



Monday, April 18, 2022
Gold Retreat Star

Tula Rasi: 22.58 Tithi 17 – 18
Family Home Evening 278345478
Routine Work Marana Yoga
Until 11:07PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:22PM – 3:07PM
Yama 9:50AM – 11:36AM
Rahu 6:19AM – 8:05AM
Vishakha Until 11:07PM
Siddhi Until 3:51PM
Vanija Until 1:32AM Tue
Dvitiya Until 2:54PM

Ganesha: Purple *Sunrise:* 4:33AM
Muruqa: White *Sunset:* 6:38PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Warsaw, Poland
Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day

1

Tuesday, April 19, 2022

Virschika Rasi: 7.3 Tithi 18 – 19
278345478
Creative Work Siddha Yoga
Until 9:06PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:36AM – 1:22PM
Yama 8:04AM – 9:50AM
Rahu 3:08PM – 4:54PM
Anuradha Until 9:06PM
Vyatipata* Until 12:29PM
Bava Until 10:45PM
Tritiya Until 12:07PM

Ganesha: Purple *Sunrise:* 4:31AM
Muruqa: White *Sunset:* 6:40PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Warsaw, Poland
Sun 1 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day

2

Wednesday, April 20, 2022

Virschika Rasi: 22.03 Tithi 19 – 20
278345478
Creative Work Siddha Yoga
Until 7:00PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:49AM – 11:35AM
Yama 6:16AM – 8:02AM
Rahu 11:35AM – 1:22PM
Jyeshtha* Until 7:00PM
Variyan Until 9:05AM
Kaulava Until 8:01PM
Chaturthi* Until 9:21AM

Ganesha: Purple *Sunrise:* 4:29AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Warsaw, Poland
Sun 2 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 - 2 1st Phase

Bhuloka Day

3

Thursday, April 21, 2022

Dhanus Rasi: 6.32 Tithi 20 – 21
288345478
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Gulika 8:01AM – 9:48AM
Yama 4:27AM – 6:14AM
Rahu 1:22PM – 3:09PM
Mula* Until 5:19PM
Shiva Until 2:39AM Fri
Vanija Until 4:11AM Fri
Panchami Until 6:40AM

Ganesha: Clear *Sunrise:* 4:27AM
Muruqa: White *Sunset:* 6:44PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Warsaw, Poland
Sun 3 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 - 3 1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, April 22, 2022

Dhanus Rasi: 20.53 Tithi 22
289345478
Routine Work Prabalarishta Yoga
Until 3:43PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:12AM – 8:00AM
Yama 3:10PM – 4:58PM
Rahu 9:48AM – 11:35AM
Purvashadha* Until 3:43PM
Siddha Until 11:42PM
Visti Until 3:03PM
Saptami Until 1:57AM Sat

Ganesha: Purple *Sunrise:* 4:25AM
Muruqa: White *Sunset:* 6:45PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Warsaw, Poland
Sun 4 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 - 4 1st Phase

Devaloka Day

Retreat Star

Saturday, April 23, 2022

Makara Rasi: 5.05 Tithi 23
289345478
Routine Work Marana Yoga
Until 2:15PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:23AM – 6:11AM
Yama 1:23PM – 3:11PM
Rahu 7:59AM – 9:47AM
Uttarashadha Until 2:15PM
Sadhya Until 9:00PM
Balava Until 12:58PM
Ashtami* Until 12:02AM Sun

Ganesha: Purple *Sunrise:* 4:23AM
Muruqa: White *Sunset:* 6:47PM
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Warsaw, Poland
Sun 5 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 - 5 Ashtami

Devaloka Day

Sunday, April 24, 2022

Retreat Star

Makara Rasi: 19.04 Tithi 24
299345478
Creative Work Amrita Yoga
Until 1:24PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:12PM – 5:00PM
Yama 11:35AM – 1:23PM
Rahu 5:00PM – 6:49PM
Shravana Until 1:24PM
Subha Until 6:35PM
Taitila Until 11:12AM
Navami* Until 10:26PM

Ganesha: Clear *Sunrise:* 4:21AM
Muruqa: White *Sunset:* 6:49PM
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Warsaw, Poland
Sun 6 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 - 6 Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1	Monday, April 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Warsaw, Poland Sun 7
	Kumbha Rasi: 2.49	Tithi 25	299345479	Gulika Yama	1:23PM – 3:12PM 9:46AM – 11:35AM	Dhanishtha Until 12:45PM Sukla Until 4:26PM Vanija Until 9:47AM Dashami Until 9:12PM	Sunrise: 4:19AM Sunset: 6:50PM Moon 4 - Phase 2 - 7 2nd Phase
	Family Home Evening				Rahu 6:08AM – 7:57AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Purple	Subhakrit 5124 Devaloka Day
	Creative Work Siddha Yoga						Chaitra*Chaitra

2	Tuesday, April 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Warsaw, Poland Sun 8
	Kumbha Rasi: 16.22	Tithi 26	299345479	Gulika Yama	11:34AM – 1:24PM 7:55AM – 9:45AM	Shatabhishak Until 12:19PM Brahma Until 2:36PM Bava Until 8:45AM Ekadashi* Until 8:21PM	Sunrise: 4:17AM Sunset: 6:52PM Moon 4 - Phase 2 - 8 2nd Phase
	Routine Work Marana Yoga				Rahu 3:13PM – 5:03PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Purple	Subhakrit 5124 Devaloka Day
							Chaitra*Chaitra

3	Wednesday, April 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Warsaw, Poland Sun 9
	Kumbha Rasi: 29.41	Tithi 27	219345479	Gulika Yama	9:44AM – 11:34AM 6:04AM – 7:54AM	Purvaproshtapada* Until 12:36PM Indra Until 1:07PM Kaulava Until 8:07AM Dvadashi* Until 7:56PM	Sunrise: 4:15AM Sunset: 6:54PM Moon 4 - Phase 2 - 9 2nd Phase
	Creative Work Amrita Yoga Until 12:36PM Then Creative Work - Siddha Yoga				Rahu 11:34AM – 1:24PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear	Subhakrit 5124 Devaloka Day
							Chaitra*Chaitra

4	Thursday, April 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Warsaw, Poland Sun 10
	Meena Rasi: 12.47	Tithi 28	219445479	Gulika Yama	7:53AM – 9:44AM 4:13AM – 6:03AM	Uttaraproshtapada Until 1:10PM Vaidhriti* Until 11:57AM Gara Until 7:54AM Trayodashi* Until 7:57PM	Sunrise: 4:13AM Sunset: 6:55PM Moon 4 - Phase 2 - 10 2nd Phase
	Creative Work Siddha Yoga				Rahu 1:24PM – 3:15PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Clear	Subhakrit 5124 Bhuloka Day Devaloka Time: 6:PM to 9:PM
							Chaitra*Chaitra

Pradosha Vrata (Fasting)

5	Friday, April 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Warsaw, Poland Sun 11
	Meena Rasi: 25.39	Tithi 29	219445479	Gulika Yama	6:01AM – 7:52AM 3:16PM – 5:06PM	Revati Until 2:02PM Vishkambha* Until 11:11AM Visti Until 8:10AM Chaturdashi* Until 8:27PM	Sunrise: 4:11AM Sunset: 6:57PM Moon 4 - Phase 2 - 11 2nd Phase
	Creative Work Siddha Yoga Until 2:02PM Then Creative Work - Amrita Yoga				Rahu 9:43AM – 11:34AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Clear	Subhakrit 5124 Bhuloka Day Devaloka Time: 6:PM to 9:PM
							Chaitra*Chaitra

	Saturday, April 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Warsaw, Poland Sun 12		
	Retreat Star				221445479	Gulika Yama	4:09AM – 6:00AM 1:25PM – 3:16PM	Ashvini Until 3:41PM Priti Until 10:48AM Catuspada Until 8:55AM Amavasya* Until 9:27PM	Sunrise: 4:09AM Sunset: 6:59PM Moon 4 - Phase 2 - 12 Amavasya
	Mesha Rasi: 8.17		Tithi 30				Rahu 7:51AM – 9:42AM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White	Subhakrit 5124 Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Creative Work Siddha Yoga								Chaitra*Chaitra

Sunday, May 1, 2022	Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Warsaw, Poland Sun 13		
	Mesha Rasi: 20.42		Tithi 1		221445479	Gulika Yama	3:17PM – 5:09PM 11:34AM – 1:25PM	Bharani Until 5:40PM Ayushman Until 10:46AM Kintughna Until 10:10AM Prathama* Until 10:56PM	Sunrise: 4:07AM Sunset: 7:01PM Moon 4 - Phase 2 - 13 Prathama
	Routine Work Prabalarishta Yoga Until 5:40PM Then Creative Work - Siddha Yoga						Rahu 5:09PM – 7:01PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White	Subhakrit 5124 Bhuloka Day Devaloka Time: 6:PM to 9:PM
									Vaisaka*Chaitra

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Warsaw, Poland Sun 14 Sutra 15 Subhakrit 5124
1	Vrishabha Rasi: 2.55 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 7:55PM Then Creative Work - Amrita Yoga	Gulika 1:26PM – 3:18PM Yama 9:41AM – 11:33AM 221445479 Rahu 5:57AM – 7:49AM	Krittika Until 7:55PM Saubhagya Until 11:07AM Balava Until 11:52AM Dvitiya Until 12:51AM Tue	Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 4:05AM Sunset: 7:02PM	Moon 4 - Phase 3 - 14 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Warsaw, Poland Sun 15 Sutra 16 Subhakrit 5124
2	Vrishabha Rasi: 14.57 Tithi 3 Creative Work Amrita Yoga Until 10:50PM Then Creative Work - Siddha Yoga	Gulika 11:33AM – 1:26PM Yama 7:48AM – 9:41AM 231445479 Rahu 3:19PM – 5:11PM	Rohini Until 10:50PM Sobhana Until 11:47AM Taitila Until 1:58PM Tritiya Until 3:06AM Wed	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:03AM Sunset: 7:04PM	Moon 4 - Phase 3 - 15 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Vistil* Karana Chaturthyam Titau				Warsaw, Poland Sun 16 Sutra 17 Subhakrit 5124
3	Vrishabha Rasi: 26.52 Tithi 4 Creative Work Siddha Yoga Until 1:48AM Thu Then Routine Work - Marana Yoga	Gulika 9:40AM – 11:33AM Yama 5:54AM – 7:47AM 231445479 Rahu 11:33AM – 1:26PM	Mrigashira Until 1:48AM Thu Athiganda* Until 12:38PM Vanija Until 4:21PM Chaturthi* Until 5:34AM Thu	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:01AM Sunset: 7:06PM	Moon 4 - Phase 3 - 16 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava Karana Panchamyam Titau				Warsaw, Poland Sun 17 Sutra 18 Subhakrit 5124
4	Mithuna Rasi: 8.43 Tithi 5 Routine Work Marana Yoga Until 4:40AM Fri Then Creative Work - Siddha Yoga	Gulika 7:46AM – 9:40AM Yama 3:59AM – 5:53AM 231445479 Rahu 1:27PM – 3:20PM	Ardra Until 4:40AM Fri Sukarma Until 1:37PM Bava Until 6:51PM Panchami Until 8:04AM Fri	Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 3:59AM Sunset: 7:07PM	Moon 4 - Phase 3 - 17 3rd Phase Bhuloka Day Devaloka Time: 6:PM to 9:PM

Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Warsaw, Poland Sun 18 Sutra 19 Subhakrit 5124
5	Mithuna Rasi: 20.34 Tithi 5 – 6 Creative Work Siddha Yoga	Gulika 5:51AM – 7:45AM Yama 3:21PM – 5:15PM 241445479 Rahu 9:39AM – 11:33AM	Punarvasu Until 7:46AM Sat Dhriti Until 2:36PM Kaulava Until 9:18PM Panchami Until 8:04AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 3:57AM Sunset: 7:09PM	Moon 4 - Phase 3 - 18 3rd Phase Devaloka Day

Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland Sun 19 Sutra 20 Subhakrit 5124
6	Kataka Rasi: 2.26 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 3:55AM – 5:50AM Yama 1:27PM – 3:22PM 241445479 Rahu 7:44AM – 9:39AM	Punarvasu Until 7:46AM Shula* Until 3:26PM Gara Until 11:31PM Shashthi* Until 10:26AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 3:55AM Sunset: 7:11PM	Moon 4 - Phase 3 - 19 3rd Phase Devaloka Day

Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Warsaw, Poland Sun 20 Sutra 21 Subhakrit 5124
Retreat Star	Kataka Rasi: 14.26 Tithi 7 – 8 Creative Work Siddha Yoga	Gulika 3:23PM – 5:17PM Yama 11:33AM – 1:28PM 241445479 Rahu 5:17PM – 7:12PM	Pushya Until 10:25AM Ganda* Until 4:00PM Vistil Until 1:20AM Mon Saptami Until 12:28PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 3:54AM Sunset: 7:12PM	Moon 4 - Phase 3 - 20 Ashtami Devaloka Day

Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Warsaw, Poland Sun 21 Sutra 22 Subhakrit 5124
Retreat Star	Kataka Rasi: 26.37 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga Until 12:25PM Then Routine Work - Marana Yoga	Gulika 1:28PM – 3:23PM Yama 9:38AM – 11:33AM 241445479 Rahu 5:47AM – 7:42AM	Ashlesha* Until 12:25PM Vridhhi Until 4:11PM Balava Until 2:33AM Tue Ashtami* Until 2:00PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 3:52AM Sunset: 7:14PM	Moon 4 - Phase 3 - 21 Navami Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Warsaw, Poland
	Simha Rasi: 9.02	Tithi 9 – 10	252445479	Gulika 11:33AM – 1:28PM Yama 7:42AM – 9:37AM Rahu 3:24PM – 5:20PM	Magha* Until 2:08PM Dhruva Until 3:49PM Taitila Until 3:04AM Wed Navami* Until 2:53PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sun 22 Sutra 23 Subhakrit 5124 Moon 4 - Phase 4 - 22 4th Phase Devaloka Day
	Creative Work	Siddha Yoga					

2	Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Warsaw, Poland
	Simha Rasi: 21.48	Tithi 10 – 11	252445479	Gulika 9:37AM – 11:33AM Yama 5:45AM – 7:41AM Rahu 11:33AM – 1:29PM	Purvaphalguni Until 2:57PM Vyaghata* Until 2:53PM Vanija Until 2:49AM Thu Dashami Until 3:01PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sun 23 Sutra 24 Subhakrit 5124 Moon 4 - Phase 4 - 23 4th Phase Devaloka Day
	Creative Work	Amrita Yoga					

3	Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland
	Kanya Rasi: 4.57	Tithi 11 – 12	252445479	Gulika 7:40AM – 9:36AM Yama 3:47AM – 5:43AM Rahu 1:29PM – 3:26PM	Uttaraphalguni Until 2:51PM Harshana Until 1:21PM Bava Until 1:47AM Fri Ekadashi Until 2:23PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sun 24 Sutra 25 Subhakrit 5124 Moon 4 - Phase 4 - 24 4th Phase Devaloka Day
		Amrita Yoga					
	Until 2:51PM	Then Routine Work - Marana Yoga					

4	Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland
	Kanya Rasi: 18.31	Tithi 12 – 13	262445479	Gulika 5:42AM – 7:39AM Yama 3:26PM – 5:23PM Rahu 9:36AM – 11:33AM	Hasta Until 2:19PM Vajra* Until 11:11AM Kaulava Until 12:02AM Sat Dvadashi Until 12:58PM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Green Vaisaka-Chaitra	Sun 25 Sutra 26 Subhakrit 5124 Moon 4 - Phase 4 - 25 4th Phase Sivaloka Day
	Creative Work	Amrita Yoga					
	Until 2:19PM	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

5	Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipala* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland
	Tula Rasi: 2.31	Tithi 13 – 14	262445479	Gulika 3:44AM – 5:41AM Yama 1:30PM – 3:27PM Rahu 7:38AM – 9:35AM	Chitra Until 12:58PM Siddhi Until 8:28AM Gara Until 9:40PM Trayodashi Until 10:54AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Green Vaisaka-Chaitra	Sun 26 Sutra 27 Subhakrit 5124 Moon 4 - Phase 4 - 26 4th Phase Sivaloka Day
	Routine Work	Marana Yoga					
	Until 12:58PM	Then Creative Work - Siddha Yoga					

	Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Warsaw, Poland
	Copper Retreat Star		262445479	Gulika 3:28PM – 5:26PM Yama 11:33AM – 1:30PM Rahu 5:26PM – 7:23PM	Svati Until 10:56AM Variyan Until 1:46AM Mon Visti Until 6:49PM Chaturdashi* Until 8:16AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Green Vaisaka-Vaikasi	Sun 27 Sutra 28 Subhakrit 5124 Moon 4 - Phase 4 - 27 Purnima Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 10:56AM	Then Routine Work - Marana Yoga					

6	Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Warsaw, Poland
	Silver Retreat Star		272445479	Gulika 1:31PM – 3:29PM Yama 9:35AM – 11:33AM Rahu 5:39AM – 7:37AM	Vishakha Until 8:47AM Parigha* Until 10:00PM Balava Until 3:37PM Prathama* Until 1:56AM Tue	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Orange Vaisaka-Vaikasi	Sun 29 Sutra 29 Subhakrit 5124 Moon 4 - Phase 4 - Prathama Devaloka Day
	Vrischika Rasi: 2	Tithi 16					
	Family Home Evening	Marana Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Warsaw, Poland
Sutra 30

Vrischika Rasi: 16.29 Tithi 17

272445479

Gulika 11:33AM – 1:31PM
Yama 7:36AM – 9:34AM
Rahu 3:30PM – 5:28PM

Anuradha Until 6:15AM
Shiva Until 6:07PM
Taitila Until 12:14PM
Dvitiya Until 10:31PM

Ganesha: Yellow *Sunrise:* 3:39AM
Muruqa: White *Sunset:* 7:26PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 6:15AM

Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Warsaw, Poland
Sun 1 Sutra 31

Dhanus Rasi: 1.27 Tithi 18

282445479

Gulika 9:34AM – 11:33AM
Yama 5:36AM – 7:35AM
Rahu 11:33AM – 1:32PM

Mula* Until 1:07AM Thu
Siddha Until 2:13PM
Vanija Until 8:49AM
Tritiya Until 7:08PM

Ganesha: Blue *Sunrise:* 3:38AM
Muruqa: White *Sunset:* 7:28PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Until 1:07AM Thu

Then Creative Work - Siddha Yoga

Sivaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland
Sun 2 Sutra 32

Dhanus Rasi: 16.2 Tithi 19 – 20

282445479

Gulika 7:34AM – 9:34AM
Yama 3:36AM – 5:35AM
Rahu 1:32PM – 3:31PM

Purvashadha* Until 10:47PM
Sadhya Until 10:27AM
Kaulava Until 2:26AM Fri
Chaturthi* Until 3:55PM

Ganesha: Blue *Sunrise:* 3:36AM
Muruqa: White *Sunset:* 7:29PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 10:47PM

Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland
Sun 3 Sutra 33

Makara Rasi: 1.03 Tithi 20 – 21

282445479

Gulika 5:34AM – 7:34AM
Yama 3:32PM – 5:31PM
Rahu 9:33AM – 11:33AM

Uttarashadha Until 8:40PM
Subha Until 6:55AM
Gara Until 11:43PM
Panchami Until 1:01PM

Ganesha: Blue *Sunrise:* 3:35AM
Muruqa: White *Sunset:* 7:31PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Warsaw, Poland
Sun 4 Sutra 34

Makara Rasi: 15.29 Tithi 21 – 22

292445479

Gulika 3:33AM – 5:33AM
Yama 1:33PM – 3:33PM
Rahu 7:33AM – 9:33AM

Shravana Until 7:17PM
Brahma Until 12:51AM Sun
Visti Until 9:28PM
Shashthi* Until 10:31AM

Ganesha: Red *Sunrise:* 3:33AM
Muruqa: White *Sunset:* 7:32PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, May 22, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland
Sun 5 Sutra 35

Makara Rasi: 29.34 Tithi 22 – 23

292445479

Gulika 3:33PM – 5:34PM
Yama 11:33AM – 1:33PM
Rahu 5:34PM – 7:34PM

Dhanishtha Until 6:17PM
Indra Until 10:29PM
Balava Until 7:45PM
Saptami Until 8:31AM

Ganesha: Red *Sunrise:* 3:32AM
Muruqa: White *Sunset:* 7:34PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Ashtami

Routine Work Marana Yoga

Until 6:17PM

Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Warsaw, Poland
Sun 6 Sutra 36

Kumbha Rasi: 13.19 Tithi 23 – 24

293445479

Gulika 1:34PM – 3:34PM
Yama 9:32AM – 11:33AM
Rahu 5:31AM – 7:32AM

Shatabhishak Until 5:43PM
Vaidhriti* Until 8:34PM
Taitila Until 6:38PM
Ashtami* Until 7:06AM

Ganesha: Green *Sunrise:* 3:31AM
Muruqa: White *Sunset:* 7:35PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Navami

Creative Work Siddha Yoga

Until 5:43PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1	Tuesday, May 24, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Warsaw, Poland
	Kumbha Rasi: 26.43	Tithi 24 – 25	213545479	Gulika 11:33AM – 1:34PM Yama 7:31AM – 9:32AM Rahu 3:35PM – 5:36PM	Purvaproshtapada* Until 6:03PM Vishkambha* Until 7:09PM Vanija Until 6:06PM Navami* Until 6:16AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sun 7 Sutra 37 Subhakrit 5124 Moon 5 - Phase 6 - 7 2nd Phase Devaloka Day
	Routine Work	Marana Yoga					

2	Wednesday, May 25, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Warsaw, Poland
	Meena Rasi: 9.48	Tithi 25 – 26	213545479	Gulika 9:32AM – 11:33AM Yama 5:30AM – 7:31AM Rahu 11:33AM – 1:34PM	Uttaraproshtapada Until 6:48PM Priti Until 6:13PM Bava Until 6:10PM Dashami Until 6:02AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sun 8 Sutra 38 Subhakrit 5124 Moon 5 - Phase 6 - 8 2nd Phase Devaloka Day
	Creative Work	Siddha Yoga					

3	Thursday, May 26, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland
	Meena Rasi: 22.35	Tithi 26 – 27	313545479	Gulika 7:30AM – 9:32AM Yama 3:27AM – 5:29AM Rahu 1:35PM – 3:36PM	Revati Until 7:57PM Ayushman Until 5:42PM Kaulava Until 6:47PM Ekadashi* Until 6:23AM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sun 9 Sutra 39 Subhakrit 5124 Moon 5 - Phase 6 - 9 2nd Phase Sivaloka Day
	Creative Work	Siddha Yoga					

4	Friday, May 27, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland
	Mesha Rasi: 5.08	Tithi 27 – 28	323545479	Gulika 5:28AM – 7:30AM Yama 3:37PM – 5:39PM Rahu 9:32AM – 11:33AM	Ashvini Until 9:54PM Saubhagya Until 5:35PM Gara Until 7:55PM Dvadashi* Until 7:17AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sun 10 Sutra 40 Subhakrit 5124 Moon 5 - Phase 6 - 10 2nd Phase Devaloka Day
	Creative Work	Amrita Yoga					

5	Saturday, May 28, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland
	Mesha Rasi: 17.28	Tithi 28 – 29	323545479	Gulika 3:25AM – 5:27AM Yama 1:36PM – 3:38PM Rahu 7:29AM – 9:31AM	Bharani Until 12:08AM Sun Sobhana Until 5:51PM Visti Until 9:30PM Trayodashi* Until 8:39AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sun 11 Sutra 41 Subhakrit 5124 Moon 5 - Phase 6 - 11 2nd Phase Devaloka Day
	Creative Work	Siddha Yoga					

	Sunday, May 29, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Warsaw, Poland
	Retreat Star		323545479	Gulika 3:38PM – 5:41PM Yama 11:34AM – 1:36PM Rahu 5:41PM – 7:43PM	Krittika Until 2:32AM Mon Athiganda* Until 6:22PM Catuspada Until 11:28PM Chaturdashi* Until 10:25AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sun 12 Sutra 42 Subhakrit 5124 Moon 5 - Phase 6 - 12 Amavasya Devaloka Day
	Creative Work	Siddha Yoga					

6	Monday, May 30, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Warsaw, Poland
	Retreat Star		333545479	Gulika 1:36PM – 3:39PM Yama 9:31AM – 11:34AM Rahu 5:26AM – 7:28AM	Rohini Until 5:33AM Tue Sukarma Until 7:09PM Kintughna Until 1:42AM Tue Amavasya* Until 12:32PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Sun 13 Sutra 43 Subhakrit 5124 Moon 5 - Phase 6 - 13 Prathama Devaloka Day
	Vrishabha Rasi: 11.38	Tithi 30 – 1					

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Tuesday, May 31, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Warsaw, Poland	
	Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Sutra 44		Subhakit 5124	
	Gulika	11:34AM – 1:37PM	Mrigashira Until 8:33AM Wed	Ganesha: Orange	Sunrise: 3:22AM			
	Yama	7:28AM – 9:31AM	Dhriti Until 8:06PM	Muruqa: White	Sunset: 7:45PM	Moon 5 - Phase 7 - 14		
333545479	Rahu	3:40PM – 5:43PM	Balava Until 4:07AM Wed	Nataraja: Clear	3rd Phase			
Creative Work Siddha Yoga		Prathama* Until 2:52PM		Moon – Yellow		Devaloka Day		
				Jyeshtha-Vaikasi				

2	Wednesday, June 1, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Warsaw, Poland	
	Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 15		Sutra 45		Subhakit 5124	
	Gulika	9:31AM – 11:34AM	Mrigashira Until 8:33AM	Ganesha: Orange	Sunrise: 3:21AM			
	Yama	5:25AM – 7:28AM	Shula* Until 9:05PM	Muruqa: White	Sunset: 7:47PM	Moon 5 - Phase 7 - 15		
333545479	Rahu	11:34AM – 1:37PM	Taitila Until 6:36AM Thu	Nataraja: Clear	3rd Phase			
Creative Work Siddha Yoga		Dvitiya Until 5:20PM		Moon – Yellow		Devaloka Day		
				Jyeshtha-Vaikasi				

3	Thursday, June 2, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Warsaw, Poland	
	Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 16		Sutra 46		Subhakit 5124	
	Gulika	7:27AM – 9:31AM	Ardra Until 11:25AM	Ganesha: Orange	Sunrise: 3:21AM			
	Yama	3:21AM – 5:24AM	Ganda* Until 10:06PM	Muruqa: Green	Sunset: 7:48PM	Moon 5 - Phase 7 - 16		
333555479	Rahu	1:38PM – 3:41PM	Taitila Until 6:36AM	Nataraja: Clear	3rd Phase			
Routine Work Marana Yoga		Tritiya Until 7:49PM		Moon – Yellow		Devaloka Day		
Until 11:25AM				Jyeshtha-Vaikasi				
Then Creative Work - Amrita Yoga								

4	Friday, June 3, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Warsaw, Poland	
	Punarvasu/Pushya Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 17		Sutra 47		Subhakit 5124	
	Gulika	5:23AM – 7:27AM	Punarvasu Until 2:35PM	Ganesha: Clear	Sunrise: 3:20AM			
	Yama	3:42PM – 5:45PM	Vriddhi Until 11:03PM	Muruqa: Green	Sunset: 7:49PM	Moon 5 - Phase 7 - 17		
343555479	Rahu	9:31AM – 11:34AM	Vanija Until 9:03AM	Nataraja: Clear	3rd Phase			
Creative Work Siddha Yoga		Chaturthi* Until 10:12PM		Moon – Blue		Devaloka Day		
Until 2:35PM				Jyeshtha-Vaikasi				
Then Routine Work - Marana Yoga								

5	Saturday, June 4, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Warsaw, Poland	
	Pushya/Ashlesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau		Sun 18		Sutra 48		Subhakit 5124	
	Gulika	3:19AM – 5:23AM	Pushya Until 5:23PM	Ganesha: Clear	Sunrise: 3:19AM			
	Yama	1:38PM – 3:42PM	Dhruva Until 11:47PM	Muruqa: Green	Sunset: 7:50PM	Moon 5 - Phase 7 - 18		
343555479	Rahu	7:27AM – 9:31AM	Bava Until 11:20AM	Nataraja: Clear	3rd Phase			
Creative Work Siddha Yoga		Panchami Until 12:21AM Sun		Moon – Blue		Devaloka Day		
Until 5:23PM				Jyeshtha-Vaikasi				
Then Routine Work - Marana Yoga								

6	Sunday, June 5, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Warsaw, Poland	
	Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 19		Sutra 49		Subhakit 5124	
	Gulika	3:43PM – 5:47PM	Ashlesha* Until 7:42PM	Ganesha: Clear	Sunrise: 3:18AM			
	Yama	11:35AM – 1:39PM	Vyaghata* Until 12:15AM Mon	Muruqa: Green	Sunset: 7:51PM	Moon 5 - Phase 7 - 19		
343555471	Rahu	5:47PM – 7:51PM	Kaulava Until 1:19PM	Nataraja: Yellow	3rd Phase			
Creative Work Siddha Yoga		Shashthi* Until 2:08AM Mon		Moon – Blue		Devaloka Day		
Until 7:42PM				Jyeshtha-Vaikasi				
Then Routine Work - Marana Yoga								

Retreat Star	Monday, June 6, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Warsaw, Poland	
	Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 50		Subhakit 5124	
	Gulika	1:39PM – 3:43PM	Magha* Until 9:53PM	Ganesha: Purple	Sunrise: 3:18AM			
	Yama	9:31AM – 11:35AM	Harshana Until 12:21AM Tue	Muruqa: Green	Sunset: 7:52PM	Moon 5 - Phase 7 - 20		
353555471	Rahu	5:22AM – 7:26AM	Gara Until 2:51PM	Nataraja: Yellow	3rd Phase			
Routine Work Marana Yoga		Saptami Until 3:23AM Tue		Moon – Red		Sivaloka Day		
Until 9:53PM				Jyeshtha-Vaikasi				
Then Creative Work - Siddha Yoga								

Retreat Star	Tuesday, June 7, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Warsaw, Poland	
	Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 51		Subhakit 5124	
	Gulika	11:35AM – 1:39PM	Purvaphalguni Until 11:18PM	Ganesha: Clear	Sunrise: 3:17AM			
	Yama	7:26AM – 9:31AM	Vajra* Until 11:55PM	Muruqa: Green	Sunset: 7:53PM	Moon 5 - Phase 7 - 21		
354555471	Rahu	3:44PM – 5:48PM	Visti Until 3:48PM	Nataraja: Yellow	Ashtami			
Creative Work Siddha Yoga		Ashtami* Until 4:00AM Wed		Moon – Red		Devaloka Day		
Until 11:18PM				Jyeshtha-Vaikasi				
Then Creative Work - Amrita Yoga								

Retreat Star	Wednesday, June 8, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Warsaw, Poland	
	Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 52		Subhakit 5124	
	Gulika	9:31AM – 11:35AM	Uttaraphalguni Until 11:51PM	Ganesha: Clear	Sunrise: 3:17AM			
	Yama	5:21AM – 7:26AM	Siddhi Until 10:55PM	Muruqa: Green	Sunset: 7:54PM	Moon 5 - Phase 7 - 22		
354555471	Rahu	11:35AM – 1:40PM	Balava Until 4:03PM	Nataraja: Yellow	Navami			
Creative Work Amrita Yoga		Navami* Until 3:51AM Thu		Moon – Red		Devaloka Day		
Until 11:51PM				Jyeshtha-Vaikasi				
Then Routine Work - Marana Yoga								

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1	Thursday, June 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Warsaw, Poland Sun 23 Sutra 53
	Kanya Rasi: 13.17	Tithi 10	Gulika 7:26AM – 9:31AM	Hasta Until 11:55PM	Ganesha: White	<i>Sunrise:</i> 3:16AM	Subhakrit 5124
			Yama 3:16AM – 5:21AM	Vyatipata* Until 9:19PM	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 5 - Phase 8 - 23
			364555471 Rahu 1:40PM – 3:45PM	Taitila Until 3:31PM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga				Bhuloka Day			
Until 11:55PM				Moon – Green		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi			

2	Friday, June 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Warsaw, Poland Sun 24 Sutra 54
	Kanya Rasi: 26.47	Tithi 11	Gulika 5:21AM – 7:26AM	Chitra Until 11:05PM	Ganesha: White	<i>Sunrise:</i> 3:16AM	Subhakrit 5124
			Yama 3:45PM – 5:50PM	Variyan Until 7:03PM	Muruqa: Green	<i>Sunset:</i> 7:55PM	Moon 5 - Phase 8 - 24
			364555471 Rahu 9:31AM – 11:35AM	Vanija Until 2:12PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga				Bhuloka Day			
				Moon – Green		Devaloka Time: 6:PM to 9:PM	
				Jyeshtha-Vaikasi			

3	Saturday, June 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashtyam Titau				Warsaw, Poland Sun 25 Sutra 55
	Tula Rasi: 10.43	Tithi 12	Gulika 3:15AM – 5:21AM	Svati Until 9:24PM	Ganesha: White	<i>Sunrise:</i> 3:15AM	Subhakrit 5124
			Yama 1:41PM – 3:46PM	Parigha* Until 4:13PM	Muruqa: Green	<i>Sunset:</i> 7:56PM	Moon 5 - Phase 8 - 25
			364555471 Rahu 7:26AM – 9:31AM	Bava Until 12:08PM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga				Bhuloka Day			
				Moon – Green		Devaloka Time: 6:PM to 9:PM	
				Jyeshtha-Vaikasi			

4	Sunday, June 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Warsaw, Poland Sun 26 Sutra 56
	Tula Rasi: 25.07	Tithi 13	Gulika 3:46PM – 5:51PM	Vishakha Until 7:24PM	Ganesha: Yellow	<i>Sunrise:</i> 3:15AM	Subhakrit 5124
			Yama 11:36AM – 1:41PM	Shiva Until 12:53PM	Muruqa: Green	<i>Sunset:</i> 7:57PM	Moon 5 - Phase 8 - 26
			374555471 Rahu 5:51PM – 7:57PM	Kaulava Until 9:27AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga				Devaloka Day			
				Moon – Orange			
		Vaikasi Visakam		Jyeshtha-Vaikasi			
				Trayodashi Until 7:53PM			
				<i>Pradosha Vrata</i>			

5	Monday, June 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Warsaw, Poland Sun 27 Sutra 57
	Vrischika Rasi: 9.53	Tithi 14 – 15	Gulika 1:41PM – 3:47PM	Anuradha Until 4:50PM	Ganesha: Yellow	<i>Sunrise:</i> 3:15AM	Subhakrit 5124
	Family Home Evening		Yama 9:31AM – 11:36AM	Siddha Until 9:08AM	Muruqa: Green	<i>Sunset:</i> 7:57PM	Moon 5 - Phase 8 - 27
			374555471 Rahu 5:20AM – 7:25AM	Gara Until 6:15AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga				Devaloka Day			
				Moon – Orange			
				Jyeshtha-Vaikasi			
				Chaturdashi* Until 4:30PM			

○	Tuesday, June 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Warsaw, Poland Sun 27 Sutra 57
	Copper Retreat Star		Gulika 11:36AM – 1:42PM	Jyeshtha* Until 1:52PM	Ganesha: Yellow	<i>Sunrise:</i> 3:15AM	Subhakrit 5124
	Vrischika Rasi: 24.56	Tithi 15 – 16	Yama 7:25AM – 9:31AM	Subha Until 12:57AM Wed	Muruqa: Green	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 8 - Purnima
			374555471 Rahu 3:47PM – 5:52PM	Balava Until 10:57PM	Nataraja: Yellow		
Routine Work Marana Yoga				Devaloka Day			
Until 1:52PM				Moon – Orange			
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			
				Purnima* Until 12:49PM			

○	Wednesday, June 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Warsaw, Poland Sun 28 Sutra 58
	Silver Retreat Star		Gulika 9:31AM – 11:36AM	Mula* Until 11:02AM	Ganesha: Blue	<i>Sunrise:</i> 3:15AM	Subhakrit 5124
	Dhanus Rasi: 10.08	Tithi 16 – 17	Yama 5:20AM – 7:25AM	Sukla Until 8:44PM	Muruqa: Green	<i>Sunset:</i> 7:58PM	Moon 5 - Phase 8 - Prathama
			384555471 Rahu 11:36AM – 1:42PM	Taitila Until 7:09PM	Nataraja: Yellow		
Routine Work Marana Yoga				Bhuloka Day			
Until 11:02AM				Moon – Light Blue		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani			
				Prathama* Until 9:02AM			



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 25.19 Tithi 18

384555471

Gulika

7:26AM - 9:31AM

Yama

3:14AM - 5:20AM

Rahu

1:42PM - 3:48PM

Purvashadha* Until 8:08AM

Brahma Until 4:40PM

Vanija Until 3:30PM

Tritiya Until 1:45AM Fri

Ganesha: Blue

Sunrise: 3:14AM

Muruqa: Green

Sunset: 7:59PM

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 8:08AM

Then Routine Work - Marana Yoga

Friday, June 17, 2022

1

Makara Rasi: 10.19 Tithi 19

394555471

Gulika

5:20AM - 7:26AM

Yama

3:48PM - 5:54PM

Rahu

9:31AM - 11:37AM

Shravana Until 3:13AM Sat

Indra Until 12:51PM

Bava Until 12:07PM

Chaturthi* Until 10:34PM

Ganesha: Red

Sunrise: 3:14AM

Muruqa: Green

Sunset: 7:59PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 3:13AM Sat

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

2

Makara Rasi: 25.01 Tithi 20

394655471

Gulika

3:14AM - 5:20AM

Yama

1:43PM - 3:48PM

Rahu

7:26AM - 9:31AM

Dhanishtha Until 1:29AM Sun

Vaidhriti* Until 9:23AM

Kaulava Until 9:11AM

Panchami Until 7:54PM

Ganesha: Blue

Sunrise: 3:14AM

Muruqa: Green

Sunset: 8:00PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 12:16AM Mon

Then Routine Work - Marana Yoga

Sunday, June 19, 2022

3

Kumbha Rasi: 9.19 Tithi 21 - 22

395655471

Gulika

3:49PM - 5:54PM

Yama

11:37AM - 1:43PM

Rahu

5:54PM - 8:00PM

Shatabhishak Until 12:16AM Mon

Vishkambha* Until 6:24AM

Gara Until 6:49AM

Shashthi* Until 5:52PM

Ganesha: Red

Sunrise: 3:14AM

Muruqa: Green

Sunset: 8:00PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 12:16AM Mon

Then Routine Work - Marana Yoga

Monday, June 20, 2022

4

Kumbha Rasi: 23.1 Tithi 22 - 23

Family Home Evening

315655471

Gulika

1:43PM - 3:49PM

Yama

9:32AM - 11:37AM

Rahu

5:20AM - 7:26AM

Purvaproshtapada* Until 12:05AM Tue

Ayushman Until 2:10AM Tue

Balava Until 4:12AM Tue

Saptami Until 4:33PM

Ganesha: Clear

Sunrise: 3:15AM

Muruqa: Green

Sunset: 8:00PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 12:05AM Tue

Then Creative Work - Amrita Yoga

Tuesday, June 21, 2022

●

Retreat Star

Meena Rasi: 6.35 Tithi 23 - 24

315655471

Gulika

11:38AM - 1:43PM

Yama

7:26AM - 9:32AM

Rahu

3:49PM - 5:55PM

Uttaraproshtapada Until 12:32AM Wed

Saubhagya Until 12:59AM Wed

Taitila Until 4:03AM Wed

Ashtami* Until 4:01PM

Ganesha: Clear

Sunrise: 3:15AM

Muruqa: Green

Sunset: 8:01PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 12:32AM Wed

Then Routine Work - Marana Yoga

Wednesday, June 22, 2022

●

Retreat Star

Meena Rasi: 19.35 Tithi 24 - 25

315655471

Gulika

9:32AM - 11:38AM

Yama

5:21AM - 7:26AM

Rahu

11:38AM - 1:44PM

Revati Until 1:32AM Thu

Sobhana Until 12:24AM Thu

Vanija Until 4:38AM Thu

Navami* Until 4:14PM

Ganesha: Clear

Sunrise: 3:15AM

Muruqa: Green

Sunset: 8:01PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 1:32AM Thu

Then Creative Work - Amrita Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

11 times are standard time. Calculated for Warsaw, Poland on 5/1/2

www.gurudeva.org/panchang

1		Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 8 Sutra 67	
Mesha Rasi: 2.14	Tithi 25 – 26	325655471	Gulika 7:27AM – 9:32AM Yama 3:15AM – 5:21AM Rahu 1:44PM – 3:50PM	Ashvini Until 3:31AM Fri Athiganda* Until 12:19AM Fri Bava Until 5:53AM Fri Dashami Until 5:10PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:15AM Sunset: 8:01PM	Subhakrit 5124 Moon 6 - Phase 10 - 8 2nd Phase
Creative Work Amrita Yoga		Until 3:31AM Fri		Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
2		Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava Karana Ekadashyam Titau		Warsaw, Poland Sun 9 Sutra 68	
Mesha Rasi: 14.35	Tithi 26	325655471	Gulika 5:21AM – 7:27AM Yama 3:50PM – 5:55PM Rahu 9:33AM – 11:38AM	Bharani Until 5:52AM Sat Sukarma Until 12:41AM Sat Balava Until 6:41PM Ekadashi* Until 6:41PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:16AM Sunset: 8:01PM	Subhakrit 5124 Moon 6 - Phase 10 - 9 2nd Phase
Creative Work Siddha Yoga		Until 5:52AM Sat		Then Creative Work - Amrita Yoga		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
3		Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Warsaw, Poland Sun 10 Sutra 69	
Mesha Rasi: 26.43	Tithi 27	325655471	Gulika 3:16AM – 5:22AM Yama 1:44PM – 3:50PM Rahu 7:27AM – 9:33AM	Krittika Until 8:25AM Sun Dhriti Until 1:23AM Sun Kaulava Until 7:39AM Dvadashi* Until 8:40PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:16AM Sunset: 8:01PM	Subhakrit 5124 Moon 6 - Phase 10 - 10 2nd Phase
Creative Work Amrita Yoga		Until 8:25AM Sun		Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
4		Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Warsaw, Poland Sun 11 Sutra 70	
Vrishabha Rasi: 8.42	Tithi 28	325655471	Gulika 3:50PM – 5:55PM Yama 11:39AM – 1:44PM Rahu 5:55PM – 8:01PM	Krittika Until 8:25AM Shula* Until 2:17AM Mon Gara Until 9:48AM Trayodashi* Until 10:57PM	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White Jyeshtha-Ani	Sunrise: 3:16AM Sunset: 8:01PM	Subhakrit 5124 Moon 6 - Phase 10 - 11 2nd Phase
Creative Work Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
5		Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Warsaw, Poland Sun 12 Sutra 71	
Vrishabha Rasi: 20.35	Tithi 29	335655471	Gulika 1:44PM – 3:50PM Yama 9:33AM – 11:39AM Rahu 5:22AM – 7:28AM	Rohini Until 11:33AM Ganda* Until 3:18AM Tue Visti Until 12:11PM Chaturdashi* Until 1:25AM Tue	Ganesha: Light Blue Muruqa: Green Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 3:17AM Sunset: 8:01PM	Subhakrit 5124 Moon 6 - Phase 10 - 12 2nd Phase
Family Home Evening		Creative Work Amrita Yoga		Until 2:37PM		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Retreat Star		Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Warsaw, Poland Sun 13 Sutra 72	
Mithuna Rasi: 2.25	Tithi 30	336655471	Gulika 11:39AM – 1:45PM Yama 7:28AM – 9:34AM Rahu 3:50PM – 5:55PM	Mrigashira Until 2:37PM Vriddhi Until 4:22AM Wed Catuspada Until 2:41PM Amavasya* Until 3:55AM Wed	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow Jyeshtha-Ani	Sunrise: 3:17AM Sunset: 8:01PM	Subhakrit 5124 Moon 6 - Phase 10 - 13 Amavasya
Creative Work Siddha Yoga		Until 2:37PM		Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 6:PM to 9:PM	
Retreat Star		Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Warsaw, Poland Sun 14 Sutra 73	
Mithuna Rasi: 14.14	Tithi 1	336655471	Gulika 9:34AM – 11:39AM Yama 5:23AM – 7:29AM Rahu 11:39AM – 1:45PM	Ardra Until 5:30PM Dhruva Until 5:22AM Thu Kintughna Until 5:10PM Prathama* Until 6:22AM Thu	Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow Ashada-Ani	Sunrise: 3:18AM Sunset: 8:01PM	Subhakrit 5124 Moon 6 - Phase 10 - 14 Prathama
Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

all times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1		Thursday, June 30, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Warsaw, Poland Sun 15 Sutra 74	
Mithuna Rasi: 26.05	Tithi 1 – 2	Gulika 7:29AM – 9:34AM	Punarvasu Until 8:38PM	Ganesha: Light Blue	Sunrise: 3:18AM	Muruqa: Green	Sunset: 8:00PM	Moon 6 - Phase 11 - 15	Subhakarit 5124
346655471	Rahu 1:45PM – 3:50PM	Yama 3:18AM – 5:24AM	Vyaghata* Until 6:16AM Fri	Nataraja: Yellow				3rd Phase	
Creative Work	Amrita Yoga		Prathama* Until 6:22AM	Moon – Blue				Bhuloka Day	Devaloka Time: 6:PM to 9:PM
				Ashada*Ani					
2		Friday, July 1, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Warsaw, Poland Sun 16 Sutra 75	
Kataka Rasi: 7.58	Tithi 2 – 3	Gulika 5:24AM – 7:29AM	Pushya Until 11:26PM	Ganesha: Light Blue	Sunrise: 3:19AM	Muruqa: Green	Sunset: 8:00PM	Moon 6 - Phase 11 - 16	Subhakarit 5124
346655471	Rahu 9:35AM – 11:40AM	Yama 3:50PM – 5:55PM	Vyaghata* Until 6:16AM	Nataraja: Yellow				3rd Phase	
Routine Work	Marana Yoga		Taitila Until 9:47PM	Moon – Blue				Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Dvitiya Until 8:41AM	Ashada*Ani					
3		Saturday, July 2, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Warsaw, Poland Sun 17 Sutra 76	
Kataka Rasi: 19.56	Tithi 3 – 4	Gulika 3:20AM – 5:25AM	Ashlesha* Until 1:49AM Sun	Ganesha: Light Blue	Sunrise: 3:20AM	Muruqa: Green	Sunset: 8:00PM	Moon 6 - Phase 11 - 17	Subhakarit 5124
346655471	Rahu 7:30AM – 9:35AM	Yama 1:45PM – 3:50PM	Harshana Until 7:02AM	Nataraja: Yellow				3rd Phase	
Routine Work	Marana Yoga		Vanija Until 11:45PM	Moon – Blue				Bhuloka Day	Devaloka Time: 6:PM to 9:PM
			Tritiya Until 10:47AM	Ashada*Ani					
4		Sunday, July 3, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Warsaw, Poland Sun 18 Sutra 77	
Simha Rasi: 2.01	Tithi 4 – 5	Gulika 3:50PM – 5:55PM	Magha* Until 4:12AM Mon	Ganesha: Orange	Sunrise: 3:21AM	Muruqa: Green	Sunset: 7:59PM	Moon 6 - Phase 11 - 18	Subhakarit 5124
356655471	Rahu 5:55PM – 7:59PM	Yama 11:40AM – 1:45PM	Vajra* Until 7:34AM	Nataraja: Yellow				3rd Phase	
Routine Work	Marana Yoga		Bava Until 1:23AM Mon	Moon – Red				Devaloka Day	
Until 4:12AM Mon			Chaturthi* Until 12:36PM	Ashada*Ani					
Then Creative Work - Siddha Yoga									
5		Monday, July 4, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyapata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Warsaw, Poland Sun 19 Sutra 78	
Simha Rasi: 14.15	Tithi 5 – 6	Gulika 1:45PM – 3:50PM	Purvaphalguni Until 5:59AM Tue	Ganesha: Orange	Sunrise: 3:21AM	Muruqa: Green	Sunset: 7:59PM	Moon 6 - Phase 11 - 19	Subhakarit 5124
356655471	Rahu 5:26AM – 7:31AM	Yama 9:35AM – 11:40AM	Siddhi Until 7:50AM	Nataraja: Yellow				3rd Phase	
Family Home Evening			Kaulava Until 2:35AM Tue	Moon – Red				Devaloka Day	
Creative Work	Siddha Yoga		Panchami Until 2:02PM	Ashada*Ani					
Until 5:59AM Tue									
Then Creative Work - Amrita Yoga									
6		Tuesday, July 5, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland Sun 20 Sutra 79	
Simha Rasi: 26.4	Tithi 6 – 7	Gulika 11:40AM – 1:45PM	Uttaraphalguni Until 7:04AM Wed	Ganesha: Orange	Sunrise: 3:22AM	Muruqa: Green	Sunset: 7:58PM	Moon 6 - Phase 11 - 20	Subhakarit 5124
356655471	Rahu 3:49PM – 5:54PM	Yama 7:31AM – 9:36AM	Vyatipata* Until 7:45AM	Nataraja: Yellow				3rd Phase	
Creative Work	Amrita Yoga		Gara Until 3:15AM Wed	Moon – Red				Devaloka Day	
Until 7:04AM Wed			Shashthi* Until 2:58PM	Ashada*Ani					
Then Routine Work - Marana Yoga									
Retreat Star		Wednesday, July 6, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau				Warsaw, Poland Sun 21 Sutra 80	
Kanya Rasi: 9.2	Tithi 7 – 8	Gulika 9:36AM – 11:40AM	Uttaraphalguni Until 7:04AM	Ganesha: Clear	Sunrise: 3:23AM	Muruqa: Green	Sunset: 7:58PM	Moon 6 - Phase 11 - 21	Subhakarit 5124
357655471	Rahu 11:40AM – 1:45PM	Yama 5:27AM – 7:32AM	Variyan Until 7:12AM	Nataraja: Yellow				3rd Phase	
Creative Work	Amrita Yoga		Visti Until 3:16AM Thu	Moon – Red				Devaloka Day	
Until 7:04AM			Saptami Until 3:19PM	Ashada*Ani					
Then Routine Work - Marana Yoga		Chidambaram Abhishekam							
Retreat Star		Thursday, July 7, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Warsaw, Poland Sun 22 Sutra 81	
Kanya Rasi: 22.19	Tithi 8 – 9	Gulika 7:32AM – 9:36AM	Hasta Until 7:50AM	Ganesha: Clear	Sunrise: 3:24AM	Muruqa: Green	Sunset: 7:57PM	Moon 6 - Phase 11 - 22	Subhakarit 5124
467655471	Rahu 1:45PM – 3:49PM	Yama 3:24AM – 5:28AM	Parigha* Until 6:08AM	Nataraja: Yellow				Ashtami	
Routine Work	Marana Yoga		Balava Until 2:33AM Fri	Moon – Green				Devaloka Day	
Until 7:50AM			Ashtami* Until 2:59PM	Ashada*Ani					
Then Creative Work - Siddha Yoga									
Retreat Star		Friday, July 8, 2022		Subhakarit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Warsaw, Poland Sun 23 Sutra 82	
Tula Rasi: 5.41	Tithi 9 – 10	Gulika 5:29AM – 7:33AM	Chitra Until 7:43AM	Ganesha: Clear	Sunrise: 3:25AM	Muruqa: Green	Sunset: 7:57PM	Moon 6 - Phase 11 - 23	Subhakarit 5124
467655471	Rahu 9:37AM – 11:41AM	Yama 3:49PM – 5:53PM	Siddha Until 2:16AM Sat	Nataraja: Yellow				Navami	
Creative Work	Siddha Yoga		Taitila Until 1:07AM Sat	Moon – Green				Devaloka Day	
			Navami* Until 1:55PM	Ashada*Ani					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Warsaw, Poland Sun 24 Sutra 83
	Tula Rasi: 19.29	Tithi 10 – 11	Gulika 3:26AM – 5:30AM	Svati Until 6:43AM	Ganesha: Clear	<i>Sunrise:</i> 3:26AM	Subhakrit 5124
			Yama 1:45PM – 3:48PM	Sadhya Until 11:27PM	Muruqa: Green	<i>Sunset:</i> 7:56PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	467655471 Rahu 7:33AM – 9:37AM	Vanija Until 10:58PM	Nataraja: Yellow		4th Phase
			Dashami Until 12:07PM	Ashada*Ani	Devaloka Day		

2	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland Sun 25 Sutra 84
	Vrischika Rasi: 3.43	Tithi 11 – 12	Gulika 3:48PM – 5:52PM	Anuradha Until 3:13AM Mon	Ganesha: White	<i>Sunrise:</i> 3:27AM	Subhakrit 5124
			Yama 11:41AM – 1:45PM	Subha Until 8:09PM	Muruqa: Green	<i>Sunset:</i> 7:55PM	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 Rahu 5:52PM – 7:55PM	Bava Until 8:13PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 9:39AM	Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

3	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland Sun 26 Sutra 85
	Vrischika Rasi: 18.22	Tithi 12 – 13	Gulika 1:44PM – 3:48PM	Jyeshtha* Until 12:31AM Tue	Ganesha: White	<i>Sunrise:</i> 3:28AM	Subhakrit 5124
	Family Home Evening		Yama 9:38AM – 11:41AM	Sukla Until 4:24PM	Muruqa: Green	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 Rahu 5:31AM – 7:35AM	Taitila Until 3:10AM Tue	Nataraja: Yellow		4th Phase
			Dvadashi Until 6:37AM	Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
<i>Pradosha Vrata</i>							

4	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Warsaw, Poland Sun 27 Sutra 86
	Dhanus Rasi: 3.21	Tithi 14	Gulika 11:41AM – 1:44PM	Mula* Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 3:29AM	Subhakrit 5124
			Yama 7:35AM – 9:38AM	Brahma Until 12:22PM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 Rahu 3:47PM – 5:50PM	Gara Until 1:20PM	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 11:26PM	Ashada*Ani	Sivaloka Day		

○	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti/Bava Karana Purnimayam Titau				Warsaw, Poland Sun 28 Sutra 87
	Copper Retreat Star		Gulika 9:39AM – 11:41AM	Purvashadha* Until 6:46PM	Ganesha: Yellow	<i>Sunrise:</i> 3:30AM	Subhakrit 5124
	Dhanus Rasi: 18.33	Tithi 15	Yama 5:33AM – 7:36AM	Indra Until 8:11AM	Muruqa: Green	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488755471 Rahu 11:41AM – 1:44PM	Visti Until 9:32AM	Nataraja: Yellow		
			Satguru Purnima	Purnima* Until 7:35PM	Ashada*Ani	Devaloka Day	

○	Thursday, July 14, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksho Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Warsaw, Poland Sun 29 Sutra 88
	Silver Retreat Star		Gulika 7:36AM – 9:39AM	Uttarashadha Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 3:31AM	Subhakrit 5124
	Makara Rasi: 3.47	Tithi 16 – 17	Yama 3:31AM – 5:34AM	Vishkambha* Until 11:47PM	Muruqa: Green	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 12 - Prathama
	Routine Work	Marana Yoga	488755471 Rahu 1:44PM – 3:47PM	Taitila Until 1:59AM Fri	Nataraja: Yellow		
			Prathama* Until 3:47PM	Ashada*Ani	Devaloka Day		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda



Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Warsaw, Poland
Sun 1 Sutra 89

Makara Rasi: 18.55 Tithi 17 - 18

Gulika 5:35AM - 7:37AM
Yama 3:46PM - 5:48PM
498755471 **Rahu** 9:39AM - 11:42AM

Shravana Until 1:04PM
Priti Until 7:54PM
Vanija Until 10:35PM
Dvitiya Until 12:13PM

Ganesha: Blue *Sunrise: 3:33AM*
Muruqa: Green *Sunset: 7:51PM*
Nataraja: Yellow
Moon - Purple
Ashada-Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 1:04PM
Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yukhtayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vistil/Bava Karana Tritiya/Chaturtham Titau

Warsaw, Poland
Sun 2 Sutra 90

Kumbha Rasi: 3.46 Tithi 18 - 19

Gulika 3:34AM - 5:36AM
Yama 1:44PM - 3:46PM
498755471 **Rahu** 7:38AM - 9:40AM

Dhanishtha Until 10:44AM
Ayushman Until 4:22PM
Bava Until 7:40PM
Tritiya Until 9:02AM

Ganesha: Blue *Sunrise: 3:34AM*
Muruqa: Green *Sunset: 7:50PM*
Nataraja: Yellow
Moon - Purple
Ashada-Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 10:44AM
Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Shatabhishak/Purvaproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Warsaw, Poland
Sun 3 Sutra 91

Kumbha Rasi: 18.13 Tithi 19 - 20

Gulika 3:45PM - 5:47PM
Yama 11:42AM - 1:43PM
498755472 **Rahu** 5:47PM - 7:48PM

Shatabhishak Until 8:50AM
Saubhagya Until 1:22PM
Taitila Until 4:29AM Mon
Chaturthi* Until 6:25AM

Ganesha: Blue *Sunrise: 3:35AM*
Muruqa: Green *Sunset: 7:48PM*
Nataraja: White
Moon - Purple
Ashada-Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukhtayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Warsaw, Poland
Sun 4 Sutra 92

Meena Rasi: 2.13 Tithi 21

Family Home Evening

Gulika 1:43PM - 3:45PM
Yama 9:40AM - 11:42AM
418755472 **Rahu** 5:38AM - 7:39AM

Purvaproshtapada* Until 7:56AM
Sobhana Until 10:58AM
Gara Until 3:50PM
Shashthi* Until 3:22AM Tue

Ganesha: White *Sunrise: 3:36AM*
Muruqa: Green *Sunset: 7:47PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day

Routine Work Marana Yoga
Until 7:56AM
Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukhtayam
Uttaraproshtapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vistil/Bava Karana Saptamyam Titau

Warsaw, Poland
Sun 5 Sutra 93

Meena Rasi: 15.43 Tithi 22

Gulika 11:42AM - 1:43PM
Yama 7:40AM - 9:41AM
419755472 **Rahu** 3:44PM - 5:45PM

Uttaraproshtapada Until 7:42AM
Athiganda* Until 9:13AM
Vistil Until 3:09PM
Saptami Until 3:06AM Wed

Ganesha: Clear *Sunrise: 3:38AM*
Muruqa: Green *Sunset: 7:46PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 7:42AM
Then Creative Work - Siddha Yoga

Retreat Star

Wednesday, July 20, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukhtayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Warsaw, Poland
Sun 6 Sutra 94

Meena Rasi: 28.45 Tithi 23

Gulika 9:41AM - 11:42AM
Yama 5:40AM - 7:40AM
419755472 **Rahu** 11:42AM - 1:43PM

Revati Until 8:10AM
Sukarma Until 8:11AM
Balava Until 3:19PM
Ashtami* Until 3:42AM Thu

Ganesha: Clear *Sunrise: 3:39AM*
Muruqa: Green *Sunset: 7:45PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yukhtayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Warsaw, Poland
Sun 7 Sutra 95

Mesha Rasi: 11.22 Tithi 24

Gulika 7:41AM - 9:42AM
Yama 3:40AM - 5:41AM
429755472 **Rahu** 1:42PM - 3:43PM

Ashvini Until 9:46AM
Dhriti Until 7:49AM
Taitila Until 4:19PM
Navami* Until 5:03AM Fri

Ganesha: Purple *Sunrise: 3:40AM*
Muruqa: Green *Sunset: 7:44PM*
Nataraja: White
Moon - White
Ashada-Adi

Devaloka Day

Creative Work Amrita Yoga
Until 9:46AM
Then Creative Work - Siddha Yoga

1	Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Vanija/Vistil* Karana Dashamyam Titau				Warsaw, Poland
	Mesha Rasi: 23.4	Tithi 25	Gulika 5:42AM – 7:42AM	Bharani Until 11:54AM	Ganesha: Purple	<i>Sunrise:</i> 3:42AM	Sun 8 Sutra 96
	Creative Work	Siddha Yoga	Yama 3:42PM – 5:42PM	Shula* Until 7:59AM	Muruqa: Green	<i>Sunset:</i> 7:42PM	Subhakrit 5124
		429755472	Rahu 9:42AM – 11:42AM	Vanija Until 5:59PM	Nataraja: White		Moon 7 - Phase 14 - 8
				Dashami Until 6:59AM Sat	Moon – White		2nd Phase
					Ashada*Adi		Devaloka Day


2	Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda*/Vridhhi Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau				Warsaw, Poland
	Vrishabha Rasi: 5.44	Tithi 25 – 26	Gulika 3:43AM – 5:43AM	Krittika Until 2:24PM	Ganesha: Purple	<i>Sunrise:</i> 3:43AM	Sun 9 Sutra 97
	Creative Work	Amrita Yoga	Yama 1:42PM – 3:42PM	Ganda* Until 8:37AM	Muruqa: Green	<i>Sunset:</i> 7:41PM	Subhakrit 5124
		429755472	Rahu 7:43AM – 9:42AM	Bava Until 8:08PM	Nataraja: White		Moon 7 - Phase 14 - 9
				Dashami Until 6:59AM	Moon – White		2nd Phase
					Ashada*Adi		Devaloka Day

3	Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland
	Vrishabha Rasi: 17.38	Tithi 26 – 27	Gulika 3:41PM – 5:40PM	Rohini Until 5:32PM	Ganesha: Clear	<i>Sunrise:</i> 3:45AM	Sun 10 Sutra 98
	Creative Work	Siddha Yoga	Yama 11:42AM – 1:42PM	Vridhhi Until 9:32AM	Muruqa: Green	<i>Sunset:</i> 7:40PM	Subhakrit 5124
		439755472	Rahu 5:40PM – 7:40PM	Kaulava Until 10:34PM	Nataraja: White		Moon 7 - Phase 14 - 10
				Ekadashi* Until 9:18AM	Moon – Yellow		2nd Phase
					Ashada*Adi		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

4	Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland
	Vrishabha Rasi: 29.28	Tithi 27 – 28	Gulika 1:41PM – 3:40PM	Mrigashira Until 8:37PM	Ganesha: Clear	<i>Sunrise:</i> 3:46AM	Sun 11 Sutra 99
	Family Home Evening		Yama 9:43AM – 11:42AM	Dhruva Until 10:34AM	Muruqa: Green	<i>Sunset:</i> 7:38PM	Subhakrit 5124
Creative Work	Amrita Yoga	439755472	Rahu 5:45AM – 7:44AM	Gara Until 1:06AM Tue	Nataraja: White		Moon 7 - Phase 14 - 11
Until 8:37PM				Dvadashi* Until 11:49AM	Moon – Yellow		2nd Phase
Then Creative Work - Siddha Yoga					Ashada*Adi		Bhuloka Day
					<i>Pradosha Vrata (Fasting)</i>		Devaloka Time: 9:AM to12:PM

5	Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland
	Mithuna Rasi: 11.16	Tithi 28 – 29	Gulika 11:42AM – 1:41PM	Ardra Until 11:30PM	Ganesha: Clear	<i>Sunrise:</i> 3:47AM	Sun 12 Sutra 100
	Routine Work	Marana Yoga	Yama 7:45AM – 9:43AM	Vyaghata* Until 11:38AM	Muruqa: Green	<i>Sunset:</i> 7:37PM	Subhakrit 5124
Until 11:30PM		439755472	Rahu 3:39PM – 5:38PM	Vistil Until 3:34AM Wed	Nataraja: White		Moon 7 - Phase 14 - 12
Then Creative Work - Siddha Yoga				Trayodashi* Until 2:20PM	Moon – Yellow		2nd Phase
					Ashada*Adi		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

6	Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Warsaw, Poland
	Mithuna Rasi: 23.07	Tithi 29 – 30	Gulika 9:44AM – 11:42AM	Punarvasu Until 2:35AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 3:49AM	Sun 13 Sutra 101
	Creative Work	Siddha Yoga	Yama 5:47AM – 7:45AM	Harshana Until 12:37PM	Muruqa: Green	<i>Sunset:</i> 7:35PM	Subhakrit 5124
Until 2:35AM Thu		441755472	Rahu 11:42AM – 1:40PM	Catuspada Until 5:52AM Thu	Nataraja: White		Moon 7 - Phase 14 - 13
Then Creative Work - Amrita Yoga				Chaturdashi* Until 4:44PM	Moon – Blue		2nd Phase
					Ashada*Adi		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

	Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga* Karana Amavasyayam Titau				Warsaw, Poland
	Retreat Star		Gulika 7:46AM – 9:44AM	Pushya Until 5:16AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 3:50AM	Sun 14 Sutra 102
	Kataka Rasi: 5.01	Tithi 30	Yama 3:50AM – 5:48AM	Vajra* Until 1:26PM	Muruqa: Green	<i>Sunset:</i> 7:34PM	Subhakrit 5124
Creative Work	Amrita Yoga	441755472	Rahu 1:40PM – 3:38PM	Naga Until 6:55PM	Nataraja: White		Moon 7 - Phase 14 - 14
Until 5:16AM Fri				Amavasya* Until 6:55PM	Moon – Blue		Amavasya
Then Routine Work - Marana Yoga					Ashada*Adi		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

Retreat Star	Friday, July 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyalipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Warsaw, Poland
	Kataka Rasi: 17.01	Tithi 1	Gulika 5:49AM – 7:47AM	Ashlesha* Until 7:31AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 3:52AM	Sun 15 Sutra 103
	Routine Work	Marana Yoga	Yama 3:37PM – 5:35PM	Siddhi Until 2:04PM	Muruqa: Green	<i>Sunset:</i> 7:32PM	Subhakrit 5124
Until 7:31AM Sat		441755472	Rahu 9:45AM – 11:42AM	Kintughna Until 7:57AM	Nataraja: White		Moon 7 - Phase 14 - 15
Then Creative Work - Amrita Yoga				Prathama* Until 8:51PM	Moon – Blue		Prathama
					Sravana*Adi		Bhuloka Day
							Devaloka Time: 9:AM to12:PM

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Saturday, July 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dviliyayam Titau				Warsaw, Poland Sun 16 Sutra 104 Subhakrit 5124	
Kataka Rasi: 29.08	Tithi 2	Gulika 3:53AM – 5:51AM	Ashlesha* Until 7:31AM	Ganesha: Yellow	Sunrise: 3:53AM	Muruqa: Green	Sunset: 7:31PM	Moon 7 - Phase 15 - 16	3rd Phase
		Yama 1:39PM – 3:36PM	Vyatipata* Until 2:30PM	Nataraja: White		Moon – Blue			
		441755472 Rahu 7:48AM – 9:45AM	Balava Until 9:44AM						
Routine Work	Marana Yoga		Dvitiya Until 10:29PM	Sravana*Adi				Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 7:31AM									
Then Creative Work - Amrita Yoga									

2		Sunday, July 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Triliyayam Titau				Warsaw, Poland Sun 17 Sutra 105 Subhakrit 5124	
Simha Rasi: 11.22	Tithi 3	Gulika 3:36PM – 5:32PM	Magha* Until 9:48AM	Ganesha: Red	Sunrise: 3:55AM	Muruqa: Green	Sunset: 7:29PM	Moon 7 - Phase 15 - 17	3rd Phase
		Yama 11:42AM – 1:39PM	Varyan Until 2:39PM	Nataraja: White		Moon – Red			
		451755472 Rahu 5:32PM – 7:29PM	Taitila Until 11:12AM						
Routine Work	Marana Yoga		Tritiya Until 11:47PM	Sravana*Adi				Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 9:48AM									
Then Creative Work - Siddha Yoga									

3		Monday, August 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Warsaw, Poland Sun 18 Sutra 106 Subhakrit 5124	
Simha Rasi: 23.45	Tithi 4	Gulika 1:38PM – 3:35PM	Purvaphalguni Until 11:35AM	Ganesha: Red	Sunrise: 3:56AM	Muruqa: Green	Sunset: 7:27PM	Moon 7 - Phase 15 - 18	3rd Phase
Family Home Evening		Yama 9:46AM – 11:42AM	Parigha* Until 2:32PM	Nataraja: White		Moon – Red			
		451755472 Rahu 5:53AM – 7:49AM	Vanija Until 12:19PM						
Creative Work	Siddha Yoga		Chaturthi* Until 12:43AM Tue	Sravana*Adi				Bhuloka Day	Devaloka Time: 9:AM to12:PM

4		Tuesday, August 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Warsaw, Poland Sun 19 Sutra 107 Subhakrit 5124	
Kanya Rasi: 6.19	Tithi 5	Gulika 11:42AM – 1:38PM	Uttaraphalguni Until 12:48PM	Ganesha: Red	Sunrise: 3:58AM	Muruqa: Green	Sunset: 7:26PM	Moon 7 - Phase 15 - 19	3rd Phase
		Yama 7:50AM – 9:46AM	Shiva Until 2:06PM	Nataraja: White		Moon – Red			
		451755472 Rahu 3:34PM – 5:30PM	Bava Until 1:02PM						
Creative Work	Amrita Yoga		Panchami Until 1:12AM Wed	Sravana*Adi				Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 12:48PM									
Then Creative Work - Siddha Yoga									

5		Wednesday, August 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Warsaw, Poland Sun 20 Sutra 108 Subhakrit 5124	
Kanya Rasi: 19.04	Tithi 6	Gulika 9:46AM – 11:42AM	Hasta Until 1:53PM	Ganesha: Blue	Sunrise: 4:00AM	Muruqa: Green	Sunset: 7:24PM	Moon 7 - Phase 15 - 20	3rd Phase
		Yama 5:55AM – 7:51AM	Siddha Until 1:17PM	Nataraja: White		Moon – Green			
		461755472 Rahu 11:42AM – 1:37PM	Kaulava Until 1:17PM						
Routine Work	Marana Yoga		Shashthi* Until 1:11AM Thu	Sravana*Adi				Devaloka Day	
Until 1:53PM									
Then Creative Work - Siddha Yoga									

6		Thursday, August 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Warsaw, Poland Sun 21 Sutra 109 Subhakrit 5124	
Tula Rasi: 2.05	Tithi 7	Gulika 7:51AM – 9:47AM	Chitra Until 2:17PM	Ganesha: Blue	Sunrise: 4:01AM	Muruqa: Green	Sunset: 7:22PM	Moon 7 - Phase 15 - 21	3rd Phase
		Yama 4:01AM – 5:56AM	Sadhya Until 12:03PM	Nataraja: White		Moon – Green			
		461755472 Rahu 1:37PM – 3:32PM	Gara Until 1:00PM						
Creative Work	Siddha Yoga		Saptami Until 12:37AM Fri	Sravana*Adi				Devaloka Day	
Until 2:17PM									
Then Creative Work - Amrita Yoga									

☾		Friday, August 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Warsaw, Poland Sun 22 Sutra 110 Subhakrit 5124	
Retreat Star		Gulika 5:57AM – 7:52AM	Svati Until 1:58PM	Ganesha: Blue	Sunrise: 4:03AM	Muruqa: White	Sunset: 7:20PM	Moon 7 - Phase 15 - 22	Ashtami
Tula Rasi: 15.25	Tithi 8	Yama 3:31PM – 5:26PM	Subha Until 10:22AM	Nataraja: White		Moon – Green			
		461765472 Rahu 9:47AM – 11:42AM	Visti Until 12:07PM						
Creative Work	Siddha Yoga		Ashtami* Until 11:26PM	Sravana*Adi				Devaloka Day	
		Varalakshmi Vratam							

☽		Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Warsaw, Poland Sun 23 Sutra 111 Subhakrit 5124	
Retreat Star		Gulika 4:04AM – 5:59AM	Vishakha Until 1:19PM	Ganesha: White	Sunrise: 4:04AM	Muruqa: White	Sunset: 7:19PM	Moon 7 - Phase 15 - 23	Navami
Tula Rasi: 29.05	Tithi 9	Yama 1:36PM – 3:30PM	Sukla Until 8:09AM	Nataraja: White		Moon – Orange			
		472765472 Rahu 7:53AM – 9:47AM	Balava Until 10:38AM						
Creative Work	Siddha Yoga		Navami* Until 9:38PM	Sravana*Adi				Bhuloka Day	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Warsaw, Poland on 5/1/2

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<h1>1</h1>	Sunday, August 7, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau				Warsaw, Poland Sun 24 Sutra 112
	Vrischika Rasi: 13.08 Tithi 10	472865472	Gulika Yama Rahu	3:29PM – 5:23PM 11:41AM – 1:35PM 5:23PM – 7:17PM	Anuradha Until 11:56AM Indra Until 2:20AM Mon Taitila Until 8:32AM Dashami Until 7:16PM	Ganesha: Yellow Sunrise: 4:06AM Muruqa: White Sunset: 7:17PM Nataraja: White Moon – Orange
	Routine Work Marana Yoga					Subhakrit 5124 Moon 7 - Phase 16 - 24 4th Phase
						Bhuloka Day Devaloka Time: 9:AM to12:PM

<h1>2</h1>	Monday, August 8, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland Sun 25 Sutra 113
	Vrischika Rasi: 27.32 Tithi 11 – 12	472865472	Gulika Yama Rahu	1:35PM – 3:28PM 9:48AM – 11:41AM 6:01AM – 7:54AM	Jyeshtha* Until 9:53AM Vaidhriti* Until 10:48PM Bava Until 2:51AM Tue Ekadashi Until 4:25PM	Ganesha: Yellow Sunrise: 4:07AM Muruqa: White Sunset: 7:15PM Nataraja: White Moon – Orange
	Family Home Evening Creative Work Siddha Yoga					Subhakrit 5124 Moon 7 - Phase 16 - 25 4th Phase
						Bhuloka Day Devaloka Time: 9:AM to12:PM

<h1>3</h1>	Tuesday, August 9, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland Sun 26 Sutra 114
	Dhanus Rasi: 12.16 Tithi 12 – 13	482865472	Gulika Yama Rahu	11:41AM – 1:34PM 7:55AM – 9:48AM 3:27PM – 5:20PM	Mula* Until 7:41AM Vishkambha* Until 6:59PM Kaulava Until 11:28PM Dvadashi Until 1:10PM	Ganesha: White Sunrise: 4:09AM Muruqa: White Sunset: 7:13PM Nataraja: White Moon – Light Blue
	Creative Work Amrita Yoga Until 7:41AM Then Creative Work - Siddha Yoga					Subhakrit 5124 Moon 7 - Phase 16 - 26 4th Phase
					<i>Pradosha Vrata</i>	Devaloka Day

<h1>4</h1>	Wednesday, August 10, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland Sun 27 Sutra 115
	Dhanus Rasi: 27.14 Tithi 13 – 14	482865472	Gulika Yama Rahu	9:48AM – 11:41AM 6:03AM – 7:56AM 11:41AM – 1:34PM	Uttarashadha Until 2:11AM Thu Priti Until 3:01PM Gara Until 7:55PM Trayodashi Until 9:41AM	Ganesha: White Sunrise: 4:11AM Muruqa: White Sunset: 7:11PM Nataraja: White Moon – Light Blue
	Creative Work Amrita Yoga Until 2:11AM Thu Then Creative Work - Siddha Yoga					Subhakrit 5124 Moon 7 - Phase 16 - 27 4th Phase
						Devaloka Day

	Thursday, August 11, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Warsaw, Poland Sutra 116
	Makara Rasi: 12.18 Tithi 14 – 15	492865472	Gulika Yama Rahu	7:57AM – 9:49AM 4:12AM – 6:04AM 1:33PM – 3:25PM	Shravana Until 11:36PM Ayushman Until 10:59AM Bava Until 2:35AM Fri Chaturdashi* Until 6:06AM	Ganesha: Clear Sunrise: 4:12AM Muruqa: White Sunset: 7:09PM Nataraja: White Moon – Purple
	Creative Work Siddha Yoga					Subhakrit 5124 Moon 7 - Phase 16 - Purnima
			Raksha Bandhan			Bhuloka Day Devaloka Time: 9:AM to12:PM

<h1>5</h1>	Friday, August 12, 2022	Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Warsaw, Poland Sutra 117
	Makara Rasi: 27.19 Tithi 16	492865472	Gulika Yama Rahu	6:06AM – 7:57AM 3:24PM – 5:16PM 9:49AM – 11:41AM	Dhanishtha Until 9:06PM Saubhagya Until 7:02AM Balava Until 12:55PM Prathama* Until 11:18PM	Ganesha: Clear Sunrise: 4:14AM Muruqa: White Sunset: 7:07PM Nataraja: White Moon – Purple
	Creative Work Siddha Yoga					Subhakrit 5124 Moon 7 - Phase 16 - Prathama
						Bhuloka Day Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvityayam Titau

Warsaw, Poland
Sun 1 Sutra 118
Subhakrit 5124
Moon 8 - Phase 17 - 1
1st Phase

Kumbha Rasi: 12.07 Tithi 17
492865472
Creative Work Amrita Yoga
Until 6:51PM
Then Routine Work - Marana Yoga

Gulika 4:16AM – 6:07AM
Yama 1:32PM – 3:23PM
Rahu 7:58AM – 9:49AM

Shatabhishak Until 6:51PM
Athiganda* Until 11:59PM
Taitila Until 9:50AM
Dvitiya Until 8:26PM

Ganesha: Clear
Muruqa: White
Nataraja: White
Moon – Purple
Sunrise: 4:16AM
Sunset: 7:05PM
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Warsaw, Poland
Sun 2 Sutra 119
Subhakrit 5124
Moon 8 - Phase 17 - 2
1st Phase

Kumbha Rasi: 26.34 Tithi 18
412865472
Creative Work Siddha Yoga
Until 5:27PM
Then Creative Work - Amrita Yoga

Gulika 3:22PM – 5:13PM
Yama 11:40AM – 1:31PM
Rahu 5:13PM – 7:03PM

Purvaprosarthapada* Until 5:27PM
Sukarma Until 9:08PM
Vanija Until 7:13AM
Tritiya Until 6:08PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Sunrise: 4:17AM
Sunset: 7:03PM
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Warsaw, Poland
Sun 3 Sutra 120
Subhakrit 5124
Moon 8 - Phase 17 - 3
1st Phase

Meena Rasi: 11 Tithi 19 – 20
412865472
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:30PM – 3:21PM
Yama 9:50AM – 11:40AM
Rahu 6:09AM – 7:59AM

Uttaraprosarthapada Until 4:37PM
Dhriti Until 6:53PM
Kaulava Until 4:05AM Tue
Chaturthi* Until 4:33PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Sunrise: 4:19AM
Sunset: 7:01PM
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland
Sun 4 Sutra 121
Subhakrit 5124
Moon 8 - Phase 17 - 4
1st Phase

Meena Rasi: 24.09 Tithi 20 – 21
412865472
Creative Work Siddha Yoga

Gulika 11:40AM – 1:30PM
Yama 8:00AM – 9:50AM
Rahu 3:20PM – 5:09PM

Revati Until 4:27PM
Shula* Until 5:18PM
Gara Until 3:46AM Wed
Panchami Until 3:48PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Sunrise: 4:20AM
Sunset: 6:59PM
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Warsaw, Poland
Sun 5 Sutra 122
Subhakrit 5124
Moon 8 - Phase 17 - 5
1st Phase

Mesha Rasi: 7.14 Tithi 21 – 22
522865472
Routine Work Marana Yoga
Until 5:27PM
Then Creative Work - Siddha Yoga

Gulika 9:50AM – 11:40AM
Yama 6:11AM – 8:01AM
Rahu 11:40AM – 1:29PM

Ashvini Until 5:27PM
Ganda* Until 4:25PM
Visti Until 4:19AM Thu
Shashthi* Until 3:55PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – White
Sunrise: 4:22AM
Sunset: 6:57PM
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Thursday, August 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland
Sun 6 Sutra 123
Subhakrit 5124
Moon 8 - Phase 17 - 6
1st Phase

Mesha Rasi: 19.53 Tithi 22 – 23
522865472
Creative Work Siddha Yoga
Until 7:06PM
Then Routine Work - Marana Yoga

Gulika 8:02AM – 9:51AM
Yama 4:24AM – 6:13AM
Rahu 1:28PM – 3:17PM

Bharani Until 7:06PM
Vridhhi Until 4:12PM
Balava Until 5:40AM Fri
Saptami Until 4:53PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – White
Sunrise: 4:24AM
Sunset: 6:55PM
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Friday, August 19, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Kaulava Karana Ashtamyam Titau

Warsaw, Poland
Sun 7 Sutra 124
Subhakrit 5124
Moon 8 - Phase 17 - 7
Ashtami

Vrishabha Rasi: 2.13 Tithi 23
523865472
Creative Work Siddha Yoga
Until 9:16PM
Then Routine Work - Marana Yoga

Gulika 6:14AM – 8:02AM
Yama 3:16PM – 5:05PM
Rahu 9:51AM – 11:39AM

Krishna Janmashtami

Krittika Until 9:16PM
Dhruva Until 4:30PM
Kaulava Until 6:33PM
Ashtami* Until 6:33PM

Ganesha: White
Muruqa: White
Nataraja: White
Moon – White
Sunrise: 4:25AM
Sunset: 6:53PM
Sravana*Avani

Bhuloka Day

Saturday, August 20, 2022
Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Warsaw, Poland
Sun 8 Sutra 125
Subhakrit 5124
Moon 8 - Phase 17 - 8
Navami

Vrishabha Rasi: 14.17 Tithi 24
533865472
Creative Work Amrita Yoga
Until 12:13AM Sun
Then Creative Work - Siddha Yoga

Gulika 4:27AM – 6:15AM
Yama 1:27PM – 3:15PM
Rahu 8:03AM – 9:51AM

Rohini Until 12:13AM Sun
Vyaghata* Until 5:13PM
Taitila Until 7:37AM
Navami* Until 8:44PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Yellow
Sunrise: 4:27AM
Sunset: 6:51PM
Sravana*Avani

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

It times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1		Sunday, August 21, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam				Warsaw, Poland	
Wishabha Rasi: 26.11		Tithi 25		Mrigashira Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 126	
533865472		Gulika	3:14PM – 5:01PM	Mrigashira	Until 3:14AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:29AM	Subhakarit 5124	
Creative Work		Yama	11:39AM – 1:26PM	Harshana Until 6:11PM		Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 18 - 9	
Siddha Yoga		Rahu	5:01PM – 6:49PM	Vanija Until 9:57AM		Nataraja: White	2nd Phase		
				Dashami		Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
						Sravana-Avani			

2		Monday, August 22, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam				Warsaw, Poland	
Mithuna Rasi: 8.01		Tithi 26		Ardra Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 127	
533865472		Gulika	1:26PM – 3:13PM	Ardra	Until 6:05AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Subhakarit 5124	
Family Home Evening		Yama	9:51AM – 11:38AM	Vajra* Until 7:11PM		Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 18 - 10	
Creative Work		Rahu	6:17AM – 8:04AM	Bava Until 12:27PM		Nataraja: White	2nd Phase		
				Ekadashi*		Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
						Sravana-Avani			

3		Tuesday, August 23, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam				Warsaw, Poland	
Mithuna Rasi: 19.52		Tithi 27		Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 128	
533865472		Gulika	11:38AM – 1:25PM	Ardra	Until 6:05AM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM	Subhakarit 5124	
Routine Work		Yama	8:05AM – 9:52AM	Siddhi Until 8:07PM		Muruqa: White	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 18 - 11	
Marana Yoga		Rahu	3:11PM – 4:58PM	Kaulava Until 2:54PM		Nataraja: White	2nd Phase		
Until 6:05AM						Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
				Dvadashi*		Sravana-Avani			

4		Wednesday, August 24, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam				Warsaw, Poland	
Kataka Rasi: 1.46		Tithi 28		Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 129	
533865472		Gulika	9:52AM – 11:38AM	Punarvasu	Until 9:08AM	Ganesha: Blue	<i>Sunrise:</i> 4:34AM	Subhakarit 5124	
Creative Work		Yama	6:20AM – 8:06AM	Vyatipata* Until 8:54PM		Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 18 - 12	
Siddha Yoga		Rahu	11:38AM – 1:24PM	Gara Until 5:08PM		Nataraja: White	2nd Phase		
				Trayodashi*		Bhuloka Day			
						Sravana-Avani			
						Pradosha Vrata (Fasting)			

5		Thursday, August 25, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam				Warsaw, Poland	
Kataka Rasi: 13.46		Tithi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 130	
533865472		Gulika	8:06AM – 9:52AM	Pushya	Until 11:45AM	Ganesha: Blue	<i>Sunrise:</i> 4:35AM	Subhakarit 5124	
Creative Work		Yama	4:35AM – 6:21AM	Variyan Until 9:24PM		Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 18 - 13	
Amrita Yoga		Rahu	1:23PM – 3:09PM	Visti Until 7:04PM		Nataraja: White	2nd Phase		
Until 11:45AM						Bhuloka Day			
				Trayodashi*		Sravana-Avani			

Retreat Star		Friday, August 26, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yukhtayam				Warsaw, Poland	
Kataka Rasi: 25.54		Tithi 29 – 30		Ashlesha*/Magha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 14 Sutra 131	
533865472		Gulika	6:22AM – 8:07AM	Ashlesha*	Until 1:51PM	Ganesha: Blue	<i>Sunrise:</i> 4:37AM	Subhakarit 5124	
Routine Work		Yama	3:08PM – 4:53PM	Parigha* Until 9:38PM		Muruqa: White	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 18 - 14	
Marana Yoga		Rahu	9:52AM – 11:37AM	Catuspada Until 8:38PM		Nataraja: White	Amavasya		
				Chaturdashi*		Bhuloka Day			
						Sravana-Avani			

Retreat Star		Saturday, August 27, 2022		Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yukhtayam				Warsaw, Poland	
Simha Rasi: 8.12		Tithi 30 – 1		Magha*/Purvaphalguni Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 15 Sutra 132	
533865472		Gulika	4:38AM – 6:23AM	Magha*	Until 3:54PM	Ganesha: Blue	<i>Sunrise:</i> 4:38AM	Subhakarit 5124	
Creative Work		Yama	1:22PM – 3:06PM	Shiva Until 9:35PM		Muruqa: White	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 18 - 15	
Amrita Yoga		Rahu	8:08AM – 9:52AM	Kintughna Until 9:49PM		Nataraja: White	Prathama		
Until 3:54PM						Bhuloka Day			
				Amavasya*		Bhadrapada-Avani			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

11 times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1	Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Warsaw, Poland Sun 16 Sutra 133	
	Simha Rasi: 20.4	Tithi 1 – 2	Gulika 3:05PM – 4:49PM	Purvaphalguni Until 5:24PM	Ganesha: Blue	<i>Sunrise:</i> 4:40AM	Subhakrit 5124	
			Yama 11:37AM – 1:21PM	Siddha Until 9:11PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 19 - 16	
			553865473 Rahu 4:49PM – 6:34PM	Balava Until 10:36PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga Until 5:24PM Then Creative Work - Amrita Yoga			Prathama* Until 10:14AM	Bhadrapada*Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM			

2	Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Warsaw, Poland Sun 17 Sutra 134	
	Kanya Rasi: 3.19	Tithi 2 – 3	Gulika 1:20PM – 3:04PM	Uttaraphalguni Until 6:22PM	Ganesha: Blue	<i>Sunrise:</i> 4:42AM	Subhakrit 5124	
			Yama 9:53AM – 11:37AM	Sadhya Until 8:30PM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19 - 17	
	Family Home Evening		553865473 Rahu 6:25AM – 8:09AM	Taitila Until 10:59PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Dvitiya Until 10:49AM	Bhadrapada*Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM			

3	Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturtthyam Titau				Warsaw, Poland Sun 18 Sutra 135	
	Kanya Rasi: 16.08	Tithi 3 – 4	Gulika 11:36AM – 1:19PM	Hasta Until 7:17PM	Ganesha: Blue	<i>Sunrise:</i> 4:43AM	Subhakrit 5124	
			Yama 8:10AM – 9:53AM	Subha Until 7:32PM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 19 - 18	
			563865473 Rahu 3:03PM – 4:46PM	Vanija Until 11:00PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Ganesha Chaturthi	Tritiya Until 11:01AM	Bhadrapada*Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

4	Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Warsaw, Poland Sun 19 Sutra 136	
	Kanya Rasi: 29.1	Tithi 4 – 5	Gulika 9:53AM – 11:36AM	Chitra Until 7:39PM	Ganesha: Blue	<i>Sunrise:</i> 4:45AM	Subhakrit 5124	
			Yama 6:28AM – 8:10AM	Sukla Until 6:14PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 19 - 19	
			563865473 Rahu 11:36AM – 1:19PM	Bava Until 10:38PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Chaturthi* Until 10:51AM	Bhadrapada*Avani	Bhuloka Day Devaloka Time: 6:PM to 9:PM			

5	Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Warsaw, Poland Sun 20 Sutra 137	
	Tula Rasi: 12.23	Tithi 5 – 6	Gulika 8:11AM – 9:53AM	Svati Until 7:30PM	Ganesha: Red	<i>Sunrise:</i> 4:47AM	Subhakrit 5124	
			Yama 4:47AM – 6:29AM	Brahma Until 4:38PM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 19 - 20	
			563965473 Rahu 1:18PM – 3:00PM	Kaulava Until 9:52PM	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga Until 7:30PM Then Creative Work - Siddha Yoga			Panchami Until 10:17AM	Bhadrapada*Avani	Devaloka Day			

6	Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland Sun 21 Sutra 138	
	Tula Rasi: 25.49	Tithi 6 – 7	Gulika 6:30AM – 8:12AM	Vishakha Until 7:14PM	Ganesha: Blue	<i>Sunrise:</i> 4:48AM	Subhakrit 5124	
			Yama 2:59PM – 4:41PM	Indra Until 2:43PM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 19 - 21	
			573965473 Rahu 9:54AM – 11:35AM	Gara Until 8:41PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Shashthi* Until 9:18AM	Bhadrapada*Avani	Sivaloka Day			

D	Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Warsaw, Poland Sun 22 Sutra 139	
	Retreat Star		Gulika 4:50AM – 6:31AM	Anuradha Until 6:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Subhakrit 5124	
	Vrischika Rasi: 9.29	Tithi 7 – 8	Yama 1:16PM – 2:57PM	Vaidhriti* Until 12:26PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 19 - 22	
			574965473 Rahu 8:12AM – 9:54AM	Visti Until 7:05PM	Nataraja: Clear		Ashtami	
Creative Work Siddha Yoga			Saptami Until 7:55AM	Bhadrapada*Avani	Devaloka Day			

D	Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Warsaw, Poland Sun 23 Sutra 140	
	Retreat Star		Gulika 2:56PM – 4:37PM	Jyeshtha* Until 5:01PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Subhakrit 5124	
	Vrischika Rasi: 23.26	Tithi 8 – 9	Yama 11:35AM – 1:15PM	Vishkambha* Until 9:49AM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 19 - 23	
			574965473 Rahu 4:37PM – 6:18PM	Kaulava Until 3:55AM Mon	Nataraja: Clear		Navami	
Routine Work Marana Yoga Until 5:01PM Then Creative Work - Amrita Yoga			Ashtami* Until 6:07AM	Bhadrapada*Avani	Devaloka Day			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Dashamyam Titau				Warsaw, Poland Sun 24 Sutra 141
	Dhanus Rasi: 7.37	Tithi 10	Gulika 1:15PM – 2:55PM	Mula* Until 3:32PM	Ganesha: White	<i>Sunrise:</i> 4:53AM	Subhakrit 5124
Family Home Evening	584965473	Rahu 6:34AM – 8:14AM	Priti Until 6:55AM	Muruqa: White	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20 - 24	
Creative Work Siddha Yoga			Taitila Until 2:42PM	Nataraja: Clear		4th Phase	
Until 3:32PM			Dashami Until 1:22AM Tue	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Marana Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

2	Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Warsaw, Poland Sun 25 Sutra 142
	Dhanus Rasi: 22.02	Tithi 11	Gulika 11:34AM – 1:14PM	Purvashadha* Until 1:36PM	Ganesha: White	<i>Sunrise:</i> 4:55AM	Subhakrit 5124
584965473		Rahu 2:54PM – 4:33PM	Saubhagya Until 12:16AM Wed	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20 - 25	
Creative Work Siddha Yoga			Vanija Until 12:00PM	Nataraja: Clear		4th Phase	
Until 1:36PM			Ekadashi Until 10:33PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Prabararishta Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

3	Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Warsaw, Poland Sun 26 Sutra 143
	Makara Rasi: 6.38	Tithi 12	Gulika 9:54AM – 11:34AM	Uttarashadha Until 11:20AM	Ganesha: White	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
584965473		Rahu 11:34AM – 1:13PM	Sobhana Until 8:44PM	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20 - 26	
Creative Work Amrita Yoga			Bava Until 9:05AM	Nataraja: Clear		4th Phase	
Until 11:20AM			Dvadashi Until 7:34PM	Moon – Light Blue		Bhuloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM	

4	Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland Sun 27 Sutra 144
	Makara Rasi: 21.2	Tithi 13 – 14	Gulika 8:16AM – 9:54AM	Shravana Until 9:15AM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Subhakrit 5124
594965473		Rahu 1:12PM – 2:51PM	Athiganda* Until 5:09PM	Muruqa: White	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 20 - 27	
Creative Work Siddha Yoga			Kaulava Until 6:04AM	Nataraja: Clear		4th Phase	
			Trayodashi Until 4:33PM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam		Bhadrapada*Avani			
						<i>Pradosha Vrata</i>	

○	Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Warsaw, Poland Sutra 145
	Copper Retreat Star		Gulika 6:38AM – 8:16AM	Dhanishtha Until 7:04AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	Subhakrit 5124
Kumbha Rasi: 6	Tithi 14 – 15		Sukarma Until 1:40PM	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 20 -	
594965473		Rahu 9:55AM – 11:33AM	Visti Until 12:17AM Sat	Nataraja: Clear		Purnima	
Creative Work Siddha Yoga			Chaturdashi* Until 1:38PM	Moon – Purple		Devaloka Day	
				Bhadrapada*Avani			

○	Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Warsaw, Poland Sutra 146
	Silver Retreat Star		Gulika 5:01AM – 6:39AM	Purvaproshtapada* Until 3:31AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Subhakrit 5124
Kumbha Rasi: 20.31	Tithi 15 – 16		Dhriti Until 10:25AM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 20 -	
514965473		Rahu 8:17AM – 9:55AM	Balava Until 9:49PM	Nataraja: Clear		Prathama	
Routine Work Marana Yoga			Purnima* Until 10:59AM	Moon – Clear		Devaloka Day	
Until 3:31AM Sun				Bhadrapada*Avani			
Then Creative Work - Amrita Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula*Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Warsaw, Poland
Sutra 147

Meena Rasi: 4.47 Tithi 16 – 17

514965473

Gulika 2:47PM – 4:24PM
Yama 11:32AM – 1:10PM
Rahu 4:24PM – 6:01PM

Uttaraproshtapada Until 2:27AM Mon

Shula* Until 7:28AM

Taitila Until 7:51PM

Prathama* Until 8:45AM

Ganesha: Clear *Sunrise:* 5:03AM

Muruqa: White *Sunset:* 6:01PM

Nataraja: Clear

Moon – Clear

Bhadrapada*Avani

Subhakrit 5124

Moon 9 - Phase 21 -

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 2:27AM Mon

Then Creative Work - Siddha Yoga

Grandparent's Day

1

Monday, September 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Warsaw, Poland
Sun 1 Sutra 148

Meena Rasi: 18.41 Tithi 17 – 18

514965473

Gulika 1:09PM – 2:45PM
Yama 9:55AM – 11:32AM
Rahu 6:41AM – 8:18AM

Revati Until 1:55AM Tue

Vriddhi Until 3:04AM Tue

Vanija Until 6:31PM

Dvitiya Until 7:05AM

Ganesha: Clear *Sunrise:* 5:05AM

Muruqa: White *Sunset:* 5:59PM

Nataraja: Clear

Moon – Clear

Bhadrapada*Avani

Subhakrit 5124

Moon 9 - Phase 21 - 1

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Until 2:27AM Mon

Then Creative Work - Siddha Yoga

2

Tuesday, September 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Warsaw, Poland
Sun 2 Sutra 149

Mesha Rasi: 2.1 Tithi 18 – 19

524965473

Gulika 11:32AM – 1:08PM
Yama 8:19AM – 9:55AM
Rahu 2:44PM – 4:20PM

Ashvini Until 2:25AM Wed

Dhruva Until 1:44AM Wed

Balava Until 5:55AM Wed

Tritiya Until 6:06AM

Ganesha: White *Sunrise:* 5:06AM

Muruqa: White *Sunset:* 5:57PM

Nataraja: Clear

Moon – White

Bhadrapada*Avani

Subhakrit 5124

Moon 9 - Phase 21 - 2

1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 3:34AM Thu

Then Routine Work - Marana Yoga

3

Wednesday, September 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Panchamiyam Titau

Warsaw, Poland
Sun 3 Sutra 150

Mesha Rasi: 15.14 Tithi 20

524965473

Gulika 9:55AM – 11:31AM
Yama 6:44AM – 8:20AM
Rahu 11:31AM – 1:07PM

Bharani Until 3:34AM Thu

Vyaghata* Until 1:03AM Thu

Kaulava Until 6:09PM

Panchami Until 6:32AM Thu

Ganesha: White *Sunrise:* 5:08AM

Muruqa: White *Sunset:* 5:54PM

Nataraja: Clear

Moon – White

Bhadrapada*Avani

Subhakrit 5124

Moon 9 - Phase 21 - 3

1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 3:34AM Thu

Then Routine Work - Marana Yoga

4

Thursday, September 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Warsaw, Poland
Sun 4 Sutra 151

Mesha Rasi: 27.55 Tithi 20 – 21

525965473

Gulika 8:20AM – 9:56AM
Yama 5:10AM – 6:45AM
Rahu 1:06PM – 2:41PM

Krittika Until 5:17AM Fri

Harshana Until 12:59AM Fri

Gara Until 7:08PM

Panchami Until 6:32AM

Ganesha: Clear *Sunrise:* 5:10AM

Muruqa: White *Sunset:* 5:52PM

Nataraja: Clear

Moon – White

Bhadrapada*Avani

Subhakrit 5124

Moon 9 - Phase 21 - 4

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:55AM Sat

Then Creative Work - Siddha Yoga

5

Friday, September 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Warsaw, Poland
Sun 5 Sutra 152

Vrishabha Rasi: 10.16 Tithi 21 – 22

535965473

Gulika 6:46AM – 8:21AM
Yama 2:40PM – 4:15PM
Rahu 9:56AM – 11:30AM

Rohini Until 7:55AM Sat

Vajra* Until 1:22AM Sat

Visti Until 8:49PM

Shashthi* Until 7:53AM

Ganesha: White *Sunrise:* 5:11AM

Muruqa: White *Sunset:* 5:50PM

Nataraja: Clear

Moon – Yellow

Bhadrapada*Avani

Subhakrit 5124

Moon 9 - Phase 21 - 5

1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 7:55AM Sat

Then Creative Work - Siddha Yoga

6

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Warsaw, Poland
Sun 6 Sutra 153

Vrishabha Rasi: 22.22 Tithi 22 – 23

535965473

Gulika 5:13AM – 6:47AM
Yama 1:04PM – 2:39PM
Rahu 8:22AM – 9:56AM

Rohini Until 7:55AM

Siddhi Until 2:06AM Sun

Balava Until 10:58PM

Saptami Until 9:50AM

Ganesha: White *Sunrise:* 5:13AM

Muruqa: White *Sunset:* 5:47PM

Nataraja: Clear

Moon – Yellow

Bhadrapada*Puratasi

Subhakrit 5124

Moon 9 - Phase 21 - 6

Ashtami

Sivaloka Day

Creative Work Amrita Yoga

Until 7:55AM

Then Creative Work - Siddha Yoga

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Warsaw, Poland
Sun 7 Sutra 154

Mithuna Rasi: 4.19 Tithi 23 – 24

535965473

Gulika 2:37PM – 4:11PM
Yama 11:30AM – 1:04PM
Rahu 4:11PM – 5:45PM

Mrigashira Until 10:44AM

Vyatipata* Until 3:01AM Mon

Taitila Until 1:23AM Mon

Ashtami* Until 12:09PM

Ganesha: White *Sunrise:* 5:15AM

Muruqa: White *Sunset:* 5:45PM

Nataraja: Clear

Moon – Yellow

Bhadrapada*Puratasi

Subhakrit 5124

Moon 9 - Phase 21 - 7

Navami

Sivaloka Day

Creative Work Siddha Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

all times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1	Tuesday, September 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dviliyayam Titau				Warsaw, Poland
	Kanya Rasi: 25.4	Tithi 2	Gulika 11:27AM – 12:56PM	Chitra Until 1:41AM Wed	Ganesha: Blue	Sunrise: 5:29AM	Sun 16 Sutra 163
			Yama 8:28AM – 9:57AM	Indra Until 12:31AM Wed	Muruqa: White	Sunset: 5:24PM	Subhakit 5124
	Creative Work	Siddha Yoga	566165473 Rahu 2:25PM – 3:54PM	Balava Until 10:21AM	Nataraja: Clear		Moon 9 - Phase 23 - 16 3rd Phase
			Dvitiya Until 9:57PM	Moon – Green		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

2	Wednesday, September 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Triliyayam Titau				Warsaw, Poland
	Tula Rasi: 9.05	Tithi 3	Gulika 9:57AM – 11:26AM	Svati Until 1:09AM Thu	Ganesha: Blue	Sunrise: 5:31AM	Sun 17 Sutra 164
			Yama 7:00AM – 8:29AM	Vaidhriti* Until 10:32PM	Muruqa: White	Sunset: 5:21PM	Subhakit 5124
	Creative Work	Siddha Yoga	666165473 Rahu 11:26AM – 12:55PM	Taitila Until 9:29AM	Nataraja: Clear		Moon 9 - Phase 23 - 17 3rd Phase
			Tritiya Until 8:54PM	Moon – Green		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

3	Thursday, September 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Visiti* Karana Chaturtham Titau				Warsaw, Poland
	Tula Rasi: 22.4	Tithi 4	Gulika 8:29AM – 9:58AM	Vishakha Until 12:37AM Fri	Ganesha: Blue	Sunrise: 5:33AM	Sun 18 Sutra 165
			Yama 5:33AM – 7:01AM	Vishkambha* Until 8:19PM	Muruqa: White	Sunset: 5:19PM	Subhakit 5124
	Creative Work	Siddha Yoga	676165473 Rahu 12:54PM – 2:23PM	Vanija Until 8:17AM	Nataraja: Clear		Moon 9 - Phase 23 - 18 3rd Phase
			Chaturthi* Until 7:34PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Friday, September 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Panchami/Shashtham Titau				Warsaw, Poland
	Vrischika Rasi: 6.25	Tithi 5 – 6	Gulika 7:02AM – 8:30AM	Anuradha Until 11:41PM	Ganesha: Blue	Sunrise: 5:34AM	Sun 19 Sutra 166
			Yama 2:21PM – 3:49PM	Priti Until 5:56PM	Muruqa: White	Sunset: 5:17PM	Subhakit 5124
	Creative Work	Siddha Yoga	676165473 Rahu 9:58AM – 11:26AM	Bava Until 6:49AM	Nataraja: Clear		Moon 9 - Phase 23 - 19 3rd Phase
			Panchami Until 5:58PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Saturday, October 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland
	Vrischika Rasi: 20.19	Tithi 6 – 7	Gulika 5:36AM – 7:03AM	Jyeshtha* Until 10:26PM	Ganesha: Blue	Sunrise: 5:36AM	Sun 20 Sutra 167
			Yama 12:53PM – 2:20PM	Ayushman Until 3:21PM	Muruqa: White	Sunset: 5:14PM	Subhakit 5124
	Creative Work	Siddha Yoga	676165473 Rahu 8:31AM – 9:58AM	Gara Until 3:13AM Sun	Nataraja: Clear		Moon 9 - Phase 23 - 20 3rd Phase
			Shashthi* Until 4:10PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

D	Sunday, October 2, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Warsaw, Poland
	Retreat Star		Gulika 2:19PM – 3:45PM	Mula* Until 9:17PM	Ganesha: Blue	Sunrise: 5:38AM	Sun 21 Sutra 168
	Dhanu Rasi: 4.2	Tithi 7 – 8	Yama 11:25AM – 12:52PM	Saubhagya Until 12:38PM	Muruqa: Green	Sunset: 5:12PM	Subhakit 5124
	Creative Work	Amrita Yoga	687166473 Rahu 3:45PM – 5:12PM	Visiti Until 1:10AM Mon	Nataraja: Clear		Moon 9 - Phase 23 - 21 Ashtami
			Saptami Until 2:12PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

D	Monday, October 3, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Warsaw, Poland
	Retreat Star		Gulika 12:51PM – 2:17PM	Purvashadha* Until 7:52PM	Ganesha: Blue	Sunrise: 5:39AM	Sun 22 Sutra 169
	Dhanu Rasi: 18.28	Tithi 8 – 9	Yama 9:58AM – 11:25AM	Sobhana Until 9:48AM	Muruqa: Green	Sunset: 5:10PM	Subhakit 5124
	Family Home Evening		687166473 Rahu 7:06AM – 8:32AM	Balava Until 10:59PM	Nataraja: Clear		Moon 9 - Phase 23 - 22 Navami
			Ashtami* Until 12:05PM	Moon – Light Blue		Sivaloka Day	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

all times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ahiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Warsaw, Poland Sun 23 Sutra 170	
Makara Rasi: 2.4	Tithi 9 – 10	Gulika	11:24AM – 12:50PM	Uttarashadha Until 6:12PM	Ganesha: Blue	<i>Sunrise:</i> 5:41AM	Subhakrit 5124	
		Yama	8:33AM – 9:59AM	Athiganda* Until 6:51AM	Muruqa: Green	<i>Sunset:</i> 5:07PM	Moon 9 - Phase 24 - 23	
	687166473	Rahu	2:16PM – 3:42PM	Taitila Until 8:43PM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga			Navami* Until 9:50AM	Moon – Light Blue		Sivaloka Day	
Until 6:12PM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau			Warsaw, Poland Sun 24 Sutra 171	
Makara Rasi: 16.55	Tithi 10 – 11	Gulika	9:59AM – 11:24AM	Shravana Until 4:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Subhakrit 5124	
		Yama	7:08AM – 8:33AM	Dhriti Until 12:50AM Thu	Muruqa: Green	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 24 - 24	
	697166473	Rahu	11:24AM – 12:49PM	Vanija Until 6:24PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 7:32AM	Moon – Purple		Devaloka Day	
Until 4:46PM		Vijaya Dasami			Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga								

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau			Warsaw, Poland Sun 25 Sutra 172	
Kumbha Rasi: 1.11	Tithi 12	Gulika	8:34AM – 9:59AM	Dhanishtha Until 3:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM	Subhakrit 5124	
		Yama	5:45AM – 7:09AM	Shula* Until 9:51PM	Muruqa: Green	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 24 - 25	
	697166473	Rahu	12:49PM – 2:13PM	Bava Until 4:07PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 3:00AM Fri	Moon – Purple		Devaloka Day	
					Ashvina+Puratasi			

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Warsaw, Poland Sun 26 Sutra 173	
Kumbha Rasi: 15.23	Tithi 13	Gulika	7:11AM – 8:35AM	Shatabhishak Until 1:41PM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM	Subhakrit 5124	
		Yama	2:12PM – 3:36PM	Ganda* Until 7:01PM	Muruqa: Green	<i>Sunset:</i> 5:01PM	Moon 9 - Phase 24 - 26	
	697166473	Rahu	9:59AM – 11:23AM	Kaulava Until 1:58PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 12:58AM Sat	Moon – Purple		Devaloka Day	
		Kadaitswami Mahasamadhi			Ashvina+Puratasi			
				<i>Pradosha Vrata</i>				

5		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Warsaw, Poland Sun 27 Sutra 174	
Kumbha Rasi: 29.28	Tithi 14	Gulika	5:48AM – 7:12AM	Purvaproshtapada* Until 12:39PM	Ganesha: White	<i>Sunrise:</i> 5:48AM	Subhakrit 5124	
		Yama	12:47PM – 2:11PM	Vriddhi Until 4:25PM	Muruqa: Green	<i>Sunset:</i> 4:58PM	Moon 9 - Phase 24 - 27	
	618166474	Rahu	8:36AM – 9:59AM	Gara Until 12:04PM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga			Chaturdashi* Until 11:13PM	Moon – Clear		Bhuloka Day	
Until 12:39PM		Chidambaram Abhishekam			Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

		Sunday, October 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Warsaw, Poland Sutra 175	
Copper Retreat Star		Gulika	2:09PM – 3:33PM	Uttaraproshtapada Until 11:50AM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Subhakrit 5124	
Meena Rasi: 13.19	Tithi 15	Yama	11:23AM – 12:46PM	Dhruva Until 2:05PM	Muruqa: Green	<i>Sunset:</i> 4:56PM	Moon 9 - Phase 24 - Purnima	
	618166474	Rahu	3:33PM – 4:56PM	Visti Until 10:31AM	Nataraja: Purple			
Creative Work	Amrita Yoga			Purnima* Until 9:54PM	Moon – Clear		Bhuloka Day	
					Ashvina+Puratasi			

Monday, October 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Warsaw, Poland Sutra 176		
Silver Retreat Star		Gulika	12:45PM – 2:08PM	Revati Until 11:21AM	Ganesha: White	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
Meena Rasi: 26.55	Tithi 16	Yama	10:00AM – 11:23AM	Vyaghata* Until 12:10PM	Muruqa: Green	<i>Sunset:</i> 4:54PM	Moon 9 - Phase 24 - Prathama
Family Home Evening	618166474	Rahu	7:14AM – 8:37AM	Balava Until 9:28AM	Nataraja: Purple		
Creative Work	Siddha Yoga			Prathama* Until 9:07PM	Moon – Clear		Bhuloka Day
					Ashvina+Puratasi		



Tuesday, October 11, 2022

Gold Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Warsaw, Poland

Sun 1 Sutra 177

Subhakarit 5124

Mesha Rasi: 10.11 Tithi 17

628176474

Gulika 11:22AM – 12:45PM
Yama 8:38AM – 10:00AM
Rahu 2:07PM – 3:29PM

Ashvini Until 11:45AM
Harshana Until 10:44AM
Taitila Until 8:59AM
Dvitiya Until 8:58PM

Ganesha: Yellow *Sunrise:* 5:53AM
Muruqa: White *Sunset:* 4:52PM
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 1
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Warsaw, Poland

Sun 2 Sutra 178

Subhakarit 5124

Mesha Rasi: 23.08 Tithi 18

628176474

Gulika 10:00AM – 11:22AM
Yama 7:17AM – 8:38AM
Rahu 11:22AM – 12:44PM

Bharani Until 12:38PM
Vajra* Until 9:47AM
Vanija Until 9:10AM
Tritiya Until 9:30PM

Ganesha: Yellow *Sunrise:* 5:55AM
Muruqa: White *Sunset:* 4:49PM
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 2
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Until 12:38PM
Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Warsaw, Poland

Sun 3 Sutra 179

Subhakarit 5124

Vrishabha Rasi: 5.45 Tithi 19

628176474

Gulika 8:39AM – 10:01AM
Yama 5:57AM – 7:18AM
Rahu 12:43PM – 2:04PM

Krittika Until 2:01PM
Siddhi Until 9:23AM
Bava Until 10:02AM
Chaturthi* Until 10:41PM

Ganesha: Yellow *Sunrise:* 5:57AM
Muruqa: White *Sunset:* 4:47PM
Nataraja: Purple
Moon – White

Moon 10 - Phase 25 - 3
1st Phase

Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Warsaw, Poland

Sun 4 Sutra 180

Subhakarit 5124

Vrishabha Rasi: 18.05 Tithi 20

638176474

Gulika 7:19AM – 8:40AM
Yama 2:03PM – 3:24PM
Rahu 10:01AM – 11:22AM

Rohini Until 4:19PM
Vyatipata* Until 9:28AM
Kaulava Until 11:32AM
Panchami Until 12:27AM Sat

Ganesha: Blue *Sunrise:* 5:58AM
Muruqa: White *Sunset:* 4:45PM
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 4
1st Phase

Routine Work Marana Yoga

Bhuloka Day

Until 4:19PM
Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Warsaw, Poland

Sun 5 Sutra 181

Subhakarit 5124

Mithuna Rasi: 0.12 Tithi 21

639176474

Gulika 6:00AM – 7:20AM
Yama 12:42PM – 2:02PM
Rahu 8:41AM – 10:01AM

Mrigashira Until 6:55PM
Variyan Until 9:56AM
Gara Until 1:32PM
Shashthi* Until 2:39AM Sun

Ganesha: Red *Sunrise:* 6:00AM
Muruqa: White *Sunset:* 4:43PM
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 5
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Warsaw, Poland

Sun 6 Sutra 182

Subhakarit 5124

Mithuna Rasi: 12.1 Tithi 22

639176474

Gulika 2:01PM – 3:21PM
Yama 11:21AM – 12:41PM
Rahu 3:21PM – 4:40PM

Ardra Until 9:37PM
Parigha* Until 10:40AM
Visti Until 3:52PM
Saptami Until 5:04AM Mon

Ganesha: Red *Sunrise:* 6:02AM
Muruqa: White *Sunset:* 4:40PM
Nataraja: Purple
Moon – Yellow

Moon 10 - Phase 25 - 6
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Balava Karana Ashtamyam Titau

Warsaw, Poland

Sun 7 Sutra 183

Subhakarit 5124

Mithuna Rasi: 24.04 Tithi 23

649176474

Gulika 12:40PM – 2:00PM
Yama 10:02AM – 11:21AM
Rahu 7:23AM – 8:42AM

Punarvasu Until 12:42AM Tue
Shiva Until 11:32AM
Balava Until 6:18PM
Ashtami* Until 7:29AM Tue

Ganesha: Green *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 4:38PM
Nataraja: Purple
Moon – Blue

Moon 10 - Phase 25 - 7
Ashtami

Creative Work Amrita Yoga

Devaloka Day

Until 12:42AM Tue
Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Warsaw, Poland

Sun 8 Sutra 184

Subhakarit 5124

Kataka Rasi: 5.57 Tithi 23 – 24

649176474

Gulika 11:21AM – 12:40PM
Yama 8:43AM – 10:02AM
Rahu 1:58PM – 3:17PM

Pushya Until 3:29AM Wed
Siddha Until 12:20PM
Taitila Until 8:39PM
Ashtami* Until 7:29AM

Ganesha: Green *Sunrise:* 6:05AM
Muruqa: White *Sunset:* 4:36PM
Nataraja: Purple
Moon – Blue

Moon 10 - Phase 25 - 8
Navami

Creative Work Siddha Yoga

Devaloka Day
Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

all times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Varija Karana Navami/Dashamyam Titau				Warsaw, Poland
	Kataka Rasi: 17.55	Tithi 24 – 25	649176474	Gulika 10:02AM – 11:21AM Yama 7:25AM – 8:44AM Rahu 11:21AM – 12:39PM	Ashlesha* Until 5:47AM Thu Sadhya Until 12:58PM Vanija Until 10:42PM Navami* Until 9:42AM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Blue	Sun 9 Sutra 185 Subhakrit 5124 Moon 10 - Phase 26 - 9 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 5:47AM Thu Then Creative Work - Amrita Yoga							

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Warsaw, Poland
	Simha Rasi: 0.01	Tithi 25 – 26	659276474	Gulika 8:45AM – 10:03AM Yama 6:09AM – 7:27AM Rahu 12:38PM – 1:56PM	Magha* Until 7:55AM Fri Subha Until 1:19PM Bava Until 12:17AM Fri Dashami Until 11:32AM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sun 10 Sutra 186 Subhakrit 5124 Moon 10 - Phase 26 - 10 2nd Phase Bhuloka Day
Creative Work Amrita Yoga Until 7:55AM Fri Then Creative Work - Siddha Yoga							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland
	Simha Rasi: 12.2	Tithi 26 – 27	659276474	Gulika 7:28AM – 8:45AM Yama 1:55PM – 3:12PM Rahu 10:03AM – 11:20AM	Magha* Until 7:55AM Sukla Until 1:13PM Kaulava Until 1:18AM Sat Ekadashi* Until 12:51PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sun 11 Sutra 187 Subhakrit 5124 Moon 10 - Phase 26 - 11 2nd Phase Bhuloka Day
Routine Work Marana Yoga Until 7:55AM Then Creative Work - Siddha Yoga							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland
	Simha Rasi: 24.54	Tithi 27 – 28	659276474	Gulika 6:12AM – 7:29AM Yama 12:37PM – 1:54PM Rahu 8:46AM – 10:03AM	Purvaphalguni Until 9:18AM Brahma Until 12:39PM Gara Until 1:40AM Sun Dvadashi* Until 1:33PM	Ganesha: Green Muruqa: White Nataraja: Purple Moon – Red	Sun 12 Sutra 188 Subhakrit 5124 Moon 10 - Phase 26 - 12 2nd Phase Bhuloka Day
Creative Work Siddha Yoga Until 9:18AM Then Routine Work - Marana Yoga <i>Pradosha Vrata (Fasting)</i>							

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland
	Kanya Rasi: 7.46	Tithi 28 – 29	651276474	Gulika 1:53PM – 3:09PM Yama 11:20AM – 12:36PM Rahu 3:09PM – 4:26PM	Uttaraphalguni Until 9:55AM Indra Until 11:37AM Visti Until 1:23AM Mon Trayodashi* Until 1:35PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Red	Sun 13 Sutra 189 Subhakrit 5124 Moon 10 - Phase 26 - 13 2nd Phase Bhuloka Day
Creative Work Amrita Yoga Deepavali Hindu Solidarity Day							

	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Warsaw, Poland
	Kanya Rasi: 20.58	Tithi 29 – 30	661276474	Gulika 12:36PM – 1:52PM Yama 10:04AM – 11:20AM Rahu 7:32AM – 8:48AM	Hasta Until 10:13AM Vaidhriti* Until 10:02AM Catuspada Until 12:30AM Tue Chaturdashi* Until 1:00PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sun 14 Sutra 190 Subhakrit 5124 Moon 10 - Phase 26 - 14 Amavasya Bhuloka Day
Creative Work Siddha Yoga Until 10:13AM Then Routine Work - Prabalarishta Yoga Subramuniyaswami Mahasamadhi							

Retreat Star	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Warsaw, Poland
	Tula Rasi: 4.29	Tithi 30 – 1	661276474	Gulika 11:20AM – 12:35PM Yama 8:49AM – 10:04AM Rahu 1:51PM – 3:06PM	Chitra Until 9:47AM Vishkambha* Until 8:01AM Kintughna Until 11:06PM Amavasya* Until 11:50AM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sun 15 Sutra 191 Subhakrit 5124 Moon 10 - Phase 26 - 15 Prathama Bhuloka Day
Creative Work Siddha Yoga Skanda Shasthi Begins Kartika-Aipasi							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Warsaw, Poland Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 18.19 Tithi 1 – 2	Gulika 10:05AM – 11:20AM Yama 7:35AM – 8:50AM 661276574 Rahu 11:20AM – 12:35PM	Svati Until 8:45AM Ayushman Until 2:54AM Thu Balava Until 9:16PM Prathama* Until 10:13AM
	Creative Work Siddha Yoga	Ganesha: Light Blue <i>Sunrise:</i> 6:20AM Muruqa: Clear <i>Sunset:</i> 4:20PM Nataraja: Clear Moon – Green	Bhuloka Day Devaloka Time: 3:PM to 6:PM

2	Thursday, October 27, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Warsaw, Poland Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 2.22 Tithi 2 – 3	Gulika 8:50AM – 10:05AM Yama 6:21AM – 7:36AM 671276574 Rahu 12:34PM – 1:48PM	Vishakha Until 7:38AM Saubhagya Until 11:57PM Taitila Until 7:09PM Dvitiya Until 8:13AM
	Creative Work Siddha Yoga	Ganesha: Purple <i>Sunrise:</i> 6:21AM Muruqa: Clear <i>Sunset:</i> 4:18PM Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Friday, October 28, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau	Warsaw, Poland Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 16.35 Tithi 3 – 4	Gulika 7:37AM – 8:51AM Yama 1:47PM – 3:02PM 671276574 Rahu 10:05AM – 11:19AM	Anuradha Until 6:07AM Sobhana Until 8:54PM Visti Until 3:38AM Sat Tritiya Until 6:00AM
	Creative Work Siddha Yoga Until 6:07AM Then Routine Work - Marana Yoga	Ganesha: Purple <i>Sunrise:</i> 6:23AM Muruqa: Clear <i>Sunset:</i> 4:16PM Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Saturday, October 29, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Warsaw, Poland Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 0.53 Tithi 5	Gulika 6:25AM – 7:39AM Yama 12:33PM – 1:46PM 681276574 Rahu 8:52AM – 10:06AM	Mula* Until 2:49AM Sun Athiganda* Until 5:45PM Bava Until 2:27PM Panchami Until 1:14AM Sun
	Creative Work Siddha Yoga	Ganesha: Clear <i>Sunrise:</i> 6:25AM Muruqa: Clear <i>Sunset:</i> 4:14PM Nataraja: Clear Moon – Light Blue	Devaloka Day

5	Sunday, October 30, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau	Warsaw, Poland Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 15.13 Tithi 6	Gulika 1:45PM – 2:59PM Yama 11:19AM – 12:32PM 681276574 Rahu 2:59PM – 4:12PM	Purvashadha* Until 1:11AM Mon Sukarma Until 2:39PM Kaulava Until 12:03PM Shashthi* Until 10:52PM
	Creative Work Siddha Yoga Until 1:11AM Mon Then Routine Work - Marana Yoga	Ganesha: Clear <i>Sunrise:</i> 6:27AM Muruqa: Clear <i>Sunset:</i> 4:12PM Nataraja: Clear Moon – Light Blue	Devaloka Day

6	Monday, October 31, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Warsaw, Poland Sun 21 Sutra 197 Subhakit 5124
	Dhanus Rasi: 29.31 Tithi 7	Gulika 12:32PM – 1:44PM Yama 10:07AM – 11:19AM 681276574 Rahu 7:41AM – 8:54AM	Uttarashadha Until 11:33PM Dhriti Until 11:37AM Gara Until 9:45AM Saptami Until 8:38PM
	Family Home Evening Routine Work Marana Yoga Until 11:33PM Then Creative Work - Amrita Yoga	Ganesha: Clear <i>Sunrise:</i> 6:29AM Muruqa: Clear <i>Sunset:</i> 4:10PM Nataraja: Clear Moon – Light Blue	Devaloka Day

☾	Tuesday, November 1, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Warsaw, Poland Sun 22 Sutra 198 Subhakit 5124
	Retreat Star Makara Rasi: 13.43 Tithi 8	Gulika 11:19AM – 12:31PM Yama 8:55AM – 10:07AM 691276574 Rahu 1:44PM – 2:56PM	Shravana Until 10:21PM Shula* Until 8:41AM Visti Until 7:35AM Ashtami* Until 6:33PM
	Creative Work Siddha Yoga	Ganesha: White <i>Sunrise:</i> 6:30AM Muruqa: Clear <i>Sunset:</i> 4:08PM Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM

☽	Wednesday, November 2, 2022	Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Warsaw, Poland Sun 23 Sutra 199 Subhakit 5124
	Retreat Star Makara Rasi: 27.47 Tithi 9 – 10	Gulika 10:07AM – 11:19AM Yama 7:44AM – 8:56AM 692276574 Rahu 11:19AM – 12:31PM	Dhanishtha Until 9:14PM Vriddhi Until 3:20AM Thu Taitila Until 3:51AM Thu Navami* Until 4:41PM
	Routine Work Prabalarishta Yoga Until 9:14PM Then Creative Work - Siddha Yoga	Ganesha: Green <i>Sunrise:</i> 6:32AM Muruqa: Clear <i>Sunset:</i> 4:06PM Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

ll times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1	Thursday, November 3, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Warsaw, Poland Sun 24 Sutra 200
	Kumbha Rasi: 11.44 Tithi 10 – 11	Gulika 8:57AM – 10:08AM	Shatabhishak Until 8:12PM	Ganesha: Green <i>Sunrise:</i> 6:34AM	Subhakarit 5124
	692276574	Yama 6:34AM – 7:45AM	Dhruva Until 12:56AM Fri	Muruqa: Clear <i>Sunset:</i> 4:04PM	Moon 10 - Phase 28 - 24
	Creative Work Siddha Yoga	Rahu 12:30PM – 1:42PM	Vanija Until 2:22AM Fri	Nataraja: Clear Moon – Purple	4th Phase
			Dashami Until 3:03PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Friday, November 4, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Warsaw, Poland Sun 25 Sutra 201
	Kumbha Rasi: 25.31 Tithi 11 – 12	Gulika 7:47AM – 8:57AM	Purvaproshtapada* Until 7:44PM	Ganesha: Blue <i>Sunrise:</i> 6:36AM	Subhakarit 5124
	612276574	Yama 1:41PM – 2:52PM	Vyaghata* Until 10:46PM	Muruqa: Clear <i>Sunset:</i> 4:02PM	Moon 10 - Phase 28 - 25
	Creative Work Siddha Yoga	Rahu 10:08AM – 11:19AM	Bava Until 1:10AM Sat	Nataraja: Clear Moon – Clear	4th Phase
			Ekadashi Until 1:42PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Saturday, November 5, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Warsaw, Poland Sun 26 Sutra 202
	Meena Rasi: 9.07 Tithi 12 – 13	Gulika 6:38AM – 7:48AM	Uttaraproshtapada Until 7:28PM	Ganesha: Blue <i>Sunrise:</i> 6:38AM	Subhakarit 5124
	612276574	Yama 12:30PM – 1:40PM	Harshana Until 8:54PM	Muruqa: Clear <i>Sunset:</i> 4:01PM	Moon 10 - Phase 28 - 26
	Creative Work Siddha Yoga	Rahu 8:58AM – 10:09AM	Kaulava Until 12:19AM Sun	Nataraja: Clear Moon – Clear	4th Phase
Until 7:28PM				Dvadashi Until 12:40PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Then Routine Work - Prabararishta Yoga	<i>Pradosha Vrata</i>				

4	Sunday, November 6, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Warsaw, Poland Sun 27 Sutra 203
	Meena Rasi: 22.31 Tithi 13 – 14	Gulika 1:39PM – 2:49PM	Revati Until 7:25PM	Ganesha: Blue <i>Sunrise:</i> 6:39AM	Subhakarit 5124
	612276574	Yama 11:19AM – 12:29PM	Vajra* Until 7:18PM	Muruqa: Clear <i>Sunset:</i> 3:59PM	Moon 10 - Phase 28 - 27
	Creative Work Amrita Yoga	Rahu 2:49PM – 3:59PM	Gara Until 11:52PM	Nataraja: Clear Moon – Clear	4th Phase
Until 7:25PM				Trayodashi Until 12:01PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga				Kartika•Aipasi	

○	Monday, November 7, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau			Warsaw, Poland Sun 28 Sutra 204
	Copper Retreat Star	Gulika 12:29PM – 1:38PM	Ashvini Until 8:07PM	Ganesha: Blue <i>Sunrise:</i> 6:41AM	Subhakarit 5124
	Mesha Rasi: 5.41 Tithi 14 – 15	Yama 10:10AM – 11:19AM	Siddhi Until 6:05PM	Muruqa: Clear <i>Sunset:</i> 3:57PM	Moon 10 - Phase 28 -
	Family Home Evening	Rahu 7:51AM – 9:00AM	Visti Until 11:52PM	Nataraja: Clear Moon – White	Purnima
Creative Work Siddha Yoga				Chaturdashy* Until 11:47AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
				Kartika•Aipasi	

○	Tuesday, November 8, 2022	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Warsaw, Poland Sun 29 Sutra 205
	Silver Retreat Star	Gulika 11:19AM – 12:28PM	Bharani Until 9:08PM	Ganesha: Blue <i>Sunrise:</i> 6:43AM	Subhakarit 5124
	Mesha Rasi: 18.37 Tithi 15 – 16	Yama 9:01AM – 10:10AM	Vyatipata* Until 5:14PM	Muruqa: Clear <i>Sunset:</i> 3:56PM	Moon 10 - Phase 28 -
	722276574	Rahu 1:37PM – 2:47PM	Balava Until 12:23AM Wed	Nataraja: Clear Moon – White	Prathama
Creative Work Siddha Yoga				Purnima* Until 12:02PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
				Kartika•Aipasi	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Warsaw, Poland

Sutra 206

Subhakarit 5124

Vrishabha Rasi: 1.19 Tithi 16 - 17

722276574

Gulika 10:11AM - 11:19AM
Yama 7:54AM - 9:02AM
Rahu 11:19AM - 12:28PM

Krittika Until 10:29PM
Varyan Until 4:46PM
Taitila Until 1:25AM Thu
Prathama* Until 12:49PM

Ganesha: Blue Sunrise: 6:45AM
Muruqa: Clear Sunset: 3:54PM
Nataraja: Clear
Moon - White
Karttika-Aipasi

Moon 11 - Phase 29 - 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 10:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Warsaw, Poland

Sun 1 Sutra 207

Subhakarit 5124

Vrishabha Rasi: 13.47 Tithi 17 - 18

732276574

Gulika 9:03AM - 10:11AM
Yama 6:47AM - 7:55AM
Rahu 12:28PM - 1:36PM

Rohini Until 12:39AM Fri
Parigha* Until 4:42PM
Vanija Until 2:56AM Fri
Dvitiya Until 2:06PM

Ganesha: Red Sunrise: 6:47AM
Muruqa: Clear Sunset: 3:52PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Moon 11 - Phase 29 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 12:39AM Fri

Then Creative Work - Siddha Yoga

2

Friday, November 11, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Warsaw, Poland

Sun 2 Sutra 208

Subhakarit 5124

Vrishabha Rasi: 26.02 Tithi 18 - 19

732276574

Gulika 7:56AM - 9:04AM
Yama 1:35PM - 2:43PM
Rahu 10:12AM - 11:20AM

Mrigashira Until 3:05AM Sat
Shiva Until 5:00PM
Bava Until 4:55AM Sat
Tritiya Until 3:51PM

Ganesha: Red Sunrise: 6:48AM
Muruqa: Clear Sunset: 3:51PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Moon 11 - Phase 29 - 2nd Phase

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava Karana Chaturthayam Titau

Warsaw, Poland

Sun 3 Sutra 209

Subhakarit 5124

Mithuna Rasi: 8.07 Tithi 19

732276574

Gulika 6:50AM - 7:58AM
Yama 12:27PM - 1:34PM
Rahu 9:05AM - 10:12AM

Ardra Until 5:39AM Sun
Siddha Until 5:34PM
Balava Until 6:00PM
Chaturthi* Until 6:00PM

Ganesha: Red Sunrise: 6:50AM
Muruqa: Clear Sunset: 3:49PM
Nataraja: Clear
Moon - Yellow
Karttika-Aipasi

Moon 11 - Phase 29 - 3rd Phase

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Warsaw, Poland

Sun 4 Sutra 210

Subhakarit 5124

Mithuna Rasi: 20.04 Tithi 20

742276574

Gulika 1:34PM - 2:41PM
Yama 11:20AM - 12:27PM
Rahu 2:41PM - 3:48PM

Punarvasu Until 8:45AM Mon
Sadhya Until 6:19PM
Kaulava Until 7:12AM
Panchami Until 8:24PM

Ganesha: Green Sunrise: 6:52AM
Muruqa: Clear Sunset: 3:48PM
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Moon 11 - Phase 29 - 4th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Warsaw, Poland

Sun 5 Sutra 211

Subhakarit 5124

Kataka Rasi: 1.58 Tithi 21

742376574

Gulika 12:27PM - 1:33PM
Yama 10:13AM - 11:20AM
Rahu 8:00AM - 9:07AM

Punarvasu Until 8:45AM
Subha Until 7:11PM
Gara Until 9:41AM
Shashthi* Until 10:54PM

Ganesha: White Sunrise: 6:54AM
Muruqa: Clear Sunset: 3:46PM
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Moon 11 - Phase 29 - 5th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 8:45AM

Then Creative Work - Siddha Yoga

6

Tuesday, November 15, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti/Bava Karana Saptamyam Titau

Warsaw, Poland

Sun 6 Sutra 212

Subhakarit 5124

Kataka Rasi: 13.5 Tithi 22

743376574

Gulika 11:20AM - 12:26PM
Yama 9:08AM - 10:14AM
Rahu 1:32PM - 2:39PM

Pushya Until 11:40AM
Sukla Until 7:57PM
Visti Until 12:09PM
Saptami Until 1:18AM Wed

Ganesha: Green Sunrise: 6:56AM
Muruqa: Clear Sunset: 3:45PM
Nataraja: Clear
Moon - Blue
Karttika-Aipasi

Moon 11 - Phase 29 - 6th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Warsaw, Poland

Sun 7 Sutra 213

Subhakarit 5124

Kataka Rasi: 25.47 Tithi 23

743376574

Gulika 10:15AM - 11:20AM
Yama 8:03AM - 9:09AM
Rahu 11:20AM - 12:26PM

Ashlesha* Until 2:15PM
Brahma Until 8:33PM
Balava Until 2:26PM
Ashtami* Until 3:24AM Thu

Ganesha: Green Sunrise: 6:57AM
Muruqa: Clear Sunset: 3:43PM
Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Moon 11 - Phase 29 - 7th Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Warsaw, Poland

Sun 8 Sutra 214

Subhakarit 5124

Simha Rasi: 7.5 Tithi 24

753376575

Gulika 9:10AM - 10:15AM
Yama 6:59AM - 8:04AM
Rahu 12:26PM - 1:31PM

Magha* Until 4:47PM
Indra Until 8:49PM
Taitila Until 4:19PM
Navami* Until 5:01AM Fri

Ganesha: Orange Sunrise: 6:59AM
Muruqa: Clear Sunset: 3:42PM
Nataraja: Purple
Moon - Red
Karttika-Karttikai

Moon 11 - Phase 29 - 8th Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 4:47PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

11 times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau			Warsaw, Poland Sun 9 Sutra 215	
Simha Rasi: 20.07	Tithi 25	Gulika 8:06AM – 9:11AM	Purvaphalguni Until 6:35PM	Ganesha: Orange	<i>Sunrise:</i> 7:01AM	Subhakrit 5124		
		Yama 1:31PM – 2:36PM	Vaidhriti* Until 8:37PM	Muruqa: Clear	<i>Sunset:</i> 3:41PM	Moon 11 - Phase 30 - 9		
		753376575 Rahu 10:16AM – 11:21AM	Vanija Until 5:37PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga		Dashami Until 6:00AM Sat	Moon – Red		Sivaloka Day		
				Karttika-Karttikai				

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekashyam Titau			Warsaw, Poland Sun 10 Sutra 216	
Kanya Rasi: 2.4	Tithi 25 – 26	Gulika 7:03AM – 8:07AM	Uttaraphalguni Until 7:34PM	Ganesha: Orange	<i>Sunrise:</i> 7:03AM	Subhakrit 5124		
		Yama 12:26PM – 1:30PM	Vishkambha* Until 7:53PM	Muruqa: Clear	<i>Sunset:</i> 3:39PM	Moon 11 - Phase 30 - 10		
		753376575 Rahu 9:12AM – 10:16AM	Bava Until 6:13PM	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga		Dashami Until 6:00AM	Moon – Red		Sivaloka Day		
				Karttika-Karttikai				

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau			Warsaw, Poland Sun 11 Sutra 217	
Kanya Rasi: 15.33	Tithi 26 – 27	Gulika 1:30PM – 2:34PM	Hasta Until 8:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:04AM	Subhakrit 5124		
		Yama 11:21AM – 12:25PM	Priti Until 6:33PM	Muruqa: Clear	<i>Sunset:</i> 3:38PM	Moon 11 - Phase 30 - 11		
		763376575 Rahu 2:34PM – 3:38PM	Kaulava Until 6:03PM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga		Ekadashi* Until 6:13AM	Moon – Green		Devaloka Day		
Until 8:07PM				Karttika-Karttikai				
Then Creative Work - Siddha Yoga								

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau			Warsaw, Poland Sun 12 Sutra 218	
Kanya Rasi: 28.51	Tithi 28	Gulika 12:25PM – 1:29PM	Chitra Until 7:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:06AM	Subhakrit 5124		
Family Home Evening		Yama 10:18AM – 11:21AM	Ayushman Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 3:37PM	Moon 11 - Phase 30 - 12		
Routine Work	Prabalarishta Yoga	763376575 Rahu 8:10AM – 9:14AM	Gara Until 5:07PM	Nataraja: Purple		2nd Phase		
Until 7:45PM			Trayodashi* Until 4:22AM Tue	Moon – Green		Devaloka Day		
Then Creative Work - Amrita Yoga				Karttika-Karttikai				
				Pradosha Vrata (Fasting)				

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Warsaw, Poland Sun 13 Sutra 219	
Tula Rasi: 12.34	Tithi 29	Gulika 11:22AM – 12:25PM	Svati Until 6:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:08AM	Subhakrit 5124		
		Yama 9:15AM – 10:18AM	Saubhagya Until 2:07PM	Muruqa: Clear	<i>Sunset:</i> 3:36PM	Moon 11 - Phase 30 - 13		
		763376575 Rahu 1:29PM – 2:32PM	Visti Until 3:30PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga		Chaturdashi* Until 2:26AM Wed	Moon – Green		Devaloka Day		
Until 6:34PM				Karttika-Karttikai				
Then Routine Work - Marana Yoga								

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Warsaw, Poland Sun 14 Sutra 220	
Retreat Star		Gulika 10:19AM – 11:22AM	Vishakha Until 5:07PM	Ganesha: Purple	<i>Sunrise:</i> 7:09AM	Subhakrit 5124		
Tula Rasi: 26.4	Tithi 30	Yama 8:12AM – 9:16AM	Sobhana Until 11:09AM	Muruqa: Clear	<i>Sunset:</i> 3:35PM	Moon 11 - Phase 30 - 14		
		773376575 Rahu 11:22AM – 12:25PM	Catuspada Until 1:16PM	Nataraja: Purple		Amavasya		
Creative Work	Siddha Yoga		Amavasya* Until 11:58PM	Moon – Orange		Devaloka Day		
				Karttika-Karttikai				

Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau			Warsaw, Poland Sun 15 Sutra 221		
Retreat Star		Gulika 9:17AM – 10:19AM	Anuradha Until 3:06PM	Ganesha: Purple	<i>Sunrise:</i> 7:11AM	Subhakrit 5124	
Vrischika Rasi: 11.07	Tithi 1	Yama 7:11AM – 8:14AM	Athiganda* Until 7:48AM	Muruqa: Clear	<i>Sunset:</i> 3:34PM	Moon 11 - Phase 30 - 15	
		773376575 Rahu 12:25PM – 1:28PM	Kintughna Until 10:36AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 9:08PM	Moon – Orange		Devaloka Day	
Until 3:06PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

all times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1		Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Warsaw, Poland Sun 16 Sutra 222	
Vrischika Rasi: 25.47	Tithi 2	Gulika 8:15AM – 9:18AM	Jyeshtha* Until 12:41PM	Ganesha: Purple	Sunrise: 7:12AM	Subhakrit 5124	
		Yama 1:28PM – 2:30PM	Dhriti Until 12:27AM Sat	Muruqa: Clear	Sunset: 3:33PM	Moon 11 - Phase 31 - 16	
		793376575 Rahu 10:20AM – 11:23AM	Balava Until 7:39AM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 6:05PM	Moon – Orange		Devaloka Day	
Until 12:41PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							
2		Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Warsaw, Poland Sun 17 Sutra 223	
Dhanus Rasi: 10.35	Tithi 3 – 4	Gulika 7:14AM – 8:16AM	Mula* Until 10:26AM	Ganesha: Light Blue	Sunrise: 7:14AM	Subhakrit 5124	
		Yama 12:25PM – 1:27PM	Shula* Until 8:41PM	Muruqa: Clear	Sunset: 3:32PM	Moon 11 - Phase 31 - 17	
		783376575 Rahu 9:18AM – 10:21AM	Vanija Until 1:26AM Sun	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 2:57PM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							
3		Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Warsaw, Poland Sun 18 Sutra 224	
Dhanus Rasi: 25.22	Tithi 4 – 5	Gulika 1:27PM – 2:29PM	Purvashadha* Until 8:06AM	Ganesha: Light Blue	Sunrise: 7:16AM	Subhakrit 5124	
		Yama 11:23AM – 12:25PM	Ganda* Until 5:00PM	Muruqa: Clear	Sunset: 3:31PM	Moon 11 - Phase 31 - 18	
		783376575 Rahu 2:29PM – 3:31PM	Bava Until 10:29PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 11:55AM	Moon – Light Blue		Devaloka Day	
Until 8:06AM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							
4		Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Warsaw, Poland Sun 19 Sutra 225	
Makara Rasi: 10.01	Tithi 5 – 6	Gulika 12:25PM – 1:27PM	Shravana Until 4:06AM Tue	Ganesha: Orange	Sunrise: 7:17AM	Subhakrit 5124	
Family Home Evening		Yama 10:22AM – 11:24AM	Vridhi Until 1:32PM	Muruqa: Clear	Sunset: 3:30PM	Moon 11 - Phase 31 - 19	
Creative Work	Amrita Yoga	793376575 Rahu 8:19AM – 9:20AM	Kaulava Until 7:47PM	Nataraja: Purple		3rd Phase	
Until 4:06AM Tue			Panchami Until 9:04AM	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Margasira-Karttikai			
5		Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Vanija Karana Shashthi/Saptamyam Titau		Warsaw, Poland Sun 20 Sutra 226	
Makara Rasi: 24.27	Tithi 6 – 7	Gulika 11:24AM – 12:25PM	Dhanishtha Until 2:39AM Wed	Ganesha: Orange	Sunrise: 7:19AM	Subhakrit 5124	
		Yama 9:21AM – 10:23AM	Dhruva Until 10:20AM	Muruqa: Clear	Sunset: 3:29PM	Moon 11 - Phase 31 - 20	
		793376575 Rahu 1:27PM – 2:28PM	Vanija Until 4:28AM Wed	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 6:34AM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			
Retreat Star		Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Warsaw, Poland Sun 21 Sutra 227	
Kumbha Rasi: 8.37	Tithi 8	Gulika 10:23AM – 11:24AM	Shatabhishak Until 1:32AM Thu	Ganesha: Clear	Sunrise: 7:20AM	Subhakrit 5124	
		Yama 8:21AM – 9:22AM	Vyaghata* Until 7:29AM	Muruqa: Clear	Sunset: 3:28PM	Moon 11 - Phase 31 - 21	
		794376575 Rahu 11:24AM – 12:25PM	Visti Until 3:37PM	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 2:51AM Thu	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			
Retreat Star		Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Warsaw, Poland Sun 22 Sutra 228	
Kumbha Rasi: 22.28	Tithi 9	Gulika 9:23AM – 10:24AM	Purvaproshtapada* Until 1:12AM Fri	Ganesha: Red	Sunrise: 7:22AM	Subhakrit 5124	
		Yama 7:22AM – 8:22AM	Vajra* Until 2:57AM Fri	Muruqa: Clear	Sunset: 3:28PM	Moon 11 - Phase 31 - 22	
		714376575 Rahu 12:25PM – 1:26PM	Balava Until 2:15PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Navami* Until 1:45AM Fri	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1 Friday, December 2, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Warsaw, Poland
Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau Sun 23 Sutra 229

Meena Rasi: 6 Tithi 10
714376575 **Gulika** 8:24AM – 9:24AM **Uttaraproshtapada** Until 1:14AM Sat **Ganesha:** Red *Sunrise:* 7:23AM Subhakrit 5124
Yama 1:26PM – 2:27PM **Siddhi** Until 1:18AM Sat **Muruqa:** Clear *Sunset:* 3:27PM Moon 11 - Phase 32 - 23
Rahu 10:25AM – 11:25AM **Taitila** Until 1:25PM **Nataraja:** Purple 4th Phase
Creative Work Siddha Yoga **Dashami** Until 1:10AM Sat **Margasira-Karttikai** **Sivaloka Day**
Until 1:14AM Sat
Then Routine Work - Prabalarishta Yoga

2 Saturday, December 3, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Warsaw, Poland
Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 24 Sutra 230

Meena Rasi: 19.16 Tithi 11
714376575 **Gulika** 7:24AM – 8:25AM **Revati** Until 1:37AM Sun **Ganesha:** Red *Sunrise:* 7:24AM Subhakrit 5124
Yama 12:26PM – 1:26PM **Vyatipata*** Until 12:04AM Sun **Muruqa:** Clear *Sunset:* 3:26PM Moon 11 - Phase 32 - 24
Rahu 9:25AM – 10:25AM **Vanija** Until 1:05PM **Nataraja:** Purple 4th Phase
Routine Work Prabalarishta Yoga **Ekadashi** Until 1:06AM Sun **Margasira-Karttikai** **Sivaloka Day**
Until 1:37AM Sun
Then Creative Work - Siddha Yoga

3 Sunday, December 4, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Warsaw, Poland
Ashvini Nakshatra Variyan Yoga Bava/Balava Karana Dvodashyam Titau Sun 25 Sutra 231

Mesha Rasi: 2.16 Tithi 12
724376575 **Gulika** 1:26PM – 2:26PM **Ashvini** Until 2:45AM Mon **Ganesha:** Blue *Sunrise:* 7:26AM Subhakrit 5124
Yama 11:26AM – 12:26PM **Variyan** Until 11:10PM **Muruqa:** Clear *Sunset:* 3:26PM Moon 11 - Phase 32 - 25
Rahu 2:26PM – 3:26PM **Bava** Until 1:15PM **Nataraja:** Purple 4th Phase
Creative Work Siddha Yoga **Dvodashi** Until 1:30AM Mon **Margasira-Karttikai** **Devaloka Day**

4 Monday, December 5, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Warsaw, Poland
Bharani Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 232

Mesha Rasi: 15.02 Tithi 13
724376575 **Gulika** 12:26PM – 1:26PM **Bharani** Until 4:09AM Tue **Ganesha:** Blue *Sunrise:* 7:27AM Subhakrit 5124
Yama 10:27AM – 11:26AM **Parigha*** Until 10:37PM **Muruqa:** Clear *Sunset:* 3:25PM Moon 11 - Phase 32 - 26
Rahu 8:27AM – 9:27AM **Kaulava** Until 1:53PM **Nataraja:** Purple 4th Phase
Creative Work Siddha Yoga **Trayodashi** Until 2:20AM Tue **Margasira-Karttikai** **Devaloka Day**
Pradosha Vrata

5 Tuesday, December 6, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Warsaw, Poland
Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 233

Mesha Rasi: 27.37 Tithi 14
724376575 **Gulika** 11:27AM – 12:26PM **Krittika** Until 5:47AM Wed **Ganesha:** Blue *Sunrise:* 7:28AM Subhakrit 5124
Yama 9:28AM – 10:27AM **Shiva** Until 10:23PM **Muruqa:** Clear *Sunset:* 3:25PM Moon 11 - Phase 32 - 27
Rahu 1:26PM – 2:25PM **Gara** Until 2:56PM **Nataraja:** Purple 4th Phase
Creative Work Siddha Yoga **Chaturdashi*** Until 3:35AM Wed **Margasira-Karttikai** **Devaloka Day**
Krittika Deepam

Wednesday, December 7, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Warsaw, Poland
Copper Retreat Star Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau Sun 28 Sutra 234

Vrishabha Rasi: 10.01 Tithi 15
734376575 **Gulika** 10:28AM – 11:27AM **Rohini** Until 8:05AM Thu **Ganesha:** Yellow *Sunrise:* 7:30AM Subhakrit 5124
Yama 8:29AM – 9:28AM **Siddha** Until 10:25PM **Muruqa:** Clear *Sunset:* 3:25PM Moon 11 - Phase 32 -
Rahu 11:27AM – 12:27PM **Visti** Until 4:22PM **Nataraja:** Purple Purnima
Creative Work Siddha Yoga **Purnima*** Until 5:12AM Thu **Margasira-Karttikai** **Sivaloka Day**
Until 8:05AM Thu
Then Routine Work - Marana Yoga

Thursday, December 8, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Warsaw, Poland
Silver Retreat Star Rohini/Mrigashira Nakshatra Sadhya Yoga Balava Karana Prathamayam Titau Sun 29 Sutra 235

Vrishabha Rasi: 22.16 Tithi 16
734376575 **Gulika** 9:29AM – 10:28AM **Rohini** Until 8:05AM **Ganesha:** Yellow *Sunrise:* 7:31AM Subhakrit 5124
Yama 7:31AM – 8:30AM **Sadhya** Until 10:43PM **Muruqa:** Clear *Sunset:* 3:24PM Moon 11 - Phase 32 -
Rahu 12:27PM – 1:26PM **Balava** Until 6:10PM **Nataraja:** Purple Prathama
Routine Work Marana Yoga **Prathama*** Until 7:09AM Fri **Margasira-Karttikai** **Sivaloka Day**
Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

11 times are standard time. Calculated for Warsaw, Poland on 5/1/2

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Friday, December 9, 2022

Gold Retreat Star

Mithuna Rasi: 4.23 Tithi 16 – 17

Creative Work Siddha Yoga

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Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 8:31AM – 9:30AM
Yama 1:26PM – 2:25PM
Rahu 10:29AM – 11:28AM

Mrigashira Until 10:32AM
Subha Until 11:14PM
Taitila Until 8:15PM
Prathama* Until 7:09AM

Ganesha: Red *Sunrise:* 7:32AM
Muruqa: Clear *Sunset:* 3:24PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Sivaloka Day

Warsaw, Poland
Sutra 236
Subhakrit 5124
Moon 12 - Phase 33 -
1st Phase

1

Saturday, December 10, 2022

Mithuna Rasi: 16.23 Tithi 17 – 18

Creative Work Siddha Yoga

734476575

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:33AM – 8:32AM
Yama 12:27PM – 1:26PM
Rahu 9:31AM – 10:30AM

Ardra Until 1:03PM
Sukla Until 11:54PM
Vanija Until 10:35PM
Dvitiya Until 9:22AM

Ganesha: Red *Sunrise:* 7:33AM
Muruqa: Clear *Sunset:* 3:24PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Sivaloka Day

Warsaw, Poland
Sun 1 Sutra 237
Subhakrit 5124
Moon 12 - Phase 33 - 1
1st Phase

2

Sunday, December 11, 2022

Mithuna Rasi: 28.19 Tithi 18 – 19

Creative Work Siddha Yoga

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Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Gulika 1:26PM – 2:25PM
Yama 11:29AM – 12:28PM
Rahu 2:25PM – 3:24PM

Punarvasu Until 4:06PM
Brahma Until 12:42AM Mon
Bava Until 1:04AM Mon
Tritiya Until 11:47AM

Ganesha: Green *Sunrise:* 7:34AM
Muruqa: Clear *Sunset:* 3:24PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Devaloka Day

Warsaw, Poland
Sun 2 Sutra 238
Subhakrit 5124
Moon 12 - Phase 33 - 2
1st Phase

3

Monday, December 12, 2022

Kataka Rasi: 10.12 Tithi 19 – 20

Family Home Evening

Creative Work Siddha Yoga

745476575

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:28PM – 1:27PM
Yama 10:31AM – 11:29AM
Rahu 8:34AM – 9:32AM

Pushya Until 7:03PM
Indra Until 1:33AM Tue
Kaulava Until 3:36AM Tue
Chaturthi* Until 2:19PM

Ganesha: White *Sunrise:* 7:35AM
Muruqa: Clear *Sunset:* 3:24PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Devaloka Day

Warsaw, Poland
Sun 3 Sutra 239
Subhakrit 5124
Moon 12 - Phase 33 - 3
1st Phase

4

Tuesday, December 13, 2022

Kataka Rasi: 22.04 Tithi 20 – 21

Creative Work Siddha Yoga

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Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:30AM – 12:28PM
Yama 9:33AM – 10:32AM
Rahu 1:27PM – 2:25PM

Ashlesha* Until 9:48PM
Vaidhriti* Until 2:19AM Wed
Gara Until 6:03AM Wed
Panchami Until 4:49PM

Ganesha: White *Sunrise:* 7:36AM
Muruqa: Clear *Sunset:* 3:24PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Devaloka Day

Warsaw, Poland
Sun 4 Sutra 240
Subhakrit 5124
Moon 12 - Phase 33 - 4
1st Phase

5

Wednesday, December 14, 2022

Simha Rasi: 3.59 Tithi 21

Creative Work Siddha Yoga

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Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:32AM – 11:30AM
Yama 8:36AM – 9:34AM
Rahu 11:30AM – 12:29PM

Magha* Until 12:42AM Thu
Vishkambha* Until 2:55AM Thu
Gara Until 6:03AM
Shashthi* Until 7:10PM

Ganesha: Clear *Sunrise:* 7:37AM
Muruqa: Clear *Sunset:* 3:24PM
Nataraja: Purple
Moon – Red
Margasira-Karttikai

Sivaloka Day

Warsaw, Poland
Sun 5 Sutra 241
Subhakrit 5124
Moon 12 - Phase 33 - 5
1st Phase

6

Thursday, December 15, 2022

Simha Rasi: 15.59 Tithi 22

Creative Work Siddha Yoga

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Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:35AM – 10:33AM
Yama 7:38AM – 8:36AM
Rahu 12:29PM – 1:27PM

Purvaphalguni Until 3:02AM Fri
Priti Until 3:13AM Fri
Visti Until 8:14AM
Saptami Until 9:08PM

Ganesha: Clear *Sunrise:* 7:38AM
Muruqa: Clear *Sunset:* 3:24PM
Nataraja: Purple
Moon – Red
Margasira-Karttikai

Sivaloka Day

Warsaw, Poland
Sun 6 Sutra 242
Subhakrit 5124
Moon 12 - Phase 33 - 6
1st Phase

D

Friday, December 16, 2022

Retreat Star

Simha Rasi: 28.1 Tithi 23

Creative Work Siddha Yoga

Until 4:38AM Sat

Then Routine Work - Marana Yoga

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Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:37AM – 9:35AM
Yama 1:28PM – 2:26PM
Rahu 10:33AM – 11:31AM

Markali Pillaiyar

Uttaraphalguni Until 4:38AM Sat
Ayushman Until 3:02AM Sat
Balava Until 9:57AM
Ashtami* Until 10:33PM

Ganesha: White *Sunrise:* 7:39AM
Muruqa: Clear *Sunset:* 3:24PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Devaloka Day

Warsaw, Poland
Sun 7 Sutra 243
Subhakrit 5124
Moon 12 - Phase 33 - 7
Ashtami

Saturday, December 17, 2022

Retreat Star

Kanya Rasi: 10.37 Tithi 24

Routine Work Marana Yoga

Until 5:49AM Sun

Then Creative Work - Siddha Yoga

865476575

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Gulika 7:40AM – 8:38AM
Yama 12:30PM – 1:28PM
Rahu 9:36AM – 10:34AM

Hasta Until 5:49AM Sun
Saubhagya Until 2:17AM Sun
Taitila Until 11:01AM
Navami* Until 11:14PM

Ganesha: Clear *Sunrise:* 7:40AM
Muruqa: Clear *Sunset:* 3:24PM
Nataraja: Purple
Moon – Green
Margasira-Markali

Sivaloka Day

Warsaw, Poland
Sun 8 Sutra 244
Subhakrit 5124
Moon 12 - Phase 33 - 8
Navami

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

11 times are standard time. Calculated for Warsaw, Poland on 5/1/2


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1	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Warsaw, Poland
			Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 245
Kanya Rasi: 23.25	Tithi 25	865476575	Gulika 1:28PM – 2:26PM	Chitra Until 6:01AM Mon	Ganesha: Clear <i>Sunrise:</i> 7:41AM
			Yama 11:32AM – 12:30PM	Sobhana Until 12:54AM Mon	Muruqa: Clear <i>Sunset:</i> 3:24PM
			Rahu 2:26PM – 3:24PM	Vanija Until 11:17AM	Nataraja: Purple
Creative Work Siddha Yoga				Dashami Until 11:05PM	Moon – Green
Until 6:01AM Mon					Sivaloka Day
Then Creative Work - Amrita Yoga					Margasira*Markali

2	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Warsaw, Poland
			Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 246
Tula Rasi: 6.38	Tithi 26	865476575	Gulika 12:31PM – 1:29PM	Chitra Until 6:01AM	Ganesha: Clear <i>Sunrise:</i> 7:41AM
Family Home Evening			Yama 10:35AM – 11:33AM	Athiganda* Until 10:49PM	Muruqa: Clear <i>Sunset:</i> 3:25PM
Routine Work Prabalarishta Yoga			Rahu 8:39AM – 9:37AM	Bava Until 10:42AM	Nataraja: Purple
Until 6:01AM				Ekadashi* Until 10:04PM	Moon – Green
Then Creative Work - Amrita Yoga					Sivaloka Day
					Margasira*Markali

3	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Warsaw, Poland
			Vishakha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Sun 11 Sutra 247
Tula Rasi: 20.2	Tithi 27	875476575	Gulika 11:33AM – 12:31PM	Vishakha Until 4:01AM Wed	Ganesha: Purple <i>Sunrise:</i> 7:42AM
			Yama 9:38AM – 10:36AM	Sukarma Until 8:07PM	Muruqa: Clear <i>Sunset:</i> 3:25PM
Routine Work Marana Yoga			Rahu 1:29PM – 2:27PM	Kaulava Until 9:17AM	Nataraja: Purple
Until 4:01AM Wed				Dvadashti* Until 8:15PM	Moon – Orange
Then Creative Work - Siddha Yoga					Devaloka Day
					Margasira*Markali

4	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Warsaw, Poland
			Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 248
Vrischika Rasi: 4.31	Tithi 28 – 29	876476575	Gulika 10:36AM – 11:34AM	Anuradha Until 2:00AM Thu	Ganesha: Clear <i>Sunrise:</i> 7:42AM
			Yama 8:40AM – 9:38AM	Dhriti Until 4:52PM	Muruqa: Clear <i>Sunset:</i> 3:25PM
Creative Work Siddha Yoga			Rahu 11:34AM – 12:32PM	Gara Until 7:06AM	Nataraja: Purple
Until 2:00AM Thu				Trayodashi* Until 5:45PM	Moon – Orange
Then Routine Work - Prabalarishta Yoga			Day 1 of Pancha Ganapati		Sivaloka Day
				<i>Pradosha Vrata (Fasting)</i>	Margasira*Markali



	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Warsaw, Poland
			Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 249
Retreat Star			Gulika 9:39AM – 10:37AM	Jyeshtha* Until 11:22PM	Ganesha: Clear <i>Sunrise:</i> 7:43AM
Vrischika Rasi: 19.07	Tithi 29 – 30	876476575	Yama 7:43AM – 8:41AM	Shula* Until 1:09PM	Muruqa: Clear <i>Sunset:</i> 3:26PM
Routine Work Prabalarishta Yoga			Rahu 12:32PM – 1:30PM	Catuspada Until 1:02AM Fri	Nataraja: Purple
Until 11:22PM				Chaturdashi* Until 2:42PM	Moon – Orange
Then Creative Work - Siddha Yoga			Day 2 of Pancha Ganapati		Sivaloka Day
					Margasira*Markali

Retreat Star	Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Warsaw, Poland
			Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 250
Dhanus Rasi: 4.04	Tithi 30 – 1	886476575	Gulika 8:41AM – 9:39AM	Mula* Until 8:42PM	Ganesha: Orange <i>Sunrise:</i> 7:43AM
			Yama 1:31PM – 2:29PM	Ganda* Until 9:08AM	Muruqa: Clear <i>Sunset:</i> 3:27PM
Creative Work Amrita Yoga			Rahu 10:37AM – 11:35AM	Kintughna Until 9:29PM	Nataraja: Purple
Until 8:42PM				Amavasya* Until 11:16AM	Moon – Light Blue
Then Routine Work - Prabalarishta Yoga			Day 3 of Pancha Ganapati		Sivaloka Day
					Pausha*Markali

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

11 times are standard time. Calculated for Warsaw, Poland on 5/1/2

www.gurudeva.org/panchang

1	Saturday, December 24, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Warsaw, Poland
	Dhanus Rasi: 19.12	Tithi 1 – 2	Gulika 7:44AM – 8:42AM	Purvashadha* Until 5:46PM	Ganesha: Orange	<i>Sunrise:</i> 7:44AM	Sun 15 Sutra 251
	886486575		Yama 12:33PM – 1:31PM	Dhruva Until 12:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 3:27PM	Subhakrit 5124
			Rahu 9:40AM – 10:38AM	Kaulava Until 3:58AM Sun	Nataraja: Purple		Moon 12 - Phase 35 - 15 3rd Phase
			Day 4 of Pancha Ganapati	Prathama* Until 7:38AM	Moon – Light Blue		Subha Sivaloka Day
					Pausha*Markali		
2	Sunday, December 25, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Warsaw, Poland
	Makara Rasi: 4.23	Tithi 3	Gulika 1:32PM – 2:30PM	Uttarashadha Until 2:46PM	Ganesha: Orange	<i>Sunrise:</i> 7:44AM	Sun 16 Sutra 252
	886486575		Yama 11:36AM – 12:34PM	Vyaghata* Until 8:30PM	Muruqa: Purple	<i>Sunset:</i> 3:28PM	Subhakrit 5124
			Rahu 2:30PM – 3:28PM	Taitila Until 2:11PM	Nataraja: Purple		Moon 12 - Phase 35 - 16 3rd Phase
			Day 5 of Pancha Ganapati	Tritiya Until 12:26AM Mon	Moon – Light Blue		Subha Sivaloka Day
					Pausha*Markali		
3	Monday, December 26, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Warsaw, Poland
	Makara Rasi: 19.26	Tithi 4	Gulika 12:35PM – 1:33PM	Shravana Until 12:15PM	Ganesha: Clear	<i>Sunrise:</i> 7:44AM	Sun 17 Sutra 253
	896486576		Yama 10:38AM – 11:37AM	Harshana Until 4:35PM	Muruqa: Purple	<i>Sunset:</i> 3:29PM	Subhakrit 5124
			Rahu 8:42AM – 9:40AM	Vanija Until 10:48AM	Nataraja: Clear		Moon 12 - Phase 35 - 17 3rd Phase
			Chaturthi* Until 9:13PM	Moon – Purple			Sivaloka Day
					Pausha*Markali		
4	Tuesday, December 27, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Warsaw, Poland
	Kumbha Rasi: 4.14	Tithi 5	Gulika 11:37AM – 12:35PM	Dhanishtha Until 10:00AM	Ganesha: Clear	<i>Sunrise:</i> 7:45AM	Sun 18 Sutra 254
	896486576		Yama 9:41AM – 10:39AM	Vajra* Until 12:58PM	Muruqa: Purple	<i>Sunset:</i> 3:29PM	Subhakrit 5124
			Rahu 1:33PM – 2:31PM	Bava Until 7:47AM	Nataraja: Clear		Moon 12 - Phase 35 - 18 3rd Phase
			Panchami Until 6:27PM	Moon – Purple			Sivaloka Day
					Pausha*Markali		
5	Wednesday, December 28, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland
	Kumbha Rasi: 18.38	Tithi 6 – 7	Gulika 10:39AM – 11:38AM	Shatabhishak Until 8:08AM	Ganesha: Clear	<i>Sunrise:</i> 7:45AM	Sun 19 Sutra 255
	896486576		Yama 8:43AM – 9:41AM	Siddhi Until 9:50AM	Muruqa: Purple	<i>Sunset:</i> 3:30PM	Subhakrit 5124
			Rahu 11:38AM – 12:36PM	Gara Until 3:27AM Thu	Nataraja: Clear		Moon 12 - Phase 35 - 19 3rd Phase
			Shashthi* Until 4:16PM	Moon – Purple			Sivaloka Day
					Pausha*Markali		
	Thursday, December 29, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Warsaw, Poland
	Meena Rasi: 2.38	Tithi 7 – 8	Gulika 9:42AM – 10:40AM	Purvaproshtapada* Until 7:12AM	Ganesha: Blue	<i>Sunrise:</i> 7:45AM	Sun 20 Sutra 256
	817486576		Yama 7:45AM – 8:43AM	Vyatipata* Until 7:14AM	Muruqa: Purple	<i>Sunset:</i> 3:31PM	Subhakrit 5124
			Rahu 12:36PM – 1:35PM	Visti Until 2:20AM Fri	Nataraja: Clear		Moon 12 - Phase 35 - 20 Ashtami
			Saptami Until 2:47PM	Moon – Clear			Devaloka Day
					Pausha*Markali		
	Friday, December 30, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashlami/Navamyam Titau				Warsaw, Poland
	Meena Rasi: 16.11	Tithi 8 – 9	Gulika 8:43AM – 9:42AM	Uttaraproshtapada Until 6:51AM	Ganesha: Blue	<i>Sunrise:</i> 7:45AM	Sun 21 Sutra 257
	817486576		Yama 1:35PM – 2:34PM	Parigha* Until 3:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 3:32PM	Subhakrit 5124
			Rahu 10:40AM – 11:39AM	Balava Until 1:57AM Sat	Nataraja: Clear		Moon 12 - Phase 35 - 21 Navami
			Ashtami* Until 2:02PM	Moon – Clear			Devaloka Day
					Pausha*Markali		

1	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantla Vasara Yuktayam				Warsaw, Poland
	Meena Rasi: 29.2 Tithi 9 – 10		Revati/Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 258
	817486576		Gulika 7:45AM – 8:44AM	Revati Until 7:04AM	Ganesha: Blue <i>Sunrise:</i> 7:45AM	Muruga: Purple <i>Sunset:</i> 3:33PM	Moon 12 - Phase 36 - 22
	Routine Work Prabalarishta Yoga		Yama 12:37PM – 1:36PM	Shiva Until 2:51AM Sun	Nataraja: Clear	Moon – Clear	4th Phase
Until 7:04AM		Rahu 9:42AM – 10:41AM	Taitila Until 2:17AM Sun	Devaloka Day			
Then Creative Work - Siddha Yoga		Navami* Until 2:01PM				Pausha-Markali	


2	Sunday, January 1, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Warsaw, Poland
	Mesha Rasi: 12.08 Tithi 10 – 11		Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 259
	827486576		Gulika 1:37PM – 2:35PM	Ashvini Until 8:16AM	Ganesha: Yellow <i>Sunrise:</i> 7:45AM	Muruga: Purple <i>Sunset:</i> 3:34PM	Moon 12 - Phase 36 - 23
	Creative Work Siddha Yoga		Yama 11:40AM – 12:38PM	Siddha Until 2:24AM Mon	Nataraja: Clear	Moon – White	4th Phase
Until 8:16AM		Rahu 2:35PM – 3:34PM	Vanija Until 3:16AM Mon	Sivaloka Day			
Then Routine Work - Prabalarishta Yoga		Vaikuntha Ekadasi				Dashami Until 2:41PM	
		Pausha-Markali					

3	Monday, January 2, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Warsaw, Poland
	Mesha Rasi: 24.39 Tithi 11 – 12		Bharani/Krittika Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 260
	827486576		Gulika 12:39PM – 1:37PM	Bharani Until 9:53AM	Ganesha: Yellow <i>Sunrise:</i> 7:45AM	Muruga: Purple <i>Sunset:</i> 3:35PM	Moon 12 - Phase 36 - 24
	Family Home Evening		Yama 10:41AM – 11:40AM	Sadhya Until 2:22AM Tue	Nataraja: Clear	Moon – White	4th Phase
Creative Work Siddha Yoga		Rahu 8:44AM – 9:42AM	Bava Until 4:44AM Tue	Sivaloka Day			
Until 9:53AM		Ekadashi Until 3:55PM				Pausha-Markali	
Then Routine Work - Marana Yoga							

4	Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Warsaw, Poland
	Vrishabha Rasi: 6.58 Tithi 12 – 13		Krittika/Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 261
	827586576		Gulika 11:40AM – 12:39PM	Krittika Until 11:47AM	Ganesha: Blue <i>Sunrise:</i> 7:45AM	Muruga: Purple <i>Sunset:</i> 3:36PM	Moon 12 - Phase 36 - 25
	Creative Work Siddha Yoga		Yama 9:43AM – 10:42AM	Subha Until 2:38AM Wed	Nataraja: Clear	Moon – White	4th Phase
Until 11:47AM		Rahu 1:38PM – 2:37PM	Kaulava Until 6:35AM Wed	Subha Sivaloka Day			
Then Creative Work - Amrita Yoga		Dvadashi Until 5:36PM				Pausha-Markali	
		Pradosha Vrata					

5	Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Warsaw, Poland
	Vrishabha Rasi: 19.07 Tithi 13		Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 262
	838586576		Gulika 10:42AM – 11:41AM	Rohini Until 2:21PM	Ganesha: White <i>Sunrise:</i> 7:45AM	Muruga: Purple <i>Sunset:</i> 3:37PM	Moon 12 - Phase 36 - 26
	Creative Work Siddha Yoga		Yama 8:44AM – 9:43AM	Sukla Until 3:05AM Thu	Nataraja: Clear	Moon – Yellow	4th Phase
Until 9:53AM		Rahu 11:41AM – 12:40PM	Kaulava Until 6:35AM	Devaloka Day			
Then Routine Work - Marana Yoga		Trayodashi Until 7:36PM				Pausha-Markali	

6	Thursday, January 5, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Warsaw, Poland
	Mithuna Rasi: 1.1 Tithi 14		Mrigashira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 263
	838586576		Gulika 9:43AM – 10:42AM	Mrigashira Until 4:59PM	Ganesha: White <i>Sunrise:</i> 7:44AM	Muruga: Purple <i>Sunset:</i> 3:39PM	Moon 12 - Phase 36 - 27
	Routine Work Marana Yoga		Yama 7:44AM – 8:44AM	Brahma Until 3:42AM Fri	Nataraja: Clear	Moon – Yellow	4th Phase
Until 11:47AM		Rahu 12:41PM – 1:40PM	Gara Until 8:43AM	Devaloka Day			
Then Creative Work - Amrita Yoga		Subramuniyaswami Jayanti				Chaturdashi* Until 9:50PM	
						Pausha-Markali	

	Friday, January 6, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Warsaw, Poland
	Copper Retreat Star		Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 264
	Mithuna Rasi: 13.08 Tithi 15		Ardra Until 7:36PM				Subhakrit 5124
	838586576		Gulika 8:43AM – 9:43AM	Indra Until 4:25AM Sat	Ganesha: White <i>Sunrise:</i> 7:44AM	Muruga: Purple <i>Sunset:</i> 3:40PM	Moon 12 - Phase 36 - Purnima
Creative Work Siddha Yoga		Rahu 10:42AM – 11:42AM	Visti Until 11:01AM	Nataraja: Clear	Moon – Yellow		
Until 11:47AM		Purnima* Until 12:12AM Sat				Devaloka Day	
Then Creative Work - Siddha Yoga		Ardra Darshanam				Pausha-Markali	

7	Saturday, January 7, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam				Warsaw, Poland
	Silver Retreat Star		Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 265
	Mithuna Rasi: 25.04 Tithi 16		Punarvasu Until 10:38PM				Subhakrit 5124
	848586576		Gulika 7:44AM – 8:43AM	Vaidhriti* Until 5:10AM Sun	Ganesha: Clear <i>Sunrise:</i> 7:44AM	Muruga: Purple <i>Sunset:</i> 3:41PM	Moon 12 - Phase 36 - Prathama
Creative Work Siddha Yoga		Yama 12:42PM – 1:42PM	Balava Until 1:26PM	Nataraja: Clear	Moon – Blue		
Until 11:47AM		Rahu 9:43AM – 10:43AM	Prathama* Until 2:39AM Sun	Sivaloka Day			
Then Routine Work - Siddha Yoga						Pausha-Markali	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 6.58 Tithi 17
Creative Work Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:43PM – 2:42PM **Pushya** **Until 1:33AM Mon**
Yama 11:43AM – 12:43PM **Vishkambha*** **Until 5:57AM Mon**
Rahu 2:42PM – 3:42PM **Taitila** **Until 3:55PM**
Dvitiya **Until 5:09AM Mon**

Warsaw, Poland
Sutra 266
Subhakarit 5124
Moon 1 - Phase 37 -
1st Phase

Ganesha: Clear **Sunrise:** 7:43AM
Muruqa: Purple **Sunset:** 3:42PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 18.52 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija Karana Tritiyayam Titau

Gulika 12:43PM – 1:43PM **Ashlesha*** **Until 4:17AM Tue**
Yama 10:43AM – 11:43AM **Priti** **Until 6:45AM Tue**
Rahu 8:43AM – 9:43AM **Vanija** **Until 6:25PM**
Tritiya **Until 7:37AM Tue**

Warsaw, Poland
Sun 1 Sutra 267
Subhakarit 5124
Moon 1 - Phase 37 - 1
1st Phase

Ganesha: Clear **Sunrise:** 7:43AM
Muruqa: Purple **Sunset:** 3:44PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

2

Tuesday, January 10, 2023

Simha Rasi: 0.46 Tithi 18 – 19
Creative Work Siddha Yoga
Until 7:16AM Wed
Then Creative Work - Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:44AM – 12:44PM **Magha*** **Until 7:16AM Wed**
Yama 9:43AM – 10:43AM **Priti** **Until 6:45AM**
Rahu 1:44PM – 2:45PM **Bava** **Until 8:51PM**
Tritiya **Until 7:37AM**

Warsaw, Poland
Sun 2 Sutra 268
Subhakarit 5124
Moon 1 - Phase 37 - 2
1st Phase

Ganesha: Purple **Sunrise:** 7:42AM
Muruqa: Purple **Sunset:** 3:45PM
Nataraja: Clear
Moon – Red **Devaloka Day**
Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 12.41 Tithi 19 – 20
Creative Work Siddha Yoga
Until 7:16AM
Then Creative Work - Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:43AM – 11:44AM **Magha*** **Until 7:16AM**
Yama 8:42AM – 9:43AM **Ayushman** **Until 7:26AM**
Rahu 11:44AM – 12:45PM **Kaulava** **Until 11:07PM**
Chaturthi* **Until 9:59AM**

Warsaw, Poland
Sun 3 Sutra 269
Subhakarit 5124
Moon 1 - Phase 37 - 3
1st Phase

Ganesha: Clear **Sunrise:** 7:41AM
Muruqa: Purple **Sunset:** 3:47PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 24.43 Tithi 20 – 21
Creative Work Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:43AM – 10:44AM **Purvaphalguni** **Until 9:51AM**
Yama 7:41AM – 8:42AM **Saubhagya** **Until 7:58AM**
Rahu 12:45PM – 1:46PM **Gara** **Until 1:03AM Fri**
Panchami **Until 12:07PM**

Warsaw, Poland
Sun 4 Sutra 270
Subhakarit 5124
Moon 1 - Phase 37 - 4
1st Phase

Ganesha: Clear **Sunrise:** 7:41AM
Muruqa: Purple **Sunset:** 3:48PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 6.52 Tithi 21 – 22
Creative Work Siddha Yoga
Until 11:55AM
Then Creative Work - Amrita Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:41AM – 9:42AM **Uttaraphalguni** **Until 11:55AM**
Yama 1:47PM – 2:48PM **Sobhana** **Until 8:13AM**
Rahu 10:44AM – 11:45AM **Visti** **Until 2:30AM Sat**
Shashthi* **Until 1:50PM**

Warsaw, Poland
Sun 5 Sutra 271
Subhakarit 5124
Moon 1 - Phase 37 - 5
1st Phase

Ganesha: Clear **Sunrise:** 7:40AM
Muruqa: Purple **Sunset:** 3:50PM
Nataraja: Clear
Moon – Red **Sivaloka Day**
Pausha-Markali

D

Saturday, January 14, 2023
Retreat Star

Kanya Rasi: 19.15 Tithi 22 – 23
Routine Work Marana Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:39AM – 8:41AM **Hasta** **Until 1:46PM**
Yama 12:47PM – 1:48PM **Athiganda*** **Until 8:03AM**
Rahu 9:42AM – 10:44AM **Balava** **Until 3:17AM Sun**
Saptami **Until 2:58PM**

Warsaw, Poland
Sun 6 Sutra 272
Subhakarit 5124
Moon 1 - Phase 37 - 6
Ashtami

Ganesha: White **Sunrise:** 7:39AM
Muruqa: Purple **Sunset:** 3:51PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 1.56 Tithi 23 – 24
Creative Work Siddha Yoga

Subhakarit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:49PM – 2:51PM **Chitra** **Until 2:45PM**
Yama 11:46AM – 12:47PM **Sukarma** **Until 7:21AM**
Rahu 2:51PM – 3:53PM **Taitila** **Until 3:15AM Mon**
Ashtami* **Until 3:21PM**

Warsaw, Poland
Sun 7 Sutra 273
Subhakarit 5124
Moon 1 - Phase 37 - 7
Navami

Ganesha: White **Sunrise:** 7:39AM
Muruqa: Purple **Sunset:** 3:53PM
Nataraja: Clear
Moon – Green **Subha Sivaloka Day**
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada


Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam			Warsaw, Poland	
1		Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Sun 8	Sutra 274
Tula Rasi: 15.01	Tithi 24 – 25	Gulika	12:48PM – 1:50PM	Svati Until 2:46PM	Ganesha: White	Sunrise: 7:38AM
Family Home Evening	869586576	Yama	10:44AM – 11:46AM	Dhriti Until 6:03AM	Muruqa: Purple	Sunset: 3:54PM
Creative Work Amrita Yoga		Rahu	8:40AM – 9:42AM	Vanija Until 2:23AM Tue	Nataraja: Clear	Moon 1 - Phase 38 - 8
Until 2:46PM				Navami* Until 2:54PM	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga					Pausha*Thai	Subha Sivaloka Day

Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam			Warsaw, Poland	
2		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Sun 9	Sutra 275
Tula Rasi: 28.33	Tithi 25 – 26	Gulika	11:46AM – 12:49PM	Vishakha Until 2:15PM	Ganesha: Yellow	Sunrise: 7:37AM
	879586576	Yama	9:41AM – 10:44AM	Ganda* Until 1:24AM Wed	Muruqa: Purple	Sunset: 3:56PM
Routine Work Marana Yoga		Rahu	1:51PM – 2:53PM	Bava Until 12:40AM Wed	Nataraja: Clear	Moon 1 - Phase 38 - 9
Until 2:15PM				Dashami Until 1:36PM	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day

Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam			Warsaw, Poland	
3		Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Sun 10	Sutra 276
Virschika Rasi: 12.35	Tithi 26 – 27	Gulika	10:44AM – 11:47AM	Anuradha Until 12:48PM	Ganesha: Yellow	Sunrise: 7:36AM
	879586576	Yama	8:38AM – 9:41AM	Vriddhi Until 10:11PM	Muruqa: Purple	Sunset: 3:57PM
Creative Work Siddha Yoga		Rahu	11:47AM – 12:49PM	Kaulava Until 10:13PM	Nataraja: Clear	Moon 1 - Phase 38 - 10
				Ekadashi* Until 11:30AM	Moon – Orange	2nd Phase
					Pausha*Thai	Sivaloka Day

Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam			Warsaw, Poland	
4		Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau			Sun 11	Sutra 277
Virschika Rasi: 27.06	Tithi 27 – 28	Gulika	9:41AM – 10:44AM	Jyeshtha* Until 10:33AM	Ganesha: Yellow	Sunrise: 7:35AM
	871586576	Yama	7:35AM – 8:38AM	Dhruva Until 6:26PM	Muruqa: Purple	Sunset: 3:59PM
Routine Work Prabalarishta Yoga		Rahu	12:50PM – 1:53PM	Gara Until 7:09PM	Nataraja: Clear	Moon 1 - Phase 38 - 11
Until 10:33AM				Dvadashi* Until 8:44AM	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha*Thai	Sivaloka Day
					<i>Pradosha Vrata (Fasting)</i>	

Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam			Warsaw, Poland	
5		Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Sun 12	Sutra 278
Dhanus Rasi: 12.01	Tithi 29	Gulika	8:37AM – 9:40AM	Mula* Until 8:04AM	Ganesha: Red	Sunrise: 7:34AM
	881586576	Yama	1:54PM – 2:57PM	Vyaghata* Until 2:20PM	Muruqa: Purple	Sunset: 4:01PM
Creative Work Amrita Yoga		Rahu	10:44AM – 11:47AM	Visti Until 3:38PM	Nataraja: Clear	Moon 1 - Phase 38 - 12
Until 8:04AM				Chaturdashi* Until 1:44AM Sat	Moon – Light Blue	2nd Phase
Then Routine Work - Prabalarishta Yoga					Pausha*Thai	Sivaloka Day

Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam			Warsaw, Poland	
	Retreat Star	Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Sun 13	Sutra 279
Dhanus Rasi: 27.14	Tithi 30	Gulika	7:33AM – 8:36AM	Uttarashadha Until 1:51AM Sun	Ganesha: Red	Sunrise: 7:33AM
	881586576	Yama	12:51PM – 1:55PM	Harshana Until 10:01AM	Muruqa: Purple	Sunset: 4:03PM
Routine Work Marana Yoga		Rahu	9:40AM – 10:44AM	Catuspada Until 11:50AM	Nataraja: Clear	Moon 1 - Phase 38 - 13
Until 1:51AM Sun				Amavasya* Until 9:53PM	Moon – Light Blue	Amavasya
Then Creative Work - Amrita Yoga					Pausha*Thai	Sivaloka Day

Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam			Warsaw, Poland	
Retreat Star		Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau			Sun 14	Sutra 280
Makara Rasi: 12.34	Tithi 1	Gulika	1:56PM – 3:00PM	Shravana Until 10:53PM	Ganesha: Yellow	Sunrise: 7:31AM
	891586576	Yama	11:48AM – 12:52PM	Siddhi Until 1:11AM Mon	Muruqa: Purple	Sunset: 4:04PM
Creative Work Amrita Yoga		Rahu	3:00PM – 4:04PM	Kintughna Until 7:57AM	Nataraja: Clear	Moon 1 - Phase 38 - 14
Until 10:53PM				Prathama* Until 6:01PM	Moon – Purple	Prathama
Then Routine Work - Marana Yoga					Magha*Thai	Sivaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Warsaw, Poland Sun 15 Sutra 281
	Makara Rasi: 27.5	Tithi 2 – 3	Gulika 12:53PM – 1:57PM	Dhanishtha Until 8:00PM	Ganesha: Yellow	<i>Sunrise:</i> 7:30AM	Subhakrit 5124
	Family Home Evening	891586576	Yama 10:44AM – 11:48AM	Vyatipata* Until 9:01PM	Muruqa: Purple	<i>Sunset:</i> 4:06PM	Moon 1 - Phase 39 - 15
	Creative Work Siddha Yoga		Rahu 8:35AM – 9:39AM	Taitila Until 12:36AM Tue	Nataraja: Clear		3rd Phase
			Dvitiya Until 2:19PM		Moon – Purple		Sivaloka Day

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Triliya/Chaturthayam Titau				Warsaw, Poland Sun 16 Sutra 282
	Kumbha Rasi: 12.53	Tithi 3 – 4	Gulika 11:48AM – 12:53PM	Shatabhishak Until 5:24PM	Ganesha: Yellow	<i>Sunrise:</i> 7:29AM	Subhakrit 5124
		891586576	Yama 9:39AM – 10:44AM	Variyan Until 5:09PM	Muruqa: Purple	<i>Sunset:</i> 4:08PM	Moon 1 - Phase 39 - 16
	Routine Work Marana Yoga		Rahu 1:58PM – 3:03PM	Vanija Until 9:31PM	Nataraja: Clear		3rd Phase
			Tritiya Until 10:59AM		Moon – Purple		Sivaloka Day

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Warsaw, Poland Sun 17 Sutra 283
	Kumbha Rasi: 27.34	Tithi 4 – 5	Gulika 10:43AM – 11:49AM	Purvaproshtapada* Until 3:38PM	Ganesha: Blue	<i>Sunrise:</i> 7:28AM	Subhakrit 5124
		911586576	Yama 8:33AM – 9:38AM	Parigha* Until 1:46PM	Muruqa: Purple	<i>Sunset:</i> 4:10PM	Moon 1 - Phase 39 - 17
	Creative Work Amrita Yoga		Rahu 11:49AM – 12:54PM	Bava Until 7:01PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 8:09AM		Moon – Clear		Subha Sivaloka Day

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Balava/Taitila Karana Panchami/Shashthyam Titau				Warsaw, Poland Sun 18 Sutra 284
	Meena Rasi: 11.46	Tithi 5 – 6	Gulika 9:38AM – 10:43AM	Uttaraproshtapada Until 2:26PM	Ganesha: Blue	<i>Sunrise:</i> 7:26AM	Subhakrit 5124
		911586576	Yama 7:26AM – 8:32AM	Shiva Until 10:59AM	Muruqa: Purple	<i>Sunset:</i> 4:11PM	Moon 1 - Phase 39 - 18
	Creative Work Siddha Yoga		Rahu 12:54PM – 2:00PM	Taitila Until 4:40AM Fri	Nataraja: Clear		3rd Phase
			Panchami Until 6:01AM		Moon – Clear		Subha Sivaloka Day

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Warsaw, Poland Sun 19 Sutra 285
	Meena Rasi: 25.29	Tithi 7	Gulika 8:31AM – 9:37AM	Revati Until 1:55PM	Ganesha: Blue	<i>Sunrise:</i> 7:25AM	Subhakrit 5124
		911586576	Yama 2:01PM – 3:07PM	Siddha Until 8:48AM	Muruqa: Purple	<i>Sunset:</i> 4:13PM	Moon 1 - Phase 39 - 19
	Creative Work Siddha Yoga		Rahu 10:43AM – 11:49AM	Gara Until 4:20PM	Nataraja: Clear		3rd Phase
			Saptami Until 4:11AM Sat		Moon – Clear		Subha Sivaloka Day

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Warsaw, Poland Sun 20 Sutra 286
	Retreat Star		Gulika 7:24AM – 8:30AM	Ashvini Until 2:32PM	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	Subhakrit 5124
	Mesha Rasi: 8.43	Tithi 8	Yama 12:56PM – 2:02PM	Sadhya Until 7:20AM	Muruqa: Purple	<i>Sunset:</i> 4:15PM	Moon 1 - Phase 39 - 20
		921586576	Rahu 9:36AM – 10:43AM	Visti Until 4:18PM	Nataraja: Clear		Ashtami
			Ashtami* Until 4:34AM Sun		Moon – White		Sivaloka Day

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Warsaw, Poland Sun 21 Sutra 287
	Retreat Star		Gulika 2:03PM – 3:10PM	Bharani Until 3:48PM	Ganesha: Yellow	<i>Sunrise:</i> 7:22AM	Subhakrit 5124
	Mesha Rasi: 21.32	Tithi 9	Yama 11:49AM – 12:56PM	Subha Until 6:31AM	Muruqa: Purple	<i>Sunset:</i> 4:17PM	Moon 1 - Phase 39 - 21
		922686576	Rahu 3:10PM – 4:17PM	Balava Until 5:04PM	Nataraja: Clear		Navami
			Navami* Until 5:42AM Mon		Moon – White		Sivaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukla/Brahma Yoga Taila Karana Dashmyam Titau			Warsaw, Poland Sun 22 Sutra 288 Subhakrit 5124	
1	Vrishabha Rasi: 3.59 Family Home Evening Routine Work Marana Yoga Until 5:35PM Then Creative Work - Amrita Yoga	Gulika 12:57PM – 2:04PM Yama 10:42AM – 11:50AM 922686576 Rahu 8:28AM – 9:35AM	Krittika Until 5:35PM Sukla Until 6:16AM Taitila Until 6:32PM Dashami Until 7:27AM Tue	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 7:21AM Sunset: 4:19PM	Moon 1 - Phase 40 - 22 4th Phase Sivaloka Day

Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau			Warsaw, Poland Sun 23 Sutra 289 Subhakrit 5124	
2	Vrishabha Rasi: 16.11 Creative Work Amrita Yoga Until 8:11PM Then Creative Work - Siddha Yoga	Gulika 11:50AM – 12:57PM Yama 9:35AM – 10:42AM 932686576 Rahu 2:05PM – 3:13PM	Rohini Until 8:11PM Brahma Until 6:28AM Vanija Until 8:31PM Dashami Until 7:27AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:19AM Sunset: 4:20PM	Moon 1 - Phase 40 - 23 4th Phase Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau			Warsaw, Poland Sun 24 Sutra 290 Subhakrit 5124	
3	Vrishabha Rasi: 28.14 Creative Work Siddha Yoga	Gulika 10:42AM – 11:50AM Yama 8:27AM – 9:35AM 932686576 Rahu 11:50AM – 12:57PM	Mrigashira Until 10:56PM Indra Until 7:01AM Bava Until 10:50PM Ekadashi Until 9:37AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:19AM Sunset: 4:20PM	Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day

Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau			Warsaw, Poland Sun 25 Sutra 291 Subhakrit 5124	
4	Mithuna Rasi: 10.1 Routine Work Marana Yoga Until 1:40AM Fri Then Creative Work - Siddha Yoga	Gulika 9:34AM – 10:42AM Yama 7:18AM – 8:26AM 932686576 Rahu 12:58PM – 2:06PM	Ardra Until 1:40AM Fri Vaidhriti* Until 7:43AM Kaulava Until 1:18AM Fri Dvodashi Until 12:02PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:18AM Sunset: 4:22PM	Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day
<i>Pradosha Vrata</i>						

Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau			Warsaw, Poland Sun 26 Sutra 292 Subhakrit 5124	
5	Mithuna Rasi: 22.03 Creative Work Siddha Yoga	Gulika 8:25AM – 9:33AM Yama 2:07PM – 3:16PM 942686576 Rahu 10:42AM – 11:50AM	Punarvasu Until 4:47AM Sat Vishkambha* Until 8:32AM Gara Until 3:49AM Sat Trayodashi Until 2:32PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Blue Magha-Thai	Sunrise: 7:16AM Sunset: 4:24PM	Moon 1 - Phase 40 - 26 4th Phase Sivaloka Day

Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Warsaw, Poland Sun 27 Sutra 293 Subhakrit 5124	
6	Kataka Rasi: 3.55 Creative Work Siddha Yoga	Gulika 7:14AM – 8:23AM Yama 12:59PM – 2:08PM 942686577 Rahu 9:32AM – 10:41AM	Pushya Until 7:41AM Sun Priti Until 9:22AM Visti Until 6:17AM Sun Chaturdashi* Until 5:02PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:14AM Sunset: 4:26PM	Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day
		Thai Pusam				

Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau			Warsaw, Poland Sutra 294 Subhakrit 5124	
○	Copper Retreat Star Kataka Rasi: 15.49 Creative Work Siddha Yoga	Gulika 2:09PM – 3:18PM Yama 11:50AM – 1:00PM 942686577 Rahu 3:18PM – 4:28PM	Pushya Until 7:41AM Ayushman Until 10:08AM Visti Until 6:17AM Purnima* Until 7:27PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:13AM Sunset: 4:28PM	Moon 1 - Phase 40 - Purnima Sivaloka Day

Monday, February 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau			Warsaw, Poland Sutra 295 Subhakrit 5124	
○	Silver Retreat Star Kataka Rasi: 27.45 Family Home Evening Creative Work Siddha Yoga Until 10:19AM Then Routine Work - Marana Yoga	Gulika 1:00PM – 2:10PM Yama 10:41AM – 11:50AM 942686577 Rahu 8:21AM – 9:31AM	Ashlesha* Until 10:19AM Saubhagya Until 10:50AM Balava Until 8:39AM Prathama* Until 9:46PM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 7:11AM Sunset: 4:30PM	Moon 1 - Phase 40 - Prathama Sivaloka Day



Tuesday, February 7, 2023

Gold Retreat Star

Simha Rasi: 9.44 Tithi 17

952686577

Creative Work Siddha Yoga

Gulika 11:51AM – 1:01PM
Yama 9:30AM – 10:40AM
Rahu 2:11PM – 3:21PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Ahiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Magha* Until 1:10PM
Sobhana Until 11:27AM
Taitila Until 10:54AM
Dvitiya Until 11:55PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:09AM
Sunset: 4:32PM

Warsaw, Poland
Sun 1 Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 21.47 Tithi 18

952686577

Creative Work Amrita Yoga

Gulika 10:40AM – 11:51AM
Yama 8:18AM – 9:29AM
Rahu 11:51AM – 1:01PM

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Purvaphalguni Until 3:40PM
Athiganda* Until 11:54AM
Vanija Until 12:57PM
Tritiya Until 1:52AM Thu

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:08AM
Sunset: 4:33PM

Warsaw, Poland
Sun 2 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 3.55 Tithi 19

952686577

Amrita Yoga

Until 5:45PM
Then Routine Work - Marana Yoga

Gulika 9:28AM – 10:39AM
Yama 7:06AM – 8:17AM
Rahu 1:02PM – 2:13PM

Maha Sankatahara Chaturthi

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Uttaraphalguni Until 5:45PM
Sukarma Until 12:11PM
Bava Until 2:44PM
Chaturthi* Until 3:29AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 7:06AM
Sunset: 4:33PM

Warsaw, Poland
Sun 3 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Subha Sivaloka Day

3

Friday, February 10, 2023

Kanya Rasi: 16.11 Tithi 20

962686577

Amrita Yoga

Until 7:48PM
Then Creative Work - Siddha Yoga

Gulika 8:16AM – 9:27AM
Yama 2:14PM – 3:26PM
Rahu 10:39AM – 11:51AM

Hasta Until 7:48PM
Dhriti Until 12:13PM
Kaulava Until 4:11PM
Panchami Until 4:42AM Sat

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:04AM
Sunset: 4:37PM

Warsaw, Poland
Sun 4 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 28.38 Tithi 21

963686577

Marana Yoga

Until 9:13PM
Then Creative Work - Siddha Yoga

Gulika 7:02AM – 8:14AM
Yama 1:03PM – 2:15PM
Rahu 9:27AM – 10:39AM

Chitra Until 9:13PM
Shula* Until 11:52AM
Gara Until 5:08PM
Shashthi* Until 5:22AM Sun

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:02AM
Sunset: 4:39PM

Warsaw, Poland
Sun 5 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 11.2 Tithi 22

963686577

Siddha Yoga

Until 9:52PM
Then Routine Work - Marana Yoga

Gulika 2:16PM – 3:28PM
Yama 11:51AM – 1:03PM
Rahu 3:28PM – 4:41PM

Svati Until 9:52PM
Ganda* Until 11:06AM
Visti Until 5:29PM
Saptami Until 5:22AM Mon

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 7:00AM
Sunset: 4:41PM

Warsaw, Poland
Sun 6 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

D

Monday, February 13, 2023

Retreat Star

Tula Rasi: 24.21 Tithi 23

973686577

Family Home Evening

Marana Yoga

Until 10:08PM
Then Creative Work - Siddha Yoga

Gulika 1:04PM – 2:17PM
Yama 10:38AM – 11:51AM
Rahu 8:12AM – 9:25AM

Vishakha Until 10:08PM
Vridhhi Until 9:49AM
Balava Until 5:07PM
Ashtami* Until 4:39AM Tue

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 6:59AM
Sunset: 4:43PM

Warsaw, Poland
Sun 7 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 7.45 Tithi 24

973686577

Siddha Yoga

Until 9:32PM
Then Routine Work - Marana Yoga

Gulika 11:51AM – 1:04PM
Yama 9:24AM – 10:37AM
Rahu 2:18PM – 3:31PM

Anuradha Until 9:32PM
Dhruva Until 7:56AM
Taitila Until 4:02PM
Navami* Until 3:11AM Wed

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 6:57AM
Sunset: 4:45PM

Warsaw, Poland
Sun 8 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8
Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

all times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Warsaw, Poland
	Kumbha Rasi: 20.54	Tithi 2	Gulika 11:50AM – 1:07PM	Purvaproshtapada* Until 2:10AM Wed	Ganesha: Red	Sunrise: 6:43AM	Sun 15 Sutra 310
	913686577	Rahu 2:24PM – 3:41PM	Yama 9:17AM – 10:33AM	Siddha Until 10:38PM	Muruga: Purple	Sunset: 4:58PM	Subhakrit 5124
Routine Work	Marana Yoga		Balava Until 3:02PM	Nataraja: Orange		Moon 2 - Phase 43 - 15	
Until 2:10AM Wed			Dvitiya Until 1:31AM Wed	Moon – Clear		3rd Phase	
Then Creative Work - Siddha Yoga				Phalguna-Masi		Sivaloka Day	

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Warsaw, Poland
	Meena Rasi: 5.39	Tithi 3	Gulika 10:33AM – 11:50AM	Uttaraproshtapada Until 12:21AM Thu	Ganesha: Red	Sunrise: 6:41AM	Sun 16 Sutra 311
	913686577	Rahu 11:50AM – 1:08PM	Yama 7:58AM – 9:15AM	Sadhya Until 7:16PM	Muruga: Purple	Sunset: 5:00PM	Subhakrit 5124
Creative Work	Siddha Yoga		Taitila Until 12:11PM	Nataraja: Orange		Moon 2 - Phase 43 - 16	
			Tritiya Until 10:57PM	Moon – Clear		3rd Phase	
				Phalguna-Masi		Sivaloka Day	

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Warsaw, Poland
	Meena Rasi: 19.59	Tithi 4	Gulika 9:14AM – 10:32AM	Revati Until 11:05PM	Ganesha: Blue	Sunrise: 6:39AM	Sun 17 Sutra 312
	913786577	Rahu 1:08PM – 2:26PM	Yama 6:39AM – 7:57AM	Subha Until 4:27PM	Muruga: Purple	Sunset: 5:01PM	Subhakrit 5124
Creative Work	Siddha Yoga		Vanija Until 9:57AM	Nataraja: Orange		Moon 2 - Phase 43 - 17	
Until 11:05PM			Chaturthi* Until 9:05PM	Moon – Clear		3rd Phase	
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day			Phalguna-Masi		Subha Sivaloka Day	

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Warsaw, Poland
	Mesha Rasi: 3.51	Tithi 5	Gulika 7:55AM – 9:13AM	Ashvini Until 10:55PM	Ganesha: Yellow	Sunrise: 6:37AM	Sun 18 Sutra 313
	923786577	Rahu 10:32AM – 11:50AM	Yama 2:27PM – 3:45PM	Sukla Until 2:15PM	Muruga: Purple	Sunset: 5:03PM	Subhakrit 5124
Creative Work	Amrita Yoga		Bava Until 8:28AM	Nataraja: Orange		Moon 2 - Phase 43 - 18	
Until 10:55PM			Panchami Until 8:02PM	Moon – White		3rd Phase	
Then Creative Work - Siddha Yoga				Phalguna-Masi		Sivaloka Day	

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Warsaw, Poland
	Mesha Rasi: 17.13	Tithi 6	Gulika 6:34AM – 7:53AM	Bharani Until 11:27PM	Ganesha: Yellow	Sunrise: 6:34AM	Sun 19 Sutra 314
	923786577	Rahu 9:12AM – 10:31AM	Yama 1:09PM – 2:27PM	Brahma Until 12:44PM	Muruga: Purple	Sunset: 5:05PM	Subhakrit 5124
Creative Work	Siddha Yoga		Kaulava Until 7:51AM	Nataraja: Orange		Moon 2 - Phase 43 - 19	
Until 11:27PM			Shashthi* Until 7:50PM	Moon – White		3rd Phase	
Then Creative Work - Amrita Yoga				Phalguna-Masi		Sivaloka Day	

6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau				Warsaw, Poland
	Vrishabha Rasi: 0.08	Tithi 7	Gulika 2:28PM – 3:48PM	Krittika Until 12:39AM Mon	Ganesha: Blue	Sunrise: 6:32AM	Sun 20 Sutra 315
	924786577	Rahu 3:48PM – 5:07PM	Yama 11:50AM – 1:09PM	Indra Until 11:55AM	Muruga: Purple	Sunset: 5:07PM	Subhakrit 5124
Creative Work	Siddha Yoga		Gara Until 8:05AM	Nataraja: Orange		Moon 2 - Phase 43 - 20	
Until 12:39AM Mon			Saptami Until 8:30PM	Moon – White		3rd Phase	
Then Creative Work - Amrita Yoga				Phalguna-Masi		Devaloka Day	

☾	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Warsaw, Poland
	Retreat Star		Gulika 1:09PM – 2:29PM	Rohini Until 2:51AM Tue	Ganesha: Yellow	Sunrise: 6:30AM	Sun 21 Sutra 316
	Vrishabha Rasi: 12.4	Tithi 8	Yama 10:30AM – 11:50AM	Vaidhriti* Until 11:41AM	Muruga: Purple	Sunset: 5:09PM	Subhakrit 5124
Family Home Evening	934786577	Rahu 7:50AM – 9:10AM	Visti Until 9:09AM	Nataraja: Orange		Moon 2 - Phase 43 - 21	
Creative Work	Amrita Yoga		Ashtami* Until 9:55PM	Moon – Yellow		Ashtami	
Until 2:51AM Tue				Phalguna-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

☽	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau				Warsaw, Poland
	Retreat Star		Gulika 11:49AM – 1:10PM	Mrigashira Until 5:24AM Wed	Ganesha: Yellow	Sunrise: 6:28AM	Sun 22 Sutra 317
	Vrishabha Rasi: 24.55	Tithi 9	Yama 9:09AM – 10:29AM	Vishkambha* Until 11:57AM	Muruga: Purple	Sunset: 5:11PM	Subhakrit 5124
934786577	Rahu 2:30PM – 3:50PM		Balava Until 10:52AM	Nataraja: Orange		Moon 2 - Phase 43 - 22	
Creative Work	Siddha Yoga		Navami* Until 11:54PM	Moon – Yellow		Navami	
				Phalguna-Masi		Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Warsaw, Poland Sun 23 Sutra 318 Subhakrit 5124	
Mithuna Rasi: 6.57	Tithi 10	Gulika 10:28AM – 11:49AM	Ardra Until 8:06AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	Moon 2 - Phase 44 - 23 4th Phase	
		Yama 7:45AM – 9:06AM	Priti Until 12:34PM	Muruqa: Purple	<i>Sunset:</i> 5:14PM		
		934786577 Rahu 11:49AM – 1:10PM	Taitila Until 1:04PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Dashami Until 2:15AM Thu	Moon – Yellow		Sivaloka Day	
Until 8:06AM Thu				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
2		Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Warsaw, Poland Sun 24 Sutra 319 Subhakrit 5124	
Mithuna Rasi: 18.52	Tithi 11	Gulika 9:05AM – 10:27AM	Ardra Until 8:06AM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	Moon 2 - Phase 44 - 24 4th Phase	
		Yama 6:21AM – 7:43AM	Ayushman Until 1:22PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM		
		934786577 Rahu 1:11PM – 2:32PM	Vanija Until 3:31PM	Nataraja: Orange			
Routine Work	Marana Yoga		Ekadashi Until 4:45AM Fri	Moon – Yellow		Sivaloka Day	
Until 8:06AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							
3		Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava Karana Dvadashyam Titau		Warsaw, Poland Sun 25 Sutra 320 Subhakrit 5124	
Kataka Rasi: 0.44	Tithi 12	Gulika 7:42AM – 9:04AM	Punarvasu Until 11:14AM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Moon 2 - Phase 44 - 25 4th Phase	
		Yama 2:33PM – 3:56PM	Saubhagya Until 2:14PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM		
		944786577 Rahu 10:26AM – 11:49AM	Bava Until 6:02PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Dvadashi Until 7:15AM Sat	Moon – Blue		Devaloka Day	
Until 11:14AM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
4		Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Warsaw, Poland Sun 26 Sutra 321 Subhakrit 5124	
Kataka Rasi: 13	Tithi 12 – 13	Gulika 6:17AM – 7:40AM	Pushya Until 2:10PM	Ganesha: White	<i>Sunrise:</i> 6:17AM	Moon 2 - Phase 44 - 26 4th Phase	
		Yama 1:11PM – 2:34PM	Sobhana Until 3:05PM	Muruqa: Purple	<i>Sunset:</i> 5:20PM		
		944786577 Rahu 9:03AM – 10:26AM	Kaulava Until 8:28PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Dvadashi Until 7:15AM	Moon – Blue		Devaloka Day	
Until 2:10PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			
5		Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 27 Sutra 322 Subhakrit 5124	
Kataka Rasi: 24.31	Tithi 13 – 14	Gulika 2:35PM – 3:58PM	Ashlesha* Until 4:47PM	Ganesha: Purple	<i>Sunrise:</i> 6:15AM	Moon 2 - Phase 44 - 27 4th Phase	
		Yama 11:48AM – 1:11PM	Athiganda* Until 3:47PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM		
		144786577 Rahu 3:58PM – 5:22PM	Gara Until 10:44PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Trayodashi Until 9:37AM	Moon – Blue		Devaloka Day	
Until 4:47PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Routine Work - Marana Yoga							
Monday, March 6, 2023		Copper Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Warsaw, Poland Sutra 323 Subhakrit 5124	
Simha Rasi: 6.31	Tithi 14 – 15	Gulika 1:12PM – 2:36PM	Magha* Until 7:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Moon 2 - Phase 44 - Purnima	
Family Home Evening		Yama 10:24AM – 11:48AM	Sukarma Until 4:19PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM		
Routine Work	Marana Yoga	154786577 Rahu 7:36AM – 9:00AM	Visti Until 12:45AM Tue	Nataraja: Orange			
Until 7:31PM			Chaturdashi* Until 11:45AM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga		Holi		Phalguna-Masi			
Tuesday, March 7, 2023		Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Warsaw, Poland Sutra 324 Subhakrit 5124	
Simha Rasi: 18.37	Tithi 15 – 16	Gulika 11:48AM – 1:12PM	Purvaphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Moon 2 - Phase 44 - Prathama	
		Yama 8:59AM – 10:23AM	Dhriti Until 4:40PM	Muruqa: Purple	<i>Sunset:</i> 5:25PM		
		154786577 Rahu 2:36PM – 4:01PM	Balava Until 2:28AM Wed	Nataraja: Orange			
Creative Work	Siddha Yoga		Purnima* Until 1:38PM	Moon – Red		Sivaloka Day	
Until 9:48PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

Il times are standard time. Calculated for Warsaw, Poland on 5/1/2

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Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uтарыaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava*/Tailila Karana Prathama*/Dvityayam Titau

Warsaw, Poland

Sutra 325

Subhakrit 5124

Moon 3 - Phase 45 -

1st Phase

Kanya Rasi: 0.5 Tithi 16 - 17

154786577

Gulika 10:23AM - 11:47AM
Yama 7:33AM - 8:58AM
Rahu 11:47AM - 1:12PM

Uтарыaphalguni Until 11:37PM
Shula* Until 4:44PM
Tailila Until 3:52AM Thu
Prathama* Until 3:11PM

Ganesha: Clear *Sunrise: 6:08AM*
Muruqa: Purple *Sunset: 5:27PM*
Nataraja: Orange
Moon - Red
Phalguna-Masi

Sivaloka Day

Creative Work Amrita Yoga

Until 11:37PM

Then Routine Work - Marana Yoga

Thursday, March 9, 2023

1

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhi Yoga Gara*/Vanija Karana Dvitya*/Trityayam Titau

Warsaw, Poland

Sun 1 Sutra 326

Subhakrit 5124

Moon 3 - Phase 45 - 1

1st Phase

Kanya Rasi: 13.13 Tithi 17 - 18

164786577

Gulika 8:56AM - 10:22AM
Yama 6:06AM - 7:31AM
Rahu 1:13PM - 2:38PM

Hasta Until 1:25AM Fri
Ganda* Until 4:34PM
Vanija Until 4:53AM Fri
Dvitya Until 4:24PM

Ganesha: White *Sunrise: 6:06AM*
Muruqa: Purple *Sunset: 5:29PM*
Nataraja: Orange
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 1:25AM Fri

Then Creative Work - Siddha Yoga

Friday, March 10, 2023

2

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Tritya*/Chaturthyam Titau

Warsaw, Poland

Sun 2 Sutra 327

Subhakrit 5124

Moon 3 - Phase 45 - 2

1st Phase

Kanya Rasi: 25.44 Tithi 18 - 19

165786577

Gulika 7:29AM - 8:55AM
Yama 2:39PM - 4:05PM
Rahu 10:21AM - 11:47AM

Chitra Until 2:40AM Sat
Vridhi Until 4:07PM
Bava Until 5:30AM Sat
Tritya Until 5:13PM

Ganesha: Yellow *Sunrise: 6:03AM*
Muruqa: Purple *Sunset: 5:30PM*
Nataraja: Orange
Moon - Green
Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

Saturday, March 11, 2023

3

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava*/Kaulava Karana Chaturthi*/Panchamyam Titau

Warsaw, Poland

Sun 3 Sutra 328

Subhakrit 5124

Moon 3 - Phase 45 - 3

1st Phase

Tula Rasi: 8.26 Tithi 19 - 20

165786577

Gulika 6:01AM - 7:28AM
Yama 1:13PM - 2:39PM
Rahu 8:54AM - 10:20AM

Svati Until 3:21AM Sun
Dhruva Until 3:19PM
Kaulava Until 5:41AM Sun
Chaturthi* Until 5:38PM

Ganesha: Yellow *Sunrise: 6:01AM*
Muruqa: Purple *Sunset: 5:32PM*
Nataraja: Orange
Moon - Green
Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

Until 3:21AM Sun

Then Routine Work - Marana Yoga

Sunday, March 12, 2023

4

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Tailila*/Gara Karana Panchami*/Shashthyam Titau

Warsaw, Poland

Sun 4 Sutra 329

Subhakrit 5124

Moon 3 - Phase 45 - 4

1st Phase

Tula Rasi: 21.2 Tithi 20 - 21

175786577

Gulika 2:40PM - 4:07PM
Yama 11:46AM - 1:13PM
Rahu 4:07PM - 5:34PM

Vishakha Until 3:52AM Mon
Vyaghata* Until 2:11PM
Gara Until 5:23AM Mon
Panchami Until 5:34PM

Ganesha: Blue *Sunrise: 5:59AM*
Muruqa: Purple *Sunset: 5:34PM*
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Subha Sivaloka Day

Routine Work Marana Yoga

Until 3:52AM Mon

Then Creative Work - Siddha Yoga

Monday, March 13, 2023

5

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi*/Saptamyam Titau

Warsaw, Poland

Sun 5 Sutra 330

Subhakrit 5124

Moon 3 - Phase 45 - 5

1st Phase

Vrischika Rasi: 4.3 Tithi 21 - 22

175786577

Gulika 1:14PM - 2:41PM
Yama 10:19AM - 11:46AM
Rahu 7:24AM - 8:51AM

Anuradha Until 3:44AM Tue
Harshana Until 12:40PM
Visti Until 4:33AM Tue
Shashthi* Until 5:01PM

Ganesha: Blue *Sunrise: 5:57AM*
Muruqa: Purple *Sunset: 5:36PM*
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:44AM Tue

Then Routine Work - Marana Yoga

Tuesday, March 14, 2023

6

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami*/Ashtamyam Titau

Warsaw, Poland

Sun 6 Sutra 331

Subhakrit 5124

Moon 3 - Phase 45 - 6

1st Phase

Vrischika Rasi: 17.56 Tithi 22 - 23

175786577

Gulika 11:46AM - 1:14PM
Yama 8:50AM - 10:18AM
Rahu 2:42PM - 4:10PM

Jyeshtha* Until 2:56AM Wed
Vajra* Until 10:43AM
Balava Until 3:12AM Wed
Saptami Until 3:56PM

Ganesha: Blue *Sunrise: 5:54AM*
Muruqa: Purple *Sunset: 5:37PM*
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Subha Sivaloka Day

Routine Work Marana Yoga

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatiyata* Yoga Kaulava*/Tailila Karana Ashtami*/Navamyam Titau

Warsaw, Poland

Sun 7 Sutra 332

Subhakrit 5124

Moon 3 - Phase 45 - 7

Ashtami

Dhanus Rasi: 1.41 Tithi 23 - 24

185786578

Gulika 10:17AM - 11:46AM
Yama 7:20AM - 8:49AM
Rahu 11:46AM - 1:14PM

Mula* Until 1:55AM Thu
Siddhi Until 8:22AM
Tailila Until 1:20AM Thu
Ashtami* Until 2:19PM

Ganesha: Red *Sunrise: 5:52AM*
Muruqa: Purple *Sunset: 5:39PM*
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 1:55AM Thu

Then Creative Work - Siddha Yoga

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Varyan Yoga Gara*/Vanija Karana Navami*/Dashamyam Titau

Warsaw, Poland

Sun 8 Sutra 333

Subhakrit 5124

Moon 3 - Phase 45 - 8

Navami

Dhanus Rasi: 15.44 Tithi 24 - 25

185786578

Gulika 8:47AM - 10:16AM
Yama 5:50AM - 7:19AM
Rahu 1:14PM - 2:43PM

Purvashadha* Until 12:17AM Fri
Varyan Until 2:28AM Fri
Vanija Until 11:00PM
Navami* Until 12:12PM

Ganesha: Red *Sunrise: 5:50AM*
Muruqa: Purple *Sunset: 5:41PM*
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Until 12:17AM Fri

Then Routine Work - Marana Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Warsaw, Poland on 5/1/2

www.gurudeva.org/panchang

1	Friday, March 17, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Warsaw, Poland Sun 9 Sutra 334
	Makara Rasi: 0.06	Tithi 25 – 26	Gulika 7:17AM – 8:46AM	Uttarashadha Until 10:08PM	Ganesha: Red <i>Sunrise:</i> 5:47AM	Subhakrit 5124
			Yama 2:44PM – 4:13PM	Parigha* Until 11:02PM	Muruqa: Purple <i>Sunset:</i> 5:43PM	Moon 3 - Phase 46 - 9
	Routine Work	Marana Yoga	185786578 Rahu 10:16AM – 11:45AM	Bava Until 8:16PM	Nataraja: Clear	2nd Phase
			Dashami Until 9:39AM	Moon – Light Blue	Sivaloka Day	
				Phalgunapanguni		

2	Saturday, March 18, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau				Warsaw, Poland Sun 10 Sutra 335
	Makara Rasi: 14.43	Tithi 26 – 27	Gulika 5:45AM – 7:15AM	Shravana Until 7:59PM	Ganesha: Green <i>Sunrise:</i> 5:45AM	Subhakrit 5124
			Yama 1:15PM – 2:45PM	Shiva Until 7:23PM	Muruqa: Purple <i>Sunset:</i> 5:44PM	Moon 3 - Phase 46 - 10
	Creative Work	Siddha Yoga	195786578 Rahu 8:45AM – 10:15AM	Taitila Until 3:39AM Sun	Nataraja: Clear	2nd Phase
			Ekadashi* Until 6:46AM	Moon – Purple	Subha Sivaloka Day	
				Phalgunapanguni		

3	Sunday, March 19, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Warsaw, Poland Sun 11 Sutra 336
	Makara Rasi: 29.3	Tithi 28	Gulika 2:45PM – 4:16PM	Dhanishtha Until 5:34PM	Ganesha: Orange <i>Sunrise:</i> 5:43AM	Subhakrit 5124
			Yama 11:44AM – 1:15PM	Siddha Until 3:35PM	Muruqa: Clear <i>Sunset:</i> 5:46PM	Moon 3 - Phase 46 - 11
	Routine Work	Marana Yoga	196796578 Rahu 4:16PM – 5:46PM	Gara Until 2:04PM	Nataraja: Clear	2nd Phase
			Trayodashi* Until 12:27AM Mon	Moon – Purple	Devaloka Day	
				Phalgunapanguni		
				<i>Pradosha Vrata (Fasting)</i>		

4	Monday, March 20, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Warsaw, Poland Sun 12 Sutra 337
	Kumbha Rasi: 14.2	Tithi 29	Gulika 1:15PM – 2:46PM	Shatabhishak Until 3:01PM	Ganesha: Green <i>Sunrise:</i> 5:40AM	Subhakrit 5124
	Family Home Evening		Yama 10:13AM – 11:44AM	Sadhya Until 11:49AM	Muruqa: Clear <i>Sunset:</i> 5:48PM	Moon 3 - Phase 46 - 12
	Creative Work	Siddha Yoga	196896578 Rahu 7:11AM – 8:42AM	Visti Until 10:53AM	Nataraja: Clear	2nd Phase
			Chaturdashi* Until 9:19PM	Moon – Purple	Sivaloka Day	
				Phalgunapanguni		
				<i>Pradosha Vrata (Fasting)</i>		

●	Tuesday, March 21, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Warsaw, Poland Sun 13 Sutra 338
	Retreat Star		Gulika 11:44AM – 1:15PM	Purvaproshtapada* Until 12:55PM	Ganesha: Orange <i>Sunrise:</i> 5:38AM	Subhakrit 5124
	Kumbha Rasi: 29.06	Tithi 30	Yama 8:41AM – 10:12AM	Subha Until 8:11AM	Muruqa: Clear <i>Sunset:</i> 5:50PM	Moon 3 - Phase 46 - 13
			116896578 Rahu 2:47PM – 4:18PM	Catuspada Until 7:50AM	Nataraja: Clear	Amavasya
			Amavasya* Until 6:24PM	Moon – Clear	Devaloka Day	
				Phalgunapanguni		

●	Wednesday, March 22, 2023	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Warsaw, Poland Sun 14 Sutra 339
	Retreat Star		Gulika 10:12AM – 11:44AM	Uttaraproshtapada Until 11:01AM	Ganesha: Orange <i>Sunrise:</i> 5:36AM	Subhakrit 5124
	Meena Rasi: 13.39	Tithi 1 – 2	Yama 7:08AM – 8:40AM	Brahma Until 1:43AM Thu	Muruqa: Clear <i>Sunset:</i> 5:51PM	Moon 3 - Phase 46 - 14
			116896578 Rahu 11:44AM – 1:16PM	Balava Until 2:48AM Thu	Nataraja: Clear	Prathama
			Prathama* Until 3:52PM	Moon – Clear	Devaloka Day	
				Chaitrapanguni		
				<i>Pradosha Vrata (Fasting)</i>		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

all times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1		Thursday, March 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Warsaw, Poland Sun 15 Sutra 340	
Meena Rasi: 27.53	Tithi 2 - 3	Gulika 8:38AM - 10:11AM	Revati Until 9:28AM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM	Subhakrit 5124	
		Yama 5:33AM - 7:06AM	Indra Until 11:11PM	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Moon 3 - Phase 47 - 15	
		116896578 Rahu 1:16PM - 2:48PM	Taitila Until 1:06AM Fri	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Dvitiya Until 1:51PM	Moon - Clear		Devaloka Day	
Until 9:28AM		Chellappaswami Mahasamadhi		Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

2		Friday, March 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Warsaw, Poland Sun 16 Sutra 341	
Mesha Rasi: 11.43	Tithi 3 - 4	Gulika 7:04AM - 8:37AM	Ashvini Until 8:50AM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Subhakrit 5124	
		Yama 2:49PM - 4:22PM	Vaidhriti* Until 9:10PM	Muruqa: Clear	<i>Sunset:</i> 5:55PM	Moon 3 - Phase 47 - 16	
		126896578 Rahu 10:10AM - 11:43AM	Vanija Until 12:07AM Sat	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Tritiya Until 12:30PM	Moon - White		Devaloka Day	
Until 8:50AM				Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

3		Saturday, March 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Warsaw, Poland Sun 17 Sutra 342	
Mesha Rasi: 25.07	Tithi 4 - 5	Gulika 5:29AM - 7:02AM	Bharani Until 8:48AM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Subhakrit 5124	
		Yama 1:16PM - 2:50PM	Vishkamba* Until 7:48PM	Muruqa: Clear	<i>Sunset:</i> 5:57PM	Moon 3 - Phase 47 - 17	
		126896578 Rahu 8:36AM - 10:09AM	Bava Until 11:55PM	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Chaturthi* Until 11:54AM	Moon - White		Devaloka Day	
Until 8:48AM				Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

4		Sunday, March 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Warsaw, Poland Sun 18 Sutra 343	
Vrishabha Rasi: 8.07	Tithi 5 - 6	Gulika 2:50PM - 4:24PM	Krittika Until 9:22AM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Subhakrit 5124	
		Yama 11:42AM - 1:16PM	Priti Until 7:03PM	Muruqa: Clear	<i>Sunset:</i> 5:58PM	Moon 3 - Phase 47 - 18	
		126896578 Rahu 4:24PM - 5:58PM	Kaulava Until 12:30AM Mon	Nataraja: Clear		3rd Phase	
Creative Work Siddha Yoga			Panchami Until 12:05PM	Moon - White		Devaloka Day	
				Chaitra-Panguni			

5		Monday, March 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Warsaw, Poland Sun 19 Sutra 344	
Vrishabha Rasi: 20.44	Tithi 6 - 7	Gulika 1:17PM - 2:51PM	Rohini Until 10:59AM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Subhakrit 5124	
Family Home Evening		Yama 10:08AM - 11:42AM	Ayushman Until 6:50PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 47 - 19	
		137896578 Rahu 6:59AM - 8:33AM	Gara Until 1:47AM Tue	Nataraja: Clear		3rd Phase	
Creative Work Amrita Yoga			Shashthi* Until 1:02PM	Moon - Yellow		Devaloka Day	
				Chaitra-Panguni			

Retreat Star		Tuesday, March 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Warsaw, Poland Sun 20 Sutra 345	
Mithuna Rasi: 3.04	Tithi 7 - 8	Gulika 11:42AM - 1:17PM	Mrigashira Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Subhakrit 5124	
		Yama 8:32AM - 10:07AM	Saubhagya Until 7:07PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 47 - 20	
		137896578 Rahu 2:52PM - 4:27PM	Visti Until 3:39AM Wed	Nataraja: Clear		Ashtami	
Creative Work Siddha Yoga			Saptami Until 2:38PM	Moon - Yellow		Devaloka Day	
Until 1:05PM				Chaitra-Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Warsaw, Poland Sun 21 Sutra 346	
Mithuna Rasi: 15.1	Tithi 8 - 9	Gulika 10:06AM - 11:41AM	Ardra Until 3:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	Subhakrit 5124	
		Yama 6:55AM - 8:30AM	Sobhana Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 47 - 21	
		137896578 Rahu 11:41AM - 1:17PM	Balava Until 5:53AM Thu	Nataraja: Clear		Navami	
Creative Work Siddha Yoga			Ashtami* Until 4:42PM	Moon - Yellow		Devaloka Day	
		Sri Rama Navami		Chaitra-Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

ll times are standard time. Calculated for Warsaw, Poland on 5/1/2

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1		Thursday, March 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Kaulava Karana Navamyam Titau				Warsaw, Poland Sun 22 Sutra 347	
Mithuna Rasi: 27.07	Tithi 9	Gulika 8:29AM – 10:05AM	Punarvasu Until 6:30PM	Ganesha: White	<i>Sunrise:</i> 5:17AM			Subhakrit 5124	
		Yama 5:17AM – 6:53AM	Athiganda* Until 8:32PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 48 - 22		4th Phase	
Creative Work	Amrita Yoga	147896578 Rahu 1:17PM – 2:53PM	Kaulava Until 7:03PM	Nataraja: Clear					
			Navami* Until 7:03PM	Moon – Blue			Bhuloka Day		
				Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM		

2		Friday, March 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Warsaw, Poland Sun 23 Sutra 348	
Kataka Rasi: 9.01	Tithi 10	Gulika 6:51AM – 8:28AM	Pushya Until 9:26PM	Ganesha: White	<i>Sunrise:</i> 5:15AM			Subhakrit 5124	
		Yama 2:54PM – 4:30PM	Sukarma Until 9:23PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48 - 23		4th Phase	
Routine Work	Marana Yoga	147896578 Rahu 10:04AM – 11:41AM	Taitila Until 8:17AM	Nataraja: Clear					
			Dashami Until 9:29PM	Moon – Blue			Bhuloka Day		
				Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM		

3		Saturday, April 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Warsaw, Poland Sun 24 Sutra 349	
Kataka Rasi: 20.55	Tithi 11	Gulika 5:15AM – 6:51AM	Ashlesha* Until 12:05AM Sun	Ganesha: White	<i>Sunrise:</i> 5:15AM			Subhakrit 5124	
		Yama 1:17PM – 2:54PM	Dhriti Until 10:11PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 48 - 24		4th Phase	
Routine Work	Marana Yoga	147896578 Rahu 8:28AM – 10:04AM	Vanija Until 10:41AM	Nataraja: Clear					
			Ekadashi Until 11:48PM	Moon – Blue			Bhuloka Day		
		Yogaswami Mahasamadhi		Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM		

4		Sunday, April 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Warsaw, Poland Sun 25 Sutra 350	
Simha Rasi: 2.52	Tithi 12	Gulika 2:55PM – 4:32PM	Magha* Until 2:50AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:12AM			Subhakrit 5124	
		Yama 11:41AM – 1:18PM	Shula* Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 48 - 25		4th Phase	
Routine Work	Marana Yoga	158896578 Rahu 4:32PM – 6:09PM	Bava Until 12:54PM	Nataraja: Clear					
Until 2:50AM Mon			Dvadashi Until 1:52AM Mon	Moon – Red			Devaloka Day		
Then Creative Work - Siddha Yoga				Chaitra•Panguni					

5		Monday, April 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Warsaw, Poland Sun 26 Sutra 351	
Simha Rasi: 14.55	Tithi 13	Gulika 1:18PM – 2:55PM	Purvaphalguni Until 5:04AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:10AM			Subhakrit 5124	
Family Home Evening		Yama 10:03AM – 11:40AM	Ganda* Until 11:06PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 48 - 26		4th Phase	
Creative Work	Siddha Yoga	158896578 Rahu 6:48AM – 8:25AM	Kaulava Until 2:48PM	Nataraja: Clear					
Until 5:04AM Tue			Trayodashi Until 3:34AM Tue	Moon – Red			Devaloka Day		
Then Creative Work - Amrita Yoga				Chaitra•Panguni					
				<i>Pradosha Vrata</i>					

6		Tuesday, April 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Warsaw, Poland Sun 27 Sutra 352	
Simha Rasi: 27.08	Tithi 14	Gulika 11:40AM – 1:18PM	Uttaraphalguni Until 6:42AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:08AM			Subhakrit 5124	
		Yama 8:24AM – 10:02AM	Vriddhi Until 11:07PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 48 - 27		4th Phase	
Creative Work	Amrita Yoga	158896578 Rahu 2:56PM – 4:34PM	Gara Until 4:17PM	Nataraja: Clear					
Until 6:42AM Wed			Chaturdashi* Until 4:50AM Wed	Moon – Red			Devaloka Day		
Then Routine Work - Marana Yoga				Chaitra•Panguni					

○		Wednesday, April 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Warsaw, Poland Sutra 353	
Copper Retreat Star		Gulika 10:01AM – 11:40AM	Uttaraphalguni Until 6:42AM	Ganesha: Red	<i>Sunrise:</i> 5:05AM			Subhakrit 5124	
Kanya Rasi: 9.32	Tithi 15	Yama 6:44AM – 8:23AM	Dhruva Until 10:44PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 48 -		Purnima	
		158896578 Rahu 11:40AM – 1:18PM	Visti Until 5:17PM	Nataraja: Clear					
Creative Work	Amrita Yoga		Purnima* Until 5:36AM Thu	Moon – Red			Devaloka Day		
Until 6:42AM		Panguni Uttiram		Chaitra•Panguni					
Then Routine Work - Marana Yoga		Hanuman Jayanti							

○		Thursday, April 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Warsaw, Poland Sutra 354	
Silver Retreat Star		Gulika 8:21AM – 10:00AM	Hasta Until 8:11AM	Ganesha: Blue	<i>Sunrise:</i> 5:03AM			Subhakrit 5124	
Kanya Rasi: 22.1	Tithi 16	Yama 5:03AM – 6:42AM	Vyaghata* Until 10:00PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 -		Prathama	
		168896578 Rahu 1:18PM – 2:57PM	Balava Until 5:49PM	Nataraja: Clear					
Routine Work	Marana Yoga		Prathama* Until 5:52AM Fri	Moon – Green			Bhuloka Day		
Until 8:11AM				Chaitra•Panguni			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga									

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 5.01 Tithi 17
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 6:40AM – 8:20AM
Yama 2:58PM – 4:38PM
168896578 **Rahu** 10:00AM – 11:39AM
Chitra Until 9:03AM
Harshana Until 8:54PM
Taitila Until 5:51PM
Dvitiya Until 5:41AM Sat

Warsaw, Poland
Sutra 355
Subhakit 5124
Sunrise: 5:01AM
Sunset: 6:17PM
Moon 4 - Phase 49 - 1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Chaitra+Panguni

1

Saturday, April 8, 2023

Tula Rasi: 18.05 Tithi 18
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 4:59AM – 6:39AM
Yama 1:19PM – 2:59PM
168896578 **Rahu** 8:19AM – 9:59AM
Svati Until 9:18AM
Vajra* Until 7:26PM
Vanija Until 5:27PM
Tritiya Until 5:05AM Sun

Warsaw, Poland
Sun 1 Sutra 356
Subhakit 5124
Sunrise: 4:59AM
Sunset: 6:19PM
Moon 4 - Phase 49 - 1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Chaitra+Panguni

2

Sunday, April 9, 2023

Vrischika Rasi: 1.23 Tithi 19
Routine Work Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 3:00PM – 4:40PM
Yama 11:38AM – 1:19PM
179896578 **Rahu** 4:40PM – 6:21PM
Vishakha Until 9:28AM
Siddhi Until 5:40PM
Bava Until 4:40PM
Chaturthi* Until 4:06AM Mon

Warsaw, Poland
Sun 2 Sutra 357
Subhakit 5124
Sunrise: 4:56AM
Sunset: 6:21PM
Moon 4 - Phase 49 - 2nd Phase
Devaloka Day
Chaitra+Panguni

3

Monday, April 10, 2023

Vrischika Rasi: 14.53 Tithi 20
Family Home Evening
Creative Work Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Varyayan Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 1:19PM – 3:00PM
Yama 9:57AM – 11:38AM
179896578 **Rahu** 6:35AM – 8:16AM
Anuradha Until 9:07AM
Vyatipata* Until 3:38PM
Kaulava Until 3:30PM
Panchami Until 2:47AM Tue

Warsaw, Poland
Sun 3 Sutra 358
Subhakit 5124
Sunrise: 4:54AM
Sunset: 6:22PM
Moon 4 - Phase 49 - 3rd Phase
Devaloka Day
Chaitra+Panguni

4

Tuesday, April 11, 2023

Vrischika Rasi: 28.35 Tithi 21
Routine Work Marana Yoga
Until 8:17AM
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyayan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 11:38AM – 1:19PM
Yama 8:15AM – 9:56AM
179896578 **Rahu** 3:01PM – 4:43PM
Jyeshtha* Until 8:17AM
Varyayan Until 1:19PM
Gara Until 2:02PM
Shashthi* Until 1:10AM Wed

Warsaw, Poland
Sun 4 Sutra 359
Subhakit 5124
Sunrise: 4:52AM
Sunset: 6:24PM
Moon 4 - Phase 49 - 4th Phase
Devaloka Day
Chaitra+Panguni

5

Wednesday, April 12, 2023

Dhanus Rasi: 12.28 Tithi 22
Routine Work Marana Yoga
Until 7:28AM
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 9:56AM – 11:38AM
Yama 6:32AM – 8:14AM
189896578 **Rahu** 11:38AM – 1:20PM
Mula* Until 7:28AM
Parigha* Until 10:47AM
Visti Until 12:16PM
Saptami Until 11:16PM

Warsaw, Poland
Sun 5 Sutra 360
Subhakit 5124
Sunrise: 4:49AM
Sunset: 6:26PM
Moon 4 - Phase 49 - 5th Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Chaitra+Panguni

D

Thursday, April 13, 2023
Retreat Star

Dhanus Rasi: 26.31 Tithi 23
Creative Work Siddha Yoga
Until 6:14AM
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 8:12AM – 9:55AM
Yama 4:47AM – 6:30AM
189996578 **Rahu** 1:20PM – 3:02PM
Purvashadha* Until 6:14AM
Shiva Until 8:04AM
Balava Until 10:15AM
Ashtami* Until 9:09PM

Warsaw, Poland
Sun 6 Sutra 361
Subhakit 5124
Sunrise: 4:47AM
Sunset: 6:28PM
Moon 4 - Phase 49 - 6th Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Chaitra+Panguni

Friday, April 14, 2023

Retreat Star

Makara Rasi: 10.43 Tithi 24
Routine Work Marana Yoga
Until 3:10AM Sat
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau
Gulika 6:28AM – 8:11AM
Yama 3:03PM – 4:46PM
199996578 **Rahu** 9:54AM – 11:37AM
Shravana Until 3:10AM Sat
Sadhya Until 2:05AM Sat
Taitila Until 8:01AM
Navami* Until 6:49PM
Chidambaram Abhishekam
Tamil New Year


Warsaw, Poland
Sun 7 Sutra 362
Sobhana 5125
Sunrise: 4:45AM
Sunset: 6:29PM
Moon 4 - Phase 49 - 7th Phase
Devaloka Day
Chaitra+Chaitra

1	Saturday, April 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Warsaw, Poland
	Makara Rasi: 25.01	Tithi 25 – 26	299996578	Gulika 4:43AM – 6:26AM Yama 1:20PM – 3:04PM Rahu 8:10AM – 9:53AM	Dhanishtha Until 1:26AM Sun Subha Until 10:57PM Bava Until 3:08AM Sun Dashami Until 4:22PM	Ganesha: White Muruḡa: Clear Nataraja: Clear Moon – Purple Chaitra*Chaitra	Sunrise: 4:43AM Sunset: 6:31PM Moon 4 - Phase 1 - 8 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

2	Sunday, April 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland
	Kumbha Rasi: 9.23	Tithi 26 – 27	299996578	Gulika 3:05PM – 4:49PM Yama 11:37AM – 1:21PM Rahu 4:49PM – 6:33PM	Shatabhishak Until 11:33PM Sukla Until 7:46PM Kaulava Until 12:37AM Mon Ekadashi* Until 1:51PM	Ganesha: White Muruḡa: Clear Nataraja: Clear Moon – Purple Chaitra*Chaitra	Sunrise: 4:41AM Sunset: 6:33PM Moon 4 - Phase 1 - 9 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

3	Monday, April 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland
	Kumbha Rasi: 23.46	Tithi 27 – 28	211996578	Gulika 1:21PM – 3:05PM Yama 9:52AM – 11:36AM Rahu 6:23AM – 8:07AM	Purvaproshtapada* Until 10:01PM Brahma Until 4:39PM Gara Until 10:11PM Dvadashi* Until 11:22AM	Ganesha: Orange Muruḡa: Clear Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sunrise: 4:38AM Sunset: 6:34PM Moon 4 - Phase 1 - 10 2nd Phase Devaloka Day
	Family Home Evening	Marana Yoga					
	Routine Work	Marana Yoga					

4	Tuesday, April 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland
	Meena Rasi: 8.04	Tithi 28 – 29	211996578	Gulika 11:36AM – 1:21PM Yama 8:06AM – 9:51AM Rahu 3:06PM – 4:51PM	Uttaraproshtapada Until 8:32PM Indra Until 1:40PM Visti Until 7:57PM Trayodashi* Until 9:01AM	Ganesha: Orange Muruḡa: Clear Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sunrise: 4:36AM Sunset: 6:36PM Moon 4 - Phase 1 - 11 2nd Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until 8:32PM	Then Creative Work - Siddha Yoga					

	Wednesday, April 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Warsaw, Poland
	Retreat Star		211996578	Gulika 9:50AM – 11:36AM Yama 6:19AM – 8:05AM Rahu 11:36AM – 1:21PM	Revati Until 7:14PM Vaidhriti* Until 10:54AM Catuspada Until 6:02PM Chaturdashi* Until 6:55AM	Ganesha: Orange Muruḡa: Clear Nataraja: Clear Moon – Clear Chaitra*Chaitra	Sunrise: 4:34AM Sunset: 6:38PM Moon 4 - Phase 1 - 12 Amavasya Devaloka Day
	Meena Rasi: 22.13	Tithi 29 – 30					
	Routine Work	Marana Yoga					

Retreat Star	Thursday, April 20, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Warsaw, Poland
	Mesha Rasi: 6.07	Tithi 1	221996578	Gulika 8:04AM – 9:50AM Yama 4:32AM – 6:18AM Rahu 1:22PM – 3:08PM	Ashvini Until 6:39PM Vishkambha* Until 8:28AM Kintughna Until 4:32PM Prathama* Until 3:58AM Fri	Ganesha: Clear Muruḡa: Clear Nataraja: Clear Moon – White Vaisaka*Chaitra	Sunrise: 4:32AM Sunset: 6:40PM Moon 4 - Phase 1 - 13 Prathama Devaloka Day
	Creative Work	Amrita Yoga					
	Until 6:39PM	Then Creative Work - Siddha Yoga					

1	Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Warsaw, Poland Sun 14 Sutra 5 Sobhana 5125
	Mesha Rasi: 19.43	Tithi 2	Gulika 6:16AM – 8:03AM	Bharani Until 6:28PM	Ganesha: Clear	<i>Sunrise:</i> 4:30AM	
			Yama 3:08PM – 4:55PM	Priti Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 2 - 14
	221996578	Rahu 9:49AM – 11:35AM	Balava Until 3:35PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:19AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2	Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Warsaw, Poland Sun 15 Sutra 6 Sobhana 5125
	Wrishabha Rasi: 3	Tithi 3	Gulika 4:28AM – 6:14AM	Krittika Until 6:44PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM	
			Yama 1:22PM – 3:09PM	Saubhagya Until 3:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 2 - 15
	221996578	Rahu 8:01AM – 9:48AM	Taitila Until 3:15PM		Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 3:19AM Sun	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

3	Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Warsaw, Poland Sun 16 Sutra 7 Sobhana 5125
	Wrishabha Rasi: 15.56	Tithi 4	Gulika 3:10PM – 4:57PM	Rohini Until 7:58PM	Ganesha: Orange	<i>Sunrise:</i> 4:25AM	
			Yama 11:35AM – 1:22PM	Sobhana Until 3:20AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2 - 16
	231996578	Rahu 4:57PM – 6:45PM	Vanija Until 3:35PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:59AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4	Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Warsaw, Poland Sun 17 Sutra 8 Sobhana 5125
	Wrishabha Rasi: 28.34	Tithi 5	Gulika 1:23PM – 3:11PM	Mrigashira Until 9:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:23AM	
	Family Home Evening		Yama 9:47AM – 11:35AM	Athiganda* Until 3:17AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 2 - 17
	231996578	Rahu 6:11AM – 7:59AM	Bava Until 4:34PM		Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 5:15AM Tue	Moon – Yellow		Devaloka Day	
Until 9:40PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5	Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Kaulava Karana Shashthyam Titau				Warsaw, Poland Sun 18 Sutra 9 Sobhana 5125
	Mithuna Rasi: 10.55	Tithi 6	Gulika 11:35AM – 1:23PM	Ardra Until 11:44PM	Ganesha: Orange	<i>Sunrise:</i> 4:21AM	
			Yama 7:58AM – 9:46AM	Sukarma Until 3:38AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2 - 18
	231996579	Rahu 3:11PM – 5:00PM	Kaulava Until 6:07PM		Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 7:02AM Wed	Moon – Yellow		Sivaloka Day	
Until 11:44PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

6	Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Warsaw, Poland Sun 19 Sutra 10 Sobhana 5125
	Mithuna Rasi: 23.04	Tithi 6 – 7	Gulika 9:46AM – 11:34AM	Punarvasu Until 2:31AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:19AM	
			Yama 6:08AM – 7:57AM	Dhriti Until 4:18AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2 - 19
	241996579	Rahu 11:34AM – 1:23PM	Gara Until 8:06PM		Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:02AM	Moon – Blue		Subha Sivaloka Day	
Until 2:31AM Thu				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

D	Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Warsaw, Poland Sun 20 Sutra 11 Sobhana 5125
	Retreat Star		Gulika 7:56AM – 9:45AM	Pushya Until 5:21AM Fri	Ganesha: Red	<i>Sunrise:</i> 4:17AM	
	Kataka Rasi: 5.04	Tithi 7 – 8	Yama 4:17AM – 6:06AM	Shula* Until 5:06AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 2 - 20
	242996579	Rahu 1:24PM – 3:13PM	Visti Until 10:21PM		Nataraja: Purple		Ashtami
Creative Work	Amrita Yoga		Saptami Until 9:11AM	Moon – Blue		Sivaloka Day	
Until 5:21AM Fri				Vaisaka-Chaitra			
Then Routine Work - Marana Yoga							

D	Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Warsaw, Poland Sun 21 Sutra 12 Sobhana 5125
	Retreat Star		Gulika 6:05AM – 7:55AM	Ashlesha* Until 8:03AM Sat	Ganesha: Red	<i>Sunrise:</i> 4:15AM	
	Kataka Rasi: 16.59	Tithi 8 – 9	Yama 3:14PM – 5:03PM	Ganda* Until 5:57AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 2 - 21
	242996579	Rahu 9:44AM – 11:34AM	Balava Until 12:42AM Sat		Nataraja: Purple		Navami
Routine Work	Marana Yoga		Ashtami* Until 11:30AM	Moon – Blue		Sivaloka Day	
Until 8:03AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

