



**Monday, April 18, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyalipala\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Winnipeg, MB, Canada  
Sutra 1

Tula Rasi: 27.12 Tithi 17 – 18  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 4:07PM  
Then Creative Work - Siddha Yoga

278345478

**Gulika** 2:13PM – 3:57PM  
Yama 10:44AM – 12:28PM  
**Rahu** 7:15AM – 8:59AM

**Vishakha Until 4:07PM**  
Siddhi Until 8:51AM  
Vanija Until 6:32PM  
**Dvitiya Until 7:54AM**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

*Sunrise:* 5:31AM  
*Sunset:* 7:26PM

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**1**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Winnipeg, MB, Canada  
Sun 1 Sutra 2

Vrischika Rasi: 11.44 Tithi 19  
  
Creative Work Siddha Yoga  
Until 2:06PM  
Then Routine Work - Marana Yoga

278345478

**Gulika** 12:28PM – 2:13PM  
Yama 8:58AM – 10:43AM  
**Rahu** 3:58PM – 5:42PM

**Anuradha Until 2:06PM**  
Variyan Until 2:05AM Wed  
Bava Until 3:45PM  
**Chaturthi\* Until 2:21AM Wed**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

*Sunrise:* 5:29AM  
*Sunset:* 7:27PM

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**2**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Winnipeg, MB, Canada  
Sun 2 Sutra 3

Vrischika Rasi: 26.17 Tithi 20  
  
Creative Work Siddha Yoga  
Until 12:00PM  
Then Routine Work - Marana Yoga

278345478

**Gulika** 10:42AM – 12:28PM  
Yama 7:12AM – 8:57AM  
**Rahu** 12:28PM – 2:13PM

**Jyeshtha\* Until 12:00PM**  
Parigha\* Until 10:47PM  
Kaulava Until 1:01PM  
**Panchami Until 11:40PM**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Orange  
Chaitra+Chaitra

*Sunrise:* 5:27AM  
*Sunset:* 7:29PM

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**

**3**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Winnipeg, MB, Canada  
Sun 3 Sutra 4

Dhanus Rasi: 10.44 Tithi 21  
  
Creative Work Siddha Yoga

288345478

**Gulika** 8:56AM – 10:42AM  
Yama 5:25AM – 7:10AM  
**Rahu** 2:13PM – 3:59PM

**Mula\* Until 10:19AM**  
Shiva Until 7:39PM  
Gara Until 10:25AM  
**Shashthi\* Until 9:11PM**

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

*Sunrise:* 5:25AM  
*Sunset:* 7:30PM

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Winnipeg, MB, Canada  
Sun 4 Sutra 5

Dhanus Rasi: 25.03 Tithi 22  
  
Routine Work Prabalarishta Yoga  
Until 8:43AM  
Then Routine Work - Marana Yoga

289345478

**Gulika** 7:09AM – 8:55AM  
Yama 4:00PM – 5:46PM  
**Rahu** 10:41AM – 12:27PM

**Purvashadha\* Until 8:43AM**  
Siddha Until 4:42PM  
Visti Until 8:03AM  
**Saptami Until 6:57PM**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

*Sunrise:* 5:23AM  
*Sunset:* 7:32PM

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Devaloka Day**

**5**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winnipeg, MB, Canada  
Sun 5 Sutra 6

Makara Rasi: 9.1 Tithi 23 – 24  
  
Routine Work Marana Yoga  
Until 7:15AM  
Then Creative Work - Siddha Yoga

289345478

**Gulika** 5:21AM – 7:07AM  
Yama 2:14PM – 4:00PM  
**Rahu** 8:54AM – 10:41AM

**Uttarashadha Until 7:15AM**  
Sadhya Until 2:00PM  
Taitila Until 4:12AM Sun  
**Ashtami\* Until 5:02PM**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** White  
Moon – Light Blue  
Chaitra+Chaitra

*Sunrise:* 5:21AM  
*Sunset:* 7:33PM

Subhakrit 5124  
Moon 4 - Phase 1 -  
Ashtami

**Devaloka Day**

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Winnipeg, MB, Canada  
Sun 6 Sutra 7

Makara Rasi: 23.05 Tithi 24 – 25  
  
Creative Work Amrita Yoga  
Until 6:24AM  
Then Routine Work - Marana Yoga

299345479

**Gulika** 4:01PM – 5:48PM  
Yama 12:27PM – 2:14PM  
**Rahu** 5:48PM – 7:35PM

**Shravana Until 6:24AM**  
Subha Until 11:35AM  
Vanija Until 2:47AM Mon  
**Navami\* Until 3:26PM**

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Clear  
Moon – Purple  
Chaitra+Chaitra

*Sunrise:* 5:19AM  
*Sunset:* 7:35PM

Subhakrit 5124  
Moon 4 - Phase 1 -  
Navami


**Devaloka Day**

|                                 |                               |                               |   |                                      |                       |                        |  |
|---------------------------------|-------------------------------|-------------------------------|---|--------------------------------------|-----------------------|------------------------|--|
| <b>1</b>                        | <b>Monday, April 25, 2022</b> |                               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau |                                      |                       |                        | Winnipeg, MB, Canada<br>Sun 7<br>Sutra 8 |
|                                 | Kumbha Rasi: 6.48             | Tithi 25 – 26                 | <b>Gulika</b> 2:14PM – 4:02PM   | <b>Shatabhishak</b> Until 5:19AM Tue | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:17AM | Subhakrit 5124                           |
| <b>Family Home Evening</b>      | 299345479                     | <b>Yama</b> 10:39AM – 12:27PM | Sukla Until 9:26AM  | <b>Muruqa:</b> White                 | <i>Sunset:</i> 7:36PM | Moon 4 - Phase 2 - 7   |  |
| Creative Work Siddha Yoga       |                               | <b>Rahu</b> 7:05AM – 8:52AM   | Bava Until 1:45AM Tue   | <b>Nataraja:</b> Clear               |                       | 2nd Phase              |  |
| Until 5:19AM Tue                |                               |                               | <b>Dashami</b> Until 2:12PM   | Moon – Purple                        |                       | <b>Devaloka Day</b>    |  |
| Then Routine Work - Marana Yoga |                               |                               |   | Chaitra+Chaitra                      |                       |                        |  |

|                                  |                                |                              |  |   |                       |                        |  |
|----------------------------------|--------------------------------|------------------------------|--|---|-----------------------|------------------------|--|
| <b>2</b>                         | <b>Tuesday, April 26, 2022</b> |                              | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |   |                       |                        | Winnipeg, MB, Canada<br>Sun 8<br>Sutra 9 |
|                                  | Kumbha Rasi: 20.17             | Tithi 26 – 27                | <b>Gulika</b> 12:27PM – 2:14PM   | <b>Purvaproshtapada*</b> Until 5:36AM Wed | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 5:15AM | Subhakrit 5124                           |
|                                  | 219345479                      | <b>Yama</b> 8:51AM – 10:39AM | Brahma Until 7:36AM  | <b>Muruqa:</b> White                      | <i>Sunset:</i> 7:38PM | Moon 4 - Phase 2 - 8   |  |
| Routine Work Marana Yoga         |                                | <b>Rahu</b> 4:02PM – 5:50PM  | Kaulava Until 1:07AM Wed   | <b>Nataraja:</b> Clear                    |                       | 2nd Phase              |  |
| Until 5:36AM Wed                 |                                |                              | <b>Ekadashi*</b> Until 1:21PM  | Moon – Clear                              |                       | <b>Devaloka Day</b>    |  |
| Then Creative Work - Siddha Yoga |                                |                              |  | Chaitra+Chaitra                           |                       |                        |  |

|                           |                                  |                              |  |   |                       |                        |   |
|---------------------------|----------------------------------|------------------------------|--|---|-----------------------|------------------------|---|
| <b>3</b>                  | <b>Wednesday, April 27, 2022</b> |                              | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |   |                       |                        | Winnipeg, MB, Canada<br>Sun 9<br>Sutra 10 |
|                           | Meena Rasi: 3.32                 | Tithi 27 – 28                | <b>Gulika</b> 10:38AM – 12:26PM  | <b>Uttaraproshtapada</b> Until 6:10AM Thu | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 5:13AM | Subhakrit 5124                            |
|                           | 219345479                        | <b>Yama</b> 7:02AM – 8:50AM  | Indra Until 6:07AM   | <b>Muruqa:</b> White                      | <i>Sunset:</i> 7:39PM | Moon 4 - Phase 2 - 9   |   |
| Creative Work Siddha Yoga |                                  | <b>Rahu</b> 12:26PM – 2:15PM | Gara Until 12:54AM Thu   | <b>Nataraja:</b> Clear                    |                       | 2nd Phase              |   |
|                           |                                  |                              | <b>Dvadashi*</b> Until 12:56PM   | Moon – Clear                              |                       | <b>Devaloka Day</b>    |   |
|                           |                                  |                              |  | Chaitra+Chaitra                           |                       |                        |   |
|                           |                                  |                              |  | <i>Pradosha Vrata (Fasting)</i>           |                       |                        |   |

|                           |                                 |                             |   |                                       |                       |                             |  |
|---------------------------|---------------------------------|-----------------------------|---|---------------------------------------|-----------------------|-----------------------------|--|
| <b>4</b>                  | <b>Thursday, April 28, 2022</b> |                             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau |                                       |                       |                             | Winnipeg, MB, Canada<br>Sun 10<br>Sutra 11 |
|                           | Meena Rasi: 16.34               | Tithi 28 – 29               | <b>Gulika</b> 8:49AM – 10:38AM  | <b>Uttaraproshtapada</b> Until 6:10AM | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 5:12AM      | Subhakrit 5124                             |
|                           | 219445479                       | <b>Yama</b> 5:12AM – 7:00AM | Vishkambha* Until 4:11AM Fri  | <b>Muruqa:</b> White                  | <i>Sunset:</i> 7:41PM | Moon 4 - Phase 2 - 10       |  |
| Creative Work Siddha Yoga |                                 | <b>Rahu</b> 2:15PM – 4:04PM | Visti Until 1:10AM Fri  | <b>Nataraja:</b> Clear                |                       | 2nd Phase                   |  |
|                           |                                 |                             | <b>Trayodashi*</b> Until 12:57PM  | Moon – Clear                          |                       | <b>Bhuloka Day</b>          |  |
|                           |                                 |                             |   | Chaitra+Chaitra                       |                       | Devaloka Time: 6:PM to 9:PM |  |

|   |                               |                               |   |                            |                       |                             |  |
|---|-------------------------------|-------------------------------|---|----------------------------|-----------------------|-----------------------------|--|
|  | <b>Friday, April 29, 2022</b> |                               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Priti Yoga Sakuni/Catuspada* Karana Chaturdashy/Amavasyayam Titau |                            |                       |                             | Winnipeg, MB, Canada<br>Sun 11<br>Sutra 12 |
|   | <b>Retreat Star</b>           |                               | <b>Gulika</b> 6:59AM – 8:48AM   | <b>Revati</b> Until 7:02AM | <b>Ganesha:</b> White | <i>Sunrise:</i> 5:10AM      | Subhakrit 5124                             |
| Meena Rasi: 29.22   | Tithi 29 – 30                 | <b>Yama</b> 4:04PM – 5:53PM   | Priti Until 3:48AM Sat  | <b>Muruqa:</b> White       | <i>Sunset:</i> 7:42PM | Moon 4 - Phase 2 - 11       |  |
| Creative Work Siddha Yoga   | 211445479                     | <b>Rahu</b> 10:37AM – 12:26PM | Catuspada Until 1:55AM Sat  | <b>Nataraja:</b> Clear     |                       | Amavasya                    |  |
| Until 7:02AM  |                               |                               | <b>Chaturdashy*</b> Until 1:27PM  | Moon – Clear               |                       | <b>Bhuloka Day</b>          |  |
| Then Creative Work - Amrita Yoga  |                               |                               |   | Chaitra+Chaitra            |                       | Devaloka Time: 6:PM to 9:PM |  |

|                           |                                 |                              |  |                             |                       |                             |  |
|---------------------------|---------------------------------|------------------------------|--|-----------------------------|-----------------------|-----------------------------|--|
| <b>5</b>                  | <b>Saturday, April 30, 2022</b> |                              | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Ayushman Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau |                             |                       |                             | Winnipeg, MB, Canada<br>Sun 12<br>Sutra 13 |
|                           | <b>Retreat Star</b>             |                              | <b>Gulika</b> 5:08AM – 6:58AM  | <b>Ashvini</b> Until 8:41AM | <b>Ganesha:</b> Green | <i>Sunrise:</i> 5:08AM      | Subhakrit 5124                             |
| Mesha Rasi: 11.56         | Tithi 30 – 1                    | <b>Yama</b> 2:15PM – 4:05PM  | Ayushman Until 3:46AM Sun  | <b>Muruqa:</b> White        | <i>Sunset:</i> 7:44PM | Moon 4 - Phase 2 - 12       |  |
| Creative Work Siddha Yoga | 221445479                       | <b>Rahu</b> 8:47AM – 10:37AM | Kintughna Until 3:10AM Sun   | <b>Nataraja:</b> Clear      |                       | Prathama                    |  |
|                           |                                 |                              | <b>Amavasya*</b> Until 2:27PM  | Moon – White                |                       | <b>Bhuloka Day</b>          |  |
|                           |                                 |                              |  | Vaisaka+Chaitra             |                       | Devaloka Time: 6:PM to 9:PM |  |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

|                                  |                    |   |                                    |                        |   |                             |
|----------------------------------|--------------------|---|------------------------------------|------------------------|---|-----------------------------|
| <b>1 Sunday, May 1, 2022</b>     |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                    |                        | Winnipeg, MB, Canada<br>Sun 13 Sutra 14<br>Subhakrit 5124 |                             |
| Mesha Rasi: 24.17                | Tithi 1 – 2        | <b>Gulika</b> 4:06PM – 5:56PM   | <b>Bharani</b> Until 10:40AM       | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:06AM                                    | Subhakrit 5124              |
|                                  |                    | Yama 12:26PM – 2:16PM   | Saubhagya Until 4:07AM Mon         | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:45PM                                     | Moon 4 - Phase 3 - 13       |
|                                  | 221445479          | <b>Rahu</b> 5:56PM – 7:45PM   | Balava Until 4:52AM Mon            | <b>Nataraja:</b> Clear |   | 3rd Phase                   |
| Routine Work                     | Prabalarishta Yoga |   | <b>Prathama*</b> Until 3:56PM      | Moon – White           |   |                             |
| Until 10:40AM                    |                    |   |                                    | <b>Vaisaka*Chaitra</b> | <b>Bhuloka Day</b>  | Devaloka Time: 6:PM to 9:PM |
| Then Creative Work - Siddha Yoga |                    |   |                                    |                        |   |                             |
| <b>2 Monday, May 2, 2022</b>     |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau  |                                    |                        | Winnipeg, MB, Canada<br>Sun 14 Sutra 15<br>Subhakrit 5124 |                             |
| Wrishabha Rasi: 6.26             | Tithi 2 – 3        | <b>Gulika</b> 2:16PM – 4:06PM   | <b>Krittika</b> Until 12:55PM      | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:05AM                                    | Subhakrit 5124              |
| <b>Family Home Evening</b>       |                    | Yama 10:35AM – 12:26PM  | Sobhana Until 4:47AM Tue           | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:47PM                                     | Moon 4 - Phase 3 - 14       |
|                                  | 221445479          | <b>Rahu</b> 6:55AM – 8:45AM   | Taitila Until 6:58AM Tue           | <b>Nataraja:</b> Clear |   | 3rd Phase                   |
| Routine Work                     | Marana Yoga        |   | <b>Dvitiya</b> Until 5:51PM        | Moon – White           |   |                             |
| Until 12:55PM                    |                    |   |                                    | <b>Vaisaka*Chaitra</b> | <b>Bhuloka Day</b>  | Devaloka Time: 6:PM to 9:PM |
| Then Creative Work - Amrita Yoga |                    |   |                                    |                        |   |                             |
| <b>3 Tuesday, May 3, 2022</b>    |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau     |                                    |                        | Winnipeg, MB, Canada<br>Sun 15 Sutra 16<br>Subhakrit 5124 |                             |
| Wrishabha Rasi: 18.26            | Tithi 3            | <b>Gulika</b> 12:26PM – 2:16PM  | <b>Rohini</b> Until 3:50PM         | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:03AM                                    | Subhakrit 5124              |
|                                  |                    | Yama 8:44AM – 10:35AM   | Athiganda* Until 5:38AM Wed        | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:48PM                                     | Moon 4 - Phase 3 - 15       |
|                                  | 231445479          | <b>Rahu</b> 4:07PM – 5:58PM   | Taitila Until 6:58AM               | <b>Nataraja:</b> Clear |   | 3rd Phase                   |
| Creative Work                    | Amrita Yoga        |   | <b>Tritiya</b> Until 8:06PM        | Moon – Yellow          |   |                             |
| Until 3:50PM                     |                    | <b>Akshaya Tritiya</b>  |                                    | <b>Vaisaka*Chaitra</b> | <b>Bhuloka Day</b>  | Devaloka Time: 6:PM to 9:PM |
| Then Creative Work - Siddha Yoga |                    |   |                                    |                        |   |                             |
| <b>4 Wednesday, May 4, 2022</b>  |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Sukarma Yoga Vanija/Vishti* Karana Chaturthyam Titau              |                                    |                        | Winnipeg, MB, Canada<br>Sun 16 Sutra 17<br>Subhakrit 5124 |                             |
| Mithuna Rasi: 0.2                | Tithi 4            | <b>Gulika</b> 10:34AM – 12:26PM   | <b>Mrigashira</b> Until 6:48PM     | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:01AM                                    | Subhakrit 5124              |
|                                  |                    | Yama 6:52AM – 8:43AM  | Sukarma Until 6:37AM Thu           | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:50PM                                     | Moon 4 - Phase 3 - 16       |
|                                  | 231445479          | <b>Rahu</b> 12:26PM – 2:17PM  | Vanija Until 9:21AM                | <b>Nataraja:</b> Clear |   | 3rd Phase                   |
| Creative Work                    | Siddha Yoga        |   | <b>Chaturthi*</b> Until 10:34PM    | Moon – Yellow          |   |                             |
|                                  |                    |   |                                    | <b>Vaisaka*Chaitra</b> | <b>Bhuloka Day</b>  | Devaloka Time: 6:PM to 9:PM |
|                                  |                    |   |                                    |                        |   |                             |
| <b>5 Thursday, May 5, 2022</b>   |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau                 |                                    |                        | Winnipeg, MB, Canada<br>Sun 17 Sutra 18<br>Subhakrit 5124 |                             |
| Mithuna Rasi: 12.1               | Tithi 5            | <b>Gulika</b> 8:42AM – 10:34AM  | <b>Ardra</b> Until 9:40PM          | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:59AM                                    | Subhakrit 5124              |
|                                  |                    | Yama 4:59AM – 6:51AM  | Sukarma Until 6:37AM               | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:51PM                                     | Moon 4 - Phase 3 - 17       |
|                                  | 231445479          | <b>Rahu</b> 2:17PM – 4:08PM   | Bava Until 11:51AM                 | <b>Nataraja:</b> Clear |   | 3rd Phase                   |
| Routine Work                     | Marana Yoga        |   | <b>Panchami</b> Until 1:04AM Fri   | Moon – Yellow          |   |                             |
| Until 9:40PM                     |                    |   |                                    | <b>Vaisaka*Chaitra</b> | <b>Bhuloka Day</b>  | Devaloka Time: 6:PM to 9:PM |
| Then Creative Work - Amrita Yoga |                    |   |                                    |                        |   |                             |
| <b>6 Friday, May 6, 2022</b>     |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau         |                                    |                        | Winnipeg, MB, Canada<br>Sun 18 Sutra 19<br>Subhakrit 5124 |                             |
| Mithuna Rasi: 24.01              | Tithi 6            | <b>Gulika</b> 6:50AM – 8:42AM   | <b>Punarvasu</b> Until 12:46AM Sat | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:58AM                                    | Subhakrit 5124              |
|                                  |                    | Yama 4:09PM – 6:01PM  | Dhriti Until 7:36AM                | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:53PM                                     | Moon 4 - Phase 3 - 18       |
|                                  | 241445479          | <b>Rahu</b> 10:33AM – 12:25PM   | Kaulava Until 2:18PM               | <b>Nataraja:</b> Clear |   | 3rd Phase                   |
| Creative Work                    | Siddha Yoga        |   | <b>Shashthi*</b> Until 3:26AM Sat  | Moon – Blue            |   |                             |
|                                  |                    |   |                                    | <b>Vaisaka*Chaitra</b> | <b>Devaloka Day</b>                                       |                             |
|                                  |                    |   |                                    |                        |   |                             |
| <b>Saturday, May 7, 2022</b>     |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau                 |                                    |                        | Winnipeg, MB, Canada<br>Sun 19 Sutra 20<br>Subhakrit 5124 |                             |
| <b>Retreat Star</b>              |                    | <b>Gulika</b> 4:56AM – 6:48AM   | <b>Pushya</b> Until 3:25AM Sun     | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:56AM                                    | Subhakrit 5124              |
| Kataka Rasi: 5.55                | Tithi 7            | Yama 2:18PM – 4:10PM  | Shula* Until 8:26AM                | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:54PM                                     | Moon 4 - Phase 3 - 19       |
|                                  | 241445479          | <b>Rahu</b> 8:41AM – 10:33AM  | Gara Until 4:31PM                  | <b>Nataraja:</b> Clear |   | 3rd Phase                   |
| Creative Work                    | Siddha Yoga        |   | <b>Saptami</b> Until 5:28AM Sun    | Moon – Blue            |   |                             |
|                                  |                    |   |                                    | <b>Vaisaka*Chaitra</b> | <b>Devaloka Day</b>                                       |                             |
|                                  |                    |   |                                    |                        |   |                             |
| <b>Sunday, May 8, 2022</b>       |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Visti* Karana Ashtamyam Titau                  |                                    |                        | Winnipeg, MB, Canada<br>Sun 20 Sutra 21<br>Subhakrit 5124 |                             |
| <b>Retreat Star</b>              |                    | <b>Gulika</b> 4:11PM – 6:03PM   | <b>Ashlesha*</b> Until 5:25AM Mon  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:55AM                                    | Subhakrit 5124              |
| Kataka Rasi: 17.58               | Tithi 8            | Yama 12:25PM – 2:18PM   | Ganda* Until 9:00AM                | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:56PM                                     | Moon 4 - Phase 3 - 20       |
|                                  | 241445479          | <b>Rahu</b> 6:03PM – 7:56PM   | Visti Until 6:20PM                 | <b>Nataraja:</b> Clear |   | Ashtami                     |
| Creative Work                    | Siddha Yoga        |   | <b>Ashtami*</b> Until 7:00AM Mon   | Moon – Blue            |   |                             |
| Until 5:25AM Mon                 |                    | <b>Mother's Day</b>   |                                    | <b>Vaisaka*Chaitra</b> | <b>Devaloka Day</b>                                       |                             |
| Then Routine Work - Marana Yoga  |                    |   |                                    |                        |   |                             |
| <b>Monday, May 9, 2022</b>       |                    | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau          |                                    |                        | Winnipeg, MB, Canada<br>Sun 21 Sutra 22<br>Subhakrit 5124 |                             |
| <b>Retreat Star</b>              |                    | <b>Gulika</b> 2:18PM – 4:11PM   | <b>Magha*</b> Until 7:08AM Tue     | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:53AM                                    | Subhakrit 5124              |
| Simha Rasi: 0.12                 | Tithi 8 – 9        | Yama 10:32AM – 12:25PM  | Vridhdi Until 9:11AM               | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:57PM                                     | Moon 4 - Phase 3 - 21       |
| <b>Family Home Evening</b>       |                    | 251445479 <b>Rahu</b> 6:46AM – 8:39AM   | Balava Until 7:33PM                | <b>Nataraja:</b> Clear |   | Navami                      |
| Routine Work                     | Marana Yoga        |   | <b>Ashtami*</b> Until 7:00AM       | Moon – Red             |   |                             |
| Until 7:08AM Tue                 |                    |   |                                    | <b>Vaisaka*Chaitra</b> | <b>Bhuloka Day</b>  | Devaloka Time: 6:PM to 9:PM |
| Then Creative Work - Siddha Yoga |                    |   |                                    |                        |   |                             |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


|               |                              |              |   |                            |                       |                        |  |
|---------------|------------------------------|--------------|---|----------------------------|-----------------------|------------------------|--|
| <b>1</b>      | <b>Tuesday, May 10, 2022</b> |              | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                            |                       |                        | Winnipeg, MB, Canada<br>Sun 22      Sutra 23 |
|               | Simha Rasi: 12.44            | Tithi 9 – 10 | <b>Gulika</b> 12:25PM – 2:19PM  | <b>Magha* Until 7:08AM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 4:52AM | Subhakrit 5124                               |
|               | 252445479                    | Rahu         | Yama 8:38AM – 10:32AM   | Dhruva Until 8:49AM        | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:59PM  | Moon 4 - Phase 4 - 22<br>4th Phase           |
| Creative Work | Siddha Yoga                  |              | Taitila Until 8:04PM  | <b>Nataraja:</b> Clear     |                       |                        |  |
|               |                              |              | <b>Navami* Until 7:53AM</b>   | Moon – Red                 |                       | <b>Devaloka Day</b>    |  |
|               |                              |              |   | Vaisaka-Chaitra            |                       |                        |  |

|               |                                |               |   |                                   |                       |                        |  |
|---------------|--------------------------------|---------------|---|-----------------------------------|-----------------------|------------------------|--|
| <b>2</b>      | <b>Wednesday, May 11, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                   |                       |                        | Winnipeg, MB, Canada<br>Sun 23      Sutra 24 |
|               | Simha Rasi: 25.35              | Tithi 10 – 11 | <b>Gulika</b> 10:31AM – 12:25PM   | <b>Purvaphalguni Until 7:57AM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 4:50AM | Subhakrit 5124                               |
|               | 252445479                      | Rahu          | Yama 6:44AM – 8:38AM  | Vyaghata* Until 7:53AM            | <b>Muruqa:</b> White  | <i>Sunset:</i> 8:00PM  | Moon 4 - Phase 4 - 23<br>4th Phase           |
| Creative Work | Amrita Yoga                    |               | Vanija Until 7:49PM   | <b>Nataraja:</b> Clear            |                       |                        |  |
|               |                                |               | <b>Dashami Until 8:01AM</b>   | Moon – Red                        |                       | <b>Devaloka Day</b>    |  |
|               |                                |               |   | Vaisaka-Chaitra                   |                       |                        |  |

|                                 |                               |               |  |                                    |                       |                        |  |
|---------------------------------|-------------------------------|---------------|--|------------------------------------|-----------------------|------------------------|--|
| <b>3</b>                        | <b>Thursday, May 12, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                    |                       |                        | Winnipeg, MB, Canada<br>Sun 24      Sutra 25 |
|                                 | Kanya Rasi: 8.52              | Tithi 11 – 12 | <b>Gulika</b> 8:37AM – 10:31AM   | <b>Uttaraphalguni Until 7:51AM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 4:49AM | Subhakrit 5124                               |
|                                 | 252445479                     | Rahu          | Yama 4:49AM – 6:43AM   | Harshana Until 6:21AM              | <b>Muruqa:</b> White  | <i>Sunset:</i> 8:02PM  | Moon 4 - Phase 4 - 24<br>4th Phase           |
|                                 | Amrita Yoga                   |               | Bava Until 6:47PM  | <b>Nataraja:</b> Clear             |                       |                        |  |
| Until 7:51AM                    |                               |               | <b>Ekadashi Until 7:23AM</b>   | Moon – Red                         |                       | <b>Devaloka Day</b>    |  |
| Then Routine Work - Marana Yoga |                               |               |  | Vaisaka-Chaitra                    |                       |                        |  |

|                                  |                             |          |   |                           |                       |                        |  |
|----------------------------------|-----------------------------|----------|---|---------------------------|-----------------------|------------------------|--|
| <b>4</b>                         | <b>Friday, May 13, 2022</b> |          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau |                           |                       |                        | Winnipeg, MB, Canada<br>Sun 25      Sutra 26 |
|                                  | Kanya Rasi: 22.34           | Tithi 13 | <b>Gulika</b> 6:42AM – 8:36AM   | <b>Hasta Until 7:19AM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 4:47AM | Subhakrit 5124                               |
|                                  | 262445479                   | Rahu     | Yama 4:14PM – 6:08PM  | Siddhi Until 1:28AM Sat   | <b>Muruqa:</b> White  | <i>Sunset:</i> 8:03PM  | Moon 4 - Phase 4 - 25<br>4th Phase           |
| Creative Work                    | Amrita Yoga                 |          | Kaulava Until 5:02PM  | <b>Nataraja:</b> Clear    |                       |                        |  |
| Until 7:19AM                     |                             |          | <b>Trayodashi Until 3:54AM Sat</b>  | Moon – Green              |                       | <b>Sivaloka Day</b>    |  |
| Then Creative Work - Siddha Yoga |                             |          |   | Vaisaka-Chaitra           |                       |                        |  |
|                                  |                             |          |   | <i>Pradosha Vrata</i>     |                       |                        |  |

|                                 |                               |          |   |                               |                       |                        |  |
|---------------------------------|-------------------------------|----------|---|-------------------------------|-----------------------|------------------------|--|
| <b>5</b>                        | <b>Saturday, May 14, 2022</b> |          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau |                               |                       |                        | Winnipeg, MB, Canada<br>Sun 26      Sutra 27 |
|                                 | Tula Rasi: 6.41               | Tithi 14 | <b>Gulika</b> 4:46AM – 6:41AM   | <b>Svati Until 3:56AM Sun</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 4:46AM | Subhakrit 5124                               |
|                                 | 262445479                     | Rahu     | Yama 2:20PM – 4:15PM  | Vyatipata* Until 10:19PM      | <b>Muruqa:</b> White  | <i>Sunset:</i> 8:04PM  | Moon 4 - Phase 4 - 26<br>4th Phase           |
| Creative Work                   | Siddha Yoga                   |          | Gara Until 2:40PM   | <b>Nataraja:</b> Clear        |                       |                        |  |
| Until 3:56AM Sun                |                               |          | <b>Chaturdashi* Until 1:16AM Sun</b>  | Moon – Green                  |                       | <b>Sivaloka Day</b>    |  |
| Then Routine Work - Marana Yoga |                               |          |   | Vaisaka-Vaikasi               |                       |                        |  |

|   |                             |          |  |                                  |                        |                        |  |
|---|-----------------------------|----------|--|----------------------------------|------------------------|------------------------|--|
|  | <b>Sunday, May 15, 2022</b> |          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau |                                  |                        |                        | Winnipeg, MB, Canada<br>Sun 27      Sutra 28 |
|   | <b>Copper Retreat Star</b>  |          | <b>Gulika</b> 4:15PM – 6:11PM  | <b>Vishakha Until 1:47AM Mon</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:44AM | Subhakrit 5124                               |
|   | Tula Rasi: 21.1             | Tithi 15 | Yama 12:25PM – 2:20PM  | Variyan Until 6:46PM             | <b>Muruqa:</b> White   | <i>Sunset:</i> 8:06PM  | Moon 4 - Phase 4 - 27<br>Purnima             |
| Routine Work  | Marana Yoga                 |          | Visti Until 11:49AM  | <b>Nataraja:</b> Clear           |                        |                        |  |
| Until 1:47AM Mon  |                             |          | <b>Purnima* Until 10:14PM</b>  | Moon – Orange                    |                        | <b>Devaloka Day</b>    |  |
| Then Creative Work - Siddha Yoga  |                             |          |  | Vaisaka-Vaikasi                  |                        |                        |  |

|                             |                            |          |  |                               |                        |                        |  |
|-----------------------------|----------------------------|----------|--|-------------------------------|------------------------|------------------------|--|
| <b>Monday, May 16, 2022</b> | <b>Silver Retreat Star</b> |          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau |                               |                        |                        | Winnipeg, MB, Canada<br>Sun 29      Sutra 29 |
|                             | Vrischika Rasi: 5.56       | Tithi 16 | <b>Gulika</b> 2:21PM – 4:16PM  | <b>Anuradha Until 11:15PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:43AM | Subhakrit 5124                               |
|                             | 272445479                  | Rahu     | Yama 10:30AM – 12:25PM   | Parigha* Until 3:00PM         | <b>Muruqa:</b> White   | <i>Sunset:</i> 8:07PM  | Moon 4 - Phase 4 -<br>Prathama               |
| <b>Family Home Evening</b>  |                            |          | Balava Until 8:37AM  | <b>Nataraja:</b> Clear        |                        |                        |  |
| Creative Work               | Siddha Yoga                |          | <b>Prathama* Until 6:56PM</b>  | Moon – Orange                 |                        | <b>Devaloka Day</b>    |  |
|                             |                            |          |  | Vaisaka-Vaikasi               |                        |                        |  |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winnipeg, MB, Canada  
Sun 1 Sutra 30  
Subhakrit 5124  
Moon 5 - Phase 5 - 1  
1st Phase

Vrischika Rasi: 20.52 Tithi 17 - 18

272445479

**Gulika** 12:25PM - 2:21PM  
Yama 8:33AM - 10:29AM  
**Rahu** 4:17PM - 6:13PM

**Jyeshtha\* Until 8:31PM**  
Shiva Until 11:07AM  
Vanija Until 1:49AM Wed  
**Dvitiya Until 3:31PM**

**Ganesha:** Yellow *Sunrise: 4:42AM*  
**Muruqa:** White *Sunset: 8:08PM*  
**Nataraja:** Clear  
Moon - Orange  
Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga  
Until 8:31PM  
Then Creative Work - Amrita Yoga

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Visi\*/Bava Karana Tritiya/Chaturthyam Titau

Winnipeg, MB, Canada  
Sun 2 Sutra 31  
Subhakrit 5124  
Moon 5 - Phase 5 - 2  
1st Phase

Dhanus Rasi: 5.49 Tithi 18 - 19

282445479

**Gulika** 10:29AM - 12:25PM  
Yama 6:37AM - 8:33AM  
**Rahu** 12:25PM - 2:21PM

**Mula\* Until 6:07PM**  
Siddha Until 7:13AM  
Bava Until 10:30PM  
**Tritiya Until 12:08PM**

**Ganesha:** Blue *Sunrise: 4:40AM*  
**Muruqa:** White *Sunset: 8:10PM*  
**Nataraja:** Clear  
Moon - Light Blue  
Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga  
Until 6:07PM  
Then Creative Work - Amrita Yoga

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winnipeg, MB, Canada  
Sun 3 Sutra 32  
Subhakrit 5124  
Moon 5 - Phase 5 - 3  
1st Phase

Dhanus Rasi: 20.39 Tithi 19 - 20

282445479

**Gulika** 8:32AM - 10:29AM  
Yama 4:39AM - 6:36AM  
**Rahu** 2:22PM - 4:18PM

**Purvashadha\* Until 3:47PM**  
Subha Until 11:55PM  
Kaulava Until 7:26PM  
**Chaturthi\* Until 8:55AM**

**Ganesha:** Blue *Sunrise: 4:39AM*  
**Muruqa:** White *Sunset: 8:11PM*  
**Nataraja:** Clear  
Moon - Light Blue  
Vaisaka-Vaikasi

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 3:47PM  
Then Routine Work - Marana Yoga

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Winnipeg, MB, Canada  
Sun 4 Sutra 33  
Subhakrit 5124  
Moon 5 - Phase 5 - 4  
1st Phase

Makara Rasi: 5.17 Tithi 20 - 21

282445479

**Gulika** 6:35AM - 8:32AM  
Yama 4:19PM - 6:16PM  
**Rahu** 10:28AM - 12:25PM

**Uttarashadha Until 1:40PM**  
Sukla Until 8:41PM  
Vanija Until 3:31AM Sat  
**Panchami Until 6:01AM**

**Ganesha:** Blue *Sunrise: 4:38AM*  
**Muruqa:** White *Sunset: 8:12PM*  
**Nataraja:** Clear  
Moon - Light Blue  
Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visi\*/Bava Karana Saptamyam Titau

Winnipeg, MB, Canada  
Sun 5 Sutra 34  
Subhakrit 5124  
Moon 5 - Phase 5 - 5  
1st Phase

Makara Rasi: 19.37 Tithi 22

292445479

**Gulika** 4:37AM - 6:34AM  
Yama 2:22PM - 4:19PM  
**Rahu** 8:31AM - 10:28AM

**Shravana Until 12:17PM**  
Brahma Until 5:51PM  
Visi Until 2:28PM  
**Saptami Until 1:31AM Sun**

**Ganesha:** Red *Sunrise: 4:37AM*  
**Muruqa:** White *Sunset: 8:14PM*  
**Nataraja:** Clear  
Moon - Purple  
Vaisaka-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

**5**

**Sunday, May 22, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Winnipeg, MB, Canada  
Sun 6 Sutra 35  
Subhakrit 5124  
Moon 5 - Phase 5 - 6  
Ashtami

Kumbha Rasi: 3.37 Tithi 23

292445479

**Gulika** 4:20PM - 6:18PM  
Yama 12:25PM - 2:23PM  
**Rahu** 6:18PM - 8:15PM

**Dhanishtha Until 11:17AM**  
Indra Until 3:29PM  
Balava Until 12:45PM  
**Ashtami\* Until 12:06AM Mon**

**Ganesha:** Red *Sunrise: 4:36AM*  
**Muruqa:** White *Sunset: 8:15PM*  
**Nataraja:** Clear  
Moon - Purple  
Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga  
Until 11:17AM  
Then Creative Work - Siddha Yoga

**Monday, May 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosithapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Winnipeg, MB, Canada  
Sun 7 Sutra 36  
Subhakrit 5124  
Moon 5 - Phase 5 - 7  
Navami

Kumbha Rasi: 17.16 Tithi 24

293545479

**Gulika** 2:23PM - 4:21PM  
Yama 10:28AM - 12:25PM  
**Rahu** 6:32AM - 8:30AM

**Shatabhishak Until 10:43AM**  
Vaidhriti\* Until 1:34PM  
Taitila Until 11:38AM  
**Navami\* Until 11:16PM**

**Ganesha:** Red *Sunrise: 4:34AM*  
**Muruqa:** White *Sunset: 8:16PM*  
**Nataraja:** Clear  
Moon - Purple  
Vaisaka-Vaikasi

**Devaloka Day**

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:43AM  
Then Routine Work - Marana Yoga

|                                  |             |                              |                  |  |                        |  |  |  |  |
|----------------------------------|-------------|------------------------------|------------------|--|------------------------|--|--|--|--|
| <b>1</b>                         |             | <b>Tuesday, May 24, 2022</b> |                  |  |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau |  | Winnipeg, MB, Canada<br>Sun 8 Sutra 37 |  |
| Meena Rasi: 0.34                 | Tithi 25    | <b>Gulika</b>                | 12:25PM – 2:23PM | <b>Purvaproshtapada* Until 11:03AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:33AM   |  | Subhakrit 5124                         |  |
|                                  |             | Yama                         | 8:29AM – 10:27AM | Vishkambha* Until 12:09PM              | <b>Muruqa:</b> White   | <i>Sunset:</i> 8:17PM  |  | Moon 5 - Phase 6 - 8                   |  |
|                                  |             | 213545479 <b>Rahu</b>        | 4:21PM – 6:19PM  | Vanija Until 11:06AM                   | <b>Nataraja:</b> Clear |  |  | 2nd Phase                              |  |
| Routine Work                     | Marana Yoga |                              |                  | <b>Dashami Until 11:02PM</b>           | Moon – Clear           |  |  | <b>Devaloka Day</b>                    |  |
| Until 11:03AM                    |             |                              |                  |  | Vaisaka-Vaikasi        |  |  |  |  |
| Then Creative Work - Amrita Yoga |             |                              |                  |  |                        |  |  |  |  |

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| <b>2</b>                        |             | <b>Wednesday, May 25, 2022</b> |                   |  |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau |  | Winnipeg, MB, Canada<br>Sun 9 Sutra 38 |  |
| Meena Rasi: 13.34               | Tithi 26    | <b>Gulika</b>                  | 10:27AM – 12:26PM | <b>Uttaraproshtapada Until 11:48AM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:32AM  |  | Subhakrit 5124                         |  |
|                                 |             | Yama                           | 6:31AM – 8:29AM   | Priti Until 11:13AM                    | <b>Muruqa:</b> White   | <i>Sunset:</i> 8:19PM   |  | Moon 5 - Phase 6 - 9                   |  |
|                                 |             | 313545479 <b>Rahu</b>          | 12:26PM – 2:24PM  | Bava Until 11:10AM                     | <b>Nataraja:</b> Clear |   |  | 2nd Phase                              |  |
| Creative Work                   | Siddha Yoga |                                |                   | <b>Ekadashi* Until 11:23PM</b>         | Moon – Clear           |   |  | <b>Sivaloka Day</b>                    |  |
| Until 11:48AM                   |             |                                |                   |  | Vaisaka-Vaikasi        |   |  |  |  |
| Then Routine Work - Marana Yoga |             |                                |                   |  |                        |   |  |  |  |

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| <b>3</b>                         |             | <b>Thursday, May 26, 2022</b> |                  |                                    |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tatila Karana Dvadashyam Titau |  | Winnipeg, MB, Canada<br>Sun 10 Sutra 39 |  |
| Meena Rasi: 26.16                | Tithi 27    | <b>Gulika</b>                 | 8:29AM – 10:27AM | <b>Revati Until 12:57PM</b>        | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:31AM  |  | Subhakrit 5124                          |  |
|                                  |             | Yama                          | 4:31AM – 6:30AM  | Ayushman Until 10:42AM             | <b>Muruqa:</b> White   | <i>Sunset:</i> 8:20PM   |  | Moon 5 - Phase 6 - 10                   |  |
|                                  |             | 313545479 <b>Rahu</b>         | 2:24PM – 4:23PM  | Kaulava Until 11:47AM              | <b>Nataraja:</b> Clear |   |  | 2nd Phase                               |  |
| Creative Work                    | Siddha Yoga |                               |                  | <b>Dvadashi* Until 12:17AM Fri</b> | Moon – Clear           |   |  | <b>Sivaloka Day</b>                     |  |
| Until 12:57PM                    |             |                               |                  |                                    | Vaisaka-Vaikasi        |   |  |   |  |
| Then Creative Work - Amrita Yoga |             |                               |                  |                                    |                        |   |  |   |  |

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| <b>4</b>                         |             | <b>Friday, May 27, 2022</b> |                   |                                     |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau |  | Winnipeg, MB, Canada<br>Sun 11 Sutra 40 |  |
| Mesha Rasi: 8.45                 | Tithi 28    | <b>Gulika</b>               | 6:29AM – 8:28AM   | <b>Ashvini Until 2:54PM</b>         | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:30AM  |  | Subhakrit 5124                          |  |
|                                  |             | Yama                        | 4:23PM – 6:22PM   | Saubhagya Until 10:35AM             | <b>Muruqa:</b> White   | <i>Sunset:</i> 8:21PM   |  | Moon 5 - Phase 6 - 11                   |  |
|                                  |             | 323545479 <b>Rahu</b>       | 10:27AM – 12:26PM | Gara Until 12:55PM                  | <b>Nataraja:</b> Clear |   |  | 2nd Phase                               |  |
| Creative Work                    | Amrita Yoga |                             |                   | <b>Trayodashi* Until 1:39AM Sat</b> | Moon – White           |   |  | <b>Devaloka Day</b>                     |  |
| Until 2:54PM                     |             |                             |                   |                                     | Vaisaka-Vaikasi        |   |  |   |  |
| Then Creative Work - Siddha Yoga |             |                             |                   | <i>Pradosha Vrata (Fasting)</i>     |                        |   |  |   |  |

|                                  |             |                               |                  |                                      |                        |   |  |   |  |
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| <b>5</b>                         |             | <b>Saturday, May 28, 2022</b> |                  |                                      |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |  | Winnipeg, MB, Canada<br>Sun 12 Sutra 41 |  |
| Mesha Rasi: 21.01                | Tithi 29    | <b>Gulika</b>                 | 4:30AM – 6:29AM  | <b>Bharani Until 5:08PM</b>          | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:30AM  |  | Subhakrit 5124                          |  |
|                                  |             | Yama                          | 2:25PM – 4:24PM  | Sobhana Until 10:51AM                | <b>Muruqa:</b> White   | <i>Sunset:</i> 8:22PM   |  | Moon 5 - Phase 6 - 12                   |  |
|                                  |             | 323545479 <b>Rahu</b>         | 8:28AM – 10:27AM | Visti Until 2:30PM                   | <b>Nataraja:</b> Clear |   |  | 2nd Phase                               |  |
| Creative Work                    | Siddha Yoga |                               |                  | <b>Chaturdashi* Until 3:25AM Sun</b> | Moon – White           |   |  | <b>Devaloka Day</b>                     |  |
| Until 5:08PM                     |             |                               |                  |                                      | Vaisaka-Vaikasi        |   |  |   |  |
| Then Creative Work - Amrita Yoga |             |                               |                  |                                      |                        |   |  |   |  |

|                      |             |                             |                  |                                   |                        |   |  |   |  |
|----------------------|-------------|-----------------------------|------------------|-----------------------------------|------------------------|---|--|---|--|
| <b>●</b>             |             | <b>Sunday, May 29, 2022</b> |                  |                                   |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau |  | Winnipeg, MB, Canada<br>Sun 13 Sutra 42 |  |
| <b>Retreat Star</b>  |             | <b>Gulika</b>               | 4:25PM – 6:24PM  | <b>Krittika Until 7:32PM</b>      | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:29AM  |  | Subhakrit 5124                          |  |
| Vrishabha Rasi: 3.08 | Tithi 30    | Yama                        | 12:26PM – 2:25PM | Athiganda* Until 11:22AM          | <b>Muruqa:</b> White   | <i>Sunset:</i> 8:23PM   |  | Moon 5 - Phase 6 - 13                   |  |
|                      |             | 323545479 <b>Rahu</b>       | 6:24PM – 8:23PM  | Catuspada Until 4:28PM            | <b>Nataraja:</b> Clear |   |  | Amavasya                                |  |
| Creative Work        | Siddha Yoga |                             |                  | <b>Amavasya* Until 5:32AM Mon</b> | Moon – White           |   |  | <b>Devaloka Day</b>                     |  |
|                      |             |                             |                  |                                   | Vaisaka-Vaikasi        |   |  |   |  |

|                             |             |                       |                   |                                   |                        |  |  |   |  |
|-----------------------------|-------------|-----------------------|-------------------|-----------------------------------|------------------------|--|--|---|--|
| <b>Monday, May 30, 2022</b> |             | <b>Retreat Star</b>   |                   |                                   |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna* Karana Prathamayam Titau |  | Winnipeg, MB, Canada<br>Sun 14 Sutra 43 |  |
| Vrishabha Rasi: 15.07       | Tithi 1     | <b>Gulika</b>         | 2:26PM – 4:25PM   | <b>Rohini Until 10:33PM</b>       | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:28AM   |  | Subhakrit 5124                          |  |
| <b>Family Home Evening</b>  |             | Yama                  | 10:27AM – 12:26PM | Sukarma Until 12:09PM             | <b>Muruqa:</b> White   | <i>Sunset:</i> 8:24PM  |  | Moon 5 - Phase 6 - 14                   |  |
|                             |             | 333545479 <b>Rahu</b> | 6:27AM – 8:27AM   | Kintughna Until 6:42PM            | <b>Nataraja:</b> Clear |  |  | Prathama                                |  |
| Creative Work               | Amrita Yoga |                       |                   | <b>Prathama* Until 7:52AM Tue</b> | Moon – Yellow          |  |  | <b>Devaloka Day</b>                     |  |
|                             |             |                       |                   |                                   | Jyeshtha-Vaikasi       |  |  |   |  |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

|                                  |             |                                |  |   |   |   |  |
|----------------------------------|-------------|--------------------------------|--|---|---|---|--|
| <b>1</b>                         |             | <b>Tuesday, May 31, 2022</b>   |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Dhruti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau           |   | Winnipeg, MB, Canada<br>Sun 15 Sutra 44                                     |  |
| Vrishabha Rasi: 27.01            | Tithi 1 – 2 | 333545479                      | <b>Gulika</b> 12:26PM – 2:26PM<br><b>Yama</b> 8:27AM – 10:26AM<br><b>Rahu</b> 4:26PM – 6:26PM  | <b>Mrigashira Until 1:33AM Wed</b><br>Dhruti Until 1:06PM<br>Balava Until 9:07PM<br><b>Prathama* Until 7:52AM</b>   | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:27AM<br><b>Muruqa:</b> White <i>Sunset:</i> 8:25PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Jyeshtha-Vaikasi</b> | Subhakrit 5124<br>Moon 5 - Phase 7 - 15<br>3rd Phase<br><b>Devaloka Day</b> |  |
| Creative Work                    | Siddha Yoga |                                |  |   |   |   |  |
| <b>2</b>                         |             | <b>Wednesday, June 1, 2022</b> |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau               |   | Winnipeg, MB, Canada<br>Sun 16 Sutra 45                                     |  |
| Mithuna Rasi: 8.51               | Tithi 2 – 3 | 333545479                      | <b>Gulika</b> 10:26AM – 12:26PM<br><b>Yama</b> 6:26AM – 8:26AM<br><b>Rahu</b> 12:26PM – 2:26PM | <b>Ardra Until 4:25AM Thu</b><br>Shula* Until 2:05PM<br>Taitila Until 11:36PM<br><b>Dvitiya Until 10:20AM</b>   | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:26AM<br><b>Muruqa:</b> White <i>Sunset:</i> 8:26PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Jyeshtha-Vaikasi</b> | Subhakrit 5124<br>Moon 5 - Phase 7 - 16<br>3rd Phase<br><b>Devaloka Day</b> |  |
| Creative Work                    | Siddha Yoga |                                |  |   |   |   |  |
| Until 4:25AM Thu                 |             |                                |  |   |   |   |  |
| Then Creative Work - Amrita Yoga |             |                                |  |   |   |   |  |
| <b>3</b>                         |             | <b>Thursday, June 2, 2022</b>  |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau              |   | Winnipeg, MB, Canada<br>Sun 17 Sutra 46                                     |  |
| Mithuna Rasi: 20.41              | Tithi 3 – 4 | 343555479                      | <b>Gulika</b> 8:26AM – 10:26AM<br><b>Yama</b> 4:26AM – 6:26AM<br><b>Rahu</b> 2:27PM – 4:27PM   | <b>Punarvasu Until 7:35AM Fri</b><br>Ganda* Until 3:06PM<br>Vanija Until 2:03AM Fri<br><b>Tritiya Until 12:49PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:26AM<br><b>Muruqa:</b> Green <i>Sunset:</i> 8:27PM<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Jyeshtha-Vaikasi</b>    | Subhakrit 5124<br>Moon 5 - Phase 7 - 17<br>3rd Phase<br><b>Devaloka Day</b> |  |
| Creative Work                    | Amrita Yoga |                                |  |   |   |   |  |
| Until 7:35AM Fri                 |             |                                |  |   |   |   |  |
| Then Routine Work - Marana Yoga  |             |                                |  |   |   |   |  |
| <b>4</b>                         |             | <b>Friday, June 3, 2022</b>    |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau      |   | Winnipeg, MB, Canada<br>Sun 18 Sutra 47                                     |  |
| Kataka Rasi: 2.32                | Tithi 4 – 5 | 343555479                      | <b>Gulika</b> 6:25AM – 8:26AM<br><b>Yama</b> 4:27PM – 6:28PM<br><b>Rahu</b> 10:26AM – 12:27PM  | <b>Punarvasu Until 7:35AM</b><br>Vridhi Until 4:03PM<br>Bava Until 4:20AM Sat<br><b>Chaturthi* Until 3:12PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:25AM<br><b>Muruqa:</b> Green <i>Sunset:</i> 8:28PM<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Jyeshtha-Vaikasi</b>    | Subhakrit 5124<br>Moon 5 - Phase 7 - 18<br>3rd Phase<br><b>Devaloka Day</b> |  |
| Creative Work                    | Siddha Yoga |                                |  |   |   |   |  |
| Until 7:35AM                     |             |                                |  |   |   |   |  |
| Then Routine Work - Marana Yoga  |             |                                |  |   |   |   |  |
| <b>5</b>                         |             | <b>Saturday, June 4, 2022</b>  |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |   | Winnipeg, MB, Canada<br>Sun 19 Sutra 48                                     |  |
| Kataka Rasi: 14.28               | Tithi 5 – 6 | 343555479                      | <b>Gulika</b> 4:24AM – 6:25AM<br><b>Yama</b> 2:27PM – 4:28PM<br><b>Rahu</b> 8:26AM – 10:26AM   | <b>Pushya Until 10:23AM</b><br>Dhruva Until 4:47PM<br>Kaulava Until 6:19AM Sun<br><b>Panchami Until 5:21PM</b>  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:24AM<br><b>Muruqa:</b> Green <i>Sunset:</i> 8:29PM<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Jyeshtha-Vaikasi</b>    | Subhakrit 5124<br>Moon 5 - Phase 7 - 19<br>3rd Phase<br><b>Devaloka Day</b> |  |
| Creative Work                    | Siddha Yoga |                                |  |   |   |   |  |
| Until 10:23AM                    |             |                                |  |   |   |   |  |
| Then Routine Work - Marana Yoga  |             |                                |  |   |   |   |  |
| <b>6</b>                         |             | <b>Sunday, June 5, 2022</b>    |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau       |   | Winnipeg, MB, Canada<br>Sun 20 Sutra 49                                     |  |
| Kataka Rasi: 26.31               | Tithi 6     | 343555471                      | <b>Gulika</b> 4:29PM – 6:29PM<br><b>Yama</b> 12:27PM – 2:28PM<br><b>Rahu</b> 6:29PM – 8:30PM   | <b>Ashlesha* Until 12:42PM</b><br>Vyaghata* Until 5:15PM<br>Kaulava Until 6:19AM<br><b>Shashthi* Until 7:08PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:24AM<br><b>Muruqa:</b> Green <i>Sunset:</i> 8:30PM<br><b>Nataraja:</b> Yellow<br>Moon – Blue<br><b>Jyeshtha-Vaikasi</b>   | Subhakrit 5124<br>Moon 5 - Phase 7 - 20<br>3rd Phase<br><b>Devaloka Day</b> |  |
| Creative Work                    | Siddha Yoga |                                |  |   |   |   |  |
| Until 12:42PM                    |             |                                |  |   |   |   |  |
| Then Routine Work - Marana Yoga  |             |                                |  |   |   |   |  |
| <b>Retreat Star</b>              |             | <b>Monday, June 6, 2022</b>    |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau            |   | Winnipeg, MB, Canada<br>Sun 21 Sutra 50                                     |  |
| Simha Rasi: 8.44                 | Tithi 7     | 354555471                      | <b>Gulika</b> 2:28PM – 4:29PM<br><b>Yama</b> 10:26AM – 12:27PM<br><b>Rahu</b> 6:24AM – 8:25AM  | <b>Magha* Until 2:53PM</b><br>Harshana Until 5:21PM<br>Gara Until 7:51AM<br><b>Saptami Until 8:23PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:23AM<br><b>Muruqa:</b> Green <i>Sunset:</i> 8:31PM<br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Jyeshtha-Vaikasi</b>    | Subhakrit 5124<br>Moon 5 - Phase 7 - 21<br>3rd Phase<br><b>Devaloka Day</b> |  |
| Family Home Evening              |             |                                |  |   |   |   |  |
| Routine Work                     | Marana Yoga |                                |  |   |   |   |  |
| Until 2:53PM                     |             |                                |  |   |   |   |  |
| Then Creative Work - Siddha Yoga |             |                                |  |   |   |   |  |
| <b>Retreat Star</b>              |             | <b>Tuesday, June 7, 2022</b>   |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau   |   | Winnipeg, MB, Canada<br>Sun 22 Sutra 51                                     |  |
| Simha Rasi: 21.13                | Tithi 8     | 354555471                      | <b>Gulika</b> 12:27PM – 2:28PM<br><b>Yama</b> 8:25AM – 10:26AM<br><b>Rahu</b> 4:30PM – 6:31PM  | <b>Purvaphalguni Until 4:18PM</b><br>Vajra* Until 4:55PM<br>Visti Until 8:48AM<br><b>Ashtami* Until 9:00PM</b>  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:23AM<br><b>Muruqa:</b> Green <i>Sunset:</i> 8:32PM<br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Jyeshtha-Vaikasi</b>    | Subhakrit 5124<br>Moon 5 - Phase 7 - 22<br>Ashtami<br><b>Devaloka Day</b>   |  |
| Creative Work                    | Siddha Yoga |                                |  |   |   |   |  |
| Until 4:18PM                     |             |                                |  |   |   |   |  |
| Then Creative Work - Amrita Yoga |             |                                |  |   |   |   |  |
| <b>Retreat Star</b>              |             | <b>Wednesday, June 8, 2022</b> |  | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Navamyam Titau       |   | Winnipeg, MB, Canada<br>Sun 23 Sutra 52                                     |  |
| Kanya Rasi: 4                    | Tithi 9     | 354555471                      | <b>Gulika</b> 10:26AM – 12:28PM<br><b>Yama</b> 6:24AM – 8:25AM<br><b>Rahu</b> 12:28PM – 2:29PM | <b>Uttaraphalguni Until 4:51PM</b><br>Siddhi Until 3:55PM<br>Balava Until 9:03AM<br><b>Navami* Until 8:51PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:23AM<br><b>Muruqa:</b> Green <i>Sunset:</i> 8:33PM<br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Jyeshtha-Vaikasi</b>    | Subhakrit 5124<br>Moon 5 - Phase 7 - 23<br>Navami<br><b>Devaloka Day</b>    |  |
| Creative Work                    | Amrita Yoga |                                |  |   |   |   |  |
| Until 4:51PM                     |             |                                |  |   |   |   |  |
| Then Routine Work - Marana Yoga  |             |                                |  |   |   |   |  |


Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

|          |                               |             |   |                                  |                         |   |  |
|----------|-------------------------------|-------------|---|----------------------------------|-------------------------|---|--|
| <b>1</b> | <b>Thursday, June 9, 2022</b> |             | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau |                                  |                         |   | Winnipeg, MB, Canada<br>Sun 24<br>Subhakrit 5124 |
|          | Kanya Rasi: 17.11             | Tithi 10    | <b>Gulika</b> 8:25AM – 10:26AM  | <b>Hasta</b> <b>Until 4:55PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:22AM                            |  |
|          |                               |             | Yama 4:22AM – 6:24AM  | Vyatipata* <b>Until 2:19PM</b>   | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:33PM                             | Moon 5 - Phase 8 - 24                            |
|          | Routine Work                  | Marana Yoga | 364555471 <b>Rahu</b> 2:29PM – 4:30PM   | Taitila <b>Until 8:31AM</b>      | <b>Nataraja:</b> Yellow |   | 4th Phase  |
|          |                               |             | <b>Dashami</b> <b>Until 7:56PM</b>  | Moon – Green                     |                         |   |  |
|          |                               |             |   | <b>Jyeshtha-Vaikasi</b>          |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

|               |                              |          |   |                                   |                         |   |  |
|---------------|------------------------------|----------|---|-----------------------------------|-------------------------|---|--|
| <b>2</b>      | <b>Friday, June 10, 2022</b> |          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau |                                   |                         |   | Winnipeg, MB, Canada<br>Sun 25<br>Subhakrit 5124 |
|               | Tula Rasi: 0.48              | Tithi 11 | <b>Gulika</b> 6:23AM – 8:25AM   | <b>Chitra</b> <b>Until 4:05PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:22AM                            |  |
|               |                              |          | Yama 4:31PM – 6:32PM  | Variyan <b>Until 12:03PM</b>      | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:34PM                             | Moon 5 - Phase 8 - 25                            |
|               |                              |          | 364555471 <b>Rahu</b> 10:26AM – 12:28PM   | Vanija <b>Until 7:12AM</b>        | <b>Nataraja:</b> Yellow |   | 4th Phase  |
| Creative Work | Siddha Yoga                  |          | <b>Ekadashi</b> <b>Until 6:14PM</b>   | Moon – Green                      |                         |   |  |
|               |                              |          |   | <b>Jyeshtha-Vaikasi</b>           |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

|               |                                |                        |   |                                  |                         |   |  |
|---------------|--------------------------------|------------------------|---|----------------------------------|-------------------------|---|--|
| <b>3</b>      | <b>Saturday, June 11, 2022</b> |                        | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                  |                         |   | Winnipeg, MB, Canada<br>Sun 26<br>Subhakrit 5124 |
|               | Tula Rasi: 14.52               | Tithi 12 – 13          | <b>Gulika</b> 4:22AM – 6:23AM   | <b>Svati</b> <b>Until 2:24PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:22AM                            |  |
|               |                                |                        | Yama 2:30PM – 4:31PM  | Parigha* <b>Until 9:13AM</b>     | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:35PM                             | Moon 5 - Phase 8 - 26                            |
|               |                                |                        | 364555471 <b>Rahu</b> 8:25AM – 10:26AM  | Kaulava <b>Until 2:27AM</b> Sun  | <b>Nataraja:</b> Yellow |   | 4th Phase  |
| Creative Work | Siddha Yoga                    |                        | <b>Dvadashi</b> <b>Until 3:51PM</b>   | Moon – Green                     |                         |   |  |
|               |                                | <b>Vaikasi Visakam</b> |   | <b>Jyeshtha-Vaikasi</b>          |                         | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |
|               |                                |                        |   |                                  |                         | <i>Pradosha Vrata</i>                             |  |

|              |                              |               |   |                                      |                         |                        |  |
|--------------|------------------------------|---------------|---|--------------------------------------|-------------------------|------------------------|--|
| <b>4</b>     | <b>Sunday, June 12, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                      |                         |                        | Winnipeg, MB, Canada<br>Sun 27<br>Subhakrit 5124 |
|              | Tula Rasi: 29.23             | Tithi 13 – 14 | <b>Gulika</b> 4:32PM – 6:33PM   | <b>Vishakha</b> <b>Until 12:24PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:21AM |  |
|              |                              |               | Yama 12:28PM – 2:30PM   | Siddha <b>Until 2:08AM</b> Mon       | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:35PM  | Moon 5 - Phase 8 - 27                            |
|              |                              |               | 374555471 <b>Rahu</b> 6:33PM – 8:35PM   | Gara <b>Until 11:15PM</b>            | <b>Nataraja:</b> Yellow |                        | 4th Phase  |
| Routine Work | Marana Yoga                  |               | <b>Trayodashi</b> <b>Until 12:53PM</b>  | Moon – Orange                        |                         |                        |  |
|              |                              |               |   | <b>Jyeshtha-Vaikasi</b>              |                         | <b>Devaloka Day</b>    |  |

|   |                              |               |  |                                     |                         |                        |  |
|---|------------------------------|---------------|--|-------------------------------------|-------------------------|------------------------|--|
|  | <b>Monday, June 13, 2022</b> |               | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                     |                         |                        | Winnipeg, MB, Canada<br>Sun 28<br>Subhakrit 5124 |
|   | <b>Copper Retreat Star</b>   |               | <b>Gulika</b> 2:30PM – 4:32PM  | <b>Anuradha</b> <b>Until 9:50AM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:21AM |  |
|   | Vrischika Rasi: 14.15        | Tithi 14 – 15 | Yama 10:27AM – 12:28PM   | Sadhya <b>Until 10:06PM</b>         | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:36PM  | Moon 5 - Phase 8 -                               |
|   | <b>Family Home Evening</b>   |               | 374555471 <b>Rahu</b> 6:23AM – 8:25AM  | Visti <b>Until 7:42PM</b>           | <b>Nataraja:</b> Yellow |                        | Purnima  |
| Creative Work   | Siddha Yoga                  |               | <b>Chaturdashi*</b> <b>Until 9:30AM</b>  | Moon – Orange                       |                         |                        |  |
|   |                              |               |  | <b>Jyeshtha-Vaikasi</b>             |                         | <b>Devaloka Day</b>    |  |

|                                  |                               |          |   |                                      |                         |                        |  |
|----------------------------------|-------------------------------|----------|---|--------------------------------------|-------------------------|------------------------|--|
| <b>5</b>                         | <b>Tuesday, June 14, 2022</b> |          | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau |                                      |                         |                        | Winnipeg, MB, Canada<br>Sun 29<br>Subhakrit 5124 |
|                                  | <b>Silver Retreat Star</b>    |          | <b>Gulika</b> 12:29PM – 2:31PM  | <b>Jyeshtha*</b> <b>Until 6:52AM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:21AM |  |
|                                  | Vrischika Rasi: 29.22         | Tithi 16 | Yama 8:25AM – 10:27AM   | Subha <b>Until 5:57PM</b>            | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:36PM  | Moon 5 - Phase 8 -                               |
|                                  |                               |          | 374555471 <b>Rahu</b> 4:33PM – 6:34PM   | Balava <b>Until 3:57PM</b>           | <b>Nataraja:</b> Yellow |                        | Prathama   |
| Routine Work                     | Marana Yoga                   |          | <b>Prathama*</b> <b>Until 2:02AM</b> Wed  | Moon – Orange                        |                         |                        |  |
| Until 6:52AM                     |                               |          |   | <b>Jyeshtha-Ani</b>                  |                         | <b>Devaloka Day</b>    |  |
| Then Creative Work - Amrita Yoga |                               |          |   |                                      |                         |                        |  |





Wednesday, June 15, 2022

Gold Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Winnipeg, MB, Canada

Sutra 59

Dhanus Rasi: 14.34 Tithi 17

384555471

**Gulika** 10:27AM – 12:29PM  
Yama 6:23AM – 8:25AM  
**Rahu** 12:29PM – 2:31PM

**Purvashadha\* Until 1:08AM Thu**  
Sukla Until 1:44PM  
Taitila Until 12:09PM  
**Dvitiya Until 10:17PM**

**Ganesha:** Blue *Sunrise: 4:21AM*  
**Muruqa:** Green *Sunset: 8:37PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Subhakarit 5124  
Moon 6 - Phase 9 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 1:08AM Thu

Then Routine Work - Marana Yoga

Thursday, June 16, 2022

1

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Trityayam Titau

Winnipeg, MB, Canada

Sutra 60

Dhanus Rasi: 29.43 Tithi 18

384555471

**Gulika** 8:25AM – 10:27AM  
Yama 4:21AM – 6:23AM  
**Rahu** 2:31PM – 4:33PM

**Uttarashadha Until 10:21PM**  
Brahma Until 9:40AM  
Vanija Until 8:30AM  
**Tritiya Until 6:45PM**

**Ganesha:** Blue *Sunrise: 4:21AM*  
**Muruqa:** Green *Sunset: 8:37PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Subhakarit 5124  
Moon 6 - Phase 9 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 10:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winnipeg, MB, Canada

Sutra 61

Makara Rasi: 14.38 Tithi 19 – 20

394555471

**Gulika** 6:23AM – 8:25AM  
Yama 4:33PM – 6:36PM  
**Rahu** 10:27AM – 12:29PM

**Shravana Until 8:13PM**  
Vaidhriti\* Until 2:23AM Sat  
Kaulava Until 2:11AM Sat  
**Chaturthi\* Until 3:34PM**

**Ganesha:** Red *Sunrise: 4:21AM*  
**Muruqa:** Green *Sunset: 8:38PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Subhakarit 5124  
Moon 6 - Phase 9 -  
2 1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 8:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Winnipeg, MB, Canada

Sutra 62

Makara Rasi: 29.13 Tithi 20 – 21

394555471

**Gulika** 4:21AM – 6:23AM  
Yama 2:32PM – 4:34PM  
**Rahu** 8:25AM – 10:27AM

**Dhanishtha Until 6:29PM**  
Vishkambha\* Until 11:24PM  
Gara Until 11:49PM  
**Panchami Until 12:54PM**

**Ganesha:** Blue *Sunrise: 4:21AM*  
**Muruqa:** Green *Sunset: 8:38PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Subhakarit 5124  
Moon 6 - Phase 9 -  
3 1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 6:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winnipeg, MB, Canada

Sutra 63

Kumbha Rasi: 13.24 Tithi 21 – 22

395655471

**Gulika** 4:34PM – 6:36PM  
Yama 12:30PM – 2:32PM  
**Rahu** 6:36PM – 8:38PM

**Shatabhishak Until 5:16PM**  
Priti Until 9:00PM  
Visti Until 10:08PM  
**Shashthi\* Until 10:52AM**

**Ganesha:** Red *Sunrise: 4:21AM*  
**Muruqa:** Green *Sunset: 8:38PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Subhakarit 5124  
Moon 6 - Phase 9 -  
4 1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winnipeg, MB, Canada

Sutra 64

Kumbha Rasi: 27.08 Tithi 22 – 23

315655471

**Gulika** 2:32PM – 4:34PM  
Yama 10:28AM – 12:30PM  
**Rahu** 6:23AM – 8:26AM

**Purvaproshtapada\* Until 5:05PM**  
Ayushman Until 7:10PM  
Balava Until 9:12PM  
**Saptami Until 9:33AM**

**Ganesha:** Clear *Sunrise: 4:21AM*  
**Muruqa:** Green *Sunset: 8:39PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Subhakarit 5124  
Moon 6 - Phase 9 -  
5 Ashtami

**Devaloka Day**

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada\*/Revatil Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winnipeg, MB, Canada

Sutra 65

Meena Rasi: 10.25 Tithi 23 – 24

315655471

**Gulika** 12:30PM – 2:32PM  
Yama 8:26AM – 10:28AM  
**Rahu** 4:34PM – 6:37PM

**Uttaraproshtapada Until 5:32PM**  
Saubhagya Until 5:59PM  
Taitila Until 9:03PM  
**Ashtami\* Until 9:01AM**

**Ganesha:** Clear *Sunrise: 4:21AM*  
**Muruqa:** Green *Sunset: 8:39PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Subhakarit 5124  
Moon 6 - Phase 9 -  
6 Navami

**Devaloka Day**

Creative Work Amrita Yoga

Until 5:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

mes are standard time. Calculated for Winnipeg, MB, Canada on 5

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|          |                                 |                          |   |                            |                         |                        |   |
|----------|---------------------------------|--------------------------|---|----------------------------|-------------------------|------------------------|---|
| <b>1</b> | <b>Wednesday, June 22, 2022</b> |                          | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                            |                         |                        | Winnipeg, MB, Canada<br>Sun 7<br>Sutra 66 |
|          | Meena Rasi: 23.19               | Tithi 24 – 25            | <b>Gulika</b> 10:28AM – 12:30PM   | <b>Revati</b> Until 6:32PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:22AM | Subhakit 5124                             |
|          |                                 |                          | Yama 6:24AM – 8:26AM  | Sobhana Until 5:24PM       | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:39PM  | Moon 6 - Phase 10 - 7                     |
|          | 315655471                       | Routine Work Marana Yoga | <b>Rahu</b> 12:30PM – 2:32PM  | Vanija Until 9:38PM        | <b>Nataraja:</b> Yellow |                        | 2nd Phase                                 |
|          |                                 |                          | <b>Navami*</b> Until 9:14AM   | Moon – Clear               |                         | <b>Devaloka Day</b>    |   |
|          |                                 |                          |   | Jyeshtha-Ani               |                         |                        |   |


|          |                                  |                           |   |                             |                         |                             |   |
|----------|----------------------------------|---------------------------|---|-----------------------------|-------------------------|-----------------------------|---|
| <b>2</b> | <b>Thursday, June 23, 2022</b>   |                           | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                             |                         |                             | Winnipeg, MB, Canada<br>Sun 8<br>Sutra 67 |
|          | Mesha Rasi: 5.52                 | Tithi 25 – 26             | <b>Gulika</b> 8:26AM – 10:28AM  | <b>Ashvini</b> Until 8:31PM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:22AM      | Subhakit 5124                             |
|          |                                  |                           | Yama 4:22AM – 6:24AM  | Athiganda* Until 5:19PM     | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:39PM       | Moon 6 - Phase 10 - 8                     |
|          | 325655471                        | Creative Work Amrita Yoga | <b>Rahu</b> 2:33PM – 4:35PM   | Bava Until 10:53PM          | <b>Nataraja:</b> Yellow |                             | 2nd Phase                                 |
|          | Until 8:31PM                     |                           | <b>Dashami</b> Until 10:10AM  | Moon – White                |                         | <b>Bhuloka Day</b>          |   |
|          | Then Creative Work - Siddha Yoga |                           |   | Jyeshtha-Ani                |                         | Devaloka Time: 6:PM to 9:PM |   |


|          |                              |                           |  |                              |                         |                             |   |
|----------|------------------------------|---------------------------|--|------------------------------|-------------------------|-----------------------------|---|
| <b>3</b> | <b>Friday, June 24, 2022</b> |                           | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                              |                         |                             | Winnipeg, MB, Canada<br>Sun 9<br>Sutra 68 |
|          | Mesha Rasi: 18.08            | Tithi 26 – 27             | <b>Gulika</b> 6:24AM – 8:26AM  | <b>Bharani</b> Until 10:52PM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:22AM      | Subhakit 5124                             |
|          |                              |                           | Yama 4:35PM – 6:37PM   | Sukarma Until 5:41PM         | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:39PM       | Moon 6 - Phase 10 - 9                     |
|          | 325655471                    | Creative Work Siddha Yoga | <b>Rahu</b> 10:29AM – 12:31PM  | Kaulava Until 12:39AM Sat    | <b>Nataraja:</b> Yellow |                             | 2nd Phase                                 |
|          |                              |                           | <b>Ekadashi*</b> Until 11:41AM   | Moon – White                 |                         | <b>Bhuloka Day</b>          |   |
|          |                              |                           |  | Jyeshtha-Ani                 |                         | Devaloka Time: 6:PM to 9:PM |   |

|          |                                  |                           |   |                                  |                         |                             |  |
|----------|----------------------------------|---------------------------|---|----------------------------------|-------------------------|-----------------------------|--|
| <b>4</b> | <b>Saturday, June 25, 2022</b>   |                           | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                                  |                         |                             | Winnipeg, MB, Canada<br>Sun 10<br>Sutra 69 |
|          | Vrishabha Rasi: 0.14             | Tithi 27 – 28             | <b>Gulika</b> 4:22AM – 6:25AM   | <b>Krittika</b> Until 1:25AM Sun | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:22AM      | Subhakit 5124                              |
|          |                                  |                           | Yama 2:33PM – 4:35PM  | Dhriti Until 6:23PM              | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:39PM       | Moon 6 - Phase 10 - 10                     |
|          | 325655471                        | Creative Work Amrita Yoga | <b>Rahu</b> 8:27AM – 10:29AM  | Gara Until 2:48AM Sun            | <b>Nataraja:</b> Yellow |                             | 2nd Phase                                  |
|          | Until 1:25AM Sun                 |                           | <b>Dvadashi*</b> Until 1:40PM   | Moon – White                     |                         | <b>Bhuloka Day</b>          |  |
|          | Then Creative Work - Siddha Yoga |                           |   | Jyeshtha-Ani                     |                         | Devaloka Time: 6:PM to 9:PM |  |
|          |                                  |                           |   | <i>Pradosha Vrata (Fasting)</i>  |                         |                             |  |

|          |                                  |                           |   |                                |                            |                             |  |
|----------|----------------------------------|---------------------------|---|--------------------------------|----------------------------|-----------------------------|--|
| <b>5</b> | <b>Sunday, June 26, 2022</b>     |                           | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                |                            |                             | Winnipeg, MB, Canada<br>Sun 11<br>Sutra 70 |
|          | Vrishabha Rasi: 12.1             | Tithi 28 – 29             | <b>Gulika</b> 4:35PM – 6:37PM   | <b>Rohini</b> Until 4:33AM Mon | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:23AM      | Subhakit 5124                              |
|          |                                  |                           | Yama 12:31PM – 2:33PM   | Shula* Until 7:17PM            | <b>Muruqa:</b> Green       | <i>Sunset:</i> 8:39PM       | Moon 6 - Phase 10 - 11                     |
|          | 335655471                        | Creative Work Siddha Yoga | <b>Rahu</b> 6:37PM – 8:39PM   | Visti Until 5:11AM Mon         | <b>Nataraja:</b> Yellow    |                             | 2nd Phase                                  |
|          | Until 4:33AM Mon                 |                           | <b>Trayodashi*</b> Until 3:57PM   | Moon – Yellow                  |                            | <b>Bhuloka Day</b>          |  |
|          | Then Creative Work - Amrita Yoga |                           |   | Jyeshtha-Ani                   |                            | Devaloka Time: 6:PM to 9:PM |  |

|          |                                 |                            |   |                                    |                            |                             |  |
|----------|---------------------------------|----------------------------|---|------------------------------------|----------------------------|-----------------------------|--|
| <b>6</b> | <b>Monday, June 27, 2022</b>    |                            | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Ganda* Yoga Sakuni* Karana Chaturdashyam Titau |                                    |                            |                             | Winnipeg, MB, Canada<br>Sun 12<br>Sutra 71 |
|          | Vrishabha Rasi: 24.02           | Tithi 29                   | <b>Gulika</b> 2:33PM – 4:35PM   | <b>Mrigashira</b> Until 7:37AM Tue | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:23AM      | Subhakit 5124                              |
|          |                                 |                            | Yama 10:29AM – 12:31PM  | Ganda* Until 8:18PM                | <b>Muruqa:</b> Green       | <i>Sunset:</i> 8:39PM       | Moon 6 - Phase 10 - 12                     |
|          | 335655471                       | <b>Family Home Evening</b> | <b>Rahu</b> 6:25AM – 8:27AM   | Sakuni Until 6:25PM                | <b>Nataraja:</b> Yellow    |                             | 2nd Phase                                  |
|          | Creative Work Amrita Yoga       |                            | <b>Chaturdashi*</b> Until 6:25PM  | Moon – Yellow                      |                            | <b>Bhuloka Day</b>          |  |
|          | Until 7:37AM Tue                |                            |   | Jyeshtha-Ani                       |                            | Devaloka Time: 6:PM to 9:PM |  |
|          | Then Routine Work - Marana Yoga |                            |   |                                    |                            |                             |  |

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|  | <b>Tuesday, June 28, 2022</b>   |                           | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                |                         |                             | Winnipeg, MB, Canada<br>Sun 13<br>Sutra 72 |
|   | <b>Retreat Star</b>             |                           | <b>Gulika</b> 12:31PM – 2:33PM   | <b>Mrigashira</b> Until 7:37AM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:24AM      | Subhakit 5124                              |
|   | Mithuna Rasi: 5.52              | Tithi 30                  | Yama 8:28AM – 10:30AM  | Vriddhi Until 9:22PM           | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:39PM       | Moon 6 - Phase 10 - 13                     |
|   | 336655471                       | Creative Work Siddha Yoga | <b>Rahu</b> 4:35PM – 6:37PM  | Catuspada Until 7:41AM         | <b>Nataraja:</b> Yellow |                             | Amavasya                                   |
|   | Until 7:37AM                    |                           | <b>Amavasya*</b> Until 8:55PM  | Moon – Yellow                  |                         | <b>Bhuloka Day</b>          |  |
|   | Then Routine Work - Marana Yoga |                           |  | Jyeshtha-Ani                   |                         | Devaloka Time: 6:PM to 9:PM |  |

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|  | <b>Wednesday, June 29, 2022</b> |                           | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau |                            |                         |                             | Winnipeg, MB, Canada<br>Sun 14<br>Sutra 73 |
|   | <b>Retreat Star</b>             |                           | <b>Gulika</b> 10:30AM – 12:32PM   | <b>Ardra</b> Until 10:30AM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:24AM      | Subhakit 5124                              |
|   | Mithuna Rasi: 17.41             | Tithi 1                   | Yama 6:26AM – 8:28AM  | Dhruva Until 10:22PM       | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:39PM       | Moon 6 - Phase 10 - 14                     |
|   | 336655471                       | Creative Work Siddha Yoga | <b>Rahu</b> 12:32PM – 2:34PM  | Kintughna Until 10:10AM    | <b>Nataraja:</b> Yellow |                             | Prathama                                   |
|   |                                 |                           | <b>Prathama*</b> Until 11:22PM  | Moon – Yellow              |                         | <b>Bhuloka Day</b>          |  |
|   |                                 |                           |   | Ashada-Ani                 |                         | Devaloka Time: 6:PM to 9:PM |  |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

|          |                                |             |   |                               |   |   |   |
|----------|--------------------------------|-------------|---|-------------------------------|---|---|---|
| <b>1</b> | <b>Thursday, June 30, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                               |   |   | Winnipeg, MB, Canada<br>Sun 15 Sutra 74 |
|          | Mithuna Rasi: 29.32            | Tithi 2     | <b>Gulika</b> 8:28AM – 10:30AM  | <b>Punarvasu</b> Until 1:38PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:25AM |   | Subhakrit 5124                          |
|          |                                |             | Yama 4:25AM – 6:27AM  | Vyaghata* Until 11:16PM       | <b>Muruqa:</b> Green <i>Sunset:</i> 8:39PM        |   | Moon 6 - Phase 11 - 15                  |
|          | Creative Work                  | Amrita Yoga | 346655471 <b>Rahu</b> 2:34PM – 4:35PM   | Balava Until 12:34PM          | <b>Nataraja:</b> Yellow                           |   | 3rd Phase                               |
|          |                                |             | <b>Dvitiya</b> Until 1:41AM Fri   | Moon – Blue                   |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |   |

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| <b>2</b> | <b>Friday, July 1, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau |                            |   |   | Winnipeg, MB, Canada<br>Sun 16 Sutra 75 |
|          | Kataka Rasi: 11.27          | Tithi 3     | <b>Gulika</b> 6:27AM – 8:29AM   | <b>Pushya</b> Until 4:26PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:26AM |   | Subhakrit 5124                          |
|          |                             |             | Yama 4:35PM – 6:37PM  | Harshana Until 12:02AM Sat | <b>Muruqa:</b> Green <i>Sunset:</i> 8:39PM        |   | Moon 6 - Phase 11 - 16                  |
|          | Routine Work                | Marana Yoga | 346655471 <b>Rahu</b> 10:30AM – 12:32PM   | Taitila Until 2:47PM       | <b>Nataraja:</b> Yellow                           |   | 3rd Phase                               |
|          |                             |             | <b>Tritiya</b> Until 3:47AM Sat   | Moon – Blue                |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |   |
|          |                             |             |   | <b>Ashada*Ani</b>          |   |   |   |

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| <b>3</b> | <b>Saturday, July 2, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Nakshatra Vajra* Yoga Vanija/Vistii* Karana Chaturthyam Titau |                               |   |   | Winnipeg, MB, Canada<br>Sun 17 Sutra 76 |
|          | Kataka Rasi: 23.27            | Tithi 4     | <b>Gulika</b> 4:26AM – 6:28AM   | <b>Ashlesha*</b> Until 6:49PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:26AM |   | Subhakrit 5124                          |
|          |                               |             | Yama 2:34PM – 4:35PM  | Vajra* Until 12:34AM Sun      | <b>Muruqa:</b> Green <i>Sunset:</i> 8:38PM        |   | Moon 6 - Phase 11 - 17                  |
|          | Routine Work                  | Marana Yoga | 346655471 <b>Rahu</b> 8:29AM – 10:31AM  | Vanija Until 4:45PM           | <b>Nataraja:</b> Yellow                           |   | 3rd Phase                               |
|          |                               |             | <b>Chaturthi*</b> Until 5:36AM Sun  | Moon – Blue                   |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |   |
|          |                               |             |   | <b>Ashada*Ani</b>             |   |   |   |

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| <b>4</b> | <b>Sunday, July 3, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha* Nakshatra Siddhi Yoga Bava Karana Panchamyam Titau |                            |   |                     | Winnipeg, MB, Canada<br>Sun 18 Sutra 77 |
|          | Simha Rasi: 5.34            | Tithi 5     | <b>Gulika</b> 4:35PM – 6:37PM   | <b>Magha*</b> Until 9:12PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:27AM |                     | Subhakrit 5124                          |
|          |                             |             | Yama 12:32PM – 2:34PM   | Siddhi Until 12:50AM Mon   | <b>Muruqa:</b> Green <i>Sunset:</i> 8:38PM    |                     | Moon 6 - Phase 11 - 18                  |
|          | Routine Work                | Marana Yoga | 356655471 <b>Rahu</b> 6:37PM – 8:38PM   | Bava Until 6:23PM          | <b>Nataraja:</b> Yellow                       |                     | 3rd Phase                               |
|          |                             |             | <b>Panchami</b> Until 7:02AM Mon  | Moon – Red                 |   | <b>Devaloka Day</b> |   |
|          |                             |             |   | <b>Ashada*Ani</b>          |   |                     |   |

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| <b>5</b> | <b>Monday, July 4, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                    |   |                     | Winnipeg, MB, Canada<br>Sun 19 Sutra 78 |
|          | Simha Rasi: 17.5            | Tithi 5 – 6 | <b>Gulika</b> 2:34PM – 4:35PM  | <b>Purvaphalguni</b> Until 10:59PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 4:28AM |                     | Subhakrit 5124                          |
|          | <b>Family Home Evening</b>  |             | Yama 10:31AM – 12:33PM   | Vyatipata* Until 12:45AM Tue       | <b>Muruqa:</b> Green <i>Sunset:</i> 8:38PM    |                     | Moon 6 - Phase 11 - 19                  |
|          | Creative Work               | Siddha Yoga | 356655471 <b>Rahu</b> 6:29AM – 8:30AM  | Kaulava Until 7:35PM               | <b>Nataraja:</b> Yellow                       |                     | 3rd Phase                               |
|          |                             |             | <b>Panchami</b> Until 7:02AM   | Moon – Red                         |   | <b>Devaloka Day</b> |   |
|          |                             |             |  | <b>Ashada*Ani</b>                  |   |                     |   |

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| <b>6</b> | <b>Tuesday, July 5, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Varyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau |   |  |                     | Winnipeg, MB, Canada<br>Sun 20 Sutra 79 |
|          | Kanya Rasi: 0.2              | Tithi 6 – 7 | <b>Gulika</b> 12:33PM – 2:34PM  | <b>Uttaraphalguni</b> Until 12:04AM Wed | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:28AM |                     | Subhakrit 5124                          |
|          |                              |             | Yama 8:31AM – 10:32AM   | Varyan Until 12:12AM Wed                | <b>Muruqa:</b> Green <i>Sunset:</i> 8:37PM   |                     | Moon 6 - Phase 11 - 20                  |
|          | Creative Work                | Amrita Yoga | 357655471 <b>Rahu</b> 4:35PM – 6:36PM   | Gara Until 8:15PM                       | <b>Nataraja:</b> Yellow                      |                     | 3rd Phase                               |
|          |                              |             | <b>Shashthi*</b> Until 7:58AM   | Moon – Red                              |  | <b>Devaloka Day</b> |   |
|          |                              |             |   | <b>Ashada*Ani</b>                       |  |                     |   |

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| <b>☾</b> | <b>Wednesday, July 6, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Parigha* Yoga Vanija/Vistii* Karana Saplam/Ashtamyam Titau |                                |  |                     | Winnipeg, MB, Canada<br>Sun 21 Sutra 80 |
|          | <b>Retreat Star</b>            |             | <b>Gulika</b> 10:32AM – 12:33PM  | <b>Hasta</b> Until 12:50AM Thu | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:29AM |                     | Subhakrit 5124                          |
|          | Kanya Rasi: 13.05              | Tithi 7 – 8 | Yama 6:30AM – 8:31AM   | Parigha* Until 11:08PM         | <b>Muruqa:</b> Green <i>Sunset:</i> 8:37PM   |                     | Moon 6 - Phase 11 - 21                  |
|          |                                |             | 467655471 <b>Rahu</b> 12:33PM – 2:34PM   | Visti Until 8:16PM             | <b>Nataraja:</b> Yellow                      |                     | Ashtami                                 |
|          |                                |             | <b>Saptami</b> Until 8:19AM  | Moon – Green                   |  | <b>Devaloka Day</b> |   |
|          |                                |             |  | <b>Ashada*Ani</b>              |  |                     |   |

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| <b>☽</b> | <b>Thursday, July 7, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                 |  |                     | Winnipeg, MB, Canada<br>Sun 22 Sutra 81 |
|          | <b>Retreat Star</b>           |             | <b>Gulika</b> 8:32AM – 10:32AM   | <b>Chitra</b> Until 12:43AM Fri | <b>Ganesha:</b> Clear <i>Sunrise:</i> 4:30AM |                     | Subhakrit 5124                          |
|          | Kanya Rasi: 26.1              | Tithi 8 – 9 | Yama 4:30AM – 6:31AM   | Shiva Until 9:31PM              | <b>Muruqa:</b> Green <i>Sunset:</i> 8:36PM   |                     | Moon 6 - Phase 11 - 22                  |
|          |                               |             | 467655471 <b>Rahu</b> 2:34PM – 4:35PM  | Balava Until 7:33PM             | <b>Nataraja:</b> Yellow                      |                     | Navami                                  |
|          |                               |             | <b>Ashtami*</b> Until 7:59AM   | Moon – Green                    |  | <b>Devaloka Day</b> |   |
|          |                               |             |  | <b>Ashada*Ani</b>               |  |                     |   |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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| <b>1 Friday, July 8, 2022</b> |              | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                             |                         |                        | Winnipeg, MB, Canada<br>Sun 23 Sutra 82<br>Subhakrit 5124 |
| Tula Rasi: 9.4                | Tithi 9 – 10 | <b>Gulika</b> 6:31AM – 8:32AM   | <b>Svati</b> Until 11:43PM  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:31AM |   |
|                               |              | Yama 4:34PM – 6:35PM  | Siddha Until 7:16PM         | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:36PM  | Moon 6 - Phase 12 - 23                                    |
| 467655471                     |              | <b>Rahu</b> 10:33AM – 12:33PM   | Taitila Until 6:07PM        | <b>Nataraja:</b> Yellow |                        | 4th Phase   |
| Creative Work                 | Siddha Yoga  |   | <b>Navami*</b> Until 6:55AM | Moon – Green            |                        | <b>Devaloka Day</b>                                       |
|                               |              |   |                             | Ashada*Ani              |                        |   |

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| <b>2 Saturday, July 9, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau |                                  |                         |                        | Winnipeg, MB, Canada<br>Sun 24 Sutra 83<br>Subhakrit 5124 |
| Tula Rasi: 23.35                | Tithi 11    | <b>Gulika</b> 4:32AM – 6:32AM  | <b>Vishakha</b> Until 10:20PM    | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:32AM |   |
|                                 |             | Yama 2:34PM – 4:34PM   | Sadhya Until 4:27PM              | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:35PM  | Moon 6 - Phase 12 - 24                                    |
| 477655471                       |             | <b>Rahu</b> 8:33AM – 10:33AM   | Vanija Until 3:58PM              | <b>Nataraja:</b> Yellow |                        | 4th Phase   |
| Creative Work                   | Siddha Yoga |  | <b>Ekadashi</b> Until 2:39AM Sun | Moon – Orange           |                        | <b>Bhuloka Day</b>  |
|                                 |             |  |                                  | Ashada*Ani              |                        | Devaloka Time: 6:PM to 9:PM                               |

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| <b>3 Sunday, July 10, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau |                               |                         |                        | Winnipeg, MB, Canada<br>Sun 25 Sutra 84<br>Subhakrit 5124 |
| Vrischika Rasi: 7.57           | Tithi 12    | <b>Gulika</b> 4:34PM – 6:34PM   | <b>Anuradha</b> Until 8:13PM  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:33AM |   |
|                                |             | Yama 12:33PM – 2:34PM   | Subha Until 1:09PM            | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:34PM  | Moon 6 - Phase 12 - 25                                    |
| 477655471                      |             | <b>Rahu</b> 6:34PM – 8:34PM   | Bava Until 1:13PM             | <b>Nataraja:</b> Yellow |                        | 4th Phase   |
| Routine Work                   | Marana Yoga |   | <b>Dvadashi</b> Until 11:37PM | Moon – Orange           |                        | <b>Bhuloka Day</b>  |
|                                |             |   |                               | Ashada*Ani              |                        | Devaloka Time: 6:PM to 9:PM                               |

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| <b>4 Monday, July 11, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                |                         |                        | Winnipeg, MB, Canada<br>Sun 26 Sutra 85<br>Subhakrit 5124 |
| Vrischika Rasi: 22.43          | Tithi 13    | <b>Gulika</b> 2:34PM – 4:34PM  | <b>Jyeshtha*</b> Until 5:31PM  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:34AM |   |
| <b>Family Home Evening</b>     |             | Yama 10:34AM – 12:34PM   | Sukla Until 9:24AM             | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:34PM  | Moon 6 - Phase 12 - 26                                    |
| 477655471                      |             | <b>Rahu</b> 6:34AM – 8:34AM  | Kaulava Until 9:57AM           | <b>Nataraja:</b> Yellow |                        | 4th Phase   |
| Creative Work                  | Siddha Yoga |  | <b>Trayodashi</b> Until 8:10PM | Moon – Orange           |                        | <b>Bhuloka Day</b>  |
|                                |             |  |                                | Ashada*Ani              |                        | Devaloka Time: 6:PM to 9:PM                               |
|                                |             |  |                                |                         |                        | <i>Pradosha Vrata</i>                                     |

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| <b>5 Tuesday, July 12, 2022</b>  |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau |                                  |                         |                        | Winnipeg, MB, Canada<br>Sun 27 Sutra 86<br>Subhakrit 5124 |
| Dhanus Rasi: 7.46                | Tithi 14 – 15 | <b>Gulika</b> 12:34PM – 2:33PM  | <b>Mula*</b> Until 2:46PM        | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:35AM |   |
|                                  |               | Yama 8:34AM – 10:34AM   | Indra Until 1:11AM Wed           | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:33PM  | Moon 6 - Phase 12 - 27                                    |
| 488655471                        |               | <b>Rahu</b> 4:33PM – 6:33PM   | Gara Until 6:20AM                | <b>Nataraja:</b> Yellow |                        | 4th Phase   |
| Creative Work                    | Amrita Yoga   |   | <b>Chaturdashi*</b> Until 4:26PM | Moon – Light Blue       |                        | <b>Sivaloka Day</b>                                       |
| Until 2:46PM                     |               |   |                                  | Ashada*Ani              |                        |   |
| Then Creative Work - Siddha Yoga |               |   |                                  |                         |                        |   |

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| <b>Wednesday, July 13, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                   |                         |                        | Winnipeg, MB, Canada<br>Sutra 87<br>Subhakrit 5124 |
| <b>Copper Retreat Star</b>      |               | <b>Gulika</b> 10:34AM – 12:34PM  | <b>Purvashadha*</b> Until 11:46AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:36AM |  |
| Dhanus Rasi: 22.59              | Tithi 15 – 16 | Yama 6:35AM – 8:35AM   | Vaidhriti* Until 8:55PM           | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:32PM  | Moon 6 - Phase 12 - Purnima                        |
| 488755471                       |               | <b>Rahu</b> 12:34PM – 2:33PM   | Balava Until 10:41PM              | <b>Nataraja:</b> Yellow |                        |  |
| Creative Work                   | Amrita Yoga   |  | <b>Purnima*</b> Until 12:35PM     | Moon – Light Blue       |                        | <b>Devaloka Day</b>                                |
|                                 |               | <b>Satguru Purnima</b>   |                                   | Ashada*Ani              |                        |  |

|                                  |               |  |                                  |                         |                        |  |
|----------------------------------|---------------|--|----------------------------------|-------------------------|------------------------|--|
| <b>Thursday, July 14, 2022</b>   |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                                  |                         |                        | Winnipeg, MB, Canada<br>Sutra 88<br>Subhakrit 5124 |
| <b>Silver Retreat Star</b>       |               | <b>Gulika</b> 8:35AM – 10:35AM   | <b>Uttarashadha</b> Until 8:40AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:37AM |  |
| Makara Rasi: 8.13                | Tithi 16 – 17 | Yama 4:37AM – 6:36AM   | Vishkambha* Until 4:47PM         | <b>Muruqa:</b> Green    | <i>Sunset:</i> 8:31PM  | Moon 6 - Phase 12 - Prathama                       |
| 488755471                        |               | <b>Rahu</b> 2:33PM – 4:33PM  | Taitila Until 6:59PM             | <b>Nataraja:</b> Yellow |                        |  |
| Routine Work                     | Marana Yoga   |  | <b>Prathama*</b> Until 8:47AM    | Moon – Light Blue       |                        | <b>Devaloka Day</b>                                |
| Until 8:40AM                     |               |  |                                  | Ashada*Ani              |                        |  |
| Then Creative Work - Siddha Yoga |               |  |                                  |                         |                        |  |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visli\* Karana Trilyayam Titau

Winnipeg, MB, Canada  
Sun 1 Sutra 89

Makara Rasi: 23.17 Tithi 18

**Gulika** 6:37AM – 8:36AM  
Yama 4:32PM – 6:31PM  
498755471 **Rahu** 10:35AM – 12:34PM

**Shravana Until 6:04AM**  
Priti Until 12:54PM  
Vanija Until 3:35PM  
Tritiya Until 2:02AM Sat

**Ganesha:** Blue *Sunrise: 4:38AM*  
**Muruqa:** Green *Sunset: 8:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
Ashada\*Ani

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 6:04AM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Winnipeg, MB, Canada  
Sun 2 Sutra 90

Kumbha Rasi: 8.02 Tithi 19

**Gulika** 4:39AM – 6:38AM  
Yama 2:33PM – 4:32PM  
498755471 **Rahu** 8:37AM – 10:35AM

**Shatabhishak Until 1:50AM Sun**  
Ayushman Until 9:22AM  
Bava Until 12:40PM  
**Chaturthi\* Until 11:25PM**

**Ganesha:** Blue *Sunrise: 4:39AM*  
**Muruqa:** Green *Sunset: 8:29PM*  
**Nataraja:** Yellow  
Moon – Purple  
Ashada\*Adi

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga  
Until 1:50AM Sun  
Then Creative Work - Siddha Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Winnipeg, MB, Canada  
Sun 3 Sutra 91

Kumbha Rasi: 22.22 Tithi 20

**Gulika** 4:31PM – 6:30PM  
Yama 12:34PM – 2:33PM  
418755472 **Rahu** 6:30PM – 8:28PM

**Purvaproshtapada\* Until 12:56AM Mo**  
Saubhagya Until 6:22AM  
Kaulava Until 10:22AM  
**Panchami Until 9:29PM**

**Ganesha:** White *Sunrise: 4:40AM*  
**Muruqa:** Green *Sunset: 8:28PM*  
**Nataraja:** White  
Moon – Clear  
Ashada\*Adi

**Bhuloka Day**

Creative Work Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Winnipeg, MB, Canada  
Sun 4 Sutra 92

Meena Rasi: 6.12 Tithi 21

**Gulika** 2:33PM – 4:31PM  
Yama 10:36AM – 12:34PM  
418755472 **Rahu** 6:39AM – 8:38AM

**Uttaraproshtapada Until 12:42AM Tue**  
Athiganda\* Until 2:13AM Tue  
Gara Until 8:50AM  
**Shashthi\* Until 8:22PM**

**Ganesha:** White *Sunrise: 4:41AM*  
**Muruqa:** Green *Sunset: 8:27PM*  
**Nataraja:** White  
Moon – Clear  
Ashada\*Adi

**Bhuloka Day**

**Family Home Evening**  
Creative Work Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Winnipeg, MB, Canada  
Sun 5 Sutra 93

Meena Rasi: 19.34 Tithi 22

**Gulika** 12:34PM – 2:32PM  
Yama 8:38AM – 10:36AM  
419755472 **Rahu** 4:30PM – 6:28PM

**Revati Until 1:10AM Wed**  
Sukarma Until 1:11AM Wed  
Visti Until 8:09AM  
**Saptami Until 8:06PM**

**Ganesha:** Clear *Sunrise: 4:42AM*  
**Muruqa:** Green *Sunset: 8:26PM*  
**Nataraja:** White  
Moon – Clear  
Ashada\*Adi

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga  
Until 1:10AM Wed  
Then Routine Work - Marana Yoga

**D**

**Wednesday, July 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Winnipeg, MB, Canada  
Sun 6 Sutra 94

Mesha Rasi: 2.28 Tithi 23

**Gulika** 10:37AM – 12:34PM  
Yama 6:41AM – 8:39AM  
429755472 **Rahu** 12:34PM – 2:32PM

**Ashvini Until 2:46AM Thu**  
Dhriti Until 12:49AM Thu  
Balava Until 8:19AM  
**Ashtami\* Until 8:42PM**

**Ganesha:** Purple *Sunrise: 4:44AM*  
**Muruqa:** Green *Sunset: 8:25PM*  
**Nataraja:** White  
Moon – White  
Ashada\*Adi

**Devaloka Day**

Routine Work Marana Yoga  
Until 2:46AM Thu  
Then Creative Work - Siddha Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Winnipeg, MB, Canada  
Sun 7 Sutra 95

Mesha Rasi: 14.59 Tithi 24

**Gulika** 8:40AM – 10:37AM  
Yama 4:45AM – 6:42AM  
429755472 **Rahu** 2:32PM – 4:29PM

**Bharani Until 4:54AM Fri**  
Shula\* Until 12:59AM Fri  
Taitila Until 9:19AM  
**Navami\* Until 10:03PM**

**Ganesha:** Purple *Sunrise: 4:45AM*  
**Muruqa:** Green *Sunset: 8:24PM*  
**Nataraja:** White  
Moon – White  
Ashada\*Adi

**Devaloka Day**

Creative Work Siddha Yoga

|                                  |             |   |   |   |                        |  |  |
|----------------------------------|-------------|---|---|---|------------------------|--|--|
| <b>1</b>                         |             | <b>Friday, July 22, 2022</b>            |   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Krittika Nakshatra Ganda* Yoga Vanija/Vishti* Karana Dashamyam Titau |                        | Winnipeg, MB, Canada<br>Sun 8 Sutra 96 |  |
| Mesha Rasi: 27.12                | Tithi 25    | <b>Gulika</b> 6:43AM – 8:40AM           | <b>Krittika</b> <b>Until 7:24AM Sat</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:46AM | Subhakrit 5124                         |  |
|                                  |             | Yama 4:29PM – 6:26PM                    | Ganda* Until 1:37AM Sat                 | <b>Muruqa:</b> Green  | <i>Sunset:</i> 8:23PM  | Moon 7 - Phase 14 - 8                  |  |
|                                  |             | 429755472 <b>Rahu</b> 10:37AM – 12:34PM | Vanija Until 10:59AM                    | <b>Nataraja:</b> White  |                        | 2nd Phase                              |  |
| Creative Work                    | Siddha Yoga |   | <b>Dashami</b> <b>Until 11:59PM</b>     | Moon – White  |                        | <b>Devaloka Day</b>                    |  |
| Until 7:24AM Sat                 |             |   |   | Ashada*Adi  |                        |  |  |
| Then Creative Work - Amrita Yoga |             |   |   |   |                        |  |  |

|                      |             |  |  |   |                        |  |  |
|----------------------|-------------|--|--|---|------------------------|--|--|
| <b>2</b>             |             | <b>Saturday, July 23, 2022</b>         |  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau |                        | Winnipeg, MB, Canada<br>Sun 9 Sutra 97 |  |
| Virshabha Rasi: 9.13 | Tithi 26    | <b>Gulika</b> 4:47AM – 6:44AM          | <b>Krittika</b> <b>Until 7:24AM</b>      | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:47AM | Subhakrit 5124                         |  |
|                      |             | Yama 2:31PM – 4:28PM                   | Vriddhi Until 2:32AM Sun                 | <b>Muruqa:</b> Green  | <i>Sunset:</i> 8:22PM  | Moon 7 - Phase 14 - 9                  |  |
|                      |             | 429755472 <b>Rahu</b> 8:41AM – 10:38AM | Bava Until 1:08PM                        | <b>Nataraja:</b> White  |                        | 2nd Phase                              |  |
| Creative Work        | Amrita Yoga |  | <b>Ekadashi*</b> <b>Until 2:18AM Sun</b> | Moon – White  |                        | <b>Devaloka Day</b>                    |  |
|                      |             |  |  | Ashada*Adi  |                        |  |  |

|                       |             |                                       |  |  |                        |   |  |
|-----------------------|-------------|---------------------------------------|--|--|------------------------|---|--|
| <b>3</b>              |             | <b>Sunday, July 24, 2022</b>          |  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Winnipeg, MB, Canada<br>Sun 10 Sutra 98 |  |
| Virshabha Rasi: 21.05 | Tithi 27    | <b>Gulika</b> 4:28PM – 6:24PM         | <b>Rohini</b> <b>Until 10:32AM</b>       | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:48AM | Subhakrit 5124                          |  |
|                       |             | Yama 12:35PM – 2:31PM                 | Dhruva Until 3:34AM Mon                  | <b>Muruqa:</b> Green   | <i>Sunset:</i> 8:21PM  | Moon 7 - Phase 14 - 10                  |  |
|                       |             | 439755472 <b>Rahu</b> 6:24PM – 8:21PM | Kaulava Until 3:34PM                     | <b>Nataraja:</b> White   |                        | 2nd Phase                               |  |
| Creative Work         | Siddha Yoga |                                       | <b>Dvadashi*</b> <b>Until 4:49AM Mon</b> | Moon – Yellow  |                        | <b>Bhuloka Day</b>                      |  |
|                       |             |                                       |  | Ashada*Adi   |                        | <b>Devaloka Time: 9:AM to12:PM</b>      |  |

|                                  |             |                                       |  |  |                        |   |  |
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| <b>4</b>                         |             | <b>Monday, July 25, 2022</b>          |  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau |                        | Winnipeg, MB, Canada<br>Sun 11 Sutra 99 |  |
| Mithuna Rasi: 2.54               | Tithi 28    | <b>Gulika</b> 2:31PM – 4:27PM         | <b>Mrigashira</b> <b>Until 1:37PM</b>      | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:50AM | Subhakrit 5124                          |  |
| <b>Family Home Evening</b>       |             | Yama 10:38AM – 12:35PM                | Vyaghata* Until 4:38AM Tue                 | <b>Muruqa:</b> Green   | <i>Sunset:</i> 8:19PM  | Moon 7 - Phase 14 - 11                  |  |
| Creative Work                    | Amrita Yoga | 439755472 <b>Rahu</b> 6:46AM – 8:42AM | Gara Until 6:06PM                          | <b>Nataraja:</b> White   |                        | 2nd Phase                               |  |
| Until 1:37PM                     |             |                                       | <b>Trayodashi*</b> <b>Until 7:20AM Tue</b> | Moon – Yellow  |                        | <b>Bhuloka Day</b>                      |  |
| Then Creative Work - Siddha Yoga |             |                                       |  | Ashada*Adi   |                        | <b>Devaloka Time: 9:AM to12:PM</b>      |  |
|                                  |             |                                       |  | <i>Pradosha Vrata (Fasting)</i>  |                        |   |  |

|                                  |               |                                       |  |   |                        |  |  |
|----------------------------------|---------------|---------------------------------------|--|---|------------------------|--|--|
| <b>5</b>                         |               | <b>Tuesday, July 26, 2022</b>         |  | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau |                        | Winnipeg, MB, Canada<br>Sun 12 Sutra 100 |  |
| Mithuna Rasi: 14.43              | Tithi 28 – 29 | <b>Gulika</b> 12:35PM – 2:30PM        | <b>Ardra</b> <b>Until 4:30PM</b>       | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 4:51AM | Subhakrit 5124                           |  |
|                                  |               | Yama 8:43AM – 10:39AM                 | Harshana Until 5:37AM Wed              | <b>Muruqa:</b> Green  | <i>Sunset:</i> 8:18PM  | Moon 7 - Phase 14 - 12                   |  |
|                                  |               | 431755472 <b>Rahu</b> 4:26PM – 6:22PM | Visti Until 8:34PM                     | <b>Nataraja:</b> White  |                        | 2nd Phase                                |  |
| Routine Work                     | Marana Yoga   |                                       | <b>Trayodashi*</b> <b>Until 7:20AM</b> | Moon – Yellow   |                        | <b>Bhuloka Day</b>                       |  |
| Until 4:30PM                     |               |                                       |  | Ashada*Adi  |                        | <b>Devaloka Time: 9:AM to12:PM</b>       |  |
| Then Creative Work - Siddha Yoga |               |                                       |  |   |                        |  |  |

|                     |               |  |   |  |                        |  |  |
|---------------------|---------------|--|---|--|------------------------|--|--|
| <b>Retreat Star</b> |               | <b>Wednesday, July 27, 2022</b>        |   | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Winnipeg, MB, Canada<br>Sun 13 Sutra 101 |  |
| Mithuna Rasi: 26.35 | Tithi 29 – 30 | <b>Gulika</b> 10:39AM – 12:35PM        | <b>Punarvasu</b> <b>Until 7:35PM</b>    | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 4:52AM | Subhakrit 5124                           |  |
|                     |               | Yama 6:48AM – 8:43AM                   | Vajra* Until 6:26AM Thu                 | <b>Muruqa:</b> Green   | <i>Sunset:</i> 8:17PM  | Moon 7 - Phase 14 - 13                   |  |
|                     |               | 441755472 <b>Rahu</b> 12:35PM – 2:30PM | Catuspada Until 10:52PM                 | <b>Nataraja:</b> White   |                        | Amavasya                                 |  |
| Creative Work       | Siddha Yoga   |  | <b>Chaturdashi*</b> <b>Until 9:44AM</b> | Moon – Blue  |                        | <b>Bhuloka Day</b>                       |  |
|                     |               |  |   | Ashada*Adi   |                        | <b>Devaloka Time: 9:AM to12:PM</b>       |  |

|                                  |              |                                       |                                       |  |                        |  |  |
|----------------------------------|--------------|---------------------------------------|---------------------------------------|--|------------------------|--|--|
| <b>Retreat Star</b>              |              | <b>Thursday, July 28, 2022</b>        |                                       | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Winnipeg, MB, Canada<br>Sun 14 Sutra 102 |  |
| Kataka Rasi: 8.31                | Tithi 30 – 1 | <b>Gulika</b> 8:44AM – 10:39AM        | <b>Pushya</b> <b>Until 10:16PM</b>    | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 4:54AM | Subhakrit 5124                           |  |
|                                  |              | Yama 4:54AM – 6:49AM                  | Vajra* Until 6:26AM                   | <b>Muruqa:</b> Green   | <i>Sunset:</i> 8:15PM  | Moon 7 - Phase 14 - 14                   |  |
|                                  |              | 441755472 <b>Rahu</b> 2:30PM – 4:25PM | Kintughna Until 12:57AM Fri           | <b>Nataraja:</b> White   |                        | Prathama                                 |  |
| Creative Work                    | Amrita Yoga  |                                       | <b>Amavasya*</b> <b>Until 11:55AM</b> | Moon – Blue  |                        | <b>Bhuloka Day</b>                       |  |
| Until 10:16PM                    |              |                                       |                                       | Sravana*Adi  |                        | <b>Devaloka Time: 9:AM to12:PM</b>       |  |
| Then Creative Work - Siddha Yoga |              |                                       |                                       |  |                        |  |  |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

|                                  |              |                                  |                                 |   |                 |   |                             |
|----------------------------------|--------------|----------------------------------|---------------------------------|---|-----------------|---|-----------------------------|
| <b>1</b>                         |              | <b>Friday, July 29, 2022</b>     |                                 | Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau     |                 | Winnipeg, MB, Canada<br>Sun 15 Sutra 103<br>Subhakarit 5124 |                             |
| Kataka Rasi: 20.32               | Tithi 1 – 2  | Gulika 6:50AM – 8:45AM           | Ashlesha* Until 12:31AM Sat     | Ganesha: Yellow   | Sunrise: 4:55AM | Moon 7 - Phase 15 - 15                                      | 3rd Phase                   |
|                                  |              | Yama 4:24PM – 6:19PM             | Siddhi Until 7:04AM             | Muruqa: Green   | Sunset: 8:14PM  |   |                             |
|                                  |              | 441755472 Rahu 10:40AM – 12:34PM | Balava Until 2:44AM Sat         | Nataraja: White   |                 |   |                             |
| Routine Work                     | Marana Yoga  |                                  | Prathama* Until 1:51PM          | Moon – Blue   |                 | <b>Bhuloka Day</b>  | Devaloka Time: 9:AM to12:PM |
| Until 12:31AM Sat                |              |                                  |                                 | Sravana*Adi   |                 |   |                             |
| Then Creative Work - Amrita Yoga |              |                                  |                                 |   |                 |   |                             |
| <b>2</b>                         |              | <b>Saturday, July 30, 2022</b>   |                                 | Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau    |                 | Winnipeg, MB, Canada<br>Sun 16 Sutra 104<br>Subhakarit 5124 |                             |
| Simha Rasi: 2.41                 | Tithi 2 – 3  | Gulika 4:56AM – 6:51AM           | Magha* Until 2:48AM Sun         | Ganesha: Red  | Sunrise: 4:56AM | Moon 7 - Phase 15 - 16                                      | 3rd Phase                   |
|                                  |              | Yama 2:29PM – 4:23PM             | Vyatipata* Until 7:30AM         | Muruqa: Green   | Sunset: 8:12PM  |   |                             |
|                                  |              | 451755472 Rahu 8:45AM – 10:40AM  | Taitila Until 4:12AM Sun        | Nataraja: White   |                 |   |                             |
| Creative Work                    | Amrita Yoga  |                                  | Dvitiya Until 3:29PM            | Moon – Red  |                 | <b>Bhuloka Day</b>  | Devaloka Time: 9:AM to12:PM |
| Until 2:48AM Sun                 |              |                                  |                                 | Sravana*Adi   |                 |   |                             |
| Then Creative Work - Siddha Yoga |              |                                  |                                 |   |                 |   |                             |
| <b>3</b>                         |              | <b>Sunday, July 31, 2022</b>     |                                 | Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau |                 | Winnipeg, MB, Canada<br>Sun 17 Sutra 105<br>Subhakarit 5124 |                             |
| Simha Rasi: 14.58                | Tithi 3 – 4  | Gulika 4:23PM – 6:17PM           | Purvaphalguni Until 4:35AM Mon  | Ganesha: Red  | Sunrise: 4:58AM | Moon 7 - Phase 15 - 17                                      | 3rd Phase                   |
|                                  |              | Yama 12:34PM – 2:29PM            | Variyan Until 7:39AM            | Muruqa: Green   | Sunset: 8:11PM  |   |                             |
|                                  |              | 451755472 Rahu 6:17PM – 8:11PM   | Vanija Until 5:19AM Mon         | Nataraja: White   |                 |   |                             |
| Creative Work                    | Siddha Yoga  |                                  | Tritiya Until 4:47PM            | Moon – Red  |                 | <b>Bhuloka Day</b>  | Devaloka Time: 9:AM to12:PM |
|                                  |              |                                  |                                 | Sravana*Adi   |                 |   |                             |
|                                  |              |                                  |                                 |   |                 |   |                             |
| <b>4</b>                         |              | <b>Monday, August 1, 2022</b>    |                                 | Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau   |                 | Winnipeg, MB, Canada<br>Sun 18 Sutra 106<br>Subhakarit 5124 |                             |
| Simha Rasi: 27.24                | Tithi 4 – 5  | Gulika 2:28PM – 4:22PM           | Uttaraphalguni Until 5:48AM Tue | Ganesha: Red  | Sunrise: 4:59AM | Moon 7 - Phase 15 - 18                                      | 3rd Phase                   |
| Family Home Evening              |              | Yama 10:40AM – 12:34PM           | Parigha* Until 7:32AM           | Muruqa: Green   | Sunset: 8:09PM  |   |                             |
|                                  |              | 451755472 Rahu 6:53AM – 8:47AM   | Bava Until 6:02AM Tue           | Nataraja: White   |                 |   |                             |
| Creative Work                    | Siddha Yoga  |                                  | Chaturthi* Until 5:43PM         | Moon – Red  |                 | <b>Bhuloka Day</b>  | Devaloka Time: 9:AM to12:PM |
|                                  |              |                                  |                                 | Sravana*Adi   |                 |   |                             |
|                                  |              |                                  |                                 |   |                 |   |                             |
| <b>5</b>                         |              | <b>Tuesday, August 2, 2022</b>   |                                 | Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau                     |                 | Winnipeg, MB, Canada<br>Sun 19 Sutra 107<br>Subhakarit 5124 |                             |
| Kanya Rasi: 10.01                | Tithi 5      | Gulika 12:34PM – 2:28PM          | Hasta Until 6:53AM Wed          | Ganesha: Blue   | Sunrise: 5:00AM | Moon 7 - Phase 15 - 19                                      | 3rd Phase                   |
|                                  |              | Yama 8:47AM – 10:41AM            | Shiva Until 7:06AM              | Muruqa: Green   | Sunset: 8:08PM  |   |                             |
|                                  |              | 461755472 Rahu 4:21PM – 6:15PM   | Bava Until 6:02AM               | Nataraja: White   |                 |   |                             |
| Creative Work                    | Siddha Yoga  |                                  | Panchami Until 6:12PM           | Moon – Green  |                 | <b>Devaloka Day</b>   |                             |
|                                  |              |                                  |                                 | Sravana*Adi   |                 |   |                             |
|                                  |              |                                  |                                 |   |                 |   |                             |
| <b>6</b>                         |              | <b>Wednesday, August 3, 2022</b> |                                 | Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau           |                 | Winnipeg, MB, Canada<br>Sun 20 Sutra 108<br>Subhakarit 5124 |                             |
| Kanya Rasi: 22.5                 | Tithi 6      | Gulika 10:41AM – 12:34PM         | Hasta Until 6:53AM              | Ganesha: Blue   | Sunrise: 5:02AM | Moon 7 - Phase 15 - 20                                      | 3rd Phase                   |
|                                  |              | Yama 6:55AM – 8:48AM             | Siddha Until 6:17AM             | Muruqa: Green   | Sunset: 8:06PM  |   |                             |
|                                  |              | 461755472 Rahu 12:34PM – 2:27PM  | Kaulava Until 6:17AM            | Nataraja: White   |                 |   |                             |
| Routine Work                     | Marana Yoga  |                                  | Shashthi* Until 6:11PM          | Moon – Green  |                 | <b>Devaloka Day</b>   |                             |
| Until 6:53AM                     |              |                                  |                                 | Sravana*Adi   |                 |   |                             |
| Then Creative Work - Siddha Yoga |              |                                  |                                 |   |                 |   |                             |
| <b>Retreat Star</b>              |              | <b>Thursday, August 4, 2022</b>  |                                 | Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Subha Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau                 |                 | Winnipeg, MB, Canada<br>Sun 21 Sutra 109<br>Subhakarit 5124 |                             |
| Tula Rasi: 5.56                  | Tithi 7 – 8  | Gulika 8:49AM – 10:41AM          | Chitra Until 7:17AM             | Ganesha: Blue   | Sunrise: 5:03AM | Moon 7 - Phase 15 - 21                                      | 3rd Phase                   |
|                                  |              | Yama 5:03AM – 6:56AM             | Subha Until 3:22AM Fri          | Muruqa: White   | Sunset: 8:05PM  |   |                             |
|                                  |              | 461765472 Rahu 2:27PM – 4:19PM   | Visti Until 6:00AM              | Nataraja: White   |                 |   |                             |
| Creative Work                    | Siddha Yoga  |                                  | Saptami Until 5:37PM            | Moon – Green  |                 | <b>Devaloka Day</b>   |                             |
| Until 7:17AM                     |              |                                  |                                 | Sravana*Adi   |                 |   |                             |
| Then Creative Work - Amrita Yoga |              |                                  |                                 |   |                 |   |                             |
| <b>Retreat Star</b>              |              | <b>Friday, August 5, 2022</b>    |                                 | Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau               |                 | Winnipeg, MB, Canada<br>Sun 22 Sutra 110<br>Subhakarit 5124 |                             |
| Tula Rasi: 19.22                 | Tithi 8 – 9  | Gulika 6:57AM – 8:49AM           | Svati Until 6:58AM              | Ganesha: Blue   | Sunrise: 5:05AM | Moon 7 - Phase 15 - 22                                      | Ashtami                     |
|                                  |              | Yama 4:19PM – 6:11PM             | Sukla Until 1:09AM Sat          | Muruqa: White   | Sunset: 8:03PM  |   |                             |
|                                  |              | 461765472 Rahu 10:42AM – 12:34PM | Balava Until 3:38AM Sat         | Nataraja: White   |                 |   |                             |
| Creative Work                    | Siddha Yoga  |                                  | Ashtami* Until 4:26PM           | Moon – Green  |                 | <b>Devaloka Day</b>   |                             |
|                                  |              |                                  |                                 | Sravana*Adi   |                 |   |                             |
|                                  |              |                                  |                                 |   |                 |   |                             |
| <b>Retreat Star</b>              |              | <b>Saturday, August 6, 2022</b>  |                                 | Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau       |                 | Winnipeg, MB, Canada<br>Sun 23 Sutra 111<br>Subhakarit 5124 |                             |
| Vrischika Rasi: 3.08             | Tithi 9 – 10 | Gulika 5:06AM – 6:58AM           | Vishakha Until 6:19AM           | Ganesha: White  | Sunrise: 5:06AM | Moon 7 - Phase 15 - 23                                      | Navami                      |
|                                  |              | Yama 2:26PM – 4:18PM             | Brahma Until 10:28PM            | Muruqa: White   | Sunset: 8:02PM  |   |                             |
|                                  |              | 472765472 Rahu 8:50AM – 10:42AM  | Taitila Until 1:32AM Sun        | Nataraja: White   |                 |   |                             |
| Creative Work                    | Siddha Yoga  |                                  | Navami* Until 2:38PM            | Moon – Orange   |                 | <b>Bhuloka Day</b>  |                             |
|                                  |              |                                  |                                 | Sravana*Adi   |                 |   |                             |
|                                  |              |                                  |                                 |   |                 |   |                             |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

nes are standard time. Calculated for Winnipeg, MB, Canada on 5

www.gurudeva.org/panchang

|                                  |               |   |                                   |   |  |
|----------------------------------|---------------|---|-----------------------------------|---|--|
| <b>1 Sunday, August 7, 2022</b>  |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                   |   | Winnipeg, MB, Canada<br>Sun 24 Sutra 112<br>Subhakrit 5124 |
| Vrischika Rasi: 17.17            | Tithi 10 – 11 | <b>Gulika</b> 4:17PM – 6:08PM   | <b>Jyeshtha* Until 2:53AM Mon</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:08AM |  |
|                                  |               | Yama 12:34PM – 2:25PM   | Indra Until 7:20PM                | <b>Muruqa:</b> White <i>Sunset:</i> 8:00PM    | Moon 7 - Phase 16 - 24                                     |
|                                  | 472865472     | <b>Rahu</b> 6:08PM – 8:00PM   | Vanija Until 10:55PM              | <b>Nataraja:</b> White                        | 4th Phase  |
| Routine Work                     | Marana Yoga   |   | <b>Dashami Until 12:16PM</b>      | Moon – Orange                                 | <b>Bhuloka Day</b>   |
| Until 2:53AM Mon                 |               |   |                                   | <b>Sravana*Adi</b>                            | Devaloka Time: 9:AM to12:PM                                |
| Then Creative Work - Siddha Yoga |               |   |                                   |   |  |

|                                 |               |  |                                |  |  |
|---------------------------------|---------------|--|--------------------------------|--|--|
| <b>2 Monday, August 8, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                |  | Winnipeg, MB, Canada<br>Sun 25 Sutra 113<br>Subhakrit 5124 |
| Dhanus Rasi: 1.49               | Tithi 11 – 12 | <b>Gulika</b> 2:25PM – 4:16PM  | <b>Mula* Until 12:41AM Tue</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:09AM |  |
|                                 |               | Yama 10:42AM – 12:34PM   | Vaidhriti* Until 3:48PM        | <b>Muruqa:</b> White <i>Sunset:</i> 7:58PM   | Moon 7 - Phase 16 - 25                                     |
| <b>Family Home Evening</b>      | 482865472     | <b>Rahu</b> 7:00AM – 8:51AM  | Bava Until 7:51PM              | <b>Nataraja:</b> White                       | 4th Phase  |
| Creative Work                   | Siddha Yoga   |  | <b>Ekadashi Until 9:25AM</b>   | Moon – Light Blue                            | <b>Devaloka Day</b>  |
|                                 |               |  |                                | <b>Sravana*Adi</b>                           |  |

|  |               |  |                                   |  |  |
|--|---------------|--|-----------------------------------|--|--|
| <b>3 Tuesday, August 9, 2022</b>       |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau |                                   |  | Winnipeg, MB, Canada<br>Sun 26 Sutra 114<br>Subhakrit 5124 |
| Dhanus Rasi: 16.37                     | Tithi 12 – 13 | <b>Gulika</b> 12:33PM – 2:24PM   | <b>Purvashadha* Until 10:04PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 5:10AM |  |
|  |               | Yama 8:52AM – 10:43AM  | Vishkambha* Until 11:59AM         | <b>Muruqa:</b> White <i>Sunset:</i> 7:57PM   | Moon 7 - Phase 16 - 26                                     |
|  | 482865472     | <b>Rahu</b> 4:15PM – 6:06PM  | Taitila Until 2:41AM Wed          | <b>Nataraja:</b> White                       | 4th Phase  |
| Creative Work                          | Siddha Yoga   |  | <b>Dvadashi Until 6:10AM</b>      | Moon – Light Blue                            | <b>Devaloka Day</b>  |
| Until 10:04PM                          |               |  |                                   | <b>Sravana*Adi</b>                           |  |
| Then Routine Work - Prabararishta Yoga |               |  | <i>Pradosha Vrata</i>             |  |  |

|                                     |             |  |                                   |  |  |
|-------------------------------------|-------------|--|-----------------------------------|--|--|
| <b>4 Wednesday, August 10, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau |                                   |  | Winnipeg, MB, Canada<br>Sun 27 Sutra 115<br>Subhakrit 5124 |
| Makara Rasi: 1.38                   | Tithi 14    | <b>Gulika</b> 10:43AM – 12:33PM  | <b>Uttarashadha Until 7:11PM</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 5:12AM |  |
|                                     |             | Yama 7:02AM – 8:53AM   | Priti Until 8:01AM                | <b>Muruqa:</b> White <i>Sunset:</i> 7:55PM   | Moon 7 - Phase 16 - 27                                     |
|                                     | 482865472   | <b>Rahu</b> 12:33PM – 2:24PM   | Gara Until 12:55PM                | <b>Nataraja:</b> White                       | 4th Phase  |
| Creative Work                       | Amrita Yoga |  | <b>Chaturdashi* Until 11:06PM</b> | Moon – Light Blue                            | <b>Devaloka Day</b>  |
| Until 7:11PM                        |             |  |                                   | <b>Sravana*Adi</b>                           |  |
| Then Creative Work - Siddha Yoga    |             |  |                                   |  |  |

|                                  |             |  |                              |  |   |
|----------------------------------|-------------|--|------------------------------|--|---|
| <b>Thursday, August 11, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau |                              |  | Winnipeg, MB, Canada<br>Sutra 116<br>Subhakrit 5124 |
| Makara Rasi: 16.41               | Tithi 15    | <b>Gulika</b> 8:53AM – 10:43AM   | <b>Shravana Until 4:36PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:13AM |   |
|                                  |             | Yama 5:13AM – 7:03AM   | Saubhagya Until 12:02AM Fri  | <b>Muruqa:</b> White <i>Sunset:</i> 7:53PM   | Moon 7 - Phase 16 -                                 |
|                                  | 492865472   | <b>Rahu</b> 2:23PM – 4:13PM  | Visti Until 9:20AM           | <b>Nataraja:</b> White                       | Purnima   |
| Creative Work                    | Siddha Yoga |  | <b>Purnima* Until 7:35PM</b> | Moon – Purple                                | <b>Bhuloka Day</b>                                  |
|                                  |             | <b>Raksha Bandhan</b>  |                              | <b>Sravana*Adi</b>                           | Devaloka Time: 9:AM to12:PM                         |

|                                |               |  |                                |  |   |
|--------------------------------|---------------|--|--------------------------------|--|---|
| <b>Friday, August 12, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                                |  | Winnipeg, MB, Canada<br>Sutra 117<br>Subhakrit 5124 |
| Kumbha Rasi: 1.39              | Tithi 16 – 17 | <b>Gulika</b> 7:04AM – 8:54AM  | <b>Dhanishtha Until 2:06PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 5:15AM |   |
|                                |               | Yama 4:12PM – 6:02PM   | Sobhana Until 8:20PM           | <b>Muruqa:</b> White <i>Sunset:</i> 7:51PM   | Moon 7 - Phase 16 -                                 |
|                                | 492865472     | <b>Rahu</b> 10:43AM – 12:33PM  | Taitila Until 2:50AM Sat       | <b>Nataraja:</b> White                       | Prathama  |
| Creative Work                  | Siddha Yoga   |  | <b>Prathama* Until 4:18PM</b>  | Moon – Purple                                | <b>Bhuloka Day</b>                                  |
|                                |               |  |                                | <b>Sravana*Adi</b>                           | Devaloka Time: 9:AM to12:PM                         |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Kumbha Rasi: 16.22 Tithi 17 - 18

492865472

**Gulika** 5:16AM - 7:05AM  
**Yama** 2:22PM - 4:11PM  
**Rahu** 8:54AM - 10:44AM

Creative Work Amrita Yoga  
Until 11:51AM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

**Shatabhishak** Until 11:51AM  
**Athiganda\*** Until 4:59PM  
**Vanija** Until 12:13AM Sun  
**Dvitiya** Until 1:26PM

**Ganesha:** Clear *Sunrise: 5:16AM*  
**Muruqa:** White *Sunset: 7:49PM*  
**Nataraja:** White  
Moon - Purple  
**Sravana\*Adi**

Winnipeg, MB, Canada  
Sun 1 Sutra 118  
Subhakrit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Sunday, August 14, 2022**

Meena Rasi: 0.43 Tithi 18 - 19

412865472

**Gulika** 4:10PM - 5:59PM  
**Yama** 12:33PM - 2:21PM  
**Rahu** 5:59PM - 7:48PM

Creative Work Siddha Yoga  
Until 10:27AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Trilya/Chaturthyam Titau

**Purvaprosarthapada\*** Until 10:27AM  
**Sukarma** Until 2:08PM  
**Bava** Until 10:16PM  
**Tritiya** Until 11:08AM

**Ganesha:** Yellow *Sunrise: 5:18AM*  
**Muruqa:** White *Sunset: 7:48PM*  
**Nataraja:** White  
Moon - Clear  
**Sravana\*Adi**

Winnipeg, MB, Canada  
Sun 2 Sutra 119  
Subhakrit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Monday, August 15, 2022**

Meena Rasi: 15 Tithi 19 - 20

412865472

**Family Home Evening**  
Creative Work Siddha Yoga

**Gulika** 2:21PM - 4:09PM  
**Yama** 10:44AM - 12:32PM  
**Rahu** 7:07AM - 8:56AM

**Uttaraprosarthapada** Until 9:37AM  
**Dhriti** Until 11:53AM  
**Kaulava** Until 9:05PM  
**Chaturthi\*** Until 9:33AM

**Ganesha:** Yellow *Sunrise: 5:19AM*  
**Muruqa:** White *Sunset: 7:46PM*  
**Nataraja:** White  
Moon - Clear  
**Sravana\*Adi**

Winnipeg, MB, Canada  
Sun 3 Sutra 120  
Subhakrit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Tuesday, August 16, 2022**

Meena Rasi: 28.01 Tithi 20 - 21

412865472

Creative Work Siddha Yoga

**Gulika** 12:32PM - 2:20PM  
**Yama** 8:56AM - 10:44AM  
**Rahu** 4:08PM - 5:56PM

**Revati** Until 9:27AM  
**Shula\*** Until 10:18AM  
**Gara** Until 8:46PM  
**Panchami** Until 8:48AM

**Ganesha:** Yellow *Sunrise: 5:20AM*  
**Muruqa:** White *Sunset: 7:44PM*  
**Nataraja:** White  
Moon - Clear  
**Sravana\*Avani**

Winnipeg, MB, Canada  
Sun 4 Sutra 121  
Subhakrit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Wednesday, August 17, 2022**

Mesha Rasi: 10.58 Tithi 21 - 22

522865472

Routine Work Marana Yoga  
Until 10:27AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:44AM - 12:32PM  
**Yama** 7:09AM - 8:57AM  
**Rahu** 12:32PM - 2:20PM

**Ashvini** Until 10:27AM  
**Ganda\*** Until 9:25AM  
**Visti** Until 9:19PM  
**Shashthi\*** Until 8:55AM

**Ganesha:** Yellow *Sunrise: 5:22AM*  
**Muruqa:** White *Sunset: 7:42PM*  
**Nataraja:** White  
Moon - White  
**Sravana\*Avani**

Winnipeg, MB, Canada  
Sun 5 Sutra 122  
Subhakrit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**5**

**Thursday, August 18, 2022**  
**Retreat Star**

Mesha Rasi: 23.31 Tithi 22 - 23

522865472

Creative Work Siddha Yoga  
Until 12:06PM  
Then Routine Work - Marana Yoga

**Gulika** 8:58AM - 10:45AM  
**Yama** 5:23AM - 7:10AM  
**Rahu** 2:19PM - 4:06PM

**Krishna Janmashtami**

**Bharani** Until 12:06PM  
**Vridhhi** Until 9:12AM  
**Balava** Until 10:40PM  
**Saptami** Until 9:53AM

**Ganesha:** Yellow *Sunrise: 5:23AM*  
**Muruqa:** White *Sunset: 7:40PM*  
**Nataraja:** White  
Moon - White  
**Sravana\*Avani**

Winnipeg, MB, Canada  
Sun 6 Sutra 123  
Subhakrit 5124  
Moon 8 - Phase 17 - 6  
Ashtami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Friday, August 19, 2022**  
**Retreat Star**

Vrishabha Rasi: 5.45 Tithi 23 - 24

523865472

Creative Work Siddha Yoga  
Until 2:16PM  
Then Routine Work - Marana Yoga

**Gulika** 7:12AM - 8:58AM  
**Yama** 4:05PM - 5:52PM  
**Rahu** 10:45AM - 12:32PM

**Krittika** Until 2:16PM  
**Dhruva** Until 9:30AM  
**Taitila** Until 12:37AM Sat  
**Ashtami\*** Until 11:33AM

**Ganesha:** White *Sunrise: 5:25AM*  
**Muruqa:** White *Sunset: 7:38PM*  
**Nataraja:** White  
Moon - White  
**Sravana\*Avani**

Winnipeg, MB, Canada  
Sun 7 Sutra 124  
Subhakrit 5124  
Moon 8 - Phase 17 - 7  
Navami

**Bhuloka Day**

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

|   |                                  |                              |   |                            |   |                        |   |
|---|----------------------------------|------------------------------|---|----------------------------|---|------------------------|---|
| <b>1</b>  | <b>Saturday, August 20, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                            |   |                        | Winnipeg, MB, Canada<br>Sun 8 Sutra 125<br>Subhakrit 5124 |
|   | Wrishabha Rasi: 17.46            | Tithi 24 – 25                | <b>Gulika</b> 5:26AM – 7:13AM   | <b>Rohini</b> Until 5:13PM | <b>Ganesha:</b> Yellow                            | <i>Sunrise:</i> 5:26AM |   |
|   |                                  |                              | Yama 2:18PM – 4:04PM  | Vyaghata* Until 10:13AM    | <b>Muruqa:</b> White                              | <i>Sunset:</i> 7:36PM  | Moon 8 - Phase 18 - 8                                     |
|   | 533865472                        | <b>Rahu</b> 8:59AM – 10:45AM |   | Vanija Until 2:57AM Sun    | <b>Nataraja:</b> White                            |                        | 2nd Phase   |
| Creative Work Amrita Yoga<br>Until 5:13PM<br>Then Creative Work - Siddha Yoga |                                  |                              | <b>Navami*</b> Until 1:44PM   | <b>Sravana-Avani</b>       | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |                        |   |


|                           |                                |                             |  |                                |   |                        |   |
|---------------------------|--------------------------------|-----------------------------|--|--------------------------------|---|------------------------|---|
| <b>2</b>                  | <b>Sunday, August 21, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                                |   |                        | Winnipeg, MB, Canada<br>Sun 9 Sutra 126<br>Subhakrit 5124 |
|                           | Wrishabha Rasi: 29.38          | Tithi 25 – 26               | <b>Gulika</b> 4:03PM – 5:49PM  | <b>Mrigashira</b> Until 8:14PM | <b>Ganesha:</b> Yellow                            | <i>Sunrise:</i> 5:28AM |   |
|                           |                                |                             | Yama 12:31PM – 2:17PM  | Harshana Until 11:11AM         | <b>Muruqa:</b> White                              | <i>Sunset:</i> 7:34PM  | Moon 8 - Phase 18 - 9                                     |
|                           | 533865472                      | <b>Rahu</b> 5:49PM – 7:34PM |  | Bava Until 5:27AM Mon          | <b>Nataraja:</b> White                            |                        | 2nd Phase   |
| Creative Work Siddha Yoga |                                |                             | <b>Dashami</b> Until 4:10PM  | <b>Sravana-Avani</b>           | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |                        |   |


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| <b>3</b>   | <b>Monday, August 22, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Vajra*/Siddhi Yoga Balava Karana Ekadashyam Titau |                            |   |                        | Winnipeg, MB, Canada<br>Sun 10 Sutra 127<br>Subhakrit 5124 |
|  | Mithuna Rasi: 11.28            | Tithi 26                    | <b>Gulika</b> 2:16PM – 4:02PM   | <b>Ardra</b> Until 11:05PM | <b>Ganesha:</b> Yellow                            | <i>Sunrise:</i> 5:29AM |  |
|  | <b>Family Home Evening</b>     |                             | Yama 10:45AM – 12:31PM  | Vajra* Until 12:11PM       | <b>Muruqa:</b> White                              | <i>Sunset:</i> 7:32PM  | Moon 8 - Phase 18 - 10                                     |
|  | 533865472                      | <b>Rahu</b> 7:15AM – 9:00AM |   | Balava Until 6:40PM        | <b>Nataraja:</b> White                            |                        | 2nd Phase  |
| Creative Work Siddha Yoga<br>Until 11:05PM<br>Then Creative Work - Amrita Yoga |                                |                             | <b>Ekadashi*</b> Until 6:40PM   | <b>Sravana-Avani</b>       | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |                        |  |

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| <b>4</b>                  | <b>Tuesday, August 23, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                   |                        |                        | Winnipeg, MB, Canada<br>Sun 11 Sutra 128<br>Subhakrit 5124 |
|                           | Mithuna Rasi: 23.19             | Tithi 27                    | <b>Gulika</b> 12:31PM – 2:16PM  | <b>Punarvasu</b> Until 2:08AM Wed | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:31AM |  |
|                           |                                 |                             | Yama 9:01AM – 10:46AM   | Siddhi Until 1:07PM               | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:30PM  | Moon 8 - Phase 18 - 11                                     |
|                           | 543865472                       | <b>Rahu</b> 4:00PM – 5:45PM |   | Kaulava Until 7:54AM              | <b>Nataraja:</b> White |                        | 2nd Phase  |
| Creative Work Siddha Yoga |                                 |                             | <b>Dvadashi*</b> Until 9:02PM   | <b>Sravana-Avani</b>              | <b>Bhuloka Day</b>     |                        |  |

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| <b>5</b>                        | <b>Wednesday, August 24, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau |                                |                        |                        | Winnipeg, MB, Canada<br>Sun 12 Sutra 129<br>Subhakrit 5124 |
|                                 | Kataka Rasi: 5.15                 | Tithi 28                     | <b>Gulika</b> 10:46AM – 12:30PM   | <b>Pushya</b> Until 4:45AM Thu | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:32AM |  |
|                                 |                                   |                              | Yama 7:17AM – 9:01AM  | Vyatipata* Until 1:54PM        | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:28PM  | Moon 8 - Phase 18 - 12                                     |
|                                 | 543865472                         | <b>Rahu</b> 12:30PM – 2:15PM |   | Gara Until 10:08AM             | <b>Nataraja:</b> White |                        | 2nd Phase  |
| Creative Work Siddha Yoga       |                                   |                              | <b>Trayodashi*</b> Until 11:08PM  | <b>Sravana-Avani</b>           | <b>Bhuloka Day</b>     |                        |  |
| <i>Pradosha Vrata (Fasting)</i> |                                   |                              |   |                                |                        |                        |  |

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| <b>6</b>   | <b>Thursday, August 25, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                                   |                        |                        | Winnipeg, MB, Canada<br>Sun 13 Sutra 130<br>Subhakrit 5124 |
|  | Kataka Rasi: 17.17               | Tithi 29                    | <b>Gulika</b> 9:02AM – 10:46AM  | <b>Ashlesha*</b> Until 6:51AM Fri | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:34AM |  |
|  |                                  |                             | Yama 5:34AM – 7:18AM  | Variyan Until 2:24PM              | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:26PM  | Moon 8 - Phase 18 - 13                                     |
|  | 543865472                        | <b>Rahu</b> 2:14PM – 3:58PM |   | Visti Until 12:04PM               | <b>Nataraja:</b> White |                        | 2nd Phase  |
| Creative Work Siddha Yoga<br>Until 6:51AM Fri<br>Then Routine Work - Marana Yoga |                                  |                             | <b>Chaturdashi*</b> Until 12:53AM Fri   | <b>Sravana-Avani</b>              | <b>Bhuloka Day</b>     |                        |  |

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|  | <b>Friday, August 26, 2022</b> |                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                               |                        |                        | Winnipeg, MB, Canada<br>Sun 14 Sutra 131<br>Subhakrit 5124 |
|   | <b>Retreat Star</b>            |                               | <b>Gulika</b> 7:19AM – 9:02AM   | <b>Ashlesha*</b> Until 6:51AM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:35AM |  |
|   | Kataka Rasi: 29.28             | Tithi 30                      | Yama 3:57PM – 5:41PM  | Parigha* Until 2:38PM         | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:24PM  | Moon 8 - Phase 18 - 14                                     |
|   | 543865472                      | <b>Rahu</b> 10:46AM – 12:30PM |   | Catuspada Until 1:38PM        | <b>Nataraja:</b> White |                        | Amavasya   |
| Routine Work Marana Yoga  |                                |                               | <b>Amavasya*</b> Until 2:15AM Sat   | <b>Sravana-Avani</b>          | <b>Bhuloka Day</b>     |                        |  |

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|  | <b>Saturday, August 27, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau |                            |   |                        | Winnipeg, MB, Canada<br>Sun 15 Sutra 132<br>Subhakrit 5124 |
|   | <b>Retreat Star</b>              |                              | <b>Gulika</b> 5:37AM – 7:20AM  | <b>Magha*</b> Until 8:54AM | <b>Ganesha:</b> Blue                              | <i>Sunrise:</i> 5:37AM |  |
|   | Simha Rasi: 11.49                | Tithi 1                      | Yama 2:13PM – 3:56PM   | Shiva Until 2:35PM         | <b>Muruqa:</b> White                              | <i>Sunset:</i> 7:22PM  | Moon 8 - Phase 18 - 15                                     |
|   | 533865473                        | <b>Rahu</b> 9:03AM – 10:46AM |  | Kintughna Until 2:49PM     | <b>Nataraja:</b> Clear                            |                        | Prathama   |
| Creative Work Amrita Yoga<br>Until 8:54AM<br>Then Creative Work - Siddha Yoga       |                                  |                              | <b>Prathama*</b> Until 3:14AM Sun  | <b>Bhadrapada-Avani</b>    | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |                        |  |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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| <b>1</b> Sunday, August 28, 2022 |             | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                    |                         |                        | Winnipeg, MB, Canada<br>Sun 16 Sutra 133<br>Subhakra 5124 |  |
| Simha Rasi: 24.2                 | Tithi 2     | <b>Gulika</b> 3:55PM – 5:38PM  | <b>Purvaphalguni Until 10:24AM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:39AM |   |  |
|                                  |             | Yama 12:29PM – 2:12PM  | Siddha Until 2:11PM                | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:20PM  | Moon 8 - Phase 19 - 16                                    |  |
|                                  |             | 553865473 <b>Rahu</b> 5:38PM – 7:20PM  | Balava Until 3:36PM                | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |  |
| Creative Work                    | Siddha Yoga |  | <b>Dvitiya Until 3:49AM Mon</b>    | Moon – Red              |                        | <b>Bhuloka Day</b>  |  |
| Until 10:24AM                    |             |  |                                    | <b>Bhadrapada-Avani</b> |                        | <b>Devaloka Time: 6:PM to 9:PM</b>                        |  |
| Then Creative Work - Amrita Yoga |             |  |                                    |                         |                        |   |  |

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| <b>2</b> Monday, August 29, 2022 |             | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trityayam Titau |                                     |                         |                        | Winnipeg, MB, Canada<br>Sun 17 Sutra 134<br>Subhakra 5124 |  |
| Kanya Rasi: 7.02                 | Tithi 3     | <b>Gulika</b> 2:11PM – 3:54PM   | <b>Uttaraphalguni Until 11:22AM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:39AM |   |  |
| Family Home Evening              |             | Yama 10:46AM – 12:29PM  | Sadhya Until 1:30PM                 | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:18PM  | Moon 8 - Phase 19 - 17                                    |  |
|                                  |             | 553865473 <b>Rahu</b> 7:22AM – 9:04AM   | Tailila Until 3:59PM                | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |  |
| Creative Work                    | Siddha Yoga |   | <b>Tritiya Until 4:01AM Tue</b>     | Moon – Red              |                        | <b>Bhuloka Day</b>  |  |
|                                  |             |   |                                     | <b>Bhadrapada-Avani</b> |                        | <b>Devaloka Time: 6:PM to 9:PM</b>                        |  |

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| <b>3</b> Tuesday, August 30, 2022 |             | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau |                                    |                         |                        | Winnipeg, MB, Canada<br>Sun 18 Sutra 135<br>Subhakra 5124 |  |
| Kanya Rasi: 19.55                 | Tithi 4     | <b>Gulika</b> 12:29PM – 2:10PM  | <b>Hasta Until 12:17PM</b>         | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:41AM |   |  |
|                                   |             | Yama 9:05AM – 10:47AM   | Subha Until 12:32PM                | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:16PM  | Moon 8 - Phase 19 - 18                                    |  |
|                                   |             | 563865473 <b>Rahu</b> 3:52PM – 5:34PM   | Vanija Until 4:00PM                | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |  |
| Creative Work                     | Siddha Yoga |   | <b>Chaturthi* Until 3:51AM Wed</b> | Moon – Green            |                        | <b>Bhuloka Day</b>  |  |
|                                   |             | <b>Ganesha Chaturthi</b>  |                                    | <b>Bhadrapada-Avani</b> |                        | <b>Devaloka Time: 6:PM to 9:PM</b>                        |  |

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| <b>4</b> Wednesday, August 31, 2022 |             | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau |                                  |                         |                        | Winnipeg, MB, Canada<br>Sun 19 Sutra 136<br>Subhakra 5124 |  |
| Tula Rasi: 2.59                     | Tithi 5     | <b>Gulika</b> 10:47AM – 12:28PM  | <b>Chitra Until 12:39PM</b>      | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:42AM |   |  |
|                                     |             | Yama 7:24AM – 9:05AM   | Sukla Until 11:14AM              | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:14PM  | Moon 8 - Phase 19 - 19                                    |  |
|                                     |             | 563965473 <b>Rahu</b> 12:28PM – 2:10PM   | Bava Until 3:38PM                | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |  |
| Creative Work                       | Siddha Yoga |  | <b>Panchami Until 3:17AM Thu</b> | Moon – Green            |                        | <b>Devaloka Day</b>                                       |  |
|                                     |             |  |                                  | <b>Bhadrapada-Avani</b> |                        |   |  |

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| <b>5</b> Thursday, September 1, 2022 |             | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau |                                   |                         |                        | Winnipeg, MB, Canada<br>Sun 20 Sutra 137<br>Subhakra 5124 |  |
| Tula Rasi: 16.16                     | Tithi 6     | <b>Gulika</b> 9:06AM – 10:47AM  | <b>Svati Until 12:30PM</b>        | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:44AM |   |  |
|                                      |             | Yama 5:44AM – 7:25AM  | Brahma Until 9:38AM               | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:12PM  | Moon 8 - Phase 19 - 20                                    |  |
|                                      |             | 563965473 <b>Rahu</b> 2:09PM – 3:50PM   | Kaulava Until 2:52PM              | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |  |
| Creative Work                        | Amrita Yoga |   | <b>Shashthi* Until 2:18AM Fri</b> | Moon – Green            |                        | <b>Devaloka Day</b>                                       |  |
| Until 12:30PM                        |             |   |                                   | <b>Bhadrapada-Avani</b> |                        |   |  |
| Then Creative Work - Siddha Yoga     |             |   |                                   |                         |                        |   |  |

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| <b>6</b> Friday, September 2, 2022 |             | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau |                                  |                         |                        | Winnipeg, MB, Canada<br>Sun 21 Sutra 138<br>Subhakra 5124 |  |
| Tula Rasi: 29.47                   | Tithi 7     | <b>Gulika</b> 7:26AM – 9:06AM  | <b>Vishakha Until 12:14PM</b>    | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:45AM |   |  |
|                                    |             | Yama 3:49PM – 5:29PM   | Indra Until 7:43AM               | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:10PM  | Moon 8 - Phase 19 - 21                                    |  |
|                                    |             | 574965473 <b>Rahu</b> 10:47AM – 12:28PM  | Gara Until 1:41PM                | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |  |
| Creative Work                      | Siddha Yoga |  | <b>Saptami Until 12:55AM Sat</b> | Moon – Orange           |                        | <b>Devaloka Day</b>                                       |  |
|                                    |             |  |                                  | <b>Bhadrapada-Avani</b> |                        |   |  |

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| <b>Retreat Star</b><br><b>8</b> Saturday, September 3, 2022 |             | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau |                               |                         |                        | Winnipeg, MB, Canada<br>Sun 22 Sutra 139<br>Subhakra 5124 |  |
| Vrischika Rasi: 13.32                                       | Tithi 8     | <b>Gulika</b> 5:47AM – 7:27AM  | <b>Anuradha Until 11:24AM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:47AM |   |  |
|   |             | Yama 2:07PM – 3:48PM   | Vishkambha* Until 2:49AM Sun  | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:08PM  | Moon 8 - Phase 19 - 22                                    |  |
|   |             | 574965473 <b>Rahu</b> 9:07AM – 10:47AM   | Visti Until 12:05PM           | <b>Nataraja:</b> Clear  |                        | Ashtami   |  |
| Creative Work   | Siddha Yoga |  | <b>Ashtami* Until 11:07PM</b> | Moon – Orange           |                        | <b>Devaloka Day</b>                                       |  |
|   |             |  |                               | <b>Bhadrapada-Avani</b> |                        |   |  |

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| <b>Retreat Star</b><br><b>9</b> Sunday, September 4, 2022 |             | Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau |                                |                         |                        | Winnipeg, MB, Canada<br>Sun 23 Sutra 140<br>Subhakra 5124 |  |
| Vrischika Rasi: 27.32                                     | Tithi 9     | <b>Gulika</b> 3:46PM – 5:26PM   | <b>Jyeshtha* Until 10:01AM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:48AM |   |  |
|   |             | Yama 12:27PM – 2:07PM   | Priti Until 11:55PM            | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:06PM  | Moon 8 - Phase 19 - 23                                    |  |
|   |             | 574965473 <b>Rahu</b> 5:26PM – 7:06PM   | Balava Until 10:05AM           | <b>Nataraja:</b> Clear  |                        | Navami  |  |
| Routine Work  | Marana Yoga |   | <b>Navami* Until 8:55PM</b>    | Moon – Orange           |                        | <b>Devaloka Day</b>                                       |  |
| Until 10:01AM   |             |   |                                | <b>Bhadrapada-Avani</b> |                        |   |  |
| Then Creative Work - Amrita Yoga                          |             |   |                                |                         |                        |   |  |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda


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| <b>1</b>                        | <b>Monday, September 5, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau |                           |                       |                             | Winnipeg, MB, Canada<br>Sun 24 Sutra 141 |
|                                 | Dhanus Rasi: 11.48               | Tithi 10                    | <b>Gulika</b> 2:06PM – 3:45PM   | <b>Mula* Until 8:32AM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 5:50AM      | Subhakrit 5124                           |
| <b>Family Home Evening</b>      | 584965473                        | <b>Rahu</b> 7:29AM – 9:08AM | Ayushman Until 8:42PM   | <b>Muruqa:</b> White      | <i>Sunset:</i> 7:04PM | Moon 8 - Phase 20 - 24      |  |
| Creative Work Siddha Yoga       |                                  |                             | Taitila Until 7:42AM  | <b>Nataraja:</b> Clear    |                       | 4th Phase                   |  |
| Until 8:32AM                    |                                  |                             | <b>Dashami Until 6:22PM</b>   | Moon – Light Blue         |                       | <b>Bhuloka Day</b>          |  |
| Then Routine Work - Marana Yoga |                                  |                             |   | <b>Bhadrapada*Avani</b>   |                       | Devaloka Time: 6:PM to 9:PM |  |

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| <b>2</b>                              | <b>Tuesday, September 6, 2022</b> |                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau |                                  |                       |                             | Winnipeg, MB, Canada<br>Sun 25 Sutra 142 |
|                                       | Dhanus Rasi: 26.17                | Tithi 11 – 12               | <b>Gulika</b> 12:26PM – 2:05PM  | <b>Purvashadha* Until 6:36AM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 5:51AM      | Subhakrit 5124                           |
|                                       | 584965473                         | <b>Rahu</b> 3:44PM – 5:23PM | Saubhagya Until 5:16PM  | <b>Muruqa:</b> White             | <i>Sunset:</i> 7:01PM | Moon 8 - Phase 20 - 25      |  |
| Creative Work Siddha Yoga             |                                   |                             | Bava Until 2:05AM Wed   | <b>Nataraja:</b> Clear           |                       | 4th Phase                   |  |
| Until 6:36AM                          |                                   |                             | <b>Ekadashi Until 3:33PM</b>  | Moon – Light Blue                |                       | <b>Bhuloka Day</b>          |  |
| Then Routine Work - Prabarashita Yoga |                                   |                             |   | <b>Bhadrapada*Avani</b>          |                       | Devaloka Time: 6:PM to 9:PM |  |

|                           |                                     |                              |  |                                  |                       |                        |  |
|---------------------------|-------------------------------------|------------------------------|--|----------------------------------|-----------------------|------------------------|--|
| <b>3</b>                  | <b>Wednesday, September 7, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau |                                  |                       |                        | Winnipeg, MB, Canada<br>Sun 26 Sutra 143 |
|                           | Makara Rasi: 10.55                  | Tithi 12 – 13                | <b>Gulika</b> 10:48AM – 12:26PM  | <b>Shravana Until 2:15AM Thu</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:53AM | Subhakrit 5124                           |
|                           | 594965473                           | <b>Rahu</b> 12:26PM – 2:04PM | Sobhana Until 1:44PM   | <b>Muruqa:</b> White             | <i>Sunset:</i> 6:59PM | Moon 8 - Phase 20 - 26 |  |
| Creative Work Siddha Yoga |                                     |                              | Kaulava Until 11:04PM  | <b>Nataraja:</b> Clear           |                       | 4th Phase              |  |
|                           |                                     |                              | <b>Dvadashti Until 12:34PM</b>   | Moon – Purple                    |                       | <b>Devaloka Day</b>    |  |
|                           |                                     |                              |  | <b>Bhadrapada*Avani</b>          |                       |                        |  |

*Pradosha Vrata*

|                           |                                    |                               |   |                                     |                       |                        |  |
|---------------------------|------------------------------------|-------------------------------|---|-------------------------------------|-----------------------|------------------------|--|
| <b>4</b>                  | <b>Thursday, September 8, 2022</b> |                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                     |                       |                        | Winnipeg, MB, Canada<br>Sun 27 Sutra 144 |
|                           | Makara Rasi: 25.37                 | Tithi 13 – 14                 | <b>Gulika</b> 9:10AM – 10:48AM  | <b>Dhanishtha Until 12:04AM Fri</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:54AM | Subhakrit 5124                           |
|                           | 594965473                          | <b>Rahu</b> 2:03PM – 3:41PM   | Athiganda* Until 10:09AM  | <b>Muruqa:</b> White                | <i>Sunset:</i> 6:57PM | Moon 8 - Phase 20 - 27 |  |
| Creative Work Siddha Yoga |                                    |                               | Gara Until 8:05PM   | <b>Nataraja:</b> Clear              |                       | 4th Phase              |  |
|                           |                                    |                               | <b>Trayodashi Until 9:33AM</b>  | Moon – Purple                       |                       | <b>Devaloka Day</b>    |  |
|                           |                                    | <b>Chidambaram Abhishekam</b> |   | <b>Bhadrapada*Avani</b>             |                       |                        |  |

|   |                                  |                               |   |                                  |                       |                        |                                   |
|---|----------------------------------|-------------------------------|---|----------------------------------|-----------------------|------------------------|-----------------------------------|
|  | <b>Friday, September 9, 2022</b> |                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau |                                  |                       |                        | Winnipeg, MB, Canada<br>Sutra 145 |
|   | Kumbha Rasi: 10.16               | Tithi 14 – 15                 | <b>Gulika</b> 7:33AM – 9:10AM   | <b>Shatabhishak Until 9:58PM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:55AM | Subhakrit 5124                    |
|   | 594965473                        | <b>Rahu</b> 10:48AM – 12:25PM | Sukarma Until 6:40AM  | <b>Muruqa:</b> White             | <i>Sunset:</i> 6:55PM | Moon 8 - Phase 20 -    |                                   |
| Creative Work Siddha Yoga   |                                  |                               | Bava Until 3:59AM Sat   | <b>Nataraja:</b> Clear           |                       | Purnima                |                                   |
|   |                                  |                               | <b>Chaturdashi* Until 6:38AM</b>  | Moon – Purple                    |                       | <b>Devaloka Day</b>    |                                   |
|   |                                  |                               |   | <b>Bhadrapada*Avani</b>          |                       |                        |                                   |

|                                  |                                     |                              |   |                                      |                       |                        |                                   |
|----------------------------------|-------------------------------------|------------------------------|---|--------------------------------------|-----------------------|------------------------|-----------------------------------|
| <b>5</b>                         | <b>Saturday, September 10, 2022</b> |                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaproshtpada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau |                                      |                       |                        | Winnipeg, MB, Canada<br>Sutra 146 |
|                                  | Kumbha Rasi: 24.43                  | Tithi 16                     | <b>Gulika</b> 5:57AM – 7:34AM   | <b>Purvaproshtpada* Until 8:31PM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:57AM | Subhakrit 5124                    |
|                                  | 514965473                           | <b>Rahu</b> 9:11AM – 10:48AM | Shula* Until 12:28AM Sun  | <b>Muruqa:</b> White                 | <i>Sunset:</i> 6:53PM | Moon 8 - Phase 20 -    |                                   |
| Routine Work Marana Yoga         |                                     |                              | Balava Until 2:49PM   | <b>Nataraja:</b> Clear               |                       | Prathama               |                                   |
| Until 8:31PM                     |                                     |                              | <b>Prathama* Until 1:45AM Sun</b>   | Moon – Clear                         |                       | <b>Devaloka Day</b>    |                                   |
| Then Creative Work - Siddha Yoga |                                     |                              |   | <b>Bhadrapada*Avani</b>              |                       |                        |                                   |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



**Sunday, September 11, 2022**  
**Gold Retreat Star**

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Taitila/Gara Karana Dvilyayam Titau

Winnipeg, MB, Canada  
Sutra 147

Meena Rasi: 8.52      Tithi 17

514965473

**Gulika**      3:38PM – 5:14PM  
Yama          12:25PM – 2:01PM  
**Rahu**        5:14PM – 6:51PM

**Uttaraproshtapada** **Until 7:27PM**  
Ganda\* Until 9:59PM  
Taitila Until 12:51PM

**Ganesha:** Clear      *Sunrise:* 5:58AM  
**Muruqa:** White      *Sunset:* 6:51PM

Subhakarit 5124  
Moon 9 - Phase 21 -  
1st Phase

Creative Work    Amrita Yoga

Grandparent's Day

**Dvitiya** **Until 12:05AM Mon**

Moon – Clear  
Bhadrapada-Avani

**Devaloka Day**

**1**

**Monday, September 12, 2022**

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Trilyayam Titau

Winnipeg, MB, Canada  
Sun 1      Sutra 148

Meena Rasi: 22.4      Tithi 18

514965473

**Gulika**      2:00PM – 3:36PM  
Yama          10:48AM – 12:24PM  
**Rahu**        7:36AM – 9:12AM

**Revati** **Until 6:55PM**  
Vriddhi Until 8:04PM  
Vanija Until 11:31AM  
**Tritiya** **Until 11:06PM**

**Ganesha:** Clear      *Sunrise:* 6:00AM  
**Muruqa:** White      *Sunset:* 6:49PM

Subhakarit 5124  
Moon 9 - Phase 21 - 1  
1st Phase

Creative Work    Siddha Yoga

**Tritiya** **Until 11:06PM**

Moon – Clear  
Bhadrapada-Avani

**Devaloka Day**

**2**

**Tuesday, September 13, 2022**

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturtham Titau

Winnipeg, MB, Canada  
Sun 2      Sutra 149

Mesha Rasi: 6.02      Tithi 19

524965473

**Gulika**      12:24PM – 1:59PM  
Yama          9:13AM – 10:48AM  
**Rahu**        3:35PM – 5:11PM

**Ashvini** **Until 7:25PM**  
Dhruva Until 6:44PM  
Bava Until 10:56AM  
**Chaturthi\*** **Until 10:55PM**

**Ganesha:** White      *Sunrise:* 6:01AM  
**Muruqa:** White      *Sunset:* 6:46PM

Subhakarit 5124  
Moon 9 - Phase 21 - 2  
1st Phase

Creative Work    Siddha Yoga

**Chaturthi\*** **Until 10:55PM**

Moon – White  
Bhadrapada-Avani

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**3**

**Wednesday, September 14, 2022**

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Winnipeg, MB, Canada  
Sun 3      Sutra 150

Mesha Rasi: 18.59      Tithi 20

524965473

**Gulika**      10:48AM – 12:23PM  
Yama          7:38AM – 9:13AM  
**Rahu**        12:23PM – 1:59PM

**Bharani** **Until 8:34PM**  
Vyaghata\* Until 6:03PM  
Kaulava Until 11:09AM  
**Panchami** **Until 11:32PM**

**Ganesha:** White      *Sunrise:* 6:03AM  
**Muruqa:** White      *Sunset:* 6:44PM

Subhakarit 5124  
Moon 9 - Phase 21 - 3  
1st Phase

Creative Work    Siddha Yoga

**Panchami** **Until 11:32PM**

Moon – White  
Bhadrapada-Avani

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**4**

**Thursday, September 15, 2022**

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Winnipeg, MB, Canada  
Sun 4      Sutra 151

Vrishabha Rasi: 1.33      Tithi 21

525965473

**Gulika**      9:14AM – 10:48AM  
Yama          6:04AM – 7:39AM  
**Rahu**        1:58PM – 3:33PM

**Krittika** **Until 10:17PM**  
Harshana Until 5:59PM  
Gara Until 12:08PM  
**Shashthi\*** **Until 12:53AM Fri**

**Ganesha:** Clear      *Sunrise:* 6:04AM  
**Muruqa:** White      *Sunset:* 6:42PM

Subhakarit 5124  
Moon 9 - Phase 21 - 4  
1st Phase

Routine Work    Marana Yoga

**Shashthi\*** **Until 12:53AM Fri**

Moon – White  
Bhadrapada-Avani

**Devaloka Day**

**5**

**Friday, September 16, 2022**

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Winnipeg, MB, Canada  
Sun 5      Sutra 152

Vrishabha Rasi: 13.49      Tithi 22

535965473

**Gulika**      7:40AM – 9:14AM  
Yama          3:31PM – 5:06PM  
**Rahu**        10:48AM – 12:23PM

**Rohini** **Until 12:55AM Sat**  
Vajra\* Until 6:22PM  
Visti Until 1:49PM  
**Saptami** **Until 2:50AM Sat**

**Ganesha:** White      *Sunrise:* 6:06AM  
**Muruqa:** White      *Sunset:* 6:40PM

Subhakarit 5124  
Moon 9 - Phase 21 - 5  
1st Phase

Routine Work    Marana Yoga

**Saptami** **Until 2:50AM Sat**

Moon – Yellow  
Bhadrapada-Puratasi

**Sivaloka Day**

**D**

**Saturday, September 17, 2022**  
**Retreat Star**

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Winnipeg, MB, Canada  
Sun 6      Sutra 153

Vrishabha Rasi: 25.52      Tithi 23

535965473

**Gulika**      6:07AM – 7:41AM  
Yama          1:56PM – 3:30PM  
**Rahu**        9:15AM – 10:49AM

**Mrigashira** **Until 3:44AM Sun**  
Siddhi Until 7:06PM  
Balava Until 3:58PM  
**Ashtami\*** **Until 5:09AM Sun**

**Ganesha:** White      *Sunrise:* 6:07AM  
**Muruqa:** White      *Sunset:* 6:38PM

Subhakarit 5124  
Moon 9 - Phase 21 - 6  
Ashtami

Creative Work    Siddha Yoga

**Ashtami\*** **Until 5:09AM Sun**

Moon – Yellow  
Bhadrapada-Puratasi

**Sivaloka Day**

**Sunday, September 18, 2022**

**Retreat Star**

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Taitila Karana Navamyam Titau

Winnipeg, MB, Canada  
Sun 7      Sutra 154

Mithuna Rasi: 7.46      Tithi 24

535965473

**Gulika**      3:29PM – 5:02PM  
Yama          12:22PM – 1:55PM  
**Rahu**        5:02PM – 6:35PM

**Ardra** **Until 6:33AM Mon**  
Vyatipata\* Until 8:01PM  
Taitila Until 6:23PM  
**Navami\*** **Until 7:36AM Mon**

**Ganesha:** White      *Sunrise:* 6:09AM  
**Muruqa:** White      *Sunset:* 6:35PM

Subhakarit 5124  
Moon 9 - Phase 21 - 7  
Navami

Creative Work    Siddha Yoga

**Navami\*** **Until 7:36AM Mon**

Moon – Yellow  
Bhadrapada-Puratasi

**Sivaloka Day**

Until 6:33AM Mon

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

|                                  |                                   |               |  |                            |                        |                        |   |
|----------------------------------|-----------------------------------|---------------|--|----------------------------|------------------------|------------------------|---|
| <b>1</b>                         | <b>Monday, September 19, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam<br>Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                            |                        |                        | Winnipeg, MB, Canada<br>Sun 8 Sutra 155<br>Subhakrit 5124 |
|                                  | Mithuna Rasi: 19.38               | Tithi 24 – 25 | <b>Gulika</b> 1:55PM – 3:27PM  | <b>Ardra Until 6:33AM</b>  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:10AM |   |
|                                  | <b>Family Home Evening</b>        | 535965473     | Yama 10:49AM – 12:22PM   | Variyan Until 8:54PM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:33PM  | Moon 9 - Phase 22 - 8                                     |
|                                  | Creative Work Siddha Yoga         |               | <b>Rahu</b> 7:43AM – 9:16AM  | Vanija Until 8:49PM        | <b>Nataraja:</b> Clear |                        | 2nd Phase   |
| Until 6:33AM                     |                                   |               | <b>Navami* Until 7:36AM</b>  | Moon – Yellow              |                        | <b>Sivaloka Day</b>    |   |
| Then Creative Work - Amrita Yoga |                                   |               |  | <b>Bhadrapada-Puratasi</b> |                        |                        |   |


|          |                                    |               |  |                               |                        |                        |   |
|----------|------------------------------------|---------------|--|-------------------------------|------------------------|------------------------|---|
| <b>2</b> | <b>Tuesday, September 20, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam<br>Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                               |                        |                        | Winnipeg, MB, Canada<br>Sun 9 Sutra 156<br>Subhakrit 5124 |
|          | Kataka Rasi: 1.32                  | Tithi 25 – 26 | <b>Gulika</b> 12:21PM – 1:54PM   | <b>Punarvasu Until 9:36AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:12AM |   |
|          | 545965473                          |               | Yama 9:16AM – 10:49AM  | Parigha* Until 9:40PM         | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:31PM  | Moon 9 - Phase 22 - 9                                     |
|          | Creative Work Siddha Yoga          |               | <b>Rahu</b> 3:26PM – 4:59PM  | Bava Until 11:05PM            | <b>Nataraja:</b> Clear |                        | 2nd Phase   |
|          |                                    |               | <b>Dashami Until 9:58AM</b>  | Moon – Blue                   |                        | <b>Devaloka Day</b>    |   |
|          |                                    |               |  | <b>Bhadrapada-Puratasi</b>    |                        |                        |   |

|          |                                      |               |   |                             |                        |                        |  |
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| <b>3</b> | <b>Wednesday, September 21, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam<br>Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                             |                        |                        | Winnipeg, MB, Canada<br>Sun 10 Sutra 157<br>Subhakrit 5124 |
|          | Kataka Rasi: 13.31                   | Tithi 26 – 27 | <b>Gulika</b> 10:49AM – 12:21PM   | <b>Pushya Until 12:15PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:13AM |  |
|          | 545965473                            |               | Yama 7:45AM – 9:17AM  | Shiva Until 10:12PM         | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:29PM  | Moon 9 - Phase 22 - 10                                     |
|          | Creative Work Siddha Yoga            |               | <b>Rahu</b> 12:21PM – 1:53PM  | Kaulava Until 12:59AM Thu   | <b>Nataraja:</b> Clear |                        | 2nd Phase  |
|          |                                      |               | <b>Ekadashi* Until 12:04PM</b>  | Moon – Blue                 |                        | <b>Devaloka Day</b>    |  |
|          |                                      |               |   | <b>Bhadrapada-Puratasi</b>  |                        |                        |  |

|                                  |                                     |               |   |                                 |                        |                        |  |
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| <b>4</b>                         | <b>Thursday, September 22, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam<br>Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau |                                 |                        |                        | Winnipeg, MB, Canada<br>Sun 11 Sutra 158<br>Subhakrit 5124 |
|                                  | Kataka Rasi: 25.38                  | Tithi 27 – 28 | <b>Gulika</b> 9:18AM – 10:49AM  | <b>Ashlesha* Until 2:20PM</b>   | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:14AM |  |
|                                  | 545965473                           |               | Yama 6:14AM – 7:46AM  | Siddha Until 10:21PM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:27PM  | Moon 9 - Phase 22 - 11                                     |
|                                  | Creative Work Siddha Yoga           |               | <b>Rahu</b> 1:52PM – 3:24PM   | Gara Until 2:27AM Fri           | <b>Nataraja:</b> Clear |                        | 2nd Phase  |
| Until 2:20PM                     |                                     |               | <b>Dvadashi* Until 1:46PM</b>   | Moon – Blue                     |                        | <b>Devaloka Day</b>    |  |
| Then Creative Work - Amrita Yoga |                                     |               |   | <b>Bhadrapada-Puratasi</b>      |                        |                        |  |
|                                  |                                     |               |   | <i>Pradosha Vrata (Fasting)</i> |                        |                        |  |

|                                  |                                   |               |  |                            |                        |                        |  |
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| <b>5</b>                         | <b>Friday, September 23, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam<br>Magha*/Purvaphalguni Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                            |                        |                        | Winnipeg, MB, Canada<br>Sun 12 Sutra 159<br>Subhakrit 5124 |
|                                  | Simha Rasi: 7.58                  | Tithi 28 – 29 | <b>Gulika</b> 7:47AM – 9:18AM  | <b>Magha* Until 4:18PM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:16AM |  |
|                                  | 555965473                         |               | Yama 3:22PM – 4:54PM   | Sadhya Until 10:09PM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:25PM  | Moon 9 - Phase 22 - 12                                     |
|                                  | Routine Work Marana Yoga          |               | <b>Rahu</b> 10:49AM – 12:20PM  | Visti Until 3:26AM Sat     | <b>Nataraja:</b> Clear |                        | 2nd Phase  |
| Until 4:18PM                     |                                   |               | <b>Trayodashi* Until 2:59PM</b>  | Moon – Red                 |                        | <b>Devaloka Day</b>    |  |
| Then Creative Work - Siddha Yoga |                                   |               |  | <b>Bhadrapada-Puratasi</b> |                        |                        |  |

|                                 |                                     |               |   |                                   |                        |                             |  |
|---------------------------------|-------------------------------------|---------------|---|-----------------------------------|------------------------|-----------------------------|--|
| <b>6</b>                        | <b>Saturday, September 24, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                   |                        |                             | Winnipeg, MB, Canada<br>Sun 13 Sutra 160<br>Subhakrit 5124 |
|                                 | Simha Rasi: 20.31                   | Tithi 29 – 30 | <b>Gulika</b> 6:17AM – 7:48AM   | <b>Purvaphalguni Until 5:36PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:17AM      |  |
|                                 | 556965473                           |               | Yama 1:51PM – 3:21PM  | Subha Until 9:34PM                | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:22PM       | Moon 9 - Phase 22 - 13                                     |
|                                 | Creative Work Siddha Yoga           |               | <b>Rahu</b> 9:19AM – 10:49AM  | Catuspada Until 3:53AM Sun        | <b>Nataraja:</b> Clear |                             | 2nd Phase  |
| Until 5:36PM                    |                                     |               | <b>Chaturdashi* Until 3:42PM</b>  | Moon – Red                        |                        | <b>Bhuloka Day</b>          |  |
| Then Routine Work - Marana Yoga |                                     |               |   | <b>Bhadrapada-Puratasi</b>        |                        | Devaloka Time: 6:PM to 9:PM |  |

|   |                                   |              |  |                                       |                        |                             |  |
|---|-----------------------------------|--------------|--|---------------------------------------|------------------------|-----------------------------|--|
|  | <b>Sunday, September 25, 2022</b> |              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam<br>Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                       |                        |                             | Winnipeg, MB, Canada<br>Sun 14 Sutra 161<br>Subhakrit 5124 |
|   | <b>Retreat Star</b>               |              | <b>Gulika</b> 3:20PM – 4:50PM  | <b>Uttaraphalguni Until 6:15PM</b>    | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:19AM      |  |
|   | Kanya Rasi: 3.17                  | Tithi 30 – 1 | Yama 12:20PM – 1:50PM  | Sukla Until 8:33PM                    | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:20PM       | Moon 9 - Phase 22 - 14                                     |
|   | 556165473                         |              | <b>Rahu</b> 4:50PM – 6:20PM  | Kintughna Until 3:50AM Mon            | <b>Nataraja:</b> Clear |                             | Amavasya   |
| Creative Work Amrita Yoga   |                                   |              | <b>Amavasya* Until 3:54PM</b>  | Moon – Red                            |                        | <b>Bhuloka Day</b>          |  |
|   |                                   |              |  | <b>Bhadrapada-Puratasi</b>            |                        | Devaloka Time: 6:PM to 9:PM |  |
|   |                                   |              |  | <b>Mahalaya Amavasai (Tamil Nadu)</b> |                        |                             |  |

|  |                                   |             |   |                           |                        |                             |  |
|--|-----------------------------------|-------------|---|---------------------------|------------------------|-----------------------------|--|
| <b>Retreat Star</b>                    | <b>Monday, September 26, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam<br>Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                           |                        |                             | Winnipeg, MB, Canada<br>Sun 15 Sutra 162<br>Subhakrit 5124 |
|  | Kanya Rasi: 16.19                 | Tithi 1 – 2 | <b>Gulika</b> 1:49PM – 3:19PM   | <b>Hasta Until 6:45PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:20AM      |  |
|  | <b>Family Home Evening</b>        | 566165473   | Yama 10:50AM – 12:19PM  | Brahma Until 7:11PM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:18PM       | Moon 9 - Phase 22 - 15                                     |
|  | Creative Work Siddha Yoga         |             | <b>Rahu</b> 7:50AM – 9:20AM   | Balava Until 3:21AM Tue   | <b>Nataraja:</b> Clear |                             | Prathama   |
| Until 6:45PM                           |                                   |             | <b>Prathama* Until 3:38PM</b>   | Moon – Green              |                        | <b>Bhuloka Day</b>          |  |
| Then Routine Work - Prabalarishta Yoga |                                   |             |   | <b>Ashvina-Puratasi</b>   |                        | Devaloka Time: 6:PM to 9:PM |  |
|  |                                   |             |   | <b>Navaratri Begins</b>   |                        |                             |  |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

|          |                                    |             |   |  |  |   |  |
|----------|------------------------------------|-------------|---|--|--|---|--|
| <b>1</b> | <b>Tuesday, September 27, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  |  |   | Winnipeg, MB, Canada<br>Sun 16 Sutra 163<br>Subhakrit 5124 |
|          | Kanya Rasi: 29.34                  | Tithi 2 – 3 | <b>Gulika</b> 12:19PM – 1:48PM  | <b>Chitra</b> Until 6:41PM                       | <b>Ganesha:</b> Blue                   | <i>Sunrise:</i> 6:22AM                            |  |
|          |                                    |             | Yama 9:20AM – 10:50AM   | Indra Until 5:31PM                               | <b>Muruqa:</b> White                   | <i>Sunset:</i> 6:16PM                             | Moon 9 - Phase 23 - 16                                     |
|          | Creative Work                      | Siddha Yoga | 666165473 <b>Rahu</b> 3:17PM – 4:47PM   | Taitila Until 2:29AM Wed<br>Dvitiya Until 2:57PM | <b>Nataraja:</b> Clear<br>Moon – Green |   | 3rd Phase  |
|          |                                    |             |   | <b>Ashvina+Puratasi</b>                          |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

|          |                                      |             |  |   |  |   |  |
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| <b>2</b> | <b>Wednesday, September 28, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau |   |  |   | Winnipeg, MB, Canada<br>Sun 17 Sutra 164<br>Subhakrit 5124 |
|          | Tula Rasi: 13.01                     | Tithi 3 – 4 | <b>Gulika</b> 10:50AM – 12:19PM  | <b>Svati</b> Until 6:09PM                       | <b>Ganesha:</b> Blue                   | <i>Sunrise:</i> 6:23AM                            |  |
|          |                                      |             | Yama 7:52AM – 9:21AM   | Vaidhriti* Until 3:32PM                         | <b>Muruqa:</b> White                   | <i>Sunset:</i> 6:14PM                             | Moon 9 - Phase 23 - 17                                     |
|          | Creative Work                        | Siddha Yoga | 666165473 <b>Rahu</b> 12:19PM – 1:47PM   | Vanija Until 1:17AM Thu<br>Tritiya Until 1:54PM | <b>Nataraja:</b> Clear<br>Moon – Green |   | 3rd Phase  |
|          |                                      |             |  | <b>Ashvina+Puratasi</b>                         |  | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

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| <b>3</b> | <b>Thursday, September 29, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vishkambha*/Prili Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau |  |   |   | Winnipeg, MB, Canada<br>Sun 18 Sutra 165<br>Subhakrit 5124 |
|          | Tula Rasi: 26.4                     | Tithi 4 – 5 | <b>Gulika</b> 9:22AM – 10:50AM  | <b>Vishakha</b> Until 5:37PM                   | <b>Ganesha:</b> Blue                    | <i>Sunrise:</i> 6:25AM                            |  |
|          |                                     |             | Yama 6:25AM – 7:53AM  | Vishkambha* Until 1:19PM                       | <b>Muruqa:</b> White                    | <i>Sunset:</i> 6:12PM                             | Moon 9 - Phase 23 - 18                                     |
|          | Creative Work                       | Siddha Yoga | 676165473 <b>Rahu</b> 1:47PM – 3:15PM   | Bava Until 11:49PM<br>Chaturthi* Until 12:34PM | <b>Nataraja:</b> Clear<br>Moon – Orange |   | 3rd Phase  |
|          |                                     |             |   | <b>Ashvina+Puratasi</b>                        |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

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| <b>4</b> | <b>Friday, September 30, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Prili/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |   |   |   | Winnipeg, MB, Canada<br>Sun 19 Sutra 166<br>Subhakrit 5124 |
|          | Vrischika Rasi: 10.28             | Tithi 5 – 6 | <b>Gulika</b> 7:54AM – 9:22AM   | <b>Anuradha</b> Until 4:41PM                    | <b>Ganesha:</b> Blue                    | <i>Sunrise:</i> 6:26AM                            |  |
|          |                                   |             | Yama 3:14PM – 4:42PM  | Priti Until 10:56AM                             | <b>Muruqa:</b> White                    | <i>Sunset:</i> 6:09PM                             | Moon 9 - Phase 23 - 19                                     |
|          | Creative Work                     | Siddha Yoga | 676165473 <b>Rahu</b> 10:50AM – 12:18PM   | Kaulava Until 10:07PM<br>Panchami Until 10:58AM | <b>Nataraja:</b> Clear<br>Moon – Orange |   | 3rd Phase  |
|          |                                   |             |   | <b>Ashvina+Puratasi</b>                         |   | <b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |  |

|          |                                  |             |  |   |   |                        |  |
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| <b>5</b> | <b>Saturday, October 1, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |   |   |                        | Winnipeg, MB, Canada<br>Sun 20 Sutra 167<br>Subhakrit 5124 |
|          | Vrischika Rasi: 24.24            | Tithi 6 – 7 | <b>Gulika</b> 6:28AM – 7:55AM  | <b>Jyeshtha*</b> Until 3:26PM               | <b>Ganesha:</b> Red                     | <i>Sunrise:</i> 6:28AM |  |
|          |                                  |             | Yama 1:45PM – 3:12PM   | Ayushman Until 8:21AM                       | <b>Muruqa:</b> White                    | <i>Sunset:</i> 6:07PM  | Moon 9 - Phase 23 - 20                                     |
|          | Creative Work                    | Siddha Yoga | 677165473 <b>Rahu</b> 9:23AM – 10:50AM   | Gara Until 8:13PM<br>Shashthi* Until 9:10AM | <b>Nataraja:</b> Clear<br>Moon – Orange |                        | 3rd Phase  |
|          |                                  |             |  | <b>Ashvina+Puratasi</b>                     |   | <b>Devaloka Day</b>    |  |

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| <b>D</b> | <b>Sunday, October 2, 2022</b> |             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau |   |   |                        | Winnipeg, MB, Canada<br>Sun 21 Sutra 168<br>Subhakrit 5124 |
|          | <b>Retreat Star</b>            |             | <b>Gulika</b> 3:11PM – 4:38PM  | <b>Mula*</b> Until 2:17PM                   | <b>Ganesha:</b> Blue                        | <i>Sunrise:</i> 6:29AM |  |
|          | Dhanus Rasi: 8.27              | Tithi 7 – 8 | Yama 12:17PM – 1:44PM  | Sobhana Until 2:48AM Mon                    | <b>Muruqa:</b> Green                        | <i>Sunset:</i> 6:05PM  | Moon 9 - Phase 23 - 21                                     |
|          | Creative Work                  | Amrita Yoga | 687166473 <b>Rahu</b> 4:38PM – 6:05PM  | Vistil Until 6:10PM<br>Saptami Until 7:12AM | <b>Nataraja:</b> Clear<br>Moon – Light Blue |                        | Ashtami  |
|          |                                |             | <b>Durga Ashtami</b>   | <b>Ashvina+Puratasi</b>                     |   | <b>Sivaloka Day</b>    |  |

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| <b>D</b> | <b>Monday, October 3, 2022</b> |         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau |   |   |                        | Winnipeg, MB, Canada<br>Sun 22 Sutra 169<br>Subhakrit 5124 |
|          | <b>Retreat Star</b>            |         | <b>Gulika</b> 1:43PM – 3:10PM  | <b>Purvashadha*</b> Until 12:52PM               | <b>Ganesha:</b> Blue                        | <i>Sunrise:</i> 6:31AM |  |
|          | Dhanus Rasi: 22.35             | Tithi 9 | Yama 10:50AM – 12:17PM   | Athiganda* Until 11:51PM                        | <b>Muruqa:</b> Green                        | <i>Sunset:</i> 6:03PM  | Moon 9 - Phase 23 - 22                                     |
|          | <b>Family Home Evening</b>     |         | 687166473 <b>Rahu</b> 7:57AM – 9:24AM  | Balava Until 3:59PM<br>Navami* Until 2:50AM Tue | <b>Nataraja:</b> Clear<br>Moon – Light Blue |                        | Navami   |
|          |                                |         | <b>Saraswathi Puja (Tamil Nadu)</b>  | <b>Ashvina+Puratasi</b>                         |   | <b>Sivaloka Day</b>    |  |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

mes are standard time. Calculated for Winnipeg, MB, Canada on 5

www.gurudeva.org/panchang

|                                  |                    |                                 |                  |   |                        |                        |  |  |
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| <b>1</b>                         |                    | <b>Tuesday, October 4, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau |                        |                        | Winnipeg, MB, Canada<br>Sun 23 Sutra 170<br>Subhakrit 5124 |  |
| Makara Rasi: 6.49                | Tithi 10           | <b>Gulika</b>                   | 12:17PM – 1:43PM | <b>Uttarashadha</b> Until 11:12AM   | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:32AM |  |  |
|                                  |                    | Yama                            | 9:25AM – 10:51AM | Sukarma Until 8:50PM  | <b>Muruqa:</b> Green   | <i>Sunset:</i> 6:01PM  | Moon 9 - Phase 24 - 23                                     |  |
|                                  |                    | 687166473 <b>Rahu</b>           | 3:09PM – 4:35PM  | Taitila Until 1:43PM  | <b>Nataraja:</b> Clear |                        | 4th Phase  |  |
| Routine Work                     | Prabalarishta Yoga |                                 |                  | <b>Dashami</b> Until 12:32AM Wed  | Moon – Light Blue      |                        | <b>Sivaloka Day</b>  |  |
| Until 11:12AM                    |                    |                                 |                  |   | Ashvina+Puratasi       |                        |  |  |
| Then Creative Work - Siddha Yoga |                    |                                 |                  |   |                        |                        |  |  |

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| <b>2</b>                               |             | <b>Wednesday, October 5, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau |                        |                        | Winnipeg, MB, Canada<br>Sun 24 Sutra 171<br>Subhakrit 5124 |  |
| Makara Rasi: 21.05                     | Tithi 11    | <b>Gulika</b>                     | 10:51AM – 12:16PM | <b>Shravana</b> Until 9:46AM  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:34AM |  |  |
|  |             | Yama                              | 8:00AM – 9:25AM   | Dhriti Until 5:50PM   | <b>Muruqa:</b> Green   | <i>Sunset:</i> 5:59PM  | Moon 9 - Phase 24 - 24                                     |  |
|  |             | 697166473 <b>Rahu</b>             | 12:16PM – 1:42PM  | Vanija Until 11:24AM  | <b>Nataraja:</b> Clear |                        | 4th Phase  |  |
| Creative Work                          | Siddha Yoga |                                   |                   | <b>Ekadashi</b> Until 10:14PM   | Moon – Purple          |                        | <b>Devaloka Day</b>  |  |
| Until 9:46AM                           |             | <b>Vijaya Dasami</b>              |                   |   | Ashvina+Puratasi       |                        |  |  |
| Then Routine Work - Prabalarishta Yoga |             |                                   |                   |   |                        |                        |  |  |

|                  |             |                                  |                  |  |                        |                        |  |  |
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| <b>3</b>         |             | <b>Thursday, October 6, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau |                        |                        | Winnipeg, MB, Canada<br>Sun 25 Sutra 172<br>Subhakrit 5124 |  |
| Kumbha Rasi: 5.2 | Tithi 12    | <b>Gulika</b>                    | 9:26AM – 10:51AM | <b>Dhanishtha</b> Until 8:14AM   | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:35AM |  |  |
|                  |             | Yama                             | 6:35AM – 8:01AM  | Shula* Until 2:51PM  | <b>Muruqa:</b> Green   | <i>Sunset:</i> 5:57PM  | Moon 9 - Phase 24 - 25                                     |  |
|                  |             | 697166473 <b>Rahu</b>            | 1:41PM – 3:06PM  | Bava Until 9:07AM  | <b>Nataraja:</b> Clear |                        | 4th Phase  |  |
| Creative Work    | Siddha Yoga |                                  |                  | <b>Dvadashi</b> Until 8:00PM   | Moon – Purple          |                        | <b>Devaloka Day</b>  |  |
|                  |             | <b>Kadaitswami Mahasamadhi</b>   |                  |  | Ashvina+Puratasi       |                        |  |  |

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| <b>4</b>          |               | <b>Friday, October 7, 2022</b> |                   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau |                         |                        | Winnipeg, MB, Canada<br>Sun 26 Sutra 173<br>Subhakrit 5124 |                       |
| Kumbha Rasi: 19.3 | Tithi 13 – 14 | <b>Gulika</b>                  | 8:02AM – 9:26AM   | <b>Shatabhishak</b> Until 6:41AM   | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:37AM |  |                       |
|                   |               | Yama                           | 3:05PM – 4:30PM   | Ganda* Until 12:01PM   | <b>Muruqa:</b> Green    | <i>Sunset:</i> 5:55PM  | Moon 9 - Phase 24 - 26                                     |                       |
|                   |               | 697166474 <b>Rahu</b>          | 10:51AM – 12:16PM | Kaulava Until 6:58AM   | <b>Nataraja:</b> Purple |                        | 4th Phase  |                       |
| Creative Work     | Siddha Yoga   |                                |                   | <b>Trayodashi</b> Until 5:58PM   | Moon – Purple           |                        | <b>Bhuloka Day</b>   |                       |
|                   |               | <b>Chidambaram Abhishekam</b>  |                   |  | Ashvina+Puratasi        |                        | Devaloka Time: 9:AM to 12:PM                               |                       |
|                   |               |                                |                   |  |                         |                        |  | <i>Pradosha Vrata</i> |

|                                  |               |                                  |                  |   |                         |                        |  |  |
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| <b>5</b>                         |               | <b>Saturday, October 8, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                         |                        | Winnipeg, MB, Canada<br>Sun 27 Sutra 174<br>Subhakrit 5124 |  |
| Meena Rasi: 3.31                 | Tithi 14 – 15 | <b>Gulika</b>                    | 6:38AM – 8:03AM  | <b>Uttaraproshtapada</b> Until 4:50AM Sun   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:38AM |  |  |
|                                  |               | Yama                             | 1:40PM – 3:04PM  | Vridhni Until 9:25AM  | <b>Muruqa:</b> Green    | <i>Sunset:</i> 5:52PM  | Moon 9 - Phase 24 - 27                                     |  |
|                                  |               | 618166474 <b>Rahu</b>            | 9:27AM – 10:51AM | Visti Until 3:31AM Sun  | <b>Nataraja:</b> Purple |                        | 4th Phase  |  |
| Creative Work                    | Siddha Yoga   |                                  |                  | <b>Chaturdashi*</b> Until 4:13PM  | Moon – Clear            |                        | <b>Bhuloka Day</b>   |  |
| Until 4:50AM Sun                 |               |                                  |                  |   | Ashvina+Puratasi        |                        |  |  |
| Then Creative Work - Amrita Yoga |               |                                  |                  |   |                         |                        |  |  |

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| <b>○</b>                         |               | <b>Sunday, October 9, 2022</b> |                  | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                         |                        | Winnipeg, MB, Canada<br>Sutra 175<br>Subhakrit 5124 |  |
| <b>Copper Retreat Star</b>       |               | <b>Gulika</b>                  | 3:03PM – 4:27PM  | <b>Revati</b> Until 4:21AM Mon   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:40AM |   |  |
| Meena Rasi: 17.19                | Tithi 15 – 16 | Yama                           | 12:15PM – 1:39PM | Dhruva Until 7:05AM  | <b>Muruqa:</b> Green    | <i>Sunset:</i> 5:50PM  | Moon 9 - Phase 24 -                                 |  |
|                                  |               | 618166474 <b>Rahu</b>          | 4:27PM – 5:50PM  | Balava Until 2:28AM Mon  | <b>Nataraja:</b> Purple |                        | Purnima   |  |
| Creative Work                    | Amrita Yoga   |                                |                  | <b>Purnima*</b> Until 2:54PM   | Moon – Clear            |                        | <b>Bhuloka Day</b>                                  |  |
| Until 4:21AM Mon                 |               |                                |                  |  | Ashvina+Puratasi        |                        |   |  |
| Then Creative Work - Siddha Yoga |               |                                |                  |  |                         |                        |   |  |

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|---------------------------------|---------------|----------------------------|-------------------|---------------------------------|---|------------------------|-----------------------------|---|--|
| <b>Monday, October 10, 2022</b> |               | <b>Silver Retreat Star</b> |                   |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau |                        |                             | Winnipeg, MB, Canada<br>Sutra 176<br>Subhakrit 5124 |  |
| Mesha Rasi: 0.49                | Tithi 16 – 17 | <b>Gulika</b>              | 1:38PM – 3:02PM   | <b>Ashvini</b> Until 4:45AM Tue | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:42AM |                             |   |  |
|                                 |               | Yama                       | 10:52AM – 12:15PM | Harshana Until 3:44AM Tue       | <b>Muruqa:</b> White  | <i>Sunset:</i> 5:48PM  | Moon 9 - Phase 24 -         |   |  |
| <b>Family Home Evening</b>      |               | 628176474 <b>Rahu</b>      | 8:05AM – 9:28AM   | Taitila Until 1:59AM Tue        | <b>Nataraja:</b> Purple   |                        | Prathama                    |   |  |
| Creative Work                   | Siddha Yoga   |                            |                   | <b>Prathama*</b> Until 2:07PM   | Moon – White  |                        | <b>Bhuloka Day</b>          |   |  |
|                                 |               |                            |                   |                                 | Ashvina+Puratasi  |                        | Devaloka Time: 6:AM to 9:AM |   |  |





Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winnipeg, MB, Canada

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 14 Tithi 17 - 18

628176474

**Gulika** 12:15PM - 1:38PM  
**Yama** 9:29AM - 10:52AM  
**Rahu** 3:00PM - 4:23PM

**Bharani Until 5:38AM Wed**  
Vajra\* Until 2:47AM Wed  
Vanija Until 2:10AM Wed  
**Dvitiya Until 1:58PM**

**Ganesha:** Yellow *Sunrise:* 6:43AM

**Muruqa:** White *Sunset:* 5:46PM

**Nataraja:** Purple

Moon - White

Moon 10 - Phase 25 - 1

1st Phase

Creative Work Siddha Yoga

Until 5:38AM Wed

Then Creative Work - Amrita Yoga

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Winnipeg, MB, Canada

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.51 Tithi 18 - 19

628176474

**Gulika** 10:52AM - 12:14PM  
**Yama** 8:07AM - 9:30AM  
**Rahu** 12:14PM - 1:37PM

**Krittika Until 7:01AM Thu**  
Siddhi Until 2:23AM Thu  
Bava Until 3:02AM Thu  
**Tritiya Until 2:30PM**

**Ganesha:** Yellow *Sunrise:* 6:45AM

**Muruqa:** White *Sunset:* 5:44PM

**Nataraja:** Purple

Moon - White

Moon 10 - Phase 25 - 2

1st Phase

Creative Work Amrita Yoga

Until 7:01AM Thu

Then Routine Work - Marana Yoga

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winnipeg, MB, Canada

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 9.23 Tithi 19 - 20

628176474

**Gulika** 9:30AM - 10:52AM  
**Yama** 6:46AM - 8:08AM  
**Rahu** 1:36PM - 2:58PM

**Krittika Until 7:01AM**  
Vyatipata\* Until 2:28AM Fri  
Kaulava Until 4:32AM Fri  
**Chaturthi\* Until 3:41PM**

**Ganesha:** Yellow *Sunrise:* 6:46AM

**Muruqa:** White *Sunset:* 5:42PM

**Nataraja:** Purple

Moon - White

Moon 10 - Phase 25 - 3

1st Phase

Routine Work Marana Yoga

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Taaila/Gara Karana Panchami/Shashthyam Titau

Winnipeg, MB, Canada

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.38 Tithi 20 - 21

639176474

**Gulika** 8:09AM - 9:31AM  
**Yama** 2:57PM - 4:19PM  
**Rahu** 10:52AM - 12:14PM

**Rohini Until 9:19AM**  
Variyan Until 2:56AM Sat  
Gara Until 6:32AM Sat  
**Panchami Until 5:27PM**

**Ganesha:** Red *Sunrise:* 6:48AM

**Muruqa:** White *Sunset:* 5:40PM

**Nataraja:** Purple

Moon - Yellow

Moon 10 - Phase 25 - 4

1st Phase

Routine Work Marana Yoga

Until 9:19AM

Then Creative Work - Siddha Yoga

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Winnipeg, MB, Canada

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.42 Tithi 21

639176474

**Gulika** 6:49AM - 8:10AM  
**Yama** 1:35PM - 2:56PM  
**Rahu** 9:32AM - 10:53AM

**Mrigashira Until 11:55AM**  
Parigha\* Until 3:40AM Sun  
Gara Until 6:32AM  
**Shashthi\* Until 7:39PM**

**Ganesha:** Red *Sunrise:* 6:49AM

**Muruqa:** White *Sunset:* 5:38PM

**Nataraja:** Purple

Moon - Yellow

Moon 10 - Phase 25 - 5

1st Phase

Creative Work Siddha Yoga

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Winnipeg, MB, Canada

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.38 Tithi 22

639176474

**Gulika** 2:55PM - 4:15PM  
**Yama** 12:13PM - 1:34PM  
**Rahu** 4:15PM - 5:36PM

**Ardra Until 2:37PM**  
Shiva Until 4:32AM Mon  
Visti Until 8:52AM  
**Saptami Until 10:04PM**

**Ganesha:** Red *Sunrise:* 6:51AM

**Muruqa:** White *Sunset:* 5:36PM

**Nataraja:** Purple

Moon - Yellow

Moon 10 - Phase 25 - 6

1st Phase

Creative Work Siddha Yoga

**Ashvina+Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Winnipeg, MB, Canada

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.31 Tithi 23

649176474

**Gulika** 1:33PM - 2:54PM  
**Yama** 10:53AM - 12:13PM  
**Rahu** 8:13AM - 9:33AM

**Punarvasu Until 5:42PM**  
Siddha Until 5:20AM Tue  
Balava Until 11:18AM  
**Ashtami\* Until 12:29AM Tue**

**Ganesha:** Green *Sunrise:* 6:52AM

**Muruqa:** White *Sunset:* 5:34PM

**Nataraja:** Purple

Moon - Blue

Moon 10 - Phase 25 - 7

Ashtami

Creative Work Amrita Yoga

Until 5:42PM

Then Creative Work - Siddha Yoga

**Ashvina+Puratasi**

**Devaloka Day**

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sadhya Yoga Taaila/Gara Karana Navamyam Titau

Winnipeg, MB, Canada

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 9.26 Tithi 24

649176474

**Gulika** 12:13PM - 1:33PM  
**Yama** 9:34AM - 10:53AM  
**Rahu** 2:53PM - 4:12PM

**Pushya Until 8:29PM**  
Sadhya Until 5:58AM Wed  
Taaila Until 1:39PM  
**Navami\* Until 2:42AM Wed**

**Ganesha:** Green *Sunrise:* 6:54AM

**Muruqa:** White *Sunset:* 5:32PM

**Nataraja:** Purple

Moon - Blue

Moon 10 - Phase 25 - 8

Navami

Creative Work Siddha Yoga

**Ashvina+Puratasi**

**Devaloka Day**

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

mes are standard time. Calculated for Winnipeg, MB, Canada on 5

www.gurudeva.org/panchang

|  |                        |                                    |                                 |   |                 |  |           |
|--|------------------------|------------------------------------|---------------------------------|---|-----------------|--|-----------|
| <b>1</b>                               |                        | <b>Wednesday, October 19, 2022</b> |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau                 |                 | Winnipeg, MB, Canada<br>Sun 9 Sutra 185<br>Subhakrit 5124  |           |
| Kataka Rasi: 21.25                     | Tithi 25               | Gulika 10:54AM – 12:13PM           | Ashlesha* Until 10:47PM         | Ganesha: Green  | Sunrise: 6:56AM | Moon 10 - Phase 26 - 9                                     | 2nd Phase |
| 649176474                              | Rahu 12:13PM – 1:32PM  | Yama 8:15AM – 9:34AM               | Subha Until 6:19AM Thu          | Muruqa: White   | Sunset: 5:30PM  | Devaloka Day   |           |
| Creative Work                          | Siddha Yoga            |                                    | Vanija Until 3:42PM             | Nataraja: Purple  |                 | Ashvina-Aipasi   |           |
|  |                        |                                    | Dashami Until 4:32AM Thu        | Moon – Blue   |                 |  |           |
| <b>2</b>                               |                        | <b>Thursday, October 20, 2022</b>  |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau                |                 | Winnipeg, MB, Canada<br>Sun 10 Sutra 186<br>Subhakrit 5124 |           |
| Simha Rasi: 3.35                       | Tithi 26               | Gulika 9:35AM – 10:54AM            | Magha* Until 12:55AM Fri        | Ganesha: Green  | Sunrise: 6:57AM | Moon 10 - Phase 26 - 10                                    | 2nd Phase |
| 659276474                              | Rahu 1:32PM – 2:50PM   | Yama 6:57AM – 8:16AM               | Subha Until 6:19AM              | Muruqa: White   | Sunset: 5:28PM  | Bhuloka Day  |           |
| Creative Work                          | Amrita Yoga            |                                    | Bava Until 5:17PM               | Nataraja: Purple  |                 | Ashvina-Aipasi   |           |
| Until 12:55AM Fri                      |                        |                                    | Ekadashi* Until 5:51AM Fri      | Moon – Red  |                 |  |           |
| Then Creative Work - Siddha Yoga       |                        |                                    |                                 |   |                 |  |           |
| <b>3</b>                               |                        | <b>Friday, October 21, 2022</b>    |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava Karana Dvadashyam Titau           |                 | Winnipeg, MB, Canada<br>Sun 11 Sutra 187<br>Subhakrit 5124 |           |
| Simha Rasi: 15.58                      | Tithi 27               | Gulika 8:17AM – 9:36AM             | Purvaphalguni Until 2:18AM Sat  | Ganesha: Green  | Sunrise: 6:59AM | Moon 10 - Phase 26 - 11                                    | 2nd Phase |
| 659276474                              | Rahu 10:54AM – 12:13PM | Yama 2:49PM – 4:08PM               | Sukla Until 6:13AM              | Muruqa: White   | Sunset: 5:26PM  | Bhuloka Day  |           |
| Creative Work                          | Siddha Yoga            |                                    | Kaulava Until 6:18PM            | Nataraja: Purple  |                 | Ashvina-Aipasi   |           |
| Until 2:18AM Sat                       |                        |                                    | Dvadashi* Until 6:33AM Sat      | Moon – Red  |                 |  |           |
| Then Routine Work - Marana Yoga        |                        |                                    |                                 |   |                 |  |           |
| <b>4</b>                               |                        | <b>Saturday, October 22, 2022</b>  |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                 | Winnipeg, MB, Canada<br>Sun 12 Sutra 188<br>Subhakrit 5124 |           |
| Simha Rasi: 28.37                      | Tithi 27 – 28          | Gulika 7:00AM – 8:18AM             | Uttaraphalguni Until 2:55AM Sun | Ganesha: Purple   | Sunrise: 7:00AM | Moon 10 - Phase 26 - 12                                    | 2nd Phase |
| 651276474                              | Rahu 9:36AM – 10:54AM  | Yama 1:30PM – 2:48PM               | Indra Until 4:37AM Sun          | Muruqa: White   | Sunset: 5:24PM  | Bhuloka Day  |           |
| Routine Work                           | Marana Yoga            |                                    | Gara Until 6:40PM               | Nataraja: Purple  |                 | Ashvina-Aipasi   |           |
| Until 2:55AM Sun                       |                        |                                    | Dvadashi* Until 6:33AM          | Moon – Red  |                 |  |           |
| Then Creative Work - Amrita Yoga       |                        |                                    |                                 |   |                 | Pradosha Vrata (Fasting)                                   |           |
| <b>5</b>                               |                        | <b>Sunday, October 23, 2022</b>    |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                 | Winnipeg, MB, Canada<br>Sun 13 Sutra 189<br>Subhakrit 5124 |           |
| Kanya Rasi: 11.35                      | Tithi 28 – 29          | Gulika 2:47PM – 4:05PM             | Hasta Until 3:13AM Mon          | Ganesha: Light Blue   | Sunrise: 7:02AM | Moon 10 - Phase 26 - 13                                    | 2nd Phase |
| 661276474                              | Rahu 4:05PM – 5:23PM   | Yama 12:12PM – 1:30PM              | Vaidhriti* Until 3:02AM Mon     | Muruqa: White   | Sunset: 5:23PM  | Bhuloka Day  |           |
| Creative Work                          | Amrita Yoga            |                                    | Visti Until 6:23PM              | Nataraja: Purple  |                 | Ashvina-Aipasi   |           |
| Until 3:13AM Mon                       |                        |                                    | Trayodashi* Until 6:35AM        | Moon – Green  |                 |  |           |
| Then Routine Work - Prabalarishta Yoga |                        |                                    |                                 |   |                 | Deepavali Hindu Solidarity Day                             |           |
| <b>Monday, October 24, 2022</b>        |                        | <b>Retreat Star</b>                |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Vishkambha* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |                 | Winnipeg, MB, Canada<br>Sun 14 Sutra 190<br>Subhakrit 5124 |           |
| Kanya Rasi: 24.53                      | Tithi 29 – 30          | Gulika 1:29PM – 2:46PM             | Chitra Until 2:47AM Tue         | Ganesha: Light Blue   | Sunrise: 7:04AM | Moon 10 - Phase 26 - 14                                    | Amavasya  |
| 661276474                              | Rahu 8:21AM – 9:38AM   | Yama 10:55AM – 12:12PM             | Vishkambha* Until 1:01AM Tue    | Muruqa: White   | Sunset: 5:21PM  | Bhuloka Day  |           |
| Family Home Evening                    |                        |                                    | Naga Until 4:50AM Tue           | Nataraja: Purple  |                 | Ashvina-Aipasi   |           |
| Routine Work                           | Prabalarishta Yoga     |                                    | Chaturdashi* Until 6:00AM       | Moon – Green  |                 |  |           |
| Until 2:47AM Tue                       |                        |                                    |                                 |   |                 | Subramuniyaswami Mahasamadhi                               |           |
| Then Creative Work - Siddha Yoga       |                        |                                    |                                 |   |                 |  |           |
| <b>Tuesday, October 25, 2022</b>       |                        | <b>Retreat Star</b>                |                                 | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau                 |                 | Winnipeg, MB, Canada<br>Sun 15 Sutra 191<br>Subhakrit 5124 |           |
| Tula Rasi: 8.29                        | Tithi 1                | Gulika 12:12PM – 1:29PM            | Svati Until 1:45AM Wed          | Ganesha: Light Blue   | Sunrise: 7:05AM | Moon 10 - Phase 26 - 15                                    | Prathama  |
| 661276474                              | Rahu 2:45PM – 4:02PM   | Yama 9:39AM – 10:55AM              | Priti Until 10:37PM             | Muruqa: White   | Sunset: 5:19PM  | Bhuloka Day  |           |
| Creative Work                          | Siddha Yoga            |                                    | Kintughna Until 4:06PM          | Nataraja: Purple  |                 | Kartika-Aipasi   |           |
|  |                        |                                    | Prathama* Until 3:13AM Wed      | Moon – Green  |                 |  |           |
|  |                        |                                    |                                 |   |                 | Skanda Shasthi Begins                                      |           |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

|                                  |  |  |   |   |
|----------------------------------|--|--|---|---|
| <b>1</b>                         | <b>Wednesday, October 26, 2022</b>   | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau                 |   | Winnipeg, MB, Canada<br>Sun 16 Sutra 192<br>Subhakit 5124   |
|                                  | Tula Rasi: 22.23<br>Tithi 2<br>671276574   | <b>Gulika</b> 10:56AM – 12:12PM<br>Yama 8:23AM – 9:39AM<br><b>Rahu</b> 12:12PM – 1:28PM  | <b>Vishakha Until 12:38AM Thu</b><br>Ayushman Until 7:54PM<br>Balava Until 2:16PM<br><b>Dvitiya Until 1:13AM Thu</b>  | <b>Ganesha:</b> Purple <i>Sunrise: 7:07AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:17PM</i><br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
|                                  | Creative Work Siddha Yoga  |  |   |   |
| <b>2</b>                         | <b>Thursday, October 27, 2022</b>  | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau           |   | Winnipeg, MB, Canada<br>Sun 17 Sutra 193<br>Subhakit 5124   |
|                                  | Vrischika Rasi: 6.29<br>Tithi 3<br>671276574   | <b>Gulika</b> 9:40AM – 10:56AM<br>Yama 7:08AM – 8:24AM<br><b>Rahu</b> 1:28PM – 2:44PM  | <b>Anuradha Until 11:07PM</b><br>Saubhagya Until 4:57PM<br>Taitila Until 12:09PM<br><b>Tritiya Until 11:00PM</b>      | <b>Ganesha:</b> Purple <i>Sunrise: 7:08AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:15PM</i><br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
|                                  | Creative Work Siddha Yoga<br>Until 11:07PM<br>Then Routine Work - Prabararishta Yoga |  |   |   |
| <b>3</b>                         | <b>Friday, October 28, 2022</b>  | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau      |   | Winnipeg, MB, Canada<br>Sun 18 Sutra 194<br>Subhakit 5124   |
|                                  | Vrischika Rasi: 20.45<br>Tithi 4<br>671276574  | <b>Gulika</b> 8:26AM – 9:41AM<br>Yama 2:43PM – 3:58PM<br><b>Rahu</b> 10:56AM – 12:12PM   | <b>Jyeshtha* Until 9:21PM</b><br>Sobhana Until 1:54PM<br>Vanija Until 9:50AM<br><b>Chaturthi* Until 8:38PM</b>        | <b>Ganesha:</b> Purple <i>Sunrise: 7:10AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:13PM</i><br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
|                                  | Routine Work Marana Yoga<br>Until 9:21PM<br>Then Creative Work - Amrita Yoga         |  |   |   |
| <b>4</b>                         | <b>Saturday, October 29, 2022</b>  | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau             |   | Winnipeg, MB, Canada<br>Sun 19 Sutra 195<br>Subhakit 5124   |
|                                  | Dhanus Rasi: 5.04<br>Tithi 5<br>681276574  | <b>Gulika</b> 7:12AM – 8:27AM<br>Yama 1:27PM – 2:42PM<br><b>Rahu</b> 9:42AM – 10:57AM  | <b>Mula* Until 7:49PM</b><br>Athiganda* Until 10:45AM<br>Bava Until 7:27AM<br><b>Panchami Until 6:14PM</b>            | <b>Ganesha:</b> Clear <i>Sunrise: 7:12AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:12PM</i><br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Devaloka Day</b>                            |
|                                  | Creative Work Siddha Yoga  |  |   |   |
| <b>5</b>                         | <b>Sunday, October 30, 2022</b>  | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau |   | Winnipeg, MB, Canada<br>Sun 20 Sutra 196<br>Subhakit 5124   |
|                                  | Dhanus Rasi: 19.24<br>Tithi 6 – 7<br>681276574                                       | <b>Gulika</b> 2:41PM – 3:55PM<br>Yama 12:12PM – 1:26PM<br><b>Rahu</b> 3:55PM – 5:10PM  | <b>Purvashadha* Until 6:11PM</b><br>Sukarma Until 7:39AM<br>Gara Until 2:45AM Mon<br><b>Shashthi* Until 3:52PM</b>    | <b>Ganesha:</b> Clear <i>Sunrise: 7:13AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:10PM</i><br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Devaloka Day</b>                            |
|                                  | Creative Work Siddha Yoga<br>Until 6:11PM<br>Then Creative Work - Amrita Yoga        | Skanda Shasthi   |   |   |
| <b>Monday, October 31, 2022</b>  | <b>Retreat Star</b>  | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |   | Winnipeg, MB, Canada<br>Sun 21 Sutra 197<br>Subhakit 5124   |
|                                  | Makara Rasi: 3.4<br>Tithi 7 – 8<br><b>Family Home Evening</b><br>681276574           | <b>Gulika</b> 1:26PM – 2:40PM<br>Yama 10:57AM – 12:12PM<br><b>Rahu</b> 8:29AM – 9:43AM   | <b>Uttarashadha Until 4:33PM</b><br>Shula* Until 1:41AM Tue<br>Visti Until 12:35AM Tue<br><b>Saptami Until 1:38PM</b> | <b>Ganesha:</b> Clear <i>Sunrise: 7:15AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:08PM</i><br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Devaloka Day</b>                            |
|                                  | Routine Work Marana Yoga<br>Until 4:33PM<br>Then Creative Work - Amrita Yoga         |  |   |   |
| <b>Tuesday, November 1, 2022</b> | <b>Retreat Star</b>  | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau   |   | Winnipeg, MB, Canada<br>Sun 22 Sutra 198<br>Subhakit 5124   |
|                                  | Makara Rasi: 17.5<br>Tithi 8 – 9<br>691276574  | <b>Gulika</b> 12:12PM – 1:25PM<br>Yama 9:44AM – 10:58AM<br><b>Rahu</b> 2:39PM – 3:53PM   | <b>Shravana Until 3:21PM</b><br>Ganda* Until 10:55PM<br>Balava Until 10:37PM<br><b>Ashtami* Until 11:33AM</b>         | <b>Ganesha:</b> White <i>Sunrise: 7:17AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:07PM</i><br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |
|                                  | Creative Work Siddha Yoga  |  |   |   |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

mes are standard time. Calculated for Winnipeg, MB, Canada on 5

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|          |  |   |                                |  |
|----------|--|---|--------------------------------|--|
| <b>1</b> | <b>Wednesday, November 2, 2022</b>   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau |                                | Winnipeg, MB, Canada<br>Sun 23 Sutra 199<br>Subhakrit 5124 |
|          | Kumbha Rasi: 1.52    Tithi 9 – 10  | <b>Gulika</b> 10:58AM – 12:12PM   | <b>Dhanishtha</b> Until 2:14PM | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:18AM               |
|          | 692276574  | Yama 8:32AM – 9:45AM  | Vriddhi Until 8:20PM           | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:05PM                 |
|          | Routine Work    Prabalarishta Yoga<br>Until 2:14PM<br>Then Creative Work - Siddha Yoga | <b>Rahu</b> 12:12PM – 1:25PM  | Taitila Until 8:51PM           | <b>Nataraja:</b> Clear<br>Moon – Purple                    |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

|          |                                     |   |                                  |  |
|----------|-------------------------------------|---|----------------------------------|--|
| <b>2</b> | <b>Thursday, November 3, 2022</b>   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                  | Winnipeg, MB, Canada<br>Sun 24 Sutra 200<br>Subhakrit 5124 |
|          | Kumbha Rasi: 15.46    Tithi 10 – 11 | <b>Gulika</b> 9:46AM – 10:59AM  | <b>Shatabhishak</b> Until 1:12PM | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:20AM               |
|          | 692276574                           | Yama 7:20AM – 8:33AM  | Dhruva Until 5:56PM              | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:03PM                 |
|          | Creative Work    Siddha Yoga        | <b>Rahu</b> 1:24PM – 2:37PM   | Vanija Until 7:22PM              | <b>Nataraja:</b> Clear<br>Moon – Purple                    |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

|          |                                    |   |  |  |
|----------|------------------------------------|---|--|--|
| <b>3</b> | <b>Friday, November 4, 2022</b>    | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau |  | Winnipeg, MB, Canada<br>Sun 25 Sutra 201<br>Subhakrit 5124 |
|          | Kumbha Rasi: 29.3    Tithi 11 – 12 | <b>Gulika</b> 8:34AM – 9:47AM   | <b>Purvaproshtapada*</b> Until 12:44PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:21AM                |
|          | 612276574                          | Yama 2:37PM – 3:49PM  | Vyaghata* Until 3:46PM                 | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:02PM                 |
|          | Creative Work    Siddha Yoga       | <b>Rahu</b> 10:59AM – 12:12PM   | Bava Until 6:10PM                      | <b>Nataraja:</b> Clear<br>Moon – Clear                     |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

|          |   |  |  |  |
|----------|---|--|--|--|
| <b>4</b> | <b>Saturday, November 5, 2022</b>   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau |  | Winnipeg, MB, Canada<br>Sun 26 Sutra 202<br>Subhakrit 5124 |
|          | Meena Rasi: 13.02    Tithi 13   | <b>Gulika</b> 7:23AM – 8:35AM  | <b>Uttaraproshtapada</b> Until 12:28PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:23AM                |
|          | 612276574   | Yama 1:24PM – 2:36PM   | Harshana Until 1:54PM                  | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:00PM                 |
|          | Creative Work    Siddha Yoga<br>Until 12:28PM<br>Then Routine Work - Prabalarishta Yoga | <b>Rahu</b> 9:47AM – 10:59AM   | Kaulava Until 5:19PM                   | <b>Nataraja:</b> Clear<br>Moon – Clear                     |


**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata*

|          |   |  |                             |  |
|----------|---|--|-----------------------------|--|
| <b>5</b> | <b>Sunday, November 6, 2022</b>   | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau |                             | Winnipeg, MB, Canada<br>Sun 27 Sutra 203<br>Subhakrit 5124 |
|          | Meena Rasi: 26.22    Tithi 14   | <b>Gulika</b> 2:35PM – 3:47PM  | <b>Revati</b> Until 12:25PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:25AM                |
|          | 612276574   | Yama 12:12PM – 1:23PM  | Vajra* Until 12:18PM        | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:58PM                 |
|          | Creative Work    Amrita Yoga<br>Until 12:25PM<br>Then Creative Work - Siddha Yoga | <b>Rahu</b> 3:47PM – 4:58PM  | Gara Until 4:52PM           | <b>Nataraja:</b> Clear<br>Moon – Clear                     |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Chaturdashi\*** Until 4:47AM Mon

|   |   |  |                             |   |
|---|---|--|-----------------------------|---|
|  | <b>Monday, November 7, 2022</b>         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistii*/Bava Karana Purnimayam Titau |                             | Winnipeg, MB, Canada<br>Sutra 204<br>Subhakrit 5124 |
|   | <b>Copper Retreat Star</b>              | <b>Gulika</b> 1:23PM – 2:34PM  | <b>Ashvini</b> Until 1:07PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:26AM         |
|   | Mesha Rasi: 9.29    Tithi 15            | Yama 11:00AM – 12:12PM   | Siddhi Until 11:05AM        | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:57PM          |
|   | <b>Family Home Evening</b><br>722276574 | <b>Rahu</b> 8:38AM – 9:49AM  | Vistii Until 4:52PM         | <b>Nataraja:</b> Clear<br>Moon – White              |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Purnima\*** Until 5:02AM Tue

|          |                                  |   |                             |   |
|----------|----------------------------------|---|-----------------------------|---|
| <b>○</b> | <b>Tuesday, November 8, 2022</b> | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau |                             | Winnipeg, MB, Canada<br>Sutra 205<br>Subhakrit 5124 |
|          | <b>Silver Retreat Star</b>       | <b>Gulika</b> 12:12PM – 1:23PM  | <b>Bharani</b> Until 2:08PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:28AM         |
|          | Mesha Rasi: 22.21    Tithi 16    | Yama 9:50AM – 11:01AM   | Vyatipata* Until 10:14AM    | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:55PM          |
|          | 722276574                        | <b>Rahu</b> 2:34PM – 3:45PM   | Balava Until 5:23PM         | <b>Nataraja:</b> Clear<br>Moon – White              |

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Prathama\*** Until 5:49AM Wed



Wednesday, November 9, 2022

Gold Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Varyani/Parigha\* Yoga Tailila Karana Dvitiyayam Titau

Winnipeg, MB, Canada

Sutra 206

Subhakarit 5124

Vrishabha Rasi: 4.58    Titithi 17

722276574

**Gulika** 11:01AM – 12:12PM  
**Yama** 8:40AM – 9:51AM  
**Rahu** 12:12PM – 1:22PM

**Krittika** Until 3:29PM

Variyan Until 9:46AM

Taitila Until 6:25PM

**Dvitiya** Until 7:06AM Thu

**Ganesha:** Blue    *Sunrise:* 7:30AM

**Muruqa:** Clear    *Sunset:* 4:54PM

**Nataraja:** Clear

Moon – White

**Kartika-Aipasi**

**Bhuloka Day**

**Devaloka Time:** 3:PM to 6:PM

Creative Work    Amrita Yoga

Until 3:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winnipeg, MB, Canada

Sun 1    Sutra 207

Subhakarit 5124

Vrishabha Rasi: 17.22    Titithi 17 – 18

732276574

**Gulika** 9:52AM – 11:02AM  
**Yama** 7:31AM – 8:41AM  
**Rahu** 1:22PM – 2:32PM

**Rohini** Until 5:39PM

Parigha\* Until 9:42AM

Vanija Until 7:56PM

**Dvitiya** Until 7:06AM

**Ganesha:** Red    *Sunrise:* 7:31AM

**Muruqa:** Clear    *Sunset:* 4:53PM

**Nataraja:** Clear

Moon – Yellow

**Kartika-Aipasi**

**Devaloka Day**

Routine Work    Marana Yoga

2

Friday, November 11, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Winnipeg, MB, Canada

Sun 2    Sutra 208

Subhakarit 5124

Vrishabha Rasi: 29.34    Titithi 18 – 19

732276574

**Gulika** 8:43AM – 9:52AM  
**Yama** 2:32PM – 3:41PM  
**Rahu** 11:02AM – 12:12PM

**Mrigashira** Until 8:05PM

Shiva Until 10:00AM

Bava Until 9:55PM

**Tritiya** Until 8:51AM

**Ganesha:** Red    *Sunrise:* 7:33AM

**Muruqa:** Clear    *Sunset:* 4:51PM

**Nataraja:** Clear

Moon – Yellow

**Kartika-Aipasi**

**Devaloka Day**

Creative Work    Siddha Yoga

3

Saturday, November 12, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winnipeg, MB, Canada

Sun 3    Sutra 209

Subhakarit 5124

Mithuna Rasi: 11.37    Titithi 19 – 20

732276574

**Gulika** 7:35AM – 8:44AM  
**Yama** 1:22PM – 2:31PM  
**Rahu** 9:53AM – 11:03AM

**Ardra** Until 10:39PM

Siddha Until 10:34AM

Kaulava Until 12:12AM Sun

**Chaturthi\*** Until 11:00AM

**Ganesha:** Red    *Sunrise:* 7:35AM

**Muruqa:** Clear    *Sunset:* 4:50PM

**Nataraja:** Clear

Moon – Yellow

**Kartika-Aipasi**

**Devaloka Day**

Creative Work    Siddha Yoga

4

Sunday, November 13, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Winnipeg, MB, Canada

Sun 4    Sutra 210

Subhakarit 5124

Mithuna Rasi: 23.33    Titithi 20 – 21

742276574

**Gulika** 2:30PM – 3:39PM  
**Yama** 12:12PM – 1:21PM  
**Rahu** 3:39PM – 4:48PM

**Punarvasu** Until 1:45AM Mon

Sadhya Until 11:19AM

Gara Until 2:41AM Mon

**Panchami** Until 1:24PM

**Ganesha:** Green    *Sunrise:* 7:36AM

**Muruqa:** Clear    *Sunset:* 4:48PM

**Nataraja:** Clear

Moon – Blue

**Kartika-Aipasi**

**Bhuloka Day**

**Devaloka Time:** 3:PM to 6:PM

Creative Work    Siddha Yoga

5

Monday, November 14, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winnipeg, MB, Canada

Sun 5    Sutra 211

Subhakarit 5124

Kataka Rasi: 5.26    Titithi 21 – 22

742376574

**Gulika** 1:21PM – 2:30PM  
**Yama** 11:04AM – 12:12PM  
**Rahu** 8:46AM – 9:55AM

**Pushya** Until 4:40AM Tue

Subha Until 12:11PM

Visti Until 5:09AM Tue

**Shashthi\*** Until 3:54PM

**Ganesha:** White    *Sunrise:* 7:38AM

**Muruqa:** Clear    *Sunset:* 4:47PM

**Nataraja:** Clear

Moon – Blue

**Kartika-Aipasi**

**Bhuloka Day**

**Devaloka Time:** 3:PM to 6:PM

Creative Work    Siddha Yoga

Family Home Evening

6

Tuesday, November 15, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Bava Karana Saptamyam Titau

Winnipeg, MB, Canada

Sun 6    Sutra 212

Subhakarit 5124

Kataka Rasi: 17.19    Titithi 22

743376574

**Gulika** 12:13PM – 1:21PM  
**Yama** 9:56AM – 11:04AM  
**Rahu** 2:29PM – 3:38PM

**Ashlesha\*** Until 7:15AM Wed

Sukla Until 12:57PM

Bava Until 6:18PM

**Saptami** Until 6:18PM

**Ganesha:** Green    *Sunrise:* 7:39AM

**Muruqa:** Clear    *Sunset:* 4:46PM

**Nataraja:** Clear

Moon – Blue

**Kartika-Aipasi**

**Bhuloka Day**

**Devaloka Time:** 3:PM to 6:PM

Creative Work    Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Winnipeg, MB, Canada

Sun 7    Sutra 213

Subhakarit 5124

Kataka Rasi: 29.17    Titithi 23

743376574

**Gulika** 11:05AM – 12:13PM  
**Yama** 8:49AM – 9:57AM  
**Rahu** 12:13PM – 1:21PM

**Ashlesha\*** Until 7:15AM

Brahma Until 1:33PM

Balava Until 7:26AM

**Ashtami\*** Until 8:24PM

**Ganesha:** Green    *Sunrise:* 7:41AM

**Muruqa:** Clear    *Sunset:* 4:45PM

**Nataraja:** Clear

Moon – Blue

**Kartika-Kartikai**

**Bhuloka Day**

**Devaloka Time:** 3:PM to 6:PM

Creative Work    Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Tailila/Gara Karana Navamyam Titau

Winnipeg, MB, Canada

Sun 8    Sutra 214

Subhakarit 5124

Simha Rasi: 11.24    Titithi 24

753376575

**Gulika** 9:58AM – 11:05AM  
**Yama** 7:42AM – 8:50AM  
**Rahu** 1:21PM – 2:28PM

**Magha\*** Until 9:47AM

Indra Until 1:49PM

Taitila Until 9:19AM

**Navami\*** Until 10:01PM

**Ganesha:** Orange    *Sunrise:* 7:42AM

**Muruqa:** Clear    *Sunset:* 4:44PM

**Nataraja:** Purple

Moon – Red

**Kartika-Kartikai**

**Sivaloka Day**

Creative Work    Amrita Yoga

Until 9:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

mes are standard time. Calculated for Winnipeg, MB, Canada on 5

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|                   |             |                                  |                          |  |                         |                        |  |   |  |
|-------------------|-------------|----------------------------------|--------------------------|--|-------------------------|------------------------|--|---|--|
| <b>1</b>          |             | <b>Friday, November 18, 2022</b> |                          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau |                         |                        |  | Winnipeg, MB, Canada<br>Sun 9 Sutra 215<br>Subhakrit 5124 |  |
| Simha Rasi: 23.44 | Tithi 25    | <b>Gulika</b>                    | <b>8:51AM – 9:59AM</b>   | <b>Purvaphalguni Until 11:35AM</b>   | <b>Ganesha: Orange</b>  | <i>Sunrise: 7:44AM</i> |  |   |  |
|                   |             | Yama                             | 2:28PM – 3:35PM          | Vaidhriti* Until 1:37PM  | <b>Muruqa: Clear</b>    | <i>Sunset: 4:42PM</i>  |  | Moon 11 - Phase 30 - 9                                    |  |
|                   |             | 753376575 <b>Rahu</b>            | <b>11:06AM – 12:13PM</b> | Vanija Until 10:37AM   | <b>Nataraja: Purple</b> |                        |  | 2nd Phase   |  |
| Creative Work     | Siddha Yoga |                                  |                          | <b>Dashami Until 11:00PM</b>   | Moon – Red              |                        |  | <b>Sivaloka Day</b>                                       |  |
|                   |             |                                  |                          |  | Karttika-Karttikai      |                        |  |   |  |

|                  |             |                                    |                          |  |                         |                        |  |  |  |
|------------------|-------------|------------------------------------|--------------------------|--|-------------------------|------------------------|--|--|--|
| <b>2</b>         |             | <b>Saturday, November 19, 2022</b> |                          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau |                         |                        |  | Winnipeg, MB, Canada<br>Sun 10 Sutra 216<br>Subhakrit 5124 |  |
| Kanya Rasi: 6.23 | Tithi 26    | <b>Gulika</b>                      | <b>7:46AM – 8:53AM</b>   | <b>Uttaraphalguni Until 12:34PM</b>  | <b>Ganesha: Orange</b>  | <i>Sunrise: 7:46AM</i> |  |  |  |
|                  |             | Yama                               | 1:20PM – 2:27PM          | Vishkambha* Until 12:53PM  | <b>Muruqa: Clear</b>    | <i>Sunset: 4:41PM</i>  |  | Moon 11 - Phase 30 - 10                                    |  |
|                  |             | 753376575 <b>Rahu</b>              | <b>10:00AM – 11:06AM</b> | Bava Until 11:13AM   | <b>Nataraja: Purple</b> |                        |  | 2nd Phase  |  |
| Routine Work     | Marana Yoga |                                    |                          | <b>Ekadashi* Until 11:13PM</b>   | Moon – Red              |                        |  | <b>Sivaloka Day</b>  |  |
|                  |             |                                    |                          |  | Karttika-Karttikai      |                        |  |  |  |

|                                  |             |                                  |                        |  |                            |                        |  |  |  |
|----------------------------------|-------------|----------------------------------|------------------------|--|----------------------------|------------------------|--|--|--|
| <b>3</b>                         |             | <b>Sunday, November 20, 2022</b> |                        | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau |                            |                        |  | Winnipeg, MB, Canada<br>Sun 11 Sutra 217<br>Subhakrit 5124 |  |
| Kanya Rasi: 19.23                | Tithi 27    | <b>Gulika</b>                    | <b>2:27PM – 3:34PM</b> | <b>Hasta Until 1:07PM</b>  | <b>Ganesha: Light Blue</b> | <i>Sunrise: 7:47AM</i> |  |  |  |
|                                  |             | Yama                             | 12:14PM – 1:20PM       | Priti Until 11:33AM  | <b>Muruqa: Clear</b>       | <i>Sunset: 4:40PM</i>  |  | Moon 11 - Phase 30 - 11                                    |  |
|                                  |             | 753376575 <b>Rahu</b>            | <b>3:34PM – 4:40PM</b> | Kaulava Until 11:03AM  | <b>Nataraja: Purple</b>    |                        |  | 2nd Phase  |  |
| Creative Work                    | Amrita Yoga |                                  |                        | <b>Dvadashti* Until 10:40PM</b>  | Moon – Green               |                        |  | <b>Devaloka Day</b>  |  |
| Until 1:07PM                     |             |                                  |                        |  | Karttika-Karttikai         |                        |  |  |  |
| Then Creative Work - Siddha Yoga |             |                                  |                        |  |                            |                        |  |  |  |

|                                  |                    |                                  |                         |  |                                 |                        |  |  |  |
|----------------------------------|--------------------|----------------------------------|-------------------------|--|---------------------------------|------------------------|--|--|--|
| <b>4</b>                         |                    | <b>Monday, November 21, 2022</b> |                         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau |                                 |                        |  | Winnipeg, MB, Canada<br>Sun 12 Sutra 218<br>Subhakrit 5124 |  |
| Tula Rasi: 2.48                  | Tithi 28           | <b>Gulika</b>                    | <b>1:20PM – 2:27PM</b>  | <b>Chitra Until 12:45PM</b>  | <b>Ganesha: Light Blue</b>      | <i>Sunrise: 7:49AM</i> |  |  |  |
| <b>Family Home Evening</b>       |                    | Yama                             | 11:08AM – 12:14PM       | Ayushman Until 9:36AM  | <b>Muruqa: Clear</b>            | <i>Sunset: 4:39PM</i>  |  | Moon 11 - Phase 30 - 12                                    |  |
| Routine Work                     | Prabalarishta Yoga | 753376575 <b>Rahu</b>            | <b>8:55AM – 10:01AM</b> | Gara Until 10:07AM   | <b>Nataraja: Purple</b>         |                        |  | 2nd Phase  |  |
| Until 12:45PM                    |                    |                                  |                         | <b>Trayodashi* Until 9:22PM</b>  | Moon – Green                    |                        |  | <b>Devaloka Day</b>  |  |
| Then Creative Work - Amrita Yoga |                    |                                  |                         |  | Karttika-Karttikai              |                        |  |  |  |
|                                  |                    |                                  |                         |  | <i>Pradosha Vrata (Fasting)</i> |                        |  |  |  |

|                                 |             |                                   |                         |  |                            |                        |  |  |  |
|---------------------------------|-------------|-----------------------------------|-------------------------|--|----------------------------|------------------------|--|--|--|
| <b>5</b>                        |             | <b>Tuesday, November 22, 2022</b> |                         | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                            |                        |  | Winnipeg, MB, Canada<br>Sun 13 Sutra 219<br>Subhakrit 5124 |  |
| Tula Rasi: 16.38                | Tithi 29    | <b>Gulika</b>                     | <b>12:14PM – 1:20PM</b> | <b>Svati Until 11:34AM</b>   | <b>Ganesha: Light Blue</b> | <i>Sunrise: 7:50AM</i> |  |  |  |
|                                 |             | Yama                              | 10:02AM – 11:08AM       | Saubhagya Until 7:07AM   | <b>Muruqa: Clear</b>       | <i>Sunset: 4:38PM</i>  |  | Moon 11 - Phase 30 - 13                                    |  |
|                                 |             | 753376575 <b>Rahu</b>             | <b>2:26PM – 3:32PM</b>  | Visti Until 8:30AM   | <b>Nataraja: Purple</b>    |                        |  | 2nd Phase  |  |
| Creative Work                   | Siddha Yoga |                                   |                         | <b>Chaturdashi* Until 7:26PM</b>   | Moon – Green               |                        |  | <b>Devaloka Day</b>  |  |
| Until 11:34AM                   |             |                                   |                         |  | Karttika-Karttikai         |                        |  |  |  |
| Then Routine Work - Marana Yoga |             |                                   |                         |  |                            |                        |  |  |  |

|   |              |                                     |                          |  |                         |                        |  |  |  |
|---|--------------|-------------------------------------|--------------------------|--|-------------------------|------------------------|--|--|--|
|  |              | <b>Wednesday, November 23, 2022</b> |                          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau |                         |                        |  | Winnipeg, MB, Canada<br>Sun 14 Sutra 220<br>Subhakrit 5124 |  |
| <b>Retreat Star</b>   |              | <b>Gulika</b>                       | <b>11:09AM – 12:14PM</b> | <b>Vishakha Until 10:07AM</b>  | <b>Ganesha: Purple</b>  | <i>Sunrise: 7:52AM</i> |  |  |  |
| Vrischika Rasi: 0.51  | Tithi 30 – 1 | Yama                                | 8:57AM – 10:03AM         | Athiganda* Until 12:48AM Thu   | <b>Muruqa: Clear</b>    | <i>Sunset: 4:37PM</i>  |  | Moon 11 - Phase 30 - 14                                    |  |
|   |              | 773376575 <b>Rahu</b>               | <b>12:14PM – 1:20PM</b>  | Catuspada Until 6:16AM   | <b>Nataraja: Purple</b> |                        |  | Amavasya   |  |
| Creative Work   | Siddha Yoga  |                                     |                          | <b>Amavasya* Until 4:58PM</b>  | Moon – Orange           |                        |  | <b>Devaloka Day</b>  |  |
|   |              |                                     |                          |  | Karttika-Karttikai      |                        |  |  |  |

|  |             |                                    |                          |  |                         |                        |  |  |  |
|--|-------------|------------------------------------|--------------------------|--|-------------------------|------------------------|--|--|--|
| <b>Thursdays</b>                       |             | <b>Thursday, November 24, 2022</b> |                          | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                         |                        |  | Winnipeg, MB, Canada<br>Sun 15 Sutra 221<br>Subhakrit 5124 |  |
| <b>Retreat Star</b>                    |             | <b>Gulika</b>                      | <b>10:04AM – 11:09AM</b> | <b>Anuradha Until 8:06AM</b>   | <b>Ganesha: Purple</b>  | <i>Sunrise: 7:53AM</i> |  |  |  |
| Vrischika Rasi: 15.22                  | Tithi 1 – 2 | Yama                               | 7:53AM – 8:59AM          | Sukarma Until 9:11PM   | <b>Muruqa: Clear</b>    | <i>Sunset: 4:36PM</i>  |  | Moon 11 - Phase 30 - 15                                    |  |
|  |             | 773376575 <b>Rahu</b>              | <b>1:20PM – 2:26PM</b>   | Balava Until 12:39AM Fri   | <b>Nataraja: Purple</b> |                        |  | Prathama   |  |
| Creative Work                          | Siddha Yoga |                                    |                          | <b>Prathama* Until 2:08PM</b>  | Moon – Orange           |                        |  | <b>Devaloka Day</b>  |  |
| Until 8:06AM                           |             |                                    |                          |  | Margasira-Karttikai     |                        |  |  |  |
| Then Routine Work - Prabalarishta Yoga |             |                                    |                          |  |                         |                        |  |  |  |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

|          |  |  |  |  |   |
|----------|--|--|--|--|---|
| <b>1</b> | <b>Friday, November 25, 2022</b>                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau      |  |  | Winnipeg, MB, Canada<br>Sun 16 Sutra 222<br>Subhakrit 5124  |
|          | Dhanus Rasi: 0.05 Tithi 2 - 3<br>783376575                     | <b>Gulika</b> 9:00AM - 10:05AM<br>Yama 2:25PM - 3:30PM<br><b>Rahu</b> 11:10AM - 12:15PM  | <b>Mula* Until 3:26AM Sat</b><br>Dhriti Until 5:27PM<br>Taitila Until 9:32PM<br><b>Dvitiya Until 11:05AM</b>       | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:55AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:36PM<br><b>Nataraja:</b> Purple<br>Moon - Light Blue<br>Margasira-Karttikai | Moon 11 - Phase 31 - 16<br>3rd Phase<br><b>Devaloka Day</b> |
| <b>2</b> | <b>Saturday, November 26, 2022</b>                             | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |  |  | Winnipeg, MB, Canada<br>Sun 17 Sutra 223<br>Subhakrit 5124  |
|          | Dhanus Rasi: 14.54 Tithi 3 - 4<br>783376575                    | <b>Gulika</b> 7:56AM - 9:01AM<br>Yama 1:20PM - 2:25PM<br><b>Rahu</b> 10:06AM - 11:11AM   | <b>Purvashadha* Until 1:06AM Sun</b><br>Shula* Until 1:41PM<br>Vanija Until 6:26PM<br><b>Tritiya Until 7:57AM</b>  | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:56AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:35PM<br><b>Nataraja:</b> Purple<br>Moon - Light Blue<br>Margasira-Karttikai | Moon 11 - Phase 31 - 17<br>3rd Phase<br><b>Devaloka Day</b> |
| <b>3</b> | <b>Sunday, November 27, 2022</b>                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau          |  |  | Winnipeg, MB, Canada<br>Sun 18 Sutra 224<br>Subhakrit 5124  |
|          | Dhanus Rasi: 29.4 Tithi 5<br>783376575                         | <b>Gulika</b> 2:25PM - 3:29PM<br>Yama 12:16PM - 1:20PM<br><b>Rahu</b> 3:29PM - 4:34PM  | <b>Uttarashadha Until 10:49PM</b><br>Ganda* Until 10:00AM<br>Bava Until 3:29PM<br><b>Panchami Until 2:04AM Mon</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:57AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:34PM<br><b>Nataraja:</b> Purple<br>Moon - Light Blue<br>Margasira-Karttikai | Moon 11 - Phase 31 - 18<br>3rd Phase<br><b>Devaloka Day</b> |
| <b>4</b> | <b>Monday, November 28, 2022</b>                               | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau           |  |  | Winnipeg, MB, Canada<br>Sun 19 Sutra 225<br>Subhakrit 5124  |
|          | Makara Rasi: 14.16 Tithi 6<br>793376575                        | <b>Gulika</b> 1:20PM - 2:25PM<br>Yama 11:12AM - 12:16PM<br><b>Rahu</b> 9:03AM - 10:07AM  | <b>Shravana Until 9:06PM</b><br>Vridhhi Until 6:32AM<br>Kaulava Until 12:47PM<br><b>Shashthi* Until 11:34PM</b>    | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:59AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:33PM<br><b>Nataraja:</b> Purple<br>Moon - Purple<br>Margasira-Karttikai         | Moon 11 - Phase 31 - 19<br>3rd Phase<br><b>Sivaloka Day</b> |
| <b>5</b> | <b>Tuesday, November 29, 2022</b>                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau                |  |  | Winnipeg, MB, Canada<br>Sun 20 Sutra 226<br>Subhakrit 5124  |
|          | Makara Rasi: 28.37 Tithi 7<br>794376575                        | <b>Gulika</b> 12:16PM - 1:20PM<br>Yama 10:08AM - 11:12AM<br><b>Rahu</b> 2:25PM - 3:29PM  | <b>Dhanishtha Until 7:39PM</b><br>Vyaghata* Until 12:29AM Wed<br>Gara Until 10:28AM<br><b>Saptami Until 9:28PM</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:00AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:33PM<br><b>Nataraja:</b> Purple<br>Moon - Purple<br>Margasira-Karttikai          | Moon 11 - Phase 31 - 20<br>3rd Phase<br><b>Sivaloka Day</b> |
| <b>6</b> | <b>Wednesday, November 30, 2022</b>                            | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau                 |  |  | Winnipeg, MB, Canada<br>Sun 21 Sutra 227<br>Subhakrit 5124  |
|          | <b>Retreat Star</b><br>Kumbha Rasi: 12.41 Tithi 8<br>794376575 | <b>Gulika</b> 11:13AM - 12:17PM<br>Yama 9:05AM - 10:09AM<br><b>Rahu</b> 12:17PM - 1:21PM   | <b>Shatabhishak Until 6:32PM</b><br>Harshana Until 10:02PM<br>Visti Until 8:37AM<br><b>Ashtami* Until 7:51PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 8:02AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:32PM<br><b>Nataraja:</b> Purple<br>Moon - Purple<br>Margasira-Karttikai          | Moon 11 - Phase 31 - 21<br>Ashtami<br><b>Sivaloka Day</b>   |
| <b>7</b> | <b>Thursday, December 1, 2022</b>                              | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau             |  |  | Winnipeg, MB, Canada<br>Sun 22 Sutra 228<br>Subhakrit 5124  |
|          | <b>Retreat Star</b><br>Kumbha Rasi: 26.26 Tithi 9<br>714376575 | <b>Gulika</b> 10:10AM - 11:14AM<br>Yama 8:03AM - 9:06AM<br><b>Rahu</b> 1:21PM - 2:24PM   | <b>Purvaproshtapada* Until 6:12PM</b><br>Vajra* Until 7:57PM<br>Balava Until 7:15AM<br><b>Navami* Until 6:45PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 8:03AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 4:31PM<br><b>Nataraja:</b> Purple<br>Moon - Clear<br>Margasira-Karttikai             | Moon 11 - Phase 31 - 22<br>Navami<br><b>Sivaloka Day</b>    |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

|  |                    |   |                                       |  |                        |                                   |  |  |  |
|--|--------------------|---|---------------------------------------|--|------------------------|-----------------------------------|--|--|--|
| <b>1</b>                               |                    | <b>Friday, December 2, 2022</b>   |                                       | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau    |                        |                                   |  | Winnipeg, MB, Canada<br>Sun 23 Sutra 229 |  |
| Meena Rasi: 9.54                       | Tithi 10           | <b>Gulika</b> 9:08AM – 10:11AM  | <b>Uttaraproshtapada</b> Until 6:14PM | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 8:04AM |                                   |  | Subhakit 5124                            |  |
|  |                    | Yama 2:24PM – 3:28PM  | Siddhi Until 6:18PM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:31PM  |                                   |  | Moon 11 - Phase 32 - 23                  |  |
|  |                    | 714376575 <b>Rahu</b> 11:14AM – 12:18PM   | Taitila Until 6:25AM                  | <b>Nataraja:</b> Purple  |                        |                                   |  | 4th Phase                                |  |
| Creative Work                          | Siddha Yoga        |   | <b>Dashami</b> Until 6:10PM           | Moon – Clear   |                        |                                   |  | <b>Sivaloka Day</b>                      |  |
|  |                    |   |                                       | Margasira-Karttikai  |                        |                                   |  |  |  |
| <b>2</b>                               |                    | <b>Saturday, December 3, 2022</b>   |                                       | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau |                        |                                   |  | Winnipeg, MB, Canada<br>Sun 24 Sutra 230 |  |
| Meena Rasi: 23.05                      | Tithi 11           | <b>Gulika</b> 8:05AM – 9:09AM   | <b>Revati</b> Until 6:37PM            | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 8:05AM |                                   |  | Subhakit 5124                            |  |
|  |                    | Yama 1:21PM – 2:24PM  | Vyatipata* Until 5:04PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:30PM  |                                   |  | Moon 11 - Phase 32 - 24                  |  |
|  |                    | 714376575 <b>Rahu</b> 10:12AM – 11:15AM   | Vanija Until 6:05AM                   | <b>Nataraja:</b> Purple  |                        |                                   |  | 4th Phase                                |  |
| Routine Work                           | Prabalarishta Yoga |   | <b>Ekadashi</b> Until 6:06PM          | Moon – Clear   |                        |                                   |  | <b>Sivaloka Day</b>                      |  |
| Until 6:37PM                           |                    | <b>Gita Jayanthi</b>  |                                       | Margasira-Karttikai  |                        |                                   |  |  |  |
| Then Creative Work - Siddha Yoga       |                    |   |                                       |  |                        |                                   |  |  |  |
| <b>3</b>                               |                    | <b>Sunday, December 4, 2022</b>   |                                       | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau    |                        |                                   |  | Winnipeg, MB, Canada<br>Sun 25 Sutra 231 |  |
| Mesha Rasi: 6.01                       | Tithi 12           | <b>Gulika</b> 2:24PM – 3:27PM   | <b>Ashvini</b> Until 7:45PM           | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 8:07AM |                                   |  | Subhakit 5124                            |  |
|  |                    | Yama 12:18PM – 1:21PM   | Variyan Until 4:10PM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:30PM  |                                   |  | Moon 11 - Phase 32 - 25                  |  |
|  |                    | 724376575 <b>Rahu</b> 3:27PM – 4:30PM   | Bava Until 6:15AM                     | <b>Nataraja:</b> Purple  |                        |                                   |  | 4th Phase                                |  |
| Creative Work                          | Siddha Yoga        |   | <b>Dvadashi</b> Until 6:30PM          | Moon – White   |                        |                                   |  | <b>Devaloka Day</b>                      |  |
| Until 7:45PM                           |                    |   |                                       | Margasira-Karttikai  |                        |                                   |  |  |  |
| Then Routine Work - Prabalarishta Yoga |                    |   |                                       |  |                        |                                   |  |  |  |
| <b>4</b>                               |                    | <b>Monday, December 5, 2022</b>   |                                       | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        |                                   |  | Winnipeg, MB, Canada<br>Sun 26 Sutra 232 |  |
| Mesha Rasi: 18.44                      | Tithi 13           | <b>Gulika</b> 1:22PM – 2:24PM   | <b>Bharani</b> Until 9:09PM           | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 8:08AM |                                   |  | Subhakit 5124                            |  |
| <b>Family Home Evening</b>             |                    | Yama 11:16AM – 12:19PM  | Parigha* Until 3:37PM                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:30PM  |                                   |  | Moon 11 - Phase 32 - 26                  |  |
| Creative Work                          | Siddha Yoga        | 724376575 <b>Rahu</b> 9:11AM – 10:13AM  | Kaulava Until 6:53AM                  | <b>Nataraja:</b> Purple  |                        |                                   |  | 4th Phase                                |  |
| Until 9:09PM                           |                    |   | <b>Trayodashi</b> Until 7:20PM        | Moon – White   |                        |                                   |  | <b>Devaloka Day</b>                      |  |
| Then Routine Work - Marana Yoga        |                    |   | <i>Pradosha Vrata</i>                 | Margasira-Karttikai  |                        |                                   |  |  |  |
| <b>5</b>                               |                    | <b>Tuesday, December 6, 2022</b>  |                                       | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau  |                        |                                   |  | Winnipeg, MB, Canada<br>Sun 27 Sutra 233 |  |
| Vrishabha Rasi: 1.15                   | Tithi 14           | <b>Gulika</b> 12:19PM – 1:22PM  | <b>Krittika</b> Until 10:47PM         | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 8:09AM |                                   |  | Subhakit 5124                            |  |
|  |                    | Yama 10:14AM – 11:17AM  | Shiva Until 3:23PM                    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:29PM  |                                   |  | Moon 11 - Phase 32 - 27                  |  |
|  |                    | 724376575 <b>Rahu</b> 2:24PM – 3:27PM   | Gara Until 7:56AM                     | <b>Nataraja:</b> Purple  |                        |                                   |  | 4th Phase                                |  |
| Creative Work                          | Siddha Yoga        |   | <b>Chaturdashi*</b> Until 8:35PM      | Moon – White   |                        |                                   |  | <b>Devaloka Day</b>                      |  |
| Until 10:47PM                          |                    | <b>Krittika Deepam</b>  |                                       | Margasira-Karttikai  |                        |                                   |  |  |  |
| Then Creative Work - Amrita Yoga       |                    |   |                                       |  |                        |                                   |  |  |  |
| <b>○</b>                               |                    | <b>Wednesday, December 7, 2022</b>  |                                       | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau        |                        |                                   |  | Winnipeg, MB, Canada<br>Sutra 234        |  |
| Vrishabha Rasi: 14                     | Tithi 15           | <b>Gulika</b> 11:17AM – 12:20PM   | <b>Rohini</b> Until 1:05AM Thu        | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 8:10AM |                                   |  | Subhakit 5124                            |  |
|  |                    | Yama 9:13AM – 10:15AM   | Siddha Until 3:25PM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:29PM  |                                   |  | Moon 11 - Phase 32 - Purnima             |  |
|  |                    | 734376575 <b>Rahu</b> 12:20PM – 1:22PM  | Visti Until 9:22AM                    | <b>Nataraja:</b> Purple  |                        |                                   |  |  |  |
| Creative Work                          | Siddha Yoga        |   | <b>Purnima*</b> Until 10:12PM         | Moon – Yellow  |                        |                                   |  | <b>Sivaloka Day</b>                      |  |
| Until 1:05AM Thu                       |                    |   |                                       | Margasira-Karttikai  |                        |                                   |  |  |  |
| Then Routine Work - Marana Yoga        |                    |   |                                       |  |                        |                                   |  |  |  |
| <b>Thursday, December 8, 2022</b>      |                    | Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau |                                       |  |                        | Winnipeg, MB, Canada<br>Sutra 235 |  |  |  |
| Vrishabha Rasi: 25.49                  | Tithi 16           | <b>Gulika</b> 10:16AM – 11:18AM   | <b>Mrigashira</b> Until 3:32AM Fri    | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 8:11AM |                                   |  | Subhakit 5124                            |  |
|  |                    | Yama 8:11AM – 9:14AM  | Sadhya Until 3:43PM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:29PM  |                                   |  | Moon 11 - Phase 32 - Prathama            |  |
|  |                    | 734376575 <b>Rahu</b> 1:22PM – 2:25PM   | Balava Until 11:10AM                  | <b>Nataraja:</b> Purple  |                        |                                   |  |  |  |
| Routine Work                           | Marana Yoga        |   | <b>Prathama*</b> Until 12:09AM Fri    | Moon – Yellow  |                        |                                   |  | <b>Sivaloka Day</b>                      |  |
| Until 3:32AM Fri                       |                    | <b>Vinayaga Viratam Begins</b>  |                                       | Margasira-Karttikai  |                        |                                   |  |  |  |
| Then Creative Work - Siddha Yoga       |                    |   |                                       |  |                        |                                   |  |  |  |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda





Friday, December 9, 2022

Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Winnipeg, MB, Canada  
Sun 1 Sutra 236

Mithuna Rasi: 7.53 Tithi 17

734476575

**Gulika** 9:14AM – 10:17AM  
**Yama** 2:25PM – 3:27PM  
**Rahu** 11:19AM – 12:21PM

**Ardra Until 6:03AM Sat**  
Subha Until 4:14PM  
Taitila Until 1:15PM

**Ganesha:** Red *Sunrise:* 8:12AM  
**Muruqa:** Clear *Sunset:* 4:29PM

Moon 12 - Phase 33 - 1  
1st Phase

Creative Work Siddha Yoga

**Dvitiya Until 2:22AM Sat**

**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

**Sivaloka Day**

1

Saturday, December 10, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukhtayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Winnipeg, MB, Canada  
Sun 2 Sutra 237

Mithuna Rasi: 19.53 Tithi 18

734476575

**Gulika** 8:13AM – 9:15AM  
**Yama** 1:23PM – 2:25PM  
**Rahu** 10:17AM – 11:19AM

**Ardra Until 6:03AM**  
Sukla Until 4:54PM  
Vanija Until 3:35PM

**Ganesha:** Red *Sunrise:* 8:13AM  
**Muruqa:** Clear *Sunset:* 4:29PM

Moon 12 - Phase 33 - 2  
1st Phase

Creative Work Siddha Yoga

**Tritiya Until 4:47AM Sun**

**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

**Sivaloka Day**

2

Sunday, December 11, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Bava Karana Chaturthyam Titau

Winnipeg, MB, Canada  
Sun 3 Sutra 238

Kataka Rasi: 1.47 Tithi 19

744476575

**Gulika** 2:25PM – 3:27PM  
**Yama** 12:22PM – 1:23PM  
**Rahu** 3:27PM – 4:29PM

**Punarvasu Until 9:06AM**  
Brahma Until 5:42PM  
Bava Until 6:04PM

**Ganesha:** Green *Sunrise:* 8:14AM  
**Muruqa:** Clear *Sunset:* 4:29PM

Moon 12 - Phase 33 - 3  
1st Phase

Creative Work Siddha Yoga

**Chaturthi\* Until 7:19AM Mon**

**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

**Devaloka Day**

3

Monday, December 12, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winnipeg, MB, Canada  
Sun 4 Sutra 239

Kataka Rasi: 13.4 Tithi 19 – 20

745476575

Family Home Evening

**Gulika** 1:24PM – 2:25PM  
**Yama** 11:20AM – 12:22PM  
**Rahu** 9:17AM – 10:19AM

**Pushya Until 12:03PM**  
Indra Until 6:33PM  
Kaulava Until 8:36PM

**Ganesha:** White *Sunrise:* 8:15AM  
**Muruqa:** Clear *Sunset:* 4:29PM

Moon 12 - Phase 33 - 4  
1st Phase

Creative Work Siddha Yoga

**Chaturthi\* Until 7:19AM**

**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

**Devaloka Day**

4

Tuesday, December 13, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Vaidhrili\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winnipeg, MB, Canada  
Sun 5 Sutra 240

Kataka Rasi: 25.32 Tithi 20 – 21

745476575

**Gulika** 12:22PM – 1:24PM  
**Yama** 10:19AM – 11:21AM  
**Rahu** 2:26PM – 3:27PM

**Ashlesha\* Until 2:48PM**  
Vaidhrili\* Until 7:19PM  
Gara Until 11:03PM

**Ganesha:** White *Sunrise:* 8:16AM  
**Muruqa:** Clear *Sunset:* 4:29PM

Moon 12 - Phase 33 - 5  
1st Phase

Creative Work Siddha Yoga

**Panchami Until 9:49AM**

**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

**Devaloka Day**

5

Wednesday, December 14, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\* Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Winnipeg, MB, Canada  
Sun 6 Sutra 241

Simha Rasi: 7.28 Tithi 21 – 22

755476575

**Gulika** 11:22AM – 12:23PM  
**Yama** 9:19AM – 10:20AM  
**Rahu** 12:23PM – 1:24PM

**Magha\* Until 5:42PM**  
Vishkambha\* Until 7:55PM  
Visli Until 1:14AM Thu

**Ganesha:** Clear *Sunrise:* 8:17AM  
**Muruqa:** Clear *Sunset:* 4:29PM

Moon 12 - Phase 33 - 6  
1st Phase

Creative Work Siddha Yoga

**Shashthi\* Until 12:10PM**

**Nataraja:** Purple  
Moon – Red  
Margasira-Karttikai

**Sivaloka Day**

Until 5:42PM  
Then Creative Work - Amrita Yoga

D

Thursday, December 15, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winnipeg, MB, Canada  
Sun 7 Sutra 242

Simha Rasi: 19.31 Tithi 22 – 23

755476575

**Gulika** 10:21AM – 11:22AM  
**Yama** 8:18AM – 9:19AM  
**Rahu** 1:25PM – 2:26PM

**Purvaphalguni Until 8:02PM**  
Priti Until 8:13PM  
Balava Until 2:57AM Fri

**Ganesha:** Clear *Sunrise:* 8:18AM  
**Muruqa:** Clear *Sunset:* 4:29PM

Moon 12 - Phase 33 - 7  
Ashtami

Creative Work Siddha Yoga

Markali Pillaiyar

**Saptami Until 2:08PM**

**Nataraja:** Purple  
Moon – Red  
Margasira-Markali

**Sivaloka Day**

Friday, December 16, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winnipeg, MB, Canada  
Sun 8 Sutra 243

Kanya Rasi: 1.46 Tithi 23 – 24

855476575

**Gulika** 9:20AM – 10:21AM  
**Yama** 2:27PM – 3:28PM  
**Rahu** 11:23AM – 12:24PM

**Uttaraphalguni Until 9:38PM**  
Ayushman Until 8:02PM  
Taitila Until 4:01AM Sat

**Ganesha:** White *Sunrise:* 8:19AM  
**Muruqa:** Clear *Sunset:* 4:29PM

Moon 12 - Phase 33 - 8  
Navami

Creative Work Siddha Yoga

**Ashtami\* Until 3:33PM**

**Nataraja:** Purple  
Moon – Red  
Margasira-Markali

**Devaloka Day**

Until 9:38PM  
Then Creative Work - Amrita Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

nes are standard time. Calculated for Winnipeg, MB, Canada on 5

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|          |                                    |               |  |                                   |                         |                        |   |
|----------|------------------------------------|---------------|--|-----------------------------------|-------------------------|------------------------|---|
| <b>1</b> | <b>Saturday, December 17, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Hasla Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                                   |                         |                        | Winnipeg, MB, Canada<br>Sun 9 Sutra 244 |
|          | Kanya Rasi: 14.19                  | Tithi 24 – 25 | <b>Gulika</b> 8:20AM – 9:21AM  | <b>Hasta</b> <b>Until 10:49PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 8:20AM | Subhakrit 5124                          |
|          |                                    |               | Yama 1:26PM – 2:27PM   | Saubhagya <b>Until 7:17PM</b>     | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:29PM  | Moon 12 - Phase 34 - 9                  |
|          | Routine Work                       | Marana Yoga   | 865476575 <b>Rahu</b> 10:22AM – 11:23AM  | Vanija <b>Until 4:17AM</b> Sun    | <b>Nataraja:</b> Purple |                        | 2nd Phase                               |
|          |                                    |               | <b>Navami*</b> <b>Until 4:14PM</b>   | Moon – Green                      |                         | <b>Sivaloka Day</b>    |   |
|          |                                    |               |  | Margasira*Markali                 |                         |                        |   |

|          |                                  |               |  |                                    |                         |                        |  |
|----------|----------------------------------|---------------|--|------------------------------------|-------------------------|------------------------|--|
| <b>2</b> | <b>Sunday, December 18, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                                    |                         |                        | Winnipeg, MB, Canada<br>Sun 10 Sutra 245 |
|          | Kanya Rasi: 27.14                | Tithi 25 – 26 | <b>Gulika</b> 2:27PM – 3:28PM  | <b>Chitra</b> <b>Until 11:01PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 8:20AM | Subhakrit 5124                           |
|          |                                  |               | Yama 12:25PM – 1:26PM  | Sobhana <b>Until 5:54PM</b>        | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:30PM  | Moon 12 - Phase 34 - 10                  |
|          | Creative Work                    | Siddha Yoga   | 865476575 <b>Rahu</b> 3:28PM – 4:30PM  | Bava <b>Until 3:42AM</b> Mon       | <b>Nataraja:</b> Purple |                        | 2nd Phase                                |
|          |                                  |               | <b>Dashami</b> <b>Until 4:05PM</b>   | Moon – Green                       |                         | <b>Sivaloka Day</b>    |  |
|          |                                  |               |  | Margasira*Markali                  |                         |                        |  |

|          |                                  |               |  |                                   |                         |                        |  |
|----------|----------------------------------|---------------|--|-----------------------------------|-------------------------|------------------------|--|
| <b>3</b> | <b>Monday, December 19, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |                                   |                         |                        | Winnipeg, MB, Canada<br>Sun 11 Sutra 246 |
|          | Tula Rasi: 10.35                 | Tithi 26 – 27 | <b>Gulika</b> 1:27PM – 2:28PM  | <b>Svati</b> <b>Until 10:15PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 8:21AM | Subhakrit 5124                           |
|          | <b>Family Home Evening</b>       |               | Yama 11:24AM – 12:25PM   | Athiganda* <b>Until 3:49PM</b>    | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:30PM  | Moon 12 - Phase 34 - 11                  |
|          | Creative Work                    | Amrita Yoga   | 865476575 <b>Rahu</b> 9:22AM – 10:23AM   | Kaulava <b>Until 2:17AM</b> Tue   | <b>Nataraja:</b> Purple |                        | 2nd Phase                                |
|          |                                  |               | <b>Ekadashi*</b> <b>Until 3:04PM</b>   | Moon – Green                      |                         | <b>Sivaloka Day</b>    |  |
|          |                                  |               |  | Margasira*Markali                 |                         |                        |  |

|          |                                   |               |  |                                     |                         |                        |  |
|----------|-----------------------------------|---------------|--|-------------------------------------|-------------------------|------------------------|--|
| <b>4</b> | <b>Tuesday, December 20, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Dvodashi/Trayodashyam Titau |                                     |                         |                        | Winnipeg, MB, Canada<br>Sun 12 Sutra 247 |
|          | Tula Rasi: 24.25                  | Tithi 27 – 28 | <b>Gulika</b> 12:26PM – 1:27PM   | <b>Vishakha</b> <b>Until 9:01PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 8:22AM | Subhakrit 5124                           |
|          |                                   |               | Yama 10:24AM – 11:25AM   | Sukarma <b>Until 1:07PM</b>         | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:30PM  | Moon 12 - Phase 34 - 12                  |
|          | Routine Work                      | Marana Yoga   | 875476575 <b>Rahu</b> 2:28PM – 3:29PM  | Gara <b>Until 12:06AM</b> Wed       | <b>Nataraja:</b> Purple |                        | 2nd Phase                                |
|          |                                   |               | <b>Dvodashi*</b> <b>Until 1:15PM</b>   | Moon – Orange                       |                         | <b>Devaloka Day</b>    |  |
|          |                                   |               |  | Margasira*Markali                   |                         |                        |  |
|          |                                   |               |  | <i>Pradosha Vrata (Fasting)</i>     |                         |                        |  |

|          |                                     |               |   |                                     |                         |                        |  |
|----------|-------------------------------------|---------------|---|-------------------------------------|-------------------------|------------------------|--|
| <b>5</b> | <b>Wednesday, December 21, 2022</b> |               | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                     |                         |                        | Winnipeg, MB, Canada<br>Sun 13 Sutra 248 |
|          | Vrischika Rasi: 8.44                | Tithi 28 – 29 | <b>Gulika</b> 11:25AM – 12:26PM   | <b>Anuradha</b> <b>Until 7:00PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 8:22AM | Subhakrit 5124                           |
|          |                                     |               | Yama 9:23AM – 10:24AM   | Dhriti <b>Until 9:52AM</b>          | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:31PM  | Moon 12 - Phase 34 - 13                  |
|          | Creative Work                       | Siddha Yoga   | 876476575 <b>Rahu</b> 12:26PM – 1:28PM  | Visti <b>Until 9:18PM</b>           | <b>Nataraja:</b> Purple |                        | 2nd Phase                                |
|          |                                     |               | <b>Day 1 of Pancha Ganapati</b>   | Moon – Orange                       |                         | <b>Sivaloka Day</b>    |  |
|          |                                     |               | <b>Trayodashi*</b> <b>Until 10:45AM</b>   | Margasira*Markali                   |                         |                        |  |

|   |                                    |               |   |                                      |                         |                        |  |
|---|------------------------------------|---------------|---|--------------------------------------|-------------------------|------------------------|--|
|  | <b>Thursday, December 22, 2022</b> |               | Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                      |                         |                        | Winnipeg, MB, Canada<br>Sun 14 Sutra 249 |
|   | <b>Retreat Star</b>                |               | <b>Gulika</b> 10:25AM – 11:26AM   | <b>Jyeshtha*</b> <b>Until 4:22PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 8:23AM | Subhakrit 5124                           |
|   | Vrischika Rasi: 23.27              | Tithi 29 – 30 | Yama 8:23AM – 9:24AM  | Shula* <b>Until 6:09AM</b>           | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:31PM  | Moon 12 - Phase 34 - 14                  |
|   |                                    |               | 876476575 <b>Rahu</b> 1:28PM – 2:29PM   | Catuspada <b>Until 6:02PM</b>        | <b>Nataraja:</b> Purple |                        | Amavasya                                 |
|   |                                    |               | <b>Day 2 of Pancha Ganapati</b>   | Moon – Orange                        |                         | <b>Sivaloka Day</b>    |  |
|   |                                    |               | <b>Chaturdashi*</b> <b>Until 7:42AM</b>   | Margasira*Markali                    |                         |                        |  |

|  |                                  |         |  |                                  |                         |                        |  |
|--|----------------------------------|---------|--|----------------------------------|-------------------------|------------------------|--|
|  | <b>Friday, December 23, 2022</b> |         | Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau |                                  |                         |                        | Winnipeg, MB, Canada<br>Sun 15 Sutra 250 |
|  | <b>Retreat Star</b>              |         | <b>Gulika</b> 9:24AM – 10:25AM   | <b>Mula*</b> <b>Until 1:42PM</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 8:23AM | Subhakrit 5124                           |
|  | Dhanus Rasi: 8.28                | Tithi 1 | Yama 2:30PM – 3:31PM   | Vriddhi <b>Until 9:56PM</b>      | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 4:32PM  | Moon 12 - Phase 34 - 15                  |
|  |                                  |         | 886476575 <b>Rahu</b> 11:26AM – 12:27PM  | Kintughna <b>Until 2:29PM</b>    | <b>Nataraja:</b> Purple |                        | Prathama                                 |
|  |                                  |         | <b>Day 3 of Pancha Ganapati</b>  | Moon – Light Blue                |                         | <b>Sivaloka Day</b>    |  |
|  |                                  |         | <b>Prathama*</b> <b>Until 12:38AM</b> Sat  | Pausha*Markali                   |                         |                        |  |
|  |                                  |         |  |                                  |                         |                        |  |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

mes are standard time. Calculated for Winnipeg, MB, Canada on 5

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|   |             |                                     |   |   |  |  |                                      |
|---|-------------|-------------------------------------|---|---|--|--|--------------------------------------|
| <b>1</b>  |             | <b>Saturday, December 24, 2022</b>  |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau         |  | Winnipeg, MB, Canada<br>Sun 16 Sutra 251<br>Subhakrit 5124 |                                      |
| Dhanus Rasi: 23.38  | Tithi 2     | 886486575                           | <b>Gulika</b> 8:23AM – 9:25AM<br><b>Yama</b> 1:29PM – 2:30PM<br><b>Rahu</b> 10:26AM – 11:27AM   | <b>Purvashadha* Until 10:46AM</b><br>Dhruva Until 5:40PM<br>Balava Until 10:49AM<br><b>Dvitiya Until 8:58PM</b>   | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br><b>Pausha-Markali</b> | <b>Sunrise:</b> 8:23AM<br><b>Sunset:</b> 4:33PM            | Moon 12 - Phase 35 - 16<br>3rd Phase |
| Creative Work Siddha Yoga<br>Until 10:46AM<br>Then Routine Work - Marana Yoga                           |             | <b>Day 4 of Pancha Ganapati</b>     |   |   |  | <b>Subha Sivaloka Day</b>                                  |                                      |
| <b>2</b>  |             | <b>Sunday, December 25, 2022</b>    |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Vanija Karana Triliya/Chaturthyam Titau |  | Winnipeg, MB, Canada<br>Sun 17 Sutra 252<br>Subhakrit 5124 |                                      |
| Makara Rasi: 8.48   | Tithi 3 – 4 | 886486575                           | <b>Gulika</b> 2:31PM – 3:32PM<br><b>Yama</b> 12:29PM – 1:30PM<br><b>Rahu</b> 3:32PM – 4:33PM    | <b>Uttarashadha Until 7:46AM</b><br>Vyaghata* Until 1:30PM<br>Taitila Until 7:11AM<br><b>Tritiya Until 5:26PM</b>   | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Light Blue<br><b>Pausha-Markali</b> | <b>Sunrise:</b> 8:24AM<br><b>Sunset:</b> 4:33PM            | Moon 12 - Phase 35 - 17<br>3rd Phase |
| Creative Work Amrita Yoga   |             | <b>Day 5 of Pancha Ganapati</b>     |   |   |  | <b>Subha Sivaloka Day</b>                                  |                                      |
| <b>3</b>  |             | <b>Monday, December 26, 2022</b>    |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                   |  | Winnipeg, MB, Canada<br>Sun 18 Sutra 253<br>Subhakrit 5124 |                                      |
| Makara Rasi: 23.47  | Tithi 4 – 5 | 896486576                           | <b>Gulika</b> 1:30PM – 2:31PM<br><b>Yama</b> 11:28AM – 12:29PM<br><b>Rahu</b> 9:25AM – 10:27AM  | <b>Dhanishtha Until 3:00AM Tue</b><br>Harshana Until 9:35AM<br>Bava Until 12:47AM Tue<br><b>Chaturthi* Until 2:13PM</b>   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Pausha-Markali</b>       | <b>Sunrise:</b> 8:24AM<br><b>Sunset:</b> 4:34PM            | Moon 12 - Phase 35 - 18<br>3rd Phase |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 3:00AM Tue<br>Then Routine Work - Marana Yoga |             |                                     |   |   |  | <b>Sivaloka Day</b>  |                                      |
| <b>4</b>  |             | <b>Tuesday, December 27, 2022</b>   |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau                     |  | Winnipeg, MB, Canada<br>Sun 19 Sutra 254<br>Subhakrit 5124 |                                      |
| Kumbha Rasi: 8.28   | Tithi 5 – 6 | 896486576                           | <b>Gulika</b> 12:30PM – 1:31PM<br><b>Yama</b> 10:27AM – 11:28AM<br><b>Rahu</b> 2:32PM – 3:33PM  | <b>Shatabhishak Until 1:08AM Wed</b><br>Siddhi Until 2:50AM Wed<br>Kaulava Until 10:18PM<br><b>Panchami Until 11:27AM</b>   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Purple<br><b>Pausha-Markali</b>       | <b>Sunrise:</b> 8:24AM<br><b>Sunset:</b> 4:35PM            | Moon 12 - Phase 35 - 19<br>3rd Phase |
| Routine Work Marana Yoga<br>Until 1:08AM Wed<br>Then Creative Work - Amrita Yoga                        |             |                                     |   |   |  | <b>Sivaloka Day</b>  |                                      |
| <b>5</b>  |             | <b>Wednesday, December 28, 2022</b> |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                 |  | Winnipeg, MB, Canada<br>Sun 20 Sutra 255<br>Subhakrit 5124 |                                      |
| Kumbha Rasi: 22.46  | Tithi 6 – 7 | 817486576                           | <b>Gulika</b> 11:29AM – 12:30PM<br><b>Yama</b> 9:26AM – 10:27AM<br><b>Rahu</b> 12:30PM – 1:31PM | <b>Purvaproshtapada* Until 12:12AM Thu</b><br>Vyatipata* Until 12:14AM Thu<br>Gara Until 8:27PM<br><b>Shashthi* Until 9:16AM</b>  | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Clear<br><b>Pausha-Markali</b>         | <b>Sunrise:</b> 8:25AM<br><b>Sunset:</b> 4:35PM            | Moon 12 - Phase 35 - 20<br>3rd Phase |
| Creative Work Amrita Yoga<br>Until 12:12AM Thu<br>Then Creative Work - Siddha Yoga                      |             | <b>Vinayaga Viratam Ends</b>        |   |   |  | <b>Devaloka Day</b>  |                                      |
| <b>Retreat Star</b>   |             | <b>Thursday, December 29, 2022</b>  |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau                     |  | Winnipeg, MB, Canada<br>Sun 21 Sutra 256<br>Subhakrit 5124 |                                      |
| Meena Rasi: 6.38  | Tithi 7 – 8 | 817486576                           | <b>Gulika</b> 10:28AM – 11:29AM<br><b>Yama</b> 8:25AM – 9:26AM<br><b>Rahu</b> 1:32PM – 2:33PM   | <b>Uttaraproshtapada Until 11:51PM</b><br>Variyan Until 10:11PM<br>Visti Until 7:20PM<br><b>Saptami Until 7:47AM</b>  | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Clear<br><b>Pausha-Markali</b>         | <b>Sunrise:</b> 8:25AM<br><b>Sunset:</b> 4:36PM            | Moon 12 - Phase 35 - 21<br>Ashtami   |
| Creative Work Siddha Yoga   |             |                                     |   |   |  | <b>Devaloka Day</b>  |                                      |
| <b>Retreat Star</b>   |             | <b>Friday, December 30, 2022</b>    |   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau                                 |  | Winnipeg, MB, Canada<br>Sun 22 Sutra 257<br>Subhakrit 5124 |                                      |
| Meena Rasi: 20.04   | Tithi 8 – 9 | 817486576                           | <b>Gulika</b> 9:26AM – 10:28AM<br><b>Yama</b> 2:34PM – 3:36PM<br><b>Rahu</b> 11:29AM – 12:31PM  | <b>Revati Until 12:04AM Sat</b><br>Parigha* Until 8:44PM<br>Balava Until 6:57PM<br><b>Ashtami* Until 7:02AM</b>   | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Clear<br><b>Pausha-Markali</b>         | <b>Sunrise:</b> 8:25AM<br><b>Sunset:</b> 4:37PM            | Moon 12 - Phase 35 - 22<br>Navami    |
| Creative Work Siddha Yoga   |             |                                     |   |   |  | <b>Devaloka Day</b>  |                                      |

|                                 |               |                                    |  |  |   |   |  |
|---------------------------------|---------------|------------------------------------|--|--|---|---|--|
| <b>1</b>                        |               | <b>Saturday, December 31, 2022</b> |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam<br>Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau               |   | Winnipeg, MB, Canada<br>Sun 23 Sutra 258<br>Subhakrit 5124  |  |
| Mesha Rasi: 3.06                | Tithi 9 – 10  | 827486576                          | <b>Gulika</b> 8:25AM – 9:27AM<br>Yama 1:33PM – 2:35PM<br><b>Rahu</b> 10:28AM – 11:30AM   | <b>Ashvini Until 1:16AM Sun</b><br>Shiva Until 7:51PM<br>Taitila Until 7:17PM<br><b>Navami* Until 7:01AM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:25AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 4:38PM<br><b>Nataraja:</b> Clear<br>Moon – White<br>Pausha-Markali  | Moon 12 - Phase 36 - 23<br>4th Phase<br><b>Sivaloka Day</b> |  |
| Creative Work Siddha Yoga       |               | Until 1:16AM Sun                   |  | Then Routine Work - Prabalarishta Yoga   |   |   |  |
| <b>2</b>                        |               | <b>Sunday, January 1, 2023</b>     |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau                 |   | Winnipeg, MB, Canada<br>Sun 24 Sutra 259<br>Subhakrit 5124  |  |
| Mesha Rasi: 15.49               | Tithi 10 – 11 | 827486576                          | <b>Gulika</b> 2:36PM – 3:37PM<br>Yama 12:32PM – 1:34PM<br><b>Rahu</b> 3:37PM – 4:39PM    | <b>Bharani Until 2:53AM Mon</b><br>Siddha Until 7:24PM<br>Vanija Until 8:16PM<br><b>Dashami Until 7:41AM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:25AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 4:39PM<br><b>Nataraja:</b> Clear<br>Moon – White<br>Pausha-Markali  | Moon 12 - Phase 36 - 24<br>4th Phase<br><b>Sivaloka Day</b> |  |
| Routine Work Prabalarishta Yoga |               | Until 2:53AM Mon                   |  | Then Routine Work - Marana Yoga  |   |   |  |
| <b>3</b>                        |               | <b>Monday, January 2, 2023</b>     |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau                 |   | Winnipeg, MB, Canada<br>Sun 25 Sutra 260<br>Subhakrit 5124  |  |
| Mesha Rasi: 28.16               | Tithi 11 – 12 | 827486576                          | <b>Gulika</b> 1:34PM – 2:36PM<br>Yama 11:31AM – 12:32PM<br><b>Rahu</b> 9:27AM – 10:29AM  | <b>Krittika Until 4:47AM Tue</b><br>Sadhya Until 7:22PM<br>Bava Until 9:44PM<br><b>Ekadashi Until 8:55AM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:25AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 4:40PM<br><b>Nataraja:</b> Clear<br>Moon – White<br>Pausha-Markali  | Moon 12 - Phase 36 - 25<br>4th Phase<br><b>Sivaloka Day</b> |  |
| Family Home Evening             |               | Until 4:47AM Tue                   |  | Then Creative Work - Amrita Yoga   |   |   |  |
| <b>4</b>                        |               | <b>Tuesday, January 3, 2023</b>    |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau           |   | Winnipeg, MB, Canada<br>Sun 26 Sutra 261<br>Subhakrit 5124  |  |
| Vrishabha Rasi: 10.31           | Tithi 12 – 13 | 837586576                          | <b>Gulika</b> 12:33PM – 1:35PM<br>Yama 10:29AM – 11:31AM<br><b>Rahu</b> 2:37PM – 3:39PM  | <b>Rohini Until 7:21AM Wed</b><br>Subha Until 7:38PM<br>Kaulava Until 11:35PM<br><b>Dvadashi Until 10:36AM</b>   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:25AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 4:41PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Pausha-Markali | Moon 12 - Phase 36 - 26<br>4th Phase<br><b>Sivaloka Day</b> |  |
| Creative Work Amrita Yoga       |               | Until 7:21AM Wed                   |  | Then Creative Work - Siddha Yoga   |   |   |  |
| <b>5</b>                        |               | <b>Wednesday, January 4, 2023</b>  |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |   | Winnipeg, MB, Canada<br>Sun 27 Sutra 262<br>Subhakrit 5124  |  |
| Vrishabha Rasi: 22.38           | Tithi 13 – 14 | 838586576                          | <b>Gulika</b> 11:31AM – 12:33PM<br>Yama 9:27AM – 10:29AM<br><b>Rahu</b> 12:33PM – 1:36PM | <b>Rohini Until 7:21AM</b><br>Sukla Until 8:05PM<br>Gara Until 1:43AM Thu<br><b>Trayodashi Until 12:36PM</b>   | <b>Ganesha:</b> White <i>Sunrise:</i> 8:25AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 4:42PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Pausha-Markali  | Moon 12 - Phase 36 - 27<br>4th Phase<br><b>Devaloka Day</b> |  |
| Creative Work Siddha Yoga       |               |                                    |  |  |   |   |  |
| <b>○</b>                        |               | <b>Thursday, January 5, 2023</b>   |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau   |   | Winnipeg, MB, Canada<br>Sun 28 Sutra 263<br>Subhakrit 5124  |  |
| Mithuna Rasi: 4.4               | Tithi 14 – 15 | 838586576                          | <b>Gulika</b> 10:29AM – 11:32AM<br>Yama 8:24AM – 9:27AM<br><b>Rahu</b> 1:36PM – 2:39PM   | <b>Mrigashira Until 9:59AM</b><br>Brahma Until 8:42PM<br>Visti Until 4:01AM Fri<br><b>Chaturdashi* Until 2:50PM</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 8:24AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 4:43PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Pausha-Markali  | Moon 12 - Phase 36 -<br>Purnima<br><b>Devaloka Day</b>      |  |
| Routine Work Marana Yoga        |               | Subramuniyaswami Jayanti           |  |  |   |   |  |
| <b>Friday, January 6, 2023</b>  |               | <b>Silver Retreat Star</b>         |  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau       |   | Winnipeg, MB, Canada<br>Sun 29 Sutra 264<br>Subhakrit 5124  |  |
| Mithuna Rasi: 16.37             | Tithi 15 – 16 | 838586576                          | <b>Gulika</b> 9:27AM – 10:29AM<br>Yama 2:39PM – 3:42PM<br><b>Rahu</b> 11:32AM – 12:34PM  | <b>Ardra Until 12:36PM</b><br>Indra Until 9:25PM<br>Balava Until 6:26AM Sat<br><b>Purnima* Until 5:12PM</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 8:24AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 4:45PM<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br>Pausha-Markali  | Moon 12 - Phase 36 -<br>Prathama<br><b>Devaloka Day</b>     |  |
| Creative Work Siddha Yoga       |               | Ardra Darshanam                    |  |  |   |   |  |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Saturday, January 7, 2023

Gold Retreat Star

Mithuna Rasi: 28.32 Tithi 16

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Prathamayam Titau

**Gulika** 8:24AM – 9:27AM  
**Yama** 1:38PM – 2:40PM  
**Rahu** 10:29AM – 11:32AM

**Punarvasu** Until 3:38PM  
Vaidhriti\* Until 10:10PM  
Balava Until 6:26AM  
Prathama\* Until 7:39PM

**Ganesha:** Clear *Sunrise: 8:24AM*  
**Muruqa:** Purple *Sunset: 4:46PM*  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

Winnipeg, MB, Canada  
Sun 1 Sutra 265  
Subhakrit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

Sivaloka Day

1

Sunday, January 8, 2023

Kataka Rasi: 10.26 Tithi 17

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:41PM – 3:44PM  
**Yama** 12:35PM – 1:38PM  
**Rahu** 3:44PM – 4:47PM

**Pushya** Until 6:33PM  
Vishkambha\* Until 10:57PM  
Taitila Until 8:55AM  
Dvitiya Until 10:09PM

**Ganesha:** Clear *Sunrise: 8:23AM*  
**Muruqa:** Purple *Sunset: 4:47PM*  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

Winnipeg, MB, Canada  
Sun 2 Sutra 266  
Subhakrit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

Sivaloka Day

2

Monday, January 9, 2023

Kataka Rasi: 22.2 Tithi 18

848586576

Creative Work Siddha Yoga

Until 9:17PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 1:39PM – 2:42PM  
**Yama** 11:32AM – 12:36PM  
**Rahu** 9:26AM – 10:29AM

**Ashlesha\*** Until 9:17PM  
Priti Until 11:45PM  
Vanija Until 11:25AM  
Tritiya Until 12:37AM Tue

**Ganesha:** Clear *Sunrise: 8:23AM*  
**Muruqa:** Purple *Sunset: 4:48PM*  
**Nataraja:** Clear  
Moon – Blue  
Pausha-Markali

Winnipeg, MB, Canada  
Sun 3 Sutra 267  
Subhakrit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

Sivaloka Day

3

Tuesday, January 10, 2023

Simha Rasi: 4.14 Tithi 19

859586576

Creative Work Siddha Yoga

Until 12:16AM Wed

Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 12:36PM – 1:39PM  
**Yama** 10:29AM – 11:33AM  
**Rahu** 2:43PM – 3:46PM

**Magha\*** Until 12:16AM Wed  
Ayushman Until 12:26AM Wed  
Bava Until 1:51PM  
Chaturthi\* Until 2:59AM Wed

**Ganesha:** Clear *Sunrise: 8:23AM*  
**Muruqa:** Purple *Sunset: 4:50PM*  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

Winnipeg, MB, Canada  
Sun 4 Sutra 268  
Subhakrit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

Sivaloka Day

4

Wednesday, January 11, 2023

Simha Rasi: 16.11 Tithi 20

859586576

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:33AM – 12:36PM  
**Yama** 9:26AM – 10:29AM  
**Rahu** 12:36PM – 1:40PM

**Purvaphalguni** Until 2:51AM Thu  
Saubhagya Until 12:58AM Thu  
Kaulava Until 4:07PM  
Panchami Until 5:07AM Thu

**Ganesha:** Clear *Sunrise: 8:22AM*  
**Muruqa:** Purple *Sunset: 4:51PM*  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

Winnipeg, MB, Canada  
Sun 5 Sutra 269  
Subhakrit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

Sivaloka Day

5

Thursday, January 12, 2023

Simha Rasi: 28.14 Tithi 21

859586576

Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Gara Karana Shashthyam Titau

**Gulika** 10:29AM – 11:33AM  
**Yama** 8:21AM – 9:25AM  
**Rahu** 1:41PM – 2:45PM

**Uttaraphalguni** Until 4:55AM Fri  
Sobhana Until 1:13AM Fri  
Gara Until 6:03PM  
Shashthi\* Until 6:50AM Fri

**Ganesha:** Clear *Sunrise: 8:21AM*  
**Muruqa:** Purple *Sunset: 4:52PM*  
**Nataraja:** Clear  
Moon – Red  
Pausha-Markali

Winnipeg, MB, Canada  
Sun 6 Sutra 270  
Subhakrit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

Sivaloka Day

6

Friday, January 13, 2023

Kanya Rasi: 10.28 Tithi 21 – 22

869586576

Creative Work Amrita Yoga

Until 6:46AM Sat

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:25AM – 10:29AM  
**Yama** 2:45PM – 3:50PM  
**Rahu** 11:33AM – 12:37PM

**Hasta** Until 6:46AM Sat  
Athiganda\* Until 1:03AM Sat  
Visti Until 7:30PM  
Shashthi\* Until 6:50AM

**Ganesha:** White *Sunrise: 8:21AM*  
**Muruqa:** Purple *Sunset: 4:54PM*  
**Nataraja:** Clear  
Moon – Green  
Pausha-Markali

Winnipeg, MB, Canada  
Sun 7 Sutra 271  
Subhakrit 5124  
Moon 1 - Phase 37 - 7  
1st Phase

Subha Sivaloka Day

Retreat Star

Saturday, January 14, 2023

Kanya Rasi: 22.55 Tithi 22 – 23

869586576

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:20AM – 9:25AM  
**Yama** 1:42PM – 2:46PM  
**Rahu** 10:29AM – 11:33AM

**Hasta** Until 6:46AM  
Sukarma Until 12:21AM Sun  
Balava Until 8:17PM  
Saptami Until 7:58AM

**Ganesha:** White *Sunrise: 8:20AM*  
**Muruqa:** Purple *Sunset: 4:55PM*  
**Nataraja:** Clear  
Moon – Green  
Pausha-Thai

Winnipeg, MB, Canada  
Sun 8 Sutra 272  
Subhakrit 5124  
Moon 1 - Phase 37 - 8  
Ashtami

Subha Sivaloka Day

Retreat Star

Sunday, January 15, 2023

Tula Rasi: 5.43 Tithi 23 – 24

869586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:47PM – 3:52PM  
**Yama** 12:38PM – 1:43PM  
**Rahu** 3:52PM – 4:57PM

**Chitra** Until 7:45AM  
Dhriti Until 11:03PM  
Taitila Until 8:15PM  
Ashtami\* Until 8:21AM

**Ganesha:** White *Sunrise: 8:20AM*  
**Muruqa:** Purple *Sunset: 4:57PM*  
**Nataraja:** Clear  
Moon – Green  
Pausha-Thai

Winnipeg, MB, Canada  
Sun 9 Sutra 273  
Subhakrit 5124  
Moon 1 - Phase 37 - 9  
Navami

Subha Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

mes are standard time. Calculated for Winnipeg, MB, Canada on 5

www.gurudeva.org/panchang


|                                 |               |   |                   |                             |                           |
|---------------------------------|---------------|---|-------------------|-----------------------------|---------------------------|
| <b>Monday, January 16, 2023</b> |               | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam |                   | Winnipeg, MB, Canada        |                           |
| <b>1</b>                        |               | Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau                  |                   | Sun 10                      | Sutra 274                 |
| Tula Rasi: 18.55                | Tithi 24 – 25 | <b>Gulika</b>   | 1:43PM – 2:48PM   | <b>Svati</b> Until 7:46AM   | Subhakit 5124             |
| <b>Family Home Evening</b>      | 869586576     | <b>Yama</b>   | 11:33AM – 12:38PM | <b>Shula*</b> Until 9:03PM  | Moon 1 - Phase 38 - 10    |
| Creative Work                   | Amrita Yoga   | <b>Rahu</b>   | 9:24AM – 10:29AM  | <b>Vanija</b> Until 7:23PM  | 2nd Phase                 |
| Until 7:46AM                    |               |   |                   | <b>Navami*</b> Until 7:54AM | <b>Subha Sivaloka Day</b> |
| Then Routine Work - Marana Yoga |               |   |                   |                             |                           |

|                                  |               |  |                   |                                |                        |
|----------------------------------|---------------|--|-------------------|--------------------------------|------------------------|
| <b>Tuesday, January 17, 2023</b> |               | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam |                   | Winnipeg, MB, Canada           |                        |
| <b>2</b>                         |               | Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau              |                   | Sun 11                         | Sutra 275              |
| Vrischika Rasi: 3                | Tithi 25 – 26 | <b>Gulika</b>  | 12:39PM – 1:44PM  | <b>Vishakha</b> Until 7:15AM   | Subhakit 5124          |
|                                  | 879586576     | <b>Yama</b>  | 10:28AM – 11:34AM | <b>Ganda*</b> Until 6:24PM     | Moon 1 - Phase 38 - 11 |
| Routine Work                     | Marana Yoga   | <b>Rahu</b>  | 2:49PM – 3:54PM   | <b>Balava</b> Until 4:30AM Wed | 2nd Phase              |
| Until 7:15AM                     |               |  |                   | <b>Dashami</b> Until 6:36AM    | <b>Sivaloka Day</b>    |
| Then Creative Work - Siddha Yoga |               |  |                   |                                |                        |

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| <b>Wednesday, January 18, 2023</b> |             | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam |                   | Winnipeg, MB, Canada              |                        |
| <b>3</b>                           |             | Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau                  |                   | Sun 12                            | Sutra 276              |
| Vrischika Rasi: 16.46              | Tithi 27    | <b>Gulika</b>  | 11:34AM – 12:39PM | <b>Jyeshtha*</b> Until 3:33AM Thu | Subhakit 5124          |
|                                    | 871586576   | <b>Yama</b>  | 9:23AM – 10:28AM  | <b>Vriddhi</b> Until 3:11PM       | Moon 1 - Phase 38 - 12 |
| Creative Work                      | Siddha Yoga | <b>Rahu</b>  | 12:39PM – 1:45PM  | <b>Kaulava</b> Until 3:13PM       | 2nd Phase              |
|                                    |             |  |                   | <b>Dvadashi*</b> Until 1:44AM Thu | <b>Sivaloka Day</b>    |
|                                    |             |  |                   |                                   |                        |

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| <b>Thursday, January 19, 2023</b>      |             | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam |                   | Winnipeg, MB, Canada             |                        |
| <b>4</b>                               |             | Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau                     |                   | Sun 13                           | Sutra 277              |
| Dhanus Rasi: 1.25                      | Tithi 28    | <b>Gulika</b>   | 10:28AM – 11:34AM | <b>Mula*</b> Until 1:04AM Fri    | Subhakit 5124          |
|  | 881586576   | <b>Yama</b>   | 8:16AM – 9:22AM   | <b>Dhruva</b> Until 11:26AM      | Moon 1 - Phase 38 - 13 |
| Creative Work                          | Siddha Yoga | <b>Rahu</b>   | 1:45PM – 2:51PM   | <b>Gara</b> Until 12:09PM        | 2nd Phase              |
| Until 1:04AM Fri                       |             |   |                   | <b>Trayodashi*</b> Until 10:25PM | <b>Sivaloka Day</b>    |
| Then Routine Work - Prabalarishta Yoga |             |   |                   | <i>Pradosha Vrata (Fasting)</i>  |                        |

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| <b>Friday, January 20, 2023</b> |                    | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam |                   | Winnipeg, MB, Canada              |                        |
| <b>5</b>                        |                    | Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau         |                   | Sun 14                            | Sutra 278              |
| Dhanus Rasi: 16.26              | Tithi 29           | <b>Gulika</b>  | 9:21AM – 10:28AM  | <b>Purvashadha*</b> Until 10:06PM | Subhakit 5124          |
|                                 | 881586576          | <b>Yama</b>  | 2:52PM – 3:58PM   | <b>Vyaghata*</b> Until 7:20AM     | Moon 1 - Phase 38 - 14 |
| Routine Work                    | Prabalarishta Yoga | <b>Rahu</b>  | 11:34AM – 12:40PM | <b>Visti</b> Until 8:38AM         | 2nd Phase              |
| Until 10:06PM                   |                    |  |                   | <b>Chaturdashi*</b> Until 6:44PM  | <b>Sivaloka Day</b>    |
| Then Routine Work - Marana Yoga |                    |  |                   |                                   |                        |

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| <b>Saturday, January 21, 2023</b>   |                     | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam |                   | Winnipeg, MB, Canada               |                        |
|  | <b>Retreat Star</b> | Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau           |                   | Sun 15                             | Sutra 279              |
| Makara Rasi: 1.42   | Tithi 30 – 1        | <b>Gulika</b>   | 8:14AM – 9:21AM   | <b>Uttarashadha</b> Until 6:51PM   | Subhakit 5124          |
|   | 881586576           | <b>Yama</b>   | 1:46PM – 2:53PM   | <b>Vajra*</b> Until 10:34PM        | Moon 1 - Phase 38 - 15 |
| Routine Work  | Marana Yoga         | <b>Rahu</b>   | 10:27AM – 11:34AM | <b>Kintughna</b> Until 12:57AM Sun | Amavasya               |
| Until 6:51PM  |                     |   |                   | <b>Amavasya*</b> Until 2:53PM      | <b>Sivaloka Day</b>    |
| Then Creative Work - Siddha Yoga  |                     |   |                   |                                    |                        |

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| <b>Sunday, January 22, 2023</b> |             | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam |                  | Winnipeg, MB, Canada           |                        |
| <b>Retreat Star</b>             |             | Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau         |                  | Sun 16                         | Sutra 280              |
| Makara Rasi: 17.02              | Tithi 1 – 2 | <b>Gulika</b>  | 2:54PM – 4:00PM  | <b>Shravana</b> Until 3:53PM   | Subhakit 5124          |
|                                 | 891586576   | <b>Yama</b>  | 12:40PM – 1:47PM | <b>Siddhi</b> Until 6:11PM     | Moon 1 - Phase 38 - 16 |
| Creative Work                   | Amrita Yoga | <b>Rahu</b>  | 4:00PM – 5:07PM  | <b>Balava</b> Until 9:09PM     | Prathama               |
| Until 3:53PM                    |             |  |                  | <b>Prathama*</b> Until 11:01AM | <b>Sivaloka Day</b>    |
| Then Routine Work - Marana Yoga |             |  |                  |                                |                        |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

|          |                                 |             |  |                         |                 |                     |  |
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| <b>1</b> | <b>Monday, January 23, 2023</b> |             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Vyatipata/Variyan Yoga Kaulava/Gara Karana Dvitiya/Trilyayam Titau |                         |                 |                     | Winnipeg, MB, Canada<br>Sun 17 Sutra 281 |
|          | Kumbha Rasi: 2.15               | Tithi 2 - 3 | Gulika 1:48PM - 2:55PM   | Dhanishtha Until 1:00PM | Ganesha: Yellow | Sunrise: 8:12AM     | Subhakrit 5124                           |
|          | Family Home Evening             | 891586576   | Yama 11:33AM - 12:41PM   | Vyatipata* Until 2:01PM | Muruqa: Purple  | Sunset: 5:09PM      | Moon 1 - Phase 39 - 17                   |
|          | Creative Work Siddha Yoga       |             | Rahu 9:19AM - 10:26AM  | Gara Until 3:59AM Tue   | Nataraja: Clear |                     | 3rd Phase                                |
|          |                                 |             | <b>Dvitiya Until 7:19AM</b>  | <b>Magha*Thai</b>       |                 | <b>Sivaloka Day</b> |  |

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| <b>2</b> | <b>Tuesday, January 24, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturtham Titau |                            |                 |                     | Winnipeg, MB, Canada<br>Sun 18 Sutra 282 |
|          | Kumbha Rasi: 17.13               | Tithi 4   | Gulika 12:41PM - 1:48PM   | Shatabhishak Until 10:24AM | Ganesha: Red    | Sunrise: 8:11AM     | Subhakrit 5124                           |
|          | Routine Work Marana Yoga         | 991586576 | Yama 10:26AM - 11:33AM  | Variyan Until 10:09AM      | Muruqa: Purple  | Sunset: 5:10PM      | Moon 1 - Phase 39 - 18                   |
|          |                                  |           | Rahu 2:56PM - 4:03PM  | Vanija Until 2:31PM        | Nataraja: Clear |                     | 3rd Phase                                |
|          |                                  |           | <b>Chaturthi* Until 1:09AM Wed</b>  | <b>Magha*Thai</b>          |                 | <b>Sivaloka Day</b> |  |

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| <b>3</b> | <b>Wednesday, January 25, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau |                                |                 |                           | Winnipeg, MB, Canada<br>Sun 19 Sutra 283 |
|          | Meena Rasi: 1.45                   | Tithi 5   | Gulika 11:33AM - 12:41PM   | Purvaproshtapada* Until 8:38AM | Ganesha: Blue   | Sunrise: 8:10AM           | Subhakrit 5124                           |
|          | Creative Work Amrita Yoga          | 911586576 | Yama 9:18AM - 10:26AM  | Parigha* Until 6:46AM          | Muruqa: Purple  | Sunset: 5:12PM            | Moon 1 - Phase 39 - 19                   |
|          | Until 8:38AM                       |           | Rahu 12:41PM - 1:49PM  | Bava Until 12:01PM             | Nataraja: Clear |                           | 3rd Phase                                |
|          |                                    |           | <b>Panchami Until 11:01PM</b>  | <b>Magha*Thai</b>              |                 | <b>Subha Sivaloka Day</b> |  |

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| <b>4</b> | <b>Thursday, January 26, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau |                                |                 |                           | Winnipeg, MB, Canada<br>Sun 20 Sutra 284 |
|          | Meena Rasi: 15.49                 | Tithi 6   | Gulika 10:25AM - 11:33AM  | Uttaraproshtapada Until 7:26AM | Ganesha: Blue   | Sunrise: 8:09AM           | Subhakrit 5124                           |
|          | Creative Work Siddha Yoga         | 911586576 | Yama 8:09AM - 9:17AM  | Siddha Until 1:48AM Fri        | Muruqa: Purple  | Sunset: 5:14PM            | Moon 1 - Phase 39 - 20                   |
|          |                                   |           | Rahu 1:49PM - 2:57PM  | Kaulava Until 10:15AM          | Nataraja: Clear |                           | 3rd Phase                                |
|          |                                   |           | <b>Shashthi* Until 9:40PM</b>   | <b>Magha*Thai</b>              |                 | <b>Subha Sivaloka Day</b> |  |

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| <b>5</b> | <b>Friday, January 27, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau |                          |                 |                           | Winnipeg, MB, Canada<br>Sun 21 Sutra 285 |
|          | Meena Rasi: 29.24               | Tithi 7   | Gulika 9:16AM - 10:25AM  | Revati Until 6:55AM      | Ganesha: Blue   | Sunrise: 8:08AM           | Subhakrit 5124                           |
|          | Creative Work Siddha Yoga       | 911586576 | Yama 2:58PM - 4:07PM   | Sadhya Until 12:20AM Sat | Muruqa: Purple  | Sunset: 5:15PM            | Moon 1 - Phase 39 - 21                   |
|          | Until 6:55AM                    |           | Rahu 11:33AM - 12:41PM   | Gara Until 9:20AM        | Nataraja: Clear |                           | 3rd Phase                                |
|          |                                 |           | <b>Saptami Until 9:11PM</b>  | <b>Magha*Thai</b>        |                 | <b>Subha Sivaloka Day</b> |  |

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| <b>6</b> | <b>Saturday, January 28, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Subha Yoga Visti*/Bava Karana Ashtamyam Titau |                      |                 |                     | Winnipeg, MB, Canada<br>Sun 22 Sutra 286 |
|          | <b>Retreat Star</b>               |           | Gulika 8:06AM - 9:15AM  | Ashvini Until 7:32AM | Ganesha: White  | Sunrise: 8:06AM     | Subhakrit 5124                           |
|          | Mesha Rasi: 12.3                  | Tithi 8   | Yama 1:50PM - 2:59PM  | Subha Until 11:31PM  | Muruqa: Purple  | Sunset: 5:17PM      | Moon 1 - Phase 39 - 22                   |
|          | Creative Work Siddha Yoga         | 921686576 | Rahu 10:24AM - 11:33AM  | Visti Until 9:18AM   | Nataraja: Clear |                     | Ashtami                                  |
|          |                                   |           | <b>Ashtami* Until 9:34PM</b>  | <b>Magha*Thai</b>    |                 | <b>Devaloka Day</b> |  |

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| <b>7</b> | <b>Sunday, January 29, 2023</b> |           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau |                      |                 |                     | Winnipeg, MB, Canada<br>Sun 23 Sutra 287 |
|          | <b>Retreat Star</b>             |           | Gulika 3:00PM - 4:09PM  | Bharani Until 8:48AM | Ganesha: Yellow | Sunrise: 8:05AM     | Subhakrit 5124                           |
|          | Mesha Rasi: 25.11               | Tithi 9   | Yama 12:42PM - 1:51PM   | Sukla Until 11:16PM  | Muruqa: Purple  | Sunset: 5:19PM      | Moon 1 - Phase 39 - 23                   |
|          | Routine Work Prabalarishta Yoga | 922686576 | Rahu 4:09PM - 5:19PM  | Balava Until 10:04AM | Nataraja: Clear |                     | Navami                                   |
|          |                                 |           | <b>Navami* Until 10:42PM</b>  | <b>Magha*Thai</b>    |                 | <b>Sivaloka Day</b> |  |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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| <b>1</b> | <b>Monday, January 30, 2023</b>  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau | Winnipeg, MB, Canada<br>Sun 24 Sutra 288<br>Subhakrit 5124   |
|          | Vrishabha Rasi: 7.34 Tithi 10<br><b>Family Home Evening</b><br>Routine Work Marana Yoga<br>Until 10:35AM<br>Then Creative Work - Amrita Yoga | <b>Gulika</b> 1:52PM – 3:01PM<br>Yama 11:32AM – 12:42PM<br><b>Rahu</b> 9:13AM – 10:23AM   | <b>Krittika Until 10:35AM</b><br>Brahma Until 11:28PM<br>Taitila Until 11:32AM<br><b>Dashami Until 12:27AM Tue</b> |


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| <b>2</b> | <b>Tuesday, January 31, 2023</b>  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau | Winnipeg, MB, Canada<br>Sun 25 Sutra 289<br>Subhakrit 5124   |
|          | Vrishabha Rasi: 19.43 Tithi 11<br><br>Creative Work Amrita Yoga<br>Until 1:11PM<br>Then Creative Work - Siddha Yoga | <b>Gulika</b> 12:42PM – 1:52PM<br>Yama 10:22AM – 11:32AM<br><b>Rahu</b> 3:02PM – 4:12PM   | <b>Rohini Until 1:11PM</b><br>Indra Until 12:01AM Wed<br>Vanija Until 1:31PM<br><b>Ekadashi Until 2:37AM Wed</b> |

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| <b>3</b> | <b>Wednesday, February 1, 2023</b>                           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau | Winnipeg, MB, Canada<br>Sun 26 Sutra 290<br>Subhakrit 5124  |
|          | Mithuna Rasi: 1.43 Tithi 12<br><br>Creative Work Siddha Yoga | <b>Gulika</b> 11:32AM – 12:42PM<br>Yama 9:12AM – 10:22AM<br><b>Rahu</b> 12:42PM – 1:52PM  | <b>Mrigashira Until 3:56PM</b><br>Vaidhriti* Until 12:43AM Thu<br>Bava Until 3:50PM<br><b>Dvadashi Until 5:02AM Thu</b> |


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| <b>4</b> | <b>Thursday, February 2, 2023</b>  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Vishkambha* Yoga Kaulava Karana Trayodashyam Titau | Winnipeg, MB, Canada<br>Sun 27 Sutra 291<br>Subhakrit 5124  |
|          | Mithuna Rasi: 13.38 Tithi 13<br><br>Routine Work Marana Yoga<br>Until 6:40PM<br>Then Creative Work - Amrita Yoga | <b>Gulika</b> 10:22AM – 11:32AM<br>Yama 8:01AM – 9:11AM<br><b>Rahu</b> 1:53PM – 3:03PM   | <b>Ardra Until 6:40PM</b><br>Vishkambha* Until 1:32AM Fri<br>Kaulava Until 6:18PM<br><b>Trayodashi Until 7:32AM Fri</b> |

*Pradosha Vrata*

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| <b>5</b> | <b>Friday, February 3, 2023</b>   | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Winnipeg, MB, Canada<br>Sun 292<br>Subhakrit 5124  |
|          | Mithuna Rasi: 25.31 Tithi 13 – 14<br><br>Creative Work Siddha Yoga<br>Until 9:47PM<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 9:10AM – 10:21AM<br>Yama 3:04PM – 4:15PM<br><b>Rahu</b> 11:32AM – 12:42PM  | <b>Punarvasu Until 9:47PM</b><br>Priti Until 2:22AM Sat<br>Gara Until 8:49PM<br><b>Trayodashi Until 7:32AM</b> |

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|  | <b>Saturday, February 4, 2023</b><br><b>Copper Retreat Star</b>  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | Winnipeg, MB, Canada<br>Sun 293<br>Subhakrit 5124  |
|   | Kataka Rasi: 7.23 Tithi 14 – 15<br><br>Creative Work Siddha Yoga | <b>Gulika</b> 7:58AM – 9:09AM<br>Yama 1:54PM – 3:05PM<br><b>Rahu</b> 10:20AM – 11:32AM   | <b>Pushya Until 12:41AM Sun</b><br>Ayushman Until 3:08AM Sun<br>Visti Until 11:17PM<br><b>Chaturdashi* Until 10:02AM</b> |

**Thai Pusam**

|   |  |  |   |
|---|--|--|---|
|  | <b>Sunday, February 5, 2023</b><br><b>Silver Retreat Star</b>  | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Winnipeg, MB, Canada<br>Sun 294<br>Subhakrit 5124   |
|   | Kataka Rasi: 19.18 Tithi 15 – 16<br><br>Creative Work Siddha Yoga<br>Until 3:19AM Mon<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 3:06PM – 4:17PM<br>Yama 12:43PM – 1:54PM<br><b>Rahu</b> 4:17PM – 5:29PM  | <b>Ashlesha* Until 3:19AM Mon</b><br>Saubhagya Until 3:50AM Mon<br>Balava Until 1:39AM Mon<br><b>Purnima* Until 12:27PM</b> |





Monday, February 6, 2023

Gold Retreat Star

Simha Rasi: 1.14 Tithi 16 - 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 6:10AM Tue

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Winnipeg, MB, Canada

Sutra 295

Subhakrit 5124

Gulika 1:55PM - 3:07PM

Yama 11:31AM - 12:43PM

Rahu 9:07AM - 10:19AM

Magha\* Until 6:10AM Tue

Sobhana Until 4:27AM Tue

Taitila Until 3:54AM Tue

Prathama\* Until 2:46PM

Ganesha: Purple

Sunrise: 7:55AM

Muruqa: Purple

Sunset: 5:30PM

Nataraja: Orange

Moon - Red

Subha Sivaloka Day

Magha\*Thai

Moon 2 - Phase 41 -

1st Phase

1

Tuesday, February 7, 2023

Simha Rasi: 13.14 Tithi 17 - 18

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winnipeg, MB, Canada

Sun 1 Sutra 296

Subhakrit 5124

Gulika 12:43PM - 1:55PM

Yama 10:18AM - 11:31AM

Rahu 3:07PM - 4:20PM

Magha\* Until 6:10AM

Athiganda\* Until 4:54AM Wed

Vanija Until 5:57AM Wed

Dvitiya Until 4:55PM

Ganesha: Purple

Sunrise: 7:54AM

Muruqa: Purple

Sunset: 5:32PM

Nataraja: Orange

Moon - Red

Subha Sivaloka Day

Magha\*Thai

Moon 2 - Phase 41 - 1

1st Phase

2

Wednesday, February 8, 2023

Simha Rasi: 25.19 Tithi 18

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Visti\* Karana Tritiyayam Titau

Winnipeg, MB, Canada

Sun 2 Sutra 297

Subhakrit 5124

Gulika 11:30AM - 12:43PM

Yama 9:05AM - 10:18AM

Rahu 12:43PM - 1:56PM

Purvaphalguni Until 8:40AM

Sukarma Until 5:11AM Thu

Visti Until 6:52PM

Tritiya Until 6:52PM

Ganesha: Purple

Sunrise: 7:52AM

Muruqa: Purple

Sunset: 5:34PM

Nataraja: Orange

Moon - Red

Subha Sivaloka Day

Magha\*Thai

Moon 2 - Phase 41 - 2

1st Phase

3

Thursday, February 9, 2023

Kanya Rasi: 7.29 Tithi 19

Amrita Yoga

Until 10:45AM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Winnipeg, MB, Canada

Sun 3 Sutra 298

Subhakrit 5124

Gulika 10:17AM - 11:30AM

Yama 7:51AM - 9:04AM

Rahu 1:56PM - 3:09PM

Uttaraphalguni Until 10:45AM

Dhriti Until 5:13AM Fri

Bava Until 7:44AM

Chaturthi\* Until 8:29PM

Ganesha: Purple

Sunrise: 7:51AM

Muruqa: Purple

Sunset: 5:35PM

Nataraja: Orange

Moon - Red

Subha Sivaloka Day

Magha\*Thai

Moon 2 - Phase 41 - 3

1st Phase

4

Friday, February 10, 2023

Kanya Rasi: 19.48 Tithi 20

Creative Work Amrita Yoga

Until 12:48PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Winnipeg, MB, Canada

Sun 4 Sutra 299

Subhakrit 5124

Gulika 9:02AM - 10:16AM

Yama 3:10PM - 4:24PM

Rahu 11:29AM - 12:43PM

Hasta Until 12:48PM

Shula\* Until 4:52AM Sat

Kaulava Until 9:11AM

Panchami Until 9:42PM

Ganesha: Clear

Sunrise: 7:49AM

Muruqa: Purple

Sunset: 5:37PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Magha\*Thai

Moon 2 - Phase 41 - 4

1st Phase

5

Saturday, February 11, 2023

Tula Rasi: 2.19 Tithi 21

Routine Work Marana Yoga

Until 2:13PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthayam Titau

Winnipeg, MB, Canada

Sun 5 Sutra 300

Subhakrit 5124

Gulika 7:47AM - 9:01AM

Yama 1:57PM - 3:11PM

Rahu 10:15AM - 11:29AM

Chitra Until 2:13PM

Ganda\* Until 4:06AM Sun

Gara Until 10:08AM

Shashthi\* Until 10:22PM

Ganesha: Purple

Sunrise: 7:47AM

Muruqa: Purple

Sunset: 5:39PM

Nataraja: Orange

Moon - Green

Devaloka Day

Magha\*Thai

Moon 2 - Phase 41 - 5

1st Phase

6

Sunday, February 12, 2023

Tula Rasi: 15.06 Tithi 22

Creative Work Siddha Yoga

Until 2:52PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi\* Yoga Visti\*/Bava Karana Saptamyam Titau

Winnipeg, MB, Canada

Sun 6 Sutra 301

Subhakrit 5124

Gulika 3:12PM - 4:26PM

Yama 12:43PM - 1:57PM

Rahu 4:26PM - 5:40PM

Svati Until 2:52PM

Vridhhi Until 2:49AM Mon

Visti Until 10:29AM

Saptami Until 10:22PM

Ganesha: Purple

Sunrise: 7:46AM

Muruqa: Purple

Sunset: 5:40PM

Nataraja: Orange

Moon - Green

Devaloka Day

Magha-Masi

Moon 2 - Phase 41 - 6

1st Phase

Monday, February 13, 2023

Retreat Star

Tula Rasi: 28.13 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 3:08PM

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Winnipeg, MB, Canada

Sun 7 Sutra 302

Subhakrit 5124

Gulika 1:58PM - 3:13PM

Yama 11:28AM - 12:43PM

Rahu 8:59AM - 10:13AM

Vishakha Until 3:08PM

Dhruva Until 12:56AM Tue

Balava Until 10:07AM

Ashtami\* Until 9:39PM

Ganesha: Clear

Sunrise: 7:44AM

Muruqa: Purple

Sunset: 5:42PM

Nataraja: Orange

Moon - Orange

Sivaloka Day

Magha-Masi

Moon 2 - Phase 41 - 7

Ashtami

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 11.44 Tithi 24

Creative Work Siddha Yoga

Until 2:32PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Winnipeg, MB, Canada

Sun 8 Sutra 303

Subhakrit 5124

Gulika 12:43PM - 1:58PM

Yama 10:13AM - 11:28AM

Rahu 3:13PM - 4:29PM

Anuradha Until 2:32PM

Vyaghata\* Until 10:29PM

Taitila Until 9:02AM

Navami\* Until 8:11PM

Ganesha: Clear

Sunrise: 7:42AM

Muruqa: Purple

Sunset: 5:44PM

Nataraja: Orange

Moon - Orange

Sivaloka Day

Magha-Masi

Moon 2 - Phase 41 - 8

Navami

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

mes are standard time. Calculated for Winnipeg, MB, Canada on 5


www.gurudeva.org/panchang

|                                 |                                     |                                 |  |                         |                        |                       |
|---------------------------------|-------------------------------------|---------------------------------|--|-------------------------|------------------------|-----------------------|
| <b>1</b>                        | <b>Wednesday, February 15, 2023</b> |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukstayam |                         | Winnipeg, MB, Canada   |                       |
|                                 |                                     |                                 | Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau                       |                         | Sun 9 Sutra 304        |                       |
| Vrischika Rasi: 25.42 Tithi 25  |                                     | <b>Gulika</b> 11:27AM – 12:43PM | <b>Jyeshtha* Until 1:05PM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:40AM | Subhakrit 5124        |
|                                 |                                     | Yama 8:56AM – 10:12AM           | Harshana Until 7:29PM  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:46PM  | Moon 2 - Phase 42 - 9 |
| 973686577                       |                                     | <b>Rahu</b> 12:43PM – 1:59PM    | Vanija Until 7:13AM  | <b>Nataraja:</b> Orange |                        | 2nd Phase             |
| Creative Work Siddha Yoga       |                                     |                                 | <b>Dashami Until 6:02PM</b>  | Moon – Orange           |                        | <b>Sivaloka Day</b>   |
| Until 1:05PM                    |                                     |                                 |  | <b>Magha-Masi</b>       |                        |                       |
| Then Routine Work - Marana Yoga |                                     |                                 |  |                         |                        |                       |

|                                  |                                    |                                 |   |                         |                        |                        |
|----------------------------------|------------------------------------|---------------------------------|---|-------------------------|------------------------|------------------------|
| <b>2</b>                         | <b>Thursday, February 16, 2023</b> |                                 | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yukstayam |                         | Winnipeg, MB, Canada   |                        |
|                                  |                                    |                                 | Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau   |                         | Sun 10 Sutra 305       |                        |
| Dhanus Rasi: 10.05 Tithi 26 – 27 |                                    | <b>Gulika</b> 10:11AM – 11:27AM | <b>Mula* Until 11:18AM</b>  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 7:39AM | Subhakrit 5124         |
|                                  |                                    | Yama 7:39AM – 8:55AM            | Vajra* Until 3:59PM   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:47PM  | Moon 2 - Phase 42 - 10 |
| 983686577                        |                                    | <b>Rahu</b> 1:59PM – 3:15PM     | Kaulava Until 1:43AM Fri  | <b>Nataraja:</b> Orange |                        | 2nd Phase              |
| Creative Work Siddha Yoga        |                                    |                                 | <b>Ekadashi* Until 3:16PM</b>   | Moon – Light Blue       |                        | <b>Devaloka Day</b>    |
|                                  |                                    |                                 |   | <b>Magha-Masi</b>       |                        |                        |

|                                  |                                  |                                |  |                         |                        |                        |
|----------------------------------|----------------------------------|--------------------------------|--|-------------------------|------------------------|------------------------|
| <b>3</b>                         | <b>Friday, February 17, 2023</b> |                                | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yukstayam         |                         | Winnipeg, MB, Canada   |                        |
|                                  |                                  |                                | Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                         | Sun 11 Sutra 306       |                        |
| Dhanus Rasi: 24.52 Tithi 27 – 28 |                                  | <b>Gulika</b> 8:53AM – 10:10AM | <b>Purvashadha* Until 8:53AM</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 7:37AM | Subhakrit 5124         |
|                                  |                                  | Yama 3:16PM – 4:32PM           | Siddhi Until 12:08PM   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:49PM  | Moon 2 - Phase 42 - 11 |
| 983686577                        |                                  | <b>Rahu</b> 11:26AM – 12:43PM  | Gara Until 10:19PM   | <b>Nataraja:</b> Orange |                        | 2nd Phase              |
| Routine Work Prabalarishta Yoga  |                                  |                                | <b>Dvadashi* Until 12:02PM</b>   | Moon – Light Blue       |                        | <b>Devaloka Day</b>    |
| Until 8:53AM                     |                                  |                                |  | <b>Magha-Masi</b>       |                        |                        |
| Then Routine Work - Marana Yoga  |                                  |                                |  |                         |                        |                        |

|                                 |                                    |                               |  |                         |                        |                        |
|---------------------------------|------------------------------------|-------------------------------|--|-------------------------|------------------------|------------------------|
| <b>4</b>                        | <b>Saturday, February 18, 2023</b> |                               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yukstayam |                         | Winnipeg, MB, Canada   |                        |
|                                 |                                    |                               | Shravana Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau      |                         | Sun 12 Sutra 307       |                        |
| Makara Rasi: 9.55 Tithi 28 – 29 |                                    | <b>Gulika</b> 7:35AM – 8:52AM | <b>Shravana Until 3:11AM Sun</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 7:35AM | Subhakrit 5124         |
|                                 |                                    | Yama 2:00PM – 3:17PM          | Vyatipata* Until 8:01AM  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:51PM  | Moon 2 - Phase 42 - 12 |
| 983686577                       |                                    | <b>Rahu</b> 10:09AM – 11:26AM | Visti Until 6:40PM   | <b>Nataraja:</b> Orange |                        | 2nd Phase              |
| Creative Work Siddha Yoga       |                                    |                               | <b>Trayodashi* Until 8:29AM</b>  | Moon – Light Blue       |                        | <b>Devaloka Day</b>    |
| Until 3:11AM Sun                |                                    |                               |  | <b>Magha-Masi</b>       |                        |                        |
| Then Routine Work - Marana Yoga |                                    |                               |  |                         |                        |                        |

|   |                                  |                               |  |                         |                        |                        |
|---|----------------------------------|-------------------------------|--|-------------------------|------------------------|------------------------|
|  | <b>Sunday, February 19, 2023</b> |                               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukstayam |                         | Winnipeg, MB, Canada   |                        |
|   | <b>Retreat Star</b>              |                               | Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau                       |                         | Sun 13 Sutra 308       |                        |
| Makara Rasi: 25.06 Tithi 30   |                                  | <b>Gulika</b> 3:18PM – 4:35PM | <b>Dhanishtha Until 12:16AM Mon</b>  | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:33AM | Subhakrit 5124         |
|   |                                  | Yama 12:43PM – 2:00PM         | Parigha* Until 11:31PM   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:52PM  | Moon 2 - Phase 42 - 13 |
| 993686577   |                                  | <b>Rahu</b> 4:35PM – 5:52PM   | Catuspada Until 2:57PM   | <b>Nataraja:</b> Orange |                        | Amavasya               |
| Routine Work Marana Yoga  |                                  |                               | <b>Amavasya* Until 1:07AM Mon</b>  | Moon – Purple           |                        | <b>Devaloka Day</b>    |
| Until 12:16AM Mon   |                                  |                               |  | <b>Magha-Masi</b>       |                        |                        |
| Then Creative Work - Siddha Yoga  |                                  |                               |  |                         |                        |                        |

|                                 |                                  |                               |   |                         |                        |                        |
|---------------------------------|----------------------------------|-------------------------------|---|-------------------------|------------------------|------------------------|
| <b>Retreat Star</b>             | <b>Monday, February 20, 2023</b> |                               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukstayam |                         | Winnipeg, MB, Canada   |                        |
|                                 |                                  |                               | Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau                      |                         | Sun 14 Sutra 309       |                        |
| Kumbha Rasi: 10.16 Tithi 1      |                                  | <b>Gulika</b> 2:00PM – 3:18PM | <b>Shatabhishak Until 9:23PM</b>  | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:31AM | Subhakrit 5124         |
|                                 |                                  | Yama 11:25AM – 12:43PM        | Shiva Until 7:27PM  | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:54PM  | Moon 2 - Phase 42 - 14 |
| 993686577                       |                                  | <b>Rahu</b> 8:49AM – 10:07AM  | Kintughna Until 11:21AM   | <b>Nataraja:</b> Orange |                        | Prathama               |
| Creative Work Siddha Yoga       |                                  |                               | <b>Prathama* Until 9:38PM</b>   | Moon – Purple           |                        | <b>Devaloka Day</b>    |
| Until 9:23PM                    |                                  |                               |   | <b>Phalgun-Masi</b>     |                        |                        |
| Then Routine Work - Marana Yoga |                                  |                               |   |                         |                        |                        |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

|          |                                   |  |   |  |   |                       |
|----------|-----------------------------------|--|---|--|---|-----------------------|
| <b>1</b> | <b>Tuesday, February 21, 2023</b> |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam            |  |   | Winnipeg, MB, Canada  |
|          | Kumbha Rasi: 25.14      Tithi 2   |  | Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau                       |  |   | Sun 15      Sutra 310 |
|          | 913686577                         | <b>Gulika</b> 12:43PM – 2:01PM<br><b>Yama</b> 10:06AM – 11:24AM<br><b>Rahu</b> 3:19PM – 4:37PM | <b>Purvaproshtapada* Until 7:10PM</b><br>Siddha Until 3:38PM<br>Balava Until 8:02AM<br>Dvitiya Until 6:31PM | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:30AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:56PM<br><b>Nataraja:</b> Orange<br>Moon – Clear | Subhakrit 5124<br>Moon 2 - Phase 43 - 15<br>3rd Phase | <b>Sivaloka Day</b>   |

Routine Work      Marana Yoga  
Until 7:10PM  
Then Creative Work - Amrita Yoga

|          |                                     |   |  |   |   |                           |
|----------|-------------------------------------|---|--|---|---|---------------------------|
| <b>2</b> | <b>Wednesday, February 22, 2023</b> |   | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam                   |   |   | Winnipeg, MB, Canada      |
|          | Meena Rasi: 9.53      Tithi 3 – 4   |   | Uttaraproshtapada* Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau               |   |   | Sun 16      Sutra 311     |
|          | 913786577                           | <b>Gulika</b> 11:24AM – 12:42PM<br><b>Yama</b> 8:46AM – 10:05AM<br><b>Rahu</b> 12:42PM – 2:01PM | <b>Uttaraproshtapada Until 5:21PM</b><br>Sadhya Until 12:16PM<br>Vanija Until 2:57AM Thu<br>Tritiya Until 3:57PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:28AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:57PM<br><b>Nataraja:</b> Orange<br>Moon – Clear | Subhakrit 5124<br>Moon 2 - Phase 43 - 16<br>3rd Phase | <b>Subha Sivaloka Day</b> |

Creative Work      Siddha Yoga  
Until 5:21PM  
Then Routine Work - Marana Yoga

|          |                                    |   |  |   |   |                           |
|----------|------------------------------------|---|--|---|---|---------------------------|
| <b>3</b> | <b>Thursday, February 23, 2023</b> |   | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam        |   |   | Winnipeg, MB, Canada      |
|          | Meena Rasi: 24.05      Tithi 4 – 5 |   | Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau              |   |   | Sun 17      Sutra 312     |
|          | 913786577                          | <b>Gulika</b> 10:04AM – 11:23AM<br><b>Yama</b> 7:26AM – 8:45AM<br><b>Rahu</b> 2:01PM – 3:21PM | <b>Revati Until 4:05PM</b><br>Subha Until 9:27AM<br>Bava Until 1:28AM Fri<br>Chaturthi* Until 2:05PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:26AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 5:59PM<br><b>Nataraja:</b> Orange<br>Moon – Clear | Subhakrit 5124<br>Moon 2 - Phase 43 - 17<br>3rd Phase | <b>Subha Sivaloka Day</b> |

Creative Work      Siddha Yoga  
Until 4:05PM  
Then Creative Work - Amrita Yoga      **Subramuniyaswami Siva Vision Day**

|          |                                   |  |   |   |   |                       |
|----------|-----------------------------------|--|---|---|---|-----------------------|
| <b>4</b> | <b>Friday, February 24, 2023</b>  |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam          |   |   | Winnipeg, MB, Canada  |
|          | Mesha Rasi: 7.48      Tithi 5 – 6 |  | Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau              |   |   | Sun 18      Sutra 313 |
|          | 923786577                         | <b>Gulika</b> 8:43AM – 10:03AM<br><b>Yama</b> 3:21PM – 4:41PM<br><b>Rahu</b> 11:23AM – 12:42PM | <b>Ashvini Until 3:55PM</b><br>Sukla Until 7:15AM<br>Kaulava Until 12:51AM Sat<br>Panchami Until 1:02PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:24AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 6:01PM<br><b>Nataraja:</b> Orange<br>Moon – White | Subhakrit 5124<br>Moon 2 - Phase 43 - 18<br>3rd Phase | <b>Sivaloka Day</b>   |

Creative Work      Amrita Yoga  
Until 3:55PM  
Then Creative Work - Siddha Yoga

|          |                                    |   |   |   |   |                       |
|----------|------------------------------------|---|---|---|---|-----------------------|
| <b>5</b> | <b>Saturday, February 25, 2023</b> |   | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam            |   |   | Winnipeg, MB, Canada  |
|          | Mesha Rasi: 21.02      Tithi 6 – 7 |   | Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                        |   |   | Sun 19      Sutra 314 |
|          | 924786577                          | <b>Gulika</b> 7:22AM – 8:42AM<br><b>Yama</b> 2:02PM – 3:22PM<br><b>Rahu</b> 10:02AM – 11:22AM | <b>Bharani Until 4:27PM</b><br>Indra Until 4:55AM Sun<br>Gara Until 1:05AM Sun<br>Shashthi* Until 12:50PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:22AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 6:02PM<br><b>Nataraja:</b> Orange<br>Moon – White | Subhakrit 5124<br>Moon 2 - Phase 43 - 19<br>3rd Phase | <b>Devaloka Day</b>   |

Creative Work      Siddha Yoga  
Until 4:27PM  
Then Creative Work - Amrita Yoga

|          |                                  |  |   |   |   |                       |
|----------|----------------------------------|--|---|---|---|-----------------------|
| <b>☾</b> | <b>Sunday, February 26, 2023</b> |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam                |   |   | Winnipeg, MB, Canada  |
|          | <b>Retreat Star</b>              |  | Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                        |   |   | Sun 20      Sutra 315 |
|          | 924786577                        | <b>Gulika</b> 3:23PM – 4:43PM<br><b>Yama</b> 12:42PM – 2:02PM<br><b>Rahu</b> 4:43PM – 6:04PM | <b>Krittika Until 5:39PM</b><br>Vaidhriti* Until 4:41AM Mon<br>Visti Until 2:09AM Mon<br>Saptami Until 1:30PM | <b>Ganesha:</b> Blue <i>Sunrise:</i> 7:20AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM<br><b>Nataraja:</b> Orange<br>Moon – White | Subhakrit 5124<br>Moon 2 - Phase 43 - 20<br>Ashtami | <b>Devaloka Day</b>   |

Creative Work      Siddha Yoga

|          |                                  |  |  |  |  |                       |
|----------|----------------------------------|--|--|--|--|-----------------------|
| <b>☽</b> | <b>Monday, February 27, 2023</b> |  | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam                  |  |  | Winnipeg, MB, Canada  |
|          | <b>Retreat Star</b>              |  | Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau                                    |  |  | Sun 21      Sutra 316 |
|          | 934786577                        | <b>Gulika</b> 2:03PM – 3:24PM<br><b>Yama</b> 11:21AM – 12:42PM<br><b>Rahu</b> 8:39AM – 10:00AM | <b>Rohini Until 7:51PM</b><br>Vishkambha* Until 4:57AM Tue<br>Balava Until 3:52AM Tue<br>Ashtami* Until 2:55PM | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:18AM<br><b>Muruqa:</b> Purple <i>Sunset:</i> 6:06PM<br><b>Nataraja:</b> Orange<br>Moon – Yellow | Subhakrit 5124<br>Moon 2 - Phase 43 - 21<br>Navami | <b>Sivaloka Day</b>   |

Family Home Evening  
Creative Work      Amrita Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

|                                 |                      |                                   |                          |  |                 |  |           |
|---------------------------------|----------------------|-----------------------------------|--------------------------|--|-----------------|--|-----------|
| <b>1</b>                        |                      | <b>Tuesday, February 28, 2023</b> |                          | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                 | Winnipeg, MB, Canada<br>Sun 22 Sutra 317<br>Subhakrit 5124 |           |
| Wishabha Rasi: 28.26            | Tithi 9 – 10         | Gulika 12:42PM – 2:03PM           | Mrigashira Until 10:24PM | Ganesha: Yellow  | Sunrise: 7:16AM | Moon 2 - Phase 44 - 22                                     | 4th Phase |
| 934786577                       | Rahu 3:24PM – 4:46PM | Yama 9:59AM – 11:20AM             | Priti Until 5:34AM Wed   | Muruqa: Purple   | Sunset: 6:07PM  |  |           |
| Creative Work Siddha Yoga       |                      |                                   | Taitila Until 6:04AM Wed | Nataraja: Orange   |                 |  |           |
| Until 10:24PM                   |                      |                                   | Navami* Until 4:54PM     | Moon – Yellow  |                 | <b>Sivaloka Day</b>  |           |
| Then Routine Work - Marana Yoga |                      |                                   |                          | Phalguna-Masi  |                 |  |           |

|                                  |                       |                                 |                           |  |                 |  |           |
|----------------------------------|-----------------------|---------------------------------|---------------------------|--|-----------------|--|-----------|
| <b>2</b>                         |                       | <b>Wednesday, March 1, 2023</b> |                           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau |                 | Winnipeg, MB, Canada<br>Sun 23 Sutra 318<br>Subhakrit 5124 |           |
| Mithuna Rasi: 10.26              | Tithi 10              | Gulika 11:19AM – 12:41PM        | Ardra Until 1:06AM Thu    | Ganesha: Yellow  | Sunrise: 7:12AM | Moon 2 - Phase 44 - 23                                     | 4th Phase |
| 934786577                        | Rahu 12:41PM – 2:04PM | Yama 8:34AM – 9:57AM            | Ayushman Until 6:22AM Thu | Muruqa: Purple   | Sunset: 6:10PM  |  |           |
| Creative Work Siddha Yoga        |                       |                                 | Taitila Until 6:04AM      | Nataraja: Orange   |                 |  |           |
| Until 1:06AM Thu                 |                       |                                 | Dashami Until 7:15PM      | Moon – Yellow  |                 | <b>Sivaloka Day</b>  |           |
| Then Creative Work - Amrita Yoga |                       |                                 |                           | Phalguna-Masi  |                 |  |           |

|                                 |                      |                                |                            |   |                 |  |           |
|---------------------------------|----------------------|--------------------------------|----------------------------|---|-----------------|--|-----------|
| <b>3</b>                        |                      | <b>Thursday, March 2, 2023</b> |                            | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau |                 | Winnipeg, MB, Canada<br>Sun 24 Sutra 319<br>Subhakrit 5124 |           |
| Mithuna Rasi: 22.2              | Tithi 11             | Gulika 9:56AM – 11:18AM        | Punarvasu Until 4:14AM Fri | Ganesha: White  | Sunrise: 7:10AM | Moon 2 - Phase 44 - 24                                     | 4th Phase |
| 944786577                       | Rahu 2:04PM – 3:27PM | Yama 7:10AM – 8:33AM           | Ayushman Until 6:22AM      | Muruqa: Purple  | Sunset: 6:12PM  |  |           |
| Creative Work Amrita Yoga       |                      |                                | Vanija Until 8:31AM        | Nataraja: Orange  |                 |  |           |
| Until 4:14AM Fri                |                      |                                | Ekadashi Until 9:45PM      | Moon – Blue   |                 | <b>Devaloka Day</b>  |           |
| Then Routine Work - Marana Yoga |                      |                                |                            | Phalguna-Masi   |                 |  |           |

|                          |                        |                              |                            |  |                 |  |           |
|--------------------------|------------------------|------------------------------|----------------------------|--|-----------------|--|-----------|
| <b>4</b>                 |                        | <b>Friday, March 3, 2023</b> |                            | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau |                 | Winnipeg, MB, Canada<br>Sun 25 Sutra 320<br>Subhakrit 5124 |           |
| Kataka Rasi: 4.11        | Tithi 12               | Gulika 8:31AM – 9:54AM       | Pushya Until 7:10AM Sat    | Ganesha: White   | Sunrise: 7:08AM | Moon 2 - Phase 44 - 25                                     | 4th Phase |
| 944786577                | Rahu 11:18AM – 12:41PM | Yama 3:27PM – 4:50PM         | Saubhagya Until 7:14AM     | Muruqa: Purple   | Sunset: 6:14PM  |  |           |
| Routine Work Marana Yoga |                        |                              | Bava Until 11:02AM         | Nataraja: Orange   |                 |  |           |
|                          |                        |                              | Dvadashi Until 12:15AM Sat | Moon – Blue  |                 | <b>Devaloka Day</b>  |           |
|                          |                        |                              |                            | Phalguna-Masi  |                 |  |           |

|                                 |                       |                                |                             |   |                 |  |           |
|---------------------------------|-----------------------|--------------------------------|-----------------------------|---|-----------------|--|-----------|
| <b>5</b>                        |                       | <b>Saturday, March 4, 2023</b> |                             | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                 | Winnipeg, MB, Canada<br>Sun 26 Sutra 321<br>Subhakrit 5124 |           |
| Kataka Rasi: 16.04              | Tithi 13              | Gulika 7:06AM – 8:30AM         | Pushya Until 7:10AM         | Ganesha: White  | Sunrise: 7:06AM | Moon 2 - Phase 44 - 26                                     | 4th Phase |
| 944786577                       | Rahu 9:53AM – 11:17AM | Yama 2:04PM – 3:28PM           | Sobhana Until 8:05AM        | Muruqa: Purple  | Sunset: 6:15PM  |  |           |
| Creative Work Siddha Yoga       |                       |                                | Kaulava Until 1:28PM        | Nataraja: Orange  |                 |  |           |
| Until 7:10AM                    |                       |                                | Trayodashi Until 2:37AM Sun | Moon – Blue   |                 | <b>Devaloka Day</b>  |           |
| Then Routine Work - Marana Yoga |                       |                                | Pradosha Vrata              | Phalguna-Masi   |                 |  |           |

|                                 |                      |                              |                               |  |                 |  |           |
|---------------------------------|----------------------|------------------------------|-------------------------------|--|-----------------|--|-----------|
| <b>6</b>                        |                      | <b>Sunday, March 5, 2023</b> |                               | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau |                 | Winnipeg, MB, Canada<br>Sun 27 Sutra 322<br>Subhakrit 5124 |           |
| Kataka Rasi: 28.01              | Tithi 14             | Gulika 3:29PM – 4:53PM       | Ashlesha* Until 9:47AM        | Ganesha: Purple  | Sunrise: 7:04AM | Moon 2 - Phase 44 - 27                                     | 4th Phase |
| 144786577                       | Rahu 4:53PM – 6:17PM | Yama 12:40PM – 2:05PM        | Athiganda* Until 8:47AM       | Muruqa: Purple   | Sunset: 6:17PM  |  |           |
| Creative Work Siddha Yoga       |                      |                              | Gara Until 3:44PM             | Nataraja: Orange   |                 |  |           |
| Until 9:47AM                    |                      |                              | Chaturdashi* Until 4:45AM Mon | Moon – Blue  |                 | <b>Devaloka Day</b>  |           |
| Then Routine Work - Marana Yoga |                      | Chidambaram Abhishekam       |                               | Phalguna-Masi  |                 |  |           |

|                                  |           |                              |                           |  |                 |   |         |
|----------------------------------|-----------|------------------------------|---------------------------|--|-----------------|---|---------|
| <b>○</b>                         |           | <b>Monday, March 6, 2023</b> |                           | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau |                 | Winnipeg, MB, Canada<br>Sutra 323<br>Subhakrit 5124 |         |
| Simha Rasi: 10.02                | Tithi 15  | Gulika 2:05PM – 3:29PM       | Magha* Until 12:31PM      | Ganesha: Clear   | Sunrise: 7:02AM | Moon 2 - Phase 44 -                                 | Purnima |
| Family Home Evening              | 154786577 | Yama 11:16AM – 12:40PM       | Sukarma Until 9:19AM      | Muruqa: Purple   | Sunset: 6:19PM  |   |         |
| Routine Work Marana Yoga         |           | Rahu 8:26AM – 9:51AM         | Visti Until 5:45PM        | Nataraja: Orange   |                 |   |         |
| Until 12:31PM                    |           | Holi                         | Purnima* Until 6:38AM Tue | Moon – Red   |                 | <b>Sivaloka Day</b>                                 |         |
| Then Creative Work - Siddha Yoga |           |                              |                           | Phalguna-Masi  |                 |   |         |

|                                  |                      |                               |                            |   |                 |   |          |
|----------------------------------|----------------------|-------------------------------|----------------------------|---|-----------------|---|----------|
| <b>○</b>                         |                      | <b>Tuesday, March 7, 2023</b> |                            | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                 | Winnipeg, MB, Canada<br>Sutra 324<br>Subhakrit 5124 |          |
| Simha Rasi: 22.1                 | Tithi 15 – 16        | Gulika 12:40PM – 2:05PM       | Purvaphalguni Until 2:48PM | Ganesha: Clear  | Sunrise: 7:00AM | Moon 2 - Phase 44 -                                 | Prathama |
| 154786577                        | Rahu 3:30PM – 4:55PM | Yama 9:50AM – 11:15AM         | Dhriti Until 9:40AM        | Muruqa: Purple  | Sunset: 6:20PM  |   |          |
| Creative Work Siddha Yoga        |                      |                               | Balava Until 7:28PM        | Nataraja: Orange  |                 |   |          |
| Until 2:48PM                     |                      |                               | Purnima* Until 6:38AM      | Moon – Red  |                 | <b>Sivaloka Day</b>                                 |          |
| Then Creative Work - Amrita Yoga |                      |                               |                            | Phalguna-Masi   |                 |   |          |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Winnipeg, MB, Canada

Sutra 325

Subhakrit 5124

Kanya Rasi: 4.26 Tithi 16 - 17

154786577

**Gulika** 11:14AM - 12:40PM  
Yama 8:23AM - 9:49AM  
**Rahu** 12:40PM - 2:05PM

**Uttaraphalguni** Until 4:37PM

Shula\* Until 9:44AM

Taitila Until 8:52PM

**Prathama\*** Until 8:11AM

**Ganesha:** Clear *Sunrise:* 6:58AM

**Muruqa:** Purple *Sunset:* 6:22PM

**Nataraja:** Orange

Moon - Red  
Phalguna-Masi

Moon 3 - Phase 45 -

1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 4:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winnipeg, MB, Canada

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 16.5 Tithi 17 - 18

164786577

**Gulika** 9:47AM - 11:13AM  
Yama 6:56AM - 8:22AM  
**Rahu** 2:05PM - 3:31PM

**Hasta** Until 6:25PM

Ganda\* Until 9:34AM

Vanija Until 9:53PM

**Dvitiya** Until 9:24AM

**Ganesha:** White *Sunrise:* 6:56AM

**Muruqa:** Purple *Sunset:* 6:23PM

**Nataraja:** Orange

Moon - Green  
Phalguna-Masi

Moon 3 - Phase 45 - 1

1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 6:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Winnipeg, MB, Canada

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 29.25 Tithi 18 - 19

165786577

**Gulika** 8:20AM - 9:46AM  
Yama 3:32PM - 4:58PM  
**Rahu** 11:13AM - 12:39PM

**Chitra** Until 7:40PM

Vridhhi Until 9:07AM

Bava Until 10:30PM

**Tritiya** Until 10:13AM

**Ganesha:** Yellow *Sunrise:* 6:53AM

**Muruqa:** Purple *Sunset:* 6:25PM

**Nataraja:** Orange

Moon - Green  
Phalguna-Masi

Moon 3 - Phase 45 - 2

1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winnipeg, MB, Canada

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 12.1 Tithi 19 - 20

165786577

**Gulika** 6:51AM - 8:18AM  
Yama 2:06PM - 3:33PM  
**Rahu** 9:45AM - 11:12AM

**Svati** Until 8:21PM

Dhruva Until 8:19AM

Kaulava Until 10:41PM

**Chaturthi\*** Until 10:38AM

**Ganesha:** Yellow *Sunrise:* 6:51AM

**Muruqa:** Purple *Sunset:* 6:27PM

**Nataraja:** Orange

Moon - Green  
Phalguna-Masi

Moon 3 - Phase 45 - 3

1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winnipeg, MB, Canada

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 25.09 Tithi 20 - 21

175786577

**Gulika** 3:33PM - 5:01PM  
Yama 12:39PM - 2:06PM  
**Rahu** 5:01PM - 6:28PM

**Vishakha** Until 8:52PM

Vyaghata\* Until 7:11AM

Gara Until 10:23PM

**Panchami** Until 10:34AM

**Ganesha:** Blue *Sunrise:* 6:49AM

**Muruqa:** Purple *Sunset:* 6:28PM

**Nataraja:** Orange

Moon - Orange  
Phalguna-Masi

Moon 3 - Phase 45 - 4

1st Phase

**Subha Sivaloka Day**

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winnipeg, MB, Canada

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 8.23 Tithi 21 - 22

175786577

**Gulika** 2:06PM - 3:34PM  
Yama 11:11AM - 12:38PM  
**Rahu** 8:15AM - 9:43AM

**Anuradha** Until 8:44PM

Vajra\* Until 3:43AM Tue

Visti Until 9:33PM

**Shashthi\*** Until 10:01AM

**Ganesha:** Blue *Sunrise:* 6:47AM

**Muruqa:** Purple *Sunset:* 6:30PM

**Nataraja:** Orange

Moon - Orange  
Phalguna-Masi

Moon 3 - Phase 45 - 5

1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Winnipeg, MB, Canada

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.55 Tithi 22 - 23

175786577

**Gulika** 12:38PM - 2:06PM  
Yama 9:42AM - 11:10AM  
**Rahu** 3:35PM - 5:03PM

**Jyeshtha\*** Until 7:56PM

Siddhi Until 1:22AM Wed

Balava Until 8:12PM

**Saptami** Until 8:56AM

**Ganesha:** Blue *Sunrise:* 6:45AM

**Muruqa:** Purple *Sunset:* 6:31PM

**Nataraja:** Orange

Moon - Orange  
Phalguna-Panguni

Moon 3 - Phase 45 - 6

Ashtami

**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 7:56PM

Then Creative Work - Amrita Yoga

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winnipeg, MB, Canada

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.44 Tithi 23 - 24

185786578

**Gulika** 11:09AM - 12:38PM  
Yama 8:12AM - 9:40AM  
**Rahu** 12:38PM - 2:07PM

**Mula\*** Until 6:55PM

Vyatipata\* Until 10:37PM

Taitila Until 6:20PM

**Ashtami\*** Until 7:19AM

**Ganesha:** Red *Sunrise:* 6:43AM

**Muruqa:** Purple *Sunset:* 6:33PM

**Nataraja:** Clear

Moon - Light Blue  
Phalguna-Panguni

Moon 3 - Phase 45 - 7

Navami

**Sivaloka Day**

Routine Work Marana Yoga

Until 6:55PM

Then Creative Work - Amrita Yoga

The birth of the world, its maintenance, its destruction, the soul's obscurity and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

mes are standard time. Calculated for Winnipeg, MB, Canada on 5


www.gurudeva.org/panchang

|  |                                 |          |   |  |  |   |  |
|--|---------------------------------|----------|---|--|--|---|--|
| <b>1</b>   | <b>Thursday, March 16, 2023</b> |          | Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvashadha/Uttarashadha Nakshatra Variyan Yoga Vanija/Visli* Karana Dashamyam Titau |  |  |   | Winnipeg, MB, Canada<br>Sun 8 Sutra 333<br>Subhakarit 5124 |
|  | Dhanus Rasi: 19.53              | Tithi 25 | <b>Gulika</b> 9:39AM – 11:08AM<br>Yama 6:41AM – 8:10AM<br>185786578 <b>Rahu</b> 2:07PM – 3:36PM   | <b>Purvashadha* Until 5:17PM</b><br>Variyan Until 7:28PM<br>Vanija Until 4:00PM<br><b>Dashami Until 2:39AM Fri</b> | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Phalgun-Panguni | <b>Sunrise:</b> 6:41AM<br><b>Sunset:</b> 6:34PM | Moon 3 - Phase 46 - 8<br>2nd Phase<br><b>Sivaloka Day</b>  |
| Creative Work Siddha Yoga<br>Until 5:17PM<br>Then Routine Work - Marana Yoga |                                 |          |   |  |  |   |  |

|                          |                               |          |  |  |  |   |  |
|--------------------------|-------------------------------|----------|--|--|--|---|--|
| <b>2</b>                 | <b>Friday, March 17, 2023</b> |          | Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau |  |  |   | Winnipeg, MB, Canada<br>Sun 9 Sutra 334<br>Subhakarit 5124 |
|                          | Makara Rasi: 4.2              | Tithi 26 | <b>Gulika</b> 8:08AM – 9:38AM<br>Yama 3:37PM – 5:06PM<br>185786578 <b>Rahu</b> 11:08AM – 12:37PM   | <b>Uttarashadha Until 3:08PM</b><br>Parigha* Until 4:02PM<br>Bava Until 1:16PM<br><b>Ekadashi* Until 11:46PM</b> | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Phalgun-Panguni | <b>Sunrise:</b> 6:39AM<br><b>Sunset:</b> 6:36PM | Moon 3 - Phase 46 - 9<br>2nd Phase<br><b>Sivaloka Day</b>  |
| Routine Work Marana Yoga |                               |          |  |  |  |   |  |

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|---------------------------|---------------------------------|----------|---|--|--|---|--|
| <b>3</b>                  | <b>Saturday, March 18, 2023</b> |          | Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau |  |  |   | Winnipeg, MB, Canada<br>Sun 10 Sutra 335<br>Subhakarit 5124      |
|                           | Makara Rasi: 19.01              | Tithi 27 | <b>Gulika</b> 6:36AM – 8:07AM<br>Yama 2:07PM – 3:37PM<br>195786578 <b>Rahu</b> 9:37AM – 11:07AM   | <b>Shravana Until 12:59PM</b><br>Shiva Until 12:23PM<br>Kaulava Until 10:15AM<br><b>Dvadashi* Until 8:39PM</b> | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Purple<br>Phalgun-Panguni | <b>Sunrise:</b> 6:36AM<br><b>Sunset:</b> 6:38PM | Moon 3 - Phase 46 - 10<br>2nd Phase<br><b>Subha Sivaloka Day</b> |
| Creative Work Siddha Yoga |                                 |          |   |  |  |   |  |

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|---|-------------------------------|---------------|--|--|---|---|---|
| <b>4</b>  | <b>Sunday, March 19, 2023</b> |               | Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau |  |   |   | Winnipeg, MB, Canada<br>Sun 11 Sutra 336<br>Subhakarit 5124 |
|   | Kumbha Rasi: 3.5              | Tithi 28 – 29 | <b>Gulika</b> 3:38PM – 5:08PM<br>Yama 12:37PM – 2:07PM<br>196896578 <b>Rahu</b> 5:08PM – 6:39PM  | <b>Dhanishtha Until 10:34AM</b><br>Siddha Until 8:35AM<br>Gara Until 7:04AM<br><b>Trayodashi* Until 5:27PM</b> | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Purple<br>Phalgun-Panguni | <b>Sunrise:</b> 6:34AM<br><b>Sunset:</b> 6:39PM | Moon 3 - Phase 46 - 11<br>2nd Phase<br><b>Sivaloka Day</b>  |
| Routine Work Marana Yoga<br>Until 10:34AM<br>Then Creative Work - Siddha Yoga |                               |               | <i>Pradosha Vrata (Fasting)</i>  |  |   |   |   |

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|---|-------------------------------|--|---|---|---|---|---|
|    | <b>Monday, March 20, 2023</b> |  | Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Sakuni/Catuspada* Karana Chaturdashy/Amavasyayam Titau |   |   |   | Winnipeg, MB, Canada<br>Sun 12 Sutra 337<br>Subhakarit 5124 |
|   | <b>Retreat Star</b>           |  | <b>Gulika</b> 2:07PM – 3:39PM<br>Yama 11:05AM – 12:36PM<br>196896578 <b>Rahu</b> 8:03AM – 9:34AM  | <b>Shatabhishak Until 8:01AM</b><br>Subha Until 1:11AM Tue<br>Catuspada Until 12:50AM Tue<br><b>Chaturdashy* Until 2:19PM</b> | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Purple<br>Phalgun-Panguni | <b>Sunrise:</b> 6:32AM<br><b>Sunset:</b> 6:41PM | Moon 3 - Phase 46 - 12<br>Amavasya<br><b>Sivaloka Day</b>   |
| Kumbha Rasi: 18.4 Tithi 29 – 30<br><b>Family Home Evening</b><br>Creative Work Siddha Yoga<br>Until 8:01AM<br>Then Routine Work - Marana Yoga |                               |  |   |   |   |   |   |

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|--|--------------------------------|--------------|--|--|---|---|---|
| <b>Retreat Star</b>  | <b>Tuesday, March 21, 2023</b> |              | Subhakar Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Sukla Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau |  |   |   | Winnipeg, MB, Canada<br>Sun 13 Sutra 338<br>Subhakarit 5124 |
|  | Meena Rasi: 3.22               | Tithi 30 – 1 | <b>Gulika</b> 12:36PM – 2:08PM<br>Yama 9:33AM – 11:05AM<br>116896578 <b>Rahu</b> 3:39PM – 5:11PM   | <b>Uttaraproshtapada Until 4:01AM Wed</b><br>Sukla Until 9:45PM<br>Kintughna Until 10:06PM<br><b>Amavasya* Until 11:24AM</b> | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Clear<br>Chaitra-Panguni | <b>Sunrise:</b> 6:30AM<br><b>Sunset:</b> 6:42PM | Moon 3 - Phase 46 - 13<br>Prathama<br><b>Devaloka Day</b>   |
| Creative Work Amrita Yoga<br>Until 4:01AM Wed<br>Then Routine Work - Marana Yoga |                                |              | Yugadhi  |  |   |   |   |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

|                                  |             |                                  |                              |   |                 |  |  |
|----------------------------------|-------------|----------------------------------|------------------------------|---|-----------------|--|--|
| <b>1</b>                         |             | <b>Wednesday, March 22, 2023</b> |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau                         |                 | Winnipeg, MB, Canada<br>Sun 14 Sutra 339 |  |
| Meena Rasi: 17.5                 | Tithi 1 – 2 | Gulika 11:04AM – 12:36PM         | Revati Until 2:28AM Thu      | Ganesha: Orange   | Sunrise: 6:28AM | Subhakrit 5124                           |  |
|                                  |             | Yama 8:00AM – 9:32AM             | Brahma Until 6:43PM          | Muruqa: Clear   | Sunset: 6:44PM  | Moon 3 - Phase 47 - 14                   |  |
|                                  |             | 116896578 Rahu 12:36PM – 2:08PM  | Balava Until 7:48PM          | Nataraja: Clear   |                 | 3rd Phase                                |  |
| Routine Work                     | Marana Yoga |                                  | Prathama* Until 8:52AM       | Moon – Clear  |                 | Devaloka Day                             |  |
| Until 2:28AM Thu                 |             |                                  |                              | Chaitra•Panguni   |                 |  |  |
| Then Creative Work - Amrita Yoga |             |                                  |                              |   |                 |  |  |
| <b>2</b>                         |             | <b>Thursday, March 23, 2023</b>  |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau             |                 | Winnipeg, MB, Canada<br>Sun 15 Sutra 340 |  |
| Mesha Rasi: 1.57                 | Tithi 2 – 3 | Gulika 9:31AM – 11:03AM          | Ashvini Until 1:50AM Fri     | Ganesha: Clear  | Sunrise: 6:26AM | Subhakrit 5124                           |  |
|                                  |             | Yama 6:26AM – 7:58AM             | Indra Until 4:11PM           | Muruqa: Clear   | Sunset: 6:45PM  | Moon 3 - Phase 47 - 15                   |  |
|                                  |             | 126896578 Rahu 2:08PM – 3:40PM   | Taitila Until 6:06PM         | Nataraja: Clear   |                 | 3rd Phase                                |  |
| Creative Work                    | Amrita Yoga |                                  | Dvitiya Until 6:51AM         | Moon – White  |                 | Devaloka Day                             |  |
| Until 1:50AM Fri                 |             | Chellappaswami Mahasamadhi       |                              | Chaitra•Panguni   |                 |  |  |
| Then Creative Work - Siddha Yoga |             |                                  |                              |   |                 |  |  |
| <b>3</b>                         |             | <b>Friday, March 24, 2023</b>    |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Chatrthyam Titau              |                 | Winnipeg, MB, Canada<br>Sun 16 Sutra 341 |  |
| Mesha Rasi: 15.4                 | Tithi 4     | Gulika 7:56AM – 9:29AM           | Bharani Until 1:48AM Sat     | Ganesha: Clear  | Sunrise: 6:24AM | Subhakrit 5124                           |  |
|                                  |             | Yama 3:41PM – 5:14PM             | Vaidhriti* Until 2:10PM      | Muruqa: Clear   | Sunset: 6:47PM  | Moon 3 - Phase 47 - 16                   |  |
|                                  |             | 126896578 Rahu 11:02AM – 12:35PM | Vanija Until 5:07PM          | Nataraja: Clear   |                 | 3rd Phase                                |  |
| Creative Work                    | Siddha Yoga |                                  | Chatrurthi* Until 4:54AM Sat | Moon – White  |                 | Devaloka Day                             |  |
| Until 1:48AM Sat                 |             |                                  |                              | Chaitra•Panguni   |                 |  |  |
| Then Creative Work - Amrita Yoga |             |                                  |                              |   |                 |  |  |
| <b>4</b>                         |             | <b>Saturday, March 25, 2023</b>  |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau                     |                 | Winnipeg, MB, Canada<br>Sun 17 Sutra 342 |  |
| Mesha Rasi: 28.57                | Tithi 5     | Gulika 6:21AM – 7:55AM           | Krittika Until 2:22AM Sun    | Ganesha: Clear  | Sunrise: 6:21AM | Subhakrit 5124                           |  |
|                                  |             | Yama 2:08PM – 3:42PM             | Vishkambha* Until 12:48PM    | Muruqa: Clear   | Sunset: 6:48PM  | Moon 3 - Phase 47 - 17                   |  |
|                                  |             | 126896578 Rahu 9:28AM – 11:01AM  | Bava Until 4:55PM            | Nataraja: Clear   |                 | 3rd Phase                                |  |
| Creative Work                    | Amrita Yoga |                                  | Panchami Until 5:05AM Sun    | Moon – White  |                 | Devaloka Day                             |  |
| Until 2:22AM Sun                 |             |                                  |                              | Chaitra•Panguni   |                 |  |  |
| Then Creative Work - Siddha Yoga |             |                                  |                              |   |                 |  |  |
| <b>5</b>                         |             | <b>Sunday, March 26, 2023</b>    |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau                      |                 | Winnipeg, MB, Canada<br>Sun 18 Sutra 343 |  |
| Virshabha Rasi: 11.5             | Tithi 6     | Gulika 3:42PM – 5:16PM           | Rohini Until 3:59AM Mon      | Ganesha: Clear  | Sunrise: 6:19AM | Subhakrit 5124                           |  |
|                                  |             | Yama 12:35PM – 2:08PM            | Priti Until 12:03PM          | Muruqa: Clear   | Sunset: 6:50PM  | Moon 3 - Phase 47 - 18                   |  |
|                                  |             | 137896578 Rahu 5:16PM – 6:50PM   | Kaulava Until 5:30PM         | Nataraja: Clear   |                 | 3rd Phase                                |  |
| Creative Work                    | Siddha Yoga |                                  | Shashthi* Until 6:02AM Mon   | Moon – Yellow   |                 | Devaloka Day                             |  |
| Until 3:59AM Mon                 |             |                                  |                              | Chaitra•Panguni   |                 |  |  |
| Then Creative Work - Amrita Yoga |             |                                  |                              |   |                 |  |  |
| <b>6</b>                         |             | <b>Monday, March 27, 2023</b>    |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau          |                 | Winnipeg, MB, Canada<br>Sun 19 Sutra 344 |  |
| Virshabha Rasi: 24.22            | Tithi 6 – 7 | Gulika 2:09PM – 3:43PM           | Mrigashira Until 6:05AM Tue  | Ganesha: Clear  | Sunrise: 6:17AM | Subhakrit 5124                           |  |
| Family Home Evening              |             | Yama 11:00AM – 12:34PM           | Ayushman Until 11:50AM       | Muruqa: Clear   | Sunset: 6:51PM  | Moon 3 - Phase 47 - 19                   |  |
|                                  |             | 137896578 Rahu 7:51AM – 9:26AM   | Gara Until 6:47PM            | Nataraja: Clear   |                 | 3rd Phase                                |  |
| Creative Work                    | Amrita Yoga |                                  | Shashthi* Until 6:02AM       | Moon – Yellow   |                 | Devaloka Day                             |  |
| Until 6:05AM Tue                 |             |                                  |                              | Chaitra•Panguni   |                 |  |  |
| Then Routine Work - Marana Yoga  |             |                                  |                              |   |                 |  |  |
| <b>☾</b>                         |             | <b>Tuesday, March 28, 2023</b>   |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau |                 | Winnipeg, MB, Canada<br>Sun 20 Sutra 345 |  |
| Retreat Star                     |             | Gulika 12:34PM – 2:09PM          | Mrigashira Until 6:05AM      | Ganesha: Clear  | Sunrise: 6:15AM | Subhakrit 5124                           |  |
| Mithuna Rasi: 6.37               | Tithi 7 – 8 | Yama 9:24AM – 10:59AM            | Saubhagya Until 12:07PM      | Muruqa: Clear   | Sunset: 6:53PM  | Moon 3 - Phase 47 - 20                   |  |
|                                  |             | 137896578 Rahu 3:43PM – 5:18PM   | Visiti Until 8:39PM          | Nataraja: Clear   |                 | Ashtami                                  |  |
| Creative Work                    | Siddha Yoga |                                  | Saptami Until 7:38AM         | Moon – Yellow   |                 | Devaloka Day                             |  |
| Until 6:05AM                     |             |                                  |                              | Chaitra•Panguni   |                 |  |  |
| Then Routine Work - Marana Yoga  |             |                                  |                              |   |                 |  |  |
| <b>☽</b>                         |             | <b>Wednesday, March 29, 2023</b> |                              | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau       |                 | Winnipeg, MB, Canada<br>Sun 21 Sutra 346 |  |
| Retreat Star                     |             | Gulika 10:58AM – 12:34PM         | Ardra Until 8:30AM           | Ganesha: Clear  | Sunrise: 6:13AM | Subhakrit 5124                           |  |
| Mithuna Rasi: 18.4               | Tithi 8 – 9 | Yama 7:48AM – 9:23AM             | Sobhana Until 12:45PM        | Muruqa: Clear   | Sunset: 6:55PM  | Moon 3 - Phase 47 - 21                   |  |
|                                  |             | 137896578 Rahu 12:34PM – 2:09PM  | Balava Until 10:53PM         | Nataraja: Clear   |                 | Navami                                   |  |
| Creative Work                    | Siddha Yoga |                                  | Ashtami* Until 9:42AM        | Moon – Yellow   |                 | Devaloka Day                             |  |
|                                  |             | Sri Rama Navami                  |                              | Chaitra•Panguni   |                 |  |  |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

mes are standard time. Calculated for Winnipeg, MB, Canada on 5

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| <b>1</b> Thursday, March 30, 2023 |              | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                | Winnipeg, MB, Canada<br>Sun 22 Sutra 347<br>Subhakrit 5124 |   |
| Kataka Rasi: 0.35                 | Tithi 9 – 10 | <b>Gulika</b> 9:22AM – 10:58AM  | <b>Punarvasu</b> Until 11:30AM | <b>Ganesha:</b> White                                      | <i>Sunrise:</i> 6:11AM                            |
|                                   |              | Yama 6:11AM – 7:46AM  | Athiganda* Until 1:32PM        | <b>Muruqa:</b> Clear                                       | <i>Sunset:</i> 6:56PM                             |
|                                   |              | 147896578 <b>Rahu</b> 2:09PM – 3:45PM   | Taitila Until 1:17AM Fri       | <b>Nataraja:</b> Clear                                     | Moon 3 - Phase 48 - 22                            |
| Creative Work                     | Amrita Yoga  |   | <b>Navami*</b> Until 12:03PM   | Moon – Blue  | 4th Phase   |
|                                   |              |   |                                | <b>Chaitra*</b> Panguni                                    | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

|                                 |               |   |                             |  |   |
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| <b>2</b> Friday, March 31, 2023 |               | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                             | Winnipeg, MB, Canada<br>Sun 23 Sutra 348<br>Subhakrit 5124 |   |
| Kataka Rasi: 12.29              | Tithi 10 – 11 | <b>Gulika</b> 7:45AM – 9:21AM   | <b>Pushya</b> Until 2:26PM  | <b>Ganesha:</b> White                                      | <i>Sunrise:</i> 6:08AM                            |
|                                 |               | Yama 3:45PM – 5:21PM  | Sukarma Until 2:23PM        | <b>Muruqa:</b> Clear                                       | <i>Sunset:</i> 6:58PM                             |
|                                 |               | 147896578 <b>Rahu</b> 10:57AM – 12:33PM   | Vanija Until 3:41AM Sat     | <b>Nataraja:</b> Clear                                     | Moon 3 - Phase 48 - 23                            |
| Routine Work                    | Marana Yoga   |   | <b>Dashami</b> Until 2:29PM | Moon – Blue  | 4th Phase   |
|                                 |               | <b>Yogaswami Mahasamadhi</b>  |                             | <b>Chaitra*</b> Panguni                                    | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

|                                  |               |   |                               |  |   |
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| <b>3</b> Saturday, April 1, 2023 |               | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                               | Winnipeg, MB, Canada<br>Sun 24 Sutra 349<br>Subhakrit 5124 |   |
| Kataka Rasi: 24.23               | Tithi 11 – 12 | <b>Gulika</b> 6:08AM – 7:45AM   | <b>Ashlesha*</b> Until 5:05PM | <b>Ganesha:</b> White                                      | <i>Sunrise:</i> 6:08AM                            |
|                                  |               | Yama 2:09PM – 3:45PM  | Dhriti Until 3:11PM           | <b>Muruqa:</b> Clear                                       | <i>Sunset:</i> 6:58PM                             |
|                                  |               | 147896578 <b>Rahu</b> 9:21AM – 10:57AM  | Bava Until 5:54AM Sun         | <b>Nataraja:</b> Clear                                     | Moon 3 - Phase 48 - 24                            |
| Routine Work                     | Marana Yoga   |   | <b>Ekadashi</b> Until 4:48PM  | Moon – Blue  | 4th Phase   |
| Until 5:05PM                     |               |   |                               | <b>Chaitra*</b> Panguni                                    | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga |               |   |                               |  |   |

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| <b>4</b> Sunday, April 2, 2023   |             | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha* Nakshatra Shula*/Ganda* Yoga Balava Karana Dvadashyam Titau |                              | Winnipeg, MB, Canada<br>Sun 25 Sutra 350<br>Subhakrit 5124 |                        |
| Simha Rasi: 6.22                 | Tithi 12    | <b>Gulika</b> 3:46PM – 5:23PM   | <b>Magha*</b> Until 7:50PM   | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:06AM |
|                                  |             | Yama 12:33PM – 2:09PM   | Shula* Until 3:46PM          | <b>Muruqa:</b> Clear                                       | <i>Sunset:</i> 6:59PM  |
|                                  |             | 158896578 <b>Rahu</b> 5:23PM – 6:59PM   | Balava Until 6:52PM          | <b>Nataraja:</b> Clear                                     | Moon 3 - Phase 48 - 25 |
| Routine Work                     | Marana Yoga |   | <b>Dvadashi</b> Until 6:52PM | Moon – Red   | 4th Phase              |
| Until 7:50PM                     |             |   |                              | <b>Chaitra*</b> Panguni                                    | <b>Devaloka Day</b>    |
| Then Creative Work - Siddha Yoga |             |   |                              |  |                        |

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| <b>5</b> Monday, April 3, 2023 |             | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Ganda*/Vridhii Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                    | Winnipeg, MB, Canada<br>Sun 26 Sutra 351<br>Subhakrit 5124 |                        |
| Simha Rasi: 18.28              | Tithi 13    | <b>Gulika</b> 2:10PM – 3:47PM   | <b>Purvaphalguni</b> Until 10:04PM | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:04AM |
| <b>Family Home Evening</b>     |             | Yama 10:55AM – 12:32PM  | Ganda* Until 4:06PM                | <b>Muruqa:</b> Clear                                       | <i>Sunset:</i> 7:01PM  |
|                                |             | 158896578 <b>Rahu</b> 7:41AM – 9:18AM   | Kaulava Until 7:48AM               | <b>Nataraja:</b> Clear                                     | Moon 3 - Phase 48 - 26 |
| Creative Work                  | Siddha Yoga |   | <b>Trayodashi</b> Until 8:34PM     | Moon – Red   | 4th Phase              |
|                                |             |   |                                    | <b>Chaitra*</b> Panguni                                    | <b>Devaloka Day</b>    |
|                                |             |   |                                    |  |                        |

*Pradosha Vrata*

|                                  |             |  |                                     |  |                        |
|----------------------------------|-------------|--|-------------------------------------|--|------------------------|
| <b>6</b> Tuesday, April 4, 2023  |             | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vridhii/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau |                                     | Winnipeg, MB, Canada<br>Sun 27 Sutra 352<br>Subhakrit 5124 |                        |
| Kanya Rasi: 0.44                 | Tithi 14    | <b>Gulika</b> 12:32PM – 2:10PM   | <b>Uttaraphalguni</b> Until 11:42PM | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:02AM |
|                                  |             | Yama 9:17AM – 10:55AM  | Vridhii Until 4:07PM                | <b>Muruqa:</b> Clear                                       | <i>Sunset:</i> 7:02PM  |
|                                  |             | 158896578 <b>Rahu</b> 3:47PM – 5:25PM  | Gara Until 9:17AM                   | <b>Nataraja:</b> Clear                                     | Moon 3 - Phase 48 - 27 |
| Creative Work                    | Amrita Yoga |  | <b>Chaturdashi*</b> Until 9:50PM    | Moon – Red   | 4th Phase              |
| Until 11:42PM                    |             |  |                                     | <b>Chaitra*</b> Panguni                                    | <b>Devaloka Day</b>    |
| Then Creative Work - Siddha Yoga |             |  |                                     |  |                        |

|                                   |             |  |                               |   |   |
|-----------------------------------|-------------|--|-------------------------------|---|---|
| <b>○</b> Wednesday, April 5, 2023 |             | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau |                               | Winnipeg, MB, Canada<br>Sutra 353<br>Subhakrit 5124 |   |
| <b>Copper Retreat Star</b>        |             | <b>Gulika</b> 10:54AM – 12:32PM  | <b>Hasta</b> Until 1:11AM Thu | <b>Ganesha:</b> Blue                                | <i>Sunrise:</i> 6:00AM                            |
| Kanya Rasi: 13.12                 | Tithi 15    | Yama 7:38AM – 9:16AM   | Dhruva Until 3:44PM           | <b>Muruqa:</b> Clear                                | <i>Sunset:</i> 7:04PM                             |
|                                   |             | 168896578 <b>Rahu</b> 12:32PM – 2:10PM   | Visti Until 10:17AM           | <b>Nataraja:</b> Clear                              | Moon 3 - Phase 48 - Purnima                       |
| Routine Work                      | Marana Yoga |  | <b>Purnima*</b> Until 10:36PM | Moon – Green  |   |
| Until 1:11AM Thu                  |             | <b>Panguni Uttiram</b>   |                               | <b>Chaitra*</b> Panguni                             | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga  |             | <b>Hanuman Jayanti</b>   |                               |   |   |

|                                |             |  |                                |   |   |
|--------------------------------|-------------|--|--------------------------------|---|---|
| <b>Thursday, April 6, 2023</b> |             | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau |                                | Winnipeg, MB, Canada<br>Sutra 354<br>Subhakrit 5124 |   |
| <b>Silver Retreat Star</b>     |             | <b>Gulika</b> 9:15AM – 10:53AM   | <b>Chitra</b> Until 2:03AM Fri | <b>Ganesha:</b> Blue                                | <i>Sunrise:</i> 5:58AM                            |
| Kanya Rasi: 25.53              | Tithi 16    | Yama 5:58AM – 7:36AM   | Vyaghata* Until 3:00PM         | <b>Muruqa:</b> Clear                                | <i>Sunset:</i> 7:05PM                             |
|                                |             | 168896578 <b>Rahu</b> 2:10PM – 3:48PM  | Balava Until 10:49AM           | <b>Nataraja:</b> Clear                              | Moon 3 - Phase 48 - Prathama                      |
| Creative Work                  | Siddha Yoga |  | <b>Prathama*</b> Until 10:52PM | Moon – Green  |   |
|                                |             |  |                                | <b>Chaitra*</b> Panguni                             | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |





**Friday, April 7, 2023**  
**Gold Retreat Star**

Tula Rasi: 8.48      Tithi 17  
Creative Work      Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 7:35AM – 9:14AM  
Yama 3:49PM – 5:28PM  
168896578 **Rahu** 10:52AM – 12:31PM

**Svati Until 2:18AM Sat**  
Harshana Until 1:54PM  
Taitila Until 10:51AM  
**Dvitiya Until 10:41PM**

Winnipeg, MB, Canada  
Sun 1      Sutra 355  
Subhakit 5124

**Ganesha:** Blue      *Sunrise:* 5:56AM  
**Muruqa:** Clear      *Sunset:* 7:07PM  
**Nataraja:** Clear  
Moon – Green

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Saturday, April 8, 2023**

Tula Rasi: 21.56      Tithi 18  
Creative Work      Siddha Yoga  
Until 2:28AM Sun  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Vishakha Nakshatra Vajra\*/Siddhi Yoga Vanija/Visli\* Karana Tritiyayam Titau

**Gulika** 5:54AM – 7:33AM  
Yama 2:10PM – 3:50PM  
179896578 **Rahu** 9:12AM – 10:52AM

**Vishakha Until 2:28AM Sun**  
Vajra\* Until 12:26PM  
Vanija Until 10:27AM  
**Tritiya Until 10:05PM**

Winnipeg, MB, Canada  
Sun 2      Sutra 356  
Subhakit 5124

**Ganesha:** Red      *Sunrise:* 5:54AM  
**Muruqa:** Clear      *Sunset:* 7:08PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

**2**

**Sunday, April 9, 2023**

Virschika Rasi: 5.18      Tithi 19  
Routine Work      Marana Yoga  
Until 2:07AM Mon  
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 3:50PM – 5:30PM  
Yama 12:31PM – 2:11PM  
179896578 **Rahu** 5:30PM – 7:10PM

**Anuradha Until 2:07AM Mon**  
Siddhi Until 10:40AM  
Bava Until 9:40AM  
**Chaturthi\* Until 9:06PM**

Winnipeg, MB, Canada  
Sun 3      Sutra 357  
Subhakit 5124

**Ganesha:** Red      *Sunrise:* 5:52AM  
**Muruqa:** Clear      *Sunset:* 7:10PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

**3**

**Monday, April 10, 2023**

Virschika Rasi: 18.52      Tithi 20  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 1:17AM Tue  
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 2:11PM – 3:51PM  
Yama 10:50AM – 12:30PM  
179896578 **Rahu** 7:30AM – 9:10AM

**Jyeshtha\* Until 1:17AM Tue**  
Vyatipata\* Until 8:38AM  
Kaulava Until 8:30AM  
**Panchami Until 7:47PM**

Winnipeg, MB, Canada  
Sun 4      Sutra 358  
Subhakit 5124

**Ganesha:** Red      *Sunrise:* 5:49AM  
**Muruqa:** Clear      *Sunset:* 7:11PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**

**4**

**Tuesday, April 11, 2023**

Dhanus Rasi: 2.37      Tithi 21  
Creative Work      Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Variyan/Parigaha\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 12:30PM – 2:11PM  
Yama 9:09AM – 10:49AM  
189896578 **Rahu** 3:52PM – 5:32PM

**Mula\* Until 12:28AM Wed**  
Variyan Until 6:19AM  
Gara Until 7:02AM  
**Shashthi\* Until 6:10PM**

Winnipeg, MB, Canada  
Sun 5      Sutra 359  
Subhakit 5124

**Ganesha:** Green      *Sunrise:* 5:47AM  
**Muruqa:** Clear      *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Light Blue

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Wednesday, April 12, 2023**

Dhanus Rasi: 16.33      Tithi 22 – 23  
Creative Work      Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 10:49AM – 12:30PM  
Yama 7:26AM – 9:08AM  
189896578 **Rahu** 12:30PM – 2:11PM

**Purvashadha\* Until 11:14PM**  
Shiva Until 1:04AM Thu  
Balava Until 3:15AM Thu  
**Saptami Until 4:16PM**

Winnipeg, MB, Canada  
Sun 6      Sutra 360  
Subhakit 5124

**Ganesha:** Green      *Sunrise:* 5:45AM  
**Muruqa:** Clear      *Sunset:* 7:15PM  
**Nataraja:** Clear  
Moon – Light Blue

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Thursday, April 13, 2023**  
**Retreat Star**

Makara Rasi: 0.38      Tithi 23 – 24  
Routine Work      Marana Yoga  
Until 9:39PM  
Then Creative Work - Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 9:06AM – 10:48AM  
Yama 5:43AM – 7:25AM  
189996578 **Rahu** 2:11PM – 3:53PM

**Uttarashadha Until 9:39PM**  
Siddha Until 10:08PM  
Taitila Until 1:01AM Fri  
**Ashtami\* Until 2:09PM**

Winnipeg, MB, Canada  
Sun 7      Sutra 361  
Subhakit 5124

**Ganesha:** White      *Sunrise:* 5:43AM  
**Muruqa:** Clear      *Sunset:* 7:16PM  
**Nataraja:** Clear  
Moon – Light Blue

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Friday, April 14, 2023**

**Retreat Star**

Makara Rasi: 14.52      Tithi 24 – 25  
Routine Work      Marana Yoga  
Until 8:10PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 7:23AM – 9:05AM  
Yama 3:53PM – 5:36PM  
299996578 **Rahu** 10:47AM – 12:29PM

**Shravana Until 8:10PM**  
Sadhya Until 7:05PM  
Vanija Until 10:38PM  
**Navami\* Until 11:49AM**

Winnipeg, MB, Canada  
Sun 8      Sutra 362  
Sobhana 5125

**Ganesha:** White      *Sunrise:* 5:41AM  
**Muruqa:** Clear      *Sunset:* 7:18PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Tamil New Year


Chaitra\*Chaitra


|          |                                 |               |   |                                |                        |   |   |
|----------|---------------------------------|---------------|---|--------------------------------|------------------------|---|---|
| <b>1</b> | <b>Saturday, April 15, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekodashyam Titau |                                |                        |   | Winnipeg, MB, Canada<br>Sun 9 Sutra 363 |
|          | Makara Rasi: 29.12              | Tithi 25 – 26 | <b>Gulika</b> 5:39AM – 7:22AM   | <b>Dhanishtha</b> Until 6:26PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:39AM                            | Sobhana 5125                            |
|          |                                 |               | Yama 2:12PM – 3:54PM  | Subha Until 3:57PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:19PM                             | Moon 4 - Phase 1 - 9                    |
|          |                                 | 299996578     | <b>Rahu</b> 9:04AM – 10:47AM  | Bava Until 8:08PM              | <b>Nataraja:</b> Clear |   | 2nd Phase                               |
|          |                                 |               | <b>Dashami</b> Until 9:22AM   | Moon – Purple                  |                        |   |   |
|          |                                 |               |   | Chaitra+Chaitra                |                        | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |   |
|          |                                 |               |   |                                |                        |   |   |

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|----------|-------------------------------|---------------|---|----------------------------------|------------------------|------------------------|--|
| <b>2</b> | <b>Sunday, April 16, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau |                                  |                        |                        | Winnipeg, MB, Canada<br>Sun 10 Sutra 364 |
|          | Kumbha Rasi: 13.35            | Tithi 26 – 27 | <b>Gulika</b> 3:55PM – 5:38PM   | <b>Shatabhishak</b> Until 4:33PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:37AM | Sobhana 5125                             |
|          |                               |               | Yama 12:29PM – 2:12PM   | Sukla Until 12:46PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:21PM  | Moon 4 - Phase 1 - 10                    |
|          |                               | 291996578     | <b>Rahu</b> 5:38PM – 7:21PM   | Taitila Until 4:22AM Mon         | <b>Nataraja:</b> Clear |                        | 2nd Phase                                |
|          |                               |               | <b>Ekadashi*</b> Until 6:51AM   | Moon – Purple                    |                        |                        |  |
|          |                               |               |   | Chaitra+Chaitra                  |                        | <b>Devaloka Day</b>    |  |
|          |                               |               |   |                                  |                        |                        |  |

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|----------|-------------------------------|-----------|--|---------------------------------------|------------------------|------------------------|--|
| <b>3</b> | <b>Monday, April 17, 2023</b> |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau |                                       |                        |                        | Winnipeg, MB, Canada<br>Sun 11 Sutra 1 |
|          | Kumbha Rasi: 27.57            | Tithi 28  | <b>Gulika</b> 2:12PM – 3:55PM  | <b>Purvaproshtapada*</b> Until 3:01PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:35AM | Sobhana 5125                           |
|          | <b>Family Home Evening</b>    |           | Yama 10:45AM – 12:29PM   | Brahma Until 9:39AM                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:22PM  | Moon 4 - Phase 1 - 11                  |
|          |                               | 211996578 | <b>Rahu</b> 7:18AM – 9:02AM  | Gara Until 3:11PM                     | <b>Nataraja:</b> Clear |                        | 2nd Phase                              |
|          |                               |           | <b>Trayodashi*</b> Until 2:01AM Tue  | Moon – Clear                          |                        |                        |  |
|          |                               |           |  | Chaitra+Chaitra                       |                        | <b>Devaloka Day</b>    |  |
|          |                               |           |  |                                       |                        |                        |  |

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| <b>4</b> | <b>Tuesday, April 18, 2023</b> |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau |                                       |                        |                        | Winnipeg, MB, Canada<br>Sun 12 Sutra 2 |
|          | Meena Rasi: 12.13              | Tithi 29  | <b>Gulika</b> 12:28PM – 2:12PM   | <b>Uttaraproshtapada</b> Until 1:32PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:33AM | Sobhana 5125                           |
|          |                                |           | Yama 9:01AM – 10:45AM  | Indra Until 6:40AM                    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:24PM  | Moon 4 - Phase 1 - 12                  |
|          |                                | 211996578 | <b>Rahu</b> 3:56PM – 5:40PM  | Visti Until 12:57PM                   | <b>Nataraja:</b> Clear |                        | 2nd Phase                              |
|          |                                |           | <b>Chaturdashi*</b> Until 11:55PM  | Moon – Clear                          |                        |                        |  |
|          |                                |           |  | Chaitra+Chaitra                       |                        | <b>Devaloka Day</b>    |  |
|          |                                |           |  |                                       |                        |                        |  |

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|  | <b>Wednesday, April 19, 2023</b> |                     | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                              |                        |                        | Winnipeg, MB, Canada<br>Sun 13 Sutra 3 |
|   |                                  | <b>Retreat Star</b> | <b>Gulika</b> 10:44AM – 12:28PM  | <b>Revati</b> Until 12:14PM  | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:31AM | Sobhana 5125                           |
|   | Meena Rasi: 26.17                | Tithi 30            | Yama 7:15AM – 9:00AM   | Vishkambha* Until 1:28AM Thu | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:25PM  | Moon 4 - Phase 1 - 13                  |
|   |                                  | 211996578           | <b>Rahu</b> 12:28PM – 2:12PM   | Catuspada Until 11:02AM      | <b>Nataraja:</b> Clear |                        | Amavasya                               |
|   |                                  |                     | <b>Amavasya*</b> Until 10:12PM   | Moon – Clear                 |                        |                        |  |
|   |                                  |                     |  | Chaitra+Chaitra              |                        | <b>Devaloka Day</b>    |  |
|   |                                  |                     |  |                              |                        |                        |  |

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|---|---------------------------------|---------------------|---|------------------------------|------------------------|------------------------|--|
|  | <b>Thursday, April 20, 2023</b> |                     | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau |                              |                        |                        | Winnipeg, MB, Canada<br>Sun 14 Sutra 4 |
|   |                                 | <b>Retreat Star</b> | <b>Gulika</b> 8:59AM – 10:43AM  | <b>Ashvini</b> Until 11:39AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:29AM | Sobhana 5125                           |
|   | Mesha Rasi: 10.07               | Tithi 1             | Yama 5:29AM – 7:14AM  | Priti Until 11:27PM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:27PM  | Moon 4 - Phase 1 - 14                  |
|   |                                 | 221996578           | <b>Rahu</b> 2:13PM – 3:57PM   | Kintughna Until 9:32AM       | <b>Nataraja:</b> Clear |                        | Prathama                               |
|   |                                 |                     | <b>Prathama*</b> Until 8:58PM   | Moon – White                 |                        |                        |  |
|   |                                 |                     |   | Vaisaka+Chaitra              |                        | <b>Devaloka Day</b>    |  |
|   |                                 |                     |   |                              |                        |                        |  |

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|----------|-------------------------------|-------------|--|------------------------------|------------------------|------------------------|--------------------------------|---------------------|
| <b>1</b> | <b>Friday, April 21, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau |                              |                        |                        | Winnipeg, MB, Canada<br>Sun 15 | Sutra 5             |
|          | Mesha Rasi: 23.38             | Tithi 2     | <b>Gulika</b> 7:12AM – 8:57AM  | <b>Bharani</b> Until 11:28AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:27AM | Sobhana 5125                   |                     |
|          |                               |             | Yama 3:58PM – 5:43PM   | Ayushman Until 9:53PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:28PM  | Moon 4 - Phase 2 - 15          |                     |
|          | Creative Work                 | Siddha Yoga | 221996578 <b>Rahu</b> 10:43AM – 12:28PM  | Balava Until 8:35AM          | <b>Nataraja:</b> Clear |                        | 3rd Phase                      | <b>Devaloka Day</b> |
|          |                               |             | <b>Dvitiya</b> Until 8:19PM  | Moon – White                 |                        |                        | <b>Vaisaka-Chaitra</b>         |                     |

|          |                                 |             |  |                               |                        |                        |                                |                     |
|----------|---------------------------------|-------------|--|-------------------------------|------------------------|------------------------|--------------------------------|---------------------|
| <b>2</b> | <b>Saturday, April 22, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau |                               |                        |                        | Winnipeg, MB, Canada<br>Sun 16 | Sutra 6             |
|          | Vrishabha Rasi: 6.48            | Tithi 3     | <b>Gulika</b> 5:25AM – 7:11AM  | <b>Krittika</b> Until 11:44AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:25AM | Sobhana 5125                   |                     |
|          |                                 |             | Yama 2:13PM – 3:59PM   | Saubhagya Until 8:51PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:30PM  | Moon 4 - Phase 2 - 16          |                     |
|          | Creative Work                   | Amrita Yoga | 221996578 <b>Rahu</b> 8:56AM – 10:42AM   | Taitila Until 8:15AM          | <b>Nataraja:</b> Clear |                        | 3rd Phase                      | <b>Devaloka Day</b> |
|          |                                 |             | <b>Akshaya</b> Tritiya   | Moon – White                  |                        |                        | <b>Vaisaka-Chaitra</b>         |                     |
|          |                                 |             | <b>Tritiya</b> Until 8:19PM  |                               |                        |                        |                                |                     |

|          |                               |             |   |                             |                        |                        |                                |                     |
|----------|-------------------------------|-------------|---|-----------------------------|------------------------|------------------------|--------------------------------|---------------------|
| <b>3</b> | <b>Sunday, April 23, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau |                             |                        |                        | Winnipeg, MB, Canada<br>Sun 17 | Sutra 7             |
|          | Vrishabha Rasi: 19.39         | Tithi 4     | <b>Gulika</b> 3:59PM – 5:45PM   | <b>Rohini</b> Until 12:58PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:23AM | Sobhana 5125                   |                     |
|          |                               |             | Yama 12:27PM – 2:13PM   | Sobhana Until 8:20PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:31PM  | Moon 4 - Phase 2 - 17          |                     |
|          | Creative Work                 | Siddha Yoga | 231996578 <b>Rahu</b> 5:45PM – 7:31PM   | Vanija Until 8:35AM         | <b>Nataraja:</b> Clear |                        | 3rd Phase                      | <b>Devaloka Day</b> |
|          |                               |             | <b>Chaturthi*</b> Until 8:59PM  | Moon – Yellow               |                        |                        | <b>Vaisaka-Chaitra</b>         |                     |

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| <b>4</b> | <b>Monday, April 24, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau |                                |                        |                        | Winnipeg, MB, Canada<br>Sun 18 | Sutra 8             |
|          | Mithuna Rasi: 2.11            | Tithi 5     | <b>Gulika</b> 2:14PM – 4:00PM  | <b>Mrigashira</b> Until 2:40PM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:21AM | Sobhana 5125                   |                     |
|          | <b>Family Home Evening</b>    |             | Yama 10:41AM – 12:27PM   | Athiganda* Until 8:17PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:33PM  | Moon 4 - Phase 2 - 18          |                     |
|          | Creative Work                 | Amrita Yoga | 231996578 <b>Rahu</b> 7:08AM – 8:54AM  | Bava Until 9:34AM              | <b>Nataraja:</b> Clear |                        | 3rd Phase                      | <b>Devaloka Day</b> |
|          |                               |             | <b>Adi Sankara Jayanthi</b>  | Moon – Yellow                  |                        |                        | <b>Vaisaka-Chaitra</b>         |                     |
|          |                               |             | <b>Panchami</b> Until 10:15PM  |                                |                        |                        |                                |                     |

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| <b>5</b> | <b>Tuesday, April 25, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau |                           |                         |                        | Winnipeg, MB, Canada<br>Sun 19 | Sutra 9             |
|          | Mithuna Rasi: 14.29            | Tithi 6     | <b>Gulika</b> 12:27PM – 2:14PM  | <b>Ardra</b> Until 4:44PM | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 5:19AM | Sobhana 5125                   |                     |
|          |                                |             | Yama 8:53AM – 10:40AM   | Sukarma Until 8:38PM      | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:34PM  | Moon 4 - Phase 2 - 19          |                     |
|          | Routine Work                   | Marana Yoga | 231996579 <b>Rahu</b> 4:01PM – 5:48PM   | Kaulava Until 11:07AM     | <b>Nataraja:</b> Purple |                        | 3rd Phase                      | <b>Sivaloka Day</b> |
|          |                                |             | <b>Shashthi*</b> Until 12:02AM Wed  | Moon – Yellow             |                         |                        | <b>Vaisaka-Chaitra</b>         |                     |

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| <b>6</b> | <b>Wednesday, April 26, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau |                               |                         |                        | Winnipeg, MB, Canada<br>Sun 20 | Sutra 10                  |
|          | Mithuna Rasi: 26.34              | Tithi 7     | <b>Gulika</b> 10:39AM – 12:27PM   | <b>Punarvasu</b> Until 7:31PM | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 5:18AM | Sobhana 5125                   |                           |
|          |                                  |             | Yama 7:05AM – 8:52AM  | Dhriti Until 9:18PM           | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:36PM  | Moon 4 - Phase 2 - 20          |                           |
|          | Creative Work                    | Siddha Yoga | 241996579 <b>Rahu</b> 12:27PM – 2:14PM  | Gara Until 1:06PM             | <b>Nataraja:</b> Purple |                        | 3rd Phase                      | <b>Subha Sivaloka Day</b> |
|          |                                  |             | <b>Saptami</b> Until 2:11AM Thu   | Moon – Blue                   |                         |                        | <b>Vaisaka-Chaitra</b>         |                           |

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| <b>D</b> | <b>Thursday, April 27, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau |                             |                         |                        | Winnipeg, MB, Canada<br>Sun 21 | Sutra 11            |
|          | <b>Retreat Star</b>             |             | <b>Gulika</b> 8:51AM – 10:39AM   | <b>Pushya</b> Until 10:21PM | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:16AM | Sobhana 5125                   |                     |
|          | Kataka Rasi: 8.32               | Tithi 8     | Yama 5:16AM – 7:03AM   | Shula* Until 10:06PM        | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:37PM  | Moon 4 - Phase 2 - 21          |                     |
|          | Creative Work                   | Amrita Yoga | 242996579 <b>Rahu</b> 2:14PM – 4:02PM  | Visiti Until 3:21PM         | <b>Nataraja:</b> Purple |                        | Ashtami                        | <b>Sivaloka Day</b> |
|          |                                 |             | <b>Ashtami*</b> Until 4:30AM Fri   | Moon – Blue                 |                         |                        | <b>Vaisaka-Chaitra</b>         |                     |

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| <b>D</b> | <b>Friday, April 28, 2023</b> |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau |                                   |                         |                        | Winnipeg, MB, Canada<br>Sun 22 | Sutra 12            |
|          | <b>Retreat Star</b>           |             | <b>Gulika</b> 7:02AM – 8:50AM   | <b>Ashlesha*</b> Until 1:03AM Sat | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 5:14AM | Sobhana 5125                   |                     |
|          | Kataka Rasi: 20.27            | Tithi 9     | Yama 4:03PM – 5:51PM  | Ganda* Until 10:57PM              | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 7:39PM  | Moon 4 - Phase 2 - 22          |                     |
|          | Routine Work                  | Marana Yoga | 242996579 <b>Rahu</b> 10:38AM – 12:26PM   | Balava Until 5:42PM               | <b>Nataraja:</b> Purple |                        | Navami                         | <b>Sivaloka Day</b> |
|          |                               |             | <b>Navami*</b> Until 6:49AM Sat   | Moon – Blue                       |                         |                        | <b>Vaisaka-Chaitra</b>         |                     |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


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| <b>1</b>  | <b>Saturday, April 29, 2023</b> |              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |  |   |   | Winnipeg, MB, Canada<br>Sun 23 | Sutra 13                           |
|   | Simha Rasi: 2.22                | Tithi 9 – 10 | <b>Gulika</b> 5:12AM – 7:01AM<br>Yama 2:15PM – 4:03PM<br>252996579 <b>Rahu</b> 8:49AM – 10:38AM  | <b>Magha* Until 3:56AM Sun</b><br>Vriddhi Until 11:42PM<br>Taitila Until 7:55PM<br><b>Navami* Until 6:49AM</b> | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Red | <b>Sunrise:</b> 5:12AM<br><b>Sunset:</b> 7:40PM | Sobhana 5125                   | Moon 4 - Phase 3 - 23<br>4th Phase |
| Creative Work Amrita Yoga<br>Until 3:56AM Sun<br>Then Creative Work - Siddha Yoga |                                 |              |  |  |   | <b>Devaloka Day</b>                             |                                |                                    |


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| <b>2</b>                  | <b>Sunday, April 30, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |   |   |   | Winnipeg, MB, Canada<br>Sun 24 | Sutra 14                           |
|                           | Simha Rasi: 14.22             | Tithi 10 – 11 | <b>Gulika</b> 4:04PM – 5:53PM<br>Yama 12:26PM – 2:15PM<br>252996579 <b>Rahu</b> 5:53PM – 7:42PM  | <b>Purvaphalguni Until 6:17AM Mon</b><br>Dhruva Until 12:10AM Mon<br>Vanija Until 9:51PM<br><b>Dashami Until 8:55AM</b> | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Red | <b>Sunrise:</b> 5:10AM<br><b>Sunset:</b> 7:42PM | Sobhana 5125                   | Moon 4 - Phase 3 - 24<br>4th Phase |
| Creative Work Siddha Yoga |                               |               |  |   |   | <b>Devaloka Day</b>                             |                                |                                    |

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| <b>3</b>   | <b>Monday, May 1, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau |   |   |   | Winnipeg, MB, Canada<br>Sun 25 | Sutra 15                           |
|  | Simha Rasi: 26.31          | Tithi 11 – 12 | <b>Gulika</b> 2:16PM – 4:05PM<br>Yama 10:36AM – 12:26PM<br>252996579 <b>Rahu</b> 6:56AM – 8:46AM  | <b>Purvaphalguni Until 6:17AM</b><br>Vyaghata* Until 12:17AM Tue<br>Bava Until 11:19PM<br><b>Ekadashi Until 10:38AM</b> | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Red | <b>Sunrise:</b> 5:07AM<br><b>Sunset:</b> 7:45PM | Sobhana 5125                   | Moon 4 - Phase 3 - 25<br>4th Phase |
| Family Home Evening<br>Creative Work Siddha Yoga |                            |               |   |   |   | <b>Devaloka Day</b>                             |                                |                                    |

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| <b>4</b>  | <b>Tuesday, May 2, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |  |   |   | Winnipeg, MB, Canada<br>Sun 26 | Sutra 16                           |
|   | Kanya Rasi: 8.52            | Tithi 12 – 13 | <b>Gulika</b> 12:26PM – 2:16PM<br>Yama 8:45AM – 10:36AM<br>252996579 <b>Rahu</b> 4:06PM – 5:56PM  | <b>Uttaraphalguni Until 8:00AM</b><br>Harshana Until 11:58PM<br>Kaulava Until 12:11AM Wed<br><b>Dvadashi Until 11:48AM</b> | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Red | <b>Sunrise:</b> 5:05AM<br><b>Sunset:</b> 7:47PM | Sobhana 5125                   | Moon 4 - Phase 3 - 26<br>4th Phase |
| Creative Work Amrita Yoga<br>Until 8:00AM<br>Then Creative Work - Siddha Yoga |                             |               |   |  |   | <b>Devaloka Day</b>                             |                                | <i>Pradosha Vrata</i>              |

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| <b>5</b>   | <b>Wednesday, May 3, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |  |   |   | Winnipeg, MB, Canada<br>Sun 27 | Sutra 17                           |
|  | Kanya Rasi: 21.29             | Tithi 13 – 14 | <b>Gulika</b> 10:35AM – 12:26PM<br>Yama 6:54AM – 8:44AM<br>262996579 <b>Rahu</b> 12:26PM – 2:16PM  | <b>Hasta Until 9:27AM</b><br>Vajra* Until 11:07PM<br>Gara Until 12:26AM Thu<br><b>Trayodashi Until 12:22PM</b> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Green | <b>Sunrise:</b> 5:03AM<br><b>Sunset:</b> 7:48PM | Sobhana 5125                   | Moon 4 - Phase 3 - 27<br>4th Phase |
| Routine Work Marana Yoga<br>Until 9:27AM<br>Then Creative Work - Siddha Yoga |                               |               |  |  |   | <b>Sivaloka Day</b>                             |                                |                                    |

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|  | <b>Thursday, May 4, 2023</b> |                            | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau |   |   |   | Winnipeg, MB, Canada<br>Sun 28 | Sutra 18                      |
|   | Tula Rasi: 4.24              | Tithi 14 – 15              | <b>Gulika</b> 8:43AM – 10:34AM<br>Yama 5:01AM – 6:52AM<br>262996579 <b>Rahu</b> 2:16PM – 4:07PM   | <b>Chitra Until 10:07AM</b><br>Siddhi Until 9:48PM<br>Vistil Until 12:03AM Fri<br><b>Chaturdashi* Until 12:18PM</b> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Green | <b>Sunrise:</b> 5:01AM<br><b>Sunset:</b> 7:49PM | Sobhana 5125                   | Moon 4 - Phase 3 -<br>Purnima |
| Creative Work Siddha Yoga<br>Until 10:07AM<br>Then Creative Work - Amrita Yoga      |                              | Budha Purnima (Tamil Nadu) |   |   |   | <b>Sivaloka Day</b>                             |                                |                               |

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|  | <b>Friday, May 5, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |  |   |   | Winnipeg, MB, Canada<br>Sun 29 | Sutra 19                       |
|   | Tula Rasi: 17.39           | Tithi 15 – 16 | <b>Gulika</b> 6:51AM – 8:43AM<br>Yama 4:08PM – 6:00PM<br>262996579 <b>Rahu</b> 10:34AM – 12:25PM   | <b>Svati Until 10:02AM</b><br>Vyatipata* Until 8:01PM<br>Balava Until 11:05PM<br><b>Purnima* Until 11:37AM</b> | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Green | <b>Sunrise:</b> 5:00AM<br><b>Sunset:</b> 7:51PM | Sobhana 5125                   | Moon 4 - Phase 3 -<br>Prathama |
| Creative Work Siddha Yoga   |                            |               |  |  |   | <b>Sivaloka Day</b>                             |                                |                                |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda