



Tuesday, May 13, 2025
Gold Retreat Star

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA
Sutra 30

Vrischika Rasi: 8.29 Tithi 16 – 17

275318579

Gulika 12:06PM – 1:52PM
Yama 8:33AM – 10:19AM
Rahu 3:39PM – 5:25PM

Anuradha Until 10:17PM
Parigha* Until 5:03PM
Taitila Until 12:08AM Wed
Prathama* Until 11:08AM

Ganesha: Yellow *Sunrise: 5:00AM*
Muruga: Red *Sunset: 7:11PM*
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Visvvasu 5127
Moon 4 - Phase 4 - 1st Phase

Creative Work Siddha Yoga

Until 10:17PM

Then Routine Work - Marana Yoga

Sivaloka Day

1

Wednesday, May 14, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA
Sun 1 Sutra 31

Vrischika Rasi: 20.33 Tithi 17 – 18

275318579

Gulika 10:19AM – 12:06PM
Yama 6:46AM – 8:32AM
Rahu 12:06PM – 1:52PM

Jyeshtha* Until 12:27AM Thu
Shiva Until 5:31PM
Vanija Until 1:51AM Thu
Dvitiya Until 1:01PM

Ganesha: Yellow *Sunrise: 4:59AM*
Muruga: Red *Sunset: 7:12PM*
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Thursday, May 15, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA
Sun 2 Sutra 32

Dhanus Rasi: 2.44 Tithi 18 – 19

285318579

Gulika 8:32AM – 10:19AM
Yama 4:58AM – 6:45AM
Rahu 1:53PM – 3:39PM

Mula* Until 2:37AM Fri
Siddha Until 5:42PM
Bava Until 3:14AM Fri
Tritiya Until 2:34PM

Ganesha: Blue *Sunrise: 4:58AM*
Muruga: Red *Sunset: 7:13PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 2 1st Phase

Creative Work Siddha Yoga

Until 2:37AM Fri

Then Routine Work - Prabalarishta Yoga

Subha Sivaloka Day

3

Friday, May 16, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA
Sun 3 Sutra 33

Dhanus Rasi: 15.04 Tithi 19 – 20

285318579

Gulika 6:44AM – 8:31AM
Yama 3:40PM – 5:27PM
Rahu 10:19AM – 12:06PM

Purvashadha* Until 4:14AM Sat
Sadhya Until 5:37PM
Kaulava Until 4:13AM Sat
Chaturthi* Until 3:46PM

Ganesha: Blue *Sunrise: 4:57AM*
Muruga: Red *Sunset: 7:14PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 3 1st Phase

Routine Work Prabalarishta Yoga

Until 4:14AM Sat

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Saturday, May 17, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA
Sun 4 Sutra 34

Dhanus Rasi: 27.35 Tithi 20 – 21

285318579

Gulika 4:56AM – 6:44AM
Yama 1:53PM – 3:40PM
Rahu 8:31AM – 10:18AM

Uttarashadha Until 5:15AM Sun
Subha Until 5:13PM
Gara Until 4:45AM Sun
Panchami Until 4:31PM

Ganesha: Blue *Sunrise: 4:56AM*
Muruga: Red *Sunset: 7:15PM*
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 4 1st Phase

Routine Work Marana Yoga

Until 5:15AM Sun

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Sunday, May 18, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA
Sun 5 Sutra 35

Makara Rasi: 10.18 Tithi 21 – 22

295318579

Gulika 3:41PM – 5:28PM
Yama 12:06PM – 1:53PM
Rahu 5:28PM – 7:16PM

Shravana Until 6:03AM Mon
Sukla Until 4:24PM
Visti Until 4:43AM Mon
Shashthi* Until 4:47PM

Ganesha: Red *Sunrise: 4:56AM*
Muruga: Red *Sunset: 7:16PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 5 1st Phase

Creative Work Amrita Yoga

Until 6:03AM Mon

Then Creative Work - Siddha Yoga

Sivaloka Day

6

Monday, May 19, 2025

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

St. Helena, CA
Sun 6 Sutra 36

Makara Rasi: 23.17 Tithi 22 – 23

296318579

Gulika 1:54PM – 3:41PM
Yama 10:18AM – 12:06PM
Rahu 6:43AM – 8:30AM

Shravana Until 6:03AM
Brahma Until 3:08PM
Balava Until 4:06AM Tue
Saptami Until 4:28PM

Ganesha: Blue *Sunrise: 4:55AM*
Muruga: Red *Sunset: 7:17PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 6 1st Phase

Creative Work Amrita Yoga

Until 6:03AM

Then Creative Work - Siddha Yoga

Devaloka Day



Tuesday, May 20, 2025

Retreat Star

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA
Sun 7 Sutra 37

Kumbha Rasi: 7 Tithi 23 – 24

296318579

Gulika 12:06PM – 1:54PM
Yama 8:30AM – 10:18AM
Rahu 3:42PM – 5:30PM

Dhanishtha Until 6:06AM
Indra Until 1:23PM
Taitila Until 2:50AM Wed
Ashtami* Until 3:31PM

Ganesha: Blue *Sunrise: 4:54AM*
Muruga: Red *Sunset: 7:18PM*
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 7 Ashtami

Creative Work Siddha Yoga

Until 6:06AM

Then Routine Work - Marana Yoga

Devaloka Day

Wednesday, May 21, 2025

Retreat Star

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

St. Helena, CA
Sun 8 Sutra 38

Kumbha Rasi: 20.16 Tithi 24 – 25

216318579

Gulika 10:18AM – 12:06PM
Yama 6:42AM – 8:30AM
Rahu 12:06PM – 1:54PM

Purvaproshtapada* Until 4:17AM Thu
Vaidhriti* Until 11:05AM
Vanija Until 12:55AM Thu
Navami* Until 1:56PM

Ganesha: White *Sunrise: 4:53AM*
Muruga: Red *Sunset: 7:18PM*
Nataraja: Purple
Moon – Clear
Vaisaka-Vaikasi

Visvvasu 5127
Moon 4 - Phase 4 - 8 Navami

Creative Work Amrita Yoga

Until 4:17AM Thu

Then Creative Work - Siddha Yoga

Devaloka Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for St. Helena, CA on 11/19/23


www.gurudeva.org/panchang

1	Thursday, May 22, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkamba /Prili Yoga Visti /Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Meena Rasi: 4.2	Tithi 25 – 26	Gulika 8:29AM – 10:18AM	Uttaraproshtapada Until 2:30AM Fri	Ganesha: White	<i>Sunrise:</i> 4:53AM	Sun 9 Sutra 39
			Yama 4:53AM – 6:41AM	Vishkamba* Until 8:18AM	Muruga: Red	<i>Sunset:</i> 7:19PM	Visvvasu 5127
	Creative Work	Siddha Yoga	216318579 Rahu 1:54PM – 3:43PM	Bava Until 10:26PM	Nataraja: Purple		Moon 4 - Phase 5 - 9
			Dashami Until 11:43AM	Moon – Clear		2nd Phase	
				Vaisaka-Vaikasi		Devaloka Day	

2	Friday, May 23, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Meena Rasi: 18.47	Tithi 26 – 27	Gulika 6:41AM – 8:29AM	Revati Until 12:06AM Sat	Ganesha: White	<i>Sunrise:</i> 4:52AM	Sun 10 Sutra 40
			Yama 3:43PM – 5:32PM	Ayushman Until 1:25AM Sat	Muruga: Red	<i>Sunset:</i> 7:20PM	Visvvasu 5127
	Creative Work	Siddha Yoga	216318579 Rahu 10:18AM – 12:06PM	Kaulava Until 7:26PM	Nataraja: Purple		Moon 4 - Phase 5 - 10
			Ekadashi* Until 8:58AM	Moon – Clear		2nd Phase	
				Vaisaka-Vaikasi		Devaloka Day	

3	Saturday, May 24, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
	Mesha Rasi: 3.34	Tithi 28	Gulika 4:51AM – 6:40AM	Ashvini Until 9:37PM	Ganesha: Green	<i>Sunrise:</i> 4:51AM	Sun 11 Sutra 41
			Yama 1:55PM – 3:43PM	Saubhagya Until 9:30PM	Muruga: Red	<i>Sunset:</i> 7:21PM	Visvvasu 5127
	Creative Work	Siddha Yoga	226318579 Rahu 8:29AM – 10:17AM	Gara Until 4:05PM	Nataraja: Purple		Moon 4 - Phase 5 - 11
			Trayodashi* Until 2:18AM Sun	Moon – White		2nd Phase	
				Vaisaka-Vaikasi		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

4	Sunday, May 25, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA
	Mesha Rasi: 18.35	Tithi 29	Gulika 3:44PM – 5:33PM	Bharani Until 6:49PM	Ganesha: White	<i>Sunrise:</i> 4:51AM	Sun 12 Sutra 42
			Yama 12:06PM – 1:55PM	Sobhana Until 5:27PM	Muruga: Red	<i>Sunset:</i> 7:22PM	Visvvasu 5127
	Routine Work	Prabalarishta Yoga	326318579 Rahu 5:33PM – 7:22PM	Visti Until 12:30PM	Nataraja: Purple		Moon 4 - Phase 5 - 12
			Chaturdashi* Until 10:39PM	Moon – White		2nd Phase	
				Vaisaka-Vaikasi		Devaloka Day	

	Monday, May 26, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA
	Retreat Star		Gulika 1:55PM – 3:44PM	Krittika Until 3:52PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	Sun 13 Sutra 43
	Vrishabha Rasi: 3.41	Tithi 30	Yama 10:17AM – 12:06PM	Athiganda* Until 1:21PM	Muruga: Red	<i>Sunset:</i> 7:22PM	Visvvasu 5127
	Family Home Evening		327418579 Rahu 6:39AM – 8:28AM	Catuspada Until 8:51AM	Nataraja: Purple		Moon 4 - Phase 5 - 13
			Amavasya* Until 7:01PM	Moon – White		Amavasya	
				Vaisaka-Vaikasi		Devaloka Day	

	Tuesday, May 27, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma/Dhrili Yoga Bava/Balava Karana Prathama/Dvityayam Titau				St. Helena, CA
	Retreat Star		Gulika 12:06PM – 1:56PM	Rohini Until 1:21PM	Ganesha: Green	<i>Sunrise:</i> 4:50AM	Sun 14 Sutra 44
	Vrishabha Rasi: 18.45	Tithi 1 – 2	Yama 8:28AM – 10:17AM	Sukarma Until 9:23AM	Muruga: Red	<i>Sunset:</i> 7:23PM	Visvvasu 5127
	Creative Work	Amrita Yoga	337418579 Rahu 3:45PM – 5:34PM	Balava Until 1:59AM Wed	Nataraja: Purple		Moon 4 - Phase 5 - 14
			Prathama* Until 3:34PM	Moon – Yellow		Prathama	
				Jyeshtha-Vaikasi		Devaloka Day	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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www.gurudeva.org/panchang

1	Wednesday, May 28, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 15 Sutra 45
	Mithuna Rasi: 3.35	Tithi 2 – 3	Gulika 10:17AM – 12:07PM	Mrigashira Until 11:01AM	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Visvvasu 5127
			Yama 6:38AM – 8:28AM	Shula* Until 2:18AM Thu	Muruga: Red	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 6 - 15
	Creative Work	Siddha Yoga	337418579 Rahu 12:07PM – 1:56PM	Taitila Until 11:07PM	Nataraja: Purple		3rd Phase
			Dvitiya Until 12:28PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2	Thursday, May 29, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				St. Helena, CA Sun 16 Sutra 46
	Mithuna Rasi: 18.05	Tithi 3 – 4	Gulika 8:28AM – 10:17AM	Ardra Until 9:03AM	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Visvvasu 5127
			Yama 4:49AM – 6:38AM	Ganda* Until 11:28PM	Muruga: Red	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 6 - 16
	Routine Work	Marana Yoga	337418579 Rahu 1:56PM – 3:46PM	Vanija Until 8:50PM	Nataraja: Purple		3rd Phase
			Tritiya Until 9:53AM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

3	Friday, May 30, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Vistit/Bava Karana Chatrthi/Panchamyam Titau				St. Helena, CA Sun 17 Sutra 47
	Kataka Rasi: 2.09	Tithi 4 – 5	Gulika 6:38AM – 8:27AM	Punarvasu Until 8:02AM	Ganesha: White	<i>Sunrise:</i> 4:48AM	Visvvasu 5127
			Yama 3:46PM – 5:36PM	Vriddhi Until 9:15PM	Muruga: Red	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 6 - 17
	Creative Work	Siddha Yoga	347418579 Rahu 10:17AM – 12:07PM	Bava Until 7:18PM	Nataraja: Purple		3rd Phase
			Chatrthi* Until 7:57AM	Moon – Blue		Devaloka Day	
				Jyeshtha-Vaikasi			

4	Saturday, May 31, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA Sun 18 Sutra 48
	Kataka Rasi: 15.44	Tithi 5 – 6	Gulika 4:48AM – 6:38AM	Pushya Until 7:39AM	Ganesha: White	<i>Sunrise:</i> 4:48AM	Visvvasu 5127
			Yama 1:57PM – 3:46PM	Dhruva Until 7:41PM	Muruga: Red	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 6 - 18
	Creative Work	Siddha Yoga	347418579 Rahu 8:27AM – 10:17AM	Kaulava Until 6:35PM	Nataraja: Purple		3rd Phase
			Panchami Until 6:49AM	Moon – Blue		Devaloka Day	
				Jyeshtha-Vaikasi			

5	Sunday, June 1, 2025		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA Sun 19 Sutra 49
	Kataka Rasi: 28.51	Tithi 6 – 7	Gulika 3:47PM – 5:37PM	Ashlesha* Until 7:58AM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Visvvasu 5127
			Yama 12:07PM – 1:57PM	Vyaghata* Until 6:50PM	Muruga: Red	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 6 - 19
	Creative Work	Siddha Yoga	348418579 Rahu 5:37PM – 7:27PM	Gara Until 6:45PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 6:32AM	Moon – Blue		Sivaloka Day	
				Jyeshtha-Vaikasi			

Monday, June 2, 2025	Retreat Star		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Vanija/Vistit* Karana Saptami/Ashlamyam Titau				St. Helena, CA Sun 20 Sutra 50
	Simha Rasi: 11.32	Tithi 7 – 8	Gulika 1:57PM – 3:47PM	Magha* Until 9:26AM	Ganesha: White	<i>Sunrise:</i> 4:47AM	Visvvasu 5127
	Family Home Evening		Yama 10:17AM – 12:07PM	Harshana Until 6:39PM	Muruga: Red	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 6 - 20
	Routine Work	Marana Yoga	358418579 Rahu 6:37AM – 8:27AM	Vistit Until 7:45PM	Nataraja: Purple		Ashtami
			Saptami Until 7:08AM	Moon – Red		Subha Sivaloka Day	
				Jyeshtha-Vaikasi			

Tuesday, June 3, 2025	Retreat Star		Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 21 Sutra 51
	Simha Rasi: 23.52	Tithi 8 – 9	Gulika 12:07PM – 1:58PM	Purvaphalguni Until 11:30AM	Ganesha: White	<i>Sunrise:</i> 4:47AM	Visvvasu 5127
			Yama 8:27AM – 10:17AM	Vajra* Until 6:59PM	Muruga: Red	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 6 - 21
	Creative Work	Siddha Yoga	358418579 Rahu 3:48PM – 5:38PM	Balava Until 9:26PM	Nataraja: Purple		Navami
			Ashtami* Until 8:30AM	Moon – Red		Subha Sivaloka Day	
				Jyeshtha-Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Wednesday, June 4, 2025		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				St. Helena, CA
	Kanya Rasi: 5.56	Tithi 9 – 10	Gulika 10:17AM – 12:08PM	Uttaraphalguni Until 1:58PM	Ganesha: White	<i>Sunrise:</i> 4:46AM	Sun 22 Sutra 52
	358418579	Rahu 12:08PM – 1:58PM	Yama 6:37AM – 8:27AM	Siddhi Until 7:45PM	Muruga: Red	<i>Sunset:</i> 7:29PM	Visvvasu 5127
Creative Work	Amrita Yoga		Taitila Until 11:39PM	Nataraja: Purple		Moon 4 - Phase 7 - 22	
Until 1:58PM			Navami* Until 10:28AM	Moon – Red		4th Phase	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		Subha Sivaloka Day	


2	Thursday, June 5, 2025		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Kanya Rasi: 17.51	Tithi 10 – 11	Gulika 8:27AM – 10:17AM	Hasta Until 5:06PM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Sun 23 Sutra 53
	368418571	Rahu 1:58PM – 3:49PM	Yama 4:46AM – 6:36AM	Vyatipata* Until 8:45PM	Muruga: Red	<i>Sunset:</i> 7:29PM	Visvvasu 5127
Routine Work	Marana Yoga		Vanija Until 2:08AM Fri	Nataraja: Blue		Moon 4 - Phase 7 - 23	
Until 5:06PM			Dashami Until 12:51PM	Moon – Green		4th Phase	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi		Sivaloka Day	

3	Friday, June 6, 2025		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Kanya Rasi: 29.4	Tithi 11 – 12	Gulika 6:36AM – 8:27AM	Chitra Until 8:12PM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Sun 24 Sutra 54
	368418571	Rahu 10:17AM – 12:08PM	Yama 3:49PM – 5:39PM	Variyan Until 9:48PM	Muruga: Red	<i>Sunset:</i> 7:30PM	Visvvasu 5127
Creative Work	Siddha Yoga		Bava Until 4:40AM Sat	Nataraja: Blue		Moon 4 - Phase 7 - 24	
			Ekadashi Until 3:23PM	Moon – Green		4th Phase	
				Jyeshtha-Vaikasi		Sivaloka Day	

4	Saturday, June 7, 2025		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Tula Rasi: 11.29	Tithi 12 – 13	Gulika 4:46AM – 6:36AM	Svati Until 11:04PM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Sun 25 Sutra 55
	368418571	Rahu 8:27AM – 10:17AM	Yama 1:59PM – 3:49PM	Parigha* Until 10:49PM	Muruga: Red	<i>Sunset:</i> 7:30PM	Visvvasu 5127
Creative Work	Siddha Yoga		Kaulava Until 7:04AM Sun	Nataraja: Blue		Moon 4 - Phase 7 - 25	
			Dvadashi Until 5:52PM	Moon – Green		4th Phase	
				Jyeshtha-Vaikasi		Sivaloka Day	
				<i>Pradosha Vrata</i>			

5	Sunday, June 8, 2025		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Tailita Karana Trayodashyam Titau				St. Helena, CA
	Tula Rasi: 23.2	Tithi 13	Gulika 3:50PM – 5:40PM	Vishakha Until 2:03AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	Sun 26 Sutra 56
	379418571	Rahu 5:40PM – 7:31PM	Yama 12:08PM – 1:59PM	Shiva Until 11:40PM	Muruga: Red	<i>Sunset:</i> 7:31PM	Visvvasu 5127
Routine Work	Marana Yoga		Kaulava Until 7:04AM	Nataraja: Blue		Moon 4 - Phase 7 - 26	
Until 2:03AM Mon		Vaikasi Visakam	Trayodashi Until 8:10PM	Moon – Orange		4th Phase	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi		Sivaloka Day	

6	Monday, June 9, 2025		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA
	Vrischika Rasi: 5.18	Tithi 14	Gulika 1:59PM – 3:50PM	Anuradha Until 4:33AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	Sun 27 Sutra 57
	379418571	Rahu 6:36AM – 8:27AM	Yama 10:18AM – 12:08PM	Siddha Until 12:14AM Tue	Muruga: Red	<i>Sunset:</i> 7:32PM	Visvvasu 5127
Family Home Evening			Gara Until 9:13AM	Nataraja: Blue		Moon 4 - Phase 7 - 27	
Creative Work	Siddha Yoga		Chaturdashi* Until 10:09PM	Moon – Orange		4th Phase	
Until 4:33AM Tue				Jyeshtha-Vaikasi		Sivaloka Day	
Then Routine Work - Marana Yoga							

	Tuesday, June 10, 2025		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA
	Copper Retreat Star		Gulika 12:09PM – 1:59PM	Jyeshtha* Until 6:32AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	Sun 28 Sutra 58
	Vrischika Rasi: 17.23	Tithi 15	Yama 8:27AM – 10:18AM	Sadhya Until 12:33AM Wed	Muruga: Red	<i>Sunset:</i> 7:32PM	Visvvasu 5127
379418571	Rahu 3:50PM – 5:41PM		Visti Until 11:01AM	Nataraja: Blue		Moon 4 - Phase 7 - Purnima	
Routine Work	Marana Yoga		Purnima* Until 11:46PM	Moon – Orange			
				Jyeshtha-Vaikasi		Sivaloka Day	

○	Wednesday, June 11, 2025		Visvvasu Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA
	Silver Retreat Star		Gulika 10:18AM – 12:09PM	Jyeshtha* Until 6:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM	Sun 29 Sutra 59
	Vrischika Rasi: 29.38	Tithi 16	Yama 6:36AM – 8:27AM	Subha Until 12:35AM Thu	Muruga: Red	<i>Sunset:</i> 7:33PM	Visvvasu 5127
379418571	Rahu 12:09PM – 2:00PM		Balava Until 12:27PM	Nataraja: Blue		Moon 4 - Phase 7 - Prathama	
Creative Work	Siddha Yoga		Prathama* Until 1:00AM Thu	Moon – Orange			
Until 6:32AM				Jyeshtha-Vaikasi		Sivaloka Day	
Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



Thursday, June 12, 2025
Gold Retreat Star

Dhanus Rasi: 12.02 Tithi 17
389418571
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*Purvashadha* Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:27AM – 10:18AM **Mula* Until 8:27AM**
Yama 4:45AM – 6:36AM Sukla Until 12:17AM Fri
Rahu 2:00PM – 3:51PM Taitila Until 1:30PM
Dvitiya Until 1:51AM Fri

St. Helena, CA
Sun 1 Sutra 60
Visvvasu 5127
Moon 5 - Phase 8 - 1
1st Phase
Devaloka Day
Ganesha: Purple Sunrise: 4:45AM
Muruga: Red Sunset: 7:33PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha-Vaikasi

1

Friday, June 13, 2025

Dhanus Rasi: 24.37 Tithi 18
389418571
Routine Work Prabalarishta Yoga
Until 9:51AM
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau
Gulika 6:36AM – 8:27AM **Purvashadha* Until 9:51AM**
Yama 3:51PM – 5:42PM Brahma Until 11:42PM
Rahu 10:18AM – 12:09PM Vanija Until 2:09PM
Tritiya Until 2:19AM Sat

St. Helena, CA
Sun 2 Sutra 61
Visvvasu 5127
Moon 5 - Phase 8 - 2
1st Phase
Devaloka Day
Ganesha: Purple Sunrise: 4:45AM
Muruga: Red Sunset: 7:33PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha-Vaikasi

2

Saturday, June 14, 2025

Makara Rasi: 7.22 Tithi 19
389418571
Routine Work Marana Yoga
Until 10:43AM
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau
Gulika 4:45AM – 6:36AM **Uttarashadha Until 10:43AM**
Yama 2:01PM – 3:52PM Indra Until 10:50PM
Rahu 8:27AM – 10:18AM Bava Until 2:26PM
Chaturthi* Until 2:24AM Sun

St. Helena, CA
Sun 3 Sutra 62
Visvvasu 5127
Moon 5 - Phase 8 - 3
1st Phase
Devaloka Day
Ganesha: Purple Sunrise: 4:45AM
Muruga: Red Sunset: 7:34PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha-Ani

3

Sunday, June 15, 2025

Makara Rasi: 20.19 Tithi 20
399418571
Creative Work Amrita Yoga
Until 11:31AM
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 3:52PM – 5:43PM **Shravana Until 11:31AM**
Yama 12:10PM – 2:01PM Vaidhriti* Until 9:37PM
Rahu 5:43PM – 7:34PM Kaulava Until 2:19PM
Panchami Until 2:05AM Mon

St. Helena, CA
Sun 4 Sutra 63
Visvvasu 5127
Moon 5 - Phase 8 - 4
1st Phase
Sivaloka Day
Ganesha: Clear Sunrise: 4:45AM
Muruga: Red Sunset: 7:34PM
Nataraja: Blue
Moon – Purple
Jyeshtha-Ani

4

Monday, June 16, 2025

Kumbha Rasi: 3.28 Tithi 21
391418571
Family Home Evening
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 2:01PM – 3:52PM **Dhanishtha Until 11:45AM**
Yama 10:19AM – 12:10PM Vishkambha* Until 8:05PM
Rahu 6:36AM – 8:27AM Gara Until 1:47PM
Shashthi* Until 1:20AM Tue

St. Helena, CA
Sun 5 Sutra 64
Visvvasu 5127
Moon 5 - Phase 8 - 5
1st Phase
Sivaloka Day
Ganesha: Yellow Sunrise: 4:45AM
Muruga: Red Sunset: 7:35PM
Nataraja: Blue
Moon – Purple
Jyeshtha-Ani

5

Tuesday, June 17, 2025

Kumbha Rasi: 16.51 Tithi 22
391418571
Routine Work Marana Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shalabhishak/Purvaproshtapada* Nakshatra Priti Yoga Visli*/Bava Karana Saptamyam Titau
Gulika 12:10PM – 2:01PM **Shatabhishak Until 11:25AM**
Yama 8:28AM – 10:19AM Priti Until 6:12PM
Rahu 3:52PM – 5:44PM Visli Until 12:49PM
Saptami Until 12:08AM Wed

St. Helena, CA
Sun 6 Sutra 65
Visvvasu 5127
Moon 5 - Phase 8 - 6
1st Phase
Sivaloka Day
Ganesha: Yellow Sunrise: 4:45AM
Muruga: Red Sunset: 7:35PM
Nataraja: Blue
Moon – Purple
Jyeshtha-Ani

D

Wednesday, June 18, 2025

Retreat Star

Meena Rasi: 0.3 Tithi 23
311418571
Creative Work Amrita Yoga
Until 10:54AM
Then Creative Work - Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttarproshthapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 10:19AM – 12:10PM **Purvaproshtapada* Until 10:54AM**
Yama 6:36AM – 8:28AM Ayushman Until 3:54PM
Rahu 12:10PM – 2:01PM Balava Until 11:23AM
Ashtami* Until 10:28PM

St. Helena, CA
Sun 7 Sutra 66
Visvvasu 5127
Moon 5 - Phase 8 - 7
Ashtami
Sivaloka Day
Ganesha: Clear Sunrise: 4:45AM
Muruga: Red Sunset: 7:35PM
Nataraja: Blue
Moon – Clear
Jyeshtha-Ani

Thursday, June 19, 2025

Retreat Star

Meena Rasi: 14.26 Tithi 24
311418571
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarproshthapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau
Gulika 8:28AM – 10:19AM **Uttarproshthapada Until 9:47AM**
Yama 4:45AM – 6:37AM Saubhagya Until 1:15PM
Rahu 2:02PM – 3:53PM Taitila Until 9:29AM
Navami* Until 8:21PM

St. Helena, CA
Sun 8 Sutra 67
Visvvasu 5127
Moon 5 - Phase 8 - 8
Navami
Sivaloka Day
Ganesha: Clear Sunrise: 4:45AM
Muruga: Red Sunset: 7:36PM
Nataraja: Blue
Moon – Clear
Jyeshtha-Ani

1		Thursday, June 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA Sun 15 Sutra 74
Mithuna Rasi: 26.22	Tithi 2	Gulika 8:30AM – 10:21AM	Punarvasu Until 5:52PM	Ganesha: White	<i>Sunrise:</i> 4:47AM		Visvvasu 5127	
		Yama 4:47AM – 6:38AM	Dhruva Until 10:09AM	Muruga: Red	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10 - 15		3rd Phase
Creative Work	Amrita Yoga	342518571 Rahu 2:03PM – 3:54PM	Balava Until 10:50AM	Nataraja: Blue				Devaloka Day
			Dvitiya Until 9:51PM	Moon – Blue				Ashada*Ani

2		Friday, June 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 75
Kataka Rasi: 10.2	Tithi 3	Gulika 6:39AM – 8:30AM	Pushya Until 5:06PM	Ganesha: White	<i>Sunrise:</i> 4:48AM		Visvvasu 5127	
		Yama 3:54PM – 5:46PM	Vyaghata* Until 7:39AM	Muruga: Red	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10 - 16		3rd Phase
Routine Work	Marana Yoga	342518571 Rahu 10:21AM – 12:12PM	Taitila Until 9:04AM	Nataraja: Blue				Devaloka Day
			Tritiya Until 8:25PM	Moon – Blue				Ashada*Ani

3		Saturday, June 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA Sun 17 Sutra 76
Kataka Rasi: 23.53	Tithi 4	Gulika 4:48AM – 6:39AM	Ashlesha* Until 4:55PM	Ganesha: White	<i>Sunrise:</i> 4:48AM		Visvvasu 5127	
		Yama 2:03PM – 3:54PM	Vajra* Until 4:28AM Sun	Muruga: Red	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10 - 17		3rd Phase
Routine Work	Marana Yoga	342518571 Rahu 8:30AM – 10:21AM	Vanija Until 8:01AM	Nataraja: Blue				Devaloka Day
Until 4:55PM			Chaturthi* Until 7:46PM	Moon – Blue				Ashada*Ani
Then Creative Work - Amrita Yoga								

4		Sunday, June 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 18 Sutra 77
Simha Rasi: 6.59	Tithi 5	Gulika 3:55PM – 5:46PM	Magha* Until 5:52PM	Ganesha: Clear	<i>Sunrise:</i> 4:48AM		Visvvasu 5127	
		Yama 12:12PM – 2:04PM	Siddhi Until 3:51AM Mon	Muruga: Red	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10 - 18		3rd Phase
Routine Work	Marana Yoga	352518571 Rahu 5:46PM – 7:37PM	Bava Until 7:46AM	Nataraja: Blue				Sivaloka Day
Until 5:52PM			Panchami Until 7:57PM	Moon – Red				Ashada*Ani
Then Creative Work - Siddha Yoga								

5		Monday, June 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA Sun 19 Sutra 78
Simha Rasi: 19.42	Tithi 6	Gulika 2:04PM – 3:55PM	Purvaphalguni Until 7:26PM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM		Visvvasu 5127	
Family Home Evening		Yama 10:22AM – 12:13PM	Vyatipata* Until 3:52AM Tue	Muruga: Red	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10 - 19		3rd Phase
Creative Work	Siddha Yoga	352518571 Rahu 6:40AM – 8:31AM	Kaulava Until 8:21AM	Nataraja: Blue				Sivaloka Day
			Shashthi* Until 8:55PM	Moon – Red				Ashada*Ani

6		Tuesday, July 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA Sun 20 Sutra 79
Kanya Rasi: 2.04	Tithi 7	Gulika 12:13PM – 2:04PM	Uttaraphalguni Until 9:31PM	Ganesha: Clear	<i>Sunrise:</i> 4:49AM		Visvvasu 5127	
		Yama 8:31AM – 10:22AM	Variyan Until 4:20AM Wed	Muruga: Red	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 10 - 20		3rd Phase
Creative Work	Amrita Yoga	352518571 Rahu 3:55PM – 5:46PM	Gara Until 9:41AM	Nataraja: Blue				Sivaloka Day
Until 9:31PM			Saptami Until 10:34PM	Moon – Red				Ashada*Ani
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam						

Retreat Star		Wednesday, July 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 80
Kanya Rasi: 14.09	Tithi 8	Gulika 10:22AM – 12:13PM	Hasta Until 12:25AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:50AM		Visvvasu 5127	
		Yama 6:41AM – 8:31AM	Parigha* Until 5:09AM Thu	Muruga: Red	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10 - 21		Ashtami
Routine Work	Marana Yoga	362518571 Rahu 12:13PM – 2:04PM	Visti Until 11:37AM	Nataraja: Blue				Devaloka Day
Until 12:25AM Thu			Ashtami* Until 12:43AM Thu	Moon – Green				Ashada*Ani
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, July 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 22 Sutra 81
Kanya Rasi: 26.05	Tithi 9	Gulika 8:32AM – 10:22AM	Chitra Until 3:24AM Fri	Ganesha: Purple	<i>Sunrise:</i> 4:50AM		Visvvasu 5127	
		Yama 4:50AM – 6:41AM	Shiva Until 6:09AM Fri	Muruga: Red	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 10 - 22		Navami
Creative Work	Siddha Yoga	362518571 Rahu 2:04PM – 3:55PM	Balava Until 1:56PM	Nataraja: Blue				Devaloka Day
			Navami* Until 3:07AM Fri	Moon – Green				Ashada*Ani

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/19/23

www.gurudeva.org/panchang

1		Friday, July 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 23 Sutra 82
Tula Rasi: 7.56	Tithi 10	Gulika 6:41AM – 8:32AM	Svati Until 6:14AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Visvvasu 5127		
		Yama 3:55PM – 5:45PM	Shiva Until 6:09AM	Muruga: Red	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 11 - 23		
Creative Work	Siddha Yoga	362518571 Rahu 10:23AM – 12:13PM	Taitila Until 4:22PM	Nataraja: Blue		4th Phase		
			Dashami Until 5:33AM Sat	Moon – Green		Devaloka Day		
				Ashada*Ani				


2		Saturday, July 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mantla Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Vanija Karana Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 83
Tula Rasi: 19.47	Tithi 11	Gulika 4:51AM – 6:42AM	Svati Until 6:14AM	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Visvvasu 5127		
		Yama 2:04PM – 3:55PM	Siddha Until 7:07AM	Muruga: Red	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 11 - 24		
Creative Work	Siddha Yoga	362518571 Rahu 8:32AM – 10:23AM	Vanija Until 6:44PM	Nataraja: Blue		4th Phase		
			Ekadashi Until 7:47AM Sun	Moon – Green		Devaloka Day		
				Ashada*Ani				

3		Sunday, July 6, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 84
Vrischika Rasi: 1.43	Tithi 11 – 12	Gulika 3:55PM – 5:45PM	Vishakha Until 9:13AM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Visvvasu 5127		
		Yama 12:14PM – 2:04PM	Sadhya Until 7:57AM	Muruga: Red	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 11 - 25		
Routine Work	Marana Yoga	472518571 Rahu 5:45PM – 7:36PM	Bava Until 8:49PM	Nataraja: Blue		4th Phase		
			Ekadashi Until 7:47AM	Moon – Orange		Devaloka Day		
				Ashada*Ani				

4		Monday, July 7, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 85
Vrischika Rasi: 13.46	Tithi 12 – 13	Gulika 2:04PM – 3:55PM	Anuradha Until 11:42AM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Visvvasu 5127		
Family Home Evening		Yama 10:24AM – 12:14PM	Subha Until 8:33AM	Muruga: Red	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 11 - 26		
Creative Work	Siddha Yoga	472518571 Rahu 6:43AM – 8:33AM	Kaulava Until 10:31PM	Nataraja: Blue		4th Phase		
			Dvadashi Until 9:42AM	Moon – Orange		Devaloka Day		
				Ashada*Ani				

Pradosha Vrata

5		Tuesday, July 8, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 86
Vrischika Rasi: 25.59	Tithi 13 – 14	Gulika 12:14PM – 2:04PM	Jyeshtha* Until 1:36PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Visvvasu 5127		
		Yama 8:34AM – 10:24AM	Sukla Until 8:47AM	Muruga: Red	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 11 - 27		
Routine Work	Marana Yoga	472518571 Rahu 3:55PM – 5:45PM	Gara Until 11:45PM	Nataraja: Blue		4th Phase		
Until 1:36PM			Trayodashi Until 11:10AM	Moon – Orange		Devaloka Day		
Then Creative Work - Amrita Yoga				Ashada*Ani				

		Wednesday, July 9, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA Sutra 87
Dhanus Rasi: 8.25	Tithi 14 – 15	Gulika 10:24AM – 12:14PM	Mula* Until 3:21PM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Visvvasu 5127		
		Yama 6:44AM – 8:34AM	Brahma Until 8:39AM	Muruga: Red	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 11 - Purnima		
Routine Work	Marana Yoga	482518571 Rahu 12:14PM – 2:04PM	Visti Until 12:29AM Thu	Nataraja: Blue				
Until 3:21PM			Chaturdashi* Until 12:09PM	Moon – Light Blue		Sivaloka Day		
Then Creative Work - Amrita Yoga		Satguru Purnima		Ashada*Ani				

Thursday, July 10, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA Sutra 88
Silver Retreat Star		Gulika 8:34AM – 10:24AM	Purvashadha* Until 4:28PM	Ganesha: White	<i>Sunrise:</i> 4:54AM	Visvvasu 5127
Dhanus Rasi: 21.04	Tithi 15 – 16	Yama 4:54AM – 6:44AM	Indra Until 8:09AM	Muruga: Red	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 11 - Prathama
Creative Work	Siddha Yoga	483518571 Rahu 2:04PM – 3:54PM	Balava Until 12:45AM Fri	Nataraja: Blue		
Until 4:28PM			Purnima* Until 12:40PM	Moon – Light Blue		Subha Sivaloka Day
Then Routine Work - Marana Yoga				Ashada*Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/19/23

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Friday, July 11, 2025
Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti/Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Tilau

St. Helena, CA

Sutra 89

Makara Rasi: 3.56 Tithi 16 – 17

493518571

Gulika 6:45AM – 8:35AM
Yama 3:54PM – 5:44PM
Rahu 10:25AM – 12:14PM

Uttarashadha Until 4:59PM
Vaidhriti* Until 7:15AM
Taitila Until 12:35AM Sat
Prathama* Until 12:42PM

Ganesha: White *Sunrise:* 4:55AM
Muruga: Red *Sunset:* 7:34PM
Nataraja: Blue
Moon – Light Blue
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

1

Saturday, July 12, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Dvitya/Tritiyayam Tilau

St. Helena, CA

Sun 1 Sutra 90

Makara Rasi: 17.02 Tithi 17 – 18

493518571

Gulika 4:56AM – 6:45AM
Yama 2:04PM – 3:54PM
Rahu 8:35AM – 10:25AM

Shravana Until 5:24PM
Vishkambha* Until 6:02AM
Vanija Until 12:01AM Sun
Dvitya Until 12:19PM

Ganesha: Yellow *Sunrise:* 4:56AM
Muruga: Red *Sunset:* 7:34PM
Nataraja: Blue
Moon – Purple
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Sunday, July 13, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Visti/Bava Karana Tritiya/Chaturtham Tilau

St. Helena, CA

Sun 2 Sutra 91

Kumbha Rasi: 0.19 Tithi 18 – 19

493518571

Gulika 3:54PM – 5:44PM
Yama 12:15PM – 2:04PM
Rahu 5:44PM – 7:33PM

Dhanishtha Until 5:19PM
Ayushman Until 2:43AM Mon
Bava Until 11:06PM
Tritiya Until 11:35AM

Ganesha: Yellow *Sunrise:* 4:56AM
Muruga: Red *Sunset:* 7:33PM
Nataraja: Blue
Moon – Purple
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 2 1st Phase

Routine Work Marana Yoga

Sivaloka Day

Until 5:19PM

Then Creative Work - Siddha Yoga

3

Monday, July 14, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilau

St. Helena, CA

Sun 3 Sutra 92

Kumbha Rasi: 13.47 Tithi 19 – 20

493518571

Gulika 2:04PM – 3:54PM
Yama 10:25AM – 12:15PM
Rahu 6:46AM – 8:36AM

Shatabhishak Until 4:47PM
Saubhagya Until 12:41AM Tue
Kaulava Until 9:53PM
Chaturthi* Until 10:31AM

Ganesha: Yellow *Sunrise:* 4:57AM
Muruga: Red *Sunset:* 7:33PM
Nataraja: Blue
Moon – Purple
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 3 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 4:47PM

Then Routine Work - Marana Yoga

4

Tuesday, July 15, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Tilau

St. Helena, CA

Sun 4 Sutra 93

Kumbha Rasi: 27.26 Tithi 20 – 21

413618571

Gulika 12:15PM – 2:04PM
Yama 8:36AM – 10:26AM
Rahu 3:54PM – 5:43PM

Purvaproshtapada* Until 4:15PM
Sobhana Until 10:26PM
Gara Until 8:23PM
Panchami Until 9:09AM

Ganesha: Purple *Sunrise:* 4:58AM
Muruga: Red *Sunset:* 7:32PM
Nataraja: Blue
Moon – Clear
Ashada*Ani

Visvvasu 5127
Moon 6 - Phase 12 - 4 1st Phase

Routine Work Marana Yoga

Devaloka Day

Until 4:15PM

Then Creative Work - Amrita Yoga

5

Wednesday, July 16, 2025

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Tilau

St. Helena, CA

Sun 5 Sutra 94

Meena Rasi: 11.15 Tithi 21 – 22

413618572

Gulika 10:26AM – 12:15PM
Yama 6:48AM – 8:37AM
Rahu 12:15PM – 2:04PM

Uttaraproshtapada Until 3:19PM
Athiganda* Until 7:56PM
Visti Until 6:38PM
Shashthi* Until 7:32AM

Ganesha: Purple *Sunrise:* 4:58AM
Muruga: Red *Sunset:* 7:32PM
Nataraja: Yellow
Moon – Clear
Ashada*Adi

Visvvasu 5127
Moon 6 - Phase 12 - 5 1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Until 3:19PM

Then Routine Work - Marana Yoga

Devaloka Time: 3:PM to 6:PM

D

Thursday, July 17, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Tilau

St. Helena, CA

Sun 6 Sutra 95

Meena Rasi: 25.13 Tithi 23

413618572

Gulika 8:37AM – 10:26AM
Yama 4:59AM – 6:48AM
Rahu 2:04PM – 3:53PM

Revati Until 1:59PM
Sukarma Until 5:16PM
Balava Until 4:38PM
Ashtami* Until 3:32AM Fri

Ganesha: Purple *Sunrise:* 4:59AM
Muruga: Red *Sunset:* 7:31PM
Nataraja: Yellow
Moon – Clear
Ashada*Adi

Visvvasu 5127
Moon 6 - Phase 12 - 6 Ashtami

Creative Work Siddha Yoga

Bhuloka Day

Until 1:59PM

Then Creative Work - Amrita Yoga

Devaloka Time: 3:PM to 6:PM

Friday, July 18, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Tilau

St. Helena, CA

Sun 7 Sutra 96

Mesha Rasi: 9.2 Tithi 24

423618572

Gulika 6:49AM – 8:37AM
Yama 3:53PM – 5:42PM
Rahu 10:26AM – 12:15PM

Ashvini Until 12:43PM
Dhriti Until 2:26PM
Taitila Until 2:25PM
Navami* Until 1:13AM Sat

Ganesha: Clear *Sunrise:* 5:00AM
Muruga: Red *Sunset:* 7:30PM
Nataraja: Yellow
Moon – White
Ashada*Adi

Visvvasu 5127
Moon 6 - Phase 12 - 7 Navami

Creative Work Amrita Yoga

Devaloka Day

Until 12:43PM

Then Creative Work - Siddha Yoga

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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1	Saturday, July 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantla Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				St. Helena, CA Sun 8 Sutra 97
	Mesha Rasi: 23.36	Tithi 25	Gulika 5:01AM – 6:49AM	Bharani Until 11:07AM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Visvvasu 5127
			Yama 2:04PM – 3:53PM	Shula* Until 11:24AM	Muruga: Red	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13 - 8
		423618572	Rahu 8:38AM – 10:27AM	Vanija Until 12:01PM	Nataraja: Yellow		2nd Phase
Creative Work Siddha Yoga Until 11:07AM Then Creative Work - Amrita Yoga			Dashami Until 10:45PM		Ashada*Adi		Devaloka Day

2	Sunday, July 20, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA Sun 9 Sutra 98
	Vishabha Rasi: 7.57	Tithi 26	Gulika 3:52PM – 5:41PM	Krittika Until 9:15AM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Visvvasu 5127
			Yama 12:15PM – 2:04PM	Ganda* Until 8:18AM	Muruga: Red	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13 - 9
		423618572	Rahu 5:41PM – 7:29PM	Bava Until 9:29AM	Nataraja: Yellow		2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 8:11PM		Ashada*Adi		Devaloka Day

3	Monday, July 21, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 10 Sutra 99
	Vishabha Rasi: 22.2	Tithi 27 – 28	Gulika 2:04PM – 3:52PM	Rohini Until 7:38AM	Ganesha: White	<i>Sunrise:</i> 5:02AM	Visvvasu 5127
	Family Home Evening		Yama 10:27AM – 12:15PM	Dhruva Until 2:02AM Tue	Muruga: Red	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13 - 10
		433618572	Rahu 6:50AM – 8:39AM	Kaulava Until 6:55AM	Nataraja: Yellow		2nd Phase
Creative Work Amrita Yoga			Dvadashi* Until 5:38PM		Ashada*Adi		Bhuloka Day Devaloka Time: 3:PM to 6:PM
<i>Pradosha Vrata (Fasting)</i>							

4	Tuesday, July 22, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 11 Sutra 100
	Mithuna Rasi: 6.42	Tithi 28 – 29	Gulika 12:15PM – 2:03PM	Ardra Until 4:15AM Wed	Ganesha: White	<i>Sunrise:</i> 5:03AM	Visvvasu 5127
			Yama 8:39AM – 10:27AM	Vyaghata* Until 11:03PM	Muruga: Red	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13 - 11
		433618572	Rahu 3:52PM – 5:40PM	Visti Until 2:04AM Wed	Nataraja: Yellow		2nd Phase
Routine Work Marana Yoga Until 4:15AM Wed Then Creative Work - Siddha Yoga			Trayodashi* Until 3:11PM		Ashada*Adi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

●	Wednesday, July 23, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA Sun 12 Sutra 101
	Retreat Star		Gulika 10:27AM – 12:15PM	Punarvasu Until 3:12AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:04AM	Visvvasu 5127
	Mithuna Rasi: 20.56	Tithi 29 – 30	Yama 6:52AM – 8:40AM	Harshana Until 8:20PM	Muruga: Red	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13 - 12
		443618572	Rahu 12:15PM – 2:03PM	Catuspada Until 12:02AM Thu	Nataraja: Yellow		Amavasya
Creative Work Siddha Yoga Until 3:12AM Thu Then Creative Work - Amrita Yoga			Chaturdashi* Until 12:59PM		Ashada*Adi		Bhuloka Day Devaloka Time: 3:PM to 6:PM

●	Thursday, July 24, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA Sun 13 Sutra 102
	Retreat Star		Gulika 8:40AM – 10:28AM	Pushya Until 2:28AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:05AM	Visvvasu 5127
	Kataka Rasi: 4.56	Tithi 30 – 1	Yama 5:05AM – 6:52AM	Vajra* Until 5:55PM	Muruga: Red	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13 - 13
		444618572	Rahu 2:03PM – 3:51PM	Kintughna Until 10:27PM	Nataraja: Yellow		Prathama
Creative Work Amrita Yoga Until 2:28AM Fri Then Routine Work - Marana Yoga			Amavasya* Until 11:10AM		Moon – Blue Sravana*Adi		Devaloka Day

1	Friday, July 25, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA
	Kataka Rasi: 18.39	Tithi 1 – 2	Gulika 6:53AM – 8:40AM Yama 3:50PM – 5:38PM Rahu 10:28AM – 12:15PM	Ashlesha* Until 2:10AM Sat Siddhi Until 3:58PM Balava Until 9:27PM Prathama* Until 9:51AM	Ganesha: Orange Muruga: Red Nataraja: Yellow Moon – Blue	Sunrise: 5:05AM Sunset: 7:25PM	Sun 14 Sutra 103 Visvvasu 5127 Moon 6 - Phase 14 - 14 3rd Phase
	Routine Work	Marana Yoga					Devaloka Day

2	Saturday, July 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA
	Simha Rasi: 2.01	Tithi 2 – 3	Gulika 5:06AM – 6:54AM Yama 2:03PM – 3:50PM Rahu 8:41AM – 10:28AM	Magha* Until 2:51AM Sun Vyatipata* Until 2:34PM Taitila Until 9:06PM Dvitiya Until 9:10AM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon – Red	Sunrise: 5:06AM Sunset: 7:25PM	Sun 15 Sutra 104 Visvvasu 5127 Moon 6 - Phase 14 - 15 3rd Phase
	Creative Work	Amrita Yoga					Devaloka Day

3	Sunday, July 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				St. Helena, CA
	Simha Rasi: 15.01	Tithi 3 – 4	Gulika 3:50PM – 5:37PM Yama 12:15PM – 2:02PM Rahu 5:37PM – 7:24PM	Purvaphalguni Until 4:05AM Mon Variyan Until 1:42PM Vanija Until 9:30PM Tritiya Until 9:11AM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon – Red	Sunrise: 5:07AM Sunset: 7:24PM	Sun 16 Sutra 105 Visvvasu 5127 Moon 6 - Phase 14 - 16 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day

4	Monday, July 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA
	Simha Rasi: 27.39	Tithi 4 – 5	Gulika 2:02PM – 3:49PM Yama 10:28AM – 12:15PM Rahu 6:55AM – 8:42AM	Uttaraphalguni Until 5:50AM Tue Parigha* Until 1:24PM Bava Until 10:35PM Chaturthi* Until 9:56AM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon – Red	Sunrise: 5:08AM Sunset: 7:23PM	Sun 17 Sutra 106 Visvvasu 5127 Moon 6 - Phase 14 - 17 3rd Phase
	Family Home Evening						Devaloka Day

5	Tuesday, July 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA
	Kanya Rasi: 9.59	Tithi 5 – 6	Gulika 12:15PM – 2:02PM Yama 8:42AM – 10:29AM Rahu 3:49PM – 5:35PM	Hasta Until 8:27AM Wed Shiva Until 1:38PM Kaulava Until 12:17AM Wed Panchami Until 11:21AM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon – Red	Sunrise: 5:09AM Sunset: 7:22PM	Sun 18 Sutra 107 Visvvasu 5127 Moon 6 - Phase 14 - 18 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day

6	Wednesday, July 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA
	Kanya Rasi: 22.05	Tithi 6 – 7	Gulika 10:29AM – 12:15PM Yama 6:56AM – 8:42AM Rahu 12:15PM – 2:02PM	Hasta Until 8:27AM Siddha Until 2:14PM Gara Until 2:26AM Thu Shashthi* Until 1:18PM	Ganesha: Purple Muruga: Red Nataraja: Yellow Moon – Green	Sunrise: 5:10AM Sunset: 7:21PM	Sun 19 Sutra 108 Visvvasu 5127 Moon 6 - Phase 14 - 19 3rd Phase
	Routine Work	Marana Yoga					Sivaloka Day

7	Thursday, July 31, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Saplami/Ashtamyam Titau				St. Helena, CA
	Tula Rasi: 4.02	Tithi 7 – 8	Gulika 8:43AM – 10:29AM Yama 5:10AM – 6:57AM Rahu 2:01PM – 3:48PM	Chitra Until 11:16AM Sadhya Until 3:06PM Visti Until 4:47AM Fri Saptami Until 3:34PM	Ganesha: Purple Muruga: Red Nataraja: Yellow Moon – Green	Sunrise: 5:10AM Sunset: 7:20PM	Sun 20 Sutra 109 Visvvasu 5127 Moon 6 - Phase 14 - 20 3rd Phase
	Creative Work	Siddha Yoga					Sivaloka Day

8	Friday, August 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
	Tula Rasi: 15.55	Tithi 8 – 9	Gulika 6:57AM – 8:43AM Yama 3:47PM – 5:33PM Rahu 10:29AM – 12:15PM	Svati Until 2:03PM Subha Until 4:03PM Balava Until 7:08AM Sat Ashtami* Until 5:57PM	Ganesha: Purple Muruga: Red Nataraja: Yellow Moon – Green	Sunrise: 5:11AM Sunset: 7:19PM	Sun 21 Sutra 110 Visvvasu 5127 Moon 6 - Phase 14 - 21 Ashtami
	Creative Work	Siddha Yoga					Sivaloka Day

9	Saturday, August 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA
	Tula Rasi: 27.49	Tithi 9	Gulika 5:12AM – 6:58AM Yama 2:01PM – 3:47PM Rahu 8:44AM – 10:29AM	Vishakha Until 5:05PM Sukla Until 4:54PM Balava Until 7:08AM Navami* Until 8:13PM	Ganesha: Clear Muruga: Blue Nataraja: Yellow Moon – Orange	Sunrise: 5:12AM Sunset: 7:18PM	Sun 22 Sutra 111 Visvvasu 5127 Moon 6 - Phase 14 - 22 Navami
	Creative Work	Siddha Yoga					Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1		Sunday, August 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 23 Sutra 112
Vischika Rasi: 9.46	Tithi 10	Gulika	3:46PM – 5:32PM	Anuradha Until 7:41PM	Ganesha: Clear	<i>Sunrise:</i> 5:13AM		Visvvasu 5127
		Yama	12:15PM – 2:01PM	Brahma Until 5:33PM	Muruga: Blue	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 15 - 23	4th Phase
Routine Work	Marana Yoga	474628572 Rahu	5:32PM – 7:17PM	Taitila Until 9:16AM	Nataraja: Yellow			
				Dashami Until 10:11PM	Moon – Orange		Sivaloka Day	
					Sravana*Adi			

2		Monday, August 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 113
Vischika Rasi: 21.53	Tithi 11	Gulika	2:00PM – 3:45PM	Jyeshtha* Until 9:41PM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM		Visvvasu 5127
Family Home Evening		Yama	10:30AM – 12:15PM	Indra Until 5:53PM	Muruga: Blue	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 15 - 24	4th Phase
Creative Work	Siddha Yoga	474628572 Rahu	6:59AM – 8:44AM	Vanija Until 11:01AM	Nataraja: Yellow			
				Ekadashi Until 11:41PM	Moon – Orange		Sivaloka Day	
					Sravana*Adi			

3		Tuesday, August 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 114
Dhanus Rasi: 4.12	Tithi 12	Gulika	12:15PM – 2:00PM	Mula* Until 11:29PM	Ganesha: Yellow	<i>Sunrise:</i> 5:15AM		Visvvasu 5127
		Yama	8:45AM – 10:30AM	Vaidhriti* Until 5:46PM	Muruga: Blue	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 15 - 25	4th Phase
Creative Work	Amrita Yoga	485628572 Rahu	3:45PM – 5:30PM	Bava Until 12:16PM	Nataraja: Yellow			
Until 11:29PM				Dvadashi Until 12:39AM Wed	Moon – Light Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga					Sravana*Adi			

4		Wednesday, August 6, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 115
Dhanus Rasi: 16.46	Tithi 13	Gulika	10:30AM – 12:15PM	Purvashadha* Until 12:32AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM		Visvvasu 5127
		Yama	7:00AM – 8:45AM	Vishkambha* Until 5:12PM	Muruga: Blue	<i>Sunset:</i> 7:14PM	Moon 6 - Phase 15 - 26	4th Phase
Creative Work	Amrita Yoga	485628572 Rahu	12:15PM – 1:59PM	Kaulava Until 12:55PM	Nataraja: Yellow			
Until 12:32AM Thu				Trayodashi Until 1:00AM Thu	Moon – Light Blue		Sivaloka Day	
Then Routine Work - Marana Yoga					Sravana*Adi			
					<i>Pradosha Vrata</i>			

5		Thursday, August 7, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 116
Dhanus Rasi: 29.36	Tithi 14	Gulika	8:46AM – 10:30AM	Uttarashadha Until 12:51AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:17AM		Visvvasu 5127
		Yama	5:17AM – 7:01AM	Priti Until 4:11PM	Muruga: Blue	<i>Sunset:</i> 7:13PM	Moon 6 - Phase 15 - 27	4th Phase
Routine Work	Marana Yoga	485628572 Rahu	1:59PM – 3:44PM	Gara Until 12:58PM	Nataraja: Yellow			
				Chaturdashi* Until 12:46AM Fri	Moon – Light Blue		Sivaloka Day	
					Sravana*Adi			

		Friday, August 8, 2025		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				St. Helena, CA Sutra 117
Makara Rasi: 12.44	Tithi 15	Gulika	7:02AM – 8:46AM	Shravana Until 12:57AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:17AM		Visvvasu 5127
		Yama	3:43PM – 5:27PM	Ayushman Until 2:41PM	Muruga: Blue	<i>Sunset:</i> 7:12PM	Moon 6 - Phase 15 -	Purnima
Routine Work	Marana Yoga	495628572 Rahu	10:30AM – 12:14PM	Visti Until 12:27PM	Nataraja: Yellow			
Until 12:57AM Sat				Purnima* Until 11:59PM	Moon – Purple		Devaloka Day	
Then Creative Work - Siddha Yoga					Sravana*Adi			
					Varalakshmi Vratam			

Saturday, August 9, 2025		Silver Retreat Star		Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA Sutra 118
Makara Rasi: 26.1	Tithi 16	Gulika	5:18AM – 7:02AM	Dhanishtha Until 12:25AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM		Visvvasu 5127
		Yama	1:58PM – 3:42PM	Saubhagya Until 12:47PM	Muruga: Blue	<i>Sunset:</i> 7:10PM	Moon 6 - Phase 15 -	Prathama
Creative Work	Siddha Yoga	495728572 Rahu	8:46AM – 10:30AM	Balava Until 11:26AM	Nataraja: Yellow			
				Prathama* Until 10:44PM	Moon – Purple		Sivaloka Day	
					Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/19/23

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Sunday, August 10, 2025
Gold Retreat Star

Kumbha Rasi: 9.52 Tithi 17
Creative Work Siddha Yoga

495728572
Gulika 3:42PM – 5:25PM
Yama 12:14PM – 1:58PM
Rahu 5:25PM – 7:09PM

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Shatabhishak Until 11:22PM
Sobhana Until 10:34AM
Taitila Until 9:58AM
Dvitiya Until 9:06PM

St. Helena, CA
Sun 1 Sutra 119
Visvvasu 5127
Moon 7 - Phase 16 - 1
1st Phase

Sivaloka Day

Ganesha: Yellow Sunrise: 5:19AM
Muruga: Blue Sunset: 7:09PM
Nataraja: Yellow
Moon – Purple
Sravana-Adi

1

Monday, August 11, 2025

Kumbha Rasi: 23.46 Tithi 18
Family Home Evening
Routine Work Marana Yoga
Until 10:21PM
Then Creative Work - Siddha Yoga

415728572
Gulika 1:58PM – 3:41PM
Yama 10:31AM – 12:14PM
Rahu 7:04AM – 8:47AM

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Purvaproshtapada* Until 10:21PM
Athiganda* Until 8:03AM
Vanija Until 8:11AM
Tritiya Until 7:11PM

St. Helena, CA
Sun 2 Sutra 120
Visvvasu 5127
Moon 7 - Phase 16 - 2
1st Phase

Sivaloka Day

Ganesha: Clear Sunrise: 5:20AM
Muruga: Blue Sunset: 7:07PM
Nataraja: Yellow
Moon – Clear
Sravana-Adi

2

Tuesday, August 12, 2025

Meena Rasi: 7.49 Tithi 19 – 20
Creative Work Amrita Yoga
Until 9:00PM
Then Creative Work - Siddha Yoga

415728572
Gulika 12:14PM – 1:57PM
Yama 8:47AM – 10:31AM
Rahu 3:40PM – 5:24PM

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Uttaraproshtapada Until 9:00PM
Dhriti Until 2:33AM Wed
Bava Until 6:10AM
Chaturthi* Until 5:04PM

St. Helena, CA
Sun 3 Sutra 121
Visvvasu 5127
Moon 7 - Phase 16 - 3
1st Phase

Sivaloka Day

Ganesha: Clear Sunrise: 5:21AM
Muruga: Blue Sunset: 7:07PM
Nataraja: Yellow
Moon – Clear
Sravana-Adi

3

Wednesday, August 13, 2025

Meena Rasi: 21.59 Tithi 20 – 21
Routine Work Marana Yoga

415728572
Gulika 10:31AM – 12:14PM
Yama 7:05AM – 8:48AM
Rahu 12:14PM – 1:57PM

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Shula* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Revati Until 7:24PM
Shula* Until 11:38PM
Gara Until 1:44AM Thu
Panchami Until 2:51PM

St. Helena, CA
Sun 4 Sutra 122
Visvvasu 5127
Moon 7 - Phase 16 - 4
1st Phase

Sivaloka Day

Ganesha: Clear Sunrise: 5:22AM
Muruga: Blue Sunset: 7:06PM
Nataraja: Yellow
Moon – Clear
Sravana-Adi

4

Thursday, August 14, 2025

Mesha Rasi: 6.11 Tithi 21 – 22
Creative Work Amrita Yoga
Until 6:03PM
Then Creative Work - Siddha Yoga

425728572
Gulika 8:48AM – 10:31AM
Yama 5:23AM – 7:05AM
Rahu 1:56PM – 3:39PM

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Ashvini Until 6:03PM
Ganda* Until 8:43PM
Visti Until 11:27PM
Shashthi* Until 12:35PM

St. Helena, CA
Sun 5 Sutra 123
Visvvasu 5127
Moon 7 - Phase 16 - 5
1st Phase

Subha Sivaloka Day

Ganesha: Purple Sunrise: 5:23AM
Muruga: Blue Sunset: 7:04PM
Nataraja: Yellow
Moon – White
Sravana-Adi

5

Friday, August 15, 2025
Retreat Star

Mesha Rasi: 20.24 Tithi 22 – 23
Creative Work Siddha Yoga

426728572
Gulika 7:06AM – 8:48AM
Yama 3:38PM – 5:21PM
Rahu 10:31AM – 12:13PM

Visvvasu Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Bharani Until 4:34PM
Vriddhi Until 5:50PM
Balava Until 9:12PM
Saptami Until 10:18AM

St. Helena, CA
Sun 6 Sutra 124
Visvvasu 5127
Moon 7 - Phase 16 - 6
Ashtami

Sivaloka Day

Krishna Janmashtami Sravana-Adi

Ganesha: Clear Sunrise: 5:24AM
Muruga: Blue Sunset: 7:03PM
Nataraja: Yellow
Moon – White
Sravana-Adi

Saturday, August 16, 2025
Retreat Star

Vrishabha Rasi: 4.35 Tithi 23 – 24
Creative Work Amrita Yoga

426728572
Gulika 5:24AM – 7:07AM
Yama 1:55PM – 3:37PM
Rahu 8:49AM – 10:31AM

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Krittika Until 3:00PM
Dhruva Until 2:58PM
Taitila Until 7:01PM
Ashtami* Until 8:05AM

St. Helena, CA
Sun 7 Sutra 125
Visvvasu 5127
Moon 7 - Phase 16 - 7
Navami

Sivaloka Day

Ganesha: Clear Sunrise: 5:24AM
Muruga: Blue Sunset: 7:02PM
Nataraja: Yellow
Moon – White
Sravana-Avani

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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1		Sunday, August 17, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
Wishabha Rasi: 18.44		Tithi 25		Rohini/Mrigashira Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 126
Creative Work		Siddha Yoga		Gulika 3:37PM – 5:19PM	Rohini Until 1:49PM	Ganesha: Clear <i>Sunrise:</i> 5:25AM	Visvvasu 5127	
		536728572		Yama 12:13PM – 1:55PM	Vyaghata* Until 12:11PM	Muruga: Blue <i>Sunset:</i> 7:00PM	Moon 7 - Phase 17 - 8	
				Rahu 5:19PM – 7:00PM	Vanija Until 4:56PM	Nataraja: Yellow	2nd Phase	
					Dashami Until 3:56AM Mon	Moon – Yellow	Sivaloka Day	
						Sravana-Avani		

2		Monday, August 18, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				St. Helena, CA
Mithuna Rasi: 2.47		Tithi 26		Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 127
Family Home Evening		536728572		Gulika 1:54PM – 3:36PM	Mrigashira Until 12:38PM	Ganesha: Clear <i>Sunrise:</i> 5:26AM	Visvvasu 5127	
Creative Work		Amrita Yoga		Yama 10:31AM – 12:13PM	Harshana Until 9:32AM	Muruga: Blue <i>Sunset:</i> 6:59PM	Moon 7 - Phase 17 - 9	
Until 12:38PM				Rahu 7:08AM – 8:49AM	Bava Until 3:01PM	Nataraja: Yellow	2nd Phase	
Then Creative Work - Siddha Yoga					Ekadashi* Until 2:06AM Tue	Moon – Yellow	Sivaloka Day	
						Sravana-Avani		

3		Tuesday, August 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				St. Helena, CA
Mithuna Rasi: 16.43		Tithi 27		Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 128
Routine Work		Marana Yoga		Gulika 12:12PM – 1:54PM	Ardra Until 11:31AM	Ganesha: Clear <i>Sunrise:</i> 5:27AM	Visvvasu 5127	
Until 11:31AM		536728572		Yama 8:50AM – 10:31AM	Vajra* Until 7:01AM	Muruga: Blue <i>Sunset:</i> 6:58PM	Moon 7 - Phase 17 - 10	
Then Creative Work - Siddha Yoga				Rahu 3:35PM – 5:16PM	Kaulava Until 1:18PM	Nataraja: Yellow	2nd Phase	
					Dvadashi* Until 12:31AM Wed	Moon – Yellow	Sivaloka Day	
						Sravana-Avani		

4		Wednesday, August 20, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				St. Helena, CA
Kataka Rasi: 0.3		Tithi 28		Punarvasu/Pushya Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 129
Creative Work		Siddha Yoga		Gulika 10:31AM – 12:12PM	Punarvasu Until 10:58AM	Ganesha: Purple <i>Sunrise:</i> 5:28AM	Visvvasu 5127	
		546728572		Yama 7:09AM – 8:50AM	Vyatipata* Until 2:44AM Thu	Muruga: Blue <i>Sunset:</i> 6:56PM	Moon 7 - Phase 17 - 11	
				Rahu 12:12PM – 1:53PM	Gara Until 11:52AM	Nataraja: Yellow	2nd Phase	
					Trayodashi* Until 11:15PM	Moon – Blue	Devaloka Day	
						Sravana-Avani		
					<i>Pradosha Vrata (Fasting)</i>			

5		Thursday, August 21, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				St. Helena, CA
Kataka Rasi: 14.04		Tithi 29		Pushya/Ashlesha* Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 130
Creative Work		Amrita Yoga		Gulika 8:50AM – 10:31AM	Pushya Until 10:37AM	Ganesha: Purple <i>Sunrise:</i> 5:29AM	Visvvasu 5127	
Until 10:37AM		546728572		Yama 5:29AM – 7:10AM	Variyan Until 1:02AM Fri	Muruga: Blue <i>Sunset:</i> 6:55PM	Moon 7 - Phase 17 - 12	
Then Creative Work - Siddha Yoga				Rahu 1:53PM – 3:33PM	Visti* Until 10:48AM	Nataraja: Yellow	2nd Phase	
					Chaturdashi* Until 10:25PM	Moon – Blue	Devaloka Day	
						Sravana-Avani		

		Friday, August 22, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				St. Helena, CA
Retreat Star		547728572		Ashlesha*/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 131
Kataka Rasi: 27.24		Tithi 30		Gulika 7:10AM – 8:51AM	Ashlesha* Until 10:34AM	Ganesha: Light Blue <i>Sunrise:</i> 5:30AM	Visvvasu 5127	
Routine Work		Marana Yoga		Yama 3:33PM – 5:13PM	Parigha* Until 11:46PM	Muruga: Blue <i>Sunset:</i> 6:54PM	Moon 7 - Phase 17 - 13	
				Rahu 10:31AM – 12:12PM	Catuspada Until 10:11AM	Nataraja: Yellow	Amavasya	
					Amavasya* Until 10:03PM	Moon – Blue	Devaloka Day	
						Sravana-Avani		

Saturday, August 23, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA	
Retreat Star		Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 132	
Simha Rasi: 10.27		Tithi 1		Gulika 5:31AM – 7:11AM	Magha* Until 11:21AM	Ganesha: Purple <i>Sunrise:</i> 5:31AM	Visvvasu 5127
Creative Work		Amrita Yoga		Yama 1:52PM – 3:32PM	Shiva Until 10:57PM	Muruga: Blue <i>Sunset:</i> 6:52PM	Moon 7 - Phase 17 - 14
Until 11:21AM		557728572		Rahu 8:51AM – 10:31AM	Kintughna Until 10:06AM	Nataraja: Yellow	Prathama
Then Creative Work - Siddha Yoga					Prathama* Until 10:16PM	Moon – Red	Devaloka Day
						Bhadrapada-Avani	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 Sunday, August 24, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA Sun 15 Sutra 133 Visvvasu 5127
Simha Rasi: 23.13	Tithi 2	Gulika 3:31PM – 5:11PM	Purvaphalguni Until 12:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:31AM	
		Yama 12:11PM – 1:51PM	Siddha Until 10:34PM	Muruga: Blue	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 18 - 15
		557728572 Rahu 5:11PM – 6:51PM	Balava Until 10:37AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 11:04PM	Moon – Red		Devaloka Day
Until 12:33PM				Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

2 Monday, August 25, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA Sun 16 Sutra 134 Visvvasu 5127
Kanya Rasi: 5.43	Tithi 3	Gulika 1:51PM – 3:30PM	Uttaraphalguni Until 2:10PM	Ganesha: Purple	<i>Sunrise:</i> 5:32AM	
Family Home Evening		Yama 10:31AM – 12:11PM	Sadhya Until 10:39PM	Muruga: Blue	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 18 - 16
		557728572 Rahu 7:12AM – 8:52AM	Taitila Until 11:42AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 12:27AM Tue	Moon – Red		Devaloka Day
				Bhadrapada-Avani		

3 Tuesday, August 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Vanija/Vishti* Karana Chaturthyam Titau				St. Helena, CA Sun 17 Sutra 135 Visvvasu 5127
Kanya Rasi: 17.58	Tithi 4	Gulika 12:11PM – 1:50PM	Hasta Until 4:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:33AM	
		Yama 8:52AM – 10:31AM	Subha Until 11:08PM	Muruga: Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 18 - 17
		567728572 Rahu 3:29PM – 5:09PM	Vanija Until 1:21PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:19AM Wed	Moon – Green		Devaloka Day
		Ganesha Chaturthi		Bhadrapada-Avani		

4 Wednesday, August 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 18 Sutra 136 Visvvasu 5127
Tula Rasi: 0.02	Tithi 5	Gulika 10:31AM – 12:10PM	Chitra Until 7:17PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:34AM	
		Yama 7:13AM – 8:52AM	Sukla Until 11:51PM	Muruga: Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 18 - 18
		567728573 Rahu 12:10PM – 1:49PM	Bava Until 3:24PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 4:32AM Thu	Moon – Green		Sivaloka Day
				Bhadrapada-Avani		

5 Thursday, August 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA Sun 19 Sutra 137 Visvvasu 5127
Tula Rasi: 11.58	Tithi 6	Gulika 8:53AM – 10:31AM	Svati Until 10:01PM	Ganesha: Purple	<i>Sunrise:</i> 5:35AM	
		Yama 5:35AM – 7:14AM	Brahma Until 12:45AM Fri	Muruga: Blue	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 18 - 19
		568728573 Rahu 1:49PM – 3:28PM	Kaulava Until 5:44PM	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 6:55AM Fri	Moon – Green		Sivaloka Day
Until 10:01PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

6 Friday, August 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA Sun 20 Sutra 138 Visvvasu 5127
Tula Rasi: 23.51	Tithi 6 – 7	Gulika 7:14AM – 8:53AM	Vishakha Until 1:08AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	
		Yama 3:27PM – 5:05PM	Indra Until 1:41AM Sat	Muruga: Blue	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 18 - 20
		578728573 Rahu 10:31AM – 12:10PM	Gara Until 8:09PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:55AM	Moon – Orange		Subha Sivaloka Day
				Bhadrapada-Avani		

☾ Saturday, August 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 139 Visvvasu 5127
Retreat Star		Gulika 5:37AM – 7:15AM	Anuradha Until 3:55AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	
Vrischika Rasi: 5.44	Tithi 7 – 8	Yama 1:48PM – 3:26PM	Vaidhriti* Until 2:27AM Sun	Muruga: Blue	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 18 - 21
		578728573 Rahu 8:53AM – 10:31AM	Vishti Until 10:25PM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Saptami Until 9:17AM	Moon – Orange		Subha Sivaloka Day
Until 3:55AM Sun				Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

☀ Sunday, August 31, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA Sun 22 Sutra 140 Visvvasu 5127
Retreat Star		Gulika 3:25PM – 5:03PM	Jyeshtha* Until 6:12AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	
Vrischika Rasi: 17.41	Tithi 8 – 9	Yama 12:09PM – 1:47PM	Vishkambha* Until 2:58AM Mon	Muruga: Blue	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 18 - 22
		578728573 Rahu 5:03PM – 6:41PM	Balava Until 12:23AM Mon	Nataraja: White		Navami
Routine Work	Marana Yoga		Ashtami* Until 11:26AM	Moon – Orange		Subha Sivaloka Day
Until 6:12AM Mon				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/19/23

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1	Monday, September 1, 2025	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Helena, CA Sun 23 Sutra 141 Visvvasu 5127
	Vrischika Rasi: 29.48 Tithi 9 – 10	Gulika 1:46PM – 3:24PM	Jyeshtha* Until 6:12AM	Ganesha: Clear <i>Sunrise:</i> 5:38AM
	Family Home Evening 578728573	Yama 10:31AM – 12:09PM	Priti Until 3:07AM Tue	Muruga: Blue <i>Sunset:</i> 6:39PM
	Creative Work Siddha Yoga	Rahu 7:16AM – 8:54AM	Taitila Until 1:52AM Tue	Nataraja: White Moon – Orange Subha Sivaloka Day
		Navami* Until 1:10PM	Bhadrapada*Avani	


2	Tuesday, September 2, 2025	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		St. Helena, CA Sun 24 Sutra 142 Visvvasu 5127
	Dhanus Rasi: 12.07 Tithi 10 – 11	Gulika 12:08PM – 1:46PM	Mula* Until 8:18AM	Ganesha: White <i>Sunrise:</i> 5:39AM
	Creative Work Amrita Yoga	Yama 8:54AM – 10:31AM	Ayushman Until 2:45AM Wed	Muruga: Blue <i>Sunset:</i> 6:38PM
	Until 8:18AM Then Creative Work - Siddha Yoga	Rahu 3:23PM – 5:00PM	Vanija Until 2:43AM Wed	Nataraja: White Moon – Light Blue Sivaloka Day
		Dashami Until 2:21PM	Bhadrapada*Avani	

3	Wednesday, September 3, 2025	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 143 Visvvasu 5127
	Dhanus Rasi: 24.44 Tithi 11 – 12	Gulika 10:31AM – 12:08PM	Purvashadha* Until 9:37AM	Ganesha: Green <i>Sunrise:</i> 5:40AM
	Creative Work Amrita Yoga	Yama 7:17AM – 8:54AM	Saubhagya Until 1:52AM Thu	Muruga: Blue <i>Sunset:</i> 6:36PM
		Rahu 12:08PM – 1:45PM	Bava Until 2:53AM Thu	Nataraja: White Moon – Light Blue Sivaloka Day
		Ekadashi Until 2:52PM	Bhadrapada*Avani	

4	Thursday, September 4, 2025	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 144 Visvvasu 5127
	Makara Rasi: 7.4 Tithi 12 – 13	Gulika 8:54AM – 10:31AM	Uttarashadha Until 10:06AM	Ganesha: White <i>Sunrise:</i> 5:41AM
	Routine Work Marana Yoga	Yama 5:41AM – 7:18AM	Sobhana Until 12:25AM Fri	Muruga: Blue <i>Sunset:</i> 6:35PM
	Until 10:06AM Then Creative Work - Siddha Yoga	Rahu 1:44PM – 3:21PM	Kaulava Until 2:20AM Fri	Nataraja: White Moon – Light Blue Sivaloka Day
		Dvadashi Until 2:40PM	Bhadrapada*Avani	
		<i>Pradosha Vrata</i>		

5	Friday, September 5, 2025	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana*/Dhanishtha Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 145 Visvvasu 5127
	Makara Rasi: 20.58 Tithi 13 – 14	Gulika 7:18AM – 8:55AM	Shravana Until 10:11AM	Ganesha: Yellow <i>Sunrise:</i> 5:42AM
	Routine Work Marana Yoga	Yama 3:20PM – 4:57PM	Athiganda* Until 10:24PM	Muruga: Blue <i>Sunset:</i> 6:33PM
	Until 10:11AM Then Creative Work - Siddha Yoga	Rahu 10:31AM – 12:07PM	Gara Until 1:07AM Sat	Nataraja: White Moon – Purple Subha Sivaloka Day
	Chidambaram Abhishekam	Trayodashi Until 1:47PM	Bhadrapada*Avani	

	Saturday, September 6, 2025	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha*/Shatabhishak Nakshatra Sukarma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		St. Helena, CA Sutra 146 Visvvasu 5127
	Copper Retreat Star	Gulika 5:43AM – 7:19AM	Dhanishtha Until 9:29AM	Ganesha: Yellow <i>Sunrise:</i> 5:43AM
	Kumbha Rasi: 4.38 Tithi 14 – 15	Yama 1:43PM – 3:19PM	Sukarma Until 7:55PM	Muruga: Blue <i>Sunset:</i> 6:31PM
	Creative Work Siddha Yoga	Rahu 8:55AM – 10:31AM	Vistil Until 11:18PM	Nataraja: White Moon – Purple Subha Sivaloka Day
Until 9:29AM Then Creative Work - Amrita Yoga		Chaturdashi* Until 12:15PM	Bhadrapada*Avani	

	Sunday, September 7, 2025	Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak*/Purvaprosithapada* Nakshatra Dhritil*/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		St. Helena, CA Sutra 147 Visvvasu 5127
	Silver Retreat Star	Gulika 3:18PM – 4:54PM	Shatabhishak Until 8:06AM	Ganesha: Yellow <i>Sunrise:</i> 5:44AM
	Kumbha Rasi: 18.4 Tithi 15 – 16	Yama 12:07PM – 1:43PM	Dhritil Until 5:03PM	Muruga: Blue <i>Sunset:</i> 6:30PM
	Creative Work Siddha Yoga	Rahu 4:54PM – 6:30PM	Balava Until 9:02PM	Nataraja: White Moon – Purple Subha Sivaloka Day
	Grandparent's Day	Purnima* Until 10:12AM	Bhadrapada*Avani	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Monday, September 8, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Shula/Ganda* Yoga Kaulava/Taitila Karana Pralham/Dvityayam Titau

St. Helena, CA

Sutra 148

Visvvasu 5127

Meena Rasi: 2.59 Tithi 16 - 17

Family Home Evening 519828573

Routine Work Marana Yoga

Until 6:34AM

Then Creative Work - Siddha Yoga

Gulika 1:42PM - 3:17PM

Yama 10:31AM - 12:06PM

Rahu 7:20AM - 8:55AM

Purvaproshtapada* Until 6:34AM

Shula* Until 1:51PM

Taitila Until 6:25PM

Prathama* Until 7:45AM

Ganesha: Yellow Sunrise: 5:45AM

Muruga: Blue Sunset: 6:28PM

Nataraja: White

Moon - Clear

Bhadrapada-Avani

Subha Sivaloka Day

Moon 8 - Phase 20 -

1st Phase

1

Tuesday, September 9, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Ganda/Vridhhi Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 149

Visvvasu 5127

Meena Rasi: 17.29 Tithi 18

519828573

Creative Work Siddha Yoga

Until 2:24AM Wed

Then Routine Work - Marana Yoga

Gulika 12:06PM - 1:41PM

Yama 8:56AM - 10:31AM

Rahu 3:16PM - 4:52PM

Revati Until 2:24AM Wed

Ganda* Until 10:28AM

Vanija Until 3:36PM

Tritiya Until 2:08AM Wed

Ganesha: Yellow Sunrise: 5:45AM

Muruga: Blue Sunset: 6:27PM

Nataraja: White

Moon - Clear

Bhadrapada-Avani

Subha Sivaloka Day

Moon 8 - Phase 20 - 1

1st Phase

2

Wednesday, September 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 150

Visvvasu 5127

Mesha Rasi: 2.06 Tithi 19

529828573

Routine Work Marana Yoga

Until 12:26AM Thu

Then Creative Work - Siddha Yoga

Gulika 10:31AM - 12:06PM

Yama 7:21AM - 8:56AM

Rahu 12:06PM - 1:41PM

Ashvini Until 12:26AM Thu

Vridhhi Until 7:01AM

Bava Until 12:42PM

Chaturthi* Until 11:15PM

Ganesha: White Sunrise: 5:46AM

Muruga: Blue Sunset: 6:25PM

Nataraja: White

Moon - White

Bhadrapada-Avani

Sivaloka Day

Moon 8 - Phase 20 - 2

1st Phase

3

Thursday, September 11, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 151

Visvvasu 5127

Mesha Rasi: 16.42 Tithi 20

529828573

Creative Work Siddha Yoga

Until 10:26PM

Then Routine Work - Marana Yoga

Gulika 8:56AM - 10:31AM

Yama 5:47AM - 7:22AM

Rahu 1:40PM - 3:15PM

Bharani Until 10:26PM

Vyaghata* Until 12:11AM Fri

Kaulava Until 9:51AM

Panchami Until 8:27PM

Ganesha: White Sunrise: 5:47AM

Muruga: Blue Sunset: 6:24PM

Nataraja: White

Moon - White

Bhadrapada-Avani

Sivaloka Day

Moon 8 - Phase 20 - 3

1st Phase

4

Friday, September 12, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 4 Sutra 152

Visvvasu 5127

Vrishabha Rasi: 1.13 Tithi 21 - 22

521828573

Creative Work Siddha Yoga

Until 8:31PM

Then Routine Work - Marana Yoga

Gulika 7:22AM - 8:57AM

Yama 3:14PM - 4:48PM

Rahu 10:31AM - 12:05PM

Krittika Until 8:31PM

Harshana Until 9:01PM

Gara Until 7:09AM

Shashthi* Until 5:52PM

Ganesha: Blue Sunrise: 5:48AM

Muruga: Blue Sunset: 6:22PM

Nataraja: White

Moon - White

Bhadrapada-Avani

Sivaloka Day

Moon 8 - Phase 20 - 4

1st Phase

5

Saturday, September 13, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 5 Sutra 153

Visvvasu 5127

Vrishabha Rasi: 15.33 Tithi 22 - 23

531828573

Creative Work Amrita Yoga

Until 7:10PM

Then Creative Work - Siddha Yoga

Gulika 5:49AM - 7:23AM

Yama 1:39PM - 3:13PM

Rahu 8:57AM - 10:31AM

Rohini Until 7:10PM

Vajra* Until 6:04PM

Balava Until 2:34AM Sun

Saptami Until 3:34PM

Ganesha: Red Sunrise: 5:49AM

Muruga: Blue Sunset: 6:21PM

Nataraja: White

Moon - Yellow

Bhadrapada-Avani

Subha Sivaloka Day

Moon 8 - Phase 20 - 5

1st Phase

D

Sunday, September 14, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 6 Sutra 154

Visvvasu 5127

Vrishabha Rasi: 29.4 Tithi 23 - 24

531828573

Creative Work Siddha Yoga

Gulika 3:12PM - 4:45PM

Yama 12:04PM - 1:38PM

Rahu 4:45PM - 6:19PM

Mrigashira Until 6:01PM

Siddhi Until 3:24PM

Taitila Until 12:48AM Mon

Ashtami* Until 1:37PM

Ganesha: Red Sunrise: 5:50AM

Muruga: Blue Sunset: 6:19PM

Nataraja: White

Moon - Yellow

Bhadrapada-Avani

Subha Sivaloka Day

Moon 8 - Phase 20 - 6

Ashtami

Monday, September 15, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

St. Helena, CA

Sun 7 Sutra 155

Visvvasu 5127

Mithuna Rasi: 13.33 Tithi 24 - 25

Family Home Evening 531828573

Creative Work Siddha Yoga

Until 5:08PM

Then Creative Work - Amrita Yoga

Gulika 1:37PM - 3:11PM

Yama 10:31AM - 12:04PM

Rahu 7:24AM - 8:57AM

Ardra Until 5:08PM

Vyatipata* Until 1:05PM

Vanija Until 11:26PM

Navami* Until 12:03PM

Ganesha: Red Sunrise: 5:51AM

Muruga: Blue Sunset: 6:17PM

Nataraja: White

Moon - Yellow

Bhadrapada-Avani

Subha Sivaloka Day

Moon 8 - Phase 20 - 7

Navami

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	Tuesday, September 16, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Varyani/Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Mithuna Rasi: 27.11	Tithi 25 – 26	Gulika 12:04PM – 1:37PM	Punarvasu Until 4:56PM	Ganesha: Green	<i>Sunrise:</i> 5:51AM	Sun 8 Sutra 156
			Yama 8:58AM – 10:31AM	Variyan Until 11:04AM	Muruga: Blue	<i>Sunset:</i> 6:16PM	Visvvasu 5127
	541828573	Rahu 3:10PM – 4:43PM	Bava Until 10:30PM	Dashami Until 10:54AM	Nataraja: White		Moon 8 - Phase 21 - 8 2nd Phase
Creative Work	Siddha Yoga			Moon – Blue		Sivaloka Day	
				Bhadrapada•Puratasi			

2	Wednesday, September 17, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Kataka Rasi: 10.35	Tithi 26 – 27	Gulika 10:31AM – 12:03PM	Pushya Until 5:02PM	Ganesha: Green	<i>Sunrise:</i> 5:52AM	Sun 9 Sutra 157
			Yama 7:25AM – 8:58AM	Parigha* Until 9:24AM	Muruga: Blue	<i>Sunset:</i> 6:14PM	Visvvasu 5127
	541828573	Rahu 12:03PM – 1:36PM	Kaulava Until 10:00PM	Ekadashi* Until 10:11AM	Nataraja: White		Moon 8 - Phase 21 - 9 2nd Phase
Creative Work	Siddha Yoga			Moon – Blue		Sivaloka Day	
				Bhadrapada•Puratasi			

3	Thursday, September 18, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Kataka Rasi: 23.44	Tithi 27 – 28	Gulika 8:58AM – 10:30AM	Ashlesha* Until 5:25PM	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Sun 10 Sutra 158
			Yama 5:53AM – 7:26AM	Shiva Until 8:07AM	Muruga: Blue	<i>Sunset:</i> 6:13PM	Visvvasu 5127
	541828573	Rahu 1:35PM – 3:08PM	Gara Until 9:58PM	Dvadashi* Until 9:54AM	Nataraja: White		Moon 8 - Phase 21 - 10 2nd Phase
Creative Work	Siddha Yoga			Moon – Blue		Sivaloka Day	
Until 5:25PM				Bhadrapada•Puratasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

4	Friday, September 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Simha Rasi: 6.39	Tithi 28 – 29	Gulika 7:26AM – 8:58AM	Magha* Until 6:34PM	Ganesha: White	<i>Sunrise:</i> 5:54AM	Sun 11 Sutra 159
			Yama 3:07PM – 4:39PM	Siddha Until 7:09AM	Muruga: Blue	<i>Sunset:</i> 6:11PM	Visvvasu 5127
	541828573	Rahu 10:30AM – 12:03PM	Visti Until 10:24PM	Trayodashi* Until 10:06AM	Nataraja: White		Moon 8 - Phase 21 - 11 2nd Phase
Routine Work	Marana Yoga			Moon – Red		Sivaloka Day	
Until 6:34PM				Bhadrapada•Puratasi			
Then Creative Work - Siddha Yoga							

	Saturday, September 20, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA
	Retreat Star		Gulika 5:55AM – 7:27AM	Purvaphalguni Until 8:00PM	Ganesha: White	<i>Sunrise:</i> 5:55AM	Sun 12 Sutra 160
	Simha Rasi: 19.2	Tithi 29 – 30	Yama 1:34PM – 3:06PM	Sadhya Until 6:34AM	Muruga: Blue	<i>Sunset:</i> 6:09PM	Visvvasu 5127
	541828573	Rahu 8:59AM – 10:30AM	Catuspada Until 11:17PM	Chaturdashi* Until 10:46AM	Nataraja: White		Moon 8 - Phase 21 - 12 Amavasya
Creative Work	Siddha Yoga			Moon – Red		Sivaloka Day	
Until 8:00PM		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi			
Then Routine Work - Marana Yoga							

	Sunday, September 21, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
	Retreat Star		Gulika 3:05PM – 4:36PM	Uttaraphalguni Until 9:44PM	Ganesha: White	<i>Sunrise:</i> 5:56AM	Sun 13 Sutra 161
	Kanya Rasi: 1.5	Tithi 30 – 1	Yama 12:02PM – 1:33PM	Subha Until 6:22AM	Muruga: Blue	<i>Sunset:</i> 6:08PM	Visvvasu 5127
	541828573	Rahu 4:36PM – 6:08PM	Kintughna Until 12:39AM Mon	Amavasya* Until 11:53AM	Nataraja: White		Moon 8 - Phase 21 - 13 Prathama
Creative Work	Amrita Yoga			Moon – Red		Sivaloka Day	
		Navaratri Begins		Ashvina•Puratasi			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Monday, September 22, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sun 14 Sutra 162
	Kanya Rasi: 14.07	Tithi 1 – 2	Gulika 1:33PM – 3:04PM	Hasta Until 12:11AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:57AM	Visvvasu 5127
	Family Home Evening	562828573	Yama 10:30AM – 12:02PM	Sukla Until 6:29AM	Muruga: Blue	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 22 - 14
	Creative Work Siddha Yoga		Rahu 7:28AM – 8:59AM	Balava Until 2:25AM Tue	Nataraja: White		3rd Phase
			Prathama* Until 1:28PM	Moon – Green		Subha Sivaloka Day	
					Ashvina•Puratasi		

2	Tuesday, September 23, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				St. Helena, CA Sun 15 Sutra 163
	Kanya Rasi: 26.14	Tithi 2 – 3	Gulika 12:01PM – 1:32PM	Chitra Until 2:49AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:58AM	Visvvasu 5127
		562828573	Yama 8:59AM – 10:30AM	Brahma Until 6:54AM	Muruga: Blue	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 22 - 15
	Creative Work Siddha Yoga		Rahu 3:03PM – 4:34PM	Taitila Until 4:32AM Wed	Nataraja: White		3rd Phase
			Dvitiya Until 3:25PM	Moon – Green		Subha Sivaloka Day	
					Ashvina•Puratasi		

3	Wednesday, September 24, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				St. Helena, CA Sun 16 Sutra 164
	Tula Rasi: 8.14	Tithi 3 – 4	Gulika 10:30AM – 12:01PM	Svati Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:58AM	Visvvasu 5127
		562828573	Yama 7:29AM – 9:00AM	Indra Until 7:36AM	Muruga: Blue	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22 - 16
	Creative Work Siddha Yoga		Rahu 12:01PM – 1:31PM	Vanija Until 6:54AM Thu	Nataraja: White		3rd Phase
			Tritiya Until 5:40PM	Moon – Green		Subha Sivaloka Day	
					Ashvina•Puratasi		

4	Thursday, September 25, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturthyam Titau				St. Helena, CA Sun 17 Sutra 165
	Tula Rasi: 20.08	Tithi 4	Gulika 9:00AM – 10:30AM	Vishakha Until 8:40AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	Visvvasu 5127
		572828573	Yama 5:59AM – 7:30AM	Vaidhriti* Until 8:26AM	Muruga: Blue	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 22 - 17
	Creative Work Siddha Yoga		Rahu 1:31PM – 3:01PM	Vanija Until 6:54AM	Nataraja: White		3rd Phase
			Chaturthi* Until 8:06PM	Moon – Orange		Subha Subha Sivaloka Day	
					Ashvina•Puratasi		

5	Friday, September 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau				St. Helena, CA Sun 18 Sutra 166
	Vrischika Rasi: 2	Tithi 5	Gulika 7:30AM – 9:00AM	Vishakha Until 8:40AM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM	Visvvasu 5127
		572828573	Yama 3:00PM – 4:30PM	Vishkambha* Until 9:21AM	Muruga: Blue	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 22 - 18
	Creative Work Siddha Yoga		Rahu 10:30AM – 12:00PM	Bava Until 9:22AM	Nataraja: White		3rd Phase
			Panchami Until 10:35PM	Moon – Orange		Subha Subha Sivaloka Day	
					Ashvina•Puratasi		

6	Saturday, September 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				St. Helena, CA Sun 19 Sutra 167
	Vrischika Rasi: 13.52	Tithi 6	Gulika 6:01AM – 7:31AM	Anuradha Until 11:37AM	Ganesha: Red	<i>Sunrise:</i> 6:01AM	Visvvasu 5127
		672828573	Yama 1:29PM – 2:59PM	Priti Until 10:16AM	Muruga: Blue	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 22 - 19
	Creative Work Siddha Yoga		Rahu 9:00AM – 10:30AM	Kaulava Until 11:48AM	Nataraja: White		3rd Phase
			Shashthi* Until 12:56AM Sun	Moon – Orange		Subha Sivaloka Day	
					Ashvina•Puratasi		

Sunday, September 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau				St. Helena, CA Sun 20 Sutra 168
Retreat Star		Gulika 2:58PM – 4:28PM	Jyeshtha* Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	Visvvasu 5127
Vrischika Rasi: 25.48	Tithi 7	Yama 11:59AM – 1:29PM	Ayushman Until 11:00AM	Muruga: Blue	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 22 - 20
	672928573	Rahu 4:28PM – 5:57PM	Gara Until 2:02PM	Nataraja: White		3rd Phase
Routine Work Marana Yoga			Saptami Until 3:00AM Mon	Moon – Orange		Sivaloka Day
Until 2:12PM					Ashvina•Puratasi	
Then Creative Work - Amrita Yoga						

M	Monday, September 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 169
	Retreat Star		Gulika 1:28PM – 2:57PM	Mula* Until 4:45PM	Ganesha: Red	<i>Sunrise:</i> 6:03AM	Visvvasu 5127
	Dhanus Rasi: 7.52	Tithi 8	Yama 10:30AM – 11:59AM	Saubhagya Until 11:28AM	Muruga: Blue	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 22 - 21
	Family Home Evening	682928573	Rahu 7:32AM – 9:01AM	Visti Until 3:52PM	Nataraja: White		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 4:34AM Tue	Moon – Light Blue		Subha Sivaloka Day	
Until 4:45PM					Ashvina•Puratasi		
Then Routine Work - Marana Yoga							

Tuesday, September 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 22 Sutra 170
Retreat Star		Gulika 11:59AM – 1:28PM	Purvashadha* Until 6:35PM	Ganesha: Red	<i>Sunrise:</i> 6:04AM	Visvvasu 5127
Dhanus Rasi: 20.07	Tithi 9	Yama 9:01AM – 10:30AM	Sobhana Until 11:32AM	Muruga: Blue	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 22 - 22
	682928573	Rahu 2:56PM – 4:25PM	Balava Until 5:09PM	Nataraja: White		Navami
Creative Work Siddha Yoga			Navami* Until 5:31AM Wed	Moon – Light Blue		Subha Sivaloka Day
Until 6:35PM					Ashvina•Puratasi	
Then Routine Work - Prabalarishta Yoga		Saraswathi Puja (Tamil Nadu)				

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for St. Helena, CA on 11/19/23

www.gurudeva.org/panchang

1	Wednesday, October 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 23 Sutra 171 Visvvasu 5127
	Makara Rasi: 2.4	Tithi 10	Gulika 10:30AM – 11:58AM	Uttarashadha Until 7:34PM	Ganesha: Red	<i>Sunrise:</i> 6:05AM	
			Yama 7:33AM – 9:02AM	Athiganda* Until 11:03AM	Muruga: Blue	<i>Sunset:</i> 5:52PM	Moon 8 - Phase 23 - 23
		682928573	Rahu 11:58AM – 1:27PM	Taitila Until 5:44PM	Nataraja: White		4th Phase
Creative Work Amrita Yoga			Dashami Until 5:42AM Thu		Ashvina+Puratasi		Subha Sivaloka Day
Until 7:34PM							
Then Creative Work - Siddha Yoga							

2	Thursday, October 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Vanija/Vistli* Karana Ekadashyam Titau				St. Helena, CA Sun 24 Sutra 172 Visvvasu 5127
	Makara Rasi: 15.34	Tithi 11	Gulika 9:02AM – 10:30AM	Shravana Until 8:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:06AM	
			Yama 6:06AM – 7:34AM	Sukarma Until 9:59AM	Muruga: Blue	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 23 - 24
		692928573	Rahu 1:26PM – 2:54PM	Vanija Until 5:31PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 5:05AM Fri		Ashvina+Puratasi		Sivaloka Day

3	Friday, October 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 173 Visvvasu 5127
	Makara Rasi: 28.52	Tithi 12	Gulika 7:34AM – 9:02AM	Dhanishtha Until 7:41PM	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	
			Yama 2:53PM – 4:21PM	Dhriti Until 8:18AM	Muruga: Blue	<i>Sunset:</i> 5:49PM	Moon 8 - Phase 23 - 25
		692928573	Rahu 10:30AM – 11:58AM	Bava Until 4:30PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 3:42AM Sat		Ashvina+Puratasi		Sivaloka Day

4	Saturday, October 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 174 Visvvasu 5127
	Kumbha Rasi: 12.37	Tithi 13	Gulika 6:07AM – 7:35AM	Shatabhishak Until 6:24PM	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	
			Yama 1:25PM – 2:53PM	Ganda* Until 3:05AM Sun	Muruga: Blue	<i>Sunset:</i> 5:48PM	Moon 8 - Phase 23 - 26
		692928573	Rahu 9:02AM – 10:30AM	Kaulava Until 2:45PM	Nataraja: White		4th Phase
Creative Work Amrita Yoga			Trayodashi Until 1:36AM Sun		Ashvina+Puratasi		Sivaloka Day
Until 6:24PM							
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

5	Sunday, October 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 175 Visvvasu 5127
	Kumbha Rasi: 26.49	Tithi 14	Gulika 2:52PM – 4:19PM	Purvaprosarthpada* Until 4:47PM	Ganesha: White	<i>Sunrise:</i> 6:08AM	
			Yama 11:57AM – 1:24PM	Vriddhi Until 11:45PM	Muruga: Blue	<i>Sunset:</i> 5:46PM	Moon 8 - Phase 23 - 27
		612928573	Rahu 4:19PM – 5:46PM	Gara Until 12:21PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 10:56PM		Ashvina+Puratasi		Sivaloka Day
Until 4:47PM							
Then Creative Work - Amrita Yoga							

○	Monday, October 6, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Dhruva Yoga Vistli*/Bava Karana Purnimayam Titau				St. Helena, CA Sutra 176 Visvvasu 5127
	Copper Retreat Star		Gulika 1:24PM – 2:51PM	Uttaraprosarthpada Until 2:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	
	Meena Rasi: 11.23	Tithi 15	Yama 10:30AM – 11:57AM	Dhruva Until 8:02PM	Muruga: Blue	<i>Sunset:</i> 5:45PM	Moon 8 - Phase 23 -
	Family Home Evening	613928573	Rahu 7:36AM – 9:03AM	Vistli Until 9:26AM	Nataraja: White		Purnima
Creative Work Siddha Yoga			Purnima* Until 7:49PM		Ashvina+Puratasi		Subha Sivaloka Day

○	Tuesday, October 7, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				St. Helena, CA Sutra 177 Visvvasu 5127
	Silver Retreat Star		Gulika 11:57AM – 1:23PM	Revati Until 11:52AM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	
	Meena Rasi: 26.15	Tithi 16 – 17	Yama 9:03AM – 10:30AM	Vyaghata* Until 4:06PM	Muruga: Blue	<i>Sunset:</i> 5:43PM	Moon 8 - Phase 23 -
		613928574	Rahu 2:50PM – 4:16PM	Balava Until 6:10AM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 4:26PM		Ashvina+Puratasi		Sivaloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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Wednesday, October 8, 2025

Gold Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 178

Visvvasu 5127

Moon 9 - Phase 24 - 1

1st Phase

Mesha Rasi: 11.16 Tithi 17 - 18

633928574

Gulika 10:30AM - 11:56AM

Yama 7:37AM - 9:04AM

Rahu 11:56AM - 1:23PM

Ashvini Until 9:17AM

Harshana Until 12:05PM

Vanija Until 11:12PM

Dvitiya Until 12:56PM

Ganesha: White

Sunrise: 6:11AM

Muruga: Blue

Sunset: 5:42PM

Nataraja: Clear

Moon - White

Ashvina+Puratasi

Subha Sivaloka Day

Routine Work Marana Yoga

Until 9:17AM

Then Creative Work - Siddha Yoga

1

Thursday, October 9, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 179

Visvvasu 5127

Moon 9 - Phase 24 - 2

1st Phase

Mesha Rasi: 26.17 Tithi 18 - 19

633928574

Gulika 9:04AM - 10:30AM

Yama 6:12AM - 7:38AM

Rahu 1:22PM - 2:48PM

Bharani Until 6:35AM

Vajra* Until 8:04AM

Bava Until 7:49PM

Tritiya Until 9:28AM

Ganesha: White

Sunrise: 6:12AM

Muruga: Blue

Sunset: 5:40PM

Nataraja: Clear

Moon - White

Ashvina+Puratasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:35AM

Then Routine Work - Marana Yoga

2

Friday, October 10, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vyatipata* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 180

Visvvasu 5127

Moon 9 - Phase 24 - 3

1st Phase

Vrishabha Rasi: 11.11 Tithi 19 - 20

633928574

Gulika 7:39AM - 9:04AM

Yama 2:47PM - 4:13PM

Rahu 10:30AM - 11:56AM

Rohini Until 1:51AM Sat

Vyatipata* Until 12:39AM Sat

Taitila Until 3:16AM Sat

Chaturthi* Until 6:12AM

Ganesha: Yellow

Sunrise: 6:13AM

Muruga: Blue

Sunset: 5:39PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 1:51AM Sat

Then Creative Work - Siddha Yoga

3

Saturday, October 11, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Varyan Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 181

Visvvasu 5127

Moon 9 - Phase 24 - 4

1st Phase

Vrishabha Rasi: 25.49 Tithi 21

633928574

Gulika 6:14AM - 7:39AM

Yama 1:21PM - 2:46PM

Rahu 9:05AM - 10:30AM

Mrigashira Until 12:07AM Sun

Varyan Until 9:25PM

Gara Until 1:59PM

Shashthi* Until 12:48AM Sun

Ganesha: Yellow

Sunrise: 6:14AM

Muruga: Blue

Sunset: 5:37PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, October 12, 2025

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Parigha* Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 182

Visvvasu 5127

Moon 9 - Phase 24 - 5

1st Phase

Mithuna Rasi: 10.08 Tithi 22

633928574

Gulika 2:45PM - 4:11PM

Yama 11:55AM - 1:20PM

Rahu 4:11PM - 5:36PM

Ardra Until 10:47PM

Parigha* Until 6:39PM

Visti Until 11:48AM

Saptami Until 10:54PM

Ganesha: Yellow

Sunrise: 6:15AM

Muruga: Blue

Sunset: 5:36PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Sivaloka Day

Creative Work Siddha Yoga

D

Monday, October 13, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 183

Visvvasu 5127

Moon 9 - Phase 24 - 6

Ashtami

Mithuna Rasi: 24.03 Tithi 23

643928574

Gulika 1:20PM - 2:45PM

Yama 10:30AM - 11:55AM

Rahu 7:41AM - 9:05AM

Punarvasu Until 10:21PM

Shiva Until 4:23PM

Balava Until 10:12AM

Ashtami* Until 9:38PM

Ganesha: Blue

Sunrise: 6:16AM

Muruga: Blue

Sunset: 5:34PM

Nataraja: Clear

Moon - Blue

Ashvina+Puratasi

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 10:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 14, 2025

Retreat Star

Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 184

Visvvasu 5127

Moon 9 - Phase 24 - 7

Navami

Kataka Rasi: 7.35 Tithi 24

643928574

Gulika 11:55AM - 1:19PM

Yama 9:06AM - 10:30AM

Rahu 2:44PM - 4:08PM

Pushya Until 10:26PM

Siddha Until 2:37PM

Taitila Until 9:15AM

Navami* Until 9:01PM

Ganesha: Blue

Sunrise: 6:17AM

Muruga: Blue

Sunset: 5:33PM

Nataraja: Clear

Moon - Blue

Ashvina+Puratasi

Subha Sivaloka Day

Creative Work Siddha Yoga

1	Wednesday, October 15, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Dashamyam Titau				St. Helena, CA
	Kataka Rasi: 20.46	Tithi 25	Gulika Yama	10:30AM – 11:55AM 7:42AM – 9:06AM	Ashlesha* Sadhya	Until 10:59PM Until 1:23PM	Sun 8 Visvvasu 5127
		643928574	Rahu	11:55AM – 1:19PM	Vanija	Until 8:58AM	Moon 9 - Phase 25 - 8 2nd Phase
	Creative Work	Siddha Yoga			Dashami	Until 9:03PM	Ganesha: Blue Sunrise: 6:18AM Muruga: Blue Sunset: 5:31PM Nataraja: Clear Moon – Blue Subha Sivaloka Day Ashvina•Puratasi

2	Thursday, October 16, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA
	Simha Rasi: 3.38	Tithi 26	Gulika Yama	9:07AM – 10:30AM 6:19AM – 7:43AM	Magha* Subha	Until 12:25AM Fri Until 12:38PM	Sun 9 Visvvasu 5127
		653928574	Rahu	1:18PM – 2:42PM	Bava	Until 9:19AM	Moon 9 - Phase 25 - 9 2nd Phase
	Creative Work	Amrita Yoga			Ekadashi*	Until 9:40PM	Nataraja: Clear Moon – Red Sivaloka Day Ashvina•Puratasi

3	Friday, October 17, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				St. Helena, CA
	Simha Rasi: 16.14	Tithi 27	Gulika Yama	7:43AM – 9:07AM 2:41PM – 4:05PM	Purvaphalguni Sukla	Until 2:10AM Sat Until 12:16PM	Sun 10 Visvvasu 5127
		653928574	Rahu	10:31AM – 11:54AM	Kaulava	Until 10:12AM	Moon 9 - Phase 25 - 10 2nd Phase
	Creative Work	Siddha Yoga			Dvadashi*	Until 10:49PM	Nataraja: Clear Moon – Red Sivaloka Day Ashvina•Aipasi

4	Saturday, October 18, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
	Simha Rasi: 28.37	Tithi 28	Gulika Yama	6:21AM – 7:44AM 1:17PM – 2:41PM	Uttaraphalguni Brahma	Until 4:10AM Sun Until 12:17PM	Sun 11 Visvvasu 5127
		653928574	Rahu	9:07AM – 10:31AM	Gara	Until 11:34AM	Moon 9 - Phase 25 - 11 2nd Phase
	Routine Work	Marana Yoga			Trayodashi*	Until 12:23AM Sun	Nataraja: Clear Moon – Red Sivaloka Day Ashvina•Aipasi

Pradosha Vrata (Fasting)

5	Sunday, October 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Indra/Vaidhriti* Yoga Visiti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA
	Kanya Rasi: 10.5	Tithi 29	Gulika Yama	2:40PM – 4:03PM 11:54AM – 1:17PM	Hasta Indra	Until 6:48AM Mon Until 12:35PM	Sun 12 Visvvasu 5127
		663928574	Rahu	4:03PM – 5:26PM	Visti	Until 1:19PM	Moon 9 - Phase 25 - 12 2nd Phase
	Creative Work	Amrita Yoga			Chaturdashi*	Until 2:18AM Mon	Nataraja: Clear Moon – Green Sivaloka Day Ashvina•Aipasi

Deepavali Hindu Solidarity Day

●	Monday, October 20, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA
	Kanya Rasi: 22.55	Tithi 30	Gulika Yama	1:16PM – 2:39PM 10:31AM – 11:54AM	Hasta Vaidhriti*	Until 6:48AM Until 1:06PM	Sun 13 Visvvasu 5127
	Family Home Evening	664928574	Rahu	7:45AM – 9:08AM	Catuspada	Until 3:22PM	Moon 9 - Phase 25 - 13 Amavasya
	Creative Work	Siddha Yoga			Amavasya*	Until 4:28AM Tue	Nataraja: Clear Moon – Green Devaloka Day Ashvina•Aipasi

Subramuniyaswami Mahasamadhi

●	Tuesday, October 21, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA
	Tula Rasi: 4.54	Tithi 1	Gulika Yama	11:53AM – 1:16PM 9:09AM – 10:31AM	Chitra Vishkambha*	Until 9:31AM Until 1:48PM	Sun 14 Visvvasu 5127
		664928574	Rahu	2:38PM – 4:01PM	Kintughna	Until 5:39PM	Moon 9 - Phase 25 - 14 Prathama
	Creative Work	Siddha Yoga			Prathama*	Until 6:50AM Wed	Nataraja: Clear Moon – Green Devaloka Day Kartika•Aipasi

Skanda Shasthi Begins

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Wednesday, October 22, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 15 Sutra 192	
Tula Rasi: 16.49	Tithi 1 – 2	Gulika 10:31AM – 11:53AM	Svati Until 12:14PM	Ganesha: Green	<i>Sunrise:</i> 6:25AM	Visvvasu 5127	
		Yama 7:47AM – 9:09AM	Priti Until 2:38PM	Muruga: Yellow	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26 - 15	
664138574		Rahu 11:53AM – 1:15PM	Balava Until 8:05PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 6:50AM	Moon – Green		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	
2		Thursday, October 23, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Helena, CA Sun 16 Sutra 193	
Tula Rasi: 28.41	Tithi 2 – 3	Gulika 9:09AM – 10:31AM	Vishakha Until 3:22PM	Ganesha: White	<i>Sunrise:</i> 6:26AM	Visvvasu 5127	
		Yama 6:26AM – 7:48AM	Ayushman Until 3:30PM	Muruga: Yellow	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 - 16	
674138574		Rahu 1:15PM – 2:37PM	Taitila Until 10:36PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 9:19AM	Moon – Orange		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	
3		Friday, October 24, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		St. Helena, CA Sun 17 Sutra 194	
Vrischika Rasi: 10.33	Tithi 3 – 4	Gulika 7:48AM – 9:10AM	Anuradha Until 6:21PM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Visvvasu 5127	
		Yama 2:36PM – 3:58PM	Saubhagya Until 4:24PM	Muruga: Yellow	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 26 - 17	
674138574		Rahu 10:31AM – 11:53AM	Vanija Until 1:06AM Sat	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 11:50AM	Moon – Orange		Bhuloka Day	
Until 6:21PM				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							
4		Saturday, October 25, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Helena, CA Sun 18 Sutra 195	
Vrischika Rasi: 22.25	Tithi 4 – 5	Gulika 6:28AM – 7:49AM	Jyeshtha* Until 9:05PM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Visvvasu 5127	
		Yama 1:14PM – 2:35PM	Sobhana Until 5:14PM	Muruga: Yellow	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 26 - 18	
674138574		Rahu 9:10AM – 10:32AM	Bava Until 3:29AM Sun	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 2:17PM	Moon – Orange		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	
5		Sunday, October 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Helena, CA Sun 19 Sutra 196	
Dhanus Rasi: 4.21	Tithi 5 – 6	Gulika 2:35PM – 3:56PM	Mula* Until 11:55PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Visvvasu 5127	
		Yama 11:53AM – 1:14PM	Athiganda* Until 5:54PM	Muruga: Yellow	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 26 - 19	
684138574		Rahu 3:56PM – 5:17PM	Kaulava Until 5:36AM Mon	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 4:33PM	Moon – Light Blue		Devaloka Day	
Until 11:55PM				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							
6		Monday, October 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Taitila Karana Shashthyam Titau		St. Helena, CA Sun 20 Sutra 197	
Dhanus Rasi: 16.23	Tithi 6	Gulika 1:13PM – 2:34PM	Purvashadha* Until 2:14AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Visvvasu 5127	
Family Home Evening		Yama 10:32AM – 11:53AM	Sukarma Until 6:19PM	Muruga: Yellow	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 26 - 20	
684138574		Rahu 7:51AM – 9:11AM	Taitila Until 6:29PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 6:29PM	Moon – Light Blue		Devaloka Day	
Until 2:14AM Tue				Karttika•Aipasi			
Then Routine Work - Prabalarishta Yoga							
		Tuesday, October 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau		St. Helena, CA Sun 21 Sutra 198	
		Gulika 11:53AM – 1:13PM	Uttarashadha Until 3:51AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Visvvasu 5127	
Dhanus Rasi: 28.35	Tithi 7	Yama 9:12AM – 10:32AM	Dhriti Until 6:22PM	Muruga: Yellow	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 26 - 21	
684138574		Rahu 2:33PM – 3:54PM	Gara Until 7:17AM	Nataraja: Clear		3rd Phase	
Routine Work	Prabalarishta Yoga		Saptami Until 7:54PM	Moon – Light Blue		Devaloka Day	
Until 3:51AM Wed				Karttika•Aipasi			
Then Creative Work - Siddha Yoga							
☾		Wednesday, October 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		St. Helena, CA Sun 22 Sutra 199	
		Gulika 10:32AM – 11:53AM	Shravana Until 5:06AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:32AM	Visvvasu 5127	
Makara Rasi: 11.02	Tithi 8	Yama 7:52AM – 9:12AM	Shula* Until 5:52PM	Muruga: Yellow	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 26 - 22	
694138574		Rahu 11:53AM – 1:13PM	Visti Until 8:24AM	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 8:39PM	Moon – Purple		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	
		Thursday, October 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau		St. Helena, CA Sun 23 Sutra 200	
		Gulika 9:13AM – 10:33AM	Dhanishtha Until 5:23AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	Visvvasu 5127	
Makara Rasi: 23.49	Tithi 9	Yama 6:33AM – 7:53AM	Ganda* Until 4:47PM	Muruga: Yellow	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 26 - 23	
694138574		Rahu 1:12PM – 2:32PM	Balava Until 8:45AM	Nataraja: Clear		Navami	
Creative Work	Siddha Yoga		Navami* Until 8:37PM	Moon – Purple		Bhuloka Day	
				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/19/23


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1	Friday, October 31, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA
	Kumbha Rasi: 7	Tithi 10	Gulika 7:54AM – 9:13AM	Shatabhishak Until 4:42AM Sat	Ganesha: Purple	Sunrise: 6:34AM	Sun 24 Sutra 201
		694138574	Yama 2:32PM – 3:51PM	Vridhhi Until 3:04PM	Muruga: Yellow	Sunset: 5:11PM	Visvavasu 5127
			Rahu 10:33AM – 11:52AM	Taitila Until 8:18AM	Nataraja: Clear		Moon 9 - Phase 27 - 24 4th Phase
	Creative Work	Siddha Yoga		Dashami Until 7:44PM	Moon – Purple		Bhuloka Day
	Until 4:42AM Sat				Karttika•Aipasi		Devaloka Time: 3:PM to 6:PM
	Then Routine Work - Marana Yoga						

2	Saturday, November 1, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau				St. Helena, CA
	Kumbha Rasi: 20.39	Tithi 11	Gulika 6:35AM – 7:55AM	Purvaproshtapada* Until 3:33AM Sun	Ganesha: Clear	Sunrise: 6:35AM	Sun 25 Sutra 202
		615138574	Yama 1:12PM – 2:31PM	Dhruva Until 12:39PM	Muruga: Yellow	Sunset: 5:10PM	Visvavasu 5127
			Rahu 9:14AM – 10:33AM	Vanija Until 7:00AM	Nataraja: Clear		Moon 9 - Phase 27 - 25 4th Phase
	Routine Work	Marana Yoga		Ekadashi Until 6:02PM	Moon – Clear		Devaloka Day
	Until 3:33AM Sun				Karttika•Aipasi		
	Then Creative Work - Amrita Yoga						

3	Sunday, November 2, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Meena Rasi: 4.47	Tithi 12 – 13	Gulika 2:31PM – 3:50PM	Uttaraproshtapada Until 1:34AM Mon	Ganesha: Clear	Sunrise: 6:36AM	Sun 26 Sutra 203
		615138574	Yama 11:52AM – 1:11PM	Vyaghata* Until 9:39AM	Muruga: Yellow	Sunset: 5:09PM	Visvavasu 5127
			Rahu 3:50PM – 5:09PM	Kaulava Until 2:10AM Mon	Nataraja: Clear		Moon 9 - Phase 27 - 26 4th Phase
	Creative Work	Amrita Yoga		Dvadashi Until 3:36PM	Moon – Clear		Devaloka Day
	Until 1:34AM Mon				Karttika•Aipasi		
	Then Creative Work - Siddha Yoga						

4	Monday, November 3, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Meena Rasi: 19.23	Tithi 13 – 14	Gulika 1:11PM – 2:30PM	Revati Until 10:55PM	Ganesha: Clear	Sunrise: 6:37AM	Sun 27 Sutra 204
		615138574	Yama 10:34AM – 11:52AM	Harshana Until 6:08AM	Muruga: Yellow	Sunset: 5:08PM	Visvavasu 5127
	Family Home Evening		Rahu 7:56AM – 9:15AM	Gara Until 10:54PM	Nataraja: Clear		Moon 9 - Phase 27 - 27 4th Phase
	Creative Work	Siddha Yoga		Trayodashi Until 12:34PM	Moon – Clear		Devaloka Day
					Karttika•Aipasi		

	Tuesday, November 4, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA
	Copper Retreat Star		Gulika 11:52AM – 1:11PM	Ashvini Until 8:10PM	Ganesha: Purple	Sunrise: 6:38AM	Sun 28 Sutra 205
	Mesha Rasi: 4.22	Tithi 14 – 15	Yama 9:15AM – 10:34AM	Siddhi Until 9:58PM	Muruga: Yellow	Sunset: 5:06PM	Visvavasu 5127
		625138574	Rahu 2:29PM – 3:48PM	Visli Until 7:16PM	Nataraja: Clear		Moon 9 - Phase 27 - Purnima
	Creative Work	Siddha Yoga		Chaturdashi* Until 9:06AM	Moon – White		Sivaloka Day
					Karttika•Aipasi		

Silver Retreat Star	Wednesday, November 5, 2025		Visvavasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA
	Silver Retreat Star		Gulika 10:34AM – 11:52AM	Bharani Until 5:06PM	Ganesha: Purple	Sunrise: 6:39AM	Sun 29 Sutra 206
	Mesha Rasi: 19.34	Tithi 16	Yama 7:58AM – 9:16AM	Vyatipata* Until 5:37PM	Muruga: Yellow	Sunset: 5:05PM	Visvavasu 5127
		625138574	Rahu 11:52AM – 1:11PM	Balava Until 3:26PM	Nataraja: Clear		Moon 9 - Phase 27 - Prathama
	Creative Work	Siddha Yoga		Prathama* Until 1:29AM Thu	Moon – White		Sivaloka Day
	Until 5:06PM				Karttika•Aipasi		
	Then Creative Work - Amrita Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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Thursday, November 6, 2025

Gold Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sutra 207

Vishabha Rasi: 4.52 Tithi 17

725138574

Gulika

9:17AM – 10:35AM

Krittika Until 1:55PM

Ganesha: Clear

Sunrise: 6:41AM

Visvasu 5127

Yama

6:41AM – 7:59AM

Variyan Until 1:15PM

Muruga: Yellow

Sunset: 5:04PM

Moon 10 - Phase 28 -

Routine Work Marana Yoga

Rahu

1:11PM – 2:28PM

Taitila Until 11:35AM

Nataraja: Clear

Moon – White

Devaloka Day

Kartika•Aipasi

Dvitiya Until 9:42PM

Friday, November 7, 2025

1

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 208

Vishabha Rasi: 20.05 Tithi 18

735138574

Gulika

7:59AM – 9:17AM

Rohini Until 11:09AM

Ganesha: Purple

Sunrise: 6:42AM

Visvasu 5127

Yama

2:28PM – 3:46PM

Parigha* Until 9:02AM

Muruga: Yellow

Sunset: 5:03PM

Moon 10 - Phase 28 - 1

Routine Work Marana Yoga

Rahu

10:35AM – 11:53AM

Vanija Until 7:54AM

Nataraja: Clear

Moon – Yellow

Sivaloka Day

Kartika•Aipasi

Tritiya Until 6:10PM

Until 11:09AM

Then Creative Work - Siddha Yoga

Saturday, November 8, 2025

2

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 2 Sutra 209

Mithuna Rasi: 5.02 Tithi 19 – 20

735138574

Gulika

6:43AM – 8:00AM

Mrigashira Until 8:38AM

Ganesha: Purple

Sunrise: 6:43AM

Visvasu 5127

Yama

1:10PM – 2:28PM

Siddha Until 1:35AM Sun

Muruga: Yellow

Sunset: 5:03PM

Moon 10 - Phase 28 - 2

Creative Work Siddha Yoga

Rahu

9:18AM – 10:35AM

Kaulava Until 1:42AM Sun

Nataraja: Clear

Moon – Yellow

Sivaloka Day

Kartika•Aipasi

Chaturthi* Until 3:02PM

Sunday, November 9, 2025

3

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Vanija/Visti* Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 3 Sutra 210

Mithuna Rasi: 19.37 Tithi 20 – 21

735138574

Gulika

2:27PM – 3:44PM

Ardra Until 6:30AM

Ganesha: Purple

Sunrise: 6:44AM

Visvasu 5127

Yama

11:53AM – 1:10PM

Sadhya Until 10:35PM

Muruga: Yellow

Sunset: 5:02PM

Moon 10 - Phase 28 - 3

Creative Work Siddha Yoga

Rahu

3:44PM – 5:02PM

Gara Until 11:29PM

Nataraja: Clear

Moon – Yellow

Sivaloka Day

Kartika•Aipasi

Panchami Until 12:29PM

Monday, November 10, 2025

4

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 4 Sutra 211

Kataka Rasi: 3.43 Tithi 21 – 22

745138574

Gulika

1:10PM – 2:27PM

Pushya Until 4:45AM Tue

Ganesha: Clear

Sunrise: 6:45AM

Visvasu 5127

Family Home Evening

Yama

10:36AM – 11:53AM

Subha Until 8:13PM

Muruga: Yellow

Sunset: 5:01PM

Moon 10 - Phase 28 - 4

Creative Work Siddha Yoga

Rahu

8:02AM – 9:19AM

Visti Until 10:02PM

Nataraja: Clear

Moon – Blue

Devaloka Day

Kartika•Aipasi

Shashthi* Until 10:38AM

Tuesday, November 11, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 5 Sutra 212

Kataka Rasi: 17.22 Tithi 22 – 23

746138574

Gulika

11:53AM – 1:10PM

Ashlesha* Until 4:51AM Wed

Ganesha: White

Sunrise: 6:46AM

Visvasu 5127

Creative Work Siddha Yoga

Yama

9:19AM – 10:36AM

Sukla Until 6:27PM

Muruga: Yellow

Sunset: 5:00PM

Moon 10 - Phase 28 - 5

Rahu

2:26PM – 3:43PM

Balava Until 9:25PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Kartika•Aipasi

Devaloka Time: 3:PM to 6:PM

Saptami Until 9:36AM

Wednesday, November 12, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 6 Sutra 213

Simha Rasi: 0.32 Tithi 23 – 24

756138574

Gulika

10:37AM – 11:53AM

Magha* Until 6:03AM Thu

Ganesha: Yellow

Sunrise: 6:47AM

Visvasu 5127

Creative Work Siddha Yoga

Yama

8:04AM – 9:20AM

Brahma Until 5:22PM

Muruga: Yellow

Sunset: 4:59PM

Moon 10 - Phase 28 - 6

Rahu

11:53AM – 1:10PM

Taitila Until 9:37PM

Nataraja: Clear

Moon – Red

Devaloka Day

Kartika•Aipasi

Ashtami* Until 9:24AM

1	Thursday, November 13, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA
	Simha Rasi: 13.18	Tithi 24 – 25	Gulika 9:21AM – 10:37AM	Magha* Until 6:03AM	Ganesha: Yellow	<i>Sunrise:</i> 6:48AM	Sun 7 Sutra 214
			Yama 6:48AM – 8:04AM	Indra Until 4:53PM	Muruga: Yellow	<i>Sunset:</i> 4:58PM	Visvvasu 5127
		756138574	Rahu 1:09PM – 2:26PM	Vanija Until 10:35PM	Nataraja: Clear		Moon 10 - Phase 29 - 7 2nd Phase
Creative Work Amrita Yoga						Devaloka Day	
Until 6:03AM						Karttika-Aipasi	
Then Creative Work - Siddha Yoga							


2	Friday, November 14, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				St. Helena, CA
	Simha Rasi: 25.44	Tithi 25 – 26	Gulika 8:05AM – 9:21AM	Purvaphalguni Until 7:47AM	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM	Sun 8 Sutra 215
			Yama 2:25PM – 3:41PM	Vaidhriti* Until 4:52PM	Muruga: Yellow	<i>Sunset:</i> 4:57PM	Visvvasu 5127
		756138574	Rahu 10:37AM – 11:53AM	Bava Until 12:10AM Sat	Nataraja: Clear		Moon 10 - Phase 29 - 8 2nd Phase
Creative Work Siddha Yoga						Devaloka Day	
						Karttika-Aipasi	

3	Saturday, November 15, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA
	Kanya Rasi: 7.56	Tithi 26 – 27	Gulika 6:50AM – 8:06AM	Uttaraphalguni Until 9:53AM	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM	Sun 9 Sutra 216
			Yama 1:09PM – 2:25PM	Vishkambha* Until 5:15PM	Muruga: Yellow	<i>Sunset:</i> 4:57PM	Visvvasu 5127
		756138574	Rahu 9:22AM – 10:38AM	Kaulava Until 2:13AM Sun	Nataraja: Clear		Moon 10 - Phase 29 - 9 2nd Phase
Routine Work Marana Yoga						Devaloka Day	
						Karttika-Aipasi	

4	Sunday, November 16, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
	Kanya Rasi: 19.59	Tithi 27 – 28	Gulika 2:25PM – 3:40PM	Hasta Until 12:42PM	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM	Sun 10 Sutra 217
			Yama 11:54AM – 1:09PM	Priti Until 5:54PM	Muruga: Yellow	<i>Sunset:</i> 4:56PM	Visvvasu 5127
		766238575	Rahu 3:40PM – 4:56PM	Gara Until 4:33AM Mon	Nataraja: Purple		Moon 10 - Phase 29 - 10 2nd Phase
Creative Work Amrita Yoga						Sivaloka Day	
Until 12:42PM						Karttika-Karttikai	
Then Creative Work - Siddha Yoga						Pradosha Vrata (Fasting)	

5	Monday, November 17, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
	Tula Rasi: 1.55	Tithi 28 – 29	Gulika 1:09PM – 2:25PM	Chitra Until 3:34PM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	Sun 11 Sutra 218
	Family Home Evening		Yama 10:39AM – 11:54AM	Ayushman Until 6:40PM	Muruga: Yellow	<i>Sunset:</i> 4:55PM	Visvvasu 5127
		766238575	Rahu 8:08AM – 9:23AM	Visti Until 7:02AM Tue	Nataraja: Purple		Moon 10 - Phase 29 - 11 2nd Phase
Routine Work Prabalarishta Yoga						Sivaloka Day	
Until 3:34PM						Karttika-Karttikai	
Then Creative Work - Amrita Yoga							

6	Tuesday, November 18, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA
	Tula Rasi: 13.48	Tithi 29	Gulika 11:54AM – 1:09PM	Svati Until 6:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	Sun 12 Sutra 219
			Yama 9:24AM – 10:39AM	Saubhagya Until 7:31PM	Muruga: Yellow	<i>Sunset:</i> 4:55PM	Visvvasu 5127
		767238575	Rahu 2:24PM – 3:40PM	Visti Until 7:02AM	Nataraja: Purple		Moon 10 - Phase 29 - 12 2nd Phase
Creative Work Siddha Yoga						Devaloka Day	
Until 6:21PM						Karttika-Karttikai	
Then Routine Work - Marana Yoga							

	Wednesday, November 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				St. Helena, CA
	Retreat Star		Gulika 10:39AM – 11:54AM	Vishakha Until 9:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:55AM	Sun 13 Sutra 220
	Tula Rasi: 25.4	Tithi 30	Yama 8:10AM – 9:25AM	Sobhana Until 8:24PM	Muruga: Yellow	<i>Sunset:</i> 4:54PM	Visvvasu 5127
		777238575	Rahu 11:54AM – 1:09PM	Catuspada Until 9:34AM	Nataraja: Purple		Moon 10 - Phase 29 - 13 Amavasya
Creative Work Siddha Yoga						Devaloka Day	
						Karttika-Karttikai	

Retreat Star	Thursday, November 20, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				St. Helena, CA
	Retreat Star		Gulika 9:25AM – 10:40AM	Anuradha Until 12:24AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:56AM	Sun 14 Sutra 221
	Vriscika Rasi: 7.32	Tithi 1	Yama 6:56AM – 8:10AM	Athiganda* Until 9:12PM	Muruga: Yellow	<i>Sunset:</i> 4:53PM	Visvvasu 5127
		777238575	Rahu 1:09PM – 2:24PM	Kintughna Until 12:05PM	Nataraja: Purple		Moon 10 - Phase 29 - 14 Prathama
Creative Work Siddha Yoga						Devaloka Day	
Until 12:24AM Fri						Margasira-Karttikai	
Then Routine Work - Marana Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Friday, November 21, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA
	Wrischika Rasi: 19.26	Tithi 2	Gulika 8:11AM – 9:26AM	Jyeshtha* Until 3:04AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:57AM	Sun 15 Sutra 222
			Yama 2:24PM – 3:38PM	Sukarma Until 9:57PM	Muruga: Yellow	<i>Sunset:</i> 4:53PM	Visvvasu 5127
	777238575	Rahu 10:40AM – 11:55AM	Balava Until 2:30PM	Nataraja: Purple	Moon – Orange		Moon 10 - Phase 30 - 15 3rd Phase
Routine Work Marana Yoga		Dvitiya Until 3:39AM Sat		Margasira-Karttikai		Devaloka Day	
Until 3:04AM Sat							
Then Creative Work - Siddha Yoga							

2	Saturday, November 22, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Taitila/Gara Karana Trityayam Titau				St. Helena, CA
	Dhanus Rasi: 1.22	Tithi 3	Gulika 6:58AM – 8:12AM	Mula* Until 5:55AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:58AM	Sun 16 Sutra 223
			Yama 1:09PM – 2:24PM	Dhriti Until 10:36PM	Muruga: Yellow	<i>Sunset:</i> 4:52PM	Visvvasu 5127
	787238575	Rahu 9:26AM – 10:41AM	Taitila Until 4:49PM	Nataraja: Purple	Moon – Light Blue		Moon 10 - Phase 30 - 16 3rd Phase
Creative Work Siddha Yoga		Tritiya Until 5:52AM Sun		Margasira-Karttikai		Devaloka Day	

3	Sunday, November 23, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija Karana Chaturthyam Titau				St. Helena, CA
	Dhanus Rasi: 13.22	Tithi 4	Gulika 2:24PM – 3:38PM	Purvashadha* Until 8:21AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:59AM	Sun 17 Sutra 224
			Yama 11:55AM – 1:09PM	Shula* Until 11:04PM	Muruga: Yellow	<i>Sunset:</i> 4:52PM	Visvvasu 5127
	787238575	Rahu 3:38PM – 4:52PM	Vanija Until 6:55PM	Nataraja: Purple	Moon – Light Blue		Moon 10 - Phase 30 - 17 3rd Phase
Creative Work Siddha Yoga		Chaturthi* Until 7:51AM Mon		Margasira-Karttikai		Devaloka Day	
Until 8:21AM Mon							
Then Routine Work - Marana Yoga							

4	Monday, November 24, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA
	Dhanus Rasi: 25.28	Tithi 4 – 5	Gulika 1:10PM – 2:24PM	Purvashadha* Until 8:21AM	Ganesha: Red	<i>Sunrise:</i> 7:00AM	Sun 18 Sutra 225
			Yama 10:42AM – 11:56AM	Ganda* Until 11:18PM	Muruga: Yellow	<i>Sunset:</i> 4:51PM	Visvvasu 5127
	788238575	Rahu 8:14AM – 9:28AM	Bava Until 8:44PM	Nataraja: Purple	Moon – Light Blue		Moon 10 - Phase 30 - 18 3rd Phase
Family Home Evening		Chaturthi* Until 7:51AM		Margasira-Karttikai		Sivaloka Day	
Routine Work Marana Yoga							

5	Tuesday, November 25, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau				St. Helena, CA
	Makara Rasi: 7.42	Tithi 5 – 6	Gulika 11:56AM – 1:10PM	Uttarashadha Until 10:18AM	Ganesha: Red	<i>Sunrise:</i> 7:01AM	Sun 19 Sutra 226
			Yama 9:28AM – 10:42AM	Vriddhi Until 11:14PM	Muruga: Yellow	<i>Sunset:</i> 4:51PM	Visvvasu 5127
	788238575	Rahu 2:23PM – 3:37PM	Kaulava Until 10:07PM	Nataraja: Purple	Moon – Light Blue		Moon 10 - Phase 30 - 19 3rd Phase
Routine Work Prabalarishta Yoga		Panchami Until 9:28AM		Margasira-Karttikai		Sivaloka Day	
Until 10:18AM							
Then Creative Work - Siddha Yoga							

6	Wednesday, November 26, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				St. Helena, CA
	Makara Rasi: 20.08	Tithi 6 – 7	Gulika 10:43AM – 11:56AM	Shravana Until 12:05PM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM	Sun 20 Sutra 227
			Yama 8:16AM – 9:29AM	Dhruva Until 10:41PM	Muruga: Yellow	<i>Sunset:</i> 4:51PM	Visvvasu 5127
	798238575	Rahu 11:56AM – 1:10PM	Gara Until 10:56PM	Nataraja: Purple	Moon – Purple		Moon 10 - Phase 30 - 20 3rd Phase
Creative Work Siddha Yoga		Shashthi* Until 10:35AM		Margasira-Karttikai		Subha Sivaloka Day	
Until 12:05PM							
Then Routine Work - Prabalarishta Yoga							

☾	Thursday, November 27, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA
	Retreat Star		Gulika 9:30AM – 10:43AM	Dhanishtha Until 1:05PM	Ganesha: Blue	<i>Sunrise:</i> 7:03AM	Sun 21 Sutra 228
	Kumbha Rasi: 2.5	Tithi 7 – 8	Yama 7:03AM – 8:16AM	Vyaghata* Until 9:38PM	Muruga: Yellow	<i>Sunset:</i> 4:50PM	Visvvasu 5127
			798238575 Rahu 1:10PM – 2:23PM	Visti Until 11:04PM	Nataraja: Purple		Moon 10 - Phase 30 - 21 Ashtami
Creative Work Siddha Yoga		Saptami Until 11:05AM		Margasira-Karttikai		Subha Sivaloka Day	

☾	Friday, November 28, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				St. Helena, CA
	Retreat Star		Gulika 8:17AM – 9:31AM	Shatabhishak Until 1:13PM	Ganesha: Blue	<i>Sunrise:</i> 7:04AM	Sun 22 Sutra 229
	Kumbha Rasi: 15.54	Tithi 8 – 9	Yama 2:23PM – 3:37PM	Harshana Until 7:59PM	Muruga: Yellow	<i>Sunset:</i> 4:50PM	Visvvasu 5127
			798238575 Rahu 10:44AM – 11:57AM	Balava Until 10:25PM	Nataraja: Purple		Moon 10 - Phase 30 - 22 Navami
Creative Work Siddha Yoga		Ashtami* Until 10:49AM		Margasira-Karttikai		Subha Sivaloka Day	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda


1		Saturday, November 29, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				St. Helena, CA
Kumbha Rasi: 29.22	Tithi 9 – 10	Gulika	7:05AM – 8:18AM	Purvaproshtapada* Until 12:53PM	Ganesha: Purple	<i>Sunrise:</i> 7:05AM	Sun 23	Sutra 230
		Yama	1:10PM – 2:23PM	Vajra* Until 5:42PM	Muruga: Yellow	<i>Sunset:</i> 4:50PM		Visvvasu 5127
		718238575 Rahu	9:31AM – 10:44AM	Taitila Until 8:59PM	Nataraja: Purple		Moon 10 - Phase 31 - 23	4th Phase
Routine Work	Marana Yoga			Navami* Until 9:47AM	Moon – Clear		Subha Sivaloka Day	
Until 12:53PM					Margasira-Karttikai			
Then Creative Work - Siddha Yoga								

2		Sunday, November 30, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				St. Helena, CA
Meena Rasi: 13.19	Tithi 10 – 11	Gulika	2:24PM – 3:36PM	Uttaraproshtapada Until 11:39AM	Ganesha: Purple	<i>Sunrise:</i> 7:06AM	Sun 24	Sutra 231
		Yama	11:58AM – 1:11PM	Siddhi Until 2:49PM	Muruga: Yellow	<i>Sunset:</i> 4:49PM		Visvvasu 5127
		718238575 Rahu	3:36PM – 4:49PM	Vanija Until 6:49PM	Nataraja: Purple		Moon 10 - Phase 31 - 24	4th Phase
Creative Work	Amrita Yoga			Dashami Until 7:58AM	Moon – Clear		Subha Sivaloka Day	
		Gita Jayanthi			Margasira-Karttikai			

3		Monday, December 1, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Dvadashyam Titau				St. Helena, CA
Meena Rasi: 27.43	Tithi 12	Gulika	1:11PM – 2:24PM	Revati Until 9:36AM	Ganesha: Clear	<i>Sunrise:</i> 7:07AM	Sun 25	Sutra 232
Family Home Evening		Yama	10:45AM – 11:58AM	Vyatipata* Until 11:25AM	Muruga: Yellow	<i>Sunset:</i> 4:49PM		Visvvasu 5127
		719238575 Rahu	8:20AM – 9:33AM	Bava Until 4:00PM	Nataraja: Purple		Moon 10 - Phase 31 - 25	4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 2:23AM Tue	Moon – Clear		Sivaloka Day	
					Margasira-Karttikai			

4		Tuesday, December 2, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				St. Helena, CA
Mesha Rasi: 12.31	Tithi 13	Gulika	11:58AM – 1:11PM	Ashvini Until 7:17AM	Ganesha: White	<i>Sunrise:</i> 7:08AM	Sun 26	Sutra 233
		Yama	9:33AM – 10:46AM	Variyan Until 7:34AM	Muruga: Yellow	<i>Sunset:</i> 4:49PM		Visvvasu 5127
		729238575 Rahu	2:24PM – 3:36PM	Kaulava Until 12:42PM	Nataraja: Purple		Moon 10 - Phase 31 - 26	4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 10:53PM	Moon – White		Devaloka Day	
					Margasira-Karttikai			
				<i>Pradosha Vrata</i>				

5		Wednesday, December 3, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau				St. Helena, CA
Mesha Rasi: 27.38	Tithi 14	Gulika	10:46AM – 11:59AM	Krittika Until 1:16AM Thu	Ganesha: White	<i>Sunrise:</i> 7:09AM	Sun 27	Sutra 234
		Yama	8:21AM – 9:34AM	Shiva Until 11:04PM	Muruga: Yellow	<i>Sunset:</i> 4:49PM		Visvvasu 5127
		729238575 Rahu	11:59AM – 1:11PM	Gara Until 9:02AM	Nataraja: Purple		Moon 10 - Phase 31 - 27	4th Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 7:07PM	Moon – White		Devaloka Day	
Until 1:16AM Thu		Krittika Deepam			Margasira-Karttikai			
Then Routine Work - Marana Yoga								

		Thursday, December 4, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				St. Helena, CA
Copper Retreat Star		Gulika	9:35AM – 10:47AM	Rohini Until 10:19PM	Ganesha: Yellow	<i>Sunrise:</i> 7:10AM	Sun 28	Sutra 235
Vrishabha Rasi: 12.56	Tithi 15 – 16	Yama	7:10AM – 8:22AM	Siddha Until 6:39PM	Muruga: Yellow	<i>Sunset:</i> 4:49PM		Visvvasu 5127
		739238575 Rahu	1:12PM – 2:24PM	Balava Until 1:23AM Fri	Nataraja: Purple		Moon 10 - Phase 31 - Purnima	
Routine Work	Marana Yoga			Purnima* Until 3:16PM	Moon – Yellow		Sivaloka Day	
					Margasira-Karttikai			

Friday, December 5, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				St. Helena, CA		
Silver Retreat Star		Gulika	8:23AM – 9:35AM	Mrigashira Until 7:23PM	Ganesha: Yellow	<i>Sunrise:</i> 7:11AM	Sun 29	Sutra 236
Vrishabha Rasi: 28.12	Tithi 16 – 17	Yama	2:24PM – 3:36PM	Sadhya Until 2:22PM	Muruga: Yellow	<i>Sunset:</i> 4:49PM		Visvvasu 5127
		739238575 Rahu	10:47AM – 12:00PM	Taitila Until 9:45PM	Nataraja: Purple		Moon 10 - Phase 31 - Prathama	
Creative Work	Siddha Yoga			Prathama* Until 11:31AM	Moon – Yellow		Sivaloka Day	
					Margasira-Karttikai			
		Vinayaga Viratam Begins						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Saturday, December 6, 2025

Gold Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 237

Visvasu 5127

Mithuna Rasi: 13.17 Tithi 17 - 18

Gulika 7:12AM - 8:24AM

Ardra Until 4:41PM

Ganesha: Yellow Sunrise: 7:12AM

Yama 1:12PM - 2:24PM

Subha Until 10:21AM

Muruga: Yellow Sunset: 4:49PM

Moon 11 - Phase 32 - 1

749238575 Rahu 9:36AM - 10:48AM

Vanija Until 6:29PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 8:03AM

Moon - Yellow
Margasira-Karttikai

Sivaloka Day

1

Sunday, December 7, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 238

Visvasu 5127

Mithuna Rasi: 28.02 Tithi 19

Gulika 2:25PM - 3:37PM

Punarvasu Until 2:46PM

Ganesha: Blue Sunrise: 7:13AM

Yama 12:01PM - 1:13PM

Sukla Until 6:41AM

Muruga: Yellow Sunset: 4:49PM

Moon 11 - Phase 32 - 2

749238575 Rahu 3:37PM - 4:49PM

Bava Until 3:45PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 2:37AM Mon

Moon - Blue
Margasira-Karttikai

Devaloka Day

2

Monday, December 8, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 239

Visvasu 5127

Kataka Rasi: 12.21 Tithi 20

Gulika 1:13PM - 2:25PM

Pushya Until 1:24PM

Ganesha: Blue Sunrise: 7:13AM

Yama 10:49AM - 12:01PM

Indra Until 1:03AM Tue

Muruga: Yellow Sunset: 4:49PM

Moon 11 - Phase 32 - 3

Family Home Evening

749238575 Rahu 8:25AM - 9:37AM

Kaulava Until 1:43PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Panchami Until 1:00AM Tue

Moon - Blue
Margasira-Karttikai

Devaloka Day

3

Tuesday, December 9, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 240

Visvasu 5127

Kataka Rasi: 26.09 Tithi 21

Gulika 12:01PM - 1:13PM

Ashlesha* Until 12:42PM

Ganesha: White Sunrise: 7:14AM

Yama 9:38AM - 10:50AM

Vaidhriti* Until 11:12PM

Muruga: Yellow Sunset: 4:49PM

Moon 11 - Phase 32 - 4

Family Home Evening

741238575 Rahu 2:25PM - 3:37PM

Gara Until 12:32PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 12:15AM Wed

Moon - Blue
Margasira-Karttikai

Devaloka Day

4

Wednesday, December 10, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 241

Visvasu 5127

Simha Rasi: 9.26 Tithi 22

Gulika 10:50AM - 12:02PM

Magha* Until 1:10PM

Ganesha: Clear Sunrise: 7:15AM

Yama 8:27AM - 9:38AM

Vishkambha* Until 10:05PM

Muruga: Yellow Sunset: 4:49PM

Moon 11 - Phase 32 - 5

Family Home Evening

751238575 Rahu 12:02PM - 1:14PM

Visti Until 12:14PM

Nataraja: Purple

1st Phase

Creative Work Siddha Yoga

Saptami Until 12:24AM Thu

Moon - Red
Margasira-Karttikai

Sivaloka Day

Until 1:10PM

Then Creative Work - Amrita Yoga

5

Thursday, December 11, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 242

Visvasu 5127

Simha Rasi: 22.17 Tithi 23

Gulika 9:39AM - 10:51AM

Purvaphalguni Until 2:22PM

Ganesha: Purple Sunrise: 7:16AM

Yama 7:16AM - 8:27AM

Priti Until 9:39PM

Muruga: Yellow Sunset: 4:49PM

Moon 11 - Phase 32 - 6

Family Home Evening

751338575 Rahu 1:14PM - 2:26PM

Balava Until 12:50PM

Nataraja: Purple

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 1:25AM Fri

Moon - Red
Margasira-Karttikai

Subha Sivaloka Day

Friday, December 12, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 243

Visvasu 5127

Kanya Rasi: 4.44 Tithi 24

Gulika 8:28AM - 9:40AM

Uttaraphalguni Until 4:08PM

Ganesha: Purple Sunrise: 7:17AM

Yama 2:26PM - 3:38PM

Ayushman Until 9:44PM

Muruga: Yellow Sunset: 4:49PM

Moon 11 - Phase 32 - 7

Family Home Evening

751338575 Rahu 10:51AM - 12:03PM

Taitila Until 2:13PM

Nataraja: Purple

Navami

Creative Work Siddha Yoga

Navami* Until 3:08AM Sat

Moon - Red
Margasira-Karttikai

Subha Sivaloka Day

Until 4:08PM

Then Creative Work - Amrita Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/19/23

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1	Saturday, December 13, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam				St. Helena, CA
			Hasla Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 244
	Kanya Rasi: 16.55	Tithi 25	Gulika 7:17AM – 8:29AM	Hasta Until 6:49PM	Ganesha: Clear	Sunrise: 7:17AM	Visvvasu 5127
			Yama 1:15PM – 2:26PM	Saubhagya Until 10:15PM	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 33 - 8
Routine Work	Marana Yoga	761338575 Rahu 9:40AM – 10:52AM	Vanija Until 4:14PM	Nataraja: Purple		2nd Phase	
			Dashami Until 5:23AM Sun	Moon – Green		Sivaloka Day	
				Margasira-Karttikai			


2	Sunday, December 14, 2025		Visvvasu Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
			Chitra Nakshatra Sobhana Yoga Bava Karana Ekadashyam Titau				Sun 9 Sutra 245
	Kanya Rasi: 28.53	Tithi 26	Gulika 2:27PM – 3:38PM	Chitra Until 9:40PM	Ganesha: Clear	Sunrise: 7:18AM	Visvvasu 5127
			Yama 12:04PM – 1:15PM	Sobhana Until 11:02PM	Muruga: Yellow	Sunset: 4:50PM	Moon 11 - Phase 33 - 9
Creative Work	Siddha Yoga	761338575 Rahu 3:38PM – 4:50PM	Bava Until 6:38PM	Nataraja: Purple		2nd Phase	
			Ekadashi* Until 7:54AM Mon	Moon – Green		Sivaloka Day	
				Margasira-Karttikai			


3	Monday, December 15, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				St. Helena, CA
			Svati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 246
	Tula Rasi: 10.46	Tithi 26 – 27	Gulika 1:16PM – 2:27PM	Svati Until 12:31AM Tue	Ganesha: Clear	Sunrise: 7:19AM	Visvvasu 5127
	Family Home Evening		Yama 10:53AM – 12:04PM	Athiganda* Until 11:54PM	Muruga: Yellow	Sunset: 4:50PM	Moon 11 - Phase 33 - 10
Creative Work	Amrita Yoga	761338575 Rahu 8:30AM – 9:42AM	Kaulava Until 9:13PM	Nataraja: Purple		2nd Phase	
Until 12:31AM Tue			Ekadashi* Until 7:54AM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga		Markali Pillaiyar		Margasira-Markali			

4	Tuesday, December 16, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				St. Helena, CA
			Vishakha Nakshatra Sukarma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 247
	Tula Rasi: 22.37	Tithi 27 – 28	Gulika 12:05PM – 1:16PM	Vishakha Until 3:42AM Wed	Ganesha: Clear	Sunrise: 7:19AM	Visvvasu 5127
			Yama 9:42AM – 10:53AM	Sukarma Until 12:46AM Wed	Muruga: Yellow	Sunset: 4:50PM	Moon 11 - Phase 33 - 11
Routine Work	Marana Yoga	871338575 Rahu 2:27PM – 3:39PM	Gara Until 11:49PM	Nataraja: Purple		2nd Phase	
Until 3:42AM Wed			Dvadashi* Until 10:30AM	Moon – Orange		Sivaloka Day	
Then Creative Work - Siddha Yoga				Margasira-Markali			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, December 17, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				St. Helena, CA
			Anuradha Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 248
	Vriscika Rasi: 4.28	Tithi 28 – 29	Gulika 10:54AM – 12:05PM	Anuradha Until 6:35AM Thu	Ganesha: Clear	Sunrise: 7:20AM	Visvvasu 5127
			Yama 8:31AM – 9:43AM	Dhriti Until 1:35AM Thu	Muruga: Yellow	Sunset: 4:50PM	Moon 11 - Phase 33 - 12
Creative Work	Siddha Yoga	871338575 Rahu 12:05PM – 1:17PM	Visti Until 2:19AM Thu	Nataraja: Purple		2nd Phase	
Until 6:35AM Thu			Trayodashi* Until 1:04PM	Moon – Orange		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Margasira-Markali			

6	Thursday, December 18, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				St. Helena, CA
			Anuradha/Jyeshtha* Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 249
	Vriscika Rasi: 16.22	Tithi 29 – 30	Gulika 9:43AM – 10:54AM	Anuradha Until 6:35AM	Ganesha: Clear	Sunrise: 7:21AM	Visvvasu 5127
			Yama 7:21AM – 8:32AM	Shula* Until 2:13AM Fri	Muruga: Yellow	Sunset: 4:51PM	Moon 11 - Phase 33 - 13
Creative Work	Siddha Yoga	871338575 Rahu 1:17PM – 2:28PM	Catuspada Until 4:37AM Fri	Nataraja: Purple		2nd Phase	
Until 6:35AM			Chaturdashi* Until 3:28PM	Moon – Orange		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Margasira-Markali			

	Friday, December 19, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				St. Helena, CA
	Retreat Star		Jyeshtha*/Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 250
	Vriscika Rasi: 28.2	Tithi 30 – 1	Gulika 8:33AM – 9:44AM	Jyeshtha* Until 9:08AM	Ganesha: Purple	Sunrise: 7:21AM	Visvvasu 5127
			Yama 2:29PM – 3:40PM	Ganda* Until 2:43AM Sat	Muruga: Yellow	Sunset: 4:51PM	Moon 11 - Phase 33 - 14
Routine Work	Marana Yoga	872338575 Rahu 10:55AM – 12:06PM	Kintughna Until 6:43AM Sat	Nataraja: Purple		Amavasya	
Until 9:08AM			Amavasya* Until 5:41PM	Moon – Orange		Devaloka Day	
Then Creative Work - Amrita Yoga		Hanumath Jayanthi (Tamil Nadu)		Margasira-Markali			

	Saturday, December 20, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA
	Retreat Star		Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 251
	Dhanus Rasi: 10.23	Tithi 1	Gulika 7:22AM – 8:33AM	Mula* Until 11:48AM	Ganesha: Light Blue	Sunrise: 7:22AM	Visvvasu 5127
			Yama 1:18PM – 2:29PM	Vriddhi Until 3:02AM Sun	Muruga: Yellow	Sunset: 4:52PM	Moon 11 - Phase 33 - 15
Creative Work	Siddha Yoga	882338575 Rahu 9:44AM – 10:56AM	Kintughna Until 6:43AM	Nataraja: Purple		Prathama	
			Prathama* Until 7:38PM	Moon – Light Blue		Devaloka Day	
				Pausha-Markali			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Visvvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
		Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 252
Dhanus Rasi: 22.34	Tithi 2	Gulika 2:30PM – 3:41PM	Purvashadha* Until 2:02PM	Ganesha: Light Blue <i>Sunrise:</i> 7:22AM	<i>Sunset:</i> 4:52PM	Visvvasu 5127
		Yama 12:07PM – 1:19PM	Dhruva Until 3:07AM Mon	Muruga: Yellow		Moon 11 - Phase 34 - 16
	882338575	Rahu 3:41PM – 4:52PM	Balava Until 8:32AM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga				Moon – Light Blue		Devaloka Day
Until 2:02PM		Day 1 of Pancha Ganapati	Dvitiya Until 9:19PM	Pausha*Markali		
Then Creative Work - Amrita Yoga						

2 Monday, December 22, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				St. Helena, CA
		Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 253
Makara Rasi: 4.5	Tithi 3	Gulika 1:19PM – 2:30PM	Uttarashadha Until 3:50PM	Ganesha: Light Blue <i>Sunrise:</i> 7:23AM	<i>Sunset:</i> 4:53PM	Visvvasu 5127
Family Home Evening		Yama 10:57AM – 12:08PM	Vyaghata* Until 2:58AM Tue	Muruga: Yellow		Moon 11 - Phase 34 - 17
Routine Work Marana Yoga	882338575	Rahu 8:34AM – 9:45AM	Taitila Until 10:04AM	Nataraja: Purple		3rd Phase
Until 3:50PM				Moon – Light Blue		Devaloka Day
Then Creative Work - Amrita Yoga		Day 2 of Pancha Ganapati	Tritiya Until 10:42PM	Pausha*Markali		

3 Tuesday, December 23, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
		Shravana/Dhanishtha Nakshatra Harshana Yoga Vanija/Vishti* Karana Chaturthyam Titau				Sun 18 Sutra 254
Makara Rasi: 17.15	Tithi 4	Gulika 12:08PM – 1:20PM	Shravana Until 5:37PM	Ganesha: Purple <i>Sunrise:</i> 7:23AM	<i>Sunset:</i> 4:53PM	Visvvasu 5127
		Yama 9:46AM – 10:57AM	Harshana Until 2:32AM Wed	Muruga: Yellow		Moon 11 - Phase 34 - 18
	892338575	Rahu 2:31PM – 3:42PM	Vanija Until 11:16AM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga				Moon – Purple		Devaloka Day
		Day 3 of Pancha Ganapati	Chaturthi* Until 11:42PM	Pausha*Markali		

4 Wednesday, December 24, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
		Dhanishtha Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 255
Makara Rasi: 29.51	Tithi 5	Gulika 10:58AM – 12:09PM	Dhanishtha Until 6:49PM	Ganesha: Purple <i>Sunrise:</i> 7:24AM	<i>Sunset:</i> 4:54PM	Visvvasu 5127
		Yama 8:35AM – 9:46AM	Vajra* Until 1:44AM Thu	Muruga: Yellow		Moon 11 - Phase 34 - 19
	892338575	Rahu 12:09PM – 1:20PM	Bava Until 12:03PM	Nataraja: Purple		3rd Phase
Routine Work Prabalarishta Yoga				Moon – Purple		Devaloka Day
Until 6:49PM		Day 4 of Pancha Ganapati	Panchami Until 12:15AM Thu	Pausha*Markali		
Then Creative Work - Siddha Yoga						

5 Thursday, December 25, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
		Shatabhishak Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20 Sutra 256
Kumbha Rasi: 12.39	Tithi 6	Gulika 9:47AM – 10:58AM	Shatabhishak Until 7:23PM	Ganesha: Purple <i>Sunrise:</i> 7:24AM	<i>Sunset:</i> 4:54PM	Visvvasu 5127
		Yama 7:24AM – 8:35AM	Siddhi Until 12:32AM Fri	Muruga: Yellow		Moon 11 - Phase 34 - 20
	892338575	Rahu 1:21PM – 2:32PM	Kaulava Until 12:21PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga				Moon – Purple		Devaloka Day
		Day 5 of Pancha Ganapati	Shashthi* Until 12:17AM Fri	Pausha*Markali		
		Vinayaga Viratam Ends				

6 Friday, December 26, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				St. Helena, CA
		Purvaprosarthpada* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 257
Kumbha Rasi: 25.43	Tithi 7	Gulika 8:36AM – 9:47AM	Purvaprosarthpada* Until 7:41PM	Ganesha: Green <i>Sunrise:</i> 7:25AM	<i>Sunset:</i> 4:55PM	Visvvasu 5127
		Yama 2:32PM – 3:44PM	Vyatipata* Until 10:53PM	Muruga: Yellow		Moon 11 - Phase 34 - 21
	812338576	Rahu 10:58AM – 12:10PM	Gara Until 12:05PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga				Moon – Clear		Bhuloka Day
			Saptami Until 11:43PM	Pausha*Markali		Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, December 27, 2025				St. Helena, CA
		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam				Sun 22 Sutra 258
		Uttaraprosarthpada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Visvvasu 5127
Meena Rasi: 9.07	Tithi 8	Gulika 7:25AM – 8:36AM	Uttaraprosarthpada Until 7:14PM	Ganesha: Green <i>Sunrise:</i> 7:25AM	<i>Sunset:</i> 4:56PM	Visvvasu 5127
		Yama 1:22PM – 2:33PM	Variyan Until 8:43PM	Muruga: Yellow		Moon 11 - Phase 34 - 22
	812338576	Rahu 9:48AM – 10:59AM	Visti Until 11:13AM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga				Moon – Clear		Bhuloka Day
Until 7:14PM			Ashtami* Until 10:31PM	Pausha*Markali		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Prabalarishta Yoga						

Retreat Star		Sunday, December 28, 2025				St. Helena, CA
		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Sun 23 Sutra 259
		Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Visvvasu 5127
Meena Rasi: 22.52	Tithi 9	Gulika 2:34PM – 3:45PM	Revati Until 6:01PM	Ganesha: Green <i>Sunrise:</i> 7:25AM	<i>Sunset:</i> 4:56PM	Visvvasu 5127
		Yama 12:11PM – 1:22PM	Parigha* Until 6:05PM	Muruga: Yellow		Moon 11 - Phase 34 - 23
	812338576	Rahu 3:45PM – 4:56PM	Balava Until 9:42AM	Nataraja: Clear		Navami
Creative Work Amrita Yoga				Moon – Clear		Bhuloka Day
Until 6:01PM			Navami* Until 8:42PM	Pausha*Markali		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1	Monday, December 29, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA Sun 24 Sutra 260
	Mesha Rasi: 7	Tithi 10	Gulika 1:23PM – 2:34PM	Ashvini Until 4:32PM	Ganesha: Red	<i>Sunrise:</i> 7:25AM	Visvvasu 5127
	Family Home Evening	822338576	Yama 11:00AM – 12:11PM	Shiva Until 2:59PM	Muruga: Yellow	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 35 - 24
	Creative Work	Siddha Yoga	Rahu 8:37AM – 9:48AM	Taitila Until 7:36AM	Nataraja: Clear		4th Phase
			Dashami Until 6:20PM		Pausha -Markali	Devaloka Day	

2	Tuesday, December 30, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				St. Helena, CA Sun 25 Sutra 261
	Mesha Rasi: 21.29	Tithi 11 – 12	Gulika 12:12PM – 1:23PM	Bharani Until 2:25PM	Ganesha: Red	<i>Sunrise:</i> 7:26AM	Visvvasu 5127
		822338576	Yama 9:49AM – 11:00AM	Siddha Until 11:28AM	Muruga: Yellow	<i>Sunset:</i> 4:57PM	Moon 11 - Phase 35 - 25
	Creative Work	Siddha Yoga	Rahu 2:35PM – 3:46PM	Bava Until 1:55AM Wed	Nataraja: Clear		4th Phase
			Vaikuntha Ekadasi	Ekadashi Until 3:28PM	Pausha -Markali	Devaloka Day	

3	Wednesday, December 31, 2025		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 26 Sutra 262
	Vrishabha Rasi: 6.17	Tithi 12 – 13	Gulika 11:01AM – 12:12PM	Krittika Until 11:49AM	Ganesha: Red	<i>Sunrise:</i> 7:26AM	Visvvasu 5127
		822338576	Yama 8:38AM – 9:49AM	Sadhya Until 7:40AM	Muruga: Yellow	<i>Sunset:</i> 4:59PM	Moon 11 - Phase 35 - 26
	Creative Work	Amrita Yoga	Rahu 12:12PM – 1:24PM	Kaulava Until 10:36PM	Nataraja: Clear		4th Phase
			Dvadashi Until 12:16PM		Pausha -Markali	Devaloka Day	
<i>Pradosha Vrata</i>							

4	Thursday, January 1, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 27 Sutra 263
	Vrishabha Rasi: 21.16	Tithi 13 – 14	Gulika 9:49AM – 11:01AM	Rohini Until 9:17AM	Ganesha: Blue	<i>Sunrise:</i> 7:26AM	Visvvasu 5127
		833348576	Yama 7:26AM – 8:38AM	Sukla Until 11:36PM	Muruga: White	<i>Sunset:</i> 4:59PM	Moon 11 - Phase 35 - 27
	Routine Work	Marana Yoga	Rahu 1:24PM – 2:36PM	Gara Until 7:09PM	Nataraja: Clear		4th Phase
			Trayodashi Until 8:52AM		Pausha -Markali	Devaloka Day	

	Friday, January 2, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Visti/Bava Karana Purnimayam Titau				St. Helena, CA Sutra 264
	Copper Retreat Star		Gulika 8:38AM – 9:50AM	Mrigashira Until 6:34AM	Ganesha: Blue	<i>Sunrise:</i> 7:26AM	Visvvasu 5127
	Mithuna Rasi: 6.18	Tithi 15	Yama 2:37PM – 3:48PM	Brahma Until 7:35PM	Muruga: White	<i>Sunset:</i> 5:00PM	Moon 11 - Phase 35 -
		833348576	Rahu 11:01AM – 12:13PM	Visti Until 3:44PM	Nataraja: Clear		Purnima
			Purnima* Until 2:05AM Sat		Pausha -Markali	Devaloka Day	
Ardra Darshanam							

5	Saturday, January 3, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA Sutra 265
	Silver Retreat Star		Gulika 7:26AM – 8:38AM	Punarvasu Until 1:43AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:26AM	Visvvasu 5127
	Mithuna Rasi: 21.14	Tithi 16	Yama 1:26PM – 2:37PM	Indra Until 3:47PM	Muruga: White	<i>Sunset:</i> 5:01PM	Moon 11 - Phase 35 -
		843348576	Rahu 9:50AM – 11:02AM	Balava Until 12:32PM	Nataraja: Clear		Prathama
			Prathama* Until 11:03PM		Pausha -Markali	Sivaloka Day	

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11



Sunday, January 4, 2026
Gold Retreat Star

Kataka Rasi: 5.55 Tithi 17
Creative Work Siddha Yoga

8433448576
Gulika 2:38PM – 3:50PM
Yama 12:14PM – 1:26PM
Rahu 3:50PM – 5:02PM

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dvitiyayam Titau
Pushya Until 11:55PM
Vaidhriti* Until 12:18PM
Taitila Until 9:43AM
Dvitiya Until 8:29PM

St. Helena, CA
Sutra 266
Visvvasu 5127
Sunrise: 7:26AM
Sunset: 5:02PM
Moon 12 - Phase 36 - 1st Phase
Ganesha: Red
Muruga: White
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

1

Monday, January 5, 2026

Kataka Rasi: 20.14 Tithi 18
Family Home Evening
Creative Work Siddha Yoga
Until 10:38PM
Then Routine Work - Marana Yoga

8433448576
Gulika 1:27PM – 2:39PM
Yama 11:03AM – 12:15PM
Rahu 8:38AM – 9:51AM
Subramuniyaswami Jayanti

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Tritiyayam Titau
Ashlesha* Until 10:38PM
Vishkambha* Until 9:16AM
Vanija Until 7:27AM
Tritiya Until 6:33PM

St. Helena, CA
Sutra 267
Visvvasu 5127
Sun 1
Sunrise: 7:26AM
Sunset: 5:03PM
Moon 12 - Phase 36 - 1st Phase
Ganesha: Yellow
Muruga: White
Nataraja: Clear
Moon – Blue
Sivaloka Day
Pausha-Markali

2

Tuesday, January 6, 2026

Simha Rasi: 4.07 Tithi 19 – 20
Creative Work Siddha Yoga

853448576
Gulika 12:15PM – 1:27PM
Yama 9:51AM – 11:03AM
Rahu 2:39PM – 3:52PM

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Magha* Until 10:24PM
Priti Until 6:50AM
Kaulava Until 5:07AM Wed
Chaturthi* Until 5:22PM

St. Helena, CA
Sutra 268
Visvvasu 5127
Sun 2
Sunrise: 7:26AM
Sunset: 5:04PM
Moon 12 - Phase 36 - 2 1st Phase
Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Red
Devaloka Day
Pausha-Markali

3

Wednesday, January 7, 2026

Simha Rasi: 17.31 Tithi 20 – 21
Creative Work Amrita Yoga

853448576
Gulika 11:03AM – 12:16PM
Yama 8:39AM – 9:51AM
Rahu 12:16PM – 1:28PM

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau
Purvaphalguni Until 10:52PM
Saubhagya Until 3:53AM Thu
Gara Until 5:14AM Thu
Panchami Until 5:03PM

St. Helena, CA
Sutra 269
Visvvasu 5127
Sun 3
Sunrise: 7:26AM
Sunset: 5:05PM
Moon 12 - Phase 36 - 3 1st Phase
Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Red
Devaloka Day
Pausha-Markali

4

Thursday, January 8, 2026

Kanya Rasi: 0.28 Tithi 21 – 22
Amrita Yoga
Until 12:00AM Fri
Then Routine Work - Marana Yoga

853448576
Gulika 9:51AM – 11:04AM
Yama 7:26AM – 8:39AM
Rahu 1:28PM – 2:41PM

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Uttaraphalguni Until 12:00AM Fri
Sobhana Until 3:24AM Fri
Visti Until 6:11AM Fri
Shashthi* Until 5:35PM

St. Helena, CA
Sutra 270
Visvvasu 5127
Sun 4
Sunrise: 7:26AM
Sunset: 5:06PM
Moon 12 - Phase 36 - 4 1st Phase
Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Red
Devaloka Day
Pausha-Markali

5

Friday, January 9, 2026

Kanya Rasi: 13.01 Tithi 22
Creative Work Amrita Yoga
Until 2:10AM Sat
Then Routine Work - Marana Yoga

863448576
Gulika 8:39AM – 9:51AM
Yama 2:41PM – 3:54PM
Rahu 11:04AM – 12:16PM

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Visti*/Bava Karana Saptamyam Titau
Hasta Until 2:10AM Sat
Athiganda* Until 3:28AM Sat
Visti Until 6:11AM
Saptami Until 6:56PM

St. Helena, CA
Sutra 271
Visvvasu 5127
Sun 5
Sunrise: 7:26AM
Sunset: 5:06PM
Moon 12 - Phase 36 - 5 1st Phase
Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Green
Sivaloka Day
Pausha-Markali

Retreat Star

Saturday, January 10, 2026

Kanya Rasi: 25.16 Tithi 23
Routine Work Marana Yoga
Until 4:44AM Sun
Then Creative Work - Siddha Yoga

863448576
Gulika 7:26AM – 8:39AM
Yama 1:29PM – 2:42PM
Rahu 9:51AM – 11:04AM

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau
Chitra Until 4:44AM Sun
Sukarma Until 3:57AM Sun
Balava Until 7:52AM
Ashtami* Until 8:54PM

St. Helena, CA
Sutra 272
Visvvasu 5127
Sun 6
Sunrise: 7:26AM
Sunset: 5:07PM
Moon 12 - Phase 36 - 6 Ashtami
Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Green
Sivaloka Day
Pausha-Markali

Sunday, January 11, 2026

Retreat Star

Tula Rasi: 7.17 Tithi 24
Creative Work Siddha Yoga
Until 7:27AM Mon
Then Routine Work - Marana Yoga

863448576
Gulika 2:43PM – 3:56PM
Yama 12:17PM – 1:30PM
Rahu 3:56PM – 5:08PM

Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Dhriti Yoga Tailila/Gara Karana Navamyam Titau
Svati Until 7:27AM Mon
Dhriti Until 4:44AM Mon
Taitila Until 10:04AM
Navami* Until 11:17PM

St. Helena, CA
Sutra 273
Visvvasu 5127
Sun 7
Sunrise: 7:26AM
Sunset: 5:08PM
Moon 12 - Phase 36 - 7 Navami
Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon – Green
Sivaloka Day
Pausha-Markali

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 12, 2026		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Vanija/Visli* Karana Dashamyam Titau				St. Helena, CA Sun 8 Sutra 274 Visvavasu 5127
1		Gulika 1:31PM – 2:44PM	Svati Until 7:27AM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	
Tula Rasi: 19.11	Tithi 25	Yama 11:05AM – 12:18PM	Shula* Until 5:34AM Tue	Muruga: White	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 37 - 8
Family Home Evening	863448576	Rahu 8:39AM – 9:52AM	Vanija Until 12:34PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Dashami Until 1:51AM Tue	Moon – Green		Sivaloka Day
Until 7:27AM				Pausha-Markali		
Then Routine Work - Marana Yoga						

Tuesday, January 13, 2026		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA Sun 9 Sutra 275 Visvavasu 5127
2		Gulika 12:18PM – 1:31PM	Vishakha Until 10:37AM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	
Vischika Rasi: 1.02	Tithi 26	Yama 9:52AM – 11:05AM	Ganda* Until 6:24AM Wed	Muruga: White	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 37 - 9
	873448576	Rahu 2:44PM – 3:57PM	Bava Until 3:09PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 4:23AM Wed	Moon – Orange		Devaloka Day
Until 10:37AM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Wednesday, January 14, 2026		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*Vridhdi Yoga Kaulava/Taitila Karana Dvadashyam Titau				St. Helena, CA Sun 10 Sutra 276 Visvavasu 5127
3		Gulika 11:05AM – 12:18PM	Anuradha Until 1:32PM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	
Vischika Rasi: 12.55	Tithi 27	Yama 8:38AM – 9:52AM	Ganda* Until 6:24AM	Muruga: White	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 37 - 10
	873448576	Rahu 12:18PM – 1:32PM	Kaulava Until 5:38PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 6:45AM Thu	Moon – Orange		Devaloka Day
		Thai Pongal		Pausha-Thai		

Thursday, January 15, 2026		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha/Mula* Nakshatra Vridhdi/Dhruva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				St. Helena, CA Sun 11 Sutra 277 Visvavasu 5127
4		Gulika 9:52AM – 11:05AM	Jyeshtha* Until 4:05PM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	
Vischika Rasi: 24.52	Tithi 27 – 28	Yama 7:25AM – 8:38AM	Vridhdi Until 7:05AM	Muruga: White	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 37 - 11
	873448576	Rahu 1:32PM – 2:46PM	Gara Until 7:51PM	Nataraja: Clear		2nd Phase
Routine Work Prabalarishta Yoga			Dvadashi* Until 6:45AM	Moon – Orange		Devaloka Day
Until 4:05PM				Pausha-Thai		
Then Creative Work - Siddha Yoga						
				<i>Pradosha Vrata (Fasting)</i>		

Friday, January 16, 2026		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA Sun 12 Sutra 278 Visvavasu 5127
5		Gulika 8:38AM – 9:52AM	Mula* Until 6:39PM	Ganesha: Purple	<i>Sunrise:</i> 7:25AM	
Dhanus Rasi: 6.55	Tithi 28 – 29	Yama 2:46PM – 4:00PM	Dhruva Until 7:32AM	Muruga: White	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 37 - 12
	884448576	Rahu 11:05AM – 12:19PM	Visti Until 9:45PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Trayodashi* Until 8:50AM	Moon – Light Blue		Devaloka Day
Until 6:39PM				Pausha-Thai		
Then Routine Work - Prabalarishta Yoga						

Saturday, January 17, 2026		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				St. Helena, CA Sun 13 Sutra 279 Visvavasu 5127
Retreat Star		Gulika 7:24AM – 8:38AM	Purvashadha* Until 8:41PM	Ganesha: Purple	<i>Sunrise:</i> 7:24AM	
Dhanus Rasi: 19.07	Tithi 29 – 30	Yama 1:33PM – 2:47PM	Vyaghata* Until 7:44AM	Muruga: White	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 37 - 13
	884448576	Rahu 9:52AM – 11:06AM	Catuspada Until 11:16PM	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga			Chaturdashi* Until 10:32AM	Moon – Light Blue		Devaloka Day
Until 8:41PM				Pausha-Thai		
Then Routine Work - Marana Yoga						

Sunday, January 18, 2026		Visvavasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA Sun 14 Sutra 280 Visvavasu 5127
Retreat Star		Gulika 2:48PM – 4:02PM	Uttarashadha Until 10:10PM	Ganesha: Purple	<i>Sunrise:</i> 7:24AM	
Makara Rasi: 1.28	Tithi 30 – 1	Yama 12:20PM – 1:34PM	Harshana Until 7:38AM	Muruga: White	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 37 - 14
	884448576	Rahu 4:02PM – 5:16PM	Kintughna Until 12:21AM Mon	Nataraja: Clear		Prathama
Creative Work Amrita Yoga			Amavasya* Until 11:50AM	Moon – Light Blue		Devaloka Day
				Magha-Thai		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for St. Helena, CA on 11/19/23

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1		Monday, January 19, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yukhtayam Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		St. Helena, CA Sun 15 Sutra 281 Visvvasu 5127	
Makara Rasi: 14.01	Tithi 1 – 2	Gulika	1:34PM – 2:48PM	Shravana Until 11:35PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:23AM	
Family Home Evening	894448576	Yama	11:06AM – 12:20PM	Vajra* Until 7:12AM	Muruga: White	<i>Sunset:</i> 5:17PM	Moon 12 - Phase 38 - 15
Creative Work	Amrita Yoga	Rahu	8:37AM – 9:52AM	Balava Until 1:02AM Tue	Nataraja: Clear		3rd Phase
Until 11:35PM				Prathama* Until 12:44PM	Moon – Purple		Devaloka Day
Then Creative Work - Siddha Yoga					Magha*Thai		

2		Tuesday, January 20, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yukhtayam Dhanishtha Nakshatra Siddhi/Vyatlipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		St. Helena, CA Sun 16 Sutra 282 Visvvasu 5127	
Makara Rasi: 26.44	Tithi 2 – 3	Gulika	12:20PM – 1:35PM	Dhanishtha Until 12:26AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 7:23AM	
	894448576	Yama	9:52AM – 11:06AM	Siddhi Until 6:28AM	Muruga: White	<i>Sunset:</i> 5:19PM	Moon 12 - Phase 38 - 16
Creative Work	Siddha Yoga	Rahu	2:49PM – 4:04PM	Taitila Until 1:19AM Wed	Nataraja: Clear		3rd Phase
				Dvitiya Until 1:12PM	Moon – Purple		Devaloka Day
					Magha*Thai		

3		Wednesday, January 21, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yukhtayam Shatabhishak Nakshatra Varyyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		St. Helena, CA Sun 17 Sutra 283 Visvvasu 5127	
Kumbha Rasi: 9.4	Tithi 3 – 4	Gulika	11:06AM – 12:21PM	Shatabhishak Until 12:46AM Thu	Ganesha: Light Blue	<i>Sunrise:</i> 7:22AM	
	894448576	Yama	8:37AM – 9:51AM	Variyan Until 4:05AM Thu	Muruga: White	<i>Sunset:</i> 5:19PM	Moon 12 - Phase 38 - 17
Creative Work	Siddha Yoga	Rahu	12:21PM – 1:35PM	Vanija Until 1:11AM Thu	Nataraja: Clear		3rd Phase
				Tritiya Until 1:17PM	Moon – Purple		Devaloka Day
					Magha*Thai		

4		Thursday, January 22, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yukhtayam Purvaproshtapada* Nakshatra Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		St. Helena, CA Sun 18 Sutra 284 Visvvasu 5127	
Kumbha Rasi: 22.47	Tithi 4 – 5	Gulika	9:51AM – 11:06AM	Purvaproshtapada* Until 1:01AM Fri	Ganesha: White	<i>Sunrise:</i> 7:22AM	
	814448576	Yama	7:22AM – 8:37AM	Parigha* Until 2:26AM Fri	Muruga: White	<i>Sunset:</i> 5:20PM	Moon 12 - Phase 38 - 18
Creative Work	Siddha Yoga	Rahu	1:36PM – 2:51PM	Bava Until 12:41AM Fri	Nataraja: Clear		3rd Phase
				Chaturthi* Until 12:58PM	Moon – Clear		Devaloka Day
					Magha*Thai		

5		Friday, January 23, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yukhtayam Uttaraproshtapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		St. Helena, CA Sun 19 Sutra 285 Visvvasu 5127	
Meena Rasi: 6.07	Tithi 5 – 6	Gulika	8:36AM – 9:51AM	Uttaraproshtapada Until 12:44AM Sat	Ganesha: White	<i>Sunrise:</i> 7:21AM	
	814448576	Yama	2:51PM – 4:06PM	Shiva Until 12:30AM Sat	Muruga: White	<i>Sunset:</i> 5:21PM	Moon 12 - Phase 38 - 19
Creative Work	Siddha Yoga	Rahu	11:06AM – 12:21PM	Kaulava Until 11:46PM	Nataraja: Clear		3rd Phase
Until 12:44AM Sat				Panchami Until 12:15PM	Moon – Clear		Devaloka Day
Then Routine Work - Prabalarishta Yoga					Magha*Thai		

6		Saturday, January 24, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yukhtayam Revati Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		St. Helena, CA Sun 20 Sutra 286 Visvvasu 5127	
Meena Rasi: 19.38	Tithi 6 – 7	Gulika	7:21AM – 8:36AM	Revati Until 11:56PM	Ganesha: Clear	<i>Sunrise:</i> 7:21AM	
	914448576	Yama	1:37PM – 2:52PM	Siddha Until 10:14PM	Muruga: White	<i>Sunset:</i> 5:22PM	Moon 12 - Phase 38 - 20
Routine Work	Prabalarishta Yoga	Rahu	9:51AM – 11:06AM	Gara Until 10:29PM	Nataraja: Clear		3rd Phase
Until 11:56PM				Shashthi* Until 11:10AM	Moon – Clear		Sivaloka Day
Then Creative Work - Siddha Yoga					Magha*Thai		

☾		Sunday, January 25, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yukhtayam Ashvini Nakshatra Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		St. Helena, CA Sun 21 Sutra 287 Visvvasu 5127	
Retreat Star		Gulika	2:53PM – 4:08PM	Ashvini Until 11:02PM	Ganesha: White	<i>Sunrise:</i> 7:20AM	
Mesha Rasi: 3.25	Tithi 7 – 8	Yama	12:22PM – 1:37PM	Sadhya Until 7:40PM	Muruga: White	<i>Sunset:</i> 5:23PM	Moon 12 - Phase 38 - 21
	924448576	Rahu	4:08PM – 5:23PM	Visti Until 8:49PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga			Saptami Until 9:41AM	Moon – White		Devaloka Day
Until 11:02PM					Magha*Thai		
Then Routine Work - Prabalarishta Yoga							

☾		Monday, January 26, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yukhtayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Helena, CA Sun 22 Sutra 288 Visvvasu 5127	
Retreat Star		Gulika	1:38PM – 2:53PM	Bharani Until 9:39PM	Ganesha: White	<i>Sunrise:</i> 7:19AM	
Mesha Rasi: 17.24	Tithi 8 – 9	Yama	11:06AM – 12:22PM	Subha Until 4:50PM	Muruga: White	<i>Sunset:</i> 5:25PM	Moon 12 - Phase 38 - 22
Family Home Evening	924448576	Rahu	8:35AM – 9:51AM	Balava Until 6:47PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga			Ashtami* Until 7:49AM	Moon – White		Devaloka Day
Until 9:39PM					Magha*Thai		
Then Routine Work - Marana Yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1	Tuesday, January 27, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
	Krittika Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau						Sun 23 Sutra 289
	924448576	Gulika 12:22PM – 1:38PM Yama 9:50AM – 11:06AM Rahu 2:54PM – 4:10PM	Krittika Until 7:50PM Sukla Until 1:43PM Taitila Until 4:26PM Dashami Until 3:09AM Wed	Ganesha: White Muruga: White Nataraja: Clear Moon – White Magha-Thai	Sunrise: 7:19AM Sunset: 5:26PM	Visvvasu 5127 Moon 12 - Phase 39 - 23 4th Phase	Devaloka Day
	Vrishabha Rasi: 1.37 Tithi 10 Creative Work Siddha Yoga Until 7:50PM Then Creative Work - Amrita Yoga						

2	Wednesday, January 28, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
	Rohini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 24 Sutra 290
	935448576	Gulika 11:06AM – 12:22PM Yama 8:34AM – 9:50AM Rahu 12:22PM – 1:38PM	Rohini Until 6:03PM Brahma Until 10:25AM Vanija Until 1:51PM Ekadashi Until 12:29AM Thu	Ganesha: Red Muruga: White Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:18AM Sunset: 5:27PM	Visvvasu 5127 Moon 12 - Phase 39 - 24 4th Phase	Sivaloka Day
	Vrishabha Rasi: 16.02 Tithi 11 Creative Work Siddha Yoga						

3	Thursday, January 29, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
	Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau						Sun 25 Sutra 291
	935448576	Gulika 9:50AM – 11:06AM Yama 7:17AM – 8:33AM Rahu 1:39PM – 2:55PM	Mrigashira Until 4:01PM Indra Until 6:59AM Bava Until 11:07AM Dvadashi Until 9:42PM	Ganesha: Red Muruga: White Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:17AM Sunset: 5:28PM	Visvvasu 5127 Moon 12 - Phase 39 - 25 4th Phase	Sivaloka Day
	Mithuna Rasi: 0.34 Tithi 12 Routine Work Marana Yoga						

4	Friday, January 30, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				St. Helena, CA
	Ardra/Punarvasu Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau						Sun 26 Sutra 292
	935448576	Gulika 8:33AM – 9:49AM Yama 2:56PM – 4:12PM Rahu 11:06AM – 12:23PM	Ardra Until 1:50PM Vishkambha* Until 12:03AM Sat Kaulava Until 8:21AM Trayodashi Until 6:58PM	Ganesha: Red Muruga: White Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 7:16AM Sunset: 5:29PM	Visvvasu 5127 Moon 12 - Phase 39 - 26 4th Phase	Sivaloka Day
	Mithuna Rasi: 15.09 Tithi 13 Creative Work Siddha Yoga		<i>Pradosha Vrata</i>				

5	Saturday, January 31, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA
	Punarvasu/Pushya Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau						Sun 27 Sutra 293
	945548576	Gulika 7:15AM – 8:32AM Yama 1:40PM – 2:57PM Rahu 9:49AM – 11:06AM	Punarvasu Until 12:04PM Priti Until 8:48PM Visti Until 3:15AM Sun Chaturdashi* Until 4:24PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Magha-Thai	Sunrise: 7:15AM Sunset: 5:30PM	Visvvasu 5127 Moon 12 - Phase 39 - 27 4th Phase	Devaloka Day
	Mithuna Rasi: 29.4 Tithi 14 – 15 Creative Work Siddha Yoga		Thai Pusam				

	Sunday, February 1, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
	Copper Retreat Star		Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 294
	945548576	Gulika 2:57PM – 4:13PM Yama 12:23PM – 1:40PM Rahu 4:13PM – 5:30PM	Pushya Until 10:27AM Ayushman Until 5:48PM Balava Until 1:12AM Mon Purnima* Until 2:09PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Magha-Thai	Sunrise: 7:15AM Sunset: 5:30PM	Visvvasu 5127 Moon 12 - Phase 39 - Purnima	Devaloka Day
	Kataka Rasi: 14.01 Tithi 15 – 16 Creative Work Siddha Yoga						

	Monday, February 2, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				St. Helena, CA
	Silver Retreat Star		Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sutra 295
	945548576	Gulika 1:40PM – 2:57PM Yama 11:06AM – 12:23PM Rahu 8:32AM – 9:49AM	Ashlesha* Until 9:07AM Saubhagya Until 3:12PM Taitila Until 11:41PM Prathama* Until 12:21PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Magha-Thai	Sunrise: 7:15AM Sunset: 5:31PM	Visvvasu 5127 Moon 12 - Phase 39 - Prathama	Devaloka Day
	Kataka Rasi: 28.06 Tithi 16 – 17 Family Home Evening Creative Work Siddha Yoga Until 9:07AM Then Routine Work - Marana Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time. Calculated for St. Helena, CA on 11/19/23

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Tuesday, February 3, 2026

Gold Retreat Star

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Dvitiya/Trilayam Titau

St. Helena, CA

Sun 1 Sutra 296

Simha Rasi: 11.5 Tithi 17 - 18

Gulika 12:23PM - 1:40PM
Yama 9:48AM - 11:06AM
955548577 Rahu 2:58PM - 4:15PM

Magha* Until 8:37AM
Sobhana Until 1:06PM
Vanija Until 10:49PM
Dvitiya Until 11:09AM

Ganesha: Red
Muruga: White
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:14AM
Sunset: 5:33PM

Visvvasu 5127
Moon 1 - Phase 40 - 1
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

1

Wednesday, February 4, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Alhiganda*/Sukarna Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 297

Simha Rasi: 25.12 Tithi 18 - 19

Gulika 11:06AM - 12:23PM
Yama 8:30AM - 9:48AM
955548577 Rahu 12:23PM - 1:41PM

Purvaphalguni Until 8:40AM
Athiganda* Until 11:31AM
Bava Until 10:41PM
Tritiya Until 10:38AM

Ganesha: Red
Muruga: White
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:13AM
Sunset: 5:34PM

Visvvasu 5127
Moon 1 - Phase 40 - 2
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Maha Sankatahara Chaturthi

2

Thursday, February 5, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarna/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 298

Kanya Rasi: 8.1 Tithi 19 - 20

Gulika 9:48AM - 11:05AM
Yama 7:12AM - 8:30AM
955548577 Rahu 1:41PM - 2:59PM

Uttaraphalguni Until 9:16AM
Sukarna Until 10:31AM
Kaulava Until 11:18PM
Chaturthi* Until 10:52AM

Ganesha: Red
Muruga: White
Nataraja: Orange
Moon - Red
Magha*Thai

Sunrise: 7:12AM
Sunset: 5:35PM

Visvvasu 5127
Moon 1 - Phase 40 - 3
1st Phase

Until 9:16AM

Then Routine Work - Marana Yoga

Sivaloka Day

3

Friday, February 6, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 299

Kanya Rasi: 20.47 Tithi 20 - 21

Gulika 8:29AM - 9:47AM
Yama 3:00PM - 4:18PM
965548577 Rahu 11:05AM - 12:23PM

Hasta Until 10:54AM
Dhriti Until 10:07AM
Gara Until 12:36AM Sat
Panchami Until 11:51AM

Ganesha: Green
Muruga: White
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:11AM
Sunset: 5:36PM

Visvvasu 5127
Moon 1 - Phase 40 - 4
1st Phase

Creative Work Amrita Yoga

Until 10:54AM

Then Creative Work - Siddha Yoga

Devaloka Day

4

Saturday, February 7, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

St. Helena, CA

Sun 5 Sutra 300

Tula Rasi: 3.07 Tithi 21 - 22

Gulika 7:10AM - 8:28AM
Yama 1:42PM - 3:00PM
966548577 Rahu 9:47AM - 11:05AM

Chitra Until 1:00PM
Shula* Until 10:10AM
Visti Until 2:30AM Sun
Shashthi* Until 1:28PM

Ganesha: White
Muruga: White
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:10AM
Sunset: 5:37PM

Visvvasu 5127
Moon 1 - Phase 40 - 5
1st Phase

Routine Work Marana Yoga

Until 1:00PM

Then Creative Work - Siddha Yoga

Devaloka Day

5

Sunday, February 8, 2026

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 301

Tula Rasi: 15.13 Tithi 22 - 23

Gulika 3:01PM - 4:20PM
Yama 12:24PM - 1:42PM
966548577 Rahu 4:20PM - 5:38PM

Svati Until 3:24PM
Ganda* Until 10:38AM
Balava Until 4:47AM Mon
Saptami Until 3:35PM

Ganesha: White
Muruga: White
Nataraja: Orange
Moon - Green
Magha*Thai

Sunrise: 7:09AM
Sunset: 5:38PM

Visvvasu 5127
Moon 1 - Phase 40 - 6
1st Phase

Creative Work Siddha Yoga

Until 3:24PM

Then Routine Work - Marana Yoga

Devaloka Day

D

Monday, February 9, 2026

Retreat Star

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 302

Tula Rasi: 27.1 Tithi 23 - 24

Gulika 1:43PM - 3:01PM
Yama 11:05AM - 12:24PM
976548577 Rahu 8:27AM - 9:46AM

Vishakha Until 6:25PM
Vridhhi Until 11:22AM
Taitila Until 7:15AM Tue
Ashtami* Until 5:59PM

Ganesha: Clear
Muruga: White
Nataraja: Orange
Moon - Orange
Magha*Thai

Sunrise: 7:08AM
Sunset: 5:39PM

Visvvasu 5127
Moon 1 - Phase 40 - 7
Ashtami

Routine Work Marana Yoga

Until 6:25PM

Then Creative Work - Siddha Yoga

Sivaloka Day

Tuesday, February 10, 2026

Retreat Star

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 8 Sutra 303

Vrischika Rasi: 9.04 Tithi 24

Gulika 12:24PM - 1:43PM
Yama 9:45AM - 11:04AM
976548577 Rahu 3:02PM - 4:21PM

Anuradha Until 9:20PM
Dhruva Until 12:09PM
Taitila Until 7:15AM
Navami* Until 8:28PM

Ganesha: Clear
Muruga: White
Nataraja: Orange
Moon - Orange
Magha*Thai

Sunrise: 7:07AM
Sunset: 5:40PM

Visvvasu 5127
Moon 1 - Phase 40 - 8
Navami

Creative Work Siddha Yoga

Until 9:20PM

Then Routine Work - Marana Yoga

Sivaloka Day


1	Wednesday, February 11, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				St. Helena, CA
	Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Dashamyam Titau						Sun 9 Sutra 304
Vischika Rasi: 20.57	Tithi 25	Gulika 11:04AM – 12:24PM	Jyeshtha* Until 11:58PM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	Visvvasu 5127	
		Yama 8:25AM – 9:45AM	Vyaghata* Until 12:55PM	Muruga: White	<i>Sunset:</i> 5:42PM	Moon 1 - Phase 41 - 9	
	976548577	Rahu 12:24PM – 1:43PM	Vanija Until 9:42AM	Nataraja: Orange		2nd Phase	
Creative Work Siddha Yoga			Dashami Until 10:50PM	Moon – Orange		Sivaloka Day	
Until 11:58PM				Magha*Thai			
Then Routine Work - Marana Yoga							

2	Thursday, February 12, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				St. Helena, CA
	Mula* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ekadashyam Titau						Sun 10 Sutra 305
Dhanus Rasi: 2.55	Tithi 26	Gulika 9:44AM – 11:04AM	Mula* Until 2:39AM Fri	Ganesha: Purple	<i>Sunrise:</i> 7:05AM	Visvvasu 5127	
		Yama 7:05AM – 8:24AM	Harshana Until 1:32PM	Muruga: White	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 41 - 10	
	986548577	Rahu 1:43PM – 3:03PM	Bava Until 11:56AM	Nataraja: Orange		2nd Phase	
Creative Work Siddha Yoga			Ekadashi* Until 12:54AM Fri	Moon – Light Blue		Devaloka Day	
Until 2:39AM Fri				Magha*Masi			
Then Routine Work - Prabalarishta Yoga							

3	Friday, February 13, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				St. Helena, CA
	Purvashadha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau						Sun 11 Sutra 306
Dhanus Rasi: 15.01	Tithi 27	Gulika 8:24AM – 9:44AM	Purvashadha* Until 4:43AM Sat	Ganesha: Purple	<i>Sunrise:</i> 7:04AM	Visvvasu 5127	
		Yama 3:04PM – 4:24PM	Vajra* Until 1:49PM	Muruga: White	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 41 - 11	
	986548577	Rahu 11:04AM – 12:24PM	Kaulava Until 1:47PM	Nataraja: Orange		2nd Phase	
Routine Work Prabalarishta Yoga			Dvadashi* Until 2:30AM Sat	Moon – Light Blue		Devaloka Day	
Until 4:43AM Sat				Magha*Masi			
Then Routine Work - Marana Yoga							

4	Saturday, February 14, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				St. Helena, CA
	Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau						Sun 12 Sutra 307
Dhanus Rasi: 27.19	Tithi 28	Gulika 7:02AM – 8:23AM	Uttarashadha Until 6:08AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:02AM	Visvvasu 5127	
		Yama 1:44PM – 3:04PM	Siddhi Until 1:45PM	Muruga: White	<i>Sunset:</i> 5:45PM	Moon 1 - Phase 41 - 12	
	987548577	Rahu 9:43AM – 11:03AM	Gara Until 3:08PM	Nataraja: Orange		2nd Phase	
Routine Work Marana Yoga			Trayodashi* Until 3:35AM Sun	Moon – Light Blue		Sivaloka Day	
Until 6:08AM Sun				Magha*Masi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, February 15, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
	Uttarashadha/Shravana Nakshatra Vyatipata*/Varyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau						Sun 13 Sutra 308
Makara Rasi: 9.5	Tithi 29	Gulika 3:05PM – 4:25PM	Uttarashadha Until 6:08AM	Ganesha: Clear	<i>Sunrise:</i> 7:01AM	Visvvasu 5127	
		Yama 12:24PM – 1:44PM	Vyatipata* Until 1:16PM	Muruga: White	<i>Sunset:</i> 5:46PM	Moon 1 - Phase 41 - 13	
	987548577	Rahu 4:25PM – 5:46PM	Visti Until 3:56PM	Nataraja: Orange		2nd Phase	
Creative Work Amrita Yoga			Chaturdashi* Until 4:06AM Mon	Moon – Light Blue		Sivaloka Day	
				Magha*Masi			

	Monday, February 16, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				St. Helena, CA
	Retreat Star		Shravana/Dhanishtha Nakshatra Varyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 309
Makara Rasi: 22.37	Tithi 30	Gulika 1:44PM – 3:05PM	Shravana Until 7:18AM	Ganesha: Orange	<i>Sunrise:</i> 7:00AM	Visvvasu 5127	
Family Home Evening		Yama 11:03AM – 12:24PM	Varyan Until 12:19PM	Muruga: White	<i>Sunset:</i> 5:47PM	Moon 1 - Phase 41 - 14	
Creative Work Amrita Yoga	997548577	Rahu 8:21AM – 9:42AM	Catuspada Until 4:09PM	Nataraja: Orange		Amavasya	
Until 7:18AM			Amavasya* Until 4:02AM Tue	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Magha*Masi			

Retreat Star	Tuesday, February 17, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
	Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau						Sun 15 Sutra 310
Kumbha Rasi: 5.41	Tithi 1	Gulika 12:24PM – 1:45PM	Dhanishtha Until 7:46AM	Ganesha: Orange	<i>Sunrise:</i> 6:59AM	Visvvasu 5127	
		Yama 9:41AM – 11:02AM	Parigha* Until 10:58AM	Muruga: White	<i>Sunset:</i> 5:48PM	Moon 1 - Phase 41 - 15	
	997548577	Rahu 3:06PM – 4:27PM	Kintughna Until 3:50PM	Nataraja: Orange		Prathama	
Creative Work Siddha Yoga			Prathama* Until 3:28AM Wed	Moon – Purple		Sivaloka Day	
Until 7:46AM				Phalgun*Masi			
Then Routine Work - Marana Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time. Calculated for St. Helena, CA on 11/19/23

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1		Wednesday, February 18, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvityayam Titau		St. Helena, CA Sun 16 Sutra 311 Visvvasu 5127	
Kumbha Rasi: 19.01	Tithi 2	Gulika 11:02AM – 12:23PM	Shatabhishak Until 7:36AM	Ganesha: Orange	<i>Sunrise:</i> 6:58AM	Moon 1 - Phase 42 - 16 3rd Phase	
		Yama 8:19AM – 9:41AM	Shiva Until 9:14AM	Muruga: White	<i>Sunset:</i> 5:49PM	Sivaloka Day	
		997548577 Rahu 12:23PM – 1:45PM	Balava Until 3:02PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Dvitiya Until 2:28AM Thu	Moon – Purple			
Until 7:36AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

2		Thursday, February 19, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trilyayam Titau		St. Helena, CA Sun 17 Sutra 312 Visvvasu 5127	
Meena Rasi: 2.34	Tithi 3	Gulika 9:40AM – 11:02AM	Purvaproshtapada* Until 7:19AM	Ganesha: Green	<i>Sunrise:</i> 6:56AM	Moon 1 - Phase 42 - 17 3rd Phase	
		Yama 6:56AM – 8:18AM	Siddha Until 7:09AM	Muruga: White	<i>Sunset:</i> 5:50PM	Subha Sivaloka Day	
		917548577 Rahu 1:45PM – 3:07PM	Taitila Until 1:50PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Tritiya Until 1:06AM Fri	Moon – Clear			
				Phalguna-Masi			

3		Friday, February 20, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Vanija/Visli* Karana Chaturthyam Titau		St. Helena, CA Sun 18 Sutra 313 Visvvasu 5127	
Meena Rasi: 16.2	Tithi 4	Gulika 8:17AM – 9:39AM	Uttaraproshtapada Until 6:33AM	Ganesha: Red	<i>Sunrise:</i> 6:55AM	Moon 1 - Phase 42 - 18 3rd Phase	
		Yama 3:07PM – 4:29PM	Subha Until 2:17AM Sat	Muruga: White	<i>Sunset:</i> 5:51PM	Sivaloka Day	
		918548577 Rahu 11:01AM – 12:23PM	Vanija Until 12:20PM	Nataraja: Orange			
Creative Work	Siddha Yoga		Chaturthi* Until 11:27PM	Moon – Clear			
				Phalguna-Masi			

4		Saturday, February 21, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		St. Helena, CA Sun 19 Sutra 314 Visvvasu 5127	
Mesha Rasi: 0.16	Tithi 5	Gulika 6:54AM – 8:16AM	Ashvini Until 4:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	Moon 1 - Phase 42 - 19 3rd Phase	
		Yama 1:46PM – 3:08PM	Sukla Until 11:34PM	Muruga: White	<i>Sunset:</i> 5:53PM	Devaloka Day	
		928548577 Rahu 9:39AM – 11:01AM	Bava Until 10:35AM	Nataraja: Orange			
Creative Work	Siddha Yoga		Panchami Until 9:37PM	Moon – White			
Until 4:21AM Sun				Phalguna-Masi			
Then Routine Work - Prabalarishta Yoga							

5		Sunday, February 22, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau		St. Helena, CA Sun 20 Sutra 315 Visvvasu 5127	
Mesha Rasi: 14.17	Tithi 6	Gulika 3:08PM – 4:31PM	Bharani Until 3:01AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	Moon 1 - Phase 42 - 20 3rd Phase	
		Yama 12:23PM – 1:46PM	Brahma Until 8:45PM	Muruga: White	<i>Sunset:</i> 5:54PM	Devaloka Day	
		928548577 Rahu 4:31PM – 5:54PM	Kaulava Until 8:39AM	Nataraja: Orange			
Routine Work	Prabalarishta Yoga		Shashthi* Until 7:38PM	Moon – White			
Until 3:01AM Mon				Phalguna-Masi			
Then Routine Work - Marana Yoga							

6		Monday, February 23, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau		St. Helena, CA Sun 21 Sutra 316 Visvvasu 5127	
Mesha Rasi: 28.25	Tithi 7 – 8	Gulika 1:46PM – 3:09PM	Krittika Until 1:29AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	Moon 1 - Phase 42 - 21 3rd Phase	
Family Home Evening		Yama 11:00AM – 12:23PM	Indra Until 5:53PM	Muruga: White	<i>Sunset:</i> 5:55PM	Devaloka Day	
		928548577 Rahu 8:14AM – 9:37AM	Gara Until 6:37AM	Nataraja: Orange			
Routine Work	Marana Yoga		Saptami Until 5:33PM	Moon – White			
Until 1:29AM Tue				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

Retreat Star		Tuesday, February 24, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		St. Helena, CA Sun 22 Sutra 317 Visvvasu 5127	
Virshabha Rasi: 12.34	Tithi 8 – 9	Gulika 12:23PM – 1:46PM	Rohini Until 12:12AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM	Moon 1 - Phase 42 - 22 Ashtami	
		Yama 9:36AM – 11:00AM	Vaidhriti* Until 2:57PM	Muruga: White	<i>Sunset:</i> 5:56PM	Sivaloka Day	
		938548577 Rahu 3:09PM – 4:33PM	Balava Until 2:22AM Wed	Nataraja: Orange			
Creative Work	Amrita Yoga		Ashtami* Until 3:25PM	Moon – Yellow			
Until 12:12AM Wed				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, February 25, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		St. Helena, CA Sun 23 Sutra 318 Visvvasu 5127	
Virshabha Rasi: 26.45	Tithi 9 – 10	Gulika 10:59AM – 12:23PM	Mrigashira Until 10:46PM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM	Moon 1 - Phase 42 - 23 Navami	
		Yama 8:12AM – 9:36AM	Vishkambha* Until 12:02PM	Muruga: White	<i>Sunset:</i> 5:57PM	Subha Sivaloka Day	
		938648577 Rahu 12:23PM – 1:46PM	Taitila Until 12:15AM Thu	Nataraja: Orange			
Creative Work	Siddha Yoga		Navami* Until 1:17PM	Moon – Yellow			
				Phalguna-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for St. Helena, CA on 11/19/23


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1		Thursday, February 26, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		St. Helena, CA Sun 24 Sutra 319	
Mithuna Rasi: 10.55	Tithi 10 - 11	Gulika 9:35AM - 10:59AM	Ardra Until 9:16PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	Visvvasu 5127	
		Yama 6:47AM - 8:11AM	Priti Until 9:08AM	Muruga: White	<i>Sunset:</i> 5:58PM	Moon 1 - Phase 43 - 24	
	938648577	Rahu 1:46PM - 3:10PM	Vanija Until 10:10PM	Nataraja: Orange		4th Phase	
Routine Work	Marana Yoga		Dashami Until 11:11AM	Moon - Yellow		Subha Sivaloka Day	
Until 9:16PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

2		Friday, February 27, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau		St. Helena, CA Sun 25 Sutra 320	
Mithuna Rasi: 25.02	Tithi 11 - 12	Gulika 8:10AM - 9:34AM	Punarvasu Until 8:09PM	Ganesha: White	<i>Sunrise:</i> 6:46AM	Visvvasu 5127	
		Yama 3:11PM - 4:35PM	Ayushman Until 6:17AM	Muruga: White	<i>Sunset:</i> 5:59PM	Moon 1 - Phase 43 - 25	
	949648577	Rahu 10:58AM - 12:22PM	Bava Until 8:14PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 9:10AM	Moon - Blue		Devaloka Day	
Until 8:09PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							

3		Saturday, February 28, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		St. Helena, CA Sun 26 Sutra 321	
Kataka Rasi: 9.04	Tithi 12 - 13	Gulika 6:44AM - 8:09AM	Pushya Until 7:07PM	Ganesha: White	<i>Sunrise:</i> 6:44AM	Visvvasu 5127	
		Yama 1:47PM - 3:11PM	Sobhana Until 1:04AM Sun	Muruga: White	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 43 - 26	
	949648577	Rahu 9:33AM - 10:58AM	Kaulava Until 6:29PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:19AM	Moon - Blue		Devaloka Day	
Until 7:07PM				Phalguna-Masi			
Then Routine Work - Marana Yoga		<i>Pradosha Vrata</i>					

4		Sunday, March 1, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		St. Helena, CA Sun 27 Sutra 322	
Kataka Rasi: 22.55	Tithi 14	Gulika 3:12PM - 4:37PM	Ashlesha* Until 6:13PM	Ganesha: White	<i>Sunrise:</i> 6:42AM	Visvvasu 5127	
		Yama 12:22PM - 1:47PM	Athiganda* Until 10:48PM	Muruga: White	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 43 - 27	
	949648577	Rahu 4:37PM - 6:02PM	Gara Until 5:03PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:27AM Mon	Moon - Blue		Devaloka Day	
Until 6:13PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Routine Work - Marana Yoga							

		Monday, March 2, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Visi/Bava Karana Purnimayam Titau		St. Helena, CA Sutra 323	
Copper Retreat Star		Gulika 1:47PM - 3:12PM	Magha* Until 6:00PM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	Visvvasu 5127	
Simha Rasi: 6.35	Tithi 15	Yama 10:56AM - 12:22PM	Sukarma Until 8:52PM	Muruga: White	<i>Sunset:</i> 6:03PM	Moon 1 - Phase 43 -	
Family Home Evening	959648577	Rahu 8:06AM - 9:31AM	Visti Until 3:59PM	Nataraja: Orange		Purnima	
Routine Work	Marana Yoga		Purnima* Until 3:37AM Tue	Moon - Red		Sivaloka Day	
Until 6:00PM		Holi		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

5		Tuesday, March 3, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau		St. Helena, CA Sutra 324	
Silver Retreat Star		Gulika 12:21PM - 1:47PM	Purvaphalguni Until 6:06PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Visvvasu 5127	
Simha Rasi: 19.59	Tithi 16	Yama 9:30AM - 10:56AM	Dhriti Until 7:20PM	Muruga: White	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 43 -	
	959648577	Rahu 3:13PM - 4:38PM	Balava Until 3:25PM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 3:18AM Wed	Moon - Red		Sivaloka Day	
Until 6:06PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Wednesday, March 4, 2026

Gold Retreat Star

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sutra 325

Kanya Rasi: 3.07 Tithi 17

169648577

Gulika 10:55AM – 12:21PM
Yama 8:03AM – 9:29AM
Rahu 12:21PM – 1:47PM

Uttaraphalguni Until 6:36PM

Shula* Until 6:12PM

Taitila Until 3:23PM

Dvitiya Until 3:34AM Thu

Ganesha: Clear Sunrise: 6:37AM

Muruga: White Sunset: 6:05PM

Nataraja: Orange

Moon – Red

Phalguna-Masi

Visvasu 5127

Moon 2 - Phase 44 -

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 6:36PM

Then Routine Work - Marana Yoga

1

Thursday, March 5, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 326

Kanya Rasi: 15.58 Tithi 18

169648577

Gulika 9:28AM – 10:55AM
Yama 6:36AM – 8:02AM
Rahu 1:47PM – 3:14PM

Hasta Until 7:59PM

Ganda* Until 5:33PM

Vanija Until 3:56PM

Tritiya Until 4:25AM Fri

Ganesha: White Sunrise: 6:36AM

Muruga: White Sunset: 6:06PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Visvasu 5127

Moon 2 - Phase 44 - 1

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:59PM

Then Creative Work - Siddha Yoga

2

Friday, March 6, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthayam Titau

St. Helena, CA

Sun 2 Sutra 327

Kanya Rasi: 28.32 Tithi 19

169648577

Gulika 8:01AM – 9:28AM
Yama 3:14PM – 4:40PM
Rahu 10:54AM – 12:21PM

Chitra Until 9:46PM

Vridhhi Until 5:22PM

Bava Until 5:05PM

Chaturthi* Until 5:50AM Sat

Ganesha: White Sunrise: 6:34AM

Muruga: White Sunset: 6:07PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Visvasu 5127

Moon 2 - Phase 44 - 2

1st Phase

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 7, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Kaulava Karana Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 328

Tula Rasi: 10.52 Tithi 20

161658577

Gulika 6:33AM – 8:00AM
Yama 1:47PM – 3:14PM
Rahu 9:27AM – 10:54AM

Svati Until 11:52PM

Dhruva Until 5:33PM

Kaulava Until 6:45PM

Panchami Until 7:44AM Sun

Ganesha: Purple Sunrise: 6:33AM

Muruga: Clear Sunset: 6:08PM

Nataraja: Orange

Moon – Green

Phalguna-Masi

Visvasu 5127

Moon 2 - Phase 44 - 3

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Sunday, March 8, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 329

Tula Rasi: 22.59 Tithi 20 – 21

171658577

Gulika 3:15PM – 4:42PM
Yama 12:20PM – 1:47PM
Rahu 4:42PM – 6:09PM

Vishakha Until 2:41AM Mon

Vyaghata* Until 6:04PM

Gara Until 8:50PM

Panchami Until 7:44AM

Ganesha: Clear Sunrise: 6:31AM

Muruga: Clear Sunset: 6:09PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Visvasu 5127

Moon 2 - Phase 44 - 4

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 2:41AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 9, 2026

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 330

Vrischika Rasi: 4.58 Tithi 21 – 22

171658577

Gulika 1:48PM – 3:15PM
Yama 10:53AM – 12:20PM
Rahu 7:58AM – 9:25AM

Anuradha Until 5:32AM Tue

Harshana Until 6:49PM

Visti Until 11:11PM

Shashthi* Until 9:58AM

Ganesha: Clear Sunrise: 6:30AM

Muruga: Clear Sunset: 6:10PM

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Visvasu 5127

Moon 2 - Phase 44 - 5

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 5:32AM Tue

Then Routine Work - Marana Yoga

D

Tuesday, March 10, 2026

Retreat Star

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 331

Vrischika Rasi: 16.53 Tithi 22 – 23

171658677

Gulika 12:20PM – 1:48PM
Yama 9:24AM – 10:52AM
Rahu 3:15PM – 4:43PM

Jyeshtha* Until 8:15AM Wed

Vajra* Until 7:37PM

Balava Until 1:37AM Wed

Saptami Until 12:23PM

Ganesha: Clear Sunrise: 6:29AM

Muruga: White Sunset: 6:11PM

Nataraja: Light Blue

Moon – Orange

Phalguna-Masi

Visvasu 5127

Moon 2 - Phase 44 - 6

Ashtami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Wednesday, March 11, 2026

Retreat Star

Visvasu Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 332

Vrischika Rasi: 28.47 Tithi 23 – 24

171658677

Gulika 10:51AM – 12:20PM
Yama 7:55AM – 9:23AM
Rahu 12:20PM – 1:48PM

Jyeshtha* Until 8:15AM

Siddhi Until 8:22PM

Taitila Until 3:55AM Thu

Ashtami* Until 2:46PM

Ganesha: Clear Sunrise: 6:27AM

Muruga: White Sunset: 6:12PM

Nataraja: Light Blue

Moon – Orange

Phalguna-Masi

Visvasu 5127

Moon 2 - Phase 44 - 7

Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 8:15AM

Then Routine Work - Marana Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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1	Thursday, March 12, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*Purvashadha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				St. Helena, CA
	Dhanus Rasi: 10.45	Tithi 24 – 25	Gulika 9:22AM – 10:51AM	Mula* Until 11:08AM	Ganesha: White	Sunrise: 6:25AM	Sun 8 Sutra 333
	181658677	Rahu 1:48PM – 3:16PM	Yama 6:25AM – 7:54AM	Vyatipata* Until 8:56PM	Muruga: White	Sunset: 6:13PM	Visvvasu 5127
	Creative Work Siddha Yoga			Vanija Until 5:53AM Fri	Nataraja: Light Blue		Moon 2 - Phase 45 - 8 2nd Phase
			Navami* Until 4:56PM	Moon – Light Blue		Bhuloka Day	
				Phalgun-Masi			


2	Friday, March 13, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan Yoga Visti* Karana Dashamyam Titau				St. Helena, CA
	Dhanus Rasi: 22.5	Tithi 25	Gulika 7:53AM – 9:21AM	Purvashadha* Until 1:29PM	Ganesha: White	Sunrise: 6:24AM	Sun 9 Sutra 334
	181658677	Rahu 10:50AM – 12:19PM	Yama 3:16PM – 4:45PM	Variyan Until 9:08PM	Muruga: White	Sunset: 6:14PM	Visvvasu 5127
	Routine Work Prabalarishta Yoga			Visti Until 6:39PM	Nataraja: Light Blue		Moon 2 - Phase 45 - 9 2nd Phase
Until 1:29PM			Dashami Until 6:39PM	Moon – Light Blue		Bhuloka Day	
Then Routine Work - Marana Yoga				Phalgun-Masi			


3	Saturday, March 14, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Parigha* Yoga Bava/Balava Karana Ekadashyam Titau				St. Helena, CA
	Makara Rasi: 5.09	Tithi 26	Gulika 6:22AM – 7:52AM	Uttarashadha Until 3:08PM	Ganesha: White	Sunrise: 6:22AM	Sun 10 Sutra 335
	181658677	Rahu 9:21AM – 10:50AM	Yama 1:48PM – 3:17PM	Parigha* Until 8:53PM	Muruga: White	Sunset: 6:15PM	Visvvasu 5127
	Routine Work Marana Yoga			Bava Until 7:19AM	Nataraja: Light Blue		Moon 2 - Phase 45 - 10 2nd Phase
Until 3:08PM			Ekadashi* Until 7:47PM	Moon – Light Blue		Bhuloka Day	
Then Creative Work - Siddha Yoga		Karadayyan Nombu (Tamil Nadu)		Phalgun-Panguni			

4	Sunday, March 15, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvodashyam Titau				St. Helena, CA
	Makara Rasi: 17.44	Tithi 27	Gulika 3:17PM – 4:47PM	Shravana Until 4:27PM	Ganesha: Yellow	Sunrise: 6:21AM	Sun 11 Sutra 336
	191658678	Rahu 4:47PM – 6:16PM	Yama 12:18PM – 1:48PM	Shiva Until 8:07PM	Muruga: White	Sunset: 6:16PM	Visvvasu 5127
	Creative Work Amrita Yoga			Kaulava Until 8:07AM	Nataraja: Purple		Moon 2 - Phase 45 - 11 2nd Phase
Until 4:27PM			Dvodashi* Until 8:14PM	Moon – Purple		Bhuloka Day	
Then Routine Work - Marana Yoga				Phalgun-Panguni		Devaloka Time: 6:AM to 9:AM	

5	Monday, March 16, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				St. Helena, CA
	Kumbha Rasi: 0.4	Tithi 28	Gulika 1:48PM – 3:17PM	Dhanishtha Until 4:54PM	Ganesha: Yellow	Sunrise: 6:19AM	Sun 12 Sutra 337
	Family Home Evening		Yama 10:48AM – 12:18PM	Siddha Until 6:45PM	Muruga: White	Sunset: 6:17PM	Visvvasu 5127
	191658678	Rahu 7:49AM – 9:19AM		Gara Until 8:12AM	Nataraja: Purple		Moon 2 - Phase 45 - 12 2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 7:57PM	Moon – Purple		Bhuloka Day	
				Phalgun-Panguni		Devaloka Time: 6:AM to 9:AM	
				<i>Pradosha Vrata (Fasting)</i>			

6	Tuesday, March 17, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak*/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				St. Helena, CA
	Kumbha Rasi: 13.58	Tithi 29	Gulika 12:18PM – 1:48PM	Shatabhishak Until 4:31PM	Ganesha: Blue	Sunrise: 6:18AM	Sun 13 Sutra 338
	192658678	Rahu 3:18PM – 4:48PM	Yama 9:18AM – 10:48AM	Sadhya Until 4:52PM	Muruga: White	Sunset: 6:18PM	Visvvasu 5127
	Routine Work Marana Yoga			Visti Until 7:33AM	Nataraja: Purple		Moon 2 - Phase 45 - 13 2nd Phase
			Chaturdashi* Until 6:58PM	Moon – Purple		Devaloka Day	
				Phalgun-Panguni			

	Wednesday, March 18, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Subha/Sukla Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				St. Helena, CA
	Retreat Star		Gulika 10:47AM – 12:18PM	Purvaproshtapada* Until 3:51PM	Ganesha: Red	Sunrise: 6:16AM	Sun 14 Sutra 339
	Kumbha Rasi: 27.37	Tithi 30 – 1	Yama 7:47AM – 9:17AM	Subha Until 2:31PM	Muruga: White	Sunset: 6:19PM	Visvvasu 5127
	112658678	Rahu 12:18PM – 1:48PM		Catuspada Until 6:17AM	Nataraja: Purple		Moon 2 - Phase 45 - 14 Amavasya
Creative Work Amrita Yoga			Amavasya* Until 5:24PM	Moon – Clear		Bhuloka Day	
Until 3:51PM				Phalgun-Panguni		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

	Thursday, March 19, 2026		Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				St. Helena, CA
	Retreat Star		Gulika 9:16AM – 10:47AM	Uttaraproshtapada Until 2:33PM	Ganesha: Red	Sunrise: 6:15AM	Sun 15 Sutra 340
	Meena Rasi: 11.37	Tithi 1 – 2	Yama 6:15AM – 7:45AM	Sukla Until 11:44AM	Muruga: White	Sunset: 6:20PM	Visvvasu 5127
	112658678	Rahu 1:48PM – 3:19PM		Balava Until 2:14AM Fri	Nataraja: Purple		Moon 2 - Phase 45 - 15 Prathama
Creative Work Siddha Yoga			Prathama* Until 3:22PM	Moon – Clear		Bhuloka Day	
		Yugadhi		Chaitra-Panguni		Devaloka Time: 9:AM to 12:PM	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1		Friday, March 20, 2026				Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	St. Helena, CA Sun 16 Sutra 341 Visvvasu 5127
Meena Rasi: 25.51	Tithi 2 - 3	Gulika 7:44AM - 9:15AM	Revati Until 12:46PM	Ganesha: Red	<i>Sunrise:</i> 6:13AM		
		Yama 3:19PM - 4:50PM	Brahma Until 8:41AM	Muruga: White	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46 - 16	
		112658678 Rahu 10:46AM - 12:17PM	Taitila Until 11:44PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 12:59PM	Moon - Clear		Bhuloka Day	
Until 12:46PM		Chellappaswami Mahasamadhi		Chaitra-Panguni		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga							

2		Saturday, March 21, 2026				Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	St. Helena, CA Sun 17 Sutra 342 Visvvasu 5127
Mesha Rasi: 10.16	Tithi 3 - 4	Gulika 6:12AM - 7:43AM	Ashvini Until 11:04AM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM		
		Yama 1:48PM - 3:19PM	Vaidhriti* Until 2:07AM Sun	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 46 - 17	
		122658678 Rahu 9:14AM - 10:45AM	Vanija Until 9:06PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 10:24AM	Moon - White		Bhuloka Day	
				Chaitra-Panguni		Devaloka Time: 9:AM to 12:PM	

3		Sunday, March 22, 2026				Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	St. Helena, CA Sun 18 Sutra 343 Visvvasu 5127
Mesha Rasi: 24.45	Tithi 4 - 5	Gulika 3:19PM - 4:51PM	Bharani Until 9:09AM	Ganesha: Blue	<i>Sunrise:</i> 6:10AM		
		Yama 12:16PM - 1:48PM	Vishkambha* Until 10:49PM	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 2 - Phase 46 - 18	
		122758678 Rahu 4:51PM - 6:23PM	Bava Until 6:27PM	Nataraja: Purple		3rd Phase	
Routine Work	Prabalarishta Yoga		Chaturthi* Until 7:45AM	Moon - White		Bhuloka Day	
Until 9:09AM				Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

4		Monday, March 23, 2026				Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau	St. Helena, CA Sun 19 Sutra 344 Visvvasu 5127
Vrishabha Rasi: 9.13	Tithi 6	Gulika 1:48PM - 3:20PM	Krittika Until 7:09AM	Ganesha: Blue	<i>Sunrise:</i> 6:09AM		
Family Home Evening		Yama 10:44AM - 12:16PM	Priti Until 7:36PM	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 46 - 19	
Routine Work	Marana Yoga	122758678 Rahu 7:40AM - 9:12AM	Kaulava Until 3:53PM	Nataraja: Purple		3rd Phase	
Until 7:09AM			Shashthi* Until 2:39AM Tue	Moon - White		Bhuloka Day	
Then Creative Work - Amrita Yoga				Chaitra-Panguni			

5		Tuesday, March 24, 2026				Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau	St. Helena, CA Sun 20 Sutra 345 Visvvasu 5127
Vrishabha Rasi: 23.34	Tithi 7	Gulika 12:16PM - 1:48PM	Mrigashira Until 4:05AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM		
		Yama 9:11AM - 10:44AM	Ayushman Until 4:32PM	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 46 - 20	
		132758678 Rahu 3:20PM - 4:52PM	Gara Until 1:31PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 12:23AM Wed	Moon - Yellow		Bhuloka Day	
				Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM	

Retreat Star		Wednesday, March 25, 2026				Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau	St. Helena, CA Sun 21 Sutra 346 Visvvasu 5127
Mithuna Rasi: 7.47	Tithi 8	Gulika 10:43AM - 12:15PM	Ardra Until 2:44AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM		
		Yama 7:38AM - 9:10AM	Saubhagya Until 1:41PM	Muruga: White	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 46 - 21	
		132758678 Rahu 12:15PM - 1:48PM	Visti Until 11:23AM	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 10:24PM	Moon - Yellow		Bhuloka Day	
Until 2:44AM Thu				Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, March 26, 2026				Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau	St. Helena, CA Sun 22 Sutra 347 Visvvasu 5127
Mithuna Rasi: 21.48	Tithi 9	Gulika 9:10AM - 10:42AM	Punarvasu Until 1:58AM Fri	Ganesha: White	<i>Sunrise:</i> 6:04AM		
		Yama 6:04AM - 7:37AM	Sobhana Until 11:05AM	Muruga: White	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 46 - 22	
		142758678 Rahu 1:48PM - 3:21PM	Balava Until 9:32AM	Nataraja: Purple		Navami	
Creative Work	Amrita Yoga		Navami* Until 8:43PM	Moon - Blue		Bhuloka Day	
Until 1:58AM Fri		Sri Rama Navami		Chaitra-Panguni			
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for St. Helena, CA on 11/19/23

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1		Friday, March 27, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau				St. Helena, CA
Kataka Rasi: 5.38	Tithi 10	Gulika 7:36AM – 9:09AM	Pushya Until 1:24AM Sat	Ganesha: White	<i>Sunrise:</i> 6:02AM	Sun 23	Sutra 348	Visvvasu 5127
		Yama 3:21PM – 4:54PM	Athiganda* Until 8:43AM	Muruga: White	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 47 - 23		4th Phase
Routine Work	Marana Yoga	142758678 Rahu 10:42AM – 12:15PM	Taitila Until 8:01AM	Nataraja: Purple				
			Dashami Until 7:22PM	Moon – Blue		Bhuloka Day		
				Chaitra•Panguni				

2		Saturday, March 28, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				St. Helena, CA
Kataka Rasi: 19.15	Tithi 11	Gulika 6:01AM – 7:34AM	Ashlesha* Until 1:01AM Sun	Ganesha: White	<i>Sunrise:</i> 6:01AM	Sun 24	Sutra 349	Visvvasu 5127
		Yama 1:48PM – 3:21PM	Sukarma Until 6:38AM	Muruga: White	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 47 - 24		4th Phase
Routine Work	Marana Yoga	142758678 Rahu 9:08AM – 10:41AM	Vanija Until 6:50AM	Nataraja: Purple				
			Ekadashi Until 6:21PM	Moon – Blue		Bhuloka Day		
		Yogaswami Mahasamadhi		Chaitra•Panguni				

3		Sunday, March 29, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				St. Helena, CA
Simha Rasi: 2.4	Tithi 12 – 13	Gulika 3:22PM – 4:55PM	Magha* Until 1:19AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	Sun 25	Sutra 350	Visvvasu 5127
		Yama 12:14PM – 1:48PM	Shula* Until 3:21AM Mon	Muruga: White	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 47 - 25		4th Phase
Routine Work	Marana Yoga	152758678 Rahu 4:55PM – 6:29PM	Bava Until 6:01AM	Nataraja: Purple				
Until 1:19AM Mon			Dvadashi Until 5:43PM	Moon – Red		Bhuloka Day		
Then Creative Work - Siddha Yoga				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM		
				<i>Pradosha Vrata</i>				

4		Monday, March 30, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				St. Helena, CA
Simha Rasi: 15.53	Tithi 13 – 14	Gulika 1:48PM – 3:22PM	Purvaphalguni Until 1:51AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:58AM	Sun 26	Sutra 351	Visvvasu 5127
Family Home Evening		Yama 10:40AM – 12:14PM	Ganda* Until 2:10AM Tue	Muruga: White	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 47 - 26		4th Phase
Creative Work	Siddha Yoga	153758678 Rahu 7:32AM – 9:06AM	Gara Until 5:31AM Tue	Nataraja: Purple				
Until 1:51AM Tue			Trayodashi Until 5:28PM	Moon – Red		Devaloka Day		
Then Creative Work - Amrita Yoga				Chaitra•Panguni				

5		Tuesday, March 31, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				St. Helena, CA
Simha Rasi: 28.53	Tithi 14 – 15	Gulika 12:14PM – 1:48PM	Uttaraphalguni Until 2:38AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:56AM	Sun 27	Sutra 352	Visvvasu 5127
		Yama 9:05AM – 10:39AM	Vriddhi Until 1:20AM Wed	Muruga: White	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 47 - 27		4th Phase
Creative Work	Amrita Yoga	153758678 Rahu 3:22PM – 4:57PM	Visti Until 5:54AM Wed	Nataraja: Purple				
Until 2:38AM Wed			Chaturdashi* Until 5:38PM	Moon – Red		Devaloka Day		
Then Routine Work - Marana Yoga				Chaitra•Panguni				

		Wednesday, April 1, 2026		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Bava Karana Purnimayam Titau				St. Helena, CA
Copper Retreat Star		Gulika 10:39AM – 12:14PM	Hasta Until 4:09AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Sun 28	Sutra 353	Visvvasu 5127
Kanya Rasi: 11.41	Tithi 15	Yama 7:31AM – 9:05AM	Dhruva Until 12:48AM Thu	Muruga: White	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 47 - Purnima		
		163758678 Rahu 12:14PM – 1:48PM	Bava Until 6:13PM	Nataraja: Purple				
Routine Work	Marana Yoga		Purnima* Until 6:13PM	Moon – Green		Bhuloka Day		
Until 4:09AM Thu		Panguni Uttiram		Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga		Hanuman Jayanti						

Thursday, April 2, 2026		Silver Retreat Star		Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau				St. Helena, CA
Silver Retreat Star		Gulika 9:04AM – 10:39AM	Chitra Until 5:55AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Sun 29	Sutra 354	Visvvasu 5127
Kanya Rasi: 24.17	Tithi 16	Yama 5:55AM – 7:29AM	Vyaghata* Until 12:38AM Fri	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 47 - Prathama		
		163758678 Rahu 1:48PM – 3:23PM	Balava Until 6:42AM	Nataraja: Purple				
Creative Work	Siddha Yoga		Prathama* Until 7:15PM	Moon – Green		Bhuloka Day		
				Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Friday, April 3, 2026
Gold Retreat Star

Tula Rasi: 6.41 Tithi 17
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana Yoga Taitila/Gara Karana Dvilyayam Titau

Gulika 7:28AM – 9:03AM
Yama 3:23PM – 4:58PM
163758678 **Rahu** 10:38AM – 12:13PM

Svati Until 7:56AM Sat
Harshana Until 12:47AM Sat
Taitila Until 7:57AM
Dvitiya Until 8:42PM

St. Helena, CA
Sun 1 Sutra 355
Visvvasu 5127

Ganesha: Clear *Sunrise:* 5:53AM
Muruga: White *Sunset:* 6:33PM

Nataraja: Purple
Moon – Green Moon 3 - Phase 48 - 1
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1

Saturday, April 4, 2026

Tula Rasi: 18.56 Tithi 18
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:52AM – 7:27AM
Yama 1:48PM – 3:23PM
163758678 **Rahu** 9:02AM – 10:37AM

Svati Until 7:56AM
Vajra* Until 1:12AM Sun
Vanija Until 9:36AM
Tritiya Until 10:32PM

St. Helena, CA
Sun 2 Sutra 356
Visvvasu 5127

Ganesha: Clear *Sunrise:* 5:52AM
Muruga: White *Sunset:* 6:34PM

Nataraja: Purple
Moon – Green Moon 3 - Phase 48 - 2
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

2

Sunday, April 5, 2026

Vrischika Rasi: 1.01 Tithi 19
Routine Work Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:24PM – 4:59PM
Yama 12:12PM – 1:48PM
173758678 **Rahu** 4:59PM – 6:35PM

Vishakha Until 10:37AM
Siddhi Until 1:52AM Mon
Bava Until 11:36AM
Chaturthi* Until 12:41AM Mon

St. Helena, CA
Sun 3 Sutra 357
Visvvasu 5127

Ganesha: White *Sunrise:* 5:50AM
Muruga: White *Sunset:* 6:35PM

Nataraja: Purple
Moon – Orange Moon 3 - Phase 48 - 3
1st Phase

Devaloka Day
Chaitra-Panguni

3

Monday, April 6, 2026

Vrischika Rasi: 12.59 Tithi 20
Family Home Evening
Creative Work Siddha Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:48PM – 3:24PM
Yama 10:36AM – 12:12PM
173758678 **Rahu** 7:25AM – 9:00AM

Anuradha Until 1:24PM
Vyatipata* Until 2:42AM Tue
Kaulava Until 1:52PM
Panchami Until 3:03AM Tue

St. Helena, CA
Sun 4 Sutra 358
Visvvasu 5127

Ganesha: White *Sunrise:* 5:49AM
Muruga: White *Sunset:* 6:36PM

Nataraja: Purple
Moon – Orange Moon 3 - Phase 48 - 4
1st Phase

Devaloka Day
Chaitra-Panguni

4

Tuesday, April 7, 2026

Vrischika Rasi: 24.53 Tithi 21
Routine Work Marana Yoga
Until 4:09PM
Then Creative Work - Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:12PM – 1:48PM
Yama 8:59AM – 10:36AM
173758678 **Rahu** 3:24PM – 5:00PM

Jyeshtha* Until 4:09PM
Variyan Until 3:33AM Wed
Gara Until 4:17PM
Shashthi* Until 5:28AM Wed

St. Helena, CA
Sun 5 Sutra 359
Visvvasu 5127

Ganesha: White *Sunrise:* 5:47AM
Muruga: White *Sunset:* 6:37PM

Nataraja: Purple
Moon – Orange Moon 3 - Phase 48 - 5
1st Phase

Devaloka Day
Chaitra-Panguni

5

Wednesday, April 8, 2026

Dhanus Rasi: 6.46 Tithi 22
Routine Work Marana Yoga
Until 7:12PM
Then Creative Work - Amrita Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Visti* Karana Saptamyam Titau

Gulika 10:35AM – 12:12PM
Yama 7:22AM – 8:59AM
183758678 **Rahu** 12:12PM – 1:48PM

Mula* Until 7:12PM
Parigha* Until 4:21AM Thu
Visti Until 6:40PM
Saptami Until 7:46AM Thu

St. Helena, CA
Sun 6 Sutra 360
Visvvasu 5127

Ganesha: Yellow *Sunrise:* 5:46AM
Muruga: White *Sunset:* 6:38PM

Nataraja: Purple
Moon – Light Blue Moon 3 - Phase 48 - 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Thursday, April 9, 2026
Retreat Star

Dhanus Rasi: 18.42 Tithi 22 – 23
Creative Work Siddha Yoga
Until 9:53PM
Then Routine Work - Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:58AM – 10:35AM
Yama 5:44AM – 7:21AM
183758678 **Rahu** 1:48PM – 3:25PM

Purvashadha* Until 9:53PM
Shiva Until 4:56AM Fri
Balava Until 8:49PM
Saptami Until 7:46AM

St. Helena, CA
Sun 7 Sutra 361
Visvvasu 5127

Ganesha: Yellow *Sunrise:* 5:44AM
Muruga: White *Sunset:* 6:39PM

Nataraja: Purple
Moon – Light Blue Moon 3 - Phase 48 - 7
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Friday, April 10, 2026
Retreat Star

Makara Rasi: 0.45 Tithi 23 – 24
Routine Work Marana Yoga

Visvvasu Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:20AM – 8:57AM
Yama 3:25PM – 5:02PM
183758678 **Rahu** 10:34AM – 12:11PM

Uttarashadha Until 11:57PM
Siddha Until 5:05AM Sat
Taitila Until 10:32PM
Ashtami* Until 9:43AM

St. Helena, CA
Sun 8 Sutra 362
Visvvasu 5127

Ganesha: Yellow *Sunrise:* 5:43AM
Muruga: White *Sunset:* 6:39PM

Nataraja: Purple
Moon – Light Blue Moon 3 - Phase 48 - 8
Navami

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1 Saturday, April 11, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam St. Helena, CA
 Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 9 Sutra 363
 Makara Rasi: 13.01 Tithi 24 – 25 **Gulika** 5:41AM – 7:19AM **Shravana Until 1:44AM Sun** **Ganesha:** Blue *Sunrise:* 5:41AM Visvvasu 5127
 193758678 **Yama** 1:48PM – 3:26PM **Sadhya Until 4:44AM Sun** **Muruga:** White *Sunset:* 6:40PM Moon 3 - Phase 49 - 9
Rahu 8:56AM – 10:33AM **Vanija Until 11:36PM** **Nataraja:** Purple 2nd Phase
 Creative Work Siddha Yoga **Navami* Until 11:08AM** **Chaitra+Panguni** **Devaloka Day**
 Until 1:44AM Sun
 Then Routine Work - Marana Yoga

2 Sunday, April 12, 2026 Visvvasu Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam St. Helena, CA
 Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 10 Sutra 364
 Makara Rasi: 25.35 Tithi 25 – 26 **Gulika** 3:26PM – 5:04PM **Dhanishtha Until 2:35AM Mon** **Ganesha:** Blue *Sunrise:* 5:40AM Visvvasu 5127
 193758678 **Yama** 12:10PM – 1:48PM **Subha Until 3:47AM Mon** **Muruga:** White *Sunset:* 6:41PM Moon 3 - Phase 49 - 10
Rahu 5:04PM – 6:41PM **Bava Until 11:53PM** **Nataraja:** Purple 2nd Phase
 Routine Work Marana Yoga **Dashami Until 11:50AM** **Chaitra+Panguni** **Devaloka Day**
 Until 2:35AM Mon
 Then Creative Work - Siddha Yoga

3 Monday, April 13, 2026 Visvvasu Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam St. Helena, CA
 Shatabhishak Nakshatra Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 11 Sutra 1
 Kumbha Rasi: 8.31 Tithi 26 – 27 **Gulika** 1:48PM – 3:26PM **Shatabhishak Until 2:28AM Tue** **Ganesha:** Blue *Sunrise:* 5:38AM Visvvasu 5127
 193758678 **Yama** 10:32AM – 12:10PM **Sukla Until 2:09AM Tue** **Muruga:** White *Sunset:* 6:42PM Moon 3 - Phase 49 - 11
Rahu 7:16AM – 8:54AM **Kaulava Until 11:21PM** **Nataraja:** Purple 2nd Phase
 Creative Work Siddha Yoga **Ekadashi* Until 11:42AM** **Chaitra+Chaitra** **Devaloka Day**
 Until 2:28AM Tue
 Then Routine Work - Marana Yoga

4 Tuesday, April 14, 2026 Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam St. Helena, CA
 Purvaproshtapada* Nakshatra Brahma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau Sun 12 Sutra 2
 Kumbha Rasi: 21.54 Tithi 27 – 28 **Gulika** 12:10PM – 1:48PM **Purvaproshtapada* Until 1:53AM Wed** **Ganesha:** White *Sunrise:* 5:37AM Parabhava 5128
 214758678 **Yama** 8:53AM – 10:32AM **Brahma Until 11:54PM** **Muruga:** White *Sunset:* 6:43PM Moon 3 - Phase 49 - 12
Rahu 3:27PM – 5:05PM **Gara Until 10:00PM** **Nataraja:** Purple 2nd Phase
 Routine Work Marana Yoga **Dvadashi* Until 10:45AM** **Chaitra+Chaitra** **Bhuloka Day**
 Until 1:53AM Wed **Tamil New Year** **Pradosha Vrata (Fasting)**
 Then Creative Work - Siddha Yoga

5 Wednesday, April 15, 2026 Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam St. Helena, CA
 Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 13 Sutra 3
 Meena Rasi: 5.44 Tithi 28 – 29 **Gulika** 10:31AM – 12:10PM **Uttaraproshtapada Until 12:28AM Thu** **Ganesha:** White *Sunrise:* 5:35AM Parabhava 5128
 214758678 **Yama** 7:14AM – 8:53AM **Indra Until 9:06PM** **Muruga:** White *Sunset:* 6:44PM Moon 3 - Phase 49 - 13
Rahu 12:10PM – 1:48PM **Visti Until 7:58PM** **Nataraja:** Purple 2nd Phase
 Creative Work Siddha Yoga **Trayodashi* Until 9:03AM** **Chaitra+Chaitra** **Bhuloka Day**

Thursday, April 16, 2026 Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam St. Helena, CA
 Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau Sun 14 Sutra 4
 Meena Rasi: 19.59 Tithi 29 – 30 **Gulika** 8:52AM – 10:31AM **Revati Until 10:22PM** **Ganesha:** Yellow *Sunrise:* 5:34AM Parabhava 5128
 214858678 **Yama** 5:34AM – 7:13AM **Vaidhriti* Until 5:49PM** **Muruga:** White *Sunset:* 6:45PM Moon 3 - Phase 49 - 14
Rahu 1:48PM – 3:27PM **Naga Until 3:51AM Fri** **Nataraja:** Purple Amavasya
 Creative Work Siddha Yoga **Chaturdashi* Until 6:42AM** **Chaitra+Chaitra** **Bhuloka Day**
 Until 10:22PM **Devaloka Time: 9:AM to 12:PM**
 Then Creative Work - Amrita Yoga

Friday, April 17, 2026 Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam St. Helena, CA
 Ashvini Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 5
 Mesha Rasi: 4.35 Tithi 1 **Gulika** 7:12AM – 8:51AM **Ashvini Until 8:11PM** **Ganesha:** Red *Sunrise:* 5:32AM Parabhava 5128
 224858678 **Yama** 3:28PM – 5:07PM **Vishkambha* Until 2:13PM** **Muruga:** White *Sunset:* 6:46PM Moon 3 - Phase 49 - 15
Rahu 10:30AM – 12:09PM **Kintughna Until 2:19PM** **Nataraja:** Purple Prathama
 Creative Work Amrita Yoga **Prathama* Until 12:41AM Sat** **Vaisaka+Chaitra** **Bhuloka Day**
 Until 8:11PM **Devaloka Time: 9:AM to 12:PM**
 Then Creative Work - Siddha Yoga

1		Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				St. Helena, CA Sun 16 Sutra 6
Mesha Rasi: 19.25	Tithi 2	Gulika 5:31AM – 7:11AM	Bharani Until 5:39PM	Ganesha: Red	<i>Sunrise:</i> 5:31AM		Parabhava 5128	
		Yama 1:48PM – 3:28PM	Priti Until 10:25AM	Muruga: White	<i>Sunset:</i> 6:47PM		Moon 3 - Phase 1 - 16	
		224858678 Rahu 8:50AM – 10:30AM	Balava Until 11:02AM	Nataraja: Purple			3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 9:21PM	Moon – White		Bhuloka Day		
Until 5:39PM				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Amrita Yoga								

2		Sunday, April 19, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				St. Helena, CA Sun 17 Sutra 7
Vrishabha Rasi: 4.2	Tithi 3	Gulika 3:28PM – 5:08PM	Krittika Until 2:58PM	Ganesha: Red	<i>Sunrise:</i> 5:30AM		Parabhava 5128	
		Yama 12:09PM – 1:49PM	Ayushman Until 6:31AM	Muruga: White	<i>Sunset:</i> 6:48PM		Moon 3 - Phase 1 - 17	
		224858678 Rahu 5:08PM – 6:48PM	Taitila Until 7:41AM	Nataraja: Purple			3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 6:00PM	Moon – White		Bhuloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		

3		Monday, April 20, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				St. Helena, CA Sun 18 Sutra 8
Vrishabha Rasi: 19.13	Tithi 4 – 5	Gulika 1:49PM – 3:29PM	Rohini Until 12:40PM	Ganesha: Yellow	<i>Sunrise:</i> 5:28AM		Parabhava 5128	
Family Home Evening		Yama 10:28AM – 12:09PM	Sobhana Until 11:03PM	Muruga: White	<i>Sunset:</i> 6:49PM		Moon 3 - Phase 1 - 18	
		224858678 Rahu 7:08AM – 8:48AM	Bava Until 1:20AM Tue	Nataraja: Purple			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 2:49PM	Moon – Yellow		Bhuloka Day		
		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		

4		Tuesday, April 21, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				St. Helena, CA Sun 19 Sutra 9
Mithuna Rasi: 3.55	Tithi 5 – 6	Gulika 12:08PM – 1:49PM	Mrigashira Until 10:31AM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM		Parabhava 5128	
		Yama 8:48AM – 10:28AM	Athiganda* Until 7:39PM	Muruga: White	<i>Sunset:</i> 6:50PM		Moon 3 - Phase 1 - 19	
		224858678 Rahu 3:29PM – 5:09PM	Kaulava Until 10:36PM	Nataraja: Purple			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 11:54AM	Moon – Yellow		Bhuloka Day		
Until 10:31AM				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		
Then Routine Work - Marana Yoga								

5		Wednesday, April 22, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				St. Helena, CA Sun 20 Sutra 10
Mithuna Rasi: 18.21	Tithi 6 – 7	Gulika 10:27AM – 12:08PM	Ardra Until 8:37AM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM		Parabhava 5128	
		Yama 7:06AM – 8:47AM	Sukarma Until 4:38PM	Muruga: White	<i>Sunset:</i> 6:51PM		Moon 3 - Phase 1 - 20	
		224858678 Rahu 12:08PM – 1:49PM	Gara Until 8:20PM	Nataraja: Purple			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 9:23AM	Moon – Yellow		Bhuloka Day		
				Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		

Retreat Star		Thursday, April 23, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				St. Helena, CA Sun 21 Sutra 11
Kataka Rasi: 2.28	Tithi 7 – 8	Gulika 8:46AM – 10:27AM	Punarvasu Until 7:29AM	Ganesha: White	<i>Sunrise:</i> 5:24AM		Parabhava 5128	
		Yama 5:24AM – 7:05AM	Dhriti Until 2:03PM	Muruga: White	<i>Sunset:</i> 6:52PM		Moon 3 - Phase 1 - 21	
		224858678 Rahu 1:49PM – 3:30PM	Visti Until 6:35PM	Nataraja: Purple			Ashtami	
Creative Work	Amrita Yoga		Saptami Until 7:22AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

Retreat Star		Friday, April 24, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				St. Helena, CA Sun 22 Sutra 12
Kataka Rasi: 16.14	Tithi 9	Gulika 7:04AM – 8:45AM	Pushya Until 6:45AM	Ganesha: White	<i>Sunrise:</i> 5:23AM		Parabhava 5128	
		Yama 3:30PM – 5:11PM	Shula* Until 11:53AM	Muruga: White	<i>Sunset:</i> 6:53PM		Moon 3 - Phase 1 - 22	
		224858679 Rahu 10:26AM – 12:08PM	Balava Until 5:24PM	Nataraja: Clear			Navami	
Routine Work	Marana Yoga		Navami* Until 5:00AM Sat	Moon – Blue		Sivaloka Day		
				Vaisaka-Chaitra				


1	Saturday, April 25, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				St. Helena, CA
			Ashlesha* /Magha* Nakshatra Ganda* /Vridhhi Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 13
	Kataka Rasi: 29.4	Tithi 10	Gulika 5:22AM – 7:03AM	Ashlesha* Until 6:26AM	Ganesha: White	<i>Sunrise:</i> 5:22AM	Parabhava 5128
			Yama 1:49PM – 3:31PM	Ganda* Until 10:12AM	Muruga: White	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 2 - 23
		244858679 Rahu 8:45AM – 10:26AM	Taitila Until 4:46PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 4:39AM Sun	Moon – Blue		Sivaloka Day	
Until 6:26AM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

2	Sunday, April 26, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				St. Helena, CA
			Magha* /Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 14
	Simha Rasi: 12.49	Tithi 11	Gulika 3:31PM – 5:13PM	Magha* Until 6:57AM	Ganesha: Purple	<i>Sunrise:</i> 5:20AM	Parabhava 5128
			Yama 12:07PM – 1:49PM	Vridhhi Until 8:57AM	Muruga: White	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 2 - 24
		255858679 Rahu 5:13PM – 6:54PM	Vanija Until 4:41PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 4:48AM Mon	Moon – Red		Bhuloka Day	
Until 6:57AM				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

3	Monday, April 27, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				St. Helena, CA
			Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 15
	Simha Rasi: 25.41	Tithi 12	Gulika 1:49PM – 3:31PM	Purvaphalguni Until 7:49AM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM	Parabhava 5128
	Family Home Evening		Yama 10:25AM – 12:07PM	Dhruva Until 8:04AM	Muruga: White	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 2 - 25
		255858679 Rahu 7:01AM – 8:43AM	Bava Until 5:04PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 5:24AM Tue	Moon – Red		Bhuloka Day	
Until 6:57AM				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

4	Tuesday, April 28, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				St. Helena, CA
			Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 16
	Kanya Rasi: 8.22	Tithi 13	Gulika 12:07PM – 1:49PM	Uttaraphalguni Until 8:57AM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	Parabhava 5128
			Yama 8:42AM – 10:25AM	Vyaghata* Until 7:33AM	Muruga: White	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 2 - 26
		255858679 Rahu 3:32PM – 5:14PM	Kaulava Until 5:53PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 6:25AM Wed	Moon – Red		Bhuloka Day	
Until 8:57AM				Vaisaka-Chaitra		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

5	Wednesday, April 29, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				St. Helena, CA
			Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 17
	Kanya Rasi: 20.51	Tithi 13 – 14	Gulika 10:24AM – 12:07PM	Hasta Until 10:47AM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Parabhava 5128
			Yama 6:59AM – 8:42AM	Harshana Until 7:22AM	Muruga: White	<i>Sunset:</i> 6:57PM	Moon 3 - Phase 2 - 27
		265858679 Rahu 12:07PM – 1:49PM	Gara Until 7:04PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 6:25AM	Moon – Green		Devaloka Day	
Until 10:47AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

	Thursday, April 30, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				St. Helena, CA
	Copper Retreat Star		Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 18
	Tula Rasi: 3.11	Tithi 14 – 15	Gulika 8:41AM – 10:24AM	Chitra Until 12:48PM	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Parabhava 5128
			Yama 5:15AM – 6:58AM	Vajra* Until 7:25AM	Muruga: White	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 2 - Purnima
		265858679 Rahu 1:50PM – 3:32PM	Visti Until 8:35PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 7:46AM	Moon – Green		Devaloka Day	
Until 12:48PM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

○	Friday, May 1, 2026		Parabhava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				St. Helena, CA
	Silver Retreat Star		Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 19
	Tula Rasi: 15.23	Tithi 15 – 16	Gulika 6:56AM – 8:40AM	Svati Until 2:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:13AM	Parabhava 5128
			Yama 3:33PM – 5:17PM	Siddhi Until 7:43AM	Muruga: White	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 2 - Prathama
		265858679 Rahu 10:23AM – 12:06PM	Balava Until 10:24PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima* Until 9:26AM	Moon – Green		Devaloka Day	
Until 12:48PM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda