



**Tuesday, May 13, 2025**  
**Gold Retreat Star**

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, OR  
Sutra 30

Vrischika Rasi: 8.29 Tithi 16 – 17

275318579

**Gulika** 12:06PM – 1:57PM  
**Yama** 8:24AM – 10:15AM  
**Rahu** 3:48PM – 5:39PM

**Anuradha Until 10:17PM**  
Parigha\* Until 5:03PM  
Taitila Until 12:08AM Wed  
Prathama\* Until 11:08AM

**Ganesha:** Yellow *Sunrise:* 4:42AM  
**Muruga:** Red *Sunset:* 7:30PM  
**Nataraja:** Purple  
Moon – Orange  
Vaisaka-Chaitra

Visvvasu 5127  
Moon 4 - Phase 4 - 1st Phase

Creative Work Siddha Yoga  
Until 10:17PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**1**

**Wednesday, May 14, 2025**

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, OR  
Sun 1 Sutra 31

Vrischika Rasi: 20.33 Tithi 17 – 18

275318579

**Gulika** 10:15AM – 12:06PM  
**Yama** 6:32AM – 8:24AM  
**Rahu** 12:06PM – 1:58PM

**Jyeshtha\* Until 12:27AM Thu**  
Shiva Until 5:31PM  
Vanija Until 1:51AM Thu  
Dvitiya Until 1:01PM

**Ganesha:** Yellow *Sunrise:* 4:41AM  
**Muruga:** Red *Sunset:* 7:32PM  
**Nataraja:** Purple  
Moon – Orange  
Vaisaka-Vaikasi

Visvvasu 5127  
Moon 4 - Phase 4 - 1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**2**

**Thursday, May 15, 2025**

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Portland, OR  
Sun 2 Sutra 32

Dhanus Rasi: 2.44 Tithi 18 – 19

285318579

**Gulika** 8:23AM – 10:15AM  
**Yama** 4:40AM – 6:31AM  
**Rahu** 1:58PM – 3:49PM

**Mula\* Until 2:37AM Fri**  
Siddha Until 5:42PM  
Bava Until 3:14AM Fri  
Tritiya Until 2:34PM

**Ganesha:** Blue *Sunrise:* 4:40AM  
**Muruga:** Red *Sunset:* 7:33PM  
**Nataraja:** Purple  
Moon – Light Blue  
Vaisaka-Vaikasi

Visvvasu 5127  
Moon 4 - Phase 4 - 2 1st Phase

Creative Work Siddha Yoga

**Subha Sivaloka Day**

Until 2:37AM Fri  
Then Routine Work - Prabalarishta Yoga

**3**

**Friday, May 16, 2025**

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, OR  
Sun 3 Sutra 33

Dhanus Rasi: 15.04 Tithi 19 – 20

285318579

**Gulika** 6:30AM – 8:22AM  
**Yama** 3:50PM – 5:42PM  
**Rahu** 10:14AM – 12:06PM

**Purvashadha\* Until 4:14AM Sat**  
Sadhya Until 5:37PM  
Kaulava Until 4:13AM Sat  
Chaturthi\* Until 3:46PM

**Ganesha:** Blue *Sunrise:* 4:39AM  
**Muruga:** Red *Sunset:* 7:34PM  
**Nataraja:** Purple  
Moon – Light Blue  
Vaisaka-Vaikasi

Visvvasu 5127  
Moon 4 - Phase 4 - 3 1st Phase

Routine Work Prabalarishta Yoga

**Subha Sivaloka Day**

Until 4:14AM Sat  
Then Routine Work - Marana Yoga

**4**

**Saturday, May 17, 2025**

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Portland, OR  
Sun 4 Sutra 34

Dhanus Rasi: 27.35 Tithi 20 – 21

285318579

**Gulika** 4:37AM – 6:30AM  
**Yama** 1:58PM – 3:51PM  
**Rahu** 8:22AM – 10:14AM

**Uttarashadha Until 5:15AM Sun**  
Subha Until 5:13PM  
Gara Until 4:45AM Sun  
Panchami Until 4:31PM

**Ganesha:** Blue *Sunrise:* 4:37AM  
**Muruga:** Red *Sunset:* 7:35PM  
**Nataraja:** Purple  
Moon – Light Blue  
Vaisaka-Vaikasi

Visvvasu 5127  
Moon 4 - Phase 4 - 4 1st Phase

Routine Work Marana Yoga

**Subha Sivaloka Day**

Until 5:15AM Sun  
Then Creative Work - Amrita Yoga

**5**

**Sunday, May 18, 2025**

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Portland, OR  
Sun 5 Sutra 35

Makara Rasi: 10.18 Tithi 21 – 22

295318579

**Gulika** 3:51PM – 5:44PM  
**Yama** 12:06PM – 1:59PM  
**Rahu** 5:44PM – 7:36PM

**Shravana Until 6:03AM Mon**  
Sukla Until 4:24PM  
Visti Until 4:43AM Mon  
Shashthi\* Until 4:47PM

**Ganesha:** Red *Sunrise:* 4:36AM  
**Muruga:** Red *Sunset:* 7:36PM  
**Nataraja:** Purple  
Moon – Purple  
Vaisaka-Vaikasi

Visvvasu 5127  
Moon 4 - Phase 4 - 5 1st Phase

Creative Work Amrita Yoga

**Sivaloka Day**

Until 6:03AM Mon  
Then Creative Work - Siddha Yoga

**6**

**Monday, May 19, 2025**

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Portland, OR  
Sun 6 Sutra 36

Makara Rasi: 23.17 Tithi 22 – 23

296318579

**Gulika** 1:59PM – 3:52PM  
**Yama** 10:14AM – 12:06PM  
**Rahu** 6:28AM – 8:21AM

**Shravana Until 6:03AM**  
Brahma Until 3:08PM  
Balava Until 4:06AM Tue  
Saptami Until 4:28PM

**Ganesha:** Blue *Sunrise:* 4:35AM  
**Muruga:** Red *Sunset:* 7:37PM  
**Nataraja:** Purple  
Moon – Purple  
Vaisaka-Vaikasi

Visvvasu 5127  
Moon 4 - Phase 4 - 6 1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

Until 6:03AM  
Then Creative Work - Siddha Yoga



**Tuesday, May 20, 2025**

**Retreat Star**

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, OR  
Sun 7 Sutra 37

Kumbha Rasi: 7 Tithi 23 – 24

296318579

**Gulika** 12:06PM – 1:59PM  
**Yama** 8:20AM – 10:13AM  
**Rahu** 3:52PM – 5:45PM

**Dhanishtha Until 6:06AM**  
Indra Until 1:23PM  
Taitila Until 2:50AM Wed  
Ashtami\* Until 3:31PM

**Ganesha:** Blue *Sunrise:* 4:34AM  
**Muruga:** Red *Sunset:* 7:38PM  
**Nataraja:** Purple  
Moon – Purple  
Vaisaka-Vaikasi

Visvvasu 5127  
Moon 4 - Phase 4 - 7 Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

Until 6:06AM  
Then Routine Work - Marana Yoga

**Wednesday, May 21, 2025**

**Retreat Star**

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Portland, OR  
Sun 8 Sutra 38

Kumbha Rasi: 20.16 Tithi 24 – 25

216318579

**Gulika** 10:13AM – 12:06PM  
**Yama** 6:27AM – 8:20AM  
**Rahu** 12:06PM – 2:00PM

**Purvaproshtapada\* Until 4:17AM Thu**  
Vaidhriti\* Until 11:05AM  
Vanija Until 12:55AM Thu  
Navami\* Until 1:56PM

**Ganesha:** White *Sunrise:* 4:33AM  
**Muruga:** Red *Sunset:* 7:39PM  
**Nataraja:** Purple  
Moon – Clear  
Vaisaka-Vaikasi

Visvvasu 5127  
Moon 4 - Phase 4 - 8 Navami

Creative Work Amrita Yoga

**Devaloka Day**

Until 4:17AM Thu  
Then Creative Work - Siddha Yoga

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Portland, OR on 11/19/23


www.gurudeva.org/panchang

<b>1</b>	<b>Thursday, May 22, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkamba /Prili Yoga Visti /Bava Karana Dashami/Ekadashyam Titau				Portland, OR
	Meena Rasi: 4.2	Tithi 25 – 26	<b>Gulika</b> 8:19AM – 10:13AM	<b>Uttaraproshtapada</b> Until 2:30AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:32AM	Sun 9 Sutra 39
			Yama 4:32AM – 6:26AM	Vishkamba* Until 8:18AM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:41PM	Visvvasu 5127
	Creative Work	Siddha Yoga	216318579 <b>Rahu</b> 2:00PM – 3:54PM	Bava Until 10:26PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 9 2nd Phase
			<b>Dashami</b> Until 11:43AM	Moon – Clear		<b>Devaloka Day</b>	
				Vaisaka-Vaikasi			

<b>2</b>	<b>Friday, May 23, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR
	Meena Rasi: 18.47	Tithi 26 – 27	<b>Gulika</b> 6:25AM – 8:19AM	<b>Revati</b> Until 12:06AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:32AM	Sun 10 Sutra 40
			Yama 3:54PM – 5:48PM	Ayushman Until 1:25AM Sat	<b>Muruga:</b> Red	<i>Sunset:</i> 7:42PM	Visvvasu 5127
	Creative Work	Siddha Yoga	216318579 <b>Rahu</b> 10:13AM – 12:07PM	Kaulava Until 7:26PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 10 2nd Phase
			<b>Ekadashi*</b> Until 8:58AM	Moon – Clear		<b>Devaloka Day</b>	
				Vaisaka-Vaikasi			

<b>3</b>	<b>Saturday, May 24, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, OR
	Mesha Rasi: 3.34	Tithi 28	<b>Gulika</b> 4:31AM – 6:25AM	<b>Ashvini</b> Until 9:37PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:31AM	Sun 11 Sutra 41
			Yama 2:01PM – 3:55PM	Saubhagya Until 9:30PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:43PM	Visvvasu 5127
	Creative Work	Siddha Yoga	226318579 <b>Rahu</b> 8:19AM – 10:13AM	Gara Until 4:05PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 11 2nd Phase
			<b>Trayodashi*</b> Until 2:18AM Sun	Moon – White		<b>Devaloka Day</b>	
				Vaisaka-Vaikasi			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Sunday, May 25, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti* /Sakuni* Karana Chaturdashyam Titau				Portland, OR
	Mesha Rasi: 18.35	Tithi 29	<b>Gulika</b> 3:55PM – 5:49PM	<b>Bharani</b> Until 6:49PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:30AM	Sun 12 Sutra 42
			Yama 12:07PM – 2:01PM	Sobhana Until 5:27PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:44PM	Visvvasu 5127
	Routine Work	Prabalarishta Yoga	326318579 <b>Rahu</b> 5:49PM – 7:44PM	Visti Until 12:30PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 12 2nd Phase
			<b>Chaturdashi*</b> Until 10:39PM	Moon – White		<b>Devaloka Day</b>	
				Vaisaka-Vaikasi			

	<b>Monday, May 26, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* /Sukarma Yoga Catuspada* /Naga* Karana Amavasyayam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 2:01PM – 3:56PM	<b>Krittika</b> Until 3:52PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Sun 13 Sutra 43
	Vrishabha Rasi: 3.41	Tithi 30	Yama 10:12AM – 12:07PM	Athiganda* Until 1:21PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:45PM	Visvvasu 5127
	<b>Family Home Evening</b>		327418579 <b>Rahu</b> 6:23AM – 8:18AM	Catuspada Until 8:51AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 13 Amavasya
			<b>Amavasya*</b> Until 7:01PM	Moon – White		<b>Devaloka Day</b>	
				Vaisaka-Vaikasi			

	<b>Tuesday, May 27, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma/Dhrili Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 12:07PM – 2:02PM	<b>Rohini</b> Until 1:21PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:28AM	Sun 14 Sutra 44
	Vrishabha Rasi: 18.45	Tithi 1 – 2	Yama 8:18AM – 10:12AM	Sukarma Until 9:23AM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:46PM	Visvvasu 5127
	Creative Work	Amrita Yoga	337418579 <b>Rahu</b> 3:56PM – 5:51PM	Balava Until 1:59AM Wed	<b>Nataraja:</b> Purple		Moon 4 - Phase 5 - 14 Prathama
			<b>Prathama*</b> Until 3:34PM	Moon – Yellow		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Wednesday, June 4, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Portland, OR Sun 22 Sutra 52
	Kanya Rasi: 5.56	Tithi 9 – 10	<b>Gulika</b> 10:12AM – 12:08PM	<b>Uttaraphalguni</b> Until 1:58PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:23AM	Visvvasu 5127
			Yama 6:20AM – 8:16AM	Siddhi Until 7:45PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 7 - 22
		358418579	<b>Rahu</b> 12:08PM – 2:04PM	Taitila Until 11:39PM	<b>Nataraja:</b> Purple		4th Phase
	Creative Work	Amrita Yoga				<b>Subha Sivaloka Day</b>	
		Until 1:58PM	<b>Navami*</b> Until 10:28AM			Jyeshtha-Vaikasi	
		Then Routine Work - Marana Yoga					


<b>2</b>	<b>Thursday, June 5, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, OR Sun 23 Sutra 53
	Kanya Rasi: 17.51	Tithi 10 – 11	<b>Gulika</b> 8:16AM – 10:12AM	<b>Hasta</b> Until 5:06PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM	Visvvasu 5127
			Yama 4:23AM – 6:19AM	Vyatipata* Until 8:45PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 7 - 23
		368418571	<b>Rahu</b> 2:05PM – 4:01PM	Vanija Until 2:08AM Fri	<b>Nataraja:</b> Blue		4th Phase
	Routine Work	Marana Yoga				<b>Sivaloka Day</b>	
		Until 5:06PM	<b>Dashami</b> Until 12:51PM			Jyeshtha-Vaikasi	
		Then Creative Work - Siddha Yoga					

<b>3</b>	<b>Friday, June 6, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 24 Sutra 54
	Kanya Rasi: 29.4	Tithi 11 – 12	<b>Gulika</b> 6:19AM – 8:16AM	<b>Chitra</b> Until 8:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM	Visvvasu 5127
			Yama 4:01PM – 5:58PM	Variyan Until 9:48PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 7 - 24
		368418571	<b>Rahu</b> 10:12AM – 12:08PM	Bava Until 4:40AM Sat	<b>Nataraja:</b> Blue		4th Phase
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b>	
			<b>Ekadashi</b> Until 3:23PM			Jyeshtha-Vaikasi	

<b>4</b>	<b>Saturday, June 7, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 25 Sutra 55
	Tula Rasi: 11.29	Tithi 12 – 13	<b>Gulika</b> 4:22AM – 6:19AM	<b>Svati</b> Until 11:04PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:22AM	Visvvasu 5127
			Yama 2:05PM – 4:02PM	Parigha* Until 10:49PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 7 - 25
		368418571	<b>Rahu</b> 8:15AM – 10:12AM	Kaulava Until 7:04AM Sun	<b>Nataraja:</b> Blue		4th Phase
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b>	
			<b>Dvadashi</b> Until 5:52PM			Jyeshtha-Vaikasi	
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Sunday, June 8, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Tailita Karana Trayodashyam Titau				Portland, OR Sun 26 Sutra 56
	Tula Rasi: 23.2	Tithi 13	<b>Gulika</b> 4:02PM – 5:59PM	<b>Vishakha</b> Until 2:03AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:22AM	Visvvasu 5127
			Yama 12:09PM – 2:05PM	Shiva Until 11:40PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 7 - 26
		379418571	<b>Rahu</b> 5:59PM – 7:55PM	Kaulava Until 7:04AM	<b>Nataraja:</b> Blue		4th Phase
	Routine Work	Marana Yoga				<b>Sivaloka Day</b>	
		Until 2:03AM Mon	<b>Vaikasi Visakam</b>			Jyeshtha-Vaikasi	
		Then Creative Work - Siddha Yoga	<b>Trayodashi</b> Until 8:10PM				

<b>6</b>	<b>Monday, June 9, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, OR Sun 27 Sutra 57
	Vrischika Rasi: 5.18	Tithi 14	<b>Gulika</b> 2:06PM – 4:03PM	<b>Anuradha</b> Until 4:33AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:22AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 10:12AM – 12:09PM	Siddha Until 12:14AM Tue	<b>Muruga:</b> Red	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 7 - 27
		379418571	<b>Rahu</b> 6:19AM – 8:15AM	Gara Until 9:13AM	<b>Nataraja:</b> Blue		4th Phase
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b>	
		Until 4:33AM Tue	<b>Chaturdashi*</b> Until 10:09PM			Jyeshtha-Vaikasi	
		Then Routine Work - Marana Yoga					

	<b>Tuesday, June 10, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Portland, OR Sun 28 Sutra 58
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:09PM – 2:06PM	<b>Jyeshtha*</b> Until 6:32AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:21AM	Visvvasu 5127
	Vrischika Rasi: 17.23	Tithi 15	Yama 8:15AM – 10:12AM	Sadhya Until 12:33AM Wed	<b>Muruga:</b> Red	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 7 - Purnima
		379418571	<b>Rahu</b> 4:03PM – 6:00PM	Visti Until 11:01AM	<b>Nataraja:</b> Blue		
	Routine Work	Marana Yoga				<b>Sivaloka Day</b>	
			<b>Purnima*</b> Until 11:46PM			Jyeshtha-Vaikasi	

<b>○</b>	<b>Wednesday, June 11, 2025</b>		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, OR Sun 29 Sutra 59
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:12AM – 12:09PM	<b>Jyeshtha*</b> Until 6:32AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:21AM	Visvvasu 5127
	Vrischika Rasi: 29.38	Tithi 16	Yama 6:18AM – 8:15AM	Subha Until 12:35AM Thu	<b>Muruga:</b> Red	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 7 - Prathama
		379418571	<b>Rahu</b> 12:09PM – 2:06PM	Balava Until 12:27PM	<b>Nataraja:</b> Blue		
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b>	
		Until 6:32AM	<b>Prathama*</b> Until 1:00AM Thu			Jyeshtha-Vaikasi	
		Then Routine Work - Marana Yoga					

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



**Thursday, June 12, 2025**  
**Gold Retreat Star**

Dhanus Rasi: 12.02      Tithi 17  
389418571  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**      8:15AM – 10:12AM      **Mula\* Until 8:27AM**  
**Yama**      4:21AM – 6:18AM      Sukla Until 12:17AM Fri  
**Rahu**      2:07PM – 4:04PM      Taitila Until 1:30PM  
Dvitiya Until 1:51AM Fri

Portland, OR  
Sun 1      Sutra 60  
Visvvasu 5127  
Moon 5 - Phase 8 - 1  
1st Phase

**Ganesha:** Purple      *Sunrise:* 4:21AM  
**Muruga:** Red      *Sunset:* 7:58PM  
**Nataraja:** Blue  
Moon – Light Blue  
Jyeshtha-Vaikasi

**Devaloka Day**

**1**

**Friday, June 13, 2025**

Dhanus Rasi: 24.37      Tithi 18  
389418571  
Routine Work      Prabalarishta Yoga  
Until 9:51AM  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

**Gulika**      6:18AM – 8:15AM      **Purvashadha\* Until 9:51AM**  
**Yama**      4:04PM – 6:01PM      Brahma Until 11:42PM  
**Rahu**      10:13AM – 12:10PM      Vanija Until 2:09PM  
Tritiya Until 2:19AM Sat

Portland, OR  
Sun 2      Sutra 61  
Visvvasu 5127  
Moon 5 - Phase 8 - 2  
1st Phase

**Ganesha:** Purple      *Sunrise:* 4:21AM  
**Muruga:** Red      *Sunset:* 7:58PM  
**Nataraja:** Blue  
Moon – Light Blue  
Jyeshtha-Vaikasi

**Devaloka Day**

**2**

**Saturday, June 14, 2025**

Makara Rasi: 7.22      Tithi 19  
389418571  
Routine Work      Marana Yoga  
Until 10:43AM  
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam Titau

**Gulika**      4:21AM – 6:18AM      **Uttarashadha Until 10:43AM**  
**Yama**      2:07PM – 4:04PM      Indra Until 10:50PM  
**Rahu**      8:15AM – 10:13AM      Bava Until 2:26PM  
Chaturthi\* Until 2:24AM Sun

Portland, OR  
Sun 3      Sutra 62  
Visvvasu 5127  
Moon 5 - Phase 8 - 3  
1st Phase

**Ganesha:** Purple      *Sunrise:* 4:21AM  
**Muruga:** Red      *Sunset:* 7:59PM  
**Nataraja:** Blue  
Moon – Light Blue  
Jyeshtha-Ani

**Devaloka Day**

**3**

**Sunday, June 15, 2025**

Makara Rasi: 20.19      Tithi 20  
399418571  
Creative Work      Amrita Yoga  
Until 11:31AM  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**      4:05PM – 6:02PM      **Shravana Until 11:31AM**  
**Yama**      12:10PM – 2:07PM      Vaidhriti\* Until 9:37PM  
**Rahu**      6:02PM – 7:59PM      Kaulava Until 2:19PM  
Panchami Until 2:05AM Mon

Portland, OR  
Sun 4      Sutra 63  
Visvvasu 5127  
Moon 5 - Phase 8 - 4  
1st Phase

**Ganesha:** Clear      *Sunrise:* 4:21AM  
**Muruga:** Red      *Sunset:* 7:59PM  
**Nataraja:** Blue  
Moon – Purple  
Jyeshtha-Ani

**Sivaloka Day**

**4**

**Monday, June 16, 2025**

Kumbha Rasi: 3.28      Tithi 21  
391418571  
**Family Home Evening**  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shalabhishak Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**      2:08PM – 4:05PM      **Dhanishtha Until 11:45AM**  
**Yama**      10:13AM – 12:10PM      Vishkambha\* Until 8:05PM  
**Rahu**      6:18AM – 8:16AM      Gara Until 1:47PM  
Shashthi\* Until 1:20AM Tue

Portland, OR  
Sun 5      Sutra 64  
Visvvasu 5127  
Moon 5 - Phase 8 - 5  
1st Phase

**Ganesha:** Yellow      *Sunrise:* 4:21AM  
**Muruga:** Red      *Sunset:* 8:00PM  
**Nataraja:** Blue  
Moon – Purple  
Jyeshtha-Ani

**Sivaloka Day**

**5**

**Tuesday, June 17, 2025**

Kumbha Rasi: 16.51      Tithi 22  
391418571  
Routine Work      Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shalabhishak\*/Purvaproshtapada\* Nakshatra Priti Yoga Visli\*/Bava Karana Saptamyam Titau

**Gulika**      12:11PM – 2:08PM      **Shatabhishak Until 11:25AM**  
**Yama**      8:16AM – 10:13AM      Priti Until 6:12PM  
**Rahu**      4:05PM – 6:03PM      Visli Until 12:49PM  
Saptami Until 12:08AM Wed

Portland, OR  
Sun 6      Sutra 65  
Visvvasu 5127  
Moon 5 - Phase 8 - 6  
1st Phase

**Ganesha:** Yellow      *Sunrise:* 4:21AM  
**Muruga:** Red      *Sunset:* 8:00PM  
**Nataraja:** Blue  
Moon – Purple  
Jyeshtha-Ani

**Sivaloka Day**

**D**

**Wednesday, June 18, 2025**

**Retreat Star**

Meena Rasi: 0.3      Tithi 23  
311418571  
Creative Work      Amrita Yoga  
Until 10:54AM  
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**      10:13AM – 12:11PM      **Purvaproshtapada\* Until 10:54AM**  
**Yama**      6:18AM – 8:16AM      Ayushman Until 3:54PM  
**Rahu**      12:11PM – 2:08PM      Balava Until 11:23AM  
Ashtami\* Until 10:28PM

Portland, OR  
Sun 7      Sutra 66  
Visvvasu 5127  
Moon 5 - Phase 8 - 7  
Ashtami

**Ganesha:** Clear      *Sunrise:* 4:21AM  
**Muruga:** Red      *Sunset:* 8:00PM  
**Nataraja:** Blue  
Moon – Clear  
Jyeshtha-Ani

**Sivaloka Day**

**Thursday, June 19, 2025**

**Retreat Star**

Meena Rasi: 14.26      Tithi 24  
311418571  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**      8:16AM – 10:13AM      **Uttaraproshtapada Until 9:47AM**  
**Yama**      4:21AM – 6:19AM      Saubhagya Until 1:15PM  
**Rahu**      2:08PM – 4:06PM      Taitila Until 9:29AM  
Navami\* Until 8:21PM

Portland, OR  
Sun 8      Sutra 67  
Visvvasu 5127  
Moon 5 - Phase 8 - 8  
Navami

**Ganesha:** Clear      *Sunrise:* 4:21AM  
**Muruga:** Red      *Sunset:* 8:01PM  
**Nataraja:** Blue  
Moon – Clear  
Jyeshtha-Ani


**Sivaloka Day**

<b>1</b>	<b>Friday, June 20, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Portland, OR Sun 9 Sutra 68
	Meena Rasi: 28.39	Tithi 25 – 26	<b>Gulika</b> 6:19AM – 8:16AM Yama 4:06PM – 6:03PM <b>Rahu</b> 10:14AM – 12:11PM	<b>Revati Until 8:05AM</b> Sobhana Until 10:15AM Vanija Until 7:09AM Dashami Until 5:49PM	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Clear Jyeshtha-Ani	Sunrise: 4:21AM Sunset: 8:01PM	Visvvasu 5127 Moon 5 - Phase 9 - 9 2nd Phase
	Creative Work Siddha Yoga Until 8:05AM Then Creative Work - Amrita Yoga		<b>Subha Sivaloka Day</b>				

<b>2</b>	<b>Saturday, June 21, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 10 Sutra 69
	Mesha Rasi: 13.08	Tithi 26 – 27	<b>Gulika</b> 4:22AM – 6:19AM Yama 2:09PM – 4:06PM <b>Rahu</b> 8:16AM – 10:14AM	<b>Ashvini Until 6:18AM</b> Athiganda* Until 6:56AM Kaulava Until 1:26AM Sun Ekadashi* Until 2:57PM	<b>Ganesha: Yellow</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – White Jyeshtha-Ani	Sunrise: 4:22AM Sunset: 8:01PM	Visvvasu 5127 Moon 5 - Phase 9 - 10 2nd Phase
	Creative Work Siddha Yoga		<b>Sivaloka Day</b>				

<b>3</b>	<b>Sunday, June 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 11 Sutra 70
	Mesha Rasi: 27.49	Tithi 27 – 28	<b>Gulika</b> 4:06PM – 6:04PM Yama 12:12PM – 2:09PM <b>Rahu</b> 6:04PM – 8:01PM	<b>Krittika Until 1:36AM Mon</b> Dhriti Until 11:45PM Gara Until 10:16PM Dvadashi* Until 11:51AM	<b>Ganesha: Yellow</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – White Jyeshtha-Ani	Sunrise: 4:22AM Sunset: 8:01PM	Visvvasu 5127 Moon 5 - Phase 9 - 11 2nd Phase
	Creative Work Siddha Yoga Until 1:36AM Mon Then Creative Work - Amrita Yoga		<b>Sivaloka Day</b> <i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Monday, June 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 12 Sutra 71
	Vrishabha Rasi: 12.37	Tithi 28 – 29	<b>Gulika</b> 2:09PM – 4:07PM Yama 10:14AM – 12:12PM <b>Rahu</b> 6:19AM – 8:17AM	<b>Rohini Until 11:22PM</b> Shula* Until 8:03PM Visti Until 7:04PM Trayodashi* Until 8:39AM	<b>Ganesha: Red</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Yellow Jyeshtha-Ani	Sunrise: 4:22AM Sunset: 8:02PM	Visvvasu 5127 Moon 5 - Phase 9 - 12 2nd Phase
	Family Home Evening Creative Work Amrita Yoga		<b>Sivaloka Day</b>				

	<b>Tuesday, June 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, OR Sun 13 Sutra 72
	<b>Retreat Star</b>		<b>Gulika</b> 12:12PM – 2:09PM Yama 8:17AM – 10:15AM <b>Rahu</b> 4:07PM – 6:04PM	<b>Mrigashira Until 9:10PM</b> Ganda* Until 4:28PM Catuspada Until 4:00PM Amavasya* Until 2:32AM Wed	<b>Ganesha: Red</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Yellow Jyeshtha-Ani	Sunrise: 4:22AM Sunset: 8:02PM	Visvvasu 5127 Moon 5 - Phase 9 - 13 Amavasya
	Vrishabha Rasi: 27.23 Tithi 30 Creative Work Siddha Yoga Until 9:10PM Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>				

<b>5</b>	<b>Wednesday, June 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, OR Sun 14 Sutra 73
	<b>Retreat Star</b>		<b>Gulika</b> 10:15AM – 12:12PM Yama 6:20AM – 8:17AM <b>Rahu</b> 12:12PM – 2:10PM	<b>Ardra Until 7:08PM</b> Vridhhi Until 1:08PM Kintughna Until 1:12PM Prathama* Until 11:56PM	<b>Ganesha: Red</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Yellow Ashada-Ani	Sunrise: 4:23AM Sunset: 8:02PM	Visvvasu 5127 Moon 5 - Phase 9 - 14 Prathama
	Mithuna Rasi: 12.01 Tithi 1 Creative Work Siddha Yoga		<b>Sivaloka Day</b>				

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Portland, OR on 11/19/23

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<b>1</b>	<b>Thursday, June 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR Sun 15 Sutra 74
	Mithuna Rasi: 26.22	Tithi 2	<b>Gulika</b> 8:18AM – 10:15AM	<b>Punarvasu</b> Until 5:52PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:23AM	Visvvasu 5127
			Yama 4:23AM – 6:20AM	Dhruva Until 10:09AM	<b>Muruga:</b> Red	<i>Sunset:</i> 8:02PM	Moon 5 - Phase 10 - 15
	Creative Work	Amrita Yoga	342518571 <b>Rahu</b> 2:10PM – 4:07PM	Balava Until 10:50AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Dvitiya</b> Until 9:51PM	Moon – Blue		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>2</b>	<b>Friday, June 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, OR Sun 16 Sutra 75
	Kataka Rasi: 10.2	Tithi 3	<b>Gulika</b> 6:21AM – 8:18AM	<b>Pushya</b> Until 5:06PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:23AM	Visvvasu 5127
			Yama 4:07PM – 6:04PM	Vyaghata* Until 7:39AM	<b>Muruga:</b> Red	<i>Sunset:</i> 8:02PM	Moon 5 - Phase 10 - 16
	Routine Work	Marana Yoga	342518571 <b>Rahu</b> 10:15AM – 12:13PM	Taitila Until 9:04AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Tritiya</b> Until 8:25PM	Moon – Blue		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>3</b>	<b>Saturday, June 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Portland, OR Sun 17 Sutra 76
	Kataka Rasi: 23.53	Tithi 4	<b>Gulika</b> 4:24AM – 6:21AM	<b>Ashlesha*</b> Until 4:55PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:24AM	Visvvasu 5127
			Yama 2:10PM – 4:07PM	Vajra* Until 4:28AM Sun	<b>Muruga:</b> Red	<i>Sunset:</i> 8:02PM	Moon 5 - Phase 10 - 17
	Routine Work	Marana Yoga	342518571 <b>Rahu</b> 8:18AM – 10:16AM	Vanija Until 8:01AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Chaturthi*</b> Until 7:46PM	Moon – Blue		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>4</b>	<b>Sunday, June 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Portland, OR Sun 18 Sutra 77
	Simha Rasi: 6.59	Tithi 5	<b>Gulika</b> 4:07PM – 6:04PM	<b>Magha*</b> Until 5:52PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:24AM	Visvvasu 5127
			Yama 12:13PM – 2:10PM	Siddhi Until 3:51AM Mon	<b>Muruga:</b> Red	<i>Sunset:</i> 8:02PM	Moon 5 - Phase 10 - 18
	Routine Work	Marana Yoga	352518571 <b>Rahu</b> 6:04PM – 8:02PM	Bava Until 7:46AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Panchami</b> Until 7:57PM	Moon – Red		<b>Sivaloka Day</b>	
				Ashada*Ani			

<b>5</b>	<b>Monday, June 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, OR Sun 19 Sutra 78
	Simha Rasi: 19.42	Tithi 6	<b>Gulika</b> 2:10PM – 4:07PM	<b>Purvaphalguni</b> Until 7:26PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Visvvasu 5127
	Family Home Evening		Yama 10:16AM – 12:13PM	Vyatipata* Until 3:52AM Tue	<b>Muruga:</b> Red	<i>Sunset:</i> 8:01PM	Moon 5 - Phase 10 - 19
	Creative Work	Siddha Yoga	352518571 <b>Rahu</b> 6:22AM – 8:19AM	Kaulava Until 8:21AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Shashthi*</b> Until 8:55PM	Moon – Red		<b>Sivaloka Day</b>	
				Ashada*Ani			

<b>6</b>	<b>Tuesday, July 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau				Portland, OR Sun 20 Sutra 79
	Kanya Rasi: 2.04	Tithi 7	<b>Gulika</b> 12:13PM – 2:10PM	<b>Uttaraphalguni</b> Until 9:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Visvvasu 5127
			Yama 8:19AM – 10:16AM	Variyan Until 4:20AM Wed	<b>Muruga:</b> Red	<i>Sunset:</i> 8:01PM	Moon 5 - Phase 10 - 20
	Creative Work	Amrita Yoga	352518571 <b>Rahu</b> 4:07PM – 6:04PM	Gara Until 9:41AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Saptami</b> Until 10:34PM	Moon – Red		<b>Sivaloka Day</b>	
				Ashada*Ani			

<b>D</b>	<b>Wednesday, July 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, OR Sun 21 Sutra 80
	<b>Retreat Star</b>		<b>Gulika</b> 10:17AM – 12:14PM	<b>Hasta</b> Until 12:25AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:26AM	Visvvasu 5127
	Kanya Rasi: 14.09	Tithi 8	Yama 6:23AM – 8:20AM	Parigha* Until 5:09AM Thu	<b>Muruga:</b> Red	<i>Sunset:</i> 8:01PM	Moon 5 - Phase 10 - 21
			362518571 <b>Rahu</b> 12:14PM – 2:10PM	Visti Until 11:37AM	<b>Nataraja:</b> Blue		Ashtami
			<b>Ashtami*</b> Until 12:43AM Thu	Moon – Green		<b>Devaloka Day</b>	
				Ashada*Ani			

<b>D</b>	<b>Thursday, July 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Portland, OR Sun 22 Sutra 81
	<b>Retreat Star</b>		<b>Gulika</b> 8:20AM – 10:17AM	<b>Chitra</b> Until 3:24AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:27AM	Visvvasu 5127
	Kanya Rasi: 26.05	Tithi 9	Yama 4:27AM – 6:23AM	Shiva Until 6:09AM Fri	<b>Muruga:</b> Red	<i>Sunset:</i> 8:01PM	Moon 5 - Phase 10 - 22
			362518571 <b>Rahu</b> 2:10PM – 4:07PM	Balava Until 1:56PM	<b>Nataraja:</b> Blue		Navami
			<b>Navami*</b> Until 3:07AM Fri	Moon – Green		<b>Devaloka Day</b>	
				Ashada*Ani			

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

1	<b>Friday, July 4, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Portland, OR Sun 23 Sutra 82
	Tula Rasi: 7.56	Tithi 10	<b>Gulika</b> 6:24AM – 8:21AM	<b>Svati Until 6:14AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:27AM	Visvvasu 5127
			Yama 4:07PM – 6:04PM	Shiva Until 6:09AM	<b>Muruga:</b> Red <i>Sunset:</i> 8:00PM	Moon 5 - Phase 11 - 23
	Creative Work	Siddha Yoga	362518571 <b>Rahu</b> 10:17AM – 12:14PM	Taitila Until 4:22PM	<b>Nataraja:</b> Blue Moon – Green	4th Phase
			<b>Dashami Until 5:33AM Sat</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>	

2	<b>Saturday, July 5, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mantla Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Vanija Karana Ekadashyam Titau				Portland, OR Sun 24 Sutra 83
	Tula Rasi: 19.47	Tithi 11	<b>Gulika</b> 4:28AM – 6:24AM	<b>Svati Until 6:14AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:28AM	Visvvasu 5127
			Yama 2:11PM – 4:07PM	Siddha Until 7:07AM	<b>Muruga:</b> Red <i>Sunset:</i> 8:00PM	Moon 5 - Phase 11 - 24
	Creative Work	Siddha Yoga	362518571 <b>Rahu</b> 8:21AM – 10:17AM	Vanija Until 6:44PM	<b>Nataraja:</b> Blue Moon – Green	4th Phase
			<b>Ekadashi Until 7:47AM Sun</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>	

3	<b>Sunday, July 6, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 25 Sutra 84
	Vrischika Rasi: 1.43	Tithi 11 – 12	<b>Gulika</b> 4:07PM – 6:03PM	<b>Vishakha Until 9:13AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:29AM	Visvvasu 5127
			Yama 12:14PM – 2:11PM	Sadhya Until 7:57AM	<b>Muruga:</b> Red <i>Sunset:</i> 8:00PM	Moon 5 - Phase 11 - 25
	Routine Work	Marana Yoga	472518571 <b>Rahu</b> 6:03PM – 8:00PM	Bava Until 8:49PM	<b>Nataraja:</b> Blue Moon – Orange	4th Phase
			<b>Ekadashi Until 7:47AM</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>	

4	<b>Monday, July 7, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 26 Sutra 85
	Vrischika Rasi: 13.46	Tithi 12 – 13	<b>Gulika</b> 2:11PM – 4:07PM	<b>Anuradha Until 11:42AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:29AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 10:18AM – 12:14PM	Subha Until 8:33AM	<b>Muruga:</b> Red <i>Sunset:</i> 7:59PM	Moon 5 - Phase 11 - 26
	Creative Work	Siddha Yoga	472518571 <b>Rahu</b> 6:26AM – 8:22AM	Kaulava Until 10:31PM	<b>Nataraja:</b> Blue Moon – Orange	4th Phase
			<b>Dvadashi Until 9:42AM</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>	
<i>Pradosha Vrata</i>						

5	<b>Tuesday, July 8, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 27 Sutra 86
	Vrischika Rasi: 25.59	Tithi 13 – 14	<b>Gulika</b> 12:14PM – 2:11PM	<b>Jyeshtha* Until 1:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:30AM	Visvvasu 5127
			Yama 8:22AM – 10:18AM	Sukla Until 8:47AM	<b>Muruga:</b> Red <i>Sunset:</i> 7:59PM	Moon 5 - Phase 11 - 27
	Routine Work	Marana Yoga	472518571 <b>Rahu</b> 4:07PM – 6:03PM	Gara Until 11:45PM	<b>Nataraja:</b> Blue Moon – Orange	4th Phase
			<b>Trayodashi Until 11:10AM</b>	<b>Ashada*Ani</b>	<b>Devaloka Day</b>	

○	<b>Wednesday, July 9, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Portland, OR Sun 28 Sutra 87
	<b>Copper Retreat Star</b>	Dhanus Rasi: 8.25	Tithi 14 – 15	<b>Gulika</b> 10:19AM – 12:15PM	<b>Mula* Until 3:21PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:31AM
				Yama 6:27AM – 8:23AM	Brahma Until 8:39AM	<b>Muruga:</b> Red <i>Sunset:</i> 7:58PM
	Routine Work	Marana Yoga	482518571 <b>Rahu</b> 12:15PM – 2:11PM	Vistil Until 12:29AM Thu	<b>Nataraja:</b> Blue Moon – Light Blue	Moon 5 - Phase 11 - Purnima
			<b>Satguru Purnima</b>	<b>Chaturdashi* Until 12:09PM</b>	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>

○	<b>Thursday, July 10, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, OR Sun 29 Sutra 88
	<b>Silver Retreat Star</b>	Dhanus Rasi: 21.04	Tithi 15 – 16	<b>Gulika</b> 8:23AM – 10:19AM	<b>Purvashadha* Until 4:28PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:32AM
				Yama 4:32AM – 6:27AM	Indra Until 8:09AM	<b>Muruga:</b> Red <i>Sunset:</i> 7:58PM
	Creative Work	Siddha Yoga	483518571 <b>Rahu</b> 2:11PM – 4:06PM	Balava Until 12:45AM Fri	<b>Nataraja:</b> Blue Moon – Light Blue	Moon 5 - Phase 11 - Prathama
			<b>Purnima* Until 12:40PM</b>	<b>Ashada*Ani</b>	<b>Subha Sivaloka Day</b>	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Portland, OR on 11/19/23

www.gurudeva.org/panchang





**Friday, July 11, 2025**  
**Gold Retreat Star**

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Tilau

Portland, OR  
Sutra 89

Makara Rasi: 3.56    Tithi 16 – 17

483518571

**Gulika** 6:28AM – 8:24AM  
**Yama** 4:06PM – 6:02PM  
**Rahu** 10:19AM – 12:15PM

**Uttarashadha Until 4:59PM**  
Vaidhriti\* Until 7:15AM  
Taitila Until 12:35AM Sat  
Prathama\* Until 12:42PM

**Ganesha:** White    *Sunrise:* 4:32AM  
**Muruga:** Red    *Sunset:* 7:57PM  
**Nataraja:** Blue  
Moon – Light Blue  
Ashada\*Ani

Visvvasu 5127  
Moon 6 - Phase 12 - 1st Phase

Routine Work    Marana Yoga

**Subha Sivaloka Day**

**1**

**Saturday, July 12, 2025**

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Tilau

Portland, OR  
Sun 1    Sutra 90

Makara Rasi: 17.02    Tithi 17 – 18

493518571

**Gulika** 4:33AM – 6:29AM  
**Yama** 2:10PM – 4:06PM  
**Rahu** 8:24AM – 10:20AM

**Shravana Until 5:24PM**  
Vishkambha\* Until 6:02AM  
Vanija Until 12:01AM Sun  
Dvitiya Until 12:19PM

**Ganesha:** Yellow    *Sunrise:* 4:33AM  
**Muruga:** Red    *Sunset:* 7:57PM  
**Nataraja:** Blue  
Moon – Purple  
Ashada\*Ani

Visvvasu 5127  
Moon 6 - Phase 12 - 1st Phase

Creative Work    Siddha Yoga

**Sivaloka Day**

**2**

**Sunday, July 13, 2025**

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturthayam Tilau

Portland, OR  
Sun 2    Sutra 91

Kumbha Rasi: 0.19    Tithi 18 – 19

493518571

**Gulika** 4:06PM – 6:01PM  
**Yama** 12:15PM – 2:10PM  
**Rahu** 6:01PM – 7:56PM

**Dhanishtha Until 5:19PM**  
Ayushman Until 2:43AM Mon  
Bava Until 11:06PM  
Tritiya Until 11:35AM

**Ganesha:** Yellow    *Sunrise:* 4:34AM  
**Muruga:** Red    *Sunset:* 7:56PM  
**Nataraja:** Blue  
Moon – Purple  
Ashada\*Ani

Visvvasu 5127  
Moon 6 - Phase 12 - 2 1st Phase

Routine Work    Marana Yoga  
Until 5:19PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**3**

**Monday, July 14, 2025**

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilau

Portland, OR  
Sun 3    Sutra 92

Kumbha Rasi: 13.47    Tithi 19 – 20

493518571

**Gulika** 2:10PM – 4:05PM  
**Yama** 10:20AM – 12:15PM  
**Rahu** 6:30AM – 8:25AM

**Shatabhishak Until 4:47PM**  
Saubhagya Until 12:41AM Tue  
Kaulava Until 9:53PM  
Chaturthi\* Until 10:31AM

**Ganesha:** Yellow    *Sunrise:* 4:35AM  
**Muruga:** Red    *Sunset:* 7:55PM  
**Nataraja:** Blue  
Moon – Purple  
Ashada\*Ani

Visvvasu 5127  
Moon 6 - Phase 12 - 3 1st Phase

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 4:47PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**4**

**Tuesday, July 15, 2025**

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Tilau

Portland, OR  
Sun 4    Sutra 93

Kumbha Rasi: 27.26    Tithi 20 – 21

413618571

**Gulika** 12:15PM – 2:10PM  
**Yama** 8:26AM – 10:20AM  
**Rahu** 4:05PM – 6:00PM

**Purvaproshtapada\* Until 4:15PM**  
Sobhana Until 10:26PM  
Gara Until 8:23PM  
Panchami Until 9:09AM

**Ganesha:** Purple    *Sunrise:* 4:36AM  
**Muruga:** Red    *Sunset:* 7:55PM  
**Nataraja:** Blue  
Moon – Clear  
Ashada\*Ani

Visvvasu 5127  
Moon 6 - Phase 12 - 4 1st Phase

Routine Work    Marana Yoga  
Until 4:15PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**5**

**Wednesday, July 16, 2025**

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Tilau

Portland, OR  
Sun 5    Sutra 94

Meena Rasi: 11.15    Tithi 21 – 22

413618572

**Gulika** 10:21AM – 12:15PM  
**Yama** 6:32AM – 8:26AM  
**Rahu** 12:15PM – 2:10PM

**Uttaraproshtapada Until 3:19PM**  
Athiganda\* Until 7:56PM  
Visti Until 6:38PM  
Shashthi\* Until 7:32AM

**Ganesha:** Purple    *Sunrise:* 4:37AM  
**Muruga:** Red    *Sunset:* 7:54PM  
**Nataraja:** Yellow  
Moon – Clear  
Ashada\*Adi

Visvvasu 5127  
Moon 6 - Phase 12 - 5 1st Phase

Creative Work    Siddha Yoga  
Until 3:19PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Thursday, July 17, 2025**  
**Retreat Star**

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Tilau

Portland, OR  
Sun 6    Sutra 95

Meena Rasi: 25.13    Tithi 23

413618572

**Gulika** 8:27AM – 10:21AM  
**Yama** 4:38AM – 6:32AM  
**Rahu** 2:10PM – 4:04PM

**Revati Until 1:59PM**  
Sukarma Until 5:16PM  
Balava Until 4:38PM  
Ashtami\* Until 3:32AM Fri

**Ganesha:** Purple    *Sunrise:* 4:38AM  
**Muruga:** Red    *Sunset:* 7:53PM  
**Nataraja:** Yellow  
Moon – Clear  
Ashada\*Adi

Visvvasu 5127  
Moon 6 - Phase 12 - 6 Ashtami

Creative Work    Siddha Yoga  
Until 1:59PM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Friday, July 18, 2025**  
**Retreat Star**

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Tilau

Portland, OR  
Sun 7    Sutra 96

Mesha Rasi: 9.2    Tithi 24

423618572

**Gulika** 6:33AM – 8:27AM  
**Yama** 4:04PM – 5:58PM  
**Rahu** 10:21AM – 12:16PM

**Ashvini Until 12:43PM**  
Dhriti Until 2:26PM  
Taitila Until 2:25PM  
Navami\* Until 1:13AM Sat

**Ganesha:** Clear    *Sunrise:* 4:39AM  
**Muruga:** Red    *Sunset:* 7:52PM  
**Nataraja:** Yellow  
Moon – White  
Ashada\*Adi

Visvvasu 5127  
Moon 6 - Phase 12 - 7 Navami

Creative Work    Amrita Yoga  
Until 12:43PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yukstayam				Portland, OR
			Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 97
Mesha Rasi: 23.36	Tithi 25		<b>Gulika</b> 4:40AM – 6:34AM	<b>Bharani</b> Until 11:07AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM	Visvvasu 5127
			Yama 2:10PM – 4:04PM	Shula* Until 11:24AM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 13 - 8
		423618572	<b>Rahu</b> 8:28AM – 10:22AM	Vanija Until 12:01PM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga			<b>Dashami</b> Until 10:45PM	Moon – White		<b>Devaloka Day</b>
Until 11:07AM					Ashada*Adi		
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Sunday, July 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yukstayam				Portland, OR
			Krittika/Rohini Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 98
Vrishabha Rasi: 7.57	Tithi 26		<b>Gulika</b> 4:03PM – 5:57PM	<b>Krittika</b> Until 9:15AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Visvvasu 5127
			Yama 12:16PM – 2:09PM	Ganda* Until 8:18AM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 13 - 9
		423618572	<b>Rahu</b> 5:57PM – 7:51PM	Bava Until 9:29AM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi*</b> Until 8:11PM	Moon – White		<b>Devaloka Day</b>
					Ashada*Adi		

<b>3</b>	<b>Monday, July 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yukstayam				Portland, OR
			Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 99
Vrishabha Rasi: 22.2	Tithi 27 – 28		<b>Gulika</b> 2:09PM – 4:03PM	<b>Rohini</b> Until 7:38AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM	Visvvasu 5127
<b>Family Home Evening</b>			Yama 10:22AM – 12:16PM	Dhruva Until 2:02AM Tue	<b>Muruga:</b> Red	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 13 - 10
		433618572	<b>Rahu</b> 6:35AM – 8:29AM	Kaulava Until 6:55AM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi*</b> Until 5:38PM	Moon – Yellow		<b>Bhuloka Day</b>
					Ashada*Adi		<b>Devaloka Time: 3:PM to 6:PM</b>
							<i>Pradosha Vrata (Fasting)</i>

<b>4</b>	<b>Tuesday, July 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yukstayam				Portland, OR
			Ardra Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 100
Mithuna Rasi: 6.42	Tithi 28 – 29		<b>Gulika</b> 12:16PM – 2:09PM	<b>Ardra</b> Until 4:15AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:43AM	Visvvasu 5127
			Yama 8:29AM – 10:23AM	Vyaghata* Until 11:03PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 13 - 11
		433618572	<b>Rahu</b> 4:02PM – 5:55PM	Visti Until 2:04AM Wed	<b>Nataraja:</b> Yellow		2nd Phase
Routine Work	Marana Yoga			<b>Trayodashi*</b> Until 3:11PM	Moon – Yellow		<b>Bhuloka Day</b>
Until 4:15AM Wed					Ashada*Adi		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga							

	<b>Wednesday, July 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yukstayam				Portland, OR
	<b>Retreat Star</b>		Punarvasu Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 101
Mithuna Rasi: 20.56	Tithi 29 – 30		<b>Gulika</b> 10:23AM – 12:16PM	<b>Punarvasu</b> Until 3:12AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:44AM	Visvvasu 5127
			Yama 6:37AM – 8:30AM	Harshana Until 8:20PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 13 - 12
		443618572	<b>Rahu</b> 12:16PM – 2:09PM	Catuspada Until 12:02AM Thu	<b>Nataraja:</b> Yellow		Amavasya
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 12:59PM	Moon – Blue		<b>Bhuloka Day</b>
Until 3:12AM Thu					Ashada*Adi		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>	<b>Thursday, July 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yukstayam				Portland, OR
			Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 102
Kataka Rasi: 4.56	Tithi 30 – 1		<b>Gulika</b> 8:30AM – 10:23AM	<b>Pushya</b> Until 2:28AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:45AM	Visvvasu 5127
			Yama 4:45AM – 6:38AM	Vajra* Until 5:55PM	<b>Muruga:</b> Red	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 13 - 13
		444618572	<b>Rahu</b> 2:09PM – 4:01PM	Kintughna Until 10:27PM	<b>Nataraja:</b> Yellow		Prathama
Creative Work	Amrita Yoga			<b>Amavasya*</b> Until 11:10AM	Moon – Blue		<b>Devaloka Day</b>
Until 2:28AM Fri					Sravana*Adi		
Then Routine Work - Marana Yoga							

<b>1</b>	<b>Friday, July 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, OR Sun 14 Sutra 103
	Kataka Rasi: 18.39	Tithi 1 – 2	<b>Gulika</b> 6:38AM – 8:31AM Yama 4:01PM – 5:53PM 444618572 <b>Rahu</b> 10:23AM – 12:16PM	<b>Ashlesha* Until 2:10AM Sat</b> Siddhi Until 3:58PM Balava Until 9:27PM <b>Prathama* Until 9:51AM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon – Blue	<i>Sunrise:</i> 4:46AM <i>Sunset:</i> 7:46PM	Visvvasu 5127 Moon 6 - Phase 14 - 14 3rd Phase
	Routine Work	Marana Yoga					<b>Devaloka Day</b>

<b>2</b>	<b>Saturday, July 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Portland, OR Sun 15 Sutra 104
	Simha Rasi: 2.01	Tithi 2 – 3	<b>Gulika</b> 4:47AM – 6:39AM Yama 2:08PM – 4:00PM 454618572 <b>Rahu</b> 8:31AM – 10:24AM	<b>Magha* Until 2:51AM Sun</b> Vyatipata* Until 2:34PM Taitila Until 9:06PM <b>Dvitiya Until 9:10AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 4:47AM <i>Sunset:</i> 7:45PM	Visvvasu 5127 Moon 6 - Phase 14 - 15 3rd Phase
	Creative Work	Amrita Yoga					<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, July 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Portland, OR Sun 16 Sutra 105
	Simha Rasi: 15.01	Tithi 3 – 4	<b>Gulika</b> 4:00PM – 5:51PM Yama 12:16PM – 2:08PM 454618572 <b>Rahu</b> 5:51PM – 7:43PM	<b>Purvaphalguni Until 4:05AM Mon</b> Variyan Until 1:42PM Vanija Until 9:30PM <b>Tritiya Until 9:11AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 4:48AM <i>Sunset:</i> 7:43PM	Visvvasu 5127 Moon 6 - Phase 14 - 16 3rd Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>

<b>4</b>	<b>Monday, July 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Portland, OR Sun 17 Sutra 106
	Simha Rasi: 27.39	Tithi 4 – 5	<b>Gulika</b> 2:07PM – 3:59PM Yama 10:24AM – 12:16PM 454618572 <b>Rahu</b> 6:41AM – 8:33AM	<b>Uttaraphalguni Until 5:50AM Tue</b> Parigha* Until 1:24PM Bava Until 10:35PM <b>Chaturthi* Until 9:56AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 4:49AM <i>Sunset:</i> 7:42PM	Visvvasu 5127 Moon 6 - Phase 14 - 17 3rd Phase
	Family Home Evening						<b>Devaloka Day</b>

<b>5</b>	<b>Tuesday, July 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, OR Sun 18 Sutra 107
	Kanya Rasi: 9.59	Tithi 5 – 6	<b>Gulika</b> 12:16PM – 2:07PM Yama 8:33AM – 10:24AM 454618572 <b>Rahu</b> 3:58PM – 5:50PM	<b>Hasta Until 8:27AM Wed</b> Shiva Until 1:38PM Kaulava Until 12:17AM Wed <b>Panchami Until 11:21AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon – Red	<i>Sunrise:</i> 4:50AM <i>Sunset:</i> 7:41PM	Visvvasu 5127 Moon 6 - Phase 14 - 18 3rd Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>

<b>6</b>	<b>Wednesday, July 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Portland, OR Sun 19 Sutra 108
	Kanya Rasi: 22.05	Tithi 6 – 7	<b>Gulika</b> 10:25AM – 12:16PM Yama 6:43AM – 8:34AM 464618572 <b>Rahu</b> 12:16PM – 2:07PM	<b>Hasta Until 8:27AM</b> Siddha Until 2:14PM Gara Until 2:26AM Thu <b>Shashthi* Until 1:18PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon – Green	<i>Sunrise:</i> 4:52AM <i>Sunset:</i> 7:40PM	Visvvasu 5127 Moon 6 - Phase 14 - 19 3rd Phase
	Routine Work	Marana Yoga					<b>Sivaloka Day</b>

<b>7</b>	<b>Thursday, July 31, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saplami/Ashtamyam Titau				Portland, OR Sun 20 Sutra 109
	Tula Rasi: 4.02	Tithi 7 – 8	<b>Gulika</b> 8:34AM – 10:25AM Yama 4:53AM – 6:43AM 464618572 <b>Rahu</b> 2:06PM – 3:57PM	<b>Chitra Until 11:16AM</b> Sadhya Until 3:06PM Visti Until 4:47AM Fri <b>Saptami Until 3:34PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon – Green	<i>Sunrise:</i> 4:53AM <i>Sunset:</i> 7:39PM	Visvvasu 5127 Moon 6 - Phase 14 - 20 3rd Phase
	Creative Work	Siddha Yoga					<b>Sivaloka Day</b>

<b>8</b>	<b>Friday, August 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR Sun 21 Sutra 110
	Tula Rasi: 15.55	Tithi 8 – 9	<b>Gulika</b> 6:44AM – 8:35AM Yama 3:56PM – 5:47PM 464618572 <b>Rahu</b> 10:25AM – 12:16PM	<b>Svati Until 2:03PM</b> Subha Until 4:03PM Balava Until 7:08AM Sat <b>Ashtami* Until 5:57PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon – Green	<i>Sunrise:</i> 4:54AM <i>Sunset:</i> 7:37PM	Visvvasu 5127 Moon 6 - Phase 14 - 21 Ashtami
	Creative Work	Siddha Yoga					<b>Sivaloka Day</b>

<b>9</b>	<b>Saturday, August 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Portland, OR Sun 22 Sutra 111
	Tula Rasi: 27.49	Tithi 9	<b>Gulika</b> 4:55AM – 6:45AM Yama 2:06PM – 3:56PM 474628572 <b>Rahu</b> 8:35AM – 10:25AM	<b>Vishakha Until 5:05PM</b> Sukla Until 4:54PM Balava Until 7:08AM <b>Navami* Until 8:13PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange	<i>Sunrise:</i> 4:55AM <i>Sunset:</i> 7:36PM	Visvvasu 5127 Moon 6 - Phase 14 - 22 Navami
	Creative Work	Siddha Yoga					<b>Sivaloka Day</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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<b>1</b>	<b>Sunday, August 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Portland, OR Sun 23 Sutra 112
	Vrischika Rasi: 9.46	Tithi 10	Gulika Yama	3:55PM – 5:45PM 12:15PM – 2:05PM	<b>Anuradha Until 7:41PM</b> Brahma Until 5:33PM Taitila Until 9:16AM Dashami Until 10:11PM	Ganesha: Clear Muruga: Blue Nataraja: Yellow Moon – Orange Srivana*Adi	Sunrise: 4:56AM Sunset: 7:35PM Moon 6 - Phase 15 - 23 4th Phase
	474628572		Rahu	5:45PM – 7:35PM	<b>Sivaloka Day</b>		
	Routine Work Marana Yoga						

<b>2</b>	<b>Monday, August 4, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Ekadashyam Titau				Portland, OR Sun 24 Sutra 113
	Vrischika Rasi: 21.53	Tithi 11	Gulika Yama	2:05PM – 3:54PM 10:26AM – 12:15PM	<b>Jyeshtha* Until 9:41PM</b> Indra Until 5:53PM Vanija Until 11:01AM Ekadashi Until 11:41PM	Ganesha: Clear Muruga: Blue Nataraja: Yellow Moon – Orange Srivana*Adi	Sunrise: 4:57AM Sunset: 7:33PM Moon 6 - Phase 15 - 24 4th Phase
	474628572		Rahu	6:47AM – 8:36AM	<b>Sivaloka Day</b>		
	Family Home Evening Creative Work Siddha Yoga						

<b>3</b>	<b>Tuesday, August 5, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau				Portland, OR Sun 25 Sutra 114
	Dhanus Rasi: 4.12	Tithi 12	Gulika Yama	12:15PM – 2:04PM 8:37AM – 10:26AM	<b>Mula* Until 11:29PM</b> Vaidhriti* Until 5:46PM Bava Until 12:16PM Dvadashi Until 12:39AM Wed	Ganesha: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue Srivana*Adi	Sunrise: 4:59AM Sunset: 7:32PM Moon 6 - Phase 15 - 25 4th Phase
	485628572		Rahu	3:54PM – 5:43PM	<b>Sivaloka Day</b>		
	Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Wednesday, August 6, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, OR Sun 26 Sutra 115
	Dhanus Rasi: 16.46	Tithi 13	Gulika Yama	10:26AM – 12:15PM 6:49AM – 8:37AM	<b>Purvashadha* Until 12:32AM Thu</b> Vishkambha* Until 5:12PM Kaulava Until 12:55PM Trayodashi Until 1:00AM Thu	Ganesha: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue Srivana*Adi	Sunrise: 5:00AM Sunset: 7:31PM Moon 6 - Phase 15 - 26 4th Phase
	485628572		Rahu	12:15PM – 2:04PM	<b>Sivaloka Day</b>		
	Creative Work Amrita Yoga Until 12:32AM Thu Then Routine Work - Marana Yoga		<i>Pradosha Vrata</i>				

<b>5</b>	<b>Thursday, August 7, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, OR Sun 27 Sutra 116
	Dhanus Rasi: 29.36	Tithi 14	Gulika Yama	8:38AM – 10:26AM 5:01AM – 6:49AM	<b>Uttarashadha Until 12:51AM Fri</b> Priti Until 4:11PM Gara Until 12:58PM Chaturdashi* Until 12:46AM Fri	Ganesha: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue Srivana*Adi	Sunrise: 5:01AM Sunset: 7:29PM Moon 6 - Phase 15 - 27 4th Phase
	485628572		Rahu	2:04PM – 3:52PM	<b>Sivaloka Day</b>		
	Routine Work Marana Yoga						

	<b>Friday, August 8, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Portland, OR Sutra 117		
	<b>Copper Retreat Star</b>		Makara Rasi: 12.44	Tithi 15	Gulika Yama	6:50AM – 8:38AM 3:51PM – 5:39PM	<b>Shravana Until 12:57AM Sat</b> Ayushman Until 2:41PM Visti Until 12:27PM Purnima* Until 11:59PM	Ganesha: Blue Muruga: Blue Nataraja: Yellow Moon – Purple Srivana*Adi	Sunrise: 5:02AM Sunset: 7:28PM Moon 6 - Phase 15 - Purnima
	495628572		Rahu	10:27AM – 12:15PM	<b>Devaloka Day</b>				
	Routine Work Marana Yoga Until 12:57AM Sat Then Creative Work - Siddha Yoga		<b>Varalakshmi Vratam</b>						

<b>6</b>	<b>Saturday, August 9, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, OR Sutra 118		
	<b>Silver Retreat Star</b>		Makara Rasi: 26.1	Tithi 16	Gulika Yama	5:03AM – 6:51AM 2:03PM – 3:50PM	<b>Dhanishtha Until 12:25AM Sun</b> Saubhagya Until 12:47PM Balava Until 11:26AM Prathama* Until 10:44PM	Ganesha: Yellow Muruga: Blue Nataraja: Yellow Moon – Purple Srivana*Adi	Sunrise: 5:03AM Sunset: 7:26PM Moon 6 - Phase 15 - Prathama
	495728572		Rahu	8:39AM – 10:27AM	<b>Sivaloka Day</b>				
	Creative Work Siddha Yoga								

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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**Sunday, August 10, 2025**  
**Gold Retreat Star**

Kumbha Rasi: 9.52 Tithi 17  
Creative Work Siddha Yoga

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 3:50PM – 5:37PM  
Yama 12:15PM – 2:02PM  
Rahu 5:37PM – 7:25PM

Portland, OR  
Sun 1 Sutra 119  
Visvavasu 5127  
Moon 7 - Phase 16 - 1  
1st Phase

**Shatabhishak Until 11:22PM**  
Sobhana Until 10:34AM  
Taitila Until 9:58AM  
Dvitiya Until 9:06PM

Ganesha: Yellow  
Muruga: Blue  
Nataraja: Yellow  
Moon – Purple  
Sunrise: 5:04AM  
Sunset: 7:25PM

**Sivaloka Day**

Sravana-Adi

**1**

**Monday, August 11, 2025**

Kumbha Rasi: 23.46 Tithi 18  
Family Home Evening  
Routine Work Marana Yoga  
Until 10:21PM  
Then Creative Work - Siddha Yoga

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau  
Gulika 2:02PM – 3:49PM  
Yama 10:27AM – 12:14PM  
Rahu 6:53AM – 8:40AM

Portland, OR  
Sun 2 Sutra 120  
Visvavasu 5127  
Moon 7 - Phase 16 - 2  
1st Phase

**Purvaproshtapada\* Until 10:21PM**  
Athiganda\* Until 8:03AM  
Vanija Until 8:11AM  
Tritiya Until 7:11PM

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon – Clear  
Sunrise: 5:06AM  
Sunset: 7:23PM

**Sivaloka Day**

Sravana-Adi

**2**

**Tuesday, August 12, 2025**

Meena Rasi: 7.49 Tithi 19 – 20  
Creative Work Amrita Yoga  
Until 9:00PM  
Then Creative Work - Siddha Yoga

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau  
Gulika 12:14PM – 2:01PM  
Yama 8:41AM – 10:27AM  
Rahu 3:48PM – 5:35PM

Portland, OR  
Sun 3 Sutra 121  
Visvavasu 5127  
Moon 7 - Phase 16 - 3  
1st Phase

**Uttaraproshtapada Until 9:00PM**  
Dhriti Until 2:33AM Wed  
Bava Until 6:10AM  
Chaturthi\* Until 5:04PM

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon – Clear  
Sunrise: 5:07AM  
Sunset: 7:22PM

**Sivaloka Day**

Sravana-Adi

**3**

**Wednesday, August 13, 2025**

Meena Rasi: 21.59 Tithi 20 – 21  
Routine Work Marana Yoga

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Shula\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
Gulika 10:28AM – 12:14PM  
Yama 6:55AM – 8:41AM  
Rahu 12:14PM – 2:01PM

Portland, OR  
Sun 4 Sutra 122  
Visvavasu 5127  
Moon 7 - Phase 16 - 4  
1st Phase

**Revati Until 7:24PM**  
Shula\* Until 11:38PM  
Gara Until 1:44AM Thu  
Panchami Until 2:51PM

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon – Clear  
Sunrise: 5:08AM  
Sunset: 7:20PM

**Sivaloka Day**

Sravana-Adi

**4**

**Thursday, August 14, 2025**

Mesha Rasi: 6.11 Tithi 21 – 22  
Creative Work Amrita Yoga  
Until 6:03PM  
Then Creative Work - Siddha Yoga

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 8:42AM – 10:28AM  
Yama 5:09AM – 6:55AM  
Rahu 2:00PM – 3:46PM

Portland, OR  
Sun 5 Sutra 123  
Visvavasu 5127  
Moon 7 - Phase 16 - 5  
1st Phase

**Ashvini Until 6:03PM**  
Ganda\* Until 8:43PM  
Visti Until 11:27PM  
Shashthi\* Until 12:35PM

Ganesha: Purple  
Muruga: Blue  
Nataraja: Yellow  
Moon – White  
Sunrise: 5:09AM  
Sunset: 7:19PM

**Subha Sivaloka Day**

Sravana-Adi

**●**

**Friday, August 15, 2025**  
**Retreat Star**

Mesha Rasi: 20.24 Tithi 22 – 23  
Creative Work Siddha Yoga

Visvavasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau  
Gulika 6:56AM – 8:42AM  
Yama 3:45PM – 5:31PM  
Rahu 10:28AM – 12:14PM

Portland, OR  
Sun 6 Sutra 124  
Visvavasu 5127  
Moon 7 - Phase 16 - 6  
Ashtami

**Krishna Janmashtami**

**Bharani Until 4:34PM**  
Vriddhi Until 5:50PM  
Balava Until 9:12PM  
Saptami Until 10:18AM

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon – White  
Sunrise: 5:10AM  
Sunset: 7:17PM

**Sivaloka Day**

Sravana-Adi

**Saturday, August 16, 2025**  
**Retreat Star**

Vrishabha Rasi: 4.35 Tithi 23 – 24  
Creative Work Amrita Yoga

Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
Gulika 5:12AM – 6:57AM  
Yama 1:59PM – 3:44PM  
Rahu 8:43AM – 10:28AM

Portland, OR  
Sun 7 Sutra 125  
Visvavasu 5127  
Moon 7 - Phase 16 - 7  
Navami

**Krittika Until 3:00PM**  
Dhruva Until 2:58PM  
Taitila Until 7:01PM  
Ashtami\* Until 8:05AM

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon – White  
Sunrise: 5:12AM  
Sunset: 7:15PM

**Sivaloka Day**

Sravana-Avani

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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<b>1</b>		<b>Sunday, August 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, OR Sun 8 Sutra 126 Visvvasu 5127
Wishabha Rasi: 18.44	Tithi 25	<b>Gulika</b> 3:43PM – 5:29PM	<b>Rohini</b> Until 1:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:13AM			
		Yama 12:13PM – 1:58PM	Vyaghata* Until 12:11PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:14PM		Moon 7 - Phase 17 - 8	
		536728572 <b>Rahu</b> 5:29PM – 7:14PM	Vanija Until 4:56PM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:56AM Mon	Moon – Yellow				<b>Sivaloka Day</b>
				Sravana•Avani				

<b>2</b>		<b>Monday, August 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Portland, OR Sun 9 Sutra 127 Visvvasu 5127
Mithuna Rasi: 2.47	Tithi 26	<b>Gulika</b> 1:58PM – 3:43PM	<b>Mrigashira</b> Until 12:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:14AM			
<b>Family Home Evening</b>		Yama 10:28AM – 12:13PM	Harshana Until 9:32AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:12PM		Moon 7 - Phase 17 - 9	
Creative Work	Amrita Yoga	536728572 <b>Rahu</b> 6:59AM – 8:44AM	Bava Until 3:01PM	<b>Nataraja:</b> Yellow			2nd Phase	
Until 12:38PM			<b>Ekadashi*</b> Until 2:06AM Tue	Moon – Yellow				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Sravana•Avani				

<b>3</b>		<b>Tuesday, August 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Portland, OR Sun 10 Sutra 128 Visvvasu 5127
Mithuna Rasi: 16.43	Tithi 27	<b>Gulika</b> 12:13PM – 1:57PM	<b>Ardra</b> Until 11:31AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:15AM			
		Yama 8:44AM – 10:28AM	Vajra* Until 7:01AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:10PM		Moon 7 - Phase 17 - 10	
		536728572 <b>Rahu</b> 3:42PM – 5:26PM	Kaulava Until 1:18PM	<b>Nataraja:</b> Yellow			2nd Phase	
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 12:31AM Wed	Moon – Yellow				<b>Sivaloka Day</b>
Until 11:31AM				Sravana•Avani				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Wednesday, August 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, OR Sun 11 Sutra 129 Visvvasu 5127
Kataka Rasi: 0.3	Tithi 28	<b>Gulika</b> 10:29AM – 12:13PM	<b>Punarvasu</b> Until 10:58AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM			
		Yama 7:01AM – 8:45AM	Vyatipata* Until 2:44AM Thu	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:09PM		Moon 7 - Phase 17 - 11	
		546728572 <b>Rahu</b> 12:13PM – 1:57PM	Gara Until 11:52AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:15PM	Moon – Blue				<b>Devaloka Day</b>
				Sravana•Avani				
				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Thursday, August 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Portland, OR Sun 12 Sutra 130 Visvvasu 5127
Kataka Rasi: 14.04	Tithi 29	<b>Gulika</b> 8:45AM – 10:29AM	<b>Pushya</b> Until 10:37AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM			
		Yama 5:18AM – 7:01AM	Variyan Until 1:02AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:07PM		Moon 7 - Phase 17 - 12	
		546728572 <b>Rahu</b> 1:56PM – 3:40PM	Visti Until 10:48AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 10:25PM	Moon – Blue				<b>Devaloka Day</b>
Until 10:37AM				Sravana•Avani				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Friday, August 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, OR Sun 13 Sutra 131 Visvvasu 5127
Kataka Rasi: 27.24	Tithi 30	<b>Gulika</b> 7:02AM – 8:45AM	<b>Ashlesha*</b> Until 10:34AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:19AM			
		Yama 3:39PM – 5:22PM	Parigha* Until 11:46PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:05PM		Moon 7 - Phase 17 - 13	
		547728572 <b>Rahu</b> 10:29AM – 12:12PM	Catuspada Until 10:11AM	<b>Nataraja:</b> Yellow			Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 10:03PM	Moon – Blue				<b>Devaloka Day</b>
				Sravana•Avani				

<b>Retreat Star</b>		<b>Saturday, August 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, OR Sun 14 Sutra 132 Visvvasu 5127
Simha Rasi: 10.27	Tithi 1	<b>Gulika</b> 5:20AM – 7:03AM	<b>Magha*</b> Until 11:21AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:20AM			
		Yama 1:55PM – 3:38PM	Shiva Until 10:57PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 17 - 14	
		557728572 <b>Rahu</b> 8:46AM – 10:29AM	Kintughna Until 10:06AM	<b>Nataraja:</b> Yellow			Prathama	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 10:16PM	Moon – Red				<b>Devaloka Day</b>
Until 11:21AM				Bhadrapada•Avani				
Then Creative Work - Siddha Yoga								

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1 Sunday, August 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR Sun 15 Sutra 133 Visvvasu 5127
Simha Rasi: 23.13	Tithi 2	<b>Gulika</b> 3:37PM – 5:19PM	<b>Purvaphalguni Until 12:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:21AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:02PM	Moon 7 - Phase 18 - 15 3rd Phase
Creative Work	Siddha Yoga	Yama 12:12PM – 1:54PM	Siddha Until 10:34PM	<b>Nataraja:</b> Yellow		
Until 12:33PM		557728572 <b>Rahu</b> 5:19PM – 7:02PM	Balava Until 10:37AM	Moon – Red		
Then Creative Work - Amrita Yoga			<b>Dvitiya Until 11:04PM</b>	<b>Devaloka Day</b> Bhadrapada-Avani		

<b>2 Monday, August 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Tailila/Gara Karana Tritiyayam Titau				Portland, OR Sun 16 Sutra 134 Visvvasu 5127
Kanya Rasi: 5.43	Tithi 3	<b>Gulika</b> 1:53PM – 3:36PM	<b>Uttaraphalguni Until 2:10PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:23AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:00PM	Moon 7 - Phase 18 - 16 3rd Phase
Family Home Evening		Yama 10:29AM – 12:11PM	Sadhya Until 10:39PM	<b>Nataraja:</b> Yellow		
Creative Work	Siddha Yoga	557728572 <b>Rahu</b> 7:05AM – 8:47AM	Taitila Until 11:42AM	Moon – Red		
			<b>Tritiya Until 12:27AM Tue</b>	<b>Devaloka Day</b> Bhadrapada-Avani		

<b>3 Tuesday, August 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Vanija/Vishti* Karana Chaturthyam Titau				Portland, OR Sun 17 Sutra 135 Visvvasu 5127
Kanya Rasi: 17.58	Tithi 4	<b>Gulika</b> 12:11PM – 1:53PM	<b>Hasta Until 4:37PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:24AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:58PM	Moon 7 - Phase 18 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 8:47AM – 10:29AM	Subha Until 11:08PM	<b>Nataraja:</b> Yellow		
		567728572 <b>Rahu</b> 3:35PM – 5:16PM	Vanija Until 1:21PM	Moon – Green		
		<b>Ganesha Chaturthi</b>	<b>Chaturthi* Until 2:19AM Wed</b>	<b>Devaloka Day</b> Bhadrapada-Avani		

<b>4 Wednesday, August 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				Portland, OR Sun 18 Sutra 136 Visvvasu 5127
Tula Rasi: 0.02	Tithi 5	<b>Gulika</b> 10:29AM – 12:11PM	<b>Chitra Until 7:17PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:25AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:56PM	Moon 7 - Phase 18 - 18 3rd Phase
Creative Work	Siddha Yoga	Yama 7:06AM – 8:48AM	Sukla Until 11:51PM	<b>Nataraja:</b> White		
		567728573 <b>Rahu</b> 12:11PM – 1:52PM	Bava Until 3:24PM	Moon – Green		
			<b>Panchami Until 4:32AM Thu</b>	<b>Sivaloka Day</b> Bhadrapada-Avani		

<b>5 Thursday, August 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, OR Sun 19 Sutra 137 Visvvasu 5127
Tula Rasi: 11.58	Tithi 6	<b>Gulika</b> 8:48AM – 10:29AM	<b>Svati Until 10:01PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:26AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:55PM	Moon 7 - Phase 18 - 19 3rd Phase
Creative Work	Amrita Yoga	Yama 5:26AM – 7:07AM	Brahma Until 12:45AM Fri	<b>Nataraja:</b> White		
Until 10:01PM		568728573 <b>Rahu</b> 1:51PM – 3:33PM	Kaulava Until 5:44PM	Moon – Green		
Then Creative Work - Siddha Yoga			<b>Shashthi* Until 6:55AM Fri</b>	<b>Sivaloka Day</b> Bhadrapada-Avani		

<b>6 Friday, August 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Portland, OR Sun 20 Sutra 138 Visvvasu 5127
Tula Rasi: 23.51	Tithi 6 – 7	<b>Gulika</b> 7:08AM – 8:49AM	<b>Vishakha Until 1:08AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:27AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:53PM	Moon 7 - Phase 18 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 3:31PM – 5:12PM	Indra Until 1:41AM Sat	<b>Nataraja:</b> White		
		578728573 <b>Rahu</b> 10:29AM – 12:10PM	Gara Until 8:09PM	Moon – Orange		
			<b>Shashthi* Until 6:55AM</b>	<b>Subha Sivaloka Day</b> Bhadrapada-Avani		

<b>Retreat Star</b> <b>Saturday, August 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Portland, OR Sun 21 Sutra 139 Visvvasu 5127
Vrischika Rasi: 5.44	Tithi 7 – 8	<b>Gulika</b> 5:29AM – 7:09AM	<b>Anuradha Until 3:55AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:29AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:51PM	Moon 7 - Phase 18 - 21 Ashtami
Creative Work	Siddha Yoga	Yama 1:50PM – 3:30PM	Vaidhriti* Until 2:27AM Sun	<b>Nataraja:</b> White		
Until 3:55AM Sun		578728573 <b>Rahu</b> 8:49AM – 10:30AM	Vishti Until 10:25PM	Moon – Orange		
Then Routine Work - Marana Yoga			<b>Saptami Until 9:17AM</b>	<b>Subha Sivaloka Day</b> Bhadrapada-Avani		

<b>Retreat Star</b> <b>Sunday, August 31, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR Sun 22 Sutra 140 Visvvasu 5127
Vrischika Rasi: 17.41	Tithi 8 – 9	<b>Gulika</b> 3:29PM – 5:09PM	<b>Jyeshtha* Until 6:12AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:30AM	<b>Muruga:</b> Blue <i>Sunset:</i> 6:49PM	Moon 7 - Phase 18 - 22 Navami
Routine Work	Marana Yoga	Yama 12:09PM – 1:49PM	Vishkambha* Until 2:58AM Mon	<b>Nataraja:</b> White		
Until 6:12AM Mon		578728573 <b>Rahu</b> 5:09PM – 6:49PM	Balava Until 12:23AM Mon	Moon – Orange		
Then Creative Work - Siddha Yoga			<b>Ashtami* Until 11:26AM</b>	<b>Subha Sivaloka Day</b> Bhadrapada-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Portland, OR on 11/19/23

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<b>1</b>		<b>Monday, September 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, OR Sun 23 Sutra 141	
Vrischika Rasi: 29.48	Tithi 9 – 10	<b>Gulika</b>	1:49PM – 3:28PM	<b>Jyeshtha* Until 6:12AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:31AM	Visvvasu 5127
<b>Family Home Evening</b>	578728573	<b>Yama</b>	10:30AM – 12:09PM	Priti Until 3:07AM Tue	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 19 - 23
Creative Work	Siddha Yoga	<b>Rahu</b>	7:11AM – 8:50AM	Taitila Until 1:52AM Tue	<b>Nataraja:</b> White		4th Phase
				<b>Navami* Until 1:10PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
					<b>Bhadrapada*Avani</b>		

<b>2</b>		<b>Tuesday, September 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, OR Sun 24 Sutra 142	
Dhanus Rasi: 12.07	Tithi 10 – 11	<b>Gulika</b>	12:09PM – 1:48PM	<b>Mula* Until 8:18AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:32AM	Visvvasu 5127
	588728573	<b>Yama</b>	8:51AM – 10:30AM	Ayushman Until 2:45AM Wed	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 19 - 24
Creative Work	Amrita Yoga	<b>Rahu</b>	3:27PM – 5:06PM	Vanija Until 2:43AM Wed	<b>Nataraja:</b> White		4th Phase
Until 8:18AM				<b>Dashami Until 2:21PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Bhadrapada*Avani</b>		

<b>3</b>		<b>Wednesday, September 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, OR Sun 25 Sutra 143	
Dhanus Rasi: 24.44	Tithi 11 – 12	<b>Gulika</b>	10:30AM – 12:09PM	<b>Purvashadha* Until 9:37AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:33AM	Visvvasu 5127
	588828573	<b>Yama</b>	7:12AM – 8:51AM	Saubhagya Until 1:52AM Thu	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 19 - 25
Creative Work	Amrita Yoga	<b>Rahu</b>	12:09PM – 1:47PM	Bava Until 2:53AM Thu	<b>Nataraja:</b> White		4th Phase
				<b>Ekadashi Until 2:52PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
					<b>Bhadrapada*Avani</b>		

<b>4</b>		<b>Thursday, September 4, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Portland, OR Sun 26 Sutra 144	
Makara Rasi: 7.4	Tithi 12 – 13	<b>Gulika</b>	8:51AM – 10:30AM	<b>Uttarashadha Until 10:06AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:35AM	Visvvasu 5127
	589828573	<b>Yama</b>	5:35AM – 7:13AM	Sobhana Until 12:25AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 19 - 26
Routine Work	Marana Yoga	<b>Rahu</b>	1:47PM – 3:25PM	Kaulava Until 2:20AM Fri	<b>Nataraja:</b> White		4th Phase
Until 10:06AM				<b>Dvadashi Until 2:40PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Bhadrapada*Avani</b>		
					<i>Pradosha Vrata</i>		

<b>5</b>		<b>Friday, September 5, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana*/Dhanishtha Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 27 Sutra 145	
Makara Rasi: 20.58	Tithi 13 – 14	<b>Gulika</b>	7:14AM – 8:52AM	<b>Shravana Until 10:11AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:36AM	Visvvasu 5127
	599828573	<b>Yama</b>	3:24PM – 5:02PM	Athiganda* Until 10:24PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 19 - 27
Routine Work	Marana Yoga	<b>Rahu</b>	10:30AM – 12:08PM	Gara Until 1:07AM Sat	<b>Nataraja:</b> White		4th Phase
Until 10:11AM				<b>Trayodashi Until 1:47PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>			<b>Bhadrapada*Avani</b>		

		<b>Saturday, September 6, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha*/Shatabhishak Nakshatra Sukarma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Portland, OR Sun 28 Sutra 146	
<b>Copper Retreat Star</b>		<b>Gulika</b>	5:37AM – 7:15AM	<b>Dhanishtha Until 9:29AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:37AM	Visvvasu 5127
Kumbha Rasi: 4.38	Tithi 14 – 15	<b>Yama</b>	1:45PM – 3:23PM	Sukarma Until 7:55PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 19 - Purnima
	599828573	<b>Rahu</b>	8:52AM – 10:30AM	Vistil Until 11:18PM	<b>Nataraja:</b> White		
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 12:15PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Until 9:29AM					<b>Bhadrapada*Avani</b>		
Then Creative Work - Amrita Yoga							

<b>Sunday, September 7, 2025</b>		<b>Silver Retreat Star</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, OR Sun 29 Sutra 147	
<b>Silver Retreat Star</b>		<b>Gulika</b>	3:22PM – 4:59PM	<b>Shatabhishak Until 8:06AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:38AM	Visvvasu 5127
Kumbha Rasi: 18.4	Tithi 15 – 16	<b>Yama</b>	12:07PM – 1:44PM	Dhriti Until 5:03PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 19 - Prathama
	599828573	<b>Rahu</b>	4:59PM – 6:36PM	Balava Until 9:02PM	<b>Nataraja:</b> White		
Creative Work	Siddha Yoga			<b>Purnima* Until 10:12AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Grandparent's Day</b>			<b>Bhadrapada*Avani</b>		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda





Monday, September 8, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\*Uttaraprosarthapada Nakshatra Shula\*Ganda\* Yoga Kaulava/Taitila Karana Pralham/Dvityayam Titau

Portland, OR

Sutra 148

Visvvasu 5127

Meena Rasi: 2.59 Tithi 16 - 17

Family Home Evening

519828573

Gulika

1:44PM - 3:21PM

Yama

10:30AM - 12:07PM

Rahu

7:16AM - 8:53AM

Purvaprosarthapada\* Until 6:34AM

Shula\* Until 1:51PM

Taitila Until 6:25PM

Prathama\* Until 7:45AM

Ganesha: Yellow Sunrise: 5:39AM

Muruga: Blue Sunset: 6:34PM

Nataraja: White

Moon - Clear

Subha Sivaloka Day

Bhadrapada\*Avani

Routine Work Marana Yoga

Until 6:34AM

Then Creative Work - Siddha Yoga

1

Tuesday, September 9, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Ganda\*Vridhhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Portland, OR

Sun 1 Sutra 149

Visvvasu 5127

Meena Rasi: 17.29 Tithi 18

Creative Work Siddha Yoga

Until 2:24AM Wed

Then Routine Work - Marana Yoga

519828573

Gulika

12:07PM - 1:43PM

Yama

8:54AM - 10:30AM

Rahu

3:19PM - 4:56PM

Revati Until 2:24AM Wed

Ganda\* Until 10:28AM

Vanija Until 3:36PM

Tritiya Until 2:08AM Wed

Ganesha: Yellow Sunrise: 5:41AM

Muruga: Blue Sunset: 6:32PM

Nataraja: White

Moon - Clear

Subha Sivaloka Day

Bhadrapada\*Avani

2

Wednesday, September 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthayam Titau

Portland, OR

Sun 2 Sutra 150

Visvvasu 5127

Mesha Rasi: 2.06 Tithi 19

Routine Work Marana Yoga

Until 12:26AM Thu

Then Creative Work - Siddha Yoga

529828573

Gulika

10:30AM - 12:06PM

Yama

7:18AM - 8:54AM

Rahu

12:06PM - 1:42PM

Ashvini Until 12:26AM Thu

Vridhhi Until 7:01AM

Bava Until 12:42PM

Chaturthi\* Until 11:15PM

Ganesha: White Sunrise: 5:42AM

Muruga: Blue Sunset: 6:30PM

Nataraja: White

Moon - White

Sivaloka Day

Bhadrapada\*Avani

3

Thursday, September 11, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, OR

Sun 3 Sutra 151

Visvvasu 5127

Mesha Rasi: 16.42 Tithi 20

Creative Work Siddha Yoga

Until 10:26PM

Then Routine Work - Marana Yoga

529828573

Gulika

8:54AM - 10:30AM

Yama

5:43AM - 7:19AM

Rahu

1:41PM - 3:17PM

Bharani Until 10:26PM

Vyaghata\* Until 12:11AM Fri

Kaulava Until 9:51AM

Panchami Until 8:27PM

Ganesha: White Sunrise: 5:43AM

Muruga: Blue Sunset: 6:29PM

Nataraja: White

Moon - White

Sivaloka Day

Bhadrapada\*Avani

4

Friday, September 12, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Portland, OR

Sun 4 Sutra 152

Visvvasu 5127

Vrishabha Rasi: 1.13 Tithi 21 - 22

Creative Work Siddha Yoga

Until 8:31PM

Then Routine Work - Marana Yoga

521828573

Gulika

7:20AM - 8:55AM

Yama

3:16PM - 4:51PM

Rahu

10:30AM - 12:05PM

Krittika Until 8:31PM

Harshana Until 9:01PM

Gara Until 7:09AM

Shashthi\* Until 5:52PM

Ganesha: Blue Sunrise: 5:44AM

Muruga: Blue Sunset: 6:27PM

Nataraja: White

Moon - White

Sivaloka Day

Bhadrapada\*Avani

5

Saturday, September 13, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, OR

Sun 5 Sutra 153

Visvvasu 5127

Vrishabha Rasi: 15.33 Tithi 22 - 23

Creative Work Amrita Yoga

Until 7:10PM

Then Creative Work - Siddha Yoga

531828573

Gulika

5:45AM - 7:20AM

Yama

1:40PM - 3:15PM

Rahu

8:55AM - 10:30AM

Rohini Until 7:10PM

Vajra\* Until 6:04PM

Balava Until 2:34AM Sun

Saptami Until 3:34PM

Ganesha: Red Sunrise: 5:45AM

Muruga: Blue Sunset: 6:25PM

Nataraja: White

Moon - Yellow

Subha Sivaloka Day

Bhadrapada\*Avani

D

Sunday, September 14, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, OR

Sun 6 Sutra 154

Visvvasu 5127

Vrishabha Rasi: 29.4 Tithi 23 - 24

Creative Work Siddha Yoga

531828573

Gulika

3:14PM - 4:48PM

Yama

12:05PM - 1:39PM

Rahu

4:48PM - 6:23PM

Mrigashira Until 6:01PM

Siddhi Until 3:24PM

Taitila Until 12:48AM Mon

Ashtami\* Until 1:37PM

Ganesha: Red Sunrise: 5:47AM

Muruga: Blue Sunset: 6:23PM

Nataraja: White

Moon - Yellow

Subha Sivaloka Day

Bhadrapada\*Avani

Monday, September 15, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Vyatipata\*/Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Portland, OR

Sun 7 Sutra 155

Visvvasu 5127

Mithuna Rasi: 13.33 Tithi 24 - 25

Family Home Evening

531828573

Gulika

1:39PM - 3:13PM

Yama

10:30AM - 12:04PM

Rahu

7:22AM - 8:56AM

Ardra Until 5:08PM

Vyatipata\* Until 1:05PM

Vanija Until 11:26PM

Navami\* Until 12:03PM

Ganesha: Red Sunrise: 5:48AM

Muruga: Blue Sunset: 6:21PM

Nataraja: White

Moon - Yellow

Subha Sivaloka Day

Bhadrapada\*Avani

Creative Work Siddha Yoga

Until 5:08PM

Then Creative Work - Amrita Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	<b>Tuesday, September 16, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Varyani/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, OR
	Mithuna Rasi: 27.11	Tithi 25 – 26	541828573	<b>Gulika</b> 8:04PM – 1:38PM	<b>Punarvasu</b> Until 4:56PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Blue	Sun 8 Sutra 156 Visvvasu 5127 Moon 8 - Phase 21 - 8 2nd Phase
	Creative Work	Siddha Yoga		Yama 8:57AM – 10:30AM	Variyan Until 11:04AM	Sunrise: 5:49AM Sunset: 6:19PM	
				<b>Rahu</b> 3:11PM – 4:45PM	Bava Until 10:30PM Dashami Until 10:54AM	Sivaloka Day Bhadrapada•Puratasi	

2	<b>Wednesday, September 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR
	Kataka Rasi: 10.35	Tithi 26 – 27	541828573	<b>Gulika</b> 10:30AM – 12:04PM	<b>Pushya</b> Until 5:02PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Blue	Sun 9 Sutra 157 Visvvasu 5127 Moon 8 - Phase 21 - 9 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:24AM – 8:57AM	Parigha* Until 9:24AM	Sunrise: 5:50AM Sunset: 6:17PM	
				<b>Rahu</b> 12:04PM – 1:37PM	Kaulava Until 10:00PM Ekadashi* Until 10:11AM	Sivaloka Day Bhadrapada•Puratasi	

3	<b>Thursday, September 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR
	Kataka Rasi: 23.44	Tithi 27 – 28	541828573	<b>Gulika</b> 8:57AM – 10:30AM	<b>Ashlesha*</b> Until 5:25PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Blue	Sun 10 Sutra 158 Visvvasu 5127 Moon 8 - Phase 21 - 10 2nd Phase
	Creative Work	Siddha Yoga		Yama 5:52AM – 7:24AM	Shiva Until 8:07AM	Sunrise: 5:52AM Sunset: 6:15PM	
	Until 5:25PM	Then Creative Work - Amrita Yoga		<b>Rahu</b> 1:36PM – 3:09PM	Gara Until 9:58PM Dvadashi* Until 9:54AM <i>Pradosha Vrata (Fasting)</i>	Sivaloka Day Bhadrapada•Puratasi	

4	<b>Friday, September 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, OR
	Simha Rasi: 6.39	Tithi 28 – 29	551828573	<b>Gulika</b> 7:25AM – 8:58AM	<b>Magha*</b> Until 6:34PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Red	Sun 11 Sutra 159 Visvvasu 5127 Moon 8 - Phase 21 - 11 2nd Phase
	Routine Work	Marana Yoga		Yama 3:08PM – 4:41PM	Siddha Until 7:09AM	Sunrise: 5:53AM Sunset: 6:13PM	
	Until 6:34PM	Then Creative Work - Siddha Yoga		<b>Rahu</b> 10:30AM – 12:03PM	Visti Until 10:24PM Trayodashi* Until 10:06AM	Sivaloka Day Bhadrapada•Puratasi	

●	<b>Saturday, September 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, OR
	<b>Retreat Star</b>			<b>Gulika</b> 5:54AM – 7:26AM	<b>Purvaphalguni</b> Until 8:00PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Red	Sun 12 Sutra 160 Visvvasu 5127 Moon 8 - Phase 21 - 12 Amavasya
	Simha Rasi: 19.2	Tithi 29 – 30	551828573	Yama 1:35PM – 3:07PM	Sadhya Until 6:34AM	Sunrise: 5:54AM Sunset: 6:11PM	
	Creative Work	Siddha Yoga		<b>Rahu</b> 8:58AM – 10:30AM	Catuspada Until 11:17PM Chaturdashi* Until 10:46AM	Sivaloka Day Bhadrapada•Puratasi	

●	<b>Sunday, September 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, OR
	<b>Retreat Star</b>			<b>Gulika</b> 3:06PM – 4:38PM	<b>Uttaraphalguni</b> Until 9:44PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Red	Sun 13 Sutra 161 Visvvasu 5127 Moon 8 - Phase 21 - 13 Prathama
	Kanya Rasi: 1.5	Tithi 30 – 1	551828573	Yama 12:02PM – 1:34PM	Subha Until 6:22AM	Sunrise: 5:55AM Sunset: 6:09PM	
	Creative Work	Amrita Yoga		<b>Rahu</b> 4:38PM – 6:09PM	Kintughna Until 12:39AM Mon Amavasya* Until 11:53AM	Sivaloka Day Ashvina•Puratasi	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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<b>1</b>	<b>Monday, September 22, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Portland, OR Sun 14 Sutra 162 Visvvasu 5127
	Kanya Rasi: 14.07    Tithi 1 – 2 <b>Family Home Evening</b> Creative Work    Siddha Yoga	<b>Gulika</b> 1:33PM – 3:05PM <b>Yama</b> 10:31AM – 12:02PM <b>Rahu</b> 7:28AM – 8:59AM	<b>Hasta Until 12:11AM Tue</b> Sukla Until 6:29AM Balava Until 2:25AM Tue <b>Prathama* Until 1:28PM</b>
		<b>Ganesha: Red</b> <i>Sunrise: 5:56AM</i> <b>Muruga: Blue</b> <i>Sunset: 6:07PM</i> <b>Nataraja: White</b> Moon – Green	<b>Subha Sivaloka Day</b> Ashvina+Puratasi
<b>2</b>	<b>Tuesday, September 23, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Portland, OR Sun 15 Sutra 163 Visvvasu 5127
	Kanya Rasi: 26.14    Tithi 2 – 3 <b>Family Home Evening</b> Creative Work    Siddha Yoga	<b>Gulika</b> 12:02PM – 1:33PM <b>Yama</b> 9:00AM – 10:31AM <b>Rahu</b> 3:03PM – 4:34PM	<b>Chitra Until 2:49AM Wed</b> Brahma Until 6:54AM Taitila Until 4:32AM Wed <b>Dvitiya Until 3:25PM</b>
		<b>Ganesha: Red</b> <i>Sunrise: 5:58AM</i> <b>Muruga: Blue</b> <i>Sunset: 6:05PM</i> <b>Nataraja: White</b> Moon – Green	<b>Subha Sivaloka Day</b> Ashvina+Puratasi
<b>3</b>	<b>Wednesday, September 24, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Portland, OR Sun 16 Sutra 164 Visvvasu 5127
	Tula Rasi: 8.14    Tithi 3 – 4 <b>Family Home Evening</b> Creative Work    Siddha Yoga	<b>Gulika</b> 10:31AM – 12:01PM <b>Yama</b> 7:29AM – 9:00AM <b>Rahu</b> 12:01PM – 1:32PM	<b>Svati Until 5:31AM Thu</b> Indra Until 7:36AM Vanija Until 6:54AM Thu <b>Tritiya Until 5:40PM</b>
		<b>Ganesha: Red</b> <i>Sunrise: 5:59AM</i> <b>Muruga: Blue</b> <i>Sunset: 6:04PM</i> <b>Nataraja: White</b> Moon – Green	<b>Subha Sivaloka Day</b> Ashvina+Puratasi
<b>4</b>	<b>Thursday, September 25, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturthyam Titau	Portland, OR Sun 17 Sutra 165 Visvvasu 5127
	Tula Rasi: 20.08    Tithi 4 <b>Family Home Evening</b> Creative Work    Siddha Yoga	<b>Gulika</b> 9:00AM – 10:31AM <b>Yama</b> 6:00AM – 7:30AM <b>Rahu</b> 1:31PM – 3:01PM	<b>Vishakha Until 8:40AM Fri</b> Vaidhriti* Until 8:26AM Vanija Until 6:54AM <b>Chaturthi* Until 8:06PM</b>
		<b>Ganesha: Blue</b> <i>Sunrise: 6:00AM</i> <b>Muruga: Blue</b> <i>Sunset: 6:02PM</i> <b>Nataraja: White</b> Moon – Orange	<b>Subha Subha Sivaloka Day</b> Ashvina+Puratasi
<b>5</b>	<b>Friday, September 26, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau	Portland, OR Sun 18 Sutra 166 Visvvasu 5127
	Vrischika Rasi: 2    Tithi 5 <b>Family Home Evening</b> Creative Work    Siddha Yoga	<b>Gulika</b> 7:31AM – 9:01AM <b>Yama</b> 3:00PM – 4:30PM <b>Rahu</b> 10:31AM – 12:01PM	<b>Vishakha Until 8:40AM</b> Vishkambha* Until 9:21AM Bava Until 9:22AM <b>Panchami Until 10:35PM</b>
		<b>Ganesha: Blue</b> <i>Sunrise: 6:01AM</i> <b>Muruga: Blue</b> <i>Sunset: 6:00PM</i> <b>Nataraja: White</b> Moon – Orange	<b>Subha Subha Sivaloka Day</b> Ashvina+Puratasi
<b>6</b>	<b>Saturday, September 27, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Pritii/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau	Portland, OR Sun 19 Sutra 167 Visvvasu 5127
	Vrischika Rasi: 13.52    Tithi 6 <b>Family Home Evening</b> Creative Work    Siddha Yoga	<b>Gulika</b> 6:03AM – 7:32AM <b>Yama</b> 1:30PM – 2:59PM <b>Rahu</b> 9:01AM – 10:31AM	<b>Anuradha Until 11:37AM</b> Priti Until 10:16AM Kaulava Until 11:48AM <b>Shashthi* Until 12:56AM Sun</b>
		<b>Ganesha: Red</b> <i>Sunrise: 6:03AM</i> <b>Muruga: Blue</b> <i>Sunset: 5:58PM</i> <b>Nataraja: White</b> Moon – Orange	<b>Subha Sivaloka Day</b> Ashvina+Puratasi
<b>Retreat Star</b>	<b>Sunday, September 28, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau	Portland, OR Sun 20 Sutra 168 Visvvasu 5127
	Vrischika Rasi: 25.48    Tithi 7 <b>Family Home Evening</b> Routine Work    Marana Yoga Until 2:12PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:58PM – 4:27PM <b>Yama</b> 12:00PM – 1:29PM <b>Rahu</b> 4:27PM – 5:56PM	<b>Jyeshtha* Until 2:12PM</b> Ayushman Until 11:00AM Gara Until 2:02PM <b>Saptami Until 3:00AM Mon</b>
		<b>Ganesha: Green</b> <i>Sunrise: 6:04AM</i> <b>Muruga: Blue</b> <i>Sunset: 5:56PM</i> <b>Nataraja: White</b> Moon – Orange	<b>Sivaloka Day</b> Ashvina+Puratasi
<b>Retreat Star</b>	<b>Monday, September 29, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau	Portland, OR Sun 21 Sutra 169 Visvvasu 5127
	Dhanus Rasi: 7.52    Tithi 8 <b>Family Home Evening</b> Creative Work    Siddha Yoga Until 4:45PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:28PM – 2:57PM <b>Yama</b> 10:31AM – 12:00PM <b>Rahu</b> 7:34AM – 9:02AM	<b>Mula* Until 4:45PM</b> Saubhagya Until 11:28AM Visti Until 3:52PM <b>Ashtami* Until 4:34AM Tue</b>
		<b>Ganesha: Red</b> <i>Sunrise: 6:05AM</i> <b>Muruga: Blue</b> <i>Sunset: 5:54PM</i> <b>Nataraja: White</b> Moon – Light Blue	<b>Subha Sivaloka Day</b> Ashvina+Puratasi
<b>Retreat Star</b>	<b>Tuesday, September 30, 2025</b>	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau	Portland, OR Sun 22 Sutra 170 Visvvasu 5127
	Dhanus Rasi: 20.07    Tithi 9 <b>Family Home Evening</b> Creative Work    Siddha Yoga Until 6:35PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 11:59AM – 1:27PM <b>Yama</b> 9:03AM – 10:31AM <b>Rahu</b> 2:56PM – 4:24PM	<b>Purvashadha* Until 6:35PM</b> Sobhana Until 11:32AM Balava Until 5:09PM <b>Navami* Until 5:31AM Wed</b>
		<b>Ganesha: Red</b> <i>Sunrise: 6:06AM</i> <b>Muruga: Blue</b> <i>Sunset: 5:52PM</i> <b>Nataraja: White</b> Moon – Light Blue	<b>Subha Sivaloka Day</b> Ashvina+Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1	<b>Wednesday, October 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Portland, OR Sun 23 Sutra 171 Visvvasu 5127
	Makara Rasi: 2.4	Tithi 10	<b>Gulika</b> 10:31AM – 11:59AM	<b>Uttarashadha</b> Until 7:34PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:08AM	
			Yama 7:35AM – 9:03AM	Athiganda* Until 11:03AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:50PM	Moon 8 - Phase 23 - 23
		682928573	<b>Rahu</b> 11:59AM – 1:27PM	Taitila Until 5:44PM	<b>Nataraja:</b> White		4th Phase
Creative Work Amrita Yoga			<b>Dashami</b> Until 5:42AM Thu	Ashvina+Puratasi		<b>Subha Sivaloka Day</b>	
Until 7:34PM							
Then Creative Work - Siddha Yoga							

2	<b>Thursday, October 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Vanija/Vistli* Karana Ekadashyam Titau				Portland, OR Sun 24 Sutra 172 Visvvasu 5127
	Makara Rasi: 15.34	Tithi 11	<b>Gulika</b> 9:04AM – 10:31AM	<b>Shravana</b> Until 8:05PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:09AM	
			Yama 6:09AM – 7:36AM	Sukarma Until 9:59AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:48PM	Moon 8 - Phase 23 - 24
		692928573	<b>Rahu</b> 1:26PM – 2:53PM	Vanija Until 5:31PM	<b>Nataraja:</b> White		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 5:05AM Fri	Ashvina+Puratasi		<b>Sivaloka Day</b>	

3	<b>Friday, October 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Portland, OR Sun 25 Sutra 173 Visvvasu 5127
	Makara Rasi: 28.52	Tithi 12	<b>Gulika</b> 7:37AM – 9:04AM	<b>Dhanishtha</b> Until 7:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:10AM	
			Yama 2:52PM – 4:19PM	Dhriti Until 8:18AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:46PM	Moon 8 - Phase 23 - 25
		692928573	<b>Rahu</b> 10:31AM – 11:58AM	Bava Until 4:30PM	<b>Nataraja:</b> White		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 3:42AM Sat	Ashvina+Puratasi		<b>Sivaloka Day</b>	

4	<b>Saturday, October 4, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, OR Sun 26 Sutra 174 Visvvasu 5127
	Kumbha Rasi: 12.37	Tithi 13	<b>Gulika</b> 6:11AM – 7:38AM	<b>Shatabhishak</b> Until 6:24PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:11AM	
			Yama 1:25PM – 2:51PM	Ganda* Until 3:05AM Sun	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:45PM	Moon 8 - Phase 23 - 26
		692928573	<b>Rahu</b> 9:05AM – 10:31AM	Kaulava Until 2:45PM	<b>Nataraja:</b> White		4th Phase
Creative Work Amrita Yoga			<b>Trayodashi</b> Until 1:36AM Sun	Ashvina+Puratasi		<b>Sivaloka Day</b>	
Until 6:24PM							
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

5	<b>Sunday, October 5, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, OR Sun 27 Sutra 175 Visvvasu 5127
	Kumbha Rasi: 26.49	Tithi 14	<b>Gulika</b> 2:50PM – 4:16PM	<b>Purvaproshtapada*</b> Until 4:47PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	
			Yama 11:58AM – 1:24PM	Vriddhi Until 11:45PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:43PM	Moon 8 - Phase 23 - 27
		612928573	<b>Rahu</b> 4:16PM – 5:43PM	Gara Until 12:21PM	<b>Nataraja:</b> White		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 10:56PM	Ashvina+Puratasi		<b>Sivaloka Day</b>	
Until 4:47PM							
Then Creative Work - Amrita Yoga			<b>Chidambaram Abhishekam</b>				

○	<b>Monday, October 6, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Portland, OR Sutra 176 Visvvasu 5127
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:23PM – 2:49PM	<b>Uttaraproshtapada</b> Until 2:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:14AM	
	Meena Rasi: 11.23	Tithi 15	Yama 10:31AM – 11:57AM	Dhruva Until 8:02PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:41PM	Moon 8 - Phase 23 -
	<b>Family Home Evening</b>	613928573	<b>Rahu</b> 7:40AM – 9:06AM	Visti Until 9:26AM	<b>Nataraja:</b> White		Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 7:49PM	Ashvina+Puratasi		<b>Subha Sivaloka Day</b>	

○	<b>Tuesday, October 7, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, OR Sutra 177 Visvvasu 5127
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:57AM – 1:23PM	<b>Revati</b> Until 11:52AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	
	Meena Rasi: 26.15	Tithi 16 – 17	Yama 9:06AM – 10:32AM	Vyaghata* Until 4:06PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:39PM	Moon 8 - Phase 23 -
		613928574	<b>Rahu</b> 2:48PM – 4:13PM	Balava Until 6:10AM	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga			<b>Prathama*</b> Until 4:26PM	Ashvina+Puratasi		<b>Sivaloka Day</b>	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Portland, OR on 11/19/23

www.gurudeva.org/panchang



Wednesday, October 8, 2025

Gold Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, OR  
Sun 1 Sutra 178

Mesha Rasi: 11.16 Tithi 17 - 18

633928574

**Gulika** 10:32AM - 11:57AM  
Yama 7:41AM - 9:07AM  
**Rahu** 11:57AM - 1:22PM

**Ashvini Until 9:17AM**  
Harshana Until 12:05PM  
Vanija Until 11:12PM  
Dvitiya Until 12:56PM

**Ganesha:** White *Sunrise: 6:16AM*  
**Muruga:** Blue *Sunset: 5:37PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina+Puratasi**

Visvasu 5127  
Moon 9 - Phase 24 - 1  
1st Phase

Routine Work Marana Yoga  
Until 9:17AM  
Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**

1

Thursday, October 9, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Visli\*/Bava Karana Tritiya/Chaturthyam Titau

Portland, OR  
Sun 2 Sutra 179

Mesha Rasi: 26.17 Tithi 18 - 19

633928574

**Gulika** 9:07AM - 10:32AM  
Yama 6:18AM - 7:42AM  
**Rahu** 1:21PM - 2:46PM

**Bharani Until 6:35AM**  
Vajra\* Until 8:04AM  
Bava Until 7:49PM  
Tritiya Until 9:28AM

**Ganesha:** White *Sunrise: 6:18AM*  
**Muruga:** Blue *Sunset: 5:35PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina+Puratasi**

Visvasu 5127  
Moon 9 - Phase 24 - 2  
1st Phase

Creative Work Siddha Yoga  
Until 6:35AM  
Then Routine Work - Marana Yoga

**Subha Sivaloka Day**

2

Friday, October 10, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vyatipata\* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Portland, OR  
Sun 3 Sutra 180

Vrishabha Rasi: 11.11 Tithi 19 - 20

633928574

**Gulika** 7:43AM - 9:08AM  
Yama 2:45PM - 4:09PM  
**Rahu** 10:32AM - 11:56AM

**Rohini Until 1:51AM Sat**  
Vyatipata\* Until 12:39AM Sat  
Taitila Until 3:16AM Sat  
Chaturthi\* Until 6:12AM

**Ganesha:** Yellow *Sunrise: 6:19AM*  
**Muruga:** Blue *Sunset: 5:33PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina+Puratasi**

Visvasu 5127  
Moon 9 - Phase 24 - 3  
1st Phase

Routine Work Marana Yoga  
Until 1:51AM Sat  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

3

Saturday, October 11, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Varyan Yoga Gara/Vanija Karana Shashthyam Titau

Portland, OR  
Sun 4 Sutra 181

Vrishabha Rasi: 25.49 Tithi 21

633928574

**Gulika** 6:20AM - 7:44AM  
Yama 1:20PM - 2:44PM  
**Rahu** 9:08AM - 10:32AM

**Mrigashira Until 12:07AM Sun**  
Varyan Until 9:25PM  
Gara Until 1:59PM  
Shashthi\* Until 12:48AM Sun

**Ganesha:** Yellow *Sunrise: 6:20AM*  
**Muruga:** Blue *Sunset: 5:32PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina+Puratasi**

Visvasu 5127  
Moon 9 - Phase 24 - 4  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

4

Sunday, October 12, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigha\* Yoga Visli\*/Bava Karana Saptamyam Titau

Portland, OR  
Sun 5 Sutra 182

Mithuna Rasi: 10.08 Tithi 22

633928574

**Gulika** 2:43PM - 4:06PM  
Yama 11:56AM - 1:19PM  
**Rahu** 4:06PM - 5:30PM

**Ardra Until 10:47PM**  
Parigha\* Until 6:39PM  
Visli Until 11:48AM  
Saptami Until 10:54PM

**Ganesha:** Yellow *Sunrise: 6:22AM*  
**Muruga:** Blue *Sunset: 5:30PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina+Puratasi**

Visvasu 5127  
Moon 9 - Phase 24 - 5  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

D

Monday, October 13, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, OR  
Sun 6 Sutra 183

Mithuna Rasi: 24.03 Tithi 23

643928574

**Gulika** 1:19PM - 2:42PM  
Yama 10:32AM - 11:55AM  
**Rahu** 7:46AM - 9:09AM

**Punarvasu Until 10:21PM**  
Shiva Until 4:23PM  
Balava Until 10:12AM  
Ashtami\* Until 9:38PM

**Ganesha:** Blue *Sunrise: 6:23AM*  
**Muruga:** Blue *Sunset: 5:28PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina+Puratasi**

Visvasu 5127  
Moon 9 - Phase 24 - 6  
Ashtami

Family Home Evening  
Creative Work Amrita Yoga  
Until 10:21PM  
Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**

Tuesday, October 14, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Portland, OR  
Sun 7 Sutra 184

Kataka Rasi: 7.35 Tithi 24

643928574

**Gulika** 11:55AM - 1:18PM  
Yama 9:10AM - 10:32AM  
**Rahu** 2:41PM - 4:04PM

**Pushya Until 10:26PM**  
Siddha Until 2:37PM  
Taitila Until 9:15AM  
Navami\* Until 9:01PM

**Ganesha:** Blue *Sunrise: 6:24AM*  
**Muruga:** Blue *Sunset: 5:26PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina+Puratasi**

Visvasu 5127  
Moon 9 - Phase 24 - 7  
Navami

Creative Work Siddha Yoga

**Subha Sivaloka Day**


<b>1</b>	<b>Wednesday, October 15, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Dashamyam Titau				Portland, OR
	Kataka Rasi: 20.46	Tithi 25	<b>Gulika</b> 10:33AM – 11:55AM	<b>Ashlesha* Until 10:59PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:25AM	Sun 8 Sutra 185
			Yama 7:48AM – 9:10AM	Sadhya Until 1:23PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:25PM	Visvvasu 5127
	643928574	<b>Rahu</b> 11:55AM – 1:17PM		Vanija Until 8:58AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 8
Creative Work	Siddha Yoga		<b>Dashami Until 9:03PM</b>	Moon – Blue		2nd Phase	
				<b>Subha Sivaloka Day</b>			
				Ashvina•Puratasi			

<b>2</b>	<b>Thursday, October 16, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Portland, OR
	Simha Rasi: 3.38	Tithi 26	<b>Gulika</b> 9:11AM – 10:33AM	<b>Magha* Until 12:25AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:27AM	Sun 9 Sutra 186
			Yama 6:27AM – 7:49AM	Subha Until 12:38PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:23PM	Visvvasu 5127
	653928574	<b>Rahu</b> 1:17PM – 2:39PM		Bava Until 9:19AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 9
Creative Work	Amrita Yoga		<b>Ekadashi* Until 9:40PM</b>	Moon – Red		2nd Phase	
Until 12:25AM Fri				<b>Sivaloka Day</b>			
Then Creative Work - Siddha Yoga				Ashvina•Puratasi			

<b>3</b>	<b>Friday, October 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Portland, OR
	Simha Rasi: 16.14	Tithi 27	<b>Gulika</b> 7:50AM – 9:11AM	<b>Purvaphalguni Until 2:10AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	Sun 10 Sutra 187
			Yama 2:38PM – 3:59PM	Sukla Until 12:16PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:21PM	Visvvasu 5127
	653928574	<b>Rahu</b> 10:33AM – 11:55AM		Kaulava Until 10:12AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 10
Creative Work	Siddha Yoga		<b>Dvadashi* Until 10:49PM</b>	Moon – Red		2nd Phase	
Until 2:10AM Sat				<b>Sivaloka Day</b>			
Then Routine Work - Marana Yoga				Ashvina•Aipasi			

<b>4</b>	<b>Saturday, October 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Portland, OR
	Simha Rasi: 28.37	Tithi 28	<b>Gulika</b> 6:29AM – 7:51AM	<b>Uttaraphalguni Until 4:10AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:29AM	Sun 11 Sutra 188
			Yama 1:16PM – 2:37PM	Brahma Until 12:17PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:19PM	Visvvasu 5127
	653928574	<b>Rahu</b> 9:12AM – 10:33AM		Gara Until 11:34AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 11
Routine Work	Marana Yoga		<b>Trayodashi* Until 12:23AM Sun</b>	Moon – Red		2nd Phase	
Until 4:10AM Sun				<b>Sivaloka Day</b>			
Then Creative Work - Amrita Yoga				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, October 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Indra/Vaidhriti* Yoga Visiti*/Sakuni* Karana Chaturdashyam Titau				Portland, OR
	Kanya Rasi: 10.5	Tithi 29	<b>Gulika</b> 2:36PM – 3:57PM	<b>Hasta Until 6:48AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:31AM	Sun 12 Sutra 189
			Yama 11:54AM – 1:15PM	Indra Until 12:35PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:18PM	Visvvasu 5127
	663928574	<b>Rahu</b> 3:57PM – 5:18PM		Visti Until 1:19PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 12
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 2:18AM Mon</b>	Moon – Green		2nd Phase	
Until 6:48AM Mon				<b>Sivaloka Day</b>			
Then Routine Work - Prabalarishta Yoga				Ashvina•Aipasi			
				<b>Deepavali Hindu Solidarity Day</b>			

	<b>Monday, October 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 1:14PM – 2:35PM	<b>Hasta Until 6:48AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:32AM	Sun 13 Sutra 190
	Kanya Rasi: 22.55	Tithi 30	Yama 10:34AM – 11:54AM	Vaidhriti* Until 1:06PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:16PM	Visvvasu 5127
	<b>Family Home Evening</b>	664928574	<b>Rahu</b> 7:53AM – 9:13AM	Catuspada Until 3:22PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 13
Creative Work	Siddha Yoga		<b>Amavasya* Until 4:28AM Tue</b>	Moon – Green		Amavasya	
Until 6:48AM				<b>Devaloka Day</b>			
Then Routine Work - Prabalarishta Yoga				Ashvina•Aipasi			
				<b>Subramuniyaswami Mahasamadhi</b>			

<b>Retreat Star</b>	<b>Tuesday, October 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, OR
	Tula Rasi: 4.54	Tithi 1	<b>Gulika</b> 11:54AM – 1:14PM	<b>Chitra Until 9:31AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:33AM	Sun 14 Sutra 191
			Yama 9:14AM – 10:34AM	Vishkambha* Until 1:48PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:14PM	Visvvasu 5127
	664928574	<b>Rahu</b> 2:34PM – 3:54PM		Kintughna Until 5:39PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25 - 14
Creative Work	Siddha Yoga		<b>Prathama* Until 6:50AM Wed</b>	Moon – Green		Prathama	
				<b>Devaloka Day</b>			
				Kartika•Aipasi			
				<b>Skanda Shasthi Begins</b>			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	<b>Wednesday, October 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, OR Sun 15 Sutra 192
	Tula Rasi: 16.49	Tithi 1 – 2	<b>Gulika</b> 10:34AM – 11:54AM	<b>Svati Until 12:14PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:35AM	Visvvasu 5127
			Yama 7:55AM – 9:14AM	Priti Until 2:38PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 26 - 15
	664138574	<b>Rahu</b> 11:54AM – 1:13PM	Balava Until 8:05PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 6:50AM</b>	Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

2	<b>Thursday, October 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Portland, OR Sun 16 Sutra 193
	Tula Rasi: 28.41	Tithi 2 – 3	<b>Gulika</b> 9:15AM – 10:34AM	<b>Vishakha Until 3:22PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	Visvvasu 5127
			Yama 6:36AM – 7:56AM	Ayushman Until 3:30PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 26 - 16
	674138574	<b>Rahu</b> 1:13PM – 2:32PM	Taitila Until 10:36PM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 9:19AM</b>	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

3	<b>Friday, October 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Portland, OR Sun 17 Sutra 194
	Vrischika Rasi: 10.33	Tithi 3 – 4	<b>Gulika</b> 7:57AM – 9:15AM	<b>Anuradha Until 6:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Visvvasu 5127
			Yama 2:31PM – 3:50PM	Saubhagya Until 4:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 26 - 17
	674138574	<b>Rahu</b> 10:34AM – 11:53AM	Vanija Until 1:06AM Sat		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:50AM</b>	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 6:21PM				Karttika•Aipasi			
Then Routine Work - Marana Yoga							

4	<b>Saturday, October 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Portland, OR Sun 18 Sutra 195
	Vrischika Rasi: 22.25	Tithi 4 – 5	<b>Gulika</b> 6:39AM – 7:57AM	<b>Jyeshtha* Until 9:05PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM	Visvvasu 5127
			Yama 1:12PM – 2:31PM	Sobhana Until 5:14PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 26 - 18
	674138574	<b>Rahu</b> 9:16AM – 10:35AM	Bava Until 3:29AM Sun		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 2:17PM</b>	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

5	<b>Sunday, October 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, OR Sun 19 Sutra 196
	Dhanus Rasi: 4.21	Tithi 5 – 6	<b>Gulika</b> 2:30PM – 3:48PM	<b>Mula* Until 11:55PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	Visvvasu 5127
			Yama 11:53AM – 1:11PM	Athiganda* Until 5:54PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 26 - 19
	684138574	<b>Rahu</b> 3:48PM – 5:06PM	Kaulava Until 5:36AM Mon		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 4:33PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 11:55PM				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							

6	<b>Monday, October 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Taitila Karana Shashthyam Titau				Portland, OR Sun 20 Sutra 197
	Dhanus Rasi: 16.23	Tithi 6	<b>Gulika</b> 1:11PM – 2:29PM	<b>Purvashadha* Until 2:14AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:42AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 10:35AM – 11:53AM	Sukarma Until 6:19PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 26 - 20
	684138574	<b>Rahu</b> 7:59AM – 9:17AM	Taitila Until 6:29PM		<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 6:29PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 2:14AM Tue				Karttika•Aipasi			
Then Routine Work - Prabalarishta Yoga							

<b>Tuesday, October 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Portland, OR Sun 21 Sutra 198
<b>Retreat Star</b>		<b>Gulika</b> 11:53AM – 1:11PM	<b>Uttarashadha Until 3:51AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:43AM	Visvvasu 5127
Dhanus Rasi: 28.35	Tithi 7	Yama 9:18AM – 10:36AM	Dhriti Until 6:22PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 26 - 21
684138574	<b>Rahu</b> 2:28PM – 3:46PM	Gara Until 7:17AM		<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Saptami Until 7:54PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 3:51AM Wed				Karttika•Aipasi		
Then Creative Work - Siddha Yoga						

D	<b>Wednesday, October 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, OR Sun 22 Sutra 199
	<b>Retreat Star</b>		<b>Gulika</b> 10:36AM – 11:53AM	<b>Shravana Until 5:06AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:44AM	Visvvasu 5127
	Makara Rasi: 11.02	Tithi 8	Yama 8:02AM – 9:19AM	Shula* Until 5:52PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:02PM	Moon 9 - Phase 26 - 22
	694138574	<b>Rahu</b> 11:53AM – 1:10PM	Visti Until 8:24AM		<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:39PM</b>	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				Karttika•Aipasi			

<b>Thursday, October 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Portland, OR Sun 23 Sutra 200
<b>Retreat Star</b>		<b>Gulika</b> 9:19AM – 10:36AM	<b>Dhanishtha Until 5:23AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM	Visvvasu 5127
Makara Rasi: 23.49	Tithi 9	Yama 6:46AM – 8:03AM	Ganda* Until 4:47PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:00PM	Moon 9 - Phase 26 - 23
694138574	<b>Rahu</b> 1:10PM – 2:27PM	Balava Until 8:45AM		<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Navami* Until 8:37PM</b>	Moon – Purple		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
				Karttika•Aipasi		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Portland, OR on 11/19/23


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<b>1</b>		<b>Friday, October 31, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau			Portland, OR Sun 24 Sutra 201 Visvvasu 5127
Kumbha Rasi: 7	Tithi 10	<b>Gulika</b> 8:04AM – 9:20AM	<b>Shatabhishak</b> Until 4:42AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:47AM		
		Yama 2:26PM – 3:42PM	Vriddhi Until 3:04PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:59PM	Moon 9 - Phase 27 - 24	
	694138574	<b>Rahu</b> 10:36AM – 11:53AM	Taitila Until 8:18AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:44PM	Moon – Purple		<b>Bhuloka Day</b>	
Until 4:42AM Sat				<b>Karttika•Aipasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, November 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau			Portland, OR Sun 25 Sutra 202 Visvvasu 5127
Kumbha Rasi: 20.39	Tithi 11	<b>Gulika</b> 6:49AM – 8:05AM	<b>Purvaproshtapada*</b> Until 3:33AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:49AM		
		Yama 1:09PM – 2:25PM	Dhruva Until 12:39PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:57PM	Moon 9 - Phase 27 - 25	
	615138574	<b>Rahu</b> 9:21AM – 10:37AM	Vanija Until 7:00AM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 6:02PM	Moon – Clear		<b>Devaloka Day</b>	
Until 3:33AM Sun				<b>Karttika•Aipasi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Sunday, November 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Portland, OR Sun 26 Sutra 203 Visvvasu 5127
Meena Rasi: 4.47	Tithi 12 – 13	<b>Gulika</b> 2:24PM – 3:40PM	<b>Uttaraproshtapada</b> Until 1:34AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:50AM		
		Yama 11:53AM – 1:09PM	Vyaghata* Until 9:39AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:56PM	Moon 9 - Phase 27 - 26	
	615138574	<b>Rahu</b> 3:40PM – 4:56PM	Kaulava Until 2:10AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 3:36PM	Moon – Clear		<b>Devaloka Day</b>	
Until 1:34AM Mon				<b>Karttika•Aipasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Monday, November 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Portland, OR Sun 27 Sutra 204 Visvvasu 5127
Meena Rasi: 19.23	Tithi 13 – 14	<b>Gulika</b> 1:08PM – 2:24PM	<b>Revati</b> Until 10:55PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM		
<b>Family Home Evening</b>		Yama 10:37AM – 11:53AM	Harshana Until 6:08AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:54PM	Moon 9 - Phase 27 - 27	
	615138574	<b>Rahu</b> 8:07AM – 9:22AM	Gara Until 10:54PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 12:34PM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Karttika•Aipasi</b>			

		<b>Tuesday, November 4, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau			Portland, OR Sun 28 Sutra 205 Visvvasu 5127
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:53AM – 1:08PM	<b>Ashvini</b> Until 8:10PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:53AM		
Mesha Rasi: 4.22	Tithi 14 – 15	Yama 9:23AM – 10:38AM	Siddhi Until 9:58PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:53PM	Moon 9 - Phase 27 -	
	625138574	<b>Rahu</b> 2:23PM – 3:38PM	Visli Until 7:16PM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:06AM	Moon – White		<b>Sivaloka Day</b>	
				<b>Karttika•Aipasi</b>			

<b>○</b>		<b>Wednesday, November 5, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau			Portland, OR Sun 29 Sutra 206 Visvvasu 5127
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:38AM – 11:53AM	<b>Bharani</b> Until 5:06PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:54AM		
Mesha Rasi: 19.34	Tithi 16	Yama 8:09AM – 9:23AM	Vyatipata* Until 5:37PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:52PM	Moon 9 - Phase 27 -	
	625138574	<b>Rahu</b> 11:53AM – 1:08PM	Balava Until 3:26PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:29AM Thu	Moon – White		<b>Sivaloka Day</b>	
Until 5:06PM				<b>Karttika•Aipasi</b>			
Then Creative Work - Amrita Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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**Thursday, November 6, 2025**  
**Gold Retreat Star**

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Varyani/Parigha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, OR  
Sutra 207

Vishabha Rasi: 4.52 Tithi 17

725138574

**Gulika** 9:24AM – 10:39AM  
**Yama** 6:55AM – 8:10AM  
**Rahu** 1:07PM – 2:22PM

**Krittika Until 1:55PM**  
Variyan Until 1:15PM  
Taitila Until 11:35AM  
**Dvitiya Until 9:42PM**

**Ganesha:** Clear *Sunrise: 6:55AM*  
**Muruga:** Yellow *Sunset: 4:50PM*  
**Nataraja:** Clear  
Moon – White

Visvvasu 5127  
Moon 10 - Phase 28 - 1st Phase

Routine Work Marana Yoga

**Devaloka Day**

Karttika•Aipasi

**1**

**Friday, November 7, 2025**

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Portland, OR  
Sun 1 Sutra 208

Vishabha Rasi: 20.05 Tithi 18

735138574

**Gulika** 8:11AM – 9:25AM  
**Yama** 2:21PM – 3:35PM  
**Rahu** 10:39AM – 11:53AM

**Rohini Until 11:09AM**  
Parigha\* Until 9:02AM  
Vanija Until 7:54AM  
**Tritiya Until 6:10PM**

**Ganesha:** Purple *Sunrise: 6:57AM*  
**Muruga:** Yellow *Sunset: 4:49PM*  
**Nataraja:** Clear  
Moon – Yellow

Visvvasu 5127  
Moon 10 - Phase 28 - 1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

Until 11:09AM

Then Creative Work - Siddha Yoga

Karttika•Aipasi

**2**

**Saturday, November 8, 2025**

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, OR  
Sun 2 Sutra 209

Mithuna Rasi: 5.02 Tithi 19 – 20

735138574

**Gulika** 6:58AM – 8:12AM  
**Yama** 1:07PM – 2:20PM  
**Rahu** 9:26AM – 10:39AM

**Mrigashira Until 8:38AM**  
Siddha Until 1:35AM Sun  
Kaulava Until 1:42AM Sun  
**Chaturthi\* Until 3:02PM**

**Ganesha:** Purple *Sunrise: 6:58AM*  
**Muruga:** Yellow *Sunset: 4:48PM*  
**Nataraja:** Clear  
Moon – Yellow

Visvvasu 5127  
Moon 10 - Phase 28 - 2 1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

Karttika•Aipasi

**3**

**Sunday, November 9, 2025**

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Vanija/Visti\* Karana Panchami/Shashthyam Titau

Portland, OR  
Sun 3 Sutra 210

Mithuna Rasi: 19.37 Tithi 20 – 21

735138574

**Gulika** 2:20PM – 3:33PM  
**Yama** 11:53AM – 1:07PM  
**Rahu** 3:33PM – 4:47PM

**Ardra Until 6:30AM**  
Sadhya Until 10:35PM  
Gara Until 11:29PM  
**Panchami Until 12:29PM**

**Ganesha:** Purple *Sunrise: 7:00AM*  
**Muruga:** Yellow *Sunset: 4:47PM*  
**Nataraja:** Clear  
Moon – Yellow

Visvvasu 5127  
Moon 10 - Phase 28 - 3 1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

Karttika•Aipasi

**4**

**Monday, November 10, 2025**

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Portland, OR  
Sun 4 Sutra 211

Kataka Rasi: 3.43 Tithi 21 – 22

745138574

**Family Home Evening**

Creative Work Siddha Yoga

**Gulika** 1:06PM – 2:19PM  
**Yama** 10:40AM – 11:53AM  
**Rahu** 8:14AM – 9:27AM

**Pushya Until 4:45AM Tue**  
Subha Until 8:13PM  
Visti Until 10:02PM  
**Shashthi\* Until 10:38AM**

**Ganesha:** Clear *Sunrise: 7:01AM*  
**Muruga:** Yellow *Sunset: 4:45PM*  
**Nataraja:** Clear  
Moon – Blue

Visvvasu 5127  
Moon 10 - Phase 28 - 4 1st Phase

**Devaloka Day**

Karttika•Aipasi

**D**

**Tuesday, November 11, 2025**

**Retreat Star**

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, OR  
Sun 5 Sutra 212

Kataka Rasi: 17.22 Tithi 22 – 23

746138574

Creative Work Siddha Yoga

**Gulika** 11:53AM – 1:06PM  
**Yama** 9:28AM – 10:41AM  
**Rahu** 2:19PM – 3:32PM

**Ashlesha\* Until 4:51AM Wed**  
Sukla Until 6:27PM  
Balava Until 9:25PM  
**Saptami Until 9:36AM**

**Ganesha:** White *Sunrise: 7:02AM*  
**Muruga:** Yellow *Sunset: 4:44PM*  
**Nataraja:** Clear  
Moon – Blue

Visvvasu 5127  
Moon 10 - Phase 28 - 5 Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Karttika•Aipasi

**Wednesday, November 12, 2025**

**Retreat Star**

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, OR  
Sun 6 Sutra 213

Simha Rasi: 0.32 Tithi 23 – 24

756138574

Creative Work Siddha Yoga

**Gulika** 10:41AM – 11:53AM  
**Yama** 8:16AM – 9:29AM  
**Rahu** 11:53AM – 1:06PM

**Magha\* Until 6:03AM Thu**  
Brahma Until 5:22PM  
Taitila Until 9:37PM  
**Ashtami\* Until 9:24AM**

**Ganesha:** Yellow *Sunrise: 7:04AM*  
**Muruga:** Yellow *Sunset: 4:43PM*  
**Nataraja:** Clear  
Moon – Red

Visvvasu 5127  
Moon 10 - Phase 28 - 6 Navami

**Devaloka Day**

Karttika•Aipasi

<b>1</b>	<b>Thursday, November 13, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Portland, OR
	Simha Rasi: 13.18	Tithi 24 – 25	<b>Gulika</b> 9:29AM – 10:42AM	<b>Magha* Until 6:03AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:05AM	Sun 7 Sutra 214
	756138574	<b>Rahu</b> 1:06PM – 2:18PM	Yama 7:05AM – 8:17AM	Indra Until 4:53PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:42PM	Visvvasu 5127
Creative Work Amrita Yoga			Vanija Until 10:35PM	<b>Nataraja:</b> Clear		Moon 10 - Phase 29 - 7	
Until 6:03AM			<b>Navami* Until 10:00AM</b>	Moon – Red		2nd Phase	
Then Creative Work - Siddha Yoga				<b>Karttika-Aipasi</b>		<b>Devaloka Day</b>	


<b>2</b>	<b>Friday, November 14, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, OR
	Simha Rasi: 25.44	Tithi 25 – 26	<b>Gulika</b> 8:18AM – 9:30AM	<b>Purvaphalguni Until 7:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:07AM	Sun 8 Sutra 215
	756138574	<b>Rahu</b> 10:42AM – 11:54AM	Yama 2:17PM – 3:29PM	Vaidhriti* Until 4:52PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:41PM	Visvvasu 5127
Creative Work Siddha Yoga			Bava Until 12:10AM Sat	<b>Nataraja:</b> Clear		Moon 10 - Phase 29 - 8	
			<b>Dashami Until 11:17AM</b>	Moon – Red		2nd Phase	
				<b>Karttika-Aipasi</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Saturday, November 15, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR
	Kanya Rasi: 7.56	Tithi 26 – 27	<b>Gulika</b> 7:08AM – 8:19AM	<b>Uttaraphalguni Until 9:53AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:08AM	Sun 9 Sutra 216
	756138574	<b>Rahu</b> 9:31AM – 10:42AM	Yama 1:05PM – 2:17PM	Vishkambha* Until 5:15PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:40PM	Visvvasu 5127
Routine Work Marana Yoga			Kaulava Until 2:13AM Sun	<b>Nataraja:</b> Clear		Moon 10 - Phase 29 - 9	
			<b>Ekadashi* Until 1:08PM</b>	Moon – Red		2nd Phase	
				<b>Karttika-Aipasi</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Sunday, November 16, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR
	Kanya Rasi: 19.59	Tithi 27 – 28	<b>Gulika</b> 2:17PM – 3:28PM	<b>Hasta Until 12:42PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:09AM	Sun 10 Sutra 217
	766238575	<b>Rahu</b> 3:28PM – 4:39PM	Yama 11:54AM – 1:05PM	Priti Until 5:54PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:39PM	Visvvasu 5127
Creative Work Amrita Yoga			Gara Until 4:33AM Mon	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 - 10	
Until 12:42PM			<b>Dvadashi* Until 3:20PM</b>	Moon – Green		2nd Phase	
Then Creative Work - Siddha Yoga				<b>Karttika-Karttikai</b>		<b>Sivaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Monday, November 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, OR
	Tula Rasi: 1.55	Tithi 28 – 29	<b>Gulika</b> 1:05PM – 2:16PM	<b>Chitra Until 3:34PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:11AM	Sun 11 Sutra 218
	766238575	<b>Rahu</b> 8:22AM – 9:33AM	Yama 10:43AM – 11:54AM	Ayushman Until 6:40PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:38PM	Visvvasu 5127
Family Home Evening			Visti Until 7:02AM Tue	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 - 11	
Routine Work Prabalarishta Yoga			<b>Trayodashi* Until 5:46PM</b>	Moon – Green		2nd Phase	
Until 3:34PM				<b>Karttika-Karttikai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Tuesday, November 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Portland, OR
	Tula Rasi: 13.48	Tithi 29	<b>Gulika</b> 11:55AM – 1:05PM	<b>Svati Until 6:21PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:12AM	Sun 12 Sutra 219
	767238575	<b>Rahu</b> 2:16PM – 3:26PM	Yama 9:33AM – 10:44AM	Saubhagya Until 7:31PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:37PM	Visvvasu 5127
Creative Work Siddha Yoga			Visti Until 7:02AM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 - 12	
Until 6:21PM			<b>Chaturdashi* Until 8:17PM</b>	Moon – Green		2nd Phase	
Then Routine Work - Marana Yoga				<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	

	<b>Wednesday, November 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 10:44AM – 11:55AM	<b>Vishakha Until 9:29PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:13AM	Sun 13 Sutra 220
	Tula Rasi: 25.4	Tithi 30	Yama 8:24AM – 9:34AM	Sobhana Until 8:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:36PM	Visvvasu 5127
777238575		<b>Rahu</b> 11:55AM – 1:05PM	Catuspada Until 9:34AM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 - 13	
Creative Work Siddha Yoga			<b>Amavasya* Until 10:48PM</b>	Moon – Orange		Amavasya	
				<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	

<b>Retreat Star</b>	<b>Thursday, November 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 9:35AM – 10:45AM	<b>Anuradha Until 12:24AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:15AM	Sun 14 Sutra 221
	Vrishchika Rasi: 7.32	Tithi 1	Yama 7:15AM – 8:25AM	Athiganda* Until 9:12PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:35PM	Visvvasu 5127
777238575		<b>Rahu</b> 1:05PM – 2:15PM	Kintughna Until 12:05PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29 - 14	
Creative Work Siddha Yoga			<b>Prathama* Until 1:17AM Fri</b>	Moon – Orange		Prathama	
Until 12:24AM Fri				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Friday, November 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR Sun 15 Sutra 222 Visvvasu 5127
Wrischika Rasi: 19.26	Tithi 2	<b>Gulika</b> 8:26AM – 9:36AM	<b>Jyeshtha* Until 3:04AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:16AM			
		Yama 2:15PM – 3:25PM	Sukarma Until 9:57PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 30 - 15		
		777238575 <b>Rahu</b> 10:45AM – 11:55AM	Balava Until 2:30PM	<b>Nataraja:</b> Purple		3rd Phase		
Routine Work	Marana Yoga		<b>Dvitiya Until 3:39AM Sat</b>	Moon – Orange			<b>Devaloka Day</b>	
Until 3:04AM Sat				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Saturday, November 22, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Tailila/Gara Karana Trityayam Titau				Portland, OR Sun 16 Sutra 223 Visvvasu 5127
Dhanus Rasi: 1.22	Tithi 3	<b>Gulika</b> 7:17AM – 8:27AM	<b>Mula* Until 5:55AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:17AM			
		Yama 1:05PM – 2:15PM	Dhriti Until 10:36PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 30 - 16		
		787238575 <b>Rahu</b> 9:36AM – 10:46AM	Taitila Until 4:49PM	<b>Nataraja:</b> Purple		3rd Phase		
Creative Work	Siddha Yoga		<b>Tritiya Until 5:52AM Sun</b>	Moon – Light Blue			<b>Devaloka Day</b>	
				Margasira-Karttikai				

<b>3</b>		<b>Sunday, November 23, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija Karana Chaturthyam Titau				Portland, OR Sun 17 Sutra 224 Visvvasu 5127
Dhanus Rasi: 13.22	Tithi 4	<b>Gulika</b> 2:14PM – 3:24PM	<b>Purvashadha* Until 8:21AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:19AM			
		Yama 11:56AM – 1:05PM	Shula* Until 11:04PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:33PM	Moon 10 - Phase 30 - 17		
		787238575 <b>Rahu</b> 3:24PM – 4:33PM	Vanija Until 6:55PM	<b>Nataraja:</b> Purple		3rd Phase		
Creative Work	Siddha Yoga		<b>Chaturthi* Until 7:51AM Mon</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 8:21AM Mon				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, November 24, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Portland, OR Sun 18 Sutra 225 Visvvasu 5127
Dhanus Rasi: 25.28	Tithi 4 – 5	<b>Gulika</b> 1:05PM – 2:14PM	<b>Purvashadha* Until 8:21AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:20AM			
<b>Family Home Evening</b>		Yama 10:47AM – 11:56AM	Ganda* Until 11:18PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 30 - 18		
		788238575 <b>Rahu</b> 8:29AM – 9:38AM	Bava Until 8:44PM	<b>Nataraja:</b> Purple		3rd Phase		
Routine Work	Marana Yoga		<b>Chaturthi* Until 7:51AM</b>	Moon – Light Blue			<b>Sivaloka Day</b>	
				Margasira-Karttikai				

<b>5</b>		<b>Tuesday, November 25, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, OR Sun 19 Sutra 226 Visvvasu 5127
Makara Rasi: 7.42	Tithi 5 – 6	<b>Gulika</b> 11:56AM – 1:05PM	<b>Uttarashadha Until 10:18AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:21AM			
		Yama 9:39AM – 10:48AM	Vriddhi Until 11:14PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 30 - 19		
		788238575 <b>Rahu</b> 2:14PM – 3:23PM	Kaulava Until 10:07PM	<b>Nataraja:</b> Purple		3rd Phase		
Routine Work	Prabalarishta Yoga		<b>Panchami Until 9:28AM</b>	Moon – Light Blue			<b>Sivaloka Day</b>	
Until 10:18AM				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Wednesday, November 26, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Portland, OR Sun 20 Sutra 227 Visvvasu 5127
Makara Rasi: 20.08	Tithi 6 – 7	<b>Gulika</b> 10:48AM – 11:57AM	<b>Shravana Until 12:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:22AM			
		Yama 8:31AM – 9:40AM	Dhruva Until 10:41PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:31PM	Moon 10 - Phase 30 - 20		
		798238575 <b>Rahu</b> 11:57AM – 1:05PM	Gara Until 10:56PM	<b>Nataraja:</b> Purple		3rd Phase		
Creative Work	Siddha Yoga		<b>Shashthi* Until 10:35AM</b>	Moon – Purple			<b>Subha Sivaloka Day</b>	
Until 12:05PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

<b>Retreat Star</b>		<b>Thursday, November 27, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Portland, OR Sun 21 Sutra 228 Visvvasu 5127
Kumbha Rasi: 2.5	Tithi 7 – 8	<b>Gulika</b> 9:40AM – 10:49AM	<b>Dhanishtha Until 1:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:24AM			
		Yama 7:24AM – 8:32AM	Vyaghata* Until 9:38PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 30 - 21		
		798238575 <b>Rahu</b> 1:05PM – 2:14PM	Visti Until 11:04PM	<b>Nataraja:</b> Purple		Ashtami		
Creative Work	Siddha Yoga		<b>Saptami Until 11:05AM</b>	Moon – Purple			<b>Subha Sivaloka Day</b>	
				Margasira-Karttikai				

<b>Retreat Star</b>		<b>Friday, November 28, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR Sun 22 Sutra 229 Visvvasu 5127
Kumbha Rasi: 15.54	Tithi 8 – 9	<b>Gulika</b> 8:33AM – 9:41AM	<b>Shatabhishak Until 1:13PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:25AM			
		Yama 2:14PM – 3:22PM	Harshana Until 7:59PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 30 - 22		
		798238575 <b>Rahu</b> 10:49AM – 11:57AM	Balava Until 10:25PM	<b>Nataraja:</b> Purple		Navami		
Creative Work	Siddha Yoga		<b>Ashtami* Until 10:49AM</b>	Moon – Purple			<b>Subha Sivaloka Day</b>	
				Margasira-Karttikai				

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	<b>Saturday, November 29, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, OR Sun 23
	Kumbha Rasi: 29.22	Tithi 9 – 10	718238575	<b>Gulika</b> 7:26AM – 8:34AM Yama 1:06PM – 2:14PM <b>Rahu</b> 9:42AM – 10:50AM	<b>Purvaproshtapada* Until 12:53PM</b> Vajra* Until 5:42PM Taitila Until 8:59PM <b>Navami* Until 9:47AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:26AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Purple Moon – Clear	Sutra 230 Visvvasu 5127 Moon 10 - Phase 31 - 23 4th Phase <b>Subha Sivaloka Day</b> Margasira-Karttikai
	Routine Work Marana Yoga						
	Until 12:53PM Then Creative Work - Siddha Yoga						

2	<b>Sunday, November 30, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatipata Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, OR Sun 24
	Meena Rasi: 13.19	Tithi 10 – 11	718238575	<b>Gulika</b> 2:14PM – 3:21PM Yama 11:58AM – 1:06PM <b>Rahu</b> 3:21PM – 4:29PM	<b>Uttaraproshtapada Until 11:39AM</b> Siddhi Until 2:49PM Vanija Until 6:49PM <b>Dashami Until 7:58AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:27AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Purple Moon – Clear	Sutra 231 Visvvasu 5127 Moon 10 - Phase 31 - 24 4th Phase <b>Subha Sivaloka Day</b> Margasira-Karttikai
	Creative Work Amrita Yoga						
			<b>Gita Jayanthi</b>				

3	<b>Monday, December 1, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata/Variyan Yoga Bava/Balava Karana Dvadashyam Titau				Portland, OR Sun 25
	Meena Rasi: 27.43	Tithi 12	719238575	<b>Gulika</b> 1:06PM – 2:13PM Yama 10:51AM – 11:58AM <b>Rahu</b> 8:36AM – 9:43AM	<b>Revati Until 9:36AM</b> Vyatipata* Until 11:25AM Bava Until 4:00PM <b>Dvadashi Until 2:23AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:28AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:29PM <b>Nataraja:</b> Purple Moon – Clear	Sutra 232 Visvvasu 5127 Moon 10 - Phase 31 - 25 4th Phase <b>Sivaloka Day</b> Margasira-Karttikai
	Family Home Evening						
	Creative Work Siddha Yoga						

4	<b>Tuesday, December 2, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, OR Sun 26
	Mesha Rasi: 12.31	Tithi 13	729238575	<b>Gulika</b> 11:59AM – 1:06PM Yama 9:44AM – 10:52AM <b>Rahu</b> 2:14PM – 3:21PM	<b>Ashvini Until 7:17AM</b> Variyan Until 7:34AM Kaulava Until 12:42PM <b>Trayodashi Until 10:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:30AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:28PM <b>Nataraja:</b> Purple Moon – White	Sutra 233 Visvvasu 5127 Moon 10 - Phase 31 - 26 4th Phase <b>Devaloka Day</b> Margasira-Karttikai
	Creative Work Siddha Yoga						
			<i>Pradosha Vrata</i>				

5	<b>Wednesday, December 3, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, OR Sun 27
	Mesha Rasi: 27.38	Tithi 14	729238575	<b>Gulika</b> 10:52AM – 11:59AM Yama 8:38AM – 9:45AM <b>Rahu</b> 11:59AM – 1:06PM	<b>Krittika Until 1:16AM Thu</b> Shiva Until 11:04PM Gara Until 9:02AM <b>Chaturdashi* Until 7:07PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:31AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:28PM <b>Nataraja:</b> Purple Moon – White	Sutra 234 Visvvasu 5127 Moon 10 - Phase 31 - 27 4th Phase <b>Devaloka Day</b> Margasira-Karttikai
	Creative Work Amrita Yoga						
	Until 1:16AM Thu Then Routine Work - Marana Yoga						

○	<b>Thursday, December 4, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, OR Sun 28
	<b>Copper Retreat Star</b>		739238575	<b>Gulika</b> 9:46AM – 10:53AM Yama 7:32AM – 8:39AM <b>Rahu</b> 1:07PM – 2:14PM	<b>Rohini Until 10:19PM</b> Siddha Until 6:39PM Balava Until 1:23AM Fri <b>Purnima* Until 3:16PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:32AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:28PM <b>Nataraja:</b> Purple Moon – Yellow	Sutra 235 Visvvasu 5127 Moon 10 - Phase 31 - Purnima <b>Sivaloka Day</b> Margasira-Karttikai
	Vrishabha Rasi: 12.56		Tithi 15 – 16				
	Routine Work Marana Yoga						

○	<b>Friday, December 5, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, OR Sun 29
	<b>Silver Retreat Star</b>		739238575	<b>Gulika</b> 8:40AM – 9:47AM Yama 2:14PM – 3:21PM <b>Rahu</b> 10:53AM – 12:00PM	<b>Mrigashira Until 7:23PM</b> Sadhya Until 2:22PM Taitila Until 9:45PM <b>Prathama* Until 11:31AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:33AM <b>Muruga:</b> Yellow <i>Sunset:</i> 4:27PM <b>Nataraja:</b> Purple Moon – Yellow	Sutra 236 Visvvasu 5127 Moon 10 - Phase 31 - Prathama <b>Sivaloka Day</b> Margasira-Karttikai
	Vrishabha Rasi: 28.12		Tithi 16 – 17				
	Creative Work Siddha Yoga						

Vinayaga Viratam Begins



Saturday, December 6, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, OR  
Sun 1 Sutra 237

Mithuna Rasi: 13.17 Tithi 17 - 18

Gulika 7:34AM - 8:41AM  
Yama 1:07PM - 2:14PM  
Rahu 9:47AM - 10:54AM

Ardra Until 4:41PM  
Subha Until 10:21AM  
Vanija Until 6:29PM  
Dvitiya Until 8:03AM

Ganesha: Yellow Sunrise: 7:34AM  
Muruga: Yellow Sunset: 4:27PM  
Nataraja: Purple  
Moon - Yellow  
Margasira-Karttikai

Visvvasu 5127  
Moon 11 - Phase 32 - 1  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

1

Sunday, December 7, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Portland, OR  
Sun 2 Sutra 238

Mithuna Rasi: 28.02 Tithi 19

Gulika 2:14PM - 3:20PM  
Yama 12:01PM - 1:07PM  
Rahu 3:20PM - 4:27PM

Punarvasu Until 2:46PM  
Sukla Until 6:41AM  
Bava Until 3:45PM  
Chaturthi\* Until 2:37AM Mon

Ganesha: Blue Sunrise: 7:35AM  
Muruga: Yellow Sunset: 4:27PM  
Nataraja: Purple  
Moon - Blue  
Margasira-Karttikai

Visvvasu 5127  
Moon 11 - Phase 32 - 2  
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Monday, December 8, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, OR  
Sun 3 Sutra 239

Kataka Rasi: 12.21 Tithi 20

Family Home Evening

749238575 Rahu 8:42AM - 9:49AM

Gulika 1:08PM - 2:14PM  
Yama 10:55AM - 12:01PM  
Rahu 8:42AM - 9:49AM

Pushya Until 1:24PM  
Indra Until 1:03AM Tue  
Kaulava Until 1:43PM  
Panchami Until 1:00AM Tue

Ganesha: Blue Sunrise: 7:36AM  
Muruga: Yellow Sunset: 4:27PM  
Nataraja: Purple  
Moon - Blue  
Margasira-Karttikai

Visvvasu 5127  
Moon 11 - Phase 32 - 3  
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Tuesday, December 9, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Portland, OR  
Sun 4 Sutra 240

Kataka Rasi: 26.09 Tithi 21

Creative Work Siddha Yoga

741238575 Rahu 2:14PM - 3:21PM

Gulika 12:02PM - 1:08PM  
Yama 9:49AM - 10:56AM  
Rahu 2:14PM - 3:21PM

Ashlesha\* Until 12:42PM  
Vaidhriti\* Until 11:12PM  
Gara Until 12:32PM  
Shashthi\* Until 12:15AM Wed

Ganesha: White Sunrise: 7:37AM  
Muruga: Yellow Sunset: 4:27PM  
Nataraja: Purple  
Moon - Blue  
Margasira-Karttikai

Visvvasu 5127  
Moon 11 - Phase 32 - 4  
1st Phase

Devaloka Day

4

Wednesday, December 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Portland, OR  
Sun 5 Sutra 241

Simha Rasi: 9.26 Tithi 22

Creative Work Siddha Yoga

Until 1:10PM

Then Creative Work - Amrita Yoga

751238575 Rahu 12:02PM - 1:08PM

Gulika 10:56AM - 12:02PM  
Yama 8:44AM - 9:50AM  
Rahu 12:02PM - 1:08PM

Magha\* Until 1:10PM  
Vishkambha\* Until 10:05PM  
Visti Until 12:14PM  
Saptami Until 12:24AM Thu

Ganesha: Clear Sunrise: 7:38AM  
Muruga: Yellow Sunset: 4:27PM  
Nataraja: Purple  
Moon - Red  
Margasira-Karttikai

Visvvasu 5127  
Moon 11 - Phase 32 - 5  
1st Phase

Sivaloka Day

5

Thursday, December 11, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, OR  
Sun 6 Sutra 242

Simha Rasi: 22.17 Tithi 23

Creative Work Siddha Yoga

751338575 Rahu 1:09PM - 2:15PM

Gulika 9:51AM - 10:57AM  
Yama 7:39AM - 8:45AM  
Rahu 1:09PM - 2:15PM

Purvaphalguni Until 2:22PM  
Priti Until 9:39PM  
Balava Until 12:50PM  
Ashtami\* Until 1:25AM Fri

Ganesha: Purple Sunrise: 7:39AM  
Muruga: Yellow Sunset: 4:27PM  
Nataraja: Purple  
Moon - Red  
Margasira-Karttikai

Visvvasu 5127  
Moon 11 - Phase 32 - 6  
Ashtami

Subha Sivaloka Day

Friday, December 12, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Portland, OR  
Sun 7 Sutra 243

Kanya Rasi: 4.44 Tithi 24

Creative Work Siddha Yoga

Until 4:08PM

Then Creative Work - Amrita Yoga

751338575 Rahu 10:57AM - 12:03PM

Gulika 8:46AM - 9:51AM  
Yama 2:15PM - 3:21PM  
Rahu 10:57AM - 12:03PM

Uttaraphalguni Until 4:08PM  
Ayushman Until 9:44PM  
Taitila Until 2:13PM  
Navami\* Until 3:08AM Sat

Ganesha: Purple Sunrise: 7:40AM  
Muruga: Yellow Sunset: 4:27PM  
Nataraja: Purple  
Moon - Red  
Margasira-Karttikai

Visvvasu 5127  
Moon 11 - Phase 32 - 7  
Navami

Subha Sivaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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<b>1</b>	<b>Saturday, December 13, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Hasla Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, OR Sun 8 Sutra 244 Visvvasu 5127
	Kanya Rasi: 16.55	Tithi 25	<b>Gulika</b> 7:40AM – 8:46AM	<b>Hasta</b> <b>Until 6:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:40AM	
			Yama 1:10PM – 2:15PM	Saubhagya <b>Until 10:15PM</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 33 - 8
	Routine Work	Marana Yoga	761338575 <b>Rahu</b> 9:52AM – 10:58AM	Vanija <b>Until 4:14PM</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami</b> <b>Until 5:23AM Sun</b>	Moon – Green		<b>Sivaloka Day</b>	
				Margasira-Karttikai			


<b>2</b>	<b>Sunday, December 14, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Bava Karana Ekadashyam Titau				Portland, OR Sun 9 Sutra 245 Visvvasu 5127
	Kanya Rasi: 28.53	Tithi 26	<b>Gulika</b> 2:16PM – 3:21PM	<b>Chitra</b> <b>Until 9:40PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:41AM	
			Yama 12:04PM – 1:10PM	Sobhana <b>Until 11:02PM</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 33 - 9
	Creative Work	Siddha Yoga	761338575 <b>Rahu</b> 3:21PM – 4:27PM	Bava <b>Until 6:38PM</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> <b>Until 7:54AM Mon</b>	Moon – Green		<b>Sivaloka Day</b>	
				Margasira-Karttikai			


<b>3</b>	<b>Monday, December 15, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 10 Sutra 246 Visvvasu 5127
	Tula Rasi: 10.46	Tithi 26 – 27	<b>Gulika</b> 1:10PM – 2:16PM	<b>Svati</b> <b>Until 12:31AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:42AM	
	<b>Family Home Evening</b>		Yama 10:59AM – 12:05PM	Athiganda* <b>Until 11:54PM</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 33 - 10
	Creative Work	Amrita Yoga	761338575 <b>Rahu</b> 8:48AM – 9:53AM	Kaulava <b>Until 9:13PM</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> <b>Until 7:54AM</b>	Moon – Green		<b>Sivaloka Day</b>	
			Markali Pillaiyar	Margasira-Markali			

<b>4</b>	<b>Tuesday, December 16, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 11 Sutra 247 Visvvasu 5127
	Tula Rasi: 22.37	Tithi 27 – 28	<b>Gulika</b> 12:05PM – 1:11PM	<b>Vishakha</b> <b>Until 3:42AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:43AM	
			Yama 9:54AM – 11:00AM	Sukarma <b>Until 12:46AM Wed</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 33 - 11
	Routine Work	Marana Yoga	871338575 <b>Rahu</b> 2:16PM – 3:22PM	Gara <b>Until 11:49PM</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadashi*</b> <b>Until 10:30AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				Margasira-Markali			
				Pradosha Vrata (Fasting)			

<b>5</b>	<b>Wednesday, December 17, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 12 Sutra 248 Visvvasu 5127
	Vriscika Rasi: 4.28	Tithi 28 – 29	<b>Gulika</b> 11:00AM – 12:06PM	<b>Anuradha</b> <b>Until 6:35AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:43AM	
			Yama 8:49AM – 9:55AM	Dhriti <b>Until 1:35AM Thu</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 33 - 12
	Creative Work	Siddha Yoga	871338575 <b>Rahu</b> 12:06PM – 1:11PM	Visti <b>Until 2:19AM Thu</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi*</b> <b>Until 1:04PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				Margasira-Markali			

<b>6</b>	<b>Thursday, December 18, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, OR Sun 13 Sutra 249 Visvvasu 5127
	Vriscika Rasi: 16.22	Tithi 29 – 30	<b>Gulika</b> 9:55AM – 11:01AM	<b>Anuradha</b> <b>Until 6:35AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:44AM	
			Yama 7:44AM – 8:50AM	Shula* <b>Until 2:13AM Fri</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 33 - 13
	Creative Work	Siddha Yoga	871338575 <b>Rahu</b> 1:12PM – 2:17PM	Catuspada <b>Until 4:37AM Fri</b>	<b>Nataraja:</b> Purple		2nd Phase
			<b>Chaturdashi*</b> <b>Until 3:28PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				Margasira-Markali			

	<b>Friday, December 19, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, OR Sun 14 Sutra 250 Visvvasu 5127
	<b>Retreat Star</b>		<b>Gulika</b> 8:50AM – 9:56AM	<b>Jyeshtha*</b> <b>Until 9:08AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:45AM	
	Vriscika Rasi: 28.2	Tithi 30 – 1	Yama 2:18PM – 3:23PM	Ganda* <b>Until 2:43AM Sat</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 33 - 14
	Routine Work	Marana Yoga	872338575 <b>Rahu</b> 11:01AM – 12:07PM	Kintughna <b>Until 6:43AM Sat</b>	<b>Nataraja:</b> Purple		Amavasya
			<b>Amavasya*</b> <b>Until 5:41PM</b>	Moon – Orange		<b>Devaloka Day</b>	
			Hanumath Jayanthi (Tamil Nadu)	Margasira-Markali			

	<b>Saturday, December 20, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, OR Sun 15 Sutra 251 Visvvasu 5127
	<b>Retreat Star</b>		<b>Gulika</b> 7:45AM – 8:51AM	<b>Mula*</b> <b>Until 11:48AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:45AM	
	Dhanus Rasi: 10.23	Tithi 1	Yama 1:13PM – 2:18PM	Vriddhi <b>Until 3:02AM Sun</b>	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 33 - 15
	Creative Work	Siddha Yoga	882338575 <b>Rahu</b> 9:56AM – 11:02AM	Kintughna <b>Until 6:43AM</b>	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama*</b> <b>Until 7:38PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				Pausha-Markali			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1 Sunday, December 21, 2025</b>		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR Sun 16 Sutra 252 Visvvasu 5127
Dhanus Rasi: 22.34	Tithi 2	<b>Gulika</b> 2:19PM – 3:24PM	<b>Purvashadha* Until 2:02PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:46AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 4:30PM	Moon 11 - Phase 34 - 16 3rd Phase
		882338575 <b>Rahu</b> 3:24PM – 4:30PM	Dhruva Until 3:07AM Mon Balava Until 8:32AM	<b>Nataraja:</b> Purple		
Creative Work	Siddha Yoga		<b>Day 1 of Pancha Ganapati</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Until 2:02PM				<b>Pausha*Markali</b>		
Then Creative Work - Amrita Yoga						

<b>2 Monday, December 22, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, OR Sun 17 Sutra 253 Visvvasu 5127
Makara Rasi: 4.5	Tithi 3	<b>Gulika</b> 1:14PM – 2:19PM	<b>Uttarashadha Until 3:50PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:46AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 4:30PM	Moon 11 - Phase 34 - 17 3rd Phase
<b>Family Home Evening</b>		882338575 <b>Rahu</b> 8:52AM – 9:57AM	Vyaghata* Until 2:58AM Tue Taitila Until 10:04AM	<b>Nataraja:</b> Purple		
Routine Work	Marana Yoga		<b>Day 2 of Pancha Ganapati</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Until 3:50PM				<b>Pausha*Markali</b>		
Then Creative Work - Amrita Yoga						

<b>3 Tuesday, December 23, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau				Portland, OR Sun 18 Sutra 254 Visvvasu 5127
Makara Rasi: 17.15	Tithi 4	<b>Gulika</b> 12:09PM – 1:14PM	<b>Shravana Until 5:37PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:47AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 4:31PM	Moon 11 - Phase 34 - 18 3rd Phase
		892338575 <b>Rahu</b> 2:20PM – 3:25PM	Harshana Until 2:32AM Wed Vanija Until 11:16AM	<b>Nataraja:</b> Purple		
Creative Work	Siddha Yoga		<b>Day 3 of Pancha Ganapati</b>	Moon – Purple	<b>Devaloka Day</b>	
				<b>Pausha*Markali</b>		

<b>4 Wednesday, December 24, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Portland, OR Sun 19 Sutra 255 Visvvasu 5127
Makara Rasi: 29.51	Tithi 5	<b>Gulika</b> 11:04AM – 12:09PM	<b>Dhanishtha Until 6:49PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:47AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 4:31PM	Moon 11 - Phase 34 - 19 3rd Phase
		892338575 <b>Rahu</b> 12:09PM – 1:15PM	Vajra* Until 1:44AM Thu Bava Until 12:03PM	<b>Nataraja:</b> Purple		
Routine Work	Prabalarishta Yoga		<b>Day 4 of Pancha Ganapati</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 6:49PM				<b>Pausha*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>5 Thursday, December 25, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, OR Sun 20 Sutra 256 Visvvasu 5127
Kumbha Rasi: 12.39	Tithi 6	<b>Gulika</b> 9:59AM – 11:04AM	<b>Shatabhishak Until 7:23PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:48AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 4:32PM	Moon 11 - Phase 34 - 20 3rd Phase
		892338575 <b>Rahu</b> 1:15PM – 2:21PM	Siddhi Until 12:32AM Fri Kaulava Until 12:21PM	<b>Nataraja:</b> Purple		
Creative Work	Siddha Yoga		<b>Day 5 of Pancha Ganapati</b>	Moon – Purple	<b>Devaloka Day</b>	
				<b>Pausha*Markali</b>		
			<b>Vinayaga Viratam Ends</b>			

<b>6 Friday, December 26, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Portland, OR Sun 21 Sutra 257 Visvvasu 5127
Kumbha Rasi: 25.43	Tithi 7	<b>Gulika</b> 8:54AM – 9:59AM	<b>Purvaprosarthpada* Until 7:41PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:48AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 4:33PM	Moon 11 - Phase 34 - 21 3rd Phase
		812338576 <b>Rahu</b> 11:05AM – 12:10PM	Vyatipata* Until 10:53PM Gara Until 12:05PM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Day 6 of Pancha Ganapati</b>	Moon – Clear	<b>Bhuloka Day</b>	
				<b>Pausha*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
			<b>Saptami Until 11:43PM</b>			

<b>Retreat Star</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprosarthpada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, OR Sun 22 Sutra 258 Visvvasu 5127
Meena Rasi: 9.07	Tithi 8	<b>Gulika</b> 7:48AM – 8:54AM	<b>Uttaraprosarthpada Until 7:14PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:48AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 4:33PM	Moon 11 - Phase 34 - 22 Ashtami
		812338576 <b>Rahu</b> 10:00AM – 11:05AM	Variyan Until 8:43PM Visti Until 11:13AM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Day 7 of Pancha Ganapati</b>	Moon – Clear	<b>Bhuloka Day</b>	
Until 7:14PM				<b>Pausha*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Prabalarishta Yoga						

<b>Retreat Star</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Portland, OR Sun 23 Sutra 259 Visvvasu 5127
Meena Rasi: 22.52	Tithi 9	<b>Gulika</b> 2:23PM – 3:28PM	<b>Revati Until 6:01PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:49AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 4:34PM	Moon 11 - Phase 34 - 23 Navami
		812338576 <b>Rahu</b> 3:28PM – 4:34PM	Parigha* Until 6:05PM Balava Until 9:42AM	<b>Nataraja:</b> Clear		
Creative Work	Amrita Yoga		<b>Day 8 of Pancha Ganapati</b>	Moon – Clear	<b>Bhuloka Day</b>	
Until 6:01PM				<b>Pausha*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1</b>	<b>Monday, December 29, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Portland, OR Sun 24 Sutra 260
	Mesha Rasi: 7	Tithi 10	<b>Gulika</b> 1:18PM – 2:23PM	<b>Ashvini</b> Until 4:32PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:49AM	Visvvasu 5127
	<b>Family Home Evening</b>	822338576	Yama 11:06AM – 12:12PM	Shiva Until 2:59PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 35 - 24
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:55AM – 10:00AM	Taitila Until 7:36AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 6:20PM		<b>Devaloka Day</b>		
				Pausha-Markali			

<b>2</b>	<b>Tuesday, December 30, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 25 Sutra 261
	Mesha Rasi: 21.29	Tithi 11 – 12	<b>Gulika</b> 12:12PM – 1:18PM	<b>Bharani</b> Until 2:25PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:49AM	Visvvasu 5127
	822338576		Yama 10:01AM – 11:06AM	Siddha Until 11:28AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:36PM	Moon 11 - Phase 35 - 25
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:24PM – 3:30PM	Bava Until 1:55AM Wed	<b>Nataraja:</b> Clear		4th Phase
			<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 3:28PM		<b>Devaloka Day</b>	
				Pausha-Markali			

<b>3</b>	<b>Wednesday, December 31, 2025</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 26 Sutra 262
	Vrishabha Rasi: 6.17	Tithi 12 – 13	<b>Gulika</b> 11:07AM – 12:13PM	<b>Krittika</b> Until 11:49AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:49AM	Visvvasu 5127
	822338576		Yama 8:55AM – 10:01AM	Sadhya Until 7:40AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 35 - 26
	Creative Work	Amrita Yoga	<b>Rahu</b> 12:13PM – 1:19PM	Kaulava Until 10:36PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 12:16PM		<b>Devaloka Day</b>		
				Pausha-Markali			
			<i>Pradosha Vrata</i>				

<b>4</b>	<b>Thursday, January 1, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 27 Sutra 263
	Vrishabha Rasi: 21.16	Tithi 13 – 14	<b>Gulika</b> 10:01AM – 11:07AM	<b>Rohini</b> Until 9:17AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:49AM	Visvvasu 5127
	833348576		Yama 7:49AM – 8:55AM	Sukla Until 11:36PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:37PM	Moon 11 - Phase 35 - 27
	Routine Work	Marana Yoga	<b>Rahu</b> 1:19PM – 2:25PM	Gara Until 7:09PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 8:52AM		<b>Devaloka Day</b>		
				Pausha-Markali			

	<b>Friday, January 2, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Visti/Bava Karana Purnimayam Titau				Portland, OR Sun 28 Sutra 264
	Mithuna Rasi: 6.18	Tithi 15	<b>Gulika</b> 8:55AM – 10:01AM	<b>Mrigashira</b> Until 6:34AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:49AM	Visvvasu 5127
	833348576		Yama 2:26PM – 3:32PM	Brahma Until 7:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 35 -
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:08AM – 12:14PM	Visti Until 3:44PM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima*</b> Until 2:05AM Sat		<b>Devaloka Day</b>		
				Pausha-Markali			
			<b>Ardra Darshanam</b>				

<b>5</b>	<b>Saturday, January 3, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, OR Sun 29 Sutra 265
	Mithuna Rasi: 21.14	Tithi 16	<b>Gulika</b> 7:49AM – 8:55AM	<b>Punarvasu</b> Until 1:43AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:49AM	Visvvasu 5127
	843348576		Yama 1:20PM – 2:27PM	Indra Until 3:47PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 35 -
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:02AM – 11:08AM	Balava Until 12:32PM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 11:03PM		<b>Sivaloka Day</b>		
				Pausha-Markali			

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11





**Sunday, January 4, 2026**  
**Gold Retreat Star**

Kataka Rasi: 5.55      Tithi 17  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:27PM – 3:34PM      **Pushya Until 11:55PM**  
Yama 12:15PM – 1:21PM      Vaidhriti\* Until 12:18PM  
8433448576 **Rahu** 3:34PM – 4:40PM      Taitila Until 9:43AM  
Dvitiya Until 8:29PM

Portland, OR  
Sutra 266  
Visvvasu 5127  
Moon 12 - Phase 36 - 1st Phase

**Ganesha:** Red      *Sunrise:* 7:49AM  
**Muruga:** White      *Sunset:* 4:40PM  
**Nataraja:** Clear  
Moon – Blue      **Sivaloka Day**  
Pausha-Markali

**1**

**Monday, January 5, 2026**

Kataka Rasi: 20.14      Tithi 18  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 10:38PM  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 1:22PM – 2:28PM      **Ashlesha\* Until 10:38PM**  
Yama 11:09AM – 12:15PM      Vishkambha\* Until 9:16AM  
8433448576 **Rahu** 8:56AM – 10:02AM      Vanija Until 7:27AM  
Tritiya Until 6:33PM

Portland, OR  
Sun 1      Sutra 267  
Visvvasu 5127  
Moon 12 - Phase 36 - 1st Phase

**Ganesha:** Yellow      *Sunrise:* 7:49AM  
**Muruga:** White      *Sunset:* 4:41PM  
**Nataraja:** Clear  
Moon – Blue      **Sivaloka Day**  
Pausha-Markali

**2**

**Tuesday, January 6, 2026**

Simha Rasi: 4.07      Tithi 19 – 20  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 12:16PM – 1:22PM      **Magha\* Until 10:24PM**  
Yama 10:02AM – 11:09AM      Priti Until 6:50AM  
853448576 **Rahu** 2:29PM – 3:36PM      Kaulava Until 5:07AM Wed  
Chaturthi\* Until 5:22PM

Portland, OR  
Sun 2      Sutra 268  
Visvvasu 5127  
Moon 12 - Phase 36 - 2 1st Phase

**Ganesha:** White      *Sunrise:* 7:49AM  
**Muruga:** White      *Sunset:* 4:42PM  
**Nataraja:** Clear  
Moon – Red      **Devaloka Day**  
Pausha-Markali

**3**

**Wednesday, January 7, 2026**

Simha Rasi: 17.31      Tithi 20 – 21  
Creative Work      Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 11:09AM – 12:16PM      **Purvaphalguni Until 10:52PM**  
Yama 8:55AM – 10:02AM      Saubhagya Until 3:53AM Thu  
853448576 **Rahu** 12:16PM – 1:23PM      Gara Until 5:14AM Thu  
Panchami Until 5:03PM

Portland, OR  
Sun 3      Sutra 269  
Visvvasu 5127  
Moon 12 - Phase 36 - 3 1st Phase

**Ganesha:** White      *Sunrise:* 7:49AM  
**Muruga:** White      *Sunset:* 4:43PM  
**Nataraja:** Clear  
Moon – Red      **Devaloka Day**  
Pausha-Markali

**4**

**Thursday, January 8, 2026**

Kanya Rasi: 0.28      Tithi 21 – 22  
Amrita Yoga  
Until 12:00AM Fri  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 10:02AM – 11:09AM      **Uttaraphalguni Until 12:00AM Fri**  
Yama 7:48AM – 8:55AM      Sobhana Until 3:24AM Fri  
853448576 **Rahu** 1:23PM – 2:30PM      Visti Until 6:11AM Fri  
Shashthi\* Until 5:35PM

Portland, OR  
Sun 4      Sutra 270  
Visvvasu 5127  
Moon 12 - Phase 36 - 4 1st Phase

**Ganesha:** White      *Sunrise:* 7:48AM  
**Muruga:** White      *Sunset:* 4:45PM  
**Nataraja:** Clear  
Moon – Red      **Devaloka Day**  
Pausha-Markali

**5**

**Friday, January 9, 2026**

Kanya Rasi: 13.01      Tithi 22  
Creative Work      Amrita Yoga  
Until 2:10AM Sat  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:55AM – 10:03AM      **Hasta Until 2:10AM Sat**  
Yama 2:31PM – 3:38PM      Athiganda\* Until 3:28AM Sat  
863448576 **Rahu** 11:10AM – 12:17PM      Visti Until 6:11AM  
Saptami Until 6:56PM

Portland, OR  
Sun 5      Sutra 271  
Visvvasu 5127  
Moon 12 - Phase 36 - 5 1st Phase

**Ganesha:** Clear      *Sunrise:* 7:48AM  
**Muruga:** White      *Sunset:* 4:46PM  
**Nataraja:** Clear  
Moon – Green      **Sivaloka Day**  
Pausha-Markali

**D**

**Saturday, January 10, 2026**  
**Retreat Star**

Kanya Rasi: 25.16      Tithi 23  
Routine Work      Marana Yoga  
Until 4:44AM Sun  
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 7:48AM – 8:55AM      **Chitra Until 4:44AM Sun**  
Yama 1:25PM – 2:32PM      Sukarma Until 3:57AM Sun  
863448576 **Rahu** 10:03AM – 11:10AM      Balava Until 7:52AM  
Ashtami\* Until 8:54PM

Portland, OR  
Sun 6      Sutra 272  
Visvvasu 5127  
Moon 12 - Phase 36 - 6 Ashtami

**Ganesha:** Clear      *Sunrise:* 7:48AM  
**Muruga:** White      *Sunset:* 4:47PM  
**Nataraja:** Clear  
Moon – Green      **Sivaloka Day**  
Pausha-Markali

**Sunday, January 11, 2026**

**Retreat Star**

Tula Rasi: 7.17      Tithi 24  
Creative Work      Siddha Yoga  
Until 7:27AM Mon  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Dhriti Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 2:33PM – 3:40PM      **Svati Until 7:27AM Mon**  
Yama 12:18PM – 1:25PM      Dhriti Until 4:44AM Mon  
863448576 **Rahu** 3:40PM – 4:48PM      Taitila Until 10:04AM  
Navami\* Until 11:17PM

Portland, OR  
Sun 7      Sutra 273  
Visvvasu 5127  
Moon 12 - Phase 36 - 7 Navami

**Ganesha:** Clear      *Sunrise:* 7:47AM  
**Muruga:** White      *Sunset:* 4:48PM  
**Nataraja:** Clear  
Moon – Green      **Sivaloka Day**  
Pausha-Markali

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


<b>1</b>		<b>Monday, January 12, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, OR Sun 8 Sutra 274 Visvavasu 5127
Tula Rasi: 19.11	Tithi 25	<b>Gulika</b>	1:26PM – 2:34PM	<b>Svati Until 7:27AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:47AM
<b>Family Home Evening</b>	863448576	Yama	11:10AM – 12:18PM	Shula* Until 5:34AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM
Creative Work		<b>Rahu</b>	8:55AM – 10:03AM	Vanija Until 12:34PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 8
Until 7:27AM				<b>Dashami Until 1:51AM Tue</b>	Moon – Green	2nd Phase
Then Routine Work - Marana Yoga					Pausha-Markali	<b>Sivaloka Day</b>

<b>2</b>		<b>Tuesday, January 13, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, OR Sun 9 Sutra 275 Visvavasu 5127
Vischika Rasi: 1.02	Tithi 26	<b>Gulika</b>	12:18PM – 1:26PM	<b>Vishakha Until 10:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:47AM
	873448576	Yama	10:03AM – 11:11AM	Ganda* Until 6:24AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 4:50PM
Routine Work		<b>Rahu</b>	2:34PM – 3:42PM	Bava Until 3:09PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 9
Until 10:37AM				<b>Ekadashi* Until 4:23AM Wed</b>	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha-Markali	<b>Devaloka Day</b>

<b>3</b>		<b>Wednesday, January 14, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, OR Sun 10 Sutra 276 Visvavasu 5127
Vischika Rasi: 12.55	Tithi 27	<b>Gulika</b>	11:11AM – 12:19PM	<b>Anuradha Until 1:32PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:46AM
	873448576	Yama	8:54AM – 10:02AM	Ganda* Until 6:24AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:52PM
Creative Work		<b>Rahu</b>	12:19PM – 1:27PM	Kaulava Until 5:38PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 10
				<b>Dvadashi* Until 6:45AM Thu</b>	Moon – Orange	2nd Phase
		<b>Thai Pongal</b>			Pausha-Thai	<b>Devaloka Day</b>

<b>4</b>		<b>Thursday, January 15, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Portland, OR Sun 11 Sutra 277 Visvavasu 5127
Vischika Rasi: 24.52	Tithi 27 – 28	<b>Gulika</b>	10:02AM – 11:11AM	<b>Jyeshtha* Until 4:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:46AM
	873448576	Yama	7:46AM – 8:54AM	Vridhi Until 7:05AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:53PM
Routine Work		<b>Rahu</b>	1:28PM – 2:36PM	Gara Until 7:51PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 11
Until 4:05PM				<b>Dvadashi* Until 6:45AM</b>	Moon – Orange	2nd Phase
Then Creative Work - Siddha Yoga					Pausha-Thai	<b>Devaloka Day</b>
					<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Friday, January 16, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 12 Sutra 278 Visvavasu 5127
Dhanus Rasi: 6.55	Tithi 28 – 29	<b>Gulika</b>	8:54AM – 10:02AM	<b>Mula* Until 6:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:45AM
	884448576	Yama	2:37PM – 3:46PM	Dhruva Until 7:32AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:54PM
Creative Work		<b>Rahu</b>	11:11AM – 12:20PM	Visti Until 9:45PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 12
Until 6:39PM				<b>Trayodashi* Until 8:50AM</b>	Moon – Light Blue	2nd Phase
Then Routine Work - Prabalarishta Yoga					Pausha-Thai	<b>Devaloka Day</b>

		<b>Saturday, January 17, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Portland, OR Sun 13 Sutra 279 Visvavasu 5127
<b>Retreat Star</b>		<b>Gulika</b>	7:44AM – 8:53AM	<b>Purvashadha* Until 8:41PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:44AM
Dhanus Rasi: 19.07	Tithi 29 – 30	Yama	1:29PM – 2:38PM	Vyaghata* Until 7:44AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:55PM
	884448576	<b>Rahu</b>	10:02AM – 11:11AM	Catuspada Until 11:16PM	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 13
Creative Work				<b>Chaturdashi* Until 10:32AM</b>	Moon – Light Blue	Amavasya
Until 8:41PM					Pausha-Thai	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Sunday, January 18, 2026</b>		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, OR Sun 14 Sutra 280 Visvavasu 5127
Makara Rasi: 1.28	Tithi 30 – 1	<b>Gulika</b>	2:39PM – 3:48PM	<b>Uttarashadha Until 10:10PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:44AM
	884448576	Yama	12:20PM – 1:29PM	Harshana Until 7:38AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM
Creative Work		<b>Rahu</b>	3:48PM – 4:57PM	Kintughna Until 12:21AM Mon	<b>Nataraja:</b> Clear	Moon 12 - Phase 37 - 14
				<b>Amavasya* Until 11:50AM</b>	Moon – Light Blue	Prathama
					Magha-Thai	<b>Devaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Portland, OR on 11/19/23

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, January 19, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, OR Sun 15 Sutra 281 Visvvasu 5127
Makara Rasi: 14.01	Tithi 1 – 2	<b>Gulika</b>	1:30PM – 2:39PM	<b>Shravana Until 11:35PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:43AM	
<b>Family Home Evening</b>	894448576	Yama	11:11AM – 12:21PM	Vajra* Until 7:12AM	<b>Muruga:</b> White <i>Sunset:</i> 4:58PM	Moon 12 - Phase 38 - 15
Creative Work Amrita Yoga		<b>Rahu</b>	8:52AM – 10:02AM	Balava Until 1:02AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Until 11:35PM				<b>Prathama* Until 12:44PM</b>	<b>Magha-Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Tuesday, January 20, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatlipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, OR Sun 16 Sutra 282 Visvvasu 5127
Makara Rasi: 26.44	Tithi 2 – 3	<b>Gulika</b>	12:21PM – 1:31PM	<b>Dhanishtha Until 12:26AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:42AM	
	894448576	Yama	10:02AM – 11:11AM	Siddhi Until 6:28AM	<b>Muruga:</b> White <i>Sunset:</i> 4:59PM	Moon 12 - Phase 38 - 16
Creative Work Siddha Yoga		<b>Rahu</b>	2:40PM – 3:50PM	Taitila Until 1:19AM Wed	<b>Nataraja:</b> Clear	3rd Phase
				<b>Dvitiya Until 1:12PM</b>	<b>Magha-Thai</b>	<b>Devaloka Day</b>

<b>3</b>		<b>Wednesday, January 21, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Varyian Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Portland, OR Sun 17 Sutra 283 Visvvasu 5127
Kumbha Rasi: 9.4	Tithi 3 – 4	<b>Gulika</b>	11:11AM – 12:21PM	<b>Shatabhishak Until 12:46AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:42AM	
	894448576	Yama	8:51AM – 10:01AM	Variyan Until 4:05AM Thu	<b>Muruga:</b> White <i>Sunset:</i> 5:01PM	Moon 12 - Phase 38 - 17
Creative Work Siddha Yoga		<b>Rahu</b>	12:21PM – 1:31PM	Vanija Until 1:11AM Thu	<b>Nataraja:</b> Clear	3rd Phase
				<b>Tritiya Until 1:17PM</b>	<b>Magha-Thai</b>	<b>Devaloka Day</b>

<b>4</b>		<b>Thursday, January 22, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, OR Sun 18 Sutra 284 Visvvasu 5127
Kumbha Rasi: 22.47	Tithi 4 – 5	<b>Gulika</b>	10:01AM – 11:11AM	<b>Purvaproshtapada* Until 1:01AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:41AM	
	814448576	Yama	7:41AM – 8:51AM	Parigha* Until 2:26AM Fri	<b>Muruga:</b> White <i>Sunset:</i> 5:02PM	Moon 12 - Phase 38 - 18
Creative Work Siddha Yoga		<b>Rahu</b>	1:32PM – 2:42PM	Bava Until 12:41AM Fri	<b>Nataraja:</b> Clear	3rd Phase
				<b>Chaturthi* Until 12:58PM</b>	<b>Magha-Thai</b>	<b>Devaloka Day</b>

<b>5</b>		<b>Friday, January 23, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Portland, OR Sun 19 Sutra 285 Visvvasu 5127
Meena Rasi: 6.07	Tithi 5 – 6	<b>Gulika</b>	8:50AM – 10:01AM	<b>Uttaraproshtapada Until 12:44AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:40AM	
	814448576	Yama	2:43PM – 3:53PM	Shiva Until 12:30AM Sat	<b>Muruga:</b> White <i>Sunset:</i> 5:04PM	Moon 12 - Phase 38 - 19
Creative Work Siddha Yoga		<b>Rahu</b>	11:11AM – 12:22PM	Kaulava Until 11:46PM	<b>Nataraja:</b> Clear	3rd Phase
Until 12:44AM Sat				<b>Panchami Until 12:15PM</b>	<b>Magha-Thai</b>	<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga						

<b>6</b>		<b>Saturday, January 24, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, OR Sun 20 Sutra 286 Visvvasu 5127
Meena Rasi: 19.38	Tithi 6 – 7	<b>Gulika</b>	7:39AM – 8:50AM	<b>Revati Until 11:56PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:39AM	
	914448576	Yama	1:33PM – 2:43PM	Siddha Until 10:14PM	<b>Muruga:</b> White <i>Sunset:</i> 5:05PM	Moon 12 - Phase 38 - 20
Routine Work Prabalarishta Yoga		<b>Rahu</b>	10:00AM – 11:11AM	Gara Until 10:29PM	<b>Nataraja:</b> Clear	3rd Phase
Until 11:56PM				<b>Shashthi* Until 11:10AM</b>	<b>Magha-Thai</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>☾</b>		<b>Sunday, January 25, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, OR Sun 21 Sutra 287 Visvvasu 5127
<b>Retreat Star</b>		<b>Gulika</b>	2:44PM – 3:55PM	<b>Ashvini Until 11:02PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:38AM	
Mesha Rasi: 3.25	Tithi 7 – 8	Yama	12:22PM – 1:33PM	Sadhya Until 7:40PM	<b>Muruga:</b> White <i>Sunset:</i> 5:06PM	Moon 12 - Phase 38 - 21
	924448576	<b>Rahu</b>	3:55PM – 5:06PM	Visti Until 8:49PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga				<b>Saptami Until 9:41AM</b>	<b>Magha-Thai</b>	<b>Devaloka Day</b>
Until 11:02PM						
Then Routine Work - Prabalarishta Yoga						

<b>☾</b>		<b>Monday, January 26, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, OR Sun 22 Sutra 288 Visvvasu 5127
<b>Retreat Star</b>		<b>Gulika</b>	1:34PM – 2:45PM	<b>Bharani Until 9:39PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:37AM	
Mesha Rasi: 17.24	Tithi 8 – 9	Yama	11:11AM – 12:22PM	Subha Until 4:50PM	<b>Muruga:</b> White <i>Sunset:</i> 5:08PM	Moon 12 - Phase 38 - 22
<b>Family Home Evening</b>	924448576	<b>Rahu</b>	8:48AM – 10:00AM	Balava Until 6:47PM	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga				<b>Ashtami* Until 7:49AM</b>	<b>Magha-Thai</b>	<b>Devaloka Day</b>
Until 9:39PM						
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Portland, OR on 11/19/23

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1	<b>Tuesday, January 27, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Portland, OR Sun 23 Sutra 289
	Vishabha Rasi: 1.37	Tithi 10	<b>Gulika</b> 12:23PM – 1:34PM	<b>Krittika</b> Until 7:50PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:36AM	Visvvasu 5127
			Yama 9:59AM – 11:11AM	Sukla Until 1:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 39 - 23
		924448576	<b>Rahu</b> 2:46PM – 3:58PM	Taitila Until 4:26PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga Until 7:50PM Then Creative Work - Amrita Yoga			<b>Dashami</b> Until 3:09AM Wed		Moon – White <b>Magha-Thai</b>	<b>Devaloka Day</b>	

2	<b>Wednesday, January 28, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, OR Sun 24 Sutra 290
	Vishabha Rasi: 16.02	Tithi 11	<b>Gulika</b> 11:11AM – 12:23PM	<b>Rohini</b> Until 6:03PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:35AM	Visvvasu 5127
			Yama 8:47AM – 9:59AM	Brahma Until 10:25AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 39 - 24
		935448576	<b>Rahu</b> 12:23PM – 1:35PM	Vanija Until 1:51PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 12:29AM Thu		Moon – Yellow <b>Magha-Thai</b>	<b>Sivaloka Day</b>	

3	<b>Thursday, January 29, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Portland, OR Sun 25 Sutra 291
	Mithuna Rasi: 0.34	Tithi 12	<b>Gulika</b> 9:59AM – 11:11AM	<b>Mrigashira</b> Until 4:01PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:34AM	Visvvasu 5127
			Yama 7:34AM – 8:46AM	Indra Until 6:59AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:12PM	Moon 12 - Phase 39 - 25
		935448576	<b>Rahu</b> 1:35PM – 2:48PM	Bava Until 11:07AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dvadashi</b> Until 9:42PM		Moon – Yellow <b>Magha-Thai</b>	<b>Sivaloka Day</b>	

4	<b>Friday, January 30, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, OR Sun 26 Sutra 292
	Mithuna Rasi: 15.09	Tithi 13	<b>Gulika</b> 8:46AM – 9:58AM	<b>Ardra</b> Until 1:50PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:33AM	Visvvasu 5127
			Yama 2:48PM – 4:01PM	Vishkambha* Until 12:03AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 39 - 26
		935448576	<b>Rahu</b> 11:11AM – 12:23PM	Kaulava Until 8:21AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 6:58PM		Moon – Yellow <b>Magha-Thai</b>	<b>Sivaloka Day</b>	

*Pradosha Vrata*

5	<b>Saturday, January 31, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, OR Sun 27 Sutra 293
	Mithuna Rasi: 29.4	Tithi 14 – 15	<b>Gulika</b> 7:32AM – 8:45AM	<b>Punarvasu</b> Until 12:04PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:32AM	Visvvasu 5127
			Yama 1:36PM – 2:49PM	Priti Until 8:48PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 39 - 27
		945548576	<b>Rahu</b> 9:58AM – 11:10AM	Visti Until 3:15AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Thai Pusam</b>	<b>Chaturdashi*</b> Until 4:24PM		Moon – Blue <b>Magha-Thai</b>	<b>Devaloka Day</b>

○	<b>Sunday, February 1, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, OR Sutra 294
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:49PM – 4:02PM	<b>Pushya</b> Until 10:27AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:32AM	Visvvasu 5127
	Kataka Rasi: 14.01	Tithi 15 – 16	Yama 12:23PM – 1:36PM	Ayushman Until 5:48PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 39 - Purnima
			<b>Rahu</b> 4:02PM – 5:15PM	Balava Until 1:12AM Mon	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga			<b>Purnima*</b> Until 2:09PM		Moon – Blue <b>Magha-Thai</b>	<b>Devaloka Day</b>	

<b>Monday, February 2, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Portland, OR Sutra 295
<b>Silver Retreat Star</b>		<b>Gulika</b> 1:37PM – 2:50PM	<b>Ashlesha*</b> Until 9:07AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:31AM	Visvvasu 5127
Kataka Rasi: 28.06	Tithi 16 – 17	Yama 11:10AM – 12:24PM	Saubhagya Until 3:12PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 39 - Prathama
<b>Family Home Evening</b>		<b>Rahu</b> 8:44AM – 9:57AM	Taitila Until 11:41PM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga Until 9:07AM Then Routine Work - Marana Yoga			<b>Prathama*</b> Until 12:21PM		Moon – Blue <b>Magha-Thai</b>	<b>Devaloka Day</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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**Tuesday, February 3, 2026**  
**Gold Retreat Star**

Simha Rasi: 11.5      Tithi 17 – 18  
 Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Magha\*/Purvaphalguni Nakshatra Sobhana/Alhiganda\* Yoga Gara/Vanija Karana Dvitiya/Trilayam Titau

**Gulika** 12:24PM – 1:37PM  
**Yama** 9:57AM – 11:10AM  
**Rahu** 2:51PM – 4:04PM

**Magha\* Until 8:37AM**  
 Sobhana Until 1:06PM  
 Vanija Until 10:49PM  
**Dvitiya Until 11:09AM**

Portland, OR  
 Sun 1      Sutra 296  
 Visvvasu 5127  
 Moon 1 - Phase 40 - 1  
 1st Phase

**Ganesh:** Red      *Sunrise:* 7:30AM  
**Muruga:** White      *Sunset:* 5:18PM

**Nataraja:** Orange  
 Moon – Red

**Sivaloka Day**

**1**

**Wednesday, February 4, 2026**

Simha Rasi: 25.12      Tithi 18 – 19  
 Creative Work      Amrita Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Alhiganda\*/Sukarna Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 11:10AM – 12:24PM  
**Yama** 8:42AM – 9:56AM  
**Rahu** 12:24PM – 1:38PM

**Purvaphalguni Until 8:40AM**  
 Athiganda\* Until 11:31AM  
 Bava Until 10:41PM  
**Tritiya Until 10:38AM**

Portland, OR  
 Sun 2      Sutra 297  
 Visvvasu 5127  
 Moon 1 - Phase 40 - 2  
 1st Phase

**Ganesh:** Red      *Sunrise:* 7:28AM  
**Muruga:** White      *Sunset:* 5:19PM

**Nataraja:** Orange  
 Moon – Red

**Sivaloka Day**

**2**

**Thursday, February 5, 2026**

Kanya Rasi: 8.1      Tithi 19 – 20  
 Amrita Yoga  
 Until 9:16AM  
 Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
 Uttaraphalguni/Hasta Nakshatra Sukarna/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 9:55AM – 11:10AM  
**Yama** 7:27AM – 8:41AM  
**Rahu** 1:38PM – 2:52PM

**Uttaraphalguni Until 9:16AM**  
 Sukarna Until 10:31AM  
 Kaulava Until 11:18PM  
**Chaturthi\* Until 10:52AM**

Portland, OR  
 Sun 3      Sutra 298  
 Visvvasu 5127  
 Moon 1 - Phase 40 - 3  
 1st Phase

**Ganesh:** Red      *Sunrise:* 7:27AM  
**Muruga:** White      *Sunset:* 5:21PM

**Nataraja:** Orange  
 Moon – Red

**Sivaloka Day**

**3**

**Friday, February 6, 2026**

Kanya Rasi: 20.47      Tithi 20 – 21  
 Amrita Yoga  
 Until 10:54AM  
 Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 8:40AM – 9:55AM  
**Yama** 2:53PM – 4:08PM  
**Rahu** 11:09AM – 12:24PM

**Hasta Until 10:54AM**  
 Dhriti Until 10:07AM  
 Gara Until 12:36AM Sat  
**Panchami Until 11:51AM**

Portland, OR  
 Sun 4      Sutra 299  
 Visvvasu 5127  
 Moon 1 - Phase 40 - 4  
 1st Phase

**Ganesh:** Green      *Sunrise:* 7:26AM  
**Muruga:** White      *Sunset:* 5:22PM

**Nataraja:** Orange  
 Moon – Green

**Devaloka Day**

**4**

**Saturday, February 7, 2026**

Tula Rasi: 3.07      Tithi 21 – 22  
 Routine Work      Marana Yoga  
 Until 1:00PM  
 Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
 Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

**Gulika** 7:24AM – 8:39AM  
**Yama** 1:39PM – 2:54PM  
**Rahu** 9:54AM – 11:09AM

**Chitra Until 1:00PM**  
 Shula\* Until 10:10AM  
 Visti Until 2:30AM Sun  
**Shashthi\* Until 1:28PM**

Portland, OR  
 Sun 5      Sutra 300  
 Visvvasu 5127  
 Moon 1 - Phase 40 - 5  
 1st Phase

**Ganesh:** White      *Sunrise:* 7:24AM  
**Muruga:** White      *Sunset:* 5:24PM

**Nataraja:** Orange  
 Moon – Green

**Devaloka Day**

**5**

**Sunday, February 8, 2026**

Tula Rasi: 15.13      Tithi 22 – 23  
 Creative Work      Siddha Yoga  
 Until 3:24PM  
 Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Svati/Vishakha Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 2:55PM – 4:10PM  
**Yama** 12:24PM – 1:39PM  
**Rahu** 4:10PM – 5:25PM

**Svati Until 3:24PM**  
 Ganda\* Until 10:38AM  
 Balava Until 4:47AM Mon  
**Saptami Until 3:35PM**

Portland, OR  
 Sun 6      Sutra 301  
 Visvvasu 5127  
 Moon 1 - Phase 40 - 6  
 1st Phase

**Ganesh:** White      *Sunrise:* 7:23AM  
**Muruga:** White      *Sunset:* 5:25PM

**Nataraja:** Orange  
 Moon – Green

**Devaloka Day**

**D**

**Monday, February 9, 2026**  
**Retreat Star**

Tula Rasi: 27.1      Tithi 23 – 24  
**Family Home Evening**  
 Routine Work      Marana Yoga  
 Until 6:25PM  
 Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
 Vishakha Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:40PM – 2:55PM  
**Yama** 11:09AM – 12:24PM  
**Rahu** 8:37AM – 9:53AM

**Vishakha Until 6:25PM**  
 Vridhhi Until 11:22AM  
 Taitila Until 7:15AM Tue  
**Ashtami\* Until 5:59PM**

Portland, OR  
 Sun 7      Sutra 302  
 Visvvasu 5127  
 Moon 1 - Phase 40 - 7  
 Ashtami

**Ganesh:** Clear      *Sunrise:* 7:22AM  
**Muruga:** White      *Sunset:* 5:26PM

**Nataraja:** Orange  
 Moon – Orange

**Sivaloka Day**

**Tuesday, February 10, 2026**

**Retreat Star**

Vrischika Rasi: 9.04      Tithi 24  
 Creative Work      Siddha Yoga  
 Until 9:20PM  
 Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 12:24PM – 1:40PM  
**Yama** 9:52AM – 11:08AM  
**Rahu** 2:56PM – 4:12PM

**Anuradha Until 9:20PM**  
 Dhruva Until 12:09PM  
 Taitila Until 7:15AM  
**Navami\* Until 8:28PM**

Portland, OR  
 Sun 8      Sutra 303  
 Visvvasu 5127  
 Moon 1 - Phase 40 - 8  
 Navami

**Ganesh:** Clear      *Sunrise:* 7:20AM  
**Muruga:** White      *Sunset:* 5:28PM

**Nataraja:** Orange  
 Moon – Orange

**Sivaloka Day**

<b>1</b>		<b>Wednesday, February 11, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau			Portland, OR Sun 9 Sutra 304
Vischika Rasi: 20.57	Tithi 25	<b>Gulika</b> 11:08AM – 12:24PM	<b>Jyeshtha* Until 11:58PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM	Visvvasu 5127	
		Yama 8:35AM – 9:52AM	Vyaghata* Until 12:55PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 41 - 9	
		976548577 <b>Rahu</b> 12:24PM – 1:41PM	Vanija Until 9:42AM	<b>Nataraja:</b> Orange		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 10:50PM</b>	Moon – Orange		<b>Sivaloka Day</b>	
Until 11:58PM				Magha*Thai			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Thursday, February 12, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau			Portland, OR Sun 10 Sutra 305
Dhanus Rasi: 2.55	Tithi 26	<b>Gulika</b> 9:51AM – 11:08AM	<b>Mula* Until 2:39AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:18AM	Visvvasu 5127	
		Yama 7:18AM – 8:34AM	Harshana Until 1:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 41 - 10	
		986548577 <b>Rahu</b> 1:41PM – 2:58PM	Bava Until 11:56AM	<b>Nataraja:</b> Orange		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 12:54AM Fri</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 2:39AM Fri				Magha*Masi			
Then Routine Work - Prabalarishta Yoga							

<b>3</b>		<b>Friday, February 13, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau			Portland, OR Sun 11 Sutra 306
Dhanus Rasi: 15.01	Tithi 27	<b>Gulika</b> 8:33AM – 9:50AM	<b>Purvashadha* Until 4:43AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:16AM	Visvvasu 5127	
		Yama 2:58PM – 4:15PM	Vajra* Until 1:49PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 41 - 11	
		986548577 <b>Rahu</b> 11:07AM – 12:24PM	Kaulava Until 1:47PM	<b>Nataraja:</b> Orange		2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Dvadashi* Until 2:30AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:43AM Sat				Magha*Masi			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, February 14, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau			Portland, OR Sun 12 Sutra 307
Dhanus Rasi: 27.19	Tithi 28	<b>Gulika</b> 7:15AM – 8:32AM	<b>Uttarashadha Until 6:08AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:15AM	Visvvasu 5127	
		Yama 1:42PM – 2:59PM	Siddhi Until 1:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41 - 12	
		987548577 <b>Rahu</b> 9:49AM – 11:07AM	Gara Until 3:08PM	<b>Nataraja:</b> Orange		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi* Until 3:35AM Sun</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:08AM Sun				Magha*Masi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Sunday, February 15, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Varyani Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Portland, OR Sun 13 Sutra 308
Makara Rasi: 9.5	Tithi 29	<b>Gulika</b> 3:00PM – 4:17PM	<b>Uttarashadha Until 6:08AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:13AM	Visvvasu 5127	
		Yama 12:24PM – 1:42PM	Vyatipata* Until 1:16PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 41 - 13	
		987548577 <b>Rahu</b> 4:17PM – 5:35PM	Visti Until 3:56PM	<b>Nataraja:</b> Orange		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 4:06AM Mon</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				Magha*Masi			

<b>Monday, February 16, 2026</b>		<b>Retreat Star</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyani/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Portland, OR Sun 14 Sutra 309
Makara Rasi: 22.37	Tithi 30	<b>Gulika</b> 1:42PM – 3:00PM	<b>Shravana Until 7:18AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:12AM	Visvvasu 5127	
<b>Family Home Evening</b>		Yama 11:06AM – 12:24PM	Varyani Until 12:19PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41 - 14	
Creative Work	Amrita Yoga	997548577 <b>Rahu</b> 8:30AM – 9:48AM	Catuspada Until 4:09PM	<b>Nataraja:</b> Orange		Amavasya	
Until 7:18AM			<b>Amavasya* Until 4:02AM Tue</b>	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Magha*Masi			

<b>Tuesday, February 17, 2026</b>		<b>Retreat Star</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau			Portland, OR Sun 15 Sutra 310
Kumbha Rasi: 5.41	Tithi 1	<b>Gulika</b> 12:24PM – 1:43PM	<b>Dhanishtha Until 7:46AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:10AM	Visvvasu 5127	
		Yama 9:47AM – 11:06AM	Parigha* Until 10:58AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 41 - 15	
		997548577 <b>Rahu</b> 3:01PM – 4:20PM	Kintughna Until 3:50PM	<b>Nataraja:</b> Orange		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 3:28AM Wed</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:46AM				Phalgun*Masi			
Then Routine Work - Marana Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time. Calculated for Portland, OR on 11/19/23

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<b>1</b>	<b>Wednesday, February 18, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvityayam Titau				Portland, OR
	Kumbha Rasi: 19.01	Tithi 2	<b>Gulika</b> 11:05AM – 12:24PM	<b>Shatabhishak Until 7:36AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:09AM	Sun 16 Sutra 311
	997548577	Rahu 12:24PM – 1:43PM	Yama 8:27AM – 9:46AM	Shiva Until 9:14AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:39PM	Visvvasu 5127 Moon 1 - Phase 42 - 16 3rd Phase
Creative Work Siddha Yoga		Dvitiya Until 2:28AM Thu		<b>Nataraja:</b> Orange	<b>Sivaloka Day</b>		
Until 7:36AM				Moon – Purple			
Then Creative Work - Amrita Yoga				Phalgun-Masi			

<b>2</b>	<b>Thursday, February 19, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trilyayam Titau				Portland, OR
	Meena Rasi: 2.34	Tithi 3	<b>Gulika</b> 9:45AM – 11:05AM	<b>Purvaproshtapada* Until 7:19AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:07AM	Sun 17 Sutra 312
	917548577	Rahu 1:43PM – 3:02PM	Yama 7:07AM – 8:26AM	Siddha Until 7:09AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:41PM	Visvvasu 5127 Moon 1 - Phase 42 - 17 3rd Phase
Creative Work Siddha Yoga		Tritiya Until 1:06AM Fri		<b>Nataraja:</b> Orange	<b>Subha Sivaloka Day</b>		
				Moon – Clear			
				Phalgun-Masi			

<b>3</b>	<b>Friday, February 20, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Vanija/Visli* Karana Chaturthyam Titau				Portland, OR
	Meena Rasi: 16.2	Tithi 4	<b>Gulika</b> 8:25AM – 9:45AM	<b>Uttaraproshtapada Until 6:33AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:05AM	Sun 18 Sutra 313
	918548577	Rahu 11:04AM – 12:24PM	Yama 3:03PM – 4:23PM	Subha Until 2:17AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 5:42PM	Visvvasu 5127 Moon 1 - Phase 42 - 18 3rd Phase
Creative Work Siddha Yoga		Chaturthi* Until 11:27PM		<b>Nataraja:</b> Orange	<b>Sivaloka Day</b>		
				Moon – Clear			
				Phalgun-Masi			

<b>4</b>	<b>Saturday, February 21, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				Portland, OR
	Mesha Rasi: 0.16	Tithi 5	<b>Gulika</b> 7:04AM – 8:24AM	<b>Ashvini Until 4:21AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:04AM	Sun 19 Sutra 314
	928548577	Rahu 9:44AM – 11:04AM	Yama 1:44PM – 3:04PM	Sukla Until 11:34PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:44PM	Visvvasu 5127 Moon 1 - Phase 42 - 19 3rd Phase
Creative Work Siddha Yoga		Panchami Until 9:37PM		<b>Nataraja:</b> Orange	<b>Devaloka Day</b>		
Until 4:21AM Sun				Moon – White			
Then Routine Work - Prabalarishta Yoga				Phalgun-Masi			

<b>5</b>	<b>Sunday, February 22, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, OR
	Mesha Rasi: 14.17	Tithi 6	<b>Gulika</b> 3:04PM – 4:25PM	<b>Bharani Until 3:01AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:02AM	Sun 20 Sutra 315
	928548577	Rahu 4:25PM – 5:45PM	Yama 12:24PM – 1:44PM	Brahma Until 8:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:45PM	Visvvasu 5127 Moon 1 - Phase 42 - 20 3rd Phase
Routine Work Prabalarishta Yoga		Shashthi* Until 7:38PM		<b>Nataraja:</b> Orange	<b>Devaloka Day</b>		
Until 3:01AM Mon				Moon – White			
Then Routine Work - Marana Yoga				Phalgun-Masi			

<b>6</b>	<b>Monday, February 23, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau				Portland, OR
	Mesha Rasi: 28.25	Tithi 7 – 8	<b>Gulika</b> 1:44PM – 3:05PM	<b>Krittika Until 1:29AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:00AM	Sun 21 Sutra 316
	928548577	Rahu 8:21AM – 9:42AM	Yama 11:03AM – 12:24PM	Indra Until 5:53PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:47PM	Visvvasu 5127 Moon 1 - Phase 42 - 21 3rd Phase
Family Home Evening		Saptami Until 5:33PM		<b>Nataraja:</b> Orange	<b>Devaloka Day</b>		
Routine Work Marana Yoga				Moon – White			
Until 1:29AM Tue				Phalgun-Masi			
Then Creative Work - Amrita Yoga							

<b>☾</b>	<b>Tuesday, February 24, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 12:23PM – 1:45PM	<b>Rohini Until 12:12AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:59AM	Sun 22 Sutra 317
	Vrishabha Rasi: 12.34	Tithi 8 – 9	Yama 9:41AM – 11:02AM	Vaidhriti* Until 2:57PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:48PM	Visvvasu 5127 Moon 1 - Phase 42 - 22 Ashtami
Creative Work Amrita Yoga		Ashtami* Until 3:25PM		<b>Nataraja:</b> Orange	<b>Sivaloka Day</b>		
Until 12:12AM Wed				Moon – Yellow			
Then Creative Work - Siddha Yoga				Phalgun-Masi			

<b>☽</b>	<b>Wednesday, February 25, 2026</b>		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 11:02AM – 12:23PM	<b>Mrigashira Until 10:46PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:57AM	Sun 23 Sutra 318
	Vrishabha Rasi: 26.45	Tithi 9 – 10	Yama 8:19AM – 9:40AM	Vishkambha* Until 12:02PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:49PM	Visvvasu 5127 Moon 1 - Phase 42 - 23 Navami
Creative Work Siddha Yoga		Navami* Until 1:17PM		<b>Nataraja:</b> Orange	<b>Subha Sivaloka Day</b>		
				Moon – Yellow			
				Phalgun-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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**1 Thursday, February 26, 2026** Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Portland, OR  
 Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 319  
 Visvvasu 5127  
 Mithuna Rasi: 10.55 Tithi 10 – 11  
 938648577 **Gulika** 9:39AM – 11:01AM **Ardra Until 9:16PM** **Ganesha:** Blue *Sunrise:* 6:55AM  
 Yama 6:55AM – 8:17AM **Muruga:** White *Sunset:* 5:51PM Moon 1 - Phase 43 - 24  
 Rahu 1:45PM – 3:07PM **Nataraja:** Orange 4th Phase  
 Routine Work Marana Yoga **Subha Sivaloka Day**  
 Until 9:16PM **Phalguna-Masi**  
 Then Creative Work - Amrita Yoga **Dashami Until 11:11AM**

**2 Friday, February 27, 2026** Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, OR  
 Punarvasu Nakshatra Ayushman/Saubhagya Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 320  
 Visvvasu 5127  
 Mithuna Rasi: 25.02 Tithi 11 – 12  
 949648577 **Gulika** 8:16AM – 9:38AM **Punarvasu Until 8:09PM** **Ganesha:** White *Sunrise:* 6:54AM  
 Yama 3:08PM – 4:30PM **Muruga:** White *Sunset:* 5:52PM Moon 1 - Phase 43 - 25  
 Rahu 11:01AM – 12:23PM **Nataraja:** Orange 4th Phase  
 Creative Work Siddha Yoga **Devaloka Day**  
 Until 8:09PM **Phalguna-Masi**  
 Then Routine Work - Marana Yoga **Ekadashi Until 9:10AM**

**3 Saturday, February 28, 2026** Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Portland, OR  
 Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 321  
 Visvvasu 5127  
 Kataka Rasi: 9.04 Tithi 12 – 13  
 949648577 **Gulika** 6:52AM – 8:15AM **Pushya Until 7:07PM** **Ganesha:** White *Sunrise:* 6:52AM  
 Yama 1:45PM – 3:08PM **Muruga:** White *Sunset:* 5:54PM Moon 1 - Phase 43 - 26  
 Rahu 9:37AM – 11:00AM **Nataraja:** Orange 4th Phase  
 Creative Work Siddha Yoga **Devaloka Day**  
 Until 7:07PM **Phalguna-Masi**  
 Then Routine Work - Marana Yoga **Dvadashi Until 7:19AM**  
*Pradosha Vrata*

**4 Sunday, March 1, 2026** Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, OR  
 Ashlesha\* Nakshatra Athiganda\* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 322  
 Visvvasu 5127  
 Kataka Rasi: 22.55 Tithi 14  
 949648577 **Gulika** 3:09PM – 4:33PM **Ashlesha\* Until 6:13PM** **Ganesha:** White *Sunrise:* 6:48AM  
 Yama 12:22PM – 1:46PM **Muruga:** White *Sunset:* 5:56PM Moon 1 - Phase 43 - 27  
 Rahu 4:33PM – 5:56PM **Nataraja:** Orange 4th Phase  
 Creative Work Siddha Yoga **Devaloka Day**  
 Until 6:13PM **Chidambaram Abhishekam** **Phalguna-Masi**  
 Then Routine Work - Marana Yoga **Chaturdashi\* Until 4:27AM Mon**

**Monday, March 2, 2026** Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Portland, OR  
 Magha\* Nakshatra Sukarma Yoga Visi/Bava Karana Purnimayam Titau Sun 28 Sutra 323  
 Visvvasu 5127  
 Simha Rasi: 6.35 Tithi 15  
 959648577 **Gulika** 1:46PM – 3:10PM **Magha\* Until 6:00PM** **Ganesha:** Clear *Sunrise:* 6:47AM  
 Yama 10:58AM – 12:22PM **Muruga:** White *Sunset:* 5:58PM Moon 1 - Phase 43 -  
 Rahu 8:11AM – 9:34AM **Nataraja:** Orange Purnima  
 Routine Work Marana Yoga **Sivaloka Day**  
 Until 6:00PM **Holi** **Phalguna-Masi**  
 Then Creative Work - Siddha Yoga **Purnima\* Until 3:37AM Tue**

**Tuesday, March 3, 2026** Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Portland, OR  
 Purvaphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 324  
 Visvvasu 5127  
 Simha Rasi: 19.59 Tithi 16  
 959648577 **Gulika** 12:22PM – 1:46PM **Purvaphalguni Until 6:06PM** **Ganesha:** Clear *Sunrise:* 6:45AM  
 Yama 9:33AM – 10:58AM **Muruga:** White *Sunset:* 5:59PM Moon 1 - Phase 43 -  
 Rahu 3:11PM – 4:35PM **Nataraja:** Orange Prathama  
 Creative Work Siddha Yoga **Sivaloka Day**  
 Until 6:06PM **Phalguna-Masi**  
 Then Creative Work - Amrita Yoga **Prathama\* Until 3:18AM Wed**





Wednesday, March 4, 2026

Gold Retreat Star

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Shula\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, OR  
Sutra 325

Kanya Rasi: 3.07 Tithi 17

959648577

**Gulika** 10:57AM – 12:22PM  
Yama 8:08AM – 9:32AM  
**Rahu** 12:22PM – 1:46PM

**Uttaraphalguni** Until 6:36PM

Shula\* Until 6:12PM

Taitila Until 3:23PM

**Dvitiya** Until 3:34AM Thu

**Ganesha:** Clear *Sunrise:* 6:43AM

**Muruga:** White *Sunset:* 6:00PM

**Nataraja:** Orange

Moon – Red

Phalguna-Masi

**Sivaloka Day**

Visvasu 5127

Moon 2 - Phase 44 -

1st Phase

Creative Work Amrita Yoga

Until 6:36PM

Then Routine Work - Marana Yoga

1

Thursday, March 5, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\*Vridhhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Portland, OR  
Sun 1 Sutra 326

Kanya Rasi: 15.58 Tithi 18

169648577

**Gulika** 9:31AM – 10:56AM  
Yama 6:41AM – 8:06AM  
**Rahu** 1:47PM – 3:12PM

**Hasta** Until 7:59PM

Ganda\* Until 5:33PM

Vanija Until 3:56PM

**Tritiya** Until 4:25AM Fri

**Ganesha:** White *Sunrise:* 6:41AM

**Muruga:** White *Sunset:* 6:02PM

**Nataraja:** Orange

Moon – Green

Phalguna-Masi

**Devaloka Day**

Visvasu 5127

Moon 2 - Phase 44 - 1

1st Phase

Routine Work Marana Yoga

Until 7:59PM

Then Creative Work - Siddha Yoga

2

Friday, March 6, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthayam Titau

Portland, OR  
Sun 2 Sutra 327

Kanya Rasi: 28.32 Tithi 19

169648577

**Gulika** 8:05AM – 9:30AM  
Yama 3:12PM – 4:38PM  
**Rahu** 10:56AM – 12:21PM

**Chitra** Until 9:46PM

Vridhhi Until 5:22PM

Bava Until 5:05PM

**Chaturthi\*** Until 5:50AM Sat

**Ganesha:** White *Sunrise:* 6:40AM

**Muruga:** White *Sunset:* 6:03PM

**Nataraja:** Orange

Moon – Green

Phalguna-Masi

**Devaloka Day**

Visvasu 5127

Moon 2 - Phase 44 - 2

1st Phase

Creative Work Siddha Yoga

3

Saturday, March 7, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Kaulava Karana Panchamyam Titau

Portland, OR  
Sun 3 Sutra 328

Tula Rasi: 10.52 Tithi 20

161658577

**Gulika** 6:38AM – 8:04AM  
Yama 1:47PM – 3:13PM  
**Rahu** 9:29AM – 10:55AM

**Svati** Until 11:52PM

Dhruva Until 5:33PM

Kaulava Until 6:45PM

**Panchami** Until 7:44AM Sun

**Ganesha:** Purple *Sunrise:* 6:38AM

**Muruga:** Clear *Sunset:* 6:04PM

**Nataraja:** Orange

Moon – Green

Phalguna-Masi

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Visvasu 5127

Moon 2 - Phase 44 - 3

1st Phase

Creative Work Siddha Yoga

4

Sunday, March 8, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Portland, OR  
Sun 4 Sutra 329

Tula Rasi: 22.59 Tithi 20 – 21

171658577

**Gulika** 3:13PM – 4:40PM  
Yama 12:21PM – 1:47PM  
**Rahu** 4:40PM – 6:06PM

**Vishakha** Until 2:41AM Mon

Vyaghata\* Until 6:04PM

Gara Until 8:50PM

**Panchami** Until 7:44AM

**Ganesha:** Clear *Sunrise:* 6:36AM

**Muruga:** Clear *Sunset:* 6:06PM

**Nataraja:** Orange

Moon – Orange

Phalguna-Masi

**Devaloka Day**

Visvasu 5127

Moon 2 - Phase 44 - 4

1st Phase

Routine Work Marana Yoga

Until 2:41AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 9, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Portland, OR  
Sun 5 Sutra 330

Vrischika Rasi: 4.58 Tithi 21 – 22

171658577

**Gulika** 1:47PM – 3:14PM  
Yama 10:54AM – 12:21PM  
**Rahu** 8:01AM – 9:27AM

**Anuradha** Until 5:32AM Tue

Harshana Until 6:49PM

Visti Until 11:11PM

**Shashthi\*** Until 9:58AM

**Ganesha:** Clear *Sunrise:* 6:34AM

**Muruga:** Clear *Sunset:* 6:07PM

**Nataraja:** Orange

Moon – Orange

Phalguna-Masi

**Devaloka Day**

Visvasu 5127

Moon 2 - Phase 44 - 5

1st Phase

Creative Work Siddha Yoga

Until 5:32AM Tue

Then Routine Work - Marana Yoga

D

Tuesday, March 10, 2026

Retreat Star

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, OR  
Sun 6 Sutra 331

Vrischika Rasi: 16.53 Tithi 22 – 23

171658677

**Gulika** 12:20PM – 1:47PM  
Yama 9:26AM – 10:53AM  
**Rahu** 3:14PM – 4:41PM

**Jyeshtha\*** Until 8:15AM Wed

Vajra\* Until 7:37PM

Balava Until 1:37AM Wed

**Saptami** Until 12:23PM

**Ganesha:** Clear *Sunrise:* 6:32AM

**Muruga:** White *Sunset:* 6:08PM

**Nataraja:** Light Blue

Moon – Orange

Phalguna-Masi

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Visvasu 5127

Moon 2 - Phase 44 - 6

Ashtami

Routine Work Marana Yoga

Wednesday, March 11, 2026

Retreat Star

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, OR  
Sun 7 Sutra 332

Vrischika Rasi: 28.47 Tithi 23 – 24

171658677

**Gulika** 10:53AM – 12:20PM  
Yama 7:58AM – 9:25AM  
**Rahu** 12:20PM – 1:48PM

**Jyeshtha\*** Until 8:15AM

Siddhi Until 8:22PM

Taitila Until 3:55AM Thu

**Ashtami\*** Until 2:46PM

**Ganesha:** Clear *Sunrise:* 6:30AM

**Muruga:** White *Sunset:* 6:10PM

**Nataraja:** Light Blue

Moon – Orange

Phalguna-Masi

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Visvasu 5127

Moon 2 - Phase 44 - 7

Navami

Creative Work Siddha Yoga

Until 8:15AM

Then Routine Work - Marana Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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<b>1</b>		<b>Thursday, March 12, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula/Purvashadha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, OR Sun 8 Sutra 333
Dhanus Rasi: 10.45	Tithi 24 – 25	<b>Gulika</b> 9:24AM – 10:52AM	<b>Mula* Until 11:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	Visvvasu 5127
		Yama 6:28AM – 7:56AM	Vyatipata* Until 8:56PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 45 - 8
181658677	<b>Rahu</b> 1:48PM – 3:15PM		Vanija Until 5:53AM Fri	<b>Nataraja:</b> Light Blue		2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 4:56PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
				Phalgun-Masi		

<b>2</b>		<b>Friday, March 13, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Vistil* Karana Dashamyam Titau		Portland, OR Sun 9 Sutra 334
Dhanus Rasi: 22.5	Tithi 25	<b>Gulika</b> 7:55AM – 9:23AM	<b>Purvashadha* Until 1:29PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM	Visvvasu 5127
		Yama 3:16PM – 4:44PM	Variyan Until 9:08PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45 - 9
181658677	<b>Rahu</b> 10:51AM – 12:20PM		Vistil Until 6:39PM	<b>Nataraja:</b> Light Blue		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami Until 6:39PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 1:29PM				Phalgun-Masi		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Saturday, March 14, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, OR Sun 10 Sutra 335
Makara Rasi: 5.09	Tithi 26	<b>Gulika</b> 6:25AM – 7:53AM	<b>Uttarashadha Until 3:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	Visvvasu 5127
		Yama 1:48PM – 3:17PM	Parigha* Until 8:53PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45 - 10
181658677	<b>Rahu</b> 9:22AM – 10:51AM		Bava Until 7:19AM	<b>Nataraja:</b> Light Blue		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 7:47PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 3:08PM		<b>Karadayyan Nombu (Tamil Nadu)</b>		Phalgun-Panguni		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Sunday, March 15, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, OR Sun 11 Sutra 336
Makara Rasi: 17.44	Tithi 27	<b>Gulika</b> 3:17PM – 4:46PM	<b>Shravana Until 4:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:23AM	Visvvasu 5127
		Yama 12:19PM – 1:48PM	Shiva Until 8:07PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 - 11
191658678	<b>Rahu</b> 4:46PM – 6:15PM		Kaulava Until 8:07AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 8:14PM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 4:27PM				Phalgun-Panguni		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

<b>5</b>		<b>Monday, March 16, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Siddha Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, OR Sun 12 Sutra 337
Kumbha Rasi: 0.4	Tithi 28	<b>Gulika</b> 1:48PM – 3:18PM	<b>Dhanishtha Until 4:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:21AM	Visvvasu 5127
<b>Family Home Evening</b>		Yama 10:49AM – 12:19PM	Siddha Until 6:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45 - 12
191658678	<b>Rahu</b> 7:50AM – 9:20AM		Gara Until 8:12AM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 7:57PM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 4:27PM				Phalgun-Panguni		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

*Pradosha Vrata (Fasting)*

<b>6</b>		<b>Tuesday, March 17, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Vistil*/Sakuni* Karana Chaturdashyam Titau		Portland, OR Sun 13 Sutra 338
Kumbha Rasi: 13.58	Tithi 29	<b>Gulika</b> 12:18PM – 1:48PM	<b>Shatabhishak Until 4:31PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM	Visvvasu 5127
		Yama 9:19AM – 10:49AM	Sadhya Until 4:52PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 45 - 13
192658678	<b>Rahu</b> 3:18PM – 4:48PM		Vistil Until 7:33AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 6:58PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 4:27PM				Phalgun-Panguni		
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Wednesday, March 18, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, OR Sun 14 Sutra 339
Kumbha Rasi: 27.37	Tithi 30 – 1	<b>Gulika</b> 10:48AM – 12:18PM	<b>Purvaproshtapada* Until 3:51PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:17AM	Visvvasu 5127
		Yama 7:47AM – 9:18AM	Subha Until 2:31PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45 - 14
112658678	<b>Rahu</b> 12:18PM – 1:48PM		Catuspada Until 6:17AM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Amrita Yoga		<b>Amavasya* Until 5:24PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 3:51PM				Phalgun-Panguni		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, March 19, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Portland, OR Sun 15 Sutra 340
Meena Rasi: 11.37	Tithi 1 – 2	<b>Gulika</b> 9:17AM – 10:47AM	<b>Uttaraproshtapada Until 2:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:15AM	Visvvasu 5127
		Yama 6:15AM – 7:46AM	Sukla Until 11:44AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 45 - 15
112658678	<b>Rahu</b> 1:48PM – 3:19PM		Balava Until 2:14AM Fri	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 3:22PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 3:51PM		<b>Yugadhi</b>		Chaitra-Panguni		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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**1 Friday, March 20, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Portland, OR  
 Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau Sun 16 Sutra 341  
 Meena Rasi: 25.51 Tithi 2 – 3 **Gulika 7:44AM – 9:15AM Revati Until 12:46PM Ganesha: Red Sunrise: 6:13AM** Visvvasu 5127  
 112658678 **Yama 3:20PM – 4:51PM Brahma Until 8:41AM Muruga: White Sunset: 6:22PM** Moon 2 - Phase 46 - 16  
**Rahu 10:47AM – 12:18PM Taitila Until 11:44PM Nataraja: Purple 3rd Phase**  
 Creative Work Siddha Yoga **Chellappaswami Mahasamadhi Dvitiya Until 12:59PM Chaitra+Panguni Bhuloka Day**  
 Until 12:46PM Devaloka Time: 9:AM to 12:PM  
 Then Creative Work - Amrita Yoga

**2 Saturday, March 21, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Portland, OR  
 Ashvini/Bharani Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau Sun 17 Sutra 342  
 Mesha Rasi: 10.16 Tithi 3 – 4 **Gulika 6:12AM – 7:43AM Ashvini Until 11:04AM Ganesha: Yellow Sunrise: 6:12AM** Visvvasu 5127  
 122658678 **Yama 1:49PM – 3:20PM Vaidhriti\* Until 2:07AM Sun Muruga: White Sunset: 6:23PM** Moon 2 - Phase 46 - 17  
**Rahu 9:14AM – 10:46AM Vanija Until 9:06PM Nataraja: Purple 3rd Phase**  
 Creative Work Siddha Yoga **Tritiya Until 10:24AM Chaitra+Panguni Bhuloka Day**  
 Devaloka Time: 9:AM to 12:PM

**3 Sunday, March 22, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Portland, OR  
 Bharani/Krittika Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Sutra 343  
 Mesha Rasi: 24.45 Tithi 4 – 5 **Gulika 3:21PM – 4:52PM Bharani Until 9:09AM Ganesha: Blue Sunrise: 6:10AM** Visvvasu 5127  
 122758678 **Yama 12:17PM – 1:49PM Vishkambha\* Until 10:49PM Muruga: White Sunset: 6:24PM** Moon 2 - Phase 46 - 18  
**Rahu 4:52PM – 6:24PM Bava Until 6:27PM Nataraja: Purple 3rd Phase**  
 Routine Work Prabalarishta Yoga **Chaturthi\* Until 7:45AM Chaitra+Panguni Bhuloka Day**  
 Until 9:09AM  
 Then Creative Work - Siddha Yoga

**4 Monday, March 23, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Portland, OR  
 Krittika/Rohini Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau Sun 19 Sutra 344  
 Vishabha Rasi: 9.13 Tithi 6 **Gulika 1:49PM – 3:21PM Krittika Until 7:09AM Ganesha: Blue Sunrise: 6:08AM** Visvvasu 5127  
**Family Home Evening** 122758678 **Yama 10:44AM – 12:17PM Priti Until 7:36PM Muruga: White Sunset: 6:26PM** Moon 2 - Phase 46 - 19  
 Routine Work Marana Yoga **Rahu 7:40AM – 9:12AM Kaulava Until 3:53PM Nataraja: Purple 3rd Phase**  
 Until 7:09AM **Shashthi\* Until 2:39AM Tue Chaitra+Panguni Bhuloka Day**  
 Then Creative Work - Amrita Yoga

**5 Tuesday, March 24, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Portland, OR  
 Mrigashira Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 345  
 Vishabha Rasi: 23.34 Tithi 7 **Gulika 12:16PM – 1:49PM Mrigashira Until 4:05AM Wed Ganesha: Yellow Sunrise: 6:06AM** Visvvasu 5127  
 132758678 **Yama 9:11AM – 10:44AM Ayushman Until 4:32PM Muruga: White Sunset: 6:27PM** Moon 2 - Phase 46 - 20  
**Rahu 3:22PM – 4:54PM Gara Until 1:31PM Nataraja: Purple 3rd Phase**  
 Creative Work Siddha Yoga **Saptami Until 12:23AM Wed Chaitra+Panguni Bhuloka Day**  
 Devaloka Time: 6:AM to 9:AM

**Wednesday, March 25, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Portland, OR  
 Ardra Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 21 Sutra 346  
**Retreat Star** **Gulika 10:43AM – 12:16PM Ardra Until 2:44AM Thu Ganesha: Yellow Sunrise: 6:04AM** Visvvasu 5127  
 Mithuna Rasi: 7.47 Tithi 8 **Yama 7:37AM – 9:10AM Saubhagya Until 1:41PM Muruga: White Sunset: 6:28PM** Moon 2 - Phase 46 - 21  
 132758678 **Rahu 12:16PM – 1:49PM Visti Until 11:23AM Nataraja: Purple Ashtami**  
 Creative Work Siddha Yoga **Ashtami\* Until 10:24PM Chaitra+Panguni Bhuloka Day**  
 Until 2:44AM Thu Devaloka Time: 6:AM to 9:AM  
 Then Creative Work - Amrita Yoga

**Thursday, March 26, 2026** Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Portland, OR  
 Punarvasu Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 347  
**Retreat Star** **Gulika 9:09AM – 10:42AM Punarvasu Until 1:58AM Fri Ganesha: White Sunrise: 6:02AM** Visvvasu 5127  
 Mithuna Rasi: 21.48 Tithi 9 **Yama 6:02AM – 7:35AM Sobhana Until 11:05AM Muruga: White Sunset: 6:29PM** Moon 2 - Phase 46 - 22  
 142758678 **Rahu 1:49PM – 3:23PM Balava Until 9:32AM Nataraja: Purple Navami**  
 Creative Work Amrita Yoga **Sri Rama Navami Navami\* Until 8:43PM Chaitra+Panguni Bhuloka Day**  
 Until 1:58AM Fri  
 Then Routine Work - Marana Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1</b>	<b>Friday, March 27, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Alhiganda/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				Portland, OR Sun 23 Sutra 348
	Kataka Rasi: 5.38	Tithi 10	<b>Gulika</b> 7:34AM – 9:08AM	<b>Pushya</b> Until 1:24AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:00AM	Visvvasu 5127
			Yama 3:23PM – 4:57PM	Athiganda* Until 8:43AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 47 - 23
	Routine Work	Marana Yoga	142758678 <b>Rahu</b> 10:42AM – 12:15PM	Taitila Until 8:01AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 7:22PM	Moon – Blue		<b>Bhuloka Day</b>	
				Chaitra•Panguni			


<b>2</b>	<b>Saturday, March 28, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, OR Sun 24 Sutra 349
	Kataka Rasi: 19.15	Tithi 11	<b>Gulika</b> 5:58AM – 7:32AM	<b>Ashlesha*</b> Until 1:01AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Visvvasu 5127
			Yama 1:49PM – 3:24PM	Sukarma Until 6:38AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 47 - 24
	Routine Work	Marana Yoga	142758678 <b>Rahu</b> 9:07AM – 10:41AM	Vanija Until 6:50AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadashi</b> Until 6:21PM	Moon – Blue		<b>Bhuloka Day</b>	
			Yogaswami Mahasamadhi	Chaitra•Panguni			

<b>3</b>	<b>Sunday, March 29, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 25 Sutra 350
	Simha Rasi: 2.4	Tithi 12 – 13	<b>Gulika</b> 3:24PM – 4:59PM	<b>Magha*</b> Until 1:19AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	Visvvasu 5127
			Yama 12:15PM – 1:49PM	Shula* Until 3:21AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 47 - 25
	Routine Work	Marana Yoga	152758678 <b>Rahu</b> 4:59PM – 6:33PM	Bava Until 6:01AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashi</b> Until 5:43PM	Moon – Red		<b>Bhuloka Day</b>	
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	
				Pradosha Vrata			

<b>4</b>	<b>Monday, March 30, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 26 Sutra 351
	Simha Rasi: 15.53	Tithi 13 – 14	<b>Gulika</b> 1:50PM – 3:25PM	<b>Purvaphalguni</b> Until 1:51AM Tue	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM	Visvvasu 5127
	<b>Family Home Evening</b>		Yama 10:40AM – 12:15PM	Ganda* Until 2:10AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 47 - 26
	Creative Work	Siddha Yoga	153758678 <b>Rahu</b> 7:29AM – 9:05AM	Gara Until 5:31AM Tue	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi</b> Until 5:28PM	Moon – Red		<b>Devaloka Day</b>	
				Chaitra•Panguni			

<b>5</b>	<b>Tuesday, March 31, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, OR Sun 27 Sutra 352
	Simha Rasi: 28.53	Tithi 14 – 15	<b>Gulika</b> 12:14PM – 1:50PM	<b>Uttaraphalguni</b> Until 2:38AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	Visvvasu 5127
			Yama 9:03AM – 10:39AM	Vriddhi Until 1:20AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 47 - 27
	Creative Work	Amrita Yoga	153758678 <b>Rahu</b> 3:25PM – 5:00PM	Visti Until 5:54AM Wed	<b>Nataraja:</b> Purple		4th Phase
			<b>Chaturdashi*</b> Until 5:38PM	Moon – Red		<b>Devaloka Day</b>	
				Chaitra•Panguni			

	<b>Wednesday, April 1, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Bava Karana Purnimayam Titau				Portland, OR Sun 28 Sutra 353
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:39AM – 12:14PM	<b>Hasta</b> Until 4:09AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM	Visvvasu 5127
	Kanya Rasi: 11.41	Tithi 15	Yama 7:28AM – 9:03AM	Dhruva Until 12:48AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 47 - Purnima
	Routine Work	Marana Yoga	163758678 <b>Rahu</b> 12:14PM – 1:50PM	Bava Until 6:13PM	<b>Nataraja:</b> Purple		
			<b>Purnima*</b> Until 6:13PM	Moon – Green		<b>Bhuloka Day</b>	
				Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM	
				Panguni Uttiram			
				Hanuman Jayanti			

	<b>Thursday, April 2, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, OR Sun 29 Sutra 354
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:02AM – 10:38AM	<b>Chitra</b> Until 5:55AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM	Visvvasu 5127
	Kanya Rasi: 24.17	Tithi 16	Yama 5:51AM – 7:27AM	Vyaghata* Until 12:38AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 6:37PM	Moon 2 - Phase 47 - Prathama
	Creative Work	Siddha Yoga	163758678 <b>Rahu</b> 1:50PM – 3:26PM	Balava Until 6:42AM	<b>Nataraja:</b> Purple		
			<b>Prathama*</b> Until 7:15PM	Moon – Green		<b>Bhuloka Day</b>	
				Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Portland, OR on 11/19/23

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**Friday, April 3, 2026**  
**Gold Retreat Star**

Tula Rasi: 6.41      Tithi 17  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvilyayam Titau

**Gulika** 7:25AM – 9:01AM  
Yama 3:26PM – 5:02PM  
163758678 **Rahu** 10:37AM – 12:14PM

**Svati Until 7:56AM Sat**  
Harshana Until 12:47AM Sat  
Taitila Until 7:57AM  
**Dvitiya Until 8:42PM**

**Ganesha:** Clear      *Sunrise:* 5:49AM  
**Muruga:** White      *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Green  
Chaitra•Panguni

Portland, OR  
Sun 1      Sutra 355  
Visvvasu 5127  
Moon 3 - Phase 48 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**1**

**Saturday, April 4, 2026**

Tula Rasi: 18.56      Tithi 18  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 5:47AM – 7:24AM  
Yama 1:50PM – 3:26PM  
163758678 **Rahu** 9:00AM – 10:37AM

**Svati Until 7:56AM**  
Vajra\* Until 1:12AM Sun  
Vanija Until 9:36AM  
**Tritiya Until 10:32PM**

**Ganesha:** Clear      *Sunrise:* 5:47AM  
**Muruga:** White      *Sunset:* 6:40PM  
**Nataraja:** Purple  
Moon – Green  
Chaitra•Panguni

Portland, OR  
Sun 2      Sutra 356  
Visvvasu 5127  
Moon 3 - Phase 48 - 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**2**

**Sunday, April 5, 2026**

Vrischika Rasi: 1.01      Tithi 19  
Routine Work      Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 3:27PM – 5:04PM  
Yama 12:13PM – 1:50PM  
173758678 **Rahu** 5:04PM – 6:41PM

**Vishakha Until 10:37AM**  
Siddhi Until 1:52AM Mon  
Bava Until 11:36AM  
**Chaturthi\* Until 12:41AM Mon**

**Ganesha:** White      *Sunrise:* 5:45AM  
**Muruga:** White      *Sunset:* 6:41PM  
**Nataraja:** Purple  
Moon – Orange  
Chaitra•Panguni

Portland, OR  
Sun 3      Sutra 357  
Visvvasu 5127  
Moon 3 - Phase 48 - 3  
1st Phase

**Devaloka Day**

**3**

**Monday, April 6, 2026**

Vrischika Rasi: 12.59      Tithi 20  
**Family Home Evening**  
Creative Work      Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 1:50PM – 3:27PM  
Yama 10:35AM – 12:13PM  
173758678 **Rahu** 7:21AM – 8:58AM

**Anuradha Until 1:24PM**  
Vyatipata\* Until 2:42AM Tue  
Kaulava Until 1:52PM  
**Panchami Until 3:03AM Tue**

**Ganesha:** White      *Sunrise:* 5:43AM  
**Muruga:** White      *Sunset:* 6:42PM  
**Nataraja:** Purple  
Moon – Orange  
Chaitra•Panguni

Portland, OR  
Sun 4      Sutra 358  
Visvvasu 5127  
Moon 3 - Phase 48 - 4  
1st Phase

**Devaloka Day**

**4**

**Tuesday, April 7, 2026**

Vrischika Rasi: 24.53      Tithi 21  
Routine Work      Marana Yoga  
Until 4:09PM  
Then Creative Work - Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 12:12PM – 1:50PM  
Yama 8:57AM – 10:35AM  
173758678 **Rahu** 3:28PM – 5:06PM

**Jyeshtha\* Until 4:09PM**  
Variyan Until 3:33AM Wed  
Gara Until 4:17PM  
**Shashthi\* Until 5:28AM Wed**

**Ganesha:** White      *Sunrise:* 5:41AM  
**Muruga:** White      *Sunset:* 6:44PM  
**Nataraja:** Purple  
Moon – Orange  
Chaitra•Panguni

Portland, OR  
Sun 5      Sutra 359  
Visvvasu 5127  
Moon 3 - Phase 48 - 5  
1st Phase

**Devaloka Day**

**5**

**Wednesday, April 8, 2026**

Dhanus Rasi: 6.46      Tithi 22  
Routine Work      Marana Yoga  
Until 7:12PM  
Then Creative Work - Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Visti\* Karana Saptamyam Titau

**Gulika** 10:34AM – 12:12PM  
Yama 7:18AM – 8:56AM  
183758678 **Rahu** 12:12PM – 1:50PM

**Mula\* Until 7:12PM**  
Parigha\* Until 4:21AM Thu  
Visti Until 6:40PM  
**Saptami Until 7:46AM Thu**

**Ganesha:** Yellow      *Sunrise:* 5:40AM  
**Muruga:** White      *Sunset:* 6:45PM  
**Nataraja:** Purple  
Moon – Light Blue  
Chaitra•Panguni

Portland, OR  
Sun 6      Sutra 360  
Visvvasu 5127  
Moon 3 - Phase 48 - 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**D**

**Thursday, April 9, 2026**  
**Retreat Star**

Dhanus Rasi: 18.42      Tithi 22 – 23  
Creative Work      Siddha Yoga  
Until 9:53PM  
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:55AM – 10:33AM  
Yama 5:38AM – 7:16AM  
183758678 **Rahu** 1:50PM – 3:29PM

**Purvashadha\* Until 9:53PM**  
Shiva Until 4:56AM Fri  
Balava Until 8:49PM  
**Saptami Until 7:46AM**

**Ganesha:** Yellow      *Sunrise:* 5:38AM  
**Muruga:** White      *Sunset:* 6:46PM  
**Nataraja:** Purple  
Moon – Light Blue  
Chaitra•Panguni

Portland, OR  
Sun 7      Sutra 361  
Visvvasu 5127  
Moon 3 - Phase 48 - 7  
Ashtami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Friday, April 10, 2026**  
**Retreat Star**

Makara Rasi: 0.45      Tithi 23 – 24  
Routine Work      Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 7:15AM – 8:54AM  
Yama 3:29PM – 5:08PM  
183758678 **Rahu** 10:33AM – 12:12PM

**Uttarashadha Until 11:57PM**  
Siddha Until 5:05AM Sat  
Taitila Until 10:32PM  
**Ashtami\* Until 9:43AM**

**Ganesha:** Yellow      *Sunrise:* 5:36AM  
**Muruga:** White      *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Light Blue  
Chaitra•Panguni

Portland, OR  
Sun 8      Sutra 362  
Visvvasu 5127  
Moon 3 - Phase 48 - 8  
Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Saturday, April 11, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, OR Sun 9 Sutra 363 Visvvasu 5127
Makara Rasi: 13.01	Tithi 24 – 25	<b>Gulika</b> 5:34AM – 7:13AM	<b>Shravana Until 1:44AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:34AM	
		Yama 1:51PM – 3:30PM	Sadhya Until 4:44AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 49 - 9
		193758678 <b>Rahu</b> 8:53AM – 10:32AM	Vanija Until 11:36PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 11:08AM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 1:44AM Sun				Chaitra+Panguni		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Sunday, April 12, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Portland, OR Sun 10 Sutra 364 Visvvasu 5127
Makara Rasi: 25.35	Tithi 25 – 26	<b>Gulika</b> 3:30PM – 5:10PM	<b>Dhanishtha Until 2:35AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:32AM	
		Yama 12:11PM – 1:51PM	Subha Until 3:47AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 49 - 10
		193758678 <b>Rahu</b> 5:10PM – 6:50PM	Bava Until 11:53PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 11:50AM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 2:35AM Mon				Chaitra+Panguni		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Monday, April 13, 2026</b>		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, OR Sun 11 Sutra 1 Visvvasu 5127
Kumbha Rasi: 8.31	Tithi 26 – 27	<b>Gulika</b> 1:51PM – 3:31PM	<b>Shatabhishak Until 2:28AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	
<b>Family Home Evening</b>		Yama 10:31AM – 12:11PM	Sukla Until 2:09AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 49 - 11
		193758678 <b>Rahu</b> 7:11AM – 8:51AM	Kaulava Until 11:21PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:42AM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 2:28AM Tue				Chaitra+Chaitra		
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Tuesday, April 14, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Portland, OR Sun 12 Sutra 2 Parabhava 5128
Kumbha Rasi: 21.54	Tithi 27 – 28	<b>Gulika</b> 12:11PM – 1:51PM	<b>Purvaproshtapada* Until 1:53AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:29AM	
		Yama 8:50AM – 10:30AM	Brahma Until 11:54PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:52PM	Moon 3 - Phase 49 - 12
		214758678 <b>Rahu</b> 3:31PM – 5:12PM	Gara Until 10:00PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 10:45AM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 1:53AM Wed				Chaitra+Chaitra		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Wednesday, April 15, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 13 Sutra 3 Parabhava 5128
Meena Rasi: 5.44	Tithi 28 – 29	<b>Gulika</b> 10:29AM – 12:10PM	<b>Uttaraproshtapada Until 12:28AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:27AM	
		Yama 7:08AM – 8:49AM	Indra Until 9:06PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 49 - 13
		214758678 <b>Rahu</b> 12:10PM – 1:51PM	Visti Until 7:58PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 9:03AM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 10:22PM				Chaitra+Chaitra		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Thursday, April 16, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Portland, OR Sun 14 Sutra 4 Parabhava 5128
Meena Rasi: 19.59	Tithi 29 – 30	<b>Gulika</b> 8:48AM – 10:29AM	<b>Revati Until 10:22PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:25AM	
		Yama 5:25AM – 7:06AM	Vaidhriti* Until 5:49PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 49 - 14
		214858678 <b>Rahu</b> 1:51PM – 3:33PM	Naga Until 3:51AM Fri	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:42AM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 10:22PM				Chaitra+Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Friday, April 17, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, OR Sun 15 Sutra 5 Parabhava 5128
Mesha Rasi: 4.35	Tithi 1	<b>Gulika</b> 7:05AM – 8:47AM	<b>Ashvini Until 8:11PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:23AM	
		Yama 3:33PM – 5:15PM	Vishkambha* Until 2:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 49 - 15
		224858678 <b>Rahu</b> 10:28AM – 12:10PM	Kintughna Until 2:19PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 12:41AM Sat</b>	Moon – White		<b>Bhuloka Day</b>
Until 8:11PM				Vaisaka+Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1</b>	<b>Saturday, April 18, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR Sun 16 Sutra 6
	Mesha Rasi: 19.25	Tithi 2	<b>Gulika</b> 5:22AM – 7:04AM	<b>Bharani Until 5:39PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:22AM	Parabhava 5128
			Yama 1:52PM – 3:34PM	Priti Until 10:25AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 1 - 16
		224858678	<b>Rahu</b> 8:46AM – 10:28AM	Balava Until 11:02AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 9:21PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 5:39PM				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Sunday, April 19, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, OR Sun 17 Sutra 7
	Vrishabha Rasi: 4.2	Tithi 3	<b>Gulika</b> 3:34PM – 5:16PM	<b>Krittika Until 2:58PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:20AM	Parabhava 5128
			Yama 12:09PM – 1:52PM	Ayushman Until 6:31AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 1 - 17
		224858678	<b>Rahu</b> 5:16PM – 6:59PM	Taitila Until 7:41AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 6:00PM</b>	Moon – White		<b>Bhuloka Day</b>	
		Akshaya Tritiya		Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Monday, April 20, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Portland, OR Sun 18 Sutra 8
	Vrishabha Rasi: 19.13	Tithi 4 – 5	<b>Gulika</b> 1:52PM – 3:35PM	<b>Rohini Until 12:40PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:18AM	Parabhava 5128
	<b>Family Home Evening</b>		Yama 10:26AM – 12:09PM	Sobhana Until 11:03PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 1 - 18
		234858678	<b>Rahu</b> 7:01AM – 8:44AM	Bava Until 1:20AM Tue	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Amrita Yoga			<b>Chaturthi* Until 2:49PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Tuesday, April 21, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, OR Sun 19 Sutra 9
	Mithuna Rasi: 3.55	Tithi 5 – 6	<b>Gulika</b> 12:09PM – 1:52PM	<b>Mrigashira Until 10:31AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM	Parabhava 5128
			Yama 8:43AM – 10:26AM	Athiganda* Until 7:39PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 1 - 19
		234858678	<b>Rahu</b> 3:35PM – 5:18PM	Kaulava Until 10:36PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 11:54AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 10:31AM				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

<b>5</b>	<b>Wednesday, April 22, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Portland, OR Sun 20 Sutra 10
	Mithuna Rasi: 18.21	Tithi 6 – 7	<b>Gulika</b> 10:25AM – 12:09PM	<b>Ardra Until 8:37AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:15AM	Parabhava 5128
			Yama 6:58AM – 8:42AM	Sukarma Until 4:38PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 1 - 20
		234858678	<b>Rahu</b> 12:09PM – 1:52PM	Gara Until 8:20PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 9:23AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM	

<b>Retreat Star</b>	<b>Thursday, April 23, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Portland, OR Sun 21 Sutra 11
	Kataka Rasi: 2.28	Tithi 7 – 8	<b>Gulika</b> 8:41AM – 10:25AM	<b>Punarvasu Until 7:29AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM	Parabhava 5128
			Yama 5:13AM – 6:57AM	Dhriti Until 2:03PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:04PM	Moon 3 - Phase 1 - 21
		244858678	<b>Rahu</b> 1:52PM – 3:36PM	Visti Until 6:35PM	<b>Nataraja:</b> Purple		Ashtami
Creative Work Amrita Yoga			<b>Saptami Until 7:22AM</b>	Moon – Blue		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>Retreat Star</b>	<b>Friday, April 24, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Portland, OR Sun 22 Sutra 12
	Kataka Rasi: 16.14	Tithi 9	<b>Gulika</b> 6:56AM – 8:40AM	<b>Pushya Until 6:45AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM	Parabhava 5128
			Yama 3:37PM – 5:21PM	Shula* Until 11:53AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:05PM	Moon 3 - Phase 1 - 22
		244858679	<b>Rahu</b> 10:24AM – 12:08PM	Balava Until 5:24PM	<b>Nataraja:</b> Clear		Navami
Routine Work Marana Yoga			<b>Navami* Until 5:00AM Sat</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Portland, OR on 11/19/23

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<b>1</b>	<b>Saturday, April 25, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Dashamyam Titau				Portland, OR Sun 23 Sutra 13
	Kataka Rasi: 29.4	Tithi 10	<b>Gulika</b> 5:10AM – 6:54AM	<b>Ashlesha* Until 6:26AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM	Parabhava 5128
			Yama 1:53PM – 3:37PM	Ganda* Until 10:12AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:06PM	Moon 3 - Phase 2 - 23 4th Phase
		244858679 <b>Rahu</b> 8:39AM – 10:23AM	Taitila Until 4:46PM	<b>Nataraja:</b> Clear			
	Routine Work	Marana Yoga		<b>Dashami Until 4:39AM Sun</b>	Moon – Blue	<b>Sivaloka Day</b>	
	Until 6:26AM				Vaisaka-Chaitra		
	Then Creative Work - Amrita Yoga						


<b>2</b>	<b>Sunday, April 26, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, OR Sun 24 Sutra 14
	Simha Rasi: 12.49	Tithi 11	<b>Gulika</b> 3:38PM – 5:23PM	<b>Magha* Until 6:57AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:08AM	Parabhava 5128
			Yama 12:08PM – 1:53PM	Vridhhi Until 8:57AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:08PM	Moon 3 - Phase 2 - 24 4th Phase
		255858679 <b>Rahu</b> 5:23PM – 7:08PM	Vanija Until 4:41PM	<b>Nataraja:</b> Clear			
	Routine Work	Marana Yoga		<b>Ekadashi Until 4:48AM Mon</b>	Moon – Red	<b>Bhuloka Day</b>	
	Until 6:57AM				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM	
	Then Creative Work - Siddha Yoga						

<b>3</b>	<b>Monday, April 27, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau				Portland, OR Sun 25 Sutra 15
	Simha Rasi: 25.41	Tithi 12	<b>Gulika</b> 1:53PM – 3:38PM	<b>Purvaphalguni Until 7:49AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:06AM	Parabhava 5128
	<b>Family Home Evening</b>		Yama 10:22AM – 12:08PM	Dhruva Until 8:04AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:09PM	Moon 3 - Phase 2 - 25 4th Phase
		255858679 <b>Rahu</b> 6:52AM – 8:37AM	Bava Until 5:04PM	<b>Nataraja:</b> Clear			
	Creative Work	Siddha Yoga		<b>Dvadashi Until 5:24AM Tue</b>	Moon – Red	<b>Bhuloka Day</b>	
	Until 6:57AM				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM	
	Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Tuesday, April 28, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Portland, OR Sun 26 Sutra 16
	Kanya Rasi: 8.22	Tithi 13	<b>Gulika</b> 12:08PM – 1:53PM	<b>Uttaraphalguni Until 8:57AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:05AM	Parabhava 5128
			Yama 8:36AM – 10:22AM	Vyaghata* Until 7:33AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:10PM	Moon 3 - Phase 2 - 26 4th Phase
		255858679 <b>Rahu</b> 3:39PM – 5:25PM	Kaulava Until 5:53PM	<b>Nataraja:</b> Clear			
	Creative Work	Amrita Yoga		<b>Trayodashi Until 6:25AM Wed</b>	Moon – Red	<b>Bhuloka Day</b>	
	Until 8:57AM				Vaisaka-Chaitra	Devaloka Time: 6:PM to 9:PM	
	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, April 29, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 27 Sutra 17
	Kanya Rasi: 20.51	Tithi 13 – 14	<b>Gulika</b> 10:21AM – 12:07PM	<b>Hasta Until 10:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM	Parabhava 5128
			Yama 6:49AM – 8:35AM	Harshana Until 7:22AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:12PM	Moon 3 - Phase 2 - 27 4th Phase
		265858679 <b>Rahu</b> 12:07PM – 1:53PM	Gara Until 7:04PM	<b>Nataraja:</b> Clear			
	Routine Work	Marana Yoga		<b>Trayodashi Until 6:25AM</b>	Moon – Green	<b>Devaloka Day</b>	
	Until 10:47AM				Vaisaka-Chaitra		
	Then Creative Work - Siddha Yoga						

	<b>Thursday, April 30, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, OR Sun 28 Sutra 18
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:34AM – 10:21AM	<b>Chitra Until 12:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Parabhava 5128
	Tula Rasi: 3.11	Tithi 14 – 15	Yama 5:02AM – 6:48AM	Vajra* Until 7:25AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:13PM	Moon 3 - Phase 2 - Purnima
		265858679 <b>Rahu</b> 1:54PM – 3:40PM	Visti Until 8:35PM	<b>Nataraja:</b> Clear			
	Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:46AM</b>	Moon – Green	<b>Devaloka Day</b>	
	Until 12:48PM				Vaisaka-Chaitra		
	Then Creative Work - Amrita Yoga						

	<b>Friday, May 1, 2026</b>		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, OR Sun 29 Sutra 19
	<b>Silver Retreat Star</b>		<b>Gulika</b> 6:46AM – 8:33AM	<b>Svati Until 2:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:59AM	Parabhava 5128
	Tula Rasi: 15.23	Tithi 15 – 16	Yama 3:41PM – 5:28PM	Siddhi Until 7:43AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:15PM	Moon 3 - Phase 2 - Prathama
		265858679 <b>Rahu</b> 10:20AM – 12:07PM	Balava Until 10:24PM	<b>Nataraja:</b> Clear			
	Creative Work	Siddha Yoga		<b>Purnima* Until 9:26AM</b>	Moon – Green	<b>Devaloka Day</b>	
	Until 12:48PM				Vaisaka-Chaitra		
	Then Creative Work - Amrita Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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