



**Thursday, April 25, 2024**  
**Gold Retreat Star**

		Krodhin Nama Samvatsare Uтарыyene Nartana Ritau Mesho Mase Krishna Pakohe Guru Vasara Yuktayam Vishaka Nakshatra Vyatipata* Yoga Kaulava/Tailia Karana Prathamam/Dvityayam Titau				Chennai, India Sutra 10 Krodhin 5126
Tula Rasi: 22.43	Tithi 16 - 17	<b>Gulika</b> 8:59AM - 10:33AM	<b>Vishaka Until 2:25AM Fri</b>	<b>Ganesha: Clear</b> Sunrise: 5:51AM		
		Yama 5:51AM - 7:25AM	Vyatipata* Until 4:54AM Fri	<b>Muruga: Purple</b> Sunset: 6:29PM	Moon 4 - Phase 2 -	1st Phase
Creative Work	Siddha Yoga	273657579 <b>Rahu</b> 1:41PM - 3:15PM	Tailia Until 7:24PM	<b>Nataraja: Purple</b>		
			<b>Prathama* Until 6:49AM</b>	Moon - Orange	<b>Subha Sivaloka Day</b>	
				<b>Chaitra-Chaitra</b>		

**1 Friday, April 26, 2024**

		Krodhin Nama Samvatsare Uтарыyene Nartana Ritau Mesho Mase Krishna Pakohe Sukra Vasara Yuktayam Anuradha Nakshatra Varjany Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau				Chennai, India Sutra 11 Krodhin 5126
Wisshika Rasi: 5.12	Tithi 17 - 18	<b>Gulika</b> 7:25AM - 8:59AM	<b>Anuradha Until 3:40AM Sat</b>	<b>Ganesha: White</b> Sunrise: 5:51AM		
		Yama 3:15PM - 4:50PM	Varjany Until 4:19AM Sat	<b>Muruga: Purple</b> Sunset: 6:24PM	Moon 4 - Phase 2 - 1	1st Phase
Creative Work	Siddha Yoga	273657579 <b>Rahu</b> 10:33AM - 12:07PM	Vanija Until 8:09PM	<b>Nataraja: Purple</b>		
			<b>Dvitiya Until 7:49AM</b>	Moon - Orange	<b>Sivaloka Day</b>	
				<b>Chaitra-Chaitra</b>		

**2 Saturday, April 27, 2024**

		Krodhin Nama Samvatsare Uтарыyene Nartana Ritau Mesho Mase Krishna Pakohe Menta Vasara Yuktayam Vishaka Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau				Chennai, India Sutra 12 Krodhin 5126
Wisshika Rasi: 17.54	Tithi 18 - 19	<b>Gulika</b> 5:50AM - 7:24AM	<b>Jyeshtha* Until 4:19AM Sun</b>	<b>Ganesha: White</b> Sunrise: 5:50AM		
		Yama 1:41PM - 3:15PM	Parigha* Until 3:23AM Sun	<b>Muruga: Purple</b> Sunset: 6:24PM	Moon 4 - Phase 2 - 2	1st Phase
Creative Work	Siddha Yoga	273657579 <b>Rahu</b> 8:59AM - 10:33AM	Bava Until 8:27PM	<b>Nataraja: Purple</b>		
Until 4:19AM Sun			<b>Tritiya Until 8:20AM</b>	Moon - Orange	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Chaitra-Chaitra</b>		

**3 Sunday, April 28, 2024**

		Krodhin Nama Samvatsare Uтарыyene Nartana Ritau Mesho Mase Krishna Pakohe Bhanu Vasara Yuktayam Mula* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamayam Titau				Chennai, India Sutra 13 Krodhin 5126
Dhanus Rasi: 0.49	Tithi 19 - 20	<b>Gulika</b> 3:15PM - 4:50PM	<b>Mula* Until 4:50AM Mon</b>	<b>Ganesha: Yellow</b> Sunrise: 5:50AM		
		Yama 12:07PM - 1:41PM	Shiva Until 2:06AM Mon	<b>Muruga: Purple</b> Sunset: 6:24PM	Moon 4 - Phase 2 - 3	1st Phase
Creative Work	Amrita Yoga	283657579 <b>Rahu</b> 4:50PM - 6:24PM	Kaulava Until 8:17PM	<b>Nataraja: Purple</b>		
Until 4:50AM Mon			<b>Chaturthi* Until 8:24AM</b>	Moon - Light Blue	<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra-Chaitra</b>		

**4 Monday, April 29, 2024**

		Krodhin Nama Samvatsare Uтарыyene Nartana Ritau Mesho Mase Krishna Pakohe Indu Vasara Yuktayam Purvashadha* Nakshatra Siddha Yoga Tailia/Gara Karana Panchami/Shashthayam Titau				Chennai, India Sutra 14 Krodhin 5126
Dhanus Rasi: 13.58	Tithi 20 - 21	<b>Gulika</b> 1:41PM - 3:15PM	<b>Purvashadha* Until 4:44AM Tue</b>	<b>Ganesha: Yellow</b> Sunrise: 5:49AM		
<b>Family Home Evening</b>		Yama 10:32AM - 12:07PM	Siddha Until 12:26AM Tue	<b>Muruga: Purple</b> Sunset: 6:24PM	Moon 4 - Phase 2 - 4	1st Phase
Routine Work	Marana Yoga	283657579 <b>Rahu</b> 7:24AM - 8:58AM	Gara Until 7:39PM	<b>Nataraja: Purple</b>		
Until 4:44AM Tue			<b>Panchami Until 8:00AM</b>	Moon - Light Blue	<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishtha Yoga				<b>Chaitra-Chaitra</b>		

**5 Tuesday, April 30, 2024**

		Krodhin Nama Samvatsare Uтарыyene Nartana Ritau Mesho Mase Krishna Pakohe Mangala Vasara Yuktayam Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Septamayam Titau				Chennai, India Sutra 15 Krodhin 5126
Dhanus Rasi: 27.22	Tithi 21 - 22	<b>Gulika</b> 12:07PM - 1:41PM	<b>Uttarashadha Until 4:04AM Wed</b>	<b>Ganesha: Yellow</b> Sunrise: 5:49AM		
		Yama 8:58AM - 10:32AM	Sadya Until 10:26PM	<b>Muruga: Purple</b> Sunset: 6:24PM	Moon 4 - Phase 2 - 5	1st Phase
Routine Work	Prabalarishtha Yoga	283657579 <b>Rahu</b> 3:15PM - 4:50PM	Visti Until 6:35PM	<b>Nataraja: Purple</b>		
Until 4:04AM Wed			<b>Shashthi* Until 7:09AM</b>	Moon - Light Blue	<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra-Chaitra</b>		

**Wednesday, May 1, 2024**

		Krodhin Nama Samvatsare Uтарыyene Nartana Ritau Mesho Mase Krishna Pakohe Budha Vasara Yuktayam Shravana Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamayam Titau				Chennai, India Sutra 16 Krodhin 5126
Makara Rasi: 11.01	Tithi 23	<b>Gulika</b> 10:32AM - 12:06PM	<b>Shravana Until 3:15AM Thu</b>	<b>Ganesha: Blue</b> Sunrise: 5:48AM		
		Yama 7:23AM - 8:57AM	Subha Until 8:05PM	<b>Muruga: Purple</b> Sunset: 6:25PM	Moon 4 - Phase 2 - 6	Ashtami
Creative Work	Siddha Yoga	293657579 <b>Rahu</b> 12:06PM - 1:41PM	Balava Until 5:04PM	<b>Nataraja: Purple</b>		
			<b>Ashtami* Until 4:08AM Thu</b>	Moon - Purple	<b>Sivaloka Day</b>	
				<b>Chaitra-Chaitra</b>		

**Thursday, May 2, 2024**

		Krodhin Nama Samvatsare Uтарыyene Nartana Ritau Mesho Mase Krishna Pakohe Guru Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Tailia/Gara Karana Navamayam Titau				Chennai, India Sutra 17 Krodhin 5126
Makara Rasi: 24.56	Tithi 24	<b>Gulika</b> 8:57AM - 10:32AM	<b>Dhanishtha Until 1:53AM Fri</b>	<b>Ganesha: Blue</b> Sunrise: 5:48AM		
		Yama 5:48AM - 7:23AM	Sukla Until 5:22PM	<b>Muruga: Purple</b> Sunset: 6:25PM	Moon 4 - Phase 2 - 7	Navami
Creative Work	Siddha Yoga	293657579 <b>Rahu</b> 1:41PM - 3:16PM	Tailia Until 3:08PM	<b>Nataraja: Purple</b>		
			<b>Navami* Until 1:59AM Fri</b>	Moon - Purple	<b>Sivaloka Day</b>	
				<b>Chaitra-Chaitra</b>		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1</b>	<b>Friday, May 3, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Меша Маса Крішна Пакоше Сукра Васара Уктыяям Шабдшішак Nakshatra Brahma/Indra Yoga Vanja/Visti* Karana Dashamyam Titau				Chennai, India
	Kumbha Rasi: 9.06	Tithi 25	<b>Gulika</b> 7:22AM – 8:57AM Yama 3:16PM – 4:50PM Rahu 10:32AM – 12:06PM	<b>Shatabhishak</b> Untill 12:01AM Sat Brahma Untill 2:22PM Vanija Untill 12:48PM Dashami Untill 11:30PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Purple Chaitra-Chaitra	Sunrise: 5:49AM Sunset: 6:29PM	Sun 8 Sutra 18 Krodhin 5126 Moon 4 - Phase 3 - 8 2nd Phase
	Creative Work	Siddha Yoga	293657579				Sivaloka Day
Untill 12:01AM Sat Then Routine Work - Marana Yoga							

<b>2</b>	<b>Saturday, May 4, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Меша Маса Крішна Пакоше Марта Васара Уктыяям Puvaprosrothapada* Nakshatra Indra/Vaidhrini* Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India
	Kumbha Rasi: 23.31	Tithi 26	<b>Gulika</b> 5:47AM – 7:22AM Yama 1:41PM – 3:16PM Rahu 8:57AM – 10:31AM	<b>Puvaprosrothapada*</b> Untill 10:09PM Indra Untill 11:06AM Bava Untill 10:09AM Ekadashi* Untill 8:43PM	<b>Ganesh:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Clear Chaitra-Chaitra	Sunrise: 5:47AM Sunset: 6:29PM	Sun 9 Sutra 19 Krodhin 5126 Moon 4 - Phase 3 - 9 2nd Phase
	Routine Work	Marana Yoga	213657579				Sivaloka Day
Untill 10:09PM Then Routine Work - Siddha Yoga							

<b>3</b>	<b>Sunday, May 5, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Меша Маса Крішна Пакоше Шрау Васара Уктыяям Uttaraprosrothapada Nakshatra Vaidhrini*/Vishkamba* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Meena Rasi: 8.07	Tithi 27 – 28	<b>Gulika</b> 3:16PM – 4:51PM Yama 12:06PM – 1:41PM Rahu 4:51PM – 6:25PM	<b>Uttaraprosrothapada</b> Untill 7:57PM Vaidhrini* Untill 7:37AM Kaulava Untill 7:15AM Dvadashi* Untill 5:44PM	<b>Ganesh:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Clear Chaitra-Chaitra	Sunrise: 5:47AM Sunset: 6:29PM	Sun 10 Sutra 20 Krodhin 5126 Moon 4 - Phase 3 - 10 2nd Phase
	Creative Work	Amrita Yoga	213657579				Sivaloka Day
Pradosha Vrata (Fasting)							

<b>4</b>	<b>Monday, May 6, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Меша Маса Крішна Пакоше Инду Васара Уктыяям Revati/Ashvini Nakshatra Priti Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Chennai, India
	Meena Rasi: 22.49	Tithi 28 – 29	<b>Gulika</b> 1:41PM – 3:16PM Yama 10:31AM – 12:06PM Rahu 7:21AM – 8:56AM	<b>Revati</b> Untill 5:33PM Priti Untill 12:27AM Tue Visti Untill 1:10AM Tue Trayodashi* Untill 2:40PM	<b>Ganesh:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – Clear Chaitra-Chaitra	Sunrise: 5:46AM Sunset: 6:29PM	Sun 11 Sutra 21 Krodhin 5126 Moon 4 - Phase 3 - 11 2nd Phase
	Family Home Evening	Siddha Yoga	213657579				Sivaloka Day
Creative Work							

<b>●</b>	<b>Tuesday, May 7, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Меша Маса Крішна Пакоше Mangala Vasara Уктыяям Ashvini(Bharani Nakshatra Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Chennai, India
	Mesha Rasi: 7.31	Tithi 29 – 30	<b>Gulika</b> 12:06PM – 1:41PM Yama 8:56AM – 10:31AM Rahu 3:16PM – 4:51PM	<b>Ashvini</b> Untill 3:30PM Ayushman Untill 8:55PM Catuspada Untill 10:14PM Chaturdashi* Untill 11:40AM	<b>Ganesh:</b> Green <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – White Chaitra-Chaitra	Sunrise: 5:46AM Sunset: 6:29PM	Sun 12 Sutra 22 Krodhin 5126 Moon 4 - Phase 3 - 12 Amavasya
	Creative Work	Siddha Yoga	223657579				Sivaloka Day

<b>●</b>	<b>Wednesday, May 8, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Меша Маса Суліа Пакоше Budha Vasara Уктыяям Bharani/Kritika Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Chennai, India
	Mesha Rasi: 22.07	Tithi 30 – 1	<b>Gulika</b> 10:31AM – 12:06PM Yama 7:21AM – 8:56AM Rahu 12:06PM – 1:41PM	<b>Bharani</b> Untill 1:31PM Saubhagya Untill 5:37PM Kintughna Untill 7:33PM Amavasya* Untill 8:50AM	<b>Ganesh:</b> Green <b>Muruga:</b> Purple <b>Nataraja:</b> Purple Moon – White Vaisaka-Chaitra	Sunrise: 5:46AM Sunset: 6:29PM	Sun 13 Sutra 23 Krodhin 5126 Moon 4 - Phase 3 - 13 Prathama
	Creative Work	Siddha Yoga	223657579				Sivaloka Day
Untill 1:31PM Then Creative Work - Amrita Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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## 1 Thursday, May 9, 2024

Wishabha Rasi: 6.31 Tithi 1 – 2  
Routine Work Marana Yoga

Krodhin Nama Samvat sare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Guru Vasara Yukhtayam  
Kritika Rohini Nakshatra Sobhana/Ahiganda\* Yoga Bava/Kaulava Karana Prathamam/Dviyayam Titau  
**Gulika 8:56AM – 10:31AM**  
Yama 5:45AM – 7:20AM  
Rahu 1:41PM – 3:16PM

**Kritika Until 11:45AM**  
Sobhana Until 2:39PM  
Kaulava Until 4:18AM Fri  
**Prathama\* Until 6:20AM**

**Ganesh:** Green  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon – White  
**Vaisaka-Chaitra**

Chennai, India Sun 14 Subra 24  
Krodhin 5:16  
Moon 4 - Phase 4 - 14  
3rd Phase

**Sivaloka Day**

## 2 Friday, May 10, 2024

Wishabha Rasi: 20.34 Tithi 3  
Routine Work Marana Yoga  
Until 10:45AM  
Then Creative Work - Siddha Yoga

Krodhin Nama Samvat sare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Sutra Vasara Yukhtayam  
Rohini/Mrigashira Nakshatra Ahiganda\*/Sukama Yoga Talita/Gara Karana Chaturthayam Titau  
**Gulika 7:20AM – 8:55AM**  
Yama 3:16PM – 4:51PM  
Rahu 10:31AM – 12:06PM

**Rohini Until 10:45AM**  
Ahiganda\* Until 12:04PM  
Talita Until 3:31PM  
**Tritiya Until 2:51AM Sat**

**Ganesh:** White  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon – Yellow  
**Vaisaka-Chaitra**

Chennai, India Sun 15 Subra 25  
Krodhin 5:16  
Moon 4 - Phase 4 - 15  
3rd Phase

**Sivaloka Day**

## 3 Saturday, May 11, 2024

Mithuna Rasi: 4.16 Tithi 4  
Creative Work Siddha Yoga

Krodhin Nama Samvat sare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Mantra Vasara Yukhtayam  
Mithuna/Mrigashira Nakshatra Ahiganda\*/Sukama Dhrivi Yoga Vanija/Visti\* Karana Chaturthayam Titau  
**Gulika 5:45AM – 7:20AM**  
Yama 1:41PM – 3:16PM  
Rahu 8:55AM – 10:31AM

**Mrigashira Until 10:15AM**  
Sukama Until 10:02AM  
Vanija Until 2:24PM  
**Chaturthi\* Until 2:06AM Sun**

**Ganesh:** Clear  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon – Yellow  
**Vaisaka-Chaitra**

Chennai, India Sun 16 Subra 26  
Krodhin 5:16  
Moon 4 - Phase 4 - 16  
3rd Phase

**Subha Sivaloka Day**

## 4 Sunday, May 12, 2024

Mithuna Rasi: 17.34 Tithi 5  
Creative Work Siddha Yoga

Krodhin Nama Samvat sare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Eharu Vasara Yukhtayam  
Mithuna/Ardra Nakshatra Sukama/Dhrivi/Shula\* Yoga Bava/Balava Karana Panchamam Titau  
**Gulika 3:16PM – 4:52PM**  
Yama 12:06PM – 1:41PM  
Rahu 4:52PM – 6:27PM

**Ardra Until 10:18AM**  
Dhrivi Until 8:34AM  
Bava Until 2:02PM  
**Panchami Until 2:07AM Mon**

**Ganesh:** Clear  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon – Yellow  
**Vaisaka-Chaitra**

Chennai, India Sun 17 Subra 27  
Krodhin 5:16  
Moon 4 - Phase 4 - 17  
3rd Phase

**Subha Sivaloka Day**

## 5 Monday, May 13, 2024

Kataka Rasi: 0.28 Tithi 6  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 11:25AM  
Then Creative Work - Siddha Yoga

Krodhin Nama Samvat sare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Shula\*/Ganda\* Yoga Kaulava/Talita Karana Saptamam Titau  
**Gulika 1:41PM – 3:16PM**  
Yama 10:30AM – 12:05PM  
Rahu 7:20AM – 8:55AM

**Punarvasu Until 11:25AM**  
Shula\* Until 7:42AM  
Kaulava Until 2:26PM  
**Shashthi\* Until 2:53AM Tue**

**Ganesh:** Purple  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon – Blue  
**Vaisaka-Chaitra**

Chennai, India Sun 18 Subra 28  
Krodhin 5:16  
Moon 4 - Phase 4 - 18  
3rd Phase

**Subha Subha Sivaloka Day**

## 6 Tuesday, May 14, 2024

Kataka Rasi: 13 Tithi 7  
Creative Work Siddha Yoga

Krodhin Nama Samvat sare Uтарыяне Nartana Ritau Wishabha Mase Sukla Paksha Mangala Vasara Yukhtayam  
Punarvasu/Ashlesha\* Nakshatra Ganda\*/Viddhi Yoga Gara/Vanija Karana Saptamam Titau  
**Gulika 12:06PM – 1:41PM**  
Yama 8:55AM – 10:30AM  
Rahu 3:17PM – 4:52PM

**Pushya Until 1:06PM**  
Ganda\* Until 7:26AM  
Gara Until 3:34PM  
**Saptami Until 4:22AM Wed**

**Ganesh:** Purple  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon – Blue  
**Vaisaka-Vaikasi**

Chennai, India Sun 19 Subra 29  
Krodhin 5:16  
Moon 4 - Phase 4 - 19  
3rd Phase

**Subha Subha Sivaloka Day**

## Wednesday, May 15, 2024

**Retreat Star**  
Kataka Rasi: 25.15 Tithi 8  
Creative Work Siddha Yoga

Krodhin Nama Samvat sare Uтарыяне Nartana Ritau Wishabha Mase Sukla Paksha Budha Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Viddhi/Dhruva Yoga Visti\*/Bava Karana Ashtamam Titau  
**Gulika 10:30AM – 12:06PM**  
Yama 7:19AM – 8:55AM  
Rahu 12:06PM – 1:41PM

**Ashlesha\* Until 3:15PM**  
Viddhi Until 7:42AM  
Visti Until 5:20PM  
**Ashtami\* Until 6:24AM Thu**

**Ganesh:** Purple  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon – Blue  
**Vaisaka-Vaikasi**

Chennai, India Sun 20 Subra 30  
Krodhin 5:16  
Moon 4 - Phase 4 - 20  
Ashtami

**Subha Subha Sivaloka Day**

## Thursday, May 16, 2024

**Retreat Star**  
Simha Rasi: 7.16 Tithi 8 – 9  
Creative Work Amrita Yoga  
Until 6:12PM  
Then Creative Work - Siddha Yoga

Krodhin Nama Samvat sare Uтарыяне Nartana Ritau Wishabha Mase Sukla Paksha Guru Vasara Yukhtayam  
Magha\* Nakshatra Dhruva/Vyeghata\* Yoga Bava/Balava Karana Ashtami/Navamam Titau  
**Gulika 8:55AM – 10:30AM**  
Yama 5:44AM – 7:19AM  
Rahu 1:41PM – 3:17PM

**Magha\* Until 6:12PM**  
Dhruva Until 8:21AM  
Balava Until 7:35PM  
**Ashtami\* Until 6:24AM**

**Ganesh:** Clear  
**Muruga:** Purple  
**Nataraja:** Purple  
Moon – Red  
**Vaisaka-Vaikasi**

Chennai, India Sun 21 Subra 31  
Krodhin 5:16  
Moon 4 - Phase 4 - 21  
Navami

**Subha Sivaloka Day**

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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<b>1 Friday, May 17, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Vasara Yuktayam Purvaphalguni Nakshatra Vyaghat/Harshana Yoga Kaulava/Tatila Karana Navami/Dashamam Titau				Chennai, India Sun 22	Sutra 32 Krodhin 5126
Simha Rasi: 19.08	Tithi 9 – 10	<b>Gulika</b> 7:19AM – 8:55AM	<b>Purvaphalguni Until 9:16PM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:43AM		
		<b>Yama</b> 3:17PM – 4:53PM	<b>Vyaghat*</b> Until 9:18AM	<b>Muruga:</b> Purple	Sunset: 6:29PM	Moon 4 - Phase 5 - 22	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 10:30AM – 12:06PM	<b>Tatila Until 10:06PM</b>	<b>Nataraja:</b> Purple			
			<b>Navami* Until 8:48AM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>
				<b>Vaisaka-Vaikasi</b>			
<b>2 Saturday, May 18, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Manva Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chennai, India Sun 23	Sutra 33 Krodhin 5126
Kanya Rasi: 0.57	Tithi 10 – 11	<b>Gulika</b> 5:43AM – 7:19AM	<b>Uttaraphalguni Until 12:11AM Sun</b>	<b>Ganesha:</b> Purple	Sunrise: 5:43AM		
		<b>Yama</b> 1:41PM – 3:17PM	<b>Harshana Until 10:22AM</b>	<b>Muruga:</b> Purple	Sunset: 6:29PM	Moon 4 - Phase 5 - 23	4th Phase
Routine Work	Marana Yoga	<b>Rahu</b> 8:54AM – 10:30AM	<b>Vanija Until 12:38AM Sun</b>	<b>Nataraja:</b> Purple			
Until 12:11AM Sun			<b>Dashami Until 11:21AM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Vaisaka-Vaikasi</b>			
<b>3 Sunday, May 19, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Bharu Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 24	Sutra 34 Krodhin 5126
Kanya Rasi: 12.47	Tithi 11 – 12	<b>Gulika</b> 3:17PM – 4:53PM	<b>Hasta Until 3:15AM Mon</b>	<b>Ganesha:</b> Clear	Sunrise: 5:43AM		
		<b>Yama</b> 12:06PM – 1:42PM	<b>Vajra* Until 11:21AM</b>	<b>Muruga:</b> Purple	Sunset: 6:29PM	Moon 4 - Phase 5 - 24	4th Phase
Creative Work	Amrita Yoga	<b>Rahu</b> 4:53PM – 6:29PM	<b>Bava Until 2:59AM Mon</b>	<b>Nataraja:</b> Purple			
Until 3:15AM Mon			<b>Ekadashi Until 1:50PM</b>	<b>Moon – Green</b>			<b>Subha Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Vaisaka-Vaikasi</b>			
<b>4 Monday, May 20, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Indu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyaghat* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 25	Sutra 35 Krodhin 5126
Kanya Rasi: 24.41	Tithi 12 – 13	<b>Gulika</b> 1:42PM – 3:17PM	<b>Chitra Until 5:47AM Tue</b>	<b>Ganesha:</b> Clear	Sunrise: 5:43AM		
<b>Family Home Evening</b>		<b>Yama</b> 10:30AM – 12:06PM	<b>Siddhi Until 12:08PM</b>	<b>Muruga:</b> Purple	Sunset: 6:29PM	Moon 4 - Phase 5 - 25	4th Phase
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 7:19AM – 8:54AM	<b>Kaulava Until 4:56AM Tue</b>	<b>Nataraja:</b> Purple			
Until 5:47AM Tue			<b>Dvadashi Until 4:00PM</b>	<b>Moon – Green</b>			<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Vaisaka-Vaikasi</b>			
				<b>Pradosha Vata</b>			
<b>5 Tuesday, May 21, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam Svali Nakshatra Vyaghat*/Varijan Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 26	Sutra 36 Krodhin 5126
Tula Rasi: 6.46	Tithi 13 – 14	<b>Gulika</b> 12:06PM – 1:42PM	<b>Svali Until 7:39AM Wed</b>	<b>Ganesha:</b> Clear	Sunrise: 5:43AM		
		<b>Yama</b> 8:54AM – 10:30AM	<b>Vyaghat* Until 12:37PM</b>	<b>Muruga:</b> Purple	Sunset: 6:29PM	Moon 4 - Phase 5 - 26	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 3:18PM – 4:54PM	<b>Gara Until 6:23AM Wed</b>	<b>Nataraja:</b> Purple			
			<b>Trayodashi Until 5:43PM</b>	<b>Moon – Green</b>			<b>Subha Sivaloka Day</b>
				<b>Vaisaka-Vaikasi</b>			
<b>6 Wednesday, May 22, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Budha Vasara Yuktayam Svali/Vishakha Nakshatra Varijan*/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India Sun 27	Sutra 37 Krodhin 5126
Tula Rasi: 19.03	Tithi 14	<b>Gulika</b> 10:30AM – 12:06PM	<b>Svali Until 7:39AM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:42AM		
		<b>Yama</b> 7:18AM – 8:54AM	<b>Varijan Until 12:38PM</b>	<b>Muruga:</b> Purple	Sunset: 6:30PM	Moon 4 - Phase 5 - 27	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 12:06PM – 1:42PM	<b>Gara Until 6:23AM</b>	<b>Nataraja:</b> Purple			
				<b>Moon – Green</b>			<b>Subha Sivaloka Day</b>
		<b>Vaikasi Visakam</b>	<b>Chaturdashi* Until 6:52PM</b>	<b>Vaisaka-Vaikasi</b>			
<b>Thursday, May 23, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Chennai, India Sun 28	Sutra 38 Krodhin 5126
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:54AM – 10:30AM	<b>Vishakha Until 9:17AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:42AM		
Vischika Rasi: 1.35	Tithi 15	<b>Yama</b> 5:42AM – 7:18AM	<b>Parigha* Until 12:14PM</b>	<b>Muruga:</b> Purple	Sunset: 6:30PM	Moon 4 - Phase 5 - 27	Purnima
Creative Work	Siddha Yoga	<b>Rahu</b> 1:42PM – 3:18PM	<b>Visti Until 7:15AM</b>	<b>Nataraja:</b> Purple			
			<b>Purnima* Until 7:27PM</b>	<b>Moon – Orange</b>			<b>Subha Sivaloka Day</b>
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka-Vaikasi</b>			
<b>Friday, May 24, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Krishna Paksha Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamam Titau				Chennai, India Sun 29	Sutra 39 Krodhin 5126
Vischika Rasi: 14.23	Tithi 16	<b>Gulika</b> 7:18AM – 8:54AM	<b>Anuradha Until 10:13AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:42AM		
		<b>Yama</b> 3:18PM – 4:54PM	<b>Shiva Until 11:23AM</b>	<b>Muruga:</b> Purple	Sunset: 6:30PM	Moon 4 - Phase 5 - 27	Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 10:30AM – 12:06PM	<b>Balava Until 7:33AM</b>	<b>Nataraja:</b> Purple			
Until 10:13AM			<b>Prathama* Until 7:29PM</b>	<b>Moon – Orange</b>			<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Vaisaka-Vaikasi</b>			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of his knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Chennai, India on 7/10/23

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**Saturday, May 25, 2024****Gold Retreat Star**

Wischka Rasi: 27.26 Tithi 17  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Месе Крішна Пакоха Марта Васара Yuktayam  
 Jyeshtha\* Mula\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvityayam Titau Sun 1  
**Gulika 5:42AM – 7:18AM** **Jyeshtha\* Until 10:23AM** **Ganesha: White** Sunrise: 5:42AM  
 Yama 1:42PM – 3:18PM Siddha Until 10:07AM **Muruga: Purple** Sunset: 6:31PM Moon 5 - Phase 6 - 1  
 Rahu 8:54AM – 10:30AM Taitila Until 7:19AM **Nataraja: Purple** 1st Phase  
 Moon – Orange **Subha Subha Sivaloka Day**  
**Dvitiya Until 7:01PM** **Vaisaka-Vaikasi**

Chennai, India  
 Sutra 40  
 Krodhin 5126  
 Moon 5 - Phase 6 - 1  
 1st Phase

**Sunday, May 26, 2024**

**1**  
 Dhanus Rasi: 10.44 Tithi 18  
 Creative Work Amrita Yoga  
 Until 10:36AM  
 Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Месе Крішна Пакоха Бһану Васара Yuktayam  
 Mula\*Purvashadha\* Nakshatra Siddhya/Subha Yoga Vanja/Visli\* Karana Tritiyayam Titau Sun 2  
**Gulika 3:19PM – 4:55PM** **Mula\* Until 10:36AM** **Ganesha: Yellow** Sunrise: 5:42AM  
 Yama 12:06PM – 1:43PM Sadhya Until 8:30AM **Muruga: Purple** Sunset: 6:31PM Moon 5 - Phase 6 - 2  
 Rahu 4:55PM – 6:31PM Vanja Until 6:38AM **Nataraja: Purple** 1st Phase  
 Moon – Light Blue **Subha Sivaloka Day**  
**Tritiya Until 6:08PM** **Vaisaka-Vaikasi**

Chennai, India  
 Sutra 41  
 Krodhin 5126  
 Moon 5 - Phase 6 - 2  
 1st Phase

**Monday, May 27, 2024**

**2**  
 Dhanus Rasi: 24.16 Tithi 19 – 20  
**Family Home Evening**  
 Routine Work Marana Yoga

Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Месе Крішна Пакоха Інду Васара Yuktayam  
 Purvashadha\*Uttarashadha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 3  
**Gulika 1:43PM – 3:19PM** **Purvashadha\* Until 10:13AM** **Ganesha: Yellow** Sunrise: 5:42AM  
 Yama 10:30AM – 12:07PM Subha Until 6:36AM **Muruga: Purple** Sunset: 6:31PM Moon 5 - Phase 6 - 3  
 Rahu 7:18AM – 8:54AM Kaulava Until 4:13AM Tue **Nataraja: Purple** 1st Phase  
 Moon – Light Blue **Subha Sivaloka Day**  
**Chaturthi\* Until 4:55PM** **Vaisaka-Vaikasi**

Chennai, India  
 Sutra 42  
 Krodhin 5126  
 Moon 5 - Phase 6 - 3  
 1st Phase

**Tuesday, May 28, 2024**

**3**  
 Makara Rasi: 7.56 Tithi 20 – 21  
 Routine Work Prabalarishta Yoga  
 Until 9:25AM  
 Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Месе Крішна Пакоха Маргалпа Васара Yuktayam  
 Uttarashadha/Shravana Nakshatra Brahma Yoga Talila/Gara Karana Panchami/Shashthiyam Titau Sun 4  
**Gulika 12:07PM – 1:43PM** **Uttarashadha Until 9:25AM** **Ganesha: Yellow** Sunrise: 5:42AM  
 Yama 8:54AM – 10:30AM Brahma Until 2:06AM Wed **Muruga: Purple** Sunset: 6:31PM Moon 5 - Phase 6 - 4  
 Rahu 3:19PM – 4:55PM Gara Until 2:37AM Wed **Nataraja: Purple** 1st Phase  
 Moon – Light Blue **Subha Sivaloka Day**  
**Panchami Until 3:26PM** **Vaisaka-Vaikasi**

Chennai, India  
 Sutra 43  
 Krodhin 5126  
 Moon 5 - Phase 6 - 4  
 1st Phase

**Wednesday, May 29, 2024**

**4**  
 Makara Rasi: 21.47 Tithi 21 – 22  
 Creative Work Siddha Yoga  
 Until 8:40AM  
 Then Routine Work - Prabalarishta Yoga

Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Месе Крішна Пакоха Буда Васара Yuktayam  
 Shravana/Dhanishtha Nakshatra Indra Yoga Vanja/Visli\* Karana Shashthi/Saptamyam Titau Sun 5  
**Gulika 10:31AM – 12:07PM** **Shravana Until 8:40AM** **Ganesha: Blue** Sunrise: 5:42AM  
 Yama 7:18AM – 8:54AM Indra Until 11:36PM **Muruga: Purple** Sunset: 6:31PM Moon 5 - Phase 6 - 5  
 Rahu 12:07PM – 1:43PM Visli Until 12:48AM Thu **Nataraja: Purple** 1st Phase  
 Moon – Purple **Subha Subha Sivaloka Day**  
**Shashthi\* Until 1:43PM** **Vaisaka-Vaikasi**

Chennai, India  
 Sutra 44  
 Krodhin 5126  
 Moon 5 - Phase 6 - 5  
 1st Phase

**Thursday, May 30, 2024****Retreat Star**

Kumbha Rasi: 5.44 Tithi 22 – 23  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Месе Крішна Пакоха Гану Васара Yuktayam  
 Dhanishtha/Shatabhishak Nakshatra Vaidhri\* Yoga Bava/Balava Karana Saptami/Kohtamyam Titau Sun 6  
**Gulika 8:54AM – 10:31AM** **Dhanishtha Until 7:34AM** **Ganesha: Blue** Sunrise: 5:42AM  
 Yama 5:42AM – 7:18AM Vaidhri\* Until 8:55PM **Muruga: Purple** Sunset: 6:31PM Moon 5 - Phase 6 - 6  
 Rahu 1:43PM – 3:19PM Balava Until 10:49PM **Nataraja: Purple** 1st Phase  
 Moon – Purple **Subha Subha Sivaloka Day**  
**Saptami Until 11:49AM** **Vaisaka-Vaikasi**

Chennai, India  
 Sutra 45  
 Krodhin 5126  
 Moon 5 - Phase 6 - 6  
 Ashtami

**Friday, May 31, 2024****Retreat Star**

Kumbha Rasi: 19.49 Tithi 23 – 24  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Месе Крішна Пакоха Сукра Васара Yuktayam  
 Shatabhishak/Purvaprosithapada\* Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 7  
**Gulika 7:18AM – 8:54AM** **Shatabhishak Until 6:09AM** **Ganesha: Blue** Sunrise: 5:42AM  
 Yama 3:20PM – 4:55PM Vishkambha\* Until 6:07PM **Muruga: Purple** Sunset: 6:31PM Moon 5 - Phase 6 - 7  
 Rahu 10:31AM – 12:07PM Taitila Until 8:39PM **Nataraja: Purple** 1st Phase  
 Moon – Purple **Subha Subha Sivaloka Day**  
**Ashtami\* Until 9:44AM** **Vaisaka-Vaikasi**

Chennai, India  
 Sutra 46  
 Krodhin 5126  
 Moon 5 - Phase 6 - 7  
 Navami

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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# 1 Saturday, June 1, 2024

		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакша Манта Васара Үктыям Uтарыянопрошпада Накшатра Pṛthi/Ayushman Yога Gara/Vaṇja Karana Navara/Caṣṭhaṃyem Tіtau				Chennai, India		
		<b>Gulika</b>	<b>5:42AM – 7:18AM</b>	<b>Uтарыянопрошпада Until 3:20AM Sun</b>	<b>Ganeṣha:</b> Clear	Sunrise: 5:42AM	Sun 8	Sutra 47
Meena Rasi: 3.59	Tithi 24 – 25	Yama	1:44PM – 3:20PM	Pṛthi Until 3:13PM	<b>Muruga:</b> Purple	Sunset: 6:39PM		Krodhn 5126
		<b>Rahu</b>	<b>8:55AM – 10:31AM</b>	Vaṇja Until 6:22PM	<b>Natarāja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga	316757579		<b>Navamī* Until 7:30AM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 3:20AM Sun					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

# 2 Sunday, June 2, 2024

		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакша Bhanu Vasara Үктыям Uтарыянопрошпада Накшатра Pṛthi/Ayushman Yога Gara/Vaṇja Karana Ekadashyam Tіtau				Chennai, India		
		<b>Gulika</b>	<b>3:20PM – 4:57PM</b>	<b>Revati Until 1:34AM Mon</b>	<b>Ganeṣha:</b> Clear	Sunrise: 5:42AM	Sun 9	Sutra 48
Meena Rasi: 18.14	Tithi 26	Yama	12:07PM – 1:44PM	Ayushman Until 12:13PM	<b>Muruga:</b> Purple	Sunset: 6:39PM		Krodhn 5126
		<b>Rahu</b>	<b>4:57PM – 6:33PM</b>	Bava Until 3:59PM	<b>Natarāja:</b> Purple			2nd Phase
Creative Work	Amrita Yoga	316757579		<b>Ekadashi* Until 2:45AM Mon</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 1:34AM Mon					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

# 3 Monday, June 3, 2024

		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакша Indu Vesara Үктыям Uтарыянопрошпада Накшатра Pṛthi/Ayushman Yога Gara/Vaṇja Karana Dvadashtyam Tіtau				Chennai, India		
		<b>Gulika</b>	<b>1:44PM – 3:20PM</b>	<b>Ashvini Until 12:05AM Tue</b>	<b>Ganeṣha:</b> Purple	Sunrise: 5:42AM	Sun 10	Sutra 49
Mesha Rasi: 2.32	Tithi 27	Yama	10:31AM – 12:08PM	Saubhagya Until 9:11AM	<b>Muruga:</b> Purple	Sunset: 6:39PM		Krodhn 5126
<b>Family Home Evening</b>		<b>Rahu</b>	<b>7:18AM – 8:55AM</b>	Kaulava Until 1:34PM	<b>Natarāja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga	326757579		<b>Dvadashti* Until 12:21AM Tue</b>	Moon – White		<b>Sivaloka Day</b>	
					Vaisaka-Vaikasi			

# 4 Tuesday, June 4, 2024

		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакша Mangala Vesara Үктыям Uтарыянопрошпада Накшатра Pṛthi/Ayushman Yога Gara/Vaṇja Karana Trayodashyam Tіtau				Chennai, India		
		<b>Gulika</b>	<b>12:08PM – 1:44PM</b>	<b>Bharani Until 10:34PM</b>	<b>Ganeṣha:</b> Purple	Sunrise: 5:42AM	Sun 11	Sutra 50
Meena Rasi: 16.5	Tithi 28	Yama	8:55AM – 10:31AM	Sobhana Until 6:11AM	<b>Muruga:</b> Purple	Sunset: 6:39PM		Krodhn 5126
		<b>Rahu</b>	<b>3:21PM – 4:57PM</b>	Gara Until 11:11AM	<b>Natarāja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga	326757579		<b>Trayodashi* Until 10:01PM</b>	Moon – White		<b>Sivaloka Day</b>	
					Vaisaka-Vaikasi			

Pradosha Vrata (Fasting)

# 5 Wednesday, June 5, 2024

		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакша Budha Vasara Үктыям Uтарыянопрошпада Накшатра Pṛthi/Ayushman Yога Vistī/Sakunī* Karana Chaturdashyam Tіtau				Chennai, India		
		<b>Gulika</b>	<b>10:31AM – 12:08PM</b>	<b>Kritika Until 9:06PM</b>	<b>Ganeṣha:</b> Purple	Sunrise: 5:42AM	Sun 12	Sutra 51
Wishabha Rasi: 1.02	Tithi 29	Yama	7:18AM – 8:55AM	Sukarma Until 12:32AM Thu	<b>Muruga:</b> Purple	Sunset: 6:39PM		Krodhn 5126
		<b>Rahu</b>	<b>12:08PM – 1:44PM</b>	Visti Until 8:57AM	<b>Natarāja:</b> Blue			2nd Phase
Creative Work	Amrita Yoga	326757571		<b>Chaturdashi* Until 7:54PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 9:06PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

# Thursday, June 6, 2024

		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакша Guru Vesara Үктыям Uтарыянопрошпада Накшатра Dṛiti Yога Catuspada*/Naga* Karana Amavasyayam Tіtau				Chennai, India		
		<b>Gulika</b>	<b>8:55AM – 10:32AM</b>	<b>Rohini Until 8:14PM</b>	<b>Ganeṣha:</b> Light Blue	Sunrise: 5:42AM	Sun 13	Sutra 52
Wishabha Rasi: 15.06	Tithi 30	Yama	5:42AM – 7:19AM	Dṛiti Until 10:07PM	<b>Muruga:</b> Purple	Sunset: 6:39PM		Krodhn 5126
		<b>Rahu</b>	<b>1:45PM – 3:21PM</b>	Catuspada Until 6:58AM	<b>Natarāja:</b> Blue			Amavasya
Routine Work	Marana Yoga	336757571		<b>Amavasya* Until 6:06PM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
					Vaisaka-Vaikasi			

# Friday, June 7, 2024

		Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Sukla Paksha Sukra Vesara Үктыям Uтарыянопрошпада Накшатра Shula* Yога Bava/Balava Karana Prathama/Dvitiyayam Tіtau				Chennai, India		
		<b>Gulika</b>	<b>7:19AM – 8:55AM</b>	<b>Mrigashira Until 7:41PM</b>	<b>Ganeṣha:</b> Light Blue	Sunrise: 5:42AM	Sun 14	Sutra 53
Wishabha Rasi: 28.55	Tithi 1 – 2	Yama	3:21PM – 4:58PM	Shula* Until 8:02PM	<b>Muruga:</b> Purple	Sunset: 6:39PM		Krodhn 5126
		<b>Rahu</b>	<b>10:32AM – 12:08PM</b>	Balava Until 4:16AM Sat	<b>Natarāja:</b> Blue			Prathama
Creative Work	Siddha Yoga	336757571		<b>Prathama* Until 4:44PM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
					Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1</b>	<b>Saturday, June 8, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Manta Vasara Yuktayam Chennai, India			
	Andra Nakshatra Ganda* Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau		Sun 15		Sutra 54	
Mithuna Rasi: 12.26	Tithi 2 - 3	<b>Gulika</b> 5:42AM - 7:19AM	<b>Andra Until 7:32PM</b>	<b>Ganesha:</b> Light Blue	Sunrise: 5:42AM	Krodhin 5:16
		Yama 1:45PM - 3:22PM	Ganda* Until 6:25PM	<b>Muruga:</b> Purple	Sunset: 6:39PM	Moon 5 - Phase 8 - 15
Creative Work	Siddha Yoga	336757571 <b>Rahu</b> 8:55AM - 10:32AM	Tailita Until 3:47AM Sun	<b>Nataraja:</b> Blue		3rd Phase
			<b>Dvitiya Until 3:55PM</b>	Moon - Yellow		<b>Sivaloka Day</b>
				Jyeshtha*Vaikasi		

<b>2</b>	<b>Sunday, June 9, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Bharu Vasara Yuktayam Chennai, India			
	Punarvasu Nakshatra Viddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 16		Sutra 55	
Mithuna Rasi: 25.37	Tithi 3 - 4	<b>Gulika</b> 3:22PM - 4:58PM	<b>Punarvasu Until 8:20PM</b>	<b>Ganesha:</b> Light Blue	Sunrise: 5:42AM	Krodhin 5:16
		Yama 12:09PM - 1:45PM	Viddhi Until 5:20PM	<b>Muruga:</b> Purple	Sunset: 6:39PM	Moon 5 - Phase 8 - 16
Creative Work	Siddha Yoga	347757571 <b>Rahu</b> 4:58PM - 6:35PM	Vanija Until 3:57AM Mon	<b>Nataraja:</b> Blue		3rd Phase
			<b>Tritiya Until 3:45PM</b>	Moon - Blue		<b>Sivaloka Day</b>
				Jyeshtha*Vaikasi		

<b>3</b>	<b>Monday, June 10, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Indu Vasara Yuktayam Chennai, India			
	Ashlesha* Nakshatra Vyaghata* Yoga Visi* (Bava Karana Chaturthi/Panchamiyam Titau)		Sun 17		Sutra 56	
Kalkata Rasi: 8.27	Tithi 4 - 5	<b>Gulika</b> 1:45PM - 3:22PM	<b>Pushya Until 9:40PM</b>	<b>Ganesha:</b> Light Blue	Sunrise: 5:42AM	Krodhin 5:16
<b>Family Home Evening</b>		Yama 10:32AM - 12:09PM	Dhruva Until 4:47PM	<b>Muruga:</b> Purple	Sunset: 6:39PM	Moon 5 - Phase 8 - 17
Creative Work	Siddha Yoga	347757571 <b>Rahu</b> 7:19AM - 8:56AM	Bava Until 4:50AM Tue	<b>Nataraja:</b> Blue		3rd Phase
			<b>Chaturthi* Until 4:17PM</b>	Moon - Blue		<b>Sivaloka Day</b>
				Jyeshtha*Vaikasi		

<b>4</b>	<b>Tuesday, June 11, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam Chennai, India			
	Ashlesha* Nakshatra Vyaghata* Harshana Yoga Balava/Kaulava Karana Panchami/Shasthiyam Titau		Sun 18		Sutra 57	
Kalkata Rasi: 20.58	Tithi 5 - 6	<b>Gulika</b> 12:09PM - 1:46PM	<b>Ashlesha* Until 11:30PM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:43AM	Krodhin 5:16
		Yama 8:56AM - 10:32AM	Vyaghata* Until 4:47PM	<b>Muruga:</b> Purple	Sunset: 6:39PM	Moon 5 - Phase 8 - 18
Creative Work	Siddha Yoga	347857571 <b>Rahu</b> 3:22PM - 4:59PM	Kaulava Until 6:21AM Wed	<b>Nataraja:</b> Blue		3rd Phase
			<b>Panchami Until 5:29PM</b>	Moon - Blue		<b>Sivaloka Day</b>
				Jyeshtha*Vaikasi		

<b>5</b>	<b>Wednesday, June 12, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Budha Vasara Yuktayam Chennai, India			
	Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Tailita Karana Panchami/Shasthiyam Titau		Sun 19		Sutra 58	
Simha Rasi: 3.12	Tithi 6	<b>Gulika</b> 10:33AM - 12:09PM	<b>Magha* Until 2:12AM Thu</b>	<b>Ganesha:</b> Clear	Sunrise: 5:43AM	Krodhin 5:16
		Yama 7:19AM - 8:56AM	Harshana Until 5:15PM	<b>Muruga:</b> Purple	Sunset: 6:39PM	Moon 5 - Phase 8 - 19
Creative Work	Siddha Yoga	357857571 <b>Rahu</b> 12:09PM - 1:46PM	Kaulava Until 6:21AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Shashthi* Until 7:18PM</b>	Moon - Red		<b>Subha Sivaloka Day</b>
				Jyeshtha*Vaikasi		

<b>6</b>	<b>Thursday, June 13, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukla Paksha Guru Vasara Yuktayam Chennai, India			
	Magha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Sapthamiyam Titau		Sun 20		Sutra 59	
Simha Rasi: 15.13	Tithi 7	<b>Gulika</b> 8:56AM - 10:33AM	<b>Purvaphalguni Until 5:07AM Fri</b>	<b>Ganesha:</b> Clear	Sunrise: 5:43AM	Krodhin 5:16
		Yama 5:43AM - 7:19AM	Vajra* Until 6:04PM	<b>Muruga:</b> Purple	Sunset: 6:39PM	Moon 5 - Phase 8 - 20
Creative Work	Siddha Yoga	357857571 <b>Rahu</b> 1:46PM - 3:23PM	Gara Until 8:25AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Saptami Until 9:34PM</b>	Moon - Red		<b>Subha Sivaloka Day</b>
				Jyeshtha*Vaikasi		

<b>D</b>	<b>Friday, June 14, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Mithuna Mase Sukla Paksha Sukra Vasara Yuktayam Chennai, India			
	Retreat Star		Sun 21		Sutra 60	
Simha Rasi: 27.05	Tithi 8	<b>Gulika</b> 7:20AM - 8:56AM	<b>Uttaraphalguni Until 8:01AM Sat</b>	<b>Ganesha:</b> Clear	Sunrise: 5:43AM	Krodhin 5:16
		Yama 3:23PM - 5:00PM	Siddhi Until 7:05PM	<b>Muruga:</b> Purple	Sunset: 6:39PM	Moon 5 - Phase 8 - 21
Creative Work	Siddha Yoga	357857571 <b>Rahu</b> 10:33AM - 12:10PM	Visi Until 10:49AM	<b>Nataraja:</b> Blue		Ashtami
Until 8:01AM Sat			<b>Ashtami* Until 12:03AM Sat</b>	Moon - Red		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				Jyeshtha*Ani		

<b>S</b>	<b>Saturday, June 15, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Nartana Ritau Mithuna Mase Sukla Paksha Manta Vasara Yuktayam Chennai, India			
	Retreat Star		Sun 22		Sutra 61	
Kanya Rasi: 8.55	Tithi 9	<b>Gulika</b> 5:43AM - 7:20AM	<b>Uttaraphalguni Until 8:01AM</b>	<b>Ganesha:</b> Orange	Sunrise: 5:43AM	Krodhin 5:16
		Yama 1:47PM - 3:23PM	Vyaltipata* Until 8:08PM	<b>Muruga:</b> Purple	Sunset: 6:39PM	Moon 5 - Phase 8 - 22
Routine Work	Marana Yoga	358857571 <b>Rahu</b> 8:56AM - 10:33AM	Balava Until 1:20PM	<b>Nataraja:</b> Blue		Navami
			<b>Navami* Until 2:31AM Sun</b>	Moon - Red		<b>Subha Sivaloka Day</b>
				Jyeshtha*Ani		

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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<b>1 Sunday, June 16, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Маса Сукта Пакаше Бһану Васара Yuktayam Chennai, India Hasta/Chitra Nakshatra Varjyan Yoga Talila/Gara Karana Dashamyam Titau Sun 23 Sutra 62				
Kanya Rasi: 20.45	Tithi 10	<b>Gulika</b> 3:23PM – 5:00PM	<b>Hasta</b> Until 11:10AM	<b>Ganesha:</b> Green	Sunrise: 5:43AM	Krodhin 5:16
		Yama 12:10PM – 1:47PM	Varjyan Until 9:00PM	<b>Muruga:</b> Purple	Sunset: 6:37PM	Moon 5 - Phase 9 - 24
		36885751 <b>Rahu</b> 5:00PM – 6:37PM	Tailita Until 3:41PM	<b>Nataraja:</b> Blue		4th Phase
Creative Work - Amrita Yoga				Moon – Green		<b>Sivaloka Day</b>
Until 11:10AM		<b>Father's Day</b>	<b>Dashmi</b> Until 4:43AM <b>Mon</b>	<b>Jyeshtha</b> -Ani		
Then Creative Work - Siddha Yoga						
<b>2 Monday, June 17, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Маса Сукта Пакаше Indu Vessara Yuktayam Chennai, India Chitra/Svati Nakshatra Parigraha Yoga Vanija/Visi* Karana Ekadashyam Titau Sun 24 Sutra 63				
Tula Rasi: 2.43	Tithi 11	<b>Gulika</b> 1:47PM – 3:24PM	<b>Chitra</b> Until 1:49PM	<b>Ganesha:</b> Green	Sunrise: 5:43AM	Krodhin 5:16
<b>Family Home Evening</b>		Yama 10:34AM – 12:10PM	Pangraha* Until 9:33PM	<b>Muruga:</b> Purple	Sunset: 6:37PM	Moon 5 - Phase 9 - 24
Routine Work - Prabalarishtha Yoga		36885751 <b>Rahu</b> 7:20AM – 8:57AM	Vanija Until 5:40PM	<b>Nataraja:</b> Blue		4th Phase
Until 1:45PM				Moon – Green		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga			<b>Ekadashi</b> Until 6:26AM <b>Tue</b>	<b>Jyeshtha</b> -Ani		
<b>3 Tuesday, June 18, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Маса Сукта Пакаше Mangala Vessara Yuktayam Chennai, India Svati/Vishakha Nakshatra Shiva Yoga Visi* Bava Karana Ekadashi/Trayodashyam Titau Sun 25 Sutra 64				
Tula Rasi: 14.53	Tithi 11 – 12	<b>Gulika</b> 12:11PM – 1:47PM	<b>Svati</b> Until 3:47PM	<b>Ganesha:</b> Green	Sunrise: 5:44AM	Krodhin 5:16
		Yama 8:57AM – 10:34AM	Shiva Until 9:39PM	<b>Muruga:</b> Purple	Sunset: 6:37PM	Moon 5 - Phase 9 - 25
		36885751 <b>Rahu</b> 3:24PM – 5:01PM	Bava Until 7:05PM	<b>Nataraja:</b> Blue		4th Phase
Creative Work - Siddha Yoga				Moon – Green		<b>Sivaloka Day</b>
Until 3:47PM			<b>Ekadashi</b> Until 6:26AM	<b>Jyeshtha</b> -Ani		
Then Routine Work - Marana Yoga						
<b>4 Wednesday, June 19, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Маса Сукта Пакаше Budha Vessara Yuktayam Chennai, India Vishakha/Anuradha Nakshatra Siddha Yoga Baleva/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 65				
Tula Rasi: 27.18	Tithi 12 – 13	<b>Gulika</b> 10:34AM – 12:11PM	<b>Vishakha</b> Until 5:25PM	<b>Ganesha:</b> Red	Sunrise: 5:44AM	Krodhin 5:16
		Yama 7:21AM – 8:57AM	Siddha Until 9:13PM	<b>Muruga:</b> Purple	Sunset: 6:38PM	Moon 5 - Phase 9 - 26
		37885751 <b>Rahu</b> 12:11PM – 1:47PM	Kaulava Until 7:49PM	<b>Nataraja:</b> Blue		4th Phase
Creative Work - Siddha Yoga				Moon – Orange		<b>Subha Sivaloka Day</b>
			<b>Dvadashi</b> Until 7:31AM	<b>Jyeshtha</b> -Ani		
			<i>Pradosha Vata</i>			
<b>5 Thursday, June 20, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Маса Сукта Пакаше Guru Vessara Yuktayam Chennai, India Anuradha Nakshatra Sadhya Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 66				
Vishchika Rasi: 10.02	Tithi 13 – 14	<b>Gulika</b> 8:58AM – 10:34AM	<b>Anuradha</b> Until 6:13PM	<b>Ganesha:</b> Red	Sunrise: 5:44AM	Krodhin 5:16
		Yama 5:44AM – 7:21AM	Sadhya Until 8:14PM	<b>Muruga:</b> Purple	Sunset: 6:38PM	Moon 5 - Phase 9 - 27
		37885751 <b>Rahu</b> 1:48PM – 3:24PM	Gara Until 7:51PM	<b>Nataraja:</b> Blue		4th Phase
Creative Work - Siddha Yoga				Moon – Orange		<b>Subha Sivaloka Day</b>
Until 6:13PM			<b>Trayodashi</b> Until 7:54AM	<b>Jyeshtha</b> -Ani		
Then Routine Work - Prabalarishtha Yoga						
<b>Friday, June 21, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Маса Сукта Пакаше Sukra Vessara Yuktayam Chennai, India Jyeshtha* Nakshatra Subha Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 67				
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:21AM – 8:58AM	<b>Jyeshtha*</b> Until 6:13PM	<b>Ganesha:</b> Red	Sunrise: 5:44AM	Krodhin 5:16
Vishchika Rasi: 23.07	Tithi 14 – 15	Yama 3:25PM – 5:01PM	Subha Until 6:45PM	<b>Muruga:</b> Purple	Sunset: 6:38PM	Moon 5 - Phase 9 - 28
		37885751 <b>Rahu</b> 10:34AM – 12:11PM	Visi Until 7:14PM	<b>Nataraja:</b> Blue		Purnima
Routine Work - Marana Yoga				Moon – Orange		<b>Subha Sivaloka Day</b>
Until 6:13PM			<b>Chaturdash*</b> Until 7:36AM	<b>Jyeshtha</b> -Ani		
Then Creative Work - Amrita Yoga						
<b>Saturday, June 22, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Naratana Ritau, Mihuna Mase Krishna Palakhe Maru Vessara Yuktayam Chennai, India Mula*Purvashadha* Nakshatra Sukt/Brahma Yoga Bava/Balava Karana Purnima/Prathamam Titau Sun 29 Sutra 68				
Dhanu Rasi: 6.32	Tithi 15 – 16	<b>Gulika</b> 5:45AM – 7:21AM	<b>Mula*</b> Until 5:57PM	<b>Ganesha:</b> Blue	Sunrise: 5:45AM	Krodhin 5:16
		Yama 1:48PM – 3:25PM	Sukla Until 4:47PM	<b>Muruga:</b> Clear	Sunset: 6:38PM	Moon 5 - Phase 9 - 29
		38996751 <b>Rahu</b> 8:58AM – 10:35AM	Balava Until 6:04PM	<b>Nataraja:</b> Blue		Prathama
Creative Work - Siddha Yoga				Moon – Light Blue		<b>Devaloka Day</b>
			<b>Purnima*</b> Until 6:42AM	<b>Jyeshtha</b> -Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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**Sunday, June 23, 2024****Gold Retreat Star**

Kodhin Nama Samvatara Dakshinaya Narana Ritau: Mihuna Mase Krishna Palethe Bharu Vazara Yuktayam Purvashada\*Uttarashada Nakshatra Brahma/Indra Yaga Talila/Gara Karana Dvityayam Titau

Chennai, India  
Sutra 69

Dhanu Rasi: 20.14 Tithi 17

Gulika

3:25PM - 5:02PM

Yama

12:12PM - 1:48PM

Rahu

5:02PM - 6:38PM

**Purvashada\* Until 5:06PM**

Brahma Until 2:27PM

Taillita Until 4:27PM

**Dvitiya Until 3:29AM Mon**

Ganesha: Blue

Muruga: Clear

Nataraja: Blue

Moon - Light Blue

Jyestha\*Ani

Sunrise: 5:45AM

Sunset: 6:39PM

Moon 6 - Phase 10 - 1st Phase

Creative Work Siddha Yaga

Until 5:06PM

Then Creative Work - Amrita Yaga

**Devaloka Day****1 Monday, June 24, 2024**

Kodhin Nama Samvatara Dakshinaya Narana Ritau: Mihuna Mase Krishna Palethe Indu Vazara Yuktayam Uttarashada\*Shravana Nakshatra Indra/Vaidhri\* Yaga Vanja/Vasi\* Karana Trityayam Titau

Chennai, India  
Sutra 70

Makara Rasi: 4.1 Tithi 18

Gulika

1:49PM - 3:25PM

Yama

10:35AM - 12:12PM

Rahu

7:22AM - 8:58AM

**Uttarashada Until 3:47PM**

Indra Until 11:53AM

Vanija Until 2:30PM

**Tritiya Until 1:26AM Tue**

Ganesha: Blue

Muruga: Clear

Nataraja: Blue

Moon - Light Blue

Jyestha\*Ani

Sunrise: 5:45AM

Sunset: 6:39PM

Moon 6 - Phase 10 - 1st Phase

Routine Work Marana Yaga

Until 3:47PM

Then Creative Work - Amrita Yaga

**Devaloka Day****2 Tuesday, June 25, 2024**

Kodhin Nama Samvatara Dakshinaya Narana Ritau: Mihuna Mase Krishna Palethe Mangala Vazara Yuktayam Shravana/Dhanistha Nakshatra Vaidhri\*Vishkambha\* Yaga Bara/Balava Karana Chaturthayam Titau

Chennai, India  
Sutra 71

Makara Rasi: 18.16 Tithi 19

Gulika

12:12PM - 1:49PM

Yama

8:59AM - 10:35AM

Rahu

3:25PM - 5:02PM

**Shravana Until 2:34PM**

Vaidhri\* Until 9:06AM

Bava Until 12:22PM

**Chaturthi\* Until 11:14PM**

Ganesha: Red

Muruga: Clear

Nataraja: Blue

Moon - Purple

Jyestha\*Ani

Sunrise: 5:45AM

Sunset: 6:39PM

Moon 6 - Phase 10 - 2 1st Phase

Creative Work Siddha Yaga

**Sivaloka Day****3 Wednesday, June 26, 2024**

Kodhin Nama Samvatara Dakshinaya Narana Ritau: Mihuna Mase Krishna Palethe Budha Vazara Yuktayam Dhanistha/Shatabhishak Nakshatra Viskambha\*Priti Yaga Kaulava/Taila Karana Panchamayam Titau

Chennai, India  
Sutra 72

Kumbha Rasi: 2.27 Tithi 20

Gulika

10:36AM - 12:12PM

Yama

7:22AM - 8:58AM

Rahu

12:12PM - 1:49PM

**Dhanistha Until 1:06PM**

Vishkambha\* Until 6:14AM

Kaulava Until 10:07AM

**Panchami Until 8:58PM**

Ganesha: Red

Muruga: Clear

Nataraja: Blue

Moon - Purple

Jyestha\*Ani

Sunrise: 5:45AM

Sunset: 6:39PM

Moon 6 - Phase 10 - 3 1st Phase

Routine Work Prabalashta Yaga

Until 1:06PM

Then Creative Work - Siddha Yaga

**Sivaloka Day****4 Thursday, June 27, 2024**

Kodhin Nama Samvatara Dakshinaya Narana Ritau: Mihuna Mase Krishna Palethe Guru Vazara Yuktayam Shatabhishak/Purvashrothapada\* Nakshatra Ajushman Yaga Gara/Vanija Karana Shashthayam Titau

Chennai, India  
Sutra 73

Kumbha Rasi: 16.4 Tithi 21

Gulika

8:59AM - 10:36AM

Yama

5:46AM - 7:22AM

Rahu

1:49PM - 3:26PM

**Shatabhishak Until 11:29AM**

Ajushman Until 12:28AM Fri

Gara Until 7:51AM

**Shashthi\* Until 6:42PM**

Ganesha: Red

Muruga: Clear

Nataraja: Blue

Moon - Purple

Jyestha\*Ani

Sunrise: 5:46AM

Sunset: 6:39PM

Moon 6 - Phase 10 - 4 1st Phase

Creative Work Siddha Yaga

**Sivaloka Day****5 Friday, June 28, 2024**

Kodhin Nama Samvatara Dakshinaya Narana Ritau: Mihuna Mase Krishna Palethe Sukra Vazara Yuktayam Purvashrothapada\*/Uttarashrothapada Nakshatra Saubhagya Yaga Bara/Balava Karana Saptami/Akhtamayam Titau

Chennai, India  
Sutra 74

Meena Rasi: 0.5 Tithi 22 - 23

Gulika

7:23AM - 8:59AM

Yama

3:26PM - 5:03PM

Rahu

10:36AM - 12:13PM

**Purvashrothapada\* Until 10:12AM**

Saubhagya Until 9:39PM

Balava Until 3:27AM Sat

**Saptami Until 4:30PM**

Ganesha: Clear

Muruga: Clear

Nataraja: Blue

Moon - Clear

Jyestha\*Ani

Sunrise: 5:46AM

Sunset: 6:39PM

Moon 6 - Phase 10 - 5 1st Phase

Creative Work Siddha Yaga

**Sivaloka Day****6 Saturday, June 29, 2024****Retreat Star**

Kodhin Nama Samvatara Dakshinaya Narana Ritau: Mihuna Mase Krishna Palethe Marita Vazara Yuktayam Uttarashrothapada\*Revati Nakshatra Sobhana Yaga Kaulava/Taila Karana Ashtami/Navamayam Titau

Chennai, India  
Sutra 75

Meena Rasi: 14.59 Tithi 23 - 24

Gulika

5:46AM - 7:23AM

Yama

1:49PM - 3:26PM

Rahu

9:00AM - 10:36AM

**Uttarashrothapada Until 8:51AM**

Sobhana Until 6:55PM

Tailita Until 1:23AM Sun

**Ashtami\* Until 2:33PM**

Ganesha: Clear

Muruga: Clear

Nataraja: Blue

Moon - Clear

Jyestha\*Ani

Sunrise: 5:46AM

Sunset: 6:39PM

Moon 6 - Phase 10 - 6 Ashtami

Creative Work Siddha Yaga

Until 8:51AM

Then Routine Work - Prabalashta Yaga

**Sivaloka Day****Sunday, June 30, 2024****Retreat Star**

Kodhin Nama Samvatara Dakshinaya Narana Ritau: Mihuna Mase Krishna Palethe Bharu Vazara Yuktayam Revati/Ashvini Nakshatra Ahiganda\*/Sukama Yaga Gara/Vanija Karana Navami/Dashamayam Titau

Chennai, India  
Sutra 76

Meena Rasi: 29.03 Tithi 24 - 25

Gulika

3:26PM - 5:03PM

Yama

12:13PM - 1:50PM

Rahu

5:03PM - 6:40PM

**Revati Until 7:27AM**

Ahtiganda\* Until 4:15PM

Vanija Until 11:26PM

**Navami\* Until 12:23PM**

Ganesha: Red

Muruga: Clear

Nataraja: Blue

Moon - Clear

Jyestha\*Ani

Sunrise: 5:47AM

Sunset: 6:40PM

Moon 6 - Phase 10 - 7 Navami

Creative Work Amrita Yaga

Until 7:27AM

Then Creative Work - Siddha Yaga

**Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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# 1 Monday, July 1, 2024

		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Indu Vasara Yukhtayam Chennai, India				
		Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashtyam Titau Sun 8 Sutra 77				
	<b>Gulika</b>	<b>1:50PM - 3:26PM</b>	<b>Ashvini Until 6:28AM</b>	<b>Ganesha:</b> Green	Sunrise: 5:47AM	Krodhin 5:16
Mesha Rasi: 13.03	Tithi 25 - 26	Yama	10:37AM - 12:13PM	<b>Muruga:</b> Clear	Sunset: 6:40PM	Moon 6 - Phase 11 - 8
<b>Family Home Evening</b>	321867571	<b>Rahu</b>	<b>7:23AM - 9:00AM</b>	<b>Nataraja:</b> Blue		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 10:29AM</b>	Moon - White		<b>Devaloka Day</b>
				Jyestha*Ani		

# 2 Tuesday, July 2, 2024

		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Mangala Vasara Yukhtayam Chennai, India				
		Kritika Nakshatra Dhriti/Shula* Yoga Talila/Gara Karana Dvadashi/Tridayashyam Titau Sun 9 Sutra 78				
	<b>Gulika</b>	<b>12:13PM - 1:50PM</b>	<b>Kritika Until 4:31AM Wed</b>	<b>Ganesha:</b> Green	Sunrise: 5:47AM	Krodhin 5:16
Mesha Rasi: 26.58	Tithi 26 - 27	Yama	9:00AM - 10:37AM	<b>Muruga:</b> Clear	Sunset: 6:40PM	Moon 6 - Phase 11 - 9
<b>Creative Work</b>	321867571	<b>Rahu</b>	<b>3:27PM - 5:03PM</b>	<b>Nataraja:</b> Blue		2nd Phase
Siddha Yoga			<b>Ekadashi* Until 8:45AM</b>	Moon - White		<b>Devaloka Day</b>
				Jyestha*Ani		

# 3 Wednesday, July 3, 2024

		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Budha Vasara Yukhtayam Chennai, India				
		Rohini Nakshatra Shula*/Ganda* Yoga Talila/Gara Karana Dvadashi/Tridayashyam Titau Sun 10 Sutra 79				
	<b>Gulika</b>	<b>10:37AM - 12:14PM</b>	<b>Rohini Until 4:06AM Thu</b>	<b>Ganesha:</b> White	Sunrise: 5:47AM	Krodhin 5:16
Wisahba Rasi: 10.45	Tithi 27 - 28	Yama	7:24AM - 9:00AM	<b>Muruga:</b> Clear	Sunset: 6:40PM	Moon 6 - Phase 11 - 10
<b>Creative Work</b>	331867571	<b>Rahu</b>	<b>12:14PM - 1:50PM</b>	<b>Nataraja:</b> Blue		2nd Phase
Siddha Yoga			<b>Dvadashi* Until 7:12AM</b>	Moon - Yellow		<b>Devaloka Day</b>
Until 4:06AM Thu				Jyestha*Ani		
Then Routine Work - Marana Yoga						

Pradosha Vrata (Fasting)

# 4 Thursday, July 4, 2024

		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Guru Vasara Yukhtayam Chennai, India				
		Mrigashira Nakshatra Ganda*/Vidhih Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 11 Sutra 80				
	<b>Gulika</b>	<b>9:01AM - 10:37AM</b>	<b>Mrigashira Until 3:52AM Fri</b>	<b>Ganesha:</b> White	Sunrise: 5:49AM	Krodhin 5:16
Wisahba Rasi: 24.23	Tithi 29	Yama	5:48AM - 7:24AM	<b>Muruga:</b> Clear	Sunset: 6:40PM	Moon 6 - Phase 11 - 11
<b>Routine Work</b>	331867571	<b>Rahu</b>	<b>1:50PM - 3:27PM</b>	<b>Nataraja:</b> Blue		2nd Phase
Marana Yoga			<b>Chaturdashi* Until 4:57AM Fri</b>	Moon - Yellow		<b>Devaloka Day</b>
Until 3:52AM Fri				Jyestha*Ani		
Then Creative Work - Siddha Yoga						

# Friday, July 5, 2024

		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Sukra Vasara Yukhtayam Chennai, India				
		Dra Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyeyam Titau Sun 12 Sutra 81				
	<b>Gulika</b>	<b>7:24AM - 9:01AM</b>	<b>Dra Until 3:54AM Sat</b>	<b>Ganesha:</b> White	Sunrise: 5:49AM	Krodhin 5:16
Mithuna Rasi: 7.5	Tithi 30	Yama	3:27PM - 5:03PM	<b>Muruga:</b> Clear	Sunset: 6:40PM	Moon 6 - Phase 11 - 12
<b>Retreat Star</b>	331867571	<b>Rahu</b>	<b>10:37AM - 12:14PM</b>	<b>Nataraja:</b> Blue		Amavasya
<b>Creative Work</b>	Siddha Yoga		<b>Amavasya* Until 4:25AM Sat</b>	Moon - Yellow		<b>Devaloka Day</b>
				Jyestha*Ani		

# Saturday, July 6, 2024

		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Manta Vasara Yukhtayam Chennai, India				
		Punarvasu Nakshatra Vyaghata* Yoga Kirtughna*/Bava Karana Prathamayam Titau Sun 13 Sutra 82				
	<b>Gulika</b>	<b>5:48AM - 7:25AM</b>	<b>Punarvasu Until 4:45AM Sun</b>	<b>Ganesha:</b> Clear	Sunrise: 5:49AM	Krodhin 5:16
Mithuna Rasi: 21.03	Tithi 1	Yama	1:51PM - 3:27PM	<b>Muruga:</b> Clear	Sunset: 6:40PM	Moon 6 - Phase 11 - 13
<b>Retreat Star</b>	441967571	<b>Rahu</b>	<b>9:01AM - 10:38AM</b>	<b>Nataraja:</b> Blue		Prathama
<b>Creative Work</b>	Siddha Yoga		<b>Prathama* Until 4:24AM Sun</b>	Moon - Blue		<b>Sivaloka Day</b>
				Ashada*Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1 Sunday, July 7, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mesa Sukia Paksha Bhanu Vesara Yuktayam Pushya Nakshatra Harshana Yoga Balava/Kaulava Karana Dvityayam Titau				Chennai, India Sun 14 Sutra 83
Kataka Rasi: 3.59	Tithi 2	<b>Gulika</b> 3:27PM - 5:04PM	<b>Pushya Until 6:00AM Mon</b> Harshana Until 2:10AM Mon Balava Until 4:38PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Blue Ashada-Ani	Sunrise: 5:49AM Sunset: 6:40PM	Krodhin 5126 Moon 6 - Phase 12 - 16 3rd Phase
Creative Work	Siddha Yoga	441967571	<b>Dvitiya Until 4:58AM Mon</b>			<b>Sivaloka Day</b>
<b>2 Monday, July 8, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mesa Sukia Paksha Indu Vesara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Talilla/Gara Karana Tritiyayam Titau				Chennai, India Sun 15 Sutra 84
Kataka Rasi: 16.39	Tithi 3	<b>Gulika</b> 1:51PM - 3:27PM	<b>Pushya Until 6:00AM</b> Vajra* Until 2:04AM Tue Talilla Until 5:30PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Blue Ashada-Ani	Sunrise: 5:49AM Sunset: 6:40PM	Krodhin 5126 Moon 6 - Phase 12 - 15 3rd Phase
Family Home Evening	Siddha Yoga	441967571	<b>Tritiya Until 6:08AM Tue</b>			<b>Sivaloka Day</b>
<b>3 Tuesday, July 9, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mesa Sukia Paksha Mangala Vesara Yuktayam Maha*Purvapahlaguni Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Chennai, India Sun 16 Sutra 85
Kataka Rasi: 29.02	Tithi 3 - 4	<b>Gulika</b> 12:15PM - 1:51PM	<b>Ashlesha* Until 7:41AM</b> Siddhi Until 2:25AM Wed Vanija Until 6:58PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Blue Ashada-Ani	Sunrise: 5:49AM Sunset: 6:40PM	Krodhin 5126 Moon 6 - Phase 12 - 16 3rd Phase
Creative Work	Siddha Yoga	441967571	<b>Tritiya Until 6:08AM</b>			<b>Sivaloka Day</b>
<b>4 Wednesday, July 10, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mesa Sukia Paksha Budha Vesara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Vesi*/Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 17 Sutra 86
Simha Rasi: 11.12	Tithi 4 - 5	<b>Gulika</b> 10:38AM - 12:15PM	<b>Magha* Until 10:14AM</b> Vyatipata* Until 3:09AM Thu Bava Until 6:57PM	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Red Ashada-Ani	Sunrise: 5:49AM Sunset: 6:40PM	Krodhin 5126 Moon 6 - Phase 12 - 17 3rd Phase
Creative Work	Siddha Yoga	452967571	<b>Chaturthi* Until 7:52AM</b>			<b>Devaloka Day</b>
Until 10:14AM						
Then Creative Work - Amrita Yoga						
<b>5 Thursday, July 11, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mesa Sukia Paksha Guru Vesara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varjan Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau				Chennai, India Sun 18 Sutra 87
Simha Rasi: 23.1	Tithi 5 - 6	<b>Gulika</b> 9:02AM - 10:38AM	<b>Purvaphalguni Until 1:03PM</b> Varjan Until 4:07AM Fri Kaulava Until 11:18PM	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Red Ashada-Ani	Sunrise: 5:50AM Sunset: 6:40PM	Krodhin 5126 Moon 6 - Phase 12 - 18 3rd Phase
Creative Work	Siddha Yoga	452967571	<b>Panchami Until 10:04AM</b>			<b>Devaloka Day</b>
<b>6 Friday, July 12, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mesa Sukia Paksha Sukra Vesara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Talilla/Gara Karana Shashti/Saptamyam Titau				Chennai, India Sun 19 Sutra 88
Kanya Rasi: 5.01	Tithi 6 - 7	<b>Gulika</b> 7:26AM - 9:02AM	<b>Uttaraphalguni Until 3:57PM</b> Parigha* Until 5:12AM Sat Gara Until 1:51AM Sat	<b>Ganesha:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Red Ashada-Ani	Sunrise: 5:50AM Sunset: 6:40PM	Krodhin 5126 Moon 6 - Phase 12 - 19 3rd Phase
Creative Work	Siddha Yoga	452967571	<b>Shashti* Until 12:33PM</b>			<b>Devaloka Day</b>
Until 3:57PM						
Then Creative Work - Amrita Yoga						
<b>Retreat Star</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mesa Sukia Paksha Manta Vesara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Vanija/Visi*/ Karana Saptami/Ashtamyam Titau				Chennai, India Sun 20 Sutra 89
Kanya Rasi: 16.49	Tithi 7 - 8	<b>Gulika</b> 5:50AM - 7:26AM	<b>Hasta Until 7:13PM</b> Shiva Until 6:14AM Sun Visi Until 4:19AM Sun	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Green Ashada-Ani	Sunrise: 5:50AM Sunset: 6:40PM	Krodhin 5126 Moon 6 - Phase 12 - 20 Ashtami
Routine Work	Marana Yoga	462967571	<b>Saptami Until 3:05PM</b>			<b>Sivaloka Day</b>
<b>Sunday, July 14, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mesa Sukia Paksha Bhanu Vesara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sun 21 Sutra 90
Kanya Rasi: 28.4	Tithi 8 - 9	<b>Gulika</b> 3:28PM - 5:04PM	<b>Chitra Until 10:04PM</b> Shiva Until 6:14AM Balava Until 6:27AM Mon	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Green Ashada-Ani	Sunrise: 5:50AM Sunset: 6:40PM	Krodhin 5126 Moon 6 - Phase 12 - 21 Navami
Creative Work	Siddha Yoga	462967571	<b>Ashtami* Until 5:25PM</b>			<b>Sivaloka Day</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1</b>	<b>Monday, July 15, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yukhtayam Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 22	India Sutra 91 Krodhn 5126
	Tula Rasi: 10.38 Family Home Evening Creative Work Amrita Yoga Until 12:18AM Tue Then Routine Work - Marana Yoga	Tithi 9 462967571	<b>Gulika</b> 1:51PM - 3:28PM Yama 10:39AM - 12:15PM <b>Rahu</b> 7:27AM - 9:03AM	<b>Svati Until 12:18AM Tue</b> Siddha Until 6:57AM Balava Until 6:27AM <b>Navami* Until 7:18PM</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Green Ashada-Ani	Sunrise: 5:51AM Sunset: 6:40PM	Moon 6 - Phase 13 - 22 4th Phase	<b>Sivaloka Day</b>

<b>2</b>	<b>Tuesday, July 16, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yukhtayam Vishakha Nakshatra Sadhya/Subha Yoga Talilla/Gara Karana Dashamyam Titau				Chennai, India Sun 23	India Sutra 92 Krodhn 5126
	Tula Rasi: 22.5 Routine Work Marana Yoga Until 2:12AM Wed Then Creative Work - Siddha Yoga	Tithi 10 472967571	<b>Gulika</b> 12:15PM - 1:51PM Yama 9:03AM - 10:39AM <b>Rahu</b> 3:28PM - 5:04PM	<b>Vishakha Until 2:12AM Wed</b> Sadhya Until 7:16AM Talilla Until 8:02AM <b>Dashami Until 8:33PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Blue Moon - Orange Ashada-Adi	Sunrise: 5:51AM Sunset: 6:40PM	Moon 6 - Phase 13 - 23 4th Phase	<b>Devaloka Day</b>

<b>3</b>	<b>Wednesday, July 17, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Budha Vasara Yukhtayam Anuradha Nakshatra Subha/Sukla Yoga Vanja/Vist* Karana Ekadashyam Titau				Chennai, India Sun 24	India Sutra 93 Krodhn 5126
	Wisikha Rasi: 5.19 Creative Work Siddha Yoga Until 3:12AM Thu Then Routine Work - Prabarishtha Yoga	Tithi 11 472967572	<b>Gulika</b> 10:39AM - 12:15PM Yama 7:27AM - 9:03AM <b>Rahu</b> 12:15PM - 1:51PM	<b>Anuradha Until 3:12AM Thu</b> Subha Until 7:03AM Vanija Until 8:55AM <b>Ekadashi Until 9:03PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Orange Ashada-Adi	Sunrise: 5:51AM Sunset: 6:40PM	Moon 6 - Phase 13 - 24 4th Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>4</b>	<b>Thursday, July 18, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Guru Vasara Yukhtayam Jyeshtha* Nakshatra Sukla/Bahma Yoga Bava/Balava Karana Dvadashyam Titau				Chennai, India Sun 25	India Sutra 94 Krodhn 5126
	Wisikha Rasi: 18.1 Routine Work Prabarishtha Yoga Until 3:17AM Fri Then Creative Work - Amrita Yoga	Tithi 12 472967572	<b>Gulika</b> 9:03AM - 10:39AM Yama 5:51AM - 7:27AM <b>Rahu</b> 1:52PM - 3:28PM	<b>Jyeshtha* Until 3:17AM Fri</b> Sukla Until 6:11AM Bava Until 9:01AM <b>Dvadashi Until 8:46PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Orange Ashada-Adi	Sunrise: 5:51AM Sunset: 6:40PM	Moon 6 - Phase 13 - 25 4th Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>5</b>	<b>Friday, July 19, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yukhtayam Mula* Nakshatra Indra Yoga Kaulava/Talilla Karana Trayodashyam Titau				Chennai, India Sun 26	India Sutra 95 Krodhn 5126
	Dhanu Rasi: 1.26 Creative Work Amrita Yoga Until 2:57AM Sat Then Creative Work - Siddha Yoga	Tithi 13 482967572	<b>Gulika</b> 7:28AM - 9:04AM Yama 3:27PM - 5:03PM <b>Rahu</b> 10:40AM - 12:16PM	<b>Mula* Until 2:57AM Sat</b> Indra Until 2:42AM Sat Kaulava Until 8:21AM <b>Trayodashi Until 7:44PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Light Blue Ashada-Adi	Sunrise: 5:52AM Sunset: 6:39PM	Moon 6 - Phase 13 - 26 4th Phase	<b>Devaloka Day</b>

<b>6</b>	<b>Saturday, July 20, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Marta Vasara Yukhtayam Purnashadha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India Sun 27	India Sutra 96 Krodhn 5126
	Dhanu Rasi: 15.05 Creative Work Siddha Yoga Until 1:51AM Sun Then Creative Work - Amrita Yoga	Tithi 14 482967572	<b>Gulika</b> 5:52AM - 7:28AM Yama 1:52PM - 3:27PM <b>Rahu</b> 9:04AM - 10:40AM	<b>Purnashadha* Until 1:51AM Sun</b> Vaidhriti* Until 12:09AM Sun Gara Until 6:59AM <b>Chaturdashi* Until 6:03PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Light Blue Ashada-Adi	Sunrise: 5:52AM Sunset: 6:39PM	Moon 6 - Phase 13 - 27 4th Phase	<b>Devaloka Day</b>

<b>○</b>	<b>Sunday, July 21, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Shanu Vasara Yukhtayam Uttarashadha Nakshatra Vishkamba* Yoga Gara/Balava Karana Purnima/Prathamam Titau				Chennai, India Sun 28	India Sutra 97 Krodhn 5126
	Dhanu Rasi: 29.06 Creative Work Amrita Yoga	Tithi 15 - 16 482967572	<b>Gulika</b> 3:27PM - 5:03PM Yama 12:16PM - 1:52PM <b>Rahu</b> 5:03PM - 6:39PM	<b>Uttarashadha Until 12:09AM Mon</b> Vishkamba* Until 9:14PM Balava Until 2:38AM Mon <b>Purnima* Until 3:51PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Light Blue Ashada-Adi	Sunrise: 5:52AM Sunset: 6:39PM	Moon 6 - Phase 13 - Purnima	<b>Devaloka Day</b>

<b>Monday, July 22, 2024</b>	<b>Silver Retreat Star</b>		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Indu Vasara Yukhtayam Shravana Nakshatra Priti Yoga Kaulava/Talilla Karana Prathama/Dvityayam Titau				Chennai, India Sun 29	India Sutra 98 Krodhn 5126
	Makara Rasi: 13.25 Family Home Evening Creative Work Amrita Yoga Until 10:25PM Then Creative Work - Siddha Yoga	Tithi 16 - 17 492967572	<b>Gulika</b> 1:51PM - 3:27PM Yama 10:40AM - 12:16PM <b>Rahu</b> 7:28AM - 9:04AM	<b>Shravana Until 10:25PM</b> Priti Until 6:02PM Talilla Until 11:55PM <b>Prathama* Until 1:17PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Purple Ashada-Adi	Sunrise: 5:53AM Sunset: 6:39PM	Moon 6 - Phase 13 - Prathama	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

**Tuesday, July 23, 2024****Gold Retreat Star**Krodhin Nama Samvatsara Dakshinaya Narana Ritau Kataka Mase Krishna Pakshi Mangala Vasara Yukhtayam  
Dhanishtha Nakshatra Aayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam TitauChennai, India  
Sutra 99

Makara Rasi: 27.55 Tithi 17 - 18

Gulika 12:16PM - 1:51PM  
Yama 9:04AM - 10:40AM  
Rahu 3:27PM - 5:03PMDhanishtha Until 8:22PM  
Ayushman Until 2:38PM  
Vanija Until 9:03PMGanesha: Clear  
Muruga: Clear  
Nataraja: Yellow  
Moon - Purple  
Ashada-AdiSunrise: 5:53AM  
Sunset: 6:39PM  
Moon 7 - Phase 14 - 1  
1st Phase

Creative Work Siddha Yoga

Until 8:22PM

Then Routine Work - Marana Yoga

**Devaloka Day****1 Wednesday, July 24, 2024**Krodhin Nama Samvatsara Dakshinaya Narana Ritau Kataka Mase Krishna Pakshi Budha Vasara Yukhtayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Taitila/Chaturthayam TitauChennai, India  
Sutra 100

Kumbha Rasi: 12.31 Tithi 18 - 19

Gulika 10:40AM - 12:16PM  
Yama 7:29AM - 9:04AM  
Rahu 12:16PM - 1:51PMShatabhishak Until 6:09PM  
Saubhagya Until 11:12AM  
Bava Until 6:10PMGanesha: Clear  
Muruga: Clear  
Nataraja: Yellow  
Moon - Purple  
Ashada-AdiSunrise: 5:53AM  
Sunset: 6:39PM  
Moon 7 - Phase 14 - 2  
1st Phase

Creative Work Siddha Yoga

Until 6:09PM

Then Creative Work - Amrita Yoga

**Devaloka Day****2 Thursday, July 25, 2024**Krodhin Nama Samvatsara Dakshinaya Narana Ritau Kataka Mase Krishna Pakshi Guru Vasara Yukhtayam  
Purvaprosarthpada/Uttaraprosarthpada Nakshatra Sobhana/Ahijanaga Yoga Kaulava/Taitila Karana Panchamyam TitauChennai, India  
Sutra 101

Kumbha Rasi: 27.06 Tithi 20

Gulika 9:05AM - 10:40AM  
Yama 5:53AM - 7:29AM  
Rahu 1:51PM - 3:27PMPurvaprosarthpada\* Until 4:18PM  
Sobhana Until 7:50AM  
Kaulava Until 3:22PMGanesha: Yellow  
Muruga: Clear  
Nataraja: Yellow  
Moon - Clear  
Ashada-AdiSunrise: 5:53AM  
Sunset: 6:39PM  
Moon 7 - Phase 14 - 3  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day****3 Friday, July 26, 2024**Krodhin Nama Samvatsara Dakshinaya Narana Ritau Kataka Mase Krishna Pakshi Sukra Vasara Yukhtayam  
Uttaraprosarthpada/Revati Nakshatra Sukama Yoga Gara/Vanija Karana Shashthiyam TitauChennai, India  
Sutra 102

Meena Rasi: 11.34 Tithi 21

Gulika 7:29AM - 9:05AM  
Yama 3:27PM - 5:02PM  
Rahu 10:40AM - 12:16PMUttaraprosarthpada Until 2:38PM  
Sukama Until 1:30AM Sat  
Gara Until 12:45PMGanesha: Yellow  
Muruga: Clear  
Nataraja: Yellow  
Moon - Clear  
Ashada-AdiSunrise: 5:54AM  
Sunset: 6:39PM  
Moon 7 - Phase 14 - 4  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day****4 Saturday, July 27, 2024**Krodhin Nama Samvatsara Dakshinaya Narana Ritau Kataka Mase Krishna Pakshi Manta Vasara Yukhtayam  
Revati/Ashvini Nakshatra Dhriti Yoga Visti/Bava Karana Saptamyam TitauChennai, India  
Sutra 103

Meena Rasi: 25.52 Tithi 22

Gulika 5:54AM - 7:29AM  
Yama 1:51PM - 3:27PM  
Rahu 9:05AM - 10:40AMRevati Until 12:50PM  
Dhriti Until 10:42PM  
Visti Until 10:24AMGanesha: Yellow  
Muruga: Clear  
Nataraja: Yellow  
Moon - Clear  
Ashada-AdiSunrise: 5:54AM  
Sunset: 6:39PM  
Moon 7 - Phase 14 - 5  
1st Phase

Routine Work Prabalarishta Yoga

Until 12:50PM

Then Creative Work - Siddha Yoga

**Devaloka Day****5 Sunday, July 28, 2024**Krodhin Nama Samvatsara Dakshinaya Narana Ritau Kataka Mase Krishna Pakshi Bhanu Vasara Yukhtayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam TitauChennai, India  
Sutra 104**Retreat Star**

Meesha Rasi: 9.58 Tithi 23

Gulika 3:27PM - 5:02PM  
Yama 12:16PM - 1:51PM  
Rahu 5:02PM - 6:37PMAshvini Until 11:46AM  
Shula\* Until 8:09PM  
Balava Until 8:22AMGanesha: Blue  
Muruga: Clear  
Nataraja: Yellow  
Moon - White  
Ashada-AdiSunrise: 5:54AM  
Sunset: 6:37PM  
Moon 7 - Phase 14 - 6  
Ashtami

Creative Work Siddha Yoga

Until 11:46AM

Then Routine Work - Prabalarishta Yoga

**Sivaloka Day****Monday, July 29, 2024**Krodhin Nama Samvatsara Dakshinaya Narana Ritau Kataka Mase Krishna Pakshi Indu Vasara Yukhtayam  
Bharani/Kritika Nakshatra Ganda\*Vidhhi Yoga Taitila/Vanija Karana Navami/Dashamyam TitauChennai, India  
Sutra 105**Retreat Star**

Meesha Rasi: 23.5 Tithi 24 - 25

Gulika 1:51PM - 3:26PM  
Yama 10:40AM - 12:16PM  
Rahu 7:30AM - 9:05AMBharani Until 10:54AM  
Ganda\* Until 5:53PM  
Taitila Until 6:41AMGanesha: Blue  
Muruga: Clear  
Nataraja: Yellow  
Moon - White  
Ashada-AdiSunrise: 5:54AM  
Sunset: 6:37PM  
Moon 7 - Phase 14 - 7  
Navami

Family Home Evening

Creative Work Siddha Yoga

Until 10:54AM

Then Routine Work - Marana Yoga

**Sivaloka Day**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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## 1 Tuesday, July 30, 2024

		Krodhin Nama Sarvasatara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Mangala Vasara Yukitayam Kritika/Rohu Nakshatra Vidhi/Dhruva Yoga Vist/ Bava Karana Dashami/Ekadashtyam Titau				Chennai, India Sun 8	Sutra 106 Krodhin 5126
Wishabha Rasi: 7.31	Tithi 25 – 26	<b>Gulika</b> 12:16PM – 1:51PM	<b>Kritika</b> Untill 10:14AM	<b>Ganesha:</b> Purple	Sunrise: 5:54AM		
		Yama 9:05AM – 10:40AM	Viddhi Untill 3:55PM	<b>Muruga:</b> Clear	Sunset: 6:37PM	Moon 7 - Phase 15 - 8	
Creative Work	Siddha Yoga	423167572	Rahu 3:26PM – 5:02PM	Bava Untill 4:20AM Wed	<b>Nataraja:</b> Yellow		2nd Phase
Untill 10:14AM				Dashami Untill 4:46PM	Moon – White		
Then Creative Work - Amrita Yoga					Ashada-Adi		Sivaloka Day

## 2 Wednesday, July 31, 2024

		Krodhin Nama Sarvasatara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Budha Vasara Yukitayam Rohini/Mrigashira Nakshatra Dhruva/Vyeghata* Yoga Bava/Kaulava Karana Ekadasht/Ovashtyam Titau				Chennai, India Sun 9	Sutra 107 Krodhin 5126
Wishabha Rasi: 20.59	Tithi 26 – 27	<b>Gulika</b> 10:40AM – 12:16PM	<b>Rohini</b> Untill 10:12AM	<b>Ganesha:</b> Clear	Sunrise: 5:55AM		
		Yama 7:30AM – 9:05AM	Dhruva Untill 2:12PM	<b>Muruga:</b> Clear	Sunset: 6:37PM	Moon 7 - Phase 15 - 9	
Creative Work	Siddha Yoga	433167572	Rahu 12:16PM – 1:51PM	Kaulava Untill 3:41AM Thu	<b>Nataraja:</b> Yellow		2nd Phase
				Ekadashi* Untill 3:57PM	Moon – Yellow		
					Ashada-Adi		Devaloka Day

## 3 Thursday, August 1, 2024

		Krodhin Nama Sarvasatara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Guru Vasara Yukitayam Migashira/Ardra Nakshatra Vyeghata*/Harshana Yoga Talala/Gara Karana Dvadashi/Trayodashtyam Titau				Chennai, India Sun 10	Sutra 108 Krodhin 5126
Mithuna Rasi: 4.15	Tithi 27 – 28	<b>Gulika</b> 9:05AM – 10:40AM	<b>Mrigashira</b> Untill 10:23AM	<b>Ganesha:</b> Clear	Sunrise: 5:55AM		
		Yama 5:55AM – 7:30AM	Vyaghalata* Untill 12:46PM	<b>Muruga:</b> Clear	Sunset: 6:36PM	Moon 7 - Phase 15 - 10	
Routine Work	Marana Yoga	433167572	Rahu 1:51PM – 3:26PM	Gara Untill 3:26AM Fri	<b>Nataraja:</b> Yellow		2nd Phase
				Dvadashi* Untill 3:29PM	Moon – Yellow		
					Ashada-Adi		Devaloka Day

Pradosha Vrata (Fasting)

## 4 Friday, August 2, 2024

		Krodhin Nama Sarvasatara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yukitayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Vanja/Vist/ Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 11	Sutra 109 Krodhin 5126
Mithuna Rasi: 17.19	Tithi 28 – 29	<b>Gulika</b> 7:30AM – 9:05AM	<b>Ardra</b> Untill 10:48AM	<b>Ganesha:</b> Clear	Sunrise: 5:55AM		
		Yama 3:26PM – 5:01PM	Harshana Untill 11:43AM	<b>Muruga:</b> Clear	Sunset: 6:36PM	Moon 7 - Phase 15 - 11	
Creative Work	Siddha Yoga	433167572	Rahu 10:40AM – 12:15PM	Visti Untill 3:35AM Sat	<b>Nataraja:</b> Yellow		2nd Phase
				Trayodashi* Untill 3:26PM	Moon – Yellow		
					Ashada-Adi		Devaloka Day

## 5 Saturday, August 3, 2024

		Krodhin Nama Sarvasatara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Manita Vasara Yukitayam Punarvasu/Pushya Nakshatra Vapa*/Siddhi Yoga Sakuni/Catupada* Karana Chaturdashi/Amavasyayam Titau				Chennai, India Sun 12	Sutra 110 Krodhin 5126
Kataka Rasi: 0.11	Tithi 29 – 30	<b>Gulika</b> 5:55AM – 7:30AM	<b>Punarvasu</b> Untill 11:56AM	<b>Ganesha:</b> Orange	Sunrise: 5:55AM		
		Yama 1:50PM – 3:25PM	Vajra* Untill 10:57AM	<b>Muruga:</b> Clear	Sunset: 6:36PM	Moon 7 - Phase 15 - 12	
Creative Work	Siddha Yoga	443167572	Rahu 9:05AM – 10:40AM	Catupada Untill 4:12AM Sun	<b>Nataraja:</b> Yellow		2nd Phase
				Chaturdashi* Untill 3:49PM	Moon – Blue		
					Ashada-Adi		Devaloka Day

## ● Sunday, August 4, 2024

		Krodhin Nama Sarvasatara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Dhruva Vasara Yukitayam Pushya/Kethista* Nakshatra Siddhi/Vyetalpata* Yoga Naga*/Kirtughna* Karana Amavasya/Prathamayam Titau				Chennai, India Sun 13	Sutra 111 Krodhin 5126
Kataka Rasi: 12.49	Tithi 30 – 1	<b>Gulika</b> 3:25PM – 5:00PM	<b>Pushya</b> Untill 1:23PM	<b>Ganesha:</b> Orange	Sunrise: 5:55AM		
		Yama 12:15PM – 1:50PM	Siddhi Untill 10:34AM	<b>Muruga:</b> Clear	Sunset: 6:35PM	Moon 7 - Phase 15 - 13	
Creative Work	Siddha Yoga	443167572	Rahu 5:00PM – 6:35PM	Kirtughna Untill 5:18AM Mon	<b>Nataraja:</b> Yellow		Amavasya
				Amavasya* Untill 4:40PM	Moon – Blue		
					Ashada-Adi		Devaloka Day

## Monday, August 5, 2024

		Krodhin Nama Sarvasatara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yukitayam Ashlesha*/Magha* Nakshatra Vyetalpata*/Varjyan Yoga Bava Karana Prathamayam Titau				Chennai, India Sun 14	Sutra 112 Krodhin 5126
Kataka Rasi: 25.14	Tithi 1	<b>Gulika</b> 1:50PM – 3:25PM	<b>Ashlesha*</b> Untill 3:08PM	<b>Ganesha:</b> Orange	Sunrise: 5:56AM		
Family Home Evening		Yama 10:40AM – 12:15PM	Vyetalpata* Untill 10:35AM	<b>Muruga:</b> Clear	Sunset: 6:35PM	Moon 7 - Phase 15 - 14	
Creative Work	Siddha Yoga	443167572	Rahu 7:30AM – 9:05AM	Bava Untill 6:01PM	<b>Nataraja:</b> Yellow		Prathama
Untill 3:08PM				Prathama* Untill 6:01PM	Moon – Blue		
Then Routine Work - Marana Yoga					Sravana-Adi		Devaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Vajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1</b>	<b>Tuesday, August 6, 2024</b>		Krodhin Nama Samvatsara Dakshininya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yukhtayam Magha*Purnaphalguni Nakshatra Varjani*Parigra* Yoga Balava/Kaulava Karana Dvityayam Titau				Chennai, India Sutra 113
	453167572	<b>Gulika</b> 12:15PM - 1:50PM Yama 9:05AM - 10:40AM <b>Rahu</b> 3:23PM - 5:00PM	<b>Magha* Until 5:41PM</b> Varjani Until 10:56AM Balava Until 6:54AM <b>Dvitiya Until 7:51PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Red <b>Savana-Adi</b>	<b>Sunrise:</b> 5:56AM <b>Sunset:</b> 6:34PM	Sun 15 Moon 7 - Phase 16 - 15 3rd Phase	Devaloka Day

<b>2</b>	<b>Wednesday, August 7, 2024</b>		Krodhin Nama Samvatsara Dakshininya Nartana Ritau Kataka Mase Sukla Paksha Budha Vasara Yukhtayam Purnaphalguni Nakshatra Parigra*/Shiva Yoga Talilla/Gara Karana Trityayam Titau				Chennai, India Sutra 114
	454167572	<b>Gulika</b> 10:40AM - 12:15PM Yama 7:31AM - 9:05AM <b>Rahu</b> 12:15PM - 1:50PM	<b>Purnaphalguni Until 8:29PM</b> Parigra* Until 11:39AM Talilla Until 8:57AM <b>Tritiya Until 10:06PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Red <b>Savana-Adi</b>	<b>Sunrise:</b> 5:56AM <b>Sunset:</b> 6:34PM	Sun 16 Moon 7 - Phase 16 - 16 3rd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM

<b>3</b>	<b>Thursday, August 8, 2024</b>		Krodhin Nama Samvatsara Dakshininya Nartana Ritau Kataka Mase Sukla Paksha Guru Vasara Yukhtayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Chennai, India Sutra 115
	454167572	<b>Gulika</b> 9:05AM - 10:40AM Yama 5:56AM - 7:31AM <b>Rahu</b> 1:49PM - 3:24PM	<b>Uttaraphalguni Until 11:23PM</b> Shiva Until 12:38PM Vanija Until 11:21AM <b>Chaturthi* Until 12:38AM Fri</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Red <b>Savana-Adi</b>	<b>Sunrise:</b> 5:56AM <b>Sunset:</b> 6:34PM	Sun 17 Moon 7 - Phase 16 - 17 3rd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM

<b>4</b>	<b>Friday, August 9, 2024</b>		Krodhin Nama Samvatsara Dakshininya Nartana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yukhtayam Hasta Nakshatra Siddha/Sadhyha Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India Sutra 116
	464167572	<b>Gulika</b> 7:31AM - 9:05AM Yama 3:24PM - 4:58PM <b>Rahu</b> 10:40AM - 12:15PM	<b>Hasta Until 2:44AM Sat</b> Siddha Until 1:44PM Bava Until 1:58PM <b>Panchami Until 3:15AM Sat</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Green <b>Savana-Adi</b>	<b>Sunrise:</b> 5:56AM <b>Sunset:</b> 6:33PM	Sun 18 Moon 7 - Phase 16 - 18 3rd Phase	Devaloka Day

<b>5</b>	<b>Saturday, August 10, 2024</b>		Krodhin Nama Samvatsara Dakshininya Nartana Ritau Kataka Mase Sukla Paksha Manta Vasara Yukhtayam Chitra Nakshatra Sadhyha/Subha Yoga Kaulava/Talilla Karana Shashthiyam Titau				Chennai, India Sutra 117
	464167572	<b>Gulika</b> 5:56AM - 7:31AM Yama 1:49PM - 3:24PM <b>Rahu</b> 9:05AM - 10:40AM	<b>Chitra Until 5:48AM Sun</b> Sadhyha Until 2:51PM Kaulava Until 4:34PM <b>Shashthi* Until 5:46AM Sun</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Green <b>Savana-Adi</b>	<b>Sunrise:</b> 5:56AM <b>Sunset:</b> 6:33PM	Sun 19 Moon 7 - Phase 16 - 19 3rd Phase	Devaloka Day

<b>6</b>	<b>Sunday, August 11, 2024</b>		Krodhin Nama Samvatsara Dakshininya Nartana Ritau Kataka Mase Sukla Paksha Bhanu Vasara Yukhtayam Svati Nakshatra Subha/Sukla Yoga Gara Karana Saptamyam Titau				Chennai, India Sutra 118
	464167572	<b>Gulika</b> 3:23PM - 4:58PM Yama 12:14PM - 1:49PM <b>Rahu</b> 4:58PM - 6:32PM	<b>Svati Until 8:22AM Mon</b> Subha Until 3:48PM Gara Until 6:55PM <b>Saptami Until 7:55AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Green <b>Savana-Adi</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:32PM	Sun 20 Moon 7 - Phase 16 - 20 3rd Phase	Devaloka Day

<b>D</b>	<b>Monday, August 12, 2024</b>		Krodhin Nama Samvatsara Dakshininya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yukhtayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashamyam Titau				Chennai, India Sutra 119
	464167572	<b>Gulika</b> 1:49PM - 3:23PM Yama 10:40AM - 12:14PM <b>Rahu</b> 7:31AM - 9:05AM	<b>Svati Until 8:22AM</b> Sukla Until 4:24PM Visti Until 8:49PM <b>Saptami Until 7:55AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Green <b>Savana-Adi</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:32PM	Sun 21 Moon 7 - Phase 16 - 21 Ashtami	Devaloka Day

<b>T</b>	<b>Tuesday, August 13, 2024</b>		Krodhin Nama Samvatsara Dakshininya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yukhtayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Chennai, India Sutra 120
	474167572	<b>Gulika</b> 12:14PM - 1:48PM Yama 9:05AM - 10:40AM <b>Rahu</b> 3:23PM - 4:57PM	<b>Vishakha Until 10:43AM</b> Brahma Until 4:31PM Balava Until 10:04PM <b>Ashtami* Until 9:31AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon - Orange <b>Savana-Adi</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:31PM	Sun 22 Moon 7 - Phase 16 - 22 Navami	Bhuloka Day Devaloka Time: 3PM to 6PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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<b>1</b>	<b>Wednesday, August 14, 2024</b>		Kodhin Nama Sarvasatara Dakshinaya Narana Ritau Katsa Masa Sukla Paksha Budha Vasara Yuktayam Anuradha/Jyeshtha/Nakshatra Indira/Vaidhri* Yoga Kaulava/Taila Karana Navami/Dashamam Titau				Chennai, India
	474167572	<b>Gulika</b> 10:40AM – 12:14PM <b>Yama</b> 7:31AM – 9:05AM <b>Rahu</b> 12:14PM – 1:48PM	<b>Anuradha</b> <b>Until 12:11PM</b> Indra <b>Until 4:04PM</b> Taila <b>Until 10:32PM</b> <b>Navami* Until 10:23AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon – Orange <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:31PM	Sun 23 Kodhin 5:16 Phase 17 – 23 4th Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>2</b>	<b>Thursday, August 15, 2024</b>		Kodhin Nama Sarvasatara Dakshinaya Narana Ritau Katsa Masa Sukla Paksha Guru Vasara Yuktayam Jyeshtha/Mula/Nakshatra Vaidhri/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadasham Titau				Chennai, India
	474167572	<b>Gulika</b> 9:05AM – 10:39AM <b>Yama</b> 5:57AM – 7:31AM <b>Rahu</b> 1:48PM – 3:22PM	<b>Jyeshtha* Until 12:42PM</b> Vaidhri* <b>Until 2:56PM</b> Vanija <b>Until 10:10PM</b> <b>Dashami Until 10:26AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon – Orange <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:30PM	Sun 24 Kodhin 5:16 Phase 17 – 24 4th Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>3</b>	<b>Friday, August 16, 2024</b>		Kodhin Nama Sarvasatara Dakshinaya Jivana Ritau Simha Masa Sukla Paksha Sukra Vasara Yuktayam Mula/Purvashadha/Nakshatra Vishkambha*Priti Yoga Vaisi/Bava Karana Ekadashi/Dvadasham Titau				Chennai, India
	484167572	<b>Gulika</b> 7:31AM – 9:05AM <b>Yama</b> 3:22PM – 4:56PM <b>Rahu</b> 10:39AM – 12:13PM	<b>Mula* Until 12:42PM</b> Vishkambha* <b>Until 1:10PM</b> Bava <b>Until 9:00PM</b> <b>Ekadashi Until 9:39AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon – Light Blue <b>Sravana-Avani</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:30PM	Sun 25 Kodhin 5:16 Phase 17 – 25 4th Phase	<b>Devaloka Day</b>

<b>4</b>	<b>Saturday, August 17, 2024</b>		Kodhin Nama Sarvasatara Dakshinaya Jivana Ritau Simha Masa Sukla Paksha Marita Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodasham Titau				Chennai, India
	584167572	<b>Gulika</b> 5:57AM – 7:31AM <b>Yama</b> 1:47PM – 3:21PM <b>Rahu</b> 9:05AM – 10:39AM	<b>Purvashadha* Until 11:49AM</b> Priti <b>Until 10:47AM</b> Kaulava <b>Until 7:06PM</b> <b>Dvadashi Until 8:07AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon – Light Blue <b>Sravana-Avani</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:29PM	Sun 26 Kodhin 5:16 Phase 17 – 26 4th Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>5</b>	<b>Sunday, August 18, 2024</b>		Kodhin Nama Sarvasatara Dakshinaya Jivana Ritau Simha Masa Sukla Paksha Bharu Vasara Yuktayam Uttarashadha/Sravana Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdasham Titau				Chennai, India
	584167572	<b>Gulika</b> 3:21PM – 4:55PM <b>Yama</b> 12:13PM – 1:47PM <b>Rahu</b> 4:55PM – 6:29PM	<b>Uttarashadha Until 10:08AM</b> Ayushman <b>Until 7:51AM</b> Gara <b>Until 4:36PM</b> <b>Chaturdashi* Until 3:09AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon – Light Blue <b>Sravana-Avani</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:29PM	Sun 27 Kodhin 5:16 Phase 17 – 27 4th Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>Monday, August 19, 2024</b>	<b>Copper Retreat Star</b>		Kodhin Nama Sarvasatara Dakshinaya Jivana Ritau Simha Masa Sukla Paksha Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sothana Yoga Vaisi/Bava Karana Purnimayam Titau				Chennai, India
	595167572	<b>Gulika</b> 1:47PM – 3:20PM <b>Yama</b> 10:39AM – 12:13PM <b>Rahu</b> 7:31AM – 9:05AM	<b>Shravana Until 8:13AM</b> Sobhana <b>Until 12:51AM Tue</b> Vaisi <b>Until 1:38PM</b> <b>Purnima* Until 12:01AM Tue</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Sravana-Avani</b>	<b>Sunrise:</b> 5:57AM <b>Sunset:</b> 6:29PM	Sun 27 Kodhin 5:16 Phase 17 – Purnima	<b>Sivaloka Day</b>

<b>Tuesday, August 20, 2024</b>	<b>Silver Retreat Star</b>		Kodhin Nama Sarvasatara Dakshinaya Jivana Ritau Simha Masa Krishna Paksha Mangala Vasara Yuktayam Shatabhishak Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamam Titau				Chennai, India
	595167572	<b>Gulika</b> 12:12PM – 1:46PM <b>Yama</b> 9:05AM – 10:39AM <b>Rahu</b> 3:20PM – 4:54PM	<b>Shatabhishak Until 3:06AM Wed</b> Athiganda* <b>Until 8:59PM</b> Balava <b>Until 10:22AM</b> <b>Prathama* Until 8:39PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Yellow Moon – Purple <b>Sravana-Avani</b>	<b>Sunrise:</b> 5:58AM <b>Sunset:</b> 6:27PM	Sun 27 - Phase 17 - Prathama	<b>Sivaloka Day</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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**Wednesday, August 21, 2024****Gold Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Pakhe Budha Vasara Yuktayam  
Purvaprosarthpada\* Nakshatra Sukama/Dhriti Yoga Tatila/Venja Karana Dvitiya/Tritayam Titau

Chennai, India

Sun 1 Sutra 128

Krodhin 5126

Kumbha Rasi: 21.43 Tithi 17 - 18

Gulika 10:39AM - 12:12PM

Purvaprosarthpada\* Until 12:38AM Th

Ganesh: Purple

Sunrise: 5:58AM

Moon 8 - Phase 18 - 1

Creative Work Amrita Yoga

Until 12:38AM Thu

Then Creative Work - Siddha Yoga

Yama 7:31AM - 9:05AM

Sukarma Until 5:04PM

Muruga: Clear

Sunset: 6:27PM

1st Phase

Rahu 12:12PM - 1:46PM

Tatila Until 6:57AM

Nataraja: Yellow

**Sivaloka Day**

Moon - Clear

Savana-Avani

**1 Thursday, August 22, 2024**Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Pakhe Guru Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Dhriti/Shula\* Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Chennai, India

Sun 2 Sutra 129

Krodhin 5126

Meena Rasi: 6.4 Tithi 18 - 19

Gulika 9:05AM - 10:38AM

Uttaraprosarthpada Until 10:09PM

Ganesh: Purple

Sunrise: 5:58AM

Moon 8 - Phase 18 - 2

Creative Work Siddha Yoga

Until 7:47PM

Then Creative Work - Amrita Yoga

Yama 5:58AM - 7:31AM

Dhriti Until 1:14PM

Muruga: Clear

Sunset: 6:26PM

1st Phase

Rahu 1:46PM - 3:19PM

Bava Until 12:16AM Fri

Nataraja: Yellow

**Sivaloka Day**

Moon - Clear

Savana-Avani

**2 Friday, August 23, 2024**Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Pakhe Sukra Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Baleva/Kaulava Karana Chaturthi/Panchamyam Titau

Chennai, India

Sun 3 Sutra 130

Krodhin 5126

Meena Rasi: 21.29 Tithi 19 - 20

Gulika 7:31AM - 9:05AM

Revati Until 7:47PM

Ganesh: Purple

Sunrise: 5:58AM

Moon 8 - Phase 18 - 3

Creative Work Siddha Yoga

Until 7:47PM

Then Creative Work - Amrita Yoga

Yama 3:19PM - 4:52PM

Shula\* Until 9:32AM

Muruga: Clear

Sunset: 6:26PM

1st Phase

Rahu 10:38AM - 12:12PM

Kaulava Until 9:16PM

Nataraja: Yellow

**Sivaloka Day**

Moon - Clear

Savana-Avani

**3 Saturday, August 24, 2024**Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Pakhe Marta Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vidhhi Yoga Tatila/Gara Karana Panchami/Shashthyam Titau

Chennai, India

Sun 4 Sutra 131

Krodhin 5126

Mehsa Rasi: 6.05 Tithi 20 - 21

Gulika 5:58AM - 7:31AM

Ashvini Until 6:05PM

Ganesh: Purple

Sunrise: 5:58AM

Moon 8 - Phase 18 - 4

Creative Work Siddha Yoga

Until 7:47PM

Then Creative Work - Amrita Yoga

Yama 1:45PM - 3:18PM

Ganda\* Until 6:07AM

Muruga: Clear

Sunset: 6:25PM

1st Phase

Rahu 9:05AM - 10:38AM

Gara Until 6:39PM

Nataraja: Yellow

**Bhuloka Day**

Moon - White

Savana-Avani

Devoloka Time: 3PM to 6PM

**4 Sunday, August 25, 2024**Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Pakhe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Visti/Bava Karana Saptamyam Titau

Chennai, India

Sun 5 Sutra 132

Krodhin 5126

Mehsa Rasi: 20.23 Tithi 22

Gulika 3:18PM - 4:51PM

Bharani Until 4:42PM

Ganesh: Purple

Sunrise: 5:58AM

Moon 8 - Phase 18 - 5

Routine Work Prabalarishta Yoga

Until 4:42PM

Then Creative Work - Siddha Yoga

Yama 12:11PM - 1:44PM

Dhruva Until 12:25AM Mon

Muruga: Clear

Sunset: 6:24PM

1st Phase

Rahu 4:51PM - 6:24PM

Visti Until 4:31PM

Nataraja: Yellow

**Bhuloka Day**

Moon - White

Savana-Avani

Devoloka Time: 3PM to 6PM

**Monday, August 26, 2024****Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Baleva/Kaulava Karana Ashtamyam Titau

Chennai, India

Sun 6 Sutra 133

Krodhin 5126

Vishahsa Rasi: 4.2 Tithi 23

Gulika 1:44PM - 3:17PM

Krittika Until 3:43PM

Ganesh: Purple

Sunrise: 5:58AM

Moon 8 - Phase 18 - 6

Family Home Evening

Until 3:43PM

Then Creative Work - Amrita Yoga

Yama 10:38AM - 12:11PM

Vyaghata\* Until 10:13PM

Muruga: Clear

Sunset: 6:24PM

Ashtami

Rahu 7:31AM - 9:04AM

Balava Until 2:55PM

Nataraja: Yellow

**Bhuloka Day**

Moon - White

Savana-Avani

Devoloka Time: 3PM to 6PM

**Tuesday, August 27, 2024****Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Pakhe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Tatila/Gara Karana Navamyam Titau

Chennai, India

Sun 7 Sutra 134

Krodhin 5126

Vishahsa Rasi: 17.58 Tithi 24

Gulika 12:11PM - 1:44PM

Rohini Until 3:35PM

Ganesh: Clear

Sunrise: 5:58AM

Moon 8 - Phase 18 - 7

Creative Work Amrita Yoga

Until 3:35PM

Then Creative Work - Siddha Yoga

Yama 9:04AM - 10:37AM

Harshana Until 8:28PM

Muruga: Clear

Sunset: 6:23PM

Navami

Rahu 3:17PM - 4:50PM

Tatila Until 1:52PM

Nataraja: White

**Sivaloka Day**

Moon - Yellow

Savana-Avani

Navami\* Until 1:32AM Wed

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1</b>	<b>Wednesday, August 28, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanjira/Visli* Karana Dashamayam Titau				Chennai, India Sun 8	Sutra 135 Krodhin 5126	
	Mithuna Rasi: 1.17	Tithi 25	<b>Gulika</b> 7:31AM - 9:04AM 536277573	<b>10:37AM - 12:10PM</b> Yama 7:31AM - 9:04AM Rahu	<b>Mrigashira Until 3:51PM</b> Vajra* Until 7:06PM Vanija Until 1:23PM	<b>Ganesha:</b> White <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon - Yellow Sraavana-Avani	Sunrise: 5:58AM Sunset: 6:23PM	Moon 8 - Phase 19 - 8 2nd Phase	
Creative Work Siddha Yoga			<b>Subha Sivaloka Day</b>						

<b>2</b>	<b>Thursday, August 29, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam Ardra/Purnvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India Sun 9	Sutra 136 Krodhin 5126	
	Mithuna Rasi: 14.18	Tithi 26	<b>Gulika</b> 9:04AM - 10:37AM 536277573	<b>9:04AM - 10:37AM</b> Yama 5:58AM - 7:31AM Rahu	<b>Ardra Until 4:28PM</b> Siddhi Until 6:14PM Bava Until 1:25PM	<b>Ganesha:</b> White <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon - Yellow Sraavana-Avani	Sunrise: 5:58AM Sunset: 6:23PM	Moon 8 - Phase 19 - 9 2nd Phase	
Routine Work Marana Yoga Until 4:28PM Then Creative Work - Amrita Yoga			<b>Subha Sivaloka Day</b>						

<b>3</b>	<b>Friday, August 30, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam				Chennai, India Sun 10	Sutra 137 Krodhin 5126	
	Mithuna Rasi: 27.05	Tithi 27	<b>Gulika</b> 7:31AM - 9:04AM 546277573	<b>7:31AM - 9:04AM</b> Yama 10:37AM - 12:10PM Rahu	<b>Purnvasu Until 5:53PM</b> Vyatipata* Until 5:44PM Kaulava Until 1:58PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon - Blue Sraavana-Avani	Sunrise: 5:58AM Sunset: 6:21PM	Moon 8 - Phase 19 - 10 2nd Phase	
Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Marana Yoga			<b>Sivaloka Day</b>						

<b>4</b>	<b>Saturday, August 31, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Marta Vasara Yuktayam Pushya Nakshatra Varjani/Parigraha* Yoga Gara/Vanija Karana Trayodashyam Titau				Chennai, India Sun 11	Sutra 138 Krodhin 5126	
	Kalkata Rasi: 9.38	Tithi 28	<b>Gulika</b> 5:58AM - 7:31AM 546277573	<b>5:58AM - 7:31AM</b> Yama 1:42PM - 3:15PM Rahu	<b>Pushya Until 7:37PM</b> Varjani Until 5:34PM Gara Until 3:00PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon - Blue Sraavana-Avani	Sunrise: 5:58AM Sunset: 6:21PM	Moon 8 - Phase 19 - 11 2nd Phase	
Creative Work Siddha Yoga Until 7:37PM Then Routine Work - Marana Yoga			<b>Sivaloka Day</b>						

<b>5</b>	<b>Sunday, September 1, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yuktayam Ashlesha* Nakshatra Parigraha* Shiva Yoga Visli/Sakuni* Karana Chaturdashyam Titau				Chennai, India Sun 12	Sutra 139 Krodhin 5126	
	Kalkata Rasi: 21.59	Tithi 29	<b>Gulika</b> 3:14PM - 4:47PM 546277573	<b>3:14PM - 4:47PM</b> Yama 12:09PM - 1:42PM Rahu	<b>Ashlesha* Until 9:35PM</b> Parigraha* Until 5:46PM Visti Until 4:28PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon - Blue Sraavana-Avani	Sunrise: 5:58AM Sunset: 6:20PM	Moon 8 - Phase 19 - 12 2nd Phase	
Creative Work Siddha Yoga Until 9:35PM Then Routine Work - Marana Yoga			<b>Sivaloka Day</b>						

<b>Monday, September 2, 2024</b>	<b>Retreat Star</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam Magha* Nakshatra Shiva Yoga Catuspada* Karana Amavasyayam Titau				Chennai, India Sun 13	Sutra 140 Krodhin 5126	
	Simha Rasi: 4.09	Tithi 30	<b>Gulika</b> 1:41PM - 3:14PM 556277573	<b>1:41PM - 3:14PM</b> Yama 10:36AM - 12:09PM Rahu	<b>Magha* Until 12:17AM Tue</b> Shiva Until 6:17PM Catuspada Until 6:20PM	<b>Ganesha:</b> Red <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon - Red Sraavana-Avani	Sunrise: 5:58AM Sunset: 6:19PM	Moon 8 - Phase 19 - 13 Amavasya	
Family Home Evening Routine Work Marana Yoga Until 12:17AM Tue Then Creative Work - Siddha Yoga			<b>Sivaloka Day</b>						

<b>Tuesday, September 3, 2024</b>	<b>Retreat Star</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksha Mangala Vasara Yuktayam Purnvaphalguni Nakshatra Siddha Yoga Naga* Kintughna* Karana Amavasya/Prathamayam Titau				Chennai, India Sun 14	Sutra 141 Krodhin 5126	
	Simha Rasi: 16.1	Tithi 30 - 1	<b>Gulika</b> 12:06PM - 1:41PM 556277573	<b>12:06PM - 1:41PM</b> Yama 9:03AM - 10:36AM Rahu	<b>Purnvaphalguni Until 3:08AM Wed</b> Siddha Until 7:02PM Kintughna Until 8:34PM	<b>Ganesha:</b> Red <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon - Red Bhadrapada-Avani	Sunrise: 5:58AM Sunset: 6:19PM	Moon 8 - Phase 19 - 14 Prathama	
Creative Work Siddha Yoga Until 3:08AM Wed Then Creative Work - Amrita Yoga			<b>Sivaloka Day</b>						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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<b>1</b>	<b>Wednesday, September 4, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jvana Ritau Simha Mase Sukla Paksha Budha Vasara Yukhtayam Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathamadvityayam Titau				Chennai, India Sun 15	Sutra 142 Krodhin 516
	Simha Rasi: 28.04	Tithi 1 – 2	<b>Gulika</b> 10:36AM – 12:08PM	<b>Uttaraphalguni Until 6:03AM Thu</b>	<b>Ganesha:</b> Red	Sunrise: 5:58AM		
			Yama 7:31AM – 9:03AM	Sadhya Until 8:01PM	<b>Muruga:</b> Orange	Sunset: 6:19PM	Moon 8 - Phase 20 - 16	
	Creative Work Amrita Yoga Until 6:03AM Thu Then Routine Work - Marana Yoga	556277573	<b>Rahu</b> 12:08PM – 1:41PM	Balava Until 11:05PM <b>Prathama* Until 9:46AM</b>	<b>Nataraja:</b> White Moon – Red <b>Bhadrapada-Avani</b>			<b>Sivaloka Day</b>

<b>2</b>	<b>Thursday, September 5, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jvana Ritau Simha Mase Sukla Paksha Guru Vasara Yukhtayam Uttaraphalguni Nakshatra Subha Yoga Kaulava/Taila Karana Dvityayam Titau				Chennai, India Sun 16	Sutra 143 Krodhin 516
	Kanya Rasi: 9.53	Tithi 2 – 3	<b>Gulika</b> 9:03AM – 10:35AM	<b>Uttaraphalguni Until 6:03AM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:58AM		
			Yama 5:58AM – 7:31AM	Subha Until 9:08PM	<b>Muruga:</b> Orange	Sunset: 6:17PM	Moon 8 - Phase 20 - 16	
	Routine Work Marana Yoga	557277573	<b>Rahu</b> 1:40PM – 3:12PM	Taila Until 1:44AM Fri <b>Dvitiya Until 12:23PM</b>	<b>Nataraja:</b> White Moon – Red <b>Bhadrapada-Avani</b>			<b>Devaloka Day</b>

<b>3</b>	<b>Friday, September 6, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jvana Ritau Simha Mase Sukla Paksha Sukra Vasara Yukhtayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Chennai, India Sun 17	Sutra 144 Krodhin 516
	Kanya Rasi: 21.38	Tithi 3 – 4	<b>Gulika</b> 7:31AM – 9:03AM	<b>Hasta Until 9:26AM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:58AM		
			Yama 3:12PM – 4:44PM	Sukla Until 10:15PM	<b>Muruga:</b> Orange	Sunset: 6:17PM	Moon 8 - Phase 20 - 16	
	Creative Work Amrita Yoga Until 9:26AM Then Routine Work - Siddha Yoga	567277573	<b>Rahu</b> 10:35AM – 12:07PM	Vanija Until 4:25AM Sat <b>Tritiya Until 3:04PM</b>	<b>Nataraja:</b> White Moon – Green <b>Bhadrapada-Avani</b>			<b>Devaloka Day</b>

<b>4</b>	<b>Saturday, September 7, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jvana Ritau Simha Mase Sukla Paksha Manta Vasara Yukhtayam Chitra/Svati Nakshatra Brahma Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau				Chennai, India Sun 18	Sutra 145 Krodhin 516
	Tula Rasi: 3.25	Tithi 4 – 5	<b>Gulika</b> 5:58AM – 7:31AM	<b>Chitra Until 12:35PM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:58AM		
			Yama 1:39PM – 3:11PM	Brahma Until 11:17PM	<b>Muruga:</b> Orange	Sunset: 6:19PM	Moon 8 - Phase 20 - 16	
	Routine Work Marana Yoga Until 12:35PM Then Creative Work - Siddha Yoga	567277573	<b>Rahu</b> 9:03AM – 10:35AM	Bava Until 6:55AM Sun <b>Chaturthi* Until 5:40PM</b>	<b>Nataraja:</b> White Moon – Green <b>Bhadrapada-Avani</b>			<b>Devaloka Day</b>

<b>5</b>	<b>Sunday, September 8, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jvana Ritau Simha Mase Sukla Paksha Bhanu Vasara Yukhtayam Svati/Vishakha Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India Sun 19	Sutra 146 Krodhin 516
	Tula Rasi: 15.15	Tithi 5	<b>Gulika</b> 3:11PM – 4:43PM	<b>Svati Until 3:22PM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:58AM		
			Yama 12:07PM – 1:39PM	Indra Until 12:06AM Mon	<b>Muruga:</b> Orange	Sunset: 6:15PM	Moon 8 - Phase 20 - 19	
	Creative Work Siddha Yoga Until 3:22PM Then Routine Work - Marana Yoga	567277573	<b>Rahu</b> 4:43PM – 6:15PM	Bava Until 6:55AM <b>Panchami Until 8:01PM</b>	<b>Nataraja:</b> White Moon – Green <b>Bhadrapada-Avani</b>			<b>Devaloka Day</b>

<b>6</b>	<b>Monday, September 9, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jvana Ritau Simha Mase Sukla Paksha Indra Vasara Yukhtayam Vishakha Nakshatra Vaidhiti* Yoga Kaulava/Taila Karana Shashthiyam Titau				Chennai, India Sun 20	Sutra 147 Krodhin 516
	Tula Rasi: 27.13	Tithi 6	<b>Gulika</b> 1:38PM – 3:10PM	<b>Vishakha Until 6:05PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:58AM		
	<b>Family Home Evening</b>		Yama 10:34AM – 12:06PM	Vaidhiti* Until 12:32AM Tue	<b>Muruga:</b> Orange	Sunset: 6:14PM	Moon 8 - Phase 20 - 21	
	Routine Work Marana Yoga Until 6:05PM Then Creative Work - Siddha Yoga	577277573	<b>Rahu</b> 7:30AM – 9:02AM	Kaulava Until 9:04AM <b>Shashthi* Until 9:55PM</b>	<b>Nataraja:</b> White Moon – Orange <b>Bhadrapada-Avani</b>			<b>Sivaloka Day</b>

<b>D</b>	<b>Tuesday, September 10, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jvana Ritau Simha Mase Sukla Paksha Mangala Vasara Yukhtayam Anuradha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Septamyam Titau				Chennai, India Sun 21	Sutra 148 Krodhin 516
	<b>Retreat Star</b>		<b>Gulika</b> 12:06PM – 1:38PM	<b>Anuradha Until 8:04PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:58AM		
	Vischika Rasi: 9.24	Tithi 7	Yama 9:02AM – 10:34AM	Vishkambha* Until 12:30AM Wed	<b>Muruga:</b> Orange	Sunset: 6:14PM	Moon 8 - Phase 20 - 21	
	Creative Work Siddha Yoga Until 8:04PM Then Routine Work - Marana Yoga	577277573	<b>Rahu</b> 3:10PM – 4:42PM	Gara Until 10:41AM <b>Saptami Until 11:13PM</b>	<b>Nataraja:</b> White Moon – Orange <b>Bhadrapada-Avani</b>			<b>Sivaloka Day</b>

<b>D</b>	<b>Wednesday, September 11, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jvana Ritau Simha Mase Sukla Paksha Budha Vasara Yukhtayam Jyeshtha* Nakshatra Priti Yoga Visti* Bava Karana Ashtamyam Titau				Chennai, India Sun 22	Sutra 149 Krodhin 516
	<b>Retreat Star</b>		<b>Gulika</b> 10:34AM – 12:06PM	<b>Jyeshtha* Until 9:12PM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:58AM		
	Vischika Rasi: 21.5	Tithi 8	Yama 7:30AM – 9:02AM	Priti Until 11:55PM	<b>Muruga:</b> Orange	Sunset: 6:13PM	Moon 8 - Phase 20 - 22	
	Creative Work Siddha Yoga Until 9:12PM Then Routine Work - Marana Yoga	578277573	<b>Rahu</b> 12:06PM – 1:38PM	Visti Until 11:38AM <b>Ashtami* Until 11:48PM</b>	<b>Nataraja:</b> White Moon – Orange <b>Bhadrapada-Avani</b>			<b>Subha Sivaloka Day</b>

<b>D</b>	<b>Thursday, September 12, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jvana Ritau Simha Mase Sukla Paksha Guru Vasara Yukhtayam Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 23	Sutra 150 Krodhin 516
	<b>Retreat Star</b>		<b>Gulika</b> 9:02AM – 10:34AM	<b>Mula* Until 9:52PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:58AM		
	Dhanus Rasi: 4.38	Tithi 9	Yama 5:58AM – 7:30AM	Ayushman Until 10:40PM	<b>Muruga:</b> Orange	Sunset: 6:12PM	Moon 8 - Phase 20 - 23	
	Creative Work Siddha Yoga	588277573	<b>Rahu</b> 1:37PM – 3:09PM	Balava Until 11:48AM <b>Navami* Until 11:34PM</b>	<b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada-Avani</b>			<b>Sivaloka Day</b>

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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<b>1 Friday, September 13, 2024</b>		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Simha Mase Sukla Paksha Sukra Vessara Yukitayam Purvashadha* Nakshatra Saubhagya Yoga Talila/Gara Karana Dashamyam Titau				Chennai, India Sun 24 Sutra 151 Krodhin 5126
Dhanu Rasi: 17.5	Tithi 10	<b>Gulika</b> 7:30AM – 9:02AM	<b>Purvashadha* Until 9:35PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada-Avani</b>	Sunrise: 5:58AM Sunset: 6:12PM	Moon 8 - Phase 21 - 24 4th Phase
Routine Work Prabalariatha Yoga Until 9:35PM Then Routine Work - Marana Yoga		588277573 <b>Rahu</b> 10:33AM – 12:05PM	Saubhagya Until 8:47PM Talila Until 11:59AM <b>Dashami Until 10:31PM</b>			<b>Sivaloka Day</b>
<b>2 Saturday, September 14, 2024</b>		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Simha Mase Sukla Paksha Manta Vessara Yukitayam Uttarashadha Nakshatra Sobhana Yoga Vanija/Visi* Karana Ekadashyam Titau				Chennai, India Sun 25 Sutra 152 Krodhin 5126
Makara Rasi: 1.3	Tithi 11	<b>Gulika</b> 5:58AM – 7:30AM	<b>Uttarashadha Until 8:24PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Light Blue <b>Bhadrapada-Avani</b>	Sunrise: 5:58AM Sunset: 6:11PM	Moon 8 - Phase 21 - 25 4th Phase
Routine Work Marana Yoga Until 8:24PM Then Routine Work - Siddha Yoga		588277573 <b>Rahu</b> 9:01AM – 10:33AM	Sobhana Until 6:17PM Vanija Until 9:43AM <b>Ekadashi Until 8:42PM</b>			<b>Sivaloka Day</b>
<b>3 Sunday, September 15, 2024</b>		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Simha Mase Sukla Paksha Ehanu Vessara Yukitayam Shravana Nakshatra Athiganda*/Sukarna Yoga Bava/Balava Karana Dvadashyam Titau				Chennai, India Sun 26 Sutra 153 Krodhin 5126
Makara Rasi: 16	Tithi 12	<b>Gulika</b> 3:07PM – 4:39PM	<b>Shravana Until 6:49PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada-Avani</b>	Sunrise: 5:58AM Sunset: 6:10PM	Moon 8 - Phase 21 - 26 4th Phase
Creative Work Amrita Yoga Until 6:49PM Then Routine Work - Marana Yoga		598277573 <b>Rahu</b> 4:39PM – 6:10PM	Athiganda* Until 3:13PM Bava Until 7:34AM <b>Dvadashi Until 6:14PM</b>			<b>Subha Sivaloka Day</b>
<b>4 Monday, September 16, 2024</b>		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Indu Vessara Yukitayam Dhanishtha/Shatabhishak Nakshatra Sukarna Chriti Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 27 Sutra 154 Krodhin 5126
Kumbha Rasi: 0.08	Tithi 13 – 14	<b>Gulika</b> 1:35PM – 3:07PM	<b>Dhanishtha Until 4:34PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada-Puratasi</b>	Sunrise: 5:58AM Sunset: 6:09PM	Moon 8 - Phase 21 - 27 4th Phase
Family Home Evening Creative Work Siddha Yoga		598277573 <b>Rahu</b> 7:30AM – 9:01AM	Sukarna Until 11:42AM Gara Until 1:34AM Tue <b>Trayodashi Until 3:13PM</b>			<b>Subha Sivaloka Day</b>
<i>Pradosha Vrata</i>						
<b>○ Tuesday, September 17, 2024</b>		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vessara Yukitayam Shatabhishak/Purvaprosrthapada* Nakshatra Dhriti/Shukla* Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau				Chennai, India Sun 28 Sutra 155 Krodhin 5126
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:35PM	<b>Shatabhishak Until 1:48PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Purple <b>Bhadrapada-Puratasi</b>	Sunrise: 5:58AM Sunset: 6:09PM	Moon 8 - Phase 21 - 28 Purnima
Kumbha Rasi: 15.01	Tithi 14 – 15	Yama 9:01AM – 10:32AM	Dhriti Until 7:50AM Visti Until 10:01PM <b>Chaturdashi* Until 11:48AM</b>			<b>Subha Sivaloka Day</b>
Routine Work Marana Yoga		598277573 <b>Rahu</b> 3:06PM – 4:37PM				
<b>Wednesday, September 18, 2024</b>		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Budha Vessara Yukitayam Purvaprosrthapada*/Uttaraprosrthapada* Nakshatra Ganda* Yoga Bava/Balava Karana Prathamayam Titau				Chennai, India Sun 29 Sutra 156 Krodhin 5126
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:32AM – 12:03PM	<b>Purvaprosrthapada* Until 11:04AM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Clear <b>Bhadrapada-Puratasi</b>	Sunrise: 5:58AM Sunset: 6:09PM	Moon 8 - Phase 21 - 29 Prathama
Meena Rasi: 0.07	Tithi 15 – 16	Yama 7:30AM – 9:01AM	Ganda* Until 11:31PM Balava Until 6:18PM <b>Purnima* Until 8:09AM</b>			<b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga Until 11:04AM Then Creative Work - Siddha Yoga		519377573 <b>Rahu</b> 12:03PM – 1:34PM				

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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**Thursday, September 19, 2024****Gold Retreat Star**

Meena Rasi: 15.18		Tithi 17	Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam Uttaraprosrthapada/Revati Nakshatra Vridhi Yoga Talila/Gara Karana Dvityayam Tilau		Chennai, India Sutra 157 Krodhin 5:16K
Creative Work	Siddha Yoga	Gulika	9:01AM – 10:32AM	Uttaraprosrthapada Until 8:08AM	Ganesha: White
		Yama	5:58AM – 7:29AM	Vridhi Until 7:22PM	Muruga: Orange
		Rahu	1:34PM – 3:05PM	Tailila Until 2:35PM	Nataraja: White
			Dvitiya Until 12:45AM Fri	Moon – Clear	Subha Sivaloka Day
				Bhadrapada-Puratasi	

Meena Rasi: 0.25		Tithi 18	Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam Ashvini Nakshatra Dhruv/Vyaghata* Yoga Vanja/Visti* Karana Trityayam Tilau		Chennai, India Sutra 158 Krodhin 5:16K
Creative Work	Amrita Yoga	Gulika	7:29AM – 9:00AM	Ashvini Until 2:45AM Sat	Ganesha: Yellow
		Yama	3:05PM – 4:36PM	Dhruva Until 3:21PM	Muruga: Orange
		Rahu	10:31AM – 12:02PM	Vanija Until 11:01AM	Nataraja: White
			Tritiya Until 9:20PM	Moon – White	Sivaloka Day
				Bhadrapada-Puratasi	

Mesha Rasi: 15.19		Tithi 19	Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Marita Vasara Yuktayam Bharani Nakshatra Vyaghata*/Harshana Yoga Beva/Balava Karana Chatrityayam Tilau		Chennai, India Sutra 159 Krodhin 5:16K
Creative Work	Siddha Yoga	Gulika	5:58AM – 7:29AM	Bharani Until 12:37AM Sun	Ganesha: Yellow
		Yama	1:33PM – 3:04PM	Vyaghata* Until 11:37AM	Muruga: Orange
		Rahu	9:00AM – 10:31AM	Bava Until 7:46AM	Nataraja: White
			Chaturthi* Until 6:17PM	Moon – White	Sivaloka Day
				Bhadrapada-Puratasi	

Mesha Rasi: 29.53		Tithi 20 – 21	Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam Kritika Nakshatra Harshana/Vajra* Yoga Talila/Gara Karana Panchami/Shashyayam Tilau		Chennai, India Sutra 160 Krodhin 5:16K
Creative Work	Siddha Yoga	Gulika	3:03PM – 4:34PM	Kritika Until 10:53PM	Ganesha: Yellow
		Yama	12:02PM – 1:33PM	Harshana Until 8:17AM	Muruga: Orange
		Rahu	4:34PM – 6:05PM	Gara Until 2:43AM Mon	Nataraja: White
			Panchami Until 3:45PM	Moon – White	Sivaloka Day
				Bhadrapada-Puratasi	

Wishahba Rasi: 14.04		Tithi 21 – 22	Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam Rohini Nakshatra Siddhi Yoga Vanja/Visti* Karana Shashthi/Saptamayam Tilau		Chennai, India Sutra 161 Krodhin 5:16K
Creative Work	Amrita Yoga	Gulika	1:32PM – 3:03PM	Rohini Until 10:04PM	Ganesha: Blue
		Yama	10:31AM – 12:01PM	Siddhi Until 3:06AM Tue	Muruga: Orange
		Rahu	7:29AM – 9:00AM	Visti Until 1:09AM Tue	Nataraja: White
			Shashthi* Until 1:50PM	Moon – Yellow	Subha Sivaloka Day
				Bhadrapada-Puratasi	

Wishahba Rasi: 27.49		Tithi 22 – 23	Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam Migashira Nakshatra Vyajipata* Yoga Beva/Balava Karana Saptami/Ashtamayam Tilau		Chennai, India Sutra 162 Krodhin 5:16K
Creative Work	Siddha Yoga	Gulika	12:01PM – 1:32PM	Migashira Until 9:50PM	Ganesha: Blue
		Yama	9:00AM – 10:30AM	Vyajipata* Until 1:23AM Wed	Muruga: Orange
		Rahu	3:02PM – 4:33PM	Balava Until 12:18AM Wed	Nataraja: White
			Saptami Until 12:37PM	Moon – Yellow	Subha Sivaloka Day
				Bhadrapada-Puratasi	

Mithuna Rasi: 11.08		Tithi 23 – 24	Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Budha Vasara Yuktayam Ardra Nakshatra Variyan Yoga Kuleva/Tailita Karana Ashtami/Navamayam Tilau		Chennai, India Sutra 163 Krodhin 5:16K
Creative Work	Siddha Yoga	Gulika	10:30AM – 12:01PM	Ardra Until 10:10PM	Ganesha: Blue
		Yama	7:29AM – 9:00AM	Variyan Until 12:13AM Thu	Muruga: Orange
		Rahu	12:01PM – 1:31PM	Tailita Until 12:12AM Thu	Nataraja: White
			Ashtami* Until 12:08PM	Moon – Yellow	Subha Sivaloka Day
				Bhadrapada-Puratasi	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1.496

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<b>1</b>	<b>Thursday, September 26, 2024</b>	Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Pakhe Guru Vasara Yuktayam Punarvasu Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Chennai, India Sun 7	India Sutra 164 Krodhin 5126
Mithuna Rasi: 24.05	Tithi 24 – 25	<b>Gulika</b> Yama 541377573	<b>8:59AM – 10:30AM</b> 5:58AM – 7:29AM <b>Rahu</b> 1:31PM – 3:01PM	<b>Punarvasu Until 11:30PM</b> Parigha* Until 11:36PM Vanija Until 12:47AM Fri <b>Navami* Until 12:23PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Blue Bhadrapada-Puratasi	Sunrise: 5:58AM Sunset: 6:02PM	Moon 9 - Phase 23 - 6 2nd Phase
Creative Work	Amrita Yoga						<b>Sivaloka Day</b>
<b>2</b>	<b>Friday, September 27, 2024</b>	Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Pakhe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visi* (Bava Karana Dashami/Ekadashyam Titau)				Chennai, India Sun 8	India Sutra 165 Krodhin 5126
Kalkata Rasi: 6.43	Tithi 25 – 26	<b>Gulika</b> Yama 641377573	<b>7:29AM – 8:59AM</b> 3:01PM – 4:31PM <b>Rahu</b> 10:30AM – 12:00PM	<b>Pushya Until 1:17AM Sat</b> Shiva Until 11:30PM Bava Until 2:01AM Sat <b>Dashami Until 1:18PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Blue Bhadrapada-Puratasi	Sunrise: 5:59AM Sunset: 6:02PM	Moon 9 - Phase 23 - 6 2nd Phase
Routine Work	Marana Yoga						<b>Subha Sivaloka Day</b>
<b>3</b>	<b>Saturday, September 28, 2024</b>	Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Pakhe Marita Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 9	India Sutra 166 Krodhin 5126
Kalkata Rasi: 19.04	Tithi 26 – 27	<b>Gulika</b> Yama 641377573	<b>5:59AM – 7:29AM</b> 1:30PM – 3:00PM <b>Rahu</b> 8:59AM – 10:29AM	<b>Ashlesha* Until 3:25AM Sun</b> Siddha Until 11:46PM Kaulava Until 3:45AM Sun <b>Ekadashi* Until 2:48PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Blue Bhadrapada-Puratasi	Sunrise: 5:59AM Sunset: 6:01PM	Moon 9 - Phase 23 - 9 2nd Phase
Routine Work	Marana Yoga						<b>Subha Sivaloka Day</b>
<b>4</b>	<b>Sunday, September 29, 2024</b>	Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Pakhe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 10	India Sutra 167 Krodhin 5126
Simha Rasi: 1.13	Tithi 27 – 28	<b>Gulika</b> Yama 651377573	<b>3:00PM – 4:30PM</b> 11:59AM – 1:30PM <b>Rahu</b> 4:30PM – 6:00PM	<b>Magha* Until 6:16AM Mon</b> Sadhya Until 12:23AM Mon Gara Until 5:55AM Mon <b>Dvadashi* Until 4:46PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:59AM Sunset: 6:00PM	Moon 9 - Phase 23 - 10 2nd Phase
Routine Work	Marana Yoga						<b>Sivaloka Day</b>
Then Creative Work	Siddha Yoga						
							Pradosha Vrata (Fasting)
<b>5</b>	<b>Monday, September 30, 2024</b>	Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Pakhe Indu Vasara Yuktayam Magha* Nakshatra Sadhya Subha Yoga Vanija Karana Trayodashyam Titau				Chennai, India Sun 11	India Sutra 168 Krodhin 5126
Simha Rasi: 13.11	Tithi 28	<b>Gulika</b> Yama 651377573	<b>1:29PM – 2:59PM</b> 10:29AM – 11:59AM <b>Rahu</b> 7:29AM – 8:59AM	<b>Magha* Until 6:16AM</b> Subha Until 1:15AM Tue Vanija Until 7:05PM <b>Trayodashi* Until 7:05PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:59AM Sunset: 6:00PM	Moon 9 - Phase 23 - 11 2nd Phase
Family Home Evening							<b>Sivaloka Day</b>
Routine Work	Marana Yoga						
Then Creative Work	Siddha Yoga						
<b>6</b>	<b>Tuesday, October 1, 2024</b>	Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Pakhe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Visi*(Sakuni* Karana Chaturdashyam Titau)				Chennai, India Sun 12	India Sutra 169 Krodhin 5126
Simha Rasi: 25.04	Tithi 29	<b>Gulika</b> Yama 651377573	<b>11:59AM – 1:29PM</b> 8:59AM – 10:29AM <b>Rahu</b> 2:59PM – 4:29PM	<b>Purvaphalguni Until 9:14AM</b> Sukla Until 2:15AM Wed Visi Until 8:22AM <b>Chaturdashi* Until 9:39PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:59AM Sunset: 5:59PM	Moon 9 - Phase 23 - 12 2nd Phase
Creative Work	Siddha Yoga						<b>Sivaloka Day</b>
Then Creative Work	Amrita Yoga						
<b>Wednesday, October 2, 2024</b>	<b>Retreat Star</b>	Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Pakhe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Catuspada*Naga* Karana Amavasyayam Titau				Chennai, India Sun 13	India Sutra 170 Krodhin 5126
Kanya Rasi: 6.52	Tithi 30	<b>Gulika</b> Yama 651377573	<b>10:28AM – 11:58AM</b> 7:29AM – 8:59AM <b>Rahu</b> 11:58AM – 1:28PM	<b>Uttaraphalguni Until 12:11PM</b> Brahma Until 3:19AM Thu Catuspada Until 11:00AM <b>Amavasya* Until 12:20AM Thu</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:59AM Sunset: 5:59PM	Moon 9 - Phase 23 - 13 Amavasya
Creative Work	Amrita Yoga						<b>Sivaloka Day</b>
Then Routine Work	Marana Yoga						
<b>Thursday, October 3, 2024</b>	<b>Retreat Star</b>	Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Pakhe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Kintughna*(Bava Karana Prathamayam Titau)				Chennai, India Sun 14	India Sutra 171 Krodhin 5126
Kanya Rasi: 18.38	Tithi 1	<b>Gulika</b> Yama 661377573	<b>8:58AM – 10:28AM</b> 5:59AM – 7:29AM <b>Rahu</b> 1:28PM – 2:58PM	<b>Hasta Until 3:32PM</b> Indra Until 4:24AM Fri Kintughna Until 1:42PM <b>Prathama* Until 3:00AM Fri</b>	<b>Ganesh:</b> Orange <b>Muruga:</b> Orange <b>Nataraja:</b> White Moon – Green Ashvini-Puratasi	Sunrise: 5:59AM Sunset: 5:59PM	Moon 9 - Phase 23 - 14 Prathama
Routine Work	Marana Yoga						<b>Sivaloka Day</b>
Then Creative Work	Siddha Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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**1****Friday, October 4, 2024**Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Sukra Vasara Yukatayam  
Chitra Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Dvitiyayam TitauChennai, India  
Sun 15 Sutra 172Tula Rasi: 0.26  
Tithi 2Gulika: 7:28AM – 8:58AM  
Yama: 2:57PM – 4:27PMChitra Until 6:39PM  
Vaidhriti\* Until 5:21AM SatGanesha: Orange Sunrise: 5:59AM  
Muruga: Orange Sunset: 5:57PMMoon 9 - Phase 24 - 16  
3rd Phase

Creative Work Siddha Yoga

Balava Until 4:20PM  
Dvitiya Until 5:33AM SatNataraja: White  
Moon – Green  
Ashvini-Puratasi

Sivaloka Day

**2****Saturday, October 5, 2024**Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Manta Vasara Yukatayam  
Sivali Nakshatra Vishkamba\* Yoga Talita Karana Tritiyayam TitauChennai, India  
Sun 16 Sutra 173Tula Rasi: 12.16  
Tithi 3Gulika: 5:59AM – 7:28AM  
Yama: 1:27PM – 2:57PM

Svati Until 9:24PM

Ganesha: Orange Sunrise: 5:59AM

Moon 9 - Phase 24 - 16  
3rd Phase

Creative Work Siddha Yoga

Vishkamba\* Until 6:08AM Sun

Muruga: Orange Sunset: 5:56PM

Sivaloka Day

Talita Until 6:46PM

Nataraja: White  
Moon – Green  
Ashvini-Puratasi

Tritiya Until 7:52AM Sun

**3****Sunday, October 6, 2024**Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Bharu Vasara Yukatayam  
Anuradha Nakshatra Priti/Ayushman Yoga Visi\*/Bava Karana Chaturthiyam TitauChennai, India  
Sun 17 Sutra 174Tula Rasi: 24.11  
Tithi 3 – 4Gulika: 2:56PM – 4:26PM  
Yama: 11:57AM – 1:27PM

Vishkaha Until 12:12AM Mon

Ganesha: Purple Sunrise: 5:59AM

Moon 9 - Phase 24 - 16  
3rd Phase

Routine Work Marana Yoga

Vishkamba\* Until 6:08AM

Muruga: Orange Sunset: 5:56PM

Devaloka Day

Vanija Until 8:55PM

Nataraja: White  
Moon – Orange  
Ashvini-Puratasi

Tritiya Until 7:52AM

**4****Monday, October 7, 2024**Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Indu Vasara Yukatayam  
Anuradha Nakshatra Priti/Ayushman Yoga Visi\*/Bava Karana Chaturthiyam TitauChennai, India  
Sun 18 Sutra 175Wisshika Rasi: 6.15  
Tithi 4 – 5Gulika: 1:26PM – 2:56PM  
Yama: 10:27AM – 11:57AM

Anuradha Until 2:26AM Tue

Ganesha: Purple Sunrise: 5:59AM

Moon 9 - Phase 24 - 16  
3rd Phase

Family Home Evening

Priti Until 6:41AM

Muruga: Orange Sunset: 5:56PM

Bhuloka Day

Creative Work Siddha Yoga

Bava Until 10:40PM

Nataraja: Clear  
Moon – Orange  
Ashvini-Puratasi

Devaloka Time: 3PM to 6PM

Until 2:26AM Tue

Chaturthi\* Until 9:50AM

**5****Tuesday, October 8, 2024**Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vasara Yukatayam  
Mula\* Nakshatra Saubhagya/Sobhana Yoga Talita/Gara Karana Panchami/Sapthamyam TitauChennai, India  
Sun 19 Sutra 176Wisshika Rasi: 18.29  
Tithi 5 – 6Gulika: 11:57AM – 1:26PM  
Yama: 8:58AM – 10:27AM

Jyeshtha\* Until 3:59AM Wed

Ganesha: Purple Sunrise: 5:59AM

Moon 9 - Phase 24 - 19  
3rd Phase

Routine Work Marana Yoga

Ayushman Until 6:51AM

Muruga: Orange Sunset: 5:56PM

Bhuloka Day

Kaulava Until 11:54PM

Nataraja: Clear  
Moon – Orange  
Ashvini-Puratasi

Panchami Until 11:20AM

Devaloka Time: 3PM to 6PM

**6****Wednesday, October 9, 2024**Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Budha Vasara Yukatayam  
Mula\* Nakshatra Saubhagya/Sobhana Yoga Talita/Gara Karana Shashthi/Sapthamyam TitauChennai, India  
Sun 20 Sutra 177Dhanus Rasi: 0.58  
Tithi 6 – 7Gulika: 10:27AM – 11:56AM  
Yama: 7:28AM – 8:58AM

Mula\* Until 5:16AM Thu

Ganesha: Clear Sunrise: 5:59AM

Moon 9 - Phase 24 - 20  
3rd Phase

Routine Work Marana Yoga

Saubhagya Until 6:37AM

Muruga: Orange Sunset: 5:56PM

Devaloka Day

Until 5:16AM Thu

Gara Until 12:32AM Thu

Nataraja: Clear  
Moon – Light Blue  
Ashvini-Puratasi

Shashthi\* Until 12:17PM

**D****Thursday, October 10, 2024**Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Guru Vasara Yukatayam  
Purvashadha\* Nakshatra Athiganda\* Yoga Vanija/Visi\* Karana Sapthami/Ashtamyam TitauChennai, India  
Sun 21 Sutra 178Dhanus Rasi: 13.43  
Tithi 7 – 8Gulika: 8:58AM – 10:27AM  
Yama: 5:59AM – 7:28AM

Purvashadha\* Until 5:43AM Fri

Ganesha: Clear Sunrise: 5:59AM

Moon 9 - Phase 24 - 21  
Ashtami

Creative Work Siddha Yoga

Athiganda\* Until 4:37AM Fri

Muruga: Orange Sunset: 5:53PM

Devaloka Day

Until 5:43AM Fri

Visi Until 12:29AM Fri

Nataraja: Clear  
Moon – Light Blue  
Ashvini-Puratasi

Durga Ashtami

Saptami Until 12:35PM

**Friday, October 11, 2024**Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Sukra Vasara Yukatayam  
Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam TitauChennai, India  
Sun 22 Sutra 179Dhanus Rasi: 26.49  
Tithi 8 – 9Gulika: 7:28AM – 8:58AM  
Yama: 2:54PM – 4:23PM

Uttarashadha Until 5:18AM Sat

Ganesha: Clear Sunrise: 5:59AM

Moon 9 - Phase 24 - 22  
Navami

Routine Work Marana Yoga

Sukarma Until 2:47AM Sat

Muruga: Orange Sunset: 5:53PM

Devaloka Day

Until 5:18AM Sat

Balava Until 11:42PM

Nataraja: Clear  
Moon – Light Blue  
Ashvini-Puratasi

Saraswathi Puja (Tamil Nadu)

Ashtami\* Until 12:10PM

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1</b>	<b>Saturday, October 12, 2024</b>	Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Manta Vasara Yukatayam Shravana Nakshatra Dhrui Yoga Kaulava/Tailita Karana Navami/Dashamam Titau				Chennai, India Sun 23 Sutra 190 Krodhin 5126
Makara Rasi: 10.18	Tithi 9 – 10	<b>Gulika</b> 5:59AM – 7:28AM	<b>Shravana Until 4:29AM Sun</b>	<b>Ganesha:</b> White <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Purple	Sunrise: 5:59AM Sunset: 5:52PM	Moon 9 - Phase 25 - 23 4th Phase
692277574	Rahu	8:57AM – 10:27AM	Dhriti Until 10:12PM Tailita Until 10:12PM	Ashvini-Puratasi		
Creative Work	Siddha Yoga	Vijaya Dasami	Navami* Until 11:01AM			<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Until 4:29AM Sun						
Then Routine Work - Marana Yoga						
<b>2</b>	<b>Sunday, October 13, 2024</b>	Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Bhanu Vasara Yukatayam Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Chennai, India Sun 24 Sutra 181 Krodhin 5126
Makara Rasi: 24.13	Tithi 10 – 11	<b>Gulika</b> 2:53PM – 4:22PM	<b>Dhanishtha Until 2:52AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Purple	Sunrise: 5:59AM Sunset: 5:51PM	Moon 9 - Phase 25 - 24 4th Phase
692477574	Rahu	4:22PM – 5:51PM	Shula* Until 9:25PM Vanija Until 8:03PM	Ashvini-Puratasi		
Routine Work	Marana Yoga		Dashami Until 9:11AM			<b>Devaloka Day</b>
Until 2:52AM Mon						
Then Creative Work - Siddha Yoga						
<b>3</b>	<b>Monday, October 14, 2024</b>	Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Indu Vasara Yukatayam Shalabhisak Nakshatra Ganda* Yoga Vasi*/Balava Karana Ekadashi/Dwadshyam Titau				Chennai, India Sun 25 Sutra 182 Krodhin 5126
Kumbha Rasi: 8.33	Tithi 11 – 12	<b>Gulika</b> 1:24PM – 2:53PM	<b>Shalabhisak Until 12:35AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Purple	Sunrise: 6:00AM Sunset: 5:51PM	Moon 9 - Phase 25 - 25 4th Phase
692477574	Rahu	7:28AM – 8:57AM	Ganda* Until 6:00PM Balava Until 3:44AM Tue	Ashvini-Puratasi		
Creative Work	Siddha Yoga	Kadatswami Mahasamadi	Ekadashi Until 6:43AM			<b>Devaloka Day</b>
Until 12:35AM Tue						
Then Routine Work - Marana Yoga						
<b>4</b>	<b>Tuesday, October 15, 2024</b>	Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vasara Yukatayam Purvaprosarthpada* Nakshatra Vridhi/Dhruva Yoga Kaulava/Tailita Karana Trayodashyam Titau				Chennai, India Sun 26 Sutra 183 Krodhin 5126
Kumbha Rasi: 23.16	Tithi 13	<b>Gulika</b> 11:55AM – 1:24PM	<b>Purvaprosarthpada* Until 10:08PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Clear	Sunrise: 6:00AM Sunset: 5:50PM	Moon 9 - Phase 25 - 26 4th Phase
612477574	Rahu	2:53PM – 4:21PM	Vridhi Until 2:13PM Kaulava Until 2:06PM	Ashvini-Puratasi		
Routine Work	Marana Yoga		Trayodashi Until 12:21AM Wed			<b>Devaloka Day</b>
Until 10:08PM						
Then Creative Work - Amrita Yoga			Pradosha Vata			
<b>5</b>	<b>Wednesday, October 16, 2024</b>	Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Kanya Mase Sukla Paksha Budha Vasara Yukatayam Uttaraprosarthpada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India Sun 27 Sutra 184 Krodhin 5126
Meena Rasi: 8.16	Tithi 14	<b>Gulika</b> 10:26AM – 11:55AM	<b>Uttaraprosarthpada Until 7:18PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Clear	Sunrise: 6:00AM Sunset: 5:50PM	Moon 9 - Phase 25 - 27 4th Phase
612477574	Rahu	7:29AM – 8:57AM	Dhruva Until 10:09AM Gara Until 10:34AM	Ashvini-Puratasi		
Creative Work	Siddha Yoga	Chidambaram Abhishekam	Chaturdashi* Until 8:42PM			<b>Devaloka Day</b>
Until 7:18PM						
Then Routine Work - Marana Yoga						
<b>○</b>	<b>Thursday, October 17, 2024</b>	Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yukatayam Revati/Ashvini Nakshatra Harshana Yoga Vasi*/Balava Karana Purnima/Prathamam Titau				Chennai, India Sun 28 Sutra 185 Krodhin 5126
Meena Rasi: 23.26	Tithi 15 – 16	<b>Gulika</b> 8:57AM – 10:26AM	<b>Revati Until 4:13PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Clear	Sunrise: 6:00AM Sunset: 5:49PM	Moon 9 - Phase 25 - Purnima
612477574	Rahu	1:23PM – 2:52PM	Harshana Until 1:43AM Fri Vasi Until 6:52AM	Ashvini-Aipasi		
Creative Work	Siddha Yoga		Purnima* Until 4:59PM			<b>Devaloka Day</b>
Until 4:13PM						
Then Creative Work - Amrita Yoga						
<b>Friday, October 18, 2024</b>	<b>Silver Retreat Star</b>	Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Tula Mase Krishna Paksha Sukra Vasara Yukatayam Ashvini/Bharani Nakshatra Vajra* Yoga Kaulava/Tailita Karana Prathama/Dvilayam Titau				Chennai, India Sun 29 Sutra 186 Krodhin 5126
Mesha Rasi: 8.37	Tithi 16 – 17	<b>Gulika</b> 7:29AM – 8:57AM	<b>Ashvini Until 1:28PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – White	Sunrise: 6:00AM Sunset: 5:48PM	Moon 9 - Phase 25 - Prathama
622477574	Rahu	10:26AM – 11:54AM	Vajra* Until 9:35PM Tailita Until 11:34PM	Ashvini-Aipasi		
Creative Work	Amrita Yoga		Prathama* Until 1:19PM			<b>Sivaloka Day</b>
Until 1:28PM						
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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**Saturday, October 19, 2024****Gold Retreat Star**

Mesha Rasi: 23.4 Tithi 17 - 18  
 Creative Work Siddha Yoga  
 Until 10:49AM  
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Uzara Yuktayam  
 Bharani/Kritika Nakshatra Siddhi/Vyapata\* Yoga Gara/Venja Karana Dvitiya/Tritiyayam Titau  
**Gulika 6:00AM - 7:29AM**  
 Yama 1:23PM - 2:51PM  
**Rahu 8:57AM - 10:26AM**  
**Bharani Until 10:49AM**  
 Siddhi Until 5:42PM  
 Venja Until 8:19PM  
**Dvitiya Until 9:53AM**  
**Ganesha: Yellow**  
**Muruga: Orange**  
**Nataraja: Clear**  
 Moon - White  
**Ashvina\*Alpasi**

Sunrise: 6:00AM  
 Sunset: 5:49PM  
 Moon 10 - Phase 26 - 1  
 Chennai, India  
 Sutra 187  
 Krodhin 5:16  
 Moon 10 - Phase 26 - 2  
 1st Phase

**Devaloka Day****1 Sunday, October 20, 2024**

Wisheha Rasi: 8.26 Tithi 18 - 19  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Bharu Uzara Yuktayam  
 Kritika/Rohini Nakshatra Vyatipata\*Varjyan/Yoga Vast/Balava Karana Tritiya/Chaturthayam Titau  
**Gulika 2:51PM - 4:19PM**  
 Yama 10:26AM - 11:54AM  
**Rahu 4:19PM - 5:47PM**  
**Kritika Until 6:25AM**  
 Vyatipata\* Until 2:13PM  
 Balava Until 4:20AM Mon  
**Tritiya Until 6:50AM**  
**Ganesha: Yellow**  
**Muruga: Orange**  
**Nataraja: Clear**  
 Moon - White  
**Ashvina\*Alpasi**

Sunrise: 6:00AM  
 Sunset: 5:47PM  
 Moon 10 - Phase 26 - 2  
 Chennai, India  
 Sutra 188  
 Krodhin 5:16  
 Moon 10 - Phase 26 - 2  
 1st Phase

**Devaloka Day****2 Monday, October 21, 2024**

Wisheha Rasi: 22.49 Tithi 20  
**Family Home Evening**  
 Creative Work Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Indu Vasara Yuktayam  
 Rohini/Mrgashira Nakshatra Varjyan/Parigaha\* Yoga Kaulava/Tailita Karana Panchamayam Titau  
**Gulika 1:22PM - 2:50PM**  
 Yama 10:26AM - 11:54AM  
**Rahu 7:29AM - 8:57AM**  
**Rohini Until 6:51AM**  
 Varjyan Until 11:10AM  
 Kaulava Until 3:20PM  
**Panchami Until 2:30AM Tue**  
**Ganesha: White**  
**Muruga: Orange**  
**Nataraja: Clear**  
 Moon - Yellow  
**Ashvina\*Alpasi**

Sunrise: 6:01AM  
 Sunset: 5:47PM  
 Moon 10 - Phase 26 - 3  
 Chennai, India  
 Sutra 189  
 Krodhin 5:16  
 Moon 10 - Phase 26 - 3  
 1st Phase

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM**3 Tuesday, October 22, 2024**

Mithuna Rasi: 6.45 Tithi 21  
 Routine Work Marana Yoga  
 Until 5:27AM Wed  
 Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Mangala Vasara Yuktayam  
 Ardra/Nakshatra Parigaha/Shiva Yoga Gara/Venja Karana Shashthiyam Titau  
**Gulika 11:54AM - 1:22PM**  
 Yama 8:57AM - 10:25AM  
**Rahu 2:50PM - 4:18PM**  
**Ardra Until 5:27AM Wed**  
 Parigaha\* Until 8:44AM  
 Gara Until 1:54PM  
**Shashthi\* Until 1:28AM Wed**  
**Ganesha: White**  
**Muruga: Orange**  
**Nataraja: Clear**  
 Moon - Yellow  
**Ashvina\*Alpasi**

Sunrise: 6:01AM  
 Sunset: 5:49PM  
 Moon 10 - Phase 26 - 4  
 Chennai, India  
 Sutra 190  
 Krodhin 5:16  
 Moon 10 - Phase 26 - 4  
 1st Phase

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM**4 Wednesday, October 23, 2024**

Mithuna Rasi: 20.13 Tithi 22  
 Creative Work Siddha Yoga  
 Until 6:12AM Thu  
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Budha Vasara Yuktayam  
 Punarvasu/Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamayam Titau  
**Gulika 10:25AM - 11:54AM**  
 Yama 7:29AM - 8:57AM  
**Rahu 11:54AM - 1:22PM**  
**Punarvasu Until 6:12AM Thu**  
 Shiva Until 6:56AM  
 Visti Until 1:17PM  
**Saptami Until 1:17AM Thu**  
**Ganesha: Clear**  
**Muruga: Orange**  
**Nataraja: Clear**  
 Moon - Blue  
**Ashvina\*Alpasi**

Sunrise: 6:01AM  
 Sunset: 5:49PM  
 Moon 10 - Phase 26 - 5  
 Chennai, India  
 Sutra 191  
 Krodhin 5:16  
 Moon 10 - Phase 26 - 5  
 1st Phase

**Devaloka Day****Thursday, October 24, 2024****Retreat Star**

Kataka Rasi: 3.13 Tithi 23  
 Creative Work Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Sadhya Yoga Talilita/Gara Karana Navamayam Titau  
**Gulika 8:57AM - 10:25AM**  
 Yama 6:01AM - 7:29AM  
**Rahu 1:21PM - 2:49PM**  
**Punarvasu Until 6:12AM**  
 Sadhya Until 5:17AM Fri  
 Balava Until 1:32PM  
**Ashtami\* Until 1:56AM Fri**  
**Ganesha: Clear**  
**Muruga: Orange**  
**Nataraja: Clear**  
 Moon - Blue  
**Ashvina\*Alpasi**

Sunrise: 6:01AM  
 Sunset: 5:49PM  
 Moon 10 - Phase 26 - 6  
 Chennai, India  
 Sutra 192  
 Krodhin 5:16  
 Moon 10 - Phase 26 - 6  
 Ashtami

**Devaloka Day****Friday, October 25, 2024****Retreat Star**

Kataka Rasi: 15.5 Tithi 24  
 Routine Work Marana Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sukra Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Subha Yoga Talilita/Gara Karana Navamayam Titau  
**Gulika 7:29AM - 8:57AM**  
 Yama 2:49PM - 4:17PM  
**Rahu 10:25AM - 11:53AM**  
**Pushya Until 7:36AM**  
 Subha Until 5:23AM Sat  
 Talilita Until 2:34PM  
**Navami\* Until 3:21AM Sat**  
**Ganesha: Clear**  
**Muruga: Orange**  
**Nataraja: Clear**  
 Moon - Blue  
**Ashvina\*Alpasi**

Sunrise: 6:01AM  
 Sunset: 5:45PM  
 Moon 10 - Phase 26 - 7  
 Chennai, India  
 Sutra 193  
 Krodhin 5:16  
 Moon 10 - Phase 26 - 7  
 Navami

**Devaloka Day**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1 Saturday, October 26, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Manita Vasara Yuktayam Aashlesha*Magha* Nakshatra Sukla Yoga Vanja/Visi* Karana Dashamayam Titau				Chennai, India Sun 8	Sutra 194 Krodhin 526
Kataka Rasi: 28.07	Tithi 25	<b>Gulika</b> 6:02AM – 7:30AM Yama 1:21PM – 2:49PM 653477574	<b>Ashlesha* Until 9:32AM</b> Sukla Until 5:53AM Sun Vanija Until 4:19PM <b>Dashami Until 5:22AM Sun</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Blue Ashvina*Alpasi	Sunrise: 6:02AM Sunset: 5:49PM	Moon 10 - Phase 27 - 8 2nd Phase	<b>Devaloka Day</b>
Routine Work Marana Yoga Until 9:32AM Then Creative Work - Amrita Yoga							
<b>2 Sunday, October 27, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Bhanu Vasara Yuktayam Magha*Purvaahalguni Nakshatra Brahma Yoga Bava Karana Ekadashyam Titau				Chennai, India Sun 9	Sutra 195 Krodhin 526
Simha Rasi: 10.1	Tithi 26	<b>Gulika</b> 2:49PM – 4:16PM Yama 11:53AM – 1:21PM 653477574	<b>Magha* Until 12:21PM</b> Brahma Until 6:44AM Mon Bava Until 6:35PM <b>Ekadashi* Until 7:50AM Mon</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Red Ashvina*Alpasi	Sunrise: 6:02AM Sunset: 5:44PM	Moon 10 - Phase 27 - 9 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Routine Work Marana Yoga Until 12:21PM Then Creative Work - Siddha Yoga							
<b>3 Monday, October 28, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Indu Vasara Yuktayam Purvaahalguni Nakshatra Brahma Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India Sun 10	Sutra 196 Krodhin 516
Simha Rasi: 22.03	Tithi 26 – 27	<b>Gulika</b> 1:21PM – 2:48PM Yama 10:25AM – 11:53AM 653477574	<b>Purvaahalguni Until 3:21PM</b> Brahma Until 6:44AM Kaulava Until 9:11PM <b>Ekadashi* Until 7:50AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Red Ashvina*Alpasi	Sunrise: 6:02AM Sunset: 5:44PM	Moon 10 - Phase 27 - 10 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Family Home Evening Creative Work Siddha Yoga							
<b>4 Tuesday, October 29, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Mangala Vasara Yuktayam Uttarahlagni Nakshatra Indra/Vaidhiti* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 11	Sutra 197 Krodhin 516
Kanya Rasi: 3.5	Tithi 27 – 28	<b>Gulika</b> 11:53AM – 1:21PM Yama 8:58AM – 10:25AM 653477574	<b>Uttarahlagni Until 6:22PM</b> Indra Until 7:46AM Gara Until 11:56PM <b>Dvadashi* Until 10:32AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Red Ashvina*Alpasi	Sunrise: 6:02AM Sunset: 5:44PM	Moon 10 - Phase 27 - 11 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Creative Work Amrita Yoga Until 6:22PM Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)					
<b>5 Wednesday, October 30, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Budha Vasara Yuktayam Hasta Nakshatra Vaidhiti/Vaikambha* Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 12	Sutra 198 Krodhin 516
Kanya Rasi: 15.37	Tithi 28 – 29	<b>Gulika</b> 10:25AM – 11:53AM Yama 7:30AM – 8:58AM 653477574	<b>Hasta Until 9:43PM</b> Vaidhiti* Until 8:49AM Visti Until 2:38AM Thu <b>Trayodashi* Until 1:16PM</b>	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Green Ashvina*Alpasi	Sunrise: 6:03AM Sunset: 5:43PM	Moon 10 - Phase 27 - 12 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Routine Work Marana Yoga Until 9:43PM Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day					
<b>6 Thursday, October 31, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Chitra Nakshatra Vishkambha*Piti Yoga Sakuni* Karana Chaturdashi/Amavasyayam Titau				Chennai, India Sun 13	Sutra 199 Krodhin 516
Kanya Rasi: 27.24	Tithi 29 – 30	<b>Gulika</b> 8:58AM – 10:25AM Yama 6:03AM – 7:30AM 653477574	<b>Chitra Until 12:44AM Fri</b> Vishkambha* Until 9:49AM Catuspada Until 5:10AM Fri <b>Chaturdashi* Until 3:54PM</b>	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Green Ashvina*Alpasi	Sunrise: 6:03AM Sunset: 5:43PM	Moon 10 - Phase 27 - 13 2nd Phase	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Creative Work Siddha Yoga		Subramuniyaswami Mahasamadhi					
<b>Friday, November 1, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksha Sukra Vasara Yuktayam Svati Nakshatra Pithi/Ayushman Yoga Naga* Karana Amavasyayam Titau				Chennai, India Sun 14	Sutra 200 Krodhin 516
<b>Retreat Star</b>		<b>Gulika</b> 7:31AM – 8:58AM Yama 2:48PM – 4:15PM 653477574	<b>Svati Until 3:21AM Sat</b> Pithi Until 10:41AM Naga Until 6:18PM <b>Amavasya* Until 6:18PM</b>	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Green Ashvina*Alpasi	Sunrise: 6:03AM Sunset: 5:42PM	Moon 10 - Phase 27 - 14 Amavasya	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Tula Rasi: 9.16 Tithi 30 Creative Work Siddha Yoga							
<b>Saturday, November 2, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Paksha Manita Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Kintughna* Bava Karana Prathamayam Titau				Chennai, India Sun 15	Sutra 201 Krodhin 516
<b>Retreat Star</b>		<b>Gulika</b> 6:04AM – 7:31AM Yama 1:20PM – 2:47PM 673477574	<b>Vishakha Until 5:58AM Sun</b> Ayushman Until 11:17AM Kintughna Until 7:25AM <b>Prathama* Until 8:23PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon – Orange Kartika*Alpasi	Sunrise: 6:04AM Sunset: 5:42PM	Moon 10 - Phase 27 - 15 Prathama	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Tula Rasi: 21.14 Tithi 1 Creative Work Siddha Yoga Until 5:58AM Sun Then Routine Work - Marana Yoga		Skanda Shasthi Begins					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1 Sunday, November 3, 2024</b>		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Sukta Paikhe Bhanu Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvityayam Titau				Chennai, India Sun 16	Sutra 202 Krodhin 5126
Wischika Rasi: 3.2	Tithi 2	<b>Gulika</b> Yama 674477574	<b>2:47PM - 4:15PM</b> 11:53AM - 1:20PM 4:15PM - 5:42PM	<b>Anuradha Until 8:03AM Mon</b> Saubhagya Until 11:38AM Balava Until 9:19AM <b>Dvitiya Until 10:06PM</b>	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon - Orange <b>Kartika+Alpasi</b>	Sunrise: 6:04AM Sunset: 5:42PM	Moon 10 - Phase 28 - 16 3rd Phase
Routine Work Marana Yoga Until 8:03AM Mon Then Creative Work - Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM					
<b>2 Monday, November 4, 2024</b>		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Sukta Paikhe Indri Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Sobhana/Ahiganda* Yoga Talita/Gara Karana Trityayam Titau				Chennai, India Sun 17	Sutra 203 Krodhin 5126
Wischika Rasi: 16	Tithi 3	<b>Gulika</b> Yama 674477574	<b>1:20PM - 2:47PM</b> 10:26AM - 11:53AM 7:31AM - 8:58AM	<b>Anuradha Until 8:03AM</b> Sobhana Until 11:42AM Talita Until 10:49AM <b>Tritiya Until 11:24PM</b>	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon - Orange <b>Kartika+Alpasi</b>	Sunrise: 6:04AM Sunset: 5:42PM	Moon 10 - Phase 28 - 17 3rd Phase
Family Home Evening Creative Work Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM					
<b>3 Tuesday, November 5, 2024</b>		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Sukta Paikhe Mangala Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Ahiganda*/Sukama Yoga Vanija/Visti* Karana Chaturthayam Titau				Chennai, India Sun 18	Sutra 204 Krodhin 5126
Wischika Rasi: 28.02	Tithi 4	<b>Gulika</b> Yama 674477574	<b>11:53AM - 1:20PM</b> 8:59AM - 10:26AM 2:47PM - 4:14PM	<b>Jyeshtha* Until 9:34AM</b> Ahiganda* Until 11:25AM Vanija Until 11:55AM <b>Chaturthi* Until 12:17AM Wed</b>	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon - Orange <b>Kartika+Alpasi</b>	Sunrise: 6:04AM Sunset: 5:41PM	Moon 10 - Phase 28 - 18 3rd Phase
Routine Work Marana Yoga Until 9:34AM Then Creative Work - Amrita Yoga		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM					
<b>4 Wednesday, November 6, 2024</b>		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Sukta Paikhe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukama/Dhriti Yoga Bava/Balava Karana Panchmayam Titau				Chennai, India Sun 19	Sutra 205 Krodhin 5126
Dhanus Rasi: 10.4	Tithi 5	<b>Gulika</b> Yama 684477574	<b>10:26AM - 11:53AM</b> 7:32AM - 8:59AM 11:53AM - 1:20PM	<b>Mula* Until 10:59AM</b> Sukama Until 10:49AM Bava Until 12:34PM <b>Panchami Until 12:42AM Thu</b>	<b>Ganesh:</b> Orange <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon - Light Blue <b>Kartika+Alpasi</b>	Sunrise: 6:05AM Sunset: 5:41PM	Moon 10 - Phase 28 - 19 3rd Phase
Routine Work Marana Yoga Until 10:59AM Then Creative Work - Amrita Yoga		<b>Devaloka Day</b>					
<b>5 Thursday, November 7, 2024</b>		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Sukta Paikhe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Yoga Kaulava/Talita Karana Shashthiyam Titau				Chennai, India Sun 20	Sutra 206 Krodhin 5126
Dhanus Rasi: 23.31	Tithi 6	<b>Gulika</b> Yama 784477574	<b>8:59AM - 10:26AM</b> 6:05AM - 7:32AM 1:20PM - 2:47PM	<b>Purvashadha* Until 11:47AM</b> Dhriti Until 9:51AM Kaulava Until 12:44PM <b>Shashthi* Until 12:37AM Fri</b>	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon - Light Blue <b>Kartika+Alpasi</b>	Sunrise: 6:05AM Sunset: 5:41PM	Moon 10 - Phase 28 - 20 3rd Phase
Creative Work Siddha Yoga Until 11:47AM Then Routine Work - Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM					
<b>6 Friday, November 8, 2024</b>		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Sukta Paikhe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Yoga Gara/Vanija Karana Sapthmayam Titau				Chennai, India Sun 21	Sutra 207 Krodhin 5126
Makara Rasi: 6.38	Tithi 7	<b>Gulika</b> Yama 784577574	<b>7:32AM - 8:59AM</b> 2:47PM - 4:14PM 10:26AM - 11:53AM	<b>Uttarashadha Until 11:55AM</b> Shula* Until 8:28AM Gara Until 12:23PM <b>Saptami Until 12:00AM Sat</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon - Light Blue <b>Kartika+Alpasi</b>	Sunrise: 6:05AM Sunset: 5:41PM	Moon 10 - Phase 28 - 21 3rd Phase
Routine Work Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM					
<b>Retreat Star</b>		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Sukta Paikhe Manita Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vidhih Yoga Vasi*/Bava Karana Ashtamayam Titau				Chennai, India Sun 22	Sutra 208 Krodhin 5126
Makara Rasi: 20.01	Tithi 8	<b>Gulika</b> Yama 794577574	<b>6:06AM - 7:33AM</b> 1:20PM - 2:47PM 9:00AM - 10:26AM	<b>Shravana Until 11:50AM</b> Ganda* Until 6:39AM Vasi Until 11:30AM <b>Ashtami* Until 10:49PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon - Purple <b>Kartika+Alpasi</b>	Sunrise: 6:06AM Sunset: 5:40PM	Moon 10 - Phase 28 - 22 Ashtami
Creative Work Siddha Yoga		<b>Devaloka Day</b>					
<b>Retreat Star</b>		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Sukta Paikhe Bhanu Vasara Yuktayam Dhanishtha/Shatishhak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamayam Titau				Chennai, India Sun 23	Sutra 209 Krodhin 5126
Kumbha Rasi: 3.44	Tithi 9	<b>Gulika</b> Yama 794577574	<b>2:47PM - 4:14PM</b> 11:53AM - 1:20PM 4:14PM - 5:40PM	<b>Dhanishtha Until 11:02AM</b> Dhruva Until 1:43AM Mon Balava Until 10:02AM <b>Navami* Until 9:05PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Orange <b>Nataraja:</b> Clear Moon - Purple <b>Kartika+Alpasi</b>	Sunrise: 6:06AM Sunset: 5:40PM	Moon 10 - Phase 28 - 23 Navami
Routine Work Marana Yoga Until 11:02AM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>					

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1 Monday, November 11, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Tula Mase Sukta Paksha Indu Vasara Yuktayam Chennai, India Shalabhshak/Purvaprosarthapada* Nakshatra Vyaghra* Yoga Tatila/Gara Karana Dashamyam Titau Sun 24 Sutra 210				
Kumbha Rasi: 17.47	Tithi 10	<b>Gulika</b> 1:20PM - 2:47PM	<b>Shatabhishak Until 9:33AM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:07AM	Krodhin 5:16
<b>Family Home Evening</b>	794587574	<b>Yama</b> 10:27AM - 11:53AM	<b>Vyaghra* Until 10:36PM</b>	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 10 - Phase 29 - 24
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 7:33AM - 9:00AM	<b>Tatila Until 8:02AM</b>	<b>Nataraja:</b> Clear		4th Phase
Until 9:33AM			<b>Dashami Until 6:49PM</b>	<b>Moon - Purple</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Karttika-Alpasi</b>		
<b>2 Tuesday, November 12, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Tula Mase Sukta Paksha Mangala Vasara Yuktayam Chennai, India Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Harshana Yoga Vaidi*/Bava Karana Ekadashi/Trayodashyam Titau Sun 25 Sutra 211				
Meena Rasi: 2.11	Tithi 11 - 12	<b>Gulika</b> 11:53AM - 1:20PM	<b>Purvaprosarthapada* Until 7:52AM</b>	<b>Ganesha:</b> Red	Sunrise: 6:07AM	Krodhin 5:16
	714587574	<b>Yama</b> 9:00AM - 10:27AM	<b>Harshana Until 7:09PM</b>	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 10 - Phase 29 - 25
<b>Routine Work</b> Marana Yoga		<b>Rahu</b> 2:47PM - 4:13PM	<b>Bava Until 2:37AM Wed</b>	<b>Nataraja:</b> Clear		4th Phase
Until 7:52AM			<b>Ekadashi Until 4:06PM</b>	<b>Moon - Clear</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Karttika-Alpasi</b>		
<b>3 Wednesday, November 13, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Tula Mase Sukta Paksha Budha Vasara Yuktayam Chennai, India Revati Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 212				
Meena Rasi: 16.52	Tithi 12 - 13	<b>Gulika</b> 10:27AM - 11:54AM	<b>Revati Until 3:01AM Thu</b>	<b>Ganesha:</b> Red	Sunrise: 6:07AM	Krodhin 5:16
	714587574	<b>Yama</b> 7:34AM - 9:01AM	<b>Vajra* Until 3:23PM</b>	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 10 - Phase 29 - 25
<b>Routine Work</b> Marana Yoga		<b>Rahu</b> 11:54AM - 1:20PM	<b>Kaulava Until 11:24PM</b>	<b>Nataraja:</b> Clear		4th Phase
Until 3:01AM Thu			<b>Dvadashi Until 1:01PM</b>	<b>Moon - Clear</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Karttika-Alpasi</b>		
<b>4 Thursday, November 14, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Tula Mase Sukta Paksha Guru Vasara Yuktayam Chennai, India Ashvini Nakshatra Vajra*/Siddhi Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 213				
Mesha Rasi: 1.46	Tithi 13 - 14	<b>Gulika</b> 9:01AM - 10:27AM	<b>Ashvini Until 12:31AM Fri</b>	<b>Ganesha:</b> Blue	Sunrise: 6:08AM	Krodhin 5:16
	724587574	<b>Yama</b> 6:08AM - 7:34AM	<b>Siddhi Until 11:28AM</b>	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 10 - Phase 29 - 27
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 1:20PM - 2:47PM	<b>Gara Until 6:02PM</b>	<b>Nataraja:</b> Clear		4th Phase
Until 12:31AM Fri			<b>Trayodashi Until 9:43AM</b>	<b>Moon - White</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Karttika-Alpasi</b>		<b>Devaloka Time: 3PM to 6PM</b>
<b>Friday, November 15, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Tula Mase Sukta Paksha Sukra Vasara Yuktayam Chennai, India Bharani Nakshatra Vysatpata*/Varjyan Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 214				
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:35AM - 9:01AM	<b>Bharani Until 9:54PM</b>	<b>Ganesha:</b> Blue	Sunrise: 6:08AM	Krodhin 5:16
Mesha Rasi: 16.44	Tithi 14 - 15	<b>Yama</b> 2:47PM - 4:13PM	<b>Vysatpata* Until 7:29AM</b>	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 10 - Phase 29 - 28
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 10:28AM - 11:54AM	<b>Bava Until 2:59AM Sat</b>	<b>Nataraja:</b> Clear		Purnima
	725587574		<b>Chaturdashi* Until 6:19AM</b>	<b>Moon - White</b>		<b>Bhuloka Day</b>
				<b>Karttika-Alpasi</b>		<b>Devaloka Time: 3PM to 6PM</b>
<b>Saturday, November 16, 2024</b>		Krodhin Nama Samvatsare Dakshinraya Jivana Ritau Vrischika Mase Krishna Paksha Marita Vasara Yuktayam Chennai, India Krittika Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 215				
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:09AM - 7:35AM	<b>Krittika Until 7:20PM</b>	<b>Ganesha:</b> Blue	Sunrise: 6:09AM	Krodhin 5:16
Wishaha Rasi: 1.41	Tithi 16	<b>Yama</b> 1:21PM - 2:47PM	<b>Parigha* Until 11:47PM</b>	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 10 - Phase 29 - 29
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 9:01AM - 10:28AM	<b>Balava Until 1:24PM</b>	<b>Nataraja:</b> Clear		Prathama
	725587574		<b>Prathama* Until 11:52PM</b>	<b>Moon - White</b>		<b>Bhuloka Day</b>
				<b>Karttika-Karttikai</b>		<b>Devaloka Time: 3PM to 6PM</b>
		<b>Vinayaga Viratam Begins</b>				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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**Sunday, November 17, 2024****Gold Retreat Star**

Wishabha Rasi: 16:26 Tithi 17  
 Creative Work Siddha Yoga

Krodhin Nama SamvatSare Dakshinayya Jvana Ritau Vishkha Mase Krishna Paksha Bhanu Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Shiva Yoga Talila/Gara Karana Dvitiyayam Titau

**Gulika** 2:47PM - 4:13PM  
**Yama** 11:54AM - 1:21PM  
**Rahu** 4:13PM - 5:40PM

**Rohini Until 5:23PM**  
 Shiva Until 8:21PM  
 Talila Until 10:28AM  
**Dvitiya Until 9:08PM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Yellow  
**Karttika-Karttikai**

Sunrise: 6:09AM  
 Sunset: 5:40PM

Moon 11 - Phase 30 - 1st Phase

**Sivaloka Day**

Chennai, India  
 Sutra 216  
 Krodhin 5:06  
 Moon 11 - Phase 30 - 1st Phase

**1****Monday, November 18, 2024**

Mithuna Rasi: 0:52 Tithi 18  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 3:45PM  
 Then Creative Work - Siddha Yoga

Krodhin Nama SamvatSare Dakshinayya Jvana Ritau Vishkha Mase Krishna Paksha Indu Vasara Yuktayam  
 Ardra/Mrigashira Nakshatra Siddha/Sadhya Yoga Vanja/Visti\* Karana Tritiyayam Titau

**Gulika** 1:21PM - 2:47PM  
**Yama** 10:28AM - 11:55AM  
**Rahu** 7:36AM - 9:02AM

**Mrigashira Until 3:49PM**  
 Siddha Until 5:21PM  
 Vanja Until 8:00AM  
**Tritiya Until 6:58PM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Yellow  
**Karttika-Karttikai**

Sunrise: 6:10AM  
 Sunset: 5:40PM

Moon 11 - Phase 30 - 1st Phase

**Sivaloka Day**

Chennai, India  
 Sutra 217  
 Krodhin 5:06  
 Moon 11 - Phase 30 - 1st Phase

**2****Tuesday, November 19, 2024**

Mithuna Rasi: 14:53 Tithi 19 - 20  
 Routine Work Marana Yoga  
 Until 2:47PM  
 Then Creative Work - Siddha Yoga

Krodhin Nama SamvatSare Dakshinayya Jvana Ritau Vishkha Mase Krishna Paksha Mangala Vasara Yuktayam  
 Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:55AM - 1:21PM  
**Yama** 9:02AM - 10:29AM  
**Rahu** 2:47PM - 4:13PM

**Ardra Until 2:47PM**  
 Sadhya Until 2:54PM  
 Bava Until 6:09AM  
**Chaturthi\* Until 5:29PM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Yellow  
**Karttika-Karttikai**

Sunrise: 6:10AM  
 Sunset: 5:40PM

Moon 11 - Phase 30 - 2 1st Phase

**Sivaloka Day**

Chennai, India  
 Sutra 218  
 Krodhin 5:06  
 Moon 11 - Phase 30 - 2 1st Phase

**3****Wednesday, November 20, 2024**

Mithuna Rasi: 28:28 Tithi 20 - 21  
 Creative Work Siddha Yoga

Krodhin Nama SamvatSare Dakshinayya Jvana Ritau Vishkha Mase Krishna Paksha Budha Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Sukla/Sukla Yoga Vanja/Visti\* Karana Panchami/Sharfityam Titau

**Gulika** 10:29AM - 11:55AM  
**Yama** 7:37AM - 9:03AM  
**Rahu** 11:55AM - 1:21PM

**Punarvasu Until 2:49PM**  
 Subha Until 1:07PM  
 Gara Until 4:50AM Thu  
**Panchami Until 4:50PM**

**Ganesha:** Green  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Blue  
**Karttika-Karttikai**

Sunrise: 6:11AM  
 Sunset: 5:40PM

Moon 11 - Phase 30 - 3 1st Phase

**Devaloka Day**

Chennai, India  
 Sutra 219  
 Krodhin 5:06  
 Moon 11 - Phase 30 - 3 1st Phase

**4****Thursday, November 21, 2024**

Kalkata Rasi: 11:34 Tithi 21 - 22  
 Creative Work Amrita Yoga  
 Until 3:33PM  
 Then Creative Work - Siddha Yoga

Krodhin Nama SamvatSare Dakshinayya Jvana Ritau Vishkha Mase Krishna Paksha Guru Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanja/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:03AM - 10:29AM  
**Yama** 6:11AM - 7:37AM  
**Rahu** 1:21PM - 2:47PM

**Pushya Until 3:33PM**  
 Sukla Until 11:58AM  
 Visti Until 5:30AM Fri  
**Shashthi\* Until 5:02PM**

**Ganesha:** Green  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Blue  
**Karttika-Karttikai**

Sunrise: 6:11AM  
 Sunset: 5:40PM

Moon 11 - Phase 30 - 4 1st Phase

**Devaloka Day**

Chennai, India  
 Sutra 220  
 Krodhin 5:06  
 Moon 11 - Phase 30 - 4 1st Phase

**5****Friday, November 22, 2024**

Kalkata Rasi: 24:14 Tithi 22  
 Routine Work Marana Yoga

Krodhin Nama SamvatSare Dakshinayya Jvana Ritau Vishkha Mase Krishna Paksha Sukra Vasara Yuktayam  
 Ashlesha\*/Magha\* Nakshatra Brahma/Indra Bava Karana Saptamyam Titau

**Gulika** 7:38AM - 9:04AM  
**Yama** 2:48PM - 4:14PM  
**Rahu** 10:30AM - 11:56AM

**Ashlesha\* Until 4:57PM**  
 Brahma Until 11:30AM  
 Bava Until 6:07PM  
**Saptami Until 6:07PM**

**Ganesha:** Green  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Blue  
**Karttika-Karttikai**

Sunrise: 6:11AM  
 Sunset: 5:40PM

Moon 11 - Phase 30 - 5 1st Phase

**Devaloka Day**

Chennai, India  
 Sutra 221  
 Krodhin 5:06  
 Moon 11 - Phase 30 - 5 1st Phase

**D****Saturday, November 23, 2024****Retreat Star**

Simha Rasi: 6:34 Tithi 23  
 Creative Work Amrita Yoga  
 Until 7:25PM  
 Then Creative Work - Siddha Yoga

Krodhin Nama SamvatSare Dakshinayya Jvana Ritau Vishkha Mase Krishna Paksha Marita Vasara Yuktayam  
 Magha\* Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:12AM - 7:38AM  
**Yama** 1:22PM - 2:48PM  
**Rahu** 9:04AM - 10:30AM

**Magha\* Until 7:25PM**  
 Indra Until 11:39AM  
 Balava Until 6:58AM  
**Ashtami\* Until 7:56PM**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Red  
**Karttika-Karttikai**

Sunrise: 6:12AM  
 Sunset: 5:40PM

Moon 11 - Phase 30 - 6 Ashtami

**Sivaloka Day**

Chennai, India  
 Sutra 222  
 Krodhin 5:06  
 Moon 11 - Phase 30 - 6 Ashtami

**Sunday, November 24, 2024****Retreat Star**

Simha Rasi: 18:37 Tithi 24  
 Creative Work Siddha Yoga  
 Until 10:15PM  
 Then Creative Work - Amrita Yoga

Krodhin Nama SamvatSare Dakshinayya Jvana Ritau Vishkha Mase Krishna Paksha Bhanu Vasara Yuktayam  
 Purvaphalguni Nakshatra Vaidhriti\*/Valkambha\* Yoga Talila/Gara Karana Navamyam Titau

**Gulika** 2:48PM - 4:14PM  
**Yama** 11:56AM - 1:22PM  
**Rahu** 4:14PM - 5:40PM

**Purvaphalguni Until 10:15PM**  
 Vaidhriti\* Until 12:14PM  
 Talila Until 9:06AM  
**Navami\* Until 10:20PM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Red  
**Karttika-Karttikai**

Sunrise: 6:12AM  
 Sunset: 5:40PM

Moon 11 - Phase 30 - 7 Navami

**Sivaloka Day**

Chennai, India  
 Sutra 223  
 Krodhin 5:06  
 Moon 11 - Phase 30 - 7 Navami

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1 Monday, November 25, 2024</b>		Kodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktyam Uttaraphalguni Nakshatra Vishkamba*Priti Yoga Vanja/Visti* Karana Dashamam Titau				Chennai, India Sun 8	Sutra 224 Kodhin 5126
Kanya Rasi: 0.29	Tithi 25	<b>Gulika</b>	<b>1:22PM - 2:48PM</b>	<b>Uttaraphalguni Until 1:12AM Tue</b>	<b>Ganesha:</b> Clear	Sunrise: 6:13AM	Kodhin 5126
Family Home Evening		Yama	10:31AM - 11:56AM	Vishkamba* Until 1:09PM	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 11 - Phase 31 - 8
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>7:39AM - 9:05AM</b>	Vanija Until 11:41AM	<b>Nataraja:</b> Purple		2nd Phase
					<b>Dashami Until 1:02AM Tue</b>	<b>Moon - Red</b>	<b>Sivaloka Day</b>
						<b>Karttika-Karttikai</b>	

<b>2 Tuesday, November 26, 2024</b>		Kodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Margala Vasara Yuktyam Hasla Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India Sun 9	Sutra 225 Kodhin 5126
Kanya Rasi: 12.15	Tithi 26	<b>Gulika</b>	<b>11:57AM - 1:23PM</b>	<b>Hasla Until 4:34AM Wed</b>	<b>Ganesha:</b> Purple	Sunrise: 6:14AM	Kodhin 5126
		Yama	9:05AM - 10:31AM	Priti Until 2:12PM	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 11 - Phase 31 - 9
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>2:48PM - 4:14PM</b>	Bava Until 2:27PM	<b>Nataraja:</b> Purple		2nd Phase
					<b>Ekadashi* Until 3:49AM Wed</b>	<b>Moon - Green</b>	<b>Devaloka Day</b>
						<b>Karttika-Karttikai</b>	

<b>3 Wednesday, November 27, 2024</b>		Kodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Butha Vasara Yuktyam Chitra/Sivati Nakshatra Saubhagya Yoga Kaulava/Talita Karana Dvadashyam Titau				Chennai, India Sun 10	Sutra 226 Kodhin 5126
Kanya Rasi: 24.02	Tithi 27	<b>Gulika</b>	<b>10:31AM - 11:57AM</b>	<b>Chitra Until 7:36AM Thu</b>	<b>Ganesha:</b> Purple	Sunrise: 6:14AM	Kodhin 5126
		Yama	7:40AM - 9:05AM	Ayushman Until 3:11PM	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 11 - Phase 31 - 10
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>11:57AM - 1:23PM</b>	Kaulava Until 5:10PM	<b>Nataraja:</b> Purple		2nd Phase
Until 7:36AM Thu				<b>Dvadashi* Until 6:25AM Thu</b>	<b>Moon - Green</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Karttika-Karttikai</b>		

<b>4 Thursday, November 28, 2024</b>		Kodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Guru Vasara Yuktyam Chitra/Sivati Nakshatra Saubhagya/Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 11	Sutra 227 Kodhin 5126
Tula Rasi: 5.52	Tithi 27 - 28	<b>Gulika</b>	<b>9:06AM - 10:32AM</b>	<b>Chitra Until 7:36AM</b>	<b>Ganesha:</b> Purple	Sunrise: 6:15AM	Kodhin 5126
		Yama	6:15AM - 7:40AM	Saubhagya Until 4:00PM	<b>Muruga:</b> Clear	Sunset: 5:40PM	Moon 11 - Phase 31 - 11
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>1:23PM - 2:49PM</b>	Gara Until 7:38PM	<b>Nataraja:</b> Purple		2nd Phase
Until 7:36AM				<b>Dvadashi* Until 6:25AM</b>	<b>Moon - Green</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Karttika-Karttikai</b>		
					<b>Pradosha Vrata (Fasting)</b>		

<b>5 Friday, November 29, 2024</b>		Kodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Sukra Vasara Yuktyam Svati/Vishakha Nakshatra Sobhana/Rhiganda* Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 12	Sutra 228 Kodhin 5126
Tula Rasi: 17.5	Tithi 28 - 29	<b>Gulika</b>	<b>7:41AM - 9:06AM</b>	<b>Svati Until 10:08AM</b>	<b>Ganesha:</b> Purple	Sunrise: 6:15AM	Kodhin 5126
		Yama	2:49PM - 4:15PM	Sobhana Until 4:33PM	<b>Muruga:</b> Clear	Sunset: 5:41PM	Moon 11 - Phase 31 - 12
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>10:32AM - 11:58AM</b>	Visti Until 9:41PM	<b>Nataraja:</b> Purple		2nd Phase
				<b>Trayodashi* Until 8:42AM</b>	<b>Moon - Green</b>		<b>Devaloka Day</b>
					<b>Karttika-Karttikai</b>		

<b>6 Saturday, November 30, 2024</b>		Kodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Merita Vasara Yuktyam Vishakha/Anuradha Nakshatra Abhiganda*/Sukarma Yoga Salun*/Catuspada* Karana Chaturdashini/Amavasyayam Titau				Chennai, India Sun 13	Sutra 229 Kodhin 5126
<b>Retreat Star</b>		<b>Gulika</b>	<b>6:16AM - 7:41AM</b>	<b>Vishakha Until 12:34PM</b>	<b>Ganesha:</b> Light Blue	Sunrise: 6:16AM	Kodhin 5126
Tula Rasi: 29.58	Tithi 29 - 30	Yama	1:24PM - 2:49PM	Abhiganda* Until 4:43PM	<b>Muruga:</b> Clear	Sunset: 5:41PM	Moon 11 - Phase 31 - 13
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>9:07AM - 10:33AM</b>	Catuspada Until 11:16PM	<b>Nataraja:</b> Purple		Amavasya
				<b>Chaturdashini* Until 10:31AM</b>	<b>Moon - Orange</b>		<b>Devaloka Day</b>
					<b>Karttika-Karttikai</b>		

<b>7 Sunday, December 1, 2024</b>		Kodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sukla Paksha Shrua Vasara Yuktyam Anuradha/Jyestha* Nakshatra Sukarma/Dhriti* Yoga Naga*/Kirtughna* Karana Amavasya/Prathamayam Titau				Chennai, India Sun 14	Sutra 230 Kodhin 5126
<b>Retreat Star</b>		<b>Gulika</b>	<b>2:50PM - 4:15PM</b>	<b>Anuradha Until 2:23PM</b>	<b>Ganesha:</b> Light Blue	Sunrise: 6:16AM	Kodhin 5126
Wischika Rasi: 12.18	Tithi 30 - 1	Yama	11:59AM - 1:24PM	Sukarma Until 4:31PM	<b>Muruga:</b> Clear	Sunset: 5:41PM	Moon 11 - Phase 31 - 14
Routine Work	Marana Yoga	<b>Rahu</b>	<b>4:15PM - 5:41PM</b>	Kirtughna Until 12:22AM Mon	<b>Nataraja:</b> Purple		Prathama
				<b>Amavasya* Until 11:51AM</b>	<b>Moon - Orange</b>		<b>Devaloka Day</b>
					<b>Margasira-Karttikai</b>		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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<b>1 Monday, December 2, 2024</b>		Koodhin Nama Samvatara Dekshinaya Jvana Ritau Vrachika Mese Sukla Paksha Unda Vassara Yuktayam Jyeshtha/Mula* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitya/Tritayam Titau				Chennai, India Sun 15	Sutra 231 Koodhin 516
Wischika Rasi: 24.5	Tithi 1 – 2	<b>Gulika</b> Yama	<b>1:24PM – 2:50PM</b> 10:33AM – 11:59AM	<b>Jyeshtha* Until 3:34PM</b> Dhriti Until 3:59PM	<b>Ganesha: Orange</b> <b>Muruga: Clear</b>	Sunrise: 6:17AM Sunset: 5:41PM	Moon 11 - Phase 32 - 16 3rd Phase
<b>Family Home Evening</b>	777587575	<b>Rahu</b>	<b>7:42AM – 9:08AM</b>	Balava Until 1:00AM Tue	<b>Nataraja: Purple</b> Moon – Orange		<b>Sivaloka Day</b>
Creative Work	Siddha Yoga			<b>Prathama* Until 12:43PM</b>	<b>Margasira-Karttikai</b>		
<b>2 Tuesday, December 3, 2024</b>		Koodhin Nama Samvatara Dekshinaya Jvana Ritau Vrachika Mese Sukla Paksha Mangala Vassara Yuktayam Mula/Purvashada* Nakshatra Shula*Ganda* Yoga Kaulava/Taila Karana Dvitya/Tritayam Titau				Chennai, India Sun 16	Sutra 232 Koodhin 516
Dhanus Rasi: 8	Tithi 2 – 3	<b>Gulika</b> Yama	<b>11:59AM – 1:25PM</b> 10:33AM – 11:59AM	<b>Mula* Until 4:39PM</b> Shula* Until 3:05PM	<b>Ganesha: Purple</b> <b>Muruga: Clear</b>	Sunrise: 6:17AM Sunset: 5:41PM	Moon 11 - Phase 32 - 16 3rd Phase
Creative Work	Amrita Yoga	<b>Rahu</b>	<b>2:50PM – 4:16PM</b>	Taila Until 1:12AM Wed	<b>Nataraja: Purple</b> Moon – Light Blue		<b>Devaloka Day</b>
Until 4:39PM				<b>Dvitiya Until 1:08PM</b>	<b>Margasira-Karttikai</b>		
Then Creative Work	Siddha Yoga						
<b>3 Wednesday, December 4, 2024</b>		Koodhin Nama Samvatara Dekshinaya Jvana Ritau Vrachika Mese Sukla Paksha Budha Vassara Yuktayam Purvashada*/Uttarashada Nakshatra Ganda*/Vidhih Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Chennai, India Sun 17	Sutra 233 Koodhin 516
Dhanus Rasi: 20.33	Tithi 3 – 4	<b>Gulika</b> Yama	<b>10:34AM – 12:00PM</b> 9:08AM – 10:34AM	<b>Purvashada* Until 5:12PM</b> Ganda* Until 1:53PM	<b>Ganesha: Purple</b> <b>Muruga: Clear</b>	Sunrise: 6:19AM Sunset: 5:42PM	Moon 11 - Phase 32 - 17 3rd Phase
Creative Work	Amrita Yoga	<b>Rahu</b>	<b>12:00PM – 1:25PM</b>	Vanija Until 1:02AM Thu	<b>Nataraja: Purple</b> Moon – Light Blue		<b>Devaloka Day</b>
				<b>Tritiya Until 1:08PM</b>	<b>Margasira-Karttikai</b>		
<b>4 Thursday, December 5, 2024</b>		Koodhin Nama Samvatara Dekshinaya Jvana Ritau Vrachika Mese Sukla Paksha Guru Vassara Yuktayam Uttarashada/Shravana Nakshatra Vidhih/Dhruva Yoga Vesi*/Bava Karana Chaturthi/Panchamam Titau				Chennai, India Sun 18	Sutra 234 Koodhin 516
Makara Rasi: 3.41	Tithi 4 – 5	<b>Gulika</b> Yama	<b>9:09AM – 10:35AM</b> 7:43AM – 9:09AM	<b>Uttarashada Until 5:15PM</b> Vidhih Until 12:25PM	<b>Ganesha: Purple</b> <b>Muruga: Clear</b>	Sunrise: 6:19AM Sunset: 5:42PM	Moon 11 - Phase 32 - 18 3rd Phase
Routine Work	Marana Yoga	<b>Rahu</b>	<b>1:26PM – 2:51PM</b>	Bava Until 12:31AM Fri	<b>Nataraja: Purple</b> Moon – Light Blue		<b>Devaloka Day</b>
Until 5:15PM				<b>Chaturthi* Until 12:48PM</b>	<b>Margasira-Karttikai</b>		
Then Creative Work	Siddha Yoga						
<b>5 Friday, December 6, 2024</b>		Koodhin Nama Samvatara Dekshinaya Jvana Ritau Vrachika Mese Sukla Paksha Sukra Vassara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Bava/Kaulava Karana Panchami/Shashtham Titau				Chennai, India Sun 19	Sutra 235 Koodhin 516
Makara Rasi: 17	Tithi 5 – 6	<b>Gulika</b> Yama	<b>7:44AM – 9:10AM</b> 2:51PM – 4:17PM	<b>Shravana Until 5:16PM</b> Dhruva Until 10:40AM	<b>Ganesha: Clear</b> <b>Muruga: Clear</b>	Sunrise: 6:19AM Sunset: 5:42PM	Moon 11 - Phase 32 - 19 3rd Phase
Routine Work	Marana Yoga	<b>Rahu</b>	<b>10:35AM – 12:01PM</b>	Kaulava Until 11:40PM	<b>Nataraja: Purple</b> Moon – Purple		<b>Sivaloka Day</b>
Until 5:16PM				<b>Panchami Until 12:07PM</b>	<b>Margasira-Karttikai</b>		
Then Creative Work	Siddha Yoga						
				<b>Vinayaga Viratam Ends</b>			
<b>6 Saturday, December 7, 2024</b>		Koodhin Nama Samvatara Dekshinaya Jvana Ritau Vrachika Mese Sukla Paksha Manita Vassara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Taila/Gara Karana Shashthi/Saptamam Titau				Chennai, India Sun 20	Sutra 236 Koodhin 516
Kumbha Rasi: 0.3	Tithi 6 – 7	<b>Gulika</b> Yama	<b>6:19AM – 7:45AM</b> 1:26PM – 2:52PM	<b>Dhanishtha Until 4:50PM</b> Vyaghata* Until 8:41AM	<b>Ganesha: Clear</b> <b>Muruga: Clear</b>	Sunrise: 6:19AM Sunset: 5:43PM	Moon 11 - Phase 32 - 20 3rd Phase
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>9:10AM – 10:36AM</b>	Gara Until 10:30PM	<b>Nataraja: Purple</b> Moon – Purple		<b>Sivaloka Day</b>
Until 4:50PM				<b>Shashthi* Until 11:06AM</b>	<b>Margasira-Karttikai</b>		
Then Creative Work	Amrita Yoga						
<b>7 Sunday, December 8, 2024</b>		Koodhin Nama Samvatara Dekshinaya Jvana Ritau Vrachika Mese Sukla Paksha Shranu Vassara Yuktayam Shatabhishak/Purvaprosrothapada* Nakshatra Harshana/Vajra* Yoga Vansija/Vesi* Karana Saptami/Astamam Titau				Chennai, India Sun 21	Sutra 237 Koodhin 516
Kumbha Rasi: 14.11	Tithi 7 – 8	<b>Gulika</b> Yama	<b>2:52PM – 4:18PM</b> 12:01PM – 1:27PM	<b>Shatabhishak Until 3:55PM</b> Harshana Until 6:26AM	<b>Ganesha: Purple</b> <b>Muruga: Clear</b>	Sunrise: 6:20AM Sunset: 5:43PM	Moon 11 - Phase 32 - 21 3rd Phase
Creative Work	Siddha Yoga	<b>Rahu</b>	<b>4:18PM – 5:43PM</b>	Visi Until 8:59PM	<b>Nataraja: Purple</b> Moon – Purple		<b>Subha Sivaloka Day</b>
				<b>Saptami Until 9:46AM</b>	<b>Margasira-Karttikai</b>		
<b>Monday, December 9, 2024</b>		Koodhin Nama Samvatara Dekshinaya Jvana Ritau Vrachika Mese Sukla Paksha Unda Vassara Yuktayam Purvaprosrothapada*/Uttaraprosrothapada Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamam Titau				Chennai, India Sun 22	Sutra 238 Koodhin 516
Kumbha Rasi: 28.05	Tithi 8 – 9	<b>Gulika</b> Yama	<b>1:27PM – 2:53PM</b> 10:37AM – 12:02PM	<b>Purvaprosrothapada* Until 2:57PM</b> Siddhi Until 1:06AM Tue	<b>Ganesha: Blue</b> <b>Muruga: Clear</b>	Sunrise: 6:21AM Sunset: 5:43PM	Moon 11 - Phase 32 - 22 Navami
<b>Family Home Evening</b>	718687575	<b>Rahu</b>	<b>7:46AM – 9:11AM</b>	Balava Until 7:08PM	<b>Nataraja: Purple</b> Moon – Clear		<b>Subha Sivaloka Day</b>
Routine Work	Marana Yoga			<b>Ashtami* Until 8:05AM</b>	<b>Margasira-Karttikai</b>		
Until 2:57PM							
Then Creative Work	Siddha Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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<b>1 Tuesday, December 10, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Mangala Vasara Yuktyam Uttaraprosrthapada/Revati Nakshatra Vyatipata* Yoga Kaulava/Gara Karana Navami/Deshayam Titau				Chennai, India Sun 23	Sutra 239 Krodha 5126 Phase 33 - 23 4th Phase
Meesa Rasi: 12.11	Tithi 9 - 10	<b>Gulika</b> Yama 718687575	<b>12:02PM - 1:28PM</b> 9:12AM - 10:37AM <b>Rahu</b> 2:53PM - 4:18PM	<b>Uttaraprosrthapada Until 1:31PM</b> Vyatipata* Until 10:03PM Gara Until 3:45AM Wed <b>Navami* Until 6:04AM</b>	<b>Ganesha: Blue</b> Murgua: Clear Nataraja: Purple Moon - Clear Margasira-Karttikai	Sunrise: 6:21AM Sunset: 5:46PM	Moon 11 - Phase 33 - 24
Creative Work	Amrita Yoga	Subha Sivaloka Day					
Until 1:31PM							
Then Creative Work - Siddha Yoga							

<b>2 Wednesday, December 11, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Budha Vasara Yuktyam Revati/Ashvini Nakshatra Varjaya Yoga Vanjira/Visi* Karana Ekadashyam Titau				Chennai, India Sun 24	Sutra 240 Krodha 5126 Phase 33 - 24 4th Phase
Meesa Rasi: 26.3	Tithi 11	<b>Gulika</b> Yama 718687575	<b>10:38AM - 12:03PM</b> 7:47AM - 9:12AM <b>Rahu</b> 12:03PM - 1:28PM	<b>Revati Until 11:40AM</b> Varjaya Until 6:47PM Vanija Until 2:30PM	<b>Ganesha: Blue</b> Murgua: Clear Nataraja: Purple Moon - Clear Margasira-Karttikai	Sunrise: 6:22AM Sunset: 5:46PM	Moon 11 - Phase 33 - 24
Routine Work	Marana Yoga	Subha Sivaloka Day					

<b>3 Thursday, December 12, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Guru Vasara Yuktyam Ashvini/Bharani Nakshatra Parigraha*Shiva Yoga Beva/Balava Karana Dvadashyam Titau				Chennai, India Sun 25	Sutra 241 Krodha 5126 Phase 33 - 25 4th Phase
Meesa Rasi: 10.59	Tithi 12	<b>Gulika</b> Yama 728687575	<b>9:13AM - 10:38AM</b> 6:22AM - 7:47AM <b>Rahu</b> 1:29PM - 2:54PM	<b>Ashvini Until 9:52AM</b> Parigraha* Until 3:22PM Bava Until 11:51AM <b>Dvadashi Until 10:27PM</b>	<b>Ganesha: Yellow</b> Murgua: Clear Nataraja: Purple Moon - White Margasira-Karttikai	Sunrise: 6:22AM Sunset: 5:46PM	Moon 11 - Phase 33 - 25
Creative Work	Amrita Yoga	Sivaloka Day					
Until 9:52AM							
Then Creative Work - Siddha Yoga							

<b>4 Friday, December 13, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Sukra Vasara Yuktyam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Kaulava/Tailita Karana Trayodashyam Titau				Chennai, India Sun 26	Sutra 242 Krodha 5126 Phase 33 - 26 4th Phase
Meesa Rasi: 25.33	Tithi 13	<b>Gulika</b> Yama 728687575	<b>7:48AM - 9:13AM</b> 2:54PM - 4:20PM <b>Rahu</b> 10:38AM - 12:04PM	<b>Bharani Until 7:48AM</b> Shiva Until 11:53AM Kaulava Until 9:05AM	<b>Ganesha: Yellow</b> Murgua: Clear Nataraja: Purple Moon - White Margasira-Karttikai	Sunrise: 6:23AM Sunset: 5:46PM	Moon 11 - Phase 33 - 26
Creative Work	Siddha Yoga	Sivaloka Day					

<b>5 Saturday, December 14, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Manta Vasara Yuktyam Rohini Nakshatra Siddha/Sadhya Yoga Gara/Visi* Karana Chaturdashi/Purnimayam Titau				Chennai, India Sun 27	Sutra 243 Krodha 5126 Phase 33 - 27 4th Phase
Wishaha Rasi: 10.07	Tithi 14 - 15	<b>Gulika</b> Yama 738687575	<b>6:23AM - 7:48AM</b> 1:29PM - 2:55PM <b>Rahu</b> 9:14AM - 10:39AM	<b>Rohini Until 3:54AM Sun</b> Siddha Until 8:25AM Gara Until 6:20AM <b>Chaturdashi* Until 4:59PM</b>	<b>Ganesha: White</b> Murgua: Clear Nataraja: Purple Moon - Yellow Margasira-Karttikai	Sunrise: 6:23AM Sunset: 5:46PM	Moon 11 - Phase 33 - 27
Creative Work	Amrita Yoga	Subha Sivaloka Day					
Until 3:54AM Sun							
Then Creative Work - Siddha Yoga							

<b>○ Sunday, December 15, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Bharu Vasara Yuktyam Migashira Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chennai, India Sun 28	Sutra 244 Krodha 5126 Phase 33 - 28 Purnima
<b>Copper Retreat Star</b>		<b>Gulika</b> Yama 739687575	<b>2:55PM - 4:20PM</b> 12:05PM - 1:30PM <b>Rahu</b> 4:20PM - 5:46PM	<b>Migashira Until 2:19AM Mon</b> Subha Until 2:02AM Mon Balava Until 1:27AM Mon <b>Purnima* Until 2:32PM</b>	<b>Ganesha: Clear</b> Murgua: Clear Nataraja: Purple Moon - Yellow Margasira-Markali	Sunrise: 6:24AM Sunset: 5:46PM	Moon 11 - Phase 33 - 28
Creative Work	Siddha Yoga	Sivaloka Day					

<b>Monday, December 16, 2024</b>		Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yuktyam Andra Nakshatra Sukla Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau				Chennai, India Sun 29	Sutra 245 Krodha 5126 Phase 33 - 29 Prathama
<b>Silver Retreat Star</b>		<b>Gulika</b> Yama 839687575	<b>1:30PM - 2:56PM</b> 10:40AM - 12:05PM <b>Rahu</b> 7:50AM - 9:15AM	<b>Andra Until 1:04AM Tue</b> Sukla Until 11:20PM Tailita Until 11:38PM <b>Prathama* Until 12:28PM</b>	<b>Ganesha: White</b> Murgua: Clear Nataraja: Purple Moon - Yellow Margasira-Markali	Sunrise: 6:24AM Sunset: 5:46PM	Moon 11 - Phase 33 - 29
Mithuna Rasi: 8.49	Tithi 16 - 17	Devaloka Day					
Family Home Evening							
Creative Work	Siddha Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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**Tuesday, December 17, 2024****Gold Retreat Star**

			Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yukhtayam Punarvasu Nakshatra Brahma Yoga Gara/Vanja Karana Dvitiya/Tritiyam Tisau	Chennai, India Sun 1	Sutra 246
Mithuna Rasi: 22.44	Tithi 17 - 18	<b>Gulika</b> 12:06PM - 1:31PM	<b>Punarvasu Until 12:42AM Wed</b>	<b>Ganesha:</b> Clear	Sunrise: 6:25AM
		<b>Yama</b> 9:15AM - 10:40AM	<b>Brahma Until 9:08PM</b>	<b>Muruga:</b> Clear	Sunset: 5:47PM
Creative Work	Siddha Yoga	<b>Rahu</b> 2:56PM - 4:21PM	<b>Vanija Until 10:27PM</b>	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 1
			<b>Dvitiya Until 10:56AM</b>	<b>Moon - Blue</b>	1st Phase
				<b>Margasira-Markali</b>	<b>Sivaloka Day</b>

**1****Wednesday, December 18, 2024**

			Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yukhtayam Pushya Nakshatra Indra Yoga Vasi*Gava Karana Tritiya/Chaturthiyam Tisau	Chennai, India Sun 2	Sutra 247
Kalka Rasi: 6.16	Tithi 18 - 19	<b>Gulika</b> 10:41AM - 12:06PM	<b>Pushya Until 12:56AM Thu</b>	<b>Ganesha:</b> Clear	Sunrise: 6:25AM
		<b>Yama</b> 7:51AM - 9:16AM	<b>Indra Until 7:32PM</b>	<b>Muruga:</b> Clear	Sunset: 5:47PM
Creative Work	Siddha Yoga	<b>Rahu</b> 12:06PM - 1:31PM	<b>Bava Until 9:59PM</b>	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 2
			<b>Tritiya Until 10:06AM</b>	<b>Moon - Blue</b>	1st Phase
				<b>Margasira-Markali</b>	<b>Sivaloka Day</b>

**2****Thursday, December 19, 2024**

			Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yukhtayam Maha* Nakshatra Vaishkamba* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tisau	Chennai, India Sun 3	Sutra 248
Kalka Rasi: 19.23	Tithi 19 - 20	<b>Gulika</b> 9:16AM - 10:41AM	<b>Ashlesha* Until 1:48AM Fri</b>	<b>Ganesha:</b> Clear	Sunrise: 6:26AM
		<b>Yama</b> 6:25AM - 7:51AM	<b>Vaidhiti* Until 6:31PM</b>	<b>Muruga:</b> Clear	Sunset: 5:49PM
Creative Work	Siddha Yoga	<b>Rahu</b> 1:32PM - 2:57PM	<b>Kaulava Until 10:20PM</b>	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 3
			<b>Chaturthi* Until 10:02AM</b>	<b>Moon - Blue</b>	1st Phase
				<b>Margasira-Markali</b>	<b>Sivaloka Day</b>

**3****Friday, December 20, 2024**

			Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yukhtayam Magha* Nakshatra Vishkamba* Yoga Talila/Gara Karana Panchami/Shastryam Tisau	Chennai, India Sun 4	Sutra 249
Simha Rasi: 2.06	Tithi 20 - 21	<b>Gulika</b> 7:52AM - 9:17AM	<b>Magha* Until 3:45AM Sat</b>	<b>Ganesha:</b> Purple	Sunrise: 6:26AM
		<b>Yama</b> 2:58PM - 4:23PM	<b>Vishkamba* Until 6:08PM</b>	<b>Muruga:</b> Clear	Sunset: 5:49PM
Routine Work	Marana Yoga	<b>Rahu</b> 10:42AM - 12:07PM	<b>Gara Until 11:31PM</b>	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 2
			<b>Panchami Until 10:48AM</b>	<b>Moon - Red</b>	1st Phase
				<b>Margasira-Markali</b>	<b>Devaloka Day</b>

**4****Saturday, December 21, 2024**

			Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Merita Vasara Yukhtayam Maha* Nakshatra Vishkamba* Priti Yoga Vanja/Vasi* Karana Shashthi/Saphtamyam Tisau	Chennai, India Sun 5	Sutra 250
Simha Rasi: 14.28	Tithi 21 - 22	<b>Gulika</b> 6:27AM - 7:52AM	<b>Purvaphalguni Until 6:13AM Sun</b>	<b>Ganesha:</b> Purple	Sunrise: 6:27AM
		<b>Yama</b> 1:33PM - 2:58PM	<b>Prithi Until 6:21PM</b>	<b>Muruga:</b> Clear	Sunset: 5:49PM
Creative Work	Siddha Yoga	<b>Rahu</b> 9:17AM - 10:42AM	<b>Visti Until 1:24AM Sun</b>	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 5
			<b>Shashthi* Until 12:21PM</b>	<b>Moon - Red</b>	1st Phase
			<b>Day 1 of Pancha Ganapati</b>	<b>Margasira-Markali</b>	<b>Devaloka Day</b>

**5****Sunday, December 22, 2024****Retreat Star**

			Krodhin Nama Samvatsare Uttarayana Moksha Ritau Dhanus Mase Krishna Paksha Bharu Vasara Yukhtayam Purvaphalguni/Nakshatra Prithi Yoga Vanja/Vasi* Karana Shashthi/Saphtamyam Tisau	Chennai, India Sun 6	Sutra 251
Simha Rasi: 26.33	Tithi 22 - 23	<b>Gulika</b> 2:59PM - 4:24PM	<b>Purvaphalguni Until 6:13AM</b>	<b>Ganesha:</b> White	Sunrise: 6:27AM
		<b>Yama</b> 12:08PM - 1:33PM	<b>Ayushman Until 6:58PM</b>	<b>Muruga:</b> Clear	Sunset: 5:49PM
Creative Work	Siddha Yoga	<b>Rahu</b> 4:24PM - 5:49PM	<b>Balava Until 3:50AM Mon</b>	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 6
			<b>Saptami Until 2:33PM</b>	<b>Moon - Red</b>	Ashtami
			<b>Day 2 of Pancha Ganapati</b>	<b>Margasira-Markali</b>	<b>Devaloka Day</b>

**Monday, December 23, 2024****Retreat Star**

			Krodhin Nama Samvatsare Uttarayana Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Talila Karana Ashtami/Navamyam Tisau	Chennai, India Sun 7	Sutra 252
Kanya Rasi: 8.26	Tithi 23 - 24	<b>Gulika</b> 1:34PM - 2:59PM	<b>Uttaraphalguni Until 8:58AM</b>	<b>Ganesha:</b> White	Sunrise: 6:28AM
		<b>Yama</b> 10:43AM - 12:09PM	<b>Saubhagya Until 7:53PM</b>	<b>Muruga:</b> Clear	Sunset: 5:50PM
<b>Family Home Evening</b>		<b>Rahu</b> 7:53AM - 9:18AM	<b>Talila Until 6:33AM Tue</b>	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 7
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:09PM</b>	<b>Moon - Red</b>	Navami
			<b>Day 3 of Pancha Ganapati</b>	<b>Margasira-Markali</b>	<b>Devaloka Day</b>

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1</b>	<b>Tuesday, December 24, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Talaita/Gara Karana Navaranyam Titau				Chennai, India Sun 8	Sutra 253 Krodha 516
	Kanya Rasi: 20.14	Tithi 24	<b>Gulika</b> 12:09PM - 1:34PM Yama 9:19AM - 10:44AM Rahu 3:00PM - 4:25PM	<b>Hasta Until 12:17PM</b> Sobhana Until 6:53PM Taitila Until 9:33AM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Green	Sunrise: 6:28AM Sunset: 5:59PM	Moon 12 - Phase 35 - 8	2nd Phase
	Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		<b>Navami* Until 7:54PM</b>	<b>Margasira-Markali</b>	<b>Sivaloka Day</b>	

<b>2</b>	<b>Wednesday, December 25, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Budha Vesara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Vanja/Visi* Karana Dashamyam Titau				Chennai, India Sun 9	Sutra 254 Krodha 516
	Tula Rasi: 2.02	Tithi 25	<b>Gulika</b> 10:44AM - 12:10PM Yama 7:54AM - 9:19AM Rahu 12:10PM - 1:35PM	<b>Chitra Until 3:22PM</b> Athiganda* Until 9:45PM Vanja Until 9:16AM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Green	Sunrise: 6:29AM Sunset: 5:59PM	Moon 12 - Phase 35 - 11	2nd Phase
	Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		<b>Dashami Until 10:31PM</b>	<b>Margasira-Markali</b>	<b>Sivaloka Day</b>	

<b>3</b>	<b>Thursday, December 26, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sukama Yoga Bava/Belava Karana Ekadashyam Titau				Chennai, India Sun 10	Sutra 255 Krodha 516
	Tula Rasi: 13.55	Tithi 26	<b>Gulika</b> 9:20AM - 10:45AM Yama 6:29AM - 7:55AM Rahu 1:35PM - 3:01PM	<b>Svati Until 5:59PM</b> Sukama Until 10:22PM Bava Until 11:43AM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Green	Sunrise: 6:29AM Sunset: 5:59PM	Moon 12 - Phase 35 - 10	2nd Phase
	Creative Work	Amrita Yoga	Then Creative Work - Siddha Yoga		<b>Ekadashi* Until 12:45AM Fri</b>	<b>Margasira-Markali</b>	<b>Devaloka Day</b>	

<b>4</b>	<b>Friday, December 27, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Chennai, India Sun 11	Sutra 256 Krodha 516
	Tula Rasi: 25.58	Tithi 27	<b>Gulika</b> 7:55AM - 9:20AM Yama 3:01PM - 4:26PM Rahu 10:45AM - 12:11PM	<b>Vishakha Until 8:28PM</b> Dhriti Until 10:36PM Kaulava Until 1:42PM	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Orange	Sunrise: 6:30AM Sunset: 5:59PM	Moon 12 - Phase 35 - 11	2nd Phase
	Creative Work	Siddha Yoga	<b>Dvadashi* Until 2:28AM Sat</b>		<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devoloka Time: 3PM to 6PM		

<b>5</b>	<b>Saturday, December 28, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Manita Vesara Yuktayam Anuradha Nakshatra Shula* Yoga Gara/Vanja Karana Trayodashyam Titau				Chennai, India Sun 12	Sutra 257 Krodha 516
	Wischika Rasi: 8.13	Tithi 28	<b>Gulika</b> 6:30AM - 7:55AM Yama 1:36PM - 3:02PM Rahu 9:21AM - 10:46AM	<b>Anuradha Until 10:13PM</b> Shula* Until 10:22PM Gara Until 3:07PM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Orange	Sunrise: 6:30AM Sunset: 5:59PM	Moon 12 - Phase 35 - 12	2nd Phase
	Creative Work	Siddha Yoga	<b>Trayodashi* Until 3:34AM Sun</b>		<b>Margasira-Markali</b>	<b>Devaloka Day</b>		

Pradosha Vrata (Fasting)

<b>6</b>	<b>Sunday, December 29, 2024</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Bharu Vesara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Chennai, India Sun 13	Sutra 258 Krodha 516
	Wischika Rasi: 20.45	Tithi 29	<b>Gulika</b> 3:02PM - 4:27PM Yama 12:12PM - 1:37PM Rahu 4:27PM - 5:53PM	<b>Jyeshtha* Until 11:12PM</b> Ganda* Until 9:40PM Visi Until 3:54PM	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Orange	Sunrise: 6:31AM Sunset: 5:59PM	Moon 12 - Phase 35 - 13	2nd Phase
	Routine Work	Marana Yoga	Then Creative Work - Amrita Yoga		<b>Chaturdashi* Until 4:03AM Mon</b>	<b>Margasira-Markali</b>	<b>Devaloka Day</b>	

<b>Monday, December 30, 2024</b>	<b>Retreat Star</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yuktayam Mula* Nakshatra Viddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Chennai, India Sun 14	Sutra 259 Krodha 516
	Dhanus Rasi: 3.34	Tithi 30	<b>Gulika</b> 1:37PM - 3:03PM Yama 10:47AM - 12:12PM Rahu 7:56AM - 9:22AM	<b>Mula* Until 11:57PM</b> Viddhi Until 8:32PM Catuspada Until 4:05PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue	Sunrise: 6:31AM Sunset: 5:59PM	Moon 12 - Phase 35 - 14	Amavasya
	Family Home Evening	Siddha Yoga	Hanumath Jayanthi (Tamil Nadu)		<b>Amavasya* Until 3:57AM Tue</b>	<b>Margasira-Markali</b>	<b>Devaloka Day</b>	

<b>Tuesday, December 31, 2024</b>	<b>Retreat Star</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vesara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Chennai, India Sun 15	Sutra 260 Krodha 516
	Dhanus Rasi: 16.39	Tithi 1	<b>Gulika</b> 12:13PM - 1:38PM Yama 9:22AM - 10:47AM Rahu 3:03PM - 4:29PM	<b>Purvashadha* Until 12:02AM Wed</b> Dhruva Until 6:57PM Kintughna Until 3:44PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue	Sunrise: 6:31AM Sunset: 5:59PM	Moon 12 - Phase 35 - 15	Prathama
	Creative Work	Siddha Yoga	Then Creative Work - Amrita Yoga		<b>Prathama* Until 3:22AM Wed</b>	<b>Pausha-Markali</b>	<b>Devaloka Day</b>	

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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<b>1</b>	<b>Wednesday, January 1, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukta Paksha Budha Vasara Yuktayam Utarashadha Nakshatra Vyaghata/Harshana Yoga Balava/Kaulava Karana Dvityayam Titau		Chennai, India Sun 16	Sutra 261 Krodha 516
	Dhanu Rasi: 29.59	Tithi 2	<b>Gulika</b> 10:47AM - 12:13PM Yama 7:57AM - 9:22AM Rahu 12:13PM - 1:38PM	<b>Utarashadha Until 11:35PM</b> Vyaghata* Until 5:04PM Balava Until 2:56PM <b>Dvitiya Until 2:23AM Thu</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue <b>Pausha-Markali</b>	Sunrise: 6:31AM Sunset: 5:54PM Moon 12 - Phase 36 - 12 3rd Phase
	Creative Work Amrita Yoga Until 11:35PM Then Creative Work - Siddha Yoga	881787576				<b>Devaloka Day</b>

<b>2</b>	<b>Thursday, January 2, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukta Paksha Guru Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Talita/Gara Karana Tritiyayam Titau		Chennai, India Sun 17	Sutra 262 Krodha 516
	Makara Rasi: 13.32	Tithi 3	<b>Gulika</b> 9:22AM - 10:48AM Yama 6:32AM - 7:57AM Rahu 1:38PM - 3:04PM	<b>Shravana Until 11:08PM</b> Harshana Until 2:56PM Talita Until 1:48PM <b>Tritiya Until 1:07AM Fri</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Purple <b>Pausha-Markali</b>	Sunrise: 6:32AM Sunset: 5:59PM Moon 12 - Phase 36 - 12 3rd Phase
	Creative Work Siddha Yoga	892787576				<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>3</b>	<b>Friday, January 3, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukta Paksha Sukra Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Vanja/Vasi* Karana Chaturthiyam Titau		Chennai, India Sun 18	Sutra 263 Krodha 516
	Makara Rasi: 27.16	Tithi 4	<b>Gulika</b> 7:58AM - 9:23AM Yama 6:32AM - 4:30PM Rahu 10:48AM - 12:14PM	<b>Dhanishtha Until 10:19PM</b> Vajra* Until 12:34PM Vanija Until 12:25PM <b>Chaturthi* Until 11:37PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Purple <b>Pausha-Markali</b>	Sunrise: 6:32AM Sunset: 5:59PM Moon 12 - Phase 36 - 18 3rd Phase
	Creative Work Siddha Yoga	892787576				<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>4</b>	<b>Saturday, January 4, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukta Paksha Manita Vasara Yuktayam Shatbhishak Nakshatra Siddhi/Vyagpala* Yoga Bava/Balava Karana Panchamyam Titau		Chennai, India Sun 19	Sutra 264 Krodha 516
	Kumbha Rasi: 11.06	Tithi 5	<b>Gulika</b> 6:33AM - 7:58AM Yama 1:39PM - 3:05PM Rahu 9:23AM - 10:49AM	<b>Shatbhishak Until 9:11PM</b> Siddhi Until 10:04AM Bava Until 10:50AM <b>Panchami Until 9:59PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Purple <b>Pausha-Markali</b>	Sunrise: 6:33AM Sunset: 5:59PM Moon 12 - Phase 36 - 19 3rd Phase
	Creative Work Amrita Yoga Until 9:11PM Then Routine Work - Marana Yoga	892787576				<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>5</b>	<b>Sunday, January 5, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukta Paksha Bharu Vasara Yuktayam Puravproshthapada* Nakshatra Vyagpala*/Varyan Yoga Kaulava/Talita Karana Shashthiyam Titau		Chennai, India Sun 20	Sutra 265 Krodha 516
	Kumbha Rasi: 25.01	Tithi 6	<b>Gulika</b> 3:05PM - 4:31PM Yama 12:14PM - 1:40PM Rahu 4:31PM - 5:56PM	<b>Puravproshthapada* Until 8:15PM</b> Vyagpala* Until 7:29AM Kaulava Until 9:08AM <b>Shashthi* Until 8:14PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Pausha-Markali</b>	Sunrise: 6:33AM Sunset: 5:59PM Moon 12 - Phase 36 - 20 3rd Phase
	Creative Work Siddha Yoga Until 8:15PM Then Creative Work - Amrita Yoga	812787576	Subramunieswami Jayanti			<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>6</b>	<b>Monday, January 6, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukta Paksha Indu Vasara Yuktayam Utarproshthapada* Nakshatra Parigha* Yoga Gara/Venja Karana Saptamyam Titau		Chennai, India Sun 21	Sutra 266 Krodha 516
	Meena Rasi: 9.01	Tithi 7	<b>Gulika</b> 1:40PM - 3:06PM Yama 10:49AM - 12:15PM Rahu 7:58AM - 9:24AM	<b>Utarproshthapada Until 7:05PM</b> Parigha* Until 2:03AM Tue Gara Until 7:20AM <b>Saptami Until 6:23PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Pausha-Markali</b>	Sunrise: 6:33AM Sunset: 5:57PM Moon 12 - Phase 36 - 21 3rd Phase
	Family Home Evening Creative Work Siddha Yoga	812787576				<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>D</b>	<b>Tuesday, January 7, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukta Paksha Mangala Vasara Yuktayam Revati(Ashvini) Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Chennai, India Sun 22	Sutra 267 Krodha 516
	Meena Rasi: 23.03	Tithi 8 - 9	<b>Gulika</b> 12:15PM - 1:41PM Yama 9:24AM - 10:50AM Rahu 3:06PM - 4:32PM	<b>Revati Until 5:41PM</b> Shiva Until 11:16PM Balava Until 3:29AM Wed <b>Ashtami* Until 4:27PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Pausha-Markali</b>	Sunrise: 6:34AM Sunset: 5:57PM Moon 12 - Phase 36 - 22 Ashtami
	Creative Work Siddha Yoga	812787576				<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>D</b>	<b>Wednesday, January 8, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukta Paksha Budha Vasara Yuktayam Ashvini(Bharani) Nakshatra Siddha* Yoga Kaulava/Talita Karana Navami/Dashamyam Titau		Chennai, India Sun 23	Sutra 268 Krodha 516
	Mesha Rasi: 7.08	Tithi 9 - 10	<b>Gulika</b> 10:50AM - 12:16PM Yama 7:58AM - 9:25AM Rahu 12:16PM - 1:41PM	<b>Ashvini Until 4:30PM</b> Siddha Until 8:23PM Talita Until 1:28AM Thu <b>Navami* Until 2:28PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - White <b>Pausha-Markali</b>	Sunrise: 6:34AM Sunset: 5:58PM Moon 12 - Phase 36 - 23 Navami
	Routine Work Marana Yoga Until 4:30PM Then Creative Work - Siddha Yoga	822787576				<b>Devaloka Day</b>

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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<b>1 Thursday, January 9, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukla Paksha Guru Vasara Yuktyayam Chennai, India Bharani/Krittika Nakshatra Sadya/Subha Yoga Gera/Vanija Karana Dashami/Ekadashtyam Titau Sun 24 Sutra 269			
Mesha Rasi: 21.16	Tithi 10 - 11	<b>Gulika</b> 9:25AM - 10:51AM Yama 6:34AM - 8:00AM Rahu 1:42PM - 3:07PM	<b>Bharani Until 3:09PM</b> Sadya Until 5:30PM Vanija Until 11:25PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - White Pausha-Markali	Sunrise: 6:34AM Sunset: 5:59PM Moon 12 - Phase 37 - 24 4th Phase
Creative Work Siddha Yoga	822787576	<b>Vaikuntha Ekadasi</b>	<b>Dashami Until 12:25PM</b>		<b>Devaloka Day</b>
Until 3:09PM					
Then Routine Work - Marana Yoga					
<b>2 Friday, January 10, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukla Paksha Sukra Vasara Yuktyayam Chennai, India Krittika/Rohini Nakshatra Subha/Sukla Yoga Vasi/Bava Karana Ekadashi/Dvadashtyam Titau Sun 25 Sutra 270			
Wisheha Rasi: 5.24	Tithi 11 - 12	<b>Gulika</b> 8:00AM - 9:26AM Yama 3:08PM - 4:33PM Rahu 10:51AM - 12:17PM	<b>Krittika Until 1:39PM</b> Subha Until 2:38PM Bava Until 9:24PM <b>Ekadashi Until 10:23AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - White Pausha-Markali	Sunrise: 6:34AM Sunset: 5:59PM Moon 12 - Phase 37 - 25 4th Phase
Creative Work Siddha Yoga	822787576				<b>Devaloka Day</b>
Until 1:39PM					
Then Routine Work - Marana Yoga					
<b>3 Saturday, January 11, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukla Paksha Manta Vasara Yuktyayam Chennai, India Rohini/Migashira Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau Sun 26 Sutra 271			
Wisheha Rasi: 19.3	Tithi 12 - 13	<b>Gulika</b> 6:35AM - 8:00AM Yama 1:43PM - 3:08PM Rahu 9:26AM - 10:51AM	<b>Rohini Until 12:31PM</b> Sukla Until 11:49AM Kaulava Until 7:30PM <b>Dvadashti Until 8:25AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Yellow Pausha-Markali	Sunrise: 6:35AM Sunset: 5:59PM Moon 12 - Phase 37 - 26 4th Phase
Creative Work Amrita Yoga	832787576				<b>Bhuloka Day</b>
Until 12:31PM					Devaloka Time: 3PM to 6PM
Then Creative Work - Siddha Yoga					
Pradosha Vata					
<b>4 Sunday, January 12, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukla Paksha Bharu Vasara Yuktyayam Chennai, India Migashira/Vrta Nakshatra Brahma/Indra Yoga Ittila/Vanija Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 272			
Mithuna Rasi: 3.31	Tithi 13 - 14	<b>Gulika</b> 3:09PM - 4:34PM Yama 12:17PM - 1:43PM Rahu 4:34PM - 6:00PM	<b>Mrigashira Until 11:25AM</b> Brahma Until 9:09AM Vanija Until 5:05AM Mon <b>Trayodashi Until 6:36AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Yellow Pausha-Markali	Sunrise: 6:35AM Sunset: 6:00PM Moon 12 - Phase 37 - 27 4th Phase
Creative Work Siddha Yoga	832787576				<b>Bhuloka Day</b>
Until 10:29AM					Devaloka Time: 3PM to 6PM
Then Creative Work - Amrita Yoga					
<b>Monday, January 13, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanu Mase Sukla Paksha Indu Vasara Yuktyayam Chennai, India Copper Retreat Star Andra/Punarvasu Nakshatra Indra/Vaidhriti/ Yoga Vasi/Bava Karana Purnimayam Titau Sun 28 Sutra 273			
Mithuna Rasi: 17.2	Tithi 15	<b>Gulika</b> 1:44PM - 3:09PM Yama 10:52AM - 12:18PM Rahu 8:01AM - 9:26AM	<b>Andra Until 10:29AM</b> Indra Until 6:44AM Visti Until 4:28PM <b>Purnima* Until 3:57AM Tue</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Yellow Pausha-Markali	Sunrise: 6:35AM Sunset: 6:01PM Moon 12 - Phase 37 - Purnima
Family Home Evening	832787576				<b>Bhuloka Day</b>
Creative Work Siddha Yoga		<b>Ardra Darshanam</b>			Devaloka Time: 3PM to 6PM
Until 10:29AM					
Then Creative Work - Amrita Yoga					
<b>Tuesday, January 14, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktyayam Chennai, India Silver Retreat Star Punarvasu/Pushya Nakshatra Vashkambha/ Titau Sun 29 Sutra 274			
Kataka Rasi: 0.56	Tithi 16	<b>Gulika</b> 12:18PM - 1:44PM Yama 9:27AM - 10:52AM Rahu 3:10PM - 4:35PM	<b>Punarvasu Until 10:15AM</b> Vishkambha* Until 2:55AM Wed Balava Until 3:35PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Blue Pausha-Thai	Sunrise: 6:35AM Sunset: 6:01PM Moon 12 - Phase 37 - Prathama
Creative Work Siddha Yoga	842787576				<b>Devaloka Day</b>
Until 10:29AM		<b>Thai Pongal</b>	<b>Prathama* Until 3:21AM Wed</b>		
Then Routine Work - Marana Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Inana Pada

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**Wednesday, January 15, 2025****Gold Retreat Star**

		Krodhin Nama Samvatbare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Tatila/Gara Karana Divlyayam Titau				Chennai, India Sutra 275
Kataka Rasi: 14.14	Tithi 17	<b>Gulika</b> Yama 843787576	<b>10:53AM - 12:19PM</b> 9:01AM - 9:27AM <b>Rahu</b> 12:19PM - 1:44PM	<b>Pushya Until 10:26AM</b> Priti Until 1:44AM Thu Tatila Until 3:17PM <b>Dvitiya Until 3:22AM Thu</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Blue Pausha-Thu	Sunrise: 6:35AM Sunset: 6:02PM Moon 1 - Phase 38 - 1st Phase
Creative Work	Siddha Yoga					<b>Sivaloka Day</b>

**1****Thursday, January 16, 2025**

		Krodhin Nama Samvatbare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Guru Vasara Yuktayam Ashlesha*Magha* Nakshatra Ayushman Yoga Vanja/Visti* Karana Trilyayam Titau				Chennai, India Sutra 276
Kataka Rasi: 27.12	Tithi 18	<b>Gulika</b> Yama 843787576	<b>9:27AM - 10:53AM</b> 9:01AM - 9:27AM <b>Rahu</b> 1:45PM - 3:11PM	<b>Ashlesha* Until 11:04AM</b> Ayushman Until 1:03AM Fri Vanja Until 3:40PM <b>Tritiya Until 4:05AM Fri</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Blue Pausha-Thu	Sunrise: 6:36AM Sunset: 6:02PM Moon 1 - Phase 38 - 1st Phase
Creative Work	Siddha Yoga					<b>Sivaloka Day</b>
Until 11:04AM						
Then Creative Work - Amrita Yoga						

**2****Friday, January 17, 2025**

		Krodhin Nama Samvatbare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Sukra Vasara Yuktayam Magha*Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau				Chennai, India Sutra 277
Simha Rasi: 9.5	Tithi 19	<b>Gulika</b> Yama 853787576	<b>8:02AM - 9:28AM</b> 6:36AM - 8:01AM <b>Rahu</b> 10:53AM - 12:19PM	<b>Magha* Until 12:43PM</b> Saubhagya Until 12:54AM Sat Bava Until 4:44PM <b>Chaturthi* Until 5:30AM Sat</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Red Pausha-Thu	Sunrise: 6:36AM Sunset: 6:02PM Moon 1 - Phase 38 - 1st Phase
Routine Work	Marana Yoga					<b>Devaloka Day</b>
Until 12:43PM						
Then Creative Work - Siddha Yoga						

**3****Saturday, January 18, 2025**

		Krodhin Nama Samvatbare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Manta Vasara Yuktayam Maha*Purvaphalguni Nakshatra Sobhana Yoga Kaulava Karana Panchamiyam Titau				Chennai, India Sutra 278
Simha Rasi: 22.11	Tithi 20	<b>Gulika</b> Yama 853787576	<b>6:36AM - 8:02AM</b> 3:11PM - 4:37PM <b>Rahu</b> 9:28AM - 10:54AM	<b>Purvaphalguni Until 2:50PM</b> Sobhana Until 1:15AM Sun Kaulava Until 6:28PM <b>Panchami Until 7:32AM Sun</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Red Pausha-Thu	Sunrise: 6:36AM Sunset: 6:02PM Moon 1 - Phase 38 - 1st Phase
Creative Work	Siddha Yoga					<b>Devaloka Day</b>
Until 2:50PM						
Then Routine Work - Marana Yoga						

**4****Sunday, January 19, 2025**

		Krodhin Nama Samvatbare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Bharu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ahiganda* Yoga Tatila/Gara Karana Panchami/Shashthiyam Titau				Chennai, India Sutra 279
Kanya Rasi: 4.16	Tithi 20 - 21	<b>Gulika</b> Yama 853787576	<b>3:12PM - 4:38PM</b> 12:20PM - 1:46PM <b>Rahu</b> 4:38PM - 6:04PM	<b>Uttaraphalguni Until 5:20PM</b> Ahiganda* Until 1:56AM Mon Gara Until 8:45PM <b>Panchami Until 7:32AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Red Pausha-Thu	Sunrise: 6:36AM Sunset: 6:04PM Moon 1 - Phase 38 - 1st Phase
Creative Work	Amrita Yoga					<b>Devaloka Day</b>

**5****Monday, January 20, 2025**

		Krodhin Nama Samvatbare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Indu Vasara Yuktayam Hasta Nakshatra Sukarma Yoga Vanja/Visti* Karana Shashthi/Saptamiyam Titau				Chennai, India Sutra 280
Kanya Rasi: 16.11	Tithi 21 - 22	<b>Gulika</b> Yama 863787576	<b>1:46PM - 3:12PM</b> 10:54AM - 12:20PM <b>Rahu</b> 8:02AM - 9:28AM	<b>Hasta Until 8:30PM</b> Sukarma Until 2:51AM Tue Visti Until 11:22PM <b>Shashthi* Until 10:00AM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Green Pausha-Thu	Sunrise: 6:36AM Sunset: 6:04PM Moon 1 - Phase 38 - 1st Phase
Family Home Evening						<b>Sivaloka Day</b>
Until 8:30PM						
Then Routine Work - Prabarashtha Yoga						

**D****Tuesday, January 21, 2025**

		Krodhin Nama Samvatbare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktayam Chitra Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamiyam Titau				Chennai, India Sutra 281
Kanya Rasi: 27.59	Tithi 22 - 23	<b>Gulika</b> Yama 863787576	<b>12:21PM - 1:47PM</b> 9:28AM - 10:54AM <b>Rahu</b> 3:13PM - 4:39PM	<b>Chitra Until 11:36PM</b> Dhriti Until 3:49AM Wed Balava Until 2:03AM Wed <b>Saptami Until 12:42PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Green Pausha-Thu	Sunrise: 6:36AM Sunset: 6:05PM Moon 1 - Phase 38 - 6 Ashtami
Creative Work	Siddha Yoga					<b>Sivaloka Day</b>

**Wednesday, January 22, 2025****Retreat Star**

		Krodhin Nama Samvatbare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Budha Vasara Yuktayam Svati Nakshatra Shula* Yoga Kaulava/Tatila Karana Ashtami/Navamiyam Titau				Chennai, India Sutra 282
Tula Rasi: 9.49	Tithi 23 - 24	<b>Gulika</b> Yama 863887576	<b>10:55AM - 12:21PM</b> 8:02AM - 9:28AM <b>Rahu</b> 12:21PM - 1:47PM	<b>Svati Until 2:23AM Thu</b> Shula* Until 4:36AM Thu Tatila Until 4:33AM Thu <b>Ashtami* Until 3:19PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Green Pausha-Thu	Sunrise: 6:36AM Sunset: 6:05PM Moon 1 - Phase 38 - 7 Navami
Creative Work	Siddha Yoga					<b>Devaloka Day</b>

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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<b>1 Thursday, January 23, 2025</b>		Krodhin Nama Samvatsare Uтарыыне Moksha Ritau Makara Mase Krishna Paksha Guru Vasara Yuktayam Vishaka Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Chennai, India Sun 8	Sutra 293 Krodhin 5126 Moon 1 - Phase 39 - 8 2nd Phase
Tula Rasi: 21.42	Tithi 24 - 25	<b>Gulika</b> 9:29AM - 10:55AM	<b>Vishaka* Until 5:07AM Fri</b> Ganda* Until 5:04AM Fri	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Orange	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:09PM		
873887576	<b>Rahu</b> 1:47PM - 3:13PM		<b>Navami* Until 5:38PM</b>	<b>Pausha*Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	
Creative Work	Siddha Yoga						

<b>2 Friday, January 24, 2025</b>		Krodhin Nama Samvatsare Uтарыыне Moksha Ritau Makara Mase Krishna Paksha Sukra Vasara Yuktayam Anuradha Nakshatra Viddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Chennai, India Sun 9	Sutra 294 Krodhin 5126 Moon 1 - Phase 39 - 11 2nd Phase
Wisshika Rasi: 3.46	Tithi 25	<b>Gulika</b> 8:03AM - 9:29AM	<b>Anuradha Until 7:06AM Sat</b> Viddhi Until 5:07AM Sat	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Orange	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:09PM		
973887576	<b>Rahu</b> 10:55AM - 12:21PM		<b>Dashami Until 7:26PM</b>	<b>Pausha*Thai</b>		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga						

<b>3 Saturday, January 25, 2025</b>		Krodhin Nama Samvatsare Uтарыыне Moksha Ritau Makara Mase Krishna Paksha Manta Vasara Yuktayam Anuradha Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India Sun 10	Sutra 295 Krodhin 5126 Moon 1 - Phase 39 - 10 2nd Phase
Wisshika Rasi: 16.05	Tithi 26	<b>Gulika</b> 6:36AM - 8:03AM	<b>Anuradha Until 7:06AM</b> Dhruva Until 4:36AM Sun	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Orange	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:09PM		
973887576	<b>Rahu</b> 9:29AM - 10:55AM		<b>Ekadashi* Until 8:33PM</b>	<b>Pausha*Thai</b>		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga						

<b>4 Sunday, January 26, 2025</b>		Krodhin Nama Samvatsare Uтарыыне Moksha Ritau Makara Mase Krishna Paksha Bhanu Vasara Yuktayam Jyeshtha* Mula* Nakshatra Vyaghata* Yoga Kaulava/Taila Karana Dvadashyam Titau				Chennai, India Sun 11	Sutra 296 Krodhin 5126 Moon 1 - Phase 39 - 11 2nd Phase
Wisshika Rasi: 28.41	Tithi 27	<b>Gulika</b> 3:15PM - 4:41PM	<b>Jyeshtha* Until 8:16AM</b> Vyaghata* Until 3:33AM Mon	<b>Ganesh:</b> Yellow <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Orange	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:07PM		
973887576	<b>Rahu</b> 4:41PM - 6:07PM		<b>Dvadashi* Until 8:56PM</b>	<b>Pausha*Thai</b>		<b>Devaloka Day</b>	
Routine Work	Marana Yoga						
Until 8:16AM							
Then Creative Work - Amrita Yoga							

<b>5 Monday, January 27, 2025</b>		Krodhin Nama Samvatsare Uтарыыне Moksha Ritau Makara Mase Krishna Paksha Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau				Chennai, India Sun 12	Sutra 287 Krodhin 5126 Moon 1 - Phase 39 - 12 2nd Phase
Dhanus Rasi: 11.39	Tithi 28	<b>Gulika</b> 1:48PM - 3:15PM	<b>Mula* Until 9:02AM</b> Harshana Until 1:57AM Tue	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:09PM		
983887576	<b>Rahu</b> 8:03AM - 9:29AM		<b>Trayodashi* Until 8:37PM</b>	<b>Pausha*Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	
Creative Work	Siddha Yoga						
Until 9:02AM							
Then Routine Work - Marana Yoga							

<b>6 Tuesday, January 28, 2025</b>		Krodhin Nama Samvatsare Uтарыыне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Vajra* Yoga Visti*/Sakun* Karana Chaturdashyam Titau				Chennai, India Sun 13	Sutra 288 Krodhin 5126 Moon 1 - Phase 39 - 13 2nd Phase
Dhanus Rasi: 24.58	Tithi 29	<b>Gulika</b> 12:22PM - 1:49PM	<b>Purvashadha* Until 8:59AM</b> Vajra* Until 11:51PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:09PM		
983887576	<b>Rahu</b> 3:15PM - 4:42PM		<b>Visti Until 8:13AM</b>	<b>Pausha*Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	
Creative Work	Siddha Yoga						
Until 8:59AM							
Then Routine Work - Prabalarishta Yoga							

<b>Wednesday, January 29, 2025</b>		Krodhin Nama Samvatsare Uтарыыне Moksha Ritau Makara Mase Krishna Paksha Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Catuspada*Naga* Karana Amavasyayam Titau				Chennai, India Sun 14	Sutra 289 Krodhin 5126 Moon 1 - Phase 39 - 14 Amavasya
Makara Rasi: 8.38	Tithi 30	<b>Gulika</b> 10:56AM - 12:22PM	<b>Uttarashadha Until 8:13AM</b> Siddhi Until 9:21PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:09PM		
983887576	<b>Rahu</b> 12:22PM - 1:49PM		<b>Catuspada Until 6:58AM</b>	<b>Pausha*Thai</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	
Creative Work	Amrita Yoga						
Until 8:13AM							
Then Creative Work - Siddha Yoga							

<b>Thursday, January 30, 2025</b>		Krodhin Nama Samvatsare Uтарыыне Moksha Ritau Makara Mase Sukla Paksha Guru Vasara Yuktayam Shravana/Dhanishta Nakshatra Vysatipata* Yoga Bava/Balava Karana Prathamam/Dvityayam Titau				Chennai, India Sun 15	Sutra 290 Krodhin 5126 Moon 1 - Phase 39 - 15 Prathama
Makara Rasi: 22.35	Tithi 1 - 2	<b>Gulika</b> 9:29AM - 10:56AM	<b>Shravana Until 7:16AM</b> Vysatipata* Until 6:33PM	<b>Ganesh:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon - Purple	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 6:09PM		
994887576	<b>Rahu</b> 1:49PM - 3:16PM		<b>Balava Until 3:08AM Fri</b>	<b>Magha*Thai</b>		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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<b>1</b>	<b>Friday, January 31, 2025</b>		Krodhin Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktayam Chennai, India		
			Shatbhishak Nakshatra Varjyan/Parigha* Yoga Kaulava/Tailita Karana Dvitiya/Tritiyam Titau Sun 16 Sutra 291		
	Gulika	8:03AM - 9:29AM	<b>Shatbhishak Until 4:04AM Sat</b>	Ganesha: Red	Sunrise: 6:36AM
	Yama	3:16PM - 4:43PM	Varjyan Until 3:30PM	Muruga: Clear	Sunset: 6:10PM
	994887576	Rahu	10:56AM - 12:23PM	Tailita Until 12:50AM Sat	Moon 1 - Phase 40 - 16
				Dvitiya Until 1:59PM	3rd Phase
				Moan - Purple	<b>Devaloka Day</b>
				Magha-Thai	

<b>2</b>	<b>Saturday, February 1, 2025</b>		Krodhin Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Sukla Paksha Manita Vasara Yuktayam Chennai, India		
			Purvashrothapada* Nakshatra Parigha*(Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau Sun 17 Sutra 292		
	Gulika	6:36AM - 8:03AM	<b>Purvashrothapada* Until 2:30AM Sun</b>	Ganesha: Blue	Sunrise: 6:36AM
	Yama	1:49PM - 3:16PM	Parigha* Until 12:21PM	Muruga: Clear	Sunset: 6:10PM
	914887576	Rahu	9:29AM - 10:56AM	Vanija Until 10:26PM	Moon 1 - Phase 40 - 17
				Tritiya Until 11:37AM	3rd Phase
				Moan - Clear	<b>Sivaloka Day</b>
				Magha-Thai	

<b>3</b>	<b>Sunday, February 2, 2025</b>		Krodhin Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Sukla Paksha Bharu Vasara Yuktayam Chennai, India		
			Uttarashrothapada Shiva/Siddha Yoga Vist*/Bava Karana Chaturthi/Panchamiyam Titau Sun 18 Sutra 293		
	Gulika	3:16PM - 4:43PM	<b>Uttarashrothapada Until 12:48M Mor</b>	Ganesha: Blue	Sunrise: 6:36AM
	Yama	12:23PM - 1:50PM	Shiva Until 9:11AM	Muruga: Clear	Sunset: 6:10PM
	914887576	Rahu	4:43PM - 6:10PM	Bava Until 8:01PM	Moon 1 - Phase 40 - 18
				Chaturthi* Until 9:12AM	3rd Phase
				Moan - Clear	<b>Sivaloka Day</b>
				Magha-Thai	

<b>4</b>	<b>Monday, February 3, 2025</b>		Krodhin Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam Chennai, India		
			Revati Nakshatra Siddha/Sadhya Yoga Balava/Tailita Karana Panchami/Shashthiyam Titau Sun 19 Sutra 294		
	Gulika	1:50PM - 3:17PM	<b>Revati Until 11:04PM</b>	Ganesha: Blue	Sunrise: 6:36AM
	Yama	10:56AM - 12:23PM	Siddha Until 6:01AM	Muruga: Purple	Sunset: 6:10PM
	914897577	Rahu	8:02AM - 9:29AM	Tailita Until 4:34AM Tue	Moon 1 - Phase 40 - 19
				Panchami Until 6:50AM	3rd Phase
				Moan - Clear	<b>Subha Sivaloka Day</b>
				Magha-Thai	

<b>5</b>	<b>Tuesday, February 4, 2025</b>		Krodhin Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Chennai, India		
			Ashvini Nakshatra Subha Yoga Gara/Vanija Karana Saptamiyam Titau Sun 20 Sutra 295		
	Gulika	12:23PM - 1:50PM	<b>Ashvini Until 9:47PM</b>	Ganesha: Yellow	Sunrise: 6:35AM
	Yama	9:29AM - 10:56AM	Subha Until 12:04AM Wed	Muruga: Purple	Sunset: 6:11PM
	924897577	Rahu	3:17PM - 4:44PM	Gara Until 3:32PM	Moon 1 - Phase 40 - 20
				Saptami Until 2:29AM Wed	3rd Phase
				Moan - White	<b>Sivaloka Day</b>
				Magha-Thai	

<b>D</b>	<b>Wednesday, February 5, 2025</b>		Krodhin Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Sukla Paksha Butha Vasara Yuktayam Chennai, India		
	<b>Retreat Star</b>		Bharani Nakshatra Sukla Yoga Vist*/Bava Karana Ashtamiyam Titau Sun 21 Sutra 296		
	Gulika	10:56AM - 12:23PM	<b>Bharani Until 8:32PM</b>	Ganesha: Yellow	Sunrise: 6:35AM
	Yama	8:02AM - 9:29AM	Sukla Until 9:17PM	Muruga: Purple	Sunset: 6:11PM
	924897577	Rahu	12:23PM - 1:50PM	Visti Until 1:32PM	Moon 1 - Phase 40 - 21
				Ashtami* Until 12:36AM Thu	Ashtami
				Moan - White	<b>Sivaloka Day</b>
				Magha-Thai	

	<b>Thursday, February 6, 2025</b>		Krodhin Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Sukla Paksha Guru Vasara Yuktayam Chennai, India		
	<b>Retreat Star</b>		Krittika Nakshatra Brahma Yoga Balava/Kaulava Karana Navamiyam Titau Sun 22 Sutra 297		
	Gulika	9:29AM - 10:56AM	<b>Krittika Until 7:22PM</b>	Ganesha: Yellow	Sunrise: 6:35AM
	Yama	6:35AM - 8:02AM	Brahma Until 6:42PM	Muruga: Purple	Sunset: 6:12PM
	924897577	Rahu	1:50PM - 3:18PM	Balava Until 11:45AM	Moon 1 - Phase 40 - 22
				Navami* Until 10:56PM	Navami
				Moan - White	<b>Sivaloka Day</b>
				Magha-Thai	

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time. Calculated for Chennai, India on 7/10/23

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1

Friday, February 7, 2025

		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktayam Rohini Nakshatra Indra/Vaidhiti* Yoga Tatila/Gara Karana Dashamyam Titau				Chennai, India Sun 23
Wishabha Rasi: 16.02	Tithi 10	<b>Gulika</b> 8:02AM – 9:29AM	<b>Rohini</b> Until 6:42PM	<b>Ganesha:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Yellow <b>Magha-Thai</b>	Sunrise: 6:35AM Sunset: 6:12PM	Kodhis 5126 Sutra 298 Moon 1 - Phase 41 - 23 4th Phase
Routine Work	Marana Yoga	934897577	<b>Rahu</b> 10:56AM – 12:23PM	Indra Until 4:19PM Tatila Until 10:12AM <b>Dashami</b> Until 9:30PM		<b>Subha Sivaloka Day</b>
Until 6:42PM						
Then Creative Work	Siddha Yoga					

2

Saturday, February 8, 2025

		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Manita Vasara Yuktayam Migashira Nakshatra Vaidhiti/Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Chennai, India Sun 24
Wishabha Rasi: 29.46	Tithi 11	<b>Gulika</b> 6:35AM – 8:02AM	<b>Migashira</b> Until 6:10PM	<b>Ganesha:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Yellow <b>Magha-Thai</b>	Sunrise: 6:35AM Sunset: 6:12PM	Kodhis 5126 Sutra 299 Moon 1 - Phase 41 - 24 4th Phase
Creative Work	Siddha Yoga	934897577	<b>Rahu</b> 9:29AM – 10:56AM	Vaidhiti* Until 2:06PM Vanija Until 8:55AM <b>Ekadashi</b> Until 8:21PM		<b>Subha Sivaloka Day</b>

3

Sunday, February 9, 2025

		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Bharu Vasara Yuktayam Mithuna Nakshatra Vaidhiti/Vishkambha* Priti Yoga Bava/Balava Karana Dvadashyam Titau				Chennai, India Sun 25
Mithuna Rasi: 13.19	Tithi 12	<b>Gulika</b> 3:18PM – 4:45PM	<b>Ardra</b> Until 5:46PM	<b>Ganesha:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Yellow <b>Magha-Thai</b>	Sunrise: 6:34AM Sunset: 6:13PM	Kodhis 5126 Sutra 300 Moon 1 - Phase 41 - 25 4th Phase
Creative Work	Siddha Yoga	934897577	<b>Rahu</b> 4:45PM – 6:13PM	Vishkambha* Until 12:09PM Bava Until 7:54AM <b>Dvadashi</b> Until 7:29PM		<b>Subha Sivaloka Day</b>

4

Monday, February 10, 2025

		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam Mithuna Nakshatra Priti/Ayushman Yoga Kaulava/Tatila Karana Trayodashyam Titau				Chennai, India Sun 26
Mithuna Rasi: 26.41	Tithi 13	<b>Gulika</b> 1:51PM – 3:18PM	<b>Punarvasu</b> Until 6:02PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Magha-Thai</b>	Sunrise: 6:34AM Sunset: 6:13PM	Kodhis 5126 Sutra 301 Moon 1 - Phase 41 - 26 4th Phase
Family Home Evening	Amrita Yoga	944897577	<b>Rahu</b> 8:02AM – 9:29AM	Priti Until 10:28AM Kaulava Until 7:13AM <b>Trayodashi</b> Until 7:00PM		<b>Sivaloka Day</b>
Until 6:02PM						
Then Creative Work	Siddha Yoga					

5

Tuesday, February 11, 2025

		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India Sun 27
	Tithi 14	<b>Gulika</b> 12:24PM – 1:51PM	<b>Pushya</b> Until 6:34PM	<b>Ganesha:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Magha-Thai</b>	Sunrise: 6:34AM Sunset: 6:13PM	Kodhis 5126 Sutra 302 Moon 1 - Phase 41 - 27 4th Phase
Creative Work	Siddha Yoga	945897577	<b>Rahu</b> 3:19PM – 4:46PM	Ayushman Until 9:05AM Gara Until 6:56AM <b>Chaturdashi*</b> Until 6:57PM		<b>Devaloka Day</b>

○

Wednesday, February 12, 2025

		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau				Chennai, India Sun 28
Kataka Rasi: 22.47	Tithi 15	<b>Gulika</b> 10:56AM – 12:24PM	<b>Ashlesha*</b> Until 7:24PM	<b>Ganesha:</b> White <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Blue <b>Magha-Masi</b>	Sunrise: 6:34AM Sunset: 6:14PM	Kodhis 5126 Sutra 303 Moon 1 - Phase 41 - Purnima
Creative Work	Siddha Yoga	945897577	<b>Rahu</b> 12:24PM – 1:51PM	Saubhagya Until 8:05AM Visti Until 7:07AM <b>Purnima*</b> Until 7:23PM		<b>Devaloka Day</b>

Thursday, February 13, 2025

		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vasara Yuktayam Magha* Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Chennai, India Sun 29
Simha Rasi: 5.28	Tithi 16	<b>Gulika</b> 9:28AM – 10:56AM	<b>Magha*</b> Until 9:05PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Red <b>Magha-Masi</b>	Sunrise: 6:33AM Sunset: 6:14PM	Kodhis 5126 Sutra 304 Moon 1 - Phase 41 - Prathama
Creative Work	Amrita Yoga	955897577	<b>Rahu</b> 1:51PM – 3:19PM	Sobhana Until 7:29AM Balava Until 7:49AM <b>Prathama*</b> Until 8:21PM		<b>Sivaloka Day</b>
Until 9:05PM						
Then Creative Work	Siddha Yoga					

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time. Calculated for Chennai, India on 7/10/23

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**Friday, February 14, 2025**  
**Gold Retreat Star**

		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vasara Yuktayam				Chennai, India	
		Puravaphalguni Nakshatra Athyaganam* <sup>Sukarma Yoga Tailla/Gara Karana Dvityayam Tila</sup>				Sun 1	Sutra 305
Simha Rasi: 17.55	Tithi 17	<b>Gulika</b>	<b>8:01AM - 9:28AM</b>	<b>Purvaphalguni Until 11:08PM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:33AM	Krodhin 5:16
		<b>Yama</b>	<b>3:19PM - 4:47PM</b>	<b>Athiyaganda* Until 7:17AM</b>	<b>Muruga:</b> Purple	Sunset: 6:14PM	Moon 2 - Phase 42 - 1
		<b>Rahu</b>	<b>10:56AM - 12:24PM</b>	<b>Tailla Until 9:04AM</b>	<b>Nataraja:</b> Orange		1st Phase
Creative Work	Siddha Yoga	955897577		<b>Dvitiya Until 9:53PM</b>	<b>Moon - Red</b>		<b>Sivaloka Day</b>
					<b>Magha-Masi</b>		

		<b>1 Saturday, February 15, 2025</b>				Chennai, India	
		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Kumbha Mase Krishna Paksha Menta Vasara Yuktayam				Sun 2	Sutra 306
		Uтарыaphalguni Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Trityayam Tila					Krodhin 5:16
Kanya Rasi: 0.08	Tithi 18	<b>Gulika</b>	<b>6:33AM - 8:00AM</b>	<b>Uтарыaphalguni Until 1:29AM Sun</b>	<b>Ganesha:</b> Clear	Sunrise: 6:33AM	Moon 2 - Phase 42 - 1
		<b>Yama</b>	<b>1:51PM - 3:19PM</b>	<b>Sukarma Until 7:30AM</b>	<b>Muruga:</b> Purple	Sunset: 6:15PM	1st Phase
		<b>Rahu</b>	<b>9:28AM - 10:56AM</b>	<b>Vanija Until 10:51AM</b>	<b>Nataraja:</b> Orange		
Routine Work	Marana Yoga	955897577		<b>Tritiya Until 11:54PM</b>	<b>Moon - Red</b>		<b>Sivaloka Day</b>
Until 1.29AM Sun					<b>Magha-Masi</b>		
Then Creative Work - Amrita Yoga							

		<b>2 Sunday, February 16, 2025</b>				Chennai, India	
		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Kumbha Mase Krishna Paksha Bhanu Vasara Yuktayam				Sun 3	Sutra 307
		Hasta Nakshatra Dhriti/Shula* Yoga Bava/Baleva Karana Chaturthayam Tila					Krodhin 5:16
Kanya Rasi: 12.1	Tithi 19	<b>Gulika</b>	<b>3:19PM - 4:47PM</b>	<b>Hasta Until 4:31AM Mon</b>	<b>Ganesha:</b> Clear	Sunrise: 6:22AM	Moon 2 - Phase 42 - 3
		<b>Yama</b>	<b>12:24PM - 1:51PM</b>	<b>Dhriti Until 8:05AM</b>	<b>Muruga:</b> Purple	Sunset: 6:15PM	1st Phase
		<b>Rahu</b>	<b>4:47PM - 6:15PM</b>	<b>Bava Until 1:05PM</b>	<b>Nataraja:</b> Orange		
Creative Work	Amrita Yoga	955897577		<b>Chaturthi* Until 2:18AM Mon</b>	<b>Moon - Green</b>		<b>Sivaloka Day</b>
Until 4.31AM Mon					<b>Magha-Masi</b>		
Then Routine Work - Prabalashita Yoga							

		<b>3 Monday, February 17, 2025</b>				Chennai, India	
		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Kumbha Mase Krishna Paksha Indu Vasara Yuktayam				Sun 4	Sutra 308
		Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Tailla Karana Panchamayam Tila					Krodhin 5:16
Kanya Rasi: 24.03	Tithi 20	<b>Gulika</b>	<b>1:51PM - 3:19PM</b>	<b>Chitra Until 7:35AM Tue</b>	<b>Ganesha:</b> Clear	Sunrise: 6:22AM	Moon 2 - Phase 42 - 4
		<b>Yama</b>	<b>10:56AM - 12:24PM</b>	<b>Shula* Until 8:53AM</b>	<b>Muruga:</b> Purple	Sunset: 6:15PM	1st Phase
		<b>Rahu</b>	<b>8:00AM - 9:28AM</b>	<b>Kaulava Until 3:37PM</b>	<b>Nataraja:</b> Orange		
Family Home Evening	Prabalashita Yoga	955897577		<b>Panchami Until 4:55AM Tue</b>	<b>Moon - Green</b>		<b>Sivaloka Day</b>
Routine Work					<b>Magha-Masi</b>		
Until 7.35AM Tue							
Then Creative Work - Siddha Yoga							

		<b>4 Tuesday, February 18, 2025</b>				Chennai, India	
		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yuktayam				Sun 5	Sutra 309
		Chitra/Svati Nakshatra Ganda*/Viddhi Yoga Gara Karana Shaashthayam Tila					Krodhin 5:16
Tula Rasi: 5.52	Tithi 21	<b>Gulika</b>	<b>12:23PM - 1:51PM</b>	<b>Chitra Until 7:35AM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:31AM	Moon 2 - Phase 42 - 5
		<b>Yama</b>	<b>9:27AM - 10:55AM</b>	<b>Ganda* Until 9:50AM</b>	<b>Muruga:</b> Purple	Sunset: 6:16PM	1st Phase
		<b>Rahu</b>	<b>3:19PM - 4:48PM</b>	<b>Gara Until 6:17PM</b>	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga	955897577		<b>Shashthi* Until 7:34AM Wed</b>	<b>Moon - Green</b>		<b>Sivaloka Day</b>
					<b>Magha-Masi</b>		

		<b>5 Wednesday, February 19, 2025</b>				Chennai, India	
		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yuktayam				Sun 6	Sutra 310
		Svati/Svati Nakshatra Viddhi/Dhruva Yoga Vanja/Visi* Karana Shaashthi/Saplayam Tila					Krodhin 5:16
Tula Rasi: 17.41	Tithi 21 - 22	<b>Gulika</b>	<b>10:55AM - 12:23PM</b>	<b>Svati Until 10:29AM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:31AM	Moon 2 - Phase 42 - 6
		<b>Yama</b>	<b>7:59AM - 9:27AM</b>	<b>Viddhi Until 10:47AM</b>	<b>Muruga:</b> Purple	Sunset: 6:16PM	1st Phase
		<b>Rahu</b>	<b>12:23PM - 1:52PM</b>	<b>Visti Until 8:50PM</b>	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga	955897577		<b>Shashthi* Until 7:34AM</b>	<b>Moon - Green</b>		<b>Sivaloka Day</b>
					<b>Magha-Masi</b>		

		<b>Thursday, February 20, 2025</b>				Chennai, India	
		<b>Retreat Star</b>				Sun 7	Sutra 311
		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Kumbha Mase Krishna Paksha Guru Vasara Yuktayam					Krodhin 5:16
		Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Baleva Karana Saptami/Ashtamayam Tila					Moon 2 - Phase 42 - 7
Tula Rasi: 29.35	Tithi 22 - 23	<b>Gulika</b>	<b>9:27AM - 10:55AM</b>	<b>Vishakha Until 1:29PM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:31AM	Ashtami
		<b>Yama</b>	<b>6:31AM - 7:59AM</b>	<b>Dhruva Until 11:31AM</b>	<b>Muruga:</b> Purple	Sunset: 6:16PM	
		<b>Rahu</b>	<b>1:52PM - 3:20PM</b>	<b>Balava Until 11:04PM</b>	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga	976997577		<b>Saptami Until 9:59AM</b>	<b>Moon - Orange</b>		<b>Sivaloka Day</b>
					<b>Magha-Masi</b>		

		<b>Friday, February 21, 2025</b>				Chennai, India	
		<b>Retreat Star</b>				Sun 8	Sutra 312
		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vasara Yuktayam					Krodhin 5:16
		Anuradha/Jyestha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailla Karana Ashtami/Navamayam Tila					Moon 2 - Phase 42 - 8
Vischika Rasi: 11.38	Tithi 23 - 24	<b>Gulika</b>	<b>7:58AM - 9:27AM</b>	<b>Anuradha Until 3:52PM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:30AM	Navami
		<b>Yama</b>	<b>3:20PM - 4:48PM</b>	<b>Vyaghata* Until 11:56AM</b>	<b>Muruga:</b> Purple	Sunset: 6:16PM	
		<b>Rahu</b>	<b>10:55AM - 12:23PM</b>	<b>Tailla Until 12:46AM Sat</b>	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga	976997577		<b>Ashtami* Until 11:58AM</b>	<b>Moon - Orange</b>		<b>Sivaloka Day</b>
Until 3.52PM					<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1</b>	<b>Saturday, February 22, 2025</b>		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Manta Vasara Yukhtayam Jyeshtha* Mula* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Chennai, India
	Wischika Rasi: 23.55	Tithi 24 – 25	<b>Gulika</b> 6:30AM – 7:58AM	<b>Jyeshtha* Until 5:30PM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:30AM	Chennai, India Sutra 313
			Yama 1:51PM – 3:20PM	Harshana Until 11:54AM	<b>Muruga:</b> Purple	Sunset: 6:17PM	Krodhin 5126
	Creative Work	Siddha Yoga	<b>Rahu</b> 9:26AM – 10:55AM	Vanija Until 1:46AM Sun Navami* Until 1:20PM	<b>Nataraja:</b> Orange Moon – Orange Magha-Masi		Moon 2 - Phase 43 - 9 2nd Phase

Sivaloka Day

<b>2</b>	<b>Sunday, February 23, 2025</b>		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Bharu Vasara Yukhtayam Mula* Nakshatra Vajra*/Siddhi Yoga Vasi*/Bava Karana Dashami/Ekadashyam Titau				Chennai, India
	Dhanus Rasi: 6.31	Tithi 25 – 26	<b>Gulika</b> 3:20PM – 4:48PM	<b>Mula* Until 6:42PM</b>	<b>Ganesha:</b> White	Sunrise: 6:29AM	Chennai, India Sutra 314
			Yama 12:23PM – 1:51PM	Vajra* Until 11:17AM	<b>Muruga:</b> Purple	Sunset: 6:17PM	Krodhin 5126
	Creative Work	Amrita Yoga	<b>Rahu</b> 4:48PM – 6:17PM	Bava Until 1:59AM Mon Dashami Until 1:57PM	<b>Nataraja:</b> Orange Moon – Light Blue Magha-Masi		Moon 2 - Phase 43 - 10 2nd Phase

Devaloka Day

<b>3</b>	<b>Monday, February 24, 2025</b>		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Indu Vasara Yukhtayam Purvashada* Nakshatra Siddhi/Vyetalpa* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Chennai, India
	Dhanus Rasi: 19.28	Tithi 26 – 27	<b>Gulika</b> 1:51PM – 3:20PM	<b>Purvashada* Until 6:59PM</b>	<b>Ganesha:</b> White	Sunrise: 6:29AM	Chennai, India Sutra 315
	Family Home Evening		Yama 10:54AM – 12:23PM	Siddhi Until 10:04AM	<b>Muruga:</b> Purple	Sunset: 6:17PM	Krodhin 5126
	Routine Work	Marana Yoga	<b>Rahu</b> 7:57AM – 9:26AM	Kaulava Until 1:25AM Tue Ekadashi* Until 1:47PM	<b>Nataraja:</b> Orange Moon – Light Blue Magha-Masi		Moon 2 - Phase 43 - 11 2nd Phase

Devaloka Day

<b>4</b>	<b>Tuesday, February 25, 2025</b>		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yukhtayam Uttarashada Nakshatra Vyetalpa*/Varjan Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Chennai, India
	Makara Rasi: 2.5	Tithi 27 – 28	<b>Gulika</b> 12:23PM – 1:51PM	<b>Uttarashada Until 6:23PM</b>	<b>Ganesha:</b> White	Sunrise: 6:28AM	Chennai, India Sutra 316
			Yama 9:26AM – 10:54AM	Vyetalpa* Until 8:15AM	<b>Muruga:</b> Purple	Sunset: 6:17PM	Krodhin 5126
	Routine Work	Prabalarishta Yoga	<b>Rahu</b> 3:20PM – 4:49PM	Gara Until 12:06AM Wed Dvadashi* Until 12:50PM	<b>Nataraja:</b> Orange Moon – Light Blue Magha-Masi		Moon 2 - Phase 43 - 12 2nd Phase

Devaloka Day

Pradosha Vrata (Fasting)

<b>5</b>	<b>Wednesday, February 26, 2025</b>		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yukhtayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Vanja/Vasi* Karana Trayodashi/Chaturdashyam Titau				Chennai, India
	Makara Rasi: 16.38	Tithi 28 – 29	<b>Gulika</b> 10:54AM – 12:23PM	<b>Shravana Until 5:24PM</b>	<b>Ganesha:</b> Green	Sunrise: 6:28AM	Chennai, India Sutra 317
			Yama 7:57AM – 9:26AM	Parigha* Until 2:57AM Thu	<b>Muruga:</b> Purple	Sunset: 6:17PM	Krodhin 5126
	Creative Work	Siddha Yoga	<b>Rahu</b> 12:23PM – 1:51PM	Vasi Until 10:09PM Trayodashi* Until 11:11AM	<b>Nataraja:</b> Orange Moon – Purple Magha-Masi		Moon 2 - Phase 43 - 13 2nd Phase

Devaloka Day

<b>●</b>	<b>Thursday, February 27, 2025</b>		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vasara Yukhtayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Sakun*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Chennai, India
	<b>Retreat Star</b>		<b>Gulika</b> 9:25AM – 10:54AM	<b>Dhanishtha Until 3:44PM</b>	<b>Ganesha:</b> Green	Sunrise: 6:27AM	Chennai, India Sutra 318
	Kumbha Rasi: 0.49	Tithi 29 – 30	Yama 6:27AM – 7:56AM	Shiva Until 11:41PM	<b>Muruga:</b> Purple	Sunset: 6:18PM	Krodhin 5126
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:51PM – 3:20PM	Catuspada Until 7:40PM Chaturdashi* Until 8:57AM	<b>Nataraja:</b> Orange Moon – Purple Magha-Masi		Moon 2 - Phase 43 - 14 Amavasya

Devaloka Day

<b>●</b>	<b>Friday, February 28, 2025</b>		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yukhtayam Shatabhishak/Purvashrothapada* Nakshatra Siddha Yoga Naga*/Bava Karana Amavasya/Prathamyam Titau				Chennai, India
	<b>Retreat Star</b>		<b>Gulika</b> 7:56AM – 9:25AM	<b>Shatabhishak Until 1:32PM</b>	<b>Ganesha:</b> Orange	Sunrise: 6:27AM	Chennai, India Sutra 319
	Kumbha Rasi: 15.19	Tithi 30 – 1	Yama 3:20PM – 4:49PM	Siddha Until 8:06PM	<b>Muruga:</b> Purple	Sunset: 6:18PM	Krodhin 5126
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:53AM – 12:22PM	Bava Until 3:17AM Sat Amavasya* Until 6:16AM	<b>Nataraja:</b> Orange Moon – Purple Phalgun-Masi		Moon 2 - Phase 43 - 15 Prathama

Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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<b>1</b>	<b>Saturday, March 1, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manva Vasara Yuktayam Purvaprosarthapada <sup>1</sup> /Uttaraprosarthapada Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Divlyeyam Titau				Chennai, India
	Meena Rasi: 0.01	Tithi 2	<b>Gulika</b> 6:26AM – 7:55AM Yama 1:51PM – 3:20PM 917997577 Rahu 9:24AM – 10:53AM	<b>Purvaprosarthapada<sup>1</sup> Until 11:21AM</b> Sadhya Until 4:22PM Balava Until 1:45PM Dvitiya Until 12:09AM Sun	<b>Ganesha:</b> Green <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Clear Phalguna-Masi	Sunrise: 6:26AM Sunset: 6:19PM	Sun 16 Krodhin 51:06 Moon 2 - Phase 44 - 16 3rd Phase
Routine Work Marana Yoga Until 11:21AM Then Creative Work - Siddha Yoga							<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Sunday, March 2, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Subha/Sukla Yoga Talila/Gara Karana Tritiyeyam Titau				Chennai, India
	Meena Rasi: 14.5	Tithi 3	<b>Gulika</b> 3:20PM – 4:49PM Yama 12:22PM – 1:51PM 917997577 Rahu 4:49PM – 6:18PM	<b>Uttaraprosarthapada Until 8:57AM</b> Subha Until 12:37PM Talila Until 10:35AM Tritiya Until 9:01PM	<b>Ganesha:</b> Green <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Clear Phalguna-Masi	Sunrise: 6:25AM Sunset: 6:19PM	Sun 17 Krodhin 51:06 Moon 2 - Phase 44 - 17 3rd Phase
Creative Work Amrita Yoga							<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Monday, March 3, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vessara Yuktayam Revati/Ashtvini Nakshatra Sukla/Brahma Yoga Vanja/Visi <sup>1</sup> Karana Chaturthyeyam Titau				Chennai, India
	Meena Rasi: 29.37	Tithi 4	<b>Gulika</b> 1:51PM – 3:20PM Yama 10:52AM – 12:22PM 917997577 Rahu 7:54AM – 9:23AM	<b>Revati Until 6:28AM</b> Sukla Until 8:54AM Vanja Until 7:30AM Chaturthi <sup>1</sup> Until 6:00PM	<b>Ganesha:</b> Green <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Clear Phalguna-Masi	Sunrise: 6:25AM Sunset: 6:19PM	Sun 18 Krodhin 51:06 Moon 2 - Phase 44 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga							<b>Subha Sivaloka Day</b>
<b>Subramuniyaswami Siva Vision Day</b>							

<b>4</b>	<b>Tuesday, March 4, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyeyam Titau				Chennai, India
	Mesha Rasi: 14.16	Tithi 5 – 6	<b>Gulika</b> 12:21PM – 1:51PM Yama 9:23AM – 10:52AM 927997577 Rahu 3:20PM – 4:49PM	<b>Bharani Until 2:35AM Wed</b> Indra Until 2:04AM Wed Kaulava Until 2:01AM Wed Panchami Until 3:15PM	<b>Ganesha:</b> Red <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – White Phalguna-Masi	Sunrise: 6:24AM Sunset: 6:19PM	Sun 19 Krodhin 51:06 Moon 2 - Phase 44 - 19 3rd Phase
Creative Work Siddha Yoga Until 2:35AM Wed Then Creative Work - Amrita Yoga							<b>Sivaloka Day</b>

<b>5</b>	<b>Wednesday, March 5, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Kritika Nakshatra Vaidhriti <sup>1</sup> Yoga Talila/Gara Karana Shashthi/Saptamyam Titau				Chennai, India
	Mesha Rasi: 28.42	Tithi 6 – 7	<b>Gulika</b> 10:52AM – 12:21PM Yama 7:53AM – 9:22AM 127997577 Rahu 12:21PM – 1:50PM	<b>Kritika Until 12:57AM Thu</b> Vaidhriti <sup>1</sup> Until 11:04PM Gara Until 11:48PM Shashthi <sup>1</sup> Until 12:50PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – White Phalguna-Masi	Sunrise: 6:24AM Sunset: 6:19PM	Sun 20 Krodhin 51:06 Moon 2 - Phase 44 - 20 3rd Phase
Creative Work Amrita Yoga Until 12:57AM Thu Then Routine Work - Marana Yoga							<b>Sivaloka Day</b>

<b>D</b>	<b>Thursday, March 6, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Rohini Nakshatra Velkambha <sup>1</sup> Yoga Vanja/Visi <sup>1</sup> Karana Sapthami/Ashtamyam Titau				Chennai, India
	Wishabha Rasi: 12.51	Tithi 7 – 8	<b>Gulika</b> 9:22AM – 10:51AM Yama 6:23AM – 7:52AM 138997577 Rahu 1:50PM – 3:20PM	<b>Rohini Until 12:04AM Fri</b> Vishkambha <sup>1</sup> Until 8:27PM Visi Until 10:02PM Saptami Until 10:50AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:23AM Sunset: 6:19PM	Sun 21 Krodhin 51:06 Moon 2 - Phase 44 - 21 Ashtami
Routine Work Marana Yoga Until 12:04AM Fri Then Creative Work - Siddha Yoga							<b>Sivaloka Day</b>

<b>Friday, March 7, 2025</b>	<b>Retreat Star</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Bava/Baleva Karana Ashtami/Navamyam Titau				Chennai, India
	Wishabha Rasi: 26.43	Tithi 8 – 9	<b>Gulika</b> 7:52AM – 9:21AM Yama 3:20PM – 4:49PM 138997577 Rahu 10:51AM – 12:21PM	<b>Mrigashira Until 11:32PM</b> Priti Until 6:14PM Balava Until 8:46PM Ashtami <sup>1</sup> Until 9:19AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:22AM Sunset: 6:19PM	Sun 22 Krodhin 51:06 Moon 2 - Phase 44 - 22 Navami
Creative Work Siddha Yoga							<b>Sivaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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1

Saturday, March 8, 2025

Mithuna Rasi: 10.17 Tithi 9 – 10  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manu Vasara Yuktayam  
Andra Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taila Karana Navami/Dashamyam Titau  
**Gulika 6:22AM – 7:51AM** **Andra Until 11:20PM** **Ganesha: Clear** Sunrise: 6:20AM  
Yama 1:50PM – 3:20PM Ayushman Until 4:24PM **Muruga: Purple** Sunrise: 6:19PM Moon 2 - Phase 45 - 23  
**Rahu 9:21AM – 10:51AM** Taila Until 8:00PM **Nataraja: Orange** Moon – Yellow  
Navami\* Until 8:18AM Phalguna-Masi

Chennai, India Sutra 327  
Krodhin 5:06  
Phase 45 - 23  
4th Phase

Sivaloka Day

2

Sunday, March 9, 2025

Mithuna Rasi: 23.34 Tithi 10 – 11  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Saubhagya/Sobhana Yoga Gara/Venja Karana Ekadashi/Dvadashyam Titau  
**Gulika 3:20PM – 4:49PM** **Punarvasu Until 11:56PM** **Ganesha: White** Sunrise: 6:21AM  
Yama 12:20PM – 1:50PM Saubhagya Until 2:58PM **Muruga: Purple** Sunrise: 6:19PM Moon 2 - Phase 45 - 24  
**Rahu 4:49PM – 6:19PM** Bava Until 7:45PM **Nataraja: Orange** Moon – Blue  
Dashami Until 7:48AM Phalguna-Masi

Chennai, India Sutra 328  
Krodhin 5:06  
Moon 2 - Phase 45 - 24  
4th Phase

Devaloka Day

3

Monday, March 10, 2025

Kalka Rasi: 6.35 Tithi 11 – 12  
Family Home Evening  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam  
Pushya Nakshatra Sobhana/Abhiganda\* Yoga Visti\* Bava Karana Ekadashi/Dvadashyam Titau  
**Gulika 1:50PM – 3:20PM** **Pushya Until 12:51AM Tue** **Ganesha: White** Sunrise: 6:21AM  
Yama 10:50AM – 12:20PM Sobhana Until 1:57PM **Muruga: Clear** Sunrise: 6:19PM Moon 2 - Phase 45 - 25  
**Rahu 7:50AM – 9:20AM** Bava Until 7:59PM **Nataraja: Orange** Moon – Blue  
Ekadashi Until 7:47AM Phalguna-Masi

Chennai, India Sutra 329  
Krodhin 5:06  
Moon 2 - Phase 45 - 25  
4th Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

4

Tuesday, March 11, 2025

Kalka Rasi: 19.22 Tithi 12 – 13  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangalya Vasara Yuktayam  
Ashlesha\* Nakshatra Abhiganda\*/Sukarna Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau  
**Gulika 12:20PM – 1:50PM** **Ashlesha\* Until 2:05AM Wed** **Ganesha: White** Sunrise: 6:20AM  
Yama 9:20AM – 10:50AM Athiganda\* Until 1:16PM **Muruga: Clear** Sunrise: 6:19PM Moon 2 - Phase 45 - 26  
**Rahu 3:20PM – 4:49PM** Kaulava Until 8:42PM **Nataraja: Orange** Moon – Blue  
Dvadashi Until 8:16AM Phalguna-Masi

Chennai, India Sutra 330  
Krodhin 5:06  
Moon 2 - Phase 45 - 26  
4th Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Pradosha Vrata

5

Wednesday, March 12, 2025

Simha Rasi: 1.56 Tithi 13 – 14  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam  
Magha\* Nakshatra Sukarna/Dhriti Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau  
**Gulika 10:49AM – 12:19PM** **Magha\* Until 4:04AM Thu** **Ganesha: Yellow** Sunrise: 6:19AM  
Yama 7:49AM – 9:19AM Sukarna Until 12:58PM **Muruga: Clear** Sunrise: 6:19PM Moon 2 - Phase 45 - 27  
**Rahu 12:19PM – 1:49PM** Gara Until 9:53PM **Nataraja: Orange** Moon – Red  
Chidambaram Abhishekam Trayodashi Until 9:13AM Phalguna-Masi

Chennai, India Sutra 331  
Krodhin 5:06  
Moon 2 - Phase 45 - 27  
4th Phase

Devaloka Day

○

Thursday, March 13, 2025

Copper Retreat Star

Simha Rasi: 14.19 Tithi 14 – 15  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Dhriti/Shula\* Yoga Venja/Visti\* Karana Chaturdashi/Purnimayam Titau  
**Gulika 9:19AM – 10:49AM** **Purvaphalguni Until 6:19AM Fri** **Ganesha: Blue** Sunrise: 6:19AM  
Yama 6:19AM – 7:49AM Dhriti Until 1:01PM **Muruga: Clear** Sunrise: 6:20PM Moon 2 - Phase 45 - Purnima  
**Rahu 1:49PM – 3:19PM** Visti Until 11:29PM **Nataraja: Orange** Moon – Red  
Holi Chaturdash\* Until 10:37AM Phalguna-Masi

Chennai, India Sutra 332  
Krodhin 5:06  
Moon 2 - Phase 45 - Purnima

Sivaloka Day

Friday, March 14, 2025

Silver Retreat Star

Simha Rasi: 26.3 Tithi 15 – 16  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Purnima/Prathamayam Titau  
**Gulika 7:48AM – 9:18AM** **Purvaphalguni Until 6:19AM** **Ganesha: Blue** Sunrise: 6:19AM  
Yama 3:19PM – 4:49PM Shula\* Until 1:22PM **Muruga: Clear** Sunrise: 6:20PM Moon 2 - Phase 45 - Prathama  
**Rahu 10:49AM – 12:19PM** Balava Until 1:29AM Sat **Nataraja: Orange** Moon – Red  
Karadayam Nombu (Tamil Nadu) Purnima\* Until 12:25PM Phalguna-Panguni

Chennai, India Sutra 333  
Krodhin 5:06  
Moon 2 - Phase 45 - Prathama

Sivaloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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**Saturday, March 15, 2025****Gold Retreat Star**

Kanya Rasi: 8.32 Tithi 16 - 17

Routine Work Marana Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Manta Vasara Yuktayam  
Uтарыялгунти/Наста Nakshatra Ganda\*Viddhi Yoga Kaulava/Tailita Karana Prathama/Dvityayam TitauGulika 6:17AM - 7:48AM  
Yama 1:49PM - 3:19PM  
Rahu 9:18AM - 10:48AMUтарыялгунти Until 8:44AM  
Ganda\* Until 1:59PM  
Tailita Until 3:48AM Sun  
Prathama\* Until 2:35PMGanesha: Blue Sunrise: 6:17AM  
Muruga: Clear Sunset: 6:20PM  
Nataraja: Clear  
Moon - Red  
Phatguna\*PanguniChennai, India Sutra 334  
Krodhin 5:16  
Moon 3 - Phase 46 - 1st Phase**Sivaloka Day****1 Sunday, March 16, 2025**

Kanya Rasi: 20.28 Tithi 17 - 18

Creative Work Amrita Yoga  
Until 11:46AM  
Then Creative Work - Siddha YogaKrodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Viddhi/Dhruva Yoga Gara/Vanija Karana Dvitya/Tritiyayam TitauGulika 3:19PM - 4:49PM  
Yama 12:18PM - 1:49PM  
Rahu 4:49PM - 6:20PMHasta Until 11:46AM  
Viddhi Until 2:49PM  
Vanija Until 6:19AM Mon  
Dvitya Until 5:01PMGanesha: Yellow Sunrise: 6:17AM  
Muruga: Clear Sunset: 6:20PM  
Nataraja: Clear  
Moon - Green  
Phatguna\*PanguniChennai, India Sutra 335  
Krodhin 5:16  
Moon 3 - Phase 46 - 1st Phase**Devaloka Day****2 Monday, March 17, 2025**

Tula Rasi: 2.19 Tithi 18

Family Home Evening  
Routine Work Prabarashita Yoga  
Until 2:48PM  
Then Creative Work - Amrita YogaKrodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva/Vyaghata\* Yoga Venja/Visal\* Karana Tritiyayam TitauGulika 1:48PM - 3:19PM  
Yama 10:48AM - 12:18PM  
Rahu 7:47AM - 9:17AMChitra Until 2:48PM  
Dhruva Until 3:44PM  
Vanija Until 6:19AM  
Tritiya Until 7:36PMGanesha: Yellow Sunrise: 6:16AM  
Muruga: Clear Sunset: 6:20PM  
Nataraja: Clear  
Moon - Green  
Phatguna\*PanguniChennai, India Sutra 336  
Krodhin 5:16  
Moon 3 - Phase 46 - 1st Phase**Devaloka Day****3 Tuesday, March 18, 2025**

Tula Rasi: 14.08 Tithi 19

Creative Work Siddha Yoga  
Until 5:41PM  
Then Routine Work - Marana YogaKrodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam  
Svati/Visal Nakshatra Harshana/Vyaghata\* Harshana Yoga Bava/Balava Karana Chaturthayam TitauGulika 12:18PM - 1:48PM  
Yama 9:17AM - 10:47AM  
Rahu 3:19PM - 4:49PMSvati Until 5:41PM  
Vyaghata\* Until 4:42PM  
Bava Until 6:55AM  
Chaturthi\* Until 10:11PMGanesha: Yellow Sunrise: 6:15AM  
Muruga: Clear Sunset: 6:20PM  
Nataraja: Clear  
Moon - Green  
Phatguna\*PanguniChennai, India Sutra 337  
Krodhin 5:16  
Moon 3 - Phase 46 - 1st Phase**Devaloka Day****4 Wednesday, March 19, 2025**

Tula Rasi: 25.59 Tithi 20

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Budha Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Kaulava/Tailita Karana Panchamayam TitauGulika 10:47AM - 12:17PM  
Yama 7:45AM - 9:16AM  
Rahu 12:17PM - 1:48PMVishakha Until 8:49PM  
Harshana Until 5:36PM  
Kaulava Until 11:28AM  
Panchami Until 12:38AM ThuGanesha: White Sunrise: 6:15AM  
Muruga: Clear Sunset: 6:20PM  
Nataraja: Clear  
Moon - Orange  
Phatguna\*PanguniChennai, India Sutra 338  
Krodhin 5:16  
Moon 3 - Phase 46 - 1st Phase**Sivaloka Day****5 Thursday, March 20, 2025**

Vischika Rasi: 7.53 Tithi 21

Creative Work Siddha Yoga  
Until 11:30PM  
Then Routine Work - Prabarashita YogaKrodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Gara/Vanija Karana Shashthayam TitauGulika 9:16AM - 10:46AM  
Yama 6:14AM - 7:45AM  
Rahu 1:48PM - 3:19PMAnuradha Until 11:30PM  
Vajra\* Until 6:17PM  
Gara Until 1:46PM  
Shashthi\* Until 2:46AM FriGanesha: Yellow Sunrise: 6:14AM  
Muruga: Clear Sunset: 6:20PM  
Nataraja: Clear  
Moon - Orange  
Phatguna\*PanguniChennai, India Sutra 339  
Krodhin 5:16  
Moon 3 - Phase 46 - 1st Phase**Devaloka Day****6 Friday, March 21, 2025**

Vischika Rasi: 19.56 Tithi 22

Routine Work Marana Yoga  
Until 1:35AM Sat  
Then Creative Work - Siddha YogaKrodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Visal\* Bava Karana Sapthamayam TitauGulika 7:44AM - 9:15AM  
Yama 3:19PM - 4:49PM  
Rahu 10:46AM - 12:17PMJyeshtha\* Until 1:35AM Sat  
Siddhi Until 6:39PM  
Visal Until 3:41PM  
Saptami Until 4:25AM SatGanesha: Yellow Sunrise: 6:13AM  
Muruga: Clear Sunset: 6:20PM  
Nataraja: Clear  
Moon - Orange  
Phatguna\*PanguniChennai, India Sutra 340  
Krodhin 5:16  
Moon 3 - Phase 46 - 1st Phase**Devaloka Day****7 Saturday, March 22, 2025**

Dhanu Rasi: 2.1 Tithi 23

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Manta Vasara Yuktayam  
Punvashadha\* Nakshatra Varyan/Parigha\* Yoga Tailita/Gara Karana Navamayam TitauGulika 6:13AM - 7:44AM  
Yama 1:47PM - 3:18PM  
Rahu 9:15AM - 10:46AMMula\* Until 3:24AM Sun  
Vyatipata\* Until 6:36PM  
Balava Until 5:02PM  
Ashtami\* Until 5:26AM SunGanesha: White Sunrise: 6:13AM  
Muruga: Clear Sunset: 6:20PM  
Nataraja: Clear  
Moon - Light Blue  
Phatguna\*PanguniChennai, India Sutra 341  
Krodhin 5:16  
Moon 3 - Phase 46 - 5  
Ashtami**Bhuloka Day**

Devaloka Time: 3PM to 6PM

**8 Sunday, March 23, 2025**

Dhanu Rasi: 14.41 Tithi 24

Creative Work Siddha Yoga  
Until 4:20AM Mon  
Then Routine Work - Marana YogaKrodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam  
Punvashadha\* Nakshatra Varyan/Parigha\* Yoga Tailita/Gara Karana Navamayam TitauGulika 3:18PM - 4:49PM  
Yama 12:16PM - 1:47PM  
Rahu 4:49PM - 6:20PMPunvashadha\* Until 4:20AM Mon  
Varyan Until 5:58PM  
Tailita Until 5:41PM  
Navami\* Until 5:42AM MonGanesha: White Sunrise: 6:12AM  
Muruga: Clear Sunset: 6:20PM  
Nataraja: Clear  
Moon - Light Blue  
Phatguna\*PanguniChennai, India Sutra 342  
Krodhin 5:16  
Moon 3 - Phase 46 - 8  
Navami**Bhuloka Day**

Devaloka Time: 3PM to 6PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1 Monday, March 24, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakohe Indu Vasara Yuktayam Uтарыяшадха Nakshatra Parigya/Shiva Yoga Vanja/Visti/ Karana Dashamyam Titau				Chennai, India Sun 9	Sutra 343 Krodhin 5126
Dhanus Rasi: 27.34	Tithi 25	<b>Gulika</b> Yama	<b>1:47PM – 3:18PM</b> 10:45AM – 12:16PM	<b>Uтарыяшадха Until 4:20AM Tue</b> Parigya* Until 4:45PM	<b>Ganesha:</b> White <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	Sunrise: 6:11AM Sunset: 6:20PM	Krodhin 5126 2nd Phase
<b>Family Home Evening</b>	181198578	<b>Rahu</b>	<b>7:43AM – 9:14AM</b>	<b>Vanija Until 5:33PM</b>	<b>Phalgunya-Panguni</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
Routine Work	Marana Yoga						
Until 4:20AM Tue							
Then Creative Work - Siddha Yoga							
<b>2 Tuesday, March 25, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakohe Mangala Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India Sun 10	Sutra 344 Krodhin 5126
Makara Rasi: 10.5	Tithi 26	<b>Gulika</b> Yama	<b>12:16PM – 1:47PM</b> 9:13AM – 10:44AM	<b>Shravana Until 3:50AM Wed</b> Shiva Until 2:54PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	Sunrise: 6:11AM Sunset: 6:20PM	Krodhin 5126 2nd Phase
Creative Work	Siddha Yoga						
Until 3:50AM Wed							
Then Routine Work - Prabalarishta Yoga							
<b>3 Wednesday, March 26, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakohe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadha Yoga Kaulava/Tailita Karana Dvadashyam Titau				Chennai, India Sun 11	Sutra 345 Krodhin 5126
Makara Rasi: 24.35	Tithi 27	<b>Gulika</b> Yama	<b>10:44AM – 12:15PM</b> 7:41AM – 9:13AM	<b>Dhanishtha Until 2:29AM Thu</b> Siddha Until 12:25PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	Sunrise: 6:10AM Sunset: 6:21PM	Krodhin 5126 2nd Phase
Routine Work	Prabalarishta Yoga						
Until 2:29AM Thu							
Then Creative Work - Siddha Yoga							
<b>4 Thursday, March 27, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakohe Guru Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Chennai, India Sun 12	Sutra 346 Krodhin 5126
Kumbha Rasi: 8.46	Tithi 28	<b>Gulika</b> Yama	<b>9:12AM – 10:44AM</b> 6:09AM – 7:41AM	<b>Shatabhishak Until 12:24AM Fri</b> Sadhya Until 9:23AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	Sunrise: 6:09AM Sunset: 6:21PM	Krodhin 5126 2nd Phase
Creative Work	Siddha Yoga						
Until 1:46PM Rahu							
			<b>1:46PM – 3:18PM</b>		<b>Gara Until 12:29PM</b>		<b>Devaloka Day</b>
					<b>Trayodashi* Until 11:03PM</b>		<b>Phalgunya-Panguni</b>
	Pradosha Vrata (Fasting)						
<b>5 Friday, March 28, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakohe Sukra Vasara Yuktayam Puravproshthapada Nakshatra Brahma Sukla Yoga Visti/Sakuni/ Karana Chaturdashyam Titau				Chennai, India Sun 13	Sutra 347 Krodhin 5126
Kumtha Rasi: 23.2	Tithi 29	<b>Gulika</b> Yama	<b>7:40AM – 9:12AM</b> 3:18PM – 4:49PM	<b>Puravproshthapada* Until 10:07PM</b> Sukla Until 2:03AM Sat	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	Sunrise: 6:09AM Sunset: 6:21PM	Krodhin 5126 2nd Phase
Creative Work	Siddha Yoga						
Until 7:40AM Rahu							
			<b>10:43AM – 12:15PM</b>		<b>Visti Until 9:33AM</b>		<b>Bhuloka Day</b>
					<b>Chaturdash* Until 7:54PM</b>		Devaloka Time: 3PM to 6PM
					<b>Phalgunya-Panguni</b>		
<b>6 Saturday, March 29, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Marita Vasara Yuktayam Uтарыяшадха Nakshatra Brahma Yoga Catuspada/Kirugtha/ Karana Amavasya/Prathamayam Titau				Chennai, India Sun 14	Sutra 348 Krodhin 5126
Meena Rasi: 8.14	Tithi 30 – 1	<b>Gulika</b> Yama	<b>6:08AM – 7:40AM</b> 1:46PM – 3:18PM	<b>Uтарыяшадха Until 7:24PM</b> Brahma Until 10:00PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	Sunrise: 6:08AM Sunset: 6:21PM	Krodhin 5126 2nd Phase
Creative Work	Siddha Yoga						
Until 7:24PM Rahu							
			<b>9:11AM – 10:43AM</b>		<b>Catuspada Until 6:13AM</b>		<b>Bhuloka Day</b>
					<b>Amavasya* Until 4:26PM</b>		Devaloka Time: 3PM to 6PM
					<b>Phalgunya-Panguni</b>		
<b>7 Sunday, March 30, 2025</b>		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Revati(Ashvini) Nakshatra Indra/Vaidhri/ Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Chennai, India Sun 15	Sutra 349 Krodhin 5126
Meena Rasi: 23.2	Tithi 1 – 2	<b>Gulika</b> Yama	<b>3:17PM – 4:49PM</b> 12:14PM – 1:46PM	<b>Revati Until 4:25PM</b> Indra Until 5:51PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	Sunrise: 6:07AM Sunset: 6:21PM	Krodhin 5126 2nd Phase
Creative Work	Amrita Yoga						
Until 4:25PM Rahu							
			<b>4:49PM – 6:21PM</b>		<b>Balava Until 11:00PM</b>		<b>Bhuloka Day</b>
					<b>Prathama* Until 12:48PM</b>		Devaloka Time: 3PM to 6PM
					<b>Chaitra-Panguni</b>		
					<b>Yugadi</b>		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Chennai, India on 7/10/23

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# 1 Monday, March 31, 2025

Krodhin Nama Samvatsare Uttarayane Moksha Ritau Meena Mase Sukla Paksha Vesara Yuktyayam  
Ashvini/Bharani Nakshatra Vadhrini/Vishkambha\* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau

Chennai, India  
Sun 16 Sutra 350

Mesha Rasi: 8.28 Tithi 2 - 3

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:46PM - 3:17PM  
Yama 10:42AM - 12:14PM  
Rahu 7:39AM - 9:10AM

Ashvini\* Until 1:43PM  
Vadhrini\* Until 1:44PM  
Taitila Until 7:26PM

Dvitiya Until 9:11AM

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear

Sunrise: 6:07AM  
Sunset: 6:21PM

Moon 3 - Phase 48 - 16  
3rd Phase

Moon - White  
Chaitra-Panguni

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

# 2 Tuesday, April 1, 2025

Krodhin Nama Samvatsare Uttarayane Moksha Ritau Meena Mase Sukla Paksha Mangala Vesara Yuktyayam  
Bharani/Krittika Nakshatra Vishkambha\*Priti/Yoga Vanija/Visti\* Karana Chatuर्थiyayam Titau

Chennai, India  
Sun 17 Sutra 351

Mesha Rasi: 23.29 Tithi 4

Creative Work Siddha Yoga

Gulika 12:14PM - 1:46PM  
Yama 9:10AM - 10:42AM  
Rahu 3:17PM - 4:49PM

Bharani Until 11:06AM  
Vishkambha\* Until 9:46AM  
Vanija Until 4:07PM

Chaturthi\* Until 2:34AM Wed

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear

Sunrise: 6:07AM  
Sunset: 6:21PM

Moon 3 - Phase 48 - 17  
3rd Phase

Moon - White  
Chaitra-Panguni

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

# 3 Wednesday, April 2, 2025

Krodhin Nama Samvatsare Uttarayane Moksha Ritau Meena Mase Sukla Paksha Budha Vesara Yuktyayam  
Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau

Chennai, India  
Sun 18 Sutra 352

Wishabha Rasi: 8.16 Tithi 5

Creative Work Amrita Yoga

Until 8:41AM

Then Creative Work - Siddha Yoga

Gulika 10:42AM - 12:13PM  
Yama 7:38AM - 9:10AM  
Rahu 12:13PM - 1:45PM

Krittika Until 6:41AM  
Priti Until 6:07AM  
Bava Until 1:10PM

Panchami Until 11:51PM

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear

Sunrise: 6:05AM  
Sunset: 6:21PM

Moon 3 - Phase 48 - 18  
3rd Phase

Moon - White  
Chaitra-Panguni

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

# 4 Thursday, April 3, 2025

Krodhin Nama Samvatsare Uttarayane Moksha Ritau Meena Mase Sukla Paksha Guru Vesara Yuktyayam  
Rohini/Mrigashira Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Shashthiyam Titau

Chennai, India  
Sun 19 Sutra 353

Wishabha Rasi: 22.43 Tithi 6

Routine Work Marana Yoga

Gulika 9:09AM - 10:41AM  
Yama 6:05AM - 7:37AM  
Rahu 1:45PM - 3:17PM

Rohini Until 7:02AM  
Saubhagya Until 12:00AM Fri  
Kaulava Until 10:43AM

Shashthi\* Until 9:43PM

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear

Sunrise: 6:05AM  
Sunset: 6:21PM

Moon 3 - Phase 48 - 19  
3rd Phase

Moon - Yellow  
Chaitra-Panguni

**Devaloka Day**

# 5 Friday, April 4, 2025

Krodhin Nama Samvatsare Uttarayane Moksha Ritau Meena Mase Sukla Paksha Sukra Vesara Yuktyayam  
Andra Nakshatra Sobhana Yoga Gara/Vanija Karana Saptamyam Titau

Chennai, India  
Sun 20 Sutra 354

Mithuna Rasi: 6.45 Tithi 7

Creative Work Siddha Yoga

Gulika 7:37AM - 9:09AM  
Yama 3:17PM - 4:49PM  
Rahu 10:41AM - 12:13PM

Andra Until 5:10AM Sat  
Sobhana Until 9:44PM  
Gara Until 8:54AM

Saptami Until 8:13PM

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear

Sunrise: 6:05AM  
Sunset: 6:21PM

Moon 3 - Phase 48 - 20  
3rd Phase

Moon - Yellow  
Chaitra-Panguni

**Devaloka Day**

# 6 Saturday, April 5, 2025

## Retreat Star

Krodhin Nama Samvatsare Uttarayane Moksha Ritau Meena Mase Sukla Paksha Mantla Vesara Yuktyayam  
Punarvasu Nakshatra Sukama Yoga Vasi\* Bava Karana Ashtamyam Titau

Chennai, India  
Sun 21 Sutra 355

Mithuna Rasi: 20.22 Tithi 8

Creative Work Siddha Yoga

Gulika 6:04AM - 7:36AM  
Yama 1:45PM - 3:17PM  
Rahu 9:08AM - 10:40AM

Punarvasu Until 5:30AM Sun  
Aihganda\* Until 8:01PM  
Visti Until 7:46AM

Ashtami\* Until 7:27PM

Ganesha: White  
Muruga: Clear  
Nataraja: Clear

Sunrise: 6:04AM  
Sunset: 6:21PM

Moon 3 - Phase 48 - 21  
Ashtami

Moon - Blue  
Chaitra-Panguni

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

# 7 Sunday, April 6, 2025

## Retreat Star

Krodhin Nama Samvatsare Uttarayane Moksha Ritau Meena Mase Sukla Paksha Bhanu Vesara Yuktyayam  
Pushya Nakshatra Sukama Yoga Balava/Kaulava Karana Navamyam Titau

Chennai, India  
Sun 22 Sutra 356

Kataka Rasi: 3.35 Tithi 9

Creative Work Siddha Yoga

Gulika 3:17PM - 4:49PM  
Yama 12:12PM - 1:45PM  
Rahu 4:49PM - 6:21PM

Pushya Until 6:23AM Mon  
Sukarma Until 6:52PM  
Balava Until 7:21AM

Navami\* Until 7:23PM

Ganesha: Green  
Muruga: Clear  
Nataraja: Clear

Sunrise: 6:03AM  
Sunset: 6:21PM

Moon 3 - Phase 48 - 22  
Navami

Moon - Blue  
Chaitra-Panguni

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvini, create between us and the strangers a unity of hearts. Atharva Veda

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1

Monday, April 7, 2025

Kataka Rasi: 16:28 Tithi 10  
 Family Home Evening  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Dhrivi Yoga Talila/Gara Karana Dashamayam Titau

**Gulika** 1:44PM – 3:17PM  
**Yama** 10:40AM – 12:12PM  
**Rahu** 7:35AM – 9:07AM

**Pushya Until 6:23AM**  
 Dhrivi Until 6:16PM  
 Talila Until 7:38AM

**Dashami Until 8:00PM**

Chennai, India  
 Sun 23 Sutra 357  
 Krodhin 5:16  
 Moon 3 - Phase 49 - 23  
 4th Phase

**Bhuloka Day**  
 Devaloka Time: 3PM to 6PM

2

Tuesday, April 8, 2025

Kataka Rasi: 29:01 Tithi 11  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam  
 Ashlesha\* Magha\* Nakshatra Shula\* Yoga Bava/Balava Karana Dvadashyam Titau

**Gulika** 12:12PM – 1:44PM  
**Yama** 9:07AM – 10:39AM  
**Rahu** 3:17PM – 4:49PM

**Ashlesha\* Until 7:43AM**  
 Shula\* Until 6:07PM  
 Vanja Until 8:33AM

**Ekadashi Until 9:13PM**

Chennai, India  
 Sun 24 Sutra 358  
 Krodhin 5:16  
 Moon 3 - Phase 49 - 24  
 4th Phase

**Bhuloka Day**  
 Devaloka Time: 3PM to 6PM

3

Wednesday, April 9, 2025

Simha Rasi: 11:2 Tithi 12  
 Creative Work Siddha Yoga  
 Until 9:55AM  
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam  
 Magha\* Purvaphalguni Nakshatra Ganda\* Yoga Bava/Balava Karana Dvadashyam Titau

**Gulika** 10:39AM – 12:11PM  
**Yama** 7:34AM – 9:06AM  
**Rahu** 12:11PM – 1:44PM

**Magha\* Until 9:55AM**  
 Ganda\* Until 6:23PM  
 Bava Until 10:02AM  
**Dvadashi Until 10:56PM**

Chennai, India  
 Sun 25 Sutra 359  
 Krodhin 5:16  
 Moon 3 - Phase 49 - 25  
 4th Phase

**Devaloka Day**

4

Thursday, April 10, 2025

Kataka Rasi: 23:27 Tithi 13  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Viddhi Yoga Kaulava/Taila Karana Trayodashyam Titau

**Gulika** 9:06AM – 10:39AM  
**Yama** 6:01AM – 7:33AM  
**Rahu** 1:44PM – 3:16PM

**Purvaphalguni Until 12:24PM**  
 Viddhi Until 6:58PM  
 Kaulava Until 11:58AM

**Trayodashi Until 1:02AM Fri**

Chennai, India  
 Sun 26 Sutra 360  
 Krodhin 5:16  
 Moon 3 - Phase 49 - 26  
 4th Phase

**Devaloka Day**

Pradosha Vrata

5

Friday, April 11, 2025

Kanya Rasi: 5:26 Tithi 14  
 Creative Work Siddha Yoga  
 Until 3:00PM  
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam  
 Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Gara/Vanja Karana Chaturdashyam Titau

**Gulika** 7:33AM – 9:06AM  
**Yama** 3:16PM – 4:49PM  
**Rahu** 10:38AM – 12:11PM

**Uttaraphalguni Until 3:00PM**  
 Dhruva Until 7:44PM  
 Gara Until 2:13PM

**Chaturdashi\* Until 3:24AM Sat**

Chennai, India  
 Sun 27 Sutra 361  
 Krodhin 5:16  
 Moon 3 - Phase 49 - 27  
 4th Phase

**Devaloka Day**

6

Saturday, April 12, 2025

**Copper Retreat Star**  
 Kanya Rasi: 17:2 Tithi 15  
 Routine Work Marana Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yuktayam  
 Hasta Nakshatra Vyaghata\* Yoga Visti\* Bava Karana Purnimayam Titau

**Gulika** 6:00AM – 7:32AM  
**Yama** 1:43PM – 3:16PM  
**Rahu** 9:05AM – 10:38AM

**Hasta Until 6:09PM**  
 Vyaghata\* Until 8:40PM  
 Visti Until 4:41PM

**Purnima\* Until 5:55AM Sun**

Chennai, India  
 Sun 28 Sutra 362  
 Krodhin 5:16  
 Moon 3 - Phase 49 - Purnima

**Bhuloka Day**  
 Devaloka Time: 3PM to 6PM

Panguni Uttriam  
Hanuman Jayanti

Sunday, April 13, 2025

**Silver Retreat Star**  
 Kanya Rasi: 29:1 Tithi 16  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam  
 Chitra Nakshatra Harshana Yoga Balava Karana Prathamayam Titau

**Gulika** 3:16PM – 4:49PM  
**Yama** 12:10PM – 1:43PM  
**Rahu** 4:49PM – 6:22PM

**Chitra Until 9:12PM**  
 Harshana Until 9:40PM  
 Balava Until 7:13PM

**Prathama\* Until 8:29AM Mon**

Chennai, India  
 Sun 29 Sutra 363  
 Krodhin 5:16  
 Moon 3 - Phase 49 - Prathama

**Bhuloka Day**  
 Devaloka Time: 3PM to 6PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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