



Tuesday, May 13, 2025
Gold Retreat Star

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Parigha* Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau

Monroe, NJ
Sutra 30

Vrischika Rasi: 6.59 Tithi 16 - 17

275318579

Gulika 11:54AM - 1:42PM
Yama 8:18AM - 10:06AM
Rahu 3:30PM - 5:18PM

Anuradha Until 1:17AM Wed
Parigha* Until 8:03PM
Tailita Until 3:08AM Wed
Prathama* Until 2:08PM

Ganesha: Yellow *Sunrise: 4:42AM*
Muruga: Red *Sunset: 7:06PM*
Nataraja: Purple
Moon - Orange
Vaisaka-Chaitra

Visvvasu 5127
Moon 4 - Phase 4 -
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

1

Wednesday, May 14, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ
Sun 1 Sutra 31

Vrischika Rasi: 19.02 Tithi 17 - 18

275318579

Gulika 10:06AM - 11:54AM
Yama 6:29AM - 8:17AM
Rahu 11:54AM - 1:42PM

Jyeshtha* Until 3:27AM Thu
Shiva Until 8:31PM
Vanija Until 4:51AM Thu
Dvitiya Until 4:01PM

Ganesha: Yellow *Sunrise: 4:41AM*
Muruga: Red *Sunset: 7:07PM*
Nataraja: Purple
Moon - Orange
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 1
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Thursday, May 15, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ
Sun 2 Sutra 32

Dhanus Rasi: 1.12 Tithi 18 - 19

285318579

Gulika 8:17AM - 10:06AM
Yama 4:40AM - 6:28AM
Rahu 1:43PM - 3:31PM

Mula* Until 5:37AM Fri
Siddha Until 8:42PM
Bava Until 6:14AM Fri
Tritiya Until 5:34PM

Ganesha: Blue *Sunrise: 4:40AM*
Muruga: Red *Sunset: 7:08PM*
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 2
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 5:37AM Fri
Then Routine Work - Prabalarishta Yoga

3

Friday, May 16, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Monroe, NJ
Sun 3 Sutra 33

Dhanus Rasi: 13.31 Tithi 19

285318579

Gulika 6:28AM - 8:16AM
Yama 3:32PM - 5:21PM
Rahu 10:05AM - 11:54AM

Purvashadha* Until 7:14AM Sat
Sadhya Until 8:37PM
Bava Until 6:14AM
Chaturthi* Until 6:46PM

Ganesha: Blue *Sunrise: 4:39AM*
Muruga: Red *Sunset: 7:09PM*
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 3
1st Phase

Routine Work Prabalarishta Yoga

Subha Sivaloka Day

Until 7:14AM Sat
Then Routine Work - Marana Yoga

4

Saturday, May 17, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Kaulava/Tailita Karana Panchamyam Titau

Monroe, NJ
Sun 4 Sutra 34

Dhanus Rasi: 26 Tithi 20

285318579

Gulika 4:38AM - 6:27AM
Yama 1:43PM - 3:32PM
Rahu 8:16AM - 10:05AM

Purvashadha* Until 7:14AM
Subha Until 8:13PM
Kaulava Until 7:13AM
Panchami Until 7:31PM

Ganesha: Blue *Sunrise: 4:38AM*
Muruga: Red *Sunset: 7:10PM*
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 4
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 7:14AM
Then Routine Work - Marana Yoga

5

Sunday, May 18, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Monroe, NJ
Sun 5 Sutra 35

Makara Rasi: 8.42 Tithi 21

285318579

Gulika 3:33PM - 5:22PM
Yama 11:54AM - 1:43PM
Rahu 5:22PM - 7:11PM

Uttarashadha Until 8:15AM
Sukla Until 7:24PM
Gara Until 7:45AM
Shashthi* Until 7:47PM

Ganesha: Blue *Sunrise: 4:37AM*
Muruga: Red *Sunset: 7:11PM*
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 5
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

6

Monday, May 19, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Monroe, NJ
Sun 6 Sutra 36

Makara Rasi: 21.39 Tithi 22

296318579

Gulika 1:44PM - 3:33PM
Yama 10:05AM - 11:54AM
Rahu 6:26AM - 8:15AM

Shravana Until 9:03AM
Brahma Until 6:08PM
Visti Until 7:43AM
Saptami Until 7:28PM

Ganesha: Blue *Sunrise: 4:36AM*
Muruga: Red *Sunset: 7:12PM*
Nataraja: Purple
Moon - Purple
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 6
1st Phase

Creative Work Amrita Yoga

Devaloka Day

Until 9:03AM
Then Creative Work - Siddha Yoga

D

Tuesday, May 20, 2025

Retreat Star

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ
Sun 7 Sutra 37

Kumbha Rasi: 4.55 Tithi 23

296318579

Gulika 11:54AM - 1:44PM
Yama 8:15AM - 10:04AM
Rahu 3:34PM - 5:24PM

Dhanishtha Until 9:06AM
Indra Until 4:23PM
Balava Until 7:06AM
Ashtami* Until 6:31PM

Ganesha: Blue *Sunrise: 4:35AM*
Muruga: Red *Sunset: 7:13PM*
Nataraja: Purple
Moon - Purple
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 7
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Until 9:06AM
Then Routine Work - Marana Yoga

Wednesday, May 21, 2025

Retreat Star

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Monroe, NJ
Sun 8 Sutra 38

Kumbha Rasi: 18.32 Tithi 24 - 25

296318579

Gulika 10:04AM - 11:54AM
Yama 6:24AM - 8:14AM
Rahu 11:54AM - 1:44PM

Shatabhishak Until 8:22AM
Vaidhriti* Until 2:05PM
Vanija Until 3:55AM Thu
Navami* Until 4:56PM

Ganesha: Blue *Sunrise: 4:34AM*
Muruga: Red *Sunset: 7:14PM*
Nataraja: Purple
Moon - Purple
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 8
Navami

Creative Work Siddha Yoga

Devaloka Day

Until 8:22AM
Then Creative Work - Amrita Yoga

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Monroe, NJ on 11/19/23


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1	Thursday, May 22, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 9 Sutra 39
	Meena Rasi: 2.34	Tithi 25 – 26	Gulika 8:14AM – 10:04AM	Purvaproshtapada* Until 7:17AM	Ganesha: White	<i>Sunrise:</i> 4:34AM	Visvvasu 5127
			Yama 4:34AM – 6:24AM	Vishkambha* Until 11:18AM	Muruga: Red	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 5 - 9
	Creative Work	Siddha Yoga	216318579 Rahu 1:45PM – 3:35PM	Bava Until 1:26AM Fri	Nataraja: Purple		2nd Phase
			Dashami Until 2:43PM	Moon – Clear	Devaloka Day		
			Vaisaka-Vaikasi				

2	Friday, May 23, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 10 Sutra 40
	Meena Rasi: 16.58	Tithi 26 – 27	Gulika 6:23AM – 8:14AM	Revati Until 3:06AM Sat	Ganesha: White	<i>Sunrise:</i> 4:33AM	Visvvasu 5127
			Yama 3:35PM – 5:26PM	Priti Until 8:03AM	Muruga: Red	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 5 - 10
	Creative Work	Siddha Yoga	216318579 Rahu 10:04AM – 11:54AM	Kaulava Until 10:26PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 11:58AM	Moon – Clear	Devaloka Day		
			Vaisaka-Vaikasi				

3	Saturday, May 24, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 11 Sutra 41
	Mesha Rasi: 1.42	Tithi 27 – 28	Gulika 4:32AM – 6:23AM	Ashvini Until 12:37AM Sun	Ganesha: Green	<i>Sunrise:</i> 4:32AM	Visvvasu 5127
			Yama 1:45PM – 3:36PM	Saubhagya Until 12:30AM Sun	Muruga: Red	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 5 - 11
	Creative Work	Siddha Yoga	226318579 Rahu 8:13AM – 10:04AM	Gara Until 7:05PM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 8:47AM	Moon – White	Devaloka Day		
			Vaisaka-Vaikasi				
			<i>Pradosha Vrata (Fasting)</i>				

4	Sunday, May 25, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Monroe, NJ Sun 12 Sutra 42
	Mesha Rasi: 16.42	Tithi 29	Gulika 3:36PM – 5:27PM	Bharani Until 9:49PM	Ganesha: White	<i>Sunrise:</i> 4:31AM	Visvvasu 5127
			Yama 11:55AM – 1:45PM	Sobhana Until 8:27PM	Muruga: Red	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 5 - 12
	Routine Work	Prabalarishta Yoga	326318579 Rahu 5:27PM – 7:18PM	Visti Until 3:30PM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 1:39AM Mon	Moon – White	Devaloka Day		
			Vaisaka-Vaikasi				

	Monday, May 26, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Monroe, NJ Sun 13 Sutra 43
	Retreat Star		Gulika 1:46PM – 3:37PM	Krittika Until 6:52PM	Ganesha: White	<i>Sunrise:</i> 4:31AM	Visvvasu 5127
	Vrishabha Rasi: 1.49	Tithi 30	Yama 10:04AM – 11:55AM	Athiganda* Until 4:21PM	Muruga: Red	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 5 - 13
	Family Home Evening		327418579 Rahu 6:22AM – 8:13AM	Catuspada Until 11:51AM	Nataraja: Purple		Amavasya
			Amavasya* Until 10:01PM	Moon – White	Devaloka Day		
			Vaisaka-Vaikasi				

	Tuesday, May 27, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma/Dhrili Yoga Kintughna*/Bava Karana Prathamayam Titau				Monroe, NJ Sun 14 Sutra 44
	Retreat Star		Gulika 11:55AM – 1:46PM	Rohini Until 4:21PM	Ganesha: Green	<i>Sunrise:</i> 4:30AM	Visvvasu 5127
	Vrishabha Rasi: 16.53	Tithi 1	Yama 8:12AM – 10:04AM	Sukarma Until 12:23PM	Muruga: Red	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 5 - 14
	Creative Work	Amrita Yoga	337418579 Rahu 3:37PM – 5:28PM	Kintughna Until 8:17AM	Nataraja: Purple		Prathama
			Prathama* Until 6:34PM	Moon – Yellow	Devaloka Day		
			Jyeshtha-Vaikasi				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1	Wednesday, May 28, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Monroe, NJ
	Mithuna Rasi: 1.45	Tithi 2 – 3	Gulika 10:04AM – 11:55AM	Mrigashira Until 2:01PM	Ganesha: Green	<i>Sunrise:</i> 4:30AM	Sun 15 Sutra 45
			Yama 6:21AM – 8:12AM	Dhriti Until 8:40AM	Muruga: Red	<i>Sunset:</i> 7:20PM	Visvvasu 5127
	337418579	Rahu 11:55AM – 1:46PM	Taitila Until 2:07AM Thu	Nataraja: Purple			Moon 4 - Phase 6 - 15 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:28PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2	Thursday, May 29, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Monroe, NJ
	Mithuna Rasi: 16.18	Tithi 3 – 4	Gulika 8:12AM – 10:04AM	Ardra Until 12:03PM	Ganesha: Green	<i>Sunrise:</i> 4:29AM	Sun 16 Sutra 46
			Yama 4:29AM – 6:21AM	Ganda* Until 2:28AM Fri	Muruga: Red	<i>Sunset:</i> 7:21PM	Visvvasu 5127
	337418579	Rahu 1:47PM – 3:38PM	Vanija Until 11:50PM	Nataraja: Purple			Moon 4 - Phase 6 - 16 3rd Phase
Routine Work	Marana Yoga		Tritiya Until 12:53PM	Moon – Yellow		Devaloka Day	
Until 12:03PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

3	Friday, May 30, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau				Monroe, NJ
	Kataka Rasi: 0.25	Tithi 4 – 5	Gulika 6:20AM – 8:12AM	Punarvasu Until 11:02AM	Ganesha: White	<i>Sunrise:</i> 4:28AM	Sun 17 Sutra 47
			Yama 3:39PM – 5:30PM	Vridhi Until 12:15AM Sat	Muruga: Red	<i>Sunset:</i> 7:22PM	Visvvasu 5127
	347418579	Rahu 10:03AM – 11:55AM	Bava Until 10:18PM	Nataraja: Purple			Moon 4 - Phase 6 - 17 3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:57AM	Moon – Blue		Devaloka Day	
Until 11:02AM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

4	Saturday, May 31, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Monroe, NJ
	Kataka Rasi: 14.04	Tithi 5 – 6	Gulika 4:28AM – 6:20AM	Pushya Until 10:39AM	Ganesha: White	<i>Sunrise:</i> 4:28AM	Sun 18 Sutra 48
			Yama 1:47PM – 3:39PM	Dhruva Until 10:41PM	Muruga: Red	<i>Sunset:</i> 7:23PM	Visvvasu 5127
	347418579	Rahu 8:12AM – 10:03AM	Kaulava Until 9:35PM	Nataraja: Purple			Moon 4 - Phase 6 - 18 3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:49AM	Moon – Blue		Devaloka Day	
Until 10:39AM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

5	Sunday, June 1, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Monroe, NJ
	Kataka Rasi: 27.14	Tithi 6 – 7	Gulika 3:39PM – 5:31PM	Ashlesha* Until 10:58AM	Ganesha: White	<i>Sunrise:</i> 4:28AM	Sun 19 Sutra 49
			Yama 11:55AM – 1:47PM	Vyaghata* Until 9:50PM	Muruga: Red	<i>Sunset:</i> 7:23PM	Visvvasu 5127
	347418579	Rahu 5:31PM – 7:23PM	Gara Until 9:45PM	Nataraja: Purple			Moon 4 - Phase 6 - 19 3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:32AM	Moon – Blue		Devaloka Day	
Until 10:58AM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

Monday, June 2, 2025	Retreat Star		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Vanija/Visi* Karana Saptami/Ashlamyam Titau				Monroe, NJ
	Simha Rasi: 9.58	Tithi 7 – 8	Gulika 1:48PM – 3:40PM	Magha* Until 12:26PM	Ganesha: White	<i>Sunrise:</i> 4:27AM	Sun 20 Sutra 50
	Family Home Evening		Yama 10:03AM – 11:56AM	Harshana Until 9:39PM	Muruga: Red	<i>Sunset:</i> 7:24PM	Visvvasu 5127
	358418579	Rahu 6:19AM – 8:11AM	Visti Until 10:45PM	Nataraja: Purple			Moon 4 - Phase 6 - 20 Ashtami
Routine Work	Marana Yoga		Saptami Until 10:08AM	Moon – Red		Subha Sivaloka Day	
Until 12:26PM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

Tuesday, June 3, 2025	Retreat Star		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ
	Simha Rasi: 22.2	Tithi 8 – 9	Gulika 11:56AM – 1:48PM	Purvaphalguni Until 2:30PM	Ganesha: White	<i>Sunrise:</i> 4:27AM	Sun 21 Sutra 51
			Yama 8:11AM – 10:03AM	Vajra* Until 9:59PM	Muruga: Red	<i>Sunset:</i> 7:25PM	Visvvasu 5127
	358418579	Rahu 3:40PM – 5:33PM	Balava Until 12:26AM Wed	Nataraja: Purple			Moon 4 - Phase 6 - 21 Navami
Creative Work	Siddha Yoga		Ashtami* Until 11:30AM	Moon – Red		Subha Sivaloka Day	
Until 2:30PM				Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Wednesday, June 4, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau		Monroe, NJ Sun 22 Sutra 52 Visvvasu 5127	
Kanya Rasi: 4.26	Tithi 9 – 10	Gulika 10:04AM – 11:56AM	Uttaraphalguni Until 4:58PM	Ganesha: White	<i>Sunrise:</i> 4:26AM		
		Yama 6:19AM – 8:11AM	Siddhi Until 10:45PM	Muruga: Red	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 7 - 22	
		358418579 Rahu 11:56AM – 1:48PM	Taitila Until 2:39AM Thu	Nataraja: Purple		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 1:28PM	Moon – Red		Subha Sivaloka Day	
Until 4:58PM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							


2		Thursday, June 5, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 23 Sutra 53 Visvvasu 5127	
Kanya Rasi: 16.22	Tithi 10 – 11	Gulika 8:11AM – 10:04AM	Hasta Until 8:06PM	Ganesha: Clear	<i>Sunrise:</i> 4:26AM		
		Yama 4:26AM – 6:18AM	Vyatipata* Until 11:45PM	Muruga: Red	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 7 - 23	
		368418571 Rahu 1:49PM – 3:41PM	Vanija Until 5:08AM Fri	Nataraja: Blue		4th Phase	
Routine Work	Marana Yoga		Dashami Until 3:51PM	Moon – Green		Sivaloka Day	
Until 8:06PM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

3		Friday, June 6, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Visti* Karana Ekadashyam Titau		Monroe, NJ Sun 24 Sutra 54 Visvvasu 5127	
Kanya Rasi: 28.11	Tithi 11	Gulika 6:18AM – 8:11AM	Chitra Until 11:12PM	Ganesha: Clear	<i>Sunrise:</i> 4:26AM		
		Yama 3:42PM – 5:34PM	Variyan Until 12:48AM Sat	Muruga: Red	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 7 - 24	
		368418571 Rahu 10:04AM – 11:56AM	Visti Until 6:23PM	Nataraja: Blue		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:23PM	Moon – Green		Sivaloka Day	
				Jyeshtha-Vaikasi			

4		Saturday, June 7, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau		Monroe, NJ Sun 25 Sutra 55 Visvvasu 5127	
Tula Rasi: 10	Tithi 12	Gulika 4:25AM – 6:18AM	Svati Until 2:04AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:25AM		
		Yama 1:49PM – 3:42PM	Parigha* Until 1:49AM Sun	Muruga: Red	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 7 - 25	
		368418571 Rahu 8:11AM – 10:04AM	Bava Until 7:40AM	Nataraja: Blue		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 8:52PM	Moon – Green		Sivaloka Day	
Until 2:04AM Sun				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

5		Sunday, June 8, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Tailita Karana Trayodashyam Titau		Monroe, NJ Sun 26 Sutra 56 Visvvasu 5127	
Tula Rasi: 21.51	Tithi 13	Gulika 3:42PM – 5:35PM	Vishakha Until 5:03AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:25AM		
		Yama 11:57AM – 1:49PM	Shiva Until 2:40AM Mon	Muruga: Red	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 7 - 26	
		379418571 Rahu 5:35PM – 7:28PM	Kaulava Until 10:04AM	Nataraja: Blue		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 11:10PM	Moon – Orange		Sivaloka Day	
Until 5:03AM Mon		Vaikasi Visakam		Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>					

6		Monday, June 9, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau		Monroe, NJ Sun 27 Sutra 57 Visvvasu 5127	
Vrischika Rasi: 3.48	Tithi 14	Gulika 1:50PM – 3:43PM	Anuradha Until 7:33AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:25AM		
Family Home Evening		Yama 10:04AM – 11:57AM	Siddha Until 3:14AM Tue	Muruga: Red	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 7 - 27	
		379418571 Rahu 6:18AM – 8:11AM	Gara Until 12:13PM	Nataraja: Blue		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:09AM Tue	Moon – Orange		Sivaloka Day	
Until 7:33AM Tue				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

		Tuesday, June 10, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Monroe, NJ Sun 28 Sutra 58 Visvvasu 5127	
Copper Retreat Star		Gulika 11:57AM – 1:50PM	Anuradha Until 7:33AM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM		
Vrischika Rasi: 15.52	Tithi 15	Yama 8:11AM – 10:04AM	Sadhya Until 3:33AM Wed	Muruga: Red	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 7 -	
		379418571 Rahu 3:43PM – 5:36PM	Visti Until 2:01PM	Nataraja: Blue		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 2:46AM Wed	Moon – Orange		Sivaloka Day	
Until 7:33AM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

7		Wednesday, June 11, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Monroe, NJ Sun 29 Sutra 59 Visvvasu 5127	
Silver Retreat Star		Gulika 10:04AM – 11:57AM	Jyeshtha* Until 9:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM		
Vrischika Rasi: 28.05	Tithi 16	Yama 6:18AM – 8:11AM	Subha Until 3:35AM Thu	Muruga: Red	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 7 -	
		379418571 Rahu 11:57AM – 1:50PM	Balava Until 3:27PM	Nataraja: Blue		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 4:00AM Thu	Moon – Orange		Sivaloka Day	
Until 9:32AM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Thursday, June 12, 2025
Gold Retreat Star

Dhanus Rasi: 10.29 Tithi 17
Creative Work Siddha Yoga

389418571
Gulika
Yama
Rahu

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau
8:11AM – 10:04AM
4:25AM – 6:18AM
1:51PM – 3:44PM

Mula* Until 11:27AM
Sukla Until 3:17AM Fri
Taitila Until 4:30PM
Dvitiya Until 4:51AM Fri

Ganesha: Purple *Sunrise:* 4:25AM
Muruga: Red *Sunset:* 7:30PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha-Vaikasi

Monroe, NJ
Sun 1 Sutra 60
Visvvasu 5127
Moon 5 - Phase 8 - 1
1st Phase

Devaloka Day

1

Friday, June 13, 2025

Dhanus Rasi: 23.02 Tithi 18
Routine Work Prabalarishta Yoga
Until 12:51PM
Then Routine Work - Marana Yoga

389418571
Gulika
Yama
Rahu

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau
6:18AM – 8:11AM
3:44PM – 5:37PM
10:04AM – 11:58AM

Purvashadha* Until 12:51PM
Brahma Until 2:42AM Sat
Vanija Until 5:09PM
Tritiya Until 5:19AM Sat

Ganesha: Purple *Sunrise:* 4:24AM
Muruga: Red *Sunset:* 7:31PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha-Vaikasi

Monroe, NJ
Sun 2 Sutra 61
Visvvasu 5127
Moon 5 - Phase 8 - 2
1st Phase

Devaloka Day

2

Saturday, June 14, 2025

Makara Rasi: 5.46 Tithi 19
Routine Work Marana Yoga
Until 1:43PM
Then Creative Work - Siddha Yoga

389418571
Gulika
Yama
Rahu

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam Titau
4:24AM – 6:18AM
1:51PM – 3:44PM
8:11AM – 10:04AM

Uttarashadha Until 1:43PM
Indra Until 1:50AM Sun
Bava Until 5:26PM
Chaturthi* Until 5:24AM Sun

Ganesha: Purple *Sunrise:* 4:24AM
Muruga: Red *Sunset:* 7:31PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha-Ani

Monroe, NJ
Sun 3 Sutra 62
Visvvasu 5127
Moon 5 - Phase 8 - 3
1st Phase

Devaloka Day

3

Sunday, June 15, 2025

Makara Rasi: 18.41 Tithi 20
Creative Work Amrita Yoga
Until 2:31PM
Then Routine Work - Marana Yoga

399418571
Gulika
Yama
Rahu

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau
3:45PM – 5:38PM
11:58AM – 1:51PM
5:38PM – 7:32PM

Shravana Until 2:31PM
Vaidhriti* Until 12:37AM Mon
Kaulava Until 5:19PM
Panchami Until 5:05AM Mon

Ganesha: Clear *Sunrise:* 4:24AM
Muruga: Red *Sunset:* 7:32PM
Nataraja: Blue
Moon – Purple
Jyeshtha-Ani

Monroe, NJ
Sun 4 Sutra 63
Visvvasu 5127
Moon 5 - Phase 8 - 4
1st Phase

Sivaloka Day

Father's Day

4

Monday, June 16, 2025

Kumbha Rasi: 1.49 Tithi 21
Family Home Evening
Creative Work Siddha Yoga

391418571
Gulika
Yama
Rahu

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau
1:52PM – 3:45PM
10:05AM – 11:58AM
6:18AM – 8:11AM

Dhanishtha Until 2:45PM
Vishkambha* Until 11:05PM
Gara Until 4:47PM
Shashthi* Until 4:20AM Tue

Ganesha: Yellow *Sunrise:* 4:25AM
Muruga: Red *Sunset:* 7:32PM
Nataraja: Blue
Moon – Purple
Jyeshtha-Ani

Monroe, NJ
Sun 5 Sutra 64
Visvvasu 5127
Moon 5 - Phase 8 - 5
1st Phase

Sivaloka Day

5

Tuesday, June 17, 2025

Kumbha Rasi: 15.1 Tithi 22
Routine Work Marana Yoga

391418571
Gulika
Yama
Rahu

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shalabhishak*/Purvaproshtapada* Nakshatra Priti Yoga Visli*/Bava Karana Saptamyam Titau
11:58AM – 1:52PM
8:11AM – 10:05AM
3:45PM – 5:39PM

Shatabhishak Until 2:25PM
Priti Until 9:12PM
Visli Until 3:49PM
Saptami Until 3:08AM Wed

Ganesha: Yellow *Sunrise:* 4:25AM
Muruga: Red *Sunset:* 7:32PM
Nataraja: Blue
Moon – Purple
Jyeshtha-Ani

Monroe, NJ
Sun 6 Sutra 65
Visvvasu 5127
Moon 5 - Phase 8 - 6
1st Phase

Sivaloka Day

D

Wednesday, June 18, 2025

Retreat Star

Kumbha Rasi: 28.47 Tithi 23
Creative Work Amrita Yoga
Until 1:54PM
Then Creative Work - Siddha Yoga

311418571
Gulika
Yama
Rahu

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau
10:05AM – 11:59AM
6:18AM – 8:12AM
11:59AM – 1:52PM

Purvaproshtapada* Until 1:54PM
Ayushman Until 6:54PM
Balava Until 2:23PM
Ashtami* Until 1:28AM Thu

Ganesha: Clear *Sunrise:* 4:25AM
Muruga: Red *Sunset:* 7:33PM
Nataraja: Blue
Moon – Clear
Jyeshtha-Ani

Monroe, NJ
Sun 7 Sutra 66
Visvvasu 5127
Moon 5 - Phase 8 - 7
Ashtami

Sivaloka Day

Thursday, June 19, 2025

Retreat Star

Meena Rasi: 12.4 Tithi 24
Creative Work Siddha Yoga

311418571
Gulika
Yama
Rahu

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau
8:12AM – 10:05AM
4:25AM – 6:18AM
1:52PM – 3:46PM

Uttaraproshtapada Until 12:47PM
Saubhagya Until 4:15PM
Taitila Until 12:29PM
Navami* Until 11:21PM

Ganesha: Clear *Sunrise:* 4:25AM
Muruga: Red *Sunset:* 7:33PM
Nataraja: Blue
Moon – Clear
Jyeshtha-Ani

Monroe, NJ
Sun 8 Sutra 67
Visvvasu 5127
Moon 5 - Phase 8 - 8
Navami


Sivaloka Day

1		Friday, June 20, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau			Monroe, NJ Sun 9 Sutra 68
Meena Rasi: 26.52	Tithi 25	Gulika 6:18AM – 8:12AM	Revati Until 11:05AM	Ganesha: White	<i>Sunrise:</i> 4:25AM	Visvvasu 5127	
		Yama 3:46PM – 5:40PM	Sobhana Until 1:15PM	Muruga: Red	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 9 - 9	
		311518571 Rahu 10:06AM – 11:59AM	Vanija Until 10:09AM	Nataraja: Blue		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 8:49PM	Moon – Clear		Subha Sivaloka Day	
Until 11:05AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

2		Saturday, June 21, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau			Monroe, NJ Sun 10 Sutra 69
Mesha Rasi: 11.19	Tithi 26 – 27	Gulika 4:25AM – 6:19AM	Ashvini Until 9:18AM	Ganesha: Yellow	<i>Sunrise:</i> 4:25AM	Visvvasu 5127	
		Yama 1:53PM – 3:46PM	Athiganda* Until 9:56AM	Muruga: Red	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 9 - 10	
		321518571 Rahu 8:12AM – 10:06AM	Bava Until 7:26AM	Nataraja: Blue		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 5:57PM	Moon – White		Sivaloka Day	
				Jyeshtha-Ani			

3		Sunday, June 22, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau			Monroe, NJ Sun 11 Sutra 70
Mesha Rasi: 25.59	Tithi 27 – 28	Gulika 3:46PM – 5:40PM	Bharani Until 7:06AM	Ganesha: Yellow	<i>Sunrise:</i> 4:25AM	Visvvasu 5127	
		Yama 11:59AM – 1:53PM	Sukarma Until 6:24AM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 9 - 11	
		321518571 Rahu 5:40PM – 7:34PM	Gara Until 1:16AM Mon	Nataraja: Blue		2nd Phase	
Routine Work	Prabalarishta Yoga		Dvadashi* Until 2:51PM	Moon – White		Sivaloka Day	
Until 7:06AM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Monday, June 23, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Monroe, NJ Sun 12 Sutra 71
Vrishabha Rasi: 10.46	Tithi 28 – 29	Gulika 1:53PM – 3:47PM	Rohini Until 2:22AM Tue	Ganesha: Red	<i>Sunrise:</i> 4:26AM	Visvvasu 5127	
Family Home Evening		Yama 10:06AM – 12:00PM	Shula* Until 11:03PM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 9 - 12	
Creative Work	Amrita Yoga	331518571 Rahu 6:19AM – 8:13AM	Visti Until 10:04PM	Nataraja: Blue		2nd Phase	
Until 2:22AM Tue			Trayodashi* Until 11:39AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

		Tuesday, June 24, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Monroe, NJ Sun 13 Sutra 72
Retreat Star		Gulika 12:00PM – 1:53PM	Mrigashira Until 12:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 4:26AM	Visvvasu 5127	
Vrishabha Rasi: 25.33	Tithi 29 – 30	Yama 8:13AM – 10:06AM	Ganda* Until 7:28PM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 9 - 13	
		331518571 Rahu 3:47PM – 5:40PM	Catuspada Until 7:00PM	Nataraja: Blue		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:29AM	Moon – Yellow		Sivaloka Day	
				Jyeshtha-Ani			

Retreat Star		Wednesday, June 25, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau			Monroe, NJ Sun 14 Sutra 73
Mithuna Rasi: 10.12	Tithi 1	Gulika 10:07AM – 12:00PM	Ardra Until 10:08PM	Ganesha: Red	<i>Sunrise:</i> 4:26AM	Visvvasu 5127	
		Yama 6:20AM – 8:13AM	Vriddhi Until 4:08PM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 9 - 14	
		331518571 Rahu 12:00PM – 1:54PM	Kintughna Until 4:12PM	Nataraja: Blue		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 2:56AM Thu	Moon – Yellow		Sivaloka Day	
				Ashada-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Monroe, NJ on 11/19/23

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1		Thursday, June 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Monroe, NJ Sun 15 Sutra 74
Mithuna Rasi: 24.35	Tithi 2	Gulika 8:13AM – 10:07AM	Punarvasu Until 8:52PM	Ganesha: White	<i>Sunrise:</i> 4:27AM		Visvvasu 5127	
		Yama 4:27AM – 6:20AM	Dhruva Until 1:09PM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 15		3rd Phase
Creative Work	Amrita Yoga	342518571 Rahu 1:54PM – 3:47PM	Balava Until 1:50PM	Nataraja: Blue				
			Dvitiya Until 12:51AM Fri	Moon – Blue				Devaloka Day
				Ashada*Ani				

2		Friday, June 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Monroe, NJ Sun 16 Sutra 75
Kataka Rasi: 8.37	Tithi 3	Gulika 6:20AM – 8:14AM	Pushya Until 8:06PM	Ganesha: White	<i>Sunrise:</i> 4:27AM		Visvvasu 5127	
		Yama 3:47PM – 5:41PM	Vyaghata* Until 10:39AM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 16		3rd Phase
Routine Work	Marana Yoga	342518571 Rahu 10:07AM – 12:00PM	Taitila Until 12:04PM	Nataraja: Blue				
			Tritiya Until 11:25PM	Moon – Blue				Devaloka Day
				Ashada*Ani				

3		Saturday, June 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthayam Titau				Monroe, NJ Sun 17 Sutra 76
Kataka Rasi: 22.13	Tithi 4	Gulika 4:27AM – 6:21AM	Ashlesha* Until 7:55PM	Ganesha: White	<i>Sunrise:</i> 4:27AM		Visvvasu 5127	
		Yama 1:54PM – 3:47PM	Harshana Until 8:45AM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 17		3rd Phase
Routine Work	Marana Yoga	342518571 Rahu 8:14AM – 10:07AM	Vanija Until 11:01AM	Nataraja: Blue				
Until 7:55PM			Chaturthi* Until 10:46PM	Moon – Blue				Devaloka Day
Then Creative Work - Amrita Yoga				Ashada*Ani				

4		Sunday, June 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ Sun 18 Sutra 77
Simha Rasi: 5.23	Tithi 5	Gulika 3:47PM – 5:41PM	Magha* Until 8:52PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM		Visvvasu 5127	
		Yama 12:01PM – 1:54PM	Vajra* Until 7:28AM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 18		3rd Phase
Routine Work	Marana Yoga	352518571 Rahu 5:41PM – 7:34PM	Bava Until 10:46AM	Nataraja: Blue				
Until 8:52PM			Panchami Until 10:57PM	Moon – Red				Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani				

5		Monday, June 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ Sun 19 Sutra 78
Simha Rasi: 18.08	Tithi 6	Gulika 1:54PM – 3:47PM	Purvaphalguni Until 10:26PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM		Visvvasu 5127	
Family Home Evening		Yama 10:08AM – 12:01PM	Siddhi Until 6:51AM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 19		3rd Phase
Creative Work	Siddha Yoga	352518571 Rahu 6:21AM – 8:15AM	Kaulava Until 11:21AM	Nataraja: Blue				
			Shashthi* Until 11:55PM	Moon – Red				Sivaloka Day
				Ashada*Ani				

6		Tuesday, July 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ Sun 20 Sutra 79
Kanya Rasi: 0.32	Tithi 7	Gulika 12:01PM – 1:54PM	Uttaraphalguni Until 12:31AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:29AM		Visvvasu 5127	
		Yama 8:15AM – 10:08AM	Vyatipata* Until 6:52AM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 20		3rd Phase
Creative Work	Amrita Yoga	352518571 Rahu 3:48PM – 5:41PM	Gara Until 12:41PM	Nataraja: Blue				
Until 12:31AM Wed			Saptami Until 1:34AM Wed	Moon – Red				Sivaloka Day
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada*Ani				

Retreat Star		Wednesday, July 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Monroe, NJ Sun 21 Sutra 80
Kanya Rasi: 12.39	Tithi 8	Gulika 10:08AM – 12:01PM	Hasta Until 3:25AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:29AM		Visvvasu 5127	
		Yama 6:22AM – 8:15AM	Variyan Until 7:20AM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 21		Ashtami
Routine Work	Marana Yoga	362518571 Rahu 12:01PM – 1:54PM	Visti Until 2:37PM	Nataraja: Blue				
Until 3:25AM Thu			Ashtami* Until 3:43AM Thu	Moon – Green				Devaloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani				

Retreat Star		Thursday, July 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Monroe, NJ Sun 22 Sutra 81
Kanya Rasi: 24.36	Tithi 9	Gulika 8:16AM – 10:09AM	Chitra Until 6:24AM Fri	Ganesha: Purple	<i>Sunrise:</i> 4:30AM		Visvvasu 5127	
		Yama 4:30AM – 6:23AM	Parigha* Until 8:09AM	Muruga: Red	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 10 - 22		Navami
Creative Work	Siddha Yoga	362518571 Rahu 1:55PM – 3:48PM	Balava Until 4:56PM	Nataraja: Blue				
			Navami* Until 6:07AM Fri	Moon – Green				Devaloka Day
				Ashada*Ani				

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1 Friday, July 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Monroe, NJ
		Chitra/Svati Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23
Tula Rasi: 6.28	Tithi 9 – 10	Gulika 6:23AM – 8:16AM	Chitra Until 6:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Visvvasu 5127
		Yama 3:48PM – 5:40PM	Shiva Until 9:09AM	Muruga: Red	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 11 - 23
362518571		Rahu 10:09AM – 12:02PM	Taitila Until 7:22PM	Nataraja: Blue		4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:07AM	Moon – Green		Devaloka Day
				Ashada*Ani		

2 Saturday, July 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Monroe, NJ
		Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24
Tula Rasi: 18.19	Tithi 10 – 11	Gulika 4:31AM – 6:24AM	Svati Until 9:14AM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Visvvasu 5127
		Yama 1:55PM – 3:47PM	Siddha Until 10:07AM	Muruga: Red	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 11 - 24
362518571		Rahu 8:16AM – 10:09AM	Vanija Until 9:44PM	Nataraja: Blue		4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:33AM	Moon – Green		Devaloka Day
				Ashada*Ani		

3 Sunday, July 6, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Monroe, NJ
		Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25
Vrischika Rasi: 0.13	Tithi 11 – 12	Gulika 3:47PM – 5:40PM	Vishakha Until 12:13PM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Visvvasu 5127
		Yama 12:02PM – 1:55PM	Sadhya Until 10:57AM	Muruga: Red	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 11 - 25
472518571		Rahu 5:40PM – 7:33PM	Bava Until 11:49PM	Nataraja: Blue		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 10:47AM	Moon – Orange		Devaloka Day
				Ashada*Ani		

4 Monday, July 7, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Monroe, NJ
		Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26
Vrischika Rasi: 12.15	Tithi 12 – 13	Gulika 1:55PM – 3:47PM	Anuradha Until 2:42PM	Ganesha: Purple	<i>Sunrise:</i> 4:32AM	Visvvasu 5127
Family Home Evening		Yama 10:10AM – 12:02PM	Subha Until 11:33AM	Muruga: Red	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 11 - 26
472518571		Rahu 6:25AM – 8:17AM	Kaulava Until 1:31AM Tue	Nataraja: Blue		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 12:42PM	Moon – Orange		Devaloka Day
				Ashada*Ani		
				<i>Pradosha Vrata</i>		

5 Tuesday, July 8, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Monroe, NJ
		Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27
Vrischika Rasi: 24.28	Tithi 13 – 14	Gulika 12:02PM – 1:55PM	Jyeshtha* Until 4:36PM	Ganesha: Purple	<i>Sunrise:</i> 4:33AM	Visvvasu 5127
		Yama 8:18AM – 10:10AM	Sukla Until 11:47AM	Muruga: Red	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 11 - 27
472518571		Rahu 3:47PM – 5:40PM	Gara Until 2:45AM Wed	Nataraja: Blue		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 2:10PM	Moon – Orange		Devaloka Day
Until 4:36PM				Ashada*Ani		
Then Creative Work - Amrita Yoga						

○ Wednesday, July 9, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Monroe, NJ
Copper Retreat Star		Mula* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 28
Dhanus Rasi: 6.52	Tithi 14 – 15	Gulika 10:10AM – 12:03PM	Mula* Until 6:21PM	Ganesha: Clear	<i>Sunrise:</i> 4:33AM	Visvvasu 5127
		Yama 6:26AM – 8:18AM	Brahma Until 11:39AM	Muruga: Red	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 11 - Purnima
482518571		Rahu 12:03PM – 1:55PM	Visti Until 3:29AM Thu	Nataraja: Blue		
Routine Work	Marana Yoga		Chaturdashi* Until 3:09PM	Moon – Light Blue		Sivaloka Day
Until 6:21PM				Ashada*Ani		
Then Creative Work - Amrita Yoga						

Thursday, July 10, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam				Monroe, NJ
Silver Retreat Star		Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 29
Dhanus Rasi: 19.29	Tithi 15 – 16	Gulika 8:18AM – 10:11AM	Purvashadha* Until 7:28PM	Ganesha: White	<i>Sunrise:</i> 4:34AM	Visvvasu 5127
		Yama 4:34AM – 6:26AM	Indra Until 11:09AM	Muruga: Red	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 11 - Prathama
483518571		Rahu 1:55PM – 3:47PM	Balava Until 3:45AM Fri	Nataraja: Blue		
Creative Work	Siddha Yoga		Purnima* Until 3:40PM	Moon – Light Blue		Subha Sivaloka Day
Until 7:28PM				Ashada*Ani		
Then Routine Work - Marana Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Friday, July 11, 2025
Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Monroe, NJ
Sutra 89

Makara Rasi: 2.19 Tithi 16 – 17

483518571

Gulika 6:27AM – 8:19AM
Yama 3:47PM – 5:39PM
Rahu 10:11AM – 12:03PM

Uttarashadha Until 7:59PM
Vaidhriti* Until 10:15AM
Taitila Until 3:35AM Sat
Prathama* Until 3:42PM

Ganesha: White *Sunrise:* 4:35AM
Muruga: Red *Sunset:* 7:31PM
Nataraja: Blue
Moon – Light Blue
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

1

Saturday, July 12, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ
Sun 1 Sutra 90

Makara Rasi: 15.23 Tithi 17 – 18

493518571

Gulika 4:36AM – 6:27AM
Yama 1:55PM – 3:47PM
Rahu 8:19AM – 10:11AM

Shravana Until 8:24PM
Vishkambha* Until 9:02AM
Vanija Until 3:01AM Sun
Dvitiya Until 3:19PM

Ganesha: Yellow *Sunrise:* 4:36AM
Muruga: Red *Sunset:* 7:30PM
Nataraja: Blue
Moon – Purple
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Sunday, July 13, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ
Sun 2 Sutra 91

Makara Rasi: 28.39 Tithi 18 – 19

493518571

Gulika 3:46PM – 5:38PM
Yama 12:03PM – 1:55PM
Rahu 5:38PM – 7:30PM

Dhanishtha Until 8:19PM
Priti Until 7:32AM
Bava Until 2:06AM Mon
Tritiya Until 2:35PM

Ganesha: Yellow *Sunrise:* 4:36AM
Muruga: Red *Sunset:* 7:30PM
Nataraja: Blue
Moon – Purple
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 2nd Phase

Routine Work Marana Yoga
Until 8:19PM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Monday, July 14, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ
Sun 3 Sutra 92

Kumbha Rasi: 12.06 Tithi 19 – 20

493518571

Gulika 1:55PM – 3:46PM
Yama 10:12AM – 12:03PM
Rahu 6:29AM – 8:20AM

Shatabhishak Until 7:47PM
Saubhagya Until 3:41AM Tue
Kaulava Until 12:53AM Tue
Chaturthi* Until 1:31PM

Ganesha: Yellow *Sunrise:* 4:37AM
Muruga: Red *Sunset:* 7:29PM
Nataraja: Blue
Moon – Purple
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 3rd Phase

Family Home Evening
Creative Work Siddha Yoga
Until 7:47PM
Then Routine Work - Marana Yoga

Sivaloka Day

4

Tuesday, July 15, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproskthapada* Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ
Sun 4 Sutra 93

Kumbha Rasi: 25.44 Tithi 20 – 21

413618571

Gulika 12:03PM – 1:55PM
Yama 8:21AM – 10:12AM
Rahu 3:46PM – 5:37PM

Purvaproskthapada* Until 7:15PM
Sobhana Until 1:26AM Wed
Gara Until 11:23PM
Panchami Until 12:09PM

Ganesha: Purple *Sunrise:* 4:38AM
Muruga: Red *Sunset:* 7:29PM
Nataraja: Blue
Moon – Clear
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 4th Phase

Routine Work Marana Yoga
Until 7:15PM
Then Creative Work - Amrita Yoga

Devaloka Day

5

Wednesday, July 16, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproskthapada* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Monroe, NJ
Sun 5 Sutra 94

Meena Rasi: 9.31 Tithi 21 – 22

413618571

Gulika 10:12AM – 12:03PM
Yama 6:30AM – 8:21AM
Rahu 12:03PM – 1:55PM

Uttaraproskthapada Until 6:19PM
Athiganda* Until 10:56PM
Visti Until 9:38PM
Shashthi* Until 10:32AM

Ganesha: Purple *Sunrise:* 4:39AM
Muruga: Red *Sunset:* 7:28PM
Nataraja: Blue
Moon – Clear
Ashada*Adi

Visvvasu 5127
Moon 6 - Phase 12 - 5th Phase

Creative Work Siddha Yoga
Until 6:19PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Thursday, July 17, 2025
Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Monroe, NJ
Sun 6 Sutra 95

Meena Rasi: 23.28 Tithi 22 – 23

413618572

Gulika 8:21AM – 10:12AM
Yama 4:39AM – 6:30AM
Rahu 1:54PM – 3:45PM

Revati Until 4:59PM
Sukarma Until 8:16PM
Balava Until 7:38PM
Saptami Until 8:39AM

Ganesha: Purple *Sunrise:* 4:39AM
Muruga: Red *Sunset:* 7:27PM
Nataraja: Yellow
Moon – Clear
Ashada*Adi

Visvvasu 5127
Moon 6 - Phase 12 - 6th Phase

Creative Work Siddha Yoga
Until 4:59PM
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, July 18, 2025
Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Monroe, NJ
Sun 7 Sutra 96

Mesha Rasi: 7.34 Tithi 23 – 24

423618572

Gulika 6:31AM – 8:22AM
Yama 3:45PM – 5:36PM
Rahu 10:13AM – 12:04PM

Ashvini Until 3:43PM
Dhriti Until 5:26PM
Gara Until 4:13AM Sat
Ashtami* Until 6:32AM

Ganesha: Clear *Sunrise:* 4:40AM
Muruga: Red *Sunset:* 7:27PM
Nataraja: Yellow
Moon – White
Ashada*Adi

Visvvasu 5127
Moon 6 - Phase 12 - 7th Phase

Creative Work Amrita Yoga
Until 3:43PM
Then Creative Work - Siddha Yoga

Devaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 19, 2025				Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yukstayam		Monroe, NJ	
		Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Vanija/Vistli* Karana Dashamyam Titau						Sun 8 Sutra 97	
Mesha Rasi: 21.49	Tithi 25	Gulika	4:41AM – 6:32AM	Bharani Until 2:07PM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Visvvasu 5127		
		Yama	1:54PM – 3:45PM	Shula* Until 2:24PM	Muruga: Red	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13 - 8		
		423618572 Rahu	8:22AM – 10:13AM	Vanija Until 3:01PM	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga					Moon – White	Devaloka Day		
Until 2:07PM						Ashada*Adi			
Then Creative Work - Amrita Yoga									

2		Sunday, July 20, 2025				Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukstayam		Monroe, NJ	
		Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau						Sun 9 Sutra 98	
Vrishabha Rasi: 6.09	Tithi 26	Gulika	3:44PM – 5:35PM	Krittika Until 12:15PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Visvvasu 5127		
		Yama	12:04PM – 1:54PM	Ganda* Until 11:18AM	Muruga: Red	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13 - 9		
		423618572 Rahu	5:35PM – 7:25PM	Bava Until 12:29PM	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga					Moon – White	Devaloka Day		
						Ashada*Adi			

3		Monday, July 21, 2025				Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam		Monroe, NJ	
		Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashtyam Titau						Sun 10 Sutra 99	
Vrishabha Rasi: 20.33	Tithi 27	Gulika	1:54PM – 3:44PM	Rohini Until 10:38AM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Visvvasu 5127		
Family Home Evening		Yama	10:13AM – 12:04PM	Vridhi Until 8:09AM	Muruga: Red	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13 - 10		
		433618572 Rahu	6:33AM – 8:23AM	Kaulava Until 9:55AM	Nataraja: Yellow		2nd Phase		
Creative Work	Amrita Yoga					Moon – Yellow	Bhuloka Day		
						Ashada*Adi			
						Devaloka Time: 3:PM to 6:PM			

4		Tuesday, July 22, 2025				Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam		Monroe, NJ	
		Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau						Sun 11 Sutra 100	
Mithuna Rasi: 4.55	Tithi 28	Gulika	12:04PM – 1:54PM	Mrigashira Until 8:55AM	Ganesha: White	<i>Sunrise:</i> 4:44AM	Visvvasu 5127		
		Yama	8:24AM – 10:14AM	Vyaghata* Until 2:03AM Wed	Muruga: Red	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 13 - 11		
		433618572 Rahu	3:44PM – 5:34PM	Gara Until 7:24AM	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga					Moon – Yellow	Bhuloka Day		
Until 8:55AM						Ashada*Adi			
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM			
						<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, July 23, 2025				Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukstayam		Monroe, NJ	
		Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau						Sun 12 Sutra 101	
Mithuna Rasi: 19.1	Tithi 29 – 30	Gulika	10:14AM – 12:04PM	Ardra Until 7:15AM	Ganesha: White	<i>Sunrise:</i> 4:45AM	Visvvasu 5127		
		Yama	6:34AM – 8:24AM	Harshana Until 11:20PM	Muruga: Red	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 13 - 12		
		433618572 Rahu	12:04PM – 1:54PM	Catuspada Until 3:02AM Thu	Nataraja: Yellow		2nd Phase		
Creative Work	Siddha Yoga					Moon – Yellow	Bhuloka Day		
						Ashada*Adi			
						Devaloka Time: 3:PM to 6:PM			

●		Thursday, July 24, 2025				Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yukstayam		Monroe, NJ	
Retreat Star		Punarvasu/Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau						Sun 13 Sutra 102	
Kataka Rasi: 3.12	Tithi 30 – 1	Gulika	8:25AM – 10:14AM	Punarvasu Until 6:12AM	Ganesha: Orange	<i>Sunrise:</i> 4:46AM	Visvvasu 5127		
		Yama	4:46AM – 6:35AM	Vajra* Until 8:55PM	Muruga: Red	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 13 - 13		
		444618572 Rahu	1:53PM – 3:43PM	Kintughna Until 1:27AM Fri	Nataraja: Yellow		Amavasya		
Creative Work	Amrita Yoga					Moon – Blue	Devaloka Day		
						Ashada*Adi			

Friday, July 25, 2025		Retreat Star				Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yukstayam		Monroe, NJ	
		Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau						Sun 14 Sutra 103	
Kataka Rasi: 16.58	Tithi 1 – 2	Gulika	6:36AM – 8:25AM	Ashlesha* Until 5:10AM Sat	Ganesha: Orange	<i>Sunrise:</i> 4:46AM	Visvvasu 5127		
		Yama	3:42PM – 5:32PM	Siddhi Until 6:58PM	Muruga: Red	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13 - 14		
		444618572 Rahu	10:14AM – 12:04PM	Balava Until 12:27AM Sat	Nataraja: Yellow		Prathama		
Routine Work	Marana Yoga					Moon – Blue	Devaloka Day		
Until 5:10AM Sat						Sravana*Adi			
Then Creative Work - Amrita Yoga									

1		Saturday, July 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata/Variyan Yoga Kaulava/Taitila Karana Dvitya/Tritiyayam Titau				Monroe, NJ
Simha Rasi: 0.22	Tithi 2 – 3	Gulika 4:47AM – 6:36AM	Magha* Until 5:51AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	Sun 15	Sutra 104	Visvvasu 5127
		Yama 1:53PM – 3:42PM	Vyatipata* Until 5:34PM	Muruga: Red	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 14 - 15		3rd Phase
		454618572 Rahu 8:26AM – 10:15AM	Taitila Until 12:06AM Sun	Nataraja: Yellow				
Creative Work	Amrita Yoga		Dvitiya Until 12:10PM	Moon – Red				Devaloka Day
Until 5:51AM Sun				Sravana*Adi				
Then Creative Work - Siddha Yoga								

2		Sunday, July 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Monroe, NJ
Simha Rasi: 13.24	Tithi 3 – 4	Gulika 3:42PM – 5:30PM	Purvaphalguni Until 7:05AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:48AM	Sun 16	Sutra 105	Visvvasu 5127
		Yama 12:04PM – 1:53PM	Variyan Until 4:42PM	Muruga: Red	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 14 - 16		3rd Phase
		454618572 Rahu 5:30PM – 7:19PM	Vanija Until 12:30AM Mon	Nataraja: Yellow				
Creative Work	Siddha Yoga		Tritiya Until 12:11PM	Moon – Red				Devaloka Day
				Sravana*Adi				

3		Monday, July 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Monroe, NJ
Simha Rasi: 26.05	Tithi 4 – 5	Gulika 1:52PM – 3:41PM	Purvaphalguni Until 7:05AM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM	Sun 17	Sutra 106	Visvvasu 5127
Family Home Evening		Yama 10:15AM – 12:04PM	Parigha* Until 4:24PM	Muruga: Red	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 14 - 17		3rd Phase
		454618572 Rahu 6:38AM – 8:26AM	Bava Until 1:35AM Tue	Nataraja: Yellow				
Creative Work	Siddha Yoga		Chaturthi* Until 12:56PM	Moon – Red				Devaloka Day
				Sravana*Adi				
		Nag Panchami						

4		Tuesday, July 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Monroe, NJ
Kanya Rasi: 8.28	Tithi 5 – 6	Gulika 12:04PM – 1:52PM	Uttaraphalguni Until 8:50AM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	Sun 18	Sutra 107	Visvvasu 5127
		Yama 8:27AM – 10:15AM	Shiva Until 4:38PM	Muruga: Red	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 14 - 18		3rd Phase
		454618572 Rahu 3:41PM – 5:29PM	Kaulava Until 3:17AM Wed	Nataraja: Yellow				
Creative Work	Amrita Yoga		Panchami Until 2:21PM	Moon – Red				Devaloka Day
Until 8:50AM				Sravana*Adi				
Then Creative Work - Siddha Yoga								

5		Wednesday, July 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Monroe, NJ
Kanya Rasi: 20.35	Tithi 6 – 7	Gulika 10:16AM – 12:04PM	Hasta Until 11:27AM	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Sun 19	Sutra 108	Visvvasu 5127
		Yama 6:39AM – 8:27AM	Siddha Until 5:14PM	Muruga: Red	<i>Sunset:</i> 7:16PM	Moon 6 - Phase 14 - 19		3rd Phase
		464618572 Rahu 12:04PM – 1:52PM	Gara Until 5:26AM Thu	Nataraja: Yellow				
Routine Work	Marana Yoga		Shashthi* Until 4:18PM	Moon – Green				Sivaloka Day
Until 11:27AM				Sravana*Adi				
Then Creative Work - Siddha Yoga								

6		Thursday, July 31, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Vanija Karana Saptamyam Titau				Monroe, NJ
Tula Rasi: 2.33	Tithi 7	Gulika 8:28AM – 10:16AM	Chitra Until 2:16PM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Sun 20	Sutra 109	Visvvasu 5127
		Yama 4:52AM – 6:40AM	Sadhya Until 6:06PM	Muruga: Red	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 14 - 20		3rd Phase
		464618572 Rahu 1:52PM – 3:39PM	Vanija Until 6:34PM	Nataraja: Yellow				
Creative Work	Siddha Yoga		Saptami Until 6:34PM	Moon – Green				Sivaloka Day
Until 2:16PM				Sravana*Adi				
Then Creative Work - Amrita Yoga								

☾		Friday, August 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Monroe, NJ
Retreat Star		Gulika 6:41AM – 8:28AM	Svati Until 5:03PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Sun 21	Sutra 110	Visvvasu 5127
Tula Rasi: 14.26	Tithi 8	Yama 3:39PM – 5:26PM	Subha Until 7:03PM	Muruga: Red	<i>Sunset:</i> 7:14PM	Moon 6 - Phase 14 - 21		Ashtami
		464618572 Rahu 10:16AM – 12:04PM	Visti Until 7:47AM	Nataraja: Yellow				
Creative Work	Siddha Yoga		Ashtami* Until 8:57PM	Moon – Green				Sivaloka Day
				Sravana*Adi				

☽		Saturday, August 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Monroe, NJ
Retreat Star		Gulika 4:54AM – 6:41AM	Vishakha Until 8:05PM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Sun 22	Sutra 111	Visvvasu 5127
Tula Rasi: 26.19	Tithi 9	Yama 1:51PM – 3:38PM	Sukla Until 7:54PM	Muruga: Blue	<i>Sunset:</i> 7:13PM	Moon 6 - Phase 14 - 22		Navami
		474628572 Rahu 8:29AM – 10:16AM	Balava Until 10:08AM	Nataraja: Yellow				
Creative Work	Siddha Yoga		Navami* Until 11:13PM	Moon – Orange				Sivaloka Day
				Sravana*Adi				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Sunday, August 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Monroe, NJ Sun 23 Sutra 112
	Vrischika Rasi: 8.16	Tithi 10	Gulika Yama	3:38PM – 5:25PM 12:03PM – 1:51PM	Anuradha Until 10:41PM Brahma Until 8:33PM	Ganesha: Clear Muruga: Blue Nataraja: Yellow Moon – Orange	Sunrise: 4:55AM Sunset: 7:12PM Moon 6 - Phase 15 - 23 4th Phase
	474628572	Rahu	5:25PM – 7:12PM	Dashami Until 1:11AM Mon		Sivaloka Day	
	Routine Work Marana Yoga						

2	Monday, August 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 113
	Vrischika Rasi: 20.22	Tithi 11	Gulika Yama	1:50PM – 3:37PM 10:16AM – 12:03PM	Jyeshtha* Until 12:41AM Tue Indra Until 8:53PM	Ganesha: Clear Muruga: Blue Nataraja: Yellow Moon – Orange	Sunrise: 4:56AM Sunset: 7:11PM Moon 6 - Phase 15 - 24 4th Phase
	474628572	Rahu	6:43AM – 8:30AM	Ekadashi Until 2:41AM Tue		Sivaloka Day	
	Family Home Evening Creative Work Siddha Yoga Until 12:41AM Tue Then Creative Work - Amrita Yoga						

3	Tuesday, August 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvodashyam Titau				Monroe, NJ Sun 25 Sutra 114
	Dhanus Rasi: 2.38	Tithi 12	Gulika Yama	12:03PM – 1:50PM 8:30AM – 10:17AM	Mula* Until 2:29AM Wed Vaidhriti* Until 8:46PM	Ganesha: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 4:57AM Sunset: 7:10PM Moon 6 - Phase 15 - 25 4th Phase
	485628572	Rahu	3:36PM – 5:23PM	Dvodashi Until 3:39AM Wed		Sivaloka Day	
	Creative Work Amrita Yoga						

4	Wednesday, August 6, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 115
	Dhanus Rasi: 15.1	Tithi 13	Gulika Yama	10:17AM – 12:03PM 6:44AM – 8:30AM	Purvashadha* Until 3:32AM Thu Vishkambha* Until 8:12PM	Ganesha: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 4:58AM Sunset: 7:08PM Moon 6 - Phase 15 - 26 4th Phase
	485628572	Rahu	12:03PM – 1:49PM	Trayodashi Until 4:00AM Thu <i>Pradosha Vrata</i>		Sivaloka Day	
	Creative Work Amrita Yoga Until 3:32AM Thu Then Routine Work - Marana Yoga						

5	Thursday, August 7, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 116
	Dhanus Rasi: 27.59	Tithi 14	Gulika Yama	8:31AM – 10:17AM 4:59AM – 6:45AM	Uttarashadha Until 3:51AM Fri Priti Until 7:11PM	Ganesha: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 4:59AM Sunset: 7:07PM Moon 6 - Phase 15 - 27 4th Phase
	485628572	Rahu	1:49PM – 3:35PM	Chaturdashi* Until 3:46AM Fri		Sivaloka Day	
	Routine Work Marana Yoga						

	Friday, August 8, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Monroe, NJ Sutra 117		
	Copper Retreat Star		Makara Rasi: 11.05	Tithi 15	Gulika Yama	6:46AM – 8:31AM 3:34PM – 5:20PM	Shravana Until 3:57AM Sat Ayushman Until 5:41PM	Ganesha: Blue Muruga: Blue Nataraja: Yellow Moon – Purple	Sunrise: 5:00AM Sunset: 7:06PM Moon 6 - Phase 15 - Purnima
	495628572	Rahu	10:17AM – 12:03PM	Purnima* Until 2:59AM Sat		Devaloka Day			
	Routine Work Marana Yoga Until 3:57AM Sat Then Creative Work - Siddha Yoga		Varalakshmi Vratam						

6	Saturday, August 9, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ Sutra 118		
	Silver Retreat Star		Makara Rasi: 24.29	Tithi 16	Gulika Yama	5:01AM – 6:46AM 1:48PM – 3:34PM	Dhanishtha Until 3:25AM Sun Saubhagya Until 3:47PM	Ganesha: Yellow Muruga: Blue Nataraja: Yellow Moon – Purple	Sunrise: 5:01AM Sunset: 7:05PM Moon 6 - Phase 15 - Prathama
	495728572	Rahu	8:32AM – 10:17AM	Prathama* Until 1:44AM Sun		Sivaloka Day			
	Creative Work Siddha Yoga								

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 11/19/23

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Sunday, August 10, 2025
Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Monroe, NJ
Sutra 119

Kumbha Rasi: 8.08 Tithi 17

495728572

Gulika 3:33PM – 5:18PM
Yama 12:03PM – 1:48PM
Rahu 5:18PM – 7:03PM

Shatabhishak Until 2:22AM Mon
Sobhana Until 1:34PM
Taitila Until 12:58PM
Dvitiya Until 12:06AM Mon

Ganesha: Yellow *Sunrise: 5:02AM*
Muruga: Blue *Sunset: 7:03PM*
Nataraja: Yellow
Moon – Purple

Visvvasu 5127
Moon 7 - Phase 16 -
1st Phase

Creative Work Siddha Yoga
Until 2:22AM Mon
Then Routine Work - Marana Yoga

Sivaloka Day

1

Monday, August 11, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Monroe, NJ
Sutra 120

Kumbha Rasi: 22.01 Tithi 18

415728572

Gulika 1:47PM – 3:32PM
Yama 10:18AM – 12:02PM
Rahu 6:48AM – 8:33AM

Purvaproshtapada* Until 1:21AM Tue
Athiganda* Until 11:03AM
Vanija Until 11:11AM
Tritiya Until 10:11PM

Ganesha: Clear *Sunrise: 5:03AM*
Muruga: Blue *Sunset: 7:02PM*
Nataraja: Yellow
Moon – Clear

Sun 1
Visvvasu 5127
Moon 7 - Phase 16 - 1
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 1:21AM Tue
Then Creative Work - Amrita Yoga

Sivaloka Day

2

Tuesday, August 12, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Monroe, NJ
Sutra 121

Meena Rasi: 6.03 Tithi 19

415728572

Gulika 12:02PM – 1:47PM
Yama 8:33AM – 10:18AM
Rahu 3:31PM – 5:16PM

Uttaraproshtapada Until 12:00AM Wed
Sukarma Until 8:21AM
Bava Until 9:10AM
Chaturthi* Until 8:04PM

Ganesha: Clear *Sunrise: 5:04AM*
Muruga: Blue *Sunset: 7:01PM*
Nataraja: Yellow
Moon – Clear

Sun 2
Visvvasu 5127
Moon 7 - Phase 16 - 2
1st Phase

Creative Work Amrita Yoga
Until 12:00AM Wed
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Wednesday, August 13, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ
Sutra 122

Meena Rasi: 20.12 Tithi 20 – 21

415728572

Gulika 10:18AM – 12:02PM
Yama 6:49AM – 8:33AM
Rahu 12:02PM – 1:46PM

Revati Until 10:24PM
Shula* Until 2:38AM Thu
Kaulava Until 6:59AM
Panchami Until 5:51PM

Ganesha: Clear *Sunrise: 5:05AM*
Muruga: Blue *Sunset: 6:59PM*
Nataraja: Yellow
Moon – Clear

Sun 3
Visvvasu 5127
Moon 7 - Phase 16 - 3
1st Phase

Routine Work Marana Yoga

Sivaloka Day

4

Thursday, August 14, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Monroe, NJ
Sutra 123

Mesha Rasi: 4.25 Tithi 21 – 22

425728572

Gulika 8:34AM – 10:18AM
Yama 5:06AM – 6:50AM
Rahu 1:46PM – 3:30PM

Ashvini Until 9:03PM
Ganda* Until 11:43PM
Visti Until 2:27AM Fri
Shashthi* Until 3:35PM

Ganesha: Purple *Sunrise: 5:06AM*
Muruga: Blue *Sunset: 6:58PM*
Nataraja: Yellow
Moon – White

Sun 4
Visvvasu 5127
Moon 7 - Phase 16 - 4
1st Phase

Creative Work Amrita Yoga
Until 9:03PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

5

Friday, August 15, 2025
Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vriddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Monroe, NJ
Sutra 124

Mesha Rasi: 18.38 Tithi 22 – 23

426728572

Gulika 6:51AM – 8:34AM
Yama 3:29PM – 5:13PM
Rahu 10:18AM – 12:02PM

Bharani Until 7:34PM
Vriddhi Until 8:50PM
Balava Until 12:12AM Sat
Saptami Until 1:18PM

Ganesha: Clear *Sunrise: 5:07AM*
Muruga: Blue *Sunset: 6:57PM*
Nataraja: Yellow
Moon – White

Sun 5
Visvvasu 5127
Moon 7 - Phase 16 - 5
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Krishna Janmashtami

Saturday, August 16, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Monroe, NJ
Sutra 125

Vrishabha Rasi: 2.49 Tithi 23 – 24

426728572

Gulika 5:08AM – 6:51AM
Yama 1:45PM – 3:28PM
Rahu 8:35AM – 10:18AM

Krittika Until 6:00PM
Dhruva Until 5:58PM
Taitila Until 10:01PM
Ashtami* Until 11:05AM

Ganesha: Clear *Sunrise: 5:08AM*
Muruga: Blue *Sunset: 6:55PM*
Nataraja: Yellow
Moon – White

Sun 6
Visvvasu 5127
Moon 7 - Phase 16 - 6
Navami

Creative Work Amrita Yoga

Sivaloka Day

Sravana-Avani

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Monroe, NJ on 11/19/23

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1		Sunday, August 17, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Monroe, NJ Sun 7 Sutra 126	
Wishabha Rasi: 16.58	Tithi 24 - 25	Gulika 3:27PM - 5:11PM	Rohini Until 4:49PM	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	Visvvasu 5127	
		Yama 12:01PM - 1:44PM	Vyaghata* Until 3:11PM	Muruga: Blue	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 17 - 7	2nd Phase
536728572	Rahu 5:11PM - 6:54PM		Vanija Until 7:56PM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Navami* Until 8:57AM	Moon - Yellow			Sivaloka Day
				Sravana-Avani			

2		Monday, August 18, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 8 Sutra 127	
Mithuna Rasi: 1.02	Tithi 25 - 26	Gulika 1:44PM - 3:27PM	Mrigashira Until 3:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	Visvvasu 5127	
Family Home Evening		Yama 10:18AM - 12:01PM	Harshana Until 12:32PM	Muruga: Blue	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 17 - 8	2nd Phase
536728572	Rahu 6:53AM - 8:35AM		Bava Until 6:01PM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Dashami Until 6:56AM	Moon - Yellow			Sivaloka Day
Until 3:38PM				Sravana-Avani			
Then Creative Work - Siddha Yoga							

3		Tuesday, August 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Monroe, NJ Sun 9 Sutra 128	
Mithuna Rasi: 14.59	Tithi 27	Gulika 12:01PM - 1:43PM	Ardra Until 2:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:11AM	Visvvasu 5127	
		Yama 8:36AM - 10:18AM	Vajra* Until 10:01AM	Muruga: Blue	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 17 - 9	2nd Phase
536728572	Rahu 3:26PM - 5:08PM		Kaulava Until 4:18PM	Nataraja: Yellow			
Routine Work	Marana Yoga		Dvadashi* Until 3:31AM Wed	Moon - Yellow			Sivaloka Day
Until 2:31PM				Sravana-Avani			
Then Creative Work - Siddha Yoga							

4		Wednesday, August 20, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau		Monroe, NJ Sun 10 Sutra 129	
Mithuna Rasi: 28.47	Tithi 28	Gulika 10:18AM - 12:01PM	Punarvasu Until 1:58PM	Ganesha: Purple	<i>Sunrise:</i> 5:12AM	Visvvasu 5127	
		Yama 6:54AM - 8:36AM	Siddhi Until 7:44AM	Muruga: Blue	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 17 - 10	2nd Phase
546728572	Rahu 12:01PM - 1:43PM		Gara Until 2:52PM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Trayodashi* Until 2:15AM Thu	Moon - Blue			Devaloka Day
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

5		Thursday, August 21, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Monroe, NJ Sun 11 Sutra 130	
Kataka Rasi: 12.23	Tithi 29	Gulika 8:37AM - 10:18AM	Pushya Until 1:37PM	Ganesha: Purple	<i>Sunrise:</i> 5:13AM	Visvvasu 5127	
		Yama 5:13AM - 6:55AM	Variyan Until 4:02AM Fri	Muruga: Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 17 - 11	2nd Phase
546728572	Rahu 1:42PM - 3:24PM		Visti Until 1:48PM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Chaturdashi* Until 1:25AM Fri	Moon - Blue			Devaloka Day
Until 1:37PM				Sravana-Avani			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, August 22, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Monroe, NJ Sun 12 Sutra 131	
Kataka Rasi: 25.44	Tithi 30	Gulika 6:55AM - 8:37AM	Ashlesha* Until 1:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:14AM	Visvvasu 5127	
		Yama 3:23PM - 5:05PM	Parigha* Until 2:46AM Sat	Muruga: Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 17 - 12	Amavasya
547728572	Rahu 10:19AM - 12:00PM		Catuspada Until 1:11PM	Nataraja: Yellow			
Routine Work	Marana Yoga		Amavasya* Until 1:03AM Sat	Moon - Blue			Devaloka Day
				Sravana-Avani			

Retreat Star		Saturday, August 23, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau		Monroe, NJ Sun 13 Sutra 132	
Simha Rasi: 8.5	Tithi 1	Gulika 5:15AM - 6:56AM	Magha* Until 2:21PM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	Visvvasu 5127	
		Yama 1:41PM - 3:22PM	Shiva Until 1:57AM Sun	Muruga: Blue	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 17 - 13	Prathama
557728572	Rahu 8:37AM - 10:19AM		Kintughna Until 1:06PM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Prathama* Until 1:16AM Sun	Moon - Red			Devaloka Day
Until 2:21PM				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Sunday, August 24, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Monroe, NJ Sun 14 Sutra 133 Visvvasu 5127
Simha Rasi: 21.38	Tithi 2	Gulika 3:21PM – 5:02PM	Purvaphalguni Until 3:33PM	Ganesha: Purple <i>Sunrise: 5:16AM</i>	Muruga: Blue <i>Sunset: 6:43PM</i>	Moon 7 - Phase 18 - 14 3rd Phase
		Yama 12:00PM – 1:40PM	Siddha Until 1:34AM Mon	Nataraja: Yellow		
		557728572 Rahu 5:02PM – 6:43PM	Balava Until 1:37PM	Moon – Red		
Creative Work	Siddha Yoga		Dvitiya Until 2:04AM Mon	Bhadrapada-Avani		Devaloka Day
Until 3:33PM						
Then Creative Work - Amrita Yoga						

2 Monday, August 25, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau				Monroe, NJ Sun 15 Sutra 134 Visvvasu 5127
Kanya Rasi: 4.1	Tithi 3	Gulika 1:40PM – 3:21PM	Uttaraphalguni Until 5:10PM	Ganesha: Purple <i>Sunrise: 5:17AM</i>	Muruga: Blue <i>Sunset: 6:42PM</i>	Moon 7 - Phase 18 - 15 3rd Phase
Family Home Evening		Yama 10:19AM – 11:59AM	Sadhya Until 1:39AM Tue	Nataraja: Yellow		
		557728572 Rahu 6:57AM – 8:38AM	Taitila Until 2:42PM	Moon – Red		
Creative Work	Siddha Yoga		Tritiya Until 3:27AM Tue	Bhadrapada-Avani		Devaloka Day

3 Tuesday, August 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha Yoga Vanija/Vishti* Karana Chaturthyam Titau				Monroe, NJ Sun 16 Sutra 135 Visvvasu 5127
Kanya Rasi: 16.27	Tithi 4	Gulika 11:59AM – 1:39PM	Hasta Until 7:37PM	Ganesha: Light Blue <i>Sunrise: 5:18AM</i>	Muruga: Blue <i>Sunset: 6:40PM</i>	Moon 7 - Phase 18 - 16 3rd Phase
		Yama 8:38AM – 10:19AM	Subha Until 2:08AM Wed	Nataraja: Yellow		
		567728572 Rahu 3:20PM – 5:00PM	Vanija Until 4:21PM	Moon – Green		
Creative Work	Siddha Yoga		Chaturthi* Until 5:19AM Wed	Bhadrapada-Avani		Devaloka Day
		Ganesha Chaturthi				

4 Wednesday, August 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Bava Karana Panchamyam Titau				Monroe, NJ Sun 17 Sutra 136 Visvvasu 5127
Kanya Rasi: 28.32	Tithi 5	Gulika 10:19AM – 11:59AM	Chitra Until 10:17PM	Ganesha: Light Blue <i>Sunrise: 5:19AM</i>	Muruga: Blue <i>Sunset: 6:39PM</i>	Moon 7 - Phase 18 - 17 3rd Phase
		Yama 6:59AM – 8:39AM	Sukla Until 2:51AM Thu	Nataraja: White		
		567728573 Rahu 11:59AM – 1:39PM	Bava Until 6:24PM	Moon – Green		
Creative Work	Siddha Yoga		Panchami Until 7:32AM Thu	Bhadrapada-Avani		Sivaloka Day

5 Thursday, August 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Monroe, NJ Sun 18 Sutra 137 Visvvasu 5127
Tula Rasi: 10.29	Tithi 5 – 6	Gulika 8:39AM – 10:19AM	Svati Until 1:01AM Fri	Ganesha: Light Blue <i>Sunrise: 5:20AM</i>	Muruga: Blue <i>Sunset: 6:37PM</i>	Moon 7 - Phase 18 - 18 3rd Phase
		Yama 5:20AM – 6:59AM	Brahma Until 3:45AM Fri	Nataraja: White		
		567728573 Rahu 1:38PM – 3:18PM	Kaulava Until 8:44PM	Moon – Green		
Creative Work	Amrita Yoga		Panchami Until 7:32AM	Bhadrapada-Avani		Sivaloka Day
Until 1:01AM Fri						
Then Creative Work - Siddha Yoga						

6 Friday, August 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Monroe, NJ Sun 19 Sutra 138 Visvvasu 5127
Tula Rasi: 22.22	Tithi 6 – 7	Gulika 7:00AM – 8:39AM	Vishakha Until 4:08AM Sat	Ganesha: Clear <i>Sunrise: 5:21AM</i>	Muruga: Blue <i>Sunset: 6:35PM</i>	Moon 7 - Phase 18 - 19 3rd Phase
		Yama 3:17PM – 4:56PM	Indra Until 4:41AM Sat	Nataraja: White		
		578728573 Rahu 10:19AM – 11:58AM	Gara Until 11:09PM	Moon – Orange		
Creative Work	Siddha Yoga		Shashthi* Until 9:55AM	Bhadrapada-Avani		Subha Sivaloka Day

☾ Saturday, August 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Monroe, NJ Sun 20 Sutra 139 Visvvasu 5127
Retreat Star		Gulika 5:22AM – 7:01AM	Anuradha Until 6:55AM Sun	Ganesha: Clear <i>Sunrise: 5:22AM</i>	Muruga: Blue <i>Sunset: 6:34PM</i>	Moon 7 - Phase 18 - 20 Ashtami
Vrischika Rasi: 4.14	Tithi 7 – 8	Yama 1:37PM – 3:16PM	Vaidhriti* Until 5:27AM Sun	Nataraja: White		
		578728573 Rahu 8:40AM – 10:19AM	Vishti Until 1:25AM Sun	Moon – Orange		
Creative Work	Siddha Yoga		Saptami Until 12:17PM	Bhadrapada-Avani		Subha Sivaloka Day
Until 6:55AM Sun						
Then Routine Work - Marana Yoga						

☀ Sunday, August 31, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ Sun 21 Sutra 140 Visvvasu 5127
Retreat Star		Gulika 3:15PM – 4:54PM	Anuradha Until 6:55AM	Ganesha: Clear <i>Sunrise: 5:23AM</i>	Muruga: Blue <i>Sunset: 6:32PM</i>	Moon 7 - Phase 18 - 21 Navami
Vrischika Rasi: 16.11	Tithi 8 – 9	Yama 11:58AM – 1:36PM	Vishkambha* Until 5:58AM Mon	Nataraja: White		
		578728573 Rahu 4:54PM – 6:32PM	Balava Until 3:23AM Mon	Moon – Orange		
Routine Work	Marana Yoga		Ashtami* Until 2:26PM	Bhadrapada-Avani		Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 11/19/23

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1	Monday, September 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Mula* Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ
	Vrischika Rasi: 28.17	Tithi 9 – 10	Gulika 1:36PM – 3:14PM	Jyeshtha* Until 9:12AM	Ganesha: Clear	Sunrise: 5:24AM	Sun 22 Sutra 141
	Family Home Evening	578728573	Yama 10:19AM – 11:57AM	Priti Until 6:07AM Tue	Muruga: Blue	Sunset: 6:31PM	Visvvasu 5127
	Creative Work	Siddha Yoga	Rahu 7:02AM – 8:41AM	Taitila Until 4:52AM Tue	Nataraja: White		Moon 7 - Phase 19 - 22 4th Phase
			Navami* Until 4:10PM	Moon – Orange		Subha Sivaloka Day	
				Bhadrapada*Avani			


2	Tuesday, September 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ
	Dhanus Rasi: 10.34	Tithi 10 – 11	Gulika 11:57AM – 1:35PM	Mula* Until 11:18AM	Ganesha: White	Sunrise: 5:25AM	Sun 23 Sutra 142
		588728573	Yama 8:41AM – 10:19AM	Priti Until 6:07AM	Muruga: Blue	Sunset: 6:29PM	Visvvasu 5127
	Creative Work	Amrita Yoga	Rahu 3:13PM – 4:51PM	Vanija Until 5:43AM Wed	Nataraja: White		Moon 7 - Phase 19 - 23 4th Phase
			Dashami Until 5:21PM	Moon – Light Blue		Sivaloka Day	
				Bhadrapada*Avani			

3	Wednesday, September 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ
	Dhanus Rasi: 23.08	Tithi 11 – 12	Gulika 10:19AM – 11:57AM	Purvashadha* Until 12:37PM	Ganesha: Green	Sunrise: 5:26AM	Sun 24 Sutra 143
		588828573	Yama 7:03AM – 8:41AM	Saubhagya Until 4:52AM Thu	Muruga: Blue	Sunset: 6:27PM	Visvvasu 5127
	Creative Work	Amrita Yoga	Rahu 11:57AM – 1:34PM	Bava Until 5:53AM Thu	Nataraja: White		Moon 7 - Phase 19 - 24 4th Phase
			Ekadashi Until 5:52PM	Moon – Light Blue		Sivaloka Day	
				Bhadrapada*Avani			

4	Thursday, September 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ
	Makara Rasi: 6.02	Tithi 12 – 13	Gulika 8:42AM – 10:19AM	Uttarashadha Until 1:06PM	Ganesha: White	Sunrise: 5:27AM	Sun 25 Sutra 144
		589828573	Yama 5:27AM – 7:04AM	Sobhana Until 3:25AM Fri	Muruga: Blue	Sunset: 6:26PM	Visvvasu 5127
	Routine Work	Marana Yoga	Rahu 1:34PM – 3:11PM	Kaulava Until 5:20AM Fri	Nataraja: White		Moon 7 - Phase 19 - 25 4th Phase
			Dvadashi Until 5:40PM	Moon – Light Blue		Sivaloka Day	
				Bhadrapada*Avani			
				<i>Pradosha Vrata</i>			

5	Friday, September 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ
	Makara Rasi: 19.17	Tithi 13 – 14	Gulika 7:05AM – 8:42AM	Shravana Until 1:11PM	Ganesha: Yellow	Sunrise: 5:28AM	Sun 26 Sutra 145
		599828573	Yama 3:10PM – 4:47PM	Athiganda* Until 1:24AM Sat	Muruga: Blue	Sunset: 6:24PM	Visvvasu 5127
	Routine Work	Marana Yoga	Rahu 10:19AM – 11:56AM	Gara Until 4:07AM Sat	Nataraja: White		Moon 7 - Phase 19 - 26 4th Phase
			Trayodashi Until 4:47PM	Moon – Purple		Subha Sivaloka Day	
			Chidambaram Abhishekam	Bhadrapada*Avani			

6	Saturday, September 6, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ
	Kumbha Rasi: 2.55	Tithi 14 – 15	Gulika 5:29AM – 7:05AM	Dhanishtha Until 12:29PM	Ganesha: Yellow	Sunrise: 5:29AM	Sun 27 Sutra 146
		599828573	Yama 1:32PM – 3:09PM	Sukarma Until 10:55PM	Muruga: Blue	Sunset: 6:22PM	Visvvasu 5127
	Creative Work	Siddha Yoga	Rahu 8:42AM – 10:19AM	Visti Until 2:18AM Sun	Nataraja: White		Moon 7 - Phase 19 - 27 4th Phase
			Chaturdashi* Until 3:15PM	Moon – Purple		Subha Sivaloka Day	
				Bhadrapada*Avani			

	Sunday, September 7, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak*/Purvaprosarthapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Monroe, NJ
	Kumbha Rasi: 16.53	Tithi 15 – 16	Gulika 3:08PM – 4:44PM	Shatabhishak Until 11:06AM	Ganesha: Yellow	Sunrise: 5:30AM	Sun 28 Sutra 147
		599828573	Yama 11:55AM – 1:32PM	Dhriti Until 8:03PM	Muruga: Blue	Sunset: 6:21PM	Visvvasu 5127
	Creative Work	Siddha Yoga	Rahu 4:44PM – 6:21PM	Balava Until 12:02AM Mon	Nataraja: White		Moon 7 - Phase 19 - Purnima
			Purnima* Until 1:12PM	Moon – Purple		Subha Sivaloka Day	
			Grandparent's Day	Bhadrapada*Avani			

○	Monday, September 8, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Monroe, NJ
	Meena Rasi: 1.1	Tithi 16 – 17	Gulika 1:31PM – 3:07PM	Purvaprosarthapada* Until 9:34AM	Ganesha: Yellow	Sunrise: 5:31AM	Sun 29 Sutra 148
	Family Home Evening	519828573	Yama 10:19AM – 11:55AM	Shula* Until 4:51PM	Muruga: Blue	Sunset: 6:19PM	Visvvasu 5127
	Routine Work	Marana Yoga	Rahu 7:07AM – 8:43AM	Taitila Until 9:25PM	Nataraja: White		Moon 7 - Phase 19 - Prathama
			Prathama* Until 10:45AM	Moon – Clear		Subha Sivaloka Day	
				Bhadrapada*Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Tuesday, September 9, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Monroe, NJ

Sun 1 Sutra 149

Visvvasu 5127

Meena Rasi: 15.4 Tithi 17 - 18

519828573

Gulika

11:55AM - 1:30PM

Uttaraproshtapada Until 7:38AM

Ganesha: Yellow

Sunrise: 5:32AM

Yama

8:43AM - 10:19AM

Ganda* Until 1:28PM

Muruga: Blue

Sunset: 6:17PM

Moon 8 - Phase 20 - 1

Rahu

3:06PM - 4:42PM

Vanija Until 6:36PM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Dvitiya Until 8:00AM

Moon - Clear

Subha Sivaloka Day

Bhadrapada-Avani

Until 7:38AM

Then Creative Work - Siddha Yoga

1

Wednesday, September 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Chaturtham Titau

Monroe, NJ

Sun 2 Sutra 150

Visvvasu 5127

Mesha Rasi: 0.16 Tithi 19

529828573

Gulika

10:19AM - 11:54AM

Ashvini Until 3:26AM Thu

Ganesha: White

Sunrise: 5:33AM

Yama

7:08AM - 8:43AM

Vridhi Until 10:01AM

Muruga: Blue

Sunset: 6:16PM

Moon 8 - Phase 20 - 2

Rahu

11:54AM - 1:30PM

Bava Until 3:42PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 2:15AM Thu

Moon - White

Sivaloka Day

Bhadrapada-Avani

Until 3:26AM Thu

Then Creative Work - Siddha Yoga

2

Thursday, September 11, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Monroe, NJ

Sun 3 Sutra 151

Visvvasu 5127

Mesha Rasi: 14.53 Tithi 20

529828573

Gulika

8:44AM - 10:19AM

Bharani Until 1:26AM Fri

Ganesha: White

Sunrise: 5:34AM

Yama

5:34AM - 7:09AM

Dhruva Until 6:32AM

Muruga: Blue

Sunset: 6:14PM

Moon 8 - Phase 20 - 3

Rahu

1:29PM - 3:04PM

Kaulava Until 12:51PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Panchami Until 11:27PM

Moon - White

Sivaloka Day

Bhadrapada-Avani

3

Friday, September 12, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Monroe, NJ

Sun 4 Sutra 152

Visvvasu 5127

Mesha Rasi: 29.24 Tithi 21

521828573

Gulika

7:09AM - 8:44AM

Krittika Until 11:31PM

Ganesha: Blue

Sunrise: 5:35AM

Yama

3:03PM - 4:38PM

Harshana Until 12:01AM Sat

Muruga: Blue

Sunset: 6:12PM

Moon 8 - Phase 20 - 4

Rahu

10:19AM - 11:53AM

Gara Until 10:09AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 8:52PM

Moon - White

Sivaloka Day

Bhadrapada-Avani

Until 11:31PM

Then Routine Work - Marana Yoga

4

Saturday, September 13, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Monroe, NJ

Sun 5 Sutra 153

Visvvasu 5127

Shrabha Rasi: 13.46 Tithi 22

531828573

Gulika

5:36AM - 7:10AM

Rohini Until 10:10PM

Ganesha: Red

Sunrise: 5:36AM

Yama

1:27PM - 3:02PM

Vajra* Until 9:04PM

Muruga: Blue

Sunset: 6:11PM

Moon 8 - Phase 20 - 5

Rahu

8:44AM - 10:19AM

Visti Until 7:42AM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Saptami Until 6:34PM

Moon - Yellow

Subha Sivaloka Day

Bhadrapada-Avani

Until 10:10PM

Then Creative Work - Siddha Yoga

5

Sunday, September 14, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Monroe, NJ

Sun 6 Sutra 154

Visvvasu 5127

Shrabha Rasi: 27.55 Tithi 23 - 24

531828573

Gulika

3:01PM - 4:35PM

Mrigashira Until 9:01PM

Ganesha: Red

Sunrise: 5:37AM

Yama

11:53AM - 1:27PM

Siddhi Until 6:24PM

Muruga: Blue

Sunset: 6:09PM

Moon 8 - Phase 20 - 6

Rahu

4:35PM - 6:09PM

Taitila Until 3:48AM Mon

Nataraja: White

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 4:37PM

Moon - Yellow

Subha Sivaloka Day

Bhadrapada-Avani

Monday, September 15, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Monroe, NJ

Sun 7 Sutra 155

Visvvasu 5127

Mithuna Rasi: 11.5 Tithi 24 - 25

531828573

Gulika

1:26PM - 3:00PM

Ardra Until 8:08PM

Ganesha: Red

Sunrise: 5:38AM

Family Home Evening

Yama

10:19AM - 11:52AM

Vyatipata* Until 4:05PM

Muruga: Blue

Sunset: 6:07PM

Moon 8 - Phase 20 - 7

Creative Work Siddha Yoga

Navami* Until 3:03PM

Nataraja: White

Navami

Until 8:08PM

Moon - Yellow

Subha Sivaloka Day

Bhadrapada-Avani

Then Creative Work - Amrita Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Monroe, NJ on 11/19/23


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1	Tuesday, September 16, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Monroe, NJ
	Mithuna Rasi: 25.3	Tithi 25 – 26	Gulika 11:52AM – 1:25PM	Punarvasu Until 7:56PM	Ganesha: Green	<i>Sunrise:</i> 5:39AM	Sun 8 Sutra 156
			Yama 8:45AM – 10:19AM	Variyan Until 2:04PM	Muruga: Blue	<i>Sunset:</i> 6:05PM	Visvavasu 5127
	541828573	Rahu 2:59PM – 4:32PM	Bava Until 1:30AM Wed	Nataraja: White			Moon 8 - Phase 21 - 8
Creative Work	Siddha Yoga		Dashami Until 1:54PM	Moon – Blue		2nd Phase	
						Sivaloka Day	
						Bhadrapada•Puratasi	

2	Wednesday, September 17, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ
	Kataka Rasi: 8.55	Tithi 26 – 27	Gulika 10:19AM – 11:52AM	Pushya Until 8:02PM	Ganesha: Green	<i>Sunrise:</i> 5:40AM	Sun 9 Sutra 157
			Yama 7:13AM – 8:46AM	Parigha* Until 12:24PM	Muruga: Blue	<i>Sunset:</i> 6:04PM	Visvavasu 5127
	541828573	Rahu 11:52AM – 1:25PM	Kaulava Until 1:00AM Thu	Nataraja: White			Moon 8 - Phase 21 - 9
Creative Work	Siddha Yoga		Ekadashi* Until 1:11PM	Moon – Blue		2nd Phase	
						Sivaloka Day	
						Bhadrapada•Puratasi	

3	Thursday, September 18, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ
	Kataka Rasi: 22.06	Tithi 27 – 28	Gulika 8:46AM – 10:19AM	Ashlesha* Until 8:25PM	Ganesha: Green	<i>Sunrise:</i> 5:41AM	Sun 10 Sutra 158
			Yama 5:41AM – 7:13AM	Shiva Until 11:07AM	Muruga: Blue	<i>Sunset:</i> 6:02PM	Visvavasu 5127
	541828573	Rahu 1:24PM – 2:57PM	Gara Until 12:58AM Fri	Dvadashi* Until 12:54PM	Nataraja: White		Moon 8 - Phase 21 - 10
Creative Work	Siddha Yoga			Moon – Blue		2nd Phase	
Until 8:25PM						Sivaloka Day	
Then Creative Work - Amrita Yoga						Bhadrapada•Puratasi	
						<i>Pradosha Vrata (Fasting)</i>	

4	Friday, September 19, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ
	Simha Rasi: 5.03	Tithi 28 – 29	Gulika 7:14AM – 8:46AM	Magha* Until 9:34PM	Ganesha: White	<i>Sunrise:</i> 5:42AM	Sun 11 Sutra 159
			Yama 2:56PM – 4:28PM	Siddha Until 10:09AM	Muruga: Blue	<i>Sunset:</i> 6:00PM	Visvavasu 5127
	551828573	Rahu 10:19AM – 11:51AM	Visti Until 1:24AM Sat	Trayodashi* Until 1:06PM	Nataraja: White		Moon 8 - Phase 21 - 11
Routine Work	Marana Yoga			Moon – Red		2nd Phase	
Until 9:34PM						Sivaloka Day	
Then Creative Work - Siddha Yoga						Bhadrapada•Puratasi	

	Saturday, September 20, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ
	Retreat Star		Gulika 5:43AM – 7:15AM	Purvaphalguni Until 11:00PM	Ganesha: White	<i>Sunrise:</i> 5:43AM	Sun 12 Sutra 160
	Simha Rasi: 17.46	Tithi 29 – 30	Yama 1:23PM – 2:55PM	Sadhya Until 9:34AM	Muruga: Blue	<i>Sunset:</i> 5:59PM	Visvavasu 5127
	551828573	Rahu 8:47AM – 10:19AM	Catuspada Until 2:17AM Sun	Chaturdashi* Until 1:46PM	Nataraja: White		Moon 8 - Phase 21 - 12
Creative Work	Siddha Yoga			Moon – Red		Amavasya	
Until 11:00PM						Sivaloka Day	
Then Routine Work - Marana Yoga		Mahalaya Amavasai (Tamil Nadu)				Bhadrapada•Puratasi	

	Sunday, September 21, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Monroe, NJ
	Retreat Star		Gulika 2:54PM – 4:25PM	Uttaraphalguni Until 12:44AM Mon	Ganesha: White	<i>Sunrise:</i> 5:44AM	Sun 13 Sutra 161
	Kanya Rasi: 0.17	Tithi 30 – 1	Yama 11:50AM – 1:22PM	Subha Until 9:22AM	Muruga: Blue	<i>Sunset:</i> 5:57PM	Visvavasu 5127
	551828573	Rahu 4:25PM – 5:57PM	Kintughna Until 3:39AM Mon	Amavasya* Until 2:53PM	Nataraja: White		Moon 8 - Phase 21 - 13
Creative Work	Amrita Yoga			Moon – Red		Prathama	
Until 12:44AM Mon						Sivaloka Day	
Then Creative Work - Siddha Yoga		Navaratri Begins				Ashvina•Puratasi	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Monday, September 22, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasla Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Monroe, NJ Sun 14 Sutra 162
	Kanya Rasi: 12.35	Tithi 1 – 2	Gulika 1:21PM – 2:53PM	Hasta Until 3:11AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:45AM	Visvvasu 5127
	Family Home Evening	562828573	Yama 10:19AM – 11:50AM	Sukla Until 9:29AM	Muruga: Blue	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 22 - 14
	Creative Work Siddha Yoga		Rahu 7:16AM – 8:47AM	Balava Until 5:25AM Tue	Nataraja: White		3rd Phase
			Prathama* Until 4:28PM	Moon – Green		Subha Sivaloka Day	
				Ashvina+Puratasi			

2	Tuesday, September 23, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava Karana Dvityayam Titau				Monroe, NJ Sun 15 Sutra 163
	Kanya Rasi: 24.44	Tithi 2	Gulika 11:50AM – 1:21PM	Chitra Until 5:49AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:46AM	Visvvasu 5127
		562828573	Yama 8:48AM – 10:19AM	Brahma Until 9:54AM	Muruga: Blue	<i>Sunset:</i> 5:53PM	Moon 8 - Phase 22 - 15
	Creative Work Siddha Yoga		Rahu 2:52PM – 4:22PM	Kaulava Until 6:25PM	Nataraja: White		3rd Phase
			Dvitiya Until 6:25PM	Moon – Green		Subha Sivaloka Day	
				Ashvina+Puratasi			

3	Wednesday, September 24, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau				Monroe, NJ Sun 16 Sutra 164
	Tula Rasi: 6.44	Tithi 3	Gulika 10:19AM – 11:49AM	Svati Until 8:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:47AM	Visvvasu 5127
		562828573	Yama 7:17AM – 8:48AM	Indra Until 10:36AM	Muruga: Blue	<i>Sunset:</i> 5:52PM	Moon 8 - Phase 22 - 16
	Creative Work Siddha Yoga		Rahu 11:49AM – 1:20PM	Taitila Until 7:32AM	Nataraja: White		3rd Phase
			Tritiya Until 8:40PM	Moon – Green		Subha Sivaloka Day	
				Ashvina+Puratasi			

4	Thursday, September 25, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Monroe, NJ Sun 17 Sutra 165
	Tula Rasi: 18.4	Tithi 4	Gulika 8:48AM – 10:19AM	Svati Until 8:31AM	Ganesha: Red	<i>Sunrise:</i> 5:48AM	Visvvasu 5127
		562828573	Yama 5:48AM – 7:18AM	Vaidhriti* Until 11:26AM	Muruga: Blue	<i>Sunset:</i> 5:50PM	Moon 8 - Phase 22 - 17
	Creative Work Amrita Yoga		Rahu 1:19PM – 2:49PM	Vanija Until 9:54AM	Nataraja: White		3rd Phase
Until 8:31AM			Chaturthi* Until 11:06PM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina+Puratasi			

5	Friday, September 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ Sun 18 Sutra 166
	Vrischika Rasi: 0.31	Tithi 5	Gulika 7:19AM – 8:49AM	Vishakha Until 11:40AM	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	Visvvasu 5127
		572828573	Yama 2:48PM – 4:18PM	Vishkambha* Until 12:21PM	Muruga: Blue	<i>Sunset:</i> 5:48PM	Moon 8 - Phase 22 - 18
	Creative Work Siddha Yoga		Rahu 10:19AM – 11:49AM	Bava Until 12:22PM	Nataraja: White		3rd Phase
			Panchami Until 1:35AM Sat	Moon – Orange		Subha Subha Sivaloka Day	
				Ashvina+Puratasi			

6	Saturday, September 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ Sun 19 Sutra 167
	Vrischika Rasi: 12.23	Tithi 6	Gulika 5:50AM – 7:19AM	Anuradha Until 2:37PM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Visvvasu 5127
		672828573	Yama 1:18PM – 2:47PM	Priti Until 1:16PM	Muruga: Blue	<i>Sunset:</i> 5:47PM	Moon 8 - Phase 22 - 19
	Creative Work Siddha Yoga		Rahu 8:49AM – 10:19AM	Kaulava Until 2:48PM	Nataraja: White		3rd Phase
			Shashthi* Until 3:56AM Sun	Moon – Orange		Subha Sivaloka Day	
				Ashvina+Puratasi			

Sunday, September 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ Sun 20 Sutra 168
Retreat Star		Gulika 2:46PM – 4:16PM	Jyeshtha* Until 5:12PM	Ganesha: Green	<i>Sunrise:</i> 5:51AM	Visvvasu 5127
Vrischika Rasi: 24.18	Tithi 7	Yama 11:48AM – 1:17PM	Ayushman Until 2:00PM	Muruga: Blue	<i>Sunset:</i> 5:45PM	Moon 8 - Phase 22 - 20
	672928573	Rahu 4:16PM – 5:45PM	Gara Until 5:02PM	Nataraja: White		3rd Phase
Routine Work Marana Yoga			Saptami Until 6:00AM Mon	Moon – Orange		Sivaloka Day
Until 5:12PM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

D	Monday, September 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Monroe, NJ Sun 21 Sutra 169
	Retreat Star		Gulika 1:16PM – 2:45PM	Mula* Until 7:45PM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	Visvvasu 5127
	Dhanus Rasi: 6.2	Tithi 7 – 8	Yama 10:19AM – 11:48AM	Saubhagya Until 2:28PM	Muruga: Blue	<i>Sunset:</i> 5:43PM	Moon 8 - Phase 22 - 21
	Family Home Evening	682928573	Rahu 7:21AM – 8:50AM	Visti Until 6:52PM	Nataraja: White		Ashtami
Creative Work Siddha Yoga			Saptami Until 6:00AM	Moon – Light Blue		Subha Sivaloka Day	
Until 7:45PM				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							

Tuesday, September 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ Sun 22 Sutra 170
Retreat Star		Gulika 11:47AM – 1:16PM	Purvashadha* Until 9:35PM	Ganesha: Red	<i>Sunrise:</i> 5:53AM	Visvvasu 5127
Dhanus Rasi: 18.34	Tithi 8 – 9	Yama 8:50AM – 10:19AM	Sobhana Until 2:32PM	Muruga: Blue	<i>Sunset:</i> 5:42PM	Moon 8 - Phase 22 - 22
	682928573	Rahu 2:44PM – 4:13PM	Balava Until 8:09PM	Nataraja: White		Navami
Creative Work Siddha Yoga			Ashtami* Until 7:34AM	Moon – Light Blue		Subha Sivaloka Day
Until 9:35PM				Ashvina+Puratasi		
Then Routine Work - Prabarishtha Yoga						

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1		Wednesday, October 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Monroe, NJ Sun 23 Sutra 171	
Makara Rasi: 1.05	Tithi 9 – 10	Gulika 10:19AM – 11:47AM	Uttarashadha Until 10:34PM	Ganesha: Red	<i>Sunrise:</i> 5:54AM	Visvvasu 5127	
		Yama 7:22AM – 8:50AM	Athiganda* Until 2:03PM	Muruga: Blue	<i>Sunset:</i> 5:40PM	Moon 8 - Phase 23 - 23	
		682928573 Rahu 11:47AM – 1:15PM	Taitila Until 8:44PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 8:31AM	Moon – Light Blue		Subha Sivaloka Day	
Until 10:34PM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

2		Thursday, October 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 24 Sutra 172	
Makara Rasi: 13.56	Tithi 10 – 11	Gulika 8:51AM – 10:19AM	Shravana Until 11:05PM	Ganesha: Blue	<i>Sunrise:</i> 5:55AM	Visvvasu 5127	
		Yama 5:55AM – 7:23AM	Sukarma Until 12:59PM	Muruga: Blue	<i>Sunset:</i> 5:37PM	Moon 8 - Phase 23 - 24	
		692928573 Rahu 1:14PM – 2:42PM	Vanija Until 8:31PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 8:42AM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			

3		Friday, October 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Monroe, NJ Sun 25 Sutra 173	
Makara Rasi: 27.11	Tithi 11 – 12	Gulika 7:23AM – 8:51AM	Dhanishtha Until 10:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	Visvvasu 5127	
		Yama 2:41PM – 4:09PM	Dhriti Until 11:18AM	Muruga: Blue	<i>Sunset:</i> 5:37PM	Moon 8 - Phase 23 - 25	
		692928573 Rahu 10:19AM – 11:46AM	Bava Until 7:30PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:05AM	Moon – Purple		Sivaloka Day	
				Ashvina+Puratasi			

4		Saturday, October 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Monroe, NJ Sun 26 Sutra 174	
Kumbha Rasi: 10.53	Tithi 12 – 13	Gulika 5:57AM – 7:24AM	Shatabhishak Until 9:24PM	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	Visvvasu 5127	
		Yama 1:13PM – 2:40PM	Shula* Until 8:58AM	Muruga: Blue	<i>Sunset:</i> 5:35PM	Moon 8 - Phase 23 - 26	
		692928573 Rahu 8:51AM – 10:19AM	Taitila Until 4:36AM Sun	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 6:42AM	Moon – Purple		Sivaloka Day	
Until 9:24PM		Kadaitswami Mahasamadhi		Ashvina+Puratasi			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

5		Sunday, October 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Monroe, NJ Sun 27 Sutra 175	
Kumbha Rasi: 25.01	Tithi 14	Gulika 2:39PM – 4:06PM	Purvaproshtapada* Until 7:47PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Visvvasu 5127	
		Yama 11:46AM – 1:13PM	Ganda* Until 6:05AM	Muruga: Blue	<i>Sunset:</i> 5:33PM	Moon 8 - Phase 23 - 27	
		612928573 Rahu 4:06PM – 5:33PM	Gara Until 3:21PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:56AM Mon	Moon – Clear		Sivaloka Day	
Until 7:47PM		Chidambaram Abhishekam		Ashvina+Puratasi			
Then Creative Work - Amrita Yoga							

		Monday, October 6, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Monroe, NJ Sutra 176	
Copper Retreat Star		Gulika 1:12PM – 2:38PM	Uttaraproshtapada Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	Visvvasu 5127	
Meena Rasi: 9.33	Tithi 15	Yama 10:19AM – 11:45AM	Dhruva Until 11:02PM	Muruga: Blue	<i>Sunset:</i> 5:32PM	Moon 8 - Phase 23 -	
Family Home Evening		613928573 Rahu 7:26AM – 8:52AM	Visti Until 12:26PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 10:49PM	Moon – Clear		Subha Sivaloka Day	
				Ashvina+Puratasi			

0		Tuesday, October 7, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Monroe, NJ Sutra 177	
Silver Retreat Star		Gulika 11:45AM – 1:11PM	Revati Until 2:52PM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	Visvvasu 5127	
Meena Rasi: 24.23	Tithi 16	Yama 8:53AM – 10:19AM	Vyaghata* Until 7:06PM	Muruga: Blue	<i>Sunset:</i> 5:30PM	Moon 8 - Phase 23 -	
		613928574 Rahu 2:37PM – 4:04PM	Balava Until 9:10AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:26PM	Moon – Clear		Sivaloka Day	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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Wednesday, October 8, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ
Sun 1
Sutra 178

Mesha Rasi: 9.23 Tithi 17 - 18

623928574

Gulika 10:19AM - 11:45AM
Yama 7:27AM - 8:53AM
Rahu 11:45AM - 1:11PM

Ashvini Until 12:17PM
Harshana Until 3:05PM
Vanija Until 2:12AM Thu
Dvitiya Until 3:56PM

Ganesha: White *Sunrise:* 6:01AM
Muruga: Blue *Sunset:* 5:28PM
Nataraja: Clear
Moon - White
Ashvina+Puratasi

Visvvasu 5127
Moon 9 - Phase 24 - 1
1st Phase

Routine Work Marana Yoga

Until 12:17PM

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

1

Thursday, October 9, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ
Sun 2
Sutra 179

Mesha Rasi: 24.25 Tithi 18 - 19

623928574

Gulika 8:53AM - 10:19AM
Yama 6:02AM - 7:28AM
Rahu 1:10PM - 2:36PM

Bharani Until 9:35AM
Vajra* Until 11:04AM
Bava Until 10:49PM
Tritiya Until 12:28PM

Ganesha: White *Sunrise:* 6:02AM
Muruga: Blue *Sunset:* 5:27PM
Nataraja: Clear
Moon - White
Ashvina+Puratasi

Visvvasu 5127
Moon 9 - Phase 24 - 2
1st Phase

Creative Work Siddha Yoga

Until 9:35AM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

2

Friday, October 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyalyapata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ
Sun 3
Sutra 180

Vrishabha Rasi: 9.2 Tithi 19 - 20

623928574

Gulika 7:29AM - 8:54AM
Yama 2:35PM - 4:00PM
Rahu 10:19AM - 11:44AM

Krittika Until 6:55AM
Siddhi Until 7:13AM
Kaulava Until 7:42PM
Chaturthi* Until 9:12AM

Ganesha: White *Sunrise:* 6:03AM
Muruga: Blue *Sunset:* 5:25PM
Nataraja: Clear
Moon - White
Ashvina+Puratasi

Visvvasu 5127
Moon 9 - Phase 24 - 3
1st Phase

Creative Work Siddha Yoga

Until 6:55AM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

3

Saturday, October 11, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Varyan Yoga Taitila/Vanija Karana Panchami/Shashtyam Titau

Monroe, NJ
Sun 4
Sutra 181

Vrishabha Rasi: 24.01 Tithi 20 - 21

623928574

Gulika 6:04AM - 7:29AM
Yama 1:09PM - 2:34PM
Rahu 8:54AM - 10:19AM

Mrigashira Until 3:07AM Sun
Variyan Until 12:25AM Sun
Vanija Until 3:48AM Sun
Panchami Until 6:16AM

Ganesha: Yellow *Sunrise:* 6:04AM
Muruga: Blue *Sunset:* 5:24PM
Nataraja: Clear
Moon - Yellow
Ashvina+Puratasi

Visvvasu 5127
Moon 9 - Phase 24 - 4
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

4

Sunday, October 12, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha* Yoga Visti*/Bava Karana Saptamyam Titau

Monroe, NJ
Sun 5
Sutra 182

Mithuna Rasi: 8.22 Tithi 22

633928574

Gulika 2:33PM - 3:57PM
Yama 11:44AM - 1:08PM
Rahu 3:57PM - 5:22PM

Ardra Until 1:47AM Mon
Parigha* Until 9:39PM
Visti Until 2:48PM
Saptami Until 1:54AM Mon

Ganesha: Yellow *Sunrise:* 6:05AM
Muruga: Blue *Sunset:* 5:22PM
Nataraja: Clear
Moon - Yellow
Ashvina+Puratasi

Visvvasu 5127
Moon 9 - Phase 24 - 5
1st Phase

Creative Work Siddha Yoga

Until 1:47AM Mon

Then Creative Work - Amrita Yoga

Sivaloka Day

●

Monday, October 13, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ
Sun 6
Sutra 183

Mithuna Rasi: 22.2 Tithi 23

643928574

Gulika 1:08PM - 2:32PM
Yama 10:19AM - 11:43AM
Rahu 7:31AM - 8:55AM

Punarvasu Until 1:21AM Tue
Shiva Until 7:23PM
Balava Until 1:12PM
Ashtami* Until 12:38AM Tue

Ganesha: Blue *Sunrise:* 6:07AM
Muruga: Blue *Sunset:* 5:20PM
Nataraja: Clear
Moon - Blue
Ashvina+Puratasi

Visvvasu 5127
Moon 9 - Phase 24 - 6
Ashtami

Creative Work Amrita Yoga

Until 1:21AM Tue

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Tuesday, October 14, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Monroe, NJ
Sun 7
Sutra 184

Kataka Rasi: 5.55 Tithi 24

643928574

Gulika 11:43AM - 1:07PM
Yama 8:55AM - 10:19AM
Rahu 2:31PM - 3:55PM

Pushya Until 1:26AM Wed
Siddha Until 5:37PM
Taitila Until 12:15PM
Navami* Until 12:01AM Wed

Ganesha: Blue *Sunrise:* 6:08AM
Muruga: Blue *Sunset:* 5:19PM
Nataraja: Clear
Moon - Blue
Ashvina+Puratasi

Visvvasu 5127
Moon 9 - Phase 24 - 7
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

1		Wednesday, October 15, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Monroe, NJ Sun 8 Sutra 185 Visvvasu 5127
Kataka Rasi: 19.08	Tithi 25	Gulika 10:19AM – 11:43AM	Ashlesha* Until 1:59AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:09AM			
		Yama 7:32AM – 8:56AM	Sadhya Until 4:23PM	Muruga: Blue	<i>Sunset:</i> 5:17PM		Moon 9 - Phase 25 - 8	
		643928574 Rahu 11:43AM – 1:07PM	Vanija Until 11:58AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 12:03AM Thu	Moon – Blue		Subha Sivaloka Day		
Until 1:59AM Thu								
Then Creative Work - Amrita Yoga						Ashvina+Puratasi		

2		Thursday, October 16, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Monroe, NJ Sun 9 Sutra 186 Visvvasu 5127
Simha Rasi: 2.02	Tithi 26	Gulika 8:56AM – 10:20AM	Magha* Until 3:25AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:10AM			
		Yama 6:10AM – 7:33AM	Subha Until 3:38PM	Muruga: Blue	<i>Sunset:</i> 5:16PM		Moon 9 - Phase 25 - 9	
		653928574 Rahu 1:06PM – 2:29PM	Bava Until 12:19PM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 12:40AM Fri	Moon – Red		Sivaloka Day		
Until 3:25AM Fri								
Then Creative Work - Siddha Yoga						Ashvina+Puratasi		

3		Friday, October 17, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Monroe, NJ Sun 10 Sutra 187 Visvvasu 5127
Simha Rasi: 14.4	Tithi 27	Gulika 7:34AM – 8:57AM	Purvaphalguni Until 5:10AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:11AM			
		Yama 2:28PM – 3:51PM	Sukla Until 3:16PM	Muruga: Blue	<i>Sunset:</i> 5:14PM		Moon 9 - Phase 25 - 10	
		653928574 Rahu 10:20AM – 11:43AM	Kaulava Until 1:12PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 1:49AM Sat	Moon – Red		Sivaloka Day		
Until 5:10AM Sat								
Then Routine Work - Marana Yoga						Ashvina+Aipasi		

4		Saturday, October 18, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Monroe, NJ Sun 11 Sutra 188 Visvvasu 5127
Simha Rasi: 27.05	Tithi 28	Gulika 6:12AM – 7:35AM	Uttaraphalguni Until 7:10AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:12AM			
		Yama 1:05PM – 2:28PM	Brahma Until 3:17PM	Muruga: Blue	<i>Sunset:</i> 5:13PM		Moon 9 - Phase 25 - 11	
		653928574 Rahu 8:57AM – 10:20AM	Gara Until 2:34PM	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 3:23AM Sun	Moon – Red		Sivaloka Day		
Until 7:10AM Sun								
Then Creative Work - Amrita Yoga						Ashvina+Aipasi		
						Pradosha Vrata (Fasting)		

5		Sunday, October 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Monroe, NJ Sun 12 Sutra 189 Visvvasu 5127
Kanya Rasi: 9.19	Tithi 29	Gulika 2:27PM – 3:49PM	Uttaraphalguni Until 7:10AM	Ganesha: Red	<i>Sunrise:</i> 6:13AM			
		Yama 11:42AM – 1:04PM	Indra Until 3:35PM	Muruga: Blue	<i>Sunset:</i> 5:11PM		Moon 9 - Phase 25 - 12	
		653928574 Rahu 3:49PM – 5:11PM	Visti Until 4:19PM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 5:18AM Mon	Moon – Red		Sivaloka Day		
Until 9:48AM								
Then Routine Work - Prabalarishta Yoga						Ashvina+Aipasi		
						Deepavali Hindu Solidarity Day		

Monday, October 20, 2025		Retreat Star		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada* Karana Amavasyayam Titau				Monroe, NJ Sun 13 Sutra 190 Visvvasu 5127
Kanya Rasi: 21.25	Tithi 30	Gulika 1:04PM – 2:26PM	Hasta Until 9:48AM	Ganesha: Blue	<i>Sunrise:</i> 6:14AM			
Family Home Evening		Yama 10:20AM – 11:42AM	Vaidhriti* Until 4:06PM	Muruga: Blue	<i>Sunset:</i> 5:10PM		Moon 9 - Phase 25 - 13	
Creative Work	Siddha Yoga	664928574 Rahu 7:36AM – 8:58AM	Catuspada Until 6:22PM	Nataraja: Clear			Amavasya	
Until 9:48AM			Amavasya* Until 7:28AM Tue	Moon – Green		Devaloka Day		
Then Routine Work - Prabalarishta Yoga								
						Ashvina+Aipasi		

Tuesday, October 21, 2025		Retreat Star		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Monroe, NJ Sun 14 Sutra 191 Visvvasu 5127
Tula Rasi: 3.25	Tithi 30 – 1	Gulika 11:42AM – 1:03PM	Chitra Until 12:31PM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM			
		Yama 8:59AM – 10:20AM	Vishkambha* Until 4:48PM	Muruga: Blue	<i>Sunset:</i> 5:08PM		Moon 9 - Phase 25 - 14	
		664928574 Rahu 2:25PM – 3:47PM	Kintughna Until 8:39PM	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 7:28AM	Moon – Green		Devaloka Day		
Until 9:48AM								
Then Routine Work - Prabalarishta Yoga						Kartika+Aipasi		
						Skanda Shasthi Begins		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Wednesday, October 22, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Monroe, NJ
	Tula Rasi: 15.2	Tithi 1 – 2	Gulika 10:20AM – 11:42AM	Svati Until 3:14PM	Ganesha: Green	<i>Sunrise:</i> 6:17AM	Sun 15 Sutra 192
			Yama 7:38AM – 8:59AM	Priti Until 5:38PM	Muruga: Yellow	<i>Sunset:</i> 5:07PM	Visvavasu 5127
	664138574		Rahu 11:42AM – 1:03PM	Balava Until 11:05PM	Nataraja: Clear		Moon 9 - Phase 26 - 15 3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 9:50AM	Moon – Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

2	Thursday, October 23, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Monroe, NJ
	Tula Rasi: 27.13	Tithi 2 – 3	Gulika 9:00AM – 10:21AM	Vishakha Until 6:22PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Sun 16 Sutra 193
			Yama 6:18AM – 7:39AM	Ayushman Until 6:30PM	Muruga: Yellow	<i>Sunset:</i> 5:05PM	Visvavasu 5127
	674138574		Rahu 1:03PM – 2:23PM	Taitila Until 1:36AM Fri	Nataraja: Clear		Moon 9 - Phase 26 - 16 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:19PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

3	Friday, October 24, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Monroe, NJ
	Vischika Rasi: 9.04	Tithi 3 – 4	Gulika 7:39AM – 9:00AM	Anuradha Until 9:21PM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Sun 17 Sutra 194
			Yama 2:23PM – 3:43PM	Saubhagya Until 7:24PM	Muruga: Yellow	<i>Sunset:</i> 5:04PM	Visvavasu 5127
	674138574		Rahu 10:21AM – 11:41AM	Vanija Until 4:06AM Sat	Nataraja: Clear		Moon 9 - Phase 26 - 17 3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 2:50PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 9:21PM				Karttika•Aipasi			
Then Routine Work - Marana Yoga							

4	Saturday, October 25, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau				Monroe, NJ
	Vischika Rasi: 20.56	Tithi 4 – 5	Gulika 6:20AM – 7:40AM	Jyeshtha* Until 12:05AM Sun	Ganesha: White	<i>Sunrise:</i> 6:20AM	Sun 18 Sutra 195
			Yama 1:02PM – 2:22PM	Sobhana Until 8:14PM	Muruga: Yellow	<i>Sunset:</i> 5:03PM	Visvavasu 5127
	674138574		Rahu 9:01AM – 10:21AM	Bava Until 6:29AM Sun	Nataraja: Clear		Moon 9 - Phase 26 - 18 3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 5:17PM	Moon – Orange		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 12:05AM Sun				Karttika•Aipasi			
Then Creative Work - Amrita Yoga							

5	Sunday, October 26, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ
	Dhanus Rasi: 2.51	Tithi 5	Gulika 2:21PM – 3:41PM	Mula* Until 2:55AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Sun 19 Sutra 196
			Yama 11:41AM – 1:01PM	Athiganda* Until 8:54PM	Muruga: Yellow	<i>Sunset:</i> 5:01PM	Visvavasu 5127
	684138574		Rahu 3:41PM – 5:01PM	Bava Until 6:29AM	Nataraja: Clear		Moon 9 - Phase 26 - 19 3rd Phase
Creative Work	Amrita Yoga		Panchami Until 7:33PM	Moon – Light Blue		Devaloka Day	
Until 2:55AM Mon				Karttika•Aipasi			
Then Routine Work - Marana Yoga							

6	Monday, October 27, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ
	Dhanus Rasi: 14.52	Tithi 6	Gulika 1:01PM – 2:21PM	Purvashadha* Until 5:14AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sun 20 Sutra 197
			Yama 10:21AM – 11:41AM	Sukarma Until 9:19PM	Muruga: Yellow	<i>Sunset:</i> 5:00PM	Visvavasu 5127
	684138574		Rahu 7:42AM – 9:02AM	Kaulava Until 8:36AM	Nataraja: Clear		Moon 9 - Phase 26 - 20 3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 9:29PM	Moon – Light Blue		Devaloka Day	
Until 5:14AM Tue				Karttika•Aipasi			
Then Routine Work - Prabalarishta Yoga							

Retreat Star	Tuesday, October 28, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ
	Dhanus Rasi: 27.03	Tithi 7	Gulika 11:41AM – 1:00PM	Uttarashadha Until 6:51AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sun 21 Sutra 198
			Yama 9:02AM – 10:22AM	Dhriti Until 9:22PM	Muruga: Yellow	<i>Sunset:</i> 4:59PM	Visvavasu 5127
	684138574		Rahu 2:20PM – 3:39PM	Gara Until 10:17AM	Nataraja: Clear		Moon 9 - Phase 26 - 21 3rd Phase
Routine Work	Prabalarishta Yoga		Saptami Until 10:54PM	Moon – Light Blue		Devaloka Day	
Until 6:51AM Wed				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star	Wednesday, October 29, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Visi*/Bava Karana Ashtamyam Titau				Monroe, NJ
	Makara Rasi: 9.28	Tithi 8	Gulika 10:22AM – 11:41AM	Uttarashadha Until 6:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Sun 22 Sutra 199
			Yama 7:44AM – 9:03AM	Shula* Until 8:52PM	Muruga: Yellow	<i>Sunset:</i> 4:57PM	Visvavasu 5127
	684138574		Rahu 11:41AM – 1:00PM	Visti Until 11:24AM	Nataraja: Clear		Moon 9 - Phase 26 - 22 Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 11:39PM	Moon – Light Blue		Devaloka Day	
Until 6:51AM				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star	Thursday, October 30, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Monroe, NJ
	Makara Rasi: 22.11	Tithi 9	Gulika 9:03AM – 10:22AM	Shravana Until 8:06AM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Sun 23 Sutra 200
			Yama 6:26AM – 7:45AM	Ganda* Until 7:47PM	Muruga: Yellow	<i>Sunset:</i> 4:56PM	Visvavasu 5127
	694138574		Rahu 1:00PM – 2:18PM	Balava Until 11:45AM	Nataraja: Clear		Moon 9 - Phase 26 - 23 Navami
Creative Work	Siddha Yoga		Navami* Until 11:37PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			


As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


1	Friday, October 31, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Monroe, NJ
			Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 201
	Kumbha Rasi: 5.2	Tithi 10	Gulika 7:45AM – 9:04AM	Dhanishtha Until 8:23AM	Ganesha: Purple <i>Sunrise:</i> 6:27AM		Visvvasu 5127
	694138574	Rahu 10:22AM – 11:41AM	Yama 2:18PM – 3:36PM	Vriddhi Until 6:04PM	Muruga: Yellow <i>Sunset:</i> 4:55PM	Moon 9 - Phase 27 - 24	4th Phase
Creative Work	Siddha Yoga		Taitila Until 11:18AM	Nataraja: Clear			
			Dashami Until 10:44PM	Moon – Purple	Bhuloka Day		
				Karttika-Aipasi	Devaloka Time: 3:PM to 6:PM		

2	Saturday, November 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Monroe, NJ
			Shatabhishak/Purvaprossthapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 202
	Kumbha Rasi: 18.55	Tithi 11	Gulika 6:28AM – 7:46AM	Shatabhishak Until 7:42AM	Ganesha: Clear <i>Sunrise:</i> 6:28AM		Visvvasu 5127
	695138574	Rahu 9:05AM – 10:23AM	Yama 12:59PM – 2:17PM	Dhruva Until 3:39PM	Muruga: Yellow <i>Sunset:</i> 4:53PM	Moon 9 - Phase 27 - 25	4th Phase
Creative Work	Amrita Yoga		Vanija Until 10:00AM	Nataraja: Clear			
Until 7:42AM			Ekadashi Until 9:02PM	Moon – Purple	Devaloka Day		
Then Routine Work - Marana Yoga				Karttika-Aipasi			

3	Sunday, November 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Monroe, NJ
			Purvaprossthapada*/Uttaraprossthapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Sun 26 Sutra 203
	Meena Rasi: 3	Tithi 12	Gulika 2:17PM – 3:34PM	Purvaprossthapada* Until 6:33AM	Ganesha: Clear <i>Sunrise:</i> 6:29AM		Visvvasu 5127
	615138574	Rahu 3:34PM – 4:52PM	Yama 11:41AM – 12:59PM	Vyaghata* Until 12:39PM	Muruga: Yellow <i>Sunset:</i> 4:52PM	Moon 9 - Phase 27 - 26	4th Phase
Creative Work	Siddha Yoga		Bava Until 7:55AM	Nataraja: Clear			
Until 6:33AM			Dvadashi Until 6:36PM	Moon – Clear	Devaloka Day		
Then Creative Work - Amrita Yoga				Karttika-Aipasi			

4	Monday, November 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Monroe, NJ
			Revati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 204
	Meena Rasi: 17.32	Tithi 13 – 14	Gulika 12:58PM – 2:16PM	Revati Until 1:55AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:31AM		Visvvasu 5127
	615138574	Rahu 7:48AM – 9:06AM	Yama 10:23AM – 11:41AM	Harshana Until 9:08AM	Muruga: Yellow <i>Sunset:</i> 4:51PM	Moon 9 - Phase 27 - 27	4th Phase
Family Home Evening			Gara Until 1:54AM Tue	Nataraja: Clear			
Creative Work	Siddha Yoga		Trayodashi Until 3:34PM	Moon – Clear	Devaloka Day		
				Karttika-Aipasi			
				<i>Pradosha Vrata</i>			

	Tuesday, November 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Monroe, NJ
	Copper Retreat Star		Ashvini Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 205
	Mesha Rasi: 2.28	Tithi 14 – 15	Gulika 11:41AM – 12:58PM	Ashvini Until 11:10PM	Ganesha: Purple <i>Sunrise:</i> 6:32AM		Visvvasu 5127
	625138574	Rahu 2:15PM – 3:33PM	Yama 9:06AM – 10:24AM	Siddhi Until 12:58AM Wed	Muruga: Yellow <i>Sunset:</i> 4:50PM	Moon 9 - Phase 27 -	Purnima
Creative Work	Siddha Yoga		Visti Until 10:16PM	Nataraja: Clear			
			Chaturdashi* Until 12:06PM	Moon – White	Sivaloka Day		
				Karttika-Aipasi			

	Wednesday, November 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam				Monroe, NJ
	Silver Retreat Star		Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 206
	Mesha Rasi: 17.4	Tithi 15 – 16	Gulika 10:24AM – 11:41AM	Bharani Until 8:06PM	Ganesha: Purple <i>Sunrise:</i> 6:33AM		Visvvasu 5127
	625138574	Rahu 11:41AM – 12:58PM	Yama 7:50AM – 9:07AM	Vyatipata* Until 8:37PM	Muruga: Yellow <i>Sunset:</i> 4:49PM	Moon 9 - Phase 27 -	Prathama
Creative Work	Siddha Yoga		Balava Until 6:26PM	Nataraja: Clear			
Until 8:06PM			Purnima* Until 8:21AM	Moon – White	Sivaloka Day		
Then Creative Work - Amrita Yoga				Karttika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 11/19/23

www.gurudeva.org/panchang



Thursday, November 6, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Monroe, NJ

Sutra 207

Vishabha Rasi: 2.58 Tithi 17

725138574

Gulika 9:08AM – 10:24AM
Yama 6:34AM – 7:51AM
Rahu 12:58PM – 2:14PM

Krittika Until 4:55PM
Variyan Until 4:15PM
Taitila Until 2:35PM

Ganesha: Clear *Sunrise: 6:34AM*
Muruga: Yellow *Sunset: 4:48PM*

Visvvasu 5127
Moon 10 - Phase 28 -
1st Phase

Routine Work Marana Yoga

Dvitiya Until 12:42AM Fri

Nataraja: Clear
Moon – White
Karttika•Aipasi

Devaloka Day

1

Friday, November 7, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trtiyayam Titau

Monroe, NJ

Sutra 208

Vishabha Rasi: 18.11 Tithi 18

735138574

Gulika 7:52AM – 9:08AM
Yama 2:14PM – 3:30PM
Rahu 10:25AM – 11:41AM

Rohini Until 2:09PM
Parigha* Until 12:02PM
Vanija Until 10:54AM
Trtiya Until 9:10PM

Ganesha: Purple *Sunrise: 6:35AM*
Muruga: Yellow *Sunset: 4:47PM*

Sun 1
Visvvasu 5127
Moon 10 - Phase 28 - 1
1st Phase

Routine Work Marana Yoga

Until 2:09PM

Then Creative Work - Siddha Yoga

Nataraja: Clear
Moon – Yellow
Karttika•Aipasi

Sivaloka Day

2

Saturday, November 8, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthayam Titau

Monroe, NJ

Sutra 209

Mithuna Rasi: 3.11 Tithi 19

735138574

Gulika 6:37AM – 7:53AM
Yama 12:57PM – 2:13PM
Rahu 9:09AM – 10:25AM

Mrigashira Until 11:38AM
Shiva Until 8:07AM
Bava Until 7:33AM
Chaturthi* Until 6:02PM

Ganesha: Purple *Sunrise: 6:37AM*
Muruga: Yellow *Sunset: 4:45PM*

Sun 2
Visvvasu 5127
Moon 10 - Phase 28 - 2
1st Phase

Creative Work Siddha Yoga

Nataraja: Clear
Moon – Yellow
Karttika•Aipasi

Sivaloka Day

3

Sunday, November 9, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Taitila/Gara Karana Panchami/Shashtayam Titau

Monroe, NJ

Sutra 210

Mithuna Rasi: 17.49 Tithi 20 – 21

735138574

Gulika 2:13PM – 3:29PM
Yama 11:41AM – 12:57PM
Rahu 3:29PM – 4:44PM

Ardra Until 9:30AM
Sadhya Until 1:35AM Mon
Gara Until 2:29AM Mon
Panchami Until 3:29PM

Ganesha: Purple *Sunrise: 6:38AM*
Muruga: Yellow *Sunset: 4:44PM*

Sun 3
Visvvasu 5127
Moon 10 - Phase 28 - 3
1st Phase

Creative Work Siddha Yoga

Nataraja: Clear
Moon – Yellow
Karttika•Aipasi

Sivaloka Day

4

Monday, November 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Monroe, NJ

Sutra 211

Kataka Rasi: 1.59 Tithi 21 – 22

745138574

Family Home Evening

Creative Work Amrita Yoga

Until 8:18AM

Then Creative Work - Siddha Yoga

Gulika 12:57PM – 2:12PM
Yama 10:26AM – 11:41AM
Rahu 7:54AM – 9:10AM

Punarvasu Until 8:18AM
Subha Until 11:13PM
Visti Until 1:02AM Tue
Shashthi* Until 1:38PM

Ganesha: Clear *Sunrise: 6:39AM*
Muruga: Yellow *Sunset: 4:43PM*

Sun 4
Visvvasu 5127
Moon 10 - Phase 28 - 4
1st Phase

Nataraja: Clear
Moon – Blue
Karttika•Aipasi

Devaloka Day

5

Tuesday, November 11, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Monroe, NJ

Sutra 212

Kataka Rasi: 15.41 Tithi 22 – 23

746138574

Creative Work Siddha Yoga

Gulika 11:41AM – 12:57PM
Yama 9:11AM – 10:26AM
Rahu 2:12PM – 3:27PM

Pushya Until 7:45AM
Sukla Until 9:27PM
Balava Until 12:25AM Wed
Saptami Until 12:36PM

Ganesha: White *Sunrise: 6:40AM*
Muruga: Yellow *Sunset: 4:42PM*

Sun 5
Visvvasu 5127
Moon 10 - Phase 28 - 5
Ashtami

Nataraja: Clear
Moon – Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Wednesday, November 12, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Monroe, NJ

Sutra 213

Kataka Rasi: 28.55 Tithi 23 – 24

746138574

Creative Work Siddha Yoga

Gulika 10:26AM – 11:41AM
Yama 7:56AM – 9:11AM
Rahu 11:41AM – 12:56PM

Ashlesha* Until 7:51AM
Brahma Until 8:22PM
Taitila Until 12:37AM Thu
Ashtami* Until 12:24PM

Ganesha: White *Sunrise: 6:41AM*
Muruga: Yellow *Sunset: 4:42PM*

Sun 6
Visvvasu 5127
Moon 10 - Phase 28 - 6
Navami

Nataraja: Clear
Moon – Blue
Karttika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 11/19/23

www.gurudeva.org/panchang

1		Thursday, November 13, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashyamam Titau		Monroe, NJ Sun 7 Sutra 214	
Simha Rasi: 11.43	Tithi 24 – 25	756138574	Gulika 9:12AM – 10:27AM Yama 6:43AM – 7:57AM Rahu 12:56PM – 2:11PM	Magha* Until 9:03AM Indra Until 7:53PM Vanija Until 1:35AM Fri Navami* Until 1:00PM	Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon – Red	Sunrise: 6:43AM Sunset: 4:41PM	Moon 10 - Phase 29 - 7 2nd Phase
Creative Work Amrita Yoga Until 9:03AM Then Creative Work - Siddha Yoga						Devaloka Day Karttika-Aipasi	

2		Friday, November 14, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Monroe, NJ Sun 8 Sutra 215	
Simha Rasi: 24.12	Tithi 25 – 26	756138574	Gulika 7:58AM – 9:13AM Yama 2:11PM – 3:25PM Rahu 10:27AM – 11:42AM	Purvaphalguni Until 10:47AM Vaidhriti* Until 7:52PM Bava Until 3:10AM Sat Dashami Until 2:17PM	Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon – Red	Sunrise: 6:44AM Sunset: 4:40PM	Moon 10 - Phase 29 - 8 2nd Phase
Creative Work Siddha Yoga						Devaloka Day Karttika-Aipasi	

3		Saturday, November 15, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Monroe, NJ Sun 9 Sutra 216	
Kanya Rasi: 6.26	Tithi 26 – 27	756138574	Gulika 6:45AM – 7:59AM Yama 12:56PM – 2:10PM Rahu 9:13AM – 10:28AM	Uttaraphalguni Until 12:53PM Vishkamba* Until 8:15PM Kaulava Until 5:13AM Sun Ekadashi* Until 4:08PM	Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon – Red	Sunrise: 6:45AM Sunset: 4:39PM	Moon 10 - Phase 29 - 9 2nd Phase
Routine Work Marana Yoga						Devaloka Day Karttika-Aipasi	

4		Sunday, November 16, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Taitila Karana Dvadashyam Titau		Monroe, NJ Sun 10 Sutra 217	
Kanya Rasi: 18.29	Tithi 27	766238575	Gulika 2:10PM – 3:24PM Yama 11:42AM – 12:56PM Rahu 3:24PM – 4:38PM	Hasta Until 3:42PM Priti Until 8:54PM Taitila Until 6:20PM Dvadashi* Until 6:20PM	Ganesha: Yellow Muruga: Yellow Nataraja: Purple Moon – Green	Sunrise: 6:46AM Sunset: 4:38PM	Moon 10 - Phase 29 - 10 2nd Phase
Creative Work Amrita Yoga Until 3:42PM Then Creative Work - Siddha Yoga						Sivaloka Day Karttika-Karttikai	

5		Monday, November 17, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Monroe, NJ Sun 11 Sutra 218	
Tula Rasi: 0.26	Tithi 28	766238575	Gulika 12:56PM – 2:10PM Yama 10:29AM – 11:42AM Rahu 8:01AM – 9:15AM	Chitra Until 6:34PM Ayushman Until 9:40PM Gara Until 7:33AM Trayodashi* Until 8:46PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow Muruga: Yellow Nataraja: Purple Moon – Green	Sunrise: 6:47AM Sunset: 4:37PM	Moon 10 - Phase 29 - 11 2nd Phase
Family Home Evening Routine Work Prabalarishta Yoga Until 6:34PM Then Creative Work - Amrita Yoga						Sivaloka Day Karttika-Karttikai	

6		Tuesday, November 18, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Monroe, NJ Sun 12 Sutra 219	
Tula Rasi: 12.19	Tithi 29	767238575	Gulika 11:42AM – 12:56PM Yama 9:15AM – 10:29AM Rahu 2:09PM – 3:23PM	Svati Until 9:21PM Saubhagya Until 10:31PM Visti Until 10:02AM Chaturdashi* Until 11:17PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Green	Sunrise: 6:48AM Sunset: 4:36PM	Moon 10 - Phase 29 - 12 2nd Phase
Creative Work Siddha Yoga Until 9:21PM Then Routine Work - Marana Yoga						Devaloka Day Karttika-Karttikai	

Retreat Star		Wednesday, November 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Monroe, NJ Sun 13 Sutra 220	
Tula Rasi: 24.11	Tithi 30	777238575	Gulika 10:29AM – 11:43AM Yama 8:03AM – 9:16AM Rahu 11:43AM – 12:56PM	Vishakha Until 12:29AM Thu Sobhana Until 11:24PM Catuspada Until 12:34PM Amavasya* Until 1:48AM Thu	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 6:50AM Sunset: 4:36PM	Moon 10 - Phase 29 - 13 Amavasya
Creative Work Siddha Yoga						Devaloka Day Karttika-Karttikai	

Retreat Star		Thursday, November 20, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau		Monroe, NJ Sun 14 Sutra 221	
Vriscika Rasi: 6.03	Tithi 1	777238575	Gulika 9:17AM – 10:30AM Yama 6:51AM – 8:04AM Rahu 12:56PM – 2:09PM	Anuradha Until 3:24AM Fri Athiganda* Until 12:12AM Fri Kintughna Until 3:05PM Prathama* Until 4:17AM Fri	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 6:51AM Sunset: 4:35PM	Moon 10 - Phase 29 - 14 Prathama
Creative Work Siddha Yoga Until 3:24AM Fri Then Routine Work - Marana Yoga						Devaloka Day Margasira-Karttikai	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Friday, November 21, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Monroe, NJ Sun 15 Sutra 222 Visvvasu 5127	
Vriscika Rasi: 17.56	Tithi 2	Gulika 8:05AM – 9:18AM	Jyeshtha* Until 6:04AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	Muruga: Yellow	<i>Sunset:</i> 4:34PM
		Yama 2:09PM – 3:22PM	Sukarma Until 12:57AM Sat	Nataraja: Purple		Moon – Orange	Moon 10 - Phase 30 - 15
		777238575 Rahu 10:30AM – 11:43AM	Balava Until 5:30PM				3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:39AM Sat	Margasira-Karttikai		Devaloka Day	
Until 6:04AM Sat							
Then Creative Work - Siddha Yoga							

2		Saturday, November 22, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau		Monroe, NJ Sun 16 Sutra 223 Visvvasu 5127	
Vriscika Rasi: 29.52	Tithi 2 – 3	Gulika 6:53AM – 8:06AM	Jyeshtha* Until 6:04AM	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	Muruga: Yellow	<i>Sunset:</i> 4:34PM
		Yama 12:56PM – 2:09PM	Dhriti Until 1:36AM Sun	Nataraja: Purple		Moon – Orange	Moon 10 - Phase 30 - 16
		777238575 Rahu 9:18AM – 10:31AM	Taitila Until 7:49PM				3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:39AM	Margasira-Karttikai		Devaloka Day	

3		Sunday, November 23, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Monroe, NJ Sun 17 Sutra 224 Visvvasu 5127	
Dhanus Rasi: 11.52	Tithi 3 – 4	Gulika 2:08PM – 3:21PM	Mula* Until 8:55AM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	Muruga: Yellow	<i>Sunset:</i> 4:33PM
		Yama 11:44AM – 12:56PM	Shula* Until 2:04AM Mon	Nataraja: Purple		Moon – Light Blue	Moon 10 - Phase 30 - 17
		787238575 Rahu 3:21PM – 4:33PM	Vanija Until 9:55PM				3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:52AM	Margasira-Karttikai		Devaloka Day	
Until 8:55AM							
Then Creative Work - Siddha Yoga							

4		Monday, November 24, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Monroe, NJ Sun 18 Sutra 225 Visvvasu 5127	
Dhanus Rasi: 23.56	Tithi 4 – 5	Gulika 12:56PM – 2:08PM	Purvashadha* Until 11:21AM	Ganesha: Blue	<i>Sunrise:</i> 6:55AM	Muruga: Yellow	<i>Sunset:</i> 4:33PM
Family Home Evening		Yama 10:32AM – 11:44AM	Ganda* Until 2:18AM Tue	Nataraja: Purple		Moon – Light Blue	Moon 10 - Phase 30 - 18
		787238575 Rahu 8:08AM – 9:20AM	Bava Until 11:44PM				3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 10:51AM	Margasira-Karttikai		Devaloka Day	

5		Tuesday, November 25, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Monroe, NJ Sun 19 Sutra 226 Visvvasu 5127	
Makara Rasi: 6.1	Tithi 5 – 6	Gulika 11:44AM – 12:56PM	Uttarashadha Until 1:18PM	Ganesha: Red	<i>Sunrise:</i> 6:56AM	Muruga: Yellow	<i>Sunset:</i> 4:32PM
		Yama 9:20AM – 10:32AM	Vriddhi Until 2:14AM Wed	Nataraja: Purple		Moon – Light Blue	Moon 10 - Phase 30 - 19
		788238575 Rahu 2:08PM – 3:20PM	Kaulava Until 1:07AM Wed				3rd Phase
Routine Work	Prabalarishta Yoga		Panchami Until 12:28PM	Margasira-Karttikai		Sivaloka Day	
Until 1:18PM							
Then Creative Work - Siddha Yoga							

6		Wednesday, November 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Monroe, NJ Sun 20 Sutra 227 Visvvasu 5127	
Makara Rasi: 18.34	Tithi 6 – 7	Gulika 10:33AM – 11:45AM	Shravana Until 3:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:58AM	Muruga: Yellow	<i>Sunset:</i> 4:32PM
		Yama 8:09AM – 9:21AM	Dhruva Until 1:41AM Thu	Nataraja: Purple		Moon – Purple	Moon 10 - Phase 30 - 20
		798238575 Rahu 11:45AM – 12:56PM	Gara Until 1:56AM Thu				3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 1:35PM	Margasira-Karttikai		Subha Sivaloka Day	
Until 3:05PM							
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Thursday, November 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Monroe, NJ Sun 21 Sutra 228 Visvvasu 5127	
Kumbha Rasi: 1.14	Tithi 7 – 8	Gulika 9:22AM – 10:33AM	Dhanishtha Until 4:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:59AM	Muruga: Yellow	<i>Sunset:</i> 4:31PM
		Yama 6:59AM – 8:10AM	Vyaghata* Until 12:38AM Fri	Nataraja: Purple		Moon – Purple	Moon 10 - Phase 30 - 21
		798238575 Rahu 12:57PM – 2:08PM	Visti Until 2:04AM Fri				Ashtami
Creative Work	Siddha Yoga		Saptami Until 2:05PM	Margasira-Karttikai		Subha Sivaloka Day	

Retreat Star		Friday, November 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Monroe, NJ Sun 22 Sutra 229 Visvvasu 5127	
Kumbha Rasi: 14.14	Tithi 8 – 9	Gulika 8:11AM – 9:23AM	Shatabhishak Until 4:13PM	Ganesha: Blue	<i>Sunrise:</i> 7:00AM	Muruga: Yellow	<i>Sunset:</i> 4:31PM
		Yama 2:08PM – 3:19PM	Harshana Until 10:59PM	Nataraja: Purple		Moon – Purple	Moon 10 - Phase 30 - 22
		798238575 Rahu 10:34AM – 11:45AM	Balava Until 1:25AM Sat				Navami
Creative Work	Siddha Yoga		Ashtami* Until 1:49PM	Margasira-Karttikai		Subha Sivaloka Day	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Saturday, November 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshthapada/Uttaraproshthapada Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ Sun 23 Sutra 230
	Kumbha Rasi: 27.4	Tithi 9 – 10	Gulika 7:01AM – 8:12AM	Purvaproshthapada* Until 3:53PM	Ganesha: Purple	<i>Sunrise:</i> 7:01AM	Visvvasu 5127
			Yama 12:57PM – 2:08PM	Vajra* Until 8:42PM	Muruga: Yellow	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 31 - 23
	Routine Work	Marana Yoga	718238575 Rahu 9:23AM – 10:34AM	Taitila Until 11:59PM	Nataraja: Purple		4th Phase
			Navami* Until 12:47PM	Moon – Clear		Subha Sivaloka Day	
				Margasira-Karttikai			

2	Sunday, November 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshthapada/Revati Nakshatra Siddhi/Vyatiyata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 231
	Meena Rasi: 11.32	Tithi 10 – 11	Gulika 2:08PM – 3:19PM	Uttaraproshthapada Until 2:39PM	Ganesha: Purple	<i>Sunrise:</i> 7:02AM	Visvvasu 5127
			Yama 11:46AM – 12:57PM	Siddhi Until 5:49PM	Muruga: Yellow	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 31 - 24
			718238575 Rahu 3:19PM – 4:30PM	Vanija Until 9:49PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dashami Until 10:58AM	Moon – Clear		Subha Sivaloka Day	
				Margasira-Karttikai			

3	Monday, December 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 25 Sutra 232
	Meena Rasi: 25.53	Tithi 11 – 12	Gulika 12:57PM – 2:08PM	Revati Until 12:36PM	Ganesha: Clear	<i>Sunrise:</i> 7:03AM	Visvvasu 5127
	Family Home Evening		Yama 10:36AM – 11:46AM	Vyatiyata* Until 2:25PM	Muruga: Yellow	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 31 - 25
			719238575 Rahu 8:14AM – 9:25AM	Bava Until 7:00PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:28AM	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

4	Tuesday, December 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 233
	Mesha Rasi: 10.39	Tithi 13	Gulika 11:47AM – 12:57PM	Ashvini Until 10:17AM	Ganesha: White	<i>Sunrise:</i> 7:04AM	Visvvasu 5127
			Yama 9:25AM – 10:36AM	Variyan Until 10:34AM	Muruga: Yellow	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 31 - 26
			729238575 Rahu 2:08PM – 3:19PM	Kaulava Until 3:42PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 1:53AM Wed	Moon – White		Devaloka Day	
				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			

5	Wednesday, December 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 234
	Mesha Rasi: 25.44	Tithi 14	Gulika 10:37AM – 11:47AM	Bharani Until 7:27AM	Ganesha: White	<i>Sunrise:</i> 7:05AM	Visvvasu 5127
			Yama 8:16AM – 9:26AM	Parigha* Until 6:24AM	Muruga: Yellow	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 31 - 27
			729238575 Rahu 11:47AM – 12:58PM	Gara Until 12:02PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:07PM	Moon – White		Devaloka Day	
				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			

○	Thursday, December 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Monroe, NJ Sun 28 Sutra 235
	Copper Retreat Star		Gulika 9:27AM – 10:37AM	Rohini Until 1:19AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:06AM	Visvvasu 5127
	Vrishabha Rasi: 11.01	Tithi 15	Yama 7:06AM – 8:16AM	Siddha Until 9:39PM	Muruga: Yellow	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 31 - Purnima
			739238575 Rahu 12:58PM – 2:08PM	Visti Until 8:13AM	Nataraja: Purple		
Routine Work	Marana Yoga		Purnima* Until 6:16PM	Moon – Yellow		Sivaloka Day	
				Margasira-Karttikai			

○	Friday, December 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sun 29 Sutra 236
	Silver Retreat Star		Gulika 8:17AM – 9:27AM	Mrigashira Until 10:23PM	Ganesha: Yellow	<i>Sunrise:</i> 7:07AM	Visvvasu 5127
	Vrishabha Rasi: 26.18	Tithi 16 – 17	Yama 2:09PM – 3:19PM	Sadhya Until 5:22PM	Muruga: Yellow	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 31 - Prathama
			739238575 Rahu 10:38AM – 11:48AM	Taitila Until 12:45AM Sat	Nataraja: Purple		
Creative Work	Siddha Yoga		Prathama* Until 2:31PM	Moon – Yellow		Sivaloka Day	
				Margasira-Karttikai			
				<i>Vinayaga Viratam Begins</i>			



Saturday, December 6, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Monroe, NJ
Sun 1
Sutra 237

Mithuna Rasi: 11.25 Tithi 17 - 18

739238575

Gulika 7:08AM - 8:18AM
Yama 12:59PM - 2:09PM
Rahu 9:28AM - 10:38AM

Ardra Until 7:41PM
Subha Until 1:21PM
Vanija Until 9:29PM
Dvitiya Until 11:03AM

Ganesha: Yellow *Sunrise:* 7:08AM
Muruga: Yellow *Sunset:* 4:29PM
Nataraja: Purple
Moon - Yellow
Margasira-Karttikai

Visvvasu 5127
Moon 11 - Phase 32 - 1
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

1

Sunday, December 7, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Triliya/Chaturthyam Titau

Monroe, NJ
Sun 2
Sutra 238

Mithuna Rasi: 26.13 Tithi 18 - 19

749238575

Gulika 2:09PM - 3:19PM
Yama 11:49AM - 12:59PM
Rahu 3:19PM - 4:29PM

Punarvasu Until 5:46PM
Sukla Until 9:41AM
Bava Until 6:45PM
Tritiya Until 8:01AM

Ganesha: Blue *Sunrise:* 7:09AM
Muruga: Yellow *Sunset:* 4:29PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Visvvasu 5127
Moon 11 - Phase 32 - 2
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Monday, December 8, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Monroe, NJ
Sun 3
Sutra 239

Kataka Rasi: 10.35 Tithi 20

749238575

Family Home Evening

Gulika 12:59PM - 2:09PM
Yama 10:39AM - 11:49AM
Rahu 8:20AM - 9:30AM

Pushya Until 4:24PM
Brahma Until 6:33AM
Kaulava Until 4:43PM
Panchami Until 4:00AM Tue

Ganesha: Blue *Sunrise:* 7:10AM
Muruga: Yellow *Sunset:* 4:29PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Visvvasu 5127
Moon 11 - Phase 32 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Tuesday, December 9, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Monroe, NJ
Sun 4
Sutra 240

Kataka Rasi: 24.27 Tithi 21

741238575

Creative Work Siddha Yoga

Gulika 11:50AM - 1:00PM
Yama 9:30AM - 10:40AM
Rahu 2:09PM - 3:19PM

Ashlesha* Until 3:42PM
Vaidhriti* Until 2:12AM Wed
Gara Until 3:32PM
Shashthi* Until 3:15AM Wed

Ganesha: White *Sunrise:* 7:11AM
Muruga: Yellow *Sunset:* 4:29PM
Nataraja: Purple
Moon - Blue
Margasira-Karttikai

Visvvasu 5127
Moon 11 - Phase 32 - 4
1st Phase

Devaloka Day

4

Wednesday, December 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Visti/Bava Karana Saptamyam Titau

Monroe, NJ
Sun 5
Sutra 241

Simha Rasi: 7.48 Tithi 22

751238575

Creative Work Siddha Yoga

Until 4:10PM

Then Creative Work - Amrita Yoga

Gulika 10:41AM - 11:50AM
Yama 8:21AM - 9:31AM
Rahu 11:50AM - 1:00PM

Magha* Until 4:10PM
Vishkambha* Until 1:05AM Thu
Visti Until 3:14PM
Saptami Until 3:24AM Thu

Ganesha: Clear *Sunrise:* 7:11AM
Muruga: Yellow *Sunset:* 4:29PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Visvvasu 5127
Moon 11 - Phase 32 - 5
1st Phase

Sivaloka Day

5

Thursday, December 11, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Monroe, NJ
Sun 6
Sutra 242

Simha Rasi: 20.41 Tithi 23

751338575

Creative Work Siddha Yoga

Gulika 9:31AM - 10:41AM
Yama 7:12AM - 8:22AM
Rahu 1:00PM - 2:10PM

Purvaphalguni Until 5:22PM
Priti Until 12:39AM Fri
Balava Until 3:50PM
Ashtami* Until 4:25AM Fri

Ganesha: Purple *Sunrise:* 7:12AM
Muruga: Yellow *Sunset:* 4:29PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Visvvasu 5127
Moon 11 - Phase 32 - 6
Ashtami

Subha Sivaloka Day

Friday, December 12, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Monroe, NJ
Sun 7
Sutra 243

Kanya Rasi: 3.11 Tithi 24

751338575

Creative Work Siddha Yoga

Until 7:08PM

Then Creative Work - Amrita Yoga

Gulika 8:23AM - 9:32AM
Yama 2:10PM - 3:20PM
Rahu 10:42AM - 11:51AM

Uttaraphalguni Until 7:08PM
Ayushman Until 12:44AM Sat
Taitila Until 5:13PM
Navami* Until 6:08AM Sat

Ganesha: Purple *Sunrise:* 7:13AM
Muruga: Yellow *Sunset:* 4:29PM
Nataraja: Purple
Moon - Red
Margasira-Karttikai

Visvvasu 5127
Moon 11 - Phase 32 - 7
Navami

Subha Sivaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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1	Saturday, December 13, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Hashta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashanyam Titau				Monroe, NJ Sun 8 Sutra 244
	Kanya Rasi: 15.24	Tithi 24 – 25	761338575	Gulika 7:14AM – 8:23AM Yama 1:01PM – 2:10PM Rahu 9:33AM – 10:42AM	Hasta Until 9:49PM Saubhagya Until 1:15AM Sun Vanija Until 7:14PM Navami* Until 6:08AM	Ganesha: Clear <i>Sunrise: 7:14AM</i> Muruga: Yellow <i>Sunset: 4:29PM</i> Nataraja: Purple Moon – Green	Visvvasu 5127 Moon 11 - Phase 33 - 8 2nd Phase Sivaloka Day
	Routine Work	Marana Yoga					

2	Sunday, December 14, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Monroe, NJ Sun 9 Sutra 245
	Kanya Rasi: 27.24	Tithi 25 – 26	761338575	Gulika 2:11PM – 3:20PM Yama 11:52AM – 1:01PM Rahu 3:20PM – 4:30PM	Chitra Until 12:40AM Mon Sobhana Until 2:02AM Mon Bava Until 9:38PM Dashami Until 8:23AM	Ganesha: Clear <i>Sunrise: 7:15AM</i> Muruga: Yellow <i>Sunset: 4:30PM</i> Nataraja: Purple Moon – Green	Visvvasu 5127 Moon 11 - Phase 33 - 9 2nd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 12:40AM Mon	Then Creative Work - Amrita Yoga					

3	Monday, December 15, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ Sun 10 Sutra 246
	Tula Rasi: 9.17	Tithi 26 – 27	761338575	Gulika 1:02PM – 2:11PM Yama 10:43AM – 11:53AM Rahu 8:25AM – 9:34AM	Svati Until 3:31AM Tue Athiganda* Until 2:54AM Tue Kaulava Until 12:13AM Tue Ekadashi* Until 10:54AM	Ganesha: Clear <i>Sunrise: 7:15AM</i> Muruga: Yellow <i>Sunset: 4:30PM</i> Nataraja: Purple Moon – Green	Visvvasu 5127 Moon 11 - Phase 33 - 10 2nd Phase Sivaloka Day
	Family Home Evening	Amrita Yoga		Markali Pillaiyar			
	Until 3:31AM Tue	Then Routine Work - Marana Yoga					

4	Tuesday, December 16, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Monroe, NJ Sun 11 Sutra 247
	Tula Rasi: 21.08	Tithi 27 – 28	871338575	Gulika 11:53AM – 1:02PM Yama 9:35AM – 10:44AM Rahu 2:12PM – 3:21PM	Vishakha Until 6:42AM Wed Sukarma Until 3:46AM Wed Gara Until 2:49AM Wed Dvadashi* Until 1:30PM	Ganesha: Clear <i>Sunrise: 7:16AM</i> Muruga: Yellow <i>Sunset: 4:30PM</i> Nataraja: Purple Moon – Orange	Visvvasu 5127 Moon 11 - Phase 33 - 11 2nd Phase Sivaloka Day
	Routine Work	Marana Yoga					
	Until 6:42AM Wed	Then Creative Work - Siddha Yoga					<i>Pradosha Vrata (Fasting)</i>

5	Wednesday, December 17, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 12 Sutra 248
	Vriscika Rasi: 2.59	Tithi 28 – 29	871338575	Gulika 10:44AM – 11:54AM Yama 8:26AM – 9:35AM Rahu 11:54AM – 1:03PM	Vishakha Until 6:42AM Dhriti Until 4:35AM Thu Visti Until 5:19AM Thu Trayodashi* Until 4:04PM	Ganesha: Clear <i>Sunrise: 7:17AM</i> Muruga: Yellow <i>Sunset: 4:30PM</i> Nataraja: Purple Moon – Orange	Visvvasu 5127 Moon 11 - Phase 33 - 12 2nd Phase Sivaloka Day
	Creative Work	Siddha Yoga					

6	Thursday, December 18, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Sakuni* Karana Chaturdashyam Titau				Monroe, NJ Sun 13 Sutra 249
	Vriscika Rasi: 14.52	Tithi 29	871338575	Gulika 9:36AM – 10:45AM Yama 7:17AM – 8:27AM Rahu 1:03PM – 2:12PM	Anuradha Until 9:35AM Shula* Until 5:13AM Fri Sakuni Until 6:28PM Chaturdashi* Until 6:28PM	Ganesha: Clear <i>Sunrise: 7:17AM</i> Muruga: Yellow <i>Sunset: 4:31PM</i> Nataraja: Purple Moon – Orange	Visvvasu 5127 Moon 11 - Phase 33 - 13 2nd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 9:35AM	Then Routine Work - Prabalarishta Yoga					

●	Friday, December 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Monroe, NJ Sun 14 Sutra 250
	Retreat Star		872338575	Gulika 8:27AM – 9:36AM Yama 2:13PM – 3:22PM Rahu 10:45AM – 11:55AM	Jyeshtha* Until 12:08PM Ganda* Until 5:43AM Sat Catuspada Until 7:37AM Amavasya* Until 8:41PM	Ganesha: Purple <i>Sunrise: 7:18AM</i> Muruga: Yellow <i>Sunset: 4:31PM</i> Nataraja: Purple Moon – Orange	Visvvasu 5127 Moon 11 - Phase 33 - 14 Amavasya Devaloka Day
	Routine Work	Marana Yoga		Hanumath Jayanthi (Tamil Nadu)			
	Until 12:08PM	Then Creative Work - Amrita Yoga					

●	Saturday, December 20, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Monroe, NJ Sun 15 Sutra 251
	Retreat Star		882338575	Gulika 7:19AM – 8:28AM Yama 1:04PM – 2:13PM Rahu 9:37AM – 10:46AM	Mula* Until 2:48PM Vriddhi Until 6:02AM Sun Kintughna Until 9:43AM Prathama* Until 10:38PM	Ganesha: Light Blue <i>Sunrise: 7:19AM</i> Muruga: Yellow <i>Sunset: 4:32PM</i> Nataraja: Purple Moon – Light Blue	Visvvasu 5127 Moon 11 - Phase 33 - 15 Prathama Devaloka Day
	Dhanus Rasi: 8.53	Tithi 1					
	Creative Work	Siddha Yoga					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvilyayam Titau				Monroe, NJ
Dhanus Rasi: 21.02	Tithi 2			Sun 16	Sutra 252	Visvvasu 5127
		882338575	Gulika 2:14PM – 3:23PM Yama 11:56AM – 1:05PM Rahu 3:23PM – 4:32PM	Purvashadha* Until 5:02PM Vriddhi Until 6:02AM Balava Until 11:32AM	Ganesha: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 7:19AM Sunset: 4:32PM
Creative Work	Siddha Yoga		Day 1 of Pancha Ganapati	Dvitiya Until 12:19AM Mon	Pausha-Markali	Devaloka Day
Until 5:02PM						
Then Creative Work - Amrita Yoga						

2 Monday, December 22, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Monroe, NJ
Makara Rasi: 3.17	Tithi 3			Sun 17	Sutra 253	Visvvasu 5127
		882338575	Gulika 1:05PM – 2:14PM Yama 10:47AM – 11:56AM Rahu 8:29AM – 9:38AM	Uttarashadha Until 6:50PM Dhruva Until 6:07AM Taitila Until 1:04PM	Ganesha: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 7:20AM Sunset: 4:33PM
Family Home Evening			Day 2 of Pancha Ganapati	Tritiya Until 1:42AM Tue	Pausha-Markali	Devaloka Day
Routine Work	Marana Yoga					
Until 6:50PM						
Then Creative Work - Amrita Yoga						

3 Tuesday, December 23, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Harshana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Monroe, NJ
Makara Rasi: 15.41	Tithi 4			Sun 18	Sutra 254	Visvvasu 5127
		892338575	Gulika 11:57AM – 1:06PM Yama 9:38AM – 10:47AM Rahu 2:15PM – 3:24PM	Shravana Until 8:37PM Harshana Until 5:32AM Wed Vanija Until 2:16PM	Ganesha: Purple Muruga: Yellow Nataraja: Purple Moon – Purple	Sunrise: 7:20AM Sunset: 4:33PM
Creative Work	Siddha Yoga		Day 3 of Pancha Ganapati	Chaturthi* Until 2:42AM Wed	Pausha-Markali	Devaloka Day
Until 9:49PM						
Then Creative Work - Siddha Yoga						

4 Wednesday, December 24, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ
Makara Rasi: 28.16	Tithi 5			Sun 19	Sutra 255	Visvvasu 5127
		892338575	Gulika 10:48AM – 11:57AM Yama 8:30AM – 9:39AM Rahu 11:57AM – 1:06PM	Dhanishtha Until 9:49PM Vajra* Until 4:44AM Thu Bava Until 3:03PM	Ganesha: Purple Muruga: Yellow Nataraja: Purple Moon – Purple	Sunrise: 7:21AM Sunset: 4:34PM
Routine Work	Prabalarishta Yoga		Day 4 of Pancha Ganapati	Panchami Until 3:15AM Thu	Pausha-Markali	Devaloka Day
Until 9:49PM						
Then Creative Work - Siddha Yoga						

5 Thursday, December 25, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Monroe, NJ
Kumbha Rasi: 11.02	Tithi 6			Sun 20	Sutra 256	Visvvasu 5127
		892338575	Gulika 9:39AM – 10:48AM Yama 7:21AM – 8:30AM Rahu 1:07PM – 2:16PM	Shatabhishak Until 10:23PM Siddhi Until 3:32AM Fri Kaulava Until 3:21PM	Ganesha: Purple Muruga: Yellow Nataraja: Purple Moon – Purple	Sunrise: 7:21AM Sunset: 4:34PM
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Shashthi* Until 3:17AM Fri	Pausha-Markali	Devaloka Day
Until 9:49PM						
Then Creative Work - Siddha Yoga						

6 Friday, December 26, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ
Kumbha Rasi: 24.04	Tithi 7			Sun 21	Sutra 257	Visvvasu 5127
		812338576	Gulika 8:30AM – 9:40AM Yama 2:17PM – 3:26PM Rahu 10:49AM – 11:58AM	Purvaproshtapada* Until 10:41PM Vyatipata* Until 1:53AM Sat Gara Until 3:05PM	Ganesha: Green Muruga: Yellow Nataraja: Clear Moon – Clear	Sunrise: 7:21AM Sunset: 4:35PM
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Saptami Until 2:43AM Sat	Pausha-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 10:14PM						
Then Routine Work - Prabalarishta Yoga						

Retreat Star		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Monroe, NJ
Meena Rasi: 7.25	Tithi 8			Sun 22	Sutra 258	Visvvasu 5127
		812338576	Gulika 7:22AM – 8:31AM Yama 1:08PM – 2:17PM Rahu 9:40AM – 10:49AM	Uttaraproshtapada Until 10:14PM Variyan Until 11:43PM Visti Until 2:13PM	Ganesha: Green Muruga: Yellow Nataraja: Clear Moon – Clear	Sunrise: 7:22AM Sunset: 4:36PM
Creative Work	Siddha Yoga			Ashtami* Until 1:31AM Sun	Pausha-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 10:14PM						
Then Routine Work - Prabalarishta Yoga						

Retreat Star		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Monroe, NJ
Meena Rasi: 21.08	Tithi 9			Sun 23	Sutra 259	Visvvasu 5127
		812338576	Gulika 2:18PM – 3:27PM Yama 11:59AM – 1:08PM Rahu 3:27PM – 4:36PM	Revati Until 9:01PM Parigha* Until 9:05PM Balava Until 12:42PM	Ganesha: Green Muruga: Yellow Nataraja: Clear Moon – Clear	Sunrise: 7:22AM Sunset: 4:36PM
Creative Work	Amrita Yoga			Navami* Until 11:42PM	Pausha-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 9:01PM						
Then Creative Work - Siddha Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1		Monday, December 29, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Monroe, NJ	
		Ashvini Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 260	
Mesha Rasi: 5.13	Tithi 10	Gulika 1:09PM – 2:18PM	Ashvini Until 7:32PM	Ganesha: Red	<i>Sunrise:</i> 7:22AM	Visvvasu 5127	
Family Home Evening	822338576	Yama 10:50AM – 12:00PM	Shiva Until 5:59PM	Muruga: Yellow	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 35 - 24	
Creative Work	Siddha Yoga	Rahu 8:32AM – 9:41AM	Taitila Until 10:36AM	Nataraja: Clear		4th Phase	
			Dashami Until 9:20PM	Moon – White		Devaloka Day	
				Pausha •Markali			

2		Tuesday, December 30, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Monroe, NJ	
		Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 261	
Mesha Rasi: 19.4	Tithi 11	Gulika 12:00PM – 1:10PM	Bharani Until 5:25PM	Ganesha: Red	<i>Sunrise:</i> 7:22AM	Visvvasu 5127	
	822338576	Yama 9:41AM – 10:51AM	Siddha Until 2:28PM	Muruga: Yellow	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 35 - 25	
Creative Work	Siddha Yoga	Rahu 2:19PM – 3:28PM	Vanija Until 7:58AM	Nataraja: Clear		4th Phase	
			Ekadashi Until 6:28PM	Moon – White		Devaloka Day	
			Vaikuntha Ekadasi	Pausha •Markali			

3		Wednesday, December 31, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Monroe, NJ	
		Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 262	
Vrishabha Rasi: 4.25	Tithi 12 – 13	Gulika 10:51AM – 12:01PM	Krittika Until 2:49PM	Ganesha: Red	<i>Sunrise:</i> 7:23AM	Visvvasu 5127	
	822338576	Yama 8:32AM – 9:42AM	Sadhya Until 10:40AM	Muruga: Yellow	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 35 - 26	
Creative Work	Amrita Yoga	Rahu 12:01PM – 1:10PM	Kaulava Until 1:36AM Thu	Nataraja: Clear		4th Phase	
Until 2:49PM			Dvadashi Until 3:16PM	Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	Pausha •Markali			

4		Thursday, January 1, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Monroe, NJ	
		Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 263	
Vrishabha Rasi: 19.23	Tithi 13 – 14	Gulika 9:42AM – 10:51AM	Rohini Until 12:17PM	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Visvvasu 5127	
	832348576	Yama 7:23AM – 8:32AM	Subha Until 6:41AM	Muruga: White	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 35 - 27	
Routine Work	Marana Yoga	Rahu 1:11PM – 2:20PM	Gara Until 10:09PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 11:52AM	Moon – Yellow		Devaloka Day	
				Pausha •Markali			

		Friday, January 2, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Monroe, NJ	
Copper Retreat Star				Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 264	
Mithuna Rasi: 4.25	Tithi 14 – 15	Gulika 8:33AM – 9:42AM	Mrigashira Until 9:34AM	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Visvvasu 5127	
	833348576	Yama 2:21PM – 3:31PM	Brahma Until 10:35PM	Muruga: White	<i>Sunset:</i> 4:40PM	Moon 11 - Phase 35 -	
Creative Work	Siddha Yoga	Rahu 10:52AM – 12:02PM	Visti Until 6:44PM	Nataraja: Clear		Purnima	
			Chaturdashi* Until 8:25AM	Moon – Yellow		Devaloka Day	
				Pausha •Markali			

Saturday, January 3, 2026		Silver Retreat Star		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Monroe, NJ	
				Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 265	
Mithuna Rasi: 19.23	Tithi 16	Gulika 7:23AM – 8:33AM	Ardra Until 6:51AM	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	Visvvasu 5127	
	833348576	Yama 1:12PM – 2:22PM	Indra Until 6:47PM	Muruga: White	<i>Sunset:</i> 4:41PM	Moon 11 - Phase 35 -	
Creative Work	Siddha Yoga	Rahu 9:42AM – 10:52AM	Balava Until 3:32PM	Nataraja: Clear		Prathama	
			Prathama* Until 2:03AM Sun	Moon – Yellow		Devaloka Day	
				Pausha •Markali			
			Ardra Darshanam				

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11



Sunday, January 4, 2026
Gold Retreat Star

Kataka Rasi: 4.06 Tithi 17
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:22PM – 3:32PM **Pushya Until 2:55AM Mon**
Yama 12:03PM – 1:12PM **Vaidhriti* Until 3:18PM**
Rahu 3:32PM – 4:42PM **Taitila Until 12:43PM**
Dvitiya Until 11:29PM

Ganesha: Red *Sunrise:* 7:23AM
Muruga: White *Sunset:* 4:42PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sutra 266
Visvvasu 5127
Moon 12 - Phase 36 -
1st Phase

1

Monday, January 5, 2026

Kataka Rasi: 18.28 Tithi 18
Family Home Evening
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:13PM – 2:23PM **Ashlesha* Until 1:38AM Tue**
Yama 10:53AM – 12:03PM **Vishkambha* Until 12:16PM**
Rahu 8:33AM – 9:43AM **Vanija Until 10:27AM**
Tritiya Until 9:33PM

Ganesha: Yellow *Sunrise:* 7:23AM
Muruga: White *Sunset:* 4:43PM
Nataraja: Clear
Moon – Blue **Sivaloka Day**
Pausha-Markali

Subramuniyaswami Jayanti

Monroe, NJ
Sun 1 Sutra 267
Visvvasu 5127
Moon 12 - Phase 36 - 1
1st Phase

2

Tuesday, January 6, 2026

Simha Rasi: 2.24 Tithi 19
Creative Work Siddha Yoga
Until 1:24AM Wed
Then Creative Work - Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:03PM – 1:14PM **Magha* Until 1:24AM Wed**
Yama 9:43AM – 10:53AM **Priti Until 9:50AM**
Rahu 2:24PM – 3:34PM **Bava Until 8:52AM**
Chaturthi* Until 8:22PM

Ganesha: White *Sunrise:* 7:23AM
Muruga: White *Sunset:* 4:44PM
Nataraja: Clear
Moon – Red **Devaloka Day**
Pausha-Markali

Monroe, NJ
Sun 2 Sutra 268
Visvvasu 5127
Moon 12 - Phase 36 - 2
1st Phase

3

Wednesday, January 7, 2026

Simha Rasi: 15.52 Tithi 20
Creative Work Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:54AM – 12:04PM **Purvaphalguni Until 1:52AM Thu**
Yama 8:33AM – 9:43AM **Ayushman Until 8:01AM**
Rahu 12:04PM – 1:14PM **Kaulava Until 8:07AM**
Panchami Until 8:03PM

Ganesha: White *Sunrise:* 7:23AM
Muruga: White *Sunset:* 4:45PM
Nataraja: Clear
Moon – Red **Devaloka Day**
Pausha-Markali

Monroe, NJ
Sun 3 Sutra 269
Visvvasu 5127
Moon 12 - Phase 36 - 3
1st Phase

4

Thursday, January 8, 2026

Simha Rasi: 28.52 Tithi 21
Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:43AM – 10:54AM **Uttaraphalguni Until 3:00AM Fri**
Yama 7:23AM – 8:33AM **Saubhagya Until 6:53AM**
Rahu 1:15PM – 2:25PM **Gara Until 8:14AM**
Shashthi* Until 8:35PM

Ganesha: White *Sunrise:* 7:23AM
Muruga: White *Sunset:* 4:46PM
Nataraja: Clear
Moon – Red **Devaloka Day**
Pausha-Markali

Monroe, NJ
Sun 4 Sutra 270
Visvvasu 5127
Moon 12 - Phase 36 - 4
1st Phase

5

Friday, January 9, 2026

Kanya Rasi: 11.28 Tithi 22
Creative Work Amrita Yoga
Until 5:10AM Sat
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Sobhana/Althiganda* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:33AM – 9:44AM **Hasta Until 5:10AM Sat**
Yama 2:26PM – 3:36PM **Sobhana Until 6:24AM**
Rahu 10:54AM – 12:05PM **Visti Until 9:11AM**
Saptami Until 9:56PM

Ganesha: Clear *Sunrise:* 7:22AM
Muruga: White *Sunset:* 4:47PM
Nataraja: Clear
Moon – Green **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sun 5 Sutra 271
Visvvasu 5127
Moon 12 - Phase 36 - 5
1st Phase

D

Saturday, January 10, 2026
Retreat Star

Kanya Rasi: 23.44 Tithi 23
Routine Work Marana Yoga
Until 7:44AM Sun
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:22AM – 8:33AM **Chitra Until 7:44AM Sun**
Yama 1:16PM – 2:27PM **Athiganda* Until 6:28AM**
Rahu 9:44AM – 10:54AM **Balava Until 10:52AM**
Ashtami* Until 11:54PM

Ganesha: Clear *Sunrise:* 7:22AM
Muruga: White *Sunset:* 4:48PM
Nataraja: Clear
Moon – Green **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sun 6 Sutra 272
Visvvasu 5127
Moon 12 - Phase 36 - 6
Ashtami

Sunday, January 11, 2026

Retreat Star

Tula Rasi: 5.47 Tithi 24
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:27PM – 3:38PM **Chitra Until 7:44AM**
Yama 12:06PM – 1:16PM **Sukarma Until 6:57AM**
Rahu 3:38PM – 4:49PM **Taitila Until 1:04PM**
Navami* Until 2:17AM Mon

Ganesha: Clear *Sunrise:* 7:22AM
Muruga: White *Sunset:* 4:49PM
Nataraja: Clear
Moon – Green **Sivaloka Day**
Pausha-Markali

Monroe, NJ
Sun 7 Sutra 273
Visvvasu 5127
Moon 12 - Phase 36 - 7
Navami

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Monday, January 12, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Monroe, NJ
Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dasharyam Titau Sun 8 Sutra 274
Tula Rasi: 17.42 Tithi 25 **Gulika** 1:17PM – 2:28PM **Svati Until 10:27AM** **Ganesha:** Clear *Sunrise:* 7:22AM Visvvasu 5127
Family Home Evening 863448576 **Yama** 10:55AM – 12:06PM **Dhriti Until 7:44AM** **Muruga:** White *Sunset:* 4:50PM Moon 12 - Phase 37 - 8
Creative Work Amrita Yoga **Rahu** 8:33AM – 9:44AM **Nataraja:** Clear 2nd Phase
Until 10:27AM **Vanija Until 3:34PM** Moon – Green **Sivaloka Day**
Then Routine Work - Marana Yoga **Dashami Until 4:51AM Tue** **Pausha-Markali**

2 Tuesday, January 13, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Monroe, NJ
Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Bava Karana Ekadashyam Titau Sun 9 Sutra 275
Tula Rasi: 29.34 Tithi 26 **Gulika** 12:06PM – 1:18PM **Vishakha Until 1:37PM** **Ganesha:** Purple *Sunrise:* 7:21AM Visvvasu 5127
873448576 **Yama** 9:44AM – 10:55AM **Shula* Until 8:34AM** **Muruga:** White *Sunset:* 4:51PM Moon 12 - Phase 37 - 9
Routine Work Marana Yoga **Rahu** 2:29PM – 3:40PM **Nataraja:** Clear 2nd Phase
Until 1:37PM **Bava Until 6:09PM** Moon – Orange **Devaloka Day**
Then Creative Work - Siddha Yoga **Ekadashi* Until 7:23AM Wed** **Pausha-Markali**

3 Wednesday, January 14, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Monroe, NJ
Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 276
Vrischika Rasi: 11.26 Tithi 26 – 27 **Gulika** 10:55AM – 12:07PM **Anuradha Until 4:32PM** **Ganesha:** Purple *Sunrise:* 7:21AM Visvvasu 5127
873448576 **Yama** 8:33AM – 9:44AM **Ganda* Until 9:24AM** **Muruga:** White *Sunset:* 4:52PM Moon 12 - Phase 37 - 10
Creative Work Siddha Yoga **Rahu** 12:07PM – 1:18PM **Nataraja:** Clear 2nd Phase
Thai Pongal **Kaulava Until 8:38PM** Moon – Orange **Devaloka Day**
Ekadashi* Until 7:23AM **Pausha-Thai**

4 Thursday, January 15, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Monroe, NJ
Jyeshtha* Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 277
Vrischika Rasi: 23.22 Tithi 27 – 28 **Gulika** 9:44AM – 10:55AM **Jyeshtha* Until 7:05PM** **Ganesha:** Purple *Sunrise:* 7:21AM Visvvasu 5127
873448576 **Yama** 7:21AM – 8:32AM **Vridhi Until 10:05AM** **Muruga:** White *Sunset:* 4:53PM Moon 12 - Phase 37 - 11
Routine Work Prabalarishta Yoga **Rahu** 1:19PM – 2:30PM **Nataraja:** Clear 2nd Phase
Until 7:05PM **Gara Until 10:51PM** Moon – Orange **Devaloka Day**
Then Creative Work - Siddha Yoga **Dvadashi* Until 9:45AM** **Pausha-Thai**
Pradosha Vrata (Fasting)

5 Friday, January 16, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Monroe, NJ
Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 278
Dhanus Rasi: 5.24 Tithi 28 – 29 **Gulika** 8:32AM – 9:44AM **Mula* Until 9:39PM** **Ganesha:** Purple *Sunrise:* 7:20AM Visvvasu 5127
884448576 **Yama** 2:31PM – 3:43PM **Dhruva Until 10:32AM** **Muruga:** White *Sunset:* 4:53PM Moon 12 - Phase 37 - 12
Creative Work Amrita Yoga **Rahu** 10:56AM – 12:07PM **Nataraja:** Clear 2nd Phase
Until 9:39PM **Visti Until 12:45AM Sat** Moon – Light Blue **Devaloka Day**
Then Routine Work - Prabalarishta Yoga **Trayodashi* Until 11:50AM** **Pausha-Thai**

● Saturday, January 17, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Monroe, NJ
Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 279
Retreat Star **Gulika** 7:20AM – 8:32AM **Purvashadha* Until 11:41PM** **Ganesha:** Purple *Sunrise:* 7:20AM Visvvasu 5127
Dhanus Rasi: 17.35 Tithi 29 – 30 **Yama** 1:20PM – 2:32PM **Vyaghata* Until 10:44AM** **Muruga:** White *Sunset:* 4:56PM Moon 12 - Phase 37 - 13
884448576 **Rahu** 9:44AM – 10:56AM **Catuspada Until 2:16AM Sun** **Nataraja:** Clear Amavasya
Creative Work Siddha Yoga **Chaturdashi* Until 1:32PM** Moon – Light Blue **Devaloka Day**
Until 11:41PM **Chaturdashi* Until 1:32PM** **Pausha-Thai**
Then Routine Work - Marana Yoga

Sunday, January 18, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Monroe, NJ
Uttarashadha Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 280
Dhanus Rasi: 29.55 Tithi 30 – 1 **Gulika** 2:32PM – 3:45PM **Uttarashadha Until 1:10AM Mon** **Ganesha:** Purple *Sunrise:* 7:19AM Visvvasu 5127
884448576 **Yama** 12:08PM – 1:20PM **Harshana Until 10:38AM** **Muruga:** White *Sunset:* 4:57PM Moon 12 - Phase 37 - 14
Creative Work Amrita Yoga **Rahu** 3:45PM – 4:57PM **Kintughna Until 3:21AM Mon** **Nataraja:** Clear Prathama
Until 11:41PM **Amavasya* Until 2:50PM** Moon – Light Blue **Devaloka Day**
Magha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Monroe, NJ on 11/19/23

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Monday, January 19, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Monroe, NJ Sun 15 Sutra 281 Visvvasu 5127
1		Gulika 1:21PM – 2:33PM	Shravana Until 2:35AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 7:19AM		
Makara Rasi: 12.26	Tithi 1 – 2	Yama 10:56AM – 12:08PM	Vajra* Until 10:12AM	Muruga: White <i>Sunset:</i> 4:58PM	Moon 12 - Phase 38 - 15	
Family Home Evening	894448576	Rahu 8:31AM – 9:44AM	Balava Until 4:02AM Tue	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Prathama* Until 3:44PM	Moon – Purple		Devaloka Day
Until 2:35AM Tue				Magha+Thai		
Then Creative Work - Siddha Yoga						

Tuesday, January 20, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Monroe, NJ Sun 16 Sutra 282 Visvvasu 5127
2		Gulika 12:09PM – 1:21PM	Dhanishtha Until 3:26AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 7:18AM		
Makara Rasi: 25.08	Tithi 2 – 3	Yama 9:43AM – 10:56AM	Siddhi Until 9:28AM	Muruga: White <i>Sunset:</i> 4:59PM	Moon 12 - Phase 38 - 16	
	894448576	Rahu 2:34PM – 3:47PM	Taitila Until 4:19AM Wed	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 4:12PM	Moon – Purple		Devaloka Day
				Magha+Thai		

Wednesday, January 21, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Monroe, NJ Sun 17 Sutra 283 Visvvasu 5127
3		Gulika 10:56AM – 12:09PM	Shatabhishak Until 3:46AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 7:18AM		
Kumbha Rasi: 8.02	Tithi 3 – 4	Yama 8:30AM – 9:43AM	Vyatipata* Until 8:27AM	Muruga: White <i>Sunset:</i> 5:00PM	Moon 12 - Phase 38 - 17	
	894448576	Rahu 12:09PM – 1:22PM	Vanija Until 4:11AM Thu	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 4:17PM	Moon – Purple		Devaloka Day
				Magha+Thai		

Thursday, January 22, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigraha* Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Monroe, NJ Sun 18 Sutra 284 Visvvasu 5127
4		Gulika 9:43AM – 10:56AM	Purvaproshtapada* Until 4:01AM Fri	Ganesha: White <i>Sunrise:</i> 7:17AM		
Kumbha Rasi: 21.08	Tithi 4 – 5	Yama 7:17AM – 8:30AM	Variyan Until 7:05AM	Muruga: White <i>Sunset:</i> 5:02PM	Moon 12 - Phase 38 - 18	
	814448576	Rahu 1:22PM – 2:35PM	Bava Until 3:41AM Fri	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 3:58PM	Moon – Clear		Devaloka Day
				Magha+Thai		

Friday, January 23, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Monroe, NJ Sun 19 Sutra 285 Visvvasu 5127
5		Gulika 8:30AM – 9:43AM	Uttaraproshtapada Until 3:44AM Sat	Ganesha: White <i>Sunrise:</i> 7:16AM		
Meena Rasi: 4.26	Tithi 5 – 6	Yama 2:36PM – 3:49PM	Shiva Until 3:30AM Sat	Muruga: White <i>Sunset:</i> 5:03PM	Moon 12 - Phase 38 - 19	
	814448576	Rahu 10:56AM – 12:10PM	Kaulava Until 2:46AM Sat	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 3:15PM	Moon – Clear		Devaloka Day
Until 3:44AM Sat				Magha+Thai		
Then Routine Work - Prabalarishta Yoga						

Saturday, January 24, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Monroe, NJ Sun 20 Sutra 286 Visvvasu 5127
6		Gulika 7:16AM – 8:29AM	Revati Until 2:56AM Sun	Ganesha: Clear <i>Sunrise:</i> 7:16AM		
Meena Rasi: 17.56	Tithi 6 – 7	Yama 1:23PM – 2:37PM	Siddha Until 1:14AM Sun	Muruga: White <i>Sunset:</i> 5:04PM	Moon 12 - Phase 38 - 20	
	914448576	Rahu 9:43AM – 10:56AM	Gara Until 1:29AM Sun	Nataraja: Clear		3rd Phase
Routine Work Prabalarishta Yoga			Shashthi* Until 2:10PM	Moon – Clear		Sivaloka Day
Until 2:56AM Sun				Magha+Thai		
Then Creative Work - Siddha Yoga						

Sunday, January 25, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Monroe, NJ Sun 21 Sutra 287 Visvvasu 5127
Retreat Star		Gulika 2:38PM – 3:51PM	Ashvini Until 2:02AM Mon	Ganesha: White <i>Sunrise:</i> 7:15AM		
Mesha Rasi: 1.4	Tithi 7 – 8	Yama 12:10PM – 1:24PM	Sadhya Until 10:40PM	Muruga: White <i>Sunset:</i> 5:05PM	Moon 12 - Phase 38 - 21	
	924448576	Rahu 3:51PM – 5:05PM	Vistil Until 11:49PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 12:41PM	Moon – White		Devaloka Day
				Magha+Thai		

Monday, January 26, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Monroe, NJ Sun 22 Sutra 288 Visvvasu 5127
Retreat Star		Gulika 1:24PM – 2:38PM	Bharani Until 12:39AM Tue	Ganesha: White <i>Sunrise:</i> 7:14AM		
Mesha Rasi: 15.38	Tithi 8 – 9	Yama 10:56AM – 12:10PM	Subha Until 7:50PM	Muruga: White <i>Sunset:</i> 5:06PM	Moon 12 - Phase 38 - 22	
Family Home Evening	924448576	Rahu 8:28AM – 9:42AM	Balava Until 9:47PM	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Ashtami* Until 10:49AM	Moon – White		Devaloka Day
				Magha+Thai		

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Monroe, NJ on 11/19/23

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1		Tuesday, January 27, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Monroe, NJ Sun 23 Sutra 289	
Mesha Rasi: 29.5	Tithi 9 – 10	Gulika	12:11PM – 1:25PM	Krittika Until 10:50PM	Ganesha: White	<i>Sunrise:</i> 7:13AM	Visvvasu 5127
		Yama	9:42AM – 10:56AM	Sukla Until 4:43PM	Muruga: White	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 39 - 23
	924448576	Rahu	2:39PM – 3:53PM	Taitila Until 7:26PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Navami* Until 8:38AM	Moon – White		Devaloka Day
Until 10:50PM					Magha-Thai		
Then Creative Work - Amrita Yoga							


2		Wednesday, January 28, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Visli* Karana Dashami/Ekodashyam Titau		Monroe, NJ Sun 24 Sutra 290	
Vrishabha Rasi: 14.13	Tithi 10 – 11	Gulika	10:56AM – 12:11PM	Rohini Until 9:03PM	Ganesha: Red	<i>Sunrise:</i> 7:12AM	Visvvasu 5127
		Yama	8:27AM – 9:42AM	Brahma Until 1:25PM	Muruga: White	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 39 - 24
	935448576	Rahu	12:11PM – 1:25PM	Visli Until 3:29AM Thu	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dashami Until 6:09AM	Moon – Yellow		Sivaloka Day
					Magha-Thai		

3		Thursday, January 29, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Monroe, NJ Sun 25 Sutra 291	
Vrishabha Rasi: 28.44	Tithi 12	Gulika	9:41AM – 10:56AM	Mrigashira Until 7:01PM	Ganesha: Red	<i>Sunrise:</i> 7:12AM	Visvvasu 5127
		Yama	7:12AM – 8:26AM	Indra Until 9:59AM	Muruga: White	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 39 - 25
	935448576	Rahu	1:26PM – 2:41PM	Bava Until 2:07PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Dvadashi Until 12:42AM Fri	Moon – Yellow		Sivaloka Day
					Magha-Thai		

4		Friday, January 30, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Monroe, NJ Sun 26 Sutra 292	
Mithuna Rasi: 13.2	Tithi 13	Gulika	8:26AM – 9:41AM	Ardra Until 4:50PM	Ganesha: Red	<i>Sunrise:</i> 7:11AM	Visvvasu 5127
		Yama	2:41PM – 3:56PM	Vaidhriti* Until 6:29AM	Muruga: White	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 39 - 26
	935448576	Rahu	10:56AM – 12:11PM	Kaulava Until 11:21AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 9:58PM	Moon – Yellow		Sivaloka Day
					Magha-Thai		

Pradosha Vrata

5		Saturday, January 31, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Titau		Monroe, NJ Sun 27 Sutra 293	
Mithuna Rasi: 27.52	Tithi 14	Gulika	7:10AM – 8:25AM	Punarvasu Until 3:04PM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	Visvvasu 5127
		Yama	1:27PM – 2:42PM	Priti Until 11:48PM	Muruga: White	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 39 - 27
	945548576	Rahu	9:41AM – 10:56AM	Gara Until 8:40AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 7:24PM	Moon – Blue		Devaloka Day
		Thai Pusam			Magha-Thai		

		Sunday, February 1, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman Yoga Visli*/Balava Karana Purnima/Prathamayam Titau		Monroe, NJ Sutra 294	
Copper Retreat Star		Gulika	2:42PM – 3:57PM	Pushya Until 1:27PM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	Visvvasu 5127
Kataka Rasi: 12.14	Tithi 15 – 16	Yama	12:11PM – 1:27PM	Ayushman Until 8:48PM	Muruga: White	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 39 - Purnima
	945548576	Rahu	3:57PM – 5:13PM	Visli Until 6:15AM	Nataraja: Clear		
Creative Work	Siddha Yoga			Purnima* Until 5:09PM	Moon – Blue		Devaloka Day
					Magha-Thai		

Monday, February 2, 2026		Silver Retreat Star		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Monroe, NJ Sutra 295	
Kataka Rasi: 26.22	Tithi 16 – 17	Gulika	1:27PM – 2:43PM	Ashlesha* Until 12:07PM	Ganesha: Blue	<i>Sunrise:</i> 7:09AM	Visvvasu 5127
Family Home Evening		Yama	10:56AM – 12:11PM	Saubhagya Until 6:12PM	Muruga: White	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 39 - Prathama
	945548576	Rahu	8:24AM – 9:40AM	Taitila Until 2:41AM Tue	Nataraja: Clear		
Creative Work	Siddha Yoga			Prathama* Until 3:21PM	Moon – Blue		Devaloka Day
Until 12:07PM					Magha-Thai		
Then Routine Work - Marana Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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Tuesday, February 3, 2026
Gold Retreat Star

Simha Rasi: 10.08 Tithi 17 - 18
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Dvitiya/Trilayam Titau

Gulika 12:12PM - 1:27PM
Yama 9:40AM - 10:56AM
Rahu 2:43PM - 3:59PM

Magha* Until 11:37AM
Sobhana Until 4:06PM
Vanija Until 1:49AM Wed
Dvitiya Until 2:09PM

Ganesha: Red
Muruga: White
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:08AM
Sunset: 5:15PM

Monroe, NJ
Sun 1 Sutra 296
Visvvasu 5127
Moon 1 - Phase 40 - 1
1st Phase

Sivaloka Day

1

Wednesday, February 4, 2026

Simha Rasi: 23.33 Tithi 18 - 19
Creative Work Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Alhiganda*/Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 10:55AM - 12:12PM
Yama 8:23AM - 9:39AM
Rahu 12:12PM - 1:28PM

Maha Sankatahara Chaturthi

Purvaphalguni Until 11:40AM
Athiganda* Until 2:31PM
Bava Until 1:41AM Thu
Tritiya Until 1:38PM

Ganesha: Red
Muruga: White
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:07AM
Sunset: 5:16PM

Monroe, NJ
Sun 2 Sutra 297
Visvvasu 5127
Moon 1 - Phase 40 - 2
1st Phase

Sivaloka Day

2

Thursday, February 5, 2026

Kanya Rasi: 6.34 Tithi 19 - 20
Amrita Yoga
Until 12:16PM
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:39AM - 10:55AM
Yama 7:06AM - 8:22AM
Rahu 1:28PM - 2:45PM

Uttaraphalguni Until 12:16PM
Sukarma Until 1:31PM
Kaulava Until 2:18AM Fri
Chaturthi* Until 1:52PM

Ganesha: Red
Muruga: White
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:06AM
Sunset: 5:18PM

Monroe, NJ
Sun 3 Sutra 298
Visvvasu 5127
Moon 1 - Phase 40 - 3
1st Phase

Sivaloka Day

3

Friday, February 6, 2026

Kanya Rasi: 19.13 Tithi 20 - 21
Amrita Yoga
Until 1:54PM
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:22AM - 9:38AM
Yama 2:45PM - 4:02PM
Rahu 10:55AM - 12:12PM

Hasta Until 1:54PM
Dhriti Until 1:07PM
Gara Until 3:36AM Sat
Panchami Until 2:51PM

Ganesha: Green
Muruga: White
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:05AM
Sunset: 5:19PM

Monroe, NJ
Sun 4 Sutra 299
Visvvasu 5127
Moon 1 - Phase 40 - 4
1st Phase

Devaloka Day

4

Saturday, February 7, 2026

Tula Rasi: 1.35 Tithi 21 - 22
Routine Work Marana Yoga
Until 4:00PM
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Gulika 7:04AM - 8:21AM
Yama 1:29PM - 2:46PM
Rahu 9:38AM - 10:55AM

Chitra Until 4:00PM
Shula* Until 1:10PM
Visti Until 5:30AM Sun
Shashthi* Until 4:28PM

Ganesha: White
Muruga: White
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:04AM
Sunset: 5:20PM

Monroe, NJ
Sun 5 Sutra 300
Visvvasu 5127
Moon 1 - Phase 40 - 5
1st Phase

Devaloka Day

5

Sunday, February 8, 2026

Tula Rasi: 13.42 Tithi 22
Siddha Yoga
Until 6:24PM
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Bava Karana Saptamyam Titau

Gulika 2:47PM - 4:04PM
Yama 12:12PM - 1:29PM
Rahu 4:04PM - 5:21PM

Svati Until 6:24PM
Ganda* Until 1:38PM
Bava Until 6:35PM
Saptami Until 6:35PM

Ganesha: White
Muruga: White
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:03AM
Sunset: 5:21PM

Monroe, NJ
Sun 6 Sutra 301
Visvvasu 5127
Moon 1 - Phase 40 - 6
1st Phase

Devaloka Day

D

Monday, February 9, 2026
Retreat Star

Tula Rasi: 25.41 Tithi 23
Family Home Evening
Routine Work Marana Yoga
Until 9:25PM
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:30PM - 2:47PM
Yama 10:54AM - 12:12PM
Rahu 8:19AM - 9:37AM

Vishakha Until 9:25PM
Vridhhi Until 2:22PM
Balava Until 7:47AM
Ashtami* Until 8:59PM

Ganesha: Clear
Muruga: White
Nataraja: Orange
Moon - Orange
Magha*Thai

Sunrise: 7:01AM
Sunset: 5:23PM

Monroe, NJ
Sun 7 Sutra 302
Visvvasu 5127
Moon 1 - Phase 40 - 7
Ashtami

Sivaloka Day

Tuesday, February 10, 2026

Retreat Star

Vrischika Rasi: 7.34 Tithi 24
Siddha Yoga
Until 9:25PM

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 12:12PM - 1:30PM
Yama 9:36AM - 10:54AM
Rahu 2:48PM - 4:06PM

Anuradha Until 12:20AM Wed
Dhruva Until 3:09PM
Tailila Until 10:15AM
Navami* Until 11:28PM

Ganesha: Clear
Muruga: White
Nataraja: Orange
Moon - Orange
Magha*Thai

Sunrise: 7:00AM
Sunset: 5:24PM

Monroe, NJ
Sun 8 Sutra 303
Visvvasu 5127
Moon 1 - Phase 40 - 8
Navami

Sivaloka Day

1	Wednesday, February 11, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Monroe, NJ Sun 9 Sutra 304	
	Vrischika Rasi: 19.28	Tithi 25	976548577	Gulika Yama Rahu	10:54AM – 12:12PM 8:17AM – 9:36AM 12:12PM – 1:30PM	Jyeshtha* Until 2:58AM Thu Vyaghata* Until 3:55PM Vanija Until 12:42PM Dashami Until 1:50AM Thu	Ganesha: Clear Muruga: White Nataraja: Orange Moon – Orange Magha*Thai	Sunrise: 6:59AM Sunset: 5:25PM Moon 1 - Phase 41 - 9 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga							
	Then Routine Work - Prabalarishta Yoga							

2	Thursday, February 12, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Monroe, NJ Sun 10 Sutra 305	
	Dhanus Rasi: 1.25	Tithi 26	986548577	Gulika Yama Rahu	9:35AM – 10:54AM 6:58AM – 8:16AM 1:31PM – 2:49PM	Mula* Until 5:39AM Fri Harshana Until 4:32PM Bava Until 2:56PM Ekadashi* Until 3:54AM Fri	Ganesha: Purple Muruga: White Nataraja: Orange Moon – Light Blue Magha*Masi	Sunrise: 6:58AM Sunset: 5:26PM Moon 1 - Phase 41 - 10 2nd Phase Devaloka Day
	Creative Work Siddha Yoga							
	Until 5:39AM Fri Then Routine Work - Prabalarishta Yoga							

3	Friday, February 13, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Monroe, NJ Sun 11 Sutra 306	
	Dhanus Rasi: 13.3	Tithi 27	986548577	Gulika Yama Rahu	8:15AM – 9:34AM 2:50PM – 4:09PM 10:53AM – 12:12PM	Purvashadha* Until 7:43AM Sat Vajra* Until 4:49PM Kaulava Until 4:47PM Dvadashi* Until 5:30AM Sat	Ganesha: Purple Muruga: White Nataraja: Orange Moon – Light Blue Magha*Masi	Sunrise: 6:57AM Sunset: 5:28PM Moon 1 - Phase 41 - 11 2nd Phase Devaloka Day
	Routine Work Prabalarishta Yoga							
	Until 7:43AM Sat Then Routine Work - Marana Yoga							

4	Saturday, February 14, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara Karana Trayodashyam Titau				Monroe, NJ Sun 12 Sutra 307	
	Dhanus Rasi: 25.46	Tithi 28	987548577	Gulika Yama Rahu	6:55AM – 8:15AM 1:31PM – 2:50PM 9:34AM – 10:53AM	Purvashadha* Until 7:43AM Siddhi Until 4:45PM Gara Until 6:08PM Trayodashi* Until 6:35AM Sun	Ganesha: Clear Muruga: White Nataraja: Orange Moon – Light Blue Magha*Masi	Sunrise: 6:55AM Sunset: 5:29PM Moon 1 - Phase 41 - 12 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga							
	Until 7:43AM Then Routine Work - Marana Yoga		<i>Pradosha Vrata (Fasting)</i>					

5	Sunday, February 15, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ Sun 13 Sutra 308	
	Makara Rasi: 8.16	Tithi 28 – 29	987548577	Gulika Yama Rahu	2:51PM – 4:11PM 12:12PM – 1:32PM 4:11PM – 5:30PM	Uttarashadha Until 9:08AM Vyatipata* Until 4:16PM Visti Until 6:56PM Trayodashi* Until 6:35AM	Ganesha: Clear Muruga: White Nataraja: Orange Moon – Light Blue Magha*Masi	Sunrise: 6:54AM Sunset: 5:30PM Moon 1 - Phase 41 - 13 2nd Phase Sivaloka Day
	Creative Work Amrita Yoga							
	Then Routine Work - Marana Yoga							

●	Monday, February 16, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Monroe, NJ Sun 14 Sutra 309			
	Retreat Star		Makara Rasi: 21.01	Tithi 29 – 30	997548577	Gulika Yama Rahu	1:32PM – 2:52PM 10:52AM – 12:12PM 8:13AM – 9:32AM	Shravana Until 10:18AM Varyan Until 3:19PM Catuspada Until 7:09PM Chaturdashi* Until 7:06AM	Ganesha: Orange Muruga: White Nataraja: Orange Moon – Purple Magha*Masi	Sunrise: 6:53AM Sunset: 5:31PM Moon 1 - Phase 41 - 14 Amavasya Sivaloka Day
	Family Home Evening									
	Creative Work Amrita Yoga Until 10:18AM Then Creative Work - Siddha Yoga									

●	Tuesday, February 17, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Monroe, NJ Sun 15 Sutra 310			
	Retreat Star		Kumbha Rasi: 4.02	Tithi 30 – 1	997548577	Gulika Yama Rahu	12:12PM – 1:32PM 9:32AM – 10:52AM 2:52PM – 4:12PM	Dhanishtha Until 10:46AM Parigha* Until 1:58PM Kintughna Until 6:50PM Amavasya* Until 7:02AM	Ganesha: Orange Muruga: White Nataraja: Orange Moon – Purple Phalgun*Masi	Sunrise: 6:51AM Sunset: 5:33PM Moon 1 - Phase 41 - 15 Prathama Sivaloka Day
	Creative Work Siddha Yoga									
	Until 10:46AM Then Routine Work - Marana Yoga									

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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1	Wednesday, February 18, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Monroe, NJ
	Kumbha Rasi: 17.2	Tithi 1 - 2	Gulika 10:51AM - 12:12PM	Shatabhishak Until 10:36AM	Ganesha: Orange	<i>Sunrise:</i> 6:50AM	Sun 16 Sutra 311
	997548577		Yama 8:11AM - 9:31AM	Shiva Until 12:14PM	Muruga: White	<i>Sunset:</i> 5:34PM	Visvvasu 5127
		Rahu 12:12PM - 1:32PM	Balava Until 6:02PM	Nataraja: Orange		Moon 1 - Phase 42 - 16	
Creative Work	Siddha Yoga		Prathama* Until 6:28AM	Moon - Purple		3rd Phase	
Until 10:36AM				Phalguna-Masi		Sivaloka Day	
Then Creative Work - Amrita Yoga							

2	Thursday, February 19, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Monroe, NJ
	Meena Rasi: 0.52	Tithi 3	Gulika 9:30AM - 10:51AM	Purvaproshtapada* Until 10:19AM	Ganesha: Green	<i>Sunrise:</i> 6:49AM	Sun 17 Sutra 312
	917548577		Yama 6:49AM - 8:09AM	Siddha Until 10:09AM	Muruga: White	<i>Sunset:</i> 5:35PM	Visvvasu 5127
		Rahu 1:33PM - 2:53PM	Taitila Until 4:50PM	Nataraja: Orange		Moon 1 - Phase 42 - 17	
Creative Work	Siddha Yoga		Tritiya Until 4:06AM Fri	Moon - Clear		3rd Phase	
				Phalguna-Masi		Subha Sivaloka Day	

3	Friday, February 20, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Vanija/Visli* Karana Chaturtham Titau				Monroe, NJ
	Meena Rasi: 15	Tithi 4	Gulika 8:08AM - 9:30AM	Uttaraproshtapada Until 9:33AM	Ganesha: Green	<i>Sunrise:</i> 6:47AM	Sun 18 Sutra 313
	917548577		Yama 2:54PM - 4:15PM	Sadhya Until 7:49AM	Muruga: White	<i>Sunset:</i> 5:36PM	Visvvasu 5127
		Rahu 10:51AM - 12:12PM	Vanija Until 3:20PM	Nataraja: Orange		Moon 1 - Phase 42 - 18	
Creative Work	Siddha Yoga		Chaturthi* Until 2:27AM Sat	Moon - Clear		3rd Phase	
				Phalguna-Masi		Subha Sivaloka Day	

4	Saturday, February 21, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				Monroe, NJ
	Meena Rasi: 28.31	Tithi 5	Gulika 6:46AM - 8:07AM	Revati Until 8:24AM	Ganesha: Red	<i>Sunrise:</i> 6:46AM	Sun 19 Sutra 314
	918548577		Yama 1:33PM - 2:54PM	Sukla Until 2:34AM Sun	Muruga: White	<i>Sunset:</i> 5:37PM	Visvvasu 5127
		Rahu 9:29AM - 10:50AM	Bava Until 1:35PM	Nataraja: Orange		Moon 1 - Phase 42 - 19	
Routine Work	Prabalarishta Yoga		Panchami Until 12:37AM Sun	Moon - Clear		3rd Phase	
Until 8:24AM				Phalguna-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day					

5	Sunday, February 22, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthiyam Titau				Monroe, NJ
	Mesha Rasi: 12.32	Tithi 6	Gulika 2:55PM - 4:17PM	Ashvini Until 7:21AM	Ganesha: Blue	<i>Sunrise:</i> 6:45AM	Sun 20 Sutra 315
	928548577		Yama 12:12PM - 1:33PM	Brahma Until 11:45PM	Muruga: White	<i>Sunset:</i> 5:39PM	Visvvasu 5127
		Rahu 4:17PM - 5:39PM	Kaulava Until 11:39AM	Nataraja: Orange		Moon 1 - Phase 42 - 20	
Creative Work	Siddha Yoga		Shashthi* Until 10:38PM	Moon - White		3rd Phase	
Until 7:21AM				Phalguna-Masi		Devaloka Day	
Then Routine Work - Prabalarishta Yoga							

6	Monday, February 23, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau				Monroe, NJ
	Mesha Rasi: 26.38	Tithi 7	Gulika 1:33PM - 2:56PM	Bharani Until 6:01AM	Ganesha: Blue	<i>Sunrise:</i> 6:43AM	Sun 21 Sutra 316
	928548577		Yama 10:49AM - 12:11PM	Indra Until 8:53PM	Muruga: White	<i>Sunset:</i> 5:40PM	Visvvasu 5127
		Rahu 8:05AM - 9:27AM	Gara Until 9:37AM	Nataraja: Orange		Moon 1 - Phase 42 - 21	
Family Home Evening	Siddha Yoga		Saptami Until 8:33PM	Moon - White		3rd Phase	
Until 6:01AM				Phalguna-Masi		Devaloka Day	
Then Routine Work - Marana Yoga							

D	Tuesday, February 24, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Monroe, NJ
	Retreat Star		Gulika 12:11PM - 1:34PM	Rohini Until 3:12AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	Sun 22 Sutra 317
	Vrishabha Rasi: 10.48	Tithi 8	Yama 9:26AM - 10:49AM	Vaidhriti* Until 5:57PM	Muruga: White	<i>Sunset:</i> 5:41PM	Visvvasu 5127
938548577		Rahu 2:56PM - 4:19PM	Visti Until 7:31AM	Nataraja: Orange		Moon 1 - Phase 42 - 22	
Creative Work	Amrita Yoga		Ashtami* Until 6:25PM	Moon - Yellow		Ashtami	
Until 3:12AM Wed				Phalguna-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

D	Wednesday, February 25, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ
	Retreat Star		Gulika 10:48AM - 12:11PM	Mrigashira Until 1:46AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	Sun 23 Sutra 318
	Vrishabha Rasi: 24.59	Tithi 9 - 10	Yama 8:03AM - 9:26AM	Vishkambha* Until 3:02PM	Muruga: White	<i>Sunset:</i> 5:42PM	Visvvasu 5127
938648577		Rahu 12:11PM - 1:34PM	Taitila Until 3:15AM Thu	Nataraja: Orange		Moon 1 - Phase 42 - 23	
Creative Work	Siddha Yoga		Navami* Until 4:17PM	Moon - Yellow		Navami	
Until 1:46AM Thu				Phalguna-Masi		Subha Sivaloka Day	
Then Routine Work - Marana Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Monroe, NJ on 11/19/23


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1	Thursday, February 26, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Monroe, NJ
			Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 319
	Mithuna Rasi: 9.09	Tithi 10 – 11	Gulika 9:25AM – 10:48AM	Ardra Until 12:16AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:39AM	Visvvasu 5127
			Yama 6:39AM – 8:02AM	Priti Until 12:08PM	Muruga: White	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 43 - 24
	938648577	Rahu 1:34PM – 2:57PM	Vanija Until 1:10AM Fri	Nataraja: Orange		4th Phase	
Routine Work	Marana Yoga		Dashami Until 2:11PM	Moon – Yellow		Subha Sivaloka Day	
Until 12:16AM Fri				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

2	Friday, February 27, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				Monroe, NJ
			Punarvasu Nakshatra Ayushman/Saubhagya Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 320
	Mithuna Rasi: 23.17	Tithi 11 – 12	Gulika 8:01AM – 9:24AM	Punarvasu Until 11:09PM	Ganesha: White	<i>Sunrise:</i> 6:37AM	Visvvasu 5127
			Yama 2:58PM – 4:21PM	Ayushman Until 9:17AM	Muruga: White	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 43 - 25
	949648577	Rahu 10:47AM – 12:11PM	Bava Until 11:14PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:10PM	Moon – Blue		Devaloka Day	
Until 11:09PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							

3	Saturday, February 28, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam				Monroe, NJ
			Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 321
	Kataka Rasi: 7.19	Tithi 12 – 13	Gulika 6:36AM – 7:59AM	Pushya Until 10:07PM	Ganesha: White	<i>Sunrise:</i> 6:36AM	Visvvasu 5127
			Yama 1:34PM – 2:58PM	Saubhagya Until 6:35AM	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 1 - Phase 43 - 26
	949648577	Rahu 9:23AM – 10:47AM	Kaulava Until 9:29PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 10:19AM	Moon – Blue		Devaloka Day	
Until 10:07PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							

4	Sunday, March 1, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Monroe, NJ
			Ashlesha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 322
	Kataka Rasi: 21.12	Tithi 13 – 14	Gulika 2:59PM – 4:24PM	Ashlesha* Until 9:13PM	Ganesha: White	<i>Sunrise:</i> 6:33AM	Visvvasu 5127
			Yama 12:10PM – 1:35PM	Athiganda* Until 1:48AM Mon	Muruga: White	<i>Sunset:</i> 5:48PM	Moon 1 - Phase 43 - 27
	949648577	Rahu 4:24PM – 5:48PM	Gara Until 8:03PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 8:42AM	Moon – Blue		Devaloka Day	
Until 9:13PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Routine Work - Marana Yoga							

	Monday, March 2, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Monroe, NJ
	Copper Retreat Star		Magha* Nakshatra Sukarma Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau				Sutra 323
	Simha Rasi: 4.53	Tithi 14 – 15	Gulika 1:35PM – 3:00PM	Magha* Until 9:00PM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Visvvasu 5127
	Family Home Evening		Yama 10:45AM – 12:10PM	Sukarma Until 11:52PM	Muruga: White	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 43 -
	959648577	Rahu 7:56AM – 9:21AM	Visti Until 6:59PM	Nataraja: Orange		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 7:27AM	Moon – Red		Sivaloka Day	
Until 9:00PM		Holi		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

	Tuesday, March 3, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Monroe, NJ
	Silver Retreat Star		Purvaphalguni Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 324
	Simha Rasi: 18.2	Tithi 15 – 16	Gulika 12:10PM – 1:35PM	Purvaphalguni Until 9:06PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Visvvasu 5127
			Yama 9:20AM – 10:45AM	Dhriti Until 10:20PM	Muruga: White	<i>Sunset:</i> 5:50PM	Moon 1 - Phase 43 -
	959648577	Rahu 3:00PM – 4:25PM	Balava Until 6:25PM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 6:37AM	Moon – Red		Sivaloka Day	
Until 9:06PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Wednesday, March 4, 2026

Gold Retreat Star

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Monroe, NJ

Sutra 325

Kanya Rasi: 1.3 Tithi 16 - 17

959648577

Gulika 10:44AM - 12:10PM
Yama 7:53AM - 9:19AM
Rahu 12:10PM - 1:35PM

Uttaraphalguni Until 9:36PM

Shula* Until 9:12PM

Taitila Until 6:23PM

Prathama* Until 6:18AM

Ganesha: Clear *Sunrise: 6:28AM*

Muruga: White *Sunset: 5:51PM*

Nataraja: Orange

Moon - Red
Phalguna-Masi

Moon 2 - Phase 44 -

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 9:36PM

Then Routine Work - Marana Yoga

1

Thursday, March 5, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Monroe, NJ

Sutra 326

Kanya Rasi: 14.23 Tithi 17 - 18

169648577

Gulika 9:18AM - 10:44AM
Yama 6:26AM - 7:52AM
Rahu 1:35PM - 3:01PM

Hasta Until 10:59PM

Ganda* Until 8:33PM

Vanija Until 6:56PM

Dvitiya Until 6:34AM

Ganesha: White *Sunrise: 6:26AM*

Muruga: White *Sunset: 5:53PM*

Nataraja: Orange

Moon - Green
Phalguna-Masi

Moon 2 - Phase 44 - 1

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 10:59PM

Then Creative Work - Siddha Yoga

2

Friday, March 6, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Monroe, NJ

Sutra 327

Kanya Rasi: 26.59 Tithi 18 - 19

169648577

Gulika 7:51AM - 9:17AM
Yama 3:01PM - 4:28PM
Rahu 10:43AM - 12:09PM

Chitra Until 12:46AM Sat

Vriddhi Until 8:22PM

Bava Until 8:05PM

Tritiya Until 7:25AM

Ganesha: White *Sunrise: 6:25AM*

Muruga: White *Sunset: 5:54PM*

Nataraja: Orange

Moon - Green
Phalguna-Masi

Moon 2 - Phase 44 - 2

1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 7, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Monroe, NJ

Sutra 328

Tula Rasi: 9.2 Tithi 19 - 20

161658577

Gulika 6:23AM - 7:50AM
Yama 1:35PM - 3:02PM
Rahu 9:16AM - 10:43AM

Svati Until 2:52AM Sun

Dhruva Until 8:33PM

Kaulava Until 9:45PM

Chaturthi* Until 8:50AM

Ganesha: Purple *Sunrise: 6:23AM*

Muruga: Clear *Sunset: 5:55PM*

Nataraja: Orange

Moon - Green
Phalguna-Masi

Moon 2 - Phase 44 - 3

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 2:52AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 8, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Monroe, NJ

Sutra 329

Tula Rasi: 21.29 Tithi 20 - 21

171658577

Gulika 3:02PM - 4:29PM
Yama 12:09PM - 1:36PM
Rahu 4:29PM - 5:56PM

Vishakha Until 5:41AM Mon

Vyaghata* Until 9:04PM

Gara Until 11:50PM

Panchami Until 10:44AM

Ganesha: Clear *Sunrise: 6:22AM*

Muruga: Clear *Sunset: 5:56PM*

Nataraja: Orange

Moon - Orange
Phalguna-Masi

Moon 2 - Phase 44 - 4

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 5:41AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 9, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Monroe, NJ

Sutra 330

Vrischika Rasi: 3.29 Tithi 21 - 22

171658577

Gulika 1:36PM - 3:03PM
Yama 10:41AM - 12:08PM
Rahu 7:47AM - 9:14AM

Anuradha Until 8:32AM Tue

Harshana Until 9:49PM

Visti Until 2:11AM Tue

Shashthi* Until 12:58PM

Ganesha: Clear *Sunrise: 6:20AM*

Muruga: Clear *Sunset: 5:57PM*

Nataraja: Orange

Moon - Orange
Phalguna-Masi

Moon 2 - Phase 44 - 5

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 8:32AM Tue

Then Routine Work - Marana Yoga

6

Tuesday, March 10, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Monroe, NJ

Sutra 331

Vrischika Rasi: 15.24 Tithi 22 - 23

171658677

Gulika 12:08PM - 1:36PM
Yama 9:13AM - 10:41AM
Rahu 3:03PM - 4:31PM

Anuradha Until 8:32AM

Vajra* Until 10:37PM

Balava Until 4:37AM Wed

Saptami Until 3:23PM

Ganesha: Clear *Sunrise: 6:18AM*

Muruga: White *Sunset: 5:58PM*

Nataraja: Light Blue

Moon - Orange
Phalguna-Masi

Moon 2 - Phase 44 - 6

1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 8:32AM

Then Routine Work - Marana Yoga

D

Wednesday, March 11, 2026

Retreat Star

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Monroe, NJ

Sutra 332

Vrischika Rasi: 27.18 Tithi 23 - 24

171658677

Gulika 10:40AM - 12:08PM
Yama 7:45AM - 9:12AM
Rahu 12:08PM - 1:36PM

Jyeshtha* Until 11:15AM

Siddhi Until 11:22PM

Taitila Until 6:55AM Thu

Ashtami* Until 5:46PM

Ganesha: Clear *Sunrise: 6:17AM*

Muruga: White *Sunset: 5:59PM*

Nataraja: Light Blue

Moon - Orange
Phalguna-Masi

Moon 2 - Phase 44 - 7

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 11:15AM

Then Routine Work - Marana Yoga

Thursday, March 12, 2026

Retreat Star

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Navamyam Titau

Monroe, NJ

Sutra 333

Dhanus Rasi: 9.15 Tithi 24

181658677

Gulika 9:11AM - 10:40AM
Yama 6:15AM - 7:43AM
Rahu 1:36PM - 3:04PM

Mula* Until 2:08PM

Vyatipata* Until 11:56PM

Taitila Until 6:55AM

Navami* Until 7:56PM

Ganesha: White *Sunrise: 6:15AM*

Muruga: White *Sunset: 6:00PM*

Nataraja: Light Blue

Moon - Light Blue
Phalguna-Masi

Moon 2 - Phase 44 - 8

Navami

Bhuloka Day

Creative Work Siddha Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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1		Friday, March 13, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Varyan Yoga Vanija/Visti* Karana Dashamyam Titau			Monroe, NJ Sun 9 Sutra 334
Dhanus Rasi: 21.19	Tithi 25	Gulika 7:42AM – 9:10AM	Purvashadha* Until 4:29PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Visvvasu 5127	
		Yama 3:04PM – 4:33PM	Variyan Until 12:08AM Sat	Muruga: White	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 45 - 9	
		181658677 Rahu 10:39AM – 12:07PM	Vanija Until 8:53AM	Nataraja: Light Blue		2nd Phase	
Routine Work	Prabalarishta Yoga		Dashami Until 9:39PM	Moon – Light Blue			Bhuloka Day
Until 4:29PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							


2		Saturday, March 14, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Bava/Balava Karana Ekadashyam Titau			Monroe, NJ Sun 10 Sutra 335
Makara Rasi: 4	Tithi 26	Gulika 6:12AM – 7:41AM	Uttarashadha Until 6:08PM	Ganesha: White	<i>Sunrise:</i> 6:12AM	Visvvasu 5127	
		Yama 1:36PM – 3:05PM	Parigha* Until 11:53PM	Muruga: White	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 45 - 10	
		181658677 Rahu 9:09AM – 10:38AM	Bava Until 10:19AM	Nataraja: Light Blue		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 10:47PM	Moon – Light Blue			Bhuloka Day
Until 6:08PM		Karadayyan Nombu (Tamil Nadu)		Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

3		Sunday, March 15, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Shiva Yoga Kaulava/Tailita Karana Dvadashyam Titau			Monroe, NJ Sun 11 Sutra 336
Makara Rasi: 16.09	Tithi 27	Gulika 3:05PM – 4:34PM	Shravana Until 7:27PM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM	Visvvasu 5127	
		Yama 12:07PM – 1:36PM	Shiva Until 11:07PM	Muruga: White	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45 - 11	
		191658678 Rahu 4:34PM – 6:04PM	Kaulava Until 11:07AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 11:14PM	Moon – Purple			Bhuloka Day
Until 7:27PM				Phalguna-Panguni		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

4		Monday, March 16, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodashyam Titau			Monroe, NJ Sun 12 Sutra 337
Makara Rasi: 29.02	Tithi 28	Gulika 1:36PM – 3:06PM	Dhanishtha Until 7:54PM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	Visvvasu 5127	
Family Home Evening		Yama 10:37AM – 12:07PM	Siddha Until 9:45PM	Muruga: White	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 45 - 12	
		191658678 Rahu 7:38AM – 9:08AM	Gara Until 11:12AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 10:57PM	Moon – Purple			Bhuloka Day
				Phalguna-Panguni		Devaloka Time: 6:AM to 9:AM	

Pradosha Vrata (Fasting)

5		Tuesday, March 17, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Sadhya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Monroe, NJ Sun 13 Sutra 338
Kumbha Rasi: 12.17	Tithi 29	Gulika 12:06PM – 1:36PM	Shatabhishak Until 7:31PM	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	Visvvasu 5127	
		Yama 9:07AM – 10:36AM	Sadhya Until 7:52PM	Muruga: White	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 45 - 13	
		192658678 Rahu 3:06PM – 4:36PM	Visti Until 10:33AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 9:58PM	Moon – Purple			Devaloka Day
				Phalguna-Panguni			

		Wednesday, March 18, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Monroe, NJ Sun 14 Sutra 339
Retreat Star		Gulika 10:36AM – 12:06PM	Purvaproshtapada* Until 6:51PM	Ganesha: Red	<i>Sunrise:</i> 6:05AM	Visvvasu 5127	
Kumbha Rasi: 25.53	Tithi 30	Yama 7:35AM – 9:06AM	Subha Until 5:31PM	Muruga: White	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45 - 14	
		112658678 Rahu 12:06PM – 1:36PM	Catuspada Until 9:17AM	Nataraja: Purple		Amavasya	
Creative Work	Amrita Yoga		Amavasya* Until 8:24PM	Moon – Clear			Bhuloka Day
Until 6:51PM				Phalguna-Panguni		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

Thursdays, March 19, 2026		Retreat Star		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau			Monroe, NJ Sun 15 Sutra 340
Meena Rasi: 9.5	Tithi 1	Gulika 9:05AM – 10:35AM	Uttaraproshtapada Until 5:33PM	Ganesha: Red	<i>Sunrise:</i> 6:03AM	Visvvasu 5127	
		Yama 6:03AM – 7:34AM	Sukla Until 2:44PM	Muruga: White	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45 - 15	
		112658678 Rahu 1:36PM – 3:07PM	Kintughna Until 7:27AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 6:22PM	Moon – Clear			Bhuloka Day
		Yugadhi		Chaitra-Panguni		Devaloka Time: 9:AM to 12:PM	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1		Friday, March 20, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Monroe, NJ Sun 16 Sutra 341 Visvvasu 5127	
Meena Rasi: 24.04	Tithi 2 - 3	Gulika 7:33AM - 9:04AM	Revati Until 3:46PM	Ganesha: Red	<i>Sunrise:</i> 6:02AM	Muruga: White	<i>Sunset:</i> 6:09PM
		Yama 3:07PM - 4:38PM	Brahma Until 11:41AM	Moon - Clear		Moon 2 - Phase 46 - 16 3rd Phase	
		112658678 Rahu 10:35AM - 12:05PM	Taitila Until 2:44AM Sat	Bhuloka Day		Devaloka Time: 9:AM to 12:PM	
Creative Work	Siddha Yoga		Dvitiya Until 3:59PM	Chaitra-Panguni			
Until 3:46PM							
Then Creative Work - Amrita Yoga							

2		Saturday, March 21, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Monroe, NJ Sun 17 Sutra 342 Visvvasu 5127	
Mesha Rasi: 8.28	Tithi 3 - 4	Gulika 6:00AM - 7:31AM	Ashvini Until 2:04PM	Ganesha: Yellow	<i>Sunrise:</i> 6:00AM	Muruga: White	<i>Sunset:</i> 6:10PM
		Yama 1:36PM - 3:08PM	Indra Until 8:27AM	Moon - White		Moon 2 - Phase 46 - 17 3rd Phase	
		122658678 Rahu 9:03AM - 10:34AM	Vanija Until 12:06AM Sun	Bhuloka Day		Devaloka Time: 9:AM to 12:PM	
Creative Work	Siddha Yoga		Tritiya Until 1:24PM	Chaitra-Panguni			
		Chellappaswami Mahasamadhi					

3		Sunday, March 22, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Monroe, NJ Sun 18 Sutra 343 Visvvasu 5127	
Mesha Rasi: 22.56	Tithi 4 - 5	Gulika 3:08PM - 4:40PM	Bharani Until 12:09PM	Ganesha: Blue	<i>Sunrise:</i> 5:58AM	Muruga: White	<i>Sunset:</i> 6:11PM
		Yama 12:05PM - 1:36PM	Vishkambha* Until 1:49AM Mon	Moon - White		Moon 2 - Phase 46 - 18 3rd Phase	
		122758678 Rahu 4:40PM - 6:11PM	Bava Until 9:27PM	Bhuloka Day			
Routine Work	Prabalarishta Yoga		Chaturthi* Until 10:45AM	Chaitra-Panguni			
Until 12:09PM							
Then Creative Work - Siddha Yoga							

4		Monday, March 23, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Monroe, NJ Sun 19 Sutra 344 Visvvasu 5127	
Vrishabha Rasi: 7.25	Tithi 5 - 6	Gulika 1:36PM - 3:08PM	Krittika Until 10:09AM	Ganesha: Blue	<i>Sunrise:</i> 5:57AM	Muruga: White	<i>Sunset:</i> 6:12PM
Family Home Evening		Yama 10:33AM - 12:05PM	Priti Until 10:36PM	Moon - White		Moon 2 - Phase 46 - 19 3rd Phase	
		122758678 Rahu 7:29AM - 9:01AM	Kaulava Until 6:53PM	Bhuloka Day			
Routine Work	Marana Yoga		Panchami Until 8:08AM	Chaitra-Panguni			
Until 10:09AM							
Then Creative Work - Amrita Yoga							

5		Tuesday, March 24, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Saptamyam Titau		Monroe, NJ Sun 20 Sutra 345 Visvvasu 5127	
Vrishabha Rasi: 21.47	Tithi 7	Gulika 12:04PM - 1:37PM	Rohini Until 8:35AM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM	Muruga: White	<i>Sunset:</i> 6:13PM
		Yama 9:00AM - 10:32AM	Ayushman Until 7:32PM	Moon - Yellow		Moon 2 - Phase 46 - 20 3rd Phase	
		132758678 Rahu 3:09PM - 4:41PM	Gara Until 4:31PM	Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
Creative Work	Amrita Yoga		Saptami Until 3:23AM Wed	Chaitra-Panguni			
Until 8:35AM							
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, March 25, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Monroe, NJ Sun 21 Sutra 346 Visvvasu 5127	
Mithuna Rasi: 6.01	Tithi 8	Gulika 10:31AM - 12:04PM	Mrigashira Until 7:05AM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM	Muruga: White	<i>Sunset:</i> 6:14PM
		Yama 7:26AM - 8:59AM	Saubhagya Until 4:41PM	Moon - Yellow		Moon 2 - Phase 46 - 21 Ashtami	
		132758678 Rahu 12:04PM - 1:37PM	Visti Until 2:23PM	Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
Creative Work	Siddha Yoga		Ashtami* Until 1:24AM Thu	Chaitra-Panguni			

Retreat Star		Thursday, March 26, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Sobhana/Althiganda* Yoga Balava/Kaulava Karana Navamyam Titau		Monroe, NJ Sun 22 Sutra 347 Visvvasu 5127	
Mithuna Rasi: 20.04	Tithi 9	Gulika 8:58AM - 10:31AM	Punarvasu Until 4:58AM Fri	Ganesha: White	<i>Sunrise:</i> 5:52AM	Muruga: White	<i>Sunset:</i> 6:16PM
		Yama 5:52AM - 7:25AM	Sobhana Until 2:05PM	Moon - Blue		Moon 2 - Phase 46 - 22 Navami	
		142758678 Rahu 1:37PM - 3:10PM	Balava Until 12:32PM	Bhuloka Day			
Creative Work	Amrita Yoga		Navami* Until 11:43PM	Chaitra-Panguni			
Until 4:58AM Fri		Sri Rama Navami					
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Monroe, NJ on 11/19/23

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1	Friday, March 27, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Alhiganda/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Monroe, NJ Sun 23 Sutra 348
	Kataka Rasi: 3.55	Tithi 10	Gulika 7:23AM – 8:57AM	Pushya Until 4:24AM Sat	Ganesha: White	<i>Sunrise:</i> 5:50AM	Visvvasu 5127
			Yama 3:10PM – 4:43PM	Athiganda* Until 11:43AM	Muruga: White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 47 - 23
	Routine Work	Marana Yoga	142758678 Rahu 10:30AM – 12:03PM	Taitila Until 11:01AM	Nataraja: Purple		4th Phase
			Dashami Until 10:22PM	Moon – Blue		Bhuloka Day	
				Chaitra•Panguni			

2	Saturday, March 28, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Monroe, NJ Sun 24 Sutra 349
	Kataka Rasi: 17.34	Tithi 11	Gulika 5:48AM – 7:22AM	Ashlesha* Until 4:01AM Sun	Ganesha: White	<i>Sunrise:</i> 5:48AM	Visvvasu 5127
			Yama 1:37PM – 3:10PM	Sukarma Until 9:38AM	Muruga: White	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 47 - 24
	Routine Work	Marana Yoga	142758678 Rahu 8:56AM – 10:29AM	Vanija Until 9:50AM	Nataraja: Purple		4th Phase
			Ekadashi Until 9:21PM	Moon – Blue		Bhuloka Day	
			Yogaswami Mahasamadhi	Chaitra•Panguni			

3	Sunday, March 29, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Monroe, NJ Sun 25 Sutra 350
	Simha Rasi: 1	Tithi 12	Gulika 3:11PM – 4:45PM	Magha* Until 4:19AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Visvvasu 5127
			Yama 12:03PM – 1:37PM	Dhriti Until 7:51AM	Muruga: White	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 47 - 25
	Routine Work	Marana Yoga	152758678 Rahu 4:45PM – 6:19PM	Bava Until 9:01AM	Nataraja: Purple		4th Phase
			Dvadashi Until 8:43PM	Moon – Red		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	

4	Monday, March 30, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Monroe, NJ Sun 26 Sutra 351
	Simha Rasi: 14.14	Tithi 13	Gulika 1:37PM – 3:11PM	Purvaphalguni Until 4:51AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Visvvasu 5127
	Family Home Evening		Yama 10:28AM – 12:02PM	Shula* Until 6:21AM	Muruga: White	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 47 - 26
	Creative Work	Siddha Yoga	152758678 Rahu 7:19AM – 8:54AM	Kaulava Until 8:34AM	Nataraja: Purple		4th Phase
			Trayodashi Until 8:28PM	Moon – Red		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	

5	Tuesday, March 31, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Monroe, NJ Sun 27 Sutra 352
	Simha Rasi: 27.16	Tithi 14	Gulika 12:02PM – 1:37PM	Uttaraphalguni Until 5:38AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	Visvvasu 5127
			Yama 8:53AM – 10:27AM	Vriddhi Until 4:20AM Wed	Muruga: White	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 47 - 27
	Creative Work	Amrita Yoga	153758678 Rahu 3:11PM – 4:46PM	Gara Until 8:31AM	Nataraja: Purple		4th Phase
			Chaturdashi* Until 8:38PM	Moon – Red		Devaloka Day	
				Chaitra•Panguni			

○	Wednesday, April 1, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Monroe, NJ Sutra 353
	Copper Retreat Star		Gulika 10:27AM – 12:02PM	Hasta Until 7:09AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Visvvasu 5127
	Kanya Rasi: 10.06	Tithi 15	Yama 7:18AM – 8:53AM	Dhruva Until 3:48AM Thu	Muruga: White	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 47 - Purnima
	Routine Work	Marana Yoga	163758678 Rahu 12:02PM – 1:37PM	Visti Until 8:54AM	Nataraja: Purple		
			Purnima* Until 9:13PM	Moon – Green		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM	

○	Thursday, April 2, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Monroe, NJ Sutra 354
	Silver Retreat Star		Gulika 8:52AM – 10:27AM	Hasta Until 7:09AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Visvvasu 5127
	Kanya Rasi: 22.43	Tithi 16	Yama 5:42AM – 7:17AM	Vyaghata* Until 3:38AM Fri	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 47 - Prathama
	Routine Work	Marana Yoga	163758678 Rahu 1:37PM – 3:12PM	Balava Until 9:42AM	Nataraja: Purple		
			Prathama* Until 10:15PM	Moon – Green		Bhuloka Day	
				Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Friday, April 3, 2026
Gold Retreat Star

Tula Rasi: 5.09 Tithi 17
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:15AM – 8:51AM
Yama 3:12PM – 4:48PM
163758678 **Rahu** 10:26AM – 12:02PM

Chitra Until 8:55AM
Harshana Until 3:47AM Sat
Taitila Until 10:57AM
Dvitiya Until 11:42PM

Ganesha: Clear *Sunrise:* 5:40AM
Muruga: White *Sunset:* 6:23PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Monroe, NJ
Sun 1 Sutra 355
Visvvasu 5127
Moon 3 - Phase 48 - 1
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Saturday, April 4, 2026

Tula Rasi: 17.24 Tithi 18
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:38AM – 7:14AM
Yama 1:37PM – 3:13PM
163758678 **Rahu** 8:50AM – 10:26AM

Svati Until 10:56AM
Vajra* Until 4:12AM Sun
Vanija Until 12:36PM
Tritiya Until 1:32AM Sun

Ganesha: Clear *Sunrise:* 5:38AM
Muruga: White *Sunset:* 6:24PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Monroe, NJ
Sun 2 Sutra 356
Visvvasu 5127
Moon 3 - Phase 48 - 2
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Sunday, April 5, 2026

Tula Rasi: 29.31 Tithi 19
Routine Work Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:13PM – 4:49PM
Yama 12:01PM – 1:37PM
173758678 **Rahu** 4:49PM – 6:25PM

Vishakha Until 1:37PM
Siddhi Until 4:52AM Mon
Bava Until 2:36PM
Chaturthi* Until 3:41AM Mon

Ganesha: White *Sunrise:* 5:37AM
Muruga: White *Sunset:* 6:25PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Monroe, NJ
Sun 3 Sutra 357
Visvvasu 5127
Moon 3 - Phase 48 - 3
1st Phase

Devaloka Day

3

Monday, April 6, 2026

Vrischika Rasi: 11.29 Tithi 20
Family Home Evening
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:37PM – 3:13PM
Yama 10:24AM – 12:01PM
173758678 **Rahu** 7:11AM – 8:48AM

Anuradha Until 4:24PM
Vyatipata* Until 5:42AM Tue
Kaulava Until 4:52PM
Panchami Until 6:03AM Tue

Ganesha: White *Sunrise:* 5:35AM
Muruga: White *Sunset:* 6:26PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Monroe, NJ
Sun 4 Sutra 358
Visvvasu 5127
Moon 3 - Phase 48 - 4
1st Phase

Devaloka Day

4

Tuesday, April 7, 2026

Vrischika Rasi: 23.24 Tithi 20 – 21
Routine Work Marana Yoga
Until 7:09PM
Then Creative Work - Amrita Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Varyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 12:00PM – 1:37PM
Yama 8:47AM – 10:24AM
173758678 **Rahu** 3:14PM – 4:51PM

Jyeshtha* Until 7:09PM
Varyan Until 6:33AM Wed
Gara Until 7:17PM
Panchami Until 6:03AM

Ganesha: White *Sunrise:* 5:33AM
Muruga: White *Sunset:* 6:27PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Monroe, NJ
Sun 5 Sutra 359
Visvvasu 5127
Moon 3 - Phase 48 - 5
1st Phase

Devaloka Day

5

Wednesday, April 8, 2026

Dhanus Rasi: 5.17 Tithi 21 – 22
Routine Work Marana Yoga
Until 10:12PM
Then Creative Work - Amrita Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:23AM – 12:00PM
Yama 7:09AM – 8:46AM
183758678 **Rahu** 12:00PM – 1:37PM

Mula* Until 10:12PM
Varyan Until 6:33AM
Visti Until 9:40PM
Shashthi* Until 8:28AM

Ganesha: Yellow *Sunrise:* 5:32AM
Muruga: White *Sunset:* 6:28PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Panguni

Monroe, NJ
Sun 6 Sutra 360
Visvvasu 5127
Moon 3 - Phase 48 - 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Thursday, April 9, 2026
Retreat Star

Dhanus Rasi: 17.12 Tithi 22 – 23
Creative Work Siddha Yoga
Until 12:53AM Fri
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:45AM – 10:22AM
Yama 5:30AM – 7:08AM
183758678 **Rahu** 1:37PM – 3:15PM

Purvashadha* Until 12:53AM Fri
Parigha* Until 7:21AM
Balava Until 11:49PM
Saptami Until 10:46AM

Ganesha: Yellow *Sunrise:* 5:30AM
Muruga: White *Sunset:* 6:29PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Panguni

Monroe, NJ
Sun 7 Sutra 361
Visvvasu 5127
Moon 3 - Phase 48 - 7
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Friday, April 10, 2026

Retreat Star

Dhanus Rasi: 29.14 Tithi 23 – 24
Routine Work Marana Yoga
Until 2:57AM Sat
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:06AM – 8:44AM
Yama 3:15PM – 4:53PM
183758678 **Rahu** 10:22AM – 12:00PM

Uttarashadha Until 2:57AM Sat
Shiva Until 7:56AM
Taitila Until 1:32AM Sat
Ashtami* Until 12:43PM

Ganesha: Yellow *Sunrise:* 5:29AM
Muruga: White *Sunset:* 6:30PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Panguni

Monroe, NJ
Sun 8 Sutra 362
Visvvasu 5127
Moon 3 - Phase 48 - 8
Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Saturday, April 11, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Monroe, NJ
 Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 9 Sutra 364
 Makara Rasi: 11.28 Tithi 24 – 25 **Gulika** 5:27AM – 7:05AM **Shravana Until 4:44AM Sun** **Ganesha:** Blue *Sunrise:* 5:27AM Visvvasu 5127
 193758678 **Yama** 1:37PM – 3:15PM **Siddha Until 8:05AM** **Muruga:** White *Sunset:* 6:31PM Moon 3 - Phase 49 - 9
Rahu 8:43AM – 10:21AM **Vanija Until 2:36AM Sun** **Nataraja:** Purple 2nd Phase
 Creative Work Siddha Yoga **Navami* Until 2:08PM** **Chaitra+Panguni** **Devaloka Day**
 Until 4:44AM Sun
 Then Routine Work - Marana Yoga

2 Sunday, April 12, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Monroe, NJ
 Dhanishtha Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Dashami/Ekadashyam Titau Sun 10 Sutra 364
 Makara Rasi: 23.59 Tithi 25 – 26 **Gulika** 3:16PM – 4:54PM **Dhanishtha Until 5:35AM Mon** **Ganesha:** Blue *Sunrise:* 5:25AM Visvvasu 5127
 193758678 **Yama** 11:59AM – 1:37PM **Sadhya Until 7:44AM** **Muruga:** White *Sunset:* 6:33PM Moon 3 - Phase 49 - 10
Rahu 4:54PM – 6:33PM **Bava Until 2:53AM Mon** **Nataraja:** Purple 2nd Phase
 Routine Work Marana Yoga **Dashami Until 2:50PM** **Chaitra+Panguni** **Devaloka Day**
 Until 5:35AM Mon
 Then Creative Work - Siddha Yoga

3 Monday, April 13, 2026 Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Monroe, NJ
 Shatabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 11 Sutra 1
 Kumbha Rasi: 6.53 Tithi 26 – 27 **Gulika** 1:37PM – 3:16PM **Shatabhishak Until 5:28AM Tue** **Ganesha:** Blue *Sunrise:* 5:24AM Visvvasu 5127
Family Home Evening 193758678 **Yama** 10:20AM – 11:59AM **Subha Until 6:47AM** **Muruga:** White *Sunset:* 6:34PM Moon 3 - Phase 49 - 11
Rahu 7:03AM – 8:41AM **Kaulava Until 2:21AM Tue** **Nataraja:** Purple 2nd Phase
 Creative Work Siddha Yoga **Ekadashi* Until 2:42PM** **Chaitra+Chaitra** **Devaloka Day**
 Until 5:28AM Tue
 Then Routine Work - Marana Yoga

4 Tuesday, April 14, 2026 Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Monroe, NJ
 Purvaproshtapada* Nakshatra Brahma Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau Sun 12 Sutra 2
 Kumbha Rasi: 20.12 Tithi 27 – 28 **Gulika** 11:58AM – 1:37PM **Purvaproshtapada* Until 4:53AM Wed** **Ganesha:** White *Sunrise:* 5:22AM Parabhava 5128
 214758678 **Yama** 8:40AM – 10:19AM **Brahma Until 2:54AM Wed** **Muruga:** White *Sunset:* 6:35PM Moon 3 - Phase 49 - 12
Rahu 3:17PM – 4:56PM **Gara Until 1:00AM Wed** **Nataraja:** Purple 2nd Phase
 Routine Work Marana Yoga **Dvadashi* Until 1:45PM** **Chaitra+Chaitra** **Bhuloka Day**
 Until 4:53AM Wed **Tamil New Year** **Pradosha Vrata (Fasting)**
 Then Creative Work - Siddha Yoga

5 Wednesday, April 15, 2026 Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Monroe, NJ
 Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 13 Sutra 3
 Meena Rasi: 3.58 Tithi 28 – 29 **Gulika** 10:19AM – 11:58AM **Uttaraproshtapada Until 3:28AM Thu** **Ganesha:** White *Sunrise:* 5:21AM Parabhava 5128
 214758678 **Yama** 7:00AM – 8:39AM **Indra Until 12:06AM Thu** **Muruga:** White *Sunset:* 6:36PM Moon 3 - Phase 49 - 13
Rahu 11:58AM – 1:38PM **Visti Until 10:58PM** **Nataraja:** Purple 2nd Phase
 Creative Work Siddha Yoga **Trayodashi* Until 12:03PM** **Chaitra+Chaitra** **Bhuloka Day**

Thursday, April 16, 2026 Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Monroe, NJ
 Revati Nakshatra Vaidhriti* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 14 Sutra 4
Retreat Star **Gulika** 8:38AM – 10:18AM **Revati Until 1:22AM Fri** **Ganesha:** Yellow *Sunrise:* 5:19AM Parabhava 5128
 Meena Rasi: 18.11 Tithi 29 – 30 **Yama** 5:19AM – 6:59AM **Vaidhriti* Until 8:49PM** **Muruga:** White *Sunset:* 6:37PM Moon 3 - Phase 49 - 14
 214858678 **Rahu** 1:38PM – 3:17PM **Catuspada Until 8:21PM** **Nataraja:** Purple Amavasya
 Creative Work Siddha Yoga **Chaturdashi* Until 9:42AM** **Chaitra+Chaitra** **Bhuloka Day**
 Until 1:22AM Fri **Devaloka Time: 9:AM to 12:PM**
 Then Creative Work - Amrita Yoga

Friday, April 17, 2026 Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Monroe, NJ
 Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau Sun 15 Sutra 5
Retreat Star **Gulika** 6:58AM – 8:38AM **Ashvini Until 11:11PM** **Ganesha:** Red *Sunrise:* 5:18AM Parabhava 5128
 Mesha Rasi: 2.44 Tithi 30 – 1 **Yama** 3:18PM – 4:58PM **Vishkambha* Until 5:13PM** **Muruga:** White *Sunset:* 6:38PM Moon 3 - Phase 49 - 15
 224858678 **Rahu** 10:18AM – 11:58AM **Bava Until 3:41AM Sat** **Nataraja:** Purple Prathama
 Creative Work Amrita Yoga **Amavasya* Until 6:51AM** **Vaisaka+Chaitra** **Bhuloka Day**
 Until 11:11PM **Devaloka Time: 9:AM to 12:PM**
 Then Creative Work - Siddha Yoga

1	Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Monroe, NJ
			Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 6
	Mesha Rasi: 17.33	Tithi 2	Gulika 5:16AM – 6:56AM	Bharani Until 8:39PM	Ganesha: Red	<i>Sunrise:</i> 5:16AM	Parabhava 5128
	224858678	Rahu	Yama 1:38PM – 3:18PM	Priti Until 1:25PM	Muruga: White	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 1 - 16
Creative Work Siddha Yoga		Balava Until 2:02PM		Nataraja: Purple	3rd Phase		
Until 8:39PM		Dvitiya Until 12:21AM Sun		Moon – White	Bhuloka Day		
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

2	Sunday, April 19, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Monroe, NJ
			Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 7
	Wrishabha Rasi: 2.28	Tithi 3	Gulika 3:19PM – 4:59PM	Krittika Until 5:58PM	Ganesha: Red	<i>Sunrise:</i> 5:14AM	Parabhava 5128
	224858678	Rahu	Yama 11:57AM – 1:38PM	Ayushman Until 9:31AM	Muruga: White	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 1 - 17
Creative Work Siddha Yoga		Taitila Until 10:41AM		Nataraja: Purple	3rd Phase		
		Tritiya Until 9:00PM		Moon – White	Bhuloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

3	Monday, April 20, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Monroe, NJ
			Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 8
	Wrishabha Rasi: 17.22	Tithi 4 – 5	Gulika 1:38PM – 3:19PM	Rohini Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 5:13AM	Parabhava 5128
	224858678	Rahu	Yama 10:16AM – 11:57AM	Sobhana Until 2:03AM Tue	Muruga: White	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 1 - 18
Family Home Evening		Vanija Until 7:24AM		Nataraja: Purple	3rd Phase		
Creative Work Amrita Yoga		Chaturthi* Until 5:49PM		Moon – Yellow	Bhuloka Day		
				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

4	Tuesday, April 21, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Monroe, NJ
			Mrigashira/Ardra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 19 Sutra 9
	Mithuna Rasi: 2.05	Tithi 5 – 6	Gulika 11:57AM – 1:38PM	Mrigashira Until 1:31PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Parabhava 5128
	224858678	Rahu	Yama 8:34AM – 10:15AM	Athiganda* Until 10:39PM	Muruga: White	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 1 - 19
Creative Work Siddha Yoga		Kaulava Until 1:36AM Wed		Nataraja: Purple	3rd Phase		
Until 1:31PM		Panchami Until 2:54PM		Moon – Yellow	Bhuloka Day		
Then Routine Work - Marana Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

5	Wednesday, April 22, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Monroe, NJ
			Ardra/Punarvasu Nakshatra Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 10
	Mithuna Rasi: 16.34	Tithi 6 – 7	Gulika 10:15AM – 11:57AM	Ardra Until 11:37AM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	Parabhava 5128
	224858678	Rahu	Yama 6:52AM – 8:33AM	Sukarma Until 7:38PM	Muruga: White	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 1 - 20
Creative Work Siddha Yoga		Gara Until 11:20PM		Nataraja: Purple	3rd Phase		
		Shashthi* Until 12:23PM		Moon – Yellow	Bhuloka Day		
				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM		

☾	Thursday, April 23, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Monroe, NJ
	Retreat Star		Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 11
	Kataka Rasi: 0.43	Tithi 7 – 8	Gulika 8:32AM – 10:14AM	Punarvasu Until 10:29AM	Ganesha: White	<i>Sunrise:</i> 5:08AM	Parabhava 5128
	224858678	Rahu	Yama 5:08AM – 6:50AM	Dhriti Until 5:03PM	Muruga: White	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 1 - 21
Creative Work Amrita Yoga		Visti Until 9:35PM		Nataraja: Purple	Ashtami		
		Saptami Until 10:22AM		Moon – Blue	Devaloka Day		
				Vaisaka-Chaitra			

☽	Friday, April 24, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Monroe, NJ
	Retreat Star		Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 12
	Kataka Rasi: 14.32	Tithi 8 – 9	Gulika 6:49AM – 8:32AM	Pushya Until 9:45AM	Ganesha: White	<i>Sunrise:</i> 5:07AM	Parabhava 5128
	224858679	Rahu	Yama 3:21PM – 5:03PM	Shula* Until 2:53PM	Muruga: White	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 1 - 22
Routine Work Marana Yoga		Balava Until 8:24PM		Nataraja: Clear	Navami		
		Ashtami* Until 8:54AM		Moon – Blue	Sivaloka Day		
				Vaisaka-Chaitra			

1	Saturday, April 25, 2026		Parabhava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Monroe, NJ
	Kataka Rasi: 28.01	Tithi 9 – 10	Gulika 5:06AM – 6:48AM	Ashlesha* Until 9:26AM	Ganesha: White	<i>Sunrise:</i> 5:06AM	Sun 23 Sutra 13
			Yama 1:39PM – 3:21PM	Ganda* Until 1:12PM	Muruga: White	<i>Sunset:</i> 6:46PM	Parabhava 5128
	244858679	Rahu 8:31AM – 10:13AM		Taitila Until 7:46PM	Nataraja: Clear		Moon 3 - Phase 2 - 23 4th Phase
Routine Work	Marana Yoga		Navami* Until 8:00AM	Moon – Blue		Sivaloka Day	
Until 9:26AM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							


2	Sunday, April 26, 2026		Parabhava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Monroe, NJ
	Simha Rasi: 11.11	Tithi 10 – 11	Gulika 3:22PM – 5:05PM	Magha* Until 9:57AM	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	Sun 24 Sutra 14
			Yama 11:56AM – 1:39PM	Vridhhi Until 11:57AM	Muruga: White	<i>Sunset:</i> 6:47PM	Parabhava 5128
	255858679	Rahu 5:05PM – 6:47PM		Vanija Until 7:41PM	Nataraja: Clear		Moon 3 - Phase 2 - 24 4th Phase
Routine Work	Marana Yoga		Dashami Until 7:39AM	Moon – Red		Bhuloka Day	
Until 9:57AM				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							


3	Monday, April 27, 2026		Parabhava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Monroe, NJ
	Simha Rasi: 24.05	Tithi 11 – 12	Gulika 1:39PM – 3:22PM	Purvaphalguni Until 10:49AM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	Sun 25 Sutra 15
			Yama 10:12AM – 11:56AM	Dhruva Until 11:04AM	Muruga: White	<i>Sunset:</i> 6:48PM	Parabhava 5128
	255858679	Rahu 6:46AM – 8:29AM		Bava Until 8:04PM	Nataraja: Clear		Moon 3 - Phase 2 - 25 4th Phase
Family Home Evening			Ekadashi Until 7:48AM	Moon – Red		Bhuloka Day	
Creative Work	Siddha Yoga			Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	

4	Tuesday, April 28, 2026		Parabhava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Monroe, NJ
	Kanya Rasi: 6.47	Tithi 12 – 13	Gulika 11:55AM – 1:39PM	Uttaraphalguni Until 11:57AM	Ganesha: Purple	<i>Sunrise:</i> 5:01AM	Sun 26 Sutra 16
			Yama 8:28AM – 10:12AM	Vyaghata* Until 10:33AM	Muruga: White	<i>Sunset:</i> 6:50PM	Parabhava 5128
	255858679	Rahu 3:23PM – 5:06PM		Kaulava Until 8:53PM	Nataraja: Clear		Moon 3 - Phase 2 - 26 4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 8:24AM	Moon – Red		Bhuloka Day	
Until 11:57AM				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

Pradosha Vrata

5	Wednesday, April 29, 2026		Parabhava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Monroe, NJ
	Kanya Rasi: 19.18	Tithi 13 – 14	Gulika 10:11AM – 11:55AM	Hasta Until 1:47PM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	Sun 27 Sutra 17
			Yama 6:44AM – 8:28AM	Harshana Until 10:22AM	Muruga: White	<i>Sunset:</i> 6:51PM	Parabhava 5128
	265858679	Rahu 11:55AM – 1:39PM		Gara Until 10:04PM	Nataraja: Clear		Moon 3 - Phase 2 - 27 4th Phase
Routine Work	Marana Yoga		Trayodashi Until 9:25AM	Moon – Green		Devaloka Day	
Until 1:47PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

	Thursday, April 30, 2026		Parabhava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Monroe, NJ
	Copper Retreat Star		Gulika 8:27AM – 10:11AM	Chitra Until 3:48PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	Sutra 18
	Tula Rasi: 1.39	Tithi 14 – 15	Yama 4:59AM – 6:43AM	Vajra* Until 10:25AM	Muruga: White	<i>Sunset:</i> 6:52PM	Parabhava 5128
	265858679	Rahu 1:39PM – 3:23PM		Visti Until 11:35PM	Nataraja: Clear		Moon 3 - Phase 2 - Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 10:46AM	Moon – Green		Devaloka Day	
Until 3:48PM		Budha Purnima (Tamil Nadu)		Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

	Friday, May 1, 2026		Parabhava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Monroe, NJ
	Silver Retreat Star		Gulika 6:41AM – 8:25AM	Svati Until 5:56PM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM	Sutra 19
	Tula Rasi: 13.52	Tithi 15 – 16	Yama 3:24PM – 5:09PM	Siddhi Until 10:43AM	Muruga: White	<i>Sunset:</i> 6:54PM	Parabhava 5128
	265858679	Rahu 10:10AM – 11:55AM		Balava Until 1:24AM Sat	Nataraja: Clear		Moon 3 - Phase 2 - Prathama
Creative Work	Siddha Yoga		Purnima* Until 12:26PM	Moon – Green		Devaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for on 11/19/23

www.gurudeva.org/panchang