



Monday, April 14, 2025

Gold Retreat Star

Tula Rasi: 12.43 Tithi 17
Family Home Evening
Creative Work Amrita Yoga
Until 8:34PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітапа Меша Месе Крішна Пакше Інду Васара Уктыям
Svali Nakshatra Vajra Yuga Talilpa Karana Dvityayam Titau
Gulika 1:18PM - 2:56PM
Yama 10:02AM - 11:40AM
Rahu 6:45AM - 8:24AM
Svali Until 8:34PM
Vajra\* Until 7:07PM
Talilpa Until 6:16PM
Dvitya Until 7:28AM Tue
Ganesh: Yellow Sunrise: 5:07AM
Murgu: Clear Sunset: 6:18PM
Nataraja: Clear
Moon - Green
Chaitra-Chaitra

Adana, Turkey Sutra 364
Vasavasu 5:127
Moon 4 - Phase 1 - 1st Phase

1

Tuesday, April 15, 2025

Tula Rasi: 24.34 Tithi 17 - 18
Routine Work Marana Yoga
Until 11:40PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітапа Меша Месе Крішна Пакше Мंगала Васара Уктыям
Vishakha Nakshatra Siddhi Yuga Gara/Vanija Karana Dvityayam Titau
Gulika 11:40AM - 1:18PM
Yama 6:43AM - 8:22AM
Rahu 2:57PM - 4:35PM
Vishakha Until 11:40PM
Siddhi Until 8:01PM
Vanija Until 8:41PM
Dvitya Until 7:28AM
Ganesh: Blue Sunrise: 5:06AM
Murgu: Clear Sunset: 6:17PM
Nataraja: Clear
Moon - Orange
Chaitra-Chaitra

Adana, Turkey Sun 1
Vasavasu 5:127
Moon 4 - Phase 1 - 1st Phase

2

Wednesday, April 16, 2025

Vischika Rasi: 6.28 Tithi 18 - 19
Creative Work Siddha Yoga
Until 2:24AM Thu
Then Routine Work - Prabalasitha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітапа Меша Месе Крішна Пакше Будаха Васара Уктыям
Anuradha Nakshatra Vyatipata Yuga Visti/Bava Karana Tritiyachaturthiyam Titau
Gulika 10:01AM - 11:39AM
Yama 6:43AM - 8:22AM
Rahu 11:39AM - 1:18PM
Anuradha Until 2:24AM Thu
Vyatipata\* Until 8:47PM
Bava Until 10:55PM
Tritiya Until 9:49AM
Ganesh: Blue Sunrise: 5:04AM
Murgu: Clear Sunset: 6:16PM
Nataraja: Clear
Moon - Orange
Chaitra-Chaitra

Adana, Turkey Sun 2
Vasavasu 5:127
Moon 4 - Phase 1 - 2 1st Phase

3

Thursday, April 17, 2025

Vischika Rasi: 18.28 Tithi 19 - 20
Routine Work Prabalasitha Yoga
Until 4:40AM Fri
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітапа Меша Месе Крішна Пакше Гору Васара Уктыям
Jyeshtha\* Nakshatra Varjya Yuga Balava/Kaulava Karana Chaturthi/Panchamiyam Titau
Gulika 8:21AM - 10:00AM
Yama 5:03AM - 6:42AM
Rahu 1:18PM - 2:57PM
Jyeshtha\* Until 4:40AM Fri
Varjyan Until 9:17PM
Kaulava Until 12:51AM Fri
Chaturthi\* Until 11:54AM
Ganesh: Blue Sunrise: 5:03AM
Murgu: Clear Sunset: 6:15PM
Nataraja: Clear
Moon - Orange
Chaitra-Chaitra

Adana, Turkey Sun 3
Vasavasu 5:127
Moon 4 - Phase 1 - 3 1st Phase

4

Friday, April 18, 2025

Dhanus Rasi: 0.35 Tithi 20 - 21
Creative Work Amrita Yoga
Until 6:51AM Sat
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітапа Меша Месе Крішна Пакше Садра Васара Уктыям
Mula\* Nakshatra Parigraha Yuga Talilpa/Gara Karana Panchami/Shashthiyam Titau
Gulika 6:41AM - 8:20AM
Yama 2:58PM - 4:37PM
Rahu 10:00AM - 11:39AM
Mula\* Until 6:51AM Sat
Parigraha\* Until 9:31PM
Gara Until 2:22AM Sat
Panchami Until 1:39PM
Ganesh: Red Sunrise: 5:02AM
Murgu: Clear Sunset: 6:14PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Chaitra

Adana, Turkey Sun 4
Vasavasu 5:127
Moon 4 - Phase 1 - 4 1st Phase

5

Saturday, April 19, 2025

Dhanus Rasi: 12.53 Tithi 21 - 22
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітапа Меша Месе Крішна Пакше Марта Васара Уктыям
Mula\*Purvashadha\* Nakshatra Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamiyam Titau
Gulika 5:00AM - 6:40AM
Yama 1:18PM - 2:58PM
Rahu 8:20AM - 9:59AM
Mula\* Until 6:51AM
Shiva Until 9:23PM
Visti Until 3:22AM Sun
Shashthi\* Until 2:55PM
Ganesh: Red Sunrise: 5:00AM
Murgu: Clear Sunset: 6:13PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Chaitra

Adana, Turkey Sun 5
Vasavasu 5:127
Moon 4 - Phase 1 - 5 1st Phase

6

Sunday, April 20, 2025

Dhanus Rasi: 25.25 Tithi 22 - 23
Creative Work Siddha Yoga
Until 8:20AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітапа Меша Месе Крішна Пакше Бхана Васара Уктыям
Purvashadha\*Uttarashadha Nakshatra Siddha Yuga Bava/Balava Karana Saptami/Akshamam Titau
Gulika 2:58PM - 4:38PM
Yama 11:39AM - 1:18PM
Rahu 4:38PM - 6:18PM
Purvashadha\* Until 8:20AM
Siddha Until 8:44PM
Balava Until 3:42AM Mon
Saptami Until 3:36PM
Ganesh: Red Sunrise: 4:59AM
Murgu: Clear Sunset: 6:12PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Chaitra

Adana, Turkey Sun 6
Vasavasu 5:127
Moon 4 - Phase 1 - 6 1st Phase

Monday, April 21, 2025

Retreat Star

Makara Rasi: 8.16 Tithi 23 - 24
Family Home Evening
Routine Work Marana Yoga
Until 9:02AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітапа Меша Месе Крішна Пакше Інду Васара Уктыям
Uttarashadha/Shravana Nakshatra Sadhya Yuga Kaulava/Talilpa Karana Aochami/Navamiyam Titau
Gulika 1:19PM - 2:59PM
Yama 9:58AM - 11:38AM
Rahu 6:38AM - 8:18AM
Uttarashadha Until 9:02AM
Sadhya Until 7:32PM
Talilpa Until 3:19AM Tue
Ashlami\* Until 3:35PM
Ganesh: Red Sunrise: 4:58AM
Murgu: Clear Sunset: 6:11PM
Nataraja: Clear
Moon - Light Blue
Chaitra-Chaitra

Adana, Turkey Sun 7
Vasavasu 5:127
Moon 4 - Phase 1 - 7 Ashlami

Tuesday, April 22, 2025

Retreat Star

Makara Rasi: 21.28 Tithi 24 - 25
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітапа Меша Месе Крішна Пакше Мंगала Васара Уктыям
Shravana/Dhanishtha Nakshatra Subha/Sukla Yuga Gara/Vanija Karana Navami/Dashamam Titau
Gulika 11:38AM - 1:19PM
Yama 8:17AM - 9:58AM
Rahu 2:59PM - 4:39PM
Shravana Until 9:18AM
Subha Until 5:46PM
Vanija Until 2:10AM Wed
Navami\* Until 2:49PM
Ganesh: Green Sunrise: 4:57AM
Murgu: Clear Sunset: 6:20PM
Nataraja: Clear
Moon - Purple
Chaitra-Chaitra

Adana, Turkey Sun 8
Vasavasu 5:127
Moon 4 - Phase 1 - 8 Navami

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1</b>	<b>Wednesday, April 23, 2025</b>		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакехе Бадха Весара Уктыяыы Дхараншха/Шаббархшак/Накштра Сукла/Братма Yoga Vist/Bava Karana Dashami/Ekadashyыы Tйлау				Adana, Turkey
	Kumbha Rasi: 5.07	Tithi 25 – 26	<b>Gulika</b> 9:57AM – 11:38AM Yama 6:36AM – 8:17AM 293298578 <b>Rahu</b> 11:38AM – 1:19PM	<b>Dhanishtha</b> Until 8:40AM Sukla Until 3:21PM Bava Until 12:16AM Thu <b>Dashami</b> Until 1:17PM	<b>Ganesh:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Clear Moon – Purple Chaitra-Chaitra	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 6:29PM	Sun 9 Vasavasu 5:27 Moon 4 - Phase 2 - 9 2nd Phase
Routine Work Prabalarishta Yoga Until 8:40AM Then Creative Work - Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM					

<b>2</b>	<b>Thursday, April 24, 2025</b>		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакехе: Guru Vesara Yuktayam Shatabhishak/Puravproshthapada/ Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyыы Tйлау				Adana, Turkey
	Kumbha Rasi: 19.12	Tithi 26 – 27	<b>Gulika</b> 8:16AM – 9:57AM Yama 4:54AM – 6:35AM 293298579 <b>Rahu</b> 1:19PM – 3:00PM	<b>Shatabhishak</b> Until 7:10AM Brahma Until 12:23PM Kaulava Until 9:43PM <b>Ekadashi*</b> Until 11:03AM	<b>Ganesh:</b> Green <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Purple Chaitra-Chaitra	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:29PM	Sun 10 Vasavasu 5:27 Moon 4 - Phase 2 - 10 2nd Phase
Creative Work Siddha Yoga		<b>Devaloka Day</b>					

<b>3</b>	<b>Friday, April 25, 2025</b>		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакехе: Sakra Vesara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhri* Yoga Talika/Gara Karana Dvadashi/Trayodashyыы Tйлау				Adana, Turkey
	Meena Rasi: 3.43	Tithi 27 – 28	<b>Gulika</b> 6:34AM – 8:15AM Yama 3:00PM – 4:41PM 213298579 <b>Rahu</b> 9:56AM – 11:38AM	<b>Uttaraproshtapada</b> Until 2:52AM Sat Indra Until 8:57AM Gara Until 6:38PM <b>Dvadashi*</b> Until 8:13AM	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Clear Chaitra-Chaitra	<b>Sunrise:</b> 4:53AM <b>Sunset:</b> 6:29PM	Sun 11 Sukra 11 Vasavasu 5:27 Moon 4 - Phase 2 - 11 2nd Phase
Creative Work Siddha Yoga Until 2:52AM Sat Then Routine Work - Prabalarishta Yoga		<b>Devaloka Day</b> <i>Pradosha Vata (Fasting)</i>					

<b>4</b>	<b>Saturday, April 26, 2025</b>		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакехе Mantra Vesara Yuktayam Revati Nakshatra Vishkambha* Yoga Visti/Sakuni* Karana Chaturdashyыы Tйлау				Adana, Turkey
	Meena Rasi: 18.37	Tithi 29	<b>Gulika</b> 4:51AM – 6:33AM Yama 1:19PM – 3:00PM 213298579 <b>Rahu</b> 8:14AM – 9:56AM	<b>Revati</b> Until 11:56PM Vishkambha* Until 12:59AM Sun Visti Until 3:08PM <b>Chaturdashy*</b> Until 1:16AM Sun	<b>Ganesh:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – Clear Chaitra-Chaitra	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:29PM	Sun 12 Sukra 12 Vasavasu 5:27 Moon 4 - Phase 2 - 12 2nd Phase
Routine Work Prabalarishta Yoga Until 11:56PM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>					

<b>●</b>	<b>Sunday, April 27, 2025</b>		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакехе Bhanu Vesara Yuktayam Ashvini Nakshatra Priti Yoga Catuspada* Naga* Karana Amavasyayam Tйлау				Adana, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 3:01PM – 4:43PM Yama 11:37AM – 1:19PM 224298579 <b>Rahu</b> 4:43PM – 6:24PM	<b>Ashvini</b> Until 9:05PM Priti Until 8:45PM Catuspada Until 11:24AM <b>Amavasya*</b> Until 9:29PM	<b>Ganesh:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – White Chaitra-Chaitra	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 6:29PM	Sun 13 Sukra 13 Vasavasu 5:27 Moon 4 - Phase 2 - 13 Amavasya
Creative Work Siddha Yoga Until 9:05PM Then Routine Work - Prabalarishta Yoga		<b>Sivaloka Day</b>					

<b>●</b>	<b>Monday, April 28, 2025</b>		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Сукла Пакехе: Indu Vesara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Balava Karana Prathama/Dvilyayam Tйлау				Adana, Turkey
	<b>Retreat Star</b>		<b>Gulika</b> 1:19PM – 3:01PM Yama 9:55AM – 11:37AM 224298579 <b>Rahu</b> 6:31AM – 8:13AM	<b>Bharani</b> Until 6:06PM Ayushman Until 4:30PM Kintughna Until 7:35AM <b>Prathama*</b> Until 5:41PM	<b>Ganesh:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon – White Vaisaka-Chaitra	<b>Sunrise:</b> 4:49AM <b>Sunset:</b> 6:29PM	Sun 14 Sukra 14 Vasavasu 5:27 Moon 4 - Phase 2 - 14 Prathama
Family Home Evening Creative Work Siddha Yoga Until 6:06PM Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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1

Tuesday, May 6, 2025

		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesho Mase Sukla Paksho Mangala Vasara Yuktyayam Adana, Turkey			
		Magha*Purvaphalguni Nakshatra Dhruva Yoga Talitta/Gara Karana Dvadasyam Titau Sun 22 Sufra 22			
Simha Rasi: 10.05	Tithi 10	<b>Gulika</b> 11:36AM - 1:20PM	<b>Magha* Until 12:20PM</b>	<b>Ganesha:</b> White	Sunrise: 4:40AM
		Yama 8:08AM - 9:52AM	Dhruva Until 8:57PM	<b>Muruga:</b> Red	Sunset: 6:29PM
Creative Work	Siddha Yoga	254318579 <b>Rahu</b> 3:04PM - 4:48PM	Talitta Until 5:56PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 22
				Moan - Red	4th Phase
			<b>Dashami Until 6:50AM Wed</b>	Vaisaka-Chaitra	<b>Devaloka Day</b>

2

Wednesday, May 7, 2025

		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesho Mase Sukla Paksho Butha Vesara Yuktyayam Adana, Turkey			
		Purvaphalguni/Ultrapahguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau Sun 23 Sufra 23			
Simha Rasi: 22.16	Tithi 10 - 11	<b>Gulika</b> 9:52AM - 11:36AM	<b>Purvaphalguni Until 2:46PM</b>	<b>Ganesha:</b> White	Sunrise: 4:39AM
		Yama 6:23AM - 8:08AM	Vyaghata* Until 9:33PM	<b>Muruga:</b> Red	Sunset: 6:29PM
Creative Work	Amrita Yoga	254318579 <b>Rahu</b> 11:36AM - 1:20PM	Bava Until 7:54PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 23
				Moan - Red	4th Phase
			<b>Dashami Until 6:50AM</b>	Vaisaka-Chaitra	<b>Devaloka Day</b>

3

Thursday, May 8, 2025

		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesho Mase Sukla Paksho Guru Vesara Yuktyayam Adana, Turkey			
		Ultrapahguni/Hasta Nakshatra Harshana Yoga Visi*/Bava Karana Ekadashi/Dvadashtyam Titau Sun 24 Sufra 24			
Kanya Rasi: 4.14	Tithi 11 - 12	<b>Gulika</b> 8:07AM - 9:52AM	<b>Ultrapahguni Until 5:27PM</b>	<b>Ganesha:</b> White	Sunrise: 4:38AM
		Yama 4:38AM - 6:23AM	Harshana Until 10:27PM	<b>Muruga:</b> Red	Sunset: 6:29PM
	Amrita Yoga	254318579 <b>Rahu</b> 1:21PM - 3:05PM	Bava Until 10:15PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 24
				Moan - Red	4th Phase
Until 5:27PM			<b>Ekadashi Until 9:01AM</b>	Vaisaka-Chaitra	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

4

Friday, May 9, 2025

		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesho Mase Sukla Paksho Sukra Vasara Yuktyayam Adana, Turkey			
		Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadasht/Trayodashyam Titau Sun 25 Sufra 25			
Kanya Rasi: 16.06	Tithi 12 - 13	<b>Gulika</b> 6:22AM - 8:07AM	<b>Hasta Until 8:40PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 4:37AM
		Yama 3:05PM - 4:50PM	Vajra* Until 11:28PM	<b>Muruga:</b> Red	Sunset: 6:29PM
Creative Work	Amrita Yoga	264318579 <b>Rahu</b> 9:51AM - 11:36AM	Kaulava Until 12:48AM Sal	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 25
				Moan - Green	4th Phase
Until 8:40PM			<b>Dvadasht Until 11:29AM</b>	Vaisaka-Chaitra	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vata</i>		

5

Saturday, May 10, 2025

		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesho Mase Sukla Paksho Manta Vesara Yuktyayam Adana, Turkey			
		Chitra Nakshatra Siddhi Yoga Talitta/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sufra 26			
Kanya Rasi: 27.55	Tithi 13 - 14	<b>Gulika</b> 4:36AM - 6:21AM	<b>Chitra Until 11:47PM</b>	<b>Ganesha:</b> White	Sunrise: 4:36AM
		Yama 1:21PM - 3:06PM	Siddhi Until 12:31AM Sun	<b>Muruga:</b> Red	Sunset: 6:29PM
Routine Work	Marana Yoga	265318579 <b>Rahu</b> 8:06AM - 9:51AM	Gara Until 3:22AM Sun	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 26
				Moan - Green	4th Phase
Until 11:47PM			<b>Trayodashi Until 2:04PM</b>	Vaisaka-Chaitra	<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

6

Sunday, May 11, 2025

		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesho Mase Sukla Paksho Bhanu Vesara Yuktyayam Adana, Turkey			
		Svati Nakshatra Vyatipata* Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau Sun 27 Sufra 27			
Tula Rasi: 9.43	Tithi 14 - 15	<b>Gulika</b> 3:06PM - 4:51PM	<b>Svati Until 2:39AM Mon</b>	<b>Ganesha:</b> White	Sunrise: 4:35AM
		Yama 11:36AM - 1:21PM	Vyatipala* Until 1:32AM Mon	<b>Muruga:</b> Red	Sunset: 6:29PM
Creative Work	Siddha Yoga	265318579 <b>Rahu</b> 4:51PM - 6:37PM	Visi Until 5:50AM Mon	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 27
				Moan - Green	4th Phase
Until 2:39AM Mon			<b>Chaturdashi* Until 4:36PM</b>	Vaisaka-Chaitra	<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga			<b>Mother's Day</b>		

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Monday, May 12, 2025

		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesho Mase Sukla Paksho Indu Vesara Yuktyayam Adana, Turkey			
		Vishakha Nakshatra Vriyan Yoga Bava Karana Purnimayam Titau Sun 28 Sufra 28			
Tula Rasi: 21.34	Tithi 15	<b>Gulika</b> 1:21PM - 3:07PM	<b>Vishakha Until 5:40AM Tue</b>	<b>Ganesha:</b> Yellow	Sunrise: 4:34AM
		Yama 9:50AM - 11:36AM	Vriyan Until 2:22AM Tue	<b>Muruga:</b> Red	Sunset: 6:29PM
Family Home Evening	Marana Yoga	275318579 <b>Rahu</b> 6:20AM - 8:05AM	Bava Until 6:59PM	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 28
				Moan - Orange	Purnima
Until 5:40AM Tue			<b>Purnima* Until 6:59PM</b>	Vaisaka-Chaitra	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

Tuesday, May 13, 2025

		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesho Mase Krishna Paksho Mangala Vasara Yuktyayam Adana, Turkey			
		Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sufra 29			
Vischika Rasi: 3.29	Tithi 16	<b>Gulika</b> 11:36AM - 1:21PM	<b>Anuradha Until 8:17AM Wed</b>	<b>Ganesha:</b> Yellow	Sunrise: 4:33AM
		Yama 8:05AM - 9:50AM	Parigha* Until 3:03AM Wed	<b>Muruga:</b> Red	Sunset: 6:29PM
Creative Work	Siddha Yoga	275318579 <b>Rahu</b> 3:07PM - 4:53PM	Balava Until 8:07AM	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 29
				Moan - Orange	Prathama
			<b>Prathama* Until 9:08PM</b>	Vaisaka-Chaitra	<b>Sivaloka Day</b>

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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**Wednesday, May 14, 2025****Gold Retreat Star**

Wisshika Rasi: 15.31 Tithi 17  
 Creative Work Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Бадха Васара Yuktayam Adana, Turkey  
 Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Talila/Gara Karana Divityayam Titau Sun 1 Sufra 30  
**Gulika 9:50AM - 11:36AM Anuradha Until 8:17AM Ganesha: Yellow Sunrise: 4:22AM**  
**Yama 6:18AM - 8:04AM Shiva Until 3:31AM Thu Muruga: Red Sunset: 6:39PM**  
**Rahu 11:36AM - 1:22PM Talila Until 10:08AM Nataraja: Purple Moon 5 - Phase 5 - 1**  
**Dvitiya Until 11:01PM Moon - Orange Sivaloka Day**  
**Vaisaka-Vaikasi**

**1****Thursday, May 15, 2025**

Wisshika Rasi: 27.38 Tithi 18  
 Routine Work Prabalarishta Yoga  
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Гуну Васара Yuktayam Adana, Turkey  
 Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Vanja/Vesli\* Karana Tritrayayam Titau Sun 2 Sufra 31  
**Gulika 8:04AM - 9:50AM Jyeshtha\* Until 10:27AM Ganesha: Yellow Sunrise: 4:22AM**  
**Yama 4:32AM - 6:18AM Siddha Until 3:42AM Fri Muruga: Red Sunset: 6:41PM**  
**Rahu 1:22PM - 3:08PM Vanja Until 11:51AM Nataraja: Purple Moon 5 - Phase 5 - 2**  
**Tritiya Until 12:34AM Fri Moon - Orange Sivaloka Day**  
**Vaisaka-Vaikasi**

**2****Friday, May 16, 2025**

Dhanus Rasi: 9.55 Tithi 19  
 Creative Work Amrita Yoga  
 Until 12:37PM  
 Then Routine Work - Prabalarishta Yoga

Viswastu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Sukra Vasara Yuktayam Adana, Turkey  
 Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthayam Titau Sun 3 Sufra 32  
**Gulika 6:17AM - 8:03AM Mula\* Until 12:37PM Ganesha: Blue Sunrise: 4:31AM**  
**Yama 4:32AM - 6:18AM Sadhya Until 3:37AM Sat Muruga: Red Sunset: 6:41PM**  
**Rahu 9:50AM - 11:36AM Bava Until 1:14PM Nataraja: Purple Moon 5 - Phase 5 - 3**  
**Chaturthi\* Until 1:46AM Sat Moon - Light Blue Sivaloka Day**  
**Vaisaka-Vaikasi**

**3****Saturday, May 17, 2025**

Dhanus Rasi: 22.2 Tithi 20  
 Creative Work Siddha Yoga  
 Until 2:14PM  
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Marta Vasara Yuktayam Adana, Turkey  
 Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Kaalava/Taila Karana Panchamayam Titau Sun 4 Sufra 33  
**Gulika 4:30AM - 6:16AM Purvashadha\* Until 2:14PM Ganesha: Blue Sunrise: 4:30AM**  
**Yama 3:08PM - 4:55PM Subha Until 3:13AM Sun Muruga: Red Sunset: 6:42PM**  
**Rahu 8:03AM - 9:49AM Kadava Until 2:13PM Nataraja: Purple Moon 5 - Phase 5 - 4**  
**Panchami Until 2:31AM Sun Moon - Light Blue Sivaloka Day**  
**Vaisaka-Vaikasi**

**4****Sunday, May 18, 2025**

Makara Rasi: 4.58 Tithi 21  
 Creative Work Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Bhanu Vasara Yuktayam Adana, Turkey  
 Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanja Karana Shashthayam Titau Sun 5 Sufra 34  
**Gulika 3:09PM - 4:56PM Uttarashadha Until 3:15PM Ganesha: Blue Sunrise: 4:29AM**  
**Yama 11:36AM - 1:23PM Sukla Until 2:24AM Mon Muruga: Red Sunset: 6:42PM**  
**Rahu 4:56PM - 6:42PM Gara Until 2:45PM Nataraja: Purple Moon 5 - Phase 5 - 5**  
**Shashthi\* Until 2:47AM Mon Moon - Light Blue Sivaloka Day**  
**Vaisaka-Vaikasi**

**5****Monday, May 19, 2025**

Makara Rasi: 17.5 Tithi 22  
 Family Home Evening  
 Creative Work Amrita Yoga  
 Until 4:03PM  
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Indu Vasara Yuktayam Adana, Turkey  
 Shravana/Dhanishtha Nakshatra Brahma Yoga Vesli\* Bava Karana Sapthamayam Titau Sun 6 Sufra 35  
**Gulika 1:23PM - 3:10PM Shravana Until 4:03PM Ganesha: Blue Sunrise: 4:29AM**  
**Yama 9:49AM - 11:36AM Brahma Until 1:08AM Tue Muruga: Red Sunset: 6:42PM**  
**Rahu 6:15AM - 8:02AM Vesli Until 2:43PM Nataraja: Purple Moon 5 - Phase 5 - 6**  
**Saptami Until 2:28AM Tue Moon - Purple Devaloka Day**  
**Vaisaka-Vaikasi**

**D****Tuesday, May 20, 2025****Retreat Star**

Kumbha Rasi: 1.01 Tithi 23  
 Creative Work Siddha Yoga  
 Until 4:06PM  
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Mangala Vasara Yuktayam Adana, Turkey  
 Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaalava Karana Ashtamayam Titau Sun 7 Sufra 36  
**Gulika 11:36AM - 1:23PM Dhanishtha Until 4:06PM Ganesha: Blue Sunrise: 4:28AM**  
**Yama 8:02AM - 9:49AM Indra Until 11:23PM Muruga: Red Sunset: 6:44PM**  
**Rahu 3:10PM - 4:57PM Balava Until 2:06PM Nataraja: Purple Moon 5 - Phase 5 - 7**  
**Ashtami\* Until 1:31AM Wed Moon - Purple Devaloka Day**  
**Vaisaka-Vaikasi**

**Wednesday, May 21, 2025****Retreat Star**

Kumbha Rasi: 14.31 Tithi 24  
 Creative Work Siddha Yoga  
 Until 3:22PM  
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Budha Vasara Yuktayam Adana, Turkey  
 Shatabhishak/Purvashrothapada\* Nakshatra Vaidhri\* Yoga Talila/Gara Karana Navamayam Titau Sun 8 Sufra 37  
**Gulika 9:49AM - 11:36AM Shatabhishak Until 3:22PM Ganesha: Blue Sunrise: 4:27AM**  
**Yama 6:14AM - 8:02AM Vaidhri\* Until 9:05PM Muruga: Red Sunset: 6:45PM**  
**Rahu 11:36AM - 1:23PM Talila Until 12:50PM Nataraja: Purple Moon 5 - Phase 5 - 8**  
**Navami\* Until 11:56PM Moon - Purple Devaloka Day**  
**Vaisaka-Vaikasi**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Thursday, May 22, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратна Рітау Вішвабха Маса: Krishna Paksha Gatu Vasara Yuktyam Purvaprosrthapada/Ultaraprosrthapada Nakshatra Vishkambha* Yoga Vanja/Visli* Karana Dashamyam Titau					Adana, Turkey Sun 9 Sufra 38
Kumbha Rasi: 28.26	Tithi 25	<b>Gulika</b> 8:01AM – 9:49AM	<b>Purvaprosrthapada* Until 2:17PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:26AM	Vasavasu 5:17	
		<b>Yama</b> 4:26AM – 6:14AM	<b>Vishkambha* Until 6:18PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:46PM	Moon 5 - Phase 6 - 9	
Creative Work	Siddha Yoga	<b>Rahu</b> 1:23PM – 3:11PM	<b>Vanija Until 10:55AM</b>	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dashami Until 9:43PM</b>	<b>Moon – Clear</b>		<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>2 Friday, May 23, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратна Рітау Вішвабха Маса: Krishna Paksha Saptami Vasara Yuktyam Utlaraprosrthapada/Revali Nakshatra PrithiAgushman Yoga Bava/Balava Karana Ekadshyam Titau					Adana, Turkey Sun 10 Sufra 39
Mesha Rasi: 12.43	Tithi 26	<b>Gulika</b> 6:13AM – 8:01AM	<b>Utlaraprosrthapada Until 12:30PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:26AM	Vasavasu 5:17	
		<b>Yama</b> 3:11PM – 4:59PM	<b>Prithi Until 3:03PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:46PM	Moon 5 - Phase 6 - 10	
Creative Work	Siddha Yoga	<b>Rahu</b> 9:49AM – 11:36AM	<b>Bava Until 8:26AM</b>	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Ekadashi* Until 6:58PM</b>	<b>Moon – Clear</b>		<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>3 Saturday, May 24, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратна Рітау Вішвабха Маса: Krishna Paksha Manva Vasara Yuktyam Revali/Ashvini Nakshatra Agushman/Saubhagya Yoga Jallila/Gara Karana Dvadashi Trayodashyam Titau					Adana, Turkey Sun 11 Sufra 40
Mesha Rasi: 27.22	Tithi 27 – 28	<b>Gulika</b> 4:25AM – 6:13AM	<b>Revali Until 10:06AM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:25AM	Vasavasu 5:17	
		<b>Yama</b> 1:24PM – 3:12PM	<b>Ayushman Until 11:25AM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:47PM	Moon 5 - Phase 6 - 11	
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 8:01AM – 9:48AM	<b>Gara Until 2:05AM Sun</b>	<b>Nataraja:</b> Purple		2nd Phase	
Until 10:06AM			<b>Dvadashi* Until 3:47PM</b>	<b>Moon – Clear</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Vaikasi</b>			
				<b>Pradosha Vata (Fasting)</b>			

<b>4 Sunday, May 25, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратна Рітау Вішвабха Маса: Krishna Paksha Bharu Vasara Yuktyam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau					Adana, Turkey Sun 12 Sufra 41
Mesha Rasi: 12.19	Tithi 28 – 29	<b>Gulika</b> 3:12PM – 5:00PM	<b>Ashvini Until 7:37AM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:25AM	Vasavasu 5:17	
		<b>Yama</b> 11:36AM – 1:24PM	<b>Saubhagya Until 7:30AM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:48PM	Moon 5 - Phase 6 - 12	
Creative Work	Siddha Yoga	<b>Rahu</b> 5:00PM – 6:48PM	<b>Visli Until 10:30PM</b>	<b>Nataraja:</b> Purple		2nd Phase	
Until 7:37AM			<b>Trayodashi* Until 12:18PM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Vaisaka-Vaikasi</b>			

<b>Monday, May 26, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратна Рітау Вішвабха Маса: Krishna Paksha Indu Vasara Yuktyam Kritika Nakshatra Athiganda* Yoga Sakuni*Caluspada* Karana Chaturdashini/Amavasyayam Titau					Adana, Turkey Sun 13 Sufra 42
<b>Retreat Star</b>		<b>Gulika</b> 1:24PM – 3:13PM	<b>Kritika Until 1:52AM Tue</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:24AM	Vasavasu 5:17	
Mesha Rasi: 27.24	Tithi 29 – 30	<b>Yama</b> 9:48AM – 11:36AM	<b>Athiganda* Until 11:21PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:49PM	Moon 5 - Phase 6 - 13	
<b>Family Home Evening</b>	Marana Yoga	<b>Rahu</b> 6:12AM – 8:00AM	<b>Caluspada Until 6:51PM</b>	<b>Nataraja:</b> Purple		Amavasya	
Routine Work	Until 1:52AM Tue		<b>Chaturdashini* Until 8:39AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Vaisaka-Vaikasi</b>			

<b>Tuesday, May 27, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Наратна Рітау Вішвабха Маса: Sukla Paksha Mangala Vasara Yuktyam Rohini Nakshatra Sukarma Yoga Kintughna* Bava Karana Prathamayam Titau					Adana, Turkey Sun 14 Sufra 43
<b>Retreat Star</b>		<b>Gulika</b> 11:37AM – 1:25PM	<b>Rohini Until 11:21PM</b>	<b>Ganesh:</b> Green	<b>Sunrise:</b> 4:24AM	Vasavasu 5:17	
Mishabha Rasi: 12.29	Tithi 1	<b>Yama</b> 8:00AM – 9:48AM	<b>Sukarma Until 7:23PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:50PM	Moon 5 - Phase 6 - 14	
Creative Work	Amrita Yoga	<b>Rahu</b> 3:13PM – 5:01PM	<b>Kintughna Until 3:17PM</b>	<b>Nataraja:</b> Purple		Prathama	
Until 11:21PM			<b>Prathama* Until 1:34AM Wed</b>	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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1	<b>Wednesday, May 28, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ Бадха Васара Yuktayam Adana, Turkey Mrigashira Nakshatra Dhrivi/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Tilau Sun 15 Sufra 44			
	<b>Gulika</b>	<b>9:48AM - 11:37AM</b>	<b>Mrigashira Until 9:01PM</b>	<b>Ganesh:</b> Green	<b>Sunrise:</b> 4:23AM	<b>Vasavas:</b> 5:17
	<b>Yama</b>	<b>6:11AM - 8:00AM</b>	<b>Dhrivi Until 3:40PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:59PM	<b>Moon 5 - Phase 7 - 12</b>
Wishabha Rasi: 27.26	Tilthi 2	<b>Rahu</b>	<b>11:37AM - 1:25PM</b>	<b>Balava Until 11:59AM</b>	<b>Nataraja:</b> Purple	<b>3rd Phase</b>
Creative Work	Siddha Yoga			<b>Moan - Yellow</b>		<b>Devaloka Day</b>
			<b>Dvitiya Until 10:28PM</b>	<b>Jyeshtha-Vaikasi</b>		

2	<b>Thursday, May 29, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ Гору Васара Yuktayam Adana, Turkey Andra Nakshatra Shula*Ganda* Yoga Talilla/Gara Karana Tritiyayam Tilau Sun 16 Sufra 45			
	<b>Gulika</b>	<b>8:00AM - 9:48AM</b>	<b>Andra Until 7:03PM</b>	<b>Ganesh:</b> Green	<b>Sunrise:</b> 4:23AM	<b>Vasavas:</b> 5:17
	<b>Yama</b>	<b>4:23AM - 6:11AM</b>	<b>Shula* Until 12:18PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:59PM	<b>Moon 5 - Phase 7 - 16</b>
Mithuna Rasi: 12.06	Tilthi 3	<b>Rahu</b>	<b>1:25PM - 3:14PM</b>	<b>Talilla Until 9:07AM</b>	<b>Nataraja:</b> Purple	<b>3rd Phase</b>
Routine Work	Marana Yoga			<b>Moan - Yellow</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			<b>Tritiya Until 7:53PM</b>	<b>Jyeshtha-Vaikasi</b>		

3	<b>Friday, May 30, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ Sukra Vasara Yuktayam Adana, Turkey Punarvasu Nakshatra Ganda* Middhi Yoga Vanija/Bava Karana Chaturthi/Panchamyam Tilau Sun 17 Sufra 46			
	<b>Gulika</b>	<b>6:11AM - 7:59AM</b>	<b>Punarvasu Until 6:02PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:22AM	<b>Vasavas:</b> 5:17
	<b>Yama</b>	<b>3:14PM - 5:03PM</b>	<b>Ganda* Until 9:28AM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:59PM	<b>Moon 5 - Phase 7 - 17</b>
Mithuna Rasi: 26.21	Tilthi 4 - 5	<b>Rahu</b>	<b>9:48AM - 11:37AM</b>	<b>Vanija Until 6:50AM</b>	<b>Nataraja:</b> Purple	<b>3rd Phase</b>
Creative Work	Siddha Yoga			<b>Moan - Blue</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga			<b>Chaturthi* Until 5:57PM</b>	<b>Jyeshtha-Vaikasi</b>		

4	<b>Saturday, May 31, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ Meru Vasara Yuktayam Adana, Turkey Pushya/Ashlesha* Nakshatra Viddhi/Urausa Yoga Balava/Kaulava Karana Panchami/Saasthyam Tilau Sun 18 Sufra 47			
	<b>Gulika</b>	<b>4:22AM - 6:11AM</b>	<b>Pushya Until 5:39PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:22AM	<b>Vasavas:</b> 5:17
	<b>Yama</b>	<b>1:26PM - 3:15PM</b>	<b>Viddhi Until 7:15AM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:59PM	<b>Moon 5 - Phase 7 - 18</b>
Kalkata Rasi: 10.08	Tilthi 5 - 6	<b>Rahu</b>	<b>7:59AM - 9:48AM</b>	<b>Kaulava Until 4:35AM Sun</b>	<b>Nataraja:</b> Purple	<b>3rd Phase</b>
Creative Work	Siddha Yoga			<b>Moan - Blue</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga			<b>Panchami Until 4:49PM</b>	<b>Jyeshtha-Vaikasi</b>		

5	<b>Sunday, June 1, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ Bhanu Vasara Yuktayam Adana, Turkey Ashlesha/Magha* Nakshatra Vyaghala* Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau Sun 19 Sufra 48			
	<b>Gulika</b>	<b>3:15PM - 5:04PM</b>	<b>Ashlesha* Until 5:58PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:21AM	<b>Vasavas:</b> 5:17
	<b>Yama</b>	<b>11:37AM - 1:26PM</b>	<b>Vyaghala* Until 4:50AM Mon</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:59PM	<b>Moon 5 - Phase 7 - 19</b>
Kalkata Rasi: 23.26	Tilthi 6 - 7	<b>Rahu</b>	<b>5:04PM - 6:53PM</b>	<b>Gara Until 4:45AM Mon</b>	<b>Nataraja:</b> Purple	<b>3rd Phase</b>
Creative Work	Siddha Yoga			<b>Moan - Blue</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga			<b>Shashthi* Until 4:32PM</b>	<b>Jyeshtha-Vaikasi</b>		

6	<b>Monday, June 2, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ Indu Vasara Yuktayam Adana, Turkey Magha* Nakshatra Harshana Yoga Vanija/Visi* Karana Sapthami/Astamyam Tilau Sun 20 Sufra 49			
	<b>Gulika</b>	<b>1:26PM - 3:15PM</b>	<b>Magha* Until 7:26PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:21AM	<b>Vasavas:</b> 5:17
	<b>Yama</b>	<b>9:48AM - 11:37AM</b>	<b>Harshana Until 4:39AM Tue</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:59PM	<b>Moon 5 - Phase 7 - 20</b>
Simha Rasi: 6.18	Tilthi 7 - 8	<b>Rahu</b>	<b>6:10AM - 7:59AM</b>	<b>Visi Until 5:45AM Tue</b>	<b>Nataraja:</b> Purple	<b>3rd Phase</b>
Family Home Evening	Marana Yoga			<b>Moan - Red</b>		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga			<b>Sapthami Until 5:08PM</b>	<b>Jyeshtha-Vaikasi</b>		

D	<b>Tuesday, June 3, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ Mangala Vasara Yuktayam Adana, Turkey Purvaphalguni Nakshatra Vajra* Yoga Bava Karana Ashtamyam Tilau Sun 21 Sufra 50			
	<b>Gulika</b>	<b>11:37AM - 1:27PM</b>	<b>Purvaphalguni Until 9:30PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:21AM	<b>Vasavas:</b> 5:17
	<b>Yama</b>	<b>7:59AM - 9:48AM</b>	<b>Vajra* Until 4:59AM Wed</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:59PM	<b>Moon 5 - Phase 7 - 21</b>
Simha Rasi: 18.46	Tilthi 8	<b>Rahu</b>	<b>3:16PM - 5:05PM</b>	<b>Bava Until 6:30PM</b>	<b>Nataraja:</b> Purple	<b>Ashtami</b>
Creative Work	Siddha Yoga			<b>Moan - Red</b>		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga			<b>Ashtami* Until 6:30PM</b>	<b>Jyeshtha-Vaikasi</b>		

D	<b>Wednesday, June 4, 2025</b>		Vishvasu Nama Samvatsara Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ Budha Vasara Yuktayam Adana, Turkey Uttaraphalguni Nakshatra Siddhi* Yoga Balava/Kaulava Karana Navamyam Tilau Sun 22 Sufra 51			
	<b>Gulika</b>	<b>9:48AM - 11:38AM</b>	<b>Uttaraphalguni Until 11:58PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 4:20AM	<b>Vasavas:</b> 5:17
	<b>Yama</b>	<b>6:10AM - 7:59AM</b>	<b>Siddhi Until 5:45AM Thu</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:59PM	<b>Moon 5 - Phase 7 - 22</b>
Kanya Rasi: 0.56	Tilthi 9	<b>Rahu</b>	<b>11:38AM - 1:27PM</b>	<b>Balava Until 7:26AM</b>	<b>Nataraja:</b> Purple	<b>Navami</b>
Creative Work	Amrita Yoga			<b>Moan - Red</b>		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga			<b>Navami* Until 8:28PM</b>	<b>Jyeshtha-Vaikasi</b>		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Thursday, June 5, 2025</b>		Viswastu Nama Samvatsara: Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакіше: Guru Vasara Yuktayam				Adana, Turkey
Kanya Rasi: 12.54 Tithi 10		Hasta Until 3:06AM Fri		Ganesh: Clear	Sunrise: 4:20AM	Sun 23 Sutra 52
Routine Work - Marana Yoga		Vyalipata* Until 6:45AM Fri		Muruga: Red	Sunset: 6:59PM	Vasavasu 5:27
Until 3:06AM Fri		Taitilla Until 9:39AM		Nataraja: Blue		Moon 5 - Phase 8 - 23 4th Phase
Then Creative Work - Siddha Yoga		Dashami Until 10:51PM		Moon - Green		Sivaloka Day
				Jyeshtha-Vaikasi		

<b>2 Friday, June 6, 2025</b>		Viswastu Nama Samvatsara: Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакіше: Sukra Vasara Yuktayam				Adana, Turkey
Kanya Rasi: 24.45 Tithi 11		Chitra Until 6:12AM Sat		Ganesh: Clear	Sunrise: 4:20AM	Sun 24 Sutra 53
Routine Work - Marana Yoga		Vyalipata* Until 6:45AM		Muruga: Red	Sunset: 6:59PM	Vasavasu 5:27
Until 3:17PM - 5:07PM		Vanija Until 12:08PM		Nataraja: Blue		Moon 5 - Phase 8 - 24 4th Phase
Creative Work - Siddha Yoga		Ekadashi Until 1:23AM Sat		Moon - Green		Sivaloka Day
				Jyeshtha-Vaikasi		

<b>3 Saturday, June 7, 2025</b>		Viswastu Nama Samvatsara: Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакіше: Mania Vasara Yuktayam				Adana, Turkey
Tula Rasi: 6.33 Tithi 12		Chitra Until 6:12AM		Ganesh: Clear	Sunrise: 4:20AM	Sun 25 Sutra 54
Routine Work - Marana Yoga		Varyan Until 7:48AM		Muruga: Red	Sunset: 6:59PM	Vasavasu 5:27
Until 6:12AM		Bava Until 2:40PM		Nataraja: Blue		Moon 5 - Phase 8 - 25 4th Phase
Then Creative Work - Siddha Yoga		Dvadashi Until 3:52AM Sun		Moon - Green		Sivaloka Day
				Jyeshtha-Vaikasi		

<b>4 Sunday, June 8, 2025</b>		Viswastu Nama Samvatsara: Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакіше: Bhanu Vasara Yuktayam				Adana, Turkey
Tula Rasi: 18.23 Tithi 13		Svali Until 9:04AM		Ganesh: White	Sunrise: 4:19AM	Sun 26 Sutra 55
Routine Work - Marana Yoga		Parigha* Until 8:49AM		Muruga: Red	Sunset: 6:57PM	Vasavasu 5:27
Until 9:04AM		Kaulava Until 5:04PM		Nataraja: Blue		Moon 5 - Phase 8 - 26 4th Phase
Then Routine Work - Marana Yoga		Trayodashi Until 6:10AM Mon		Moon - Green		Devalka Day
		Pradosha Vata		Jyeshtha-Vaikasi		

<b>5 Monday, June 9, 2025</b>		Viswastu Nama Samvatsara: Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакіше: Indu Vasara Yuktayam				Adana, Turkey
Mithila Rasi: 0.18 Tithi 13 - 14		Vishakha Until 12:03PM		Ganesh: Clear	Sunrise: 4:19AM	Sun 27 Sutra 56
Family Home Evening		Shiva Until 9:40AM		Muruga: Red	Sunset: 6:58PM	Vasavasu 5:27
Routine Work - Marana Yoga		Gara Until 7:13PM		Nataraja: Blue		Moon 5 - Phase 8 - 27 4th Phase
Until 12:03PM		Trayodashi Until 6:10AM		Moon - Orange		Sivaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi		

<b>○ Tuesday, June 10, 2025</b>		Viswastu Nama Samvatsara: Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакіше: Mangala Vasara Yuktayam				Adana, Turkey
Copper Retreat Star		Anuradha Until 2:33PM		Ganesh: Clear	Sunrise: 4:19AM	Sun 28 Sutra 57
Mithila Rasi: 12.2 Tithi 14 - 15		Siddha Until 10:14AM		Muruga: Red	Sunset: 6:58PM	Vasavasu 5:27
Routine Work - Marana Yoga		Visi Until 9:01PM		Nataraja: Blue		Moon 5 - Phase 8 - Purnima
Until 2:33PM		Chaturdashi* Until 8:09AM		Moon - Orange		Sivaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		

<b>Wednesday, June 11, 2025</b>		Viswastu Nama Samvatsara: Uтарыне Нартапа Рітау Вішабха Маса: Krishna Paksha Butha Vasara Yuktayam				Adana, Turkey
Silver Retreat Star		Jyeshtha* Until 4:32PM		Ganesh: Clear	Sunrise: 4:19AM	Sun 29 Sutra 58
Mithila Rasi: 24.31 Tithi 15 - 16		Sadhya Until 10:33AM		Muruga: Red	Sunset: 6:59PM	Vasavasu 5:27
Routine Work - Marana Yoga		Balava Until 10:27PM		Nataraja: Blue		Moon 5 - Phase 8 - Prathama
Until 4:32PM		Purnima* Until 9:46AM		Moon - Orange		Sivaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025****Gold Retreat Star**

Viswasa Nama Samvatsare Uтарыяне Наратана Рітау Вішвэбха Мэсе Крішна Пакше Гору Васара Yuktayam

Adana, Turkey

Mula\* Nakshatra Subha/Sukla Yoga Kaulava/Taila Karana Prathama/Dvityayam Tilau

Sufra 59

Dhanus Rasi: 6.51 TITHI 16 - 17

389418571

Gulika 7:59AM - 9:49AM

Yama 4:19AM - 6:09AM

Rahu 1:29PM - 3:19PM

Mula\* Until 6:27PM

Subha Until 10:35AM

Taitila Until 11:30PM

Prathama\* Until 11:00AM

Ganesha: Purple

Murgu: Red

Nataraja: Blue

Moon - Light Blue

Sunrise: 4:19AM

Sunset: 6:59PM

Jyeshtha-Vaikasi

Devaloka Day

Vasavasu 5:27

Moon 6 - Phase 9 - 1st Phase

Creative Work Siddha Yoga

**Friday, June 13, 2025****1 Dhanus Rasi: 19.22 TITHI 17 - 18**

Viswasa Nama Samvatsare Uтарыяне Наратана Рітау Вішвэбха Мэсе Крішна Пакше Sukra Vasara Yuktayam

Adana, Turkey

Purvashada\* Nakshatra Sukla/Brahma Yoga Gara/Vanaja Karana Dvitya/Tritiyayam Tilau

Sun 1 Sufra 60

389418571

Gulika 6:09AM - 7:59AM

Yama 3:19PM - 5:09PM

Rahu 9:49AM - 11:39AM

Purvashada\* Until 7:51PM

Sukla Until 10:17AM

Vanija Until 12:09AM Sat

Dvitiya Until 11:51AM

Ganesha: Purple

Murgu: Red

Nataraja: Blue

Moon - Light Blue

Sunrise: 4:19AM

Sunset: 7:00PM

Jyeshtha-Vaikasi

Devaloka Day

Vasavasu 5:27

Moon 6 - Phase 9 - 1st Phase

Routine Work Prabalashita Yoga

Until 7:51PM

Then Routine Work - Marana Yoga

**2 Saturday, June 14, 2025****2 Makara Rasi: 2.02 TITHI 18 - 19**

Viswasa Nama Samvatsare Uтарыяне Наратана Рітау Вішвэбха Мэсе Крішна Пакше Manita Vasara Yuktayam

Adana, Turkey

Uttarashada Nakshatra Brahma/Indra Yoga Vasi\* (Bava Karana Tritiya/Chaturthayam Tilau

Sun 2 Sufra 61

389418571

Gulika 4:19AM - 6:09AM

Yama 1:30PM - 3:20PM

Rahu 7:59AM - 9:49AM

Uttarashada Until 8:43PM

Brahma Until 9:42AM

Bava Until 12:26AM Sun

Tritiya Until 12:19PM

Ganesha: Purple

Murgu: Red

Nataraja: Blue

Moon - Light Blue

Sunrise: 4:19AM

Sunset: 7:00PM

Jyeshtha-Vaikasi

Devaloka Day

Vasavasu 5:27

Moon 6 - Phase 9 - 2 1st Phase

Routine Work Marana Yoga

Until 8:43PM

Then Creative Work - Siddha Yoga

**3 Sunday, June 15, 2025****3 Makara Rasi: 14.54 TITHI 19 - 20**

Viswasa Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Мэсе Крішна Пакше Bhanu Vasara Yuktayam

Adana, Turkey

Shravana Nakshatra Indra/Vaidhri\* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Tilau

Sun 3 Sufra 62

399418571

Gulika 3:20PM - 5:10PM

Yama 11:40AM - 1:30PM

Rahu 5:10PM - 7:00PM

Shravana Until 9:31PM

Indra Until 8:50AM

Kaulava Until 12:19AM Mon

Chaturthi\* Until 12:24PM

Ganesha: Clear

Murgu: Red

Nataraja: Blue

Moon - Purple

Sunrise: 4:19AM

Sunset: 7:00PM

Jyeshtha-Ani

Sivaloka Day

Vasavasu 5:27

Moon 6 - Phase 9 - 3 1st Phase

Creative Work Amrita Yoga

Until 9:31PM

Then Routine Work - Marana Yoga

**4 Monday, June 16, 2025****4 Makara Rasi: 27.58 TITHI 20 - 21**

Viswasa Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Мэсе Крішна Пакше Indu Vasara Yuktayam

Adana, Turkey

Dhanishtha Nakshatra Vaidhri\*/Vishkambha\* Yoga Taila/Gara Karana Panchami/Shaashtham Tilau

Sun 4 Sufra 63

391418571

Gulika 1:30PM - 3:20PM

Yama 9:50AM - 11:40AM

Rahu 6:09AM - 7:59AM

Dhanishtha Until 9:45PM

Vaidhri\* Until 7:37AM

Gara Until 11:47PM

Panchami Until 12:05PM

Ganesha: Yellow

Murgu: Red

Nataraja: Blue

Moon - Purple

Sunrise: 4:19AM

Sunset: 7:01PM

Jyeshtha-Ani

Sivaloka Day

Vasavasu 5:27

Moon 6 - Phase 9 - 4 1st Phase

Family Home Evening

Creative Work Siddha Yoga

**5 Tuesday, June 17, 2025****5 Kumbha Rasi: 11.14 TITHI 21 - 22**

Viswasa Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Мэсе Крішна Пакше Mangala Vasara Yuktayam

Adana, Turkey

Shatabhishak Nakshatra Vishkambha\* (Pithi Yoga Varjya/Vasi\* Karana Shashthi/Saptamam Tilau

Sun 5 Sufra 64

391418571

Gulika 11:40AM - 1:30PM

Yama 8:00AM - 9:50AM

Rahu 3:21PM - 5:11PM

Shatabhishak Until 9:25PM

Vishkambha\* Until 6:05AM

Vasi Until 10:49PM

Shashthi\* Until 11:20AM

Ganesha: Yellow

Murgu: Red

Nataraja: Blue

Moon - Purple

Sunrise: 4:19AM

Sunset: 7:01PM

Jyeshtha-Ani

Sivaloka Day

Vasavasu 5:27

Moon 6 - Phase 9 - 5 1st Phase

Routine Work Marana Yoga

**Wednesday, June 18, 2025****Retreat Star****Kumbha Rasi: 24.47 TITHI 22 - 23**

Viswasa Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Мэсе Крішна Пакше Budha Vasara Yuktayam

Adana, Turkey

Uttaraprosrothapada\* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamam Tilau

Sun 6 Sufra 65

311418571

Gulika 9:50AM - 11:40AM

Yama 6:10AM - 8:00AM

Rahu 11:40AM - 1:31PM

Uttaraprosrothapada\* Until 8:54PM

Ayushman Until 1:54AM Thu

Balava Until 9:23PM

Saptami Until 10:08AM

Ganesha: Clear

Murgu: Red

Nataraja: Blue

Moon - Clear

Sunrise: 4:19AM

Sunset: 7:01PM

Jyeshtha-Ani

Sivaloka Day

Vasavasu 5:27

Moon 6 - Phase 9 - 6 Ashtami

Creative Work Amrita Yoga

Until 8:54PM

Then Creative Work - Siddha Yoga

**Thursday, June 19, 2025****Retreat Star****Meena Rasi: 8.35 TITHI 23 - 24**

Viswasa Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Мэсе Крішна Пакше Guru Vasara Yuktayam

Adana, Turkey

Uttaraprosrothapada Nakshatra Saubhagya Yoga Kaulava/Taila Karana Ashtami/Navamam Tilau

Sun 7 Sufra 66

311418571

Gulika 8:00AM - 9:50AM

Yama 4:19AM - 6:10AM

Rahu 1:31PM - 3:21PM

Uttaraprosrothapada Until 7:47PM

Saubhagya Until 11:15PM

Taila Until 7:29PM

Ashtami\* Until 8:28AM

Ganesha: Clear

Murgu: Red

Nataraja: Blue

Moon - Clear

Sunrise: 4:19AM

Sunset: 7:02PM

Jyeshtha-Ani

Sivaloka Day

Vasavasu 5:27

Moon 6 - Phase 9 - 7 Navami

Creative Work Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agamas

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## 1 Friday, June 20, 2025

		Viswasa Nama Samvatsare Uтарыне Нартана Рітау Міхуна Масе Крішна Пакше Сукра Васара Yuktayam				Adana, Turkey
		Revati Nakshatra Sotbhana Yoga Gara/Visi* Karana Navami/Dushanyam Titau				Sun 8 Sufra 67
Mesha Rasi: 22.41	Tithi 24 - 25	<b>Gulika</b> 6:10AM - 8:00AM	<b>Revati</b> Until 6:05PM	<b>Ganesh:</b> White	Sunrise: 4:20AM	Vasavasu 5127
		<b>Yama</b> 3:21PM - 5:12PM	<b>Sobhana</b> Until 8:15PM	<b>Muruga:</b> Red	Sunset: 7:03PM	Sufra 68
Creative Work	Siddha Yoga	<b>Rahu</b> 9:50AM - 11:41AM	Visiti Until 3:49AM Sat	<b>Nataraja:</b> Blue		Moon 6 - Phase 10 - 8 2nd Phase
Until 6:05PM			<b>Navami* Until 6:21AM</b>	Moon - Clear		
Then Creative Work - Amrita Yoga				Jyestha-Ani		<b>Subha Sivaloka Day</b>

## 2 Saturday, June 21, 2025

		Viswasa Nama Samvatsare Uтарыне Нартана Рітау Міхуна Масе Крішна Пакше Manita Varsara Yuktayam				Adana, Turkey
		Ashvini/Bharani Nakshatra Ahinganda*/Sukarna Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sufra 69
Mesha Rasi: 7.04	Tithi 26	<b>Gulika</b> 4:20AM - 6:10AM	<b>Ashvini</b> Until 4:18PM	<b>Ganesh:</b> Yellow	Sunrise: 4:20AM	Vasavasu 5127
		<b>Yama</b> 1:31PM - 3:22PM	<b>Ahinganda*</b> Until 4:56PM	<b>Muruga:</b> Red	Sunset: 7:03PM	Moon 6 - Phase 10 - 9 2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 8:00AM - 9:51AM	Bava Until 2:26PM	<b>Nataraja:</b> Blue		
				Moon - White		
			<b>Ekadashi* Until 12:57AM Sun</b>	Jyestha-Ani		<b>Sivaloka Day</b>

## 3 Sunday, June 22, 2025

		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Pakshe Bhanu Visara Yuktayam				Adana, Turkey
		Bharani/Kritika Nakshatra Dhriti/Yoga Kaulava/Taila Karana Dvadashtyam Titau				Sun 10 Sufra 69
Mesha Rasi: 21.41	Tithi 27	<b>Gulika</b> 3:22PM - 5:12PM	<b>Bharani</b> Until 2:06PM	<b>Ganesh:</b> Yellow	Sunrise: 4:20AM	Vasavasu 5127
		<b>Yama</b> 11:41AM - 1:31PM	<b>Sukarna</b> Until 1:24PM	<b>Muruga:</b> Red	Sunset: 7:03PM	Moon 6 - Phase 10 - 10 2nd Phase
Routine Work	Prabalaristha Yoga	<b>Rahu</b> 5:12PM - 7:02PM	Kaulava Until 11:26AM	<b>Nataraja:</b> Blue		
Until 2:06PM			<b>Dvadashti* Until 9:51PM</b>	Moon - White		
Then Creative Work - Siddha Yoga				Jyestha-Ani		<b>Sivaloka Day</b>

## 4 Monday, June 23, 2025

		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Pakshe Indu Vasara Yuktayam				Adana, Turkey
		Kritika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Vanji Karana Trayodashtyam Titau				Sun 11 Sufra 70
Wisshaha Rasi: 6.27	Tithi 28	<b>Gulika</b> 1:32PM - 3:22PM	<b>Kritika</b> Until 11:36AM	<b>Ganesh:</b> Yellow	Sunrise: 4:20AM	Vasavasu 5127
<b>Family Home Evening</b>		<b>Yama</b> 9:51AM - 11:41AM	<b>Dhriti</b> Until 9:45AM	<b>Muruga:</b> Red	Sunset: 7:03PM	Moon 6 - Phase 10 - 11 2nd Phase
Routine Work	Marana Yoga	<b>Rahu</b> 6:10AM - 8:01AM	Gara Until 8:16AM	<b>Nataraja:</b> Blue		
Until 11:36AM			<b>Trayodashi* Until 6:39PM</b>	Moon - White		
Then Creative Work - Amrita Yoga				Jyestha-Ani		<b>Sivaloka Day</b>

Pradosha Vata (Fasting)

## 5 Tuesday, June 24, 2025

		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Pakshe Mangala Varsara Yuktayam				Adana, Turkey
		Rohini/Migashira Nakshatra Ganda*Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sufra 71
Wisshaha Rasi: 21.15	Tithi 29 - 30	<b>Gulika</b> 11:42AM - 1:32PM	<b>Rohini</b> Until 9:22AM	<b>Ganesh:</b> Red	Sunrise: 4:20AM	Vasavasu 5127
		<b>Yama</b> 8:01AM - 9:51AM	<b>Shula*</b> Until 6:03AM	<b>Muruga:</b> Red	Sunset: 7:03PM	Moon 6 - Phase 10 - 12 2nd Phase
Creative Work	Amrita Yoga	<b>Rahu</b> 3:22PM - 5:12PM	Catuspada Until 2:00AM Wed	<b>Nataraja:</b> Blue		
Until 9:22AM			<b>Chaturdashi* Until 3:29PM</b>	Moon - Yellow		
Then Creative Work - Siddha Yoga				Jyestha-Ani		<b>Sivaloka Day</b>

## Wednesday, June 25, 2025

		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Pakshe Budha Vasara Yuktayam				Adana, Turkey
		Migashira/Andra Nakshatra Viddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sufra 72
Mithuna Rasi: 5.57	Tithi 30 - 1	<b>Gulika</b> 9:52AM - 11:42AM	<b>Mrigashira</b> Until 7:10AM	<b>Ganesh:</b> Red	Sunrise: 4:21AM	Vasavasu 5127
		<b>Yama</b> 6:11AM - 8:01AM	<b>Viddhi</b> Until 11:08PM	<b>Muruga:</b> Red	Sunset: 7:03PM	Moon 6 - Phase 10 - 13 Amavasya
Creative Work	Siddha Yoga	<b>Rahu</b> 11:42AM - 1:32PM	Kintughna Until 11:12PM	<b>Nataraja:</b> Blue		
			<b>Amavasya* Until 12:32PM</b>	Moon - Yellow		
				Jyestha-Ani		<b>Sivaloka Day</b>

## Thursday, June 26, 2025

		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Pakshe Guru Vasara Yuktayam				Adana, Turkey
		Punarvasu Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Sun 14 Sufra 73
Mithuna Rasi: 20.25	Tithi 1 - 2	<b>Gulika</b> 8:02AM - 9:52AM	<b>Punarvasu</b> Until 3:52AM Fri	<b>Ganesh:</b> Yellow	Sunrise: 4:21AM	Vasavasu 5127
		<b>Yama</b> 4:21AM - 6:11AM	<b>Dhruva</b> Until 8:09PM	<b>Muruga:</b> Red	Sunset: 7:03PM	Moon 6 - Phase 10 - 14 Prathama
Creative Work	Amrita Yoga	<b>Rahu</b> 1:32PM - 3:22PM	Balava Until 8:50PM	<b>Nataraja:</b> Blue		
Until 3:52AM Fri			<b>Prathama* Until 9:56AM</b>	Moon - Blue		
Then Routine Work - Marana Yoga				Ashada-Ani		<b>Sivaloka Day</b>

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

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<b>1 Friday, June 27, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Sukra Vasara Yukitayam Adana, Turkey Pushya Nakshatra Vyaghata* Harshana Yoga Kaulava Talila Karana Dvitiya/Tritiyayam Tilau Sun 15 Sutra 74			
Kataka Rasi: 4.34	Tithi 2 - 3	<b>Gulika</b> 6:12AM - 8:02AM <b>Yama</b> 3:23PM - 5:13PM <b>Rahu</b> 9:52AM - 11:42AM	<b>Pushya Until 3:06AM Sat</b> Vyaghata* Until 5:39PM Talila Until 7:04PM <b>Dvitiya Until 7:51AM</b>	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon - Blue <b>Ashada-Ani</b>	<b>Sunrise: 4:21AM</b> <b>Sunset: 7:03PM</b> Moon 6 - Phase 11 - 17 3rd Phase
Routine Work Marana Yoga		<b>Devaloka Day</b>			

<b>2 Saturday, June 28, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Merita Vasara Yukitayam Adana, Turkey Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Tilau Sun 16 Sutra 75			
Kataka Rasi: 18.17	Tithi 3 - 4	<b>Gulika</b> 4:22AM - 6:12AM <b>Yama</b> 1:33PM - 3:23PM <b>Rahu</b> 8:02AM - 9:52AM	<b>Ashlesha* Until 2:55AM Sun</b> Harshana Until 3:45PM Vanija Until 6:01PM <b>Tritiya Until 6:25AM</b>	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon - Blue <b>Ashada-Ani</b>	<b>Sunrise: 4:22AM</b> <b>Sunset: 7:03PM</b> Moon 6 - Phase 11 - 16 3rd Phase
Routine Work Marana Yoga		<b>Devaloka Day</b>			

<b>3 Sunday, June 29, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Bhanu Vasara Yukitayam Adana, Turkey Magha* Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Panchamayam Tilau Sun 17 Sutra 76			
Simha Rasi: 1.35	Tithi 5	<b>Gulika</b> 3:23PM - 5:13PM <b>Yama</b> 11:43AM - 1:33PM <b>Rahu</b> 5:13PM - 7:03PM	<b>Magha* Until 3:52AM Mon</b> Vajra* Until 2:28PM Bava Until 5:46PM <b>Panchami Until 5:57AM Mon</b>	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon - Red <b>Ashada-Ani</b>	<b>Sunrise: 4:22AM</b> <b>Sunset: 7:03PM</b> Moon 6 - Phase 11 - 17 3rd Phase
Routine Work Marana Yoga Until 3:52AM Mon Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>			

<b>4 Monday, June 30, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Indu Vasara Yukitayam Adana, Turkey Purvaphalguni Nakshatra Siddhi/Vyjalpata* Yoga Kaulava Karana Shashthiyam Tilau Sun 18 Sutra 77			
Simha Rasi: 14.27	Tithi 6	<b>Gulika</b> 1:33PM - 3:23PM <b>Yama</b> 9:53AM - 11:43AM <b>Rahu</b> 6:13AM - 8:03AM	<b>Purvaphalguni Until 5:26AM Tue</b> Siddhi Until 1:51PM Kaulava Until 6:21PM <b>Shashthi* Until 6:55AM Tue</b>	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon - Red <b>Ashada-Ani</b>	<b>Sunrise: 4:23AM</b> <b>Sunset: 7:03PM</b> Moon 6 - Phase 11 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 5:26AM Tue Then Creative Work - Amrita Yoga		<b>Sivaloka Day</b>			

<b>5 Tuesday, July 1, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Mangala Vasara Yukitayam Adana, Turkey Uttaraphalguni Nakshatra Vyjalpata* Varjani Yoga Talila/Gara Karana Shashthi/Saptamam Tilau Sun 19 Sutra 78			
Simha Rasi: 26.56	Tithi 6 - 7	<b>Gulika</b> 11:43AM - 1:33PM <b>Yama</b> 8:03AM - 9:53AM <b>Rahu</b> 3:23PM - 5:13PM	<b>Uttaraphalguni Until 7:31AM Wed</b> Vyjalpata* Until 1:52PM Gara Until 7:41PM <b>Shashthi* Until 6:55AM</b>	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon - Red <b>Ashada-Ani</b>	<b>Sunrise: 4:23AM</b> <b>Sunset: 7:03PM</b> Moon 6 - Phase 11 - 19 3rd Phase
Creative Work Amrita Yoga Until 7:31AM Wed Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>			

<b>Wednesday, July 2, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Guru Vasara Yukitayam Adana, Turkey Uttaraphalguni Nakshatra Varjani/Parigha* Yoga Vanija/Visi* Karana Sapthami/Navamam Tilau Sun 20 Sutra 79			
<b>Retreat Star</b>		<b>Gulika</b> 9:53AM - 11:43AM <b>Yama</b> 6:13AM - 8:03AM <b>Rahu</b> 11:43AM - 1:33PM	<b>Uttaraphalguni Until 7:31AM</b> Varjani Until 2:20PM Visi Until 9:37PM <b>Sapthami Until 8:34AM</b>	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon - Red <b>Ashada-Ani</b>	<b>Sunrise: 4:23AM</b> <b>Sunset: 7:03PM</b> Moon 6 - Phase 11 - 20 Ashtami
Kanya Rasi: 9.08 Tithi 7 - 8 Creative Work Amrita Yoga Until 7:31AM Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>			

<b>Thursday, July 3, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Guru Vasara Yukitayam Adana, Turkey Hasta/Chitra Nakshatra Parigha* Shiva Yoga Bava/Balava Karana Ashtami/Navamam Tilau Sun 21 Sutra 80			
<b>Retreat Star</b>		<b>Gulika</b> 8:04AM - 9:53AM <b>Yama</b> 4:24AM - 6:14AM <b>Rahu</b> 1:33PM - 3:23PM	<b>Hasta Until 10:25AM</b> Parigha* Until 3:09PM Balava Until 11:56PM <b>Ashtami* Until 10:43AM</b>	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon - Green <b>Ashada-Ani</b>	<b>Sunrise: 4:24AM</b> <b>Sunset: 7:03PM</b> Moon 6 - Phase 11 - 21 Navami
Kanya Rasi: 21.08 Tithi 8 - 9 Routine Work Marana Yoga Until 10:25AM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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Saturday, July 12, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakshhe Mania Vasara Yuktayam

Adana, Turkey

Shravana Nakshatra Vishkambha\*Pithi Yoga Talila/Gara Karana Dvityayam Titau

Sun 1 Sutra 89

Makara Rasi: 5.23 Tithi 17

Gulika 4:29AM - 6:18AM

Shravana Until 3:24AM Sun

Ganesha: Yellow

Sunrise: 4:29AM

Vishvasu 5:17

Creative Work Siddha Yoga

Yama 1:34PM - 3:23PM

Vishkambha\* Until 4:02PM

Muruga: Red

Sunset: 7:09PM

Moon 7 - Phase 13 - 1

Until 3:24AM Sun

Rahu 8:07AM - 9:56AM

Talila Until 10:35AM

Nataraja: Blue

Sivaloka Day

Then Routine Work - Marana Yoga

Dvitiya Until 10:19PM

Moon - Purple

Ashada-Adi

1 Sunday, July 13, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakshhe Bharu Vasara Yuktayam

Adana, Turkey

Dhanishtha Nakshatra Pithi/Ayushman Yoga Vanja/Vsli\* Karana Tritiyayam Titau

Sun 2 Sutra 90

Makara Rasi: 24.46 Tithi 18

Gulika 3:22PM - 5:11PM

Dhanishtha Until 3:19AM Mon

Ganesha: Yellow

Sunrise: 4:30AM

Vishvasu 5:17

Routine Work Marana Yoga

Yama 11:45AM - 1:34PM

Pithi Until 2:32PM

Muruga: Red

Sunset: 7:09PM

Moon 7 - Phase 13 - 2

Until 3:19AM Mon

Rahu 5:11PM - 7:00PM

Vanja Until 10:01AM

Nataraja: Blue

Sivaloka Day

Then Creative Work - Siddha Yoga

Tritiya Until 9:35PM

Moon - Purple

Ashada-Adi

2 Monday, July 14, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakshhe Indu Vasara Yuktayam

Adana, Turkey

Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau

Sun 3 Sutra 91

Kumbha Rasi: 8.1 Tithi 19

Gulika 1:34PM - 3:22PM

Shatabhishak Until 2:47AM Tue

Ganesha: Yellow

Sunrise: 4:30AM

Vishvasu 5:17

Family Home Evening

Yama 9:56AM - 11:45AM

Ayushman Until 12:43PM

Muruga: Red

Sunset: 7:09PM

Moon 7 - Phase 13 - 3

Creative Work Siddha Yoga

Rahu 6:19AM - 8:08AM

Bava Until 9:06AM

Nataraja: Blue

Sivaloka Day

Until 2:47AM Tue

Chaturthi\* Until 8:31PM

Moon - Purple

Ashada-Adi

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakshhe Mangala Vasara Yuktayam

Adana, Turkey

Puravproshthapada\* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Falila Karana Panchmangam Titau

Sun 4 Sutra 92

Kumbha Rasi: 21.44 Tithi 20

Gulika 11:45AM - 1:34PM

Puravproshthapada\* Until 2:15AM Wed

Ganesha: Purple

Sunrise: 4:31AM

Vishvasu 5:17

Routine Work Marana Yoga

Yama 8:08AM - 9:57AM

Saubhagya Until 10:41AM

Muruga: Red

Sunset: 6:59PM

Moon 7 - Phase 13 - 4

Until 2:15AM Wed

Rahu 3:22PM - 5:11PM

Kaulava Until 7:53AM

Nataraja: Blue

Devaloka Day

Then Creative Work - Siddha Yoga

Panchami Until 7:09PM

Moon - Clear

Ashada-Adi

4 Wednesday, July 16, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Budha Vasara Yuktayam

Adana, Turkey

Uttarproshthapada Nakshatra Sobhana/Ahigandha\* Yoga Gara/Wel\* Karana Shashthi/Saptamangam Titau

Sun 5 Sutra 93

Meena Rasi: 5.29 Tithi 21 - 22

Gulika 9:57AM - 11:45AM

Uttarproshthapada Until 1:19AM Thu

Ganesha: Purple

Sunrise: 4:30AM

Vishvasu 5:17

Creative Work Siddha Yoga

Yama 6:20AM - 8:08AM

Sobhana Until 8:26AM

Muruga: Red

Sunset: 6:59PM

Moon 7 - Phase 13 - 5

Until 11:59PM

Rahu 11:45AM - 1:33PM

Gara Until 6:23AM

Nataraja: Blue

Devaloka Day

Then Creative Work - Siddha Yoga

Shashthi\* Until 5:32PM

Moon - Clear

Ashada-Adi

5 Thursday, July 17, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Guru Vasara Yuktayam

Adana, Turkey

Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamangam Titau

Sun 6 Sutra 94

Meena Rasi: 19.23 Tithi 22 - 23

Gulika 8:09AM - 9:57AM

Revati Until 11:59PM

Ganesha: Purple

Sunrise: 4:30AM

Vishvasu 5:17

Creative Work Siddha Yoga

Yama 4:32AM - 6:21AM

Sukarma Until 3:16AM Fri

Muruga: Red

Sunset: 6:59PM

Moon 7 - Phase 13 - 6

Until 11:59PM

Rahu 1:33PM - 3:22PM

Balava Until 2:38AM Fri

Nataraja: Yellow

Bhuloka Day

Then Creative Work - Amrita Yoga

Saptami Until 3:39PM

Moon - Clear

Ashada-Adi

Devaloka Time: 3PM to 6PM

Friday, July 18, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Sukra Vasara Yuktayam

Adana, Turkey

Ashvini Nakshatra Dhilli Yoga Kaulava/Falila Karana Ashtami/Navamangam Titau

Sun 7 Sutra 95

Mesha Rasi: 3.26 Tithi 23 - 24

Gulika 6:21AM - 8:09AM

Ashvini Until 10:43PM

Ganesha: Clear

Sunrise: 4:30AM

Vishvasu 5:17

Creative Work Amrita Yoga

Yama 3:21PM - 5:09PM

Dhilli Until 12:26AM Sat

Muruga: Red

Sunset: 6:59PM

Moon 7 - Phase 13 - 7

Until 10:43PM

Rahu 9:57AM - 11:45AM

Talila Until 12:25AM Sat

Nataraja: Yellow

Devaloka Day

Then Creative Work - Siddha Yoga

Ashtami\* Until 1:32PM

Moon - White

Ashada-Adi

Saturday, July 19, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Mania Vasara Yuktayam

Adana, Turkey

Bharani Nakshatra Shula\* Yoga Gara/Vanja Karana Navami/Dashmangam Titau

Sun 8 Sutra 96

Mesha Rasi: 17.38 Tithi 24 - 25

Gulika 4:34AM - 6:22AM

Bharani Until 9:07PM

Ganesha: Clear

Sunrise: 4:34AM

Vishvasu 5:17

Creative Work Siddha Yoga

Yama 1:33PM - 3:21PM

Shula\* Until 9:24PM

Muruga: Red

Sunset: 6:59PM

Moon 7 - Phase 13 - 8

Until 9:07PM

Rahu 8:10AM - 9:57AM

Vanja Until 10:01PM

Nataraja: Yellow

Devaloka Day

Then Creative Work - Amrita Yoga

Navami\* Until 11:13AM

Moon - White

Ashada-Adi

## 1 Sunday, July 20, 2025

			Viswasa Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mase Krishna Paksha Bhanu Vesara Yukitayam Kritika Nakshatra Ganda* Yoga Vasil*/Bava Karana Dashami/Ekadashyam Titau			Adana, Turkey Sun 9 Sutra 97
Wishabha Rasi: 1.58	Tithi 25 - 26	Gulika 3:21PM - 5:09PM	<b>Kritika Until 7:15PM</b>	Ganesha: Clear	Sunrise: 4:35AM	Viswasa 5:127
		Yama 11:45AM - 1:33PM	Ganda* Until 6:18PM	Muruga: Red	Sunset: 6:56PM	Moon 7 - Phase 14 - 10 2nd Phase
Creative Work	Siddha Yoga	433618572 Rahu 5:09PM - 6:56PM	Bava Until 7:29PM	Nataraja: Yellow		
			<b>Dashami Until 8:45AM</b>	Moon - White		<b>Devaloka Day</b>
				Ashada-Adi		

## 2 Monday, July 21, 2025

			Viswasa Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mase Krishna Paksha Indu Vesara Yukitayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Balava/Taila Karana Ekadashi/Dwadashyam Titau			Adana, Turkey Sun 10 Sutra 98
Wishabha Rasi: 16.21	Tithi 26 - 27	Gulika 1:33PM - 3:21PM	<b>Rohini Until 5:38PM</b>	Ganesha: White	Sunrise: 4:35AM	Viswasa 5:127
<b>Family Home Evening</b>		Yama 9:58AM - 11:45AM	Viddhi Until 3:09PM	Muruga: Red	Sunset: 6:56PM	Moon 7 - Phase 14 - 10 2nd Phase
Creative Work	Amrita Yoga	433618572 Rahu 6:23AM - 8:10AM	Taila Until 3:38AM Tue	Nataraja: Yellow		
			<b>Ekadashi* Until 6:11AM</b>	Moon - Yellow		<b>Bhuloka Day</b>
				Ashada-Adi		Devaloka Time: 3PM to 6PM

## 3 Tuesday, July 22, 2025

			Viswasa Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mase Krishna Paksha Mangala Vesara Yukitayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara/Varija Karana Trayodashyam Titau			Adana, Turkey Sun 11 Sutra 99
Mithuna Rasi: 0.44	Tithi 28	Gulika 11:46AM - 1:33PM	<b>Mrigashira Until 3:55PM</b>	Ganesha: White	Sunrise: 4:36AM	Viswasa 5:127
		Yama 8:11AM - 9:58AM	Dhruva Until 12:02PM	Muruga: Red	Sunset: 6:56PM	Moon 7 - Phase 14 - 11 2nd Phase
Creative Work	Siddha Yoga	433618572 Rahu 3:20PM - 5:08PM	Gara Until 2:24PM	Nataraja: Yellow		
Until 3:55PM			<b>Trayodashi* Until 1:11AM Wed</b>	Moon - Yellow		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				Ashada-Adi		Devaloka Time: 3PM to 6PM
						<i>Pradosha Vata (Fasting)</i>

## 4 Wednesday, July 23, 2025

			Viswasa Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mase Krishna Paksha Budha Vesara Yukitayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Vasil*/Saluni* Karana Chaturdashyam Titau			Adana, Turkey Sun 12 Sutra 100
Mithuna Rasi: 15.01	Tithi 29	Gulika 9:58AM - 11:46AM	<b>Ardra Until 2:15PM</b>	Ganesha: White	Sunrise: 4:37AM	Viswasa 5:127
		Yama 6:24AM - 8:11AM	Vyaghata* Until 9:03AM	Muruga: Red	Sunset: 6:56PM	Moon 7 - Phase 14 - 12 2nd Phase
Creative Work	Siddha Yoga	433618572 Rahu 11:46AM - 1:33PM	Visli Until 12:04PM	Nataraja: Yellow		
			<b>Chaturdashi* Until 10:59PM</b>	Moon - Yellow		<b>Bhuloka Day</b>
				Ashada-Adi		Devaloka Time: 3PM to 6PM

## Thursday, July 24, 2025

			Viswasa Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mase Krishna Paksha Guru Vesara Yukitayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Cataspada*/Raga* Karana Amavasyayam Titau			Adana, Turkey Sun 13 Sutra 101
<b>Retreat Star</b>		Gulika 8:12AM - 9:59AM	<b>Punarvasu Until 1:12PM</b>	Ganesha: Orange	Sunrise: 4:38AM	Viswasa 5:127
Mithuna Rasi: 29.08	Tithi 30	Yama 4:38AM - 6:25AM	Harshana Until 6:20AM	Muruga: Red	Sunset: 6:56PM	Moon 7 - Phase 14 - 13 Amavasya
Creative Work	Amrita Yoga	444618572 Rahu 1:33PM - 3:20PM	Cataspada Until 10:02AM	Nataraja: Yellow		
			<b>Amavasya* Until 9:10PM</b>	Moon - Blue		<b>Devaloka Day</b>
				Ashada-Adi		

## Friday, July 25, 2025

			Viswasa Nama Samvatsara Dakshinaya Naritara Ritau Kataka Mase Sukla Paksha Sukra Vesara Yukitayam Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau			Adana, Turkey Sun 14 Sutra 102
<b>Retreat Star</b>		Gulika 6:25AM - 8:12AM	<b>Pushya Until 12:28PM</b>	Ganesha: Orange	Sunrise: 4:38AM	Viswasa 5:127
Kataka Rasi: 12.59	Tithi 1	Yama 3:19PM - 5:06PM	Siddhi Until 1:58AM Sat	Muruga: Red	Sunset: 6:53PM	Moon 7 - Phase 14 - 14 Prathama
Routine Work	Marana Yoga	444618572 Rahu 9:59AM - 11:46AM	Kintughna Until 8:27AM	Nataraja: Yellow		
			<b>Prathama* Until 7:51PM</b>	Moon - Blue		<b>Devaloka Day</b>
				Sravana-Adi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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## 1 Saturday, July 26, 2025

Kataka Rasi: 26.29 Tilthi 2

Routine Work Marana Yoga  
Until 12:10PM  
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara: Ashlesha* Nakshatra	Dakshinaya Naritana Ritau Kataka Mase: Sukla Paksha	Marita Vesara Yuktayam	Adana, Turkey
Vyalipala* Yoga	Balava/Kaulava Karana	Dvityayam Titau	Sun 15 Sutra 103
Gulika 4:39AM - 6:26AM	<b>Ashlesha* Untill 12:10PM</b>	Ganesha: Orange Sunrise: 4:39AM	Vasavasa 5:17
Yama 1:32PM - 3:19PM	Vyalipala* Untill 12:34AM Sun	Muruga: Red Sunset: 6:59PM	Moon 7 - Phase 15 - 12
444618572 Rahu 8:12AM - 9:59AM	Balava Untill 7:27AM	Nataraja: Yellow	3rd Phase
	<b>Dvitiya Untill 7:10PM</b>	Moon - Blue	
		Sravana-Adi	<b>Devaloka Day</b>

## 2 Sunday, July 27, 2025

Simha Rasi: 9.38 Tilthi 3

Routine Work Marana Yoga  
Until 12:51PM  
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara: Magha* Nakshatra	Dakshinaya Naritana Ritau Kataka Mase: Sukla Paksha	Bhanu Vesara Yuktayam	Adana, Turkey
Puravahaguni Nakshatra	Variyan Yoga Talilla/Gara Karana	Tilthiyayam Titau	Sun 16 Sutra 104
Gulika 3:18PM - 5:05PM	<b>Magha* Untill 12:51PM</b>	Ganesha: Clear Sunrise: 4:40AM	Vasavasa 5:17
Yama 11:46AM - 1:32PM	Variyan Untill 11:42PM	Muruga: Red Sunset: 6:51PM	Moon 7 - Phase 15 - 16
454618572 Rahu 5:05PM - 6:51PM	Talilla Untill 7:06AM	Nataraja: Yellow	3rd Phase
	<b>Tritiya Untill 7:11PM</b>	Moon - Red	
		Sravana-Adi	<b>Devaloka Day</b>

## 3 Monday, July 28, 2025

Simha Rasi: 22.25 Tilthi 4

Family Home Evening  
Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Puravahaguni Nakshatra	Dakshinaya Naritana Ritau Kataka Mase: Sukla Paksha	Indu Vesara Yuktayam	Adana, Turkey
Parivahaguni Nakshatra	Parigha* Yoga Vanja/Visi* Karana	Chaturthayam Titau	Sun 17 Sutra 105
Gulika 1:32PM - 3:18PM	<b>Puravahaguni Untill 2:05PM</b>	Ganesha: Clear Sunrise: 4:41AM	Vasavasa 5:17
Yama 9:59AM - 11:46AM	Parigha* Untill 11:24PM	Muruga: Red Sunset: 6:50PM	Moon 7 - Phase 15 - 12
454618572 Rahu 6:27AM - 8:13AM	Vanija Untill 7:30AM	Nataraja: Yellow	3rd Phase
	<b>Chaturthi* Untill 7:56PM</b>	Moon - Red	
		Sravana-Adi	<b>Devaloka Day</b>

## 4 Tuesday, July 29, 2025

Kanya Rasi: 4.53 Tilthi 5

Creative Work Amrita Yoga  
Until 3:50PM  
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara: Hastha Nakshatra	Dakshinaya Naritana Ritau Kataka Mase: Sukla Paksha	Mangala Vesara Yuktayam	Adana, Turkey
Shiva Yoga	Bava/Balava Karana	Panchmayam Titau	Sun 18 Sutra 106
Gulika 11:46AM - 1:32PM	<b>Uttaravahaguni Untill 3:50PM</b>	Ganesha: Clear Sunrise: 4:42AM	Vasavasa 5:17
Yama 8:14AM - 10:00AM	Shiva Untill 11:38PM	Muruga: Red Sunset: 6:50PM	Moon 7 - Phase 15 - 18
454618572 Rahu 3:18PM - 5:04PM	Bava Untill 8:35AM	Nataraja: Yellow	3rd Phase
	<b>Nag Panchami Panchami Untill 9:21PM</b>	Moon - Red	
		Sravana-Adi	<b>Devaloka Day</b>

## 5 Wednesday, July 30, 2025

Kanya Rasi: 17.04 Tilthi 6

Routine Work Marana Yoga  
Until 6:27PM  
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara: Hastha Nakshatra	Dakshinaya Naritana Ritau Kataka Mase: Sukla Paksha	Budha Vesara Yuktayam	Adana, Turkey
Hasta Nakshatra	Siddha Yoga Kaulava/Talilla Karana	Shashthiyam Titau	Sun 19 Sutra 107
Gulika 10:00AM - 11:45AM	<b>Hasta Untill 6:27PM</b>	Ganesha: Purple Sunrise: 4:42AM	Vasavasa 5:17
Yama 6:28AM - 8:14AM	Siddha Untill 12:14AM Thu	Muruga: Red Sunset: 6:49PM	Moon 7 - Phase 15 - 19
464618572 Rahu 11:45AM - 1:31PM	Kaulava Untill 10:17AM	Nataraja: Yellow	3rd Phase
	<b>Shashthi* Untill 11:18PM</b>	Moon - Green	
		Sravana-Adi	<b>Sivaloka Day</b>

## 6 Thursday, July 31, 2025

Kanya Rasi: 29.05 Tilthi 7

Creative Work Siddha Yoga  
Until 9:16PM  
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara: Chitra Nakshatra	Dakshinaya Naritana Ritau Kataka Mase: Sukla Paksha	Guru Vesara Yuktayam	Adana, Turkey
Sadhya Yoga Gara/Vanija Karana	Saptamayam Titau		Sun 20 Sutra 108
Gulika 8:14AM - 10:00AM	<b>Chitra Untill 9:16PM</b>	Ganesha: Purple Sunrise: 4:43AM	Vasavasa 5:17
Yama 4:43AM - 6:29AM	Sadhya Untill 1:06AM Fri	Muruga: Red Sunset: 6:48PM	Moon 7 - Phase 15 - 20
464618572 Rahu 1:31PM - 3:17PM	Gara Untill 12:26PM	Nataraja: Yellow	3rd Phase
	<b>Saptami Untill 1:34AM Fri</b>	Moon - Green	
		Sravana-Adi	<b>Sivaloka Day</b>

## Friday, August 1, 2025

Retreat Star

Tula Rasi: 10.59 Tilthi 8

Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Svati Nakshatra	Dakshinaya Naritana Ritau Kataka Mase: Sukla Paksha	Sukra Vesara Yuktayam	Adana, Turkey
Subha Yoga	Bava Karana	Ashtamayam Titau	Sun 21 Sutra 109
Gulika 6:29AM - 8:15AM	<b>Svati Untill 12:03AM Sat</b>	Ganesha: Purple Sunrise: 4:44AM	Vasavasa 5:17
Yama 3:16PM - 5:01PM	Subha Untill 2:03AM Sat	Muruga: Red Sunset: 6:47PM	Moon 7 - Phase 15 - 21
464618572 Rahu 10:00AM - 11:45AM	Visi Untill 2:47PM	Nataraja: Yellow	Ashtami
	<b>Ashtami* Untill 3:57AM Sat</b>	Moon - Green	
		Sravana-Adi	<b>Sivaloka Day</b>

## Saturday, August 2, 2025

Retreat Star

Tula Rasi: 22.51 Tilthi 9

Creative Work Siddha Yoga  
Until 3:05AM Sun  
Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara: Vishakha Nakshatra	Dakshinaya Naritana Ritau Kataka Mase: Sukla Paksha	Marita Vesara Yuktayam	Adana, Turkey
Sukla Yoga	Balava/Kaulava Karana	Navamayam Titau	Sun 22 Sutra 110
Gulika 4:45AM - 6:30AM	<b>Vishakha Untill 3:05AM Sun</b>	Ganesha: Clear Sunrise: 4:45AM	Vasavasa 5:17
Yama 1:30PM - 3:16PM	Sukla Untill 2:54AM Sun	Muruga: Blue Sunset: 6:46PM	Moon 7 - Phase 15 - 22
474628572 Rahu 8:15AM - 10:00AM	Balava Untill 5:08PM	Nataraja: Yellow	Navami
	<b>Navami* Untill 6:13AM Sun</b>	Moon - Orange	
		Sravana-Adi	<b>Sivaloka Day</b>

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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1 Sunday, August 3, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vasara Yuktiyagam Anuradha Nakshatra Brahma Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau				Adana, Turkey Sun 23 Sutra 111
Wischika Rasi: 4.46	Tithi 9 – 10	<b>Gulika</b> 3:15PM – 5:00PM	<b>Anuradha Until 5:41AM Mon</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange	<b>Sunrise:</b> 4:46AM <b>Sunset:</b> 6:46PM	Vasavasu 5:127 Moon 7 - Phase 16 - 24 4th Phase
Routine Work - Marana Yoga Until 5:41AM Mon Then Creative Work - Siddha Yoga		474628572	<b>Rahu</b> 5:00PM – 6:45PM	<b>Brahma Until 3:33AM Mon</b> <b>Tailita Until 7:16PM</b> <b>Navami* Until 6:13AM</b>	<b>Savana-Adi</b>	<b>Sivaloka Day</b>

2 Monday, August 4, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktiyagam Jyeshtha* Nakshatra Indra Yoga Gara/Vanji Karana Dashami/Ekadashtyam Tilau				Adana, Turkey Sun 24 Sutra 112
Wischika Rasi: 16.49	Tithi 10 – 11	<b>Gulika</b> 1:30PM – 3:15PM	<b>Jyeshtha* Until 7:41AM Tue</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 6:46PM	Vasavasu 5:127 Moon 7 - Phase 16 - 24 4th Phase
Family Home Evening Creative Work - Siddha Yoga Until 7:41AM Tue Then Creative Work - Amrita Yoga		474628572	<b>Rahu</b> 6:31AM – 8:16AM	<b>Indra Until 3:53AM Tue</b> <b>Vanija Until 9:01PM</b> <b>Dashami Until 8:11AM</b>	<b>Savana-Adi</b>	<b>Sivaloka Day</b>

3 Tuesday, August 5, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktiyagam Jyeshtha*/Mula* Nakshatra Vaidhri* Yoga Visi*/Bava Karana Ekadashi/Dwadashyam Tilau				Adana, Turkey Sun 25 Sutra 113
Wischika Rasi: 29.02	Tithi 11 – 12	<b>Gulika</b> 11:45AM – 1:30PM	<b>Jyeshtha* Until 7:41AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange	<b>Sunrise:</b> 4:47AM <b>Sunset:</b> 6:47PM	Vasavasu 5:127 Moon 7 - Phase 16 - 25 4th Phase
Routine Work - Marana Yoga Until 7:41AM Then Creative Work - Amrita Yoga		474628572	<b>Rahu</b> 3:14PM – 4:58PM	<b>Vaidhri* Until 3:46AM Wed</b> <b>Bava Until 10:16PM</b> <b>Ekadashi Until 9:41AM</b>	<b>Savana-Adi</b>	<b>Sivaloka Day</b>

4 Wednesday, August 6, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktiyagam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Adana, Turkey Sun 26 Sutra 114
Dhanus Rasi: 11.29	Tithi 12 – 13	<b>Gulika</b> 10:01AM – 11:45AM	<b>Mula* Until 9:29AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Sunrise:</b> 4:48AM <b>Sunset:</b> 6:47PM	Vasavasu 5:127 Moon 7 - Phase 16 - 26 4th Phase
Routine Work - Marana Yoga Until 9:29AM Then Creative Work - Amrita Yoga		485628572	<b>Rahu</b> 11:45AM – 1:29PM	<b>Vishkambha* Until 3:12AM Thu</b> <b>Kaulava Until 10:55PM</b> <b>Dvadashi Until 10:39AM</b>	<b>Savana-Adi</b>	<b>Sivaloka Day</b>

5 Thursday, August 7, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktiyagam Purvashadha*/Uttarashadha Nakshatra Prthi Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Tilau				Adana, Turkey Sun 27 Sutra 115
Dhanus Rasi: 24.13	Tithi 13 – 14	<b>Gulika</b> 8:17AM – 10:01AM	<b>Purvashadha* Until 10:32AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Sunrise:</b> 4:49AM <b>Sunset:</b> 6:47PM	Vasavasu 5:127 Moon 7 - Phase 16 - 27 4th Phase
Creative Work - Siddha Yoga Until 10:32AM Then Routine Work - Marana Yoga		485628572	<b>Rahu</b> 1:29PM – 3:13PM	<b>Prthi Until 2:11AM Fri</b> <b>Gara Until 10:58PM</b> <b>Trayodashi Until 11:00AM</b>	<b>Savana-Adi</b>	<b>Sivaloka Day</b>

Friday, August 8, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Salira Vasara Yuktiyagam Uttarashadha/Shravana Nakshatra Ayushman Yoga Vanji/Visi* Karana Chaturdashi/Purnimayam Tilau				Adana, Turkey Sun 28 Sutra 116
Makara Rasi: 7.14	Tithi 14 – 15	<b>Gulika</b> 6:33AM – 8:17AM	<b>Uttarashadha Until 10:51AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Sunrise:</b> 4:50AM <b>Sunset:</b> 6:48PM	Vasavasu 5:127 Moon 7 - Phase 16 - 28 Purnima
Routine Work - Marana Yoga		485628572	<b>Rahu</b> 10:01AM – 11:45AM	<b>Ayushman Until 12:41AM Sat</b> <b>Visi Until 10:27PM</b> <b>Chaturdashi* Until 10:46AM</b>	<b>Savana-Adi</b>	<b>Sivaloka Day</b>

Saturday, August 9, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manu Vasara Yuktiyagam Shravana/Dhanishtha Nakshatra Saudhgya Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Adana, Turkey Sun 29 Sutra 117
Makara Rasi: 20.32	Tithi 15 – 16	<b>Gulika</b> 4:51AM – 6:34AM	<b>Shravana Until 10:57AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Purple	<b>Sunrise:</b> 4:51AM <b>Sunset:</b> 6:49PM	Vasavasu 5:127 Moon 7 - Phase 16 - 29 Prathama
Creative Work - Siddha Yoga		495628572	<b>Rahu</b> 8:18AM – 10:01AM	<b>Saudhgya Until 10:47PM</b> <b>Balava Until 9:26PM</b> <b>Purnima* Until 9:59AM</b>	<b>Savana-Adi</b>	<b>Devaloka Day</b>

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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Sunday, August 10, 2025

Gold Retreat Star

Visvarupa Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam  
Dhaneshtha/Shababshikha/Nakshatra Siddhanta Yoga Kaulava/Tailika Karana Prashama/Dvitiyayam Titau

Adana, Turkey  
Sutra 118

Kumbha Rasi: 4.08	Tithi 16 - 17	Gulika 3:11PM - 4:54PM	Dhaneshtha Untill 10:25AM	Ganesha: Yellow	Sunrise: 4:51AM	Vasarasu 5:127
		Yama 11:44AM - 1:28PM	Sobhana Untill 8:34PM	Muruga: Blue	Sunset: 6:37PM	Moon 8 - Phase 17 - 1st Phase
		495728572 Rahu 4:54PM - 6:37PM	Tailika Untill 7:58PM	Nataraja: Yellow		
Routine Work	Marana Yoga		Prathama* Untill 8:44AM	Moon - Purple		Sivaloka Day
Untill 10:25AM				Sravana-Aadi		
Then Creative Work	Siddha Yoga					

Monday, August 11, 2025

Visvarupa Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam  
Shababshikha/Purvashrothapada\* Nakshatra Aahnganda\* Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Adana, Turkey  
Sutra 119

Kumbha Rasi: 17.56	Tithi 17 - 18	Gulika 1:27PM - 3:10PM	Shababshikha Untill 9:22AM	Ganesha: Yellow	Sunrise: 4:52AM	Moon 1
		Yama 10:01AM - 11:44AM	Ahnganda* Untill 6:03PM	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 17 - 1st Phase
		495728572 Rahu 6:35AM - 8:18AM	Vanija Untill 6:11PM	Nataraja: Yellow		
Routine Work	Marana Yoga		Dvitiya Untill 7:06AM	Moon - Purple		Sivaloka Day
Untill 9:22AM				Sravana-Aadi		
Then Routine Work	Marana Yoga					

Tuesday, August 12, 2025

Visvarupa Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam  
Purvashrothapada\*/Uttarashrothapada Nakshatra Sukama/Dhruva Yoga Bava/Balava Karana Chaturthayam Titau

Adana, Turkey  
Sutra 120

Meena Rasi: 1.56	Tithi 19	Gulika 11:44AM - 1:27PM	Purvashrothapada* Untill 8:21AM	Ganesha: Clear	Sunrise: 4:53AM	Vasarasu 5:127
		Yama 8:19AM - 10:01AM	Sukama Untill 3:21PM	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 17 - 2 1st Phase
		415728572 Rahu 3:10PM - 4:52PM	Bava Untill 4:10PM	Nataraja: Yellow		
Routine Work	Marana Yoga		Chaturthi* Untill 3:04AM Wed	Moon - Clear		Sivaloka Day
Untill 8:21AM				Sravana-Aadi		
Then Creative Work	Amrita Yoga					

Wednesday, August 13, 2025

Visvarupa Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam  
Uttarashrothapada\*/Uttarashrothapada Dhruvi/Shula\* Yoga Kaulava/Tailika Karana Panchamayam Titau

Adana, Turkey  
Sutra 121

Meena Rasi: 16.04	Tithi 20	Gulika 10:01AM - 11:44AM	Uttarashrothapada Untill 7:00AM	Ganesha: Clear	Sunrise: 4:54AM	Moon 3
		Yama 6:36AM - 8:19AM	Dhruvi Untill 12:33PM	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 17 - 3 1st Phase
		415728572 Rahu 11:44AM - 1:26PM	Kaulava Untill 1:59PM	Nataraja: Yellow		
Routine Work	Siddha Yoga		Panchami Untill 12:51AM Thu	Moon - Clear		Sivaloka Day
Untill 7:00AM				Sravana-Aadi		
Then Routine Work	Marana Yoga					

Thursday, August 14, 2025

Visvarupa Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam  
Ashvini Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Shashthiyam Titau

Adana, Turkey  
Sutra 122

Mesha Rasi: 0.16	Tithi 21	Gulika 8:19AM - 10:01AM	Ashvini Untill 4:03AM Fri	Ganesha: Purple	Sunrise: 4:55AM	Vasarasu 5:127
		Yama 4:55AM - 6:37AM	Shula* Untill 9:38AM	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 17 - 4 1st Phase
		425728572 Rahu 1:26PM - 3:08PM	Gara Untill 11:44AM	Nataraja: Yellow		
Routine Work	Amrita Yoga		Shashthi* Untill 10:35PM	Moon - White		Subha Sivaloka Day
Untill 4:03AM Fri				Sravana-Aadi		
Then Creative Work	Siddha Yoga					

Friday, August 15, 2025

Visvarupa Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktayam  
Bharani Nakshatra Ganda\*/Vidhih Yoga Visi\*/Bava Karana Sampatnyam Titau

Adana, Turkey  
Sutra 123

Mesha Rasi: 14.29	Tithi 22	Gulika 6:38AM - 8:20AM	Bharani Untill 2:34AM Sat	Ganesha: Clear	Sunrise: 4:56AM	Vasarasu 5:127
		Yama 3:08PM - 4:50PM	Ganda* Untill 6:43AM	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 17 - 5 1st Phase
		426728572 Rahu 10:02AM - 11:44AM	Visi Untill 9:27AM	Nataraja: Yellow		
Routine Work	Siddha Yoga		Saptami Untill 8:18PM	Moon - White		Sivaloka Day
Untill 2:34AM Sat				Sravana-Aadi		
Then Creative Work	Amrita Yoga					

Saturday, August 16, 2025

Visvarupa Nama Samvatsara Dakshinnya Jivana Ritau Simha Mase Krishna Paksho Marita Vasara Yuktayam  
Kritika Nakshatra Dhruva Yoga Bava/Kaulava Karana Ashtamayam Titau

Adana, Turkey  
Sutra 124

Mesha Rasi: 28.41	Tithi 23	Gulika 4:56AM - 6:38AM	Kritika Untill 1:00AM Sun	Ganesha: Clear	Sunrise: 4:56AM	Vasarasu 5:127
		Yama 1:25PM - 3:07PM	Dhruva Untill 12:58AM Sun	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 17 - 6 1st Phase
		426728572 Rahu 8:20AM - 10:02AM	Balava Untill 7:12AM	Nataraja: Yellow		Ashtami
Routine Work	Amrita Yoga		Ashlami* Untill 6:05PM	Moon - White		Sivaloka Day
Untill 1:00AM Sun		Krishna Janmashtami		Sravana-Avani		
Then Creative Work	Siddha Yoga					

Sunday, August 17, 2025

Visvarupa Nama Samvatsara Dakshinnya Jivana Ritau Simha Mase Krishna Paksho Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyaghala\* Yoga Gara/Vanija Karana Navami/Dashamayam Titau

Adana, Turkey  
Sutra 125

Wishabha Rasi: 12.51	Tithi 24 - 25	Gulika 3:06PM - 4:48PM	Rohini Untill 11:49PM	Ganesha: Clear	Sunrise: 4:57AM	Vasarasu 5:127
		Yama 11:43AM - 1:25PM	Vyaghala* Untill 10:11PM	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 17 - 7 1st Phase
		536728572 Rahu 4:48PM - 6:29PM	Vanija Untill 2:56AM Mon	Nataraja: Yellow		Navami
Routine Work	Siddha Yoga		Navami* Untill 3:57PM	Moon - Yellow		Sivaloka Day
				Sravana-Avani		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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<b>1 Monday, August 18, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Visi* Bava Karana Dashami/Ekadashtyam Titau				Adana, Turkey Sun 8 Sutra 126
Wishabha Rasi: 26.56	TITHI 25 – 26	<b>Gulika</b> 1:24PM – 3:05PM	<b>Mrigashira Until 10:38PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 6:28PM	Vishvasu 5:17
<b>Family Home Evening</b>	536728572	<b>Yama</b> 10:02AM – 11:43AM	<b>Harshana Until 7:32PM</b>	<b>Nataraja:</b> Yellow		Moon 8 - Phase 18 - 8 2nd Phase
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 6:39AM – 8:20AM	<b>Bava Until 1:01AM Tue</b>	<b>Moon – Yellow</b>		<b>Sivaloka Day</b>
Until 10:38PM			<b>Dashami Until 1:56PM</b>	<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga						
<b>2 Tuesday, August 19, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Mangala Vasara Yuktayam Ardra Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				Adana, Turkey Sun 9 Sutra 127
Mithuna Rasi: 10.56	TITHI 26 – 27	<b>Gulika</b> 11:43AM – 1:24PM	<b>Ardra Until 9:31PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 6:29PM	Vishvasu 5:17
	536728572	<b>Yama</b> 8:21AM – 10:02AM	<b>Vajra* Until 5:01PM</b>	<b>Nataraja:</b> Yellow		Moon 8 - Phase 18 - 9 2nd Phase
<b>Routine Work</b> Marana Yoga		<b>Rahu</b> 3:05PM – 4:46PM	<b>Kaulava Until 11:18PM</b>	<b>Moon – Yellow</b>		<b>Sivaloka Day</b>
Until 9:31PM			<b>Ekadashi* Until 12:06PM</b>	<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga						
<b>3 Wednesday, August 20, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Budha Viscara Yuktayam Punarvasu Nakshatra Siddhi/Vyaltapa* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Adana, Turkey Sun 10 Sutra 128
Mithuna Rasi: 24.47	TITHI 27 – 28	<b>Gulika</b> 10:02AM – 11:42AM	<b>Punarvasu Until 8:58PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Blue	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 6:29PM	Vishvasu 5:17
	546728572	<b>Yama</b> 8:21AM – 10:02AM	<b>Siddhi Until 2:44PM</b>	<b>Nataraja:</b> Yellow		Moon 8 - Phase 18 - 10 2nd Phase
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 11:42AM – 1:23PM	<b>Gara Until 9:52PM</b>	<b>Moon – Blue</b>		<b>Devaloka Day</b>
			<b>Dvadashi* Until 10:31AM</b>	<b>Sravana-Avani</b>		
			<b>Pradosha Vata (Fasting)</b>			
<b>4 Thursday, August 21, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Guru Viscara Yuktayam Pushya Nakshatra Vyaltapa*/Varjyan Yoga Vanja/Vihli* Karana Trayodashi/Chaturdashyam Titau				Adana, Turkey Sun 11 Sutra 129
Kalkata Rasi: 8.26	TITHI 28 – 29	<b>Gulika</b> 8:21AM – 10:02AM	<b>Pushya Until 8:37PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Blue	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 6:29PM	Vishvasu 5:17
	546728572	<b>Yama</b> 5:01AM – 6:41AM	<b>Vyaltapa* Until 12:44PM</b>	<b>Nataraja:</b> Yellow		Moon 8 - Phase 18 - 11 2nd Phase
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 1:23PM – 3:03PM	<b>Visti Until 8:48PM</b>	<b>Moon – Blue</b>		<b>Devaloka Day</b>
Until 8:37PM			<b>Trayodashi* Until 9:15AM</b>	<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga						
<b>Friday, August 22, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Sukra Viscara Yuktayam Ashlesha* Nakshatra Varjyan/Patnga* Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Adana, Turkey Sun 12 Sutra 130
<b>Retreat Star</b>		<b>Gulika</b> 6:42AM – 8:22AM	<b>Ashlesha* Until 8:34PM</b>	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Blue	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 6:29PM	Vishvasu 5:17
Kalkata Rasi: 21.52	TITHI 29 – 30	<b>Yama</b> 3:02PM – 4:42PM	<b>Varjyan Until 11:02AM</b>	<b>Nataraja:</b> Yellow		Moon 8 - Phase 18 - 12 Amavasya
	547728572	<b>Rahu</b> 10:02AM – 11:42AM	<b>Caluspada Until 8:11PM</b>	<b>Moon – Blue</b>		<b>Devaloka Day</b>
<b>Routine Work</b> Marana Yoga			<b>Chaturdashi* Until 8:25AM</b>	<b>Sravana-Avani</b>		
Until 8:37PM						
Then Creative Work - Siddha Yoga						
<b>Saturday, August 23, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukra Pakhe Manu Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Adana, Turkey Sun 13 Sutra 131
<b>Retreat Star</b>		<b>Gulika</b> 5:02AM – 6:42AM	<b>Magha* Until 9:21PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Blue	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 6:29PM	Vishvasu 5:17
Simha Rasi: 5.02	TITHI 30 – 1	<b>Yama</b> 1:22PM – 3:01PM	<b>Parigha* Until 9:46AM</b>	<b>Nataraja:</b> Yellow		Moon 8 - Phase 18 - 13 Prathama
	557728572	<b>Rahu</b> 8:22AM – 10:02AM	<b>Kintughna Until 8:06PM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>
<b>Creative Work</b> Amrita Yoga			<b>Amavasya* Until 8:03AM</b>	<b>Bhadrapada-Avani</b>		
Until 9:21PM						
Then Creative Work - Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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1 Sunday, August 24, 2025		Viswastu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Parupaphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityayam Titau		Adana, Turkey	
Simha Rasi: 17.56	Tithi 1 – 2	Gulika 3:01PM – 4:40PM	<b>Purvaphalguni Until 10:33PM</b>	Ganesh: Purple	Sunrise: 5:03AM
		Yama 11:41AM – 1:21PM	Shiva Until 8:57AM	Muruga: Blue	Sunset: 6:20PM
Creative Work	Siddha Yoga	57728572	Balava Until 8:37PM	Nataraja: Yellow	Moon 8 - Phase 19 - 17
Until 10:33PM			<b>Prathama* Until 8:16AM</b>	Moon - Red	3rd Phase
Then Creative Work - Amrita Yoga				<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>

2 Monday, August 25, 2025		Viswastu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Kaulava/Taila Karana Dvitya/Dvityayam Titau		Adana, Turkey	
Kanya Rasi: 0.32	Tithi 2 – 3	Gulika 1:21PM – 3:00PM	<b>Uttaraphalguni Until 12:10AM Tue</b>	Ganesh: Purple	Sunrise: 5:04AM
Family Home Evening		Yama 10:02AM – 11:41AM	Siddha Until 8:34AM	Muruga: Blue	Sunset: 6:19PM
Creative Work	Siddha Yoga	57728572	Taila Until 9:42PM	Nataraja: Yellow	Moon 8 - Phase 19 - 15
			<b>Dvitiya Until 9:04AM</b>	Moon - Red	3rd Phase
				<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>

3 Tuesday, August 26, 2025		Viswastu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam Utiaraphalguni Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Tritiya/Chalutrayam Titau		Adana, Turkey	
Kanya Rasi: 12.53	Tithi 3 – 4	Gulika 11:41AM – 1:20PM	<b>Hasla Until 2:37AM Wed</b>	Ganesh: Light Blue	Sunrise: 5:05AM
		Yama 8:23AM – 10:02AM	Sadha Until 8:39AM	Muruga: Blue	Sunset: 6:17PM
Creative Work	Siddha Yoga	567728572	Vanija Until 11:21PM	Nataraja: Yellow	Moon 8 - Phase 19 - 16
			<b>Tritiya Until 10:27AM</b>	Moon - Green	3rd Phase
				<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>

4 Wednesday, August 27, 2025		Viswastu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Chaturthi/Panchamam Titau		Adana, Turkey	
Kanya Rasi: 25.01	Tithi 4 – 5	Gulika 10:02AM – 11:41AM	<b>Chitra Until 5:17AM Thu</b>	Ganesh: Light Blue	Sunrise: 5:05AM
		Yama 6:44AM – 8:23AM	Subha Until 9:08AM	Muruga: Blue	Sunset: 6:16PM
Creative Work	Siddha Yoga	567728572	Bava Until 1:24AM Thu	Nataraja: Yellow	Moon 8 - Phase 19 - 17
Until 5:17AM Thu			<b>Chaturthi* Until 12:19PM</b>	Moon - Green	3rd Phase
Then Creative Work - Amrita Yoga				<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>

5 Thursday, August 28, 2025		Viswastu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Adana, Turkey	
Tula Rasi: 7.01	Tithi 5 – 6	Gulika 8:23AM – 10:02AM	<b>Svati Until 8:01AM Fri</b>	Ganesh: Light Blue	Sunrise: 5:06AM
		Yama 5:06AM – 6:45AM	Sukla Until 9:51AM	Muruga: Blue	Sunset: 6:14PM
Creative Work	Amrita Yoga	567728573	Kaulava Until 3:44AM Fri	Nataraja: White	Moon 8 - Phase 19 - 18
Until 8:01AM Fri			<b>Panchami Until 2:32PM</b>	Moon - Green	3rd Phase
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>

6 Friday, August 29, 2025		Viswastu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam Vishkha/Anuradha Nakshatra Brahma/Indra Yoga Talila/Gara Karana Shashthi/Saptamam Titau		Adana, Turkey	
Tula Rasi: 18.54	Tithi 6 – 7	Gulika 6:45AM – 8:24AM	<b>Svati Until 8:01AM</b>	Ganesh: Purple	Sunrise: 5:07AM
		Yama 2:56PM – 4:35PM	Brahma Until 10:45AM	Muruga: Blue	Sunset: 6:13PM
Creative Work	Siddha Yoga	568728573	Gara Until 6:09AM Sat	Nataraja: White	Moon 8 - Phase 19 - 19
			<b>Shashthi* Until 4:55PM</b>	Moon - Green	3rd Phase
				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>

Saturday, August 30, 2025		Viswastu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktayam Vishkha/Anuradha Nakshatra Indra/Vaidhri* Yoga Gara/Vanija Karana Saptamam Titau		Adana, Turkey	
Witschika Rasi: 0.47	Tithi 7	Gulika 5:08AM – 6:46AM	<b>Vishkha Until 11:08AM</b>	Ganesh: Clear	Sunrise: 5:08AM
		Yama 1:18PM – 2:56PM	Indra Until 11:41AM	Muruga: Blue	Sunset: 6:12PM
Creative Work	Siddha Yoga	578728573	Gara Until 6:09AM	Nataraja: White	Moon 8 - Phase 19 - 20
			<b>Saptami Until 7:17PM</b>	Moon - Orange	3rd Phase
				<b>Bhadrapada-Avani</b>	<b>Subha Sivaloka Day</b>

Sunday, August 31, 2025		Viswastu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhri*/Vishkambha* Yoga Visi*/Bava Karana Ashtamam Titau		Adana, Turkey	
Witschika Rasi: 12.42	Tithi 8	Gulika 2:55PM – 4:32PM	<b>Anuradha Until 1:55PM</b>	Ganesh: Clear	Sunrise: 5:09AM
		Yama 11:39AM – 1:17PM	Vaidhri* Until 12:27PM	Muruga: Blue	Sunset: 6:10PM
Routine Work	Marana Yoga	578728573	Visi Until 8:25AM	Nataraja: White	Moon 8 - Phase 19 - 21
			<b>Ashlami* Until 9:26PM</b>	Moon - Orange	3rd Phase
				<b>Bhadrapada-Avani</b>	<b>Subha Sivaloka Day</b>

Monday, September 1, 2025		Viswastu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Veshikambha*/Pithi Yoga Balava/Kaulava Karana Navamam Titau		Adana, Turkey	
Witschika Rasi: 24.44	Tithi 9	Gulika 1:16PM – 2:54PM	<b>Jyeshtha* Until 4:12PM</b>	Ganesh: Clear	Sunrise: 5:10AM
Family Home Evening		Yama 10:02AM – 11:39AM	Vishkambha* Until 12:58PM	Muruga: Blue	Sunset: 6:09PM
Creative Work	Siddha Yoga	578728573	Balava Until 10:23AM	Nataraja: White	Moon 8 - Phase 19 - 22
			<b>Navami* Until 11:10PM</b>	Moon - Orange	3rd Phase
				<b>Bhadrapada-Avani</b>	<b>Subha Sivaloka Day</b>

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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<b>1</b>	<b>Tuesday, September 2, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksho Mangala Vasara Yuktayam Adana, Turkey			
	Mula' Nakshatra Pihli/Ayushman Yoga Talilla/Gara Karana Dashamyam Titau Sun 23 Sutra 141					
Dhanus Rasi: 6.58	Tithi 10	<b>Gulika</b> 11:39AM - 1:16PM	<b>Mula' Until 6:18PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 5:10AM	Vasavasu 5:27
		<b>Yama</b> 8:25AM - 10:02AM	<b>Pihli Until 1:07PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:07PM	Moon 8 - Phase 20 - 12
		<b>Rahu</b> 2:53PM - 4:30PM	<b>Taililla Until 11:52AM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 12:21AM Wed</b>	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>
Until 6:18PM				<b>Bhadrapada-Avani</b>		
Then Creative Work	Siddha Yoga					

<b>2</b>	<b>Wednesday, September 3, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksho Bauha Vasara Yuktayam Adana, Turkey			
	Purvashadha' Nakshatra Ayushman/Saubhagya Yoga Vanija/Visli' Karana Ekadashyam Titau Sun 24 Sutra 142					
Dhanus Rasi: 19.26	Tithi 11	<b>Gulika</b> 10:02AM - 11:38AM	<b>Purvashadha' Until 7:37PM</b>	<b>Ganesh:</b> Green	<b>Sunrise:</b> 5:17AM	Vasavasu 5:27
		<b>Yama</b> 6:48AM - 8:25AM	<b>Ayushman Until 12:45PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:06PM	Moon 8 - Phase 20 - 24
		<b>Rahu</b> 11:38AM - 1:15PM	<b>Vanija Until 12:43PM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 12:52AM Thu</b>	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>
				<b>Bhadrapada-Avani</b>		

<b>3</b>	<b>Thursday, September 4, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksho Guru Vasara Yuktayam Adana, Turkey			
	Uttarashadha' Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 143					
Makara Rasi: 2.14	Tithi 12	<b>Gulika</b> 8:25AM - 10:02AM	<b>Uttarashadha Until 8:06PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 5:24AM	Vasavasu 5:27
		<b>Yama</b> 5:12AM - 6:49AM	<b>Saubhagya Until 11:52AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:06PM	Moon 8 - Phase 20 - 25
		<b>Rahu</b> 1:15PM - 2:51PM	<b>Bava Until 12:53PM</b>	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashti Until 12:40AM Fri</b>	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>
Until 8:06PM				<b>Bhadrapada-Avani</b>		
Then Creative Work	Siddha Yoga					

<b>4</b>	<b>Friday, September 5, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksho Sukra Vasara Yuktayam Adana, Turkey			
	Shravana Nakshatra Sobhana/Athiganda' Yoga Kaulava/Taililla Karana Trayodashyam Titau Sun 26 Sutra 144					
Makara Rasi: 15.23	Tithi 13	<b>Gulika</b> 6:49AM - 8:25AM	<b>Shravana Until 8:11PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 5:13AM	Vasavasu 5:27
		<b>Yama</b> 2:50PM - 4:27PM	<b>Sobhana Until 10:25AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:03PM	Moon 8 - Phase 20 - 26
		<b>Rahu</b> 10:02AM - 11:38AM	<b>Kaulava Until 12:20PM</b>	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 11:47PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
Until 8:11PM				<b>Bhadrapada-Avani</b>		
Then Creative Work	Siddha Yoga					
				<i>Pradosha Vata</i>		

<b>5</b>	<b>Saturday, September 6, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksho Manta Vasara Yuktayam Adana, Turkey			
	Dhanishtha Nakshatra Athiganda' /Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 145					
Makara Rasi: 28.54	Tithi 14	<b>Gulika</b> 5:14AM - 6:50AM	<b>Dhanishtha Until 7:29PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 5:14AM	Vasavasu 5:27
		<b>Yama</b> 1:13PM - 2:49PM	<b>Athiganda' Until 8:24AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:01PM	Moon 8 - Phase 20 - 27
		<b>Rahu</b> 8:26AM - 10:02AM	<b>Gara Until 11:07AM</b>	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi' Until 10:15PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
Until 7:29PM		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>		
Then Creative Work	Amrita Yoga					

<b>○</b>	<b>Sunday, September 7, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksho Bhanu Vasara Yuktayam Adana, Turkey			
	<b>Copper Retreat Star</b>		Shalabhishak Nakshatra Dhriti Yoga Visli'/Bava Karana Punimayam Titau Sun 28 Sutra 146			
Kumbha Rasi: 12.47	Tithi 15	<b>Gulika</b> 2:48PM - 4:24PM	<b>Shalabhishak Until 6:06PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 5:14AM	Vasavasu 5:27
		<b>Yama</b> 11:37AM - 1:13PM	<b>Dhriti Until 3:03AM Mon</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:00PM	Moon 8 - Phase 20 - Punima
		<b>Rahu</b> 4:24PM - 6:00PM	<b>Visli Until 9:18AM</b>	<b>Nataraja:</b> White		
Creative Work	Siddha Yoga		<b>Purnima' Until 8:12PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>		

<b>Monday, September 8, 2025</b>	<b>Silver Retreat Star</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Kirtira Indu Vasara Yuktayam Adana, Turkey			
	<b>Purvaprosarthpada'/Uttaraprosarthpada' Nakshatra Shula' Yoga Balava/Taililla Karana Prathama/Dutyayam Titau Sun 29 Sutra 147</b>					
Kumbha Rasi: 26.59	Tithi 16 - 17	<b>Gulika</b> 1:12PM - 2:48PM	<b>Purvaprosarthpada' Until 4:34PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 5:15AM	Vasavasu 5:27
<b>Family Home Evening</b>		<b>Yama</b> 10:01AM - 11:37AM	<b>Shula' Until 11:51PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:58PM	Moon 8 - Phase 20 - Prathama
		<b>Rahu</b> 6:51AM - 8:26AM	<b>Balava Until 7:02AM</b>	<b>Nataraja:</b> White		
Routine Work	Marana Yoga		<b>Prathama' Until 5:45PM</b>	<b>Moon - Clear</b>		<b>Subha Sivaloka Day</b>
Until 4:34PM				<b>Bhadrapada-Avani</b>		
Then Creative Work	Siddha Yoga					

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Mangala Vasara Yukhtayam  
Uttaraprosphadapa/Revati Nakshatra Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Adana, Turkey Sun 1 Sutra 148

Mesha Rasi: 11.25	Tithi 17 - 18	Gulika 11:36AM - 1:12PM	Uttaraprosphadapa Until 2:38PM	Ganesha: Yellow	Sunrise: 5:16AM	Vasvasu 5:127
		Yama 8:26AM - 10:01AM	Ganda* Until 8:28PM	Muruga: Blue	Sunset: 5:57PM	Sutra 149
		Rahu 2:47PM - 4:22PM	Vanija Until 1:36AM Wed	Nataraja: White		Moon 9 - Phase 21 - 1st Phase
Creative Work	Amrita Yoga		Dvitiya Until 3:00PM	Moon - Clear		Subha Sivaloka Day
Until 2:38PM				Bhadrapada-Avani		
Then Creative Work	Siddha Yoga					

1

Wednesday, September 10, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Budha Vasara Yukhtayam  
Revati/Ashvini Nakshatra Dhanu/Vyagata\* Yoga Visi\*/Bava Karana Tritiya/Chaturtham Titau

Adana, Turkey Sun 2 Sutra 149

Mesha Rasi: 26	Tithi 18 - 19	Gulika 10:01AM - 11:36AM	Revati Until 12:24PM	Ganesha: Yellow	Sunrise: 5:17AM	Vasvasu 5:127
		Yama 6:52AM - 8:26AM	Viddhi Until 5:01PM	Muruga: Blue	Sunset: 5:58PM	Sutra 150
		Rahu 11:36AM - 1:11PM	Bava Until 10:42PM	Nataraja: White		Moon 9 - Phase 21 - 1st Phase
Routine Work	Marana Yoga		Tritiya Until 12:08PM	Moon - Clear		Subha Sivaloka Day
				Bhadrapada-Avani		

2

Thursday, September 11, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Guru Vasara Yukhtayam  
Ashvini/Bharani Nakshatra Dhanu/Vyagata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Adana, Turkey Sun 3 Sutra 150

Mesha Rasi: 10.37	Tithi 19 - 20	Gulika 8:27AM - 10:01AM	Ashvini Until 10:26AM	Ganesha: White	Sunrise: 5:18AM	Vasvasu 5:127
		Yama 5:18AM - 6:52AM	Dhanu Until 1:32PM	Muruga: Blue	Sunset: 5:59PM	Sutra 151
		Rahu 1:10PM - 2:45PM	Kaulava Until 7:51PM	Nataraja: White		Moon 9 - Phase 21 - 3 1st Phase
Creative Work	Amrita Yoga		Chaturthi* Until 9:15AM	Moon - White		Sivaloka Day
Until 10:26AM				Bhadrapada-Avani		
Then Creative Work	Siddha Yoga					

3

Friday, September 12, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Sukra Vasara Yukhtayam  
Bharani/Kritika Nakshatra Vyagata\*/Karkhana Yoga Talila/Vanija Karana Panchami/Skabhayam Titau

Adana, Turkey Sun 4 Sutra 151

Mesha Rasi: 25.11	Tithi 20 - 21	Gulika 6:53AM - 8:27AM	Bharani Until 8:26AM	Ganesha: Blue	Sunrise: 5:18AM	Vasvasu 5:127
		Yama 2:44PM - 4:18PM	Vyagata* Until 10:11AM	Muruga: Blue	Sunset: 5:59PM	Sutra 152
		Rahu 10:01AM - 11:35AM	Vanija Until 3:52AM Sat	Nataraja: White		Moon 9 - Phase 21 - 4 1st Phase
Creative Work	Siddha Yoga		Panchami Until 6:27AM	Moon - White		Sivaloka Day
				Bhadrapada-Avani		

4

Saturday, September 13, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Manita Vasara Yukhtayam  
Kritika/Rohini Nakshatra Vyagata\*/Karkhana Vajra\* Yoga Visi\*/Bava Karana Saptamam Titau

Adana, Turkey Sun 5 Sutra 152

Wishahba Rasi: 10	Tithi 22	Gulika 5:19AM - 6:53AM	Kritika Until 6:31AM	Ganesha: Blue	Sunrise: 5:19AM	Vasvasu 5:127
		Yama 1:09PM - 2:43PM	Harshana Until 7:01AM	Muruga: Blue	Sunset: 5:59PM	Sutra 153
		Rahu 8:27AM - 10:01AM	Visi Until 2:42PM	Nataraja: White		Moon 9 - Phase 21 - 5 1st Phase
Creative Work	Amrita Yoga		Saptami Until 1:34AM Sun	Moon - White		Sivaloka Day
				Bhadrapada-Avani		

5

Sunday, September 14, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yukhtayam  
Migashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamam Titau

Adana, Turkey Sun 6 Sutra 153

Wishahba Rasi: 23.49	Tithi 23	Gulika 2:42PM - 4:16PM	Migashira Until 4:01AM Mon	Ganesha: Red	Sunrise: 5:20AM	Vasvasu 5:127
		Yama 11:35AM - 1:08PM	Siddhi Until 1:24AM Mon	Muruga: Blue	Sunset: 5:59PM	Sutra 154
		Rahu 4:16PM - 5:49PM	Balava Until 12:34PM	Nataraja: White		Moon 9 - Phase 21 - 6 Ashtami
Creative Work	Siddha Yoga		Ashlami* Until 11:37PM	Moon - Yellow		Subha Sivaloka Day
				Bhadrapada-Avani		

Monday, September 15, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Indu Vasara Yukhtayam  
Ardra Nakshatra Vyatipata\* Yoga Talila/Gara Karana Navamam Titau

Adana, Turkey Sun 7 Sutra 154

Mithuna Rasi: 7.48	Tithi 24	Gulika 1:08PM - 2:41PM	Ardra Until 3:08AM Tue	Ganesha: Red	Sunrise: 5:21AM	Vasvasu 5:127
		Yama 10:01AM - 11:34AM	Vyatipata* Until 11:05PM	Muruga: Blue	Sunset: 5:59PM	Sutra 155
		Rahu 6:54AM - 8:28AM	Tailila Until 10:48AM	Nataraja: White		Moon 9 - Phase 21 - 7 Navami
Family Home Evening			Navami* Until 10:03PM	Moon - Yellow		Subha Sivaloka Day
Creative Work	Siddha Yoga			Bhadrapada-Avani		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Tuesday, September 16, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mangala Vasara Yukhtayam Adana, Turkey Panavasu Nakshatra Varjanyam Yoga Vanija/Vsiti/ Karana Dashamyam Titau Sun 8 Sutra 155		
Mithuna Rasi: 21.32	Tithi 25	<b>Gulika</b> 11:34AM - 10:07PM	<b>Punavasau Untill 2:56AM Wed</b>	<b>Ganesha:</b> Green <b>Sunrise:</b> 5:23AM <b>Vasavasu:</b> 5:127
		<b>Yama</b> 8:28AM - 10:01AM	<b>Varjanyam Untill 9:04PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:46PM <b>Moon 9 - Phase 22 - 9</b> 2nd Phase
Creative Work	Siddha Yoga	541828573 <b>Rahu</b> 2:40PM - 4:13PM	<b>Varjanyam Untill 9:26AM</b>	<b>Nataraja:</b> White
			<b>Varjanyam Untill 9:26AM</b>	<b>Moon - Blue</b>
			<b>Dashami Untill 8:54PM</b>	<b>Bhadrapada-Puratasi</b>
				<b>Sivaloka Day</b>

<b>2 Wednesday, September 17, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yukhtayam Adana, Turkey Pushya Nakshatra Parigha/ Yoga Bava/Balavo Karana Ekadashyam Titau Sun 9 Sutra 156		
Kalka Rasi: 5.02	Tithi 26	<b>Gulika</b> 10:01AM - 11:34AM	<b>Pushya Untill 3:02AM Thu</b>	<b>Ganesha:</b> Green <b>Sunrise:</b> 5:23AM <b>Vasavasu:</b> 5:127
		<b>Yama</b> 6:55AM - 8:28AM	<b>Parigha/ Untill 7:24PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:46PM <b>Moon 9 - Phase 22 - 9</b> 2nd Phase
Creative Work	Siddha Yoga	541828573 <b>Rahu</b> 11:34AM - 1:06PM	<b>Bava Untill 8:30AM</b>	<b>Nataraja:</b> White
			<b>Ekadashi/ Untill 8:11PM</b>	<b>Moon - Blue</b>
				<b>Bhadrapada-Puratasi</b>
				<b>Sivaloka Day</b>

<b>3 Thursday, September 18, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yukhtayam Adana, Turkey Ashlesha/ Nakshatra Shiva Yoga Kusava/Talila Karana Dvadashyam Titau Sun 10 Sutra 157		
Kalka Rasi: 18.17	Tithi 27	<b>Gulika</b> 8:28AM - 10:01AM	<b>Ashlesha/ Untill 3:25AM Fri</b>	<b>Ganesha:</b> Green <b>Sunrise:</b> 5:23AM <b>Vasavasu:</b> 5:127
		<b>Yama</b> 5:23AM - 6:56AM	<b>Shiva Untill 6:07PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:46PM <b>Moon 9 - Phase 22 - 10</b> 2nd Phase
Creative Work	Siddha Yoga	541828573 <b>Rahu</b> 1:06PM - 2:38PM	<b>Kaulava Untill 8:00AM</b>	<b>Nataraja:</b> White
			<b>Dvadashi/ Untill 7:54PM</b>	<b>Moon - Blue</b>
				<b>Bhadrapada-Puratasi</b>
				<b>Sivaloka Day</b>

<b>4 Friday, September 19, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Sukra Vasara Yukhtayam Adana, Turkey Magha/ Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 158		
Simha Rasi: 1.17	Tithi 28	<b>Gulika</b> 6:56AM - 8:29AM	<b>Magha/ Untill 4:34AM Sat</b>	<b>Ganesha:</b> White <b>Sunrise:</b> 5:24AM <b>Vasavasu:</b> 5:127
		<b>Yama</b> 2:37PM - 4:09PM	<b>Siddha Untill 5:09PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:46PM <b>Moon 9 - Phase 22 - 11</b> 2nd Phase
Routine Work	Marana Yoga	551828573 <b>Rahu</b> 10:01AM - 11:33AM	<b>Gara Untill 7:58AM</b>	<b>Nataraja:</b> White
			<b>Trayodashi/ Untill 8:06PM</b>	<b>Moon - Red</b>
				<b>Bhadrapada-Puratasi</b>
				<b>Sivaloka Day</b>
				<i>Pradosha Vata (Fasting)</i>

<b>5 Saturday, September 20, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mani Vasara Yukhtayam Adana, Turkey Purvaphalguni Nakshatra Sadhya/Sukha Yoga Visti/Sakuni/ Karana Chaturdashyam Titau Sun 12 Sutra 159		
Simha Rasi: 14.05	Tithi 29	<b>Gulika</b> 5:25AM - 6:57AM	<b>Purvaphalguni Untill 6:00AM Sun</b>	<b>Ganesha:</b> White <b>Sunrise:</b> 5:25AM <b>Vasavasu:</b> 5:127
		<b>Yama</b> 1:04PM - 2:36PM	<b>Sadhya Untill 4:34PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:46PM <b>Moon 9 - Phase 22 - 12</b> 2nd Phase
Creative Work	Siddha Yoga	551828573 <b>Rahu</b> 8:29AM - 10:01AM	<b>Visti Untill 8:24AM</b>	<b>Nataraja:</b> White
			<b>Chaturdashi/ Untill 8:46PM</b>	<b>Moon - Red</b>
				<b>Bhadrapada-Puratasi</b>
				<b>Sivaloka Day</b>

<b>● Sunday, September 21, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Bharu Vasara Yukhtayam Adana, Turkey Retreat Star Purvaphalguni Nakshatra Subha/Saka Yoga Catuspada/Naiga/ Karana Amavasyayam Titau Sun 13 Sutra 160		
Simha Rasi: 26.39	Tithi 30	<b>Gulika</b> 2:35PM - 4:07PM	<b>Purvaphalguni Untill 6:00AM</b>	<b>Ganesha:</b> White <b>Sunrise:</b> 5:26AM <b>Vasavasu:</b> 5:127
		<b>Yama</b> 11:32AM - 1:04PM	<b>Subha Untill 4:22PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:39PM <b>Moon 9 - Phase 22 - 13</b> Amavasya
Creative Work	Siddha Yoga	551828573 <b>Rahu</b> 4:07PM - 5:39PM	<b>Catuspada Untill 9:17AM</b>	<b>Nataraja:</b> White
			<b>Amavasya/ Untill 9:53PM</b>	<b>Moon - Red</b>
				<b>Bhadrapada-Puratasi</b>
				<b>Sivaloka Day</b>

<b>Monday, September 22, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Paksho Indu Vasara Yukhtayam Adana, Turkey Retreat Star Uttaraphalguni Nakshatra Sukla/Brahma Yoga Kintughna/ Bava Karana Prathamayam Titau Sun 14 Sutra 161		
Kanya Rasi: 9.01	Tithi 1	<b>Gulika</b> 1:03PM - 2:34PM	<b>Uttaraphalguni Untill 7:44AM</b>	<b>Ganesha:</b> White <b>Sunrise:</b> 5:27AM <b>Vasavasu:</b> 5:127
		<b>Yama</b> 10:01AM - 11:32AM	<b>Sukla Untill 4:29PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:37PM <b>Moon 9 - Phase 22 - 14</b> Prathama
Family Home Evening	Siddha Yoga	551828573 <b>Rahu</b> 6:58AM - 8:29AM	<b>Kintughna Untill 10:39AM</b>	<b>Nataraja:</b> White
				<b>Moon - Red</b>
				<b>Ashvina-Puratasi</b>
				<b>Sivaloka Day</b>
				<b>Navaratri Begins</b>
				<b>Prathama/ Untill 11:28PM</b>

Puja, reading the scriptures, singing hymns, performing japa and unswayed austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Tuesday, September 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam Adana, Turkey			
Kanya Rasi: 21.13		Hasht/Chitra Nakshatra BrahmaIndra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15	Sutra 162
	Tilhi 2	<b>Gulika</b> 11:31AM - 10:2PM	<b>Hasht</b> Untill 10:11AM	<b>Ganesha:</b> Red	Sunrise: 5:27AM
		<b>Yama</b> 8:29AM - 10:00AM	<b>Brahma</b> Untill 4:54PM	<b>Muruga:</b> Blue	Sunset: 5:36PM
		<b>Rahu</b> 2:34PM - 4:05PM	<b>Balava</b> Untill 12:25PM	<b>Nataraja:</b> White	Moon 9 - Phase 23 - 15
Creative Work	Siddha Yoga		<b>Dvitiya</b> Untill 1:25AM Wed	<b>Moon - Green</b>	<b>Subha Sivaloka Day</b>
				<b>Ashvini-Puratasi</b>	

<b>2 Wednesday, September 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktiyam Adana, Turkey			
Tula Rasi: 3.15		Chitra/Svali Nakshatra Indra/Vaidhiti/ Yoga Vanija/Visi/ Karana Chaturthiyam Titau		Sun 16	Sutra 163
	Tilhi 3	<b>Gulika</b> 10:00AM - 11:31AM	<b>Chitra</b> Untill 12:49PM	<b>Ganesha:</b> Red	Sunrise: 5:28AM
		<b>Yama</b> 6:59AM - 8:30AM	<b>Indra</b> Untill 5:36PM	<b>Muruga:</b> Blue	Sunset: 5:36PM
		<b>Rahu</b> 11:31AM - 1:02PM	<b>Tailifa</b> Untill 2:32PM	<b>Nataraja:</b> White	Moon 9 - Phase 23 - 16
Creative Work	Siddha Yoga		<b>Tritiya</b> Untill 3:40AM Thu	<b>Moon - Green</b>	<b>Subha Sivaloka Day</b>
				<b>Ashvini-Puratasi</b>	

<b>3 Thursday, September 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktiyam Adana, Turkey			
Tula Rasi: 15.11		Svali/Svali Nakshatra Indra/Vaidhiti/ Yoga Vanija/Visi/ Karana Chaturthiyam Titau		Sun 17	Sutra 164
	Tilhi 4	<b>Gulika</b> 8:30AM - 10:00AM	<b>Svali</b> Untill 3:31PM	<b>Ganesha:</b> Red	Sunrise: 5:29AM
		<b>Yama</b> 5:29AM - 7:00AM	<b>Vaidhiti</b> Untill 6:26PM	<b>Muruga:</b> Blue	Sunset: 5:36PM
		<b>Rahu</b> 1:01PM - 2:32PM	<b>Vanija</b> Untill 4:54PM	<b>Nataraja:</b> White	Moon 9 - Phase 23 - 17
Creative Work	Amrita Yoga		<b>Chaturthi</b> Untill 6:06AM Fri	<b>Moon - Green</b>	<b>Subha Sivaloka Day</b>
Untill 3:31PM				<b>Ashvini-Puratasi</b>	
Then Creative Work	Siddha Yoga				

<b>4 Friday, September 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktiyam Adana, Turkey			
Tula Rasi: 27.04		Vishakha Nakshatra Vishkambha/ Yoga Visi/ Bava Karana Chaturthi/Panchamyam Titau		Sun 18	Sutra 165
	Tilhi 4 - 5	<b>Gulika</b> 7:00AM - 8:30AM	<b>Vishakha</b> Untill 6:40PM	<b>Ganesha:</b> Blue	Sunrise: 5:30AM
		<b>Yama</b> 2:31PM - 4:01PM	<b>Vishkambha</b> Untill 7:21PM	<b>Muruga:</b> Blue	Sunset: 5:37PM
		<b>Rahu</b> 10:00AM - 11:30AM	<b>Bava</b> Untill 7:22PM	<b>Nataraja:</b> White	Moon 9 - Phase 23 - 18
Creative Work	Siddha Yoga		<b>Chaturthi</b> Untill 6:06AM	<b>Moon - Orange</b>	<b>Subha Subha Sivaloka Day</b>
				<b>Ashvini-Puratasi</b>	

<b>5 Saturday, September 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manta Vasara Yuktiyam Adana, Turkey			
Vishchika Rasi: 8.55		Anuradha Nakshatra Prithi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 19	Sutra 166
	Tilhi 5 - 6	<b>Gulika</b> 5:31AM - 7:01AM	<b>Anuradha</b> Untill 9:37PM	<b>Ganesha:</b> Red	Sunrise: 5:31AM
		<b>Yama</b> 1:00PM - 2:30PM	<b>Prithi</b> Untill 8:16PM	<b>Muruga:</b> Blue	Sunset: 5:39PM
		<b>Rahu</b> 8:30AM - 10:00AM	<b>Kaulava</b> Untill 9:48PM	<b>Nataraja:</b> White	Moon 9 - Phase 23 - 19
Creative Work	Siddha Yoga		<b>Panchami</b> Untill 8:35AM	<b>Moon - Orange</b>	<b>Subha Sivaloka Day</b>
				<b>Ashvini-Puratasi</b>	

<b>6 Sunday, September 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktiyam Adana, Turkey			
Vishchika Rasi: 20.49		Jyeshtha Nakshatra Ayushman Yoga Talilla/Gara Karana Shashthi/Saptamyam Titau		Sun 20	Sutra 167
	Tilhi 6 - 7	<b>Gulika</b> 2:29PM - 3:58PM	<b>Jyeshtha</b> Untill 12:12AM Mon	<b>Ganesha:</b> Green	Sunrise: 5:20AM
		<b>Yama</b> 11:30AM - 12:59PM	<b>Ayushman</b> Untill 9:00PM	<b>Muruga:</b> Blue	Sunset: 5:29PM
		<b>Rahu</b> 3:58PM - 5:28PM	<b>Gara</b> Untill 12:02AM Mon	<b>Nataraja:</b> White	Moon 9 - Phase 23 - 20
Routine Work	Marana Yoga		<b>Shashthi</b> Untill 10:56AM	<b>Moon - Orange</b>	<b>Sivaloka Day</b>
Untill 12:12AM Mon				<b>Ashvini-Puratasi</b>	
Then Creative Work	Siddha Yoga				

<b>Monday, September 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktiyam Adana, Turkey			
<b>Retreat Star</b>		<b>Mula</b> Nakshatra Saubhagya Yoga Vanija/Visi/ Karana Sapthami/Ashthamyam Titau		Sun 21	Sutra 168
	Dhanus Rasi: 2.49	<b>Gulika</b> 12:59PM - 2:28PM	<b>Mula</b> Untill 2:45AM Tue	<b>Ganesha:</b> Red	Sunrise: 5:20AM
	Tilhi 7 - 8	<b>Yama</b> 10:00AM - 11:29AM	<b>Saubhagya</b> Untill 9:28PM	<b>Muruga:</b> Blue	Sunset: 5:29PM
	<b>Family Home Evening</b>	<b>Rahu</b> 7:02AM - 8:31AM	<b>Visi</b> Untill 1:52AM Tue	<b>Nataraja:</b> White	Moon 9 - Phase 23 - 21
Creative Work	Siddha Yoga		<b>Sapthami</b> Untill 1:00PM	<b>Moon - Light Blue</b>	<b>Subha Sivaloka Day</b>
		<b>Durga Ashtami</b>		<b>Ashvini-Puratasi</b>	

<b>Tuesday, September 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam Adana, Turkey			
<b>Retreat Star</b>		<b>Purvashadha</b> Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22	Sutra 169
	Dhanus Rasi: 14.59	<b>Gulika</b> 11:29AM - 12:58PM	<b>Purvashadha</b> Untill 4:35AM Wed	<b>Ganesha:</b> Red	Sunrise: 5:33AM
	Tilhi 8 - 9	<b>Yama</b> 8:31AM - 10:00AM	<b>Sobhana</b> Untill 9:32PM	<b>Muruga:</b> Blue	Sunset: 5:29PM
		<b>Rahu</b> 2:27PM - 3:56PM	<b>Balava</b> Untill 3:09AM Wed	<b>Nataraja:</b> White	Moon 9 - Phase 23 - 22
Creative Work	Siddha Yoga		<b>Ashtami</b> Untill 2:34PM	<b>Moon - Light Blue</b>	<b>Subha Sivaloka Day</b>
Untill 4:35AM Wed		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvini-Puratasi</b>	
Then Creative Work	Amrita Yoga				

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

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<b>1</b>		<b>Wednesday, October 1, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Budha Vessara Yuktayam Adana, Turkey	
Dhanus Rasi: 27.24		Tithi 9 - 10		Sutra 170	
Creative Work		Amrita Yoga		Sutra 171	
Until 5:34AM Thu		Then Creative Work - Siddha Yoga		Vassava: 5:127	
		Vijaya Dasami		Moon 9 - Phase 24 - 23	
		Nataraja: White		4th Phase	
		Ashvini-Puratasi		<b>Subha Sivaloka Day</b>	

<b>2</b>		<b>Thursday, October 2, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Guru Vessara Yuktayam Adana, Turkey	
Makara Rasi: 10.08		Tithi 10 - 11		Sutra 172	
Creative Work		Siddha Yoga		Sutra 173	
Until 6:05AM		Then Creative Work - Siddha Yoga		Vassava: 5:127	
		Vijaya Dasami		Moon 9 - Phase 24 - 25	
		Nataraja: White		4th Phase	
		Ashvini-Puratasi		<b>Sivaloka Day</b>	

<b>3</b>		<b>Friday, October 3, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Sukra Vessara Yuktayam Adana, Turkey	
Makara Rasi: 23.16		Tithi 11 - 12		Sutra 174	
Routine Work		Marana Yoga		Sutra 175	
Until 6:05AM		Then Creative Work - Siddha Yoga		Vassava: 5:127	
		Kadalswami Mahasamadi		Moon 9 - Phase 24 - 25	
		Nataraja: White		4th Phase	
		Ashvini-Puratasi		<b>Sivaloka Day</b>	

<b>4</b>		<b>Saturday, October 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Manu Vessara Yuktayam Adana, Turkey	
Kumbha Rasi: 6.5		Tithi 12 - 13		Sutra 176	
Creative Work		Amrita Yoga		Sutra 177	
Until 4:24AM Sun		Then Creative Work - Siddha Yoga		Vassava: 5:127	
		Kadalswami Mahasamadi		Moon 9 - Phase 24 - 26	
		Nataraja: White		4th Phase	
		Ashvini-Puratasi		<b>Sivaloka Day</b>	

<b>5</b>		<b>Sunday, October 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Bharu Vessara Yuktayam Adana, Turkey	
Kumbha Rasi: 20.51		Tithi 13 - 14		Sutra 178	
Creative Work		Siddha Yoga		Sutra 179	
Until 6:05AM		Then Creative Work - Siddha Yoga		Vassava: 5:127	
		Chidambaram Abhishekam		Moon 9 - Phase 24 - 27	
		Nataraja: White		4th Phase	
		Ashvini-Puratasi		<b>Sivaloka Day</b>	

<b>Monday, October 6, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Indu Vessara Yuktayam Adana, Turkey			
<b>Copper Retreat Star</b>		Uttarashadha Nakshatra Vihidhi Yoga Vanja/Vesil* Karana Chaturdashy Purnimayam Titau Sutra 175			
Meena Rasi: 5.16		Tithi 14 - 15		Sutra 176	
Family Home Evening		613928573 Rahu		Vassava: 5:127	
Creative Work		Siddha Yoga		Moon 9 - Phase 24 - Purnima	
		Uttarashadha Until 12:33AM Tue		Sun 27	
		Vihidhi Until 9:45AM		Sutra 174	
		Vesil Until 7:26PM		Sutra 175	
		Chaturdashi* Until 8:56AM		Moon 9 - Phase 24 - 27	
		Nataraja: White		4th Phase	
		Ashvini-Puratasi		<b>Subha Sivaloka Day</b>	

<b>Tuesday, October 7, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakche Mangala Vessara Yuktayam Adana, Turkey			
<b>Silver Retreat Star</b>		Revati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 176			
Meena Rasi: 20.02		Tithi 16		Sutra 177	
Creative Work		Siddha Yoga		Vassava: 5:127	
		613928573 Rahu		Moon 9 - Phase 24 - Prathama	
		Revati Until 9:52PM		Sun 28	
		Dhruva Until 6:02AM		Sutra 176	
		Balava Until 4:10PM		Sutra 177	
		Prathama* Until 2:26AM Wed		Moon 9 - Phase 24 - 28	
		Nataraja: White		4th Phase	
		Ashvini-Puratasi		<b>Subha Sivaloka Day</b>	

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvityayam TitauAdana, Turkey  
Sutra 177

Mesha Rasi: 5 Tithi 17

Gulika 10:00AM - 11:27AM  
Yama 7:07AM - 8:33AM  
Rahu 11:27AM - 12:53PMAshvini Until 7:17PM  
Harshana Until 10:05PM  
Taitila Until 12:42PM  
Dvitiya Until 10:56PMGanesha: White Sunrise: 5:40AM  
Muruga: Blue Sunset: 5:18PM  
Nataraja: Clear  
Moon - White  
Ashvini-PuratasiVasavasu 5:17  
Sutra 178  
Moon 10 - Phase 25 - 1st PhaseRoutine Work Marana Yoga  
Until 7:17PM  
Then Creative Work - Siddha Yoga**Subha Sivaloka Day****1 Thursday, October 9, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra Yoga Vanja/Visi/ Karana Trityayam TitauAdana, Turkey  
Sutra 178

Mesha Rasi: 20:02 Tithi 18

Gulika 8:34AM - 10:00AM  
Yama 5:41AM - 7:07AM  
Rahu 12:53PM - 2:19PMBharani Until 4:35PM  
Vajra Until 6:04PM  
Vanija Until 9:12AM  
Trityaya Until 7:28PMGanesha: White Sunrise: 5:41AM  
Muruga: Blue Sunset: 5:19PM  
Nataraja: Clear  
Moon - White  
Ashvini-PuratasiVasavasu 5:17  
Sutra 178  
Moon 10 - Phase 25 - 1st PhaseCreative Work Siddha Yoga  
Until 4:35PM  
Then Routine Work - Marana Yoga**Subha Sivaloka Day****2 Friday, October 10, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddha/Vyolpala Yoga Balava/Kaulava Karana Chalurithi/Panchamam TitauAdana, Turkey  
Sutra 179

Vishabha Rasi: 5 Tithi 19 - 20

Gulika 7:08AM - 8:34AM  
Yama 2:18PM - 3:44PM  
Rahu 10:00AM - 11:26AMKrittika Until 1:55PM  
Siddhi Until 2:13PM  
Kaulava Until 2:42AM Sat  
Chalurithi Until 4:12PMGanesha: White Sunrise: 5:42AM  
Muruga: Blue Sunset: 5:19PM  
Nataraja: Clear  
Moon - White  
Ashvini-PuratasiVasavasu 5:17  
Sutra 179  
Moon 10 - Phase 25 - 1st PhaseCreative Work Siddha Yoga  
Until 1:55PM  
Then Routine Work - Marana Yoga**Subha Sivaloka Day****3 Saturday, October 11, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mania Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyolpala/Variyan Yoga Talila/Gara Karana Panchami/Shashthyam TitauAdana, Turkey  
Sutra 180

Vishabha Rasi: 19:46 Tithi 20 - 21

Gulika 5:43AM - 7:09AM  
Yama 12:52PM - 2:17PM  
Rahu 8:34AM - 10:00AMRohini Until 11:51AM  
Vyolpala Until 10:39AM  
Gara Until 11:59PM  
Panchami Until 1:16PMGanesha: Yellow Sunrise: 5:43AM  
Muruga: Blue Sunset: 5:09PM  
Nataraja: Clear  
Moon - Yellow  
Ashvini-PuratasiVasavasu 5:17  
Sutra 180  
Moon 10 - Phase 25 - 3 1st PhaseCreative Work Amrita Yoga  
Until 11:51AM  
Then Creative Work - Siddha Yoga**Sivaloka Day****4 Sunday, October 12, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Bhanu Vasara Yuktayam  
Mrgishira/Ardra Nakshatra Variyan/Parigraha Yoga Vanja/Visi/ Karana Shashthi/Saptamam TitauAdana, Turkey  
Sutra 181

Mithuna Rasi: 4:13 Tithi 21 - 22

Gulika 2:17PM - 3:42PM  
Yama 11:26AM - 12:51PM  
Rahu 3:42PM - 5:07PMMrgishira Until 10:07AM  
Variyan Until 7:25AM  
Visi Until 9:48PM  
Shashthi Until 10:48AMGanesha: Yellow Sunrise: 5:44AM  
Muruga: Blue Sunset: 5:07PM  
Nataraja: Clear  
Moon - Yellow  
Ashvini-PuratasiVasavasu 5:17  
Sutra 181  
Moon 10 - Phase 25 - 4 1st Phase

Creative Work Siddha Yoga

**Sivaloka Day****Monday, October 13, 2025****Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Bava/Balava Karana Sapthami/Ashtamam TitauAdana, Turkey  
Sutra 182

Mithuna Rasi: 18:18 Tithi 22 - 23

Gulika 12:51PM - 2:16PM  
Yama 10:00AM - 11:25AM  
Rahu 7:10AM - 8:35AMArdra Until 8:47AM  
Shiva Until 2:23AM Tue  
Balava Until 8:12PM  
Sapthami Until 8:54AMGanesha: Yellow Sunrise: 5:45AM  
Muruga: Blue Sunset: 5:06PM  
Nataraja: Clear  
Moon - Yellow  
Ashvini-PuratasiVasavasu 5:17  
Sutra 182  
Moon 10 - Phase 25 - 5 AshtamiFamily Home Evening  
Creative Work Siddha Yoga  
Until 8:47AM  
Then Creative Work - Amrita Yoga**Sivaloka Day****Tuesday, October 14, 2025****Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mangata Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamamam TitauAdana, Turkey  
Sutra 183

Kataka Rasi: 2 Tithi 23 - 24

Gulika 11:25AM - 12:50PM  
Yama 8:35AM - 10:00AM  
Rahu 2:15PM - 3:40PMPunarvasu Until 8:21AM  
Siddha Until 12:37AM Wed  
Taitila Until 7:15PM  
Ashtami Until 7:38AMGanesha: Blue Sunrise: 5:46AM  
Muruga: Blue Sunset: 5:05PM  
Nataraja: Clear  
Moon - Blue  
Ashvini-PuratasiVasavasu 5:17  
Sutra 183  
Moon 10 - Phase 25 - 6 Navami

Creative Work Siddha Yoga

**Subha Sivaloka Day**

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1</b>		<b>Wednesday, October 15, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktayam Adana, Turkey		Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Tilau Sun 7 Sutra 184	
Kataka Rasi: 15.19	TITHI 24 – 25	<b>Gulika</b> 10:00AM – 11:25AM	<b>Pushya</b> Untill 8:26AM	<b>Ganesh:</b> Blue	Sunrise: 5:46AM	Vasavasa 5:127	
		<b>Yama</b> 7:11AM – 8:36AM	<b>Sadhya</b> Untill 11:23PM	<b>Muruga:</b> Blue	Sunset: 5:03PM	Moon 10 - Phase 26 - 8	
Creative Work	Siddha Yoga	<b>Rahu</b> 11:25AM – 12:49PM	<b>Bava</b> Untill 7:19PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Navami*</b> Untill 7:01AM	<b>Moon – Blue</b>		<b>Subha Sivaloka Day</b>	
				<b>Ashvini-Puratasi</b>			

<b>2</b>		<b>Thursday, October 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktayam Adana, Turkey		Ashlesha*/Magha* Nakshatra Subha Yoga Vasil*/Bava Karana Dashami/Ekadashyam Tilau Sun 8 Sutra 185	
Kataka Rasi: 28.19	TITHI 25 – 26	<b>Gulika</b> 8:36AM – 10:00AM	<b>Ashlesha*</b> Untill 8:59AM	<b>Ganesh:</b> Blue	Sunrise: 5:47AM	Vasavasa 5:127	
		<b>Yama</b> 5:47AM – 7:12AM	<b>Subha</b> Untill 10:38PM	<b>Muruga:</b> Blue	Sunset: 5:02PM	Moon 10 - Phase 26 - 8	
Creative Work	Siddha Yoga	<b>Rahu</b> 12:49PM – 2:13PM	<b>Bava</b> Untill 7:19PM	<b>Nataraja:</b> Clear		2nd Phase	
Untill 8:59AM			<b>Dashami</b> Untill 7:03AM	<b>Moon – Blue</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashvini-Puratasi</b>			

<b>3</b>		<b>Friday, October 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Sukra Vasara Yuktayam Adana, Turkey		Magha*/Purvaphalguni Nakshatra Sukla Yoga Blava/Kaulava Karana Ekadashi/Dvadashyam Tilau Sun 9 Sutra 186	
Simha Rasi: 11.01	TITHI 26 – 27	<b>Gulika</b> 7:12AM – 8:36AM	<b>Magha*</b> Untill 10:25AM	<b>Ganesh:</b> Red	Sunrise: 5:48AM	Vasavasa 5:127	
		<b>Yama</b> 2:13PM – 3:37PM	<b>Sukla</b> Untill 10:16PM	<b>Muruga:</b> Blue	Sunset: 5:01PM	Moon 10 - Phase 26 - 9	
Routine Work	Marana Yoga	<b>Rahu</b> 10:00AM – 11:24AM	<b>Kaulava</b> Untill 8:12PM	<b>Nataraja:</b> Clear		2nd Phase	
Untill 10:25AM			<b>Ekadashi*</b> Untill 7:40AM	<b>Moon – Blue</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvini-Alpasi</b>			

<b>4</b>		<b>Saturday, October 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Manta Vasara Yuktayam Adana, Turkey		Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau Sun 10 Sutra 187	
Simha Rasi: 23.29	TITHI 27 – 28	<b>Gulika</b> 5:49AM – 7:13AM	<b>Purvaphalguni</b> Untill 12:10PM	<b>Ganesh:</b> Red	Sunrise: 5:49AM	Vasavasa 5:127	
		<b>Yama</b> 12:48PM – 2:12PM	<b>Brahma</b> Untill 10:17PM	<b>Muruga:</b> Blue	Sunset: 5:09PM	Moon 10 - Phase 26 - 10	
Creative Work	Siddha Yoga	<b>Rahu</b> 8:37AM – 10:00AM	<b>Gara</b> Untill 9:34PM	<b>Nataraja:</b> Clear		2nd Phase	
Untill 12:10PM			<b>Dvadashi*</b> Untill 8:49AM	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Ashvini-Alpasi</b>			
				<i>Pradosha Vata (Fasting)</i>			

<b>5</b>		<b>Sunday, October 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Shruva Vasara Yuktayam Adana, Turkey		Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjivi/Vasil* Karana Trayodashi/Chaturdashyam Tilau Sun 11 Sutra 188	
Kanya Rasi: 5.46	TITHI 28 – 29	<b>Gulika</b> 2:11PM – 3:34PM	<b>Uttaraphalguni</b> Untill 2:10PM	<b>Ganesh:</b> Red	Sunrise: 5:50AM	Vasavasa 5:127	
		<b>Yama</b> 11:24AM – 12:48PM	<b>Indra</b> Untill 10:35PM	<b>Muruga:</b> Blue	Sunset: 5:08PM	Moon 10 - Phase 26 - 11	
Creative Work	Amrita Yoga	<b>Rahu</b> 3:34PM – 4:58PM	<b>Visli</b> Untill 11:19PM	<b>Nataraja:</b> Clear		2nd Phase	
Untill 4:48PM			<b>Trayodashi*</b> Untill 10:23AM	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvini-Alpasi</b>			

<b>Monday, October 20, 2025</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Indu Vasara Yuktayam Adana, Turkey		Hasta/Chitra Nakshatra Vaidhri* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Tilau Sun 12 Sutra 189	
Kanya Rasi: 17.54	TITHI 29 – 30	<b>Gulika</b> 12:47PM – 2:10PM	<b>Hasla</b> Untill 4:48PM	<b>Ganesh:</b> Blue	Sunrise: 5:51AM	Vasavasa 5:127	
<b>Family Home Evening</b>		<b>Yama</b> 10:01AM – 11:24AM	<b>Vaidhri*</b> Untill 11:06PM	<b>Muruga:</b> Blue	Sunset: 5:07PM	Moon 10 - Phase 26 - 12	
Creative Work	Siddha Yoga	<b>Rahu</b> 7:14AM – 8:37AM	<b>Catuspada</b> Untill 1:22AM Tue	<b>Nataraja:</b> Clear		Amavasya	
Untill 4:48PM			<b>Chaturdashi*</b> Untill 12:18PM	<b>Moon – Green</b>		<b>Devaloka Day</b>	
Then Routine Work - Prabalarishtha Yoga				<b>Ashvini-Alpasi</b>			

<b>Tuesday, October 21, 2025</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksho Mangala Vasara Yuktayam Adana, Turkey		Chitra Nakshatra Vishkambha* Yoga Naga/Kintughni* Karana Amavasya/Prathamayam Tilau Sun 13 Sutra 190	
Kanya Rasi: 29.55	TITHI 30 – 1	<b>Gulika</b> 11:24AM – 12:47PM	<b>Chitra</b> Untill 7:31PM	<b>Ganesh:</b> Blue	Sunrise: 5:52AM	Vasavasa 5:127	
		<b>Yama</b> 8:38AM – 10:01AM	<b>Vishkambha*</b> Untill 11:48PM	<b>Muruga:</b> Blue	Sunset: 4:55PM	Moon 10 - Phase 26 - 13	
Creative Work	Siddha Yoga	<b>Rahu</b> 2:10PM – 3:32PM	<b>Kintughni</b> Untill 3:39AM Wed	<b>Nataraja:</b> Clear		Prathama	
		<b>Subramanyaswami Mahasamadhi</b>	<b>Amavasya*</b> Untill 2:28PM	<b>Moon – Green</b>		<b>Devaloka Day</b>	
		<b>Skanda Shasthi Begins</b>		<b>Kartika-Alpasi</b>			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1</b>	<b>Wednesday, October 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Adana, Turkey			
	Svali Nakshatra Pili Yoga Bava/Balava Karana Prathama/Dvityayam Tilau		Sun 14		Sutra 191	
Tula Rasi: 11.52	Tilhi 1 – 2	<b>Gulika</b> 10:01AM – 11:24AM	<b>Svali Until 10:14PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:53AM	<b>Vasavasu:</b> 5:127
		<b>Yama</b> 7:16AM – 8:38AM	<b>Pili Until 12:38AM Thu</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:54PM	<b>Moon 10 - Phase 27 - 15</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 11:24AM – 12:46PM	<b>Balava Until 6:05AM Thu</b>	<b>Nataraja:</b> Clear		<b>3rd Phase</b>
			<b>Prathama* Until 4:50PM</b>	<b>Moon - Orange</b>	<b>Bhuloka Day</b>	
				<b>Kartika-Alpasi</b>	<b>Devaloka Time: 3PM to 6PM</b>	

<b>2</b>	<b>Thursday, October 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Adana, Turkey			
	Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvityayam Tilau		Sun 15		Sutra 192	
Tula Rasi: 23.45	Tilhi 2	<b>Gulika</b> 8:39AM – 10:01AM	<b>Vishakha Until 1:22AM Fri</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:54AM	<b>Vasavasu:</b> 5:127
		<b>Yama</b> 5:54AM – 7:16AM	<b>Ayushman Until 1:30AM Fri</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:53PM	<b>Moon 10 - Phase 27 - 15</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 12:46PM – 2:08PM	<b>Balava Until 6:05AM</b>	<b>Nataraja:</b> Clear		<b>3rd Phase</b>
			<b>Dvitiya Until 7:19PM</b>	<b>Moon - Orange</b>	<b>Bhuloka Day</b>	
				<b>Kartika-Alpasi</b>	<b>Devaloka Time: 3PM to 6PM</b>	

<b>3</b>	<b>Friday, October 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Adana, Turkey			
	Anuradha Nakshatra Saubhaya Yoga Talila/Gara Karana Trityayam Tilau		Sun 16		Sutra 193	
Wischika Rasi: 5.37	Tilhi 3	<b>Gulika</b> 7:17AM – 8:39AM	<b>Anuradha Until 4:21AM Sat</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:55AM	<b>Vasavasu:</b> 5:127
		<b>Yama</b> 2:07PM – 3:30PM	<b>Saubhaya Until 2:24AM Sat</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:52PM	<b>Moon 10 - Phase 27 - 15</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 10:01AM – 11:23AM	<b>Tailila Until 8:36AM</b>	<b>Nataraja:</b> Clear		<b>3rd Phase</b>
			<b>Trityiya Until 9:50PM</b>	<b>Moon - Orange</b>	<b>Bhuloka Day</b>	
				<b>Kartika-Alpasi</b>	<b>Devaloka Time: 3PM to 6PM</b>	

<b>4</b>	<b>Saturday, October 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Manta Vasara Yuktayam Adana, Turkey			
	Anuradha Nakshatra Saubhaya Yoga Vanija/Vesli* Karana Chalutryam Tilau		Sun 17		Sutra 194	
Wischika Rasi: 17.28	Tilhi 4	<b>Gulika</b> 5:56AM – 7:18AM	<b>Jyeshtha* Until 7:05AM Sun</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:56AM	<b>Vasavasu:</b> 5:127
		<b>Yama</b> 12:45PM – 2:07PM	<b>Sobhana Until 3:14AM Sun</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:50PM	<b>Moon 10 - Phase 27 - 17</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 8:40AM – 10:01AM	<b>Vanija Until 11:06AM</b>	<b>Nataraja:</b> Clear		<b>3rd Phase</b>
Until 7:05AM Sun			<b>Chalutryi* Until 12:17AM Sun</b>	<b>Moon - Orange</b>	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Kartika-Alpasi</b>	<b>Devaloka Time: 3PM to 6PM</b>	

<b>5</b>	<b>Sunday, October 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bharu Vasara Yuktayam Adana, Turkey			
	Mula*Purvashadha* Nakshatra Sukama Yoga Kaulava/Tailila Karana Shashthryam Tilau		Sun 18		Sutra 195	
Wischika Rasi: 29.22	Tilhi 5	<b>Gulika</b> 2:06PM – 3:28PM	<b>Jyeshtha* Until 7:05AM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:57AM	<b>Vasavasu:</b> 5:127
		<b>Yama</b> 11:23AM – 12:45PM	<b>Ahiganda* Until 3:54AM Mon</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:49PM	<b>Moon 10 - Phase 27 - 18</b>
Routine Work	Marana Yoga	<b>Rahu</b> 3:28PM – 4:49PM	<b>Bava Until 1:29PM</b>	<b>Nataraja:</b> Clear		<b>3rd Phase</b>
Until 7:05AM			<b>Panchami Until 2:33AM Mon</b>	<b>Moon - Orange</b>	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Kartika-Alpasi</b>	<b>Devaloka Time: 3PM to 6PM</b>	

<b>6</b>	<b>Monday, October 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Adana, Turkey			
	Mula*Purvashadha* Nakshatra Sukama Yoga Kaulava/Tailila Karana Shashthryam Tilau		Sun 19		Sutra 196	
Dhanus Rasi: 11.21	Tilhi 6	<b>Gulika</b> 12:44PM – 2:05PM	<b>Mula* Until 9:55AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:58AM	<b>Vasavasu:</b> 5:127
<b>Family Home Evening</b>		<b>Yama</b> 10:02AM – 11:23AM	<b>Sukarma Until 4:19AM Tue</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:48PM	<b>Moon 10 - Phase 27 - 19</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 7:19AM – 8:40AM	<b>Kaulava Until 3:36PM</b>	<b>Nataraja:</b> Clear		<b>3rd Phase</b>
Until 9:55AM			<b>Shashthi* Until 4:29AM Tue</b>	<b>Moon - Light Blue</b>	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Skanda Shashi</b>		<b>Kartika-Alpasi</b>		

<b>7</b>	<b>Tuesday, October 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Adana, Turkey			
	Purvashadha*Uttarashadha Nakshatra Dhivli Yoga Gara/Vanija Karana Saptayam Tilau		Sun 20		Sutra 197	
Dhanus Rasi: 23.28	Tilhi 7	<b>Gulika</b> 11:23AM – 12:44PM	<b>Purvashadha* Until 12:14PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:59AM	<b>Vasavasu:</b> 5:127
		<b>Yama</b> 8:41AM – 10:02AM	<b>Dhivli Until 4:22AM Wed</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:47PM	<b>Moon 10 - Phase 27 - 20</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 2:05PM – 3:26PM	<b>Gara Until 5:17PM</b>	<b>Nataraja:</b> Clear		<b>3rd Phase</b>
Until 12:14PM			<b>Saptami Until 5:54AM Wed</b>	<b>Moon - Light Blue</b>	<b>Devaloka Day</b>	
Then Routine Work - Prabarashita Yoga				<b>Kartika-Alpasi</b>		

<b>8</b>	<b>Wednesday, October 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Adana, Turkey			
	Uttarashadha/Shravana Nakshatra Shula* Yoga Vesli* Karana Ashtayam Tilau		Sun 21		Sutra 198	
Makara Rasi: 5.49	Tilhi 8	<b>Gulika</b> 10:02AM – 11:23AM	<b>Uttarashadha Until 1:51PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:00AM	<b>Vasavasu:</b> 5:127
		<b>Yama</b> 7:21AM – 8:41AM	<b>Shula* Until 3:52AM Thu</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:46PM	<b>Moon 10 - Phase 27 - 21</b>
Creative Work	Amrita Yoga	<b>Rahu</b> 11:23AM – 12:44PM	<b>Vesli Until 6:24PM</b>	<b>Nataraja:</b> Clear		<b>Ashtami</b>
Until 1:51PM			<b>Ashtami* Until 6:39AM Thu</b>	<b>Moon - Light Blue</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Kartika-Alpasi</b>		

<b>9</b>	<b>Thursday, October 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Adana, Turkey			
	Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navayam Tilau		Sun 22		Sutra 199	
Makara Rasi: 18.26	Tilhi 8 – 9	<b>Gulika</b> 8:42AM – 10:02AM	<b>Shravana Until 3:06PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:01AM	<b>Vasavasu:</b> 5:127
		<b>Yama</b> 6:01AM – 7:21AM	<b>Ganda* Until 2:47AM Fri</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:45PM	<b>Moon 10 - Phase 27 - 22</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 12:43PM – 2:04PM	<b>Balava Until 6:45PM</b>	<b>Nataraja:</b> Clear		<b>Navami</b>
			<b>Ashtami* Until 6:39AM</b>	<b>Moon - Purple</b>	<b>Bhuloka Day</b>	
				<b>Kartika-Alpasi</b>	<b>Devaloka Time: 3PM to 6PM</b>	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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1

Friday, October 31, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sutra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vidhih Yoga Kaulava/Taila Karana Navami/Dashamyam TitauAdana, Turkey  
Sun 23 Sutra 200

Kumbha Rasi: 1.27 Tithi 9 - 10

Gulika 7:22AM - 8:42AM  
Yama 2:03PM - 3:23PM  
Rahu 10:02AM - 11:23AMDhanishtha Until 3:23PM  
Vidhih Until 1:04AM Sat  
Taila Until 6:18PMGanesha: Purple  
Muruga: Yellow  
Nataraja: Clear  
Moon - PurpleSunrise: 6:03AM  
Sunset: 4:49PM  
Moon 10 - Phase 28 - 23  
4th Phase

Creative Work Siddha Yoga

Navami\* Until 6:37AM

Bhuloka Day

Devaloka Time: 3PM to 6PM

2

Saturday, November 1, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manu Vasara Yuktayam  
Shatabhishak/Puravroshthapada\* Nakshatra Dhruva Yoga Vanjira/Visil\* Karana Ekadashyam TitauAdana, Turkey  
Sun 24 Sutra 201

Kumbha Rasi: 14.54 Tithi 11

Gulika 6:03AM - 7:23AM  
Yama 12:43PM - 2:03PM  
Rahu 8:43AM - 10:03AMShatabhishak Until 2:42PM  
Dhruva Until 10:39PM  
Vanjira Until 5:00PMGanesha: Purple  
Muruga: Yellow  
Nataraja: Clear  
Moon - PurpleSunrise: 6:03AM  
Sunset: 4:49PM  
Moon 10 - Phase 28 - 24  
4th Phase

Creative Work Amrita Yoga

Ekadashi Until 4:02AM Sun

Bhuloka Day

Devaloka Time: 3PM to 6PM

3

Sunday, November 2, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bharu Vasara Yuktayam  
Puravroshthapada\*/Utaravroshthapada Nakshatra Vyagha\* Yoga Bava/Balava Karana Dvadashyam TitauAdana, Turkey  
Sun 25 Sutra 202

Kumbha Rasi: 28.5 Tithi 12

Gulika 2:02PM - 3:22PM  
Yama 11:23AM - 12:42PM  
Rahu 3:22PM - 4:41PMPuravroshthapada\* Until 1:33PM  
Vyagha\* Until 7:39PM  
Bava Until 2:55PMGanesha: Clear  
Muruga: Yellow  
Nataraja: Clear  
Moon - ClearSunrise: 6:04AM  
Sunset: 4:49PM  
Moon 10 - Phase 28 - 25  
4th Phase

Creative Work Siddha Yoga

Dvadashi Until 1:36AM Mon

Devaloka Day

Devaloka Time: 3PM to 6PM

4

Monday, November 3, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam  
Utaravroshthapada/Revati Nakshatra Harshana/Vajra\* Yoga Kaulava/Taila Karana Trayodashyam TitauAdana, Turkey  
Sun 26 Sutra 203

Meesha Rasi: 13.15 Tithi 13

Family Home Evening

Gulika 12:42PM - 2:01PM  
Yama 10:03AM - 11:23AM  
Rahu 7:24AM - 8:44AMUtaravroshthapada Until 11:34AM  
Harshana Until 4:08PM  
Kaulava Until 12:10PMGanesha: Clear  
Muruga: Yellow  
Nataraja: Clear  
Moon - ClearSunrise: 6:05AM  
Sunset: 4:49PM  
Moon 10 - Phase 28 - 26  
4th Phase

Creative Work Siddha Yoga

Trayodashi Until 10:34PM

Devaloka Day

Devaloka Time: 3PM to 6PM

Pradosha Vata

5

Tuesday, November 4, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Vajra\*/Siddhi Yoga Gara/Vanjira Karana Chaturdashyam TitauAdana, Turkey  
Sun 27 Sutra 204

Meesha Rasi: 28.05 Tithi 14

Gulika 11:23AM - 12:42PM  
Yama 8:44AM - 10:03AM  
Rahu 2:01PM - 3:20PMRevati Until 8:55AM  
Vajra\* Until 12:11PM  
Gara Until 8:54AMGanesha: Clear  
Muruga: Yellow  
Nataraja: Clear  
Moon - ClearSunrise: 6:06AM  
Sunset: 4:39PM  
Moon 10 - Phase 28 - 27  
4th Phase

Creative Work Siddha Yoga

Chaturdashi\* Until 7:06PM

Devaloka Day

Devaloka Time: 3PM to 6PM

6

Wednesday, November 5, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Kritshna Paksha Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Siddhi/Vyaptara\* Yoga Bava/Balava Karana Purnima/Prathamayam TitauAdana, Turkey  
Sun 28 Sutra 205

Meesha Rasi: 13.13 Tithi 15 - 16

Copper Retreat Star

Gulika 10:04AM - 11:23AM  
Yama 7:26AM - 8:45AM  
Rahu 11:23AM - 12:42PMAshvini Until 6:10AM  
Siddhi Until 7:58AM  
Balava Until 1:26AM Thu  
Purnima\* Until 3:21PMGanesha: Purple  
Muruga: Yellow  
Nataraja: Clear  
Moon - WhiteSunrise: 6:07AM  
Sunset: 4:38PM  
Moon 10 - Phase 28 - Purnima

Routine Work Marana Yoga

Purnima\* Until 3:21PM

Sivaloka Day

Devaloka Time: 3PM to 6PM

Thursday, November 6, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Kritshna Paksha Guru Vasara Yuktayam  
Kritika Nakshatra Varjyan Yoga Kaulava/Taila Karana Prathama/Dvityayam TitauAdana, Turkey  
Sun 29 Sutra 206

Meesha Rasi: 28.3 Tithi 16 - 17

Silver Retreat Star

Gulika 8:45AM - 10:04AM  
Yama 6:08AM - 7:27AM  
Rahu 12:41PM - 2:00PMKritika Until 11:55PM  
Varjyan Until 11:15PM  
Taila Until 9:35PMGanesha: Purple  
Muruga: Yellow  
Nataraja: Clear  
Moon - WhiteSunrise: 6:08AM  
Sunset: 4:37PM  
Moon 10 - Phase 28 - Prathama

Routine Work Marana Yoga

Prathama\* Until 11:29AM

Sivaloka Day

Devaloka Time: 3PM to 6PM

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Friday, November 7, 2025****Gold Retreat Star**

		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam Rohini Nakshatra Parigha* Yoga Gara/Visi* Karana Dvitiya/Tritiyam Tilau				Adana, Turkey Sun 1 Sutra 207
Wishabha Rasi: 13.46	Tithi 17 - 18	<b>Gulika</b> 7:27AM - 8:46AM	<b>Rohini Until 9:09PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Yellow	<b>Sunrise:</b> 6:09AM <b>Sunset:</b> 4:36PM	Vishvasu 5127 Sutra 208 Moon 11 - Phase 29 - 2 1st Phase
Routine Work Until 9:09PM Then Creative Work - Siddha Yoga	Marana Yoga	<b>Yama</b> 2:00PM - 3:18PM <b>Rahu</b> 10:04AM - 11:23AM	<b>Parigha* Until 7:02PM</b> Visiti Until 4:10AM Sat <b>Dvitiya Until 7:42AM</b>	<b>Kartika-Alpasi</b>		<b>Sivaloka Day</b>

**1****Saturday, November 8, 2025**

		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Mania Vasara Yuktayam Mrigashira Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturtham Tilau				Adana, Turkey Sun 2 Sutra 209
Wishabha Rasi: 28.5	Tithi 19	<b>Gulika</b> 6:10AM - 7:28AM	<b>Mrigashira Until 6:38PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Yellow	<b>Sunrise:</b> 6:10AM <b>Sunset:</b> 4:36PM	Vishvasu 5127 Sutra 208 Moon 11 - Phase 29 - 2 1st Phase
Creative Work Siddha Yoga		<b>Yama</b> 12:41PM - 1:59PM <b>Rahu</b> 8:46AM - 10:05AM	Shiva Until 3:07PM Bava Until 2:33PM <b>Chalurthi* Until 1:02AM Sun</b>	<b>Kartika-Alpasi</b>		<b>Sivaloka Day</b>

**2****Sunday, November 9, 2025**

		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddha/Sadhyha Yoga Kaulava/Taila Karana Panchamam Tilau				Adana, Turkey Sun 3 Sutra 209
Mihuna Rasi: 13.35	Tithi 20	<b>Gulika</b> 1:59PM - 3:17PM	<b>Ardra Until 4:30PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Yellow	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 4:36PM	Vishvasu 5127 Sutra 209 Moon 11 - Phase 29 - 3 1st Phase
Creative Work Siddha Yoga		<b>Yama</b> 11:23AM - 12:41PM <b>Rahu</b> 3:17PM - 4:35PM	Siddha Until 11:35AM Kaulava Until 11:42AM <b>Panchami Until 10:29PM</b>	<b>Kartika-Alpasi</b>		<b>Sivaloka Day</b>

**3****Monday, November 10, 2025**

		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sadhyha/Subha Yoga Gara/Vanija Karana Shashtham Tilau				Adana, Turkey Sun 4 Sutra 210
Mihuna Rasi: 27.54	Tithi 21	<b>Gulika</b> 12:41PM - 1:58PM	<b>Punarvasu Until 3:18PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue	<b>Sunrise:</b> 6:12AM <b>Sunset:</b> 4:36PM	Vishvasu 5127 Sutra 210 Moon 11 - Phase 29 - 4 1st Phase
Creative Work Until 3:18PM Then Creative Work - Siddha Yoga	Amrita Yoga	<b>Yama</b> 10:05AM - 11:23AM <b>Rahu</b> 7:30AM - 8:48AM	Sadhyha Until 8:35AM Gara Until 9:29AM <b>Shashthi* Until 8:38PM</b>	<b>Kartika-Alpasi</b>		<b>Devaloka Day</b>

**4****Tuesday, November 11, 2025**

		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Saptamam Tilau				Adana, Turkey Sun 5 Sutra 211
Kataka Rasi: 11.44	Tithi 22	<b>Gulika</b> 11:23AM - 12:41PM	<b>Pushya Until 2:45PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 4:38PM	Vishvasu 5127 Sutra 211 Moon 11 - Phase 29 - 5 1st Phase
Creative Work Siddha Yoga		<b>Yama</b> 8:48AM - 10:06AM <b>Rahu</b> 1:58PM - 3:16PM	Subha Until 6:13AM Visiti Until 8:02AM <b>Saptami Until 7:36PM</b>	<b>Kartika-Alpasi</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

**D****Wednesday, November 12, 2025****Retreat Star**

		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamam Tilau				Adana, Turkey Sun 6 Sutra 212
Kataka Rasi: 25.05	Tithi 23	<b>Gulika</b> 10:06AM - 11:23AM	<b>Ashlesha* Until 2:51PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Blue	<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 4:39PM	Vishvasu 5127 Sutra 212 Moon 11 - Phase 29 - 6 Ashtami
Creative Work Siddha Yoga		<b>Yama</b> 7:31AM - 8:49AM <b>Rahu</b> 11:23AM - 12:40PM	Brahma Until 3:22AM Thu Balava Until 7:25AM <b>Ashlami* Until 7:24PM</b>	<b>Kartika-Alpasi</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

**Thursday, November 13, 2025****Retreat Star**

		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Taila/Gara Karana Navamam Tilau				Adana, Turkey Sun 7 Sutra 213
Simha Rasi: 8.01	Tithi 24	<b>Gulika</b> 8:49AM - 10:06AM	<b>Magha* Until 4:03PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Red	<b>Sunrise:</b> 6:15AM <b>Sunset:</b> 4:39PM	Vishvasu 5127 Sutra 213 Moon 11 - Phase 29 - 7 Navami
Creative Work Until 4:03PM Then Creative Work - Siddha Yoga	Amrita Yoga	<b>Yama</b> 6:15AM - 7:32AM <b>Rahu</b> 12:40PM - 1:57PM	Indra Until 2:53AM Fri Taila Until 7:37AM <b>Navami* Until 8:00PM</b>	<b>Kartika-Alpasi</b>		<b>Devaloka Day</b>

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Friday, November 14, 2025</b>		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sasra Vasara Yuktayam Purvaphalguni/Ultrapahalguni Nakshatra Vaidhri* Yoga Vanja/Visi* Karana Dashamyam Titau				Adana, Turkey Sun 8 Sutra 214
Simha Rasi: 20.35	Tithi 25	<b>Gulika</b> 7:33AM – 8:50AM	<b>Purvaphalguni</b> Until 5:47PM	<b>Ganesha:</b> Yellow	Sunrise: 6:16AM	Vasarasu 5127
		<b>Yama</b> 1:57PM – 3:14PM	<b>Vaidhri*</b> Until 2:52AM Sat	<b>Muruga:</b> Yellow	Sunset: 4:31PM	Moon 11 - Phase 30 - 8
Creative Work	Siddha Yoga	<b>Rahu</b> 10:07AM – 11:23AM	<b>Vanija</b> Until 8:35AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 9:17PM	<b>Moon - Red</b>		<b>Devaloka Day</b>
				<b>Karttika-Alpasi</b>		

<b>2 Saturday, November 15, 2025</b>		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Marita Vasara Yuktayam Ultrapahalguni Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Adana, Turkey Sun 9 Sutra 215
Kanya Rasi: 2.53	Tithi 26	<b>Gulika</b> 6:17AM – 7:34AM	<b>Ultrapahalguni</b> Until 7:53PM	<b>Ganesha:</b> Yellow	Sunrise: 6:17AM	Vasarasu 5127
		<b>Yama</b> 12:40PM – 1:57PM	<b>Vishkambha*</b> Until 3:15AM Sun	<b>Muruga:</b> Yellow	Sunset: 4:30PM	Moon 11 - Phase 30 - 9
Routine Work	Marana Yoga	<b>Rahu</b> 8:50AM – 10:07AM	<b>Bava</b> Until 10:10AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 11:08PM	<b>Moon - Green</b>		<b>Devaloka Day</b>
				<b>Karttika-Alpasi</b>		

<b>3 Sunday, November 16, 2025</b>		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bhamu Vasara Yuktayam Kanya Rasi Pili Yoga Kaulava/Tallita Karana Dvadashyam Titau				Adana, Turkey Sun 10 Sutra 216
Kanya Rasi: 14.59	Tithi 27	<b>Gulika</b> 1:57PM – 3:13PM	<b>Hasla</b> Until 10:42PM	<b>Ganesha:</b> Yellow	Sunrise: 6:18AM	Vasarasu 5127
		<b>Yama</b> 11:24AM – 12:40PM	<b>Pili</b> Until 3:54AM Mon	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Moon 11 - Phase 30 - 10
Creative Work	Amrita Yoga	<b>Rahu</b> 3:13PM – 4:29PM	<b>Kaulava</b> Until 12:13PM	<b>Nataraja:</b> Clear		2nd Phase
Until 10:42PM			<b>Dvadashi*</b> Until 1:20AM Mon	<b>Moon - Green</b>		<b>Devaloka Day</b>
Then Creative Work	Siddha Yoga			<b>Karttika-Karttikai</b>		

<b>4 Monday, November 17, 2025</b>		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Adana, Turkey Sun 11 Sutra 217
Kanya Rasi: 26.57	Tithi 28	<b>Gulika</b> 12:40PM – 1:56PM	<b>Chitra</b> Until 1:34AM Tue	<b>Ganesha:</b> Yellow	Sunrise: 6:19AM	Vasarasu 5127
<b>Family Home Evening</b>		<b>Yama</b> 10:08AM – 11:24AM	<b>Ayushman</b> Until 4:40AM Tue	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Moon 11 - Phase 30 - 11
Routine Work	Prabalarishita Yoga	<b>Rahu</b> 7:36AM – 8:52AM	<b>Gara</b> Until 2:33PM	<b>Nataraja:</b> Purple		2nd Phase
Until 1:34AM Tue			<b>Trayodashi*</b> Until 3:46AM Tue	<b>Moon - Green</b>		<b>Sivaloka Day</b>
Then Creative Work	Siddha Yoga			<b>Karttika-Karttikai</b>		
				<b>Pradosha Vrata (Fasting)</b>		

<b>5 Tuesday, November 18, 2025</b>		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Adana, Turkey Sun 12 Sutra 218
Tula Rasi: 8.51	Tithi 29	<b>Gulika</b> 11:24AM – 12:40PM	<b>Svali</b> Until 4:21AM Wed	<b>Ganesha:</b> Blue	Sunrise: 6:20AM	Vasarasu 5127
		<b>Yama</b> 8:52AM – 10:08AM	<b>Saubhagya</b> Until 5:31AM Wed	<b>Muruga:</b> Yellow	Sunset: 4:28PM	Moon 11 - Phase 30 - 12
Creative Work	Siddha Yoga	<b>Rahu</b> 1:56PM – 3:12PM	<b>Visi</b> Until 5:02PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Chaturdashi*</b> Until 6:17AM Wed	<b>Moon - Green</b>		<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>		

<b>Wednesday, November 19, 2025</b>		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Burha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 219
<b>Retreat Star</b>		<b>Gulika</b> 10:09AM – 11:24AM	<b>Vishakha</b> Until 7:29AM Thu	<b>Ganesha:</b> Blue	Sunrise: 6:21AM	Vasarasu 5127
Tula Rasi: 20.43	Tithi 29 – 30	<b>Yama</b> 7:37AM – 8:53AM	<b>Sobhana</b> Until 6:24AM Thu	<b>Muruga:</b> Yellow	Sunset: 4:27PM	Moon 11 - Phase 30 - 13
Creative Work	Siddha Yoga	<b>Rahu</b> 11:24AM – 12:40PM	<b>Catuspada</b> Until 7:34PM	<b>Nataraja:</b> Purple		Amavasya
			<b>Chaturdashi*</b> Until 6:17AM	<b>Moon - Orange</b>		<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>		

<b>Thursday, November 20, 2025</b>		Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakla Paksha Guru Vasara Yuktayam Vishakha/Arudraha Nakshatra Sobhana/Aksharanda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Adana, Turkey Sun 14 Sutra 220
<b>Retreat Star</b>		<b>Gulika</b> 8:54AM – 10:09AM	<b>Vishakha</b> Until 7:29AM	<b>Ganesha:</b> Blue	Sunrise: 6:22AM	Vasarasu 5127
Vishchika Rasi: 2.35	Tithi 30 – 1	<b>Yama</b> 6:22AM – 7:38AM	<b>Sobhana</b> Until 6:24AM	<b>Muruga:</b> Yellow	Sunset: 4:27PM	Moon 11 - Phase 30 - 14
Creative Work	Siddha Yoga	<b>Rahu</b> 12:40PM – 1:56PM	<b>Kintughna</b> Until 10:05PM	<b>Nataraja:</b> Purple		Prathama
			<b>Amavasya*</b> Until 8:48AM	<b>Moon - Orange</b>		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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Friday, November 21, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sukla Paksha Sukra Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Abhigandha/Sukama Yoga Bava/Balava Karana Prathamam/Dvijayam Titau				Adana, Turkey
Wischika Rasi: 14.28	Tithi 1 - 2	<b>Gulika</b> 7:39AM - 8:54AM	<b>Anuradha Untill 10:24AM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:24AM	Sun 15 Sutra 221
		<b>Yama</b> 1:56PM - 3:11PM	<b>Abhigandha Untill 7:12AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Vasavasu 5127
		<b>Rahu</b> 10:10AM - 11:25AM	<b>Balava Untill 12:30AM Sat</b>	<b>Nataraja:</b> Purple		Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Untill 11:17AM</b>	<b>Moon - Orange</b>		<b>Devaloka Day</b>
Untill 10:24AM				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

Saturday, November 22, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sukla Paksha Mantar Vasara Yuktayam Jyeshtha/Mula Nakshatra Sukama/Uhril Yoga Kaulava/Taila Karana Dvitiyam/Tritayam Titau				Adana, Turkey
Wischika Rasi: 26.23	Tithi 2 - 3	<b>Gulika</b> 6:25AM - 7:40AM	<b>Jyeshtha* Untill 1:04PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:25AM	Sun 16 Sutra 222
		<b>Yama</b> 12:40PM - 1:55PM	<b>Sukarma Untill 7:57AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Vasavasu 5127
		<b>Rahu</b> 8:55AM - 10:10AM	<b>Taila Untill 2:49AM Sun</b>	<b>Nataraja:</b> Purple		Moon 11 - Phase 31 - 16 3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Untill 1:39PM</b>	<b>Moon - Orange</b>		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

Sunday, November 23, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sukla Paksha Bharu Vasara Yuktayam Mula/Purvashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritayam/Chaturtham Titau				Adana, Turkey
Dhanus Rasi: 8.22	Tithi 3 - 4	<b>Gulika</b> 1:55PM - 3:10PM	<b>Mula* Untill 3:55PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:26AM	Sun 17 Sutra 223
		<b>Yama</b> 11:25AM - 12:40PM	<b>Dhriti Untill 8:36AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Vasavasu 5127
		<b>Rahu</b> 3:10PM - 4:25PM	<b>Vanija Untill 4:55AM Mon</b>	<b>Nataraja:</b> Purple		Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Untill 3:52PM</b>	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>
Untill 3:55PM				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

Monday, November 24, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sukla Paksha Indu Vesara Yuktayam Purvashadha Nakshatra Shula*Gandha* Yoga Vasi/Bava Karana Chaturtham/Panchamam Titau				Adana, Turkey
Dhanus Rasi: 20.25	Tithi 4 - 5	<b>Gulika</b> 12:41PM - 1:55PM	<b>Purvashadha* Untill 6:21PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:27AM	Sun 18 Sutra 224
<b>Family Home Evening</b>		<b>Yama</b> 10:11AM - 11:26AM	<b>Shula* Untill 9:04AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Moon 11 - Phase 31 - 18 3rd Phase
		<b>Rahu</b> 7:41AM - 8:56AM	<b>Bava Untill 6:44AM Tue</b>	<b>Nataraja:</b> Purple		
Routine Work	Marana Yoga		<b>Chaturthi* Untill 5:51PM</b>	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

Tuesday, November 25, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sukla Paksha Mangala Vesara Yuktayam Uttarashadha Nakshatra Gandha*Viddhi Yoga Bava/Balava Karana Panchamam Titau				Adana, Turkey
Makara Rasi: 2.35	Tithi 5	<b>Gulika</b> 11:26AM - 12:41PM	<b>Uttarashadha Untill 8:18PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:28AM	Sun 19 Sutra 225
		<b>Yama</b> 8:57AM - 10:11AM	<b>Gandha* Untill 9:19AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Vasavasu 5127
		<b>Rahu</b> 1:55PM - 3:10PM	<b>Bava Untill 6:44AM</b>	<b>Nataraja:</b> Purple		Moon 11 - Phase 31 - 17 3rd Phase
Routine Work	Prabalarishtha Yoga		<b>Panchami Untill 7:28PM</b>	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>
Untill 8:18PM				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

Wednesday, November 26, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sukla Paksha Butha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamam Titau				Adana, Turkey
Makara Rasi: 14.55	Tithi 6	<b>Gulika</b> 10:12AM - 11:26AM	<b>Shravana Untill 10:05PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:29AM	Sun 20 Sutra 226
		<b>Yama</b> 7:43AM - 8:57AM	<b>Viddhi Untill 9:14AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Vasavasu 5127
		<b>Rahu</b> 11:26AM - 12:41PM	<b>Kaulava Untill 8:07AM</b>	<b>Nataraja:</b> Purple		Moon 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Untill 8:35PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
Untill 10:05PM				<b>Margasira-Karttikai</b>		
Then Routine Work - Prabalarishtha Yoga						

Thursday, November 27, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sukla Paksha Guru Vesara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamam Titau				Adana, Turkey
<b>Retreat Star</b>		<b>Gulika</b> 8:58AM - 10:12AM	<b>Dhanishtha Untill 11:05PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:30AM	Sun 21 Sutra 227
Makara Rasi: 27.3	Tithi 7	<b>Yama</b> 6:30AM - 7:44AM	<b>Dhruva Untill 8:41AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Vasavasu 5127
		<b>Rahu</b> 12:41PM - 1:55PM	<b>Gara Untill 8:56AM</b>	<b>Nataraja:</b> Purple		Moon 11 - Phase 31 - 21 3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Untill 9:05PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		

Friday, November 28, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sukla Paksha Sukra Vesara Yuktayam Shatabhishak Nakshatra Vyaghata/Harshana Yoga Vasi/Bava Karana Ashtamam Titau				Adana, Turkey
<b>Retreat Star</b>		<b>Gulika</b> 7:45AM - 8:59AM	<b>Shatabhishak Untill 11:13PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:31AM	Sun 22 Sutra 228
Kumbha Rasi: 10.25	Tithi 8	<b>Yama</b> 1:55PM - 3:09PM	<b>Vyaghata* Untill 7:38AM</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Vasavasu 5127
		<b>Rahu</b> 10:13AM - 11:27AM	<b>Vasi Untill 9:04AM</b>	<b>Nataraja:</b> Purple		Moon 11 - Phase 31 - 22 3rd Phase
Creative Work	Siddha Yoga		<b>Ashtami* Untill 8:49PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		

Saturday, November 29, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sukla Paksha Mantar Vasara Yuktayam Purvaprosarthapada Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamam Titau				Adana, Turkey
<b>Retreat Star</b>		<b>Gulika</b> 6:31AM - 7:45AM	<b>Purvaprosarthapada* Untill 10:53PM</b>	<b>Ganesh:</b> Purple	Sunrise: 6:31AM	Sun 23 Sutra 229
Kumbha Rasi: 23.42	Tithi 9	<b>Yama</b> 12:41PM - 1:55PM	<b>Vajra* Untill 3:42AM Sun</b>	<b>Muruga:</b> Yellow	Sunset: 4:26PM	Vasavasu 5127
		<b>Rahu</b> 8:59AM - 10:13AM	<b>Balava Untill 8:25AM</b>	<b>Nataraja:</b> Purple		Moon 11 - Phase 31 - 23 Navami
Routine Work	Marana Yoga		<b>Navami* Untill 7:47PM</b>	<b>Moon - Clear</b>		<b>Subha Sivaloka Day</b>
Untill 10:53PM				<b>Margasira-Karttikai</b>		
Then Creative Work - Siddha Yoga						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1 Sunday, November 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Bhanu Vasara Yukatayam Adana, Turkey Uttaraprosrthhapada Nakshatra Siddhi Yoga Talita/Varija Karana Dashami/Ekadashtyam Titau Sun 24 Sutra 230				
Mesha Rasi: 7.26	Tithi 10 – 11	<b>Gulika</b> 1:55PM – 3:09PM	<b>Uttaraprosrthhapada Until 9:39PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 4:29PM	<b>Vasarasu 5:17</b> Moon 11 - Phase 32 - 4th Phase
Creative Work	Amrita Yoga	<b>Yama</b> 11:28AM – 12:42PM	<b>Siddhi Until 12:49AM Mon</b> Talita Until 6:59AM	<b>Moon – Clear</b>		<b>Subha Sivaloka Day</b>
		<b>Rahu</b> 3:09PM – 4:23PM	<b>Dashami Until 5:58PM</b>	<b>Margasira-Karttikai</b>		

<b>2 Monday, December 1, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Indu Vesara Yukatayam Adana, Turkey Revati Nakshatra Vyalipala* Yoga Visi*/Bava Karana Ekadasht/Dwadashyam Titau Sun 25 Sutra 231				
Mesha Rasi: 21.39	Tithi 11 – 12	<b>Gulika</b> 12:42PM – 1:55PM	<b>Revati Until 7:36PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 4:29PM	<b>Vasarasu 5:17</b> Moon 11 - Phase 32 - 25 4th Phase
Family Home Evening		<b>Yama</b> 10:14AM – 11:28AM	<b>Vyalipala* Until 9:25PM</b> Bava Until 2:00AM Tue	<b>Moon – Clear</b>		<b>Sivaloka Day</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 7:47AM – 9:01AM	<b>Ekadashi Until 3:28PM</b>	<b>Margasira-Karttikai</b>		
		<b>Gita Jayanthi</b>				

<b>3 Tuesday, December 2, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Margala Vesara Yukatayam Adana, Turkey Ashvini/Bharani Nakshatra Variyeni/Parigra* Yoga Balava/Kaulava Karana Dvadashi/Troyadeshyam Titau Sun 26 Sutra 232				
Mesha Rasi: 6.18	Tithi 12 – 13	<b>Gulika</b> 11:28AM – 12:42PM	<b>Ashvini Until 5:17PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 4:29PM	<b>Vasarasu 5:17</b> Moon 11 - Phase 32 - 26 4th Phase
Creative Work	Siddha Yoga	<b>Yama</b> 9:01AM – 10:15AM	<b>Variyan Until 5:34PM</b> Kaulava Until 10:42PM	<b>Moon – White</b>		<b>Devaloka Day</b>
		<b>Rahu</b> 1:56PM – 3:09PM	<b>Dvadashi Until 12:23PM</b>	<b>Margasira-Karttikai</b>		
			<b>Pradosha Vata</b>			

<b>4 Wednesday, December 3, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Budha Vesara Yukatayam Adana, Turkey Bharani/Kritika Nakshatra Parigra*/Shiva Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 233				
Mesha Rasi: 21.19	Tithi 13 – 14	<b>Gulika</b> 10:15AM – 11:29AM	<b>Bharani Until 2:27PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 4:29PM	<b>Vasarasu 5:17</b> Moon 11 - Phase 32 - 27 4th Phase
Creative Work	Siddha Yoga	<b>Yama</b> 7:49AM – 9:02AM	<b>Parigra* Until 1:24PM</b> Gara Until 7:02PM	<b>Moon – White</b>		<b>Devaloka Day</b>
Until 2:27PM		<b>Rahu</b> 11:29AM – 12:42PM	<b>Trayodashi Until 8:53AM</b>	<b>Margasira-Karttikai</b>		
Then Creative Work - Amrita Yoga		<b>Kritika Deepam</b>				

<b>○ Thursday, December 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Guru Vesara Yukatayam Adana, Turkey Kritika/Rohini Nakshatra Shiva/Siddha Yoga Visi*/Bava Karana Purnimayam Titau Sun 28 Sutra 234				
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:03AM – 10:16AM	<b>Kritika Until 11:16AM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 4:29PM	<b>Vasarasu 5:17</b> Moon 11 - Phase 32 - Purnima
Wishabha Rasi: 6.33	Tithi 15	<b>Yama</b> 6:36AM – 7:49AM	<b>Shiva Until 9:04AM</b> Visi Until 3:13PM	<b>Moon – White</b>		<b>Devaloka Day</b>
Routine Work	Marana Yoga	<b>Rahu</b> 12:43PM – 1:56PM	<b>Purnima* Until 1:16AM Fri</b>	<b>Margasira-Karttikai</b>		

<b>Friday, December 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Sukra Vesara Yukatayam Adana, Turkey Rohini/Mrgashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathmayam Titau Sun 29 Sutra 235				
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:50AM – 9:03AM	<b>Rohini Until 8:19AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple	<b>Sunrise:</b> 6:27AM <b>Sunset:</b> 4:29PM	<b>Vasarasu 5:17</b> Moon 11 - Phase 32 - Prathama
Wishabha Rasi: 21.51	Tithi 16	<b>Yama</b> 1:56PM – 3:09PM	<b>Sadya Until 12:22AM Sat</b> Balava Until 11:23AM	<b>Moon – Yellow</b>		<b>Sivaloka Day</b>
Routine Work	Marana Yoga	<b>Rahu</b> 10:17AM – 11:30AM	<b>Prathama* Until 9:31PM</b>	<b>Margasira-Karttikai</b>		
Until 8:19AM						
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Begins</b>				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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Saturday, December 6, 2025

Gold Retreat Star

Mithuna Rasi: 7:02 Tithi 17

Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mania Vasara Yuktiyam Adana, Turkey  
Adra Nakshatra Subha Yoga Talika/Gara Karana Dvitiyayam Tilau Subha 236

**Gulika** 6:38AM - 7:51AM  
**Yama** 12:43PM - 1:56PM  
**Rahu** 9:04AM - 10:17AM  
**Ardra Until 2:41AM Sun**  
Subha Until 8:21PM  
Talika Until 7:45AM  
**Dvitiya Until 6:03PM**

**Ganesh:** Yellow Sunrise: 6:38AM  
**Muruga:** Yellow Sunset: 4:29PM  
**Nataraja:** Purple  
Moon 12 - Phase 33 - 1st Phase  
**Sivaloka Day**

Sunday, December 7, 2025

1 Mithuna Rasi: 21:57 Tithi 18 - 19

Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bhamu Vasara Yuktiyam Adana, Turkey  
Punarvasu Nakshatra Sukla/Brahma Yoga Vasi/Bava Karana Tritiya/Chaturtham Tilau Sun 1 Subha 237

**Gulika** 1:56PM - 3:09PM  
**Yama** 11:31AM - 12:43PM  
**Rahu** 3:09PM - 4:22PM  
**Punarvasu Until 12:46AM Mon**  
Sukla Until 4:41PM  
Bava Until 1:45AM Mon  
**Tritiya Until 3:01PM**

**Ganesh:** Blue Sunrise: 6:39AM  
**Muruga:** Yellow Sunset: 4:29PM  
**Nataraja:** Purple  
Moon 12 - Phase 33 - 1st Phase  
**Devaloka Day**

Monday, December 8, 2025

2 Kataka Rasi: 6:27 Tithi 19 - 20

Family Home Evening  
Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktiyam Adana, Turkey  
Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chalurthi/Panchamiam Tilau Sun 2 Subha 238

**Gulika** 12:44PM - 1:57PM  
**Yama** 11:31AM - 12:43PM  
**Rahu** 7:52AM - 9:05AM  
**Pushya Until 11:24PM**  
Brahma Until 1:33PM  
Kaulava Until 11:43PM  
**Chalurthi\* Until 12:37PM**

**Ganesh:** Blue Sunrise: 6:40AM  
**Muruga:** Yellow Sunset: 4:29PM  
**Nataraja:** Purple  
Moon 12 - Phase 33 - 2 1st Phase  
**Devaloka Day**

Tuesday, December 9, 2025

3 Kataka Rasi: 20:28 Tithi 20 - 21

Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktiyam Adana, Turkey  
Ashlesha\* Nakshatra Indra/Vaidhiti\* Yoga Talika/Gara Karana Panchami/Shabdhyam Tilau Sun 3 Subha 239

**Gulika** 11:31AM - 12:44PM  
**Yama** 9:06AM - 10:19AM  
**Rahu** 1:57PM - 3:10PM  
**Ashlesha\* Until 10:42PM**  
Indra Until 11:03AM  
Gara Until 10:32PM  
**Panchami Until 11:00AM**

**Ganesh:** White Sunrise: 6:40AM  
**Muruga:** Yellow Sunset: 4:29PM  
**Nataraja:** Purple  
Moon 12 - Phase 33 - 3 1st Phase  
**Devaloka Day**

Wednesday, December 10, 2025

4 Simha Rasi: 3:58 Tithi 21 - 22

Creative Work Siddha Yoga

Until 11:10PM  
Then Creative Work - Amrita Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Budha Vasara Yuktiyam Adana, Turkey  
Magha\* Nakshatra Vaidhiti\*/Vishkambha\* Yoga Vanja/Vasi\* Karana Shashthi/Saptamiam Tilau Sun 4 Subha 240

**Gulika** 10:19AM - 11:32AM  
**Yama** 7:54AM - 9:07AM  
**Rahu** 11:32AM - 12:45PM  
**Magha\* Until 11:10PM**  
Vaidhiti\* Until 9:12AM  
Vasi Until 10:14PM  
**Shashthi\* Until 10:15AM**

**Ganesh:** Clear Sunrise: 6:41AM  
**Muruga:** Yellow Sunset: 4:29PM  
**Nataraja:** Purple  
Moon 12 - Phase 33 - 4 1st Phase  
**Sivaloka Day**

Thursday, December 11, 2025

Retreat Star

Simha Rasi: 16:59 Tithi 22 - 23

Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Guru Vasara Yuktiyam Adana, Turkey  
Purvaphalguni Nakshatra Viskambha\*/Prithi Yoga Bava/Balava Karana Sapthami/Ashtamiam Tilau Sun 5 Subha 241

**Gulika** 9:07AM - 10:20AM  
**Yama** 6:42AM - 7:55AM  
**Rahu** 12:45PM - 1:57PM  
**Purvaphalguni Until 12:22AM Fri**  
Vishkambha\* Until 8:05AM  
Balava Until 10:50PM  
**Sapthami Until 10:24AM**

**Ganesh:** Purple Sunrise: 6:42AM  
**Muruga:** Yellow Sunset: 4:29PM  
**Nataraja:** Purple  
Moon 12 - Phase 33 - 5 Ashtami  
**Subha Sivaloka Day**

Friday, December 12, 2025

Retreat Star

Simha Rasi: 29:35 Tithi 23 - 24

Creative Work Siddha Yoga

Until 2:08AM Sat

Then Routine Work - Marana Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Sulea Vasara Yuktiyam Adana, Turkey  
Uttaraphalguni Nakshatra Prithi/Ajyotham Yoga Kaulava\*/Talika Karana Ashtami/Navamiam Tilau Sun 6 Subha 242

**Gulika** 7:55AM - 9:08AM  
**Yama** 1:58PM - 3:10PM  
**Rahu** 10:20AM - 11:33AM  
**Uttaraphalguni Until 2:08AM Sat**  
Prithi Until 7:39AM  
Talika Until 12:13AM Sat  
**Ashtami\* Until 11:25AM**

**Ganesh:** Purple Sunrise: 6:43AM  
**Muruga:** Yellow Sunset: 4:29PM  
**Nataraja:** Purple  
Moon 12 - Phase 33 - 6 Navami  
**Subha Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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1 Saturday, December 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Manta Vesara Yuktayam Hasa Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Ekadasmyam Titau				Adana, Turkey Sun 7 Sutra 243
Kanya Rasi: 11:52	Tithi 24 – 25	<b>Gulika</b> 6:44AM – 7:56AM	<b>Hasa</b> Untill 4:49AM Sun	<b>Ganesh:</b> Clear	Sunrise: 6:44AM	Vesavasa:5127
		<b>Yama</b> 12:46PM – 1:58PM	<b>Ayushman</b> Untill 7:44AM	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Sutra 244
		<b>Rahu</b> 9:08AM – 10:21AM	<b>Vanija</b> Untill 2:14AM Sun	<b>Nataraja:</b> Purple		Moon 12 - Phase 34 - 8 2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> Untill 1:08PM	<b>Moon - Green</b>		<b>Sivaloka Day</b>
Then Creative Work	Siddha Yoga			<b>Margasira-Karttikai</b>		

2 Sunday, December 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bhanu Vesara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Visi*/Bava Karana Dashami/Ekadasmyam Titau				Adana, Turkey Sun 8 Sutra 244
Kanya Rasi: 23:55	Tithi 25 – 26	<b>Gulika</b> 1:58PM – 3:11PM	<b>Chitra</b> Untill 7:40AM Mon	<b>Ganesh:</b> Clear	Sunrise: 6:44AM	Vesavasa:5127
		<b>Yama</b> 11:34AM – 12:46PM	<b>Saubhagya</b> Untill 8:15AM	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Sutra 244
		<b>Rahu</b> 3:11PM – 4:23PM	<b>Bava</b> Untill 4:38AM Mon	<b>Nataraja:</b> Purple		Moon 12 - Phase 34 - 8 2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Untill 3:23PM	<b>Moon - Green</b>		<b>Sivaloka Day</b>
Then Routine Work	Marana Yoga			<b>Margasira-Karttikai</b>		
Then Creative Work	Amrita Yoga					

3 Monday, December 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vesara Yuktayam Sival/Sivali Nakshatra Abhiganda* Yoga Balava/Kaulina Karana Ekadashi/Dwadashmyam Titau				Adana, Turkey Sun 9 Sutra 245
Tula Rasi: 5:5	Tithi 26 – 27	<b>Gulika</b> 12:47PM – 1:59PM	<b>Chitra</b> Untill 7:40AM	<b>Ganesh:</b> Clear	Sunrise: 6:45AM	Vesavasa:5127
<b>Family Home Evening</b>		<b>Yama</b> 10:22AM – 11:34AM	<b>Sobhana</b> Untill 9:02AM	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Sutra 245
		<b>Rahu</b> 7:57AM – 9:10AM	<b>Kaulava</b> Untill 7:13AM Tue	<b>Nataraja:</b> Purple		Moon 12 - Phase 34 - 9 2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi*</b> Untill 5:43PM	<b>Moon - Green</b>		<b>Sivaloka Day</b>
Then Routine Work	Marana Yoga			<b>Margasira-Karttikai</b>		
Then Creative Work	Amrita Yoga					

4 Tuesday, December 16, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vesara Yuktayam Sival/Vishakha Nakshatra Abhiganda* Sukarna Yoga Kaulava/Tilla Karana Dvadashmyam Titau				Adana, Turkey Sun 10 Sutra 246
Kanya Rasi: 17:41	Tithi 27	<b>Gulika</b> 11:35AM – 12:47PM	<b>Sivali</b> Untill 10:31AM	<b>Ganesh:</b> Purple	Sunrise: 6:46AM	Vesavasa:5127
		<b>Yama</b> 9:10AM – 10:22AM	<b>Abhiganda*</b> Untill 9:54AM	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Sutra 246
		<b>Rahu</b> 1:59PM – 3:12PM	<b>Kaulava</b> Untill 7:13AM	<b>Nataraja:</b> Purple		Moon 12 - Phase 34 - 10 2nd Phase
Creative Work	Siddha Yoga		<b>Dwadashi*</b> Untill 8:30PM	<b>Moon - Green</b>		<b>Subha Sivaloka Day</b>
Then Routine Work	Marana Yoga	<b>Markali Pillayar</b>		<b>Margasira-Markali</b>		

5 Wednesday, December 17, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Budha Vesara Yuktayam Vishakha/Anuradha Nakshatra Sukarna/Dhriti Yoga Gara/Vanija Karana Trayodashmyam Titau				Adana, Turkey Sun 11 Sutra 247
Tula Rasi: 29:31	Tithi 28	<b>Gulika</b> 10:23AM – 11:35AM	<b>Vishakha</b> Untill 1:42PM	<b>Ganesh:</b> Clear	Sunrise: 6:46AM	Vesavasa:5127
		<b>Yama</b> 7:59AM – 9:11AM	<b>Sukarna</b> Untill 10:46AM	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Sutra 247
		<b>Rahu</b> 11:35AM – 12:47PM	<b>Gara</b> Untill 9:49AM	<b>Nataraja:</b> Purple		Moon 12 - Phase 34 - 11 2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Untill 11:04PM	<b>Moon - Orange</b>		<b>Sivaloka Day</b>
Then Routine Work	Marana Yoga			<b>Margasira-Markali</b>		
Then Creative Work	Amrita Yoga					

Pradosha Vata (Fasting)

6 Thursday, December 18, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Gura Vesara Yuktayam Anuradha/Jyeshtha Nakshatra Dhriti/Shula* Yoga Visi*/Sakuni* Karana Chaturdashmyam Titau				Adana, Turkey Sun 12 Sutra 248
Wischika Rasi: 11:24	Tithi 29	<b>Gulika</b> 9:11AM – 10:24AM	<b>Anuradha</b> Untill 4:35PM	<b>Ganesh:</b> Clear	Sunrise: 6:47AM	Vesavasa:5127
		<b>Yama</b> 6:47AM – 7:59AM	<b>Dhriti</b> Untill 11:35AM	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Sutra 248
		<b>Rahu</b> 12:48PM – 2:00PM	<b>Visi</b> Untill 12:19PM	<b>Nataraja:</b> Purple		Moon 12 - Phase 34 - 12 2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Untill 1:28AM Fri	<b>Moon - Orange</b>		<b>Sivaloka Day</b>
Then Routine Work	Prabalarishta Yoga			<b>Margasira-Markali</b>		

Friday, December 19, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vesara Yuktayam Jyeshtha Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Adana, Turkey Sun 13 Sutra 249
<b>Retreat Star</b>		<b>Gulika</b> 8:00AM – 9:12AM	<b>Jyeshtha*</b> Untill 7:08PM	<b>Ganesh:</b> Clear	Sunrise: 6:47AM	Vesavasa:5127
Wischika Rasi: 23:2	Tithi 30	<b>Yama</b> 2:01PM – 3:13PM	<b>Shula*</b> Untill 12:13PM	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Sutra 249
		<b>Rahu</b> 10:24AM – 11:36AM	<b>Catuspada</b> Untill 2:37PM	<b>Nataraja:</b> Purple		Moon 12 - Phase 34 - 13 Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Untill 3:41AM Sat	<b>Moon - Orange</b>		<b>Sivaloka Day</b>
Then Routine Work	Marana Yoga	<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira-Markali</b>		
Then Creative Work	Amrita Yoga					

Saturday, December 20, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksha Manta Vesara Yuktayam Mula* Nakshatra Ganda*/Viddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Adana, Turkey Sun 14 Sutra 250
<b>Retreat Star</b>		<b>Gulika</b> 6:48AM – 8:00AM	<b>Mula*</b> Untill 9:48PM	<b>Ganesh:</b> Light Blue	Sunrise: 6:48AM	Vesavasa:5127
Dhanus Rasi: 5:22	Tithi 1	<b>Yama</b> 12:49PM – 2:01PM	<b>Ganda*</b> Untill 12:43PM	<b>Muruga:</b> Yellow	Sunset: 4:29PM	Sutra 250
		<b>Rahu</b> 9:12AM – 10:25AM	<b>Kintughna</b> Untill 4:43PM	<b>Nataraja:</b> Purple		Moon 12 - Phase 34 - 14 Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Untill 5:38AM Sun	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>
Then Routine Work	Marana Yoga			<b>Pausha-Markali</b>		
Then Creative Work	Amrita Yoga					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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1 Sunday, December 21, 2025		Viswastu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yuktyam Purnashada* Nakshatra Viddhi/Dhruva Yoga Balava Karana Dvityayam Titau				Adana, Turkey
Dhanus Rasi: 17.29	Tithi 2	<b>Gulika</b> 2:02PM - 3:14PM	<b>Purvashada* Until 12:02AM Mon</b>	<b>Ganesh:</b> Light Blue	Sunrise: 6:49AM	Sutra 251
		Yama 11:37AM - 12:49PM	Viddhi Until 1:02PM	Muruga: Yellow	Sunset: 4:26PM	Voosaxu 5:17
Creative Work Siddha Yoga		<b>Rahu</b> 3:14PM - 4:26PM	Balava Until 6:32PM	Nataraja: Purple		Moon 12 - Phase 35 - 17
Until 12:02AM Mon		<b>Day 1 of Pancha Ganapati</b>	<b>Dvitiya Until 7:19AM Mon</b>	Moan - Light Blue		3rd Phase
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>		<b>Devaloka Day</b>

2 Monday, December 22, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yuktyam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Dvitya/Chaturthayam Titau				Adana, Turkey
Dhanus Rasi: 29.42	Tithi 2 - 3	<b>Gulika</b> 12:50PM - 2:02PM	<b>Uttarashada Until 1:50AM Tue</b>	<b>Ganesh:</b> Light Blue	Sunrise: 6:49AM	Sutra 252
<b>Family Home Evening</b>		Yama 10:26AM - 11:38AM	Dhruva Until 1:07PM	Muruga: Yellow	Sunset: 4:26PM	Voosaxu 5:17
Routine Work Marana Yoga		<b>Rahu</b> 8:01AM - 9:13AM	Taila Until 8:04PM	Nataraja: Purple		Moon 12 - Phase 35 - 12
Until 1:50AM Tue		<b>Day 2 of Pancha Ganapati</b>	<b>Dvitiya Until 7:19AM</b>	Moan - Light Blue		3rd Phase
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>		<b>Devaloka Day</b>

3 Tuesday, December 23, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yuktyam Shravana Nakshatra Vyaghata* Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Adana, Turkey
Makara Rasi: 12.04	Tithi 3 - 4	<b>Gulika</b> 11:38AM - 12:50PM	<b>Shravana Until 3:37AM Wed</b>	<b>Ganesh:</b> Purple	Sunrise: 6:50AM	Sutra 253
		Yama 9:14AM - 10:26AM	Vyaghata* Until 12:58PM	Muruga: Yellow	Sunset: 4:27PM	Voosaxu 5:17
Creative Work Siddha Yoga		<b>Rahu</b> 2:03PM - 3:15PM	Vanija Until 9:16PM	Nataraja: Purple		Moon 12 - Phase 35 - 17
Until 3:37AM Wed		<b>Day 3 of Pancha Ganapati</b>	<b>Tritiya Until 8:42AM</b>	Moan - Purple		3rd Phase
Then Routine Work - Prabarishtha Yoga				<b>Pausha-Markali</b>		<b>Devaloka Day</b>

4 Wednesday, December 24, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yuktyam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti* Bava Karana Chaturthi/Panchamayam Titau				Adana, Turkey
Makara Rasi: 24.35	Tithi 4 - 5	<b>Gulika</b> 10:27AM - 11:39AM	<b>Dhanishtha Until 4:49AM Thu</b>	<b>Ganesh:</b> Purple	Sunrise: 6:50AM	Sutra 254
		Yama 8:02AM - 9:14AM	Harshana Until 12:32PM	Muruga: Yellow	Sunset: 4:27PM	Voosaxu 5:17
Routine Work Prabarishtha Yoga		<b>Rahu</b> 11:39AM - 12:51PM	Bava Until 10:03PM	Nataraja: Purple		Moon 12 - Phase 35 - 18
Until 4:49AM Thu		<b>Day 4 of Pancha Ganapati</b>	<b>Chaturthi* Until 9:42AM</b>	Moan - Purple		3rd Phase
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>		<b>Devaloka Day</b>

5 Thursday, December 25, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yuktyam Shalabhishak Nakshatra Vajra* Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Adana, Turkey
Kumbha Rasi: 7.17	Tithi 5 - 6	<b>Gulika</b> 9:15AM - 10:27AM	<b>Shalabhishak Until 5:23AM Fri</b>	<b>Ganesh:</b> Purple	Sunrise: 6:50AM	Sutra 255
		Yama 6:50AM - 8:03AM	Vajra* Until 11:44AM	Muruga: Yellow	Sunset: 4:28PM	Voosaxu 5:17
Creative Work Siddha Yoga		<b>Rahu</b> 12:51PM - 2:04PM	Kaulava Until 10:21PM	Nataraja: Purple		Moon 12 - Phase 35 - 19
Until 5:14AM Sun		<b>Day 5 of Pancha Ganapati</b>	<b>Panchami Until 10:15AM</b>	Moan - Purple		3rd Phase
Then Routine Work - Vinayaga Viratam Ends				<b>Pausha-Markali</b>		<b>Devaloka Day</b>

6 Friday, December 26, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Satra Vasara Yuktyam Purvashrothapada* Nakshatra Siddhi/Vyaptipala* Yoga Talila/Gara Karana Shasthi/Saptamayam Titau				Adana, Turkey
Kumbha Rasi: 20.14	Tithi 6 - 7	<b>Gulika</b> 8:03AM - 9:15AM	<b>Purvashrothapada* Until 5:41AM Sat</b>	<b>Ganesh:</b> Green	Sunrise: 6:51AM	Sutra 256
		Yama 2:04PM - 3:16PM	Siddhi Until 10:32AM	Muruga: Yellow	Sunset: 4:29PM	Voosaxu 5:20
Creative Work Siddha Yoga		<b>Rahu</b> 10:28AM - 11:40AM	Gara Until 10:05PM	Nataraja: Clear		Moon 12 - Phase 35 - 20
Until 5:14AM Sun			<b>Shashthi* Until 10:17AM</b>	Moan - Clear		3rd Phase
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3PM to 6PM

Retreat Star		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Manta Vasara Yuktyam Uttarashrothapada Nakshatra Vyaptipala* Nanyan* Yoga Vanija/Visti* Karana Sapthami/Ashamayam Titau				Adana, Turkey
Meena Rasi: 3.3	Tithi 7 - 8	<b>Gulika</b> 6:51AM - 8:03AM	<b>Uttarashrothapada Until 5:14AM Sun</b>	<b>Ganesh:</b> Green	Sunrise: 6:51AM	Sutra 257
		Yama 12:52PM - 2:05PM	Vyaptipala* Until 8:53AM	Muruga: Yellow	Sunset: 4:29PM	Voosaxu 5:17
Creative Work Siddha Yoga		<b>Rahu</b> 9:16AM - 10:28AM	Visti Until 9:13PM	Nataraja: Clear		Moon 12 - Phase 35 - 21
Until 5:14AM Sun			<b>Saptami Until 9:43AM</b>	Moan - Clear		Ashtami
Then Creative Work - Amrita Yoga				<b>Pausha-Markali</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3PM to 6PM

Retreat Star		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yuktyam Revati Nakshatra Varjyan/Parigaha* Yoga Bava/Balava Karana Ashtami/Navamayam Titau				Adana, Turkey
Meena Rasi: 17.05	Tithi 8 - 9	<b>Gulika</b> 2:05PM - 3:18PM	<b>Revati Until 4:01AM Mon</b>	<b>Ganesh:</b> Green	Sunrise: 6:50AM	Sutra 258
		Yama 11:41AM - 12:53PM	Varjyan Until 6:43AM	Muruga: Yellow	Sunset: 4:30PM	Voosaxu 5:17
Creative Work Amrita Yoga		<b>Rahu</b> 3:18PM - 4:30PM	Balava Until 7:42PM	Nataraja: Clear		Moon 12 - Phase 35 - 22
Until 4:01AM Mon			<b>Ashlami* Until 8:31AM</b>	Moan - Clear		Navami
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3PM to 6PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Monday, December 29, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Indu Vasara Yuktayam Adana, Turkey			
Ashvini Nakshatra Shiva Yoga Kaulava/Gara Karana Navam/Dashamyam Titau Sun 23		Sutra 259			
Mesha Rasi: 1.04	Tithi 9 – 10	<b>Gulika</b> 12:54PM – 2:06PM	<b>Ashvini Until 2:32AM Tue</b>	<b>Ganesho: Red</b> Sunrise: 6:53AM	Vasavasu 5127
Family Home Evening	822338576	<b>Yama</b> 10:29AM – 11:41AM	<b>Shiva Until 12:59AM Tue</b>	<b>Muruga: Yellow</b> Sunset: 4:31PM	Moon 12 - Phase 36 - 23
Creative Work	Siddha Yoga	<b>Rahu</b> 8:04AM – 9:17AM	<b>Gara Until 4:20AM Tue</b>	<b>Nataraja: Clear</b>	4th Phase
			<b>Navam* Until 6:42AM</b>	<b>Moon - White</b>	<b>Devaloka Day</b>
				<b>Pausha-Markali</b>	

<b>2 Tuesday, December 30, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Mangala Vasara Yuktayam Adana, Turkey			
Bharani Nakshatra Siddha Yoga Vanija/Vesli* Karana Ekadashyam Titau Sun 24		Sutra 260			
Mesha Rasi: 15.25	Tithi 11	<b>Gulika</b> 11:42AM – 12:54PM	<b>Bharani Until 12:25AM Wed</b>	<b>Ganesho: Red</b> Sunrise: 6:53AM	Vasavasu 5127
	822338576	<b>Yama</b> 9:17AM – 10:29AM	<b>Siddha Until 9:28PM</b>	<b>Muruga: Yellow</b> Sunset: 4:31PM	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga	<b>Rahu</b> 2:07PM – 3:19PM	<b>Vanija Until 2:58PM</b>	<b>Nataraja: Clear</b>	4th Phase
Until 12:25AM Wed		<b>Valkuntha Ekadasi</b>	<b>Ekadashi Until 1:28AM Wed</b>	<b>Moon - White</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Pausha-Markali</b>	

<b>3 Wednesday, December 31, 2025</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Budha Vasara Yuktayam Adana, Turkey			
Kritika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau Sun 25		Sutra 261			
Wishabha Rasi: 0.05	Tithi 12	<b>Gulika</b> 10:30AM – 11:42AM	<b>Kritika Until 9:49PM</b>	<b>Ganesho: Red</b> Sunrise: 6:53AM	Vasavasu 5127
	822338576	<b>Yama</b> 8:05AM – 9:17AM	<b>Sadhya Until 5:40PM</b>	<b>Muruga: Yellow</b> Sunset: 4:31PM	Moon 12 - Phase 36 - 25
Creative Work	Amrita Yoga	<b>Rahu</b> 11:42AM – 12:55PM	<b>Bava Until 11:55AM</b>	<b>Nataraja: Clear</b>	4th Phase
Until 9:49PM			<b>Dvadashi Until 10:16PM</b>	<b>Moon - White</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>	

<b>4 Thursday, January 1, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Guru Vasara Yuktayam Adana, Turkey			
Rohini Nakshatra Subha/Sukla Yoga Kaulava/Taila Karana Trayodashyam Titau Sun 26		Sutra 262			
Wishabha Rasi: 15.01	Tithi 13	<b>Gulika</b> 9:18AM – 10:30AM	<b>Rohini Until 7:17PM</b>	<b>Ganesho: Blue</b> Sunrise: 6:53AM	Vasavasu 5127
	832348576	<b>Yama</b> 6:53AM – 8:05AM	<b>Subha Until 1:41PM</b>	<b>Muruga: White</b> Sunset: 4:31PM	Moon 12 - Phase 36 - 26
Routine Work	Marana Yoga	<b>Rahu</b> 12:55PM – 2:08PM	<b>Kaulava Until 8:36AM</b>	<b>Nataraja: Clear</b>	4th Phase
			<b>Trayodashi Until 6:52PM</b>	<b>Moon - Yellow</b>	<b>Devaloka Day</b>
				<b>Pausha-Markali</b>	
<i>Pradosha Vata</i>					

<b>5 Friday, January 2, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Sukra Vasara Yuktayam Adana, Turkey			
Meghisra/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Vesli* Karana Chaturdashi/Purnimayam Titau Sun 27		Sutra 263			
Mithuna Rasi: 0.02	Tithi 14 – 15	<b>Gulika</b> 8:05AM – 9:18AM	<b>Mrigashira Until 4:34PM</b>	<b>Ganesho: Blue</b> Sunrise: 6:53AM	Vasavasu 5127
	833348576	<b>Yama</b> 2:08PM – 3:21PM	<b>Sukla Until 9:36AM</b>	<b>Muruga: White</b> Sunset: 4:31PM	Moon 12 - Phase 36 - 27
Creative Work	Siddha Yoga	<b>Rahu</b> 10:31AM – 11:43AM	<b>Vesli Until 1:44AM Sat</b>	<b>Nataraja: Clear</b>	4th Phase
			<b>Chaturdashi* Until 3:25PM</b>	<b>Moon - Yellow</b>	<b>Devaloka Day</b>
				<b>Pausha-Markali</b>	

<b>○ Saturday, January 3, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Marita Vasara Yuktayam Adana, Turkey			
<b>Copper Retreat Star</b>		Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28			
Mithuna Rasi: 15.02	Tithi 15 – 16	<b>Gulika</b> 6:53AM – 8:06AM	<b>Ardra Until 1:51PM</b>	<b>Ganesho: Blue</b> Sunrise: 6:53AM	Vasavasu 5127
	833348576	<b>Yama</b> 12:56PM – 2:09PM	<b>Indra Until 1:47AM Sun</b>	<b>Muruga: White</b> Sunset: 4:31PM	Moon 12 - Phase 36 - Purnima
Creative Work	Siddha Yoga	<b>Rahu</b> 9:18AM – 10:31AM	<b>Balava Until 10:32PM</b>	<b>Nataraja: Clear</b>	
			<b>Purnima* Until 12:05PM</b>	<b>Moon - Yellow</b>	<b>Devaloka Day</b>
				<b>Pausha-Markali</b>	
<b>Ardra Darshanam</b>					

<b>Sunday, January 4, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhava Vasara Yuktayam Adana, Turkey			
<b>Silver Retreat Star</b>		Punarvasu/Pushya Nakshatra Vashti* Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau Sun 29			
Mithuna Rasi: 29.5	Tithi 16 – 17	<b>Gulika</b> 2:10PM – 3:22PM	<b>Punarvasu Until 11:43AM</b>	<b>Ganesho: Red</b> Sunrise: 6:53AM	Vasavasu 5127
	843348576	<b>Yama</b> 11:44AM – 12:57PM	<b>Vashti* Until 10:18PM</b>	<b>Muruga: White</b> Sunset: 4:31PM	Moon 12 - Phase 36 - Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 3:22PM – 4:35PM	<b>Taila Until 7:43PM</b>	<b>Nataraja: Clear</b>	
			<b>Prathama* Until 9:03AM</b>	<b>Moon - Blue</b>	<b>Sivaloka Day</b>
				<b>Pausha-Markali</b>	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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**Monday, January 5, 2026****Gold Retreat Star**

Kataka Rasi: 14.19 Tithi 17 - 18  
 Family Home Evening  
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Pushya/Ashlesha Nakshatra  
 Uparayane Moksha Ritau Dhanus Mese Krishna Paksha Indu Vasara Yuktayam  
 Pushya/Ashlesha Nakshatra Vishkambha Yuga Gara/Visli Karana Dvitiya/Tritiyam Tilau  
**Gulika 12:57PM - 2:10PM**  
 Yama 10:32AM - 11:45AM  
**Rahu 8:06AM - 9:19AM**  
 Subramuniyaswami Jayanti

**Pushya Until 9:55AM**  
 Vishkambha Until 7:16PM  
 Visli Until 4:33AM Tue  
**Dvitiya Until 6:29AM**

**Ganesha: Red**  
**Muruga: White**  
**Nataraja: Clear**  
 Moon - Blue  
 Pausha-Markali

Adana, Turkey  
 Sun 1 Sutra 266  
 Vasoosau 5127  
 Sutra 267  
 Moon 1 - Phase 37 - 1  
 1st Phase

**Sivaloka Day****1****Tuesday, January 6, 2026**

Kataka Rasi: 28.23 Tithi 19  
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Purvaphalguni/Uttaraphalguni Nakshatra  
 Uparayane Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam  
 Ashlesha/Magha Nakshatra Priti/Ayushman Yuga Bava/Balava Karana Chalurthyam Tilau  
**Gulika 11:45AM - 12:58PM**  
 Yama 9:19AM - 10:32AM  
**Rahu 2:11PM - 3:24PM**

**Ashlesha Until 8:38AM**  
 Priti Until 4:50PM  
 Bava Until 3:52PM  
**Chalurthi Until 3:22AM Wed**

**Ganesha: Yellow**  
**Muruga: White**  
**Nataraja: Clear**  
 Moon - Blue  
 Pausha-Markali

Adana, Turkey  
 Sun 2 Sutra 266  
 Vasoosau 5127  
 Sutra 5122  
 Moon 1 - Phase 37 - 2  
 1st Phase

**Sivaloka Day****2****Wednesday, January 7, 2026**

Simha Rasi: 11.59 Tithi 20  
 Creative Work Siddha Yoga  
 Until 8:24AM  
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara: Magha/Purvaphalguni Nakshatra  
 Uparayane Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktayam  
 Magha/Purvaphalguni Nakshatra Ayushman/Saubhagya Yuga Kaulava/Taila Karana Panchamyam Tilau  
**Gulika 10:32AM - 11:45AM**  
 Yama 8:06AM - 9:19AM  
**Rahu 11:45AM - 12:59PM**

**Magha Until 8:24AM**  
 Ayushman Until 3:01PM  
 Kaulava Until 3:07PM  
**Panchami Until 3:03AM Thu**

**Ganesha: White**  
**Muruga: White**  
**Nataraja: Clear**  
 Moon - Red  
 Pausha-Markali

Adana, Turkey  
 Sun 3 Sutra 266  
 Vasoosau 5127  
 Sutra 269  
 Moon 1 - Phase 37 - 3  
 1st Phase

**Devaloka Day****3****Thursday, January 8, 2026**

Simha Rasi: 25.07 Tithi 21  
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Purvaphalguni/Uttaraphalguni Nakshatra  
 Uparayane Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yuga Gara/Vanaja Karana Shashthyam Tilau  
**Gulika 9:19AM - 10:33AM**  
 Yama 6:53AM - 8:06AM  
**Rahu 12:59PM - 2:12PM**

**Purvaphalguni Until 8:52AM**  
 Saubhagya Until 1:53PM  
 Gara Until 3:14PM  
**Shashthi Until 3:35AM Fri**

**Ganesha: White**  
**Muruga: White**  
**Nataraja: Clear**  
 Moon - Red  
 Pausha-Markali

Adana, Turkey  
 Sun 4 Sutra 269  
 Vasoosau 5127  
 Sutra 270  
 Moon 1 - Phase 37 - 4  
 1st Phase

**Devaloka Day****4****Friday, January 9, 2026**

Kanya Rasi: 7.49 Tithi 22  
 Creative Work Siddha Yoga  
 Until 10:00AM  
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara: Uttaraaphalguni/Hasta Nakshatra  
 Uparayane Moksha Ritau Dhanus Mese Krishna Paksha Sobhana/Ahiganda Yuga Visli/Bava Karana Saptamyam Tilau  
**Gulika 8:06AM - 9:20AM**  
 Yama 2:13PM - 3:26PM  
**Rahu 10:33AM - 11:46AM**

**Uttaraaphalguni Until 10:00AM**  
 Sobhana Until 1:24PM  
 Visli Until 4:11PM  
**Saptami Until 4:56AM Sat**

**Ganesha: White**  
**Muruga: White**  
**Nataraja: Clear**  
 Moon - Red  
 Pausha-Markali

Adana, Turkey  
 Sun 5 Sutra 270  
 Vasoosau 5127  
 Sutra 271  
 Moon 1 - Phase 37 - 5  
 1st Phase

**Devaloka Day****5****Saturday, January 10, 2026****Retreat Star**

Kanya Rasi: 20.11 Tithi 23  
 Routine Work Marana Yoga

Viswasa Nama Samvatsara: Chitra/Svati Nakshatra  
 Uparayane Moksha Ritau Dhanus Mese Krishna Paksha Marita Vasara Yuktayam  
 Hasta/Chitra Nakshatra Ahiganda/Sukama/Dhriti Yuga Kaulava/Taila Karana Ashtamyam Tilau  
**Gulika 6:53AM - 8:06AM**  
 Yama 1:00PM - 2:14PM  
**Rahu 9:20AM - 10:33AM**

**Hasta Until 12:10PM**  
 Ahiganda Until 1:28PM  
 Balava Until 5:52PM  
**Ashtami Until 6:54AM Sun**

**Ganesha: Clear**  
**Muruga: White**  
**Nataraja: Clear**  
 Moon - Green  
 Pausha-Markali

Adana, Turkey  
 Sun 6 Sutra 271  
 Vasoosau 5127  
 Sutra 272  
 Moon 1 - Phase 37 - 6  
 Ashtami

**Sivaloka Day****Sunday, January 11, 2026****Retreat Star**

Tula Rasi: 2.17 Tithi 23 - 24  
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Chitra/Svati Nakshatra  
 Uparayane Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam  
 Chitra/Svati Nakshatra Sukama/Dhriti Yuga Kaulava/Taila Karana Ashtami/Navamyam Tilau  
**Gulika 2:14PM - 3:28PM**  
 Yama 11:47AM - 1:01PM  
**Rahu 3:28PM - 4:42PM**

**Chitra Until 2:44PM**  
 Sukarma Until 1:57PM  
 Taila Until 8:04PM  
**Ashtami Until 6:54AM**

**Ganesha: Clear**  
**Muruga: White**  
**Nataraja: Clear**  
 Moon - Green  
 Pausha-Markali

Adana, Turkey  
 Sun 7 Sutra 272  
 Vasoosau 5127  
 Sutra 273  
 Moon 1 - Phase 37 - 7  
 Navami

**Sivaloka Day**

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
 Mrigendra Agama Inana Pada

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Monday, January 12, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Kṛishna Pakṣhe Indu Vasara Yukṭayam Adana, Turkey			
Svali/Vishkha Nakshatra Dhrūti/Shula* Yoga Gara/Vanija Karana Dashami/Dashamyam Tīlau Sun 8 Sutra 273					
Tula Rasi: 14.14	Tithi 24 – 25	<b>Gulika</b> 1:01PM – 2:15PM	<b>Svali Until 5:27PM</b>	<b>Ganesha:</b> Clear	Sunrise: 6:53AM
<b>Family Home Evening</b>	863448576	<b>Yama</b> 10:34AM – 11:48AM	<b>Dhriti Until 2:44PM</b>	<b>Muruga:</b> White	Sunset: 4:49PM
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 8:06AM – 9:20AM	<b>Vanija Until 10:34PM</b>	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 11 2nd Phase
Until 5:27PM			<b>Navami* Until 9:17AM</b>	<b>Pausha-Markali</b>	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					

<b>2 Tuesday, January 13, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Kṛishna Pakṣhe Mangala Vasara Yukṭayam Adana, Turkey			
Svali/Vishkha Nakshatra Shula*/Ganda* Yoga Visi*/Bava Karana Dashami/Ekadashyam Tīlau Sun 9 Sutra 274					
Tula Rasi: 26.06	Tithi 25 – 26	<b>Gulika</b> 11:48AM – 1:02PM	<b>Vishakha Until 8:37PM</b>	<b>Ganesha:</b> Purple	Sunrise: 6:52AM
<b>Family Home Evening</b>	873448576	<b>Yama</b> 9:20AM – 10:34AM	<b>Shula* Until 3:34PM</b>	<b>Muruga:</b> White	Sunset: 4:49PM
<b>Creative Work</b> Marana Yoga		<b>Rahu</b> 2:16PM – 3:30PM	<b>Bava Until 1:09AM Wed</b>	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 11 2nd Phase
Until 8:37PM			<b>Dashami Until 11:51AM</b>	<b>Pausha-Markali</b>	<b>Devaloka Day</b>
Then Routine Work - Siddha Yoga					

<b>3 Wednesday, January 14, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Budha Vasara Yukṭayam Adana, Turkey			
Svali/Vishkha Nakshatra Ganda*/Vidhi Yoga Balava/Kaulava Karana Ekadashi/Trayodashyam Tīlau Sun 10 Sutra 275					
Wisikha Rasi: 7.58	Tithi 26 – 27	<b>Gulika</b> 10:34AM – 11:48AM	<b>Anuradha Until 11:32PM</b>	<b>Ganesha:</b> Purple	Sunrise: 6:52AM
<b>Family Home Evening</b>	873448576	<b>Yama</b> 9:20AM – 10:34AM	<b>Ganda* Until 4:24PM</b>	<b>Muruga:</b> White	Sunset: 4:49PM
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 11:48AM – 1:02PM	<b>Kaulava Until 3:38AM Thu</b>	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 11 2nd Phase
Until 2:05AM Fri			<b>Ekadashi* Until 2:33PM</b>	<b>Pausha-Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Thai Pongal</b>			

<b>4 Thursday, January 15, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Guru Vasara Yukṭayam Adana, Turkey			
Svali/Vishkha Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tīlau Sun 11 Sutra 276					
Wisikha Rasi: 19.52	Tithi 27 – 28	<b>Gulika</b> 9:20AM – 10:35AM	<b>Jyeshtha* Until 2:05AM Fri</b>	<b>Ganesha:</b> Purple	Sunrise: 6:52AM
<b>Family Home Evening</b>	873448576	<b>Yama</b> 8:06AM – 9:20AM	<b>Vidhi Until 5:05PM</b>	<b>Muruga:</b> White	Sunset: 4:49PM
<b>Creative Work</b> Prabalashita Yoga		<b>Rahu</b> 1:03PM – 2:17PM	<b>Gara Until 5:51AM Fri</b>	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 11 2nd Phase
Until 2:05AM Fri			<b>Dvadashi* Until 4:45PM</b>	<b>Pausha-Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			<b>Pradosha Vata (Fasting)</b>		

<b>5 Friday, January 16, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Sukra Vasara Yukṭayam Adana, Turkey			
Svali/Vishkha Nakshatra Dhruva/Vyaghata* Yoga Vanija Karana Trayodashyam Tīlau Sun 12 Sutra 277					
Dhanus Rasi: 1.52	Tithi 28	<b>Gulika</b> 8:06AM – 9:20AM	<b>Mula* Until 4:39AM Sat</b>	<b>Ganesha:</b> Purple	Sunrise: 6:52AM
<b>Family Home Evening</b>	884448576	<b>Yama</b> 2:18PM – 3:32PM	<b>Dhruva Until 5:32PM</b>	<b>Muruga:</b> White	Sunset: 4:49PM
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 10:35AM – 11:49AM	<b>Vanija Until 6:50PM</b>	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 11 2nd Phase
Until 4:39AM Sat			<b>Trayodashi* Until 6:50PM</b>	<b>Moon - Light Blue</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Pausha-Thai</b>	

<b>6 Saturday, January 17, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Mani Vasara Yukṭayam Adana, Turkey			
Purvashadha*/Nakshatra Vyaghata*/Harshana Yoga Visi*/Sakuni* Karana Chaturdashyam Tīlau Sun 13 Sutra 278					
Dhanus Rasi: 14.01	Tithi 29	<b>Gulika</b> 6:51AM – 8:06AM	<b>Purvashadha* Until 6:41AM Sun</b>	<b>Ganesha:</b> Purple	Sunrise: 6:51AM
<b>Family Home Evening</b>	884448576	<b>Yama</b> 1:04PM – 2:18PM	<b>Vyaghata* Until 5:44PM</b>	<b>Muruga:</b> White	Sunset: 4:49PM
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 9:20AM – 10:35AM	<b>Visi Until 7:45AM</b>	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 11 2nd Phase
Until 6:41AM Sun			<b>Chaturdashi* Until 8:32PM</b>	<b>Moon - Light Blue</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Pausha-Thai</b>	

<b>7 Sunday, January 18, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Bhana Vasara Yukṭayam Adana, Turkey			
<b>Retreat Star</b>					
Dhanus Rasi: 26.18	Tithi 30	<b>Gulika</b> 2:19PM – 3:34PM	<b>Purvashadha* Until 6:41AM</b>	<b>Ganesha:</b> Purple	Sunrise: 6:51AM
<b>Family Home Evening</b>	884448576	<b>Yama</b> 11:50AM – 1:04PM	<b>Harshana Until 5:38PM</b>	<b>Muruga:</b> White	Sunset: 4:49PM
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 3:34PM – 4:49PM	<b>Caluspada Until 9:16AM</b>	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 14 Amavasya
Until 6:41AM			<b>Amavasya* Until 9:50PM</b>	<b>Moon - Light Blue</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Pausha-Thai</b>	

<b>8 Monday, January 19, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Sukla Pakṣhe Indu Vasara Yukṭayam Adana, Turkey			
<b>Retreat Star</b>					
Makara Rasi: 8.46	Tithi 1	<b>Gulika</b> 1:05PM – 2:20PM	<b>Uttarashadha Until 8:10AM</b>	<b>Ganesha:</b> Purple	Sunrise: 6:51AM
<b>Family Home Evening</b>	884448576	<b>Yama</b> 10:35AM – 11:50AM	<b>Vajra* Until 5:12PM</b>	<b>Muruga:</b> White	Sunset: 4:50PM
<b>Creative Work</b> Marana Yoga		<b>Rahu</b> 8:05AM – 9:20AM	<b>Kintughna Until 10:21AM</b>	<b>Nataraja:</b> Clear	Moon 1 - Phase 38 - 15 Prathama
Until 8:10AM			<b>Prathama* Until 10:44PM</b>	<b>Moon - Light Blue</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Magha-Thai</b>	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1</b>		<b>Wednesday, January 28, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suko Pakshe Budha Vesara Yukhtayam Adana, Turkey	
Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau Sun 24		Sutra 289		Vishvasu 5:127	
Wishabha Rasi: 10:01	Tithi 10 – 11	<b>Gulika</b> 10:36AM – 11:52AM	<b>Rohini Until 4:03AM Thu</b>	<b>Ganesh:</b> Yellow	Sunrise: 6:46AM
		Yama 8:02AM – 9:19AM	Brahma Until 8:25PM	<b>Muruga:</b> White	Sunset: 4:59PM
		<b>Rahu</b> 11:52AM – 1:09PM	Vanija Until 11:51PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 40 - 25
Creative Work	Siddha Yoga		Dashami Until 1:09PM	Moon - Yellow	4th Phase
Until 4:03AM Thu				Magha-Thai	
Then Routine Work - Marana Yoga					<b>Sivaloka Day</b>

<b>2</b>		<b>Thursday, January 29, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suko Pakshe Guru Vesara Yukhtayam Adana, Turkey	
Mrigashira Nakshatra Indra/Vaidhri* Yoga Visi*/Bava Karana Ekadashi/Dwadashyam Titau Sun 25		Sutra 290		Vishvasu 5:127	
Wishabha Rasi: 24:3	Tithi 11 – 12	<b>Gulika</b> 9:19AM – 10:36AM	<b>Mrigashira Until 2:01AM Fri</b>	<b>Ganesh:</b> Red	Sunrise: 6:45AM
		Yama 6:45AM – 8:02AM	Indra Until 4:59PM	<b>Muruga:</b> White	Sunset: 5:02PM
		<b>Rahu</b> 1:10PM – 2:26PM	Bava Until 9:07PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 40 - 25
Routine Work	Marana Yoga		Ekadashi Until 10:29AM	Moon - Yellow	4th Phase
Until 2:01AM Fri				Magha-Thai	
Then Creative Work - Siddha Yoga					<b>Sivaloka Day</b>

<b>3</b>		<b>Friday, January 30, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suko Pakshe Sukra Vesara Yukhtayam Adana, Turkey	
Ardra Nakshatra Vaidhri*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26		Sutra 291		Vishvasu 5:127	
Mithuna Rasi: 9:04	Tithi 12 – 13	<b>Gulika</b> 8:01AM – 9:18AM	<b>Ardra Until 11:50PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:44AM
		Yama 2:27PM – 3:44PM	Vaidhri* Until 1:29PM	<b>Muruga:</b> White	Sunset: 5:01PM
		<b>Rahu</b> 10:36AM – 11:53AM	Kaulava Until 6:21PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 40 - 25
Creative Work	Siddha Yoga		Dvadashi Until 7:42AM	Moon - Yellow	4th Phase
				Magha-Thai	
					<b>Sivaloka Day</b>

Pradosha Vata

<b>4</b>		<b>Saturday, January 31, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suko Pakshe Manita Vesara Yukhtayam Adana, Turkey	
Punarvasu Nakshatra Vishkambha* Pihli Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27		Sutra 292		Vishvasu 5:127	
Mithuna Rasi: 23:38	Tithi 14	<b>Gulika</b> 6:43AM – 8:01AM	<b>Punarvasu Until 10:04PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:43AM
		Yama 1:10PM – 2:28PM	Vishkambha* Until 10:03AM	<b>Muruga:</b> White	Sunset: 5:02PM
		<b>Rahu</b> 9:18AM – 10:36AM	Gara Until 3:40PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 40 - 27
Creative Work	Siddha Yoga		Chaturdashi* Until 2:24AM Sun	Moon - Blue	4th Phase
				Magha-Thai	
					<b>Devaloka Day</b>

<b>○</b>		<b>Sunday, February 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suko Pakshe Shanu Vesara Yukhtayam Adana, Turkey	
Copper Retreat Star		Pushya Nakshatra Pihli/Ayushman Yoga Visi*/Bava Karana Purnimayam Titau Sun 28		Sutra 293	
Kataka Rasi: 8:04	Tithi 15	<b>Gulika</b> 2:28PM – 3:45PM	<b>Pushya Until 8:27PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:43AM
		Yama 11:53AM – 1:10PM	Pihli Until 6:48AM	<b>Muruga:</b> White	Sunset: 5:02PM
		<b>Rahu</b> 3:45PM – 5:02PM	Visi Until 1:15PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 40 - Purnima
Creative Work	Siddha Yoga		Visi Until 1:15PM	Moon - Blue	
		Thai Pusam	Purnima* Until 12:09AM Mon	Magha-Thai	<b>Devaloka Day</b>

<b>Monday, February 2, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kitzhna Pakshe Indu Vesara Yukhtayam Adana, Turkey			
Silver Retreat Star		Ashlesha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prahmayam Titau Sun 29		Sutra 294	
Kataka Rasi: 22:16	Tithi 16	<b>Gulika</b> 1:11PM – 2:28PM	<b>Ashlesha* Until 7:07PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:43AM
		Yama 10:35AM – 11:53AM	Saubhagya Until 1:12AM Tue	<b>Muruga:</b> White	Sunset: 5:02PM
		<b>Rahu</b> 8:00AM – 9:18AM	Balava Until 11:12AM	<b>Nataraja:</b> Clear	Moon 1 - Phase 40 - Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:21PM	Moon - Blue	
Until 7:07PM				Magha-Thai	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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Tuesday, February 3, 2026

Gold Retreat Star

Simha Rasi: 6.1 Tithi 17  
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam Adana, Turkey  
Magha\* Nakshatra Sobhana Yoga Taillia/Gara Karana Dvityayam Titau Sun 1 Sutra 295  
Gulika 11:53AM - 1:11PM Magha\* Until 6:37PM Ganesha: Red Sunrise: 6:40AM Vasvasu 5:17  
Yama 9:17AM - 10:35AM Sobhana Until 11:06PM Muruga: White Sunset: 5:09PM Moon 2 - Phase 41 - 1  
Rahu 2:29PM - 3:47PM Taillia Until 9:41AM Nataraja: Orange 1st Phase  
Dvitiya Until 9:09PM Moon - Red Sivaloka Day  
Magha-Thai

1 Wednesday, February 4, 2026

Simha Rasi: 19.41 Tithi 18  
Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Butha Vasara Yuktayam Adana, Turkey  
Purvaphalguni Nakshatra Athiganda\* Yoga Vanja/Visil\* Karana Trityayam Titau Sun 2 Sutra 296  
Gulika 10:35AM - 11:53AM Purvaphalguni Until 6:40PM Ganesha: Red Sunrise: 6:41AM Vasvasu 5:17  
Yama 7:59AM - 9:17AM Athiganda\* Until 9:31PM Muruga: White Sunset: 5:09PM Moon 2 - Phase 41 - 2  
Rahu 11:53AM - 1:11PM Vanja Until 8:49AM Nataraja: Orange 1st Phase  
Tritiya Until 8:38PM Moon - Red Sivaloka Day  
Magha-Thai

2 Thursday, February 5, 2026

Kanya Rasi: 2.49 Tithi 19  
Amrita Yoga  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Guru Vesara Yuktayam Adana, Turkey  
Uttaraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturtham Titau Sun 3 Sutra 297  
Gulika 9:17AM - 10:35AM Uttaraphalguni Until 7:16PM Ganesha: Red Sunrise: 6:40AM Vasvasu 5:17  
Yama 6:40AM - 7:58AM Sukarna Until 8:31PM Muruga: White Sunset: 5:09PM Moon 2 - Phase 41 - 3  
Rahu 1:12PM - 2:30PM Bava Until 8:41AM Nataraja: Orange 1st Phase  
Chaturthi\* Until 8:52PM Moon - Red Sivaloka Day  
Magha-Thai

3 Friday, February 6, 2026

Kanya Rasi: 15.34 Tithi 20  
Creative Work Amrita Yoga  
Until 8:54PM  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Sukra Vasara Yuktayam Adana, Turkey  
Hasta Nakshatra Dhriil Yoga Kaulava/Taillia Karana Panchamam Titau Sun 4 Sutra 298  
Gulika 7:58AM - 9:16AM Hasta Until 8:54PM Ganesha: Green Sunrise: 6:39AM Vasvasu 5:17  
Yama 2:31PM - 3:49PM Dhriil Until 8:07PM Muruga: White Sunset: 5:08PM Moon 2 - Phase 41 - 4  
Rahu 10:35AM - 11:54AM Kaulava Until 9:18AM Nataraja: Orange 1st Phase  
Panchami Until 9:51PM Moon - Green Devaloka Day  
Magha-Thai

4 Saturday, February 7, 2026

Kanya Rasi: 28 Tithi 21  
Routine Work Marana Yoga  
Until 11:00PM  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mania Vasara Yuktayam Adana, Turkey  
Chitra Nakshatra Shula\* Yoga Gara/Vanija Karana Shashtham Titau Sun 5 Sutra 299  
Gulika 6:38AM - 7:57AM Chitra Until 11:00PM Ganesha: White Sunrise: 6:38AM Vasvasu 5:17  
Yama 1:12PM - 2:31PM Shula\* Until 8:10PM Muruga: White Sunset: 5:09PM Moon 2 - Phase 41 - 5  
Rahu 9:16AM - 10:35AM Gara Until 10:36AM Nataraja: Orange 1st Phase  
Shashthi\* Until 11:28PM Moon - Green Devaloka Day  
Magha-Thai

5 Sunday, February 8, 2026

Tula Rasi: 10.11 Tithi 22  
Creative Work Siddha Yoga  
Until 1:24AM Mon  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Ehanu Vasara Yuktayam Adana, Turkey  
Svati Nakshatra Ganda\* Yoga Visil\* Bava Karana Sapthamam Titau Sun 6 Sutra 300  
Gulika 2:32PM - 3:51PM Svati Until 1:24AM Mon Ganesha: White Sunrise: 6:37AM Vasvasu 5:17  
Yama 11:54AM - 1:13PM Ganda\* Until 8:38PM Muruga: White Sunset: 5:10PM Moon 2 - Phase 41 - 6  
Rahu 3:51PM - 5:10PM Visil Until 12:30PM Nataraja: Orange 1st Phase  
Saptami Until 1:35AM Mon Moon - Green Devaloka Day  
Magha-Thai

Monday, February 9, 2026

Retreat Star  
Tula Rasi: 22.12 Tithi 23  
Family Home Evening  
Routine Work Marana Yoga  
Until 4:25AM Tue  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Indu Vesara Yuktayam Adana, Turkey  
Vishakha Nakshatra Viddhi Yoga Balava/Kaulava Karana Ashtamam Titau Sun 7 Sutra 301  
Gulika 1:13PM - 2:32PM Vishakha Until 4:25AM Tue Ganesha: Clear Sunrise: 6:36AM Vasvasu 5:17  
Yama 10:34AM - 11:54AM Viddhi Until 9:22PM Muruga: White Sunset: 5:11PM Moon 2 - Phase 41 - 7  
Rahu 7:56AM - 9:15AM Balava Until 2:47PM Nataraja: Orange 1st Phase  
Ashtami\* Until 3:59AM Tue Moon - Orange Sivaloka Day  
Magha-Thai

Tuesday, February 10, 2026

Retreat Star  
Mitschika Rasi: 4.07 Tithi 24  
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam Adana, Turkey  
Anuradha Nakshatra Dhruva Yoga Taillia/Gara Karana Navamam Titau Sun 8 Sutra 302  
Gulika 11:54AM - 1:13PM Anuradha Until 7:20AM Wed Ganesha: Clear Sunrise: 6:35AM Vasvasu 5:17  
Yama 9:15AM - 10:34AM Dhruva Until 10:09PM Muruga: White Sunset: 5:12PM Moon 2 - Phase 41 - 8  
Rahu 2:33PM - 3:53PM Taillia Until 5:15PM Nataraja: Orange 1st Phase  
Navami\* Until 6:28AM Wed Moon - Orange Sivaloka Day  
Magha-Thai

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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1	<b>Wednesday, February 11, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktayam Adana, Turkey			
	Anuradha/Jyeshtha* Nakshatra Vyaghrala* Yoga Gara/Vanija Karana Ekadashi/Dwadashyam Titau Sun 9 Sutra 303		<b>Gulika</b> 10:34AM - 11:54AM	<b>Anuradha Until 7:20AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:34AM
Wischika Rasi: 15.59 TITHI 24 - 25		<b>Yama</b> 7:54AM - 9:14AM	<b>Vyaghrala* Until 10:55PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:19PM	Moon 2 - Phase 42 - 9
Creative Work Siddha Yoga 976548577		<b>Rahu</b> 11:54AM - 1:14PM	<b>Vanija Until 7:42PM</b>	<b>Nataraja:</b> Orange	Moon - Orange	
Then Creative Work - Siddha Yoga		<b>Navami* Until 6:28AM</b>		<b>Magha-Thai</b>	<b>Sivaloka Day</b>	

2	<b>Thursday, February 12, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Guru Vasara Yuktayam Adana, Turkey			
	Jyeshtha*/Mula* Nakshatra Harshana Yoga Visil*/Bava Karana Dashami/Ekadashyam Titau Sun 10 Sutra 304		<b>Gulika</b> 9:14AM - 10:34AM	<b>Jyeshtha* Until 9:58AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:33AM
Wischika Rasi: 27.55 TITHI 25 - 26		<b>Yama</b> 6:33AM - 7:53AM	<b>Harshana Until 11:32PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:19PM	Moon 2 - Phase 42 - 10
Routine Work Prabalarishta Yoga		<b>Rahu</b> 1:14PM - 2:34PM	<b>Bava Until 9:56PM</b>	<b>Nataraja:</b> Orange	Moon - Orange	
Until 9:58AM		<b>Dashami Until 8:50AM</b>		<b>Magha-Thai</b>	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga						

3	<b>Friday, February 13, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam Adana, Turkey			
	Mula*/Purvashadha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau Sun 11 Sutra 305		<b>Gulika</b> 7:53AM - 9:13AM	<b>Mula* Until 12:39PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:32AM
Dhanus Rasi: 9.58 TITHI 26 - 27		<b>Yama</b> 2:35PM - 3:55PM	<b>Vajra* Until 11:49PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:19PM	Moon 2 - Phase 42 - 11
Creative Work Amrita Yoga		<b>Rahu</b> 10:33AM - 11:54AM	<b>Kaulava Until 11:47PM</b>	<b>Nataraja:</b> Orange	Moon - Light Blue	
Until 12:39PM		<b>Ekadashi* Until 10:54AM</b>		<b>Magha-Masi</b>	<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga						

4	<b>Saturday, February 14, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Manta Vasara Yuktayam Adana, Turkey			
	Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Talita/Gara Karana Dwadashi/Trayodashyam Titau Sun 12 Sutra 306		<b>Gulika</b> 6:31AM - 7:52AM	<b>Purvashadha* Until 2:43PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:31AM
Dhanus Rasi: 22.1 TITHI 27 - 28		<b>Yama</b> 1:14PM - 2:35PM	<b>Siddhi Until 11:45PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:16PM	Moon 2 - Phase 42 - 12
Creative Work Siddha Yoga		<b>Rahu</b> 9:12AM - 10:33AM	<b>Gara Until 1:08AM Sun</b>	<b>Nataraja:</b> Orange	Moon - Light Blue	
Until 2:43PM		<b>Dwadashi* Until 12:30PM</b>		<b>Magha-Masi</b>	<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga		<i>Pradosha Vata (Fasting)</i>				

5	<b>Sunday, February 15, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Shnu Vasara Yuktayam Adana, Turkey			
	Uttarashadha*/Shravana Nakshatra Vyajipala* Yoga Vanija/Visil* Karana Trayodashi/Chaturdashyam Titau Sun 13 Sutra 307		<b>Gulika</b> 2:36PM - 3:57PM	<b>Uttarashadha Until 4:08PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:30AM
Makara Rasi: 4.35 TITHI 28 - 29		<b>Yama</b> 11:54AM - 1:15PM	<b>Vyajipala* Until 11:16PM</b>	<b>Muruga:</b> White	<b>Sunset:</b> 5:18PM	Moon 2 - Phase 42 - 13
Creative Work Amrita Yoga		<b>Rahu</b> 3:57PM - 5:18PM	<b>Visil Until 1:56AM Mon</b>	<b>Nataraja:</b> Orange	Moon - Light Blue	
Until 5:18PM		<b>Mahasivaratri (Lunar)</b>		<b>Magha-Masi</b>	<b>Sivaloka Day</b>	
		<b>Mahasivaratri (Solar)</b>		<b>Trayodashi* Until 1:35PM</b>		

●	<b>Monday, February 16, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam Adana, Turkey			
	Retreat Star		Shravana*/Shravana Nakshatra Varjyan Yoga Sakra*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 14 Sutra 308		<b>Gulika</b> 1:15PM - 2:36PM	<b>Shravana Until 5:18PM</b>
Makara Rasi: 17.16 TITHI 29 - 30		<b>Yama</b> 10:33AM - 11:54AM	<b>Varjyan Until 10:19PM</b>	<b>Muruga:</b> White	<b>Sunrise:</b> 6:29AM	Moon 2 - Phase 42 - 14
Family Home Evening		<b>Rahu</b> 7:50AM - 9:11AM	<b>Catuspada Until 2:09AM Tue</b>	<b>Nataraja:</b> Orange	Moon - Purple	
Creative Work Amrita Yoga		<b>Chaturdashi* Until 2:06PM</b>		<b>Magha-Masi</b>	<b>Sivaloka Day</b>	
Until 5:18PM						
Then Creative Work - Siddha Yoga						

●	<b>Tuesday, February 17, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Mangala Vasara Yuktayam Adana, Turkey			
	Retreat Star		Dhanishtha*/Dhanishtha Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 15 Sutra 309		<b>Gulika</b> 11:54AM - 1:15PM	<b>Dhanishtha Until 5:46PM</b>
Kumbha Rasi: 0.13 TITHI 30 - 1		<b>Yama</b> 9:11AM - 10:32AM	<b>Parigha* Until 8:58PM</b>	<b>Muruga:</b> White	<b>Sunrise:</b> 6:28AM	Moon 2 - Phase 42 - 15
Creative Work Siddha Yoga		<b>Rahu</b> 2:37PM - 3:58PM	<b>Kintughna Until 1:50AM Wed</b>	<b>Nataraja:</b> Orange	Moon - Purple	
Until 5:46PM		<b>Amavasya* Until 2:02PM</b>		<b>Phalgun-Masi</b>	<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga						

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1</b>		<b>Wednesday, February 18, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vrasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva Yoga Bava/Balava Karana Prathamam/Dvityayam Tilau		Adana, Turkey Sun 16 Subra 310	
Kumbha Rasi:	13.25	Tilthi 1 – 2	<b>Gulika</b> Yama 997548577	<b>10:32AM – 11:54AM</b> 7:48AM – 9:10AM <b>Rahu</b> 11:54AM – 1:15PM	<b>Shatabhishak Until 5:36PM</b> Shiva Until 7:14PM Balava Until 1:02AM Thu <b>Prathamam* Until 1:28PM</b>	<b>Ganesh:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Purple Phalgunam-Masi	Sunrise: 6:27AM Sunset: 5:29PM Moon 2 - Phase 43 - 17 3rd Phase
Creative Work	Siddha Yoga	Until 5:36PM	Then Creative Work - Amrita Yoga				<b>Sivaloka Day</b>

<b>2</b>		<b>Thursday, February 19, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vrasara Yuktayam Puravroshthapada*/Uttarproshthapada Nakshatra Siddha Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Tilau		Adana, Turkey Sun 17 Subra 311	
Kumbha Rasi:	26.53	Tilthi 2 – 3	<b>Gulika</b> Yama 917548577	<b>9:09AM – 10:32AM</b> 7:48AM – 9:10AM <b>Rahu</b> 1:16PM – 2:38PM	<b>Puravroshthapada* Until 5:19PM</b> Siddha Until 5:09PM Taila Until 11:50PM <b>Dvitiya Until 12:28PM</b>	<b>Ganesh:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear Phalgunam-Masi	Sunrise: 6:25AM Sunset: 5:29PM Moon 2 - Phase 43 - 17 3rd Phase
Creative Work	Siddha Yoga						<b>Subha Sivaloka Day</b>

<b>3</b>		<b>Friday, February 20, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vrasara Yuktayam Uttarproshthapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau		Adana, Turkey Sun 18 Subra 312	
Meeana Rasi:	10.35	Tilthi 3 – 4	<b>Gulika</b> Yama 917548577	<b>7:47AM – 9:09AM</b> 2:38PM – 4:00PM <b>Rahu</b> 10:31AM – 11:53AM	<b>Uttarproshthapada Until 4:33PM</b> Sadhya Until 2:49PM Vanija Until 10:20PM <b>Tritiya Until 11:06AM</b>	<b>Ganesh:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear Phalgunam-Masi	Sunrise: 6:24AM Sunset: 5:29PM Moon 2 - Phase 43 - 18 3rd Phase
Creative Work	Siddha Yoga						<b>Subha Sivaloka Day</b>

<b>4</b>		<b>Saturday, February 21, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mania Vrasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Chaturthi/Panchamam Tilau		Adana, Turkey Sun 19 Subra 313	
Meeana Rasi:	24.26	Tilthi 4 – 5	<b>Gulika</b> Yama 918548577	<b>6:23AM – 7:46AM</b> 2:38PM – 2:39PM <b>Rahu</b> 9:08AM – 10:31AM	<b>Revati Until 3:24PM</b> Subha Until 12:17PM Bava Until 8:35PM <b>Chaturthi* Until 9:27AM</b>	<b>Ganesh:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear Phalgunam-Masi	Sunrise: 6:23AM Sunset: 5:29PM Moon 2 - Phase 43 - 19 3rd Phase
Routine Work	Prabalarishtha Yoga	Until 3:24PM	Then Creative Work - Siddha Yoga	Subramunyaswami Siva Vision Day			<b>Sivaloka Day</b>

<b>5</b>		<b>Sunday, February 22, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vrasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Tilau		Adana, Turkey Sun 20 Subra 314	
Mesha Rasi:	8.26	Tilthi 5 – 6	<b>Gulika</b> Yama 928548577	<b>2:39PM – 4:02PM</b> 11:53AM – 1:16PM <b>Rahu</b> 4:02PM – 5:25PM	<b>Ashvini Until 2:21PM</b> Sukla Until 9:34AM Kaulava Until 6:39PM <b>Panchami Until 7:37AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – White Phalgunam-Masi	Sunrise: 6:22AM Sunset: 5:29PM Moon 2 - Phase 43 - 20 3rd Phase
Creative Work	Siddha Yoga	Until 2:21PM	Then Routine Work - Prabalarishtha Yoga				<b>Devaloka Day</b>

<b>6</b>		<b>Monday, February 23, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vrasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Sapthamam Tilau		Adana, Turkey Sun 21 Subra 315	
Mesha Rasi:	22.31	Tilthi 7	<b>Gulika</b> Yama 928548577	<b>1:16PM – 2:39PM</b> 10:30AM – 11:53AM <b>Rahu</b> 7:44AM – 9:07AM	<b>Bharani Until 1:01PM</b> Brahma Until 6:45AM Gara Until 4:37PM <b>Sapthami Until 3:33AM Tue</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – White Phalgunam-Masi	Sunrise: 6:21AM Sunset: 5:29PM Moon 2 - Phase 43 - 21 3rd Phase
Family Home Evening	Siddha Yoga	Until 1:01PM	Then Routine Work - Marana Yoga				<b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Tuesday, February 24, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vrasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Visi*/Bava Karana Ashtamam Tilau		Adana, Turkey Sun 22 Subra 316	
Wishabha Rasi:	6.4	Tilthi 8	<b>Gulika</b> Yama 928548577	<b>11:53AM – 1:16PM</b> 9:06AM – 10:30AM <b>Rahu</b> 2:40PM – 4:03PM	<b>Krittika Until 11:29AM</b> Vaidhriti* Until 12:57AM Wed Visi Until 2:31PM <b>Ashtami* Until 1:25AM Wed</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – White Phalgunam-Masi	Sunrise: 6:19AM Sunset: 5:29PM Moon 2 - Phase 43 - 22 Ashtami
Creative Work	Siddha Yoga	Until 11:29AM	Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Wednesday, February 25, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vrasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamam Tilau		Adana, Turkey Sun 23 Subra 317	
Wishabha Rasi:	20.5	Tilthi 9	<b>Gulika</b> Yama 938648577	<b>10:29AM – 11:53AM</b> 7:42AM – 9:05AM <b>Rahu</b> 11:53AM – 1:17PM	<b>Rohini Until 10:12AM</b> Vishkambha* Until 10:02PM Balava Until 12:22PM <b>Navam* Until 11:17PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Yellow Phalgunam-Masi	Sunrise: 6:18AM Sunset: 5:28PM Moon 2 - Phase 43 - 23 Navami
Creative Work	Siddha Yoga						<b>Subha Sivaloka Day</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Thursday, February 26, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yukhtayam Adana, Turkey				
Mithuna Rasi: 5.01 Tithi 10		Migashira/Ardra Nakshatra Prithi Yoga Taillila/Gara Karana Dashamyam Tilau Sun 24 Sutra 318				
Routine Work	Marana Yoga	Gulika 9:05AM - 10:29AM	Mrigashira Until 8:46AM	Ganesh: Blue	Sunrise: 6:17AM	Vishvasu 5127
		Yama 6:17AM - 7:41AM	Prithi Until 7:08PM	Muruga: White	Sunset: 5:29PM	Sutra 319
		938648577 Rahu 1:17PM - 2:41PM	Taillila Until 10:15AM	Nataraja: Orange	Moon 2 - Phase 44 - 25 4th Phase	
		Dashami Until 9:11PM			Subha Sivaloka Day	
		Phalgun-Masi				

<b>2 Friday, February 27, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Viscara Yukhtayam Adana, Turkey				
Mithuna Rasi: 19.1 Tithi 11		Ardra/Punarvasu Nakshatra Ajushman/Saubhagya Yoga Vanija/Visiti* Karana Ekadashyam Tilau Sun 25 Sutra 319				
Creative Work	Siddha Yoga	Gulika 7:40AM - 9:04AM	Ardra Until 7:16AM	Ganesh: Yellow	Sunrise: 6:15AM	Vishvasu 5127
		Yama 2:41PM - 4:05PM	Ayushman Until 4:17PM	Muruga: White	Sunset: 5:30PM	Moon 2 - Phase 44 - 25 4th Phase
		939648577 Rahu 10:28AM - 11:53AM	Vanija Until 8:10AM	Nataraja: Orange		
		Ekadashi Until 7:10PM			Sivaloka Day	
		Phalgun-Masi				

<b>3 Saturday, February 28, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mania Viscara Yukhtayam Adana, Turkey				
Kalka Rasi: 3.14 Tithi 12 - 13		Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Tilau Sun 26 Sutra 320				
Creative Work	Siddha Yoga	Gulika 6:14AM - 7:39AM	Punarvasu Until 6:09AM	Ganesh: White	Sunrise: 6:14AM	Vishvasu 5127
		Yama 1:17PM - 2:42PM	Saubhagya Until 1:35PM	Muruga: White	Sunset: 5:31PM	Moon 2 - Phase 44 - 26 4th Phase
		949648577 Rahu 9:03AM - 10:28AM	Bava Until 6:14AM	Nataraja: Orange		
		Dvadashi Until 5:19PM			Devaloka Day	
		Phalgun-Masi				
		<i>Pradosha Vata</i>				

<b>4 Sunday, March 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bharu Viscara Yukhtayam Adana, Turkey				
Kalka Rasi: 17.1 Tithi 13 - 14		Ashlesha* Nakshatra Sobhana/Alhigandha* Yoga Taillila/Gara Karana Trayodashi/Chaturdashyam Tilau Sun 27 Sutra 321				
Creative Work	Siddha Yoga	Gulika 2:42PM - 4:08PM	Ashlesha* Until 4:13AM Mon	Ganesh: White	Sunrise: 6:17AM	Vishvasu 5127
		Yama 11:52AM - 1:17PM	Sobhana Until 11:04AM	Muruga: White	Sunset: 5:33PM	Moon 2 - Phase 44 - 27 4th Phase
Until 4:13AM Mon		949648577 Rahu 4:08PM - 5:33PM	Gara Until 3:03AM Mon	Nataraja: Orange		
Then Routine Work - Marana Yoga		Trayodashi Until 3:42PM			Devaloka Day	
		Phalgun-Masi				

<b>Monday, March 2, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yukhtayam Adana, Turkey				
<b>Copper Retreat Star</b>		Magha* Nakshatra Alhigandha*/Sukarma Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Tilau Sun 28 Sutra 322				
Simha Rasi: 0.55 Tithi 14 - 15	Family Home Evening	Gulika 1:17PM - 2:43PM	Magha* Until 4:00AM Tue	Ganesh: Clear	Sunrise: 6:10AM	Vishvasu 5127
		Yama 10:26AM - 11:52AM	Alhigandha* Until 8:48AM	Muruga: White	Sunset: 5:34PM	Moon 2 - Phase 44 - Purnima
Routine Work - Marana Yoga		959648577 Rahu 7:35AM - 9:01AM	Visiti Until 1:59AM Tue	Nataraja: Orange		
Until 4:00AM Tue		Chidambaram Abhishekam	Chaturdashi* Until 2:27PM	Phalgun-Masi	Sivaloka Day	
Then Creative Work - Siddha Yoga		Holi				

<b>Tuesday, March 3, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Viscara Yukhtayam Adana, Turkey				
<b>Silver Retreat Star</b>		Purvaphalguni Nakshatra Sukarma/Uthri Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sun 29 Sutra 323				
Simha Rasi: 14.26 Tithi 15 - 16	Routine Work	Gulika 11:52AM - 1:17PM	Purvaphalguni Until 4:06AM Wed	Ganesh: Clear	Sunrise: 6:09AM	Vishvasu 5127
		Yama 9:00AM - 10:26AM	Sukarma Until 6:52AM	Muruga: White	Sunset: 5:35PM	Moon 2 - Phase 44 - Prathama
Until 4:06AM Wed		959648577 Rahu 2:43PM - 4:09PM	Balava Until 1:25AM Wed	Nataraja: Orange		
Then Creative Work - Amrita Yoga		Purnima* Until 1:37PM			Sivaloka Day	
		Phalgun-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Budha Vasara Yuktayam Adana, Turkey  
Uttaraphalguni Nakshatra Shula\* Yoga Kaulava/Tailita Karana Prathamam/Dvityayam Titau Sutra 324

Simha Rasi: 27.41 Tithi 16 - 17

Gulika 10:25AM - 11:51AM  
Yama 7:33AM - 8:59AM  
Rahu 11:51AM - 1:17PM

Uttaraphalguni Until 4:36AM Thu  
Shula\* Until 4:12AM Thu  
Tailita Until 1:23AM Thu  
Prathama\* Until 1:18PM

Ganesh: Clear Sunrise: 6:07AM  
Muruga: White Sunset: 5:36PM  
Nataraja: Orange Moon 3 - Phase 45 - 1st Phase  
Moon - Red Phalguna-Masi

Creative Work Amrita Yoga  
Until 4:36AM Thu  
Then Routine Work - Marana Yoga

Sivaloka Day

1 Thursday, March 5, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Guru Vasara Yuktayam Adana, Turkey  
Chitra Nakshatra Ganda\* Yoga Gara/Vanija Karana Dvitya/Tritiyam Titau Sun 1 Sutra 325

Kanya Rasi: 10.39 Tithi 17 - 18

Gulika 8:59AM - 10:25AM  
Yama 6:06AM - 7:32AM  
Rahu 1:18PM - 2:44PM

Hasla Until 5:59AM Fri  
Ganda\* Until 3:33AM Fri  
Vanija Until 1:56AM Fri  
Dvitiya Until 1:34PM

Ganesh: White Sunrise: 6:06AM  
Muruga: White Sunset: 5:37PM  
Nataraja: Orange Moon 3 - Phase 45 - 1 1st Phase  
Moon - Green Phalguna-Masi

Routine Work Marana Yoga  
Until 5:59AM Fri  
Then Creative Work - Siddha Yoga

Devaloka Day

2 Friday, March 6, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Sukra Vasara Yuktayam Adana, Turkey  
Chitra Nakshatra Vidhih Yoga Visi\* Bava Karana Tritiya/Chaturtham Titau Sun 2 Sutra 326

Kanya Rasi: 23.2 Tithi 18 - 19

Gulika 7:31AM - 8:58AM  
Yama 2:44PM - 4:11PM  
Rahu 10:24AM - 11:51AM

Chitra Until 7:46AM Sat  
Vidhih Until 3:22AM Sat  
Bava Until 3:05AM Sat  
Tritiya Until 2:25PM

Ganesh: White Sunrise: 6:04AM  
Muruga: White Sunset: 5:38PM  
Nataraja: Orange Moon 3 - Phase 45 - 2 1st Phase  
Moon - Green Phalguna-Masi

Creative Work Siddha Yoga

Devaloka Day

3 Saturday, March 7, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Marta Vasara Yuktayam Adana, Turkey  
Chitra Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau Sun 3 Sutra 327

Tula Rasi: 5.45 Tithi 19 - 20

Gulika 6:03AM - 7:30AM  
Yama 1:18PM - 2:45PM  
Rahu 8:57AM - 10:24AM

Chitra Until 7:46AM  
Dhruva Until 3:33AM Sun  
Kaulava Until 4:45AM Sun  
Chaturthi\* Until 3:50PM

Ganesh: Purple Sunrise: 6:03AM  
Muruga: Clear Sunset: 5:38PM  
Nataraja: Orange Moon 3 - Phase 45 - 3 1st Phase  
Moon - Green Phalguna-Masi

Routine Work Marana Yoga  
Until 7:46AM  
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 3PM to 6PM

4 Sunday, March 8, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Bhanu Vasara Yuktayam Adana, Turkey  
Svali Vishakha Nakshatra Vyaghata\* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau Sun 4 Sutra 328

Tula Rasi: 17.57 Tithi 20 - 21

Gulika 2:45PM - 4:12PM  
Yama 11:51AM - 1:18PM  
Rahu 4:12PM - 5:39PM

Svali Until 9:52AM  
Vyaghata\* Until 4:04AM Mon  
Gara Until 6:50AM Mon  
Panchami Until 5:44PM

Ganesh: Purple Sunrise: 6:02AM  
Muruga: Clear Sunset: 5:39PM  
Nataraja: Orange Moon 3 - Phase 45 - 4 1st Phase  
Moon - Green Phalguna-Masi

Creative Work Siddha Yoga  
Until 9:52AM  
Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 3PM to 6PM

5 Monday, March 9, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Indu Vasara Yuktayam Adana, Turkey  
Vishakha/Anuradha Nakshatra Harshana Yoga Gara/Vanija Karana Shashthiyam Titau Sun 5 Sutra 329

Tula Rasi: 29.59 Tithi 21

Gulika 1:18PM - 2:45PM  
Yama 10:23AM - 11:50AM  
Rahu 7:28AM - 8:55AM

Vishakha Until 12:41PM  
Harshana Until 4:49AM Tue  
Gara Until 6:50AM  
Shashthi\* Until 7:58PM

Ganesh: Clear Sunrise: 6:00AM  
Muruga: Clear Sunset: 5:40PM  
Nataraja: Orange Moon 3 - Phase 45 - 5 1st Phase  
Moon - Orange Phalguna-Masi

Family Home Evening  
Routine Work Marana Yoga  
Until 12:41PM  
Then Creative Work - Siddha Yoga

Devaloka Day

6 Tuesday, March 10, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Mangala Vasara Yuktayam Adana, Turkey  
Anuradha/Jyeshtha\* Nakshatra Vajra\* Yoga Visi\* Bava Karana Saptamam Titau Sun 6 Sutra 330

Wrischika Rasi: 11.56 Tithi 22

Gulika 11:50AM - 1:18PM  
Yama 8:54AM - 10:22AM  
Rahu 2:46PM - 4:13PM

Anuradha Until 3:32PM  
Vajra\* Until 5:37AM Wed  
Visi Until 9:11AM  
Saptami Until 10:23PM

Ganesh: Clear Sunrise: 5:59AM  
Muruga: Clear Sunset: 5:41PM  
Nataraja: Orange Moon 3 - Phase 45 - 6 1st Phase  
Moon - Orange Phalguna-Masi

Creative Work Siddha Yoga  
Until 3:32PM  
Then Routine Work - Marana Yoga

Devaloka Day

Wednesday, March 11, 2026

Retreat Star

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Budha Vasara Yuktayam Adana, Turkey  
Jyeshtha\* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamam Titau Sun 7 Sutra 331

Wrischika Rasi: 23.49 Tithi 23

Gulika 10:22AM - 11:50AM  
Yama 7:25AM - 8:54AM  
Rahu 11:50AM - 1:18PM

Jyeshtha\* Until 6:15PM  
Siddhi Until 6:22AM Thu  
Balava Until 11:37AM  
Ashlami\* Until 12:46AM Thu

Ganesh: Clear Sunrise: 5:57AM  
Muruga: White Sunset: 5:42PM  
Nataraja: Light Blue Moon - Orange Phalguna-Masi

Creative Work Siddha Yoga  
Until 6:15PM  
Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 6AM to 9AM

Thursday, March 12, 2026

Retreat Star

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Guru Vasara Yuktayam Adana, Turkey  
Mula\* Nakshatra Siddhi/Vyalyapata\* Yoga Tailita/Gara Karana Navamam Titau Sun 8 Sutra 332

Dhanu Rasi: 5.45 Tithi 24

Gulika 8:53AM - 10:21AM  
Yama 5:56AM - 7:24AM  
Rahu 1:18PM - 2:46PM

Mula\* Until 9:08PM  
Siddhi Until 6:22AM  
Tailita Until 1:55PM  
Navam\* Until 2:56AM Fri

Ganesh: White Sunrise: 5:56AM  
Muruga: White Sunset: 5:43PM  
Nataraja: Light Blue Moon - Light Blue Phalguna-Masi

Creative Work Siddha Yoga

Bhuloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1 Friday, March 13, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktyayam Adana, Turkey Puravashada* Nakshatra Vysilpata* Nariyan Yoga Varjha/Visit* Karana Ekadashyam Titau Sun 9 Sutra 333			
Dhanus Rasi: 17.47	Tithi 25	Gulika 7:23AM - 8:52AM	<b>Purvashada* Untill 11:29PM</b>	Ganesha: White Sunrise: 5:44M	Vasavasu 5:17
		Yama 2:47PM - 4:15PM	Vyalipala* Untill 6:56AM	Muruga: White Sunset: 5:49M	Sutra 334
		181658677 Rahu 10:21AM - 11:49AM	Varjha Untill 3:53PM	Nataraja: Light Blue	Moon 3 - Phase 46 - 9
Routine Work Prabalarisha Yoga			<b>Dashami Untill 4:39AM Sat</b>	Moon - Light Blue	2nd Phase
Untill 11:29PM				Phalguna-Masi	
Then Routine Work - Marana Yoga					<b>Bhuloka Day</b>
<b>2 Saturday, March 14, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Mania Vasara Yuktyayam Adana, Turkey Uttarashada* Nakshatra Varjhan/Parigaha* Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 336			
Dhanus Rasi: 29.59	Tithi 26	Gulika 5:53AM - 7:22AM	<b>Uttarashada Untill 1:08AM Sun</b>	Ganesha: White Sunrise: 5:53AM	Vasavasu 5:17
		Yama 1:18PM - 2:47PM	Varjhan Untill 7:08AM	Muruga: White Sunset: 5:49M	Sutra 337
		181658677 Rahu 8:51AM - 10:20AM	Bava Untill 5:19PM	Nataraja: Light Blue	Moon 3 - Phase 46 - 10
Routine Work Marana Yoga			<b>Ekadashi* Untill 5:47AM Sun</b>	Moon - Light Blue	2nd Phase
Untill 1:08AM Sun		Karadayam Nombu (Tamil Nadu)		Phalguna-Panguni	
Then Creative Work - Amrita Yoga					<b>Bhuloka Day</b>
<b>3 Sunday, March 15, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Bharu Vasara Yuktyayam Adana, Turkey Shravana Nakshatra Parigaha* Shiva Yoga Kaulava Karana Dvadashyam Titau Sun 11 Sutra 335			
Makara Rasi: 12.28	Tithi 27	Gulika 2:47PM - 4:17PM	<b>Shravana Untill 2:27AM Mon</b>	Ganesha: Yellow Sunrise: 5:51AM	Vasavasu 5:17
		Yama 11:49AM - 1:18PM	Parigaha* Untill 6:53AM	Muruga: White Sunset: 5:46M	Sutra 336
		191658678 Rahu 4:17PM - 5:46PM	Kaulava Untill 6:07PM	Nataraja: Purple	Moon 3 - Phase 46 - 11
Creative Work Amrita Yoga			<b>Dvadashi* Untill 6:14AM Mon</b>	Moon - Purple	2nd Phase
Untill 2:27AM Mon				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					<b>Bhuloka Day</b>
					Devoloka Time: 6AM to 9AM
<b>4 Monday, March 16, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Indu Vasara Yuktyayam Adana, Turkey Dhanishtha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 12 Sutra 336			
Makara Rasi: 25.14	Tithi 27 - 28	Gulika 1:18PM - 2:48PM	<b>Dhanishtha Untill 2:54AM Tue</b>	Ganesha: Yellow Sunrise: 5:50M	Vasavasu 5:17
<b>Family Home Evening</b>		Yama 10:19AM - 11:48AM	Shiva Untill 6:07AM	Muruga: White Sunset: 5:47M	Moon 3 - Phase 46 - 12
Creative Work Siddha Yoga		191658678 Rahu 7:20AM - 8:49AM	Gara Untill 6:12PM	Nataraja: Purple	2nd Phase
Untill 2:54AM Tue			<b>Dvadashi* Untill 6:14AM</b>	Moon - Purple	
Then Routine Work - Marana Yoga				Phalguna-Panguni	<b>Bhuloka Day</b>
					Devoloka Time: 6AM to 9AM
<b>5 Tuesday, March 17, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Mangala Vasara Yuktyayam Adana, Turkey Shalabhishak Nakshatra Sadhya Yoga Vistil/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 337			
Kumbha Rasi: 8.23	Tithi 29	Gulika 11:48AM - 1:18PM	<b>Shalabhishak Untill 2:31AM Wed</b>	Ganesha: Yellow Sunrise: 5:49M	Vasavasu 5:17
		Yama 8:48AM - 10:18AM	Sadya Untill 2:52AM Wed	Muruga: White Sunset: 5:48M	Sutra 338
		191658678 Rahu 2:48PM - 4:18PM	Vistil Untill 5:33PM	Nataraja: Purple	Moon 3 - Phase 46 - 13
Routine Work Marana Yoga			<b>Chaturdashi* Untill 4:58AM Wed</b>	Moon - Purple	2nd Phase
Untill 2:31AM Wed				Phalguna-Panguni	
Then Creative Work - Amrita Yoga					<b>Bhuloka Day</b>
					Devoloka Time: 6AM to 9AM
<b>Wednesday, March 18, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Badha Vasara Yuktyayam Adana, Turkey Retreat Star Puravproshthapada* Nakshatra Subha Yoga Catuspada* Naga* Karana Amavasyayam Titau Sun 14 Sutra 338			
Kumbha Rasi: 21.53	Tithi 30	Gulika 10:18AM - 11:48AM	<b>Puravproshthapada* Untill 1:51AM Thu</b>	Ganesha: Red Sunrise: 5:47M	Vasavasu 5:17
		Yama 7:17AM - 8:47AM	Subha Untill 12:31AM Thu	Muruga: White Sunset: 5:49M	Moon 3 - Phase 46 - 14
		112658678 Rahu 11:48AM - 1:18PM	Catuspada Untill 4:17PM	Nataraja: Purple	Amavasya
Creative Work Amrita Yoga			<b>Amavasya* Untill 3:24AM Thu</b>	Moon - Clear	
Untill 1:51AM Thu				Phalguna-Panguni	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					Devoloka Time: 9AM to 12PM
<b>Thursday, March 19, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Guru Vasara Yuktyayam Adana, Turkey Retreat Star Uttaraproshtapada* Nakshatra Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 339			
Meena Rasi: 5.44	Tithi 1	Gulika 8:47AM - 10:17AM	<b>Uttaraproshtapada Untill 12:33AM Fri</b>	Ganesha: Red Sunrise: 5:46M	Vasavasu 5:17
		Yama 5:46AM - 7:16AM	Sukla Untill 9:44PM	Muruga: White Sunset: 5:49M	Moon 3 - Phase 46 - 15
		112658678 Rahu 1:18PM - 2:49PM	Kintughna Untill 2:27PM	Nataraja: Purple	Prathama
Creative Work Siddha Yoga			<b>Prathama* Untill 1:22AM Fri</b>	Moon - Clear	
		Yugadi		Chaitra-Panguni	<b>Bhuloka Day</b>
					Devoloka Time: 9AM to 12PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Friday, March 20, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Sukra Vasara Yuktayam				Adana, Turkey	
Revati Nakshatra Brahma Yoga Balava/Kaulava Karana Dvityayam Tilau		Revati Until 10:46PM		Ganesha: Red		Sun 16 Sutra 340	
Mesha Rasi: 19.53	Tilhi 2	Gulika 7:15AM – 8:46AM	7:49PM – 9:20PM	Muruga: White	Sunrise: 5:44AM	Vasarasu 5127	
Creative Work Siddha Yoga		Yama 2:49PM – 4:20PM	Brahma Until 6:41PM	Muruga: White	Sunset: 5:59PM	Moon 3 - Phase 47 - 17	
Until 10:46PM		Rahu 10:16AM – 11:47AM	Balava Until 12:14PM	Nataraja: Purple	Moon 3 - Phase 47 - 17		
Then Creative Work - Amrita Yoga		Dvitiya Until 10:59PM		Moon - Clear	3rd Phase		
		Chaltra-Panguni		Bhuloka Day		Devaloka Time: 9AM to 12:PM	

2 Saturday, March 21, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Mani Vasara Yuktayam				Adana, Turkey	
Ashvini Nakshatra Indra/Vaidhiti Yoga Talila/Gara Karana Trityayam Tilau		Ashvini Until 9:04PM		Ganesha: Yellow		Sun 17 Sutra 341	
Mesha Rasi: 4.14	Tilhi 3	Gulika 5:43AM – 7:14AM	8:45AM – 10:16AM	Muruga: White	Sunrise: 5:43AM	Vasarasu 5127	
Creative Work Siddha Yoga		Yama 1:18PM – 2:49PM	Indra Until 3:27PM	Muruga: White	Sunset: 5:59PM	Moon 3 - Phase 47 - 17	
		Rahu 8:45AM – 10:16AM	Talila Until 9:44AM	Nataraja: Purple	Moon 3 - Phase 47 - 17		
		Chellappaswami Mahasamathi		Moon - White	3rd Phase		
		Tritiya Until 8:24PM		Chaltra-Panguni	Bhuloka Day		Devaloka Time: 9AM to 12:PM

3 Sunday, March 22, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Bhanu Vasara Yuktayam				Adana, Turkey	
Krittika/Rohini Nakshatra Vishkambha Jyoti Yoga Balava/Kaulava Karana Panchami/Shasthyam Tilau		Bharani Until 7:09PM		Ganesha: Blue		Sun 18 Sutra 342	
Mesha Rasi: 18.43	Tilhi 4 – 5	Gulika 2:49PM – 4:21PM	7:09PM – 8:40AM	Muruga: White	Sunrise: 5:41AM	Vasarasu 5127	
Routine Work Prabalarishta Yoga		Yama 11:47AM – 1:18PM	Vaidhiti Until 12:07PM	Muruga: White	Sunset: 5:59PM	Moon 3 - Phase 47 - 17	
Until 7:09PM		Rahu 4:21PM – 5:52PM	Vanija Until 7:06AM	Nataraja: Purple	Moon 3 - Phase 47 - 17		
Then Creative Work - Siddha Yoga		Chaltrithi Until 5:45PM		Moon - White	3rd Phase		
		Chaltra-Panguni		Bhuloka Day		Devaloka Time: 9AM to 12:PM	

4 Monday, March 23, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Indu Vasara Yuktayam				Adana, Turkey	
Krittika/Rohini Nakshatra Vishkambha Jyoti Yoga Balava/Kaulava Karana Panchami/Shasthyam Tilau		Krittika Until 5:09PM		Ganesha: Blue		Sun 19 Sutra 343	
Wishabha Rasi: 3.11	Tilhi 5 – 6	Gulika 1:18PM – 2:50PM	5:09PM – 6:40AM	Muruga: White	Sunrise: 5:40AM	Vasarasu 5127	
Family Home Evening		Yama 10:15AM – 11:46AM	Vishkambha Until 8:49AM	Muruga: White	Sunset: 5:59PM	Moon 3 - Phase 47 - 19	
Routine Work Marana Yoga		Rahu 7:11AM – 8:43AM	Kaulava Until 1:53AM Tue	Nataraja: Purple	Moon 3 - Phase 47 - 19		
Until 5:09PM		Panchami Until 3:08PM		Moon - White	3rd Phase		
Then Creative Work - Amrita Yoga		Chaltra-Panguni		Bhuloka Day		Devaloka Time: 9AM to 12:PM	

5 Tuesday, March 24, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Mangala Vasara Yuktayam				Adana, Turkey	
Rohini Nakshatra Ajayushnani Yoga Talila/Gara Karana Shashthi/Saptayam Tilau		Rohini Until 3:35PM		Ganesha: Yellow		Sun 20 Sutra 344	
Wishabha Rasi: 17.36	Tilhi 6 – 7	Gulika 11:46AM – 1:18PM	3:35PM – 5:06AM	Muruga: White	Sunrise: 5:38AM	Vasarasu 5127	
Creative Work Amrita Yoga		Yama 8:42AM – 10:14AM	Ayushmani Until 2:32AM Wed	Muruga: White	Sunset: 5:54PM	Moon 3 - Phase 47 - 20	
Until 3:35PM		Rahu 2:50PM – 4:22PM	Gara Until 11:31PM	Nataraja: Purple	Moon 3 - Phase 47 - 20		
Then Creative Work - Siddha Yoga		Shashthi Until 12:39PM		Moon - Yellow	3rd Phase		
		Chaltra-Panguni		Bhuloka Day		Devaloka Time: 6AM to 9AM	

Wednesday, March 25, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Budha Vasara Yuktayam				Adana, Turkey	
Retreat Star		Mrigashira Until 2:05PM		Ganesha: Yellow		Sun 21 Sutra 345	
Mithuna Rasi: 1.53	Tilhi 7 – 8	Gulika 10:13AM – 11:46AM	2:05PM – 3:36AM	Muruga: White	Sunrise: 5:27AM	Vasarasu 5127	
Creative Work Siddha Yoga		Yama 7:09AM – 8:41AM	Saubhagya Until 11:41PM	Muruga: White	Sunset: 5:59PM	Moon 3 - Phase 47 - 21	
		Rahu 11:46AM – 1:18PM	Visli Until 9:23PM	Nataraja: Purple	Moon 3 - Phase 47 - 21		
		Saptami Until 10:23AM		Moon - Yellow	3rd Phase		
		Chaltra-Panguni		Bhuloka Day		Devaloka Time: 6AM to 9AM	

Thursday, March 26, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Guru Vasara Yuktayam				Adana, Turkey	
Retreat Star		Ardra Until 12:44PM		Ganesha: Yellow		Sun 22 Sutra 346	
Mithuna Rasi: 15.59	Tilhi 8 – 9	Gulika 8:40AM – 10:13AM	12:44PM – 2:15PM	Muruga: White	Sunrise: 5:25AM	Vasarasu 5127	
Routine Work Marana Yoga		Yama 5:35AM – 7:08AM	Sobhana Until 9:05PM	Muruga: White	Sunset: 5:56PM	Moon 3 - Phase 47 - 22	
Until 12:44PM		Rahu 1:18PM – 2:51PM	Balava Until 7:32PM	Nataraja: Purple	Moon 3 - Phase 47 - 22		
Then Creative Work - Amrita Yoga		Sri Rama Navami		Moon - Yellow	3rd Phase		
		Ashtami Until 8:24AM		Chaltra-Panguni	Bhuloka Day		Devaloka Time: 6AM to 9AM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Friday, March 27, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Varsara Yuktayam Adana, Turkey Panarvasu/Pushya Nakshatra Aihiganda* Yoga Kaulava/Taitila Karana Navami/Dishamyam Titau Sun 23 Sutra 347			
Mithuna Rasi: 29.53	Tithi 9 – 10	<b>Gulika</b> 7:07AM – 8:39AM	<b>Punarvasu Until 11:58AM</b>	<b>Ganesha:</b> White Sunrise: 5:34AM	Vasavasu 5:27
		Yama 2:51PM – 4:24PM	Aihiganda* Until 6:43PM	<b>Muruga:</b> White Sunset: 5:57PM	Moon 3 - Phase 4B - 23
Creative Work Siddha Yoga		142758678 <b>Rahu</b> 10:12AM – 11:45AM	Taitila Until 6:01PM	<b>Nataraja:</b> Purple	4th Phase
Until 11:58AM			<b>Navami* Until 6:43AM</b>	Moon - Blue Chaitra-Panguni	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					

<b>2 Saturday, March 28, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Varsara Yuktayam Adana, Turkey Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadashyam Titau Sun 24 Sutra 348			
Kalkata Rasi: 14	Tithi 11	<b>Gulika</b> 5:32AM – 7:05AM	<b>Pushya Until 11:24AM</b>	<b>Ganesha:</b> White Sunrise: 5:22AM	Vasavasu 5:27
		Yama 1:18PM – 2:51PM	Sukarma Until 4:38PM	<b>Muruga:</b> White Sunset: 5:57PM	Moon 3 - Phase 4B - 24
Creative Work Siddha Yoga		142758678 <b>Rahu</b> 8:39AM – 10:12AM	Vanija Until 4:50PM	<b>Nataraja:</b> Purple	4th Phase
Until 11:24AM		<b>Yogaswami Mahasamadi</b>	<b>Ekadashi Until 4:21AM Sun</b>	Moon - Blue Chaitra-Panguni	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					

<b>3 Sunday, March 29, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Varsara Yuktayam Adana, Turkey Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashtyam Titau Sun 25 Sutra 349			
Kalkata Rasi: 27.06	Tithi 12	<b>Gulika</b> 2:51PM – 4:25PM	<b>Ashlesha* Until 11:01AM</b>	<b>Ganesha:</b> White Sunrise: 5:31AM	Vasavasu 5:27
		Yama 11:45AM – 1:18PM	Dhriti Until 2:51PM	<b>Muruga:</b> White Sunset: 5:59PM	Moon 3 - Phase 4B - 25
Creative Work Siddha Yoga		142758678 <b>Rahu</b> 4:25PM – 5:58PM	Bava Until 4:01PM	<b>Nataraja:</b> Purple	4th Phase
Until 11:01AM			<b>Dvadashti Until 3:43AM Mon</b>	Moon - Blue Chaitra-Panguni	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					

<b>4 Monday, March 30, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Varsara Yuktayam Adana, Turkey Magha*Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 350			
Simha Rasi: 10.24	Tithi 13	<b>Gulika</b> 1:18PM – 2:52PM	<b>Magha* Until 11:19AM</b>	<b>Ganesha:</b> Clear Sunrise: 5:26AM	Vasavasu 5:27
<b>Family Home Evening</b>		Yama 10:10AM – 11:44AM	Shula* Until 1:21PM	<b>Muruga:</b> White Sunset: 5:59PM	Moon 3 - Phase 4B - 26
Routine Work Marana Yoga		152758678 <b>Rahu</b> 7:03AM – 8:37AM	Kaulava Until 3:34PM	<b>Nataraja:</b> Purple	4th Phase
Until 11:19AM			<b>Trayodashi Until 3:28AM Tue</b>	Moon - Red Chaitra-Panguni	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vata</i>		Devaloka Time: 6AM to 9-AM

<b>5 Tuesday, March 31, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Varsara Yuktayam Adana, Turkey Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vidhi Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 351			
Simha Rasi: 23.29	Tithi 14	<b>Gulika</b> 11:44AM – 1:18PM	<b>Purvaphalguni Until 11:51AM</b>	<b>Ganesha:</b> Purple Sunrise: 5:26AM	Vasavasu 5:27
		Yama 8:36AM – 10:10AM	Ganda* Until 12:10PM	<b>Muruga:</b> White Sunset: 6:00PM	Moon 3 - Phase 4B - 27
Creative Work Siddha Yoga		153758678 <b>Rahu</b> 2:52PM – 4:26PM	Gara Until 3:31PM	<b>Nataraja:</b> Purple	4th Phase
Until 11:51AM			<b>Chaturdashi* Until 3:38AM Wed</b>	Moon - Red Chaitra-Panguni	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>Wednesday, April 1, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Varsara Yuktayam Adana, Turkey Copper Retreat Star Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Visi*/Bava Karana Punimayam Titau Sun 28 Sutra 352			
Kanya Rasi: 6.23	Tithi 15	<b>Gulika</b> 10:10AM – 11:44AM	<b>Uttaraphalguni Until 12:38PM</b>	<b>Ganesha:</b> Purple Sunrise: 5:26AM	Vasavasu 5:27
		Yama 7:02AM – 8:36AM	Vidhi Until 11:20AM	<b>Muruga:</b> White Sunset: 6:00PM	Moon 3 - Phase 4B - Punima
Creative Work Amrita Yoga		153758678 <b>Rahu</b> 11:44AM – 1:18PM	Visi Until 3:54PM	<b>Nataraja:</b> Purple	
Until 12:38PM		<b>Panguni Uttiram</b>	<b>Purnima* Until 4:13AM Thu</b>	Moon - Red Chaitra-Panguni	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga		<b>Hanuman Jayanti</b>			

<b>Thursday, April 2, 2026</b>		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Garu Varsara Yuktayam Adana, Turkey Silver Retreat Star Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 353			
Kanya Rasi: 19.04	Tithi 16	<b>Gulika</b> 8:35AM – 10:09AM	<b>Hasta Until 2:09PM</b>	<b>Ganesha:</b> Clear Sunrise: 5:26AM	Vasavasu 5:27
		Yama 5:26AM – 7:01AM	Dhruva Until 10:48AM	<b>Muruga:</b> White Sunset: 6:01PM	Moon 3 - Phase 4B - Prathama
Routine Work Marana Yoga		163758678 <b>Rahu</b> 1:18PM – 2:52PM	Balava Until 4:42PM	<b>Nataraja:</b> Purple	
Until 2:09PM			<b>Prathama* Until 5:15AM Fri</b>	Moon - Green Chaitra-Panguni	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					Devaloka Time: 9AM to 12-PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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Friday, April 3, 2026

**Gold Retreat Star**

Tula Rasi: 1.33 Tithi 17  
Creative Work Siddha Yoga

**Gulika** 6:59AM - 8:34AM  
**Yama** 2:53PM - 4:27PM  
**Rahu** 10:09AM - 11:43AM

Vivavasu Nama Samvatsara: Uтарыяне Mоkша Rіtаu Meena Mase Kṛishna Pakṣe Salva Vаsara Yuktayam Adana, Turkey  
Chitra/Svali Nakshatra Vyaghata/Harshana Yoga Talila/Gara Karana Dvitya/Tritayam Tilau Sutra 354  
**Chitra Until 3:55PM**  
Vyaghata\* Until 10:38AM  
Talila Until 5:57PM  
**Dvitiya Until 6:42AM Sat**

**Ganesh:** Clear Sunrise: 5:25AM  
**Muruga:** White Sunset: 6:09PM Moon 4 - Phase 49 - 1st Phase  
**Nataraja:** Purple  
Moon - Green  
**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

**1**

Saturday, April 4, 2026

Tula Rasi: 13.51 Tithi 17 - 18  
Creative Work Siddha Yoga

**Gulika** 5:23AM - 6:58AM  
**Yama** 1:18PM - 2:53PM  
**Rahu** 8:33AM - 10:08AM

Vivavasu Nama Samvatsara: Uтарыяне Mоkша Rіtаu Meena Mase Kṛishna Pakṣe Marita Vаsara Yuktayam Adana, Turkey  
Svali/Vishakha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Dvitya/Tritayam Tilau Sutra 355  
**Svali Until 5:56PM**  
Harshana Until 10:47AM  
Vanija Until 7:36PM  
**Dvitiya Until 6:42AM**

**Ganesh:** Clear Sunrise: 5:23AM  
**Muruga:** White Sunset: 6:09PM Moon 4 - Phase 49 - 1st Phase  
**Nataraja:** Purple  
Moon - Green  
**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

**2**

Sunday, April 5, 2026

Tula Rasi: 25.59 Tithi 18 - 19  
Routine Work Marana Yoga

**Gulika** 2:53PM - 4:28PM  
**Yama** 11:43AM - 11:18PM  
**Rahu** 4:28PM - 6:04PM

Vivavasu Nama Samvatsara: Uтарыяне Mоkша Rіtаu Meena Mase Kṛishna Pakṣe Bharu Vаsara Yuktayam Adana, Turkey  
Vishakha Nakshatra Vajra/Siddhi Yoga Vasi\*/Bava Karana Tritiya/Chaturtham Tilau Sutra 356  
**Vishakha Until 8:37PM**  
Vajra\* Until 11:12AM  
Bava Until 9:36PM  
**Tritiya Until 8:32AM**

**Ganesh:** White Sunrise: 5:22AM  
**Muruga:** White Sunset: 6:09PM Moon 4 - Phase 49 - 2 1st Phase  
**Nataraja:** Purple  
Moon - Orange  
**Devaloka Day**

**3**

Monday, April 6, 2026

Vischika Rasi: 8 Tithi 19 - 20  
Family Home Evening  
Creative Work Siddha Yoga

**Gulika** 1:18PM - 2:53PM  
**Yama** 10:07AM - 11:42AM  
**Rahu** 6:56AM - 8:31AM

Vivavasu Nama Samvatsara: Uтарыяне Mоkша Rіtаu Meena Mase Kṛishna Pakṣe Indu Vаsara Yuktayam Adana, Turkey  
Svali/Vishakha Nakshatra Siddhi/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Tilau Sutra 357  
**Anuradha Until 11:24PM**  
Siddhi Until 11:52AM  
Kaulava Until 11:52PM  
**Chaturthi\* Until 10:41AM**

**Ganesh:** White Sunrise: 5:20AM  
**Muruga:** White Sunset: 6:09PM Moon 4 - Phase 49 - 3 1st Phase  
**Nataraja:** Purple  
Moon - Orange  
**Devaloka Day**

**4**

Tuesday, April 7, 2026

Vischika Rasi: 19.56 Tithi 20 - 21  
Routine Work Marana Yoga

**Gulika** 11:42AM - 1:18PM  
**Yama** 8:31AM - 10:06AM  
**Rahu** 2:54PM - 4:30PM

Vivavasu Nama Samvatsara: Uтарыяне Mоkша Rіtаu Meena Mase Kṛishna Pakṣe Mangala Vаsara Yuktayam Adana, Turkey  
Jyeshtha\* Nakshatra Vyapata/Varijan Yoga Talila/Gara Karana Panchami/Shestham Tilau Sutra 4  
**Jyeshtha\* Until 2:09AM Wed**  
Vyapata\* Until 12:42PM  
Gara Until 2:17AM Wed  
**Panchami Until 1:03PM**

**Ganesh:** White Sunrise: 5:19AM  
**Muruga:** White Sunset: 6:09PM Moon 4 - Phase 49 - 4 1st Phase  
**Nataraja:** Purple  
Moon - Orange  
**Devaloka Day**

**5**

Wednesday, April 8, 2026

Dhanus Rasi: 1.49 Tithi 21 - 22  
Routine Work Marana Yoga  
Until 5:12AM Thu  
Then Creative Work - Siddha Yoga

**Gulika** 10:06AM - 11:42AM  
**Yama** 6:54AM - 8:30AM  
**Rahu** 11:42AM - 1:18PM

Vivavasu Nama Samvatsara: Uтарыяне Mоkша Rіtаu Meena Mase Kṛishna Pakṣe Batha Vаsara Yuktayam Adana, Turkey  
Mula\* Nakshatra Varijan/Parigaha\* Yoga Vanija/Visi\* Karana Shashthi/Saptamam Tilau Sutra 359  
**Mula\* Until 5:12AM Thu**  
Varijan Until 1:33PM  
Visi Until 4:40AM Thu  
**Shashthi\* Until 3:28PM**

**Ganesh:** Yellow Sunrise: 5:17AM  
**Muruga:** White Sunset: 6:09PM Moon 4 - Phase 49 - 5 1st Phase  
**Nataraja:** Purple  
Moon - Light Blue  
**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

**6**

Thursday, April 9, 2026

Dhanus Rasi: 13.43 Tithi 22 - 23  
Creative Work Siddha Yoga  
Until 7:53AM Fri  
Then Routine Work - Marana Yoga

**Gulika** 8:29AM - 10:05AM  
**Yama** 5:16AM - 6:52AM  
**Rahu** 1:18PM - 2:54PM

Vivavasu Nama Samvatsara: Uтарыяне Mоkша Rіtаu Meena Mase Kṛishna Pakṣe Caru Vаsara Yuktayam Adana, Turkey  
Purvashadha\* Nakshatra Parigaha\* Shiva Yoga Bava/Balava Karana Saptami/Ashthamam Tilau Sutra 360  
**Purvashadha\* Until 7:53AM Fri**  
Parigaha\* Until 2:21PM  
Balava Until 6:49AM Fri  
**Saptami Until 5:46PM**

**Ganesh:** Yellow Sunrise: 5:16AM  
**Muruga:** White Sunset: 6:09PM Moon 4 - Phase 49 - 6 1st Phase  
**Nataraja:** Purple  
Moon - Light Blue  
**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

**D**

Friday, April 10, 2026

**Retreat Star**

Dhanus Rasi: 25.43 Tithi 23  
Routine Work Prabalatarisha Yoga  
Until 7:53AM  
Then Routine Work - Marana Yoga

**Gulika** 6:51AM - 8:28AM  
**Yama** 2:55PM - 4:31PM  
**Rahu** 10:05AM - 11:41AM

Vivavasu Nama Samvatsara: Uтарыяне Mоkша Rіtаu Meena Mase Kṛishna Pakṣe Salva Vаsara Yuktayam Adana, Turkey  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Achthamam Tilau Sutra 361  
**Purvashadha\* Until 7:53AM**  
Shiva Until 2:54PM  
Balava Until 6:49AM  
**Ashlami\* Until 7:43PM**

**Ganesh:** Yellow Sunrise: 5:15AM  
**Muruga:** White Sunset: 6:09PM Moon 4 - Phase 49 - 7 1st Phase  
**Nataraja:** Purple  
Moon - Light Blue  
**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

Saturday, April 11, 2026

**Retreat Star**

Makara Rasi: 7.53 Tithi 24  
Routine Work Marana Yoga  
Until 9:57AM  
Then Creative Work - Siddha Yoga

**Gulika** 5:13AM - 6:50AM  
**Yama** 1:18PM - 2:55PM  
**Rahu** 8:27AM - 10:04AM

Vivavasu Nama Samvatsara: Uтарыяне Mоkша Rіtаu Meena Mase Kṛishna Pakṣe Marita Vаsara Yuktayam Adana, Turkey  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamam Tilau Sutra 362  
**Uttarashadha Until 9:57AM**  
Siddha Until 3:05PM  
Talila Until 8:32AM  
**Navam\* Until 9:08PM**

**Ganesh:** Yellow Sunrise: 5:13AM  
**Muruga:** White Sunset: 6:09PM Moon 4 - Phase 49 - 8 1st Phase  
**Nataraja:** Purple  
Moon - Light Blue  
**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Sunday, April 12, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yukhtayam Adana, Turkey Shravana/Dhanishtha Nakshatra Sadhya/Sudha Yoga Vanija/Vishti Karana Dashamyam Titau Sun 9 Sutra 363			
Makar Rasi: 20.19	Tithi 25	<b>Gulika</b> 2:55PM - 4:33PM	<b>Shravana Until 11:44AM</b>	<b>Ganesh:</b> Blue Sunrise: 5:12AM	Vasvasu 5:17
		Yama 11:41AM - 1:18PM	Sadhya Until 2:44PM	<b>Muruga:</b> White Sunset: 6:10PM	Moon 4 - Phase 50 - 12
Creative Work Amrita Yoga	193758678	<b>Rahu</b> 4:33PM - 6:10PM	Vanija Until 9:36AM	<b>Nataraja:</b> Purple Moon - Purple	2nd Phase
Until 11:44AM			<b>Dashami Until 9:50PM</b>	<b>Chaitra-Panguni</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

<b>2 Monday, April 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yukhtayam Adana, Turkey Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dashamyam Titau Sun 10 Sutra 364			
Kumbha Rasi: 3.05	Tithi 26	<b>Gulika</b> 1:18PM - 2:56PM	<b>Dhanishtha Until 12:35PM</b>	<b>Ganesh:</b> Blue Sunrise: 5:10AM	Vasvasu 5:17
<b>Family Home Evening</b>		Yama 10:03AM - 11:40AM	Subha Until 1:47PM	<b>Muruga:</b> White Sunset: 6:11PM	Moon 4 - Phase 50 - 10
Creative Work Siddha Yoga	193758678	<b>Rahu</b> 6:48AM - 8:25AM	Bava Until 9:53AM	<b>Nataraja:</b> Purple Moon - Purple	2nd Phase
			<b>Ekadashi* Until 9:42PM</b>	<b>Chaitra-Panguni</b>	<b>Devaloka Day</b>

<b>3 Tuesday, April 14, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Margala Visara Yukhtayam Adana, Turkey Shatabhishak/Puravroshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Satila Karana Dvadhshyam Titau Sun 11 Sutra 1			
Kumbha Rasi: 16.16	Tithi 27	<b>Gulika</b> 11:40AM - 1:18PM	<b>Shatabhishak Until 12:28PM</b>	<b>Ganesh:</b> Blue Sunrise: 5:09AM	Parabhava 5:18
		Yama 8:25AM - 10:02AM	Sukla Until 12:09PM	<b>Muruga:</b> White Sunset: 6:12PM	Moon 4 - Phase 50 - 11
Routine Work Marana Yoga	294758678	<b>Rahu</b> 2:56PM - 4:34PM	Kaulava Until 9:21AM	<b>Nataraja:</b> Purple Moon - Purple	2nd Phase
		<b>Tamil New Year</b>	<b>Dvadhshi* Until 8:45PM</b>	<b>Chaitra-Chaitra</b>	<b>Bhuloka Day</b>

<b>4 Wednesday, April 15, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Budha Visara Yukhtayam Adana, Turkey Puravroshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 2			
Kumbha Rasi: 29.55	Tithi 28	<b>Gulika</b> 10:02AM - 11:40AM	<b>Puravroshthapada* Until 11:53AM</b>	<b>Ganesh:</b> White Sunrise: 5:08AM	Parabhava 5:18
		Yama 6:46AM - 8:24AM	Brahma Until 9:54AM	<b>Muruga:</b> White Sunset: 6:12PM	Moon 4 - Phase 50 - 12
Creative Work Amrita Yoga	214758678	<b>Rahu</b> 11:40AM - 1:18PM	Gara Until 8:00AM	<b>Nataraja:</b> Purple Moon - Clear	2nd Phase
Until 11:53AM			<b>Trayodashi* Until 7:03PM</b>	<b>Chaitra-Chaitra</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Devaloka Time: 9AM to 12PM</b>

<b>5 Thursday, April 16, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Guru Visara Yukhtayam Adana, Turkey Utarproshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Naga*/Chatuspadi* Karana Chaturdashi/Amavasyam Titau Sun 13 Sutra 3			
Meena Rasi: 13.59	Tithi 29 - 30	<b>Gulika</b> 8:23AM - 10:01AM	<b>Utarproshthapada Until 10:28AM</b>	<b>Ganesh:</b> Yellow Sunrise: 5:06AM	Parabhava 5:18
		Yama 5:06AM - 6:45AM	Indra Until 7:06AM	<b>Muruga:</b> White Sunset: 6:13PM	Moon 4 - Phase 50 - 13
Creative Work Siddha Yoga	214858678	<b>Rahu</b> 1:18PM - 2:57PM	Chatuspada Until 3:21AM Fri	<b>Nataraja:</b> Purple Moon - Clear	2nd Phase
			<b>Chaturdashi* Until 4:42PM</b>	<b>Chaitra-Chaitra</b>	<b>Bhuloka Day</b>
					<b>Devaloka Time: 9AM to 12PM</b>

<b>Friday, April 17, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Pakshi Sukra Visara Yukhtayam Adana, Turkey Revati/Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamam Titau Sun 14 Sutra 4			
<b>Retreat Star</b>		<b>Gulika</b> 6:43AM - 8:22AM	<b>Revati Until 8:22AM</b>	<b>Ganesh:</b> Yellow Sunrise: 5:05AM	Parabhava 5:18
Meena Rasi: 28.28	Tithi 30 - 1	Yama 2:57PM - 4:36PM	Vishkambha* Until 12:13AM Sat	<b>Muruga:</b> White Sunset: 6:14PM	Moon 4 - Phase 50 - 14
Creative Work Siddha Yoga	214858678	<b>Rahu</b> 10:01AM - 11:39AM	Kintughna Until 12:19AM Sat	<b>Nataraja:</b> Purple Moon - Clear	Amavasya
Until 8:22AM			<b>Amavasya* Until 1:51PM</b>	<b>Chaitra-Chaitra</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					<b>Devaloka Time: 9AM to 12PM</b>

<b>Saturday, April 18, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Pakshi Manu Visara Yukhtayam Adana, Turkey Ashvini/Bharani Nakshatra Pihli Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 15 Sutra 5			
<b>Retreat Star</b>		<b>Gulika</b> 5:03AM - 6:42AM	<b>Ashvini Until 6:11AM</b>	<b>Ganesh:</b> Red Sunrise: 5:03AM	Parabhava 5:18
Mesha Rasi: 13.13	Tithi 1 - 2	Yama 1:18PM - 2:57PM	Pihli Until 8:25PM	<b>Muruga:</b> White Sunset: 6:15PM	Moon 4 - Phase 50 - 15
Creative Work Siddha Yoga	224858678	<b>Rahu</b> 8:21AM - 10:00AM	Balava Until 9:02PM	<b>Nataraja:</b> Purple Moon - White	Prathama
			<b>Prathama* Until 10:41AM</b>	<b>Vaisakha-Chaitra</b>	<b>Bhuloka Day</b>
					<b>Devaloka Time: 9AM to 12PM</b>

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Adana, Turkey on 12/20/23

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<b>1 Sunday, April 19, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Bhanu Vesara Yukhtayam Adana, Turkey			
		Kritika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Tilau Sun 16 Sutra 6			
Mesha Rasi: 28.07	Tithi 2 – 3	<b>Gulika</b> 2:57PM – 4:37PM	<b>Kritika Until 12:58AM Mon</b>	<b>Ganesh:</b> Red Sunrise: 5:03AM	Parabhava 5128
		<b>Yama</b> 11:39AM – 1:18PM	<b>Ayushman Until 4:31PM</b>	<b>Muruga:</b> White Sunset: 6:16PM	Moon 4 - Phase 1 - 16
Creative Work Siddha Yoga		244858678 <b>Rahu</b> 4:37PM – 6:16PM	<b>Gara Until 4:00AM Mon</b>	<b>Nataraja:</b> Purple	3rd Phase
Until 12:58AM Mon			<b>Dvitiya Until 7:21AM</b>	Moon – White	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 9AM to12:PM

<b>2 Monday, April 20, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Indu Vesara Yukhtayam Adana, Turkey			
		Rohini Nakshatra Saubhagya/Sobhana/Yoga Vanja/Visli' Karana Chaluriyam Tilau Sun 17 Sutra 7			
Visshabha Rasi: 13.02	Tithi 4	<b>Gulika</b> 1:18PM – 2:58PM	<b>Rohini Until 10:40PM</b>	<b>Ganesh:</b> Yellow Sunrise: 5:01AM	Parabhava 5128
<b>Family Home Evening</b>		<b>Yama</b> 9:59AM – 11:39AM	<b>Saubhagya Until 12:41PM</b>	<b>Muruga:</b> White Sunset: 6:17PM	Moon 4 - Phase 1 - 17
Creative Work Amrita Yoga		234858678 <b>Rahu</b> 6:40AM – 8:20AM	<b>Vanija Until 2:24PM</b>	<b>Nataraja:</b> Purple	3rd Phase
			<b>Chalurthi' Until 12:49AM Tue</b>	Moon – Yellow	<b>Bhuloka Day</b>
				Vaisaka-Chaitra	Devaloka Time: 9AM to12:PM

<b>3 Tuesday, April 21, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Mangala Vesara Yukhtayam Adana, Turkey			
		Mrigashira Nakshatra Sobhana/Ahiganda' Yoga Bava/Balava Karana Panchamyam Tilau Sun 18 Sutra 8			
Visshabha Rasi: 27.49	Tithi 5	<b>Gulika</b> 11:39AM – 1:18PM	<b>Mrigashira Until 8:31PM</b>	<b>Ganesh:</b> Yellow Sunrise: 4:59AM	Parabhava 5128
		<b>Yama</b> 8:19AM – 9:59AM	<b>Sobhana Until 9:03AM</b>	<b>Muruga:</b> White Sunset: 6:18PM	Moon 4 - Phase 1 - 18
Creative Work Siddha Yoga		234858678 <b>Rahu</b> 2:58PM – 4:38PM	<b>Bava Until 11:20AM</b>	<b>Nataraja:</b> Purple	3rd Phase
Until 8:31PM			<b>Panchami Until 9:54PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga		<b>Adi Sankara Jayanthi</b>		Vaisaka-Chaitra	Devaloka Time: 9AM to12:PM

<b>4 Wednesday, April 22, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Budha Vesara Yukhtayam Adana, Turkey			
		Ardra Nakshatra Sukarna Yoga Kaulava/Tailia Karana Shashthyam Tilau Sun 19 Sutra 9			
Mithuna Rasi: 12.23	Tithi 6	<b>Gulika</b> 9:58AM – 11:38AM	<b>Ardra Until 6:37PM</b>	<b>Ganesh:</b> Yellow Sunrise: 4:58AM	Parabhava 5128
		<b>Yama</b> 6:38AM – 8:18AM	<b>Sukarna Until 2:38AM Thu</b>	<b>Muruga:</b> White Sunset: 6:19PM	Moon 4 - Phase 1 - 19
Creative Work Siddha Yoga		234858678 <b>Rahu</b> 11:38AM – 1:18PM	<b>Kaulava Until 8:36AM</b>	<b>Nataraja:</b> Purple	3rd Phase
			<b>Shashthi' Until 7:23PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				Vaisaka-Chaitra	Devaloka Time: 9AM to12:PM

<b>5 Thursday, April 23, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Guru Vesara Yukhtayam Adana, Turkey			
		Punarvasu/Pushya Nakshatra Dhriti' Yoga Gara/Visli' Karana Saptami/Ashthamyam Tilau Sun 20 Sutra 10			
Mithuna Rasi: 26.38	Tithi 7 – 8	<b>Gulika</b> 8:17AM – 9:58AM	<b>Punarvasu Until 5:29PM</b>	<b>Ganesh:</b> White Sunrise: 4:57AM	Parabhava 5128
		<b>Yama</b> 4:57AM – 6:37AM	<b>Dhriti' Until 12:03AM Fri</b>	<b>Muruga:</b> White Sunset: 6:20PM	Moon 4 - Phase 1 - 20
Creative Work Amrita Yoga		244858678 <b>Rahu</b> 1:18PM – 2:59PM	<b>Gara Until 6:20AM</b>	<b>Nataraja:</b> Purple	3rd Phase
			<b>Saptami Until 5:22PM</b>	Moon – Blue	<b>Devaloka Day</b>
				Vaisaka-Chaitra	

<b>Friday, April 24, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Sukra Vesara Yukhtayam Adana, Turkey			
<b>Retreat Star</b>		Pushya/Ashlesha' Nakshatra Shula' Yoga Bava/Balava Karana Ashtami/Navamyam Tilau Sun 21 Sutra 11			
Kataka Rasi: 10.32	Tithi 8 – 9	<b>Gulika</b> 6:36AM – 8:17AM	<b>Pushya Until 4:45PM</b>	<b>Ganesh:</b> White Sunrise: 4:55AM	Parabhava 5128
		<b>Yama</b> 2:59PM – 4:40PM	<b>Shula' Until 9:53PM</b>	<b>Muruga:</b> White Sunset: 6:20PM	Moon 4 - Phase 1 - 21
Routine Work Marana Yoga		244858678 <b>Rahu</b> 9:57AM – 11:38AM	<b>Balava Until 3:24AM Sat</b>	<b>Nataraja:</b> Purple	Ashtami
			<b>Ashlami' Until 3:54PM</b>	Moon – Blue	<b>Devaloka Day</b>
				Vaisaka-Chaitra	

<b>Saturday, April 25, 2026</b>		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Manta Vesara Yukhtayam Adana, Turkey			
<b>Retreat Star</b>		Ashlesha'Magha' Nakshatra Ganda' Yoga Kaulava/Tailia Karana Navami/Dashamyam Tilau Sun 22 Sutra 12			
Kataka Rasi: 24.07	Tithi 9 – 10	<b>Gulika</b> 4:54AM – 6:35AM	<b>Ashlesha' Until 4:26PM</b>	<b>Ganesh:</b> White Sunrise: 4:54AM	Parabhava 5128
		<b>Yama</b> 1:19PM – 3:00PM	<b>Ganda' Until 8:12PM</b>	<b>Muruga:</b> White Sunset: 6:21PM	Moon 4 - Phase 1 - 22
Routine Work Marana Yoga		244858679 <b>Rahu</b> 8:16AM – 9:57AM	<b>Tailia Until 2:46AM Sun</b>	<b>Nataraja:</b> Clear	Navami
Until 4:26PM			<b>Navami' Until 3:00PM</b>	Moon – Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Sunday, April 26, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Bhanu Vesara Yukayam Adana, Turkey			
Magha*Purvaphalguni Nakshatra Viddhi Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Sun 23	Sutra 13
Simha Rasi: 7.22	Tithi 10 – 11	<b>Gulika</b> 3:00PM – 4:41PM	<b>Magha* Until 4:57PM</b>	<b>Ganesh:</b> Clear	Sunrise: 4:53AM
		Yama 11:38AM – 1:19PM	Viddhi Until 6:57PM	<b>Muruga:</b> White	Sunset: 6:29PM
		254858679 <b>Rahu</b> 4:41PM – 6:22PM	Vanija Until 2:41AM Mon	<b>Nataraja:</b> Clear	Moon 4 - Phase 2 - 23
Routine Work - Marana Yoga			4:41PM – 6:22PM	Mon - Red	4th Phase
Until 4:57PM			<b>Dashami Until 2:39PM</b>	Vaisaka-Chaitra	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

2 Monday, April 27, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Indru Vesara Yukayam Adana, Turkey			
Purvaphalguni/Ultrapahalguni Nakshatra Dhruva Yoga Vesi/Bava Karana Ekadashi/Dwadashyam Titau				Sun 24	Sutra 14
Simha Rasi: 20.21	Tithi 11 – 12	<b>Gulika</b> 1:19PM – 3:00PM	<b>Purvaphalguni Until 5:49PM</b>	<b>Ganesh:</b> Purple	Sunrise: 4:52AM
<b>Family Home Evening</b>		Yama 9:56AM – 11:37AM	Dhruva Until 6:04PM	<b>Muruga:</b> White	Sunset: 6:29PM
Creative Work - Siddha Yoga		255858679 <b>Rahu</b> 6:33AM – 8:15AM	Bava Until 3:04AM Tue	<b>Nataraja:</b> Clear	Moon 4 - Phase 2 - 24
			6:33AM – 8:15AM	Moon - Red	4th Phase
			<b>Ekadashi Until 2:48PM</b>	Vaisaka-Chaitra	<b>Bhuloka Day</b>
					Devaloka Time: 6PM to 9PM

3 Tuesday, April 28, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Mangala Vesara Yukayam Adana, Turkey			
Ultrapahalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25	Sutra 15
Kanya Rasi: 3.07	Tithi 12 – 13	<b>Gulika</b> 11:37AM – 1:19PM	<b>Ultrapahalguni Until 6:57PM</b>	<b>Ganesh:</b> Purple	Sunrise: 4:51AM
		Yama 8:14AM – 9:56AM	Vyaghrala* Until 5:33PM	<b>Muruga:</b> White	Sunset: 6:29PM
		255858679 <b>Rahu</b> 3:01PM – 4:42PM	Kaulava Until 3:53AM Wed	<b>Nataraja:</b> Clear	Moon 4 - Phase 2 - 25
Creative Work - Amrita Yoga			3:01PM – 4:42PM	Moon - Red	4th Phase
Until 6:57PM			<b>Dvadashi Until 3:24PM</b>	Vaisaka-Chaitra	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					Devaloka Time: 6PM to 9PM
			<i>Pradosha Vata</i>		

4 Wednesday, April 29, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Budha Vesara Yukayam Adana, Turkey			
Ultrapahalguni Nakshatra Harshana/Vajra* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26	Sutra 16
Kanya Rasi: 15.4	Tithi 13 – 14	<b>Gulika</b> 9:55AM – 11:37AM	<b>Hasla Until 8:47PM</b>	<b>Ganesh:</b> Clear	Sunrise: 4:49AM
		Yama 6:31AM – 8:13AM	Harshana Until 5:22PM	<b>Muruga:</b> White	Sunset: 6:29PM
		265858679 <b>Rahu</b> 11:37AM – 1:19PM	Gara Until 5:04AM Thu	<b>Nataraja:</b> Clear	Moon 4 - Phase 2 - 26
Routine Work - Marana Yoga			11:37AM – 1:19PM	Moon - Green	4th Phase
Until 8:47PM			<b>Trayodashi Until 4:25PM</b>	Vaisaka-Chaitra	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

5 Thursday, April 30, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Guru Vesara Yukayam Adana, Turkey			
Chitra Nakshatra Vajra/Siddhi Yoga Vanija/Vesi* Karana Chaturdashi/Purnimayam Titau				Sun 27	Sutra 17
Kanya Rasi: 28.04	Tithi 14 – 15	<b>Gulika</b> 8:13AM – 9:55AM	<b>Chitra Until 10:48PM</b>	<b>Ganesh:</b> Clear	Sunrise: 4:48AM
		Yama 4:48AM – 6:30AM	Vajra* Until 5:25PM	<b>Muruga:</b> White	Sunset: 6:29PM
		265858679 <b>Rahu</b> 1:19PM – 3:01PM	Visli Until 6:35AM Fri	<b>Nataraja:</b> Clear	Moon 4 - Phase 2 - 27
Creative Work - Siddha Yoga			1:19PM – 3:01PM	Moon - Green	4th Phase
Until 10:48PM			<b>Chaturdash* Until 5:46PM</b>	Vaisaka-Chaitra	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

O Friday, May 1, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Sukra Vesara Yukayam Adana, Turkey			
Svali Nakshatra Siddhi/Vyjalpala* Yoga Vesi/Bava Karana Purnimayam Titau				Sun 27	Sutra 18
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:29AM – 8:11AM	<b>Svali Until 12:56AM Sat</b>	<b>Ganesh:</b> Clear	Sunrise: 4:46AM
Tula Rasi: 10.19	Tithi 15	Yama 3:02PM – 4:45PM	Siddhi Until 5:43PM	<b>Muruga:</b> White	Sunset: 6:28PM
		265858679 <b>Rahu</b> 9:54AM – 11:37AM	Visli Until 6:35AM	<b>Nataraja:</b> Clear	Moon 4 - Phase 2 - 27
Creative Work - Siddha Yoga			9:54AM – 11:37AM	Moon - Green	Purnima
			<b>Purnima* Until 7:26PM</b>	Vaisaka-Chaitra	<b>Devaloka Day</b>

Saturday, May 2, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Kishna Paksho Mantra Vesara Yukayam Adana, Turkey			
Vishakha Nakshatra Vyjalpala* Yoga Balava/Kaulava Karana Prathamayam Titau				Sun 28	Sutra 19
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:45AM – 6:28AM	<b>Vishakha Until 3:40AM Sun</b>	<b>Ganesh:</b> White	Sunrise: 4:45AM
Tula Rasi: 22.27	Tithi 16	Yama 1:19PM – 3:02PM	Vyjalpala* Until 6:15PM	<b>Muruga:</b> White	Sunset: 6:28PM
		275858679 <b>Rahu</b> 8:11AM – 9:54AM	Balava Until 8:24AM	<b>Nataraja:</b> Clear	Moon 4 - Phase 2 - 28
Creative Work - Siddha Yoga			8:11AM – 9:54AM	Moon - Orange	Prathama
Until 3:40AM Sun			<b>Prathama* Until 9:23PM</b>	Vaisaka-Chaitra	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					Devaloka Time: 6PM to 9PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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