



Monday, April 18, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Yogyakarta, Indonesia
Sutra 1
Subhakrit 5124

Tula Rasi: 19.21 Tithi 17
Family Home Evening
Creative Work Amrita Yoga
Until 6:55AM
Then Routine Work - Marana Yoga

268345478

Gulika 1:08PM – 2:37PM
Yama 10:09AM – 11:39AM
Rahu 7:10AM – 8:40AM

Svati Until 6:55AM
Siddhi Until 9:51PM
Taitila Until 10:16AM
Dvitiya Until 8:54PM

Ganesha: Clear *Sunrise: 5:41AM*
Muruḡa: White *Sunset: 5:36PM*
Nataraja: White
Moon – Green
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Moon 4 - Phase 1 -
1st Phase

1

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Yogyakarta, Indonesia
Sun 1 Sutra 2
Subhakrit 5124

Virschika Rasi: 3.52 Tithi 18
Creative Work Siddha Yoga

278345478

Gulika 11:38AM – 1:08PM
Yama 8:40AM – 10:09AM
Rahu 2:37PM – 4:06PM

Anuradha Until 3:06AM Wed
Vyatipata* Until 6:29PM
Vanija Until 7:32AM
Tritiya Until 6:07PM

Ganesha: Purple *Sunrise: 5:41AM*
Muruḡa: White *Sunset: 5:36PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Moon 4 - Phase 1 -
1st Phase

2

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Varyani/Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yogyakarta, Indonesia
Sun 2 Sutra 3
Subhakrit 5124

Virschika Rasi: 18.25 Tithi 19 – 20
Creative Work Siddha Yoga

278345478

Gulika 10:09AM – 11:38AM
Yama 7:10AM – 8:39AM
Rahu 11:38AM – 1:07PM

Jyeshtha* Until 1:00AM Thu
Varyani Until 3:05PM
Kaulava Until 2:01AM Thu
Chaturthi* Until 3:21PM

Ganesha: Purple *Sunrise: 5:41AM*
Muruḡa: White *Sunset: 5:35PM*
Nataraja: White
Moon – Orange
Chaitra+Chaitra

Bhuloka Day

Moon 4 - Phase 1 -
1st Phase

3

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yogyakarta, Indonesia
Sun 3 Sutra 4
Subhakrit 5124

Dhanus Rasi: 2.55 Tithi 20 – 21
Creative Work Siddha Yoga

288345478

Gulika 8:39AM – 10:09AM
Yama 5:41AM – 7:10AM
Rahu 1:07PM – 2:36PM

Mula* Until 11:19PM
Parigha* Until 11:47AM
Gara Until 11:25PM
Panchami Until 12:40PM

Ganesha: Clear *Sunrise: 5:41AM*
Muruḡa: White *Sunset: 5:35PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Moon 4 - Phase 1 -
1st Phase

4

Friday, April 22, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yogyakarta, Indonesia
Sun 4 Sutra 5
Subhakrit 5124

Dhanus Rasi: 17.19 Tithi 21 – 22
Routine Work Prabalarishta Yoga
Until 9:43PM
Then Routine Work - Marana Yoga

289345478

Gulika 7:10AM – 8:39AM
Yama 2:36PM – 4:05PM
Rahu 10:08AM – 11:38AM

Purvashadha* Until 9:43PM
Shiva Until 8:39AM
Visti Until 9:03PM
Shashthi* Until 10:11AM

Ganesha: Purple *Sunrise: 5:41AM*
Muruḡa: White *Sunset: 5:35PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day

Moon 4 - Phase 1 -
1st Phase

5

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yogyakarta, Indonesia
Sun 5 Sutra 6
Subhakrit 5124

Makara Rasi: 1.33 Tithi 22 – 23
Routine Work Marana Yoga
Until 8:15PM
Then Creative Work - Siddha Yoga

289345478

Gulika 5:41AM – 7:10AM
Yama 1:07PM – 2:36PM
Rahu 8:39AM – 10:08AM

Uttarashadha Until 8:15PM
Sadhya Until 3:00AM Sun
Balava Until 6:58PM
Saptami Until 7:57AM

Ganesha: Purple *Sunrise: 5:41AM*
Muruḡa: White *Sunset: 5:34PM*
Nataraja: White
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day

Moon 4 - Phase 1 -
5 Ashtami

Sunday, April 24, 2022
Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Subha Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Yogyakarta, Indonesia
Sun 6 Sutra 7
Subhakrit 5124

Makara Rasi: 15.35 Tithi 23 – 24
Creative Work Amrita Yoga
Until 7:24PM
Then Routine Work - Marana Yoga

299345478

Gulika 2:36PM – 4:05PM
Yama 11:37AM – 1:06PM
Rahu 4:05PM – 5:34PM

Shravana Until 7:24PM
Subha Until 12:35AM Mon
Gara Until 4:26AM Mon
Ashtami* Until 6:02AM

Ganesha: Clear *Sunrise: 5:41AM*
Muruḡa: White *Sunset: 5:34PM*
Nataraja: White
Moon – Purple
Chaitra+Chaitra

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Moon 4 - Phase 1 -
6 Navami


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| 1 | Monday, April 25, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Vanija/Visli* Karana Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 7 Sutra 8 | |
| | Makara Rasi: 29.24 | Tithi 25 | Gulika 1:06PM – 2:35PM | Dhanishtha Until 6:45PM | Ganesha: Clear | <i>Sunrise:</i> 5:41AM | Subhakrit 5124 | |
| | Family Home Evening | 299345479 | Yama 10:08AM – 11:37AM | Sukla Until 10:26PM | Muruqa: White | <i>Sunset:</i> 5:34PM | Moon 4 - Phase 2 - 7 | |
| | Creative Work Siddha Yoga | | Rahu 7:10AM – 8:39AM | Vanija Until 3:47PM | Nataraja: Clear | | 2nd Phase | |
| | | | Dashami Until 3:12AM Tue | Chaitra+Chaitra | Devaloka Day | | | |

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| 2 | Tuesday, April 26, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau | | | | Yogyakarta, Indonesia Sun 8 Sutra 9 | |
| | Kumbha Rasi: 13 | Tithi 26 | Gulika 11:37AM – 1:06PM | Shatabhishak Until 6:19PM | Ganesha: Clear | <i>Sunrise:</i> 5:41AM | Subhakrit 5124 | |
| | | 299345479 | Yama 8:39AM – 10:08AM | Brahma Until 8:36PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 4 - Phase 2 - 8 | |
| | Routine Work Marana Yoga | | Rahu 2:35PM – 4:04PM | Bava Until 2:45PM | Nataraja: Clear | | 2nd Phase | |
| | | | Ekadashi* Until 2:21AM Wed | Chaitra+Chaitra | Devaloka Day | | | |

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| 3 | Wednesday, April 27, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Yogyakarta, Indonesia Sun 9 Sutra 10 | |
| | Kumbha Rasi: 26.23 | Tithi 27 | Gulika 10:08AM – 11:37AM | Purvaproshtapada* Until 6:36PM | Ganesha: Red | <i>Sunrise:</i> 5:41AM | Subhakrit 5124 | |
| | | 219345479 | Yama 7:10AM – 8:39AM | Indra Until 7:07PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 4 - Phase 2 - 9 | |
| | Creative Work Amrita Yoga | | Rahu 11:37AM – 1:06PM | Kaulava Until 2:07PM | Nataraja: Clear | | 2nd Phase | |
| | | | Dvadashi* Until 1:56AM Thu | Chaitra+Chaitra | Devaloka Day | | | |

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| 4 | Thursday, April 28, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Yogyakarta, Indonesia Sun 10 Sutra 11 | |
| | Meena Rasi: 9.32 | Tithi 28 | Gulika 8:39AM – 10:08AM | Uttaraproshtapada Until 7:10PM | Ganesha: Red | <i>Sunrise:</i> 5:41AM | Subhakrit 5124 | |
| | | 219345479 | Yama 5:41AM – 7:10AM | Vaidhriti* Until 5:57PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 4 - Phase 2 - 10 | |
| | Creative Work Siddha Yoga | | Rahu 1:06PM – 2:35PM | Gara Until 1:54PM | Nataraja: Clear | | 2nd Phase | |
| | | | Trayodashi* Until 1:57AM Fri | Chaitra+Chaitra | Devaloka Day | | | |
| <i>Pradosha Vrata (Fasting)</i> | | | | | | | | |

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| 5 | Friday, April 29, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Yogyakarta, Indonesia Sun 11 Sutra 12 | |
| | Meena Rasi: 22.28 | Tithi 29 | Gulika 7:10AM – 8:39AM | Revati Until 8:02PM | Ganesha: Blue | <i>Sunrise:</i> 5:41AM | Subhakrit 5124 | |
| | | 219445479 | Yama 2:34PM – 4:03PM | Vishkambha* Until 5:11PM | Muruqa: White | <i>Sunset:</i> 5:32PM | Moon 4 - Phase 2 - 11 | |
| | Creative Work Siddha Yoga | | Rahu 10:08AM – 11:37AM | Visti Until 2:10PM | Nataraja: Clear | | 2nd Phase | |
| | | | Chaturdashi* Until 2:27AM Sat | Chaitra+Chaitra | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | | |

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|  | Saturday, April 30, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Yogyakarta, Indonesia Sun 12 Sutra 13 | |
| | Retreat Star | | Gulika 5:41AM – 7:10AM | Ashvini Until 9:41PM | Ganesha: Green | <i>Sunrise:</i> 5:41AM | Subhakrit 5124 | |
| | Mesha Rasi: 5.09 | Tithi 30 | Yama 1:05PM – 2:34PM | Priti Until 4:48PM | Muruqa: White | <i>Sunset:</i> 5:32PM | Moon 4 - Phase 2 - 12 | |
| | | 221445479 | Rahu 8:39AM – 10:07AM | Catuspada Until 2:55PM | Nataraja: Clear | | Amavasya | |
| | | | Amavasya* Until 3:27AM Sun | Chaitra+Chaitra | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | | |

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| Retreat Star | Sunday, May 1, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Yogyakarta, Indonesia Sun 13 Sutra 14 | |
| | Retreat Star | | Gulika 2:34PM – 4:03PM | Bharani Until 11:40PM | Ganesha: Green | <i>Sunrise:</i> 5:41AM | Subhakrit 5124 | |
| | Mesha Rasi: 17.37 | Tithi 1 | Yama 11:36AM – 1:05PM | Ayushman Until 4:46PM | Muruqa: White | <i>Sunset:</i> 5:32PM | Moon 4 - Phase 2 - 13 | |
| | | 221445479 | Rahu 4:03PM – 5:32PM | Kintughna Until 4:10PM | Nataraja: Clear | | Prathama | |
| | | | Prathama* Until 4:56AM Mon | Vaisaka+Chaitra | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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| 1 | Monday, May 2, 2022 | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | Yogyakarta, Indonesia Sun 14 Sutra 15 Subhakit 5124 |
| | Mesha Rasi: 29.52 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 1:55AM Tue Then Creative Work - Amrita Yoga | Gulika 1:05PM – 2:34PM Yama 10:07AM – 11:36AM Rahu 7:10AM – 8:39AM | Krittika Until 1:55AM Tue Saubhagya Until 5:07PM Balava Until 5:52PM Dvitiya Until 6:51AM Tue | Ganesha: Green Muruqa: White Nataraja: Clear Moon – White Vaisaka-Chaitra | Sunrise: 5:41AM Sunset: 5:31PM |

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| 2 | Tuesday, May 3, 2022 | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | Yogyakarta, Indonesia Sun 15 Sutra 16 Subhakit 5124 |
| | Wrishabha Rasi: 11.57 Tithi 2 – 3 Creative Work Amrita Yoga Until 4:50AM Wed Then Creative Work - Siddha Yoga | Gulika 11:36AM – 1:05PM Yama 8:38AM – 10:07AM Rahu 2:34PM – 4:02PM | Rohini Until 4:50AM Wed Sobhana Until 5:47PM Taitila Until 7:58PM Dvitiya Until 6:51AM | Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra | Sunrise: 5:41AM Sunset: 5:31PM |

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| 3 | Wednesday, May 4, 2022 | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | Yogyakarta, Indonesia Sun 16 Sutra 17 Subhakit 5124 |
| | Wrishabha Rasi: 23.54 Tithi 3 – 4 Creative Work Siddha Yoga Until 7:48AM Thu Then Routine Work - Marana Yoga | Gulika 10:07AM – 11:36AM Yama 7:10AM – 8:38AM Rahu 11:36AM – 1:05PM | Mrigashira Until 7:48AM Thu Athiganda* Until 6:38PM Vanija Until 10:21PM Tritiya Until 9:06AM | Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra | Sunrise: 5:41AM Sunset: 5:31PM |

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| 4 | Thursday, May 5, 2022 | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | Yogyakarta, Indonesia Sun 17 Sutra 18 Subhakit 5124 |
| | Mithuna Rasi: 5.46 Tithi 4 – 5 Routine Work Marana Yoga | Gulika 8:38AM – 10:07AM Yama 5:41AM – 7:10AM Rahu 1:05PM – 2:33PM | Mrigashira Until 7:48AM Sukarma Until 7:37PM Bava Until 12:51AM Fri Chaturthi* Until 11:34AM | Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra | Sunrise: 5:41AM Sunset: 5:31PM |

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| 5 | Friday, May 6, 2022 | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | Yogyakarta, Indonesia Sun 18 Sutra 19 Subhakit 5124 |
| | Mithuna Rasi: 17.36 Tithi 5 – 6 Creative Work Siddha Yoga | Gulika 7:10AM – 8:38AM Yama 2:33PM – 4:02PM Rahu 10:07AM – 11:36AM | Ardra Until 10:40AM Dhriti Until 8:36PM Kaulava Until 3:18AM Sat Panchami Until 2:04PM | Ganesha: White Muruqa: White Nataraja: Clear Moon – Yellow Vaisaka-Chaitra | Sunrise: 5:41AM Sunset: 5:30PM |

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| 6 | Saturday, May 7, 2022 | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | Yogyakarta, Indonesia Sun 19 Sutra 20 Subhakit 5124 |
| | Mithuna Rasi: 29.28 Tithi 6 – 7 Creative Work Siddha Yoga | Gulika 5:41AM – 7:10AM Yama 1:04PM – 2:33PM Rahu 8:38AM – 10:07AM | Punarvasu Until 1:46PM Shula* Until 9:26PM Gara Until 5:31AM Sun Shashthi* Until 4:26PM | Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra | Sunrise: 5:41AM Sunset: 5:30PM |

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| Sunday, May 8, 2022 | Retreat Star | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija Karana Saptamyam Titau | | | Yogyakarta, Indonesia Sun 20 Sutra 21 Subhakit 5124 |
| | Kataka Rasi: 11.25 Tithi 7 Creative Work Siddha Yoga | Gulika 2:33PM – 4:01PM Yama 11:36AM – 1:04PM Rahu 4:01PM – 5:30PM | Pushya Until 4:25PM Ganda* Until 10:00PM Vanija Until 6:28PM Saptami Until 6:28PM | Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra | Sunrise: 5:41AM Sunset: 5:30PM |

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| Monday, May 9, 2022 | Retreat Star | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau | | | Yogyakarta, Indonesia Sun 21 Sutra 22 Subhakit 5124 |
| | Kataka Rasi: 23.32 Tithi 8 Family Home Evening Creative Work Siddha Yoga Until 6:25PM Then Routine Work - Marana Yoga | Gulika 1:04PM – 2:33PM Yama 10:07AM – 11:36AM Rahu 7:10AM – 8:38AM | Ashlesha* Until 6:25PM Vriddhi Until 10:11PM Visti Until 7:20AM Ashtami* Until 8:00PM | Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra | Sunrise: 5:41AM Sunset: 5:30PM |

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| Tuesday, May 10, 2022 | Retreat Star | Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau | | | Yogyakarta, Indonesia Sun 22 Sutra 23 Subhakit 5124 |
| | Simha Rasi: 5.54 Tithi 9 Creative Work Siddha Yoga | Gulika 11:36AM – 1:04PM Yama 8:38AM – 10:07AM Rahu 2:33PM – 4:01PM | Magha* Until 8:08PM Dhruva Until 9:49PM Balava Until 8:33AM Navami* Until 8:53PM | Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Red Vaisaka-Chaitra | Sunrise: 5:41AM Sunset: 5:30PM |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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| 1 | Wednesday, May 11, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 23 Sutra 24 |
| | Simha Rasi: 18.35 | Tithi 10 | Gulika 10:07AM – 11:35AM | Purvaphalguni Until 8:57PM | Ganesha: Clear | <i>Sunrise:</i> 5:42AM | Subhakrit 5124 |
| | | | Yama 7:10AM – 8:39AM | Vyaghata* Until 8:53PM | Muruqa: White | <i>Sunset:</i> 5:29PM | Moon 4 - Phase 4 - 23 |
| | Creative Work | Amrita Yoga | 252445479 Rahu 11:35AM – 1:04PM | Taitila Until 9:04AM | Nataraja: Clear | | 4th Phase |
| | | | Dashami Until 9:01PM | Moon – Red | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| 2 | Thursday, May 12, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Yogyakarta, Indonesia Sun 24 Sutra 25 |
| | Kanya Rasi: 1.37 | Tithi 11 | Gulika 8:39AM – 10:07AM | Uttaraphalguni Until 8:51PM | Ganesha: Clear | <i>Sunrise:</i> 5:42AM | Subhakrit 5124 |
| | | | Yama 5:42AM – 7:10AM | Harshana Until 7:21PM | Muruqa: White | <i>Sunset:</i> 5:29PM | Moon 4 - Phase 4 - 24 |
| | | | 252445479 Rahu 1:04PM – 2:32PM | Vanija Until 8:49AM | Nataraja: Clear | | 4th Phase |
| Until 8:51PM | Amrita Yoga | | Ekadashi Until 8:23PM | Moon – Red | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Vaisaka-Chaitra | | | |

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| 3 | Friday, May 13, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau | | | | Yogyakarta, Indonesia Sun 25 Sutra 26 |
| | Kanya Rasi: 15.05 | Tithi 12 | Gulika 7:10AM – 8:39AM | Hasta Until 8:19PM | Ganesha: White | <i>Sunrise:</i> 5:42AM | Subhakrit 5124 |
| | | | Yama 2:32PM – 4:01PM | Vajra* Until 5:11PM | Muruqa: White | <i>Sunset:</i> 5:29PM | Moon 4 - Phase 4 - 25 |
| | | | 262445479 Rahu 10:07AM – 11:35AM | Bava Until 7:47AM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashti Until 6:58PM | Moon – Green | | Sivaloka Day | |
| Until 8:19PM | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|----------------------------------|-------------------------------|---------------|---|----------------------------|------------------------|------------------------|--|
| 4 | Saturday, May 14, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Yogyakarta, Indonesia Sun 26 Sutra 27 |
| | Kanya Rasi: 28.59 | Tithi 13 – 14 | Gulika 5:42AM – 7:10AM | Chitra Until 6:58PM | Ganesha: White | <i>Sunrise:</i> 5:42AM | Subhakrit 5124 |
| | | | Yama 1:04PM – 2:32PM | Siddhi Until 2:28PM | Muruqa: White | <i>Sunset:</i> 5:29PM | Moon 4 - Phase 4 - 26 |
| | | | 262445479 Rahu 8:39AM – 10:07AM | Kaulava Until 6:02AM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Until 4:54PM | Moon – Green | | Sivaloka Day | |
| Until 6:58PM | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | <i>Pradosha Vrata</i> | | | |

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|---------------------------------|-----------------------------|---------------|--|---------------------------|------------------------|------------------------|--|
| | Sunday, May 15, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Yogyakarta, Indonesia Sun 27 Sutra 28 |
| | Copper Retreat Star | | Gulika 2:32PM – 4:00PM | Svati Until 4:56PM | Ganesha: White | <i>Sunrise:</i> 5:42AM | Subhakrit 5124 |
| | Tula Rasi: 13.16 | Tithi 14 – 15 | Yama 11:35AM – 1:04PM | Vyatipata* Until 11:19AM | Muruqa: White | <i>Sunset:</i> 5:29PM | Moon 4 - Phase 4 - 27 |
| | | | 262445479 Rahu 4:00PM – 5:29PM | Visti Until 12:49AM Mon | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 2:16PM | Moon – Green | | Sivaloka Day | |
| Until 4:56PM | | | | Vaisaka-Vaikasi | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|----------------------------------|----------------------------|---------------|---|------------------------------|------------------------|------------------------|-----------------------------------|
| Monday, May 16, 2022 | Silver Retreat Star | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Yogyakarta, Indonesia Sutra 29 |
| | Family Home Evening | | Gulika 1:04PM – 2:32PM | Vishakha Until 2:47PM | Ganesha: Yellow | <i>Sunrise:</i> 5:42AM | Subhakrit 5124 |
| | Tula Rasi: 27.54 | Tithi 15 – 16 | Yama 10:07AM – 11:35AM | Variyan Until 7:46AM | Muruqa: White | <i>Sunset:</i> 5:29PM | Moon 4 - Phase 4 - Prathama |
| | | | 272445479 Rahu 7:11AM – 8:39AM | Balava Until 9:37PM | Nataraja: Clear | | |
| Routine Work | Marana Yoga | | Purnima* Until 11:14AM | Moon – Orange | | Devaloka Day | |
| Until 2:47PM | | | | Vaisaka-Vaikasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |



Tuesday, May 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Yogyakarta, Indonesia
Sutra 30

Vrischika Rasi: 12.46 Tithi 16 - 17

272445479

Gulika 11:35AM - 1:04PM
Yama 8:39AM - 10:07AM
Rahu 2:32PM - 4:00PM

Anuradha Until 12:15PM
Shiva Until 12:07AM Wed
Taitila Until 6:14PM
Prathama* Until 7:56AM

Ganesha: Yellow *Sunrise:* 5:42AM
Muruqa: White *Sunset:* 5:29PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 12:15PM

Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, May 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanija/Visli* Karana Tritiyayam Titau

Yogyakarta, Indonesia
Sun 1 Sutra 31

Vrischika Rasi: 27.43 Tithi 18

272445479

Gulika 10:07AM - 11:35AM
Yama 7:11AM - 8:39AM
Rahu 11:35AM - 1:04PM

Jyeshtha* Until 9:31AM
Siddha Until 8:13PM
Vanija Until 2:49PM
Tritiya Until 1:08AM Thu

Ganesha: Yellow *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Clear
Moon - Orange
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 9:31AM

Then Routine Work - Marana Yoga

Devaloka Day

2

Thursday, May 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthiyam Titau

Yogyakarta, Indonesia
Sun 2 Sutra 32

Dhanus Rasi: 12.38 Tithi 19

282445479

Gulika 8:39AM - 10:07AM
Yama 5:43AM - 7:11AM
Rahu 1:04PM - 2:32PM

Mula* Until 7:07AM
Sadhya Until 4:27PM
Bava Until 11:30AM
Chaturthi* Until 9:55PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Friday, May 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Yogyakarta, Indonesia
Sun 3 Sutra 33

Dhanus Rasi: 27.23 Tithi 20

282445479

Gulika 7:11AM - 8:39AM
Yama 2:32PM - 4:00PM
Rahu 10:07AM - 11:36AM

Uttarashadha Until 2:40AM Sat
Subha Until 12:55PM
Kaulava Until 8:26AM
Panchami Until 7:01PM

Ganesha: Blue *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Routine Work Marana Yoga

Until 2:40AM Sat

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, May 21, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Yogyakarta, Indonesia
Sun 4 Sutra 34

Makara Rasi: 11.54 Tithi 21 - 22

292445479

Gulika 5:43AM - 7:11AM
Yama 1:04PM - 2:32PM
Rahu 8:39AM - 10:07AM

Shravana Until 1:17AM Sun
Sukla Until 9:41AM
Visti Until 3:28AM Sun
Shashthi* Until 4:31PM

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
1st Phase

Creative Work Siddha Yoga

Until 1:17AM Sun

Then Routine Work - Marana Yoga

Devaloka Day

5

Sunday, May 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yogyakarta, Indonesia
Sun 5 Sutra 35

Makara Rasi: 26.05 Tithi 22 - 23

292445479

Gulika 2:32PM - 4:00PM
Yama 11:36AM - 1:04PM
Rahu 4:00PM - 5:28PM

Dhanishtha Until 12:17AM Mon
Brahma Until 6:51AM
Balava Until 1:45AM Mon
Saptami Until 2:31PM

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Ashtami

Routine Work Marana Yoga

Until 12:17AM Mon

Then Creative Work - Siddha Yoga

Devaloka Day

Monday, May 23, 2022

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yogyakarta, Indonesia
Sun 6 Sutra 36

Kumbha Rasi: 9.55 Tithi 23 - 24

292445479

Gulika 1:04PM - 2:32PM
Yama 10:08AM - 11:36AM
Rahu 7:12AM - 8:40AM

Shatabhishak Until 11:43PM
Vaidhriti* Until 2:34AM Tue
Taitila Until 12:38AM Tue
Ashtami* Until 1:06PM

Ganesha: Red *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 5:28PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Subhakrit 5124
Moon 5 - Phase 5 -
Navami

Creative Work Siddha Yoga

Until 11:43PM

Then Routine Work - Marana Yoga

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

www.gurudeva.org/panchang

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|---|------------------------------|---------------|---|---|---------------------------------|------------------------|---|-----------|
| 1 | Tuesday, May 24, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 7 Sutra 37 | |
| | Kumbha Rasi: 23.24 | Tithi 24 – 25 | Gulika 11:36AM – 1:04PM | Purvaproshtapada* Until 12:03AM We | Ganesha: Clear | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | 213545479 | Rahu | Yama 8:40AM – 10:08AM | Vishkambha* Until 1:09AM Wed | Muruqa: White | <i>Sunset:</i> 5:28PM | Moon 5 - Phase 6 - 7 | 2nd Phase |
| Routine Work Marana Yoga Until 12:03AM Wed Then Creative Work - Siddha Yoga | | | Vanija Until 12:06AM Wed Navami* Until 12:16PM | | Moon – Clear Vaisaka-Vaikasi | | Devaloka Day | |


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|---------------------------|--------------------------------|---------------|---|--|---------------------------------|------------------------|---|-----------|
| 2 | Wednesday, May 25, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Yogyakarta, Indonesia Sun 8 Sutra 38 | |
| | Meena Rasi: 6.34 | Tithi 25 – 26 | Gulika 10:08AM – 11:36AM | Uttaraproshtapada Until 12:48AM Thu | Ganesha: Clear | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | 213545479 | Rahu | Yama 7:12AM – 8:40AM | Priti Until 12:13AM Thu | Muruqa: White | <i>Sunset:</i> 5:28PM | Moon 5 - Phase 6 - 8 | 2nd Phase |
| Creative Work Siddha Yoga | | | Bava Until 12:10AM Thu Dashami Until 12:02PM | | Moon – Clear Vaisaka-Vaikasi | | Devaloka Day | |


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| 3 | Thursday, May 26, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Yogyakarta, Indonesia Sun 9 Sutra 39 | |
| | Meena Rasi: 19.25 | Tithi 26 – 27 | Gulika 8:40AM – 10:08AM | Revati Until 1:57AM Fri | Ganesha: Purple | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | 313545479 | Rahu | Yama 5:44AM – 7:12AM | Ayushman Until 11:42PM | Muruqa: White | <i>Sunset:</i> 5:28PM | Moon 5 - Phase 6 - 9 | 2nd Phase |
| Creative Work Siddha Yoga Until 1:57AM Fri Then Creative Work - Amrita Yoga | | | Kaulava Until 12:47AM Fri Ekadashi* Until 12:23PM | | Moon – Clear Vaisaka-Vaikasi | | Sivaloka Day | |

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| 4 | Friday, May 27, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Titila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Yogyakarta, Indonesia Sun 10 Sutra 40 | |
| | Mesha Rasi: 2.01 | Tithi 27 – 28 | Gulika 7:12AM – 8:40AM | Ashvini Until 3:54AM Sat | Ganesha: Clear | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | 323545479 | Rahu | Yama 2:32PM – 4:00PM | Saubhagya Until 11:35PM | Muruqa: White | <i>Sunset:</i> 5:28PM | Moon 5 - Phase 6 - 10 | 2nd Phase |
| Creative Work Amrita Yoga Until 3:54AM Sat Then Creative Work - Siddha Yoga | | | Gara Until 1:55AM Sat Dvadashi* Until 1:17PM | | Moon – White Vaisaka-Vaikasi | | Devaloka Day | |
| <i>Pradosha Vrata (Fasting)</i> | | | | | | | | |

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| 5 | Saturday, May 28, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Yogyakarta, Indonesia Sun 11 Sutra 41 | |
| | Mesha Rasi: 14.24 | Tithi 28 – 29 | Gulika 5:44AM – 7:12AM | Bharani Until 6:08AM Sun | Ganesha: Clear | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | 323545479 | Rahu | Yama 1:04PM – 2:32PM | Sobhana Until 11:51PM | Muruqa: White | <i>Sunset:</i> 5:28PM | Moon 5 - Phase 6 - 11 | 2nd Phase |
| Creative Work Siddha Yoga | | | Visti Until 3:30AM Sun Trayodashi* Until 2:39PM | | Moon – White Vaisaka-Vaikasi | | Devaloka Day | |

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|---|-----------------------------|---------------|---|------------------------------|---------------------------------|------------------------|--|-----------|
| 6 | Sunday, May 29, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Yogyakarta, Indonesia Sun 12 Sutra 42 | |
| | Mesha Rasi: 26.35 | Tithi 29 – 30 | Gulika 2:32PM – 4:00PM | Bharani Until 6:08AM | Ganesha: Clear | <i>Sunrise:</i> 5:45AM | Subhakrit 5124 | |
| | 323545479 | Rahu | Yama 11:36AM – 1:04PM | Athiganda* Until 12:22AM Mon | Muruqa: White | <i>Sunset:</i> 5:28PM | Moon 5 - Phase 6 - 12 | 2nd Phase |
| Routine Work Prabalarishta Yoga Until 6:08AM Then Creative Work - Siddha Yoga | | | Catuspada Until 5:28AM Mon Chaturdashi* Until 4:25PM | | Moon – White Vaisaka-Vaikasi | | Devaloka Day | |

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|  | Monday, May 30, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Naga* Karana Amavasyayam Titau | | | | Yogyakarta, Indonesia Sun 13 Sutra 43 | |
| | Retreat Star | | Gulika 1:04PM – 2:32PM | Krittika Until 8:32AM | Ganesha: Clear | <i>Sunrise:</i> 5:45AM | Subhakrit 5124 | |
| | Vrishabha Rasi: 8.38 | Tithi 30 | Yama 10:09AM – 11:37AM | Sukarma Until 1:09AM Tue | Muruqa: White | <i>Sunset:</i> 5:28PM | Moon 5 - Phase 6 - 13 | Amavasya |
| Family Home Evening Routine Work Marana Yoga Until 8:32AM Then Creative Work - Amrita Yoga | | | Naga Until 6:32PM Amavasya* Until 6:32PM | | Moon – White Vaisaka-Vaikasi | | Devaloka Day | |

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|---|------------------------------|---------|---|-----------------------------|-----------------------------------|------------------------|--|----------|
|  | Tuesday, May 31, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Yogyakarta, Indonesia Sun 14 Sutra 44 | |
| | Retreat Star | | Gulika 11:37AM – 1:05PM | Rohini Until 11:33AM | Ganesha: Orange | <i>Sunrise:</i> 5:45AM | Subhakrit 5124 | |
| | Vrishabha Rasi: 20.35 | Tithi 1 | Yama 8:41AM – 10:09AM | Dhriti Until 2:06AM Wed | Muruqa: White | <i>Sunset:</i> 5:28PM | Moon 5 - Phase 6 - 14 | Prathama |
| Creative Work Amrita Yoga Until 11:33AM Then Creative Work - Siddha Yoga | | | Kintughna Until 7:42AM Prathama* Until 8:52PM | | Moon – Yellow Jyeshtha-Vaikasi | | Devaloka Day | |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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|----------|--------------------------------|-------------|---|---|--|---------------------|--|----------|
| 1 | Wednesday, June 1, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Mithuna Rasi: 2.26 | Tithi 2 | Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Sun 15 | Sutra 45 |
| | Creative Work | Siddha Yoga | Gulika 10:09AM – 11:37AM Yama 7:13AM – 8:41AM 333545479 Rahu 11:37AM – 1:05PM | Mrigashira Until 2:33PM Shula* Until 3:05AM Thu Balava Until 10:07AM Dvitiya Until 11:20PM | Ganesha: Orange <i>Sunrise:</i> 5:45AM Muruqa: White <i>Sunset:</i> 5:28PM Nataraja: Clear Moon – Yellow | Devaloka Day | Subhakrit 5124 Moon 5 - Phase 7 - 15 3rd Phase | |

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| 2 | Thursday, June 2, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Mithuna Rasi: 14.16 | Tithi 3 | Ardra/Punarvasu Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Sun 16 | Sutra 46 |
| | Routine Work | Marana Yoga | Gulika 8:41AM – 10:09AM Yama 5:46AM – 7:13AM 333545479 Rahu 1:05PM – 2:33PM | Ardra Until 5:25PM Ganda* Until 4:06AM Fri Taitila Until 12:36PM Tritiya Until 1:49AM Fri | Ganesha: Orange <i>Sunrise:</i> 5:46AM Muruqa: White <i>Sunset:</i> 5:28PM Nataraja: Clear Moon – Yellow | Devaloka Day | Subhakrit 5124 Moon 5 - Phase 7 - 16 3rd Phase | |

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| 3 | Friday, June 3, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Mithuna Rasi: 26.07 | Tithi 4 | Punarvasu Nakshatra Vriddhi Yoga Vanija/Visiti* Karana Chaturthayam Titau | | | | Sun 17 | Sutra 47 |
| | Creative Work | Siddha Yoga | Gulika 7:14AM – 8:41AM Yama 2:33PM – 4:01PM 343555479 Rahu 10:09AM – 11:37AM | Punarvasu Until 8:35PM Vriddhi Until 5:03AM Sat Vanija Until 3:03PM Chaturthi* Until 4:12AM Sat | Ganesha: Clear <i>Sunrise:</i> 5:46AM Muruqa: Green <i>Sunset:</i> 5:28PM Nataraja: Clear Moon – Blue | Devaloka Day | Subhakrit 5124 Moon 5 - Phase 7 - 17 3rd Phase | |

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| 4 | Saturday, June 4, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Kataka Rasi: 7.59 | Tithi 5 | Pushya Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau | | | | Sun 18 | Sutra 48 |
| | Creative Work | Siddha Yoga | Gulika 5:46AM – 7:14AM Yama 1:05PM – 2:33PM 343555479 Rahu 8:42AM – 10:09AM | Pushya Until 11:23PM Dhruva Until 5:47AM Sun Bava Until 5:20PM Panchami Until 6:21AM Sun | Ganesha: Clear <i>Sunrise:</i> 5:46AM Muruqa: Green <i>Sunset:</i> 5:29PM Nataraja: Clear Moon – Blue | Devaloka Day | Subhakrit 5124 Moon 5 - Phase 7 - 18 3rd Phase | |

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|----------|-----------------------------|-------------|---|---|--|---------------------|--|----------|
| 5 | Sunday, June 5, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Kataka Rasi: 19.58 | Tithi 5 – 6 | Ashlesha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Sun 19 | Sutra 49 |
| | Creative Work | Siddha Yoga | Gulika 2:33PM – 4:01PM Yama 11:37AM – 1:05PM 343555471 Rahu 4:01PM – 5:29PM | Ashlesha* Until 1:42AM Mon Vyaghata* Until 6:15AM Mon Kaulava Until 7:19PM Panchami Until 6:21AM | Ganesha: Clear <i>Sunrise:</i> 5:46AM Muruqa: Green <i>Sunset:</i> 5:29PM Nataraja: Yellow Moon – Blue | Devaloka Day | Subhakrit 5124 Moon 5 - Phase 7 - 19 3rd Phase | |

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| 6 | Monday, June 6, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Simha Rasi: 2.05 | Tithi 6 – 7 | Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Sun 20 | Sutra 50 |
| | Family Home Evening | Marana Yoga | Gulika 1:05PM – 2:33PM Yama 10:10AM – 11:38AM 353555471 Rahu 7:14AM – 8:42AM | Magha* Until 3:53AM Tue Vyaghata* Until 6:15AM Gara Until 8:51PM Shashthi* Until 8:08AM | Ganesha: Purple <i>Sunrise:</i> 5:46AM Muruqa: Green <i>Sunset:</i> 5:29PM Nataraja: Yellow Moon – Red | Sivaloka Day | Subhakrit 5124 Moon 5 - Phase 7 - 20 3rd Phase | |

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|----------|------------------------------|-------------|---|---|---|---------------------|--|----------|
| D | Tuesday, June 7, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Retreat Star | | Purvaphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visiti* Karana Sapthami/Ashtamyam Titau | | | | Sun 21 | Sutra 51 |
| | Simha Rasi: 14.25 | Tithi 7 – 8 | Gulika 11:38AM – 1:06PM Yama 8:42AM – 10:10AM 354555471 Rahu 2:33PM – 4:01PM | Purvaphalguni Until 5:18AM Wed Harshana Until 6:21AM Visti Until 9:48PM Saptami Until 9:23AM | Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruqa: Green <i>Sunset:</i> 5:29PM Nataraja: Yellow Moon – Red | Devaloka Day | Subhakrit 5124 Moon 5 - Phase 7 - 21 Ashtami | |

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|----------|--------------------------------|-------------|---|--|---|---------------------|---|----------|
| D | Wednesday, June 8, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Retreat Star | | Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Sun 22 | Sutra 52 |
| | Simha Rasi: 27.02 | Tithi 8 – 9 | Gulika 10:10AM – 11:38AM Yama 7:15AM – 8:42AM 354555471 Rahu 11:38AM – 1:06PM | Uttaraphalguni Until 5:51AM Thu Siddhi Until 4:55AM Thu Balava Until 10:03PM Ashtami* Until 10:00AM | Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruqa: Green <i>Sunset:</i> 5:29PM Nataraja: Yellow Moon – Red | Devaloka Day | Subhakrit 5124 Moon 5 - Phase 7 - 22 Navami | |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


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|--|-------------------------------|--------------|---|--------------------------------------|---|------------------------|--|--|
| 1 | Thursday, June 9, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 23 Sutra 53 | |
| | Kanya Rasi: 9.59 | Tithi 9 – 10 | Gulika 8:43AM – 10:10AM | Hasta Until 5:55AM Fri | Ganesha: Clear | <i>Sunrise:</i> 5:47AM | Subhakrit 5124 | |
| | | | Yama 5:47AM – 7:15AM | Vyatipata* Until 3:19AM Fri | Muruqa: Green | <i>Sunset:</i> 5:29PM | Moon 5 - Phase 8 - 23 | |
| | | 354555471 | Rahu 1:06PM – 2:34PM | Taitila Until 9:31PM | Nataraja: Yellow | | 4th Phase | |
| Routine Work Marana Yoga Until 5:55AM Fri Then Creative Work - Siddha Yoga | | | Navami* Until 9:51AM | | Devaloka Day Moon – Red Jyeshtha-Vaikasi | | | |


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|---------------------------|------------------------------|---------------|--|---------------------------------------|--|------------------------|--|--|
| 2 | Friday, June 10, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Varyian Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Yogyakarta, Indonesia Sun 24 Sutra 54 | |
| | Kanya Rasi: 23.22 | Tithi 10 – 11 | Gulika 7:15AM – 8:43AM | Chitra Until 5:05AM Sat | Ganesha: White | <i>Sunrise:</i> 5:47AM | Subhakrit 5124 | |
| | | | Yama 2:34PM – 4:02PM | Variyan Until 1:03AM Sat | Muruqa: Green | <i>Sunset:</i> 5:29PM | Moon 5 - Phase 8 - 24 | |
| | | 364555471 | Rahu 10:11AM – 11:38AM | Vanija Until 8:12PM | Nataraja: Yellow | | 4th Phase | |
| Creative Work Siddha Yoga | | | Dashami Until 8:56AM | | Bhuloka Day Moon – Green Jyeshtha-Vaikasi | | Devaloka Time: 6:PM to 9:PM | |

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|--|--------------------------------|---------------|---|--------------------------------------|--|------------------------|--|--|
| 3 | Saturday, June 11, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau | | | | Yogyakarta, Indonesia Sun 25 Sutra 55 | |
| | Tula Rasi: 7.11 | Tithi 11 – 12 | Gulika 5:48AM – 7:15AM | Svati Until 3:24AM Sun | Ganesha: White | <i>Sunrise:</i> 5:48AM | Subhakrit 5124 | |
| | | | Yama 1:06PM – 2:34PM | Parigha* Until 10:13PM | Muruqa: Green | <i>Sunset:</i> 5:29PM | Moon 5 - Phase 8 - 25 | |
| | | 364555471 | Rahu 8:43AM – 10:11AM | Bava Until 6:08PM | Nataraja: Yellow | | 4th Phase | |
| Creative Work Siddha Yoga Until 3:24AM Sun Then Routine Work - Marana Yoga | | | Ekadashi Until 7:14AM | | Bhuloka Day Moon – Green Jyeshtha-Vaikasi | | Devaloka Time: 6:PM to 9:PM | |

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|--|------------------------------|-----------|--|---|--|------------------------|--|--|
| 4 | Sunday, June 12, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Yogyakarta, Indonesia Sun 26 Sutra 56 | |
| | Tula Rasi: 21.28 | Tithi 13 | Gulika 2:34PM – 4:02PM | Vishakha Until 1:24AM Mon | Ganesha: Yellow | <i>Sunrise:</i> 5:48AM | Subhakrit 5124 | |
| | | | Yama 11:39AM – 1:07PM | Shiva Until 6:53PM | Muruqa: Green | <i>Sunset:</i> 5:30PM | Moon 5 - Phase 8 - 26 | |
| | | 374555471 | Rahu 4:02PM – 5:30PM | Kaulava Until 3:27PM | Nataraja: Yellow | | 4th Phase | |
| Routine Work Marana Yoga Until 1:24AM Mon Then Creative Work - Siddha Yoga | | | Vaikasi Visakam Trayodashi Until 1:53AM Mon <i>Pradosha Vrata</i> | | Devaloka Day Moon – Orange Jyeshtha-Vaikasi | | | |

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| 5 | Monday, June 13, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Yogyakarta, Indonesia Sun 27 Sutra 57 | |
| | Vrischika Rasi: 6.1 | Tithi 14 | Gulika 1:07PM – 2:34PM | Anuradha Until 10:50PM | Ganesha: Yellow | <i>Sunrise:</i> 5:48AM | Subhakrit 5124 | |
| | Family Home Evening | | Yama 10:11AM – 11:39AM | Siddha Until 3:08PM | Muruqa: Green | <i>Sunset:</i> 5:30PM | Moon 5 - Phase 8 - 27 | |
| | | 374555471 | Rahu 7:16AM – 8:44AM | Gara Until 12:15PM | Nataraja: Yellow | | 4th Phase | |
| Creative Work Siddha Yoga | | | Chaturdashi* Until 10:30PM | | Devaloka Day Moon – Orange Jyeshtha-Vaikasi | | | |

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|---|-------------------------------|-----------|--|--------------------------------------|--|------------------------|--|--|
|  | Tuesday, June 14, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau | | | | Yogyakarta, Indonesia Sun 27 Sutra 58 | |
| | Copper Retreat Star | | Gulika 11:39AM – 1:07PM | Jyeshtha* Until 7:52PM | Ganesha: Yellow | <i>Sunrise:</i> 5:48AM | Subhakrit 5124 | |
| | Vrischika Rasi: 21.09 | Tithi 15 | Yama 8:44AM – 10:12AM | Sadhya Until 11:06AM | Muruqa: Green | <i>Sunset:</i> 5:30PM | Moon 5 - Phase 8 - Purnima | |
| | | 374555471 | Rahu 2:35PM – 4:02PM | Visti Until 8:42AM | Nataraja: Yellow | | 4th Phase | |
| Routine Work Marana Yoga Until 7:52PM Then Creative Work - Amrita Yoga | | | Purnima* Until 6:49PM | | Devaloka Day Moon – Orange Jyeshtha-Vaikasi | | | |

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|---|---------------------------------|---------------|--|----------------------------------|---|------------------------|--|--|
|  | Wednesday, June 15, 2022 | | Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau | | | | Yogyakarta, Indonesia Sun 28 Sutra 59 | |
| | Silver Retreat Star | | Gulika 10:12AM – 11:39AM | Mula* Until 5:02PM | Ganesha: Blue | <i>Sunrise:</i> 5:49AM | Subhakrit 5124 | |
| | Dhanus Rasi: 6.2 | Tithi 16 – 17 | Yama 7:16AM – 8:44AM | Subha Until 6:57AM | Muruqa: Green | <i>Sunset:</i> 5:30PM | Moon 5 - Phase 8 - Prathama | |
| | | 384555471 | Rahu 11:39AM – 1:07PM | Taitila Until 1:09AM Thu | Nataraja: Yellow | | 4th Phase | |
| Routine Work Marana Yoga Until 5:02PM Then Creative Work - Amrita Yoga | | | Prathama* Until 3:02PM | | Bhuloka Day Moon – Light Blue Jyeshtha-Ani | | Devaloka Time: 6:PM to 9:PM | |



Thursday, June 16, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

Yogyakarta, Indonesia

Sun 1 Sutra 60

Subhakrit 5124

Dhanus Rasi: 21.31 Tithi 17 - 18

384555471

Gulika 8:44AM - 10:12AM
Yama 5:49AM - 7:17AM
Rahu 1:07PM - 2:35PM

Purvashadha* Until 2:08PM

Brahma Until 10:40PM

Vanija Until 9:30PM

Dvitiya Until 11:17AM

Ganesha: Blue

Sunrise: 5:49AM

Muruqa: Green

Sunset: 5:30PM

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 2:08PM

Then Routine Work - Marana Yoga

1

Friday, June 17, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Yogyakarta, Indonesia

Sun 2 Sutra 61

Subhakrit 5124

Makara Rasi: 6.35 Tithi 18 - 19

384555471

Gulika 7:17AM - 8:45AM
Yama 2:35PM - 4:03PM
Rahu 10:12AM - 11:40AM

Uttarashadha Until 11:21AM

Indra Until 6:51PM

Bava Until 6:07PM

Tritiya Until 7:45AM

Ganesha: Blue

Sunrise: 5:49AM

Muruqa: Green

Sunset: 5:31PM

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

2

Saturday, June 18, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili/Vishkambha Yoga Kaulava/Taitila Karana Panchamyam Titau

Yogyakarta, Indonesia

Sun 3 Sutra 62

Subhakrit 5124

Makara Rasi: 21.22 Tithi 20

394655471

Gulika 5:49AM - 7:17AM
Yama 1:08PM - 2:35PM
Rahu 8:45AM - 10:12AM

Shravana Until 9:13AM

Vaidhrili* Until 3:23PM

Kaulava Until 3:11PM

Panchami Until 1:54AM Sun

Ganesha: Blue

Sunrise: 5:49AM

Muruqa: Green

Sunset: 5:31PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, June 19, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Shashthyam Titau

Yogyakarta, Indonesia

Sun 4 Sutra 63

Subhakrit 5124

Kumbha Rasi: 5.47 Tithi 21

395655471

Gulika 2:36PM - 4:03PM
Yama 11:40AM - 1:08PM
Rahu 4:03PM - 5:31PM

Dhanishtha Until 7:29AM

Vishkambha* Until 12:24PM

Gara Until 12:49PM

Shashthi* Until 11:52PM

Ganesha: Red

Sunrise: 5:50AM

Muruqa: Green

Sunset: 5:31PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 7:29AM

Then Creative Work - Siddha Yoga

Father's Day

4

Monday, June 20, 2022

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Saptamyam Titau

Yogyakarta, Indonesia

Sun 5 Sutra 64

Subhakrit 5124

Kumbha Rasi: 19.45 Tithi 22

395655471

Family Home Evening

Gulika 1:08PM - 2:36PM
Yama 10:13AM - 11:41AM
Rahu 7:18AM - 8:45AM

Shatabhishak Until 6:16AM

Priti Until 10:00AM

Visti Until 11:08AM

Saptami Until 10:33PM

Ganesha: Red

Sunrise: 5:50AM

Muruqa: Green

Sunset: 5:31PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 6:16AM

Then Routine Work - Marana Yoga

●

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Yogyakarta, Indonesia

Sun 6 Sutra 65

Subhakrit 5124

Meena Rasi: 3.16 Tithi 23

315655471

Gulika 11:41AM - 1:08PM
Yama 8:45AM - 10:13AM
Rahu 2:36PM - 4:04PM

Purvaproshtapada* Until 6:05AM

Ayushman Until 8:10AM

Balava Until 10:12AM

Ashtami* Until 10:01PM

Ganesha: Clear

Sunrise: 5:50AM

Muruqa: Green

Sunset: 5:31PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 6:05AM

Then Creative Work - Amrita Yoga

Wednesday, June 22, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Yogyakarta, Indonesia

Sun 7 Sutra 66

Subhakrit 5124

Meena Rasi: 16.22 Tithi 24

315655471

Gulika 10:13AM - 11:41AM
Yama 7:18AM - 8:46AM
Rahu 11:41AM - 1:09PM

Uttaraproshtapada Until 6:32AM

Saubhagya Until 6:59AM

Taitila Until 10:03AM

Navami* Until 10:14PM

Ganesha: Clear

Sunrise: 5:50AM

Muruqa: Green

Sunset: 5:32PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Until 6:32AM

Then Routine Work - Marana Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

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|----------------------------------|-------------|---------------------------------------|------------------------------|--|------------------------|---|--|
| 1 | | Thursday, June 23, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau | | Yogyakarta, Indonesia Sun 8 Sutra 67 | |
| Meena Rasi: 29.06 | Tithi 25 | Gulika 8:46AM – 10:13AM | Revati Until 7:32AM | Ganesha: Clear | <i>Sunrise:</i> 5:50AM | Subhakrit 5124 | |
| | | Yama 5:50AM – 7:18AM | Sobhana Until 6:24AM | Muruqa: Green | <i>Sunset:</i> 5:32PM | Moon 6 - Phase 10 - 8 | |
| | | 315655471 Rahu 1:09PM – 2:36PM | Vanija Until 10:38AM | Nataraja: Yellow | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 11:10PM | Moon – Clear | | Devaloka Day | |
| Until 7:32AM | | | | Jyeshtha-Ani | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 2 | | Friday, June 24, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau | | Yogyakarta, Indonesia Sun 9 Sutra 68 | |
| Mesha Rasi: 11.31 | Tithi 26 | Gulika 7:18AM – 8:46AM | Ashvini Until 9:31AM | Ganesha: Purple | <i>Sunrise:</i> 5:51AM | Subhakrit 5124 | |
| | | Yama 2:37PM – 4:04PM | Athiganda* Until 6:19AM | Muruqa: Green | <i>Sunset:</i> 5:32PM | Moon 6 - Phase 10 - 9 | |
| | | 325655471 Rahu 10:14AM – 11:41AM | Bava Until 11:53AM | Nataraja: Yellow | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Ekadashi* Until 12:41AM Sat | Moon – White | | Bhuloka Day | |
| Until 9:31AM | | | | Jyeshtha-Ani | | Devaloka Time: 6:PM to 9:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|----------------------------------|-------------|--|-----------------------------------|--|------------------------|--|--|
| 3 | | Saturday, June 25, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Yogyakarta, Indonesia Sun 10 Sutra 69 | |
| Mesha Rasi: 23.42 | Tithi 27 | Gulika 5:51AM – 7:19AM | Bharani Until 11:52AM | Ganesha: Purple | <i>Sunrise:</i> 5:51AM | Subhakrit 5124 | |
| | | Yama 1:09PM – 2:37PM | Sukarma Until 6:41AM | Muruqa: Green | <i>Sunset:</i> 5:32PM | Moon 6 - Phase 10 - 10 | |
| | | 325655471 Rahu 8:46AM – 10:14AM | Kaulava Until 1:39PM | Nataraja: Yellow | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Dvadashi* Until 2:40AM Sun | Moon – White | | Bhuloka Day | |
| Until 11:52AM | | | | Jyeshtha-Ani | | Devaloka Time: 6:PM to 9:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 4 | | Sunday, June 26, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau | | Yogyakarta, Indonesia Sun 11 Sutra 70 | |
| Vrishabha Rasi: 5.43 | Tithi 28 | Gulika 2:37PM – 4:05PM | Krittika Until 2:25PM | Ganesha: Purple | <i>Sunrise:</i> 5:51AM | Subhakrit 5124 | |
| | | Yama 11:42AM – 1:09PM | Dhriti Until 7:23AM | Muruqa: Green | <i>Sunset:</i> 5:33PM | Moon 6 - Phase 10 - 11 | |
| | | 325655471 Rahu 4:05PM – 5:33PM | Gara Until 3:48PM | Nataraja: Yellow | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 4:57AM Mon | Moon – White | | Bhuloka Day | |
| | | | | Jyeshtha-Ani | | Devaloka Time: 6:PM to 9:PM | |
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Pradosha Vrata (Fasting)

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| 5 | | Monday, June 27, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Visti* Karana Chaturdashyam Titau | | Yogyakarta, Indonesia Sun 12 Sutra 71 | |
| Vrishabha Rasi: 17.37 | Tithi 29 | Gulika 1:10PM – 2:37PM | Rohini Until 5:33PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:51AM | Subhakrit 5124 | |
| Family Home Evening | | Yama 10:14AM – 11:42AM | Shula* Until 8:17AM | Muruqa: Green | <i>Sunset:</i> 5:33PM | Moon 6 - Phase 10 - 12 | |
| | | 335655471 Rahu 7:19AM – 8:47AM | Visti Until 6:11PM | Nataraja: Yellow | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 7:25AM Tue | Moon – Yellow | | Bhuloka Day | |
| Until 8:37PM | | | | Jyeshtha-Ani | | Devaloka Time: 6:PM to 9:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| Retreat Star | | Tuesday, June 28, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Yogyakarta, Indonesia Sun 13 Sutra 72 | |
| Vrishabha Rasi: 29.28 | Tithi 29 – 30 | Gulika 11:42AM – 1:10PM | Mrigashira Until 8:37PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:51AM | Subhakrit 5124 | |
| | | Yama 8:47AM – 10:15AM | Ganda* Until 9:18AM | Muruqa: Green | <i>Sunset:</i> 5:33PM | Moon 6 - Phase 10 - 13 | |
| | | 335655471 Rahu 2:38PM – 4:05PM | Catuspada Until 8:41PM | Nataraja: Yellow | | Amavasya | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 7:25AM | Moon – Yellow | | Bhuloka Day | |
| Until 8:37PM | | | | Jyeshtha-Ani | | Devaloka Time: 6:PM to 9:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| Retreat Star | | Wednesday, June 29, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhni/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Yogyakarta, Indonesia Sun 14 Sutra 73 | |
| Mithuna Rasi: 11.17 | Tithi 30 – 1 | Gulika 10:15AM – 11:42AM | Ardra Until 11:30PM | Ganesha: Purple | <i>Sunrise:</i> 5:52AM | Subhakrit 5124 | |
| | | Yama 7:19AM – 8:47AM | Vridhni Until 10:22AM | Muruqa: Green | <i>Sunset:</i> 5:33PM | Moon 6 - Phase 10 - 14 | |
| | | 336655471 Rahu 11:42AM – 1:10PM | Kintughna Until 11:10PM | Nataraja: Yellow | | Prathama | |
| Creative Work | Siddha Yoga | | Amavasya* Until 9:55AM | Moon – Yellow | | Bhuloka Day | |
| | | | | Ashada-Ani | | Devaloka Time: 6:PM to 9:PM | |
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Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

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| | | | | | | | | |
|----------------------------------|-------------|----------------------------------|-----------------------------|--|-----------------|-----------------------------|---|-------------------------------------|
| 1 | | Thursday, June 30, 2022 | | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | Yogyakarta, Indonesia Sun 15 Sutra 74 Subhakit 5124 | |
| Mithuna Rasi: 23.07 | Tithi 1 - 2 | Gulika 8:47AM - 10:15AM | Punarvasu Until 2:38AM Fri | Ganesha: Light Blue | Sunrise: 5:52AM | Muruqa: Green | Sunset: 5:33PM | Moon 6 - Phase 11 - 15 3rd Phase |
| Creative Work | Amrita Yoga | Yama 5:52AM - 7:20AM | Dhruva Until 11:22AM | Nataraja: Yellow | | Bhuloka Day | | |
| Until 2:38AM Fri | | 346655471 Rahu 1:10PM - 2:38PM | Balava Until 1:34AM Fri | Moon - Blue | | Devaloka Time: 6:PM to 9:PM | | |
| Then Routine Work - Marana Yoga | | | | | Ashada*Ani | | | |
| 2 | | Friday, July 1, 2022 | | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | Yogyakarta, Indonesia Sun 16 Sutra 75 Subhakit 5124 | |
| Kataka Rasi: 4.59 | Tithi 2 - 3 | Gulika 7:20AM - 8:47AM | Pushya Until 5:26AM Sat | Ganesha: Light Blue | Sunrise: 5:52AM | Muruqa: Green | Sunset: 5:34PM | Moon 6 - Phase 11 - 16 3rd Phase |
| Creative Work | Marana Yoga | Yama 2:38PM - 4:06PM | Vyaghata* Until 12:16PM | Nataraja: Yellow | | Bhuloka Day | | |
| Until 2:38AM Fri | | 346655471 Rahu 10:15AM - 11:43AM | Taitila Until 3:47AM Sat | Moon - Blue | | Devaloka Time: 6:PM to 9:PM | | |
| Then Routine Work - Marana Yoga | | | | | Ashada*Ani | | | |
| 3 | | Saturday, July 2, 2022 | | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | Yogyakarta, Indonesia Sun 17 Sutra 76 Subhakit 5124 | |
| Kataka Rasi: 16.56 | Tithi 3 - 4 | Gulika 5:52AM - 7:20AM | Ashlesha* Until 7:49AM Sun | Ganesha: Light Blue | Sunrise: 5:52AM | Muruqa: Green | Sunset: 5:34PM | Moon 6 - Phase 11 - 17 3rd Phase |
| Creative Work | Marana Yoga | Yama 1:11PM - 2:38PM | Harshana Until 1:02PM | Nataraja: Yellow | | Bhuloka Day | | |
| Until 2:38AM Fri | | 346655471 Rahu 8:48AM - 10:15AM | Vanija Until 5:45AM Sun | Moon - Blue | | Devaloka Time: 6:PM to 9:PM | | |
| Then Routine Work - Marana Yoga | | | | | Ashada*Ani | | | |
| 4 | | Sunday, July 3, 2022 | | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Visti* Karana Chaturthyam Titau | | | Yogyakarta, Indonesia Sun 18 Sutra 77 Subhakit 5124 | |
| Kataka Rasi: 28.59 | Tithi 4 | Gulika 2:39PM - 4:06PM | Ashlesha* Until 7:49AM | Ganesha: Light Blue | Sunrise: 5:52AM | Muruqa: Green | Sunset: 5:34PM | Moon 6 - Phase 11 - 18 3rd Phase |
| Creative Work | Siddha Yoga | Yama 11:43AM - 1:11PM | Vajra* Until 1:34PM | Nataraja: Yellow | | Bhuloka Day | | |
| Until 7:49AM | | 346655471 Rahu 4:06PM - 5:34PM | Visti Until 6:36PM | Moon - Blue | | Devaloka Time: 6:PM to 9:PM | | |
| Then Routine Work - Marana Yoga | | | | | Ashada*Ani | | | |
| 5 | | Monday, July 4, 2022 | | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau | | | Yogyakarta, Indonesia Sun 19 Sutra 78 Subhakit 5124 | |
| Simha Rasi: 11.1 | Tithi 5 | Gulika 1:11PM - 2:39PM | Magha* Until 10:12AM | Ganesha: Orange | Sunrise: 5:52AM | Muruqa: Green | Sunset: 5:34PM | Moon 6 - Phase 11 - 19 3rd Phase |
| Family Home Evening | | Yama 10:16AM - 11:43AM | Siddhi Until 1:50PM | Nataraja: Yellow | | Devaloka Day | | |
| Routine Work | Marana Yoga | 356655471 Rahu 7:20AM - 8:48AM | Bava Until 7:23AM | Moon - Red | | | | |
| Until 10:12AM | | | | | Ashada*Ani | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |
| 6 | | Tuesday, July 5, 2022 | | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau | | | Yogyakarta, Indonesia Sun 20 Sutra 79 Subhakit 5124 | |
| Simha Rasi: 23.32 | Tithi 6 | Gulika 11:44AM - 1:11PM | Purvaphalguni Until 11:59AM | Ganesha: Orange | Sunrise: 5:53AM | Muruqa: Green | Sunset: 5:35PM | Moon 6 - Phase 11 - 20 3rd Phase |
| Creative Work | Siddha Yoga | Yama 8:48AM - 10:16AM | Vyatipata* Until 1:45PM | Nataraja: Yellow | | Devaloka Day | | |
| Until 11:59AM | | 356655471 Rahu 2:39PM - 4:07PM | Kaulava Until 8:35AM | Moon - Red | | | | |
| Then Creative Work - Amrita Yoga | | Chidambaram Abhishekam | | | Ashada*Ani | | | |
| Retreat Star | | Wednesday, July 6, 2022 | | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau | | | Yogyakarta, Indonesia Sun 21 Sutra 80 Subhakit 5124 | |
| Kanya Rasi: 6.08 | Tithi 7 | Gulika 10:16AM - 11:44AM | Uttaraphalguni Until 1:04PM | Ganesha: Clear | Sunrise: 5:53AM | Muruqa: Green | Sunset: 5:35PM | Moon 6 - Phase 11 - 21 3rd Phase |
| Creative Work | Amrita Yoga | Yama 7:20AM - 8:48AM | Variyan Until 1:12PM | Nataraja: Yellow | | Devaloka Day | | |
| Until 1:04PM | | 357655471 Rahu 11:44AM - 1:12PM | Gara Until 9:15AM | Moon - Red | | | | |
| Then Routine Work - Marana Yoga | | | | | Ashada*Ani | | | |
| Retreat Star | | Thursday, July 7, 2022 | | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau | | | Yogyakarta, Indonesia Sun 22 Sutra 81 Subhakit 5124 | |
| Kanya Rasi: 19.02 | Tithi 8 | Gulika 8:48AM - 10:16AM | Hasta Until 1:50PM | Ganesha: Clear | Sunrise: 5:53AM | Muruqa: Green | Sunset: 5:35PM | Moon 6 - Phase 11 - 22 Ashtami |
| Creative Work | Marana Yoga | Yama 5:53AM - 7:21AM | Parigha* Until 12:08PM | Nataraja: Yellow | | Devaloka Day | | |
| Until 1:50PM | | 467655471 Rahu 1:12PM - 2:39PM | Visti Until 9:16AM | Moon - Green | | | | |
| Then Creative Work - Siddha Yoga | | | | | Ashada*Ani | | | |
| Retreat Star | | Friday, July 8, 2022 | | Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksho Sukra Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau | | | Yogyakarta, Indonesia Sun 23 Sutra 82 Subhakit 5124 | |
| Tula Rasi: 2.18 | Tithi 9 | Gulika 7:21AM - 8:48AM | Chitra Until 1:43PM | Ganesha: Clear | Sunrise: 5:53AM | Muruqa: Green | Sunset: 5:35PM | Moon 6 - Phase 11 - 23 Navami |
| Creative Work | Siddha Yoga | Yama 2:40PM - 4:07PM | Shiva Until 10:31AM | Nataraja: Yellow | | Devaloka Day | | |
| Until 1:50PM | | 467655471 Rahu 10:16AM - 11:44AM | Balava Until 8:33AM | Moon - Green | | | | |
| Then Creative Work - Siddha Yoga | | | | | Ashada*Ani | | | |


Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda


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|----------|-------------------------------|-------------|--|----------------------------|-------------------------|------------------------|--|--|
| 1 | Saturday, July 9, 2022 | | Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Tailala/Gara Karana Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 24 Sutra 83 | |
| | Tula Rasi: 15.59 | Tithi 10 | Gulika 5:53AM – 7:21AM | Svati Until 12:43PM | Ganesha: Clear | <i>Sunrise:</i> 5:53AM | Subhakra 5124 | |
| | | | Yama 1:12PM – 2:40PM | Siddha Until 8:16AM | Muruqa: Green | <i>Sunset:</i> 5:36PM | Moon 6 - Phase 12 - 24 | |
| | Creative Work | Siddha Yoga | 467655471 Rahu 8:49AM – 10:16AM | Taitila Until 7:07AM | Nataraja: Yellow | | 4th Phase | |
| | | | Dashami Until 6:07PM | Ashada*Ani | | Devaloka Day | | |

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|----------|------------------------------|---------------|---|-------------------------------|-------------------------|---|--|--|
| 2 | Sunday, July 10, 2022 | | Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau | | | | Yogyakarta, Indonesia Sun 25 Sutra 84 | |
| | Vrischika Rasi: 0.07 | Tithi 11 – 12 | Gulika 2:40PM – 4:08PM | Vishakha Until 11:20AM | Ganesha: White | <i>Sunrise:</i> 5:53AM | Subhakra 5124 | |
| | | | Yama 11:44AM – 1:12PM | Subha Until 2:09AM Mon | Muruqa: Green | <i>Sunset:</i> 5:36PM | Moon 6 - Phase 12 - 25 | |
| | Routine Work | Marana Yoga | 477655471 Rahu 4:08PM – 5:36PM | Bava Until 2:13AM Mon | Nataraja: Yellow | | 4th Phase | |
| | | | Ekadashi Until 3:39PM | Ashada*Ani | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | |

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|-----------------------|------------------------------|---------------|---|------------------------------|-------------------------|---|--|--|
| 3 | Monday, July 11, 2022 | | Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Yogyakarta, Indonesia Sun 26 Sutra 85 | |
| | Vrischika Rasi: 14.4 | Tithi 12 – 13 | Gulika 1:12PM – 2:40PM | Anuradha Until 9:13AM | Ganesha: White | <i>Sunrise:</i> 5:53AM | Subhakra 5124 | |
| | Family Home Evening | | Yama 10:17AM – 11:45AM | Sukla Until 10:24PM | Muruqa: Green | <i>Sunset:</i> 5:36PM | Moon 6 - Phase 12 - 26 | |
| | Creative Work | Siddha Yoga | 477655471 Rahu 7:21AM – 8:49AM | Kaulava Until 10:57PM | Nataraja: Yellow | | 4th Phase | |
| | | | Dvadashi Until 12:37PM | Ashada*Ani | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | | |
| <i>Pradosha Vrata</i> | | | | | | | | |

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|----------|-------------------------------|---------------|--|-------------------------------|-------------------------|------------------------|--|--|
| 4 | Tuesday, July 12, 2022 | | Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha/Mula* Nakshatra Brahma Yoga Tailala/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Yogyakarta, Indonesia Sun 27 Sutra 86 | |
| | Vrischika Rasi: 29.35 | Tithi 13 – 14 | Gulika 11:45AM – 1:13PM | Jyeshtha* Until 6:31AM | Ganesha: Clear | <i>Sunrise:</i> 5:53AM | Subhakra 5124 | |
| | | | Yama 8:49AM – 10:17AM | Brahma Until 6:22PM | Muruqa: Green | <i>Sunset:</i> 5:36PM | Moon 6 - Phase 12 - 27 | |
| | Routine Work | Marana Yoga | 478655471 Rahu 2:40PM – 4:08PM | Gara Until 7:20PM | Nataraja: Yellow | | 4th Phase | |
| | | | Trayodashi Until 9:10AM | Ashada*Ani | | Devaloka Day | | |

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|---|---------------------------------|-------------|--|---------------------------------------|-------------------------|------------------------|-----------------------------------|--|
|  | Wednesday, July 13, 2022 | | Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti/Bava Karana Purnimayam Titau | | | | Yogyakarta, Indonesia Sutra 87 | |
| | Dhanus Rasi: 14.44 | Tithi 15 | Gulika 10:17AM – 11:45AM | Purvashadha* Until 12:46AM Thu | Ganesha: Yellow | <i>Sunrise:</i> 5:53AM | Subhakra 5124 | |
| | | | Yama 7:21AM – 8:49AM | Indra Until 2:11PM | Muruqa: Green | <i>Sunset:</i> 5:36PM | Moon 6 - Phase 12 - | |
| | Creative Work | Amrita Yoga | 488755471 Rahu 11:45AM – 1:13PM | Visti Until 3:32PM | Nataraja: Yellow | | Purnima | |
| | | | Satguru Purnima | Purnima* Until 1:35AM Thu | Ashada*Ani | | Devaloka Day | |

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|---|--------------------------------|-------------|--|----------------------------------|-------------------------|------------------------|-----------------------------------|--|
|  | Thursday, July 14, 2022 | | Subhakra Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Yogyakarta, Indonesia Sutra 88 | |
| | Dhanus Rasi: 29.59 | Tithi 16 | Gulika 8:49AM – 10:17AM | Uttarashadha Until 9:40PM | Ganesha: Yellow | <i>Sunrise:</i> 5:53AM | Subhakra 5124 | |
| | | | Yama 5:53AM – 7:21AM | Vaidhriti* Until 9:55AM | Muruqa: Green | <i>Sunset:</i> 5:37PM | Moon 6 - Phase 12 - | |
| | Routine Work | Marana Yoga | 488755471 Rahu 1:13PM – 2:41PM | Balava Until 11:41AM | Nataraja: Yellow | | Prathama | |
| | | | Prathama* Until 9:47PM | Ashada*Ani | | Devaloka Day | | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.

Krishna Yajur Veda

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

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Friday, July 15, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvityayam Titau

Yogyakarta, Indonesia
Sun 1 Sutra 89

Makara Rasi: 15.09 Tithi 17

Gulika 7:21AM – 8:49AM
Yama 2:41PM – 4:09PM
498755471 **Rahu** 10:17AM – 11:45AM

Shravana Until 7:04PM
Priti Until 1:54AM Sat
Taitila Until 7:59AM
Dvitiya Until 6:13PM

Ganesha: Blue *Sunrise:* 5:53AM
Muruqa: Green *Sunset:* 5:37PM
Nataraja: Yellow
Moon – Purple
Ashada•Ani

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 7:04PM

Then Creative Work - Siddha Yoga

1

Saturday, July 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritya/Chaturtham Titau

Yogyakarta, Indonesia
Sun 2 Sutra 90

Kumbha Rasi: 0.05 Tithi 18 – 19

Gulika 5:53AM – 7:21AM
Yama 1:13PM – 2:41PM
498755471 **Rahu** 8:49AM – 10:17AM

Dhanishtha Until 4:44PM
Ayushman Until 10:22PM
Bava Until 1:40AM Sun
Tritiya Until 3:02PM

Ganesha: Blue *Sunrise:* 5:53AM
Muruqa: Green *Sunset:* 5:37PM
Nataraja: Yellow
Moon – Purple
Ashada•Adi

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Until 4:44PM

Then Creative Work - Amrita Yoga

2

Sunday, July 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yogyakarta, Indonesia
Sun 3 Sutra 91

Kumbha Rasi: 14.39 Tithi 19 – 20

Gulika 2:41PM – 4:09PM
Yama 11:45AM – 1:13PM
498755472 **Rahu** 4:09PM – 5:37PM

Shatabhishak Until 2:50PM
Saubhagya Until 7:22PM
Kaulava Until 11:22PM
Chaturthi* Until 12:25PM

Ganesha: Blue *Sunrise:* 5:53AM
Muruqa: Green *Sunset:* 5:37PM
Nataraja: White
Moon – Purple
Ashada•Adi

Bhuloka Day

Creative Work Siddha Yoga

3

Monday, July 18, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yogyakarta, Indonesia
Sun 4 Sutra 92

Kumbha Rasi: 28.46 Tithi 20 – 21

Gulika 1:13PM – 2:41PM
Yama 10:17AM – 11:45AM
418755472 **Rahu** 7:21AM – 8:49AM

Purvaprosarthapada* Until 1:56PM
Sobhana Until 4:58PM
Gara Until 9:50PM
Panchami Until 10:29AM

Ganesha: White *Sunrise:* 5:53AM
Muruqa: Green *Sunset:* 5:37PM
Nataraja: White
Moon – Clear
Ashada•Adi

Bhuloka Day

Family Home Evening

Routine Work Marana Yoga

Until 1:56PM

Then Creative Work - Siddha Yoga

4

Tuesday, July 19, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yogyakarta, Indonesia
Sun 5 Sutra 93

Meena Rasi: 12.23 Tithi 21 – 22

Gulika 11:45AM – 1:13PM
Yama 8:49AM – 10:17AM
419755472 **Rahu** 2:41PM – 4:09PM

Uttaraprosarthapada Until 1:42PM
Athiganda* Until 3:13PM
Visti Until 9:09PM
Shashthi* Until 9:22AM

Ganesha: Clear *Sunrise:* 5:53AM
Muruqa: Green *Sunset:* 5:37PM
Nataraja: White
Moon – Clear
Ashada•Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 1:42PM

Then Creative Work - Siddha Yoga

●

Wednesday, July 20, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yogyakarta, Indonesia
Sun 6 Sutra 94

Meena Rasi: 25.32 Tithi 22 – 23

Gulika 10:17AM – 11:45AM
Yama 7:21AM – 8:49AM
419755472 **Rahu** 11:45AM – 1:13PM

Revati Until 2:10PM
Sukarma Until 2:11PM
Balava Until 9:19PM
Saptami Until 9:06AM

Ganesha: Clear *Sunrise:* 5:53AM
Muruqa: Green *Sunset:* 5:38PM
Nataraja: White
Moon – Clear
Ashada•Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Thursday, July 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yogyakarta, Indonesia
Sun 7 Sutra 95

Mesha Rasi: 8.15 Tithi 23 – 24

Gulika 8:49AM – 10:17AM
Yama 5:53AM – 7:21AM
429755472 **Rahu** 1:14PM – 2:42PM

Ashvini Until 3:46PM
Dhriti Until 1:49PM
Taitila Until 10:19PM
Ashtami* Until 9:42AM

Ganesha: Purple *Sunrise:* 5:53AM
Muruqa: Green *Sunset:* 5:38PM
Nataraja: White
Moon – White
Ashada•Adi

Devaloka Day

Creative Work Amrita Yoga

Until 3:46PM

Then Creative Work - Siddha Yoga

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|----------|------------------------------------|---------------------------------|---|------------------------------------|---|-----------------------|-----------------------|--|
| 1 | Friday, July 22, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Mesha Rasi: 20.37 Tithi 24 – 25 | | Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Sun 8 Sutra 96 | |
| | Creative Work Siddha Yoga | 429755472 | Gulika 7:21AM – 8:49AM | Bharani Until 5:54PM | Ganesha: Purple <i>Sunrise:</i> 5:53AM | Subhakrit 5124 | | |
| | | | Yama 2:42PM – 4:10PM | Shula* Until 1:59PM | Muruqa: Green <i>Sunset:</i> 5:38PM | Moon 7 - Phase 14 - 8 | | |
| | | Rahu 10:17AM – 11:46AM | Vanija Until 11:59PM | Nataraja: White | 2nd Phase | | | |
| | | Navami* Until 11:03AM | | Moon – White | Devaloka Day | | | |
| | | | | Ashada*Adi | | | | |


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|----------|---------------------------------------|---------------------------------|---|-------------------------------------|---|-----------------------|-----------------------|--|
| 2 | Saturday, July 23, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Vrishabha Rasi: 2.44 Tithi 25 – 26 | | Krittika Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Sun 9 Sutra 97 | |
| | Creative Work Amrita Yoga | 429755472 | Gulika 5:53AM – 7:21AM | Krittika Until 8:24PM | Ganesha: Purple <i>Sunrise:</i> 5:53AM | Subhakrit 5124 | | |
| | | | Yama 1:14PM – 2:42PM | Ganda* Until 2:37PM | Muruqa: Green <i>Sunset:</i> 5:38PM | Moon 7 - Phase 14 - 9 | | |
| | | Rahu 8:49AM – 10:17AM | Bava Until 2:08AM Sun | Nataraja: White | 2nd Phase | | | |
| | | Dashami Until 12:59PM | | Moon – White | Devaloka Day | | | |
| | | | | Ashada*Adi | | | | |


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|----------|---------------------------------------|----------------------------------|---|------------------------------------|--|------------------------|-----------------------|--|
| 3 | Sunday, July 24, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Vrishabha Rasi: 14.4 Tithi 26 – 27 | | Rohini Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Sun 10 Sutra 98 | |
| | Creative Work Siddha Yoga | 439755472 | Gulika 2:42PM – 4:10PM | Rohini Until 11:32PM | Ganesha: Clear <i>Sunrise:</i> 5:53AM | Subhakrit 5124 | | |
| | | | Yama 11:46AM – 1:14PM | Vriddhi Until 3:32PM | Muruqa: Green <i>Sunset:</i> 5:38PM | Moon 7 - Phase 14 - 10 | | |
| | | Rahu 4:10PM – 5:38PM | Kaulava Until 4:34AM Mon | Nataraja: White | 2nd Phase | | | |
| | | Ekadashi* Until 3:18PM | | Moon – Yellow | Bhuloka Day | | | |
| | | | | Ashada*Adi | Devaloka Time: 9:AM to12:PM | | | |

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|---|---|----------------------------------|--|---|--|------------------------|-----------------------|--|
| 4 | Monday, July 25, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Vrishabha Rasi: 26.31 Tithi 27 – 28 | | Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau | | | | Sun 11 Sutra 99 | |
| | Family Home Evening Creative Work Amrita Yoga | 439755472 | Gulika 1:14PM – 2:42PM | Mrigashira Until 2:37AM Tue | Ganesha: Clear <i>Sunrise:</i> 5:53AM | Subhakrit 5124 | | |
| | | | Yama 10:17AM – 11:46AM | Dhruva Until 4:34PM | Muruqa: Green <i>Sunset:</i> 5:38PM | Moon 7 - Phase 14 - 11 | | |
| Until 2:37AM Tue Then Routine Work - Marana Yoga | | Rahu 7:21AM – 8:49AM | Gara Until 7:06AM Tue | Nataraja: White | 2nd Phase | | | |
| | | Dvadashi* Until 5:49PM | | Moon – Yellow | Bhuloka Day | | | |
| | | | | Ashada*Adi | Devaloka Time: 9:AM to12:PM | | | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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|--|--------------------------------|------------------------------------|---|--------------------------------------|--|------------------------|-----------------------|--|
| 5 | Tuesday, July 26, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Mithuna Rasi: 8.19 Tithi 28 | | Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 12 Sutra 100 | |
| | Routine Work Marana Yoga | 439755472 | Gulika 11:46AM – 1:14PM | Ardra Until 5:30AM Wed | Ganesha: Clear <i>Sunrise:</i> 5:53AM | Subhakrit 5124 | | |
| | | | Yama 8:49AM – 10:17AM | Vyaghata* Until 5:38PM | Muruqa: Green <i>Sunset:</i> 5:39PM | Moon 7 - Phase 14 - 12 | | |
| Until 5:30AM Wed Then Creative Work - Siddha Yoga | | Rahu 2:42PM – 4:10PM | Gara Until 7:06AM | Nataraja: White | 2nd Phase | | | |
| | | Trayodashi* Until 8:20PM | | Moon – Yellow | Bhuloka Day | | | |
| | | | | Ashada*Adi | Devaloka Time: 9:AM to12:PM | | | |

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|--|---------------------------------|--------------------------------------|---|--|---|------------------------|-----------------------|--|
| 6 | Wednesday, July 27, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Mithuna Rasi: 20.09 Tithi 29 | | Punarvasu Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Sun 13 Sutra 101 | |
| | Creative Work Siddha Yoga | 441755472 | Gulika 10:17AM – 11:46AM | Punarvasu Until 8:35AM Thu | Ganesha: Yellow <i>Sunrise:</i> 5:53AM | Subhakrit 5124 | | |
| | | | Yama 7:21AM – 8:49AM | Harshana Until 6:37PM | Muruqa: Green <i>Sunset:</i> 5:39PM | Moon 7 - Phase 14 - 13 | | |
| Until 8:35AM Thu Then Creative Work - Amrita Yoga | | Rahu 11:46AM – 1:14PM | Visti Until 9:34AM | Nataraja: White | 2nd Phase | | | |
| | | Chaturdashi* Until 10:44PM | | Moon – Blue | Bhuloka Day | | | |
| | | | | Ashada*Adi | Devaloka Time: 9:AM to12:PM | | | |

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|  | Thursday, July 28, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Retreat Star | | Punarvasu/Pushya Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Sun 14 Sutra 102 | |
| | Kataka Rasi: 2.02 Tithi 30 | 441755472 | Gulika 8:49AM – 10:17AM | Punarvasu Until 8:35AM | Ganesha: Yellow <i>Sunrise:</i> 5:52AM | Subhakrit 5124 | | |
| | | | Yama 5:52AM – 7:21AM | Vajra* Until 7:26PM | Muruqa: Green <i>Sunset:</i> 5:39PM | Moon 7 - Phase 14 - 14 | | |
| Creative Work Amrita Yoga | | Rahu 1:14PM – 2:42PM | Catuspada Until 11:52AM | Nataraja: White | Amavasya | | | |
| | | Amavasya* Until 12:55AM Fri | | Moon – Blue | Bhuloka Day | | | |
| | | | | Ashada*Adi | Devaloka Time: 9:AM to12:PM | | | |

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|  | Friday, July 29, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Retreat Star | | Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Sun 15 Sutra 103 | |
| | Kataka Rasi: 14.01 Tithi 1 | 441755472 | Gulika 7:21AM – 8:49AM | Pushya Until 11:16AM | Ganesha: Yellow <i>Sunrise:</i> 5:52AM | Subhakrit 5124 | | |
| | | | Yama 2:42PM – 4:11PM | Siddhi Until 8:04PM | Muruqa: Green <i>Sunset:</i> 5:39PM | Moon 7 - Phase 14 - 15 | | |
| Routine Work Marana Yoga | | Rahu 10:17AM – 11:46AM | Kintughna Until 1:57PM | Nataraja: White | Prathama | | | |
| | | Prathama* Until 2:51AM Sat | | Moon – Blue | Bhuloka Day | | | |
| | | | | Sravana*Adi | Devaloka Time: 9:AM to12:PM | | | |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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| 1 | | Saturday, July 30, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Yogyakarta, Indonesia Sun 16 Sutra 104 Subhakrit 5124 | | |
| Kataka Rasi: 26.05 | Tithi 2 | Gulika 5:52AM – 7:21AM | Ashlesha* Until 1:31PM | Ganesha: Yellow | Sunrise: 5:52AM | Muruqa: Green | Sunset: 5:39PM | Moon 7 - Phase 15 - 16 3rd Phase |
| Routine Work | Marana Yoga | Yama 1:14PM – 2:42PM | Vyatipata* Until 8:30PM | Nataraja: White | | Moon – Blue | | Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Until 1:31PM | | 441755472 Rahu 8:49AM – 10:17AM | Balava Until 3:44PM | Moon – Red | | | | |
| Then Creative Work - Amrita Yoga | | | Dvitiya Until 4:29AM Sun | Sravana*Adi | | | | |

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| 2 | | Sunday, July 31, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau | | Yogyakarta, Indonesia Sun 17 Sutra 105 Subhakrit 5124 | | |
| Simha Rasi: 8.18 | Tithi 3 | Gulika 2:42PM – 4:11PM | Magha* Until 3:48PM | Ganesha: Red | Sunrise: 5:52AM | Muruqa: Green | Sunset: 5:39PM | Moon 7 - Phase 15 - 17 3rd Phase |
| Routine Work | Marana Yoga | Yama 11:46AM – 1:14PM | Variyan Until 8:39PM | Nataraja: White | | Moon – Red | | Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Until 3:48PM | | 451755472 Rahu 4:11PM – 5:39PM | Taitila Until 5:12PM | Moon – Red | | | | |
| Then Creative Work - Siddha Yoga | | | Tritiya Until 5:47AM Mon | Sravana*Adi | | | | |

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| 3 | | Monday, August 1, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vanija Karana Chaturthiyam Titau | | Yogyakarta, Indonesia Sun 18 Sutra 106 Subhakrit 5124 | | |
| Simha Rasi: 20.38 | Tithi 4 | Gulika 1:14PM – 2:42PM | Purvaphalguni Until 5:35PM | Ganesha: Red | Sunrise: 5:52AM | Muruqa: Green | Sunset: 5:39PM | Moon 7 - Phase 15 - 18 3rd Phase |
| Family Home Evening | | Yama 10:17AM – 11:45AM | Parigha* Until 8:32PM | Nataraja: White | | Moon – Red | | Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Creative Work | Siddha Yoga | 451755472 Rahu 7:20AM – 8:49AM | Vanija Until 6:19PM | Moon – Red | | | | |
| | | | Chaturthi* Until 6:43AM Tue | Sravana*Adi | | | | |

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| 4 | | Tuesday, August 2, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Yogyakarta, Indonesia Sun 19 Sutra 107 Subhakrit 5124 | | |
| Kanya Rasi: 3.09 | Tithi 4 – 5 | Gulika 11:45AM – 1:14PM | Uttaraphalguni Until 6:48PM | Ganesha: Red | Sunrise: 5:52AM | Muruqa: Green | Sunset: 5:39PM | Moon 7 - Phase 15 - 19 3rd Phase |
| Creative Work | Amrita Yoga | Yama 8:49AM – 10:17AM | Shiva Until 8:06PM | Nataraja: White | | Moon – Red | | Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Until 6:48PM | | 451755472 Rahu 2:42PM – 4:11PM | Bava Until 7:02PM | Moon – Red | | | | |
| Then Creative Work - Siddha Yoga | | | Chaturthi* Until 6:43AM | Sravana*Adi | | | | |
| | | Nag Panchami | | | | | | |

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| 5 | | Wednesday, August 3, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Yogyakarta, Indonesia Sun 20 Sutra 108 Subhakrit 5124 | | |
| Kanya Rasi: 15.52 | Tithi 5 – 6 | Gulika 10:17AM – 11:45AM | Hasta Until 7:53PM | Ganesha: Blue | Sunrise: 5:51AM | Muruqa: Green | Sunset: 5:39PM | Moon 7 - Phase 15 - 20 3rd Phase |
| Routine Work | Marana Yoga | Yama 7:20AM – 8:48AM | Siddha Until 7:17PM | Nataraja: White | | Moon – Green | | Devaloka Day |
| Until 7:53PM | | 461755472 Rahu 11:45AM – 1:14PM | Kaulava Until 7:17PM | Moon – Green | | | | |
| Then Creative Work - Siddha Yoga | | | Panchami Until 7:12AM | Sravana*Adi | | | | |

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| 6 | | Thursday, August 4, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Yogyakarta, Indonesia Sun 21 Sutra 109 Subhakrit 5124 | | |
| Kanya Rasi: 28.49 | Tithi 6 – 7 | Gulika 8:48AM – 10:17AM | Chitra Until 8:17PM | Ganesha: Blue | Sunrise: 5:51AM | Muruqa: Green | Sunset: 5:39PM | Moon 7 - Phase 15 - 21 3rd Phase |
| Creative Work | Siddha Yoga | Yama 5:51AM – 7:20AM | Sadhya Until 6:03PM | Nataraja: White | | Moon – Green | | Devaloka Day |
| Until 8:17PM | | 461755472 Rahu 1:14PM – 2:42PM | Gara Until 7:00PM | Moon – Green | | | | |
| Then Creative Work - Amrita Yoga | | | Shashthi* Until 7:11AM | Sravana*Adi | | | | |

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| ☾ | | Friday, August 5, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Yogyakarta, Indonesia Sun 22 Sutra 110 Subhakrit 5124 | | |
| Tula Rasi: 12.03 | Tithi 7 – 8 | Gulika 7:19AM – 8:48AM | Svati Until 7:58PM | Ganesha: Blue | Sunrise: 5:51AM | Muruqa: White | Sunset: 5:39PM | Moon 7 - Phase 15 - 22 Ashtami |
| Creative Work | Siddha Yoga | Yama 2:42PM – 4:11PM | Subha Until 4:22PM | Nataraja: White | | Moon – Green | | Devaloka Day |
| Until 8:17PM | | 461765472 Rahu 10:17AM – 11:45AM | Visti Until 6:07PM | Moon – Green | | | | |
| | | Varalakshmi Vratam | Saptami Until 6:37AM | Sravana*Adi | | | | |

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| ☾ | | Saturday, August 6, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau | | Yogyakarta, Indonesia Sun 23 Sutra 111 Subhakrit 5124 | | |
| Tula Rasi: 25.38 | Tithi 9 | Gulika 5:51AM – 7:19AM | Vishakha Until 7:19PM | Ganesha: White | Sunrise: 5:51AM | Muruqa: White | Sunset: 5:39PM | Moon 7 - Phase 15 - 23 Navami |
| Creative Work | Siddha Yoga | Yama 1:14PM – 2:42PM | Sukla Until 2:09PM | Nataraja: White | | Moon – Orange | | Bhuloka Day |
| Until 8:17PM | | 472765472 Rahu 8:48AM – 10:16AM | Balava Until 4:38PM | Moon – Orange | | | | |
| | | | Navami* Until 3:38AM Sun | Sravana*Adi | | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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| 1 Sunday, August 7, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | Yogyakarta, Indonesia | |
| Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau | | | | | Sun 24 Sutra 112 | |
| Vrischika Rasi: 9.35 Tithi 10 | | Gulika 2:42PM – 4:11PM | Anuradha Until 5:56PM | Ganesha: Yellow | <i>Sunrise:</i> 5:50AM | Subhakrit 5124 |
| 472865472 | | Yama 11:45AM – 1:14PM | Brahma Until 11:28AM | Muruqa: White | <i>Sunset:</i> 5:40PM | Moon 7 - Phase 16 - 24 |
| Routine Work Marana Yoga | | Rahu 4:11PM – 5:40PM | Taitila Until 2:32PM | Nataraja: White | | 4th Phase |
| | | | Dashami Until 1:16AM Mon | Moon – Orange | | |
| | | | | Sravana*Adi | | Bhuloka Day |
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| 2 Monday, August 8, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | | | Yogyakarta, Indonesia | |
| Jyeshtha*/Mula* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | | Sun 25 Sutra 113 | |
| Vrischika Rasi: 23.54 Tithi 11 | | Gulika 1:14PM – 2:42PM | Jyeshtha* Until 3:53PM | Ganesha: Yellow | <i>Sunrise:</i> 5:50AM | Subhakrit 5124 |
| Family Home Evening | | Yama 10:16AM – 11:45AM | Indra Until 8:20AM | Muruqa: White | <i>Sunset:</i> 5:40PM | Moon 7 - Phase 16 - 25 |
| 472865472 | | Rahu 7:19AM – 8:47AM | Vanija Until 11:55AM | Nataraja: White | | 4th Phase |
| Creative Work Siddha Yoga | | | Ekadashi Until 10:25PM | Moon – Orange | | |
| | | | | Sravana*Adi | | Bhuloka Day |
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| 3 Tuesday, August 9, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam | | | Yogyakarta, Indonesia | |
| Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau | | | | | Sun 26 Sutra 114 | |
| Dhanus Rasi: 8.34 Tithi 12 | | Gulika 11:45AM – 1:13PM | Mula* Until 1:41PM | Ganesha: White | <i>Sunrise:</i> 5:50AM | Subhakrit 5124 |
| 482865472 | | Yama 8:47AM – 10:16AM | Vishkambha* Until 12:59AM Wed | Muruqa: White | <i>Sunset:</i> 5:40PM | Moon 7 - Phase 16 - 26 |
| Creative Work Amrita Yoga | | Rahu 2:42PM – 4:11PM | Bava Until 8:51AM | Nataraja: White | | 4th Phase |
| Until 1:41PM | | | Dvadashi Until 7:10PM | Moon – Light Blue | | |
| Then Creative Work - Siddha Yoga | | | | Sravana*Adi | | Devaloka Day |

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| 4 Wednesday, August 10, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam | | | Yogyakarta, Indonesia | |
| Purvashadha*/Uttarashadha Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | | Sun 27 Sutra 115 | |
| Dhanus Rasi: 23.29 Tithi 13 – 14 | | Gulika 10:16AM – 11:45AM | Purvashadha* Until 11:04AM | Ganesha: White | <i>Sunrise:</i> 5:50AM | Subhakrit 5124 |
| 482865472 | | Yama 7:18AM – 8:47AM | Priti Until 9:01PM | Muruqa: White | <i>Sunset:</i> 5:40PM | Moon 7 - Phase 16 - 27 |
| Creative Work Amrita Yoga | | Rahu 11:45AM – 1:13PM | Gara Until 1:55AM Thu | Nataraja: White | | 4th Phase |
| | | | Trayodashi Until 3:41PM | Moon – Light Blue | | |
| | | | | Sravana*Adi | | Devaloka Day |
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Pradosha Vrata

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| Thursday, August 11, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam | | | Yogyakarta, Indonesia | |
| Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | | Sutra 116 | |
| Makara Rasi: 8.32 Tithi 14 – 15 | | Gulika 8:47AM – 10:16AM | Uttarashadha Until 8:11AM | Ganesha: White | <i>Sunrise:</i> 5:49AM | Subhakrit 5124 |
| 482865472 | | Yama 5:49AM – 7:18AM | Ayushman Until 4:59PM | Muruqa: White | <i>Sunset:</i> 5:40PM | Moon 7 - Phase 16 - |
| Routine Work Marana Yoga | | Rahu 1:13PM – 2:42PM | Visti Until 10:20PM | Nataraja: White | | Purnima |
| Until 8:11AM | | | Chaturdashi* Until 12:06PM | Moon – Light Blue | | |
| Then Creative Work - Siddha Yoga | | Raksha Bandhan | | Sravana*Adi | | Devaloka Day |

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| Friday, August 12, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam | | | Yogyakarta, Indonesia | |
| Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | | Sutra 117 | |
| Makara Rasi: 23.34 Tithi 15 – 16 | | Gulika 7:18AM – 8:47AM | Dhanishtha Until 3:06AM Sat | Ganesha: Clear | <i>Sunrise:</i> 5:49AM | Subhakrit 5124 |
| 492865472 | | Yama 2:42PM – 4:11PM | Saubhagya Until 1:02PM | Muruqa: White | <i>Sunset:</i> 5:40PM | Moon 7 - Phase 16 - |
| Creative Work Siddha Yoga | | Rahu 10:15AM – 11:44AM | Balava Until 6:55PM | Nataraja: White | | Prathama |
| Until 3:06AM Sat | | | Purnima* Until 8:35AM | Moon – Purple | | |
| Then Creative Work - Amrita Yoga | | | | Sravana*Adi | | Bhuloka Day |
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Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

www.gurudeva.org/panchang



Saturday, August 13, 2022
Gold Retreat Star

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Yogyakarta, Indonesia
Sutra 118

Kumbha Rasi: 8.26 Tithi 17
492865472
Creative Work Amrita Yoga
Until 12:51AM Sun
Then Creative Work - Siddha Yoga

Gulika 5:49AM – 7:17AM
Yama 1:13PM – 2:42PM
Rahu 8:46AM – 10:15AM

Shatabhishak **Until 12:51AM Sun**
Sobhana Until 9:20AM
Taitila Until 3:50PM
Dvitiya **Until 2:26AM Sun**

Ganesha: Clear *Sunrise: 5:49AM*
Muruqa: White *Sunset: 5:40PM*
Nataraja: White
Moon – Purple
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Moon 8 - Phase 17 -
1st Phase

1

Sunday, August 14, 2022

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Vanija/Visti* Karana Trityayam Titau

Yogyakarta, Indonesia
Sun 1 Sutra 119

Kumbha Rasi: 22.59 Tithi 18
412865472
Creative Work Siddha Yoga
Until 11:27PM
Then Creative Work - Amrita Yoga

Gulika 2:42PM – 4:11PM
Yama 11:44AM – 1:13PM
Rahu 4:11PM – 5:40PM

Purvaproshtapada* **Until 11:27PM**
Sukarma Until 3:08AM Mon
Vanija Until 1:13PM
Tritiya **Until 12:08AM Mon**

Ganesha: Yellow *Sunrise: 5:48AM*
Muruqa: White *Sunset: 5:40PM*
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Moon 8 - Phase 17 - 1
1st Phase

2

Monday, August 15, 2022

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Yogyakarta, Indonesia
Sun 2 Sutra 120

Meena Rasi: 7.08 Tithi 19
412865472
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:13PM – 2:42PM
Yama 10:15AM – 11:44AM
Rahu 7:17AM – 8:46AM

Uttaraproshtapada **Until 10:37PM**
Dhriti Until 12:53AM Tue
Bava Until 11:16AM
Chaturthi* **Until 10:33PM**

Ganesha: Yellow *Sunrise: 5:48AM*
Muruqa: White *Sunset: 5:40PM*
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Moon 8 - Phase 17 - 2
1st Phase

3

Tuesday, August 16, 2022

Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Yogyakarta, Indonesia
Sun 3 Sutra 121

Meena Rasi: 20.49 Tithi 20
412865472
Creative Work Siddha Yoga

Gulika 11:44AM – 1:13PM
Yama 8:46AM – 10:15AM
Rahu 2:42PM – 4:11PM

Revati **Until 10:27PM**
Shula* Until 11:18PM
Kaulava Until 10:05AM
Panchami **Until 9:48PM**

Ganesha: Yellow *Sunrise: 5:48AM*
Muruqa: White *Sunset: 5:40PM*
Nataraja: White
Moon – Clear
Sravana*Adi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Moon 8 - Phase 17 - 3
1st Phase

4

Wednesday, August 17, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Yogyakarta, Indonesia
Sun 4 Sutra 122

Mesha Rasi: 4.01 Tithi 21
422865472
Routine Work Marana Yoga
Until 11:27PM
Then Creative Work - Siddha Yoga

Gulika 10:14AM – 11:43AM
Yama 7:16AM – 8:45AM
Rahu 11:43AM – 1:12PM

Ashvini **Until 11:27PM**
Ganda* Until 10:25PM
Gara Until 9:46AM
Shashthi* **Until 9:55PM**

Ganesha: Blue *Sunrise: 5:47AM*
Muruqa: White *Sunset: 5:39PM*
Nataraja: White
Moon – White
Sravana*Avani

Devaloka Day

Moon 8 - Phase 17 - 4
1st Phase

5

Thursday, August 18, 2022

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vriddhi Yoga Visti*/Bava Karana Saptamyam Titau

Yogyakarta, Indonesia
Sun 5 Sutra 123

Mesha Rasi: 16.46 Tithi 22
522865472
Creative Work Siddha Yoga

Gulika 8:45AM – 10:14AM
Yama 5:47AM – 7:16AM
Rahu 1:12PM – 2:41PM

Bharani **Until 1:06AM Fri**
Vriddhi Until 10:12PM
Visti Until 10:19AM
Saptami **Until 10:53PM**

Ganesha: Yellow *Sunrise: 5:47AM*
Muruqa: White *Sunset: 5:39PM*
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Moon 8 - Phase 17 - 5
1st Phase

D

Friday, August 19, 2022
Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Yogyakarta, Indonesia
Sun 6 Sutra 124

Mesha Rasi: 29.1 Tithi 23
522865472
Creative Work Siddha Yoga
Until 3:16AM Sat
Then Creative Work - Amrita Yoga

Gulika 7:16AM – 8:45AM
Yama 2:41PM – 4:10PM
Rahu 10:14AM – 11:43AM

Krittika **Until 3:16AM Sat**
Dhruva Until 10:30PM
Balava Until 11:40AM
Ashtami* **Until 12:33AM Sat**

Ganesha: Yellow *Sunrise: 5:46AM*
Muruqa: White *Sunset: 5:39PM*
Nataraja: White
Moon – White
Sravana*Avani

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Moon 8 - Phase 17 - 6
Ashtami

Saturday, August 20, 2022

Retreat Star

Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Yogyakarta, Indonesia
Sun 7 Sutra 125

Vrishabha Rasi: 11.17 Tithi 24
533865472
Creative Work Amrita Yoga
Until 6:13AM Sun
Then Creative Work - Siddha Yoga

Gulika 5:46AM – 7:15AM
Yama 1:12PM – 2:41PM
Rahu 8:44AM – 10:13AM

Rohini **Until 6:13AM Sun**
Vyaghata* Until 11:13PM
Taitila Until 1:37PM
Navami* **Until 2:44AM Sun**

Ganesha: Yellow *Sunrise: 5:46AM*
Muruqa: White *Sunset: 5:39PM*
Nataraja: White
Moon – Yellow
Sravana*Avani

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 17 - 7
Navami

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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| 1 | | Sunday, August 21, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuklayam Rohini/Mrigashira Nakshatra Harshana Yoga Vanija/Visiti* Karana Dashanyam Titau | | Yogyakarta, Indonesia Sun 8 Sutra 126 Subhakrit 5124 | |
| Wishabha Rasi: 23.13 | Tithi 25 | Gulika 2:41PM – 4:10PM | Rohini Until 6:13AM | Ganesha: Yellow | <i>Sunrise:</i> 5:46AM | Muruqa: White | <i>Sunset:</i> 5:39PM |
| | | Yama 11:42AM – 1:12PM | Harshana Until 12:11AM Mon | Nataraja: White | | Moon 8 - Phase 18 - 8 | 2nd Phase |
| | | 533865472 Rahu 4:10PM – 5:39PM | Vanija Until 3:57PM | Moon – Yellow | | Bhuloka Day | |
| Creative Work | Siddha Yoga | | Dashami Until 5:10AM Mon | Sravana•Avani | | Devaloka Time: 6:AM to 9:AM | |

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| 2 | | Monday, August 22, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuklayam Mrigashira/Ardra Nakshatra Vajra* Yoga Bava Karana Ekadashyam Titau | | Yogyakarta, Indonesia Sun 9 Sutra 127 Subhakrit 5124 | |
| Mithuna Rasi: 5.04 | Tithi 26 | Gulika 1:11PM – 2:41PM | Mrigashira Until 9:14AM | Ganesha: Yellow | <i>Sunrise:</i> 5:45AM | Muruqa: White | <i>Sunset:</i> 5:39PM |
| Family Home Evening | | Yama 10:13AM – 11:42AM | Vajra* Until 1:11AM Tue | Nataraja: White | | Moon 8 - Phase 18 - 9 | 2nd Phase |
| Creative Work | Amrita Yoga | 533865472 Rahu 7:14AM – 8:44AM | Bava Until 6:27PM | Moon – Yellow | | Bhuloka Day | |
| Until 9:14AM | | | Ekadashi* Until 7:40AM Tue | Sravana•Avani | | Devaloka Time: 6:AM to 9:AM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | | Tuesday, August 23, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuklayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Yogyakarta, Indonesia Sun 10 Sutra 128 Subhakrit 5124 | |
| Mithuna Rasi: 16.54 | Tithi 26 – 27 | Gulika 11:42AM – 1:11PM | Ardra Until 12:05PM | Ganesha: Yellow | <i>Sunrise:</i> 5:45AM | Muruqa: White | <i>Sunset:</i> 5:39PM |
| | | Yama 8:43AM – 10:13AM | Siddhi Until 2:07AM Wed | Nataraja: White | | Moon 8 - Phase 18 - 10 | 2nd Phase |
| | | 533865472 Rahu 2:41PM – 4:10PM | Kaulava Until 8:54PM | Moon – Yellow | | Bhuloka Day | |
| Routine Work | Marana Yoga | | Ekadashi* Until 7:40AM | Sravana•Avani | | Devaloka Time: 6:AM to 9:AM | |
| Until 12:05PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | | Wednesday, August 24, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuklayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau | | Yogyakarta, Indonesia Sun 11 Sutra 129 Subhakrit 5124 | |
| Mithuna Rasi: 28.47 | Tithi 27 – 28 | Gulika 10:12AM – 11:42AM | Punarvasu Until 3:08PM | Ganesha: Blue | <i>Sunrise:</i> 5:44AM | Muruqa: White | <i>Sunset:</i> 5:39PM |
| | | Yama 7:14AM – 8:43AM | Vyatipata* Until 2:54AM Thu | Nataraja: White | | Moon 8 - Phase 18 - 11 | 2nd Phase |
| | | 533865472 Rahu 11:42AM – 1:11PM | Gara Until 11:08PM | Moon – Blue | | Bhuloka Day | |
| Creative Work | Siddha Yoga | | Dvadashi* Until 10:02AM | Sravana•Avani | | | |
| | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 | | Thursday, August 25, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuklayam Pushya/Ashlesha* Nakshatra Variyan Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau | | Yogyakarta, Indonesia Sun 12 Sutra 130 Subhakrit 5124 | |
| Kataka Rasi: 10.45 | Tithi 28 – 29 | Gulika 8:43AM – 10:12AM | Pushya Until 5:45PM | Ganesha: Blue | <i>Sunrise:</i> 5:44AM | Muruqa: White | <i>Sunset:</i> 5:39PM |
| | | Yama 5:44AM – 7:13AM | Variyan Until 3:24AM Fri | Nataraja: White | | Moon 8 - Phase 18 - 12 | 2nd Phase |
| | | 533865472 Rahu 1:11PM – 2:40PM | Visti Until 1:04AM Fri | Moon – Blue | | Bhuloka Day | |
| Creative Work | Amrita Yoga | | Trayodashi* Until 12:08PM | Sravana•Avani | | | |
| Until 5:45PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Retreat Star | | Friday, August 26, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuklayam Ashlesha* Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Yogyakarta, Indonesia Sun 13 Sutra 131 Subhakrit 5124 | |
| Kataka Rasi: 22.51 | Tithi 29 – 30 | Gulika 7:13AM – 8:42AM | Ashlesha* Until 7:51PM | Ganesha: Blue | <i>Sunrise:</i> 5:43AM | Muruqa: White | <i>Sunset:</i> 5:39PM |
| | | Yama 2:40PM – 4:09PM | Parigha* Until 3:38AM Sat | Nataraja: White | | Moon 8 - Phase 18 - 13 | Amavasya |
| | | 533865472 Rahu 10:12AM – 11:41AM | Catuspada Until 2:38AM Sat | Moon – Blue | | Bhuloka Day | |
| Routine Work | Marana Yoga | | Chaturdashi* Until 1:53PM | Sravana•Avani | | | |
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| Retreat Star | | Saturday, August 27, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuklayam Magha* Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Yogyakarta, Indonesia Sun 14 Sutra 132 Subhakrit 5124 | |
| Simha Rasi: 5.07 | Tithi 30 – 1 | Gulika 5:43AM – 7:12AM | Magha* Until 9:54PM | Ganesha: Blue | <i>Sunrise:</i> 5:43AM | Muruqa: White | <i>Sunset:</i> 5:39PM |
| | | Yama 1:10PM – 2:40PM | Shiva Until 3:35AM Sun | Nataraja: White | | Moon 8 - Phase 18 - 14 | Prathama |
| | | 533865472 Rahu 8:42AM – 10:11AM | Kintughna Until 3:49AM Sun | Moon – Red | | Bhuloka Day | |
| Creative Work | Amrita Yoga | | Amavasya* Until 3:15PM | Bhadrapada•Avani | | | |
| Until 9:54PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

www.gurudeva.org/panchang

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| 1 | Sunday, August 28, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Yogyakarta, Indonesia Sun 15 Sutra 133 Subhakrit 5124 | |
| | Simha Rasi: 17.32 | Tithi 1 – 2 | Gulika 2:40PM – 4:09PM | Purvaphalguni Until 11:24PM | Ganesha: Blue <i>Sunrise: 5:42AM</i> | Muruqa: White <i>Sunset: 5:39PM</i> | Moon 8 - Phase 19 - 15 3rd Phase | |
| | Creative Work | Siddha Yoga | Yama 11:41AM – 1:10PM | Siddha Until 3:11AM Mon | Nataraja: Clear | Bhuloka Day | | |
| | Until 11:24PM | Then Creative Work - Amrita Yoga | Rahu 4:09PM – 5:39PM | Balava Until 4:36AM Mon | Moon – Red | Devaloka Time: 6:PM to 9:PM | | |
| | | | Prathama* Until 4:14PM | | Bhadrapada*Avani | | | |

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| 2 | Monday, August 29, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Yogyakarta, Indonesia Sun 16 Sutra 134 Subhakrit 5124 | |
| | Kanya Rasi: 0.08 | Tithi 2 – 3 | Gulika 1:10PM – 2:39PM | Uttaraphalguni Until 12:22AM Tue | Ganesha: Blue <i>Sunrise: 5:42AM</i> | Muruqa: White <i>Sunset: 5:39PM</i> | Moon 8 - Phase 19 - 16 3rd Phase | |
| | Family Home Evening | Creative Work | Yama 10:11AM – 11:40AM | Sadhya Until 2:30AM Tue | Nataraja: Clear | Bhuloka Day | | |
| | Until 11:24PM | Then Creative Work - Amrita Yoga | Rahu 7:12AM – 8:41AM | Taitila Until 4:59AM Tue | Moon – Red | Devaloka Time: 6:PM to 9:PM | | |
| | | | Dvitiya Until 4:49PM | | Bhadrapada*Avani | | | |

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| 3 | Tuesday, August 30, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | Yogyakarta, Indonesia Sun 17 Sutra 135 Subhakrit 5124 | |
| | Kanya Rasi: 12.55 | Tithi 3 – 4 | Gulika 11:40AM – 1:10PM | Hasta Until 1:17AM Wed | Ganesha: Blue <i>Sunrise: 5:41AM</i> | Muruqa: White <i>Sunset: 5:38PM</i> | Moon 8 - Phase 19 - 17 3rd Phase | |
| | Creative Work | Siddha Yoga | Yama 8:41AM – 10:10AM | Subha Until 1:32AM Wed | Nataraja: Clear | Bhuloka Day | | |
| | Until 1:39AM Thu | Then Creative Work - Amrita Yoga | Rahu 2:39PM – 4:09PM | Vanija Until 5:00AM Wed | Moon – Green | Devaloka Time: 6:PM to 9:PM | | |
| | | | Tritiya Until 5:01PM | | Bhadrapada*Avani | | | |

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| 4 | Wednesday, August 31, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Yogyakarta, Indonesia Sun 18 Sutra 136 Subhakrit 5124 | |
| | Kanya Rasi: 25.53 | Tithi 4 – 5 | Gulika 10:10AM – 11:40AM | Chitra Until 1:39AM Thu | Ganesha: Blue <i>Sunrise: 5:41AM</i> | Muruqa: White <i>Sunset: 5:38PM</i> | Moon 8 - Phase 19 - 18 3rd Phase | |
| | Creative Work | Siddha Yoga | Yama 7:11AM – 8:40AM | Sukla Until 12:14AM Thu | Nataraja: Clear | Bhuloka Day | | |
| | Until 1:39AM Thu | Then Creative Work - Amrita Yoga | Rahu 11:40AM – 1:09PM | Bava Until 4:38AM Thu | Moon – Green | Devaloka Time: 6:PM to 9:PM | | |
| | | | Ganesha Chaturthi | | Bhadrapada*Avani | | | |
| | | | Chaturthi* Until 4:51PM | | | | | |

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| 5 | Thursday, September 1, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Yogyakarta, Indonesia Sun 19 Sutra 137 Subhakrit 5124 | |
| | Tula Rasi: 9.03 | Tithi 5 – 6 | Gulika 8:40AM – 10:10AM | Svati Until 1:30AM Fri | Ganesha: Red <i>Sunrise: 5:40AM</i> | Muruqa: White <i>Sunset: 5:38PM</i> | Moon 8 - Phase 19 - 19 3rd Phase | |
| | Creative Work | Amrita Yoga | Yama 5:40AM – 7:10AM | Brahma Until 10:38PM | Nataraja: Clear | Devaloka Day | | |
| | Until 1:30AM Fri | Then Creative Work - Siddha Yoga | Rahu 1:09PM – 2:39PM | Kaulava Until 3:52AM Fri | Moon – Green | Devaloka Day | | |
| | | | Panchami Until 4:17PM | | Bhadrapada*Avani | | | |

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| 6 | Friday, September 2, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Yogyakarta, Indonesia Sun 20 Sutra 138 Subhakrit 5124 | |
| | Tula Rasi: 22.26 | Tithi 6 – 7 | Gulika 7:10AM – 8:39AM | Vishakha Until 1:14AM Sat | Ganesha: Blue <i>Sunrise: 5:40AM</i> | Muruqa: White <i>Sunset: 5:38PM</i> | Moon 8 - Phase 19 - 20 3rd Phase | |
| | Creative Work | Siddha Yoga | Yama 2:39PM – 4:08PM | Indra Until 8:43PM | Nataraja: Clear | Sivaloka Day | | |
| | Until 1:30AM Fri | Then Creative Work - Siddha Yoga | Rahu 10:09AM – 11:39AM | Gara Until 2:41AM Sat | Moon – Orange | Sivaloka Day | | |
| | | | Shashthi* Until 3:18PM | | Bhadrapada*Avani | | | |

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| ☾ | Saturday, September 3, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Yogyakarta, Indonesia Sun 21 Sutra 139 Subhakrit 5124 | |
| | Retreat Star | | Gulika 5:39AM – 7:09AM | Anuradha Until 12:24AM Sun | Ganesha: Yellow <i>Sunrise: 5:39AM</i> | Muruqa: White <i>Sunset: 5:38PM</i> | Moon 8 - Phase 19 - 21 Ashtami | |
| | Vrischika Rasi: 6.03 | Tithi 7 – 8 | Yama 1:09PM – 2:38PM | Vaidhriti* Until 6:26PM | Nataraja: Clear | Devaloka Day | | |
| | Creative Work | Siddha Yoga | Rahu 8:39AM – 10:09AM | Visti Until 1:05AM Sun | Moon – Orange | Devaloka Day | | |
| | | | Saptami Until 1:55PM | | Bhadrapada*Avani | | | |

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| ☽ | Sunday, September 4, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Yogyakarta, Indonesia Sun 22 Sutra 140 Subhakrit 5124 | |
| | Retreat Star | | Gulika 2:38PM – 4:08PM | Jyeshtha* Until 11:01PM | Ganesha: Yellow <i>Sunrise: 5:39AM</i> | Muruqa: White <i>Sunset: 5:38PM</i> | Moon 8 - Phase 19 - 22 Navami | |
| | Vrischika Rasi: 19.55 | Tithi 8 – 9 | Yama 11:38AM – 1:08PM | Vishkambha* Until 3:49PM | Nataraja: Clear | Devaloka Day | | |
| | Routine Work | Marana Yoga | Rahu 4:08PM – 5:38PM | Balava Until 11:05PM | Moon – Orange | Devaloka Day | | |
| | | | Ashtami* Until 12:07PM | | Bhadrapada*Avani | | | |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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| 1 | | Monday, September 5, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Yogyakarta, Indonesia Sun 23 Sutra 141 Subhakrit 5124 | |
| Dhanus Rasi: 4.03 | Tithi 9 – 10 | Gulika | 1:08PM – 2:38PM | Mula* Until 9:32PM | Ganesha: White | <i>Sunrise:</i> 5:38AM | |
| Family Home Evening | 584965473 | Yama | 10:08AM – 11:38AM | Priti Until 12:55PM | Muruqa: White | <i>Sunset:</i> 5:38PM | Moon 8 - Phase 20 - 23 |
| Creative Work Siddha Yoga | | Rahu | 7:08AM – 8:38AM | Taitila Until 8:42PM | Nataraja: Clear | | 4th Phase |
| Until 9:32PM | | | | Navami* Until 9:55AM | Moon – Light Blue | | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | Bhadrapada*Avani | | Devaloka Time: 6:PM to 9:PM |


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| 2 | | Tuesday, September 6, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Yogyakarta, Indonesia Sun 24 Sutra 142 Subhakrit 5124 | |
| Dhanus Rasi: 18.25 | Tithi 10 – 11 | Gulika | 11:38AM – 1:08PM | Purvashadha* Until 7:36PM | Ganesha: White | <i>Sunrise:</i> 5:38AM | |
| | 584965473 | Yama | 8:38AM – 10:08AM | Ayushman Until 9:42AM | Muruqa: White | <i>Sunset:</i> 5:38PM | Moon 8 - Phase 20 - 24 |
| Creative Work Siddha Yoga | | Rahu | 2:38PM – 4:08PM | Vanija Until 6:00PM | Nataraja: Clear | | 4th Phase |
| Until 7:36PM | | | | Dashami Until 7:22AM | Moon – Light Blue | | Bhuloka Day |
| Then Routine Work - Prabararishta Yoga | | | | | Bhadrapada*Avani | | Devaloka Time: 6:PM to 9:PM |

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|----------------------------------|-----------|-------------------------------------|-------------------|---|-------------------------|---|-----------------------------|
| 3 | | Wednesday, September 7, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau | | Yogyakarta, Indonesia Sun 25 Sutra 143 Subhakrit 5124 | |
| Makara Rasi: 2.59 | Tithi 12 | Gulika | 10:07AM – 11:37AM | Uttarashadha Until 5:20PM | Ganesha: White | <i>Sunrise:</i> 5:37AM | |
| | 584965473 | Yama | 7:07AM – 8:37AM | Saubhagya Until 6:16AM | Muruqa: White | <i>Sunset:</i> 5:37PM | Moon 8 - Phase 20 - 25 |
| Creative Work Amrita Yoga | | Rahu | 11:37AM – 1:07PM | Bava Until 3:05PM | Nataraja: Clear | | 4th Phase |
| Until 5:20PM | | | | Dvadashi Until 1:34AM Thu | Moon – Light Blue | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | | Bhadrapada*Avani | | Devaloka Time: 6:PM to 9:PM |

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|---------------------------|-----------|------------------------------------|------------------|---|-------------------------|---|------------------------|
| 4 | | Thursday, September 8, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Yogyakarta, Indonesia Sun 26 Sutra 144 Subhakrit 5124 | |
| Makara Rasi: 17.4 | Tithi 13 | Gulika | 8:37AM – 10:07AM | Shravana Until 3:15PM | Ganesha: Clear | <i>Sunrise:</i> 5:37AM | |
| | 594965473 | Yama | 5:37AM – 7:07AM | Athiganda* Until 11:09PM | Muruqa: White | <i>Sunset:</i> 5:37PM | Moon 8 - Phase 20 - 26 |
| Creative Work Siddha Yoga | | Rahu | 1:07PM – 2:37PM | Kaulava Until 12:04PM | Nataraja: Clear | | 4th Phase |
| | | | | Trayodashi Until 10:33PM | Moon – Purple | | Devaloka Day |
| | | | | | Bhadrapada*Avani | | |

Pradosha Vrata

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|---------------------------|-----------|----------------------------------|-------------------|--|-------------------------|---|------------------------|
| 5 | | Friday, September 9, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau | | Yogyakarta, Indonesia Sun 27 Sutra 145 Subhakrit 5124 | |
| Kumbha Rasi: 2.2 | Tithi 14 | Gulika | 7:06AM – 8:36AM | Dhanishtha Until 1:04PM | Ganesha: Clear | <i>Sunrise:</i> 5:36AM | |
| | 594965473 | Yama | 2:37PM – 4:07PM | Sukarma Until 7:40PM | Muruqa: White | <i>Sunset:</i> 5:37PM | Moon 8 - Phase 20 - 27 |
| Creative Work Siddha Yoga | | Rahu | 10:07AM – 11:37AM | Gara Until 9:05AM | Nataraja: Clear | | 4th Phase |
| | | | | Chaturdashi* Until 7:38PM | Moon – Purple | | Devaloka Day |
| | | Chidambaram Abhishekam | | | Bhadrapada*Avani | | |

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|  | | Saturday, September 10, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau | | Yogyakarta, Indonesia Sun 28 Sutra 146 Subhakrit 5124 | |
| Kumbha Rasi: 16.55 | Tithi 15 – 16 | Gulika | 5:36AM – 7:06AM | Shatabhishak Until 10:58AM | Ganesha: Clear | <i>Sunrise:</i> 5:36AM | |
| | 594965473 | Yama | 1:06PM – 2:37PM | Dhriti Until 4:25PM | Muruqa: White | <i>Sunset:</i> 5:37PM | Moon 8 - Phase 20 - Purnima |
| Creative Work Amrita Yoga | | Rahu | 8:36AM – 10:06AM | Visti Until 6:17AM | Nataraja: Clear | | |
| Until 10:58AM | | | | Purnima* Until 4:59PM | Moon – Purple | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | | Bhadrapada*Avani | | |

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|-----------------------------------|---------------|----------------------------|------------------|---|-------------------------|---|------------------------------|
| Sunday, September 11, 2022 | | Silver Retreat Star | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau | | Yogyakarta, Indonesia Sun 29 Sutra 147 Subhakrit 5124 | |
| Meena Rasi: 1.15 | Tithi 16 – 17 | Gulika | 2:36PM – 4:07PM | Purvaprosarthapada* Until 9:31AM | Ganesha: Clear | <i>Sunrise:</i> 5:35AM | |
| | 514965473 | Yama | 11:36AM – 1:06PM | Shula* Until 1:28PM | Muruqa: White | <i>Sunset:</i> 5:37PM | Moon 8 - Phase 20 - Prathama |
| Creative Work Siddha Yoga | | Rahu | 4:07PM – 5:37PM | Taitila Until 1:51AM Mon | Nataraja: Clear | | |
| Until 9:31AM | | | | Prathama* Until 2:45PM | Moon – Clear | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | Grandparent's Day | | | Bhadrapada*Avani | | |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Monday, September 12, 2022

Gold Retreat Star

Meena Rasi: 15.14 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

514965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda *Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:06PM - 2:36PM

Yama 10:05AM - 11:36AM

Rahu 7:05AM - 8:35AM

Uttaraproshtapada Until 8:27AM

Ganda* Until 10:59AM

Vanija Until 12:31AM Tue

Dvitiya Until 1:05PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Sunrise: 5:35AM

Sunset: 5:37PM

Devaloka Day

Yogyakarta, Indonesia

Sun 1 Sutra 148

Subhakrit 5124

Moon 9 - Phase 21 - 1

1st Phase

1

Tuesday, September 13, 2022

Meena Rasi: 28.5 Tithi 18 - 19

Creative Work Siddha Yoga

514965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Gulika 11:35AM - 1:06PM

Yama 8:35AM - 10:05AM

Rahu 2:36PM - 4:06PM

Revati Until 7:55AM

Vridhi Until 9:04AM

Bava Until 11:56PM

Tritiya Until 12:06PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Clear

Sunrise: 5:34AM

Sunset: 5:36PM

Devaloka Day

Yogyakarta, Indonesia

Sun 2 Sutra 149

Subhakrit 5124

Moon 9 - Phase 21 - 2

1st Phase

2

Wednesday, September 14, 2022

Mesha Rasi: 12.01 Tithi 19 - 20

Routine Work Marana Yoga

Until 8:25AM

Then Creative Work - Siddha Yoga

524965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:05AM - 11:35AM

Yama 7:04AM - 8:34AM

Rahu 11:35AM - 1:05PM

Ashvini Until 8:25AM

Dhruva Until 7:44AM

Kaulava Until 12:09AM Thu

Chaturthi* Until 11:55AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Sunrise: 5:34AM

Sunset: 5:36PM

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Yogyakarta, Indonesia

Sun 3 Sutra 150

Subhakrit 5124

Moon 9 - Phase 21 - 3

1st Phase

3

Thursday, September 15, 2022

Mesha Rasi: 24.47 Tithi 20 - 21

Creative Work Siddha Yoga

Until 9:34AM

Then Routine Work - Marana Yoga

525965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Taitila*/Gara Karana Panchami/Shashthayam Titau

Gulika 8:34AM - 10:04AM

Yama 5:33AM - 7:03AM

Rahu 1:05PM - 2:35PM

Bharani Until 9:34AM

Vyaghata* Until 7:03AM

Gara Until 1:08AM Fri

Panchami Until 12:32PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Sunrise: 5:33AM

Sunset: 5:36PM

Devaloka Day

Yogyakarta, Indonesia

Sun 4 Sutra 151

Subhakrit 5124

Moon 9 - Phase 21 - 4

1st Phase

4

Friday, September 16, 2022

Vrishabha Rasi: 7.13 Tithi 21 - 22

Creative Work Siddha Yoga

Until 11:17AM

Then Routine Work - Marana Yoga

525965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:03AM - 8:33AM

Yama 2:35PM - 4:06PM

Rahu 10:04AM - 11:34AM

Krittika Until 11:17AM

Harshana Until 6:59AM

Visti Until 2:49AM Sat

Shashthi* Until 1:53PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - White

Sunrise: 5:32AM

Sunset: 5:36PM

Devaloka Day

Yogyakarta, Indonesia

Sun 5 Sutra 152

Subhakrit 5124

Moon 9 - Phase 21 - 5

1st Phase

5

Saturday, September 17, 2022

Vrishabha Rasi: 19.22 Tithi 22 - 23

Creative Work Amrita Yoga

Until 1:55PM

Then Creative Work - Siddha Yoga

535965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 5:32AM - 7:02AM

Yama 1:04PM - 2:35PM

Rahu 8:33AM - 10:03AM

Rohini Until 1:55PM

Vajra* Until 7:22AM

Balava Until 4:58AM Sun

Saptami Until 3:50PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Sunrise: 5:32AM

Sunset: 5:36PM

Sivaloka Day

Yogyakarta, Indonesia

Sun 6 Sutra 153

Subhakrit 5124

Moon 9 - Phase 21 - 6

1st Phase

D

Sunday, September 18, 2022

Retreat Star

Mithuna Rasi: 1.2 Tithi 23

Creative Work Siddha Yoga

535965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Ashtamyam Titau

Gulika 2:35PM - 4:05PM

Yama 11:34AM - 1:04PM

Rahu 4:05PM - 5:36PM

Mrigashira Until 4:44PM

Siddhi Until 8:06AM

Kaulava Until 6:09PM

Ashtami* Until 6:09PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Sunrise: 5:31AM

Sunset: 5:36PM

Sivaloka Day

Yogyakarta, Indonesia

Sun 7 Sutra 154

Subhakrit 5124

Moon 9 - Phase 21 - 7

Ashtami

Monday, September 19, 2022

Retreat Star

Mithuna Rasi: 13.13 Tithi 24

Family Home Evening

Creative Work Siddha Yoga

Until 7:33PM

Then Creative Work - Amrita Yoga

535965473

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Taitila*/Gara Karana Navamyam Titau

Gulika 1:04PM - 2:34PM

Yama 10:03AM - 11:33AM

Rahu 7:01AM - 8:32AM

Ardra Until 7:33PM

Vyatipata* Until 9:01AM

Taitila Until 7:23AM

Navami* Until 8:36PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - Yellow

Sunrise: 5:31AM

Sunset: 5:36PM

Sivaloka Day

Yogyakarta, Indonesia

Sun 8 Sutra 155

Subhakrit 5124

Moon 9 - Phase 21 - 8

Navami

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

www.gurudeva.org/panchang

1 Tuesday, September 20, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Yogyakarta, Indonesia
 Punarvasu Nakshatra Varyani/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau Sun 9 Sutra 156
 Mithuna Rasi: 25.05 Tithi 25 Gulika 11:33AM – 1:03PM **Punarvasu Until 10:36PM** Ganesha: Yellow Sunrise: 5:30AM Subhakrit 5124
 Yama 8:31AM – 10:02AM Muruga: White Sunset: 5:35PM Moon 9 - Phase 22 - 9
 545965473 Rahu 2:34PM – 4:05PM Varyan Until 9:54AM Nataraja: Clear 2nd Phase
 Creative Work Siddha Yoga Vanija Until 9:49AM Moon – Blue **Devaloka Day**
 Dashami Until 10:58PM Bhadrapada-Puratasi

2 Wednesday, September 21, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Yogyakarta, Indonesia
 Pushya Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 157
 Kataka Rasi: 7.01 Tithi 26 Gulika 10:02AM – 11:32AM **Pushya Until 1:15AM Thu** Ganesha: Yellow Sunrise: 5:30AM Subhakrit 5124
 Yama 7:00AM – 8:31AM Parigha* Until 10:40AM Muruga: White Sunset: 5:35PM Moon 9 - Phase 22 - 10
 545965473 Rahu 11:32AM – 1:03PM Bava Until 12:05PM Nataraja: Clear 2nd Phase
 Creative Work Siddha Yoga Ekadashi* Until 1:04AM Thu Moon – Blue **Devaloka Day**
 Bhadrapada-Puratasi

3 Thursday, September 22, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Yogyakarta, Indonesia
 Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 11 Sutra 158
 Kataka Rasi: 19.03 Tithi 27 Gulika 8:31AM – 10:01AM **Ashlesha* Until 3:20AM Fri** Ganesha: Yellow Sunrise: 5:29AM Subhakrit 5124
 Yama 5:29AM – 7:00AM Shiva Until 11:12AM Muruga: White Sunset: 5:35PM Moon 9 - Phase 22 - 11
 545965473 Rahu 1:03PM – 2:34PM Kaulava Until 1:59PM Nataraja: Clear 2nd Phase
 Creative Work Siddha Yoga Dvadashi* Until 2:46AM Fri Moon – Blue **Devaloka Day**
 Until 3:20AM Fri Bhadrapada-Puratasi
 Then Routine Work - Marana Yoga

4 Friday, September 23, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Yogyakarta, Indonesia
 Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 159
 Simha Rasi: 1.16 Tithi 28 Gulika 6:59AM – 8:30AM **Magha* Until 5:18AM Sat** Ganesha: Red Sunrise: 5:28AM Subhakrit 5124
 Yama 2:33PM – 4:04PM Siddha Until 11:21AM Muruga: White Sunset: 5:35PM Moon 9 - Phase 22 - 12
 555965473 Rahu 10:01AM – 11:32AM Gara Until 3:27PM Nataraja: Clear 2nd Phase
 Routine Work Marana Yoga Trayodashi* Until 3:59AM Sat Moon – Red **Devaloka Day**
 Until 5:18AM Sat Bhadrapada-Puratasi
 Then Creative Work - Siddha Yoga Pradosha Vrata (Fasting)

5 Saturday, September 24, 2022 Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Yogyakarta, Indonesia
 Purvaphalguni Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 160
 Simha Rasi: 13.41 Tithi 29 Gulika 5:28AM – 6:59AM **Purvaphalguni Until 6:36AM Sun** Ganesha: Red Sunrise: 5:28AM Subhakrit 5124
 Yama 1:02PM – 2:33PM Sadhya Until 11:09AM Muruga: White Sunset: 5:35PM Moon 9 - Phase 22 - 13
 555965473 Rahu 8:30AM – 10:01AM Visti Until 4:26PM Nataraja: Clear 2nd Phase
 Creative Work Siddha Yoga Chaturdashi* Until 4:42AM Sun Moon – Red **Devaloka Day**
 Until 6:36AM Sun Bhadrapada-Puratasi
 Then Creative Work - Amrita Yoga

Retreat Star **Sunday, September 25, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Yogyakarta, Indonesia
 Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 14 Sutra 161
 Simha Rasi: 26.2 Tithi 30 Gulika 2:33PM – 4:04PM **Purvaphalguni Until 6:36AM** Ganesha: Blue Sunrise: 5:27AM Subhakrit 5124
 Yama 11:31AM – 1:02PM Subha Until 10:34AM Muruga: White Sunset: 5:35PM Moon 9 - Phase 22 - 14
 556165473 Rahu 4:04PM – 5:35PM Catuspada Until 4:53PM Nataraja: Clear Amavasya
 Creative Work Siddha Yoga Amavasya* Until 4:54AM Mon Moon – Red **Bhuloka Day**
 Until 6:36AM Mahalaya Amavasai (Tamil Nadu) Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM
 Then Creative Work - Amrita Yoga

Retreat Star **Monday, September 26, 2022** Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Yogyakarta, Indonesia
 Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 162
 Kanya Rasi: 9.14 Tithi 1 Gulika 1:02PM – 2:33PM **Uttaraphalguni Until 7:15AM** Ganesha: Blue Sunrise: 5:27AM Subhakrit 5124
 Yama 10:00AM – 11:31AM Sukla Until 9:33AM Muruga: White Sunset: 5:35PM Moon 9 - Phase 22 - 15
 556165473 Rahu 6:58AM – 8:29AM Kintughna Until 4:50PM Nataraja: Clear Prathama
 Creative Work Siddha Yoga Prathama* Until 4:38AM Tue Moon – Red **Bhuloka Day**
 Navaratri Begins Ashvina-Puratasi Devaloka Time: 6:PM to 9:PM

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| 1 | Tuesday, September 27, 2022 | | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Yogyakarta, Indonesia Sun 16 Sutra 163 Subhakarit 5124 |
| | Kanya Rasi: 22.22 | Tithi 2 | Gulika 11:30AM – 1:01PM | Hasta Until 7:45AM | Ganesha: Blue | <i>Sunrise:</i> 5:26AM | |
| | | | Yama 8:28AM – 9:59AM | Brahma Until 8:11AM | Muruqa: White | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 23 - 16 |
| | Creative Work | Siddha Yoga | 566165473 Rahu 2:32PM – 4:03PM | Balava Until 4:21PM | Nataraja: Clear | | 3rd Phase |
| | | | Dvitiya Until 3:57AM Wed | Moon – Green | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

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| 2 | Wednesday, September 28, 2022 | | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhruti* Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Yogyakarta, Indonesia Sun 17 Sutra 164 Subhakarit 5124 |
| | Tula Rasi: 5.43 | Tithi 3 | Gulika 9:59AM – 11:30AM | Chitra Until 7:41AM | Ganesha: Blue | <i>Sunrise:</i> 5:26AM | |
| | | | Yama 6:57AM – 8:28AM | Indra Until 6:31AM | Muruqa: White | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 23 - 17 |
| | Creative Work | Siddha Yoga | 666165473 Rahu 11:30AM – 1:01PM | Taitila Until 3:29PM | Nataraja: Clear | | 3rd Phase |
| | | | Tritiya Until 2:54AM Thu | Moon – Green | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

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| 3 | Thursday, September 29, 2022 | | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba* Yoga Vanija/Visiti* Karana Chaturthyam Titau | | | | Yogyakarta, Indonesia Sun 18 Sutra 165 Subhakarit 5124 |
| | Tula Rasi: 19.15 | Tithi 4 | Gulika 8:27AM – 9:59AM | Svati Until 7:09AM | Ganesha: Blue | <i>Sunrise:</i> 5:25AM | |
| | | | Yama 5:25AM – 6:56AM | Vishkamba* Until 2:19AM Fri | Muruqa: White | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 23 - 18 |
| | Creative Work | Amrita Yoga | 666165473 Rahu 1:01PM – 2:32PM | Vanija Until 2:17PM | Nataraja: Clear | | 3rd Phase |
| | | | Chaturthi Until 1:34AM Fri | Moon – Green | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

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| 4 | Friday, September 30, 2022 | | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau | | | | Yogyakarta, Indonesia Sun 19 Sutra 166 Subhakarit 5124 |
| | Vrischika Rasi: 2.58 | Tithi 5 | Gulika 6:56AM – 8:27AM | Vishakha Until 6:37AM | Ganesha: Blue | <i>Sunrise:</i> 5:25AM | |
| | | | Yama 2:32PM – 4:03PM | Priti Until 11:56PM | Muruqa: White | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 23 - 19 |
| | Creative Work | Siddha Yoga | 676165473 Rahu 9:58AM – 11:29AM | Bava Until 12:49PM | Nataraja: Clear | | 3rd Phase |
| | | | Panchami Until 11:58PM | Moon – Orange | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

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| 5 | Saturday, October 1, 2022 | | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Yogyakarta, Indonesia Sun 20 Sutra 167 Subhakarit 5124 |
| | Vrischika Rasi: 16.5 | Tithi 6 | Gulika 5:24AM – 6:55AM | Jyeshtha* Until 4:26AM Sun | Ganesha: Blue | <i>Sunrise:</i> 5:24AM | |
| | | | Yama 1:00PM – 2:31PM | Ayushman Until 9:21PM | Muruqa: White | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 23 - 20 |
| | Creative Work | Siddha Yoga | 676165473 Rahu 8:27AM – 9:58AM | Kaulava Until 11:07AM | Nataraja: Clear | | 3rd Phase |
| | | | Shashthi* Until 10:10PM | Moon – Orange | | Bhuloka Day Devaloka Time: 6:PM to 9:PM | |

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|---|--------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|--|
| 6 | Sunday, October 2, 2022 | | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saplamyam Titau | | | | Yogyakarta, Indonesia Sun 21 Sutra 168 Subhakarit 5124 |
| | Dhanus Rasi: 0.49 | Tithi 7 | Gulika 2:31PM – 4:03PM | Mula* Until 3:17AM Mon | Ganesha: Blue | <i>Sunrise:</i> 5:24AM | |
| | | | Yama 11:29AM – 1:00PM | Saubhagya Until 6:38PM | Muruqa: Green | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 23 - 21 |
| | Creative Work | Amrita Yoga | 687166473 Rahu 4:03PM – 5:34PM | Gara Until 9:13AM | Nataraja: Clear | | 3rd Phase |
| | | | Saptami Until 8:12PM | Moon – Light Blue | | Sivaloka Day | |

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|---|--------------------------------|---------|---|---|------------------------|------------------------|--|
| D | Monday, October 3, 2022 | | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtamyam Titau | | | | Yogyakarta, Indonesia Sun 22 Sutra 169 Subhakarit 5124 |
| | Retreat Star | | Gulika 1:00PM – 2:31PM | Purvashadha* Until 1:52AM Tue | Ganesha: Blue | <i>Sunrise:</i> 5:23AM | |
| | Dhanus Rasi: 14.55 | Tithi 8 | Yama 9:57AM – 11:28AM | Sobhana Until 3:48PM | Muruqa: Green | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 23 - 22 |
| | Family Home Evening | | 687166473 Rahu 6:54AM – 8:26AM | Visiti Until 7:10AM | Nataraja: Clear | | Ashtami |
| | | | Ashtami* Until 6:05PM | Moon – Light Blue | | Sivaloka Day | |

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|---|---------------------------------|--------------------|--|--|------------------------|------------------------|--|
| D | Tuesday, October 4, 2022 | | Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 23 Sutra 170 Subhakarit 5124 |
| | Retreat Star | | Gulika 11:28AM – 12:59PM | Uttarashadha Until 12:12AM Wed | Ganesha: Blue | <i>Sunrise:</i> 5:23AM | |
| | Dhanus Rasi: 29.06 | Tithi 9 – 10 | Yama 8:25AM – 9:57AM | Athiganda* Until 12:51PM | Muruqa: Green | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 23 - 23 |
| | Routine Work | Prabalarishta Yoga | 687166473 Rahu 2:31PM – 4:02PM | Taitila Until 2:43AM Wed | Nataraja: Clear | | Navami |
| | | | Navami* Until 3:50PM | Moon – Light Blue | | Sivaloka Day | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

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| 1 | | Wednesday, October 5, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau | | Yogyakarta, Indonesia Sun 24 Sutra 171 | |
|--|---------------|----------------------------|--|---|---|---|---|
| Makara Rasi: 13.21 | Tithi 10 - 11 | 697166473 | Gulika 9:56AM - 11:28AM Yama 6:53AM - 8:25AM Rahu 11:28AM - 12:59PM | Shravana Until 10:46PM Sukarma Until 9:50AM Vanija Until 12:24AM Thu | Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon - Purple | Sunrise: 5:22AM Sunset: 5:33PM | Subhakrit 5124 Moon 9 - Phase 24 - 24 4th Phase |
| Creative Work Siddha Yoga Until 10:46PM Then Routine Work - Prabalarishta Yoga | | Vijaya Dasami | | Dashami Until 1:32PM | Ashvina+Puratasi | Devaloka Day | |

| 2 | | Thursday, October 6, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau | | Yogyakarta, Indonesia Sun 25 Sutra 172 | |
|---------------------------|---------------|---------------------------|--|--|---|---|---|
| Makara Rasi: 27.37 | Tithi 11 - 12 | 697166473 | Gulika 8:25AM - 9:56AM Yama 5:22AM - 6:53AM Rahu 12:59PM - 2:30PM | Dhanishtha Until 9:14PM Dhriti Until 6:50AM Bava Until 10:07PM | Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon - Purple | Sunrise: 5:22AM Sunset: 5:33PM | Subhakrit 5124 Moon 9 - Phase 24 - 25 4th Phase |
| Creative Work Siddha Yoga | | | | Ekadashi Until 11:14AM | Ashvina+Puratasi | Devaloka Day | |

| 3 | | Friday, October 7, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Yogyakarta, Indonesia Sun 26 Sutra 173 | |
|---------------------------|---------------|-------------------------|--|---|---|---|---|
| Kumbha Rasi: 11.5 | Tithi 12 - 13 | 697166473 | Gulika 6:53AM - 8:24AM Yama 2:30PM - 4:02PM Rahu 9:56AM - 11:27AM | Shatabhishak Until 7:41PM Ganda* Until 1:01AM Sat Kaulava Until 7:58PM | Ganesha: Yellow Muruqa: Green Nataraja: Clear Moon - Purple | Sunrise: 5:21AM Sunset: 5:33PM | Subhakrit 5124 Moon 9 - Phase 24 - 26 4th Phase |
| Creative Work Siddha Yoga | | Kadaitswami Mahasamadhi | | Dvadashi Until 9:00AM | Ashvina+Puratasi | Devaloka Day | |
| <i>Pradosha Vrata</i> | | | | | | | |

| 4 | | Saturday, October 8, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau | | Yogyakarta, Indonesia Sun 27 Sutra 174 | |
|--|---------------|---------------------------|--|---|--|---|---|
| Kumbha Rasi: 25.57 | Tithi 13 - 14 | 618166474 | Gulika 5:21AM - 6:52AM Yama 12:58PM - 2:30PM Rahu 8:24AM - 9:55AM | Purvaproshtapada* Until 6:39PM Vriddhi Until 10:25PM Gara Until 6:04PM | Ganesha: White Muruqa: Green Nataraja: Purple Moon - Clear | Sunrise: 5:21AM Sunset: 5:33PM | Subhakrit 5124 Moon 9 - Phase 24 - 27 4th Phase |
| Routine Work Marana Yoga Until 6:39PM Then Creative Work - Siddha Yoga | | Chidambaram Abhishekam | | Trayodashi Until 6:58AM | Ashvina+Puratasi | Bhuloka Day | |

| O | | Sunday, October 9, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Vistil/Bava Karana Purnimayam Titau | | Yogyakarta, Indonesia Sutra 175 | |
|---------------------------|----------|-------------------------|---|---|--|---|--|
| Meena Rasi: 9.53 | Tithi 15 | 618166474 | Gulika 2:30PM - 4:02PM Yama 11:27AM - 12:58PM Rahu 4:02PM - 5:33PM | Uttaraproshtapada Until 5:50PM Dhruva Until 8:05PM Visti Until 4:31PM | Ganesha: White Muruqa: Green Nataraja: Purple Moon - Clear | Sunrise: 5:20AM Sunset: 5:33PM | Subhakrit 5124 Moon 9 - Phase 24 - Purnima |
| Creative Work Amrita Yoga | | | | Purnima* Until 3:54AM Mon | Ashvina+Puratasi | Bhuloka Day | |

| O | | Monday, October 10, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau | | Yogyakarta, Indonesia Sutra 176 | |
|--|----------|--------------------------|---|---|--|---|---|
| Meena Rasi: 23.33 | Tithi 16 | 618166474 | Gulika 12:58PM - 2:30PM Yama 9:55AM - 11:26AM Rahu 6:51AM - 8:23AM | Revati Until 5:21PM Vyaghata* Until 6:10PM Balava Until 3:28PM | Ganesha: White Muruqa: Green Nataraja: Purple Moon - Clear | Sunrise: 5:20AM Sunset: 5:33PM | Subhakrit 5124 Moon 9 - Phase 24 - Prathama |
| Family Home Evening Creative Work Siddha Yoga | | | | Prathama* Until 3:07AM Tue | Ashvina+Puratasi | Bhuloka Day | |



Tuesday, October 11, 2022
Gold Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Yogyakarta, Indonesia
Sutra 177

Mesha Rasi: 6.55 Tithi 17
628176474 Rahu
Creative Work Siddha Yoga

Gulika 11:26AM – 12:58PM
Yama 8:23AM – 9:54AM
Rahu 2:30PM – 4:01PM

Ashvini Until 5:45PM
Harshana Until 4:44PM
Taitila Until 2:59PM
Dvitiya Until 2:58AM Wed

Ganesha: Yellow Sunrise: 5:19AM
Muruga: White Sunset: 5:33PM
Nataraja: Purple
Moon – White

Subhakarit 5124
Moon 10 - Phase 25 -
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Wednesday, October 12, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Yogyakarta, Indonesia
Sun 1 Sutra 178

Mesha Rasi: 19.56 Tithi 18
628176474 Rahu
Creative Work Siddha Yoga
Until 6:38PM
Then Creative Work - Amrita Yoga

Gulika 9:54AM – 11:26AM
Yama 6:50AM – 8:22AM
Rahu 11:26AM – 12:58PM

Bharani Until 6:38PM
Vajra* Until 3:47PM
Vanija Until 3:10PM
Tritiya Until 3:30AM Thu

Ganesha: Yellow Sunrise: 5:19AM
Muruga: White Sunset: 5:33PM
Nataraja: Purple
Moon – White

Subhakarit 5124
Moon 10 - Phase 25 - 1
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Thursday, October 13, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Yogyakarta, Indonesia
Sun 2 Sutra 179

Wrishabha Rasi: 2.38 Tithi 19
628176474 Rahu
Routine Work Marana Yoga

Gulika 8:22AM – 9:54AM
Yama 5:18AM – 6:50AM
Rahu 12:57PM – 2:29PM

Krittika Until 8:01PM
Siddhi Until 3:23PM
Bava Until 4:02PM
Chaturthi* Until 4:41AM Fri

Ganesha: Yellow Sunrise: 5:18AM
Muruga: White Sunset: 5:33PM
Nataraja: Purple
Moon – White

Subhakarit 5124
Moon 10 - Phase 25 - 2
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Friday, October 14, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Yogyakarta, Indonesia
Sun 3 Sutra 180

Wrishabha Rasi: 15.02 Tithi 20
638176474 Rahu
Routine Work Marana Yoga
Until 10:19PM
Then Creative Work - Siddha Yoga

Gulika 6:50AM – 8:22AM
Yama 2:29PM – 4:01PM
Rahu 9:53AM – 11:25AM

Rohini Until 10:19PM
Vyatipata* Until 3:28PM
Kaulava Until 5:32PM
Panchami Until 6:27AM Sat

Ganesha: Blue Sunrise: 5:18AM
Muruga: White Sunset: 5:33PM
Nataraja: Purple
Moon – Yellow

Subhakarit 5124
Moon 10 - Phase 25 - 3
1st Phase

Bhuloka Day

4

Saturday, October 15, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yogyakarta, Indonesia
Sun 4 Sutra 181

Wrishabha Rasi: 27.11 Tithi 20 – 21
639176474 Rahu
Creative Work Siddha Yoga

Gulika 5:17AM – 6:49AM
Yama 12:57PM – 2:29PM
Rahu 8:21AM – 9:53AM

Mrigashira Until 12:55AM Sun
Variyan Until 3:56PM
Gara Until 7:32PM
Panchami Until 6:27AM

Ganesha: Red Sunrise: 5:17AM
Muruga: White Sunset: 5:33PM
Nataraja: Purple
Moon – Yellow

Subhakarit 5124
Moon 10 - Phase 25 - 4
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Sunday, October 16, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yogyakarta, Indonesia
Sun 5 Sutra 182

Mithuna Rasi: 9.11 Tithi 21 – 22
639176474 Rahu
Creative Work Siddha Yoga
Until 3:37AM Mon
Then Creative Work - Amrita Yoga

Gulika 2:29PM – 4:01PM
Yama 11:25AM – 12:57PM
Rahu 4:01PM – 5:33PM

Ardra Until 3:37AM Mon
Parigha* Until 4:40PM
Visti Until 9:52PM
Shashthi* Until 8:39AM

Ganesha: Red Sunrise: 5:17AM
Muruga: White Sunset: 5:33PM
Nataraja: Purple
Moon – Yellow

Subhakarit 5124
Moon 10 - Phase 25 - 5
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Monday, October 17, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yogyakarta, Indonesia
Sun 6 Sutra 183

Mithuna Rasi: 21.05 Tithi 22 – 23
649176474 Rahu
Family Home Evening
Creative Work Amrita Yoga
Until 6:42AM Tue
Then Creative Work - Siddha Yoga

Gulika 12:57PM – 2:29PM
Yama 9:53AM – 11:25AM
Rahu 6:49AM – 8:21AM

Punarvasu Until 6:42AM Tue
Shiva Until 5:32PM
Balava Until 12:18AM Tue
Saptami Until 11:04AM

Ganesha: Green Sunrise: 5:16AM
Muruga: White Sunset: 5:33PM
Nataraja: Purple
Moon – Blue

Subhakarit 5124
Moon 10 - Phase 25 - 6
Ashtami

Devaloka Day

Tuesday, October 18, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yogyakarta, Indonesia
Sun 7 Sutra 184

Kataka Rasi: 2.58 Tithi 23 – 24
649176474 Rahu
Creative Work Siddha Yoga

Gulika 11:24AM – 12:57PM
Yama 8:20AM – 9:52AM
Rahu 2:29PM – 4:01PM

Punarvasu Until 6:42AM
Siddha Until 6:20PM
Taitila Until 2:39AM Wed
Ashtami* Until 1:29PM

Ganesha: Green Sunrise: 5:16AM
Muruga: White Sunset: 5:33PM
Nataraja: Purple
Moon – Blue

Subhakarit 5124
Moon 10 - Phase 25 - 7
Navami

Devaloka Day
Ashvina-Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

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|----------|------------------------------------|---------------|---|-----------------------------------|-------------------------|------------------------|--|---------------------|
| 1 | Wednesday, October 19, 2022 | | Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 8 Sutra 185 | |
| | Kataka Rasi: 14.55 | Tithi 24 – 25 | Gulika 9:52AM – 11:24AM | Pushya Until 9:29AM | Ganesha: Green | <i>Sunrise:</i> 5:16AM | Subhakarit 5124 | |
| | | | Yama 6:48AM – 8:20AM | Sadhya Until 6:58PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 26 - 8 | |
| | Creative Work | Siddha Yoga | 649176474 Rahu 11:24AM – 12:56PM | Vanija Until 4:42AM Thu | Nataraja: Purple | | 2nd Phase | Devaloka Day |
| | | | Navami* Until 3:42PM | Moon – Blue | | | Ashvina•Aipasi | |


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|----------|-----------------------------------|---------------|---|---------------------------------------|-------------------------|------------------------|--|--------------------|
| 2 | Thursday, October 20, 2022 | | Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau | | | | Yogyakarta, Indonesia Sun 9 Sutra 186 | |
| | Kataka Rasi: 26.58 | Tithi 25 – 26 | Gulika 8:20AM – 9:52AM | Ashlesha* Until 11:47AM | Ganesha: Red | <i>Sunrise:</i> 5:15AM | Subhakarit 5124 | |
| | | | Yama 5:15AM – 6:47AM | Subha Until 7:19PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 26 - 9 | |
| | Creative Work | Siddha Yoga | 649276474 Rahu 12:56PM – 2:28PM | Bava Until 6:17AM Fri | Nataraja: Purple | | 2nd Phase | Bhuloka Day |
| | | | Dashami Until 5:32PM | Moon – Blue | | | Ashvina•Aipasi | |
| | | | | | | | Devaloka Time: 6:AM to 9:AM | |

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|----------|---------------------------------|-------------|--|-----------------------------------|-------------------------|------------------------|---|--------------------|
| 3 | Friday, October 21, 2022 | | Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla Yoga Bava/Balava Karana Ekodashyam Titau | | | | Yogyakarta, Indonesia Sun 10 Sutra 187 | |
| | Simha Rasi: 9.14 | Tithi 26 | Gulika 6:47AM – 8:19AM | Magha* Until 1:55PM | Ganesha: Green | <i>Sunrise:</i> 5:15AM | Subhakarit 5124 | |
| | | | Yama 2:28PM – 4:01PM | Sukla Until 7:13PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 26 - 10 | |
| | Routine Work | Marana Yoga | 659276474 Rahu 9:52AM – 11:24AM | Bava Until 6:17AM | Nataraja: Purple | | 2nd Phase | Bhuloka Day |
| | | | Ekadashi* Until 6:51PM | Moon – Red | | | Ashvina•Aipasi | |
| | | | | | | | | |

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| 4 | Saturday, October 22, 2022 | | Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Yogyakarta, Indonesia Sun 11 Sutra 188 | |
| | Simha Rasi: 21.44 | Tithi 27 | Gulika 5:15AM – 6:47AM | Purvaphalguni Until 3:18PM | Ganesha: Green | <i>Sunrise:</i> 5:15AM | Subhakarit 5124 | |
| | | | Yama 12:56PM – 2:28PM | Brahma Until 6:39PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 26 - 11 | |
| | Creative Work | Siddha Yoga | 659276474 Rahu 8:19AM – 9:51AM | Kaulava Until 7:18AM | Nataraja: Purple | | 2nd Phase | Bhuloka Day |
| | | | Dvadashi* Until 7:33PM | Moon – Red | | | Ashvina•Aipasi | |
| | | | | | | | | |

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|----------|---------------------------------|-------------|---|---|-------------------------|------------------------|---|--------------------|
| 5 | Sunday, October 23, 2022 | | Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Yogyakarta, Indonesia Sun 12 Sutra 189 | |
| | Kanya Rasi: 4.31 | Tithi 28 | Gulika 2:28PM – 4:01PM | Uttaraphalguni Until 3:55PM | Ganesha: Purple | <i>Sunrise:</i> 5:14AM | Subhakarit 5124 | |
| | | | Yama 11:24AM – 12:56PM | Indra Until 5:37PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 26 - 12 | |
| | Creative Work | Amrita Yoga | 651276474 Rahu 4:01PM – 5:33PM | Gara Until 7:40AM | Nataraja: Purple | | 2nd Phase | Bhuloka Day |
| | | | Trayodashi* Until 7:35PM | Moon – Red | | | Ashvina•Aipasi | |
| | | | | | | | <i>Pradosha Vrata (Fasting)</i> | |

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|----------|---------------------------------|-------------|--|----------------------------------|----------------------------|------------------------|---|--------------------|
| 6 | Monday, October 24, 2022 | | Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Yogyakarta, Indonesia Sun 13 Sutra 190 | |
| | Kanya Rasi: 17.38 | Tithi 29 | Gulika 12:56PM – 2:28PM | Hasta Until 4:13PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:14AM | Subhakarit 5124 | |
| | Family Home Evening | | Yama 9:51AM – 11:23AM | Vaidhriti* Until 4:02PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 26 - 13 | |
| | Creative Work | Siddha Yoga | 661276474 Rahu 6:46AM – 8:19AM | Visti Until 7:23AM | Nataraja: Purple | | 2nd Phase | Bhuloka Day |
| | | | Chaturdashi* Until 7:00PM | Moon – Green | | | Ashvina•Aipasi | |
| | | | | | | | Deepavali Hindu Solidarity Day | |

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|---|----------------------------------|--------------|--|-----------------------------------|----------------------------|------------------------|---|--------------------|
|  | Tuesday, October 25, 2022 | | Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Yogyakarta, Indonesia Sun 14 Sutra 191 | |
| | Retreat Star | | Gulika 11:23AM – 12:56PM | Chitra Until 3:47PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:14AM | Subhakarit 5124 | |
| | Tula Rasi: 1.05 | Tithi 30 – 1 | Yama 8:18AM – 9:51AM | Vishkambha* Until 2:01PM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 26 - 14 | |
| | Creative Work | Siddha Yoga | 661276474 Rahu 2:28PM – 4:01PM | Catuspada Until 6:30AM | Nataraja: Purple | | Amavasya | Bhuloka Day |
| | | | Amavasya* Until 5:50PM | Moon – Green | | | Ashvina•Aipasi | |
| | | | | | | | Subramuniaswami Mahasamadhi | |

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|---------------------|------------------------------------|-------------|--|----------------------------------|----------------------------|------------------------|---|--------------------|
| Retreat Star | Wednesday, October 26, 2022 | | Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Yogyakarta, Indonesia Sun 15 Sutra 192 | |
| | Tula Rasi: 14.5 | Tithi 1 – 2 | Gulika 9:51AM – 11:23AM | Svati Until 2:45PM | Ganesha: Light Blue | <i>Sunrise:</i> 5:13AM | Subhakarit 5124 | |
| | | | Yama 6:46AM – 8:18AM | Priti Until 11:37AM | Muruqa: White | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 26 - 15 | |
| | Creative Work | Siddha Yoga | 661276474 Rahu 11:23AM – 12:56PM | Balava Until 3:16AM Thu | Nataraja: Purple | | Prathama | Bhuloka Day |
| | | | Prathama* Until 4:13PM | Moon – Green | | | Karttika•Aipasi | |
| | | | | | | | Skanda Shasthi Begins | |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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|----------|-----------------------------------|-------------|--|------------------------------|------------------------|------------------------|---|---|--|
| 1 | Thursday, October 27, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dviliya/Tritiyayam Titau | | | | Yogyakarta, Indonesia Sun 16 Sutra 193 | | |
| | Tula Rasi: 28.5 | Tithi 2 - 3 | Gulika 8:18AM - 9:51AM | Vishakha Until 1:38PM | Ganesha: Purple | <i>Sunrise:</i> 5:13AM | Subhakrit 5124 | | |
| | | | Yama 5:13AM - 6:45AM | Ayushman Until 8:54AM | Muruqa: Clear | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 27 - 16 | | |
| | Creative Work | Siddha Yoga | 671276574 Rahu 12:56PM - 2:28PM | Taitila Until 1:09AM Fri | Nataraja: Clear | | 3rd Phase | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | | | | | Dvitiya Until 2:13PM | |

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|----------|---------------------------------|-------------|--|-------------------------------|------------------------|------------------------|---|---|--|
| 2 | Friday, October 28, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | | | Yogyakarta, Indonesia Sun 17 Sutra 194 | | |
| | Vrischika Rasi: 13.01 | Tithi 3 - 4 | Gulika 6:45AM - 8:18AM | Anuradha Until 12:07PM | Ganesha: Purple | <i>Sunrise:</i> 5:13AM | Subhakrit 5124 | | |
| | | | Yama 2:28PM - 4:01PM | Sobhana Until 2:54AM Sat | Muruqa: Clear | <i>Sunset:</i> 5:33PM | Moon 10 - Phase 27 - 17 | | |
| | Creative Work | Siddha Yoga | 671276574 Rahu 9:50AM - 11:23AM | Vanija Until 10:50PM | Nataraja: Clear | | 3rd Phase | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | | | | | Tritiya Until 12:00PM | |
| | | | | | | | | Karttika •Aipasi | |

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|----------|-----------------------------------|-------------|---|--------------------------------|------------------------|------------------------|---|---|--|
| 3 | Saturday, October 29, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Yogyakarta, Indonesia Sun 18 Sutra 195 | | |
| | Vrischika Rasi: 27.19 | Tithi 4 - 5 | Gulika 5:12AM - 6:45AM | Jyeshtha* Until 10:21AM | Ganesha: Purple | <i>Sunrise:</i> 5:12AM | Subhakrit 5124 | | |
| | | | Yama 12:56PM - 2:28PM | Athiganda* Until 11:45PM | Muruqa: Clear | <i>Sunset:</i> 5:34PM | Moon 10 - Phase 27 - 18 | | |
| | Creative Work | Siddha Yoga | 671276574 Rahu 8:18AM - 9:50AM | Bava Until 8:27PM | Nataraja: Clear | | 3rd Phase | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | | | | | Chaturthi* Until 9:38AM | |
| | | | | | | | | Karttika •Aipasi | |

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|----------|---------------------------------|-------------|---|---------------------------|------------------------|------------------------|---|------------------------------|--|
| 4 | Sunday, October 30, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Yogyakarta, Indonesia Sun 19 Sutra 196 | | |
| | Dhanus Rasi: 11.38 | Tithi 5 - 6 | Gulika 2:28PM - 4:01PM | Mula* Until 8:49AM | Ganesha: Clear | <i>Sunrise:</i> 5:12AM | Subhakrit 5124 | | |
| | | | Yama 11:23AM - 12:56PM | Sukarma Until 8:39PM | Muruqa: Clear | <i>Sunset:</i> 5:34PM | Moon 10 - Phase 27 - 19 | | |
| | Creative Work | Amrita Yoga | 681276574 Rahu 4:01PM - 5:34PM | Kaulava Until 6:03PM | Nataraja: Clear | | 3rd Phase | Devaloka Day | |
| | | | | | | | | Panchami Until 7:14AM | |
| | | | | | | | | Skanda Shasthi | |

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|----------|---------------------------------|-------------|--|----------------------------------|------------------------|------------------------|---|---------------------------------|--|
| 5 | Monday, October 31, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau | | | | Yogyakarta, Indonesia Sun 20 Sutra 197 | | |
| | Dhanus Rasi: 25.57 | Tithi 7 | Gulika 12:56PM - 2:28PM | Purvashadha* Until 7:11AM | Ganesha: Clear | <i>Sunrise:</i> 5:12AM | Subhakrit 5124 | | |
| | Family Home Evening | | Yama 9:50AM - 11:23AM | Dhriti Until 5:37PM | Muruqa: Clear | <i>Sunset:</i> 5:34PM | Moon 10 - Phase 27 - 20 | | |
| | Routine Work | Marana Yoga | 681276574 Rahu 6:45AM - 8:17AM | Gara Until 3:45PM | Nataraja: Clear | | 3rd Phase | Devaloka Day | |
| | | | | | | | | Saptami Until 2:38AM Tue | |
| | | | | | | | | Karttika •Aipasi | |

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|---------------------|----------------------------------|-------------|--|----------------------------------|------------------------|------------------------|---|---|--|
| Retreat Star | Tuesday, November 1, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Yogyakarta, Indonesia Sun 21 Sutra 198 | | |
| | Makara Rasi: 10.1 | Tithi 8 | Gulika 11:23AM - 12:56PM | Shravana Until 4:21AM Wed | Ganesha: White | <i>Sunrise:</i> 5:12AM | Subhakrit 5124 | | |
| | | | Yama 8:17AM - 9:50AM | Shula* Until 2:41PM | Muruqa: Clear | <i>Sunset:</i> 5:34PM | Moon 10 - Phase 27 - 21 | | |
| | Creative Work | Siddha Yoga | 691276574 Rahu 2:28PM - 4:01PM | Visti Until 1:35PM | Nataraja: Clear | | Ashtami | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | | | | | Ashtami* Until 12:33AM Wed | |
| | | | | | | | | Karttika •Aipasi | |

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|---------------------|------------------------------------|--------------------|---|------------------------------------|------------------------|------------------------|---|---|--|
| Retreat Star | Wednesday, November 2, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau | | | | Yogyakarta, Indonesia Sun 22 Sutra 199 | | |
| | Makara Rasi: 24.17 | Tithi 9 | Gulika 9:50AM - 11:23AM | Dhanishtha Until 3:14AM Thu | Ganesha: Green | <i>Sunrise:</i> 5:11AM | Subhakrit 5124 | | |
| | | | Yama 6:44AM - 8:17AM | Ganda* Until 11:55AM | Muruqa: Clear | <i>Sunset:</i> 5:34PM | Moon 10 - Phase 27 - 22 | | |
| | Routine Work | Prabalarishta Yoga | 692276574 Rahu 11:23AM - 12:56PM | Balava Until 11:37AM | Nataraja: Clear | | Navami | Bhuloka Day Devaloka Time: 3:PM to 6:PM | |
| | | | | | | | | Navami* Until 10:41PM | |
| | | | | | | | | Karttika •Aipasi | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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|---------------|-----------------------------------|-----------------------------|---|--------------------------------------|------------------------|---|---|--|
| 1 | Thursday, November 3, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 23 Sutra 200 Subhakrit 5124 | |
| | Kumbha Rasi: 8.16 | Tithi 10 | Gulika 8:17AM – 9:50AM | Shatabhishak Until 2:12AM Fri | Ganesha: Green | <i>Sunrise:</i> 5:11AM | | |
| | | | Yama 5:11AM – 6:44AM | Vriddhi Until 9:20AM | Muruqa: Clear | <i>Sunset:</i> 5:34PM | Moon 10 - Phase 28 - 23 | |
| | 692276574 | | Rahu 12:56PM – 2:29PM | Taitila Until 9:51AM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | Dashami Until 9:03PM | | | Moon – Purple | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | |
| | | | Karttika-Aipasi | | | | | |

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| 2 | Friday, November 4, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Yogyakarta, Indonesia Sun 24 Sutra 201 Subhakrit 5124 | |
| | Kumbha Rasi: 22.05 | Tithi 11 | Gulika 6:44AM – 8:17AM | Purvaproshtapada* Until 1:44AM Sat | Ganesha: Blue | <i>Sunrise:</i> 5:11AM | | |
| | | | Yama 2:29PM – 4:02PM | Dhruva Until 6:56AM | Muruqa: Clear | <i>Sunset:</i> 5:34PM | Moon 10 - Phase 28 - 24 | |
| | 612276574 | | Rahu 9:50AM – 11:23AM | Vanija Until 8:22AM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | Ekadashi Until 7:42PM | | | Moon – Clear | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | |
| | | | Karttika-Aipasi | | | | | |

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| 3 | Saturday, November 5, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau | | | | Yogyakarta, Indonesia Sun 25 Sutra 202 Subhakrit 5124 | |
| | Meena Rasi: 5.44 | Tithi 12 | Gulika 5:11AM – 6:44AM | Uttaraproshtapada Until 1:28AM Sun | Ganesha: Blue | <i>Sunrise:</i> 5:11AM | | |
| | | | Yama 12:56PM – 2:29PM | Harshana Until 2:54AM Sun | Muruqa: Clear | <i>Sunset:</i> 5:35PM | Moon 10 - Phase 28 - 25 | |
| | 612276574 | | Rahu 8:17AM – 9:50AM | Bava Until 7:10AM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | Dvadashi Until 6:40PM | | | Moon – Clear | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | |
| Until 1:28AM Sun | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 4 | Sunday, November 6, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Yogyakarta, Indonesia Sun 26 Sutra 203 Subhakrit 5124 | |
| | Meena Rasi: 19.11 | Tithi 13 | Gulika 2:29PM – 4:02PM | Revati Until 1:25AM Mon | Ganesha: Blue | <i>Sunrise:</i> 5:11AM | | |
| | | | Yama 11:23AM – 12:56PM | Vajra* Until 1:18AM Mon | Muruqa: Clear | <i>Sunset:</i> 5:35PM | Moon 10 - Phase 28 - 26 | |
| | 612276574 | | Rahu 4:02PM – 5:35PM | Kaulava Until 6:19AM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Amrita Yoga | Trayodashi Until 6:01PM | | | Moon – Clear | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | |
| Until 1:25AM Mon | | | | | | | | |
| Then Creative Work - Siddha Yoga | <i>Pradosha Vrata</i> | | | | | | | |

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| 5 | Monday, November 7, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Yogyakarta, Indonesia Sun 27 Sutra 204 Subhakrit 5124 | |
| | Mesha Rasi: 2.25 | Tithi 14 – 15 | Gulika 12:56PM – 2:29PM | Ashvini Until 2:07AM Tue | Ganesha: Blue | <i>Sunrise:</i> 5:11AM | | |
| | | | Yama 9:50AM – 11:23AM | Siddhi Until 12:05AM Tue | Muruqa: Clear | <i>Sunset:</i> 5:35PM | Moon 10 - Phase 28 - 27 | |
| | 722276574 | | Rahu 6:44AM – 8:17AM | Visti Until 5:52AM Tue | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | Chaturdashi* Until 5:47PM | | | Moon – White | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | |
| | | | Karttika-Aipasi | | | | | |

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| ○ | Tuesday, November 8, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava Karana Purnimayam Titau | | | | Yogyakarta, Indonesia Sutra 205 Subhakrit 5124 | |
| | Copper Retreat Star | | Gulika 11:23AM – 12:56PM | Bharani Until 3:08AM Wed | Ganesha: Blue | <i>Sunrise:</i> 5:10AM | | |
| | Mesha Rasi: 15.25 | Tithi 15 | Yama 8:17AM – 9:50AM | Vyatipata* Until 11:14PM | Muruqa: Clear | <i>Sunset:</i> 5:35PM | Moon 10 - Phase 28 - Purnima | |
| | 722276574 | | Rahu 2:29PM – 4:02PM | Bava Until 6:02PM | Nataraja: Clear | | | |
| Creative Work | Siddha Yoga | Purnima* Until 6:02PM | | | Moon – White | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | |
| Until 3:08AM Wed | | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| ○ | Wednesday, November 9, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Yogyakarta, Indonesia Sutra 206 Subhakrit 5124 | |
| | Silver Retreat Star | | Gulika 9:50AM – 11:23AM | Krittika Until 4:29AM Thu | Ganesha: Blue | <i>Sunrise:</i> 5:10AM | | |
| | Mesha Rasi: 28.1 | Tithi 16 | Yama 6:44AM – 8:17AM | Variyan Until 10:46PM | Muruqa: Clear | <i>Sunset:</i> 5:36PM | Moon 10 - Phase 28 - Prathama | |
| | 722276574 | | Rahu 11:23AM – 12:56PM | Balava Until 6:23AM | Nataraja: Clear | | | |
| Creative Work | Amrita Yoga | Prathama* Until 6:49PM | | | Moon – White | Bhuloka Day Devaloka Time: 3:PM to 6:PM | | |
| Until 4:29AM Thu | | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Thursday, November 10, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Yogyakarta, Indonesia

Sun 1 Sutra 207

Subhakrit 5124

Vrishabha Rasi: 10.41 Tithi 17

732276574

Gulika 8:17AM – 9:50AM
Yama 5:10AM – 6:43AM
Rahu 12:56PM – 2:29PM

Rohini **Until 6:39AM Fri**
Parigha* **Until 10:42PM**
Taitila **Until 7:25AM**
Dvitiya **Until 8:06PM**

Ganesha: Red *Sunrise: 5:10AM*
Muruqa: Clear *Sunset: 5:36PM*
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 1
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 6:39AM Fri

Then Creative Work - Siddha Yoga

1

Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Yogyakarta, Indonesia

Sun 2 Sutra 208

Subhakrit 5124

Vrishabha Rasi: 22.59 Tithi 18

732276574

Gulika 6:43AM – 8:17AM
Yama 2:30PM – 4:03PM
Rahu 9:50AM – 11:23AM

Rohini **Until 6:39AM**
Shiva **Until 11:00PM**
Vanija **Until 8:56AM**
Tritiya **Until 9:51PM**

Ganesha: Red *Sunrise: 5:10AM*
Muruqa: Clear *Sunset: 5:36PM*
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 2
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 6:39AM

Then Creative Work - Siddha Yoga

2

Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Yogyakarta, Indonesia

Sun 3 Sutra 209

Subhakrit 5124

Mithuna Rasi: 5.07 Tithi 19

732276574

Gulika 5:10AM – 6:43AM
Yama 12:57PM – 2:30PM
Rahu 8:17AM – 9:50AM

Mrigashira **Until 9:05AM**
Siddha **Until 11:34PM**
Bava **Until 10:55AM**
Chaturthi **Until 12:00AM Sun**

Ganesha: Red *Sunrise: 5:10AM*
Muruqa: Clear *Sunset: 5:36PM*
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 3
1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Yogyakarta, Indonesia

Sun 4 Sutra 210

Subhakrit 5124

Mithuna Rasi: 17.05 Tithi 20

732276574

Gulika 2:30PM – 4:03PM
Yama 11:23AM – 12:57PM
Rahu 4:03PM – 5:37PM

Ardra **Until 11:39AM**
Sadhya **Until 12:19AM Mon**
Kaulava **Until 1:12PM**
Panchami **Until 2:24AM Mon**

Ganesha: Red *Sunrise: 5:10AM*
Muruqa: Clear *Sunset: 5:37PM*
Nataraja: Clear
Moon – Yellow
Kartika-Aipasi

Moon 11 - Phase 29 - 4
1st Phase

Devaloka Day

Creative Work Siddha Yoga

4

Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Yogyakarta, Indonesia

Sun 5 Sutra 211

Subhakrit 5124

Mithuna Rasi: 28.59 Tithi 21

742376574

Gulika 12:57PM – 2:30PM
Yama 9:50AM – 11:24AM
Rahu 6:43AM – 8:17AM

Punarvasu **Until 2:45PM**
Subha **Until 1:11AM Tue**
Gara **Until 3:41PM**
Shashthi **Until 4:54AM Tue**

Ganesha: White *Sunrise: 5:10AM*
Muruqa: Clear *Sunset: 5:37PM*
Nataraja: Clear
Moon – Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 5
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 2:45PM

Then Creative Work - Siddha Yoga

5

Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visti* Karana Saptamyam Titau

Yogyakarta, Indonesia

Sun 6 Sutra 212

Subhakrit 5124

Kataka Rasi: 10.52 Tithi 22

742376574

Gulika 11:24AM – 12:57PM
Yama 8:17AM – 9:50AM
Rahu 2:30PM – 4:04PM

Pushya **Until 5:40PM**
Sukla **Until 1:57AM Wed**
Visti **Until 6:09PM**
Saptami **Until 7:18AM Wed**

Ganesha: White *Sunrise: 5:10AM*
Muruqa: Clear *Sunset: 5:37PM*
Nataraja: Clear
Moon – Blue
Kartika-Aipasi

Moon 11 - Phase 29 - 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yogyakarta, Indonesia

Sun 7 Sutra 213

Subhakrit 5124

Kataka Rasi: 22.47 Tithi 22 – 23

743376574

Gulika 9:50AM – 11:24AM
Yama 6:44AM – 8:17AM
Rahu 11:24AM – 12:57PM

Ashlesha* **Until 8:15PM**
Brahma **Until 2:33AM Thu**
Balava **Until 8:26PM**
Saptami **Until 7:18AM**

Ganesha: Green *Sunrise: 5:10AM*
Muruqa: Clear *Sunset: 5:38PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Moon 11 - Phase 29 - 7
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yogyakarta, Indonesia

Sun 8 Sutra 214

Subhakrit 5124

Simha Rasi: 4.49 Tithi 23 – 24

753376575

Gulika 8:17AM – 9:51AM
Yama 5:10AM – 6:44AM
Rahu 12:58PM – 2:31PM

Magha* **Until 10:47PM**
Indra **Until 2:49AM Fri**
Taitila **Until 10:19PM**
Ashtami* **Until 9:24AM**

Ganesha: Orange *Sunrise: 5:10AM*
Muruqa: Clear *Sunset: 5:38PM*
Nataraja: Purple
Moon – Red
Kartika-Kartikai

Moon 11 - Phase 29 - 8
Navami

Sivaloka Day

Creative Work Amrita Yoga

Until 10:47PM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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|---------------------------------|---------------|----------------------------------|--|--|------------------------|--|--|--|
| 1 | | Friday, November 18, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | Yogyakarta, Indonesia Sun 9 Sutra 215 Subhakrit 5124 | |
| Simha Rasi: 17.01 | Tithi 24 – 25 | Gulika 6:44AM – 8:17AM | Purvaphalguni Until 12:35AM Sat | Ganesha: Orange | <i>Sunrise:</i> 5:10AM | | | |
| | | Yama 2:31PM – 4:05PM | Vaidhriti* Until 2:37AM Sat | Muruqa: Clear | <i>Sunset:</i> 5:38PM | | Moon 11 - Phase 30 - 9 | |
| | 753376575 | Rahu 9:51AM – 11:24AM | Vanija Until 11:37PM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Navami* Until 11:01AM | Moon – Red | | | Sivaloka Day | |
| Until 12:35AM Sat | | | | Karttika-Karttikai | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 2 | | Saturday, November 19, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | Yogyakarta, Indonesia Sun 10 Sutra 216 Subhakrit 5124 | |
| Simha Rasi: 29.29 | Tithi 25 – 26 | Gulika 5:10AM – 6:44AM | Uttaraphalguni Until 1:34AM Sun | Ganesha: Orange | <i>Sunrise:</i> 5:10AM | | | |
| | | Yama 12:58PM – 2:32PM | Vishkambha* Until 1:53AM Sun | Muruqa: Clear | <i>Sunset:</i> 5:39PM | | Moon 11 - Phase 30 - 10 | |
| | 753376575 | Rahu 8:17AM – 9:51AM | Bava Until 12:13AM Sun | Nataraja: Purple | | | 2nd Phase | |
| Routine Work | Marana Yoga | | Dashami Until 12:00PM | Moon – Red | | | Sivaloka Day | |
| Until 1:34AM Sun | | | | Karttika-Karttikai | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 3 | | Sunday, November 20, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | Yogyakarta, Indonesia Sun 11 Sutra 217 Subhakrit 5124 | |
| Kanya Rasi: 12.18 | Tithi 26 – 27 | Gulika 2:32PM – 4:05PM | Hasta Until 2:07AM Mon | Ganesha: Light Blue | <i>Sunrise:</i> 5:10AM | | | |
| | | Yama 11:25AM – 12:58PM | Priti Until 12:33AM Mon | Muruqa: Clear | <i>Sunset:</i> 5:39PM | | Moon 11 - Phase 30 - 11 | |
| | 763376575 | Rahu 4:05PM – 5:39PM | Kaulava Until 12:03AM Mon | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Ekadashi* Until 12:13PM | Moon – Green | | | Devaloka Day | |
| Until 2:07AM Mon | | | | Karttika-Karttikai | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | |

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| 4 | | Monday, November 21, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | | Yogyakarta, Indonesia Sun 12 Sutra 218 Subhakrit 5124 | |
| Kanya Rasi: 25.29 | Tithi 27 – 28 | Gulika 12:59PM – 2:32PM | Chitra Until 1:45AM Tue | Ganesha: Light Blue | <i>Sunrise:</i> 5:10AM | | | |
| | | Yama 9:51AM – 11:25AM | Ayushman Until 10:36PM | Muruqa: Clear | <i>Sunset:</i> 5:39PM | | Moon 11 - Phase 30 - 12 | |
| Family Home Evening | | Rahu 6:44AM – 8:18AM | Gara Until 11:07PM | Nataraja: Purple | | | 2nd Phase | |
| Routine Work | Prabalarishta Yoga | | Dvadashi* Until 11:40AM | Moon – Green | | | Devaloka Day | |
| Until 1:45AM Tue | | | | Karttika-Karttikai | | | | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | | | |

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| 5 | | Tuesday, November 22, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | Yogyakarta, Indonesia Sun 13 Sutra 219 Subhakrit 5124 | |
| Tula Rasi: 9.05 | Tithi 28 – 29 | Gulika 11:25AM – 12:59PM | Svati Until 12:34AM Wed | Ganesha: Light Blue | <i>Sunrise:</i> 5:11AM | | | |
| | | Yama 8:18AM – 9:52AM | Saubhagya Until 8:07PM | Muruqa: Clear | <i>Sunset:</i> 5:40PM | | Moon 11 - Phase 30 - 13 | |
| | 763376575 | Rahu 2:32PM – 4:06PM | Visti Until 9:30PM | Nataraja: Purple | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 10:22AM | Moon – Green | | | Devaloka Day | |
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| Retreat Star | | Wednesday, November 23, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | Yogyakarta, Indonesia Sun 14 Sutra 220 Subhakrit 5124 | |
| Tula Rasi: 23.06 | Tithi 29 – 30 | Gulika 9:52AM – 11:25AM | Vishakha Until 11:07PM | Ganesha: Purple | <i>Sunrise:</i> 5:11AM | | | |
| | | Yama 6:44AM – 8:18AM | Sobhana Until 5:09PM | Muruqa: Clear | <i>Sunset:</i> 5:40PM | | Moon 11 - Phase 30 - 14 | |
| | 773376575 | Rahu 11:25AM – 12:59PM | Catuspada Until 7:16PM | Nataraja: Purple | | | Amavasya | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 8:26AM | Moon – Orange | | | Devaloka Day | |
| | | | | Karttika-Karttikai | | | | |

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| Retreat Star | | Thursday, November 24, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau | | | Yogyakarta, Indonesia Sun 15 Sutra 221 Subhakrit 5124 | |
| Vrischika Rasi: 7.28 | Tithi 1 | Gulika 8:18AM – 9:52AM | Anuradha Until 9:06PM | Ganesha: Purple | <i>Sunrise:</i> 5:11AM | | | |
| | | Yama 5:11AM – 6:45AM | Athiganda* Until 1:48PM | Muruqa: Clear | <i>Sunset:</i> 5:41PM | | Moon 11 - Phase 30 - 15 | |
| | 773376575 | Rahu 12:59PM – 2:33PM | Kintughna Until 4:36PM | Nataraja: Purple | | | Prathama | |
| Creative Work | Siddha Yoga | | Prathama* Until 3:08AM Fri | Moon – Orange | | | Devaloka Day | |
| Until 9:06PM | | | | Margasira-Karttikai | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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| 1 | Friday, November 25, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Yogyakarta, Indonesia Sun 16 Sutra 222 Subhakrit 5124 | | | | | |
| | Vrischika Rasi: 22.06 | Tithi 2 | 773376575 | Gulika Yama Rahu | 6:45AM – 8:18AM 2:34PM – 4:07PM 9:52AM – 11:26AM | Jyeshtha* Sukarma Balava Dvitiya | Until 6:41PM Then Creative Work - Amrita Yoga | Until 6:41PM Then Creative Work - Amrita Yoga | Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange | Sunrise: 5:11AM Sunset: 5:41PM | Moon 11 - Phase 31 - 16 3rd Phase | Devaloka Day |

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| 2 | Saturday, November 26, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula*Purvashadha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Yogyakarta, Indonesia Sun 17 Sutra 223 Subhakrit 5124 | | | | | |
| | Dhanus Rasi: 6.53 | Tithi 3 | 783376575 | Gulika Yama Rahu | 5:11AM – 6:45AM 1:00PM – 2:34PM 8:19AM – 9:53AM | Mula* Dhriti Taitila Tritiya | Until 6:41PM Then Creative Work - Amrita Yoga | Until 6:41PM Then Creative Work - Amrita Yoga | Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue | Sunrise: 5:11AM Sunset: 5:41PM | Moon 11 - Phase 31 - 17 3rd Phase | Devaloka Day |

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| 3 | Sunday, November 27, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau | | | | Yogyakarta, Indonesia Sun 18 Sutra 224 Subhakrit 5124 | | | | | |
| | Dhanus Rasi: 21.41 | Tithi 4 – 5 | 783376575 | Gulika Yama Rahu | 2:34PM – 4:08PM 11:27AM – 1:00PM 4:08PM – 5:42PM | Purvashadha* Ganda* Vanija Chaturthi | Until 2:06PM Then Creative Work - Amrita Yoga | Until 2:06PM Then Creative Work - Amrita Yoga | Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue | Sunrise: 5:11AM Sunset: 5:42PM | Moon 11 - Phase 31 - 18 3rd Phase | Devaloka Day |

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| 4 | Monday, November 28, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Yogyakarta, Indonesia Sun 19 Sutra 225 Subhakrit 5124 | | | | | |
| | Makara Rasi: 6.22 | Tithi 5 – 6 | 783376575 | Gulika Yama Rahu | 1:01PM – 2:35PM 9:53AM – 11:27AM 6:45AM – 8:19AM | Uttarashadha Vriddhi Kaulava Panchami | Until 11:49AM Then Creative Work - Amrita Yoga | Until 11:49AM Then Creative Work - Amrita Yoga | Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Light Blue | Sunrise: 5:12AM Sunset: 5:42PM | Moon 11 - Phase 31 - 19 3rd Phase | Devaloka Day |

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| 5 | Tuesday, November 29, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Yogyakarta, Indonesia Sun 20 Sutra 226 Subhakrit 5124 | | | | | |
| | Makara Rasi: 20.52 | Tithi 6 – 7 | 793376575 | Gulika Yama Rahu | 11:27AM – 1:01PM 8:20AM – 9:53AM 2:35PM – 4:09PM | Shravana Dhruva Gara Shashthi | Until 8:39AM Then Creative Work - Siddha Yoga | Until 8:39AM Then Creative Work - Siddha Yoga | Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Purple | Sunrise: 5:12AM Sunset: 5:43PM | Moon 11 - Phase 31 - 20 3rd Phase | Sivaloka Day |

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| Retreat Star | Wednesday, November 30, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Yogyakarta, Indonesia Sun 21 Sutra 227 Subhakrit 5124 | | | | | |
| | Kumbha Rasi: 5.06 | Tithi 7 – 8 | 794376575 | Gulika Yama Rahu | 9:54AM – 11:28AM 6:46AM – 8:20AM 11:28AM – 1:02PM | Dhanishtha Vyaghata* Visti Saptami | Until 8:39AM Then Creative Work - Siddha Yoga | Until 8:39AM Then Creative Work - Siddha Yoga | Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Purple | Sunrise: 5:12AM Sunset: 5:43PM | Moon 11 - Phase 31 - 21 Ashtami | Sivaloka Day |

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| Retreat Star | Thursday, December 1, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Yogyakarta, Indonesia Sun 22 Sutra 228 Subhakrit 5124 | | | | | |
| | Kumbha Rasi: 19.02 | Tithi 8 – 9 | 794376575 | Gulika Yama Rahu | 8:20AM – 9:54AM 5:12AM – 6:46AM 1:02PM – 2:36PM | Shatabhishak Harshana Balava Ashtami | Until 8:39AM Then Creative Work - Siddha Yoga | Until 8:39AM Then Creative Work - Siddha Yoga | Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Purple | Sunrise: 5:12AM Sunset: 5:44PM | Moon 11 - Phase 31 - 22 Navami | Sivaloka Day |

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| 1 | | Friday, December 2, 2022 | | | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau | | Yogyakarta, Indonesia Sun 23 Sutra 229 | |
| Meena Rasi: 2.39 | Tithi 9 – 10 | Gulika 6:46AM – 8:20AM | Purvaproshtapada* Until 7:12AM | Ganesha: Red | <i>Sunrise:</i> 5:13AM | | | Subhakrit 5124 | |
| | | Yama 2:36PM – 4:10PM | Vajra* Until 8:57AM | Muruqa: Clear | <i>Sunset:</i> 5:44PM | | | Moon 11 - Phase 32 - 23 | |
| | | 714376575 Rahu 9:54AM – 11:28AM | Taitila Until 7:25PM | Nataraja: Purple | | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Navami* Until 7:45AM | Moon – Clear | | | | Sivaloka Day | |
| | | | | Margasira-Karttikai | | | | | |

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| 2 | | Saturday, December 3, 2022 | | | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatiyata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Yogyakarta, Indonesia Sun 24 Sutra 230 | |
| Meena Rasi: 15.58 | Tithi 10 – 11 | Gulika 5:13AM – 6:47AM | Uttaraproshtapada Until 7:14AM | Ganesha: Red | <i>Sunrise:</i> 5:13AM | | | Subhakrit 5124 | |
| | | Yama 1:03PM – 2:37PM | Siddhi Until 7:18AM | Muruqa: Clear | <i>Sunset:</i> 5:45PM | | | Moon 11 - Phase 32 - 24 | |
| | | 714376575 Rahu 8:21AM – 9:55AM | Vanija Until 7:05PM | Nataraja: Purple | | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 7:10AM | Moon – Clear | | | | Sivaloka Day | |
| Until 7:14AM | | Gita Jayanthi | | Margasira-Karttikai | | | | | |
| Then Routine Work - Prabararishta Yoga | | | | | | | | | |

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| 3 | | Sunday, December 4, 2022 | | | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Varlyan Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau | | Yogyakarta, Indonesia Sun 25 Sutra 231 | |
| Meena Rasi: 29.02 | Tithi 11 – 12 | Gulika 2:37PM – 4:11PM | Revati Until 7:37AM | Ganesha: Red | <i>Sunrise:</i> 5:13AM | | | Subhakrit 5124 | |
| | | Yama 11:29AM – 1:03PM | Vyatipata* Until 6:04AM | Muruqa: Clear | <i>Sunset:</i> 5:45PM | | | Moon 11 - Phase 32 - 25 | |
| | | 714376575 Rahu 4:11PM – 5:45PM | Bava Until 7:15PM | Nataraja: Purple | | | | 4th Phase | |
| Creative Work | Amrita Yoga | | Ekadashi Until 7:06AM | Moon – Clear | | | | Sivaloka Day | |
| Until 7:37AM | | | | Margasira-Karttikai | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Monday, December 5, 2022 | | | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Yogyakarta, Indonesia Sun 26 Sutra 232 | |
| Mesha Rasi: 11.52 | Tithi 12 – 13 | Gulika 1:04PM – 2:38PM | Ashvini Until 8:45AM | Ganesha: Blue | <i>Sunrise:</i> 5:13AM | | | Subhakrit 5124 | |
| Family Home Evening | | Yama 9:56AM – 11:30AM | Parigha* Until 4:37AM Tue | Muruqa: Clear | <i>Sunset:</i> 5:46PM | | | Moon 11 - Phase 32 - 26 | |
| | | 724376575 Rahu 6:47AM – 8:21AM | Kaulava Until 7:53PM | Nataraja: Purple | | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dvadashi Until 7:30AM | Moon – White | | | | Devaloka Day | |
| | | | | Margasira-Karttikai | | | | | |
| | | | | <i>Pradosha Vrata</i> | | | | | |

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| 5 | | Tuesday, December 6, 2022 | | | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Yogyakarta, Indonesia Sun 27 Sutra 233 | |
| Mesha Rasi: 24.29 | Tithi 13 – 14 | Gulika 11:30AM – 1:04PM | Bharani Until 10:09AM | Ganesha: Blue | <i>Sunrise:</i> 5:14AM | | | Subhakrit 5124 | |
| | | Yama 8:22AM – 9:56AM | Shiva Until 4:23AM Wed | Muruqa: Clear | <i>Sunset:</i> 5:46PM | | | Moon 11 - Phase 32 - 27 | |
| | | 724376575 Rahu 2:38PM – 4:12PM | Gara Until 8:56PM | Nataraja: Purple | | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Trayodashi Until 8:20AM | Moon – White | | | | Devaloka Day | |
| | | Krittika Deepam | | Margasira-Karttikai | | | | | |

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| ○ | | Wednesday, December 7, 2022 | | | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau | | Yogyakarta, Indonesia Sutra 234 | |
| Copper Retreat Star | | Gulika 9:56AM – 11:30AM | Krittika Until 11:47AM | Ganesha: Blue | <i>Sunrise:</i> 5:14AM | | | Subhakrit 5124 | |
| Vrishabha Rasi: 6.56 | Tithi 14 – 15 | Yama 6:48AM – 8:22AM | Siddha Until 4:25AM Thu | Muruqa: Clear | <i>Sunset:</i> 5:47PM | | | Moon 11 - Phase 32 - Purnima | |
| | | 724376575 Rahu 11:30AM – 1:04PM | Visi Until 10:22PM | Nataraja: Purple | | | | | |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 9:35AM | Moon – White | | | | Devaloka Day | |
| Until 11:47AM | | | | Margasira-Karttikai | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| ○ | | Thursday, December 8, 2022 | | | | Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Yogyakarta, Indonesia Sutra 235 | |
| Silver Retreat Star | | Gulika 8:23AM – 9:57AM | Rohini Until 2:05PM | Ganesha: Yellow | <i>Sunrise:</i> 5:14AM | | | Subhakrit 5124 | |
| Vrishabha Rasi: 19.13 | Tithi 15 – 16 | Yama 5:14AM – 6:49AM | Sadhya Until 4:43AM Fri | Muruqa: Clear | <i>Sunset:</i> 5:47PM | | | Moon 11 - Phase 32 - Prathama | |
| | | 734376575 Rahu 1:05PM – 2:39PM | Balava Until 12:10AM Fri | Nataraja: Purple | | | | | |
| Routine Work | Marana Yoga | | Purnima* Until 11:12AM | Moon – Yellow | | | | Sivaloka Day | |
| | | | | Margasira-Karttikai | | | | | |
| | | Vinayaga Viratam Begins | | | | | | | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Yogyakarta, Indonesia

Sutra 236

Subhakrit 5124

Mithuna Rasi: 1.22 Tithi 16 - 17

Gulika 6:49AM - 8:23AM
Yama 2:39PM - 4:14PM
Rahu 9:57AM - 11:31AM

Mrigashira Until 4:32PM
Subha Until 5:14AM Sat
Taitila Until 2:15AM Sat
Prathama* Until 1:09PM

Ganesha: Red Sunrise: 5:15AM
Muruqa: Clear Sunset: 5:48PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Moon 12 - Phase 33 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

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Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yogyakarta, Indonesia

Sun 1 Sutra 237

Subhakrit 5124

Mithuna Rasi: 13.24 Tithi 17 - 18

Gulika 5:15AM - 6:49AM
Yama 1:06PM - 2:40PM
Rahu 8:23AM - 9:58AM

Ardra Until 7:03PM
Sukla Until 5:54AM Sun
Vanija Until 4:35AM Sun
Dvitiya Until 3:22PM

Ganesha: Red Sunrise: 5:15AM
Muruqa: Clear Sunset: 5:48PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Moon 12 - Phase 33 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Yogyakarta, Indonesia

Sun 2 Sutra 238

Subhakrit 5124

Mithuna Rasi: 25.2 Tithi 18 - 19

Gulika 2:40PM - 4:15PM
Yama 11:32AM - 1:06PM
Rahu 4:15PM - 5:49PM

Punarvasu Until 10:06PM
Brahma Until 6:42AM Mon
Bava Until 7:04AM Mon
Tritiya Until 5:47PM

Ganesha: Green Sunrise: 5:16AM
Muruqa: Clear Sunset: 5:49PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 2nd Phase

Devaloka Day

Creative Work Siddha Yoga

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Brahma/Indra Yoga Bava/Balava Karana Chaturthyam Titau

Yogyakarta, Indonesia

Sun 3 Sutra 239

Subhakrit 5124

Kataka Rasi: 7.14 Tithi 19

Family Home Evening

745476575

Gulika 1:07PM - 2:41PM
Yama 9:58AM - 11:33AM
Rahu 6:50AM - 8:24AM

Pushya Until 1:03AM Tue
Brahma Until 6:42AM
Bava Until 7:04AM
Chaturthi* Until 8:19PM

Ganesha: White Sunrise: 5:16AM
Muruqa: Clear Sunset: 5:49PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 3rd Phase

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Yogyakarta, Indonesia

Sun 4 Sutra 240

Subhakrit 5124

Kataka Rasi: 19.06 Tithi 20

745476575

Gulika 11:33AM - 1:07PM
Yama 8:25AM - 9:59AM
Rahu 2:41PM - 4:16PM

Ashlesha* Until 3:48AM Wed
Indra Until 7:33AM
Kaulava Until 9:36AM
Panchami Until 10:49PM

Ganesha: White Sunrise: 5:16AM
Muruqa: Clear Sunset: 5:50PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 4th Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Yogyakarta, Indonesia

Sun 5 Sutra 241

Subhakrit 5124

Simha Rasi: 0.59 Tithi 21

755476575

Gulika 9:59AM - 11:34AM
Yama 6:51AM - 8:25AM
Rahu 11:34AM - 1:08PM

Magha* Until 6:42AM Thu
Vaidhriti* Until 8:19AM
Gara Until 12:03PM
Shashthi* Until 1:10AM Thu

Ganesha: Clear Sunrise: 5:17AM
Muruqa: Clear Sunset: 5:50PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Moon 12 - Phase 33 - 5th Phase

Sivaloka Day

Creative Work Siddha Yoga

6

Thursday, December 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Saptamyam Titau

Yogyakarta, Indonesia

Sun 6 Sutra 242

Subhakrit 5124

Simha Rasi: 12.58 Tithi 22

755476575

Gulika 8:26AM - 10:00AM
Yama 5:17AM - 6:51AM
Rahu 1:08PM - 2:42PM

Magha* Until 6:42AM
Vishkambha* Until 8:55AM
Visti Until 2:14PM
Saptami Until 3:08AM Fri

Ganesha: Clear Sunrise: 5:17AM
Muruqa: Clear Sunset: 5:51PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Moon 12 - Phase 33 - 6th Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 6:42AM

Then Creative Work - Siddha Yoga

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Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Yogyakarta, Indonesia

Sun 7 Sutra 243

Subhakrit 5124

Simha Rasi: 25.07 Tithi 23

755476575

Gulika 6:52AM - 8:26AM
Yama 2:43PM - 4:17PM
Rahu 10:00AM - 11:35AM

Purvaphalguni Until 9:02AM
Priti Until 9:13AM
Balava Until 3:57PM
Ashtami* Until 4:33AM Sat

Ganesha: Clear Sunrise: 5:18AM
Muruqa: Clear Sunset: 5:51PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Moon 12 - Phase 33 - 7th Phase

Sivaloka Day

Creative Work Siddha Yoga

Markali Pillaiyar

Saturday, December 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Yogyakarta, Indonesia

Sun 8 Sutra 244

Subhakrit 5124

Kanya Rasi: 7.29 Tithi 24

855476575

Gulika 5:18AM - 6:52AM
Yama 1:09PM - 2:43PM
Rahu 8:27AM - 10:01AM

Uttaraphalguni Until 10:38AM
Ayushman Until 9:02AM
Taitila Until 5:01PM
Navami* Until 5:14AM Sun

Ganesha: White Sunrise: 5:18AM
Muruqa: Clear Sunset: 5:52PM
Nataraja: Purple
Moon - Red
Margasira-Markali

Moon 12 - Phase 33 - 8th Phase

Devaloka Day

Routine Work Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

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|------------------------------------|----------|---|--|-------------------------|--|------------------------|
| 1 Sunday, December 18, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla/Chitra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vistli* Karana Dashamyam Titau | | | Yogyakarta, Indonesia Sun 9 Sutra 245 Subhakrit 5124 | |
| Kanya Rasi: 20.11 | Tithi 25 | Gulika 2:44PM – 4:18PM | Hasta Until 11:49AM | Ganesha: Clear | <i>Sunrise:</i> 5:19AM | |
| | | Yama 11:35AM – 1:10PM | Saubhagya Until 8:17AM | Muruqa: Clear | <i>Sunset:</i> 5:52PM | Moon 12 - Phase 34 - 9 |
| | | 865476575 Rahu 4:18PM – 5:52PM | Vanija Until 5:17PM | Nataraja: Purple | | 2nd Phase |
| Creative Work Amrita Yoga | | | Dashami Until 5:05AM Mon | Moon – Green | | Sivaloka Day |
| Until 11:49AM | | | | Margasira*Markali | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|------------------------------------|----------|---|--|-------------------------|---|-------------------------|
| 2 Monday, December 19, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau | | | Yogyakarta, Indonesia Sun 10 Sutra 246 Subhakrit 5124 | |
| Tula Rasi: 3.17 | Tithi 26 | Gulika 1:10PM – 2:44PM | Chitra Until 12:01PM | Ganesha: Clear | <i>Sunrise:</i> 5:19AM | |
| | | Yama 10:02AM – 1:10PM | Sobhana Until 6:54AM | Muruqa: Clear | <i>Sunset:</i> 5:53PM | Moon 12 - Phase 34 - 10 |
| Family Home Evening | | 865476575 Rahu 6:53AM – 8:28AM | Bava Until 4:42PM | Nataraja: Purple | | 2nd Phase |
| Routine Work Prabalarishta Yoga | | | Ekadashi* Until 4:04AM Tue | Moon – Green | | Sivaloka Day |
| Until 12:01PM | | | | Margasira*Markali | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|-------------------------------------|----------|---|--|-------------------------|---|-------------------------|
| 3 Tuesday, December 20, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau | | | Yogyakarta, Indonesia Sun 11 Sutra 247 Subhakrit 5124 | |
| Tula Rasi: 16.52 | Tithi 27 | Gulika 11:36AM – 1:11PM | Svati Until 11:15AM | Ganesha: Clear | <i>Sunrise:</i> 5:20AM | |
| | | Yama 8:28AM – 10:02AM | Sukarma Until 2:07AM Wed | Muruqa: Clear | <i>Sunset:</i> 5:53PM | Moon 12 - Phase 34 - 11 |
| | | 865476575 Rahu 2:45PM – 4:19PM | Kaulava Until 3:17PM | Nataraja: Purple | | 2nd Phase |
| Creative Work Siddha Yoga | | | Dvadashi* Until 2:15AM Wed | Moon – Green | | Sivaloka Day |
| Until 11:15AM | | | | Margasira*Markali | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|---------------------------------------|----------|---|---|-------------------------|---|-------------------------|
| 4 Wednesday, December 21, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau | | | Yogyakarta, Indonesia Sun 12 Sutra 248 Subhakrit 5124 | |
| Vrischika Rasi: 0.55 | Tithi 28 | Gulika 10:03AM – 11:37AM | Vishakha Until 10:01AM | Ganesha: Purple | <i>Sunrise:</i> 5:20AM | |
| | | Yama 6:54AM – 8:29AM | Dhriti Until 10:52PM | Muruqa: Clear | <i>Sunset:</i> 5:54PM | Moon 12 - Phase 34 - 12 |
| | | 875476575 Rahu 11:37AM – 1:11PM | Gara Until 1:06PM | Nataraja: Purple | | 2nd Phase |
| Creative Work Siddha Yoga | | | Trayodashi* Until 11:45PM | Moon – Orange | | Devaloka Day |
| | | Day 1 of Pancha Ganapati | | Margasira*Markali | | |
| | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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|--|----------|---|---|-------------------------|---|-------------------------|
| 5 Thursday, December 22, 2022 | | Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | Yogyakarta, Indonesia Sun 13 Sutra 249 Subhakrit 5124 | |
| Vrischika Rasi: 15.26 | Tithi 29 | Gulika 8:29AM – 10:03AM | Anuradha Until 8:00AM | Ganesha: Clear | <i>Sunrise:</i> 5:21AM | |
| | | Yama 5:21AM – 6:55AM | Shula* Until 7:09PM | Muruqa: Clear | <i>Sunset:</i> 5:54PM | Moon 12 - Phase 34 - 13 |
| | | 876476575 Rahu 1:12PM – 2:46PM | Visti Until 10:18AM | Nataraja: Purple | | 2nd Phase |
| Creative Work Siddha Yoga | | | Chaturdashi* Until 8:42PM | Moon – Orange | | Sivaloka Day |
| Until 8:00AM | | | | Margasira*Markali | | |
| Then Routine Work - Prabalarishta Yoga | | Day 2 of Pancha Ganapati | | | | |

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| Friday, December 23, 2022 | | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau | | | Yogyakarta, Indonesia Sun 14 Sutra 250 Subhakrit 5124 | |
| Retreat Star | | Gulika 6:55AM – 8:30AM | Mula* Until 2:42AM Sat | Ganesha: Orange | <i>Sunrise:</i> 5:21AM | |
| Dhanus Rasi: 0.18 | Tithi 30 – 1 | Yama 2:46PM – 4:21PM | Ganda* Until 3:08PM | Muruqa: Clear | <i>Sunset:</i> 5:55PM | Moon 12 - Phase 34 - 14 |
| | | 886476575 Rahu 10:04AM – 11:38AM | Catuspada Until 7:02AM | Nataraja: Purple | | Amavasya |
| Creative Work Amrita Yoga | | | Amavasya* Until 5:16PM | Moon – Light Blue | | Sivaloka Day |
| Until 2:42AM Sat | | | | Margasira*Markali | | |
| Then Creative Work - Siddha Yoga | | Day 3 of Pancha Ganapati | | | | |

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|------------------------------------|-------------|--|--|-------------------------|---|-------------------------|
| Saturday, December 24, 2022 | | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | Yogyakarta, Indonesia Sun 15 Sutra 251 Subhakrit 5124 | |
| Retreat Star | | Gulika 5:22AM – 6:56AM | Purvashadha* Until 11:46PM | Ganesha: Orange | <i>Sunrise:</i> 5:22AM | |
| Dhanus Rasi: 15.25 | Tithi 1 – 2 | Yama 1:13PM – 2:47PM | Vridhi Until 10:56AM | Muruqa: Clear | <i>Sunset:</i> 5:55PM | Moon 12 - Phase 34 - 15 |
| | | 886476575 Rahu 8:30AM – 10:04AM | Balava Until 11:49PM | Nataraja: Purple | | Prathama |
| Creative Work Siddha Yoga | | | Prathama* Until 1:38PM | Moon – Light Blue | | Sivaloka Day |
| Until 11:46PM | | | | Pausha*Markali | | |
| Then Routine Work - Marana Yoga | | Day 4 of Pancha Ganapati | | | | |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

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|---------------------------|-------------|----------------------------------|--|---|---|---|---|
| 1 | | Sunday, December 25, 2022 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Yogyakarta, Indonesia Sun 16 Sutra 252 Subhakrit 5124 | |
| Makara Rasi: 1 | Tithi 2 – 3 | 886486575 | Gulika 2:47PM – 4:22PM Yama 11:39AM – 1:13PM Rahu 4:22PM – 5:56PM | Uttarashadha Until 8:46PM Dhruva Until 6:40AM Taitila Until 8:11PM Dvitiya Until 9:58AM | Ganesha: Orange Muruqa: Purple Nataraja: Purple Moon – Light Blue Pausha-Markali | Sunrise: 5:22AM Sunset: 5:56PM | Moon 12 - Phase 35 - 16 3rd Phase Subha Sivaloka Day |
| Creative Work Amrita Yoga | | Day 5 of Pancha Ganapati | | | | | |

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| 2 | | Monday, December 26, 2022 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Visti* Karana Tritiya/Chaturthayam Titau | | Yogyakarta, Indonesia Sun 17 Sutra 253 Subhakrit 5124 | |
| Makara Rasi: 15.42 | Tithi 3 – 4 | 896486575 | Gulika 1:14PM – 2:48PM Yama 10:05AM – 11:39AM Rahu 6:57AM – 8:31AM | Shravana Until 6:15PM Harshana Until 10:35PM Visti Until 3:13AM Tue Tritiya Until 6:26AM | Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Purple Pausha-Markali | Sunrise: 5:23AM Sunset: 5:56PM | Moon 12 - Phase 35 - 17 3rd Phase Subha Sivaloka Day |
| Family Home Evening Creative Work Amrita Yoga Until 6:15PM Then Creative Work - Siddha Yoga | | | | | | | |

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|--|---------|-----------------------------------|---|--|---|---|---|
| 3 | | Tuesday, December 27, 2022 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau | | Yogyakarta, Indonesia Sun 18 Sutra 254 Subhakrit 5124 | |
| Kumbha Rasi: 0.34 | Tithi 5 | 896486576 | Gulika 11:40AM – 1:14PM Yama 8:32AM – 10:06AM Rahu 2:48PM – 4:23PM | Dhanishtha Until 4:00PM Vajra* Until 6:58PM Bava Until 1:47PM Panchami Until 12:27AM Wed | Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha-Markali | Sunrise: 5:23AM Sunset: 5:57PM | Moon 12 - Phase 35 - 18 3rd Phase Sivaloka Day |
| Creative Work Siddha Yoga Until 4:00PM Then Routine Work - Marana Yoga | | | | | | | |

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|---|---------|-------------------------------------|--|---|---|---|---|
| 4 | | Wednesday, December 28, 2022 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthayam Titau | | Yogyakarta, Indonesia Sun 19 Sutra 255 Subhakrit 5124 | |
| Kumbha Rasi: 15.05 | Tithi 6 | 896486576 | Gulika 10:06AM – 11:40AM Yama 6:58AM – 8:32AM Rahu 11:40AM – 1:15PM | Shatabhishak Until 2:08PM Siddhi Until 3:50PM Kaulava Until 11:18AM Shashthi* Until 10:16PM | Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Pausha-Markali | Sunrise: 5:24AM Sunset: 5:57PM | Moon 12 - Phase 35 - 19 3rd Phase Sivaloka Day |
| Creative Work Siddha Yoga Until 2:08PM Then Creative Work - Amrita Yoga | | Vinayaga Viratam Ends | | | | | |

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| 5 | | Thursday, December 29, 2022 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau | | Yogyakarta, Indonesia Sun 20 Sutra 256 Subhakrit 5124 | |
| Kumbha Rasi: 29.1 | Tithi 7 | 817486576 | Gulika 8:33AM – 10:07AM Yama 5:24AM – 6:58AM Rahu 1:15PM – 2:49PM | Purvaproshtapada* Until 1:12PM Vyalipata* Until 1:14PM Gara Until 9:27AM Saptami Until 8:47PM | Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali | Sunrise: 5:24AM Sunset: 5:58PM | Moon 12 - Phase 35 - 20 3rd Phase Devaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

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|---------------------------|---------|----------------------------------|---|---|---|---|---|
| Retreat Star | | Friday, December 30, 2022 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau | | Yogyakarta, Indonesia Sun 21 Sutra 257 Subhakrit 5124 | |
| Meena Rasi: 12.5 | Tithi 8 | 817486576 | Gulika 6:59AM – 8:33AM Yama 2:50PM – 4:24PM Rahu 10:07AM – 11:41AM | Uttaraproshtapada Until 12:51PM Variyan Until 11:11AM Visti Until 8:20AM Ashtami* Until 8:02PM | Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali | Sunrise: 5:25AM Sunset: 5:58PM | Moon 12 - Phase 35 - 21 Ashtami Devaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

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|---|---------|------------------------------------|--|--|---|---|--|
| Retreat Star | | Saturday, December 31, 2022 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau | | Yogyakarta, Indonesia Sun 22 Sutra 258 Subhakrit 5124 | |
| Meena Rasi: 26.05 | Tithi 9 | 817486576 | Gulika 5:25AM – 6:59AM Yama 1:16PM – 2:50PM Rahu 8:34AM – 10:08AM | Revati Until 1:04PM Parigha* Until 9:44AM Balava Until 7:57AM Navami* Until 8:01PM | Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Clear Pausha-Markali | Sunrise: 5:25AM Sunset: 5:59PM | Moon 12 - Phase 35 - 22 Navami Devaloka Day |
| Routine Work Prabalarishta Yoga Until 1:04PM Then Creative Work - Siddha Yoga | | | | | | | |

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|--|-------------|--|-----------------------------|------------------------|---|-------------------------|
| 1 Sunday, January 1, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Tailita/Gara Karana Dashamyam Titau | | | Yogyakarta, Indonesia Sun 23 Sutra 259 Subhakrit 5124 | |
| Mesha Rasi: 8.58 | Tithi 10 | Gulika 2:51PM – 4:25PM | Ashvini Until 2:16PM | Ganesha: Yellow | <i>Sunrise:</i> 5:26AM | |
| | | Yama 11:42AM – 1:16PM | Shiva Until 8:51AM | Muruqa: Purple | <i>Sunset:</i> 5:59PM | Moon 12 - Phase 36 - 23 |
| | 827486576 | Rahu 4:25PM – 5:59PM | Taitila Until 8:17AM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 8:41PM | Moon – White | | Sivaloka Day |
| Until 2:16PM | | | | Pausha-Markali | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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|----------------------------------|-------------|---|------------------------------|------------------------|---|-------------------------|
| 2 Monday, January 2, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau | | | Yogyakarta, Indonesia Sun 24 Sutra 260 Subhakrit 5124 | |
| Mesha Rasi: 21.32 | Tithi 11 | Gulika 1:17PM – 2:51PM | Bharani Until 3:53PM | Ganesha: Yellow | <i>Sunrise:</i> 5:26AM | |
| Family Home Evening | | Yama 10:09AM – 11:43AM | Siddha Until 8:24AM | Muruqa: Purple | <i>Sunset:</i> 5:59PM | Moon 12 - Phase 36 - 24 |
| Creative Work | Siddha Yoga | 827486576 | Vanija Until 9:16AM | Nataraja: Clear | | 4th Phase |
| Until 3:53PM | | Vaikuntha Ekadasi | Ekadashi Until 9:55PM | Moon – White | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | | | |

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|-----------------------------------|-------------|--|-------------------------------|------------------------|---|-------------------------|
| 3 Tuesday, January 3, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvodashyam Titau | | | Yogyakarta, Indonesia Sun 25 Sutra 261 Subhakrit 5124 | |
| Vrishabha Rasi: 3.54 | Tithi 12 | Gulika 11:43AM – 1:17PM | Krittika Until 5:47PM | Ganesha: Yellow | <i>Sunrise:</i> 5:27AM | |
| | | Yama 8:35AM – 10:09AM | Sadhya Until 8:22AM | Muruqa: Purple | <i>Sunset:</i> 6:00PM | Moon 12 - Phase 36 - 25 |
| | 827486576 | Rahu 2:52PM – 4:26PM | Bava Until 10:44AM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 11:36PM | Moon – White | | Sivaloka Day |
| Until 5:47PM | | | | Pausha-Markali | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|-------------------------------------|-------------|--|------------------------------------|------------------------|---|-------------------------|
| 4 Wednesday, January 4, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Kaulava/Tailita Karana Trayodashyam Titau | | | Yogyakarta, Indonesia Sun 26 Sutra 262 Subhakrit 5124 | |
| Vrishabha Rasi: 16.05 | Tithi 13 | Gulika 10:10AM – 11:44AM | Rohini Until 8:21PM | Ganesha: White | <i>Sunrise:</i> 5:27AM | |
| | | Yama 7:01AM – 8:36AM | Subha Until 8:38AM | Muruqa: Purple | <i>Sunset:</i> 6:00PM | Moon 12 - Phase 36 - 26 |
| | 838586576 | Rahu 11:44AM – 1:18PM | Kaulava Until 12:35PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 1:36AM Thu | Moon – Yellow | | Devaloka Day |
| <i>Pradosha Vrata</i> | | | | | | |

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|------------------------------------|-------------|---|--------------------------------------|------------------------|---|-------------------------|
| 5 Thursday, January 5, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau | | | Yogyakarta, Indonesia Sun 27 Sutra 263 Subhakrit 5124 | |
| Vrishabha Rasi: 28.1 | Tithi 14 | Gulika 8:36AM – 10:10AM | Mrigashira Until 10:59PM | Ganesha: White | <i>Sunrise:</i> 5:28AM | |
| | | Yama 5:28AM – 7:02AM | Sukla Until 9:05AM | Muruqa: Purple | <i>Sunset:</i> 6:01PM | Moon 12 - Phase 36 - 27 |
| | 838586576 | Rahu 1:18PM – 2:52PM | Gara Until 2:43PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Chaturdashi* Until 3:50AM Fri | Moon – Yellow | | Devaloka Day |
| Subramuniyaswami Jayanti | | | | | | |

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|--|-------------|--|----------------------------------|------------------------|--|------------------------------|
| ○ Friday, January 6, 2023 Copper Retreat Star | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau | | | Yogyakarta, Indonesia Sutra 264 Subhakrit 5124 | |
| Mithuna Rasi: 10.09 | Tithi 15 | Gulika 7:02AM – 8:37AM | Ardra Until 1:36AM Sat | Ganesha: White | <i>Sunrise:</i> 5:28AM | |
| | | Yama 2:53PM – 4:27PM | Brahma Until 9:42AM | Muruqa: Purple | <i>Sunset:</i> 6:01PM | Moon 12 - Phase 36 - Purnima |
| | 838586576 | Rahu 10:11AM – 11:45AM | Visti Until 5:01PM | Nataraja: Clear | | |
| Creative Work | Siddha Yoga | | Purnima* Until 6:12AM Sat | Moon – Yellow | | Devaloka Day |
| Ardra Darshanam | | | | | | |

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|--|---------------|--|-----------------------------------|------------------------|--|-------------------------------|
| Saturday, January 7, 2023 Silver Retreat Star | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantla Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | Yogyakarta, Indonesia Sutra 265 Subhakrit 5124 | |
| Mithuna Rasi: 22.05 | Tithi 15 – 16 | Gulika 5:29AM – 7:03AM | Punarvasu Until 4:38AM Sun | Ganesha: Clear | <i>Sunrise:</i> 5:29AM | |
| | | Yama 1:19PM – 2:53PM | Indra Until 10:25AM | Muruqa: Purple | <i>Sunset:</i> 6:01PM | Moon 12 - Phase 36 - Prathama |
| | 848586576 | Rahu 8:37AM – 10:11AM | Balava Until 7:26PM | Nataraja: Clear | | |
| Creative Work | Siddha Yoga | | Purnima* Until 6:12AM | Moon – Blue | | Sivaloka Day |
| Pausha-Markali | | | | | | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Sunday, January 8, 2023
Gold Retreat Star

Kataka Rasi: 4 Tithi 16 – 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti/Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 2:54PM – 4:28PM **Pushya Until 7:33AM Mon**
Yama 11:46AM – 1:20PM **Vaidhriti* Until 11:10AM**
Rahu 4:28PM – 6:02PM **Taitila Until 9:55PM**
Prathama* Until 8:39AM

Yogyakarta, Indonesia
Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 -
1st Phase

Ganesha: Clear *Sunrise:* 5:29AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

1

Monday, January 9, 2023

Kataka Rasi: 15.53 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Priti/Ayushman*Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:20PM – 2:54PM **Pushya Until 7:33AM**
Yama 10:12AM – 11:46AM **Vishkambha* Until 11:57AM**
Rahu 7:04AM – 8:38AM **Vanija Until 12:25AM Tue**
Dvitiya Until 11:09AM

Yogyakarta, Indonesia
Sun 1 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase

Ganesha: Clear *Sunrise:* 5:30AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

2

Tuesday, January 10, 2023

Kataka Rasi: 27.47 Tithi 18 – 19
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman*Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:46AM – 1:20PM **Ashlesha* Until 10:17AM**
Yama 8:38AM – 10:12AM **Priti Until 12:45PM**
Rahu 2:54PM – 4:28PM **Bava Until 2:51AM Wed**
Tritiya Until 1:37PM

Yogyakarta, Indonesia
Sun 2 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase

Ganesha: Clear *Sunrise:* 5:30AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

3

Wednesday, January 11, 2023

Simha Rasi: 9.42 Tithi 19 – 20
Creative Work Siddha Yoga
Until 1:16PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:13AM – 11:47AM **Magha* Until 1:16PM**
Yama 7:05AM – 8:39AM **Ayushman Until 1:26PM**
Rahu 11:47AM – 1:21PM **Kaulava Until 5:07AM Thu**
Chaturthi* Until 3:59PM

Yogyakarta, Indonesia
Sun 3 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase

Ganesha: Clear *Sunrise:* 5:31AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

4

Thursday, January 12, 2023

Simha Rasi: 21.42 Tithi 20
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Taitila Karana Panchamyam Titau

Gulika 8:39AM – 10:13AM **Purvaphalguni Until 3:51PM**
Yama 5:31AM – 7:05AM **Saubhagya Until 1:58PM**
Rahu 1:21PM – 2:55PM **Taitila Until 6:07PM**
Panchami Until 6:07PM

Yogyakarta, Indonesia
Sun 4 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase

Ganesha: Clear *Sunrise:* 5:31AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

5

Friday, January 13, 2023

Kanya Rasi: 3.49 Tithi 21
Creative Work Siddha Yoga
Until 5:55PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:06AM – 8:40AM **Uttaraphalguni Until 5:55PM**
Yama 2:55PM – 4:29PM **Sobhana Until 2:13PM**
Rahu 10:14AM – 11:48AM **Gara Until 7:03AM**
Shashthi* Until 7:50PM

Yogyakarta, Indonesia
Sun 5 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase

Ganesha: Clear *Sunrise:* 5:32AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Pausha-Markali

6

Saturday, January 14, 2023

Kanya Rasi: 16.08 Tithi 22
Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 5:32AM – 7:06AM **Hasta Until 7:46PM**
Yama 1:22PM – 2:56PM **Athiganda* Until 2:03PM**
Rahu 8:40AM – 10:14AM **Visti Until 8:30AM**
Saptami Until 8:58PM

Yogyakarta, Indonesia
Sun 6 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase

Ganesha: White *Sunrise:* 5:32AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

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Sunday, January 15, 2023
Retreat Star

Kanya Rasi: 28.44 Tithi 23
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 2:56PM – 4:30PM **Chitra Until 8:45PM**
Yama 11:48AM – 1:22PM **Sukarma Until 1:21PM**
Rahu 4:30PM – 6:04PM **Balava Until 9:17AM**
Ashtami* Until 9:21PM

Yogyakarta, Indonesia
Sun 7 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 7
Ashtami

Ganesha: White *Sunrise:* 5:33AM
Muruqa: Purple *Sunset:* 6:04PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

Monday, January 16, 2023
Retreat Star

Tula Rasi: 11.43 Tithi 24
Family Home Evening
Creative Work Amrita Yoga
Until 8:46PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:22PM – 2:56PM **Svati Until 8:46PM**
Yama 10:15AM – 11:49AM **Dhriti Until 12:03PM**
Rahu 7:07AM – 8:41AM **Taitila Until 9:15AM**
Navami* Until 8:54PM

Yogyakarta, Indonesia
Sun 8 Sutra 274
Subhakrit 5124
Moon 1 - Phase 37 - 8
Navami

Ganesha: White *Sunrise:* 5:33AM
Muruqa: Purple *Sunset:* 6:04PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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|--|----------------------------------|-----------|--|------------------------------|------------------------------|------------------------|--|
| 1 | Tuesday, January 17, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksh Mangala Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 9 Sutra 275 Subhakrit 5124 |
| | Tula Rasi: 25.07 | Tithi 25 | Gulika 11:49AM – 1:23PM | Vishakha Until 8:15PM | Ganesha: Yellow | <i>Sunrise:</i> 5:34AM | |
| | | | Yama 8:41AM – 10:15AM | Shula* Until 10:03AM | Muruqa: Purple | <i>Sunset:</i> 6:04PM | Moon 1 - Phase 38 - 9 |
| | | 879586576 | Rahu 2:57PM – 4:30PM | Vanija Until 8:23AM | Nataraja: Clear | | 2nd Phase |
| Routine Work Marana Yoga Until 8:15PM Then Creative Work - Siddha Yoga | | | Dashami Until 7:36PM | | Moon – Orange Pausha*Thai | | Sivaloka Day |

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|---------------------------|------------------------------------|---------------|---|------------------------------|------------------------------|------------------------|---|
| 2 | Wednesday, January 18, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksh Budha Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Yogyakarta, Indonesia Sun 10 Sutra 276 Subhakrit 5124 |
| | Vischika Rasi: 9.02 | Tithi 26 – 27 | Gulika 10:16AM – 11:49AM | Anuradha Until 6:48PM | Ganesha: Yellow | <i>Sunrise:</i> 5:34AM | |
| | | | Yama 7:08AM – 8:42AM | Ganda* Until 7:24AM | Muruqa: Purple | <i>Sunset:</i> 6:04PM | Moon 1 - Phase 38 - 10 |
| | | 879586576 | Rahu 11:49AM – 1:23PM | Bava Until 6:40AM | Nataraja: Clear | | 2nd Phase |
| Creative Work Siddha Yoga | | | Ekadashi* Until 5:30PM | | Moon – Orange Pausha*Thai | | Sivaloka Day |

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|---|-----------------------------------|---------------|--|-------------------------------|------------------------------|------------------------|---|
| 3 | Thursday, January 19, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksh Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Yogyakarta, Indonesia Sun 11 Sutra 277 Subhakrit 5124 |
| | Vischika Rasi: 23.26 | Tithi 27 – 28 | Gulika 8:42AM – 10:16AM | Jyeshtha* Until 4:33PM | Ganesha: Yellow | <i>Sunrise:</i> 5:35AM | |
| | | | Yama 5:35AM – 7:08AM | Dhruva Until 12:26AM Fri | Muruqa: Purple | <i>Sunset:</i> 6:05PM | Moon 1 - Phase 38 - 11 |
| | | 871586576 | Rahu 1:23PM – 2:57PM | Gara Until 1:09AM Fri | Nataraja: Clear | | 2nd Phase |
| Routine Work Prabalarishta Yoga Until 4:33PM Then Creative Work - Siddha Yoga | | | Dvadashi* Until 2:44PM | | Moon – Orange Pausha*Thai | | Sivaloka Day |
| <i>Pradosha Vrata (Fasting)</i> | | | | | | | |

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| 4 | Friday, January 20, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksh Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Yogyakarta, Indonesia Sun 12 Sutra 278 Subhakrit 5124 |
| | Dhanus Rasi: 8.16 | Tithi 28 – 29 | Gulika 7:09AM – 8:43AM | Mula* Until 2:04PM | Ganesha: Red | <i>Sunrise:</i> 5:35AM | |
| | | | Yama 2:57PM – 4:31PM | Vyaghata* Until 8:20PM | Muruqa: Purple | <i>Sunset:</i> 6:05PM | Moon 1 - Phase 38 - 12 |
| | | 881586576 | Rahu 10:16AM – 11:50AM | Visti Until 9:38PM | Nataraja: Clear | | 2nd Phase |
| Creative Work Amrita Yoga Until 2:04PM Then Routine Work - Prabalarishta Yoga | | | Trayodashi* Until 11:25AM | | Moon – Light Blue Pausha*Thai | | Sivaloka Day |

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| ● | Saturday, January 21, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Paksh Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau | | | | Yogyakarta, Indonesia Sun 13 Sutra 279 Subhakrit 5124 |
| | Retreat Star | | Gulika 5:36AM – 7:09AM | Purvashadha* Until 11:06AM | Ganesha: Red | <i>Sunrise:</i> 5:36AM | |
| | Dhanus Rasi: 23.25 | Tithi 29 – 30 | Yama 1:24PM – 2:58PM | Harshana Until 4:01PM | Muruqa: Purple | <i>Sunset:</i> 6:05PM | Moon 1 - Phase 38 - 13 |
| | | 881586576 | Rahu 8:43AM – 10:17AM | Naga Until 3:53AM Sun | Nataraja: Clear | | Amavasya |
| Creative Work Siddha Yoga Until 11:06AM Then Routine Work - Marana Yoga | | | Chaturdashi* Until 7:44AM | | Moon – Light Blue Pausha*Thai | | Sivaloka Day |

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| ● | Sunday, January 22, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Paksh Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Yogyakarta, Indonesia Sun 14 Sutra 280 Subhakrit 5124 |
| | Retreat Star | | Gulika 2:58PM – 4:31PM | Uttarashadha Until 7:51AM | Ganesha: Red | <i>Sunrise:</i> 5:36AM | |
| | Makara Rasi: 8.44 | Tithi 1 | Yama 11:50AM – 1:24PM | Vajra* Until 11:34AM | Muruqa: Purple | <i>Sunset:</i> 6:05PM | Moon 1 - Phase 38 - 14 |
| | | 881586576 | Rahu 4:31PM – 6:05PM | Kintughna Until 1:57PM | Nataraja: Clear | | Prathama |
| Creative Work Amrita Yoga | | | Prathama* Until 12:01AM Mon | | Moon – Light Blue Magha*Thai | | Sivaloka Day |

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| Monday, January 23, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | Yogyakarta, Indonesia Sun 15 Sutra 281 Subhakrit 5124 | |
| 1 | Makara Rasi: 24.02 Tithi 2 | Gulika 1:24PM – 2:58PM | Dhanishtha Until 2:00AM Tue | Ganesha: Yellow <i>Sunrise:</i> 5:36AM | Muruqa: Purple <i>Sunset:</i> 6:05PM | Moon 1 - Phase 39 - 15 3rd Phase |
| Family Home Evening | 891586576 | Rahu 7:10AM – 8:44AM | Siddhi Until 7:11AM | Nataraja: Clear | | Sivaloka Day |
| Creative Work Siddha Yoga | | | Balava Until 10:09AM | Moon – Purple | | |
| Until 2:00AM Tue | | | Dvitiya Until 8:19PM | Magha-Thai | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| Tuesday, January 24, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau | | | Yogyakarta, Indonesia Sun 16 Sutra 282 Subhakrit 5124 | |
| 2 | Kumbha Rasi: 9.09 Tithi 3 – 4 | Gulika 11:51AM – 1:25PM | Shatabhishak Until 11:24PM | Ganesha: Yellow <i>Sunrise:</i> 5:37AM | Muruqa: Purple <i>Sunset:</i> 6:05PM | Moon 1 - Phase 39 - 16 3rd Phase |
| 911586576 | | Rahu 2:58PM – 4:32PM | Variyan Until 11:09PM | Nataraja: Clear | | Sivaloka Day |
| Routine Work Marana Yoga | | | Taitila Until 6:36AM | Moon – Purple | | |
| | | | Tritiya Until 4:59PM | Magha-Thai | | |

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| Wednesday, January 25, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chalurthi/Panchamyam Titau | | | Yogyakarta, Indonesia Sun 17 Sutra 283 Subhakrit 5124 | |
| 3 | Kumbha Rasi: 23.56 Tithi 4 – 5 | Gulika 10:18AM – 11:51AM | Purvaprossthapada* Until 9:38PM | Ganesha: Blue <i>Sunrise:</i> 5:37AM | Muruqa: Purple <i>Sunset:</i> 6:05PM | Moon 1 - Phase 39 - 17 3rd Phase |
| 911586576 | | Rahu 11:51AM – 1:25PM | Parigha* Until 7:46PM | Nataraja: Clear | | Subha Sivaloka Day |
| Creative Work Amrita Yoga | | | Bava Until 1:01AM Thu | Moon – Clear | | |
| Until 9:38PM | | | Chaturthi* Until 2:09PM | Magha-Thai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|-----------------------------------|------------------------------|--|--|---|---|-------------------------------------|
| Thursday, January 26, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | Yogyakarta, Indonesia Sun 18 Sutra 284 Subhakrit 5124 | |
| 4 | Meena Rasi: 8.16 Tithi 5 – 6 | Gulika 8:45AM – 10:18AM | Uttaraprossthapada Until 8:26PM | Ganesha: Blue <i>Sunrise:</i> 5:38AM | Muruqa: Purple <i>Sunset:</i> 6:05PM | Moon 1 - Phase 39 - 18 3rd Phase |
| 911586576 | | Rahu 1:25PM – 2:58PM | Shiva Until 4:59PM | Nataraja: Clear | | Subha Sivaloka Day |
| Creative Work Siddha Yoga | | | Kaulava Until 11:15PM | Moon – Clear | | |
| | | | Panchami Until 12:01PM | Magha-Thai | | |

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| Friday, January 27, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | Yogyakarta, Indonesia Sun 19 Sutra 285 Subhakrit 5124 | |
| 5 | Meena Rasi: 22.07 Tithi 6 – 7 | Gulika 7:11AM – 8:45AM | Revati Until 7:55PM | Ganesha: Blue <i>Sunrise:</i> 5:38AM | Muruqa: Purple <i>Sunset:</i> 6:05PM | Moon 1 - Phase 39 - 19 3rd Phase |
| 911586576 | | Rahu 10:18AM – 11:52AM | Siddha Until 2:48PM | Nataraja: Clear | | Subha Sivaloka Day |
| Creative Work Siddha Yoga | | | Gara Until 10:20PM | Moon – Clear | | |
| Until 7:55PM | | | Shashthi* Until 10:40AM | Magha-Thai | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|-----------------------------------|------------------------------|--|------------------------------|---|---|-----------------------------------|
| Saturday, January 28, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | Yogyakarta, Indonesia Sun 20 Sutra 286 Subhakrit 5124 | |
| Retreat Star | Mesha Rasi: 5.28 Tithi 7 – 8 | Gulika 5:38AM – 7:12AM | Ashvini Until 8:32PM | Ganesha: Yellow <i>Sunrise:</i> 5:38AM | Muruqa: Purple <i>Sunset:</i> 6:05PM | Moon 1 - Phase 39 - 20 Ashtami |
| 921586576 | | Rahu 8:45AM – 10:19AM | Sadhya Until 1:20PM | Nataraja: Clear | | Sivaloka Day |
| Creative Work Siddha Yoga | | | Visti Until 10:18PM | Moon – White | | |
| | | | Saptami Until 10:11AM | Magha-Thai | | |

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|----------------------------------|-------------------------------|---|-------------------------------|---|---|----------------------------------|
| Sunday, January 29, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | Yogyakarta, Indonesia Sun 21 Sutra 287 Subhakrit 5124 | |
| Retreat Star | Mesha Rasi: 18.22 Tithi 8 – 9 | Gulika 2:59PM – 4:32PM | Bharani Until 9:48PM | Ganesha: Yellow <i>Sunrise:</i> 5:39AM | Muruqa: Purple <i>Sunset:</i> 6:06PM | Moon 1 - Phase 39 - 21 Navami |
| 922686576 | | Rahu 4:32PM – 6:06PM | Subha Until 12:31PM | Nataraja: Clear | | Sivaloka Day |
| Routine Work Prabalarishta Yoga | | | Balava Until 11:04PM | Moon – White | | |
| Until 9:48PM | | | Ashtami* Until 10:34AM | Magha-Thai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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|---|-----------|---|--|--|---|
| Monday, January 30, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Yogyakarta, Indonesia Sun 22 Sutra 288 Subhakit 5124 | |
| 1 | 922686576 | Gulika 1:26PM – 2:59PM Yama 10:19AM – 11:52AM Rahu 7:12AM – 8:46AM | Krittika Until 11:35PM Sukla Until 12:16PM Taitila Until 12:32AM Tue Navami* Until 11:42AM | Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai | Sivaloka Day Sunrise: 5:39AM Sunset: 6:06PM Moon 1 - Phase 40 - 22 4th Phase |
| Vrishabha Rasi: 0.54 Tithi 9 – 10 Family Home Evening Routine Work Marana Yoga Until 11:35PM Then Creative Work - Amrita Yoga | | | | | |

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|---|-----------|--|---|--|---|
| Tuesday, January 31, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Yogyakarta, Indonesia Sun 23 Sutra 289 Subhakit 5124 | |
| 2 | 932686576 | Gulika 11:52AM – 1:26PM Yama 8:46AM – 10:19AM Rahu 2:59PM – 4:32PM | Rohini Until 2:11AM Wed Brahma Until 12:28PM Vanija Until 2:31AM Wed Dashami Until 1:27PM | Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai | Subha Sivaloka Day Sunrise: 5:39AM Sunset: 6:06PM Moon 1 - Phase 40 - 23 4th Phase |
| Vrishabha Rasi: 13.1 Tithi 10 – 11 Creative Work Amrita Yoga Until 2:11AM Wed Then Creative Work - Siddha Yoga | | | | | |

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|---|-----------|---|--|--|---|
| Wednesday, February 1, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Yogyakarta, Indonesia Sun 24 Sutra 290 Subhakit 5124 | |
| 3 | 932686576 | Gulika 10:19AM – 11:52AM Yama 7:13AM – 8:46AM Rahu 11:52AM – 1:26PM | Mrigashira Until 4:56AM Thu Indra Until 1:01PM Bava Until 4:50AM Thu Ekadashi Until 3:37PM | Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai | Subha Sivaloka Day Sunrise: 5:39AM Sunset: 6:06PM Moon 1 - Phase 40 - 24 4th Phase |
| Vrishabha Rasi: 25.14 Tithi 11 – 12 Creative Work Siddha Yoga Until 4:56AM Thu Then Routine Work - Marana Yoga | | | | | |

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| Thursday, February 2, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava Karana Dvadashyam Titau | | Yogyakarta, Indonesia Sun 25 Sutra 291 Subhakit 5124 | |
| 4 | 932686576 | Gulika 8:46AM – 10:19AM Yama 5:40AM – 7:13AM Rahu 1:26PM – 2:59PM | Ardra Until 7:40AM Fri Vaidhriti* Until 1:43PM Balava Until 6:02PM Dvadashi Until 6:02PM | Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai | Subha Sivaloka Day Sunrise: 5:40AM Sunset: 6:06PM Moon 1 - Phase 40 - 25 4th Phase |
| Mithuna Rasi: 7.11 Tithi 12 Routine Work Marana Yoga Until 7:40AM Fri Then Creative Work - Siddha Yoga | | | | | |

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|--|-----------|--|--|--|---|
| Friday, February 3, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Yogyakarta, Indonesia Sun 26 Sutra 292 Subhakit 5124 | |
| 5 | 932686576 | Gulika 7:13AM – 8:46AM Yama 2:59PM – 4:32PM Rahu 10:20AM – 11:53AM | Ardra Until 7:40AM Vishkambha* Until 2:32PM Kaulava Until 7:18AM Trayodashi Until 8:32PM | Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai | Subha Sivaloka Day Sunrise: 5:40AM Sunset: 6:05PM Moon 1 - Phase 40 - 26 4th Phase |
| Mithuna Rasi: 19.05 Tithi 13 Creative Work Siddha Yoga <i>Pradosha Vrata</i> | | | | | |

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| Saturday, February 4, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau | | Yogyakarta, Indonesia Sun 27 Sutra 293 Subhakit 5124 | |
| 6 | 942686577 | Gulika 5:40AM – 7:13AM Yama 1:26PM – 2:59PM Rahu 8:47AM – 10:20AM | Punarvasu Until 10:47AM Priti Until 3:22PM Gara Until 9:49AM Chaturdashi* Until 11:02PM | Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai | Sivaloka Day Sunrise: 5:40AM Sunset: 6:05PM Moon 1 - Phase 40 - 27 4th Phase |
| Kataka Rasi: 0.57 Tithi 14 Creative Work Siddha Yoga Thai Pusam | | | | | |

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|---|-----------|--|---|---|---|
| Sunday, February 5, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau | | Yogyakarta, Indonesia Sutra 294 Subhakit 5124 | |
| Copper Retreat Star | 942686577 | Gulika 2:59PM – 4:32PM Yama 11:53AM – 1:26PM Rahu 4:32PM – 6:05PM | Pushya Until 1:41PM Ayushman Until 4:08PM Visti Until 12:17PM Purnima* Until 1:27AM Mon | Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai | Sivaloka Day Sunrise: 5:41AM Sunset: 6:05PM Moon 1 - Phase 40 - Purnima |
| Kataka Rasi: 12.5 Tithi 15 Creative Work Siddha Yoga | | | | | |

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|--|-----------|--|--|---|--|
| Monday, February 6, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau | | Yogyakarta, Indonesia Sutra 295 Subhakit 5124 | |
| Silver Retreat Star | 942686577 | Gulika 1:26PM – 2:59PM Yama 10:20AM – 11:53AM Rahu 7:14AM – 8:47AM | Ashlesha* Until 4:19PM Saubhagya Until 4:50PM Balava Until 2:39PM Prathama* Until 3:46AM Tue | Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai | Sivaloka Day Sunrise: 5:41AM Sunset: 6:05PM Moon 1 - Phase 40 - Prathama |
| Kataka Rasi: 24.46 Tithi 16 Family Home Evening Creative Work Siddha Yoga Until 4:19PM Then Routine Work - Marana Yoga | | | | | |



Tuesday, February 7, 2023
Gold Retreat Star

Simha Rasi: 6.44 Tithi 17
952686577 Rahu
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 11:53AM – 1:26PM
Yama 8:47AM – 10:20AM
Rahu 2:59PM – 4:32PM

Magha* Until 7:10PM
Sobhana Until 5:27PM
Tailila Until 4:54PM
Dvitiya Until 5:55AM Wed

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 5:41AM
Sunset: 6:05PM

Yogyakarta, Indonesia
Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 -
1st Phase

Subha Sivaloka Day

1

Wednesday, February 8, 2023

Simha Rasi: 18.46 Tithi 18
952686577 Rahu
Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Vanija Karana Tritiyayam Titau

Gulika 10:20AM – 11:53AM
Yama 7:14AM – 8:47AM
Rahu 11:53AM – 1:26PM

Purvaphalguni Until 9:40PM
Athiganda* Until 5:54PM
Vanija Until 6:57PM
Tritiya Until 7:52AM Thu

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 5:41AM
Sunset: 6:05PM

Yogyakarta, Indonesia
Sun 1 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 1
1st Phase

Subha Sivaloka Day

2

Thursday, February 9, 2023

Kanya Rasi: 0.52 Tithi 18 – 19
952686577 Rahu
Amrita Yoga
Until 11:45PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 8:47AM – 10:20AM
Yama 5:42AM – 7:15AM
Rahu 1:26PM – 2:59PM

Uttaraphalguni Until 11:45PM
Sukarma Until 6:11PM
Bava Until 8:44PM
Tritiya Until 7:52AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Red
Magha*Thai

Sunrise: 5:42AM
Sunset: 6:05PM

Yogyakarta, Indonesia
Sun 2 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 2
1st Phase

Subha Sivaloka Day

Maha Sankatahara Chaturthi

3

Friday, February 10, 2023

Kanya Rasi: 13.06 Tithi 19 – 20
962686577 Rahu
Creative Work Amrita Yoga
Until 1:48AM Sat
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:15AM – 8:48AM
Yama 2:59PM – 4:32PM
Rahu 10:20AM – 11:53AM

Hasta Until 1:48AM Sat
Dhriti Until 6:13PM
Kaulava Until 10:11PM
Chaturthi* Until 9:29AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 5:42AM
Sunset: 6:05PM

Yogyakarta, Indonesia
Sun 3 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 3
1st Phase

Sivaloka Day

4

Saturday, February 11, 2023

Kanya Rasi: 25.31 Tithi 20 – 21
963686577 Rahu
Routine Work Marana Yoga
Until 3:13AM Sun
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 5:42AM – 7:15AM
Yama 1:26PM – 2:59PM
Rahu 8:48AM – 10:20AM

Chitra Until 3:13AM Sun
Shula* Until 5:52PM
Gara Until 11:08PM
Panchami Until 10:42AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 5:42AM
Sunset: 6:05PM

Yogyakarta, Indonesia
Sun 4 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 4
1st Phase

Devaloka Day

5

Sunday, February 12, 2023

Tula Rasi: 8.08 Tithi 21 – 22
963686577 Rahu
Creative Work Siddha Yoga
Until 3:52AM Mon
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 2:59PM – 4:32PM
Yama 11:53AM – 1:26PM
Rahu 4:32PM – 6:04PM

Svati Until 3:52AM Mon
Ganda* Until 5:06PM
Visti Until 11:29PM
Shashthi* Until 11:22AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Orange
Moon – Green
Magha*Thai

Sunrise: 5:42AM
Sunset: 6:04PM

Yogyakarta, Indonesia
Sun 5 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

Monday, February 13, 2023

Retreat Star

Tula Rasi: 21.04 Tithi 22 – 23
Family Home Evening 973686577 Rahu
Routine Work Marana Yoga
Until 4:08AM Tue
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:26PM – 2:59PM
Yama 10:21AM – 11:53AM
Rahu 7:15AM – 8:48AM

Vishakha Until 4:08AM Tue
Vridhhi Until 3:49PM
Balava Until 11:07PM
Saptami Until 11:22AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 5:42AM
Sunset: 6:04PM

Yogyakarta, Indonesia
Sun 6 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 6
Ashtami

Sivaloka Day

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 4.22 Tithi 23 – 24
973686577 Rahu
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gulika 11:53AM – 1:26PM
Yama 8:48AM – 10:21AM
Rahu 2:59PM – 4:31PM

Anuradha Until 3:32AM Wed
Dhruva Until 1:56PM
Tailila Until 10:02PM
Ashtami* Until 10:39AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Orange
Moon – Orange
Magha*Masi

Sunrise: 5:43AM
Sunset: 6:04PM

Yogyakarta, Indonesia
Sun 7 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 7
Navami

Sivaloka Day

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|-----------------------|---------------|-------------------------------------|--------------------------|--|-------------------------|--|-----------------------|
| 1 | | Wednesday, February 15, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Yogyakarta, Indonesia Sun 8 Sutra 304 Subhakrit 5124 | |
| Wrischika Rasi: 18.05 | Tithi 24 – 25 | Gulika | 10:21AM – 11:53AM | Jyeshtha* Until 2:05AM Thu | Ganesha: Clear | <i>Sunrise:</i> 5:43AM | |
| | | Yama | 7:15AM – 8:48AM | Vyaghata* Until 11:29AM | Muruqa: Purple | <i>Sunset:</i> 6:04PM | Moon 2 - Phase 42 - 8 |
| | | 973686577 Rahu | 11:53AM – 1:26PM | Vanija Until 8:13PM | Nataraja: Orange | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Navami* Until 9:11AM | Moon – Orange | | Sivaloka Day |
| | | | | | Magha•Masi | | |

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|--|---------------|------------------------------------|-------------------------|--|-------------------------|--|-----------------------|
| 2 | | Thursday, February 16, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau | | Yogyakarta, Indonesia Sun 9 Sutra 305 Subhakrit 5124 | |
| Dhanus Rasi: 2.14 | Tithi 25 – 26 | Gulika | 8:48AM – 10:21AM | Mula* Until 12:18AM Fri | Ganesha: White | <i>Sunrise:</i> 5:43AM | |
| | | Yama | 5:43AM – 7:16AM | Harshana Until 8:29AM | Muruqa: Purple | <i>Sunset:</i> 6:04PM | Moon 2 - Phase 42 - 9 |
| | | 983686577 Rahu | 1:26PM – 2:58PM | Balava Until 4:16AM Fri | Nataraja: Orange | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Dashami Until 7:02AM | Moon – Light Blue | | Devaloka Day |
| Until 12:18AM Fri | | | | | Magha•Masi | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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| 3 | | Friday, February 17, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvodashyam Titau | | Yogyakarta, Indonesia Sun 10 Sutra 306 Subhakrit 5124 | |
| Dhanus Rasi: 16.49 | Tithi 27 | Gulika | 7:16AM – 8:48AM | Purvashadha* Until 9:53PM | Ganesha: White | <i>Sunrise:</i> 5:43AM | |
| | | Yama | 2:58PM – 4:31PM | Siddhi Until 1:08AM Sat | Muruqa: Purple | <i>Sunset:</i> 6:03PM | Moon 2 - Phase 42 - 10 |
| | | 983686577 Rahu | 10:21AM – 11:53AM | Kaulava Until 2:43PM | Nataraja: Orange | | 2nd Phase |
| Routine Work | Prabalarishta Yoga | | | Dvadashi* Until 1:02AM Sat | Moon – Light Blue | | Devaloka Day |
| Until 9:53PM | | | | | Magha•Masi | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 4 | | Saturday, February 18, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau | | Yogyakarta, Indonesia Sun 11 Sutra 307 Subhakrit 5124 | |
| Makara Rasi: 1.44 | Tithi 28 | Gulika | 5:43AM – 7:16AM | Uttarashadha Until 6:59PM | Ganesha: White | <i>Sunrise:</i> 5:43AM | |
| | | Yama | 1:26PM – 2:58PM | Vyatipata* Until 9:01PM | Muruqa: Purple | <i>Sunset:</i> 6:03PM | Moon 2 - Phase 42 - 11 |
| | | 983686577 Rahu | 8:48AM – 10:21AM | Gara Until 11:19AM | Nataraja: Orange | | 2nd Phase |
| Routine Work | Marana Yoga | | | Trayodashi* Until 9:29PM | Moon – Light Blue | | Devaloka Day |
| Until 6:59PM | | | | | Magha•Masi | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| | | | | | <i>Pradosha Vrata (Fasting)</i> | | |

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| 5 | | Sunday, February 19, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyani/Parigha* Yoga Visti*/Caluspada* Karana Chaturdashi/Amavasyayam Titau | | Yogyakarta, Indonesia Sun 12 Sutra 308 Subhakrit 5124 | |
| Makara Rasi: 16.52 | Tithi 29 – 30 | Gulika | 2:58PM – 4:30PM | Shravana Until 4:11PM | Ganesha: Green | <i>Sunrise:</i> 5:43AM | |
| | | Yama | 11:53AM – 1:26PM | Variyan Until 4:45PM | Muruqa: Purple | <i>Sunset:</i> 6:03PM | Moon 2 - Phase 42 - 12 |
| | | 993686577 Rahu | 4:30PM – 6:03PM | Visti Until 7:40AM | Nataraja: Orange | | 2nd Phase |
| Creative Work | Amrita Yoga | | | Chaturdashi* Until 5:47PM | Moon – Purple | | Devaloka Day |
| Until 4:11PM | | | | | Magha•Masi | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|----------------------------------|--------------|-----------------------|------------------------|--|-------------------------|---|------------------------|
| Monday, February 20, 2023 | | Retreat Star | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Yogyakarta, Indonesia Sun 13 Sutra 309 Subhakrit 5124 | |
| Kumbha Rasi: 2.04 | Tithi 30 – 1 | Gulika | 1:25PM – 2:58PM | Dhanishtha Until 1:16PM | Ganesha: Green | <i>Sunrise:</i> 5:43AM | |
| Family Home Evening | | Yama | 10:21AM – 11:53AM | Parigha* Until 12:31PM | Muruqa: Purple | <i>Sunset:</i> 6:03PM | Moon 2 - Phase 42 - 13 |
| | | 993686577 Rahu | 7:16AM – 8:48AM | Kintughna Until 12:21AM Tue | Nataraja: Orange | | Amavasya |
| Creative Work | Siddha Yoga | | | Amavasya* Until 2:07PM | Moon – Purple | | Devaloka Day |
| | | | | | Magha•Masi | | |

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|-----------------------------------|-------------|-----------------------|-------------------------|--|-------------------------|---|------------------------|
| Tuesday, February 21, 2023 | | Retreat Star | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau | | Yogyakarta, Indonesia Sun 14 Sutra 310 Subhakrit 5124 | |
| Kumbha Rasi: 17.1 | Tithi 1 – 2 | Gulika | 11:53AM – 1:25PM | Shatabhishak Until 10:23AM | Ganesha: Green | <i>Sunrise:</i> 5:44AM | |
| | | Yama | 8:48AM – 10:21AM | Shiva Until 8:27AM | Muruqa: Purple | <i>Sunset:</i> 6:02PM | Moon 2 - Phase 42 - 14 |
| | | 993686577 Rahu | 2:58PM – 4:30PM | Balava Until 9:02PM | Nataraja: Orange | | Prathama |
| Routine Work | Marana Yoga | | | Prathama* Until 10:38AM | Moon – Purple | | Devaloka Day |
| | | | | | Phalgun•Masi | | |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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|---|-------------------------------------|-------------|--|---------------------------------------|-------------------------|------------------------|---|--|
| 1 | Wednesday, February 22, 2023 | | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadya Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau | | | | Yogyakarta, Indonesia Sun 15 Sutra 311 | |
| | Meena Rasi: 2 | Tithi 2 - 3 | Gulika 10:21AM - 11:53AM | Purvaproshtapada* Until 8:10AM | Ganesha: Red | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | | | Yama 7:16AM - 8:48AM | Sadhya Until 1:16AM Thu | Muruqa: Purple | <i>Sunset:</i> 6:02PM | Moon 2 - Phase 43 - 15 | |
| | | 913686577 | Rahu 11:53AM - 1:25PM | Taitila Until 6:11PM | Nataraja: Orange | | 3rd Phase | |
| Creative Work Amrita Yoga Until 8:10AM Then Creative Work - Siddha Yoga | | | Dvitiya Until 7:31AM | Phalguna-Masi | Sivaloka Day | | | |

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|---------------------------|------------------------------------|-----------|---|---------------------------------------|---------------------------|------------------------|---|--|
| 2 | Thursday, February 23, 2023 | | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Vanija/Visli* Karana Chaturthyam Titau | | | | Yogyakarta, Indonesia Sun 16 Sutra 312 | |
| | Meena Rasi: 16.27 | Tithi 4 | Gulika 8:48AM - 10:20AM | Uttaraproshtapada Until 6:21AM | Ganesha: Blue | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | | | Yama 5:44AM - 7:16AM | Subha Until 10:27PM | Muruqa: Purple | <i>Sunset:</i> 6:02PM | Moon 2 - Phase 43 - 16 | |
| | | 913786577 | Rahu 1:25PM - 2:57PM | Vanija Until 3:57PM | Nataraja: Orange | | 3rd Phase | |
| Creative Work Siddha Yoga | | | Chaturthi* Until 3:05AM Fri | Phalguna-Masi | Subha Sivaloka Day | | | |

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|---|----------------------------------|-----------|--|---------------------------------|-------------------------|------------------------|---|--|
| 3 | Friday, February 24, 2023 | | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau | | | | Yogyakarta, Indonesia Sun 17 Sutra 313 | |
| | Mesha Rasi: 0.26 | Tithi 5 | Gulika 7:16AM - 8:48AM | Ashvini Until 4:55AM Sat | Ganesha: Yellow | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | | | Yama 2:57PM - 4:29PM | Sukla Until 8:15PM | Muruqa: Purple | <i>Sunset:</i> 6:01PM | Moon 2 - Phase 43 - 17 | |
| | | 923786577 | Rahu 10:20AM - 11:53AM | Bava Until 2:28PM | Nataraja: Orange | | 3rd Phase | |
| Creative Work Amrita Yoga Until 4:55AM Sat Then Creative Work - Siddha Yoga | | | Panchami Until 2:02AM Sat | Phalguna-Masi | Sivaloka Day | | | |

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|---------------------------|------------------------------------|-----------|---|---------------------------------|-------------------------|------------------------|---|--|
| 4 | Saturday, February 25, 2023 | | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Yogyakarta, Indonesia Sun 18 Sutra 314 | |
| | Mesha Rasi: 13.55 | Tithi 6 | Gulika 5:44AM - 7:16AM | Bharani Until 5:27AM Sun | Ganesha: Yellow | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | | | Yama 1:25PM - 2:57PM | Brahma Until 6:44PM | Muruqa: Purple | <i>Sunset:</i> 6:01PM | Moon 2 - Phase 43 - 18 | |
| | | 923786577 | Rahu 8:48AM - 10:20AM | Kaulava Until 1:51PM | Nataraja: Orange | | 3rd Phase | |
| Creative Work Siddha Yoga | | | Shashthi* Until 1:50AM Sun | Phalguna-Masi | Sivaloka Day | | | |

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|---|----------------------------------|-----------|---|----------------------------------|-------------------------|------------------------|---|--|
| 5 | Sunday, February 26, 2023 | | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saplamyam Titau | | | | Yogyakarta, Indonesia Sun 19 Sutra 315 | |
| | Mesha Rasi: 26.57 | Tithi 7 | Gulika 2:56PM - 4:29PM | Krittika Until 6:39AM Mon | Ganesha: Blue | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | | | Yama 11:52AM - 1:24PM | Indra Until 5:55PM | Muruqa: Purple | <i>Sunset:</i> 6:01PM | Moon 2 - Phase 43 - 19 | |
| | | 924786577 | Rahu 4:29PM - 6:01PM | Gara Until 2:05PM | Nataraja: Orange | | 3rd Phase | |
| Creative Work Siddha Yoga Until 6:39AM Mon Then Creative Work - Amrita Yoga | | | Saptami Until 2:30AM Mon | Phalguna-Masi | Devaloka Day | | | |

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|----------------------------------|--|-----------|---|------------------------------|-------------------------|------------------------|---|--|
| Monday, February 27, 2023 | Retreat Star | | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Yogyakarta, Indonesia Sun 20 Sutra 316 | |
| | Vrishabha Rasi: 9.34 | Tithi 8 | Gulika 1:24PM - 2:56PM | Krittika Until 6:39AM | Ganesha: Blue | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | Family Home Evening | | Yama 10:20AM - 11:52AM | Vaidhriti* Until 5:41PM | Muruqa: Purple | <i>Sunset:</i> 6:00PM | Moon 2 - Phase 43 - 20 | |
| | Routine Work Marana Yoga Until 6:39AM | 924786577 | Rahu 7:16AM - 8:48AM | Visti Until 3:09PM | Nataraja: Orange | | Ashtami | |
| Then Creative Work - Amrita Yoga | | | Ashtami* Until 3:55AM Tue | Phalguna-Masi | Devaloka Day | | | |

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|---|-----------------------|-----------|---|----------------------------|-------------------------|------------------------|---|--|
| Tuesday, February 28, 2023 | Retreat Star | | Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamyam Titau | | | | Yogyakarta, Indonesia Sun 21 Sutra 317 | |
| | Vrishabha Rasi: 21.52 | Tithi 9 | Gulika 11:52AM - 1:24PM | Rohini Until 8:51AM | Ganesha: Yellow | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | | | Yama 8:48AM - 10:20AM | Vishkambha* Until 5:57PM | Muruqa: Purple | <i>Sunset:</i> 6:00PM | Moon 2 - Phase 43 - 21 | |
| | | 934786577 | Rahu 2:56PM - 4:28PM | Balava Until 4:52PM | Nataraja: Orange | | Navami | |
| Creative Work Amrita Yoga Until 8:51AM Then Creative Work - Siddha Yoga | | | Navami* Until 5:54AM Wed | Phalguna-Masi | Sivaloka Day | | | |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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|---------------------------|---------------------------------|----------|---|---------------------------------|-------------------------|------------------------|---|--|
| <h1>1</h1> | Wednesday, March 1, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti Yoga Taitila Karana Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 22 Sutra 318 Subhakrit 5124 | |
| | Mithuna Rasi: 3.57 | Tithi 10 | Gulika 10:20AM – 11:52AM | Mrigashira Until 11:24AM | Ganesha: Yellow | <i>Sunrise:</i> 5:44AM | | |
| | | | Yama 7:16AM – 8:48AM | Priti Until 6:34PM | Muruqa: Purple | <i>Sunset:</i> 5:59PM | Moon 2 - Phase 44 - 22 | |
| | | | 934786577 Rahu 11:52AM – 1:23PM | Taitila Until 7:04PM | Nataraja: Orange | | 4th Phase | |
| Creative Work Siddha Yoga | | | Dashami Until 8:15AM Thu | Moon – Yellow | | Sivaloka Day | | |
| | | | | Phalguna-Masi | | | | |

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|--|--------------------------------|---------------|---|---------------------------|-------------------------|------------------------|---|--|
| <h1>2</h1> | Thursday, March 2, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau | | | | Yogyakarta, Indonesia Sun 23 Sutra 319 Subhakrit 5124 | |
| | Mithuna Rasi: 15.53 | Tithi 10 – 11 | Gulika 8:48AM – 10:20AM | Ardra Until 2:06PM | Ganesha: Yellow | <i>Sunrise:</i> 5:44AM | | |
| | | | Yama 5:44AM – 7:16AM | Ayushman Until 7:22PM | Muruqa: Purple | <i>Sunset:</i> 5:59PM | Moon 2 - Phase 44 - 23 | |
| | | | 934786577 Rahu 1:23PM – 2:55PM | Vanija Until 9:31PM | Nataraja: Orange | | 4th Phase | |
| Routine Work Marana Yoga Until 2:06PM Then Creative Work - Amrita Yoga | | | Dashami Until 8:15AM | Moon – Yellow | | Sivaloka Day | | |
| | | | | Phalguna-Masi | | | | |

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|--|------------------------------|---------------|---|-------------------------------|-------------------------|------------------------|---|--|
| <h1>3</h1> | Friday, March 3, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Yogyakarta, Indonesia Sun 24 Sutra 320 Subhakrit 5124 | |
| | Mithuna Rasi: 27.46 | Tithi 11 – 12 | Gulika 7:16AM – 8:48AM | Punarvasu Until 5:14PM | Ganesha: White | <i>Sunrise:</i> 5:44AM | | |
| | | | Yama 2:55PM – 4:26PM | Saubhagya Until 8:14PM | Muruqa: Purple | <i>Sunset:</i> 5:59PM | Moon 2 - Phase 44 - 24 | |
| | | | 944786577 Rahu 10:19AM – 11:51AM | Bava Until 12:02AM Sat | Nataraja: Orange | | 4th Phase | |
| Creative Work Siddha Yoga Until 5:14PM Then Routine Work - Marana Yoga | | | Ekadashi Until 10:45AM | Moon – Blue | | Devaloka Day | | |
| | | | | Phalguna-Masi | | | | |

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| <h1>4</h1> | Saturday, March 4, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Yogyakarta, Indonesia Sun 25 Sutra 321 Subhakrit 5124 | |
| | Kataka Rasi: 9.38 | Tithi 12 – 13 | Gulika 5:44AM – 7:16AM | Pushya Until 8:10PM | Ganesha: White | <i>Sunrise:</i> 5:44AM | | |
| | | | Yama 1:23PM – 2:54PM | Sobhana Until 9:05PM | Muruqa: Purple | <i>Sunset:</i> 5:59PM | Moon 2 - Phase 44 - 25 | |
| | | | 944786577 Rahu 8:48AM – 10:19AM | Kaulava Until 2:28AM Sun | Nataraja: Orange | | 4th Phase | |
| Creative Work Siddha Yoga Until 8:10PM Then Routine Work - Marana Yoga | | | Dvadashi Until 1:15PM | Moon – Blue | | Devaloka Day | | |
| | | | | Phalguna-Masi | | | | |
| | | | | <i>Pradosha Vrata</i> | | | | |

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|---|------------------------------|---------------|---|--------------------------------|-------------------------|------------------------|---|--|
| <h1>5</h1> | Sunday, March 5, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Yogyakarta, Indonesia Sun 26 Sutra 322 Subhakrit 5124 | |
| | Kataka Rasi: 21.32 | Tithi 13 – 14 | Gulika 2:54PM – 4:26PM | Ashlesha* Until 10:47PM | Ganesha: White | <i>Sunrise:</i> 5:44AM | | |
| | | | Yama 11:51AM – 1:22PM | Athiganda* Until 9:47PM | Muruqa: Purple | <i>Sunset:</i> 5:57PM | Moon 2 - Phase 44 - 26 | |
| | | | 944786577 Rahu 4:26PM – 5:57PM | Gara Until 4:44AM Mon | Nataraja: Orange | | 4th Phase | |
| Creative Work Siddha Yoga Until 10:47PM Then Routine Work - Marana Yoga | | | Trayodashi Until 3:37PM | Moon – Blue | | Devaloka Day | | |
| | | | | Phalguna-Masi | | | | |

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|--|------------------------------|---------------|---|----------------------------------|-------------------------|------------------------|---|--|
| <h1>6</h1> | Monday, March 6, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Yogyakarta, Indonesia Sun 27 Sutra 323 Subhakrit 5124 | |
| | Simha Rasi: 3.31 | Tithi 14 – 15 | Gulika 1:22PM – 2:54PM | Magha* Until 1:31AM Tue | Ganesha: Clear | <i>Sunrise:</i> 5:44AM | | |
| | Family Home Evening | | Yama 10:19AM – 11:51AM | Sukarma Until 10:19PM | Muruqa: Purple | <i>Sunset:</i> 5:57PM | Moon 2 - Phase 44 - 27 | |
| | | | 154786577 Rahu 7:16AM – 8:47AM | Visti Until 6:45AM Tue | Nataraja: Orange | | 4th Phase | |
| Routine Work Marana Yoga Until 1:31AM Tue Then Creative Work - Siddha Yoga | | | Chidambaram Abhishekam | Chaturdashi* Until 5:45PM | Moon – Red | Sivaloka Day | | |
| | | | | Phalguna-Masi | | | | |

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|---|-------------------------------|----------|--|---------------------------------------|-------------------------|------------------------|--|--|
| <h1>○</h1> | Tuesday, March 7, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Visti*/Bava Karana Purnimayam Titau | | | | Yogyakarta, Indonesia Sutra 324 Subhakrit 5124 | |
| | Copper Retreat Star | | Gulika 11:50AM – 1:22PM | Purvaphalguni Until 3:48AM Wed | Ganesha: Clear | <i>Sunrise:</i> 5:44AM | | |
| | Simha Rasi: 15.35 | Tithi 15 | Yama 8:47AM – 10:19AM | Dhriti Until 10:40PM | Muruqa: Purple | <i>Sunset:</i> 5:57PM | Moon 2 - Phase 44 - | |
| | | | 154786577 Rahu 2:53PM – 4:25PM | Visti Until 6:45AM | Nataraja: Orange | | Purnima | |
| Creative Work Siddha Yoga Until 3:48AM Wed Then Creative Work - Amrita Yoga | | | Holi | Purnima* Until 7:38PM | Moon – Red | Sivaloka Day | | |
| | | | | Phalguna-Masi | | | | |

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|--|---------------------------------|----------|---|--|-------------------------|------------------------|--|--|
| <h1>○</h1> | Wednesday, March 8, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Yogyakarta, Indonesia Sutra 325 Subhakrit 5124 | |
| | Silver Retreat Star | | Gulika 10:19AM – 11:50AM | Uttaraphalguni Until 5:37AM Thu | Ganesha: Clear | <i>Sunrise:</i> 5:44AM | | |
| | Simha Rasi: 27.46 | Tithi 16 | Yama 7:16AM – 8:47AM | Shula* Until 10:44PM | Muruqa: Purple | <i>Sunset:</i> 5:56PM | Moon 2 - Phase 44 - | |
| | | | 154786577 Rahu 11:50AM – 1:22PM | Balava Until 8:28AM | Nataraja: Orange | | Prathama | |
| Creative Work Amrita Yoga Until 5:37AM Thu Then Routine Work - Marana Yoga | | | Prathama* Until 9:11PM | Moon – Red | | Sivaloka Day | | |
| | | | | Phalguna-Masi | | | | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Thursday, March 9, 2023
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Yogyakarta, Indonesia
Sun 1 Sutra 326
Subhakrit 5124
Moon 3 - Phase 45 - 1
1st Phase

Kanya Rasi: 10.06 Tithi 17
164786577
Routine Work Marana Yoga
Until 7:25AM Fri
Then Creative Work - Siddha Yoga

Gulika 8:47AM – 10:18AM
Yama 5:44AM – 7:15AM
Rahu 1:21PM – 2:53PM

Hasta **Until 7:25AM Fri**
Ganda* **Until 10:34PM**
Taitila **Until 9:52AM**
Dvitiya **Until 10:24PM**

Ganesha: White *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 5:56PM*
Nataraja: Orange
Moon – Green
Phalguna-Masi

Devaloka Day

1

Friday, March 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Yogyakarta, Indonesia
Sun 2 Sutra 327
Subhakrit 5124
Moon 3 - Phase 45 - 2
1st Phase

Kanya Rasi: 22.35 Tithi 18
165786577
Creative Work Amrita Yoga
Until 7:25AM
Then Creative Work - Siddha Yoga

Gulika 7:15AM – 8:47AM
Yama 2:52PM – 4:24PM
Rahu 10:18AM – 11:50AM

Hasta **Until 7:25AM**
Vriddhi **Until 10:07PM**
Vanija **Until 10:53AM**
Tritiya **Until 11:13PM**

Ganesha: Yellow *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 5:56PM*
Nataraja: Orange
Moon – Green
Phalguna-Masi

Sivaloka Day

2

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Yogyakarta, Indonesia
Sun 3 Sutra 328
Subhakrit 5124
Moon 3 - Phase 45 - 3
1st Phase

Tula Rasi: 5.14 Tithi 19
165786577
Routine Work Marana Yoga
Until 8:40AM
Then Creative Work - Siddha Yoga

Gulika 5:44AM – 7:15AM
Yama 1:21PM – 2:52PM
Rahu 8:47AM – 10:18AM

Chitra **Until 8:40AM**
Dhruva **Until 9:19PM**
Bava **Until 11:30AM**
Chaturthi* **Until 11:38PM**

Ganesha: Yellow *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 5:56PM*
Nataraja: Orange
Moon – Green
Phalguna-Masi

Sivaloka Day

3

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Yogyakarta, Indonesia
Sun 4 Sutra 329
Subhakrit 5124
Moon 3 - Phase 45 - 4
1st Phase

Tula Rasi: 18.05 Tithi 20
165786577
Creative Work Siddha Yoga
Until 9:21AM
Then Routine Work - Marana Yoga

Gulika 2:52PM – 4:23PM
Yama 11:49AM – 1:20PM
Rahu 4:23PM – 5:54PM

Svati **Until 9:21AM**
Vyaghata* **Until 8:11PM**
Kaulava **Until 11:41AM**
Panchami **Until 11:34PM**

Ganesha: Yellow *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 5:54PM*
Nataraja: Orange
Moon – Green
Phalguna-Masi

Sivaloka Day

4

Monday, March 13, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Yogyakarta, Indonesia
Sun 5 Sutra 330
Subhakrit 5124
Moon 3 - Phase 45 - 5
1st Phase

Vrischika Rasi: 1.11 Tithi 21
175786577
Family Home Evening
Routine Work Marana Yoga
Until 9:52AM
Then Creative Work - Siddha Yoga

Gulika 1:20PM – 2:51PM
Yama 10:18AM – 11:49AM
Rahu 7:15AM – 8:46AM

Vishakha **Until 9:52AM**
Harshana **Until 6:40PM**
Gara **Until 11:23AM**
Shashthi* **Until 11:01PM**

Ganesha: Blue *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 5:54PM*
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Subha Sivaloka Day

5

Tuesday, March 14, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Yogyakarta, Indonesia
Sun 6 Sutra 331
Subhakrit 5124
Moon 3 - Phase 45 - 6
1st Phase

Vrischika Rasi: 14.33 Tithi 22
175786577
Creative Work Siddha Yoga
Until 9:44AM
Then Routine Work - Marana Yoga

Gulika 11:49AM – 1:20PM
Yama 8:46AM – 10:17AM
Rahu 2:51PM – 4:22PM

Anuradha **Until 9:44AM**
Vajra* **Until 4:43PM**
Visti **Until 10:33AM**
Saptami **Until 9:56PM**

Ganesha: Blue *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 5:53PM*
Nataraja: Orange
Moon – Orange
Phalguna-Masi

Subha Sivaloka Day

D

Wednesday, March 15, 2023
Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yogyakarta, Indonesia
Sun 7 Sutra 332
Subhakrit 5124
Moon 3 - Phase 45 - 7
Ashtami

Vrischika Rasi: 28.13 Tithi 23
175786577
Creative Work Siddha Yoga
Until 8:56AM
Then Routine Work - Marana Yoga

Gulika 10:17AM – 11:48AM
Yama 7:15AM – 8:46AM
Rahu 11:48AM – 1:19PM

Jyeshtha* **Until 8:56AM**
Siddhi **Until 2:22PM**
Balava **Until 9:12AM**
Ashtami* **Until 8:19PM**

Ganesha: Blue *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 5:53PM*
Nataraja: Orange
Moon – Orange
Phalguna-Panguni

Subha Sivaloka Day

Karadaiyan Nombu (Tamil Nadu)

Thursday, March 16, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Yogyakarta, Indonesia
Sun 8 Sutra 333
Subhakrit 5124
Moon 3 - Phase 45 - 8
Navami

Dhanus Rasi: 12.11 Tithi 24
185786578
Creative Work Siddha Yoga

Gulika 8:46AM – 10:17AM
Yama 5:44AM – 7:15AM
Rahu 1:19PM – 2:50PM

Mula* **Until 7:55AM**
Vyatipata* **Until 11:37AM**
Taitila **Until 7:20AM**
Navami* **Until 6:12PM**

Ganesha: Red *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 5:52PM*
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni


Sivaloka Day

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|---------------------------------|--------------------|---|----------------------------------|--|------------------------|--|--|
| 1 | | Friday, March 17, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vistit*/Bava Karana Dashami/Ekadashyam Titau | | Yogyakarta, Indonesia Sun 9 Sutra 334 | |
| Dhanus Rasi: 26.29 | Tithi 25 – 26 | Gulika 7:15AM – 8:46AM | Purvashadha* Until 6:17AM | Ganesha: Red | <i>Sunrise:</i> 5:44AM | Subhakrit 5124 | |
| | | Yama 2:50PM – 4:21PM | Variyan Until 8:28AM | Muruqa: Purple | <i>Sunset:</i> 5:52PM | Moon 3 - Phase 46 - 9 | |
| | | 185786578 Rahu 10:17AM – 11:48AM | Bava Until 2:16AM Sat | Nataraja: Clear | | 2nd Phase | |
| Routine Work | Prabalarishta Yoga | | Dashami Until 3:39PM | Moon – Light Blue | | Sivaloka Day | |
| Until 6:17AM | | | | Phalguna•Panguni | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|---------------------------------|---------------|--|----------------------------------|---|------------------------|---|--|
| 2 | | Saturday, March 18, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Yogyakarta, Indonesia Sun 10 Sutra 335 | |
| Makara Rasi: 11.02 | Tithi 26 – 27 | Gulika 5:43AM – 7:14AM | Shravana Until 1:59AM Sun | Ganesha: Green | <i>Sunrise:</i> 5:43AM | Subhakrit 5124 | |
| | | Yama 1:18PM – 2:49PM | Shiva Until 1:23AM Sun | Muruqa: Purple | <i>Sunset:</i> 5:51PM | Moon 3 - Phase 46 - 10 | |
| | | 195786578 Rahu 8:45AM – 10:16AM | Kaulava Until 11:15PM | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Ekadashi* Until 12:46PM | Moon – Purple | | Subha Sivaloka Day | |
| Until 1:59AM Sun | | | | Phalguna•Panguni | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 3 | | Sunday, March 19, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau | | Yogyakarta, Indonesia Sun 11 Sutra 336 | |
| Makara Rasi: 25.47 | Tithi 27 – 28 | Gulika 2:49PM – 4:20PM | Dhanishtha Until 11:34PM | Ganesha: Green | <i>Sunrise:</i> 5:43AM | Subhakrit 5124 | |
| | | Yama 11:47AM – 1:18PM | Siddha Until 9:35PM | Muruqa: Clear | <i>Sunset:</i> 5:51PM | Moon 3 - Phase 46 - 11 | |
| | | 195796578 Rahu 4:20PM – 5:51PM | Gara Until 8:04PM | Nataraja: Clear | | 2nd Phase | |
| Routine Work | Marana Yoga | | Dvadashi* Until 9:39AM | Moon – Purple | | Sivaloka Day | |
| Until 11:34PM | | | | Phalguna•Panguni | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| <i>Pradosha Vrata (Fasting)</i> | | | | | | | |

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|---------------------------------|---------------|---------------------------------------|---------------------------------|---|------------------------|---|--|
| 4 | | Monday, March 20, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhisak Nakshatra Sadhya/Subha Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau | | Yogyakarta, Indonesia Sun 12 Sutra 337 | |
| Kumbha Rasi: 10.38 | Tithi 28 – 29 | Gulika 1:18PM – 2:49PM | Shatabhisak Until 9:01PM | Ganesha: Green | <i>Sunrise:</i> 5:43AM | Subhakrit 5124 | |
| Family Home Evening | | Yama 10:16AM – 11:47AM | Sadhya Until 5:49PM | Muruqa: Clear | <i>Sunset:</i> 5:50PM | Moon 3 - Phase 46 - 12 | |
| Creative Work | Siddha Yoga | 196896578 Rahu 7:14AM – 8:45AM | Sakuni Until 3:19AM Tue | Nataraja: Clear | | 2nd Phase | |
| Until 9:01PM | | | Trayodashi* Until 6:27AM | Moon – Purple | | Sivaloka Day | |
| Then Routine Work - Marana Yoga | | | | Phalguna•Panguni | | | |

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|  | | Tuesday, March 21, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Yogyakarta, Indonesia Sun 13 Sutra 338 | |
| Retreat Star | | Gulika 11:46AM – 1:17PM | Purvaproshtapada* Until 6:55PM | Ganesha: Orange | <i>Sunrise:</i> 5:43AM | Subhakrit 5124 | |
| Kumbha Rasi: 25.25 | Tithi 30 | Yama 8:45AM – 10:16AM | Subha Until 2:11PM | Muruqa: Clear | <i>Sunset:</i> 5:50PM | Moon 3 - Phase 46 - 13 | |
| | | 116896578 Rahu 2:48PM – 4:19PM | Catuspada Until 1:50PM | Nataraja: Clear | | Amavasya | |
| Routine Work | Marana Yoga | | Amavasya* Until 12:24AM Wed | Moon – Clear | | Devaloka Day | |
| Until 6:55PM | | | | Phalguna•Panguni | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| Retreat Star | | Wednesday, March 22, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau | | Yogyakarta, Indonesia Sun 14 Sutra 339 | |
| Retreat Star | | Gulika 10:15AM – 11:46AM | Uttaraproshtapada Until 5:01PM | Ganesha: Orange | <i>Sunrise:</i> 5:43AM | Subhakrit 5124 | |
| Meena Rasi: 10.02 | Tithi 1 | Yama 7:14AM – 8:45AM | Sukla Until 10:45AM | Muruqa: Clear | <i>Sunset:</i> 5:49PM | Moon 3 - Phase 46 - 14 | |
| | | 116896578 Rahu 11:46AM – 1:17PM | Kintughna Until 11:06AM | Nataraja: Clear | | Prathama | |
| Creative Work | Siddha Yoga | | Prathama* Until 9:52PM | Moon – Clear | | Devaloka Day | |
| Until 5:01PM | | Yugadhi | | Chaitra•Panguni | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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| 1 | | Thursday, March 23, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Yogyakarta, Indonesia Sun 15 Sutra 340 | |
| Meena Rasi: 24.21 | Tithi 2 | Gulika 8:44AM – 10:15AM | Revati Until 3:28PM | Ganesha: Orange | Sunrise: 5:43AM | Subhakit 5124 | |
| | | Yama 5:43AM – 7:14AM | Brahma Until 7:43AM | Muruqa: Clear | Sunset: 5:49PM | Moon 3 - Phase 47 - 15 | |
| | | 116896578 Rahu 1:17PM – 2:47PM | Balava Until 8:48AM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Dvitiya Until 7:51PM | Moon – Clear | | Devaloka Day | |
| Until 3:28PM | | | | Chaitra•Panguni | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 2 | | Friday, March 24, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau | | Yogyakarta, Indonesia Sun 16 Sutra 341 | |
| Mesha Rasi: 8.17 | Tithi 3 | Gulika 7:14AM – 8:44AM | Ashvini Until 2:50PM | Ganesha: Clear | Sunrise: 5:43AM | Subhakit 5124 | |
| | | Yama 2:47PM – 4:18PM | Vaidhriti* Until 3:10AM Sat | Muruqa: Clear | Sunset: 5:48PM | Moon 3 - Phase 47 - 16 | |
| | | 126896578 Rahu 10:15AM – 11:46AM | Taitila Until 7:06AM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Tritiya Until 6:30PM | Moon – White | | Devaloka Day | |
| Until 2:50PM | | Chellappaswami Mahasamadhi | | Chaitra•Panguni | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | | Saturday, March 25, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkamba* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau | | Yogyakarta, Indonesia Sun 17 Sutra 342 | |
| Mesha Rasi: 21.49 | Tithi 4 – 5 | Gulika 5:43AM – 7:13AM | Bharani Until 2:48PM | Ganesha: Clear | Sunrise: 5:43AM | Subhakit 5124 | |
| | | Yama 1:16PM – 2:47PM | Vishkamba* Until 1:48AM Sun | Muruqa: Clear | Sunset: 5:48PM | Moon 3 - Phase 47 - 17 | |
| | | 126896578 Rahu 8:44AM – 10:15AM | Vanija Until 6:07AM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Chaturthi* Until 5:54PM | Moon – White | | Devaloka Day | |
| Until 2:48PM | | | | Chaitra•Panguni | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 4 | | Sunday, March 26, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava Karana Panchamyam Titau | | Yogyakarta, Indonesia Sun 18 Sutra 343 | |
| Vrishabha Rasi: 4.54 | Tithi 5 | Gulika 2:46PM – 4:17PM | Krittika Until 3:22PM | Ganesha: Clear | Sunrise: 5:43AM | Subhakit 5124 | |
| | | Yama 11:45AM – 1:16PM | Priti Until 1:03AM Mon | Muruqa: Clear | Sunset: 5:47PM | Moon 3 - Phase 47 - 18 | |
| | | 126896578 Rahu 4:17PM – 5:47PM | Balava Until 6:05PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Panchami Until 6:05PM | Moon – White | | Devaloka Day | |
| | | | | Chaitra•Panguni | | | |

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| 5 | | Monday, March 27, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau | | Yogyakarta, Indonesia Sun 19 Sutra 344 | |
| Vrishabha Rasi: 17.37 | Tithi 6 | Gulika 1:15PM – 2:46PM | Rohini Until 4:59PM | Ganesha: Clear | Sunrise: 5:43AM | Subhakit 5124 | |
| Family Home Evening | | Yama 10:14AM – 11:45AM | Ayushman Until 12:50AM Tue | Muruqa: Clear | Sunset: 5:47PM | Moon 3 - Phase 47 - 19 | |
| | | 137896578 Rahu 7:13AM – 8:44AM | Kaulava Until 6:30AM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Shashthi* Until 7:02PM | Moon – Yellow | | Devaloka Day | |
| | | | | Chaitra•Panguni | | | |

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| 6 | | Tuesday, March 28, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau | | Yogyakarta, Indonesia Sun 20 Sutra 345 | |
| Mithuna Rasi: 0 | Tithi 7 | Gulika 11:44AM – 1:15PM | Mrigashira Until 7:05PM | Ganesha: Clear | Sunrise: 5:43AM | Subhakit 5124 | |
| | | Yama 8:43AM – 10:14AM | Saubhagya Until 1:07AM Wed | Muruqa: Clear | Sunset: 5:46PM | Moon 3 - Phase 47 - 20 | |
| | | 137896578 Rahu 2:45PM – 4:16PM | Gara Until 7:47AM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Saptami Until 8:38PM | Moon – Yellow | | Devaloka Day | |
| Until 7:05PM | | | | Chaitra•Panguni | | | |
| Then Routine Work - Marana Yoga | | | | | | | |


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| ☾ | | Wednesday, March 29, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau | | Yogyakarta, Indonesia Sun 21 Sutra 346 | |
| Retreat Star | | Gulika 10:14AM – 11:44AM | Ardra Until 9:30PM | Ganesha: Clear | Sunrise: 5:42AM | Subhakit 5124 | |
| Mithuna Rasi: 12.09 | Tithi 8 | Yama 7:13AM – 8:43AM | Sobhana Until 1:45AM Thu | Muruqa: Clear | Sunset: 5:46PM | Moon 3 - Phase 47 - 21 | |
| | | 137896578 Rahu 11:44AM – 1:14PM | Visti Until 9:39AM | Nataraja: Clear | | Ashtami | |
| Creative Work | Siddha Yoga | | Ashtami* Until 10:42PM | Moon – Yellow | | Devaloka Day | |
| | | | | Chaitra•Panguni | | | |

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|---------------------------------|-------------|---------------------------------------|------------------------------------|--|------------------------|---|--|
| ☽ | | Thursday, March 30, 2023 | | Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau | | Yogyakarta, Indonesia Sun 22 Sutra 347 | |
| Retreat Star | | Gulika 8:43AM – 10:13AM | Punarvasu Until 12:30AM Fri | Ganesha: White | Sunrise: 5:42AM | Subhakit 5124 | |
| Mithuna Rasi: 24.08 | Tithi 9 | Yama 5:42AM – 7:13AM | Athiganda* Until 2:32AM Fri | Muruqa: Clear | Sunset: 5:45PM | Moon 3 - Phase 47 - 22 | |
| | | 147896578 Rahu 1:14PM – 2:44PM | Balava Until 11:53AM | Nataraja: Clear | | Navami | |
| Creative Work | Amrita Yoga | | Navami* Until 1:03AM Fri | Moon – Blue | | Bhuloka Day | |
| Until 12:30AM Fri | | Sri Rama Navami | | Chaitra•Panguni | | Devaloka Time: 3:PM to 6:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

mes are standard time. Calculated for Yogyakarta, Indonesia on 5/

www.gurudeva.org/panchang

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|---|------------------------|------------------------------------|------------------------------|--|-----------------|---|----------------|------------------------------|
| 1 | | Friday, March 31, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dashamyam Titau | | Yogyakarta, Indonesia Sun 23 Sutra 348 Subhakrit 5124 | | |
| Kataka Rasi: 6.02 | Tithi 10 | Gulika 7:13AM – 8:43AM | Pushya Until 3:26AM Sat | Ganesha: White | Sunrise: 5:42AM | Muruga: Clear | Sunset: 5:45PM | Moon 3 - Phase 48 - 23 |
| 147896578 | Rahu 10:13AM – 11:43AM | Yama 2:44PM – 4:14PM | Sukarma Until 3:23AM Sat | Nataraja: Clear | | Moon – Blue | | 4th Phase |
| Routine Work | Marana Yoga | | Taitila Until 2:17PM | | | | | |
| | | | Dashami Until 3:29AM Sat | Chaitra•Panguni | | Bhuloka Day | | Devaloka Time: 3:PM to 6:PM |
| 2 | | Saturday, April 1, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau | | Yogyakarta, Indonesia Sun 24 Sutra 349 Subhakrit 5124 | | |
| Kataka Rasi: 17.56 | Tithi 11 | Gulika 5:42AM – 7:13AM | Ashlesha* Until 6:05AM Sun | Ganesha: White | Sunrise: 5:42AM | Muruga: Clear | Sunset: 5:45PM | Moon 3 - Phase 48 - 24 |
| 147896578 | Rahu 8:43AM – 10:13AM | Yama 1:14PM – 2:44PM | Dhriti Until 4:11AM Sun | Nataraja: Clear | | Moon – Blue | | 4th Phase |
| Routine Work | Marana Yoga | | Vanija Until 4:41PM | | | | | |
| | | Yogaswami Mahasamadhi | Ekadashi Until 5:48AM Sun | Chaitra•Panguni | | Bhuloka Day | | Devaloka Time: 3:PM to 6:PM |
| 3 | | Sunday, April 2, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Bava Karana Dvadashyam Titau | | Yogyakarta, Indonesia Sun 25 Sutra 350 Subhakrit 5124 | | |
| Kataka Rasi: 29.52 | Tithi 12 | Gulika 2:44PM – 4:14PM | Ashlesha* Until 6:05AM | Ganesha: Green | Sunrise: 5:42AM | Muruga: Clear | Sunset: 5:44PM | Moon 3 - Phase 48 - 25 |
| 148896578 | Rahu 4:14PM – 5:44PM | Yama 11:43AM – 1:13PM | Shula* Until 4:46AM Mon | Nataraja: Clear | | Moon – Blue | | 4th Phase |
| Creative Work | Siddha Yoga | | Bava Until 6:54PM | | | | | |
| Until 6:05AM | | | Dvadashi Until 7:52AM Mon | Chaitra•Panguni | | Bhuloka Day | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | | | | |
| 4 | | Monday, April 3, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Yogyakarta, Indonesia Sun 26 Sutra 351 Subhakrit 5124 | | |
| Simha Rasi: 11.53 | Tithi 12 – 13 | Gulika 1:13PM – 2:43PM | Magha* Until 8:50AM | Ganesha: Red | Sunrise: 5:42AM | Muruga: Clear | Sunset: 5:44PM | Moon 3 - Phase 48 - 26 |
| 158896578 | Rahu 7:12AM – 8:42AM | Yama 10:13AM – 11:43AM | Ganda* Until 5:06AM Tue | Nataraja: Clear | | Moon – Red | | 4th Phase |
| Family Home Evening | | | Kaulava Until 8:48PM | | | | | |
| Routine Work | Marana Yoga | | Dvadashi Until 7:52AM | Chaitra•Panguni | | Devaloka Day | | |
| Until 8:50AM | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |
| 5 | | Tuesday, April 4, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Yogyakarta, Indonesia Sun 27 Sutra 352 Subhakrit 5124 | | |
| Simha Rasi: 24.04 | Tithi 13 – 14 | Gulika 11:43AM – 1:13PM | Purvaphalguni Until 11:04AM | Ganesha: Red | Sunrise: 5:42AM | Muruga: Clear | Sunset: 5:43PM | Moon 3 - Phase 48 - 27 |
| 158896578 | Rahu 2:43PM – 4:13PM | Yama 8:42AM – 10:12AM | Vriddhi Until 5:07AM Wed | Nataraja: Clear | | Moon – Red | | 4th Phase |
| Creative Work | Siddha Yoga | | Gara Until 10:17PM | | | | | |
| Until 11:04AM | | | Trayodashi Until 9:34AM | Chaitra•Panguni | | Devaloka Day | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |
|  | | Wednesday, April 5, 2023 | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Yogyakarta, Indonesia Sutra 353 Subhakrit 5124 | | |
| Kanya Rasi: 6.25 | Tithi 14 – 15 | Gulika 10:12AM – 11:42AM | Uttaraphalguni Until 12:42PM | Ganesha: Red | Sunrise: 5:42AM | Muruga: Clear | Sunset: 5:43PM | Moon 3 - Phase 48 - Purnima |
| 158896578 | Rahu 11:42AM – 1:12PM | Yama 7:12AM – 8:42AM | Dhruva Until 4:44AM Thu | Nataraja: Clear | | Moon – Red | | |
| Creative Work | Amrita Yoga | | Visti Until 11:17PM | | | | | |
| Until 12:42PM | | | Chaturdashi* Until 10:50AM | Chaitra•Panguni | | Devaloka Day | | |
| Then Routine Work - Marana Yoga | | Panguni Uttiram Hanuman Jayanti | | | | | | |
| Thursday, April 6, 2023 | | Silver Retreat Star | | Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Yogyakarta, Indonesia Sutra 354 Subhakrit 5124 | | |
| Kanya Rasi: 18.59 | Tithi 15 – 16 | Gulika 8:42AM – 10:12AM | Hasta Until 2:11PM | Ganesha: Blue | Sunrise: 5:42AM | Muruga: Clear | Sunset: 5:42PM | Moon 3 - Phase 48 - Prathama |
| 168896578 | Rahu 1:12PM – 2:42PM | Yama 5:42AM – 7:12AM | Vyaghata* Until 4:00AM Fri | Nataraja: Clear | | Moon – Green | | |
| Routine Work | Marana Yoga | | Balava Until 11:49PM | | | | | |
| Until 2:11PM | | | Purnima* Until 11:36AM | Chaitra•Panguni | | Bhuloka Day | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Siddha Yoga | | | | | | | | |



Friday, April 7, 2023
Gold Retreat Star

Tula Rasi: 1.46 Tithi 16 – 17

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 7:12AM – 8:42AM
Yama 2:42PM – 4:12PM
168896578 **Rahu** 10:12AM – 11:42AM

Chitra **Until 3:03PM**
Harshana **Until 2:54AM Sat**
Taitila **Until 11:51PM**
Prathama* Until 11:52AM

Ganesha: Blue *Sunrise: 5:42AM*
Muruqa: Clear *Sunset: 5:42PM*
Nataraja: Clear
Moon – Green
Chaitra*Panguni

Yogyakarta, Indonesia
Sutra 355
Subhakrit 5124
Moon 4 - Phase 49 -
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Saturday, April 8, 2023

Tula Rasi: 14.47 Tithi 17 – 18

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 5:42AM – 7:12AM
Yama 1:11PM – 2:41PM
168896578 **Rahu** 8:42AM – 10:11AM

Svati **Until 3:18PM**
Vajra* **Until 1:26AM Sun**
Vanija **Until 11:27PM**
Dvitiya **Until 11:41AM**

Ganesha: Blue *Sunrise: 5:42AM*
Muruqa: Clear *Sunset: 5:41PM*
Nataraja: Clear
Moon – Green
Chaitra*Panguni

Yogyakarta, Indonesia
Sun 1 Sutra 356
Subhakrit 5124
Moon 4 - Phase 49 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Sunday, April 9, 2023

Tula Rasi: 28.02 Tithi 18 – 19

Routine Work Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:41PM – 4:11PM
Yama 11:41AM – 1:11PM
179896578 **Rahu** 4:11PM – 5:41PM

Vishakha **Until 3:28PM**
Siddhi **Until 11:40PM**
Bava **Until 10:40PM**
Tritiya **Until 11:05AM**

Ganesha: Red *Sunrise: 5:42AM*
Muruqa: Clear *Sunset: 5:41PM*
Nataraja: Clear
Moon – Orange
Chaitra*Panguni

Yogyakarta, Indonesia
Sun 2 Sutra 357
Subhakrit 5124
Moon 4 - Phase 49 - 2
1st Phase

Devaloka Day

3

Monday, April 10, 2023

Vrischika Rasi: 11.29 Tithi 19 – 20

Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:11PM – 2:41PM
Yama 10:11AM – 11:41AM
179896578 **Rahu** 7:11AM – 8:41AM

Anuradha **Until 3:07PM**
Vyatipata* **Until 9:38PM**
Kaulava **Until 9:30PM**
Chaturthi* Until 10:06AM

Ganesha: Red *Sunrise: 5:41AM*
Muruqa: Clear *Sunset: 5:40PM*
Nataraja: Clear
Moon – Orange
Chaitra*Panguni

Yogyakarta, Indonesia
Sun 3 Sutra 358
Subhakrit 5124
Moon 4 - Phase 49 - 3
1st Phase

Devaloka Day

4

Tuesday, April 11, 2023

Vrischika Rasi: 25.09 Tithi 20 – 21

Routine Work Marana Yoga
Until 2:17PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:41AM – 1:10PM
Yama 8:41AM – 10:11AM
179896578 **Rahu** 2:40PM – 4:10PM

Jyeshtha* **Until 2:17PM**
Variyan **Until 7:19PM**
Gara **Until 8:02PM**
Panchami **Until 8:47AM**

Ganesha: Red *Sunrise: 5:41AM*
Muruqa: Clear *Sunset: 5:40PM*
Nataraja: Clear
Moon – Orange
Chaitra*Panguni

Yogyakarta, Indonesia
Sun 4 Sutra 359
Subhakrit 5124
Moon 4 - Phase 49 - 4
1st Phase

Devaloka Day

5

Wednesday, April 12, 2023

Dhanus Rasi: 8.59 Tithi 21 – 22

Routine Work Marana Yoga
Until 1:28PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:11AM – 11:40AM
Yama 7:11AM – 8:41AM
189896578 **Rahu** 11:40AM – 1:10PM

Mula* **Until 1:28PM**
Parigha* **Until 4:47PM**
Visti **Until 6:16PM**
Shashthi* **Until 7:10AM**

Ganesha: Green *Sunrise: 5:41AM*
Muruqa: Clear *Sunset: 5:39PM*
Nataraja: Clear
Moon – Light Blue
Chaitra*Panguni

Yogyakarta, Indonesia
Sun 5 Sutra 360
Subhakrit 5124
Moon 4 - Phase 49 - 5
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Thursday, April 13, 2023
Retreat Star

Dhanus Rasi: 22.59 Tithi 23

Creative Work Siddha Yoga
Until 12:14PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:41AM – 10:10AM
Yama 5:41AM – 7:11AM
189996578 **Rahu** 1:10PM – 2:39PM

Purvashadha* **Until 12:14PM**
Shiva **Until 2:04PM**
Balava **Until 4:15PM**
Ashtami* **Until 3:09AM Fri**

Ganesha: White *Sunrise: 5:41AM*
Muruqa: Clear *Sunset: 5:39PM*
Nataraja: Clear
Moon – Light Blue
Chaitra*Panguni

Yogyakarta, Indonesia
Sun 6 Sutra 361
Subhakrit 5124
Moon 4 - Phase 49 - 6
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, April 14, 2023

Retreat Star

Makara Rasi: 7.09 Tithi 24

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Gulika 7:11AM – 8:40AM
Yama 2:39PM – 4:09PM
189996578 **Rahu** 10:10AM – 11:40AM

Chidambaram Abhishekam
Tamil New Year

Uttarashadha **Until 10:39AM**
Siddha **Until 11:08AM**
Taitila **Until 2:01PM**
Navami* **Until 12:49AM Sat**

Ganesha: White *Sunrise: 5:41AM*
Muruqa: Clear *Sunset: 5:38PM*
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Yogyakarta, Indonesia
Sun 7 Sutra 362
Sobhana 5125
Moon 4 - Phase 49 - 7
Navami


Bhuloka Day
Devaloka Time: 3:PM to 6:PM

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|----------|----------------------------------|------------------------------|---|-------------------------------------|--|----------------------|-----------------------|--|
| 1 | Saturday, April 15, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Makara Rasi: 21.26 Tithi 25 | | Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Sun 8 Sutra 363 | |
| | 299996578 | | Gulika 5:41AM – 7:11AM | Shravana Until 9:10AM | Ganesha: White <i>Sunrise:</i> 5:41AM | Sobhana 5125 | | |
| | Creative Work Siddha Yoga | | Yama 1:09PM – 2:39PM | Sadhya Until 8:05AM | Muruqa: Clear <i>Sunset:</i> 5:38PM | Moon 4 - Phase 1 - 8 | | |
| | | Rahu 8:40AM – 10:10AM | Vanija Until 11:38AM | Nataraja: Clear | 2nd Phase | | | |
| | | | Dashami Until 10:22PM | Moon – Purple | Bhuloka Day | | | |
| | | | | Chaitra*Chaitra | Devaloka Time: 3:PM to 6:PM | | | |

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|----------------------------------|---------------------------------|-----------------------------|---|---------------------------------------|--|----------------------|-----------------------|--|
| 2 | Sunday, April 16, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Kumbha Rasi: 5.47 Tithi 26 | | Dhanishtha/Shalabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 9 Sutra 364 | |
| | 299996578 | | Gulika 2:38PM – 4:08PM | Dhanishtha Until 7:26AM | Ganesha: White <i>Sunrise:</i> 5:41AM | Sobhana 5125 | | |
| | Routine Work Marana Yoga | | Yama 11:39AM – 1:09PM | Sukla Until 1:46AM Mon | Muruqa: Clear <i>Sunset:</i> 5:38PM | Moon 4 - Phase 1 - 9 | | |
| Until 7:26AM | | Rahu 4:08PM – 5:38PM | Bava Until 9:08AM | Nataraja: Clear | 2nd Phase | | | |
| Then Creative Work - Siddha Yoga | | | Ekadashi* Until 7:51PM | Moon – Purple | Bhuloka Day | | | |
| | | | | Chaitra*Chaitra | Devaloka Time: 3:PM to 6:PM | | | |

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|----------------------------------|--------------------------------------|-----------------------------|--|--|---|-----------------------|-----------------------|--|
| 3 | Monday, April 17, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Kumbha Rasi: 20.1 Tithi 27 – 28 | | Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau | | | | Sun 10 Sutra 1 | |
| | 211996578 | | Gulika 1:09PM – 2:38PM | Purvaproshtapada* Until 4:01AM Tue | Ganesha: Orange <i>Sunrise:</i> 5:41AM | Sobhana 5125 | | |
| | Family Home Evening | | Yama 10:10AM – 11:39AM | Brahma Until 10:39PM | Muruqa: Clear <i>Sunset:</i> 5:37PM | Moon 4 - Phase 1 - 10 | | |
| Routine Work Marana Yoga | | Rahu 7:10AM – 8:40AM | Kaulava Until 6:37AM | Nataraja: Clear | 2nd Phase | | | |
| Until 4:01AM Tue | | | Dvadashi* Until 5:22PM | Moon – Clear | Devaloka Day | | | |
| Then Creative Work - Amrita Yoga | | | | Chaitra*Chaitra | | | | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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|---------------------------------|------------------------------------|-----------------------------|---|--|---|-----------------------|-----------------------|--|
| 4 | Tuesday, April 18, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Meena Rasi: 4.3 Tithi 28 – 29 | | Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Sun 11 Sutra 2 | |
| | 211996578 | | Gulika 11:39AM – 1:08PM | Uttaraproshtapada Until 2:32AM Wed | Ganesha: Orange <i>Sunrise:</i> 5:41AM | Sobhana 5125 | | |
| | Creative Work Amrita Yoga | | Yama 8:40AM – 10:09AM | Indra Until 7:40PM | Muruqa: Clear <i>Sunset:</i> 5:37PM | Moon 4 - Phase 1 - 11 | | |
| Until 2:32AM Wed | | Rahu 2:38PM – 4:07PM | Visti Until 1:57AM Wed | Nataraja: Clear | 2nd Phase | | | |
| Then Routine Work - Marana Yoga | | | Trayodashi* Until 3:01PM | Moon – Clear | Devaloka Day | | | |
| | | | | Chaitra*Chaitra | | | | |

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|---|--------------------------------------|------------------------------|--|--|---|--------------|---------------------------------------|--|
|  | Wednesday, April 19, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Retreat Star | | Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Sun 12 Sutra 3 | |
| | Meena Rasi: 18.41 Tithi 29 – 30 | | Gulika 10:09AM – 11:39AM | | | | Revati Until 1:14AM Thu | |
| | 211996578 | | Yama 7:10AM – 8:40AM | Vaidhriti* Until 4:54PM | Ganesha: Orange <i>Sunrise:</i> 5:41AM | Sobhana 5125 | | |
| Routine Work Marana Yoga | | Rahu 11:39AM – 1:08PM | Catuspada Until 12:02AM Thu | Muruqa: Clear <i>Sunset:</i> 5:36PM | Moon 4 - Phase 1 - 12 | | | |
| Until 1:14AM Thu | | | Chaturdashi* Until 12:55PM | Nataraja: Clear | Amavasya | | | |
| Then Creative Work - Amrita Yoga | | | | Moon – Clear | Devaloka Day | | | |
| | | | | Chaitra*Chaitra | | | | |

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|----------------------------------|-----------------------------------|-----------------------------|--|---|--|-----------------------|-----------------------|--|
| Retreat Star | Thursday, April 20, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | Yogyakarta, Indonesia | |
| | Mesha Rasi: 2.4 Tithi 30 – 1 | | Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Sun 13 Sutra 4 | |
| | 221996578 | | Gulika 8:40AM – 10:09AM | Ashvini Until 12:39AM Fri | Ganesha: Clear <i>Sunrise:</i> 5:41AM | Sobhana 5125 | | |
| | Creative Work Amrita Yoga | | Yama 5:41AM – 7:10AM | Vishkambha* Until 2:28PM | Muruqa: Clear <i>Sunset:</i> 5:36PM | Moon 4 - Phase 1 - 13 | | |
| Until 12:39AM Fri | | Rahu 1:08PM – 2:37PM | Kintughna Until 10:32PM | Nataraja: Clear | Prathama | | | |
| Then Creative Work - Siddha Yoga | | | Amavasya* Until 11:12AM | Moon – White | Devaloka Day | | | |
| | | | | Vaisaka*Chaitra | | | | |

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|----------------------------------|-------------|---|------------------------------------|---|------------------------|--|--|
| 1 | | Friday, April 21, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Yogyakarta, Indonesia Sun 14 Sutra 5 | |
| Mesha Rasi: 16.21 | Tithi 1 – 2 | Gulika 7:10AM – 8:39AM | Bharani Until 12:28AM Sat | Ganesha: Clear | Sunrise: 5:41AM | Sobhana 5125 | |
| | | Yama 2:37PM – 4:06PM | Priti Until 12:27PM | Muruqa: Clear | Sunset: 5:35PM | Moon 4 - Phase 2 - 14 | |
| | | 221996578 Rahu 10:09AM – 11:38AM | Balava Until 9:35PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Prathama* Until 9:58AM | Moon – White | | Devaloka Day | |
| Until 12:28AM Sat | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |
| 2 | | Saturday, April 22, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Yogyakarta, Indonesia Sun 15 Sutra 6 | |
| Mesha Rasi: 29.43 | Tithi 2 – 3 | Gulika 5:41AM – 7:10AM | Krittika Until 12:44AM Sun | Ganesha: Clear | Sunrise: 5:41AM | Sobhana 5125 | |
| | | Yama 1:07PM – 2:36PM | Ayushman Until 10:53AM | Muruqa: Clear | Sunset: 5:35PM | Moon 4 - Phase 2 - 15 | |
| | | 221996578 Rahu 8:39AM – 10:09AM | Taitila Until 9:15PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Dvitiya Until 9:19AM | Moon – White | | Devaloka Day | |
| Until 12:44AM Sun | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| 3 | | Sunday, April 23, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Yogyakarta, Indonesia Sun 16 Sutra 7 | |
| Visshabha Rasi: 12.44 | Tithi 3 – 4 | Gulika 2:36PM – 4:05PM | Rohini Until 1:58AM Mon | Ganesha: Orange | Sunrise: 5:41AM | Sobhana 5125 | |
| | | Yama 11:38AM – 1:07PM | Saubhagya Until 9:51AM | Muruqa: Clear | Sunset: 5:35PM | Moon 4 - Phase 2 - 16 | |
| | | 231996578 Rahu 4:05PM – 5:35PM | Vanija Until 9:35PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Tritiya Until 9:19AM | Moon – Yellow | | Devaloka Day | |
| Until 1:58AM Mon | | Akshaya Tritiya | | Vaisaka-Chaitra | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |
| 4 | | Monday, April 24, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Yogyakarta, Indonesia Sun 17 Sutra 8 | |
| Visshabha Rasi: 25.26 | Tithi 4 – 5 | Gulika 1:07PM – 2:36PM | Mrigashira Until 3:40AM Tue | Ganesha: Orange | Sunrise: 5:41AM | Sobhana 5125 | |
| Family Home Evening | | Yama 10:08AM – 11:38AM | Sobhana Until 9:20AM | Muruqa: Clear | Sunset: 5:34PM | Moon 4 - Phase 2 - 17 | |
| Creative Work | Amrita Yoga | 231996578 Rahu 7:10AM – 8:39AM | Bava Until 10:34PM | Nataraja: Clear | | 3rd Phase | |
| Until 3:40AM Tue | | Adi Sankara Jayanthi | Chaturthi* Until 9:59AM | Moon – Yellow | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Vaisaka-Chaitra | | | |
| 5 | | Tuesday, April 25, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Yogyakarta, Indonesia Sun 18 Sutra 9 | |
| Mithuna Rasi: 7.51 | Tithi 5 – 6 | Gulika 11:37AM – 1:06PM | Ardra Until 5:44AM Wed | Ganesha: Orange | Sunrise: 5:41AM | Sobhana 5125 | |
| | | Yama 8:39AM – 10:08AM | Athiganda* Until 9:17AM | Muruqa: Clear | Sunset: 5:34PM | Moon 4 - Phase 2 - 18 | |
| | | 231996579 Rahu 2:36PM – 4:05PM | Kaulava Until 12:07AM Wed | Nataraja: Purple | | 3rd Phase | |
| Routine Work | Marana Yoga | | Panchami Until 11:15AM | Moon – Yellow | | Sivaloka Day | |
| Until 5:44AM Wed | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| 6 | | Wednesday, April 26, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Yogyakarta, Indonesia Sun 19 Sutra 10 | |
| Mithuna Rasi: 20.02 | Tithi 6 – 7 | Gulika 10:08AM – 11:37AM | Punarvasu Until 8:31AM Thu | Ganesha: Green | Sunrise: 5:41AM | Sobhana 5125 | |
| | | Yama 7:10AM – 8:39AM | Sukarma Until 9:38AM | Muruqa: Clear | Sunset: 5:34PM | Moon 4 - Phase 2 - 19 | |
| | | 241996579 Rahu 11:37AM – 1:06PM | Gara Until 2:06AM Thu | Nataraja: Purple | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 1:02PM | Moon – Blue | | Subha Sivaloka Day | |
| Until 8:31AM Thu | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |
| Retreat Star | | Thursday, April 27, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Yogyakarta, Indonesia Sun 20 Sutra 11 | |
| Kataka Rasi: 2.04 | Tithi 7 – 8 | Gulika 8:39AM – 10:08AM | Punarvasu Until 8:31AM | Ganesha: Red | Sunrise: 5:41AM | Sobhana 5125 | |
| | | Yama 5:41AM – 7:10AM | Dhriti Until 10:18AM | Muruqa: Clear | Sunset: 5:33PM | Moon 4 - Phase 2 - 20 | |
| | | 242996579 Rahu 1:06PM – 2:35PM | Visti Until 4:21AM Fri | Nataraja: Purple | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Saptami Until 3:11PM | Moon – Blue | | Sivaloka Day | |
| | | | | Vaisaka-Chaitra | | | |
| Retreat Star | | Friday, April 28, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Yogyakarta, Indonesia Sun 21 Sutra 12 | |
| Kataka Rasi: 14 | Tithi 8 – 9 | Gulika 7:10AM – 8:39AM | Pushya Until 11:21AM | Ganesha: Red | Sunrise: 5:41AM | Sobhana 5125 | |
| | | Yama 2:35PM – 4:04PM | Shula* Until 11:06AM | Muruqa: Clear | Sunset: 5:33PM | Moon 4 - Phase 2 - 21 | |
| | | 242996579 Rahu 10:08AM – 11:37AM | Balava Until 6:42AM Sat | Nataraja: Purple | | Ashtami | |
| Routine Work | Marana Yoga | | Ashtami* Until 5:30PM | Moon – Blue | | Sivaloka Day | |
| | | | | Vaisaka-Chaitra | | | |
| Retreat Star | | Saturday, April 29, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau | | Yogyakarta, Indonesia Sun 22 Sutra 13 | |
| Kataka Rasi: 25.55 | Tithi 9 | Gulika 5:41AM – 7:10AM | Ashlesha* Until 2:03PM | Ganesha: Red | Sunrise: 5:41AM | Sobhana 5125 | |
| | | Yama 1:06PM – 2:35PM | Ganda* Until 11:57AM | Muruqa: Clear | Sunset: 5:33PM | Moon 4 - Phase 2 - 22 | |
| | | 242996579 Rahu 8:39AM – 10:08AM | Balava Until 6:42AM | Nataraja: Purple | | Navami | |
| Routine Work | Marana Yoga | | Navami* Until 7:49PM | Moon – Blue | | Sivaloka Day | |
| Until 2:03PM | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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|----------------------------------|-------------|---|-----------------------------|-------------------------|------------------------|--|--|
| 1 Sunday, April 30, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau | | | | Yogyakarta, Indonesia Sun 23 Sutra 14 | |
| Simha Rasi: 7.51 | Tithi 10 | Gulika 2:34PM – 4:03PM | Magha* Until 4:56PM | Ganesha: Blue | <i>Sunrise:</i> 5:41AM | Sobhana 5125 | |
| | | Yama 11:36AM – 1:05PM | Vriddhi Until 12:42PM | Muruqa: Clear | <i>Sunset:</i> 5:32PM | Moon 4 - Phase 3 - 23 | |
| | | 252996579 Rahu 4:03PM – 5:32PM | Taitila Until 8:55AM | Nataraja: Purple | | 4th Phase | |
| Routine Work | Marana Yoga | | Dashami Until 9:55PM | Moon – Red | | Devaloka Day | |
| Until 4:56PM | | | | Vaisaka*Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 Monday, May 1, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Yogyakarta, Indonesia Sun 24 Sutra 15 | |
| Simha Rasi: 19.55 | Tithi 11 | Gulika 1:05PM – 2:34PM | Purvaphalguni Until 7:17PM | Ganesha: Blue | <i>Sunrise:</i> 5:41AM | Sobhana 5125 | |
| Family Home Evening | | Yama 10:07AM – 11:36AM | Dhruva Until 1:10PM | Muruqa: Clear | <i>Sunset:</i> 5:32PM | Moon 4 - Phase 3 - 24 | |
| | | 252996579 Rahu 7:10AM – 8:38AM | Vanija Until 10:51AM | Nataraja: Purple | | 4th Phase | |
| Creative Work | Siddha Yoga | | Ekadashi Until 11:38PM | Moon – Red | | Devaloka Day | |
| | | | | Vaisaka*Chaitra | | | |

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| 3 Tuesday, May 2, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau | | | | Yogyakarta, Indonesia Sun 25 Sutra 16 | |
| Kanya Rasi: 2.08 | Tithi 12 | Gulika 11:36AM – 1:05PM | Uttaraphalguni Until 9:00PM | Ganesha: Blue | <i>Sunrise:</i> 5:41AM | Sobhana 5125 | |
| | | Yama 8:38AM – 10:07AM | Vyaghata* Until 1:17PM | Muruqa: Clear | <i>Sunset:</i> 5:31PM | Moon 4 - Phase 3 - 25 | |
| | | 252996579 Rahu 2:34PM – 4:03PM | Bava Until 12:19PM | Nataraja: Purple | | 4th Phase | |
| Creative Work | Amrita Yoga | | Dvadashi Until 12:48AM Wed | Moon – Red | | Devaloka Day | |
| Until 9:00PM | | | | Vaisaka*Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 Wednesday, May 3, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Yogyakarta, Indonesia Sun 26 Sutra 17 | |
| Kanya Rasi: 14.37 | Tithi 13 | Gulika 10:07AM – 11:36AM | Hasta Until 10:27PM | Ganesha: Yellow | <i>Sunrise:</i> 5:41AM | Sobhana 5125 | |
| | | Yama 7:10AM – 8:38AM | Harshana Until 12:58PM | Muruqa: Clear | <i>Sunset:</i> 5:31PM | Moon 4 - Phase 3 - 26 | |
| | | 262996579 Rahu 11:36AM – 1:05PM | Kaulava Until 1:11PM | Nataraja: Purple | | 4th Phase | |
| Routine Work | Marana Yoga | | Trayodashi Until 1:22AM Thu | Moon – Green | | Sivaloka Day | |
| Until 10:27PM | | | | Vaisaka*Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata</i> | | | | |

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| 5 Thursday, May 4, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Yogyakarta, Indonesia Sun 27 Sutra 18 | |
| Kanya Rasi: 27.22 | Tithi 14 | Gulika 8:38AM – 10:07AM | Chitra Until 11:07PM | Ganesha: Yellow | <i>Sunrise:</i> 5:41AM | Sobhana 5125 | |
| | | Yama 5:41AM – 7:10AM | Vajra* Until 12:07PM | Muruqa: Clear | <i>Sunset:</i> 5:31PM | Moon 4 - Phase 3 - 27 | |
| | | 262996579 Rahu 1:05PM – 2:33PM | Gara Until 1:26PM | Nataraja: Purple | | 4th Phase | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 1:18AM Fri | Moon – Green | | Sivaloka Day | |
| Until 11:07PM | | | | Vaisaka*Chaitra | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| Friday, May 5, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Yogyakarta, Indonesia Sutra 19 | |
| Copper Retreat Star | | Gulika 7:10AM – 8:38AM | Svati Until 11:02PM | Ganesha: Yellow | <i>Sunrise:</i> 5:41AM | Sobhana 5125 | |
| Tula Rasi: 10.26 | Tithi 15 | Yama 2:33PM – 4:02PM | Siddhi Until 10:48AM | Muruqa: Clear | <i>Sunset:</i> 5:31PM | Moon 4 - Phase 3 - | |
| | | 262996579 Rahu 10:07AM – 11:36AM | Visti Until 1:03PM | Nataraja: Purple | | Purnima | |
| Creative Work | Siddha Yoga | | Purnima* Until 12:37AM Sat | Moon – Green | | Sivaloka Day | |
| | | | | Vaisaka*Chaitra | | | |
| | | Budha Purnima (Tamil Nadu) | | | | | |

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| Saturday, May 6, 2023 | | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Yogyakarta, Indonesia Sutra 20 | |
| Silver Retreat Star | | Gulika 5:41AM – 7:10AM | Vishakha Until 10:43PM | Ganesha: White | <i>Sunrise:</i> 5:41AM | Sobhana 5125 | |
| Tula Rasi: 23.49 | Tithi 16 | Yama 1:04PM – 2:33PM | Vyatipata* Until 9:01AM | Muruqa: Clear | <i>Sunset:</i> 5:30PM | Moon 4 - Phase 3 - | |
| | | 272996579 Rahu 8:38AM – 10:07AM | Balava Until 12:05PM | Nataraja: Purple | | Prathama | |
| Creative Work | Siddha Yoga | | Prathama* Until 11:24PM | Moon – Orange | | Devaloka Day | |
| | | | | Vaisaka*Chaitra | | | |