ganesha: Blue *Sunrise: 6:22AM*
Muruqa: White *Sunset: 4:45PM*
Nataraja: Purple
 Moon – Yellow

Moon 10 - Phase 25 - 4
 1st Phase

Routine Work Marana Yoga

Until 4:19PM

Then Creative Work - Siddha Yoga

Bhuloka Day

4

Saturday, October 15, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
 Mrigashira Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Stockholm, Sweden
 Sun 5 Sutra 181

Mithuna Rasi: 0.12 Tithi 21

639176474

Gulika 6:24AM – 7:42AM
Yama 12:50PM – 2:07PM
Rahu 8:59AM – 10:16AM

Mrigashira Until 6:55PM
 Variyan Until 9:56AM
 Gara Until 1:32PM
Shashthi* Until 2:39AM Sun

Ganesha: Red *Sunrise: 6:24AM*
Muruqa: White *Sunset: 4:42PM*
Nataraja: Purple
 Moon – Yellow

Moon 10 - Phase 25 - 5
 1st Phase

Creative Work Siddha Yoga

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ardra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Stockholm, Sweden
 Sun 6 Sutra 182

Mithuna Rasi: 12.1 Tithi 22

639176474

Gulika 2:06PM – 3:23PM
Yama 11:33AM – 12:49PM
Rahu 3:23PM – 4:39PM

Ardra Until 9:37PM
 Parigha* Until 10:40AM
 Visti Until 3:52PM
Saptami Until 5:04AM Mon

Ganesha: Red *Sunrise: 6:27AM*
Muruqa: White *Sunset: 4:39PM*
Nataraja: Purple
 Moon – Yellow

Moon 10 - Phase 25 - 6
 1st Phase

Creative Work Siddha Yoga

Bhuloka Day
 Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Punarvasu Nakshatra Shiva/Siddha Yoga Balava Karana Ashtamyam Titau

Stockholm, Sweden
 Sun 7 Sutra 183

Mithuna Rasi: 24.04 Tithi 23

649176474

Gulika 12:49PM – 2:04PM
Yama 10:17AM – 11:33AM
Rahu 7:45AM – 9:01AM

Punarvasu Until 12:42AM Tue
 Shiva Until 11:32AM
 Balava Until 6:18PM
Ashtami* Until 7:29AM Tue

Ganesha: Green *Sunrise: 6:29AM*
Muruqa: White *Sunset: 4:36PM*
Nataraja: Purple
 Moon – Blue

Moon 10 - Phase 25 - 7
 Ashtami

Creative Work Amrita Yoga

Until 12:42AM Tue

Then Creative Work - Siddha Yoga

Devaloka Day

Tuesday, October 18, 2022

Retreat Star

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stockholm, Sweden
 Sun 8 Sutra 184

Kataka Rasi: 5.57 Tithi 23 – 24

649176474

Gulika 11:32AM – 12:48PM
Yama 9:02AM – 10:17AM
Rahu 2:03PM – 3:18PM

Pushya Until 3:29AM Wed
 Siddha Until 12:20PM
 Taitila Until 8:39PM
Ashtami* Until 7:29AM

Ganesha: Green *Sunrise: 6:31AM*
Muruqa: White *Sunset: 4:33PM*
Nataraja: Purple
 Moon – Blue

Moon 10 - Phase 25 - 8
 Navami

Creative Work Siddha Yoga

Devaloka Day
 Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1

www.gurudeva.org/panchang


1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stockholm, Sweden Sun 9 Sutra 185	
	Kataka Rasi: 17.55	Tithi 24 – 25	649176474	Gulika 10:18AM – 11:32AM Yama 7:48AM – 9:03AM Rahu 11:32AM – 12:47PM	Ashlesha* Until 5:47AM Thu Sadhya Until 12:58PM Vanija Until 10:42PM Navami* Until 9:42AM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Blue	Sunrise: 6:34AM Sunset: 4:31PM	Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Siddha Yoga Until 5:47AM Thu Then Creative Work - Amrita Yoga						Devaloka Day		

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 10 Sutra 186	
	Simha Rasi: 0.01	Tithi 25 – 26	659276474	Gulika 9:04AM – 10:18AM Yama 6:36AM – 7:50AM Rahu 12:46PM – 2:00PM	Magha* Until 7:55AM Fri Subha Until 1:19PM Bava Until 12:17AM Fri Dashami Until 11:32AM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:36AM Sunset: 4:28PM	Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Amrita Yoga Until 7:55AM Fri Then Creative Work - Siddha Yoga						Bhuloka Day		

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 11 Sutra 187	
	Simha Rasi: 12.2	Tithi 26 – 27	659276474	Gulika 7:52AM – 9:05AM Yama 1:59PM – 3:12PM Rahu 10:19AM – 11:32AM	Magha* Until 7:55AM Sukla Until 1:13PM Kaulava Until 1:18AM Sat Ekadashi* Until 12:51PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:39AM Sunset: 4:25PM	Moon 10 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 7:55AM Then Creative Work - Siddha Yoga						Bhuloka Day		

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mantla Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 12 Sutra 188	
	Simha Rasi: 24.54	Tithi 27 – 28	659276474	Gulika 6:41AM – 7:54AM Yama 12:44PM – 1:57PM Rahu 9:06AM – 10:19AM	Purvaphalguni Until 9:18AM Brahma Until 12:39PM Gara Until 1:40AM Sun Dvadashi* Until 1:33PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:41AM Sunset: 4:22PM	Moon 10 - Phase 26 - 12 2nd Phase
Creative Work Siddha Yoga Until 9:18AM Then Routine Work - Marana Yoga						Bhuloka Day		
<i>Pradosha Vrata (Fasting)</i>								

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 13 Sutra 189	
	Kanya Rasi: 7.46	Tithi 28 – 29	651276474	Gulika 1:56PM – 3:08PM Yama 11:32AM – 12:44PM Rahu 3:08PM – 4:20PM	Uttaraphalguni Until 9:55AM Indra Until 11:37AM Visti Until 1:23AM Mon Trayodashi* Until 1:35PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Red	Sunrise: 6:43AM Sunset: 4:20PM	Moon 10 - Phase 26 - 13 2nd Phase
Creative Work Amrita Yoga Until 10:13AM Then Routine Work - Prabalarishta Yoga			Deepavali Hindu Solidarity Day			Bhuloka Day		

	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stockholm, Sweden Sun 14 Sutra 190	
	Kanya Rasi: 20.58	Tithi 29 – 30	661276474	Gulika 12:43PM – 1:54PM Yama 10:20AM – 11:31AM Rahu 7:57AM – 9:09AM	Hasta Until 10:13AM Vaidhriti* Until 10:02AM Catuspada Until 12:30AM Tue Chaturdashi* Until 1:00PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:46AM Sunset: 4:17PM	Moon 10 - Phase 26 - 14 Amavasya
Creative Work Siddha Yoga Until 10:13AM Then Routine Work - Prabalarishta Yoga			Subramuniyaswami Mahasamadhi			Bhuloka Day		

	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yukhtayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stockholm, Sweden Sun 15 Sutra 191	
	Tula Rasi: 4.29	Tithi 30 – 1	661276474	Gulika 11:31AM – 12:42PM Yama 9:10AM – 10:21AM Rahu 1:53PM – 3:04PM	Chitra Until 9:47AM Vishkambha* Until 8:01AM Kintughna Until 11:06PM Amavasya* Until 11:50AM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:48AM Sunset: 4:14PM	Moon 10 - Phase 26 - 15 Prathama
Creative Work Siddha Yoga			Skanda Shasthi Begins			Bhuloka Day		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stockholm, Sweden Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 18.19 Tithi 1 – 2 661276574	Gulika 10:21AM – 11:31AM Yama 8:01AM – 9:11AM Rahu 11:31AM – 12:41PM	Svati Until 8:45AM Ayushman Until 2:54AM Thu Balava Until 9:16PM Prathama* Until 10:13AM
	Creative Work Siddha Yoga	Ganesha: Light Blue <i>Sunrise:</i> 6:51AM Muruqa: Clear <i>Sunset:</i> 4:12PM Nataraja: Clear Moon – Green Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Stockholm, Sweden Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 2.22 Tithi 2 – 3 671276574	Gulika 9:12AM – 10:22AM Yama 6:53AM – 8:03AM Rahu 12:41PM – 1:50PM	Vishakha Until 7:38AM Saubhagya Until 11:57PM Taitila Until 7:09PM Dvitiya Until 8:13AM
	Creative Work Siddha Yoga	Ganesha: Purple <i>Sunrise:</i> 6:53AM Muruqa: Clear <i>Sunset:</i> 4:09PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Friday, October 28, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau	Stockholm, Sweden Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 16.35 Tithi 3 – 4 671276574	Gulika 8:05AM – 9:13AM Yama 1:49PM – 2:58PM Rahu 10:22AM – 11:31AM	Anuradha Until 6:07AM Sobhana Until 8:54PM Visti Until 3:38AM Sat Tritiya Until 6:00AM
	Creative Work Siddha Yoga Until 6:07AM Then Routine Work - Marana Yoga	Ganesha: Purple <i>Sunrise:</i> 6:56AM Muruqa: Clear <i>Sunset:</i> 4:06PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM	

4	Saturday, October 29, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Stockholm, Sweden Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 0.53 Tithi 5 681276574	Gulika 6:58AM – 8:06AM Yama 12:39PM – 1:47PM Rahu 9:15AM – 10:23AM	Mula* Until 2:49AM Sun Athiganda* Until 5:45PM Bava Until 2:27PM Panchami Until 1:14AM Sun
	Creative Work Siddha Yoga	Ganesha: Clear <i>Sunrise:</i> 6:58AM Muruqa: Clear <i>Sunset:</i> 4:04PM Nataraja: Clear Moon – Light Blue Devaloka Day	

5	Sunday, October 30, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau	Stockholm, Sweden Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 15.13 Tithi 6 681276574	Gulika 1:46PM – 2:54PM Yama 11:31AM – 12:39PM Rahu 2:54PM – 4:01PM	Purvashadha* Until 1:11AM Mon Sukarma Until 2:39PM Kaulava Until 12:03PM Shashthi* Until 10:52PM
	Creative Work Siddha Yoga Until 1:11AM Mon Then Routine Work - Marana Yoga	Ganesha: Clear <i>Sunrise:</i> 7:01AM Muruqa: Clear <i>Sunset:</i> 4:01PM Nataraja: Clear Moon – Light Blue Devaloka Day	

6	Monday, October 31, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Stockholm, Sweden Sun 21 Sutra 197 Subhakit 5124
	Dhanus Rasi: 29.31 Tithi 7 681276574	Gulika 12:38PM – 1:45PM Yama 10:24AM – 11:31AM Rahu 8:10AM – 9:17AM	Uttarashadha Until 11:33PM Dhriti Until 11:37AM Gara Until 9:45AM Saptami Until 8:38PM
	Family Home Evening Routine Work Marana Yoga Until 11:33PM Then Creative Work - Amrita Yoga	Ganesha: Clear <i>Sunrise:</i> 7:03AM Muruqa: Clear <i>Sunset:</i> 3:59PM Nataraja: Clear Moon – Light Blue Devaloka Day	

☾	Tuesday, November 1, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Stockholm, Sweden Sun 22 Sutra 198 Subhakit 5124
	Makara Rasi: 13.43 Tithi 8 691276574	Gulika 11:31AM – 12:37PM Yama 9:18AM – 10:25AM Rahu 1:44PM – 2:50PM	Shravana Until 10:21PM Shula* Until 8:41AM Visti Until 7:35AM Ashtami* Until 6:33PM
	Creative Work Siddha Yoga	Ganesha: White <i>Sunrise:</i> 7:06AM Muruqa: Clear <i>Sunset:</i> 3:56PM Nataraja: Clear Moon – Purple Bhuloka Day Devaloka Time: 3:PM to 6:PM	

☾	Wednesday, November 2, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Stockholm, Sweden Sun 23 Sutra 199 Subhakit 5124
	Makara Rasi: 27.47 Tithi 9 – 10 692276574	Gulika 10:25AM – 11:31AM Yama 8:14AM – 9:19AM Rahu 11:31AM – 12:37PM	Dhanishtha Until 9:14PM Vriddhi Until 3:20AM Thu Taitila Until 3:51AM Thu Navami* Until 4:41PM
	Routine Work Prabalarishta Yoga Until 9:14PM Then Creative Work - Siddha Yoga	Ganesha: Green <i>Sunrise:</i> 7:08AM Muruqa: Clear <i>Sunset:</i> 3:54PM Nataraja: Clear Moon – Purple Bhuloka Day Devaloka Time: 3:PM to 6:PM	


After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Thursday, November 3, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 24 Sutra 200
	Kumbha Rasi: 11.44	Tithi 10 – 11	Gulika 9:21AM – 10:26AM	Shatabhishak Until 8:12PM	Ganesha: Green	<i>Sunrise:</i> 7:10AM	Subhakit 5124
			Yama 7:10AM – 8:16AM	Dhruva Until 12:56AM Fri	Muruqa: Clear	<i>Sunset:</i> 3:51PM	Moon 10 - Phase 28 - 24
	Creative Work	Siddha Yoga	692276574 Rahu 12:36PM – 1:41PM	Vanija Until 2:22AM Fri	Nataraja: Clear		4th Phase
			Dashami Until 3:03PM	Moon – Purple		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

2	Friday, November 4, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 25 Sutra 201
	Kumbha Rasi: 25.31	Tithi 11 – 12	Gulika 8:17AM – 9:22AM	Purvaproshtapada* Until 7:44PM	Ganesha: Blue	<i>Sunrise:</i> 7:13AM	Subhakit 5124
			Yama 1:40PM – 2:44PM	Vyaghata* Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 3:49PM	Moon 10 - Phase 28 - 25
	Creative Work	Siddha Yoga	612276574 Rahu 10:26AM – 11:31AM	Bava Until 1:10AM Sat	Nataraja: Clear		4th Phase
			Ekadashi Until 1:42PM	Moon – Clear		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

3	Saturday, November 5, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 26 Sutra 202
	Meena Rasi: 9.07	Tithi 12 – 13	Gulika 7:15AM – 8:19AM	Uttaraproshtapada Until 7:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:15AM	Subhakit 5124
			Yama 12:35PM – 1:39PM	Harshana Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 3:46PM	Moon 10 - Phase 28 - 26
	Creative Work	Siddha Yoga	612276574 Rahu 9:23AM – 10:27AM	Kaulava Until 12:19AM Sun	Nataraja: Clear		4th Phase
			Dvadashi Until 12:40PM	Moon – Clear		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>			

4	Sunday, November 6, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 27 Sutra 203
	Meena Rasi: 22.31	Tithi 13 – 14	Gulika 1:37PM – 2:41PM	Revati Until 7:25PM	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Subhakit 5124
			Yama 11:31AM – 12:34PM	Vajra* Until 7:18PM	Muruqa: Clear	<i>Sunset:</i> 3:44PM	Moon 10 - Phase 28 - 27
	Creative Work	Amrita Yoga	612276574 Rahu 2:41PM – 3:44PM	Gara Until 11:52PM	Nataraja: Clear		4th Phase
			Trayodashi Until 12:01PM	Moon – Clear		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

	Monday, November 7, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stockholm, Sweden Sutra 204
	Copper Retreat Star		Gulika 12:34PM – 1:36PM	Ashvini Until 8:07PM	Ganesha: Blue	<i>Sunrise:</i> 7:20AM	Subhakit 5124
	Mesha Rasi: 5.41	Tithi 14 – 15	Yama 10:28AM – 11:31AM	Siddhi Until 6:05PM	Muruqa: Clear	<i>Sunset:</i> 3:42PM	Moon 10 - Phase 28 -
	Family Home Evening		722276574 Rahu 8:23AM – 9:26AM	Visti Until 11:52PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 11:47AM	Moon – White		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

5	Tuesday, November 8, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stockholm, Sweden Sutra 205
	Silver Retreat Star		Gulika 11:31AM – 12:33PM	Bharani Until 9:08PM	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Subhakit 5124
	Mesha Rasi: 18.37	Tithi 15 – 16	Yama 9:27AM – 10:29AM	Vyatipata* Until 5:14PM	Muruqa: Clear	<i>Sunset:</i> 3:39PM	Moon 10 - Phase 28 -
	Creative Work	Siddha Yoga	722276574 Rahu 1:35PM – 2:37PM	Balava Until 12:23AM Wed	Nataraja: Clear		Prathama
			Purnima* Until 12:02PM	Moon – White		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yukhtayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stockholm, Sweden

Sutra 206

Subhakit 5124

Vrishabha Rasi: 1.19 Tithi 16 - 17

722276574

Gulika 10:30AM - 11:31AM
Yama 8:27AM - 9:28AM
Rahu 11:31AM - 12:33PM

Krittika **Until 10:29PM**
Varyan **Until 4:46PM**
Taitila **Until 1:25AM Thu**
Prathama* Until 12:49PM

Ganesha: Blue **Sunrise:** 7:25AM
Muruqa: Clear **Sunset:** 3:37PM
Nataraja: Clear
Moon - White
Kartika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga
Until 10:29PM
Then Creative Work - Siddha Yoga

1 Thursday, November 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yukhtayam
Rohini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 207

Subhakit 5124

Vrishabha Rasi: 13.47 Tithi 17 - 18

732276574

Gulika 9:29AM - 10:30AM
Yama 7:28AM - 8:29AM
Rahu 12:32PM - 1:33PM

Rohini **Until 12:39AM Fri**
Parigha* **Until 4:42PM**
Vanija **Until 2:56AM Fri**
Dvitiya Until 2:06PM

Ganesha: Red **Sunrise:** 7:28AM
Muruqa: Clear **Sunset:** 3:35PM
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Devaloka Day

Routine Work Marana Yoga
Until 12:39AM Fri
Then Creative Work - Siddha Yoga

2 Friday, November 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yukhtayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Stockholm, Sweden

Sun 2 Sutra 208

Subhakit 5124

Vrishabha Rasi: 26.02 Tithi 18 - 19

732276574

Gulika 8:30AM - 9:31AM
Yama 1:32PM - 2:32PM
Rahu 10:31AM - 11:31AM

Mrigashira **Until 3:05AM Sat**
Shiva **Until 5:00PM**
Bava **Until 4:55AM Sat**
Tritiya Until 3:51PM

Ganesha: Red **Sunrise:** 7:30AM
Muruqa: Clear **Sunset:** 3:32PM
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3 Saturday, November 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yukhtayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava Karana Chaturthayam Titau

Stockholm, Sweden

Sun 3 Sutra 209

Subhakit 5124

Mithuna Rasi: 8.07 Tithi 19

732276574

Gulika 7:33AM - 8:32AM
Yama 12:31PM - 1:31PM
Rahu 9:32AM - 10:32AM

Ardra **Until 5:39AM Sun**
Siddha **Until 5:34PM**
Balava **Until 6:00PM**
Chaturthi* Until 6:00PM

Ganesha: Red **Sunrise:** 7:33AM
Muruqa: Clear **Sunset:** 3:30PM
Nataraja: Clear
Moon - Yellow
Kartika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4 Sunday, November 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Stockholm, Sweden

Sun 4 Sutra 210

Subhakit 5124

Mithuna Rasi: 20.04 Tithi 20

742276574

Gulika 1:30PM - 2:29PM
Yama 11:32AM - 12:31PM
Rahu 2:29PM - 3:28PM

Punarvasu **Until 8:45AM Mon**
Sadhya **Until 6:19PM**
Kaulava **Until 7:12AM**
Panchami Until 8:24PM

Ganesha: Green **Sunrise:** 7:35AM
Muruqa: Clear **Sunset:** 3:28PM
Nataraja: Clear
Moon - Blue
Kartika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5 Monday, November 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthayam Titau

Stockholm, Sweden

Sun 5 Sutra 211

Subhakit 5124

Kataka Rasi: 1.58 Tithi 21

742376574

Gulika 12:30PM - 1:29PM
Yama 10:33AM - 11:32AM
Rahu 8:36AM - 9:35AM

Punarvasu **Until 8:45AM**
Subha **Until 7:11PM**
Gara **Until 9:41AM**
Shashthi* Until 10:54PM

Ganesha: White **Sunrise:** 7:37AM
Muruqa: Clear **Sunset:** 3:26PM
Nataraja: Clear
Moon - Blue
Kartika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Family Home Evening
Creative Work Amrita Yoga
Until 8:45AM
Then Creative Work - Siddha Yoga

6 Tuesday, November 15, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Stockholm, Sweden

Sun 6 Sutra 212

Subhakit 5124

Kataka Rasi: 13.5 Tithi 22

743376574

Gulika 11:32AM - 12:30PM
Yama 9:36AM - 10:34AM
Rahu 1:28PM - 2:26PM

Pushya **Until 11:40AM**
Sukla **Until 7:57PM**
Visti **Until 12:09PM**
Saptami Until 1:18AM Wed

Ganesha: Green **Sunrise:** 7:40AM
Muruqa: Clear **Sunset:** 3:24PM
Nataraja: Clear
Moon - Blue
Kartika-Aipasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Retreat Star Wednesday, November 16, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Stockholm, Sweden

Sun 7 Sutra 213

Subhakit 5124

Kataka Rasi: 25.47 Tithi 23

743376574

Gulika 10:35AM - 11:32AM
Yama 8:40AM - 9:37AM
Rahu 11:32AM - 12:30PM

Ashlesha* **Until 2:15PM**
Brahma **Until 8:33PM**
Balava **Until 2:26PM**
Ashtami* Until 3:24AM Thu

Ganesha: Green **Sunrise:** 7:42AM
Muruqa: Clear **Sunset:** 3:22PM
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Retreat Star Thursday, November 17, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Stockholm, Sweden

Sun 8 Sutra 214

Subhakit 5124

Simha Rasi: 7.5 Tithi 24

753376575

Gulika 9:38AM - 10:35AM
Yama 7:45AM - 8:42AM
Rahu 12:29PM - 1:26PM

Magha* **Until 4:47PM**
Indra **Until 8:49PM**
Taitila **Until 4:19PM**
Navami* Until 5:01AM Fri

Ganesha: Orange **Sunrise:** 7:45AM
Muruqa: Clear **Sunset:** 3:20PM
Nataraja: Purple
Moon - Red
Kartika-Kartikai

Sivaloka Day

Creative Work Amrita Yoga
Until 4:47PM
Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1

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1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau		Stockholm, Sweden Sun 9 Sutra 215	
Simha Rasi: 20.07	Tithi 25	Gulika 8:43AM – 9:40AM	Purvaphalguni Until 6:35PM	Ganesha: Orange	<i>Sunrise:</i> 7:47AM	Subhakrit 5124	
		Yama 1:25PM – 2:22PM	Vaidhrili* Until 8:37PM	Muruqa: Clear	<i>Sunset:</i> 3:18PM	Moon 11 - Phase 30 - 9	
		753376575 Rahu 10:36AM – 11:32AM	Vanija Until 5:37PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 6:00AM Sat	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stockholm, Sweden Sun 10 Sutra 216	
Kanya Rasi: 2.4	Tithi 25 – 26	Gulika 7:49AM – 8:45AM	Uttaraphalguni Until 7:34PM	Ganesha: Orange	<i>Sunrise:</i> 7:49AM	Subhakrit 5124	
		Yama 12:29PM – 1:24PM	Vishkambha* Until 7:53PM	Muruqa: Clear	<i>Sunset:</i> 3:16PM	Moon 11 - Phase 30 - 10	
		753376575 Rahu 9:41AM – 10:37AM	Bava Until 6:13PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 6:00AM	Moon – Red		Sivaloka Day	
				Karttika-Karttikai			

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Stockholm, Sweden Sun 11 Sutra 217	
Kanya Rasi: 15.33	Tithi 26 – 27	Gulika 1:24PM – 2:19PM	Hasta Until 8:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:52AM	Subhakrit 5124	
		Yama 11:33AM – 12:28PM	Priti Until 6:33PM	Muruqa: Clear	<i>Sunset:</i> 3:14PM	Moon 11 - Phase 30 - 11	
		763376575 Rahu 2:19PM – 3:14PM	Kaulava Until 6:03PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 6:13AM	Moon – Green		Devaloka Day	
Until 8:07PM				Karttika-Karttikai			
Then Creative Work - Siddha Yoga							

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Stockholm, Sweden Sun 12 Sutra 218	
Kanya Rasi: 28.51	Tithi 28	Gulika 12:28PM – 1:23PM	Chitra Until 7:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:54AM	Subhakrit 5124	
Family Home Evening		Yama 10:38AM – 11:33AM	Ayushman Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 3:12PM	Moon 11 - Phase 30 - 12	
Routine Work	Prabalarishta Yoga	763376575 Rahu 8:49AM – 9:44AM	Gara Until 5:07PM	Nataraja: Purple		2nd Phase	
Until 7:45PM			Trayodashi* Until 4:22AM Tue	Moon – Green		Devaloka Day	
Then Creative Work - Amrita Yoga				Karttika-Karttikai			
				Pradosha Vrata (Fasting)			

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stockholm, Sweden Sun 13 Sutra 219	
Tula Rasi: 12.34	Tithi 29	Gulika 11:33AM – 12:28PM	Svati Until 6:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:56AM	Subhakrit 5124	
		Yama 9:45AM – 10:39AM	Saubhagya Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 3:11PM	Moon 11 - Phase 30 - 13	
		763376575 Rahu 1:22PM – 2:16PM	Visti Until 3:30PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 2:26AM Wed	Moon – Green		Devaloka Day	
Until 6:34PM				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stockholm, Sweden Sun 14 Sutra 220	
Retreat Star		Gulika 10:40AM – 11:34AM	Vishakha Until 5:07PM	Ganesha: Purple	<i>Sunrise:</i> 7:59AM	Subhakrit 5124	
Tula Rasi: 26.4	Tithi 30	Yama 8:52AM – 9:46AM	Sobhana Until 11:09AM	Muruqa: Clear	<i>Sunset:</i> 3:09PM	Moon 11 - Phase 30 - 14	
		773376575 Rahu 11:34AM – 12:28PM	Catuspada Until 1:16PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 11:58PM	Moon – Orange		Devaloka Day	
				Karttika-Karttikai			

Thursday, November 24, 2022		Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Stockholm, Sweden Sun 15 Sutra 221	
Vrischika Rasi: 11.07	Tithi 1	Gulika 9:47AM – 10:41AM	Anuradha Until 3:06PM	Ganesha: Purple	<i>Sunrise:</i> 8:01AM	Subhakrit 5124	
		Yama 8:01AM – 8:54AM	Athiganda* Until 7:48AM	Muruqa: Clear	<i>Sunset:</i> 3:07PM	Moon 11 - Phase 30 - 15	
		773376575 Rahu 12:27PM – 1:21PM	Kintughna Until 10:36AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 9:08PM	Moon – Orange		Devaloka Day	
Until 3:06PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1

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1	Friday, November 25, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau			Stockholm, Sweden Sun 16 Sutra 222 Subhakrit 5124
	Vrischika Rasi: 25.47 Tithi 2	793376575	Gulika 8:56AM – 9:49AM Yama 1:20PM – 2:13PM Rahu 10:42AM – 11:34AM	Jyeshtha* Until 12:41PM Dhriti Until 12:27AM Sat Balava Until 7:39AM Dvitiya Until 6:05PM	Ganesha: Purple Sunrise: 8:03AM Muruqa: Clear Sunset: 3:06PM Nataraja: Purple Moon – Orange Margasira-Karttikai
	Routine Work Marana Yoga Until 12:41PM Then Creative Work - Amrita Yoga				Moon 11 - Phase 31 - 16 3rd Phase Devaloka Day

2	Saturday, November 26, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Stockholm, Sweden Sun 17 Sutra 223 Subhakrit 5124
	Dhanus Rasi: 10.35 Tithi 3 – 4	783376575	Gulika 8:05AM – 8:58AM Yama 12:27PM – 1:19PM Rahu 9:50AM – 10:42AM	Mula* Until 10:26AM Shula* Until 8:41PM Vanija Until 1:26AM Sun Tritiya Until 2:57PM	Ganesha: Light Blue Sunrise: 8:05AM Muruqa: Clear Sunset: 3:04PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai
	Creative Work Siddha Yoga				Moon 11 - Phase 31 - 17 3rd Phase Devaloka Day

3	Sunday, November 27, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau			Stockholm, Sweden Sun 18 Sutra 224 Subhakrit 5124
	Dhanus Rasi: 25.22 Tithi 4 – 5	783376575	Gulika 1:19PM – 2:11PM Yama 11:35AM – 12:27PM Rahu 2:11PM – 3:03PM	Purvashadha* Until 8:06AM Ganda* Until 5:00PM Bava Until 10:29PM Chaturthi* Until 11:55AM	Ganesha: Light Blue Sunrise: 8:07AM Muruqa: Clear Sunset: 3:03PM Nataraja: Purple Moon – Light Blue Margasira-Karttikai
	Creative Work Siddha Yoga Until 8:06AM Then Creative Work - Amrita Yoga				Moon 11 - Phase 31 - 18 3rd Phase Devaloka Day

4	Monday, November 28, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Stockholm, Sweden Sun 19 Sutra 225 Subhakrit 5124
	Makara Rasi: 10.01 Tithi 5 – 6	793376575	Gulika 12:27PM – 1:18PM Yama 10:44AM – 11:35AM Rahu 9:01AM – 9:52AM	Shravana Until 4:06AM Tue Vridhi Until 1:32PM Kaulava Until 7:47PM Panchami Until 9:04AM	Ganesha: Orange Sunrise: 8:09AM Muruqa: Clear Sunset: 3:01PM Nataraja: Purple Moon – Purple Margasira-Karttikai
	Family Home Evening Creative Work Amrita Yoga Until 4:06AM Tue Then Creative Work - Siddha Yoga				Moon 11 - Phase 31 - 19 3rd Phase Sivaloka Day

5	Tuesday, November 29, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Vanija Karana Shashthi/Saptamyam Titau			Stockholm, Sweden Sun 20 Sutra 226 Subhakrit 5124
	Makara Rasi: 24.27 Tithi 6 – 7	793376575	Gulika 11:36AM – 12:27PM Yama 9:54AM – 10:45AM Rahu 1:18PM – 2:09PM	Dhanishtha Until 2:39AM Wed Dhruva Until 10:20AM Vanija Until 4:28AM Wed Shashthi* Until 6:34AM	Ganesha: Orange Sunrise: 8:11AM Muruqa: Clear Sunset: 3:00PM Nataraja: Purple Moon – Purple Margasira-Karttikai
	Creative Work Siddha Yoga				Moon 11 - Phase 31 - 20 3rd Phase Sivaloka Day

D	Wednesday, November 30, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau			Stockholm, Sweden Sun 21 Sutra 227 Subhakrit 5124
	Retreat Star	794376575	Gulika 10:45AM – 11:36AM Yama 9:04AM – 9:55AM Rahu 11:36AM – 12:27PM	Shatabhishak Until 1:32AM Thu Vyaghata* Until 7:29AM Visti Until 3:37PM Ashtami* Until 2:51AM Thu	Ganesha: Clear Sunrise: 8:14AM Muruqa: Clear Sunset: 2:59PM Nataraja: Purple Moon – Purple Margasira-Karttikai
	Kumbha Rasi: 8.37 Tithi 8				Moon 11 - Phase 31 - 21 Ashtami Sivaloka Day

D	Thursday, December 1, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau			Stockholm, Sweden Sun 22 Sutra 228 Subhakrit 5124
	Retreat Star	714376575	Gulika 9:56AM – 10:46AM Yama 8:15AM – 9:06AM Rahu 12:27PM – 1:17PM	Purvaproshtapada* Until 1:12AM Fri Vajra* Until 2:57AM Fri Balava Until 2:15PM Navami* Until 1:45AM Fri	Ganesha: Red Sunrise: 8:15AM Muruqa: Clear Sunset: 2:57PM Nataraja: Purple Moon – Clear Margasira-Karttikai
	Kumbha Rasi: 22.28 Tithi 9				Moon 11 - Phase 31 - 22 Navami Sivaloka Day

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau			Stockholm, Sweden Sun 23 Sutra 229	
Meena Rasi: 6	Tithi 10	Gulika 9:07AM – 9:57AM	Uttaraproshtapada Until 1:14AM Sat	Ganesha: Red	<i>Sunrise:</i> 8:17AM	Subhakrit 5124		
		Yama 1:17PM – 2:06PM	Siddhi Until 1:18AM Sat	Muruqa: Clear	<i>Sunset:</i> 2:56PM	Moon 11 - Phase 32 - 23		
		714376575 Rahu 10:47AM – 11:37AM	Taitila Until 1:25PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dashami Until 1:10AM Sat	Moon – Clear		Sivaloka Day		
Until 1:14AM Sat				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau			Stockholm, Sweden Sun 24 Sutra 230	
Meena Rasi: 19.16	Tithi 11	Gulika 8:19AM – 9:09AM	Revati Until 1:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 8:19AM	Subhakrit 5124		
		Yama 12:27PM – 1:16PM	Vyatipata* Until 12:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 2:55PM	Moon 11 - Phase 32 - 24		
		714376575 Rahu 9:58AM – 10:48AM	Vanija Until 1:05PM	Nataraja: Purple		4th Phase		
Routine Work	Prabalarishta Yoga		Ekadashi Until 1:06AM Sun	Moon – Clear		Sivaloka Day		
Until 1:37AM Sun				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Bava/Balava Karana Dvodashyam Titau			Stockholm, Sweden Sun 25 Sutra 231	
Mesha Rasi: 2.16	Tithi 12	Gulika 1:16PM – 2:05PM	Ashvini Until 2:45AM Mon	Ganesha: Blue	<i>Sunrise:</i> 8:21AM	Subhakrit 5124		
		Yama 11:38AM – 12:27PM	Varyan Until 11:10PM	Muruqa: Clear	<i>Sunset:</i> 2:54PM	Moon 11 - Phase 32 - 25		
		724376575 Rahu 2:05PM – 2:54PM	Bava Until 1:15PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Dvodashi Until 1:30AM Mon	Moon – White		Devaloka Day		
				Margasira-Karttikai				

4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Stockholm, Sweden Sun 26 Sutra 232	
Mesha Rasi: 15.02	Tithi 13	Gulika 12:27PM – 1:16PM	Bharani Until 4:09AM Tue	Ganesha: Blue	<i>Sunrise:</i> 8:23AM	Subhakrit 5124		
Family Home Evening		Yama 10:49AM – 11:38AM	Parigha* Until 10:37PM	Muruqa: Clear	<i>Sunset:</i> 2:53PM	Moon 11 - Phase 32 - 26		
		724376575 Rahu 9:12AM – 10:00AM	Kaulava Until 1:53PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 2:20AM Tue	Moon – White		Devaloka Day		
				Margasira-Karttikai				
<i>Pradosha Vrata</i>								

5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau			Stockholm, Sweden Sun 27 Sutra 233	
Mesha Rasi: 27.37	Tithi 14	Gulika 11:38AM – 12:27PM	Krittika Until 5:47AM Wed	Ganesha: Blue	<i>Sunrise:</i> 8:25AM	Subhakrit 5124		
		Yama 10:02AM – 10:50AM	Shiva Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 2:52PM	Moon 11 - Phase 32 - 27		
		724376575 Rahu 1:15PM – 2:04PM	Gara Until 2:56PM	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 3:35AM Wed	Moon – White		Devaloka Day		
		Krittika Deepam		Margasira-Karttikai				

○		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau			Stockholm, Sweden Sutra 234	
Copper Retreat Star		Gulika 10:51AM – 11:39AM	Rohini Until 8:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 8:26AM	Subhakrit 5124		
Vrishabha Rasi: 10.01	Tithi 15	Yama 9:14AM – 10:03AM	Siddha Until 10:25PM	Muruqa: Clear	<i>Sunset:</i> 2:52PM	Moon 11 - Phase 32 - Purnima		
		734376575 Rahu 11:39AM – 12:27PM	Visti Until 4:22PM	Nataraja: Purple				
Creative Work	Siddha Yoga		Purnima* Until 5:12AM Thu	Moon – Yellow		Sivaloka Day		
Until 8:05AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Balava Karana Prathamayam Titau			Stockholm, Sweden Sutra 235			
Silver Retreat Star		Gulika 10:04AM – 10:52AM	Rohini Until 8:05AM	Ganesha: Yellow	<i>Sunrise:</i> 8:28AM	Subhakrit 5124		
Vrishabha Rasi: 22.16	Tithi 16	Yama 8:28AM – 9:16AM	Sadhya Until 10:43PM	Muruqa: Clear	<i>Sunset:</i> 2:51PM	Moon 11 - Phase 32 - Prathama		
		734376575 Rahu 12:27PM – 1:15PM	Balava Until 6:10PM	Nataraja: Purple				
Routine Work	Marana Yoga		Prathama* Until 7:09AM Fri	Moon – Yellow		Sivaloka Day		
				Margasira-Karttikai				
Vinayaga Viratam Begins								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Kaulava Karana Prathama/Dvitiyayam Titau

Stockholm, Sweden

Sutra 236

Mithuna Rasi: 4.23 Tithi 16 – 17

Gulika 9:17AM – 10:05AM
Yama 1:15PM – 2:03PM
Rahu 10:52AM – 11:40AM

Mrigashira Until 10:32AM
Subha Until 11:14PM
Taitila Until 8:15PM
Prathama* Until 7:09AM

Ganesha: Red Sunrise: 8:29AM
Muruqa: Clear Sunset: 2:50PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 237

Mithuna Rasi: 16.23 Tithi 17 – 18

Gulika 8:31AM – 9:18AM
Yama 12:28PM – 1:15PM
Rahu 10:06AM – 10:53AM

Ardra Until 1:03PM
Sukla Until 11:54PM
Vanija Until 10:35PM
Dvitiya Until 9:22AM

Ganesha: Red Sunrise: 8:31AM
Muruqa: Clear Sunset: 2:50PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Stockholm, Sweden

Sun 2 Sutra 238

Mithuna Rasi: 28.19 Tithi 18 – 19

Gulika 1:15PM – 2:02PM
Yama 11:41AM – 12:28PM
Rahu 2:02PM – 2:49PM

Punarvasu Until 4:06PM
Brahma Until 12:42AM Mon
Bava Until 1:04AM Mon
Tritiya Until 11:47AM

Ganesha: Green Sunrise: 8:32AM
Muruqa: Clear Sunset: 2:49PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
2nd Phase

Creative Work Siddha Yoga

Devaloka Day

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden

Sun 3 Sutra 239

Kataka Rasi: 10.12 Tithi 19 – 20

Family Home Evening

745476575

Gulika 12:28PM – 1:15PM
Yama 10:54AM – 11:41AM
Rahu 9:21AM – 10:07AM

Pushya Until 7:03PM
Indra Until 1:33AM Tue
Kaulava Until 3:36AM Tue
Chaturthi* Until 2:19PM

Ganesha: White Sunrise: 8:34AM
Muruqa: Clear Sunset: 2:49PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
3rd Phase

Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashlesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden

Sun 4 Sutra 240

Kataka Rasi: 22.04 Tithi 20 – 21

745476575

Gulika 11:42AM – 12:28PM
Yama 10:08AM – 10:55AM
Rahu 1:15PM – 2:02PM

Ashlesha* Until 9:48PM
Vaidhriti* Until 2:19AM Wed
Gara Until 6:03AM Wed
Panchami Until 4:49PM

Ganesha: White Sunrise: 8:35AM
Muruqa: Clear Sunset: 2:49PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
4th Phase

Creative Work Siddha Yoga

Devaloka Day

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Stockholm, Sweden

Sun 5 Sutra 241

Simha Rasi: 3.59 Tithi 21

755476575

Gulika 10:56AM – 11:42AM
Yama 9:23AM – 10:09AM
Rahu 11:42AM – 12:29PM

Magha* Until 12:42AM Thu
Vishkambha* Until 2:55AM Thu
Gara Until 6:03AM
Shashthi* Until 7:10PM

Ganesha: Clear Sunrise: 8:36AM
Muruqa: Clear Sunset: 2:48PM
Nataraja: Purple
Moon – Red
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
5th Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvaphalguni Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Stockholm, Sweden

Sun 6 Sutra 242

Simha Rasi: 15.59 Tithi 22

755476575

Gulika 10:10AM – 10:56AM
Yama 8:37AM – 9:24AM
Rahu 12:29PM – 1:16PM

Purvaphalguni Until 3:02AM Fri
Priti Until 3:13AM Fri
Visti Until 8:14AM
Saptami Until 9:08PM

Ganesha: Clear Sunrise: 8:37AM
Muruqa: Clear Sunset: 2:48PM
Nataraja: Purple
Moon – Red
Margasira-Karttikai

Subhakrit 5124
Moon 12 - Phase 33 -
6th Phase

Creative Work Siddha Yoga

Sivaloka Day

D

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Stockholm, Sweden

Sun 7 Sutra 243

Simha Rasi: 28.1 Tithi 23

855476575

Gulika 9:25AM – 10:11AM
Yama 1:16PM – 2:02PM
Rahu 10:57AM – 11:43AM

Uttaraphalguni Until 4:38AM Sat
Ayushman Until 3:02AM Sat
Balava Until 9:57AM
Ashtami* Until 10:33PM

Ganesha: White Sunrise: 8:38AM
Muruqa: Clear Sunset: 2:48PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Subhakrit 5124
Moon 12 - Phase 33 -
7th Phase

Creative Work Siddha Yoga

Devaloka Day

Until 4:38AM Sat
Then Routine Work - Marana Yoga

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Stockholm, Sweden

Sun 8 Sutra 244

Kanya Rasi: 10.37 Tithi 24

865476575

Gulika 8:39AM – 9:25AM
Yama 12:30PM – 1:16PM
Rahu 10:11AM – 10:58AM

Hasta Until 5:49AM Sun
Saubhagya Until 2:17AM Sun
Taitila Until 11:01AM
Navami* Until 11:14PM

Ganesha: Clear Sunrise: 8:39AM
Muruqa: Clear Sunset: 2:48PM
Nataraja: Purple
Moon – Green
Margasira-Markali

Subhakrit 5124
Moon 12 - Phase 33 -
8th Phase

Routine Work Marana Yoga

Sivaloka Day

Until 5:49AM Sun
Then Creative Work - Siddha Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1


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1	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stockholm, Sweden	
			Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 245	
Kanya Rasi: 23.25	Tithi 25	865476575	Gulika 1:16PM – 2:02PM	Chitra Until 6:01AM Mon	Ganesha: Clear <i>Sunrise:</i> 8:40AM	Subhakrit 5124
			Yama 11:44AM – 12:30PM	Sobhana Until 12:54AM Mon	Muruqa: Clear <i>Sunset:</i> 2:48PM	Moon 12 - Phase 34 - 9
			Rahu 2:02PM – 2:48PM	Vanija Until 11:17AM	Nataraja: Purple	2nd Phase
Creative Work Siddha Yoga				Dashami Until 11:05PM	Moon – Green	Sivaloka Day
Until 6:01AM Mon					Margasira*Markali	
Then Creative Work - Amrita Yoga						

2	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Stockholm, Sweden	
			Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 246	
Tula Rasi: 6.38	Tithi 26	865476575	Gulika 12:31PM – 1:17PM	Chitra Until 6:01AM	Ganesha: Clear <i>Sunrise:</i> 8:41AM	Subhakrit 5124
Family Home Evening			Yama 10:59AM – 11:45AM	Athiganda* Until 10:49PM	Muruqa: Clear <i>Sunset:</i> 2:49PM	Moon 12 - Phase 34 - 10
Routine Work Prabalarishta Yoga			Rahu 9:27AM – 10:13AM	Bava Until 10:42AM	Nataraja: Purple	2nd Phase
Until 6:01AM				Ekadashi* Until 10:04PM	Moon – Green	Sivaloka Day
Then Creative Work - Amrita Yoga					Margasira*Markali	

3	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Stockholm, Sweden	
			Vishakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 247	
Tula Rasi: 20.2	Tithi 27	875476575	Gulika 11:45AM – 12:31PM	Vishakha Until 4:01AM Wed	Ganesha: Purple <i>Sunrise:</i> 8:42AM	Subhakrit 5124
			Yama 10:13AM – 10:59AM	Sukarma Until 8:07PM	Muruqa: Clear <i>Sunset:</i> 2:49PM	Moon 12 - Phase 34 - 11
Routine Work Marana Yoga			Rahu 1:17PM – 2:03PM	Kaulava Until 9:17AM	Nataraja: Purple	2nd Phase
Until 4:01AM Wed				Dvadashi* Until 8:15PM	Moon – Orange	Devaloka Day
Then Creative Work - Siddha Yoga					Margasira*Markali	

4	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Stockholm, Sweden	
			Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 248	
Vrischika Rasi: 4.31	Tithi 28 – 29	876476575	Gulika 11:00AM – 11:46AM	Anuradha Until 2:00AM Thu	Ganesha: Clear <i>Sunrise:</i> 8:42AM	Subhakrit 5124
			Yama 9:28AM – 10:14AM	Dhriti Until 4:52PM	Muruqa: Clear <i>Sunset:</i> 2:49PM	Moon 12 - Phase 34 - 12
Creative Work Siddha Yoga			Rahu 11:46AM – 12:32PM	Gara Until 7:06AM	Nataraja: Purple	2nd Phase
Until 2:00AM Thu				Trayodashi* Until 5:45PM	Moon – Orange	Sivaloka Day
Then Routine Work - Prabalarishta Yoga			Day 1 of Pancha Ganapati	Pradosha Vrata (Fasting)	Margasira*Markali	

	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Stockholm, Sweden	
			Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 249	
Vrischika Rasi: 19.07	Tithi 29 – 30	876476575	Gulika 10:15AM – 11:00AM	Jyeshtha* Until 11:22PM	Ganesha: Clear <i>Sunrise:</i> 8:43AM	Subhakrit 5124
			Yama 8:43AM – 9:29AM	Shula* Until 1:09PM	Muruqa: Clear <i>Sunset:</i> 2:50PM	Moon 12 - Phase 34 - 13
Routine Work Prabalarishta Yoga			Rahu 12:32PM – 1:18PM	Catuspada Until 1:02AM Fri	Nataraja: Purple	Amavasya
Until 11:22PM				Chaturdashi* Until 2:42PM	Moon – Orange	Sivaloka Day
Then Creative Work - Siddha Yoga			Day 2 of Pancha Ganapati		Margasira*Markali	

Retreat Star	Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Stockholm, Sweden	
			Mula* Nakshatra Ganda*/Vridhdhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 250	
Dhanus Rasi: 4.04	Tithi 30 – 1	886476575	Gulika 9:29AM – 10:15AM	Mula* Until 8:42PM	Ganesha: Orange <i>Sunrise:</i> 8:43AM	Subhakrit 5124
			Yama 1:19PM – 2:05PM	Ganda* Until 9:08AM	Muruqa: Clear <i>Sunset:</i> 2:50PM	Moon 12 - Phase 34 - 14
Creative Work Amrita Yoga			Rahu 11:01AM – 11:47AM	Kintughna Until 9:29PM	Nataraja: Purple	Prathama
Until 8:42PM				Amavasya* Until 11:16AM	Moon – Light Blue	Sivaloka Day
Then Routine Work - Prabalarishta Yoga			Day 3 of Pancha Ganapati		Pausha*Markali	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1

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1	Saturday, December 24, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Stockholm, Sweden Sun 15 Sutra 251 Subhakrit 5124	
	Dhanus Rasi: 19.12	Tithi 1 – 2	Gulika 8:44AM – 9:30AM	Purvashadha* Until 5:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:44AM	Moon 12 - Phase 35 - 15	3rd Phase
	886486575		Yama 12:33PM – 1:19PM	Dhruva Until 12:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 2:51PM		
			Rahu 10:15AM – 11:01AM	Kaulava Until 3:58AM Sun	Nataraja: Purple			
Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		Moon – Light Blue		Subha Sivaloka Day		
Until 5:46PM				Pausha*Markali				
Then Routine Work - Marana Yoga								


2	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Stockholm, Sweden Sun 16 Sutra 252 Subhakrit 5124	
	Makara Rasi: 4.23	Tithi 3	Gulika 1:20PM – 2:06PM	Uttarashadha Until 2:46PM	Ganesha: Orange	<i>Sunrise:</i> 8:44AM	Moon 12 - Phase 35 - 16	3rd Phase
	886486575		Yama 11:48AM – 12:34PM	Vyaghata* Until 8:30PM	Muruqa: Purple	<i>Sunset:</i> 2:52PM		
			Rahu 2:06PM – 2:52PM	Taitila Until 2:11PM	Nataraja: Purple			
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Moon – Light Blue		Subha Sivaloka Day		
Until 5:46PM				Pausha*Markali				
Then Routine Work - Marana Yoga								

3	Monday, December 26, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Stockholm, Sweden Sun 17 Sutra 253 Subhakrit 5124	
	Makara Rasi: 19.26	Tithi 4	Gulika 12:35PM – 1:21PM	Shravana Until 12:15PM	Ganesha: Clear	<i>Sunrise:</i> 8:44AM	Moon 12 - Phase 35 - 17	3rd Phase
	896486576		Yama 11:02AM – 11:48AM	Harshana Until 4:35PM	Muruqa: Purple	<i>Sunset:</i> 2:53PM		
			Rahu 9:30AM – 10:16AM	Vanija Until 10:48AM	Nataraja: Clear			
Creative Work Amrita Yoga				Moon – Purple		Sivaloka Day		
Until 12:15PM				Pausha*Markali				
Then Creative Work - Siddha Yoga								

4	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Stockholm, Sweden Sun 18 Sutra 254 Subhakrit 5124	
	Kumbha Rasi: 4.14	Tithi 5	Gulika 11:49AM – 12:35PM	Dhanishtha Until 10:00AM	Ganesha: Clear	<i>Sunrise:</i> 8:44AM	Moon 12 - Phase 35 - 18	3rd Phase
	896486576		Yama 10:17AM – 11:03AM	Vajra* Until 12:58PM	Muruqa: Purple	<i>Sunset:</i> 2:54PM		
			Rahu 1:21PM – 2:07PM	Bava Until 7:47AM	Nataraja: Clear			
Creative Work Siddha Yoga				Moon – Purple		Sivaloka Day		
Until 10:00AM				Pausha*Markali				
Then Routine Work - Marana Yoga								

5	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 19 Sutra 255 Subhakrit 5124	
	Kumbha Rasi: 18.38	Tithi 6 – 7	Gulika 11:03AM – 11:49AM	Shatabhishak Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 8:44AM	Moon 12 - Phase 35 - 19	3rd Phase
	896486576		Yama 9:31AM – 10:17AM	Siddhi Until 9:50AM	Muruqa: Purple	<i>Sunset:</i> 2:55PM		
			Rahu 11:49AM – 12:36PM	Gara Until 3:27AM Thu	Nataraja: Clear			
Creative Work Siddha Yoga		Vinayaga Viratam Ends		Moon – Purple		Sivaloka Day		
Until 8:08AM				Pausha*Markali				
Then Creative Work - Amrita Yoga								

	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 20 Sutra 256 Subhakrit 5124	
	Meena Rasi: 2.38	Tithi 7 – 8	Gulika 10:17AM – 11:04AM	Purvaproshtapada* Until 7:12AM	Ganesha: Blue	<i>Sunrise:</i> 8:44AM	Moon 12 - Phase 35 - 20	Ashtami
	817486576		Yama 8:44AM – 9:31AM	Vyatipata* Until 7:14AM	Muruqa: Purple	<i>Sunset:</i> 2:56PM		
			Rahu 12:36PM – 1:23PM	Visti Until 2:20AM Fri	Nataraja: Clear			
Creative Work Siddha Yoga				Moon – Clear		Devaloka Day		
Until 8:08AM				Pausha*Markali				
Then Creative Work - Amrita Yoga								

	Friday, December 30, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashlami/Navamyam Titau				Stockholm, Sweden Sun 21 Sutra 257 Subhakrit 5124	
	Meena Rasi: 16.11	Tithi 8 – 9	Gulika 9:31AM – 10:17AM	Uttaraproshtapada Until 6:51AM	Ganesha: Blue	<i>Sunrise:</i> 8:44AM	Moon 12 - Phase 35 - 21	Navami
	817486576		Yama 1:24PM – 2:10PM	Parigha* Until 3:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 2:57PM		
			Rahu 11:04AM – 11:50AM	Balava Until 1:57AM Sat	Nataraja: Clear			
Creative Work Siddha Yoga				Moon – Clear		Devaloka Day		
Until 8:08AM				Pausha*Markali				
Then Routine Work - Marana Yoga								

1	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stockholm, Sweden Sun 22 Sutra 258 Subhakrit 5124	
	Meena Rasi: 29.2	Tithi 9 – 10	Gulika 8:44AM – 9:31AM Yama 12:38PM – 1:25PM Rahu 10:17AM – 11:04AM	Revati Until 7:04AM Shiva Until 2:51AM Sun Taitila Until 2:17AM Sun Navami* Until 2:01PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 8:44AM Sunset: 2:58PM Moon 12 - Phase 36 - 22 4th Phase
	Routine Work	Prabalarishta Yoga				Devaloka Day


2	Sunday, January 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stockholm, Sweden Sun 23 Sutra 259 Subhakrit 5124	
	Mesha Rasi: 12.08	Tithi 10 – 11	Gulika 1:25PM – 2:12PM Yama 11:51AM – 12:38PM Rahu 2:12PM – 2:59PM	Ashvini Until 8:16AM Siddha Until 2:24AM Mon Vanija Until 3:16AM Mon Dashami Until 2:41PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 8:43AM Sunset: 2:59PM Moon 12 - Phase 36 - 23 4th Phase
	Creative Work	Siddha Yoga		Vaikuntha Ekadasi		Sivaloka Day

3	Monday, January 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stockholm, Sweden Sun 24 Sutra 260 Subhakrit 5124	
	Mesha Rasi: 24.39	Tithi 11 – 12	Gulika 12:39PM – 1:26PM Yama 11:05AM – 11:52AM Rahu 9:30AM – 10:17AM	Bharani Until 9:53AM Sadhya Until 2:22AM Tue Bava Until 4:44AM Tue Ekadashi Until 3:55PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 8:43AM Sunset: 3:01PM Moon 12 - Phase 36 - 24 4th Phase
	Family Home Evening	Siddha Yoga				Sivaloka Day

4	Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 25 Sutra 261 Subhakrit 5124	
	Vrishabha Rasi: 6.58	Tithi 12 – 13	Gulika 11:52AM – 12:40PM Yama 10:17AM – 11:05AM Rahu 1:27PM – 2:15PM	Krittika Until 11:47AM Subha Until 2:38AM Wed Kaulava Until 6:35AM Wed Dvadashi Until 5:36PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 8:43AM Sunset: 3:02PM Moon 12 - Phase 36 - 25 4th Phase
	Creative Work	Siddha Yoga				Subha Sivaloka Day

5	Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stockholm, Sweden Sun 26 Sutra 262 Subhakrit 5124	
	Vrishabha Rasi: 19.07	Tithi 13	Gulika 11:05AM – 11:53AM Yama 9:30AM – 10:17AM Rahu 11:53AM – 12:41PM	Rohini Until 2:21PM Sukla Until 3:05AM Thu Kaulava Until 6:35AM Trayodashi Until 7:36PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 8:42AM Sunset: 3:04PM Moon 12 - Phase 36 - 26 4th Phase
	Creative Work	Siddha Yoga				Devaloka Day

6	Thursday, January 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 263 Subhakrit 5124	
	Mithuna Rasi: 1.1	Tithi 14	Gulika 10:17AM – 11:05AM Yama 8:41AM – 9:29AM Rahu 12:41PM – 1:29PM	Mrigashira Until 4:59PM Brahma Until 3:42AM Fri Gara Until 8:43AM Chaturdashi* Until 9:50PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 8:41AM Sunset: 3:05PM Moon 12 - Phase 36 - 27 4th Phase
	Routine Work	Marana Yoga		Subramuniyaswami Jayanti		Devaloka Day

	Friday, January 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau		Stockholm, Sweden Sutra 264 Subhakrit 5124	
	Mithuna Rasi: 13.08	Tithi 15	Gulika 9:29AM – 10:17AM Yama 1:30PM – 2:19PM Rahu 11:06AM – 11:54AM	Ardra Until 7:36PM Indra Until 4:25AM Sat Visti Until 11:01AM Purnima* Until 12:12AM Sat	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 8:41AM Sunset: 3:07PM Moon 12 - Phase 36 - Purnima
	Creative Work	Siddha Yoga				Devaloka Day

7	Saturday, January 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Stockholm, Sweden Sutra 265 Subhakrit 5124	
	Mithuna Rasi: 25.04	Tithi 16	Gulika 8:40AM – 9:28AM Yama 12:43PM – 1:32PM Rahu 10:17AM – 11:06AM	Punarvasu Until 10:38PM Vaidhriti* Until 5:10AM Sun Balava Until 1:26PM Prathama* Until 2:39AM Sun	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 8:40AM Sunset: 3:09PM Moon 12 - Phase 36 - Prathama
	Creative Work	Siddha Yoga				Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 6.58 Tithi 17
Creative Work Siddha Yoga

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 1:33PM – 2:22PM Pushya Until 1:33AM Mon
Yama 11:55AM – 12:44PM Vishkambha* Until 5:57AM Mon
Rahu 2:22PM – 3:11PM Taitila Until 3:55PM
Dvitiya Until 5:09AM Mon

Stockholm, Sweden
Sutra 266
Subhakra 5124
Moon 1 - Phase 37 - 1st Phase
Ganesha: Clear Sunrise: 8:39AM
Muruqa: Purple Sunset: 3:11PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 18.52 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija Karana Tritiyayam Titau
Gulika 12:45PM – 1:34PM Ashlesha* Until 4:17AM Tue
Yama 11:06AM – 11:55AM Priti Until 6:45AM Tue
Rahu 9:27AM – 10:17AM Vanija Until 6:25PM
Tritiya Until 7:37AM Tue

Stockholm, Sweden
Sun 1 Sutra 267
Subhakra 5124
Moon 1 - Phase 37 - 1st Phase
Ganesha: Clear Sunrise: 8:38AM
Muruqa: Purple Sunset: 3:12PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 0.46 Tithi 18 – 19
Creative Work Siddha Yoga
Until 7:16AM Wed
Then Creative Work - Amrita Yoga

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 11:56AM – 12:45PM Magha* Until 7:16AM Wed
Yama 10:16AM – 11:06AM Priti Until 6:45AM
Rahu 1:35PM – 2:25PM Bava Until 8:51PM
Tritiya Until 7:37AM

Stockholm, Sweden
Sun 2 Sutra 268
Subhakra 5124
Moon 1 - Phase 37 - 2 1st Phase
Ganesha: Purple Sunrise: 8:37AM
Muruqa: Purple Sunset: 3:14PM
Nataraja: Clear
Moon – Red
Devaloka Day
Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 12.41 Tithi 19 – 20
Creative Work Siddha Yoga
Until 7:16AM
Then Creative Work - Amrita Yoga

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 11:06AM – 11:56AM Magha* Until 7:16AM
Yama 9:26AM – 10:16AM Ayushman Until 7:26AM
Rahu 11:56AM – 12:46PM Kaulava Until 11:07PM
Chaturthi* Until 9:59AM

Stockholm, Sweden
Sun 3 Sutra 269
Subhakra 5124
Moon 1 - Phase 37 - 3 1st Phase
Ganesha: Clear Sunrise: 8:36AM
Muruqa: Purple Sunset: 3:16PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 24.43 Tithi 20 – 21
Creative Work Siddha Yoga

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 10:16AM – 11:06AM Purvaphalguni Until 9:51AM
Yama 8:35AM – 9:25AM Saubhagya Until 7:58AM
Rahu 12:47PM – 1:37PM Gara Until 1:03AM Fri
Panchami Until 12:07PM

Stockholm, Sweden
Sun 4 Sutra 270
Subhakra 5124
Moon 1 - Phase 37 - 4 1st Phase
Ganesha: Clear Sunrise: 8:35AM
Muruqa: Purple Sunset: 3:18PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 6.52 Tithi 21 – 22
Creative Work Siddha Yoga
Until 11:55AM
Then Creative Work - Amrita Yoga

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 9:24AM – 10:15AM Uttaraphalguni Until 11:55AM
Yama 1:39PM – 2:29PM Sobhana Until 8:13AM
Rahu 11:06AM – 11:57AM Visti Until 2:30AM Sat
Shashthi* Until 1:50PM

Stockholm, Sweden
Sun 5 Sutra 271
Subhakra 5124
Moon 1 - Phase 37 - 5 1st Phase
Ganesha: Clear Sunrise: 8:33AM
Muruqa: Purple Sunset: 3:20PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 19.15 Tithi 22 – 23
Routine Work Marana Yoga

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 8:32AM – 9:23AM Hasta Until 1:46PM
Yama 12:49PM – 1:40PM Athiganda* Until 8:03AM
Rahu 10:15AM – 11:06AM Balava Until 3:17AM Sun
Saptami Until 2:58PM

Stockholm, Sweden
Sun 6 Sutra 272
Subhakra 5124
Moon 1 - Phase 37 - 6 Ashtami
Ganesha: White Sunrise: 8:32AM
Muruqa: Purple Sunset: 3:22PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 1.56 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakra Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 1:41PM – 2:33PM Chitra Until 2:45PM
Yama 11:58AM – 12:49PM Sukarma Until 7:21AM
Rahu 2:33PM – 3:25PM Taitila Until 3:15AM Mon
Ashtami* Until 3:21PM

Stockholm, Sweden
Sun 7 Sutra 273
Subhakra 5124
Moon 1 - Phase 37 - 7 Navami
Ganesha: White Sunrise: 8:31AM
Muruqa: Purple Sunset: 3:25PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stockholm, Sweden Sun 8 Sutra 274 Subhakrit 5124
1		Gulika 12:50PM – 1:42PM	Svati Until 2:46PM	Ganesha: White	<i>Sunrise:</i> 8:29AM	
Tula Rasi: 15.01	Tithi 24 – 25	Yama 11:06AM – 11:58AM	Dhriti Until 6:03AM	Muruqa: Purple	<i>Sunset:</i> 3:27PM	Moon 1 - Phase 38 - 8
Family Home Evening	869586576	Rahu 9:21AM – 10:14AM	Vanija Until 2:23AM Tue	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Navami* Until 2:54PM	Moon – Green		Subha Sivaloka Day
Until 2:46PM				Pausha*Thai		
Then Routine Work - Marana Yoga						

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 275 Subhakrit 5124
2		Gulika 11:58AM – 12:51PM	Vishakha Until 2:15PM	Ganesha: Yellow	<i>Sunrise:</i> 8:28AM	
Tula Rasi: 28.33	Tithi 25 – 26	Yama 10:13AM – 11:06AM	Ganda* Until 1:24AM Wed	Muruqa: Purple	<i>Sunset:</i> 3:29PM	Moon 1 - Phase 38 - 9
879586576		Rahu 1:44PM – 2:36PM	Bava Until 12:40AM Wed	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Dashami Until 1:36PM	Moon – Orange		Sivaloka Day
Until 2:15PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 276 Subhakrit 5124
3		Gulika 11:06AM – 11:59AM	Anuradha Until 12:48PM	Ganesha: Yellow	<i>Sunrise:</i> 8:26AM	
Virschika Rasi: 12.35	Tithi 26 – 27	Yama 9:19AM – 10:12AM	Vriddhi Until 10:11PM	Muruqa: Purple	<i>Sunset:</i> 3:31PM	Moon 1 - Phase 38 - 10
879586576		Rahu 11:59AM – 12:52PM	Kaulava Until 10:13PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 11:30AM	Moon – Orange		Sivaloka Day
				Pausha*Thai		

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 277 Subhakrit 5124
4		Gulika 10:12AM – 11:05AM	Jyeshtha* Until 10:33AM	Ganesha: Yellow	<i>Sunrise:</i> 8:25AM	
Virschika Rasi: 27.06	Tithi 27 – 28	Yama 8:25AM – 9:18AM	Dhruva Until 6:26PM	Muruqa: Purple	<i>Sunset:</i> 3:33PM	Moon 1 - Phase 38 - 11
871586576		Rahu 12:53PM – 1:46PM	Gara Until 7:09PM	Nataraja: Clear		2nd Phase
Routine Work Prabalarishta Yoga			Dvadashi* Until 8:44AM	Moon – Orange		Sivaloka Day
Until 10:33AM				Pausha*Thai		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>		

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 278 Subhakrit 5124
5		Gulika 9:17AM – 10:11AM	Mula* Until 8:04AM	Ganesha: Red	<i>Sunrise:</i> 8:23AM	
Dhanus Rasi: 12.01	Tithi 29	Yama 1:47PM – 2:42PM	Vyaghata* Until 2:20PM	Muruqa: Purple	<i>Sunset:</i> 3:36PM	Moon 1 - Phase 38 - 12
881586576		Rahu 11:05AM – 11:59AM	Visti Until 3:38PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 1:44AM Sat	Moon – Light Blue		Sivaloka Day
Until 8:04AM				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga						

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 279 Subhakrit 5124
Retreat Star		Gulika 8:21AM – 9:16AM	Uttarashadha Until 1:51AM Sun	Ganesha: Red	<i>Sunrise:</i> 8:21AM	
Dhanus Rasi: 27.14	Tithi 30	Yama 12:54PM – 1:49PM	Harshana Until 10:01AM	Muruqa: Purple	<i>Sunset:</i> 3:38PM	Moon 1 - Phase 38 - 13
881586576		Rahu 10:10AM – 11:05AM	Catuspada Until 11:50AM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga			Amavasya* Until 9:53PM	Moon – Light Blue		Sivaloka Day
Until 1:51AM Sun				Pausha*Thai		
Then Creative Work - Amrita Yoga						

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 14 Sutra 280 Subhakrit 5124
Retreat Star		Gulika 1:50PM – 2:45PM	Shravana Until 10:53PM	Ganesha: Yellow	<i>Sunrise:</i> 8:19AM	
Makara Rasi: 12.34	Tithi 1	Yama 12:00PM – 12:55PM	Siddhi Until 1:11AM Mon	Muruqa: Purple	<i>Sunset:</i> 3:40PM	Moon 1 - Phase 38 - 14
891586576		Rahu 2:45PM – 3:40PM	Kintughna Until 7:57AM	Nataraja: Clear		Prathama
Creative Work Amrita Yoga			Prathama* Until 6:01PM	Moon – Purple		Sivaloka Day
Until 10:53PM				Magha*Thai		
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stockholm, Sweden Sun 15 Sutra 281
	Makara Rasi: 27.5	Tithi 2 – 3	Gulika 12:56PM – 1:51PM	Dhanishtha Until 8:00PM	Ganesha: Yellow	<i>Sunrise:</i> 8:18AM	Subhakrit 5124
	Family Home Evening	891586576	Yama 11:05AM – 12:00PM	Vyatipata* Until 9:01PM	Muruqa: Purple	<i>Sunset:</i> 3:43PM	Moon 1 - Phase 39 - 15
	Creative Work Siddha Yoga		Rahu 9:13AM – 10:09AM	Taitila Until 12:36AM Tue	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:19PM	Moon – Purple	Sivaloka Day		

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthayam Titau				Stockholm, Sweden Sun 16 Sutra 282
	Kumbha Rasi: 12.53	Tithi 3 – 4	Gulika 12:00PM – 12:57PM	Shatabhishak Until 5:24PM	Ganesha: Yellow	<i>Sunrise:</i> 8:16AM	Subhakrit 5124
		891586576	Yama 10:08AM – 11:04AM	Variyan Until 5:09PM	Muruqa: Purple	<i>Sunset:</i> 3:45PM	Moon 1 - Phase 39 - 16
	Routine Work Marana Yoga		Rahu 1:53PM – 2:49PM	Vanija Until 9:31PM	Nataraja: Clear		3rd Phase
			Tritiya Until 10:59AM	Moon – Purple	Sivaloka Day		

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stockholm, Sweden Sun 17 Sutra 283
	Kumbha Rasi: 27.34	Tithi 4 – 5	Gulika 11:04AM – 12:01PM	Purvaproshtapada* Until 3:38PM	Ganesha: Blue	<i>Sunrise:</i> 8:14AM	Subhakrit 5124
		911586576	Yama 9:11AM – 10:07AM	Parigha* Until 1:46PM	Muruqa: Purple	<i>Sunset:</i> 3:48PM	Moon 1 - Phase 39 - 17
	Creative Work Amrita Yoga		Rahu 12:01PM – 12:57PM	Bava Until 7:01PM	Nataraja: Clear		3rd Phase
Until 3:38PM			Chaturthi* Until 8:09AM	Moon – Clear	Subha Sivaloka Day		
Then Creative Work - Siddha Yoga					Magha*Thai		

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Stockholm, Sweden Sun 18 Sutra 284
	Meena Rasi: 11.46	Tithi 5 – 6	Gulika 10:06AM – 11:04AM	Uttaraproshtapada Until 2:26PM	Ganesha: Blue	<i>Sunrise:</i> 8:12AM	Subhakrit 5124
		911586576	Yama 8:12AM – 9:09AM	Shiva Until 10:59AM	Muruqa: Purple	<i>Sunset:</i> 3:50PM	Moon 1 - Phase 39 - 18
	Creative Work Siddha Yoga		Rahu 12:58PM – 1:55PM	Taitila Until 4:40AM Fri	Nataraja: Clear		3rd Phase
			Panchami Until 6:01AM	Moon – Clear	Subha Sivaloka Day		
					Magha*Thai		

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Stockholm, Sweden Sun 19 Sutra 285
	Meena Rasi: 25.29	Tithi 7	Gulika 9:08AM – 10:05AM	Revati Until 1:55PM	Ganesha: Blue	<i>Sunrise:</i> 8:10AM	Subhakrit 5124
		911586576	Yama 1:57PM – 2:55PM	Siddha Until 8:48AM	Muruqa: Purple	<i>Sunset:</i> 3:52PM	Moon 1 - Phase 39 - 19
	Creative Work Siddha Yoga		Rahu 11:03AM – 12:01PM	Gara Until 4:20PM	Nataraja: Clear		3rd Phase
Until 1:55PM			Saptami Until 4:11AM Sat	Moon – Clear	Subha Sivaloka Day		
Then Creative Work - Amrita Yoga					Magha*Thai		

☾	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Stockholm, Sweden Sun 20 Sutra 286
	Retreat Star		Gulika 8:08AM – 9:06AM	Ashvini Until 2:32PM	Ganesha: Yellow	<i>Sunrise:</i> 8:08AM	Subhakrit 5124
	Mesha Rasi: 8.43	Tithi 8	Yama 1:00PM – 1:58PM	Sadhya Until 7:20AM	Muruqa: Purple	<i>Sunset:</i> 3:52PM	Moon 1 - Phase 39 - 20
		921586576	Rahu 10:05AM – 11:03AM	Visti Until 4:18PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 4:34AM Sun	Moon – White	Sivaloka Day		
					Magha*Thai		

☽	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Stockholm, Sweden Sun 21 Sutra 287
	Retreat Star		Gulika 1:59PM – 2:58PM	Bharani Until 3:48PM	Ganesha: Yellow	<i>Sunrise:</i> 8:06AM	Subhakrit 5124
	Mesha Rasi: 21.32	Tithi 9	Yama 12:02PM – 1:00PM	Subha Until 6:31AM	Muruqa: Purple	<i>Sunset:</i> 3:57PM	Moon 1 - Phase 39 - 21
		922686576	Rahu 2:58PM – 3:57PM	Balava Until 5:04PM	Nataraja: Clear		Navami
Routine Work Prabalarishta Yoga			Navami* Until 5:42AM Mon	Moon – White	Sivaloka Day		
Until 3:48PM					Magha*Thai		
Then Creative Work - Siddha Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Monday, January 30, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukla/Brahma Yoga Taila Karana Dashamyam Titau	Stockholm, Sweden Sun 22 Sutra 288 Subhakrit 5124
	Vishabha Rasi: 3.59 Tithi 10 Family Home Evening 922686576 Routine Work Marana Yoga Until 5:35PM Then Creative Work - Amrita Yoga	Gulika 1:01PM – 2:01PM Yama 11:02AM – 12:02PM Rahu 9:03AM – 10:03AM	Krittika Until 5:35PM Sukla Until 6:16AM Taila Until 6:32PM Dashami Until 7:27AM Tue


2	Tuesday, January 31, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau	Stockholm, Sweden Sun 23 Sutra 289 Subhakrit 5124
	Vishabha Rasi: 16.11 Tithi 10 – 11 932686576 Creative Work Amrita Yoga Until 8:11PM Then Creative Work - Siddha Yoga	Gulika 12:02PM – 1:02PM Yama 10:02AM – 11:02AM Rahu 2:02PM – 3:02PM	Rohini Until 8:11PM Brahma Until 6:28AM Vanija Until 8:31PM Dashami Until 7:27AM

3	Wednesday, February 1, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau	Stockholm, Sweden Sun 24 Sutra 290 Subhakrit 5124
	Vishabha Rasi: 28.14 Tithi 11 – 12 932686576 Creative Work Siddha Yoga	Gulika 11:02AM – 12:02PM Yama 9:02AM – 10:02AM Rahu 12:02PM – 1:02PM	Mrigashira Until 10:56PM Indra Until 7:01AM Bava Until 10:50PM Ekadashi Until 9:37AM

4	Thursday, February 2, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau	Stockholm, Sweden Sun 25 Sutra 291 Subhakrit 5124
	Mithuna Rasi: 10.1 Tithi 12 – 13 932686576 Routine Work Marana Yoga Until 1:40AM Fri Then Creative Work - Siddha Yoga	Gulika 10:01AM – 11:01AM Yama 7:59AM – 9:00AM Rahu 1:03PM – 2:03PM	Ardra Until 1:40AM Fri Vaidhriti* Until 7:43AM Kaulava Until 1:18AM Fri Dvodashi Until 12:02PM

5	Friday, February 3, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau	Stockholm, Sweden Sun 26 Sutra 292 Subhakrit 5124
	Mithuna Rasi: 22.03 Tithi 13 – 14 942686576 Creative Work Siddha Yoga	Gulika 8:58AM – 10:00AM Yama 2:05PM – 3:06PM Rahu 11:01AM – 12:02PM	Punarvasu Until 4:47AM Sat Vishkambha* Until 8:32AM Gara Until 3:49AM Sat Trayodashi Until 2:32PM

6	Saturday, February 4, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Stockholm, Sweden Sun 27 Sutra 293 Subhakrit 5124
	Kataka Rasi: 3.55 Tithi 14 – 15 942686577 Creative Work Siddha Yoga	Gulika 7:55AM – 8:57AM Yama 1:04PM – 2:06PM Rahu 9:58AM – 11:00AM Thai Pusam	Pushya Until 7:41AM Sun Priti Until 9:22AM Visti Until 6:17AM Sun Chaturdashi* Until 5:02PM

	Sunday, February 5, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau	Stockholm, Sweden Sutra 294 Subhakrit 5124
	Copper Retreat Star Kataka Rasi: 15.49 Tithi 15 942686577 Creative Work Siddha Yoga	Gulika 2:07PM – 3:10PM Yama 12:02PM – 1:05PM Rahu 3:10PM – 4:12PM	Pushya Until 7:41AM Ayushman Until 10:08AM Visti Until 6:17AM Purnima* Until 7:27PM

Monday, February 6, 2023	Silver Retreat Star	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau	Stockholm, Sweden Sutra 295 Subhakrit 5124
	Kataka Rasi: 27.45 Tithi 16 Family Home Evening 942686577 Creative Work Siddha Yoga Until 10:19AM Then Routine Work - Marana Yoga	Gulika 1:06PM – 2:09PM Yama 10:59AM – 12:02PM Rahu 8:53AM – 9:56AM	Ashlesha* Until 10:19AM Saubhagya Until 10:50AM Balava Until 8:39AM Prathama* Until 9:46PM



Tuesday, February 7, 2023
Gold Retreat Star

Simha Rasi: 9.44 Tithi 17
952686577
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:03PM – 1:06PM
Yama 9:55AM – 10:59AM
Rahu 2:10PM – 3:14PM
Magha* Until 1:10PM
Sobhana Until 11:27AM
Taitila Until 10:54AM
Dvitiya Until 11:55PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:48AM
Sunset: 4:17PM

Stockholm, Sweden
Sun 1 Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 21.47 Tithi 18
952686577
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ahiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:58AM – 12:03PM
Yama 8:50AM – 9:54AM
Rahu 12:03PM – 1:07PM
Purvaphalguni Until 3:40PM
Athiganda* Until 11:54AM
Vanija Until 12:57PM
Tritiya Until 1:52AM Thu

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:45AM
Sunset: 4:20PM

Stockholm, Sweden
Sun 2 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 3.55 Tithi 19
952686577
Amrita Yoga
Until 5:45PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 9:53AM – 10:58AM
Yama 7:43AM – 8:48AM
Rahu 1:08PM – 2:13PM
Uttaraphalguni Until 5:45PM
Sukarma Until 12:11PM
Bava Until 2:44PM
Chaturthi* Until 3:29AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:43AM
Sunset: 4:23PM

Stockholm, Sweden
Sun 3 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 16.11 Tithi 20
962686577
Creative Work Amrita Yoga
Until 7:48PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:46AM – 9:52AM
Yama 2:14PM – 3:20PM
Rahu 10:57AM – 12:03PM
Hasta Until 7:48PM
Dhriti Until 12:13PM
Kaulava Until 4:11PM
Panchami Until 4:42AM Sat

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:40AM
Sunset: 4:25PM

Stockholm, Sweden
Sun 4 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 28.38 Tithi 21
963686577
Routine Work Marana Yoga
Until 9:13PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:38AM – 8:44AM
Yama 1:09PM – 2:15PM
Rahu 9:50AM – 10:57AM
Chitra Until 9:13PM
Shula* Until 11:52AM
Gara Until 5:08PM
Shashthi* Until 5:22AM Sun

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:38AM
Sunset: 4:28PM

Stockholm, Sweden
Sun 5 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 11.2 Tithi 22
963686577
Creative Work Siddha Yoga
Until 9:52PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 2:16PM – 3:23PM
Yama 12:03PM – 1:10PM
Rahu 3:23PM – 4:30PM
Svati Until 9:52PM
Ganda* Until 11:06AM
Visti Until 5:29PM
Saptami Until 5:22AM Mon

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:35AM
Sunset: 4:30PM

Stockholm, Sweden
Sun 6 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 24.21 Tithi 23
973686577
Family Home Evening
Routine Work Marana Yoga
Until 10:08PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:10PM – 2:18PM
Yama 10:55AM – 12:03PM
Rahu 8:40AM – 9:48AM
Vishakha Until 10:08PM
Vridhhi Until 9:49AM
Balava Until 5:07PM
Ashtami* Until 4:39AM Tue

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 7:33AM
Sunset: 4:33PM

Stockholm, Sweden
Sun 7 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 7.45 Tithi 24
973686577
Creative Work Siddha Yoga
Until 9:32PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:03PM – 1:11PM
Yama 9:47AM – 10:55AM
Rahu 2:19PM – 3:27PM
Anuradha Until 9:32PM
Dhruva Until 7:56AM
Taitila Until 4:02PM
Navami* Until 3:11AM Wed

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 7:30AM
Sunset: 4:35PM

Stockholm, Sweden
Sun 8 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami


Sivaloka Day

1	Wednesday, February 15, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Stockholm, Sweden
		Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 9 Sutra 304
Wrishchika Rasi: 21.35	Tithi 25	Gulika 10:54AM – 12:03PM	Jyeshtha* Until 8:05PM	Ganesha: Clear <i>Sunrise:</i> 7:28AM
		Yama 8:36AM – 9:45AM	Harshana Until 2:29AM Thu	Muruqa: Purple <i>Sunset:</i> 4:38PM
	973686577	Rahu 12:03PM – 1:11PM	Vanija Until 2:13PM	Nataraja: Orange
Creative Work Siddha Yoga			Dashami Until 1:02AM Thu	Moon – Orange
Until 8:05PM				Sivaloka Day
Then Routine Work - Marana Yoga				

2	Thursday, February 16, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Stockholm, Sweden
		Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 305
Dhanus Rasi: 5.51	Tithi 26	Gulika 9:44AM – 10:53AM	Mula* Until 6:18PM	Ganesha: White <i>Sunrise:</i> 7:25AM
		Yama 7:25AM – 8:35AM	Vajra* Until 10:59PM	Muruqa: Purple <i>Sunset:</i> 4:40PM
	983686577	Rahu 1:12PM – 2:22PM	Bava Until 11:44AM	Nataraja: Orange
Creative Work Siddha Yoga			Ekadashi* Until 10:16PM	Moon – Light Blue
				Devaloka Day

3	Friday, February 17, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Stockholm, Sweden
		Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 306
Dhanus Rasi: 20.31	Tithi 27	Gulika 8:33AM – 9:43AM	Purvashadha* Until 3:53PM	Ganesha: White <i>Sunrise:</i> 7:22AM
		Yama 2:23PM – 3:33PM	Siddhi Until 7:08PM	Muruqa: Purple <i>Sunset:</i> 4:43PM
	983686577	Rahu 10:53AM – 12:03PM	Kaulava Until 8:43AM	Nataraja: Orange
Routine Work Prabalarishta Yoga			Dvadashi* Until 7:02PM	Moon – Light Blue
Until 3:53PM				Devaloka Day
Then Routine Work - Marana Yoga				

4	Saturday, February 18, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Stockholm, Sweden
		Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 307
Makara Rasi: 5.3	Tithi 28 – 29	Gulika 7:20AM – 8:31AM	Uttarashadha Until 12:59PM	Ganesha: White <i>Sunrise:</i> 7:20AM
		Yama 1:13PM – 2:24PM	Vyatipata* Until 3:01PM	Muruqa: Purple <i>Sunset:</i> 4:45PM
	983686577	Rahu 9:41AM – 10:52AM	Visti Until 1:40AM Sun	Nataraja: Orange
Routine Work Marana Yoga			Trayodashi* Until 3:29PM	Moon – Light Blue
Until 12:59PM				Devaloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	

	Sunday, February 19, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Stockholm, Sweden
		Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 308
Makara Rasi: 20.4	Tithi 29 – 30	Gulika 2:25PM – 3:37PM	Shravana Until 10:11AM	Ganesha: Green <i>Sunrise:</i> 7:17AM
		Yama 12:03PM – 1:14PM	Variyan Until 10:45AM	Muruqa: Purple <i>Sunset:</i> 4:48PM
	993686577	Rahu 3:37PM – 4:48PM	Catuspada Until 9:57PM	Nataraja: Orange
Creative Work Amrita Yoga			Chaturdashi* Until 11:47AM	Moon – Purple
Until 10:11AM				Devaloka Day
Then Routine Work - Marana Yoga				

Retreat Star	Monday, February 20, 2023	Subhakra Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Stockholm, Sweden
		Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 309
Kumbha Rasi: 5.52	Tithi 30 – 1	Gulika 1:14PM – 2:26PM	Dhanishtha Until 7:16AM	Ganesha: Green <i>Sunrise:</i> 7:15AM
		Yama 10:50AM – 12:02PM	Parigha* Until 6:31AM	Muruqa: Purple <i>Sunset:</i> 4:50PM
Family Home Evening	993686577	Rahu 8:26AM – 9:38AM	Kintughna Until 6:21PM	Nataraja: Orange
Creative Work Siddha Yoga			Amavasya* Until 8:07AM	Moon – Purple
				Devaloka Day

1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stockholm, Sweden Sun 15 Sutra 310 Subhakrit 5124
	Kumbha Rasi: 20.54	Tithi 2	Gulika 12:02PM – 1:15PM	Purvaproshtapada* Until 2:10AM Wed	Ganesha: Red	Sunrise: 7:12AM	
			Yama 9:37AM – 10:50AM	Siddha Until 10:38PM	Muruga: Purple	Sunset: 4:53PM	Moon 2 - Phase 43 - 15
	913686577	Rahu 2:28PM – 3:40PM	Balava Until 3:02PM	Nataraja: Orange	Moon – Clear		3rd Phase
Routine Work Marana Yoga		Dvitiya Until 1:31AM Wed		Phalguna-Masi		Sivaloka Day	
Until 2:10AM Wed							
Then Creative Work - Siddha Yoga							

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Stockholm, Sweden Sun 16 Sutra 311 Subhakrit 5124
	Meena Rasi: 5.39	Tithi 3	Gulika 10:49AM – 12:02PM	Uttaraproshtapada Until 12:21AM Thu	Ganesha: Red	Sunrise: 7:09AM	
			Yama 8:22AM – 9:36AM	Sadhya Until 7:16PM	Muruga: Purple	Sunset: 4:55PM	Moon 2 - Phase 43 - 16
	913686577	Rahu 12:02PM – 1:16PM	Taitila Until 12:11PM	Nataraja: Orange	Moon – Clear		3rd Phase
Creative Work Siddha Yoga		Tritiya Until 10:57PM		Phalguna-Masi		Sivaloka Day	

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Stockholm, Sweden Sun 17 Sutra 312 Subhakrit 5124
	Meena Rasi: 19.59	Tithi 4	Gulika 9:34AM – 10:48AM	Revati Until 11:05PM	Ganesha: Blue	Sunrise: 7:06AM	
			Yama 7:06AM – 8:20AM	Subha Until 4:27PM	Muruga: Purple	Sunset: 4:58PM	Moon 2 - Phase 43 - 17
	913786577	Rahu 1:16PM – 2:30PM	Vanija Until 9:57AM	Nataraja: Orange	Moon – Clear		3rd Phase
Creative Work Siddha Yoga		Chaturthi* Until 9:05PM		Phalguna-Masi		Subha Sivaloka Day	
Until 11:05PM							
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Stockholm, Sweden Sun 18 Sutra 313 Subhakrit 5124
	Mesha Rasi: 3.51	Tithi 5	Gulika 8:18AM – 9:33AM	Ashvini Until 10:55PM	Ganesha: Yellow	Sunrise: 7:04AM	
			Yama 2:31PM – 3:46PM	Sukla Until 2:15PM	Muruga: Purple	Sunset: 5:00PM	Moon 2 - Phase 43 - 18
	923786577	Rahu 10:47AM – 12:02PM	Bava Until 8:28AM	Nataraja: Orange	Moon – White		3rd Phase
Creative Work Amrita Yoga		Panchami Until 8:02PM		Phalguna-Masi		Sivaloka Day	
Until 10:55PM							
Then Creative Work - Siddha Yoga							

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Stockholm, Sweden Sun 19 Sutra 314 Subhakrit 5124
	Mesha Rasi: 17.13	Tithi 6	Gulika 7:01AM – 8:16AM	Bharani Until 11:27PM	Ganesha: Yellow	Sunrise: 7:01AM	
			Yama 1:17PM – 2:32PM	Brahma Until 12:44PM	Muruga: Purple	Sunset: 5:03PM	Moon 2 - Phase 43 - 19
	923786577	Rahu 9:31AM – 10:47AM	Kaulava Until 7:51AM	Nataraja: Orange	Moon – White		3rd Phase
Creative Work Siddha Yoga		Shashthi* Until 7:50PM		Phalguna-Masi		Sivaloka Day	
Until 11:27PM							
Then Creative Work - Amrita Yoga							

6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau				Stockholm, Sweden Sun 20 Sutra 315 Subhakrit 5124
	Vrishabha Rasi: 0.08	Tithi 7	Gulika 2:34PM – 3:49PM	Krittika Until 12:39AM Mon	Ganesha: Blue	Sunrise: 6:58AM	
			Yama 12:02PM – 1:18PM	Indra Until 11:55AM	Muruga: Purple	Sunset: 5:05PM	Moon 2 - Phase 43 - 20
	924786577	Rahu 3:49PM – 5:05PM	Gara Until 8:05AM	Nataraja: Orange	Moon – White		3rd Phase
Creative Work Siddha Yoga		Saptami Until 8:30PM		Phalguna-Masi		Devaloka Day	
Until 12:39AM Mon							
Then Creative Work - Amrita Yoga							

Retreat Star	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Stockholm, Sweden Sun 21 Sutra 316 Subhakrit 5124
	Vrishabha Rasi: 12.4	Tithi 8	Gulika 1:18PM – 2:35PM	Rohini Until 2:51AM Tue	Ganesha: Yellow	Sunrise: 6:55AM	
	Family Home Evening		Yama 10:45AM – 12:02PM	Vaidhriti* Until 11:41AM	Muruga: Purple	Sunset: 5:08PM	Moon 2 - Phase 43 - 21
	934786577	Rahu 8:12AM – 9:28AM	Visti Until 9:09AM	Nataraja: Orange	Moon – Yellow		Ashtami
Creative Work Amrita Yoga		Ashtami* Until 9:55PM		Phalguna-Masi		Sivaloka Day	
Until 2:51AM Tue							
Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Stockholm, Sweden Sun 22 Sutra 317 Subhakrit 5124
	Vrishabha Rasi: 24.55	Tithi 9	Gulika 12:01PM – 1:19PM	Mrigashira Until 5:24AM Wed	Ganesha: Yellow	Sunrise: 6:53AM	
			Yama 9:27AM – 10:44AM	Vishkambha* Until 11:57AM	Muruga: Purple	Sunset: 5:10PM	Moon 2 - Phase 43 - 22
	934786577	Rahu 2:36PM – 3:53PM	Balava Until 10:52AM	Nataraja: Orange	Moon – Yellow		Navami
Creative Work Siddha Yoga		Navami* Until 11:54PM		Phalguna-Masi		Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Wednesday, March 1, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Stockholm, Sweden Sun 23 Sutra 318 Subhakarit 5124	
Mithuna Rasi: 6.57	Tithi 10	Gulika Yama 934786577	10:42AM – 12:01PM 8:05AM – 9:24AM Rahu 12:01PM – 1:20PM	Ardra Until 8:06AM Thu Priti Until 12:34PM Taitila Until 1:04PM Dashami Until 2:15AM Thu	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Phalgun-Masi	Sunrise: 6:47AM Sunset: 5:15PM	Moon 2 - Phase 44 - 23 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 8:06AM Thu Then Creative Work - Amrita Yoga							
2		Thursday, March 2, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Stockholm, Sweden Sun 24 Sutra 319 Subhakarit 5124	
Mithuna Rasi: 18.52	Tithi 11	Gulika Yama 934786577	9:22AM – 10:42AM 6:44AM – 8:03AM Rahu 1:20PM – 2:39PM	Ardra Until 8:06AM Ayushman Until 1:22PM Vanija Until 3:31PM Ekadashi Until 4:45AM Fri	Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow Phalgun-Masi	Sunrise: 6:44AM Sunset: 5:18PM	Moon 2 - Phase 44 - 24 4th Phase Sivaloka Day
Routine Work Marana Yoga Until 8:06AM Then Creative Work - Amrita Yoga							
3		Friday, March 3, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava Karana Dvadashyam Titau		Stockholm, Sweden Sun 25 Sutra 320 Subhakarit 5124	
Kataka Rasi: 0.44	Tithi 12	Gulika Yama 944786577	8:01AM – 9:21AM 2:40PM – 4:00PM Rahu 10:41AM – 12:01PM	Punarvasu Until 11:14AM Saubhagya Until 2:14PM Bava Until 6:02PM Dvadashi Until 7:15AM Sat	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalgun-Masi	Sunrise: 6:41AM Sunset: 5:20PM	Moon 2 - Phase 44 - 25 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 11:14AM Then Routine Work - Marana Yoga							
4		Saturday, March 4, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 26 Sutra 321 Subhakarit 5124	
Kataka Rasi: 13	Tithi 12 – 13	Gulika Yama 944786577	6:38AM – 7:59AM 1:21PM – 2:41PM Rahu 9:19AM – 10:40AM	Pushya Until 2:10PM Sobhana Until 3:05PM Kaulava Until 8:28PM Dvadashi Until 7:15AM	Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Blue Phalgun-Masi	Sunrise: 6:38AM Sunset: 5:22PM	Moon 2 - Phase 44 - 26 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 2:10PM Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>			
5		Sunday, March 5, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 322 Subhakarit 5124	
Kataka Rasi: 24.31	Tithi 13 – 14	Gulika Yama 144786577	2:43PM – 4:04PM 12:00PM – 1:21PM Rahu 4:04PM – 5:25PM	Ashlesha* Until 4:47PM Athiganda* Until 3:47PM Gara Until 10:44PM Trayodashi Until 9:37AM	Ganesha: Purple Muruqa: Purple Nataraja: Orange Moon – Blue Phalgun-Masi	Sunrise: 6:35AM Sunset: 5:25PM	Moon 2 - Phase 44 - 27 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 4:47PM Then Routine Work - Marana Yoga		Chidambaram Abhishekam					
○		Monday, March 6, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stockholm, Sweden Sutra 323 Subhakarit 5124	
Copper Retreat Star		Gulika Yama 154786577	1:22PM – 2:44PM 10:38AM – 12:00PM Rahu 7:54AM – 9:16AM	Magha* Until 7:31PM Sukarma Until 4:19PM Visti Until 12:45AM Tue Chaturdashi* Until 11:45AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Phalgun-Masi	Sunrise: 6:33AM Sunset: 5:27PM	Moon 2 - Phase 44 - Purnima Sivaloka Day
Simha Rasi: 6.31 Family Home Evening Routine Work Marana Yoga Until 7:31PM Then Creative Work - Siddha Yoga							
○		Tuesday, March 7, 2023		Subhakarit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stockholm, Sweden Sutra 324 Subhakarit 5124	
Silver Retreat Star		Gulika Yama 154786577	12:00PM – 1:22PM 9:15AM – 10:37AM Rahu 2:45PM – 4:07PM	Purvaphalguni Until 9:48PM Dhriti Until 4:40PM Balava Until 2:28AM Wed Purnima* Until 1:38PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Red Phalgun-Masi	Sunrise: 6:30AM Sunset: 5:30PM	Moon 2 - Phase 44 - Prathama Sivaloka Day
Simha Rasi: 18.37 Creative Work Siddha Yoga Until 9:48PM Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Kaulava*/Taitila Karana Prathama*/Dvitiyayam Titau

Stockholm, Sweden

Sutra 325

Kanya Rasi: 0.5 Tithi 16 – 17

Gulika 10:36AM – 11:59AM
Yama 7:50AM – 9:13AM
Rahu 11:59AM – 1:23PM

Uttaraphalguni Until 11:37PM
Shula* Until 4:44PM
Taitila Until 3:52AM Thu
Prathama* Until 3:11PM

Ganesha: Clear Sunrise: 6:27AM
Muruqa: Purple Sunset: 5:32PM
Nataraja: Orange
Moon – Red
Phalgun-Masi

Subhakrit 5124
Moon 3 - Phase 45 -
1st Phase

Creative Work Amrita Yoga

Until 11:37PM

Then Routine Work - Marana Yoga

Sivaloka Day

Thursday, March 9, 2023

1

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Dvitiya*/Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 326

Kanya Rasi: 13.13 Tithi 17 – 18

Gulika 9:12AM – 10:35AM
Yama 6:24AM – 7:48AM
Rahu 1:23PM – 2:47PM

Hasta Until 1:25AM Fri
Ganda* Until 4:34PM
Vanija Until 4:53AM Fri
Dvitiya Until 4:24PM

Ganesha: White Sunrise: 6:24AM
Muruqa: Purple Sunset: 5:35PM
Nataraja: Orange
Moon – Green
Phalgun-Masi

Subhakrit 5124
Moon 3 - Phase 45 - 1
1st Phase

Routine Work Marana Yoga

Until 1:25AM Fri

Then Creative Work - Siddha Yoga

Devaloka Day

Friday, March 10, 2023

2

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Tritiya*/Chaturthyam Titau

Stockholm, Sweden

Sun 2 Sutra 327

Kanya Rasi: 25.44 Tithi 18 – 19

Gulika 7:46AM – 9:10AM
Yama 2:48PM – 4:12PM
Rahu 10:35AM – 11:59AM

Chitra Until 2:40AM Sat
Vridhi Until 4:07PM
Bava Until 5:30AM Sat
Tritiya Until 5:13PM

Ganesha: Yellow Sunrise: 6:21AM
Muruqa: Purple Sunset: 5:37PM
Nataraja: Orange
Moon – Green
Phalgun-Masi

Subhakrit 5124
Moon 3 - Phase 45 - 2
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Saturday, March 11, 2023

3

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi*/Panchamyam Titau

Stockholm, Sweden

Sun 3 Sutra 328

Tula Rasi: 8.26 Tithi 19 – 20

Gulika 6:18AM – 7:43AM
Yama 1:24PM – 2:49PM
Rahu 9:08AM – 10:34AM

Svati Until 3:21AM Sun
Dhruva Until 3:19PM
Kaulava Until 5:41AM Sun
Chaturthi* Until 5:38PM

Ganesha: Yellow Sunrise: 6:18AM
Muruqa: Purple Sunset: 5:39PM
Nataraja: Orange
Moon – Green
Phalgun-Masi

Subhakrit 5124
Moon 3 - Phase 45 - 3
1st Phase

Creative Work Siddha Yoga

Until 3:21AM Sun

Then Routine Work - Marana Yoga

Sivaloka Day

Sunday, March 12, 2023

4

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami*/Shashthyam Titau

Stockholm, Sweden

Sun 4 Sutra 329

Tula Rasi: 21.2 Tithi 20 – 21

Gulika 2:50PM – 4:16PM
Yama 11:58AM – 1:24PM
Rahu 4:16PM – 5:42PM

Vishakha Until 3:52AM Mon
Vyaghata* Until 2:11PM
Gara Until 5:23AM Mon
Panchami Until 5:34PM

Ganesha: Blue Sunrise: 6:15AM
Muruqa: Purple Sunset: 5:42PM
Nataraja: Orange
Moon – Orange
Phalgun-Masi

Subhakrit 5124
Moon 3 - Phase 45 - 4
1st Phase

Routine Work Marana Yoga

Until 3:52AM Mon

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Monday, March 13, 2023

5

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi*/Saptamyam Titau

Stockholm, Sweden

Sun 5 Sutra 330

Vrischika Rasi: 4.3 Tithi 21 – 22

Gulika 1:25PM – 2:51PM
Yama 10:32AM – 11:58AM
Rahu 7:39AM – 9:05AM

Anuradha Until 3:44AM Tue
Harshana Until 12:40PM
Visti Until 4:33AM Tue
Shashthi* Until 5:01PM

Ganesha: Blue Sunrise: 6:12AM
Muruqa: Purple Sunset: 5:44PM
Nataraja: Orange
Moon – Orange
Phalgun-Masi

Subhakrit 5124
Moon 3 - Phase 45 - 5
1st Phase

Creative Work Siddha Yoga

Until 3:44AM Tue

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Tuesday, March 14, 2023

6

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami*/Ashtamyam Titau

Stockholm, Sweden

Sun 6 Sutra 331

Vrischika Rasi: 17.56 Tithi 22 – 23

Gulika 11:58AM – 1:25PM
Yama 9:04AM – 10:31AM
Rahu 2:52PM – 4:19PM

Jyeshtha* Until 2:56AM Wed
Vajra* Until 10:43AM
Balava Until 3:12AM Wed
Saptami Until 3:56PM

Ganesha: Blue Sunrise: 6:09AM
Muruqa: Purple Sunset: 5:46PM
Nataraja: Orange
Moon – Orange
Phalgun-Masi

Subhakrit 5124
Moon 3 - Phase 45 - 6
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Wednesday, March 15, 2023

D

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatiyata* Yoga Kaulava*/Taitila Karana Ashtami*/Navamyam Titau

Stockholm, Sweden

Sun 7 Sutra 332

Dhanus Rasi: 1.41 Tithi 23 – 24

Gulika 10:30AM – 11:58AM
Yama 7:34AM – 9:02AM
Rahu 11:58AM – 1:25PM

Mula* Until 1:55AM Thu
Siddhi Until 8:22AM
Taitila Until 1:20AM Thu
Ashtami* Until 2:19PM

Ganesha: Red Sunrise: 6:06AM
Muruqa: Purple Sunset: 5:49PM
Nataraja: Clear
Moon – Light Blue
Phalgun-Panguni

Subhakrit 5124
Moon 3 - Phase 45 - 7
Ashtami

Routine Work Marana Yoga

Until 1:55AM Thu

Then Creative Work - Siddha Yoga

Sivaloka Day

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dashamyam Titau

Stockholm, Sweden

Sun 8 Sutra 333

Dhanus Rasi: 15.44 Tithi 24 – 25

Gulika 9:00AM – 10:29AM
Yama 6:04AM – 7:32AM
Rahu 1:26PM – 2:54PM

Purvashadha* Until 12:17AM Fri
Variyan Until 2:28AM Fri
Vanija Until 11:00PM
Navami* Until 12:12PM

Ganesha: Red Sunrise: 6:04AM
Muruqa: Purple Sunset: 5:51PM
Nataraja: Clear
Moon – Light Blue
Phalgun-Panguni

Subhakrit 5124
Moon 3 - Phase 45 - 8
Navami

Creative Work Siddha Yoga

Until 12:17AM Fri

Then Routine Work - Marana Yoga

Sivaloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1	Friday, March 17, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 334
	Makara Rasi: 0.06	Tithi 25 – 26	Gulika 7:30AM – 8:59AM	Uttarashadha Until 10:08PM	Ganesha: Red <i>Sunrise:</i> 6:01AM	Subhakrit 5124
			Yama 2:55PM – 4:24PM	Parigha* Until 11:02PM	Muruqa: Purple <i>Sunset:</i> 5:54PM	Moon 3 - Phase 46 - 9
	Routine Work	Marana Yoga	185786578 Rahu 10:28AM – 11:57AM	Bava Until 8:16PM	Nataraja: Clear	2nd Phase
			Dashami Until 9:39AM	Moon – Light Blue	Sivaloka Day	
				Phalguna-Panguni		

2	Saturday, March 18, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau				Stockholm, Sweden Sun 10 Sutra 335
	Makara Rasi: 14.43	Tithi 26 – 27	Gulika 5:58AM – 7:27AM	Shravana Until 7:59PM	Ganesha: Green <i>Sunrise:</i> 5:58AM	Subhakrit 5124
			Yama 1:27PM – 2:56PM	Shiva Until 7:23PM	Muruqa: Purple <i>Sunset:</i> 5:56PM	Moon 3 - Phase 46 - 10
	Creative Work	Siddha Yoga	195786578 Rahu 8:57AM – 10:27AM	Taitila Until 3:39AM Sun	Nataraja: Clear	2nd Phase
			Ekadashi* Until 6:46AM	Moon – Purple	Subha Sivaloka Day	
				Phalguna-Panguni		

3	Sunday, March 19, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 336
	Makara Rasi: 29.3	Tithi 28	Gulika 2:57PM – 4:28PM	Dhanishtha Until 5:34PM	Ganesha: Orange <i>Sunrise:</i> 5:55AM	Subhakrit 5124
			Yama 11:56AM – 1:27PM	Siddha Until 3:35PM	Muruqa: Clear <i>Sunset:</i> 5:58PM	Moon 3 - Phase 46 - 11
	Routine Work	Marana Yoga	196796578 Rahu 4:28PM – 5:58PM	Gara Until 2:04PM	Nataraja: Clear	2nd Phase
			Trayodashi* Until 12:27AM Mon	Moon – Purple	Devaloka Day	
				Phalguna-Panguni		
				<i>Pradosha Vrata (Fasting)</i>		

4	Monday, March 20, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 337
	Kumbha Rasi: 14.2	Tithi 29	Gulika 1:27PM – 2:58PM	Shatabhishak Until 3:01PM	Ganesha: Green <i>Sunrise:</i> 5:52AM	Subhakrit 5124
	Family Home Evening		Yama 10:25AM – 11:56AM	Sadhya Until 11:49AM	Muruqa: Clear <i>Sunset:</i> 6:01PM	Moon 3 - Phase 46 - 12
	Creative Work	Siddha Yoga	196896578 Rahu 7:23AM – 8:54AM	Visti Until 10:53AM	Nataraja: Clear	2nd Phase
			Chaturdashi* Until 9:19PM	Moon – Purple	Sivaloka Day	
				Phalguna-Panguni		

●	Tuesday, March 21, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 338
	Retreat Star		Gulika 11:56AM – 1:28PM	Purvaproshtapada* Until 12:55PM	Ganesha: Orange <i>Sunrise:</i> 5:49AM	Subhakrit 5124
	Kumbha Rasi: 29.06	Tithi 30	Yama 8:52AM – 10:24AM	Subha Until 8:11AM	Muruqa: Clear <i>Sunset:</i> 6:03PM	Moon 3 - Phase 46 - 13
			116896578 Rahu 2:59PM – 4:31PM	Catuspada Until 7:50AM	Nataraja: Clear	Amavasya
			Amavasya* Until 6:24PM	Moon – Clear	Devaloka Day	
				Phalguna-Panguni		

●	Wednesday, March 22, 2023	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stockholm, Sweden Sun 14 Sutra 339
	Retreat Star		Gulika 10:23AM – 11:56AM	Uttaraproshtapada Until 11:01AM	Ganesha: Orange <i>Sunrise:</i> 5:46AM	Subhakrit 5124
	Meena Rasi: 13.39	Tithi 1 – 2	Yama 7:18AM – 8:51AM	Brahma Until 1:43AM Thu	Muruqa: Clear <i>Sunset:</i> 6:05PM	Moon 3 - Phase 46 - 14
			116896578 Rahu 11:56AM – 1:28PM	Balava Until 2:48AM Thu	Nataraja: Clear	Prathama
			Prathama* Until 3:52PM	Moon – Clear	Devaloka Day	
				Chaitra-Panguni		
				Yugadhi		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stockholm, Sweden Sun 15 Sutra 340	
Meena Rasi: 27.53	Tithi 2 – 3	Gulika 8:49AM – 10:22AM	Revati Until 9:28AM	Ganesha: Orange	<i>Sunrise:</i> 5:43AM		Subhakrit 5124
		Yama 5:43AM – 7:16AM	Indra Until 11:11PM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47 - 15	
		116896578 Rahu 1:28PM – 3:01PM	Taitila Until 1:06AM Fri	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Dvitiya Until 1:51PM	Moon – Clear		Devaloka Day	
Until 9:28AM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stockholm, Sweden Sun 16 Sutra 341	
Mesha Rasi: 11.43	Tithi 3 – 4	Gulika 7:14AM – 8:47AM	Ashvini Until 8:50AM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM		Subhakrit 5124
		Yama 3:03PM – 4:36PM	Vaidhriti* Until 9:10PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47 - 16	
		126896578 Rahu 10:21AM – 11:55AM	Vanija Until 12:07AM Sat	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Tritiya Until 12:30PM	Moon – White		Devaloka Day	
Until 8:50AM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stockholm, Sweden Sun 17 Sutra 342	
Mesha Rasi: 25.07	Tithi 4 – 5	Gulika 5:37AM – 7:11AM	Bharani Until 8:48AM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM		Subhakrit 5124
		Yama 1:29PM – 3:04PM	Vishkamba* Until 7:48PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47 - 17	
		126896578 Rahu 8:46AM – 10:20AM	Bava Until 11:55PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Chaturthi* Until 11:54AM	Moon – White		Devaloka Day	
Until 8:48AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Stockholm, Sweden Sun 18 Sutra 343	
Vrishabha Rasi: 8.07	Tithi 5 – 6	Gulika 3:05PM – 4:40PM	Krittika Until 9:22AM	Ganesha: Clear	<i>Sunrise:</i> 5:34AM		Subhakrit 5124
		Yama 11:54AM – 1:29PM	Priti Until 7:03PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 47 - 18	
		126896578 Rahu 4:40PM – 6:15PM	Kaulava Until 12:30AM Mon	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Panchami Until 12:05PM	Moon – White		Devaloka Day	
				Chaitra•Panguni			

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashti/Saptamyam Titau		Stockholm, Sweden Sun 19 Sutra 344	
Vrishabha Rasi: 20.44	Tithi 6 – 7	Gulika 1:30PM – 3:06PM	Rohini Until 10:59AM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM		Subhakrit 5124
Family Home Evening		Yama 10:18AM – 11:54AM	Ayushman Until 6:50PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 47 - 19	
		137896578 Rahu 7:07AM – 8:43AM	Gara Until 1:47AM Tue	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Shashti* Until 1:02PM	Moon – Yellow		Devaloka Day	
				Chaitra•Panguni			

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stockholm, Sweden Sun 20 Sutra 345	
Mithuna Rasi: 3.04	Tithi 7 – 8	Gulika 11:54AM – 1:30PM	Mrigashira Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM		Subhakrit 5124
		Yama 8:41AM – 10:17AM	Saubhagya Until 7:07PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 47 - 20	
		137896578 Rahu 3:07PM – 4:43PM	Visti Until 3:39AM Wed	Nataraja: Clear		Ashtami	
Creative Work Siddha Yoga			Saptami Until 2:38PM	Moon – Yellow		Devaloka Day	
Until 1:05PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stockholm, Sweden Sun 21 Sutra 346	
Mithuna Rasi: 15.1	Tithi 8 – 9	Gulika 10:16AM – 11:53AM	Ardra Until 3:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM		Subhakrit 5124
		Yama 7:02AM – 8:39AM	Sobhana Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 47 - 21	
		137896578 Rahu 11:53AM – 1:31PM	Balava Until 5:53AM Thu	Nataraja: Clear		Navami	
Creative Work Siddha Yoga			Ashtami* Until 4:42PM	Moon – Yellow		Devaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

times are standard time. Calculated for Stockholm, Sweden on 5/1

www.gurudeva.org/panchang

1	Thursday, March 30, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Kaulava Karana Navamyam Titau				Stockholm, Sweden Sun 22 Sutra 347 Subhakit 5124
	Mithuna Rasi: 27.07	Tithi 9	Gulika 8:38AM – 10:15AM	Punarvasu Until 6:30PM	Ganesha: White <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 48 - 22
			Yama 5:22AM – 7:00AM	Athiganda* Until 8:32PM	Muruqa: Clear		4th Phase
	Creative Work	Amrita Yoga	147896578 Rahu 1:31PM – 3:09PM	Kaulava Until 7:03PM	Nataraja: Clear		
			Navami* Until 7:03PM	Moon – Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

2	Friday, March 31, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Stockholm, Sweden Sun 23 Sutra 348 Subhakit 5124
	Kataka Rasi: 9.01	Tithi 10	Gulika 6:58AM – 8:36AM	Pushya Until 9:26PM	Ganesha: White <i>Sunrise:</i> 5:19AM	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 48 - 23
			Yama 3:10PM – 4:48PM	Sukarma Until 9:23PM	Muruqa: Clear		4th Phase
	Routine Work	Marana Yoga	147896578 Rahu 10:14AM – 11:53AM	Taitila Until 8:17AM	Nataraja: Clear		
			Dashami Until 9:29PM	Moon – Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			

3	Saturday, April 1, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Stockholm, Sweden Sun 24 Sutra 349 Subhakit 5124
	Kataka Rasi: 20.55	Tithi 11	Gulika 5:19AM – 6:58AM	Ashlesha* Until 12:05AM Sun	Ganesha: White <i>Sunrise:</i> 5:19AM	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 48 - 24
			Yama 1:31PM – 3:10PM	Dhriti Until 10:11PM	Muruqa: Clear		4th Phase
	Routine Work	Marana Yoga	147896578 Rahu 8:36AM – 10:14AM	Vanija Until 10:41AM	Nataraja: Clear		
			Ekadashi Until 11:48PM	Moon – Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			
				Yogaswami Mahasamadhi			

4	Sunday, April 2, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Stockholm, Sweden Sun 25 Sutra 350 Subhakit 5124
	Simha Rasi: 2.52	Tithi 12	Gulika 3:11PM – 4:50PM	Magha* Until 2:50AM Mon	Ganesha: Red <i>Sunrise:</i> 5:16AM	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 48 - 25
			Yama 11:53AM – 1:32PM	Shula* Until 10:46PM	Muruqa: Clear		4th Phase
	Routine Work	Marana Yoga	158896578 Rahu 4:50PM – 6:29PM	Bava Until 12:54PM	Nataraja: Clear		
			Dvadashi Until 1:52AM Mon	Moon – Red		Devaloka Day	
				Chaitra•Panguni			
				Until 2:50AM Mon			
				Then Creative Work - Siddha Yoga			

5	Monday, April 3, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stockholm, Sweden Sun 26 Sutra 351 Subhakit 5124
	Simha Rasi: 14.55	Tithi 13	Gulika 1:32PM – 3:12PM	Purvaphalguni Until 5:04AM Tue	Ganesha: Red <i>Sunrise:</i> 5:13AM	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 48 - 26
	Family Home Evening		Yama 10:13AM – 11:52AM	Ganda* Until 11:06PM	Muruqa: Clear		4th Phase
	Creative Work	Siddha Yoga	158896578 Rahu 6:53AM – 8:33AM	Kaulava Until 2:48PM	Nataraja: Clear		
			Trayodashi Until 3:34AM Tue	Moon – Red		Devaloka Day	
				Chaitra•Panguni			
				Then Creative Work - Amrita Yoga			
				<i>Pradosha Vrata</i>			

6	Tuesday, April 4, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Stockholm, Sweden Sun 27 Sutra 352 Subhakit 5124
	Simha Rasi: 27.08	Tithi 14	Gulika 11:52AM – 1:32PM	Uttaraphalguni Until 6:42AM Wed	Ganesha: Red <i>Sunrise:</i> 5:10AM	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 48 - 27
			Yama 8:31AM – 10:12AM	Vriddhi Until 11:07PM	Muruqa: Clear		4th Phase
	Creative Work	Amrita Yoga	158896578 Rahu 3:13PM – 4:53PM	Gara Until 4:17PM	Nataraja: Clear		
			Chaturdashi* Until 4:50AM Wed	Moon – Red		Devaloka Day	
				Chaitra•Panguni			
				Until 6:42AM Wed			
				Then Routine Work - Marana Yoga			

○	Wednesday, April 5, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Stockholm, Sweden Sutra 353 Subhakit 5124
	Copper Retreat Star		Gulika 10:11AM – 11:52AM	Uttaraphalguni Until 6:42AM	Ganesha: Red <i>Sunrise:</i> 5:08AM	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 48 - Purnima
	Kanya Rasi: 9.32	Tithi 15	Yama 6:49AM – 8:30AM	Dhruva Until 10:44PM	Muruqa: Clear		
			158896578 Rahu 11:52AM – 1:33PM	Visti Until 5:17PM	Nataraja: Clear		
			Purnima* Until 5:36AM Thu	Moon – Red		Devaloka Day	
				Chaitra•Panguni			
				Panguni Uttiram			
				Hanuman Jayanti			

○	Thursday, April 6, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Stockholm, Sweden Sutra 354 Subhakit 5124
	Silver Retreat Star		Gulika 8:28AM – 10:10AM	Hasta Until 8:11AM	Ganesha: Blue <i>Sunrise:</i> 5:05AM	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 48 - Prathama
	Kanya Rasi: 22.1	Tithi 16	Yama 5:05AM – 6:46AM	Vyaghata* Until 10:00PM	Muruqa: Clear		
			168896578 Rahu 1:33PM – 3:15PM	Balava Until 5:49PM	Nataraja: Clear		
			Prathama* Until 5:52AM Fri	Moon – Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Chaitra•Panguni			
				Routine Work			
				Marana Yoga			
				Until 8:11AM			
				Then Creative Work - Siddha Yoga			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden
Sutra 355

Tula Rasi: 5.01 Tithi 17

Gulika 6:44AM – 8:26AM
Yama 3:16PM – 4:58PM
168896578 **Rahu** 10:09AM – 11:51AM

Chitra Until 9:03AM
Harshana Until 8:54PM
Taitila Until 5:51PM
Dvitiya Until 5:41AM Sat

Ganesha: Blue *Sunrise:* 5:02AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Saturday, April 8, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Vanija/Visti* Karana Tritiyayam Titau

Stockholm, Sweden
Sun 1 Sutra 356

Tula Rasi: 18.05 Tithi 18

Gulika 4:59AM – 6:42AM
Yama 1:34PM – 3:17PM
168896578 **Rahu** 8:25AM – 10:08AM

Svati Until 9:18AM
Vajra* Until 7:26PM
Vanija Until 5:27PM
Tritiya Until 5:05AM Sun

Ganesha: Blue *Sunrise:* 4:59AM
Muruqa: Clear *Sunset:* 6:43PM
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, April 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Stockholm, Sweden
Sun 2 Sutra 357

Vrischika Rasi: 1.23 Tithi 19

Gulika 3:18PM – 5:02PM
Yama 11:51AM – 1:34PM
179896578 **Rahu** 5:02PM – 6:45PM

Vishakha Until 9:28AM
Siddhi Until 5:40PM
Bava Until 4:40PM
Chaturthi* Until 4:06AM Mon

Ganesha: Red *Sunrise:* 4:56AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

Routine Work Marana Yoga

3

Monday, April 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Varyayan Yoga Kaulava/Taitila Karana Panchamyam Titau

Stockholm, Sweden
Sun 3 Sutra 358

Vrischika Rasi: 14.53 Tithi 20

Family Home Evening

Gulika 1:35PM – 3:19PM
Yama 10:06AM – 11:50AM
179896578 **Rahu** 6:37AM – 8:22AM

Anuradha Until 9:07AM
Vyatipata* Until 3:38PM
Kaulava Until 3:30PM
Panchami Until 2:47AM Tue

Ganesha: Red *Sunrise:* 4:53AM
Muruqa: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, April 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyayan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Stockholm, Sweden
Sun 4 Sutra 359

Vrischika Rasi: 28.35 Tithi 21

Until 8:17AM

Then Creative Work - Amrita Yoga

Gulika 11:50AM – 1:35PM
Yama 8:20AM – 10:05AM
179896578 **Rahu** 3:20PM – 5:05PM

Jyeshtha* Until 8:17AM
Varyayan Until 1:19PM
Gara Until 2:02PM
Shashthi* Until 1:10AM Wed

Ganesha: Red *Sunrise:* 4:50AM
Muruqa: Clear *Sunset:* 6:50PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

5

Wednesday, April 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Stockholm, Sweden
Sun 5 Sutra 360

Dhanus Rasi: 12.28 Tithi 22

Until 7:28AM

Then Creative Work - Amrita Yoga

Gulika 10:04AM – 11:50AM
Yama 6:33AM – 8:18AM
189896578 **Rahu** 11:50AM – 1:35PM

Mula* Until 7:28AM
Parigha* Until 10:47AM
Visti* Until 12:16PM
Saptami Until 11:16PM

Ganesha: Green *Sunrise:* 4:47AM
Muruqa: Clear *Sunset:* 6:52PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Stockholm, Sweden
Sun 6 Sutra 361

Dhanus Rasi: 26.31 Tithi 23

Creative Work Siddha Yoga

Until 6:14AM

Then Routine Work - Marana Yoga

Gulika 8:17AM – 10:03AM
Yama 4:44AM – 6:31AM
189996578 **Rahu** 1:36PM – 3:22PM

Purvashadha* Until 6:14AM
Shiva Until 8:04AM
Balava Until 10:15AM
Ashtami* Until 9:09PM

Ganesha: White *Sunrise:* 4:44AM
Muruqa: Clear *Sunset:* 6:55PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Stockholm, Sweden
Sun 7 Sutra 362

Makara Rasi: 10.43 Tithi 24

Routine Work Marana Yoga

Until 3:10AM Sat

Then Creative Work - Siddha Yoga

Gulika 6:28AM – 8:15AM
Yama 3:23PM – 5:10PM
199996578 **Rahu** 10:02AM – 11:49AM

Chidambaram Abhishekam
Tamil New Year

Shravana Until 3:10AM Sat
Sadhya Until 2:05AM Sat
Taitila Until 8:01AM
Navami* Until 6:49PM

Ganesha: Clear *Sunrise:* 4:41AM
Muruqa: Clear *Sunset:* 6:57PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Sobhana 5125
Moon 4 - Phase 49 - 7
Navami

Devaloka Day

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 8 Sutra 363	
	Makara Rasi: 25.01	Tithi 25 – 26	Gulika 4:38AM – 6:26AM	Dhanishtha Until 1:26AM Sun	Ganesha: White	<i>Sunrise:</i> 4:38AM	Sobhana 5125	
			Yama 1:37PM – 3:24PM	Subha Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 1 - 8	
	Creative Work	Siddha Yoga	299996578 Rahu 8:14AM – 10:01AM	Bava Until 3:08AM Sun	Nataraja: Clear		2nd Phase	
			Dashami Until 4:22PM	Chaitra*Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM			

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 9 Sutra 364	
	Kumbha Rasi: 9.23	Tithi 26 – 27	Gulika 3:25PM – 5:13PM	Shatabhishak Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 4:36AM	Sobhana 5125	
			Yama 11:49AM – 1:37PM	Sukla Until 7:46PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 1 - 9	
	Creative Work	Siddha Yoga	299996578 Rahu 5:13PM – 7:02PM	Kaulava Until 12:37AM Mon	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 1:51PM	Chaitra*Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM			

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 10 Sutra 1	
	Kumbha Rasi: 23.46	Tithi 27 – 28	Gulika 1:37PM – 3:26PM	Purvaproshtapada* Until 10:01PM	Ganesha: Orange	<i>Sunrise:</i> 4:33AM	Sobhana 5125	
	Family Home Evening		Yama 10:00AM – 11:48AM	Brahma Until 4:39PM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 1 - 10	
	Routine Work	Marana Yoga	211996578 Rahu 6:22AM – 8:11AM	Gara Until 10:11PM	Nataraja: Clear		2nd Phase	
Until 10:01PM			Dvadashi* Until 11:22AM	Chaitra*Chaitra	Devaloka Day			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>					

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 11 Sutra 2	
	Meena Rasi: 8.04	Tithi 28 – 29	Gulika 11:48AM – 1:38PM	Uttaraproshtapada Until 8:32PM	Ganesha: Orange	<i>Sunrise:</i> 4:30AM	Sobhana 5125	
			Yama 8:09AM – 9:59AM	Indra Until 1:40PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 1 - 11	
	Creative Work	Amrita Yoga	211996578 Rahu 3:27PM – 5:17PM	Visti Until 7:57PM	Nataraja: Clear		2nd Phase	
Until 8:32PM			Trayodashi* Until 9:01AM	Chaitra*Chaitra	Devaloka Day			
Then Creative Work - Siddha Yoga								

●	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stockholm, Sweden Sun 12 Sutra 3	
	Retreat Star		Gulika 9:58AM – 11:48AM	Revati Until 7:14PM	Ganesha: Orange	<i>Sunrise:</i> 4:27AM	Sobhana 5125	
	Meena Rasi: 22.13	Tithi 29 – 30	Yama 6:17AM – 8:08AM	Vaidhriti* Until 10:54AM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 1 - 12	
	Routine Work	Marana Yoga	211996578 Rahu 11:48AM – 1:38PM	Catuspada Until 6:02PM	Nataraja: Clear		Amavasya	
			Chaturdashi* Until 6:55AM	Chaitra*Chaitra	Devaloka Day			

●	Thursday, April 20, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 13 Sutra 4	
	Retreat Star		Gulika 8:06AM – 9:57AM	Ashvini Until 6:39PM	Ganesha: Clear	<i>Sunrise:</i> 4:24AM	Sobhana 5125	
	Mesha Rasi: 6.07	Tithi 1	Yama 4:24AM – 6:15AM	Vishkambha* Until 8:28AM	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 1 - 13	
	Creative Work	Amrita Yoga	221996578 Rahu 1:39PM – 3:29PM	Kintughna Until 4:32PM	Nataraja: Clear		Prathama	
Until 6:39PM			Prathama* Until 3:58AM Fri	Vaisaka*Chaitra	Devaloka Day			
Then Creative Work - Siddha Yoga								

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stockholm, Sweden Sun 14 Sutra 5 Sobhana 5125
	Mesha Rasi: 19.43	Tithi 2	Gulika 6:13AM – 8:04AM	Bharani Until 6:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:21AM	
			Yama 3:31PM – 5:22PM	Priti Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 2 - 14
	Creative Work	Siddha Yoga	221996578 Rahu 9:56AM – 11:48AM	Balava Until 3:35PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 3:19AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Stockholm, Sweden Sun 15 Sutra 6 Sobhana 5125
	Wrishabha Rasi: 3	Tithi 3	Gulika 4:19AM – 6:11AM	Krittika Until 6:44PM	Ganesha: Clear	<i>Sunrise:</i> 4:19AM	
			Yama 1:39PM – 3:32PM	Saubhagya Until 3:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 2 - 15
	Creative Work	Amrita Yoga	221996578 Rahu 8:03AM – 9:55AM	Taitila Until 3:15PM	Nataraja: Clear		3rd Phase
			Tritiya Until 3:19AM Sun	Moon – White		Devaloka Day	
			Akshaya Tritiya	Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Stockholm, Sweden Sun 16 Sutra 7 Sobhana 5125
	Wrishabha Rasi: 15.56	Tithi 4	Gulika 3:33PM – 5:26PM	Rohini Until 7:58PM	Ganesha: Orange	<i>Sunrise:</i> 4:16AM	
			Yama 11:47AM – 1:40PM	Sobhana Until 3:20AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 2 - 16
	Creative Work	Siddha Yoga	231996578 Rahu 5:26PM – 7:18PM	Vanija Until 3:35PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 3:59AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Stockholm, Sweden Sun 17 Sutra 8 Sobhana 5125
	Wrishabha Rasi: 28.34	Tithi 5	Gulika 1:40PM – 3:34PM	Mrigashira Until 9:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:13AM	
	Family Home Evening		Yama 9:53AM – 11:47AM	Athiganda* Until 3:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 2 - 17
	Creative Work	Amrita Yoga	231996578 Rahu 6:07AM – 8:00AM	Bava Until 4:34PM	Nataraja: Clear		3rd Phase
			Panchami Until 5:15AM Tue	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Kaulava Karana Shashthyam Titau				Stockholm, Sweden Sun 18 Sutra 9 Sobhana 5125
	Mithuna Rasi: 10.55	Tithi 6	Gulika 11:47AM – 1:41PM	Ardra Until 11:44PM	Ganesha: Orange	<i>Sunrise:</i> 4:10AM	
			Yama 7:59AM – 9:53AM	Sukarma Until 3:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 2 - 18
	Routine Work	Marana Yoga	231996579 Rahu 3:35PM – 5:29PM	Kaulava Until 6:07PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 7:02AM Wed	Moon – Yellow		Sivaloka Day	
				Vaisaka-Chaitra			

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 19 Sutra 10 Sobhana 5125
	Mithuna Rasi: 23.04	Tithi 6 – 7	Gulika 9:52AM – 11:47AM	Punarvasu Until 2:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:08AM	
			Yama 6:02AM – 7:57AM	Dhriti Until 4:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 2 - 19
	Creative Work	Siddha Yoga	241996579 Rahu 11:47AM – 1:41PM	Gara Until 8:06PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 7:02AM	Moon – Blue		Subha Sivaloka Day	
				Vaisaka-Chaitra			

☾	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 20 Sutra 11 Sobhana 5125
	Retreat Star		Gulika 7:56AM – 9:51AM	Pushya Until 5:21AM Fri	Ganesha: Red	<i>Sunrise:</i> 4:05AM	
	Kataka Rasi: 5.04	Tithi 7 – 8	Yama 4:05AM – 6:00AM	Shula* Until 5:06AM Fri	Muruqa: Clear	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 2 - 20
	Creative Work	Amrita Yoga	242996579 Rahu 1:42PM – 3:37PM	Visti Until 10:21PM	Nataraja: Purple		Ashtami
			Saptami Until 9:11AM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

☽	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 21 Sutra 12 Sobhana 5125
	Retreat Star		Gulika 5:58AM – 7:54AM	Ashlesha* Until 8:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 4:02AM	
	Kataka Rasi: 16.59	Tithi 8 – 9	Yama 3:38PM – 5:34PM	Ganda* Until 5:57AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 2 - 21
	Routine Work	Marana Yoga	242996579 Rahu 9:50AM – 11:46AM	Balava Until 12:42AM Sat	Nataraja: Purple		Navami
			Ashtami* Until 11:30AM	Moon – Blue		Sivaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, April 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stockholm, Sweden Sun 22 Sutra 13
	Kataka Rasi: 28.53	Tithi 9 – 10	Gulika 3:59AM – 5:56AM Yama 1:43PM – 3:39PM 242996579 Rahu 7:53AM – 9:49AM	Ashlesha* Until 8:03AM Vriddhi Until 6:42AM Sun Taitila Until 2:55AM Sun Navami* Until 1:49PM	Ganesha: Red Muruqa: Clear Nataraja: Purple Moon – Blue	<i>Sunrise:</i> 3:59AM <i>Sunset:</i> 7:33PM	Sobhana 5125 Moon 4 - Phase 3 - 22 4th Phase
	Routine Work	Marana Yoga					Sivaloka Day
		Until 8:03AM					
		Then Creative Work - Amrita Yoga					

2	Sunday, April 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 23 Sutra 14
	Simha Rasi: 10.51	Tithi 10 – 11	Gulika 3:40PM – 5:38PM Yama 11:46AM – 1:43PM 252996579 Rahu 5:38PM – 7:35PM	Magha* Until 10:56AM Vriddhi Until 6:42AM Vanija Until 4:51AM Mon Dashami Until 3:55PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	<i>Sunrise:</i> 3:57AM <i>Sunset:</i> 7:33PM	Sobhana 5125 Moon 4 - Phase 3 - 23 4th Phase
	Routine Work	Marana Yoga					Devaloka Day
		Until 10:56AM					
		Then Creative Work - Siddha Yoga					

3	Monday, May 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 24 Sutra 15
	Simha Rasi: 22.56	Tithi 11 – 12	Gulika 1:44PM – 3:43PM Yama 9:47AM – 11:46AM 252996579 Rahu 5:50AM – 7:49AM	Purvaphalguni Until 1:17PM Dhruva Until 7:10AM Bava Until 6:19AM Tue Ekadashi Until 5:38PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	<i>Sunrise:</i> 3:51AM <i>Sunset:</i> 7:40PM	Sobhana 5125 Moon 4 - Phase 3 - 24 4th Phase
	Family Home Evening						Devaloka Day
		Creative Work Siddha Yoga					

4	Tuesday, May 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Stockholm, Sweden Sun 25 Sutra 16
	Kanya Rasi: 5.14	Tithi 12	Gulika 11:45AM – 1:45PM Yama 7:47AM – 9:46AM 252996579 Rahu 3:44PM – 5:43PM	Uttaraphalguni Until 3:00PM Vyaghata* Until 7:17AM Bava Until 6:19AM Dvadashi Until 6:48PM	Ganesha: Blue Muruqa: Clear Nataraja: Purple Moon – Red	<i>Sunrise:</i> 3:49AM <i>Sunset:</i> 7:42PM	Sobhana 5125 Moon 4 - Phase 3 - 25 4th Phase
	Creative Work	Amrita Yoga					Devaloka Day
		Until 3:00PM					
		Then Creative Work - Siddha Yoga					

5	Wednesday, May 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stockholm, Sweden Sun 26 Sutra 17
	Kanya Rasi: 17.46	Tithi 13	Gulika 9:46AM – 11:45AM Yama 5:46AM – 7:46AM 262996579 Rahu 11:45AM – 1:45PM	Hasta Until 4:27PM Harshana Until 6:58AM Kaulava Until 7:11AM Trayodashi Until 7:22PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	<i>Sunrise:</i> 3:46AM <i>Sunset:</i> 7:45PM	Sobhana 5125 Moon 4 - Phase 3 - 26 4th Phase
	Routine Work	Marana Yoga					Sivaloka Day
		Until 4:27PM					
		Then Creative Work - Siddha Yoga					
							<i>Pradosha Vrata</i>

6	Thursday, May 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Stockholm, Sweden Sun 27 Sutra 18
	Tula Rasi: 1	Tithi 14	Gulika 7:44AM – 9:45AM Yama 3:44AM – 5:44AM 262996579 Rahu 1:46PM – 3:46PM	Chitra Until 5:07PM Vajra* Until 6:07AM Gara Until 7:26AM Chaturdashi* Until 7:18PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	<i>Sunrise:</i> 3:44AM <i>Sunset:</i> 7:47PM	Sobhana 5125 Moon 4 - Phase 3 - 27 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day
		Until 5:07PM					
		Then Creative Work - Amrita Yoga					

	Friday, May 5, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Stockholm, Sweden Sun 28 Sutra 19
	Tula Rasi: 13.45	Tithi 15	Gulika 5:42AM – 7:43AM Yama 3:47PM – 5:48PM 262996579 Rahu 9:44AM – 11:45AM	Svati Until 5:02PM Vyatipata* Until 3:01AM Sat Visti Until 7:03AM Purnima* Until 6:37PM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Green	<i>Sunrise:</i> 3:41AM <i>Sunset:</i> 7:49PM	Sobhana 5125 Moon 4 - Phase 3 - Purnima
	Creative Work	Siddha Yoga					Sivaloka Day
		Budha Purnima (Tamil Nadu)					

7	Saturday, May 6, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Stockholm, Sweden Sun 29 Sutra 20
	Tula Rasi: 27.13	Tithi 16 – 17	Gulika 3:39AM – 5:40AM Yama 1:47PM – 3:48PM 272996579 Rahu 7:42AM – 9:43AM	Vishakha Until 4:43PM Variyan Until 12:50AM Sun Balava Until 6:05AM Prathama* Until 5:24PM	Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Orange	<i>Sunrise:</i> 3:39AM <i>Sunset:</i> 7:52PM	Sobhana 5125 Moon 4 - Phase 3 - Prathama
	Creative Work	Siddha Yoga					Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda